

j if{ #^÷ k0ff{^s !#(÷ d^l ; /-k'; @)&(

kž sfpł; n gkfnáf/f 's' juđf julšŁ /fli6æt/sfjklqsf

bflotj

åđfl, s

křvíg ; Dkfb s
/fdkř; fb kġt
křfđ g+-\$-\$*^\$&^
ufřhłkřfđ (*\$!%@^)!&

křv ; Nnřxs f/
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/fdkř; fb cfrfoř

Jo j : yřks
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lj zřř ; xofřł
ne/fh hfřł



; xofřł ? : %)÷-

JolQmut ljlzi6 ; b:otf zNs ? : %,)))÷ jf ; řġGbf a9ł .
; řyfut ljlzi6 ; b:otf zNs ? !,)))÷ jf ; řġGbf a9ł .

sfořřo

3-@&@÷&), řřjłxn-&, sf7df8řř

křfđ \$-\$*^\$&^

E-mail: dayitwa44@gmail.com

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http://nepalipublisher.com/downloads-dayitwa

www.dayitwa.org.np





jɔjɔfɔl



Clif-s0j 3f/ . b]tf- d?bu0f . 5Gb- ufoql .

l:y/4x hfgdjff+o]dftlg{]j].

oT;ldg'lâtgfll zjll ..(..

jL/ d?bu0fsf cfqld0fsf/L ansf sf/0f
h/fhl0f tyf eoelt /fhfe kYjL kßlDkt xg
ub5 .

pb'To];g]f]lu/ll sfi7f cHd]jTgt .
jf>f cle1'oftj]..!)..

zAb gfb ug d?bu0fn o1sf nflu hn aufP .
alu/xsf kfgl vfg uf0xç s/fpb cfp5g . tl
uf0xç 38f;Dd kfgldf k:g afWo xç5g .

To+4r4f bl3kY+dx]gkftddlwp\.
kRofjolçt ofdlell ...!!..

ebg ug g;lsg u/L ljzfn / Jofks t/ hn
jiff gug d3xçnf0 klq jL/ d?bu0f cf^gf th
ultn p8fP/ nhfç5g .

d?tf]o4 jf]an+ngfçrRojLtg .
lu/LF7rRojLtg ..!@..

x d?bxç xf ll ltdLxç cf^gf ann dflg;nf0
ljrlnt u/fp5f . ltdLxç kjtnf0 klq 8ufpg
;Sb5f .

o4 oflçt d?tll ;* a]t]WjGgf .
z0ff]t slZrb]ffdl\..!#..

hg jnf d?bu0f ofqf ub5g, To; jnf pglxç
af6fsf alrdf k/:k/ s/fsgl ug nflb5g .
pgLxçsf zAb s;n kf g;çnf / <

klçft zledfzlell ;lçt s0j]r'j]b]ll .
tqf]if'dfboflj}..!\$..

x d?txç ll ltdLxç tlj] ju ePsf jfxgdf
rf8 cfcf . s0j jzLo Clifxç ltdLxçsf
;Tsf/sf nflu pkl:yt 5g . Toxf ltdLxçnf0
pT;fxsf ;fy tlkt kçkt xf; .

cl:t lx idf dbfo jll :dl; idf jod]ffdl.
ljZj+rbfohlç;]..!%..

x d?bu0f ll ltdLxçnf0 kççg u/fpgsf nflu
xlj b]o tof/ 5 . k/f cfoel/ g ;Vsf hljg
latfpg kfcf eg/ xfdL ltdLxçnf0 :d/0f
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cg]fb ll ltnskç;fb n06h

CUj]b-;kçtf, klyd d08n, -;Qll - #&_

ç ee]ll :jll tT;ljt]l]o+euf] b] :o wldlx lwof] of] gll krffoht .
efjfyll kçf:jçk, blvgfzs, ;v:jçk, kçanth:jL, kfkçfzs, b] :jçk k/dftdfnf0ç
xhdl cçt/fçdfdf wf/0f ub5fç tl k/dftdfn]xhdlal4nf0ç;Gdfuçf kç/t uçg\.

; Dkfb slo

- gkfnl ; flxTosf s'f ubf lxhfcfh gkfnsf kꞑInt cGo effiffiflslf ; flxTo ; Gbedf klg rrf xꞑ ub5 . axwflds, ax'f:slts / axeflifs ePsf gkfnh:tf dh'sdf gkfnl effiff; flxTosf ljsf; n dfq ; du|gkfnl effiff; flxTo hutsf ljsf; xꞑ ; Qꞑg . o; sf/0f xfdln ; d:t effiffiflslf ; flxTo ; /If0f / ; j4gdf Wofg lbg' h?/L xꞑ5 .
- xf, jf:tjdf hꞑ; S bzdf aflng effiff-; flxTosf ljsf; n To; bzsf Pltxfl; s, ; fdfllhs, ; f:slts k/Dk/f, ; :sf/ / ; Eotfsf ljljw cfofdxꞑnf0 pRr :yfgdf :yflkt ug an kꞑofpb5 . xfdln ; dfhleqsf ol axdNo ; Dkbfnf0 ; Ddfg / ; /If0f u/gf eg cflys ljsf; n dfq k0ftf lbg ; Qꞑg . To:tf ljsf; s jn kꞑ0f gePsf knfli6sssf kꞑnh:tf xꞑ5 .
- xfdꞑ /fli6o ultn eꞑ5— ; of yuf kꞑnsf xfdl=====ꞑ xf, xfdl Pp6 aurfdf kꞑhsf ljleꞑꞑ /^a / klxrfg ePsf kꞑnxꞑ xf . o; kꞑnaf/Ldf sg 7nf cfsf/sf kꞑnxꞑ xfnfg, sg ; fgf cfsf/sf . sg snj/ ldnst /fdꞑ klg xfnfg, sg g/fdꞑ . sg 5f6f cfo'ePsf xfnfg, sg nfd f cfo'ePsf t/ tL ; a kꞑnxꞑ xꞑ / /fi6sf klxrfg xꞑ . lrgnf0 ; dfg ꞑkdf ; Ddfg ul/gkb5 .
- dflg; sf lj rf/ kꞑ/s xꞑ ; S5g, bli6sf0f kꞑ/s xꞑ ; S5g / ; dfhdf lhpg znLxꞑ klg kꞑ/s xꞑ ; S5g . h; S eP klg xfdl, xfdl g xf . gkfnlkg, gkfnl efjgf / gkfnl efsf afssf xfdl Psdl6 gkfnl xf . xfdꞑ effiff, wd, ; :slt / k/Dk/fdf sg ebefj 5g . To; n t xfdl Ps d6'/ Ps cꞑdf eP/ a:g ; ls/xsf 5f .
- xfdl sfxl pRr kxf8df a:g dꞑufn cgxf/sf zkf-tfd^a, du/-u?^a jf /f0-InDa' xfnf, sfxl dWokxf8df a:g v ; -cfodWosf- afxꞑ, lfql, gjf/, lzNkl hflf, t/f0 lfqdf a:g dlyn, y?x6 a:g yf?, jf efhkꞑ/fdf efhkꞑ/Lxꞑ xfnf . cgxf/, ; :sf/ / k/Dk/fdf jljwo eP klg cflv/ xfdl gkfnl xf . xfdl hxf eP klg, hxf /x klg xfdl gkfnl g xf . xfdꞑ hft gkfnl g xf .

- a? ; Qf /fhglltn ; dw/ ; fdfllhs ; /rgfdf l jv08g Nofpg sfd u#of . ; Qf: jfyn ubf slxn sg hfltnf0 prfNg, slxn sg efiffsf af/df cgfjZos r rf ug, slxn sg ; flxTosf af/df cltzoflQk0f JofVof ul/lbg / lfql0, julo ax; u// hgtfnf0 /fhgllts l j j bdf k ; fpg sfon obfsbf ; fdfllhs l j rng xg u/sf xf, cGoyf gkfnL ; dfh Ps kl/jf/ eP/ a:g lfdtf /fvb5 / /flv/xsf 5 .
- . hxf gkx'r /lj, txf kx'r slj egh:t xdf sGbl0 ; flxTo lfql0 2kdf dfq geP/ ; ldfGtst ; dbfo; Dd klgb5 / tL cNk hghflt / ltgsf nkfcDv efiff- ; flxTonf0 klg hfufpg sflz; ugkb5 . o;f ug ; lsof eg dfq xdf cgstfdf Pstf, ljljwtfdf ; dfgtf / axhtfdf ; dfjlztfsf l;4fGt kltkfbg ug ; lsc5 . o;sf nflu /fHosf ; xofu klg cfjZos kb5 .
- ; flxToklt /fHo ; fx|c ; lxi0f blvb cfPsf 5 . hxf kpQ xg ljlzi6 zAbx2 kpfu u// /fhgllt ug dflg ; n s6glts efiff l;S5 / cfkfnf0 /fhgllt ug oflo agfp5, clg ToxL dflg ; ; Qfdf klu; skl5 eGg yfN5— ; flxTo cgTkfb5 5, ; flxTon bzsf cflys ljsf; ug ; Qlg .U cfkfnf0 ; Eo / ; ; :st agfpg cGt/:kGbgfnf0 jlht ug o:tf kljIQ dnfpg yfNof eg /fHosf ; uGw g x/fp5 o;y efiff-; flxTodfly snd rnfpg xfdlx2n ; flxTo-nvgs dfWodaf6 /fHonf0 va/bf/L ub ; dfhdf ; r tgf knfpg sflz ; ugkb5 . ho efiff-; flxTo l



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 lszf/hu sfsL
 7fs//d0f cfrfo
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[illegible]

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eflu/yl >i7
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8f- dstb klys
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>lcf d >i7 /fbgl
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bflotj klqsfstj; ɬ46 / lg/t/tfsf nflu .bflotj klqsf stfll :yʔkf ul/g5 . cfufdl lbgdf
;b:o a6g rfxgʔaf6 klq /sd kʔt u/L sfll j[4 ubɪnluq5 - ;Dkfb5 .

bfloTj af15 0

- ◆ bflotjdf /rgf k7fpf 0fj dh dfk\k\lt knG6df 6f0k u/L k7f0lbgxb,
- ◆ bflotjdf kljft /rgfx; ;rgf gu/L cG0q lbPdf To:tf nlyssfgfd sfntf; tldf /flvg] Joxff cjut ugxb,
- ◆ bflotjsf nflu kmffjgk7fPsf ;|6fx;n]Ps kl't c6f] f0hsf]kmffj] d] k7fpgxb,
- ◆ s[tkl/ro u/fpg rfxg]dxfgfjx;n]kl/rofids nly / Ps kl't lsfaf jf b0f b0f{kl't s[t pknAw u/fpgxb,
- ◆ bflotjnf0; k7f0 Pj+; jkfb agfpgsf nflu ljfw ljwfx;sf nly /rgfx; k7f0; xofu ugxb,
- ◆ bflotjdf cTolws dfqdf nfd / ax'; aVos ;dlffx; cfpg] u/f]fn] xfdn] :yfg lbg ;ls/x]f 5bf F o; tkn; ;dlffsx;sf] wofgsif xg,
- ◆ nly /rgfdf ksfzlt ljfoj:t'tyf tYof^a sx;sf] ;Dk0f]pQ/bflotj ;Dkfbs Pj+kpfzsdg g/xl :jo+nlysdg /xg]Joxff; d] cjut ugxb cg/nw 5 .

bfloTj lbnsf] rhl

■ snflglw bfxfn



cxÍf/ x6 leq bfloTj lklk/fp5
3d08 l/IQbf cfk j ;df d's/fp5
;~ro u¿sf ;fv geP 5 lg/t/
; íNk lbnsf Hoflt bfloTj blk ;Gb/ .!.

cgzf;gsf csf l ;9ldf kfpsf kn
ljjs dgsf dfnf bfloTj blk eNdn
stJokysf ofqf zg|| zg|| lx8 k/
bfloTj lbnsf blk lhGb|ul aG5 ;Gb/ .@.

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blv 5g blvg cfvf bfloTj blg ;js
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bfloTj ha of aH5 af ;/Lsf le|sl wg
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pRr cf;g of cfk xGg rfs/ rfs8L
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e|gfe|| 5|Nsb 5fn 5Nanfp5 5N5n
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sdsf kydf al5 kn ;fuGw 5b5
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kljq Xorhl c|nl hDb prf0 rDb5
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sftkj e0;skl5 9fsf6fndf uugl;xsf
3/df hEaxfb/sf sflxnf ef0 si0faxfb/ a:g
yfnsf lyP . pgsg ;0tfg g/xsf xgfn Toxl 3/
pgsf zifkl5 bjzD;/n kfP . lj=;= !(\$\$ df
gkfnsf /fhf a:g /fhb/af/ xgdfg9fsfaf6 ;//
gf/fo0flx6L kl0f . bjzD;/sf :jfldTj sf /xsf
9fsf6fnsf 3/nf0 jL/n vl/b u/L lj=;= !(\$\$
;fn dfudf nfs/fhnf0 lbP . ;f 3/ kfPk15
nfs/fh cf^gf k/f kl/jf/;fy 9fsf6fnsf
3/df ;/ . pgsg efusf kfVn8of^asf 3/ vfnL
g /Xof cyjf pgn cf^gf sxl gftbf/nf0 a:g
lbP . dftL/fdsf hljgldf g/bjn dftL/fdnf0
gkfn leisf0 cf^gf txaln 3/df a:g lbPsf
s/f nvsf 5g . dftL/fdnf0 a:g lbPsf 3/
Toxl xgkb5 . oxL 3/df nfs/fhsf dflxnf
5f/f lJatIR5/fdl0f xd/fhsf klj lj=;= !(#%
df h0d ePsf lyof . lj=;= !(\$^ df efl;sf
6fnsf dftL/fdsf 3/ pgsg :jfldTjdf g/xsf
h:tf blv05 . o;af/ g/bjn sxl nvsf
5gg . dftL/fd h0dsf 3/ efl;sf 6fndf /xsf
eP agf/;af6 sf7df8f cfPk15 pgl Toxf ga;L
lsg kfsf kfVn8of^adf a:g kl t <

dftL/fd e0sf kvf gkfnsf kjL efudf
; b/klZrdsf ; tL/ dxfsfnL c~rnaf6 cfPsf
xg ;S5g . ol c~rnsf kxf8L lhNnf 8f6L
at8L / 88Nw/fdf e0 y/ ePsf afxgx0sf w/
;^Vofdf pkl:ylt 5 . dxfsfnL klZrd ef/tsf
pQ/fv08sf s0fp lfqa6 gkfnsf kjL efudf

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u0ge0bf cufl8 dxfsfnL klZrdsf s0fp klj
gknfdf g kbYof . ; tL / dxfsfnL c~rn eg
gknfdf /lx/Xof . gkfnsf dxfsfnL / ; tL
c~rnsf klZrdL efudf a:g afxgx0sf y/
e0sf cltl/Q k0t, v/n, pk1L, kf08 / hfzL
5 . Toxl s/f dxfsfnL gbl klZrd xfn ef/tsf
pQ/fv08 /fhodf /xsf s0fp lfqdf klj /xsf 5 .

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5 . pgsg cdf l/kdlbgLsf df0tLsf y/ sZok
ufqlo -sfZok ufqlo xf0g_ kf08 lyof .
ljho/fh kl08t sfZok ufqlo kf08 lyP eg
pgsl Ps lbbL >Lsdf/Lsf ljjfx sZok ufqlo
>L/fd kf08;u ePsf lyof . logsf 5f/f /fdfg0b
kf08sL 5f/L l/kdlbgL ly0g hf dftL/fdsL cdf
ly0g . ljho/fhsl alxgl 5nsdf/Lsf ljjfx
nfn /Tgs/ kf08 -uftd ufqlo_ ;u ePsf
lyof . logsf gfltx0 si0fbj, g/bj / bufbj
lyP . si0fbj;u ldn/ dftL/fdn sf7df8fsf
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g/bjsf sflxnf ef0 bufbjn ufklgfy
nfxgl;u ldnL ;^ult r0bfb0 k'ts lj=;=
!(^ df 5fkl k0flzt u/sf lyP . o;df
dftL/fdsf cgs uhn ;dfjz ul/Psf 5g .
k0ogfy nfxgl, shgfy nfxgl / hljgfy
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ddf k/ . /fdfgbbsf lgjf;:yfg sf7df8fsf
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efl;sf 6fn / kfsf kfvn8of^adf
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afing dVo efiff gjf/L -gkfn efiff_ lyof.
cfk w/ efiffsf 1ftf xgfn dftL/fdn gkfn
effddf sxl nlvPsf el6Psf 5g . Ij=-
!(^ df kpfilt tyf ufklgfy nfxgl / blufj
kf08n ;Dkfbg u/sf ;^ault rGbfbodf gjf/L
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kf08x;u ;/fsf/ ePsf blv05 . logsf
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sfzok ufqlo kf08 shdf ePsf lyof .
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3/ d?6fn / g/bjsf 3/ kl;sj lyof eg
pgsf cf^g 3/ efl;sf 6fn / kl5 8/f kfsf
kfvn8of^adf ePaf6 xgdfg9fsf /fhh/af/s
cf;kf; ePsf blv05 .

cf^ahdf k/}fj
dftb}f]ej

■ /~h>L k/fhhl



cdf ;Gtfgsf xbodf a:g rfxl05g
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kYjldf e0/sf ;Gtfg agsf 5
ta p;n s;/L a0f;
dftbjf ej

cdl/sf

uḵ0f-:gfg

■ si0f kwfg



cfsfzdf
uḵ0f nfusf 5 .
d,
uḵ0f-:gfgdf 5'
; o-:gfgdf xf0g .
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; oh:tf /xg,
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; oh:t /xg
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/fxXḡ
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5f0f k/sf 5
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kbrfkXḡ
ultXḡ .
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; t'sdf snd 5 .
d, uḵ0fdf 5'
; o-:gfgdf xf0g
d/f cfj/0f
o ; jnf /fxh 5fksf 5
d/f ult clxn
sth /fssf 5,
d/f xftuf8f
aflwPsf 5g,
eSs'sf /fufeḡ
d sftdf plePsf 5'
d/f ls/0fxḡ
uḵ0fn vfPsf 5g
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tl eflrPsf 5g .

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d, ; o-:gfgs
kḡL1ffdf 5'.

d-h/L lenh, 0df8fn, nlnTk'.

;dLIff

‘k’tsfno; Ɔsf]hljgofqf’df ef]fsf]k|tlt

■ 7fs’ zdf{e08f/L



! =ljifokjž

■ gkfnL efiſſ-;flxTo jtdfg ;dodf
ljleċg ljwfsf dfWodåf/f x/fe/f
ePsf 5. o;n kf/IDes cj:ydf w/ cf/fx-
cj/fxsſ ;fdg ugk/sf lyof. clxn klg
efiſſnf0 lNp/ cgs lsl;dsf kſf/nf0
;xgk/sf 5. o:tf cċtåċåxċ xbfxb klg
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;;f/df gkfnL efiſſn:yfg kſPsf s’f t cgs
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>i7.

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dċynl gu/kſlnſſ j8f g= *_df hċdċePsf
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k’tsfno, sf7df8fĳdf cfċgf ;jf kĳfg
ul/xċePsf 5. pxfn cfċgf hljgsf
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;Dk0f ;ċbexċnf0 ;d6/ / cfċgf kſl/jſl/s
0ltjQnf0 ;dt ;dfli6 ub ;qſTds Pj
ljJ/OfTds ċkdf nlvPsf dxċjk0f k’ts
xf- k’tsfno;uſf hljgofqfĳ. o;sf
kĳfzgsfo aſ kofn; sf7df8fåf/f @)&(;
fndf ePsf xf.

@= .k’tsfno; Ɔsf]hljgofqfĳ s[tſf];Daċwdf
ljåfgxċſf]bĳl6sfĳf

lqe’g ljZjljBfno gkfn, lbNnl
ljZjljBfno, ef/t/d;/ljZjljBfnoaf6 pRr
lzlf k|t ugċPsf eſnfſſ k’tsfnok|tsf
:gx, ;befj / ofubfg dxċjk0f /xsſ blvċ5.
pxſſſ ljifodf ljleċg ljåfg ;l6fxċn
k’tsfno;uſf hljgofqfĳſ kĳfzg ug
qĳddf sXL ;ċbexċ pNnv ugċPsf 5. gkfnL
;flxTosf lfqdf rlrt JolStTj ;flxTosf/
8f= th;lċ;fb e66/f0Hoåf/f eſnf >i7sf
k’tsfno kĳĳ zliſſ lbP/ nlvPsf eldsſſſ
bli6sf0f o:tf /xsſ 5 eſnfſdf/hlſf k|t’t
slt k’tsfno;uſf hljgofqfĳdfly ſg
eldſſ=dċtJosf cfjZostf kbg, lsgeg
gkfnL jf^dodf gjkĳz of slt :jodf Hofb
dxċjk0f / pTſi6 uxgf xf. o;df s;n

s;l-d;l nuf0/xgkg 5g . sltsf uxgtf /
dxQfsf sf/0fn slt :jo k0f 5 .

o;u/L dn lrgsf efnf ;/ zlfisdf
l/8 gkfnst sfof/L lgbzs Pj /0fglts
;Nnfxsf/ ;hgf >i7sf egf0 5 || h:tf gfd
p:t JolSt xgk5 pxf . lgs ;/n / ;a;u
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gkfnf k'tsfno lfqdf w/ sfd cufl8 a9sf
5 h:tf nfu5 dnf0 .

JolStsf prf0 sdn to u5 || zlfis
lbP/ gkfn k'tsfno ;a3sf ;:yfs cWOLF
>L d/f/ljgfb kfV/nn k'tssf af/df lj:tt
eldsfdf nVgePsf 5 . sltsf r rf ug qiddf
sltsf/ efnfsdf/ >i7sf ljifodf pxfsf egf0
5 || pd/n xg sdn dflg ; 7nf a5g eGg d/f
df0otf xf . o ; cydf d/f cuh >L efnfgfy
zdf, h;n @)!^ ;fnf k'nj; , kjtdf
dftl k'tsfno :yfkf u// lg/Gt/tf lb0/xsf
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;fnblv tD3f ; uNdldf ls/0f k'tsfno
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Ps k'tsfnoh:tf cjwf/0ff cjdag u//
gkfnf k'tsfno ljsf;df xfld0/xsf 5g .
ol tlg / o:t >ldtL 0lGbf bnlh:tf cgj/t
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ljåfg-ljblf dxfgfjx ;a d/f k'tsfno
lfqsf u?x xg .

:jo nvs >L efnfsdf/ >i7sf egf0
cf^g s/f zlfisdf o:tf /xsf 5- cflv/df
cGtdgn eGof ltdln of xlkPsf k;fnf0 g
hljgsf nlo agfpgk5 . k'tsfnosf dxEj
ufp-ufp k%ofpgk5 . cGtdgsf cfjfh
lhTof . oxL k;fnf0 g hljgsf nlo agf0of .
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;Gtfif 5, v';L 5' .

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eGg s/fnf0 klq a%g ;xofu u5 / kjosnf0
k/0ff kpfq u5 o ; sltn . o ; ;Gbedf
nvssf cjwf/0ff cg';f/ 56of0Psf zlfis
/ pkzlfssf cfwf/df ;^lIfkt ;dlIfTds
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-s_ d/f h&d:yn / kl/jf/lleq
gjf/x&sf cfudg, zltndfhsf lj/xult,
d/f kvf, afh si0fbf ;>i7, ajf ablf; >i7,
cdfil ;tsf e6, @))& ;fnsf qfl&t, r6of^,

xdf bf;f 3/, bf0sf lax, 3/sf sS/ af3n
nuf lbg, klxf k6s sf7df8df, bf0sf
bf;f ljjfx, nld lbb, d/f lzlf, l;Gwhlsf
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ljjfx, klxf kqsf cfudg, bf;f kqsf
cfudg, ;li6 -kqjw_ 3/ lelqPsl 5g,
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cgs pkzlfscx lbP/ gjf/xcsf Pltxf; s
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ljj/0f o; sf ljeGg pkzlfscf JoSt ul/Psf
5. o; n ajcfdfsf lr; fkgldf ePsf a;f0
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leofPsf cftl/s s/fxcnf0 l/67f gla/f0sg
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o; cGtut k/fgf ;Dergfx zlfscf
lbP/ xS-a9sf 7fpsf af/df eP-u/sf ofjt
;Gbex; dflj6 ul/Psf 5, h; df cfkngf
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ynf lr; fkgL, d xSsf ynf lr; fkgL, dn
nVg-k9g l; ssf 7fp lr; fkgL, dn dfodf
ddtf kfPsf 7fp lr; fkgL, dn yk| cfkGt
udfPsf 7fp lr; fkgL.

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efusf s/fxc klg cfPsf 5g.

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xft hf8/ th;L afSg / kl5-kl5 ;x;wf/f
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dlGb/; Dd cfp5g. of ;x;wf/f s6fx; n dfq
afSg rng 5. To; df klg afSgx; ljh8
xgk5, tlg, kfr of ;ft cflb. hQf gnufo
vfnl v66f sxl gvfo ;x;wf/f afSgkb5.
-ki7 #@_

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cGtut klxf d; ljjljBfnol; Gbe
cfPsf 5. sf7df8f z^s/bj SofDk; df
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hxf ofqf; d/0sf cgelt ldN5 eg Toxf
a:bf sxl /df0nf s/fxc- jGbjg uf8gsf
lkslgs, p6L 3Dg uPsf s/f, aunf/ hfbfsf
/df0nf, cGt/fli6o ljbfyl; feisf sfqidsf
/df0nf, cGo ;fys tyf 1fgj4s k;^ux; /
cWoogep0sf s/fxcsf rrf ul/Psf 5 eg
og:sfsf 5fqlQdf k:tsfno tyf ;rgf
ljlfgdf :gftsQ/ ug lbNnl ljjljBfnol
uPsf ;Gbe a8f /frstsf ;fy lj:tt zkdf
j0fg ul/Psf 5. Toxf cWoogfy a:g qddf
tfhdxn, nlwofg ofqf u/sf ;Gbe klg
cfPsf 5.

o; ;Gbedf tfhdxn ep0sf qddf
Toxfsf Oltxf;nf0 o;/L JoSt ul/Psf 5
cfu/fsf odgf gblsf lsgf/df cjl:yt
tfhdxn ljjjsf ;ftf cfZrod kb5. o; sf
lgdf0f dunzf; s; df6 zfxhxfn cfkngL kTg
ddtthsf ;Dergdf agfPsf lyP. ;g !^#!
l8;Da/df lgdf0f yfnf tfhdxnsf lgdf0f
k/f ;g !^\$%df eof. dun jf:tsnfsf
pTsi6 gdf of cbet tfhdxnsf lgdf0f xg

eŋ8 @@ jif nŋlof . @) xhf/eŋbf a9L sfdbf/
nfusf lyof / ŋ tfhdxnsf ueuxdf ddtfh /
zfxhxfsf lrxfg /flvPsf 5 . -ki7 \$\$ _

-oxf !^#!-!^\$% ; Ddsf !% jif xŋ5, tn
k/f xŋ @@ jif nlvPsf 5, o; n st kf7snf0
eŋ kf5 ls < zfob o; df ltlyldltdf k/s
xfnf jf ; a s/f l; Wofpg nfusf ; do xfnf _

-u_ _dn sfd u/sf k':tsfno xŋ
zlfssf nvdf lqe'jg ljZjljBfno ŋ sŋblo
k':tsfnodf tlg jif Ps dlxgf, ;/:jtl axdvl
SofDk; k':tsfnodf @)#* ;fn cflZjg \$
utblv ;?jf, gkfn /fli6o k':tsfno -eŋ8
;q jif_ / sz/ k':tsfnodf @)^@ ;fn
Hoi7 @ utblv xflh/ eP/ sfo ;Dkŋg u/sf
/ @)^ (cflZjg ! utaf6 l8Nnl/d0f-sNof0fl
/ldl :df/s k':tsfnodf sfo/t /xsf ;Gbxŋ
lj:tt ŋkdf j0fg ul/Psf 5 .

l8Nnl/d0f-sNof0fl /ldl :df/s
k':tsfnodf Toxf xŋ sfoqidsf ;Gbedf
ljleŋg pkzlfis lbP/ j0fg ul/Psf 5 .
h:tŋ 8f= l8Nnl/d0f /ldlsf hŋdztfAbl
sfoqid, k':ts kŋzgl, /Stbfg, dfg-;Ddfg,
xhfs l6s6 kŋfzg, 8f= l8Nnl/d0f /ldl /fli6o
tyf cŋt/fli6o zflŋt k':sf/, kŋfzg, 8f=
l8Nnl/d0f /ldl o'jf 5fqjIQ k':sf/, 5nkn,
ufi7L, cŋtlqiof sfoqid xŋ, k':tsfno a'f
kŋfg ul/Psf ;jf / ;ljwfxŋ, eflts ;ljwf
;Daŋwdf, hlufsf nfnkhf / cfkigf sfosfndf
ePsf af8sf ;b:oxŋ cflbsf ljifodf Jofks
rrf ul/Psf 5 .

-3_ _d cfa4 ;a3;:yfŋ zlfssf
nvleq nvssf ljleŋg ;a3÷;:yf;u cfa4
ePsf ;:yf, ;ldlt xŋsf pNnv ul/Psf 5 .
gkfn k':tsfno ;a3df @)#& ;fnblv @)%#
;fn;Dd lgŋt/ sfo ;ldltdf /x/ sfo ;Dkfbg

u/sf, gkfn k':tsfno ljifo;u ;Daŋwt
klxnf cŋt/fli6o ufi7L ;Dkŋg ePsf / ljleŋg
sfokq Pj cŋo sfo kŋtt ePsf ;Gbe lj:tt
ŋkdf cŋPsf 5 . o;df l/8 gkfn ofubfg,
?d 6' l/8;usf ;nŋgtf / gkfn afn;flxTo
;dfh;u ;Da4 eP/ u/sf lqofsnfk kl
pNnv ul/Psf 5 .

o; ;Gbedf elgPsf 5 ŋ d xfn sfd u/sf
;:yf 8f= l8Nnl/d0f /ldl k':tsfno / gkfn
afn;flxTo ;dfh;u ldn/ klg afn;flxTo
ufi7L, lszf/ ;flxTo ufi7L cflb ug u/sf 5f .
oxf eŋgŋsf tftko d afn;flxTosf/ geP kl
gkfn afn;flxTo ;dfhsf ljsf; tyf kŋ4gdf
sxL ofubfg xŋ lbg ;ssdf lgs v';L nfusf
5 . -ki7 !!& _

-a_ _d/f ljbz eŋlof zlfssf nvdf
hfkfg eŋlof ljifosf rrf 5 . % ;K6Da/
!(() hfkfg ;/sf/af6 hfkfg kŋfpŋ8;gdfkŋt
lb0Psf tflndf hfkfg uPsf kŋ^au cŋPsf
5 . oxf ljleŋg pkzlfis lbP/ Toxf a:bfsf
lbgrofsf ;fy tflndf ;Gbxŋ hfl8Psf
5 / ;K6Da/blv dfr;Ddsf blgslnf0 lj:tt
ŋkdf j0fg ul/Psf 5, hxf tflndf s/f,
;fylxŋ;usf eŋlof, hfkfgsf a;f0 l; l4Pk l5
To;kl5sf kl5Nnf ;do;Dddf- x^as^a,
dnl;of-dnl;of /fli6o k':tsfno_ , lklnlkŋ;
-/fli6o k':tsfno_ , ass -yf0Nofŋ8
/fli6o k':tsfno_ , rlŋ -/fli6o k':tsfno_ ,
>ln^asf -/fli6o k':tsfno_ , l; a'ufk' -/fli6o
k':tsfno_ , l:j6h/Nofŋ8, pblodf k':tsfno
kŋtsxŋsf cŋt/fli6o g6js, lgb/Nofŋ8
-aŋ dŋpŋŋg nf0a/L, c6/A6 klAns nf0a/L,
enpg6/jb guaf/xb nf0a/L_ , lrlnl,
blif0f clkŋsf, cdI/sf -lzsuf ;fjhlgs
k':tsfno, nf0a/L ckŋ suŋ_ cflbsf cWoog
;Gbxŋ Pj eŋlof ;Daŋwdf lj:tt j0fg
ul/Psf 5 .

o;/L ljljw nvxçdf cfkın k'tsfno
 tflndsf l;nl;nfd uPsf ljleGg
 bzsf eð0f-k'tsfno c jnfsg;DaGwL
 ljr/sf kfsfxç ktsf0Psf 5 ;Gb/ 9^auaf6 .
 ljj/OfTds :jçkdf JoSt ul/Psf efjgfn
 el/Psf slt / k'tsfno ;DaGwL s'fxç cGo
 ;Gbexç ;rgfkpfos 5g ;DkOf nvxçdf .
 plNnlvt wf/Ofxç ;^ast dfq xg—yfnlkhs
 Gofog . of ;fgf nvdf sl/a@\$) ki7sf sltdf
 ;a wf/Ofxç c6fpg s'f klg xf0gg . oxf t
 s jn cWof/f sf7fdf 5fd5d u// sg j:t'
 vfHg kp;dfq ul/Psf 5 o; k^alStsf/âf/f .
 of k'tsfno;DaGwL Oltxf;sf cWoog u//
 kf7sn k'tsfno;DaGwL w/ s'fxç k'kt ug
 cjZo ;Sg5g .

\$= cGtdf efjgffds bl6s0f

k'tsfno;usfhljgofqf slt cfdk/s
 lgaGwfds nvg xf, kfl/jfl/s hljg;Gbesf
 nvg xf, sxl JolStut bli6sf0fsf ;fy gkfnL
 Pj sxl ljbzl k'tsfno;DaGwL hfgsf/L
 lbg dxEjkOf b:tfah xf . Toltdfq xf0g,
 nvsn k'tsfno;DaGwL ul/Psf lqofsnfk
 jf ofubfgsf ljjrgf xf / ljbzeð0f;DaGwL
 ofqf ;:d/Of klg xf . o;sf efiff-znl ;/n 5,
 ;Gb/ 5, k'tsfnosf cj:yfnf0 oyfy çkdf

k'tt ug snf nvddf blvG5 . pgsf nvvgdf
 cf^gf dfq ljj/Of afnsf 5g, ljbzl / :jbzl
 ;dfh klg afnsf 5, dfgjLo bli6sf0f klg
 afnsf 5 . o; ;Gbenf0 bli6ut u/L sljtTds
 efjgf k'tt ub of ;^alIfkt nvgnf0 oxL
 6^alof0Psf 5 .

efnfstf/sf efj oxf blvG5 zfzj tll
 k'tsfnosf 1fg-ofubfg 5 lj:t tll .
 kfl/jfl/s-;:sf/ blvG5 efj pHhj n
 cgs kjsf leNsf ;/tf-:j/ lgdn .!.

znl ;/ntf ldN5 rldSg5g wf/Ofxç
 ;dfhleqsf bli6 ;li6G5g efjgf-t? .
 efiff z4 5 ;l6sf efjgf klg ;Gb/
 /rgfleq bl6f 5g nvglDf ;wfs/ .@.

;feifkg 5 ;fdYo ;fdflhsl 5 rtgf
 kpLtdo zAbfy ;Tsfodf 5 ;fwgf .
 ;l6sf bli6 cfkdf ;jdf culf oxf
 efnfsf nvglleq kfG5 ;li6-efjgf .#.

efnfstf/sf bli6 ;li6df eilNsg xbf
 hljGtkg kfG5 lzi6tfleq rldSbf .
 Ps hljgofqf xf ul/of dg ckOf
 dfGg ;lsG5 ;fGbo k'tsfno-bkOf .\$.
 @)&(k' ! ut .

s] tkf0nf0{yxf 5 <

@)& sf jif{k'ts cf0;s}f] 5 / xfdL @)&* jif{k'tsdf hl6;s}f 5f}. @)&*
 j}f vblv Pj r}d;fçt;Dd lg:s}f k'tsxçsf] xfdL l6k0fl; lxt kl/ro ksfzg ub}
 5f}. xfdlnf0{l6k0flsf nflu k'ts jf kl/rosf nflu hfgsf/L pknAw u/fpgxf} .

;flxTo ;j4g s]b

zAbfy{ksfzg

rfa}h uOfç:yfg, sf7df8f}

\$\$(&#%l÷(*\$!\$(^!)#

CŽ

■ lji0fk;fb zdf{k/fhhl



g^a u^a clxn k0rfgAa jifsf eP .
psfnf r9g ;xf/f rfxG5 . sfg
;G5g . glhs l;dlsf u8f bV5g,
6f9f lxdfnsf rhlsf gfd 56ofp5g . bftsf
a^auf/f e/ klg cuf18sf l6ldSs 5g . lbge/
;r lkp5g . ;fe vfgfvfg jnf Ps lunf;
cf/f lkp5g . :ofSkf, rDkf, l98f, /f6L, bfn,
eft, t/sf/L, df;'pgsf dVo vfgf xf . pd/df
sfG5f ef0nf0 ef/tlo ;gdf egf ug hbf
nlDagL / uf/vk';Dd kl . la/fdl upnnf0
lnP/ Psk6s kf/f kl t/ gkfn -/fhwfgL
klugg . clf/ lkl6Ss lrggg . rd, gal,
cf?3f6, ufvf, dgfa, dlQngfy / ltAat -rlg
j/k/ e8fRof^auf, rf/L / ofs r/fpb clnf ns
/ kf6g kl, lxpbf tNnf kf6g eg, hl8a6L
vfHg, ;Gtf hGdfpg, xSfpg u// g pgn
cf^gf k0rfgAa jif dgf:nsf sfv ;fdf ufpd
latfP .

dgf:n' lxdfnrhl, nfs, ; fdbf lxdfnsf
r'r'f, lxdgbl, l/a^a / k^aug u0af, kPltkhf
af/ hfgsf/L lbb gah cf^gf kvfaf/ k9
nvsv gfltgfltglnf0 eG5g— xl/of 3f;, kfgL
ePsf vsf vfHb xdf kvf xhf/f jiff klxn
dgfaaf6 kj nfof . To; jnf clxnhf:tf
w/ jiff Ps 7fpdf a:bgf . cf7-bz jiff Pp6f
kf6g / nsdf a:5f, 3f; ;S5f . csf kf6g
vfHb hfG5f / pt a:5f . dgfa kj sf ledtfa,
lxdn^asf kj-bllf0f eP/f xdf kvf uf7 ;fb
ofs / e8f r/fpb nfs gf3/ gal pkTosf cfof
eG5f . kn t 3/ 5gf eGyof afhn . ukfdf
a:of . lxp klx/f ghfg 7fpdf ofssf /fsf

kfn3/ agfP/ To;df a:5f . clxn h:tf kfn
5gf . h^aunl hgfj/sf 8/ 5f . /tdf clff
afn/ a:5f . aRrf hGdbf w/ blvf 5f . slt
d5f . cdf xgnf0 w/ blvf 5f . aRrf bz jif
gfG5 eg ;Q/blv c;L jif afR5 . lDnf0 t
of syf xG5f xgf .

gfltgfltgln PsfuleP/ pgf syf ;ty .

ufvsv cf?3f6 ahf/ rdgal pkTosfsf
Pltxfl; s ahf/ xf . rd u0fz lxdfnsf klZrd
pkTosf xf eg gal nfs, lxdfnrhl, dgf:n'
lxdn / a9lu08slsf pkTosf xf . oxf xhf/f
jif klxnbv /yfg lxdfnl hfltsf a;faf; 5 .
oxf a:g hfltsf u^asf kvf xg . cfhsn eg
s;n u^a t s:fn nfd y/ nV5g . cGgk0f
lxdfnsf sfvdf oxf kz'w xbg . oxf pjf,
cfn' l;dl kNg tyf 3f; , erf8L, hl8a6L pdg
nfd / k/flsnf pkTosf 5g . rf/lt/ lxdn
lxdn 3l/Psf rdgal pkTosf lxpbsf 5
dlxgf lxpst cufnfd aflwG5 . kxf8 / t/f0sf
thgdf hljgrq w/ si6s/ 5 . galsf
afl;Gbsf ; :slt, eifelff, eifff, wd, hGddTo'
;:sf/ / ljjfx gknsf pRr lxdfnl lfqdf
a;faf; ug hfltsf k'ng;u ldn5 . pglx;
kPltkhdf k0f lJzjf; u5g . ga' u^a gal
pkTosfsf ;fdf ufpsf afl;Gbf xg . ;fdf uf
dgf:n' lxdfnsf sfvdf pRr lxdfnl lfqsf
lJzfn pkTosfdf /xsf lxdfnl upf xf .

ga' 0dfGbf/, dxgtl / a9lu08slsf
kfglh:t ;kif Åbo ePsf rf/Luf7fnf tyf
ls;fg xg . pgf tlg 5f/L / b0 5f/f lyP .

Ps 5f/L gf jifsf pd/df afa;u e8f xg hfbf ltAat glhs nfs el/df n8/ dl/g . cfmGt dflg cfpkl5 b0 5f/Lsf lj jfx ul/lbP . 5f/Lx;n /fd;u 3/ u/ . hljg To:t t /x5- cfdafsf sfvdf xskl5 5f/L csfsf 3/df hf5f . 3/ a;fp5f . kYjle; ;xgzln /x/ blvf u5f . ;li6 u// cdf a5f . ;Gtfgn of df6fsf /lff u/f; / lxdfne; jZf /xf; eGg nfe u5f . gfltgtgl, 5f/LHjfo xhafw/ e8fe; vrfvr eP/ cfpbf d v;Ln ?5f . dgf:n' / stfa lxdfnn klg xf;/ dnf0 ;fy lb5f, cxf/ of /lt xf . a9lu08sl /x;Dd ;Gtfg /x5f5f . gah ufpn;u eGg u5g . c;n xbf ga' cf^gf nfx/ ef0eGbf ;flRrs kklNn blv5g . ufpdf s; sf c6ofo g; xg'/ s:fnf0 c6ofo k/sf 5 eg To; nf0 6ofo lbnfpg'ga'sf lrgf/L xf .

cf?3f6 / slxnsfxl ufvf hfbf pgn ef/tlo / al6; nfx/nf0 bvsf lyP . To;n pgn cf^gf sf5f ef0nf0 nfx/ agfpg leql rfxgf k/f ug w/ k6s ndh^a / ufvf kl . al6; geP klg ef/tlo ;gdf etl ug ;kn eP . ef0nf0 ef/tlo ;gdf etl u// klsbf ga' w/ v;L eP . To; jnf pgfs h7f 5f/f h6dsf lyof . 5f/L kfr jifsl ly0g . cf^gf ;Gtfg h6dbf pgl Tolt v;L ePsf yxf ufpn kfpGg . t/ ef0 etl xbf k^aug / l/a^a u0afdf kl/ aQL afn, ufpnnf0 afnfP/ 5of^a v'jfp . ef0 ;gdf etl ePkl5 rf/L, ofs / e8f yk . ;Gtfgsf pHofnf eljio ;De// yk s7f/ dxgt u/ .

gah cfvfn bvsf tyf ufpn lrgfsgf kl/jf/sf 5f/L lax u/df 3/ snx xbgf . 3/ /fd; a:5f0 eg/ ef0sf lj jfx cf^g sfsfsf 5f/L;u ul/lbP . pglx;u ga'sfhl e8f / rf/L lyPgg . gaebf cflys s'fd

sdhf/ eP klg 0Hhtjfn lyP . ;fgf lhp ePsl s6L dxgtl ly0g .

ef0 nfx/ eP . gfd rNof . To; jnfsf kxf8L / lxdfnl ;dfhdf nfx/sf va 0Hht xGYof . nfx/n klg w/ gk9sf nNb/ ;fla; ag pgfs 0R5f k/f ePg . gah ef0sf tlnsf u8fhqf cflys ;xofunf0 kxf8df ;kft/0f ub uP . pgn lxpbsf ;kf lgnf cfsfzh:t ;kf dgn slifsd u/ . pjfaf/L yk . rf/L / e8fsf ayfg 7n agfP . ;Q/L jif;Dd e8fRof^auf / rf/Lsf ayfg lnP/ nvlt/ pSn t/ nfx/n eg bf0efphn yxf gkfpgu/L ufvf ahf/blv Ps lsnfld6/ klZrddf 38/L / vt lsg . nfx/n gahf0 c8sn/ k;f lb6f yfn . kN6gaf6 3/ hfbf lrofQL, lrgL, cfdlsf k'fgf sDan, cfdlsf hf, ktng, sldhafxs k;f nugg . hf8df gah cfkn agsf pgsf aVv', pgs 3d -;p_ kpfu uy . 3/sf kl/jf/n 3/agf / rlglt/af6 NofPsf nuf g nufpy .

bf0 ;kf dgsf ls;fg tyf ef0 nfx/ ePsf xgfn ;fdf ufpdf ga'sf kl/jf/ 0HHfltnf / ;DkG eg/ lrlgGYof . 3/df ;rdfq geP/ bw lrof kfsYof, ;ft jif k'fgf 5of^asf 3nf ef0sf nflu eg/ /flvGYof . bfp/fsf vft klg c6osf eGbf 7nf lyof . ;aeGbf gfnf s'f Tof 3/df /l8of lyof . gah laxfg an'sf /l8of ;Gy . Toxf ;fe; k/kl5 /flt b; ah;Dd d6l6tnsf kfg;sf aQL aNYof . ga'sf h7faf, sfsf / ufpnx; 5of^a, r'f6, ;tl vfb e8fRof^aufsf Jofkf/, ltAatsf ahf/ vNg lbg, vltkftl, df;d, lxdklx/f, lxdjiff, hl8a6lsf pAhgl cflbaf/ uk uy .

ga'sl kTgl lbsl df0tl up rdlina afxs cf?3f6 ahf/ klg enl/gg . nfx/sf klg ;Gtfg xfpig eGg rfxgf ga' / lbslsf lyof . To;n axf/Lnf0 kN6gd nhfg tfstf u/ . nfx/sf

;Gtfg eP . nfx/sL >ldtln snsQf, aDa0,
 bx/fbg, k6gf, uxf6L zx/ blvg . dfG5sf
 cfvfn gof s/f bVof eg To; sf c; / lbfudf
 k5 ./ / zx/ bvk15 pgnf0 To f lxdfnsf klbdf
 5-5 dlxf lxp; u s7of^alu^b e8f xg, af/Ldf
 vghft ug, bfp/f vfHg, l98f / rDkf vfg, gg
 lrof lkpgh:tf s/f dg k/g . rf/kfr k6s
 ljbz uP klg pgn Totf latfPsf t rf/ jif
 lyof . pgdf kN6lgof nfx/sf kTglx₂; usf
 lxdld / zxl/of jftfj/0fsf k₆fj kg'
 c:jfefljs lyPg . lxp kG5f^b e0 sf6ofP/
 of;fuDaf l6k/ k; f sdfpg /x/ pgdf blvPg .
 To; n pgn nfx/ kltnf0 bf0 gā' / efph c^a
 lbsl; u cz lnP/ ufvd f a:g ofhgdf ; xdt
 ul/g .

c; fh dlxf e/L /flsPsf lyof . laxfg
 x'; h; fdf pkTosfnf0 unDd cufnf xfnof .
 lbp; f kl/ 5of^au eof . xl/of sf8bf/ ; Nnfsf
 jg, nfda4 ; tf lxdfnsf r'r/f / tl; u
 cufnfdf s; Ss aflwPsf lgnf cfsfzsf
 bZo rfk66 /d0fLo blvGYof . anSL rL; f xg
 yfnf lyof . nfs eGHof^a kf/ u// dg^a e^g
 ko6s k₁₆f66-k₁₆6 blvg yfnf lyP . uf7fnfn
 e8f, ofs, rf/L wdzfnf, nfs, Sof^adf, nfs/
 sdfh:tf dflyNNff nsaf6 tn efb lyP . To;
 jnf gāsf nfx/ ef0 566ldf 3/ cfPsf lyof .
 ef0 cfpg va/ kfpkl5 l5dsL NxfSkfnf0 rf/L
 / e8f lhDdf nufP/ gā' 3/ e/sf lyP . z/b
 CtDf lxdfn d'sfPe^l nfx/ cfPsf gāsf
 3/ klg pHflnPsf lyof . sl/a Ps ; ftf t
 nfx/nf0 e6g cfpgsf el8 eof . gāsl kTgl
 lbsl / nfx/gL kfxgfnf0 ; r / 5of^an ; Ts/
 ug Jo:t lyP . nfx/ cfPsf b; f lbgkl5 eg
 3/kl/jf/ dfq xg yfn . Ps ; fe^l knfdsf
 tlgdV rhf j/k/ ; a a; sf lyP . rhfsf 3jf
 knfdsf kf0kaf6 ; lw 5fgf aflx/ hfGYof .
 kxf8L eudf To:tf rhf xGyof . gā' / nfx/sf

5f/f5f/L ; a ; u lyP . gāsf h7f 5f/f klg
 cf?3f6 ahf/af6 sfsf; u ; fdf ufp uPsf
 lyof . To; ; fe^l nfx/n 5of^a lkp^b eg—

æbf0, tkf0sf h7f 5f/fsf lax klg eof .
 d/f klg tlg 5f/f, Ps 5f/L eP . Itgnf0 k9fpg
 k₄of . d/f cz lbg; d s6fs6lnf0 ufvtl/
 :shdf egf u5' / pt a:5' . ca ; a ; DklQ
 cfwf u// czaG8f u/f . tkf0n vfg ; s vfg;
 gefl d c₂ l5dslnf0 ar/ ufvf hfG5' .Æ

nfx/sf s/f ; gkl5 e^l; ^au xb bj
 cfvfaf6 alnGbv/f cf; 'erfb lbsln—

æb0 ef0sf kl/jf/ /fdj xG5f eg/f
 bf0n rf/L xb 5f . slxNo lxp eggf, lr; f
 eggf . s6fs6L ; fg 5f . lsgf cfnu xg <
 d/f ; Gtfgnf0 eGbf lTdf / s6fs6Lsf a9L dfof
 nfi5f . axf/Lnf0 xfn g/fdf u/gf . s6fs6L
 ; u xG5 . nfx/sf yf/ e/you, gāsf nssf
 sfd ldnfP/ ce^l b0rf/ jif ; u a; / sfd u/
 bj ef0sf ; Gtfgnf0 ; Vf xG5f . s6fs6ln klg
 /fdj; u k95f . k9kl5 ; Vf xG5f .Æ eGb bj
 ef0nf0 5of^a yklb0g . nfx/sL kTgl glhs
 ly0g .

b0 jif klxn wdzfnfGbf dfly ItAat
 glhs lxdklx/f hfbf pgf rf/ rf/L; lxt
 ufpnf ; dt u// afx/rf/L / ofs kl/Psf lyP .
 nfx/sf s/f ; Gbf ljpg; ^ast cfPsf To:t
 lxdklx/fn gāhf0 k/sf h:t c; Xo kl8fafw
 eof . lf0fe/ pgn lg; ; fl; Psf cgej u/ .

gā' ; lhnf u/L a; . cf/f lkP/ lunf;
 6andfly /fvb eg— æs6fs6lnf0 k9fpgf
 7ls 5f . ; anf0 ufvd /fv . axf/Ln x5f .
 lTdlx₂ pt a; . ; sGhn dn pjfvTL u5 .
 rf/L x5f . cZf af8k₁₈ lsg ug < ufvd f
 clnstf vt / 38/L lsgf . dn ofs / rf/L
 ar/ yklbG5f . xdfj ; Gtfg k95f . ; v xG5f .

d klq ;f7L xg yfNof . nsdf rf/L;u sbg,
e8f vbg, efn' / lxp1r t'j f nv6g klxn h:tf
;Sbgb . b'j sf ;Gtfgsf eljio ;fRg k5f . PSn
/fdt xGgf . dn g/fdt ;fRbgf . tn hldg 6qf
kfg s'f lsg u#of < 56l6g'egsf kl6g'eG5f .
ldNof eg an xG5 . To;f geg . k;fsf dft
l6Sbgb .Æ

h7fhh egst s'f g;gei u/L nfx'/sl
kTgLn elgg— æd tf Ps lbg klq a:bgf . ;a
cfwf-cfwf u/ . e8f, ofs / af/L laql u//
xful ufvf hfGf . 5f/f5f/L k9fpgf l9nf eof .
xftf nfx' xNbf/;fLasf 5f/f5f/L ;a ;b/dSfd
5g . d tf of lr;fdf lxp;u s7of^alup Ps
lbg klq al:bg .Æ

glhssf gftf kg alxglsl 5f/L cfkIn
s'f /fv/ gah ef0sf lax ul/lbPsf lyP .
lax ubf pgl afxj jifsl ly0g . ;fdfG
kl/jf/sl s6L ePsf gah axf/Lnf0
3/df cfkIn; u /fv/ 3/JoJxf/, bfp/f, wf; , vs,
e8fRof^auf, ofsr/L, lxp, jiff ;a sfddf ;u
nu/ sfdsfhl agfP . ef0sf ;Gtfg l56 xfpig
eg/ gah g ef0;u nfx' k7fP . kTgl lbsln
h7f 5f/fnf0 ufvfdf snhdf k9g k7fp¹ eGbf
gah æufvf k7fpbf ofs / rf/L aRg k5fÆ eg/
cf'gf 5f/fnf0 P;Pn;LeGbf a9L k9g lbPgg .
t/ cfh ef0axf/Ln PSsf; cz dfilbf pgl
eNof; ;eP . gäs f z/L/ kItSs uNof . dg
d#of . dfdf, lJzjf; / e/f;fdf klx/f uof . pQ/L
lr;f xjff ;asf 3/leq l5/ei gäs f 3/sf s'f
klq To;/L g ufpe/ kInof . ufpn'sf dVaf6
o:tf s'f ;lgof—

gäs f ef0 nfx' t ufvf hfG5f /

nfx' t 56l6g eP5f . lar/f gah bllvf
u#of . ;a cfwf ug eG5f . bf0nf0 yk sxl
glbg /

7nf kl/jf/, hlxn;S sxf;u a:5f tf <

gä; ;kif xbosf dfG5 5f . ufpn s;nf0
cGof0 k5f eg p¹ vhf afN5f .

nfx'n ufvfdf vt / 38/L lsgsf 5 /

bf0n nsdf bllv u// rf/L kfNof, rf/L
efu nfg xf eg ufvfdf hluf klq gähf0
lbgk5 .

ufvfdf hluf t s'f u/g /

o:t s'f ufp, kv/f, vs, kf6g,
a9Lu08slsf tL/dgf:n' lxp rhl; ;fDbf lxdfn,
nfs ahf/, ptf kjdf rd pkTosfblv cf?3f6
ahf/;Dd kIn0xfNof . To; jnf dfaf0n kifg,
Dof;Gh/ t lyPg t/ /fdt jf g/fdt h 36gf
eP tfklg vRr8 uf7fnf, el/of, nv / a;L
ug a6'f dfkIt nfx'/sf bfhef0 56l6g s'f To
euel/ kInof .

gah k6Ss gf0gfl:t u/gg . e8f, ofs,
rf/L ;a afl8of . kvfnL 3/, kfr k'tf
klxnsf bfp/fsf Pp6f rfa / 3/ glhssf
pjf kInG dlInnf af/L nfx'nf0 k#of . 3/df
h hlt nuf, uxgf, ef8fs8f, kInfd cfhf/,
/S;L kfg EofDkf, 8fsf, gfDnf, a4 / ;g/asf
dlt, 6an, b/fh, t:jL/ lyP, ;a afl8of .
t/ nfx'n ufvfdf lnPsf hlufaf/ sg rr
ePg . ef0n eggg . bf0efphn ;fwgg . b0
ef0alr cZsf h:tf eu8f ePg . gäs f Åbo
o;/L sl8of ls cfkIt, dfdfdf, bfhef0 eGg
s'f/fdf g cljZjf; kbf eof . csflt/ nfx'n
bf0efphn pglkIt u/sf jfT;Noaf/ Ps ykf
g cfb/ bvfp g t dfdf g .

ækvfnL 3/ / glhssf pjfaf/L d lsG5f .
cZ tn h ug u/ .Æ gah clGtddf eg .
kvfsf /ut / kl;gf Toxf kflvPsf dfq sxf xf
/ cf'gf cfwf Hfljg klq Toxl latsfn gäs f
Tof 3/;u efjgf, dfdf, /ut / kvfsf gftf
hfl8Psf lyof .

nfx/ / axf/ln yf/-yf/ ub ;fdg ufvf
k#ofP . ptf 3/ agfpg yfnsf ;dfrf/ gah
klg rfn kfP . ef0n rf/j6f 38/L / Ps
/fkgl vt lsgsf s/f pgnf0 ufpn bfhbf0n
;gfPsf lyP .

ufvf ahf/blv Ps lsnfld6/ klZrd
kfvdf nfx/n rf/ sf7fsf 3/ agfP, hg clxn
dVo ahf/ g agsf 5 . 5f/f5f/L ;anf0 :sh
egf u/ . pgsf kG ;g cfpYof . ;gfsf cgej
ePsf n gkfn asdf uf8sf hflu/ klg kfP .
Toxfaf6 klg pkbfg lnP . gk9s sf/0f cfk
l ;kfxldfq ePsfdf nfx/nf0 7nf k5tf lyof .
To ;n pgn ;Gtfgnf0 pRrlZlf lbg rfxGy
hg cj ;/ g#sf ;Gtfgn kfPsf lyPgg t/
nfx/n 6fpsf k6g u/L sflz ; ubf klg ;Gtfgn
pRrlZlf xfl ;n ug / hflu/ vfg ;sgg .
To ;df nfx/ lvGg eP . nfx/sf kl/jf/nf0
vfga:g, 3/ Jojxf/ rnfpq, gof ;fdg lsgg
slxNo cku ePg . ;an rfxcg ;f/ vr
uy . cfDbfgLeGbf vr a9b uof . ;gdf xbf
sdf0, ;fdf ufpa6 NofPsf /sdn pgn hlu
yksf lyP t/ 5f/f5f/Lsf k9f0 / laxjf/L ubf
pgn hlu ar . aRg qld /flsPg . sdf0df
ylklbg sfxL ePgg . ufpsf egf0df pgn
kpl t xf0g ls bfhklt u/sf lgi7/ / cGofok0f
Jojxf/n pgsf cflys cj:yf v:sb uPsf
lyof . ;Q/L jifsf pd/df nfx/sf bxfGt xbf,
pgl ;u rfn ; jif klxn bf0 gah yxf gkfj ;
eGg agfPsf k/fgf Ps 3/dfq arsf lyof /

vt / 38/L ar/ vf0 ;skl5 dfq nfx/
eNof ; eP . nfx/n cf^gf sxl ldq ;u
ædn d/f afah:tf bf0dfly cGofu u#of .
bf0efphsf df0fnf0 dn hjfgL, hflu/ /
k ;fsf pGdfbdf jf:tf u/gf . To ;n d cf/fnf
nflf . cfh dn bf0 / efphsf To lgZ5n
df0f eimeinl ;Deisf 5Æ eGy .

ef0n cz lnP/ ufvf ei/kl5 g# b0
jif cefjsf ed/Ldf /GklgP . pgl cQflnP .

cf^gf egf sf xf < To ;sf JofVof ug ;lhnf
5g . PSsf0 ;f ztfAbLsf rl/q xg xf eg t
cfkGt egf dfaf0n dfq xf ls < sfle8-!
(dxfdf/Lsf jnf cfkGt sf eof t < cfkGt
la/fdl xbf glhs sfxL klg uPgg, /fu ;5 eg/ .
;Gtfg cfkGt xg egf eg dftflktfsf nf ;
p7fpg klg t cfpq ;ssf 5gg, ljbL ;PsfxG .
:jbzd ePsf ;Gtfgn czSt cdfafnf0
j4f>ddf 5f8/ cfk Sofklt/ l5/sf klg t
5g . b0 d6hf0 Ps agfP/ lx8sf kplkdsf
slt rf8 gblsf b0 lsgf/ ePsf 5g . kpl, cfh
Jofkf/df kl/0ft ePsf 5 . cgZf ;gdf g kpl 5,
g kpldf df0sf :kz / nfnTo . To ;n tlvf
nfusf jnf h ;n kfgl lbG5, zfof To ; jnf
ToxL cfkGt xf . PSsf0 ;f ztfAbL klg df0sf
ou xg ;sg .

cf^gf d6sf 6q ;/x df0f ub sfwdf
afs/ nsa ;L ub xsfP/ nfx/ agfPsf ef0n
PSsfl ; czsf s/f p7fP/ nQfsk8f, ef8fs8f
/ bfp/f ;dt cfwfcwf ubf g#sf xbodf kfk
ga:gu/L 3fp a:of . pgn eGy- ænfs lxdfn
/ lxp h ;L olfblv ;u ;u a:5f, To ;u/L
xfdl b0 ef0 gd/ ;Dd ;u a:5f . a? ;fdf tfn
-xfn lj/Gb| tfn sf kfgl ;S5f t/ xfdf df0f
;Sbgf .Æ clt df0f / clt ljZjf ;df wsf xbf
dfG5 ddfxt xG5, To :jfeIjs xf . gahf0
To:t eof . Ps dlxgf pgl 3/d a ;/ bfp/f
sf6g / rfa nufpg sdf u/ . kvfblv h0df
ul/fv/sf bfp/fsf rfa g#sf knfdf eig prf
ePsf lyof . plxn kxf8df wfgsf 6fjf x//
5f/L lbg rng lyof . lxdfn updf clxn klg
s ;sf 3/df slt k:tf k/fgf bfp/fsf rfa 5,
eGg x// To 3/sf :t/ lgwf/0f ul/G5 .

cfkn kJos jif ykb uPsf bfp/fsf
rfa vnalnPg dfq eTSof / cfwf eof .
pgsf Åboleqsf df0sf rfa klg g/fd/L
vNalnof, eTSof, 6qf6qf eof . e8sf ayfg

afl8of . ofs / rf/l sf cfug klg afl8of .
nfx/ sf efudf k/ sf e8f / rf/ln gâ' j/ k/ ubf
DofDof ub, af af ub kR5/ xNnfpY . sltsf
cfvfa6 t cf; 'e/ sf klg blvGYof . tl t
kz'g xg, tlg sf dfonf0 gâh klxne d; fb
; Dafwg uy / cgfo; dgf: n' sf b0 r' r/ flt/
xb krtkrtfpy –

ækz' sf hlt 0dfg / df of dfc5df gxg
/ x5f . dfc5 ePkI5 dgk5 eGg lsg xSsf
g/ fv' sf xfnf x dfc5n < hjfg a9f x65f, a9f
d5f lsg ; fRbgf x dfc5 <Æ

ufpnn ægâh ef0axf/ lnf0 clt df of
u/ f . ef0sf nflu gâh hlt df of uy, pgn
cf^gf ; Gtgnf0 u/ gf . ef0nf0 al6; sf nfx/
agfpg / x/ df pgl nfs eGhof^a kf/ u// nfx/
e6g ndh^a ktof . ofs / rf/ l ; : tdf ar/
tlg k6s uf/ vk/ k7fof . nfx/ ePkI5 nfs
lxdfn xf; e xf: of . p xf: bf gâll g p Hofnf
xGYof t/ ef0n pg sf 5ftldf ; gfn zqhf0
a6n sNre sNRof . gâh sdfPsf ; a 5fg/
cfwf kf// nlof . cfk n sdfPsf ; DklQ eg
n'sof . bf0nf0 wfsf lbof . wfsf lbgnf0 / fdf
xbgf .Æ eg sf gâh ; g .

lk/ df g/ k6 el/ bgf eGg s' f gâhf0
pgsf afah l; sfPsf lyP . 56l6bfsf jif t
gâhf0 cf^gf af/ ln klg df of df^of . d^a l; / df
lxp k/ g . krfug lxdktf a9l eof . pAhgl g
ePg . Toxl jif ofs, rf/ l / e8f lxdklx/ fdf
k/ . afRgsf nflu Ps rf/ l ar . csf jif
b; j6f e8f klg ar . hfuf geP/ xf, nsdf
hl8a6l gpd/ xf, pd/ 9Ns/ xf, jf dg czfct
eP/ xf, nuftf/ b0 jif gâsf cfbfgl v: sb
uof, h7sf 3fddf ufvf / a4lxdfn' sf lxp
v: sb e/ e .

gâhf0 ; flRrs gkTofpbf bllv k^of .
klxn ufpnnf0 ; ^s6 k/ sf jnf cgfh lbP/
e/ yu ug gâ' cfh cfk vfg gk' g c j: ydf

ku . 3sbf pd/ df ds / ux' sf kl7f cf?3f6
ahf/ af6 afs/ Nofpg afllw eP . Tof c j: yf
bVbf ufpn' sf cfvf g/ ; fPsf xf0gg . b0 5fs
vfg gk' g lbg eflg' g pg sf hljgsf ; æGbf
kl8fbfos lbg a6of . ufpnn dfq sxf xf / <
ef/ l afs/ psfnf r9b ubf pg sf dgdf o: tf
nfl of ls a9lu08sLsf kJos 5fnn pgnf0
P gâ' tn klg ef/ l afSg k^of xg < ege
; g . dgf: n' lxdfn– gâhljg eg sf Toxl
a9lu08sLsf 5fnh: t xf, k5fl/ g k5, clg
allgk5, lk/ gdfg . bllvkl5 ; v x65 . u eg sf
cfjfh kx/ fdf 7flsPei nfl of .

clg kl; gf k5b kl/ ; fRy– æca ; v tf
s xfnf / < d/ kl5 d/ kl5 tf s ; l yxf x65f
/ < csf h6d eGg s' f t ; ; f/ ehfpg eP g
xf . afr^hn rf/ l / e8f vbb, lxdfn / aSL
kf6g xb b0 5fs : ofSkf vfg kfP kluf .Æ

cf?3f6 hfbf pg sf ; fylef0n gâhf0
ef0sf ufvd f ePsf hlluf bfj f ug gegsf
xf0gg . gâh To; af/ ajf: tf u/ . ef0n wfsf
lbof eG bdf pih: t dv eP/ tl nfnfafnf; u
lsg zq' tf ug eg/ pgn ufvf sf hlluf sf nfe
u/ gg . Tof pg sf dxfgtf lyof . 5f/ f5f/ ln klg
euf sfsf sL; u lsg eu8f ug . kfv' f
alnof 5g, dxgt u// sfd u/ kl5 vfg
kluxfN5 . u eg/ afahf0 an lbP .

pgn cf; hf0 kl; gf, lg/ f; fnf0 andf
kl/ of t u/ . kl6sf, r'ssf, r8sf Åbonf0 pgn
a9lu08sL 5psf alnof snf r66fgei alnof
kf/ . pgl ?g 5f8 . kTgl lbsLnf0 klg g?g eg .

Tof lbg pgl pg sf 3/ 5psf ; fdbf, nfs /
dgf: n' lxdfn xf; e xf; sf lyP, h6 lbg pg sf
5f/ fn kvfnl 3/ / 3/ af/ l nfx/ sfsfaf6 lsg/
gâsf gfd f / fhlgdf kf; ul/ lbPsf lyP .
avdf klnsf lxdfnrhl / dgf: n' sf lxp
lzlz/ CtkI5 qdzll rlnb uP ei pg sf 3/ df
klg 56l6P kl5 cfwf ePsf 3/ k0f xb uof .

bfp/fsf rfa klxnhq eof . e8sf ayfg / rf/L
klg klxnhlt eP . pd/ a9b uP tfklg pgsf
z/L/df hfuf dgdf pT ; fx ylkPsfdf ufpn 5Ss
k/ . 56l6Psf kfr jifdf a9ofnlSf cguGtL
/vf k/sf pgsg cgxf/df kl0dfsf /ftdf hgdf
blvg uDeL/ t/ pHofnf rds blvP e rds
blvg yfNof . b0 5fs vfgs nflu ca pgnf0
cf?3f6 eig kbgYof . h7f 5f/fn cf?3f6df
3/ agfPsf lyof . sf5fn gāsf rf/L / 3/
x/sf lyof . 5f/Lt/sf gfltgltgl ; a ; /sf/L
hflu/df lyP .

bllv / ; v egsg Cth:t xf, kl/jtg
e0/xG5 eGg s'f gāhf0 hlt s ; nf0 yxf xfnf
/ < gā' bllvnf0 ; vdf kl/0ft u// k' ; -df3sf
dgf:n' lxdfn xf ; e xf:sf lyP . a9ofnlN
5fP klg pgl ; Gtl6 lyP .

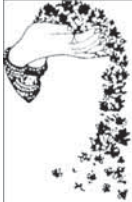
To ; /L ; v / ; Gtfisf ; f ; klb u/sf
avt ef0 nfx/ l ; ls:t 5 eGg va/ gāh kfp .
To ; jnf pgl krf ; l jifsf lyP . ufpsf ; fy
nfu/ st 3f8df, st aflsP/ gā'ufvf e/ .
bf0 gāhf0 bVgf ; fy nfx/ w/ a/ eSsfPgP/
/fP . bf0 gāsf xft ; dft/ dfkL dflb eg –
æfphnf0 lsg gNofPsf bf0 < dnf0 efph ; u
dfkL dflg'5 . efphsf sfvdf d/f 6fPsf /fv/

8fsf 5f8/ ?g dg 5 bf0 . efphn dnf0 5f/fnf0
eGbf a9L dfof ul/g t/ dn ToxL efphnf0 efs
?jfP/ ; v sf6g oxf cfP . ToxL efphsf uf ;
sf6/ dn vfP t/ dn sdfPsf ; DklQ nSfP/
efphnf0 bvf0g . d kfkL eP bf0 . efphn
dnf0 dfkL uGg bf0 . dn nSfP/ /fvsf
; DklQ ; a : jxf eof . ; Gtfgn klg dn sNk
h ; /L kpllt u/gg . dn kfk u/ bf0 . dnf0 dfkL
u/ x .Æ

; don g6f sf6sf lyof . cz af8sf klg
ktL ; jif e0 ; ssf lyof . gāh w/ sfnv08
kf/ u/sf lyP . gāsf r66fg agsf xbo
nfx/sf cf ; 'bv/ lxph:t sdnf eof . cflv/
ef0 g lyof . pgsg ; 'ssf cf ; sf g ; f klg
/ ; fP . cltddf gāh ; Deifb eg – æczsf
s'f k'fgf eof . dn t lal ; ; Sof . efphn klg
eNof . xfdL t lxdfnd /dfPsf 5f . k'fgf s'f
lal ; b . c : ktfndf 5f, ca /df xG5f .Æ

nfx/nf0 ; Grf ePg . gāhf0 e6sf
eflnkN6 ; fei cf7 ah nfx/ ; wsf nflu bf0
/ cf'gf kl/jf/ ; u labf eP . ufvd nfx/sf
bfx ; :sf/ u// gā' ; fdfufp g k's .

@)&(c ; fh ! ut



हार्दिक श्रद्धाञ्जली




दायित्व वाङ्मय प्रतिष्ठानका आजीवन सदस्य साहित्यकार छविरमण सिल्वालकी ममतामयी माता
 दीर्घलक्ष्मी सिल्वालको बयासी वर्षको उमेरमा स्वर्गारोहण हुनुभएकोमा भावपूर्ण श्रद्धाञ्जलि अर्पण
 गर्दै शोकसन्तप्त परिवारजनप्रति समवेदना प्रकट गर्दछौं ।



दायित्व वाङ्मय प्रतिष्ठान, नेपाल

परिवार

n3syf

cgf}f]s'/f

■ eful/yl >]7



r'rgfjsf ;dodf Pp6f gtfm cgf7f
gf/f nufpb rgfj krf/sf nflu ufp
ufp ahf/ ahf/ 30g nfu .

pgsf gf/f o:tf lyof- d bAnf kftnf
eP klg d c3fPsf df65 x'. d efsf hgtfnf0
efhg vjfpq rgfjdf p7sf x'. dnf0 ef6 lbP/
lhtfpgxfnf . tkf0x2af6 ef6sf efs 5- c2
lrhsf xf0g . hgtfn pgsf gf/f dg k/fP/ ef6
lbP/ lhtfP .

)))

d6ql e0;ssf sxl ;dokl5 pgsf
ljfodf aflx/ l6sf16k0fl xg yfNof . ol d6ql
e]6 5g- dnf0 sxl rfxGg, d c3fPsf 5'eGg
d6qln t lgs e]6frf/ u/sf 5g / .

pgn efif0f ug ;efdf Pp6f df6f e8ljfn
df65 kl5 kl5 5f0f e nfluof .

Pp6f ;efdf pxl d6qln efif0f 5f6b eGb
lyP- xg'; d/f k;sf k6 . dn e]6frf/ u/sf
eP d/f e8l bdfxfh:t k6Yof xfnf . of ;a
lj/fwLlx2n knfPsf e]6 xf . d/f rl/qxTof
ug kpf; xf .

bzs bl3fdf a;sf b0hgf ;fylx2dwo
Pp6fn eGof- aflx/ To:tf g/fdf xNnf 5-
kqklqsfx2df ;drrf/ Jofkt 5 . jf:tljs tYo
s xfnf csfn eGof- d6qln l;w lsg vfg
k6of < ;u a;sf e8ljfnf df65 hf d6qls
lghl ;lrj xf . pgnf0 xgf; g . pgsf k6
xg'; . pgn vfpkl5 d6ql c3f0 xfn5g lg .
pgsf s'fx2 ;a e]6 xg .

;VfgL jiff{

■ 8f: uful{zdf{



clgbf /ft
cwl/ dg
zft
clg zGo
; ;f/
cfk ljnfpq zGo
la;fpq zGo
Toxl zGoleq
pgsf x/x/ ;uGw
dfofn'wg
dfofn':kz
wldn 5f0f
cxf d/L cfdf .

ckf/ ddtfsf cfrn
zlt n e]Lsf e^asf/
kl dn jft;No nf/L
kplkt blJo
xflbs cgelt
cftdf k/dfTdfsf
:jl0fd lfof
cfk x/fPsf kn
;VfgL jiff
k/d ;To
dftTj / jft;Notfsf
Hofltdo ldng
cdfd d/L cfdf .

;æd/Of

kfzkt Ifg M sxl l5s[ds];æd/Of

■ /f;f



d /f klxnf sljtf 5flkPsf lyof
ljqndfAb b0 xhf/ rfjfnL; ;fnlt/
÷ U;U6Wklqsdf. sljtfsf zlfis
lyof - .Ps klg. cGo s/f lal;P. >L snfz
e08f/Lâf/f; Dkflbt; U6w cf^g 6fn-l5dsaf6
kpfzg xGyof. To;df kpfzgy xhfsdfklt
sljtf klfof uy. To; ;do e08f/L bf0sf
3/sf l58ldf; U6w k'tsfno klg lyof, hxf
d lbgxh;f; feikv kqklqs k9g / k'ts
lng hföy tyflk cf^gf sljtf 5kfpq kfof
e6/ lbg; Ifr nfiYof.

Ps e6df pxfn dnfo klg ugeof-
æ/fh', of cdL/ lgzfr/ eGg sf xf < sljtf
k7f0/x65. 7ufgf klk kzklt, bjKQg nlvPsf
x65. ;U6wdf 5fksf klk 5'.æ hjfkdf dn
sjn olt eg- æv, lrlGbg lÆ lgs jif;Dd
klg dn pxfnf0 cdL/ lgzfr/ d x'elgg-eGg
elgg. kl5dfq of tYo vhfPsf x'.

pxfsf / d/f 3/ Pp6 6fn Ps nx/df kfr-
5 3/sf kl/sdf cjl:yt 5g.

)))

cG7fpGg ;fn. k'; dlxgf. Ps laxfg.
kzklt, bjKQgl:yt 3/. tn l58laf6 s;sf
afnfx6 cfp5- ædfly sf xgk65 <Æ x7ft d
cfln65'. 9fsdf e6 x65. ;fl5'- æs;nf0
vfhGepsf <Æ æ/f;f bf0nf0.Æ- pgsf
hjfkdf d afN5'- æd g x'.Æ To;kl5, pgn
dnf0 gd:sf/ u/. dn klk u/. dfly sf7fdf
ln0cfP. pgl; fkrdf a; . clg, æ tkf0 <<<
s-slt sfdn kfnGepsf xf <Æ d/f; fwf0df

pgl afn - æd <<<<<, eQ'k/af6 <<<<<. bf0sf
ev/ uhn-;æuk lg:ssf /x5. Ps klt kfp
g lÆ tTsf dn cf^gf s/f /fv- ælstfa
lg:ssf xf. ;a k;df 5g. clxn oxf 5g.Æ
olt eGgf;fy pgl h?Ss p7 / aflxl/g vfh.
dn elgxfn- æa:g'; lrof lkP/ hfö; lÆ
pgn cln l;/fPh:tf u/L eg- ædnf0 xtf/
5. d hfö5'.Æ pgl ;/f;/ e#ofEaf6 cflnP/
;8sdf cjt/l/t eP. sxl elgg.

cfhsfn klk pgl;t e6 x65- slxn
;8sdf t, slxn sg sfoqddf. t/, pgl dl; t
tlsg vfh5g÷ gbvsfh:tf u5g÷;s;Dd
afNg gk/f; h:tf u5g. d/f s nfi5 lxf0g t <
)))

kzklt, bjKQgl:yt xdf 3/sf 5jdf u?
dlGg/-blif0ffdt_5. To;sf cf8df Pp6f 7nf
3/ 5. Toxf lqj t bfh'/fhG> a:y. pgl;u
d/f /fd 3hldn lyof. xfdl lbg-lbgel/ Tof
dlGg/sf kfa0fdf r; vn/ a:Yof. of rfnL;
bzssf k/Detfsfsf s/f xf.

clxn xdf 3/ 5g. bfhxçsf 3/ eg 5,
t/ tl bfh'- /fhG> /fhe08f/L_ kftfn-kj'f;df
5g.

Ps lbgf laxfg. pgn dnfo s6axfn,
rfalxnsf leqklS Pp6f 3/df lnP/ uP. Tof
3/ pgsf cgö lq wGjGtl/sf lyof. klxnf
pgsf lqql; t e6 eof, To;kl5 pgsf lktfhlsf
sf7fdf uof. a:of. s/fsgl eP. lktfhlsf
xftaf6 bfhx sxl cfojlbs cfvtl kft u/.

pxf slj/fh xgxbf /x5 . xfdln snf lrof
klg lkof clg klsof .

lktf slj/fh si0faxfb/ l;x klg slj
xgxbf /x5, pxfsf eGefjft sljtf-slt
kþflzt 5 . To:t, wGjGtl/ ld> wGjGtl/
sfTofog gfdaf6 syf-sljtf nVgk5 .
sfTofogsf bfh'cuþ slj-syfsf/ s0ffb dxlif
xgk5 . ol tYo dn kl5 dfq yxf kfPsf x' .

)))

kzkl't dlb/leq ;feisf cf/tl rln/xsf
lyof÷khf e0/xsf lyof . bZgyLxç ehg
uf0/xsf lyP . 306fxç alh/xsf lyP . xfdl
s6fs6Lxç kfau0fdf vln/xsf lyof . cWof/f
5f0;ssf lyof . crfgs sfxl efusf blvof .
b0hgf kþ/Lxç kl5kl5 ;dft=====;dft===
=====rf/=====rf/=====eGb ÷ s/fpb To;nfo
nvl6/xsf lyP . xfdl kRrxç klg ltgs
kl5 bf8of . rf/ cfo3f6 klu;ssf lyof .
kþ/Lxç To;sf k5fl8 lyP . To:e:dZj/3f6 5p
ajfldtLsf lsgf/ xb /fh/fhZj/Ltk slb/xsf
lyof . xfdl cln k5fl8 g lyof . Toxf kùkl5
rf/ ufoa eof . 7nf xn hDdf e0;ssf lyof .
kþ/Lão rlst lyP . yk| dflg;xç rf/nfo
;dfTg lqofzln lyP .

sxl ;dosf vfhtnf;kl5 rf/nfo
ks8/ aflx/ NofP . To:t 5psf ;Qndfly
Pp6f sf7fleq l;/s cf9/ ;lt/fvsf lyof .
rf/ clnf g clnf, xSfsf lyof . xTs8L; lxt
efusf lyof . To;nfo lx8fP/ rfsLlt/ Nof0b
lyof . rfsL xdf 3/ ;fdç lyof . af6fdf
rf/nfo lk6b Nofpbf xfdl kRrxç klg To;sf
9f8k5fl8 pk|-pk| lss xfg pBt lyof .

jf:tjdf To;nfo lk;fa u/fpg aflx/
Nof0Psf lyof . To; ;do rfsldf 6jf0n6
lyPg . rfsLsf clns dfl:t/ snfz 8f8f
plSng af6fdf ;fjhlgs zfrfno lyof .

Toxfaf6 lk;fa ubfub xTs8L;lxt shnd
7fssf lyof To . clxn klg To 36gf ;Deibf
/df0nf nfi5 .

)))

Ps zlgaf/ . lbp;fkv . slj-ldq
;gln k/L cuþ ;lf dg' afhfslsf ;fy
kzkl't, bjKQl:yt 3/df cf0ku . e63f6
ef / enfs';f/L klg . ;u vfhf vfof . alrdf
afhfsl bf0n eGgeof - æclns jf;ll klg o;f
===. pxnf0 Ps luf; 6SofP . l5gd :jfsE
kfgeof . kþll csf luf; yklbP . To klg
l;lgQ clg pxfn eGgeof - æef0nf0 Pp6f
blv lbg cfsf .Æ æeGg'; g lE- dn eg .
pxf ;'t/L afNgeof - ætkf0sxf ul/dfs; íng
xfnf ls eg/ ==sg c ídf d/f Pp6f syf 5flkPsf
lyof . To vfHgk . gsh l;njfn Istfa
5flklbG5'egsf 5g, To;nfo ==.Æ tTsfn ul/df
vfh/ lbP klg . pxf v';L xgeof . æo;nfo
kf6fskl u// nfgknf ls ==.Æ - pxfsf egf0
nuQ dn eg - ænfg'; klqsf g .Æ To;kl5 ==.
labjf/L . pxfsf To syf cydQll lyof, hg
eljioofqf df ;~rlot 5 .

)))

hf8f dlxgf . Ps lbg . laxfg-laxfg .
slj Pjd ufos ldq ;~hlj /f0 uf/L3f6l:yt
3/df cfpgeof . ;xif e6of . s'/sfgl u#of .
;fydf lrof-gf:tf klg vfof . clg, pxfn
kzkl't dlb/sf kfl/klS kjlt/sf Znidf0ts jg
3Dg hfg kþtfj /fVgeof . pQl kþtfj :jlst .

xfdL 3Dg lgl:sof . ;u;u 5f/L klg ly0 .
lx8bflx8b xfdl jgsf alr efudf cjl:yt
ljZjçk dlb/ ;fd' ktof . lx8/xs lyof .
cs:dft ;~hljhl'sf ;nkfg s/fof . pxfn
p7fpgeof . s'/sfgl's l;nl;nfd pxfn
eGgeof kfgdf - æ=====hl, d clxn slj
/f;f / 5f/L;t 3ld/xsf 5' . dn cfIdxTof
ul/xfnsf 5g s=====Æ

Toltv/ d ;~hljhlsf s'fn Psbd
t/Ēt ePsf lyP . lgs lbg;Dd klg d pxfsf
s'fn pānt e0/x . sxl lbgkl5 . Ps ;fe .
dn Pp6f sljtf sf/- ;gogf, dn cfdxTof
u/sf 5g zlf sdf . w/ ;do;Dd of sljtfnf0
vnf0/x . rnf0/x . agf0/x . cGtt kpfzgyf
lbP . 5flkof klg . kl5, of sljtfnf0 gkfnefiff
/ cĒhl efiffdf klg cgjfb u/ .

)))

tlhsf lbg . kzklt dlGb/sf leq-aflx/
j'fn'dlxnfzsf el8 lyof . xfxNnf lyof .

tTsfn Ps dlxfn kkl/n Pp6L csl
dlxfnf0 ;dft/ Nof0g rfsldf . tl dlxfn
Zofdj0fsl c'nL ly0g, lxGbL aflNyg . Itgsf
kl5 Pp6L gkfnL dlxfn klg ly0g . Itgn
k5fl8sl dlxfnsf ;gsf l; qL rf/sL /lxl5g .
rfsleq Itgsf vā pkrf/ eof . l; ;gkfgl
nuf0of t/ klg l; qL knf k/g . kl5 Itgnf0
gfĒeif/ kf// ddt ul/of . aNn l; qL elSP5, Tof
klg Itgsf hggG>oaf6 kQ lg:ssf arkgd
bv;gsf 36gf jf dlxfn-nlnf xf of .

)))

xfdf 3/cuf18 Pp6f 7nf ;Qn 5, h; nfo
dx:f:fg 3/ elgG5 . To; s l58ldf ;fgf kkl/
rfsL lyof . To; sf ;j; jf Ps hdbf/ xGyof .
Ps xjNbf/ / cGō kfr-5hgf kkl/ hjfgx;
xGy . xfdl ;-;fgf lyof . rfsLsf aflx/ k6ldf
vNYof .

Ps zlgaf/sf laxfg . kzklt dlGb/df
el8 lyof . dlGb/sf kfĒ0fdf b0 ;dxaLr eu8f
eof . :yfglo kzklt / sdnkfv/Lsf ;dx lyP
tl . xfgfxg eof . lk6flk6 eof . efufefu
eof . kl5 kzkltsf Ps bfbnf0 kkl/Lx;n
s7inf ;dft/ NofP . c; efu . Itgnf0
rfsleq gfĒeif/ kf// yg / eSstf/ lk6 .
xfdl kRrx;n rfsLsf %ofndf eilG8P/ leq

lrxPsf lyof . Itgnf0 sfjfxl ug rfsLsf
gf0s xl/eQ l; lbn lyP Toltanf .

xfn tl bfbf :yfglo gskf dfcfjfbLsf
gtf 5g . l; lbn ;/ eg slj-nvs agsf 5g .
)))

c8rfln; ;fntfsf . Ps zlgaf/ .
laxfglkv . xdf kzklt, bjKQgl:yt kVofnl
3/df slj Pjd gjsljtfsf ;Dkfs 8f-xl/
zdf / sljldq uugblk ;jsf cfudg eof .
tkf0sf 3/-l5ds jl/kl/sf ;flxTosf/x;nfo
e6f eg/ xfdLx; oxf cfPsf .— eGb xl/
;/n dnf0 ;u lg:sg cfu; ugeof . nuQ
nluf k// d pxfx; ;u lx8g tof/ eP . kydt
cfVofgsf/Pjd cleJolQsf ;Dkfs guG>/fh
zdfsxf hfg bjKQgaf6 ldqkfsL/ nldsof .
sxl lf0fd ktof . e63f6 eof / s'fsfgl klg .
kl5 klSxfNof . ca stf hfg < dn slj jf;
zzLsxf hfg s'f /fv . tlghgsf ;xdldf
xfdl pxfxf uof . gjfnL 6fn, hojfuZj/L:yt
pxfsf 3/df klji6 eof klg . e6of . enfs';fL
u#of . alrdf xl/ ;/n pxfL; t gjsljtfldf
kpfzgyf Pp6f sljtf dflgeof . pxfn xG5,
d of ef0nf0 lb0k7fpnf . eg/ dlt/ 0;f/f
ugeof . To;kl5, xfdl tlg hgf aflxl/of /
5lSP/ cf-cf^gf ynfTk nlf0f .

sl/a kfr-5 lbgkl5 d kbll jf;'bf0sdfd
uP . e6 . /fd]s'f ugeof . lrof dufpg eof .
lrof lkpba:bf dn pxfnf0 sljtfstf s'f :d/0f
u/fP . pxfn tTlf0f eGgeof— ef0, of sljtf
lnP/ hfg cGt 5flk0; ssf xf of, ;Dkbsnf0
geGg gof sljtf geP/ klg===== . Pp6f
s'f, ol ;Dkbsn sljtfsf kfl/>lds lbg
xf0g Sof/ To;n klg===== sljtf lnP/
kls . Toxl ;fe xl/ ;/sxf nu/ lbP . Tof
gjsljtfldf kpfLzt eof klg . To:t eof .

pxfsf nvs-klt klqsf rflx lbg uPsf klq lyP, kl5 .

)))

IjqidfAb pgGrf; ;fn rt dlxgf kfr ut . slj jf; 'zzlsf bxfj; fgfs eflnkN6 . pxfsf zj ufzfnfl:yt jb jbfE IjBfkl7sf kfE0fdf /flvPsf lyof . >4f-hlnsf nflu Ijzfn hg;dxsf pkl:ylt lyof . pQ lbg cuh sljao k?iffQd ;jbl / Ijdn lgef; ;u;u sljldq cf/-Pd=8Efnl;t d/f klxnfkN6 ;fiffTs/-kl/ro ePsf lyof .

xfdL >4f-hln lbgfs nflu kaIQia4 lyof . ToxL syfsf/ao ;Gtfif es/f0 / kpfz kpl klq v8f xgXGyof . kl5, slj zzlsf zj clGtd ;:sf/sf nflu cfo3f6tki nlubf xfdL ;Dk0f zjofqfdf ;fdn lyof . 3f6df sljsf ;kq gl/hn bfuaQL lbPKl5 xfdL Toxfaf6 kssf lyof . klsbf cuh syfsf/ao ;Gtfif / kplsf ;fy d lyP . xfdL qo ;Yfkfgsf nflu lkunf:yfg;Dd lx8/ uPsf lyof . Toxf Pp6f k7fgf 3/sf dfly rf6fdf plSnof . ;Shdf a:of / c8/ uof . nfsn jf; b0 luf; / tlg kn6 l;tgfs Joj:yf . pxfx; b0hgfn Ps ;f;df l;lgQ kfgeof . d lkplbgy Toltanf . l;tg dfq rkfP/ a; . jf; yk . pxfx;n eifn ykofyko, d rflx ;s6L 6fSof6fSo . bjhgf eNn; d k/ pNn' . k;f hdd kpfz bf0n ltgeof . p7of . cflnof . ;8sdf klof clg Ps hgf afgZj/lt/ klyfg, afsl b0 hgf bjKQgt/ ndsnds . ev/ st -;fob /fhj bfhsf cGtjftdf_ k9, ;Gtfif bf0n lkpg 5f8geof . pxf ;szn cdl/sfdf xgXG5 . yxf kfP/ v;L nfilof t/ kpfz kpl latgeof, cTolws dlb/fkfgn ubf . bmv nfil5 .

ult

■ hæl vql



kils cfp5f eGbfeGb 8f8f sf6L uof ltdL lxhf;Dd ;u lyof cfh 6f9f eof ltdL .

5f8L hfg'/l5 cflv/ ;fy lbg cfof hlg e/nf0 egl dfof b0 lbgnf0 nfof ;lD' cfp5f eGbfeGb af6f df8L uof ltdL lxhf;Dd ;u lyof cfh 6f9f eof ltdL .

8fnLaLr khsf Pp6f ;Gb/ kln lyof bfifl cfvfe/ kNg'p; sf en lyof xbfxb cfvfaf6 8f8f sf6L uof ltdL lxhf;Dd ;u lyof cfh 6f9f eof ltdL .

:jfyL;u gftf uf:g'guf:g'g /l5 xbosf 3fp ;w rx/f0/xbf /l5 d6leq ;hf0/fv 6lqP/ uof ltdL lxhf;Dd ;u lyof cfh 6f9f eof ltdL .

kils cfp5f eGbfeGb 8f8f sf6L uof ltdL . lxhf;Dd ;u lyof cfh 6f9f eof ltdL .

hljgsf IjleGg k/Llffx; g;lsPh:t l;hgfsf k/Llff klq g;lsbf /x5g .

.../fd;QmUaf6

;dLIff

cf:yfsf]b:tfj]h 'gllt sl slj tfPF

■ 8f /fdk;fb bxfn



- li6 d g/ x >i7 sxt al4dfg ;el
; ;f/L lbJo cfgGb nt x 1fgjfg tel .
;lsf gf sx tR5 ;jf d k/dfy x
sl6-ktËsf bv ;li6 d ;j Jofkt x ..
-ki7 !%_

l;Ë hljghutnf0 ;dl6Psf ol
plNnlvt k^aIQxç k9bf 7fs/ zdf e08f/Lsf
slj tfTds afçsln prf0 kfPsf cgelt xç5 .
pxfsf ;flxltos snd alnof 5 . ha slj tfdf
lhçbul ;/n / tn/ eP/ alb5 ta slj cfk
cf^gf af6f to ub ;Ëltdo eP/ alçxç5 .
æ; lDeç5f eg gla; , la;ç5f eg g; DeçE eçg
efjdf ;Tojtbl kçQf eP/ slj tfdf nxl/b
t/lËb lx8gçPsf blvç5 . slj tfleq u08sl
klg al5, 7flSsP/ kfgLsf t/nleq zflnuçd
blvPeç pxfsf slj tfdf ;feif : jfysf pkefu
Hofbf blvç5 .

cfhaf6 1fgzlQç pTkçg xç5 / w/
zlQçsf ;çthgaf6 rll/qzlQç lgdf0f xç5,
log ki7elddf ljut rf/ bzsbvl lgçt/
nvgofqdf nflu /xg 7fs/ zdfsf gllt sl
slj tfPç *) ki7sf ;fgf kl:tsf xftdf kçof,
;Dejtç lxçblsf nlvPsf lx;fan klxnf
/ kçfzgsf lx;fan sfç5f slth:tf nfi5
dnf0 . of sltdf ;Dos /^a e/h:tf nfi5 .
cyft sltleq dofbfsf dwçtd /Ë cgelt eP
eç nfi5 . cf:yfs b:tfjhsf çkdf of slt
cfPsf 5- kf7s;fd' .

cgl6k 5çbdf nlvPsf, zAbfy
kçfzgaf6 kçfzg ul/Psf gllt sl slj tfPç
lxçbl efiffdf nlvPsf /rgf xf . o; sltsf
af/df ;flxltosf/ kçiffQd l;lbnn nVgçPsf
5==== o xl gxl sfJo sl Ps cf/ wf/f rDksfJo
d tf 7fs/hl s nvgLsf k/ P;L hdl x ls d/
Vofn d cfh ts gkfnl ;flxTo d sf0 el Og
s h;f rksfJo gxl b ;s . nf - ca lxçbl d
cf/ zf:qlo 5çbf d xçj-bl3, u0f-olt ldnfs/
lnv kfgf rfsf bg sl aft gxl tf Sof x <
lxçbl s s0 hfg dfg sljof s lnP ts ox
sfd kTy/ s rg rjfg h;f sl7g x . pgsl
?eifg cf/ lxçdtstf d/f ;nfd ç

of ;lQç;^auç jf:tjd k7goflo / dxglo
5 . ;To klfsf ;qsf çkdf pb3f6g ul/Psf
5 . cf:yfs /^axç Hofbf ;nanfPsf 5 . of
xbf jfSodf hf8g dg nfi5- s/d kçvfg la:j
sl/ /vf . hf h; s/0 ;f t; kin'rfvfof .

of ;j>i7 l;4çt h:tf nfi5 . cyft
hf h:tf sfd u5 To:t kin kfp5 eg eç 7fs/
zdfsf sdjfb alnof 5 . pxfsf nvgln o;
nfsdf ;flxltos dfg-;Ddfg k/nfsdf k/dZj/
kçkt ug çj:yf ;hgf ePsf blvç5 . Odgfb/
g /fi6lxtsf uxgf xf eçg sçf o; leq plNnlvt
k^aIQxçaf6 bVg ;lsç5 . h:t-

Joy gxl ;el j:t';li6 tf kl/k0f x
df6l sl ddtf ;Deif df6l d kçtçj x .

-ki7 @&_

o:t pxfsf ;Dk0f ol ;lQnxŁ kl9;Stf
 ;j;Ddl t zAb el665 . o; ;DaGwdf >L:jfdL
 s/kfqhl n eGgēPsf s/f pNnv ug ;f6bles
 7f6b5'...;j;Ddl t ; Ps :jo gfd sf kbfx .
 lh; s ;DaGw d ;el sxt x— d :jo hf/xf
 x, td :jo hfcf, jx :jo cf/xf x, en p;sl
 rtgtf, h8tf, zG0tf cflb d ljjfb xf . p;l
 ;Dk0f efj-cefj s cle1 ;j;flfLsf :jo
 kbfx dfggf rflxP . lh;s āf/f ;asf cefj
 ljlbt xftf x, p; ;t xl sxgf rflxo . jxl
 :jo lg/fsf/sf el :jŁk d x . ;t-c; t cflb
 ;el jfbf ; kŷd oxL ;flf l;4 x .Ű

oxL ;j;Ddt ;flf g o;leqsf sljtf
 k9b hfbf dnf0 a;h:tf nŷ5 . lh6bul ;a xf
 t/ dŰ sf x'eGg cflTds 1fg gvh;Dd hljg
 lrlgbg ==To; 7fs/ zdfnf0 x// lrgg uxf
 5 . lrgg xf eg k9gk5 . kl/>dL kpf; / lg/Łt/
 nugzLntfn pxfdf /xsf sljTj zlQŷ pihfjfg
 eP/ cfPsf 5 . nlosf kŷktdf kŷyldstf
 klusf 5 . nv nv e0/xs 5 / of g df6o
 l;4f6t agsf 5 . efj, efiff, nosf ;Gthg
 sfod ePsf 5 .

ljgo zdf gkfnn „plQŷ xl ;lQŷ xŰ eGg
 cf^gf nvgl df nvsv 5g— tf sljtf Sof
 x < JolQŷ s efj, cefj, kēfj s sf/0f kb
 xgjfnf jf x'cf cfju, pbju cf/ ;ju sf
 cgēlt cf/ efjgfcf sf nŷTds of 56bfTds
 9Ē ; kŷtt lsof uof efj, kg, sfd jf lqŷof
 sljtf x cyft cleJo-hgfoQŷ lnltv jStJo
 xl sljtf x Ű

o;sf ;/fk/fdf gLlt sL sljtfPŰ sljtf
 egf jf ;lQŷ nlvPsf el665 . efj, cefj,
 kēfj ;a ;dl6P/ ;j;Ddt eP/ cfPsf 5 .

;V d blŷv d Ps xfj tf efj pQd
 kēftL ;o ;f hf x jxl dfgj-hljg .
 -ki7 ^*_

dfgj / kēltsf klqŷofnf0 ;fw' ;Gt
 lrĈts, snfsf/ ;an sxl g sxl, st g st
 k9s 5g, bvs 5g, nvs 5g, Toŷ qŷddf
 hutnf0 hf8g klg slj-nvsn sxŷ 5f8sf
 5g / < tfbfTDotf sfod u/sf 5g hŷ s/f
 7fs/ zdfdf klg el665 .

kŷn ;6b/ d bvf let/L efj lbJotf
 ;jq /dtf JolQŷ x oxL ;li6-/Dotf .

-ki7 ^*_

pxfn hljg efuf0sf kys lf0fnf0 klg
 nVg, eNgePsf 5g . dfgjlo u0f / :jefjnf0
 l6kgePsf 5 .

kŷ, pbf/tf, lzi6 ;To, ;xgzLntf
 oxL x dfgjL /Tg ;jbf xf ljdŷf .
 afXoĈt/ ;el Ps /x tf ;a :ju x
 a4Tj olb xf ;fy bli6 d jxl ;6b/ ..

-ki7 &%_

7fs/ zdfsf of sltsf !(! g ;lQŷ
 kl9;skl5 dnf0 :jfdL ljjsfGbn
 cŷdljZjf;sf zlQŷsf af/df egŷf k^alQŷnf0
 /fzg bxfnn nVgePsf ol s/f p4/0f ug dg
 nŷlof 7fs/ zdf kŷt==

d/f nflu lj>fd sxŷ 5 / < d t sd lfqd
 dg x' . d sd7tf;u kŷ u5' . hljg Ps ;^a3if
 xf==== of aŷg rfx65' . hutsf 0ltxf; sxl
 o:tf dflg;xŁsf 0ltxf; xf . h;nŷ0 cfkŷkŷt
 ljZjf; lyof . ljZjf; g leqsf bjLzlQŷnf0
 hfut ul/lb65 . ta dglon h klg ug ;S5 .
 dglo c;kŷn ta x65 ha p;n cf^gf cgĈt
 zlQŷnf0 cleJoQŷ ugŷf nflu l7s-l7s kpf;
 ubg . ha klg sg JolQŷn cfkŷkŷtlf ljZjf;
 udfp5, Toxl lf0f p;nŷ0 dToh baŷpg yŷN5 .
 klxnf cfkŷkŷt ljZjf; u/ . To;kl5 dfq
 0Zj/df==== .Ű — :jfdL ljjsfGbb .

7fs/ zdfn of ljZjf;nf0 cfkidf
 hfut u/fpgbPsf 5. k:n:jčk ljZjf;sf
 ;fy glt sl sljtfP lxbL eiffdf
 nvg ;SgbPsf 5. of csf dxglo klf xf .
 eiff-znl / sljtfds s/fxč ;/n cfsifs
 kf7s pkoful agfpg ;SgbPsf 5 . To;n slt
 nvs / zAbfy kpfzs klg bj awf0sf kfq
 xgxč5 .

7fs/ zdfsf lxbLk|tsf nufjnf0
 kpfzg u// ;fjhlgsL/of ul/lbPsf zAbfy
 zAbsf dd a%g kpfzg ePh:tf nfilb5 .

glLl sl sljtfP k9gkg k'ts agsf
 5 . k9bfsf :jfb g aln 5 . bfneft kl5sf
 crf/h:tf rflvnf 5 . o;f egf- rfdn s6L
 kl7f, 7fs/ zdfsf glt sl sljtfP dxečbf
 dl7f ePsf . To;n of sndn cčTodf pxfsf
 ol k^aIQixč /fv/ lj>fd lng rfxč5'-

; ;f/l sfozfnf d cl:y/tf ;bf /x
 l:y/tf sl khl P;L ldntf /x k0f d .

-ki7 ^^_

rnf || rnf || rnf || ef0 rnf ef0 rnf-rnf
 ;a d kđ sl nf/L uft-uft ;bf rnf .

-ki7 &* _

aQl;ktnl, sf7df8f.

uhn

■ klLt cfqđ 1jfnl



ePdf dgdf rfx kltnf tg ačb5
 pT;fx gxbf kl/ cN5L of dg ačb5 .

tg of dg g r't /fv5 pT;fx rfxn
 cfl6nf kltnf ačbf ;VL kf hg ačb5 .

:jf:Yo g xf dxfg ečg s/fdf cl8u eP
 tg of dg g xdfđ cdNo wg ačb5 .

dg nfilbf xđ :ju tgsf jf; ef hxf
 gvFP dgn kl/ 3/ g jg ačb5 .

lhčbul lhpb ubf hfčgkg s/f olt
 ub 5'kltn aft ač hl.jg ačb5 .

-5čb || cgl6k_

bfloTj

sf7df8fđ pknAw xđ] :yfg

kđ klkf cfrfo{

la: P;: aS;

hfd] dfsđ, /Tgkfs{ sf7df8f} ;Dks{ || (*\$!@(!*&&

laxfg; ƒ hlgdg] hLjg

- ufkl dɔfnl



k | / /ft kɪlP/ wɪtdf laxfɔ eɪfɔf .
 rvjɪf-rvjɪlxɔ nɪfɪnɪbɪl r/la/df
 sf;l, af6lj?jɪ / bɪnfɔ;Dd ɡɪRɔ
 nɪuɪ plɔxɔ lɔeodf 5g, ɔlt ;a/ t ɔɔfɪw
 kɪɔ ɔɪpɔɔ . vɪnf-vx/ zɪnɪɔ ;zɪnɪd 5g .
 aɔkɪvɪxɔ l:ɔɪw ;/; 5g, slɪnnɪ dɔɪ;u
 s-rɔ zɪtsɪ dɪtɪn dɪs6 nɪfɪsɪ 5 .
 afafɔɪlxɔ ɔɔ /fɪsɪ aɪfɔɪdɪ ɔɪdɪ vɪhɪ 5g,
 ɔɪdɪxɔ uɪuɪ e// 3/ɪt/ pɪsnɪ nɪbɪ 5g,
 kɪɔɪsɪ dɪxɔ hʌun / rɪ/ɪt/ kɪwɪlxɔ dɪ7ɪ
 ɪnfɪs;f/ɪ ;fɪ blɔɪsl p3ɪb 5g . uɪ0a:tɪxɔ
 lɪhɪsf vɪfɔ ɔɪsfɪb 5g . xɪ, laxɔɪl kɪɔs lɔɔ
 ɔ;/ɪ ɔ ɔɪp5, ɔ;/ɪ ɔ ;aɪf0 ɔɔɔ7ɪ rɪ:sɪ
 lɔɔ5 / eɔ5 -blɔɪsl z? u/, pɪ;fɪdɪ, /dɪfɪ/ z?
 u/, lɪhɪbɪlɪsɪ kɪfɔxɔ ɪkɪb hɪp, l:ɔɪw, ;/n /
 :jR5 aɔ .

laxfg yfnglsf zē xf . To ; n lzi6frf/df
klg zēkēftū eGg ul/Psf 5 . yfnglx₂ zē
xfpg eGg ; adf 5 . laxfg lxhfsf ysfgx₂ kl5
pT ; fxdf cfp5 . ansf sf af ; lx₂ Tot 5f8/ tfhf
ag/ cfp5 . xf, laxfgn ; Defjgf / tfhulx₂ p3fb
hljgsf /ynf0 ult / kùlt lbG5 .

laxfg ;do xf, laxfg pT;fx / p6db xf.
laxfg lgZ5n, :jR5 / jbfu 5 . kjL gL/ krf6b
laxfgLn blgslnf0 z6 k6ft e65, piffls/0f; u
laxfg k6ltdf xf:5 / lbgnf0 z?jftsf :jfut
u5 .

laxfg cfkidf c-hfg 5, ;Gbxlg 5 /
c1fg klq . bZox; ;kf6 :jR5 5g, bli6x;
k/;Dd ;lhn kioflsG5g, cfsfzdf afbnsf
lksf klq 5gg, k/ lqnf dbfgsf ;dbh:tf

cfsfzn lbge/ h1jg k1lnPp1, pbfQ ag
e6g cg6t cfsf^a1ff p3f/sf 5. xf laxfg
lbge/sf x/fgl ysfj6, dnfkft, pl5gfk15g,
cfzf, cfz1Q1, 0iof, s07f, k6-k8f, bf8f0,
kl;gf, ;^a3if ; asf zlyNosf 1j>fdkl5 tfhf
z?iftfd e11NsPsf 5.

laxfg;u hlēdg hl.jg tfhf z?jft xf .
laxfg sfosf z^avnf /R5, blgsLsf tflnsf
agfp5, lbgēkl hl.jgsf lznfōf; u5 . kjL
cfsfzaf6Wjff// cfkl; Dd kflvPsf piffls/Ofn
dgdL:tisnf0 k/flsnf agfp5 . z/Ldf :jR5
xfjfl;~rg u5, dgel/ lgll: jfy dfof / dlit:sel/
pHofnf e5 . kēltsf lgZ5n cNnf/kg ; hfP/
Pp6f c; n hl.jg z? u5 .

;Derf t, xdfj z?jftl lbgxŁ laxfgh:t
 xŁ5g, tl ljxfgg xg, To; n jbfu 5g . c jfw
 afns sēnf ubg, befj /fVbg . dfof, kŁ,
 zflŁt, ;befj / kljqtfn ; 7lnPsf xŁ5 . afn
 ;he lbgrof laxfg xf . ;Rrf dfgj tf laxfgl
 xf, ;li6 / ;Eotfsf kŁnf laxfgl xf . ;li6
 / ;Eotf ;w ;Łb/ xŁ5 . kŁos laxfg ;li6 /
 ;Eotfsf z?jft xf . kŁgzLntf / ljlgdfŁsf
 : jfut xf, sd xf, sdsf hu xf . kŁlt; Ddt
 hljgsf ;kf6 SofŁef; xf, SofŁef;el/
 kŁltsf klxrf / kljqt fklvPsf 5 . jbfu
 / pbfQ kŁlt o:t hljg xgŁsf :klt cfuk xf .

laxfg c~hfg ePsf n c1fg 5. elgPnf
c1fg klg /fd| xf / < 1fgsf bDenf0 l|xfgn
j|f:tf u5 . c1fgsf dvnf0 laxfgn df|bg .
p xf t k|ut c~hfg ;li6, dgdf efjgf sbg
/dfPsf ;kf6 dg, xf, Tof l/Qf 5, To;n /fd|

dl7f l;hgfbg ;lsG5 . c41fgl c1fgl xf,
laxfg k/ l/Qf 5, To; n c41fgdf bDe bvfpg,
dl7f l;hgfsf tof/Ldf 5 . c1fgsf dvtf,
1fgsf cf8Da/ / l;1fgsf ti0ffx; laxfgdf
alht 5g . laxfg;kl afns sdsf cfzIQ,
kpsf kfunkg, zIQsf pGdfb / kl;ti7fsf
dbxf;Ldf 5g . l;Gbf; l;Gbf; xf af6fdf /ldg,
dgel/ ubulbg kl;g ubg . dgel/ cfdfsf dfof,
;fyl; a;uftlsf kl / kpsltsf dfxg g kofkt
5g . klfl/g, efl/g, xfl;g, n7fl/g ubg laxfg,
la6lnbg l;xf;g . To; n laxfg : jR5 5, l/Qf
dgh: t : jR5, g/kl6kl5 piff gcfbpsf kjl llflth
h: t kl;g, piffn grdsf zltlaGb'h: t l:glw .

l;xf;g ;kgf kl;g xf . z?jftsf hudf ;kgf
xG5 . ;kgfx; eoas/ eP kl;g 8/ nfilbgg, dl7f
xG5g . ;kgfn pT; fx / pihf yK5 . ;kgfn
laufbg . ;kgfsf o4n sx;f l;Wj; dRrfPsf
5 / < a? crt dgnf0 kl;g u/L rtgf, 1fg,
pT; fx / pT; u el/lbG5 . ;kgfdf d/sfx;
l;kgfdf lapleP/ hl;gofqfsf c; lhnf
uGtJo ;dfp5g . l;kgfn u/sf cGof0 ;kgfdf
l;g;f lft pkl:yt 5 . ;kgfsf dT0df kl;g hl;g
afsl 5, crtgd;f kl;g rtgf afsl 5, qfwd;f kl;g
zflGt, o4df kl;g clx;f 5, ;a ;ad;f dgj;tf 5 .
/, ei:ofau eP/ ;kgf laxfgsf de/Ldf kl;vPsf
5 . To; n jbfu 5 / l;hgfsf zIQ; xf .

laxfg piff; u ofqdf ;ldlnt 5 . ;fyl
;au; u vn5 . l;:tf/ vnsf l;4fGtx; /lrg
yfN5g . lgZ5n vn l;4fGt, lgod / dfG0tn
xf/lhtsf kl;:kwdf l;:tf/ s:dn xg yfN5 .
kl;:kwfn l;hgfd;sf tgj;f yKbg, Oiofdf
8flxG5 . nfn;f / nfe eiufp5 / hfneinsf
nfd;f5f6f tfgj;fgf /lrG5g lsgls c;znf0
lhTg'5 . bflOTjaf6 ly;rg yfN5, lhDdjf/Ldf
aflwg yfN5 . laxfg cf7 gahlt/ kl;bf l;jslt
/ ;sltsf bfefg aG5 . 5of;ld; aG5 t/
clxn;Dd vn w/ laluf;ssf 5g, lauf0kl;S
pBt 5 .

cf7gf ahf0 lgZ5ntfdfly s:dn bfu
blvg;Sg ;do xf . sdn kl;g, afRgsf nflu
kl;g ;a3ifsf lfdtf rflxG5 . xf ;a3if egkl5
;q / lgodx; eflrg ;S5 . sdsf ;fy lha;fn
;vsf : jfb / z/L/n cfbGb vfh5 . ;jn ;v
kfbpgg, s; sf bV csfsf ;v aGg g xf . bV
t kft0tnfn kfp5 . l;bfun kft0tnfx;nf0
sx;f Gof0 u/sf 5 / < kft0tnfx; sdnf0 g
hl;g ;DeG5g, sd gu/L sx;f a: g ;S5g / ol
kft0tnfx; < t/ kft0bftfnf / l;bfusf krf;nf
k/flsbf 5 . sd ugx; cGof0 ;xG5g, l;bfu
rflx zIQ;df afleG5 .

;od tfltb uPkI5 kn kl;g dGbd'sfgdf
/xbg, kq;ss aG5, dgf-kfnjfx; 3fd;u
nflG5g, r/fr?a;ulx; r8lsnf ult
upg yfN5g . lx;f; kft0lx; vfgfsf
lzsf/df nldsb 5g . jftfj/of tftg'egsf
kl/>d ug'xf, kl;gf rxfpg'xf . pAhfpg'xf .
tftf alhf^s/0fsf zIQ; xf . kl;j jbgf lng
;do xf . kl;j kl8f kl;g l;hgfsf nflu xf .
To; n dWofXg dg kl;lnP/ dfq /ldbg, z/L/
tftgk5 eGdf ;tt 5 . e0df kpf;lrt kfgL
kgllcfsfzlt/ jfikls/0fdf kl;lnG5g, whs0f
/ jfiksf ;dfud, ;a3if ;Gthgn hldgt/
j0l;G5g, h;/L z/L/af6 kl;gf rlxg u5 .
ca laxfgdf hl;GdPsf hl;g dWofXgdf jo:s
aGof . kl;jf/ 5, kl/>d ugk^of, kl;:kwf
rflxof, df0fnf0 ;a3ifn cft lbgk^of . t/fd/f
cf^gf-k/fo, df0f-;Deftf, ;slt-l;sltdf
hl;jgn dWofXg kfPsf 5, kl;kSj tf kfPsf 5 .
dWofXg krf;f df0fdf /dfpbg . ;a3ifdf dflnb
5 hl;g, ;f3l/b 5 hl;g, t/ of ;Rrf0 hl;jgn
sx;f a%of / <

dWofXgn g/fdf u%of dfq eg/ nf-5gf
ugxbg . hl;g cfwf dnfd;f kl;bf ;Lk / ;fdYo
pkofu u/, sd u/ pknIAw cfzIQ;df hfp,
lgisfd ga; eGg l;sf of . gAa l8u;sf piffn
l;w zIQ; lbP/ sddf ttfof . 5fofx; cfk;df

x/fpg' egst eþ / eflġtdf xf0g, sddf a9,
kl/>dn pJhfp egst xf. To;n dWofXg
cfn:osf lj/fw u5, ;v xf0g ;d4sf
nflu cfqfds aġ5. ;^a3if laxfgn egh:tf
zflġtk0f 5g. dgel/ Hjf/ef6f 5g, lbdudf
tkfġl pıxfkfx 5 / xft-kf0tfnfıxġ hđ/fPsf
5g. lgwf/blv kl;gf tlksPsf 5. kl;gfn
l;hgfnf0 l;~rg u5, / ;dfh / ;Eotfnf0
;d4 agfp5.

lbg 9INsg' pT;fx klg lgxl/g' xf. 58s
kb uPsf piffn klg 6f9af6 lbPsf ls/0f
pHofnf t 5 t/ Gofġf 5g. pT;fx / ;fdYoxġ
dw/f aġb 5g. dWofXgsf sdf0 l6kg ;fdYo eP
kġof. piff 6f9f kġbf xfjf dLRrP/ hLjg yrfġ
yfN5. lxdfn lrl;ġ5, cfsz afblnġ5.
slxn t cl;gf/ r6of^a aifp5. ; ;fgf l9Ssf
afbn klg yfSbf piffnf0 5fkġ-p3fg yfN5.
afbn piffis/0fn g hġdfPsf lyof. cfġg
;li6n klg cfkġdfly wfjf afnsf cfkġn x/sf
5. ;kintfd ffxjfxl ugıxġ ;^a3if / vbf0df
lg/klf 5g. cfkġn xSfPsf nfnjfnfxġ
cfġg ?lrdf nflu; s, dfġf plgxġ klg cfġg
laxġlaf6 cfġg ofqf z?df 5g. xfjfsf
erfSsf n j6j lfsf xfufıxġ oftpft kfg yfNof.
kġtlqnofılg, cfjfhılg j6j lfxġ ;^a3if
ug ;Sbgg, zflng ;x/ a:ġSf ljsNk 5g.
rvjf-rvjlxġ vfkf-v6Kjfn k;/ jft;No
cfltxsf 5g.

lbg 9INsg' hjfġl l/IQg' xf. ;dosf
hljġdf hjfġl ;fdYo eP/ cfpg u5. Toxl
eP/ cfPYof, lgdf0f / ljlġdf0fsf syf u/Yof.
phf8 pJhfp :ynn0 x/fe/f agfPYof t/ hfz
;lSP klg hljg afsl 5, rtġf / ljj s afsl
5. 0iof / pġdfb eig bfnodfg 5g, bfxġ ls6/
cSfxı; u// kıl/ dWofXg lkmTofpg vfH5.
;a ;frxġ ;Dej 5gg. ;frnf0 ;Dej
u/fpg ;fdYo xf tklg ;frdf p/flnġ5, dflnġ5,
eftfl/ġ5 / kıl/ Psk6 hljg / hjfġlsf
;ġthġdf tld;ġ5. lJznlift xġ5. laxġldf

:jR5tf / c~hfgkg x/fPsfdf lRġtf klg 5g <
t/ lRġtg u5-dn ceı ug'5. kl/jf/ 5, nfe /
nfn;f 5. nSdf/L ub ;do / piffn cıNofp5,
yrf5, prfn5, kufN5. oxl nSdf/L / ;dosf
k6fıfk;u hljg ;lsg;sl l3lRr/xsf 5.

;GWofdf kufsf ;don laxġlnf0 kOfTı
eln;Sof. tl;/ssf ofqfsf nfdnfdf
af6fxġ kıs/ xbg. rxlsnf laxġ dw/f ;feı
aġb 5. laxġgh:t lR;f 5, t/ p:t xf0g.
piffis/0f laxġ klg 5b lyof, pHofnf pT;fxldf
lyof, anSlsf piff cfkġ sdhf/ / ;fu/ kfssf
lrq aġb 5. laxġ kl6 lyof, clxn dl7f t/
cdt 5, g /fk 5 g tk g. zfof laxġblvsf
ofqfn xfnf, lzlyn / l;Qn 5. bVġdf
dfq /fdġ, cdt lRqxġ, bVġdf /fdġ xġ5g,
cy / cfzo h nufP lg ef. lk9L-afbnldf
cfkġnf0 ;dlıf ub a;sf ;doġkl hljg ug
g;ssf, ug gEofPsf, tġ 5fl8Psf s/fxġdf
lrdfl6Psf-6^alRPsf 5. laxġgh:tf tfhf /
dWofXgh:tf hfı;nf clg cfqfds 5g. a?
lj:dt xġ nfusf laxġblvsf dw/flRqxġ
:dltdf ptfg vfHb 5, rnlrqsf dfġ6fhh:t.
nfnfpb 5. lzlyn ;tsf a9f ;do ofxġġbf
a9L s ug ;sf; <

laxġ z? xf. kġos laxġ hljġsf tfhf
yfngl xf. dWofXg ;^a3ifdf kl/kSj aġ5 /
;GWofdf lzlyn / kġos lbg o;u/L ldld/;u
laxġ ġof hljg, egf tfhf yfnglsf nflu
lapeıġ5, dWofXġdf kf/v ub ;GWof h/f;Gwsf
;dlıffkl5 /ftdf lj>fd lnġ5.

Pp6f hljg xhf/f lbgst hljg eflb, :jfb
/ ;^a3if lnb ;do;u vN5 / klg hljġblv
c3fpg. hufblv hljg o;/L g laxġ;u
lapeıg / lġbf;u la;g vndf ġf6s ul/x5.
ġkYosf lġbz s sf xf slġ < sb lbg Toxl
lġdf hljġsf kb fflġlbġ5, To;sf ep;Dd
lng ;Sbg.

lflthdfu, z^avdn.

klxrfgd afFsf]5 aGblK/

■ gj/fh l/hfn



æx 5 xh/ x05 hfgf; , gxb s 5 /
To:tf < lxhf cfsfz afblnPsf
lyof t/ cfh 5of^au vhsf 5 .
of tkf0x0sf nflu ;Gb/ c j ;/ xf . 5taf6
rf/l/sf kl/bZo bVg ;ls05 . dhfn xgf;
g/E ;fdbflos dxfil/of xfd:6sf blK0bhl xf:b
eGgk05 . ;Ltf skfnlsf 6fpsf xNn05 .

5tdf plSng qid rN5 . krf6f lvRg sdf
cf/De x05 . xft t5f8-d5f8 ug yfN5g .
ISns, ISns, ISns, dfaf0n / Sofd/f krf6fdf
Jo:t x05g . cfvf pT;flxt a05g . xf;05g
/ /f;05g klg . ljr/f/wf/f h?Ss p75g . dg
pT;fxn 66g el/05 . v;L 5tf5Nn kflv05g .

P xf, /x/ klg uha uhasf x05g . 7Dofpg
ufxf . ;fy 56f; sxl 5g krf6fsf /x/, vDrb
vIDr0gg . t0ssf t0So u5g . htf hfp krf6f
lvr . h u/ krf6f lvr . h blvof krf6f lvr .
P afaf xf zfv klg slt e0of < lrgg uxf
5 . krf6fs nflu dfq xfdl ofqf ul//x5f ls
h:tf nfl5 .

dv vflnxfNg uxf, cK7/f / c; lhnf .
cfxf dg bVg / blvfpgx0 uf8f uf8fdf slt
xf slt el005g . obfsbf kl; a5df krf6f kf:6
u// /dfpgx0sf ;^aVof al9/xsf j tdfgd dn
klg sxl gegsf eP klg x0yof xfnfh:tf nfl5
slxnsfxl .

To;f t ;fylx0n klg cfvf tg e0bf
a9L sxl gu/sfn xg ;S5 d:t / cnd:t bj
5' . of efjn slxn stf k0ofp5 slxn stf .
kl5kl5 nflge0bf sxl ug ;ls/xsf 5g . h ug

xf ;don ul//x5 o;y d bwsf ;flfl la/fnf
e0bf a9L xg ;ls/xsf 5g .

a:g 7fpsf 6^auf ePkI5 3d3fdfs nflu
lg:ssf 5f xfdl t/ ;a ;u 5gf . sfxl 56sf
5f . sfxl kl5 kl5 lxl8/xsf 5f .

xg t P3f/ hgf 5f t/ ;asf ljr/f,
ljZjf; , c7f6, ;fr / lrgtgn ;dfg 0kdf sdf
ul//xsf 5g o;y Ps eP/ lx8g ;ssf 5gf .
cf-cf^gf ;7df t rk d rksf l:yldf 5f .

aGblK/ l, xh/ oltv/ d aGblK/df 5' . d
dfq xg, ;u ofqf ul//xsf xfdl 6fnl klg 5 .
kl/ xfdldfq sxf xf / < c0oqaf6 cfPsf ofql
klg 5g . st :jfut ;Tsf/ / st labf0 ug
tTk/ aGblK/ hDnfxft u// d:s7f0/xsf 5 .

xfdl d:sfgdf n7I7Psf 5f . e0gf; t
d:sfgdf gn7I7g sfxl xfnfg / < xfnfgh:tf
nflbg . tkf0 s e0gx05 yxf 5g, Tof tkf0sf
ljrf/, t/ dnf0 nfl5 cx sfxl s;n e0g ;Sbg .

/ft ;lsg ;lsg nflb 5 . ;^ast cfsfzn
ul//xsf :ki6 5 . cfvf kjl lflthdf 3knSs
kflvPsf 5g . p7fpg kpTg gePsf sxf xf / <
t/ rfx/ dfq gxg /x5 . To;n ;ls/xsf 5g .

6flNxPsf 5' . ljZjf; sf kvf/ldf x/fPsf
5' . xg t p7g gvfhf xg . g;skl5 sxl
nflbf /xg 5 e0of . To;n rNg' r6k6fpg' sxl
gu/L kjl lflth lrx0/x5' .

cfh ofqfsf t;f lbg . e/;Dd ;a hgf
3/ klu;S5f . cf-cf^gf nodf aflw05f .

lhčbul Pp6f no g xf . ;an To;df /xgk5 .
nx/fh:t hlngk5 . ačwgljgfsf hljgn
;xl af6f lnbg clg ;w 3d/dfq sxf kč5 / <
klbg .

xf, afRgsf nflu sxl g sxl t ugk5 .
cl8gk5 . /flsgk5 . dg ;gf0/x5 . d
;lg/x5' . xč5 xbg, yxf 5g . efjgf cl3cl3
/ dg ce cl3 ljr/0f ug vflh/x5 .

cfvlsf lh1f;fdf dg kč6fk6 pQ/
lbg yfN5 . u08sl kčzsf tgx' lhNnf xf
of . cfaV/gl, efg' ledfb, bj3f6, Jof;,
l3l/a, Doflb, Clif^a, zSnfu08sl / ačblk'
lhNnfleqs :yfqlō lgsfoxč xg . c, Itg
bz lgsfodlwo @)^* sf hgu0fgf cg';f/ oxf
@))!# dflg; a;faf; u5g . gkfnL, u?^a,
du/ / gjf/L oxfsf kčV efiif xg . ačblk'
ufpkflnsf !)@ ju ls=ld= lfqdf klNPsf 5 .

oxfsf 68lvnaf6 blvg kxf8L ejgf6
dgdfxs 5 . lxdz^avnfsfbZoxčn cfxnflbt
gagf0 5f8bgg . rf/l/ xl/ofnL, jgh^aun,
y0sf, r'r'f / rhLxč sDtf cfsifs 5gg .
le/fnf hldg, ufpa:tl, af/Lsf sfčnf, kf6f /
;sf ;anf0 cfvdf af; a;fpg vfH5 .

6f9f-6f9f blvg ;čb/ krf6xč, ljljw
cfsf/ kčf/sf 3/xč, rhL / y0sfxč, vfnf /
vfn;Lxč, cfsfzdf blvg sfnf afbn dgleq
t:j/ ag/ ;6Ss k:5g / n6Ss lgbfp5g . tl
bZoxčn n77 agsf cfvfnf0 kfvf nufpg
;ls/xf 5g . d xf/ :jlsfg afllo 5' .

c, ;fRr aflwotfsf cufl8 sfxl s;sf
sxl nfilb /xg5 .

cfxf l slt /df0nf ačblk', klxnf k6s
bvblv g dg kčlNnt agsf 5 . 5ftl 5tf5Nn
kflvg kflvg gvfhf xg . clnslt cK7f
k/s xf . p klsg dflg/xf lyPg . sl7g k/sf

lyof . zlst g kčzg ugkg l:ylt l;hgf xg
gvfhf xg .

gcfcf; dn sfdfg u/sf lyP t/ To;n
sfd ug ;sg .

æcdl/sdf cgzf;g / clwsf/ ;u;u
lx85g . Tof To; cdl/sf ePsf xgÆ
vd/fh kfV/n d's/fpb k;^au sf6ofpgč5 .
d Wofgkjs ;č5' . ;fylxč 6jfn ag/ pxfsf
cgxf/ xg yfNgč5 .

pxf sxl ;do cl3blv Toxl al;/xgēPsf
5 clnslt :jbz / clnslt k/bzsf s'fn
;Dfo kfp5g . ;xdl / ljdldf sxl 6fpsf
xNnč5g, sxl xNnbgg .

æ; ;f/nf0 h h:tf u/ klg cf^gf
hgtfnf0 ;v lbPsf 5Æ zLtn bf0 lx8bflx8b
6Ss cl8P/ ečgč5—

æTo; xf lgÆ l8NnL/fh cofn yčgč5 .

æaflx/ hlt;S cfnrgf u/ klg ;a
Toxf hfg dl/d65g Sof/Æ dlčb/f dw>L xf:b
yčgč5 .

k|tlqof glb0 lv:; xf:gč5 ;dL/ kflvg
/ j;čt l/hfn . ;fob ;čgdf g cfqčb nfil5
xfnf pxfxčnf0 . of d/f sf/f cgdfg dfq xf .

c c, To; xf, cfnrgfids k|tlqof
lbgč5 vfnf3/ ;f0nf .

;bg k8f;gl cfk xg w/ sfd u/sf
atfpgč5 .

Crf dxhg / l:dtf >i7 ;čgč5 dfq .
sxl afNgčg .

d 5Ss k5' . sxl ;fylxč lsg gafNg'
ePsf xfnf < dg ce vNbnč5 .

æxfdl xfdl xg g; s/ ljeflht 5f . sjn
csfsf s'f u// aflr/xf 5f . ;alt/af6 xlkg'

/ r l k g s f d n s f / o f o x l x f . c f k i n f 0 l r g k l 5
; d : o f s f ; d f w f g x 5 æ d k l g k l t l q o f l b 5 ' .

æ T o f t x f æ z l t n b f 0 x f : b 6 f p s f
x N n f p g x 5 .

æ d / f k l g ; x d l t 5 . d / d g s f s / f
u g e o f g j / f h h l , o x l s / f d k l g j i f f c l 3 b l v
p 7 f 0 / x 5 æ l 8 N n l / f h c o f n y k g x 5 .

æ c f h ; D d x f d l n u / s f c l w s f z a x f b / l
x f d f n f l u x g , c 2 s n f l u x b æ d l 7 a u p l e P /
e 5 ' . z l t n b f 0 x f : g x 5 . s x l ; f y l x 2 s f k l g
; f y k f p g x 5 .

d g s n a s l a f 6 a ; r 9 / l x 8 s f ; d o d f
k l 5 . o f q f : y n k f o p g l h d d j f / l s f w d f a f s /
k y j l / f h d f u s f g f l a ; - d l l n a v 0 8 d f s l b / x s f
u = ! = v (\$ #) g d a / s f a ; x f 6 n c u f l 8 6 s s
/ f l s P s f l y o f .

a : b f a : b f j f s s l b s s e P s f o f q ' r / f x 2 n
k v 6 f k l 6 k l 6 f P e l l h p , x f t / u f 8 f t g s s
t 6 s f p g a ; a f 6 t n e i g t / v / d f b l v 6 y .

r f n s 9 f s f v f n / c f l n P s f l y P .
; x r f n s u f 8 l s f r s s d f 6 s f / f v b c u f u s f
l ; ; f x t f / x t f / d f k 5 b æ n f n f u ? h l k l / l 9 n f
x f n f æ e 6 b x f 6 n k j z u g v f h b l y o f .

æ n f x h / n f , v f g f t f t f t f 5 . / f h s f
/ v f h s f b j v f g ; S g x 5 . x f d l o x f x 2 s f
; j f d f t D t o f / 5 f . z f r f n o x f 6 n l e q 5 æ
c f n f n 0 z f / f u b x f 6 n s 6 f k a t k a t f P s f l y o f .

æ d t s / / a l : b g x , l 5 6 f l 5 6 f u g x f n f l g æ
r f n s n o f l t / k s / c l n s l t e o k f v s f l y P .

s l t k o o f q ' 6 f l N n b l y P . s x l c n d n d f
l y P . s f x l s u g / s g u g s f d g l : y l t d f l y P .

æ n f x h / l 5 6 f u g x f n f , u ? h l n e l g ; S g '
e P s f 5 æ x f 6 n s 6 f n k j : d l t u / f P s f l y o f .

l r t j g l h N n f s f 0 R 5 f s f d g f u f p k l n s f
l e q s f r l D n a 6 f / / x 5 T o f 7 f p . l a : t f / e f s f x 2
x f 6 n l e q l 5 g q i d r n s f l y o f . l a x f g b l v ; u
o f q f u l / / x g e P s f ; f y l x 2 p x f x 2 n f 0 c g s / o f
l y P .

d x f 6 n a f l x / s f v f n l 7 f p d f l 7 a u
p l e P s f l y P . c l n s l t z l t n e l 6 P s f n d g
9 S s l y o f . z l t n g e P k l g z / l / a f 6 v n v n l
k l ; g f a l u / x s f n d g c f n ; t f n ; l y o f .
/ f S g ; S g l f d t f g e P s f n s x l u g ; s s f
l y 0 g . x h / , h u g x f ; a p ; n u l / / x s f l y o f .

g l h s p l e P / s f q f a l r / x s l d l x n f n f 0
E o f 0 g E o f 0 l y o f . d , d , / d n f 0 , d n f 0 e 6 g x 2 s f
n f d n f d f l y o f . s l t k o k f n f s l / / x s f l y P .
j l / k l / s f q f a R g x 2 c 6 o s f x l l y P g g . P S n
e P s l n x g k 5 , A o : t b l v l 6 y g . x f d l x t f / f d f
e P k l g p g n f 0 T o : t f l y P g .

d n v f g f v f P / c f P s f l y P . x f 6 n
l 5 g l y P g . d g 9 S s l y o f . ; f y l x 2 x f 6 n l e q
l 5 g q i d r l n / x b f d x f 6 n s / ; f d f / x s f ; g f
k f y f d g l z l t n v f h b l y P . d g d f x i j f s f c f z
l y o f l s g l s T o x f s x l d f l g ; k l x N o b l v T o x f
a l ; / x s f l y P .

æ d n k l g v f P / c f P s f x ' l g , æ l 8 N n l / f h
c o f n n e 6 g e P s f l y o f .

æ P P æ d n k l g 6 f p s f x N n f P s f l y P .

æ b l g s 5 ; f t x h f / h l t a R 5 ' . ; f p s 6 f P /
t l g x h f / h l t g f k l f x 5 . u h f / f r n s f 5 .
5 f / f 5 f / l x 2 k 9 f P s l 5 ' . a f l x / a f 6 > l d f g
a f n f P . o x l s f d u / s t h f g k b g . p l T o t f
x g ' ; t k f l / a f 6 c f P s f x 2 æ r g f r 6 k 6 a l r / x s f
b 0 J o l S t l t / ; a s t u b p g n e g s l l y 0 g .

l b g s f a f x j a h b l y o f . w k S s a n s f l y o f
j f t f j / o f . ; 8 s d f a 6 j f s f l x 8 8 h k f t n f

lyof . pkl:yt ;a a6jf l;ofnsf vfhldf
lyP . xf6n vrfvr lyof . c6o uf8lxz klg
cfP/ wdfwd /flsb lyP . o; sf/Of a:g 7fpsf
cefj :ki6 bVg ;lsGyof .

jI/kI/ c6o xf6n gePsf n vfgf
vfgxZsf Tof Pp6fdq ljsNk lyof .
ofqxZ Toxf hfg afWo lyP . of lgolt xfdln
jiffjifblv eflu/xf5 . ;jf/L ;fwg / xf6n
;~rfnssf ldnfdtdf ul/g o:tf sfdsf
kpfjsf/L cgludg xg ;ls/xf5 5g .

/fhdfu klg vfnl lyPg . uf8l ul8/xf5
lyP . To;nf0 afxlahsf /fk / tfkn clnsit
klg 5fPsf lyPg . tl lgjfw lx8/xf5 lyP .
afwf Jojwfg lyPg . ul8/xg5f cy cj/fw
5g e6g x65 . dn s'f To;u/L a6isf lyP .
cZn klg oxL ale/xf5 xfnfg d/f cgdffg
lyof .

@)&(;fn jzfv @ ut, cyft dlxgfsf
klxnf zlga/. ;lf kbtfqsf %*cf
z'avnf . xfdl zlt n lu/L, l8NnL/fh cofn,
gj/fh l/hfn, j;Gt l/hfn, vd/fh kfv/n,
vfnf3/ ;flxnf, ;dg k8f;gl, ;d/ kflvq,
dl6b/f dw>L, Crf dxhg / l:dtf >i7 ;ldlnt
!! hgfsf 6fnl ofqdf lg:ssf lyof .

6fnl 7nf xg s'f ugxcYof zlt n bf0 .
hfg ;ast u/sfxZsf w/ gfd ;bpg' klg
ePsf lyof . ;fRr xfnf nfusf klg lyof .
t/ sn^asldf e6kl5 yxf eof, 6fnl t ;fgf
ag5 . cyft gdf^asg ugxcZdWosf ;fyllxZn
gfd lkntf lngbP5 .

sn^asldf a; sxf kf065 < jfl/ ls
kfl/ < rfsd pleP/ ts / ljs u/sf lyof .
xfdf cgfjZos ts a6jfxZn lgllZNs >jof
u/sf lyP . ofqf yfNg sxl l9nf0 ePsf lyof .
uf8ldf a;kl5 of dxz'; u/sf lyof . xfdl

;dfwge6bf ;d:of l;hgdf cufl8 5f . dn
d/f dgsf sfqdf v';Ss egfs lyP .

xf6ndf e68 cfwf 306fsf lj>fdkl5
uf8ln ult lnPsf lyof . ;fyllxZ kll/ efiff-
;flxTo / ;:sltsf ljifodf kljz ugePsf
lyof . tsxZ cf-cf^gf lyP . ljr/f/xZ lghl
lyP . wf/Off JoIStut lyP . dNo-df6otfsf
klfxZ lyP . cfvf-cfvfsf x/f0 lyP .
cleJoISt :jt6qtfsf kf6fxZ lyP .

ænf cf0klof bdfnlæ ;xrfnssf
;astkl5 3ofRr a; /flsPsf lyof . cf-
cf^gf l;6af6 ei/sf lyof . sxl r9sf lyP .
p;nf0 kfv/f klg' lyof . af6f nfusf lyof .
klg rfxgn a;/ xbg . lx8/xgk5 . To;n
xfnf p lx8/xf5 lyof . xfdlnf0 klg klg'lyof,
xfdl klg lx8sf lyof .

bdfnl n :jfut u/sf lyof . ;Grf
lj;Grfsf ;fwvf kZrft enfs';f/L u/sf
lyof . cfdlotf / ;xefj ukOf u/sf lyof .
dg a6fPsf lyof . pI;flxt agsf lyof .
;xl/of cfltYo c:jlsfb Jof;ukrfd a;s
lyof . vfgkfgsf hxf klg p;n u/sf lyof .
ukr k9fPsf lyof . xfdl stsTo agsf lyof .

jfl/sf Jof;ukr n kfl/sf k/fz/
cf>d;Dd klg af6f bvfPsf lyof . ;ast
cftd;ft u/sf lyof . lgll;6bx dfl / ;tl gbl
bfeqdf cjl:yt tl cf>dxZn bdfnl sf
zfef a9fPsf lyP . ahf/ cf;kf;sf dflg;sf
/fd|cfj thfj t xbf /x5 . pkl:yln a%g ;xh
agf0/xf5 lyof .

bze/ Psk6s ul/g to ePsf :yfglo
txsf lgjfrgsf k;^aun dg dl:tisdf /fdl
:yfg kfPsf lyP . xfdl gkfnlsf /fhgllts
bn / tlk|tsf en'sfn ceI a; /L sfd u/sf
lyof . xfQL cfof xfQL cfof kr';f of s'f

hföbhföb klq xfdleq asdfsf blvg nufjn
gtf cfslift ul//xsf lyof .

xkSs tftsf lyof aflx/L jftfj/Of .
cf>d ;/fk/fdf l7^{au} plePsf clnf 8f8fn
ol b'j :ynsf lg/t/ /vjf/L ul//xsf lyP .
pglxçsf ;befjdf tl ;/lft lyP . dofbdf
/xg / glts cgzf;g sfod ug tl af/Daf/
cfnf 78of0/xsf lyP .

xf t, jiffjifblv dfbl / ; tl alu/xsf lyP .
k6Ss yfssf lyPgg . cf/fd u/sf lyPgg .
lg/t/ lg/t/ lx18/xsf lyP . sxf klnfg, s
s xfnfg p2Zo < dgdf kçg lyP . Tof klq Ps,
b0, tlg xg, cgs lyP . dg pQ/ vfhg u0/xsf
lyPg . tl cf^g dhldf lyP . a9sf / lx8sf
lyP . s;sf cfbz kfngf ught/ nflu/xsf
lyPgg .

xh/ Jof; Clif s, ;DeigePg tkf0n <
si0fåkfog Jof; . pgsf gdfsf Jof;
gu/kflnsfleqsf Jof; cf>ddf af; a;sf
lyof . xg t of kjlgwfl/t sfoqid lyof . t/
dwo:ytf ul//xgePsf elgPsf ;fyl kfv/faf6
cl3Nnf lbg cf0klgePg . clnslt vNnf
dxz'; eof . cflv/ h h eP klq oyfy
5f8g ;Sg c j:yfdf xfdl k6Ss lyPg .

/ft l5lk0/xsf lyof . ckl/lrt
r/fr?^{au} / hljhçtsf cfjfh sfqdf 7flsg
cf0kly . gblsf ;'fx6n s;sf lgöbdf
c j/fw kçofPsf lyPg . d/f cfvf j tdfg k9g
cEo:t lyP . d sNkgdf rhDd 8asf lyP .
ljrf/df x/fPsf lyP / c7f6df 5/k:6 agsf
lyP .

dn k9sf lyP— kjlo dfçotfdf @* cf
Jof; sf hçd e;ssf 5 . sxf eof, s;/L eof,
lsg eof < vfhsf ljifo xg ;S5 t/ olt jnf
vfhl d/f kf6f xg . d t s jn ofql x' . oxl
qiddf oxf cf0klusf x' . dgleq cgs ljrf/

pdßf 5g . ;fr p7g vflh/x klq ;ls/xsf
5g .

Jof; cf>dsf thgdf k/f;/ cf>d lgs
Jojl:yt /x5 . hf sfxln k/fz/ cf>dn w/sf
Wofg lvrsf ;xh cgdfg ug ;S5 . Jof;
cf>ddf klq sxl g sxl t c jZo ePsf 5g
t/ cfjZos dfqdf ePsf s;n dfçg ;Sbg .
of cgdfg xfdl ;an u/sf lyof . of ;j;Ddt
ljrf/ lyof .

;:stdf :gfts;Dd lzlf kçfg ubf /x5
k/f;/ cf>d . ol b'j cf>dxçsf sfd jf
xfrl c3nlsf lg/lif0f ;tl / dfbl ldn/ ubf
/x5g . tl b'jnf0 ;3fpbf /x5 lgdf0fwlg tgx
xf08f . sxl cl3 lgdf0f kf/De ul/Psf tgx'
xf08sf pTkfbg slxnbly xfnf x < hfçg dg
thalnPsf lyof .

bf;f lbg 5fAbljf/fxl -dT:o:df/s s08_
klusf lyof . jbjof;sf cg/fwdf xh/cfdf
cyft ;Tojtlsl cdfsf :df/s:jçk dlt
:yfkf ul/Psf /x5 . 8f8sf kfv/L, kfv/lel/
df5f, dflg;sf Tolt 7nf el8, el8sf kl5
cf:yf, >4f / ljZjf; o;n dg 6Dd el/Psf
lyof . xfdl / xdf kl/ro 5/k:6 açg vfhsf
lyof . dgnf0 aNnaNn /fssf lyP .

cfh tlgfbg ofqsf clçtd lbg . sf7df8f
;dod kçsg'5 . zlt n bf0sf ;^astn lgbf
vhsf 5 . xfdl Pp6 sf7df 5f t/ pxf ce
lgöbdf xgç5 cyft lapeig'ePsf 5g . dnf0
AobfpgPsf 5 . clxn ;vf/df dfq sxf
xg'< /flt klq w/k6s Tof sfd ugePsf 5 .

açblkçsf t:al/ d/f dgdf plxNo
lvlrPsf xf . yk|syf pksyfxç ;çsf x' .
ljrf/ / ljZjf; uçsf x' . o;n Oltxf;df s
uçof jf u/g, of d/f vfhlsl ljifo xg . d t s jn
o;n0 xg cfPsf Pp6f ofqldfq x' . cfP/ k9,
aèl, sxl g sxl l;s . oxl xf d/f pknAw klq .

xh/ o;n dfof ug kf l;sf of .
s;nf0 < tkf0sf klg xg ;S5 . ;anf0, d/f
pQ/ ;lhnf 5 . w/ aGblK/xGn aGblK/ 5f8 .
sxf sxf kl sxf sxf . t/ df of 5f8g ;sgg .
kP/ ;befj la;g ;sgg . jIQ ljsf;sf nflu
cgs 7fpxG kl t/ dgaf6 aGblK/ 6fxf xg
;sg . 5ftldf uf9f ag/ al;/Xof . xh/, dnf0
nfl5 oxL eP/ aGblK/ aGblK/ xg ;ssf xf .

;ft aHbf gaHb vfhf tof/ xG5 . blKGb
/ ;ltfhL 6Lsf;lxT vfbf cf9fP/ labf ug
tDtof/ eP/ a:gePsf 5 . xfdL bJy/Lsf xft
hfl8G5g . dgel/ aGblK/ afs/ kf0nf cufl8
a9fp5f . xfn;Ddsf cj:yf dNof^asg ubf
1ft xG5 ;fRr klxrfgd afrsf /x5 aGblK/ .

æbfh'aGblK/af6 ljdngu/;Dd t lx8gk5
xÆ dn ofqf yfNgcl3 g zLtn bf0nf0 sah
u/fPsf lyP . klxnf clnslt cGfsfgl u/
klg kl5 ;xdT aGgePsf lyof, cyft 6fPsf
xNnfpg'ePsf lyof . To;n ToxL af6f l; kfxL
e; f% ofp5f .

af6f lx8gs nflu agf0G5 s;sf b0dt
xg ;Sbg t/ hlJg;u af6fn klg Gk kl/jtg
ul//xsF xG5 . oltdfq xg ;w ul//xG5 of xf .
;j ;fwf/Of w/n of af6f lx8 / ce lxl8/xsf
5g . ljutdf cgsf /fhf dx/fhfxGn of af6f
lx8gg, xf of eGg ;lsGg . tTsfnlG /fhf
dxGbH klg ToF lx8sf lyP .

af6f lx8sf dfq lyPgg, slj tf klg nvsf
lyP . sljtfsf zLifs lyof aGblK/ psfnL .
dn klg k9sf lyP . To;f t pgsf cG0 sljtf
klg k9sf 5' . dn pgsf kft ;a /rgf lJgf
kjfuX oyf;Dej k9sf 5' .

lxhfsf Tolt Jo:t of af6f cfh vf;
lxl8bg . ;8s la:tf/ ePsf 5 . dflg;sf
Glr kl/Psf 5g . znl / lJZjf;n lg/Gt/ sfd

u/sf 5g . sfdn dflg;nf0 af6f bfvfPsf 5 .
blvPsf af6faf6 lx8gxG uGtJodf klusf kl0
5g . gbVgxG dhn cndlnPsf 5g dfq xg,
ljnvaGbdF klg k/sf 5g .

cf/fnf nflg 7fp vflh/xbf af6df
lgdf0ffwlg xf6n-Sjlg6fj/_sf lhDdjf/ JolSt
/fhLj yfkf;u hDsf6 xG5 . pgsf cfuXnf0
6fg ;Sbgf . sftS aG5 . o;n kl5kl5
nfl5f . ;dL/hL 56gxG5 . pxfleq klg 6fj/ xg
/x/ lyof . 56geof . ljsNk geP klg clnslt
gdHhf nfl0f .

bz /fkgl lfqknleq klnP/ aGg xf6n /
sjnsf/ lJifodf ykfhlN ;gP . Wofg lbP/
;Gof . oxf cfpG 8dPsf 7nf 9^aufaf6 ;ft
ldg6 nflbf /x5 . nDaf0 !&)) ld6/ hfgsf/L
lbP . hDdf ;fxtn pSt ejgsf rfw tnfdF
xf6n ;~rfng xg /x5 . *! sf7 xf6nleq
;ft lsl;dsf sf7fxG /xg klg ;gP .

af6df xfdLxG alr dfwj l3ld/sf /rgfsf
lJljw klfdF s/fsgl eP . ts cfP . lJrf/
cfP . ;fr cfP . lrGtg cfP . sfeGbF sf
sd < s;sf dt kl5 k/g . af6fel/ ;jfnhjfk
rlN/Xof . o:tf tsLjtsn cf/fnf eig cToGt
;xh agfP .

æljutblv jtdfg;Dd s;sf /rgfn w/
gkfn/gkfnlafssf5g <Æl8NnL/fh cofnsf
kfgn sltko ;fylvG e;Ss e:sgeof .

s;n s;sf t s;n s;sf gfd lngeof .

bjsf6f, efgeSt, dftL/fd, kfl/hft,
nvgyf, ;d o:tf gfdxG qidzll cf0/x .

To;f t ToF lh1f;f dleq klg 5 .
clwsfz ;xofqlxGsf gh/ k9g vfhl . ;Dej
ePg t/ ToF sfd 5f8g dg nfug o;y lg/Gt/tf
lb0/x .

æd/f l j r f/ d f To: t f Jo l St / f i 6 s l j d f w j
l 3 l d/ x b Æ l 8 N n l/ f h c o f n n g d v v f N g e o f .

æ x f Æ j ; ð t l / h f n n u f o t w / 6 f p s f
P s ; f y x l N n P .

æ d / f l j r f / k l g T o x l x f , d n ; f y l x ç l t /
c f v f n u f p b e g .

x f d l c f / f n f a f 6 f l x l 8 / x s f 5 f t / ; a s f
d v r l n / x 5 g . c f - c f ^ g f t s 5 g . s f x l S o
t s f x l S o e l g / x 5 f . s ; s f l j r f / k l t a 0 w d f
5 g g .

a f 6 f d f s f x l k b o f q l e l 6 b g g . p l x n
p l x n l x 8 b f w S s f w S s l x 0 y o f x f n f , t / c f h
a f 6 f ; g ; f g 5 .

T o l t j n f s f J o : t a f 6 f c f h c g s 0 6 f /
a g s f 5 .

æ ; d o ; d o s f s / f , ; d o ; d o s f ; T o ,
; d o ; d o s f o y f y Æ c f k l c f k l n f 0 ; g f p 5 ' .

æ n f c f o f l ; 4 u k r f Æ j ; ð t l / h f n ; a s t
u g x 0 5 .

æ c f ^ g f j f r f k / f x b d f l g ; b z g s f
n f l u c f p 5 g x f n f l o ; n g f d l ; 4 u k r f / x s f
x b ; S 5 Æ v f n f 3 / ; f l x n f d v v f N g x 0 5 .

p x f s f e g f 0 d f ; d l / k f l v g 6 f p s f d H h n
x N n 0 5 .

x f d l c e l t n e l 5 f . c f x f n f e r g b f q
x f x f d f s f d . x f d l ; a e 0 b f c u f l 8 5 f . s x l
; f y l k 5 f l 8 x b x 0 5 . l ; 4 u k r f s x f l g / k 5 x <
e 0 b p s f n f r 9 b u / s f P s b 0 d f l g ; a f 6 f d f
k 6 s k 6 s e l 6 0 5 g .

a f 6 f p s f n f d f q x g , c k 7 / f / 7 f 8 f k l g
5 . 7 f p 7 f p d f ; d f p g a f / g e P s f x g g 5 g ,
t y f l k a f 6 f c ; l h n 5 .

a 0 b l k / b l v g l g / 0 t / c f / f n f e l l / x s f
5 f . c f n g u f x f t 5 g t / ; l h n f k l g 5 g .

t n l t / a f 6 l ; 4 u k r f c f p g n f u s f x ç n f 0 e g
s l 7 g k / s f ; x h b v g ; l s 0 5 .

c f v f u k r f l t / k l g g ; f l e 0 5 f 8 b g g .

u k r f g l h s k f g l s f w f / f 5 . k f g l v f p /
; ^ t f p g a : 5 f P s l 5 g . 3 f d s f t f k c ; f l w o
a l 9 / 5 . k 6 s f t f k n k l g s 0 t l b l v l b P s f 5 g .
o f d x z ^ ; w / n f 0 e 0 / x 5 t / s u g ^ c x s f x l s ; s f
k l g d v v N g ; l s / x s f 5 g . c ç n e l g l b p g
; f o b ; a s f d g ; j f T o x l x b ; S 5 .

8 f 8 f d f 5 f x f d l . t n n d t 0 g k / / k ; f l / P s f
5 k y j l / f h d f u . p ; s f 9 f 8 d f l y a f 6 u f 8 l x ç
u l 8 / x s f 5 g . d f l g ; u 0 t J o ; f l o f 0 / x 5 g .
6 f / s f a : t l x ç P s t d f ; s f 5 g . P s f l t /
c f n f s f l t / l d / / c s f l t / t f t f c n s q f s f
/ f k n a 6 j f x ç c ; x h a l g / x s f b v g ; l s 0 5 .

l ; 4 u k r f s f b z g k l 5 j ; ð t l / h f n ,
v f n f 3 / ; f l x n f , ; b g k 8 f ; g l / d / f s f w d f
l j d n g u / k l u / e f t e f 0 5 f s f h x f u g l h d d j f / l
c f p 5 . x f d l : j l s f / u 5 f / l 5 6 f l 5 6 f c f / f n f
e r g y f n 5 f .

æ ; f R r a 0 b l k / p s f n f l x 8 g s l 7 g 5 Æ
x f d l l g ^ s f r e l g / x s f 5 f .

e 0 g ; l s 0 5 T o ; n e l g / x s f 5 f . c f h
l j s N k 5 o x l e p / e 0 g ; l h n f e P s f x f t / l x h f
l j s N k l y P g e 0 g c f w f / k l g l y P g . o f e u d f h f g
; a o x l a f 6 f k p f u u y . a 0 b l k / / c e l k / k / ; D d
r f x g h f ; S n T o l t v / o x l a f 6 f k p f u u / .

a 0 b l k / n f 0 a 0 b l k / a g f p g a 0 b l k / s f
d x E j k 0 f o f u b f g 5 o ; y a 0 b l k / n a 0 b l k / n f 0
s l x N o e N g x b g . e N g r i 6 f u g ^ e g s f o f k l t
s t E g a 0 g ^ x f . o f d f 6 f n f 0 e N g ^ c f k l n f 0
e N g ^ ; / x x f . p ; n o f u N t l u b u b g , d d g n f 0
y d y 0 o f p 5 ' .

d / f d g l j u t d f k l 5 . c f v f / : d l t d f T o x l
s l j t f c f p 5 . o f s l j t f a 0 b l k / p s f n f r 9 k l 5

tTsfnlq /fhf dxGbh nvsf lyP . oltv/ ToF
d/f xftdf ToF slj tf 5 . o; nf0 dn ; flxTosf/
l8Nnl/fd ld>af6 kfkt u/sf x'.

aGblk/ psfnl nfd, d:of^{abl} 8^{afn} t//
jgg 9fs/ kNg nfnkt ehsf bv/
sf0nlsf ksf/ ;fy===/fglr/L e?? p8/
dgdg ;Deif0 lxpnl klq rL;f atf; 5// .

xl/0fsf e 7nf cfvf ufhnH sgdf sf//
ldngsf dw/ jnf ;kgldf cfpq sNk/ .

lbge/L psfnl pSnl kll/ cfnL cf/fnl e//
vfnfvfn lx8/ slxn xft eif/L kl;gf k5/
klknsf rftf/fdfl e; sf0 Gofpnl afn/
dl7f kl7f hf ldNof vf0 lbn vfnL senf kfn/ .

x/fe/f blvg ; f/f gbl gfnf kjt ;dy/
lxpbd j ;Gt kf/L xf;L gfr5g, vs/L le//
u08slsf /d0f0 5fn ;fy tfn dfbn'7fs/
uf0gn dfon'ult e/L up5g ;f^aul /6/ .

8f8f dfl y rGbf leq klq ltdl lgofnl ;De/
;fe kof af; x a:of lhGbulsf ToF lbg 5f8/
kpltn /rsf /dleid kf/L kof wgn e//
kYjldf agsf :ju xf eg nf 5 x/ x gkfn .

xl/0fsf e 7nf cfvf ufhnH sgdf sf//,
ldngsf dw/ anf ;kgldf cfpq sNk/ .

:jflcdfg a:tl, af/f

bz\$

■ dSGb Gofkfg]



d/f cf/fWobj
kzklt dfg 5g,
0Zj/sf gfpdf aXdn6 e0/x5
khf/Laf6 x65
kfv08L Jojxf/
hGd / dToSf af6f eNb
clglZrt eljiosf c1fgtfn
lgbfif ;fgfxznf0 ePsf Hofbtl
knn / kf fbsf nflu
df65n df65nf0
ebefj u/sf bVbf
xfdl bzS s g ug ;S5f
of sln xf
;fob a%g vflhbg klq .

nflhdkf6 .

bflotj sf ;DkOf{c^asx; xg{rfxg}zn]lgDg jP;f06 vfhL
nfe p7fpg ;Sgxg5 .

Website: www.nepalipublisher.com

<http://nepalipublisher.com/downloads-dayitwa>

www.dayitwa.org.np

kl/jtg

■ szj/fh kGt



rsf : j/df eGg ul/G5
 bzdf 7nf kl/jtg ePsf 5
 khftGq cfof, nfstGq cfof
 clxn t u0ftGq cf0; ssf 5 .
 t/ yxf 5g sx s kl/jtg eof <
 kl/jtg t bzdf blvgkg xf
 ljsf; lgd0fdf xgkg xf
 hgtfsf cgxf/df blvgkg xf .
 wgl u/laalr eigeig vf8n a9bf 5
 u/lax; d/sf d/ 5g
 bnfn, 3/flgof / klhklt a9sf a9 5g
 Kff6Lsf ; lldt gtdf dfq kl/jtg cfPsf 5
 ; j ; fwf/0f hgtfsf blv kl8f
 /, syfJoyfx; h:tfst t:t 5g
 hljg:t/ eigeig lubf 5
 o'jfx; a/fhuf/ xb 5g
 56k6f0/xsf 5g, dl//xsf 5g
 ; /sf/sf Wofg 5g
 ; gjf0 5g /, df5sf dxTj 5g .
 dg dl//x5g, r9g dfly rl9/x5g
 df5sf /ut kl; gdf xfnl vln/x5g
 el6frf/ vhdvhf 5
 Pg, sfgg sfuhdf dfq ; lldt 5
 Jojxf/df blvbg
 ; fgfnf0 Pg, 7nfnf0 rg
 lbg b0ubf /ft rfufg
 c jw w6bf, c jw sdf0
 7nf7nf el6frf/
 sf/afxl 5g, b08 hl/jfgf 5g
 hlt 5g gtf el6frf/L / sfnfahf/L,

cfInzfg dxn, l jnf; L uf8L
 nGr, l8g/, tf/ xf6n .
 ?3fvfsl nfilof ; ft ; dbkfl/
 l jnf; L hljgofkg, ; vL, v'; L / d:t
 xf, ltglx; nf0 kl/jtg cfPsf 5
 nfstGq, u0ftGq ; a cfPsf 5 .
 rfn'7nf7nf pBfu, sf/vfgfx;
 sf8Lsf dNodf alrP
 ePsf pBfux; klg a6b 5g
 a/fhuf/L a9bf 5
 o'jfx; ufpa6 zx/ xb labl; g aflw 5g
 pj/ hlufhldg aflePsf 5g
 lgoft 36bf 5, cfoft a9bf 5
 k/lge/tf lbgfblbg cfsfl; bf 5
 el6frf/, clgoldttf
 xTof, lx; f, anftsf/ / dxul
 gftfjfb, skfjfb, kl/jf/jfb xjl ePsf 5 .
 /fhgllt, kb, k; f / zIQdf ; lldt 5
 /fli6otf, bzelQ / : jfwlgtfdf vna8 5
 ljbzl ; fd'lg/Lx 5, ndk; f/ 5
 ljbzl cltqld0f / x:tlfkklt afNbg
 bz / hgtfsf lxtelbf
 ljbzlsf : jfy / lxt cgSh sfdu5 .
 k/Dk/fut wd, ; : slt / ; : sf/ dl6b 5
 hflttut ; lxi0ftf / ; befje6bf
 cfk; L a6a / aif a9f0b 5
 o:tf kl/jtg, kl/jtg xg ; Qig
 JolQ kfl; g / /fi6 zfl; g kl/jg
 oyfydf kl/jtg xg ; Qig .

;dfnf]gf

‘hljgsf ljljw cfofd’ kltsf bl6sf0fxč

■ kf: slkn c1ft



ev/?s'sfslsf hljgsf ljljw cfofd
-lgaŭ; auk, @)&(_ xft k#of .pgsf
;flxTokltsf pbf/tf; befj; xefj;
lgi7f, pT; fx / hfuf/af6 kpflij t gxg sf xfnf <
hlt pgl nlv5g; flxltos kf7s; u Toť kluf;
eġg Woo; dt oyf; do rltfy xb uPsf tYo
ljrf/z^avnfn g; fljt ub5 .pgsf vfl/Psf
cġej, dflePsf efiff / lgaŭwnln klg
dh: tf kf7snf0 k9g kl/t ub5g .

;ntfd ;ġb/tf lbg; Sg'pgsf galŭws
znlsf ljziftf xf; fy pgn cġgf lgaŭwdf
cġgf kplť / kpf; ptf/sl5g .oxl ljziftfn
pgsf lgaŭw kf7sxčalr clws lkp xg kluf
5g .pgsf lgaŭwdf g sg bDe bVg; lsġ5 g
cf8Da/, sg; jfysf uŭw kfP/ nlvPsf pgsf
lgaŭw 5g, cġg cftx, g/fzo / 56k6lnf0
zfġť kfg pgl l; hgnfsdf kljz ul5g .nvgdf
o; lsl; dsf Odfgbfl/tfn pgsf lgaŭw clws
?lrs/ aġg kluf 5g .

o; sltleq c7f/j6f dhagxč 5g .
cġgf cġejnf0 l:y/, uDeL/ eP/ cġg
efiffznldf ldlxgtkjs agsf eġg cydf
dhag elgPsf xf oBlk dhag eġg'klg lgaŭw
g xf .lxġbl zAbaf6 cfoflťť o; dhag zAbn
pgsf kljIQ ce: ki6 xfnf eġg p2Zon o;
zAbsf kpfu ul/Psf xf .dhagdf klťef; lk
/ hfuf/sf; dġjog xġ5, Toxf axlsg / a/flng
l:ylť xbg .clws efjstf / snkgf tyf
ljrf/sf pxfkfxn klg kljz kfpbg eġg nfi5 .
c7f/ lgaŭw g c7f/ yl/ ljifodf cfwfl/t

5g cyft ljljwtnf0 ;d6/ Ps cfoflds
:jčkdf 9flnPsf 5 . st yxf Irġtg 5, st
5fpk8lsf kl8f jl0ft 5g, st ljebsf pTvgg
5 . st o4sfnlġ cġtkl8f 5g, st ;:sf/sf
klťlt 5, st jblzs /fhuf/Lsf kl8f t st
ofglx;f, gf/Lkl8f / gf/L cl:dtfsf pbafwg
5 . ol; a hljgsf ljljw cfoflds kpf/ xg .
log tYonf0 Wofgdf /fv/ sltsf zlifs g -
hljgsf ljljw cfofd /flvg';fys xg kluf
blvġ5 .

āġāsfnlġ kl/jzsf ultljw xfdln
efus oyfy xg . xdf; fef cġejnf0 ?sh
cġgf zAblrqdf lgs ;ġb/ 9^aun ptf/sl
5g . cġg df0tl-dfjnl klg ;b/sf k/bz
uPh:tf nfiġ ltQtfnf0 s;n kf la;g ;Snf
/ l lbg lbg /fhglts tġfj, dTo' / anfiťf/sf
;dfrf/n s;sf dg glayflnPsf xfnf / l
bzgsf ljifo hl6n xġ5 t/ nlvsf ?sh
hljg / dToťf af/df ;/n / ;Dklo efiffdf
;xh tl/sfn cġgf wf/Off klťť u/sl 5g .
a4bzig, ufŭwlbzig / ultfbzgaf6 clws
kpflijť pgsf ljrf/ ;juřXočkn klťť
ePsf blvġ5g . tl slť dġġlo 5g < ;To jf
cWofťdsf klfdp pgn u/sf ;fxl; s lg/Lf0f
lgs pihf kpfos dfġg ;lsġ5 . hljg hxfaf6
cfoť Toxl hfg wř; To xf / of ;j:jlso
;Tonf0 pgn lgwss;u klťť u/sl 5g . pgn
hljgklť clws dfx /fvsl 5g, g dToklť
8/ l pgsf of klľřť hljgafwsf lgldť lgs
kř0ffbf0l 5 . hljg bzig / Jofjxfl/s 1fgsf

cdNo cgej/flzn pgsf slt lgs k7glo
aGg klusf 5g .

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;flxTos nvqdf pT;flxt e0/xg pgsf
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lgsf dfG'/ cf^gf :jefj / ;frnf0 l;hgdf
lg/Gt/ ptfb hfgh pgdf lgVv/kg al4 xb
u0 cgeltdf ltVv/tf cfpG yfnsf kfG5 .
l;hgfsf lglDt ;4flGts 1fg slt g k9g k5 /
hljghut /fd/L k9b-a%b / nVb uPKl5 cf^g
Ps lxdfn cf/fxOf xg klbf /x5 . ol o; klqiof
/ :jGksl cgkd bi6Gt aGg klusl blvG5g .
ljzift|| pgsf nvqdf gf/L cl:dtfsf pbafwg
tyf gf/Lkl8fsf lrqOf eP klg gkfnl ;dfhsf
ljljw klfnf0 klg pgn phfu/ ug klusl 5g .

hljgnf0 v';Lsf rqn ;flxTonf0
;~hljgl tyf k':tsnf0 1fgul/dfsf /df0nf
; ;f/ ;Deig pgl cf^gf pbf; lgtf, pTkl8g, cf;'
/ xf;fnf0 nvgsf ljfoj:t' agfP/ eflts
nfe-xflg sg-sxl gx/L dfgl;s ;Gtli6sf
lglDt kPltjzft lg/Gt/ nlv/xlG5g .k':ts;u
/dfpg, xf:g / k':tsnf0 g ;fyl agfpg pgsf
kljIQn pgsf nvqdf pihf ylk/xsf xG5 .
ult, sljtf, ;:d/Of, lgaGw / cfVofg tyf
l6kkoFl ;alt/ pgsf ?lr / lj:tf/ eP klg
ljzift|| lgaGwn g pgnf0 prf0df k'ofPsf
cgej xG5 .

j/klkn || cfnfk k9kl5 nfi5 - ?sh
a9ofnl ;flxTosf ;Gb/ bi6Gt kltt u/sl
5g . cf^gf klg pd/ 9Nskl5 lgaGwsf ;feif
cgejn rlst tNofof . znL kl/s eP klg
cflv/ efjljr/ Ps 5g . o;/L hljfgbjnf0
l;hgdf ptfG'g ;T;flxTosf clenIf0f xf .
slqdtf, efjStf jf sf/f sNkgfGbf o:t

cgejxG dd:kzL xG5g . cf^gf cgejnf0
;fdfGols/Of ul/Psf o:tf l;hgfk|t kf7ssf
?lr clws hfib5 . of a9ofnl rtgf hfultsf
;jfQd lgaGw xf .

JolQiTj lrqOfdf cfwfl/t zfwfTds nv
xf- gf/L cl:dtfsf pbafws ofudfof . pgl
gkfnl gf/LzlQ||sl cgkd pbfx/Of xg . of uDeL/
cWoog / zfwvfhsf pkh blvG5 . o;n
?sSf cWoogzLntf, dggzLntf, ;dlffrtsf
lrqOfsfzntfnf0 bzfp5 . of cGg lgaGweGbf
cklffst nfd eP klg ofudfofsf OlTjQnf0
Ps nvlgaGwdf ;d6/ Ps dlxdfzfnl gf/Lsf
cfWoflTds / ;fdflhs ;Tkpf;, ;^3if tyf
ljbjxnf0 :ki6;u lrqOf u// kf7s;dlf k|tt
ug' ?sSf nvglSf cbet ;fdYo xf eGg
blvG5 .

JolQiTj lrqOfdWos csf nv xf-
yxf lrgtgsf cleoGtf || GkrGb lji6 . o;
;:d/OfTds nvdf yxf bzgsf ljziftf
a%g ;lsG5 . o;af6 GkrGbPf JolQiTj dfq
xf0g yxf bzgsf ljziftf klg a%g ;lsG5 .
/fhglldf nfusfxG w/ hgdVL s/f u5g .
oyfydf hgdVL egsf s xf < cf^gf xs-
clwsf/sf lglDt cfk n8gk5 eGg rtgf
hfultsf lglDt klg of nv lgs dxEjkOf dfGg
;lsG5 .

lj=;=@)&@ jzfv !@ ut zlga/ lbgsf
!!||%^ ah cfPsf dxfesDk dxfljklQ aGg
klOf . ahpxG gAa ;fnsf ;Deigf u/fp5g .
kPltlj?4 u/sf ofhgf / ;/rgf g 3fts
ag . Hofltiflj1fg / kljlwn klg kQf nufpg
g;sssf dxfesDkn gkfnl hgdGf;nf0
g dxqf;blbf wslnlbof . o;/L ?sh ;an
axf/sf cgejnf0 Tof snf lbgsf gfd lbP/
;:d/OfTds;kdf lgaGwdf ptf/sl 5g .

jolQis cgejeGb ;feif cgejnf0 ;flxTos
/a u lbg ; s To ; n clws dxEj /fv g blvG5 .

x/ s ; sf nflu ; Gtfg / l ; hgf dxEjkOf
xG5g . lxBb ; : sf/df ; Gtfg clws lk p xG5g .
dftbjf ej m lktbjf ej m ? sSf ; : sf/ljifos
lgaGw xf . zlifsn g cdfnf0 wtl / lktfnf0
cfsfz ; u thgf u/sf 5g . cdfsf dxEjnf0
lnP/ ælk6 klg cfd hftl kfn klg 3fd hftlÆ
eGg gkfnl cxfvg g 5 . dftflktfsf dlxdf ufpg'
g o ; lgaGwsf kpfhg /xsf 5 . pgl cf^gf
stJo / bfloTj la ; g ; Gtfgnf0 o ; lgaGwaf6
; rt u/fpg kusl 5g . pvfgxGsf clwstd
kpfu u/ nlvPsf n lgaGwnf0 / frs / k/Offk p
tNofPsl 5g . lxBb ; : sf/df cfPsf lj rngklt
nlvsfdf hg rf ; f / IrGtf 5, To ; asf lglDt
; /sf/sf s/f xf . /fhuf/sf lglDt o'jfojtl
b'j ljbz knfog e0/xg l:yltn bz j4f>d
aGg kusf oyfytf oxf c^lst 5 .

gkfnsf ; b/klZrdl eudf 5fpk8L kyf
k/rngdf 5 hg cGwljZjf ; n hGdfPsf /
hfufPsf ; fdfhs skyf xf . of dlxfn
dlxgfj/L xg anf axfgkg lgs si6 /
kl8fsf cj:yf xf . 5fpk8L egf vhf
3fd ; dt l5g gkfpG Psnf ; uf7df Psn
a:gkbfsf lj8Dagfhgs l:ylt xf . To
blkyfn gkfnl dlxfnf0 slt xflg k%of0/xsf
5 . To ; sf dfls lrqOfdf of lgaGw algPsf
5 . of klg hgrtgfdns lgaGw xf .
; dfhdf h/f uf8/ /xsf o:tf skyf rfn/x
xdl wd ; : sf/sf cwfult xG5 . 5fpk8Lsf
cltl/Q m aw'jf, dnb/L, bf0hfh:tf skyfsf
cGTo geP ; Dd gkfnl ; dfh p7g ; Sbg eGg
nlvsfsf wf/Off 5 . gkfnl dlxfnsf hljg
kzSf eGb klg lgDg:t/sf tNofpg o:tf
cGwljZjf ; / skyfnf0 pgn lgaGwsf
dfWodaf6 lwSsfG kusl 5g . hftlo ljebsf

kl8foQ m cgeitnf0 nlvsfn ljebsf ed/Ldf
?dlNnPsf ; dfh gfdS lgaGwdf lrqOf ug
kusl 5g . Pg-sfgg g ljeboQ m /x To:tf sf
klg cGTo xgk5 eGb ; akPf/sf ljebo / kl8f
; dfkt kf/L ; fdfhs ; wf/ / ; dl4sf cklff
ub dfgj tfnf0 nlHht kfg x/lsl ; dsf ljebsf
cGTo xgkg wf/Off /fvsl 5g .

; Gb/ tl/sfaf6 efj kP6 ug ; flxTo
bkOf dfq xf0g bzg klg xf eGg ljrf/ kP6
u/sf kfG5— ; l6f, l ; hgf / dNof^sgdf ; l6f
kPltkPl xG5g . ; flxTosf/xG rtgfdns,
pkbzdns, ; Gbzdns jfofl lbgf lglDt
hlGdPsf xG5g . hljgdf Tofu, ; dkOf /
; jfdf ; dlkt xg JolQ m ; flxTosf/ blvG5g
t/ ; flxTosf/sf oyflrt ; Ddfg xg g ; ssf
oyfytf bzfpb pgn uxlsnf sltsf dNof^sg
xg g ; ssf wf/Off /fvsl 5g . l ; hgf sf lglDt
/df jftfj/Of klg xgk5 eGgdf pgf hf8
/xsf 5 .

bzsf dVo cflys ; ft clxn /ld6ofG ;
/xsf 5, To ; sf e/df bz rnsf 5 . bzleqsf
vtaf/L afeif kf// /fhuf/sf lglDt gkfnsf
nfvf o'jfojtl ljbz wf0/xsf 5g . o ; /L
ljbz nfigsf klg tlg tx blvG5g— pRrjusf
o/fk-cdl/sflt/, dWodjusf bj0-stf/lt/ /
lgDgjusf ef/tsf lbNnl-aDa0lt/ nflu/xsf
5g . bz larflnof / dflkofaf6 rnsf xbf
bz bzh:tf aGg ; ssf 5g . ljbzsf x:of^a-
k:of^a, x8a8L / bf8fbf8Ldf ; a xfdkrfNg
ljz 5g . xfd gkfnl dvdf df8 nflbg eGg
lrGtf 5 t/ bzleqsf pj/f df6f a-h/ agfP/
ljbz hfgs xf8 rln/xsf 5 . dxfn g To:t
agsf 5 . bvfl ; sln klg sof kll ; /xsf 5g .
of bz cJojl:ytGkn rNgS kl/Offd xf egl
a%g ufxj 5g . bzsf rf ; f / IrGtn pTk/t

/x/ nlvPsf of lgaŵ xf . bzs f ;fdlos
oyfytfnf0 o;n :ki6;u phfu/ u/sf 5 .

w/fkdf cl:dtf gfd s lgaŵn gf/Lcl:dtf
g w/fkdf k/sf pNnv u/sf 5 . o;df kf/flofs
kfqs ki7elddf gf/L / gf/Lcl:dtfsf ;dlff
5 . kf/flofs sfnd gf/L zfif0f, bdg / pTk8gdf
/xsf pNnv ub anftst Jojxf/ ug lji0f
klg kHo /xsf bi6ftn k?ifkvwg ;dfhsf
;^ast u5 . ;dfhsf gltlgod / l;4ftsf
lgdf0f clwst/ k?ifn g u/sf xbf gf/Lzfif0f
/ aŵgsf l:ylt a9l ePsf 5 . nlvsf :jod
gf/L ePsn gf/Ljfb l dgn u/sf ts gf/Lsf
klfdf ;zQ¹ŷkn kttt ePsf blv5g . pgsf
afl4stf / jx; pRr:t/sf bvf5 .

c;xglo gf/Lk8f M ofglx;f / bf0hf
k¹yf gfdsf ts / lJznif0fkvwg o; lgaŵdf
cŵofosf lj/fw ug g;s/ g anftsf/L k¹lIQ
a9sf xf . cflys khfegdf k// kl8tn
sgk¹sf/sf ;Deftf jf ldnfkq ug xbg eŵg
nlvsfsf bli6sf0f /xsf 5 . ljslt lgjf/0f
jf lgoŵq0fsf lglDt sfggldgf0f dfq kofkt
xbg . To;nf0 ;zQ¹ sfofjogsf txdf klg
k¹ofpgk5 . sf7df8f a;f0sf b0 bzs c¹g
ux:yl hljgsf 3/hd ug lghl dnfd;f /
lbgrofsf ;:d/0ffTds lgaŵ xf . hljg
;^a3if-;^a3ifsf ;3f/ /x5 eŵg 6^aufdf
lgaŵ 6^aluPsf 5 . sf/fgsf ;Gqf; M dTo¹sf
pR5jf; r tgf ;Gbzsf ŷkdf nlvPsf lgaŵ
xf of . cbZo ef0/;af6 kllng dxdf/L /fu xf
- sf/fgf . df65af6 df65df ;g of /fu eflts
b/Laf6 ;gaf6 aRg ;lsg xbf ns8fpg g
o;sf ;jfQd pkfo dflgPsn / x/s bzs f
;/sf/af6 of lgod nfu xg yfNof . s;n
;frsf, glrtfPsf of /fu PsfPs dxdf/Lsf
ŷkdf cfpbf blgof ;q:t l:yltaf6 ulh¹pf .
slt o;sf k¹f/af6 ;fQ/e¹ ag, slt ;ofun

afr klg . b0-tlg jifblv of kllnb cPsf of
/fu ce¹ k0fŷkdf lgoŵq0fdf cfpq eg ;ssf
5g . olt jnf eg EoflS;gsf pkofun 8/ 36b
uPsf 5 .

o;n ljutdf s-slt k¹pfj k¹of,
dflg;n s-s:tf ;^as6sf ;fdgf ugk¹of .
ljZj cytGq s;/L w/fzol aŵg k¹of . of ;a
axfl/Psf tYonf0 o;df lrq0f ul/Psf 5 .
o; dxdf/Lsf klg Ps nx/ xf0g b0-tlg nx/
rn . o;n blgofdf lgs xxfsf/ dRrfof .
o:t nx/n blgofnf0 g nk6g xf ls eŵg klg
nfl0f . cgelt ;ofhgsf bli6n cŵo lgaŵsf
thgdf of pTsi6 lgaŵ aŵg klusf 5 .

o;/L c7f/ lgaŵwxŷdf sg lrgtgkvwg
5g, sg ljrf/kvwg 5g, sg tskvwg 5g, sg
;rgfkvwg 5g, sg zfwfTds nv ePsf 5g,
sg ;:d/0f agsf 5g, sg ;dlff agsf 5g .
;du|c7f/j6f /rgfdf cgs yl/ ljziftf bvf
k5g . z?z?sf lgaŵdf cgeltsf k¹pf9tf
/ kl5kl5sf lgaŵdf ldl>ttf, tflsstf,
;rgfTdstf / afl4stfsf l:ylt bvf5 .
cgs ljljwtfnf0 lgaŵn ;d6sf 5 . oxL
cy / cfzodf zlifssf ;fystf /xg uPsf
5 . ljwdf dfq ge0 cgeltdf klg ljljwtf
5 / k¹tltdf klg cgstf 5 . nlvsfn ege¹
lgaŵdf rflxg /rgfTds ljlw, ;ld lJznif0f
/ ;hlj lrq0f g xf . o; bli6n ?s¹sf /rgf
cAansfl6sf aŵg klusf 5g . clwst/ lgaŵ,
lrgtg / afl4stfsf pkh /x klg hljgl /
;flxTo, j/lkkn M cfnfk, sf/fgsf ;Gqf;M
dTo¹sf pR5jf;h:tf lgaŵn cŷtddnf0
clws :kz ug klusf 5g . Itgdf cgeltsf
uxgtf / ;^au7gtf klg vlbnf 5 . ;du|
lgaŵsf cWooqkl5 s nfl5 eg ca nlvsfn
ult, sljtf, cfVofg cflb ;du|l;hgTds
zlQdf ljlw vr/ ;:d/0f / lgaŵd c¹g

j rZj a9fpgkg blv65, lsgls lga6wd pgsf
: jefj / znl ; hlj6kdf plqPsf 5 . lga6wn
klg Toxl tflEjs ; d6josf cklff /fvb5 . ; a
nv, lga6w, ; :d/0f, hljgjfbL, pkoflutfdns,
rtgfdns, ; rgfdns, pTk/0ffdns /
k6fjfkfbs /xsf 5g . pTsi66kdf k6flzt
/xsf pQ slt l ; sf? / gjflbt6n dfq xf0g
: yflkt6n klg phf ; ftsf lglDt k9g kg
slt/Tg /xsf 5 .

cgs x08/-7Ss/x6 vksl bb-kl8f
efusl blvaf6 p7sl, efusf s/fx6 nvsl
wflb6sl 5f/L dsjfgk/sL axf/L, axftgaf6
lg:s/ >ldfg;u sk8f Jofkf/df ; fy lb0
wgfhg ub zx/-ahf/df 3/-38/L hf/sL,
5f/fx6nf0 cfwlgs lzlfblff lbP/ gof blgof
k6jz u/fPsl, snd-lstfa slxNo g5f8L
rtgf pbafwgdf nfusL, ult, sljtf, ; :d/0f,
lga6w, pk6of, ; afn;flxTo cflb cgs
ljwf-pkljwdf l ; hgfd6 /6u eb cfPsl
ax'cfoflds k6tefsL vfgl ?sh hljgdf
ljljw /6ux6sf ; ofhg ub hljg / kl/jzdf
sl66t /xl ; /ntfdf ; f6bosf k6kl6g ub
l ; hgfsf cfofd lj:tf/ ub cfPsl 5g, t ; y
pgl gkfnL ; flxTosl ; zQ6 gf/L k6tef x6, gf/L
x: tflf/ x6 .

e/tk/-!@, lrtjg

**cfk6b6z
; De6**



■ /fwf af:sf6f

d h6dl clg x6sf bz ; De65'e6Ne6nl
d bV5' r lfsf ; fd' ; okql / dVdnl .
; ulsf ; De6gf x65 vNbhl a9g yfNb5
lat6f knn ; f/f dg d/f kufNb5 ..

Ps6t 7fpdf k65'sNkgdf /dfp5'
slxn cf7 6fs/ hf/ xft ; dfp5'.
x/L t: jL/ cfk6sf d'; Ss d:s'fp5'
slxn dfgd /D5' slxn u66gfp5'..

; hf0 lz/ v'; Ln uj ; fy p7fp5'
sljtf ult nv/ ltdlnf0 ; gfp5'.
l6k/ 6k Tof ltdf 5ftleq c6fp5'
5// k6l ; Da6w ltdlnf0 x ; fp5'..

; jfledfgl agl lgTo sd u5' ; wel/
blvof ; 6k cdfsf ; w cfvf jl/kl/ .
k6f/f d ; w u5'/xf ; df6f a/faL
hggl h6deldZr : jufblk u/Lol ; ..

baskotaradha300@gmail.com

tkf66lghL:t/af6 k6flzt x6, bfl6Tj6 nufot c6o ; flxTos klqsf6 k96ePsf]5 <
56 eg]k96 nefl6j t a6g ; Sgk66 .

/rgf, cleJolQ6, efg' xdf k?iffy, jlgtf, hgdt, t6g/L, dgfefj, bfefg, clegj, zAbf6s',
clfo clf/, c6tafw, dxf608n, gj-k6lfg, zAb ; ofhg, sflzsl, 1fgu6sf s/f, sNkt6,
jho6tL, zAbL;6w, lxdfnl u/f ; , ; hv, cfnv, skg-afgZj/, ; ; fs, /h:yn, dfteld,
rtgf ; 6bz, zf/bf, gjdfw/L, zfn6ln, pbo, ; Dklf6f, ; u6, l ; ; f/, lbofnf, oluf6t/ cflb .



of q' kłlffnodf ;fjhlgs a; cfp/
/flsof . a; kvgxčsf el8 lyof .
alnof o'fo'jtlxč t 7n7fn u/
a;df r9 . Pp6f všf sfl6P/ a;fvl 6Sg
zf/l/s czQ lzej / hi7 gful/sxčnf0 a;
r9g lgsa/ nfi of . pglxč a8f ;s;n
aNntNn a;df plSnP .

a;leq klg el8ef8 lyof . czQ / hi7
gful/snf0 56of0Psf ;L6df t o'fo'jtl kf
cfgčbn al;/xsf lyP . oxf klg lgs nfd
ts ljtskl5 dfq pglxčn cf^gf cf/lift
;l6 ešfP . a;sf rfns ;xrfnsxčsf ssz
xksf0n klg ofqxč kl8t eP/ ofqf ub lyP .

;xrfns ef8f p7fpb cf of . kl/ klg
;xrfnssf cf7af6 ljfbfssz ssz wjlg
lgl:s of . j4j4fn olQ egf xg , xfdl Hoi7
gful/s xf . ef8df ;/sf/n tfssf ;xlnot
bp .

czQ ofq' lzjn klg olQ egf xf , d
czQ x' . ef8df 56 u/ .

;xrfns Rofl7P/ ssz :j/df afNof,
sf8 5, sf8 <<

j4j4fn t Hoi7 gful/s kl/rokq
afssf /x5g, bvfp t/ p;n czQ kl/rokq
afssf /xg5 . ;xrfns kl/ rlsof , sf8ljgf
kf0g 56

d/f Pp6f všf 5g . ol x/ 38dfly
sfl6Psf 76f . a;fvl 6s/ lx85' . d zf/l/s
czQ xf0g <

oltv/ lzjsf dgf cfszdf
cfz^asfafbn d8fl/g yfNof .

;xrfns eg ce ečb lyof , tkf0sf
všf xf; ls gxf; , dnf0 s dtna dnf0 t
sf8 rfxč5, sf8

jfudt! !, sdof; ;nfxl

pkTosf aflx/ bflotj pknAw xg] k'ts k;nxč

! >]7 aš Pč8 Goh ;l6/– bds, emkf	-)@#-%*\$!@%
@ eš/fo{k'ts k;n – lj/f6gu/, df ^a	-)@!-%@\$#\$
# dčgn k'ts e08f/– uf0šf6, pbok'	-)#%-\$@)!@%
\$ Go" k/hgf :6žg/L– l;Gwhl	-)\$&-%@))@%
% gf/fo0fl k'ts ;bg– gf/fo0fu9, lrtjg	-)%^-%@!@*)
^ ;gufef aš; P08 :6žg/L– e/tk/, lrtjg	-)%^-%#!\$&)
& šrg k'ts k;n– kfj/f, sf:sl	-)^!-%@\$%^
* l;6L aš Pč8 Goh ;l6/– ačjn, čkčbł	-)&!-%\$%#@^
(Go" k'eft k'ts k;n– ;vł	-)*#-%@))&%
!) ljlg k'ts k;n– dxłbgu/, šrgk'	-)((-@)!\$*

bxrf\$df ;]f]xfQL ð

■ ljgfb gkfn



sf7df8f gkfnsf /fhwfgl zx/ xf .
efuflns Pjd kfslts bli6n
o;sf cjl:ylt t ;Gb/ 5 g
of kfrlg snfsfzn, ;:slt, ;Eotf Pjd
Pltxfl;s bli6n ;DkGg klg 5 .

sf7df8f vfN8f o:tf 5 hxf gePsf sxl
5g t/ xQkQ sxl klg el6bg, ;a s/f x/fp5,
5flkG5, 9flsG5, nSfOG5 . 5kf/f e dflg;xç
l5gl5gdf /^a k5g . ck/fwl ;Hhg / ;Hhg
ck/fwl 7xl/G5 . b0 gDa/L, dflkrof, bnfnstf
tfp/dfp/ rN5, ltgnf0 ;Qfn, zIQn ;/lf0f
u5, Odfgbf/ cfein k5 clg hf rf/ p;s
7nf :j/ rl/tfy xG5 .

gel6g s/fstf rrf ubf vf;u/L oxf
Odfg el6bg, gltstf el6bg, ;bfrf/ el6bg,
hjfkblxtf el6bg, pQ/bfloTj el6bg, :jR5
xfjf clg rflxPhlt kfgl el6bg / 5f6fdf
eGgkbf ;aeGb 7nf s/f oxf dfgj tf el6bg .
ol bli6n sf7df8f sçk 5 .

To;f t pQ/ / blif0fstf lDq/ti6sf
tfgtftgdf klg k5 of jnfjnfdf, bf8wk
rN5, /ftf/ft zIQn ;Gthg 9nkln xG5, ;Qf
kll/G5 ;fRb g;frsf ss ss klg xG5 .
cyft, of oxfaf6 eGb a9L ptfaf6 rN5 clg
log s/fn of ljbzlsf rf;fdf k5 t/ o;sf
;Gb/tfstf cf^g klf 5 . hlt;s kpif0f, wjf
/ whf eP klg oxsf xjfkfgl / jftfj/Of /fdl
dflgG5 . kfslts cjl:yltsf bli6n of ;Gb/
Pjd cfsifs 5 . o;sf Pltxfl;stf clg
oxflegsf kfrlg ;Dkbfsf cf^g ljzli6tf 5 .

sçktfleqsf o;sf ;Gb/tfstf cf^g
klf 5 . o;n o;nf0 / l;^auf gkfnnf0 g
; ;f/n hljgdf Psk6s klgkg uGtJosf çkdf
lnb cfPsf 5 . oBlk xfdl sdhf/Lsf sf/Of
xhdln o;af6 oyflr t nfe lng ;ls/xsf 5gf
t/ o;af6 nfe lng ;lsg kç:t ;Defjgf
5 . cfzf u/f cfufdl lbgdf o;n gkfnlstf
hljg:t/df ;wf/ Nofpg / dhSnf0 ;dl4sf
lbzftk cl3 a9fpg;dt ;xofu kçofpg 5 .

To;f t l;^auf gkfnUg ;^aukfnoeGb sd
5g t/ of sf7df8f vfN8f leqs dfq s/f ubf
klg oxf olt w/ cfsif0fxç 5g h;sf xhdln
d; kfPsf 5gf . crn la:tf/ o:tf s/fdf
Wofg hfg yfnstf 5 . Psflt/ xfdldf 3dlk/
ug afglsf ljsf; xb 5 eg csflt/ Pltxfl;s
/ wflds ;u;u kfslts bZofjnfsgsf kltstf
xfdf ?lr klg a9bf 5 . log sf/Of Pltxfl;s
:ynxçnf0 ko6slo uGtJosf çkdf ljsf;
ug kjfwf/xçsf lgdf0f ug sfd e0/xsf 5,
7fp7fpdf ko6slo cfsif0fstf :ynxçsf
lgdf0f xb5 hg /fdf s/f xf .

;Gb/Lhn, lZjk/L, kNrfsl, rGbflu/L,
ufbfj/L, gu/sf6 ssgL, rfef/, blif0fstf cflb
t klxnbly g kbofqf jf jgefth / dgf/~hgsf
nflu kpfu xb cfPsf xg kl5Nnf ;do cGo
gofgof :yfgxç klg 3dlk/ / cjnfsfsgsf
nflu kpfu xg yfnstf 5g / sf7df8f 5p5fp
g 3dlk/sf nflu ykl ljsNkxç el6G5g .
sf7df8f pkTosf 5p5fpsf 8f8fsf8f crn
3dlk/sf nflu /fhf0df kg yfnstf 5g .

logdWo kbofqf jf 3dlk/sf nflu crn
lgs r rfd /xsf :yfg xf bxf s . sf7df8fsf
klZrddf rGbflu/L gu/kflnsf j8f g ! df kg
of :yfgdf kljq Ogbpx t lyof g cd/ of4f
sfhl sf n' kf8sf ;dflw:ynnfo ko6slo
uGtJosf zkdf ljsf; ul/P;u r rfd cfPsf
/ o;k|tsf cfsif0f a9b uPsf 5 .

sxl jif cl3 cfl6Psf lyof sf l jzifn
gfu9^auf glhs af; a;k15sf Ps laxfg
Ogbpx kl g . xfdl a;sf xf6naf6 kft e0f ub
To; Pltxfl;s :yn;Dd kl g u/L sxl ;fylx
cl3 kl g a9of t/ e08 Ps 306f lxl8;Sbf
kl g Tof 7fp cf0klug a? :yfglo;u ;flwbf
cei k/ p=== Tof 8f8fdf kl gk5 eGg yxf
eof . To;k15 ottsf kjlgwfl/t sfoqd 56g
ePsf n Tolxaf6 k1sg afWo ePsf lyof xfdl .
To; lbgblv g sg lbg Toxf kl gk5 eGbfeGb
Tof sg lbg cf0f eG8 cfwf bzskl5 @)&(
;fn sflQs @# ut dfq .

jg:ynlaf6 eG8 !% / snslaf6 eG8
bz lsnfld6/ b/Ldf cjl:yt o; :yfgnf0
nlo ub laxfgl vfgfk15 xfdl cl3 a9of .

snslaf6 v8sfufp xb k/fgf gsfk
kluof . klyd gsfk dxft; j rln/xsf /x5 gof
gsfk k6an dbfgdf, Psl5g Toxfsf /df0nf
xl/of . Ps b0 k6s Toxl af6f xb gfu9^auf
cfp hfp u/sfn Toxf;Ddsf af6f yxf eP kl g
To;eGb cuf18sf af6f rflx yxf lyPg .
o;n el6gePsf Ps :yfglo;u af6f ;flwof,
clg pxfn eGgeP cg;f/sf af6f k5of0of .

p Totfaf6 hfg; clnslt af6f v/fa
5 clg t kSSl af6f ;lhnf 50, xfdlnf0 af6f
bvfpb pxfn eGgePsf lyof . ;flRrs To:t
/x5 af6f pxfn eGgeP ei . ;8s psfnf /
3ldt oQ eP kl g sfnfkq /x5, ;jf/L ;fwgsf

rflx plt;f/f rfk /xg5 . 7fp7pdf l;/f6,
uDaf, dlGb/ cflb /x5g .

s^asfnlaf6 yf/ cuf18 a9bf psfnfd
Pltxfl;s wlds k/ftflTjs ;fdl/s Pjd
ko6slo bli6n dxEj afssf Ogbpx, sfhl sf n'
kf8 ;dflw:yn lfq, gkfn /fi6 PsLs/0fsf
l;nl;nfd tTsnlg ufvnf ;gf, k0v
sfhl sf n'kf8sf 0R5f adfhd lj;= !*!\$
hi7 !(df sltk/sf klxnf o4df jL/ult kft
kZrft pxfsf z/L ;dflw:y ul/Psf :yn,
Pltxfl;s u9L lsnfx / dNnsnlg ;dosf
Ogbpx kl;/df /xsf k/ftflTjs Ogb|Ogbfo0f
dlGb/x; tyf Ogbpx /xsf /d0f0 ko6slo
lfq hfg af6f egl pNnv ePsf lj:tt
hfgsf/L;lxsf kf6L /x5 ;8s 5p psfnf
gkfnl ;gfsf >L o4sjr u0f aflx6L Aof/s,
;Ltfk0nfsf gfda6 /flvPsf . o;n xfdl
ofqf ;xl lbzfd 5 eGg 9Ss u/fof .

prf0 / afSnf agn ubf lr;f dx;,
e0/xsf lyof . t;f ;? ePkl5 eig 3gf
h^aun cf0f clg cf0f :jlh/Nof08 kfs . of
sg l jzif vfnsf pBfg xfnf eGg nfusf lyof
;Gb, t/ Toltv/ rlst e0of ha of ;freGb
leGg blvof . of t h^aunsf ;dy/ :yfgdf
jgef h:ynsf zkdf ljsf; ul/b u/sf :yfg
kf /x5 of :yfg gfufhg gu/kflnsf j8f g
& df kb /x5 . oxf;Ddsf ofqdf ;Nnf /
cGo ljleGg jg:kltsf afxNo blvof . oxf
kl g sfkn, nflnu/f; , lrfnpg, s6; cflb
jg:kltsf k/r/tf /x5 .

log bZo xb / k0lt;u /dfpb eG8 \$%
ldg6sf ofqf kl5 xfdl kl0f uGtJo sfhl sf n'
kf8sf ;dflw:yn hg !*^\$ ld6/ prf0df /x5 .

;dflw:ynsf kjzai/ aflx/ sfhl sf n'
kf8af/sf hfgsf/L /flvPsf /x5 . leq kjz

ugf;fy afoftk ;fgf ;aukfno /x5, ldgl
 Dolhod hxf sfhl sf'n'kf8 sfhl thf/fd
 kf8 :dlt klti7fglsf tkiaf6 :jfut ;u sf'n'
 kf8sf t:jL/;lxtsf ljleG Pltxfl;s Pjd
 hfgsf/Ldns ;fdu/ /flvPsf /x5g . ;fxL
 :yfgdf kf8 jzsf hfgsf/L ;fy ;dflw:yn tyf
 dgsfdgf dlGb/sf Oltxf; ;dt /flvPsf /x5 .
 h;cg';f/ lj:= !*!\$ h7 !(ut sfhl sf'n'
 kf8n jL/ult klt u/kZrft pgsf OR5f cg';f/
 pgnf0 o; :yfg cyft bxrfsdf ;dflw:y
 ul/Psf aleof . :Df/Olo 5, Oltxf;sf cg';f/
 gkfnsf PsLs/Of cleofg cGtut sltk/
 dflysf bf;f cfqd0fdf ;/kltk zfxsf cfvf
 k6sf lyof eg lj:= !*!\$ sf t;f cfqd0fdf
 dfq uf/vfnL ;gfnf0 ljho klt ePsf lyof .

cd/ of4f sfhl sf'n'kf8 -la:=
 !&&)-!*!\$ sf kflyj z/L/nf0 o; kljq
 :yfgdf ;dflw:y ul/Psf 5/ ;u o; ;dflwsf
 kgm lgdf0f sfo sfhl sf'n'kf8 sfhl thf/fd
 kf8 :dlt klti7fgsf ;lqotf / gkfn ;/sf/
 ;dtsf ;xofudf ldl t @)^\$;fn h7 !(ut
 ;;DkGg ePsf xfl eGg hfgsf/L ;dflw:yndf
 /xsf lznfnvaf6 eof .

;dflw:ynsf ofhgf agf0 sfd ;DkGg ug
 lj:= @)%(;fn hi7 dlxgdf g lhDdjf/L
 ;lDkOPsf / ;dflw:ynsf l8hf0g af/df klq
 ;fxL :yfgdf pNnv /x5 . snfsf/ lji0fkfb
 a/fnn agfpgePsf sfhl sf'n'kf8sf kof
 sbssf ;flnssf cgfj/Of @)&% krfug (ut
 Gbpx ko6g pT;jsf lbg tftsfnlG klvfgdGqL
 skl zdf cfnlaf6 ;DkGg ePsf /x5 .

sfhl sf'n'kf8 sfhl thf/fd kf8 :dlt
 klti7fglsf gfdaf6 ;dflw kl/;df /flvPsf Ps
 hfgsf/L cg';f/ gkfn PsLs/Ofsf cleoGtf,
 uf/vfnL kfhfsf ;gfklt sfhl sf'n'kf8sf

jL/tfsf ;Ddfgdf oxsf kvfn, knfd af/
 ;Qn ejg lgdf0f tyf :t/fGlt gkfnL ;gfsf
 ;xofudf xgsf ;fy ;dflw :ynsf ;fGbolS/Of
 sfo ;f klti7fg tyf rGbflul/ gu/kflnsf j8f
 g ! sf ;ofhsTjdf ;DkGg ePsf / tTsfnlG
 klvfg ;gfkltaf6 @)&* ;fn >fjOf @@ ut
 To;sf ;db3f6g ePsf /x5 .

sfhl sf'n'kf8sf ;DaGwdf nlvPsf /x5
 .gkfnsf PsLs/Of / lgdf0fdf cthgLo ofubfg
 lbg jL/of4f s6glL1 tyf /fhgllt1 sfhl
 sf'n'kf8n af0;L rfal;L nufot sf7df8f
 pkTosfsf /fHoxGsf PsLs/Of u/L cfwlgs
 gkfn /fHo v8f ug ljrf//To;sf sfofGjogdf
 7nf ofubfg u/sf lyP . sfhl sf'n'kf8n
 lj:= !*!\$;fn h7 !(ut sltk/sf o4df
 jL/ult klt u/ . tTkZrft pgs OR5f adflhd
 o; 7fpdf pgnf0 ;dflw:y ul/Psf lyof .
 ;fljs ;dflw :ynn rrsf hldgsf cltI/Q
 ;dflw :ynnf0 lj:tf/ ug ljleG JolQxGaf6
 ;xofu ePsf /x5 .

cfsf/df ;fgf ePklG ;dflw:yn
 lrl6Sssf / cfsifs Pjd ;Gb/ /x5 . j/k/
 nuf0Psf ufbfj/L / nfnkftnufotsf kn
 clg xl/of bafn ;dflw:ynnf0 ;Gb/ agfpg
 ;xofu u/sf /x5g . cjl:yltf lx;fan
 ;flns klZrd dfx8f u/L /flvPsf /x5 eg
 kljzaf/ rflx blif0ftk . ;dflwtk k1ssf
 k0fsbsf ;flns xl/x'h:tf nflg /x5 eg ;u
 kx/f0/xsf /fli6o e08fn o; :yfgsf zfef
 a9fPsf /x5 .

;dflw:yn aflx/ blif0ftk sxl tn >L
 dgsfdgf df0sf dlGb/ /x5 . ufvf ;lgxGn
 gkfn PsLs/Ofsf l;nl;nfd l;:= !*!\$
 hi7df lgdf0f e0;ssf !@ u9LxGdwo Ps
 bxrfs u9Ldf ufvnL ;lgxGsf k/Dk/fut
 rng cg';f/ eujtL -dftf dgsfdgf df0_

sf kl'tk :yfgf u/sf :yfgd sfhl sfn'
kf8 sfhl thf/fd kf8 :dlt kl'ti7fgl'sf
;ofhsTjdf hg;xeflutf;dt h6f0 dftf
dgsfdgfsf lznf oyf:yfgd /fvL @)^ (;fn
c;fh #) ut dlGb/ kgMlgdf0f sfo ;';DkGg
ePsf /x5 .

To;eGbf cln tn /xsf OGbpX kl;/nf0
klg ddt ;wf/ u/L cfsifs agfpg kpf; ePsf
/x5 . bx jL/kl/sf ;Qn, dlGb/ cflb ;/rgf
@)&@ ;fnsf esDkn eTssfdf k0fzkdf
lfltu't wflds, k'ftflEjs Pjd ;f:slts
dxEjsf ;Dkbfxz OGbl OGbp0fL dlGb/, dxfbj
dlGb/, dgsfdg dlGb/, kf6L, ;Qn, OGbpX, sfhl
sf'n' kf8 ;dflw:ynsf af/ / sft3;/dtsf
kglgdf0f ;DkGg u/L kfrf OGbpX ko6g pT; j sf
c j;/df @)&& kfu'g (ut pb3f6g ul/Psf
/x5 .

o; Ifqsf c jnfsg ug qiddf hfgsf/L
eof OGbpX kl;/ / leq jgefth tyf vfgf agfpg
/ vfg dgfxL 5 . ;fy Toxf 7nf Wjlg lgsfNg
;fwgsf kpfu lgfw 5 . sft upf Joj:yfkg
;ldlt, rGbflul/ g=kf= !, bxrfs, OGbl'yfgsf
;rgfn ;f s'f afNof . of Joj:yf /fd' n'lof .

OGbpX j/k/ ljleGg lsl;dsf ldl>t
jg:kltsf xl/ofnl 5 . Toxf;Dd kl'g af6f
cf;kf; kl'g k'z:t xl/ofnl 5 . o;n o; Ifqdf
kfglsf ;ftxz 5g t/ Psflt/ a:tl aflSnbf
5, csflt/ 7fp7fpdf 38/Lsf ljsf; ul/Psf
5, o;af6 ag k'fljt xg / To; ;u k'flts
jftfj/0f Pjd To; Ifqsf cfsif0f g ;dft
xg ;Sg s'f'kl't eg ;huttsf cfjZostf
dx;'; eof .

;dflw :ynnfo Pltxfl;s dxEjsf :yn
Pjd pBfgsf zkdf ;dt ljsf; ug qiddf sf'n'

kf8sf ;dflw :yn ;u oxf bxrfs Eo 6fj/0
lgdf0f ul/Psf /x5 . 6fj/d /flvPsf lznfnv
cg';f/ o;sf lgdf0f nfut ?kof @ s/f8 @&
nfv %) xhf/ /x5 . o; 6fj/sf nflu rGbflul/
g=kf= jf8 g !, To; Ifqsf ;f;bnufotaf6
/sd h6f0Psf /x5 . kfr tn axp2Zolo Eo
6fj/0 elgPsf o;sf pb3f6g kl'g o; Ifqsf
cGo ;/rgf;u @)&& ;fn kfu'g (ut ePsf
/x5 .

;Gb/ cfsifs Pjd bZofjnfsgsf nflu
pkoQn Eo 6fj/sf dn af/ snf'ids 5 . lgdf0f
kl'g alnof g n'fl5 t/ o;sf ;~rfng / pkofu
eg ePsf /xg5 . ce' bl'v'sf s'f of ;asf
nflu vhf 5 t/ o;df sg lsl;dsf lgoGQ0f
5g, /vbv / ;7lff ug sfxL 5g . oqtq k'fx/
5, /a v0lng / leQfxz k'fx/ blvg yfln; ssf
5g . dflg;xz c'fk'v';L c'fpg hfg ul//xsf
5g . lrgttsf ljifo, Toxf h;n h u/ kl'g k'z'g
ug sfxL 5g . z'rfno agsf 5 t/ To;sf
9fsfdf t'nf nfusf 5 / cfu'Gtsxz z'rsf
nflu 7fp v'fHb cGoq hfgk5 . p2Zo cg'zksf
kpfu xg g;ssfn o;sf kl'tkn zGo xg g
eof .

;/rgf dfq eP/ s ug' pkofuljxlg
ePkl5 < ha lgldt ;/rgfsf pkofu / ;/l'0f
g xbg eg Toxf cfz^asf hGdg' :j'felfjs
xG5 . lgdf0f ePkl5 Psk6s ddt vr ug, st
sdfpg vfg dnf dfq t xf0g < axp2Zolo Eo
6fj/0 elgPsf 5 t/ s s xg tl p2Zo < tldWo
sg p2Zo xfl;n e0/xsf 5 < o;sf hjfk
s;n lbg < of 6fj/sf c jnfsg ul//xbf
dgdf of vNbhl lyof . aGg' /fd' x' t/ aGg'
dfq ;ayfs xf0g . eG8 c9f0 s/f8 nufgl
u/sf ;/rgfsf /vbv, ;7lff, ;/l'0f / To;sf
Jojl:yt ;~rfngsf cleef/f s;s'f x'f <

of cJoj:yfsf l:yltsf nflu lhDdjf/ sf <
lhDdjf/L lng sfxL gxbfn oqf ;/rgf j jfl/;
ePsf dx;"; eof .

o; Pltxfl;s ;yn;Ddsf kx'r ;xh
5 . of 6fj/sf lz/df klbf wflb^a / g'jfs6sf
k/k/;Dd, ce k/ uf/vf / of sf7df8f
pkTosfsf ;/fk/f c jnfsg ug tyf lxdfnl
z^avnfsf bZofjnfsg ug ;ls65 . o;n
o;sf k' / ;Defjgf 5 . k'jzsf nflu ;fdf6o
b/sf l6s6 /fvbf klq sxl cfDbfgl xg / h;af6
o;sf ddt ;Def/df ;xofu klqdf klq sg b0
dt 5g . axp2Zolo 6fj/ egsf s xf < sg
sg ;kdf o;sf kpfu ug vflhPsf xf < ;fxL
cg';f/ o;nfo kpfudf Nofpg s ;d:of 5 <
o;nfo zL3lkpfudf Nofpgtk' ;fRg' cfjZos
blvof . cGoyf lgdf0fsf ;do s;n sdfof,
ca ddt'sf gdfdf kl/ s;n sdfpg5, Tofe6bf
a9tf sxl xg 5g / of s jn sdfpg vfg dnf
dfq 7xl/g5 .

c6Todf, bxrfs Eo 6fj/ cTo6t
cfsifs 5 . of pkoQ' :yfgd agsf 5 .
Psflt/ sn'kf8sf ;dflw csflt/ Eo 6fj/
o;n bxfssf zfef a9fPsf 5 . log sf/Of
oxf xf6n / l/f6x; ;~rfngdf cf0;ssf
5g . kfxgxf; a9b 5g . t/ Jojl:yt ;~rfng
gxbf Eo6fj/ ;tf xfqW ePsf / o;df ePsf
nufgl afn'jdf kfgl ePsf 5 . jL/ of4f sn'
kf8sf ;dflw:yn 5p plePsf kfr tn 6fj/
kSs klq sn'kf8e6bf lgs c'nf 5, t/ b'v
nflbf s'f To;sf ;bkofu gxbf jL/ of4f sn'
kf8s pkxf; e0/xsf 5, ;/sf/jfnfsf Wofg
kluf; .

xfdL cufl8 bfl8/xsf 5f, bf8f . t/ kl5 k's/ klq x/f / ;frf- xfdL slt
bf8of, lsg bf8of < . /fd; Q'af6

df6f] ?65



■ uE'f cfrfo{ ;fksf6f

sltko df65 cwd xb 5g
tnfn lub hvd lbb 5g
lbgldg o:t va/ ;lg65
dw6o df6f w?w? ?65 .!.

klv/ o'j f eig k/k/ hf65g
5 ;v ptf g dgdg 7f65g
lbgx' rnsf rng oxl 5
dw6o df6f w?w? ?65 .@.

hglar gftf ;dw/ 5g
j rg s;sf db' ;lgbg
dg hlt w/ snlft a65
dw6o df6f w?w? ?65 .#.

dghx; 5g 0ndl jgfsf
;u/ 5g 5g /x/ ltgsf
sbd grfn ljk'n e065
dw6o df6f w?w? ?65 .\$.

tt / d ub hg clt n85g
lalyt rnsf 5 dh'sdf eig
cltzo lx;f ;alt/ x65
dw6o df6f w?w? ?65 .%.

afun^a, xfn- sf7df8f

syf

knfj fWj fF

■ ljsn Toful



Xfdl n hlt dfl5f, plt 6of^as/af6
leis/ yksyfs b .

xfdl hlxn cfp5f, tlxn
df;eft;lxtsf ;lud jf; b .

xfdl oxl bz / oxl bzsf s/f8f s/f8
zflift÷kl8t hgtfsf dIQisf nflu n8sf
;Rrf l; kfxl xf, o; y xfdldfq gkfn cfdfsf
;Rrf ;Gtfq xf . th:tf gkfn cfdfsf 5ftldf
nfQL df/l k/f0 k/rqLsf kvvdf sfwdf /f0kin
afsl k/8 vNg u2f/ skt xfdl xf0gf . th:tf
bfhef0nf0 5f;/ ;Sg zifis÷ztfq xfdl
xf0gf . To; sf/0f t / t/f kl/jf/nf0 afRg dg
5 eg xfdln vfnl xft k; fglalQs el/lb0xfNg
/ xfdj ; jidf bQlrQsf ;fy t xflh/ e0xfNg .
o; dfdnfdg fgsG ul/; eg t/f b0 ; o /fkgl
6f/Lvtdf e08f ufl8lb65f . t/f kG; gkSf
x8lk1b65f . t/f h:tf n ;xfPsf 3/ hnfP/
v/fgl kfl/lb65f . afsl t/f ;DklQ efnfdg
xfn/ vfnfdg auf0lb65f .

cl:t lsg cft^assf/Lnf0 uf;÷jf;
lb0; < tl ul/Nnfl;t t/f s ;f7uf7 5<
ltglxç stfaf6 cfP/ stfklS uP< ltglxç
sxf a:5g< ltglxçsf tflndsGb|sxf 5<
kSs tnfo yxf ePsf xgk5 . ol ;a s/f
xfdlnf0 l/f gla/f0 atf . Is t xfdj ;fsl
u5; <kl/ tnfo lhNnf ;b/d'sfd nu/ ple8f
kfb v';fgLsf wk ;3fpg gk/f; . 5ofksL
5ofk l; ;gkfgl nfpb t/f lhpe/ kfsf p7fpg

gk/f; / ef6ef6fn ;Dnfpb t/f s/^a ;f%ofpg'
gk/f; . U

o;/L ååsfnlG bbdgLo b/j:yfdf
ljgfs;7 b0 zIQalr sf rkjfdf k/kl5 la|6;
Sofk6g;fxa l;xaxfb/n cf^gf yfitynf 5f8L
sf7df8fnf0 :yfol jf;:yfg agfpg lgwf u/ .
pgnf0 csfn cnk xgëbf afnfp'g lgsf
nflf . p jnf dnfofaf6 lgjt xbf pgn
;fylef0sf s/f Ps sfgn ;g/ csf sfgn
p8fPsf lyP . ;a ;fylef0n sf7df8fd 3/
38/L hf8 . 7fp egf 7fp xf / ufp egf ufp
g xf eGy . 7fp / ufp alr cfsfz-kftfnf
cGt/ xG5 eGy . blv, ladf/ xbf 7fp gcf0xbg
eGy . IsGt'dnf0 cfk hGd/ cf^gf ;fngfn
uf8sf cDaf klb g lkof/f nflu/Xof . cfk
xS÷a9sf jfod08ndlgf df6f g dfon'
nflu/Xof . dnf0 cf^gf k/fkvfn a;fnf
;Gb/ a:tl r6Ss dfdf dfbf clfDo ck/fw
xG5h:t nflu/Xof . ToxL eP/ dn kN6gdf
a6 ahf// cfhg u/sf ;DklQ hlt /fjfvfnf
a;ldf nufP t/ ck;f; ca d^a;Ldf nxnx
wfg eih/ lx/0otfh e kxnx/ xg ol vt-
kf6xç ar/ a;f0 lx8gkg eof . sfxL C0fn
a;f0 lx85g, cfk lk/n a;f0 lx8gkg eof .
oltv/ tl d/f rfjlxn l:yt nfx/ 6fnf nfx/
;fylxç ;a oS u0;ssf 5g . sf7df8fdf
klg d ;fyljxlg g xg eP . cl:t osaf6
^& gDa/Ln krfg ub lyof- Hofg hnf ufp
5fl8bg eGg df65 sf7df8fdf cfpG ePk15

sfuhkq ldnfP/ os g cfpbf clt pQd . kl5
afnaRrfsf eljio pHHjn xG5 . sf7df8fsf
kf0f3fts krfxf/ whf vfp/ ljsfn dl/G5dfq .

t/ d dg jnfdh dh\$afix/ dl/sf6 hfGg÷
hxf xf; oxl bzsf df6fdf ldN5'elglbP .

p l/; n r/ eP/ ykb lyof— uwfnf0 hlt
gxP klg uf0 gxbf /x5 . sS/sf kR5/ afx
jif; Dd 9^aufdf /fvbf klg af^aufsf af^au =====

dn dgdg ud— d 9Ss 5' . df6fnf0
d^qldf kfsf kfg vfhgxzn dnf0 ;ldfkfl/ g
t gnv6nf .

lar/f ; fef nfx/ l; xaxfb/ dxulsf
rsf df/df kfof . p; sf /fjfa; Lsf b0 ; o
/fkgL vt arf0n skgdf Pp6f ; fgf Pstn
3/dfq cf0f . pXL cf^ggf ; fgf ; VL kl/jf/nf0
6fpsf n\$fpG l7Ss . afsl afRgnf0 kG; gsf
e/ . oltsf ; li6 t gkfnsf ; /sf/L lkogn klg
hf85g . cfk^eGbf hlgo/ kfi6sf l; kfxlxzsf
dhaxfn -nfx/ 6fn_df tlg-rf/ tn laN8^a .
cfk Sofk6g ; faxsf rfx e03/ . p; nf0
dgleg stf-stf cfk xflrPsf cgelt eof .
kl/ p; n cf^ggf dgnf0 cfkⁿ ; fGjgf lbof—
cf== Ps lbg ; Gtfgnf0 ; ldkgkg gf; f . hfbf
; fy lnP/ hfg xf0g . afrGhn cft nfig kfp
e0uof .

nfx/ bf0sf 7fpsf 3/ xg ufpsf rfp/
ef0 h4sdf/n /x/ u/sf u^o lyof . kfgdf
s/f eof, To; sf ToxL bfxfof0 txfof0 xGyof .
t / d Pp6 cdfsf sfvaf6 hGdsf bfhef0
eGg' dfq . t nfx/ eP/ 7fpdf klu; , d rfx/
eP/ ufpdf ; l8/xsf 5' . dnf0 sf7df8f cfp/
t/f 3/ xg s:tf dg 5 . dnf0 kzkltgfy
/ : joDegfysf bzg ug sqf /x/ 5 t/ d/f
OR5fnf0 hlXNo ajf:tf ul//lx; . l7s 5, t

wgl efsf . t 7nf efsf . t u/la bv/ cf^g
ef0nf0 glrGg efsf . Ps lbg ef0 kl6 ujf/ n6
ePsf jnf t/f 36fdf 3fd nfinf .

ef0n ; fx|lrQ bvf0sf lanfgf u/kl5
l; xaxfb/n h4sdf/nf0 sf7df8f le\$sf .

; 8sel/ uf8Lsf fof/3/ .
df6/; f0snsf 6of6of 66 . To; n kfln/xsf
l8hn÷k6fnsf kplift wjf . ; 8s
lsgf/df krfxf/sf 8^au/ 7:7:tl uGxf0/xsf .
3fd rlsbfvl/ To; sf bulGwt jfk xjf; xjf;
cfsfztk pl8/xsf . oqtq ; 8s
lsgf/fsf lr; f e0df a; l levf/Lxzn b0 xft
yflk/xsf . ; 8sk6ldf kbn ofqlxzn lhp
7fSsfpb lxl8/xsf . whf0d ; 8ssf kfu'
vnf0sf sf/0f kfoz ; a ofqlxzn dVdf
dfS; / cfvdf rZdf nuf0/xsf . leQfleQL
; alt/ 3/3/sf p7fg . uugrDal xjnlxzn sf
cgfjZos xf8afhlN xfjfsf ultdfly ; Vt
JoJwfg . nuftf/ lrQfhngsf ljiffQ wjfdf
56k6f0/xsf kzkltgfy . ?3fd8slN la/fdl
eP/ 9ndtldf kl/0ft ePsf jfudtl . lbgel/
sf7df8fdf ufnrSs/ nufpb h4sdf/ cf7f
cfZrod f kfof . s oxl xf ljsl; t zx/sf
gdgf < ca rf8 g bzfgn oxsf PsPs
afl; Gbfnf0 6kSs l6k/ xjfdf p8fpg5 .
sd; sd cfwf/et zkdf k\$slts cJfojxzsf
; /lf0f xGk5 lg | xfdj nfx/ bf0 sfns08nldf
al/Pnfh:tf 5 . b^mvn ; v vfh5, ; vn dTo'
lgDTofp5 eGy xf ls Sof xf <

an\$L vfgf vfgGbf cl3 bfhef0n
ANofs nan lkpg yfnkl5 7/f 3':of leq, s/f
lgSNof afix/ eg e eof . tn Toqf cfvfn
x/L gEof0g kf6fsf kf6f a; lkf6 ar/ olt
:ofgf leufsf 6fpsf hqf 3/ s lsgsf <

xlg÷drg÷ySg÷gxpg' ;a leq . aflx/
 huf eP kf Joj:yf xf; . 3f/ nfw/ |
 o:tf lslruf8 3/ t ufpdf d/f al; /fkgL
 hufdf ;os8f aGg ;S5 . x/s kltstntsf
 t5f8d5f8 . x/s ;^as6 ;qn nufPsf af/
 aGbh . c;^aVo ;d:ofsf /huhn ;f;
 krg wf-wf . efln pQ/ / blifofn ;Dkof zkdf
 gfsfaGbl nufPsf v08df oxsf ef/e/
 hgttsf t s s/f, /fhf, /fi6klT / k/vfgdGqL
 klG efsefs dg5g . lsg/ vfp, ahf/df ToxL
 laiffbloQ ; fdfg / ;fwg xg 5gg . nfp/ vfp,
 Ps Og r huf vfnL 5g . whf, df6f ^jfs df//
 df65 afRg; Sg xf0g . o; sf cnfjf ufpdf sd
 nufP/ vfgnf0 kf6fsf kf6f vtaf/L vfnL 5g .
 ksfP/ vfgnf0 h^aunel/ ;Ssf bfp/ bfp/f

5g, tyflk oxsf df65 wbf ds 3fuf hqf gfs
 knofP/ krf; fWjf; lk65g . xdf t sf7df8df
 3/ 5 | ltdLxZsf oxsf s 5 < nf bvf t =====
 s7a/f | lar/f | lkwljgfsf nf6fleq ;fu/
 hdsf bVg cGwfxZ ===== | l67 nfi5 ltgsf
 r tgfzGo duh bv/ .

l7s 5 bf0, ltdL oxL sf n;fkn k0ff
 lkfhf0/xsf lrxfg3f6df gcfpg' cf0uof .
 ltdlnf0 aa/dxna6 gful/stf lnPsfdf vfgf
 uj klG nflu/xsf 5 t/ d rflx ufp lk/kL5
 of 7fpdf slxNo cfpG 5g . slxNo =====
 slxNo == | eujfgsf sfgd of s/f k/ klG
 sXL k/skg 5g, slxNo===== | slxNo ===== |



gkfn ;/sf/

cy{dGqfno

cfGtl/s /fh:j ljefusf];rgf Ū

cflys sofsnfkdf ;nlg sg JolQ jf lgsfon clgjfo zkdf :yfol nvf gDj/ -PAN_
 lnP/ dfq sf/fjf/ ugkg tyf To:tf JolQ jf lgsfon dNo clejl4 s/ nfig j:t'tyf ;jfsf
 sf/fjf/ ug ePdf clgjfo zkdf dNo clejl4 s/df ;dt btf xgkg kfwfg cfoS/ Pg
 -; zfwg; lxt_, 2058 tyf dNo clejl4 s/ Pg -; zfwg ;lxt_, 2052 df /xsf 5 t;y, cflys
 sofsnfkdf ;nlg ;an :yfol nvf gDj/ ln0 / dNo clejl4 s/ nfig j:t'tyf ;jfsf
 sf/fjf/ ug JolQ n dNo clejl4 s/df btf e0 aln alhs hf/L ug, vl/b laql sf/fjf/sf
 clenv /fVg, cf^gf sf/fjf/sf cfkn s/ lgwf/0ff u/L dNo clejl4 s/ ljj/0f tyf cfo
 ljj/0f Pj nfig s/ ;dodf g bflvnf ug' u/fpg'e0 s/ sfggf kl/kfngf ug u/fpg hfgsf/L
 u/f0G5 . s/bttf btf xbf obfsbf jf:tljs zkdf sf/fjf/df ;nlg JolQ / lgsfo btf ge0
 sfdbf/ jf cGo c; DalGwt JolQsf gfddf sf/fjf/ btf u/L jf:tljs zkdf sf/fjf/ ug JolQ n
 cGo ;fdfGo cGhfg JolQsf gfdjf6 kf0bf ln0 s/sf bflotj cGo JolQnf0 l; hgf ug kJlQ
 ;dt blvg u/sf xbf jf:tljs zkdf sf/fjf/df ;nlg JolQsf gfddf dfq kid jf sDkgL btf
 e0 cf^gf sf/fjf/sf ;lglZrttf u/L btf ug u/fpgxb ;fy cfGtl/s /fh:j sfofnoxZ tyf
 s/bttf ;jf sfofnoxZ n s/bttf btf ubf u0f: t/lo btf -Quality Registration_ df Wofg lb0
 jf:tljs s/bttfZ dfq Plsg u/L btf ug u/fpg Joj:yf ldnfpgxb cfd s/bttf tyf ;Da4
 sdrf/LxZnf0 hfgsf/L u/f0G5 .

‘b[i6sf0f’df b[i6uf]r / ubf{

■ c;0f vql .gbll



Slj /fhzdfg s;L=sf .bli6sf0f
 gfd s ljljw tyf ;d;fdlos
 nv-/rgfx;sf ;a;u; @)&& ;fndf
 t;f sltsf ;kdf k;flzt ePsf 5. o;
 ;a;u;leq pgláf/f nlvPsf wd / lj1fg, wd,
 kfk, :ju / gs, efltsjfb / cWofDjfb,
 hljs ljljwtf, ;/lf0df lzlyntf, zfc; dg
 ;lqio hljg nufot ljleGg zlifssf @) j6f
 ;d;fdlos nvx; ;dfjz ul/Psf 5g. o;
 ;a;u;leqsf wd / lj1fg zlifssf klxf
 nvdf wd / lj1fgsf ;Gbedf rrf ubf ol b0
 klfalr anfavt ljk/Lt lsl;dsf wf/0ffx;
 cleJoQ xg u/sf xfdl kfp5f. h:tf lj1fgsf
 klfw/x; vf;u/L hf cfk;nf0 cln a9L
 cfwlgs 7fcg u5g / eG5g— cfhsf olu t
 lj1fgsf olu x; eg/ /fhzdfgn nvsf 5g.
 wd, kfk, :ju / gs zlifssf nvleq ; ;f/df
 cgsf y/Lsf wd / wld s dtx; 5g. tl
 wddf lglxt cf:yf, ljZjf; / dfGotfx; klg
 cf-cf'g lsl;dsf 5g t/ ;4fl;ts leGgtf jf
 dtdtfc; h h:tf eP tfklg ;a wdsf lgrf8
 cyjf dn p2Zo eg kfo Pp6 /xsf kf0G5. ol
 egf0 xg /fhzdfgsf.

cfh ljZjdf hlt klg czfl; , a; , xTof,
 lx;f cflbsf 36gfx; xfdl bV5f, ;G5f, To; sf
 alhf^as'0f klg sg g sg ;kdf dfgj dgdf g
 ePsf xf. Oiof, aif, 30ff, qifw, jdgZo nufot
 cgsf :jfyhGo ;frf0 / efjgfn dfgj
 dgnf0 uflh/xsf xG5, lk/fln/xsf xG5 egl
 o; sltsf nvs /fhzdfgn zfc; dg; ;lqio
 hljg; zlifsf nvsf 5g. k;tef knfogsf
 eofjx l:ylt zlifssf nvdf k;tef knfogsf

s'f ubf vf;u/L cdl/sf, Sofg8f, ci6lnof /
 GolhNofG8 h:tf dh;sx;n clxn ljZjel/af6
 blf / ;LkoQ JolQ;x;n f0 a;f0-;/f0sf nflu
 ljleGg cflys / cGo cj;/x; k;fpg ub
 cf0/xsf 5g elgPsf 5.

ckfEtf ;jfn / /fhosf bfloTj zlifssf
 nvleq gkfn ckfEtf ePsf JolQ;x;sf
 clwsf/;DaGwL dxf;lGwdf x:tfll/ u/L
 cf^gf k;ta4tf;dt hfx/ ul;/ssf cj:yf
 5 elgPsf 5. xg t o; dxf;lGwdf cf^gf
 k;ta4tf hfx/ ugeGbf eG8 tlg bzscL3
 g gkfn ckfEtf ;/lf0f tyf sNof0f Pg,
 @)#(klg hf/L ul;/ssf xf. kofko6gsf
 ;Gbedf xfdln dgg ugkg s'f s 5 eg ljZjdf
 clxn sltko j1flgs Pj jftfj/0fljbx;
 eflts lgdf0f / ljsf;sf gddf ul/g
 nfk/jfxlk0f ultljlx;af6 pTkGg xg kluf
 a9bf jftfj/0flo ljgfk;lt cToGt lrlGtt xg
 yfnsf 5g eg/ /fhzdfgn kof-ko6g; v t
 ;Dawg < zlifssf nvleq pNnv u/sf 5g.

pgn ljleGg kqklqsfx;df nv-
 /rgfx; nvl k;fz; ug yfnsf b0 bzs
 cufl8blv g xf. ljleGg /fli6o blgs tyf
 dfl;s kqklqsfx;df ;d;fdlos ljifodf
 slG; /xl nv/rgfx; nVg yfnsf xf. ;do
 ;Gbe cg;f/ pgsf ol nv/rgfx;df ljifout
 tyf efiiffut ;kdf sxl kl/ist / kl/dfhg
 klg ul/Psf 5. efiffznlsf bli6n logsf
 nv/rgfdf k;Q; efiiff cToGt ;/n / ;xh 5.

k;tt nv; a;u;df cWofD s / /fi6k;f
 phfu/ ePsf 5. nfd; ;do lj1fg tyf klj;wsf

lfq;u glhs eP/ sfd u/sf /fhzdfgn
cf^gf nvqdf lj1fg / kljlwsf ljifonf0 klq
hf8sf 5g . hg :jfejljs g nflb5 . vfb
;d:of || efsd/Lsf cj:yfl zlifssf nvleq
bzsf cytgq dnt|| slifdf cfwf/t ePsf
xbf ;/sf/n ljBdfg vfbfGg cefjsf :yfol
;dfwfgsf nflu ;du|sliflfq ljsf;sf nflu
lbuf / kpfjsf/L sfoqnd Nofpg' cfjZos 5,
clxn gkfn nufot ljZj g sf/fgf dxdf/Lsf
sf/Of cfaqf^t e0/xf 5 egl pNnv ul/Psf 5 .

slif Joj;fols/Ofdf blvPsf ;d:of
zlifssf nvleq clxn gkfnf sn e-efu
dWo slifoflo eld sl/a#) kltztsf xf/fxf/Ldf
/xf tYof^sn bvfPsf 5 . cflys ;jlfofsf
cfwf/df eGgkbf gkfnf vtlfof hdlg eG8
\$) nvf xS6/ /xf 5 eg slifdf cfa4
hg;Vof^)= \$ kltzt /xf 5 eg/ /fhzdfgn
nvf 5g . zfsxf/L efhg|| lg/ful hljg
zlfisleg zfsxf/L efhg df;xf/Lsf thgdf
clws u0sf/L ;fEjs / ;kRo xg ub5 .
To;f t cflys bli6n klq cklfslf ;:tf
/ ;he dflgg zfsxf/L efhgdf vlgh tEj,
le6fldg, knfd Pjd Sofnf/L kof^t dfqdf
kfG5 . h;n zL/nf0 r^t / lg/ful /fVg lgs
7nf d2t kfof5 . o; sltdf pNnv 5 .

bzsf ;dl4|| lj1fg / kljlw|| zlfisleg
ljut sxl bzs of cfP/ gkfnf lj1fg

kljlwsf lfqdf sxl dxEjkOf pknIAwx;
xfl;n u/sf 5 . lj1fg kljlw;u ;DalGwt sxl
/fli6o :t/sf ;3 ;:yfx;
To:t sxl jifotf cfP/ lj1fg kljlw;DaGWL
lzlfOf ;:yfx;
cggktdf jl4 e0/xf 5 / hg ultdf ljleGg
kljlws lzlfOf ;:yfx;
al9/xf 5 . o;af6 klq lj1fg kljlw;DaGWL
hgZlQ:sf ljsf;n ;Vof^ds / u0ffTds
;kdf dxEjkOf pknIAw xfl;n u/sf s^f ;xh
cgdfg nufpg ;lsG5 elgPsf 5 .

cf^gf hljgofqsf qddf ljleGg
bzx;
xfn;Dd ef/t nufot dnl;of, yfOnof08,
OG8fgl;of, l;^ufk^, >lnsf, anfot cflb
dh^sx;
logn lj1fg / kljlw, cWofTd lrGtg, efltsjfb
/ cWofTdjfbf ;ofhg, lzlf, :j^:Yo, ko6g,
dflns kljlw, jftfj/Oflo ;rtgf nufot
ljljw ;d;fdlos ljifoj:tx;nf0 ;d6sf
5g . cGtodf /fhzdfgsf o:t ;fys cG0
;^uk^ ylkf hfpig eGg sfdfg ub5'.

k^ts|| bli6

nvs|| /fhzdfg s^;L-

kpfzsm l;hgf cleofg ;dfh, eQmk^

;:s/Ofm @)&&, kfif, k^yd

ki7m ^^, dNoM ?=@)))-

“मानवसेवा नै मानवधर्म हो ।”
हामी विगत ३० वर्षदेखि विभिन्न स्वास्थ्यसेवामा समर्पित छौं ।
CTEVT को सम्बन्धनमा २०७० सालदेखि नेपालमा एकमात्र RHESC Acupuncture College सञ्चालन
RHESC मा उपलब्ध स्वास्थ्यसेवाहरू :

१. आरामदायी चिकित्सा (जापानी प्रविधि)	२. अकुपचर	३. बालरोग	४. स्त्रीरोग	५. चर्म तथा यौनरोग
६. आँखा	७. नाक, कान, घाँटी	८. जनरल स्वास्थ्य सेवा	९. प्रयोगशाला	१०. X-ray
११. ECG	१२. खोप	१३. परिवार नियोजन सेवा	आदि ।	

शल्यक्रिया सेवातर्फ : १. आँखाको मोतिया बिन्दु २. कानको जाली टाल्ने आदि ।



बालप्रसाद शाही
(अध्यक्ष) ९८४९२८५७२०

ग्रामीण स्वास्थ्य शिक्षा तथा सेवा केन्द्र (RHESC)
गोकर्ण दक्षिणढोका, जोरपाटी-५, काठमाडौं । फोन : ४९९२६५७, पो.ब.नं. २४६०९

tnf yk M /fj's syf

■ /fdk; fb kGt



b' sf7f, bvfo cgGt
kfr nfv, kl8f ch;|.

slxnsfxl ; do o; /L ljk/lt xbf /x5,
uNtl cfkin gu/ klg ; hfosf efulbf/ eObf
/x5 .

syf o; /L z? xG5 M

tnf yk, cyft bfloTj ejgdf tnf ykg
sfd .

bfloTj jfa'do klti7fgsf ejg aGof .
6jh, s';L, ;fkf, sfk6, kfl8od, kbf dfq
xf0g, P6ofr b/fhxZ klg lkl6^a xb uP, lsf
;^asng ug sfd rln/Xof t/ ;fxl qiddf
ljZj dxdf/Lsf Zkdf cfPsf sf/fgsf sx/n
sf/Nof sl/a b0 jif .

o; alrdf klg xfdln sf/fgf; u h4
;fgltgf sfoqdxZ bfloTj ejgdf ;DkGg
ub uof . k'tsfnonf0 s; /L ;~rfng ug
;lsG5 < o; tk klg Wofg slGbT ub uof .
;fr knof, kPz ;/sf/n ejg agfpg ah6
ljlgofhg u%of eg gu/kflnsfn klg tnf
yksf nflu w/yf/ ;xofu s; f gunf <

xfdln a9fglns07 gu/kflnsfsf kPv
p4j v/n; u kJolf jftf u%of . kJtfj kz ug
egl kPvaf6 lgbzg eof . xfdln bfloTj ejg
lgdf0f ugsf nflu kPjlws ;xofu ug ljho
OlGhlgol/a'sf kPv 0= wd/fh kfV/nnf0 tnf
yksf Oli6d6 tof/ ul/lbg cg/fw u%of . Oli6d6
cfof— al; nfvsf . xfdln ToxL Oli6d6 ;nlg
/fvL gu/kPv ;dlf cg/fw kq kz u%of .

To; lbg uHhasf ; ofu k/sf lyof—

!= sf/fgsf sf/Of kGw| lbg ylnP/ do/sf
crfgs cfudg ePsf sf/Of el8ef8
lyPg, jftfj/Of zft lyof .

@= xdfj cg/fw cg';f/ kPvn tnf yksf
nflu ah6 ljlgofhg ug ofhg zfvfsf
kPvnf0 lgbzg lbgEOF .

#= nfdf kPf;kl5 bfloTj ejgdf ljBt
h8fg ug ldt to u// klti7fgsf ;lrj
szj/fh kGtsf klg To; jnf do/sf
sfosldf cfudg ePsf lyof .

\$= ;/sf/L hluddf, ;/sf/L ah6df bfloTj
ejg agsfn bfloTj jfa'do klti7fgnf0
efulwsf/ kPfg ugsf nflu cfkrfl/s kq
pknAw u/fpg kz ul/Psf lgjbgdf do/n
tfs nuf0 a7sdf /fVg lghL;lrjnf0
cxpgPsf lyof .

%= bfloTj klqsdf a9fglns07
gu/kflnsfsf lj1fkg kPflzt ul/lbPsf
;f eQfgL lbg do/n nvf zfvfkPvnf0
tfs cfBz ugePsf lyof .

olt w/ sfd Ps a;f0df xg'egsf ;fgf
pknAw lyPg . o;af6 xfdlnf0 s ljZjf;
hfusf lyof eg zE;f0t k/sf 5, bfloTj
ejgsf tnf yKgsf nflu oyflrt ah6 kP
xG5 .

xfdlnf0 tnf ykg h?/L lsg ePsf lyof
eg— bfloTj ejgsf k/ e0tnf xndf kl/Of
ul/Psf lyof eg k'tsxZ /fVgsf nflu leQdf

6f;/ b/fh agf0Psf lyof . o;sf cy ejgdf
sf7f lyPg . sf7f gePsf sf/0f klti7fg;u
;DalGwt krf0n tyf sfuhkqxç /fVg / ejgsf
/vbw ugsf nlfu Ps hgf dflg; /fVg;dt
kf0Psf lyPg, h;n ejgsf /vbw / ;/;krf0
u/f; / lglZrt ;dodf k'tsfno klg vfnf; .
o; kpfhgsf nflu b0 sf7f cfjZos lyof .

kj lgwfl/t ah6 gePsf n dfuhltsf
/sd kf0Pnf / tnf 9nfg ug ;IsPnf eGg
s'fdf Tolt IjZjf; lyPg t/ To;sf cfwdfq
klg klt eof eg b0 sf7f agfpg ;IsG5 eGg
s'fdf eg xfdlnf0 IjZjf; lyof .

xfdln gu/kpV; u krfg; Dks ul//Xof t/
dlxgf;Dd a7s a:g ;sg . cflv/ krfuGsf
cGtolt/ lg0fo eof . gu/ kplvn sxl pT;fx /
sxl lg/fzfsf bf;fwdf /x/ lg0fo ;gfpgeof—
/fdk;fb ;/ l slgsf 5b hfbf klti7fgnf0 kfr
nfveGbf a9L 56ofpg ;IsPg .

xfdlnf0 ;d:of k'of— lng ls glng <
kfr nfvn s sfd ug ;IsG5 < slt sfd ug
;IsG5 < cflv/ xfdln lg0fo u'of— lng /
h:tfkftf xfn/ eP klg b0 sf7f lgdf0f ug .

t/ ;do 89 dlxgf klg lyPg .

klq'of slt lg < gu/kflnsfaf6
;Derftf kl:tsf vl/b u/, kl:tsfdf nlvP
cg';f/ :yfglonf0 enf u/fp, enfaf6 cgludg
;ldlt / ejg lgdf0f pkefQnf ;ldlt u7g u/
pkl:yt xgçsf x:tf/f / krfggDa/;dt np /
pkefQnf ;ldltsf gfddf as vftf vfn/ k'iddf
vftf gDa/ r9fp .

nfvsf xf; Is s/f8sf, klq'of pxl .

To;dfly jzfv #) df xg :yfglo
lgjfrgsf sf/0f @)&* ;fn rq d;f'tleq
lgdf0f ;DkGg ugkg c j:yf .

pQ kpfhgsf nflu xfdln ;aeGbf klxn

kfljlws lg/Lif0f u/f0 Oli6d6 tof/ ugkYof /
klti7fg tyf gu/kflnsf alr ;Derftf ;DkGg
ugkYof .

xfdln ol sfdxç ug 9Lnf u/gf .

;Derftf ;DkGg eof .

xfdln sf7f lgdf0f ug lhDdjf/L o;cI3
bfloTj ejg lgdf0f u/sf sDkgL Ijho
OlGhlgol/a'nf0 lbof / eGof— gu/kflnsfn
lbPsf sfo cfbz / kfljlwsn tof/ u/sf
Oli6d6 cg';f/ sfd ug, klxn ejg lgdf0f
ubfsf uNtL gbxf'ofpg, cyft gu/kflnsfsf
kfljlwsaf6 alralrdf lg/Lif0f u/f0/xg .

lgdf0f sfo z? eof— rq dlxgfsf
cf/De;u .

o;sf cy lgdf0f ;DkGg ul/;Sgkg c j lw
/Xof Ps dlxgf .

lgdf0f xb ubf 6fn ;wf/ ;ldltsf sxl
;b:oxçaf6 Ij/fwsf cfjfh cfof . pglxçn
cfjfh dfq cfsngg lgdf0f sfo /fSgsf nflu
j8fdf lgjbg klg xfn / ejgdf tfnrf klg df/ .
pglxçsf c;Gtli6 /x5— cf'g 6fnf bfloTj
ejg agfpbf xfdlnf0 ;flwPg, ;xeflutf
u/f0Pg / ejgsf pkefQnf klg agf0Pg . ejg
agfP/ s ug vflhPsf xf < To;sf hfgsf/L
klg u/f0Pg . l;ltldtL gvNg ejgdfly
sf7f agfpg'sf cflrTo kli6 ePg . ;/sf/L
h'ufdf ;/sf/L k;f vr u// 3/ agf0 ef8f
vfg lgot blvof . To;sf/0f o:tf z'asf:kb
sfd aGb xgk5 . olb agfpg g xf eg xfdlnf0
klg ;xeflutf u/fpgk5 / Pp6f sf7f xfdlnf0
lbkg5 .

6fnaf;Lsf plNnlvt ubf;fxç dn ;g—
huGgy dlGb/ ljsf; ;ldltsf c'Wolf tyf
ejg lgdf0f pkefQnf ;ldltsf pkf'Wolf k'iffQd
sf0/fnfsf krfagaf6 .

pxf ljbfxlxs cfjfhnf0 dty/ ug
kpf; df xgbf /x5 . bflotj jfa do klti7fgsf
gtTj txd / ejg lgdf0f pkefQf ;ldtsf
cWolfd ;dt d/f gfd ca1st ePsf n ol
ugf;fxz pxfn dnf0 ;gfpkg cfjzostf
lyof / ;gfpgeof t/ d eflnkN6 g aunfbz—
gkfn k68l;k ;f;f06Lsf lgdtfdf aunfbz
hfgkg ePsf n tof/L uglyof—le;f, sfle8sf
So'cf/ sf8, kl;Lcf// 8n/-6fsf Joj:yfkgsf
klqiofxz .

c6tt k?iffQd sf0/fnfsf ln8/l;kdf
cWolfsf cfudg kZrft ldl6a a;/ :yfglosf
ugf;fxz 6a'uf nufpg u/L tnf vflnlbg /
lgdf0f sfo hf/L /Vg lg0fo eof .

d aunfbzaf6 kis/ cfPkI5 :yfglo;u
pkefQf ;ldtsf ldl6a a:of, bflotj ejgdf .
;fxbk0f zkdj jttf eof . pbfQ efjgf /fv/
;flxTo ;j4gsf nflu bflotjn lgjfx ub
cfPsf Oltxf;nf0 :yfgloxzn Wofg lbP/
vfn/ ;g / pglxs sf cfsfa1ffnf0 xfdln
klg ;6of . pglxs sf skfnsInkt epxznf0
lrb xfdln e6of— xfdl h ul//xsf 5f, xfd
nflu e6bf :yfglosf lxtnf0 Wofgdf /fv/
ul//xsf 5f . xfdlnf0 k6z ;/sf/n cflys
;xofu lbg'sf kpfhg bflotj ejg agfpg /
To; ejgdf ;flxltos ufi7L ;df/fxxz ;DkGg
ugsf nflu xf, c6z sg ;:yfsf clki; /Vg
jf s;nf0 ef8fdf /Vgsf nflu xf0g . ;/sf/L
h1uf / ;/sf/n lbPsf cflys ;xofu kpfu u//
tof/ u/sf ;/rgdf ;/sf/s :jfdLTj x65 .
xfdL To;sf pkefQf dfq xf . ;/sf/L ejgdf
s;nf0 ef8fdf /Vg klg ldNbg / p2Zo ljk/Lt
c6z ;:yfnf0 7fp lbg klg ldNbg . xfdln g t
s;nf0 ef8fdf lbg ;S5f, g s;nf0 tna g
lbP/ /Vg ;S5f o;y xfdln o:tf JolQ vfhf
5f, hg JolQ lglzNs bflotj ejgdf a;f; , /
ljgfatg sxl ;do k'tsfno vfnf; , ejgsf

;/lf0f u/f; . rf/af6 b0 b0k6s tfNrf krfg
l:ylt ca gbxfll/of; . bflotjnf0 df0f ug /
lstfasf dxEj a%g To:tf JolQ tkf0xzn klg
vfHg ;Sgk65, vfHg; / k'tsfno ;~rfng
sldl6df tkf0xzs sf tkiaf6 sxl JolQxzs
gfd lbg; . of kfl1s ynf xf . kfl1s dd yxf
ePdf xfdLaLr sg lj jfb xbg .

dflg; cflv/dflg; g xf . p;nf0 ;De1pg
dfq ;Sgk5, p;n ;De165 . xfdln klg e6df
k/sf tl c;Gtl6 JolQxznf0 ;De1pg ;Sof .
pglxz e6af6 dQ eP .

olt xbfxb klg ;dofjlwd lgdf0f sfo
;DkGg eof .

xfdln cgludg ;ldtaf6 lg/Llf0f u/f0f
/ cgludg ;ldtsf x:tfll/ ;lxtsf kltjbg
kz u6of .

casf kfnf Oli6d6 cg;f/ lgdf0f sfo
ePsf 5÷5g egl EofnP;g ug sfd .

hlt /fdfo0f k9fof ;Ltf s;sl
hf0 < egh:t hlt 3fsfP klg lgdf0f klqiofdf
kljlws ql6 e0xfn5 . lgdf0f sDkgLsf
k6lvn ufhl df xfnf Oli6d6 ufhl
/fv/ vf6fa ku5g . pgf cl;:66n lbPsf
dflvs cfbz kfnf u/ . g Ol:6d6 xgk6of,
g t gu/kfnsfsf kljlwsnf0 x/f0/xgk6of .
kljlwssf k6l klg yxf gePsf xfdLh:tf
ckjljwsnf0 ca's / /vdf sfl/Psf s'f s
yxf x6'<

xfdln t ;D%of tNnf tnfd h:tf %ofn
/flvPsf 5, tNnf tnfd h:t 9fsf lk6 ul/Psf
5, lahhLaQL, h:tfkftf, /u/fug ;a /fdl5 .
ejg lgdf0f pkefQf ;ldtn 7ls 5 egkl5
cgludg ;ldtsf cfvfn klg ;xl 7x6ofP
t/ EofnP;g u/fpbf c6z t sd a;L ePsf
;Rofpg ;lsg eof, %ofn9fsf ;Rofpg ;lsg
blvPg lsgeg ;/sf/L lgoddf — 5f6f jf nfd

ePsf jf kftnf jf df6f ePdf ;fxL cg';f/
dNof^asg tndfly ug ;lsbf /x5 t/ tflsP
ljk/Lt ;fduļ kpfu ul/Psf 5 eg ;Rofpg
;lsbf /xg5 . cyft To:tfnf0 EofnP;gdf
/fVg ;lsbf /xg5 . o;f ubf %ofn9fsfsf
dNof^asg g gxg eof . ;f7L ;Q/L xhf/sf
lx;fa gblvg eof .

kl/0ffd o:tf eof— uNtl u%of lgdf0fsf
bfloTj afssf kfljlwsn, ;hfo kfof pkefQrf
;ldltñ . lgdf0f ;DkGg ePkl5 gu/kflnsfaf6
kfr nfv cfpnf / fltklt u/fnf eg/ ufhl
ufhlaf6 p3f0 p3f0sg, C0f ;fk6 ln0 ln0sg
;fduļdf xfnf k;f cnkq xg l:ylt blvof .
kfr nfv vr e0;ssf 5, hlt lx;fa u/ klg
rf/ nfv t gfEb gfEbg, ca s ug <

rq d;f6tsf lbg lyof— kfljlwssf
EofnP;g ge0sg j8fn gu/kflnsfnf0
l;kfl/; ubg . ot eg lgod ljk/Lt u/sf egl
kfljlwsn lgdf0f eP cg';f/sf EofnP;g lbg
dfEb dfEbg .

ca s ug <

;bifj cfof, ;aeEbf klxn tflsPsf
;dodf sfo ;DkGg ug ;lSPg eg/ Dofb yksf
nflu gu/kflnsfdf lgjbg xfnG .

xfdlñ To; u%of .

lgjbg lbP/ dfq klg t ePg lg

kGw|lbgdf sfdsf 6^auf nufpg s;/L <

pkefQrf ;ldltf gtTj d/f 6fpsfdf
k/sf xbf slxn ;ldltf ;b:oxġ;u / slxn
PSn rfalxnbv agkf;Dd kf0nf gfg sf
u/ dn . sltko c j:yfdf t pkefQrf ;ldtdf
g/xsf sdnk;fb 1jfnlnf0 klg klti7fgsf
sfiffWolfsf gftfn ;u;u bf8fP .

;lhnf lyPg ;d:of ;Nerfpg sf .
j8fsf kfljlws /fhLj eġ5g— d/f anatfn

rNbg, lgod ljk/Lt d EofnP;g ug ;lQig .
kl5 pkdo/ ;dtaf6 klg lg/Llf0f xg ;S5 .
d/f hflu/ wd;^as6df k5 . 0l:6d6 abNgsf
nflu gu/kflnsfsf 0lGhlgo/ / ofhgf zfvfsf
kplvsf ;xdlt cfjZos k5 . klxnsf 0l:6d6
abNgsf sf/0f s xf < l6Kk0fldf :ki6 nv/
kz ugk5 . 0l:6d6 abNgdf sdrf/Lsf unt
dg;fo xg;Sg z^asf pAhġ5 .

lgdf0fdf ;nlg kfljlws eġ5g— .algagf0
sf7sf 9fsf / cfnldgods %ofn lgsfnbf
Psflt/ ;fdg / Hofnf hfġ5 eg csflt/
0l:6d6 cg';f/sf oklel;L ;fdg /fvbf vr
dfly vr ylkġ5 .

;sf/L lgodnf0 gdfGg lgdf0f sfodf
;nlg kfljlws / lgdf0f eP cg';f/ lx;fa
;dfjz ug ldNbg eġg ;sf/L kfljlwssf
lk;f0df k%of xfdl pkefQrf ;ldltf ;b:oxġ .

kfljlwsn o;f u%of eġg klg ePg,
sfdaf6 efu/ lx8g klg ePg . pkefQrf ;ldltf
;b:oxġsf ufhl ufhlaf6 k;f vr ePsf 5,
b?:t lx;fa gabrfP gu/kflnsfn eQnfgl lbbg,
clg tfl/v nfig ePg t gu/kflnsf / j8fdf
pkefQrf ;ldltf ;b:oxġsf <

slxn sf el6bg, slxn sf <

/ljg clwsf/Lsf ;xofu lnP/ ;ldltf
pkfWol f k?iffQd sf0/fnfn bafa kpfu ugeof
/ gu/kflnsfsf 0lGhlgo/ ;f/e nfld5gnf0
0l:6d6 ;zfwg ug cfuġ ugeof .

xf, ;d:of k/kl5 pkfo t vfhg kb/ /x5,
vflhof .

xfdl pkefQrf ;ldltf ;b:oxġn lg0fo
u// 0l:6d6 ;zfwgsf nflu Pp6f kq kz u%of
* g= j8f sfofno ufnkrl6f/df .

To; jnf :yfglo lgjfrgsf nx/ rNof .
pDdbj f/L btf ugsf nflu kbflwsf/Ln /fhlgfdf

lbgkg pbl hf/L eof . kfoMh;f /fhglts
kbflwsf/Lxzn /fhlgfdf u/ t/ clVtof/L sg
klg lghfdtl sdrf/Lnf0 lbPgg . sxl lbg
;/sf/ljxlg cj:yfdf eof bz .

kGw|lbg Dofb o; ; lsg yfNof .

ca csf kGw| lbg cyft jzfv
d;ft;Ddsf nflu lgjbg kz ul/of t/ kqdf
tfs nufpg sg sdrf/L /fhl ePg . tfs
gePsf lgjbg btf ePg .

56k6fP/ xbjfnf sxl lyPg .

ofhgf tyf cgludg zfvfsf ;xfos
sdrf/L lgjfb clwsf/Lnf0 lhDdf lbP/
;DalGwt knf0ndf pg/ /fVg afxs cZ sfd xg
;sg .

t/ d lgdf0f sfodf ;nlg kfljlws afa/fd
cfrfonf0 Ol:6d6 ;zfwg xg s7fdf ljZjf;
lbnfpg eg / elg/x- . kft ah6sf ;ldfleq
/xgu/L lgdf0f ePsf jtdfg cj:yfsfEofnP;g
u/fp / yk slt sfd ug ;ls65 < To;sf
klg Ol:6d6 u/f0 /fv . aflx/L uf/fdf knfi6/
ug slt nfi5 < sf7f dflysf h:tfdlg knf0
7fsbf slt ah6 a95 < j8fsf kfljlws;u
a;/ ;fsf lj j/0f tof/L cj:yfdf /fv . ha
sdrf/LtGqnf0 clVtof/L lb065, To; lbgblv
Ol:6d6 ;zfwg ug klqrof cl3 a9fpnf .

o;u/L laTg nfi0f jzfv . :yfglo rbfj
xgeGbf Ps lbgcl3 cyft jzfv @(df
uP/ h7 !% ;Ddsf nflu Dofb yklbg kflv
kpf; slo clwst =====nflD5fgnf0 cg7fw
u/ / tfs nufPsf kq ofhgf tyf cgludg
zfvfdf lbP/ 5f8 .

h7 !! ut dn cgf7f s7f ;g lgdf0fdf
;nlg kfljlws afa/fdaf6- rf/ nfv al;
xhf/af6 dfly pSng g;ssf Ol:6d6 t kfr
nfv kGw|xhf/;Dd psfnf nfu5 .

.s;/L eof PSsf; o:tf <dn k7g u/ .

pgn eg- .6; dlgsf 868L lx;fa u/sf
/xg5, sf7fsf nDaf0 rf8f0df klg k/s k/sf
/x5 .

.TolQn dfq klg olt w/ ah6 ylkof <

.ylkof .

d /geNndf k/- j8fsf kfljlws uP/
sf7f gfs xf, knfd 868L klg x/s xf /
;fxL cg;f/ Oli6d6 tof/ u/s xf eg PSsf;
rdTsf/ s;/L eof <gfbf ePsf ;fdf0 q6Ldf
k/s kGrfgAa xhf/ <

kGw| dfu ul/Psf Dofb ylkG' tLgrf/ lbg
cl3af6 gof kbflwsf/Ln klg kbef/ ;Dxfn,
sfd cln ;xh xg blvof t/ xfdln a7s
kl:tsfdf Ol:6d6 abnlbg cg7fw ul/Psf
lg0fon gxbg eof, lg0fo kl:tsfdf g lg0fo
ugkg eof . Tof sfd klg ;DkGg u/kl5 dfq
j8faf6 l6k0fl nv/ gu/kflnsf k7f0of .

gu/kflnsfaf6 cgludg ul/of . ;Deftf
ePsf ;dosf ;fdgsf dNo / sfdbf/sf Hofnf
lx;fa ubf rf/ nfv rf;77L xhf/ eGbf a9L xg
;sg . kfr nfv kGw|xhf/ lg:ssf lx;fa rf/
nfv rf;77L xhf/df s;/L vldrof <

7sbf/ klf e65- xdfj ;f9kfr nfv vr
e0;Sof, ;fdgsf dNo a9of, HofdLsf Hofnf
a9of, sxf x65 o;/L < t/ gu/kflnsf e65-
a9cg;f/ eQrfgl lbg lgod 5g .

lkn/ p7fP/ jf cZ sfd u// kfr nfv
k7ofpg sflz; ubf 7sbf/nf0 3f6dfly 3f6f,
sfd gubf ;Deftf cg;f/sf eQrfgl lng
g;lsg cj:yf ca s ug t <

7sbf/ / xdfj ;xldtdf hlt kf065, Tolt
g lng lg0fo eof .

lgdf0f ;DkGg ePsf knf0n gu/kflnsfdf
btf ePkl5 klg cf=j=)&*÷)&(leq eQrfgl

lbg ;lsq ;do lyof t/ k6s k6s ;fwgl ubf
klg lg0fo ePsf hfgsf/L kft ePg . cGttM
elgof— .g6 jls^adf ;d:of eof, sfd 6^auf
nufpg ;lsPg t/ ;Derftf e0;ssf / lgdf0f
;DkGg klg kpfloft e0;ssf xbf csf cflys
jif nfu klg eQrfgl df afwf kg 5g . o:tf kf0n
cZ klg 5g . o; sf/Of ;fpgel/df kf0nxZsf
6^auf nuf0 ebfsf klxnf xktf eQrfgl lb0g5,
Tolt jnf ;Dks ugxfnf .

xfdl n ebf nfublv g ;Dks ul//Xof,
7sbf/ klfsf tkiaf6 afa/fd cfrfonf0 klg
;Dks ug elg/Xof, kGw|lbg o; laTof .

lan klg elgof, lan k%of0of .

lan ldng elgof, lan ldnf0of .

sfd ubf kpfu ePsf ldl;gsf ef8faln,
vr ePsf k6fnsf aln | kfgalnsf 7fpdf
Eof6lan, s s lan s s <

ol ;a lan 7sbf/nf0 kz ug elgof t/
sxl lan o:tf xbf /x5g . hg kz ug g;lsbf
/x5 . xfdl yfls;ssf lyof, 7sbf/klf
yfln;ssf lyof . cfiv/ hlt kf0G5, Tolt
lng ;xdlt eof 7sbf/;u . gu/kflnsfn yk
rflt;xhf/ s6ftl u%of / rs aGg eof . rf/
nfv tl; xhf/sf .

;jfb / kvf0df ebf klg ;lsf . rs
agkl5 va/ ul/g s/f klg gu/ sdrf/Laf6
;lg/Xof .

t/ va/ ug lbg cfPg .

;fwk5 ubf gu/kflnsfdf pkl:yt xg
elgof .

ejg lgdf0f pkefQrf ;ldltf cWolfsf
pkl:ylt eof .

d/ cuf18 lan kN6fpg / lx;fa ug
yflnof . d 5Ss k/ — rs lng cfpg tof/Ldf

a;sf cj:yfdf t lan kN6fP/ hf8 36fp kf
z? ul/b 5 .

krf6jfnfn kf0naf6 b0j6f lan lgsfn/
d/f xftdf ydfpb eg— ol lansf cfjZostf
5g, ol lan geP klg /sd k15 .

d 3f/ cfZrodf k/, klxn klg eg/
ylkPsf lan clxn s;/l a9l eof < t/ d sxl
afing lsgeg d kflj lws ly0g .

elgof— ca hfg', rs agkl5 va/
u/fnf .

xfdl kLlffdf a:of, efln, kl; /
lgkl; ;Dd .

krfg cfof, nfdf kLlffkl5 .

elgof— tkf0 cfpg'; g, tkf0 gc0sg
sxf rs aG5 <

P afaf | rs aGg tof/L u// cfPsf xf,
kl/ lsg pkl:yt xgkg xf <

d ku .

kZg cfof, 5fk NofpgPsf 5 <

eg— dlxgf lbgblv d/f ufhLdf ;/lft 5 .

elgof— nf ol ;a alndf ;xl / 5fk
nufpg'; .

d rkrfk 5'. dnf0 yxf 5, afNg'>o:s/
5g . afNg dg 5— lxhf cl:t k6s k6s e6
xbf lsg elgPg < t/ afing .

5fk nuf0;skl5 elgG5— n tkf0
cfhnf0 uP xG5, kf0nxZ nf0gdf 5g . efln
bz ah 5fk lnP/ cfpgxfnf .

csf lbg d ;f9bz ah ku, sdrf/L l;6df
lyPgg . kLlff ub lyP, kfl6;gsf kNnfklS
al;/xsf nvf clwstn afnfP .

;fw— sfd s xf <

dn atfP .
pgn krf0n x/, pgs 6ahdf /x5 krf0n .
kjos kfg kN6fPb uP, l;/kR5/ xb uP .
Psb0 7fpdf ;xl5fk ug nufP / rs agf0lbg
eg/ krf6df k7fP .
; xoful g nfu xflsd .
t/ dn cfk0nf0 etkj eg/ lrgf0g .
o; alr rs ag/ cfP5, xflsdn ;xl klg
u/5g . pgn dnf0 eg— rs alg; Sof, krf6df
hfg'; .
krf6jfnfn eg—; xl xg afsl 5 .
;fr, Pp6fsf t ;xl eof, c; s; sf ;xl
xg afsl xfnf d sl/a Ps 306f 6xln0/x /
;flw/x .
t/ elgof, ;xl ePsf 5g .
dnf0 bv/ xflsdn eg— tkf0 ce
hfgPsf 5g <0
eg— rsdf ;xl ePsf 5g .0
Isq gxb'0 e0; Sof— pgn krf6jfnfnf0
krf0n kN6fpg nufP .
krf6jfnfn xb gx/lsg ;xl ePsf 5g0
egsf /x5 .
dn rs aei/ bf8fbf8 ufnk6f/sf slif
ljsf; as kl . kfgkfr ah rs hDdf eof .
of6f dxfo4 lhth:tf eof .
kl;af6 bz nfi5, k;f lgsfNg klg
t l9nf ugePg lg ;f;xl;af6 rf/ nfv
Cof afssf 5', 7sbf/nf0 klg lbg' 5 .
dn ejg lgdf0f pkefQf ;ldltsf dxf;lrj
/ siffw0lfnf0 krfg u/ — efln bz ah slif
ljsf; as ufnk6f/df pkl:yt xgxfnf eg/
t/ siffw0lf kfnkfdf, dxf;lrj eifkf hfg

tof/Ldf ;xoful ;f;xl;nf0 / 7sbf/ ;:yfsf
0= wd/fh kfV/nnf0 klg j:tl:ylt cjut t
u/fpgk%of lg .

dn ;f;xl;nf0 t ;d:of aefpg ;s t/
0lghlgo/ ;fknf0 aefpg sl7g k%of .

eGgeof— klxNo rsdf ;xl u/fP/
/fvgkgb <0

Toltn dfq ePg, sjf0;L klg egkg /x5 .0

Tof klg klxn g e/f0/fvgkgb < tkf0 h
ugk5 ug'; t/ dnf0 h;/L eP klg lbg'; .0

P afaf0 slxNo pkTosf g5f8g dflg;
kfnkf knf eG s yxf < pHofnf xbf 3/af6
lg:s/ cWof/f ePk15 3/ k:g dflg; b; labf
xgeGbf b0 lbg cl3 eifkf lx8nf eG s
yxf < dn ;f;xl;sf rf/ nfv Cof afssf 5';
tkf0n kfpq egf tl; xhf/ t xf, tkf0h:tf
dflg;nf0 Toltn s /flsG5 < kvg'; g bzafx
lbg 0

t/ pxfn Psxf/f /6fg 5f8gePg—
tkf0n h;/L eP klg lbg'; . s dn sdbf/nf0
lbgkgb < s p; n b; dfGkgb <

To; jnf dn afWotfjz eGgk%of—
c;Dej .

To; jnf dnf0 eG dg nfusf lyof—
.of ;a ;d:of tkf0n 0l:6d6 cg';f/ sfd
gul/lbbf l;hgf ePsf xf . gg t xfdln rq
dlxgdf g sfd ;DkGg u/sf lyof lg 0 To; jnf
/sd eQifgl xg lyof, ;d:of ;fk 0

oyfy s'f oxl g lyof, t/ dn sxl elgg .

krfg /fvkl5— d ;frdlg eP, P afaf0
xfdl s kfpqsf nflu ol ;a sfd ul//xsf 5f /
egf0 ;lx/xsf 5f . ;:yf t gfdffq xf, pkefu
ug t :yfglo hgtf xf lg 0

bflotjnf0{ bxf0 adfihdsf lsfaxj kft ePsf 5g, sltbftfnf0{ w6ojfb					
sltsf] gfd	ljwf	njvssf] gfd	ksfzssf] gfd	ki7 ; a\of	dNo ?:
cuhx2sf]hujg; a8if{	-hJgl_	l8-cf/- kfy/h	xfdf]] ; hgf	i^+i^*	@)) ÷-
xfdf]]dfhns 0ltxf;	-0ltxf;_	oJ/fh e; in	ls/of k:t sfno	@\$±@\$*	#@%÷÷-
zflctsf]ult	-xf0s'_	/fddlf 9^vuh	kf8fh ; flxio klti7fg	!!@	@)) ÷-
1fg Joj:yfkg	-nj;^uk_	/dafa' gkfn	;fdlxs Joj:yfkg slb]	i@±i(*	#@%÷÷-
kJ/sf]cfjfh	-n3syf_	ljZj/fh clwsf/L	; fljqb]L pkllfofo	i)%	@)) ÷-
uf0hqtqf	-n3syf_	ufoqlsdf/ rktuf0f	zAbotqf ksfzg	i^+i@*	@)) ÷-
vZl	-n3syf_	ls;g kf8fh	;xbj kf8fh	*)	i)% ÷-
x/fPsf]zx/	-n3syf_	dqlfsdf/ ;ldt\	cfzf zdf{	i^+(\$	i*) ÷-
5/kg eflu	-n3syf_	sdb zdf{ofs/h	:jod\	i%±i@)	@%) ÷-
dha	-n3syf_	;+v8/fh kfy/h	dha krfp8zg	i^+@&@	#%) ÷-
k5bf]sf]cf0; lqnd	-n3syf_	v8/fh kfy/h	dha krfp8zg	i@±i\$@	@)) ÷-
;øfu	-n3syf_	;+v8/fh kfy/h	dha krfp8zg	!!@	#)% ÷-
>lalnL	-n3syf_	v8/fh kfy/h	dha krfp8zg	i^+*)	#)% ÷-
P8flesqsf]cfsfz	-gf6s_	dfwj kfy/h	dft8ld ; flxio ; dfh	i^+&)	i)% ÷-
lhcbulb]v lhcbul;bd	-lga0w_	bJ/fh v/h	dft8ld ; flxio ; dfh	i^+i)^	@%) ÷-
cfdfs]vfhL	-n3syf_	8f- u0fzsd/ kf8fh	hgdt ksfzg	i^+&^	@)) ÷-
kof/fjgkfn	-v08stlo_	/f8f k6yl	:jod\	@@±\$)	i)% ÷-
/x:0 uix/fj5	-dQs_	ljholjh ykft	sdfn ykft	*)	i@%÷-
ljholjh ykft JoIQ / slt	-; dfmfrgf_	;l/tf stL	sdfn ykft	!!@	i@%÷-
nlnf]jh ykft	-hJgl_ stlo_	las]kfkfnL	ljholjh ykft	&&@	i@%÷-
ultf lrctg	-cl0fd_	dlQ_ urfd	:jod\	*)	ef?=:i)) ÷-
dl0fk7df gkfnL hijg	-kl/ro_	dlQ_ urfd	gf;+;7lff kl/ffb\dl0fk7	i@±i%@	ef?=#)) ÷-
sf]qf]sfng sljtf	-sljtf_	afaf/d >l7-jiff{	8f- ek]bpf]g l;*	*±^^	i)% ÷-
ouslj l;14r/0fsf sljtdf 50bljwfg	-; dfmfrgf_	8f- bJL gkfn	ouslj l;14r/0f klti7fg	@))	#^)) ÷-

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! cRoT k4 kffh .lr6tgj
@= chg cfrfo{
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!!= snfw/ sfjn
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!\$= sfofk;fb a:ofn
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