

j if{ #^÷ k0ff{^a\s !#*÷ c ; fh— s flQ s @)&(

kž sflg;n gkfnâf/f 's' juđf julšŁ /fli6æ:t/sfjklqsf

bfloTj

åđfl,s

křvg ;Dkfb s

/fdkř;fb kĜt

křfg g+\$\$-\$^\$&^
ufjhLkřfg (*\$!%@^)!&

křv ;Nnfxsf/

7fs/ zdf{e08f/L
dfj (*\$!@\$%##!

;x-;Dkfb s

ofbj eš/f0ř
dfj (*%!@#())(

;Nnfxsf/ ;dŁ

sžj/fh kĜt
sdn 1jfnl
/fdkř;fb cfrfoř

ljzřř ;xofřl

ne/fh hfřŁ

Jo j:yřks

nldL kĜt

křfg \$-\$^\$&^



;xofřl ? : %)÷-

JoiQmut ljłzi6 ;b:otf zNs ? : %)))÷- jř ;řĜbf a9L .

;řyřut ljłzi6 ;b:otf zNs ? !,)))÷- jř ;řĜbf a9L .

sfořřo

3-@&@÷&), řfjłxn-&, sf7df8řř

křfg \$-\$^\$&^

E-mail: dayitwa44@gmail.com

Website: www.nepalipublisher.com

http://nepalipublisher.com/downlods-dayitwa

www.dayitwa.org.np





jþjfofl



Clif-s0j 3f/ . bJtf- d?bu0f . 5Gb- ufoql .
 qmL8+ij zwf[df?tdgj0f+yzæd\.
 s0jf cle klufot ...!
 x s0j ufqlo Clifx; qmL8f ug ?rfpg,
 an;DkGg, clx; þ jIQsf d?tu0f /ydf lj/fhdfg
 5g . ltdlx; pglx;sf nflu :tlufg u/ .
 o]kftlleCf6le; fs+zfzlle/l~rle .
 chfoçt :jefgj ..@..
 ol d?tu0f cf^g kþfzn oQm l5la/ dunf0
 jfxg agfP/ uxgfn ;lhP/ uhgf ub kþ6
 ePsf 5g .
 OxJ z0jf Piff-szf x:tj' oåbfg\.
 lg ofdl~rqd[ht]..#..
 d?tu0fsf xftdf /xsf rfaSaf6 cfpq Wjlg
 h:tf Isl;dn lg:sb 5, To:t çkdf xfdL ;çb
 5f . To; Wjlg n8f0df c;fdfço zIQm kþlzt
 ub5 .
 klj zwf0 3[jo]j]fBDgfo zlidOf].
 b]Q-aKd ufot ..\$.
 x ofhsx; xf an a9fpg, zq' gfz ug,
 bLlKtdfg d?tu0fsf ;fdYo / ozsf ljifodf
 ltdlx; cf^gf dGqn ljzic Isl;dsf u0fufg
 u/ .

k|z+uf j]jEGo-qmL8-0R5wf[df?td\.
 hDe]/;:o jfjW]..%..
 x ofhsx; xf d?tx; ls/0fåf/f ;~rI/t lbJo
 /; kofkt ;jg u// alni7 ePsf 5g . Itg
 d?tx;sf cljgfzL ansf kþ;f u/ .
 sf]j]j]lifç cf g/f]lbjZr UdZr wto .
 oT;ldçt-g wgy ..^..
 Bhfs / enfsnf0 sldkt u/fpg x d?tx; xf
 çvsf xfuflauf xNnfPe h;n ;w zqX;nf0
 xKsfp5f, To:tf ltdlx;dWo jI/i7 sf xf <
 lg j]jofdf dfglff]bw|pufo dGoj].
 lhxlt kjç]lu/LM ..&..
 x d?tu0f ltdlx;sf kþ08 ;a3ifsf
 cfjzaf6 8/fPsf dflg; ;xf/f vfHb 5g .
 lsgeg ltdlx; ljzfn kjt / 6fs/fx; klq
 sdf0lbç5f .
 o]fdHd]k[yjL hhjfe0j ljzklm .
 leof ofdj' /ht]..*..
 d?tu0fsf cfqd0fsf/L ansf sf/of h/fhLof
 tyf eoelt /fhfe kYjL kþldkt xg ub5 .

cgjfb || ltnsk;fb n06h

CUjþ-;ktf, klyd d08n, -;Qm - #&_

ç ee1 :jm tT;ljtj]0o+euf[b]:o wldlx lwof of gm krfpoft .
 efjfy k0f:jçk, blvgfzs, ;v:jçk, kþanth:jL, kfkqfzs, b]:jçk k/dftdfnf0ç
 xfdL ççt/ftdfdf wf/of ub5fç tl k/dftdfn]xft]al4nf0ç;çduçf k/t uçg\.

; Dkfb slo

- cf~rlnstsf /^a lbP/ ; flxTo nVg rng gkfnL ; flxTodf dfq xf0g, lJZj ; flxTodf klq blvPsf 5 . sg klq dh\$sf lglZrt lfq, eufn, 0ltxf; , hghljg, ; :slt / jftfj/0fsf lJllzi6 eNsf lbP/ Toxfsf ; Dk0f lRq lVlrg u/L ; flxTo l; hgf ug'g cf~rlns ; flxTosf klxrfq xf eGg s7fdf lJåfgxç ; xdt 5g .
- lJZj ; flxTosf ; Gbe sf6ofpbf cf~rlns ; flxTo~nvvgdf anf0t w/ cufl8 5 . cflne/ ufn8l:dyn ; qf ztfAbldf g .b l8h6h lenhU nv/ cf~rlns ; flxTosf z?cft u/kl5 o; sf lJ:tf/ kffG; , ?; , hdgl xb ef/t; Dd kilnof . ef/tdf k0flZj/ gfy /0f, gfuhg, lzjk; fb ld> , /fdb/; ld> , /fhGb| c j:yLh:tf ; zQ nvsxçn cf~rlns ; flxTodf xft a9fPkI5 To; sf kpfj gkfndf klq kçof / z^as/ sf0/fnfn ; jkçyd .vl/gL3f6U -@)!*_ pkGof; nv/ cf~rlns ; flxTosf 9fsf vfn .
- efiffsf kpfj csf efiffdf kg' / Pp6f ; flxTosf kpfj csf ; flxTodf kg' cgf7f s7f xf0g t/ To; kpfjaf6 k/s ; flxTo l; hgf xg ; Sof eg To; flxTo kpfj sf/L xG5 . gSsn ug vflhof eg To:tf l; hgn sg cy /fvbg . ; flxTo l; hg ug'egsf klq sg j:t'sf pTkfbg ugh:t xf . csfn u/sf pTkfbg eGbf k/s kçltsf dflns j:t' pTkfbg ug ; lsof eg To; j:t'sf dfu a9/ hfG5, p:t p:t j:t' pTkfbg ul/of eg To; sf dNo / dxEj sd xG5 .
- lJZj ; flxTosf çk/vf xbf cf~rlnstfdf cfwf eP/ ; aeGbf a9L pkGof; nlvg u/sf kf0Psf 5 / gkfnL ; flxTosf w/ftn klq To:t cgçk agsf 5 . gkfnL ; flxTosf xhf/f pkGof; xçdW0 sl/a tlg÷rf/ bhgsf xf/fxf/Ldf cf~rlns pkGof; xfnfg l t/ tL klq ; an cf~rlns wd k/f u/sf 5gg . o:tf c j:yfdf /fHosf oyfy j:tl:ylt açgsf nflu klq cf~rlns ; flxTosf cfjZostf kg blvG5 .
- cf~rlns ; flxTonf0 dnhn u/L x\$fpq qiddf syfljwfn klq dxEjk0f eldsf vnsf 5 . ejfgl lelfbv /fddl0f kfV/n hfzL; Ddsf syfsf/xçn cf~rlns lJifoj:tdf snd rnfP/ /fi6sf ; ldfçtlst ; dbfo / eufnsf klxrfq u/fPsf 5g . ; dfhsf ; ldtD ; d:of / cfjZostfxçnf0 lJznif0f u// /fHosf Wofg lVRg syfxçn dxEjk0f eldsf vnsf tYo xfdlnf0 afw ePsf 5 .

- kl5Nnf r/0fdf gkfnL ; flxTofsfzdf lgofqfljwf cToGt kii6fP/ uPsf 5 / o;n cf~rflns ; flxTosf ljsf;df dxEjkOf ofubfg k%ofPsf 5 . 8f- tf/fgy zdfsf .3g3:ofsf psfnf blv cfh;Dd cf0klbf lgofqf ; flxTon bzsf eufn, :yfglotf, kofj/Of, ;dfh / ;:slt aefpg 7nf d2t u/sf 5 . ;fRr eGg xf eg clxn cfVofgsf ltvf lgofqfn d6f0lbg u/sf 5 . sg klg lgofqsf/n bzsf6g u5 eg To;n tttt 7fpsf lrq lvR5 / lgofqfnvgsf dfWodaf6 ;dfhnf0 ckOf u5, hg lgofqsf k7gn dflg;nf0 To; 7fpsf j:tl:ylt a%g d2t ub5 .
- xg t clxn ljleGg effiffeflxZdf sljtf nlvg u/sf 5g . tl slj tfxZn klg cflzs Zkdf cf~rflns ; flxTonf0 an k%ofPsf 5g eGgkb5 t/ ;qfTds Zkdf nlvg To:tf slj tfxZn ;duj;dfhsf klxrfg lbg ;Qgg . olb slj tfnf0 tGsfP/, v08sfJo jf v08sfJonf0 tGsfP/ dxfsfJo agfpg ;Sg xf eg To;n cf~rlns ; flxTosf ljlzi6 klxrfg lbg ;Snf eGg cfzf ug ;lsG5 . o;tki gkfnL sfJosf/ jf dxfsfJosf/sf Wofg klG' cfjZos 5 .
- gkfnleq dfq xf0g, gkfn afIx/ a:g gkfnlefifl jf kljf;l gkfnLsf ;Vof klg sd 5g . ToF ;dfhdf k;/, To; ;dfhdf leh/ klG ; flxTo nVg afsl 5 . o;afxs cNkkl7t, cNk;^Vos / nfkdV c j:ydf /xsf yf?, zkf, dfeL, tfdfa, rkfa, /fp6 nufot blnt ; dbfodfly klG xdfj bli6 klG ;ssf 5g . ol hfltxZsf clxn;Dd t cf~rflns cl:tTj 5, dflns ;:slt / klxrfg klG 5 t/ lj:tf/ xf;fcdV xb 5 . ablnbf ljZjkl/l:yltdf ol hflt, effiff / dflns ;f:slts k/Dk/fxZ klG kpflijt xb hfG5g / efln of c j:yf g/xg ;S5, t;y tl hflt, ;dbfo / effiffZsf cl:tTj hfufpgsf nflu klG xfdln snd rnfpgkb5 . o;f ug ;lsf eg cf~rflns ; flxTosf hu ceI alnof xG5 .
- clxn xfdln @)&(;fnsf ljhofbzdl tyf zebLkfjnl / 57kj dgfP/ lzvu? gfgs / ls/ftu? kNubGbsf hGdhoGtl klG dgf0;ssf 5f . ol afxs cGo wdfjnDalsf rf8kjxZklT klG cfdgkfnLsf ;befj 5 . To;n t xfdln axhtfdf PstJefj vfH5f / /fi6lgdf0fdf h65f . dxfsfnL, dxfnldL / dx;/:jtlx xfdL ;asf sNof0f uZg .



bfloTj

-; flxltos a; s_

; hgf	kfgf g+	; l6f
syf÷n3syf		
x ^t lx ^f /f od/fhl; t	*	z ^a s/ s ⁰ /fnf
jg, jgkfn]/ af ^h xf	!)	/fdaxfb/ kxf8L
zlQ ^m	@^	nl ⁿ f/fh bxf ⁿ
:ofaf; \5f]L	%)	; [b ^h fn eh'
b0{n3syf	%^	c?0f vql 'gbl'
; Gb ^z	%&	d7fl//fh ld>
cfd ^f s]cf;'	^!	sdf/ g ^k fn
n ^y ÷lgaGw		
lj j ^s	!*	5fofbQ Gof ^k fg]'au/'
la/fn ^f s]cf ^r l	@#	dfwj k ^f y/h 'uf ^h of ^a u]
c; 78f8fsf]/flf; /fh	%*	; Gb/ v8 ^s f
clt ; j ^q jh ^q]\	^\$	/fh ^z dfg s];l-
; d/Of÷ofqf; d/Of		
d[osf]5fof ^d f vzl dgf0/x ^s f]lhGbuL	!!	8f- b ^f df ^h / k8f; gL 'lszf]'
rt/fb]v k ^f y/f; Dd	%@	8f- gf/fo0f lg/f ^h f
; dl ^l ff÷; d ^f n ^f]g ^f		
afa/L u0{t sxf"u0{<	!^	z ^a s/ zfx
vz ^l s]k8 ^s f] b ^l 6fsf]b ^l 6	@!	k ^f - dfwj l3ld/]
; l6f ;ltf s ⁰ /fn ^f s]cf ^r dsyf 'aGb 9f ^s 'sf]		
hljgofqf ^l eq k ^l j ^z ubf{	@&	/d ^z h ^u ykf ^f
syfsf/ uf ⁷ fn] s ^x l lrc ^t g s ^x l ;Dergf	##%	6 ^s gfy bxf ⁿ
gf6s		
d ^h ;fil	\$!	/d ^z k ^f ; fb vgfn
lgoldt :tDe		
Ps xftdf lrrL cs ⁰ f kfkf	&!	gL/fhg d ^h uNo
slj tf÷ult÷uhn÷dQ ^m s		
xl/k ^f ; fb l3ld/}&÷lznf kGt-@)÷d ^f xgk ^f ; fb l3ld/} @%÷s ^z j/fh kGt-##÷cg'; Bf zdf{		
:t ^h lo-#\$÷ef:s/ e08f/L- %!÷; b ^z /Of /ld- %^÷ uaf lnun-%&÷/fh h]>7-^@÷/Ltfb]L k ^h fg		
hfzL-^# .		
;fydf- ;Dkfslo, bfloTja ^h y, s[tljj/Of / j ^h jfofl .		

bfloTj ådfł;ssf ljlzi6 ;b:oxč

```

gJ/fhg dfbuNo - (*$!#^*#$#
gf/fo0fbj k&t - (*$!)!&!*%
ggf gkfn 9sfn - (*$!@%$$$*
dfxg rkfkuf0 - (*$!#%@!$&
jf;bj pkfWofo 9sfn - $$$&@%*#
?s'sfsl - (*)!)*$^@!
ljhoWjh ykfk - (*$!@$%^(#
cdfd/fd v/n - (*^%#!#$)^
u0fzk&f fb eS/f0 - (*$()@##*^
0i6kfn dflj - (*%!)%$@*@
ofu/fh kf8n - (*$!$)&%@%
u^uf;fu/ k&t - (*$)%@^(#)
/fddi0f b'j8L - (*$!#@@%)!
ljBfk&f fb l3ld/ - (*$!@^*^!
szj &kfvvtl - (*$!%)#$(&
lalno66 axdVl Sofdk; - (*%!@!$@!$
8f= abf kfvh - (*%!!)@((%
;lfdf zdf a8fn - (*$($%)()
d's&b Gofkfg - (*$(&$*^%^
0= lqj&b/fh k&t - (*%!)#**%$
1fgxl/ kf8n - (*$!%)$$!#
nldljnfn; sf0/fnf - (*$!))!^@#
/fdz uftd .kfnkfnW - (*^*)@#^$*!
ljiofk&f fb zdf k/fhnl - (*$!##&)*#
8f= si0fr&b|zdf - (*%!!)@(**
lszf/hu sfsf - (*%!)(%)%(%)
7fs//dof cfrfo - (*$!@$^)*!
/yl cd/ k&t - (*%!)#**#!
/fh&b&k&f; fb k&t - (*%!))$&$^
kzklt ldq dflj - (*$!@(^$!@
ltnk&f fb Gofkfg - (*$!%!(**
kjj cfnfs - (*%!!)$)@$
szj/fh zdf - )!-$*@#^!
/fdk&f fb cfrfo - (*$!#!(@%
ljiofk&f fb k&y - (*%!)$&((
zxlb zqf dflj - (*$!^@#!)
j&b&kf fb k&y - (*$&)$&(^
ljiofk&f fb k&t - (*%!)$#@$(
z^s/ljqd zfx - (*^)#^@%&
cdfk&f fb sf0/fnf - (&$!@!^@(!
si0f kfvfg - (*$!$@%#^
slj tf k/fhnl - (*$!@^!()
;G6n/G; snh - (*%!)(@*(^
eflu/yl >i7 - )!-##&#!!(
hnzj/l >i7 - (*$($^*^&
;l/tf cofn - (*%!)*&!&(!
si0f ;jbl -ef/âfhldq_ - (*%!!)^(!#&
; /j lt hfzl - (*$*(^(^$^
dfxgaxfb/ sf0:y - (*%!)!%)#%
gu&b/fh zdf - (*$!^!@!!
u^uf lnun - (*$$$&$^@*
lbjo lu/l - (*$!$!!(#
5fobQ Gofkg - (*%!)!%&!#
k&fzf 3fon - (*$!@($^$
z^s/ ef/tl - (*$!)$*$&
8f= d's&b klys - (*$!%!)^@!
ljgfb gkfn - (*$!@#!!^
>Lcfd >i7 /fbgJ - (*$!)##@($
bljsf ltldln;gf - (*%!)&*$(
kzklt axdVl Sofdk; - (*%!@!&!)&
/dz&kf fb vqfn - (*$&^(&^&
efgk&fzf hfzl - (*$()#$*%$
e/tsdf/ >i7 .lj jzlj - (*^@()(&
d-h'lg/fnf - (*@*%*%@!*
ho 5fa5f /f0 - (*)!#$*&@&

```

bflotj ʔɔf; ssf ljlzI6 ;b:oxʔaf6 xfn;Dd ?- # nfv #) xhf/ kʰt ePsfh]pQn /sd
bflotj klqsfstj; j46 / lg/ʔt/tfsf nflu .bflotj klqsf stfll :yʰkɔf ul/gʃ . cfufdl lbgdf
;b:o a6g rfxgʔaf6 klɔ /sd kʰt u/L sfll j4 ubʰnluɔʃ - ;Dkfbʃ .

bfloTj af15 0

- ◆ bflotjdf /rgf k7fpf 0d]h dfk[\klt kG6df 6f0k u/L k7f0lbgxb,
- ◆ bflotjdf klift /rgfx; ;rgf gu/L cG0q lbPdf To:tf n]yss]gfd sfnt];tLdf /ilvg] Jox]f cjut ugxb,
- ◆ bflotjsf nflu km]f]gk7fPsf ;|6fx;n]Ps kl't c6f] f0hsf]km]f] ;d] k7fpgxb,
- ◆ s[tkl/ro u/fpg rfxg]dxfgfjx;n]kl/rofids n]y / Ps kl't lsf a jf b0f b0{klt s[t pknAw u/fpgxb,
- ◆ bflotjnf0; k7b Pj+; jkpb agfpgsf nflu lj]w ljwfx;sf n]y /rgfx; k7f0; xofu ugxb,
- ◆ bflotjdf cTolws dfqdf nfd / ax'; aVos ;dLlfx; cfpg] u/]fn] xfdln] :yfg lbg ;ls/x]f 5bf F o; tkm; ;dLlfsx;sf]Wofgsif xg,
- ◆ n]y /rgfd k]sflzt ljifoj:t'tyf tYof^axs;sf] ;Dkof]pQ/bflotj ;Dkfbs Pj-k]sfzsdg g/xl :jo+n]vsdf /xg]Jox]f;d] cjut ugxb cg/n 5 .

bfloTj k'/f d u// 5f85'

■ xl/k ; fb l3ld/]



lz lff oxf gllt ePg /fd
bfloTj w/ blvb 5 xdf
cfk ; wfg k0f u5'dn
;xfotf ug' ; a ; an ..!..

lbuf xg hEn /fk5'dn
;xfotf ugk0f ; an
kfgl ; krf 5g ; krf d kf5'
5g xdsf lgdn tfo eif5' ..@..

/fulxçsf pkrf/ u5'
bllvL eP bllv ; w d 6f5'
pBfu vfNg 5 lj rf/ d/f
ljbz wfP/ eof cWof/f ..#..

yg/ kfgl lahl lgsfN5'
gkfn of bz d blkt kf5'
;dl4n eg'5 bz d/f
x6fpg xf ul/aL cWof/f ..\$..

vfgl vgl leSg d ; S5'xL/f
d /zdl kfb5'x/ sL/f
nufpg j : q d a65' cfh
kfb 5'dn ca of ; dfh ..%..

af6f agf0 ; a kf5'IrNnf
kSsf u/L ; 6b/ kf5'lhNnf
d bznf0 ca zft kf5'
; ; f/df : tTo lj sf ; u5' ..^..

Jofkf/ 3f6f d 36f0 lb65'
a/fhu/L d x6f0 lb65'
vgl shf l ; l~rt kf5'af/L
aferf ; asf lgvg/ 6f/L ..&..

arfpb ub5'bznf0
gkfnsf ; 6b/ eifnf0
; : sf/ xdf clt pRr kf5'
befj dn ; lhn lgvf5' ..*..

; ; f/sf ; 6b/ zft bz
gjlg ; jfkl/df ljzif
bfloTj k'/f d u// 5f85'
; Dk0fdf sfdn xft hf85' ..(.

/f/f / klf hn ; Sg lb6g
d eifnf0 ca nSg lb6g
: j bznf0 klg rSg lb6g
d /fi6 eif08f ca eifSg lb6g ..!)..

• •

x^tLxf/f od/fhl; t■ z^as/ sf0/fnf

> 4f-hnl / cf;sf tk0f lbgx₂sf nx/
rnsf dfsdf dnf0 kl>4f-hnl
/ ;djbgfsf dnf₁sf dnf₁, k₁nsf
uR5fsf uR5fx₂n kl/g OR5f x₂5 / odbtnf0
k₁sf/f ug k₁5- dnf0 kl> ;Dei/ nu x₂Yof.
lsg nf0g lRgx₂nf0 dfq nhf₂sf odbt
xf dnf0 lsg cwsNrf agfP/ /fV5f < sg
zqsf xftaf6 d₂b l₁jif eP kl> cyjf df6/
a; b36gfaf6 eP kl> cyjf sg c;f₁llo /fu
nuf0lbP/ eP kl> of dTohfsaf6 cdt nfsdf
nhfg cfbz lsg lbbgf < d/f nflu t ltdl
g ; j; jf n₁5, s; sf cfbz kvgkbg xfnf
oxf -dTohfsdf_ h:tf. if8o₂qsf/Lx₂l; t
ldn/ eP kl> cyjf c₁k₁n ubf / d^auf k₁f/
u// eP kl>. d l; gdfsf x₁/fh:tf k₁f06₁ ug
sxf ; S5/ < d Pp6f ; fdf₂o hl j dglogfdwf/L
x' rfx dn lsg l₁j₁j; s adx₂ agfpg g; s
ltdf nflu t d sg lRNg sldnf a/fa/ kl>
xg, tklg ltdln dnf0 lgddtfk₁s o; nfsdf
arf0/fv₁sf lsg < dn ltdlnf0 l/; p7g sdf
s ugk₂of <

dnf0 ;8sdf 5f8f uf0a:tsf alr ;f9
e₁ 30g lb0/xsf 5f. dnf0 uf0x₂sf alr ;w
/dfpg kl> dg 5g, ;f9 agfP/ 5f8 kl>. o; sf
nflu a:g s';L / /jfk₁ bvfp₁g ;Qf₁wf/Lnf0
e₁ b/af/sf Joj:yf kl> ltdln ul/lbPsf 5gf.
o; n sfg yfk/ d/f s'f ;g – odbt xf

klxn t ltdlx₂sf eo dflg;sf
h₂dsfnblv ;u h₂d/ cfp5 t/ of eosf
rtgf h₂dg afnsnf0 lansh xbg. ha p₁

clncln a9b cfp5, Toxl cln clnl;t
a9b dTo₁sf eon vldr₂5. sxl sfd ug
;fx; ubg. p₁ sft/ x₂gyfN5. clg To:t
sft/x₂nf0 hljge/ vnfP/ d';fnf0 la/fnf₁
vnfPe₁ ltdlx₂ n₁s/ x₁//xsf x₂5f- cf₁gf
Pofzl dxnsf %ofnaf6. ha ltdlx₂nf0 efs
h₁flb cfp5, Tolt g v/ ltdlx₂sf e₁D6f0df
d';f e₁ dflg; vq₁Ss kf// lzsf/ u5f. rfx p₁
sg /fhglts ; jfndf dx₂Ejk0f ts lb0/xsf
l₁of lsg gxf; cyjf hl₁j₁sfsf nflu s;sf
Hofnfbf/L sfddf kl>gf rxf0/xsf lsg gxf; <
df₁of bof gu/L cf₁gf efs₁sf Hjfnf Psl5gnf0
z₁f₁t k₁5f. ltdlx₂sf of lgdd cft₁n ubf
of ed08n g ysfodfg e0/x5. hxf x/f o:tf
n₁5, cft₁ j₁fbx₂sf ult₁jlwdf kl> ltdlx₂s
oyi6 xft 5. ltdl0zf/df lbgx'xhf/f dflg;
lzsf/ x₂5g. slt efsn u₁t blv₂5f ltdlx₂
t/ dblv ltdlx₂nf0 l₁j₁ti0ff lsg x₂5 < dblv
lsg d₂6f a6f5f < s d Tolt 3l0ft ;li6 x'
h;n₁f0 vfbf ltdf k6 el/gsf ;sf x8ln₂5 <
jfsj₁sf₁ n₁5 ls xhf n₁5 || eg odbt xf

dklt bofk₁ ltdlx₂sf s7f/tf xf.
lgbotf xf e₂g n₁5. o;n dnf0 gvnfp₁
d';fnf0 e₁. dnf0 n₁s/ d/f vnk₁lt lbnr:kl
lnb x/sf dnf0 c;Xo x₂5. d ltdf ck₁tolf
pkl:yltblv 8/fp5; h;n ubf d cf₁gf vn
/fd₁/L vNg ws df₂5'. d cf₁gf 0Zj/k₁pQ lbJo
u0fx₂sf k₁pzg ug ;lQ₁g, lgwSs eP/.
lsg₁eg o:tf lbJo u0fx₂ bvfp₁gx₂nf0 ;do
g glb0 c rfgs e₁D6₂5f. ltdlnf0 sg sftxn

xbg— cf^gf lzsf/n sg sfd ul//x5, sg sfd ul//;Sof, sg dxŁj /fVtgf, sg sfd ug afsl 5 egl kv/ a:tgf .

x odbtxŁ xf d ltdlxŁnf0 vZL u/fpg dTo^ho kf7 ug klq 8/fp5'. ltdl dfgjlgldt :tlufgsf sg ljZjf; ubgf . avZL jf vZLl;t ltdlnf0 dtna 5g . t/ ltdl dblv 6fl9Psf 5f . d afnfp5'ltdl ;Łbgf . d s/fp5' lRofp5'ltdl dnf0 lng cfpbgf . d/f nflu ltdl alx/f, cŁwf, xltxf/f dblv eflg sft/ xf .

x/ ltdl slt ck/fwL 5f, d/f cufl8 g d/f lkphgxŁnf0 yfx glb0 nlu/xsf 5f . ltdl kfkxŁsf nvfhfvf ug cbfnt xbf xf, ck/fw cg';Łwfg cfofu u7g xg sfgg xbf xf t kŁolf ltdln dTohfs l:yt cbfntsf s73/fdf pleP/ aofg lbgkg lyof . ltdl ;flfxŁ ltdl ljk/Lt ujfxl lbgxŁsf el8n cbfntdf 6Sg 7fp xg lyPg . ltdl bZrl/qtf sf e08fkf/ ugxŁ To; cft^s jfbL ultljlw lgjf/s sfggcŁtut ltdlnf0 kf;L lbPsf xg nfnflot xg lyP . slt kl/jf/sf kl/jf/ ltdln lgld6ofŁg kf/sf 5f . slt dftflktf, ;ŁtgxŁg ePsf 5g . slt ;Łtfg dftflktfxŁg ePsf 5g . o;/L ; vfk kfg xf eg eu jfgn /rsf ;li6l:yltsf ;Łthg s;/L l6Sg < ;li6sf lj/fw ug ltdl of bZrl/qsf bvfl ;sl u// dflg;xŁ klq odbtsf gfd wf/Of ug uf/j 7fŁg nfusf 5g . ltdl a? cf^gf dflysf wd/fhsxf lsg l/kf6 ubgf —

d/f sfd dflg;xŁ cfkŁn ug nfusf 5g d/f s dfg ef < of t d/f abgfd xfl eg/ lsg laŁtL la;fpŁgf . ltdl o;n 8/5?jf xf . lagfl;QL csfsf Hofg lng lg/k/fwLxŁnf0 klq dfg, ck/fwLxŁnf0 klq dfg of s:tf afnfxf lgod xf ltdl < of wd/fhsf /fhdf ltdl c/fhstf kŁnfpb odwdsf sf8 ckŁ sŁ8S6Ł sf c j1f ub cfr/Of ;lxtfnf0 hnfp/ v/fgl kfb 5f .

x odbt l To:t xf eg dnf0 >4f-hnl ;djbgfsf cf;blv lsg jl-rt /flv5f8sf 5f < dnf0 klq xdf lkp /fli6o ljeltxŁ;u lsg nŁbgf < a; b36gf, kng b36gfd eP klq dnf0 nhfg / odk/Łsf ofqf ug d/f zfvnf0 lsg k/f ubgf < ltdl if8oŁq ug hfŁbgf Sof / ltdl s;fxlvfgf odk/Łsf ;b:o xg s ugk5 < s:tf kf/d egk5 < Tof klq ltdl eŁbgf . gq d klq ;b:o xg sflz;df nfly— o;n d cf^gf dftefiffdf gs/f0 ljbZL efiffdf s/fpg rfxŁ5'. zfob ljbZL efiffdf ltdl aŁ5f xfnf l

"So unto Pity must I cry
Not for safety, but to die.
Cruel Death is now mine ease
If that he thine envoy is."- [Ezra Pound]

-@)%\$;fndf lgwg xgbPsf >l sfŁ/fnfsf/ kŁf0naf6 kŁt u/L ;kq clgn sfŁ/fnfn/ pknAw u/fpgbPsfjckŁflzt syf

bflotj sf ;DkOf{c^sxŁ xŁ{rfxg}Łn]lgDg jŁ;f06 vfhL
nfe p7fpg ;SgxŁŁ .

Website: www.nepalipublisher.com
<http://nepalipublisher.com/downloads-dayitwa>
www.dayitwa.org.np

jg, jgkfn]/ afnfx

■ /fdaxfb/ kxf8L



j zfv, h7sf wk . o; df;ddf gkfnsf clwsfz jg h^aunx₂df 89nf nfusf bVg ;ls65 . of 89nfn jg / jGoh6tx₂sf klG ljgfz ug ub5 . of kfslts 2kaf6 klG 3l6t xg ;S5 . t/ d/f ljr/df pgf6;o kl'tzt 89nfsf sf/st6j dflg; g xg u/sf 5g . dv tyf c1fgl dflg;x₂n /df0nfsf nflu klG jgdf cfuf nuf0lb65g eg r7f6 vfgx₂n klG ;nf0 sf// hyfefjl e0df kflnlnb65g, h;n ubf jgdf cfuf nflg x65 .

/fgljgdf Ps lbg 7nf 89nf nfusf lyof . pQ₁ jgsf ;7lfsf lh0df lnPsf jgkfnx₂ klG w/ lyP t/ pglx₂n cfuf lgefpg yf/ kpf; klG u/gg . pglx₂ d:t;u vfglkg ub /df0nf ul//xsf lyP . Ps kpf/sf pT; j dgf0/xsf lyP .

o;alr 36gf:ynaf6 glhs dna66df Ps hgf cwa; dflg; st hfb lyof . p;n jgdf cfuf nfusf Tof eo^as/ 8/nflbf bZo bVof . pQ₁ dflg; efjijzdf cfpb PSSfl;

lrRofof . of /fli6o lflt xf . jgh^aun / kzkIfL o;/L gi6 ePkl5 /fi6df bjL kpfkx₂ cf0/xg ;S5g . lsgeg kojf/0f c;6tInt xg hf65 . kfgl kbg .

tkf0x₂ sf xf < / s sfd ugk65 < eGb tL dflg;x₂nf0 p;n ;fllwf . xfdL jgkfn xf / xfdL oxflv l;xb/af//;Dd Jofkt 5f,0 pglx₂n pQ/ lbP . To; dflg;n kgll pglx₂nf0 ;fllwf—To;f eP jgdf cfuf s;n nufPsf < of af6faf6 sfsf cfPsf lyP jf uPsf lyP < kQf nufpg tkf0x₂sf lhDdjf/L xf0g <0 o:tf eGb p;n jgkfnx₂nf0 a:;/L ;Deifof / cfk₁ klG jgtk₁ nflwf .

jgkfnx₂nf0 klG Psl5g lgSs kl/ k/h:tf eof / pglx₂ uDeL/ c j:yfdf blvP . pglx₂n l;xb/af/df ;Dks u/ / sxl If0fk15 pglx₂n Pp6f lgisif lgsfn .

lgisif o:tf lyof—Tof xfdlnf0 lzIf lbg dflg; t afnfx /x5 .0

@)&(;fnsf]lj hofbzdl, ze-blkfjnl, 57kj{tyf gkfn ;jtsf]
;vb cj;/df ;d:t ufxs ju0f ;v, zfl6t, ;d[4, ;:jf:Yo bl3f6sf]
xflb6 d^aundo ze-sfdgf JoQ₁ ub5fF



gkfn 6]nsd kl/jf/

d[o5f]5fof# vZL dgf0/x5f]lhGbul

■ 8f: bdfb/ k8f; 9L .lszf



ClgZro 5 / kf cfgGb a65 lhGbul .
nfabS, ltdl / d p:t p:t 2kdf
Aolerof ; vf/ . kf8sf Ps v08df
xhdl rf/ ef0 nx/ ; tsf lyof, csf v08df
b0 alxglx2 r/fh; /L rf0rf0, r0r0 ul//xy .
ltdl /ftel/sf kfgln gxfP/ tfhf / hflznL
agsl lyof . d cl3Nnf lbgsf ysf0 ltdlnf0
g ;Dk/ xNsf / hful/nf agsf lyP . ltdl kfgl /
lxpsf eInfx2n zLtn agsl lyof, d cl3Nnf
; fei lehsf sk8fx2 klx// nuntu sfDb lyP .

ltdl;u d p7bf xhdl b'jnf0 pdlEt
kf/Yof ckl, ;kfn / c2 w/ lxdfnsf xl;nf
dx/ / Totaf6 cfPsf dudufbf xfjfsf
eifSsf2n . ceI blf0fkj sl df?uf/ lxdfn t
d';d';'d0s7f0/lxg xhdlnf0 bv/ .

n===xpf===lx===5d To:t To:t cfjfh
cf0/x5 l5l/a bf0sf 3/dlt/sf af6faf6 .
Eof====Eof====klg ub5g . p7/ x/ . ;of
e8fsf xh kf /x5g . kfol ;a e8fsf lk7odf
b0 kfsfx2 afsf0Psf 5g . kl5 krf;hlt
vRr/x2 klg ef/L afs/ psfnf nlu/x5g .
e8f xf; jf vRr/, l9nf lx8gnf0 l;Dsgfn
;07ofpg 5f8sf 5gg uf7infx2n . cl3Nnf
lbg kfgln lehsf af6fdf e8f / vRr/sf v7n
cdt lrq agf0/x5g . pglx2sf a8sfnf /
Intln /Esf sfd ul//x5 lrx2df .

uf8L xg loglx2 xDnfsf, loglx2n ef/L
gafs gg ge6/ dgk5 ufpuPDF . ef6lt/af6
klg Nof065, l;dsf6af6 klg cf;fl/5—
l5l/a bf0 atfpgx65 .

P To;f eP xDnfsf 6s kf /x5g loglx2
t . vRr/ 6s, e8f ldlg6s xf0g t <— d /
bf0 b'j xf:5f .

df65sf vZLsf nflu dl/d6sf 5g e8f /
vRr/x2 klg . ;s6hn efl/ afSof, g; skl5
s; sf cugfdf pl;lgof, s; sf yfn / a6sfaf6
jfk lgsfNof / dn ag/ df6fdf ldl;of .
nsef/sf of;u0afsf dx6fx2 6fs klg s
cy, vsef/sf kfrcfn, s6sl / kfvgyb
sfk/ klg s cy afRg'g dgaf nflu, Pp6f
;q ;Njnf0/x5 ltgsf tftlx2df .

lrof kfssf va/ cfp5 . Pssf7
ln:gaf6 e5f xhdl . efpHon rf/Lsf fo /
l;wgx xfnf ef6lrof tof/ ul;SgePsf
/x5 . sf0fn gfdsf lnf;h:t sf7sf ef8fdf
lrof lkpg z? eof . sf0fn vfnl eof ls
efpHon lrof ylkxfNg . cugf jl/kl/ a;/
306f;Dd lrof yklykl vfg ef6;:sltsf
ljziftf g /x5 . lji0fhL / dn afxs c2
;fylx2n t lrof;u pjfsf 5ofa klg vfgeof .

laxfg 5ofa <— dn ;fw .

lr;f d6fpg lrof, ysf0 d6fpg 5ofa
/fdf xf lg—:ki6Ls/Of efpHosf .

c6g cefjsf cTof;dTof; pul 5
ltdldf . t/ nsef/ n6/Dd efln/xsf ol
lrofx2nf0 lsg cfk / c2sf tlktsf nflu
cfdT;u u/fplbgf . cf^g cf^df uf0 xbfxb

lsg d';f vfHg eftfl/0/lx5of . d rlst 5'
ltdlnf0 bv/ .

;as6sf ;fe af; kf0of . ca t lx8g'g
5 . xfdl labf dflg tv/df 5f .

sg lf0fdf sf;u e6 x65, slxn sxf
kl/ a:gk5 s;nf0 yxf 5 / < cl3Nnf lbg
nfab'sd af;k5 e6g klg sxf ;frsf lyof /
xfdln . e6 gePsf eP sxf lrg'hfg x6Yof /
l5l/a bf0sf kl/jf/;u .

l5l/a bf0sdf a; klg nfab'ssf bzafox
3/ g To:t, cfdlo To:t dfofn'xfnfg e6g
c8sn 5 d/f dgdf .

dnf0 ltdl klg /fd/L dg k'of x nfab's .

l;dsf6 cfpbf of klg cfpb ugxfnf .
d klg sf7df8f cfpbf e6fnf . l5l/a sf65f
nflg xf d/f . h7f / df0nf nflg t pt af4lt/
a:5gl— axklt klyfsf ;fdf0ls/0f blv65
efpHoaf6 .

5f/5f/ slt 5g lg <— lji0fhl sf6ofpgk5 .

tlg nflgaf6 tlgj6f 5f/f, of rflx
dflxnfsf xf . h7f / sf65fkl'ssf nfdf k9g
0l68of uPl— af/Lsf :ofpe xl;nl 5g . kTgLn
hg nflgsf eg/ lrgf0g p;sf ;Gtfg df6g
rng /x5 axklt klyfdf .

5j6 6fpsfdf rf/Lsf 6o blnlbg6of
cfdfn . z/L/ :j:Yo xf; , /fdf ;fRg cfcf; ,
cf6sf sdf k/f xf; , 0Hht 6f9f6f9f;Dd
kllnof;— To:t To:t cfzljfb lbgeof
cfdfn . aftnaf6 pjfsf 5of^a v6ofpb 6fpsf
el/ blnlbg6of efpHon . kfxgf labf0 ug
efl6of ;:sf/ /x5 To: .

; / / Dofdn cl3 dVn 5of^a gvfg6Psf
xf0g, clxn 6fpsfn vf0xfNof— lh: sfpg6of
;bg / l jzfn .

..Pab't¹— ;fyllxzn e6geof . ..Pa';fa²—
cfd / efpHon e6geof . xfdl lx8of . l5l/a
bf0sf cfugaf6 cfnbf laxfsf cf7 clít
lyof 38ldf .

klx/sf sk8fxz g;ssfn lx8g cK7/f
5 xfdlnf0 . t 3fdn ;d;Dof0/xsfn cfg6b
cf0/x5 . ltdf lz/df tfhh:t ;lhPsf
k-rdVL lxdfnsf ;tfDo ; ;f/ bVbf dg
To; To; vZln stsltPsf 5 . tn afoflt/
l;dsf6 ahf/n 3l/3l/ ltdl xfdlnf0 lgofN5 .
cei tn blif0flt/ vfrdf vfkgyf 5, hxf
bfHofd / xDnf s0ffnl ldln/x5g . kjlt/
7x / klZrd pQ/lt/ lxNbd ufpxz urdRr
a;sf bVbf ltglxz;u klg ldt/L nufpg kfP
x6Yof e65 dgn . ltdlcfugdf :jbzl / ljbzl
ldqxnf0 sof /ft af; a;fpg kfP, ltdlvfr,
vfN;L / kfgl9nfdf pdßf h/f a6fsf dxEj
bzfpb ;k / tnsf :jfb rvfpg kfP, lxpe6bf
w/ a;GYof :jbzl / ljbzl k;f . cfkll;usf
>Lv08 ^ofs/ c6;u plQ;sf :ofpnf dflg
sqf b6flo .

af6fxz lh6bul h:t 5g— psfnf, cf/fnf,
3dfp/f / ;Dd .

Ps lsl;dsf dfq af6fxz xg xf eg slt
lg/; x6Yof xfnf ofqf .

lxNbd'sf cf/fnfdf dn 6ssf 9E^f
vl:sof . 3'dl6P/ b0 aN8of^a vfP
dn . hEhLn Rofk ;dfltxfNgeof / dfq, gg
y^alynf x6y xfnfg d/f xf8vf8xz . n8gsf
all dhf x65 p7kl5 . Tofe6bf cK7/f el/x6df
sansf/ hf8/ ; ;f/e/sf df65xz;u k;f
c;ln/xsf bvy dn ofksf d An lxdfn /
hfkfgsf cf;fsf jl/kl/ . cK7/fnf0 cfZro

1 /fdt; & a:gxft; \.

2 /fdt; & hfgxft; \.

bzfpg ;s kf ;fxfl/5g ;alt/sf df5 .
 ;/;kf0 / njf0vjf0n g;hf0 cdfnf0
 v6b|a9Lsf žkdf dfq /fVg xf eg sxf
 pHofln5g / s;sf klq lbgxž . 9Ėf, df6f,
 psfnf, cf/fnf, jg:ktl, hlj h eg klq
 cfZrok0f 5g ltdl;u . Toltsf uxgf au/ ag/
 ulN6/xsf bVbf ps';dS'; agsf 5'd .

3f8f, rf/l / e8fxž htf;S rl//x5g .
 zf6t kvfxždf j:tēpsf ;Nanfx6n Pp6f
 t/Ė klN/x5 .

5oflehf³— dn clncIn hfgsf xDnL
 zAbdf clejfbg u/ .

Ps bf0 / Ps lbbL 9Ėf lrg/ af6f
 agf0/xgēPsf /x5 . bf0n klq xft hf//
 afNgeof— 5 l/a 5oflnfdf sfGhoflnf kIn .⁴

oa' xftf <⁵— dn s s g xDnL efiff
 hfge kl/ afn . To;kl5 d;u xDnL efiffsf
 sg zAb lyPg . bf0 lbbLn0 eg dn /fd|;u
 xDnL afNg cfpbf/x5 e6g nfi0f Sof/ .

oj⁶— To;kl5 pxfxžn aNgēPsf sxl
 aleig . ufp 5pd To:t/l af6f lalūPsf 5 .
 ufpn s;n af6f agfPg . af6f agfpg'/ af6f
 bvfpgh:tf 7nf wd cž sxl 5g . cl:tdfq
 klq Ps uf/vfnl oxLaf6 lrkN/ 3f0t eP, e|df
 / erfkf t slt dl/;s, Bftf kHge6bf af6f
 vl6bPsf a; . To;eP/ xfdL a9fa9L g of
 sfddf nfusf . ltdlxžsf wd klq clnsIt
 rf5f xfnf xlu xfdLn <⁵ bf0 xf:g yfnkl5 ;a
 cYofpgēof ;fylxžn .

lh6buldf s;n bvfpPsf af6fdf lx8gk5,
 s;nf0 af6f bvfpgk5, 6Ėf sxf 5 / <⁵— ;fr

dn . cžn bvfpPsf af6fdf lx8gē6bf cfkIn
 gof af6f agfP/ cžnf0 8f%ofpg ;Sg' sqf
 ;kIntf— yk ;fr ;uflnof .

cfd slt /fd|— cfv ;fd6g tl:a/e
 plePsl a'fp; bvkI5 nfileP d . cl3;Dd
 nfa6s /fd|, clxn a'fp; .⁵

;/ klq, 3fdbv 3fd /fd|, hgbv hg
 /fd|, lxdfn bv lxdfn /fd|, gbl bv gbl /fd|,
 afbn, cWof/f, pHofnf ;a /fd| . olQsf ;u
 lxI8of sg jnf sxl gdl7f / g/fd| df6gēPsf
 blvg|— d/f af/df cfsng lji0fhLsf .

lh6bulsf x/s e6df vZL xg ;Sgk5
 lji0fhL, gq t b|v al9xfN5 lg klpsf
 x/s lsQdf /dfpg g;Sgxžsf efudf kl//x5
 kl8f . d cK7of/fxž dfe|df vfHg rfx5'
 vZL— bzgsf Ps erfSsf lgsfn dn .

5ftgsf nx/ 5g af6fxždf . af4
 d6qxž sfl/Psf 5g ltAatl efiffdf . efsn
 lkIn;/xsf tl a:tlxždf 9Ėdf 5ftg sbgsf
 cflrTo kli6 x5 xbg, cndndf 5' d .
 ;:sf/sf e|/df plgPkI5 dl:sn g k5 lg:sg
 hf sfxlnf0 klq .

5jfa5jfaTL vfnfxž vl;/x5g, kf0nf
 kf0nfdf . Vj ltgsf ;bkofu < ;bkofu gug
 xf eg sxf rkfpq ldN5 / ;gnf0 klq <

a'fp; ufpsf dfe|df klbf cze vhsf
 5'd klq . le/fnfdf cl8Psf ykrf 3/xž . 3/
 jI/kl/ krfk/ / rftLn 9fssf afl/sf kf6fxž .
 3/ cl3Int/ n6/dDd knsf :ofpsf žvxž .
 df65xž kf8af6 xI//x5g, af6faf6f slb/x5g .
 leqsf Joyf gae|bf;Dd c;f|lo ;6b/ blv65
 ufp .

xfdlnf0 :ofp aRg xf, alxgl <⁵— psfnf
 / efs b'jnf0 zf6t kfg hdsf d/f .

3 gd:sf/
 4 tkf06f]gd:sf/ euJfg\dd kufj\;
 5 ;6r}5 <
 6 ;6r}.

..aRg 5g, vf6of eP lb65f— slt ;/n 5
alxglSf hjfk1 .

..xd cf6f vf6of, kf6f nfp6of n lbPsf s
vf6of xf / uf/vfnln⁷— csl alxgl :ofpsf
:ofpnfn dV 5Sb xfl;g .

..cfp1 kf ufnf df?1, Sofg l6kb xf :ofp⁸—
cIn 58vfg 5 hEhLsf afnldf .

:ofp l6kb5g Ps af6af6 kfr 5fSLx2 .
pgLx2n afx|bfgf :ofp lbP . xfdln l8ndf
a;/ rkfof . k;f lbg vfHof . lng dfggg .

..vfgf vfof <1— dn ;fw .

..:ofp kfPk15 ssf vfgf vfg' a? oxL
klg ;lsg cf6of / kf 3/df cf6f 5g, :ofp
;lsPk15 s kf vfg xfl— alxglx2sf 5ftLsf
jbgfx2 klqSs cflnP xfd| sf / dgdf .
pgLx2sf 5fs wf6g dnf kf n65f xfdln .
ySs ySs nfof dnf0 . 3/df vfgs7f 5g .
af/Ldf k1nsf k1nk1n aRg' aOHhtL 7f6g
s:tf rng . cfa 9fSg w/fx2 hl0f 5g kfr
5fSLx2sf . Pp6ln etqf kft klx/sl 5g,
b0j6ln c76⁹, ;s¹⁰ / kfrg¹¹ sf dnf
nufPsf 5g . ;an gfddqsf rfnL nufPsf
5g . sDd/df 76j¹² nufPsf 5g . eiofaKjfn
5g ;a sk8fx2 . nfh 9fSgsf nflu nufPsf
xb kl/wfg t/ Kjfn Kjfnaf6 lg:ssf 5g
nfhsf uxgfx2 . nfh 9fSg :ofpsf ;pnfsf
cf8 nfusf :ki6 aeiof lji0fhL / dn .
ljsl;t dhstdf vft g vft sk8fn lyLP/
lg;fl:;Psf df65x2 gf Kof6; ;aj

7 xfdL lk7fjvfgj kf6fjfnpgjh]lbPsf] ;/sf/L sdf{f/Ln]
s]vf6Yofj/ <

8 cfp1 s7f u/fjHsg :ofp l6kb5fj<

9 %) k3]l;Ssf

10 kRrL; k3]l;Ssf

11 al; k3]l;Ssf

12 k3]sf h:tfjkl/of

/f08¹³ cleofg rnf0/x5g . pgLx2 gfEef
lt3f k3zg u5g . 5f6f / k/s 9Esf sk8fdf
;lhg df65x2sf xf8afhl rln/x5 . e8lsnf
sk8fsf sf/of gf/Lx2 anftsf/sf lzsf/
xb k?if l6k0fLsf lj/fwdf pqgsf ;Vof kl
a9s 5 ;;f/el/ . pgLx2n cgdltljgf dlxf
z/L/sf vhf efu 5g gkf0g pb3fifdf cwglg
z/L/ bvfpb ..n6 jfs cleofg rnf0/x5g .
vfg c6g 5g, hf8f ylg j:q 5g, nfh 9fSg
s7f ce k/ 5 xdnfdf . ptf uflosf ljof6;sf
skfnsf :6f0n / Kjfo68 lxn hQf, gflosf
lq:6g :6j c6sf ck1o/, :6f/ c6fgN8 /
:6fnfgh:tf PS;g lx/fx2sf skfnsf :6f0n,
s6 lj6; n6 / :ofd dl68; , xnl a/L / Pl/s
ag6, hlnof /fa6; / a6hfldg a6sf kldn
lf0fx2nf0 7nf 7nf cLf/ / tl:a/df dnf p65g
; ;f/e/sf ;rf/ dfWodx2n . ufN8, knl6gd,
l;Ne/ / sk/sf lq1d / nf;gn k1l;on u/fpg
Ao6Lkfn/ / :kdf wfpgx2sf el8 l5rfing; Sg'
5 xfd| zx/ ahf/df . zxl/ofx2n Ps k6s
k1lzon ug vrn xDnL lbbL-alxglx2sf sof
5fs vfgf 65 . hf8f / nfh 9fSg sof hf/
sk8fsf hxf x65 . o;nfo g ;/sf/n g x/sf
5 g c2 lfqsf hgtfx2n g .

st vfg gkfP/ / st vfgf g gkr/ dg
cj:yf /x;Dd s sfrhl k/f; bzn . pd/n
lbPsf uxgfx2nf0 clnslt 5fk5fk gkf/L
c;/Nn 5f8g aflWotfsf cufl8 uf; , af; /
skf;sf cleofg e6bf afxsn s cy /fVg
;S5 / of blgofdf .

tfkf xfp jf nfa6s, lxNbd xfp jf a7fp;
ltdf ljKgtfdf leqleq e6el6Psf 5'd . olt
;6b/ z/L/ 5 ltdLx2sf, 8f8fsf8fnf0 hljg
lbg;Sg olt p7;fxL cf6 5 ltdLx2sf . tklg

13 Kof6 gnufo{;8sdf lx8g]

ltdlxz sxl gePe phf8 alg/x5f, sfxl
gePe pbf; blv0/x5f .

krf; jifcl3 ltdleGbf uPuhßl ly0g
eGy hfkfgsl cfGfsf, dn e6bf ;dl4sf
uxgfn uhwd0d ly0g df/L . tL; jifcl3 bfn
rfdn e6g'bGtosyfsf /fhsdf/ e6e dflGyg
/baxln, dn e6bf p8g, u8g / kf8g dxnxzdf
;;f/sf :jfb rfVb /lx5g . ;o jifcl3;Dd
PSnf ;;f/df ps';dS'; alg/xsl Gofbs gfgl
cf;Sf cf;n 6fLS;0/lxlyg eGy aGgxz .
dn e6bf 3fd, kfgl, xfjf, lxp htf;S vZL
5l//lxlyg . ltdl rflx grlng sf/0f s 5 /
grDsg s/f s 5 / < cGsf dv tfs/ xbg
ltdl cfk cf^gf nflu p7gk5 ca, xDnf .

pbf; dgdf psfnf r9gh:tf gdhf cG
sxl xbg, xfdl sXla/ psfnf r9/ tnlt/ e#of .

kil/ el6of xdfg vfnf . kil/ lx18of
8fnrßsf haun g haun . xdfg Pp6faf6
dfq lahl leSg xf eg slt l5S x/fpy ltdf
bllvsf lbgxz . 8fnrßsf dfq ;at, jf0g /
;fd/; Jojl:yt Gkdf agfpg xf eg slQ l5S
kfnxfn/ cfpv xfnfg ;Vsf lf0fxz . cf^g
gf06fdf algf afs/ ;Ugw vfHg lx18/xsl
ltdlnf0 5f0bf d lxNb0d vfnf eGbf bllvt ag/
tntn eil//x5' .

;;sf cgxf/ / Jojxf/df bf0 el6/x5'
dn . bf0sf :gxdf p Hofnf nfilb 5 ; ;f/— d/f
dfgtfdf /E lbg vfHgeof lji0f'alxgln .

bf0 aGGSf vZL lxp h;/L kilnof . alxgl
kfpG'dfofsf vfgl e6g'xf, ; ;f/df cf8 e6g'
xf pT;fxsf, lxdfndf alxgl e6g'lxdbjl e6g'
e/x5l— alxgl'sf dfofn kilnof pdE d/f
z/l/el/ .

dfl:t/af6 Psxh rf/lxz cfv gx/L
kfnxfn . xfdlnf0 af6fd slNrldNrl kfnfg

h:tf eof . xdf cE cEdf l;^an bhf kfnfg
eGg 8/ nfilof . wGg 8fnrßsf Gv Gvdf
5lsof / kf aflrof afa lltglxz tnlt/ eil/k15
e'tetfpgfof ljzfnl —

uf0sf bw uf0s ufa/
uf0s 5fnf rfnG'
df0f u/L 3/df kfnG'
dfsf k/ kfnG0

cl3 uf0n eG8 ;^knl7of^a agfPsf lyof,
clxn slj tf eSofp5l— xf:geof ;dg ef0 .

afrk15 t xf lg, s;n sxl ug d/k15
nDk;f/ afxs s xG5 /— ;/n hljg-bzg 5,
ljzfnhlsf .

xfdl l;dsf6 ahf/g/ klf k/Lsf Ps
8kikrf psfnf r19/xsf el6of . /lNn^a
lxdfndf cfifwl vfHg uPsf b0 hgf ns nfu/
d/ eGg va/ cf0f, p4f/sf nflu lx8sf—
8kikrfsf gf0s afn .

nf xfdlnf0 lxhf afnfpGxz c:tfP5g
Sof/, slxNo gksgu/L— PsfPs afbnn
9fSof lgdfsf cgxf/df .

cfifwl hxf u// lhGbulnf0 lxph:tf
p Hofnf kfg t r9 lg Toxf, dg yxf kfPsf eP
lsg hfGy xfnfg Tof cgsG6f/ lxdfndf—
xfdl ;asf cgxf/df PsfPs kilnof sfnf
slx/f . dt;-hljgl a6lxz a6h/ ; ;f/nf0
rvfpg vfHgxz g efs / 7G8ln d/sf 5g
lxdfnxzdf . cf^gf lj?4 prf0 r19/xgnf0
;xsf 5g dToh klg .

dToSf 5f0fdf vZL dgf0/x5 lhGbuln .
e/e/fPsf cfufnf0 o; lf0f;Dd g 5ln/x5
dToh .

l;dsfß, xDnf

z^as/ sf0/fnfsf] 'ef06lsf' syf ljdz{

afa/L u0{t sxfFu0{<

■ z^as/ zfx



cflv/ afa/L u0 t sxf u0 < lar/L
p sxf xfnl < ; jfn of p7b5
p; sf bfh' u0fzn dgdg ud; l/ of
sg oyfy tYo xf0g . o; f eGsf cy zÍ/
sf0/fnfsf syf .ef06lsf sl kfq afa/Lsf
dflDs Joydfq xf .

crn ; flxltos klqsfxfdf syfGbf
csyfx; a9l 5flkPsf h:tf efg xG5 . k9bf
k9b alrd s:tf s:tf pRrf6, gdHhf nfu/
cfp5 . cfkfnf0 :shblv :gfts tx; Dddf
cWoog ubfvI/ k/sf 5fk, kpfj / To; s
cgZk dfotfnf0 dgg u/L cgZ/Of u/sfn
kf xf ls syfgs Pjd rl/qlrqOf gePsf
syfnf0 d/f lbnlbfund :jLsf ; Sbg . h
h:tf ; lDeP klq xG5, k'ftgkGyl 7fgL .

ctM k'fg kf/sf Snfl; sn efjwf/sf
syfnf0 l6ksf 5'. oxf rrf ug vflhPsf
z^as/ sf0/fnfsf syf .ef06lsf/sf af/df
dl; gf kpfz kfg sflz; ul/Psf 5 . jiflKR5
ef06lsfsf rf8sf lbg cf0/xG5 . clg bfh'
u0fznf0 cf^gl alxglSf ofbn ; tfp5 .
alxglSf ; Deigdf 6fnfp5 . dgdg kZg ug
yfn5 – afa/L sxf xfnl <

gkfnl ; flxTddf nlvPsf ljwfx; dWo
syf rflx cfkfn Tolt w/ k9g ; ssf klq 5g .
syf; auksf lsfax; ; dt hDdf ug ; ssf
xf0g . yf/ k9sf 5'. k9hltdf xbo:kz ug
; fx/fdf tyf pTsi6 nfusf syf ol xg– k's/

; dz/sf .kl/aGbU, afnsiOf ; dsf .tntnU /
vS7U dftsfk; fb sf0/fnfsf .lkkf xaNbfU
ljZjZj/k; fb sf0/fnfsf .rGbJbgU / .zqU,
ejfgl lelfSf .dof; fxaU, dbgdlof blIfstf
n66 ldofsf 3f8U z^as/ sf0/fnfsf
ef06lsf guGb/fh zdfsf .drfU, ufljGb
uf7fnfsf .shbjU tyf .cf/fxOf cj/fxOfU,
/fkp kfV/nsf .lgofsf k~rtU / aGh'zdfsf
nfxf/ kSLjfnU cflb .

c; n tyf ; kn syf qdzM p7b uP/
qIdTsifdf kl/ Pp6f kZgn lbn ; dfP/
stfstf bMvfPh:tf kl8fn lkn; fPh:tf
cgEt u/fp5 . dxfg syfsf/ Pjd dxfg
gf6ssf/ P6fg rvfesf syf kl9l; WofPkI5
cgs ; jfn p7f0 bbsf dxz'; u/fp5 . of syf
ef06lsf k9kl5 dnf0 klq ax pn/, ux el/P/
cfp5– cf; 'rlxPnf eU u/L kZg p7fP/ .

sxfgl tlg kfqsf M bfh'u0fz, alxgl afa/L
tyf efpHo /hgl . Ps lsl; dn lqs0ffTds
syf . ; fgf ; vL 3/ ; vL kl/jf/, bfh'/ alxglSf
efpHo /hglSf kljzkl5 3/sf jftfj/Ofdf cfpq
yfnb5 kl/jtg . la:tf/ /hglSf : jefj ablng
z? xG5 / tgfa of aGsf ; hgf e0lbG5 .

afa/Lsf ljJfxsf s'fdfq rln/xG5 .
t/ cufI8 a9g ; Sbg . afa/L kRrL; jif
klu; skl5 ljJfxsf s'f klq x/fpg yfnb5 .
efpHosf Jojxf/ kM/s xb uPsf / bfh'sf
Jojxf/ klq cln leG ePsf eins blvG5 .

;feil g6bnf0 3/sf sdfsfdhf hftfP/
klg /hgl.nf0 u0fzn alxgl;u s/f u/sf /
alxgl.nf0 df0f u/sf dg kbg lyof . ?rfplbg
ly0 klg . hg gf/L: jefjsf Ps nlf0f cf^gkq
cefjsf Px;f; htpg /hgl df0t hfg 3sl
nufp5, tf ls u0fznf0 p;sf cfef; dxz';
xf; .

bfn' / efphsf egfegdf .bfhh ljjfx
u/fpg g;skl5 kf0n hfg kbgYof0 o:tf
s6' jrg efphsf ;gkl5 afa/Lsf d6' el/of
xfnf . df0t hfg nfusl efphnf0 /fs/ afa/L
cfk df0hsxf hf65'eg/ bfnl; t labf dfu
lgl:s65 .

afa/L o; syfsl gflosf of dVo kfqs
z:kdf blv6y . u0fznf0 gfos dfg klg cf^gl
:jf:gl.ssf s/f sf6g g;Sg nlf0, xltxf/f kfqs
eldsfdf blv65 . alxgl.ssf uDeL/ df0fn' :gx
a6g g;ss xf bfhh . of p;sf r/qsf bfif .
/hgl kltgflosfsf eldsfdf . /hgl.s d6ebl
jrgdf afa/L 3/ 5f8/ lg:ssl ly0 .

36grqsf k/fsfi7f;Dd klg ;a bfisf
efulbf/ 5g . bfhh dg gk/fPsl s6L;u bfhsf
ljjfx u/f0lbgdf afa/Lsf uNtl blv65 . bfhh
grfxsf s6L; t ljjfx g/rf0 csfl; t ljjfx
u/f0lbpssf eP cs Joj:yf kf xg lyof ls <

afa/L x/fPsf af/df s s xg;Sg
;Defjgf af/ ;frL x/f . sf7df8fdf kplnt
tyf ;6b cfPsf /fgLkf/vLdf xfdkfng syf
5 . /fgLkf/vLdf rf/lr/ klnfd af/ s8fl;t
xflnPsfn ;f klg ;Dej ePg . Toxf
kfnxfnsf eP nf; blv0xfNYof / k6/Laf6
txlssft e0xfNYof .

s;l; t kf0n uPsl jf efusl eg eg klg
afa/L c;n; ;/n :jefjsl ePsl xgfn To:tf

zif ug ldNbg . sg k/k?ifl;t p;sf s/fsfgl
ePsf blvb6÷;6gdf cfPsf 5g .

st rnla6L arlavg ug lu/fxsf hfndf
k6:g kul ls < of hflugl kf e0 ls < o:tf
ljrf/ cfpbf 5ftl g cf^gf lrl/65 . lsg xf
afa/L cf^g alxglh:tl nfu/ bllvsf kf xf
ls < crDdl;t p6 x/f0 .

;feil efnlefnl c;n g6bnf0 efph
/hgl.n lvkfg lbPsl t xg t/ afa/Ln lzsfot
tyf c6 eg sxl u/sl xf0g . dv k6sfPsl
;dt xf0g .

cfk6 h6dsf 3/ 5f8L k/f0 3/ kltsfdf
lelqPk15 cf:t cf:t gf/Ln s;/L ;anf0 eg
gfs/; ss6, u0afvf cflbnf0 jzdf /fIV5g
e6g af/ k?ifsf ;frf0n ep ktpg g;lsg
ljifo xf .

afa/Lsf uNtl Tolt 7nf xf0g . ;fg xf .
t/ ;hfo kf0 ;/n ;feil afa/Ln . c;n ;/n
dflg;nf0 bllv ljkblbn ;t6b5 . of ljlwsf
ljwfg e6g ls < cf^gf bfhh dg gk/fPsl
eP klg cf^gl df0hnf0 dgfP/ eg;g u/fP/
bfhhf0 /hgl; t ljjfx u/fPsl xg . efphsf
cs :j6k bv/; clt 3/sf afe6 a6g grfx/
lg:ssl kf xg ls < t/ sxf <

o;df 7nf bfif u0fzsf klg 5— cf^gl
alxgl.ssf ljjfx u/f0lbg g;Sg' . :jf:gl.ssf
s/f ;g/ sxl c7f6 ug g;Sg xltxf/f xg'klg
bfif xf . csf 5, lgDgdWod justf cflys
ljjztf . rfx/ klg ug g;ssf, s s gldnsf
kl/l:yltjz afWotf . az oltdfq xf, afa/L
x/fPsf af/ d/f lh1f;f .

@)&&

lahZj/L

Ij j̄

■ 5fofbQ Gofkfg] au/



la xfg p7/ aflx/ lg:s. cfsfz
wldnf lyof. 3fdn t'jfnf lr//
wtldf ls/of k7fpg an ul//xsf
cgej e0/xsf lyof. jl/k/ k/jf / sfux;
8Nb lyP. l;/l;/ x/fj; u d bw lng k; nlt/
nfu. glhssf rfaf6df s kuf lyP, l5dsl
;gt e6 eP. pgn lzi6frf/kl5 enfs'; f/l
ub eg— s 5 va/ rbfj slQsf nlf of 5 <
pgsf s'fn dnf0 e::sf of, dnf0 s rbfj
nlf5 / < tkf0x; tftgef xfnf eGb ubf
cl3 laxfg ;~hfndf bv-; gsf bzo cfvf
cuf18 cf of. dn p:t laxfg l6s6sdf bvsf
bZosf aofg u/. Ps hgf dfbs kbfy ; jgn
n/al/b lx8sf df5 af6df lyP. pgn cds
kf6Lsf gfd lnP/ ; fylx; nf0 ckzAbn xsfb
xkf//xsf. ;~hfnsf slt 7fpdf o:t clkp
zAb / lraq kbfu e0/xsf 5g. olt ; f/f cae
ge0lbP xg ; fylx; d:s'f/b d/f s'f ; gkl5
;gt cfk afNg yfn.

Ps l; Ssf b0 kf6f ege kljln
df5nf0 l56f 5l/tf u/L k̄:t ; rgf lbof gof
tfhf / k'fgf klg, ; u 3f8f; l/ Psxf/f agf of.
o; n df5; u jiffblv ; u xSa9sf ; befj,
; bfrf/, cfTdl o ; f0gf la/fgf agf/b 5.
;~hfndf 5l/Psf l6sfl6k0fln df5sf w/ftn
6fNg g; lsg u/L eTsf0lbof. jlsnnf0 afNg
kfPk15 s rfx of / Ps ; f; df v// ; gfp
dgel/sf tltf. egf0 klg 5 s'fn s'f tf5.
Pp6f lgp kfpkg5 hyefjl kfl8g t slt

; ubf/x5 df5 i ce/ /fhglts df5 i cGt
hfg kbg. rgfa; DaŋwL gf/fx; n krfxf/Psf
; fdlhs ;~hfn x/ kl5. olt w/ tn e//
5blefif0fafhl ubf efln ; u; u lx8g ge0gxg
; fylef0alrsf ljZjf; s; l afsl /xnf <
/fdlafn/ klg ljrf/ aefpg ; lsbg / eGof <
k; au lyof rbfj rxnknnsf t/ xfd ax;
; fdlhs ;~hfndf blvg efiift/ dfl8of.
pgn yk— xg t xfdlsxf ljrf/sf /fhgl
5g eGg ljifosf kltljDa xfnf of s'k eflifs
cleJolQ i st of u6-u6sf 66-kl6df k//
/cylgPsf dgfj1flgs s'ktf cfslnPsf t
xf0g < xg' t ol o; l krfxf/P/ xf0g, hgd
ljrf/, ljjs, ofhgf / ; befjn lhtf eGg
; bf; o g x/f of. df5n of dd gab'sf ls
aekrfsf slGg i

xfdl eflifs lzi6tf vflh/xsf lyof.
df5x; cxfbfxf/ ul//xsf lyP. olQsdf
bwsf kfsf xNnfpb wgj/ cf0ku. uk nldag
bv/ xfdln af6sf 5p ; df of. wgj/ n klg
of ; fdlhs ;~hfnn knfPsf rgfa; DaŋwL
; fdu/ bv/ x/fg ePsf ; Gbe ; gfp. dnf0 d/f
kltlq of ; xl /x5 eGg nlf of. s sd— dflg;
; r t kf0fl ePsf n ; dfhdf a; sf xf. o; sf
; rttfdf ; eae, cgzf; g, dofb hfl8Psf
x5g. ; hu lhGbul lxhaf6 z? ePsf xf /
efln kl; ; Dd klg /lx/xg xf. of rgfaaf6
hljgsf cGto xg xf0g. rgfa lhTg' / xfgdfq
klg hljg xf0g. hljgl; t c; w/ 8fnlktx;

xlsPsf xG5g . 8fnLkftljgfsf žvn
xfjf lbbg, cIS;hg klg kfnbg . of ;an
aenS ljifo xf . dflg;sf lhDdjf/L ; oldt /x/
cfkL;u xlsPsf cleGg c^auxž :j:y /fVg'
klg xf t/ of 0dfgbf/L s ; ;u blvPg . ů wgjL/
klg p:t ů afNg kfP eg/ Psrfl6 XjftxQ
vlgP .

wgjL/s s'fdf ;xL yfkb— .xf lg ldqjt
Jojxf/af6 ljkflsf dt v08g ug ;lsG5 .
ljkflsf ts sf6g 5rf kltlt rflxG5 eGg
xbg . ;/n efiffdf cftdlo kltlt , ;befjkOf
Jojxf/n klg hgdt cf[^]gf klfd Nofpg
;lsG5 . c ;n afnL, Jojxf/ / won dg lhTg
;Dej xG5 lg cfhsf ;rt sfostf eG7fgsf
t erg a9L l5r/f blvP . ů ;gtN klg /fhgllts
efif0fdf ldi6 efiffsf ckLff u/ . xfdLn
ax;nf0 s;n lhT5 s;n xf5 eg/ kf6L /
pDdbjf/sf rrrft/ hfg glb0 krf/kf/f/df
kpQ ů efiffznllt/ Tfflgof . xfdL Ps :j/n
;Eo efiffsf ckLff u// /dfof . wgjL/n xft
rnfpb— pIR5^avn / pbb08 Jojxf/df cf[^]g
bfhbf0, lbbLalxgl afcdf;u tR5 zAbfjnL
kpfu ug' Tof klg lfl0fs :jfykltsf nflu <
o:tf lahf u c ;lxiof' efif0fahLn ;dfhnf0
efln;Dd kplift agf0/fV5 . dgdf s6tf
al;/xg ;3fp5 . rgfjkl5 klg ;^ang Eofpbg .
kpfif0fn cfkLct dgnf0 hvdL agf0/xG5 ů eg/
lrGtf kp6 u/ . pgn xltf/sf 3fp a? lgsf
xG5 jrgsf 3fp alNen/xG5 eGg gltjrg
uNofduhd Ps e6sfdf ;gpP .

ple0/xbf kf6l6Psf v66f otfttf ;fb
s'f lk6g qid cI3 al9/Xof . dn klg cfkLnf0
nfusf dgdf ;jfej, ofhg / b9 ;^asNk
lnP/ dbfgdf blvPsf kJos pDdbjf/n uDeL/
e0 lhDdjf/ ;fr /fv/ glts vnfd pleg'
clgjfo xG5 eg/ lsg yxf gkfsf xfnfg < o ;

ljk/Lt ceb|afnL-jrgdf kltt eP 5n5fd,
sk6Øf0, wSsfSsl u// aGwhgsf dg bVfpg;
lgsf gxg u/L 3f0t kfg'/fhgllts sd xf0g lg ů
log 36gfn t atfp5g lg ol ;dfh žkft/0fsf
;kgf af8b lx8sfxžsf rl/q ů pgf sf efff
c;Eo, cljjsl xg < x/f t alyltsf afrf
s;sf < oxL kli6 ePg rgfjl Joj:yf egs
alylt / 3ftklt3fssf z^avnf xf eg/ . d/f
egf0 ;lsg gkfpb —o;nf0 t ;fe ů / kl6
blvg 5ngllt, bl6gllt, n6gllt, lk/gllt,
:jfygllt, llnf;gllt, wtgllt vGrjfgllt,
cft^asgllt afxs a0dfgsf ;^auxfno
:yfkfgllt dflgG5 . o:tf /fuult alylt
afssf dfgl;s 3f0t pdbjf/ / sfostfnf0
ef6 lbg'egsf 5bl nfeL, b/fukL, kltzfw ;fRg
bl6nf0 zf;g u/ eg/ cufl8 ;fg'xf eGg dd
dtbftfn aleů;ssf 5g ů wgjL/n yk . pgn
s;nf0 lhtfpg / s;nf0 x/fpg xf < hgtf
:jon ljr/f/ k^aofpůg eGg cfzo JoQ ů u/ . xf
lg sDtdf /fhglltsdLn cfhsf ;dfh 7nf
:j/n afn/ kpfjdf kfg ;lsg dflg;xžsf
hdft xf0g eGg tYo ;dodf alelbp of ;d:of
/xg klg lyPg .

jlsn ;fkn ůo;/L rgfj krf/kf/f/df
blvPsf eflifs ljrng ljrlnf dfgl;stfsf
pkhh:tf nflg Jojxf/ / cleJolQůsf
dxfdf/Laf6 aRg xfdLnf0 t lzi6, zfnlg, ebl
dbefifl, 0dfgbf/, stJolgi7 ljjsl zf;s
rflxPsf 5 . xf; udfP/ htfkR5 afNg
a/a/fpgn t hgdtf ;Ddfg lxhf u/g / efln
klg ubg ů eg/ e68 7fs'jf u/ . pgf egf0
;g/ dn ;fr— . rgfjdf vl6Psf ;fylxžn
cf-cf[^]gf ljr/f/, pbbZo / klta4tf doflbt
efiffdf aen0 cfkLdf /xsf zfnlg kl/ro
lbgkg xf lg t/ sltljžg xfl;Psf < hg;jf
u5'eGg kltlgwn hgtfnf0 ;Gg cK7/f nflg

sfg laefpg afnl afNbf a%gn s a%g xfnfg
eg/ kQf gkf < kltkzg tl; of xfdj ;fd'
5nkln rln/xbf ;gt n eg- cfn xfdlnf0
eb|kl/ron lz/ prf /fv/ :jfldfgsf ;fy
lx8g ;lsq dfgjlo kl/jz sfod /fvsf
hgk|tlglw cfjZos 5 . pbb08n lhTgxbg
rbfj . xf, rbfj n8g lhTgsf nflu cjZo xf
t/ h;/L klq rbfj lhTg'egsf bl60f0 kPzg
/ 5Nof0 :yflkt ug ;3fpg' xf . jf:tjdf
efiffn w/ sfd u5 . yf/ eP klq glts w/ftn
gla;sf dtbftfn ;Ddfghgs afnl / Jojxf/
vfh5g . clnslt glhs xb- .x/s gful/ssf
rfx /fhglts gtTj ;fjefd dNo lrgsf,
uDel/ , Odfgbf/ , stJok/foOf rl/qsf kl/kSj
/ k0nf k0nfdh hgtfsf lk/ayf ae/ k|tt
xg kl5 gkg lfdtfjfg rflx05 lg | xf0g / < ol
cfknf0 ; ;f/s ahp x'eG7fg /fhgltsdln
of kf6flt/ Wofg lbgkbg < v s'f ae|sf <
x, jlsn;fk klq s s eGx05 | of 5n5fd /
3ftk|t3fts z^vnfn xfdlnf0 lbg wfsf xf
dfly g elg; skl5 kl/ ltgnf0 dt lbg <

nf hf | cfhsf e6n /fHoJoj:ydf
xls0/xf alylt kf cfsNg nufol lg x |
s'f u%of s'sf blv egf oxl xfu wgj/
labf xg vfhb lyP . d, xf lg | s'f c;n
;:slt lgdf0sf ug Jojxf/ pIR5^vn <
s:tf lj80agfsf esf/L yfkof | afnl / sfdsf
tfndn 5g . rbfjsf lgpdf 5n5fd rl/qsf
afnafnf | eGb lyP . ;gt n .pi===Totf ssf
vnan xf <| hh';lt/ cfnf t:ofP . geGb
hh'; of rbfj wfsf xf, jiffblvsf ljZjf;
3ft xf, e/ gk/f, ; rt xf, ; rt xfu eGb xfd
cuf18 cf0ktof . j|kl/sf 3/af6 df05x0 sfg
7f80fpb sxl ;8slt/ cfn/ hh';df ldl;P,
s;n %ofn %ofnaf6 bZo lgofln/x .

xfn-sf7df8f

d k|h xF

■ lznf kGt



d kin d6sf 6qf 3Db 3Db /dfp5'
cf^g hGdynf leq kOf esg vNb5'.

;^nf hljgsf zk dndf dn e/xf;
gbl, e|gf auh:t d/f hljg kOfxf; .

t/f0 krf6df d/ vN5g ;fGbosf 3/
/flugl ;fy e vN5'vfnl s07 ;alt/ .

Sof /fdf bz of d/f Sof /fdf kinsf 3/
Toxl 3/el/ vNg 0Gbgls 5 of e/ .

j ;Gtsf e|lh:t cfvdf dgsf e|L
:jOf/lZd ;/L df05 aGb 5g lsg augl .

cfcf cfcf ;a cfcf bzsf d6df /dl
p7f0 bzsf e|08f ub5f ce| pGgt .

kPsf ult ufP/ s^h s^h 3dl 3dl
ed/f e| r';L kin vhf cfsfzdf /dl .

of d/f bzsf kin bzdf kNg Bf ca
of d/f efjgfnf0 df6df vNg Bf ca .

of6f df05 oxf cf0 cf^gf zk vhfP5
znsGof ;w xfl:5g lxDrhl ha vNb5 .

5g, 5g sxl 5g snf dnf x6L ;Sof
tftko o;/L vN5, nlnf nfg h/L ;Sof .

;dLIff

vZLsf]k8sf] b[6fsf]b[i6

■ kf: dfwj l3ld/]



g kfnL ;flxTodf gf/L ;l6fsf v8/L 5g, x/fe/f ePsf 5. ca kfyldssfn, dfWoldssfn jf zf/bf pQ/sfn -lj:= !(((\$ lt/_df h;/L dlxfn ;l6f l;nf vfHgkg cj:yfdf lyof ;dosf qid;u u0fftDs ;VofTds ;a kpf/n gf/L ;l6fdf qlds kplT ePsf 5. o;df b0dt gxfnf.

/fhwfgLdf a;/ ;flxTo l;hgf ugxZsf thgfd aflix/ lhNnf -dfk;n_df o:tf ;l6fxZdf sXL dfq sd xg ;Snfg t/ cfh vf; u// kjL gkfnsf lhNnfXdf ;hsxZ kZ:t h0fpg yfnsf 5g. o; qiddf gf/L ;l6fxZsf nx/ klg cfznflbf blvPsf 5.

;kt/L lhNnfsf a/jf up, hxf kfylds sfnlG slj pbogGb cofnsf sdIfq xf. sXL dlxgf cl3 ljjRo ;l6f ;l/tf cofnsf lgcq0ffdf d klG Toxf klusf :d/Of u/. Toxf ePsf eJo sfoqiddf dn klG b0 ZAb afNg cj;/ kfpSf lyP. ;of jifblv h;sf kvf ;flxTo;jfdf ;dlkt 5g, To:tf cofn jzlo shdf axf/Lsf Zkdf lelqgePsl ;l/tf cofndf kvfsf kpfj kg':jfejljs xf. kin:jZk pxf ljut !)-!% jifblv ;flxTo ;jfdf ;dlkt xgX5. ;do qiddf pxfsf /rgfxZ kpfilzt e0/xsf 5g eg bzf ;flxltos ;Vofdf ;nlg klG xgX5.

pxfsf kl5Nnf slt 'v';Lsf k8sf] d/f xftdf 5. of syf;auk xf. o;df !\$ syfxZ ;asInt 5g. ;dfhdf h xfdln bV5f efl5f, To;nf0 ;l6fn ;flxTodf ljljw ljwdf ktt u/sf x5. k/s olQ 5, xfdL cgej u5f nv/ JoQ ubgf jf ug ;Sbgf t/ ToxL s/f sltsf Zkdf kl:sPKl5 xfdL e5f, of sltn d/f dg

5fof. jf:tjdf kf7ssf dg tflgg' ;l6fsf ;kintf xf.

;l/tf cofnsf of syf;aukn d/f klG dg 5fof. oxf ktt 36gf, r/q, kfq, kl/jz, jftfj/Of nufot ;a syftEjsf cfwf/df :jfejljs 5g eg oyfy kttls/Ofn ;dfhsf /fdl lraqOf syfdf ePsf 5.

ca syftk hfp. ;dfh syfdf Psflt/ xfdl ;fdflhs k/Dk/f vf; u// jflxs k/Dk/fnf0 bzf0Psf 5 eg csflt/ axhL jf ojtLsf dgfbzfnf0 kfl/jfl/s Zkdf g jjf:tf ugn s;/L kl/jz wldn5, JoQ, ;dfh s;/L 6lq5 eGg s/f axhLsf dfWodn wldn5. cgdN ljjfxsf kl/Ofd h;n Pp6L gf/Lsf ;d:t OR5f-cfsf^alff cGto u/fp5 dfq xf0g, ;fdflhs ;/rgfnf0 g kpfj t kf5 eGg s/f syfn bzf0Psf 5. 3/-kl/jf/, ;dfh ;a k/Dk/f, ;:sf/ ;fdflhs dNo dfGotfsf kl5 t nfi5g t/ cf^g 5f/Lsf dgfbzfnf0 a%g rfxgg jf aen/ klG abkrfPsf h:tf u5g. kin:jZk Pp6L gf/Ldf ;d:t ;dfhklt ljtioff hfi5 / ljbfxsf af6f ;dfg aflwo x5g. syfsf cGto o;/L ePsf 5- =====hllusf cfuf tkf eGbd dn tkf0sf bfhsf dfnf hk/ ;tf ;f/L nufP/ a:gk5 eGg 5g. =====l566f 5f6f af6faf6 sn^asl InP/ lx8 t ef0, kj hfg /flqa; kS8g'5.

oltjnf dnf0 ufkfink;fb l/dfnf d;fgl sf ;Deigf cfp5. Toxf ojtL kfq .hxf dftTjst, jft;Nosf xTof x5, Tof 3/ d;fg xf. d oxf Psl5g klG a:g ;lSbg efj JoQ ul5g.

.kfun ;auksf bf;f syf xf. lgolt, kl/jz / cf^g ljljw sf/Ofn, cglststn

df65sf hljg cTo6t hl6n / boglo agfp5
e6g ; 6bz of syfn lbg vfhsf 5 . kj :dlt
znl -^Nof; Aofs 6lSgs_ df nlvPsf of
syfn kf7snf0 pT; Sdo agfp5 pT; Ssyf0
jf:tjdf syfsf k6lv t6jdWos Ps xf .

nfdf syf, 36gf rdTsfl/s 6kdf
z^vnfa4 5 . hljgdf o:tf ; d:ofx6
dflg; sf hljgdf gcfpg xf0g, cfp5g t/
JolQ0 ; od xg ; sdf gcfpg klg ; S5g . t/f0,
sf7df8f / clnclnl; dfkfl/ -ef/tsf_ r rfn
kl/jzdf Jofkstf blv65 . cglts sfosf
kl/Ofdd bWvf6t x65 eg/ k?if kfqn0 bvf0of,
8fo/L dfknt p; sf kZrfQfk klg ljZnif0f ul/of
t/ To:t cglts gf/Lkfqsf cj:yfsf klg
k0ftf syfn k6tt ug ; sg .

t;f syf e6j/lleq0 xf . s u5; d6n
cf6g 96n0 pvfgnf0 rl/tfy u/Psf 5 o;
syfn . bflhln^a, e6kf, sf7df8f, cdl/sf
; alt/sf kl/jzdf e6fgl z/Offyl oJssf
s6blotfdf syfn ult lnPsf 5 . gf/Lsf : jfyL
rl/q, l/; 0jl cflb dfgl; stfn ePsf ljifd
kl/l:ytsf bfifl b0 gf/Lkfq nufot k?if klg
xf . 36gf ; a Ps csfsf k6tsn 5g . To; n
c6tdf kl/Ofdd klg g/fdf g eof .

6kf/kfrs0 syf k9kl5 d 5Ss k/ . t/
syf k9/ xg, ; l6f ; l/tf cofnsf cf6 bv/ .
; dfhsf ljst : j6k agfpg, eTsfpk k?ifdfq
xf0g, gf/L klg sd 5gg e6g s7fsf oyfy o; df
lglt 5 . gf/L ddtfsl k6tdlt xf0g, /flf; L
k6lQsl k6tdlt klg x65g, h; n Pskl5 csf
kl/jf/sf ; vb jftfj/Ofnf0 wldNofpg d2t
x65g e6g s7fnf0 ljle6g kfq, rl/q, 36gf
kl/jzaf6 kli6 ul/Psf 5 .

jZof-jlQ h:tf ; dfhsf 3l0ft sfosf
alnlj:tf/ oyfy / ; hlj lrq0f syfdf ePsf
5 . s; /L cf6gn g cf6g cafw ; 6tfgnf0
k; fsf nfedf jZofjlQdf xfldlb65g e6g s6'
; Tonf0 syfsf dfWodn k6tt ul/Psf 5 .

6gf/Lsf zq' gf/L g0 of s7fsf k6f0f k6tt
syf xf . clt ; ld 96n syfdf ljljw kfqsf
dfWodn xdf ; dfhsf ljst oyfynf0 syfdf
k6tt u// kf7sdfq xf0g ; Dk0f ; dfhnf0 g
; rt kfg k6f; ul/Psf 5 . clt ug' cltrf/
gug0 e6g pvfgsf dd cg'; f/ cafw aflnsfdf
klg ljbfxl rtgf cfp5 . kn:j6k ; d:t
cTofrf/Lx6 bl08t x65g .

lZj/fqlsl aud0 =====k/wdf eofjx00
ultsf o; pbuf/sf JofVof xf of syf . hlt; s
dfoflktl a; f; , eflts ; Dk6gtf xf; , ; 6tfq
; v xf; . k/wd -cf6gf wdafoxs c6 wdnf0
: jlsf/ ug' df uPk15 Toxl cg6k cfr/Of
u/ klg c6tdgn sbflk : jlsfg ; Sbg e6g
s6' oyfysf gd6f xf of syf . lx6bh dl:nd
wd ckgfP/ o:tf eof e6g xf0g . hg; s wd
df6gn klg csf wd ckgfp5g eg klg o:t
dfgl; s kl8f pglx6n ; w Joxf5g .

6kbflaq0 Pp6f o:tf syf xf, hg syfn
; flxTosf/ hutdf pd6f ljslth6o /fusf
lr/k6f/ ul/Psf 5 . cuhldf o; nf0 3fi6
/f0l6^a klg elg65 . k; fsf nflu c6knf0 g
cl:tjljxl6 agfpg tyfslyt ; flxTosf/sf
boglo lrq0f oyfy 6kdf syfdf ePsf 5 .

vZLsf k68sf0 oxl syfaf6 k6tt syf
; a6ksf g6ds/Of ePsf 5 . cklffst nfdf
syf xf of . k/bzdf Psn gf/Lsf dgfj1flgs
666Tds syf xf of . dfS; sf 666Tds
efltsjfbL l; 46ts ; /fk6/fdf syf 3dh:tf
nfl0f . 666af6 kl/Ofdd jf lgisif lglSnPsf
/fdf x65 . b6j -gf/L, k?if sf dgfbzfnf0
cTo6t oyfy / dfl6s 6kdf k6tt ugePsfdf
; l6fnf0 xflbs awf0 .

; a6ksf c6o syfx6 ; k6f0 sltko0
/ld6of6; k6l0 czdf cl:dtf0 cf/=8L
dVlof0 . k; fdf k6l0 / dftTj ; a syfx6 : t/Lo
5g . dnf0 ljzif 3t nfusf syfx6sf 5f6f
ljZnif0f u/ . To:tf t ; a syf k6; fofl0 5g .

la/fnfsf]cfrL

■ dfwj kfjv/h ufj]hof^au]

la /fnf DofpDofp u// otftf x5 / cfrL u// nšfp5 . p;sf cfrL ;fob cfrLnf0 krfx/ nfu/ uGxfp5 Sof/ To; n cžn gbvg eg/ nšfp5 . dfgj klq ufko 7fpdf cfrL u5 . vhfzkdf cfrL u/ klq p la/fnfn e nšfpbg . t/ sltko dfgjsf : jefj sg ;fdg la/fnfn cfrL nšfp e nšfpbg xG5 . ;anf0 lbgkg af8gkg jf ;fjhlgs ugkg eP klq p; n hf kfof, ToXL; u ;fjhlgs ubg . egf p; n dfG5 lfGgnf0 dfq Tof bvfp5 / lbG5 t/ cžsf ;fdg eg yf/ eP klq lng5 . la/fnfsf e : jefj dfG5n klq bvfp5 .

;dfhdf la/fnfnf0 rf/sf ;1f lbP/ xfdL nv65f . s65f / k/ hf eg/ wkfp5f . t/ klq Tof la/fnf yQ/f eP/ xfdj; fd' DofpDofp ub cfp5 / bofsf elv dfL5 . chljsf kf0fL la/fnf d'; f dfgdfq xf0g, bw, df5f, df; 'vfg klq xfdj 3/df kNssf xG5 . rf// vfof clg cfrL u// nšfof la/fnfsf lgolt e cf^gf lgolt ;asf ;fd' 5n^a kf/sf axf; L dfgjn yxf g kfpbg .

cfk'nf0 ;dfh / /fi6s cu'jf 7fGg axf; L la/fnfxž w/ 5g . cžn tkf0 eg klq geg klq cfrL dkf0 ag/ cfrLnf0 ;j1 kf1 7fGg tL la/fnfxž cf^gf kf1stfsf kpfunf0 g la/fnfsf cfrLh; L nšfp5g eg To;sf ;dfhdf sg cy /xbg . cžaf6 kf1 egfpg ?rfpg t/ cf^gf kf1stf g cžsf cufl8 nšfp/ cfrLnf0 la/fnf agfpg axfzL slxNo

klq kf1s judf kbgg . cžsf kf1s sdnf0 dd gabL afNg / cf^gf dfq bgf ;f%ofpg nfluKg sdnf0 kf1s bhdf /fVg ;lsGg .

la/fnfn cf^gf cfrLnf0 cfrLnf lgs dxEjk0f 7fg/ klq cžn gbvg eg/ nšfp5f xg ;S5 . cžnf0 bvfp5g gxxg s/f ;fjhlgs u// ;fob la/fnfn cf^g ckdff xg 7fg/ xfnf, cfrL nšfp5f . ;fxL tj/n cfrLnf0 kf1 7fGgn klq cf^gf kf1s sdsf pTkfbg la/fnfn cfrL nšfp e u/L nšfp5f xg ;S5 . o; L la/fnfn cfrL nšfp e pTkfbg nšfp5egsf cfrL; u ePsf afl4stf egf jf kf1stfnf0 ud/fxdf /fVg' xf . sfxL cf^gf pTkfbg ;an rfvg, bvg / krf/ ul/lbpig eGg WofpGgdf xG5g .

cf^gf pTkfbg ahf/df uPg eg / hlt ;Sbf w/ pkefStfn pkefu ug kfPgg eg cfrL cw/f xG5' eGg ;fr lbfudf xgkb5 . udSs uDs/ pkefStfsf cufl8 cžn gd:sf/ ul/lbpig / d l^aRr b0 k;sf bft bvfp/ cf/d xgxG5 l egfnf eGg ;frn 7fnGbf cfrL ds vfg efnsf žkdf kf1sssf alrdf bl/g a/ 5g . egf dfxL dfLgn 9^auf nšfp/ dfxL dflof eg dfxL lbgn 8fsdf nhfp cJZo eGbg . dfLgn cfrLnf nhfg ;fdg afSg t ef8f nhfg k5 . la/fnfn cfrL nšfp e dfxL xNg ef8f nšfp/ kf1stfsf nf0gdf pleg lgs sl7g xfnf l

dg k/sfnf0 dfq cf^gf kf1s pTkfbg lbq xf eg / To:tf kf1sn cfrLgt gftftfsf

dfqnf0 df65 uGg xf eg pTkfbgdVL /Ij t/OfdVL
 kfl1s sdsf ;fystf /xnfh:tf nfilbg . of
 sd kfl1ssf xf0g, dkf0Tj bvfpqsf xf .
 kfl1s dkf0Tj bvfpq g la/fnfn cfrl n5fP
 e cf^gf pTkfbg n5fp5 / xf0g eg ;asf
 ;fd' 5ftl k1sfP/ pTkfbg bvfp/ ujsf ;fy
 plegkg xf . t/ c2sf cufl8 DofpDofp u//
 cf^gf lg/Lxtf bvfpb cfk1nf0 la/fnf agfpg
 kfl1s k/Dk/f x5fpg' kjlo ;:sf/sf gdtf
 xf . of ;:sf/ k/Dk/fn kfl1stfdf lvof nfu/
 kpudf Nofpg g ;lsg x65 .

of la/fnfn cfrl n5fPsf bVbf dnf0 s
 nfil5 eg ;fob la/fnf /fHodf klg gkndf e
 vhf lbzfdSt /fHo3fif0f ePh:tf nfusf 5 .
 lsggeg olb la/fnf /fHodf vhf lbzfdSt /fHo
 3fif0ff u/s sf/Of hyfefjL k1fx/ k1fNgxbg eGg
 rtgf knfPsf blv65 . ce eGg xf eg ToF
 klg z/L/leqsf k1fx/ aflx/ vhf 2kn 5f8bf
 ;dfhnf0 gsf/fTds c;/ kg / la/fnfxcdf
 /fuAofwn ; tfgp ePsf n klg la/fnfn cfk1n
 cfrl u// 5fksf xg ;S5 . la/fnf sf of uhasf
 tl/sf df65n l ;Sg÷g ;Sg' klg kfl1stfsf
 Pp6f gdtf pbfx/Of ePsf 5 . of s/f ljr/ ubf
 dnf0 s nfil5 eg cfk1nf0 kfl1s eGg ?rfpg
 dfgjn la/fnf ;u al4 l ;s/ cf^gf blgslnf0
 cl3 a9fpbf plrt xfnf

cfrl n5fpg s/fdf dfq xf0g, bw vfg
 s/fdf xf ; jf d' ;f dfg, df5f, df ;' jf c6o s/f

rf// vfg s/fdf klg dfgjn w/ l ;Sg afsl
 5h:tf nfusf 5 . e|6frf/ ug eg la/fnf eGbf
 cufl8 /xsf kfl1sdfgj c2n gbVg 7fpdf
 n5/ cfrl u/ klg ToF cfrleGbf a9L uGxfP/
 ;dfhdf cf^gf cl:tTjnf0 :jR5 dfgjs
 bfhdf bhfp/ a ;sf 5 . xg klg xf la/fnfn
 kqklqs ;Dkfbg u/sf 5g . k'ts k5fzg
 u/sf 5g . g dfgj hlt k9sf 5 la/fnfn .
 ;dfhdf la/fnf eP/ kJossf 3/leq k ;/
 Toxfsf j :tl:ylt a%g hlt ;xh la/fnfnf0
 x65, Tolt ;xh dfgjnf0 gxfnf . t/ n5fpg
 s/fdf eg la/fnfnf0 kl5 kf5 dfgjn .
 la/fnfn t cfrldfq n5fp5 . t/ dfgjn
 cfk1n cfk1nf0 n5fP/ kfl1stfsf Hjngt
 pbfx/Of lb65 .

afl4stfsf lx ;fan la/fnf dfgjeGbf w/
 dfly 5 eGg s/fsf kli6 la/fnfn ul/ ;ssf
 5 . s ;/L eGgxfnf eg dfgjnf0 ;w b1v lbg
 d' ;fnf0 b/ljg nfP/ vfhl u/L 3/df 5 ls
 jf vtaf/Ldf, kjndf sxf 5 vfh/ To ;nf0
 sfgdf ;dft/ k/nfs klgu/L sfojfxl ugegsf
 ;fgf s/f xf0g . d' ; cbfntn ;dt la/fnfnf0
 sfojfxl ug g ;Sg ePsf n la/fnf sf xl ;ot
 kfl1s dfgj sf eGbf a9/ uPsf dn a8dfgsf
 cgbfg xgdfg ;u a ;/ u/sf 5' . o ;feGbf k1/
 dnf0 la/fnf sf xgdfg eGgxfnf t/ d la/fnf sf
 xgdfg xf0g / kfl1stfdf lxnf 5k/ /dfpg dfgj
 klg xf0g .

bfloTj
 sf7df8f pkn^{AW} xg] :yfg
 kf] klkf cfrfo{
 la: P ;: aS ;
 hfd] dfsf, /Tgkfs{ sf7df8f} ;Dks{ || (*\$!@(!*&

u/ ljsf; h6]

■ dfgk; fb l3ld/]



bfu eft sk8f 3/ a:g
lb65 bz o; n tg kf:g
bz g 5 / t 5g ; a gtf
bz xf ; snsf wg, hyf .
-!_

cfu6l kb sg klg 7fn'-
x6g sd ul/P/ l jffn'
lb65 ef6 hgn ln0 cfzf
laluP dlt xg5 lg/fzf .
-%_

hl6dof e'jgdf o; leq
dftefj lsg la; g'ldq <
hl6dPkl5 t cfp5 lhDdf
sd ug rlsP t lgsDdf .
-@_

bz p6gt ePkl5 gtf
vf; df clg xg5 l jhtf
bz df6 kl; gf hgtfsf
e:n : jfy slj rf/ l jgfsf .
-^_

sd xf ; kntf lbg ; Sg
sd ut klg v6b5 v:g
sd z4 u/ afRg'5 w/
bzsf u/ ljsf; h6/ .
-#_

gl6taf6 al; Pkl5 6f9f
bz k6 geP clt uf9f
efu dfq ul/P clenfiff
: jfysf 36 xg5 vhf; f .
-&_

nfe dfx e'u8f clg k6f6f
8Ag vf8n xg ab6 kf6f
e6 hfn /lrbf slt l6S5f
bz3ft kgdf slt laS5f <
-\$_

bzsf ul/gk5 ; 7lff
n5g u5 cl/n clt 0R5f
blanf olb u/kl5 5ftl
ug ; S5 s; n / ghftl .
-*_

zfl6tgu/, l; l4r/0f dfu, jfgZj/

8/ / nfen dflg; nf0 cl3 a9g lbbg .

)))

hljgsf ljle6g k/liffx6 g; lsPh:t l; hgfsf k/liff klg g; lsbf /x5g .

.. /fd; Q66af6

zIQ

■ nlnf/fh bfxn



C lk;df a;/ hgtfsf sfd gu/ klg
vI/bf/ nld0fk;fb ljut @^ jifblv
Ps sfonodf sfo/t lyP. pgn
sfd ug sfonof cfsifs dWod kbYof. pgsf
xfpefp / lqofsnfk bv/ pgsf ;xsdLx
3l/3l/ Oiofsf lka vNby.

..xf0g, v/bf/ nld0fsf slxNo ;?jf xbg
t l xfdlnf0 t b0 jif gxb 8f8f s6fp5g .l Ps
;xsdL eG5g.

..d klg 5Ss k/sf 5'. p sfd klg sxl
ubg tklg xflsdsf kof/f 5 .l csfn yk.

..p;sf 7n kfj/ 5 h:tf nfi5. Ps
sfonodf kG;g ksfof .l kll/ csfn eg.

..o:tf dfnb/ clk;df sfxl l6S5 oqf
jif < p;n s u// l6ssf xfnf < csfn klg
;jfnst dSsf rnfp.

cfh klg lrof k;ndf uk;sf ljifo
nld0fk;fb g ePsf lyP.

Ps lbg dGqfnosf ;lrj;lxtsf
xflsdx;sf 6fnl sfonof lg/Llfof ug
cf0klof. ;a ;ts eP.

;lrjn ;asf cgxf/ lgofn/ ;fw, ..vf0
t nldg v/bf/ < dn st klg blvg pgnf0
pgl gep t d cfpgsf s cy ef /

nld0fsf vfhldf b0tlg hgf sfonof
;xofulx;nf0 rf/lt/ bf8fof. cfwf 306fk15
nld0fk;fb cfk cf0ku.

Psk6s wgl6^asf/ b08jt u// pgl
s x/fPsf lyP, gub;lxtsf sf;nlsf
kfsf ;lrjsf ljnf;L hlksf l8sldf yGSoFP/
xTsnfdf vgl df8b xflsdx;sf ;fdtg v8f
eP. nld0fn agfPsf vgl cf^gf cf7leq
3;/f// ;lrjn cf^gf ;xsdL xflsdx;nf0
xb eg, ..vglst t p:tfb xf nld0fk;fb.
o:tf 0dfgbf/ sdrf/L kfpq uxf 5. o; jifsf
pTsi6 lghfdtL k/:sf/ lognf0 lbgk5.

afudtL -!/, sdof, ;nfxl

s] tkf0{yxf 5 <

@)&& sf jif{ k'ts cf0;sf 5 / xfdL @)&* jif{ k'tsdf hl6;sf 5f}. @)&*
jzfvblv Pj r0d;fgt;Dd lg:sf k'tsx;sf xfdL l6k0fl;lx k/ro ksfzg ub
5f}. xfdlnf0{l6k0flsf nflu k'ts jf k/ro sf nflu hfgsf/L pknAw u/fpgxf}.

;flxTo ;j4g sfb

zAbfy{ksfzg

rfañ u0fz:yfg, sf7df8f}

\$\$(&#%!(^!\$)#

;dliff

;lf ;Ltf sf/fnfs]cfdsyf 'aGb 9f]f' sf]hljgofqfleq kl]z ubf{

■ /d]zhu ykf



; f lxToofqf jf:tjdf nfssNof0fsf/L
dfupGdv clgjfo cfjZostfePsf
huhfx/ cfofd xf. ;ldflt;ld
lrGtgáf/f :ynkin kflkt xf ;flxTo, hxf
sfnsf ;ldf /xbg. Pp6f nvs cyft ;lfm
cj;/sf ckl/ldt 3/fdf (Boundless Boundary)
a;/ cf^gf ;hgf kl:sg ;S5. dfgj lj/f; t
(Human heritage) leqsf ;jkpfjsf/L cfhf/
Pj pks/Of ;flxTo xf eGg s7fdf s;n ljfb
ug ;Sbg. j:tstf ;fklf ;To (Relative truth),
Ct cyft ;To (Absolute truth) / CW;To (Half-
truth) nf0 uDeL/ ;kdf cgebt ug ljifodf ;flxTo
;ldf 5. lsg eg hljg / hutdf cjl:yt x/s
rlhx; aflx/L snj/df blvPh:t oyfydf
xbgg. j:tx;sf eflts dfkgsf nvfhvf
kbfylj1fg (Material science) n ug ;S5 eg
lj1fg klq g;Sg efjkvwf cfofd (Emotional
Dimension) df ;flxTo cjZo klusf cjut 5.
To;n kpfzsf ulteGbf th ultzn o;nfo
;doofqf (Time travel) sf pkdf lbg klq unt
gxfnf.

x/s JolQsf hljgofqfdf cgej,
cgebt, 36gf, :dlt, bg, kflkt cflb ykl
dfgjlo :jllcfhg s7fx; sg cfbgbbfos /
sxl kl8fbfos w/ftndf ljBdfg xG5g. ultsf
oxl ;/fk/fdf JolQin oz, ckoz ;fy;fy
;dfGo of c;dfGo / slt lj/fwfzfkOf 38L
(Paradoxical event) sf ;fdgf Pj ;flffTs/u/sf
xG5. Toxl s7fx;nf0 JolQiljzifn snfids
/ ;?lrkOf tj/af6 kf7s;dlf uBfids of
kBfids nvga/f kltt ul/g slt p;sf
cfdsyf (Autobiography) xf eGg aleG5.

kf7snf0 nvssf cfdsyf of sg klq
cGo nvgn olb 5bg eg To kpfjsf/L xg
g;Sg :ki6 5. nvq dflnstf o:tf xf; ls
kf7sn vfhlvfhl k9g OR5f /fvq. ;Gt
sjL/sf Ps bxf e=====

æZAb ;Dxf/ aflnP zAbs xfy g kfj
Ps zAb cfifwl s/ Ps zAb s/ 3fj .

cfdsydf nvsn cf^gf sfnv08x;sf
:jonf0 dnkfq agfP/ cfGtl/s ;u;u afXo
;qx;sf ;ki6 ofhg u/L kpflofs clenvsf
;kdf kltt ug ;Sb5. etsfnstf :dltnf0
jtdfgdf Nof0k*ofP/ cfkinf0 hfGg aGg
cyft ;dulDNof^sg ug;lsg of :jokpfz
s8L klq ePsf aGg ;lsG5.

cfdsyf :jo cfkin nlvg ljwf xf.
o;df cfkinf0 a9f0===r9f0 clt/l~ht ug'
cx^sf/kOf cfdZnf3f 7flgG5 eg cf^gf
uOf, bfif, ql6, uNtl cflbnf0 Odfgbf/Lkjs
cyft kf/bzL;kdf kf7s;dlf klff ugegsf
pbfx/Oflo sltsf ;kdf xl/g s7f xfdLdfen
nssf 5g. ;lfm kihh sf/f sNkgf / ;txL
s7fnf0 gsf// lg/klf, cyft t6:y efjdf
cf^gf ;^3if, sltTj, pknIAw, JolQitj / ;fy
JolQut pTyfg Pj ktgsf Zj tZofd kf6fx;sf
cgjj/Of u/L snfids lzNkdf kps6Ls/Of u/df
eflnsf lbgx;sf nflu of vfhk/s / k/s
cfwf/ xg;Sg s7fdf b0 dt xg ;Sbg.

cfdsyftds cfVofgls/Of ;Gbedf
syfsf/n Jotlt ul/;ssf ;doqidx; ;u;u
hfl8g kl]tltx;, /fhgltS, wflds, ;fdflhs,

cflys, ;flxltos cflb cfwf/et ljifox₂
kfo₁₁ pNnv xg u/sf kf0G5 . To;sf/0fn ubf
klg cftdsyf nv_g ;l6fsf lglDt cfk₁nf0
cf^g zAbx₂åf/f k/Llf0f ug ;lsg e/kbf
cfhf/ xf .

o:t cWoogsf kl/qid0fdf ;l6f ;ltf
sf0/fnfåf/f /lrt cftdsyf aGb 9fsf₁ leq
k₁jz ug ze c_j;/ ldNg uof. hljgsf
afNofn -kyd v08₂, dWoefu cf/De -bf;f
v08₂ / pksyf; lxt cGo syfx₂sf h0df
!(\$ ki7sf of k'ts cfbfkGt k9/ ;Sbf
sydf :jo cfk₁ pkl:yt ePsf k₁ol dx;";
ug ;s₁. v08v08df c6f0Psf efuf0sf
;^al₁l₁kt sfnv08x₂nf0 ;?l₁rk0f Pj ;Gb/td
l₁rq^asgåf/f k₁6 ePsf cftdsyf k₁fjzln
ePsf blvG5 . Pp6f gjpGdif ky;lxt tLl0f
dfgjlo ;jbgzln₁tsf cjo₁x₂nf0 ;ld
tl/sfn afx/L :yn dtdf phfu/ ug of /rgf
cToGt ;kn ePsf d :jlsf/ ub5'.

o; sltsf syfgstEj uBnv_g k₁jQ gj
oyfyjfb₁ w/ftn (New Realistic dimension) Sf
hudf pleP/ cl:tjjfb (Existentialism) Sf
vfhl₁df ultzln xb uPsf a₁g ;lsG5 . dfgj
hghljg / hghljjsf ljljw kf6fx₂nf0 w/
kl/>d Pj wosf ;fy sfuhdf p₁tl/Psf o;
sltdf ;dfhsf oyfl:yltjfb₁ (Conformist-
thought) ;f₁rlj?4 clf/n l₁r/k₁f/ u/L
lj₁b₁fx u/sf k₁fb5f . t/ of ;l6fsf ky₁d ;fkfg
gj/^aul₁g pT;fx Pj p₁d^audf 9flnb ;g₁fnf
eljjosf n₁l₁df hfg / h₁g;S kl/l:yltsf
;fdgf ug s₁/df 9Ss 5 . cfk₁ af₁rsf To₁f
;do /vf (Timelines) leq k₁jz u/L ljut
kl/bZox₂ (Past Scenarios) sf b?:t k₁tslt
cftdsyf aGb 9fsf₁ df clf/^asg ug ;l6f
;ltf sf0/fnf ;k₁ntsf ;fy a9b uPsf
kf7snf0 :j₁t₁ dx;"; xG5 .

elgG5 you have only one life to live t/
nvs cf^g clf/x₂sf dfWodaf6 sof hljg

af₁lr/xsf xfdl blv/xsf 5f . o:t k₁pf/n
;l6f ;ltf sf0/fnf ufpsf sgfsGb/f, e₁/k₁vf
/ blud:yndf kl/ Toxfsf x/s hghljgdf
afRg ;jbgf u₁0f u/sf blvG5 . oxf o;/L
...;f;fgf s₁/fx₂df thgf ug, k₁/s 56ofpg, s,
lsg, s;/L < sf/0fx₂ vfHg k₁g ug / pQ/
kQf nufpg ==. === gof kl/jz hljg lhpgsf
nflu ;f/sf tl g₁fnf k₁0nfx₂ rfNbf sxl
sl7gf0leq cndln/xsf jnf =====. k₁:ts
uxg₂kn k9b ubf gk₁nl gf/Ljfb₁ cfGbfng
(Feminism Movement) nf0 kl₁g 6jf kl₁g :ki6
blvG5 == cufl8 o;/L == .sg lbg o; 7fpdf
5f/Lx₂ k9sf bvfp₁gk5 . To;n afaf ca d
e₁g k9/ bvfp₁gk5 .==== xhf/f df0nsf ofqf
kl₁g Ps k₁0nfaf6 z? xG5 =====. efj₁stfdo
pef/df sbsf nvfzx₂n dgnf0 l₁jXjn
agf0lbG5g . lzlf czn s₁/f xf / 5f/dfG5nf0
k9fp₁gk5 eGg rtgfsf Joflt ;dfhdf k₁l/
blvG5 t/ hxfg/ aN5 aQl p₁xl tn 5f0f
sfnf . 5f/Lx₂sf dfldn₁df kfo₁₁h;f rk .
ToxL 5f0fdlg a;/ d ;fn afSg pBt 5g xftx₂
aGb 9fsf₁ vfNb af6fljgfsf ofq₁ df cfk₁
af6f agfpb lx8b uPsf ;^a3ifufyfx₂ oxf
5/ki6 5l/Psf efl6G5g=====; k₁l;4 cdl/sL
nvs Booker T.Washington Sf nv Struggle
for an education e₁...;kgfsf klxn₁f uf/6fdf
k₁0nf 6lsof . 3/blv rf/ 306fsf lx8f0kl5
dfq ljBfno el6g / jgh^aun gblg₁fnf
sf6gkg . l₁jxfg ^ ah lgSnkl5 /flt !) ah
3/ kl₁g xDdxDd xGyof .

aGb 9fsf₁ leqsf sgfs₁gf rx₁fbf kl8f,
cwL/tf, lj/IQ₁, nHhf, 30ff, k/lG₁bf, cf;'
/fbg, cx^asf/, bk, 3d08 cflb ;fdflhs
hl6ntf eP/ kl₁g Toxf xif, cfG₁Gb, k₁l, ddtf,
s?0ff, pksf/, bof, cflbsf ;sf/f₁tds p₁nhåf/f
hljg lg₁;f/tfaf6 ;f/t₁df kl/efl₁ft ePsf
ale₁b uPsf 5 . anfotL ;l6f Joel Laslett Potts
sf sxl x/k₁n eg e₁==

"Feet, don't fail me now,
I got to stand my ground,
And thought
I am down for trying my feet
Don't fail me now."

cfdsyfn klq oxl s7fnf0 cs kl/jzdf
egsf 5 o;/l === dn cfkileqsf wo, cf6 /
;fx; afs/ dxfg ;kgf to u/L uf/6fxzdf kf0nf
rflNb 5'. st ol aflx/L zLQsf sdhf/Ln tl
;a ;kgfxz cw/f gagg ===.

nvfzsf sltko x/kixz Toxfsf ljljw
e-agf6 / e-w/ftnxzsf ;Gb/tfsf lj:tt
j0fg ;fy;fy Toxfsf lbgrfosf aofgn tl
;a s7fxz cfvjl/kl/ 3Db lkib xfdlnf0
ctltfcdVtk 8f4ofPsf kQ kfpq ;lsGg
=== ælaxfgsf kfr aHof lgbfn klq 5f8of.
%ofnaflx/ x/, jl/kl/ udSs slx/f l;dl;d
kfglsf e7asf/ ;u;u eu/L===ufynl r/Lsf
lr/la/ lr// sf0nlsf ;l/nf :j/wg===.Æ

sltko sf/0fn nS/ a;sf s7f/
jf:tljstfxzfnf0 cfdsyfdf ;d6/ aGb
9fsf0 dfknt rtgfsf b7 k7fxâf/f vfNg
hdsf ePsf lbnr:k tYo :ki6 5. o;sf
k7ttls/0fdf nofTdstf ;fy ;/nlst Wjlg
/ dd:kzL k7^uxzn ubf ;ju7Xo sltsf
zkdf kl9g ;lhn eGg ;lsG5. csftk of
Jojsx/fjbl rq (Behaviorist cycle) ;u;u
ufl/P/ cgejhlgd dgflj1fg (Empirical
psychology) sf th jf;gfn 5fPsf efg xg
hfG5, ;a rlhxz k/sk/s xfnfg, To;n
cksl6t / cgQl/t k7gxz cfkidf cxf/bxf/
ul//xGy ===.

o; ;:df/0ffTds cfdsyfdf cf^gf
kvfsf c;n ;:slt / k/Dk/fnf0 hugf
ugk5 eGg ;Gbz lbgSf ;fy;fy gf/L pTyfg /
;zQlS/0fdf a9L hf8 lbg' cTofjZos ePsf
lj:dohgs ;Rrf0sf zkdf p7fg ul/Psf
kfG5. k7olfgzkdf ;l6fn bvsvf / nvsvf xf,

o;/L s clGtd ;dfwfg dg' xf / < ToF xfdf
;k7ntf xG5 < unt lg0fo g np. hljgdf
kl/aGb kg ;S5. xfdlleqsf zLQ k7f/
ugk5 .j xfdf k7ftgkGyl ;dfhn gf/Lhfltnf0
;bf cGwsf/df sfr/ / ToF cwf cfsfzk5fl8
wslnP/ cfe7ndf k/sf af/df xfs lbb syfn
afnsf 5 xfdl;u ePsf ;xgzlntf, wo /
;fx;nf0 ;flfl /fvL xfdlleqsf zLQ k7f/
ugk5 .j xf klq t kSs gf/L ;li6 / ;hgfsf
cfwf/ cfnfs xf.

sxl st yf/ dg ylst esg lg;f/tfsf
kn (Pessimistic moment) klq cf0k/sf 5g.
clf/xz cf;h leh/ alb uPsf yxf xG5 ===
.ljnlg cgxf/df b0 cfvf leh:tf nfi5.
cf^g dgn cfk7nf0 s7 a/f === cfk7nf0
lgtfct PSnf, ylst / ulnt===.j d k9b7k9b
s0ffnL Ps nfsefsf %jfs ;DeG5'.

cfh pb
efln pb
sf hfG50 sgfnl c
/ftlbg /f0sg vfg'
afe7f dhdfgl c ===.

;do ;dodf cfpg hfg o:tf dfgjLo
ddxzfnf0 cfdsyfn cGtk/0ff :j t7 kl7of u/L
tgfj k74g (Stress management) u/sf el6G5
===== æ5f/L xfdl gf/L xf. xfdln xfdlleqsf
dxfgf/Lnf0 aflx/ Nofpg' 5 ===.Æ oxf Pp6f
dhat ansf cgludg (Strengthening Power)
df gtg cgej (New Sensation) sf g6f kf/L
(beyond horizon) sf gj blgofdf k7ofpg hdsf
u/sf klj6Psf blvG5. o;sf cnfjf ;dfhsf
c;n ;:sf/ /ltl/jfh Pj ;';:sltnf0 ;/lf0f,
;j4g ;fy k74g (Support for preservation,
protection & development) xg' cfjZos 5
eGgdf hf8 lbPsf o;/L a7g ;lsG5 æ;dfhsf
/ltl/jfh, lgod sfggf aGwg tf8gk5 eGg
p2Zo klq xf0g t/ s';:sf/, s7lt / 5f/f5f/Ldf

ebefj gxf;, ;an ;dfg clwsf/ kfp5
eGg dfq xf .

;dfhdf clzIf, ul/al, /fu / efs;xt
hftefdf 5jfst To;af6 ;lht c;dfgtf /
skpfjx; k/dfqfdf dnf0/xf el65g .
To; lsl;d nssf ;To (Hiding reality) nf0
;l6sf sndn /fd;u kfvsf 5 . h;/L
Life is tragedy when seen in close up dxfg
snfsf/ rfnl Rofkngn egh:t cfdsydf
df5sf efjh6o pQfn jrf/s t/auxsf
c6to snpg ;l6sf snd r'ssf 5g M
olQsf jifkl5 cfh nflu/x5 dn s k9 <
s ae< sxf sxf pl8/Xof d/f hljg < d/f
syf otst k6 ePsf 5 . d/f syfx; o;df
c6fpg5g=== .

t/ Every cloud has a silver lining egh:t
;l6sf l;4x:t sndn oxf ;6b/tf k6 u/sf
5 === .xf/x;sf lg/f;fdf xf0g, hltx;df hljg
k9fpg' 5 . xfdlleqsf ;6b/ sxfglx; efjl
k'tfnf0 r9fpg' 5 . xf kSs klg zAbf/f/sf
tlvf cgelt / ;just bfhfdf afsl ;a uf0f
xg hf5g . For without struggle there is no
survival oxl g lgljsNk kydf hxf nvsn
sndaf/f ;a kpf/sf v/fa ;ldf / kvfn
eTsfpb uPsf x65 . syfsf kljIQ / dntfko
klg oxl g ePsf a%g ;ls65 .

hg lzlff :sh, snh / sg ljlzljBfnoaf6
l;Sg ;lsbg, ;doqdsf efuf0x;n ;lhn;u
k9f0lbPsf 5g /ftl eof, vfgf 5 efs 5g .
dflg;sf 30rf 5 t/ cfk PSnf . ;Tg sf7f
/ la5ofgf 5g t/ d/f 5gg . ;osf ultn
8f8dfly lj>fd lng c j :Yffdf dnf0 xl//xf
h:tf t/ d/f kf0nf To/ la/fgf hdlgdf 6Sb
x65 .E ;kl;4 slj k1h cxdb k1hsf yf/
x/k1x; ofb cfof-

d/ lbn d/ d';flk/,
x'cf lkl/ ; xSd ;flb/ .
s j tg ab/ xf xd td,

b unl-unl ;bfP .
s/ ?v gu/-gu/ sf,
s ;fu sf0 kfp .

cfdsydf sfNklgs ldyof j0fg,
zAb h6hnsf ;s; Pj cf8Da/L nfsrf/
ldl>t 3grSs/sf k6of/nflbf plQk;aux;
st kpg ;lsbg . nvgn clj>f6t pT;fx
(Restless Sprits) afs/ clltf6dv btrfn (Past
Dynamism motion) df rfvnflbf syf af8sf
5 . cfvfn bvsf 5nE xbf .kfolfd lsd
kpf0fd sf plQ oxf rl/ty ePsf ale65 .
/rgdf ;dflxt cy, cfzo, p2Zo, kljIQ Pj
k;au cflb ;a plrt cfj:yfdf ;dflxt 5g .
c;n p2Zosf nflu sfl/Psf p7fgx; ;fys /
dggoflo eP/ st klsfids / ;fy ljdafds
aq/vf xb ;/n/vfdf sbf 5g== . Ps hf8L
d'sfg k'sg nfuhtf . latsf lbgx; o;/L
ple65g ls p;sf ;fd6gdf . 5f/ldf cbdo /
cthglo zlQ 5 ;fydfq lbgxf; . cf^gf
cl:tjjsf vfhl (Pursuit of existence) df
gf/ljzifn cf^gf :yfg vfhsf kl6 x65 . axt
wd k'f0fsf @÷#(df pbwt ;f/ulet Znfse
k?ifl kq ;k0f ef0fdl>To hfot, kjdfj>of
dftf tg ;j u? k/ -cyft k?ifn kTglf
cf>o lnP/ p :jo kqsf ;kdf h6d ln65 .
o;sf/0fn klg xdf afaahsf cf>osl
cfwf/ / ;j>i7 u? cdf g xg_ .

;l6f >L ;Ltf sf0/fnfn cf^gf dNojfg
;donf0 Pp6f ;fys, ;doflrt Pj ;f/ulet
;hgdf ;bkofu u// Pp6f ;6b/ sltsf h6d
ePsf 5 . h;/L Pp6L cdf k;lt Joydf
ps';d's; eP/ kl8fdf 56k6f0/xf kfp5f, o:t
kpf/n oxf klg sg avt ;dosfnsf rf6n
clf/x; ps';d'sl;P/ 5l/Psf 5g . ;dosf
cf/fx-cj/fxf lyrf0n nDa z// slk65 .
ufnkl6 cgxf/df ;x;l/vfx; rfp/65g .
lrNnf sfnf nfd sz ;bfsf nflu phf8P/
?vf e0lb65 .

syf ca pksyfdf xfldb gfnf kl/l:yltdf
 xfs lb65 .casf syf 9^auf kufNg kl8f /
 cfsfz ?jfpq /fbg xg5g nfd fofqsf 30tl
 / bp/fnl psfnl cf/fnl / dbfgl cflb ; a
 kf/ ububf syfn slt ulD;Psf If0fx2nf0
 klq ;DeifpYof=== d/f lbgrof kfo o;sf
 l;nl;nfd fEP/ xfnf, d pglx2af6 6f9f xg
 g;ssf . clg cfk of ;fr/ eil:s6y . cufl8
 thultdf e6b uPsf 5 ===d;u dfof x65 .
 p;u bbf xbg . d;u ;Deigf x65 p;u eljio
 xbg . xfdl;u af6f x65 t/ u6tJo xbg===
 x/kix2 sljtfids af6sldf Pj efjstfdf
 ;nnn ausf cget x65 h;u/L h;/L ;o
 dfg ;dod pbfp5g . dfg ;dodf ult rfN5g
 / dfg ;dod c:tfp5g . 7ls ToxL 2kn ddf
 klq dfgtf 5fPsf x65===. k9b hfbf ;dosf
 ljljwtfkOf t:jL/x2 dgdl:tisdf lrqfasg
 xb hf65g .

o;/L sltsf/n kltt cg5yg cf^gf
 c6t:sOf (From the core of the heart) af6
 aflx/ lgrf// Wjlgf ePsf cgdffg ;lhn
 nufpg ;ls65 . sl/a cl6td cl6tdlt/ gklb
 syfn 6ss c8/ k7gsf pQ/ vfhsf 5 .ol
 dn vfhsf syf xg of c rfgs < s xf syf <
 s;sf nflu xf < ssf nflu < . sdn k7g
 vfhb Psl5g ysf0 df/sf efg xghf65 .

dntll ufldOf dlxfx2sf b7j:yf /
 clfg6wsf/ tYok/s k72kdf k'ts dfklt
 k7fkOf ul/Psf o; cftdsyfleq ulxI/P/
 cWoog ubf cfb/Oflo ;l6f ;Ltf sf0/fnf
 cf^gf sfoszntf Pj nvq-;hgdf k/f
 ;kntfsf l;9ldf r9b uPsf d pNnv ug
 rfx65'. xfdl k7Ro;flxTo cWoog ubf gf/Lsf
 k7lfgl:ylt xfdln efusf To; sfnv08 e
 kSs gePsf :jlsf/ ul/65 . ;jk7rLg ;flxTo
 Pj wdzf:q jbd fofubg lbPsf @% hgf
 d6q;l6f Clifx2sf /fdzf, nfdfdbf, lJZj jf/f,
 zfZj tL, 3fiff, odl, ;of, cknf 06bfoOf, ufqf,

>4f, ;/df, hX', jfs, /flq, Tji6f cflb / k7f0fdf
 ljbifl uful, dqol, sfTofogL, s6tL, d6bfb/L,
 clxNof cflbsf pNnv To; jnfsf dlxfnsf
 zllfs l:yltsf cgdffg nufpg ;ls65 . To;n
 klq xfnf, oxf syfn klq o:t efj k66 u/sf
 5=== gf/L sfdn 5g, sdhf/ xf0g . pglleq
 cbDo zIQ 5, hg cthglo 5 .

cftdsyf c2sf c6wfgs/Of u// nlvg
 ljwf xf0g . of t dfgj dl:tisdf ;/lft
 tj/n a;sf ;Deigfx2nf0 duh d6yg u//
 lr/ ;fwgfaf/f k66 ul/g dflns ljlw xf .
 lj:dltsf c/0onfsaf6 kjfgelt ;u;u
 ;flxTo ;f6botfdf cjt/Of u/fpg' Tolt
 ;xh 5g . Appetite comes with eating ege
 kf7sn uxg2kdf cWoog u/dfq lsfasf
 /;fleJolQsf :jfb cget ug ;ls65 .
 To;n xfnf, oxf o;/L egf0Psf 5 lxhsf
 sxfnlnflbf, 36gdf cfh kl/jtg 5 . cfhsf
 efln xfnfg . ;dfhsf ;a s7f kl/jtgzn
 x65g . lg:k6b n5sf dlnd; 6f6fx2nf0
 ;jli7t lzNka/f clf/x2n p Hofnf 55g =.
 .x/s kl8fnf0 kl8fjfw ePsf dx;"; ug cfjfh
 p7kl5 ;don kl/jtg u/fp5 . dfq vfrf 5,
 wotf / Pstf clg ljslt lj?4 cfjfh .

arkgsfnf pd^au, pNnf; Pj tL
 cfgl6bt :dltnx2sf lkp ;Tosf afahb
 kl8fsf 56k6fx6x2n p6dlQ vfhsf k76
 blv65 . Ecfn s:tf clkp ;To;u ;flftsf/
 ug kl . lgZrn, lgdn kljq gf/L cfh oxL
 ;dfhn ckljq agfPsf 5 . hxf dg 5g ;a3if,
 cfvf /;fpg bZosyf / xbo 5g lh6buldf
 aflr/xsf 5g . o; kl8fdo syfsf c6tsf
 vfhl df cftdsyf nfluk/sf 5 . kl/ cfsfzsf
 a;ftn kvfNg g;ssf, wtlsf s0fx2n
 bvfpq g;ssf, g ;lg;fwo g elg;fwo / dn
 s;/L ol kfgfx2df sb ug ;fdYo /fv===<
 lsgeg ;a s7f /f6ldf hf18Psf 5==== . o:t

yk| lj8Dagfjfwxç 5l/P/===5tf5Nn 5g .
syfn eGg afWo ePsf 5 .nvf0df plnb
plnb d nvf0df zfc̣t a:g ;lsg . nVg t w/
sxfgl afsl g lyP t/ d/f dg st zfc̣t /xg
ePg . kll/ ;a syf Pp6 nx/df c6fpg g ;sl
k/s syfsf ;xf/f lng kluof ===.ü

cf^gf ;xf;l Pj k|v/ cfdfk|t gtd:ts
eP/ cfidsyfnf0 cl6td çk lb0Psf 5 .
pxfsf ;^3if, ;hg k|v/tfsf sxl x/kxçn
dg 5ç5g . cfdsf cçt:ynaf6 plnPsf
;jbgzlnfnf0 kf7s;fd' kl:sP/ yk
ld7f;sf cgej ug ;lsç5 oxf,

laxfg p7L eihSs xbf lxdfnl dg xf ;sf
lxdfnsf sfvdf a;l gkfnl afr sf

sfkln vfbf ns hfbf u/f; k|hsf
;u/dfyf lz/df /fvL gkfnl p7sf .ü

@)&* ;fn sflts dlxgdf k|lf k'ts
e08f/âf/f k|flzt ;l6f ;Ltf sf0/fnfsf kyd
slt .aGb 9fsf cfdsyf ;asf lglDt k7gLo
Pj ;^uç0floçkdf xfdldfe kl:sPsf 5 .
dxfslj ef/lj eGgç5- slto:o ; hljlü
cyft JolQ c^g sfo-sltf afrrsf xç5 .
o;y, ;l6f >L sf0/fnf c^gf ;li6 .aGb 9fsf
df lr/sfn / lr/:d/0flo eP/ afRgkç5 eGg
s/fdf d 9Ss 5'. eljiodf cfpç cç yk
sltxç ce|pTsi6 çkdf k|flzt xç cfsf^lff
/fvb zçsfdf JoQ ub5'. wçojfb

rfalxn, sf7df8f



gkfn ;/sf/

cy{dçqfno

cfçtl/s /fh:j ljefusf];^gf ü

cflys sofsnfkdf ;nlg sg JolQ jf lgsfon clgjfo çkdf :yfol nvf gDj/ -PAN_
lnP/ dfq sf/fjf/ ugkg tyf To:tf JolQ jf lgsfon dNo clejl4 s/ nfig j:t'tyf ;jfsf
sf/fjf/ ug ePdf clgjfo çkdf dNo clejl4 s/df ;dt btf xbkç kjjwfg cfo/ Pg
-;zfwg ;lxt_, 2058 tyf dNo clejl4 s/ Pg -;zfwg ;lxt_, 2052 df /xsf 5 . t;y,
cflys sofsnfkdf ;nlg ;an :yfol nvf gDj/ ln0 / dNo clejl4 s/ nfig j:t'tyf
;jfsf sf/fjf/ ug JolQ dNo clejl4 s/df btf e0 aln alhs hf/L ug, vl/b laql
sf/fjf/sf clenv /fvç, c^gf sf/fjf/sf cfkln s/ lgwf/Off u/L dNo clejl4 s/ lj j/Of
tyf cfo lj j/Of Pj nfig s/ ;dodf g bflvnf ug'u/fpg'e0 s/ sfggf kl/kfngf ug u/fpg
hfgsf/L u/fçç5 . s/bttf btf xbf obfsbf jf:tljs çkdf sf/fjf/df ;nlg JolQ / lgsfo btf
ge0 sfdbf/ jf cçc ;Dalçwt JolQsf gfddf sf/fjf/ btf u/L jf:tljs çkdf sf/fjf/ ug
JolQ cçc ;fdçc cçhfg JolQsf gfdjç6 k|f0bf ln0 s/sf bflotj cçc JolQnf0 l ;hgf ug
k|lQ ;dt blvg u/sf xbf jf:tljs çkdf sf/fjf/df ;nlg JolQsf gfddf dfq k|d jf sDkgL
btf e0 c^gf sf/fjf/sf ;lglZrttf u/L btf ug u/fpgxç ;fy cfçtl/s /fh:j sfofnoxç
tyf s/bttf ;jf sfofnoxçn s/bttf btf ubf u0f:t/Lo btf -Quality Registration_ df Wofg
lb0 jf:tljs s/bttfç dfq Plsg u/L btf ug u/fpg Joj:yf ldnfpgxç cfd s/bttf tyf
;Da4 sdrf/Lxçnf0 hfgsf/L u/fçç5 .

u? aGg gvfh

■ sZj/fh kGt



Pp6 JolQ ; j1 xbg
 ; ldt lfqdf dfq lj1tf xG5 p; sf
 sxl dfG5 ce' eg'
 /fhgltS kfqxZ hflgghfgl cfk'nf0
 ljãfg x'eG5g / ; j1fgl 7fG5g
 rfs, rfkf/L, lrofK; ndf a; /
 ; ; f/ xfls/xsf xG5g
 Dffgf pglxZ ljZj1ftf xg .
 ; To, tYo / jf:tljstf hfcbfhfG5 klg
 ; To nSfP/, oyfytfnf0 a'lofP/
 sg klg ljifoJ: t' / 36gfq'ndnf0
 cf^gf : jfy cGsn JofVof u5g
 cf^gf : jfykltsf nflu
 hgtfdfe eð 5l//xG5g .
 gtfxZ,
 Pp6 ljifoJ: thf0 7fp, ; do
 /, kl/l:ylt cg'; f/
 k//sk//s JofVof u5g
 ; To / tYodfly eð l; hgf ul/lbG5g
 /, ; j ; fwf/Of hgtfnf0 cGofndf kf5g .

To; n va/bf/ NofK r5fk gtfxZ
 cf^gf : jfyl; 4 ug ; lwf; bfb hgtfdf
 unt ; Gbz kljfx gu/
 cfk'nf0 ; j1fgl 7fgl
 ; j ; fwf/Ofnf0 ghfGg ujf/, a4' / c1fgl dfgl
 hgtfsf dg dl: tis laufg gvfh
 hgtf ca
 lzllft, ; rt / al4hljl e0; s
 ltdf c; n lgot /fd/L ale; s
 ltdLh: tf a0dfgnf0 ; hfo lbg e0; s .
 Hfflg/fv, ale/fv,
 ca e16 gafn, hgtfdfly eð g5/
 e16f cfZjf; g gaf8
 ; To, tYo s'fdfq afn
 0dfgbf/ / gltsjfg ag
 cfk'nf0 ; j1fgl ; De//
 hgtfdfly a0dfgl gu/
 /, cf^gf w/ftn 6s .

pkTosf aflx/ bflotj pknAw xg] k':ts k;nxZ

! >]7 aS P68 Goh ; j6/- bds, emkf	-)@#-%*\$!@%
@ eS/fo{k':ts k;n - lj/f6gu/, d7 ^a	-)@!-%@\$@\$#
# dgfn k':ts e08f/- uf08f6, pbok/	-)#%-\$@)!@%
\$ Go"k/hgf :6Zg/L- l; GwhL	-)\$&-%@))@%
% gf/fo0fl k':ts ; bg- gf/fo0fu9, lrtjg	-)%^-%@!@*)
^ ; gufef aS; P08 :6]g/L- e/tk/, lrtjg	-)%^-%#!\$&)
& sGrg k':ts k;n- kf//f, sf:sl	-)^!-%@\$S^^
* l; 6L aS P68 Goh ; j6/- a6jn, ZkCbXl	-)&!-%\$%#@#^
(Go"kpft k':ts k;n- ; vI	-)*#-%@))&%
!) ljkg k':ts k;n- dxlbbu/, sGrgk/	-)((-@)!\$*

Gofoljd v ofqf

■ cg';bf zdf{ :tqlo



d cGhfg 7fpsf cGhfg ofql
 lgwss, lgwss
 lg/Lx ;'s/fxçdf
 lgeosf ;fy
 lgbfif gf/Llxtsf lglDt lgeo 0R5fl ;l4n
 lgafw afnaflnsfklt lgbolsf lj?4
 d lgeosf ;fy nflu/x5', nflu/x5'.
 dfç5sf rfS6f n5gsf lj?4df
 wfj f afNb, afNb
 lgafw, lgafwsf lglDt d cGofosf lj?4
 x/s ufp / 6fn ;dfhdf cys ag/
 lg/Lxxçsf l:ylt a%b lgbfifdfly k/jLdf
 cf~g b:tfjhdf nflu/x5', nflu/x5'.
 lg/Lxxçklt jsfnt ug
 w/ afwf c j/fwxçsf lj?4 lgdvfklt cfwf/ to ug
 lgeosf ;fy nflu/x5', nflu/x5'.
 lgeo 0R5fl ;l4n
 d ;anf0 ;d6b, ;d6b
 efsf / gfEfxçklt 0çSnfa uf0/x5', uf0/x5'.
 0:kft ag/
 d x'f/ ul//x5' cfXjfgdf
 Gofosf lglDt gful/s clegçbgn
 lg/Lxxçsf klt
 cfp|| xfdL ;a ldn/ lx8f lgeo-lgeosf ;fy
 hçf? ofqfdf cafwsf ;/lf0fdf
 eo/lxt ;fx ;sf ;fy lx18/x5', lx18/x5'.
 xftdf xft ldnf0
 cf6df cf6 ldnf0
 kl/k/s ofqf u/f
 cGhfg ufp / cGhfg 7fpxçdf .

rçb/jgfoS, sf7df8f

;dfnf]gf

syfsf/ uf7fn] sXl lrGtg sXl ;Deingf

■ 6þgfy bxfn



uf

lGboxfb/ dNn uf7fn] -!(&(-
@^&_ gkfnl syf;flxTosf
cflwgssfn klzkZrftsf dwGo
syfsf/ xg / pgsf syfnvg ;dsfnlg
syfsf/sf ;fklftdf leG dNo / dfottdf
cflwl/t 5 . lj=;=!((& sf zf/bfdf klydk6s
syfslt kþflzt ePkl5sf ^ jifkl5 cf7cf6f
syfxZsf ;auk syf;auk -@))#_ /
lj=;=@)!^ ;fnf rfw syfxZsf ;auk
sysyfl -@)!^ lgl:sgn pgsf syfnvgf
kf/lDes lbgxZ lgs pihfzln / audo ePsf
kþfl0ft xG5 . dgfnlaf6 gkfnl syfsf
cflwgs sfnsf 9fsf pl3Pkl5sf ;donuQ
sf0/fnf / lelf leG znl;/rgsf cltl/Q
leG hljgafw;dt lnP/ bvf/sf cj:yfdf
uf7fnsf pkl:ylt lgZro g kjjtlxZsf
;fklftdf 06dflysf 06 dfq aGof tfklg
uf7fnleq s To;f syfsf/tf 5, h;n
dgfnl, lelf/ sf0/fnfaf6 cnlluP/ Pp6f k/s
hljgafw Pp6f k/s ;dfhafw kþkt xg ;ssf
5 . To;sf nvfhfvn g uf7fnsf dxQfnf0
kl6 kfb5 . uf7fn gkfnl ;flxTosf pbfPsf
bzsaf6 gkfnl syfdf cflwgs sfnsf
;qkft eof eg Toxl bzsdg gkfnl ;flxTosf
dxfg /yLxZsf ;flxTos lbljhoofqfn
klg /~tf/ kþkt uþof . afnsiof ;d tyf
kls/ zD;/sf syfxZ klg To; ;doblv
blvg yfnsf xg t/ pgsf syfnvg cGo
;flxTos ljwfsf ;fklftdf dwf aG ktof
clg tfl/OfLkþfb sf0/fnf, nldlkþfb bjsf6f
cflb JolQJxZ klg o; tYoaf6 lg/klf /xg
;sgg . ljwfnfog tyf ;fdilhs hljgsf

tflYos ljZnif0f / dfgjlo cGtdgsf lr/kf/
clg dflg;leqsf aGå, Pif0ff, rfxgf, rtgtf
tyf cGtåGånf0 snfpG ;Gbedf tTsfnlG
syfnvsxZ lflthd lanfPsf cj:yfdf
lgll;^sfr eGg ;lsG5 gkfnl syf ;flxTosf
thgl of cgldsf aGg cj;/ rflx uf7fnn
g kþkt u/sf 5g . dgfnln gkfnl ;dfhdf
ljBdfg Joj:yfnf0 ;wf/ gu/L cfbzjfbL
bli6n x/sf 5g eg sf0/fnf dflg ;sf dgleg
ljBdfg crtG / To;sf kþ6Ls/Of clg rtG /
crtgalr xg cGtåGånf0 snfPsf 5g . To:t
lelfh ;aeGbf a9L dflg;sf dgleg /xsf
crtgnf0 g bvfPsf 5g . clg uf7fn rflx
JolQ alnof eP/ klG p; sf sdhf/ cj:yfnf0
dgfj1flgstf lbg lbzflf/ bQlrQ 5g . o;/L
cflwgs gkfnl syfsf klyd kþ/df pbfPsf ol
dxfg syf lzNklxZsf syfut jlzi6bljleGg
eEfnfxZdf Zkftl/t xG5 / Pp6 dxf;fu/df
hfg ;lgLZrttf eP klG kxf8sf sGbf/xZnf0
lrg / ysfpg ;Gbedf loglxZsf af6f lgtfGt
cnu 5 . uf7fnsf syf;aukdf dgfnlsf
sygznl ;lhn cgGt ug ;lsG5 / sy-
syfdf lelfznl tfklg uf7fnn g dgfnln
p7fPsf ljifosf p7fg u/sf 5g, g t lelfsf
ljifonf0 . pgl t Ps leG p2Zo / leG ljifo
lnP/ uGtJolt/ nldS/xsf kþkt xG5 . pgsf
syfxZ rf/cf6f ;aukdf ;auLxt 5g /
sltko syfxZ ceL k'tsfstf/ sltsf Zkdf
cfpg afsl xfnf . syf;auk -@))#_ sysyf
-@)!^_ kþ / dTo' -@)#(_ tyf hEaxfb/ /
lx/0ouestf/L -@)!^_ g uf7fnnf0 gkfnl
syf;flxTosf Pp6f dxfg syflzNklSf Zkdf

lrgfpg dfwod xg / pgsf ;du|syfJolQ|Tj
klg log syfxčdf 5tf5Nn eP/ kflvPsf
5 . lgzro g pgsf syfnvgn hljzf:qlo
cfwf/nf0 cg';/0f u/sf 5g t/ jfwSofj:yfdf
k|bf hĒaxfb/ / lx/0ouesdf/Ldf k| / dTo'sf
thgdf hg ;rtgfsf prf0 tyf ;fdl|hs
/ dgfj1flgs ;Gbedf ;ld ljZnif0f k|kt
xgkg xf, To:tf cj:yf k|nf kbg tfklg
k|tltstf deif0 / efiiddf cfPsf k|9tf rflx
cgejuDo g 5 . oxf cfP/ lgwSs eG dg
nfl5— syf;aukdf dgfnlzn / sysydf
lelfzn cget eP klg k| / dTo'tyf hĒaxfb/
/ lx/0ouesdf/Ldf rflx pgsf cf^g syfut
jlzi6osf :jl0fd nfnfdxf/ 5 . t/ pgsf
syfut p2Zo / ljifoj:t'sf p7fgsf ;Gbedf
eg pQ/jtl syfxčGbf kjjtl syfxč lgs
;jbgzln dfls / pTsi6 5g .

cfst/sf bli6n k| / dTo'sf syfxč
ljzif nDaf0oQ| /x tfklg sysyfleqsf
syfxčn klg lgs nDaf0 k|kt u/sf 5g .
uf7fnsf syfJolQ|Tjleq 6';fP/ xlsPsf
syfxčdf vn ;jflws nDaf0oQ| bvfk5
eg sysydf ;au|xt rbfj To;kl5sf nfd
syfsf sfl6df cfp5 . ol b0 syfxčdwo klxnf
jQfsf/lo / bf;f /lvs z^vnfd cfa4 5 /
o;n pgsg syg9frdf /xsf k|4tf ; rttf
tyf uxg cgejnf0 kli6 ub5 . Hofbf lj:tlt
k|kt u/sf sydf hljgsf dNolgw/sxč
h;/L ;3g ag/ bvfk/sf 5g . To;u/L syf
;tf af3sf, d/f afaf, Pp6f 36gf, eoh:tf
clt 5f6f syfxčdf klg tl lgwf/sxčn n3'tf
k|kt gu// u?tf g k|kt u/sf 5g ; fdfotof
Ps a;f0df k9/ ;lsg n3'/rgfnf0 syf elgg
syfzf:qlxčsf cjwf/Offaf6 cnlluP/ lgs
nfd / lgs 5f6f sydf plQs;u ljifoj:thf0
p7fg ug;Sg' / To;leq nf'gf p2Zo, cgej
/ hljgafwnf0 e// k|0f;~rf/ u/fpg ;Sg'
uf7fnsf syfsf/tfleq /xsf dxčjk0f
kl/ro xf .

;^Vofsf bli6n rf/cf6f syf;aukdf
cfPsf aofln; syfxč g xfn bvfk/sf
uf7fnsf dxčjk0f syfslt eP klg syfoqfsf
yfnlndf bvfk/sf .To;sf efn| sg klg
;aukdf gk/sf sf/0f pgsg cGo syfxč
;aukafx/ klg /xsf s'fnf0 ;ast ub5 .
lj=;=@))# blv @)^! ;fn;Dd cf0k|bf pgsg
syfut dfotfn ljrng k|kt gu/sf / Pp6
uf/6f, 3f86f xb /fhdfudf cfP/ /~tf/lnbf klg
cf^gf dnet dfotfnf0 cfd;ft ul//xg;Sg'
rflx uf7fnsf hljgnf0 xg bli6sf0df
/xsf :ki6ttsf pbfx/0f xf . hxf /f0 tlgcf6f
;aukdf tlg lsl;dsf ljr/ lnP/ bvfk/
Toxf uf7fn rf/cf6 syf;aukdf Pp6 ljr/
Pp6 cgej / Pp6 dflstfnf0 lnP/ lx8sf
5g . syf;aukdf cf7cf6f syf ;au|xt 5g
eg sysydf rfwc6f ;au|xt /xsf 5g .
clg k| / dTo'tyf hĒaxfb/ / lx/0ouesdf/L
df q|dz|| gf / P3f/ syfxč ;au|xt 5g .
tl syfxčdwo ;aq|d0fsfnlg /fhgl|t tyf
/f0ffsfnlg ;dfhsf k'fgf wawaln0 5fPsf
syfxč sxl /xsf 5g eg sxl afndgflj1fgdf
cfwfl/t 5g / clwsfz syfxč dgflj1fgdf
cfwfl/t 5g . dgfj1flgs syfsf/sf čkdf
uf7fnn k|kt u/sf ljzif0fleq sf0/fnf /
lel'sf h:tf syf gxb' / vf;u/L ;fdl|hs
;:sf/leqsf dg:tlčjs oyfysf lrq0f clg
;ju / ljr/sf cGtâĀanf0 bvfpg uf7fnsf
syfxč lq|ofzln 5g . ljifoj:t'sf dfufg;/f/
k|S;Gbenf0 hf8g' tyf bli6laGbd fId>0f ug'
clg 36gxfčnf0 jQfsf/lo 9frf lbg'uf7fnsf
lznksf/tfsf pNnVo klf xf .

uf7fnn cf^gf sydf ljljw ljifosf
p7fg u/sf 5g / pgsg sGbl0 ljifo rflx
ofgdgflj1fg g xf . pgsg aofln; syfxčdwo
Ps rfyf0 syfxčn ofgdgflj1fgnf0
ljifoj:t'sf čkdf rog u/sf 5g . dflg;sf
ljleGg cj:yf xč5g / tl cj:yfljzif;u
p;sf ?lr / cfsf^lffxč klg hfl8P/ /xsf

xč5g . clg ltg cj:yf;u hfl8P/ a;sf
 ?lr / cfsf^alffsf ;fklftdf p;sf dgf/rgf
 tof/ ePsf xč5 . uf7fnn Toxl dgf/rgfnf0
 snfpg Woo /fvsf 5g / o; kl/k|odf pgf
 syfxčdf afndgflj1fg, ck/fwdgflj1fg
 tyf gf/Ldgflj1fg ;an čkdf JoQ ePsf 5 .
 lgZro g pgf syfdf ofgsf /fb|cfju / To; n
 hljgdf kfg kpfjJofVofsf lgtfčt cefj 5
 tfklg pgl ofgdgflj1fgs syfsf/ xg / pgf
 syfdf ofgdgflj1fgstf :jfeffjs / oyfy
 9^aun JoQ ePsf 5 . s';d lbbLsf nffgklt
 xg bli6sf0fdf bfoKto kpsf cftl/Q ljutdf
 ufnf hf8/ ;tsf hjfgLsf ld7f ;Dergf klg
 hlljt 5 . shbjkltsf k77fxčdf /xsf
 cfsif0f / /f0ffsf 5f/fn bvfPsf bJoJxf/
 lgtfčt ofgk/s 5 tfklg åå 5g . rf/vfn
 c88df shbjl;u ul/Psf ofgzfif0f Pp6f
 ;fdflhs ljsltf čkdf bvfK5 clg shbjl
 kf0n hfg' rfx < o;n tTsfnl; dhdf
 gf/Ln eflgk/sf ;d:ofnf0 ;dt Olčt ub5 .
 zftdf;u u/-uxgf lnP/ efusl eujtLsf
 a;dfly vn vnk15 bj kfqxč lg/Lx 5g / a;
 Pp6f vndf c8sf tYonf0 pb3fl6t ub5g .
 1fgaxfb/sf ;fyl xbodfg 3/df cfPk15 ;Ltn
 kltsf :jčk kft ug' / p;nf0 nfenf0f bli6n
 xgh ljk/Lt InčLktsf cfsif0fnf0 JoQ
 ub5 . OčpQn xj0hxfhleq Po/xf:6hnf0
 ;dfTg' / ;Ltn xbodfgklt cfzIQefj bvfpg'
 p:t nff5g t/ ;čbe k/s 5 / kl/jz klg
 k/s 5 . ol bj kfqxčdf ljk/Lt InčLktsf
 cfsif0f ;flRrs xbo;jB 5 . hltčb| /
 ;tlarsf cfsif0fdf tuf/f agsf Odfl;af6
 ;tl afxl/Pk15 cgejhčo :dlt cgčtsf
 lj:dltdf kl/oft xč5 . Jar/f p| df JoQ d|
 kfqn ?rfPsf ;fylsl alxglf cčog ljjfx
 ePk15 bvfK/sf dfgl;s b/cj:yf ;flRrs
 sf?l0fs 5 . ef8f df%b u/sf eldaxfb7 kfgLn
 lehsl dflnSglf cwglg z/L/nf0 af/Daf/
 sftxnf0f bli6n xb5 . ljjfxsf s'f rnbLv

g r~rn agsl eč6L j|/ vql;usf ;xjf;kl5
 zft agsf cj:yf rfx lgs ;frglo 5 . o;/L
 uf7fnfn ;fdflhs oyfys w/ftndf c8/
 cf^gf ofgk/s bli6sf0f JoQ u/sf 5g, hg
 sf0/fnf / lelfsf ečbf lgtfčt lečg 5 / Pp6f
 To:tf bli6sf0f h;df ;dfhsf gf/L tyf k?ifxč
 a;s ;/fk/fdf ljk/Lt InčLklt cfsif0fzLn
 xč5g / pglxčsf cfsif0fzLntfleq dflg;sf
 cj:yf, ?lr / cfsf^alffxč ;NanfPsf xč5g .

uf7fnfn p7fg u/sf csf ljifo
 afndgflj1fg xf h;df pgn afnsxčsf klg
 dg xč5 ečg tYonf0 bvfPsf 5g . nldLkhfsf
 /deiddf /dfPsf afns nfn ul/alsf kbflq
 c6g g;s/ csfsf 3/df afnsf knf rf5 /
 3/df cfP/ nldLsf khf u5 . ul/aln hčdfPsf
 nfnleqsf 56kl6n cčtt h'jfsf vndf
 hDdf ePsf krčgl / ;slnf0 wgsf čkdf khf
 ug / nldLkhf dgfp sfo ug kl/t ub5, h;n
 afnsxčsf l;hgZntf s;/L :yfgčt/of xč5
 ečg dgfj1fgs tYonf0 pb3fl6t ub5 . afa'
 6fSg cf/fk nfusl 1fgl /flt cdfsf ufbd
 ;t/ kčg u5 s d d/ eg afa' k'sgxč5 <
 cf7 jifsl 1fgln cdfnf0 u/sf kčgsf hjfk
 g p;sf cdf;u 5 g aHo;u, g bfh'wg;u g
 of ;;f;u . p;sf kčg / dfgl;s t8k8fx6
 lgZro g ddebl 5 . afns /of krf; xhf/ kft
 xg cfzfn uf8ldlg k// dg rfxč5 . l5dsLsf
 5f/fnf0 uf8ln lsrsfn kft ePsf krf;
 xhf/sf ;Dačwdf 3/df ePsf kl/r rf / p;sf
 3/sf r/d ul/aln cčtt afns /of dTohf0
 vfHg lg:sč5 . ol tlg syfn Pp6 tYonf0
 ;^ast ub5—afnaflnsf klg dg xč5 / Tof
 lgs ;jbgzLn clg tljtk0f .

uf7fnn gkfnL ;dfhsf dfgl;stfnf0
 klg lr/kf/ u/sf 5g . /fgsdfg / lg/-hgn
 cf^gf hljgdf dglu wg sdfP klg
 jfwSofj:yfdf 5f/faxf/Lsf lt/:sf/k0f JoJxf/
 xdf ;dfhsf Hjnčt ;d:of xf . hljgklt
 Pp6f ubf;f, kzkfkt Pp6f ubf;f clg hljgsf

pQ/fwdf ;a lg/ys nfig cj:yf 3/fo;L
jftfj/0fn l;hgf ub5 eGg tYonf0 kl6ofpb
ubf k7fgf k'tfn gof k'tfnf0 ga%g /gof k'tf
k7fgfklt st1 xg g;Sg' xdf ;dfhsf ban
klf ePsfilt/ klg uf7inn ;^ast u/sf 5g .
cfkiv;L ljjfx u/sL zfefnf0 afa-cdfn
lt:/sf/ u/sf / nfign klg 5f8kl5 jZofjIQdf
nfigkg aflWotf tyf cdf d/sf jnfdf klg df0t
guP/k?ifsf sdfQhgnf0 ;dgug hfg zfefsf
lg0fodf Psflt/ pRr tfuyl kpn zkdf bvfK5
eg csflt/ kf0n uPsl 5f/Lnf0 xg bli6sf0f
xdf ;dfhdf bfiK0f 5 eGg tYonf0 klg kl6
kfb5 . xl/dfgn 5f/L si0f-dofnf0 k9fPKl5
p;n kPsf hf0l6^aul kbjl clg al=P=Kf;
u// :shdf k9fpg yfnsL lzllft si0fdofnf0
xg bli6sf0fdf k/Dk/fut k?ifdfgl;stsf
h8tf kP6 xG5 . dlxfn ;dfhljsf;sf
d?b08 xf t/ si0feQ Tof lrgtgaf6 kl/lrt
5g / dlxfnf0 sdhf/ agfP/ /fVgk5 eGg
k/Dk/fut k?ifdfgl;stfaf6 si0feQ ul;t 5 .
;fnlsf 3/df efh vfg uPsf ufpsf Jofkl/L
hhdfign ;fnlsf 3/df cfkl ckdflgt ePsf
7fG5 / efh gvfo kG5 . o;n b0 s7fnf0
0^alut ub5- Psflt/ ;do;fkIf aGg g;ssf
hhdfigsf sdhf/L / To;af6 pAhfp ePsf
xlgtafw clg csflt/ t8se8skjs guPsf
legfhhf0 ul/Psf ckdfig bj zIQizfnl 5g .
To;eGf Hofbf hhdfigsf cf^gf :jlfedfg
h;n kQf, crf/ / df6fsf vfnfnf0 cf^gf
ckdfgsf ljifo ;lDePsf 5 . ;^aqido0fsnlg
/fhgllts cj:yfdf gjwgf9oxzn ;feif;feif
dfg;xznf0 ug u/sf tR5 Jojxf/ ;duPf d
hhdfig syfn afssf 5 .

x/s ;dfh cfbzoQ xbg / To;df sxl
g sxl ban klfxz cjZo xG5g . xfdl rfx
ljsl;t ;Eotfsf dfig;xzdf x/f of cToGt
ul/al / cefjdf afrrsf dfig;xzsf hljgznl
x/f, To;df /fd / g/fdf klfxz cfk;df 3flnP/
/xsf xG5g . uf7fnn To:tf 3flnP/ /xsf

;fdflhs ljsltxznf0 klg vftNg kpf; u/sf
5g . 1fgZj/ sf7df8faf6 alrP/ agf/;sf
sf7ldf hah:tl ofg Joj;fodf nfigk/sL
s6lsf cj:yf /Toxfsf gf/slo hljg ;dfhsf
ljst :jzkxg . Pp6 ;dfhsf cEnf0 kz'tNo
arlavg ul/g' / gf/slo hljgdf afRg ljjz
tNofpg' xdf ;dfhn w/ cl3blv efigk/sf
bbgfs kl8f xf . To;nf0 x/fPsl s6L n
JoQ u/sf 5 . shbjlnf0 rf/vfn c88df
ul/Psf Jojxf/ / s6lnf0 jZofnoeq ul/Psf
Jojxf/df Pszktfklt ug ;lsG5 tfklg kl/jz
k/s 5 / kl/l:ylt k/s 5 . shbjlsf eGf
x/fPsl s6lsf hljg a9L gf/slo agsf 5 .
;ghfn tyf lxtgf/fo0fn zftdfg;u ePsf
k;f l;Wofpg u/sf gf6slo afxfgleq klg xdf
;dfhsf ljst :jzk lJBdfg 5 . o;df Psflt/
adn ljjfxnf0 lg?T;flxt ug kpf; ul/Psf 5
eg wtxzleq /xsf lgbotf / q/tf zftdfg /
eujtLsf hljgdf Pp6f vnsf zkdf pkl:yt
xG5 .

uf7fnsf kfqxz ljleGg cGtaGadf k;sf
blvG5g / of xdf ;fdflhs hljgdf kfoz
3l6/xg klqof klg xf . dgflj1fgsf ;frfn
uf7fnsf kfqxz vfnG5g /ljleGg dgfj1fgs
;Toxznf0 pb3f6g u5g tfklg tl ;dfhlg/klf
5gg . lko0fglleq lkt/ltuyl kpnzkdf 5 /
p;sl cdfleq 7nf 0iof clg :jod lko0fgl
cGtaGadf k;/ clg0fosf aGbl aG5 /
ofgjbgfn 56kl6b kf/kfr's ePsf nfigsf
df0f vfH5 . dgfj1fgstfsf bli6n lko0fgl
;jftsi6 syfsf zkdf cfp5 . ultf p;sf
hljgdf cfPsf kpfk, /of, lbgz / dxzdfgdWo
s;nf0 /fHg eGg s7fd cGtaGadf k:5 /
c1ft JoIQ;u ljjfx ug lg0fo u5 . ultf
h;/L cGtaGaf6 dQ ePsl 5, To;/L lko0fgl
xg ;ssl 5g . p;sf clGtd cj:yf;Dd klg
cGtaGaf6 sfod 5 / ljjfxljg g clg0fosf
cj:yfdf syf ;lsPsf 5 . cf^gf kjkl0sf
;Zlnfnf0 p;sf nfig;u lknDxndf lknD

xl//xsf cj:yfdf bvsv /fhGb/ cfdxTof
 ug of gug cGtåGådf k:5 / cGttM lgsf;
 lg:sG5 . p cfdxTof ug 5f8/ 3/lt/ k:sG5
 / syfn /fhGbßf kß / cfdxTof ug OR5f
 b'j epkOf 5g eGg tYonf0 kltt ub5 . cOf
 zD;/leq b/af/Lof w^aw^aL /x klg leqleq
 l;l4Psf / siOfdfg;u Oiof ug cj:yf Tof
 qfflGtsf kßLsdf 5 . p:leq xLgtfulyl pRr 5
 t/ To;nf0 p;sf kVofnl cf8Da/n 9fssf
 5 . To:t zfefdf /xsf pRrtf uflyln cdfsf
 dTo'xbf klg dfOt hfg lbbg .

uf7fn sjn dgfj1flgs syfsf/
 dfq geP/ gkfnl /fhglIt / Oltxf;sf ukt
 tYoxçnf0 syfsf :jçk lbg ;kin lzNksf/
 klg xg . l j=;!((l-@ lt/sf gkfnsf
 klxfn k'6jn vnnf0 ;Derfpg dU kfqs
 /fOff afa';fxadflysf dSsf kßf/ d kfqs
 lglDt hljgsf gof df8U ag/ bvfk/sf 5 .
 hgtfsf 5f/fn /fOff kl/jf/dfly vhcfd
 wfjf afnsf 36gf dntM qfflGtsf ;ast
 xf . wdaxfb/n rbfjdf u/sf vrn p;nf0
 l jhol agfpg g;ssfn kltqofjbl tEjxç
 hgtfaf6 lt/ist aGb uPsf cj:yfnf0 O^alut
 ub5 . siOfdfg :jod cOf' zD;/sf lglDQ
 qfflGtn kßLs aGg' / cOf' zD;/sf bbzfsf
 sf/Of siOfdfgnf0 bVgh ;j;QjfbL zf;g
 cGTo e0 hgtfsf zf;g :yflkt xb5 eGg
 tYonf0 kl6 kfb5 . /fOffzf;gtfsf hgtfsf
 5f/fn eflgk/sf ;f:tl siOfdfgn efusf 5
 / kßftGqkßlKtkZrft /fOffçsf xljut cOf'
 zD;/n efusf 5 . of gkfnl ;dfhljsf;
 xg cj:yfsf Hjngt pbfX/Of xf . kQhu
 rf/fl;ofsl alxgl lx/0ouestf/L hEaxfb'/u
 ;tl hfG5 . of gkfnl Oltxf;sf ukt /x:o xf .
 elhgfn bvsl ;kgfsf cfwf/df hEaxfb'/sf
 xTof ;tf af3sf eD6f0af6 ePsf kßf/ oyfydf
 kl/Of ePsf ;Gbe syf ;tf af3n afssf 5 .
 snznf0 j/dfg/ul/Psf bhxLsf ljjfxkZrft
 b/af/df cfP/ bhxLn hEaxfb'/sf ;f6f

snznf0 vfhsL 5 / o;n snz, dfG5 aGg
 g;Sg clg dfG5, snz aGg g;Sg oyfynf0
 bvfpSf 5 . ev/sl o'jtl /Def h';fxasf
 vfkldf kçofOPsf t/ h';fxan /ftel/ p;u
 /S;L vfP/ a; klg cf'gf sfdjf;gfsf kof;
 d6g g;ssf 36gf o'jtl / h';fxan afssf
 5 . ol rf/ syfxçn /fOffsfnlG b/af/sf ukt
 /x:onf0 vftnsf 5g .

;dfhdf xg ck/fw ;w cfk/flws
 dgfjIQaf6 dfq geP/ To;sfkl5 cgs sf/Ofxç
 l jBdfg xG5g . dfG5n ck/fw ulbg eGbfeGb
 klg ck/fw xG5 / p ck/fwl 7x5 . ep/h:t
 dU ;l/tfnf0 efu ug celi6n p;sf 3/df
 hfG5 / ;DkOf çkdf ;l/tfn cfknf0 ;lDkbf
 klg gefu/ xTof ug klb5 . w/ ulkt:yfgxçsf
 cgej a6hsf dU ;l/tfsf ;fd'gk';s aGb5
 / lgj;q eP/ gflEPsL ;l/tfnf0 xLgtfafwn
 xTof ug kl5 . p;sf k?iftj kin xg'g ;l/tfsf
 xTofs sf/Of aGb5 . ;dfhsf cufl8 aOHhtL
 9^aun lk6sf JolQnnf0 Hofgdf/fn xTof u/sf
 5 / Psfçt :yfgdf uP/ cgs tsgdf cfknf0
 8afPsf 5 . p;sf tsgfn ck/fwlleq klg dg,
 l jrf// ts xG5 eGg s'fnf0 kli6 ub5 eg ;du
 syfn rflx kltzfwn dTohf0 lgtOfp5 eGg
 ;Tonf0 bvfp5 . hDpaf6 hflu/ vfl;Psf n/rf
 hDhf0 dfq lx8 klg cGttM a6'jsf dEblnf0
 bv/ To;nf0 df5 / dEbl gln0sg efl5 . vS/Ln
 siOfdfgsf dgnf0 lhtsf 5 / p;sl >ldtLsf
 uwgdf vS/L klusf 5 . o;/L uf7fnsf syfdf
 ePsf ;a ck/fw lglZrt sf/Ofn lgtOfPsf
 5 / To:tf ck/fw cfk/flws dgfjIQaf6 geP/
 kltzfWjz / enjz ePsf 5g .

uf7fnsf sxl syfxç kßLsfTds klg 5g
 / tl l jzifçkdf ofgkßLs;u ;Dalçwt 5g .
 snz k?if ofgfEsf kßLssf çkdf bvfk/sf 5
 eg ef8f gf/L ofgfEsf kßLssf çkdf bvfk/sf
 5 . bhxL ansl b/af/df cfP/ snzsf vfhl
 u5 / eldaxfb' ef8f dffbf /dfOnf cgej
 ub5 .

o;/L uf7fnsf rf/ bhgeGbf a9L sydf
 cgs ljifoxç ;dl6Psf 5g / ltlxçn Pp6
 tYo afnsf 5g— dg / efjgf . kfoM ; a syfsf
 kfqxç sdhf/ 5g cyft alnof / b9 kfqxç
 uf7fnn sd kpfu u/sf 5g . pgsf kfqxç
 ; jbgfn el/Psf 5g / Ps Isl;dn eGg xf
 eg hljgsf lg/Lxtfnf0 cfd;ft u/sf 5g .
 lhtaxfb/sf c j:yf, ; tln cget u/sf kl8f,
 n/rfn dçbl lng g; Sg' si0fn vs/Lnf0 lhtg
 g; Sg' s';d lbbln ; ftf lnP/ 5lSPsf kltnf0
 lt:/sf/ ug g; Sg' alrPsl s6ln kltsf/
 ug g; Sg' lx/0ouesdf/Ln hljgsf pQ/fwdf
 cf^gf / jfkfnf0 sfod /Vg g; Sg' w/ o:tf
 pbfx/0f 5g, h; df pglxçsf sdhf/ dfgl; stf
 kl6 çkdf bvfk5 . x/s dfç5 lgolt /
 kl/l:yltsf bf; xç5, p; n cf^gf hljgsf dNo
 / cl:tçj ; lldt 3/fleq vfHgk5 / uf7fnsf
 kfqxç;n cfkfnf0 sdhf/ agfP/ Toxl lgolt /
 kl/l:yltsf rfaçbl 3/fleq hljgsf dNonf0
 vfhg riçf u/sf 5g . nf6f, afnxf, j4-j4f,
 s6f-s6L, oçf-oçj tl, wgl-u/La, zf; s-zfl; t
 ol ; a hljgsf rqM kltrqidf cfpv vf;
 laçbxç xg / tl ; a c j:yf ljzif; u Pp6f
 dgU Pp6f efjgf ufl; P/ cfp5 clg tl ljleGg
 c j:yfxç; u p; sf ?lr / cfsf^lff cçt3lnt
 eP/ a; sf xç5g eGg tYonf0 uf7fnn kfoM
 ; a sydf bvfpf 5g . pgsf syf ; ls; Sbf
 klg syfj:th ceM sxl dflu/xf cget
 xghf0 syfxçsf ckçofl; t cçTo ePsf dfçg
 ; lsç5 .

lgisifçM

uf7fn cfwlgs gkfnl syf; flxTosf
 klxnf bzsdv bvfk/sf rfyf 7nf syfsf/
 xg eg ; duj gkfnl syf; flxTos cuk^lQsf
 syfsf/sf çkdf klçti7fkçt JolQçTj xg .
 dgfnl, sf0/fnf / lelsf syfsf/tfsf
 bfhfdf ; ^Vofçds tyf uoffçds syf nVg
 ; fdYo uf7fndf / xsf / ol culj tl syfsf/sf

syfeçbf leçg lrçtg / hljgafw lnP/ uf7fn
 blvPsf xg . pgsf sydf hljgsf ; ftTo
 oyfynf0 dgfj 1flgstf lbPsf Psflt/ bvfk5
 eg csflt/ ; ju / ljr/sf åçanf0 klç
 bvfpç sfo ePsf 5 . ; fdfhs ; :sf/leqsf
 dg:tfllTjs oyfynf0 bvfpç ; çbedf pgsf
 syfxç a9L pçsi6 Pj ddzln agsf 5g .
 pgsf sydf /fhglt, Oltxf; , afndgflj 1fg,
 ; dfhdgflj 1fg, ofgdgflj 1fg, gf/Ldgflj 1fgsf
 cltl/QM ck/fwdgflj 1fg clfb klç ; fdfhs
 oyfys w/ftndf 3çlet agsf 5 . pgsf
 syfsf kfqxçdf dfçl; s bantf Hofbf
 kfnfk5 eg ckçofl; t cçTo xg'logsf syfsf
 vf; pNnVo klç xg . syf; ^ukdf dgfnlznL
 cget xç5 eg sysydf lelfznL clç kç
 / dçTo' tyf hEaxfb/ / lx/0ouesdf/Ldf rflx
 pgs syfut cçejaf6 vfl/Psf lghlznL
 kç9 ag/ bvfk5 . kçd / ttlo kçiflo syç
 9frfsf syfnVg' tyf /lvs / jQçsf/lo
 9frfsf syf nVg' uf7fnleq / xsf pçsi6
 lzNksfl/tfsf gdçf xf .

; çbeç; fduç

!= kçvfg, si0frcçbl; x ; çkf= -@)%*_ ; feif
 ; dfnfrgf, kf=; = nlntkç M ; feif kççfzg

@= uf7fn, ufljçb -@)%\$_ syf; ^uk, kf=; =
 nlntkç M ; feif kççfzg

#= uf7fn, ufljçb -@)!^_ sysyf, nlntkç M
 ; feif kççfzg

\$= uf7fn, ufljçb -@)#(_ kç / dçTo' nlntkç M
 ; feif kççfzg

%= uf7fn, ufljçb -@)!_ hEaxfb/ /
 lx/0ouesdf/L, nlntkç M ; feif kççfzg

^= >i7, bof/fd / dfxg/fh zdf -@)%^_ gkfnl
 ; flxTosf ; llfkçt Oltxf; , kf=; =, nlntkç M
 ; feif kççfzg .

dfg ; flfl

■ /džk;fb vgn



caš || Ps

:6hdf rftf/L blv65 . sxl sfuhkqxč
5l/Psf 5g . ;fe gkl/;ssf dw/f dw/f
pHofnf 5 . ljsNksf kljz . p;n Pp6f 7nf
erfnf le/sf x65 .

ljsNk -xtf/ xtf/ k:b / xfb_ oxl 7fp xf
h:tf nfi5 . -yfsf :j/df_ slQ
nfdp psfnf . pki=== -erfnf la;fpb
;tstfkjs otptf x5_ pglxčn
egsf 7fp oxl xfh:tf nfi5 . ca
oxsf l:ylt xbf sDtdf klg of
8f8faf6 xbf glhssf a:tl egsg
zfob b0 lsnfdL6/ xfnf l of af6faf6
dfllg;xč klg Tolt cxf/bxf/ ubf
/xg5g, /fd|ef=== ld;g oxl ;kin
x65=== vf0 clgtf clxn;Dd
cf0ktgkgll -k/;Dd xg hf65
loglxč ;dodf sfd ug slxn hf6g
x65gl vf0=== lxhf /flt l9nf eof, To
t d klg sxf ;Tg ;s /=== vf0 sfxl
cPh:tf 5 t=== . -rgvfv x65_

-clgtfsf xtf/ xtf/ kljz x65_
clgtf ;/L x ljsNk l sxl l9nf ePsfdf===,
dnf0 yxf 5 ltdL slt kSr'cn
5f e6g . t/ x/ g, Tof rfsL 5n/
cfpgkg=== cfh kll/ Toxf 7n
hd36 /x5 . kln;xč 5ofk5ofkTL
lyP . rfsL kglgdf0fsf pb3f6g
/=== clg eg, ltdlnf0 s:tf nfi0f
of 7fp -oltptf 3Db_ dnf0 t l7s
nfi5, xfdj sfd kQ ug ;lhnf
k5=== a:tlaf6 6f9f, dflg;xčsf

vf; cfjthfjt gxg of 8f8f clg
of rft/L=== w/ 6f9f klg xf0g=== w/
glhs klg xf0g, cfvf 5n/ sfd ug
klg /fdf=== sg ;/fsln ;0sf;Dd
gkfpq h:tf=== xfdj lglDt l7s nfi5
x dnf0 t, ltdlnf0 s nfi5 sl6g===.

ljsNk l7s nfi5 t/===

clgtf t/===, t/===s <

ljsNk -g/fZok0f :j/df_dflyaf6 lg0fo
e;Sof, dn s e6g ;S5' /=== t/
klg=== cln dg czft 5 .

clgtf t/ klg=== s ef / ljsNk <

ljsNk cln c6fo xg xf ls===xg t
qfl6tdf efj'stfsf 7fp xbg t/ klg
d/f leql dgdf eg stfstf lr;f
k;h:tf ePsf 5===.

clgtf xfdl ršfgh:tf a6gk5 ljsNk, ršfg
xf0g /=== o:tf laljwf t slt cfp5g
slt===, of t xfdj c6ofolj?4sf
;aufd g xf===.

ljsNk dn cf^gf ;j:j g ršfg agfPsf
5', clgtf=== d/f 3/df pglxčn
cfuf nufpb klg d ršfg agsf
lyP, d/L cdf / af hNbf klg ršfg
agsf lyP, t/ vf0 oltsf jif ršfg
agfP/ slt 3ft kl3ft u/sf,
;xsf of d6' cfh lsg xf To; To;
czft 5===. Ps kpf/sf 56k6L
xb 5 leqleq, stfstf. vf0
sxl e6g g;Sg h:tf === e6g e6g
cWof/f ePsf h:tf, st pHofnf

	gePsf h:tf=== cGt/fidfn sxl elg/xh:tf====s:tf==== s:tf====.	clgtf	Jo ^a loffds znldf vfnl xftn s;/L a/L lhtfnf t ;fyl==== d;u vs/L 5 Toxl xf, cfh aGbS gePsf xbf s:tf vfnl vfnl nflu/x5, cf^gf tfut ;a x/fPh:tf===, clg yxf 5 aGbS afSg kfof eg ; ;f/ lhtsf h:tf xg /x5 . aGbSdf 7nf tfut /x5 xlu, ufpdf aGbS afs/ k/8 vNbf s:tf dHhf nfu5U dnfo yxf 5, dflg;x ₂ cba u5g aGbS afSgx ₂ nf0 bv/, Pp6f ;Ddfg / Pp6f eo== dnfo sDtf dg kbg dflg;x ₂ n To;/L dnfo x/sf bVbf . lxhf;Dd dnfo xk/ afNgx ₂ cfh cba u5g clg gd/ eP/ afNg cfp5g=== x/ t aGbSsf sdfn -sxl xf:b_
clgtf	-3fd 8A5 . sxl uf9f cWof/f xg yfN5_ vf0 cfh ltdl lsg o:tf s/f ub 5f, d a%g ;ls/xsf 5g . ltdl t hljg g qrfGt / qrfGt g hljg eg/ o;df xfldPsf df5n o:tf s/f ug===<		
ljsNk	xf0g clgtf===, qrfGtsf p2Zo hljg pHofnf agfpg' xf, cWof/f xf0g . xfdq qrfGtsf s cy, olb Tof hljg/lxt xg hf5 eg . dnfo yxf 5, qrfGtdf cfbz dfq dflggk5, qrfGtdf ax; xg kfpbg / ug ;do klg xbg, lrof;ndf a;/ uk ug' / qrfGtdf cfk ₁ xfdkrfNg' lgtf ₂ a/n s/f xg t/ klg Pp6f hljgsf pHofnf=== dflg; ePk5===	ljsNk	aGbSsf dft egst Toxl xf lg kll/ -d's/fpb_ /S;lsf dfth:t xf aGbSsf dft klg, Ps k6s afgl nfukl5 56fpg dl:sn x5 . d Toxl eP/ klg c r n aGbS afSg Tolt dg k/fplbg .
clgtf	-xtfl/b_ ca pglx ₂ l56 cf0klg jnf ef -k;/Dd xb_ ca xfdq cf^gf tof/L ugk5 xfnf .		
ljsNk	-pbf;lg :j/df_ s g 7nf sfd ub 5f / xfdl Toqf tof/L ugkg, pxl ;w ub cfPsf sfd g xf=== s:tf cWof/f xb cfPsf===sxl bVg g uxf ₂ xb 5 t===	clgtf	t/ aGbS gafsl aGbS afssfx ₂ ;u n8g klg t ;lsbg, xg=== clg xfdq dlQ ₁ klg ;Dej xbg, aGbSsf dft klg dlQ ₂ sf nflu cfjZos x5 xf0g /===<
clgtf	of klxnf k6s t xf0g lg ltdf ljsNk ltdln bz / hgtf clg qrfGtsf nflu slt k6s, slt k6s cfk ₁ nf0 ;dk0f ul/;ssf 5f, clg ltdf pRr dNof ^a sg klg u/sf 5 kf6ln xf0g /== kll/ of s:tf lg/fzf el/Psf :j/ cfh, lsg=== lsg===	ljsNk	dnfo cfhsf lrgtf 5, aGbSsf eGb klg==== dflysf lg0fo 5, dn Tof ug k5 . d/f sfwdf cfh 7nf afe ₁ 5==== -k/ xb_ pglx ₂ cfpb xfnfg . d tof/ xgk5 .
ljsNk	-k/lt/ xb_ sxl blvGg t=== slt cWof/f a9sf=x/ t clgtf, sfxl cfPh:tf nfug ltdlnf0 .	clgtf	ljsNk, of ltdf dfq sfd xf0g, of xfdl ;asf xf, xfdl ltdl ;fy 5f, sfd k ₁ To ug k5, kf6ln lbPsf lgbzg kfng ug k5, xfdl kf6lsf Odfgbf/ sfostf xf=== xf0g /===
clgtf	ljsNk, ;ts xgk5, st bzdgx ₂ t xf0gg, ltdf-xftn 0zf/f ub_ 5 xf0g==.	ljsNk	t/ cfh h;dflly sf/afxl xb 5. -sxl lf0f dfq xb_=== pgl sf xg yxf 5 ltdlnf0 <
ljsNk	d;u cfh sxl klg 5g=== -xftn 0zf/f u5_	clgtf	dnfo olt yxf 5 Tof df5 xfdq zq' xf, jz=== h;nf0 ljpgz ugk5==== .

ljsNk zq'xf t/ kf6Ln tfssf zq' s p
;fIRrs xfd' zq'xf, ltdLn0 yxf 5
p;sf kl/ro <

clgtf -s7f/ a6b_ dn elgxfn ljsNk,
dnf0 p;sf kl/ro cfjZos 5g,
kf6Ln ldq'e6of eg Tof ldq'xf, zq'
e6of eg zq'==.

ljsNk dn w/ n8f0x6df cfk'nf0 xfd
t/ of eg d/f nflu=== -sxl ;fRb_
pxfdq gePsf eP dnf0 sxl dtna
xg lyPg xfnf clgtf t/ pxf t d/f
cfvf vfnG=== of ;f/df cfvf
bvfpd d/f kyk6zs a;blbv
wfpb wfpb xfdLn0 k9fpg ufpsf
ljs6 efudf cfp6x6Yof ljZjf;
;/ d/f lk6 u? . ufpsf ;a
s6fs6Lsf clt lk6 u? . olt dfof
u// k9fpg6Yof . xfdl pxfsf syf
sxfgl, lj1fgsf rdTsf/sf s'fx6
;g/ b^ubf; kYof . slxn c6tl/lfd
k6ofpg6Yof, slxn ;fu/df 8aNsL
nfuh:tf u/fpg6Yof . olt w/
1fgsf pHofnf klnofpg u?nf0
cfh dn===d/f cfvf vfnG u?sf
cfvf a6b ug sfdsf lhDdf dnf0 g
nufPsf 5 kf6Ln . dnf0 yxf 5g d
of s ub 5'.

clgtf ljsNk, of ltdf ld;g xf, qfl6t xf,
o;df sf cf^gf sf k/f0 xl/6g===
cfk'n grfxsf w/ sfdx6 klg ugkg
x65 === qfl6tsf nflu .

ljsNk -cfk'nf x/fpb_ dnf0 3/blv ;w
8f6ofP/ ljBfno nfg ug6Yof .
af6fel/ tf/Laf/Lsf syf, lxdfnsf
syf ;gfp6x6Yof . dn hljg /
hutsf af/df hlt hfg pxfaf6
hfg . cfh=== cfh=== u?blf0ff t
stf xf stf, d s ub 5'< of s:tf
cK7/fdf k; d . dn dflg;sf Hofg
ofe6bf klxn glnPsf xf0g, dn

sltsf xftv6f gefrsf xf0g t/
cfh d/f cf^gf u?nf0 dn s; /L ol
xftn . clg pxfsf of pd/df l/6fo/
eP/ 3/ a;sf df65=== .

clgtf ltdl efj'stdf alb 5f ljsNk,
dn elgxfn qfl6tdf efj'stfsf
sg 7fp xbg, stJodfq
x65, cfk'nf0 ;Dxfn==== x/
sfxl cfpb 5=== -; z^lst xb_ sxl
df65x6sf kbrfk ;6b 5'd=== -sxl
a/ ;6b_ nf, glhs cfPh:tf 5g
t/ xfd' ;fylv:tf t 5gg===; ts x
;ts ===.

df65 afnsf sNof^dNof^a cfjfh
;lg65 . ljsNk 0zf/f u5 . bj hgf
;z^lst eP/ k/lt/ xb xtf/ xtf/
cfein k5g .

-la:tf/ kb6 nfi5_
c^s || b0{

pxl :yfg . cWof/df b0 k6/L hjfgsf
kljz . bjn Ps Ps nfiN6g afssf 5g . nfiN6g
5pdf /fV5g . nfiN6gsf dw/f pHofnf .

k6/L g+! ySs s hflu/ vf0P5 xf=== s:tf
7f8f psfnf=== dnf6t ef t===

k6/L g+@ :nf===, ;f;kf; jfnf pt
/fhwfgldf dfh ub 5g,=== xfdl
sfxl gePsf 6x/fnf0 o;/L dg
k7fp5g, ySs ===.

k6/L g+! dn sltk6s lgjbg k7fP oxfaf6
;?jf xg, t/ vf0 slxNo ;gjf0
ePg . s;n ;6g dnf0=== xfdl t
otf klg sfl6g ptf klg sfl6g===.

k6/L g+@ hxf d/ klg hlt d/ klg dg t
cflv/ hgtfsf 5f/L5f/L g /x5
xlu=== xfdl sfxl dfly cf^gf
gePsf u/La hgtfsf 5f/fx6 d/
klg ptfkl6sf sfostf d/ klg
7nf7fn'sfxl dg xf0gg /x5 .

kk/L g=+! sxf;Dd klgkg xfdlnf0 cfh < vfo k/k/;Dd sb phofnf blvgg, slxn To f a:tl df klg / vfg kf0g xf . cfklnf0 t efsn cfn; tfn; kfl/; Sof af===.

kk/L g=+@ ca Ps 306f nfinf Toxf klg===, t/ af; kf kf0g xf ls xf0g . vfg s/f t 5fl8bp afa' loglx; klg pt ldnst x5g, xfdlnf0 bvof ls 9fst nufp5g crn, klxnf h:tf /xg ca====. klxnsf zfg /dfg t ca TolQs ef== -cf7 nafp5_ .

kk/L g=+! cl:t s ef yxf 5===, dnf0 klxn lrggg, 3/leq nu/ vfgf;fgf vjfp, gkfnlx; dflg; t hlt g xg, t/ kl5 s/s/fdf dn cf^gf af/df s egst lyP, Toxf t e0rnf cfp h:tf kf ef===; a daf6 k/k/ eflg kf yfn . sxl5g cl3st To f dhdfgl df afnjf xfnh:tf kf ef dnf0 . a9f t dnf0 clxn uxfn t?ct lxl8xfn kf e5g t, 3/df t ?jfjf;L h:tf kf eof . dn eg— lsg o;f e5g x5 < olt /flt d sxf hfp < sxl geP klg oxl lk9ldf g eP klg ;Tg lbg'; t/ a9f t Ps ;cbgg, b0 ;cbgg . e5g yfn— afa' ltdlh:t dflg;nf0 kxf/ ;fn af; lbbf xdf 5f/Lsf s xfn t eof yxf 5 < d/L 5f/L cfh sxf 5, s ub5, xfdlnf0 sxl kQf 5g . afa'ef, w/ unkQL gu/f, xfdl tkf0nf0 oxf af; a:g lbg ;Sbgf=== . oxl ePsf of afns 5f/f klg udfpg'5g xfdlnf0== laetL, tkf0 ulbg'; . a9f t dnf0 wsNg kf yfn t af===. To f/ft d slxNo la;g ; lSbg===. uP/ Pp6f dlgb/sf kf6ldf ;tsf lyP To f/ft . pki===.

kk/L g=+@ cfh klg To ut xfnfh:tf 5, -otfplt xb_ oxl xf0g t egst 7fp, vfo t sxl rfnrh5g t, To; xfdlnf0 sbfPh:tf 5 df/fx;n . oxf sxl xg eP t sxl t rf0r0 blvgkg, uk t lbPgg ldqx;n, To f nV/ 6jfs ;/fslsf s/f ;g/ klg x5 e5of, xdf xflsd ;fanf0 To; sf s/f va kSsf nfi5, d t To;nf0 blv;x5g, To;n kfp xfdl ;/fsl unfh:tf 5==== .

kk/L g=+! l7s e5gef, vfo t=== oxf t sxl blvgg t===. Psl5g a; , ysf0 df/f clg psfnf nfufnf x5g=== <

kk/L g=+@ -rftf/Ldf a:b_ ;/fslsf s/f ubf d kjl kxf8df xbsf Pp6f 36gf tkf0nf0 ;gfp5'. ufpdf Ps hgf lz lfs lyP pbo . pgl u/La a:tl df k9fpy, va cfbzjfbL, wglst 5f/f lyP, afhsf lhldg hyf hlt eP klg ;a Tofu/ dflg; sf hljg klgk5 / To f lz lffaf6 ;Dej x5 e5b Pp6f efnf le// pgl ufp l5/sf /x5g . xfdl To f ufpst u:tl df uPsf jnf pgl :sh s e5g' 5fkdf /xsf :sh5pdf xdf e6 eof . xfdl enfs';f/L u/L cfcf^gf af6f nfi of . pgl; u s/f xbf pgl xfdlnf0 :shsf 5fgf klg tn a;L hfg / h:tf lsg/ Notpg e5b lyP . Tofebf a9l sxl s/f ePsf xf0g . Pp6f Vofp6 df:6/ cf^gf cfbzsf afendf 8ast df5; u xdf s/f s g x5Yof /==== To;/L xfdl labfaf/L eof . pgl a;L e/ . xfdl psfnf nfi of . To f/ft xfdl dflyNnf ufpdf g af; a:g' lyof . eflnkN6 Toxl af6f eP/ klslbf To f a:tl df zfs 5fPsf blvof . ; a hgf e0de0d

eP/ a;sf, sfxl gafNg . xfdln
ufpnnf0 ;f\wof, s ef eg===.
w/a/ kl5 Ps hgf a9fn eg-
.afa' l xfdj s6fs6lnf0 cfvf
bvfpq dfc5sf cfvf krl8lbP5g,
bj cfvf. ca xfdnf0 s;n
cfvf bvfp5 < .a9f Tofc6bf
a9l afNg ;sgg . xfdln yxf
kfof, df:6/n axfgk/sf bbzf .
xfdln df:6/nf0 e6g vfHof t/
s;n dfggg, xfdlnf0 atfpg .
Tof cft^as Tof 8/ htftt lyof .
-nfd: jf; kb_ clg xg'; g dn ltg
df:6/nf0 sxl lbgkl5 ;b/dsfdsf
c:ktfn aflx/ e8fP . pgl;u Ps
alxgl ly0g pgnf0 8f\ofpg . dn
;fw, ;/ s eof, s;/L eof o:tf <
pgl d;u s/ gu/L lx8g yfn .
dn eg, ;/ g8/fpg';, d s;nf0
elc6g, lknh s eof Tolt e6g'; .
pgsf sxfgl ;gkl5 dnf0 8fsf
5f8/ ?g dg nlof .

kx/L g=+! To:tf s ePsf /x5===. dfc5sf
;f/;fbf cfvf krl8gkg s To:tf
7nf ck/fw u/sf /x5g lar/f
lt6n===

kx/L g=+@ -a;sf 7fpaf6 p7b_ dfc5sf
cfvf krl8g ck/fw ugk5 / <
;gsf 5gf, slt df:6/sf xft
sfl6Psf, v8f eflrPsf===. sg
ck/fw u// xf0g, dflg;nf0
lzlfssf pHofnf lbg' g ltgsf
clezfk eof=== s===,d e6b lyP,
pbo ;/sf lahf===. pglnf0
;7fslsf cf/fk nfusf /x5, pgn
xfd;u s/f u/sf bvsv /x5g
pglx6n0 Toltstf e/df pgstf bli6
x/of u/sf /x5g, c6 lhpHofg eg
;2 lyof . pbo ;/n dnf0 a? df/L
bp eg/ la6tlefp klg u/sf lyP

/==== t/ ltdf Hofg lng cfbz
5g, olQ ug xf e6b 5fl8lbP5g .
cfvf krl8Psf pgl /utklf eP/
n8bk8b ufpsf 5p;Dd s;u/L
cf0ku5g / s;/L pgstf p4f/ eof,
Hofb blvnflbf nfd syfAoyf 5
ef0===. ca otf sxl 5g -hfg pkqd
ub_ lx8'xnf, ls s;f ;fyl, l9nf
klg e;Sof, efs klg nlof 5===.

kx/L g=+! hfp bf0 hfp== dnf0 t oxf Ps
l5g klg a:g dg 5g===. -j/l/kl/
x5 / hfg pkqd u5_

k/ st gkYodf 8ofDd sxl k8ssf
cfjfh ;lg65 . bj ;ts x65g /
cf^gf af6f nfi5g xtf/ xtf/ /
rkrfk .

-kbfi nfi5 la:tf/_

c^as ll tg

pxl rftf/L . /ftsf ;do . Ps ;fy
c^alst, ljsNk, clgtfsf kljz, clgtfsf
xftdf nfi6g 5 .

c^alst -56k6fpb_ dn a6g g;ssf===
xf0g, ufnl xfg/=== dl/;skl5 klg
lsg===

ljsNk To;f xf0g=== dfg'xfdf ;fv xf0g, g
xfdf kzf g xf===.

c^alst Tof dn klg ab:sf 5', hfgsf 5'===
dfl/;ssf dfc5nf0 kl/ e68ofpgU
k6zg ug lsg < e6gdfq d/f k7g
xf===.

clgtf qrl6tsf lglDt dg' / dfc6kg x65===
xfdL lz/df skg afw/ bzdf kl/jtg
Nofpgsf lglDQ lx8sf 5f, cf^gf
kl/jf/, 3/, cfk6t ;a 5f8/, ssf
lglDt eg t===

c^alst Tof xf0g egstf 5g dn . t/ qrl6t
q/ g x6k5 e6g 5g lg, cfjzostf
cg';f/ nrstf ckgfpg' al4dfgl

	xĕ5 . dTo' cfkıdf qı/ xĕ5, h;n h eg klg . d dg lg:ssf x' t/ dg slt ufxĭ xĕ5, Toĭ ;anf0 yfxĭ 5====. hlt g eg klg sfxl dfĕ5 klg hĕdkl5 dg' ;To xĭ t/ dl/;ssf dfĕ5nf0 yk oftgĭ lbg' Toĭ ssf nflu <	
ljsnk	xĭdl cfbz kfng u5ĭ, cfbzdf kĭg xf0g, c ^a lst, of aĕı====.	
c ^a lst	unt s'f unt g xĕ5 hg; s ts lbP klg . xĭdfĭ ; ^a u7gnf0 /dfĭ agfpg xĭdfĭ lĭrf/sĭ klg ;xofu klg g xĕ5, ; ^a u7gnf0 clxt xg s'f unt xĕ5 .	
clgtf	c ^a lst, ltdĭ s'f al7s xf0gg t/ aĕgk5 xĭdl eĕbf ; ^a u7g 7nf 5 / p;n xĭdl ;asĭ lĭrf/nf0 aĕısf xĕ5 .	
ljsnk	ltdl cln cfbzjĭbl s'f ub 5ĭ c ^a lst, qıflĕt cfbzâĭf lĭblzt xĕ5 t/ cfbzjĭbl xg ;Sbg, qıflĕt Joĭxĭ/jĭbl xĕ5, cfĭgf p2Zokĭktdĭ nfusĭ xĕ5 .	
c ^a lst	tkf0xĕ deĕbf klxnf of cfufdf eıfl; gĕPsf xĭ deĕbf w/ hfĕg ;ĕg klg xgĕ5 t/ sĭ klg o4df ;but ePsf dfĕ5nf0 zqh klg ;Ddfg u5 xf0g /====<	
clgtf	sltko s'fxĕ /ofglts klg xĕ5g, c ^a lst .	
c ^a lst	tkf0xĕ cfh h ub xgĕ5, Toĭ sg /ofglts sfo xfh:tf dnf0 nĭlbg . xĭdl o4df 5ĭ, o4sf klg lgod xĕ5g / xĭdl n tL lgod kfngĭ ugk5 xf0g / <	
ljsnk	o4sf lgod xĭdl n dfq kfng ug xf0g, Toĭ csĭ klfn klg ugk5 .	
c ^a lst	vĭf0 Pp6ĭ ;fwf/of df:6/sĭ Hofg lnP/ sg o4 lhTg vfHb 5ĭ xĭdl====. -v0o ;:s/f xĭN5_	
ljsnk	-;Deıfıpb_ x/, dnf0 s ePsf xĭnf==== d/f dgdf s latsĭ xĭnf=ı cfh d cfkıeq s dx;"; ub 5'xĭnf====. ltdl eĕg ;S5f====< dn of ltdlnf0 egs 5g, zĭob eĕg klg ly0g xĭnf, t/ ;g ca dn eĕgk5 . -Psl5gsĭ dfgtĭ lĭZĭf; ;/ d/f ufpsĭ ;aeĕbf kof/f xgĕ5Yof . dnf0 nĭlYof, pxf dnf0 ;aeĕbf a9l dfof ugkĕ5 . pxfn g dnf0 cfvĭ bvfpgePsf xĭ . ;;f/ lrgfpgePsf xĭ . dn pxfaf6 lstfa lfgdfq xf0g, aflx/l lfg klg kfPsf lyP . eĕg xĭ eg dn lstfa k9g l;ssf g pxfaf6 xĭ== /a ^u l ^a ul lstfa, c ^a uĭl lstfa, lxĕblsf lstfa sdfq k9fpgePg, Ps6s gzf nfuh:tf u/L k9y d tL lstfaxĕ====. lĭZĭf; ;/hlt lĭâĭg xgĕ5Yof, dfĭg; Toĭt g ;/n klg====. zx/af6 ufpdf sxl ugk5 / To;sf z?jĭt lzlfaf6 ugk5 eĕg dfĕotĭ lnP/ pxf d/f cgsĕ6f/ cWof/f ufpdf cfpgĕPsf lyof . xĭdl;u vNg, xĭdl;u vĭg / xĭdlnf0 gof hlĭgsĭ kf7 k9fpg lĭZĭf; ;/ ufpdf bĭv;vdf lehsĭ lĭZĭf; ;/ cfĭgf hlĭg g cĕsf hlĭg ;kfg lhĕbule/ nĭlgePsf lĭZĭf; ;/====. t/ cfh==== -eSsĭlgPsf :j/df_ t/ cfh==== pxf====-fĭsP/_ pxfsf hlĭg====.	
c ^a lst	s lĭZĭf; ;/==== -x8a8fıpb_====.	
clgtf	xĭ, lĭZĭf; ;/====.	
ljsnk	dn of ltdlnf0 egsĭ ly0g t/ eĕg aĭllo eP . xĭ, lĭZĭf; ;/ d/f lkp u? xgĕ5Yof====.	
	-Psl5g ;ĕgf6ĭ 5fp5_	

c^alst s pgl xfdj zq'lyP t < s o:tf u?
klg xfdj zq'xbg ;S5g <=<

clgtf oxf tssf sg dfn xbg, oxf
cfbzsf s/f xf, c^alst .

c^alst cfbz===cf^gf cfvf bvfpg
dflg;sf===cf^gu?sfolt lgdd==.

ljslk dh:tf ;dfhaf6 kl/ToQ blgxlg
JolQsf 3/df d la/fdl xbf ?u/
a:gePsf lxhh:tf nfi5==. d
la/fdl kbf l;6fdn Nof0lbgxYof,
pxf xfdl;u 3/df a;/ vfgf
vfgxYof . 5j5t, hfteftsf s/f
pxfnf0 k6Ss dg kbgYof .

c^alst clg To:tf dflg; s;/l / sg
bli6sf0faf6 xfdj zq'eP t <=<

ljslk ljZjf; ;/nf0 dn ge6sf zfof
!)÷!! jif ePsf lyof xfnf cltd
k6s xfdln pxfnf0 ufpa6 labf
ubf xfdl ;a /fPsf lyof, cf^gf
sg cfk6t g lgs 6f9f uPh:tf
ePsf lyof . ufpsf 7nf7fn'sf
cfv'sf sl;^u/ a6gePsf lyof
e6gxYof d/f af==. sg s6lsf
hfn'df kfl/Psf lyof / pxfnf0 ei7f
cf/fkdf pxfnf0 ;?j f ul/Psf lyof /
t/f0sf sg ufpdf==. u/Lau?afsf
kl'df jsfnt ub lx8sf blv;xsf
lyPgg / 7fnxzn . xfdj hljgdf
rtgfsf alp 5l/lbg tl ljZjf; ;/
la;g g;Sg u/l labf xgePsf lyof==.
pxf uPk15 d/f lgl'dt ufp sfxl gePsf
h:tf z6o ePsf lyof==.

clgtf ;^u7gn zq'3fif0ff u/sf JolQ xf
lg t pxf== lxhf s lyof e6g s/f
cfpbg lg==

clst s:tf lj8dagdf af'rsf 5f xfdl .
Pp6f lzio, h;n cf^gf rtgfsf
dnfnf0 g zq'bVg clezkt 5==.

ljslk efj'stn qmfl6tnf0 lbldt kf5,
s ug ;ls65 t | cfbz cfbz xf
/ To;sf k'ngf d/f stJo==. kut
Ps stJo c6 sxl xf0g==.

c^alst qmfl6tn rtgfsf dn a6b u/fpg xg
;Sbg . To:tf xf eg qmfl6tsf sg
cy /xbg .

ljslk ljZjf; ;/nf0 d ;Ddfg u5' pxf
kl'tsf d/f cfh/efj h:tf'sf t:t
5, t/ cfh ;^u7gsf lgbzg k'ngf
ubf s d/fdfq d6'snhf sfdsf 5g
/== t/ d s ug ;S5' /== pxfsf
sg sfdn ;^u7gnf0 c67/f kf/sf
xgk5 . xfdj p2Zodfly s7f/f3ft ug
kpf; ePsf xg ;S5, pxf==pxf==.
-afnl c j?4 x65_

clgtf c^alst, xfdl o6q xf ;^u7gsf nflu
/ xfdln ;a ugk5, h ;^u7gn
xfdlnf0 cxtp5==. xfdln gu/ sfxl
csfn u5==. of sfd t h;/l klg
e0 g xfn5 ==.

c^alst cg' l'tdl klg To;/l s/f u5of < d t
l'tdlnf0==.

clgtf -dfofn' :j/df_ c^alst, l'tdlnf0
d/f syf yxf 5, kl/ of k7g lsg
eg t==. d/f kl/l:yltn dnf0 o:tf
r8fg agfPsf t xf, lj>fxl agfPsf
xf, ls xf0g eg t==.

ljslk dnf0 ljZjf; ;/nf0 To:tf ug sg
/x/ xf0g, af'lotf xf==.

c^alst dnf0 yxf 5, tkf0x6 zIQ /
;Qfsf :jfbdf klNs;Sgeof, To:tf
c j:yfdf 7ls a7ls 56ofpg sl7g
x65 . d a%5'. tkf0x6sf cfd'f
kTy/ e;ssf t xf0g== kTy/af6 s
cfzf <

ljslk Tol't ;f/f geg x xfdlnf0 . xfdl klg
df65 xf . xfdj klg d6'5 .

c^alst la6tl 5, df65 xf eg of lgbol sfd
gu/f, lknh

ljsnk d ;^au7gsf cfbz ljk/Lt hfg
;lsbg en d/f dgn of s/f
gvfcf; .

c^alst Pp6f dl/;ssf df65 To f klg cf^g
u?nf0 lbgkg ;Ddfg lbp . o;/L dt
df65sf zj=== -afnl c j?4 x65_

ljsnk xfdlnf0 :ki6 lgbzg 5 oxl 7fpdf,
oxl rftf/Lsf a/klknsf af6df
pxfnf0====.

c^alst lsg < lsg < s sf/of 5 To;f ug <
ljsnk ;^au7gn ;frsf xfnf lg c^alst
lsg eg/====.

c^alst df65x6 cft^alst xfpig / xfdl;u
8/fpig, pglx6 xfdlx6sf qf;sf
bf; agg < s hgtfsf dg d6'lhTg
o;u/L xf < s of cgfjZos lx;f
xf0g < s xfdl oxl lx;fsf ;:slt
bzdf Nofpg dl/d6sf 5f <

ljsnk sltko c j:ydf Zjt cft^as
x6fpg, /Q cft^as cfjZos x65
qfl6tdf==.

c^alst dn qfl6tnf0 cf^gf hljgsf celi6
agfP t/ lbg kltlbg d o:tf qfl6tsf
lj?4df pleg hfbf 5' lgbfif
dfg;sf sg klg axfgdf Hofg lng'
qfl6tsf Bfts xg ;Sbg . qfl6tdf
alnbfg x65, Tofu x65, ;dk0f x65,
kltzfnw qfl6t ljz^avlnf x65,
lbleldt x65 . o4df zq;u nl865
t/ Ps lg/Lx / lgxTyf dfg;sf
xTof ubf cf^g 5lj wldn x65 .
lg/Lx lgxTyf dfg;sf xTofn qfl6t
jf kl/jtgsf celi6 kpfloft ug d
;lsbg=== xTof t exfnof To;kl5sf
kl8g d ;xg ;lsbg, dl/;ssf df65
-Pp6f nfz e;ssf df65;u klg

ssf l/; ug'< ;Sgx65 ;Ddfgkjs
bfx ug';, ;Sgx6g ckdfg gug';
Pp6f nfzdflysf cTofrf/nf0 d
axfb/L df6g ;lsbg, To;n dfk
ugxfnf d oxf a:g ;lsbg, d lx8
oxfaf6 -lx8g pkqrd u5_ .

clgtf -c^alstnf0 /fSb_ c^alst, Ps
l5g===, To;/L cfjzdf gcfp t,
ltdln egf s/fdf ljdlt 5g d/f
klg t/ cfh eg xfdln of sfd
kTo ug k5, ;fylx6 cfpb 5g .
Ps l5gdf xdf sfd ;ls65, sfdsf
alrdf o;/L ltdln 5f8/ lx8bf /df
xbg===.

c^alst clgtf, ltdl dnf0 c;fwo dfof
u5f, To dnf0 yxf 5, t/ ca d/f
cfdfn dnf0 oxf Psl5g klg a:g
lbgjfnf 5g, To;n d lx85'ca===.

ljsnk cfbz ljk/Lt lx8g ;Sbgf c^alst
ltdl, sf/jfxldf kg5f .

c^alst ca dnf0 sg sf/afxlsf 8/ qf;
5g ljsnk, dnf0 h ;hfo lbp klg
x65, d tof/ 5' t/ d/f c6t/fTdfsf
cfjfh klg dn ;6g k5 dfg; eP/
h6dkl5==.

ljsnk cgzf;g ;^au7gsf Hofg xf, xfdln
Toxl ugk5 hf ;^au7gn cxfp5 .

c^alst tkf0x6 o:tf cfbzsf kfnf ub
xgx65, hg cdfgjlo 5, q/ 5 . sg
klg cdfgjlo, q/ sfo zqh u/f;
jf xfdln g u/f To fdfgjlo xg
;Sbg ;/===, To:tf ug plr t 5ge6f
sf/jfxldf kl/65 e6g 8/ ePsf eP t
qfl6tsf cfufdf xfdg g ly0g lg d
cfknf0 .

clgtf kv kv=== c^alst=== p;fylx6
psfnf nfuh:tf 5, sxl /fsf afssf
df65 bVb 5'd -xb_ ca Psl5gdf

sfd ;ls65 clg ;a hgf;u af6f
nfufnf x6g c^alst, lknh===

c^alst ;l/ clgtf, d of sfodf ;l/s xg
g;Sg eP, d/f c6t/fdfn o:tf
sfonf0 cdfgjlo dfgsf 5, dt
e;ssf z//sf Tof bbgfs cj:yf
xg klg ;lSbg d, o:tf sfd e6g yxf
kfPsf eP d cfpg klg ly0g, dnf0 t
sg ;fdf0 ld;g xf, hfgk5 elgPsf
lyof, o:tf bbgfs / q/ ld;g klg
;fdf0 x65 < s sg dTo' ;fdf0
x65 < ls cf^gf dTdfq c ;fwf/Of /
c ;df0 xg c6sf sxl g sxl xf <
clgtf, o:tf q/ ld;g d/f qfl6tsf
kl/efiffdf kbg . d hf65'.

ljsNk ;au7gn oxl 6vdf ljZjf; ;/sf
dt z// afw/ em8ofpg'egsf 5,
of clg cfjZos / dx6jk0f ld;g
elgPsf 5, tn dfly gxf; elgPsf
5 . xfdlnf0 klg of sfd ug sg /x/
xf0g . hlt ;Sof rf8f of sfd ;Sg
kfP d klg xn6f x6y e6gdfq xf===h

xb' t e;ssf 5=== dn /fSg;Sg
c j:yf lyPg, ePg .

c^alst -cfk;u eSsfIgPsf :j/df
of a/klknsf rftf/L a6g5 Pp6f
dfg;fll ca==== of sfnf c6wsf/
/ftdf o;n bVg5 Pp6f lghLj
df65sf lgM; xfo z// cf^g 6vsf
klbdf aflwPsf . d a:g ;lSbg ;fll
of q/ Oltxf; sf, d lx8 ;fylx6===

xtf/ xtf/ c^alst aflxl/65 . clgtf bj
xft knfP/ /fSg vfH5 t/ c^alst p;nf0 5Nb
k/ klu;ssf x65 . ljsNk :tAw ple/x65 .
sxl afNg ;Sbg .

PsI5gdf Pp6f nfz afssf Ps xh
dflg;x6sf kljz x65 . afssf nfz rftf/Ltk
nhf65g .

-kbf la:tf/ nfi5 .

-of gf6s 666sfnf gkfnf blud lfqdf sfo/t
xbf kl18t ePsf tl tdfd lzlfxx6/kl ;dkt 5, h;n
cf^gf Hofgsf kjfx gu/L lzlfssf Hoflt afn/x .

l;hgf ldlt / :yfg M ;g @)!@,

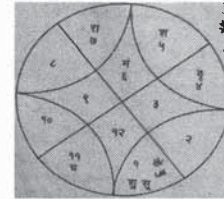
tnclaa, Oh/lon .

xflbs >4f~hnl

w/tL cjt/Of M !(&& jzfv #)
j607jf; M @)&(cflZjg #)



;Todfxg hfzL



नवारनको नाम : सर्वराज जोशी
प्रचलित नाम : सत्यमोहन जोशी

सन् १९७३ वैशाख २० गते, बुधवार, कृष्णपक्ष नवमी (सन् १९२० मई)
बखुवहाल (पाटन) तनिलपुर
१४.४२ मिनेट

bfloTj jfa do klti7fgsf k6lt / p6gltsf nflu ;bj sfdgf ul//xg clt >4o
JolQiTj, ;:slt Pj kft6jljb jfa do ztfAbLk?if 8f- ;Todfxg hfzLHosf !)#
jifsf pd/df lgwg ePsf n js07jf;sf sfdgf ub zfs;GtKt kl/jf/hgklt xflbs
;djbgf k66 ub5f



bfloTj jfa do klti7fg, gkfn
kl/jf/

:ofaf;\5f/L

■ ;'ŋbnfn eh'



P p6f ; fgf kl/jf/ . >ldfg >ldtl, b06L 5f/L / a9L cdf . 5f/f gePŋgl sxl bl/vdgifp 5g . Pp6L 5f/L rfw jifsl csl TofeGbf ; fg . hf0kf0 ldn/ ; fgf Joj ; fo ul//fv sf 5g . k/jfsf hf8lh: t ldn/ a ; sf 5g .

bjsf nlnf cs:dft kl/jf/df ahkft k5 . kl/jf/sf vfaf >ldfgnf0 x6 c6ofs x65 . pkrf/ ug gkf0 laT5g . ?jfaf;L rN5 . cdf rflx axf ; x65g, >ldtl 8^au^Ė e0df n8l5g . ev/ rfw jifsl 5f/L cf; 'k5b xh/cdf / cdfnf0 ; Deifpl5g . la/fdl xh/cdfnf0 kl sxl xfnf egl cf[^]gl cdfnf0 ; DxflN5g .

?jf0sf cfjfh ; b/ l5dsl 0i6ldqx₂ h0df x65g . 36gf 3l6 ; s sf 5 . ca bfx ; :sf/sf s'f x65 . ul7of/x₂nf0 klg va/ u5g . bfx ; :sf/af/ 5nkln x65 . 5f/f 5g, ca s ; n bfuaQL lbg < 5nkln x65 . dtssf bfhkg 7nf ajfsf 5f/f ; xofu ug tof/ x65g .

; a hgf ah₃ ; Nnfx ul//xsf 7fpdf e/v/ rfw jifsl lszf/L cfP/ d/f ajfsf lsl/ofsd d u5'el65g . ltsf lxDdt bv/ ; a crlDdt x65g .

gfgl, ltdl ; fg 5f . ltdlnf0 sxl yxf 5g . kl/ ltdl 5f/L df65 , of t s6f df65sf sfd xf, u7lsf gf0sn e65g .

ajfn ; w dnf0 5f/f klg ltdl, 5f/L klg ltdl g eg/ 5f/fsf sfd klg ltdln ugk5

eGgXGyof, egl .

5f/f df65n ugkg sfd 5f/Ln u// x65 / < lkt tbgg, csf ah₃ ul7of/sf ts lyof .

cfk^Ėt sfxl geP afxgsf xftaf6 ugkYof oxf t cf[^]g bfhkg 5g, Pp6 afhsf ; Gtfg . 5f/L df65n lsl/of ug xf0g . 5f/L df65sf sfd t 2gw₂ kf xf, hfp^Ė 3/ x/, cdfnf0 ; Dxln, Ps hgf cfk^Ėt kg ah₃ afN5g .

xf0g, d/f ajfsf lsl/ofsd d u5', 5f/L lh2L u5 .

xf t lg, cf[^]g ; Gtfgn u5'eGbfecb ssf av8f < pglx₂n ubgg eg kf c₂n ug xf t l ; Gtfg egssf ; Gtfg g xg lg, 5f/f5f/Ldf s kl/s < a? ; fgl gfgLsf lxDdtstf tfl/k^Ė kf ugk5, :ofaf;L kf lbgk5 ., cln k9nvsf ah₃ afN5g .

Tolt egkl5 ; a zfc^Ėt x65g .

kzklt cfo3f6df 5f/Ldf65n bfuaQL lbPsf bv/ Toxf j/k/ bzs vrvr el/g yfN5g .

Tof 36gf eflnkN6 ljleGg ; ~rf/dfWodsf x8nf0g a65 / ; fdfilhs ; ~hfndf ; dt ef0/n x65 .

eQ/k'.

cf7el/ xf; g lkp

■ ef:s/ e08f/L



slt
cf;'5rlnsof
slt cfvf kflvof
d/f z/L/ d/f z/L/
e0b jbgf kflvof
hljg slt ;lsof
hjfgl kflvof x/ i
ca sxl gkflvg
cf7el/ xf; g lkp i

bj sf0fsf ahf8 0R5f
k/f eof kflvof
b0 knsf hljgl of
hjfgl ;a kflvof
c-hhldf h h lyof
yfbfyf0b kflvof
h u/lg gkflvg
cf7el/ xf; g lkp i

ca kfVg s g 5 / i
kfVgkg ;lsof
nfn;f t ck0f 5
ku;/L kflvof

xfdf ;a 6Ss/ 7Ss/
5tf5Nn kflvof
h u/lg gkflvg
cf7el/ xf; g lkp i

c2sf cfvfel/
cf^gf z/L/ kflvof
d/f z/L/ d/f z/L/
bk0f bzg ;lsof
otf 5NSof ptf 5NSof
sfo dfof kflvof
h u/lg gkflvg
cf7el/ xf:g lkp i

kflvPsf ;lSPsf
cfvel/ gflr/f05g
kflvPsf hljgsf
sfof dfof 5fof ef05g
kflvPsf 5f8f ca
gkflvg vfhf lkp i
h u/lg gkflvg
cf7el/ xf; g lkp i

;0b/ dxn blvg ;a tof/ x05g t/ dxn 78ofpg husf 9Ef a0g sfxl tof/ xbgg .
)))

dflg;x2 tlg kpf/sf x05g- s;n af6fdf sf8f xfn5g, s;n sf8faf6 hfluP/ kf0nf rfn5g
t/ s;n eg hflvd dn/ eP klg sf8f k05fP/ dfq cl3 a95g .

.../fd; Q0laf6

rt/fb|v kfv/f;Dd

- 8f: $gf/fo0f$ lg/fnf



r t/fsf];yfk]f]
clj/n snsn alg lgdn ;Ktsfzlsf
ctlj dgf/d lsgf/, hxf x/bd dw/
sn/j ub5g klflxç, hljgsf clçtd ;do
zfçt eP/ latfpg rfxç5g ljdfxlxt lrQn oQm
ljbx efjgf ePsf ;fws tyf ux:yhgxc,
clçtd ;:sf/ ToxL xf; eçg cfsfaIff /V5g
;dlthgxç, To:tf ;7Do dw/ dgfx/ :yfg,
hg gkfnsf kyd sDequ/L xf / hxf kyd
sDednfsf :d/Ofdf sDe:tDe lgdf0f ul/Psf
5, h; sfbzg dfqn cfvfnf0 kçllNnt, dgnf0
cfXnflbt, z/l/nf0 khlst, Olç>oxçnf0
t/IËt / al4nf0 ljdfxlxt u/fpb5, To;sf
glhsdf c-hglgçbg xgdfighlslf ljzfn dlt
ljBdfg 5, h;n Toxfsf ;çb/tfdf ;fuçw yKg
sfd u/sf 5.

j/fxlfg gfdn kl;4 :yfg eu jfg j/fxsf
dlGb/ Toxl glhs sfsf / sflzsl ; Eddf kb5
To; n Toxfsf gu/kflnsfsf gfd klg j/fxlfg
g /flvPsf 5 . rt/fblv pQ/kl§sf kjtnf0
crn 8f8f elgG5, j/fxk/f0fsf cg;f/ To;
kjtnf0 j/fxkjt elgG5 / Toxf Pp6f 7nf s08
-kfv/L_ lyof, h; nf0 cflbTos08 elgGyof
h; sf alrdf cflbj/fxsf dlGb/ lyof . Tof
clxn klg ; os08 eg/ kl;4 ; Vvf 7fp 5 t/
cflbj/fxsf dlGb/ eg 5g .

sfzldf ldl;gjfnf gfp -af6_ rNg u/sf
5 oBlk of w/ cfZrosf s/f xf0g t/ klq
xdfj ;dfhdf of cfZroh:t ags 5 . clxn
To;df r9L 3d/ cfqGb lngx;sf ;aVof lbgx'

al9/xf 5 . o; sf csf dVo kpfhg egf
vf6fa JolQinf0 r t/f erg w/ g ; lhnf / I56f
agfpg'klg xf . h xf; of klg Pp6f dgf/~hgsf
ljifo agsf 5 .

h7 dlxgfsf si0fk1fsf ci6dl Itlysf
cw/L /flqsf gf ah d 3/sf vNnf 5tdf
a;/ sfzla6 Psfxi/f cf0/xsf cfjfh ;Gb
Totaf6 kxf8 / gblDf 7f1ssP/ cfPsf lr;f
xfjfn lbPsf zLtnftnf0 cfd;ft ub 6xNb
lyP, kfgdf cfjfh cfof- kfv/f k9fpg hfg
xf < sXL s/f x65g clg d eflnkN6 vfgf
vfP/ kfv/ftk nfi5'. klxnfk6s d kfv/fsf
ofqf ub lyP . uf8ldf 5p1sf ;fyln vh/ afNg
?rfPgg . d %ofnkSLsf ;l6df lyP . cufl8sf
;fyln rnfPsf l6s6s / o6a %ofnsl ; ;fdf
6lNsbf dn p; neGb cln 7nf l:qgdf xg
kfP . 6qrf6ql ;do hf8bf nueu tlg 306f
hlt dn x/ xhf . dn nueu cf^gf dfaf0n
vngk/g . laxgfsf *!!!% df kfv/f k%of . dnf0
sf7df8sf ecbf kfv/fsf ofqf cln nfd f nfi0f .
kfv/f

laxfgsf ;jfcf7 ah d kfv/f a;kfsdf
cflnP . u?shn uf8l k7f0lbof, d To;df a;/
u?sh ku . kfv/fdf txj6f u?sh /x5g . d
Toxf klob kfoll ljBfylx; uxsf0 ugdf Jo:t
lyP . efhgkZrft d ToxI lbg g sIff lng uP .
;jf; ef0, h;n afnfPsf lyP Joj:yfks
;lxt pgl; u a;/ lgsa/ r rf ul/of . b0 lbg
Toxf k9fPkI5 dn gk9fpg Ig0fo u/ . tL b0
lbgdf dn lnPsf Toxfsf cfgGb egsf ;tL

gblnf0 glhsaf6 lgofNg' xf . To; jnf To
 ulx/f0 / Toxfaf6 cfpq cfjfhndgnf0 dflxt
 agf0/xf lyof . ;fg5bf ljBfnodf k9sf
 kf7nf0 glhsaf6 lgofNg kfpbf s ; sf dg k?E
 xbg / < cxf | Tof rkf/ gbl slt ulx/f < ; fRr
 eGg xf eg Toxfsf ; jf/L ;fwg lx8g kh slt
 cJojl:yt 5 < khstf bjkls af/ -/ln^a 5g .
 af6faf6 gbl t6df ;lw hfg gldNgu/L af/sf
 xgkg xf t/ Toxf To:tf lyPg . cGoq Jojl:yt
 xfnfg, Toxf lyPg . ;fob Toxfsf ;/sf/nf0
 Tof ;fdf0 nfusf xfnf | nueu ;f7L ld6/
 ulx/f To; gblt6nf0 ajf:tf ug'egsf ;/sf/
 / :yfglo bjklsf sdhf/L xf eGg ;lsG5 .
 To;sf 5paf6 sxl dlxgklxn Pp6f JolQ
 v ;5 t/ bj ; ofu Tof dfG5 alrdf kxfn eif/sf
 kxf8sf eSsfq g /x5 / To;df ahfl/P/ eP
 klq afr5 kl5 kq/L / cfdL eP/ To;sf p4f/
 u/5g . To:tf 7fpnf0 To;/L w/flknf /fVg
 gxb lyof . kfV/fdf nueu lbgxh;f kfgl
 kl//xbf /x5 . To;n xfnf, clnslt 3fd nflu
 eg xkSs udl xg . kfV/f nDn -PI; ofS bf;f
 w/ kfgl kg 7fp_sf glhs t kb5 . df;dsf
 bli6sf0fn klq kfV/f dgfx/ /x5 .

;tl gblsf kfgl ;tf cyft sd/ -sd/f
 df6f 3flnPsf e_ /x5 eg sfnl08slsf kfgl
 sfnf cyft sfnf df6f 3flnPsf e_ /x5 . d
 h7 dlxgfsf pQ/fwdf uPsf xbfm To:tf
 xg;Sb5, lsqsls To; do vfnfgblxZdf af9L
 cfpq ;do g lyof t/ klq ;KtsfzLdf cfpSf
 af9Ldf g t To:tf ;tf g sfnf g kfgl lyof .
 ;KtsfzLsf af9L /ftf-/ftf lyof . af9Lsf o:tf
 /E gkfnsf kfo | ;a vfnfgblxZdf xbfxbg,
 To;n ltgsf gfd /ftfvfnf of gbl ePgg .
 pbok/sf anSf gu/kflnsfdf ;tlvnf /
 sfnlvnf 5g t/ ltgsf kfgldf cGt/ blvbg .
 To;f t tl vfnfsf gfdn vfnfegbf upf g
 kl;4 5g .

Toxf5f8/d ;fylxZsf sf7ftknfu .ldq
 ufs0f clwsf/Lsf sf7fdf efnf la;fP . pgn
 kijftfn, sbf/Zj/, uktZj/ ukf -cxf Toxfsf
 dgdfxs bZon dg nfEofof, Tof efg hg kfgl
 kijftfnsf /x5_ / 8la8 kn; 3dfP . udl
 kfSb u/sf t/f0jf;L hgtf / ef/tsf ljleGg
 7fpsf ofqlxZsf 30rfn kijftfn 7sdSs
 khstf lyof . gfp r9bf nufpgkg HofS6n t
 eig ofqZk knxZsf ;fGbo g a9fPsf lyof .
 d klq gfp r9/ cZ ofql e alrsf tfnjf/fxL
 dlGb/df uP . gfp r9bf dnf0 sg xif of 8/
 sxl nfug lsqsls d ;KtsfzLsf jiffsf ensf
 8/nflbf 3f3L rln/xbf gfp r9sf dfG5 k/ .
 kl;4 kijftfn 3DgSf cfgGb g csf lyof .
 sbf/Zj/df u?sh ;~rfng ug aKdrf/L u? 8f-
 nvgy cfrfo, kfrfo kpl ef0 / dlbgLhl;usf
 e6n jiff kfgf :d/of u/fof . Toxf w/a/ a;/
 ukufk u?of / anSsf vfgf ToxL vfof .

To;qiddf slj lbjfs/ kf8n;u e6 xg
 kfof . pgl pkGof;sf/ klq xg . pgn agf/;df
 cWoog ug qidd cbe't ldngl gfdS pkGof;
 kplztf u/sf lyP . pgl;usf e6n dgnf0
 cToGt kplfblt u/fof . pgn dxG> ukf,
 rd/ ukf, ljGwojfl;gl dlGb/ 3dfP, kZrft
 afln^a klq cf'g af0sdf lnP/ uP . xfdL
 sl/a anSsf rf/ah kfV/faf6 afln^asf
 nflu lx8of . ;tlgblnf0 e6gf;fy kfgln
 klq e6of / a;fbl cf9of / cufl8 nflu .
 lbjfs/hL dnf0 af0sdf x0Sofpb Toxfsf 7fp
 / ltgsf dxZjxZ atf0/xf lyP . ca gf8f8f
 cfpq nfluofegbf d 5Ss k/ . e/sf kfyLsf
 rRrfh:tf 8f8fnf0 kfyLe/f egei Ps7fpdf
 gfc6f 8f8f /x5g Sof/ eGb dgdf æb0 rN7L
 af6/ ;fxl;fn sf6/, d t hfg eP lgdfog gf
 8f8 sf6/Æ ;ldeib cufl8 a9b lyof gf8f8df
 oltlaeg slx/f nfusf lyof ls aQL afn/
 cf0/xf 6ssf aQL ;dt xfdln bvgf / xfd

af0ssf aQl p;n bvg5 . Toxf b0 ;sG8n
 ubf crf/ xgaf6 alrof . To;kl5 ult g
 x/fof . wGg lbjfs/hln af0s csflt/ df8gg
 df8sf eP kxf8sf 6lkfaf6 eibf sgrflx ç vdf
 eilG8g klyof ls s xGyof yxf 5g . h xf;
 of :d/of nVg h/sf /x5 . To;jnf hf8fn
 nlnu agf0/xsf lyof . To;kl5 xfdl sxla/df
 nDn klof . ;felo g egf a;fbl cf9/ lx8sf
 jnfdf nDndf kfgl kl//xs lyof . ;felo o;
 sf/0fn ls Pl;ofsf bf;f w/ kfgl kg 7fpdf
 klxnf k6s klbf kfgl kl//xs el6of . geGb
 nDn nvst Pp6f af8 kl el6of / krf6f kl
 lvrlof . lbjfs/hlnf0 oxf lrof lkp l egst
 t ca cndn gu/f afln^a kl lgs 5 lrof
 vfg yfNbf kGwpl; ldg6 hfG5 Tolt ;dodf t
 xfdl lgs cufl8 kluG5 eg . dnf0 kl l7s
 nflf / dgn gdfGbf gdfGbf kl ; donf0 Wofgdf
 /fv/; xG5 eg . To;kl5 kxf8l af6sf lx8f0
 kfslts /doflotfsf cgej ;fyln rnfPsf
 af0ssf kl5 a;/ cfGbn kPltsf cjnfsf
 ug kfpgh dg cfXnflbt lyof t/ kl cTolws
 v08jli6n xfdlnf0 5f8sf lyPg . bs kfgln
 w/ 7fpdf s6g;Dd s6of . sZdf klbf l;dl;d
 kfgl kl//xs lyof . Toxf kl Psl5g ga;l
 cufl8 nfluof .

dfblvfnfdf ljhhl pTkfbg u/sf /x5g .
 dfblvfnfsf af/df eGb ubf lbjfs/hln x;fP .
 æxfdf of kxf8 dfblvfnf / ef/tlo klyfgdGql
 g/G> dfblsf s ;DaGw < pgn yk, sfnfGt/df
 xgxnf, Oltxf;sf 1fg gePsf t/ Oltxf;sf/
 eGg ?rfpgxç n Pp6f xNnf lk6g5g ls ef/tlo
 klyfgdGql g/G> dfbln klyfgdGqlsf xl;otdf
 sofKN6 gkfn ePof u// gkfn;u /fdf ;DaGw
 agfPsf xbf pgsf :d/Ofdf vfnfsf gfd dfbl
 /flvof . To;n o;n nfo dfblvfnf eG5g . of xNnf
 sg Pp6f ef/tlon nVnf clg ef/tlon eGb
 gkfnln w/ ug5g . To;kl5 pgl Psl5g rk

nfu . pgsf s/fn dnf0 kl 5f0f . u08sldf
 Pp6f clnf kn /x5 hxfaf6 -kof/flnf0l8^a
 xfdkrfNg vn vNbf/x5g . 8/nflb eP kl Tof
 vn vNg dnf0 kl /x/ 5 . To;nfo 6f9faf6
 xb cufl8 al9of .

kfg ;ftah xfdl afln^a ahf/ klof .
 xl/si0fhl;u d/f ;Dks lyPg . lbjfs/hlsf
 ;Dks pgl;u e0/xsf lyof . dn lx8g jnfdf
 ldq jfdg ;fksf6fnf0 Dof;Gh/df Pp6f
 Ejf0; Dof;hdfq 5f8sf lyP, d e/ cf0k15'
 eg/ . w/ ;dokZrft crfgs cfPsf Ejf0;
 Dof;hnf0 pgn lJZjf; u/ u/gg pg hfgg .
 afln^a ahf/df xl/si0fhl cfP / pgl cufl8
 nfu, jfdghlsf 3/ ;lw dfly /x5 . d pgsf
 af0sdf a; . jfdg / xl/si0f xfdj ;xkf7L
 xg . jfdg Hofltifl xGsf ;fy lJåfg kl08t
 xg . pgn cWoogsfnf ;:st Jofs/Ofsf
 kl /fdf cWoog u/sf lyP . pgl ;flxTodf
 kl ?lr /fVg ePsf n ult sljtfxç kl
 nlv/xG5g . Pp6f 36fgn ubf czQn xg klusf
 pgnf0 e6g dgnflg' :jefljs g xf / To;df
 kl ;flxTodf snd rnfpg pbf/ JolQiklt o:tf
 efjgf aGg'cfZrosf s'f xf0g . pgn Hofltif
 / efujtsf cnucns k'ts g 5kfPsf
 5g . pgl >ldbefujt dxkf7f0fsf /fdf 1ftf
 5g . ;ferdf e6ePsf ;xkf7L rf/hgf dWo
 tlg hgf ;flxTosf/ g lyof . s:tf ;ofu s:tf
 ;fxfbtf xfdln nusf pkxf/ pgnf0 lbPkZrft
 lrof vfP/ sxl ;donf0 /frstf / pdEsf
 ;fydf ;flxToda agf0of . dnf0 Toxl a:g dg
 lyof, lbjfs/hlnf0 xl/si0fhlsfdf a:g/x5 .
 lbjfs/hlsf sxl 6f0lk^asf sfd Toxf /x5 .
 xfdl b0 hgf cfpb 5f eg/ xl/si0fhlsf 3/df
 vfgf ag5 . of jfdghlsf cfdfaafn vfgf
 gvfo lx8g lbgePg . jfdghl kl a;f ls a;f
 eg/ xQ ul//xs lyP . vfgf dfly vfP/ a:g
 tn e#of . Toxf afx|ah ;Tg tv/ ul/of .

xl/si0fhL sDko6/;DaGwL lgs hfgsf/ /x5g /
sXL kfhS6x2df sfd ub /x5g . of ;Gb/ ;fx/
v';L nfi0f .

laxfgsf kfrac xfdL Toxfaf6 e// afIn^a
sfInsf sf bzg u// lx8of . Toxfsf ;fGbosf
;fy Joj:yfkg slt ;Gb/ cxf dg nfEof .
To;nf0 bVbf ;g;/ldf /xsf lji0fkfbf,
bGtsfnL, lk08Zj/ / /fdwGLdf t sXL klG
ljf; gu/sf blvof . kh t// u08slsf hn
:kz u/L xfdL af6f nfi0f . Toxfaf6 lx8kl5 xfdL
Psr6L sZdf cfP/ /flsof, hxf xfdL ;xkf7L
c;0 uEiw/ cfrfo;u af6df pleP/ enf;f;f/L
u/kl5 af6f nfluof . 3/ hfp eg/ xQ ub lyP,
;dosf kl/aGbdf /xsf xfdL hfg ;sgf .

klSbf nDndf kfgL k/sf lyPg, g t lr ;f
xfjf g rnsf lyof . To;sf ljk/Lt Gofgf 3fd
nfusf lyof . æd6' vfg nDnsf xfjfnE of
ult Psb0 k6s uGubfP klG ult / df;dsf
kPstljLk/Lt ePsf n ultn ult kfgp ;sg .
lxhfsf df;ddf of ult :klb kl7g lsgls
gf8f8fsf 36gfn xfdL dg :jR5 / :j:y lyPg .
gf8f8fdf lxhfsf 36gf sxfg/sf xf eg/ kQf
nufpg lbjfs/hLn klG ;sgg . ;f9cf7 ah
xfdL kfv/f lJGwojfl;gl cf0kl0f . lbgeL/
lbjfs/hLn stfstf 3dfP . o; qiddf dxG>ukf
klG u0of . uk ug qiddf ;flxTosf/ ;?eQ
glhs /xgePsf s/f lbjfs/hLn ;gfP . e6g
hfg lgwf u0of . an'sf ;f9;ft ah kbn uof .
sfoqiddf bvfe6 afxs lbjfs/ klG Toxf uPsf
/xg5g . 3/ kQf nufPkI5 pgl eP gePsf yxf
kfPkZrft e6g vfHbf sxfaf6 cfPsf eg/
krfgd ;fWg nufP, ;g;/Laf6 egkl5 dfq pgl
e6g /fhL eP .

xfdL xfdL kl/ro lbP/ e6g'sf sf/0f
atfPkI5 pgl v';L g eP . To; qiddf xfdLn
cfcf^gf /rgf ;Gof ;gf0f .

To;kl5 labf eof . o; e6n dnf0
kfv/fsf ofqf ;flxT0do agfPsf efg xguof
To; /ft lbjfs/hLsdf al;of . eflnkN6 labf
xg qiddf pgn gfglafax2sf nflu sXL sfznL
lbP clg xfdLn lrgfsf nflu PsPs cf6f
k'ts cfbfgkPfg klG u0of . o;/L lbjfs/hL
/ d 5lSof .

To; lbg d emnsdl0f bxfn ef0sdf a:g
uP . pgn ;feidf kijftnsf lsgf/f 3dfpg
nu . To;qiddf cfkgxfg;df kl;of .
cfkgxfg; Pp6f vNnf ;Gb/ xf6n xf, hf
kfv/fsf cfsif0f /x5 . cToGt el8 lyof .
Toxfaf6 klS/ ef0;u latsf lbgsf s'fx2 ub
cfwf/ft latkl5 xfdL ;Tof .

kfv/f 3Dbf dn s bv eg Toxfsf sXL
rfsx2df ;f0snsf nflu Ps 5pdf xl/of
klG6^a u// af6f lgwf/t ul/Psf /x5 / To;df
;f0snsf lrq klG agf0Psf /x5 . 6flklS
lgod kfgf / ;7lffsf bli6df of Psbd
/fdLklf xf . clg csf s'f oxsf hfql;^a
klG 7fp7fpdf 7nf / kxnf /E nuf0Psf /x5
o;nf0 uf8L rfnsn k/af6 bVg ;Sb5g . of
Psbd /fdL klf xf .

ko6sLo :ynsf 2kdf h:tf kP/n
kfv/fsf uNnL uNnLdf ljf; blvgkg lyof,
sNkgf u/h:tf /xg5 . ah6sf eGb klG b/bli6
/ 0R5fzlQnsf cefj /xsf :ki6 bVg ;lsGyof .

-rt/f ;g;/L

dl:tisn lbPsf nfv ?kofsf bfgGbf xbon lbPsf Ps ?kofsf bfg a9L dxEj k0f xG5 .

.../fd ;Qaf6

b0{n3syf

■ c?0f vql .gbll



! = kll; asdf kll; f]

■ /dz / p; sf l5dsl 3/jfnf ; dgsl
Psk6s ; fgf eu8f k// afnrfn g aGb
ePsf lyof . afnrfn aGb ePkl5 gof jifsf
lbgdf /dzn ; dgsl 3/sf cufl8 /flvPsf
klnsf udnfxzsf cufl8 pleP/ dfaf0nn
cf^gf kll6f lvr/ kll; asdf /fvof .

p; n kll; asdf kll6f /fvkl5 ; dgsl >ldtl
dfofn . gafNg, dg gkg dfc5n /fkf klnsf cufl8
pleP/ klg s; s; n kll6f lvr/ kll; asdf /fvbf
/x5g lg ll cf^gf 3/sf ef8fdf a:g ; Dergfnf0
elgg . ef8fdf a:g ; Dergfn . kll6f lvrRgnf0
kln /fkf dfc5 kf dg gk/sf xf, kln dg k//
kll6f lvr/sf xfnf lg ll 3/a6L cfdll elgg .

@= pd/sf/s/fdt

xh/af e;ssf /fdaxfb/n af6fdf
lxl8/xbf b0 hgf gjhf8lxz cf^gf ;/df
dfoklltsf ukll ub cufl8 lx8b x5g . af6fdf
kfs6 ?dfn v; sf bVglalQs gjhf8lnf0 .of
?dfn tkf0xzsf xfl eg/ /fdaxfb/ s/fp5g .
tl gjhf8lxzn—o:tf a9f dfc5 eP/ xfdlnf0
lh:SofP/ lx8g nfh nflbg < tkf0s ?dfn
xfnf lgll e5g . dn t af6fdf v; sf bv/
tkf0xzsf ?dfn xfnf eg/ ; fwsf lg, dn of
a9; sfndf cznf0 lh:SofP/ 9f6/ s kfpq
; S5 / <ll /fdaxfb/ e5g .

; fdfv; ! dfu

cfkllgf]sd{u/f}

■ ; b5/0f /jdl



of ; ; f/ ljwf xhf/ yl/sf ; ldf 5 of hljg
ug sfd ce ll xhf/ yl/ 5g uxf 5 56ofpg
cfzf /fv gt; sd ultdf kfnf ldnf0sg
cf^gf sfd u/f, ; dfud xb bfloTj ; DeL sg .

dfc5sf qld e ll kll klltsf /flsGg sNo klg
gfnf ljZj pbfnf ejgdf xfnf ; a eig wgl
xfdf zlQll ; dfh vflt/ agf; ; Rrf agfcf dg
cf^gf sd u/f kljq dgn bfloTj ; DeL sg .

dfc5, hft / wd, ; :slt agf ; Ddfg cf cfb/
wtldf ze xf; ; alt/ agf; ; befj xf; ; Gb/
dfc5 g kll'xf ; w ; sndf pT; fxsf ; fwg
cf^gf sd u/f ; bf ; xh e bfloTj ; DeL sg .

gkfnf cfuX o 5 ljZjdf
30ff / Oiof g/xf; lbdudf
; Ddfg ug g/sf : jefj xf
sldi7 aGg ljlsf ljwfg xf .

n3syf

;GbZ

■ d7fl//fh ld>



X l/k;fb ufpsf Ps kltli7t JolQ lyP .
 cfh pgn ug nfusf Pp6f cgf7f sfdn
 ;dfhnf0 t/Ēt agfPsf lyof . cfk
 d/kl5 cf^gf cfĒdfn kpfu ug kfp5 eGg ts
 lbP/ pgl s/f8f kg cf^gf 3/df cfuf nufpg
 tof/L ub lyP . of s/fdf ;a ufppn c ;xdt
 hgfP . 5f/fxĒ l j/fwdf plqP . hnfpgeGbf a?
 s ;nf0 bfg lbg'kf dxfg sfd xf eGgdf ;asf
 dtSo blvof . t/ pgl cf^gf lg0foaf6 gx6kl5
 s ;sf sxl nfug .

pgn 3/sf rf/lt/ d8Ltn 5lsP . ;f/f
 ufpxĒ :tAw eP/ ;dfhsf kltli7t JolQsf
 rtlsnf xb lyP . pgn ;nf0 xftdf lnP .
 jftfj/Of afleĒnf aGof . ufpxĒ slxn
 b/af/h:tf eJo 3/ / slxn xl/k;fbnf0 xb
 lyP .

cs:dft xl/k;fbn ;nf0 ldNsfP /
 el8nf0 ;Dafwg ub 7nf :j/df eg- dnf0
 kfun 7fGgeof xfnf tkf0xĒn dn jiffblv
 ;dfhnf0 aĒfpg vfHbf klg g ;ssf Pp6f
 ;Gbzdfq o ; sfodfkĒt tkf0xĒnf0 lbg
 vfhsf x' ;fRrdf 3/ 89fpg vfhsf xf0g .
 3/eGbf sof ugĒ dxuf, k ;f lt// lsGg g ;lsG
 cfvfh:tf xdfĒ dxĒjk0f cĒ xfdL d/kl5
 asf/df lrtfdf hNb 5g . o ;/L 89fpgGbf bfg
 ug xf eg t d/sf Ps hgf JolQsf cfvfn
 b0 hgf Hobf JolQn ; ;f/ xg kfp5g . cfk
 d/kl5 klg ; ;f/ xl//xg kf0g of bfg kf dxfbfg
 xf0g / <

pdfdxZj/dfu, sbf/lufn, sf-d-kf- &

hggl

hGdeldZr

:jufblk u/Lol;



■ uaf lnun

x/ of bzsf df6f slt ;Gb/ nfilb5
 /ftf df6fn kftsf leQf clt /x/ nfilb5
 s 5g o ; df6fdf ;hlj tfsf cfnfs 5
 cfk bk0fdf x/ nfnlu7f ;sf d'sfg 5 .

To;n t hggl hGdeldZr
 :jufblk u/Lol; .

;on gjls/Of 5b gjkĒft vfnb5
 8fk / dgfn p8b gjhfuf/Of lg0tofp5
 oxL hGdsf a4 tL zflĒtsf kĒls aGb5g
 pRr kl/1fgsf Hofltn s0fs0f lehfp5 .

To;n t hggl hGdeldZr
 :jufblk u/Lol; .

lxdnsf lr ;fatf;n c ;ld cfGgb lbnfp5
 kljq hn ;rgn wtl ;f/f / ;fp5
 rfvf wtLsf df6fn cfdnf0 lrgfp5
 :ju 5g sxl klg oxL 5 cfXjfg ub5 .

To;n t hggl hGdeldZr
 :jufblk u/Lol; .

clt rfvf kĒlt cdfsf Åbo :kGbg rDb5
 /l ;nf uxlsnf dtefifn lJzjnf0 nfEofp5
 dftTjsf lJzintfn eĒtTjnf0 hfufp5
 clg gkfn / gkfnL ul/df :ju ;/ aGb5 .

To;n t hggl hGdeldZr
 :jufblk u/Lol; .

c; /8f8fsf] /flf; /fh

■ ;Gb/ v8sf



7f 8f psfnf, j|/kl/ xl/ofnl hĒn,
:jR5 jftfj/0fdf lr;f xfjf axg,
r/fr?auLx₂sf dl7f cfjfh cfpq,
dfusf 7fp 7fpdf a6jfsf nflu agf0Psf
lj>fd:ynn zfef a9fPsf Psfġt, /d0flo /
lghg :yfg, hxfsf uġtJodf kġg sxl c; lhnf
e0sg klq ;asf /fhf0df k/sf :yfg xf,
c; /8f8f.

;bf eⁿ Ps lbg laxfg d klq c; /8f8fsf
lz/tkⁿ nlDs/xsf xġ5'. ddfq xf0g, c₂
klq xġ5g. c₂ cf^g wġdf 5g. Psgf; n
psfnf rl9/x5g. d eg dgdf cgs s/fx₂
vnf0/xġ5'. ;fR5' 8f8fsf lz/df /xsf Tof
ljzfn /flf; lapleof eg s ug < dg 9s9s
u5. 5ftl ux^f eP/ cfp5. 8/n z/l/ y/y/
sfġg yfN5.

xfdf ufp ;dfhdf Pp6f ljZjf; ceⁿ
sfod 5. 3/df hf sfxl la/fdl k^{of} eg ufp
glhs /xsf c; /8f8fsf lz/df /xsf /flf; nf0
eSsd^f/ufbkl5 lgsf xġ5. clxn Toxf lhpbf
/flf; t 5g. t/, Pp6f ch^ausf eldsfo 9^auf
rflx 5. a9fkfsfx₂n egst Toxl eldsfo
9^auf g /flf; xf /.

xfdl ;fgf 5bf xh/a'jfn eġgxġYof—
plxn Pp6f /flf; cfP/ ufpnx₂nf0 w/ bⁿv
lbof / 3/3/af6 cġgkft vf; / nfg ubYof /
kz' rfkf of vf0lbg ubYof / p; n egst gdfġ
dfg; nf0 s6lk6 uL c^{aue}au ul/lbg ubYof
/ 3/x₂ eTs0lbg / kⁿknⁿsf la?jfx₂ pvnL
kⁿflnⁿlbg ubYof / s; sf 3/df dl7fdl; gf
agfpg gxġ, agfPdf /flf; n cfP/ vf; L

vf0lbg xbf afsl /xsf h7fk^f dfq dfg; n
vfg kf0g lyof / dⁿgnflbf ug / p; n hh
eġ5, xfdl dfg; x₂n dfġgkg c j:yf lyof /
o; af6 dfg; x₂ pQⁿ /flf; n lbPsf bⁿv vġg
g; s/ sltn ufp 5f8/ uP. slt cfTdxTof u//
d/. dg 8/fpg / ufp 5f8/ cġt hfg klq g; Sg
dfg; x₂ dfq ufpdf a; sf lyP.

Psibg ufpsf ;a dfg; x₂ enf eP/
ufpdf /flf; /fh /xbf; Dd xdf^f bⁿv x6g 5g,
lbgibg sg g sg axfg lgsfn/ pQⁿ /flf; n
bⁿv lb0g /xġ5, ld7f dl; gf sf t s/ 5f8f,
v; j lk7f klq k6el/ vfg kf0Psf 5g. p; n
lbPsf bⁿv w/ ;Xof. kⁿl/ klq p; sf cTofrf/
; xg ;Sg lfdt^f xfdldf 5g. To; sf/0f h; /L
xġ5, Tof /flf; nf0 ufpa^f6 6f9f wkfp^gk5 of
vQd ugk5. /flf; sf cf; /L 5fofa^f6 ufpn^f0
dQⁿ ugk5, clgd^fq xfdl / xdf^f; ġtltⁿ; V
kfp^g5g eġg ljifodf 5nkn eP5. ;an Ps
:j/df xdf^f xf ldnfP5g.

/flf; ch^ausf bVbdf 8/nflbf, cToġt
cⁿnf / an jfg lyof. dfg; sf ann /flf; nf0
k/f: t ug sg pkfo g lyPg of egf cf6 ug; Sg
c j:y lyPg. ann xf0g, al4n /flf; /fhnf0
cġTo ugk5 eġg klfd^f dfg; x₂ Psdt eP5g.

To; df Ps lbg Tof /flf; n yxf^f gkfp^g uL
ufpsf ;a dfg; x₂ 3/ 5f8L ufp glhs^f Toxl
c; /8f8fsf lz/df uP/ n^sla; 5g. ufp ;g; fg
/ zġo lyof. /flf; PSn 3/3/ 8h/ dfg; sf
vfhl ugyfNof. sxl st gbv/ ufpdf h kfof
Toxl vfP/ z?sf sxl lbg pġdQn al; Xof.
/xbf a:bf ufpdf /xsf / /flf; n ;feⁿ vfg; Sg

rlhj:txç ;ls of . To;kl5 cç vfgs/f
gkfPkI5 p efsn 56k6fpg yfNof . dflg;xç
cfpg af6f xg yfNof . efs /kof;n ubf cfvf
lt/ld/f0;ssf lyP, z/L/ lzlyn xb uPsf
lyof . tklg leigf cfzf lyof . dflg;xç 3/
k/s/ cfpg5g, vfg kf0g5, sxl gkfP pglxçs
/ut lkP/ eP klg efs d6fpg s/fxç ;fRg
yfln;ssf lyof . w/ lbg eof, dflg;xç 3/
k/ssg . /flf;sf wo 66g yfln;ssf lyof .
cfpb5g ls egl leigf cfzfn wtl, cfsfz
;alt/ cfvf 8hf of . To; qiddf 8f8fsf
lz/df dflg;xç /xsf bVof / Totlt/ uof .

dflg;xç o;sf ktlffdf lyP . /flf;sf
sdhf/L vflh/xsf lyP . efskof;n lzlyn
z/L/ lnP/ /flf; dflg;xç ePsf 7fpdf
klof . z?df dflg;xç 8/fP . sxl pkbj t ug
xf0g < dflg;xçnf0 xfgl gfs;fgl t k?ofpg
xf0g < dgdf cgs 8/ kfn/ klg dflg;xçn
/flf;nf0 jzdf kfg cgsy/Lsf s/fn dçqdlw
kf/5g . efsf /flf;nf0 zçt agfpg dl7fdL7f
vfgs/f ksfP/ vjfpd cfzjf;g lbP5g . sfxL
vjfpd klg yfn5g . efsf /flf; vfgf vfgd
Jo:t lyof . dflg;xç vfgf vfb vn klg ;u
vnl /df0nf ug eçb /flf;nf0 /flhu/fP5g .
w/ lbgsf efsf /flf; vfgf vfg kfpbf lgs
v;L ePsf lyof . p l7f dfgl dfgl Ps;7n
vfgf vfg yfNof . o; qiddf vn vNg eçb
dflg;xçn /flf;sf cfvf 5nl 8f/Ln afWg
;k/n eP5g . clg vfg lbPsf vfgf klg vf;/
lnP5g . tadf q /flf;n rfn kfof, Tof jnf
w/ l9nf e;ssf lyof . /flf;n cfk/nf0
afwsf 8f/L k'sfpg cgs sflz; u?of .
;sg . efskof;n ubf sdhf/ ePsf /flf;n
afwsf pQ 8f/L k'sfNg g;Sg kSsf ePkI5
dflg;xç cf-cf^gf 3/ uP5g . o;/L aGwgdf
k/sf /flf; w/ lbg;Dd klg dflg;xç;u ofrgf
ul//xsf / dflg;xçn klg pQ aGwgaf6 dQ

gu/sf sf/of Toxl kf0f Toful lznfsf çk wf/of
u/sf xf .

k5fl8af6 cfPsf cfjfhnd e;au eP .
k/s/ xbf pXL kNnf 3/sf xd ef0 kf /x5g .

xd ef0nf0 e6kl5 d/f dgsf leqblv
hd/f0/xsf 8/ sxl x6sf dx; ; ub lyP .
xdn eg- _bf0 xfdlnf0 of s afgl nfof
laxfg laxfg /flf; s6g, /fuJoflw x6fpg .
blgs al; ldg6 7f8f psfnf pSNof, lz/df
/xsf /flf;çkl 9^ufnf0 Ps b0 nfQL xçof,
knl/ cf/fnf e?of . blgs sl/a cfwf 306f
;do aafb xg .

_blgs cfwf 306f ;do lbbf z/L :j:Yo
xç5 eg lsg glbg < d t lbç5; h h:tf
kl/L:yltdf klg of /flf; s6g sfd 5f8g 5g .
-dn eg .

xfdL Tof c;7f8fsf lz/df klbf kl;gn
lgy\$e e0;ssf lyof . d/f v\$ un/
kl8f lb0/xsf lyof . cç lbgsf h:tf klt
cf0/xsf lyPg . To;n Tof lbg dn /flf;çkl
Tof 9^ufnf0 rf/ nftdfq es/ . xd ef0n
rflx To:t al;-af0; nft g EofP .

cl3 kl5 Ps b0 nftd lrQ aefpg xd
ef0n /flf; ;fRr g lhpbf /x5 eg klg axf;
xgu/L al;-af0; nft g xfgsf bvl dgdf
sftxn cf of /dn eg - _xd ef0 ePsf;a
an gl;Wofp, clnslt eP klg arfP/ /fv,
kl5 sfd nfi5 .

d/f Jo^u ldl>t egf0n pgl pQ/ljxlg e0
ple0/x .

d kl/ ;fRg yfn- of c;7f8fsf
lz/df /xsf 7nf 9^ufnf0 blgs laxfg laxfg
uP/ s6of eg :j:Yo e0ç5 . /fun lrxfg
klg ;Sbg . dflg;xçn ljzjf; u/s 5g .
ljzjf; u/ cg;f/ /flf; s6g cfpg dflg;sf

sdl klq 5g . clg of klq ljZjf; 5 ls pQ /flf;nf0 blgs gs6g xf eg sb klq jnf p lapleig ;S5 / dflg;xznf0 ce a9L bMv lbg ;S5 . ;rgf kljlwsf of cfwlgs oludf o; ljifodf Jofks krf/ krf/ eof eg ko6g kl4gdf 7nf 6jf klq5 / o;af6 ufp 7fpsf ljsf; e0 :yfglo dflg;xzn yk cfo cfhg ug ;Sg5g . cf^gf ufp ;dfhnf0 ;d4 agfpg sf;9uf ;fljt xg5 .

xfdl klq/xsf lyof . af6fdf xd ef0n cf^gf s/fx; /flv/xsf lyP . cGo lbgf thgdf p;sf s/fdf cfzfebf lg/fzf a9L ;vebf bMvsf efjx; a9L eMNsGYof . jnf jnfdf jbgf ldl>t l/; klq bvfPsf xGYof .

cl3 /flf;n a9L nftl vfpf sf/0f log /x5g— xd ef0sf s/ ;b/ dn cgdg nuf0xfn . blgs uP/ /flf;nf0 s6df cf^gf / kl/jf/sf :jf:Yo alnof xg ljZjf; t klxnbv s xf . t/; clxn cfP/ yxf xb5 . >ldtsf l/; 5f/f5f/Lsf l/; nufotsf ;a lsl;dsf l/;x; kfVg dfWod klq agsf /x5, To/ /flf; s6g k/Dk/fdf . To;u/L lg/fzfnf0 cfzdf abNg, gsf/fdsnf0 ;sf/fds agfpg, dgsf

s07fnf0 ;fDo kfg;dt /flf; s6g u/sf kfP . ;dfhdf cfPsf kl/jtg;u ljZjf;x; klq ablnbf /x5g eGg of ultnf kpf0f l;4 ePsf nfi0f dnf0 .

s/s/fdf xfdl 3/glhs cf0kusf lyof . pgn lrof vfg ktfj u/ . dn ;xdt hgfP . clg bj hgf glhssf xf6ndf uP/ lrof lkpg yfNof . lrof lkpb lyof . Toxf c; klq dflg;x; cf0ku . pglx;sf xfpfp / s/fsgln dn cgdg nuf0xfn— pglx; klq xfdln h:t c;/8f8f r9/ pQ 8f8fsf lz/df /xs/ /flf; ;kl 9^ufnf0 s6/ cfPsf /x5g . xfdln h:t :jf:Yo aGg sfu u/sf /x5g . c;/8f8fsf kpf0lo lx8f0n hljg :jR5 / tg tGb?:t xg nfsf;4 kpfuaf6 kljlt eP/ xfnf, xfn ;/sf/n klq kpf0lo lx8f0nf0 ktf;fxg ug sfoqdx; klq cl3 ;fl/;ssf kf0G5 .

xfdl sxla/ Toxl lrof k;ndf latf0f . clg, eflnbv laxfg kfr ah Toxl k;ndf e6g / pXL /flf; s6g sfonf0 lg/t/tf lb0 g /xg afrr ub 5lsof .

abfo0f, sf7df8f .

“मानवसेवा नै मानवधर्म हो ।”

हामी विगत ३० वर्षदेखि विभिन्न स्वास्थ्यसेवामा समर्पित छौ ।

CTEVT को सम्बन्धमा २०७० सालदेखि नेपालमा एकमात्र RHESC Acupuncture College सञ्चालन

RHESC मा उपलब्ध स्वास्थ्यसेवाहरू :

१. आरामदायी चिकित्सा (जापानी प्रविधि)

तथा यौनरोग

९. प्रयोगशाला

२. अकुपंचर

६. आँखा

१०. X-ray

११. ECG

३. बालरोग

७. नाक, कान, घाँटी

१२. खोप

४. स्त्रीरोग

८. जनरल स्वास्थ्य सेवा

१३. परिवार नियोजन सेवा आदि ।

शल्यक्रिया सेवातर्फ : १. आँखाको मोतिया बिन्दु २. कानको जाली टाल्ने आदि ।



बालप्रसाद शाही

(अध्यक्ष) ९८४९२८५७२०

ग्रामीण स्वास्थ्य शिक्षा तथा सेवा केन्द्र (RHESC)

गोकर्ण दक्षिणढोका, जोरपाटी-५, काठमाडौं । फोन : ४९९२६५७, पो.ब.नं. २४६०९

cfdfsf]cfF

■ sdf/ gkfn



Psfbzdf b0 hgf a9fa9L a:bf /x5g . Itglxçsf rf/ hgf 5f/fxç /x5g . tl rf/ hgf Ps ; Ps rdTsf/L /x5g . Ps lbg a9f klg o; w/tnf0 Tofu/ k/dwdfsf af6f nfu5g . a9L ljwjf e05g . tl ljwjfsf rf/ hgf 5f/fdWo Pp6f 6f9af6 w/ 6f9f; Dd bVg ; Sg, csf Psbd alnof, csf 9nf6sf alnof vDaf agfpg ; Sg, csf ; lt/xsf dflg; nf0 yfx glb0 prfng / afSg ; Sg /x5g .

Ps lbg To; bzsl /fhstf/Lnf0 Pp6f /flf; n eSofP/ Ij jfx u/L nu5 / w/ 6f9fsf w/ alnof kinfdsf 9fsfleq /xsf ukifleq nuL /fv5 . Tof /flf; n ; a dflg; nf0 hgfj/df kl/0ft ug; Sg cbet zlst kfPsf /x5 . To; n cç w/ hgf dflg; nf0 NofP/ hgfj/df kl/0ft u/L To ukifleq yg/ /fvsf /x5 . /flf; n /fhstf/Lnf0 w/ g dfof ug ePsf n hgfj/df kl/0ft gu/L tl ; a hgfsf x/lj rf/ ug lhDdf lbPsf /x5 . Ps lbg To; dWosf Pp6f a9f vRr8sf afgl axf/f dg gk/L lkl6/xg cfbz lbP5 . /fhstf/Ln klg cfbzfg; f/ Tof a9f vRr8nf0 lkl6/xg nflu5g . lk6sf ; xg g; sl p; n dnf0 w/ bV/ ufxj e0; Sof . ctll glk6 egfsf ; çbf /fhstf/Ln crDd dfçb s ltdl dfç5h: t afng klg ; S5f egl ; flw5g . d klg ltdlh: t dfç5 x'egl /flf; n cfkfn u/sf ; a st't atfP5 . Ps lbg ltdlnf0 klg hgfj/df kl/0ft u5 egfsf ; çbf /fhstf/Lnf0 w/ 8/ nfu5 . Tof /flf; af6 aRg pkfo sxl 5 ls ltdlnf0 yfx 5 egl ; flw5g . Tof vRr8n klg xfdl ; anf0 p4f/ ugkg ; t /fv/ /fhstf/Lnf0 eg5— ltdf bzsf /fhodf Pp6L ljwjf : jf:gl

dflg; al:5g . pgstf rf/ hgf 5f/fxç 5g, Itglxçn of /flf; nf0 l7s ug ; S5g egl pkfo atf0lbof . /fhstf/Ln cfçgf ; fydf b0j6f k/jf klg nusl ly0g . Tof va/ nv/ k/jfsf vçfdf afw/ /fhb/af/ k7f05g . /fhfn Tof va/ kfP5g / tl ljwjfsf rf/ hgf 5f/fxçnf0 vfh/ /flf; sf ukifdf hfg cfbz lbP5g . tl rf/ hgfn cfçgf rdTsf/L zlst bvfp/ /flf; sf ukifleq k; 5g t/ /flf; n yfx kfP/ 9nf6sf alnof vDaf krf// tl rf/ hgfnf0 ; dft/ vRr8df kl/0ft u/L To ukifleq yg/ /fv5 .

Ps lbg /fhstf/Lblv Tof /flf; w/ g vZL eP5 . Tof dfsf 5fk/ /fhstf/Ln /flf; nf0 elg5g— olb tkf0 dgeof eg d/f s xfn xfnf I Tofblv /flf; n g8/tp dnf0 dfg dflg; clxn; Dd hçds 5g . dnf0 dfg o ukifdf ePsf rf/ ef0sl cfdfn cfçgf cf; 'lkP/ Tof cf; af6 hçdg loglxçsf ; aeçbf sfç5f ef0 xf . pñ hçd/ cf0 dnf0 df/ klg d Toxl k/ /xsf hljgw/ /fsf kfgln dnf0 arfpg 5 t/ p; n dnf0 df// hnfnlbof eg d afIRbg eg5 . of va/ /fhfsxf s; /L k7fpg egl kl/ ul//xbf crfgs cfkñ ; Tg sf7fsf %ofndf Pp6L : jf:gl dflg; nf0 blv5g / p; nf0 of ; a va/ nv/ k7f05g . of va/ kfpglalQs /fhfn Tof ljwjf : jf:gl dflg; nf0 ? jfp/ p; nf0 cfçgf cf; 'lkpg nufP5g . To; kl5 pñ uej tl e0 5f/f kf05g . Tof 5f/f /flf; sf ukifleq k; /L /flf; nf0 df// hnfnlbp5 / cfçgf rf/ hgf bfhxç / hgfj/ e0 a; sf cç ; a hgfnf0 hljgw/ /f hn 5s/ dflg; agf0 ; a hgf /fhb/af/ kñs5g .

lhGbuL M eþ / oyfy{

■ /fhŋb >ŋ7



lxhfcfh d a8f eþdf 5'
oyfl:yltaf6 Psbd cnu
nflb5 lghlj 5'
d?elddf kIN6Psf r66fg h:tf .

t/, bVb5' cfvfn
d?eldsf tkrfg
;ç5' c66xf; xf;f
/, kf dx;'; xç5
P d aflr/xsf 5'====

cl:yk-h/sf ;xfotfn
o;f rndn ug vfH5'
xftv66f hçhl/n aflwPh:tf
8u rNg ;lSbg .

Ps d76L afn'jf
cgxf/ g 9flsg u/L p8/ cfp5
/, bV5' ;a cçwsf/ .

afn'jsf x'ln
Df/f z/L/df kxf8 agfP/ uP5
d?eldsf ofqLxçn
af6f 7fg/ dnf0 6s/ lx8
o;f lsgf/f nflg vfh
t/ d/f cfkiçtxçn
dnf0 sNrl sNrl lx8 .

d kl8fn /çylgP
d/f rLTsf/ ;ç/
bVof ls eg/
;fWg;Dd klg cfPgg .

k/ kl/ o;f klsP/ x/, dnf0 lrg
t/ of afr sf /x5;Dd klg eggg

lftlj lft ePsf 5, tg
l;pg gldNn u/L RoflQPsf 5, dg .

d/f cçt/dgn eç5
ca afRgSf cfwf/ s 5
ls d d/ <
d af/Daf/ eþdf xç5' .

cf;Sf wf/f ausf 5g
/utsf wf/f 56sf 5g
d bV5'd/ ;fdçg ; ;fgf eif/kft
xl/of e0 pldPsf 5g .

d/ cf;'/ /utn
l;L-r t ePsf 5 of d?eldsf afn'jf
s d?elddf xl/ofnl ;Dej 5 / <
dn egf 5'
af/Daf/ d eþdf 5' .

d d/sf 5'of afr sf 5'
d cfçg 9ç9çl
af/Daf/ 5fdl x5'
gf8Lsf rfn 5fdl x5'
/, afr sf kçf0f kfp5'
Ps lsl;dn 9çs xç5'
xTsnfdf Hofg /fv/
d j tdfg aflr/xsf 5' .

d/f 3f0t cfvfn k/ lflthdf
wldnf uçtJo bvsf 5' .
9ç9çl gfk/ afr sf kçf0f kz ub
uçtJo e6g d bfl8/xsf 5'
bfl8/xsf 5' .

sfuZj/L dgfx/f g-kf- ! 7nfl9s

pb\uf/

■ /ltfbj\ kwfg hfz\ .?df7\



xfdL gf/L
rxfG5f ;dfgtf
nl8/xsf 5f clwsf/sf nflu
t/ ck\zfr
PskN6 kis/ x/f cfk\nf0
s ul//xsf 5f cfk\nf0 ;dfg Jojxf/ <
eflu/xsf 5f gf/Ldfly gf/Ls cTofrf/
gf/Laf6 e0/x5 gf/L kl8t
/, ;z^lst
cx f l j8Dagf s:tf < s:tf of lgi77tf <
hGd xg'cuf18 g .e\fxTof\ ul/G5
xsf0G5 k/fwLgtfsf 3/fdf
csfsf gf;f eg/
kf0G5 leGgtf 5f/f / 5f/Lsf
k9f0 / xsf0df
clg nfngkfngdf,
hGd3/ Tofig nuf0G5
k/f0 3/df aflwg cx\0G5 .
kfp15g k/f0 3/df eig 7nf ebefj
gf/L ePsfdf
yf/n dx;'; ug kfp5g ;dfgtfsf .

x/f ;/; tL lj rf/ u/f PsIf0f
o;f xgdf s; sf xft <
ck\zfr l g ljwftfsf, g eflosf
s jn xft 5 gf/Ldfly gf/Lsf
elG5, olb wtldf
gf/L ddtfsf dlt xg eg
cfsfz e 5 pgsf xbo ljzfn eg

xG5 dx;'; ;anf0 :juLo cfgGbsf
t/,
olb gf/L kffif0fsl dlt 5 eg
efl5g ;an gf/slo efu
k\l/ s; n k\g unf k?ifsf xft xbg <
xG5, lsg gxg' t/ ;?jft / cGTo
gf/L xg k\5g .
ca xfdL lj rf/ u/f, dx;'; u/f
olb Nofpg'5 ;dfgtf, g/ / gf/Ldf eg
cfhblv g k\0f u/f
gf/Ln gf/Lnf0 g dxGj lbp
Gff/Ln gf/Lnf0
Pp6 z/L/sf b0 c^u egl,
5f0f / z/L/ xf egl .

k/d cfjZos 5,
:qL / k?ifalr ;dfgtf
clgdfq aG5 ; ;f/ ;Gb/ / :jR5
hxf gf/L /dfp5, Toxf ljZj klG /dfp5
To;n ;bj
..oq gfo:t'kHot, /dGt tq bj tf\
dn dGq hkf ;w
/, Jojxf/df Nofp .
g/ / gf/Lsf ;dfgtfljgf
u8bg hljgsf kf^uf
To;n hk/ oxL dndGq
k\nfcf ; ;f/e/ .

xfn // Soflnk\fgof, cdl/sf

clt ; jǫ jhǫɿ\

■ /fhʒdfg sǝ;ɿ:



xf dǝ gkfnɿ ;dfhdf Pp6f cToǫt kʀɪnt pɜvǝ 5— clt ; jǫ jhotɿ .
cyft clt ;alt/ jɪht xǫ5 .
cuɪɪdf klǝ elǝPsf 5 Excess is bad in
everything . To;f t 7ǝ7ǝdf xfdɿ klǝ eǝǝ
ub5f— cfe/ eof eg ufj/ xǫ5ǝ eg/ . ol ; a
eǝǝsf cy oxɿ xf, hǝ;ɿ sʃf klǝ clt eof
eg To;sf c;/ lǝɪZrt ǝkdf ǝsf/fɪds xǝ
kɪb5 . To;n of cltǝ af6 aRǝ' xfdɿɪ lǝtfǫt
cfjZos 5 . vf;uɿ dfǝj hlǝǝsf tǝǝ
dxǝjkoǝ klǝxǝ 5ǝ— afNǝ, vǝǝ / vr ug . ol
tǝǝ sʃfxǝnf0 dofbɪt ;ldfɪeq /fVǝ ;ssf
v08df ǝ xfdɿ cfǝǝ hlǝǝnf0 a9ɿ pkoful /
;fkoǝ tNoǝǝ ;Sǝ5f .

ca kǝǝ p7ǝ ;S5 . p;f eP vfb ǝvf0
efsefs a:ǝ t < cyjǝ cfwf k6dfǝ vǝǝ t <
afNǝ ǝafn/ bfa6dfǝ 78of0Psf dlth:tf rk
nfu/ dfǝ al;/xǝ t < clǝ vr eǝsf 7of0d
guɿ dvɿr' ; ǝ aǝǝ t < xf0ǝ, To;f xf0ǝ .
clt ǝafNǝ' eǝǝsf dtnj xf cfǝǝ jfoɪdf
;od /fVǝ; cyft cǝun kǝfka6 6f9f /xǝ' .
clt ǝvfǝ'eǝǝsf tǝko xf zɿ/ɿ cfjZostf
cǝ;f/ plrt dfǝdf vǝǝ' / clt vr ǝuǝ'
eǝǝsf cy xf cfǝǝ cfo;ft jf cfɪbǝǝsf
cǝkft x// vr ug' . cyjǝ o;f eǝǝ .3f6ɿ x//
xf8 lǝNǝǝ . sltko JolQɿxǝ o:tf xǫ5ǝ, hf
afNǝ kfoǝ eg olt afN5ǝ, ǝǝxǝnf0 cǝ;sf
sʃf ;ǝǝ kl;b ǝ xǝǝ . 7fp ǝ s7fp hǝ jnf
klǝ e6ofPsf 5, e6ofPsf 5 . vǝǝ kfoǝ eg

olt vfǫ5ǝ, ǝǝxǝsf Toǝ e8ɿ xf ɿs ufɪdf xf
yxf xǝǝ . vfPsf 5, vfPsf 5 . To:t slt
JolQɿxǝ vr ug kfoǝ eg olt vr ub5ǝ,
ǝǝxǝnf0 cfǝǝ cfɪbǝǝsf eǝǝ cfsft
ǝf3sf ;dt kQǝ xǝǝ .

o;/ɿ dofbɪsf ;ldf ǝf3/ ul/ǝ hǝ;ɿ
sfd sʃfn klǝ xfdɿnf0 ;d:ofs o:tf eɪ/ldf
kǝof0ɪbǝ ;S5, hxfa6 p0sǝ xfdɿnf0 lǝs
sl7ǝ kb5 . /df00fs Pp6f ;ǝǝ bɪ6fǫt kǝtt
u/f ǝ xfdɿ . cfǝǝ bj/ nɪd0fn sɿɿɪbPsf
;ldf/vf, cyft nɪd0f/vfnf0 pna3ǝ ulɪbbf
;Ltfh:tɿ Pp6ɿ cfɪz / kltk/foǝ ǝfɿn ;dt
/fj0fh:tf Pp6f bǝǝjlo kǝifaf6 ckxɿ/t xǝ'
kǝof . kl0ffǝ: jǝk dofbɪ kǝiffQd /fdn cfǝǝ
wdkTǝɪnf0 /fj0fsf k-hfa6 dQɿ ug Toqf
sl7ǝ wd o4 ugkǝof . oxɿ sʃf0fn Pp6f ;fdǝo
wfalɿ cfɪzǝfɿ ;Ltfsf rɿ/qdfɿ ǝsf/fɪds
6ɿsɿ6kkoɿ u/sʃf sʃf ;ǝkl5 dofbɪ kǝiffQd
/fdn To;nf0 kǝfsf cfjfh jf uǝǝ;sf ǝkdf
uǝǝ ug'/fhf jf /fhokpɿvsf kǝpɿ stJo 7ǝǝ
cfǝǝ wdkTǝ ;Ltf klǝǝ l5ǝ eǝǝ yxf xǝfxb
klǝ clǝǝ/Lɪff lǝǝk/sʃf / kTǝ ;Ltfɿ klǝ klǝ
/fɪds Toǝ tYout oyfytfnf0 xboaud uɿ
b9tfkǝs clǝǝHjɪnt u// cfǝǝ klǝqtf
kǝfɪoft u/sl ɿy0ǝ eǝǝ lǝZjklɿ7t wduɿy
/df00df pNnɿ ul/Psf xfdɿ kǝ5f . o;af6
xfdɿnf0 oxɿ sʃsf afw xǫ5, x/s sʃsf
cfǝǝ Pp6f dofbɪt ;ldf xǫ5 / Toǝ dofbɪsf
;ldfɪeq /x/ xfdɿɿ rNǝ ugkb5 .

To;f t lxfch 7nf7nf nDarf8
ukl u// cf^gf kl08Tof0 bvfpg vfhg' Ps
lsl;dsf klzg h:tf e0;ssf 5. xfdl
ljleGg sfogid cyjf ;ef ;df/fxdf hbf kl
sltko jQfxf o:tf xG5g, h;n df0qfkrfg
xftdf lnPkI5 5f8g hfGg. cZsf ?lr /
;dosf p;n Vofn u/sf xbg cyjf egf Ps
lsl;daf6 aekrf0/xsf xG5. t/ 7n7nf ukl
5f6bdf cyjf rfxg eGbf a9L cf^gf kl08Tof0
bzfpbdf sg klg dflg; 7nf xg t xf0g. s/f
/ efif0f 5f6s e/df dfq sg s/fsf pknIAw
xg eP t cfh xfdl gkfnlsf hljg:t/w/ dfly
klu;ssf xg lyof. lsg xfdln cfhkoGt
ljzjsf bl/bld dh's eg/ lrlggkg lyof
/ < oyfydf dflg; 7nf aGg t c;n sd g
ugk5, k?iffy g ugk5. cfh ; ;f/df hlt
klg ;kln JolQixG 5g, tL ;a s/f / efif0fn
eGbf klg sfdn g 7nf ePsf xg. cf^gf c66
dxgt / nugzlnTfaf6 g dxfg agsf xg.
o; qiddf Ps hgf kl;4 hdgl ljåfg lxunn
klg egf 5g— dflg; cf^gf sfdaf6 kl/lrt
xG5. ;fRr eGg xf eg Hofbf afNg JolQin
t cf^gf ljzjf; klg udfpg ub5. lsgls
o:tf JolQinf0 :jefjt || w/n ljzjf; u/sf
xbg. pN6f To:tf k16xfsf klg s/f ug' eg/
p;sf kl5Int/ s/f sf6g yfN5g. Toltdfq
geP/ Hofbf afNg JolQin cf^gf dfq geP/
cZsf ;do klg gi6 kfl//xsf xG5. ha ls
dfgj hljgdf ;doeGbf axbNo s/f sg xbg.
cuhldf Pp6f egf0 klg 5— If Money is lost,
nothing is lost. If Health is lost, something is
lost. But if Time is lost, everything is lost. xg
klg ?kof-k;f eGg s/f Psk6s udsf v08df
kl/ klg sdfpg ;lsG5. :jf:Yo laupf v08df
klg cfifwkrf/af/f 7ls xg ;lsG5. t/ ;do

Psk6s udkl5 t uDof, uDof. nfv sflz;
u/ klg Tof uld;ssf ;donf0 kl/ ksfpg
;lsGg. To;n ;dosf dxEjnf0 Vofn u// klg
xfdln cgun jf0fl / cgTkfbs jfbljjfbaf6
6f9f /xgkg xG5.

To:t cfjZoseGbf a9L vfg' kl
:jf:Yosf bli6n lxts/ dflgbg. clwsfz
lrlsT;sxZsf egf0 t s /xsf 5 eg w/h;f
/fuxG sd vfgfn xf0g, clws vfgfn pTkGg
xgub5. clws vfg ug' :jf:Yosf bli6n
clxts/ xgdfq xf0g, o;af6 dflg;sf
sfoszntf fl0f xg, cfn:o a9g / Ps
lsl;dsf ef/Lkgsf dxz'; e0 z/L/df lzlyntf
;dt cfpq ub5. To;sf/0f olb xfdln vfgsf
nflu afrsf xf0g, afRgsf nflu vfPsf xf eGg
wf/0ff /fVg xf eg plrt dfqdf vfP/ z/L/nf0
:j:y / ;GtInt agf0/fVg ri6f ugkb5.

vrsf ;DaGwdf klg cf^gf cfsfTs
Vofn g/fvL vr ug u/df kl/0ffd bls/
xgkIb5. cf^gf cfDbfglsf cgkft gx/L
sjn cZsf bvfl;slsf k/L cGwfwGw vr
ug kJlQn pwf/f lng cfbt a9b5. o;af6
kfl/jfl/s ;d:of t hh/ xG5 g, xdf dfgl;s
zflGt klg e^au xgkIb5. o;sf/0f ;lsG5
eg xfdln cf^gf cfDbfglsf cgkftdf vr
o; lsl;dn ugkb5, cfDbfglsf sxl efu
art;dt ug ;lsof; . o;af6 xfdl eljiodf
cf0kg ;Defljt cflys ;^as6af6 ;dt w/
xb;Dd aRg ;Q:5f.

To;n xfdln olb cf^gf hljgZkl
uf8lnf0 ;xl / ;/lft Zkdf ;~rfng ug xf
eg clxnbv g plrt dfqdf afNg, vfg / vr
ug cfbt a;fNg'pkoQ xfnf ls

bflOTjnf0{bxf0 adfhdsf lsfaxç klkt ePsf 5g, sltbftmf0{w0gjfb					
sltsf] gfd	ljwf	njvssf] gfd	ksfzsff] gfd	ki7 ;^Vof	dNo ?:
t[0fda clliePsf]hljg	-nj;^uk_	wjgf/foof hfl5]	dl/f hfl5]	i0±(*)	@))÷-
hljg Ps ofaf cgß	-slj tf_	wjgf/foof hfl5]	c lf/ dfu{	i^±&^	@))÷-
:dftk6ndf t:j/l/xç	-;æd/of_	cRo'ts]0f v/h	zAbfy{kßfzg	!@)	@((÷-
slj 1fg pbf;	-hljgluhy_	;kf8f- s[0fk]fb bxfn	;dsfng ;flxto klti7fg	\$±#&@	^))÷-
hljgbz0sf s'fxç	-cllofid_	dftgaxfb/ sfo:y	sfo:y ;j]f ;bg	*±!@\$	!%)÷-
:kfp8\ cg b /s	-pk0of;_	lbgßsdf/ /fo{	cf0P; a]];	#**^	%%)÷-
ev	-slj tf_	ljwfg cfrfo{	gkfn ;l6f ;dfh	&^	ef?:#))÷-
RofltPsf]kl/of	-syf_	lgdht df/l	gf/l ;l6f ;dfh	^@	@))÷-
;æif6f k0nf	-slj tf_	lgdht df/l	gf/l ;l6f ;dfh	\$	!%)÷-
5p g 6kfl	-slj tf_	kßfzkj;fb pkllfofo	zAbfy{kßfzg	&@	!%)÷-
csf[0af c06f6f	-ofaf_	8f- jbl kfy/h	lzj cofn÷dw'cofn	@)±(^	@%)÷-
undl 5 /hodf xfdl af cfd}	-;æd/of_	s[0faxfb/ sF/	dfgj sNofof j]t undl	i0±i^	@))÷-
klyssf xf0sx?	-xf0s'_	8f- dls0b klvs	>ldtl ;/nf jfln]	@)±!#\$	!%)÷-
t[kt rffgl	-sflo_	urllj0b/fh ljgfh	sfßufj7l	*±**	!))÷-
gkfn bz0	-ofafpk0of;_	ljZj/fh 9Efgf	dsfn'kßfzg uk	@%)	#%)÷-
kf7slo ;06lj6	-;dfmf]gf_	v0/fh kfy/h	dfta kfp08ßg	@\$)	%\$)÷-
ofafj/ ;kgf	-ofaf_	v0/fh kfy/h	;zlnf kfyh	@)*	#)%÷-
dftjae]sf]bgorF	-lga0w_	8f- cl:dtf cofn	j;t rfy/L kfp08ßg	!@@	!((÷-
bß / ljbß	-lgoaf_	ljgfh gkfn	zAbfy{kßfzg	i&%	#&%÷-
urffg	-n3syf_	ljgfh gkfn	ewfh ;flxto ;dfh	&)	@%)÷-
x\lx\lnfsf]bß	-slj tf_	ljgfh gkfn	ewfh ;flxto ;dfh	&@	@%)÷-
gf/L jf k?if hljg /fhf0	-syf_	dQgfy 00kf]g]	zfhb]00kf]g]	!%@	###÷-
/dfonf]5sl	-afnsyf_	dQgfy 00kf]g]	c lf/wfd	@*	*((÷-
;j rff	-afnsyf_	dQgfy 00kf]g]	c lf/wfd	@\$	&((÷-

bfloTj jfaDo kl5Nnf kpfzgx

!^%=-	;ug -xf0s';auk @)&* _ d'sGb Gofkfg	!%)÷-
!^=-	/lZdgl -pkGof; @)&* _ /fdk; fb cfrfo	#&%÷-
!^&=	;a ;gsf slj tf -slj tf;auk @)&* _ ;a ;g	!%)÷-
!^*=	ljBfylsfnlg lgaGw -lgaGw;auk @)&* _ ;a ;g	!%)÷-
!^(-	af/ lhHoaJf / d -;:d/Of @)&* _ ;a ;g	!%)÷-
!&=-	d/f lh1f;'sfn -;:d/Of @)&* _ ;a ;g	@))÷-
!&!=	hljgznl / cfwlgstf -lj rf/ @)&* _ ;a ;g	!))÷-
!&@=	cfoflds cgelt -;:d/Of @)&* _ /fdk; fb kGt	#))÷-
!&#=-	cbZo 3fp -n3syf;auk @)&* _ stff/ gkfn	@%)÷-
!&\$=-	d/f ;oQ kl/jf/ -;:d/Of @)&* _ ;a ;g	!%)÷-
!&%=-	zGottf -syf;auk @)&* _ ;ljg kfV/n	@))÷-
!&^=-	bzf6g -lgofqf;auk @)&* _ /fdk; fb kGt	#%)÷-
!&&=	;dfgtfsf lr/fu afs/ -slj tf;auk @)&* _ kzklt sdf rfo	@))÷-
!&*=-	ozfbf -zfssfJo @)&* _ szj/fh kGt	!%)÷-
!&(-	ctltstf kfgf -;:d/Of @)&* _ szj/fh kGt	#^)÷-
!*=-	;:d/Of dfnf - \$ -;:d/Of @)&* _ kpfz P /fh	@))÷-
!*!=	drl d/f dxfsfnl d/f -lgofqfkGof; @)&* _ /fdk; fb kGt	#&%÷-
!*@=	;nlst gkfnl /fdfoOf -cg;Gwfg @)&* _ o1/fh 1jfnl	#%)÷-
!*#=-	ofofj/ ;kgf -slj tf;auk @)&* _ ;blkeb vgfn	#))÷-
!*\$=-	bliGsfOf -ljljw @)&(_ -;:zfGtf Gofkfg	@))÷-
!*%=-	cledt -ljljw @)&* _ ;:snfw/ sf^n	\$))÷-
!*^=-	lgaGwfjnl -lgaGw;auk @)&(_ - /fdk; fb kGt	\$))÷-
!*&=	;ufnf -;kt/aul @)&(_ - snfw/ sf^n	#%)÷-
!*#=-	;kintfsf ;q -lgaGw @)&(_ - 8f= gd f kf08÷8f= kPdg kf08	\$%)÷-
!*(-	cfhsf cfsfz -;oQ slj tf;auk #. @)&(_ - cf/s÷hlj /fh÷k\fnf÷/jlgGf÷8f= /fhGbl	#&%÷-
!(-)	ld;jf6 -n3syf;auk @)&(_ - /fdk; fb kGt	!&%÷-
!(!=	slt ;Dei slt la; -;:d/Of @)&(_ - /fdk; fb cfrfo	@%)÷-
!(@=	PpGf 8fo/Lsf kfgf -;:d/Of @)&(_ - /fhg k8f; gl	#))÷-
!#=	cf/De -lgaGw @)&(_ - blks e08f/L	!%)÷-
!(\$=	P6nflG6sblv kpfGt dxf;fu/ ;Dd -lgofqf @)&(_ - z/b lg/fnf	\$%)÷-
!%=	nfs/L -slj tf-sfJo @)&(_ - ;a ;g	@%)÷-
!^=	/fhlgfdf -syf;auk @)&(_ - ;nfrgf hfzl	@))÷-
!(&=	kl/ hGdG5g hGdbgg -sfJo @)&(_ - Zofdaxfb/ efj's	#%)÷-

tkfofjlgHL:t/af6 kpfizt xg]bfloTj nufot cGo ;flxltos klqsfx k9bePsfj5 <
5g eg]k9Y nfeflGj t aGg ;Sgxb5 .

/rgf, cleJolQ, efg' xdf k?iffy, jlgtf, hgdt, tGg/L, dgfefj, bfefg, clegj, zAbfaS/,
clfo clf/, cGtafw, dxfd08n, gj-kLfkG, zAb;ofhg, sflzsl, 1fguGsf s/f, sNktG,
jhoGtL, zAbI;Gw' lxdfnl u/f; , ;hv, cfnv, skg-afgZj/, ; ;fs, /h:yn, dfteld,
r tgf ;GbZ, zf/bf, gjdfw/L, zfNdln, pbo, ;DklfOf, ;ug, l; ;f/, lbofnf, oufGt/ cflb .

bfloTj jfa do kliti7fgsf cfhljg ;b:oxz

qf;+ gfd y/

kmfj g+

qf;+ gfd y/

kmfj g+

```
! cRoT k4 kfbh .lr6tgj
@= chg cfrfo{
# chg lj/lQ
$ clgn sf/inf
%- cd/ clwsf/l
^= cd/sdf/ kmfg
&= Clif/fd 8fæ
* P;=kl cf;f
(: k4sln nld5fg]
!:- sdnk;fb 1jfnl
!! snw/ sf'n]
!@= sbf/k;fb ;j]l
!# sz;/fh k4t
!$ s4ofk;fb a:ofn
!% s4of afp;]
!^ s4of e08f/l ddtff
!& s4of 1jfnl
!* vubj/vfj;f3/]
!(- v8uaxfb/ r4kfuf0f
@= lvdgfb cfrfo{
@! u4uf kfbh
@# u0fz 1jfnl
@% ultf sz;/l
@& u0f/fh sf'n]
@% ufsh clwsf/l
@^ k4fufks4of zdf{
@& u4jgk;fb l3ld/l
@* 3gzofd /fhs4ofsf/
@(- r4bbs4t cfrfo{
# 8f r4bbs4t 1jfnl
#1 5lj/dof l;njfn
#@ hobj/s4of >]7
## ho4tl :k4bg
#$ ho/fd zdf{n06h
%# h4jfgkfgl k4f/h
#^ h4j/fh l3ld/l
#& k4fh4jn ;fks4f
#* 6^s k4t
#(- 64sf/fd k4t
$) 64fgy cofh
$! 7fs/ zdf{e08f/l
$@ 8f th;l e4f/fo{
$# th;l/fd k408p
$$ thaxfb/ y4kf
$% b4j4 cofh cfF
$^ b4j4 cofh cfF
$& 8f g4l4f k408]
$* g4l4f/fh kfbh
$(- g4f/foof u4f4f/]
%= g4f/foof d4f;l;g4
%& g4f/foof 1jfnl
%# k4kntf cfrfo{
%# k4fk4E z4x
%# k4hfb s4s4{
%# k4hfb k4f4h
%# a4ns4of e4f/fo{
%& a4ns4of zdf{
%* ;>l eb4tdf/l 3n]
```

```
(*!#@!((
(*!$%)!@#
$$*%*&÷(*%!)^%$&^
$$@#0)÷(*!@%)$%@
$$^*^&÷(*!^!&$%
%%@*!)$÷(*!#*##^!
(*$@%)#
$@&#^%÷(*$#!!^@
(*%&)@!) (
%&!@%$^÷(*$!@(*%!$
$%($$$$÷(*$!%#%)#)
(*$%)@#*%@
^#(!!$÷(*$#)^(*%!%
$*!^!&÷(*$!%$%@%
(&$!)%!$@%
(*^)#@&&
$$*!$&÷(*$!#!!%!^
(*%!)(&^*
(*$$$$*)
^#)%!
$*@#)$÷(*$!%$%)!
$^@!#%÷(*%!!*%@@
$$#0!@÷(*%!!)@#)
$$%#*^÷(*$!$^!$^
^#%#)&#÷(*$@)#@&&
$%@^&^÷(*$!^)###$
$(!%@(^÷(*$#0#$$)
$$!)#(@÷(*%!)^@0!
$$&#*^÷(*%!)^*!
)&*%#)#*#&
(*$!@!^#&^
(*%!)^#0%*
(*$!@$*#*!
$#!@)@
(*$!*^#
(*$!@&@%!
(*%!)$)#
(*%!)#^!@
(*%!)%^^
(*$&#)#)
$$@)!÷(*$!@$%##!
$!)%*!÷(*%!)&#^!
$*@))@÷(*$!^@*(*%
)&!%0!&)%
(*$!$$$!#%
(*^@($%*%
(*$(!%!*%#
(*$!^&!*(
$*@0!)&÷(*$!#&(^
(*$!%$!#(@
%)$!#÷(*%!)&#*) (
$!)&#&$
$$&!@÷(*$!@&)%
(*$!#(&%$
$(!%0!&÷(*$!%#)!(!
)&!%0#($
$$#$$$!÷(*%!)%))@
$%)$!
```

```
%(- efujt cfrfo{
^)= 8f-efujt 9sfn
^! e4jgxl/ l;ubh
^@ ek4j4k;fb kfbh
^# e4f4f/4d
^$ d4of/fh l;*
^% dw;4gk;fb l3ld/]
^= ddtf zdf{gkfn
^& d4fb] k4y
^* d4wj l3ld/]6Efn
^(- ldq .p/f74 uf4d
&)= d4fg b4jfn
&! d4fgaxfb/ sfo:y
&@ d4fg l;6f4f
&# o1/fh 1jfnl
&$ ob4fn k4yf
&% ofbj e4f/fo{
&^ o4j/fh d4gnl
&& o4j/fh zdf{uf4d
&* 8f-/4gf4nl zdf{
&(- /df l;*
*) = /4j4b]cf4zif z4h
*! = /fh4z d4fgw/
*@ = /fd4r4b4a:g4
*# 8f/fd4k;fb b4xfn
*$ /fd4k;fb k4t
%# 8f/fd4k;fb zdf{
%^ /fd4axfb/ k4f8l
*& /fdz/of cofh
** /fd4z4j/l k4t
*( = 4b]zdf{b4v44
() 4b]1jfnl
(! = /4j4t4d4f k4f4/h
@= n4ntf b4f4
# n4dl k4t
$= n4d8l cfrfo{
%# 8f-n4j4k;fb lg/f4f
^= n4fs4b4p4xb4f/ r4b
&= jf;b4j p4kf4ofo 9sfn
*(- jf;b4j u4fuf0F
((- l4jho ;fu/
!)= l4jdn v4gn
!:= l4j4of4axfb/ l;*
!@= l4j4of4d4f k4t
!# l4j4of 1jfnl
!$ z^s/l4q4d z4x
!% lz4j l4f4l .ckl/lr4t
!^ z4f4f/h l;4j4sf4l
!&= ;s4y4kf
!* ;b4keb4jv4gn
!(- ;4j4b4k4s4z p4k4l
!!)= ;4;4j
!!!= xl/sdf/ g4kfn
!!@= xl/k4f;fb 6of4kfg]
!!# 8f- xl/x4k4p4k l3ld/]
!!$ x4b/fh k408]
!!!= x4f4z^s/ a4f4t4f4f
```

```
$!)%*%÷(*$!%&#!)!)
%@$&$&÷(*$!@&!@^
(*%!)%()$(
$$*&@%*÷(*$!#&!$
$$#!$%÷(*%!)%!$%$
(*%!!*#$(
($%)^&@&^
(*$!#&)!%
%%#)&*÷(*%!!&($$
$$#!%#&÷(*$#@!%#)
)*-0%#)
(*$!^#)$%
($&))$÷(*%!)!%#)
$$*!$&
(*%!!%)&&$
(*$&)@!$%
%@$@^$÷(*%!@#())(
$$@)#(!÷(*$!%@^&)
%%#!#1&÷(*$@!&$
(*$@!*$&
%%@%1@0
(*%!!^&&
$$(&#&÷(*%!)$&)*#
(*$!$!)*)
$$()$÷(*%!)*(^!#
$$^&^÷(*$!%@^)!&
(*$&)$#!*!
(*$!&!)&%@
$!)$)%%÷(*$!%#%@
(*$(*(((
)&!%0!&1&÷(*%&)@$%!&
(*%&)@!)#&
@!)@!)@÷(*$!@^())*
$&*)^!÷(*$!*)@^
$$^&^÷(*$!$&@! (
(*$($@#)
(*!&!@&!@
^#^#(÷(*$)$$%#^*
$$&@%#
(*$!^&!(
(*$&)%%&*
(*$!%&&#&
$#&)$#0÷(*%!)@!*) (
(*%!)&$$^
$#*@%#÷(*%!)^)&!
$@*%#1#÷(*^#^@%&
(*$!$%#%*
(*$#)!#!*
(*$!#*%!@
$#^@)@
$$&*!
%@$$(#!÷(*$!^())&$
$&*!$%)÷(*%!)#&^$
$&&)%@÷(*%!!&)@#$
$$*!%$÷(*$!%!(%)@
^#)&%!÷(*$!*)%*&^
(*$!#^&^
```

bflotj ;dfrf/

„P6hflG6sb]v kpfGt dxf;fu/ ;DdU s[t nf\$flk{

@)&(c;fh !), sf7df8f .

bflotj jfa^{do} klti7fg, gkfnsf cfofhgf tyf jl/i7 ;flXTosf/ >L ;a ;gsf kplv cfltYodf z/b lg/fnfâf/f /lrt „P6hflG6sblv kpfGt dxf;fu/ ;DdU lgofqfslt Ps ;df/fxsf alr nfsfk0f ul/of .

klti7fgs ejg a^g-kf=* df 36:yfkgfsf zê cj;/ kf// ;DkGg ul/Psf ;f sfoqidsf kplv cltly>L ;a ;gn eGgeof- cdl/sdf a;/, sfdaf6 ;do p3fP/ gkfnl efiff;flXTosf ;jf ug>L lg/fnf ;flRrs bzeQ JolQiTj xg . pgn u/sf ;Tsdn hggL / hGdeldsf nflu 7nf ofubfg xg5 .j



sltdfly ;dLIffTds dGtJosf qiddf 8f-nvk{fb lg/fnfn sltsf pkfbott af/ rrf ugePsf lyof eg eldsf nvs tyf lgofqfsf/ >L kjg cfnfs nufot slj 7fs/ zdf e08f/L / 8f- /fdk{fb bxfnn zêsfdfg dGtJo lbgePsf lyof .

;fxL cj;/df dGh' lg/fnfâf/f /lrt oyfydf cdl/sf-@ lgaGwfTds sltdfly cGt/lqof klg ul/Psf lyof / jQmfsf ?kdf kl;4 cfVofgsf/ eflu/yl >i7 / kf- dfwj l3ld/n kltt slt cdl/sf lrgfpg pkoful ePsf s/f pNnv ugePsf lyof .

bflotj jfa^{do} klti7fgsf cWOLF /fdk{fb kGtsf ;efklTj tyf slj ofbj eG/f0sf pb3fif0fdf ;DkGg pQ sfoqiddf xfn cdl/sdf a:gePsf lgofqfsf/ >L z/b lg/fnfsf lel8of dGtJo ;gf0Psf lyof eg oyfydf cdl/sf-@ sl nlvsf >L dGh' lg/fnfn klg cf^gf cgejx{ ;gfpgePsf lyof .

;fdlxs clegGbg

;fdlxs :d[t ;ef

@)&(c;fh * ut

gkfn ;lf ;dfhsf cfofhgdf bflotj jfa^{do} klti7fg nufot #* ;flXTos ;yfx?âf/f kl;4 cfVofgsf/ >L k/z'kVfgsf afhfufhf ;lxt eJo{kdF clegGbg ul/of .

@)&(sflts ^ ut

jfa^{do} ztfAbk?if ;Todfxg hfzLsf !)# jifsf pd/df ldlT @)&(c;fh #) ut lgwg ePsf n ;flXTos kqsf/ ;3sf ;ofhsTjdf bflotj jfa^{do} klti7fg nufot #* ;flXTos ;yfx{sf tkraf6 :dlT ;efsf cfofhgf ul/of .

;flxTo-0GbDfl

Ps xftdf lr rl c sf kf



gl/fhg dflpuNo

sk8f
p3fbf t
glnf cfvf
ePsl 9f8L
la/fnl
kf
/lx5 .

b0 xktfcl3 cdl/sg ;fyl Gofc;L;u d/f kgll e6 eof . aofnl;
jifsl, uf/L, ;nss k/sl, 5l/tl p:t xl;nL Gofc;Ln dnf0 cf^gf afsl
pd/ / ofhgfsf s/f kofkt ;gf0g . 3/L3/L dgdf cf0/xG5, cdl/sgx;
lsg To;f u5g

dn Gofc;Lnfo ;bfj lbg p2Zon eg, clg tkf0sf ;dfhdf
a9;sf n ePKl5 PSnfkgf cfef; x6fpg l;hgfsf dfudf nfbf hljg
ce ;Gb/ xt5 lg l lsg s5/ / la/fnfnf0 5f/L5f/L agfpgk^of <l dn
pgl;u hf8 lbb egf lyP, l;hgf h:tf c;n ;Gtf hljgdf c; s
xt5g / ;hsn t a9;sfnsf PSnf pd/df kl PISnPsf dx; ; ugkb
lg, xf0g <l Gofc;L ghjfk ly0g .

cdl/sl hljgsf ljifdf cdl/sf a:g ;flxTosf/ d-h' lg/fnfn
klg cf^gf k:ts oyfydf cdl/sf efu-b0df pNnv u/sl /lx5g,
sltko cdl/sgx;n t cf^gf cst ;DklQ ltg knsf s5/la/fnfnf
gfddf /flvlpPsf 36gf klg ;lgG5 . o; k;Edf lg/fnfn nvsl l5g,
Pslbg Pl6s 6fj/df a:g /fhn, d/L aal Psbd abdf; 5, vfg kl
vf0g . eGb kltkftpg yflng . o:tl a9Ln klg 5f/L kf0l5g ls Sof
xf0 eGg ;fr dgdf . Pslbg aRrfnf0 u8fpg :6fn/nf0 sk8fn 5fk/
u8fpg ly0g . dn x/f t lldl aal s:tl /lx5 . eGb sk8f p3fbf t
glnf cfvf ePsl 9f8L la/fnl kf /lx5 . bVglalQs tl;P klg .

Gofc;L / lg/fnfnf Psvfn s/fn d/f dgdf csvfn ljr/
hgdf . hf ToxL l;hgfsf dt lyof / 5b5 . o; dtdf Gofc;L ghjfk
ePsl ly0g . a? pgn xf:b egsl ly0g, c;sf t lhDdf lng ;lSbg t/
d cfkrlfx a9;sf n;Dd klg aflr/x eg tkf0sf ;Nnfx Toltv/;Dd
;lDenP/ kfngf ug5' . Gofc;Lnfo d/f csf ;bfj lyof, ; aaf6 PISnPsf
a9;sfndf s5/la/fnf kn/ ltgsf :ofxf/, /fuAoflw, cGo ef/L vr,
ljljw tgfj, tl dbfsf zfsf:tf cgs afe lngGbf ;flxTo l;hgfnf0
lkb ;Gtf agfP/ hljg g wGo kfg xf eg ofklS clxNoblV ?lr /fVg
ugk5 . gq PsfPs x?? sx l;hgf hlGdg xf /

d/f s/f ;g/ pgn d:s/fpb olQ rflx elgg, c t x l Ps xftdf
lr rl csf xftdf kf

e-mail: nirajan.timalsina1@gmail.com

l:glw pkf;gf

■ rGbdl0f clwsf/L

!

cx f l:glw pkf;gf
ls/0fsf pbjudf of kn
bv pQd efjgf xh7df
;fhGosf eNdn
lgDtf ub5'kPddf kPltdf
gkfndf cfpG
OR5fdflks jf~5gf no
;kif z^auf/ Nofpg .

@

bv eNdn lbkt xf/
;lsnf d'sfg hf cf7df
6f9f jT; 5 jT;nf
cgejl uf0 al;g uf7df
/Tgf efjljef/ k9g
sljtf /flv5g vā bVvn
;jfdf zlr tf pkl:yt
ul/g leSb gof cSsn .

#

5fksf 5 lkof/ s08
ulx/f dnf vhf eNdn
tfstf ul/of ;dkl
a;f; df of ceNdn

hf d'sfgdol ljlzi6
dlxdf d'sfg 5g cf7df
xAaf ub5 jT; 5g ls
s;f uf0 a;L uf7df .

\$

xL/f xf/ jxf/ kPl ;lsnf
blvG5 DofGdf/df
;f^aufk^au syf ljgfb
el/nf cflrTosf ;f/df
cfvdf glaefpg plrt
dfwb dnf gof
ug e6 5 rfxgf crDdsf
;fljWodf ;fwgf .

%

>4f lbG5 ;frt 1fg ulx/f
xf; gd^ltf dfgdf
kfPsf zē oflotf 5
sljn pT;fxsf :yfgdf
;fyl dfg 0dfg wd
;lsnf xf; Wofg ;Ddfgdf
lhGbfugl xbg dfg k5tf
:jfyL cx^asf/df .
