

k] sfplG; n gkfnáf/f /li6@:t/sf]-s\_ ju@f jul\$[

# j hOGtL

j if{!# c^s ^ kOf@s &@ l'wfs]b; ; flxllOs klqsf @)&& kniug-r@

; +yfs  
j; Gtsdf/ zDdfgkfnU

; #lfs  
/fwfb]L zdf{

lgb]zs  
ljgostdf/ zdfgkfn

klwfg ; Dkfs  
&fs/ zdf(e)\*f/l

; Dkfs  
ofbj e^v/f0{

; xofjul  
sdnf gkfn  
dxzk| fb l/hfn  
efef zdf{

cfef zdf{  
dft\$[ cfrfo{  
ljej gkfn

klsfzs  
zAbfy{k\$szg  
rfah, sf7df8ff

### Shabdartha Prakashan

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; \*gf Mj hOGtldf k\$flzt /rgfs]; DkOf{lhDd]f/ :jod'ny's g}xg\$g\

# : DkfbS lo



• gkfnl ; flxTosf ; j fdf ; dlkt j hoGtl lj wf sJbT ; flxltos klqsfSfjnlo egjsf gkfnl ; flxTof lj wfut ; j 4g / k4g ugxf.

• gf6s÷Psf<sup>a</sup>Sl, rf8÷kj { ; +s|t, lj bZofqf / : j bZofqf, kj { d|t, /fli6oJolQmij ; ; +d/Of, lgaW, dQms, ult, uhn, uBslj tf, 5Gbslj tf, n3syf, syf, n3pk6of ; ; dlff cflb kfr ; oebf w} ; i6fsf cgs lj wf pklj wsf xhf/f/rgf k\$zfz ul/ ; sJf ; j lj lbt}5 .

• j hoGtl klqsf lj wsf bbl klqsf ePsf{xgn}clxn}5Gbslj tfsf kfnf cPsf 5 . gkfnl efiif- ; flxTo dfq ge0 ; + f/sf hg ; S)efiif- ; flxTo leq ; aP6bf w/n}vgj/ 5flkgj lj wf xflj tfsf lj lj w lj wf-pklj wf . gkfnf slj tfsf dQm/ a4 no b0 ; kdf slj tf, sfJo, v08sfJo, dxsfJo cflb n}vb}cPsf 5gl . j hoGtl n}klg 5Gb / uBsf ; kdf slj tfsf lj lj w ; k dQms, uhn, ult, uBslj tf / 5Gbslj tfsf c<sup>a</sup>sx ; lgsfN} cPsf ; j lj lbt gj5 . o ; df sltko ; i6fx ; n}ckf lnt 5Gbx ; sf kpfu ugePsf 5, Tof slj s}lhdf lbb}k\$zfzgd NofPsf 5ff .

• cf gfnlo cgsh j hoGtl n} ; Dal6wt lj wsf hfgsf/L j hoGtl lj wf sJbT ; flxltos klqsf / j hoGtl ; flxltos klqsf gdfs k} as leQaf6 lb0/xs}5 / o ; } cgsh nj /rgf ; klg k}t ul/xs}5 .

• j hoGtl n}o ; cl3 5Gbslj tf c<sup>a</sup>ssf ; kdf c<sup>a</sup>s % , \* , !& , @# , #) , #^ , \$@ , \$\* , %\$ , ^^ k\$flzt ul/ ; sJf 5 / clxn}of & @ c<sup>a</sup>s klg oxf ; sf xtdf cPsf 5 / o ; c<sup>a</sup>ssf & # slj tdf .dfIngl, k}j L, 0Gbahf, eh<sup>a</sup>ukof, zfbh lj qml8t, cgl6k} btf, djsf, d6bfm}tf, pkhlt, k-rrfd/, bj sl, t0fs, ; w/f, dlb/f, kx0fsfnsf, j ; Gtlnsf, lzvl/Ofu cflb 5Gb kpfu ePsf 5gl .

• j hoGtl n}f0(df of u/ cf^gf /rgf pknAw u/fpgxg) ; Dk0f ; i6fx ; df j hoGtl kl/j f/ xflbS cfef/ k\$6 ub5 . o ; sf ; fy}cfufdl lbgdf klg ; Dk0f n}vs ; flxTosf/ Pj +k7sx?af6 :gx ; befj / ; xofu k}t xg5 eGdf xfd lj Zj : t 5ff .

• zAbfy { k\$zfzsf } j } ; f06 <http://shabdarthaprakashan.com> j f <http://nepalipublisher.com> sf ; fy} <http://www.khabarinepal.com> sf Hotlink df j hoGtl sf ; a}c<sup>a</sup>s . 8fpgn} ug{ldNg}u/L /flvPsf 5gl

; :s|t-!, kj {d|t-!, n3pk6of; -!, rf8÷kj {!, gf6s÷Psf<sup>a</sup>Sl-@, ult-!, lj bZofqf-@, dQms-#, uhn-#, /fli6o-JolQmij-%, n3syf-\$, :j bZofqf-\$, ; ; +d/Of-^, uBslj tf-^, syf-^, lgaW-& ; dlff-&, 5Gbslj tf-!! c}6f c<sup>a</sup>sx? lgsfN ; sJf } ; flxltos klqsf j hoGtl sf } & @ c}6f c<sup>a</sup>s uhn-\$ xg5 .

# o ; c<sup>a</sup>sd f

slj tf qnd	/rgfsf/	k}7
!= ; xofqf	8f= cnsf cfqb r8fn	%
@= zxlbsf lrTsf/	0Gbs'df/ > j7	^
#=ldq 0	pQds}Of dhupf	%
\$=d ; fgl khf/L	pkdf cfrfo{	&
%=gf/L	Clif/fd e' ; fn	*
^=zsfellozfnl ag	cf}dk ; fb sf0/fnf	(
&=lj ; kmf6t eof}lsg <	snflglw bxfn	!)
*=g/lkzfr t/f} h'gl	slj tf bj sf6f l/hfn	!!
(=d nfuf	slj /fh l3ld/	&
!)=zfnufd	slj /fh kf8}n	!@
!!= ; ltsf} kftn kj jz	sf}Ofk ; fb a: ofn	!\$
!@=sygl s/gl of6}	8f=s}Of e08f/L .dtd'fl	!^
!#=d p7'f n'sJf	vufb} v}N ; f3/	!&
!\$=cl: dtf aif ; \	uEf cfrfo{ ; fks}6f	!&
!%=j fudt ; Eotf	uOfzk ; fb vlt j 8f	!*
!^=l ; h'gf zlQm	ufoql'sdf/ r}kfuf0	!(
!&=k}d	ufoqlbj l ltdln ; gf	@)
!*=xdl afR5f}bz gkfn afRbf	ufj }6bk ; fb l3ld/ j }bdlof	@!
!(=xb)xbg slj tf	8f=3gzoffd }ofkfg .kl/>d}u	@@
@)=klxn} gh/df sle	r6bsf6t cfrfo{	@#
@!=bjvbg c}kmi"	r6bk ; fb }ofkfg	@\$
@@=ltdf ; fy k}P/ , lj zfn 5ftl	hgfbg clwsf/L w8\$sg	@%
@#=zxl b	hlj gxl/ zdf	@^
@\$=p7/ v}n agr/f	hlj gfy clwsf/L	@&
@%=bDe	hubLj / @=k}v/n	@*
@^= ; f}w lsNnf arcf}	6 <sup>a</sup> s/fh 9sfn .ltdkftu	@(
@&=k}tlff	7fs/r6b} zdf	#)
@*=ca b}z v}0	7fs/ zdf e08f/L	#!
@(=s ; sf lglDt x} a6a	l8Nnl/fh cofn	#@
#)=kl/j tG	ltn: dl k}ef ;	##
#!=k}d	lqn}rg cfrfo{	@!
#@=e}OfxTof	bjj' n06}n	#\$
##=b}z leq	wj s'df/ y}kf	##%
#\$=v} s} eof} s} eof}	g/fb/fh kf8}n	#^
%=km/Pg b}zsf dxl/=	gf/foOf 1j fnl	#&
^=cfxj fg	gf/foOf lg/f ; l	#*
#&= ; fy}stf	8f=gf/foOf lg/f}nf	#(
#*=c}dfsf dxldf	gf/foOf gkfn	#\$)
#(=bfloTj sNn}lng} <	gf/foOf k}v/n	#!
}\$)=km ; fb	kbd bxfn	!@

\$!= kff9-tf kln xG5	k'; iffQd l; Ubn	\$#
\$@= snf	k'sfzdl0f bxfn	#%
\$#= lbbsfj ; ; /fnnj U	k'ef e6&/f0{.cfrfoj	\$\$
\$\$= zllGtsfj Hofjt rDsfj; \	k'dgf/fo0f e'; fn	\$%
\$%= gf/l	k'dk'sfz snfgl	\$^
\$^= ufxl agj ; Gb/	8f= adaxfb/ y'kf .lhtfnll	\$&
\$&= cfknt / k/f0	afnsj0f nfd5fgj	\$*
\$*= ; ^\$Nk	ag"nfd5fgj	\$*
\$ (= a4Tj kfpnf ; bf	euj tl cofn kf08j	\$(
%)= rbl	e'j gxl/ l; Ubn	%)
%!= o: tfj agfj; ygos	d-h' d-h'e'flif0f	%!
%@= Toj cx^a\$ / efufj; \	8f=dw; bg nfd5fgj	%@
%#= cfs'/f	dxfbj clwsf/l	%#
\$\$= z'e ahf eofj ca	ldqnf n k'fgl	\$\$
%%= gkfn} cfugdf /dfprf	d's'eb zdf{ rfn; }	%%
%^= : j : y 0R5f pdf/fj	d'gf cofn	%%
%&= ; ^\$iff	od /ldl	%^
%*= lg?kd ; f'bo{	/dlz e\$ /f0{	%&
%(= qf;	/dlz ; dyg	%^
^)= g'itf?k'lt	/lzd e6&	%*
^! = slnsf ; 'v-sfdgf	/fh'bb's'df/ ah'lrfo{	%(
^@ = ; Toafw	8f=/fdk; fb 1j fnl	%(
^# = s'f/f'g	/fdk; fb k'Gt	^)
^\$ = cem n'Vg afsl	z'bl 1j fnl	^!
^% = d'Noxlg clt t	/f'lx'lof /l; s	^@
^^ = cfufj t'f'kg' afgl	8f= n'v'k; fb lg/f'nf	^#
^& = cf'g'eb a'x'd'f'g'eb	j ; Gt's'df/ z'd'df{ g'kfn	^\$
^* = af'n/ k'f x'G5 s'j <	l'j gos'df/ z'df{ g'kfn	^%
^(= kf0nf	z'j'fd'lof c'frfo{	^!
&)= slj n'v'gfy	>lx'l/ k'nb'fn	^^
&! = cd'No ah'f	8f= Zofdk; fb Gof'k'fgj	^^
&@ = Pstf	x'l/z'Of 9^a'uf'g	^&
&# = cd/ slj t'f'df slj j /	x'f'd'g'fy z'df{	^^

:yfol :tDe

cfj/Of lrq M cge'lt uk'tf, pQ/k'bz, ef/t  
k'5f/sfj k'f'fj M  
5Gb lj w'fg M ; f'd'fo kl/ro 7fs/ zdf{e08f/l &!  
g'k'fn'sf s'xl k':ts k; nx? M &^  
zAbfy{ k'sfzgsf k':tsx? M \*)

**ca x'd'j k'nfj**  
ax/a4 uhn c^a\$, lga'w c^a\$, d'0ms c^a\$ .

**; xofqf**  
**8f= cnsf cfqb r8fn**

tg dg wg Ps} efs lgbf / kl/  
b'v ; 'v klg Ps} e'fj esf/l / gl8  
lbg lbg w/0f'ldf j if{ w'j} latfP  
; a 3/ g/gf/l e} u'k: yl rnfP .!  
  
x/ x/ x/ ub} s'fn cf0{ p8fofj  
wk wk wk a'Ngj k'jd aftl lgefofj  
x/bd ; u l'x'8'g'j ; fy ofql aufofj  
slt lg7/ 5 e'fj l Ps ; fyl x/fofj .@  
  
s'g t/x u'k: yl rN5 PSnfj eP/  
lsg a'em'g'f la/f'g'fj x'G5 h'f'8l ldnj/  
hlt lbg dl'x'g'f j f j if'q'f k'jd a: 5  
plt lbg dl'x'g'f g'j j l'bg'f leq a: 5 .#  
  
/y s'g ult l'x'8'nf r'qm e'f'f' / Ps  
aon klg h'j fdf ; l'gw g'j cl'at'lo  
gog o'un h'f'8f ; fydf dfq /fd'f  
j / / l'kkn k'j'dl old c'fbz{ x'd'f' .\$.  
  
od lsg clt af7fj b'd'k'tl e'f'f'rl'bg5 ; \  
lzj / l'kp ; t'ls'fj ; j kg e't's'f'0'lb'G5 ; \  
cnu kl5 x'g'j g'j x'f' e'g'j Joy{ h'f'8  
; u olb g'x'g'j g'j x'f' e'g'j Joy{ d'n .%.

hn-yn-gerf/l'sf l'tdl Ps etf{  
; sn hutsf x'f} c'fo-c'f'/f'lo-s't'f'  
s/ o'un h'f'8l x'j k'efj 0li6 u5{  
; xr/ olt Ps} ; fy n'h'f'p'm e'G5' .^.  
5Gb M'd'f'ng'l leogf, cli6of .

yy

**ldq 0**  
**p0dsj0f dhu}off**

xj 0'z 0 of'6} j /b'fg b'j'p'm  
/f'V'g"dnf0{ l'k'p' l'dq5'p  
ol Nofp'5'g'h'lj gdf ax'f/  
v'f'N'5'g'goff l'r'G't'gs'f h'x'f/ .!  
  
k'bf{ goff o'0m a't'f'p'5'g'ol  
g'y'f'z'o t't's'fn 36fp'5'g'ol  
p'G'd'10ms'f ; fy x'f' f'p'5'g'ol  
d'f / ; a} c'f' ; ' ; 's'f'p'5'g'ol .@  
  
c'f'z / p't ; f'x d'leq e'5'g'\  
ol k'i'k'em'f v'f ; ; u'Gw 55'g'\  
x'j / G'g k'j ; f g t n'fe-x'f'lg  
; b'e'f'j g'f x'f' l'og's'fj nuf'gl .#  
  
5'g'v'nfv kl8f t/ of'f'lo ; fyl  
h'e'f'5'g'h'g'j s'i6 k'?g'd'd'f'ly  
d'f / ; d:of xn ub'5'g'ol  
t^a'w/ p7'g'j an eb'5'g'ol .\$.  
  
af'N'5'g'c'x'f 0 ; Gb/ e'f'j 3'f'fnl  
a'G5'g' ; w'f c'f'j'f'w l'di6 af'fnl  
; b'e'f'j g'j a'G5 7'h'f'j ; x'f/f  
n'f'U5'g' ; a} b'w' l'56} l's'g'f/f .%.

x'f' / af'f'g'j g'j c'f'z eb{  
c'f'g'G'b af'f'5'g'k'l/x'f ; ub{  
c'fn:oh: t'f' l'j if ol p't'f'5'g'\  
h'lj Gt d'f'f' k'l/j'z k'f'5'g'\  
5Gb M'0'G'b'ah'f b'f^a .

yy

# OGb|s'df/ >|i7

zxlbsfj IrTsf/

d'bf{ zflGt lyofj oxff d'n'sdf rfk6 u/|sf lyP  
nf6f aj; lyP ; a) ; lxlbgj cfzf d/|sf lyP  
cfdfsfj boglo ?Uof ultn] 5ftl r/Ss} e0{  
d]n] cf6 u/fj /fw ann] cfj zdf g} u0{.

; Qf zIQm lyofj ptf ch<sup>a</sup>sfj d) Ps b'Anfj lyPF  
ks| bMw lbP lg ./fi6kk|psfj s] bffj xj U elGbPF  
cfkn<sup>em</sup>+c? Idq 6Gg ylkbf emg\hfz a9b} uofj  
s] 5f8Xofj U cem 3f/ si6 ; xb} d/fj t Hofg} uofj .

bhf{ldNg uofj .zxl b U dg ofj s: tfj xn<sup>E</sup>fj eofj U  
cfTdfn] ca zflGt kfpG ; Sofj cfzf pxl g} lyofj  
3Db}df ha xfn a%g kluofj b/af/ ; /sf/sfj  
/fP{lvGg ePf d/ klg v} U cfTdf hnl g} /Xofj .

.t/fj Tofu eP lg/y{s ptf ; fg} 5' gs}t/  
P]n] hfr 38L eofj al; /x} ofj af/ : j u}g/ U  
/fVofj hfj od/fhn] x7 u/L xf/td tf zt}f  
a9b} b}ze/L s'zf; g ; bf d} 7]nPFgs}df .

3f6L; Dd 8'al d b}V5' /ldtf gfE}fj 5 hfqf ; w}t  
hkt}df .hgtf U u/L cxdtf : j fyl{ 5 ofqf ; w}t  
d/}enf c?sfj lg ?i6 dgsfj xHhf/ IrTsf/ 5  
eGb} 5g\..cu}f x} U /fif; e0; \5df y'Ss U lwSsf/ 5 U

.P U sfxl ca cfp5g\ s U elgofj cfzf u/L x}/ofj  
gf6} L clg bZo /E /ldtf df-kf\_g} goff knj/ofj  
xfdfj wp{ 6'6dfj lg ofj g/ssfj 9f]sf knbfnlsg  
csfj hGd ln0{ clt dg eofj g}kfndf cfpG .

5Gb Mzfb}hj qml8t

Y

sdnfs'-h, cfjvn9E}f .

# d ; fgl khf/L

pkdf cfrfo{

g efj 1fg lj 1fgdf l:gfw Ir0  
; bf Pz cf/fdd} Ir0j Q  
cgfof; g} rjtgf ; Nanfofj  
st} lbJo OR5f 6' fP; /L efj .!

6'; f pd}bdf ; ; fg} t xG5g\  
hn] dn] ; xl j |lf aG5g\  
oxffue{eq} eP sfj / 1fgl <  
tk: of u/} agj lj 1 Wofgl .@

lxdfnl w/fsf u/fdf rxf/L  
d /Db} 5' ; f}bo{ ; f/f lgxf/L  
s; }sl d 5f/L s; }sl a'xf/L  
goff; hGfsl d ; fgl khf/L .#.

d aRrL snl sfjknf k'k/fgl  
3'dl cfuglleg /Dg] 5 afgl  
d'gf Ps a9b} 5 nfnlu'f;  
j g} uDd uDsfpgj k0f{ cfz .\$.

; wfsf 38ftNo hfj lj 1af6  
d l; Sb} ; wfb} 5' cf^gfj lj rf/  
d afnfgfd} 5' ub} 5' tftj  
a8fn] glh: sfpg; \afN5' tftj} .%.

d rfx65' ; b}efj gf /E Nofpif  
; a} lj Zj ; b}efj n] g} /ufpif  
kvfn/ b}efj d}nfj aufpif  
dxffo}tn] lj Zj ; f/f ; hfpif .^.  
5Gb Meh<sup>a</sup>ukpft rfj lxn .

Y

# d nfu}f

slj /fh l3ld/

ofj b}z aGj5 eg/ nfu}f  
pGdIQm xfnf / eg/ nfu}f  
`g\`g\p}w}f allg uP5 b}z  
a}sf/df glg eP/ nfu}f .!

gjt}j df kU5' eg/ nfu}f  
zIQm / ; fdYo{ e'6/ nfu}f  
pN6f] eofj ; fjr gsf d P]n]  
}ofn] l; }ufgj kI5 `g'd nfu}f .@

lbb}g df}sf hlxNo} d nfu}f  
5f8b}g ; Qf ; xh} d nfu}f  
s?k aGbf klg kf9 dfGb}  
a}sf/df d9 ag/ nfu}f .#.

lkP/ kfgl /geNn nfu}f  
efG; f u/fP/ l; n] / nfu}f  
a9f}pb} k}b ; w}uP tl  
; n}Ss ; 'Sb} lsg Joy{ nfu}f .\$.

yfx} 5 sfnfj dg b}V5' nfu}f  
e}6Gg s}xl / c `} d nfu}f  
gzf eofj ofj ca /fhgl t  
w}fsf 5 vfnl lsg knj/ nfu}f < .%.

l; }sl ; /L e} tgn] d nfu}f  
nfrf/ aGbf c ` hf8 nfu}f  
pk} c? efu gkfpb}df  
cGw}f eP/} d t 9Ss nfu}f .^.

5Gb M0Gbjahf rfu}g/foof, eQmk/ .

Y

# gf/L

Clif/fd e'; fn

gf/Lnf0{gx|k|f x} 0 lg/lx canf egl  
lbl5g\^tl h6d wtl{df x'g\ Ddf|gt g} logl .  
cf6|df kfb{5g pAhf affem| hluf u/f klg  
; xlg5g\ol ; a) kl/ wp|zfnl ; bf agl .

bW lknfpg| gf/L a6bl5g\s'n wld0fl  
>lsl dfins nldl lg :ql log} db-sfidgl .  
; Rrl/q ; 'zlnf / bofn' a6bl5g\ogll  
zlSt / 1fgsl ; |ft ; /:j tl ; wL logl .

5f/f xbf v'; L; fy af8b5f/ / 0 v'j f klg  
5f/L xbf b\vl x65f|nbgf/ / 0 r'j f klg .  
k'q eP v'; L x65f|kujh: t} 5 :j u{enf  
k'ql eP b\vl x65f|kujh: t} 5 gs{enf .

cdfd lbb| / agl tf dfofd) a|b5f| c/ / 0  
5f/Lsf| yfx e; Sbf ue{d} ; |b5f| c/ / 0  
; a)nf0{ lbn|/L / axf/L klg rflxg|  
lsg x|f h6d|bf 5f/L < c>wf/f auf0g| .

b|Jo vfr-f| eP nldl kH5f| vfr|b} lznf klg  
bl/nf| xgkbf|df vfr|H5f| / 0 sf|nsf klg .  
kqlaf6) ePsl t x'g\^tl sfbDa/L klg  
ca'em gagf| gf/L xlg5g\^x} 0 anzflngl .

a9f| \ Ddfg 5f/Lsf| gag6\ca lga|n  
; dfhn| slxNo) lg gagf|f; \n b'a|n .  
sNdif ; a k|of|s| ldnf|; \kOf|lg; fkm lg 0  
Jo| x|/L t'nf|; Dd} e| ldnf|; \t lx; fa lg 0

5Gb M cgl6'k\

uNdl, xfn M r6b|lu/L-!% sf7df8f|.

YY

# ; feflozfnl ag

cf|dk|; fb sf0/fnf

vfr|bf zfl6t czfl6t b|V5' w/tl ; 'zfl6t v} e|f t/  
kl8f dfq ; x|/ dfgj ; bf e|f|b} 5 x} x68/  
cf^g} : j fy{ 5 5g b|z lxtdf sf|xl st} tTk/  
csf|sf| pksf/df ; hu e|v} sfd sf| u5{/ < .!.

Toful a6g ; s|g a6b5 sx|f of| b|zsf| ; j| s  
: j fyl{ e} ukm u5{ u5{ emu8f df6b} gdfgl ws  
af6| a|u/ lx8g ; S5' s; /L u6tJo la; |kl5  
df6| p|j / x6g x6g hudf ; Tsd{ Tofu|kl5 .@.

/fd|f| ; b|oj x|/ u5{ s; n} of| /fi6sf vfl|t/  
o: t|f p|H|j n dfydf x|podf s| x6g s| cflv/ <  
af|nl|n| Jo| x|/n| dg|htf /fd|f| g/fd|f| x'g|  
x|fnf : j R5 lj rf/s|f x|pos|f d|n|f kvfnl w|g| .#.

ug| h|fu/ ; lkdf ; km|tf e|f km|h kmq|65 / / 0  
hf8f|df lhp|Hofg hf|vd x|bf df|g; sqm65 / / 0  
6ofg|f 5g n'uf e|g| ; sns|f aaf6 kfg| tg  
df65|s} dgleq a:5 ; x; f b'ef|j e} b'hg| .\$.

P df65| 0 p7 b|z ; j| s x|b} c|fpm x|f; fpm hg  
n'6g| sfd u/ / cfhg u/ / g|f|; 65 kSs} wg  
cf^g|f x|f; \c?sf| ldn|/ 3/sf| /fvf|f; kmf cflug  
em08f km|k|f r|Dsof|; \uugdf ; feflozfnl ag .%.

5Gb Mzfb|nj qm|8t

skg km|sf, sf7df8f|.

YY

# lj : kmf6t eof} lsg < snflglw bxfn

tgS} zfgsf lglDt : j fy{sf j xgf l6kl  
 cSf{sf dgdf 3fRb} j xG5g\dgdf l9kl U  
 Vofpg] ; lk So} 5g nfen] vfH5 Vofpg  
 g hfGbf ejndf xNnl vfH5 Toj kn Rofpg U

lxnf} bNbnstf ef; efl; P/ uP klg  
 ; Dkg] : j fy{sf ; fyl dfi; P/ uP klg  
 nfes} uxgf kYl cf; 'df nTkt] klg  
 tg: j fy{p7}S} 5 cSf{ ; fkm hn] klg U

l5M5M5M5nsf 5fof sfnsf sn bZdg  
 cft cft hn]sf 5g\Aofemf0{ tg bZdg  
 cfkm'kfpG'sf] d: tl d: tldf c? s] 5 s]  
 xg] cfvf gp3]sf dfG5] x'g\ c? x'g\ s s] <

/fi6«hW5g\o; Jeq /fi6Wlo lf log} g x'g\  
 dGqL, gJtf ot} xfdl db5g\5g l5G5g  
 hN5g\kTnf wj ff p85g\ufnl tfnl 5/L 5/L  
 t}klg lbnsf glq gvNg] lsg ; ': t/L <

agl xgVf}zgl agl bfh' x'g\dx/f klg  
 s] ef] s] ef] st} s'; l} tg : j fy{/x]5 lg U  
 tf/f agl ly0g\bfh' lyP chg chg  
 nyfln<sup>a</sup>u eof] ; f/f tg g} tGsl tGtg U

vfG; nfpG'sf] : j fy{clg 3if0f : j fy{sf]  
 lng] lbg] bj} : j fy{hd} of] tg : j fy{sf]  
 b]Vg] b]Vfpg] : j fy{cem : j fy{/j fkmstf]  
 sl/f / e; 'gfeGbf 5g cnlu : j fy{of] U

# g/lkzfr t/f] h'gl slj tf bj sf6f l/hfn

cx] U slt eofj x l: ylt aGof] 6'60f] cf; Toj  
 ; 'g/ ; lg; Sg' 5g 36gf ; wf qf; sf]  
 : j ?k 5 dg'iosf] t/ 5 bfgj l j lQ xf U  
 x'g]5 slxn] lgj f/0f s; f] u/L of] oxff .!

s7} lg/k/fwsf kl5 n's/ g} uffb5; \  
 aGof] au/ j fl6sf lbgxf sf]knf rBb5; \  
 ag/ ; kgf ld7f] v'z 5 zGo lrGttf/  
 lgd]ife/d} lgd]7g uof] ; a} ef] k/ .@.

; 'sf]dn 5 sf]knf klg gkfpG' kmqmg  
 ; hfo lsg efl]gk5{ logn] lj gfsf/Of  
 n16; \  
 sn cl: dtf db / bDesf] /lfs  
 aGof] 3]0ft sfdn] dg'hsf] h'gl e lfs .#.

; lsg5 olb ug{g} e'j gdf eg] kf/v  
 lj klQ hgsf] x6f ta t ldN5 /] uf]j U  
 5 k'0o pksf/df hlt ; lsg5 ug{enf]  
 k/ l} k/l t a14j zdf alg; \x] vn .\$.

dxQ\ ga' L oxff clt ul/; \cx] Hofbtl  
 k/Gt' blxtf eg] an / ; f]t x'g\cf6sl  
 5 a%g' hgn] : j od\k/d ; To s] xf] < egl  
 k/Gt' tf rls; \x] U g/lkzfr t/f] h'gl .%.

# zflnujfd

slj /fh kf8jn

sfnl ltdf t6lg/ lznf rldSPsf tdfd  
9Ef xg\of cd/k/sf bj cftdf; dfg  
a; l{ 5fP lzv/t6df :j l0fdf lg ^{Ln}  
5fPsl xg\as t gj k/l zjns l ; Gb/Ln] .!.

klul clnf lxdlzv/n] blw wf/f bxG5g\  
b\vl ltdf cgkd 56f zn-zEf/ ;G5g\  
dbf{ ;fwj l cl3lt/ lbbf zfk /fP/ j fbf  
cfof; k\j l tnlt/ ; tlzQmsf eflg lgGbf .@.

uEf cflng\tn lzj -h6f e\uf kfk tg{  
eidletl: yt ; u/sf kqsf kfk xg{  
zflnujfd-: d/Of d u/ a95 xHhf/ rfv  
ltdf j lf: yn lgs6df 5g\syf nfvnfv .#.

xBf; f/f b\ l/ lb0{qfOf eGb}w/fdf  
cfPsf Xj f} cj tl/t e} zjnsf sGb/fdf  
ltdf] :kz{klyd /lj sf /lZd of lj iOf?k <  
ltdf] ; i6l: yt lsg eP lrq ltdf s?k < .\$.

kfv}d]n] 5 hlt dgdf kfVgkg[ ugf; f]  
eGg} kg[ ; s; cyj f of s'g} xg kfzf]  
kfP ltdf] :j / g; lgg] :j R5 cf/fwgn]  
; Gyf d]n] slj Abosf leq ; j bgn] .%

la; }sf 5g\; sn >dsf zlQmsf /; nfo{  
cfkn}nf0{ klg a? e'nl lhtg ; +f/nfo{  
clnf] 8f8f] 5nsk6n] cllnb} cllnb} 5  
xflrf] ; fgj y'd bdgn] xflrb} xflrb} 5 .^.

cf: yf /v\ dl; t j /sf cfz af\ / hfg5g\  
cf0{d/f lgs6 lbnsf] bb{ kf\ / hfg5g\  
Bftf 7fG5g\dgh lar/f eG5' xM eflGt a14 0  
cf^g} zfpfdt glkpg] xfo s: tf s'a14 .&.

v\kl kl8f o'uou lat] 7f]Ssbf 7f]Ssbf d  
j NnfkNnf] lj s6-t6df 3l; }of 3l; }of d  
nlmf g} xfl k\st-slj sf l; hgf sf] cj Zo 0  
b\5g\dG5] clj lbt s'g} bj tfsf /x:o .\*.

d/f] rqm: yt dg'h x] 0 sd\sf] ult ufpm  
d/f] zjnlg/ gj snfsf/ sfjnfh kfpm  
kl8fnf0{ lglzbg sbl ; fwg-f; l4 kfpm  
d/} l; Nklg/ ; dosf l; hgf dlufpm .!).

ofbf ofqf ca ; ? u;f sd\sf] kl t nf0{  
d/f] cf^g} >d / kl; gf-lzNksf] ult uf0{  
d]n] d/} snd andf kv'/f n\vlG5'  
5sl{wtl\el/ >d-; wf 6fs'/f 6jSlG5' .!l.

5Gb Mzfb]lj qml8t

?kGb]xl, klbz g+%

yy

## gkfn-; flxio ; dfh

'j ; Gt-/fwf kBSfJo k'/: sf/laf6 ; Ddfigt

!=@)^\* l8Nnl/dOf zdf cHofh  
=@)^ ( k; iffQd l; lbn tyf ufj Gb/fh lj gfl  
#=@)& ag"nfd5fg  
\$=@)&! ej gxl/ l; lbn  
%=@)&@ nld\sd/ sf0/fnf  
^=@)&# afh/fd kf8jn tyf uOfz l3ld/] dldf  
&=@)&\$ dfbgfy zf: ql tyf g/fb] k/fz/  
\*=@)&% ufj Gb l3ld/] j bdlOf tyf glnds'df/ Gofkfgl

.xlds'df/L-lbj fs/ ; dfh; lj f ; Ddfglaf6 ; Ddfigt

!=@)^\* kOfj fgGb cf>d, uXoZj /l  
=@)^ ( lr; fvfnf cf>d, kf\ /f  
#=@)& efuj t\ Gof; cf>d, kzkl  
\$=@)&! klj q ; dfh ; lj f gkfn, wfk; l  
%=@)& lqkmf /fl60 k: tsno, emkf  
^=@)&# ; +st lj Bf ; j l4gl ; ldl, w/fg  
&=@)&\$ xdf] atn ; #fOf w/fx/, wfk; l  
\*=@)&% b cf/krfg xfd, afh/f

# ; Ltfsfj kftfn kj|z

s|f0fkj; fb a:ofn

df6f|af6} xF h6d|sl df6f|eq} lanfp5'  
knf6 x|w/tl dftf 0 b|pm af/ d k:b5'  
ef|u| of| lh6bul ; f/f b|j n| h| hit lbof|  
nufPf klt-; j| fdf h| hit cfj; /| ldNof| .

agj f; ; |u| nfu|ef|u| ; a cfxT  
s|fBf la%bf st} x|fnfg|k|tfnfdf cem| vt  
x|fof| /fj Ofn| cf0{ cfsfz dfu{ Toj| xb}  
>ln<sup>a</sup>sft/ b|f8of| ku|f;d s; /L z|b} .

cz|s|j fl6sdf tl latfPsf ; a| lbg  
s; /L clxn| ; Denf|oftgfsf bvl lfof  
/fgl agfpg| OR5f n<sup>a</sup>s f g/zsf| egl  
kmsfP sltn| cf0{ ag PZj ofsl wgl .

j gj f; L Toxl /fd ; |u| lx|B| x|5 s|<  
; f/f dxn PZj of|ef|u| kf| ; v| ldN5 x| 0  
oftgf sltn| lb6y| nf|Eofp|y| cx|f 0 slt  
s| x|5 /fdsf| gfpf a; /| Joydf hkl .

b'i6 /fj Of x|f; \:ofn j gsl d xFl; |xgl  
bTsf/f s; /L t|n| dnf0{ kfp5; \egl  
xftn| s; n| ; S5 ; 0{ cf| r6bdf 5'g  
an|sf| cl|gnf0{ g} nk|6b} j : qdf lng .

eof| o'4 agf d'Qm n<sup>a</sup>s f lj ho ef| ha  
5fof| a|Xdf08df Jofkt v'zL xif/ uf|j  
p7df| kZg To; } a|nf : j lsf/ s; /L u?f  
n|fskj fbsf| of6f ; d'b| s; /L t?f .

cl|gkj|zsf| ufx|f| k/Llffdf d plqPf  
/fd nld0fsf| ; fy cof|Woflt/ knsPf  
z'? ef| /fdsf| /fho ; 'zf; g ; a|t/  
lyPg So} ugf; f| g| /fHoleq st|t/ .

; |g65 k'/j f; ldf s; |h| nf-5gf lbof|  
kTgl s'6bf .dh: tl /| 00 /fdsf| sfgdf klbof|  
j fNdl|sn| : j od\cf0{ ; DenfP Joydf uof|  
; fdf6o hgsf| zAb dfq| cfs6d e} uof| .

r|fw j if{ latfPenf j gdf knsPf ha  
bfDkTo, ; v| PZj of| lfofd} TofluP ; a  
k/Llff PskN6|f ; d'QLOf| ePkI5  
SltkN6 lbg| x|f v| 0 cgQLOf| eP; /L .

d of6} kZg ub| 5' dofbf k'z iffQd 0  
Toful lgbf|f kTgl g| /fho s| x|5 pQd <  
kTgl kq gc6y| Toj| s; /L /fd/fho ef| <  
Gofosf| dd{ la; /| bli6ft s; n| lbof| < .

kl/ToQmf agl kl8f ef|u|sf lbg eNb5'  
; Dk|/ b06} k'q cfh uGtJo /fHb5'  
wtl{ knf6g\No; } a|nf d|Qmaf/ vNof| ha  
c|uf|ng\hfgslnf0{ cWofo ; lsof| ; a .

5Gb M cgi6k

YY

r|j lxn, sf7df8ff.

**zAbfy{ k|sfzgsf| j|a; f06df**  
**j|hoGtl|sf ; a} c<sup>a</sup>s,**  
**xfdf ; a} ultlj lw,**  
**zAbsf|zx?sf| ; ^6j|b/ / sfoqmdsf t:jL/,**  
**lkn|nd tkf0{sf nflu pkn|AwkOf|**  
**x'g ; S5g\**

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[www.nepalipublisher.com](http://www.nepalipublisher.com)



# sygl s/gl ofb}

8f= s|of e08f/l .d'd'lf

pbfpm lk|o x| 3fd g|kfnl : j fledfgdf  
pbfpm zfl6tsf b't ul/al hgk6df  
pbfp hg cf| tf/f df65}sf z'esd6f  
; /lff 5g a: tldf lg/fzf 5 dx/fdf .

9's'6l l/100{xft k; fg}d u/la xf  
Pstfdf k/l kj fn xf/}sf d g; lj xf  
gf/fn} z10m xTof0{n'6}sf clezfk xf  
cfbz{bz of d/f} la; g}d kmsl/ xf.

; Qf eQf / d}dQf r/l/q /fhglltdf  
klbf 5g\dfhf ubf{ 5g\j sf; } of ah6df  
clvtof/ x/fPsf| afnv' ; lj wfg 5  
r'gfj gfdsf| v}tl 89l hlj g q: t 5 .

crfgf| bz agbf| 5 C0fsf| ef/ plnQ|  
lj bz| andf lz|ff dw/f| blk t'No 5  
j {f>d eP ufpf kf0fl z6o ag| j g  
/d60f6; agof| nfyf| bzsf| bV5 of| dg .

JolQmj fbl ag| ; +yf ; lj f wd{ k: of| b'nf  
lj 1fkg ehfP/ of}hgf t k/ ynf  
Joj xf/ htf x}of| : j fy}sf| olt b'bzf  
u0ft6q eg| h: tf| g/} 5 kf/blz}tf .

ClifsNk k/+k'0o: ynl of| bz uf/ j  
arfP j/l/ k'v}fn} hk/ x6g khg  
n}el kfl / b'i6fTdf eji6f}f/l k?g\tn  
sygl s/gl ofb} eP kl5 ox}f ca .

5Gb M cg'6k

YY

slttk/ .

# d p7'f n's}sfj

vu6b| v}fN; f3/|

5 ; +f/ x}fSg| syfdf s'g} Toj  
g e6d}f s; }n} s; }n} g b}Vof|  
syfs/ cfk}n} d ef65} x}bdf  
k}S}of-d-k}Hb} 5' emSt} syfdf .!

5 9'E}f c8}sf| c8d} lgTotfd|  
; x}sf| 5 tftf| lr; f} ofdofd|  
clga}w 6}sf| 5 9'E}f x}bdf  
xf d} k}n}h df65} 5' 9'E} ; dfg .@.

d k}N6Ggf cfk}n} n cfj f}; \t af9l  
5' df65} d af9l 5' alb} gxf/l  
sk}n}n}f 5' k}n}b}f 5' k}n}b}f b/f-d}  
z} f em} xn'E}f 5' 9'E}f ux}f-d} .#.

5 ; +f/ : j fe}fj sl z}St Hobf  
5' cfn} d cfn}f pxl z}St Kobf  
d wfg6gf vfgf}j gf s} 5 Hobf| <  
lj wftf 5 bftf / bftf 5 Hobf} .\$.

pxl 0{z}tfd} k}n}sf| k}n}sf|  
cn}v}f| 5 k}n}g| / k}n}g| cn}v}f|  
x}b}f k}n}h-d} alh ; fgf d bfg'  
g p7'f d p7'f}g Toj k}n}h bfg' .%.

5 : j fe}fj sl-d} ax}sf| k}w/f|  
d dfg/ wf/f| 5' alb} d d/f|  
pbfE}f 5 df65} dleq} p7}sf|  
5 t}j 1 cfk}n} d p7'f n's}sf| ^.  
5Gb Meh<sup>a</sup>uk}pft xfn M sf7df8f.

YY

# cl:dtf a}rf}; \

uE}f c}rf}o{ ; fks}f6f

ef0 ef0sf| j } efj n|  
z10m zfgsf| dfx dftn|  
j u{j ud}f /fo aff8of|  
v08 v08df bz 6}qmf} .!.

5g bzsf| slQ lr6tgf  
>}7 ; f}rn} sfo{ ugdf  
sfo}sf| ofl pk}b} ; w}  
kfp tf6gd} Jo: t 5g\ a} .@.

sfd sf0bf P}g /l}tsf|  
k}ngf st} 5g gl}tsf|  
g\yr}f}dr}f blgd} eof|  
6of k}n}b}df : j fy{ ; f}wof} .#.

uff; af; sf| hf/hfddf  
af}wo 5g\o}j f bz 5f8}gd  
b'}sf| yn}f pj }f eof|  
dft}eld of| hlOf{ b}vof} .\$.

pRr lg}dgdf Ps?ktf  
x65 e6by} Toj eof| syf  
b}vP}g v}0 ; f}o ; Eotf  
n}f}st6qdf kf/blz}tf .%.

qm}w zq'tf j }dg: of|  
5f8}gk5{x}0 hf8}g ldqtf  
u5{ sfdgf pRr zfg xf; \  
bzsf| ; w}f cl:dtf a}rf}; \  
5Gb M b}tf

YY

afun<sup>a</sup> .

# j fludtl ; Eotf

uofjzkj; fb vltj 8f

xSof dfgj ; Eotf dh'ssfl a:tl a:ofj ; Gb/  
cfof ofj zt; bja6 / a6of kf0flx?sf 3/  
alYof ofj s6j fnsfl bx xb) 5fluf agl lgdh  
^Yof krf6 dwj; df ; xhn] dnf kvfNb) tn .!.

x's] ; Gb/ ; Eotf ; fu; fu) /fdf goff ; +s]t  
c]P bij cg]s dlGb/ ag] b]v/ j :tl:ylt  
; fx] :j R5 lyof] g]x]pg ox]f df65]x?sf] tg  
kfYof] :j R5 ; knf klj q hnn] dl: tis g] s~rg .@.

lj :tf/ o; sf] cltqmdOf ef] a:tl 3gf ef] hit  
d]nf knf]x/ ylk]of] / o; sf] a9b) uof] bu]t  
w6Yof] sNdif kfk :j R5 hnn] df65] lyP ; Hhg  
c]fkn] knf]x/ a6g uf] dg]hsfl sf]nf] a6of] Toj dg .#.

zfvf lj i0fdtl tyf dgx/f bu6w kn]fp65\  
Toj x]f f ha kl5 leq hgdf s] x65 af]fp65\  
kfgl blift a6g; fy lsg x] df65] a6of] blift <  
kfgl :j R5 / ; Eotf kl]g goff kf/f] xb) hful] .\$.

s]p]f]z; ssf s'rfn ; as]f ; flfl a6of] j fludtl  
s] s] 36g uP lj gfz 36gf af]Sof] v/fgl slt <  
knf] 5Ss stf stf lzj k'/L b]v/ l]td]f] ult  
j65g]x]Ss u/L a; y t6df kf0flx?sf klt .%.

s]p]f]z; ssf s'rfn ; as]f ; flfl a6of] j fludtl  
s] s] 36g uP lj gfz 36gf af]Sof] v/fgl slt <  
knf] 5Ss stf stf lzj k'/L b]v/ l]td]f] ult  
j65g]x]Ss u/L a; y t6df kf0flx?sf klt .^.

5Gb Mzfb]lj qnl8t

yn<sup>a</sup> b]ws]f]z]#, ; f]n'v]da' .

# l; h6gf zIQm

ufoqls'df/ rfkuf0f

l; h6gfsfl dh ; <sup>a</sup>h]f] all5 k]dl ef; df  
zIQmzfnl l; h6gfn] x6g st} qf; df  
zAb 1fgl sf]; 6f9f kn]ng]5g]k]ftdf  
l; h6gfsfl j fl6sdf kn]h kn]N5g]v]f; df .!.

l; h6gfsfl zIQm g]k]g] o6q s]x]f x65 n]f] 0  
l/Qmtfsfl g]fn k]g] d6q s]Nn] kn]S5 n]f] 0  
ltQmtfsfl tl/ x]f]g] t6q st} n]fl5 n]f] 0  
x]f]z /fv]bf ef]se]f]s} /f]u ; f' f 9f]S5 n]f] 0 .@.

lt; g]fsfl kof; d]6g] k]f]of kof/] ; f]rd]f  
r]fx]g]sfl k]t} ug] ; fx; Ls]f] v]f]hdf  
zAbdfnl kn]h uf]yf uf]pg]5g]v]l]tdf  
5fk 7]f]sl dfgj lo} ef]j g]fsfl k]t}tdf .#.

s]Nkg]fsfl p75 rE]f ; ; {L c]fs]zdf  
; fu/]s]f] l6k5 d]fn] v]v]l c]fs]f]df  
af]bn]s]f] /E l6kb} l]r]q]sf]l 3]f]hdf  
bE k]g] dE]n]s]f] h]fn of] dl: tisdf .\$.

j f; g]fsf kn]h kn]N5g]v]d]f]sf kf; df  
; f]w]g]sf alQ a]N5g]c]G]w]t]sf]f] g]zdf  
j]b]g]s]f] af]bn] h]f] kn]65 ^of]s} h]f]ndf  
; D' g]fsfl ; f/ ef]l af]S5 ; f/f of]bdf .%.

w]p]z]fnl w]l]t]df j]l]t]fs]f] z]t]f  
Hj f/ p7g] c]G]t]f]tdf b]v]b]d]f qm]t]f  
b]z]k]d]l /Qm p]D]nl zq]t]fs]f] ; f]w]df  
w]f/ p75] kof/ ; f]yl l]dq]t]f ; + f]df .^.

5Gb M]d]g]sf

lj /f6gu/ .

**k|d**

**ufoqlbjl l ltdln; gf**

d cfd; 'tf ; fwgfsL k|tLs  
d x'k|/off k|t x'x}k|j fx  
d x'ult uE'f gbls|f t/E  
lxdfgl lzvf '}; w'Ps 9fn .!.

d vNbf piif k|'df d': s'/f0{  
; wf 5b{5g\zlt wf/f axf0{  
r/L lrla{/f0{ ; a/} laxfgl  
w/f wf/offsf goff tl sxfgl .@.

d x'j f x'/ldf lxdfnl lzvf x'  
d cfsfz '}zftt g|n| snf x'  
s'g} j f; gdf gbf|h} s'/fn|  
d wtl{gyfSg| g|n| t'nfn} .#.

d x'j ft cfwl, lznf ; fy hWg|  
st} 7f|Ss0{ b/ cfsfz rfg|  
d xfb|gxfg|lktf k|/offdf  
d ; fyl zeR5f ; bf sfdgdf .\$.  
5Gb Meh<sup>a</sup>ukpft

d lvNbf u'nfal ; a}lj Zj lvN5  
d lj Zj f; xff: tf k|/lj Zj xff: 5  
d x'Ps cfzf gzdf t/E  
d g}/fddf /fd 5g|pdE .%.

d x'k|n'h 'b| ; bf lvNg v|f|g|  
d d': sfgdf c>wf/f ; d|6g|  
d df6| d x'j f d cfu| d kfgl  
d cfsfz cfk|} d g|n| sxfgl .^.

u0{ ; f|w ; fyl lxdfnl lznfd  
; bf d|3dfnf rxfg| snfd  
st} 7f|Ss0{ gl/ j iff{ u/f0{  
d ; ~hlj gl k|of eg| /df0{ .&.

lgzf rfbgl x'd cfxnfb 5g|  
d cGwf| st} rGb|df bfu b|Vg|  
d pT; udf afRg v|f|g| laxfgl  
d cf: yf d crf{ d g} k|d k|dl .\*.  
; fg l8Pu|, Soflnk|g|gf .  
Y

**zAbfy{ k|sfzgn|**

**@@ y/l zAbsfz k|sfzg ul/; s|s|f 5 /**

**cem)c? k|sfzg ub} 5 .**

**s| tkf0{k|g sfzsf/ x'g'xG5 <**

**cf^gf zAbsfz k|sfzg ug{0R5's x'g'xG5 <**

**xfdl afR5f+gkfn afRbf**

**uf|j Gbk|; fb l3ld/| .j|bdl0f0**

xfdL xGyof+ j l/ gkfn hft  
uf|v{nlS| gfdd} xG5 Voflt  
k'v{h: t} 5f| cem} o'4 j l/  
kb| Tofl5f|b|znf0{z/l/ .!.

; |gf xdf| 5g\cem} z|0mzfnl  
kb| n85g\k'f0nf emg'prfnl  
; f/f xfdl 5f|pg|sf k5f|8  
x| gkfnl 5f|8Bf| hfg v|f8L .@.

xfdL afR5f|bz gkfn afRbf  
xfdL d5f|bz gkfn dbf|  
c|f|df xdf| b|zsf| ; fydf 5  
gkfnls} bz of| xftdf 5 .#.

afS5f xfdl b|z of| P6n; \e}  
l; E'f k|j l afSb5g\z|fn} emf  
v'Sf xdf| n|f5 v|daf ; dfg  
gkfnl x'fPs l9Ssf 5 Hofg .\$.  
Y

al5g\xdf| /Omdf wd|eOm  
uE'fnfn| b|9tf al5 z'4  
; f/f 6'qf cE'df lbJorGb  
x| gkfnl | b|zdf Nofp 5Gb .%.

k|j lS| of| Pstfk0f| efu  
/lf ug| s|ddf Hofg Tofu  
kb|{ubf| xG5 >4f-hnl of|  
gkfnls| j l/ ufyf oxl x| .^.

5Gb Mzflngl h|/k'6L, sf7df8f.  
Y

**k|d**

**lqn|rg cfrfo{**

lbJo ; Gb/L : j u|sl k/l  
gfRg 5D5dl cfpf5g\` /L  
' \$ of| s'/f ; Gg kf0of|  
dlw s07n| ult uf0of| .!.

v|t v|tdf l; /{dl: sb}  
aft atdf ; \$ ; l6sb|  
b|V5' 9Nkn} a|zsf s'j f  
vNbnl u/l b|f8of| x'j f .@.

aj|f/fus| 5g b|s|t  
; To /Hos| ; Eo ; +s|t  
cfd df6tf leq /f|vof|  
efj elE'df /Do b|vof| .#.

: g|x kof/s| /E k|vof|  
; |i6 ; Dkb| bE e|bof|  
; f' b|vof| cfh ufhn'  
leq lrQdf aH5 dfbn' .\$.  
Y

s'b5 e}gzf kof; s| gbl  
sfdgf 3gf rN5 'N'nl  
wf/ efj s| 5g Dofgdf  
/lEP'd tf g|f uf|gdf .%.

5g sfadf dft kof/s|  
k|d ; |i6s| lbJo x'f x|  
k|d h'g x| bfu s| Toxf<  
k|d ; To x| /fu s| Toxf .^.

5Gb M|b|t|; Gb/L skg sf7df8f.  
Y

# xb} xbg slj tf

8f= 3gZofd Gofkfg] .kl/>dll

b'Anf] efj 'stf bVof] xpodf yf]} xbf ; fwgf  
j foflsf] clt pRr ug{g; sl ; 4fg cf/fwgf  
/f]nf sf]j b lsgt' a6g ; xh} ; Stg sf]xl slj  
d]n] kf7 oxl l; sf ; 'g g x] ub] : j od\k}j l .!.

lx8bf hlj g dfuaf6 slxn] cfn]ssf n]sdf  
v]f]b} ; Gb/tf klu65 /ofsf d]bfgdf r]sdf  
x65g\k]s]t ; To tYo p; df cdf w/fwdsf  
b]v5g\ol slj j f]bsf gogn] ; f]bo{ cfofdsf .@.

5gg\efj snf ; dlGj t eg] zAbfy]sf ; fydf  
To: tf] lj Da k]t]sxlG clewf kb}g Wj Gofydf  
7f8f] eflifs Jo-hgf 5 slj sf] j qm]Qm g} 5g ls 0  
s] n]v' slj tf kmuYx/n] n]v/ a6bg ls < #.

r]v]f] efj hut\r'g/ /lrof]; \cfsfz x]f; \sNkgf  
pNs]kft gxf]; \ k]f ; /l; n]f ubf{ goff l; hgf  
r]ds}zAb56f sn]f]ds xb} cf: j fbsf x]fb}S  
o: tf] x]f; \slj tf ls bzg s'g} h6d]5 em]df]ns .\$.

cf]v]n] glrg/ lrg5 slj n] c]to]sf bl]6n]  
af]n]n] geg/ e65 slj n] ; j]bgf ; li6n]  
efiffdf ga'em/ a%5 slj n] ; af]w cfs]i6df  
; li6f x]f] slj n]l]5 xb}d s'g} g]nf goff ; li6df .%.

af]q]f dfq xb} xbg slj tf r]lx65 leql ubl  
5f]q]f dfq xb} xbg slj tf k]1f]j gf sf]d]bl  
5f]of dfq xb} xbg slj tf x]j f r]nf]; \ ; \  
sf]of dfq xb} xbg slj tf c]f]df]j gf pj \ .^.

5Gb Mzfb]h]j qm]l8t

j b3f6, gj nk/f; L .

# klxnf] gh/df sle

rGb]sf]t cfrfo{

/fd]f] To: tf] xl/t gu/L sle b]v]t} /dfof]  
k]n]f] hf] Yof] dGf c; 'lj wf /]nleq} x6foff  
xb} ubf{ ; a hg p; } 7f6; fy} lx8]sf  
gf/L p: t} rxsdxs} /fd/L ; lHhPsf .!.

x]?'x]?'e0sg ; a} n]6X0{ Wofg h]bf  
xfdl ; fyl clt dg v'z] sledf g} /df]nf  
; fyl tl y] ca lx8 eg] uf8]leq} al; G5  
xb} ubf{ clt ; /; Yof] b]zo /fd]f] alen]65 .@.

: 6]zg\kYof] zx/l/ g} w/ 7hf 3/ y]  
lx8Yof] uf8l ; 8syndf w/ To: tf buy]  
af6f] l]rNnf] cltzo ; kmf To: t/L k]f ul8GYof]  
To: tf] 7hf] hgkylt/} b]zo x]/L /ldGYof] #.

s: tf s: tf ; /; o]j tl w/ /E] n]ufdf  
cl]nf uf]/f k'z if hg y] xft ln]y] lg afnf  
k]f]p]h: tf slt t dlxnf TolQs} 7f]s]Psf  
leb] em]nf ultdo lyP sf]dn] cf]Q]Psf .\$.

k]f]p]h: t} k'z if kl]g y] lx8by] km]t{ ; fy  
xb} nf]Yof] ; sn hg 5g\p]Qs} b]Q]rQ  
b]v]t} ubf{ 3/ hlt lyP : j R5 /fd] ; h]sf  
w]/ /fd]f] To: zx/df kfs{ /fd]f /x]sf .%.

xb} To: tf] /d0fkydf sle o: tf dhfsf]  
xfdf] uf8l klusg ; Sof] x]f: 6n]eq k: bf]  
k]z] Zo]go\; 8s uln hf] w/ x]f: 6n\ep]sf]  
xfdf ; fyl ; sn h'gdf a: by] To? s]Yof] .^.

5Gb MdGb]q]m]6tf

# b|vbg cfm'

rGb|k|; fb Gof|kfg|

cfvf 3'df0d} ^N5g\k|dsf ntf ^g\  
rDdf r'df0d} vN5g\k|dsf syf ^g\  
cfdlotf v'nl cfm|efj ; fl6bdf  
^G ^g\^a8Kkgf aG5g\k|dsf .d tfl ^g\!

; b\$fdgf lbprf 5g\ b^fj gf lbprf ^g\  
s|s| lbprf < lbprf < dfof dfxgl lbprf ^g\  
cf:j fddf 8'a' ^G ^g\j fddf 8'a' ^g\  
s|s| lnprf lnprf efj ol Znfsf lkprf 5g\@.

ol zAb j fSodf vN5g\cydf 8'al ^g\  
; Gb|xf syf afN5g\tsdf kntsl ^g\  
e) Znfs efj sdf aG5g\efjh, dfjh xGgg\  
hf| h| lkpmg\oxlf 5g\kGgg\^t hf| 5 5Ggg\#.

zf:q1 zf:qsf 1ftf ts{tsdf 5g\  
ts{l ts{sf 1ftf cy{cydf 5g\  
n|v| 5 sfJosf/L pm n|v|bg cfm'  
af|sb) 5 dd{sf ef/L b|v|bg cfm'\$.

ub| 5 sfJosf/L hf| sNkgf xhf/fj  
efj zf:q n|v|PkZrft\tsdf xhf/fj  
s|eG5 zf:qn| v|fl l| 1 aG5ff /  
s| n|v| 5 sfJosf/ln| km|/ eG5ffP .%.

; Rrjt sfJosf/L x|, sNk sNktsfj  
:j lsf/ x|; \ nfdl of| cNk cNktsfj  
; T1fg sfJodf lbG5g\vbJodNof ol  
; Ddfg cfh ^g\ufprf .Jof; tNof olU .^.

# ltdf| ; fy kfp/, lj zfn 5ftl

hgfbg clwsf/L w8\$g

ltdf| hGd sxff eofj t/ cx| | ; fyl d kfpk|5  
d|f| hlj g wG eofj t lzv/| r9b| uPf nf| cl3  
dfosf| klg dh ; |ft dgd| alb|5 v|nf agl  
afemf| leq s'gf k6fp|5' d tf Toj k|dn| g| vgl .

ltdf| ; fy d kfpb|v'; xb| lx8b| 5' v|nf t/L  
v|Nbf cf|7 d'; 'Ss of| lj /xdf k|vG5 em|nfe/L  
d|f| n|o ; wf| 5 uf|n ; xh|ltdf| 5xf/L d'gl  
afemf| leq s'gf k6fp|5' d tf Toj k|dn| g| vgl .

cfos| hlj g /Do kfg{dgsf| /ft| pHofnf| eofj  
ltdf| sf/of Hof|t aNb5 ox|f 5ftl lj zfn| eofj  
ltdf| h| 5 d leq k|d 5 pxl ; + f/ dGsf| wgl  
afemf| leq s'gf k6fp|5' d tf Toj k|dn| g| vgl .

; j|f Toj 5 crDd efj dgd| bVv| gdfglsg  
ug| sfd bVf0 /lQ hgsf| l/Tof0 cf^g| wgl  
/fgl ; Gb/ k|d sfv lbndf 6ff: g| t Kof/f egl  
afemf| leq s'gf k6fp|5' d tf Toj k|dn| g| vgl .

?kf gfd ; wf| 5 pRr gedf d|6/ s| hfG5 / <  
Kof/Lsf| u'0fufg nf| slt u/f| af|n| s| xG5 / <  
dfof k|d ; wf| pdfNg' tgd| Gofgf| x'g| g| 5 lg  
afemf| leq s'gf k6fp|5' d tf Toj k|dn| g| vgl .

5Gb Mzfb|h|j qm|8t

rGb|flul/ !% sf7df8f).

YY

5Gb M|bSkfn

l; Gwkn|nr|fs .

# zxlb

hlj gxl/ zdf

NofP/ ofbf o'udf goff s'/f  
x'g]5 xfd] w/tl x/fe/f  
; d]wbsf] :j kg lnP/ pSng  
cfb} u/]sf gj l; hgf lbg .!.

5]s/ /fv] slt d]o'df k/  
lbP/ k]f0f} b]goff en] u/  
j ; Gt xff: g} g; s/ zG5 ls 0  
; /fk ; fRr} ul/5f} w/f cl3 .@.

sfhl eP /] 0 dgdf] hdf e'n]  
c; To v]tl xl/ofnldf 'n]  
j ; Gt 5]Sg] lsg sffw dflj 5g\<  
; j{:j e] lble] ddf k/]d 'g\#.

/hf0fug] lbg /ft dfljysf]  
df6f] eP lgdg ; a} ; ah; f]  
; Dkl0 dfq} lsg e] < lj sNk of]  
bj Tj df nDsg ; fRr ; S5 sf] < .\$.

; -hlj gl 5g lg 0 ; To z<sup>a</sup>s/  
lxdfn xff: g} g; s/ lg 'V  
cfgGbsf] /fh lyof] bnfnsf]  
xTof / lx+ f lTgs} k]efj sf] .%.

z 'V dfG5] 8/sf sl; E/  
dfyf ; dfP/ lx8] ; /f; /  
xf/] lu/] j ju ; Sg y]lg Tof]  
lbuGtdf k]n/x]f; Vj rf/ of] .^.

sNof0sf Hof]t eP/ lgl: sof]  
; Ddfgn] k'ikk/fu clkpf]  
hGd/ vfg] olt dfq s] u/] <  
lnk; flj gf o'4 n8f0df d/] .&.

cxGtsf] 1fg / a14sf uOf  
of] k]fOf d/]l tgsf] ; dkOf  
u/] vfg] hgsf] d klfd  
bnfnsf nflu lyPf] j klfd .\*.

5g\vrGb] ; 0] 5 Wj hf lgzfgdf  
:j -bz /fV5f]lr/sfn dfydf  
df5f / kfgl 3/ v]t ; Gb/  
; j]6f / b]j6f lr/sfn cDd/ .(.

5Gb Mpkhft 0nfd k]bz-!  
YY

# p7/ vfh agr/f

hlj gfy clwsf/l

; xfpbg j l/sf syf x/fp]5g\eg]  
5 j l/-j l/ tf sxff < To; } 8/fp]5g\eg]  
; xGg j l/ hfltn] ; bj] Gofv v]fhb5  
g'xGg dfy xf/df k/Gt' d]f'o' /fhb5 .!.

kmsfpbf kmsGg pm lasfd-sfdfs s'/f  
5sfpbf 5lsGg pm ag/ hfn dfs'/f  
eg/ .fd 00 aftdf 5'/f p]wofpgx?  
cldq ldq xG5 s] < pbf<sup>a</sup> xG5 cfa? .@.

laxfg Pp6f s'/f / ; femdf c? s'/f  
3d08-dfbdf r9/ x]f5 /] j ; Gw/f  
5; L r; Ss 3fRt5g\; w/-wp]sf dg  
tfrfn k]pnf; \e/] ahfpbf bgfbg .#.

d e]s lhT5' x} ; w] k]nfpb} kl/>d  
d z]s k]nN5' x} ; w] u/] wp{wf/Of  
d ug{ ; S5' n] ldf chfg ehstf s'/f  
; xGf]sGt' 1fgdf rnfpb} 5 hf] 5'/f .\$.

p7/ vfh agr/f, vBf ; dft xftdf  
g/f]s /fi6elStsf] ; j ju cftt-cftdf  
n'5/ df; ' 3fpen] agfpb} lx8df] eg]  
; t/ a: g ; S5 sf / 0 sf] knf r]8df] eg] .%.

h'zSs h'd'f]pb} k/]8df lx8f] ca  
:j bz-dft]el]dsf] ; Xof/df le8f] ca  
n8/ zq'sf lz/f-lz/f-g; f r]Bf0Bf'  
/ /fi6elSt-b]zdf g; f-g; f h'6f0Bf'.^.

5Gb M k-rrfd/ l; hgf s'-h, afnsf]6, eStk/.

YY

jhoGtl]sf] nflu /rgfx? z'4 6f0k u/l  
shabdarthaprakashan@gmail.com  
df k7fpg ; Sg'xg]5 .

# bDe

hublZj / kfjv/n

3ft ug{ 5n5fd ; wjel/ b'i6 5 gf6s u5{ r'gl /fi63ftl lsg aGb5 gfos Wj : t xb} 5 lj rf/ klg njs lGbf slt `Nb5 Toj divof ca 8Ab5 cflv/df bDenjg)g/ 3fts aGb5 efl; g kllb5 bNbnf .!.

5g\3d08l dg :jfy{ 5 bDe 5 lrGtg ; fy{s aG' k-of tfd; l e} slt rNb5 kNb5 7Nb5 jf: tj /fi648Aofj lDq 3ftl ha aGb5 dflg; cflv/ bZdg tNo aGofj bDe bDell; t efl `u8f 5n b)gs Toj clg 3ft eofj .@.

tR5 afgl lsg kfb5 sNdif 3fjrs nllb5 /fjif a90fj bfjif dfq)lbg' 3fts aGb5 ldNg' 5 cfk; bJz u90fj rfxgf s) xg ; Sb5 vf8ndf hgtf ca k5{a/f lgTo lrGtf bxdg dg 8Ab5 pGgt lub5 eG5 w/f #.

Pifoff 5g\slit bDe 5 pRr 5 cf; g /fHb5 3ft u/L dfu{ bGsofj ha 5g\ a lrGtt jf: tj ofj xs uD5 ; /l aGb xfnf ca /fi6«stfl/ hG5 u/La 5 cfmt `g\ bJz xfsGj vn gfos xj ; 'g ol hgtf slt lrGtt 5g\\$.

ef6 kfoff clg bDe r90fj clt kfjvg kllb5 cflv/ Toj eE ; + b\sg efl dt tAa/ cAan ; Dan zIQm lyofj bfjx ubf{ ckdfgt efl dt :jfy{ 5 zf; sstf al `ofj bDe jYl x'g ; Sb5 ; fRg' 5 h'6g' 5 jf: tj ldNg' lyofj .%.

5Gb Mbj sl

YY

sf7df8fj.

<http://www.nepalipublisher.com>

ca xfdj jba ; f06df jhoGtl / bflotjsf ; a) c<sup>a</sup>s 8fpgnfB ug{ ; SgxG5 x) .

# ; flw lsNnf arfcfj

6<sup>a</sup>s/fh 9sfn .lItjktll

eli6frf/L l/k' vn ; a) df: gnf0{ v8f sfj < nfelkfl cwddgsf 5f: g'kgj of sfj < sfnkfgl lj dn tg ofj wGw'sf/L lrgfj sfj < cfnfjfnj snlft hxff Eofu'tf em:otf sfj < .!.

gkfnlsfj dgduhd f jf; kYjL a; jsf 5f8f ; fRj hgs hgglsf unfdf w; jsf vlfqmfj kfgj ; sn w/tl lrQ wGb lnPsf bfgkfgl c; / l/k'sfj dft rsfj lkPsf .@.

; <sup>a</sup>nj xfdj) cj gl tndf bi63ftl kt/f df; l{ vfgf wg dxndf /fhvfgl prj/f sfnj d)nfj ltlD/ lbnsf zq' nfu) 3d/f Jofwfh: t) skOf el/of P stfsf rd/f #.

; ldfgsf x/of x'g u) zft cdf r; Ss lr08fj; Of rk 5 lsg xj Pstf v} ; /Ss cfnfsfif sk6 zs'gl /fi6«bVnf r; Ss vlfqmf hfnl dlng xlnof njsafwf d; Ss .\$.

cdf wtl{ dw/ dgdf j f; /fdj agcfj ; f)em lgwf{ ; 'dg hgtf kf/bzl{ agcfj ; +sf/L 5fj ; 'hg clxn) /ft sfnj x6fcfj gfkfvfj/L bdg clt efl ; flw lsNnf arfcfj . %.

5Gb MdGbfqmfctf

YY

uBfsf6-! gj nk/f; L.

ca xfdj knfj

ax/a4 uhn c<sup>a</sup>s, lgaGw c<sup>a</sup>s, d'Qms c<sup>a</sup>s .

# k|tLIff

7fs'/r6b| zdf{

/ftf| u|fn laxfgdf llflthdf b|v| x|d|tdf  
k|f|rd|f v'z e|f c; f|wo dgdf x|y| c|fs|zdf  
k|f|o|l y| ; a cfzdf e'j gdf : j kgf lyP : j l|of|d  
Gofg|df /l| t|k|df v'z e0{laTg|5 ; f/f lbg .!.

3s|sf lbg si6sf clt s8f rl; f| x|f : of7sf  
ef|u|sf hgsf lyP Åbosf Gofg| k|ef ; ð|sf  
a9h|f|g\ef: s/ t|hdf uugdf tft| lbb| l| Z| df  
rl; f| : of7 x6f|pnf / hu of| /Dnf lg ; fg|bdf .@.

s: t|f blg ag|5 xfo lbg of| 9fsl lbof| tTl|f|f  
s|n|f d|3 p7| of| ; u/df l5b|} gk|/lsg  
rNbf bl|f|ofaf6 ^g\clt s8f x|f f lr; f| j |un|  
y|k|bf e|f s|x/f| 3gf /l| l5k| l|t|bf eof| z|tn| .#.

kf<sup>a</sup>|f| ^f|h'g 3D5 a%g' p; s} x|f g|f .; + f|/l| of|  
of|6} g|l: y|tdf ; bf hutdf s'g\7f|p|df s| /Xof| <  
/f|nf k|f| / j ; G|tdf l|j /xdf r|T|sf/df Gofpnl  
^of|S|nf ol s|x/f| / d|3 ; l|hn|} b|6s|/ r|t| x|/l .\$.  
5Gb Mzfb|h|j qnl8t j lkl ky e|y|x|f, l; gk|f-\*

YY

s| tkf0|n| zAbfy|sf zAbs|f|zx? k9|ePsf| 5 <

# ca b|z v} 0

7fs'/ zdf{ e08f/l

ddtf ox|f g/x|k|5  
; dtf ox|f g|v|h|k|5  
ca b|z v}| 0 d stf eP|f <  
o; b|zdf d s|x|f/x|f.!

s|j tf syf ; adf Joyf  
r|n|of| ox|f /rgf stf <  
l|dtf lyof| ddtf lyof|  
ul/df syf dgdf lyof| .@.

l|dtf eP >d k|n|b5  
>d e|f e|g| ; v| l|n|b5  
hg|f|b v}| 0 cndNn 5g\  
d 5' z|6odf >d a|b 5g\#.

td 5f|6P ej lgd|n  
/l| -; f|d 5g\s|t c|Ndn  
g|j ; l|i6df g|j blk of|  
g|j k|f|ofdf l|z| e5{s|f| < .\$.  
l|z| z|Sts|f| l|z| v}| 0 stf <  
eg a4s|f| w|of| stf <  
clg Jof; s|f| /rgf stf <  
c; nl syf-; l|tf stf < .%.

5Gb M; 0'tf

lsg n|f| So} gx'g| ox|f <  
lsg a|G|bof| >d s|f| Joyf <  
>d e|f| g|f ; an| l|nP  
x|f; nl : j o+w|of| x|g| .^.

lsg v|N|b|h| dgdf eof| <  
lsg r|N|a|h| dg a|G|bof| <  
g s'g| Joyf k|x|n| lyof|  
>d ; f|w|g|f|t/ of| lyof| .&.

o; b|z|sf hg Ps e|  
z'e z|f|t of| dgdf e0|  
g t a|N|em|g| g t c|N|em|g|  
dt P|s|df ; a v|N|bg| .\*.

lsg p|u|t|f ; an| l|nP <  
lsg z'e|t|f k/ k|f|N|b|P <  
d|g d|f|g|i|f| c; nl lyP  
l|j lw cu|of| lsg a|N|em|P < .(.

g/ b|x of| l|f|ofe<sup>a</sup>|v|  
lsg c|N|em|g| s|t ; G|b/  
k/dfy|s|f| ; v| ; f|w|g|f|  
k|/k|of| x|f| >d ; f|w|g|f| .!).

YY

s| tkf0|n| zAbfy|sf ; flx|Tos k':tsx? k9|ePsf| 5 <



# s; sf lgldt xfl áGá

l8Nnl/fh cofn

uf0{uf? st} ry[e8f-afvf st} st}  
 st}:ofn, st}Aj ff; f, af3, efn'x? st}.  
 st} dgiosf a: tl st} kls[tsf wg  
 st} do/ 8fknsf s: t/l sf lyP jg .  
 ldn/ dfg{Aj ff; fsf 7h} xh Toxflyof}  
 :ofn, Aj ff; f ; wf} bfp xy[hflugkbYof} .  
 Itgs} bfpdf kb{ kf0fl ; <sup>a</sup>s6df k/  
 xfol, 3f8f, v; L, af3sf, uf0{uf?x? d/} .  
 sn}hf, d'6' tfg/ vfg :ofn tof/ 5g\  
 cf6bfeBl lgsin/ vfg Aj ff; f tof/ 5g\  
 xbl, dfb{/ vfb} 5g\nf6f kz' 9nfpb}  
 cfsfzlt/ 5g\p:t} rln, lu4 /dfpb} .  
 xNnf ub{ 5 lsf sflsf : j /df sfun} st}  
 kn6sf df/ 3Db} 5 lu4 cfh ot} ot} .  
 dfg[ /ut ko8] / vfg}s} x65 n: s/  
 st} xfhfg\ot} sf7 h6t'sf klg t: s/ 0 .  
 gedf b}vP tf/f c: tP ca ef: s/  
 af3-efn' / Aj ff; fs} /hf0fk}nof} tn .  
 rsd6g eof /ft h'6} lx; }s tl Toxf  
 3D; f3D; L rNof /fHo ansf ef} hxftxlF .  
 ansf ; fydf 5S":ofnn} bfp nfp5  
 n'5frBl u/L l3Rg} Aj ff; fn} efp nfp5 .  
 l; x, af3 ; wf} uhl{ hgfp5g\pkl: ylt=  
 rNb} 5 ´u8f vfnl ln0{n'5g} dgl: ylt .  
 ; wf} áGá ; wf} o4 s; sf lgldt eYXof}  
 df65}n} df/ vfb} 5, lsg df/ ; wf} eof} < .  
 c?sf df/ b}v65 k6 eg{ ; wf} t/  
 df65} lsg ; wf} x65 o; /L dfg{ tTk/ <

5Gb M cgl6k\

kfNkf, xfn M sf7df8f#@

# kl/j tG

ltn:dl klef;

kn/65g\; asf : j efj ; xh} gfnf s'/f s} 5 / 0  
 a9f} a65 o'j f g; flr slxNo} o: tf} ePsf} 5 / 0  
 h: tf} k5{h; } cuff8 h; sf} 6f/Y s} 65{/ 0  
 ; f/fnf ; lhn} eg/ lj kb; ; f/Y g; ; 5{/ 0 .! .  
 vfnf Toj h; /L au/ kydf cfkn} gbl e6b5  
 kof; L Toj s; /L ku/ hndf cfkn} lfwf d6b5  
 sf6b}gg' 6'j f a; / ky tl af3/ efnf v8f <  
 s}xl sfdlj gf u/ hlxNo} x6Yof / xj f s'/f < .@ .  
 vfnfn} s; /L aufp5 a'´f}xk/ tbf{ ; wf}  
 cfufn} h; /L 89fp5 ; a} cfv} gx/L st}  
 dfon} s; /L p8fp5 oxfa}xf; rE; /L  
 k}dl k}d u/L aufp5 ; wf; Tk}d uE; /L .# .  
 s}xl 1fg ge}u/ e'n tl kfk} x6gg\hg  
 hfg/ ck/fw u5{h; n} x6gg\g 0 7hf dg  
 P}gdf s; sf} dx/ wldnf b}v65 tltf s'/f <  
 5fof8f klg tl n's/ s; /L a: 5g\oyfy{ s'/f < \$ .  
 kfkln} h; /L 5nl 5n 5nl ubf{ 5 kfk} ; wf}  
 1fgl tl s; /L ; x/ p; sf} a: 5g\´t tfk} ; wf}  
 ; + f/ wgsf a'´Y d}xdf pN6f lx8} ´} eof}  
 s: t/ L g; Bl ; u6w d'6'sf vfhb} lx8} ´} eof} % .  
 s}s} g}u?nf eg/ dbsf ef/L p7fof} lsg <  
 kf0l df ej sf a'´Y s2Of ; b6fj d60f} lsg <  
 cfkn} ; \vsf u/ o; /L efl} h'6fof} lsg <  
 ; flr}gf k/nf} s cfv/ ; a} cfkn} n'6fof} lsg < .^ .

5Gb M zfb}hj qml8t

sf7df8f^ af4 .

# e|0fxTof

bjj' n'06ln

d)h] ; 'gk'kof] d e|0f alg|b} xTof ePsf syf  
cfdafa' bj} ldn/ ul/gj cfofo kl8f Joyf  
x]nf sfg'g s'g\ cbfnt 5 s'g\ ; t'fk e] sf] ; 'gf] ; \  
d/|f] st't So} eP u/ ldf e] e|0f xTof gx]f] ; \!

x] 0 cdf gk5f/ k|0f d'6'sf] 6j jf k'nf]f] ; \kof/sf]  
P afaf gntf/ k|0f 6's'/f] ; <sup>a</sup>h]f] gbl k|dsf]  
ltdf] ; fy ldn] d b|V5' blgoff ; + f/df x'65' d  
ltdf] kof/ ldn] d a95' la'z f df65] agl p75' d .@

cfv'f v|Ng gkfpb} gh/df efnf, 5'/f e] lsg <  
k-hf v|Ng gkfpb} xts8l, of] oftgf e] lsg <  
ue'af6 d; fg3f6lt/sf] ofqf dnf0{ lsg <  
s: tf] lgdd' dft|kt[ ddtf of] e|0f xTof lsg < #.

afem] e] w/tl y't/ slnnf ajnl rdjnl h'xl  
s]sf] kf08j s] / sf/j x? 5jgg'veg] b|f|kbl  
dfq] h'g pbfplb' lbg|bg} s] dNo e] 3fdfs] <  
; ltf 5jg e] 5 /fj Of sxf s] dNo e] /fdfs] < .\$.

5Gb Mzfb'lj qnl8t

YY

s] tkf0(n] zAbfy[sf ; flxlTos k':tsx? k9g'ePsf] 5 <

# b|z leq

wlj s'df/ yfkf

lge]sf] lbofem} eof] cfh b|z  
zflGt s]sf] stf v|nf e]f]  
a9]sf] 5 r'f/l n's] 7fn' e'G]  
la/FP 5 af6] s; f/l ; kfg] .!

v'; l 5jg s'f|l lwsf/l /x]sf  
; } s'fw yfkg] b'v'df k/sf  
d/sf] 5 cfzf l; g] em} eof] lS  
crfgf / kl8f e'n}) uof] lS .@

s'/f vf; ug] t/l'sf l; sf] e]f]  
h'uf} Dd-; Ddnf0{l] yfNg] lsnf] e]f]  
e'n] 5jg kl8f lgnf] 8fd lrbf}  
u/] ug(xTof lj gf; f|r Hofbf .#.

lj b|z65 ef0 la/fg] agl/  
s; h] e'n] b|z v|N8f] vg/  
wdl/f vg] 3fp cfn} eof] lg  
em} sf] d'ug] pr'df uof] lg .\$.

oxf s] egf} e'G u'f'x] s'/fsf]  
89]nf] gb}vl lgs} g} ; 'f] e]f]  
lx/f lrXg ; dx} k'of] elg65  
lagf s: t'/lsf] cdNo) ulg65 .%.

; s] cfp k'nsL{ ; wfl/65 a: tl  
ldn}v xfdl ; 'g} k'N5 ; fyl  
gk'n] x'g] Yof] g/fd] s'/fsf]  
gdfg] lg lj Zj f; df6] r'/fsf] .^.

5Gb Me'h<sup>a</sup>ukpft l; Gw'fNrf]s .  
YY

# snf

k|sfzdl0f bxfn

PSnf] cuN6f] gan] ; dfg  
rNb}g x} tl/lj gf sdfg  
of'f s'g] x]f; \ht j/l/ PSnf]  
; Dk'G s|xL kl'g x'G ; l'nf] .!

g /fd PSn} g t s|0f PSn}  
g ; b{ PSn} w/tl g PSn}  
g rlg PSn} g cd]/sf g]  
cS; lhg] x]f; 'g lx8f] hg} g} .@.

cl: tTj PSn} s; sf] 5 s]sf] <  
; dxdf g] t 5 h] ; a]sf]  
; dx kfg] / rnf0 nfg]  
dfq] snf zfof x'65 kl'g] .#.

/x: o g] of] 5 snf slxNo}  
x'6} PSnf] lj lj wlj gf e}  
/ x'65 h] e]f] ts-e]f] g'fsf]  
; + f/sf] dfq] ; fwgf]sf] .\$.

ldnl ctM k|d lj z]f eb}  
pbf/tf, cfhg e]fu ub}  
l; j fo afRg] / x'f; l x'f; f0}  
csf] snf >lj 7 sxf 5 ef0 < .%.  
5Gb Mpkh'lt

YY

### v} s} eof} s} eof}

g/|b|/fh kf8}n

Kof/ij b}z ; d|4 ; Gb/ lyof} k'vf{lyP kf/vl  
kf/L r' 3d08 zq' ; asf gRy} vBf gfy/L  
tl j fNdlis / Jof; n} tk oxlfuy} agf0{ ynfj  
P|h} bhg}sf} h'j f3/ afof} v} s} eof} s} eof} 0 .!.

kfvf a}; lsgf/ c|ft lyP aly} gbl sNsn  
ns{y} agj fu k|nk|mn} xflulauf tNtn  
Aj ff; f, efn', xBf/sf} bn k; L PSsf}; bf/f w:of}  
; |nf} afu s'?k hh{/ afof} v} s} eof} s} eof} 0 .@.

5ftldf r9L b}o 8f|h/ s'b8f} g<sup>a</sup>df lj iffSt} w; L  
w; f{rf6 / 3fp e}/utsf kmN; f au} 55{/L  
dHhf d|b / df+ g} ulnt ef} s<sup>a</sup>sf}n sfof /Xof}  
; |nf} eld l5of l5of alguof} v} s} eof} s} eof} 0 .#.

g}kfnl 0ltxf; kf/v stf afxb/L uf} stf  
P|h} ; Gtltsf aufn lj lbzf tfSb} ku} sf} stf  
efla68f u/L vfg tTk/ eP aGb} 5 bbf}t Toj  
sfxl 5}g l7ufgdf lsg st} v} s} eof} s} eof} 0 .\$.

nfu} cf>d 5f8L b}j uof g} kfvf lsgf/flt/  
nfu"cfjfw b|x lj qm0 x'g} aGb} uP dlGb/  
wtl{pj / zZoZofdn 5b} cfof} cgl}sf}n of}  
ef5g\7Ss 5 5}g l7lS7s st} v} s} eof} s} eof} 0 .%.

5Gb Mzfb}h}j qnl8t

goff afgZj / .

YY

s} tkf0{f} zAbfy{sf zAbsf}zx? k9}ePsf} 5 <

### knj/Pg b}zsf} d'xf/

gf/fo0f 1j fnl

Dff3 df; w|DdP5 3fd b}vPg v}0  
l; l; { } atf; sf} kxf/ 5}SPg v}0  
lhGbul 5 6f}S; bf} s7df<sup>a</sup>h}0{ ; w}el/  
lvGgtf lj /lQmn} 5 Vofp6} s7a/L 0 .!.

el/df 3; fl/P/ 3ff; kft hfg'sf}  
kfv'/f ahfl/P/ Ps dfg' vfg'sf} .  
; |Denbflg bVg yfN5 rf6 Toj crfg'sf}  
cfhef}n s} 5 slGg xfnrfn ; fg'sf} 0 .@.

cGgkft lSgk5{ a|x; fa efpsf}  
; fk6L psflnb} 5 Aofh; '4 ; fp}sf} .  
; fj uf; 5}g ltg{vf0/fl5 6fpsf}  
hgtg hllj sf rn}5 ufpf7fp}sf} .#.

d}n}P5 /fhgllt wt{tf km6df0h}  
e}j6-j |Q :j fy{; l4 vfln 6f0krf0h} .  
s|NrP/ ; lj wfg n}stGqsf lj lw  
JolQmsf} eBf/leq hf65 /fi6sf} lglw .\$.

pj /f w/f uof} lg 0 affem0{ladfvdf  
kf/vl oj f lk9L lj b}zs} 5 tfsdf .  
gfosTj of}lotf-lj xlg, vfln wfsdf  
b'/blz{tf 3'; jg uf}a/ lbdudf .%.

; fj {ef}d eGg' dfq yfldg} gkfpb}  
xft xfn5 afXozlQmn} s'/f rkfpb} .  
qnlGtdfly qnlGt dfq zflGtsf} vkfp v}0  
knj/Pg b}zsf} d'xf/ s} egff/ v}0 .^.

5Gb M t0fs=rfd/

z<sup>a</sup>v}dh, sf7df8ff.

YY

# cfXj fg

gf/fo0f lg/f; L

u5gVfh lx/0osZokx? vfi; V xfdij xs  
df6ij aRg tof/ 5g\dn'ssf u2f/ 5g\zf; s  
; S5g\?i6 ag/ agb's otf tfs/ ; f%ofpg  
cfpm lg: s ; a} h'6ff ; 8sdf gkfn hfufpg .!.

/fuf0{ hgtf u/ 56k6ij ; Gnf / sfj qm6bg <  
s'; l{sfj kl5 bfj8b} 5 cu'j f plDnG5 tftfj v'g  
nfuff zDelgzDesf cl3 ; /L ; <sup>a</sup>Nfddf xfdjg  
cfpm lg: s ; a} h'6ff ; 8sdf gkfn hfufpg .@.

af6ij vG5 l5d]sn] j / ; /L xfdij s/; fj y'gl  
s] a:5f] rkrfk dflns ltdl agb} v'gl a]ujl  
sfnl'sfj lnlknlDkof /utn] yfnff g /<sup>a</sup>Nofpg  
cfpm lg: s ; a} h'6ff ; 8sdf gkfn hfufpg .#.

k'vf{sfj Oltxf; 5g x'zj f agb} 's]sfj lz/  
xhdl e lfs agb5ff bzuhf gf3/ cfP j /  
hE]kNn/kl\$ bZdg a9] nfuff g 5Ksfpg  
cfpm lg: s ; a} h'6ff ; 8sdf gkfn hfufpg .\$.

ltdfj xfdjg bf0hfj lxdn'nl kmf/L gl 'Sg"lx/f  
kmfNg]5ff 3/sf w/L blngsf kG5fpb} dfs'/f  
yG{s}sf t/af/ af]s v's'/L ; fdfHo v]bfpq  
cfpm lg: s ; a} h'6ff ; 8sdf gkfn hfufpg .%.

xflnl j f0gdf 8'a] zslgsfj nflubg s]xl e/  
a9f uf? wkfpb} gj o'j f g]t[lj cfkn] u/  
vfj; ]sfj clwsf/ qmflGt gu/L kf0Gg lkmtf{ lng  
cfpm lg: s ; a} h'6ff ; 8sdf gkfn hfufpg .^.

5Gb Mzfb]hj qm18t

# ; fy{stf

8f= gf/fo0f lg/f]nf

lj Bfyl{ hgn] lj gd| /xb} lz lff lnP ; fy{s  
lj Zj f; L u'?j fSodf x'g uP bl lff x'g] ; fy{s  
lj Bfn] lj gol eP dghdf lj Bf eof] ; fy{s  
1fgln] t 5/ k]sfz hudf Toj 1fg ef] ; fy{s .!.

cf^gfj /fli60tf ; w] Åbodf /fVbf eof] ; fy{s  
efiff cf^g' ; w] ; w] ; u ; u} /fVbf eof] ; fy{s  
j f0fl hfj dx 'f ' / ; /l ; nf] af]nl x'g] ; fy{s  
j fSodf 5 eg] t cf]h ultnf] Toj j fSo ef] ; fy{s .@.

g]tf 5g\ultnf eg] x/lbg] g]t[lj ef] ; fy{s  
/fi6k]gi7 eP ; w] t hgtf Toj /fi6«ef] ; fy{s  
/D5g\sfJo; u} eg] slj x? Toj sfJo ef] ; fy{s  
gf60df ha ldN5 efj /l ; nf] Toj gf60 ef] ; fy{s .#.

cfdfafa'; u} eP t xf; nf] 5f]f] eof] ; fy{s  
5f]f gd] lj gd] 5g\olb eg] xG5g\ktf ; fy{s  
cfdfsdf dgsf s'/f al 'lbg] ; Gtf]g x'g\; fy{s  
cf^g}; Gtlit vflit/) e0lbbf dftf e0g\; fy{s .\$.

cf^gf ef0 ; a} eP dg; u} tl] bfh' x'g\; fy{s  
d]f] bfh' ; uj {egb5 eg] tl ef0 x'g\; fy{s  
; j fdlsf dgsf s'/f al 'lbbf kTgl e0g\; fy{s  
kTgl'sf dgsf lj efj a' 'bf ; j fdl eP ; fy{s .%.

cfTdf x'g\k]p /fd hf6b5 eg] /fdfo0f] ; fy{s  
ldNnf /fd; /L ; 'slit{p; sf] cfr/ ef] ; fy{s  
b]x} of] hlxn] ; \l x'g ; s] Toj a14 ef] ; fy{s  
cfTdf kfg{ ; s] v'; L k]tlbg} Toj 1fg ef] ; fy{s .^.

5Gb Mzfb]hj qm18t

### cfdfsfl dlxdf

gf/fo0f gkfn

lktlTj ln0{cff l; hgf lzNk nfpj  
 cdf x'g\ i6sl dh ; + f/ of lrgfpg] !.  
 ; Gtfg ; \vdf /D5g\j fl; No n]; df xbf  
 blvof kl/ la; f5g\cfdfsfl k]dn] 5bf 0 .@.  
 ; f/f-uf/f] / cK70f/f] cdf g)a%b5g'a8f  
 :j odVfv/ e<sup>a</sup>\df ; Gtlf kf: t5g\cxfl 0 .#.  
 cdf x'g\hggL, dff x'g\df x'g\ddtdol  
 cDdl, dDdl tyf df0{h]h] 5g\gfd lxbpl .\$.  
 gfdn] sfdn] cdf ; j bf 5g\ klht  
 dft]sf u0fn] ; f/f /xbf 5g\ 'z]let .%.  
 PSsfb0{st} x]nfg\cfdfs ?k sNdif  
 lSgt' :j efj tM cdf lkb 5g\clwsfztM.^.  
 cflfdf b]xdf cdf k]st efj df kl  
 oq tq / ; j g cdfs} dlxdf 5 lg 0 .&.  
 cdfs} bg xg\ E l 0i6ldq / afWj  
 ; Gtlf, /lt cf] k]kt ; Todf blgoff ; a .\*.  
 oxl lj rf/n] k]fl 3/ ubf] 5 tYodf  
 cdfdf]bj] efs/ afRg]kbf] 5 ; Todf .(.  
 k]Zg x] b]wsf] ef/f st]o lxtsf] g x]f  
 ; i6sf] bli6sf] l; Gw' dft]j dgdf 5 of] !).  
 lnP/ dgsf] sflgt lhGbul kydf /x'  
 agf]; \gkfn cdfsfl lgTo pmhf{d s] sx'0 .!!.

5Gb M cg'i6k

### bflotj sNn] lngl <

gf/fo0f kfjv/]n

j f j f ; 'g' ; 'gf ; 'gfpgeof] st]o s] x]f egl  
 dl7f zAb lj z]f dg h; /l s07:y kf/f kl  
 gf]nf bz]gsf bkrf pkbkrf ; n]s 3f]sf]of]  
 em]nf ; j s e]f lz/fk/ u/l af]s]d af]sf]of] .!.  
 cNnf/] j ob]v af; el/bf ltd] e/f; f k/f  
 x] ; j {j egl ; dlkt agl h] h] eGof] To] u/f  
 af x]g] t/ af; dfg dgn] ; Ddfg uy]st  
 afegbf klj 1 dfg; a'e]f lau]5 d/f] dlt .@.  
 rf6df] x]g lbfu x] 0 lbg]bg] sf]f] e'6] e]f e'6df]  
 a; f]j if] lat] ldn] glthf a]sf/ kfgl r'6df]  
 krfNgk5{156f] ; dfh 3/sf] sf]f 3: of]f eGof]  
 P]n] a]n kb]n e]f b'v lbg] sf]f 3: of]f aGof] .#.  
 eGyof] Nofp]5' /fd/fho klxn] ldn]Sof]b] /f] Of  
 k]f]of] k]f] ; g /fd 0 /fd 0 d egl /fhf aGof] /f] Of  
 ; ]t]f eG l; sf]f]of] hlt; 's] sf]n] eP tfklg  
 sf]n] eG' egl k]z lfof lbof] ; ]t]f eP tfklg .\$.  
 sNn] wfGb5 v} 0 lj /f; t ce]n eTsfp]b} 5g\w/l  
 eTs]sf] 3/df ; 't/ ; kgf b]vG5 s]-df-w/l <  
 b]v]s] ; kgf aj' f d x'f egl 8f]sf k; }-sf] < lrgf  
 9f]sdf uhj f/ nfpj e'n] bflotj sNn] lngl < .%.

5Gb Mzfb]lj qm]8t

Y

uf]v]f.

**s] tkf0[n] xdf] j]a; f06 xg]ePsf] 5 <**  
 web : <http://nepalipublisher.com/>

# km; fb

kbd bxfxn

htf hfpnf htf xfpnf af6f] sf6g km; fb 5  
kfgl aju/ pn]sf] gbl af9L lj zfn 5 .!.

bfofAfof b'j } kf6f] anfbf] 5 / tl/df <  
df65] b0{lsgf/fdf bf8]sf] 5 ls kl/df < .@.

/fhwfgl 3gle't 3fdkfgl syf-Joyf  
uf8L uf8 dxfaf9L r]s hfd htftf .#.

; fdu. vl/bf] hNo} df65]sf] el8ef8 5  
Sofkij xfbndf kfnf] kf0bg aufn 5 .\$.

a]f -lj B't-lj Qlo ; +yfdf l7E]f nf0g  
cfjfwfno of dfn kfgl c88f 5 nf0g .%.

sd]rf/L v'/fkifl elj6frf/ a9fp5  
sf]Gbf d'v ld7df0{uf]hl vr{ldnfp5 .^.

cgfrf/ csd0o cf; lStkg cfl/;  
; j x/f ld7f gf/f dd]b 5 dflg; .&.

lr/Rof\$ gtNofP sf7] kv] x0G5 /] 0  
gvfP/ goff nfP b]vfP ; f]v xG5 /] 0 .\*.

ef6; fdf u}l5/L sNn] vfof] vfpG e65 / <  
l6Nn 6lNsg kfof] ls v'; L ; f]vg dfgj .(.

sf7df8f] dxhfnl en]l s6 kx8 5  
u0fufxl 5 sf] df65] < s[tEg nnsf/ 5 .!).

5Gb cgi6k\

n]sgynl, e0rk/ .

YY

# kf9-tf kln xG5

k'ziffQd l; Ubn

jf:gf >lv08 lbGg\hats t?sf leq culv xG  
s: t'l gfe xGg\cd]do lagf, ufy 3fn] xbg  
km: sf 9<sup>a</sup>af klgGg\au/ j g x'g] bj tdf ug/  
df65]sf] kf9-tf x] j /b j o; n] vf/Psf] pd/ .!.

u<sup>a</sup>af x] lhbufgl axg' 5 sl6nf 5ndf kfn xgl  
knf/L r6dfg gf3L ; dtn slxn] 5lNspsf] hj fgl  
3f6l knfn/ r]f; f sn'if ; a c? Toj lznf xG5 kHo  
x] flnufd lrNnf zlr / dg 5'g] hj g]sf] /x: o .@.

kfs]sf z'e] ; ]tf /u/u h8 x'g\al4 ; 4fg-sk  
khr6fdf 1fg all5g\pklib ; of] j ]bsf lbjo-; St  
sfnf-dhf kvfnl cgej j on] t]j sf dh a65g\  
w]Psf sz ; ]tf dl0f; l/ lz/sf kf9-tf kln xG5g\#.

; ]tf xG5g\xdfnl lzv/ lz/ prf z'e]tsf lgzfgl  
khfsf lglDt a; f]p5 hnlgwn] k'ik-uR5f lxdfgl  
xl/f j f : j 0f] cfef 6ns x'g' ; knf zn vf/L k'/fgf  
rfbl kf/f] p]hofn] rxs w/l0fsf] Hof]tsf ?k gfgf .\$.

emgf]sf gl/ ; ]tf emn /lj -zzl Hof]t cfn]s ; ]tf  
lj B't\$sf wf/ ; ]tf uxu0f gesf tf/sf-eh68 ; ]tf  
x]gg\ ]tf ag]sf kj g / /lj sf :kz]n] sz ; f/f  
w] 5g\cy( ; ]tf x'g' /x/n] xGg gfgl 0 lj rf/ .%.

5Gb M ; ]w/f

wDaf/fxl, sf7df8f].

YY

s] tkf0fn] zAbfy[sf ; flxlTos k':tsx? k9g'ePsf] 5 <

# lbblsfj ; ; /fnnj 0

klef e6&/f0{ ..cfrfoj

cfknj dflg egl cfoj nfvfjsfj bf0hfj lnofj  
; \vsfj cf; b}vfoj bMvdfq; wj lbofj 0  
k|z+ f d\vnj ub} km; foj zAbhfnnj  
; fRr}bMv lbofj cdf lbblsfj ; ; /fnnj 0 .!.

/fh u5j egl 5f/l ; fdGtl 3/df lbofj  
..vfgbfgl k/; Dwlj egj} b<sup>a</sup>u e}bofj  
lyofj au/sfj :j kg kvfNofj ; a 5fnnj  
w/} bMv lbofj cdf lbblsfj ; ; /fnnj 0 .@.

cfufj 3fg xfnjYofj 8l9gg\dl/gg\bbbl  
nul h<sup>a</sup>undf 5f8dfj kfpdf kl/gg\bbbl 0  
cdf 0 5jS/Xofj o: tf cGfofo k/vfnnj 0  
cenj bMv lbPs} 5 lbblsfj ; ; /fnnj 0 .#.

cfknj a}l / /f6lsfj dl7fj gftf nufp5  
..cleefj s x} e6b; wj d\ v rnfj 0  
xdl nfrf/ a6b} 5fj p; s} b}vefnnj  
kf; fj yflk/Xofj cdf 0 lbblsfj ; ; /fnnj 0 .\$.

..9fjsf vfnj eGofj s}n} slxn} .a6b u/\eGofj  
xdlj ofj 3/b}njsfj pxl dflns enj aGofj  
af6fj a6b u}ofj 5jSofj t8kfofj clgsfnnj  
s: tfj bMv lbofj cdf 0 lbblsfj ; ; /fnnj < .%.

ltdl dfg a: ofj cdf 0 pm cenj emf<sup>a</sup>6b} uofj  
cenj lgnfth a6b}urj pm cenj gf<sup>a</sup>6b} uofj  
lgw\$ s afjnBfj cdf ltdfj ofj clwsf/ 5  
h} ugk5{ ugj5f olQsfj kl/j f/ 5 0 .^.

5Gb M cg'6k\

# zflGtsfj Hofjt rDsfj; \

k|dgf/fo0f e'; fn

wtl; ; f/f x/kn goffl; hgnj einjsfj  
d6&l kof/fj ; sn hgsfj sdh} l; l-rPsfj  
; f/f xfpng\; \do ; bf dGqsfj lbJo j f0fl  
uGhfj; \ f/f sk6 dgsfj r0f{ affsl g/fvl .!.

5jgg\oful hgdg ofj elj6 cfrf/ a9bfj  
vfg5g\vfj; l lj sn hgsfj uff; nHhf x/fofj  
:j fyl{ kfk slt lj lw a9} sflx eGg} gkfcfj; \  
xfj; g\gfrg\clvn hgtf /fi6<; d} xjcfj; \@.

df65} cfknj lbglbg ; \l a6g vfhg} :j efj  
xfj; 6j xj; j ul/sg ; bf d6g ; S5fj cefj  
xdl cfknj ldnh'n u/ ; j u{ a6g}5 wtl  
xdl cfknj lj golj hol l; hGfsf t/lnl .#.

k\vfjsfj Toj ct'n lj hol j l/tfsfj sxfgl  
a6b} xdfj; \vb ; kgl dfy /fVg} l; /fgl  
Toj ufydf cylst ; bf kf/vl kv/Ln}  
yK5fj cef dxs /l; nf l; hGfsf s/; l .\$.

prhf xdfj lbglbg emg} rDsbj; 0h: tfj  
a9b} hfcfj; \ lj dn ; wf k} }sfj lbJo xff; fj  
ofjul Wofgl ca lj s6sf sGw/df ghfpng\  
o} a: tldf ldxg dl; gfj Hofjt cfknj lknfpmg\%.

0f ofj unf{ ; /k/ oxff emNsgj j ej }n}  
e":j ujsfj /; /d0fdf tkt a6b; a}n}  
5ftl xdfj lbglbg pif uj }n} 8Dd xjcfj; \  
gkfnlsf dgduhdf zflGtsfj Hofjt rDsfj; \^.

5Gb MdGbfqmfGtf

# gf/l

k|dk|sfz snfjgl

Wofgl 1fgl ; kmm u|x0fl lh6bul k0o vf;  
:j fdl of|f o'u k'z ifsf| a:bl5g\cf; kf;  
ltdf| cfd|f ; v ; onn| ; |i6sf| ; f ; rN5  
cdfd /fP ; a lsl; dn| lh6bul uf; 9N5 .!.

; fyl; El lj s6 kydf a6g ; IS5g\ xf/f  
aQlh: t} 'ndn agl r|Dsg| x'g\; tf/f  
xf; | dfq} x/ dxndf aNb5g\blktNo  
bjl dftf ; 'bz dgdf eg{ yf|N5g\cdNo .@.

cdfd a6bf dw/ ddtf ; fy ; Gtf| /fv  
5f/l a6bf ; sn 3/sl n|R5gl a6bl5g\tl  
kof/l a6bf lbgxf|ulnof| kfb|5g\ef|hgf|b  
ltdf| dfod dxn geP u|x a65g\; dflw #.

ufyf efsf sltko c ^ } z|f|Psf ; lg65g\  
sfof5fof xs ; v c ^ } vf|; Psf ; lg65g\  
PSnl 5gg\ca' ^ cj nf Joy{ P|n| /x|sl  
kf065g\tl ; an cu'f z|Qm xf6g| ePsl .\$.

v|k| kl8f ; a dg|hsf| kfp yf|D5g\w/fdf  
xf: g| g|Rg| lzz' lj hof| r|Dsg| w6o cdf  
kHg"bjl cj lg tndf bj| x65g\k; Gg  
x|g| j|l c; kmm ; 8l a6b5g\56gle6g %.

5Gb MdGbfqmf|tf

dx|b|gu/, s~rgk/ .

yy

s| tkf0(n) zAbf|sf zAbsf|zx? k9g'ePsf| 5 <

# ufxl agj ; 6b/

8f= adaxfb/ ykfk .lhtfnl|

g|kfnl ddrf ag| lbg|bg| b|v65 rf|/t/  
g|kfnl hg ; |s'j f; / eP uRrf ag|e|f|z/  
o: t| xfntdf 5 hlj g eg| ; Qf ; w|p|j|  
a6g| n|f0f b|vPg hgtf | ufxl agj ; 6b/ .!.

g|kfnl lj r/f | eP/ d'/nl 9f8| eP 6f|ps|  
gftf-n|k6 5g\es'g| hgtf ; j fyl{ ag| n|ps|  
v|tf hfr ePg of| avtdf a9b| uof| c6t/  
df6| 5g lj sf; df rx|sg| ufxl agj ; 6b/ .@.

gf|6gf|6 lkP/ of| ; dodf efn| esf/l eP  
ef|6ef|6 lnP/ d|f|ns eP cf|k| 8sf/l /x|  
o: t| r|n rnfpg| rngdf ; f9| eP cft/  
dfn|dfn xg| / b|z b'x'g| ufxl agj ; 6b/ #.

xfdf| /fi6x|/fe/f /xl/n|j |s07h: t| lyof|  
k'v|sf| ul/df k|; 4 dlxd| v|P r|k|P lk|mf|  
df|n|P/ bl/b|tf k|t|bg| df6| k7fP k/  
8fsl blbg /fi6sf| lzv/df ufxl agj ; 6b/ .\$.

ef|sf 5g\hgtf egl clnstf df6|bg| sf|xl lk/  
g|kfnl ul/df lu/fpg p7| | snf / /ftf lz/  
sf|xl|sf 3/ 5g\j zfn r'r' / sf|xl 2g| ww|  
o: t| t|j |j e|n| ult |nof| ufxl agj ; 6b/ | %.

g|kfnl 9's6l ; s| ; nxn| bfof| / afof r/l  
af6| Ps cg|s ?k ultdf a9b| uof| t: s/l  
; fgfn| ; v zfl|t; fy lhp|g| af6f ag| hh|  
P|n| b|z uof| lj lrq ultdf ufxl agj ; 6b/ ^.

5Gb Mzfb|h|j qm|8t

gfufh'g-! , /fglj g, sf7df8f|.

yy



**cfkn6t / k/f0**

afns[0f nfld5fg]

lgtf6t vfrf] p; sf] /xG5  
; lu; lu} b)gs hf] /xG5  
; flrf0 efluf0 lj rf/ Ps  
cfkn6tdf x'g\bl/g] x/s] .!

: j slo xfd] ; xsfo(xf]nfg\  
ldnfk sxl clgj fo(xf]nfg\  
af6] b] s] ha a65 ; fxl  
kQ]j gf g] ghls65 sfxl .@

st}st} ; flr lj rf/ 5'66}  
/ sfoznl Joj xf/ 5'66}  
cfkn6] 5 af6] clg sf] stf 5 <  
; lu} x'g] cflv/ aflWotf 5 .#.

s'g] s'/df dte6gtf xf] ; \  
To] le6gtfn] ulx/f0 kfcf] ; \  
b/l a9fcf] ; \ht b/ hfcf] ; \  
; Da6w xf] b/ x'g] gkfcf] ; \\$.

pmdfq xf] bi6 tyf k/f0  
pN6f] 5 afgl / s'/f u/f0  
hf] zAbn] dfly r9fpg]5  
l5s[ nufP/ n8fpg]5 .%.  
5Gb Mpkhft Onfd .

YY

**; a\$Nk**

a'g" nfld5fg]

snflzNksf lfgdf sNk-sNk  
5 ; a\$Nk g} pRr 5gg\j sNk  
dx1fg lj 1fgsf j]Qlrq  
^ ^NSofpg] ldaq xf] of] lj lraq .!.

lxt]fl oxl ldqsf] ; fy kf0{  
; 't]sf dxflzlmnf0{ huf0{  
v'n]sf /x]5g\dxfg\h6bufgl  
d ; a\$Nk k9b} 5' cfg6b dfgl .@.

st}l; hgfsf w/f w6o kfg]  
st}k/Offsf j'e'lf pdfg]  
o; df 5 pTyfgsf] b'/bi6  
goff kflkt k9b} hxf/D5 ; li6 .#.

ldnf] ; \bi6 o: t} v'nf] ; \cft rfm]  
dnf0{ goffl; hgfsf] 5 wfsf]  
hufP/ ; a\$Nk sNof0fsf/l  
; s'eg{ ; Tk/Offsf esf/l .\$.

d cl: tTj df lgTo ; a\$Nk 3f]nf'  
/ cfn: o p6dlQm j frf saf]nf'  
; ; a\$if{ ; f/f ; d: of l5rf]nf'  
86/} ; dfwfgsf af/ v]nf'.%.  
5Gb Meh^akpft bfa .

YY

**a'4Tj kfpf ; bf**

euj tl coffn kf08]

xfdf pQ/tkn]sf lxp]r'nl ; ldf ag] ; j bf  
xfj f rNb5 df] ; dl ; /; /L ; -hlj gl hlj sf  
tl v]nf ^ /gf ^ /] ; n; nl kln/ ; f/f pwf  
/fdf l; -rgsf pkfo klg x'g\algl u/]sf ; w].!.

8fkn] grRg ; Sof] do/ h; /L p: t} rv]j f-r/L  
5g\ubf lrt]f agln dju tl kf0lx? hEnl  
rDkf j f ugsz/L x/x/L j f: gf 5/] zfgn]  
s]bf kmhx? kmn/ hudf ; f]bo( kf]Vg] eP .@.

nfvf] dl6b/sf] klj q : yn xf] ; + f/n] lr6b5  
h6d] a'4 oxlf eg/ klg of] ; + f/n] df6b5  
5fP a'4 oxlf ag/ husf hf]j No tf/f; /L  
afn] dEnblk o} uugdf lgEbg s: t} u/L .#.

cf: yfsf ul/df lj elt /xbf ^ a\$sf/ a9b} uof]  
1fglsf kydf kmNof] dvdnl ; fju6w l ^ Sg] eof]  
afnf, j]4, oj f ; a} dg'hsf rLTsf/ a%b} uof]  
v]hl zfl6t cdNo of] ej gsf cfwf/ cfkn] /Xof] .\$.

hf8l xft k'sf/ ub]5' oxf a'4Tj s: tf] eof] <  
h6d]s} : yn nldagl t/ s7} u emg\bb(a9b} uof]  
ef]sf kl6x? /x] clg ptf p7b} 5 ef/L s/  
; f: tl vkg' 5 a6a zfs eofs a%g]5 sf] cflv/ < .%.

v]hl dfgj ; Eotf Abon] wtl{l; ufg] u/f]  
wf/f 1fg agl auf] ; e'j gdf sNof0f ub} a9f]  
r]nf dfgj sf] xcf] ; \o'u'uff gkfn kof/] xbf  
cf^g} kfj g elddf ; xhn] a'4Tj kfpf ; bf .^.

5Gb Mzfb]lj qm18t

YY

lrtjg .

# rbl

e'j gxl/ l; lbjn

dfgj -df-gj h6d h/f kl/j f/ lj /fu / /fu v/f  
gf/ <sup>a</sup> /fd /df /ldtf /Of-df-/Of /fj Ofsf lat/f  
hfh/sf6 Onfd ptf wg'iff k/; f /; 'j f / vbl  
sfnhol slj n'vssf lsg ; fy{s dfgs sfb} rbl <

kj{v'nf; \cyj f gv'nf; \Ct/fh c8f; \t/ 3D5 38L  
/f\$5' egj sltn; lhn}an 06wg vr{u/ /u8L  
lnllnusf bu/fbu/L h; /L slb/fv5 ; lsg gbl  
l; 6w ptf lsg c<sup>a</sup>st efj cit bu'd h<sup>a</sup>un cfh rbl <

gfd agfpg gfd k5] clw/fho hdfpg af/ s; ]  
: tDe /r] dlxdf a6'nl t/af/ un] 3/af/ v; ]  
s] hutlt/ sfd eofj clgsfn vkl lbg/ft sbl  
kZg v8f 5 ou'ff ou'sf lsg ; lDeng nfos x65 rbl <

kl08t/fh agf/; sf 3/ufp; /f4 u/ d/  
sd{lyof] ls csd{u/ 6k/L / l; bf epddfem 5/  
efg' o; } : ynsf slj xg'pgsf : d]t eflifsleq 5lj  
lj Da pbfpl5 dfg; df ; x; f dg e65 ; nfd rbl 0

5Gb Mdlb/f

nlntk/ .

YY

**zAbfy{ k|sfzgsf sfoqmdx?sf  
; a}lel8of] otf 5g\**

1. <https://www.youtube.com/Shabdartha Music SM/>
2. <https://www.youtube.com/Shabdartha Prakashan\>

# o: tf] agf; \gfos

d-h' d-h'eflif0fl

gkfnl hgsf] ; 'Do dgdf 5fcf; \s'g} dfgj  
nHhfafw u/L dg'iolar'sf efu'g\; a} bfgj  
cf^gf] /fi6kldQ dd{ hgsf] 7fgf; \; wf dfgs  
b]vl uj {u?g\j b]z blgoff o: tf] agf; \gfos .!.

cf^gf] : j fy{eh/ /fi6ktdf nDs/ a9g] ; wf  
; f/f xif/ bb{dd{ 3/sf ; D ^/ lx8g] ; wf  
xf; f] si6 / bMvd' hgtf afNg] oxffufos  
gtf gfd ln0{ k|knNn dg xfi; \o: tf] agf; \gfos @.

xTof/f, 3'; 3f/, rf/, eB'j f a6g] u?g\bl08t  
ajfl, kl8s, elbefj dgdf afSg] gxf; \kl08t  
cfzf 6ofog; fkmf 5 ; asf] sfxl gxf; \afws  
5fof-3fd gxf; \sblk hgdf o: tf] agf; \gfos .#.

rf/tkrf /xf; \; 'sd{ s/df a/f]huf/L gxf; \  
pnhfzln o'j f hdtf dgn] Joy]lg/fzl gxf; \  
5f8l b]z lj b]z hfg' gk/f; V]nl ldnf; \kfos  
cfzf of] >d zlQmsf al ^lbcf; \o: tf] agf; \gfos .\$.

cfTdfb]v ; bj tTk/ x'g] of] /fi6k'nfufpg  
v]nf tfn s'nf c?it/ st} nllb'g eflufpg  
; Qf xfg' n]ssf] Abosf] ; Rrf /xf; \; fws  
; 6bf gfd l; sf] u/f; \gj lk9l o: tf] agf; \gfos .%.

Kof/f eld 5 of] lj zfn 3/ xf] s] v]Hg' csf] wg  
gkfnl dgdf /d/ al; P s] afSg' n]fel dg  
n]f]elsf] klq lrQdf cit /xf; \b]vl; sl nfos  
xf; \bl'6ft oxlf ; bj ou'sf] o: tf] agf; \gfos .^.

5Gb Mzfb]lj qm18t

YY

### Tofj cx<sup>a</sup>s/ efufj; \

8f= dw'; bg nfld5fgj

; GWofdf k<sup>h</sup>ofp/fsfj cgn 5 d\vd f lj fg knf{ elg65  
efBf klolfsf tl lgldife/ k<sup>h</sup>6} zljf s} kfj /xG5 <  
eTsf0{lbjo cf: yf hgxp<sup>o</sup> e'nl j fudf j z s'Noff  
d/} cf: yf / cfzf klan an egl xf 0 cx<sup>a</sup>s/ pNoff .!.

cfvdf grRg yfNfj lbge/ xl/of gf6 ; j{ j bVgj  
erfj: gj cfufj : j on} t/ k/ hgsf bfjif vfln/ lx8g  
b}vGg\zft s'No} dg 5 cgn e}f ufpa}zl prfNoff  
d/} cfsz wtL /lj lj w' d egl xf 0 cx<sup>a</sup>s/ pNoff .@.

efQmf 5g\ufpaf6 lzv/ts ; ofj : j fydf lgTo lnkt  
cfk<sup>h</sup>g} ahf ahf0{ j /k/ hlxNo} qf; bl nfl5 glf0  
cf: yfsf dfu{ eTs} lj dn dg k<sup>h</sup>6} a9g yfNoff 89}nfj  
la; l{ ; Tsd{ hDd} dg y/y/ 5g\xf 0 cx<sup>a</sup>s/ pNoff .#.

cfzfeq} lg/fzf uldlt glgsfj wfl/nf wf/ dfq  
; t\rt\cfG6 hDd} e'???? p8} 3f0t} 5g\ dfh  
; NSofj cfufj cx<sup>s</sup>fj ej g j g hn} p8g yfn} k<sup>h</sup>nl<sup>a</sup>x  
d/} x'g\wjt, af/L, wg / j g egl xf 0 cx<sup>a</sup>s/ pNoff .\$.

d/} dfq} gefg} xpoel/ pxl lrQ rjt6o 5f}cfj; \  
bDel, nfel / kfl dg ca ga9g\tr5 cfzIQm wf}cfj; \  
kof/} ofj j fuleq} cd}tdo pxl ; To ; <sup>a</sup>sNk hfufj; \  
df65} d}dfq e6g} clxt 5 ; bf Tofj cx<sup>a</sup>s/ efufj; \%.

5Gb M ; juw/f

; Nofg, bdfryf .

YY

s] tkf0{n} zAbfy{sf zAbsfjzx? k9g'ePsfj 5 <

### cfis'/f

dxfbj clwsf/L

df65}df clt g} 3d08 x'g ufj ; + f/ d/} e6ofj  
cf^gfj cfr/Ofj en/ lsg v}0 ; DklQ 7hfj a6ofj  
; fgf bV5 ; a}lg/Lx hgtf ; Tsd{g}lal; pfj  
OR5fzIQm oxff sdf0 lj r/fj cGwfj agl nldsofj .!.

Bftf lkt[ ; a}d xj lg ; asfj d} sn xj e6b5  
; QfzIQm ldn} tdfd 9s'6l l/Tofpgj a6b5  
ub}eh ; w}xhf/ hgtf kfb}larNnl a/f  
; f/f lj Zj v'b}d lhT5' ; xh}e6b}p8}sfj r/f .@.

d5f{ efn ; a}eg/ dgn} ; fRb}g ; fRg} lsg <  
5f6fj hlj gdf 5 dg{ ; an} ; Sb}g pm ; lDemg  
hfj hfj dflg; n} v/fa ; kgf bVb}gbVnf oxff  
dbf{ : j u{ t/L ckf/ ; vn} klGj5 j }s07df .#.

lzi6frf/ u/L cefj dgdf k:g} gb}pm ltdl  
kbf{ ; <sup>a</sup>s6df k'sf/ ; xh} Bftf ; xf/f agl  
dl7fj afNg ; s} 3Dff lg gu/} bMlx?df klG  
; fylef0 ; a} r/q uxgf 7fGjx? /fjhlG .\$.

tf/frGb} agl xhf/ oudf rDs/} affj ; bf  
To: tfj JolQm x'g} kpf; d u?f e6g} /xf; \ ; j pf  
s} cfsz 5g} ; dfG /xnfg\zh}zsf 6fs'/f  
s} xj kOf{snf ; a} dge/L k<sup>h</sup>Ng} agl cfs'/f .%.

5Gb Mzfb}hj qml8t

YY

s] tkf0{n} zAbfy{sf ; flxlTos k':tsx? k9g'ePsfj 5 <

# z'e ajnf eofj ca

ldqnf n k4fgl

P 7'nf 0 lj Zj sf 7fn' 0 ltdl z:qf:qsf wgl  
efjs-Joflw a90fj lx+ f ltdf x)sdsf dlj .  
s] /Rofj< blgof d'bf{vfgfh: tfj xb} uofj  
xf/L hlj gsfj d'2f Gofc cfmj }b} uofj .!.

sf/fjgfsfnn) ofbf j u{/vf ; knf ufofj  
50fE} efj, b}vofj hDd} s'g dfG5] stf kfofj .  
gfkrf-af9l st} cfofj, st} ; Vvf eofj clt  
s}kmm] tfndf cfn', s; }sfj efj 7'nfj vtl .@.

ofj kof/fj klyj l xfdl] gftf dl7fj r/fr/  
; x; DaGwn] dfq} ar}sfj hlj sfj 3/ .  
gfkrfsf nfen] gftf tf8l lx8b} 5 kftsl  
xTof ug{ st} s}xl uxfj] dfGbg 3ftsl .#.

dxQfdo afRgfsfj /Edf /IEP egj  
vtl eflg}x? hDd} Ps e} hIEP egj .  
nfl5 baf/df cfufj, efl5 /fhf uofj ca  
lg:s P 0 n16Psf xj z'e ajnf eofj ca .\$.

5Gb M cgi6'k\

yy

**s] tkf0nf0{ yxf 5 <**  
**xfdl @)&^ / @)&& sfj j if{ k':tsdf hl6; s}sf**  
**5fj .**  
**k}Tojs j}zfvb}v r}q; Dd lg:s}sf k':tsx?sfj**  
**xfdl l6Kk0fl; lxt kl/ro k}sfzg ub5fj .**  
**To; sfj nflu xfdlnf0{ k':ts pknAw**  
**u/fpg'xfj; \.**  
**; flxTo ; j-4g s}Gb}**  
**rfajh, sf7df8fj (&&-)!-\$\$(&#!÷(\*\$!!\$\$%)**

# :j:y 0R5f pdf/fj dgf coffn

; wf: j R5 vfpnf / lrgtf eufpnf  
; wf: fwgdf dg} ofj nufpnf  
/ Jofofd ub{ / lj >fd ub{  
hufpnf ; bf ofj dg} zfgt kfb} .!.

agl dWodful{ ; wf xflz ; fwl  
r'dfj; \hgbul rjtgfsfj ; dflw  
; wf l7Ss vfgj ; wf l7Ss ; Tgj  
agfj; \hgbul l; hgf ult ; Gg} .@.

wj fidf gzdf ; wf xflz hfufj; \  
k5fj} s'afgl ; wf b' efufj; \  
oxf k0f afRg} ; wf :j:y afgj  
ldnfj; \hgbufgl goff hfz s'bg} .#.

; a}kl/ dsf{u/f0{v/fgl  
xf; fP/ afRg} snf lhGbufgl  
lhpnf lhGbul afj h: tfj gkf/fj  
; wf b}xdf :j:y 0R5f pdf/fj .\$.  
5Gb Mpkhft x6f8f .

yy

# g}kfns} cffugdf / dfpnf

d's'Gb zdf{ rfln; j

lxdfn ufpnf ls dwjz ufpnf  
kx8 ufpnf d :j b}z kfpnf  
ldnlh'nlsfj al/ofj ; dfpnf  
g}kfns} cffugdf /dfpnf .!.

d}rl gxfpnf wj nf ls snf  
ls j fldtldf s6'tf kvfnl  
; bf >dfk}fh{t cGg vfpnf  
g}kfns} cffugdf /dfpnf .@.

d ufpnf0{ / ahf/nf0{  
d g} c?sfj clwsf/nf0{  
st}odf k0o dxfg}sdpnf  
g}kfns} cffugdf /dfpnf .#.

s'nf xhf/fj t/ v}t ofb}  
g; f s/f8fj t/ r}t ofb}  
; a} lxofeq d a:g cfpnf  
g}kfns} cffugdf /dfpnf .\$.  
5Gb Mpkhft a9fglns07 \$ .

yy

**Cgf]7f] df]; d**

od /l|dl

hNb} 5 a: tl ylkb} 5 t]n  
v: g] s'j fdf /lrP5 v]n  
Hob} 5 df65] kn]sb} 5 z<sup>a</sup>v  
5 dfs'/f]sf] 3/leq t6q .!.

egb} 5 ; <sup>a</sup>hf] wldnf] 5 kfgl  
af<sup>a</sup>ul ag]sl lsg /fi6«/fgl <  
of] b]z vfof] ; l/ /fhvfgl  
ag]5 wd] ; lt a6g hf]g] .@.

Vffdf] 9nf0{ 5 an]f /d]sf]  
l/É} lgsfnl 5 s'j f hd]sf]  
Rof] / as]f] 0h/f 5 hf]8df]  
afnl hnfP/ l; nf 5 vf]hbf] .#.

vf]n/ 9]sf 7u 8f]sb} 5  
/f]k/ /fql lbg df]; b} 5 .  
s'6f] 5 a6b} km]j f 6'sf/l  
d'ul] ag]sf] 5 xnf] lauf/l .\$.

ku/ 6kkf tn kn]b sf6df]  
v]nl /t]nl v'a glg gfRof]  
kf]v65 pDn] kl5 b'w kvfv  
df]; 65 pd] sldnf kv]6f] .%.

a6b} 5 rf]v]f] v'gn] g'xf0{  
eNb}g df65] lbnsf] b'vf0{  
em]6f] km]sf] 0ltxf; 5g  
h7f] k'h]sf] klg wd{ 5g] .^.  
5Gb Mpkhft 3f]/fxl -\$, bf<sup>a</sup> .

YY

**qf;**

/d]z ; dyg

otf x]5{o: t} nyfln<sup>a</sup>u b]V5'  
ptf x]5{p: t} etfe<sup>a</sup>u b]V5'  
d uf0{ /L bNbn] ef; df 5'  
/ g]kfn afRbg of] qf; df 5' .!.

gbl alb5g\gTo d/] cuff8  
o]j f l5b]5g\gTo /fP/ vf8l  
d wtl{ ; w]sf] ; w]kof; df 5'  
/ g]kfn afRbg of] qf; df 5' .@.

k; f]f d v'6df eg] efr]rb65  
p7fpm] d dfyf eg] Rof]klb65  
d a6bl s7} 0 cfh cfsfzdf 5'  
/ g]kfn afRbg of] qf; df 5' .#.

hx]f af]Ng'kg] 5 af]Ng] ; lsg6f  
s'/f vf]Ng'kg] 5 vf]Ng] ; lsg6g  
d Hob} 5' of nf; sf] /f; df 5'  
/ g]kfn afRbg of] qf; df 5' .\$.

Df cfkn] gp7g] prfNb} 5 sf]xl  
Df cfkn] glxBg] l3; fb] 5 sf]xl  
ls kn] / r]nf d g] nf; df 5' <  
/ g]kfn afRbg of] qf; df 5' .%.

5 hf] rf] / pN6} s'/f u5{ rsf]  
p; }sf] k]z+ f u/l lx85 csf]  
lg/fzf, xtfzf / cTof; df 5'  
d g]kfn afRbg of] qf; df 5' .^.  
5Gb Meh<sup>a</sup>ukpft

YY

**lg?kd ; f]6bo{**

/d]z e\$ /f0{

d'bf{ }har/f] l] nfk ; xb} Psf6t a: b} 5 ls 0  
ub]6f] lsg x]f p7/ hgn] cfkn]t vf]hlgtl  
cfwf /ft p7/ b]V5 ; kgf cfg6bn] ; 6b/  
5ftldf clt j]yefj vlgof] j]l agl kYy/ .!.

pm]g] af]N5 oyfydf ; a s'/f /fv/ ; Rrf dg  
; ldf/lfs x]f g7fg l/k' of] kf/l k]ef kfj g  
cfef ; flat ug{ nf] 0 e] gdf cfXj fg ub] ca  
/lff ug{ 5 x} 0 slngb ugn] lgikfk a6b} ; a .@.

dof]f 5 eg] x]6g p; sf] cf] fhdf c<sup>a</sup>s'z  
cTofr/ l] ; 4 p7b5 ; w]f /fv/ cf: yf / ;  
of]4f x]f t eg] ; w]f lg8/ e} c6fof kn]N5f] ltdl  
cf~gf] b]z eh/ ; 6b/ u0fl a6g"ltdl ; ødl .#.

cfvdf ; kgf 5/ / hgsf g]tf ltdl df]hdf  
vf] : b} 5f] hgsf ; /Do ; kgf P]z o]sf] vf]hdf  
/fd] ; f]r n c6Tof c; n e} /fv/ ; b]6f] gf  
kn]Ngkb]5 tl sn<sup>a</sup>s glgsf Tofu/ b'ef] gf .\$.

/lff ug{ 5 of] : j b]z ; lsn]f >4f lehfo]sg  
/fv]f] dfgj ; Eotf ; d' n] cfpm]g\ ; g]fn] lbg  
af]rf ; 6b/ ef] n] c] lgdf cfg6b efulsg  
ub] wd{ / sd{ ; fl]j s e0{ xfdl agf] ; Hhg .%.

csf]sf] e/df ckÉ g'xg"ck65' 0R5f oxl  
lgi7fk] s a6gkb]5 ugl kn]nl cl/Éfn tl  
lg: j fyl{ dgn] a' / hgsf : j R56bsf rfxgf  
ug] k5{ enf0 ef] s e0{ /fv/ ; b]6f] gf .^.

5Gb Mzfb]h]j qm]l8t

kfnkf cu]nl, xfn Mln: j fg, kft]un .

YY

### g|tfx?k|t

/lZd e6b

xfi:b}leq ltdl n xfi; hlt g}of| b|z xfi; lg v}<  
; Qf dfq eof| oxf; a s'/f cl: t|j affr|g x}|  
nfvf|nfv lyP cdNo ; kgf of| b|zsf v|it/  
Joy| e|b lbof; 5 rf|b clxn| a|sf/ e| cf|v/ .!.

a9b| /f|u / z|fs e|fs o; /L ; Gtfk pln|5 x}|  
nf7L ah| s7}u/la lgd'vf p|dfb sln|5 x}|  
c|f|df3ft u/L gdf; 9's'6L k|j f g7f|g| u/  
; f|Rr} b|w 5 x}| ca|w lzz' ^}7\$|f ga|b|g| u/ .@.

6f9f b|z lj b|zaf6 sltn| p4f/ df|bf x|  
xfxfsf/; /L c; ^\o hgtf e|fs}k|sf lyP  
s: t|j s|jz; n|; ls|5 ltgs|l km|f|; af/L u/  
s|x| 5|g hxf|pkfo ltgs|l x| b|z cf^g} 3/ .#.

dftf xg\hggl lktf ag ; a|x| /fi6sf zf; s |  
ltdf sfd ; bf klj q lbnn| ; lj f u/f; fy|s  
/fd| dfq egl 5 wfs hlxn| s}-s| n /fd| eP <  
ltdf xft lvrl ; a)t/ oxf|gfRg| t rDrf eP .\$.  
; f/f b|z whf whf 5 hlxn| ; f|r|l |5d|sl lng|  
csf|s} e/df 5 ; f; hlxn| x|df lj j|s} u'd|  
b|f|f|f|f oxf|y'kfg|; adf g|tf eof| 5f8 e|j  
s'; l{dfq 7h|f|g; f|r hlxn| of| ; f|Rg' g} glr x| .%.

5Gb Mzfb|hj qm|8t

YY

**s| tkf0(n) o'6b'a / kn|; a'saf6 xfd|f|**  
**va/l g|kfn**  
**Khabari Nepal Sf**  
**sfoqmdx? x|g|ePsf| 5 <**

### slnsf ; 'v-sfdgf

/fh|b|s'df/ ah|frfo{

; an 5 ou|sf cd|t/; eof|  
k|an klj lws|f; |hg t'n /Xof|  
hut gj w/f ou ou 5 w|  
; a slno'udf gj /; lg ^|/ .!.

tn tn ; tsf pk/ 5 k6sf  
^'6kn|6 j/sf ; t ; t k/sf  
lj ho ho p|x|f cho ; t ; w|f  
c|w|dult p|ef| nug ; a p|w|f .@.

slno'u ; 'vs|f klj lw 5 e'vs|f|  
tg dg hg To|f u|x|of ; '-kys|f|  
ceo; /x e|j ; |hgdo snf  
dw/; 5 ; w|f ; 'dg /; 38f .#.

kj g blift To|f g/ j /k/ To|f  
gog d|ng eof| sn'if dg eof|  
hn yn cj gl kj g ; a rn|  
hute/ ; w|f xnrn lg /x| .\$.  
; 'vbdo /x|f ; \slno'u ; asf  
lbg|bg ; a x|f ; \ 'v hg dgsf  
k|fo h|gt To|f zdg ; 'v x|bf  
hut e/ ; bf k|an dg 5bf .%.

k|no 5 dgdf slno'u 5 h/f  
k|fo l|ng To|f ceo ou w/f  
slno'u Olt >l ; tou casf  
tg dg ; adf hg-hg dgsf .^.  
5Gb M|x|of slnsf

YY

### ; Toaf|w

8f= /fdk|; fb 1j fnl

; w|f 3fdkfgl 5 of| lh|Gbu|fgl  
st} : j Of|v|fgl st} dfq kfgl  
; Sof| ug{ ; ^sNk hNn| c|k|f/  
p; }sf| 5 ; + f/ of| af/af/ .!.

eP w|/ df|5| slxNo} ; b|g  
lj gfb|w|sf| lh|Gbul g} x|b|g  
; Sof| ug{ ; ^s|f|f hNn| le8|/  
p; }sf| ePsf| 5 of| lj Zj x|/ .@.

hxf|x|5 : Jffyl{ tyf lgDg ; f|r  
hxf|x|5 g|t|j df tR5 n|fe  
hxf|k5{ lj Zj f; df t|j | rf|b  
Toxf| kn|ng ; Sb|g df|5|j j|s .#.

lyP j|l/ k'v|f/ of| b|z kfof|  
lbP lh|Gbu|fgl / k|f d': s'/fof|  
lj gfsd{ |dNnf sx|f c|Gkfgl  
s'/f dfqn| x|G g|f|f|f lax|fgl .\$.  
r/fn| : j o+v|f|5 b|gf 3'd|/  
ls/fn| : j o+v|f|5 v|gf r'g|/  
5b} z|st ; fyl u/f|pRr sd|  
oxl sd|g| lh|Gbul|sf| 5 wd| .%.

5Gb Meh<sup>a</sup>ukpft skg, sf7df8f.

YY

### sf/flgf

/fdk|; fb k6t

sf/flgf 0 lsg lj Zj lj Knj ul/; \s: t| cx| rfxgf  
df65|sf| ; d'bf0 g} lj kbdf kfg|5 x} sfdgf  
lj b|xl clt g} ag| hudf lj Wj z ub| /lx; \  
k|0fl vfg' cwd{ x| lsg cx| 0 a%b} ga%g| e0; \!.

t|/f| h6d eof| ; 'b/ k/df To| rlg b|z|dx|f  
t|/f| tf08j g|fos| /; uof| cl: t|j d'xof| Toxf|  
kf/fj f/ w/f dg'io; luf s| bZdgl ub|5; \  
df65|sf| dlt ; lk|f| olb eg| tf t|f0f|db|5; \@.

b|z} b|z x|b} / lj Zj e/df ; fd|Ho 5fof| cx| 0  
t|/f|sd{ ; w|/Xof| olb eg| cl: t|j s| k|f0f|sf|  
hf hf hf ca hf d|/ ca hf qm|w|llg aNo| oxf|  
nfvf| nfv dg'iosf| x/Of ef| k|f-hNo k|j ldx|f #.

tfafR5; \s; /L dg'io geP s| ug| ; S5; \ta  
t|/f| st't of| c; f|wo r'lnof| tf hf k} hf ca  
s: t|j 3|0ft sfd ug{ klu5; \ Dk0f| ; + f/df  
; Xof|af|wo eof| c; Xo ca ef| k|of|lg lb|bf/df .\$.

df65|sf| lardf ; dlk /x|bf z^a\$| c; f|wo} eof|  
cf^g} x| 3/sf| tyfk ; adf lj Zj f; uDb} uof|  
s: t|j x| s'g x| 8/8/ eof| a6bl eoff u|Xodf  
; f/f 7Kk eof| lj sf; ky g} To| b|z of| b|zdf .%.

5Gb Mzfb|lj qm|8t

r|j lxn, sf7df8f.

W

s| tkf0(n) zAbfy|sf ; flxlTos k': tsx? k9g'ePsf| 5 <

### ce| n|Vg affsl

z|bl 1j fnl

l6kl efj gf n|vgl of| grNbf  
5 s| sfd n|vl gn|vf|ls e6bf  
elgg\zf/bfn| sxf| x65 yfsl <  
5 of| lh6bufgl ce| n|Vg affsl .!  
gk|P/ df|sf larNnl k|/sf  
xhf/f|oxff|; h6f 5g\ d|/sf  
d c|k| agl l; h6fsf| x'nfsl  
5 of| lh6bufgl ce| n|Vg affsl .@.  
v; fN5f|oxlf e6by| h6tf/f  
ce| 6|fn a: tlx? 5g\ c|wof/f  
hnf0(6'sl of psf; / aftl  
5 of| lh6bufgl ce| n|Vg affsl #.  
st} k|6 vfnl st} cf^a gfE|f  
eof| lj Zj d} nfh xfd|f pbfE|f  
; hfP/ PZj o6sf| lb|o emfsl  
5 of| lh6bufgl ce| n|Vg affsl .\$.  
5'6|sf xhf/f|ld7f ; Demgf 5g\  
6'6|sf km6|sf ; of|lt; gf 5g\  
v'nf kqh: t} p3f/| 5ftl  
5 of| lh6bufgl ce| n|Vg affsl .%.  
5 affsl ce| lh6bul k9gnf0{  
5b} 5g\ of| v'6|snf r9gnf0{  
kul 6fs'/df goff 3fd 8fsl  
5 of| lh6bufgl ce| n|Vg affsl .^.  
p7fP/ df6|f r'dl| b|z efsl  
d of| b|zsf lg|dt dg| 5 affsl  
9'sf|; \sfnn| l6t' yfSb} gyfsl  
5 of| lh6bufgl ce| n|Vg affsl .&

5Gb Meh^a|k|pft

W

### kf0nf

z|f|dl0f c|frfo{

un|sf| d c^ } 5g  
nq|sf| klg 5g d  
g; f|j| alrd} eflg|  
nf5l sftf/ x|g d .!.

d l^ Nsf| cl|g|sf| alh  
v/f|gleq a: 5' d  
n's|sf| e: dsf| df^  
tfksf| z|Qm/R5' d .@.

lh6bul ; f/ x| d|/f|  
d n|o ha tfSb5'  
lg/fzf zAb g} 5g  
zAbsf|z d v|f|b5' #.

ofqf cl6td; Dd} x|  
alrdf lsg /f|Sb5'  
tyfk lsg ef| afwf <  
; j|q t|xl ; 6b5' .\$.

k5f|8 klg km6|5'  
s'g}; fyl 5'6|5 l6 0  
s|xl eP5 uNtl l6  
e6b}; f|B|/x|5 l6 0 .%.

km|/Psf| c^ } 5g  
^k8|sf| pxl Joyf  
sdl klg 5b} 5g  
lgd'vfx?sf| syf .^.

5Gb M cg'i6k\W

# dNoxlg ctit

/fjx0fl /l; s

cfvdf /utfDo tl ; lxbstj t:j l/sfl ofb 5  
cflfdf 3lge't j l//; sf cfj ju ptkft 5  
d/fj b}z sbflk kg{ gk/fj; \kfv08stj xftdf  
eGb) kfOf lbgj ; xfbtx? ;b} x'gg\kfydf .!.

xf: g]5g\emk8l d'; 'Ss cj nf gR5g\; a) cfa;  
cf^g} j s{tsf ct{k t kl; gf emN5g\j /fjfx?  
xftf] of] u0ftGqsfl ; tndf kfG5 cf^gfkf  
eGb) hlj g ; ldkP/ /Ofdf s] sfd ef] v} oxfl .@.

k8sP/ ; dfg ef] lynfl ynf] df// dfG5x?  
t; fP/ s/fj8sf d'6x? kfof/ v} s] c? U  
dfq] Jofs'n'tf lkP/ lhpg] JolStx? sfl dg  
/fPsf] kl/j f/sfl lj /xdf b}nf / sfl ; fGj gf < .#.

ueftNo klj q ; j R5 lbndf lj b}xsf] r]tjg  
eb}o4 n8fpb) /utsfl v]nf] auf0sg  
cf^g} cfugsf ylu] dvdnl df; Y ; b}fj gf  
kfof] v} U lj snfE of ; lxbn] dfq) ; of] j }pgf .\$.

5f/f af, cj nf ; wf. lkptdf cfkntsf] ofbdf  
t8k}sf clg e8sb) ; 8sdf eflfl/g] nf; df  
of ltdf clt pul efifOf; lu} vfl; Y of] hlj g  
; Denf] lsg < cfh ol ; lxbstj ; Gtfgsf] blbg .%.

la; l{ e'tn j tdfg ; \vsfl Pof; ; Qf; lu  
dfq] ofb 5 hfnef]n; l/sfl pGdfb eQf; lu  
o: tf bfgj sf em6f j rgsl] lj Zj f; dfGbf dlt  
Joy} dg{ ku}5 bi6hgsfl eGb} xgg\ Tult .^.

5Gb Mzfb}lj qml8t

lj /f6gu/ # df/a .

YY

# cfufj tKgl afgl

8f= n}vkj; fb lg/fjnf

tfk5g\vgTo dg'ion] ej gdf blG5G5 cfufj hxf  
tfk5g\emg\s; n] e'h/ e'; sf ; Gtkt bfgf sxff  
rsfl wfs /afkm xG5 To; sf] hf] tK5 aNbf] lzvf  
sf] tKfYof] ; xh} wj ff e'; hxf blSgGg cfknt] lzvf .!.

aNbf bGbg blGsg] tDfx? b}v/ hf] dSv 5  
Gofgf 5g\clt blkt clGgsOf tl eGb) ; j od'v: t 5  
s: t] d9 lj d9 ; fjr hgsfl tflKg hf] tKg' 5  
tfk}sf tDfsf lj d9 hgdf Gofgf] sxff gfkG' 5 < .@.

gdfgrl cyjf x7l clegol 9fju] enfbdL; l/  
cfufdf l3psfl kj fx h; n] kf}vbf] 5bf] a]; /l  
; f/f ; Hhg d'v{b}V5 l5gdf cfknt'dxfw't{ emf  
dfgf] of] husfl dxfk' ; if xfl r}tGo cfknt] ; wf} .#.

s'; lsf kl5 cf/tl hk ; wf} g]t]j sf] ; j s  
; Qdfix s'6Da zlst; \vsfl PZj ofsf] rDas  
uf9f k}d agfj 6l hnk ' }d': sfgsf ; fydf  
aNbf] zlst lrg/ lnkt hgsfl x<sup>a</sup>s/ g} ufydf U .\$.

b}vL 9fju agfj 6l ; xpol ; Qf khf/lx?  
s] tKgl klG a%g cfh g; sl /Dg] v}nf8lx?  
leq}af6 bof knfp5 cxfl U s] ug{v} d'v{ 5'  
cfufj tK5' pxl d'9f] lj utsfl l; 4ftdf dlG 5' .%.

5Gb Mzfb}lj qml8t

YY

a9fglns07 gkf, sf7df8fj.

s] tkf0(n) zAbfy}sf ; flxlTos k': tsx? k9g'ePsf] 5 <



### cfgGb aXdfgGb

j ; Gts'df/ zDdf{ gkfn

blk eGgf; \gbl aGgf; \U k'ik jf ; <sup>a</sup>s ; <sup>a</sup>s tl  
 efj n] slj tf ; Ggf; \t kfp5' ls ; Ddlt .  
 cOfegbf cem; ; fgf q; eGbf tx} k/  
 gbl-; d'bsfj hf/ ; Gwlenf à}tsfj lkp .  
 aQldf ldl; bf aQl ofb} bhfj f/ a9b5  
 ; fjr}t Toj lfoffef; lj Gb'-lj Gb' ; <sup>a</sup>Nb5 .  
 slj sfj efj g} ; f/f .Ij U j f .tfl slj tf 5 / <  
 ofj cfgGb sxfl dNg' k/dfgGb s] 5 / <  
 sxfb}v sb}sf 5g\ ; jtl-sfnl otflf/  
 ; ldf Bf3f6sfj alr cfgGb Toitv/ 5 .  
 p8}sfj e'd/f cf0{ >l-k/fu ; sf5 /j U  
 Toit g} v/ xj ; fjr} k'ikfgGb ; dlu /j U  
 Toxl hlj gs}f s}b} cfgGbdo To} lfof  
 ; dflkt ; lRrbfgGb ap}xfgGb dxQd .  
 pkhUo h'g} j : t' pkefu ge}sg  
 pkofjul xb} xGg eGg l ; 4ftt g} lsg <  
 ; dflkt em; ; a} la ; l; j fdf<sup>a</sup>xl zflGt ; fy nl  
 Rfn}sfj sfd l ; Wof0{ a ; } cfgGb ldN5 ls <  
 cToj Zos lgj fp{ rfk}sfj clg b' : t/  
 cfgGb 5 Toxl 5f8bf ; lRrbfgGb ; b}xt .  
 c ; ld k'j }sfj cfef em00{ ldNg cfpbf  
 s}ts}o agf; ; frf} xfdl bl lfof klj pf .  
 s] eof] P ; efnf0{ lsg ofj lj lw zftt 5 <  
 ; lGdq bfj ldnfk}h} j ftfj /of ejo 5 .

5Gb M c g i 6 k \

yy

### afj/ kfj xG5 s] <

lj gos'df/ zdf{ gkfn

5f8l kfjv ug{ hfj dg'hj} 7hf s'/f ub5g\  
 rfnb} /lt-s'/ltsf ; xhn} vNnf l ; tf rf6b5g\  
 cfkm'17Ss c? ; a} unt g} ; fjr} kfj xG5 s] <  
 ^/l dfy / ufy Toj tn enj afj/ kfj xG5 s] < .!.

cf8xf dgleg afx/ s'g} afjnl enj afjnb5fj  
 lrgg}h} lrgxfN5 wt{ sk6l e} kfj s] vfnb5fj <  
 o : t} b'dt rfxn} t/n e} afj/ s] u5{ s] <  
 b}vf0{ ; a bft lvtvt enj afj/ kfj xG5 s] < .@.

vfbfj sd{ u/l ln0{wg lgs} s] nfe efj 7fGbYof <  
 afjnl pRr ; 'sd{ zG0 uha} 7fn" /l gfrbYof  
 lgn}h} ; a nfh tl j /k/} vfn/ kfj ldN5 s] <  
 ^Sof0{ lkp-d} 8'hl /gj g} afj/ kfj xG5 s] < .#.

b}Vbf ; Gb/ rfn s107t rnl kfgl ; /l alb5fj  
 xbf{ sfjdn kfZj pf rt' Toj cfufj ; /l aNb5fj  
 l ; Gsfj ; Dd t'/g ?k-tgn} xff ; kfj aG5 s] <  
 b'isdl{/ ; df 8'a/ clt g} afj/ kfj xG5 s] < .\$.

Of0f{ à}if ykl ykl sk6sf s07f ; a} ; fRb5fj  
 cf^gfj vft r'nfj ahfpg st} bful agl rfnb5fj  
 .cfkm} dfq /xf c? ; a d?g}lufP/ kfj 5G5 s] <  
 vfbfj wfs nufpb} .ze /xfj ; Uafj/ kfj xG5 s] < .%.

5Gb zfb}hj qm18t

rfj lxn sf7df8fj.

yy

s] tkf0{h} zAbfy}sf ; flxlTos k':tsx? k9g'ePsfj 5 <

### slj n\vgfy

>Lxl/ kmlffn

alb)lg/t/ ld7fj; t efj gdf  
; Den65' lgTo v'; n) dgsf s'gdf  
dfof u/L dge/L ha cf0lb65f)  
xf; L d'; Ss dg lrQ x/y ln65f) .!

klo'f emf clt ld7fj slj tf snfdf  
u~h65 ; f/ ; asf ; l/nfj unfdf  
cfg6bn) dglj ef/ e0{/x65  
dleq rf? z'eej ; wf ax65 .@

Kof/f ltdl cd/ 5f)u0fslt{/fvL  
; Gtli6 lb65 slj tdfjt rlvrvL  
xfl dtdf hg sfJo ; wf lkP/  
cfg6b; fy al; b) 5 oxflhP/ .#.

; flxTo afult/ k'rh e0{k'rh}sf  
k'rh) ; j{ dgdl6b/df v'n}sf  
xpb)ofddf pbo 5f)ca h'gh: t)  
c: tfpb) 5lj dfgj df k'z: t) .\$.

Toj lbJonf)s gu/lt/ g)a; y/  
u5f)ls sfJo /rgf < lbndf k; y/  
Kof/f u lz/fdlof ltdl eg s) 5 ltdf) <  
a%g) s'/f ; xh; fy eof)lg xdf) .%.

ltdf ld7f ; /; sf slj tf k9/  
; b'efj ; fy dgdf ddtf a9/  
; Den65' leq dgn) gt u5{dfy  
>4f u/y d ; wf slj n\vgfy .^.

5Gb Mj ; Gtltnsf  
Y

### cdNo a)nf

8f= Zofdkj; fb Gofkfgj

/f)k)k; lgf oxl d)Qsdf  
k'mfpf w'fo k'mk'rh gfg  
r'Nofp c)nf r'nl }'esf/L  
x/fe/f x'g'agv)taf/L .!.

p7g\xdfnl hg lh6bufgl  
p7g\dbzl hg b'E dfgl  
kxf8sf) hlj g }'Ndnfcf); \  
lj sf; n) dh oxfl k'rb'cf); \@.

duft, cfo}v; eld x)of)  
tdl's/ftl ; asf) lhd) of)  
of) j fu x) k'ik cg)s xfdl  
agf); 'dfu{ clg culufdl .#.

sDhf/ x)g) anj fg\oxf)g)  
pvN5 kfy) k'rh d)fn)s)g)  
zlQm)j k'fP s; n) xkf5(<  
5 j h) ; fg) t/ k'fOf x5{ .\$.

d)rl / sfnl larsf) e'efu  
lgj f; ug) hg zl3) hfu  
ufP/ dfq) k'z)vf k'z)l: t  
p7b)g x) u) ufdlof n)sa: tl .%.

r'nf) b0(ol tg xft c)nf  
bfgf pdf/L >dsf ; g)nf  
; d)4df 5f)ca rfn r'nf)  
cdNo a)nf 5 To; }gk'nf) .^.

5Gb Mpkhft  
Y

### Pstf

xl/z/of 9<sup>a</sup>ufgf

r)ftf/l'sf j /l'knd) /f)kP ; li6 ; f/  
g)k'fndf k)s)tk)tsf) k)l s: tf) ckf/  
cfk'rh) 7f6g) ; sn husf lj Zj a6wTj w/  
cfxf u em08f km/km/ u/L df)nof) b)z x/ .!.

cf)vf v)fn) ; /n hgn) j)bd6qflb cxf) u  
dfof n)l)l k)s)l hgg) al; b) k)l cxf) u  
s)bf) g)nf s'; 'd h; /L k)l) k'rh ; fyl  
; f/f u6Hof); 'ej el/ ; bf k) }s) j f; hftl .@.

v)Nof) cf)vf k)yd k)x/f; b)s) /lzd cf0  
r)Dsof) x)j f ; /; / u/L a'4s) : k)z{ k'f0  
hfg)dfg) t)Of o)usf : j u{b)z) 5 /fh  
sf)l B)ftf; l/ cd/ e) a)Rt5f) n)fs cfh .#.

o) w)l)df hgs hgg) g)Rb5g'd: t)tdf  
sd)u5g\w'z)v'z ; bf x)fn) Jo: t)tdf  
gfs) /fvL cd/s'nsf) j l/sf emf agf0  
8Nnf k'f5g\s/ ko/n)l; hgdf /df0{ .\$.

cfP j)l k)g huts) ; f; y6g) l'krf;  
n85f) Sof/) p; avtdf 5sg)5f); j f;  
cdf of6l ; sn hgsl ; li6s) ck; /f x)  
9'Ss) a: g"; a hgs g) Ps tdf ; d)65f) .%.

5Gb MdGbfqmfGtf

Y

hf/kf6l, ufgk-%, sf7df8f).

s) tkf0(n) zAbfy)sf ; flxlTos k':tsx? k9g'ePsf) 5 <

# cd/ slj tdfd slj j /

xfdgfy zdf{

oxl df6f] kof/f], dw/ /l; nf 5g\kmmx?  
gbl all5g,\lb65g\cdftdo dl7f hnx?  
otf 8fBf sfbf xl/t j g, kvvf, ; dy/  
log) ufP xfd] cd/ slj tdfd slj j / .!

p7] efg' kftM ; /; slj tfsf /x/df  
/r] 7hf] ./fdfofl slt ld7f 56bx?df  
otf u~-hfp x)/l; s hg uf0{ 3/ 3/  
o; )n] 5g\cf^gf cd/ slj tdfd slj j / .@.

otf dft Hof]tdp e0 pbfp d'n'sdf  
; hfp x) /fdf uhn, slj tf, gf6s oxff  
agfp x) efg' kyd slj ; flxTo lzv/  
o; )n] 5g\cf^gf cd/ slj tdfd slj j / .#.

tk: jL afaf ^?k wj n bfx]. 5 lj dn  
r9l a9f] j]nf slj lzv/OfL 56b lzv/  
/r] of6f /fd] .t;Of tk; lU sfJo dw/  
o; )n] 5g\cf^gf cd/ slj tdfd slj j / .\$.

.lr; f] rXnfl] cf] gf6sx? /r]sf ; d j /  
c ^} aff]sf 5g\slj kj / .zfs'tnU lt/  
z]b} .uf]lU k95g\ /; l3ld/]sf j / k/  
; wf]afR5g\cf^gf cd/ slj tdfd slj j / .%.

7nf x'g\kfnkfnl slj s[t /r] .x': ; '-klysl  
knnfp knnaf/L ; 's'; 'd t/Efl t km  
eP /fd] ; Ddf]gt ; 's[t j flj e]j lt/  
; wf]afR5g\cf^gf cd/ slj tdfd slj j / .^.

56b Mlzv/OfL

lrbkfgl, kfnkf .

## jho6tl ; l6f ; Ddf]gaf/f ; Ddf]gt JoOm]j x?

c^s != kf-8f-slkn c1fft -; dlff_	c^s @=/fh]zj / bjj sf6f -k]f{dft_
c^s #= ag"nfd5fgl -/li60 JoOm]j_	c^s \$= pldnf nfd5fgl -glltsyf_
c^s %= 8f-zh]bksfz gkfn -56bslj tf_	c^s ^= elid pk]tl -; j b]zofqf_
c^s &= oj /fh gof3/ -; j b]zofqf_	c^s *= 8f/fdk; fb 1j fnl -56bslj tf_
c^s (= kf-8f-ho/fh k6t -rf8kj{	c^s !=) = s6xpf gf; ggl -lj b]zofqf_
c^s !! = e'j gx/ l; l]b]n -k]ofosyf_	c^s !@= kf-8f-bufk; fb c]ofn -; dlff_
c^s !# = kf-ufk]s]of zdf{-; dlff_	c^s !\$ = /fd]zj / /fpt.dftbf; ..uBslj tf_
c^s !% = 8f= 3gZofd Gofkfg] -; +d/Of_	c^s !^ = k]blk gkfn -; +d/Of_
c^s !& = kf-lzj ufkn l/; fn -56bslj tf_	c^s !* = lj ho rfn; j -lga6w_
c^s ! (= k]sfzdlOf bixfn -lga6w_	c^s @) = >lcfd >lj7 /fbg -; +d/Of_
c^s @l = /fdk; fb k6t -; j b]zofqf_	c^s @@ = d-h'n -lj b]zofqf_
c^s @# = gf/foOf lg/f; l -56bslj tf_	c^s @\$ = zyl ykfk]08t.; +s]t_
c^s @% = lszf/ kxf8l -n3'syf_	c^s @^ = nintf b]fn -Psf^sL_
c^s @& = ultfsz/l -n3'pkGof; _	c^s @* = /fwZofd n]sfnl -uBslj tf_
c^s @ (= r6bs]ft cirfo{-/li60JoOm]j_	c^s #) = b]lj gkfn -56bslj tf_
c^s #! = cd/sdf/ k]wfg -/li60JoOm]j_	c^s #@ = lbJo lu/l -d'Qms_
c^s ## = ; 'ifdf dfgw/ -syf_	c^s # \$ = ab /fgf -uhn_
c^s #% = kf-/fh]b] ; 'j bl -; dlff_	c^s #^ = g/f]b] k/fz/ -56bslj tf_
c^s #& = dg'sf kf8]n -lga6w_	c^s #* = s]of ahuf0f-syf_
c^s # (= wl/sdf/ >lj7 -uBslj tf_	c^s \$) = /fdsthl st]g] -d'Qms_
c^s \$! = kf-8f s]ofk; fb bixfn -; dlff_	c^s \$@ = d'stb zdf] rfn; j -56bslj tf_
c^s \$# = /f]rs l3ld/ -; +d/Of_	c^s \$\$ = 8f-lj Zj blk clwsl/l -lga6w_
c^s \$% = 3gZofd /fhs]ofsf/ -; +d/Of_	c^s \$^ = lvd]g]b kf]v/]n -uhn_
c^s \$& = d-h' s]r'nL -n3'syf_	c^s \$* = lqnf]rg cfrfo{-56bslj tf_
c^s \$ (= 06bs]df/ >lj7 ; l/t\ -; +d/Of_	c^s %) = 8f-n]vk; fb lg/]nf -; d]fn]rgf_
c^s %! = ef: s/ e08f/l -lga6w_	c^s %@ = jf; b]j clwsl/l -uBslj tf_
c^s %# = jf; b]j kf08] -uhn_	c^s % \$ = kfef e6&/f0{-56bslj tf_

**ult, uhn,  
Do]hs lel8of,  
lj j fx, sfogmd c]fbsf] nflu  
x]dlnf0{ ; Demg'xfj; \**

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**; flxTo ; j4g s/b/ gkin**

- ;' flxTo ; j 4g bli6f ; Ddfglaf6 ; Ddfigt**
  - ⓐ) & k f=8f=szj k; fb pklwofo .
  - ⓑ) &! k f=zj ufkfn l; fn
  - ⓒ) &@ k f=dxg/fh zdf
  - ⓓ) &# k f=7fs/ k/fhnl
  - ⓔ) &\$ k f=bof/fo >j7
  - ⓕ) &% blw/fh ; j bl
- .xl/x/ zf: ql ; flj qlbjl ; flxTo k/: sf/l-ⓐ) \$%**
  - ⓐ) &) k f=8f=j f; bj lqk7l
  - ⓑ) &! k f=slof uftd
  - ⓒ) &@ s'tf zdf
  - ⓓ) &# k0o v/n
  - ⓔ) &\$ t f/fgf y zdf
  - ⓕ) &% efpklyl
- .lj Zj Hoflt ; lj f ; Ddfglaf6 ; Ddfigt**
  - ⓐ) &! >l ; To ; fo s'ib; k j {sf7df8f
  - ⓑ) &@ >l ; To pBfg, nlnrk/
  - ⓒ) &# zftbf; dfgw/
  - ⓓ) &\$ hut'z cfbz; +s't u'z snd\
  - ⓔ) &% gkin Pslst bli6lj xlg ; 3, nlnf<sup>a</sup>
- .zf/bfbjl l ; hgf k/: sf/laf6 ; Ddfigt**
  - ⓐ) &@ ultfsz/l
  - ⓑ) &# eflu/yl >j7
  - ⓓ) &\$ e j g 9<sup>a</sup> vgf
  - ⓕ) &% dfof 7s/l
- .flwsf-kbd-b'uf sfJo slj tf k/: sf/laf6 ; Ddfigt**
  - ⓐ) &@ 8f=6lsf/fo clwsf/l
  - ⓑ) &# k f=8fj Dfdw j 9sin
  - ⓓ) &\$ /dz vs/n
  - ⓕ) &% 8fj iof/fh cfqb
- .hdas'df/L-6lsfj Nne ; flxTo ; Ddfglaf6 ; Ddfigt**
  - ⓐ) &# k/z' k'wfg
  - ⓑ) &\$ 8f=/fh'iblj dn
  - ⓓ) &% uofz /l; s
- .u'z /fdk; fb >j7 ; flxTo ; Ddfglaf6 ; Ddfigt**
  - ⓐ) &\$ /fx0lj nf; n06jn
  - ⓑ) &% afns'lof pklwofo
- .lgd'nf-k'ld ; flxTo ; Ddfglaf6 ; Ddfigt**
  - ⓐ) &\$ gkin afn ; flxTo ; dfh
  - ⓕ) &% k'ld'p k'wfg

s) tkf0(n) xfdl] j ja; f06 xgfePsf] 5 <  
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**k5f/sf] kftf]**

**5Gb lj wfg M ; dfdo kl/ro**

7fs/ zdf{ e08f/L

**! = lj ifokljz**

5Gb M kfbf] t' j ]b: o -kfz=\$!\_ 5Gbnf0( j ]bsf] r/of elgPsf] 5 . j ]bdq?df ufoql cflb 5Gbsf] kpf]u ePsf] 5 . lognf0(j ]bs 5Gb elg65 egj n]ss 5Gb 0ltxf; , k'/fof, sf]ofibdf kpSt ePsf] 5 . .5Gb] egj/ kf/ f0fs ufyx? klg ; j q j ]bnf0( eg]sf] k0G5 . .5Gbs]dolg; f/f j ]bdo 5 - efuj t : sGb -\* -#-#!\_ . j ]bsf] tftko(1fg, 5Gb 1fg xfl . 5Gbsf] 1fg x'gk5(/ dfq j ]bfb zf: qx?sf] cWooog ugl ; ls65 e6g] ; Gbedf elgPsf] 5 - of] x j f clj lbtff]p5Gbsf] t] lgo]ug afXd0fg d6q]f ofholt aflWokolt j f ; : yfof+ j R5(t ut'f f =kfklof'ej lt oftofdfo: o 5Gbf; ej l6t=lk<sup>a</sup>un=; 6j [Q c=!\_ cyft'h] Clif -u'z\_ 5Gb, bj tf tyf lj lgo]u cflbnf0(ghfg/ g)afXd0f d6qn] o1-ofuflb u/fp5 j f cWokg u5{ To] /; lj gfsf] sf7; dfg x65, gs'df hf65, kfsf] efulbf/ a65 t; y{5Gbsf] 1fg cj Zo x'gk5(= j ]bs ; dob}v g)axb\ ufyx? 5Gbd] n]vPsf 5g\ s07: y kfg{ ufpg, cg]sfy{af]w u/fpg ; lhn] xg] x'gfn] o; sf] : yfg pklNn] : t/df /flvPsf] 5 .

efiff]sf] n]vs ef^gf] e]j nf0(b0{k]sf/af6 JoQmub]5 uB / kBdf . uBsf] cleJolQmdf Jofs/Ofn] zf; g u5{eg] kBs]f zf; g lk<sup>a</sup>unzf: qn] u5{ . uBdf, j Of' dfqf, klj fx, ult, lj /fd cflbsf] a6wg xbg t/ kBdf j Of; <sup>a</sup>vof, dfqf, ult cflbsf] Joj : yf cfj Zos tf x65 . kB lgoldt cfsf/df lgl'dt x65 . o; kBnf0( 5Gb klg elg65 . 5Gbsf] tftko(lgo6qOf Pj +cfx'hfb b'j }x65 t; y{ 5Gbd] / lrPsf /rgf cf^gf] lgoldf aflwPsf / cfx'hfbsf/L x65g\ To; /l /rgf ul/ Psf /rgfn] x'podf of'bf em<sup>a</sup>s'f/ el/lbg] sfd u5g\ ; flxTosf lj Bfyl'nf0( dxlif{lk<sup>a</sup>un]sf] lj ifodf klg hfgsf/L /Vg' cTo]f Zos blv65 . z]ffj tf/ dxlif{ lk<sup>a</sup>un] 5Gbzf: qsf] lgd'of ugfePsf] xfl . o; sf/Of g) o; zf: qsf] gfd lk<sup>a</sup>un /Xof] . 5Gbzf: qsf] 1fglj gf kB /rgf ql6k0f{x65, b]ffk0f{x65, s0f's6' x65 . b]ff/xt /rgf g)>lt dw/, cfgbbfos, af]wdo / bz'glo, dgglo x65 . slj j f n]vsn] h'g s'/fsf] j Ofg ug{ v]h/x]sf] 5, To] a'g]sf] n]lu kBdo /rgfn] w/}; xof]u k'ofp5 t; y{hlt klg ; +s't j f<sup>a</sup>dodf ufyx? n]vPsf 5g\5Gbd] n]vPsf 5g\ oxl sf/Of 5Gbzf: qsf] k'rf/k; f/ j ]bssfnb}v g]ePsf] xfl . 5Gbzf: qsf] cWooog ugl]qmdf j ]bs / n]ss u/L b0{efudf af]w/ dfq lj rf/ ug{pkoQm x65 . j Of/ dfq]sf] cfwf/df n]ss 5Gbnf0(dVo ?kdf b0{efudf

lj efhg ul/G5 - j flOfs / dflqs . hg 5Gbdj j Ofsf cfwf/df lgod agfOPsfj 5, To; nfo{ j flOfs 5Gb / h; df dfqfnfo{dfq cfwf/ lnP/ lgod agfOPsfj 5, To; nfo{dflqs 5Gb elgG5 . ; ^Nkdf eGg'kbffj flOfs 5Gbdj j Ofsf cfwf/df uOfgf ul/G5 egj dflqs dfqfx?sfj cfwf/df uOfgf ul/G5 . j flOfs 5Gbnfo{ j P / dflqs 5Gbnfo{hflit elgG5 .

**@= kfb jf r/Of**

..1pMkfbZrtyffz M.kfoz M.klfojs 5Gbsf rf/ r/Of xG5g\o; hfo{ rf/ kfb klG elgG5 . o: tf 5Gbx?nfo{ ; d5Gb elgG5 . lj ifd 5Gbdj rf/kfpeGbf klG a9L kfp xg ; S5g\ rf/ r/Of ePsfj 5Gb s'g)b0{nfoGsf b}vG5g\egj s'g) rf/ nfoGsf . 5Gbsfj cfsf/ kjsf/sfj cfwf/df o; nfo{ lng ; lsg5 . pbfX/Ofsfj nflu cGj'6'd 5Gbdj klG rf/ r/Of 5gMcf7 cIf/sfj Ps r/Of ; flX cIf/sfj Ps nfoG . n}vbf b0{r/Ofsfj h: t}j u/L n}vgj ul/G5 . pbfX/Ofsfj nflu Pp6f cGj'6k 5Gb x}fM

**hxif kjsfz eJ6G5 Toxf hlg ldnB5**

**hxif hlg eJ6G5 Toxf kjsfz ldnB5 .**

o; }cg?k klfojs 5Gbnfo{kfoz M rf/ r/Ofsfj ?kdf dflGPsfj 5 . klfojs j flOfs jf dflqs 5Gbsf tlg tlg e}b b}vG5g\; d, c4{ d / lj ifd . hg 5Gbsf rf/) kb jf r/Ofdf j Of / dfqf ; dfg l: yltdf /xG5g\To; nfo{ ; d / klxnfj / t; flj kfb -cyft'vj ifd r/Of\_ ; dfg j Ofj f dfqfsfj 5 / ; d r/Of -bf; fl / r}yfl df Ps ; dfg 5g\egj c4{ d / klfojs r/Ofsf j Of{Pj +dfqfx? c; dfg 5g\egj legleG 5g\egj lj ifd elgG5 . j flOfs ; d 5Gbdj klG b0{ e}b b}vG5g\ ; fw/Of / b08s .

**#= dfqf**

s'g) klG j Ofj f cIf/sfj pRrf/Of ubf{ nflGj ; dofj lwnfo{dfqf elgG5 . j Ofsfj pRrf/Of b0{ls; daf6 ul/G5- x: j / bl3{. x: j j Ofsfj pRrf/Of ; donfo{ Ps dfqfsfj ?kdf ln0G5 egj bl3j Ofsfj pRrf/Ofdf hg ; do nfluB5 To; nfo{ b0{dfqfsfj ?kdf ln0{bl3{elgG5 . lk^anzf: q cg; f/ x: j nfo{.n3U/ bl3hfo{ .u'z}l elgPsfj 5 . o; ; ^Nkttfd kpfju ubf{ x: j j f n3'nf0{.nU / bl3{ j f u'z}nf0{.uU sfj kpfju ugj rng 5 . n3'sfj kOfj /fd lrGx -. \_h: t} kpfju ul/G5 egj u'z}sfj cleJolQm jf lrGx lj sf/ cyjf 6Pfl /M -c^a}hl j Ofsfj P; \ -\_h: t} cfsf/ lb0G5 .

c, O{ p, C, : j / j f ol : j / x?sfj dfqf nfujsfj Jo-hg j Of{ kpfju ePsfj 5 egj x: j j f n3' elgG5 . cf, O{ pm P, P, cfj, cfj, c+ cM : j / j f dfqf nfujsfj Jo-hg j Of{ kpfju ePsfj 5 egj bl3{ j f u'z} elgG5 . x: j bl3{sfj lGOfb ubf{ kBdf kpfju ubf{lgDgfI^ast Joj : yfnfo{Wofg lbg' cfj Zos xG5 M

!\_ ; eQmIf/eGbf klxnfj j Of{ bl3{ xG5 . To; j Ofh} kl5sfj Jo-hg j Ofhfo{ tfgjsfj xG5 - k-rfdlt, cAan, s}Of, ; Gb/ cflb . o: tf zAbsfj ; eQmIf/ - ~r, Aa, iOf, Gb eGbf klxnfj j Of{k, c, s[ ; ' j Ofh} ` \a,\if,\g\ j Ofhfo{ tfgjsfj 5 . ofj pRrf/Of ubf{ ; dofj lw a9L nfujsfj xG5 To; }n}k, c, s[ ; ' j Of{ 5GblGdfPof bl3{dflG5 .

@\_ xnGteGbf klxnfj j Of{ bl3{dflG5 - hut'o; zAbdf .uU bl3{x}f .

#\_ cg: j f /oQm cIf/ bl3{dflG5 -.; eQmIf/U o; zAbsfj .; # bl3{x}f . s'g) j Ofsfj dflj rGblj Gb' hfl8Psfj 5 egj Toj x: j j f n3' dflG5 - .a; f0U o; zAbsfj cGtd cIf/ .Ofdf rGblj Gb' nfujsfj 5 tyflk ofj j Ofhfo{ n3' dflG5 .

\$\_ lj ; upQm j Of{ klG bl3{dflG5 - kftM kfoz M ctm cflb zAbsfj tM zM tM j Of{ bl3{dflG5g\

%\_ j flOfs 5Gbsfj r/OfGtdf kpoQm x: j klG cfj Zostfg; f/ x: j 5 egj klG bl3{dflGj rng 5 t/ ; s; Dd n3' j f u'z} h: t} 5 tbg'k lng' g} z4tf x}f . slxnfj s'f l n3' cIf/ u'z} h: t} u'z} u{ n3h: t} pRrf/Of xG5 o: t} cj : ydf h; /L pRrf/Of ePsfj 5 To; /L g; dofj lwsfj cfwf/df dfqfsfj uOfgf ul/G5 .

**\$= uOf**

.ci6f}ejGtoq uOfj: qj OfM 5Gbz: qdf tlg j Ofsf ; dxnf0{uOf elgG5 . j flOfs 5Gbdj dVotof uOfsf cfwf/df uOfgf ul/G5 . cflb, dWo, 5Gbsfj n3' / u'z}sfj cfwf/df cf7 uOf 5g\ 5Gb d-h/ldf o; sfj nlf0f o; /L atfOPsfj 5M

**dlGqu'z}: qn3Zr gsf/fl eflbu'z}M k'g/flbn3'oM ofj u'z}dWoutfj /ndWom ; fl'GtM u'z}sltyfjsGt3': tM .**

cyft'WduOfdf tlg u'z}, guOfdf tlg n3', euOfdf cflb u'z}, ouOfdf cflb n3', huOfdf dWo u'z}, /uOfdf dWo n3' ; uOfdf cGto u'z}, tuOfdf tlg n3' xG5g\

lgDglnlvt ; qnf0{Wofg lbg} x}f egj 5Gbdj kpfju x'gj uOfnf0{ : ki6?kdf a'e}ng ; lhnfj k5{. o; df bzj 6f j Ofhfo{cfwf/ agfP/ ; a}uOfx?sfj lGdfOf ug{ ; lsg5 .

**.odftf/hhefg; nufl**

o; ; qdf bz cIf/x? 5g\ uOfsf cf7 cIf/ cf7 uOfsf gfd / .n uU .n}h} n3' / .u.n} u'z}nf0{hgfp5 . h: t}M o,df,tf, ; qsf klxnf tlg cIf/ x'g\ qmids ?kdf cfPsf 5g\ o n3', df / tf u'z} b}vG5g\ o sfj n3lrGx -. \_df / tf sfj u'z}lrGx -\_ b}vG5 . o; n}o uOfnf0{a'emfP5 . o: t} .gluOfdf o; ; qsf alrdf cfPsf g, ; , n cflbn} n3' j Of{ eGj a'emfP5g\ .gluOfdf tlgj 6} cIf/ x: j xG5g\egj .dl uOfdf tlgj 6} j Of{ bl3{ xG5g\ cf7j 6} uOfx?nf0{ lgDg

tflnsfaf6 hfgsf/l lngj ; ls65 m- ouOf -..\_ euOf -..\_ duOf -...\_ guOf -...\_ tuOf -...\_ ; uOf -...\_ /uOf -...\_ huOf -...\_ n3' -\_ u' -...\_ .

**%= ult**

kB /rgf kj fxdf cTo6t cfj Zos 5 . 56bzf: qdf kj fxnf0(ult elg65 . kBdf ult cyj f wf/f 7ls eofj egj xpo 5'g] cTo6t dw/, cfsif\$ / pRr efj klpfg ug] kB lgdf0f x65 . olb o; f] geP cyft\o; sf] lj k/l t efj klg lj rlnt x65 .

**^= olt**

56bzf: qsf] lj wfgfg'; f/ kBsif] olt -lj /fd\_ klg plrt xg' cfj Zos 5 . cfknhf0(hxf0R5f nfb0] Toxfolt lbg' 7ls x'bg, 56be^u xg hf65 . 56bnf0( 7ls /Vgsf nflu lj /fdlrXgsf] cfj Zostf x65 . Pp6f r/Ofsf] zAb csf] r/Ofdf uP/ a:of] eg] kBsif] cfsif0ftdf Go6tf cfp5 . To: tf] kBnf0( klg e^uBfif] ePsf] dflg65 . kBdf olt e^uBfif] xg'x'bg . To; }n] r/Ofsf] cGtodf lj /fdsf] cfj Zostf kb5 .

**&= c6Tofg'kf;**

kBsif] lgodd' cfsif0ftf Nofpg c6Tofg'kf; xg' cfj Zos 5 . ; dfg :j/ ePsf Ps jf cgl\$ cIf/ r/Ofsf] cGtodf cP eg] kBdf ld7f; e5g\ To; }n] c6Tofg'kf; n] ; f]bo{ a9fp5 . gjkfnl kB/rgdf c6Tofg'kf; sf] k'z: t kpfu ePsf] k6G5 t/ zAbfy{; f]boh'f0(Vofn u// ; +st'kBx?df cfj Zostfg; f/ kpfu ul/65 .

**\*= sxl jf0fs, dflqs / %ofp/] 56bx?**

!=cg'6k\cf7 cIf/ Psr/Of x65 . lj ifdr/Ofsf] ; ftf] cIf/ bl3{ ; dr/Ofsf] ; ftf] cIf/ x';j x65 . rf} r/Ofsf] kfrf} cIf/ x';j / 5'bf] cIf/ bl3{x65 . cg'6k 56bsf klg cgl\$e'p:pke'b k6G5 .

- @=lj B6dfnf - duOf -...\_ duOf -...\_ u' -...\_ \* cIf/ .
- #=06b]ahf - tuOf -...\_ tuOf -...\_ huOf -...\_ u' -...\_ !! cIf/ .
- \$=pk'6b]ahf - huOf -...\_ tuOf -...\_ huOf -...\_ u' -...\_ !! cIf/ .
- %=pkhft - 06b]ahf:pk'6b]ahf b'j]sf uof ldn]sf x65g\ !! cIf/ .
- ^=yfl4tf - /uOf -...\_ guOf -...\_ /uOf -...\_ u' -...\_ !! cIf/ .
- &=:j futf - /uOf -...\_ guOf -...\_ euOf -...\_ u' -...\_ !! cIf/ .
- \*=zflngl - duOf -...\_ tuOf -...\_ tuOf -...\_ u' -...\_ !! cIf/ .
- (=bf]ws - euOf -...\_ euOf -...\_ euOf -...\_ u' -...\_ !! cIf/ .
- !=zlzj bgf - guOf -...\_ ouOf -...\_ guOf -...\_ ouOf -...\_ !@ cIf/ .
- !!=j z:y - huOf -...\_ tuOf -...\_ huOf -...\_ /uOf -...\_ !@ cIf/ .

!@=06bj zf - tuOf -...\_ tuOf -...\_ huOf -...\_ /uOf -...\_ !@ cIf/ .  
 !#=b]tj n]dat - guOf -...\_ euOf -...\_ euOf -...\_ /uOf -...\_ !@ cIf/ .  
 !\$=tf6s - ; uOf -...\_ ; uOf -...\_ ; uOf -...\_ ; uOf -...\_ !@ cIf/ .  
 !%= ; l]j Of - /uOf -...\_ /uOf -...\_ /uOf -...\_ /uOf -...\_ !@ cIf/ .  
 !^=eh^u'k'pft - ouOf -...\_ ouOf -...\_ ouOf -...\_ ouOf -...\_ !@ cIf/ .  
 !&=d6b]fsgl - guOf -...\_ guOf -...\_ /uOf -...\_ /uOf -...\_ !@ cIf/ .  
 !\*=dfntl - guOf -...\_ huOf -...\_ huOf -...\_ /uOf -...\_ !@ cIf/ .  
 !(=dQdo' - duOf -...\_ tuOf -...\_ ouOf -...\_ ; uOf -...\_ u' -...\_ !# cIf/ .  
 @)=j ; Gltnsf - tuOf -...\_ euOf -...\_ huOf -...\_ huOf -...\_ u' -...\_ !\$ cIf/ .  
 @!=dflngl - guOf -...\_ guOf -...\_ duOf -...\_ ouOf -...\_ ouOf -...\_ !% cIf/ .  
 @@=k-rrfd/ - huOf -...\_ /uOf -...\_ huOf -...\_ /uOf -...\_ huOf -...\_ u' -...\_ !^ cIf/ .  
 @#=lzv]Of - ouOf -...\_ duOf -...\_ guOf -...\_ ; uOf -...\_ euOf -...\_ n -...\_ u' -...\_ !& cIf/ .  
 @\$=k]j l - huOf -...\_ duOf -...\_ guOf -...\_ ; uOf -...\_ euOf -...\_ n -...\_ u' -...\_ !& cIf/ .  
 @%=d6b]qmf'tf - duOf -...\_ euOf -...\_ guOf -...\_ tuOf -...\_ tuOf -...\_ u' -...\_ !& cIf/ .  
 @^=zfb]hj qml8t - duOf -...\_ ; uOf -...\_ huOf -...\_ ; uOf -...\_ tuOf -...\_ tuOf -...\_ u' -...\_ ! ( cIf/ .  
 @&=:lw/f - duOf -...\_ /uOf -...\_ euOf -...\_ guOf -...\_ ouOf -...\_ ouOf -...\_ ouOf -...\_ @! cIf/ .  
 @\*=dfndf]Of - k]yd, t]tlo r/Of M ; uOf -...\_ huOf -...\_ u' -...\_ c4{ dj ] lätlo rty{r/Of M ; uOf -...\_ euOf -...\_ /uOf -...\_ .  
 @=(lj of]ugl -k]yd=t]tlo r/Of M ; uOf -...\_ ; uOf -...\_ huOf -...\_ u' -...\_ c4{ dj ] lätlo=rty{r/Of M ; uOf -...\_ euOf -...\_ /uOf -...\_ n -...\_ .  
 #)= k]iktfulf - k]yd=t]tlo r/Of M guOf -...\_ guOf -...\_ /uOf -...\_ ouOf -...\_ cw{ dj ] lätlo=rty{ r/Of M guOf -...\_ huOf -...\_ huOf -...\_ /uOf -...\_ u' -...\_ .  
 !=cfof -dflqs\_ - k]yd=t]tlo r/Of !@, lätlo !\*, rty{r/Of !% dflqs] x65 .  
 @=rf]k'f0(-dflqs\_ -rf} r/Ofdf !^ dflq / cGtosf b'0( cIf/ bl3{x65g\

**; 6be†; fdu]l**

!=; ^N'kt gf/b k'/of k] f'fu- lätlokfb, cWofo %& .  
 @=56b]xf/ - u]j 6b e6&/f0{  
 #=j ho6tl] j if(!), c^s %) :j off'p's @)&\$ c; f/-; fpg  
 \$=lk^u'n=: t]j ]Q c=!

jho6tL tyf zAbfy{k\$zfzgsf k':ts kf0gJk; nxč

!=	tkyd k':ts k; n- 0nfd	-)@&-%@!%) (
@=	0nfd k':ts k; n- 0nfd	-)@&-%@) \$e#
#=	ef-hf aS P08 :6zg/L- 0nfd	-)@&-%@) (%#
\$=	lnfan PhsJzgn 06k0h0h- latf0fB, enkf	-)@#-%\$@@)@
%=	gkin aS xfp; - latf0fB, enkf	-)@#-%\$) (#&
^=	kult k':ts e08f/- latf0fB, enkf	-)@#-%\$ \$^#*
&=	/fjhnf aS; - latf0fB, enkf	-)@#-%\$@@&&
*=	gzgn aS P08 :6zg/L- r6bψ9L, enkf	-)@#-%\$% (&!)
(=	kult k':ts k; n- bds, enkf	-)@#-%\$)#!
!)=	>j7 aS P08 6oh ; j6/- bds, enkf	-)@#-%\$!@%
!!=	kšfz aS P08 :6zg/L- bds, enkf	-)@#-%\$!*\$
!@=	k tef k':ts k; n, wgsbf	-)@^-!@!#) \$
!#=	af/sf k':ts- w/fg, ; g; /L	-)@%-!@#&&#
!\$=	/dz aS 18kf- w/fg, ; g; /L	-)@%-!@#)##
!%=	6o'dgsfdgf aS xfp; - w/fg, ; g; /L	-)@%-!@#e^*!
!^=	tfnjh^ aS ; j6/- 06x/L, ; g; /L	-)@%-!*^*#^
!&=	c basf aS ; j6/- 06x/L, ; g; /L	-)@%-!*\$%(@
!*=	afnfhL k':ts e08f/- lj /f6gu/, dfj^a	-)@!-%#)^#*
!(=	Zofd k':ts e08f/- lj /f6gu/, dfj^a	-)@!-%#e^#S%
@)=	dgh k':ts e08f/- lj /f6gu/, dfj^a	-)@!-%#)%(
@! =	k Ans aS; P08 :6zg/L- lj /f6gu/, dfj^a	-)@!-%#)!&&
@@=	dqfnl k':ts e08f/- lj /f6gu/, dfj^a	-)@!-%#e!(@^
@#=	e66/f0k':ts k; n- lj /f6gu/, dfj^a	-)@!-%#e\$e\$#
@\$=	lj gfos k':ts k; n- lj /f6gu/, dfj^a	-)@!-%\$&!^)
@%=	6o':jl:ts k':ts - lj /f6rfjs, dfj^a	-)@!-%\$%e!\$
@^=	; -ho k':ts e08f/- /fhj /fh, ; kt/L	-)(* \$e^*)e^*
@&=	6ofkfg aS 18l:6A06; {-s6f/L, pbok/	-)##%-\$e)^*\$
@*=	dqfn k':ts e08f/- uf03f6, pbok/	-)##%-\$e)!@%
@(=	6ofkfg k':ts k; n- uf03f6, pbok/	-)##%-\$%e!#
#)=	; ltf gllj n- nxfq, l; /fxf	-)##%-%^)!@&
#! =	rffw/L aS 18l:6A06; {- nxfq, l; /fxf	-)##%-%^)!\$#
#@=	zfx k':ts k; n- ldrpf, l; /fxf	-)##%-%#)##
##=	dhb7 k':ts efg- hgsk7, wglff	-)\$!-%e!(\$#
#\$=	j xl k':ts efg- hgsk7, wglff	-)\$!-%e#(*@
##=	>l/fd k':ts k; n- nfnabl, nfxl	-)\$^-%)!%*(
#^=	; 6b j tl k':ts k; n- r /sfj	-)(\$&\$)@e!*
#&=	sfe jeuj tl k':ts k; n- l; 6whl	-)\$&-%e)!&&
#*=	6o'k/hgf :6zg/L- l; 6whl	-)\$&-%e)!@%
#(=	h Pg= k':ts k; n- d6ynl, /fd5fk	-)\$*-%\$)!&&
\$)=	ldlnhhl k':ts tyf :6zg/L- d6ynl, /fd5fk	-)\$*-%\$)!#
\$! =	yfkf aS P08 ; knfo; {- rftf/f, l; 6wkfnrfjs	-)!!-^e)!@&#
\$@=	1fg u^uf k':ts k; n- agkf, sfe	-)!!-^e)!&%
\$#=	lj Bf dl6b/- ufj /ftx6	-)%%-%e)!(^
\$%=	l; 4fy(:6zg/L- jl/u-h, k; f	-)%!-%e)!%*

\$%=	leu7; dfrf/ k':ts s b7 jl/u-h, k; f	-)%!-%e)!%*
\$^=	hg/n aS P08 :6zg; {- jl/u-h, k; f	-)%!-%e)!#e#
\$&=	u0fz k':ts e08f/- jl/u-h, k; f	-)%!-%e)!\$#^!
\$*=	6o'khf k':ts k; n- jl/u-h, k; f	-)%!-%e)!\$#&
\$(-	lj Bfyl(k':ts e08f/- jl/u-h, k; f	-)%!-%e)!\$^*!
%)=	lj Bfyl(k':ts e08f/- xbfBf, dsjfgk7	-)%%&-%e)!^)
%! =	6o'; dfrf/ s b7 xbfBf, dsjfgk7	-)%%&-%e)!%#
%@=	>l ; r'g s b7 xbfBf, dsjfgk7	-)%%&-%e)!&#&
%#=	clkm xfh; j tyf aS :6f/- 6fBl, lrtjg	-)%^-%^e)!%\$
%\$=	kfBh k':ts dxn- 6fBl, lrtjg	-)%^-%^)!#
%%=	klkf-hnl k':ts k; n- k; f  lrtjg	-)%^-%^e)!@e\$
%^=	df:s k':ts e08f/- gf/fo0fu9, lrtjg	-)%^-%^e)!\$&&&
%&=	6o'klkf-hnl k':ts k; n- gf/fo0fu9, lrtjg	-)%^-%^e)!\$#e#
%#=	clkm xfh; j- gf/fo0fu9, lrtjg	(* \$%)&#^*^\$
%(-	sfdgf k':ts k; n- gf/fo0fu9, lrtjg	-)%^-%#)@%
^)=	gf/fo0f k':ts ; bg- gf/fo0fu9, lrtjg	-)%^-%e!@e^)
^! =	xfdl k':ts k; n- gf/fo0fu9, lrtjg	-)%^-%e)!**\$
^@=	lzz k':ts k; n- gf/fo0fu9, lrtjg	-)%^-%e!^!\$)
^#=	6o'lraqj :6zg/L- e/tk7, lrtjg	-)%^-%e)###
^\$=	lj Bfyl(k':ts e08f/- e/tk7, lrtjg	-)%^-%e)!&&*
^&=	9sfm aS; P08 :6zg/L- e/tk7, lrtjg	-)%^-%#)(\$&
^^=	; gufef aS; P08 :6zg/L- e/tk7, lrtjg	-)%^-%#)!\$&)
^&=	Jof; :6zg/L- bdfnl, tqxf	-)%^-%^)!@&&
^^=	6o'lj Bfyl(k':ts e08f/- bdfnl, tqxf	-)%^-%^)!%^^
^(=	lqk7f k':ts k; n- wflb^	-)!)-%e)!()
&)=	; /; j tl k':ts e08f/- wflb^	-)!)-%e)!*#
&! =	gd:tl k':ts k; n- a66f/ g fsfj	-)!)-%^)!%\$&
&@=	klkf-hnl k':ts k; n- ufjvf	-)^\$-!%e!!!&
&#=	emgf k':ts k; n- aj; lzxl	-)^^-!@%)!)
&\$=	hobuf(:6zg/L- s':df, kjft	-)^&-!\$e)!@(#
&%=	; /; j tl aS; P08 :6zg; {- s':df, kjft	-)^&-!\$e)!@%e
&^=	; ug :6zg/L :6f; {- Doflbl-	-)^(-!@%)#%
&&=	c fhg aS P08 :6zg; {- kfjv/f, sf:sl	-)^!-%\$!#e!)
&*=	kfjv/f ; flx0 ; bg- kfjv/f, sf:sl	-)^!-%#)!%*#
&(-	s-rg k':ts k; n- kfjv/f, sf:sl	-)^!-%e)!\$e^
*)=	; /; j tl k':ts k; n- kfjv/f, sf:sl	-)^!-%\$)!%#)
*! =	dgsfdgf aS P08 :6zg; {- kfjv/f, sf:sl	-)^!-%#)\$\$!
*@=	n dl k':ts ; bg- kfjv/f, sf:sl	-)^!-%\$!!!\$e!
*#=	lj Bfyl(k':ts k; n- kfjv/f, sf:sl	-)^!-%e)!@e!@
*\$=	lj Bf dl6b/- kfjv/f, sf:sl	-)^!-%#e)!&*
*%=	aS d6f; kfjv/f, sf:sl	-)^!-%e)!&!*^
*^=	j 6g(kf7zfnf- kfjv/f, sf:sl	-)^!-%#)!&*
*&=	au/ P8ef; aS; - kfjv/f, sf:sl	-)^!-%e)!&&!
**=	s f f f aS P08 :6zg; {- kfjv/f, sf:sl	-)^!-%#e)!\$e
*(-	cfzlj fb k':ts k; n- kfjv/f, sf:sl	-)^!-%\$!!!%#
(=	kqk qsf :6zg/L- nfnr6b _ afun^	-)^*-%e)!* \$
(! =	dnklt aS ; j6/- afun^	-)^*-%e)!%#e
(@=	; u/dfyf :6zg/L - afun^	-)^*-%e)!@e
(# =	hg j Zj f; k':ts k; n- afun^	-)^*-%e)!%&
(\$ =	>j7 6oh Phf; l k':ts e08f/- tfg; j; knfk	-)%%&-%e)!^&
(%=	xfdl k':ts k; n- tfg; j; knfk	-)%%&-%e)!()

jho6tl &@ 56bsljf c^s !!

(^=	gd: tjk': ts e08f/- ufklu-h, gj nkf/; l	-) &^*^@) @!
(&=	nldagl : 68p6 sq/- e/xj f, ?k6bkl	-) &!-%@#%(\$
(*=	; /n : 6zgL/ s6b+ e/xj f, ?k6bkl	-) &!-%@!&#s
((=	xfdl k': ts k; n- e/xj f, ?k6bkl	-) &!-%@^%@(
!)=	cfzlf k': ts e08f/- abj n, ?k6bkl	-) &!-%\$@*^&
!)!=	l; 6l aS P08 coh ; 66/- abj n, ?k6bkl	-) &!-%\$@#^
!)@=	ktlff : 6zgL/ ; 66/- abj n, ?k6bkl	-) &!-%\$!)@
!)#=	keft aS P08 : 6zgL; f; abj n, ?k6bkl	-) &!-%\$@e\$
!)\$=	l6Johoft k': ts k; n- abj n, ?k6bkl	-) &!-%\$)%*@
!)%=	a4 Phszgn 066/kf0h)- abj n, ?k6bkl	-) &!-%\$%(&
!)^=	gkfn aS P08 : 6zgL/- abj n, ?k6bkl	-) &!-%\$%^
!)&=	ljzfn k': ts ; bg- abj n, ?k6bkl	-) &!-%\$^%&(&
!)*=	6o* ; /; j tl k': ts k; n- abj n, ?k6bkl	-) &!-%\$%#)
!)=(	al8dlnsf : 6zgL/- abj n, ?k6bkl	-) &!-%\$*!%@
!!)=	gj Hofjt k': ts tyf : 6zgL/- ; l6wvs( c3fVfrrl	-) &&- \$@) %\$&
!!!=	; lgn : 6zgL/- th; lk7, bf^	-) *@-%@)!(!
!!@=	urf l k': ts e08f/- th; lk7, bf^	-) *@-%@!\$!)
!!#=	l; : gj k': ts e08f/- th; lk7, bf^	-) *@-%@#)^
!!\$=	hgtf aS : 6n- 3f/fxl, bf^	-) *@-%@)^@^
!!%=	/fj n k': ts k; n- ndxl, bf^, bpv/l	-) *@-%\$))^*
!!^=	dfr66 Pe/f6 aS- gkfnu-h, afs]	-) *!-%@e*\$^
!!&=	pHj n : 6zgL : 6f; f; gkfnu-h, afs]	-) *!-%@! (^*\$
!!*=	df5fkr5kaS P08 : 6zgL/- gkfnu-h, afs]	-) *!-%@^&\$%
!!(=	; u/dyf aS; - gkfnu-h, afs]	-) (*\$ (^*\$@)&
!@)=	d-h>l 066/kf0h)- sfjnk/ afs]	-) *!-%\$)#@%
!@!=	; li6 k': ts k; n- ; Vjt	-) *#-%@#*^(
!@@=	cNki : 6zgL/ : 6f; f; Vjt	-) *#-%@!#&
!@#=	6o* keft k': ts k; n- ; Vjt	-) *#-%@)&#&
!@\$=	kj t k': ts k; n- ; Vjt	-) *#-%@!#^
!@%=	Hafnf : 6zgL/- ; Vjt	-) *#-%@)^*!
!@^=	xfdl k': ts k; n- ; Vjt	-) *#-%@)\$()
!@&=	r f w/l aS l8kf- wgu9L, shfnl	-) (!-%@!@%)
!@*=	r j f0fk': ts k; n- wgu9L, shfnl	-) (!-%@#\$\$)
!@(=	r fhfgl k': ts e08f/- wgu9L, shfnl	-) (!-%@e\$ (%*^
!#)=	; ud aS P08 : 6zgL; f; wgu9L, shfnl	-) (!-%@!%)
!#!=	0djh aS P08 : 6zgL; f; wgu9L, shfnl	-) (!-%@^%#(
!#@=	gjl 68 ; knfo; (- wgu9L, shfnl	-) (!-%@#%#)
!##=	; he aS P08 : 6zgL; f; wgu9L, shfnl	-) (!-%@#%@e
!#\$=	; lfd aS P08 : 6zgL; f; wgu9L, shfnl	-) (!-%@)&#%
!#%=	hfzl k': ts e08f/- afuahf/ 88jw/f	-) (^-\$@)!@^
!#^=	; dhL- afuahf/ 88jw/f	-) (^-\$@)!\$(
!#&=	af: sfbf k': ts k; n- cQl/of, shfnl	-) (!-%@)%*#
!#*=	blkHofjt k': ts k; n- cQl/of, shfnl	-) (!-%@)&@
!#(=	Hofjt aS; P08 : 6zgz- 6lsfk/ shfnl	-) (!-%@)^*!%
!#)\$=	k'ts aS; P08 : 6zgz- 6lsfk/ shfnl	-) (!-%@)#!!
!#!=	6o* cofh k': ts k; n- el/urf j lbpf	-) *\$-\$)#)^
!#@=	; /; j tl k': ts k; n- dxfbgu/ s-rgk/	-) ((-%@#*!@
!#&=	blf(k': ts e08f/- dxfbgu/ s-rgk/	-) ((-%@!\$^*
!#\$=	dxfsfnl ; dfr/ s6b+ dxfbgu/ s-rgk/	-) (*\$*&!\$*^&
!#%=	6o* dxfbk': ts e08f/- dxfbgu/ s-rgk/	-) ((-%@#^&

jho6tl &@ 56bsljf c^s !!

!\$^=	lj lkg k': ts k; n- dxfbgu/ s-rgk/	-) ((-%@)!\$*^
!\$&=	VkT8 k': ts k; n- dxfbgu/ s-rgk/	-) ((-%@)%@&
-pkIosf_		
!\$*=	ldq k': ts P08 : 6zgL/- e0nk/	-) !-^^!@e!%
!\$(=	lj Bfyf/; fduf s6b+ e0nk/	-) !-^^!#\$#^
!%)=	kf6g aS ; k- kf6g9fj, nlnk/	-) !-%%%%@%&^
!%!=	clwsf/l k': ts k; n- kf6g9fj, nlnk/	-) !-%%@&*@%
!%@=	klj q aS; P08 : 6zgL/- nugv, nlnk/	-) !-%%#)@e\$&
!%#=	ogf aS; P08 : 6zgL/- dfege, nlnk/	-) (*%!#)(%)
!%\$=	Pstf aS l8l: 6A06; f ykfynl, sf7df8f	-) !-\$\$^)\$*^@
!%&=	/Tg aS l8l: 6A06; f afuahf/, sf7df8f	-) !-\$\$@#)^
!%^=	lxdnfg aS ; 66/- afuahf/, sf7df8f	-) !-\$\$@e)^*
!%&=	kf7b ; fduf k; n- 366f3/ sf7df8f	-) !-\$\$@#!%)
!%*=	/Tg k': ts e08f/- efbfx6l, sf7df8f	-) !-\$\$@e\$ (^#
!%(=	Pd- s] aS klan ; f efbfx6l, sf7df8f	-) !-\$\$@e\$ (^#^
!^)=	gzgn aS ; 66/- efbfx6l, sf7df8f	-) !-\$\$@e!@^
!^!=	ho aS l8kf- efbfx6l, sf7df8f	-) !-\$\$@e!^*#
!^@=	cq' aS ; knfo; f efbfx6l, sf7df8f	-) !-\$\$@e^&(!
!^#=	l/8; l/ j f066- efbfx6l, sf7df8f	-) (*\$!##\$)^*^
!^\$=	cS; knfB/066/gzgn - k6z6ldfuf sf7df8f	-) !-\$\$@e\$)^@!
!^&=	df8g aS P08 : 6zgL/- k6z6ldfuf sf7df8f	-) !-\$\$@e\$)^*\$@
!^*=	cS; knfB: 6f/- n6r/f/ sf7df8f	-) !-\$\$@e#&*^
!^&=	gfan aS P08 : 6zgL/- n6r/f/ sf7df8f	-) !-\$\$!\$%^*^
!^*=	kj j l k' sfz- /fdzfxky, sf7df8f	-) !-\$\$@e(@##
!^(=	kj j l aS xfp ; - /fdzfxky, sf7df8f	-) !-\$\$@e\$)^*#
!&)=	blks k': ts e08f/- ktnl; 8s, sf7df8f	-) !-\$\$@e\$)^%
!&! =	cfhg k': ts e08f/- gofafgz/ j /, sf7df8f	-) !-\$\$@e\$)^##
!&@=	aS j N8f- gofafgz/ j /, sf7df8f	-) (*\$!#!@&@)
!&#=	clezjf aS P08 : 6zgL/- dWoa fgZj /, sf7df8f	-) !-\$\$@e\$)^*^\$
!&\$=	c6hg aS; P08 : 6zgL; f lj zfnu/ sf7df8f	-) !-\$\$@e\$)^%&)
!&%=	l; 6w aS; P08 : 6zgL; f rfalxn, sf7df8f	-) !-\$\$@e\$)^%^
!&^=	06bfj tl aS; P08 : 6zgL; f ur/l3f6, sf7df8f	-) !-\$\$!\$%^@e
!&&=	afA aS P08 : 6zgL; f afA, sf7df8f	-) !-\$\$@e\$)^!%^*^\$
!&* =	lj Bf aS P08 : 6zgL; f afA, sf7df8f	-) !-\$\$@e\$)^!%^*^\$
!&(=	kLns aS l8kf- ufla; sf7df8f	-) !-\$\$#%\$ (&\$
!&*) =	al4 aS P08 : 6zgL/- a; 6w/f, sf7df8f	-) (*\$!)^*%^&

\*\*\*

**t k f 0 [ x f d l n f 0 { e b g v f l g e P s f ] x f ] †**  
 /rgf, lj 1fkg jf k': ts-klqsfsf]nflu  
**zAbfy{ ksfzgsf] sfofho-rfah, uofz:yfg**  
**)!-\$\$(&#! ÷ (\*\$!-\$ (^!)#**  
**mail: nepal. vk@hotmail.com / nepal120@yahoo.com /**  
**shabdarthaprakashan@gmail.com**  
**web: shabdarthaprakashan.com / nepalipublisher.com**



# k7gofljo xdfi sxl k: tsx?

## ä zAbstfz ä

! = zAbfy{gkfnl zAb; fu/ -; l-8l= lxt b0{/^adf_ -j; Gtsdf/ zDdf{gkfnl	!%)÷
@ = ;^aUkt gkfnl zAb; fu/ -; l-8l= lxt_ -j; Gtsdf/ zDdf{gkfnl	!!))÷
# = ;^aUkt gkfnl zAb; fu/ -; .68j6_ - -j; Gtsdf/ zDdf{gkfnl	*%)÷
\$ = ; fgljgkfnl zAb; fu/ -j; Gtsdf/ zDdf{gkfnl	%)÷
% = zAbfy{;^aUx -gkfnl gkfnl_ -ljgosdf/ zdf{gkfn	#&%÷
^ = gkfnl c^aUhl gkfnl zAb; fu/ -; l-8l= lxt_ -ljgosdf/ zdf{gkfn	!!))÷
& = gkfnl c^aUhl gkfnl zAb; fu/ -; .68j6_ -ljgosdf/ zdf{gkfn	*))÷
* = gkfnl c^aUhl zAb; fu/ -ljgosdf/ zdf{gkfn	#&%÷
( = zAbfy{;^aUx -gkfnl c^aUhl_ -ljgosdf/ zdf{gkfn	!*)÷
!) = c^aUhl gkfnl zAb; fu/ -ljgosdf/ zdf{gkfn	#&%÷
!! = zAbfy{;^aUx -c^aUhl gkfnl_ -ljgosdf/ zdf{gkfn	!*)÷
!@ = c^aUhl c^aUhl gkfnl zAb; fu/ -; l-8l= lxt_ -ljgosdf/ zdf{gkfn	!!))÷
!# = c^aUhl c^aUhl gkfnl zAb; fu/ -; .68j6_ -; l-8l= lxt_ -ljgosdf/ zdf{gkfn	&%)÷
!\$ = c^aUhl c^aUhl gkfnl zAb; fu/ -; sh_ -ljgosdf/ zdf{gkfn	%)÷
!% = c^aUhl c^aUhl gkfnl zAb; fu/ -0n8j6/L_ -ljgosdf/ zdf{gkfn	#))÷
!^ = sfgyt tyf kzf; slo zAb; fu/ -ljgosdf/ zdf{gkfn / -8f= ljZj blk clwsf/L \$^÷	\$^÷
!& = zAbfy{;^aUx -sfgyt tyf kzf; slo_ -ljgosdf/ zdf{gkfn / -zhljbnfn l; * &))÷	- \$^÷ = sfgyt kmf f
!* = gkfnl c^aUhl gjf/L zAb; fu/ -j; Gtsdf/ zDdf{gkfnl / -ljgosdf/ zdf{gkfn	*%)÷
! (= gkfnl c^aUhl ; ;s t zAb; fu/ -dhwj /ljl / -shfzsdff/ l; jfsfbl ^))÷	^))÷
@ = dfgj clwsf/ zAbsfz -dxZj/k; fb pkfllbo / -ljgosdf/ zdf{gkfn	!%)÷
@! = gkfnl uloft sfz	
@@ = lrlst; f zAb; fu/ -ljgosdf/ zdf{gkfn, ksfzdlof bxfn, 8f=sdn n0; fn, 8fjllkg gkfn %)))÷	%)))÷

## ä clwofid Pj+bzg ä

! = zAbfy{ultf -j; Gtsdf/ zDdf{gkfn...	!&%÷
@ = !#% pklgft;^aUx -dh; lxt_ -j; Gtsdf/ zDdf{gkfnl	!!))÷
# = clwofid / hljg -Hoflt clwsf/L	!&%÷
\$ = ulTloft -ladh	!@%÷
% = Ç -ladh	@@%÷
^ = k-rfdlt -7fs/ zdf{	!&%÷
& = sf0f sXgøf -lblokøf vgrn	#%)÷

* = efujt Ps ljjtgf -urllj Gb lwld/fj bdl0f0l @))÷	( = ; l0m lwf -cg= 7fs/ zdf{ &%÷
!) = 1fg-lj 1fg -urllj Gbk; fb bxfn #%)÷	!! = Jojxf/ -Jofjxll/s bzg_ -Pj Gbk; fb Gofkfg \$))÷
!@ = ofj0tt -Pj Gbk; fb Gofkfg #&%÷	!# = /fhgllts tyf ; fdlfhs kl/jtg_ -Pj Gbk; fb Gofkfg #))÷
!\$ = ljsf; / k0fnnl -Pj Gbk; fb Gofkfg @%)÷	!% = hljg cgelt -; ltf/ldk; fb bufn @))÷
!^ = glt zts -etkl/ -cgøf/fo0f 1jfnl #))÷	!& = j0bs ; ;s tdf g/L -nld df:s] #%)÷

## ä ; dnfjrgf ä

! = bjsf0f cf0f / kjl0 -sln c1ft !@%÷	@ = tjf] cfwfsv] cfnfjrgf -8f= /fdk; fb 1jfnl !&%÷
# = pkl0f; ; dnfjrgf -8f= /fdk; fb 1jfnl &%÷	\$ = ; flxlo-lg?k0f -8f= 3gz0fd Gofkfgkl/>dlU !^*)÷
% = ; dlff ; dfx/0f -8f= 3gz0fd Gofkfgkl/>dlU !&%÷	^ = gkfnl dlxfn ; flxTosf/ -nlfn n06jh &))÷
& = gkfnl dlxfn n;vg M kjl0 / ofj0bfg -/hgl 9sfn=ultf lqk7L @&%÷	* = ljjtg 7fs/ zdf{ #))÷
( = clelo-hg (= clelo-hg 7fs/ zdf{ @%)÷	!) = kl/bzg 7fs/ zdf{ @))÷
!! = cg\$ ljwf cg\$ bli0 -ljgosdf/ zdf{gkfn	!!@ = ; fl6ts chw/ M kforlus ljZn0f hljg hljgt @^*)÷
!# = sl0, lgalw s0bsf bjsf0f -kf= /fh0b/ ; j0l @%)÷	!\$ = ; d; fdos ; dnfjrgf -kf= /fh0b/ ; j0l &%)÷
!% = chwgs gkfnl sydf cle3ft -8f= zlf6 lu/L *%)÷	!^ = lj r/0f lhofnf\$] -!\$ j/l0 ; dnfjrs \$%)÷
!& = zAbfy{; flkg- slj tf ; dnfjrgf -; ;7fs/ zdf{ljgosdf/ zdf{gkfn	\$))÷

## ä pkl0f; ä

! = lrgnyf -euj tlr/0f jdf{cgjfb_ -ljgosdf/ zdf{gkfn	()÷
@ = dl0m^aUfd -xfj 0km:6-cgjfb_ -j; Gtsdf/ zDdf{gkfnl	!%&%÷
# = lg/k/fwsf]xlof -xfj 0km:6-cgjfb_ -j; Gtsdf/ zDdf{gkfnl	!!))÷
\$ = ablnbf]llfth -ultf sz/L	()÷
% = gkfnnsj]klxnf]sfkj{ -P; kl cf; f	(%)÷
^ = a4 -P; kl cf; f	@!%÷
& = dl0m^4sf]alpm -g/0b/ k/fz/ *%)÷	*%)÷
* = tltf]to -waf]th kf0bfn *%)÷	*%)÷
( = km^u p8\$]ofjg -8f= ClifsZj/fh /ljl &))÷	&))÷
!) = lj : dft -urkfn ; -hjh @))÷	@))÷
!! = /x:0 -; ltf e6b/f0f !@%÷	!@%÷
!@ = r0fzl -ksfzdlof bxfn @@%÷	@@%÷
!# = 06g dfg -06b k6t !!)÷	!!)÷
!\$ = slk0f ; ;f/ -dl0mgfy zdf{ !%)÷	!%)÷
!% = lj;^aUt hljg -?s' sfsl{ !\$)÷	!\$)÷
!^ = cgllgsf -8f= ljZj blk clwsf/L @@%÷	@@%÷
!& = ; lr -zlf6t zdf{ !%)÷	!%)÷
!* = b0f0\$] lsgf/df -kblk gkfn !@%÷	!@%÷

!(=Ps xhf/ jif{	-kplk gkfn	!^)=
@)=5 n3pklof; -ultfsz/l, uifkn ; -hjh, k0o/lzd vltj8f, kplk gkfn, /fhj/ b]sf6f, ljgosdf/ zdf{gkfn		!\$)=
@l=cd/sdf cfd	-ef/tl uf7d	&))=
@= xhf/ ; kgf	-sdl/ sf^n]	!%)=
@#= d[65]eP/ d/3f]d[65]	-ljkh l; hklit	@)=
@\$= b l: k^p ne	-ljgfbdf/ >ij7	@)=
@%= cfef;	-ljgfbdf/ >ij7	#))=
@^= /ldntfgl	-ejgxl/ l; lbjh	!\$)=
@&= ; /f; 6b/l	-ejgxl/ l; lbjh	!^)=
@*= /fdbf0	-ejgxl/ l; lbjh	#)=
@(= cfd{	-ejgxl/ l; lbjh	@)=
#)= golf a[6f]	-gf/foofsfhfz l; lbjh	@)=
#!= ; ^Bif{	-gf/foofsfhfz l; lbjh	#%)=
#@= cg/fu	-gf/foofsfhfz l; lbjh	#%)=
##= 5fof	-e/t ; jbl	\$))=
#\$= /fk	-r6bdl0f kf8jh	#@)=
#%= r8fnf	-urll 6b l3ld/0j bdl0f0	\$))=
#^= pNnf;	-06b' k6t	#)=
#&= ksf/f6t/	-6lsfk; fb vltj8f	@)=
#*= Old Man In The Mirror	-Anthal Nepal	@@)=

**ä syf-n3'syf; aUk ä**

l= Pp6l csl{nf/pf	-s6x6f gf; ggl	!@)=
@= kfr syf	-/fhj/ b]sf6f	*)=
#= cg6t ofqf	-; /g pkfl	!))=
\$= d[obt	-hoGtl zdf{	!))=
%= lhpbfl cfd	-wa{fh kf8bfn	!%)=
^= n[da^x?	-nfs{bbaxfb/ r6b	@)=
&= wdf6w	-k0o/lzd vltj8f	!%)=
*= sd/8 eph"	-s[0f ahuf0f	!&%=
(= Joyfx?sf] syf	-xl/ ykf	@)=
!)= /ftf]8fo/l	-; lti/id gkfn	@@)=
!!= cfsfz dyg	-8f= ljzj blk clwsf/l	@)=
!@= kl/ldt	-xl/ ykf	@)=
!#= k/bzsf] Joyf	-xl/ ykf	@@)=
!\$= aQldlg clwb/f]	-zftf >ij7	#))=
!%= b]fqs] cffl	-hgs jlln]	#@)=
!^= lgbfpg g; s6f /ftx?	-uifkn cZs	@^)=
!&= laf6z cf0b/	-/fdxl/ kf8bfn	@)=
!*= eljioj0fl	-/fdl0f kf8/0h	#^)=
!(= c5jf	-6^saxfb/ cfn]	#)=
@)= 3fd	-zldf dfg6w/	@@)=
@l= zxlbx?sf]lj/fj kq	-ljzj gfy vgn	#))=
@@= syf]l6sf -^& gl/sf ^& syf	-; =ljgosdf/ zdf{gkfn	%)=

**ä lga6w-kl6w-lgofqf-; +d/Of-j Qf6t ä**

l= akdro{ofq; øds]j]flgs pkfo	-tly{fh kf8jh	!%)=
@= hljgsf] cflM%ofn	-gf/foofk; fb 9^ufgf	*%)=

#= dw]l cfbfihgsf @! lbg	-dw'; bg kf08]	!))=
\$= jflg6f]g/d08 lzsf/l	-dw'; bg kf08]	*)=
%= kfy/ kuflb}	-uifkn ; -hjh	!%)=
^= wdlzvsf]nodf ; Nnfsf]; ; jhl	-/dz' ljsn	@)=
&= Infinity	-ejz' vgn	!&%=
*= ; df6sf]; ldfleq / aflx/ efg6Qm	-kf= /fhj]b/ ; jbl	!^)=
(= d]f]df6f] lu	-xl/ ykf	@@)=
!)= ; do ; dosf s/f	-hublz nfd5fg]	@)=
!!= nosf] vfhldf	-/hgl 9sfn	@)=
!@= ; lo; mfk	-dfxg rtkuf0f	@)=
!#= %ofnl avf [sf]kf7f]	-8f= lzj uf7d	\$))=
!\$= ; f9]-xif.olo^lo_	-; j1 jlln]	@)=
!%= 5jpm g 6lkf]	-kfszk; fb pkflbfo	!%)=
!^= ; bzg	-sdn l/hfn	\$))=
!&= cd/lj sf]; Dengf	-kf= lzjukn l/; fn	%)=
!*= gf6z6bl	-; /:jt lu/l	%)=
!(= >lh^u zfxsf]hljg ofqf	-; /:jt lu/l	@)=
@)= k]0ff ; f] eb]sd/ l 3n]	-; /:jt lu/l	#))=
@l= kl/ro llj ; 6tsdf/ zldf{gkfn	-ag"nfd5fg]	@)=
@@= kftnsf df65x?	-lagf v8sf	%)=
@#= bz' / ljbz'	-ljgfb gkfn	#&%=
@\$= clek]0ff -Motivation_	-czf\$ e/	#))=
@%= a^h^a a^h^a	-k0o sfsf{	@)=
@^= dfyfkrfl	-ljgosdf/ zdf{gkfn	!%)=
@&= kg/fj]Q	-ljgosdf/ zdf{gkfn	!&%=
@*= k/fj t6	-ljgosdf/ zdf{gkfn	@)=
@(= vfh	-ljgosdf/ zdf{gkfn	@@)=

**ä slj tf-sfjo-dxfsljo ä**

l= tldf7f s/f- j ; 6tsdf/ zldf{gkfn] cRot/dof clwsf/l,	-j ; 6tsdf/ zldf{gkfn]	!&%=
ejgxl/ l; lbjh, r6bk; fb 6orf]g] kfszldof bxfn, b]l gkfn,	-j ; 6tsdf/ zldf{gkfn]	!%)=
7fs/ zdf{ /fak; fb k6t, pdf ld>   nldsd/ sf0/fnf, uif]s]0f zdf{	-06b' k6t	!%)=
@= gultsf s/f- j ; 6tsdf/ zldf{gkfn] lzjukn l/; fn, ljiof k6ft,	-7fs/ zdf{	!))=
vullb] vfl]; f3/] P; klbf; fl czf\$sd/ nfd5fg] dhj l3ld/]	-7fs/ zdf{	!%!=
afns]0f e66/10{ u0f/fh sf^n] uif]b6k; fb l3ld/] dS6bk; fb zdf{	-7fs/ zdf{	!%)=
#= gultj rf/ - j ; 6tsdf/ zldf{gkfn] 7fs/ zdf{ nldsd/ sf0/fnf,	-7fs/ zdf{	!%)=
uif]s]0f zdf{ vullb] vfl]; f3/] ag"nfd5fg] 8f-cf]j] l/ l; x : a:gj,	-7fs/ zdf{	@)=
g/]b] k/fz/ ; 6bk; fu/ gkfn, 8f= 6lsf/ld -ljz]j]l_ clwsf/l,	-obbfy j ; 6tk']	^)=
ljgosdf/ zdf{gkfn		
\$= ?jfoft -pd/v^ofdsf]sflo_ -cgj fb		
%= ls/tfh6lo -ef/ljsf] dxfsljo_ -cgj fb		
^= oftgf -uBdxfsljo		
&= j ; 6tf6b -r0k'sfjo		
*= zAbgf b -slj tf; aUk		
( clegjg -sfjo		
!)= gltkB		
!!= cfejh -slj tf; aUk		



@(=afb/sf]lrftf -afnsyf\_ -ur]j Gb lwld/ij bdl0rU !%)=-
#)=:ofnsf]ldqtf -afnsyf\_ -ur]j Gb lwld/ij bdl0rU !%)=-
#!=b0{6fps]; k{-afnsyf\_ -ur]j Gb lwld/ij bdl0rU \$)-=
#@=b0{v6b]la/inf]-afnsyf\_ -nlnlntbf]rU \$)-=
##=dV{f; x -afnsyf\_ -/zf 13ld/] \$)-=
#\$=sxl dxfk; if -kf]fiofssyf\_ -/h>l k/fhhl \$)-=
#%=afndxfef/t -kf]fiofssyf\_ -/h>l k/fhhl !^)-=
#^=:Gb/ / ;'lsl]ljfx -afnsyf\_ -kf/; dlof bxfn \$)-=
#&=hf]vdk0f{kxf8l ofqf -cgjfb-ofqf; #d/Of\_ -cfzif kf08] ^)-=
#\*=wtl{usf]s/f -afnslyt\_ -; k; Ggf e6b/fo{ %)=-
#(=kthsf ; fyl xfdl -afnsyf\_ -; ltf e6b/fof &%=-
\$)=ls; fg / eujfgl -afnsyf\_ -ljgostf/ zdf{gkfn #%-=
\$! = 3/ -glltsyf\_ -ljgostf/ zdf{gkfn \$)-=
\$@=afn ; f]wft -afnult\_ -06b'sdf/ >ij \*)=-
\$#=/fd]afgl -afnult\_ -/fd]qmd ykfk !))=-
\$\$=0fof'v/fof]-afnsyf\_ -Pnal rlln^a !))=-
\$%=sy\$yf -afnsyf\_ -ur]sh v8sf &%=-
\$^=: ; jhl -afnult\_ -ur]sh v8sf &%=-
\$&=ninfafnf -afnslyt\_ -ur]sh v8sf &%=-
\$\*=cgf]f]t/sf/l -afnsyf\_ -b]sl s# l &%=-
\$(/^a usf]sxqgl -afnslyt\_ -06b' k6t !))=-
\$)=sldnfsf]tftl -afnslyt\_ -06b' k6t !))=-
%!=goff ; fyl -afnsyf\_ -; lfd dfq6w/ \$)-=
%@=3lg hfpf emkf -lrqsyf\_ -/lzd l/dfn !%)=-
%#=-jftfj/Of -lrqsyf\_ -/lzd l/dfn !%)=-

ã c^a]hl efiissf afn-; flxto ã

!=Regret (story) -Suren Upreti ^)-=
@=Angel (story) -Suren Upreti ^)-=
#=Bright Qmars (song) -Suren Upreti ^)-=
\$=15 Qmories (story) -Jyoti Adhikari &)-=
%=Alan, The little Kangaroo (story) -Jyoti Adhikari &%=-
^=Country's Pride (story) -Bhabha Sharma &)-=
&=Grand Mother (story) -Muktinath Sharma &)-=
\*=Fables in English -Narayan Nepal !@%-=
(=Everything Has an Origin (Mahavarata Series)-Prakashmani Dahal ^)-=
!)=Growth Follows the Origin (Mahavarata Series)-Prakashmani Dahal ^)-=
!!=Greed, Envy and Ignorance (Mahavarata Series)-Prakashmani Dahal ^)-=
!@=Life After the Beginning (Mahavarata Series)-Prakashmani Dahal ^)-=
!#=An Ego When Relapsed (Mahavarata Series)-Prakashmani Dahal ^)-=
!\$=Once When DeraieLd (Mahavarata Series)-Prakashmani Dahal ^)-=
!%=The Ultimate Truth (Mahavarata Series)-Prakashmani Dahal ^)-=
!^=Lagecy The Hunt (Novel) -Shreevatshanka Dhakal !@%-=
!&=The Magic Spoon (story) -Indu Pant !%)=-
!\*=Mzzako Katha (story) -Gokul Khadka !%)=-

ä SoMk; :t/lo ä

!=!! sf]cyzf:q -ur]Of{dNn !&%=-
@=!@ sf]cyzf:q -xl/bf; ; fksf]f-cf]l/sf/ kf]h !^)-=
#=Elements of Economics (XII) -t/f e; fn=oz]l/ f/ k; fo{/fhg kuh' #)-=

\$=Jofj ; flos cyzf:q (B . B . S, BBA ) -ur]Of{dNn @)-=
%=Business Economics (B . B . S, B . Com ) -ur]Of{dNn \$)-=
^=Business Statistics (B . B . S . B . Com, B . B . A, BIM) -dgr]h clwst/l-dxik; fb >ij:k]f]f/h vgin, z/br6b]sf'n] %)-=
&=Fundamentals of Business Statistics (B . B . A . , B . C . I . S, B . C . A, B . I) -8f-k; iifQd l; x-dxik; fb >ij:blks/fh kf]h #@%-=
\*=Differential Calculas (BA . B . Sc . , B . Ed ) -8f-df]db xdb/ /xdfg @)-=
(=Integral Calculas (BA . , B . Sc . , B . Ed ) -8f-df]db xdb/ /xdfg @)-=
!)=kf/Des ul0ft lz10f -cf0P8# !! -8f-df]db xdb/ /xdfg !&%=-
!!=ul0ft lz10f -alP8# -8f-df]db xdb/ /xdfg !&%=-
!@=dxfsly b]sf]f sxl cfofd -alP# -k0f; fb clwst/l !&%=-
!#=gkfnl gfóss]clwog -alP# -k0f; fb clwst/l (%)-=
!\$=; twt/Of gkfnl -alP8# 8f=3gzofd Gof]fg]wgklt sf]f/inf-dlQmf] 9sfm @#%-=
!%=gkfnl nf\$ ; flxto kj]Q / cf]j]f]f -Pd# gkfnl - slkn c1ft @)-=
!^=clg]io/gkfnl -alP - 8f=3gzofd Gof]fg]wgklt sf]f/inf-dlQmf] 9sfm @#%-=
!&=:sft ; flxto sf]k/yf -alP#PdP -kf=ur]ks]of zdf{ @&%=-
!\*=efiff-lj 1fg -alP#PdP -8f=3gzofd Gof]fg]wgklt sf]f/inf-dlQmf] 9sfm @&%=-
!(-kfo]us efiff-lj 1fg -alP8#3rd -wgklt sf]f/inf #!)-=
@)=; flxto zf:q tyf gkfnl ; dnf]fgf -alP8#3rd -wgklt sf]f/inf #@%-=

ä :sh-af]8P:t/lo ä

!= All in One (Leminated) -efef zdf{ !))=-
@= All in One (Hard Cover) -efef zdf{ !#)-=
#= All in One (Full Leminated, Hard Cover) -efef zdf{ @@%-=
\$= My Word Book-Eng-Nep -ur]shk; fb zdf{ ^)-=
%= Best word Book-Eng-Nep -ur]shk; fb zdf{ !#%-=
^= English Practice Book -8 -afns]of 9sfm !@%-=
&= English Practice Book -9 -afns]of 9sfm !%)=-
\*= SLC English Practice Book -afns]of 9sfm !^)-=
(= SLC math P Book - (Eng+Nep) -8f-df]xdb/ /xdg:d]f]V'tf/ cfndf !%)=-
!)= New English Grammar-Nep-Eng (Junior) -ur]shk; fb zdf{ !#%-=
!!= New English Grammar-Nep-Eng (Higher) -ur]shk; fb zdf{ @^)-=
!@= Recent English Grammar- Eng (Junior) -ur]shk; fb zdf{ !@%-=
!#= Recent English Grammar- Eng (Higher) -ur]shk; fb zdf{ @@%-=
!\$=; lrg jof]f]f -6l, Pg= u;^a &%=-
!%=; dk0f]j'Of]f]f -cfef zdf{ %)-=
!^=cfw]gs gkfnl lga6w -j; Gtsdf/ zdd]fb]kfnU ^)-=
!&=; lhn]f]gkfnl lga6w -ur]shk; fb zdf{ &%=-
!#=/l; nf]gkfnl lga6w -ur]shk; fb zdf{ !!)-=

ä c6o ä

!=; lk l; sf]-; lkdhs k':ts -ur]shk; fb zdf{ !))=-
@=cf gf]pkrf/ cfkm]-:j:f:lo -/fh]b] >ij \$)-=
#=Social Change In Rural Nepal -Ebindra Prasad Neupane #)-=
\$=n]vs 6]hka] 8fo/l -; fydf k':ts k; nx? %)-=
%=; flxto jif{k':ts @)! -k':ts kl/ro-sf]f -; flxto ; j4g s]b] \$)-=
^=; flxto jif{k':ts @)&# -k':ts kl/ro-sf]f -; flxto ; j4g s]b] ^)-=
&=; flxto jif{k':ts @)&\$ -k':ts kl/ro-sf]f -; flxto ; j4g s]b] &%=-
\*=; flxto jif{k':ts @)&% -k':ts kl/ro-sf]f -; flxto ; j4g s]b] \*%)-=
(=axefil pvfg-6Ssf ; ^uk -@# n]vs \$@%-=
!)=lzlfs ; f/ly -kf]j tyf lgdf]j lzlfs ; f]kfg -k]sfzldof b]xfn ^&%=-
\*\*\*

kqsf/ cfrf/; lxtf, @)&#  
-klxnfj ; zfwg @)&^\_ sfj kfnq u/fj .  
laeT; bZo / t:jl/ k|sfzg=k|; f/Of gu/fj .

kqsf/ tyf ; ~rf/dfWodn] s'g} 36gf; lu  
; DalGwt ; dfrf/ k|sfzg-k|; f/Of ubf{ 36gf; lu  
c; DalGwt gft|bf/ jf glhssf JolQmsfj  
gfd hf|BL do|fdf cfr klg] jf rl/qxTof x'g] u/L  
s'g} klg ; fduj. k|:t't ug{ x'bg .

ofg ck/fw, ; fdlhs lje| tyf 3|ffsf sf/Of  
pTkGg 36gf jf ; Gbedf k|eflj tsfj ; r|t  
:j|s|t / k|efj sfj dNof^sg lj gf gfd, 7|ufgf /  
klxrfg vNg] u/L ; dfrf/, tl:a/ / bZo pTkfbg,  
lj t/Of jf k|sfzg=k|; f/Of ug{ x'bg .



gkfn ; /sf/  
; ~rf/ tyf ; r'gf klj lw dGqno  
; r'gf tyf k|; f/Of lj efu  
; ~rf/ulfd, sf7df8fj

