k]; sfplG;n gk]fnåf/f /fli6«o:t/sf]-s_ ju{df juL{s[t

j}hoGtL

jif{!# cª\s ! k0ff{ª\s ^& ljwfs]Gb|t ;flxlTos klqsf @)&& j}zfv–Hof]7

;+:yfks
j;Gtsdf/ zDdf{g]kfnÚ

;+/Ifs
/fwfb]L zdf{

lgb]{zs
ljgosdf/ zdf{g]kfn

k|wfg ;Dkfbs
&fs'/ zdf{e)*f/L

;Dkfbs
ofbj e^\/f0{

;xof]uL
sdnf g]kfn
dx]zk|;fb l/hfn
efef zdf{
cfef zdf{
dft[sf cfrfo{
ljej g]kfn

k|sfzs
zAbfy{k|sfzg
rfa]lxn, sf7df8f}

Shabdartha Prakashan
Chabahil Ganeshthan, Kathmandu, Nepal
977-01-4497351 / 9841-496103
email : shabdarthaprakashan@gmail.com
nepal.vk@hotmail.com / nepal120@yahoo.com
web: http://nepalipublisher.com / http://shabdarthaprakashan.com

;'rgf M j}hoGtLdf k|sflzt /rgfsf] ;Dk0f{ lhDd]jf/ :jod\ n]vs g} xg]5g\.

; DkfbsLo

- gkfnL ;flxTosf ;jfdf ;dlkt jhoGtL ljwf sGbl ;flxlTos klqsfsf nIo egsf cuh Pj cgh ;l6fx¿sf /rgfx¿ kbsfzg u// gkfnL efiff ;flxTosf e08f/ eg' /xsf 5 . of ^& cªs ;Dd cf0kbf o;n lgs dxŒjk0f cªsx? kbsfzg ul/;ssf klg 5 .
- sljtf -uhn, dQms, sfJo, v08sfJo, dxfsfJo cflb_, cfVofg -pkGof;, syf, n3'syf_, gf6s -Psfªsl, k0ffªsL cflb_ ;dfnfrgf clg lgaGw -klaGw, ofqf, lgofqf, ;:d/0f, hLjgL cflb_ ljljw ljifosf obfsbf sxL ;dx ldn/ ;Demgf :j¿k lbj; jf pT;j dgf0g kl rng bz / ljbz ;alt/ rNb cf0/xsf 5 . o; ;Gbedf sg Pp6f ljwfsf eGbf ;du| ;flxTos lbj; lsg gdgfpg <
- of ;fgf dgsf cdt klgn dt ¿k lnof / @)&) jzfv ^ ut ;flxTo lbj;Usf 3fif0ff eof zAbfy klsfzgsf lgbzssf hfu?stfdf .
- nueu &) jif pd/ klsf !% hgf ;flxTosf/ / sl/a $)) cGo ;flxTosf/x¿sf cgbfbgn To; lbg klos jzfv ! ut ;flxTo lbj; dgfpgU lg0fo u¥of .
- o;sf nflu pQm lbgaf6 :yfkgf ePsf ;flxTo ;j4g sGbl gkfn gfds ;:yfn lg/Gt/ of lbj; dgf0 g /xsf 5 . xfn of ;:yfn ljleGg lfqdf !) y/L ;flxTo;DaGwL k'/:sf/sf klg :yfkgf ul/;ssf 5 .
- jifel/ bzaf6 lg:ssf ;flxlTos k':tsx¿sf clenvg /fVg dxŒjk0f sfo ub jif ;flxTo k':tsU klg @)&! af6 lgl:s/xsf 5 .
- o:tf pTsi6 sfodf ;a ;flxTofg/fuL ;dfjz xfpmg / o;n lg/Gt/tf kfcf; -zbsfdgf .
- jhoGtLdf o; cl3 /fli6o JolQmTj cªssf ¿kdf cªs #, @(, #!, kbflzt e0;ssf xg / clxn of ^& cªs klg oxfx¿sf xftdf cfPsf 5 .
- jhoGtLnf0 dfof u// cf^gf /rgf pknAw u/fpgxg ;Dk0f ;l6fx¿df jhoGtL kl/jf/ xflbs cfef/ kb6 ub5 . o;sf ;fy cfufdL lbgdf klg ;Dk0f nvs ;flxTosf/ Pj kf7sx?af6 :gx, ;befj / ;xofu klt xg g 5 eGgdf xfdL ljZj:t 5f .

;±slt-!, k'{dlt-!, n3pkGof;-!, rf8÷kj{!, gf6s÷Psfªsl-@,
ljbŀzofqf-@, dQms-#, uhn-#, /fli6o-JolQmTj-$, n3'syf-$,
:jbŀzofqf-$, ;±d/0f-%, uBsljtf-^, syf-^, lgaGw-& ;dLIff-&,
5Gbsljtf-!) cfŀf cªsx? lgsfln;sŀf]
;flxlTos klqsf **jhoGtLsf]**
^ cf}cªs* **hLjgL** *xŀ5 .*

- **zAbfy{klsfzgsf] jla ;f08df jhoGtLsf ;a}cªs 8fpgnf8U** ug{ ldNg]u/L /flvPsf 5g\.

---

o; cªsdf

qmd	hLjgL	/rgfsf/	ki7
!.	ekL gkfnL ;flxTosf dWGo ;fws	c;kmn uftd	%
@.	:jfdL ;Tobj dxf/fh	8f=sl0frGb zdf	@!
#.	dxfg\u¿ rflo l7rg l/Gkf65sf hLjgL	k0ok;fb k/fhnL	@*
$.	xifaxfb/ a9fdu/	ofbj e66/f0	#^
%.	u8 af0 Û dfxg/fh zdfnf0	/fhGb ;jbL	$@
^.	snf / ;flxTosf bfefg ngl;x jfªbn	/fd;Gb/ bphf	$(
&.	gkfnsf kn:To dbgdl0f bLlIft	lji0fk;fb zdf k/fhnL	%#
*.	:jfdL k/dfgGb ;/:jtL	xl/ kf08o klysU	^$

:yfoL :tDe

k5f/sf kftf	
hLjgrl/q cyft\hLjgL ljgosdf/ zdf gkfn	&#
gkfnsf sxL k:ts k;nx?	*%
zAbfy klsfzgsf k:tsx?	*(

ca xfdf| kfnf|
uLt, syf, ;:d/0f cªs .

j}hoGtL ; i6f ;Ddfgåf/f ;Ddflgt JolQmTjx?

cª\s != kf=8f=slkn c1fft -;dLIff_	cª\s @= /fhZj/ bjsf6f -k'j :dlt_
cª\s #= ag"nfld5fg -/fli6« JolQmTj_	cª\s $= pldnf nfld5fg -gLtsyf_
cª\s %= 8f= znGbksfz gkfn -5Gbsljtf_	cª\s ^= eLid pktL -:jbzofqf_
cª\s &= oj/fh gof3/ -:jbzofqf_	cª\s *= 8f=/fdk;fb 1afnL -5Gbsljtf_
cª\s (= kf=8f=ho/fh kGt -rf8kj_	cª\s !)= sGxof gf;ggL -ljbzofqf_
cª\s !!= ejgxl/ l;Ubn -k0fosyf_	cª\s !@= kf=8f=bufk;fb c¥ofn -;dLIff_
cª\s !#= kf= ufkLsi0f zdf -;dLIff_	cª\s !$= /fdZj/ /fpt dftbf; -uBsljtf_
cª\s !%= 8f= 3gZofd Gofkfg -;:d/0f_	cª\s !^= kbLk gkfn -;:d/0f_
cª\s !&= kf= lzjufkfn l/;fn -5Gbsljtf_	cª\s !*= ljho rfnL; -lgaGw_
cª\s !(= ksfzdl0f bfxfn -lgaGw_	cª\s @)= >Lcfd >i7 /fbg -;:d/0f_
cª\s @!= /fdk;fb kGt -:jbzofqf_	cª\s @@= d~hn -ljbzofqf_
cª\s @#= gf/fo0f lg/f;L -5Gbsljtf_	cª\s @$= zzL yfkfkl08t -;:slt_
cª\s @%= lszf/ kxf8L -n3syf_	cª\s @^= nlntf bfifL -Psfª\sL_
cª\s @&= uLtfsz/L -n3pkGof;_	cª\s @*= /fwZofd nsfnL -uBsljtf_
cª\s @(= rGbsfGt cfrfo -/fli6«JolQmTj_	cª\s #)= bjL gkfn -5Gbsljtf_
cª\s #!= cd/sdf/ kwfg -/fli6«JolQmTj_	cª\s #@= lbJo lu/L -dQms_
cª\s ##= ;ifdf dfgGw/ -syf_	cª\s #$= a'b /fgf -uhn_
cª\s #%= kf=/fhGb ;jbL -;dLIff_	cª\s #^= g/Gb k/fz/ -5Gbsljtf_
cª\s #&= dgsf kf8n -lgaGw_	cª\s #*= si0f ahuf0 -syf_
cª\s #(= wL/sdf/ >i7 -uBsljtf_	cª\s $)= /fdsfhL sfg -dQms_
cª\s $!= kf=8f si0fk;fb bfxfn -;dLIff_	cª\s $@= dsGb zdf rfln; -5Gbsljtf_
cª\s $#= /frs l3ld/ -;:d/0f_	cª\s $$= 8f= ljZjblk clwsf/L -lgaGw_
cª\s $%= 3gZofd /fhsl0fsf/ -;:d/0f_	cª\s $^= lvdfgGb kfv/n -uhn_
cª\s $&= d~h sfrnL -n3syf_	cª\s $*= lqnfrg cfrfo -5Gbsljtf_
cª\s $(= 0Gbsdf/ >i7 ;l/t\-;:d/0f_	cª\s %)= 8f=nvk;fb lg/fnf -;dfnfrgf_
cª\s %!= ef:s/ e08f/L -lgaGw_	cª\s %@= jf;bj clwsf/L -uBsljtf_
cª\s %#= jf;bj kf08 -uhn_	cª\s %$= kef e66/f0 -5Gbsljtf_

ca xfdf kfnf
uLt, syf, ;:d/0f cª\s .

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ca xfdf ja ;f06df j}hoGtL / bfloTjsf ;a cªs 8fpgnf8 ug ;SgxG5 x .

ek'L M gkfnL ;flxTosf d'WGo ;fws

c;kmn uftd

!= hGd / afNosfn

;Aaf lxtdfg z/rg / kßsdf/L z/rgsf kl/jf/ yfsvfnfsf gfdb Jofkf/L lyP . pgsf Jofkf/ yfsvfnf, kfv/f, a6jn, e/xjf xb gftgjf;Dd lyof . ltg kßsdf/Lsf sfvaf6 d:tfªsf yfs 6sr df !((@ k; !) ut awjf/sf lbg hlGdPsf lyP, ek'Gbdfg z/rg . lxtdfg z/rgsf rf/ 5f/fkl5 5f/Lsf ckIff ubfub kfrf ;Gtfgsf ?kdf ek'Gbdfgsf hGd ePsf xf . Psftkm 5f/Lsf ckIffdf ah kg, csftkm k; cf;Lsf lbg cDiof dh' k// hGdgn kl/jf/df lrGtf / lg/fzf kmlnPsf sf/0f lxtdfgn 5 dlxgf;Dd pgsf dv x/gg\. 5 dlxgfkZrft\rlrt Hofltifl;u hGds08nL x/fpbf s;nf0 glkg, a? cfkmnf0 lkg atfPkl5 aNn lktfn pgsf dv x/sf cWoogsf qmddf el6G5g\.

ljlwsf lj8Dagf, kfr jifsf pd/df cfdfsf lgwg xgfn ufp ;dfhdf pgnf0 cfdf 6fsjf eg/ ufnLunfh ug sfd eof . slnnf dl:tisdf nfUYof, cf^gf slnnf bftn s;/L cfdfnf0 6fs < yfs6sr sf :jR5 xfjfkfgLdf xssf z/rgnf0 ;dfhdf krlnt o:t s;:sf/n kLl8t agfof . h;sf lzsf/ pgL 3/d agsf lyP, To;n ljbfxL aGb uP . 5f/L hGdfpg cf;df dh' glfqdf k// hGdsfn kl/jf/d pkIff xbf ufp ;dfhdf s:tf /xØf eGg cgdfg ug ufxf 5g . afNosfn laTb hfbf pgL !)–!@ jifsf pd/d cWoogsf nflu agf/; kjz u/ . bfh ofuGbdfg / elthL pldnfsf ;fy agf/;sf c:;L ku, hxf :ofxf/ ; ;f/df cfjZos 7fgL gkfnaf6 nluPsf efG; / gfs/rfs/;dt l;ª\u 3/ef8fdf bfh ;u a;/ cWoog ug yfn ek'Gbdfg z/rgn .

kfl/jfl/s dfofddtfaf6 lj/lQmPsf ek'Gbdfg ljBfyLsfnblv g cgf7f :jefjsf lyP . lszf/fj:yf;u cfdfsf dfofdf lj/lQmg kusf pgL ToxL kL8f cGTosf nflu vgL, r/f6 / /S;Lsf ;xfotf lng yfn . cGttM pgdf h;sf nt a:b uof . hg ;do pgL agf/; ljZjljBfnodf k9b lyP . ljBfyL hLjgdf ;fyLsf /fhgLltkltsf zfvn pgdf klg 7"hf kefj kf¥of . ;do laTb hfbf pgL /fhgLltdf klg tflgb uP . agf/;sf ljBfyL sfª\|; / sDolgi6df ljeflht lyP . pgLdf la:tf/ /fhgLlts r|tgf 3:b| uof, To; sf kl/0ffd hgjfb gf6s k|sflzt u/| .

hg ;do ek'Gbn| gfd k5fl8 ;jxf/fl k|m sf hf8| . pQm gf6s agf/; ljZjljBfnosf ;efs lfdf g|kfnL 5fq ;ªBn d~rg u/|sf lyof . h;df /x|sf ‰ofp/ uLt wgjfb ltdf, hgjfb xfdfl cfk|mn ufPsf lyP . gf6s k|bzgkl5 gfd rn|sf Jofkf/L lxtdfgsf 5f/f, sfª\|;sf s6\'/ g|tf ofuGbdfgsf ef0 ;jxf/f n|v/ s;/L sDolgi6 eof < ;a rlst eP . zf|vsf ljifo g afws aGg ku|sf dfq xf0g, :jod\bfh ¿i6 ePkl5 bfhef0 aLrsf ;|4flGts ljjfbsf sf/0f ek'Gbn| 8/f g ;g|kg| cj:yf cfof . Tof ;u;u pgn| ljBfyLsfnb|v ;jxf/fl pkgfddf sljtf nVg yfn| . o;/L ;fwgfdf nfUb ubf g|kfndf /f0ffx?sf hgtf lj/fwL zf;g k4lt ;¿ eof . pQm k4ltklt kl/lrt pgL cWoog 5f8/ eb|cj1f cfGbfngdf ;fdn dfq s| ePsf lyP, hn hLjg;d|t latfpgk¥of o;/L pgsf afNosfn laTb cfof .

@= z|/rgsf| sfJoofqf

ek'Gbdfg z|/rgn c? z|/rg kl/jf/sf h:tf Joj;fo / pBfuwGbf u/gg\. kl/jf/;usf ljbfxkl5 :jR5fsf pBfu ;~rfng u/| . lxhf 3/ kl/jf/, ufp, 6fn / ;dfhdf ek'Gbn| afa cfdfsf la8f gwfGg| eof eGg kL/ lyof . cfh xbf lxhf lxtdfgsf pBfu s| lyof < 6's r|sf cf;kf;nf0 dfq yfxf xfnf . kªQmsf/h:tf w/nf0 yfxf 5g t/ cfh ek'Gbn| ;dfn|sf Tof pBfu sfnhoL 5 . /f0ffsf hgtf lj/fwL zf;g ;¿ ePkl5 ek'Gbn| sljtfsf pBfu ;~rfng u/|/ hfu/0ffGdvL sljtf nVg yfnL cf^gf n|vgd| c6n ljZjf; /fVg uj|sf s'/f xf . To;n| lxhfsf ek'Gbdfg cfhsf ekL ag|sf 5g\. pgn| yfn|sf pBfun| g|kfnL jfªdon| uf/j u/|sf 5 .

;a|n| aem|sf s'/f xf, glhs sf tLy| xnf . To;n| Ps sljnf0 hLljt 5b| / dTokZrft\xgdf k|/s kb5 . g|kfnL jfªdosf ;i6f cfh pgnf0 ;Dem|b| lx8|g, pgn| ;~rfng u/|sf pBfusf kz;f ug| rfg|r|g s'/f xf0g . cflv/ nVg, nVg g xf . w/ / yf/ nVgdf leGgtf 5g . w/ nVgdfq 7'hf s'/f xf0g / yf/ n|v/ ofubfg yf/ xg| klg . cflv/ xgkg| n|vgdf u0f xf . ha t/sf/L ksfp5f To;df cfjZostfg;f/ d;nf, gg, v';fgLh:tf kbfysf dfqf gnfu To; sf :jfb s:tf /xG5 < lhafn| ;xh| cgdfg u5 . n|vf0df klg Tof :jfb ePg eg ;du| bz, ;dfh / df6fsf cfTdf ePg eg| s|g| t's /xb|g . To;n| ekLsf /rgf

rfx| pgsf ;jxf/fl k|msf hf8/ n|vPsf gf6s xf;\of To;kl5sf sljtf ;adf ckIff u/|sf cfTdf el6G5 . ekLsf s|tsf n|vfhfvf u// /fdf g/fdf eGg vfHg 8fS6/ / jBnf0 n8fpgh:t xf . To;n| oxf pgsf ;Ddfg / :d|tvflt/ @)!) ;fnb|v @)$^ ;fn;Ddsf ekL z|/rgsf ptf/r9fj, s|t ;dLIff / kl5Nnf ;do @)%& ;fndf lzj /UdLsf ;Dkfbgdf cfPsf ekL z|/rgsf sljtfx?l;Ddsf s|t rrfsf koTg klg ul/Psf 5 .

#= kl/jt|gl gf6s / gof ‰ofp/l uLltsljtf -@)!)_

ekL z|/rgn| tTsfnLg kl/l:yltsf sf/0f gfdsf k5fl8 ;jxf/f /fv| xfnfg\Û kf/lDes sljtfsf r/0f @))&–@)!& ;fn;Dd rn|sf /fHo kl/kf6Lsf s'kjlQaf6 z|/rgsf dl:tisdf cg|sg k|efj kg| qm|d ;¿ eof . kl/jt|gl -@)!)_ gf6ssf dfWodaf6 ;flxTo cfsfzdf pbfPsf pgn| ;dosf sfnqmddf ljbfx / JoªofTds sljtf nVb uP . pgsf @@ bZodf ljeflht pgsf kl/jt|g gf6sdf u/Lax?n| kfpgkg| clwsf/ / ;Ddfgsf s'/fnf0 hf8 lb0Psf 5 . ;dfhdf dfgj eP/ hGdkl5 ;dfg ?kn| afRg kfpg| hGdl;4 clwsf/ xf eGg| s'/fnf0 gf6sdf p7f0Psf 5 . u/Ladfly ul/Psf zfif0f lj¿4sf efj ekLn| cf^gf ojfj:yfsf r'nanlkg / tftf /utsf hfl;nf cleJolQmnf0 rGbf gfdsL gflosfsf rl/qaf6 pbBf6g u/|sf 5g\. ;Dk0f ojfnf0 prfNg| hfz gf6sdf kf0G5 . ;dfhdf cfkm'hf0 xg|vfg| ;Demgx?n| bLgbMvL, dhb/, el/of / u/Ladfly u/|sf zfif0fsf lj¿4 nfu/ kl/jtgsf ;kgf ;hfpgk5 . ;dfg xs, clwsf/ / cj;/sf nflu hfUg ;lsPg eg ;w| s'jfsf Eofu'tf aGg| afx|s csf ljsNk 5g, To;n| hfuf ojf eGg| cfXjfg kl/jtg gf6sdf kf0G5 .

ekL z|/rgn| cfkm";DkGg kl/jf/df hGd/ klg slxNo To;sf / afkm b|vfPgg\. ;fxL sf/0f gf6s ;u;u sljtf n|vgdf nfusf pgn| ljkGgs lrTsf/nf0 ;ª\xLt u/| . pgsf gof ‰ofp/l -@)!)_ klxnf uLlt sljtf;ª\x xf . hxf /xsf !) uLltsljtfdf pgn| u/La / bLgbMvLsf dlQmsf cfjfh p/fnsf 5g\. eflnsf ;gfnf eljiosf vfsf sfg g;Sgnf0 sljtfsf dfWodaf6 hfUg cfzfjfbL :j/ p7fPsf 5g\. ;fy pgn| g|kfnL bfhef0nf0 jL/ ufvfnLsf ku/L uyfP/ g|kfn cfdfsf ;femf, ;Lwf ;Gtfgnf0 ef8fsf l;kfxLsf ?kdf ckdflgt u/|sf s'/fnf0 gof ‰ofp/df phfu/ u/|sf 5g\. Tof dfq xf0g, g|kfnL :jfledfgnf0 ljbzLsf unfd ag/ df6fdf ldnfpgklt ;r|t xgk5 eGg ;Gbz klg sltdf kf0G5 . tTsfnLg ;dodf kmlnPsf efds / cf8Da/sf jf:tljs tfnf0 kl/jtgblv gof %ofp/;Dd cf0kUbf pgn ljbfx ugk5 eGg wf/0ffnf0 k:6;u pb3f6g u/sf 5g\. ljbzLn gkfn cfdfsf ;Gtfgnf0 ef8fdf nu/ gkfnsf :jfledfgdf cfr cfPsf s/f dfq xf0g . gkfnd /xsf gkfnLnf0 7u bf0ffrfox?n u¿sf gfddf 7lu/xsf ;Gbenf0 klg rfl6nf ?kdf JoQm u/sf 5g\. pgn kl/jtgsf nflu sxL ugk5 . ;w csfsf gfs/rfs/ / pgLx?sf zf;gk4ltdf lg/Lx ag/ lhpgsf ;fystf /xbg egsf 5g\. :jfledfgL gkfnL cf^gf :jfledfgdf uf/jsf ;fy afRgk5 . ;fgfltgf s/fdf cNemg xf0g, cfjZos k/ ;ª3ifsf dbfgdf pqg ;Sgk5 eGg pb3fif;dt u/sf 5g\. d:tfªsf 6s raf6 aUg em/gf / 5fufsf cfju em pgsf sljtfsf cfju ausf 5g\. ;:tf nfslkotf / cfbzeGbf klg oyfytfsf g'tg kultjfb / /ftf em08fsf k;ªUnf0 pgn gof %ofp/df kfvsf 5g\.

$: .lgem/l -uLltsljtf–@)!%_

:jfledfgsf ;fy afRgk5 eGb qmflGtsf xsf/ u/sf ekL z/rg ;flxTou;u @)!@ ;fndf gkfn sDolgi6 kf6Lsf lhNnf ;lrj ag/ /fhgLltdf nfu . gof %ofp/ ksfzg;u h:tf pgL @)!# ;fndf ojf kml:6andf efu lng tTsfnLg ?; ku . ?;L qmflGt, rfnrng / /xg;xgaf6 kefljt cjZo eP . lgaGw lz/fdl0f zªs/ nfld5fgn gkfnLnf0 kf7 k9fPsf 5g\. :jfledfgL gkfn cfdfsf ;Gtfg bzljbz 3Dg hfG5g\eg, Toxfsf ;:slt / ;:sf/sf l;sf ug gkfnLsf dflnstf xf eGg s/f pgn leœØfPsf xf0s ljwfn kdfl0ft u/sf 5 . ekL z/rg ?;af6 cfPkl5 ?;L ;:sf/, rfnrng / ;:slt ;u;u sg gof s/f leqØfP xfnfg\. ltg s/fnf0 cleJoQm ug csf uLlt sljtf;ªUx .lgem/l -@)!%_ ksfzg u/ . pQm sltsf sljtfdf gf/L c;dfgtf, zfif0f / bdgsf nflu hfUgkg efj JoQm ul/Psf 5 . ;dfhdf JofKt dlxnf–k¿ifaLrsf ebefj cGTo ugk5 eGg s/fnf0 lgem/df phfu/ ul/Psf 5 . z/rgn ;:sltsf gfddf ePsf cGofo, cTofrf/ / zfif0f dlQmsf nflu tdfd al4hLjL Ps xgkg s/f JoQm u/sf 5g\. ;ªUxdf slj z/rg gf/L :jtGqtfsf klfdf plePsf 5g\. dvn s7 eg/ zfif0f ug kjlQsf lj/fw dfq ub pgn cfd hg;dbfonf0 lgem/sf pkdf lbPsf 5g\.

slj z/rgn cf^gf l;hgfsf pBfudf ;w cf^g dgnf0 klx/f agfP/ ToxLaf6 9ªUf, df6f / cgsf ktem/ aufP . dgsf klx/faf6

aufPsf efj t/ªUnf0 em/gfsf ?kdf bvfP . ufp a:tLdf /xsf lgem/ hgtf ;w To; a;/ xbg eg/ ljDafTds ?kdf ;Dk0f lgem/nf0 vfnf ag/ zfifssf lj/fwdf ;';fpg eg . Tof dfq xf0g, cfkmh efusf zflift, kLl8t / lt/:st ;dfhs hudf z/rgn cfzfjfbL eljiolt/ ;ªst ug /rgf ug yfn . kslt / efjk/s l;hgfsf dfWodaf6 u/La bLgbvLnf0 hfultsf ;Gbz 5g g z/rgsf sljtfsf dVo efj lyof . x/f pgsf lgem/leqsf Ps sljtf M

rGbf / /fx
s;n aG5 sjn wtLdf
0iof ug wGbf 5
gog p7fpm x/ uugdf
Toxf klg ;dfh uGbf 5
tL c;ªVo tf/fsf dfemdf
sjn Ps rGbf 5
t/ p;sf unfdf g
/fx stsf kmGbf 5 .

sljtf efj / snfsf ;dGjofTds ;fGbo xf eGg ekLsf :jLsf/flQm lyof . kmntM pgsf sljtfdf kZg v8f ug 7fp lyPg / 5g . 0ltxf;n atfPsf s/f xf, @))& ;fnblv @)#^ ;fn;Ddsf gkfnsf cj:yf gfhs lyof . rfx Tof /fhgLlts xf;\of ;fdflhs . 8/nfUbf / sNkgf ug g;Sg vfnsf lyof . o;n @))& ;fnsf /f0ffzf;gsf lg/ªsztGqn ekL z/rgsf sfJokjlQnf0 emg\ljbfxfTds / JoªUofTds agfof . ljleGg j0f, hfltsf gfddf ul/g zfif0faf6 pgnf0 lbSs nfusf lyof . ToxL ;do cfkmhf0 ;dofgsh k:tt ug ;Sg ekLsf nvg eg /fhgLlts gtfsf efif0f u/h:tf lyof . lgem/df cf^g xbonf0 6x/f agfP/ k:tt u/h:t cfkmhf0 k:tt uy . ;DkGg kl/jf/df hGd/ ljBfyLsfnblv ljbfxL agsf z/rgsf ljbfxfTds nvgdf sdL cfPg . pgsf :jefj g lyof, ;dfhdf ljBdfg zfif0f ;:sf/sf lj/fw ug o;/L pgL ljbfxdf nflu/x .

%: .3'Dgd rdfly cGwf dfG5l -sljtf;ªUx–@)@%_

;do cf^g /^tf/df bfl8of . t/ @)!% ;fndf lgem/ ksfzgkl5 ekLsf nvgn lg/Gt/tf kfpg ;sg . Psftkm kl/jf/df kts k;f gckgfPsfdf lrGtf, csftkm sfªU;sf ef0 ;jxf/f ePsfn s ug eGg kl/jf/df lrGtf xg, ptf pgsf dgdf ljbfx / JoªUosf esf/L el/g, 3/df ekLnfO kl/jf/;u /fVg ;Sg cj:yf gbvkl5 tTsfnLg ;do @)!* ;fndf lrtjgsf Pp6f sDkgL xg k7fOof . 3/kl/jf/df 5f/f ;lwG5 eGg ;fr lyof t/ ;kmntf xft nfug . pgL hlt ;do lrtjg a;, 3d/ latfP . 3Dg 7fp ;lsPkl5 e/xjf xb kfv/f cfP, sljtfdfkmt JoªNo / ljbfxsf :j/ p/fln/x . kl/jf/sf ;kmn Jofkf/L agfpg kof; kml/ c;kmn eof . kl/jf/n sDkgL xg k7fpg, kfl/jfl/s ;d:ofn ubf nvgnfO lg/Gt/tf lbg g;Sg, ljleGg /fhgLlts, ;flxlTos / ;fdflhs ljjfbdf clNemg k/sfn Ps bzssf ;do v/ uPsfh:tf blvP tfklg pgn l;hgf sd eg ul//x . ;jbgzLn ekL eg ToxL bzssf cjlwdf jjflxs hLjgdf aflwg ku . khftflGqs kl/jf/df hGd/ jfdkGyL ljrf/af6 keflljt pgL jjflxs hLjgdf aflwPkl5 khftflGqs l;4fGts ;dys eP/ l;hgf sddf lqmofzLn /x .

@)!& ;fnkl5sf lg/ªbzsfnsf sf/Of ekL rsf JoªNo / ljbfxL sljsf ?kdf plegk5 eGg ;Gbz lbP/ aflx/ lg:s . 3/df afan Joj;fo ugk5 eGg, bzdf u/La, bMvL, zfifOf, cGofo / cTofrf/n w¿w¿ ¿jfPsf cj:yf lyof . pgL tTsfnLg ;dosf /fhgLlts, kzf;lgs, ;fdflhs Pjd\ljljw klfsf bkOf aGg kUg 3Dgd rdfly cGwf dfG5 -@)@%_ sljtf;ªUxsf ;fy aflx/ lg:s . z/rgsf sljtf;ªUx cfkm"afrsf ;do, lhGbuL latfPsf 6fnl5ds, bvefusf tdfd ljslt, lj;ªUlt, cGofo, zfifOf, s07f / ljjztfnfO sljtfsf dfWodaf6 JoªNofTds k:tlt ug Obf/fsf ;fy aflx/ cfPsf slt xf . lxhfsf ekGbdfg ha ;flxTodf nfUb uP ta pgsf gfd kml/b uP . pgnfO ToxL pBfusf dflns dfq xfOg ekGbdfgnfO ekLU agfPsf 3Dg drdfly cGwf dfG5 sljtf sltn g xf . kmntM cfh ;asf 9s9sL aGg ku – lxhfsf ekGbdfg .

ekLn cf^gf bfloTj la;/ ;Qfnfnktfsf pGdfbdf zlQmsf b¿kofu ugx?sf 5ftLdf sljtfaf6 ah kxf/ u// cfkm"hfO sfnhoL sljsf ?kdf kl/lrt u/fpg ;kmn eP . pgn sg ljifoj:tnfO lnP/ s;/L sljtf nVg uby < / slt ljbfxL lyP < eGg Ps k;ªU oxf hf8bf pkoQm xg blvG5 . uNdLsf ;flxTosf/ bufk;fb cofn pgsf bMvsf ;fyL lyP . la/fdL k// lj:tf/fdf klN6bf ekLn egsf lyP – *uNdLsf xfjfkfgLdf xssf tkfOdf d/f ufpsf jf; cfof . sf7df8fdf d PSnf /x5 . d agf/;df xg ljBfyL cfGbfngdf kln;sf cufl8 5ftL kmsfP/ nf ufnL xfg\eGb ;aeGbf pQlht xGy . wtL g kN6fOlbg;S5 h:tf hfz pnGYof . o:tf pQhgf d/f afnfO klg bvfP . d/f af kltli7t / ;DkGg JolQm xgxGYof . d/f 3/ ;fdGtLsf cjlzi6 w/fx/ xf . d o;df al:bg eg/ ljbfx u/ . afafn 3/ 5f8/ uP klg k;f nu/ hf, vfgk5 / k;fsf sfd kl//xG5 eg/ xftdf /flvlbPsf ;f–;fsf tLgj6f gf6 lktfhLs cufl8 w/ Roft/ kmfnL lbP . afafn dg lvGg kfgeof . d af6f ttfP . kl5 g3ndf l5l9sf sf7fdf lgdn nfdf / d a:of . /ft k/kl5 dgaQL afNof . aln/xsf dgaQLdf d Hofb cfslift eP, eOdf tKk–tKk v;sf dgaQLsf yfkf / ansf Hjfnfsf rfnf bv/ d/f xbodf jbgfsf kIf nssf efg xGYof, oxL kToIf cgeltdf dn dgaQLsf lzvf sljtf nvsf x .* o;/L bvsf s/fnfO sljtfdf 9fNg ekLsf 3Dg drdfly cGwf dfG5 sljtf;ªUx ;fdflhs ouafw, ;dfh / bzsf Jofks ;/fkm/fdf ePsf tR5 / lgqm:6 rl/qdflysf kxf/ xf eGg dgaQLsf lzvf ;Gbeaf6 yfxf xG5 . ekLnfO /fs, efs / zfsdf 8asf hLjgsf altlyn g ljbfxfTds slj agfPsf lyof . pgsf ;fxL sljtf;ªUxsf ;Gbedf ;dfnfrs vuGb ;ªUfnf lSni6 sljtfsf dxfgtfaf6 cltzo keflljt eP/ xfnf dbg k/:sf/ u7Lsf bli6df ekLsf cGwf dfG5n dbg k/:sf/ kfpg nfPs 7xl/Pg .

sljTjdf ljbfxsf :j/ ;;Ng, qmflGtdf cfzf /fVg dfq ;kmntfsf kf6f xfOg . pgn ufp ;dfhdf xlkPsf, rlkPsf, lylrPsf, ldlrPsf, kL8f / jbgfdf lkIN;PsfnfO p7g cfux ug tTsfnLg ;dosf dfu lyof . hg dfunfO k'f u// ekL ag . 3Dg drdfly cGwf dfG5 sljtf @)@% ;fndf ;femf ksfzgaf6 ksfzg ePkl5 @)@^ ;fnsf ;femf k/:sf/ kfKt ug klxnf slt aGg ;kmn eof . To;sf sxL ;dokl5 @)#^ ;fnblv @)$% ;fn;Dd pgL gkfn /fhsLo k1fkltli7fgsf ;b:o, kltli7fgaf6 ksfzg xg sljtf qdfl;s klqsfsf kwfg;Dkfbs / k1f qdfl;ssf ;Dkfbs ag/ uf/vf blIf0f afx -@)$@_ ;dt kfKt u/ .

3Dg drdfly cGwf dfG5 sljtf;ªUxdf ;/n, ;/; efiffzn, cgkf;oQm Pjd\nofTds efjfleJolQmn l;ªUfl/Psf $@ sljtf 5g\. ekLsf ;DaGwdf pgL;u latfPsf lbg ;Demb 8f- /fdbofn /fsz eG5g\– *tTsfnLg OlGb/f /i6/fdf ;w lrof vfgsf nflu hfgxGYof . d To;avt kßsGof snhdf k9fpy / kfWofkgsf sfo ;skl5 ansflt/ Toxf hfg uby . pxf;u e6 xGYof . To;avt OlGb/f /i6/fdf lrof vfg dxªUf lyof, Tof :t/Lodf ulgGYof . pxf cf^gf pkgfd ;jxf/f /fVgePsf lyof, t/ ;DkGg sljsf ?kdf ;kl/lrt xgxGYof . ;fyLx?n vfPsf lrofsf lan klg w/h;f pxf g ltgxGYof . cGTodf pxfnfO cfTd1fg eof Sof/ Û ;fyLx? dnfO g zfifOf ug yfn . To;kl5 pxf Toxf hfg sd eof .* nIdLk;fb bjsf6fn hldGbf/sf kq 5g\;fDojfbLU eg/ nvsf s/f ekLdf klg nfu"xb slxn ekGbdfg, ;jxf/f / ekL xb gkfnL jfª\dosf lfqdf rlDsnf glfq ag/ lrlgP .

@)#% ;fndf ekL bf;f k6s sflGt;u 3/af/ hLjgdf hfl8P . Toxf klg cfkmhfO ljbfxL ?kdf lrgfP . pgsf sflGt;usf ljjfx cGt/ hftLo lyof . bO >LdtL, bO 5f/f / 5 5f/Lsf afa agsf pgnfO la:tf/ /fun RofKb uof . nvgLn lg/Gt/tf kfpg ;sg . To:tf ljbfx, JoªNo / ;xhfgeltsf slj ekLnfO ;fyLx? lgs pT;flxt u/fpy . kmn:j?k @)#^ ;fnsf bLkfjnLdf tTsfnLg kwfgdGqL ;baxfb/ yfkfsf 3/df / dfOnf / JoªNofTds Bf;L klg vnsf lyP .

^: .ekL z/rgsf sljtfx?\ -@)%&_

!% jif ;flxTo ;fwgfdf lqmofzLn lhGbuL latfPsf ekLsf l5/lnPsf /rgfnfO PsLst u// ;femf ksfzgn lzj /ldLsf ;DkfbsTjdf ksfzg u/sf kl5Nnf sljtf;ªUx .ekL z/rgsf sljtfx?\ -@)%&_ xf . h;df @)@# ;fndf ?k/vfdf ksflzt .d/f dTokl5\ sljtfblv lnP/ @)%@ ;fndf ksflzt *.sfnsf xftdf /fv/ cf^gf cf;nfO aGwsL, hlGdg oxf kfOG5 t/ of s:tf lhGbuL/* uLt;dt %@ j6f sljtf, uLt / uhn ;dfjjz ul/Psf sljtf;ªUx ksfzg ePsf 5 . Ps sljtfdf /lt/fufTds, s¿Off, xif / ljidfb JoQm ug ekLsf sljtf, uLt / uhnsf ;ªUx bdbf/ 5 . x/f slt leqsf Ps gdgf –

of bzdf hlt c? sxf 5 / JolQmut :jtGqtf
lkmsf k5glo;sf bfhfdf cdl/sf / l:j8g,
oxf t Tof JolQm klg aGg ;S5 kwfgdGqL
h;n Ps /ftsf hjfdf u5 nfvfsf ngbg,
slt ;fys ePsf 5 of cªUheQm bzdf cfP/

cªUhLsf pvfg gf l/S;, gf ug Ps gf6s, bO rf/ syf, sxL uLt / sljtf nv/ dfq xfOg, cf^gf axdvL kltef bvfPsf ekLGbdfgnfO ekL agfP/ 5f8sf .3Dg drdfly cGwf dfG5\ sljtfsltn g xf . pgsf sljtfdf cGt/lglxt jbgf / ;fGbon slt kefj kf5 eGg s/f JoQm dfq xfOg . /fhgLltdf nfu/ u08sL / wjnflul/sf sGbljGb kfv/fnfO agfP/ lbg latfPsf s/f JoQm ul/Psf sljtf klg ;dfjjz 5g\. 6s rsf ;Demgfblv sf7df8fdf k;f g ;a yfs ePsf s/f, 5f/fn !# ;osf hQf lslg/xsf s/f, sf7df8fsf 3Orfdf cfkm"PSnf, ylst, rlst, c;xfo, Joyf / kL8fdf afRgk/sf oyfynfO klg JoQm ul/Psf 5 . jf:tjdf eGg xf eg dfG5sf dNo ;/n, ;xL / zfGt dflg;nfO dfq yfxf xG5 eg h:t ekLn bvefusf ufp ;dfhsf dflg;sf dNo yfxf

kfP/ sljtf nv/ sfnhoL ag . ;DejtM lhGbuLe/ s;nfO wfsf glbPsf ekLn ;flxTonfO klg wfsf lbPgg\. To;sf vflt/ .3Dg drdfly cGwf dfG5kl5 slth:tf gkfnL uB sljtf cfpg ;sgg\.

&: /df0nf ls:;f

ekLsf l;hgfh:tf ahf8 5g\ To:t pgL;u hfl8Psf /df0nf ls:;f klg ahf8 5g\. slxn /Tgzdz/ yfkf, slxn rtg sfsL t slxn ksfz ;fodLn ljleGg ;Gbedf eg sf /df0nf ls:;f klg kªQmsf/n ;ªUxLt u/sf 5 .

hL cufl8 d' M :ofªhf axf6f/Lsf rtg sfsL ljleGg sfoJo:ttfn kfv/f cfpghfg qmd lg/Gt/ rln/xsf lyof . ;fxL ;Gbedf ekL z/rg;u e6 eof . ha sfsL / z/rgsf lrgfhfgL eof bj cleGg ldq ag . ;DkGg kl/jf/nfO cfb/;Tsf/ ug k/Dk/fnfO sfsLn klg lz/fwfo u/ . z/rg–sfsLsf kfv/fdf e6 aflSnb hfbf yk /ft ;u lat . an sfsf ;dodf slxnsfxL ;do sf6g dfWod sfbfsf emfn klg aGg yfNof . sfsLn ekLklt ;Ddfg efj JoQm ub hfbf lrghfgsf 5f6f ;dodf sfsL ekLsf ;aeGbf glhssf ;fyL aGg ku . sfsL eG5g\- lg/Gt/sf e6df ekLhL eg/ cfb/;Tsf/ ug u/sf Ps lbg ekLn eg xfdL ca ;fyL alg;ssf 5f . To;n afnf0df ;fyLsf efj JoQm ug olb dnfO ekLhL, ekLhL eg/ ;Dafwg ug qmd aGb ePg eg dn hLsf cufl8 d hf8g5 .\ egkl5 pgn hL eGg 5f8sf lyP .

d] cUnf M agf/; a:bf ekLn c:;L eGg 7fpsf xL/fafasf xf6ndf vfg vfg uy . ;f jnfsf ekLsf ;fyL sf7df8fsf Zofdk;fb clwsf/L, dxzsdf/ pkfWofo, bf0f/fh zdf / dfwj uftd lyP . tLdWo ldNg ;fyL Zofdk;fb g lyP . 8/faf6 kfr ldg6sf b/Ldf vfgf vfg xf6n kYof . vfgfkl5 pgLx? kfg vfGy . ;w kfg k;nsf Pgf ;fdGg pleP/ sfeGbf sf cUnf egL n8g uy . Tof anf clGtd lg0fo k;nn lbGYof . pm lgs rnfv kfnkfnf eGYof / klxnf ekL cUnfeGbf v;L xb plkmGy t/ k;nn eg csfk6s Zofdk;fb cUnf eg/ bjnfO v;L tNofO/fVYof .

SofK:6g r'/f6 / snf M ekL k;f xbf kmdf; / gxbf dg afWg JolQm lyP . cfkmhfO k;f vfrf k/kl5 ;fyL Zofdk;fb;u d gftjgf uO cf9tsf dG;Lsf 6fpsf kmf5, @% ?kof krf bpm eg/ dfu5g\. h;sf p2Zo pgn dG;LnfO k;f krf lbPsfn dfUg lyof . Zofdk;fbn k;f lbP bj ;u uP . ufGwL Snf; 8Dafdf gftjgf ku . dG;L;u Ps xhf/ ef¿: lnP . To;kl5 kmlsbf /nsf km:6 Snf; l6s6 sf6 . Sofk:6gs r'/f6sf 8Aaf lsg / as:6naf6 Ps 8ª\u/ dxª\uf klqsf lsg . vfgf klg Sof6l/ª\u ;le;sgn/nf0 c8/ u// lemsfP/ al;/xsf jnf :6zgdf dª\ufn sbsf gkfnLn kmnkmh aRg P axfb/ af Ù P ;fyL Ù eGg uy . s/f Jofkf/Ln z/rg a;sf 8Aafsf ‰ofndf k6s-k6s P ;fyL Ù snf vfcf esfes af/af/ egsf ekLnf0 dg gk/kl5 8Aafaf6 cfn/ s/fjfnfsf s7fnf ;dft/ d8sLlrp/f vjfPkl5 k;nn ekLnf0 s6g nfusf jnf pg Zofdk;fbn kln; afnfP/ hfufP . hg ;Gbe Zofdk;fbn Sofk:6g r'/f6 / snf eg/ ;lDem/xg u/sf lyP .

rf/lt/ kfgL M gkfnL 5fq ;ª\Bsf ;df/fxdf ekLn nvsf gf6s d~rgsf ;dodf lgbzs / xL/fsf /fndf ekL cfkm / lx/f0gdf :sn sGofsf lgwf lyof . clGtd cj:yfdf sGof gvNg ePkl5 s6Lnf0 RofnGh ug ;fyL Zofdk;fbn s6Lsf elUdsf lgjfx u/ . pgnf0 tnf /f0ffn ;f8L / zª\uf/ ul/lb0g\. gf6s ;dfkgsf cGTodf lgbzs ekLn Pp6f cuh sljsf Kof/f8L kfgL–kfgL rf/lt/ kfgL, gf6s vNg tof/ ePgg\sf0 klg lx/f0g gfgLÙ eg/ ;dfkg u/ hg cleJolQm s6Lnf0 Joª\o / bzsnf0 dgf/~hg eof .

jfG;df/ /ª\uLnf :6'8G6 M ekLnf0 jgf/; ljZjljBfnodf cfoflht ef/tLo ljBfyLsf lxGbL sljtf ufi7Ldf cfdGqOf ul/Psf lyof . lxGbL slj ufi7Ldf gkfnL sljtf s;n a‰5 / efu lng hfb 5f eg/ ;fyLn ;f4f lxGb"yfgL ;gf0lbG5 eGb uP . hxf sljx? lg/fnf a9j agf/;L, aw8s agf/;Ln sljtf ;gfPkl5 ekLsf kfnf cfof . 5f6f kl/ro lbb sljtf cfhsf :6'8G6af/ nlvPsfn pgnf0 ;dlkt u5 eGb ;gfP–

jx bvf cf/xf x /ª\uLnf :6'8G6
kx/ s/ hlsg cf/ km6kG6
emf8 rnf x jbg k/ ;G6
s/tf ;fosn ;8sk/ PlS;8G6
jx bvf cf/xf x /ª\uLnf :6'8G6
xf6n hftf x, cfdn6 p8ftf x
cf/ u/ k8uof seL ufN8g rfG;
ldlg:6/sf bfdfb atfgf cf/,
ue/gsf atftf ckgf ;fnf,
jx bvf cf/xf x /ª\uLnf :6'8G6
vt lnvt afkt hfgsf

k9g d d;un x,
Ow/ lnvt df; s hfg sf
t/f r/0ff sf wg x
jx bvf cf/xf x /ª\uLnf :6'8G6 ===
lkslgs hft x efu cf/ lao/ p8ft x
xf:6n kxrn afx ah /ft
kf6g/ ;gftf bf rf/ aft
df8s/ jfx cbf s ;fy n s cfx
jx sxtf cdf of/ dxAat a9L a/L lrh xftL x
;;/L /ft /ft e/ dem hufs/
vb xf:6n d ;ftL x
jx bvf cf/xf x /ª\uLnf :6'8G6 ===

agf/; ljZjljBfnosf xn tfnLsf u8u8fxtn ulGhof . rf/tkm cfG; df/sf cfux cfPkl5 ekL ljZjljBfnosf 5fq5fqf dfem xL/f eP . To;kl5 pgnf0 jfG;df/ /ª\uLnf :6'8G6 eGg yfn .

afnf0sf cª\uhLjfb M cfkmhf0 ;jxf/f eg/ kl/jtg gf6saf6 lrgfPsfn kultzLn dfGgx? w/ lyP . ;fxL wf/ ;dftsf clvn agf/; 5fq ;ª\Bsf sfoqmdsf ;Dkfbgd08ndf kl;4 ;flxTosf/ 8f÷ tf/fgfy zdf, afns i0f kfv/n, sfif/fh /UdL, r8fdl0f /UdL, zfGtg kGt, jNnedl0f bfxfn / Zofdk;fb clwsf/L lyP . sfoqmdsf ljifo s ;fDojfb ;a ;fdflhs cfly s / /fhglLts ;d:ofsf /fdaf0f xfU lyof . h;sf ;xdlt-ljdltaf/ cª\uhLdf afNgkg . sfoqmdsf jQmfdf r8faxfb/ xdfn, k'J /fhbt o1 cfrfo, lbjfsf/ /f0ff, dxzsdf/ pkfWofo, k'J pksnklt ekL z/rg, dxfk;fb l/hfn, Zofdk;fb clwsf/L eP tfklg ekL ;asf cfqmif0fsf sGb lyP . pgnf0 ljbfx / Joª\on lrgfPsfn Tof xg :jfefljs lyof . ekLn afn, To;kl5sf e6df ljrf/df ;fDojfb afnf0df cª\uhjfb eGg yfn . o;/L z/rg nvgsf ljbfxsf lx;fan dfq rlrt lyPgg\ sfoznLsf lx;fan klg rlrt lyP .

***: lzNk / ;fdYo**

;do;u k7hf/L vNb cufl8 a9sf ekLn slxn kstLkdL, slxn ljbfxL, Joª\ofTds t slxn ;xhfgelTsf znL ckgfP . sljtfsf efiffznL ;/n /xsfn xg lalQs cy nufpg ;Sg ;xhfgelT pgsf l;hgfdf kf0G5 . of gkfnL lz/ prfnL ;;f/df nDsG5===h:tf sof l;hgfaf6 pgsf ;xhfgelTsf dNofª\sg ug ;lsG5 . pgn ;xhtf;u

JoªNo / ljbfxnf0 klg 6'6fPgg\. ;anf0 yfxf ePsf s'/f xf, s'g JolQm ljzifn cfnfrgf krfpbg . To;sf nflu JoªNokf0f kxf/ cfk klg em/f;\ n7\L klg a rf;\eGg xf . ToxL JoªNo g gkfnL ;dfhn la;g ;Sbg . kmn:j?k ekLn slxNo la;g g;Sg znL 5f8/ uP . rf/ j0f 5QL; hftsf ;femf km'haf/L gkfnsf yfs 6's rblv sf7df8f;Ddsf kslt j0fgnf0 pgn la;gg\. kslts f ;fGbotf;u dfgjLo s¿0ffnf0 3fn/ /rgf u/sf 5g\. pgsf l;hgf ljrf/, snf, efj / dL7f efiff ljGof;sf bli6n Hofb ;kmn 5g\. pgn JoªNo kofusf gfddf vnf gf/f / kDKn6sf efiff kofu u// ;flxTosf u0f gePsf nvgnf0 hjfkm lbPsf 5g\. jf:tjdf sxL klg xf0g, of xNnxNnfsf bz xf . hgtf 7luPsf 7luPo 5g\. sfd sxL ePsf 5g eGg JoªNofTds efiffznLsf rsf k:tlt pgsf ljzliftf xg\.

ekLn w/ nv – cf^gf dfgf vfg, /fP/ vfgl ;dfhdf krngdf /xsf pvfgnf0 ;Dem/, /f0ffzf;g Joj:yfsf bafa / lt/:sf/nf0 ;xg g;s/, a0dfg / rf6'sf/sf ljuljuL bv/, ekLn sljtfdf 0dfGbfl/tf bvfPsf 5g\. kf/lDes r/0fdf gf/Ljfbl l;hgzLntfdf slGbt pgn kl5Nnf ;doqmddf ;j;fwf/0fdf qmflGt r tgf e// 5f8 . dgaQLsf lzvf em bvg vfHg, Jo~hgf lzNksf ahf8 k:tlt lbg, ouafw;u ljljw df8df cfkmªhf0 kl/jtg u/fpg, r~rn znL ckgfpg, jfdkGyL ljrf/af6 keflj t xb khftfGqs l;4fGtsf ;dys xg, s7f/ dxgt tyf ;fwgfkZrft\JoªNo / ljbfxLsf ?kdf wkwk aNg, ljDa / ktLs sf ;kmn kofu ug, c;Gtli6df cfnfrgfTds k:tlt lbg pgsf dVo kjlQ xg\. j/fuL sf0nf eG5g\- *gkfnL sljtfn Ps ou ekL g ekL eP/ sf7df8fsf rfsx? / gof ;8s xb lxdfn gf3/ cGt/fli6«o hutdf kjz u¥of* ./ pgn k:tt zAb To; v rsf 5gg\. ;/n sljtfsf /rgf To;df klg p:t nofTds /xg . tLvf JoªNodf pTs i6 snfTds kIf /xg, ljDa, ktLs ljwfg / cGTofgkf; ldnfpg, ksltsf dfgsLs/0f ub :jtGq 5Gbdf :jtGqtfkdL /xg, ;/ntf / ;ªNfKttfdf vflbPsf efj k:t't ug, :jbz kd bzfpg / ;bf;jbf /fi6«Qm sljsf ?kdf lrgfpg vfHg, ufp ;dfh / JolQm ljzifsf dgflj Znif0f ug ;Sg, dªtl cGofo, cTofrf/, ;fdflhs-cflys ljifdtf, zf0f, bdg, pTkL8g Pjd\/fhgllts Ifqdf bvfk/sf ljslt / lj;ªUltklt rfl6nf JoªNo kxf/ ug, cv08 gkfn /xf;\ gkfnL hgdfg;df lgoltsf ef/ st gyfkl/of;\. dfG5n cGofo / cTofrf/ gu/f;\ gkfnL ;:sltdf sg ljrng gcfcf;\eGb kl/is t / kl/dflht efiffznLsf dfWodaf6 y//df

w/ lbg;Sg, gof k/fgf b j Ifqaf6 ljljw ljDa l6Kb ktLs Pjd\ cnªsf/sf kofu ug, ;/n, ;/; / ;ªNfKt uB sljtf /rgf ug pgsf dVo kjlQ xg\.

dxfslj nIdLk;fb bjsf6f cf^gf ldgfdbg ghnf0lbg egh:t ekL z/rgsf klg sxL wfsf lyP eGg s'/f yfxf kfpg ;lsG5 . pgn lj:;= @)$$ h7 ! ut gf/fo0frf/ gS;fn sf7df8fdf nvsf dGtJodf egsf lyP– *d/f kz;s kf7sx? tyf cGo kf7sx? / ;dLs Ifx?df Pp6f ed s k/sf 5 eg d/f l;hgfTds jIf ;ls;s sf 5 . o:tf ed kg :jfefljs klg xf . 3Dg drdfly= sf ksfzgkl5 d/f /rgfx? ksflzt ?kdf bvf k/gg\. h;sf sf/0f 5g\- kyd sf/0f d nVgsf nflu nVgdf ljZjf; /flVbg . To;f u/sf eP clxn;Dd d/f sDtLdf tLgrf/cf6f sljtf;ªUxx? ksflzt e0;Sy, t/ 3Dg drdfly=af6 dn hg lsl;dsf kl;l4 / nfslkotf kfKt u/ / pQm sljtf;ªUxsf sljtfx?åf/f dn :t/Lotfsf hg lzv/nf0 cf/fx0f u/sf lyP . To;kl5 ;Dej ePdf ;feGbf cUnf lzv/sf cf/fx0f ug rfxGy . To;f ug g;s sDtLdf klg ToxL lzv/sf xf/fxf/Ldf sljtfx? l;hgf ug rfxGy, hg ;Dej ePg . To;n d lgs nfdf ;do;Dd ;flxTodf c;qmLo xg ku . dnf0 nflb 5, d ca kgll :j:y xnf / d/f sfJo nvg ofhgf ;fob cfdfsf uedf /xsf lzzn cfdf dbf pm;u d/h:tf tL klg l9nf rf8f pm;u dg5gll* c:j:ytfsf sf/0f tLj rfxgf xbfxb klg ;flxTos Ifqdf yk slt lbg g;s sf s'/fnf0 ;ªst u// nvPsf pgsf of dGtJo kl5Nnf ;do hobj e66/f0sf ;ªsng tyf ;Dkfbgdf ksflzt ;flxTosf/ kl/ro / cleJolQm -@)%$_ sltdf ;ªUxLt 5 .

of dfq xf0g, xfn;Ddsf cWoog cg;Gwfgnf0 xbf pgn @)$^ jzfv !^ ut ;/Gbaxfb/ ufrgnf0 lbPsf cGtjftf g hLjgsfnsf clGtd jftf xg kUof . pQm jftf z/rgsf *) cf hGd hoGtLsf cj;/df ysfnL ;jf ;ldltn kfv/fdf cfofhgf u/sf sfoqmddf k:t't u/sf lyof . o:t pgn ;femf ksfzgn cf^gf sltdf gfd ekL z/rgsf kU x:j nvkl5 pgn tTsfnLg ;~rfns ;ldltnf0 Pp6f kq g nv/ d/f nflu c? sxL ug kbg, ekLsf kU bL3 nlvlbgxfnf, ;fxL sf/0f kl5Nnf ;:s/0fdf pgsf gfd bL3 g eP/ cfof . ;femfn ksfzg u/sf kl5Nnf ;:s/0fdf bL3 nlvP tfklg cem pgsf gfddf z4Ls/0f cfpg ;ls/xsf 5g . xfn;Dd ksfz ;fodLsf sf7df8"; NkmU k:tsafxs w/ jfªUlos ;fwsn ekL;usf ;Gbe pNnv u// slt ksfzg u/ tfklg ekLsf kL x:j g nvsf kf0G5 . x/s ;fwsn of ;Gbe yfxf kf0/fVg jtdfgsf cfjZostf / ekLkltsf ;Rrf ;Ddfg xf .

(: ofubfgsf sb/

Ps sljnf0 hLjt 5b / dTokZrft\xgdf km/s kb5 . @)$^ hi7 ! ut ekL z/rgn eflts ;;f/ 5f8/ uP klg pgsf l;hgfn 5f8sf 5gg\. cfh gkfnL jfª\dosf dWGo ;fws rtg sfsL, /Tg zdz/ yfkf, uª\ufk ;fb pktL, >j0f dsf?ª, Zofdn, kf8f= si0fxl/ a/fn, kf8f= ;sd zdf, ksfz ;fodL, kf8f ;wf lqkf7Lnufotsf cuh, ;dsfnLg / kªlQmsf/h:tf sof cgh ;dfnfrs, nvs / ;flxTosf/ pgnf0 ;Dembl x8g pgn ;~rfng u/sf pBfusf kz;f ug rfgrg s/f xf0g . To;n ekL gkfnL ;flxTosf dWGo JolQmTj xg\. h;sf ;Ddfg:j?k gkfn ;/sf/ ;'rgf tyf ;~rf/ dGqfnon @)%^ ;fndf kmf6f cª\st xnfs l6s6 ;fjhlgs u// pRr ;Ddfg u/sf 5 . kfv/fsf lh/f lsnfld6/af6 ekL z/rg /fhdfu gfds/0f u/sf 5 . jtdfgdf kxr / efujG8fsf cfwf/df cf^gf keTj hdfpg vfHgsf aLr ljBfno txblv ljZjljBfnodf pgsf sljtfsf cWoog cWofkg xg yfnsf 5g\. pgsf kl/jf/åf/f emG8 kfr nfvsf cIfosfif :yfkgf u// ysfnL ;jf ;dfh-y;;_ kfv/fåf/f ;~rflnt ekL sfJo k/:sf/ ljt/0f zªvnf ;¿ ePsf 5 . sfifsf Aofhaf6 /sdn b0–b0 jifdf k; !) ut ekL :dlt lbj;sf lbg k/:sf/ ljt/0f;lxt :dlt lbj; dgfpg yflnPsf 5 . y;;åf/f ;¿df ekL :dlt k/:sf/af6 slj ;/:jtL ktLIff / dfldnf k/:st eP . kl5 pQm k/:sf/nf0 ekL sfJo /fli6« k/:sf/ agfpb /fzL a9fP/ %) xhf/ k¥of0Psf 5 . /fli6« k/:sf/sf klxnf ;:s/0f *! cf hGdhoGtL ;df/fxaLr ;flxTosf/ /Tgzdz/ yfkf / bf;f ;:s/0f ekLsf *# cf :dlt lbj; ;df/fxaLr slj tLy >i7nf0 ck0f ul/Psf 5 .

kfv/nL ojf ;f:slts kl/jf/n @)$& ;fnd pgsf :dltdf uGy ksfzg u¥of eg *) cf ekL hoGtL ljleGg sfoqmdsf ;fy dgfof . ;ª\Bifdf snd ;flxTo ;dfh kfv/fn cf^gf ksfzgsf !) cf cª\s ekL ljziffª\s ksfzg u¥of . afunªdf sfhL /fzgsf kxndf ekLsf zelrGts / zeR5saf6 :jR5s /sd ;ª\sng u/L ekL k/:sf/ cIfosfif :yfkgf ul/of / @)&% ;fnblv jflifs ;Ddfg ug yflnPsf 5 . pQm k/:sf/af6 klxnf k6s kf8f= ;wf lqkf7L ;Ddflgt eOg\. o:t bf;f k6s @)&^ ;fndf ;hs / ;:yfnf0 ;Ddfg ul/Psf 5 . h;df ;:yftkm ysfnL ;jf ;ldlt a6jnnf0 @% xhf/ /fzL;lxt ;Ddfg ul/Psf 5 eg ;hstkm dfxg rfkfuf0nf0 ;Ddfg ul/Psf 5 . o;/L pgsf

ofubfgsf sb/ :yfgLo :t/df eP tfklg /fli6«:t/df pgsf rrf ;fr hlt xg ;ssf 5g . h;sf k5fl8 pgsf lxhfsf ljbxL :jefjn ubf kl/jf/n klg pkIff u/sf h:tf cgelt xG5 t/ of aelg cfjZos 5 ls, ekL z/rg gkfnL ;flxTosf dWGo JolQmTj xg\. pgsf ofubfgnf0 kG5fP/ /flvof eg ekLsf cefjdf gkfnL ;flxTo hut\ckfª\u xG5 . kl/jtg gf6s, gof %ofp/ / lgem/h:tf l;hgfs sf/0f ekL gkfnL ;flxTosf :t/Lotfsf wdn lzv/ k¿if xg\. pgsf U3Dg drdfly cGwf dfG5 @)^$;fnsf afxf ;:s/0f;Dd cf0kUbf $) xhf/sf xf/fxf/Ldf laqmL ePsf kf0G5 . gkfnL ;flxTo cfsfzdf cf^gf /rgf / JolQmTjsf sf/0f ;dfg?kn rlrt kVoft JolQmTj dxfslj bjsf6fkl5 gof k:tfsf slj ekL z/rg g xg\. gkfnL sljtfsf Ps ou ekLou agsf lyof . lxhf sg ;do sf7df8fblv yfs 6sr sf rfs;Dd Tof ou /xsfdf la:tf/–la:tf/ To;n bfo/f km/flsnf agfpb cGt/fli6« hutd kjz u¥of . To;n U3Dg drdfly cGwf dfG5sf af/df ;dfnfrs 8f= tf/fgfy zdfn dxfslj nIdLk;fb bjsf6fsf dgfdbgkl5 ;aeGbf w/ ¿rf0Psf gkfnL sfJouGy eGg ;dyg u/ . lj8Dagfsf s/f s 5 eg, kl5Nnf k:tf cfkmhf0 ekL z/rgeGbf dflysf nvs ;Demg sxL ldl8of dflkmof gblvPsf xgg\ pgLx? l;lG8s6 nufP/ k:tssf vfn Jofkf/ ul//xsf 5g\. To;n cl3Nnf jif lg:ssf pgsf lstfa kl5Nnf jif ;8s Jofkf/ ugn rgfr6k6 kfsf kfg Joj;fo ul//xsf 5g\. cfh tL ;anf0 ekL z/rgsf l;hgfn ultnf emfk6 xfgsf 5g\lsgls ekLn kl/jf/n ;~rfng u/sf Joj;fo / jtdfgsf dflkmofsf h:tf kl;l4sf a0dfgL pBfuwGbf u/gg\ ekLsf sljtf bzdf /fhtGq, khftGq, nfstGq xb u0ftGq cf0kUbf klg plQs bdbf/ 5g\. of ;a xgsf sf/0f ekLn cf^gf nvgdf c6n ljZjf; /fVg g gkfnL jfª\dosf nflu ujsf s/f xf . ekLsf sltdf gkfnL jfª\do cfh uf/j u/sf 5 .

!): cGTodf

jtdfgdf xbf slj z/rg cfkmdfq nfslko ePgg\. cf^gf sljtfnf0 klg To:t nfslko agfP . hg pgsf efiffznL / kjlQsf bg lyof . pgn gkfnL ;flxTodf sljtfsf prf0nf0 ;bf;jbf cu:yfgdf /fv . ;/n efiffznL / uB eP klg nofTds k:tlt pgsf ljziftf xg\. pgsf sljtfdf dfgj hLjgsf cgeltsf ulx/f0 / ;dsfnLg ouafwsf efiffdf qmflGt rtgf kf0G5 . lxhf bzsf hh/ cj:yfdf /f0ffx?n cf^gf dfhd:tLsf nflu ;j;fwf/0f hgtfdfly ckgfpg cgs sttsf ulx/f0df rnDd 8a/ pgsf sljtfn ulx/f0sf dfkg ub ;dfhsf kltlglwTj u/sf kf0Psfn ekL ljbfx, Joªlo / ;xhfgeltsf sfnhoL slj xg\. o;/L pgsf rrf kl/rrf / ugufg xgsf sf/0f xfdf nvgdf ;du bz, ;dfh / df6fsf cfTdf xgkb5 eGg g xf . Tof ePg eg nvgsf ts /xbg To;n ekLsf /rgdf rfx pgsf ;jxf/f kmsf hf8/ klxnf k6s nvPsf gf6s xf;\of To;kl5sf slt ;adf ckIff u/sf cfTdf el6G5g\/ huhu aflr/xsf 5g\. gkfnL jfªlosf lfqdf cfkmhf0 jl/i7 ;Demgn ekLn bvfPsf af6f lx8g ;sg\oxL sfdgf;lxt >4o slj ekLklt >4f;dg Û

;Gbe ;"rL

sfsL, gj/fh, -@)^@_, **ul/df** -kOffªs @&&_, nlntk/ ;femf ksfzg .
uftd c;kmn -@)^(_, rrf ekLsf, **DofUbL ;~rf/,** -jif !@, cªs !!, k=@_, DofUbL DofUbL ;flxTo ;~rf/ .
——— -@)^(_ rrf ljbfx, Joªlo / ;xhfgeltsf slj ekLsf, **;ªBifdf snd,** -kOffªs !), k=!(–#$_ kfv/f ;ªBifdf snd ;flxTo ;dfh .
——— -@)&)_ ;Demgfdf slj ekL, **cfbz ;dfh** -jif !*, cªs @$#, k @_, kfv/f cfbz ;dfh axdvL ksfzg .
lqkf7L, ;wf -@)%*_, **ekLsf sljtfdf Joªlofnªsf/ rtgf**, sf7df8f e8Lk/f0f ksfzg .
yfkf, /Tgzdz/ -@)%%_ ;fyL ekL;u latfPsf knx?, **;dsfnLg ;flxTo** -jif *, cªs @ kOffªs #), k=%!–^$_ . sf7df8f gkfn /fhsLo k1f kltI7fg .
bfxfn, bufk;fb -@)^%_, **;fwf/0f gkfnL,** sf7df8f Pd=s klAn;; P08 l8l:6«o6; .
k/fhnL, dftLnfn / cGo -@)^%_, **;fwf/0f gkfnL**, sf7df8f gjsnf klAns;g .
k/fhnL, 7fs/ / cGo -@)^&_, **;asf gkfnL,** nlntk/ ;femf ksfzg .
kwfgfªu, ljsf;dfg ;ofhs -@)$&_, **ekL :dlt uGy,** kfv/f kfv/nL ojf ;f:slts kl/jf/ .
a/fn, si0fxl/ -@)%&_, **slj ekL ljZnif0f / dNofªsg**, sf7df8f ljBfyL k:ts e08f/ .
e66 ufljGb -<_, slj ekL z/rg / sxL l6Kk0fLx?, **oyfyjfbL gkfnL ;dfnfrgf** -k=@@–$@_, kfv/f u08sL ;ªud .
zdf, sbf/k;fb / cGo -@)^$_ **clgjfo gkfnL,** sf7df8f cl:dtf klAnszg .
zdf, tf/fgfy -@)$^_, xbg laxfg ldld/df tf/f em// guP, **ul/df**, -jif &, cªs ^, k=!)*–!!@_, sf7df8f ;femf ksfzg .
zdf, ;sd -@)&)_ slj ekL z/rgsf hLjgLsf 5f6f emns, **;gfv/L ;Gbz** -jif !, cªs #, k=^–!)_, kfv/f kml8Gb cls~rg .
z/rg, ekL -@)!)_, **kl/jtg**, jgf/; nvs :jod\.
——— -@)!!_ **gof %ofp/**, jgf/; hgou ksfzg .
——— -@)!%_, **lgem/,** sf7df8f nvs :jod\.
——— -@)@%_, **3Dg drdfly cGwf dfG5,** sf7df8f ;femf ksfzg .
——— -@)%&_, -lzj /UdL, ;Dkf=_ **ekL z/rgsf sljtfx?,** sf7df8f ;femf ksfzg .
z/rg, j;Gt -@)%&_, **vfªnf**, sf7df8f ysfnL ;jf sGbLo ;ldlt .

kfv/f .

YY

:jfdL ;Tobj dxf/fh

8f= siOfrGb zdf

:jfdL ;Tobj gkfn cfdfsf ;kt xgxGYof . ;;f/sf w/ dnsdf pxfn 1fg / Wofgsf lzIff lbgeof . ;ªlfkdf eGbf pxfsf hLjg 1fg / Wofgsf ;ªud :yn xf . ofu?k :j?k ;ul7t z/L/, blbKodfg cgxf/df Wofgsf rds / cToGt zfGt efj bvGYof . lzIffsf ;fy;fy j/fUodfudf kjQ e0 :jfdL aGePsf :jfdL ;Tobjsf hLjgLsf af/df rrf ugk'j pxfsf sxL ljrf/x? oxf /fVbf pxfnf0 a‰g ;lhnf xG5 h:tf nfU5 .

dgnf0 hfGg dlQm xf . t/ªudf aUg elQm xf . dlQmn ;dfwfg lbG5 . elQmn aufp5 . elSt / dlQmsf ;fIfL ag hLjg kf0G5 . dgn dgnf0 bVg ;s tgsf lrGtf dl6P/ hfG5 . cf/flkt ;a Tofug ;s k/dfTdf cfkm ks6 xG5 . sxL klg sxL 5g, ;asf dgsf t/ªu xf . dgnf0 ;Demg ;s hxf klg :ju 5 . *-ljrf/kjfx !@)_*

clxnsf ;dodf dgio hflt kyljxLg ofqfdf cl3 al9/xsf 5 . kbfysf knfeg cToGt a9sf 5, kltzfwsf efjgf / czflGtn ;f/f ljZjnf0 leqleq hnf0/xsf 5 . eflts hutdf dfq xf0g wfld s hutdf klg kbfysf ks8 al9/xsf 5 . o;sf/0f dlGb/, dl:hb, rr, u¿åf/f, cf>d d7, uDaf / cGo wflds ;:yfx? lbg kltlbg al9/xsf 5g\t/ wdsf gfddf ag sf ejgx?leq w/ cgy sfdx? e0/xsf 5g\ dgiosf dfemdf wdsf :j?k ufoa e0/xsf 5 . kd ;bfrf/ / bofsf rf/lt/ cefj 5 . *-hLjgbzg ^@_*

:jfdLhLnf0 xfdLn hfGg pxfsf ljrf/x? uGysf ?kdf pknAw 5g\. ltgnf0 tLgjudf /fVg ;lsG5 . pxf hLjt 5b 5flkPsf ;f/ulet uGyx?, pxf aXdnLg ePkl5 pxfs nvf0af6 5flkPsf uGyx? / sxL lziox?n :dltuGysf ?kdf 5fksf k:tsx? . klxnfjusf :jfdLHo"sf uGyx? ;To ;fwgf kl/ifb\cf>dn 5fksf xf . tL xg\–

ehf/ dg ufljGbf -!(*)df ;To;fwgf kl/ifb\snsQf_, *clt sp; kf/* -!(*@ gO lbNnL zfvf_, *ultf sf hLjg bzg* -!(*$df gO lbNnLzfvf_, *lbJo pkbz kd kikf~hnL* -!(()df xl/åf/ cjw't d08n cf>d_ 5fk eg !(*!df nG8gaf6 jbsf dxljkOf ;lQmx'sf cªuhLdf

JofVof ePsf k:ts *Vedamritam* zLifsdf 5flkof . pxfsf dTokl5 clt dxÎjkÛf bÛ k:ts 5flkP . tL xg\ *hLjg bzg* -;g\@)!*_ / *ljrf/ kjfx* -;g\@)!(df_ . oL k:ts :jfdLHo"sf 8fo/Ln vgdf cfwfl/t /xsf 5g\. pxfnfO a‰gsf nflu pxfsf dVo lziox?sf nvg klg TolQs dxÎjkÛf /xsf 5g\. tL xg\ l/dfn, c/ljGb -lj:;: @)^!_, *;bl¿bjsf kfjg :dltdf,* ld>, rfbzLnf -lj:;:@)^!_, *>4f~hnL,* cfemf, pldnf -;:_ -;g\!((*_, *;To kikf~hnL, ;To s /fx k/,* @))#, *u¿uLtf -uh/ftL efiff_,* @))%. j/Ljfn, d~h kjg *;To s jrg* @))#. ;Gtfiffgb, *:jfdL u¿ pkbz Pj zf:q sf ljwfg ;ªlx,* @))$. :jfdL snfzfgGbsf clt ;f/ulet nv :jfdL ;TobjHo";usf 1fgofqf . To;u/L KffWofks tLyk;fb ld>sf nv wflds ;wf/sf ;jfxs u¿ ;Tobj / si0frGb zdfsf :jfdLHo"sf hLjgLaf/sf nv cbet kltefzfnL :jfdL ;TobjhL dxf/fh clt dxÎjkÛf /xsf 5g\.

:jfdL ;TobjHo"sf hLjgL

:jfdL ;TobjhLsf hLjgL sfuhsf sxL ki7x?df k:tt ug ;lsg s/f xf0g . of cfkmdf Pp6f dxfsfJo / Pp6f cWofTdk/f0f xf, To; dxfsfJosf ;ªs t dfq ug ;lsG5 . pxfsf hLjgnfO rf/ efudf juLs/0f u/L cToGt ;lIfKt / :yh hfgsf/L kf7s ;dIf /fv sf 5 . -!_ :jfdL ;Tobjsf arkg -hGdblv & jif;Dd_, -@_ lzIff–bLIffsf cj:yf -& jifblv !& jif;Dd_, -#_ cfWoflTds lqmofzLn cj:yf–bzljbz edf0f, cfWoflTds kjrg–cf>d, ljBfno lgdf0fsf r/0f -!& jifblv $$ jif;Dd_ / -$_ Wofg PsfGtjf;sf cGtdvL cj:yf ofu, k0ffofd, -$% jifblv %) jif;Dd_ .

!: :jfdLhLsf afn–cj:yf -kVofnL_

:jfdL ;Tobjsf arkgsf gfd szj . pxfsf lhhafh xdfgGb e08f/L uNdL hxfª -xfn ;TojtL ufpkflnsf_ af6 aD3f sfxn a;f0 ;/sf blvG5 . 3f; kz:t kf0g / kfgLsf dh ePsfn vtLkftL kzkfng ;lhnf xg bv/ a;f0 ;/sf alemG5 . xdfgGbsf bfhefOx?sf ;Gtfgx? clxn klg hxfª, l/tfbLdf /xsf 5g\. xdfgGbsf rf/ 5f/fx?dWo h7f 5f/f si0ffgGbsf bÛ ef0 5f/f / bÛ alxgL 5f/L lyP . h7f 5f/f wftfgGb / sfG5f 5f/f zdfgGb -k:;flns/fd_ . wftfgGb uNdL lhNnfdf HofltifLsf ?kdf kl;4 lyP / zdfgGb hfltif tyf kl08tsf ?kdf kl;4 lyP . :juLo zdfgGb e08f/Lsf bÛ >ldtL h7L efuL/yL / sfG5L bfdfb/f . zdfgGb e08f/L -;flns/fd_ / efuL/yL e08f/Lsf h7f 5f/fsf ?kdf @)!) ;fn

kmfug # ut nlDagL c~rn, uNdL lhNnf aD3f uf-lj:;: jf8 g: # sfxn -Tolta nf ujfbL elgg ufp_df :jfdL ;Tobjsf hGd eof . Gjf/gsf gfd szj . hxf hlGdg cl3 dftf efuL/yLnfO bÛ cf6f aRrf hGd/ gafr sfn, pxf hGdkl5 pxfsf hGdf6 skfn ^ jifsf ePkl5 dfq sfl6Psf lyof . ^ jifsf nflg lalQs 3/d pxfsf jtaGw u/l/ 3/d r08L / jb k9f0of . cToGt tLIOf al4 ePsfn szjn Ps jifleq r08L, uLtf, ¿bL s07 kfgePsf lyof .

oxfg/ :d/0fLo s/f s 5 zdfgGbsf lktf si0ffgGbsf l56 bxfj;fg ePsfn wftfgGb / zdfgGbnfO lzIffbLIff lbg sfd cfdf ?lSd0fL bjLaf6 eof– bj 5f/fnfO kjtsf kfªufpdf k¥ofP/ . To; 3/df ljBfsf dhhu /fVg >o ?lSd0fL bjLnfO hfG5 . afns cj:yfdf szj e08f/LnfO clf/ lrgfpg nufpg / k9g cu;/ ug JolQm ?lSd0fL xgxGYof .

szj ;fgf 5bf Hofb r~rn :jefj lyof / Û xh/cfdfn dfof u/l/ afsL g /fVgxGYof / Û cfdfx? v taf/Lsf sfddf, dnfkftdf Jo:t xg ePsfn sfvdf a9L ;do vlrg xbf :jfdLhLsf arkgsf dh ;do xh/cfdf ?lSd0fL e08f/Lsf sfvdf / afsf0df laTof . lx8bg ePkl5 clf/ lrGg / r08L ¿bL 3fSgdf laTof .

@: lzIffbLIffsf r/0f

szj e08f/L & jifsf nflg lalQs lktf zdfgGbn lgDjfsL jlOfj cf>d snflb3f6 :ofªhfdf /xsf ljBfnodf k9gsf nflu nluof . Toxf >Lefujtz/0f u¿sf cf>ddf ;:stsf Jojl:yt cWoog ;¿ eof . kyd sIff -* a/fa/_sf k9f0 kf/De eof . Toxf uPsf Ps jifkl5 cf7 jifsf pd/df snfbL3f6df >Ldbefujtsf ;d:t kf7 jfrg ug ;Sg ePkl5, szjsf ljnIf0f kltdf bv/ efujtz/0f u¿n szjnfO jGbfjg nhfg ;Nnfx lbgeP5 . u¿sf ;Nnfxcg;f/ szj e08f/LnfO (jifsf xbf aaf zdfgGbn jGbfjg lnP/ hfgeof / k'jdWodfsf kmf/d e/fP/, ljBfnodf egf u/l/ 5f8geof . xh/cfdf ?lSd0fLbjL gfltsf dfof dfg g;s/ jGbfjg uP/ ^ dlxgf szjl;t a:geof . szj jGbfjg uPkl5 cWoogd Jo:t xgeof . # jifkl5 Clifsz / xl/åf/ uO cWoognfO lg/Gt/tf lbgeof . !& jifsf pd/df jbfGtfrfo pQL0f ugeof . -zdfgGb / efuL/yfaf6 kfKt hfgsf/L_

snflb3f6df klg pxfn Znfsjfrg ug cf/tL ufpg ugxGYof . jGbfjgdf Tof klqmof hf/L /Xof ;fy ljBfnosf jflifsfT;j jf cGo ;df/fxdf afNg qmd ;¿ eof . !% jifsf pd/df zf:qL ePkl5 pxfn kjrg ug kf/De ugeof . cfrfosf cWoog / kjrg ;fy;fy cl3 a9 . cfrfosf cWoog k/"f xg qmddf pxfsf e6 cjw"t d08nsf tTsfnLg kL7flwZj/ dxfd08nZj/ dxZj/bj zf:qL;u eof / pxfsf ;flGgWodf u¿k/Dk/fsf lzIff lnP/ pxfsf lzio aGgeof . xl/åf/af6 pxfsf ;lqmo hLjg kf/De eof . pxfn dxfd08nZj/ dxZj/sf pQ/flwsf/Lsf ?kdf cfk"nf0 bLlIft ugeof . -:jfdL ;Tobjsf ;xkf7L :jfdL snfzfgGb / :jfdL zf/bfgGbaf6 kfKt hfgsf/L_ .

#: afXod'vL r/0f–;lqmo

pxfn cfWoflTds kjrg lbNnLaf6 ;¿ ugeof . lbNnLsf l;GwL ;dfh, k6n gu/sL nIdL ufluof dftfsf cWolftfdf kTos jif Ps dlxgf lbNnLsf ljleGg 7fpdf kjrg ugxGYof . To;u/L snsQf, dDaO, cxdbfjfb, ujfx6L, l;nfªdf kjrgx? ugeof . @) jifsf pd/df cfWoflTds hfu/0fsf nx/ afs/ pxf o/fk, cdl/sf, hfkfg, ltAat xb sf7df8f cfpgeof . sf7df8fsf ;f:slts sGb lbNnLahf/df dl0f/fh pkfWofo, zª\s/ pkfWofosf cfofhgdf kjrg sfoqmd ugeof . nueu kTos jif pxf n08g / GoÒfs hfgxGYof . tL bj 7fpdf pxfn cf>d klg agfpgeof . klZrdL ;f/df xhf/f lzziolzziofx? ag . ef/tsf ;ah;f 7"f zx/df xhf/f eQmx?n :jfdL ;Tobj ;fwgf sGbx? vfn . sf7df8fdf klg k6s k6s kjrgsf sfoqmdx? rn . xhf/f gkfnLx? pxfsf lzio ag . -l8NnLahf/ dl0f/fh pkfWofoaf6 kfKt hfgsf/L_

o; qmddf u¿ dxZj/bjsf cj;fgkl5 pxf cjw"td08n, sgvn, xl/åf/sf kL7fwLz xgeof, cjw"t k/Dk/fsf ;jfTsi6 kb dxfd08nZj/ !))* :jfdL ;Tobjhl dxf/fh aGgeof . xfn cjw"t d08nsf !# j6f hlt cf>dx? ef/tsf ljleGg 7fpdf 5g\eg gkfndf wgs6feGbf dfly j;Gtk/ eGg 7fpdf lgdf0ffwLg :jfdL ;Tobj cf>d 5 . -cf>daf6 kfKt hfgsf/Ldf cfwfl/t_

pxf dfgjwddf ljZjf; ugxGYof . bof, dfof / s¿0ff g hLjgsf ;f/ xg\hfltkyf, 5jf5t lxGbWdsf snª\s xf eGgxGYof . @% jif;Dd pxfsf cToGt ;lqmo kjrg / cWofTd krf/sf hLjg /Xof . xhf/f eQmx?n pxfaf6 bLlIff lnP . kjrg ;g / hLjgnf0 lrGg dfsf kfP . nfdf ;do;Dd ;lqmo cfWoflTds hLjgkl5 pxf kl5Nnf sfndf zfGt hLjgznL ckgfpgeof .

$: cGtd'vL r/0f– ofu, k0ffofd, Wofgsf r/0f

nueu $% jifsf pd/blv pxfn 7"f 7"f ;df/fx, kjrg

cfofhgfklt ¿lr /fVg 5f8geof . lxdfnLlfqsf ed0f, abL, sbf/, uª\ufqL, odgfqL, dfg;/fj/, dlQmgfyh:tf kljq :yndf Psf Gtjf; a:g %÷!) hgf lziox?nf0 ofu, kf0ffod Wofg ;fwgf u/fpg / dfg ;fwgf ugxGYof . pxfnf0 e6g lalQs pxfsf rlDsnf zfGt cgxf/ bv/ h:t 56kl6Psf dfG5 klg zflGt cgej ug ;SYof . pxfsf ;fwgsf l;l4 :ki6 ?kdf bVg / cgej ug ;lsGYof . o:t lxdfn ed0fs ;Gbedf @)^! ;fn jzfv @% ut abLwfddf %) jifsf pd/df pxfn ;dflw lngeof . ->LdtL si0ff clwsf/L, lji0f clwsf/L, dl0f/fh pkfWofoaf6 kfKt hfgsf/L_

pxfsf hLjg ;fwgfdo, ul/dfdo / cfhk"0f /xsf lyof . pxf cToGt ;/n :jefjsf xgxGYof . ljåfgx?;u zf:qrof ug dg k/fpgxGYof . nªus ebefj / hftLo ebefjsf pxfn :ki6 zAbdf lj/fw ugxGYof . cfk"nf0 lrg, leq x/, cWoog u/, ;fwgf u/ eGgxGYof .

cª\uhLsf dxfg\gf6s sf/ ljlnog zS;lko/n egsf 5g\ sfxL JolQm hGdhft dxfg\xG5g\ s;n dxfgtf kfKt u5g\ s;dfly dxfgtf nflbG5 . :jfdLhLn dxfgtf kfKt ugePsf lyof . of s/f ;asf nflu k/0ffsf s/f xf . -uNdL kl/ro, @)^@ #&#–#&&_

pxfsf bxjf;gkl5 pxfsf gfddf xl/åf/ cjw"t cf>ddf :jfdL ;Tobj xl:k6n lgdf0f xb 5 . uNdL /fgLjf;df pxfsf eQmhgx?n zËZj/ SofDk;sf nflu :jfdL ;Tobjsf :dltdf k:tsfno ejg lgdf0f ul/lbPsf 5g\. :jfdL ;Tobjn uNdLsf tkflgi7 k/Dk/f / cfWoflTds rtnf0 ;f/e"t ?kdf ljZjJofkL agf0lbgePsf 5 . xfdL pxfklt cfef/ 5f .

>LdtL rfblznf ld> :jfdL ;Tobjsf af/df nVgxG5– >Lu¿hLsf c;Ld 1fg, cgGt kltef t xl/åf/sf cjw"t xgdfg\dlGb/sf kL7fwLzsf kbjL kfKt xgn g bvfpb5 / ;fg pd/df d08nZj/sf dxfg\pkflwaf6 ljellft xgaf6 g of :jtM l;4 5 . pxfsf u¿hLn sRrf pd/df g xl/åf/h:tf ;Gt ;DkGg eldf cf^gf afn rnfnf0 o:tf 7"f cleef/f ;lDkg ;fg ofUotfsf s/f g lyPg xfnf .

jb k/f0f, cfud lgud ;Dk"0f zf:q cWoogkl5sf hfHjNodfg kltefnf0 ;an ;Ddfg lbgkYof . dfg;Ddfg gfd pkflw ;anf0 pxfn Toflu;SgePsf lyof . pxf dfq Ps rDssf kltefsf ?kdf xgxGYof . krf/k;f/ pxfnf0 rd/fuh:tf nfUbYof . eujfg\sf c;Ld skfsf wgL Ps cjw"tnf0 sxL s/fsf ckIff g lyPg . cf>d klg Ps aGwgsf ?kdf g lyof .

;a 5f8/ ;aaf6 6f9f kfslts bZosf dgf/dtfdf, lxdfn sGb/f, sGb/fsf lghg :yfgdf cf^g dfglleq x/f0/xg dgk/fpg cble't JolQmTjnf0 s;n lrGg . o:tf Tofu dxfk?if kfpg dl:sn k5 . ;fg pd/df 1fg ;DkGg ag/, bzljbz e|d0f ;a u/L ;a s/faf6 ljt/fu k/d j/fUosf k/fsfi7fdf pxfsf l:ylt lyof -k|hxflt obf sfdfg\;jfg\ kfy dgfutfg\. cfTdGo jfTdgf tl6M l:ytk|1:tbfRot .._ eujt\uLtfsf l:ytk|1 l:ylt lyof :jfdLhLsf . -rf?lznf, >4f~hnL &–*_ .

kfWofks tLyk;fb ld> :jfdL ;Tobjaf/] eGgxG5 M u¿ ;Tobj ;Tosf vfhdf lg/Gt/ ;fwgf/t Ps ;fws, cGjifs / lrGts xgxGYof . cf^gf ;DkÍf hLjgnf0 lzIffsf r|tgf hufpg, cflTds ljsf; ug dflg;nf0 k|l/t ug tyf wdsf gfddf xg cGofo, zfif0f / cglts cfr/0fsf lj¿4 cfjfh p7f0/xg sfodf ;dlkt ug u¿ dfgjtfsf Ps ;/n kfq xgxGYof . axefiffsf 1ftf u¿ ;Tobj Ps ksf08 ljåfg\ bfzlgs / cGjifs klg xgxGYof . pxfaf6 lg;t 1fgn xfdLnf0 hLjgsf jf:tljs kl/efiff dfq ldNbg, a¿ s;/L hLjgnf0 ;fys tNofpg ;lsG5 eGg dfu klg kfKt xG5 . u¿ Ps 1fgLdfq geP/ Ps wflds Pj ;fdflhs ;wf/s klg xgxGYof . wd / ;dfhsf kfv08Lkgsf vn/ lj/fw ug pxfsf x/s ljrf/n ;blj ts / ;Todf cfwfl/t 1fgsf kIfkfif0f u/sf kf0G5 . k/Dk/fut 1fg kfKt ug ljlw;dt ctflss / hLjgfkofuL gePsf pxfsf lgisif lyof . 1fgsf pknlAw Tofuaf6 dfq xG5 . 1fgLn sdsf08L k/flxtn ug / ugkg sfoaf6 cnu xgk5 eGg u¿ ;Tobjljgf ldlxgt / ;fwgf kfKt xg 1fgn ;dfh / dfgjhLjg bjsf lxt gug 7fGgxGYof . -hLjgbzg !@#–@$_

>L c/ljGb l/dfnHo": jfdLHon'f0 >4fk0f ub nVgxG5– .t cf6, d k¥ofpb5 eGg u¿syg ;To xbf /x5 / t, dh:tf c1fgL eQmn klg oqf lgaGw nVg ;ssf xf, tyflk ;Gt saL/sf zAbx?af6 d/f eGg oxL 5 M æd/f dem d s5 gxL, hf x ;f tf/ Û t/f tem sf ;fk tf, Sof nfu x df/ .Ú

ç cjwt ;bfgGb, k/aXd :j?lk0f .

ljbx bx?kfo lgTofgGb gdf~:tt ..

x k0fj:j?k >L;bl¿bj Û xh/ ;bf;jbf cfglGbt /xgxg k/d cjwt dxfofuZj/ k/aXd:j?k xgxG5 . xh/ ljbxL eP/ klg bx ?kdf eujfg\lgTofgGb xgxG5 . xh/nf0 xfdL k0ffd ub5f . -;bl¿sf kfjg :dltdf #^_

oubi6f xgxGYof :jfdL ;TobjHo". pxfn gkfncfdfsf ;jf;nf0 ;;f/el/ kmNof0lbgePsf 5 .

;Gbe ulGy;'rL

ld>, rfbzLnf -lj=;= @)^!_, *>4f~hnL*, nlntk/ M rfbzLnf ld> .

l/dfn, c/ljGb -lj=;= @)^!_, *;bl¿bjsf kfjg :dltdf*, sf7df8f M :jfdL ;Tobj ;T;ª\ .

j/Ljfn, d~h kjg -;g\@))#_, *;To s jrg*, sfnsftf M ;/sf/ ng .

zdf, si0frGb -lj=;=@)^@_, æcble't k|tefzfnL dxfd08nZj/ :jfdL ;TobjhL dxf/fhÆ, *uNdL kl/ro*, sf7df8f M uNdnL ;dfh .

zdf, si0frGb -lj=;=@)&%_ ;Dkflbt, hLjg bzg ,sf7df8f M bfloTj jfªdo k|lti7fg .

;Tobj :jfdL -;g\!(*)_, *ehf/ dg uflj Gbf*, snsQf M ;To ;fwgf kl/ifb\.

————, -;g\!(*@_, *clt s p; kf/*, g0 lbNnL M ;To ;fwgf cf>d .

————, -;g\!(*$_, *uLtf sf hLjg bzg*, g0 lbNnL M ;To ;fwgf cf>d .

————, -;g\!(()_, *lbJo pkbz M k|d kikf~hnL*, xl/åf/ M cjwt d08n cf>d .

Satyadev, Swami (1981 AD), *Vedamritam*, London: Shree Samtana Dhama Trust.

;Tobj :jfdL -@)&^_, lj rf/kjfx=;Dkflbt M si0frGb zdf÷7fs/ zdf e08f/L= sf7df8f M bfloTj jfªdo k|lti7fg .

YY

zAbfy k|sfzgsf j|a;f06df

j|hoGtLsf ;a cª\s, xfdf ;a

ultljlw, zAbsfzx?sf ;^6jo/ /

sfoqmdsf t:jL/, lkmlnd tkf0sf nflu

pknlAwk"0f

xg ;S5g\Û

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www.nepalipublisher.com

k9gxf; Û

j|hoGtLsf ;fydf

/rgf, cleJolQm, bfloTj, zAb;ofhg, ;nv, gjkIffkg, lxdfnL u/f;, zAbfªs/ .

dxfg\u¿ rf]Uo l7rg l/Gkf5sf ;ªNfKt hLjgL

k'0ok;fb k/fh'nL

s¿0ff / k1fsf pRrtd cj:yfdf k'u/ s¿0ffåf/f c? kf0fLx?nfO b'vaf6 ;bfsfnsf nflu p4f/ ul//xsf / k1fsf sf/0fn cfkm" ;;f/df slxNo klg gaflwPsf JolQm g a4 xf, t;y a4 Pp6f cj:yf jf kb xf, hxf s¿0ff / k1f cleGg ?kdf /xsf xG5g\. To:tf a4 aGgsf nflu lg/Gt/ cEof; ul//xsf k/fksf/L JolQmnfO aflw;Îj elgG5 . o:t Ps aflw;Îj xgxG5 k/dkHo rf]Uo l7rg l/Gkf5 . x/s aflw;Îjn ljleGg hGddf cf^gf s¿0ff / k1fsf cEof;nfO lg/Gt/ a9fP/ bz jf tx eld -tx_ kf/ u// a4kb xfl;n u5g\. o; qmddf of hGdsf aflw;Îj rof k"f u// cufl8 a9sf u¿j/ rf]Uo l7rg l/Gkf5Hon @)^# df3 * ut *& jifsf pd/df ?ksfo -gZj/ bx_ TofUgePsf lyof .

;g\!(!(df sGbLo ltAatsf Zofn sZofª\gfds wflds kl/jf/df u¿j/sf hGd ePsf lyof . pxfsf ajf r'rg ;fgfd ;ªu dTo cj:yfdf bO xKtf k"f dTo kef:j/ ;dflw -yUbfd_ df /xgePsf lyof eg cGTo li6 lqmofsf anf 5fgfdfly yk OGbO0fLx? bvf k/sf lyP . cfdf klg nueu rfla; 3G6f ;Lwf kBf;gdf a;/ lg/Gt/ ;fwgf ugxGYof . ;Tg egsf sjn kfrblv bz ldg6 kBf;gd emsfpgxGYof . pxfn klg cb\et ?kdf bxTofu ugePsf lyof . l/Gkf5Ho"sf bfh klg ltAatsf kl;4 ªf/ uDafsf nfdfx?dWosf Ps rrg yfr vGkf -;g\!()%–!(#(_ xgxGYof . o:tf wflds kl/jf/df l/Gkf5Ho"sf hGd ePsf lyof . of sndf rrg ;ªu jfª5uh:tf yk dxfl;4 u¿x?sf hGd ePsf lyof .

kf/lDes hLjg

l/Gkf5Ho"sf kl/jf/ lxdfnL lfqdf krlnt rf/ af4 wd k/Dk/fdWosf ;fSof k/Dk/f;u lgs6:y lyof . o; qmddf o; kl/jf/sf w/ rnLx?sf ljjfx ;fSof uDafsf ul2wf/L -;fSof l7lhg_x?;u ePsfn dfjnL kl/jf/ -s'ofª\ eGg gfd lb0of . tTsfnLg ?kdf xbf l/Gkf5Ho"sf sfsfx? vfª\;f/ pkfWofo hfDkfn GoLªkf / bfh yfr vGkf %ofDkf gfDvf sG;fª af/ uDafsf kdv nfdfx? xgxGYof . pxfsL lbbLsf ljjfx d:tfªL /fhf tlGhg hfDkfn 8fbn;u ePsf lyof . clGtd d:tfªL /fhf lhUd kfNjf/

lji6 l/Gkf5Ho"sf efGhf xgxG5 . l/Gkf5Ho"sf dftflktf ;fSof uDaf xb snfz tLyofqf hfg qmddf % jifblv & jif;Dd tLyofqfdf /xgeof . o; l;nl;nfdf kl;4 ltAatL u¿ b%ofd lnªkfsf rnf bUof l/Gkf5n l/Gkf5Ho"sf wflds lqmofsnfk Jofks xg5g\egL eljiojf0fL ugePsf lyof . To; anfdf l/Gkf5Ho"sf klxrfg ePsf lyPg t/ d:tfª xb 3/ kms sf l/Gkf5nfO ltAatsf kl;4 uDaf kmGkf gfnGbfsf rfUo nfdf uxsf kdv l/G5g vGr jfªkfsf lgdf0fsfo -6Ns_sf ?kdf klxrfg u/L lgdGqOff ug lelf;dX pxfsf lgjf;df cf0kUof . ;g\!(@(df bz jifsf pd/df pQm uDaf kjz ugePsf l/Gkf5Ho";g\!(#! df afx jifsf pd/df gfnGbf ljxf/sf 5lAa;f ul2wf/Lsf ?kdf lgoQm xgeof . ;g\!$#% df :yflkt gfnGbf uDafsf kdvdf ;fxf ztfAbLblv …rU snaf6 cfPsf lelfx? lgoQm xg u/sf 5g\. …rU snleqsf dWo pxf c7fxf ul2wf/Ldf kgxGYof .

rfUo gfds/0fsf 0ltxf;

ltAatL efiffdf rfUo -rfJu_ eGgfn c7f/ cª\snfO alemG5 . l/Gkf5Ho"sf kbjLdf rfUo xgfsf sf/0f pxfsf k'jh Vog/fj\5fh -;g\!$#*–!$(&_ sf kl/lgjf0f afxf dlxgfsf c7fxf lbgdf ePsf lyof . rGbdf; cg';f/sf pQm c7fxf lbgsf ljzif kh"f hg uxdf eof To; lelfuxnfO kl5 rfUo lelfux -nf8fª_ eGg yflnof . To;sf kdv nfdfsf kbjL g kl5 rfUo ul2wf/L -l7«g_ xg kUof . cb\et s/f of 5 ls xfnsf rfUo l7«gn klg ToxL ltlydf cyft\@)^# df3 @# df dTo ;dflw Tofu ugeof . ljlzi6 nfdfx?sf jflifsT;j kh"f rfGbdf; k4lt cg';f/ g xg u/sf kf0G5 .

l/Gkf5Ho"sf lzIff–bLIff

lxdfnL lfqdf nfdf u¿x?n ltAatL efiffsf cnjf ef/t jifdf krlnt sfJo, Hofltif, Jofs/0f cflb ljwfx?df klg lzIff xfl;n ugk5 . uDafx?df lelfx?sf ljgosf klg lj:tt cWoog ugk5 . ;aeGbf dxÎjk0f kIf jhofgsf cleifs -bLIff_ lnP/ lj:tt pkbz kfKt u/L PsfGtjf; cEof; ug xf . sDtLdf klg tLg jif tLg dlxgfsf PsfGtjf; cEof; gu/L nfdf -u¿_sf kbdf kluGg, t;y uDafx?df lzIfsx?af6 zAbljBf, xtljBf -kdf0fzf:q_, lrlsT;f ljBf / jf:t ljBfx? k9f0G5 eg jhfrfo u¿x?af6 cWofTdljBfsf bLIff -cleifs_ / pkbz lbOG5 . oL kfr ksf/sf ljBfdf lgk0f JolQmnfO kl08t eGg pkflw lbOG5 . rfUo l7rg l/Gkf5Ho"sf lzIff pxfs ufpdf z'? ePsf lyof . gfnGbf uDaf kjzkl5 pxfsf cWoogdf tLjtf cfof . ef/tLo ljåfg\ b08Lsf sfJobzsf lj:tt cWoog u/L To; ljifodf 6Lsf g nVgePsf lyof . ljzif ;fSo k/Dk/fdf krlnt dfukmnd\-nfD8_ k4lt, tGq ;dRro -Uob sGt_, gf/f vr/L jhoflugL sd, j/frg ;fwgf ljlwsf lzIff tyf bLIff k/f uxOf ugeof . uDafsf ul4wf/Lsf kb ;DxfNb dfWolds tyf kf/ldtfsf u/L tx kdv ef/tLo af4 uGyx?sf cWoog k/f ugeof . nueu tL; jifsf pd/;Dddf lzdfu 6Ns l/Gdf5 tyf nfdf wfDkf l/Gkf5 h:tf pRrtd nfdfu¿x?af6 ltAatdf krlnt ;a h;f wd pkbzx? Jojl:yt ?kdf kfKt ugeof . l/Gkf5Ho"ltAate/s pRrtd ljåfgdWodf Ps xgxGYof . ToxL sf/0fn pxfnf0 ;g\!(^@ df lgjf;t ltAatL ;/sf/sf wd dxf;lrj kbdf lgoQm u/L nfdfx?sf kf7k:ts nVg sfd lbPsf lyof .

;fwgf cEof;

rfUo l/Gkf5sf kdv kl;l4 g l;4 ;fwssf ?kdf blvG5 . o; hLjgsf clGtd lf0f;Dd klg lbgsf nueu !* 3G6f ;do af4 Wofg ;fwgfd JotLt ePsf s'/f pxfsf ;xofuL nfdf u¿x? atfpgxG5 . pxfn /ftdf a9Ldf tLg 3G6fdfq lj>fd lngxGYof . l/Gkf5Ho"sf klxn cfkrfl/s PsfGtjf; ;fwgf -ltAatLdf 5fd_ tx jifsf pd/df xouLj / jhkf0fL ;fwgfaf6 z'? ePsf lyof . o; qmddf ef/tLo dxfl;4 gf/fkf k/Dk/fdf krlnt jhoflugL, ef/tLo dxfl;4 lj?kfb k/Dk/fsf xjh, sfnrqm, dxfj/frg, jhsLn cflb jhofg k4ltsf 0i6bj tyf 0i6bjLx?sf ;fwgf cEof; lgwfl/t sfoqmd cg;f/ k/f ugeof . jhofgdf cfkmh ;fwgf u/l/ l;l4 kfKt gu/;Dd c?x?nf0 l;sfpg gldNg ePsfn pxfn hLjgsf dxÎjk0f ;do ;fwgf cEof;d JotLt ugeof . ;fSof l7lhg nufotsf w/ pRr u¿x?sf egf0 cg;f/ rfUo l/Gkf5 dxfl;4 aflw;Îj g xgxGYof .

u¿x?sf u¿

rfUo l/Gkf5Ho"sf dVo klxrfg g ;ª\s6 sfnsf af4 wdsf ;/lfs / lgbzs xg xf . ;g\!(%(eGbf klxn g ef6d pxf Ps ;ofUo u¿ cyft\jhfrfo cj:yfdf xgxGYof . @@ jifsf pd/d !%) eGbf a9L leIfx?nf0 uDeL/ tyf lj:tt dfukmnd -nfD8_ pkbz b0 dlxgfsf cjlwdf lb0;SgePsf lyof . ;g\!(%(sf kl/jtgkl5 ef6af6 w/

nfdf u¿x? lj:yflkt e0 gkfn / ef/tdf z/0ffyLsf ?kdf cfpgePsf lyof . efubf8sf qmddf w/h;f u¿x?sf lgoldt ;fwgfqmd 66sf lyof . ;fefUojz rfUo l7rg l/Gkf5Ho";lhn;u d:tfª /fhb/af/ cf0kusf xgfn pxfsf lgoldt ;fwgf qmd 66sf lyPg . z/0ffyL lzlj/x? Jojl:yt e0;skl5 w/h;f ;fSof nfdf u¿x?nf0 l/Gkf5Hon g cleifs -bLIff_, cfud / pkbz lbP/ ef/tjifaf6 c66 ?kdf ltAat kusf wdnf0 kghLjg lb0 c66 /fVgeof . ljzif u/L rfwf bnf0 nfdfsf Ps kdv u¿ rfUo l7rg l/Gkf5Ho"xgxG5 . ltAatsf kl;4 dfukmnd\-nfD8_ ;fwgfk4lt bnf0 nfdfHonf0 l/Gkf5Hon g kbfg ugePsf xf . o;af6 clt k;Gg e0 bnf0 nfdfHon dxf uxb lzio JofVofg sfzw/ dxlif -;fª\5g nfJz hflhg 9fª;fª 5Gkf_ eGg pkflw lbgePsf lyof .

;fSof k/Dk/fsf kdv $@ cf ul2wf/L ;fSof l7lhg l/Gkf5Honf0 tGq ;dRro nufotsf w/ pkbzx? l/Gkf5Hon g kbfg ugePsf lyof . To;sf cnfjf nlbª vg l/Gkf5 nufot ;fSofkfsf kfolmh;f u¿x?nf0 dfukmnd\ jhoflugL tyf sfnrqmsf cleifs / pkbzx? lbgePsf lyof . unu k/Dk/fsf kl;4 u¿x? lnª l/Gkf5, nfdf emfkf l/Gkf5 -skg uDafsf ;:yfks gkfnL zkf_ u¿x?nf0 w/ pkbzx? kbfg ugePsf lyof . GoLªdf k/Dk/fsf lbNuf vGr l/Gkf5, tªjf5 l/Gkf5, 5fUnª l/Gkf5 klg pxfsf lziox? xgxGYof . sfUo k/Dk/fsf Zofdfkf l/Gkf5, 5fSoL GoLdf l/Gkf5nf0 klg pxfn wd pkbzx? kbfg ugePsf lyof . lxdfnL dhsf kl;4 u¿x? pxfsf lziox? xgxG5 .

gkfnsf ;Gbedf u/lxdfnL dhsf rnf >Lw/zDz/ /f0ffnf0 klg pxfn jhofgsf cleifs / pkbz lbP/ PsfGtjf; cEof;df ;nUg u/f0 nfdf ;do;Dd lg/Gt/ lgbzg lbgePsf lyof . >Lw/ /f0ffHo"sf Wofg cEof;af6 ;Gti6 e0 dxfofuL >Lw/ /f0ff l/Gkf5 gfds pkflw kbfg ugePsf lyof . afxg, lfqL / gjf/ dhsf b0 ;oeGbf a9L rnfx? l/Gkf5Ho"sf lgbzgdf cem ;fwgf/t ePsf kf0G5 .

nlDagLdf l/Gkf5sf ofubfg

l/Gkf5Hon ;ft jifsf pd/df cfkmgf cWoog z'? ubf ef/tLo cfrfo gfufhg lj/lrt a4sf åfbz sTo :tltkf7 ubf nlDagLsf gfd lng lalQs /fdfl~rt xg u/sf s'/f pxfåf/f lj/lrt bzg ;fefUo uGydf kf0G5 . ;g\!(^! df gkfn / ef/tsf af4 tLy 3Dg qmddf ef/tjifsf kl;4 u¿ vg nfdfn a4sf rf/ dxfg\tLydWo nlDagL g ;aeGbf dxÎjkOf xf eGg atfPkl5 t l/Gkf5Ho'sf Wofg a4 hGd:ynL nlDagLdf slGbt /Xof . ;g\!(^# df d:tfª /fhf / oj/fhn l/Gkf5Ho'hfO d:tfªd kmsg jf nlDagLdf /xgsf nflu cg/fw u/ . ;g\!(^% df >L % dxGb ;/sf/af6 nlDagLdf hUuf lbg s/f p7bf . ;g\!(^(df k/ftÎj ljefudfkmt bz s6Vf hdLg dfofbjL dlGb/ kl/;/df kfPkl5 l/Gkf5Ho'sf ;kgf ;fsf/ eof . ;g\!(&) df nlDagLsf wd:jfdL ljxf/sf lgdf0f sfo z? ePkl5 d:tfª /fhfsf kxndf d:tfª lhNnfsf ;ah;f efuaf6 eflts ;xofu pknAw xg yfNof . o; qmddf ljZjsf ljleGg eËfuaf6 >4fn eQmhgx?n u/sf ;xofuaf6 ;g\!(&% df eJo ljxf/ lgdf0f sfo ;';DkGg eof . ;ª\qmd0f sfndf af4 Wofg k4ltnfO kghlljt ug uDafsf dflyNnf tnfnfO tLg jif tLg dlxg PsfGtjf; Wofgsb agfOof . o; l;nl;nfdf ^ ;fwsx?n pQm Wofg sfoqmd ;DkGg u/L cfkNgf uDafx?df kmlsP .

l/Gkf5Ho'n cfkNgf bxTofu ug sxL lbg cufl8 ;Dd klg nlDagLd /xgePsf lyof . ;g\!(*) sf z'?blv sf7df8fsf af4lfqdf lqsfn dqo a4 ljxf/ jgfP/ wflds lqmofsnfk cufl8 a9fP klg x/s jif nlDagLdf a:g 5f8bgePg . lj=;= @)^) df nlDagL pkjg jflx/ kl66 6flz /fAtglnª gfds gof ljzfn uDaf agfP/ nfdf u¿x?sf kfygf;ef xn / ojf leIfx?sf cWoog sIfx? agf0 a4wdnfO w/ pTyfg ugePsf 5 . ljut $) jifblv nlDagL pkjgdf /x/ a4 / nlDagLnfO ljZj;fd lrgfpg sfd u/sfn pxfnfO nlDagL nfdf eGg ul/GYof . nlDagLnfO ;jf u/ jfkt lj=;= @)%@ ;fndf >L % jL/Gbaf6 uf/vf blIf0f afx klg aS; ePsf lyof . a4sf ;dodf nlDagL Ps pkjg lyof eGg s/f af4 uGyx?df plNnlvt 5 . ;fxL d'tfljs l/Gkf5Ho'n dfofbjL dlGb/ kl/;/df ;Gb/ au rf agfpgePsf 5 . xfnsf dfofbjL dlGb/ jl/kl/sf ;Gb/ au rf klg pxfs tkmaf6 lgldt ePsf xf . ljljw km'nx? ;Ddlnt Ps g;/L :yfkgf u// nlDagL lfqsf ;a ljxf/ tyf dlGb/x?df km'nsf la?jfx? Jofks ?kdf kbfg ugePsf lyof . eujfg\a4sf kfnfsf nlDagLsf l:ylt emNsfpgsf nflu bzg ;fefUo k:ts nvL gkfnL tyf cª\uhL efiffdf cgjfb u/f0 5kfpgePsf 5 . nlDagLsf ljifodf ;aeGbf hfgsf/ JolQmsf ?kdf nlDagL ljsf; sfzsf sdrf/Lx?n pxfs gfd lng u/sf kf0G5 .

kjf;df /xsf ltAatL nfdf u¿x?sf jflifs kl0fwfg kf7 -dfGnfd_ afwuof, ;f/gfy / nlDagLdf e0/xsf 5g\. o; qmddf ;fSof nfdfx?sf jflifs enf nlDagLd u/fpgdf pxfsf cxd\el'dsf /xsf kfOG5 . jflifs

enfdf e/xjf ;Ldfdf ePsf sl7gf0n ubf ef/tsf ;f/gfydf ;fSof dfGnfd ugkg dfu p7 klg l/Gkf5Ho'sf ;Tkof;n pQm sfoqmd w/ ;do;Dd nlDagLd eof . aflw;Îj rof ug sdsf of hLjgsf clGtd ;dodf klg nlDagL 5f8g pxfnfO ufxf ePsf s/f rnfx? atfp5g\. e/xjfaf6 p8g anfdf klg of d/f clGtd nlDagL bzg xf egL efjljef/ eO egsfn pxfsf nlDagLkltsf >4f / kd emlNsG5 .

d:tfª lfqdf ofubfg

gkfnsf u08s lfqdf /xsf d:tfª /fHo kGwf ztfAbLblv af4 wdsf sGbsf ?kdf ljsl;t ePsf lyof . sGbLo ltAatsf ªf5g sªuf ;fªkf / ;fSof 5fUbg cflb u¿x? ljleGg uDafx?df cfP/ af4 wdsf pTyfg ugePsf lyof . nfjf vG5g gfdn kl;4 d:tfªuL oj/fh ;fgfd NxG8j ltAatsf nAwkltli7t ljåfg\dflggxG5 . aL;f ztfAbLdf af4 wdsf l:ylt v:ssf cj:yfdf rfUo l7rg l/Gkf5Ho'sf ;g\!(%(kl5 d:tfª cfudgn of lfqsf af4 wd w/ cufl8 a9sf 5 . lxdfnL lfqdf cem ljZjd ;j kyd agsf uDaf nfusf/ jf 3f/ uDafsf kg/f4f/ u/L gof Wofgux klg l/Gkf5Hoaf6 lgdf0f ePsf xf . d:tfªsf rf/fª / emf/sf6h:tf uDafx?df w/ cleifs tyf pkbzx? lbgeO af4 wdnfO ;an agfpgePsf / cfkNgf ;fwgf cEof;sf qmddf nfusf/ uDafnfO Ps kdv af4 sGb agfpgePsf lyof . Toxf pxfn w/ PsfGtjf;sf cEof;x? k'/f ugePsf lyof . xfn klg pxfsf uDafx?df clwsfz leIfx? d:tfª lfqs 5g\.

ljZjsf wdu¿sf ?kdf l/Gkf5

lxdfnL lfqsf l;4 u¿sf ?kdf pxfsf Voflt xg :jfefljs xf . pxf ltAat / gkfndf dfq jhfrfo u¿ geP/ ljZjsf ;ah;f lfqdf a4sf 1fg kmnfpgeof . ;g\!(*! l;ªufk/ ed0faf6 z? ePsf wd ljZj ofqf ;g\@))^ ;Dd sfod lyof . hfkfgsf Psdfq jhofg k/Dk/f lzGufgsf kdv u¿nfO ;g\!((# df gfl/tfdf j/frgsf cleifs lbgeof eg nfvf hfkfgLx?nfO 6lnlehg dfkmt cleifs lbgeof .

blIf0f k'j Pl;ofsf tf0jfg, xªsª, dnlzof / l;ªufk/df lrlgof d'hsf nfvf rnfx? l/Gkf5Ho'sf kToIf lgbzgdf ;fwgf cEof; ul//xsf 5g\. ci6kmofdf t pxfsf rnf nfdf 5f8k« l/Gkf5sf ;lqmotfdf 7'hf Wofgsb g lgdf0f ePsf 5 . To:t o/fksf kmfG;, :kg cflb bzdf ku/ wd cleifs / pkbzx? kbfg ugePsf lyof . cdl/sfsf jf:6g cflb :yfgx?df klg wd| l;sfpg|eof| . o;sf| cnfjf blIf0f clk|msf / s|Gof cflb b|zdf klg pxf|sf| w|/| r|nfx? 5g\. af|4 l:yt pxf|sf| lqsfn d|q|o ljxf/df klg w|/| ljb|zLx? cfP/ lgoldt ?kdf pkb|zx? lnGy| . pxfn| ljZjsf ^ 7fpdf lbPsf pkb|zx?sf| ;ª\sng u/L Parting from the Four Attachments gfds k:ts cª\u|hL / g|kfnL efiffdf k|sflzt 5g\.

l/Gkf|5|Ho'sf| ;flxlTos of|ubfg

l/Gkf|5|Ho"lxdfnL lf|qsf| nAwk|ltli7t ljåfg\ePsfn| pxf|sf| /rgfx? ltAatL efiffsf| cnfjf cª\u|hL, k|mGr, lrlgof / g|kfnL efiffdf pknAw 5g\. ltAatsf| gfnGbf ljxf/df a:bf n|lvPsf sfJozf:q 6Lsf, clewd|sf|z cflb k:tsx? xfn pknAw geP klg nlDagLsf| ljifodf ltAatL jfª\dodf cfwfl/t jQfGt bzg ;fefUo, ;fSofkf k/Dk/fsf| 0ltxf;, ljxf/ :yfkgf / ;~rfng ljlw cGo efiffx?df klg pknAw 5g\. ;fSof k/Dk/fsf| d?b08?kL dfuk|mnd\sf| JofVofg ljlw klg gof| n|VgePsf| 5 . h;sf| cfwf/df k/d kfjg ;fSof l7r|g l/Gkf5|n| ljZjsf ljleGg efudf pkb|z lbO/fVgePsf| 5 . To:t| d:tfª /fHo jzfjnL / gfnGbf uDafsf| ul2wf/Lsf| jQfGt klg ltAatL efiffdf pknAw 5g\. oL ;a| /rgfx?nf0| g|kfnL efiffdf cg|jfb u/L k|sfzg ug| of| n|vs sl6a4 5 . l/Gkf5|Ho'sf| Ps sljtf kmfb/ d6gsf| Pl;of| hg|ndf klg ;g\!(&! df k|sflzt 5 .

d|To' / k|ef:j/ ;dflw cEof;

a4Tjdf k|Ug| qmddf Ps aflw;Îjn| bfg, zLn, lfflGt -;xgzLntf_, jLo| -pT;fx_, Wofg / k|1fh:tf ^ kf/ldtfx?sf| cEof; ub| cfk|\gf| :t/ dfly prfN5 . bfg, lkojrg, ;dfgfytf / cyrofåf/f lziox?sf| lxt u5 . o; kl/k|Iodf rfUo| l7r|g l/Gkf5|Ho'sf| *& jif| log| bz cEof;x? kOf ub| laTof| . pxf Ps z4 zLnjfg\lelf, c?sf| lxtdf lg/Gt/ nflu /xg| aflw;Îj / jh|ofg cEof; k4ltsf| l;4 jh|frfo| xgxGYof| . JofVofg, n|vg / ljjfb lg/fs/0f ub| a4wd|sf| cgkd lxt ug|eof| . nlDagLdf bO| eJo ljxf/x?, sf7df8fdf lrQfsifs d|q|o a4sf| kltdf;lxtsf ljzfn ljxf/, gf/foOfyfgdf Wofg s|Gb| / d:tfªdf klg Wofg s|Gb| lgdf0f u/L ;of| lelfx?nf0| lzlff lbg| / Wofg u/fpg| ;ljwf pknAw u/fpg|eof| . a4 jrg cg|;f/ ;a| s'/f clgTo 5g\. ToxL qmddf l/Gkf5|Ho'h| cf^gf| k~r efltsbxnf0| lj:;: @)^# df3 * ut| laxfg ^ ah| TofUg| ;ª\sNkkl5 pxf !^ lbg;Dd ;dflw cj:yfdf /xg|eof| . ltAatL efiffdf yUbfd elgg| of| ;dflwdf dTokZrft\ ofuLx? nfdf| ;do;Dd a:g| k|rng af|4 b|zx?df 5b| 5 . ;dflwsf| a|nf z/L/ cem bblKodfg\ xG5 . cf;g kBf;g g| xG5 . z/L/df s|g| buGw x|bg eg| cfsfz Psbd ;kmf xg| / jl/kl/sf| jftfj/0f klg ;dflwdo g| xG5 . o:t| nlf0fx? kbzg ub| rfUo| l7r|g l/Gkf5|Ho"klg !^ lbg;Dd ;dflw cj:yfdf /x|/ To; dlxgfsf| @# ut| ;dflw cj:yf Tofu ug|eof| . af4 wd| cg|;f/ of| g| jf:tljs ofuLsf| jf:tljs bxfj;fg xf| . cem slt ofuLx? t k'/ OGbOfLdf kl/Oft xG5g\. slt ofuLx? ;z/L/ oyfjt\?kdf ;of| jif| klg /xG5g\.

;dflw Tofukl5 cGToli6 gubf;Ddsf| sfonf0| ltAatL efiffdf swª l/Gkf5| elgG5 . h;nf0| JoQm ug| pkoQm g|kfnL zAb el6bg . o:tf| swªnf0| u¿sf| cf>o dfg|/ k'hf ug|, xjg ug| / rTo agfpg| sfo| ul/G5 . rfUo| l7r|g l/Gkf5|Ho'sf| swªnf0| eJo ;df/fxsf| aLr gf/foOfyfgsf| WofgsGbaf6 ToxL df3 @^ ut| af4 l:yt lqsfn d|q|o a4 ljxf/df /flvPsf| lyof| . uDafdf pxf|sf| swª k|j|z u/fpg| a|nf OGbwgif b|lvPsf| lyof| eg| xhf/f| eQmhg af4 kl/;/df bzgfy| pkl:yt lyP . ToxL jifsf| kmfug| !(ut| k/dkHo ;fSof l7r|g l/Gkf5|Ho'sf| gfosTjdf d08n agfO| xjg u/|/ pxf|sf| cGToli6 lqmof ;DkGg ul/Psf| lyof| . o;/L Ps dxfg\aflw;Îjsf| Ps r/Of k'/f ePsf| 5 . zed\

af|4, sf7df8f| .

YY

zAbfy| k|sfzgn|

@! y/L **zAbsf|z** k|sfzg ul/;s|sf| 5 /
cem c? k|sfzg ub| 5 .
s| tkf0| klg sf|zsf/ xgxG5 <
cf^gf| zAbsf|z k|sfzg ug| OR5's xgxG5 <

ulj|nf| JolStTj 8f: xifaxfb/ a'9fdu/

ofbj e6'6/f0|

cf/De

efiff;flxTo, lzIff, ;:s|lt, 0ltxf;, ;dfh;|jf nufotsf lj|ljw lfqsf lqmofzLn /x/ kl5Nnf k:tfsf lgldQ klg k/0ffbfoL el'dsf lgjfx ug sdzLn JolQmTjsf gfp xf – xifaxfb/ a'9fdu/ . lj:; !(*$ sflts # ut afÛn'ª lhNnfsf uNsf6, sfngLdf pgsf hGd ePsf xf . eQmaxfb/ a9fdu/ / b|jLsnf a9fdu/sf kq /Tg xifaxfb/sf :yfoL a;faf; kl5 l;4fygu/ gu/kflnsf j8f gDa/ /fgLufp klSnxjf, ¿kGbxLdf /Xof eg hLjgsf pQ/f4 nlntk/ lhNnfsf afu8fndf laTof . xifaxfb/ a9fdu/ aafcfdfsf PSnf ;Gtfg lyP .

lzIffbLIff

xifaxfb/ a9fdu/ hGdsf (dlxgfkl5 cf^gf aafcfdf;u ef/tsf l8uaf0 ku . pgL b0 jifsf x'bf lj; !(*^ df pgsf aafsf lgwg eof . aafsf lgwgkl5 pgsf k7gk7g cfdf wdcfdf / df0hsf k/0ffn cl3 a9\g yfNof . lj;: !((@ df lxGbL, pb, ldl8n 0lª\n; :s|n l8uaf0 ef/taf6 cf/De ePsf pgsf zlIfs hLjg qmdzM cl3 a9\b uof . ;fgblv tLI0f al4, ;wf/jfbL lj rf/, ;/n / zfGt :jefj ePsf xif cGo sfdeGbf nVgk9\g sfddf g a9L cle¿lr /fVby . ;fgblv gof gof s'/fx¿sf vfhL ug ¿rfpg pgsf afgL lyof . k9f0nvf0df cl3 a9\b hfbf lj:;: @))(0lG8og cfdL :s|naf6 cfdL :kzn ;l6lkms ;g ckm Ph|s;gsf k/LIff -P;Pn;L_ låtLo >0fLdf pQL0f u/ . To;u/L lj:; !(!(df 0G6/ldl8o6 af8 0nfxjfbaf6 kjL0ftf kdf0fkq tx låtLo >0fLdf pQL0f u/sf xifn lj:;: @)@# df lqejg ljZjljBfno gkfnaf6 /fhgLltzf:q ljifodf :gftsfQ/ tx låtLo >0fLdf pQL0f u/ . cWoogzLn xifaxfb/ a9fdu/sf cfkrfl/s cWoog Toltd /flsPg kmnkm'hx? lj:;: @)$& df k6gf ljZjljBfno, ef/taf6 /fhgLltzf:q ljifod ljBfjfl/lw -lkPr8L_ pkflw kfKt u// ljBfjfl/lw ug klxnf nfx/sf ?kdf klg rlrt eg

ljjfx / ;Gtfg

xifaxfb/ a9fdu/sf @))& efb dlxgfdf afÛn'ª ;fª\u sf6ufpsf

6saxfb/ cfnsL ;kqL kikfjtL cfn;u ePsf xf . e'SDkaf6 cltkefljt of bDktLaf6 pGglt, kef, nvf, ljgLtf, odgf / wdf gfpsf 5f/Lx? Pj /Tgaxfb/ / bjljqmd gfdsf b0 5f/f u/L * ;Gtfg hlGdP . pgsL kTgL kikfjtLs ;fy ;xofu / ;dygn xifaxfb/sf hLjg c´ a9L ;fwgf, sdzLn / ;kmn ePsf oyfy eGg kb5 .

hflu/ hLjg

xifaxfb/ a9fdu/n cf^gf hLjgsfndf ljljw lfqdf hflu/ hLjg JotLt u/sf kf0G5 . lj:;: !(((df t;f ufvf /f0kmN; sf kN6gdf l;kfxL kbdf etL eP/ pgn hflu/ hLjgsf ;?jft u/sf xg\. o;/L lj:; !(((blv @))(;Dd ;gfdf hflu/ vfPsf xif lj:; @)!) df :k;n kG;gdf :jbz kmlsP . hflu/ hLjgsf cf/Dedf pgn adf kmG6df /x/ låtLo ljZjo4 -;g\!($#_ bIfL0f k'jL Pl;ofdf zflGt sfod ug sfodf ;nÛg -;g\!($*–$(_ hDa sflZd/ o4lfqdf ;nÛg -;g\!($*–$(_ dnfog 0GdhG;L -;g\!(%$–%^_ u/L o4 ;jfdf cfkm'hf0 ;dlkt u/sf lyP .

;lgs hLjgaf6 cjsfz kfPkl5 xifaxfb/ a9fdu/ :jbz kms/ afÛn'ª lhNnfsf e/t rtGo ldl8n :snsf kwfgfWofks eP/ lj:; @)!) blv @)!! ;Dd sfd u/ . @)!@ ;fndf la6zsf dnfofdf u0 ;/sf/L 0lGhlgo; tflnddf ;xefuL e0 kg @)!#–!$;fxL e/t rtGo ldl8n :snsf kwfgfWofks /x/ lzIff ;jf u/ . ;w sxL gof u/f eGg ;fr ePsf xifaxfb/sf ;lgs ;jfaf6 lzIff ;jfdf kjz cToGt dxÎjk0f /Xof . To;kl5 ljifo @)!& blv @)#& ;fn;Dd la6z SofDk klSnxjf ¿kGbxLsf lzlj/df hg;Dks clwsf/L lgoQm ePsf pgL o;aLr lj:; @)@% df l;4fy snh e/xjfsf ;:yfks lklG;kn ag . ;f snhdf lj:;: @)@(;Dd ;lqmo /x . lj:;: @)@(blv @)#! ;Dd /fhfsf kdv lghL ;lrjfno cGtut hfra´ sGbsf ljzjf clwsft kbdf /x/ ;jf u/ . To;u/L lj:;: @)#% blv :sfp6, jg a;faf; cfofu, e'tk'j ;lgs cflbdf hflu/ vfPsf kf0G5 . o;/L pgn ´G8 $$÷$% jifsf pd/;Dd ljleGg lfqdf hflu/ hLjgsf ljljw cgej a6nsf lyP .

nvg / ;Dkfbg

xifaxfb/ a9fdu/ axdvL kltefsf wgL lyP . sg Ps jf b0 lfqdf dfq pgsf ;nÛgtf lyPg . ;dfhsf ljleGg lfq;u pgL hfl8Psf lyP . sfd u// pgL slxNo yfSbg lyP . pgL ;flxTo, efiff, ;:st / 0ltxf;h:tf ljljw ljifo / lfqdf ?lr /fVby . o;/L lj:;: @)!$;fndf scf0 l;xsf ;ªNfKt hLjgL gfds v08sfJo ksfzg u// jfªdo lfqdf pgn pkl:ylt hgfP . To;kl5 ls/ft jz / du/x? Ps Pltxfl;s

; jIfOfI -lj:;: @)$(_, du/ Jofs/Ofsf kf¿kI -@)%)_, du/ gkfnL lnDa" cªlhL ;ªlfKt zAbsfzI -@)%)_, Is Gorkhaland a Reality or Simply MirageI -;g\!(($_, h;sf 7f8f huf slxn ´Sg hfGbggl\ -@)%)_ ctKt lhGbuLsf c;Lldt rfxgfI -pkGof; @)%#_, du/ / dUof/ M kVofnLsf vfhLdfI -@)%#_ Magar And Magyar; In Search of Amcestors -;g\!((^_ du/ hflt / pgsf ;fdflhs ;:sf/I @)%#_, /fi6« lgdfOfdf zfxjzLo /fhdlxifLx¿sf ofubfg -@)%#_ /fhf cfhsf ;Gbedf -@)%#_, >Lkfr PZjo M axdvL JolQmTjI -@)%$_, /fi6«sf uf/j tyf gkfnsf kyd zxLb nvg yfkfdu/I -låtLo ;: @)%$_, du/ efiff / ;flxTosf jtdfg l:yltI -@)%%_, axdvL kltefsf wgL df:6/ ldq;g yfkf du/ M ;ªlfKt hLjgL -@)%$_, h8fp/LI -sljtf;ªlx @)%^, ;ªlfd / zflGtI -cfTdk/s pkGof; @)%*_, >L kfr dxGb cGt/ªl / alx/ªl JolQmTjI -@)^!_, ax cfoflds JolQmTj 8fS6/ s cf0 l;x -@)^@_ nufotsf bhgf sltx¿sf nvg tyf ksfzg u/sf xifn ljljw ljifodf !@% eGbf a9L /rgfx¿ ljleGg kqklqsfx¿df ksfzg u/sf blvG5 . o; ksf/sf pgL ;flxTo / ;flxTot/ bj ljwfdf nVby .

xifaxfb/ a9fdu/n klSnxjf xf0:sªsf dvkq gj sflknfI / l;4fy snhsf dvkq l;4fysf kwfg ;Dkfbs eP/ cf^gf ;Dkfbg Ifdtf klg bvfPsf 5g\.

xifaxfb/ a9fdu/sf ;flxTo nvgsf ;¿cft ljBfyL hLjg sfnblv g ePsf lyof . lj;: !(((blv nVg yfnsf xifn efgeQmLo /fdfoOfsf kefjaf6 xªsf/I zLifssf klxnf sljtf nvsf lyP .

cªlhnf0 ;vfk kfg tof/ hfkfgL /fhf d x
ef/tnf0 dQm u/fpg egL sDd/ s;sf d 5
x5 oL hgsf ljkt\;sn eGg O/fbf w/L
a9b cf0ku c;fd elddf rsf dsfAnf u/L . -h8fp/L ki7 !_

;flxTo l;hgfdf k/0ff / kefj

cfkm";fg 5bf cfdfn jfrg ug u/sf efgeQmLo /fdfoOfsf Znfsx? ;g/ xifaxfb/sf ;flxTo tfk cfgjlzs ?kdf cfslift / kefljt ePsf lyP . To;u/L nIdLk;fb bjsf6f, l;l4r/Of >i7, kfl/hft cflb ;flxTosf/sf /rgfx?sf ;fy 1fglj1fgsf ljljw zf:qx?sf cWoog, ;dfhdf 36sf ljleGg 36gf / lj slt lj;Ëltn pgnf0 sxL nVg k/t u/sf lyof . efgeQmsf sltx? klg pgsf nvgsf k/Off ;ft lyP .

/fhgLltdf ;nUgtf

xifaxfb/ a9fdu/ ;dfhsf cGo ljwfdf h:t /fhgLltdf klg rf;f /fVy . pgL lj:;: @)!# blv g /fhgLlt;u ufl;Psf lyP . ;oQm khftGq kf6Lsf afUnª lhNnf :t/Lo sfosftfsf ?kdf ;nUg eP/ /fhgLlts hLjgsf ;¿cft u/sf pgL lj:;: @)!$;fndf afUnªsf unsf6df ylgPsf lyP . o;u/L @)@$;fndf gkfn e'tk'j ;lgs ;ªl7gsf tkmaf6 tTsfnLg /fli6« k~rfot ;b:o kbdf pDdbjf/L lbPsf xifn lj;: @)$^ kl5 /fli6« hgtf kf6Lsf cWolf /x/ @)%% df3 # ut;Dd sfd u/sf lyP . lj:;: @)$* ;fndf ¿kGbxLsf Ifq gDa/ @ / gjnk/f;L Ifq gDa/ $ af6 kltlglw;ef ;b:o kbdf pDdbjf/L lbPsf 36gfn xifaxfb/sf /fhgLltkltsf rf;f / ;lqmotf 5nË xG5 . pgL hLjgsf clGtd;Dd klg gkfnL /fhgLltnf0 cToGt glhsaf6 cWoog ug tNnLg /xGy .

;:yfut ;nUgtf

;w sxLg sxL u/f eGg ;fr sf cToGt kmltnf xifaxfb/ a9fdu/ ljleGg ;ªB;:yf sangha hfl8Psf lyP . vf;u/L lzIff, ;flxTo, ;:slt / ;dfh;jfdf cu;/;u cfa4 lyP . låtLo ljZjo4df :jo adf kmG6df ;lgssf ¿kdf ;xeful eP/ :jbz kmsk5 xifaxfb/ z¿d lzIff Ifqdf cfa4 ePsf lyP . afUnªsf r tGo ldl8n :sªsf kwfgWofkssf ?kdf ;jf u/sf pgn l;4fy snh -e/xjf axdvL SofDk;_sf ;:yfks lklG;kn e0 kfr jif ;jf u/L z¿ ePsf ;dfh;jf ofqf /flsPg . afx jif;Dd gkfn afn ;ªl7gsf sGblo ;b:o, gkfn :sfp6sf /fli6« ;lrj, gkfn e'tk'j ;lgs ;ªl7gsf sGblo ;lrj, nlDagL c~rn vnsb kl/ifbdf ;b:o–;lrj, bz jif pkfWolf kfr jif / nlDagL c~rn km6an ;ªBsf cWolfdf rf/ jif, klSnxjf xf0:sª ;~rfns ;ldltsf cWolfdf PSsf0; jif;Dd / ¿kGbxL lhNnf ljsf; ;ldltsf ;b:o kbdf b0 jif;Dd ;dfh;jLsf ¿kdf pgL lqmofzLn /x . /fhsf kdv lghL ;lrjfno /fhb/af/cGtut hfra´ sGbsf ljzif clwst e0 tTsfnLg ag a;faf; clwsf/ ;DkGg cfofusf cWolfsf ?kdf ;jf ug sf ;fy tTsfnLg l;4fygu/ gu/ k~rfotsf ;b:o, ¿kGbxL lhNnf ;ef;b\gkfn du/ ;ªBsf -tTsfnLg nªBfnL kl/jf/sf_ sGblo ;:yfks cWolf, clvn gkfn sa8BL ;ªBsf pkfWolf, gkfn afn ;ªl7gsf kfli6s cfxf/ ljt/Of ;ldlt dVo l8kf e/xjfsf cWolf, >L;To;f0 ;jf ;ldlt ¿kGbxLsf cWolf, gkfn afn ;ªl7gsf cfhLjg ;b:o, gkfn /8qm; ;f;f06Lsf cfhLjg ;b:o, nfoG; Snj sfi7d08ksf pkfWolf, gkfn Uofho6 ;ªBsf pkfWolf, gkfn jnkmo/

;f;f06Lsf ;efklt, gkfn ef/tLo ;/sf/sf k'j sdrf/L sNof0fsf/L ;ª\Bsf pk;efklt / kl5 ;efklt, gkfn hghflt dxf;ª\Bsf sGbLo ;Nnfxsf/, ljZj cflbjf;L cGt/fli6« jif !((# 0f;:sf /fli6« ;ldltsf ;b:o, /fli6« efiff gLt ;´fj cfofusf, ;b:o, df:6/ ldq;g hGd ztfAbL ;df/fx ;ldltsf ;ofhs, df:6/ ldq;g :dlt kltI7fg sf7df8fsf cWoIf, ufvf ddfl/cn kltI7fg sf7df8fsf cWoIf, :gfts ;dfh gkfnsf ;:yfks snklt, zxLb nvg yfkf :df/s ;ldlt sf7df8fsf kdv ;Nnfsf/, 8f scf0 l;x :dlt kltI7fg sf7df8fsf cWoIf, bz ljbz /fhuf/ rtgf sGb sf7df8fsf cWoIf nufot yk ;ª\B;:yfdf kbLo / ;:yfksLo lhDdjf/Lsf ;fy ;nUg /xsf xifaxfb/sf ;dfhsf ljleGg Ifqdf ¿lr / ;lqmotf blvGYof .

k'/:sf/ ;Ddfg / clegGbg

xifaxfb/ a9fdu/ dxGb ljBfeI'f0f saf6 ljellft ePsf lyP . pgn ;dfh / /fi6«sf nflu hlt ofubfg u/, To;af6 pgL ;Ddflgt k'/:st klg eP . pgn uf/vf blIf0fafx, /fHoleifs kbs / ;jf kbs klg kfKt u/sf lyP . xifaxfb/ cf7cf6f cGt/fli6« / o4 tf/f kbsx?af6 ;Ddflgt lyP . jf/ :6f/, adf :6f/, jf/ d8n, OlG8of ;le; d8n, hg/n ;le; d8n, ljySnf;cGtut blIf0f k'jL Pl;of / dnfofaf6 pgL ;Ddflgt ePsf lyP eg OlG8of OlG8kG8; d8n -hDa'sflZd/_ / blIf0f sfl/ofaf6 a:6 :sfp6 /fi6«kt ;Ddfg kbsaf6 ljellft eP . o;u/L ufkfn kf08 c;Ld k'/:sf/, df:6/ ldq;g yfkf :dlt k'/:sf/ / clegGbg, si0faxfb/ cfndu/ :dlt ;dfh;jf k'/:sf/, cg';Gwfg k'/:sf/, gkfn du/ ;ª\B sf7df8f lhNnf ;ldlt, eb'sdf/L 3n JolQmTj k'/:sf/, klSnxjf dfWolds ljBfno eP/ jf e/xjf axdvL SofDk; -gkfn du/ ljByL ;ª\B_ An /n Ph's;g kmfpG8;g sf7df8f nufot bhgf cGo ;ª\B;:yfaf6 xifaxfb/ a9fdu/ cleglGbt, ;Ddflgt / k'/:st ePsf lyP . oL ;Ddfg, clegGbg / k'/:sf/x?sf nfdf ;'rLn pgn /fli6« / cGt/fli6« ?kdf u/sf sd / ofubfgnf0 :d/0f u/fp5 .

ofubfg

xifaxfb/ a9fdu/n /fli6« cGt/fli6«:t/df dxTTjk0f ofubfg u/sf 5g\. dfly plNnlvt ljleGg /fli6« / cGt/fli6« ;ª\B;:yf;usf ;nUgtf, kfKt u/sf ;Ddfg, kbs, ljeI'f0f, clegGbg / k'/:sf/n pgsf ofubfgnf0 kltljlDat ub5 . vf;u/L pgn zlIfs ;:yfx¿sf ;:yfkgf / ;~rfng, du/ hflt / ;:sltsf ;/If0f / ;j4g, /fli6« ;fdflhs hLjgsf ljleGg dxÎjk0f cfofu / ;ldltx¿df /x/ :sfp6, afn ;ª\I7g,

/8qm;, nfoG; Sna cflbdf ;lqmo ;lgs hLjgsf ;3;:yfdf cfa4tf, gkfnL ;dfhsf ;flxTo, ;:slt, Oltxf;, /fhgLt cflb Ifqsf cuhsf gfpdf ;:yfsf :yfkgf, zAbsfz nvgh:tf ljljw sfoaf6 ;dfh kl/jtgsf lglDt cToGt dxÎjk0f / clj:d/0fLo ofubfg u/sf 5g\.

pk;xf/

låtLo ljZjo4 n8sf Ps hgf l;kfxL :jbz kms/ /fhgLtzf:qdf PdP pQL0f u/L ljBfjfl/lw;Ddsf kfl1s pknlAw xfl;n u// cf^gf ;Dk0f hLjg g ;dfh / /fi6«sf nflu ;dk0f ug bzeQm 8f xifaxfb/ a9fdu/ l;kfxL, lzIfs, ;flxTosf/, ;dfh;jL, ljleGg ;:yfsf ;:yfks cGjifs / ;dudf ;dfhsf ljsf; / kl/jtgsf cyjf cleofgstfsf ?kdf :yflkt eP . cToGt uDeL/ / zfGt :jefjsf 8f xifaxfb/ ;dw/ afnL afNby . ;fgfnf0 :gx / cuhkltsf cfb/ efj pgdf hLjGt bVg kf0GYof . sg sfddf nfukl5 To;nf0 6ª\Ufdf gk¥ofO g5f8\g pgsf cToGt, b9 / klta4 :jefj lyof . tTsfnLg /fhf dxGbsf /fi6«kfbL rl/qaf6 cfkm'hf0 kefljt 7fGg 8f xifn >Ldbefujt uLtfsf sdofunf0 k5ØfPsf lyP . cfTdljZjf;, b9tf / nugzLntfn pgnf0 cf^gf *# jifLo hLjgsfndf slxNo k5fl8 kms gk/g . ;fwf/0f klx/g, ;dolgi7tf, ;/n / cgzfl;t hLjg znLh:tf ljzliftfn pgnf0 cl3 a9\g ;3fp k¥ofof . pgdf nfe, Oiofh:tf gsf/fTds ;fr slxNo knfPg . ;xofuL / pbf/ dgf ePs sf/0f pgL c?sf klg lko aGg ;s . cf^g kf/v / kof;n, cf^g ;ª\Bif / ;fwgfn ;gfdf nfu/ eL;L tSdf kfpg wfsf afssf 8f xif kl5 lkPr8L ug klxnf nfx/ ag . cfkm'klg lzIlft xg / c?nf0 klg lzIlft tNofpg koTgdf nfu . aGbs / sndsf o:tf ;ofu ;;f/df lj/n dfG5sf hLjgdf bVg kf0G5 . pgdf hfu/sf vfgL lyof . 8f xifsf sd / sltx¿af6 gofk:tf nfeflGjt xG5g\g . afUnªdf hGd/ ef/t, gkfn kms/ e/xjf / hLjgsf pQ/f4 nlntk/sf afu8fnnf0 a;faf;sf ynf agfPsf, cf^g lgi7fk0f koTgn uljnf hLjg afrsf k¿iffyL xifaxfb/ a9fdu/ cGtTl lj; @)^& df3 rfw ut efIts ;;f/af6 labf eP . 8f xifklt log zAbkik r9fp5 .

;Gbe ;fIft

klxnf nfx/ ljBfjfl/lw 8fS6/ xifaxfb/ a9fdu/ :dltuGy @)&#

ljleGg kq-klqsfdf kslflzt xifaxfb/ a9fdu/ ;DalGwt nv / rgfx¿

8f xifaxfb/ a9fdu/ ;fusf kTolf jftfaf6 kfKt hfgsf/L .

YY

u'8 af0 Û dfxg/fh zdfnf0

/fhGb ;'jbL

;dudf Pp6f ;zSt x:tIf/sf cj;fg lyof]– dfxg/fh zdfsf cj;fg . gkfnL cfVofg ;hgf Ifqdf ofubfg lbg ;i6fsf cj;fg . gf6Ø ;hgfdf :j/sNkgfTds jlzi6Øsf ahf8 kofusf cj;fg . kaGw / lgaGwdf klg xf:oJoªNosf tLj kofustf ;i6fsf cj;fg . ;flxTosf ;dfnfrgf Ifqdf ePsf gjLgtd kofusf cj;fg . ;flxTosf 0ltxf; nvgsf gof bli6 / cjwf/0ffx?sf klg cj;fg . efifflj1fg / Jofs/0f lrGtgsf gjLgtd wf/0ffsf cj;fg . cgjfb lrGtg / cgjfb sfosf klg cj;fn lyof]– of cj;fg . k/fgf ljifosf cWoog tyf cg;Gwfg / ksfzg cflbsf klg cj;fg . oxf Ps cj;fgdf efiff / ;flxTosf, ;dLIff / Jofs/0fsf 0ltxf; tyf sfJozf:q ;fwgfsf Ps cWofosf dfq xf0g, Psksf/sf u¿sns cj;fg lyof]– dfxg/fh zdfsf cj;fg .

dfxg/fh zdf -!(($–@)&%_Ho"Û tkf0sf ;DkÙf lzIffsf kflKt ef/tLo wtLdf eof . agf/; Tof klg lzIffsf sGb agf/; lxGb" ljZjljBfnosf 0ltxf; ljifosf :gftsfQ/ . tkf0sf legfHo"thk;fb lwtfnsf ;fglltgf ksfzgsf Joj;fo . cf^gf lgjf;gsfnsf nldLk;fb bjsf6fn klt/rgf @% k;fsf b/efpdf pg ksfzs lwtfnnf0 ;lDkPsf / ckksflzt ;fduLsf ?kdf /xsf /rgfsf ;Dkfbg u// tkf0n g ksfzgdf Nof0lbgeof . bsf6fsf sljtf;ªluxx? cfsfz afN5 -@)@%_, 5fuf;u s'/f -@)@^_, v08 sfJoslt dfofljgL ;;L -@)@$_, sfJoslt gj/; -@)@$_ / s6s -@)@^_ tkf0sf ;Dkfbgdf agf/;af6 ksfzgdf cfP . o;/L ;flxTosf ;hgf / ;dLIfftkm pTkl/t agsf tkf0sf JolStTj ;flxTotkm kjQ agsf 5 . 0ltxf; ljifosf kfWofks ag/ drL snh ebk/df cfPkl5sf l:yltdf tkf0n gkfnL ljifodf klg JolStut tj/df :gftsfQ/ pkflw cfhg ugeof . o;sf kl/0ffddf tkf0sf 0ltxf;lj1 JolStTjnf0 efiff;flxTo;fws JolQmTjn lt/flxt ul/lbof . tkf0n ljifo kl/jtg u// cfkmhf0 gkfnL ljifosf kfWofkssf txdf cgslht ugeof .

tkf0sf ;hgzLn JolStTj @)!^ ;fnblv cfljefj ePsf xf . klxnf lgaGwfTds uB /rgf/rgf Pssf Ps xft nfUof zGol zLifsdf -

@)!^_ sf nv agf/;af6 ksflzt bLks klqsfdf ksflzt ePkl5 tkf0 nvssf ?kdf klg kl/rt aGgeof . :gfts txdf cWoog ubfubsf Pp6f kL8fsf k;ªlu d;u vfNgePsf lyof . Tof s lyof eg tkf0sf :gfts txsf k/LIffsf kmf/fd eg k;fsf cefj k/sf sf/0f k/LIff g 56\g vt/f cfPsf anf Ps Toxfsf ksfzsn ;xofu u/sf /fdf~rs k;ªlu clxn klg d/f sfgdf ulGh0/xsf 5 . tkf0n /fdfG;nL Pp6f lgs pQhs pkGof; nv/ lbg eP ksfzsn Toltv/ kmf/fd eg nfUg @) ¿kof lbg . ;t kfng ug tkf0 tof/ /xgeof / /ftf/ft Pp6f pkGof; nVgeof . ksfzssxf k¥ofpgeof . Tof pkGof; lyof cfuf . o; kL8fsf 0ltjQ oxL xf0g < tkf0 @)!* ;fndf nlvPsf Tof pkGof; gUgofgsf r/d kofu ePsf slt aGof / Tof cgsf ;:s/0f laSof . tkf0nf0 :gftssf clGtd k/LIffsf kmf/fd eg /sdsf ;ªs6dfrg ug sfddf To; pkGof;sf cgflds nvs tkf0 g xgxGYof, t/ To;sf :jfdLTj;lxt laqmL u/sf s'/f tkf0n d;u vfNgePsf of kL8fbfos syf slxnsfxL xfdL bjsf ;femf syf ag/ klg alNemGYof . o:tf l:yltx? dn klg gaxf/sf sxf xf / zdfHo"Û

c t Pp6f k;ªlu ;femf syfsf . ;femf ksfzgsf dxfkaGwssf sfo slfdf tkf0 / d kUbf s';Ldf si0frGb l;x kwfg xgxGYof . pxfsf k:tfj lyof– xfdLn ;d;flos ;flxTosf ;femf ;ªlux ksfzgdf Nofpgkg anf cfof . ;Dej eP;Dd ;a ljwfsf ;ªlux ;d;fdlos ;femfsyf, sljtf, PsfªsL, lgaGw, ;dfnfrgf ksfzg ug g/fdf xGg eGg k:tfj ;xsf/Lsf cWolf Ifqktfk clwsf/L;dlf kUbf ;dyg kfPsf sf/0f tkf0 / d/f gfddf ;d;flos ;femfsyf ;Dkfbgsf lhDdf k/sf lyof . ;d;fdlos ;femfsljtf tf/fgfy zdfsf Psn lhDdfdf k/sf lyof . c? ljwfx?sf ljifodf Tolt rf;f klg /xg, t/ tkf0 / d/f lhDdfdf /xsf ;d;fdlos syf / tf/fgfy zdfsf lhDdfsf ;d;fdlos ;femfsljtfrflx= ;dod ksfzgdf cfP . Toltv/ ksfzgdf gcfPsf / cfPs ljwfsf klg ;ªlux ksfzgdf Nofpg cfh lgs l9nf e0;ssf l:ylt 5 . kl5Nnf r/0fdf o;tkmsf k:tfjx? klg cfPsf xg\. ;femf ;dfnfrgfsf clgjfotf dx;'; eP/ dn ;femfdf k:t't ul/Psf k:tfjsf pkIffkl5 /Tg axt\gkfnL ;dfnfrgfgfdaf6 ksfzdf cfPsfn cfh sxL e/yu ldnsf 5 .

c t zdfHo'Û kml/ klg Pp6f s'/f eGg dg nfUof– ;oSt ;Dkfbgdf d Toltv/ tkf0;usf ;xsfodf ;fdn eP . ;femfn xfDLnf0 hDdf %))) ?kof kfl/>lds lbPsf lyof . kl5 kl5 tkf0;u ;x;Dkffbg ug cj;/ kfKt ug ;lsg, a? tkfOsf c?x?;usf ;x;Dkfbg / ;xnvgsf sltx? ahf/df yk blvP . st ljBfno :t/sf kf7Øk:ts, st ;xfos uGy, st uf08x? / st ;4flGts ;flxTozf:q / ;dLIffsf sltx? ksfzgdf cfPsf blvP . ;xnvg, ;x;Dkfbg / ;xsfosf cgej dneGbf a9\tf tkfOn g ugeof, t/ dn tkfO;dlf sf;u s:tf cgej eof t eg/ klg ;flwg . clxn klg of s/f d;u gvfNgxfnf Ü o; sf cgej eStefuLsf gftfn tkfOd a9L xfnf eGg rflx nfU5 g . v ca t ;fwf g t eGof eg klg ;Defjgf /xg . o;af6 dnfO s rflx 1fg eof eg eGg / ;Gg s/f ;Defjgf /xb eGg / ;Gg ;s /fdf xbf /x5 eGg rflx /fd/L g afw ePsf 5 . c t kml/ PskN6 ljuttkm g kmlsg dg nfUof .

@)#& ;fnsf lxpb lr;f lgs alNemf/xsf ;do lyof . Ps ansf gof;8ssf kfsf eGg 6fndf /xsf lkkn nh;u hfl8Psf Pp6f lrofk;ndf /rgf klqsfsf ;Dkfbs;sf /dfOnf e6df ;d;fdlos ;flxTosf ljifodf rrf ePsf lyof . pd/sf bli6n deGbf sxL HoI7 / tkfOeGbf sxL slgi7 /frs l3ld/Ho";u tftf lrof vfP/ ;flxTosf ljleGg ;Gbe tyf efiff / ;:sltsf ljifodf ePsf ljrf/ljdz clxn klg tfh eP/ hfusf 5g\. d cfh #(jifkl5 ltg ljifodf afNg ljjz 5 . nvs tyf ;flxlTos kqsf/x?n Toltv/ klg k~rfotL zf;g–k4ltsf kltklfdf plegkg l:ylt lyof / clxnsf uOftGqdf klg xfdf cj:yfdf kmf6sf s;L ToxL kltklfdf sfod 5 . o;af6 ;hgfTds ljrf/ eGg s/f rflx hlt;s ultzLn oyfysf kltklfs txdf /xg ljifo xf eGg s/f l;4 ePsf 5 .

c t Toltv/sf rrf ;flxTosf ljifodf h:tf xGYof clxn klg p:t t 5 . xfdL Toxf Ps Ps lrof cyjf skmL vfP/ cf^gf cfjf;lt/ kmlsGYof . d/f dgsf s/f vfnf x t . Toxf lrof vfg a:gx?df slxn, wjrGb uftd, uug lj/xL, lbgz clwsf/L, ufljGb lu/L k/Off kfoM lrofdf ;xefuL xg ldqx? xgxGYof . lrofsf k;f ltg xfdf kfnh:tf lyof . Toxf ;xefuL xgdf dn rflx slxNo klg skmLsf k;f ltl/g / d/f kfnf k/sf lbg xQ g kQ d lrofsf c8/ lbOxfNy . skmLsf c8/df rflx /frsHo"g kgxGYof . oxf klg stfstf cefjsf kL8fx? hfl8Ps xGy .

tkfOsf nvgsf cf/Denf Rofvwgf -@)@$_ JoªNo lgaGw;ªWxn kltglwTj u/sf 5 . o:tf lgaGwx?sf ;ªWxx?df ld:6/ emKkl;x 8an Pd P -@)#*_ k5f/sf kftf -@)$)_ h:tf JoªNo sltn tkfOsf

JoªNo rtgfnfO kltglwTj u/sf 5g\. To;f t lghfTds tyf jrfl/ stfkO lgaGw ;hgfdf tkfOsf lrGtg lgaGwznLdf dflg;l, l;6L a;df uhGb dflfl, d gf/L ePlh:tf lgaGwn klg tkfOsf ;hgfTds lfdtfsf ;flo u/sf 5g\. o:tf c;ªslnt lgaGwx?sf ;ªWx cfPsf tkfOsf lgaGw ;hgfn o; ous kltglwTj u/sf ;Gbe kf7s;dlf k:tt xg blvG5 . jf:tjdf tkfOsf ;hgf rt cToGt ;fdlos / tLj /xsf ;Gbe ;j ufXo /xsf 5 .

;dfnfrgfsf ;Gbedf klg tkfOsf pkl:ylt lgs x:tlfksf/L ?kdf blvG5 . o:tf ljlzi6 ksf/sf sltx? tkfOn cfkm"ojf cj:yfdf kjz xgf;fy ;fjhlgs ug yfNgePsf ;Gbesf ;flo ag/ gkfnLsf sxL cfwlgs ;flxTosf/ -@)@^_, gkfnL ;flxTosf Oltxf; -;x @)#$_, syfsf ljsf; klqmof -@)#%_, znL lj1fg -@)$*_, zfwljlw -@)%@_, ;dsfnLg ;dfnfrgf ;l4Gt / kofu -@)%%_ ksfzdf cfPkl5 gof ljrf/ / lrGtgsf txx?n tkfOdfkmt ;xh ufXol:yltsf ;fjhlgs agsf 5g\. nfs;flxTo, kfZrfTo tyf k'JLo sfJozf:qsf ;xfos ;fduLsf ;xpTkfbg klg oxf ;xh 9ªWn kltkfbg ePsf 5g\. o:tf ;fduLsf dfWodaf6 klg tkfO kf7shutdf lgs nfslko aGgeof .

cfVofgsf ;Gbedf klg tkfOnfO eNg ldNbg . sf/f -@)$)_ syf ;ªWxsf ;fy bvfk/sf tkfOsf syf cfVofgdf dxfzGo -@)%)_, jv/L -@)%$_ ksfzdf cfPsf 5g\ o; lsQfdf /lrt ljlzi6 /rgfx?df tkfO :j/sNkgfTds ;jbgdf ;hgf ug tkfO szn xgxG5 . o:t pkGof;x?df ;lnhf -@)^^_ / kNnL -@)&!_ h:tf sltsf cfwf/df tkfOnfO ljlzi6 jrfl/s cfVofgsf/sf ?kdf klg lng ul/G5 . cfVofg rtgfdf ljsl;t aGb cfPsf pQ/ ;f:slts rtgf / lrGtgsf ljifonfO sGbdf /fv/ ul/Psf o; ksf/sf ;hgfn tkfOnfO gkfnL ;flxTosf kl5Nnf r/Ofsf ;an ;i6fsf :yfg kfKt ePsf 5 .

tkfOnfO efiff / Jofs/Osf lfqdf klg TolQs ;Ddfg kfKt ePsf 5 . To:tf ljifox?df kltglwTj ug sltx?df zAb/rgf / jOfljGof; -@)#!_, zAb /rgf / jOfljGof; efiffj1flgs k4lt -@)#^_, efiffljj1fg / gkfnL efiff -@)%)_ h:tf uGysf cltl/St efiffljj1fgsf ;xfos uGyx? klg ksfzdf cfPsf 5g\. agf/;af6 em/fjfbL cfGbfngsf cf/De ePsf ;dodf ev/ snhtkm kjz ub u/sf ljBfyLsf slnnf dl:tisdf sfJos eflifs cfGbfngsf txdf ;xefuL aGg kfPsf ;Gbex? tkfOsf uGyn ;flo u/sf 5g\.

tkfOsf ;hgsfo gf6ssf lfqdf klg TolQs zlStzfnL ePsf dx;'; xG5 . :j/sNkgfTds lrGtg / dgflj1fgsf ljlzi6 kofu cflbsf sf/0f gkfnL gf6s k/Dk/fsf kl5Nnf r/0fnf0 tkf0n kltgwTj u/sf blvG5 . To:tf gf6sx?df oftgfdf 56k6fPsfx? -@)#(_, hdGt÷hdf -@)$!_, jjs07 PS;k; -@)$@_, ptfsf af3 -@)^@_ h:tf gf6Ø sltsf cfwf/df tkf0 ;hgIfdtfdf lglxt gf6Ø rtgf lgs hLjGt agsf 5 . o:tf sltsf cfotgdf tkf0sf lrGtg / rtgf ljlzi6 ;jbgfsf cfwf/ ag/ kf7s hutÙf k:tt ePsf 5g\.

;Dkfbgsf szntf klg tkf0df kf/lDes hLjgblv g ljsl;t ePsf lyof . tkf0af6 ;Dkflbt sltx? tkf0sf agf/; a;f0s ;dodf ;fjhlgs ePsf 5g\. To:tf sltx?df Toltv/ w/ t bjsf6faf6 ;lht sltx? k/sf 5g\. pbfx/0fsf lglDt dfofljgL ; ;L -!)@$_ gj;/; -@)@$_, cfsfz afN5 -@)@%_ s6s -@)@^_ kfr cf6f slt bjsf6faf6 ;lht 5g\. To:t ;d;fdlos ;femf syf -@)$!_ gkfnL lgaGw efu @ -@)$*_, xf:oJoªlo sljtf ;ªlx efu @ -@)$*_ ;Dkflbt sltx? . o:tf sltsf dfWodaf6 kf7sn zdfnf0 lrGg / cfTdLo 7fGg cj;/ kfKt u/sf 5g\. oltdfq xf0g, tkf0 cgjfb Ifqdf klg TolQs nfslkotf :ki6 5 . tkf0n ljleGg efiffsf ;fduLnf0 gkfnLdf cgjfb u// leqbfpg sfd klg ugePsf 5 .

To;f t cglbt sltx?df aªlufnfbzsf ;dsfnLg syfx? -@)$(_ zLifsdf ePsf cgjfbn tkf0nf0 syf cgjfbssf ?kdf lrgfPsf 5 . k;/s's/ -kfls:tfgL pkGof; @)%!_sf cgjfbaf6 klg kl/rt aGgePsf 5 . To;/L g /l8of znLk:ts -@)%%_, gkfnL sfl/ofnL zAbsfz -@)%^_ cflb sltsf cfwf/df tkf0sf cgjfb snf / zAbsfz lgdf0f tyf ;Dkfbgsf snf klg kf7shutNo aGg kusf 5 . o:tf lsl;dsf tkf0sf ;hgfrt, kltef / ;fwgfn uxgtd ofubfg lbg sfd u/sf 5 . olt dfq xf0g, gf6ssf kbfd~r;Dd klg tkf0sf rtgf lj:tf/ ePsf ;Gbe oxf pNnv ug kg ljifo agsf 5 . o:tf cgs ljifodf ePsf lqmofsnfkn Psftkm tkf0sf ofubfgnf0 kf~hn klg agfPsf 5 eg sltkonf0 tkf0sf oyfyjfbL ;fr / tt\tt\;Gbesf cleJolStn 6fpsf klg bvf0lbPsf 5 .

sLltk/sf df3 hf8fsf gfªlf rf/Ldf a;/ abfd vfb ;flxTosf ;fdlos kjlQsf ax; ePsf t ofb xfnf lg–tkf0NffO . sIffaf6 cjsfz ePsf ;do kfpgf;fy ljifo ;Gbe cg;f/ xfdf ax; rNYof–;flxTodf g . wjrGb uftd / wj ;fksf6fsf pkl:ylt, tkf0 / d/f pkl:yltdf /flknf / kfl/nf 3fd tfKb Ps dfgf abfdsf ;dfkg;u xfdLdWo s;

Ps hgfsf /rgfsf ax; / kl/dfhg ;dfKt xGYof . o; qmddf d/f lgaGw / ;dfnfrgfdfly 5nkmn xGYof . tkf0sf gf6s / ;dLIffdfly 5nkmn xGYof . wj ;fksf6fsf syfdfly / wjrGb uftdsf gf6s / syfdflysf 5nkmn . o; ax;af6 kl/rosf eP/ ksfzgsf 6landf kUby . uftdsf åGål / cfunfuL o; 5nkmnaf6 kf; eP/ ksflzt gf6s / syf xg\. tkf0sf l;6La;df uhGbdfIf / hdGt lgaGw / gf6s o; 5nkmnaf6 kfl/t eP/ ksfzgdf cfPsf lgaGw / gf6s xg\. d/f ca d/f Sof;6 vN5 lgaGw / ;8s sljtf klg o; ax;af6 kfl/t eP/ ksfzgdf cfPsf xg\. ;fksf6fsf sg sg /rgfdf 5nkmn eof, Tof rflx clxn 7ØfSs oxL xf eGg l:ylt /xg .

xfdL tf/fgfy zdfsf pkl:yltdf klg ax; ubYof . xfdL ;femfsf sfofnodf si0frGbl;x kwfg;usf ax;df klg kUYof . tkf0nf0 yxf 5 ls eNgeof dwkssf ;Dkfbs szj/fh lk8fnL / gf/fo0faxfb/ l;xsf sfosIfdf ku/ klg ax;d h6sf xGYof . Ps lbg gf/fo0faxfb/ l;xn cf^gf b/fhaf6 lems/ Pp6f x:tlnlvt ;dLIffTds /rgf bvfpgeof / eGgeof–oL o:tf klg xG5g\;dLIfsx?, xgxf;\tl eg/ To; nvsf ljzif 7fpdf cfnfn bvfpgeof . nvssf gfd klg kl/lrt lyof / nv dwksd 5flkgk5 eGg sf/0f klg vnsf / dxfnvfn kofu ug xl/of d;Lsf l;kmfl/; lyof . tL l;kmfl/stf Toltv/sf gfdb c~rnfwLz lyP . tL klg k'jlt/s c~rnsf xflsd lyP . cfh tkf0;u eGb 5–tL l;kmfl/;stf hLjt 5g\t/ ;Dkfbs / ;dLIfs bjnf0 af0af0 ul/;Sof xfdLn . c t oltv/ d tkf0;u oL uGyg ul/xsf 5 .

tkf0 / d/f pkl:ylt nUs/0f uªlfbjL rfw/L snfdlGb/sf ;:yfkg sfndf klg ;nUgtf lyof . Toxf cWolotf j;Gtsdf/ rfw/Laf6 xGYof / xfdL ;b:ox?df xl/x/ zdf, ls/0f dfgGw/, /fhGb ;jbL, dfxg/fh zdf / ;b:o ;lrjdf Toxf cRot/d0f clwsf/L xgxlYof . cfh j;Gtsdf/ rfw/L ljZjsfJoofqfsf cleofgdf h6lePsf 5 . ofqfaf6 km;b kfpgeof eg of klg kl9xfNg xfnf Û v/ gk9 klg k9ln k9lnfg\. oL t eP Toltv/sf uGyg . o;kN6sf df3 em/Lsf lr;f cfo3f6, To;dfly klg tkf0 aXdgfndflysf lrtfdf lr/lgbfdf dUg alg;SgePsf 5 . uGyg slt ug < dfsf ldNof / tkf0;u e6 klg eof eg kml/ s/f u/fnf Û

clxn xfdL ;asf cfvf lr;f 5g\. vn/ afNg s;sf dg 5g . tkf0;usf ;xsfodf h6lg / km6lg klg oxflg/ cgxf/ dlng kf// r/Lkm/L bvf0/xsf 5g\. d eg tkf0;usf dfg ;jfbaf6 ljlR5Gg aG5 . lrtfdf

;'tsf tkf0sf dvdf clUg kl/;s;sf /x5 . wjfsf nKsf lgs dflydfly pl8;s;sf rx5 . kfl/kl§sf l;9Ldf gfRb u/sf afb/x?sf cfjfhaf6 d lgs eml:sG5 . wjfsf nKsfdf blvPsf tkf0sf cgxf/ la:tf/ la:tf/ wldnf aGb uof / lanfof . dn cgfof; eg u8af0 dfxg/fh zdfnf0 .

YY

;flxTo ;j4g sfjb, gkfn

‘;flxTo ;j4g bi6f ;Ddfgaf6 ;Ddflgt

@)&) kf-8f-szjk;fb pkfWofo .
@)&! kf-lzjufkfn l/;fn
@)&@ kf-dfxg/fh zdf
@)&# kf-7fs/ k/fhnL
@)&$ kf-bof/fd >i7
@)&% blw/fh ;jbL

.xl/x/ zf:qL ;fljqLbjL ;flxTo k'/:sf/–@)$%

@)&) kf- 8f- jf;bj lqkf7L
@)&! kf- si0f uftd
@)&@ sGtf zdf
@)&# k0o v/n
@)&$ tf/fgfy zdf
@)&% efpkGyL

.ljZjHoflt ;jf ;Ddfgaf6 ;Ddflgt

@)&! >L ;To ;f0 sGb, k'j sf7df8f
@)&@ >L ;To pBfg, nlntk/
@)&# zfGtbf; dfgGw/
@)&$ hutN¿ cfbz ;:st u¿snd\
@)&% gkfn Psls t bli6ljxLg ;3, nfnfª

.zf/bfbjL l;hgf k'/:sf/af6 ;Ddflgt

@)&@ uLtfsz/L
@)&# eflu/yL >i7
@)&$ ejg 9ªNfgf
@)&% dfof 7s'/L

./flwsf–kbd–b'uf sfJo sljtf k'/:sf/af6 ;Ddflgt

@)&@ 8f- 6Lsf/fd clwsf/L
@)&# kf-8f-j0fLdfwj 9sfn
@)&$ /dz vs'/n
@)&% 8f-ljiO0f/fh cfqo

.hDas'df/L–6LsfaNne ;flxTo ;Ddfgaf6 ;Ddflgt

@)&# k/z kwfg
@)&$ 8f- /fhGb ljdn
@)&% u0fz /l;s

.u'¿ /fdk;fb >i7 ;flxTo ;Ddfgaf6 ;Ddflgt

@)&$ /flx0fLljnf; n06n
@)&% afnsi0f pkfWofo

.lgdnf–kd ;flxTo ;Ddfgaf6 ;Ddflgt

@)&$ gkfn afn ;flxTo ;dfh
@)&% kdfb kwfg

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snf / ;flxTosf bfefg M ngl;x jfªbn

/fd;'Gb/ bphf

gkfnL snf / ;flxTo lfqsf Ps oz:jL ;fws xg\ngl;x jfªbn . lj-;- !(*! ;fn k'; (ut zlgaf/ ef/tsf klZrd aªufn /fHo cGtut /xsf bflhlnª zx/sf tse/ lrof aufgdf lktf /ªunfn jfªbn / dftf rGbkef jfªbnsf sfvaf6 pgn o; 3/df klxnf kN6 cfvf p3f/ . pgsf k'jhx? k'jL gkfnsf vf6fª lhNnfdf /xsf /fjfvfnf kfl/kl§sf jfªbn ufpdf /xsf lyP . kxf8L lfqdf pAhgL /fdf gxg / cfwlgs slif cfhf/ tyf dn alpsf cefjdf jifel/ dxgt ubf klg plrt kltkmn slifaf6 kfKt gxbf gkfnLx? sfd / dfd vfHb eftfl/Gy . ef/tdf al6z ;fdfHo lyof / gkfnn klg ;'ufnL;lGwdf bfhlnª, l;lSsd / sflnDkfªh:tf dxÎjk0f e\"efu udf0;s;sf lyof, oBlk Toxf clwsfz gkfnLx?s a;faf; 5 . eÜfnn ef/t eP tfklg dg pgLx?sf clxn klg gkfnL g 5 / clxn klg pgLx? gkfnnf0 c;fWo dfof u5g\. cflys cefj emln/xsf gkfnLx? Toltv/ bflhlnªdf sfd kf0G5 / egkl5 Tot nfUg yfn . oxL qmddf ngl;x jfªbnsf afh klg kl/jf/ ;lxt sfd / bfdsf vfhLdf bflhlnªdf k;' . ToxL pgn 0dfGbf/ / stJolgi7 e0 sfd u/ . To;kl5 pgsf kl/jf/ ToxL a;faf; ug yfn .

ngl;x jfªbnn klg ;fgblv ;ª3ifdf hLjg latfP . Ps jif gkUb pgsL cfdfsf lgwg eof . pgsf kfngkfif0f pgsf lktf / kmkäf6 xb lyof . kml/ kmkh klg pgnf0 5f8/ u0g\. pgsf kf/lDes lzIffsf ;'¿jft lktfhLaf6 eof eg tse/ lrof aufgs Pp6f ;fwf/0f kfylds kf7zfnfaf6 pgsf lzIff/De eof . k9f0 ;u;u pgL lrq agfpg klg ¿lr /fVby . kfslts bZox? xb lrq agfpg ub ubf pgnf0 5/l5dsdf tLhsf ;dodf 3/–3/df uP/ leQfdf bjLbjtfsf lrq agfpg afnfj6 xg yfNof .

lrqsnfdf ?rL ePs sf/0f !% jifsf pd/df P;-Pn-;L- kf; u//pgL sfnsftf -tTsfnLg snsQf_ u0 uedG6 snh ckm cf6 P08 qmof^6 (Government College of Art And Craft) df egf eP / Toxf pgn ^ jif;Dd snf l;s . pgsf snf l;Sg efs cem d/g / pgL kmfG;sf kl/; hfg rfxGy . To; qmddf pgL klxn anfot ku . Toxf #

dlxgf al;;sKl5 kmfG; uP . kmfG;df $ jif latfPkl5 pgL kgM anfot kms . To; ;do;Dd pgn lgs Voflt sdf0;ssf lyP . Toltv/ anfotdf gkfnsf tTsfnLg /fhf dxGb ;u e6 eof . dxGbn pgnf0 gkfn cfpg cfux u/ . pQm cfuxkZrft\pgL gkfn cfP . To;avt cyft\lj:;: @)!& ;fndf gkfn /fhsLo k1f klti7fgdf Pp6f ;b:o kb l/Qm lyof . pQm l/Qm kb lj:;:@)!^ ;fndf dxfslj nIdLk;fb bjsf6fsf lgwgkZrft\l/Qm /xsf lyof . To;df pgL lgoQm ul/P . To;kl5 lj:;: @)#) ;fndf k1f klti7fgsf pksnklt / lj:;: @)#% ;fndf klxnf k6s snklt / lj:;: @)$) ;fndf bf;fk6s snklt lgoQm xg ;fefUo pgnf0 ldNof .

lrqsnfsf ;fy;fy ;flxlTos Ifqdf klg ngl;x jfªbnnf0 plQs ¿lr lyof . ;/sf/L xf0:sndf ;flxTo k9fpg pgsf lzIfs lyP – ;ð ljqmd 1jfnL / w/0fLw/ sf0/fnf . o;af6 klg ;flxTo l;Sg pgnf0 w/ 7'hf k/0ff ldNof . To;tfsf pgn xf0:sns klqsfdf eUg hLjgU, :dlt cflb syfx? nv/ 5kfP . lj:;: @))# ;fndf pgn :sndf ePsf syf kltoflutfdf cGwfsf cfvfU zLifsdf kyd k/:sf/ lhTg ;kmn klg eP . pgL ;fgblv :jfledfgL ksltsf lyP . s;n lh:SofPsf, luHofPsf pgL ;xg ;Sbgy . :sn k9b ubf Ps lzIfsn– ufos lstg ko/ xft x < -uf0sf sltj6f v§f xG5g\<_ egL lxGbLdf u/sf kZgnf0 pgn – uf0sf rf/ v§f xftf x, egL hjfkm lbbf sIffsf ;a ljBfyLx?n xf;/ luHofPsf lyP . :sndf lxGbL efiffd k9f0 e0/x klg pgsf dftefiff lxGbL gePsfn pgL lxGbL afNg Tolt /fd/L hfGbgy . ttkZrft\pgnf0 dgdf ulx/f rf6 k¥of / pgn To;sf 0v lnP/ lxGbL efiff l;s/ g6gfu/ >Lsi0fU zLifsdf lxGbLdf syf nv/ xf0:sns klqsfdf 5kfP/ ;anf0 rlst kfl/lbP .

sfnsftfdf /xbf pgn :jfWoognf0 lgs a9fP / cf^gf hLljsfkfhgsf nflu sdl;on cf6 klg ug yfn . rnlrqsf kfi6/x? agfpg / cGo lrqx? agf0 cfocfhg ub cf^gf uhf 6fg yfn . lkmNsf kfi6/x? agfpg qmddf sfnsftfsf kl;4 lkmNd lgbzsx? cf:;L: ufªUnL / ;TohLt /fo;u klg sfd ug yfn . sfd gePsf ;dodf pgL cWoog ug / nVg uy . pgsf lj:;: @))# blv lj:;: @))(;Dd ;flxTosf nflu lgs pj/ ;do /xof . ljZjsyf;ªux, df0t3/, dnsaflx/ / nªU8fsf ;fyLh:tf sltx? ToxL ;dosf l;hgfx? xg\. ToxL ;doleq gkfnsf dxfg\gf6ssf/ afnsi0f ;d / /fhgLlt1 tyf pkGof;sf/ ljZjZj/k;fb sf0/fnf;u klg e6g dfsf

ldNof / pxfx?sf kfT;fxgn sfnsfQfdf a:bf g keftU ;flxlTos klqsfsf ;Dkfbg klg ug EofP .

;flxTodf pgL dh'tM pkGof;sf/sf ?kdf kl/lrt 5g\. pgsf ksflzt pkGof;x?df dns aflx/ -lj:;:@))$_, df0t3/ -lj:;:@))^_, nªU8fsf ;fyL -lj:;: @))*_ / /DafG6 -lj:;:@)@^_ /xsf 5g\. dns aflx/ pkGof;df u/La gkfnLx? cflys cefjnf0 k'/f ugsf lglDt gkfn aflx/ sfd vfHg hfg kl/jf/sf lrq0f ul/Psf 5 . To;u/L df0t3/df nfUgn ;fx xnf ug / df0tdf a:g klg nfsfrf/n ubf a:g gldNg clg sxL 7fp gkfpg ljjz gf/Lx?sf bf?0f syf pEof0Psf 5 . nªU8fsf ;fyLUdf lg/Gt/ dfUb lx8g Pp6f nªU8fsf xboljbf/s syf ;dl6Psf 5 . /DafG6U rflx xNof08sf dxfg\lrqsf/ /DafG6sf hLjgLdf cfwfl/t pkGof; xf . jfªbn pkGof;df oyfyjfbL ;fdflhs kl/jz snf0Psf xG5g\. pgsf pkGof;df /xsf csf ljzliftf xf – eflifs rdTsf/ / dfgjLo s¿0ff . ;/n, ;afw, :jfefljs t/ tLj kefj ePsf ;jufTds efiffsf kofu pgsf kjlQ xf . dfgj dgsf ulx/f0 5fDg pgsf lzNk xf . dfgj efj / ksltsf ?knf0 zAb lzNkn ;dfofhg ug g pgsf ;kmntf xf . ;flxlTos Ifqdf pgn dfqf ;:d/0fnf0 klg zAb lzNkn pg/ cfkm 3dh:tf ;u;u 8f¥ofpg ;kmn ePsf 5gV dl:tisdf ToxL lrqx? 5fof agL ;Nanfp5g\. pgsf ofqf ;:d/0fsf sltx? 5g\. o/fksf lr7YL -lj:;: @)!$_ :kgsf ;Demgf -lj:;: @)@)_ /fdsf Pp6f km'h / kl/;sf Pp6f sf8f -lj:;:<_ . To;u/L hLjgLsf ?kdf ljZjsf^ dxfg\snfsf/ -lj:;: @)@@_ ksflzt 5 .

gkfnL snf / ;:sltnf0 gkfn / ljZj;fd lrgfpgsf nflu pgn o; Ifqdf cg;Gwfg ug yfn . sf7df8f pkTosfsf kfrLg k:t/ dl'tsf cWoogdf nfu/ kTos rfs / uNnL uNnLdf kuL dl'tsf sfn ljefhg / kmf6f lvRg sfd ub lx8 . To;kl5 pgn snf / ;:sltsf ljifodf oL sltx?sf ;hgf u/ . kfrLg gkfnL lrqsnf -lj:;: @)#$_, gkfnL k:t/snfsf 0ltxf; -lj:;: @)#%_, gkfnL dl'tsnfsf 0ltxf; -lj:;: @)#(_ . To:t cªUhL efiffdf ;hgf ul/Psf sltx? xg\- Early Sculptures of Nepal (B.S. 2039) Twenty fice Thousand Year of Nepalese art (B.S. 2044), stolen Image of Nepal (B.S. 2048), and Inventory of Nepalese Stone sculptures Kathmandu Valley (B.S. 2052) .

yk sltsf l;hgf ul/;ssf jfªbn snf / ;flxTo bjdf plQs ;kmn dflgG5g\. snfsf ljifodf nlvPsf The Stolen Image of Nepal sltsf pgn rfl/g cl3 / rfl/P kl5sf l/Qf 7fpsf tl:a/;dt /fvl/

!#) j6f x/fPsf dl'tx?sf ljj/0f lbPsf lyP . pQm k:ts ksflzt e0;skl5 gkfnaf6 x/fPsf dl'tx? lkmtf cfpg yfn . To;sf pbfx/0f:j?k kmlkª sdnkfv/Lsf jL0ffwfl/0fL ;/:jtLsf lz/ cdl/sfaf6 lkmtf cf0 /fli6« ;ª\xfno 5fpgLdf /flvPsf 5 . To:t kgftL -sfe_ sf lqj0fL3f6sf !$cf ztfAbLsf ;Ödl't / wlnvn -sfe_ sf pdfdxZj/sf dl't cflb yk dl'tx? lkmtf e0;ssf 5g\.

pgnf0 ;aeGbf a9L efj's agfPsf lf0f ;Dem jfªbn nV5g\xfdf 3/blv klZrdlt/ l5dsLsf af/L lyof . Tof af/L 8f8fd kYof / af;3f/Ln 9fssf lyof . Tof cUnf 7fpaf6 xbf tn w/ 6f9fdf /ª\Lg j0fsf blvGYof . To; cUnf 7fpdf kfoM ;w hfg uy . le/fnfdf cK7/f u/L cl8Psf 7'hf r§fg;/xsf Pp6f 9ª\f lyof . To;dfly a;/ /df0nf kfslts bZox? xl//xGy . To; 7fpaf6 blvg kxf8, hª\n, gbL, tnlt/sf ufp / lxdfnsf bZo xbf Tolt ;fgf pd/df d efj's xGy .Ps hf8fsf lbg 8Nb d Toxf ku . lbg 9Nsg nfusf lyof . klZrddf 8Ag nfusf 3fdsf ls/0f s~rghª\3fdf k/sf blvGYof . xg t cl3 klg s ogkN6 o:tf bZo bvsf lyP t/ To; lbg lsg lsg Tof bZo d/f cfvfdf c;fWo /df0nf nfUg yfNof . ;fem kg cem sxL afsL g lyof . af;3f/Laf6 8Ag nfusf 3fdsf kxnf cfef lxdfnsf r r/fx?df k/sf blvGYof . Tof emgemg ;gfnf /ª\df kl/jtg xb cflv/df unfkmL ldl;P/ xbfxb ;Öf:t ;u;u lanfP/ x/fof . To; lbg Tof bZo x/sf x¥o eP . dnf0 cem klg ;Demgf 5, Tof bZon d/f dgdf slt ulx/f 5fk nuf0lbof . dleq hg ;fgf lrqsf/ hGdsf lyof . kfslts ;fGbon To; lbg lrqsf/ aGg slt 7'hf k/0ff lbPsf lyof .

;fRr pgL snf / ;flxTodf Ps cys ;fws xg\. dnf0 t eGg dg nfU5 pgL ;flxTo kf/vL snf ;f/yL xg\. snf / ;flxTosf Ps l;ª\f ;:yf xg\/ 5g\. pgL snf ;flxTosf ;Gb/ bfefg . ;flxTonf0 pgL o;/L cYofp5g\–;flxTo /rgfn vf; u// dgkg ;flxTo h:t sfJo / c? dgkg uB /rgfx? k9\gfn hLjgnf0 ;w 1fg / cfgGb lbG5 / o:tf cfgGb c? sg dfWodaf6 kfpg ;lsbg h:tf nfU5 .

;Gbe ;f t

!: ngl;x jfªbnsf slt–dn's aflx/, df0t3/, nª\8f ;fyL, /DafG6, o/fksf lr7L, :kgsf ;Demgf, Stolen Image of Nepal

@: hgdt – ngl;x jfªbn :dltcª\s .

#: clf/leq ;i6fx?M hgdt ksfzg .

YY

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gkfnsf k'n:To Clift'No dbgdl0f bLlft

ljj0f'k;fb zdf k/fh'nL

!: ljjifokjz

c;n dflg; hlt nfdf afr klg ;dfhnf0 5f6f g nfU5, t/ 8/dfGg'kbg, lsgeg c;n dflg;n 5f8/ uPsf b'ufdL ofubfg, sfnhoL sltn To:tf dflg; ;dfhdf oufou;Dd aflr/xG5g\. kfrLg Clifdlg k'n:To, cu:To, cqL, ef/åfh, uftd, hdblUg, jlzi7, ljZjfleq, k'nx, jbJof;, jfNdLls cflbn *–!) xhf/ jif klxn u/sf /rgfTds sfdsf cfhsf lbg;Dd klg rrf kl/rrf e0/xsf 5 eg cgGtsfn;Dd e0/xg5 . cfhsf oudf klg To:t sd ugx?sf dNofª\sg cfufdL xhf/f jif;Dd e0/xg5 . of eflts z/L/ ;an Ps lbg 5f8\gk5, t/ ;dfhnf0 ;xL af6f bvfpg lgM:jfyL sdofuL dfgj ltg Clifdlgsf sfd em ouf;Dd pHHjn tf/f ag/ dfgj ;dbfo aLr rlDs/xG5 .

xfdL a;sf of lxdjTv08, dxfg\lxdfnL pkdxfåLk dfgjhfltsf pb\d, dfgj ;Eotfsf ljsf;, ljljwtfoSt wd / ;:sltsf hggL xf . sn @ xhf/ #)) lsnfld6/ nDaf0 lfq cfu6sf lxdfnodWo gkfn lxdfnon dfq sl/a (;o lsnfld6/ nDaf0 cfu6sf 5 . gkfnsf o; lxdfno lfqaf6 g jb, k/f0f, pklgifb\/fdfo0f, dxfef/th:tf uGyx?sf /rgf ug ljbifL Clifdlg kfrLg gkfn lxdfno j/k/s Clifdlgx? xg\. jlbs ;flxTodf /xsf kfrLg 0ltxf;, dfgj ;Eotfsf ljsf;qmd, 9ª\ou, ;–;fgf u0f / ;dX, dft;QfTds ou, lkt;QfTds ou, kzkfng, slif, cfhf/x?sf lgdf0f, lrlsT;f lj1fg, lj1fg, jzfjnL, hLjg bzg, hLjg Jojxf/af/ w/ dflg; cgle1 /xsf 5g\. jbsf Crf s07 u/ tfklg To;sf cyaf/ cfd dflg;n ;xhtfsf ;fy yfxf gkfpbf To;sf dxÎj l;ldt aGg kUof .

jlbs ;flxTodf ePsf 3dGt ou, kzkfng, slifdf kjz xb 3/Jojxf/df kofu xg ef8fs8f, cfhf/, xftxltof/ cflbsf lgdf0f / cg;Gwfgsf af/df jlbs ;flxTodf pNnv ePsf ljifonf0 ;fwf/0f dflg;n ;xhtfsf ;fy aeg u/L JofVof ljZnif0f ul/Pg . jlbs ;flxTosf dxfgtfaf/ ef/tdf sxL cg;Gwfg / ljZnif0f ul/P tfklg To;nf0 :yfgLos/0f u/L Pltxfl;s lxdjTv08sf ki7eldnf0 kl5Nnf ;do cfemn kfb hfg yflnof . jlbs uGydf pNnv ul/Psf axt\

ljifox?dWosf tLn a/fa/sf Ps ;fgf cz hLjgbzgnfO gkfn / ef/tdf s jn ;:sf/ut s/fdf dfq l;ldt ul/of . cGo ljifosf cWoog dgg ePg . xbfxb olt;Dd ul/of ls ;gftg lxGbwd / lxGbwdsf ljsf; xgeGbf xhf/f jif klxn l;hgf ul/Psf jlbs uGy / ;lxtfnfO ;gftgL lxGbsf blgs hLjgsf ;:sf/ sfodf l;ldt ul/of .

kf/:To ;flxTodf ePsf ;dfh ljsf; lj1fgaf/ cfvf lrDn/ hLjg / dTo, k'j hGdsf sdfOn o; hGddf ;v / bVf efUgk/sf / o; hGdsf bfgsdn csf hGdsf ;wf/ ug eGg s/fdf kfrLg jlbs ;flxTodf ePsf lj1fgnfO l;ldt ul/of . cfd gful/sn jb, pklgifb\/ k/f0fx?nfO dfgj ljsf;sf r/0fsf Clifdlgn lgdf0f u/sf uGynfO sfNklgstfsf hnk nufP/ To;sf, dd, ;f/, vfh, lj1fg, Oltxf;, ;:slt, ;dfh ljsf;sf r/0f cflbnfO cfemndf kfl/of . blIf0f Plzofsf cfd gful/sn cf^gf lxdfnL kbzdf hGd/ ToxLsf afl;Gbfn l;hgf u/sf jlbs ;flxTonfO ;/n / ;xh tl/sfn a‰g kfPgg\. gkfnsf jtdfg oudf hGdsf Ps tk:jL xg h;n ;du jlbs ;flxTosf cWoog / cg;Gwfg u/L tL ;flxTodf ePsf ou, Toxf JoSt ul/Psf ;dfh / hLjg k4lt, ;Eotf, hLjg / d/0f, gf/L / k¿ifsf ou / ofubfg cflbaf/ Ps–Ps zAbsf cWoog u/L ltgsf ;/n / ;'Td ljZnif0f;lxt ;an a‰g efiffdf gkfnL ;dfhdf /flvlbgeof . To:tf jlbs ;flxTosf 1ftf, ljZnifs, j1flgs, cg;Gwfgstf, ljåfg\/ ldng;f/ JolQmTj xgxGYof cfb/0fLo dbgdl0f bLlIft .

jb, k/f0f, pklgifb\aXd;q cGo kfrLg jlbs uGyx?df plNnlvt ljifox? lzj nlIft xg\. lzj egsf kljqtf, sNof0f, cdTfTj / ;a nfssf k/fksf/L dfgjtfjfb xf . To; ousf dfgjtfjfb clxnsf ;oSt /fi6«3n egeGbf cem ljzfn / ulx/f0df ku/ JofVof ul/Psf lyof . lxdfnL o; pkdxfåLkdf To;df klg cem gkfn j/k/sf eËfudf pAhsf Tof jlbs bzg, uGyx?df JofVof ul/Psf ljifoj:t dfgj / kslltsf enfsf nflu l;lht bzg xf eGg s/fnfO pxfn a8f ;/n efiffdf kf7s ;dIf /flvlbgeof . Clif kn:Ton ;du dfgjhfltsf dlQmsf nflu cfheGbf sl/j *–(xhf/ jif klxn gkfnsf DofUbL lhNnfsf jgL glhs tk:of u/sf lyP . kn:To Clifsf cf>d knxfrf/df agLblv tLg lsnfld6/sf b'Ldf /xsf 5 .

kfrLg kn:To, jbJof; cflbn tk u/L l;hgf u/sf kfrLg jlbs bzg / jlbs ;flxTosf tks znLdf cWoog u/L xf;n kfgLaf6 bW lgsfn em -gL/IfL/ ljZnif0f_ To;sf s;f–s;f snfP/ ;/n ?kdf sl/a rf/ bzg k:tsx?, jlbs ;flxTodf cfwfl/t dfwjL, eld;Qmh:tf

pkGof;, nv / kqsfl/tfsf dfkmt gkfnL ;dfhnfO lbgeof . nIDfLk;fb bjsf6fsf dgfdbg gkfnLsf 3/3/df ku em tk:of/t /xL pxfn / rgf ugePsf sltn jlbs bzg / ;flxTonfO gkfnLsf 3/3/df k¥ofpg d2t u/sf 5 . pxfn /rgf ugePsf dfwjL, lxGb;:sltsf kl/zLng, Tof ou, CUjbsf sxL kdv ;Qmh:tf sltnfO cª\hL;lxt ljZjsf cGo efiffdf pNyf ug kfPsf eP tL sltn ljZj :t/sf dfGotf kfpgsf ;fy of lxdfnL pkdxfåLkdf ePsf bzf xhf/ jif k/fgf dfgj ;Eotfaf/ 1fg xfl;n ug kfpg lyP . To;f xg g;s tfklg blIf0f Plzofdf eg jlbs ;flxTosf cg;GwfgTds k:tltdf pxf cfnfdf uGg ;lsg ljåfgleq kgxG5 . k'j jlbs / jlbs ;dfh Pj ;Eotfdf dbgdl0f bLlIftsf ulx/f cWoog lyof .

pxf cToGt lg8/, ;zSt / kv/ kqsf/ / km6fkqsf/ klg xgxGYof . pxfsf Tof ;fv lyof tfklg sf7df8fdf ef8fdf a;sf jnf Tof km6fufkmL hLljsfkfhgsf Pp6f ;fwg klg agsf loof . gkfnL ;dfhdf pxfsf ;flxlTos ofubfg dxf;fu/ hlQs ljzfn / ;u/dfyf hlQs pRr 5 . pxfn pkGof;, syf, lgaGw, jlbssfnLg ;dfh, bzg /lrGtg, jlbs ;flxTo cflb ;adf plQs snd rnfpgePsf 5 . Tolt xbfxb klg ;fwf/0ftof s;n cf6 ug g;Sg clt axt\Ifq kfrLg jfª\dosf axt\cWoog, jbsfnLg ;dfh, ljsf; / ;Eotfsf vfh / tL vfhnfO j1flgs ?kdf dfgjlxtlglDt ;fw ug/xsf 5 .

gkfnL ;flxTodf k'jLo / klZrdL bzgsf ulx/f0df ku/ Toxf /xsf h/fx?sf cj:yf / sf/0f yfx kfP/ To;nfO ;dfh ljsf;sf r/0fj4 sfnqmddf /fVg l;4x:t dlg, lrGts / j1flgs xgxGYof pxf . jlbs ;flxTonfO jlbs k/Dk/fdf kh'f ug, elQmefjdf k9g, nVg t w/ 5g\ t/ To;nfO ;fdflhs ljsf; qmdsf lj1fgsf vfhsf cfwf/df ljZnif0f ug ef/tdf klg sd 5g\. pxfn jbsf kfrLg CUjbsf Crfsf s;f s;f snfP/ ;/n 9ª\n cy /fv/ hLjgfkofuL tskf'f JofVof ugePsf 5 . h;n ubf jbsf efj a‰g rfxgnfO d2t ldN5 . jL/u~hdf lzIfs agblv w/n pxfnfO df8\fj eg/ lRfGb5g\.

@= hGd / afNosfn

dbgdl0f bLlIftsf hGd lj=;= !(&(kmfug ^ ut sf7df8fsf u/Lwf/fdf bLlIft kl/jf/df ePsf xf . pxfsL dftf lji0fsdf/L bjL / lktf nld0fdl0f cfrfo bLlIftsf cf7 ;GtfgdWo pxf t;f ;Gtfg xgxGYof . To; jnf gkfndf /f0ff zf;g lyof . bLlIft kl/jf/n To; jnf /f0ffsf b/af/df gfs/L uby . dbgdl0f bLlIftsf lktfn klg rGbzdz/sf b/af/df sfd ugxGYof . ;fdfGo gkfnL kl/jf/n vfg / hLjg wfGg w/ si6 ugkg ;dodf dbgdl0fsf jfNosfndf pxfsf 3/df sdf/f sdf/L / ; ;f/x? lyP . pxfnf0 klg /f0ff / /fhkl/jf/sf ;Gtfgnf0 em wf0cfdf / ; ;f/n nfngkfng, :ofxf/; ;f/ u// xsfPsf lyP . Ps k6s pxf ;f9 b0 jifsf xbf pxfsf lktfhLsf ;¿jf aDadf eof / pt hfgeof . aDa hfgeGbf klxn pxfx? dfdf3/ agf/; hfgePsf lyof . kGw dlxgfsf xbf 7'hLcfdfn pxfnf0 jfNdLls /fdfo0fsf Znfs 3fsfpg yfNgeof . 3fsfpg yfnsf bf;f dlxgf cyft\;q dlxgfsf jnf ;anf0 crDd kfg u/L dbgdl0fn Tof cYf;f/ Znfs bfxf¥ofpgeP5 . pxfn egsf Znfs o; ksf/sf lyof– *df lgiffb kltiTf Tjdudl zfZjtL ;df . ot\ qmfGrldygfbsdjlwl sfddflxtd\..* pxf To;kl5 aDa hfgeof . Ps lbg cfdfafa;u aDa0df kmfG;nL snfsf/x?sf ;s; xg hfg qmddf aUuLaf6 cfnbf pxf eL8df 56'geof t/ sxL ;dokl5 g lktfhL cfP/ pxfnf0 lnP/ hfgeof . agf/; / aDa u/L ;f9 rf/ jif a;sf jnf pxfn dftflktf / cGo kl/jf/;u a;/ k9'g yfNgeof .

dbgdl0f bLlIftsf jtaGw kfr jifsf pd/df sf7df8fdf eof . pxfsf jtaGwdf rGbzdz/n cf^gf tkmaf6 leIffbfg lbg Ps s0fn dfkmt ;fdfg k7fPsf lyP . ;fxL lbgblv pxfsf w/0fLw/ e§/f0 dfkmt cIf/fEe u/f0 *c cf* nVg l;sfpgeof . To;kl5 pxfx? xf8Lufpsf 3/df ;geof . To;kl5 lzIffsf kf/De ;:st / cª\uhLdf 3/df g xg yfNof . pxfsL dftf lzlIft xgxGYof / /fdfo0f kf7 ugxGYof . To; jnf pxfsf kl/jf/ af/f lhNnfdf a:Yof . Ps k6s kl08tn df8\;fjsL dftfhL;u *s;n jfNdLls /fdfo0f gla/f0sg af0;k6s kf7 u¥of eg Tof dflg; >ltw/ xG5l* eGfsf ;Ggeof . pxfn kfr jifsf pd/df /fdfo0fsf Znfs s07 u// dftfhLnf0 ;gfpbf ;a tLg5Ss k/sf lyP . u¿n egsf ;g/ pxfn klg /fdfo0f k9'g ;¿ ugeof / !& k6s ;Dd k9'geof .

agf/; dfjnL, sf7df8f / jL/u~hsf ofqf pxfn ;fg pd/df w/ k6s ugeof . lj:;: !(($ df pxf agf/; uP/ sl6ª ddfl/on xf0:s'hdf sIff cf7df egf xgeof . To;kl5 jfNosfndf g pxfn z/RrGb r§fkfWofosf lxGbLdf cgjfb ul/Psf syfx?, cª\uhL ;flxTosf pkGof; k9'g yfNgeof . Ps lbg ha pxfn pkGof; k9b xgxGYof To; jnf lktfhLn xsfb pkGof; k9/ 1fgL aGg ;lsbg, To:tf k:ts k9'g xbg egkl5 pkGof; k9'g 5f8geof . afNosfnblv g pxf tLI0f al4sf xgxGYof . afNosfnblv g blvPsf pxfsf ;aeGbf 7'hf :d/0f zlQm lyof . Tof Ifdtf pxfsf hLjgsf kl5Nnf ;do;Dd /xbf . pxfn

w/ k:ts cfkm'n ;;tL eGg / ;xofuLn nVg u/fP/ g ksflzt ugeof . ltlyldlt klg pxfnf0 s07 xGYof . pxfsf zeljjfx lj:;: !((% df3 @% ut af/f, snofsL sGof /Ltf -bLlIft_;u ePsf xf .

#: lzIffhg, nvg, cf/fx–c j/fx

rGbzdz/kl5 kwfgdGqL ePsf eLdzdz/n pxfsf kl/jf/;lxt cGo afxgdfly cGofo u/sf lyP . h4zdz/sf rfs/L gu/sfn pxfx? ;DklQ lkmtf ePg ;fxL sf/0f kgM lj:;: !((! ;fpg & sf lbg agf/; hfg afWo xgeof . pxfsf cfkrfl/s lzIff/De agf/;df eof . agf/;af6 cf0:P: / la:P: cWoog u/kl5 pxfnf0 ef/tdf g sg gfs/Ldf nuf0lbg pxfsf lktfsf rfxgf lyof, t/ dftfhLsf an / pxfsf rfxgf cg;f/ sfzL lxGb ljZjljBfnoaf6 ljBfljfl/lw;Dd ug ofhgf ugeof . agf/;df cWoog ug sfzL lxGb ljZjljBfnosf k:tsfno ljzfn lyof . Toxf tLg nfveGbf a9L k:ts lyP . bLlIftn To; k:tsfnodf a;/ kf7'b– k:tseGbf dflyNnf :t/sf cª\uhL efiffsf bzg ljifos, ;:st efiffsf ;flxTo ;DaGwL k:tsx? k9'g yfNgeof . k9'bfk9'b 5ftLdf k:ts /fv/ pxf lgbfpgxGYof . pxfn :gfts u/kl5 ;fxL ljZjljBfnodf *ef/tLo bzg / bzgzf:q* ljifodf :gftsfQ/ ugeof .

pxfsf l5§ s07fu ug ;Sg / :d/0f ug ;Sg ce'tk'j zlQm ePsfn pxfnf0 cWoog ug sl7g ePg . pxfsf hLjgsf kl5NNff ;do hg jnf dn klg e6'g cj;/ kfP, To; jnf ;GtfgAa jifsf pd/df klg pxfn cfkm'n vvtL eGg / nVg dflg;n nVg uby . pxfn w/ k:ts cfkm'h eGg / csf JolStn ;/f;/ nVg jf 6f0k ug u// g tof/ ugeof . pxfdf jbJof;df em :d/0f / wf/fjflxs ?kdf eGg ;Sg ce'tk'j Ifdtf lyof . dftfhLsf sfvdf a;/ afNosfndf g /fdfo0f jfrg u/sfn pxfdf kfrLg ;flxTotkmsf ¿lr a9b uof, cWoog klg To;tkm nlIft aGof / kl5 uP/ jlbs ;flxTosf Jofks vfh / cWoog u/L To;df sltx? hGdg yfn .

agf/;df bzgzf:qdf cWoog ububf Ps k6s pxfnf0 ;Gof;L aGg OR5f hfu5 . sl/a kGwj6f d7df ku/ Toxfsf d7fwLzx?;u ;Gof;L aGg s s rflxG5 eGg s/f a‰geP5 . lx8'g jnf tL dxfTdfn – *ltdLn lax ul/;s sf 5f eg ltdL >LdtLn ;Gof;L aGg :jLslt lbPsL 5g\t < ljjflxtnf0 kTgLsf cfbzau/ ;Gof;L xg wdzf:qn cgdlt lbbg . >LdtLsf cgdlt lnP/ cfpm* eg5g\. >LdtLaf6 ;Gof;L aGg cgdlt dfUbf /fte/ ?jfaf;L eof . cgdlt kfpgePg . To;kl5 pxfn Tof ;Gof;L aGg s/f 5f8'geof .

agf/;af6 *ef/tLo bzg / bzgzf:q*df :gftsfQ/ ug|ePkl5 pxfn| jlbs bzgdf ljBfjfl/lwsf ;DkOf tof/L u/| tfklg k/f ug| eg| kfpg|ePg . To;af6 pxf ljrlnt xg|ePg . jlbs ;flxTo / jlbs bzgsf uxg cWoog ug| hLjgsf clGtd lbg;Dd klg 5f8g|ePg . jlb vf;u/L CUjlb cWoog ubf CUjlbsf ;do slxnsf xf < CUjlbs sfneGbf klxnsf ;dfh s:tf lyof, dft;QfTds ;dfhdf gf/Lsf cj:yf s:tf lyof < lkt;QfTds ;dfh s;/L ljsf; eof EfGg| s/f Toxf JoSt ul/Psf ;dfh, kfq, syfsf ljZnlif0f ug| yfNg|eof .

pxfn| Tof jlbs oudf ePsf ;dfh / ;:sltsf rl/qsf cWoogfnf0 a8f ;/n 9ª\af6 ljj|rgf ug|ePsf 5 . To;n ;:s t / ;:s t ;flxTodf nlvPsf jbsf t s/ 5f8f ;fdfGo syfsf klg cWoog gu/sf kf7sn klg jlbs ;flxTo / bzgaf/ a‰g, ¿lr /fVg| / cWoog ug| cj;/ kfKt eof . To;n pxfnf0 Plzofsf pQ/jlbs ;flxTosf/ klg elgG5 . jlbs ;flxlTos 1fgdf pxf cyfx vfgL g| xg|xGYof . ljBfyL xbfsf ;dodf agf/; ljZjljBfnodf /xsf k:ts, cWoog ug cufw ¿lr, dftfhLsf k/0ff, 3/kl/jf/sf jftfj/0f / :d/0f ug| ;Sg hGdhft lfdtfn pxfnf0 jlbs ;flxTo, kqsfl/tf, syf, pkGof; cflbdf l;4x:t nv s aGg ;kmn agfof .

Pp6f /f rs k;ª\u s eg| agf/;df k9\b ubf pxfn kd u/sf eg|/ Ps sfNklgs ;Gb/L ojtL kfq tof/ ug|eof . Tof ojtLnf0 ;ftj6f kd/;n el/Psf kq nVg|eof . k/Llff ;lsPkl5 kl/jf/;lxt ;a jL/u~h kms|g|eof . 3/ kmsg jnfdf kq RofTg|ePsf lyof t/ Pp6f kq xl/jz k/f0fsf k:tsleq 5G5 . To; jnf pxfsf ljjfx e0;s|sf lyof . kl/jf/sf ;b:on Tof lr7L bv . *dbgn cs sfxL s6L;u kd ubf /x5* eGg 3/ kl/jf/df Jofks xNnf eof . pxfsL >LdtL /Ltf blllftn klg yfxf kfpg|eof . pN6 pxfnf0 *cf^gf nfUgnf0 7fpdf /fVg g;Sg* eGg cf/fk klg nfUof . dbgn *Tof cEof;sf nflu dfq n v sf* eg|/ >LdtLnf0 / kl/jf/sf ;b:onf0 ;Demfpg|eof . sxL ;dosf cGt/fnkl5 dfq Tof ;flxlTos cEof;sf kdkqsf syf ;fDo eof .

agf/;sf k9f0kl5 pxf jL/u~hsf >Lh4 dfWolds ljBfnodf kfWofkg ug yfNg|eof . ToxLblv g pxf ;asf df8\fj xg|ePsf xf . pxfnf0 ;a|n df8\fa g eGb5g\ ToxL jL/h~hdf a;blv pxf sDolgi6 kf6Ldf nfUg|ePsf xf . /f0f kl/jf/sf /jfkm / xfpefp ePsf kl/jf/df x s|sf dflg; sDolgi6 kf6Ldf nfukl5 eg| blgs hLjgrofdf w/ km/ abn cfof . >L # eLdzdz/n pxfsf kl/jf/nf0 ;xofu gu/sf

dfq xf0g ls lx;fa lstfa lxgfldgf u/sf egL skfnslNkt cf/fk nufO pxfsf lktfnf0 tLg k6s u/L !! dlxgf hn / &@ xhf/sf hl/ jfgf;dt ltgk¥of . To;sf kL/n dftfhLnf0 d5f kg /fu nfUof . pxfn cfifwL pkrf/ ug klg ;Sg|ePg . olt;Dd ls cfdfsf dTo xbf kl/jf/sf cGo ;b:oaf6 ;xofu yfKg afWo xg|k¥of .

To:t ptf/r9fjdf kl5Nnf ;do jL/u~haf6 sf7df8f cfPkl5 klg pxfnf0 vfga:g lgs bllVf eof . pxfsf kl/jf/df afxhgf xgxGYof . laxfg / an sf vfgf vfbf kfnf u/L vfgf vfgkg cj:yf lyof . KoVfdf ef8fdf a;sf jnf pxf;u vfgs/f lsGg k;f lyPg . sfxL ;fyLef0 el6Pnfg\/ pgLx?;u sxL ?kof ;fk6L dfu/ rfdn bfn lsGg knf eGg ;fr/ Ps lbg pxf 8/faf6 aflx/ lg:sg|eof . To; jnf klxn g ;fk6L lnPsf ;fyLef0afxs c? el6Pgg\. pgLx?;u k;f dfUg cf6 ug|ePg . olQs nv/ nv/ lx8sf jnf df8jf8L;jf ;ldlt /xsf / ~hgf uNNfL glhs af6fdf v;sf Ps ¿kof e6g|eof . To;nf0 sNr/ j/k/ sfxL 5 ls eg/ xg|eof . sfxL gePsfn l6k/ ufhLdf /fVg|eof . cln cufl8 a9kl5 To:t c? Ps–Ps / kfrsf u/L @@ ¿kof e6g|eof . Tof lbg pxfnf0 crDd nfusf lyof . sltn To;nf0 efsefs kl/jf/ 5 eg/ eujfgh x/sf eGy xfnf t/ pxfn To;nf0 sg dlxnfn ;f/Lsf kmsfdf /fv sf k;f v;sf xfnf, To;af6 d/f uhf 6¥of eg/ ;gfpgxGYof . lktfhLsf k/:qLkltsf unt bli6sf0fsf sf/0fn pxfn lktfhLaf/ eg /fdf wf/0ff agfpg ;Sg|ePg, agf/;sf ;DklQ klg ToIQs uof / lktfhLn u/sf unt sfds/fsf lj/fw, kl/jf/sf uNtL sdhf/Laf/ pxfn nv / k:ts klg nVg|eof .

$: cfTdbfxsf ;fr, nvg klt1f / ksflzt slt

jL/u~hdf xg cfDbfgLn 3/ rNg g;Sg ePkl5 dgdfxg clwsf/L;u cgdlt lnP/ pxf lj:;: @)!$;fndf sf7df8f cfpg|eof . kl5 /ª\gfy zdfn ksflzt u/sf xfn vj/| klqsfdf sfd ug yfNg|eof . To;kl5 @)!^ ;fnblv *;dLlff* cfkmn ;Dkfbg ug yfNg|eof . Tof klqsfdf ePsf ljZnlif0fTds nv, ;DkfbsLo / ;dfrf/n gkfnL afl4s hutaLr lgs nfslko aGof . k~rfotsfndf Tof klqsf /fhf dxGb / jL/Gbsf kfnfdf u/L gf k6s kltaGwdf k¥of . pxfn nvgLnf0 hLjgsf dh cfwf/ agf0;Sg|ePsf lyof . klqsf kms jf gxg ePkl5 pxfn Ps /ft w/ s/f ;fRbf–;fRb cfTdbfx ug ljrf/ ug|eof . cfTdbfx ubf ;f lsg ug vfhsf, s;sf sf/0fn ug vfhsf xf eGg s/fsf hfgsf/L kqsf/nf0 lbP/ ubf kefjsf/L xfnf eGg ;fRg|eof . eflnkN6 laxfg

;a ljbzL kqsf/nfO va/ ug / */fhb/af/sf blIf0f 9fsfdf ck/fXg rf/ ah cfTdbfx ug* eGg ofhgf tof/ u/*/ ;Tgeof, t/ laxfg AoÈmbf pxfsf dg kl/jtg eof . tfgfzfxsf sfd klqsf aGb ug xf, pgLx?n u/ . ck/fwL t tfgfzfxL Joj:yfsf kx/bf/ kwfgdGqL guGbk ;fb l/hfn / ;~rf/ dGqL /fwfk ;fb l3ld/ xg\. pgLx?nfO v';L kfg dn lsg cfTdbfx ug < klqsf vf; klg d/f snd t ltgLx?n vf:g ;Sbgg\ lg Û To;kl5 pxfn To; laxfgblv *dn nVg sfd g u5' . o;df hLjg ck0f u5' .* eg/ dfwjLl pkGof; nVg ;¿ ugeof . Tof k:ts gkfnL ;flxTosf cUnf ldof aGof . zfsnfO zlQmdf abNg ;Sgk5 eGg dfGotfsf of Ps ;Gb/ pkdf aGg kUof . To;n dbg k/:sf/U kfKt u¥of . To;sf af/df w/n ljBfjfl/lwdf ;fw u/sf 5g\. dfwjLh:t cGo yk sfnhoL slt pxfn gkfnL ;flxTo hutdf 5f8/ hfgePsf 5 . jlbs ;flxTosf cg';Gwfg, hLjgfkofuL JofVof, clt kfrLg jlbs ;flxTosf ;/nefjaf6 JofVof u/sfn pxfsf ofubfgnfO gkfnL ;flxTodf xhf/f jif;Dd cfh xfdLn kn:To / jbJof;nfO ;Dem em gkfn cfdfdf ;Gtltn ;lDem/xg5g\ pxfn ;dLIff ;fKtflxsdf nvsfljleGg nvx? afxs k:tssf ?kdf ksflzt dVo slt o; ksf/ 5g\l

!= s;n lhTof s;n xf¥of – @)@), @= d ?b la;G5' – @)@&, #= xfdf tL lbg – @)@(, $= bz nfv lx/fl;dflt/ cgjfb – @)$), %= dfwjL– @)#(, ^= r/jlt – @)$$, &= Uof; RofDa/sf dTo – @)$@, *= Tof ou– @)$&, (= bfkbL / ;Ltf – @)$(, !)= ljbifL ufuL – @)$(, !!= lsGsfslh -:j0f ljxf/_ – @)$%, !@= d/L gLndf – @)%), !#= lqbjL – @)%!, !$= h08f – @)%!, !%= p2fns cf¿0fL – @)%#, !^= cdtlj / sf¿l0fstf – @)%#, !&= cfgGbdo cfsfz – @)%#, !*= xfdf kfrLg gf/L – @)%^, !(= eld ;Qm – @)%*, @)= e'SDk ;¿ kZgfQ/ -cgjfb_ – @)%(, @!= lxGb" ;:sltsf kl/zLng – @)%(, @@= l;rf0 xftkl:tsf -cgjfb_ – @)%&, @#= Zjtsfn – @)^), @$= e'SDk klt/flw ejg – @)^!, @%= k/fn sGo'Sf cfuf -cg_ – @)^@, @^= alng 8fo/Lsf kfgf – @)$!, @&= CUjb l sxL kdv ;Qm – @)^%= @*= hLjg l dxfclwofg, @)^^, @(= >L l zfZjt gf/L – @)^$, #)= dxlif of1jNSo – @)^*, #!= cfgGbdo hLjg – @)^(, #@= CUjlbs gf/L rl/q – @)^(, ##= CUjbdf ;djt kofj/0f – @)&), #$= cgGt r tGo – @)&!, #%= hLjgl bzg – @)&!, #^= hok/fho – @)&@, #&= bzeQm dxfk¿if – @)&$, #*= d/L dftf – @)&% -pxfsf kl5Nnf k:ts *bzeQm dxfk¿if / dfwjLsf 56f ;:s/0f @)&$ df lbOPsf ksflzt k:tssf gfdfjnLdf *dfwjL* -56f_ / *bfkbL / ;Ltf -t;f _ egL* rfln; ;ªVof lbOPsf 5 . tL bO k:tsnfO g/fVbf

klg #* k:ts ksflzt blvG5g\._

To;dWo sl/a @! j6f k:ts kfrLg CUjlbssfnLg ;flxTo, wd, ;:slt, Oltxf; / bzg;u ;DalGwt 5g\. cgjfb rf/, ofqf Ps / cGo afx sltx? ;:d/0f, syf / lgaGw /xsf 5g\. pxfnfO gkfnsf clf/ lz/fdl0f klg elGfG5 . To;dWo *dfwjL, eld ;Qm, lqbjL, CUjbl sxL kdv ;Qm, >L l zfZjt gf/L, Tof ou, lxGb' ;:sltsf kl/zLng / dxlif of1jNSo*h:tf slt pxfsf sfnhoL slt xg\. tL k:tsdf pxfsf sGbLs t k:tlt egsf jlbs ;Eotfsf cflwsfl/s Pj j1flgs JofVof;lxt ;'Tdflt;'Td ;/n efiffdf hfgsf/L lbg xf . pxfsf JofVof rfx Tof lxGb';:sltsf kl/zLng xf;\ >Ll ZffZjt gf/L xf;\jf CUjbsf JofVof g lsg gxf;\To;df tTsfnLg ;dosf dfgj ;dfh ljsf;sf cj:yf, rl/q, cflYfs l:ylt, gf/Lsf cj:yfaf/ r rfkl/r rf ub pxfn To;df ;dojlw klg tfSgePsf 5 . To;n ubf pxfsf sltx?af6 of lxdfnL pkdxfåLkdf dfgj ;Eotfsf ljsf; slxnblv sg–sg r/0fdf s;/L ePsf /x5 eGg hfgsf/L lng ;lsG5 .

jlb / k/f0f Pj pklgifbdf ePsf k;ªlnfO snfP/ pxfn ljleGg r/0fsf cfwf/df ljZnif0f ub To;nfO j1flgs ?kdf JofVof ugePsf 5 . lxdfno j/k/ g 1fg / Wofg xb ;Eotfsf ljsf; eof / oxL eV08af6 ;Eotf dvl/t xb ;;f/e/ kmlnPsf xf eGg ;Gbz blIftsf x/s sltdf kf0G5 . pxfn sltko ldysnfO klg sg ;dosf xg ;S5 eGg s/f j1flgs cfwf/;lxt k:tt ugePsf 5 . gkfndf dfq xf0g ef/tdf klg kfrLg jlbs ;flxTo, Oltxf;, ;:slt / lj1fgnfO ;d6/ dfgj ;Eotfsf ljsf;qmd / ;:sltsf JofVof ug ;Sg pRrsf6Lsf ljåfg\sd 5g\. ;flxTodf ljlzi6 ofubfg ug cGo w/ JolStx? 5g\ t/ pxfsf c;fwf/0f ofubfg jlbs ;flxTodf /Xof . To;leq klg jlbssfnsf gf/L kfqnfO a8f s'zntfsf ;fy hg;dlf Nofpg, gf/LnfO ;Ddfg ug pxfsf csf ljzif u0f / lfdtf xf . k'J CUjlbssfn, CUjlbssfn, l;Gw ;Eotf, cfox?sf klZrdaf6 blIf0f k'J kjz, lxdfnov08df ePsf kfrLg ;Eotf cflbaf/ ;do sfnv08nfO 56ofP/ ljZnif0f Pj tnGffTds cWoog ub To; jnfsf ;fdflhs / ;f:sltsf klfsf 5nªl xg u/L k:tt ug ;Sg pxfsf clåtLo lfdtf xf, To;n dbgdl0f blIft of PSsf0;f ztfAbLsf gkfnsf kn:To Clift No dgLifL xgxG5 .

jlbs ;flxTo, jbsfnLg ;Eotf, ;dfh / jlbs ;:sltsf cWoog / nvgdf gkfnsf t s'/ 5f8f ef/tdf klg pxf hlQsf AolQm lj/n kf0G5g\. pxfn nueu rfln; jif jlbs ;lxTo cWoog, cg';Gwfg

/ nvgdf g ;dkOf ugeof . kl5Nnf ;do sxL ;:d/Ofx? klg cfP, hg jlbs ;flxTosf tngfdf sdhf/ eg/ l6KkOfL ul/Psf lyP . cToGt ;DkGg, ;vL kl/jf/df hGd tfklg pxfn hLjgdf cToGt bMv efUgk/sf lyof . sDolgi6 ag/ ;f/f gkfnLsf hLjg ;wfglt/ nfUbf /fhgLlt ugsf afnL / Jojxf/ km/s xg /x5 eGg aemkl5 pxf To;af6 lg/f; xgeof . sDolgi6 ags sf/Ofn klqs ;DklQ kfpg xsaf6 klg pxfnfO lktfhLn jl~rt ugeof t/ klg pxf slxNo lg/f; xgePg . lg/Gt/ lg/Gt/ cWoog / nvgdf nflu/xgeof . lj=;= @)%! df pxf gkfn k1f klti7fgsf pksnklt xgePsf lyof . Toxfsf sfddf Jo:t /xsfn pxfn ;fr hlt k:ts nVg gEofPsf s/f pxfn JoSt ugxGYof .

hLjg kl/jtgzLn xG5 . ksltdf kl/jtg eP em dflg;df pd/ / cgejsf cfwf/df afgLJoxf/f kl/jtg xG5, lsgeg dfgjdf dfq ;an / sdhf/ klf snfpg ;fdYo xG5 . cToGt ljgozLn, cToGt pmhfjfg\ jlbs ;flxTosf cbet ljåfg\xbfxb klg pxfsf klg sxL sdhf/ klf lyP . gf/L ;Ddfgdf xboblv g ;Ddfg ks6 ug bLlftn sg ;do cf^gf lktfn em cf^gL >LdtL h;nfO pxfn bjL eGgxGYof, pxfnfO cgkllft pklff ugxGYof / cgfxsdf bMv lbgxGYof . oBlk Tof :jefj k¿ifkwfg ;dfh / ;fdGtL /fOff kl/jf/;usf lgs6tfsf pkh xg ;S5 t/ kl5 pxfn tL sfdklt lfdf dfUgeof, cf^gf Jojxf/ ;wfgeof . pd/df pxf c;fWo lgi7/ xgxGYof / Û gfltgfltgLsf nflu pxf af3h:t xgxGYof . kl5Nnf bO bzsblv eg pxf ;anfO dfof ug aGgeof .

pxf ofqfsf clt g zflvg xgxGYof, /dfOnf ls:;fx? / k/fgf l;gdf Pj pkGof;sf syf ;gfP/ x;fpg blf xgxGYof . pxfsf k/dldq guGb/fh zdfsf cg;f/ pxf c;fWo 3gxGYof / pxf;u sf7fdf ;Tg sfxL dfGbgy . lgbfdf aa/fpgxGYof / aa/fpbf dfwjLUsf kfqx?sf af/df aa/fpgxGYof . aflx/ 3Dg hfbf klg pxfn cfkmn nVb u/sf ljifoaf/ ;gfpgxGYof, / ;fyLefOx?sf ;emfjnfO ;xif :jLsf/ u// slxnsfxL t kl/R5bsf kl/R5b klg sf65f6 ugxGYof t/ pd/ 9Nskl5 kl/jtg s blvof eg klxn ;fyLx?sf ;emfjnfO clt dfGg dfG5 kl5 c;fGbles s/f gnVg ;emfj lbbf klg 6g 5f8geof . cGo 7"hf j1flgs, 7"hf bfzlgsdf kfOgh:t uOf pxfdf klg lyof .

lj=;= @)!$ df3df bfnrfdn lsGg k;f geP/ sf7fdf cfuf;Dd gansf bzf 5fs ePsf lyof . 5f/f5f/Lsf qmGbg ;Gg gk/f;\eg/ ?kof vfHg hfG5 eGb pxf aflx/ lg:sgxGYof . slxn ;fdfg lnP/ 3/ kmsgxGYof eg slxn efsefs ylst eP/ . ToxL pxfsf cgej pxfs zAbdf– *cfTdfsf ljqmo gu/L, cfTd–;Ddfg lj¿4 st sg*

;Demftf gu/L klg cf^gf cf:yf / ljZjf;df wo u// ;b9 a:g ;lsG5 / ;ª3ifnfO, lghfTds ljhodf kl/Oft ug ;lsG5 eGgdf @)!$ n dnfO r§fg em l:y/ u/fOlbof . r tgzLn dfgjhfltn cf^gf ;Eotf, Oltxf;, wd / ;:sltnfO ;w ;Totfsf s;Ldf hfr/, j1flgs cfwf/x? lnP/ ;/lfOf / blgs Jofjxfl/s hLjgdf nfu"ugk5 . xfdf k'jLo bzg sf/f sNkgf geO lj1fg;Ddt 5, To;sf dxÎj / cy a‰gsf nflu kz:t v/fs xfdf ;fd /fv/ pxfn @)&^ ;fpg #) ut hg klOfdfsf lbg laxfg # ah aXddxTdf (& jifsf pd/df lgjf0f kfKt ugeof . Clif kn:Tonfo xfdLn clxn ;Dem em pxfnfO o; wtLdf gkfn, gkfnL / gkfnL jfªdo hLljt /x;Dd pxfsf sfnhoL sltx?sf kfgf kN6fpb ;lDem/xg5g\.

YY

gkfn–;flxTo ;dfh

'j;Gt–/fwf kBsfJo k'/:sf/laf6 ;Ddflgt

!= @)^* l8NnL/d0f zdf cHofn
@= @)^(k¿iffQd l;Ubn tyf ufljGb/fh ljgfbL
#= @)&) ag"nfld5fg
$= @)&! ejgxl/ l;Ubn
%= @)&@ nldLsdf/ sf0/fnf
^= @)&# afh/fd kf8n tyf u0fz l3ld/ dflds
&= @)&$ dfbgfy zf:qL tyf g/Gb k/fz/
*= @)&% ufljGb l3ld/ jbdl0f tyf gLndsdf/ Gofkfg

.xdsdf/L–lbjfs/ ;dfh;jf ;Ddfglaf6 ;Ddflgt

!= @)^* k0fjfgGb cf>d, uXoZj/L
@= @)^(lr;fvfnf cf>d, kfv/f
#= @)&) efujt\;GGof; cf>d, kzklt
$= @)&! kljq ;dfh ;jf gkfn, wfkf;L
%= @)&@ lqkmnf /fli6« k:tsfno, emfkf
^= @)&# ;:st ljBf ;jl4gL ;ldlt, w/fg
&= @)&$ xfdf afn ;/lf0f w/fx/, wfkf;L
*= @)&% b cf/kmfg xfd, afh/f

zAbfy ksfzgsf sfoqmdx?sf

;a lel8of otf 5g

1. https://www.youtube.com/Shabdartha Music SM/
2. https://www.youtube.com/Shabdartha Prakashan\

:jfdL k/dfgGb ;/:jtL

xl/ kf08]o .klysÚ

dxfg\ JolQmdf sxL To:tf vf; uÖf xG5g\ hg ;fdfGo JolQmdf kf0Bgg\. sfxL cf^gf bfzlgs lj rf/, nv, kj rg / pkbzn dxfg\ dflgPsf xG5g\ eg sfxL gof vfh, cg ;Gwfg, cfljisf/ / ljlzi6 sfo lfdtfn . To:t sfxL Tofu, tk:of / ;fwgfn ; ;f/sf cfbz agsf xG5g\. o:t tk:jL t/ ljnIf0f kltefsf wgL, jlbs wdsf JofVoftf t/ cGwljZjf;sf lj/fwL, TofuL t/ cgsf nfssNof0fsf/L sfodf hLjg latfpg ;Gt xgxGYof– :jfdL k/dfgGb ;/:jtL . cfkm"TofuL / tk:jL eP klg gkfnL hgtfnf0 clzIff / cGwljZjf;sf cWof/faf6 rtgfsf pHofnf ;fdfHodf nhfg sfddf pxfsf clj:d/0fLo ofubfg /xsf 5 .

hGd / afNosfn

:jfdL k/dfgGb ;/:jtLsf hGd lj:;= !(($;fn c;fh !* ut afUnª lhNnfsf lax, kfjf8f8fdf ePsf lyof . lktf 6Lsf/fd s8n / dftf clbltsf rfyf ;Gtfgsf ?kdf hGdePsf pxfnf0 lktfn g afnfpg gfd k/dfgGb /flvlbePsf lyof . cfhLjg aXdro wf/0f ugePsf k/dfgGb u¿af6 aXdro bLIff lnPkl5 k/dfgGb aXdrf/L / ;GGof; bLIff lnPkl5 :jfdL k/dfgGb ;/:jtL gfdn kl;4 xgePsf xf .

k/dfgGb ;fgblv dL7f afNg ;/n :jefjsf afns xgxGYof . s;;u emu8f gug, sg lrhsf nflu bfhef0 jf c? ;fyLl;t n5fr8L gug, /fdf g/fdf nufsf kjfx gug pxfsf :jefj lyof . efsn gcflQg / cfdfn hh:tf lbgxG5 Tof sxL gegL vfg xgfn cfdfn pxfnf0 .of nf6f xg eof, o;nf0 cf^gf k6sf klg Vofn 5g, o;n s;/L lhGbuL latfpnf eg/ lrGtf ugxGYof . 5/l5dsdf xg kh"cfhf, ehg–sLtg / syf–kjrgdf pxf ;fgblv kfsf dfG5;u a;/ zfGt?kdf ;xefuL xgxGYof .

k/dfgGbn k9\gnVg pd/df gkfndf /f0ffzf;g lyof . clxnh:tf ufpufpdf ljBfno lyPgg\. cfly s bli6n lgDgdWod juLo kl/jf/df hGdePsf pxfnf0 6f9f uP/ k9\g dfsf klg ldng . 3/sf ;fdfGo sfdsfh, 3f;bfp/f / uf0 r/fpg u// g pxfsf afNosfn laTof . ;fgf

xbf af;/L ahfpg pxfsf ;fv lyof, af;/Ldf dL7fdL7f wg lgsfn/ jg /Gsfpg snf bv/ ;fyLx?;dt nfleGy . h7f bfh bjLnfnn dL7f nodf efgeQmLo /fdfo0fsf Znfs ;gfpbf k/dfgGbn klg ¿lrk'j s ;g/ tL Znfs s07:y ugePsf lyof . kl5 bfh;u l; s/ /fdfo0fsf Znfs k:ts x// k9\g yfNgeof . o;af6 pxfn cIf/ lrGgePsf xf . jo:s ePkl5 cfkmn k/f0f, :dlt / bzgsf cWoog ugeof . cfkrfl/s cIf/f/De ;Dd gu/sf k/dfgGbdf kl5 :jfWofo / u¿sf pkbzaf6 bzgsf uxg uGyx?sf cy nufpg / ;/n 9ª\un ltgsf JofVof tyf kjrg ug Ifdtfsf ljsf; ePsf lyof .

aXdro hLjg / u¿;jf

k/dfgGbsf afNosfn / lszf/ cj:yf aafcfdf, bfhef0;dtsf /df0nf kl/jf/df laTof . ;fgblv ufpn kl/jzdf bvsf kl/jf/leqsf s6tf, dgd6fj, adn, ememu8f / c;Gtfifn ubf pxfnf0 kfl/jfl/s hLjgsf OR5f lyPg a? PsfGtdf tk:of ug / ;f;fl/s efuljnf;af6 lj/Qm eP/ ;fw–hLjg latfpg pxfsf OR5f lyof . kfl/jfl/s dfof–ddtf aGwg xf, efIts ;v If0fs xG5, ;f;fl/s efuljnf;df nfUgfn hLjg ;kmn xbg, hLjgsf ;jfQd pknlAw s xf To;sf vfhL ugk5 eGg ljrf/ pxfdf leqleq ljsl;t e0/xsf lyof .

h7f / df0nf bfhsf ljjfx ePkl5 kfnf ;f0nf k/dfgGbs cfof . pxf !* jifsf xgxGYof . kl/jf/ / ;dfhdf pxfsf ljjfxsf s/f rNg yfNof . To; anf !* jif s6kl5 ljjfxsf pd/ 9Nssf dflgGYof . ljjfx u// kfl/jfl/s hLjg latfpg k/dfgGbsf ;fr 5g eGg s/f aafcfdfn yfxf kf0;SgePsf lyof . To;n pxfx?n 5f/fsf OR5f ljk/Lt ljjfxsf nflu afWo ug ;SgePsf lyPg . 5f/f5f/L w/ ePsfn ;dod ljjfx ul/lbP/ 3/hdsf d;f ldnf0lbgkg afWotf eg aafcfdfsf lyof . ca k/dfgGbsf ljjfx gul/lbg xf eg ef0x?sf ljjfxsf nflu af6f aGb xg eof eGg lrGtfn aafcfdfnf0 leqleq lk/fNg yfNof .

@)!@ ;fnsf df3df aafcfdf nufot dfGohgx? enf eP/ k/dfgGbnf0 ljjfxsf nflu 7n bafj lbP . s taf6 pDsg dfsf gbvkl5 pxfn cf^gf Pp6f zf/Ll/s ;d:ofnf0 ljjfxaf6 pDsg c:qsf ?kdf kofu ugeof . pxfdf ;fgblv anfanfdf lk;fagnL ;lGgg / lk;fa aGb xg ;d:of lyof . of s/fnf0 a9f0r9f0 u// cfkm" ljjfx ug c;dy /xsf s/f ;anf0 atfpgeof . To;kl5 eg ljjfxsf nflu bafj lbgx? tTsfnsf nflu xRs . To;f eP klxn cfiflw pkrf/ u//

ljjfx ug eGg 6ª\uf eof .

To; jif k/dfgGb u¿sf vfhLdf DofUbL lhNnfdf kg d;ªsf w/Ldf jl/kl/ hª\unn 3l/Psf PsfGt :yndf tk:of u// a;sf 5lj ksfzsf s6Ldf hfgeof / cfkm\" cfhLjg aXdrodf /xg rfxsf s/f atfpgeof . ;fwgf eª\u xG5 eg/ s;nf0 ;u /fVg g¿rfpg tk:jL 5ljksfzn k/dfgGbsf cggo ljgo / pxfsf zLn:jefj bvkl5 lziosf ?kdf :jLsfgeof / ;fy /fVg yfNgeof . ;:stsf ljleGg uGyx?sf cWoog u/sf / klxn ux:y eP tfklg kl5 lj/Qm eP/ ux:yf>d 5f8/ lghg jgsf ukmfdf tk:of u// a;sf tk:jL 5ljksfzsf ;flGgWodf a;/ k/dfgGbn gli7s aXdrf/Lsf lgod kfngf ub u¿;jf/t tkfdo hLjg latfpg yfNgeof . To; anf pxfn u¿dvaf6 k/f0f, wdzf:q / bzg ;DaGwL pkbz kfKt ugeof .

tkM;fwgf

IflOfs j/fUo t kl/l:yltn klg kbf u5 t/ Tof lr/:yfoL ePg eg To;n hLjgnf0 g b36gfdf kfl/lbG5 . aXdrf/L k/dfgGbnf0 sg 36gfljzifn aXdrf/L agfPsf lyPg, pxfsf :jefj afNosfnblv g ;fw lsl;dsf lyof . kfl/jfl/s aGwgnf0 r6Ss r8fn/ @)!@ ;fndf 5ljksfz u¿sf ;flGgWodf kusf k/dfgGb aXdrf/L @)@$;fn;Dd pxfs ;flGgWodf u¿;jf u// a:geof . tk:jL 5ljksfz hg;Dksn ;fwgf eª\u xG5 eGg dfGotf /fVgxGYof . To;n pxf nfdf ;do Ps 7fpdf a:gxGgYof . d;ªdf eQmx?sf cfjfudg a9\g yfnkl5 @)!* ;fndf u¿ 5ljksfz aXdrf/L k/dfgGbnf0 ;fy lnP/ dfgjj:tLeGbf tLg sf;hlt dfly hª\unn 3l/Psf DofUbLsf ;fnL3fK6 w/Ldf u0 a:g yfNgeof . ;fnL3fK6df rf/ jif a:bf Toxf klg eQmhgsf cfjfudg a9\g yfnkl5 afUnªsf emngLdf uP/ a:g yfNgeof . pxfx?n tk:of u// a;sf oL ;a 7fpx? dfgjj:tLeGbf sDtLdf bO÷tLg sf; 6f9fsf kjt–lzv/ lyP . jgjf;sf ;dodf pxfx?sf vfgf w/h;f hª\unL kmnkm\"n, emf/kft / sGbdh\" xGy eg eQmx? hfgcfpg ug yfnkl5 pgLx?n nlulbPsf cGg, ;fukft / uf/;x? xGy . cf^g z/L/kltsf cf;lQm;dt Toflu;ssf xgfn pxfx?nf0 s vfpnf, s nfpnf / sxf a;fnf eGg lrGtf /lQe/ xbgYof .

afx jif ;u /fvkl5 u¿ 5ljksfzn k/dfgGb aXdrf/Lnf0 ltdLn l;Sgkg s/f l;ls;ssf 5f, ltdf ofufEof; k\"f ePsf 5g, PsfGtjf; geOsg ofu l;4 xbg, ca ltdL oxfaf6 klZrdlt/ hfpm, ltdf sNof0f

xg5 eg/ PsfGtdf tk:of ug kl/t ugeof . u¿sf cf1f lz/fk/ u/L aXdrf/L k/dfgGb pkoQm tk:ynL vfHb uNdL lhNnfdf kg lbaªsf w/Ldf kUgeof . 3gf hª\unn 3l/Psf dfgjj:tLeGbf Ps89 sf;dflysf pRr kjtlzv/ tk:ofsf nflu pkoQm nfUof / pxf ToxL v;sf ?vdlg a:geof . sxL lbgdf ufpnx?n hª\undf sfxL ;fw cfP/ a;sf yfxf kfP / e6\g uP . kl5 eQmx?n Pp6f s6L agf0lbP . Toxf kusf kRrL; lbgblv pxf s6Ldf a:g yfNgeof . kl5 eQmx?n s6Lsf glhs lzjdlGb/ klg agf0lbP . eQmx?sf cfjthfjt a9\g yfNof . ToxL /xbf a:bf @)@* ;fn;Dddf dlGb/ / wdzfnfx? ag, Tof 7fpn eJo cf>dsf ?k lnof . k/dfgGb aXdrf/L lbaªsf ke eg/ lrlgg yfNgeof . To; eusf eQmx?n pxfnf0 h afNof ToxL kUg l;4k¿ifsf ?kdf dfGy . @)@* ;fnkl5 pxf wdkrf/ / nfssNof0fsf sfodf a9L ;lqmo xg yfNgeof .

u¿snsf :yfkgf M ;:st lzIffsf kghfu/0f

:jfdL k/dfgGb ;/:jtL dh\"tM wdkrf/s ;Gt xgxGYof . cfkm\" Pshgfn tk:of u/ cf^gf dfq sNof0f xG5 t/ nfssNof0fsf nflu sfd ubf c?sf ;dt sNof0f xG5 eGg pxfsf dfGotf lyof . ;dfhdf jlbs ;gftg wd sdhf/ xg nfusf s/fn pxf lrGtt xgxGYof . kl08t / u¿k/flxtx?n sxL ljlwJojxf/ wfgs lyP t/ pgLx?df ;:st lzIffsf sdL lyof . jbjbfª\usf /fdf cWoog gu/sfn ;dfhnf0 /fdf ;:sf/ lbg ;Sbgg\eGg :jfdL k/dfgGbsf wf/0ff lyof . To; anf gkfndf ljBfno txdf ;:stsf k7gkf7g t xGYof t/ ufdL0f lszf/ lszf/Lsf kxreGbf 6f9fsf tL ljBfnodf cfr/0fsf klg Vofn lyPg, ;:stsf uDeL/ 1fg klg xbgYof . ;:st k9\g rfxg gkfnLx? ef/tsf agf/;, xl/åf/, jGbfjg nufotsf 7fpdf uP/ lzIff cfhg uby . ptf k9/ cfPsf hgzlQmn dfq ;dfhsf cfjZostf k\"f xg l:ylt eg lyPg . To;n wdsf ;/If0fsf nflu cfrf/ / Jojxf/;lxt jbjbfª\usf k7gkf7g xg ljBfnosf cfjZostf :jfdL k/dfgGbn dx;'; ugePsf lyof .

nfssNof0fsf lglDt ePsf ;ª\sNk k\"f xG5 . @)@* ;fndf :jfdL k/dfgGbsf kl08t l;l4gfy kf08ol;t e6 eof . c3fvfrLsf ;j0fvfndf hGd/ cf^g lktf;u kf/lDes cWoog u/L xl/åf/ / jGbfjg uP/ Jofs/0f, Hofltif / efujtsf uxg cWoog ugePsf l;l4gfy ;:stsf w/Gw/ ljåfg\xgxGYof . efujt cfBfkfGt s07:y ePsf pxfnf0 Jofs/0fsf] l;4fGt sf]dbL / dxfefiosf] clwsfz efu klg s07:y g] lyP . To; e]usf] ljåt\ ;dbfodf pxf efujtdl't sf] ?kdf kl/lrt xg]xGYof] . cWoogaf6 km]s]kl5 l;l4gfyn] c3fvfrLs] ljleGg 7fpdf a;]/ ;:s]tsf] cWofkg ub]{ cfpg]ePsf] lyof] . l;ªwf u¿s'nsf] JolQmTj ePsf] l;l4gfy;u e]6 ePkl5 :jfdL k/dfGbnf0{ 9ªwf vfHbf bjtf ldn]h:t eof] . pxfx?aLr ;Nnfx ePkl5 ca l;l4gfy u¿ ToxL a:g] / u¿s'n ;~rfng ug]{ lg0fo eof] . ;fxL cg]?k lba]ªdf jbjbfªw ljBfnosf] :yfkgf eof] . To; Ifqsf] ;of] ljBfyLn] o; ljBfnoaf6 ;:s]t lzIff cfhg ug]{ df]sf] kfP . kl5 @)## ;fndf o; ljBfnonf0{ afUn]ªsf] lax', /fdsf]6df ;fl/of] . kl08t l;l4gfy kf08]os] kwfgfWofks Tjdf /fdsf]6df ljBfno rNof] . of] ljBfno k/dfGbLo u¿s'n k/Dk/fsf] ;a]Gbf dxÎjk0f{ dflgG5 . oxfaf6 pTkflbt 7'hf hgzlQm clxn] klg gkfnsf] ljleGg ljZjljBfno / cGo kzf;lgs Ifqdf sfo/t 5 . o;kl5 k/dfGb :jfdLsf] lrtjgsf] z/bk/, tgx'sf] bj3f6 / ?kGbxLsf] gofldnl:yt cf>ddf klg u¿s'nx? :yfkgf eP . @)^$;fndf kl08t kf08]osf] bxfj;fg ePkl5 /fdsf]6, afUn]ªsf] ljBfnonf0{ klg bj3f6l:yt ljBfnodf ;dflxt u/L ;~rfng ug]{ yfln of] . clxn] zf:qL tx;Ddsf] cWoogcWofkg x'g] bj3f6l:yt k/dfGb ;:s]t u¿s'n g] oL ljBfnox?sf] sGb]sf] ?kdf /x]sf] 5 . gofldn, ?kGbxLl:yt buf] jlbs ;:s]t u¿s'n sIff !@ ;Dd ;~rflnt 5 eg] c? cf>ddf cgfkrfl/s k7gkf7g x'g] u¿s'n dfq ;~rflnt 5g\. :jfdL k/dfGbåf/f :yflkt oL ljBfnox?df ljBfyLx?nf0{ lgMzNs cfjf;, efhg / cWoogsf] Joj:yf 5 .

;:s]t lzIffsf] cltl/Qm cfwlgs lzIffsf] pGgogsf] nflu klg :jfdL k/dfGb ;/:jtLsf] 7'hf] ofubfg /x]sf] 5 . lzIff g] dfgj;Eotfsf] pGgfos xf] eGg] dfGotf /fVg] pxfn] To; Ifqsf] ;oeGbf a9L ljBfno / SofDk;sf] :yfkgf Pj :t/fGgltsf] nflu o1sf] dfWodn] 7'hf] wg/flz hDdf ul/lbg'eof] . o;af6 ljBfnox?nf0{ k'Jfwf/ lj;sf;sf] ;fy cfjZostf cg';f/sf] ljifosf] k7gkf7g ;~rfng ug]{ ;xh eof] .

cf>dx?sf] :yfkgf

k/dfGb aXdrf/Ln] v;'sf] ?vdlg a;]/ tk:of ubfub} eQmx?sf] ;xofun] lba]ªdf eJo cf>d tof/ eof] . @)@* ;fndf ljBfno ;~rfng xg] yfnkl5 t ToxL ljBfyL, u¿ / ;fw';Gtsf] 7'hf] hd36 g] eof] . 6f9faf6 k9g cfPsf] ljBfyLx? ToxL a;]/ k9g] eg] glhssf] 3/af6

cfpg]hfg] uy] . cf>dsf] blgsL lgoldt lsl;dsf] lyof] . laxfg ;a]/ p7]/ :gfg, ;GWof cflb u/]kl5 dlGb/df kÍ'f–cf/tL xGYof] . zªv, 306f / jbWjlgn] hªunaLrsf] cf>d kl/;/ u~hfodfg xGYof] . lbp;f ljBfyLx? u¿sf] jl/kl/ cfcf^gf] ;dXdf a;]/ ;Ktzt., ¿bL, jb, Jofs/0f, sfJouGy / bzgsf] uGyx? k9y] . kl/lrt-ckl/lrt hf];'s] ku] klg cf>ddf ;Ddfgk'j's a:gvfg kfpy] . cf>dsf] of] eJo Joj:yf bvl/ bzgfyLx? cfgGbljef/ xGy] . of] Joj:yfaf6 keflJt ePsf] eQmx?n] k/dfGb aXdrf/Lnf0{ cg'/fw u/]/ ljleGg 7fpdf nu] . o;/L bzsf] ljleGg :yfgdf pxfsf] cf>dx? tof/ eP . eQmx?n] >4fk'j's u/]sf] dli6bfgaf6 cf>dx? ;~rfng xGy] . ;do;dodf o1sf] cfofhgf u/]/ tL cf>dx?nf0{ u7Lsf] Joj:yf u/L vr'sf] :yfoL kaGw klg pxfn] ul/lbg]eof] . o;/L :jfdL k/dfGb ;/:jtLn] cf^gf] hLjgsfndf kfr 7fpdf ljBfno;lxtsf / c? @@ 7fpdf ;fw';Gt, aXdrf/L / eQmx?sf] nflu a:gvfg] Joj:yf;lxtsf] cf>d lgdf0f ul/lbg]eof] . @)$^ ;fndf bj3f6l:yt unZj/ cf>dsf] tTsfnLg kL7fwLz b08L:jfdL cfz'tfiffgGbaf6 To; cf>dsf] kL7fwLz kb ux0f u/]kl5 ToxLf eJo cf>d, dlGb/, wdzfnf, vfgkfgL, lah'nLaQL / af6f3f6] lgdf0f tyf cGgIfq ;~rfng u/L To; Ifqsf] sfofkn6 g] ul/lbg]eof] . :jfdL k/dfGb ;/:jtLåf/f :yflkt cf>dx? clxn] ;fw';Gt, aXdrf/L, eQmelQmgL, ljBfyL / czStx?;d]t xh/f}sf] cWofTd;fwgf tyf ljBfcWoogsf] sGb aggsf] 5g\.

jlbs wd]sf] k|rf/ / nf]ssNof0f

gkfn ax';ªVos ;gftg jlbs wdfjnDaL ePsf] bz xf] t/ cfWoflTds lzIffsf] sdLn] ubf jlbs wd]sf dÍ dfGotfnf0{ 5f8/ e]dt dfu]sf] cg';/0f ugx? klg kz:t 5g\. bjtf / lktx?nf0{ e't, k]t, lkrf;, emfqmL, bp/fnL, afh–ah], l;d–eÛ, yfgL, df0{ cflb ljleGg gfdn] tfd;L ljlwåf/f kÍ'f ug]{ k/Dk/f oxfsf] lk5l8Psf] ;dfhdf cBflk hLljt 5 . :jfdL k/dfGb ;/:jtL ;fgb]lv o:tf k/Dk/fsf] lj/fwL xgxGYof] . kzaln lbP/ ul/g] o:tf tfd;L kÍfn] bjtf / lktx? sbflk v';L xbgg\a? ;Gtfgn] u/]sf To:tf s'sdn] lktx? emg\emg\k]tofl lgdf kU5g\/ ;w] g/ssf] efu ub5g\eGg] pxfsf] dfGotf lyof] . k/Dk/fbl v rlncfPsf] o:tf kyfsf] pGdÍg ;xh lyPg tfklg ;flÎjs o1fgi7fgn] o:tf k/Dk/fnf0{ lj:yfkg ug]{ ;lsG5 eGg] s'/fdf pxf ljZj:t xg]xGYof] . :jfdL k/dfGbsf] c jwf/0ff cg';f/ @)#) ;fndf lba]ªsf] cf>ddf klxnf k6s ;fdlx's wfGofrnsf cfofhgf eof . To;df Psflt/ k/f0fx?sf kf/fo0f, nIfxjg, ?bfleifsh:tf jlbs cgi7fg / csftkm :jfdL k/dfgGbsf Jofjxfl/s tyf bfzlgs kjrg ;~rfng ul/P . vfnL ;dodf ehg-sLtgn cf>d kl/;/ u~hfodfg xGYof . o;df :jfdL k/dfgGbsf wf/fjflxs kjrgaf6 eQmx? lgs keflj't eP . pxfsf cgofoLx?sf ;ªVof klg lgs 7'lf eof . o; o1af6 keflj't ePsf pxfsf cgofoLx?n ufpufpdf o:tf o1x? cfofhgf ug yfn . o1sf ;/lfs / d'h jStf :jfdL k/dfgGb g xgxGYof . pxfsf Tofu / Jofjxfl/s kjrgn dfG5sf cf:yf / ljZjf; kl/jtg xg yfn . sof gfl:tsx? cfl:ts eP eg e'tk'tsf pkf;sx?sf ;flÎjs o1fgi7fgklt emsfj xb uof . o; qmddf e'tk't / afhahsf yfgx?df klg jlbs o1 ug / bjLbjtfsf dlGb/ :yfkgf ug nx/ rNof . To; eusf o:tf yfgx? lzjfno, nIdLgf/fo0f dlGb/ / /fddlGb/df kl/0ft eP . ltgdf lx;f/lxt jlbs k'lf rNg yfNof . o1zifaf6 tL lfqdf af6f3f6f, kn, vfgkfgL, lahnLaQLh:tf cTofjZos ;ljwf lj:tf/ ug sfd eof . o1fgi7fgsf of qmd pxfsf hLjgkoGt rln/Xof . o:tf o1sf dfWodaf6 7'lf wg/flz hDdf xg ePsfn cflys cefjdf k/sf :sn / SofDk;x?n ;dt o1sf cfofhgf u/ o1zifaf6 cf^gf cj:yf ;wf/ u/ . o;af6 :jfdL k/dfgGbnf0f cGwljZjf; x6fpg, cfTd1fgsf krf/ ug, jlbs wdsf kgM:yfkgf ug / nfssNof0fsf/L sfosf gtTj ug cj;/ ldNof . wflds sfonf0f ;ªlu7t ?kdf cufl8 a9fpg cfjZos bv/ pxfn jlbs wd kl/ifb\gkfn / gkfn ;Gt ;dfhsf u7g klg ugeof . oLdWo jlbs wd kl/ifb\gkfnsf ;:yfks ;/lfs / gkfn ;Gt ;dfhsf ;:yfks cWolf :jfdL k/dfgGb ;/:jtL g xgxGYof . oL ;ªu7gx?n clxn klg cf^gf ultljlw cufl8 a9f0/xsf 5g\.

:jfdL k/dfgGbsf bfzlgs w/ftn

lxGb"jOff>d Joj:yfcGtut ;Gof; cf>d rfyf / dxÎjk0f cf>d xf . ;gftg k/Dk/fdf tLy, cf>d, jg, c/0o, lul/, kjt, ;fu/, ;/:jtL, ef/tL / k/L gfdsf bz ;Gof; k/Dk/fsf ljzif dxÎj 5 . ;Gof;sf oL bz k/Dk/fnf0f bzgfd ;Gof; eg/ lrlgG5 . hubu¿ zª\s/frfon oL bz ;Gof;-k/Dk/fnf0f cem a9L Jojl:yt ug .d7fDgfo dxfgzf;g gfdsf cfrf/;lxtf lgdf0f / rf/ kL7sf :yfkgf u/L bzgfdL ;Gof;Lx?nf0f tL d7l;t ;DalGwt ul/lbgeof . bzgfdL ;Gof;Lnf0f zª\s/frfosf cfWoflTds pQ/flwsf/L dflgG5 . loLx?sf dVo sfd jOff>d wd /

;bfrf/sf pkbz u/L ;gftg jlbs wdsf /Iff ug xf .

:jfdL k/dfgGb ;/:jtLn cfhLjg aXdrodf /x/ @)$* ;fndf :jfdL ;Toksfzfgb ;/:jtLaf6 ;Gof; bLIff ux0f ugePsf lyof . d7fDgfo dxfgzf;g cg;f/ .cx aXdfl:d dxfjfSo dfGg pxfn ;w ul/s j:q, ljelt / ?bfIfdfnf wf/0f ugxGYof . pxfn .cfTdf vn ljZjdh'dl\ .Ps aXd låtLof gfl:t, .aXd ;To hulGdYof, .jbf~lvnf wdd'hdl\-cyft\hLjhut'sf dh cfTdf xf . Ps aXd dfq 5 bf;f sxL 5g . cfTdf ;To xf, hut\ldYof xf . ;DkOf wdsf dh jb xf ._ eGg jlbs dfGotfnf0f cfTd;ft\ugePsf lyof . zª\s/frfon ;gftg wd lj/fwLnf0f zf:qfyn k/f:t u/L ;gftg wdsf kgJofVof Pj kgM:yfkgf ugePsf lyof / lxGbwdleq ljsf; ePsf zj, jiOfj, zfSt, ;f/, uf0fkth:tf ;DkbfoSf aLr ;dGjo u/L k~rbj pkf;gfsf k4lt ljsf; ugePsf lyof . :jfdL k/dfgGb ;/:jtLsf dfu klg zª\s/frfo kjltt oxL ;dGjojfbL dfu xf . ;t\lrt\/ cfgGb:j?k k/dTdfsf vfhLsf nflu g pxfn cfhLjg aXdro kfngf u/L hLjgsf clwsfz ;do PsfGt tkM;fwgfdf latfpgeof . sd, pkf;gf / 1fg dfIfkflKtsf ;fwg xg\ ;Tsdaf6 dflg; sNof0fsf af6flt/ pGdv xG5, lzj, ljiOf, bjL cflb OZj/sf sg klg ;fsf/ ?kdf eb bli6 /fVgxbg, u¿cf1f / zf:qjrgsf kfngf ugfn cfTdkb nfe xG5 eGg pxfsf ljrf/ lyof / pkbzsf ;f/ klg oxL xGYof . :jfdL k/dfgGb ;/:jtL kv/ kjrgstf xgxGYof . pxfn bzsf ljleGg 7fpdf 3d/ ;gftg jlbs wdsf krf/ / kghfu/0f ugeof . k/f0fsf x/s cfVofgnf0f jbfGtk/s JofVof ug / >ftfx?nf0f ;lhn;u bzgsf ulx/f0df k¥ofpg kjrgsnf pxfdf lyof . bzg / Jofjxfl/stfsf ld>0f xg ePsfn pxfsf kjrgdf >ftfx? dGqdUw xGy . x/s kjrgdf pxfn jOff>dwdsf kfngf, cfr/0fzl4, zf:qdofbfsf kfngf, cltly;jf, kf0fLdfly bof, ljZjaGwTj / dfgjsNof0fsf nflu kl/t ugxGYof . .jbfGtkbLk / .kjrgdfnf u/L bOj6f k:tsfsf/ slt df pxfsf sxL kjrgx? ;ª\slnt 5g\. ltgsf lgisif klg oxL g 5 .

:jfdL k/dfgGbsf ofubfgsf dNofª\sg

gkfnL ;dfhnf0f cWoflTds tyf eflts ?kn dfly p7fpgdf :jfdL k/dfgGb ;/:jtLsf ctngLo ofubfg /xsf 5 . pxfsf pkbz / kjrgaf6 sof gfl:tsx? cfl:ts agsf 5g\eg xhf/f 1fglkkf;x?n cWofTd1fgsf cfnfs kfKt u/sf 5g\. 7fp 7fpdf d7-dlGb/ /

cf>dx?sf :yfkgf u//\ ;fw;Gt, aXdrf/L, eQmelQmgL, j4j4f tyf cgfyx?nf0 cf>o lbgePsf 5 . tL 7fpx? wflds cf:yfsf w/fx/ agsf 5g\. hgdfg;df JofKt cGwljZjf; x6fP/ zf:qLo dofbf :yflkt ePsf 5g\. pxfaf6 :yfkgf / :t/fGglt ePsf lzIf0f;:yfx?n ljBfyLx?df 1fg / lj1fgsf Hoflt 5l//xsf 5g\. o1zifaf6 ufdL0f a:tLdf agf0Psf knkn;f, af6f3f6f / vfgkfgLaf6 sof ufdL0f hgtf nfeflGjt ePsf 5g\. oL ofubfgx?sf sb/ ub @)%! ;fndf tTsfnLg >L % sf ;/sf/af6 pxfnf0 ;kan uf/vf blIf0fafxsf dfgkbjL kbfg ul/Psf lyof . o;afxs gkfn / ef/tsf ljleGg 7fpdf hg:t/sf ;ldlt / ;:yfx?af6 ;Ddfg tyf clegGbg ul/Psf lyof .

aXdnLg

hft:o lx wjf dToMU hGdsf z/L/ Ps lbg dTodf kU5 g . :jfdL k/dfgGbsf sltx?n pxfsf sLltktfsf lbuGt kmx/f0/xsf lyof . otf pxfsf z/L/ eg klxnblvsf dufnf;DaGwL ;d:ofn leqleq unf0/xsf lyof . cGttM @)%# ;fn df3 !* ut laxfg kzklt cfo3f6df eflts z/L/ lj;hg u/L pxf aXdnLg xgeof . nfvf eQmx?sf zfsfsn ;dXn eflnkN6 bj3f6l:yt xl/x/ cf>d kl/;/df pxfsf eflts bxnf0 ;dflw:y u¥of . cWofTdhut\sf Pp6f dxfHoflt zfGt eof .

YY

jif ;flxTo k:ts @)&^

xfdL @)&^ / @)&& sf jif k:tsdf hl6;ssf 5f .

kTos jzfvblv rq;Dd lg:sssf k:tsx?sf xfdL l6KkOfL;lxt kl/ro ksfzg ub5f .

To;sf nflu xfdLnf0 k:ts pknAw u/fpgxf;\.

;flxTo ;j4g sGb
rfan, sf7df8f **(&&–)!–$$(&#%!÷(*$!!$$%!)**

k5f/sf] kftf]

hLjgrl/q cyft\hLjgL

ljgos'df/ zdf gkfn

cf/De

hLjgL jf hLjgrl/qnf0 cª\u hLdf Biography elgG5 . hLjgL nfdf jf 5f6f xg ;S5g\. 5f6f hLjgLnf0 kl/ro eGg rng 5 . rrf ul/Psf JolQmsf JolQmTjsf nfdf hLjgofkgsf ;DkOf emns kl/ron lbg ;Qmg . To;n hLjgL kl/rodfq eg dfGg ;lsGg . hLjgLn JolQmn hLjgdf u/sf sfd, ljwfut sfo ljj/0f, lbPsf ljrf/, JolQmsf, rl/q jf :jefjsf ljleGg kf6fx? ;DkOftf cufNgk5 . kl/ro zAbn ;DkOftf cufNbg t/ jQfGt zAbn JolQmsf ;DkOftf cufNb5 . To;n hLjgLnf0 csf cydf jQfGt klg eGg ;lsG5 . jQfGt egsf JolQmsf hLjgufyfsf qmda4 nvg xf . ;DkOftfsf cy JolQmn u/sf sfo jf hLjgsf JofVof jf ;dfnfrgf eg xf0g, JolQmsf u0ffjuu0fsf ljj/0f jf rrf xbfxb klg jf:tjdf hLjgLdf ;dfnfrgfdf h:tf ;4flGts jf lghL ljrf/, tngfTdstf / lg:sif lbOGg . JolQmsf sfosf ljj/0fsf vftnvftn dfq ul/gk5 t/ ltgnf0 /fdfg/fdf, 7Lsa7Ls eGg sfd hLjgLdf ul/gxGg . ofqf, lgofqf, ;:d/0f, cfTdsyf, cfTd;:d/0f, blgsL, kq;flxTo, nv, /rgf, cfnv, cflb hLjgL h:t lgaGw ljwfs pkljwfx? xg\. lgaGw / hLjgL Ps ljwfsf ;/rgfaf6 8fl/P klg bjdf tÎjut leGgtf 5 . o; nvdf lgaGw / hLjgLsf rrf jhoGtL !*, !(, @(/ #! df ksflzt **kf= /fhGb ;'jbL, kf8f= bufk;fb cofn / ljgos'df/ zdf gkfn**sf lgaGw / hLjgL ;DalGwt k'j nvx?af6 lnP/ hf8g koTg ul/Psf 5 .

lgaGwsf :j?k

lgaGw lgtfGt dfG5sf ts ljts, kZg / pQ/nf0 cfkmn afw/ k:tt ul/g ;flxTosf Ps ljlzi6 ljwf xf . oxf kf8f= bufk;fb cofnsf sxL kªlQmåf/f o;nf0 aemfpg koTg ul/Psf 5 .

lg pk;;u nfusf afWg cysf aw\wftdf 3`\kToo nfu/ aGg lgaGw zAb ;:st Jofs/0f cg;f/ JoTkGg xG5 . lgaWgflt 0lt lgaGw cyft\hf afW5, ToxL lgaGw xf . o;sf csf JoTklt cg;f/ lglZrtfyfg\ljifofg\cjnDag jf clws t aGwgdl\ jf lgM{zifOf kltkfB ljifo jgflt Olt lgaGwM eGg clekfo cg;f/ sg klg lj rf/ jf ljifonfO uB kBdf afWg g lgaGw xf .Ü

;:s t jfª\do Jofks 5 . ;:s t efiffnfO ljZj sf zf:qLo efiff -Classical Language_ sf ?kdf /flvPsf 5 . ;:s tsf snfTds / csnfTds bj jfª\dodf lgaGw zAbsf pNn v kfO{G5 . kaGw zAbsf klg k sfofTds pNn v kfO{G5 . of1jNSo :dltdf bJosf cydf cd/sfzdf / wdzf:qdf klg ljleGg cydf kofu ePsf kfOg lgaGw zAb >Ldb\eujb\uLtfdf klg kfO{G5 . ;:s t ;flxTodf x:tlnlvt efhkq -ehkq_ / tf8kq cflbnfO ;d6/ afWg cydf lgaGwsf kofu ePsf kfO{G5 . To:t kaGw zAb klg ;:s t jfª\dodf kofKt dfqfdf kfoQm 5Ü eg .cª\uhL Essay sf JoTklt -Etymology_ cyjf km/abn -Alteration_ of Essay kmflG; ;L Essay zAbaf6 cfPsf xf . Essay zAb Noflt6g Exgere af6 lj sl;t ePsf xf . o;/L km/abn -Alteration_ ePsf P:; cufl8sf zAbsf cy klg kof; g xf . k/Llf0f ug eGg cysf klg pNn v kfO{G5 . P:; k/fgf kmGr Essayer ;u ufl;G5 .Ü -cofn_

hLjgLsf :j?k jf k sf/

hLjgL n vg JolQm ax cfofmlds 5g\eg To:tfsf kÛf hLjgL Pp6f ;fgf n vdf n vg ;Dej xbg jf ;fgf kfbf JolQmTjsf sfo jf sd 56g ;S5 cyft\Tof ;fdfGo kl/rodf dfq ;Lldt xg kUb5 . ctM JolQmsf sfo / sfout lfqcg;f/ hLjgLnfO nfdf / 5f6f kfg rng 5 . cfhsn 5f6f hLjgL kl/ro jf Biodata df ;Lldt xg yfnsf 5 . JolQmsf ;du JolQmTj vNg Ps /rgfdf klg hLjgL n vg ;S5 jf Ps JolQmsf ljleGg dxÎjkÛf sfo jf lfqsf klg km/s km/s hLjgL n vg ;S5 . o; af/ ;dfnf rs kf= /fhGb ;jbL eGgxG5 –

hLjgLsf sxL k sf/x? klg cfh clyg ljifo agsf 5g\. Pp6 JolQmsf hLjgsf cgs kf6fx?df klg hLjgL tof/ ug ;lsg l:ylt lj sl;t aGb uPsf 5 . cds JolStsf ;flxlTos hLjgL, cds JolStsf ;fdflhs hLjgL, cds JolStsf /fhgllts hLjgL cflb dfq klg n vg k rng lj sf; ePsf 5 . cds JolStsf /fhgllts ofqf, cds JolStsf cfWoflTds ofqf cyjf cds JolStsf s6gllts ofqf dfqdf slGbt eP/ klg cflzs hLjgL nVg ;lsG5 . k'j kb g/fvLsg hLjgL zAb dfqn lbg cy rflx nVg rfxsf JolStsf hLjgsf ;du kf6fx?, oyftYo efusf cfofdx? clf/zM n vg ul/Psf slt

rflx hLjgL xf . hlta/blv cf/De eP/ hlta/;Dd kf~refllts z/L/ aflrG5 Tolta/;Dd hLjg xf / ToxL hLjgsf OltjQ jOfg hLjgL xf . cfh hLjgL uBdf n vg /rgf xf / efjfTds ;jbgfsf ckIff tYo, 36gf / j:t sf cfhGdsf ;oflht zª\vnfaf6 tof/ xg /rgfljzif hLjgL xf . o;nfO 7Dofpgsf lglDt klxnf t k/sLo ;jbgf / k/sLo hLjgsf lrqOf ePsf 5 5g lj rf/ ugk5 . of csfsf af/df n vg ljifo xf . To; sf/Of hLjgL ;hgfTds n vgsf Go" lj rnwdL / clws tYoslGbt /rgf xf eGg s'/f :i6 xg cfp5 . hxf;Dd hLjgLsf kZg 5 of ljwf ;flxTos Ps pkljwfsf ?kdf clyg k rng cfPsf 5 .Ü -;jbL_

t/ hLjgL jf jQfGt zAbn ;du jf ;DkÛf eGg s'/f aemfpg vfhsf xgfn hLjgL jf jQfGt elg;skl5 JolQm jf kfqsf ;DkÛf klfsf alnlj:tf/ phfuf/ xgk5, h;/L Oltxf;n sg bz, sfn, jusf lj:t t rrf u5 . Oltxf; / hLjgL jf:tjdf p:t ljwf xg\. Oltxf;df j:t jf sfnsf ki7eld xG5 eg hLjgLdf JolQmn efusf, u/sf / egsf s'/fnfO dxÎj lbgkg xG5 . jz jf /fi6«sf Oltxf;df JolQm cfemndf k5 t/ hLjgLdf JolQm g ;jfk/L xgfn p;sf hLjgsf ;DkÛf sfo / 36gfx?nfO dxÎj lbO{G5 . xg t ;;f/df hGdsf hgsg JolQmsf cf–cfˆg 9ª\usf hLjgrl/q xG5g\ tL n vg klg ;S5g\ t/ bz, ;dfh, ljZj jf dfgj ;dbfosf lxtdf sfo gug ;fdfGo JolQmsf af/df n vPsf hLjgL ;do / kl/j z;u nKt xG5 . ljZj, /fi6« ;dfh, dfgjlxtdfly lgM:jfy hLjgsf sfo ;dk0f ug JolQmx?sf hLjgL g dxÎjkÛf xG5 . tL xfdf lj:dltaf6 ghfpmg\/ xfdLn ltgaf6 sxL g sxL k/0ff / cgej hfGg kfpm eGg xtn g hLjgL jf jQfGt ljwfsf cf/De ePsf xgk5 .

hLjgLsf tÎj

JolQmsf cd/tf p;sf sfo;u hfl8Psf xG5, h;n hlt ;dfhfkofuL, dfgjfkofuL sfo ug ;S5, pm Tolt g nfdf ;do jf sfnv08;Dd hllt /xg ;S5 . hGd/ cfˆgf jf cfˆgf kfl/jfl/s :jfydf r nDd 8a/ To;nfO ;a s'/f jf hLjg ;Demg JolQmx? sL/fkm6bfª\uf;/x db5g\. ltgsf hLjgL g n vG5g\ g n vP klg s;n k9g rfxG5 . To;n hLjgL nVbf kfqrog klxnf / dxÎjkÛf s'/f xf / To;kl5 To; kfqsf hLjgdf 36sf 36gf, p;n bv, ;gsf lj rf/x?, p;n efu–u/sf sfox?, p;n af rsf /fi6«sfn / kl/j z, p;sf hLjgsf nIo–p2Zo cflb–cflb s'/fx? ;dl6G5g\. hLjgL k9\gnfos, ;/n, ;xh / ;/; 5 ls 5g eGg s/f eg hLjgL nvsdf vflhG5 . nvsn JolQmsf hLjgnfO slQsf hLjttf, ;hLjtfsf ;fy ptfb5, hLjgLsf dxÎj, o;df klg lge/ xG5 .

hLjgLdf gfos jf kfqsf hLjgrrf, sfo, 36gf g sf/s xg xgfn hLjgL ;To / tYo xG5 . hLjgL nVg JolQmn cf^gf ts, ljrf/ / kl/efiffsf pkofu ug xbg . To;f ul/of eg hLjgLdf c;Totf 3:g hfg 8/ xG5 . hLjgLsf dh ljGb g sNkgf?kL lsDabGtL geO ;fsf/ ;To xf . To;n hLjgL j:tlgi7 / efjjfbL xG5 . cfhsn ;To s/fnfO cgs sNkgfn l;uf// hLjgL nVg krng a9sf 5, cfkm"nfO dg k/sf s/fsf :tlt ufpg / dg gk/sfnfO ufnL ug rng a9sf 5, of /fdf s/f xfOg . hLjgLleq kfqsf ljifodf phfuf/ ePsf jf nlvPsf cGo hLjgL, ;:d/Of cflb / kfqnfO hLljt e6\g, ltgLx?;u ;ªVt ug JolQmTjx?sf klg dxÎj /fVgkgxG5 .

hLjgLsf cf/lDes ljsf;qmd

gkfnL efiffdf ;flxTosf ljsf; ;u;u ljsl;t ePsf hLjgL ljwfsf cf/De !^^# lt/ elgPsf '/fdzfxsf hLjgLU, !*#! lt/ elgPsf 'kYjLgf/fo0f zfxsf hLjgLU xg\elgP tfklg !($* df dftL/fd e§n nvsf 'slj efgeQm cfrfosf hLjgrl/qU g gkfnL ;flxTodf blvPsf dflns klxnf hLjgL xf eGgk5 . To;kl5 kz:t /fli6«« / cGt/fli6«« JolQmTjx?sf hLjgLx? 'uf/vfkqU cflb klqsfx?df bvf k/ . o;/L ljsl;t xb uPsf hLjgL ljwfsf uGysf ?kdf ;öljqmd 1jfnLn 'bJozfxU -!(()_, 'kYjLgf/fo0f zfxU -!((@_ / 'jL/ anebU h:tf slt nvg u/ . !((% df g/bj zdfn 'dftL/fd e§sf ;lrq hLjgLU, !((% d aXdzdz/n 'slj efgeQmU @)!$ df afnrGb zdfn 'efgeQmU, @)!^ df lgTo/fh kf08n 'dxfslj bjsf6fU, @)!* df r8fdl0f aGwn 'bjsf6fU, @)@$ df afa/fd cfrfon 'kYjLgf/fo0f zfxsf hLjgLU cflb nv .o;kl5 ;dofg;f/ of ljwf lgs kmnb uof .

hLjgLsf] ;flxTosf cGo ljwf;Fsf] ;DaGw

hLjgL cfkmdf Pp6f lgs ;jbgzLn ljwf xf . sg klg JolQmn cfkm"hLjgL nlvg JolQmTjsf kefjdf gk/L jf cflTds ;Ddfgsf efj kbf geO hLjgL nVg ;Sbg . Ps lx;fadf nvs ;i6f nlvg JolQmTjnfO cfbz gdfgL hLjgL nVg tD;bg . To;f ePg jf JolQmTjsf kefjdf gk/L g hLjgL nlvof eg cfbz JolQmTjklt Odfgbf/ aGg ;lsGg . clnslt ;TotYo vl:sg jf afªug jf aªofpg egsf bw6gf lgDTofpg xf . JolQmTjsf hLjg jf sfoklt t Odfgbf/L xGg xGg

:jtM hLjgL nvs ;dt eljiosf cg;Gwfgstfsf cfvfaf6 lul/g cj:yf l;hgf xg ;Sb5 To;n hLjgL nvg clt g ;jbgzLn ljifo xf . dfq JolQmsf sfo ljj/0f -Biodata_ hLjgL xf0g .

gkfnL ;flxTodf uBaf6 dfq geO kB ;flxTo cyft\;af0, rfkf0, sfJo, dxfsfJo;daf6 hLjgL jf ufyf uf0b cfPsf lgs k/fgf krng xf . kl5 k:tsfsf/ ?kdf klg o; k/Dk/fn lg/Gt/tf kf0/xs 5 . ;flxTosf cGo ljwf;u hLjgL ljwfsf ;DaGwsf rrf ul/G5 .

;flxTosf oL cfVofgt/ -lgaGwafxs_ ljwf / gf6s, sljtf, sfJo, cfVofg ljwfx? tngfTds ?kdf tYofTdstf / ljrngzLntfsf cfwf/df, Goõ sNkgfTdstfsf e/df lgs leGg / lgs :jklxrfgsf ljziftfdf c8sf blvG5g\. cfVofgt/ uBsf lgaGwt/ ljwfsf lGbt /rgfx?df hLjg efuf0sf oyftYox? g ;an ?kn kofu ePsf xG5g\. ;flxTo eGgf;fy alemg sljtf, cfVofg, gf6s / lgaGwdf hLjgsf cgelTnfO kgM ;hg ul/G5 . hLjgL / cfTdhLjgL cflbdf hLjgs kTolf pkl:ylt k:tt ul/g xgfn kyd txsf kdv ;hg xg\/ hLjgL, cfTdhLjgL, kq, / blgsL cflbdf rflx uf0f ?kdf dfq ;hgfTds u0f kofu ePsf xG5g\. lognfO hLjgLsf ;fklftfdf ;dfgtf / leGgtfsf bli6sf0fx? lgDgfg;f/ k:tt ug pkoSt xG5 .

!_ hLjgL / sljtf M JolStsf kTolf / oyftYosf k:tlt, efuf0sf oyfysf pk:yfkg, rl/qsf kTolfLs/0f / jftfj/0f cflbsf bli6n hLjgL / sljtf bj ;dfg 5g\t/ logdf c;dfgtfsf dfqf a9L blvG5 . tL c;dfgtfsf klfx? s xg\ eg sNkgf kofusf cfwf/df hLjgL Goõ / sljtf clws sNkgf vkt xg k:tltsf bli6n hLjgL ;/n / sljtf hl6n, hLjgL Goõ ljrngzLn / sljtf clws ljrngzLn, ljifo ux0fsf bli6n hLjgL Jofks / sljtf ;Lldt, eflifs k:tltsf bli6n hLjgL kf7Ø / sljtf uo xg ljwf xf . o;f xgfn hLjgL / sljtf lgtfGt leGg ljwfsf ?kdf pkl:yt /rgfljzif xg\eGg s/f l;4 xG5 .

@_ hLjgL / syf M hLjgL / syfdf klg ;dfgtfsf sxL cgzf;gx? /xG5g\. bj uBdf k:tt xg eflifs ksfox? xg\. hLjgL ttLo k¿iffTds k:tltdf slGbt xg / syf klg ttLo k¿iffTds k:tltdf pkl:yt xg ljwf ePsf sf/0fn ;dfg nfU5g\. To;/L g bjdf cgelt / efj;ju /xg ljwf xg\. kl/jz / åGå;ª3ft klg ;dfg /xG5g\t/ olt w/ ;dfgtf /xbf /xb klg bj ljwfx?df /xsf Jofks c;dfgtf klg /xG5g\. pbfx/0fsf lglDt hLjgL Jofks cfotgdf / syf n3' cfotgdf /xg, hLjgLdf kfqsf pkl:ylt axn /xg ;Sg / syfdf ;Lldt /xg, hLjgL kofj/Ofsf Jofks tfdf /xg / syf ;Lldt tfdf /xg xgfn oL bj ljwfsf lgtfGt dflns leGgtf /xsf s'/f :ki6 blvG5 .

#_ hLjgL / Psfª\sL M eflifs ksfo, kfq kofu, cgeltut ;ju, uBdo k:tlt bjsf ;dfg uOf xg\tklg oL bOdf dflns leGgtfsf uOfx? Jofks /xsf 5g\. hLjgL jOfgfTds / JofVofgfTds xG5 eg Psfª\sL ;jfbfTds xG5 . hLjgL Jofks cfotgdf kmlnG5 eg Psfª\sL ;Lldt cfotgdf vlDrG5 . hLjgLdf dSt kofj/Ofsf kofu xG5 eg Psfª\sL a4 kofj/Ofdf tof/ xG5 . hLjgL d~rLo / gkYoLo bj kl/jz /xG5 eg Psfª\sL d~rLo kl/jzdf slGbt /xsf xG5 . hLjgLdf kfqsf pkl:ylt Jofks / ckTolf /xG5 eg Psfª\sLdf kTolf / c;Lldt . log cfwf/df hLjgL eGbf Psfª\sL leGg /xsf s'/f l;4 ePsf blvG5 .

$_ hLjgL / lgaGw M eflifs ksfosf gftfn bj uBsf ljwfx? xg\. efStfsf ;ju kofusf cfwf/df jOfgfTds tyf ljj/OffTds znL kofu xg ljwfx? xg\. olt w/ ;dfgtf xbfxb klg bjdf /xsf Jofks leGgtf lgDgfg';f/ /xsf 5g\. hLjgLsf cfofd Jofks / lgaGwsf cfofd ;Lldt /xG5 . hLjgL k/fTds k:tltdf dfq /xG5 eg lgaGw lghfTds / k/fTds / bj lsl;dsf k:tltdf slGbt /xsf blvG5 . hLjgL kTolf ljifosf kgM ;hg xf eg lgaGw ckTolf ljifosf kgM ;hg xf . kofj/Of kofusf bli6n hLjgL oyftYosf efufOdf slGbt kofj/Ofsf cfwf/df /xG5 eg lgaGw ;i6fåf/f kgM ;lht kofj/Ofdf slGbt /xG5 . hLjgL k/fTds clesygdf k:t't xG5 eg lgaGw k/fTds / lghfTds clesygdf k:t't xG5 . hLjgL j:t' tÎj kwfg dfq xG5 eg lgaGw efj / j:t' bj tÎj kwfg /xG5 . hLjgL ;an cfVofgfTds uBdf /xG5 eg lgaGw IfLOf cfVofg / zGo cfVofg ;ofhgdf klg lgdfOf xG5 . o;/L lg?kOf ubf hLjgL / lgaGwdf ;dfgtfeGbf c;dfgtfsf dfqf Jofks ?kdf /xsf xG5g\.

%_ hLjgL / sfJo÷dxfsfJo M hLjgL / sfJo÷dxfsfJo bj kaGw kwfg /rgf xg\. bj eflifs ksfo xg\. bj Jofks cfofddf lj:tfl/t ljwf xg\. bjdf kl/R5b ofhgfsf Joj:yfkg xg ;S5 . bjdf kl/jz / kfqsf Jofks kofu xg kfp5 . bj cgsf p2Zotkm pGd'v ljwf xg\. o; cy bj ;dfg eflifs ksfo xg\. olt eP/ klg logdf Jofks leGgtf /xsf xG5 . hLjgLdf d't lsl;dsf kaGw ljwfg xG5 eg dxfsfJodf IfLOf / cd't lsl;dsf xG5 . hLjgL cfVofgdo uBdf ;hgf xG5 eg dxfsfJo kB / nofTds kaGw ljwfgdf ;hgf xG5 . hLjgL oyftYo efufOsf kfwfGodf slGbt /xG5 eg dxfsfJo cgeltthGo efufOdf slGbt /xG5 . o;/L xbf bj cnu cnu dflns cl:tTj kwfg leGg ljwf l;4 xG5g\.

^_ hLjgL / gf6s M oL bj eflifs ksfo xg\. bjdf cfVofg ofhgf kaGwfTds xG5 . bjdf ks/Of ofhgf klg xG5 . bjdf kfq, 36gf / kl/jzsf pkofudf Jofks ?kdf ePsf xG5 . oL tÎjx?nfO ;dfgtfsf ?kdf lng ldNg s'/fx? log eP klg xbfxb klg leGg cl:tTj kbzg ug c;dfgtfsf kIfx? klg TolQs ;an /xsf xG5g\. hLjgL jOfgfTds uB kwfg xG5 eg gf6s ;jfbfTds / uB kwfg xG5 . hLjgL ks/Of ofhgfdf / gf6s cª\s ofhgfsf cfwf/df cfVofg stg ljlwdf Jojl:yt agsf xG5 . hLjgL kTolf kfq, kTolf kl/jz / gkYoLo Pjd\d~rLo bj k:tltdf slGbt /xG5 eg gf6s d~rLo / sNkt kfq, kgM ;lht kl/jz ofhgfdf lgldt xG5 . hLjgL / gf6ssf lglDt oL lgtfGt leGgsf/L tÎj /xsf xG5g\.

&_ hLjgL / pkGof; M oL bj eflifs ksfo xg\. bjdf ;kmn cfVofg ofhgf xG5 . bjdf kl/R5b jf cWofo ofhgfsf Joj:yf xG5 . bjdf kfq, kl/jz, / 36gf axn ?kdf kofu ePsf xG5g\. bj cgsf2ZofGd'v /xG5g\. bjdf ;dfg nfUg ljziftf olt w/ xbfxb klg oL bj cfkmdf lgtfGt leGg tÎj kwfg ljwfx? xg\. hLjgL kTolf hLjg efusf k:tlt xf eg pkGof; ckTolf / sNkt hLjg efufOsf k:tlt xf . hLjgLsf cfVofg JolSt / Joli6 kfqsf kaGwg xf eg pkGof; kltlglw / ;dli6 kfqsf cgeltthGo hLjg efufOsf kaGwg xf . kfq / kl/jz hLjgLdf kTolf g kofu xG5gV pkGof;df sNkt kfqx? kofu xG5g\. hLjgLdf kl/jz ;Da4 JolSts hLjg efufOsf Ifqaf6 lnOG5 eg pkGof;df sNkgfåf/f kgM ;hgf u/l/ pkofu ul/G5 . bli6laGbsf cfwf/df hLjgL ttLo k¿if bli6laGb efStf kfq /xG5 eg pkGof; kyd tyf ttLo bj k¿iffTds bli6laGbdf l;hgf xg ;S5 . o; bli6n hLjgL / pkGof; lgtfGt leGg / dflns klxrfg ePsf cnu cnu ljwf xg\eGg s'/f l;4 xG5 .

;flxTosf oL dh ljwfx?;u hLjgLsf kl/ro lg?kOf ubf of lgtfGt leGg ljwf xf eGg s'/f l;4 xG5 . ljZj;flxTosf cfwlgs sfn cf/De ePkl5 ;flxTosf cVofglt/ uBsf ljleGg ljwfx? ljsf; ePsf 5g\. ljrf/ ljifosf ;DkifOf ug qmddf ljsl;t agsf o:tf ljwfx? klg ;flxTos / ;flxTot/ cnu cnu wf/df blvPsf 5g\. ;dfhzf:qsf Ifqsf, ;f:sLts Ifqsf ;~rf/ lj1fg / kfljlws Ifqsf wd / bzg Ifqdf Jofks llflth lj:tf/ aGb uPsf sf/Of uBsf cfVofgfTds ljwfx? klg ljsfl;t / lj:tfl/t xb cfPsf 5g\. ltgsf kl/ro / :j?kleq hLjgL klg cGte't xg cfp5 . To:tf ljwfx?df hLjgL, cfTdhLjgL, ;:d/Of, lgofqf, kq blgsL, cGtjftf / kltjbgx? Jofks ?kdf kofudf cfPsf 5g\. logLx?sf ;fklftfdf hLjgLsf kl/rosf lg?kOf ul/xg klg pkoSt g xG5 .

!_ hLjgL / cfTdhLjgL÷cfTd;:d/Of M hLjgL / cfTdhLjgLdf /xg ;dfgtf eflifs ksfo, cfVofgfTds ;ofhg, kfqsf sGbLotf / axntf, ks/Ofut ;/rgfTds ljljwtf, kl/jzut ljljwtf, cgsf2Zotf / k:tlut ljljwtf ;dfgtfsf nIf0fx? pkl:yt ePsf blvG5g\ olt w/ ;dfgwdL uOf xbfxb klg leGgtf klg TolQs cgsfgs /xsf xG5g\. hLjgLdf k/ kwfg uOf /xG5g\/ cfTdhLjgLdf :jkwfg uOf /xsf xG5g\. efiffsf kofudf hLjgL j:tk/s / Goj sNkgfTds /xG5 eg cfTdhLjgL efj-k/s / clws sNkgfTds xG5 . cfVofgsf sGb hLjgL ttLo k¿if gfosdf lglxt /xG5 / cfTdhLjgL jf cfTd;:d/Ofdf :jod\nvssf gfosTjsf sGbdf lglxt xG5 . hLjgLdf oyftYo efusf kfwfGo /xG5 eg cfTdhLjgL tyf cfTd;:d/Ofdf oyftYo efuaf6 efStf :jodh u/sf cgel'tsf pkl:ylt /xG5 . hLjgL Pltxfl;s tyf sfnqmlds xG5 / cfTdhLjgL cfkGofl;s sfnqmlds Joltqmldt xG5 . To; sf/Of oL bj lgtfGt leGg /xsf 5g\.

@_ hLjgL / ;:d/Of M efiff, kl/jz, kfq, 36gf cflbdf bj ;dfgwdL uOf ePsf ;hgf xg\. hLjgL Jofks cfotgdf agsf xG5 / ;:d/Of n3 cfotgdf lgldt xG5 . hLjgL axkl/jzfTds xG5 / ;:d/Of n3 kl/jzfTds xG5 . hLjgL ;dli6 cfotgsf ;ofhgaf6 tof/ xG5 t/ ;:d/Of Ps sfns, Ps 36gfTds / Ps ;GbefªSg ePsf xG5 . hLjgL k/sLo j:tsf cfkGofl;s k:tltdf tof/ xG5 eg ;:d/Of :jsLo cfTdut k:tltdf tof/ xG5 . log leGgtfsf sf/Of hLjgL / ;:d/Of lgtfGt c;dfg ljwf l;4 xG5g\.

#_ hLjgL / lgofqf M oL bj ljwfx? eflifs ksfo xg\. bjdf kl/jzsf pkofu xG5 . bjdf kfqx? pkl:yt xG5g\. 36gf / p2Zo klg /xg xgfn bjdf ;dfgwldtf blvG5 . olt xbfxb klg bj leGg xg\. hLjgLdf hLjgsf efux? h:tfsf t:t /xG5g\/ j:tut eflifs kofu /xG5 . hLjgLdf 36gf afXo ?kdf ks6 xG5g\/ lgofqfdf 36gfn hGdfPsf kltlqmofut kTolf / ckTolf cgel't ag/ pkl:yt ePsf xG5g\. hLjgLsf ;bL3 cfotgsf ckIff lgofqf Psf2ZofGdv / ;Lldt /xG5 . hLjgLsf kl/jz l:yltzLn /xg xgfn o;sf ;fklftfdf lgofqfsf kl/jz ;Lldt / ultzLn xG5 . hLjgLdf ttLo k¿iffTds efStf /xem lgofqfdf kyd k¿iffTds efStf /xG5 . oL leGgtfx?n bjnfO cnu cnu cl:tTj kbfg u/sf blvG5 .

$_ hLjgL / kq M oL bj ljwfx? eflifs ksfosf cfwf/df ;dfg xg\. bjdf cfcf^gf p2Zo /xsf xG5g\. bjdf kl/jz / efStf pkl:yt xG5g\. olt eP/ klg bjdf Jofks leGgtf /xsf xG5 . hLjgLsf cgs p2Zo /xG5g\eg kqdf Ps p2Zo /xG5 . kTolf kl/jz sGbt hLjgLsf ;fklftfdf kq ckTolf kl/jzsf ;'rgfdf sGbt /xG5 . hLjgLdf k/sLo oyfy kofu xG5 eg kqdf ;Dafws / ;Daflwt bO kfqsf sGbLotf /xG5 / ;Dafws kTolf clg ;Daflwt ckTolf efStfsf ?kdf pkl:yt ePsf xG5g\. kqsf ;Dafws kyd k¿if bli6ljGbsf sGbdf /xG5 / ;Daflwt rflx ;i6fåf/f lgoSt ul/Psf ttLo k¿if bli6laGbsf sGbdf lglxt xG5 . oL leGgtfn bO ljwfsf lar sf ljzliftfdf lgtfGt leGgtfx? pkofu ePsf xG5g\.

%_ hLjgL / blgsL M hLjgL / blgsL bj eflifs ksfo xg\. bjdf efStfsf hLjgsf oyftYo pk:yfkg xG5 . hLjgL / blgsLsf cfotg klg Jofkstfsf cfwf/df ;dfg xg ;S5g\. bjdf kl/jz / p2Zosf pkl:ylt /xG5 . olt eP/ klg bjdf :ki6 leGgtf /xsf xG5g\. hLjgL s;sf ;du hLjgsf cfotgdf ljtl/t agsf xG5 eg blgsL cf^g hLjgsf sxL cjwsf ;Ldfdf kyd k¿iffTds bli6laGbdf sGbt eP/ pkl:yt xG5 . blgsL kyd k¿if efStfn efusf lglZrt ;dofjlw cyjf ljzif p2ZofªSt ;dofjlwsf cfotgdf dfq lj:tfl/t xG5 . hLjgL cgsf2Zodf sGbt agem blgsL lj:tfl/t aGg ;Sbg . hLjgL j:tk/s tYosf ks6Ls/Of xf eg blgsL rflx cfjZos tYosf cgel'tsf clenvfªSgdf sGbt /

xG5 . log leGgtfn bjnfO cnu cnu ljwfsf cl:tTj kbfg ub5g\.

^_ hLjgL / cGtjftf M hLjgLh:t cGtjftf klg eflifs ksfos Ps ?k xf . bjdf sxL g sxL p2Zo /xsf xG5g\. bjdf kl/jzsf klg pkofu xG5 . o;/L xbf bj ;dfg ljwfx? xg\. t/ oL bOnfO leGg agfpg ljziftfx? klg TolQs :ki6 blvG5g\. hLjgL Jofks cfotgdf jOfgfTds k:tltdf ks6 xG5 eg cGtjftf ;Lldt cfotg / syfksygfTds k:tltdf pkl:yt xG5 . hLjgL nvssf cfuxaf6 c;DkSt /xG5 eg cGtjftf nvs cyjf cGtjftfsf/ tyf cGtjftfbftfsf cfux vNnf / jrfl/s ?kdf klg k:tlt xg ljwf xf . hLjgL cgsf2Zo, cfkGofl;s, / cfVofgfTds ljlwdf slGbt /xG5 eg cGtjftf Psf2Zo lgaGwfTds / gf6sLst ?ksf sGbaf6 ;lGgs6 /xG5 . hLjgL ttLo k¿iffTds / nvsLo k:tltdf lga4 aG5 eg cGtjftf nvs kyd k¿iffTds / cGtjftfbftf låtLo k¿iffTds k:tltdf lga4 aG5 . o;/L xbf oL bO lgtfGt leGg ljwfx? xg\eGg s/f l;4 xG5 .

&_ hLjgL / kltjbg M bj j:tk/s 9ª\un ks6 xg eflifs ksfo xg\. bjdf j:t, kfq / p2Zo klg /xG5g\. hLjgL / kltjbg bj k/sLo k:tltdf ks6 xg / sd sfNklgs pkofudf k:tt xg ljifo xg\. bj kf7sklt ljrf/ ;DkifOf ug ;lfd /xg dfWod klg xg\. bjdf Goë ;dLIfOffTds bli6 klg k:tt ePsf xG5 . oL bj olt w/ ;dfg blvbf blvb klg logsf leGgtf klg TolQs :ki6 /xsf xG5g\. kltjbg s;sf lglDt nllot u//k:tt ul/g ljifo xf / hLjgL ;fjhlgs tyf s;sf klt clenllft xb gxg ljifo / hLjgL axbfsf/df /lrt xG5 / Goëtd sNkgfTds xg kltjbg eg ;ªNfKt / sNkgf zGo ljwf xf . o; bli6n hLjgL / kltjbgdf lgtfGt leGg ljziftf /xsf xG5g\.

***_ hLjgL / cGo /rgf** M hLjgL / ;dfnfrgf j:tk/s ljwf xbfxb klg hLjgL uOfbfifsf dNofª\sgsf cfwf/df cledt k:tt ug gldNg ljwf xf eg ;dfnfrgf ofubfg / dNofª\sg klg ug kfOg ljwf xf . hLjgL / kTolfk;f/Of, hLjgL / kjrg, hLjgL / cfnvg, hLjgL / ;dfrf/ljZnifOfh:tf ljwfx? eflifs ksfosf bli6n ;dfg /xbf /xb klg cfkmdf dflns leGgtfsf bli6n ljjlrt xg ljwfx? xg\. oL ;a ljwfx? j:tk/s xbfxb klg bL3tf / n3tfsf bli6n lgtfGt leGg /xsf ljwfx? xg\.

hLjgL cfVofgfTds / kfq kwfg xG5 clg cGo uBx? cfnvgfTds dfq xG5g\. oL bjsf aLrdf efSÎtfsf pkl:ylt kTolf / ckTolftfsf cfwf/df klg leGg /xsf l:ylt lg?kOf ug ;lsG5 . hLjgLsf pkl:ylt cfVofgfTds /xG5 eg cGo /rgfx?df cgfVofgfTds / kaGwfTds uOf kan /xsf xG5 . To; sf/Of oL :km6 / cgfVofgfTds /rgfsf cfwf/df sflJos ;jbgf sd, kqsfl/tfTds l:yltsf a9L pkofu, tYosf ;DkifOfLotf / bfzlgstfsf ;Gbex? a9L k:tt xg ljwf, pkljwf / kljwfx?sf ;fklIftfdf hLjgL 5§ / ;an ?kdf k:tt xg ljwfljzif l;4 xG5 .J-;jbL_

lgisif

cfh :dlt / clegGbg uGysf ?kdf klg hLjgLx? nvb 5g\. kB / uB ?kdf ;dt hLjgL nvg nx/ rns 5 . cfTdsyfsf ?kdf cfkmn cf^gf hLjgL nVg rng a9b uPsf 5 oBlk JolQmn cfkmËfly cfkmnfO slt Gofo ub5 eGg klg kZg pAhsf 5 . xbf xbf sltko lhpbf JolQmTjx?n cf^gf hLjgL jtfGtsf ?kdf c?nfO nVg nufO 5fKg kjlQ;dt ylkPsf 5 . h h;/L nvP klg hLjgL ;To / tYo xgkb5 . sNkgf ug, cGbfh ug, l;ufg, ufnL jf :tlt ufpgaf6 hLjgL dQm xgkb5 . kl/efiff ugdf ;dt ;fRgkg ljwf xf hLjgL . hLjgL g syf xf, g lgaGw xf, g cfnfrgf xf, g ;dfnfrgf g xf . Ps lx;fadf ;flxTofleqsf c;flxTo h:tf nfUg jfªdosf ljlzi6 ljwf xf hLjgL .

uLt, uhn,
Do'hs lel8of,
ljjfx, sfoqmd cflbsf nflu
xfdLnfO ;DemgxfF;\
Four Cube Entertainment
9860660925/9841466812

jhoGtLsf nflu /rgfx? z'4 6fOk u/L
shabdarthaprakashan@gmail.com
df k7fpg ;Sgxg5 .

gf]j]n sf]/f]gf ef0/; (COVID-19) ;fdfGo ¿3fvf]sL eGbf hl6n ;ª\qmd0f xf], xfn ;Dd o; sf] pkrf/sf] nflu cf}ifwL kQf gnfu]sf]n] o;af6 ;ts{ xg' g} pQd pkfo xf] .

o;af6 aRg] pQd pkfox¿ M

- s'g} JolQm, j:t' jf ;fdfg 5'g' kl5 xn] / kl5 ;fa'g kfgLn] /fd|f];u xft w'g]
- cgfjZos ?kdf 3/ aflx/ / le8ef8df ghfg]
- vf]Sbf / xf5\o' ubf{ gfs / d'v s'lxgfn] 5f]Kg]
- s'g} klg JolQm;u tLg lkm6sf] b'/L sfod ug]
- hª\unL tyf 3/kfn'jf kz'kG5L;'usf] c;'/lIft ;Dks{af6 6f9f a:g]
- ;s] ;Dd kz'hGo df;' gvfg]
- Hj/f], ¿3f / vf]sL tyf :jf;k|:jf;df ;d:of cfPdf lrlsT;f;'u k/fdz{ lng]
- s;}n] unt ;'rgf k|jfx u/]sf] tyf cTofjZosLo j:t' hDdfvf]/L, sfnf]ahf/L tyf n'sf0/fv]sf] yfxf ePdf !!#& df ;Dks{ u/L hfgsf/L u/fpg]

g]kfn ;/sf/

;~rf/ tyf ;'rgf k|ljlw dGqfno

;'rgf tyf k|;f/0f ljefu

---

j}hoGtL tyf zAbfy{k|sfzgsf k':ts kf0g]k;nx¿

!=	txjfd k':ts k;n- 0nfd	-)@&-%@!%)(
@=	0nfd k':ts k;n- 0nfd	-)@&-%@)$@#
#=	ef~hf a'S P08 :6zg/L- 0nfd	-)@&-%@)(#%
$=	lnfan Ph'sz]gn 0G6kf|0hh- latfdf8, emfkf	-)@#-%$@@)@
%=	gkfn a'S xfp;- latfdf8, emfkf	-)@#-%$)(#&
^=	k|ult k':ts e08f/- latfdf8, emfkf	-)@#-%$$^#*
&=	/flhnf aS;- latfdf8, emfkf	-)@#-%$@@&&
*=	gzgn a'S P08 :6zg/L- rGb|u9L, emfkf	-)@#-$%%(&!
(=	k|ult k':ts k;n- bds, emfkf	-)@#-%*)#(!
!)=	>i7 a'S P08 Goh ;G6/- bds, emfkf	-)@#-%*$!@%
!!=	k|sfz a'S P08 :6zg/L- bds, emfkf	-)@#-%*!**$
!@=	k|tef k':ts k;n, wgs6f	-)@^-%@!#)$
!#=	åf/sf k':ts- w/fg, ;g;/L	-)@%-%@#@&#
!$=	/dz a'S l8kf- w/fg, ;g;/L	-)@%-%@%)##
!%=	Go dgsfdgf a'S xfp;- w/fg, ;g;/L	-)@%-%#@^*!
!^=	tfKnhª a'S ;G6/- 06x/L, ;g;/L	-)@%-%*^*%^
!&=	clDasf a'S ;G6/- 06x/L, ;g;/L	-)@%-%*$%(@
!*=	afnfhL k':ts e08f/- lj/f6gu/, df/ª	-)@!-%#)^#*
!(=	Zofd k':ts e08f/- lj/f6gu/, df/ª	-)@!-%@^#$%
@)=	dgfh k':ts e08f/- lj/f6gu/, df/ª	-)@!-%#)%%(
@!=	klAns aS; P08 :6zg/L- lj/f6gu/, df/ª	-)@!-%@)!&&
@@=	dgfnL k':ts e08f/- lj/f6gu/, df/ª	-)@!-%@!(@^
@#=	e66/f0 k':ts k;n- lj/f6gu/, df/ª	-)@!-%@$@$#
@$=	ljgfos k':ts k;n- lj/f6gu/, df/ª	-)@!-$&)!^)
@%=	Go :jl:ts k':ts -lj/f6rfs, df/ª	-)@!-%$%@!$
@^=	;~ho k':ts e08f/- /fhlj/fh, ;Kt/L	-(*$@*%)@*)
@&=	Gofkfg a'S l8l:6Ao6; -s6f/L, pbok'/	-)#%-$@)*^$
@*=	dgfn k':ts e08f/- uf03f6, pbok'/	-)#%-$@)!@%
@(=	Gofkfg k':ts k;n- uf03f6, pbok'/	-)#%-%$%^!#
#)=	;Ltf gfjn- nfxfg, l;/fxf	-)##-%^))@&
#!=	rfw/L a'S l8l:6Ao6;- nfxfg, l;/fxf	-)##-%^)$#$
#@=	zfx k':ts k;n- ldrof, l;/fxf	-)##-%%)%##
##=	dhb'/ k':ts ejg- hgsk'/, wglff	-)$!-%@!($#
#$=	jbxL k':ts ejg- hgsk'/, wglff	-)$!-%@#(*@
#%=	>L/fd k':ts k;n- nfnaGbL, ;nfxL	-)$^-%)!%*(
#^=	;Gbf{jtL k':ts k;n- rl/sf6	-(&$$)@(@!*
#&=	sfe|eujtL k':ts k;n- l;GwhL	-)$&-%@))%&
#*=	Go k/hgf :6zg/L- l;GwhL	-)$&-%@))@%
#(=	h= Pg= k':ts k;n- dGynL, /fd5fk	-)$*-%$))!)
$)=	ldlnhhL k':ts tyf :6Zg/L- dGynL, /fd5fk	-)$*-%$))*#
$!=	yfkf a'S P08 ;Knfo;- rftf/f, l;GwkfNrfs	-)!!-^@)@&#
$@=	1fg uªuf k':ts k;n- agkf, sfe|	-)!!-^^#^&%
$#=	ljBf dlGb/- uf/ /ftx6	-)%%-%@)!(^
$$=	l;4fy :6zg/L- jL/u~h, k;f	-)%!-%@%(*%

$%=	lemu';dfrf/ k:ts sGb+ jL/u~h, k;f	–)%!–%@*(!*
$^=	hg/n a's P08 :6zg;– jL/u~h, k;f	–)%!–%@^#@#
$&=	u0fz k:ts e08f/– jL/u~h, k;f	–)%!–%@$#^!
$*=	Go khf k:ts k;n– jL/u~h, k;f	–)%!–%@#$%&
$(=	ljBfyL k:ts e08f/– jL/u~h, k;f	–)%!–%@^*(!
%)=	ljBfyL k:ts e08f/– x6f8f, dsjfgk/	–)%&–%@$!^)
%!=	Go ;dfrf/ sGb+ x6f8f, dsjfgk/	–)%&–%@$)%%
%@=	>L ;rgf sGb+ x6f8f, dsjfgk/	–)%&–%@!&#&
%#=	clk ; xfn;n tyf a's :6f/– 6f8L, lrtjg	–)%^–%^@*%$
%$=	kf8n k:ts dxn– 6f8L, lrtjg	–)%^–%^!)%#
%%=	klkf~hnL k:ts k;n– k;f, lrtjg	–)%^–%*@^@$
%^=	df:s k:ts e08f/– gf/fo0fu9, lrtjg	–)%^–%@$&@&
%&=	Go klkf~hnL k:ts k;n– gf/fo0fu9, lrtjg	–)%^–%@#$%@
%*=	clk ; xfn;n– gf/fo0fu9, lrtjg	(*$%)&#^*$
%(=	sfdgf k:ts k;n– gf/fo0fu9, lrtjg	–)%^–%#)@%)
^)=	gf/fo0fL k:ts ;bg– gf/fo0fu9, lrtjg	–)%^–%@!@*)
^!=	xfdf| k:ts k;n– gf/fo0fu9, lrtjg	–)%^–%@!**$
^@=	lzj k:ts k;n– gf/fo0fu9, lrtjg	–)%^–%@!^$)
^#=	Go lrqjg :6zg/L– e/tk/, lrtjg	–)%^–%@%###
^$=	ljBfyL k:ts e08f/– e/tk/, lrtjg	–)%^–%@)&&*
^%=	9sfn aS; P08 :6zg/L– e/tk/, lrtjg	–)%^–%#)(%$
^^=	;gufef aS; P08 :6zg/L– e/tk/, lrtjg	–)%^–%#!$&)
^&=	Jof; :6zg/L– bdfnL, tgx'	–)^%–%^)@&&
^*=	Go ljBfyL k:ts e08f/– bdfnL, tgx'	–)^%–%^)%^^
^(=	lqk/f k:ts k;n– wflbª	–)!)–%@)!()
&)=	;/:jtL k:ts e08f/– wflbª	–)!)–%@!)*#
&!=	gd:t k:ts k;n– a66f/ g'jfsf6	–)!)–%^)%$&
&@=	klkf~hnL k:ts k;n– uf/vf	–)^$–$@!!!&
&#=	e/gf k:ts k;n– a;Lzx/	–)^^–%@)%!)
&$=	hobUf :6Zg/L– s:df, kjt	–)^&–$@)@(#
&%=	;/:jtL aS; P08 :6Zg;– s:df, kjt	–)^&–$@))%@
&^=	;ug :6zg/L :6f;– DofUbL–	–)^(–%@))#%
&&=	cfhg a's P08 :6zg;– kfv/f, sf:sL	–)^!–%$!#@!
&*=	kfv/f ;flxTo ;bg– kfv/f, sf:sL	–)^!–%#)%*#
&(=	s~rg k :ts k;n– kfv/f, sf:sL	–)^!–%@$$^^
*)=	;/:jtL k:ts k;n– kfv/f, sf:sL	–)^!–%$)%)!
*!=	dgsfdgf a's P08 :6zg;– kfv/f, sf:sL	–)^!–%#)$$!
*@=	nIdL k:ts ;bg– kfv/f, sf:sL	–)^!–%$!!$#
*#=	ljBfyL k:ts k;n– kfv/f, sf:sL	–)^!–%@@)!@
*$=	ljBf dlGb/– kfv/f, sf:sL	–)^!–%#$^&*
*%=	a's df6– kfv/f, sf:sL	–)^!–%@&!**
*^=	ji6g kf7zfnf– kfv/f, sf:sL	–)^!–%##)&*
*&=	au/ P8efG; aS;– kfv/f, sf:sL	–)^!–%@!&&!
**=	sf/fgf a's P08 :6zg;– kfv/f, sf:sL	–)^!–%#*@$@
*(=	cfzLjfb k:ts k;n– kfv/f, sf:sL	–)^!–%$!!%(
()=	kqklqsf :6zg/L -nfnrGbL– afunª	–)^*–%@)!*$
(!=	dnklt a's ;G6/– afunª	–)^*–%@)%%@
(@=	;u/dfyf :6Zg/L – afunª	–)^*–%@)@(@
(#=	hgljZjf; k:ts k;n– afunª	–)^*–%@!!%&
($=	>i7 Goh PhG;L k:ts e08f/– tfg;g, kfNkf	–)&%– %@))^&
(%=	xfdf| k:ts k;n– tfg;g, kfNkf	–)&%– %@)!()

(^=	gd:t k:ts e08f/–ufkLu~h, gjnk/f;L	–)&*–^@)@!@
(&=	nIDagL :68G6 sg/– e/xjf, ?kGbxL	–)&!–%@#%($
(*=	;/n :6zg/L sGb+ e/xjf, ?kGbxL	–)&!–%@!&#$
((=	xfdf| k:ts k;n– e/xjf, ?kGbxL	–)&!–%@^%@(
!))=	cfzLif k:ts e08f/– a6jn, ?kGbxL	–)&!–%$@*^&
!)!=	l;6L a's P08 Goh ;G6/– a6jn, ?kGbxL	–)&!–%$%@#^
!)@=	k|Llff :6zg/L ;G6/– a6jn, ?kGbxL	–)&!–%$!)@)
!)#=	k|eft a's P08 :6zg;– a6jn, ?kGbxL	–)&!–%$$@@$
!)$=	lbJoHoflt k:ts k;n– a6jn, ?kGbxL	–)&!–%$)%*@
!)%=	a'4 Ph'szgn 0G6/kf|0hh– a6jn, ?kGbxL	–)&!–%$%%(&
!)^=	gkfn a's P08 :6Zg/L– a6jn, ?kGbxL	–)&!–%$%^^)
!)&=	ljzfn k:ts ;bg– a6jn, ?kGbxL	–)&!–%$^%%(
!)*=	Go ;/:jtL k:ts k';n– a6jn, ?kGbxL	–)&!–%$%%#)
!)(=	al8dlnsf :6Zg/L– a6jn, ?kGbxL	–)&!–%$*!%@
!!)=	gjHoflt k:ts tyf :6zg/L– ;lGwvs, c3fvfrL	–)&&–$@)$%&
!!!=	;lgn :6zg/L– th;Lk/, bfª	–)*@–%@)!(!
!!@=	uf/L k:ts e08f/– th;Lk/, bfª	–)*@–%@!$!)
!!#=	l;:g k:ts e08f/– th;Lk/, bfª	–)*@–%@#))^
!!$=	hgtf a's :6n– 3f/fxL, bfª	–)*@–%^)@^(
!!%=	/fjn k:ts k;n– ndxL, bfª, bpv/L	–)*@–%$))*)
!!^=	dfpG6 Pe/i6 a's– gkfnu~h, afs	–)*!–%@@*$^
!!&=	pHHjn :6zg/L :6f;– gkfnu~h, afs	–)*!–%@!(^$
!!*=	df5fkR5 a's P08 :6zg/L– gkfnu~h, afs	–)*!–%@^&$%
!!(=	;u/dfyf aS;– gkfnu~h, afs	(*$(^$$@)&
!@)=	d~h>L 0G6/kf|0hh– sfxnk/ afs	–)*!–%$)#@%
!@!=	;li6 k:ts k;n– ;Vt	–)*#–%@$#*(
!@@=	cNkf :6zg/L :6f;– ;Vt	–)*#–%@!!#&
!@#=	Go k|eft k:ts k;n– ;Vt	–)*#–%@))&%
!@$=	kjt k:ts k;n– ;Vt	–)*#–%@!!^$
!@%=	Hafnf :6zZg/L– ;Vt	–)*#–%@))*!
!@^=	xfdf| k:ts k;n– ;Vt	–)*#–%@)$()
!@&=	rfw/L a's l8kf– wgu9L, snfnL	–)(!–%@!@%)
!@*=	r'jf0 k:ts k;n– wgu9L, snfnL	–)(!–%@#$))
!@(=	rfnfgL k:ts e08f/– wgu9L, snfnL	–)(!–%@$(%*
!#)=	;Ud a's P08 :6zg;– wgu9L, snfnL	–)(!–%@!%)(
!#!=	0dh a's P08 :6zg;– wgu9L, snfnL	–)(!–%@^%#(
!#@=	guL 68 ;Knfo; – wgu9L, snfnL	–)(!–%@%#%)
!##=	;he a's P08 :6zg;– wgu9L, snfnL	–)(!–%@#%^@
!#$=	;lfd a's P08 :6zg;– wgu9L, snfnL	–)(!–%@)&#%
!#%=	hfzL k:ts e08f/– afuahf/ 88nw/f	–)(^–$@)!@^
!#^=	;dhL– afuahf/ 88nw/f	–)(^–$@)!$(
!#&=	af:sf6f k:ts k;n– cQl/of, snfnL	–)(!–%%)%*#
!#*=	bLkHoflt k:ts k;n– cQl/of, snfnL	–)(!–%%)&@)
!#(=	Hoflt aS; P08 :6Zgz– 6Lsfk/ snfnL	–)(!–%^)*!%
!$)	k|Ls aS; P08 :6Zgz– 6Lsfk/ snfnL	–)(!–%^)#!!
!$!=	Go cofn k:ts k;n– el/ufp, jlbof	–)*$–$)#))^
!$@=	;/:jtL k:ts k;n– dxGbgu/ s~rgk/	–)((–%@#*!@
!$#=	bUf k:ts e08f/– dxGbgu/ s~rgk/	–)((–%@!$^*
!$$=	dxfsfnL ;dfrf/ sGb+ dxGbgu/ s~rgk/	– (*$*&@!$*&

!$%= Go dxf¿b|k\:ts e08f/– dxGbgu/ s~rgk/ –)((–%@%#^&
!$^= ljlkg k\:ts k;n– dxGbgu/ s~rgk/ –)((–%@)!$*
!$&= vKt8 k\:ts k;n– dxGbgu/ s~rgk/ –)((–%@)%@&

-pkTosf_

!$*= ldq k\:ts P08 :6zg/L– eQmk/ –)!–^^!@@!%
!$(= ljBfyL ;fdu| sGb|– eQmk/ –)!–^^!$#%^

!%)= kf6g a's ;k– kf6g9fsf, nlntk/ –)!–%%%%@%^
!%!= clwsf/L k\:ts k;n– kf6g9fsf, nlntk/ –)!–%%@&*@%
!%@= kljq aS; P08 :6zg/L– nugvn, nlntk/ –)!–%%#)@$&
!%#= ogf aS; P08 :6zg/L– dfgejg, nlntk/ – (*%!!#()%(

!%$= Pstf a's l8l:6Ao6;– yfkfynL, sf7df8f –)!–$$^)$*@

!%%= /Tg a's l8l:6Ao6;– afuahf/, sf7df8f –)!–$@@#)@^
!%^= lxdfnog a's ;G6/– afuahf/, sf7df8f –)!–$@$@)*%
!%&= kf7o ;fdu| k;n– 3G6f3/ sf7df8f –)!–$@$#!%)

!%*= /Tg k\:ts e08f/– ef6flx6L, sf7df8f –)!–$@$*(^#
!%(= Pd= s= a's klAn; ;– ef6flx6L, sf7df8f –)!–$@$(*#^
!^)= gzgn a's ;G6/– ef6flx6L, sf7df8f –)!–$@@!@^(
!^!= ho a's l8kf– ef6flx6L, sf7df8f –)!–$@@!*^#
!^@= cg'aS; ;Knfo;– ef6flx6L, sf7df8f –)!–$@^*(&!
!^#= l/8; Kjf0G6– ef6flx6L, sf7df8f – (*$!##$)*^

!^$= cS;kmf8 0G6/gzgn – k|bzgLdfu, sf7dff8f –)!–$@$^)@!
!^%= df8g a's P08 :6zg/L – k|bzgLdfu, sf7dff8f –)!–$@@)*$@

!^^= cS;kmf8 :6f/– ngrf/ sf7dff8f –)!–$$@#&*)
!^&= gfan a's P08 :6zg/L – ngrf/ sf7dff8f –)!–$$!$%^*

!^*= k/jL k|sfzg– /fdzfxky, sf7df8f –)!–$@@(@##
!^(= k/jL a's xfp;– /fdzfxky, sf7df8f –)!–$$#)*@#
!&)= bLks k\:ts e08f/– k'tnL;8s, sf7df8f –)!–$$@$*(%

!&!= cfhg k\:ts e08f/– gofafgZj/, sf7df8f –)!–$$(%^##
!&@= a's jN8– gofafgZj/, sf7df8f – (*%!!@&@)&

!&#= clezif a's P08 :6zg/L – dWoafgZj/, sf7df8f –)!–$$$^@*$

!&$= cGhfg aS; P08 :6zg;– ljzfngu/ sf7df8f –)!–$$#&%%)

!&%= l;Gw'aS; P08 :6zg;– rfalxn, sf7df8f –)!–$$^#)^(

!&^= 0Gbfjt L aS; P08 :6zg;– uf/L3f6, sf7df8f –)!–$!!$^@@

!&&= af4 a's P08 :6zg;– af4, sf7df8f –)!–$(!^%%*
!&*= ljBf a's P08 :6zg;– af4, sf7df8f –)!–$(!^^*$

!&(= klJns a's l8kf– ufua' sf7df8f –)!–$#%$(&$
!*)= al4 a's P08 :6zg/L– a;Gw/f, sf7df8f – (*%!)*%(^&

***

s| tkf0n| xfdf| j|a;f06 x|g|ePsf| 5 <
web : http://nepalipublisher. com/

s| tkf0n| zAbfy|sf ;flxlTos k\:tsx? k9g|ePsf| 5 <

---

k7gofU]o xfd| s]xL k\:tsx?

ä zAbsf]z ã

!: zAbfy{gkfnL zAb;fu/ -;L8L;lxt bO{/ªdf_ -j;Gtsdf/ zDdf{ gkfnU !^%)÷–
@: ;ªllfKt gkfnL zAb;fu/ -;L8L;lxt_ -j;Gtsdf/ zDdf{ gkfnU !!))÷–
#: ;ªllfKt gkfnL zAb;fu/ -:68]6_ - -j;Gtsdf/ zDdf{ gkfnU *%)÷–
$: ;fgf] gkfnL zAb;fu/ -j;Gtsdf/ zDdf{ gkfnU %))÷–
%: zAbfy{;ªux -gkfnL gkfnL_ -ljgosdf/ zdf{gkfn #&%÷–

^: gkfnL cªu]hL gkfnL zAb;fu/ -;L8L;lxt_ -ljgosdf/ zdf{gkfn !!))÷–
&: gkfnL cªu]hL gkfnL zAb;fu/ -:68]6_ -ljgosdf/ zdf{gkfn *))÷–

*: gkfnL cªu]hL zAb;fu/ -ljgosdf/ zdf{gkfn #&%÷–
(: zAbfy{;ªux -gkfnL cªu]hL_ -ljgosdf/ zdf{gkfn !*)÷–

!): cªu]hL gkfnL zAb;fu/ -ljgosdf/ zdf{gkfn #@%÷–
!!: zAbfy{;ªux -cªu]hL gkfnL_- -ljgosdf/ zdf{gkfn !*)÷–

!@: cªu]hL cªu]hL gkfnL zAb;fu/ -;L8L;lxt_
-ljgosdf/ zdf{gkfn !!))÷–
!#: cªu]hL cªu]hL gkfnL zAb;fu/ -:68]6_ -;L8L;lxt_
-ljgosdf/ zdf{gkfn &%)÷–
!$: cªu]hL cªu]hL gkfnL zAb;fu/ -:sh_ -ljgosdf/ zdf{gkfn %))÷–
!%: cªu]hL cªu]hL gkfnL zAb;fu/ -0nd]6/L_ -ljgosdf/ zdf{gkfn #))÷–

!^: sfgU'L tyf kzf;sLo zAb;fu/ -ljgosdf/ zdf{gkfn /
-8f= ljZjbLk clwsf/L $^)÷–
!&: zAbfy{;ªux -sfgU'L tyf kzf;sLo_ -$^)÷-sf]df kmf];f_
!*: gkfnL cªu]hL gJf/L zAb;fu/ -ljgosdf/ zdf{gkfn /
-zh]bnfn l;x+ &))÷–
!(: gkfnL cªu]hL ;+st zAb;fu/ -j;Gtsdf/ zDdf{ gkfnU /
-ljgosdf/ zdf{gkfn *%)÷–
@): dfgj clwsf/ zAbsf]z -dfwj /]dL /
-s}hfzsdf/ l;jfsf]6L ^))÷–
@!: gkfnL ul0ft sf]z -dx]j/k;fb pkfWofo /
-ljgosdf/ zdf{gkfn !%))÷–

ä cWofTd Pj bz|g ã

!: zAbfy{uLtf -j;Gtsdf/ zDdf{gkfn !&%÷–
@: !#% pklgift-;ªux -dh;lxt_ -j;Gtsdf/ zDdf{gkfnU !!))÷
#: cWofTd / hLjg -Hof]t clwsf/L !&%÷–
$: uGtJoGt -lad]h !@%÷–
%: ç -lad]h @@%÷–
^: k~rfdt -7fs'/ zdf{ !&%÷–
&: si0f sXg}of -lbJokef vgfn #%)÷–
*: efujt Ps ljj]rgf -ufl]jGb lwld/]j]bdl0fU @))÷–
(: ;lQm;'wf -cg:' 7fs'/ zdf{ &%÷–

!): 1fg-lj1fg	-ufl]jGbk|;fb bfxfn	#%)÷-
!!: Jojxf/ -Jofjxfl/s bz{g _	-Pljgbk|;fb Gofk}kfg]	$))÷-
!@: of]otf	-Pljgbk|;fb Gofk}kfg]	#&%÷-
!#: /fhgLlts tyf ;fdflhs kl/jtg{,	-Pljgbk|;fb Gofk}kfg]	#))÷-
!$: ljsf; / k|0ffnL	-Pljgbk|;fb Gofk}kfg]	@%)÷-
!%: hLjg cg]elt	-;Ltf/fdk|;fb bu{fn	@))÷-
!^: gLlt zts -etxl/_	-cg'gf/fo0f 1jfnL	#))÷-
!&: j}bs ;+sltdf gf/L	-nIdL df:s]	#%)÷-

ä ;dfnf]rgf ã

!: b]sf]6f cfofd / k|jlQ	-slkn c1ft	!@%÷-
@: t];|f] cfvfsf] cfnf]rgf	-8f= /fdk|;fb 1jfnL	!&%÷-
#: pkGof; ;dfnf]rgf	-8f= /fdk|;fb 1jfnL	@&%÷
$: ;flxTo-lg?k0f	-8f= 3gZofd Gofk}kfg]kl/>dL	!^)÷-
%: ;dLIff ;dfx/0f	-8f= 3gZofd Gofk}kfg]kl/>dL	!&%÷-
^: gk}fnL dlxnf ;flxTosf/	-nLnf n06]h	&))÷-
&: gk}fnL dlxnf n]vg M k|jlQ / of]ubfg	-/hgL 9sfn÷uLtf lqkf7L	@&%÷-
*: ljjf]rg	7fs'/ zdf{	#))÷-
(: cleJo~hg	7fs'/ zdf{	@%)÷-
!): kl/bz{g	7fs'/ zdf{	@))÷-
!!: cg}s ljwf cg}s bli6	clDasf cof{n	#))÷-
!@: ;}4flGts cfwf/ M kfof]us ljZn]if0f	hLjg hLjGt	@*)÷-
!#: sfJo, lgaGw s]lbsf b]sf]6f	-kf= /fh]lb ;'j]bL	@%)÷-
!$: ;d;fdlos ;dfnf]rgf	-kf= /fh]lb ;'j]bL	&%)÷-
!%: cfwlgs gk}fnL syfdf cle3ft	-8f= zflGt lu/L	*%)÷-
!^: zAbfy{;fk}fg- sljtf ;dfnf]rgf -;+7fs'/ zdf{ljgosdf/ zdf{gk}fn		$))÷-

ä pkGof; ã

!: lrqn]vf -eujtLr/0f jdf{cg'jfb_	-ljgosdf/ zdf{gk}fn	()÷-
@: dlQm;ªufd -xfj{8kmf:6-cg'jfb_	-j;Gtsdf/ zDdf{gk}fnÚ	!%%÷-
#: lg/k/fwsf]xTof -xfj{8kmf:6-cg'jfb_	-j;Gtsdf/ zDdf{gk}fnÚ	!))÷-
$: ablnbf]llflth	-uLtf s]z/L	()÷-
%: gk}fnsf]klxnf]sf]tkj{	-P; kL cf;f	(%÷-
^: a'4	-P; kL cf;f	@!%÷-
&: dlQmo'4sf]aLpm	-g/]lb k/fz/	*%÷-
*: tLtf];To	-wd{fh kf}8ofn	*%÷-
(: kmªu p8}sf]of}g	-8f= Clifs}zj/fh /]jdL	&)÷-
!): lj:dft	-ufk}fn ;~h]h	@))÷-
!!: /x:o	-;Ltf e66/f0{+	!@%÷-
!@: rgf}tL	-k|sfzdl0f bfxfn	@@%÷-
!#: oGq dfgj	-0Gb'kGt	!!)÷-
!$: sNkgf ;+f/	-dlQmgfy zdf{	!%)÷-
!%: lj;ªut hLjg	-?s' sfsL{	!$)÷-
!^: cglUgsf	-8f= ljZjbLk clwsf/L	@@%÷-
!&: ;'¿lr	-zflGt zdf{	!%)÷-
!*: b]pdf0f{sf] lsgf/df	-kblk gk}fn	!@%÷-
!(: Ps xhf/ jif{	-kblk gk}fn	!^)÷-
@): **5 n3pkGof;** -uLtfs}z/L, ufk}fn ;~h]h, k0o/lZd vltj8f, kblk gk}fn, /fh]zj/ b]sf]6f, ljgosdf/ zdf{gk}fn		!$)÷-
@!: cd]/sfdf cfdf	-ef/tL uf}td	&))÷-
@@: xhf/ ;kgf	-sdf/ sf^n]	!%)÷-
@#: dfG5] eP/ d/}sf] dfG5]	-ljkh l;hfklt	@%)÷-
@$: b l:kª ne	-ljgf]bsdf/ >]7	@%)÷-
@%: cfef;	-ljgf]bsdf/ >]7	#))÷-
@^: /ldnfgfgL	-e'jgxl/ l;Ubn]	!$)÷-
@&: ;'/f;Gb/L	-e'jgxl/ l;Ubn]	!^)÷-
@*: /fdbf0f	-e'jgxl/ l;Ubn]	#))÷-
@(: cfdf]0{	-e'jgxl/ l;Ubn]	@%)÷-
#): gof af6f]	-gf/fo0fs}hfz l;Ubn]	@%)÷-
#!: ;ª3if{	-gf/fo0fs}hfz l;Ubn]	#%)÷-
#@: cg'fu	-gf/fo0fs}hfz l;Ubn]	#%)÷-
##: 5fof	-e/t ;'j]bL	$))÷-
#$: /fk	-rGbdl0f kf}8]h	#@%÷-
#%: r8fnf	-ufl]jGb l3ld/]j]bdl0fÚ	$))÷-
#^: pNnf;	-0Gb'kGt	#%)÷-
#&: k|sf/fGt/	-6Lsfk|;fb vltj8f	@%)÷-
#*: Old Man In The Mirror	-Anthal Nepal	@@%÷-

ä syf-n3'syf;ªUx ã

!: Pp6L csL{nfp/f	-sGx}of gf;ggL	!@%÷-
@: kfr syf	-/fh]zj/ b]sf]6f	*)÷-
#: cgGt ofqf	-;'/]g pk]tL	!))÷-
$: dTobt	-hoGtL zdf{	!))÷
%: lhpbf] cfTdf	-wd{fh kf}8ofn	!%)÷-
^: n]dªx?	-nf}s]lbaxfb'/ rGb	@))÷-
&: wdf{{w	-k0o/lZd vltj8f	!%)÷-
*: sd/}8 efph"	-si0f ahuf0{+	!&%÷-
(: Joyfx?sf] syf	-xl/ yfkf	@))÷-
!): /ftf]8fo/L	-;Ltf/fd gk}fn	@@%÷-
!!: cfsfz d}yg	-8f= ljZjbLk clwsf/L	@))÷-
!@: kl/ldt	-xl/ yfkf	@))÷-
!#: k/b}zsf] Joyf	-xl/ yfkf	@@%÷-
!$: aQLdlg cWof/f]	-zfGtf >]7	#))÷-
!%: b]fgsf] cf}7L	-hgs jfUn]	#@%÷-
!^: lgbfpg g;s}sf /ftx?	-ufk}fn cZs	@^)÷-
!&: lal6z cf]0b/	-/fdxl/ kf}8ofn	@%)÷-
!*: eljiojf0fL	-/fddl0f kf]v/]h	#%^÷-
!(: c5]tf	-6ªsaxfb'/ cfn]	#%)÷-
@): 3fd	-zlfdf dfgGw/	@@%÷-
@!: zxLbx?sf] lj/f]w kq	-ljZjgfy vgfn	#))÷-
@@: syfjfl6sf -^& gf/Lsf ^& syf_	-;+ljgosdf/ zdf{gk}fn	%%)÷-

ä lgaGw-k|aGw-lgofqf-; :d/0f-j|QfGt ã

!: a|Xdro{of}g;+dsf] j}1flgs pkfo	-tLy{fh kf}8]h	!%)÷-
@: hLjgsf] cfvL%ofn	-gf/fo0fk|;fb 9ªufgf	*%÷-
#: dw];L cfGbf]hgsf @! lbg	-dw';bg kf08]	!))÷-
$: jf]g{f}sf] g/d08 lzsf/L	-dw';bg kf08]	*)÷-
%: kTy/ kufNb}	-ufk}fn ;~h]h	!%)÷-
^: wdlzvfsf] nodf ;Nnfsf] ;';]hL	-/dz ljsn	@%)÷-
&: Infinity	-ej]z vgfn	!&%÷-

*:	;df6sf] ;Ldfleq / aflx/ efgtQm	-kf: /fhJb ;'j}bL	!^)÷-
(:	d]/f] df6f];u	-xl/ yfkf	@@%÷-
!):	;do ;dosf s'/f	-hubLz nfld5fg]	@%)÷-
!!:	nosf] vf}hLdf	-/hgL 9sfn	@))÷-
!@:	;To ;Þfk	-df}xg rfkfufO{+	@%)÷-
!#:	‰ofDnL afv |fsf]kf7f]	-8f: lzj uf}td	$))÷-
!$:	;f9]-xf:oJoªUo_	-;j{L jfUn]	@%)÷-
!%:	5]p g 6Kkf]	-k|sfzk|;fb pkfWofo	!%)÷-
!^:	;bz{g	-sdn l/hfn	$))÷-
!&:	cd/Tjsf] ;Demgf	-kf: lzju]kn l/;fn	%))÷-
!*:	gf}6aGbL	-;/:jtL lu/L	%))÷-
!(:	>Lhªu zfxsf]hLjg ofqf	-;/:jtL lu/L	@%)÷-
@):	k]/0ff ;|f]t eb|sdf/L 3n]	-;/:jtL lu/L	#))÷-
@!:	kl/ro M j;Gtsdf/ zDdf{g]kfn	-ag"nfld5fg]	@)÷-
@@:	kftfnsf dfG5]x?	-lagf}b v8sf	%))÷-
@#:	b]z / ljb]z	-ljgf}b g]kfn	#&%÷-
@$:	clek]/0ff -Motivation_	-czf]s e/	#))÷-
@%:	aªnª aªnª	-k0o sfsL{	@%)÷-
@^:	dfyfkRrL	-ljgosdf/ zdf{g]kfn	!%)÷-
@&:	kg/fjlQ	-ljgosdf/ zdf{g]kfn	!&%÷-
@*:	k/fjt{g	-ljgosdf/ zdf{g]kfn	@))÷-
@(:	vf]h	-ljgosdf/ zdf{g]kfn	@@%÷-

ä sljtf–sfJo–dxfsfJo ã

!: **tLtfdL7f s'/f**– j;Gtsdf/ zDdf{g]kfnÚ, cRo't/d0f clwsf/L, e'jgxl/ l;Ubh], rGbk|;fb Gofk]kfg] k|sfzdl0f bxfn, b]L g]kfn, 7fs'/ zdf{ /fdk|;fb kGt, pdf ld> |, nIdLsdf/ sf]O/fnf, uf]kLsi0f zdf{ !!!÷-

@: **gUtsf s'/f**– j;Gtsdf/ zDdf{g]kfnÚ, lzjuf]kfn l/;fn, ljiO0f'k|eft, vuJb| vf]N;f3/] P;kLÚcf;fÚ, czf]ssdf/ nfld5fg] dfwj l3ld/] afnsi0f e66/fO{ u0f/fh sf^n] uf]jGbk|;fb l3ld/] dsGbk|;fb zdf{ !##÷-

#: **gUtljrf/**– j;Gtsdf/ zDdf{g]kfnÚ, 7fs'/ zdf{ nIdLsdf/ sf]O/fnf, uf]kLsi0f zdf{ vuJb| vf]N;f3/] ag"nfld5fg] 8f:cf]djL/ l;Þ a:g]t, g/Jb| k/fz/ ;GbLk;fu/ g]kfn, 8f: 6Lsf/fd -ljZj]j/L_ clwsf/L, ljgosdf/ zdf{g]kfn !##÷-

$:	?jf0oft -pd/v®ofdsf]sfJo_ -cg'jfb_	-j;Gtsdf/ zDdf{g]kfnÚ	&%÷-
%:	ls/ftfh{Lo -ef/ljsf]dxfsfJo_ -cg'jfb_	-j;Gtsdf/ zDdf{g]kfnÚ	!%)÷-
^:	oftgf -uBdxfsfJo_	-OGb' kGt	!%)÷-
&:	j;GtfgGb -rDk'sfJo_	-7fs'/ zdf{	!))÷-
*:	zAbgfb -sljtf;ªux_	-7fs'/ zdf{	!%!÷-
(	clegjg -sfJo_	-7fs'/ zdf{	!%)÷-
!):	:jg -sljtf;ªux_	-/fh]j/ b]sf}6f	!))÷-
!!:	cf}em]h -sljtf;ªux_	-obgfy j;Gtk'/]	^)÷-
!@:	ah}6 gDa/ kfr -sljtf;ªux_	-k|sfz rfkfufO+	!%)÷-
!#:	lrGtg;usf]ofqf -sljtf;ªux_	-;Ltf e66/fO{	!@%÷-
!$:	c>'Wf/f -sljtf;ªux_	-r8fdl0f cf}hL	!))÷-
!%:	cfdf -sljtf;ªux_	-r8fdl0f cf}hL	!%)÷-
!^:	k|1frlf' -dxfsfJo_	-g/Jb| k/fz/	!%)÷-

!&:	k|hftGq}k|hftGq -JoªUo sljtf;ªux_	-h'4axfb'/ s];L:	!))÷-
!*:	j;Gt -sfJo_	-/fh]j/ b]sf}6f	&%÷-
!(:	j;Gw/f -dxfsfJo_	-vuJb| vf]N;f3/]	#@%÷-
@):	Ps c~hhL dg -uhn;ªux_	-sdnf l/;fnÚHof]tÚ	!@%÷-
@!:	tfllÎjs ;Hhg ;j{f/f /0fgLlt -sljtf;ªux_	-clgn uf}rg	!&%÷-
@@:	dGyg -sljtf;ªux_	-clgn uf}rg	@))÷-
@#:	cf] rGb|df -sljtf;ªux_	-dl0f/fh l;Þ	@)!÷-
@$:	dLof] -uhn;ªux_	-xl/ yfkf	@@%÷-
@%:	l;hgfgGb -sfJo_	-ag"nfld5fg]	!@%÷-
@^:	cg:dlt -sfJo_	-ag"nfld5fg]	!))÷-
@&:	d tÎj -sfJo_	-ag"nfld5fg]	!))÷-
@*:	d]L ;lugL -sfJo_	-ag"nfld5fg]	!%)÷-
@(:	cfu|x -sfJo_	-ag"nfld5fg]	!@%÷-
#):	;Gb/Lsf] ;jf0{+;jf0{	-gf/fo0f g]kfn	^%÷-
#!:	chn uhn -uhn;ªux_	-gf/fo0f g]kfn	!))÷-
#@:	dQms d~h/L -dQms;ªux_	-gf/fo0f g]kfn	!))÷-
##:	uhn d08L -uhn;ªux_	-gf/fo0f g]kfn	!))÷-
#$:	dQms ;l/tf -dQms;ªux_	-gf/fo0f g]kfn	!))÷-
#%:	e0rfnf]sf] ;jf0{-;jf0{	-gf/fo0f g]kfn	!))÷-
#^:	k|jf;Lsf]gf;f]-uhn;ªux_	-$) uhnsf/	!))÷-
#&:	af6f] vf]hb}af6f]df -sljtf;ªux_	-xl/dfof e}6jfn	!&%÷-
#*:	;/sf/kfl/sf]ufp -sljtf;ªux_	-si0f s66]n	!%)÷-
#(:	k]df]sif{-dxfsfJo_	-nIdLsdf/ sf]O/fnf	@%)÷-
$):	:dltklk -sljtf;ªux_	-nIdLsdf/ sf]O/fnf	!%)÷-
$!:	tf;sGbdf dxfslj b]sf}6f	-k?ffQd l;Ubh]	!%)÷-
$@:	cdtf~hnL -dQms;ªux_	-ltn:dL k|ef;	@))÷-
$#:	dQmsf~hnL -dQms;ªux_	-ltn:dL k|ef;	@%)÷-
$$:	ltnf~hnL -dQms;ªux_	-ltn:dL k|ef;	@^)÷-
$%:	dlGb/ / dfcf]	-/fdsdf/ kl08t	@))÷-
$^:	;lQm ;ªux	-/fdk|;fb 1jfnL	!@%÷-
$&:	bf]efgdf pleP/	-lqe'jgrGb| jfUn]	@*)÷-
$*:	cGtd{gsf ;';]hL	-/fhJb| kf}8]h	!%)÷-
$(:	sf]zLsf p8fg -sljtf;ªux_	-8f: ljb'/ rfln;]	#%)÷-
%):	lhn]6gdf kmh' -uhn;ªux_	-bUf{k|;fb Ujfn6f/]	@@%÷-
%!:	af6f]x]//xg]af6fx?	-8f:lzj uf}td	@%)÷-
%@:	uLtuGw -lxGbL ult;ªux_	-uf]kn cZs	!%)÷-
%#:	lqj]0fL	-hgs jfUn]	#))÷-
%$:	crg{f -zf]ssfJo_	-eujtL cof{n	!%)÷-
%%:	6';fPsf]uug -xf0s"	-cfljisf/ ef/tL	#))÷-
%^	kj{ssf ltofnLx?	-dxfb] clwsf/L	!%)÷-
%&:	cgU'hg	-pQdsi0f dhu}f	@%)÷-
%*:	nf}ssb]v kf/nf}ss;Dd -sljtf;ªux_	-ljgosdf/ zdf{g]kfn	%)÷-
%(:	dTof'af]w -sljtf;ªux_	-ljgosdf/ zdf{g]kfn	@%)÷-
^):	dfu{Lk -sljtf;ªux_	-ljgosdf/ zdf{g]kfn	@%)÷-
^!:	k]df~hnL -dQms;ªux_	-ljgosdf/ zdf{g]kfn	@%)÷-

ä gf6s ã

!: kafl v rGbfl]bo ->Lsi0f ld>sf] gf6s_ -cg':_	-j ;Gtsdf/ zDdf{'g]kfn	^%÷-
@: ef;sf ;du gf6oslt -ef;sf !$ gf6s_ -cg':_	-j ;Gtsdf/ zDdf{'g]kfn	*))÷-
# /fhzl]v/sf ;du gf6oslt -/fhzl]v/sf # gf6s_ -cg':_	-j ;Gtsdf/ zDdf{'g]kfn	*))÷-
$: jL/ªugf es6L / zxLb wDafk]mJf -gf6s	–P;kL cf;f	@))÷-

ä efiff ã

!: Perfect English -/]k8\$;_	-uf]shk;fb zdf{	@*)÷-
@: Learn Nepali yourself, know Nepal yourself	-ksfzdl0f bxfn	#%)÷-
# Professional English Grammar-	-jfdb] kf8]h	#%)÷-

ä gkfnL afn–;flxTo ã

!: tLgtf/f -afnsyf_	-j ;Gtsdf/ zDdf{g]kfn	#%÷-
@: pbf/tfsf] k/fsfi7f -afnsyf_	-j ;Gtsdf/ zDdf{g]kfn	$)÷-
# /df0nf] zlgjf/ -afnsyf_	-efef zdf{	$)÷-
$: tLg dV{ ;fyLx? -afnsyf_	-cfef zdf{	#%÷-
%: ;fgLsf] axfb'/L -afnsyf_	-cfef zdf{	$)÷-
^: d]/f] Kof/f] v}]]-afnpkGof;_	-ljZj/fh kf08]	%)÷-
&: l;∗ / nfdv66]-afnsyf_	-ljZj/fh kf08]	#%÷-
*: bz}sf] blIf0ff -afnpkGof;_	-uªuf kf8]h	$)÷-
(: sfun]lsg sf sf eG5 -afnsyf_	-uªuf kf8]h	#%÷––
!): uhfasf] kfh -afnsyf_	-uªuf kf8]h	^)÷––
!!: afnuLt -afnuLt_	-h'4axfb'/ s];L	^)÷-
!@: lemlnldln tf/f -afnuLt_	-;'/]g pk]tL	@%÷-
!#: k5'tf] -afnsyf_	-;'/]g pk]tL	@%÷-
!$: cfsfz] k/L -afnsyf_	-;'/]g pk]tL	#%÷-
!%: cfdf / 5f]/f -afnsyf_	-pld{nf nfld5fg]	#%÷-
!^: 5's5's] lg? -afnsyf_	-pld{nf nfld5fg]	$)÷-
!&: bz dxfdV{-afnsyf_	-lx/0osdf/L kf7s	#%÷-
!*: /fdsyf -kf}/fl0fssyf_	-lx/0osdf/L kf7s	$)÷-
!(: l;Gs}sf] ;kmntf -afnpkGof;_	-zdL{nf v8sfbfxfn	&)÷-
@): ;fg] aGof] ;Gtaxfb'/ -afnsyf_	-zdL{nf v8sfbfxfn	&)÷-
@!: ;0/]/ ebkm66]-afnsyf_	-zdL{nf v8sfbfxfn	&)÷-
@@: pHofnf] af6f] lzIffsf]-afnsyf_	-zdL{nf v8sfbfxfn	&)÷-
@#: ;fgL -afnpkGof;_	-zdL{nf v8sfbfxfn	&)÷-
@$: ;b{xfdf] ;fyL -afnsljtf_	-zdL{nf v8sfbfxfn	%%÷-
@%: bLIffsf] k'tnL -afnsyf_	-zdL{nf v8sfbfxfn	&)÷-
@^: k'tnLsf] lax]-afnsyf_	-dw';bgk;fb l3ld/]	#%÷-
@&: l;p/f]-afnsyf_	-8f= ljZjbLk clwsf/L	#%÷-
@*: tanfsf] jbgf -afnsyf_	-8f= ljZjbLk clwsf/L	$)÷-
@(: afb/sf] lrGtf -afnsyf_	-ufljGb lwld/]jbdl0f	!%)÷-
#): :ofnsf] ldqtf -afnsyf_	-ufljGb lwld/]jbdl0f	!%)÷-
#!: b0{6fps] ;k{-afnsyf_	-ufljGb l3ld/]jbdl0f	$)÷-
#@: b0{v66]la/fnf]-afnsyf_	-nlntfbfjfL	$)÷-
##: dV{l;∗ -afnsyf_	-/}zf l3ld/]	$)÷-
#$: s}kL dxfk?if -kf}/fl0fssyf_	-/~h>L k/fhhL	$)÷-
#%: afndxfef/t -kf}/fl0fssyf_	-/~h>L k/fhhL	!^)÷-
#^: ;Gb/ / ;'/Lsf] ljjfx -afnsyf_	-kf/;dl0f bfxfn	$)÷-
#&: hf]vdk0f{kxf8L ofqf -cg'jfb-ofqf;+d/0f_	-cflzif kf08]	^)÷-
#*: wtL{usf] s'/f -afnsljtf_	-;k;Ggf e66/f0{	%)÷-

#(: kfhsf ;fyL xfdL -afnsyf_	-;Ltf e66/f0{+	&%÷-
$): ls;fg / eujfg -afnsyf_	-ljgosdf/ zdf{g]kfn	#%÷-
$!: 3/ -gLltsyf_	-ljgosdf/ zdf{g]kfn	$)÷-
$@: afn ;f}uft -afnuLt_	-0Gbsdf/ >]7	*)÷-
$#: /fdf] afgL -afnuLt_	-/fdljqmd yfkf	!))÷-
$$: 0{ofh' v/fof]-afnsyf_	-Pnal rflDnª	!))÷-
$%: sy}syf -afnsyf_	-uf]sh v8sf	&%÷-
$^: ;';]hL -afnuLt_	-uf]sh v8sf	&%÷-
$&: nfnfafnf -afnsljtf_	-uf]sh v8sf	&%÷-
$*: cgf}7f] t/sf/L -afnsyf_	-b]jsL s];L=	&%÷-
$(: /ªusf] sxfgL -afnsfJo_	-0Gb' kGt	!))÷-
%): sldnfsf] tftL -afnsljtf_	-0Gb' kGt	!))÷-
%!: gof ;fyL -afnsyf_	-;lfdf dfgGw/	$)÷-
%@: 3Dg hfp emfkf -lrqsyf_	-/lZd l/dfn	!%)÷-
%#: jftfj/0f -lrqsyf_	-/lZd l/dfn	!%)÷-

ä cªu|hL efiffsf afn–;flxTo ã

!: Regret (story)	–Suren Upreti	^)÷-
@: Angel (story)	–Suren Upreti	^)÷-
# Bright Qmars (song)	–Suren Upreti	^)÷-
$: 15 Qmories (story)	–Jyoti Adhikari	&)÷-
%: Alan, The little Kangaroo (story)	–Jyoti Adhikari	&%÷-
^: Country's Pride (story)	–Bhabha Sharma	&)÷-
&: Grand Mother (story)	–Muktinath Sharma	&)÷-
*: Fables in English	–Narayan Nepal	!@%÷-
(: Everything Has an Origin (Mahavarata Series)	–Prakashmani Dahal	^)÷-
!): Growth Follows the Origin (Mahavarata Series)	–Prakashmani Dahal	^)÷-
!!: Greed, Envy and Ignorance (Mahavarata Series)	–Prakashmani Dahal	^)÷-
!@: Life After the Beginning (Mahavarata Series)	–Prakashmani Dahal	^)÷-
!#: An Ego When Relapsed (Mahavarata Series)	–Prakashmani Dahal	^)÷-
!$: Once When DeraieLd (Mahavarata Series)	–Prakashmani Dahal	^)÷-
!%: The Ultimate Truth (Mahavarata Series)	–Prakashmani Dahal	^)÷-
!^: Lagecy The Hunt (Novel)	–Shreevatshanka Dhakal	!@%÷
!&: The Magic Spoon (story)	–Indu Pant	!%)÷
!*: Mzzako Katha (story)	–Gokul Khadka	!%)÷

ä SofDk;:t/Lo ã

!: !! sf]cy{zf:q	-uf]s0f{dNn	!&%÷-
@: !@ sf]cy{zf:q	-xl/bf; ;fksf]6f÷cfdsf/ kf8]h	!^)÷-
# Elements of Economics (XII)	-tf/f e';fn÷ozf]w/f k;f0{/fhg kmfh'	#))÷-
$: Jofj;flos cy{zf:q (B . B . S, BBA)	-uf]s0f{dNn	@))÷-
%: Business Economics (B . B . S, B . Com)	-uf]s0f{dNn	$))÷-
^: Business Statistics (B . B . S . , B . Com, B . B . A, BIM)	-dgf]h clwsf/L÷dxfk;fb >]7÷kf]f/fh vgfn, z/brGb sf^n]	%%)÷-
&: Fundamentals of Business Statistics (B . B . A . , B . C . I . S, B . C . A, B . I)	-8f= k¿iff]Qd l;∗÷dxfk;fb >]7÷bLks/fh kf8]h	#@%÷-
*: Differential Calculas (BA . B . Sc . , B . Ed)	-8f= df]xDdb xb}b'/ /xdfg	@))÷-
(: Integral Calculas (BA . , B . Sc . , B . Ed)	-8f= df]xDdb xb}b'/ /xdfg	@))÷-
!): kf/lDes ul0ft lzIf0f -cf0{P8=, !!_	-8f= df]xDdb xb}b'/ /xdfg	!&%÷-
!!: ul0ft lzIf0f -aL=P8=_	-8f= df]xDdb xb}b'/ /xdfg	!&%÷-

!@: dxfslj b]jsf]6f sfJo cfofd -aL:P:_	-k0fk|;fb clwsf/L	!&%÷-
!#: gk|fnL gf6ssf]cWoog -aL:P:_	-k0fk|;fb clwsf/L	(%÷-
!$: ;fwf/0f gk|fnL -aL:P8:_ 8f: 3gZofd Gofk|fg]wgkIt sf]0/fnf÷dlQmgfy 9sfn		@#%÷-
!%: gk|fnL nf]s ;flxTo kjlQ / cGjf]f0f -Pd:P gk|fnL_ - slkn c1ft		@))÷-
!^: clgjfo{gk|fnL -aLP_ - 8f: 3gZofd Gofk|fg]wgkIt sf]0/fnf÷dlQmgfy 9sfn_		@#%÷-
!&: ;+st ;flxTosf]?k/]vf -aLP÷Pd:P_	-kf: ufk|Lsi0f zdf{	@&%÷-
!*: efiff-lj1fg -aLP÷Pd:P_ -8f: 3gZofd Gofk|fg]wgkIt sf]0/fnf÷dlQmgfy 9sfn_		@&%÷-
!(: kfof]us efiff-lj1fg -aLP8: 3rd_	-wgkIt sf]0/fnf	#!)÷-
@): ;flxTo zf:q tyf gk|fnL ;dfnf]rgf -aLP8: 3rd_	-wgkIt sf]0/fnf	#@%÷-

ä :s'n-af|8ª:t/Lo ã

!: All in One (Leminated)	-efef zdf{	!))÷-
@: All in One (Hard Cover)	-efef zdf{	!#)÷-
#: All in One (Full Leminated, Hard Cover)	-efef zdf{	@@%÷-
$: My Word Book-Eng-Nep	-uf]shk|;fb zdf{	^)÷-
%: Best word Book-Eng-Nep	-uf]shk|;fb zdf{	!#%÷-
^: English Practice Book -8	-afnsi0f 9sfn	!@%÷-
&: English Practice Book -9	-afnsi0f 9sfn	!%)÷-
*: SLC English Practice Book	-afnsi0f 9sfn	!^)÷-
(: SLC math P Book - (Eng+Nep)	-8f: df]xdb/ /xdfg÷df]df]tf/ cfnfd	!%)÷-
!): New English Grammar-Nep-Eng (Junior)	-uf]shk|;fb zdf{	!#%÷-
!!: New English Grammar-Nep-Eng (Higher)	-uf]shk|;fb zdf{	@^)÷-
!@: Recent English Grammar- Eng (Junior)	-uf]shk|;fb zdf{	!@%÷-
!#: Recent English Grammar- Eng (Higher)	-uf]shk|;fb zdf{	@@%÷-
!$: ;Irq j0f{dfnf	-6L, Pg: u?ª	&%÷-
!%: ;Dk0f{ j0f{dfnf	-cfef zdf{	%)÷-
!^: cfwlgs gk|fnL lgaGw	-j;Gtsdf/ zDdf{gk|fnL	^)÷-
!&: ;lhnf] gk|fnL lgaGw	-uf]shk|;fb zdf{	&%÷-
!*: /l;nf] gk|fnL lgaGw	-uf]shk|;fb zdf{	!!)÷-

ä cGo ã

!: ;Lk l;sf}-;Lkdhs k':ts_	-uf]shk|;fb zdf{	!))÷-
@: cf^gf]pkrf/ cfkm}-:jf:Yo_	-/fhb|b >]7	$))÷-
#: Social Change In Rural Nepal	-Ebindra Prasad Neupane	#))÷-
$: n]vs 6]nkmf]g 8fo/L -;fydf k':ts k;nx?_		%)÷-
%: ;flxTo jif{k':ts @)&! -k':ts kl/ro-sf]if_	-;flxTo ;j+4{g sf]b	$))÷-
^: ;flxTo jif{k':ts @)&@÷)&# -k':ts kl/ro-sf]if_	-;flxTo ;j+4{g sf]b	^%)÷-
&: ;flxTo jif{k':ts @)&$ -k':ts kl/ro-sf]if_	-;flxTo ;j+4{g sf]b	&))÷-
*: ;flxTo jif{k':ts @)&% -k':ts kl/ro-sf]if_	-;flxTo ;j+4{g sf]b	*%)÷-
(: axefiiL pvfg-6Ssf ;ªux	-@# n]vs	$@%÷-
!): lzIfs ;f/ly -kflj tyf lgdflj lzIfs ;f]kfg_	-ksfzdl0f bfxfn	^&%÷-

***

तपाईंले हामीलाईं भेट्न खोज्नुभएको हो

/rgf, lj1fkg jf k':ts-klqsfsf]nflu

zAbfy{ k|sfzgsf] sfof{no-rfa]h, u0f]z:yfg

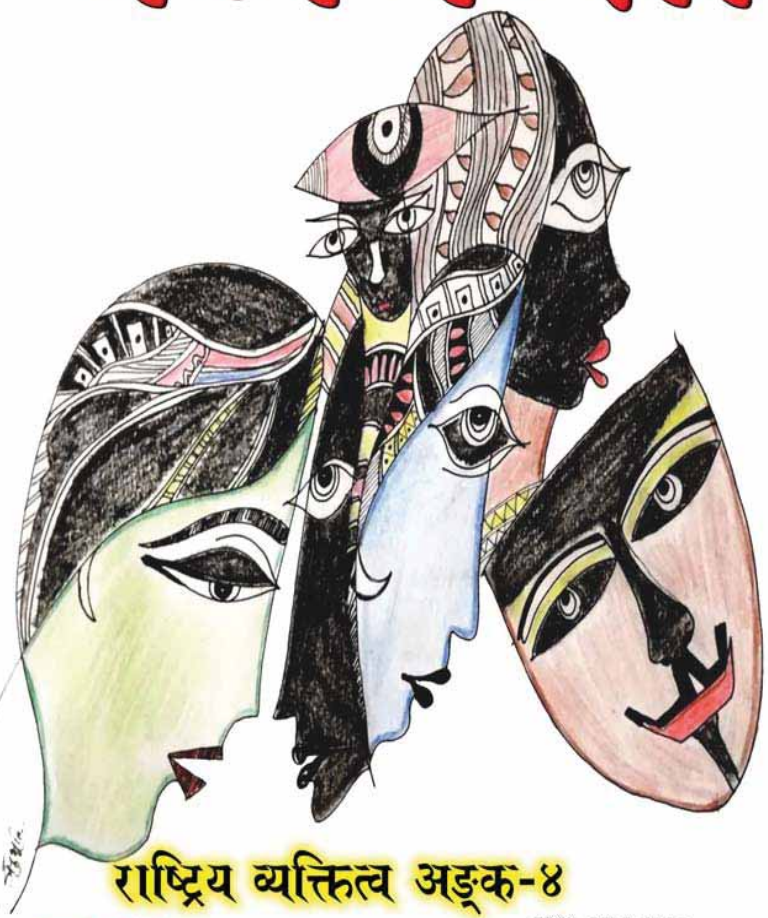
)!-$$(&#%!÷(*$!-$(^!)#

mail: nepal. vk@hotmail.com / nepal120@yahoo.com / shabdarthaprakashan@gmail. com

web: shabdarthaprakashan.com / nepalipublsher.com

विधाकेन्द्रित साहित्यिक पत्रिका

वैजयन्ती



राष्ट्रिय व्यक्तित्व अङ्क-४

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