

k] sfplG; n g]knaf/f /fi6@:t/sf]-s\_ juof julst

# j hoGtL

jif(!) c^s % kOf{s %# ljwfs]bt ; flxltos klqsf @)&\$ k' -df3

; Afs  
j ; Gtsdf/ zDdf{g]knU

lgbzs  
ljgosdf/ zdf{g]kn

cltly ; Dkfs  
\*f=#gZofd Gof]fg].kl/>dlU

k\wfg ; Dkfs  
&fs/ zdf(e)\*f/l

; Dkfs  
ofbj e^v/f0{

; xof]l  
sdnf g]kn  
efef zdf{  
cfef zdf{  
dft]f cfrfo{

k\$fs  
zAbfy{k\$fszg  
rfajh, sf7df8fj

### Shabdartha Prakashan

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; Rgf Mj hoGtldf k\$flzt /rgfs]; DkOf{lhDd]f/ :jod\vy/s g}xg]g\

: DkfbS lo

• slj tf lj wfsfj Pp6f zfvfsfj ?kdf /xjsfj uhnlj wfnj cf<sup>^</sup>gfj 5'6& cl: tJj ufogzhd f hlj t /fvjsfj 5 . jf: tj df n\vg / kjsfzge6bf ufogaf6 ofj lj wf kl/irt ePsfj kf0G5 egl lj gfufog hit /fdj| ult jf uhn n\VP klg To; sfl rrrf kl/rrf{ePsfj kf0G6 . lXGbl / pb6af6 gkfnfd lelqPsfj uhn s: tfj x'gk5{< o; sf l; 4f6t s| s| xg\ ofj lj ifodf yk| wf/ / ax; x? gePsf xfdgg\ cfcf<sup>^</sup>gf lj rf/ / dt kls6 gePsf klg xfdgg\ l; 4f6tnj l; hgf h6dbj a; l; h6gnj l; 4f6t h6dpl5 e6g| s'/fdf **jhoGtl** 9'Ss 5 tyfik cgzf; g x/s lj wf / lfqdf h;L x65 . Toxl cgzf; g xfl; flxTo l; 4f6t jf uhnfd ax/ .

• o; qmddf xfdlnf0{ kZ: t} uhnx? k|kt eP . ax/sfj : j ?kdf, 5G6 slj tfsfj : j ?kdf, Wj lg / nosfj : j ?kdf / d'Om slj tffds : j ?kdf, t/ xfdj nlo o; kN6 z4 ax/a4 uhn xgnj ax/d} cPsf / ax/ eTs|sf ldnfpg ; lsgj; Ddnf0{ldnf0{ : yfg lbPsf 5ff. s; }u/ klg ax/df /fNg j f 9fNg g; lSPsf uhnx?nf0{o; ; a\ xdf; d6g; lSPsfj 5g . o; sfofd 8f=3gZofd Gofkfgaf6 dglo ; fy / ; xofu j hoGtlj kPsfj 5 / pxik|t cef/ JoOm ub5 .

• **jhoGtl** lj wfsfj|b| ; flxTos klqsf ePsfj xgnj lj lj w lf wdf : t/lo klqsf / lgw|/t ; dodf lgsfNgj kpf; lg/Gt/ ?kdf ePsfj 5 . ; a66bf a9L n\vg| lj wf slj tf ePsfj xgnj klg clxnj; Dd ; q c<sup>a</sup>s a4no / d'Om nosf slj tf<sup>a</sup>s ksf|zt e0; s|sf 5g\ j hoGtl sfj o; c<sup>a</sup>s nf0{ klg ax/a4 uhn c<sup>a</sup>s sf ?kdf oxif? ; dl f k|: tt ul/Psfj 5 .

• lg/Gt/ ?kdf ksf|zt lj afg\; |i6fx?af/f n\VPsfj ; DalGwt lj wfsfj ; f|fGts ; dl l f -k5f/sf kftf|n| ; DalGwt lj wfsfj af/df sxl eP klg kf7ssfj cfj Zostfnf0{lj wfut ; dnf|rgfsfj lfqdf ; xofu k'ofPs}5 e6g| s'/fdf **jhoGtl** lj Zj : t 5 .

• **jhoGtl**nf0{df of u/ cf<sup>^</sup>gf /rgf pknAw u/fpgx'g| ; DkOf{ ; |i6fx?df **jhoGtl** kl/jf/ xflbS cef/ kls6 ub5 . o; sf ; fy} cfufdl lbgdf klg ; DkOf{ n\vs ; flxTosf/ Pj+kf7sx?af6 : g|x, ; b6fj / ; xofu k|kt x'g|5 e6g| s'/fdf xfdl kOf{ ?kdf lj Zj : t 5ff .

*; #s|t-!, Psf<sup>a</sup>bl-!, k'j{d|t-!, n3pk6of; -!, n3syf-@, uhn-#, rf8-kj f!, dQms-@, lj bZ'ofqf-@, : j bZ'ofqf-#, /f|l6o-JolQm|j-#, uBslj tf-\$, syf-%, lga6w-%, ; #d/Of-%, ; dl l f-&, 56bslj tf-\* c'f' c<sup>a</sup>s x? lgsf|n; s'f| ; flxTos klqsf **jhoGtl** sfj ; %\$ c'f' c<sup>a</sup>s **56bslj** tf xg5 .*

• zAbfy{ ksfzgsfj jJa ; f06df j hoGtl sf ; a) c<sup>a</sup>s . 8fpgnf8... ug|ldNg| u/L /fvPsf 5g\

o; c<sup>a</sup>sdf

uhnst/	k /	uhnst/	k /	
!	clvn wdnf	%	#\$ blk ldng	#*
@	cGhfg ofql	^	##% blk b  pkfWofo	#(
#	cd/ Toful	&	#^ bl3{ lfql blk	\$(
\$	clj gfz ; fksf f	*	#& wg/fh lu/l	\$!
%	cfog zdf	(	#* wj s'df/ ykf	\$@
^	cfj fh zdf .dV	!	#( gf/fo0f gkfn	##
&	p0ds i0f dhupf	!!	\$( gf/fo0f gkfn	\$\$
*	slj /fh k Bjn	!@	\$! lgZrn cf/De	\$\$
(	sflz/fd ahuf0{	!#	\$@ g/h e\$ /f0{gbl	\$^
!)	s zj /fh cfd pl	!\$	\$# kj t/fh l3ld/	\$&
!!	8f=s i0fh <sup>a</sup> /off	!%	\$\$ kfi6/fh rfkuf0f	\$*
!@	s i0f e'; fn kof; l	!^	\$\$ ksfz vgn	\$(
!#	s i0f; x k nf	!&	\$^ kst t kpl	%)
!\$	lfq k d dlvof	!*	\$& k pls'df/ uofz	%!
!%	vgn d 3gy a6w	!(	\$* 8f=k lk d gnl ...j gfxdl	%@
!^	v'daxfb/ v8sf	@	\$( k eftl ls/Of	##
!&	uofz k ; fb vltj 8f	@!	%) k f b yk f	\$\$
!*	ufkfn cZs	@@	%! k d v8sf	%%
!(	ufv  ; f0h	@#	%@ la6bf nfd .t f0f	%^
@	ufj Gb/fh lj g pl	@\$	## ab /fgf	%&
@!	8f=3gZofd Gofkfg  .kl/>dlU	@%	\$\$ afx/f ej g	%^
@@	hut'axfb/ v8sf	@^	%% elQmk; fb k Bjn	%(
@#	hgs /l; s	@&	%^ efj gf Gofkfg  ej fgl	^)
@\$	hobj ufj Gb	@*	%& ej gxl/ l; l bjn	^!
@%	hlt b  /l; s	@(	%^ dg fh e08f/l	^@
@^	hg"5ql	#)	%( dg fh dg; 'g	^#
@&	6s u'; <sup>a</sup>	#!	^) dx b  rfkuf0f	^\$
@*	6lsf v8sf .f l6k plU	#@	^! ld <sup>a</sup> df zkf  cfu6t's	^^
@(	l8Nnl/fh cofh	##	^@ d gsf k v n	^^
#)	8f ng .lrlGttU	#\$	^# d B fj l/ rfjw/L .tvNn'; U	^&
#!	ltn: dl k ef;	##	^\$ /dz /l; s k Bjn	^^
#@	ltnfng a: ofn	##	^% /dz z'eR5'	^(
##	lbn' yk f du/	##	^^ /dz ; dyg	&)

^& /lght afa'	&! *	zflGt clwsf/l kfjv/h	()
^* /fh ; j'bl	&@ *	zflGt zdf	(!
^( kf= /fh;bl ; j'bl	&# **	zf/bf kfj	(@
&) /fd sBjn .cwlzU	&\$ *	( lzj /fd v8sf	(#
&! /zd clwsf/l	&% ()	z'e ; GWof	(\$
&@ /fjxt k/f0{	&^ (!	zjv/ .ci: tTj U	(%
&# nld0f eGtgf	&& (@ ;	~ho l3ld/]	(^
&\$ nldlbQ eS	&* (# ;	Gtffjl nfld5fg]	(&
&% nfnshl >]7	&( (\$ ;	Gbz 1j fnl	(*
&^ nlnf/fh bxfn	*) (% ;	/fh ; j'kf/f	((
&& 8f= n]vkj; fb lg/fjnf	*! (^ ;	fg"kfj	!))
&* n]sz ; aSft	*@ (& l;	hgf sfsl{	!)
&( j f; bjj sf^ n]	*# (* l;	hgf zdf	!)@
*) j f; bjj kf08p	*\$ (( ;	'dg c1ft	!)#
*! lj ho offht	*% !)) ;	ldqf clwsf/L .i; ?U	!)\$
*@ lj gos'df/ zdf{gkfn	*^ !)! ;	'h zdf	!)%
*# lj gfb kl/j ltf	*& !)!@ ;	'zln uftd	!)^
*\$ lj lkg dd{	** !)# ;	fjd lg/fjnf	!)&
*% lj i0fbk ; aSNk	*( !)\$	x; 'g vff	!)*
		!)% xfdz <sup>a</sup> s/ aff: tfjnf	!)(

:yfol :tle

k'5f/sj kftf M  
 uhndf ax/ / nrstfsj lg; k0f 8f= 3gZofd Gofkfg] .kl/>dlU !!!  
 gkfnsh sxl k': ts k; nx? !@%  
 zAbfy{ k]sfzgsf k': tsx? !@

s] tkf0f0{ yxf 5 <  
 @)&@ sf j if{ k': ts cf0; s]sf] 5 /  
 xfdl @)&# j if{ k': tsdf hl6; s]sf 5ff .  
 @)&# / @)&\$ j]zfvb]v r]q; Dd lg: s]sf  
 k': tsx?sf] xfdl l6kk0fl; lxt kl/ro k]sfzg ub] 5ff .  
 xfdlnf0{ l6kk0flsf nflu k': ts pknAw u/fpgxfj; \.  
 ; flxTo ; j+4g s]Gb]  
 zAbfy{ k]sfzg  
 rfah u0fjz: yfg, sf7df8ff- \$\$(&#%!: (\*\$!\$(^!)#

clvn wdnf .cg/fuU

uhnfaL cw/ Ps hlg/ gx]jnf  
gh/ wfl/nf 5g'd'6' lrg{ x]jnf

x]bo leq d]nf] 5 slxNo) k'5gg\  
g'xfP/ cfP hg] leg{ x]jnf

a; k]d Hofb) eof] ef] gug'  
ltdl k]pg] d/]f] t]Sb/ gx]jnf

xb) ; 'b/L 50f] clns b/ a: g"  
eof] r]rn] dg st}l: y/ gx]jnf

uhn j fx Sof v'a gx]l egl5g\  
nufPy] k]r]f] Toxl lrg{ x]jnf <

YY

ax/-d'tsf]a d'; Ddg ; flnd  
; q- . . . .  
v]xgl, lrtjg .

**ca xfd]f k]nf]**  
 5Gbslj tf, n3'syf, syf, d'0ms, lgaW c<sup>a</sup>sx? .

### c6hfg ofql

h: tfls klhnnf0{pBfg vf; nflu5  
p: t}dnf0{ltclj d': sfg vf; nflu5

df65x? t kmf; |f u0fufg dfq u5g\  
sf/of 5 ofj dnf0{ ; 'g; fg vf; nflu5

bwnj g'xf0ofj; \of dxd} 8'af0ofj; \g  
a%g'; \ ^ufx?df /50fg vf; nflu5

yf/); kmn xb}df cl: tTj eN5 df65]  
le/sfj u/f; nf0{ r\$fg vf; nflu5

z<sup>a</sup>sfx? x6fpm dgsfj gh/ nufpm  
; +f/ df ^ x/| c6hfg vf; nflu5

YY

ax/-d'hf/| cv/a  
; q-~. ~~~ ~. ~~~  
bdfjnl, tgxf.

Ps 7fpdf k\$flzt e0; s\$fl /rgf jho6tlnf0{  
gk7fpg jho6tl kl/jf/ cg/fw ub5 .

### cd/ Toful

tlksofj efj gf zlt ^}kftdf  
dl: sofj lh6bul rfbgl /ftdf

r6rnj rfndf p7b5g\ts6f  
/flkofj bx ofj a} sfj dftdf

s] u?fs] egf'x65 x}x38l  
yf0g s] ; S5' s] ?k ol xftdf

z6o e}b65 ofj r}tgf g} : j od\  
5g'o; } rfx ol vftsf vftdf

a%5 sfj n<sup>a</sup>u8f] a6g'sfj j }6gf  
Tofu g} 5g ol df6EL hftdf

YY

ax/-d'tbfl/s d'; ; Ddt ; flnd  
; q-~. ~~~ ~. ~~~

### ljgosbf/ zdf{gkfnst slj tf; <sup>a</sup>Ukx?

nfjssb|v kf/nfjss; ld %)÷-  
gltljrf/ -; 00m n}g. !##÷-  
df{oafjy @%)÷-  
dfu6lk @%)÷-

clj gfz ; fksf6f

krf6f] lr7L hnf0(dgn] s] kfPsf] 5  
p; n] k7fPsf] `Nsf]n] hnfPsf] 5

; ^E{efju] e65f] s]j n hdlg 6]Sbf  
le0f 5]8/ of6f la; f 6'; fPsf] 5

dgdf c6fPsf 5]gg\ofb kf]vb)5g\  
s; /L gogn] pgs) tl:a/ agfPsf] 5 <

df65] ce]j df dbf{ sf]xl ; fy x6gg\  
kTy/ kh]/ df65]n] wg r9fPsf] 5

h; n] h; f] u/] lg r'krfk v]klb65  
clxn] dleqs] of] df65] lgbfPsf] 5

YY

ax/-d'hf/] cv/a  
; q-~. ~.~ ~. ~.~  
ul9df0!%, af/f .

jhoGtl]sf] nflu /rgfx? z'4 6f0k u/L  
shabdarthaprakashan@gmail.com  
df k7fpg ; Sgxg5 .

cfoG zdf{ g]kfn

kl8f / r]6 af]Sb) ltd}] d k]d kfpnf  
tfj/ 5]pdf kof/f] xft Toj ; dfpnf

gfRg] lyPF ltdln] d]/f] v'; L ; hfP  
dfof u/L ; w]h]tdf] ; fydf /dfpnf

efs/ b]j b]j L dflg] 5' ; fy ltdf]  
ltd}] lj lrq 5fof ; f]bo]df x/fpnf

h: tf]; 's} cj : ydf k]defj 5fP  
dfof / kof/s]f] Toj `G8f d kkrkf/fpnf.

YY

ax/-d'hf/] cv/a  
; q-~. ~.~ ~. ~.~

**zAbfy{ k]sfzgn]**  
!( y/L zAbsfz k]sfzg ul/; s]sf] 5  
/  
ca c? !@ y/L k]sfzg ub} 5  
s] tkf0{k]g sf]zsf/ x'gx65 <  
cf^gf] zAbsfz k]sfzg ug{ 0R5's x'gx65 <

cfj fh zdf{ .dVfj

k9gg\NbPsfj lgj bg s; h]
b\vfofj p; } dg d/fj emg s; h]

5 /] efp vfhb) ptf Ps hf8L
a' ^/} alj f: tf u/5g\s; h]

s] ugk gugk 5 cfofjndf pm
agf0lbP5g\s bfdg s; h]

pm kfun eP/} hyfetal afN5
To; h] u/gg\s v08g s; h]

egg\dV{ eGgx?n] dnf0{
d ; Hhg xf e65' ; 'ggg\s; h]

YY

ax/-d'tsfl/a d'; Ddg ; flnd

; q- . . . .

7]ufgf : of<sup>a</sup>hf, xfn-sf7df8fj.

zAbfy{k\$zfzga6 k\$flzt uhnsf k':tsx?

Table with 3 columns: Ps c-hhl dg -uhn; aUk, chn uhn -uhn; aUk, uhn d08L -uhn; aUk, kjf; lsfjgf; f]-uhn; aUk, -sdnf l/; fn .HoflftU, -gf/foOf gkfn, -gf/foOf gkfn, -\$) uhnsf/, !@%- , !))÷ , !))÷ , !))÷

pQdsj0f dhupfj

s6fR5] ltdfj e6bf s] ltvfj t/af/ xfnf / <
dgsfj k|t dxne6bf 7hfj b/af/ xfnf / <

5 d/fj rfxgf ltdfj cufnfdj h'gl sf6f'
ltdl 5gfj egj d/fj sxff 3/af/ xfnf /

ltdl cf/De xfj ; fy] ltdl g] c6To xfj d/fj
c? s: t] k/L cfpng\sxfl : j lsf/ xfnf /

5 ofj ltdfj ; xf/fdf c8]sfj lh6bul d/fj
ltdlafx]s d/fj s] s'g] cfwf/ xfnf /

lyPfI/Qfj d cfkndf ltdl cfofj ePf kOfj
gkfP ; fy ltdfj s] d afRg' ; f/ xfnf /

d ltdfj ; fysf nflu 5' nfnflot ; wf kof/L
ofj k: tfj df ltdfj s'g] 06sf/ xfnf /

YY

ax/-xh/ d'; Ddg ; flnd

; q- . . . .

s] tkf0h] xfdj ; flxltos k':tsx? k9yePsfj 5 <

### slj /fh kf8}n

k|dsfj ult ufP/ eflbf}ltdl  
tfndf ; / ldnfP/ eflbf}ltdl

s|x| b'af6 x|/l dnf0{lxhfj  
bff 6fj|sl nhfP/ eflbf}ltdl

b'i6 ; + f/sf qm' leQfx?  
tf8gnf0{8/fP/ eflbf}ltdl

cl: t /fP/ g) s) eofj cflv/  
cff; 'nf0{ n'sfP/ eflbf}ltdl

v) cgfof; s|x| eP ^}x'g|  
kfun) kfj agfP/ eflbf}ltdl

kf|Vg' /fP/ kl8f k'sf/ / sfj  
ofj lrtfdf ; 'tfP/ eflbf}ltdl  
YY

ax/-d'tbfl/s d'; Ddg ; flnd  
; q- . . . . .  
?kGb|x| .

### sflz/fd ahuf0{

5 d/fj ; D ^gf lTgnf0{ h-h:n) ; lD ^Psf 5g\  
eNofj /| elGbgfj; \tGnf0{ h-h:n) lal; Psf 5g\  
k/|hldf 5rNs}sf l9sf dftlx?sf ol  
wgl cf ^gf lyP d/f / sfj; |nl lbPsf 5g\  
lbPf|bn-Hofg ofd d|h) d/fj nfvfj;k6s kof/L  
ptf Ps k|n lbgn) lbn l ^sl ltdf| lnPsf 5g\  
cd|t lkpgj d/|sf 5g\  
xh sfd g) eofj ufx|j  
oxf cflv/ lTg) afir-} h-h:n) laE lkPsf 5g\  
u/L x8\fn af6f|df, a; L ; a efs cg; gdf  
oxf efsfx? efs}sfj lj /f|wdf s'lnPsf 5g\  
YY  
ax/-xhh d'; Ddg ; flnd  
; q- . . . . .  
nDsl, shfnl .

cd|t lkpgj d/|sf 5g\  
xh sfd g) eofj ufx|j  
oxf cflv/ lTg) afir-} h-h:n) laE lkPsf 5g\  
u/L x8\fn af6f|df, a; L ; a efs cg; gdf  
oxf efsfx? efs}sfj lj /f|wdf s'lnPsf 5g\  
YY  
ax/-xhh d'; Ddg ; flnd  
; q- . . . . .  
nDsl, shfnl .

u/L x8\fn af6f|df, a; L ; a efs cg; gdf  
oxf efsfx? efs}sfj lj /f|wdf s'lnPsf 5g\  
YY  
ax/-xhh d'; Ddg ; flnd  
; q- . . . . .  
nDsl, shfnl .

ax/-xhh d'; Ddg ; flnd  
; q- . . . . .  
nDsl, shfnl .

jhoGt|sfj nflu /rgfx? z'4 6f0k u/L  
shabdarthapra<sup>k</sup>ashan@gmail.com  
df k7fpg ; SgX'g5 .

### s|zj /fh cfd|bl

: j fwlgtfsf] gf/f nufPsf] 5'  
; <sup>a</sup>3E[sf]g) aQL hufPsf] 5' .

cGofu ug]nf0{ ; dft/} g)  
sfnf] d; ln] kftl /ufPsf] 5'  
v hf] hf] oxif 5g\; f/} lbg] kl8f v'a  
kqnl Itg]nf0{g) eufPsf] 5' .

hf] elj6 5g,\hf] df6bg] ct{ k6x}  
s] sfd Itgnf0{6f9} eufPsf] 5' .

hf] sdj fbl j f Gofosf 5g\; flfl  
8fsl Itg]nf0{g) ; ufPsf] 5' .

YY

ax/-; nld  
; q- . . . . .  
lrtjg .

#### uhnsf t[|x<sub>2</sub>

! ld; /f / ; ]  
@ sflkmof  
# /lbn  
\$ dtmf  
% dStf / tvln;  
^ tuHhh

### 8f= s|j0fh<sup>a</sup>u /f0ff

s; }sf] j }bgfn] dg b'vfPsf] sxif xG5  
s; }sf] kl/-kl8fn] xf; fPsf] sxif xG5

; a}df dfg of ; Ddfgsf] OR5f x'g] u5{  
gx}kg] xf] eg] dflg; s/fPsf] sxif xG5

g hf]g/} ghfg]sf] of] dfof s] u/l af8f  
gh/n] kji6 el66G5 n'sfPsf] sxif xG5

g5f]g"nfhn] cfvf ePb]v rfv]f] dfof  
s; }n] kof/ kfn/ la/fPsf] sxif xG5

xpof kl/ kfn/ cs]nf] lh6bufglf  
g xif; } s'g] dflg; /dfPsf] sxif xG5

YY

ax/-d'hf/]  
; q- . . . . .

tkf0[<sub>2</sub>] xfdlnf0+ e}g vfl]gePsf] xf] ‡  
/rgf, lj 1fkg jf k:'ts-klqsfsf]nflu  
zAbiy{ ksfzgsf] sf0fo-rfah, u0fz:yfg  
)!-\$\$(&#!÷(\*\$!-\$(^!)#

mail: nepal.vk@hotmail.com / nepal120@yahoo.com /  
shabdarthaprakashan@gmail.com  
web: shabdarthaprakashan.com / nepalipublisher.com



s|0f e'; fn Kof; L

l'ldSs cfvf agfPf d)h, e'tSs kb}ltdl nhfof}
d'; Ss xff, fl ld; fPf d)h, e'tSs kb}ltdl nhfof}

; j f; 5b}5 kln knNbf, g'3f0{8fnl l6kf6kSs}
rB} l; /df ; hfPf d)h, e'tSs kb}ltdl nhfof}

egf't ufxfl} 5 Kof/ ; fxfl, ptf lg o: t} 5 5g s'lg
eh} z<sup>a</sup>s f af)nfPf d)h, e'tSs kb}ltdl nhfof}

u/f}g v}tl knnfprf 5ftl, 5/} lj Zj f; knnfprf dfof
k'sf/ o} xfl htfPf d)h, e'tSs kb}ltdl nhfof}

ag/ .kof; ll 9's} a: g, syf cgf7fl 5 lhGbulsf}
ls dfxgl kf nufPf d)h, e'tSs kb}ltdl nhfof}

YY

ax/-cznd

; q- . . . . .

a'6j n !& ?kGbxl, xfn-d: s6 .

s|ol k':ts k9g'ePsf]5 <

; flxTo jif{k':ts @)! -k':ts kl/ro-siff\_ \$))÷-

; flxTo jif{k':ts @)&@ -k':ts kl/ro-siff\_ ^%)÷-

axèiffl pvfg-6Ssf ; a'ux -@# efiif @# n}ys \$@%-

s|0fl; x k}nf

a8fl cj ; /d'vl cfwf/ xflnf
sxf lg: j fy{of} ; + f/ xflnf

Toxl+ufxl hxf h3f/ xflnf,
lj j z nfrf/sfl ; x/ xflnf

lgs6tf cfh of} df5f / kfgl
s'g}lbg kfgl af/faf/ xflnf

hxf cj zE dflg; sf a9l 5g\
lyof} k}N} s'g} b/af/ xflnf

; bf cEo: t Toj j g/fhnf0{
3gf j g vfs c'is66f/ xflnf

ldnfof} wd{ hfl, /fhgllt
e/ c'6ofo cTofrf/ xflnf

oxl ; +sf/ ; + bsfl 5 xfdfl}
p7f0{ s'; l{ df/fdf/ xflnf

36fpm t}n cf^gf} ; Eo df65}
w/df Joy{sfl of} ef/ xflnf

YY

; q- . . . . .

s'/fnf, ajt8l, xfn-wgu9l, s}hfnl .

### Iffq kjd dlvof

x/ŷ lbnsfj tl kth kof/f s; f/l /D5fj n's/ x]5{  
66/ gftf 5/ŷfj dfof sxfa6N5f}a; ŷ x]5{

; /Do af6fj Toŷ lh6bulsfj lx8/ hfgj u/ŷfj j frf  
3/L-3/L Toŷ 89ŷfj j frf agj v/fgl kths/ x]5{

v; f0{ cf; ' w'zSs kf/L o; fj dnf0{ g9fb} x'Yofj  
n's}sf ltdfj Toŷ sk6l dfof d si6 eflb} ; x/ x]5{

lk/5 dfof cr}n w/}o; fj sxfgl ; 'g]5' d}n  
cwd{/flkl u/ŷfj efsn stf kfj klyofj ud/ x]5{

la5f8 ufyf agj5 ; fyl eP5 ; ŷul phf8 ; kgf  
89}nfj nful ; 's}sfj 5ftl s; f/l kthnf{ 9's/ x]5{

YY

ax/-cznd  
; ŷ- . . . .  
l; lnu'8l, ef/t .

*s]ol k':ts k9g'ePsf]5*

*dfyfkRrl -ljgostf/ zdf{gkfn !%}÷-*

*kg/fj]Q -ljgostf/ zdf{gkfn !&%}÷-*

*k/fj tġ -ljgostf/ zdf{gkfn @)}÷-*

### vgfn d]3gyf .a6wł

gj kft eofj gj hfu/ nl ca emš p7ffgj zf; gdf  
pr nlo r'gl l; k, sfzndf ; a j u{ s'bf}gj zf; gdf

hgtf ; asfj lxt sfd s'/f dg g}tsn} u0f k0f{xg}  
o; hlj gdf kmn slt{ ; w}lng cfh h'6f}gj zf; gdf

cl3 zf; gdf ; a zf; sn} clt dft lnP clg Pj; u/  
wgdf ulgP dxn} rlnP clt nfj g y'tf}gj zf; gdf

5n5fd ge}lbnbf/ agf}o; e'tndf dg ; j R5 agfj; \  
; \v j]4 u/L bMv bb{ ; a}vndf n e'6f}gj zf; gdf

3'; v/ 36fj; \b}t sfd agfj; \hghlj gs}f dg zft agfj; \  
kl; gf >dsfj abgfd gxfj; \ca dNo a'em}gj zf; gdf

gedf u}xsfj ult Ifq a'em k/b}z ; /l xsbf/ xg  
tgn} hgn} gj o6q ln} ca Jofd r'df}gj zf; gdf

ca ; j u{ ; /l gokfn agfj; \>d l; hgdf hgtf vl6cff  
lgh ; j fy{x6l ultzln agl ; defj a'em}gj zf; gdf

cj /flw s'g} hgd fem eP l/ ; , /fu ; a} clt b' u/L  
kl/j f/; ŷ; \v ; fy ln} ; t .a6wł ; 'tf}gj zf; gdf

YY

ax/ M d'tbf/s d'; Ddg dVag

; ŷ- . . . .

lhtk/ % Onfd, xfn M wgu9L s}nfnl .

v'daxfb/ v8'sf

5' 6f9f ltdlbjv 2G50f] ls ; fg"  
st} ofbdf Jou| xG50f] ls ; fg"

latj /ft xfnfg\glrDn/ cfmf  
gog gl/n] cfh wG50f] ls ; fg"

prfNg] st} 5g\k5fg[ st} tl  
k/f0sf s/f kf] ; G50f] ls ; fg"

cMof/f] pHofnf] t rvf{xf] eGb}  
c?sf c3l cf; ' yG50f] ls ; fg"

; bf sn b/l sxff xG5 nfdj  
oxl cfzdf rfx aG50f] ls ; fg"

YY

ax/ M d'tsfl/a d'; Ddg\; flnd  
; q-. ~ ~ . ~ ~ . ~ ~

xfdf] gkf]nL afn-; flxTo

!= tlgf/f -afnsyf	-j; Gtsdf/ zDdf{.gkfnU	#%:-
@= pbf/tfsf]k/fsfi7f -afnsyf	-j; Gtsdf/ zDdf{.gkfnU	\$) :-
#= /df0nf]zlgjf/ -afnsyf	-efef zdf{	\$) :-
\$= tlg d'v{; iyx? -afnsyf	-cfef zdf{	#%:-
%= ; fgsf]axfb/l -afnsyf	-cfef zdf{	\$) :-
^= d'f]kof/f]v}]-afnpkiof;	-ljZj /fh k08]	%) :-
&= l; * / nfdvbb]-afnsyf	-ljZj /fh k08]	#%:-

u0fzkl; fb vltj 8f

d b\B) 5' gkfn afnfx?df  
`h]sf psfnf le/fnfx?df

; a} /Qmsf] /<sup>a</sup>\df b\B) 5' dfG5]  
5 s] leG uf/f / snfx?df

kul k'j{ klZrd ; dj6/ kmh  
pgffPs km/f d dfnfx?df

enfBl agfoff pxl dfG5 o: tf]  
cx] eB ub] 5 5fnfx?df

u/ >d cj Zo} oxlf ldN5 djf  
ptfg] 5' nfnl d ufnfx?df

YY

bwsf]zsf, k~rg, ; fhn'vDa' .

**zAbfy{ ksfzgsf] j]a; f06df j]hoGtlsf**

; a} c<sup>a</sup>s, n]vsx?sf] kl/ro,

xfdf ; a} ultlj lw,

zAbsf]zx?sf] ; k]b]p/ /

sfoqmsf t:jL/ lkmlnd tkf0]sf nflu

pknIawkDf{ xg ; S5gl x} 0

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web : www .shabdarthaprakashan .com/

www nepalipublisher .com

### Uffkfn cZs

?ks} ; flrdf laxfgl efj  
/ft efllof kmnt sxfgl efj

efj gfsfj ; w}u/f khf  
efj gfs) s'/f v/fgl efj

lhGbul affRg) rfxgf d/fj  
d[o's) ?k lhGbufgl efj

s) ; 'gfpnf syf-Joyf dgsfj  
kf0nf ehs) lgzfgl efj

efj uhn ult g) ; km/ ; fyl  
cZs cff; 'lbP/ bfgl efj  
YY

ax/-vknkkm d'; 2; dVağ dxhkm  
; ð- . . . .

### cfpngxj \ 0

jhoGtIsfj ; fy ol ; flxltos klqsf klq k9f M  
/rgf, clelolQm, bflolj, zlb; ofhg, ; h}v,  
gjklffkg, lxdfnl u'/\*, , zlbfa's/  
; flxltos k': ts-klqsf ; knfo; {

rfah u0fz: yfg, sf7df8f, gkfn  
)!-\$\$(&#%!( \*\$!-!\$\$ (^&

### ufjv[ ; f0hfi

b'v}sfj 5 cfd f lg/fzf xgfn  
leh}sfj 5 dg leqleq} z'gfn

gzfdf au}sf /ut}sfj klj fx  
's}sfj 5 cfknf lbn}df 5'gfn

sxf kf}vg' cfknf n's}sfj 5 kl8f  
v'a) bb( eb[ uofj x) d'gfn

pir}fj dfy kf/L 's'fP/ knj/  
cgfof; ; }tfj /ufPf r'gfn

ku}f laDa vf}hb) ghfgj/ cfknf  
lyofj kfOf h: t} ; tfofj s'gfn  
YY

ax/-d'tsfj/j d'; Ddg\; flnd  
; ð- . . . .  
gf/fo0fu9, lrtj g .

s]ol k': ts k9g'ePsfj5 <

; flxTo jif{k': ts @)&! -k': ts kl/ro-sfj} \$))÷  
; flxTo jif{k': ts @)&@ -k': ts kl/ro-sfj} ^%)÷  
axëfi fl pvfg-6Ssf ; a}ux -@# efi ff @# n}vs \$@%÷

uf]j Gb/fh lj gf]l

k'/fg] 5 cf]v 5 efsf k'/fg]  
goff sf]6 x] of] 5 6fsf k'/fg]

goffsf] ag] cfu]xl efg' dfq}  
5 6f]kl goff lsf]t' 9fsf k'/fg]

agfcf]goff /fi6«g]kfn eG5f]  
goff of]hgfsf] 5 v]sf k'/fg]

lbp]f h; 's) l]qsf] gfd gf]nf]  
pxl g} t x] of] 0nfsf k'/fg]

sxf]xG5 ; ldf / lj : tf/ cfk]  
geTsf0P ; f]r-gfsf k'/fg]

YY

ax/-d'tsf]/j d'; Ddg\; flnd  
; q- . . . .  
gj nk/ .

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8f= 3gZofd kl/>dl

dhb/ xFPp6f d af]er] p7fpb) 5'  
laqnl u/ lgbf kl; gf auf]pb) 5'

ltdf] clxt x'g] So} slxNo} u/f / d]n]  
hNb} d dg h: t] hlj g rnf]pb) 5'

tf]/L k]Nof] lg d]} >dn] u/fx?df  
ef] t]n ltdf] nflu d lkgf ; 'sf]pb) 5'

ltdf] pbf/tfsf] cfef; r]flxbg  
d]} v'aln] d]n] cf: yf arf]pb) 5'

; fdGtj fb ef] ef], tf]/k gug{ d]/f]  
>dsf] ahf/df g} ; Ddfg k]fpb) 5'

ltdf] dxn 5 cl]nf], kb]g dg dnf0{  
cf]gGbbfol of]f er]k8l agf]pb) 5' .

YY

ax/-d'hf/]

; q- . . . .

ab]f6, gj nk/f; L, xfn-lj Zj efiff Sof]k; , sf7df8f}.

### hutaxfb/ v8sf

cg]sf]qf; 8/df Hoğ ufx] 5  
k/} hlj g /x/df Hoğ ufx] 5

v'; l v]Hgj axfgdf /x/ aR5'  
o'uf]o; /l ; d/df Hoğ ufx] 5

c?nf0{pHofn] afBgsf] nflu  
:j o+lg:k§ 3/df Hoğ ufx] 5

ptf s: tf] 5 v} sf]xl atfpbgg\  
otfsf x/ ; km/df Hoğ ufx] 5

nufp]5g\hGbulsf] /<sup>a</sup>udf cfuf]  
ol bZdgsf] gu/df Hoğ ufx] 5

YY

ax/-xhh d'; 2; \; flnd

; ð- .~ .~ .~

uf]Lz<sup>a</sup>s/ # bf]nvi, xfn-dn]zof .

#### xfdf] g]kfnl afn-; flxTo

*= bz]sf]bl]f0ff -afnpgkof; _	-u <sup>a</sup> uf kf]h	\$)÷-
(= sfun]lsg sf] sf] e65 -afnsyf_	-u <sup>a</sup> uf kf]h	#%÷-
!)= uhfasf]k]h -afnsyf_	-u <sup>a</sup> uf kf]h	^)÷-
!!= afnult -afnult	-h4axfb/ s] l	^)÷-
!@= lemldln tf/f -afnult_	-; %] pk]l	@%÷-
!#= k5tf]-afnsyf_	-; %] pk]l	@%÷-

### hgs /l; s

wdl/f k; ]5g\e/gfx?df  
s'g) rfn 5]g 3/gfx?df

5 dgf t'; f/] k/] k5{ufpf  
axf/ x]5 affsl 5 dgfx?df

k/fof t cflv/ k/fof x]b} x]f  
eP x]f; of/l j /gfx?df

pxl ?k d/] km/s b]V5' hlxNo}  
dnf0{ 5 ; Gb}x ol P]gfx?df

l/; f0{uPs]f] lyof] Ps Kof; f  
g b]V5' zx/df g ; ]gfx?df

YY

; ð- .~ .~ .~

wgu9l .

#### xfdf] g]kfnl afn-; flxTo

!\$= cfsf; ]k/l -afnsyf_	-; %] pk]l	#%÷-
!%= cdf / 5]f -afnsyf_	-pldf] nld5fg]	#%÷-
!^= 5s5s]lg? -afnsyf_	-pldf] nld5fg]	\$)÷-
!&= bz dxdfv{-afnsyf_	-lx/0ostf/l kf7s	#%÷-
!*= /fdsyf -kf]f]0fssyf_	-lx/0ostf/l kf7s	\$)÷-
!(-l; Gs]f]; km]tf -afnpgkof; _	-zdlf] v8sf .b]xfn]l	&)÷-
@)= ; fg]afof]; Gtaxfb/ -afnsyf_	-zdlf] v8sf .b]xfn]l	&)÷-

### hoblj ufj Gb

a9] zf:q, r]nf / r]nl cg]sfj  
huf, cf]7, af]nl, ; ; ]nl cg]sfj

hj fgl gzfsf lbj f-: j Kg bf; L  
lgzfgf, d60f<sup>a</sup>uf, u'n]nl cg]sfj

lx8] dfu(df 6ff; b) d: t hTyf  
lkof/L, lkof/f, ; x]nl cg]sfj

hwfP st}kof; sf z'is b|i6  
ldn] cf]7, cf]vf, k/]nl cg]sfj

s'g}vfj; P sf]knf af; df g}  
hxl k'ik, j]nl, rd]nl cg]sfj

x/] 0 s] u/] ldNg ; Snf pHofnf] <  
ld7f /ft, ; Hhf, hg]nl cg]sfj

d vf]Hb} 5' g]kfn 5 n'6b}ls p; n]  
klyf, ; ffw, vDaf pv]nl cg]sfj

YY

ax/-d'tsfl/j d'; Ddg\; flnd  
; q- . . . .

lqz'nl, g'j fsf6 .

### lhtfbj /l; s

d kfgl d'xfg} ; 's]sf] 5 dgdf  
baf0{ s ; }sf] b'v]sf] 5 dgdf

gnflb} v8/L x'bo g} ; 'sfof}  
5 wj} sxfgl n's]sf] 5 dgdf

d vf]Hb} 5' dfoff k'rh]sf] j ; Gtl  
r'/fem} 5 5ftl r's]sf] dgdf

of] lbn g} hnfof} ; x]s} xF d]n]  
5 cfuf] ltdln] k'rh]sf] 5 dgdf

YY

ax/ d'tsfl/j

; q- . . . .

### zAbfy{ k]sfzgn]

!( y/l zAbsfz k]sfzg ul/; s]sf] 5

/

ca c? !@ y/l k]sfzg ub} 5

s] tkf0{k]g sf]zsf/ x'gx'65 <

cf^gf] zAbsfz k]sfzg ug{ 0R5's x'gx'65 <

### h'g" 5kl

nufof} gh/sf} lgzfgf cgf}7f}  
u'of} d': s'/f0{ axfgf cgf}7f}

; a) eGb5g\k|t g} lhGbul xfl  
5 o} k|t /Dg| hdfgf cgf}7f}

lbn} klUnbf kof/df leqleq}  
v'n}sf} 5 efsf t/fgf cgf}7f}

v': l ; fy: fy} ; a) sbdf 5g\  
5 of} k|t}sf} sbvfgf cgf}7f}

oxl k|t g} cflb xfl k|t cGTo  
5 of} lhGbulsf} lsgf/f cgf}7f}

YY

ax/-d'tsfl/b  
; q- .~ .~ .~ .~  
xfn-cd|/sf .

s] tkf0[n] xfd|f ; flxltos k':tsx? k9yePsf] 5 <

### 6S u'z<sup>a</sup>

kmhsf} dgleq sfbf lgl: sP cfZro{ xGg  
; j e|fl ; j &f/f lgl: sP cfZro{ xGg

lhGbuldf olQ w|} glnsfbf 6}sof] ls  
kmh 6}Sbf cfx U Pof U lgl: sP cfZro{ xGg

dfu o: tf} Dd /V5g\cfhsn dfG5|x?n]  
d!Qmbftf bfo/df lgl: sP cfZro{ xGg

afusf} xTof ePsf] /5 xTof/f gvflhf}  
kmh bfjfl lgl: sPnf lgl: sP cfZro{ xGg

wd{ efiff, hft dfG5] olQ w|} 6lqmP ls  
; j udf o: t} tdf; f lgl: sP cfZro{ xGg

pm tuf/fsf} khs xfl 7f]s'j fsf ; fy eG5'  
efln p; sf] j l/ufyf lgl: sP cfZro{ xGg

v; y o: tf} cf; ' kl8fsf} syf xfl hg ; 'gf0{  
d|xkmndf j fx U cxf U lgl: sP cfZro{ xGg

YY

; q- .~ .~ .~ .~  
cfa' v|gl, txf.



### 6lsf v8sf .fi6kplu

h10m nfvf; nuf0{ xdnf ub} 5g\  
tl gh/n} dnf0{ xdnf ub} 5g\

/fh o: tf] v'nfof] ej /fn] gf]nf]  
kithn] d': s'/f0{ xdnf ub} 5g\

b': dgl ef] o; f/l lsg aQl; lu}  
k'tnl tg 89f0{ xdnf ub} 5g\

; fdgf s] u/l v} xltof/n] unf{<  
tl lj rf/ ; a p7f0{ xdnf ub} 5g\

u5{ sf]xl arfpm b' af6} d]/f]  
sf]xl lbndf ; hf0{ xdnf ub} 5g\

YY

; q- . . . . .

pnf]af/L-^ df]a, xfn-bf]xf stf/ .

#### xfdf] gk]fnl afn-; flxTo

@! = ; 0/] / ebkib6]-afnsyf_	-zdlhf v8sf .bfxfnl	&) :-
@@ = phofnf]af6f]lzlfsf]-afnsyf_	-zdlhf v8sf .bfxfnl	&) :-
@# = ; fgl -afnpklof; _	-zdlhf v8sf .bfxfnl	&) :-
@\$ = kt'nsf]lax]-afnsyf_	-dw'; bgk; fb l3ld/]	#% :-
@% = l; p/f]-afnsyf_	-8f= ljZj blk clwsf/l	#% :-
@^ = tanfsf]j]bgf -afnsyf_	-8f= ljZj blk clwsf/l	\$) :-
@& = wtl{ usf]s'f -afnsf]tf	-; k; ggf e66/f0{	%) :-

### l8Nnl/fh coffn

5fp/f] eSg yfN5 ef]sfPkI5  
bW vf]HYof] ; w} eft vfPkI5 .

vfg vfGYof] ld7f] j f gdl7f] h] xf] ; \  
emg\ld7f] vf]hg yfNof] c3fPkI5

kn]/of] 3]/of] df]6 nfbnf] lgsf]  
df]g yfNof] pxl ; fy kfPkI5 .

eSbYof] a]; /L uf]ph] cf]pbf  
rk nfbnf] eof] rf/ cfPkI5

eG5 lbNnl ; xl ; flr cfP h; }  
lrGg dIzsn xg] nk nfbnf] 5

YY

; q- . . . . .

dbgk]v/f kfNkf, xfn-dgf]x/j : tl, sf7df8f].

#### xfdf] gk]fnl afn-; flxTo

@* = kthsf ; fyl xfdl -afnsyf_	-; ltf e66/f0f	&% :-
@( = afb/sf]lrGtf -afnsyf_	-uf]j cb lwd/] j]pdl0f]	^) :-
@# = : ofnsf]ldqtf -afnsyf_	-uf]j cb lwd/] j]pdl0f]	%) :-
@! = b0{6f]ps]; k{-afnsyf_	-uf]j cb l3ld/] j]pdl0f]	\$) :-
@@ = b0{v66]la/fnf]-afnsyf_	-nlntf .bf]w]	\$) :-
@# = d'v{1; x -afnsyf_	-/Zf l3ld/]	\$) :-
@\$ = s]l dxfk; if -k]f]f]of]ssyf_	-/h>l k/fhhl	\$) :-

### 8fjng .lrIGttú

ofj ofbsfj ; j f/L, cfkñ u8j/ cfp5  
/fjSbG5' eG5' ´g´g, wj} a9j/ cfp5

s}sfj lnofj k/Lff <, ofj bj n} dnf0{  
hfj x/ sbd sbddf, sfBf lnP/ cfp5

h; af6 hfj ckj|ff, /flvG5 cInn wj}  
p; af6 g}pkj|ff, ´g plQ wj/ cfp5

cfP/ hfG5 df}sf, wj} k6s ; km/df  
yfx}xbg s; /L, v} slQ vj/ cfp5

5fBj/ j|4 cf>d, cf^gf a'af / cdf  
dlG6b/ uP/ dfG5, 9<sup>a</sup>df khj/ cfp5

efj efj g/fpm .8fjngú Hofbf auf0{ cf; '  
ofj cf; ' k'5g sfxl, ; fyl agj/ cfp5  
YY

ax/-d'hfj cv/a  
; q- . . . .  
afun<sup>a</sup>, anjj f -!\$ .

### ltn:dl k}ef;

n8}sl lyPf d p7fofj ltdlnj  
/ k}dljn h: t} ; dffofj ltdlnj

d df5L ltdl xfj|s d5}f/ dfeml  
d'v}df 5 aN5L km; fofj ltdlnj

g lgNg} ; s}f g ps}Ng} ; s}f Toj  
gvfgj s'/f s} v'j fofj ltdlnj

prfnl prfnl r9f0{ r'nldf  
k}ofP/ le/df v; fofj ltdlnj

d v}f}b} lyPf d': s'/fP/ af}Ng  
.ltn:dlú gbldf 8'afofj ltdlnj

YY

ax/-d'tsfl/a d'; Ddg ; flnd  
; q- . . . .  
afA, kf6L6f/, sf7df8ff.

### **ljgobf/ zdf{gk}nsf slj tf; <sup>a</sup>u}kx?**

<i>nfj}ssb}v kf/nfj}ss;</i>	<i>%)÷-</i>
<b><i>gltljrf/ -; eDm n}yg</i></b>	<b><i>!##÷-</i></b>
<i>df}oá}fj</i>	<i>@%)÷-</i>
<i>dfu}k</i>	<i>@%)÷-</i>

ltnfrg a:ofn

kmN5g\axf/df clg zlfef lbP/ hfG5g\  
; a kmh af; ; lSpkl5 j)nP/ hfG5g\  
allgj gbl / vflnf e}bg] sa'h u/ ^}t  
bfefg e]6P kl5 tl hf]8P/ hfG5g\  
ofql cg]s y/lst e]6G5 of] ; km/df  
lbnleq vf; dfG5] v'b 5flkP/ hfG5g\  
vcfzf lg/f; a}bf c}vf lgs}/; fP  
kl8f kvfNg cff; 'eSsf]gP/ hfG5g\  
c?sf] enf] lj 4 x/af/ 3f]6g] hf]  
cfkm}kmmfd h:t}Pslbg lvP/ hfG5g\  
YY  
ax/-d'hf/]  
; q- . . . . .  
:of<sup>a</sup>hf - % uNof<sup>a</sup> .

**uhnsf t}j x**  
! ld; /f / ; ]  
@ sflkmof  
# /lbkm  
\$ dtmf  
% dStf / tvNn;  
^ tuHhh

lbn' ykfk du/

k; }sf] lyof] hf] lbofnf] eP/  
pxl lgl: sPsf] 5 cfuf] eP/  
x}bgg\pbf; L lge}sf lzvf t  
pbf; L 5' dgd} 89}nf] eP/  
; wf r}f6 r'krfk e]lg] /x]5  
lgsDdf oxl lbn crfgf] eP/  
sf]xl x}; ot a%g ; Sbg cf^gf]  
/x/ bWsf] u5{ 8f]sf] eP/  
s}xl 5f}bg] s}xl lng] /5 hlj g  
d kfgl ePf pm cuN6f] eP/  
YY  
; q- . . . . .  
u}fsf6- \$ gj nk/f; L .  
x}df] g}kfnl afn-; flxTo

#%= goff; fyl -afnsyf	-; l}df dfG6w/	\$)÷-
#^= ; Gb/ / ; /l}sf]lj}ix -afnsyf	-kf/; dl0f b}xfn	\$)÷-
#&= hf]vdk0f{kxf8l ofqf -cg]fb-ofqf; #d/0f -cf]zif kf08]		^)÷-
#*= ls; fg / eujfgl -afnsyf	-lj gosdf/ zdf{g}kfn	#%÷-
#(= 3/ -glltsyf	-lj gosdf/ zdf{g}kfn	\$)÷-
\$)= afn ; f}ft -afnult	-0}b}stf/ >]7	*)÷-
\$!= /df]afgl -afnult	-/fdlj qmd ykfk	!)÷-
\$@= 0}ofn' v/fof] -afnsyf	-Pnal r}fln <sup>a</sup>	!)÷-

**blk ldng**

hfb) 5 lhGbufgl afsf] xnf] hj' fdf.  
k' / laTof] hj' fgl' afsf] xnf] hj' fdf

ef] eGg 5f]8b]pm kfv] ls; fgnf0(  
kflnG5 /fhwfgl' aflsf] xnf] hj' fdf

hftt/ v]t aff' f] /f]kG5 :j kg nfvf]  
cf]9/ 3fd kfgl' aflsf] xnf] hj' fdf

d]b/ d]6b]gg\w]P/ cy{ s} ef]  
5g\xftsf lgzfgl' aflsf] xnf] hj' fdf

df6f] wnf] lxn]fd' xff' f] pdfg{ v]f]hg]  
n]Mg]5' Ps sxfgl' aflsf] xnf] hj' fdf  
YY

ax/-d'hf/]  
; q-~. ~.~. ~. ~.~  
s~rg-% ;b]k/, ?kG]xl .

jhoGtl]sf] nflu /rgfx? z'4 6f0k u/l  
shabdarthaprakashan@gmail.com  
df k7fpg ; Sgxg5 .

**blkG] p]k]w]fo**

sf] p7fp5gV v} 9n] kl5  
bf]: t aG]5g\; a} km] kl5

ub5g\u'nfasf] aofg /]  
dG]b dG]b j f; gf rn] kl5

cGg 5]g k]6df 5 ef] gf  
ef] g] lanfp5g\u'n] kl5

hf]ubg 'f]k8l u/lasf]  
cfuf] t]f]k]5g\3/] hn] kl5

blk cGwsf/d} x/f]p]5  
of] ; dfhn] ; w} 5n] kl5  
YY

ax/-d'; 2; \dSk]k]m dxh]k]m  
; q-~. ~.~. ~. ~.~  
lj hf/L, bf<sup>a</sup> .

s] tkf0] xdf] ; flx]Tos k':tsx? k9]eP]sf] 5 <

**bl3{ lfgl blk**

k/nlsf] 0zf/fn] atfP ^}nflU5  
dgsf] Tof] d ^}ldf ; hfP ^}nflU5

u'nfal Tof] d'xf/ ltdf] nhfn" ^g af]nl  
ltdlnf0{ t km; }pd} agfP ^}nflU5

b0{ cfvf hwpP/} ltdl; fd' a: bf  
kul : j u} k/L; ^}x/fP ^}nflU5

sn]hf] of] l5of k}of] ; w} 3f]rl 3f]rl  
5/f h: t} ltvf kf] ofb k7fP ^}nflU5

a/km h: tf] lr; f] ; f}Ry] ltdlnf0{ d}n]  
lagf cfuf] lxof d/f] hnfP ^}nflU5

YY

; q- . . . . .

**uhndf ax/**

j 0f{-clf/\_ / dfqf]ds Ps} ktfsf cfwf/df ; def/af6 l; hgf  
xg]; ^}lt d}l no g}ax/ xf]. h; /L 56bf}4 slj tfsf nflu e (SII),  
h (ISI), ; (IIS), o (ISS), / (SIS), t (SSI), d (SSS), g (III) h: tf  
u0fx} sf] 1fg cfj Zos x65 To; /L g}ax/df uhn /rgf ug}f nflu  
c?h zf: qaf6 lj lxt ?Sg, csf}x} sf] 1fgsf] cfj Zostf kb5 .  
?Sgx} hhaf6 a6b5g\ hh eg}f ?Sg ag}Psf0 xg\ h: t} I 0  
-! ; flsg\_ n3÷xj Psdf]qs, s 0 @ d'txl/}\_{\_ u?÷bl3{l}adflqs . ! n]  
n3dfqfnf0{/ @ n]u? dfqfnf0{aen}pg klq ; ls65 . h}x} l}adflqs  
(II), (S)÷lqdf]qs (IS), (SI) / r}tdflqs (IIS), (SII) x65g\

**wg/fh lu/L**

of] h'gl n]sssf] gfddf clkPF  
Wofgsf] 1fgsf] wfddf clkPF

sOf}dfuf{ ag} bfg x] lh6bul  
gf6 x] lh6bul vfddf clkPF

n]jedf df}xdf 5g /} rfx g}  
k}t}df clkPF ; flendf clkPF

k}t}sf] ultn] of] w/f ef] x/f  
j fudf /fusf] ofddf clkPF

ef] phofnf] ; v} blk ef] lh6bul  
h}gd} clkPF 3fddf clkPF

YY

ax/-d'tbfl/s d'; Ddg ; flnd  
; q- . . . . .

l}rtjg .

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**ca xdf] j}a ; f08df j}hoGtl / bflotj sf ; a)  
c<sup>a</sup>s 8fpgnf} ug{ ; Sgx65 x} .**

wlj s'df/ ykfk

k/f0{/ cf^gf| lrg|sf| 5' d)h|  
; a} : j fy(df 5g\^a'er|sf| 5' d)h|

an|sf| lbof| 5g of| dfydfly  
vk|sf| tgfa) lug|sf| 5' d)h|

crfgf| ePf 5g dfof s; }sf|  
bof wd{/fVbf l5g|sf| 5' d)h|

e/f|; f s; }sf| xlb)g t ofqf  
t/L 3f6 PSn)lx8|sf| 5' d)h|

; d: of eP/} eg| e'gnf0(  
dgf|df|g Aofh) l{/sf| 5' d)h|

s'/f ug{ nfu| ; dfh)e/ldf  
st} 5g vfnl lk|sf| 5' d)h|  
YY

ax/-d'tsf|/a d'; Ddg ; flnd  
; q- . . . .  
rf|t/f gkf=!) l; Gw'kfNrf|s, xfn-/fNkf .

gf/fo0f gkfn

htf hfpifpt} ltdf| ^ ^ Nsf| kf0bf| /5  
dhfsf| lh6bulnf0{ ltdl g} rfixbf| /5

oxf s|nfpj) 5f8L ; wf v|nf0bf| /5  
nul 0dfg u^axdf l; w} ; |nf0bf| /5

v8/lN) u/|sf 5g\dxfa; f|tsf| rrf|  
oxf cfsfzv|t|sf| gdgf Nof0bf| /5

ykf| /f|zgl h; n| : j o+cf^g} vhf|gdf  
pg) a|bb|sf uf|g xdzf uf0bf| /5

tdf; fdf e'6l cfzf d'5l cfqifz ltv|df  
; wf ; |sf0bf| /5 v'; L b|v|f0bf| /5

oxf cTof0bf| /5 oxf nTof0bf| /5  
lbPf e6b) p; }nf0{ ; wf|Tof0bf| /5  
YY

ax/-xhh  
; q- . . . .  
bf<sup>a</sup> .

YY

### gf/fo0f gjkfn

: j kgb|6f ^ }u/L uXo=e|b ; f/f vf|N5 pm  
; flr xNsf zft e} Sofg o: tf| af|N5 pm

x| 0Gb|pf, ; v|, 5f|8 tfg kl/sf  
wSw'sldf ; fvsf| /<sup>a</sup> cR5f 3f|N5 pm

s| / Hofbf s| sdl u5{d: tl pm ; bf  
k|bl; 4L 7f|6n| Jofd wtl{ 9f|N5 pm

rfgfdf kf0f /|0 ; fwgfdf qf0f /|  
h| 5 of| ; + f/df lh6buln| df|N5 pm

e65' P|h| xiff| pm 5 cfzfsf| s8l  
zlf hf| 5g\`zsf 9f<sup>a</sup> kf/L kf|N5 pm

YY

ax/-dbl b d'/Ssa d'/Aaf ; fnld  
; q- . . . . .  
/fdlx6L, sf7df8f.

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ca xfd| j|a ; f08df jhoGtl / bfloTj sf ; a)  
c<sup>a</sup>s 8fpgnf|B ug{ ; SgxG5 x) .

### lgZrn .cf/DeU

pnf sf| xfa6ws d ; fgl uhndf  
/ n|Vb} 5' hlj g sxfgl uhndf

e'nfPF ; a) y|s ltdf| gzfn|  
; /fal agfPF hj fgl uhndf

hn|sf| 5 dbf{lr tdf 5' cfkn|  
agfP/ ; f/f v/fgl uhndf

b\l xG5 sf|xl ; \l xG5 sf|xl  
xhf/f|syfsf| 5 vfgl uhndf

kn|Nof| cfh .lgZrn| r|B| ^ 5{ e|fn  
cd/ xG5' kSs} ls6fgl uhndf

YY

ax/-d'tsf|/a d'; Ddg ; flnd  
; q- . . . . .  
ltgs6of-\*, l; Gw|nl .

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g/h e\$/f0{ .gbl0

; 'gfnf] 5 wtl{ p7fpn ; a)n]  
goff kmh'j f/L ; hfpn ; a)n]

au]rf lj gfsf t dfnl xbgg\  
; xl b'z rfns ; dfpn ; a)n]

snf, ; lk xff: 5g\oxlf gfrg hfg]  
: j b'zd} /dl ult ufpn ; a)n]

ptf ufp'j : tl zx/sf] dx/  
lxdnl cw/ em'xf; fpn ; a)n]

d 7hf] xfkf6l{ tfcs[ skf6l{  
egl n]st'g} gvfpn ; a)n]

; wf em'g; 'Sg] ; a)kof; d'6g]  
ldnl Ps s'f agfpn ; a)n]

dleg] 5 .xdl0 ptf/y x/f'f'  
ePsf cxd\ol 36fpn ; a)n]

YY

; q- .~ .~ .~ .~

gfd; fln<sup>a</sup> -%, xfn-kr'6sn, Onfd .

kj {t/fh l3ld/

lghl x'g d/f] g ltdf] x'g]5  
x/s b'w xfdl b'j }sf] x'g]5

d r<sup>a</sup>xf agl p85' d'ly uugdf  
g/f'Sg," ltdl; <sup>a</sup>xf wuf] x'g]5

lsgf/f nufos] eg] afR5' x'fnf  
lj gfn s'g] df5f] Hobf] x'g]5

5 P'n] e/] cff; ' of] dftl-h: tf]  
ltdl 6f19P kfgl-h: tf] x'g]5

x'g]5g k60f/nflbf] s'g] kn  
ouf]sf] ldnf]; \cfo' 5f6f] x'g]5

YY

ax/-d'tsfl/a

; q- .~ .~ .~ .~

nfd8f8f-\$, lxnkfgl, b'fnvf

s] tkf0'n] xfd'f ; flxltos k':tsx? k9yePsf] 5 <



### klji6/fh rfkfuf0+

x/ lh6buldf lgzfgf ag/ x/  
bb{x65 s: tfj crfgfj eP/ x/

x/ u/Lanf0{ gdb{ hnfpg} xfj  
l; km{ Psafhl lrtfdf r9/ x/

Pp6} r'gftl 5 d/fj k|sfzfnf0{  
PskN6 aftl; /L e} hn/ x/

6fpsfj 's}sf s'g} 5fj egj p7fpm  
uj { ug{ xfdf r'nl 5g\k9/ x/

./fhj 'x}g} 5fj c/} b}zsf levf/L  
dfq rfx ltdfj nufgl u/} x/

YY

; q- . . . . .

Ps 7fpdf k|sfizt e0; s}sfj /rgf jhoGtlnf0{  
gk7fpg jhoGtl kl/jf/ cg/fj ub5 .

### k|sfz vgn

; vfn] ; fdgf ug{ l; sfPsf 5jgg\  
; km/df kf0nf rfnbf n8fPsf 5jgg\  
x|podf k'ikn] Hofbf lryfj/} xfnf  
dnf0{ wfl/nf sfBf la 'fPsf 5jgg\  
s; }sf bb{h} xfnf s; }sf xif{h}  
oxf s; sf gog 5g\hfj /; fPsf 5jgg\  
gkP si6 hlj gn] p Hofnfj a6bg  
gsf6l ?vsf xfu{ knfPsf 5jgg\  
gog d/fj o; } sf/of /; fPsfj xfnfg\  
log} ufnfn] v} ltvf{ d6fPsf 5jgg\  
a' jgg\cy{ hlj gdf ltgh} hlj gsfj  
h-h; n] bbdf hlj g latfPsf 5jgg\  
YY  
ax/- xhh d'; Ddg dxhkm c:nd  
; q- . . . . .  
5qbjj -\$ c3f{firL .

### k|s|t k|d|

goff ; fyl e|b|g kfPFof| lbn d|f| /Dg yfNof|  
otf rf|v|f| k|l|t nfPFof| lbn d|f| /Dg yfNof|

k/f|g|f| Tof| b|l|v| la; l{ v'z| 5b| ; D' g|f|s|f|  
c' } |t|d|} ult ufPFof| lbn d|f| /Dg yfNof|

d x|f|h|d|f| /<sup>a</sup>u| 5b| ; /f ko|b| dVv| kb|  
; w|f|t|d|f| 5|p| w|f|PFof| lbn d|f| /Dg yfNof|

; x|f|f| v|f|h|b| |x|B|s|f| |y|P|f| e|b|f| |t|d|n|f|o|  
/ |t|d|} d|f|of| s|d|f|PFof| lbn d|f| /Dg yfNof|

0z|f|f| |t|d|f| a' |v| ; w|+k|d|n| |h|G|b|u|l|s|f|  
ol ; f|f| of|j|g| n'6|f|PFof| lbn d|f| /Dg yfNof|

YY

ax/-d'hf|  
; q- . . . . .  
snfs'-h, lrtjg .

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ca xfd|f| j|a| ; f08df j|hoGtl / b|f|o|T|s|f| ; a|  
c<sup>a</sup>s 8fpgnf|B ug{ ; Sg|x|G5 x} .

### k|b|k|s'd|f/ u0f|z

eNg|x?nf0{ ; |D' /x|g| c|f|t| 5 d|f|  
; DaGwnf0{ h|f|u|f|o| /fVg| t|f|u|t| 5 d|f|

tgn| en|)la; |I' } u|f|; \t|g|s|f| 3f|p|n|f|o|  
e|G|b|5 d|g|n| eNg|)g; Sg| c|f|k|t| 5 d|f|

p; n| k|f|o| ; D' |v| 6f8| /fVof| d|n|f|o|  
c|f|k|n|G|t|n|f|o| d|g|d| ; h|f|p|g| |x|S|d|t| 5 d|f|

y|f|} s|d|f|of| 0Hht / k|n|n|f|of| w|/ x|N|n|f|  
|t|d|f| h|x|f|a|0Hht 5 Tof| k|g| 0Hht 5 d|f|

v'a x|f|:g's|f| s|f|/o|f| s|} x|f| o; s|f|/o|f|n|} g; f|W|g|"  
of| |g|E|g| n|f|u|s|f| b|l|k|h: t} x|f|n|t| 5 d|f|

YY

srgsjn - % k|f|7|d|f|/L, 'f|k|f| .

#### uhndf ax/

j|o|f|{-c|l|f|\_ / d|f|q|f|d|s| P|s|\_k|t|f|s| c|f|w|f|/d|f| ; d|e|f|/a|f|6| |; h|G|f|  
x|g|}; <sup>a</sup>u|t| d|G|l| n|o| g|a|x|/ x|f|, h; /L 5|G|b|f|4| s|j| t|f|s|f| n|f|l|u| e (SII),  
h (ISI), ; (IIS), o (ISS), / (SIS), t (SSI), d (SSS), g (III) h: t|f|  
u|o|f|x|\_s|f|]1|f|g| c|f|j| Z|o|s| x|G|5| T|o|; /L g|a|x|/d|f| uhn /r|g|f| u|g|G|f| n|f|l|u|  
c?h z|f|:q|a|f|6| |j| |x|t| ?Sg, c|s|f|G|x|\_s|f|]1|f|g|s|f|] c|f|j| Z|o|s|t|f| k|b|G| .  
?Sg|\_ h|h|a|f|6| a|G|b|5|g| \ h|h| e|g|G|f| ?Sg a|G|]P|s|f|0| x|g| \ h:t} |I|O|  
-! ; f|l|s|g|\_ n3÷x|j| P|s|d|f|q|s|, s|O|\_@|d'|t|x|/|G|\_ u?÷b|l|3|{l|a|d|f|q|s| . ! n|  
n3b|f|q|f|n|f|o|{/ @|n|]u? d|f|q|f|n|f|o|{a|e|n|f|p|g| k|g| ; |s|G|5| . h|h|x|\_ l|a|d|f|q|s|  
(II), (S)÷l|q|d|f|q|s| (IS), (SI) / r|t|d|f|q|s| (IIS), (SII) x|G|5|g| \

8f= k|blk d}gfnL ..:j gfxdU

cgf8lx?n] agfP/ v}hfl  
5 ; Ns}sf] dgdf 89}n} 89}hfl

s7}U eflsn] pm t;n v}g v}H5  
s}yxf / p; nf0{d}/sf] 5 ahfl

eof} s: tl e}bf elgg\tl gbln]  
zx/sf] lvofn] agfof] kx}hfl

sxf x}5 b}zsf] p}hofnfl elj io  
; 8sdf u;} 5g\ bgdf 5 r}hfl

sdfpgx?sf] 5 a}xfn labzdf  
otf d: tl ub{/dfof}/v}hfl

ag}sf a}o} 5 cg}sf] u}6}u}6  
5 ; fob /x}sf] .k|blkU g} cs}hfl

YY

; q- . . . . .

s] tkf0}h] xfdl ; flxltos k':tsx? k9}ePsf] 5 <

k}eftl ls/Of

5 j qm dfu{ cfp}g] k}of; u5{a}; /L  
d lh}bul rnfpg] k}of; u5{a}; /L

; 'Do 5g lh}bul s}bg dfu}df l; wf  
d dfu{of] agfpg] k}of; u5{a}; /L

g kof/ efl g ; f/ efl eofl lk}of g pT; j  
d ofbdf /dfpg] k}of; u5{a}; /L

cg}t efls lt; }gf lyP d/} hn] ; a}  
d s}lNkb} lgbfpg] k}of; u5{a}; /L

x/L ag/ /ftdf em/L agl laxfgdf  
gcfp dg a'emfpg] k}of; u5{a}; /L

YY

; q- . . . . .

j}hoGtl}sf] nflu /rgfx? z'4 6f0k u/L  
shabdarthaprakashan@gmail.com  
df k7fpg ; Sg}xg5 .

### k|df|b yf|k|

kb|f|{k5|f|8 s|p|g|k|b|f|x? /x|5|g|\  
c|f|v|f| c|u|f|8 w|f|s|w|f|s|f|x? /x|5|g|\

t|l|t|f| o|y|f|y|{b|v|l| l|j|Z|j|f|; 8|l|d|u|f|o|f|  
c|f|k|n|t|s|} s|f|v|d|f| b|f|x|f|x? /x|5|g|\

P|s|}s| ^|N|s|g| 5|g|\d|f|s|f| l|d|n| n|u|Q|  
g|k|Y|o|d|f| c|g|s|f| s|0|7|f|x? /x|5|g|\

l|x|s|f|P|s|f| s|x|f|x|f| l|x|s|f|P| h|:|t|f| k|f| x|f|  
b|v|f|j| 6|l| b|'z|:|t|} P|f|o|f|x? /x|5|g|\

c|f|^|g|f| g|s|f|a| x|b|} c|f|k|n|} /d|f|0|P|5|  
p|;|s|f|t|^|b| a|f|N|g|} P|g|f|x? /x|5|g|\

d|b|f|g| a|f|g|' k|Y|o|f|} r|l|T|s|f|/ s|f|7|/l|s|f|  
; f|o|b| T|o|x|f|g|; }g|} l|e|Q|f|x? /x|5|g|\

YY

a|x|/-d|h|f|/} d|'; D|d|g| c|v|/a|  
; q-~. .~.~ .~.~ .~.~

b|f|b|{-! , n|d|h<sup>a</sup> .

### k|d| v8|s|f|

k|f|0|n|f| g|k|l|b|} /f|s|b|f| /x|5|  
a|f|6|f|d|f| l|x|8|} T|o|f| e|}6|b|f| /x|5|

h|f|g|h|f|g| p|N|6|f| z|/ a|g|f|P| d|h|  
k|9|g|k|5|{ n|}v|g| ; l|w|b|f| /x|5|

c|f|;|^|^5|{c|f|v|d|f| e|P|/ t|}t|  
b|x| k|f|v|b|f| d|g| a|b|n|b|f| /x|5|

o|l|Q|a|^| g|o|g|d|f| s|} 5| 6|d|d| x|/|  
a|b| l|e|q| ; f|u| /f|v|b|f| /x|5|

k|d| u|g|{ c|f|k|n|t|l| x|b|g| s|f|x|l|  
k|d| v|b| v|'; l|d|f| a|l|; }b|f| /x|5|

YY

a|x|/-d|b|l|b| d|S|; /' d|'Q|m|c|

; q-~. .~.~ .~.~ .~.~

u|N|d|l|, x|f|n|- e|f|/t| .

#### uhnsf t|f|j|x|z|

! l|d|; /f| / ; }|

@ s|f|l|k|n|o|f|

# /l|b|k|m|

\$ d|t|n|f|

% d|S|t|f| / t|v|N|n|';

^ t|u|l|h|h|

laGbf nfdf .tj0ff0

d 8Ab) uhnsf] dhfdf 5' of] kn  
7'n) sNkgfsf] ; efdf 5' of] kn

clws ?k nlnf / of] xf/ d: tl  
ltof bfp xf/]bj dfd 5' of] kn

piff zlt kf]V5g\ d leq} 5 sfzl  
lkP xG5 l6nlkn 38fdf 5' of] kn

gh/ eb] sfd's c; / Pstknl{  
cx]f]fq 56k6\knfdf 5' of] kn

5rlnsG5 ; fu/ n'sfP/ dftl  
c; fdfG0 tj0ff gzdfd 5' of] kn  
YY

ax/- d'tsf]a d'; Ddg ; flnd  
; q- . . . .  
tlgsGof ^, l; Gw'nl .

Ps 7fpdf ksf]zt e0; s}sf] /rgf jhoGtlnf0{  
gk7fpg jhoGtl kl/jf/ cg/f]w ub5 .

ab /fgf

c? 5g wf]sf] d o) ug{ kfpnf  
j tgsf] l; kfxl e0{ dg{ kfpnf

5 h<sup>a</sup>3f/ ulx/] r'gf]tlx?sf]  
gdfg/ 'sf] ; w}+tg{ kfpnf

st} cGt 5bf{ 5 dftl u'd]sf]  
oxl]sf] k; lgf oxlf 5g{ kfpnf

goff sNkgfn] goff l; h'gfn]  
d r}sgdf 9S9'sl eg{ kfpnf

agl k]d /f]ul c ^ } /f]u ; fg{  
d cfsz kftndf ; g{ kfpnf

5 cfuf] ps]Nbf] c3f]l v8]l  
agl .abl cfuf] pk/ 'g{ kfpnf  
YY

; q- . . . .  
?kGbxl .

s] tkf0fn] xdf] ; flx]tos k':tsx? k9G'ePsf] 5 <

afx/f e'jg

e0{ cl; g-kl; g ylst ; w}c; f/df 5' d  
o; f| u/| klq ; w}; w}k'5f/df 5' d

oyfy{ of| 5 ls oxff c ^ } lsgf/df 5' d  
ltdl To; } egl /Xof} ls dhwf/df 5' d

/x|5 s| hlj g egl uxg lj rf/df 5' d  
ltdl elg/Xof} ls kof/df 5' kof/df 5' d

d lrG5' j hgfx? / j -rgfx? ; w}  
5' afu leq t|klq ; bj} ^ f/df 5' d

dnf0{ e}6Pg ky hxff; /n lyof| ult  
x/|s ; 8s x/|s ; km/ ; w}pnf/df 5' d

sdf0 e}nnf0{ ; fRg s|xL 5g ; fydf  
/ lhGbul ; /L ; w}; w}pwf/df 5' d

g 8/ e\$Dksf| st}g 3/d'nl ; t|pg|  
5 Sof : j tGqtf oxff xh/ cf|8f/df 5' d

YY

; q- . . . . .

eIQmk|; fb kf8}n

gblsf| . gblU gfd kfgl /xGh}n  
; a} : j Kg x'g\NhGbufgl /xGh}n

abNg| lyof| rfx 9f|ul rng of|  
/Xof| hf| , dfq} hj fgl /xGh}n

kmut lhGbule/ s'g} xG5 cf^gf|  
a9ldf s; }sf| lg; fgl /xGh}n

; a}sf| Joyf Pp6} b|V5' vfln  
j |yf a95 kl8f v/fgl /xGh}n

Joyf x| ls kfgl gh/af6 allnf  
glhs} ; v|sf| l; /fgl /xGh}n

YY

; q- . . . . .

uhndf ax/

j of{-clf/\_ / dfqf|ds Ps} ktfsf cfwf/df ; def/af6 l; hg|f  
xG}; <sup>a</sup>ul t dG| no g}ax/ x| . h; /L 5Gb|4 slj tfsf nflu e (SI),  
h (ISI), ; (IIS), o (ISS), / (SIS), t (SSI), d (SSS), g (III) h: tf  
u0fx} sf| 1fg cfj Zos xG5 To; /L g}ax/df uhn /rgf ug\$ f nflu  
c?h zf: qaf6 lj lxt ?Sg, csf| x} sf| 1fgsf| cfj Zost f  
kb5 . ?Sgx} hhaf6 afb5g\ hh eg\$ f ?Sg afG| Psf0 xG\ h: t}  
I 0 -! ; flsg\_ n3-x| j Psdflqs, s 0 -@ d'xl/ \$ \_ u? =bl3{lãdf|qs .  
! n}n3dfqfnf0{/ @ n}u? dfqfnf0{a'e}mpg klq ; lsG5 . hhx}  
lãdf|qs (II), (S)=lqdf|qs (IS), (SI) / r tãdf|qs (IIS), (SII) xG5g\

### efj gf Gofkfg] ej fgl

g/f]Sg"s; h] d gflr/xG5'  
v'; L xfl; \; w);dg d xff; /xG5'

k/f0{lkof/f xbgg\slxNo}  
oxl b]zleq} d affr/xH5'

lxdfnl w/fdf d hGdf/ x'sf]  
o; }df 5 hlj g d ; flr/xG5'

knrfP/ hfxl, hxl, e0frDkf  
d b]zelQmsf xf/ uff; /xG5'

5 dgleq d/f] v/f] /fi6elQm  
d gkfnsf] lraq 6ff; /xG5'

YY

; q- . . . .  
bfa .

#### uhnsf tEj xZ

- ! ld; /f / ; }
- @ sflkmof
- # /lbkm
- \$ dtmf
- % dStf / tvNn;
- ^ tuHhh

### e'j gxl/ l; lbjn

lxhf]sf] au]rf / of] kmhaf/L  
o; }df lyof] cfk; L k]d hf/L

lyP b]ptf tl d bjl L k'hf/L  
d agf{ pgl x'g\e/]sf] xhf/L

lj wftf nuf0; \o; }df 89]hfl  
hNof] e: d ef] 5g d/f] lrgf/L

d of] ?knf0{lauf?flgrf]/L  
d ol xftuf}f a6f?flauf/L

c]llof/f] agf]; \n]s lg: tAw sfnf]  
d t; f]pg] aG5' sfnf] l; }uf/L

YY

; q- . . . .  
; fg]kf, nln]tk/ .

#### uhndf ax/

j 0f{-clf/\_ / dfqf]ds PsZ ktfsf cfwf/df ; def/af6 l; hGf xg];  
 a]lt d]l no g]ax/ xfl; h; /L 5Gbf]4 slj tfsf nflu e (SI), h (ISI), ; (IIS), o (ISS, / (SIS), t (SSI), d (SSS), g (III) h: tf  
 u0fxZ sf]1fg cfj Zos xG5 To; /L g]ax/df uhn /rgf ug\$ f nflu  
 c?h zf: qaf6 lj lxt ?Sg, csf]xZ sf] 1fgsf] cfj Zostf kb5 .  
 ?SgxZ hhaf6 a6b5g\ hh eg\$ f ?Sg aGg]Psf0 xg\ h: t} I 0 -!  
 ; flsg\_ n3Z: x]j Psdf]qs, s 0 -@ d'txl/\$\_ u? =bl3{lãdf]qs .  
 ! n]n3dfqfnf0{/ @ n]u? dfqfnf0{a'e]mpg klG ; lsG5 . hhxZ  
 lãdf]qs (II), (S) =lqdf]qs (IS), (SI) / rtdf]qs (IIS), (SII) xG5g\

**dgflh e08f/l**

5/f ʼ}ltv] zAb s; s] ePg  
oxflbn s-s; s] crfg] ePg

aGof] kq 8flaG / G'6G a/fa/  
a'j fs] 5 lrgtf, ldh: t] ePg

pxfs} uhn r] /PYof] v'; Ss  
kgM eG'ef] .cInn dl7] ePg

eP kfpdf lvn lgsfn/ krfNyf  
xpodf lyof] 3fp, ; ~r] ePg

; of:kN6 n]v} sof:kN6 n]v}  
k9f .ldqtf] .k]dlh: t] ePg

kj gn], whf]n] r'd] krfhnf0{  
epd/n] 8; jtNo kof/] ePg

la/fP/ af6] kuf ufpf ltdf]  
st}klg krf] / xtf/] ePg

YY  
; q- . . . .  
j f/fof; L .

**dgflh dg; 'g**

zGo dfgb} lyof] of] dg s'/f a%g'; \  
dGb sDkg eof] w8sg s'/f a%g'; \

uf]wnldf ly0g\X8b} k/L of]l  
nfhnlbf] lyof] klx/g s'/f a%g'; \

afx/L dg a' fPfSo} s'/f ; D' L  
leq cfuf] aNof] bgbg s'/f a%g'; \

dWo /ftl k/; aGwg cufnfd  
aHg yfn] r'/f 5g5g s'/f a%g'; \

tl; P 'g lagfsf/Of gog d/f  
a9g yfNof] kmut pN 'g s'/f a%g'; \

YY  
; q- . . . .  
ltnfQdf, ?kGbxl .

Ps 7fpdf ksfizt e0; s}f] /rgf jhoGtlnf0{  
gk7fpg jhoGtl kl/jf/ cg/f] ub5 .



**dxj|b| rfkuf0+ ..cfknt upin|**

; 'gfPf To} eg| s|j n sxfgl xG5  
ghGd|s|f| goff ; kgf v/fgl xG5

s'g); <sup>a</sup>s|f|r dfofdf, g/fvL b|pm  
Toxlf bVnf, hx|f|f|of k|B|f|gl xG5

oxf s|b|f|+k6s, x|f|/ /f|P|s|f| 5'  
c/| | afRg| ; a|s|f|, |h|G|b|u|f|gl xG5

g dfof xG5 To|f|, 5|f|B|/ h|f|g|n|f|0|  
|e|h|s|f| 5|g|k|/|n|l, ol |g|z|f|gl xG5

Tox|f| b|V|5|f| c|s|n|f| a|G|'s|f| k|L|8|f| s|  
h|x|f| 7|s|l|j|g|f|, P|S|n|f| d|b|f|gl xG5

YY

ax/- xhh d'; Ddg c|j|t|/ ; q- . . . .  
l|rt|j|g| .

**ljgostf/ zdf{g|k|f|nsf lgaGw; <sup>a</sup>u|k|x?**

dfyfkrRl -ljgostf/ zdf{g|k|fn !%)÷-  
kg/f|j|Q -ljgostf/ zdf{g|k|fn !&%÷-  
k/f|j|t|G -ljgostf/ zdf{g|k|fn @)÷-

**ld<sup>a</sup>af z|k|f| ..cfuGt's|**

ltdlnf0{ ; of|df| dg k/f|s|f| x|f|  
/ h|l|j|g|e|/ ; |u| a:|g| agf|s|f| x|f|

k/f|P|f| dg ltdlnf0{To; |h|} g|  
c?nf0{|bn|b|}v x6f|s|f| x|f|

; s|g|f| a|G| |bn ; f6b|f| |td| d|f|f|  
Tox|f| s|f|/o|f| |r|g|f| c|f|7|L| k7f|s|f| x|f|

k/f|j|j|z|j|f|; d|f| |td|f| eof| d|f|l|  
To; |h|} g|of| |bn| |e|q| ; h|f|s|f| x|f|

l; w| |td|f| a'af| c|f|d| d|g|f|P|  
lax| ug|s|f| d|h|} r|n|f|s|f| x|f|

YY

ax/ M xhh d'; 2; \; f|l|n|d|  
; q- . . . .  
t|f|k|n|h<sup>a</sup>, x|f|n- b'a0|.

**ljgostf/ zdf{g|k|f|nsf slj tf; <sup>a</sup>u|k|x?**

n|f|s|s|b|j|v k|f|n|f|s|s; |l|d| %)÷-  
g|l|t|j|r|f|/ -; e0m n|j|g| !#%÷-  
d|f|o|a|f|j|v @%)÷-  
d|f|u|k|l|k @%)÷-

**dlgsf kfjv/n .cfrfoj**

lgrfj/ cfjv ; 'sfoj ltdln  
; a} bMv cf^gf n'sfoj ltdln

v'; lsfj lznfcof; Toj lhGbulf  
d uy[ dnf0{ b'vfof} ltdln

ldnl Ps 8<sup>a</sup>xf t/f; fy ebyf  
larjdf dnf0{ r'sfoj ltdln

log} xftn} kjd 8f/L s; Yoff  
cgfof; cfkij knsfof} ltdln

k9f'efj tl gqsf ebyfd  
bj} tl k/nl emsfof} ltdln

YY

; q- .~ .~ .~ .~  
hf/kf6L, sf7df8f.

**uhnsf t[ xj**

! ld; /f / ; }  
@ sflkmof  
# /lbkm  
\$ dtmf  
% dStf / tvNn';  
^ tuHhh

**d[hfjL/ rfjw/L tvNn'; jL/0**

r'nfj hNbg efg; fdf wj fdfq} p7}sfj 5  
a'9L cdfsfj 5ftl bMvn} dfq hn}sfj 5

; 'xsfj 5g zfltsfj lbofj : j fyl{ hdfgdf  
hxf 5g'a4sf cfjv Toxlf lx+ f a9}sfj 5

d /fPf leqleq} cfj7df d':sfg nfp/  
To; j} eG5 ; fob pm sxjf cf; 'em/sfj 5

lax} xfnf kq}sfj of Toxf cfwL x/L hfnf  
5 dGh/Lj gf tl xtdf d}xbl /r}sfj 5

; x/df tl dxn lemlfn l; tf/fn} ; h}sf 5g\  
oxf ufpf cem} p; t} lbofnfj} ; h}sfj 5

; a} klxrfgj fblnf0{ a; s}bl agf0ofj  
oxf hfj b}zb}xl xj pxl g}tf ag}sfj 5

YY

ax/- xhh

; q- .~ .~ .~ .~  
7}ufg - x; lnof, s}hfnl

/dʒ /l; s kfʃh

ltdl kɪs{cfof} clg d':s'/fPF  
ltdl d':s'/fof} d lg d':s'/fPF

ltdl cfpbf ; lD ^PFbfjif d/f  
clns 8/ lyof] tfklg d':s'/fPF

lj gf kof/lstf] kof/df /ft d/f  
slt kf] lat]5g\ugl d':s'/fPF

ltdl kɪsg' dfq tf s] lyof] /  
cx] ū kfOf kɪsof] egl d':s'/fPF

sxf rN5 cf/fkn] dfq hlj g\  
; dembf/ cfkn] agl d':s'/fPF  
YY

ax/-d'tsfl/a  
; q- . . . .

**tkf0f] xfdlnf0f ebg vllgePsf] x] ‡**  
 /rgf, lj 1fkg jf k'ts-klqsfsf]nflu  
**zAbiy{ ksfzgsf] sfofho-rfah, uofz:yfg**  
 )!-\$\$(&#!÷(\*\$!-\$^!)#  
**mail:** nepal.vk@hotmail.com / nepal120@yahoo.com /  
 shabdarthaprakashan@gmail.com  
**web:** shabdarthaprakashan.com / nepalipublisher.com

/dʒ z'eR5'

an\$]5 cfuf]an\$]an\$}  
89\$]5 5ftl 89\$]89\$}

gofFel8 cfof]xg]xf]ls sxl  
lrg]ldq 7f6of]5n\$]5n\$}

u?Fe65' sxl ht}km:5 kfp  
sxfFxf] V kllkt un\$]un\$}

p7Fe65' kf0{sg}; fy gf]hf]  
pxl 9f8 6\$g]n8\$]n8\$}

agfP lg nfvf]prf nlo ; kgf  
rhldf gklb}9n\$]9n\$}

; a}; To ldYof ; a}sd{dGb  
5nlsf]5 xlnf rn\$]rn\$}  
YY

ax/-d'tsfl/a  
; q- . . . .  
AffgZj / Sofdk; , sf7df8f.

/dʒ ; dyg

d vfi; / kf6fj 8/f0{8/f0{  
; w}lgN5' cf6fj 8/f0{8/f0{

d ; kgf a'gl a:5' ofj lh6bulsfj  
To; } a:g' ; f6fj 8/f0{8/f0{

s; }sfj ; j f/l gcfcfj; \eg/}  
d lx8b} 5' af6fj 8/f0{8/f0{

gafjnl lj /fjwl d e0lb65' cfh  
ag}sfj 5' nf6fj 8/f0{8/f0{

5 laGtl dnf0{gaRg"s; }n}  
oxl e65 df6fj 8/f0{8/f0{  
YY

ax/-d'tsfl/a  
; q- .~ .~ .~ .~

s] tkf0fj xdfj ; fixTos k':tsx? k9yePsfj 5 <

/l-ht afa' g/fn .:; dk0f0

kHgJ5' 0Zj /nf0{d lbn leq of6f dI6b/ 5  
`Sg}k/ 0Zj / ; fd' `Sg} oxff d/fj lz/ 5

p; s} a9L dfof nfl5 lal; f5' h; nf0{e65'  
5f8l uP h; n} ; fy dg leq p; s} tl:a/ 5

ufxj} 5 ofj hlj g lhpq 6}sf/ tl sf8f dflj  
ofj ; f; sfj s} 7}ufg s'g /ft s'g lbg cfiv/ 5

; kgf l; ldt efi dg leq hlj g eofj of6f dlt{  
u6TJodf s; /L klG' ofj kfpdf Toj hI6h/ 5

; flr} ; /x hlj g x'g eflj / kfj yxf kfPF  
s}sfj eofj s}sfj cfh alr}g e}ofj dg l:y/ 5  
YY

; q- .~ .~ .~ .~  
led; }g-@, ufl/vf .

**ax/df nrstf**  
! dfqf lu/fj 6  
@ dfqf ldnfj 6  
# dfqf r9fj 6

/fh ; 'j'bl .lj j zú

xpo vfnl 5 of|lj Zj f; af|s|  
gcfpm 5|p Sj} dwdf; af|s|

pgl b|v|pf5g\3/ g|dxn h: tf|  
d lx8b} 5' k|} cfsfz af|s|

/x/ k|f u|f; fyl ; a}dgsf|  
lhPsf 5f|+l6s6 `f; f; af|s|

pxl ef|ldq d|f| nflu lhp kmfNg|  
a'af e|y| lx80f| abdf; af|s|

; km/ d|f 5'/fsf| wf/df rN5g\  
gcfpm ; fydf ; Gqf; af|s|  
YY

ax/-xhh d'; 2;  
; q- . . . .  
df9L -!), lrtjg, xfn-sf|/of .

s] tkf0f|] xdf| ; flx|Tos k':tsx? k9|ePsf| 5 <

kf= /fh|b| ; 'j'bl

goff e'ne'h}pf 5 k/b|z n|f|of|  
oxf 5|g dHhf pt}a|; n|f|of|

k/f0{lhdlf laTof| lhGbufgl  
lj b|zl snf gSsnl e|; n|f|of|

d df65|x?sf| lyPf el8leq  
h; }xf|z cfP5 cft|; n|f|of|

ge|6|g| u/L kf| x/fP5' ldq  
/ ; f/f s'/f ; To ; Gb|z n|f|of|

a; f|v| a'af k|6 dfq| e|/|  
bVof| leq 5ftl lgs} 7|; n|f|of|  
YY

ax/-d'tsf|/a  
; q- . . . .  
sf|6|Zj /, sf7df8ff .

**ax/df nrstf**  
! dfqf lu/fj 6  
@ dfqf ldnfj 6  
# dfqf r9fj 6

**/fd sBh cwlz**

vx/] g x] hj fgl ha plnP/ hfG5  
afsl au/ x] aRg] af9L ; 's/ hfG5

; fir/ /V5 n]el a%bg ; To s] x]  
gf<sup>a</sup>u) eP/ cfo] gf<sup>a</sup>u) eP/ hfG5

af]nbg b]vbg, 0Zj / 5 5g ; fRr}  
lj Zj f; u5{dfG5} 9<sup>a</sup>uf kh/ hfG5

gfgl ag/ cfo] cfuf]s] lhGbuldf  
yxf 5 of] v'; ln] nHhf yk/ hfG5

; dlktf a9fpm, t/ ofb /fv glthf  
lz/dfly 3fd nllbf 5fof 36/ hfG5

o) /ft x]g clGtd lbg cfp]5 e]n  
v} s] a' 'y k'tnl aQl r'd/ hfG5

o: t) /x]5 hfg]b'lgoff]s] /lt eGg"  
dfnf lbP/ sf]xl 3f6l l5g/ hfG5

YY

ax/-d'hf/] cv/d

; q- . . . .

sf7]v]nf ^ afln<sup>a</sup>, xfn-blifof sf]/of .

**/lzd clwsf/l**

; 'gfdl rN5 0R5fs] st} 9<sup>a</sup>uf]s] 5fn xG5  
l; ; fs] : j Kg 6lqG5 ; w} 5ftl axfn xG5

d To: t] b]zdf hGd] hxf]gt]fs] v]tl 5  
x/]s df; ds] pTkfbg ; fir] eGbf aafn xG5

agfp]h] x/]s j : t' lj j bfb: kb agfP5  
9]sfs] leq 0Zj / 5g\9]sf aflx/ 6Bfn xG5

lr; f cf]50fgdf dlt{ ; t] dlGb/ l5/] b]v  
of] 9<sup>a</sup>uf s]h] ; Ns/ duGt]s] d; fn xG5 <

; of] kN6 n80] p7bf gh/ klbg dfG5]s]  
s]j n Pp6f v'zL ldNbf grfx]s] ; j fn xG5

YY

ax/-xhh d'; Ddg ; fnd

; q- . . . .

kf]v/f @#, xfn-b'a0{.

**ax/df nrstf**  
! dfqf lu/fj 6  
@ dfqf ldnfj 6  
# dfqf r9fj 6

**/f]xt k/f0{**

; bj} cfvf t/} dfg[ /x:o s] x] <  
d'; Ss xff: b} et'Ss kfg[ /x:o s] x] <

ag/ of4f 86/ lhTb} lyPf n8f0f  
crDd ũ ltd} cuf8 xfg[ /x:o s] x] <

8'n/ ; f/f ; // cfPf ; off la; fgl  
c ^ } dnf0{ a; f0f ; fg[ /x:o s] x] <

cuf8 a9b} lyPf d afwf xhf/ gf3l  
nuf0 l5s[ tn} k5fg[ /x:o s] x] <

vk/ j ; ff ^ /l / 3fd unq sfxl  
s7} ũ tl gs6 ; wf ntfg[ /x:o s] x] <

YY

ax/-d'tsfl/a dSah c; nd  
; q- . . . . .

Ps 7fpdf ksfizt e0; s3f] /rgf jhoGtlnf0{  
gk7fpg jhoGtl kl/jf/ cg/fw ub5 .

**nldOf eGtgf .lz/lif0**

au/ e'hl albf] gbl, ; ' ; fpb} lyof] st}  
xtfl/b} klbf] sxff; d'xfg 5f]8of] st}

8'a]5 3fd ; ff ^ df, pbfp rfbgl ltdl  
lgofN5' Ps lh6bul, v'zl atfl; of] st}

otf 5 ofbsf] 38f, ptf gh/ 5 cf] ; nf]  
ctlt lkpg dg lyof], landa e]bof] st}

gh/ pbf; b]v5' ^ g\cw/ lkmsf eP kl5  
glhs dleq lh6bul, 5'60f] ls /flvof] st}

ctflnPF eof] klbf], d dfgtf ħrfp5'  
lnP/ hfp 9S9'sl, of] qf; kn]nof] st}

YY

ax/-xhh dSah  
; q- . . . . .

**uhnsf tE] xċ**

! ld; /f / ; }  
@ sflkmof  
# /lbkm  
\$ dtmf  
% dStf / tvln';  
^ tuHhh

### nldlbQ eŞ .: TokjdlU

; w} : j fy(df g) h'6}sf] 5 ; fyl  
5 df65] ; /lsf] n'6}sf] 5 ; fyl

hxfh] 5 kfof}o; }df /dfP  
v'zL ldNg ufxf] 5'6}sf] 5 ; fyl

; a} yf]s ldNnf v'zL of] lbPdF  
/dfP/ cfkij n's}sf] 5 ; fyl

; w} /Dg ; S5f}u/ sfd /fdf]  
5 dl7f] kmn}of kmn}sf] 5 ; fyl

b'vL x'6g df65] lagf cy{ s}n)  
; w} ; fy vfhb} 6'6}sf] 5 ; fyl

YY

ax/-d'tsfl/j d'; Ddg ; flnd  
; q-. . . . .  
rffogl-% lj iofk', s~rgk/

jhoGtl sf] nflu /rgfx? z'4 6f0k u/L  
shabdarthaprakashan@gmail.com  
df k7fpg ; Sgx'g5 .

### nfnsfhl >ji7

dl: tisdF c ^}lg aH5gV; tf/ p: t}  
3fts kxf/ e'65gV'Dag ckf/ p: t}

s: tf] nx8 c'ufn}+ltdf] lj ho lgofNg]  
x/ af/ ^}lgof]ht l: j sf5{ xf/ p: t}

df/} hfg ; SYof} cwsNrf] 5f8g nffof}  
ltdn] h; flm/ lg 0 nff5f} pbf/ p: t}

wf]sf lbP/ hfbf lj Zj f; ; fy nfg"  
ubf{lg 3ft ltdn] al; 65 Kof/ p: t}

d}n] ge6g'kYof] .afRg]5' ofb af]sll  
ol r'6b] ; b{ ; Ddg\ u5g\xtf/ p: t}

YY

; q-. . . . .  
wfb<sup>a</sup> .

**zAbfy{ k}sfzgn]**  
!( y/L zAbsfz k}sfzgn ul/; s}sf] 5,  
ca c? !@ y/L k}sfzgn ubf] 5  
s] tkf0f+klg sfzsf/ x'g'x'65 <  
cf^gf] zAbsfz k}sfzgn ug{ 0R5's x'g'x'65 <



**nlnf/fh bxfn**

gafnl gafnl ltdl 5p cfof  
/ 9fs}gvfjnl ltdl 5p cfof

; 'xfPg kof/L gogsfj 0zf/f  
bafP/ afjnl ltdl 5p cfof

a8f rf8df cfpme6bf gdfgl  
g df3L g xfnl ltdl 5p cfof

/dfpnl v'; ln} lyof} cfz 7hfj  
ln0{1/Qf} emfjnl ltdl 5p cfof

d x}f s; f/L lgofn/ kof/L  
g 3D6L g rfnl ltdl 5p cfof

p7fpnl ls kofnl lyPf; fjrdf ofj  
cenj dft 3fnl ltdl 5p cfof  
YY

; q-. . . . .  
jfudtl !!-sdof; ; nfxl

<http://www.nepalipublisher.com/>

ca xfdl} j} ; f08df jhoGtl / bflotj sf ; a)  
c<sup>a</sup>s 8fpgnfB ug{ ; SgxG5 x} .

**8f= n}vkj; fb lg/fjnf**

a; } c?sfj s'/f sf6g ; S5'  
k/}v cf^g}e'/f ; f6g ; S5' .

ldt/L guff; L sxxf l6S5' cfknl'  
k<sup>a</sup>x' tly{ Dd}Toxlf 9f6g ; S5'

hxxf h} 5 To: t} ag/} d cfpf  
ldnfj; Vps s'; L{ huf 5f6g ; S5'

a' }sfj 5' ; Qf lj nf; L 5 sfof  
lkP/} d cfpf c' } rf6g ; S5'

hdfgf ga%g] sxxf xj / d'v{  
; wf d: t affr'f; a} cff6g ; S5'  
YY

ax/-d'tsfl/j d'; Ddg ; flnd  
; q-. . . . .  
sf7df8ff.

jhoGtl sfj nflu /rgfx? z'4 6f0k u/L  
shabdarthaprakashan@gmail.com  
df k7fpg ; Sgxg5 .

**nf|s|z ; <sup>a</sup>3ft**

; fRg'; \s| lalupdf s; sf| lj gf; /|5  
; Da6w v|fn /|5 0Hht skf; /|5

cfuf| :j o+u'gf; f| ub| 5 kf|nPsf|  
x/ l rh kl/:yltsf| lgel{s bf; /|5

df|5| 3d08 u5g\ef|ts lj nf; dfly  
od/fhnf0{cf^g} sfnsf| tnf; /|5

^g\vx|snf| xb} uf| 6f9f eP k5f|8  
dfof an|sf| aQl b/l atf; /|5

a%b} 5' ; To zj of| b|v| t|/Psf|  
x/ kf0f|sf| j hg To}Ps d'7XL Zjf; /|5

n<sup>a</sup>sf 89fpg klxnf kR5/ hnfP cf^g}  
.; <sup>a</sup>3ftú ldNg' klg t Pp6f lgsf; /|5

YY

ax/-d'hf| d'; Ddg cv/a  
; q- . . . . .

:of<sup>a</sup>hf cf?rf|, xfn- oP0{.

**j f; 'bj| sf^n|**

lsgf/| lsgf/f d 6f9f x/fPF  
sx|f ldN5 dftl lj gf x|fz wPF

lyof| k|d ltdf| c; f|wo} k|uf9  
g; D ^| pN6} l; w} b|f|f n|PF

k/f0{ v'; Ldf /dfP/ d|n|  
ghfg/ ltdf| v'; L dg b'v|PF

laxf|; L d x|bf ^| cf|; ' ltdf|  
^| cf|; ' cf^g| / kf| x|fz k|PF

lbof| k|d c|fg|bsf| e/ dnf0{  
c|uf|Nof| ltd|n| / ; f|Rr| /dfPF  
; q- . . . . .

YY

**zAbfy{ k|sfzgn|**  
!( y/l zAbsfz k|sfzg ul/; s|sf| 5,  
ca c? !@ y/l k|sfzg ub| 5  
s| tkf0{klg sfzsf/ x'gx'65 <  
cf^gf] zAbsfz k|sfzg ug{ 0R5's x'gx'65 <

**j f; 'bj kf08}p .klefs/Ü**

.ePf ; fDoj fblÜ eGofj /] w/fn]  
.sxf xG5 To: tfj] eg]5g\w/fn]

lj gfsf7 cl: tTj s] g} 5 d/fj  
..7nfj sf7 g} x]j] eGofj aGr /fn]

k9L hflgofj eGb5f} d'v{ df65]  
.k/gfj] eg]5g\5'gf sGb/fn]

7nfj .ef]ul j f .ef]sÜ s] kZg ubf{  
.bj } zIQmzfInlÜ elgg\cK; /fn]

; wf 9'Ss 5g\j ]lf x]j fx'/ldf  
.e/fj; f 7hfj xG5Ü eGb h/fn]

; 's]s] 5 x]u] v; f]nf eg]s]f  
.kv}6f 5b} 5g\leg] ol r/fn]  
YY

ax/-d'tsfl/a d'; Ddg ; flnd  
; q- . . . .  
kf6g gkf -@, a}t8L .

**lj ho ofjht**

ta; Dd lhGbul x]j eGj va/ x]b]g  
cfkm': j od\6'6/ hfj v08x/ x]b]g

´kf, dxnx?n] ofj leGtf atfP  
s; s] x]b]g 5fgf, s; s] ; u/ x]b]g

yxf x'g]5 kfP kfp]bfs]f d'No s] x]j  
kfp]g' cufl8 ; fob To: tf] ce/ x]b]g

xfdl 8/f0]bG5f}cS; / pxL cufl8  
h; n] 8/fpg] x]j p; nf0{ 8/ x]b]g

pm]g} k5fl/g]5 cfsfz kfPb]v  
h; s] hdlgdflly x/bd gh/ x]b]g

YY

ax/-d'hf/] d'; Ddg cv/a  
; q- . . . .  
latfd]8-@ ´kf .

**ax/df nrstf**  
! dfqf lu/fj 6  
@ dfqf ldnfj 6  
# dfqf r9fj 6

### lj gos'df/ zdf{ gkfn

ufjnxfgof} j rg j f0fn] tlVf] To; }n] ; nanfPF  
afjnxfnof} j rg j f0fn] dL7f] To; }n] rnanfPF

a%g ufxf] emgg rfnsf] hlj g z/l/sf] x/x/f0{  
vfjnxfnof} j rg j f0fn] tltf] To; }n] vnanfPF

5'6g ufxf] x// cft of] kof; L lxof]sf] v'/b/f0{  
kfjnxfnof} j rg j f0fn] ; L7f] To; }n] tnanfPF

v'6g ufxf] v// RofltPsf] of] d'6'sf] n'6k'6f0{  
tfjnxfnof} j rg j f0fn] wltf] To; }n] 9nanfPF

n'6g ufxf] ; // dftPsf] Xofpsf] of] v'/v'/f0{  
7f]sxfnof} j rg j f0fn] slnf] To; }n] ananfPF

YY

; q- . . . . .

rfj lxn, sf7df8fj .

#### uhnsf t{ j xz

- ! ld; /f / ; }
- @ sflkmof
- # /lbn
- \$ dtnf
- % dStf / tvNn;
- ^ tuHhh

### lj gfb kl/j ltf

s'g}l; Gsf] g9fNg]h] s] vfPsf 5gg\  
a; aiff] hf]tPsf c3fPsf 5gg\  
lgzfgfn] ca/; Dd e/f dfq] b]V5  
lzsf/Lsf s'f]s'f] lgbfPsf 5gg\  
c; Gtli6 /Xof] affsl d/} bZdg; a<sup>u</sup>  
r'gftLsf] sl7g ofqf b]vPsf 5gg\  
ptf dlGb/ / d7df vln y<sup>a</sup>ufsf] dlxdf  
otf kTs/n] cf^gf] sb r'dfPsf 5gg\  
oxl sf/of l:ylt d/f] g; w]sf] xfnf  
d lx8g]nf0( bu'g]n] e'f]Psf 5gg\  
YY  
; q- . . . . .  
ch'g r'kf/l - %, :of<sup>a</sup>nf, xfn-sf]/of .

YY

#### ax/df nrstf

- ! dfqf lu/fj 6
- @ dfqf ldnfj 6
- # dfqf r9fj 6

**lj lkg dd{**

d sf6]sf] d'9f h: t} 9n]sf]y}; ltdl cfof}  
d kl8fsf] clugf]df hn]sf]y}; ltdl cfof}

r'g]sf]y}; xl af6], bzf nllbf] sxif efuf<  
d dbf{ ' }lgs} ; fx] un]sf]y}; ltdl cfof}

ld7] dfof goff cfzf ltdlaf6} ldn]sf] x],  
; w}lx8g] l; wf uNnl 5n]sf]y}; ltdl cfof}

oxffl/Qf] xbf PSnf] ; a} cf^gf] lbbf dfq}  
d xfj fsf] bofn] g} rn]sf]y}; ltdl cfof}

o; } ; : tf] p; } ; : tf] egl xft} p7fPyf  
x/ldf Tof] lbof] h: t} an]sf]y}; ltdl cfof}

YY

ax/-xhh d'; Ddg ; flnd  
; q- . . . . .

**uhndf ax/**

j 0f{-clf/\_ / dfqf]ds Ps<sub>2</sub>ktfsf cfwf/df ; def/af6 l; hgf  
xg]; <sup>a</sup>ult døl no g]ax/ x]. h; /L 56bf<sub>4</sub> slj tfsf nflu e (sII),  
h (IS), ; (IIS), o (ISS, / (SIS), t (SSI), d (SSS), g (III) h: tf  
u0fx<sub>2</sub>sf]1fg cfj Zos x<sub>6</sub>5 To; /L g]ax/df uhn /rgf ug<sub>6</sub>f nflu  
c?h zf:qaf6 lj lxt ?Sg, csf<sub>6</sub>x<sub>2</sub>sf] 1fgsf] cfj Zostf  
kb<sub>5</sub> . ?Sgx<sub>2</sub> hhaf6 a<sub>6</sub>b5g\ hh eg<sub>6</sub>f ?Sg a<sub>6</sub>g]Psf0 xg\ h: t}  
I Ö -! ; flsg\_n3÷x]j Psdf]qs, s Ö @ d'txl/§\_ u?÷bl3{ladf]qs .  
! n]n3dfqinf0{/ @ n]u? dfqinf0{a<sub>6</sub>mfpg klg ; ls<sub>6</sub>5 . hhx<sub>2</sub>  
ladf]qs (II), (s)÷lqdf]qs (IS), (SI) / rtdf]qs (IIS), (SII) x<sub>6</sub>5g\

**lj i0f'blk ; a<sup>a</sup>sNk**

nfhn] of] tg{ 5f8g' ef]  
k]ltsf s'/f ug{ 5f8g' ef]

kmh e) xh/ kmNg' kb<sub>5</sub>  
j f; gf cr]h 5g{ 5f8g' ef]

cfugl 'g} slQ b' 5  
vf6af6 g} 'g{ 5f8g' ef]

sd<sub>6</sub>af6 hlj g ; km xbf  
eflosf] e/ kg{ 5f8g' ef]

lh<sub>6</sub>bul gbl ' } aukl5  
zlt n] 38f eg{ 5f8g' ef]

YY

; q- . . . . .  
cf]vn9<sup>a</sup>lf .

s] tkf0[n] xdf] ; flxltos k':tsx? k9g'ePsf] 5 <

zflGt clwsf/L kf|v|n

cgf7f]5 rfnf u/f0{cgf7f]  
s; h]lbPsf]awf0{cgf7f]

lyof]3ft h; sf]p; \$f]; x/df  
xg]cfh efl]n n8f0{cgf7f]

lgsf]xGg kSs}k/fgf]ladf/L  
To; h]nufof]ysf0{cgf7f]

89\$]5 cfd f agl vfu h:t}  
g b]vG5 3fpm bvf0{cgf7f]

Joyfsf]esf/L prf]Ng}g; Sbf  
xg]ef]a; f0{; /f0{cgf7f]

YY

ax/-d'tsfl/a d'; Ddg ; flnd  
; q-. . . .  
sf|xnk/, affs].

jhoGtl sf] nflu /rgfx? z'4 6f0k u/L  
shabdarthaprakashan@gmail.com  
df k7fpg ; Sgxg5 .

zflGt zdf{

l/; fo] h; } pm l/; fPf crfgs  
pm xff; kl5 d':s'/fPf crfgs

; w}; fy lbG5' efo] cf0{5fof  
/ dgsf] ux<sup>R</sup>lf] la; fPf crfgs

ltdl kmh h:t} ltdl hg h:t}  
efo] k|dn] hd'/fPf crfgs

lagf d3 bs[ ' /ln] ; ' fo]  
k/nl leh] klnknfPf crfgs

psfnlx?df ; xf/f g ; fyl  
ltdlnf0{e|b|f /dfPf crfgs

YY

ax/-d'tsfl/a d'; Ddg ; flnd  
; q-. . . .

s] tkf0|n] xdf] ; flxltos k':tsx? k9|ePsf] 5 <

zf/bf kf8}h

; 'gfnf] xfb}of] laxfgl a/fa/  
/ ; GWof pifsf] nufgl a/fa/

st}w/ ltdf] st}yf/ d/f]  
v; ] c>' wf/f t kfgl a/fa/

c } cllg ; flfl ePb}v xdf]f  
agfofflg cfx]f l; /fgl a/fa/

v'zl x'5' s}h] b'vL x'5' s}h]  
3d]sf] 5 hlj g dbfgl a/fa/

ltdlaf6 6f9f l/; fP/ hfbf  
ePsl 5 .zf/f]v/fgl a/fa/

YY  
; q-. . . .

**cfpgxf] \ 0**

**jhoGtl**sf] ; fy ol ; flxltos klqsf klg k9f] M  
/rgf, cleJolQm, bflotj, zAb; ofng, ; h}v,  
gjklffkg, lxdfnl u'/f, , zAb<sup>a</sup>s/ .  
; flxltos k': ts-klqsf ; knfo; {

rfah u0f]z: yfg, sf7df8f] gkfn  
)!-\$\$(&#%!=(\*\$!-!\$\$(^&

lzj /fd v8}s

; of] /f]u af]sl d affrl /x]5'  
cx]f/fq vf]sl d affrl /x]5'

lxof lgi7'/ln] hnfP k5fl8  
; 'f dfq wf]sl d affrl /x]5'

otfaf6 pDSo]f ptf k5{ kn}nf  
/ kf]0 tfn' 7f]sl d affrl /x]5'

egf's] d ; fyl < ; kim x'6g s}xl  
unf 70fkk /f]sl d affrl /x]5'

5 of] nfhdbf] cgf]7f] sxfgl  
: j o+c]f]7 6f]sl d affrl /x]5'

; wf nfl]5 cdf] 0 d Hob}d/] ^}f  
oxl b}Vg x]f]s 0 d affrl /x]5'

.gxf/] lxDdt ehf] /fd gfdll  
oxl dgq 3f]sl d affrl /x]5'

YY  
ax/-d'tsfl/j d'; Ddg ; flnd

; q-. . . .  
z<sup>a</sup>v/fk/-(, sf7df8f].

z'e ; GWof

zP\uf/ kOf{xG5 yf/}ltdl nhfP  
; 'gdf ; 'uGw ldN5 tl cfj7 d':s'/fP

nflU5g\z/fa h: t}ltdf gog gzfn'  
3fon d aGg ; S5' kof; L gh/ hwfP

xjf f cr}n ltd} dl7fj ; 'j f; lbG5  
ltdln] atf; ; 'u} 'Nsfl ; w}k7fP

cfufj ; l/ x'g]5' kfgl; l/ x'g]5'  
s] s] x'bg ltdln] ol xftdf ; dfP

a9b}5 d}t}lOff dbxfz ?k b}vl  
; DxfNg ; S5 s; n] ; a ; |i6 8ldufP

v}slGg ; D 'gdf s] zIQm xG5 To: tfj  
cfP/ ofb ltdf w8Ssg c ^} a9fP

e}g]5' :j u{ cf^g} cfvf cuf]8 kmNbfj  
Toj hG cfO{ d/f] c<sup>a</sup>ufn]df lgbfP

YY

ax/-d'hf/] d'; Ddg cv/a  
; G- . . . . .

l; 4 (, kf]Nof<sup>a</sup> .

z}v/ .cl: t}j U

d u5{s'/f ; Tosf] cfr/Ofsfj  
ltdlnfO{ afgl k}of] cfj /Ofsfj

ltdln] t 76}f u/} pxfofj  
d/f] nflu Yof] kZg hlj g d/Ofsfj

; do efl5 /fj Of, slt /fd hkgj  
slt x}g] of] bZo ; Lt-f-x/Ofsfj

uhnleq dfq} /Xof] bZ affsl  
; a}nfO{ lrgtf 5 kf]fOf e/Ofsfj

s t} b}vb}g Toj k|t/fw lfdtf  
/x/ b}vb5' dfq zq' z/Ofsfj

lgbfPsfj b}vb) 5' >ftf .P z}v/ U  
eof] Joy{ t/f] uhn hfU/Ofsfj

YY

; G- . . . . .

xfn-d}aO{ ef/t .



; ~ho l3ld/

cefj df k|dsf] s)øf}w/f a6h/ /x|sf 5g\  
; ah] k|d kf|V5g\to}hxf; fu/ /x|sf 5g\  
5'6]5g\ndq ; Rrf wg sdfpg] nxnx}df kf]  
o; f] ; fd'g] x|b|{dfq /Tgfs/ /x|sf 5g\  
s'g} a]nf lyof] l; <sup>a</sup>xf] d'h's sfkYof] lgs6 kg|  
x/fof] zfg s7} P|h] pg} sfkm/ /x|sf 5g\  
g/fVg"dV{ hgtf xf] e/f; f a65 3/ 7fgl  
lj sf; s] x65 ; Qdf hxf afb/ /x|sf 5g\  
; a] s|6f Ps} e65of] u80f}nf / h'sf xg|  
b'j} p: t} x|b} x'gg\ngs} c6t/ /x|sf 5g\  
YY  
ax/-xhh  
kf|oflg -% c3f{vfr-l, xfn-bl|f0f sf|/of .

Ps 7fpdf k|sf|zt e0; s|sf] /rgf jho6tlnf0{  
gk7fpg jho6tl kl/jf/ cg/fw ub5 .

; 6tf]ifl nfd5fg]

; 'g]sf] lyP To] hdfg dhfsf]  
ls n70fpg] ult ufgf dhfsf]  
lryf]/L ; d6] t gtf 5 affsl  
v'zl lh6bulsf] axfg dhfsf]  
cg]sf] lyP dfx To] h6 h: t}  
u'dfPf cdNo To] kfgf dhfsf]  
aufof] lg v]nf ; /L cf; ' dfof  
/ kf] a6b b|Vb}5' gfsf dhfsf]  
p8fof] w/L r}t a|df; dl e}  
g s|x| 5 5f|g] g 5fgf dhfsf]  
YY  
ax/-d'tsf]/a  
; q-. . . . .  
eQmk/ .

s] tkf0f] xdf; ; flx|tos k':tsx? k9g'ePsf] 5 <

; Gbz 1j fnl

ahfg[ 5g Toj kTy/ htg u5{  
l; ; f^} xG5 k|dn dg dgg u5{

; wfd/f v'; L /fvL w/f6ldf  
d ltdf] nflu x/ kl8f ; xg u5{

oxf sfxl gzfn] dfIQPsf 5g\  
d dftbf k|dsf] kofnf ; jj g u5{

sof+kl8fx? cNkfod} laT5g\  
h; } ofbf v'; Lsf] kn n|kg u5{

d sjj n dg emf kllnG5' yxf 5  
ltdl 5} cllg h: t} k|d ^g u5{

YY

ax/-xhh d'; Ddg ; flnd

; q- . . . .

s~rg-# ?kGbxL .

jhoGtl sf] nflu /rgfx? z'4 6f0k u/L  
shabdarthaprakashan@gmail.com  
df k7fpg ; Sgx'g5 .

; /f|h ; j|xf/f

gzf e/|sf] ; /fa h: t} gh/ /x|5g\ s; } s; } sf  
d'; 'Ss xff: bf et'Ss kfg[ cw/ /x|5g\ s; } s; } sf

ctlt aN%of] gog /; foj Åbo b'vfoj dhf eof] ^g\  
a' ^} d leq} ; bj bVg] c; / /x|5g\ s; } s; } sf

.hx/ lknfpm a; d lkp'5' of] ; fy 5f8g) xbg] elG5g\  
of] lhGbul ; fy -; fy lhpj] /x/ /x|5g\ s; } s; } sf

va/ 5 o: t} ag} d kfun, x/|s kndf ; 'f 5 ldg  
; 'gl /xf' ^} c; flWo dl7f va/ /x|5g s; } s; } sf

; /f|h kmNYof] ; w} lxnfd r'8] s; } n] r90f] lznfd,  
lznf khl : j u{ klG vfHj] ; km/ /x|5g s; } s; } sf

YY

ax/-d'tsfl/a dsah cznd

; q- . . . .

z'4f]wg, ?kGbxL, xfn-blif of sf]/of .

uhnsf tGj x;'  
! ld; /f / ; }  
@ sflkmof  
# /lbkm  
\$ dtmf  
% dStf / tvNn';  
^ tuHhh

; fg" kf8]n

lb65g\r/xf?n] So} xf}; nf dnf0{  
df\l l; sfpb} 5g\afRg] snf dnf0{

5ftl t/f0{d/f], sNrl cuff8 a9bf  
sf6\ of] l; dfgf, j\l 9nf dnf0{

tfst /x65 ; adf, cl: tTj x65 ; asf]  
s] vf65 Tof] lvofn] x]bf{ kmfdnf0{

5f/f uof] axf/L, Rofk\ b' 6f9f  
5f/l glhs 5 of]l dbf{ dnf0{

gkfn b]z d/f], lx8g] 5' a'4 dfu{  
cfuf] xf ofb /fvL, e65' rnf dnf0{

YY

ax/-d'hf/] cv/d

; q-~. ~.~ ~. ~.~

sfeknf-r]s, xfn-0h/fon .

jhoGtl]sf] nflu /rgfx? z'4 6f0k u/L  
shabdarthaprakashan@gmail.com  
df k7fpg ; Sgx'g5 .

l; hgf sfsf{

gfgl ; dfgsf] dg 9^af agf0lb65g\  
; D`] cttt cf^g} cfMf /; f0lb65g\  
; f/f v'; L 5 p; s} hf6bg xff: g sfxl  
b]vfj 6l v'; ldf sfxl /df0lb65g\  
0Zj / lg b^u x]nf b]v\] lh6bufgl  
B]tf ag\ cfk]kfiFFof cf0lb65g\  
; fdYo{ /V5' n8g] b': dg cuff8 cfP  
cf^gf ag\ x]f f ; kgf p8f0lb65g\  
/fv\] of] x]bdf cf^gf] elglbPy]  
; flr\] kft kTs/ of] dg hnf0lb65g\  
YY  
ax/-d'hf/] cv/d  
; q-~. ~.~ ~. ~.~  
sf]v]fnf-@, afun^a .

; f/f v'; L 5 p; s} hf6bg xff: g sfxl  
b]vfj 6l v'; ldf sfxl /df0lb65g\  
0Zj / lg b^u x]nf b]v\] lh6bufgl  
B]tf ag\ cfk]kfiFFof cf0lb65g\  
; fdYo{ /V5' n8g] b': dg cuff8 cfP  
cf^gf ag\ x]f f ; kgf p8f0lb65g\  
/fv\] of] x]bdf cf^gf] elglbPy]  
; flr\] kft kTs/ of] dg hnf0lb65g\  
YY  
ax/-d'hf/] cv/d  
; q-~. ~.~ ~. ~.~  
sf]v]fnf-@, afun^a .

0Zj / lg b^u x]nf b]v\] lh6bufgl  
B]tf ag\ cfk]kfiFFof cf0lb65g\  
; fdYo{ /V5' n8g] b': dg cuff8 cfP  
cf^gf ag\ x]f f ; kgf p8f0lb65g\  
/fv\] of] x]bdf cf^gf] elglbPy]  
; flr\] kft kTs/ of] dg hnf0lb65g\  
YY  
ax/-d'hf/] cv/d  
; q-~. ~.~ ~. ~.~  
sf]v]fnf-@, afun^a .

; fdYo{ /V5' n8g] b': dg cuff8 cfP  
cf^gf ag\ x]f f ; kgf p8f0lb65g\  
/fv\] of] x]bdf cf^gf] elglbPy]  
; flr\] kft kTs/ of] dg hnf0lb65g\  
YY  
ax/-d'hf/] cv/d  
; q-~. ~.~ ~. ~.~  
sf]v]fnf-@, afun^a .

/fv\] of] x]bdf cf^gf] elglbPy]  
; flr\] kft kTs/ of] dg hnf0lb65g\  
YY  
ax/-d'hf/] cv/d  
; q-~. ~.~ ~. ~.~  
sf]v]fnf-@, afun^a .

ax/-d'hf/] cv/d

; q-~. ~.~ ~. ~.~

sf]v]fnf-@, afun^a .

ax/df nrstf

! dfqf lu/fj 6  
@ dfqf ldnfj 6  
# dfqf r9fj 6

**l; hgf zdf{**

rn]sf] 5 af9L un] en] 5 b]z  
; xl w/ kl8f hn] en] 5 b]z

; w) aGb x8\fn bf]fl 5 hgtf  
lj gfzIQm kf] 9n] en] 5 b]z

5 ef0x?df n8f0fa9]sf]  
3/]eq cfuf] an] en] 5 b]z

; tln] ; /fk/ s] xG5 eGy]  
/ kf] efllo xfd] 5n] en] 5 b]z

c?s) e/f; f u/l a: g' xGg  
eGoff dfq o; /L rn] en] 5 b]z

YY

ax/-d'tsf]/j d'; Ddg ; flnd  
; q- . . . .  
d'; Lsf6-/ftfdf6f, z's'd .

s] tkf0[n] xfd] ; flxltos k': tsx? k9gePsf] 5 <

**; 'dg c1ft**

; fob of] lz/ g; Snf j\l r'8fNg lt/n]  
3fon 5 lbn g3fRg"Tot] Kof/ eGg] l' /n]

s] ef] s; f] ef] eG5f] pQ/ lbprf d s: tf]  
s] ; To aSg ; Snf < of] Kof/sf] gh/n]

of] lhGbul v'; ln] dnb/ lg Ho5 x/  
dfIns eg/ hfbf ; <sup>a</sup>3f/df kItS/n]

Tof] ?k /<sup>a</sup> 5fnf wfp/ z'4 xfnf  
dgd f eP t d]nf] ; SbG d]Gg lg/n]

j /bfg ltd] lk/n] xGf' 5 lbG5 s: tf]  
5s\ tl ; 'dgsf lgbf]f s]xl lz/n]

YY

ax/-d'hf/] cv/d

; q- . . . .

ndh<sup>a</sup> .

**uhnsf tGj xG**

! ld; /f / ; }

@ sf]kmof

# /lbkm

\$ dtmf

% dStf / tvNn';

^ tuHhh

;ldqf clwsf/L I; ?

kb{ k5f18 h; n] efnf kxf/ u5g\  
; fRr} cuf18 e}b] ; Ddfg kof/ u5g\  
;

ajnf avt dnf0{o: tf] crDd nfl5  
df{5}x? j rgn] dfg[ lj rf/ u5g\  
;

rflxGg 3fp ulx/f] dgleq rf6 nfuj  
To} rf6 lb65 h; n] dfof ckf/ u5g\  
;

lgbf}f a65 sfxl uNtl u/y cfknt-  
cl: tTj n'6g v}f]g] x/bd xtf/ u5g\  
;

ol xft kvv/fdf kf/v u/y afir]  
u6tJo rDg df{5} x/ si6 kf/ u5g\  
;

YY

ax/-d'hf/] cv/d  
; q- . . . . .

jhoGtl sf] nflu /rgfx? z'4 6f0k u/L  
shabdarthaprakashan@gmail.com  
df k7fpg ; Sgxg5 .

; 'h zdf{

hf] af/ af/ d/}, hlj g hnf0lb65  
cfMf cuf18 p; s; t; j L/ cf0lb65  
;

/lff u#of] au/n] ; fyl agl gblsf]  
; j fyl{ ag/ v}nf, t6 g} auf0lb65  
;

5f{5} /x: o lbnsf] d': sfgn] lkof/L  
d'vn] gaf]n kl8f cfMf atf0lb65  
;

ub} 5 lh6buln] d/} l x; fa o: tf]  
hf}lb65 bb{dfq} dfof 36f0lb65  
;

e1N5g\; w}+lkpf]n] sxl knf 5'6df  
6f9} a; L .; 'h}h] b'lgoff rnf0lb65  
;

YY

ax/-d'hf/] cv/d  
; q- . . . . .  
km]j f; -@ yfkf7fgf, kj {t .

s]ol k:'ts k9g'ePsf]5  
dfyfkRrl -ljgostdf/ zdf{gkfn !%}÷-  
kg/fj]Q -ljgostdf/ zdf{gkfn !&%}÷-  
k/fj t6 -ljgostdf/ zdf{gkfn @}÷-

; 'zln uftd

xb}; Dd nfel hdfgf 5 p: t}  
lesf/L pg} xg\vhfgf 5 p: t}

u/lal / a}sf/ 5g\6ff: ; Psf  
cnllu} ga: g] axfgf 5 p: t}

; a}n] ; w} : j kg a}r/ v}P  
/dfP/ ufP t/fgf 5 p: t}

5 kof/f] oxflgbbl dQ ; Qf  
l; sf/L ; a}sf] lg; fgf 5 p: t}

o}j f, a} df b}z 5f8/ efl5g\  
loglleqs}f] Tof] lbj fgf 5 p: t}  
vlxdfnl ; wdfly uf8/ c}f}f  
; bf : j Tj n'6g] 3/fgf 5 p: t}

c } tlj| e}Dk-cft<sup>a</sup>s bV5g\  
v'nf Jof}ds}f] ; UOf 5fgf 5 p: t}  
YY

ax/-d'tsfl/a  
; q-. . . .  
bf<sup>a</sup> .

; fld lg/f}nf

de}bf lgs} b/ ; fg] ; x/ 5  
5 s] sl}g lbn c}N `Psf] 7x/ 5

lkmsf n}llb5g\hf0{ rDkf rd}nl  
; x/df 5 sf}xl p; }sf] /x/ 5

ld7f] ; D `gfsf] sf; }nl klbf] ls  
oxf}af6 alg] k/fgf] gx/ 5

x'nfslx? c}fb}gg\tyflk  
of] dg s'b} c}fk} 5f}6f] s'g 8x/ 5 <

w}/n] k9fP .zzl sl}t{ ufyfl  
lj gf rfxgfsf] cd}t}df hx/ 5

p7] sNkgfdf ; 't] : j kgdf l5g\  
Toxl ofbdf ufpg] of] ax/ 5

x] x}f f t}hf : kz{ af}sf] k}msl}  
k7fPf km}t lbn oxfl v08x/ 5  
YY

ax/-d'tsfl/a  
; q-. . . .  
0nfd .

x'; g vff

lhGbuldf ugkg{ sfd affsl 5 c ` }  
ofj hutdf lrGkg{ gfd affsl 5 c ` }

e|6Psf] Tof] k'/fgf] 7fd affsl 5 c ` }  
uf|wnlsf] Ps d'7XL 3fd affsl 5 c ` }

b|vPsf 3fp ; f/f d|6Psf 5 t/  
zAbaf6 xflgPsf 8fd affsl 5 c ` }

j fl6sdf cfudg ef] aNn dl7f] j fo'sfj  
d-h/l]sf] kmh afg] ofd affsl 5 c ` }

kflnPsf e|6 cj ; /j fbsf] cj z|fn]  
b]zsf] 5fgf] p8fP yfd affsl 5 c ` }

lhGbuldf olQ w|) kf] ugf; f 5g\sg  
xft hf|bl lx8g' kg{ wfd affsl 5 c ` }

Kof; nf0{ d|kg] ; fu/x? ; 's] .x'; g|l  
cflv/L kndf lkPsf] hfd affsl 5 c ` }

YY

ax/-/dn d'; Ddg dxhkm

; q- . . . . .

e/tk/- #, gf/fo0fu9 .

x|dz<sup>a</sup>s/ af: t|nf

eof] cfh kfgl ; /L lhGbufgl  
st} 5}g xff; f] e/L lhGbufgl

g/f|k] lg leq} 5'/L leq} 3fp agbf  
oxf kf|Nof] cff; ' ` /L lhGbufgl

uof] cfh 6f9f agof] dfq k|dl  
lbof] r|f6 bVg] u/L lhGbufgl

u/f|nf t s] s] egl y|fn/|5'  
sxf|laT5 cfh} d/L lhGbufgl

ntf km|nPenf v'a) a}; rrf{  
ht} kmh af: gf 5/L lhGbufgl

YY

ax/-d'tsfl/a

; q- . . . . .

vf|f<sup>a</sup>, xfn-gj fsf| .

**tkf0{ xfdlnf0+ e}g vff|gePsf] xf] ‡**  
 /rgf, lj 1fkg jf k':ts-klgsfsf]nflu  
**zAbfy{ ksfzgsf] sfoffo-rfah, uofz:yfg**  
**)!-\$\$(&#!÷(\*\$!-\$^!)#**  
 mail: nepal.vk@hotmail.com / nepal120@yahoo.com /  
 shabdarthaprakashan@gmail.com  
 web: shabdarthaprakashan.com / nepalipublisher.com

jhoGtl ; |6f ; Ddfgâf/f ; DdfLgt JolQmij x?

c <sup>a</sup> s != kl-8f-slkn c1fft -; dLIff_	c <sup>a</sup> s @= /fh]j / b] srfb -kj {dlt_
c <sup>a</sup> s #= ag"nfld5fg]-/fli6o JolQmij_	c <sup>a</sup> s \$= pldrf nfld5fg]-gltsyf_
c <sup>a</sup> s %= 8f= zj]kfsz gkfn -5Gbslj tf_	c <sup>a</sup> s ^= elid pk]l -; j b]zofqf_
c <sup>a</sup> s &= oj /fh gofB/] -; j b]zofqf_	c <sup>a</sup> s *= 8f-/fdk] fb 1jfnl -5Gbslj tf_
c <sup>a</sup> s (= kl-8f-ho/fh kGt -rf8kj {	c <sup>a</sup> s != sGxof gf; ggl -lj b]zofqf_
c <sup>a</sup> s != e]jgxl/ l; Ubh -kQfosyf_	c <sup>a</sup> s !@= kl-8f-burk] fb cofn -; dLIff_
c <sup>a</sup> s != kl= uf]kls[of zdf{-; dLIff_	c <sup>a</sup> s !\$= /fd]j / /fpt.dft]f; ..uBslj tf_
c <sup>a</sup> s != 8f= 3gZofd Gofkfg]-; :d/Of_	c <sup>a</sup> s != k]k gkfn -; :d/Of_
c <sup>a</sup> s != kl= lzjuffn l/; fn -5Gbslj tf_	c <sup>a</sup> s != lj ho rfn; ] -lgaGw_
c <sup>a</sup> s != k]sfzdlOf bxfn -lgaGw_	c <sup>a</sup> s @)= >Lcf] >]7 /f]g -; :d/Of_
c <sup>a</sup> s @!= /fdk] fb kGt -; j b]zofqf_	c <sup>a</sup> s @@= d-hh -lj b]zofqf_
c <sup>a</sup> s @#= gf/foOf lg/f; l -5Gbslj tf_	c <sup>a</sup> s @\$= zzl ykf .kl08t...; :s[t_
c <sup>a</sup> s @%= lszf] kxfl -n3syf_	c <sup>a</sup> s @^= nlnf bf]fl -Psf <sup>a</sup> sL_
c <sup>a</sup> s @&= ultfs]z/l -n3pkGof; _	c <sup>a</sup> s @*= /fw]ofd n]fnl -uBslj tf_
c <sup>a</sup> s @=(= rGbs]ft cfrfo{-/fli6oJolQmij_	c <sup>a</sup> s #)= b]l gkfn -5Gbslj tf_
c <sup>a</sup> s #!= cd/sdf/ k]vf -/fli6oJolQmij_	c <sup>a</sup> s #@= lbjo lu/l -dQms_
c <sup>a</sup> s ##= lfd dfGw/ -syf_	c <sup>a</sup> s # \$= aE /fgf -uhn_
c <sup>a</sup> s #%= kl-/fh]b] ; j]l -; dLIff_	c <sup>a</sup> s #^= g/]b]k/fz/ -5Gbslj tf_
c <sup>a</sup> s #&= d]sf kf]h -lgaGw_	c <sup>a</sup> s #*= s[Of ahuf0{-syf_
c <sup>a</sup> s #=(= wL/sdf/ >]7 -uBslj tf_	c <sup>a</sup> s \$)= /fdfs]h sf]j]-dQms_
c <sup>a</sup> s \$!= kl-8f s[Ofk] fb bxfn -; dLIff_	c <sup>a</sup> s \$@= d]sb zdf{rfn; ] -5Gbslj tf_
c <sup>a</sup> s \$#= /f]s l3ld/]-; :d/Of_	c <sup>a</sup> s \$\$= 8f= ljzjblk clwsf/l -lgaGw_
c <sup>a</sup> s \$%= 3gZofd /fhs]Ofsf/ -; :d/Of_	c <sup>a</sup> s \$^= lvdGfb kf]v/h -uhn_
c <sup>a</sup> s \$&= d-h' sffh -n3syf_	c <sup>a</sup> s \$*= lqnf]g cfrfo{-5Gbslj tf_

; :s[t-!, Psf<sup>a</sup>sL-!, k] {dlt-!, n3pkGof; -!, n3syf-@, uhn-#,  
 rf8=kj {!, dQms-@, lj b]zofqf-@, :j b]zofqf-#, /fli6o-JolQmij-#,  
 uBslj tf-\$, syf-%, lgaGw-%, ; :d/Of-%, ; dLIff-@,  
 5Gbslj tf-\* c]f c<sup>a</sup>s x? lgsfn; s]f]  
 ; flx]tos klqs f jhoGtl sf]  
 %\$ c]f c<sup>a</sup>s 5Gbslj tf xGf .

k5f/sf] kftf]

uhndf ax/ / nrstfsf] lg;k0f

8f=3gZofd Gofkfg] kl/>dL

! klj li6

uhn c/al eflis dhsf]zAb xf]. o; zAbn]sfzlo cy\$ f ] kdf  
 gf/l; E]sf]; jftf]f]o{aenrf5 . ; flx]odf eg]of] sf]osf]Pp6f k]k] xf].  
 sfl]os klj wfsf ] kdf o; sf] hGd kydtM 0; fsf]; ftf]ztfAbldf c/al  
 ; flx]tos w/ftndf g}ePsf]xf]. o; kl5 qmdzM knf; L{ lxGbl / pb{x]b}/  
 lj z]ftM 0:nflds hut\$ efiif; flx]odf cf^gf]vf; klxrfg agfp]o; n]  
 zAbsf]z / ; flx]osf]z b]k]f lj z]Jofkl lj :tf/ kfPsf]b]jvG5 . ctM; :f/sf  
 x/\$ efiifdf uhn]f0{csf]sg]gfdn]; Daf]wg ul/Psf]5g, uhn g}elgG5 .  
 k]lG sf]o; :f/df ; :s[t ; flx]osf]pGgtf] :yf; E]c/al / knf; L{efiifdf klG  
 j<sup>a</sup>alos lj sf; e0/x]f] c] :ydf sl; baf6 t; laa x]b] kydtM k]fo-  
 ef]f]o-hgsf]k]v]s\df]lods] ] kdf uhnsf]pb&j ePsf]xf]. pb&j ; E]  
 o; df lj z]ftM ; :s[t / lzi6 efiifsf]k]p]stn]dx]E] kfPsf]b]jvG5 .

@= uhnsf] j]o{ lj ifo

uhn k]v]tM c/aldf k]foultsf ] kdf lrlgPsf]tl:aasf]ue]f6  
 h]GdPsf]sf]osf]Ps k]f/ xf]. o; sf]kbut cy]k]klG]k]dsf; E]sf]; jfbnf0{  
 ; ]] ub] . j :ttMuhnsf]pb&j k]k] / z]v]f/s]k]7eldaf6 ePsf]b]j]6ut  
 xG5 . vf; u/l :qll; t ; DalGwt cy\$]; j]fxs ePsf]uhnnf0{klxn]klxn]  
 k]fowd{/ z]v]f/s sf]o lj wfsf ] kdf lnOGyof]/ z]v]f//; g]o; sf]dVo  
 /; xgkb] eG]b] df]otf klG lyof]. To; h]t cfh klG k/ftgk]v]lx]  
 uhnsf]dhs]yo k]k]l] ifos g]xgkb] eG]s/fdf cfux ub]5g\

:qlsf]j f0l jf :ql; E]sf]s/f]sfgl eG]cy\$]cfwf/df uhn]f0{k]k]  
 / z]v]f/sf]; :s]lOf{kl]j Qdf dfq aGbl agfpg]olusf]; dfkg e0; s]f]5 .  
 cfh j]z]s ] kdf g]uhnsf]s]yo lj ifo k]k]df dfq alGwt 5g . o; sf]cy{  
 lj :tf/ e0; s]f]5 . cfhsf uhnsf/x]n]k/ftg df]otf]sf]kv]f] e]s]f0; s]f]  
 5g\ ca k]fowd{/ z]v]f/stfsf]; :s]rgaf6 uhn pGdQm e0; s]f]5 .  
 ; dfhdf cfk]h]b]v]sf, e]v]sf, ; g]f / cgelt u/\$f sg]klG lj ifonf0{  
 cfhsf uhnsf/x]n]uhnsf ; ]x]df kl]t]l]Dat u/\$f]kfOG5 . j :ttM  
 JolQmsf]lhGbul]sf]l]r]q / ; dfhsf]kl]t]l]Da alg; s]f]5 cfhsf]uhn .  
 ; fdf]hs, /fhg]lts / Jof]xfl/s hl]gsf lj lj w klfx]n]cfhsf]uhndf  
 s]yosf ] kdf :yfg cf]l]6; s]f]5g\ ; d; fdlos uhnsf]; ]f]k]v]df ; fdf]hs  
 r]g]sf]Jof]k]t b]jvG5 . k]foef] dfq uGugfpg]lxhf]sf]uhn cfh lj b]f]x]sf]



:j / p/fng] cJoj :yf / cGofoc tofrf/ lj?4 shG]sfJolj wfsf 2kdf ; d] lrlG5 .

#= uhnsf tEj x2

uhn dh<sup>t</sup>M zf:qlo / kllj lws sfJolj wf xf]. o; sf]; A<sup>r</sup>g<sup>f</sup>x<sup>t</sup>' s<sup>x</sup>l afXo / s<sup>x</sup>l cfGtl/s tEj x2 cfj Zos dflG5g\ oxfol tEj x2 sf]; fdfGo rrf{xg' cfj Zos 7fg3f]5' .

#=! ld; /f / ; ]

uhn eg3f]; ]x2sf]; dli6 2k xf]. Pp6f ; ]df b0{k<sup>a</sup>Qm xG5g\ ; ]sf]kyd jf dflyNnf]k<sup>a</sup>Qmnf0{ld; /f P pnfll / latlo jf tNnf]k<sup>a</sup>Qmnf0{.ld; /f P ; fglld elG5 . x/3 ; ]sf]ld; /f P pnf]sbj]lj ifosf]pk:yfkg ub5 / ld; /f P ; fgl]To; nf0{kli6 ub3Pp6f sYosf]; dfkg ub5 . Pp6f uhndf sDtdf klg kfF ; ]xgkb5{eGg]sfJozf:qlo dftotf 5 tfklg sltko krf/; l / pb3f uhnsf/x2n]g}rf/ ; ]sf dfq uhn<sup>x</sup>2 klg /r3f] blvG5 . ufogsf ; Gbedf t tlg ; ]dfq ufOPsf kz:t pbfx/Ofx2 elG5g\ kfF ; ]eGbf clwstd ; ]x2sf]sg}klg lglZrt ; <sup>a</sup>Vof sfJozf:qdf lgwfOf ul/Psf]klg kf0Eg . uhndf w]; ]xg' /df]]klg dflG5g . cf] t uhn<sup>x</sup>2 kfF ; ]blv t3]; ]Ddsf xG5g\ ; fw/Of<sup>t</sup>M lxGbl pb3efiffdf Pssf0{ jf af0{ ; ]eGbf a9l ; ]sf uhn<sup>x</sup>2 blvEg\ t/ g]kfnldf eg]kpf]sf 2kdf uhndf g}v08sfJo / dxsfJo; d] n]vPsf 5g\ krlrg sfJozf:qlx2sf] syg s]5 eg]uhnsf ; ]x2sf]; <sup>a</sup>Vof lj ifd xgkb5{t/ o; dftotfnf0{ s8f0sf ; fy kl/kfng ul/Psf]eg]kf0Eg .

uhnsf k]o3 ; ]x2 oBlk Pp6}ax/df ; dfa4 xG5g\tyflk lj ifoj : t3f] bl]6n]ltgsf]:j tG cl:t]j /x3f]xG5 . cemo; f]egFPp6f uhndf hltj 6f ; ]x2 5g\olt g]k]ys\k]ys\j ifoj : t' efj / lj rf/ xG5g\ k]o3 ; ]sf sYo lj ifodf kfy\$o xg' uhnsf] dfl]ns lj z]ftf Pj +dfGottf klg xf]. Pp6} uhnleqsf cnucnu ; ]x2df k3, lj /x, j 3gf k3[t lrqOf, lrgtdgg, ; fdl]hs Pj 7fhg]ts Jo<sup>a</sup>vo lj b]k tyf lj s[t lj ; <sup>a</sup>lth: tf lj lj w klfx2sf] kl]lj dag ug{uhnsf/n]kOf}2kdf 56 kfPsf]xG5 o; y{ult / slj tfx2df h: t}Pp6}sYo lj ifoj : t3f]z<sup>f</sup>vna4 k]tlt uhndf ckl/xfo{dflG5g . Pp6} uhnsf ; du|; ]x2df Pp6}lj ifoj : t3f]z<sup>f</sup>vna4 k]tlt ePsf]uhnnf0{ uhn d' n; n elG5 . lj lj w lj ifoj : t3f ; ]x2af6 ag3f]uhnnf0{uhn u} d' n; n elG5 . uhn d' n; ndf lj ifoj : t'Pp6}eP klg k]o3 ; ]x2 eg] :j foQ xG5g\

#=@ sflkmof

uhndf sflkmofsf]; j fl]ws dxEj /xG5 . sflkmof]gf uhn aGg}; Qm3 . To; h]uhn2kl z/L/sf]d3sf]2kdf sflkmofnf0{ln0G5 . sflkmofsf]z4 / ; dlrt kpf]un]g]uhnnf0{hlj Gt agfPsf]xG5 . sflkmofdf :j /dfqsf]; dtf

xgkb5{. /lbkmEbf k] {kpf]u xg]cgkf; oQm kb, kbj nl, clf/ jf clf/ ; dXnf0{g}sflkmof elG5 . xdsflkmofx2df crn Wj lg oyfj tVxg' / rn Wj lgdf kl/j tG xg' o; sf]lj z]ftf xf]. dtnsf bj }ld; /f / cG6 ; ]x2sf ld; /f P ; fgldf sflkmofsf]kpf]u xG5 . efB3]df83] uf83] 5f83] tyf xg] ?g]wg] 53]; x/, gh/, c; /, ab/=klg, clg, zlgh:tf :j /sf]; dtf ePsf zAbx2 g}sflkmofsf]2kdf uhndf kpf]u xG5g\ . hfGg] ; Gg] lsGgh:tf :j /sf]; Gthg gland3f zAbx2 sflkmofsf]2kdf :j lso{x33g\ o; /l g]j f; , sfn, /fd÷; xl, sxlF=gpfkfp÷ klg, wglh:tf zAbx2df :j /dfqsf]; dtf eP klg o:tf zAbx2 xdsflkmofsf 2kdf kpf]u xg ; Qm3\ axfj, k3fj, r3fj, bafj, ; emfj h:tf zAbx2 eg]xdsflkmofsf 2kdf kpf]u xg ; S5g\ t/ logsf axfj sf].al k3fj sf].kl / r3fj sf].r0 bafj sf]b, ; emfj sf]; ' eg] sflkmofsf]cgkf; ]/ Wj lgcGtuE kb5g\ oxfFxfj, efj, gfj, afj, emfj h:tf kb3zn]sflkmofsf]sfd u/3f 5g\ o; 3/L of] xf]; Grf] dl7f] sff] rsf] d]flh:tf Psn jf kb3tdf cfpG]; d:j /sf]n]vo Ps clf/n]klg sflkmofsf] dftotf kfp5g\ sltko cj :ydf af5g\,eG5g\,uG5gh:tf sflkmof; E dg 5g\j g 5g\kg 5g\,pNemg 5gh:tf kbj nl klg ldInt xdsflkmofsf 2kdf kpf]u xg ; S5g\

#=# /lbkm

/lbkm uhnsf nflu P]R5s tEj xf]. sflkmof / /lbkm bj 3f]d-hh ; dlG]ltn]uhnnf0{cfsif\$ / >ltaw/ tNofPsf]xG5 . dtnsf bj }ld; /f / cG6 ; ]x2sf ld; /f P ; fgl]sf]cGtdf kpf]u xg]pxl kb, kbj nl clf/ jf clf/ ; dXnf0{g}/lbkm elG5 . of]sflkmofsf]7ls k5f]8kl3 kpf]u xG5 . clgj fo{ tEj geP klg o; sf] kpf]un] uhnsf]; fl]bo{k}fwgdf dxEj kOf{ eldsf v]lg] / ufogsf qmddf >ltad dw/tf; d] ylkG] xgfn] clwsfz uhnsf/x2 o; nf0{Toflg ; S33g\ . l; sf? jf gj fl]ot uhnsf/x2d]llo] sltkon]t /lbkmnf0{g}clgj fo{tEj 7fG5g\? pglx2 sflkmofnf0{dxEj lb33g\ j : t<sup>t</sup>M a%g]kg]s/f s]xf]eg]sflkmof]j gfsf]uhn aGg}; S33, t/ /lbkm]gf uhn aGg sg]Joj wfg pTkGg x33 . /lbkm]kpf]u]cfwf/df / lbkm k3Qm uhnnf0{d/2km uhn / /lbkm kpf]u gePsf]uhnnf0{u} d/2km uhn elG5 .

#=\$ dtnf

dtnf zAbaf6 .kl/De] eGg]cy{alemG5 . uhnsf]klxnf]; ]nf0{dtnf elG5 . dtnsf bj }ld; /fdf sflkmof / /lbkm]kpf]u xG5 . -olb u}d/2km uhn eP dtnfdf klg /lbkm/x33 . Pp6}uhndf b0}; ]sf dtnf klg xg ; S5g\ o:tf]uhnsf]bf] fl]dtnfnf0{xZg]dtnf jf dtnf P ; fgl elG5 . s; }s; h] pkoQm dtnf agfpg g; s] bj }ld; /fdf sflkmof / /lbkm]sf]; Gthgsf]lgod pN<sup>a</sup>3g klg ub5g\ To; f]t sfJozf:qsf cg; f/ uhnsf]

dtnf ; fgkf; f6t xg}k5{egl clgj fo{ul/Psf]5g t/ klg of]lgod 2 9  
alg; s\$] 5 . To; h] uhn egk]5 dtnf cfj Zosh:t}b]vG5 . j:tM  
dtnfsf] Joj :yfkgn] uhnno{>lt dw/ agfpgsf nflu dxLj kOf{eldsf  
v]h\$]xG5 . uhnsf/n]j frg ubf{j f ufosn]ufp5fv/ k]o\$ ; }x2 k]5  
dtnfsf]k/fj [Q ub5g,h; af6 Ps k\$]f/sf]>lt dw/tf / em\$]f/dotf k\$6  
xG5 o; y{sflkmofsf] b} }ld; /fdf ; Gtlnt 2 kdf kOf] ePsf] dtnf xg'  
uhnsf nflu cfj Zos g}7fG' pkoQm xG5 . o; nfo{ultsf]:yfol czh:t}  
dfG ; lsG5 .

**#% dStf / tvNn'**

uhnsf]clGtd ; }nf0{dStf elgG5 . o; zAbn].; dflktl jf .sfl6Psf]l  
eG]cy{aemp5 . o; af6 s]:ki6 xG5 eg].dStf] eg\$]uhnnf0{6<sup>a</sup>ofpg]  
cj oj jf clGtd ; } xf]. dStfsf ld; /fdf ; fw/OfM uhnsf/x2 cf'gf]  
tvNn'v klg kOf] ub5g\ tvNn'; eg\$]slj sf]5f6]gfd jf pkgfd xf].  
uhn l; 4fGtsf s}l JofVofix2]tvNn'; kOf] gePsf]; }nf0{dStf eG  
ldNb6, clGtd ; } elgk5{klg eg\$] 5g\ j:tM of]egf0 olQm; <sup>a</sup>lt 5g .  
olb clGtd ; } eGbf k} ]tl; }x2 df uhnsf/n]tvNn'; kOf] u/df To]; }  
g}dStf aG6. dStf eg\$]uhnnf0{6<sup>a</sup>ofpg]clGtd ; } xf]. h; df uhnsf/n]  
tvNn'; kOf] ug{klg ; S5, gug{klg ; S5 . tvNn'; uhnfy{ckl/xfo{tLj  
xf]g . o; sf]kOf] dhTm cy\$]rdTs/ / uhnsf/sf]lrgf/lsf nflu ul/Psf]  
xG5 . tvNn'; kOf] ePsf dStfsf s}l ; }x2 cj n}sgfy{k}tt 5gV-  
ltdl; fy xg\$ .x'; g' ; wF  
; g cAn, b6d, rf/x2 - x'; g' vfF-ax/dfnf - !))\_  
r9]lzv/ shfx2  
b<sup>a</sup>u ..3gZofd' eof]8f=3gZofd kl/>dl -h6sf]rdag-!@)\_

**#^ tuHh**

tuHh uhnsf]cTo6t dxLj kOf{cfGtl/s tLj xf]. ; Argfsf]lj wfgdf  
sb}Ps ax/df /lrPsf]; }x2 sf]dfnf uhn xf]. o; sf k]o\$ ; }x2 s'osf  
bl]6n]eg]:j foQ xG5g\ o; y{o:tf ; }x2 :j odnf cykOf{xG5g\ x/\$ ; }df  
rdTsfl/s / kOf] kOf] cleJolSt uhnsf nflu ck]lft xG5 . ultdf h: tf]  
sf]nsl6t kbkbj nlsf] snfn] jf slj tdf h:tf] efj sf] uxgtfn] dfq  
uhnsf ; }df tuHh cfefl; t x6g . j:tM cy\$]rfl]6n]/ rdTs/kOf{  
; xh / ; a]vo cleJolSt g}tuHh xf]h; df kf7s jf >f]df tTsn kOf]  
kfg]lfdtf xG5 . dxLj kOf{syg jf ; lSth:tf s07fu]xg]jf dVdf emG8g  
; Sg]Wj Gof]ds / j qm]StkOf{; }x2 df g}tuHh cGtlg]xt xG5 . ctM tuHh  
uhnsf ; }x2 df c6te' cfyl; }bo{xf]. ax/df n]v6d / sflkmof ldNb6d  
olb ; }x2 df tuHh 5g eg]To:tf]/rgf uhn xg ; Sb6, To]t uhn geP/  
ult jf slj tf dfq xG5 o; y{uhnsf/n]uhn /rgf ubf{sflkmof / ax/ dfq

ldnfP/ x6g, tuHhkOf{; }x2 s; /l k] ug{; lsG5 eG]af/]uDel/ xg'  
cfj Zos xG5 .

**#&= uhnsf cfGtl/s tLj tyf uOf / b]fx2**

uhnnf0{; fy\$tf kOf] ug{afXo tLj x2 n]dfq ; Sb6g\ afXo tLj  
t o; sf]; Argfsf cj oj dfq xg\ jf:tf df uhndf cfGtl/s ; }bo{kOf]  
ug\$] nflu cfGtl/s tLj x2 sf]eldsf dxLj kOf{xG5 . efj, cGbfh] aofF  
-cleJolQm sfz n, tuHh -rfl]6n]/ rdTs/kOf{cleJolQm h; sf]rrf{dfly  
ul/Psf] 5, lj Da / k]ls, sNkgf, ; <sup>a</sup>lt tdfstf, lzNkz]l, tfl; /  
-kOf] kOf] ; 3g cleJo-hgf, zsndf ; snf -yf]w]eG ; Sg,  
/ ; , cn]f/ cflb uhnsf cfGtl/s tLj x2 xg\

uhn sf]osf]; Gb/ 2 k xf]. of]lj leG ; }bo{tLj n]cn<sup>a</sup>s t xG5 .  
o; sf nflu s}l uOfx2 lgw]of ul/Psf 5g\ :ki6tf, k]9tf, ; }df cykOf]f,  
ld; /fdf cGof]ofl>t tf, pvfg 6Ssf] kOf], uOf]dstf, JofVof]dstf,  
k]lsf]dstf, sf]ntf, plQm j]rqa6, ; /ntf, Jofs/ofs z4tf cflb uhnsf  
kOf] uOfx2 xg\

uhndf s}l o:tf klfx2 klg 5g\hg uhnsf b]f] dflg65g\ uhn  
/rgf ug]qddf clnsl Wofg gk'ofp6 uhnsf ; }x2 df b]f] p]kG xG5 .  
c:ki6tf, ckOf]f, b'2xtf, c; Da4tf, s'2ktf, cZnlntf, Jofs/ofs cz4tf,  
lj R56, cgj Zostf, kg/fj [Q, zAb ; <sup>a</sup>s]f, zflAbs s7]tf, cgfb/df, j hg  
e<sup>a</sup>lt jf ax/xlgtf, sflkmofxlgf, Of, OSknf, tsfah cflb uhnsf kOf]  
b]f] dflg65g\

**\$= uhndf ax/**

uhnsf]klxnf]; t{ufog xf]. To; h]o; sf]lgs6td ; Da6w ; <sup>a</sup>lt; G  
/x\$]xG5 . uOf]sf/Of uhn c?hzf:qaf6 lgl6 sg]g sg]ax/df n]vG5 .  
ax/ eg\$]56b xf] of]c/al :qln<sup>a</sup>l zAb xf]. o; sf]dh 2 k ax]xf]. c/al,  
knf; l; pb} tSl6:tf 0:nfdl hut\$ efiffx2 df o; nfo{ax]g} elgG5 eg]  
lx6b, g]fnl nufotsf cfwlgs cfo'efiffx2 / c6o efiffx2 df ; d] of]ax/  
gfdn]lrgG5 . no 9fFsf bl]6n]ax/ 56bsf]kOf]j frl zAb xf] ; G]ds  
2 kdf w}56b / ax/x2 b?:t]ldNb5g\ o; y{<sup>a</sup>un zf:qaf6 c?h zf:q w}  
dfqdf cgk]of]t 5 tklg of]; s] k/Dk/fsf l<sup>a</sup>un 56beGbf a9l pb/ /  
nlrnf]xG5 . c/al c?hn]o:tf]nrstsf]cg'; /of ogfgl c?haf6 u/\$]xf]  
elgPsf]5 . cf7]z tAbldf cdf]gdf h]GdPsf dx]db OAg cn km]x]bl c/al  
c?hsf hGdbtf dflg65g\ . dhTm jOf{-clf/\_ / dfq]ds Ps2ktfsf  
cfw/df ; def/af6 l; h'g] xg]; <sup>a</sup>lt d6l no g}ax/ xf]. h; /l 56b]4  
slj tfsf nflu e (SII), h (ISI), ; (IIS), o (ISS), / (SIS), t (SSI), d  
(SSS), g (III) h:tf uOfx2 sf]1fg cfj Zos xG5 To; /l g]ax/df uhn /rgf  
ug\$] nflu c?h zf:qaf6 ljxt ?Sg, csf]x2 sf]1fgsf] cfj Zostf

kb5 . ?Sgx<sub>2</sub> hhaf6 agb5g\ hh eg3f ?Sg ag]Psf0 xg\ h:t} I Ö  
-! ; flsg<sub>2</sub> n3'x]j Psdfqs, s Ö -@ d'txl/ξ<sub>2</sub> u?=-bl3{lādflqs . ! n]  
n3dfqnf0{/ @ n]u? dfqnf0{abnfpq klq ; lsg5 . hhx<sub>2</sub> lādflqs (II),  
(S)=lqdfqs (IS), (SI) / rtdflqs (IIS), (SII) x65g\

clf/x<sub>2</sub>df n3' u?sf]klxrfq lgDgfg; f/ ug[kb5 -  
n3af]vs clf/x<sub>2</sub>- csf/, 0sf/, psf/ / Csf/ . h:t} cdf -!!@<sub>2</sub>  
sldnf]-!!@<sub>2</sub> lxdfn -!@!<sub>2</sub> u? -!!<sub>2</sub> s[kf -!@<sub>2</sub> cflb .

u?af]vs clf/x<sub>2</sub>-cfsf/, 0ξf/, pmsf/, Psf/, Pξf/, cfξf/, cfξf/  
csf/, clξf/ cflb .

cdf -@@<sub>2</sub> 0ξj / -@!!<sub>2</sub> sξl -@@<sub>2</sub> cfkm'-@@<sub>2</sub> s]f -@@<sub>2</sub> s]fz -@@<sub>2</sub>  
cfξf/ -@@<sub>2</sub> rfξf] -@@<sub>2</sub> ; f/ -@@<sub>2</sub> cflb .

lj ; u{nfuf ; a}dfqsf n3' clf/ u? dflg65g\ h:t} bMv -@!<sub>2</sub>  
qmdzM -!!@<sub>2</sub> kfom -@@<sub>2</sub> kgM -!@<sub>2</sub> kftM cflb .

cuf]8sf]j Of{tfg]n3' clf/ u? dflg65 . h:t} ; S5' -@!<sub>2</sub> lzlf -@@<sub>2</sub>  
nlo -@!<sub>2</sub> zlst -@!<sub>2</sub> o:t] -@@<sub>2</sub> pNnf; -@@<sub>2</sub> c6ofo -@@<sub>2</sub> clf/ -@!!<sub>2</sub>  
; Nofg -@@<sub>2</sub> kmkξ -@!!<sub>2</sub> cflb .

; Sof] eGof] lxBof]FuYof] eYof<sup>a</sup>, vNof]h:tf zAbsf ; , e, lxFu, e /  
v'eg]n3'g}xg\lsggeg]ol clf/n]cuf]8sf ; θSt clf/sf j Of]f0{tfgξf  
5g\ sξl cfj Zostfcg; f/ cuf]8sf] ; θStf]f/ cGtu{sf]j Of{tfg} j f  
gtfglsg bxf]f]kpf]u ug{ lsg]clf/ klq 5g\ h:t} c:jlsf/ -!@@! -@@!<sub>2</sub>  
; kξft -!!@! -@@!<sub>2</sub> 3gZofd -!!@! -@@!<sub>2</sub> ; /:j tl -!!!@ -@@!<sub>2</sub> ; f/:j t  
-@!!! -@@!<sub>2</sub> cflb . ax/sf nflu ; j kyd lgDg tflnsf cg; f/sf 2Sg tyf  
n3u? j Of]ξ / ltsf ef/sf]1fg xg' kb5 .

ξSg	; <sup>a</sup> S]t	Dffqf	pbfx/Of
!=dkmf0hbg\	(ISSS)	!,@,@ -nulu'	cWof/fξf
@=d':tkmDng\	(SSIS)	@,@,!,@ -ulnu'	s]s]eof]
#=kmf0nftg\	(SISS)	@,!,@,@ -uhulu'	cfh d]f]
\$=kmpmg\	(ISS)	!,@,@ -nulu'	pHofnf]
%=kmf0ng\	(SIS)	@,!,@ -uhu'	lhGbul
^=d'tkmf0ng\	(IISIS)	!,!,@,!,@ -nnuhu'	s; /l ltdl
&=dkmf0ntg\	(ISIIS)	!,@,!,!,@ -nuhnu'	; gfo/xF
*=dkmpmft'	(SSSI)	@,@,!, -uluh'	sfnf]/ft

ξSgx<sub>2</sub>sf]ax]rgnf0{csfξ elg65 . log}csfξx<sub>2</sub>sf]; of]hgaf6  
ax/x<sub>2</sub>sf]lgdfξ x65 . kmf/; l pb'0Nd]c<sub>2</sub>h -5Gbzf:q n]uhn ; Argfy]  
cgξf]fax/x<sub>2</sub> lg]b6 u/\$f]5 . Pp6}ξSgsf]cfj [Qaf6 agξf ax/x<sub>2</sub> **dkm/b**  
**ax/** cGtuξ kb5g\veg]km/skm/s ?Sgsf]d]haf6 agξf ax/x<sub>2</sub> **d/Ssa**  
**ax/** cGtuξ kb5g\ . sξl ?Sgx<sub>2</sub>nf0{gtfξ]sg / sξlnf0{tfξ} jf ; a}

tf]8Psf ?Sgx<sub>2</sub>af6 agξf ax/nf0{**dhflxkm ax/** cGtuξ /flv65 .  
ξSgx<sub>2</sub>d]Wj]kmpmgV kmf0ng\tlg clf/ / kfF dfqsf 5g\eg]c<sub>2</sub>  
rf/ / kfF clf/sf ; a}; ft dfqsf 5g\

**\$=! dkm/b ax/ M**

Pp6}ξSgsf]cfj [Qaf6 ag]ax/nf0{dkm/b ax/ elg65 . o; cGtuξ  
xhh, /hh, /dn, d'tsfl/a, d'tbfl/s, sldn, j flkm/ gfd s kDv ; ftj6f  
ax/ kb5g\ logsf klq lgDgnlv tlg÷tlgcfξf eξ; lxt hDdf @! j6f  
**dkm/b ax/** 5g\

c\_ d'; Ddg ; flnd- uhnsf]Pp6f ld; /f Pp6}ξSgsf rf/ csfξaf6  
agξf]5 eg]To; nf0{d'; Ddg ; flnd elg65 .

cf\_ d'; 2; ; flnd- uhnsf]Pp6f ld; /f Pp6}ξSgsf tlg csfξaf6  
agξf]5 eg]To; nf0{d'; 2; ; flnd elg65 .

0\_ d'/Aaf ; flnd- uhnsf]Pp6f ld; /f Pp6}ξSgsf b0{csfξaf6  
agξf]5 eg]To; nf0{d'/Aaf ; flnd elg65 .

**s\_ ax/] xhh d'; Ddg ; flnd÷ -lk<sup>a</sup>un 56b- ljwftf\_**

; ξ- dkmDng\×\$ (ISSS×\$)

otf x]of]ot}d]f gh/df /fd kof/f 5g\

ptf x]of]pt}d]f gh/df /fd kof/f 5g\

-df]l/fd eξ

**Vf\_ ax/] xhh d'/Aaf ; flnd÷-lk<sup>a</sup>un 56b- l; Gw'\_**

; ξ- dkmDng\×@ (ISSS×@)

st}6f9f ghfpm x}

dgξf of]yξf]5'

-; /f]h sf'n]-cw/fd]t\_

**e-S\_ ax/] /hh d'; Ddg ; flnd÷-lk<sup>a</sup>un 56b-xl/ulltsf\_**

; ξ- d':tkmDng\×\$ (SSIS×\$)

rNbg kfgl e6b5f]of]s]s/f xf]hflGbgF

hftl / kftl Joyξf]; :sf/ d]h]df]GbgF

-; /f]h sf'n]-cw/fd]t\_

**Vf\_ ax/] /hh d'; 2; ; flnd**

; ξ-d':tkmDng\×# (SSIS×#)

sξl ge}xNnf To; }rNbg /]

cfuf]j gf /fξ]o; }aNbg /]

-3g]b|cfξf

**u\_ ax/] /hh d'/Aaf ; flnd÷-lk<sup>a</sup>un 56b-dwdfntl\_**

; ξ- d':tkmDng\×@ (SSIS×@)

/fv]ot}ef]lof]lsg

Wf8sg\to; }df]lof]lsg < -3g]b|cfξf

**#=s\_ ax/] /dn d'; Ddg ; flnd÷-lk<sup>a</sup>un 56b-dfwjdfntL**  
 ; ð- krf0nftg\× \$ (SISS×\$)  
 ofb cfof]km/ ltdf]cfF' 5Nsof]ef]ghftl  
 kof/n]o: tf]u/fof]slnk/fv]fw] /flt  
 -; /f]h sf^n]-cw/fd]t\_

**Vf\_ ax/] /dn d'; 2; ; flnd**  
 ; ð- krf0nftg\× \$ (SISS×\$)  
 hg rx\$]f]/ft dnf0{/fd]nflU5  
 xif\$]a; f] dnf0{/fd]nflU5  
 -8f= 3gZofd .kl/>dlU -hg rx\$]f]/ft\_

-oxfF/fd]f]d]n3' dfqsf }kdf kpf] ePsf]5 . o: tf]kpf]unf0{  
 dfqf lu/fj 6 elg65 \_

**\$=s\_ ax/] d'tsfl/a d'; Ddg ; flnd÷-lk<sup>a</sup>un 56b-eh<sup>a</sup>u koft\_**  
 ; ð- kmpmng\×\$ -ISS×\$  
 s6f/L ltdl w: t5df}dv n5f0{  
 d a:5'x/)! lrQnf0{km; f0{  
 -zDek} fb 9<sup>a</sup>u]h

-oxfFa:5' sf]5' n3' 5 tklg u?sf }kdf kpf] ePsf]5 . o: tf]  
 kpf]unf0{dfqf r9fj 6 elg65 \_

**v\_ ax/] d'tsfl/a d'; 2; ; flnd**  
 ; ð- kmpmng\× # (ISS×#)  
 dnf0{h; }x65 kl8f  
 bv}]?g]dg ltdl xf}  
 -8f=3gZofd .kl/>dlU -hg]sf]rDag-#%

**%=s\_ ax/] d'tbfl/s d'; Ddg ; flnd÷-lk<sup>a</sup>un 56b-; l]j ofl\_**  
 ; ð-krf0ng\×\$ (SIS×\$)  
 ofb cfof]ltdl rfbgl /ftdf  
 d':s/fof]ltdl rfbgl /ftdf  
 -lff]j Gb/fh lj gfb]

**Vf\_ ax/] d'tbfl/s d'; 2; ; flnd÷-lk<sup>a</sup>un 56b-dxfnldL**  
 ; ð-krf0ng\×# (SIS×#)  
 b]z /f]l xbf `g\cr]h  
 /fi6k]l sx]F5g\cr]h -8f= 3gZofd .kl/>dlU

**^=s\_ ax/] sflnd d'; Ddg ; flnd÷ -lk<sup>a</sup>un 56b- k]pfbgg\_**  
 ; ð- d'tkrf0ng\× \$ (IISIS×\$)  
 olt; Dd kl]t u/L u/L g otf ePFg ptf ePF  
 g t dg lnPFg t bl lbPFg otf ePFg ptf ePF  
 -Dff]L/fd e\$

**Vf\_ ax/] sflnd d'; 2; ; flnd**  
 ; ð- d'tkrf0ng\× # (IISIS×#)  
 Df t a:5'x}d6dfemdf ca af; Bf}  
 clg km]f{x}tg; fy To]lkp Zj f; Bf}  
 -3g]b|cf]mf -ax/dfnf\_

**&=s\_ ax/] j flkm/ d'; Ddg ; flnd**  
 ; ð- dkrf0ntg\×\$ (SIIS)×  
 Rfg] cem}; h]pg'x}gofF; kgfx } Dfgdf  
 xtf; xB}elj io ltdl Joyf; E ef]g3fl]g"lkp  
 -; /f]h sf^n]-cw/fd]t\_

**Vf\_ ax/] j flkm/ d'; 2; ; flnd**  
 ; ð- dkrf0ntg\×# (SIIS×#)  
 pbf; eP pd<sup>a</sup>u ; a}ltdl gxbf  
 x/fp65g\N<sup>a</sup>u ; a}ltdl gxbf  
 -lgd] 9<sup>a</sup>u]fgf

**u\_ ax/] j flkm/ d'/Aaf ; flnd**  
 ; ð- dkrf0ntg\×@ (SIIS×@)  
 Df /f]Q/x]ltdl gxbf  
 / x]F /Xof]ltdl d ?bfF -8f= 3gZofd .kl/>dlU

1ftJo- cf]F; Sg cyf] dk]m]mt' (sss) sf]dfq cfj [t -csf]g  
 af6 sg]klg ax/ a6bg . of]?Sg d'/Ssa tyf dhflxkm ax/x; df hfl]BP/ kpf]u  
 x65 .

**\$= d'/Ssa ax/**

leglelg } Sgsf ; Unf csf] ldn] afg] ax/x; nf0{d'/Ssa ax/  
 elg65 . o: c]tu]sf ax/df sD]ldf sg]Ppof ; flnd } Sgsf]cfj ]Q xgkb5 .  
 dg; /x, dQm]ha, dhf/] vkm]km j l; t, dhf; ; ; /lc, d'; fsln, hblb, s/la,  
 dblb, snla, c; d, ; /ld, ; ul/, xldd, ; nld, sal/, xldb / taln u/L  
 al; j 6f ax/x; k]v d'/Ssa ax/ dflg65g\ dhf/}afx\$ g]k]nldf d'/Ssa  
 ax/sf]kpf]u clt Gog }kdf ePsf]k]f0G5 .

**\$= dhflxkm ax/**

Dfh } Sgx; E tfl]BPsf } Sgx; ldn] j f k/}tfl]BPsf } Sgx; af6  
 ag]f ax/x; .dhflxkm ax/l c]tu]f kb5g\ o: tf ax/df kpf]u xg]kl/j l]t  
 cyf]f\6lq]Psf } Sgx; nf0{lhxfkm e6b5g\ k]v dhflxkm ax/ @@ k]f/sf  
 dflg65g\}klg o: /L c]o bh]f]ax/x; klg ag]f k]f0G5g\ l]tgsf]l]gdf  
 dfl]sf ax/x; sf]ld]t k]fj kb5 . o: tf ax/x; vf; u/L dfqf / noe<sup>a</sup>u  
 gxg]u/L a6b5gV k]f]M ; <sup>a</sup>u]t ; fk]f x65g\ xhh cv/a cat/ d'; 2; ;  
 xhh d'; Ddg dsah, xhh d'; 2; dsah, /dn d'; 2; dxhkm /dn d'; Ddg



dvağ dxhkm /dn d/Aaf dxhkm d'tsfl/a d'; Ddg dxhkm d'tsfl/a dhflxkm c; nd dsah, dhf/]d'; Ddg cv/a, d'tsfl/a dsah c; nd, vlkrmk dvağ dxhkm dğ; /x, vlkrmk d'; 2; dvağ dxhkm d'tbfl/s dhflxkm d'tsfl/a c; nd dxhkm cflb dhflxkm ax/ xg\ lhxfkmsf sxl pbfx/Of tn k|tt 5g\

krfkm] (S), dkrif (IS), krfn (SI), kmhg (SS), km0ng\ (IIS), krpim' (ISI), dkrpim] (SSI), dkrpimng\ (SSS), Dfkrpim' (IISI), dkrif0h' (ISSI), dkrif0ng\ (ISIS), kmonftg\ (IISS), krf0ntg\ (SIIS), krf0nft' (SISI), d'tkrif0ng\ (IISIS) cflb .

d/Ssa / dhflxkm ax/sf sxl pbfx/Ofx; bilJo 5g\-

**!\_ ax/] /dn d'; Ddg dxhkm -lk<sup>a</sup>un 5Gb- dğsf=ulltsf\_**

; q̇ - krf0nftg\ x# + krf0ng\ (SISS x# + SIS)

o; avtdf kllt ug{hfnfd km:g" g xf]

cfzdf kg{t rfyf wf/df a:g" g xf] -Dff]t/fd eğ

**@\_ ax/] /dn d'; 2 dxhkm**

; q̇ - krf0nftg\ x@ + krf0ng\ (SISS x@ + SIS)

cfh ofğf 3ft cfof]kof/df

km] / sfnf]/ft cfof]kof/df

-3g]b|cfçrif -aNem] ofb ltdf]

**#\_ ax/] d'tsfl/a c:nd dsah -lk<sup>a</sup>un 5Gb- pk]bãh]eGb**

**! cfl/ sd\_**

; q̇ - dkrif0ng\ + krf0ng\ + krpimng\ (ISIS + SIS + ISS)

h; }gldNg]lj rf/ xG5g\

cg\$ 3fts kxf/ xG5g\

-8f= 3gZofd .kl/>dll-hğsf]rDag kę (\*\_

-oxfF3fts sf]tsdf b0{n3dfqf 5g\tklg Ps u?sf çkdf kçf]u ePsf]5 . o:tf]kçf]unf0{dfqf ldnfj 6 elgG5 . o; sf]af/çf tn rrf{ ul/Psf]5 .

**\$\_ ax/] xhh d'; Ddg dsah ÷ -lk<sup>a</sup>un 5Gb- k-rrfd/\_**

; q̇ - dkrif0ng\ x \$ (ISIS x \$)

dnf0{lgTo lrQdf lnP/ rNbl5g\pgl

h; }d kU5' af/df wkSs aNbl5g\pgl -Uff]j Gb/fh lj gfl]

**%\_ ax/] d'tsfl/a d'; Ddg dxkmh -lk<sup>a</sup>un 5Gb-eh<sup>a</sup>ul÷ kçf]ofsf\_**

; q̇ - krpimng\ x # + dkrif (ISS x 3 + IS)

lr7l kqãf/f va/ dfq ef]

ltdlnf0{eçg]/x/ dfq ef] -8f= 3gZofd .kl/>dll

**^\_ ax/] d'tbfl/s d'; 2; dštç**

; q̇ - d; \kmx kmhg\ x# (SS+SS x 3)

cf'gfçf'gf]xs vfl]b}5g\hgff ; f/f

efRb}zfxl ; fdGtl ; :sf/sf bf/f

-8f=3gZofd .kl/>dll

**&\_ ax/] xhh cv/a cat/ d'; 2; -lk<sup>a</sup>un 5Gb- tğs\_**

; q̇ - dkrpim' + dkrif + dkrpim' + dkrif (IISI+IS) x 2 j f

Df'tkrif0ng\ x@ (IIS x IIS) x @

ltdl ; fy xg]5, x; ç; wF

; ç cAan, bçd, 6f/xç

-x; ç vFf

u0ftGq kmhf] \u0ftGq kmhf] \

gj gllt ln0{ca /fHo rnf] \

-8f= 3gZofd .kl/>dll-hğsf]rDagaf6\_

**\*\_ ax/] dhf/] -lk<sup>a</sup>un 5Gb-lbskf\_n**

; q̇ - dkrpim' + krf0nftg\ 2 (SSI+SISS x 2)

/fP/ lbg latfPFtf/f ug] /ftl

lg7/L /x\$ ltdf]kTy/ ; dfg 5ftl

-pk]bãx]f/ .lhu/ü

**% ax/df nrstf**

lk<sup>a</sup>un 5Gbdf n3u?sf]çgkng cToft s7f] çkdf ug{kç5 . 5Gbzf:qdf .clk df; d'd; d\sbfç\5Gbç<sup>a</sup>ud'gsf/o]lçyfç'a? df; nf0{d; agfpg' t/ 5Gb glaufg]elgPsf]5 . t/ c?hzf:qn]ax/sf nodf cf3ft gkg]u/L cfj Zostf cg; f/ dfqsf]j hg j f ef/df kl/j tğ ug{kçg kç: t 5b lbPsf] 5 . of]g]ax/sf]nrstf / pbf/tf xf]. ax/sf]uxg cWooog gu/\$f / 5Gbzf:qdf dfq bVvn ePsf sxl lj ãgVj dV5Gb]fbl uhnsf/xçn]ax/df xg]nrstf]lj /f]u u/\$f]klg kf0G5 . t/ o:tf]lj /f]u c1fgtf j f cWooogs] sdln]ubf{ePsf]xf]. ax/sf]nrstf j f 5bnf0{dfqflu/fj 6, dfqfldnfj 6 / dfqfr9f] 6sf çwf/df cWooog ug{plrt xG5 .

**%=! dfqf lu/fj 6**

bl3çdfqinf0{x]j sf çkdf kçf]u ug{dfqflu/fj 6 xf]. ax/df cfsf/, 0çf/, pmsf/, Psf/ / çfçf/nf0{pRrf/0fsf]nodf x]j çyfç\ dfqfç çkdf kçg ; xh}kçf]u ug{; lçG5 . pbç/ lçGblcf t Pçf/nf0{klg ! dfqfç kçf]u ul/Psf kç: t pbfx/Of elçG5g\ h:t} d]f]zAbdf b0{u? -@@ 5g\ o; nf0{-!!\_ j f -!@\_ j f -!@\_ df kçg kçf]u ug{; lçG5 . hlj gdf u? / n3h3' -@!!\_ dfqf 5g\ o; nf0{-@@\_ j f -!@\_ sf çkdf kçg kçf]u ug{; lçG5 . hç zAbdf -@!\_ dfqf 5g\ o; nf0{b0{n3' -!!\_ agfpg ; lçG5 . lhçbul zAbdf -@!\_ dfqf 5g\ o; nf0{-@!!\_ pRrf/Of xg]u/L kçg kçf]u ug{; lçG5 . o; /L kçf]u

ug{sd}df nVbf eg}Jofs/Ofsf}lgodnf0{g}k5dfpg'kb5 . 5Gbd f lhGbul olb  
-@!!\_sf ; kdf kofu ePsf}eP lhGbul nVgkYof}.

d}f}lbnstf}w8sg ltdl xf}  
d afF}sf}hljg ltdl xf}  
-8f= 3gZofd kl/>dl

-kmpm'g\ \ # (ISS#) ; qdf n}lVpsf} dflysf} ; }df **d/f}sf} d}**  
**lbnstf}sf}/ **afF}sf}sf}u?** eP klg n3' dfa}sf ; kdf kofu ePsf 5g\**  
o:tf}kofu}nf0{dfq lu/fj 6 elg65 . 5Gbd o:tf}56 kf05g \_

**%-@ dfqf ldnfj 6**

b0{x}j dfqfnf0{Ps bl3dfqsf ; kdf kofu ug{dfqf}ldnfj 6 xf}. ax/df  
cfsf/, 0sf/, pmsf/, Psf/, P}sf/, c}sf/, c}sf/, c}sf/ cflbsf lj sNkdf  
; xh ; kdf pRrf/Of xg ; Sg}b0{n3af6 Ps u?sf}sf d lng ; lsg]56 5 .  
of}56nf0{; xh}pkofu ug{; lsg5 . h:t}dg, lbn, lk/, ; g, wg, le/, bn,  
lsg, /lj, slj, tn, k/, ge ol ; a}zAbsf}dfqf -!!\_ 5 tfklg cfj Zos k/}Pp6f  
dfq -@\_ dfqsf nflu klg kofu ug{; lsg5 . o; /l g}; x/, glh/, sZn,  
sdn, x}o, dxnh:tf zAbx}sf}dfqf -!!!\_ xf}tfklg -!@\_ ug{; lsg5 . blgoff  
lg7/L, ulnof}xl/of} slnnf}cdfn, wld/fj ; x/L, ^ k8l, 6x/fj ul/al ol ; a}  
zAbsf}dfqf -!!@\_ 5 tfklg cfj Zos k/}-@@\_ dfqsf nflu klg kofu ug{  
; lsg5 . o; /l g}cfj Zostf k/}sf}cj :ydf b}f}f}f}lsl; dn}kofu ug{; lsg]  
56 klg 5 . h:t} ; x/ -; , x/}f ; x, /\_ gh/ -g, h/}f gh, /\_ ul/a - u,  
l/a}j ul/, a\_ /x/ -/, x/}f /x\/\_ -!@}f @!\_ ; x/df, gh/n} dxnsf}  
szntf, sdngl h:t zAbx}sf}nVof dfqf -!!!@\_ 5 tfklg cfj Zos k/  
ax/df -!@@\_ jf -@!@\_ dfqsf nflu klg kofu ug{; lsg5 .

/fP/ lbg latfPFt/f ug} /ftl  
lg7/L /x} ltdf}kTy/ ; dfq 5ftl  
-pk}b}x}fb/ .lhu/l

-dkm' + krf0nftg\ @ (SSI+SISS\*2) ; qdf n}lVpsf} dflysf}  
; }df **lbg, lg7/Lsf}lg7' / kTy/sf}y/df b0{n3dfqf 5g\}tfklg ol tlgj 6}**  
kb=kbfj nl Ps Ps u? -d'txl/}\_{sf ; kdf kofu ePsf 5g\ o:tf}kofu}nf0{  
dfqf ldnfj 6 elg65 . lk<sup>a</sup>un 5Gbd o; /l ldnfpg}56 kf05g \_

**%-# dfqf r9fj 6**

Pp6f dfq x}j dfqfnf0{ld; /fsf} cGtdf tyf nosf c8fgx}df  
bl3dfqsf ; kdf kofu ug{dfqf}r9fj 6 xf}. pb}f/ lxGldf of}56 cdf}oh:t}  
5 t/ g}k}ndf o; sf}Jofks / ; km kofu e0/x}sf}5 .

s6f/L ltdl w:t5df}dv n}sf0{  
d a:5' x/}! lRQnf0{k}m; f0{  
-zDek} fb 9<sup>a</sup>u}h

gofK:tf}eof}a}hf hdfgf p}lN6Psf}5  
gx}f}Faf3sf}v}hf hdfgf p}lN6Psf}5

-gf/fo0fk} fb l3ld/}.cxd\; i6fl-c?h lj 1fg-!@&  
-dflysf}klxnf}; } kmpm'g\ \ \$ -ISS\*\$\_ ; qdf n}lVpsf}5 . o; df  
a:5' sf}5' n3'-; flsg\_ 5 tfklg u? -d'txl/}\_{sf ; kdf kofu ePsf}5 .  
5Gbd eP a:5'nVgkYof}. o; /l g}bf}f}; } dkm'0}g\ \ \$ -ISS\*\$\_ ; qdf  
n}lVpsf}5 . o; df cGtsf}/l}km 5 klg n3'-; flsg\_ 5 tfklg u? -d'txl/}\_{sf  
; kdf kofu ePsf}5 . o:tf}kofu}nf0{dfqf r9fj 6 elg65 \_

**^= ; dfkg**

cfhsf}g}k}nl uhn lj sf; sf}ultdfg}k}j fxd f 5 . sflkm}sf lj lj w  
k}sf/sf}; Gb/ 9<sup>a</sup>un}kofu xg' tyf gj k':t}df ax/k}lt ?lr a9ghf0{g}k}nl  
uhnsf pkn}awsf ; kdf lng ; lsg5 t/ tuHhnsf b}l6n}g}k}nl uhn cem}  
klg p}ts[6tf / pRrtfsf}l}zv/df kl}g eg}g; s}sf}k}lt x65 . ; d; fdlos  
g}k}nl uhndf Pslf/ k/Dkl/t ; kdf k}fo sYon}cf}g}f}cl:t}J nf0{arf0/fv}sf}  
5 eg}csf}t/ k}fo / z}f}f}sf}k}f}tg k}r/l/ e}tsf}p}tyf gj gj l}z}lk}z}l  
Pj d\; fdlhs ; /f}sf/sf lj lj w klf; U ; Dal}wt lj ifoj :thf0{cf}d; ft}ub}  
cfw}g}sls/Of / c}ofw}g}sls/Of=pQ/cfw}g}sls/Of ug}sf d; e0/x}sf}  
5 . To; f}t ; d; fdlos g}k}nl uhndf cem}klg k}z:t sdl sdhf}l /  
ql6x}sf}k}f}tf 565 . o; n}lj Zj Jofkl ; kdf :t/ sfod ug}sf nflu w}  
r}g}f}lx ; klg 5g\ ; kf6aofgl cyf}f}clewfdhs cleJolSt / z}f}f}sf  
g}d}df cZnlntf}af6 casf}g}k}nl uhnnf0{arfpg'h?/L 5 / o; sf}; h}gf}ds  
k}j fxd b}l}V}cfPsf cGof6 sltko lj s}tx}nf0{Gog ub}hfg' / ; <sup>a</sup>ul t d}l  
agfpg'klg cfj Zos 5 . log}j f o:t}sx}l ; ldfx} eP klg ; d; fdlos g}k}nl  
uhnn} :ki6 lbzf klx}nof; s}sf}5 . ctm lj lj w k}sf/sf r}g}f}lx}nf0{  
; dfwfg ub}f}f}lkm} / ax/k}lt ; r}t x6}/ ; Gb/ tyf sf}n l; h}gf}dstfnf0{  
dx}l} lbb}tuHhhoSt ; }x}sf uhn /rgftkm}g}k}nl uhnsf/x}sf}wofg  
s}l}bt xg'cfj Zos 5 . o:tf}xg ; s}df g}k}nl uhnn}klg lg; Gb} p}ts[6tfsf}  
prf0 kfp}g}5 .

j :t}m k}ghf}0fsfn; E} pk}l}ft cj :ydf ku}sf}zf:qlo ax/n}k}g}m  
ult kfp}g' g}k}nl uhnsf nflu c}oGt v; lsf}j ifo xf}. gofK:tfn}zf:qlo  
ax/nf0{cf}d; ft}ub}uhn nVg yfn}sf}x}f ca g}k}nl uhndf ; f<sup>a</sup>ullts  
klfsf}klg plrt b}l6 kl}g}5 eG}g}cfzf ug{; lsg5 . uhnsf}klxnf}; t}eg}sf}  
ufog xf}. ufogsf nflu ax/a4tf ckl/xfo{x65 eG}g}sf}clw}sfz cl3Nnf}  
k':tn}gaem}klg cfhsf}gofK:tfn}a}g}kb5 . o; y{ca 5Gbsf}57f}tfaf6  
dSt eP/ nrstfnf0{cj n}dag ub}uhn zf:qlo ax/df / Tof}geP sd; }sd  
dfqf}ds jf c}l/f}l}ds Ps ; ktf ePsf nodf n}lVgk5{t/ of}sf}x/}f  
uhnsf/n/ uhn ufos tyf o; sf ; <sup>a</sup>ultsf/x}n}; d}t a}g'cfj Zos 5 .

kpv ; Gbe{ ufj

cdg, ; lrg, !((^ 0f sfJo ljwP, sdnfgu/ cfu/f M Pafg)Vjfa .  
 pbf; l, 6lsf/fd, @)% (, uhn; 4ft / gkfnl uhnsf] 0ltxf; , gkfn M clt/Om  
 k\$zfz .  
 pkfllwofo, hdbllg, -; Dkf=, @)!^0{ uhn l; 4ft Pj +lj sf; ofqf, c; d M c; d  
 gkfnl ; flxTo ; ef .  
 cfPmf, 3g|b| -k+ ; Dkf=, @)^# ax/dfnf, sf7df8f]M cgfdd08nl .  
 cfPmf, 3g|b| gkfnl uhn M l; 4ft / lj jrgf, sf7df8f]M alPg= k':ts kfHn= .  
 Vjfa, csa/fafbl, !((# 0f uhn s] 56b tyf lgod, cfu/f M nlys :jod\  
 uufbf; , @))\$ 0f 56b|f-h/L, jf/f0f; l M rfyDaf ; yef/tl k\$zfz .  
 ux]gf/fo0fk| fb zdf{ @}&# gkfnl uhnsf] k/Dk/f / k] Q, sf7df8f]M cflzif  
 as xfp; kfHn= .  
 ufjvk/L, /3klit ; xfo lkm/fs, !(& ( 0f pb{efiff cf} ; flxTo-lâ=; s=, nvgpm M  
 pQ/ kþz lxGbl ; yfjg .  
 huGgyf, !((& 0f uhn s] lzNk ljwfg, k6gf M kls/ k\$zfz .  
 lqkf7l, jf; b] / c6o -; Dkf=, @)\$, gkfnl akt\zAbsfz, sf7df8f]M  
 g]f-kk+ .  
 g/z, !((! 0f uhn M lzNk cf} ; Argf, r08lu9 M xl/of0ff zflxTo csfbdL .  
 Gofkfg] 3gzofd kl/>dl @)^^ uhn ; flbo{dldf+f -bf; :s= sf7df8f]M ; a\ud  
 as; klAns]g kfHn= .  
 k6yl, bjL, @)% (, uhn l; 4ft / ; dnfjrgf, gkfn M lj ljw jfa\do k\$zfz .  
 a/fn, s[0fxl/, @)^\$, uhn l; 4ft / k/Dk/f, nlnk/ M ; feif k\$zfz .  
 a]bn, s[0f sdf/, @)!%0f uhn /blkm-sflkmof cf} Jofs/0f, d]7 M lGz,kdf  
 k\$zfz .  
 dhfa/, 8f= ; /bf/, !((# 0f lxGbl uhn s] lj ljw cfod, g0{lbNnl M eldsf  
 k\$zfz .  
 d2fx, dxDdb d':tkrif vff-; Dkf=, !((@ 0f pb{lxGbl zAbsfz, nvgpm pQ/ kþz  
 lxGbl ; yfjg .  
 dfxDbd, 8f= dlms, !(&% 0f cdl/ v'; /f] lbNnl M /fhkfn P68 ; Gh .  
 /fjn, nlnhg -; Dkf=, @)\$&, ; dsfnlg gkfnl uhn, sf7df8f]M au/ k\$zfz .  
 /fjn, nlnhg -; Dkf= @)^% kftlgw gkfnl uhnx, sf7df8f]M lj j\$ k\$zfz .  
 j:tl ; gtsdf/, -@)^& j fx uhn, sf7df8f]M sf\$ ufj7L .  
 lj j\$, 1fg k\$zfz, @)^0f lxGbl uhn sl lj sf; ofqf, k-rshf M xl/of0ff  
 ; flxTo csfbdL .  
 zdfz cfj fh, @)&# c?h lj 1fg, <ll th; lk| fb clwsf/L .  
 ; dbzlz zþ|b| @)!% 0f uhn M l; 4ft / l; hgfj nřsg -bf; ; s= bflh(n^u  
 ef/t M nlys :jod\  
 ; f0f] ufj{ @)^ (, uhn bzg, lrtjg M klnj ; flxTo kl'ti7fg .  
 ; Dkl't-lq=j= lj Zj efiff SofDk; , kþzgdldfu{ sf7df8f] .

YY

jhoGtl tyf zAbfy{k\$zfzgsf k':ts kf0g]k; nx;

!= tkyd k':ts k; n- 0nfd -) @&-%@!%) ( )  
 @= 0nfd k':ts k; n- 0nfd -) @&-%@) \$@# )  
 #= ef-hf as P08 :6zgL- 0nfd -) @&-%@) (#) )  
 \$= lhfan PhS]zgn 066k|0h]- latf]fB, enikf -) @#-%\$@)@ )  
 %= gkfn as xfp; - latf]fB, enikf -) @#-%\$) (#& )  
 ^= k'ult k':ts e08f/- latf]fB, enikf -) @#-%\$^#\* )  
 &= /f]hmf as; - latf]fB, enikf -) @#-%\$@&& )  
 \*= gjzgn as P08 :6zgL- r6bψ9L, enikf -) @#-%\$% (&! )  
 (= k'ult k':ts k; n- bds, enikf -) @#-%^\* )#(! )  
 != >j7 as P08 6oh ; j6/- bds, enikf -) @#-%^\*\$!@% )  
 !!= k\$fiz as P08 :6zgL- bds, enikf -) @#-%^\*\*\$ )  
 !@= kl'tef k':ts k; n, wgs6f -) @^-%@!#) \$ )  
 !#= af/sf k':ts - wfg ; g; /L -) @%-@%#@&# )  
 !\$= /djz as l8kf]- wfg ; g; /L -) @%-@%@) ## )  
 !%= 6o'dgsfdgf as xfp; - wfg ; g; /L -) @%-@%#@^\*! )  
 !^= tflnh^ as ; j6/- 06x/L ; g; /L -) @%-%^\*^\*^ )  
 !&= clDasf as ; j6/- 06x/L ; g; /L -) @%-%^\*\$%(@ )  
 !\*= afnfhL k':ts e08f/- lj /f6gu/, dfl^a -) @!-%#)^#\* )  
 != Zofd k':ts e08f/- lj /f6gu/, dfl^a -) @!-%#@#\$% )  
 @)= dgf] k':ts e08f/- lj /f6gu/, dfl^a -) @!-%#)%\$% ( )  
 @! = klAns as; P08 :6zgL- lj /f6gu/, dfl^a -) @!-%@!&& )  
 @@= dgf] k':ts e08f/- lj /f6gu/, dfl^a -) @!-%@!(@^ )  
 @# = e66/f0k':ts k; n- lj /f6gu/, dfl^a -) @!-%@#\$%# )  
 @\$ = lj gfos k':ts k; n- lj /f6gu/, dfl^a -) @!-%\$&)!^ )  
 @% = 6o':jl:ts k':ts - lj /f6rf]s, dfl^a -) @!-%\$%@!\$ )  
 @^ = -ho k':ts e08f/- /fhj /fh ; kt/L -) (\*\$%\*)@\* )  
 @& = Gofkfg] as l8l:6A06 ; {-s6f/L, pbok/ -) #%-@\$@)^\*\$ )  
 @\* = dgfn k':ts e08f/- uf03f6, pbok/ -) #%-@\$@!@% )  
 @(- = Gofkfg] k':ts k; n- uf03f6, pbok/ -) #%-@\$%^^!# )  
 #)= Ltf g]j n- nfxfg, l; /fx -) ##-%^ )@& )  
 #! = rfw/L as l8l:6A06 ; {-nfxfg, l; /fx -) ##-%^ )\$# )  
 #@ = zfx k':ts k; n- ldrþf, l; /fx -) ##-)%%## )  
 ## = dhb/ k':ts ejg- hgsk/, wglff -) \$!-%@! (\$# )  
 # \$ = j þxl k':ts ejg- hgsk/, wglff -) \$!-%@# (@ )  
 #% = >lfd k':ts k; n- nfnagbl, ; nfxL -) \$^-%)!%\* ( )  
 #^ = ; 6b]j tl k':ts k; n- rl/sfþ -) (&\$%)@(@!\* )  
 #& = sfel]euj tl k':ts k; n- l; 6whl -) )\$&-%@) )%& )  
 #\* = 6o'k/hgf :6zgL- l; 6whl -) )\$&-%@) )% )  
 #(- = h]-Pg= k':ts k; n- d6ynl, /fd5fk -) )\$\*-%\$) )! )  
 \$)= ldlnhhl k':ts tyf :6zgL- d6ynl, /fd5fk -) )\$\*-%\$) )\*# )  
 \$! = ykfo as P08 ; knfo ; {-rftf/f, l; 6wknrřs -) )!-^@)@&# )  
 \$@ = 1fg u^uf k':ts k; n- agkf, sfel] -) )!-^^#^&% )  
 \$# = lj Bf dl6b/- ufj /ftx6 -) )%-%@)! (^ )

jhoGtl %# uhn c<sup>a</sup>s #

\$=\$-	l: 4fy(:6zg/l- j/l-u-h, k; f)	-) %!-%@% (*%
\$%=-	leu': dfrf/ k: ts s'ib+ j/l-u-h, k; f)	-) %!-%@* (!*
\$^=-	hg/n aS P08 :6zg; f j/l-u-h, k; f)	-) %!-%@#%#
\$&=	u0fz k: ts e08f/- j/l-u-h, k; f)	-) %!-%@#^!
\$*=	6o' khf k: ts k; n- j/l-u-h, k; f)	-) %!-%@#%&
\$(-	lj Bfyl(k: ts e08f/- j/l-u-h, k; f)	-) %!-%@** (!
%)=	lj Bfyl(k: ts e08f/- x'bfBf, dsjfgk/	-) %&-%@\$!^)
%!=	6o': dfrf/ s'ib+ x'bfBf, dsjfgk/	-) %&-%@\$)%%
%@=	>L ; r'gf s'ib+ x'bfBf, dsjfgk/	-) %&-%@!&#&
%#=	clkm x'fh; h tyf aS :6f/- 6fBL, lrtjg	-) %^-%@*%\$
%\$=-	k'fBh k: ts dxn- 6fBL, lrtjg	-) %^-%@!)%#
%@=	klkf-hnl k: ts k; n- k; f) lrtjg	-) %^-%@*^@\$
%^=	df: s'k: ts e08f/- gf/fo0fu9, lrtjg	-) %^-%@&&@&
%&=	6o'klkf-hnl k: ts k; n- gf/fo0fu9, lrtjg	-) %^-%@#%\$%&
%*=	clkm x'fh; h- gf/fo0fu9, lrtjg	(*%\$)%&#^*^\$
%(-	sfdgf k: ts k; n- gf/fo0fu9, lrtjg	-) %^-%@#)%
^)=	gf/fo0f k: ts ; bg- gf/fo0fu9, lrtjg	-) %^-%@!@*
^!=	xfdf k: ts k; n- gf/fo0fu9, lrtjg	-) %^-%@!**\$
^@=	lzj k: ts k; n- gf/fo0fu9, lrtjg	-) %^-%@!^\$)
^#=-	6o'lrqjg :6zg/L- e/tk/, lrtjg	-) %^-%@###
^\$=-	lj Bfyl(k: ts e08f/- e/tk/, lrtjg	-) %^-%@&&*
^%=-	9sfn aS; P08 :6zg/L- e/tk/, lrtjg	-) %^-%@#)%\$)
^^=-	; gufef aS; P08 :6zg/L- e/tk/, lrtjg	-) %^-%@#!\$&)
^&=	Jof; :6zg/L- bdfhl, tgxf	-) %^-%@^)&&&
^*=	6o'lj Bfyl(k: ts e08f/- bdfhl, tgxf	-) %^-%@)%^^
^(-	lqk'f k: ts k; n- wfb <sup>a</sup>	-) !)-%@)!()
&)=	; /: j tl k: ts e08f/- wfb <sup>a</sup>	-) !)-%@!)*#
&!=-	gd: tj k: ts k; n- a66f/ gj fsfB	-) !)-%@)%\$&
&@=	klkf-hnl k: ts k; n- uf'vf	-) %^-\$@!!!&
&#=-	em'gf k: ts k; n- aj/ lzX/	-) %^-%@)%!)
&\$=-	hobul( :6zg/L- s':df, kj't	-) %^-\$@)%#
&%=-	; /: j tl aS; P08 :6zg; f s':df, kj't	-) %^-\$@)%@
&^=-	; ug :6zg/L :6f; f- Dofl-	-) %^(-%@)%#%
&&=	cfhg aS P08 :6zg; f k'fv/f, sf: sl	-) %^!-%\$!#%!
&*=	k'fv/f; flx'o ; bg- k'fv/f, sf: sl	-) %^!-%@)%*#
&(-	s-rg k : ts k; n- k'fv/f, sf: sl	-) %^!-%@%\$^^
*)=	; /: j tl k: ts k; n- k'fv/f, sf: sl	-) %^!-%@)%!
*!=	dgsfdgf aS P08 :6zg; f k'fv/f, sf: sl	-) %^!-%@)%\$!
*@=	nldl k: ts ; bg- k'fv/f, sf: sl	-) %^!-%@)!\$!
*#=-	lj Bfyl(k: ts k; n- k'fv/f, sf: sl	-) %^!-%@)!@
*\$=-	lj Bf d'ib/- k'fv/f, sf: sl	-) %^!-%@)%^&*
*%=-	aS df6f k'fv/f, sf: sl	-) %^!-%@&!**
*^=-	j'6g(k'fzfn- k'fv/f, sf: sl	-) %^!-%@)%&*
*&=	au/ P8ef; aS; - k'fv/f, sf: sl	-) %^!-%@)!&&!
**=-	s'f'f'f'f aS P08 :6zg; f k'fv/f, sf: sl	-) %^!-%@)%\$@
*(-	cfzlj'fb k: ts k; n- k'fv/f, sf: sl	-) %^!-%\$!)%
()=	kqklqs f :6zg/L- nfnr'ib' - afun <sup>a</sup>	-) %^*-%@)!*\$
(!=	dnklt aS ; j6/- afun <sup>a</sup>	-) %^*-%@)%@
(@=	; u/dy'f :6zg/L- afun <sup>a</sup>	-) %^*-%@)!@
(#=-	hg'lj Z'f; k: ts k; n- afun <sup>a</sup>	-) %^*-%@)!%&

jhoGtl %# uhn c<sup>a</sup>s #

(\$=-	>J7 6oh Phf; l k: ts e08f/- tfg; g, kfnkf	-) %&-%@)!^&
(\$%=-	xfdf k: ts k; n- tfg; g, kfnkf	-) %&-%@)!()
(^=-	gd: tj k: ts e08f/- uf'ku-h, gj nk/f; l	-) %&^-%@)!@
(&=-	nldagl :6f6 sgf- e'x'f, ?k'ibxl	-) %&!-%@#%(\$
(*=-	; /n :6zg/L s'ib+ e'x'f, ?k'ibxl	-) %&!-%@!&#&
((=-	xfdf k: ts k; n- e'x'f, ?k'ibxl	-) %&!-%@^%@
!)=	cfzli'f k: ts e08f/- abj n, ?k'ibxl	-) %&!-%\$@*^&
!)!=	l; 6l aS P08 6oh ; j6/- abj n, ?k'ibxl	-) %&!-%\$@#%^
!)@=	ktll'f :6zg/L ; j6/- abj n, ?k'ibxl	-) %&!-%\$!)@
!)#=-	k'eft aS P08 :6zg; f abj n, ?k'ibxl	-) %&!-%\$@%#
!)\$=-	l'boHofft k: ts k; n- abj n, ?k'ibxl	-) %&!-%\$)%*^
!)%=	a4 Ph'szgn 066/k'f'oh- abj n, ?k'ibxl	-) %&!-%\$%&(&
!)^=	gkfn aS P08 :6zg/L- abj n, ?k'ibxl	-) %&!-%\$%^
!)&=	lj zfn k: ts ; bg- abj n, ?k'ibxl	-) %&!-%\$%^%&(&
!)*=	6o'; /: j tl k: ts k; n- abj n, ?k'ibxl	-) %&!-%\$%#)
!)(-	al8dlinsf :6zg/L- abj n, ?k'ibxl	-) %&!-%\$*!%@
!!)=	gj Hofft k: ts tyf :6zg/L- ; l6wvs( c3f'v'f'rl	-) %&&-\$@)%\$&
!!!=	; lgn :6zg/L- th; lk/, bf <sup>a</sup>	-) %*-%@)!(!
!!@=	uf'f' k: ts e08f/- th; lk/, bf <sup>a</sup>	-) %*-%@!\$!)
!!#=-	l; :gj k: ts e08f/- th; lk/, bf <sup>a</sup>	-) %*-%@)#)^
!!\$=-	hg'f aS :6n- 3f'f'f, bf <sup>a</sup>	-) %*-%@^@^
!!%=	/fj n k: ts k; n- ndxl, bf <sup>a</sup> , b'p'v/l	-) %*-%@)%*)
!!^=	dfp66 Pe/j6 aS- gkfnu-h, a'f'sj	-) %*!-%@%\$^
!!&=	phHj n :6zg/L :6f; f gkfnu-h, a'f'sj	-) %*!-%@!(\$
!!*=	df5fkR5)aS P08 :6zg/L- gkfnu-h, a'f'sj	-) %*!-%@^&\$%\$
!!(-	; u/dy'f aS; - gkfnu-h, a'f'sj	-) %*(\$(\$@%&
!@)=	d-h>l 066/k'f'oh- s'f'knk/ a'f'sj	-) %*!-%\$)#%@
!@!=-	; j'6 k: ts k; n- ; v't	-) %*#-%@%#*^
!@@=	c'Nkfi :6zg/L :6f; f ; v't	-) %*#-%@)!#&
!@#=-	6o'k'eft k: ts k; n- ; v't	-) %*#-%@)!&#
!@\$=-	kj't k: ts k; n- ; v't	-) %*#-%@)!^\$
!@%=-	Hafni :6zg/L- ; v't	-) %*#-%@)!^!
!@^=-	xfdf k: ts k; n- ; v't	-) %*#-%@)!\$()
!@&=	r'f'w/ aS l8k'f- wgu9L, s'f'f'nl	-) %*!-%@)!@%
!@*=	r'j'f'f' k: ts k; n- wgu9L, s'f'f'nl	-) %*!-%@)%\$)
!@(-	r'f'f'f' k: ts e08f/- wgu9L, s'f'f'nl	-) %*!-%@)%\$*^
!#@=	; ud aS P08 :6zg; f wgu9L, s'f'f'nl	-) %*!-%@)!%&(&
!#!=-	0dj aS P08 :6zg; f wgu9L, s'f'f'nl	-) %*!-%@^%#(&
!#@=	gul 6B ; knfo; - wgu9L, s'f'f'nl	-) %*!-%@)%#%#
!##=-	; he aS P08 :6zg; f wgu9L, s'f'f'nl	-) %*!-%@)%#^@
!#\$=-	; lfd aS P08 :6zg; f wgu9L, s'f'f'nl	-) %*!-%@)%#%#
!#%=-	h'f'z k: ts e08f/- afuahf/ 88jnw'f	-) %*^(-\$@)!@^
!#^=-	; d'hl- afuahf/ 88jnw'f	-) %*^(-\$@)!\$()
!#&=	af'f's'f'f k: ts k; n- c'0l/of, s'f'f'nl	-) %*!-%@)%*#
!#*=	bl'k'Ho'f'f k: ts k; n- c'0l/of, s'f'f'nl	-) %*!-%@)%&@
!#(-	Hofft aS; P08 :6zg'z- 6's'f'k/ s'f'f'nl	-) %*!-%@)!%&
!#\$=	kt'is aS; P08 :6zg'z- 6's'f'k/ s'f'f'nl	-) %*!-%@)!#!!
!\$!=-	6o'c'off k: ts k; n- el/uf'f j l'bbf	-) %*-\$-\$)#)^



!\$@=	; : j tl k': ts k; n- dxjbgu/ s-rgk/	-) ((-%@#!@
!\$#	bluf(k': ts e08f/- dxjbgu/ s-rgk/	-) ((-%@!\$^*
!\$\$=	dxfsfml ; dfrf/ sfb+ dxjbgu/ s-rgk/	-) (*\$*&!\$*^
!\$%=	6o'dxf; b k': ts e08f/- dxjbgu/ s-rgk/	-) ((-%@#^&
!\$^=	lj lkq k': ts k; n- dxjbgu/ s-rgk/	-) ((-%@)!\$*
!\$&=	vkt8 k': ts k; n- dxjbgu/ s-rgk/	-) ((-%@)%&

-pkIosf\_

!\$* =	ldq k': ts P08 : 6zgz/- e0mk/	-) !-^^!@e!%
!\$ (=	lj Bfyl; fduj sfb+ e0mk/	-) !-^^!\$#%^
!%) =	kf6g aS ; k- kf6g9fjsf, nlnrk/	-) !-%%%@% ^
!%  =	clwsf/l k': ts k; n- kf6g9fjsf, nlnrk/	-) !-%%&^*% ^
!%@ =	klj q aS; P08 : 6zgz/- nugvhn, nlnrk/	-) !-%%#)@S&
!%# =	ogf aS; P08 : 6zgz/- dfegejg, nlnrk/	-) (*%!#) (%)
!%\$ =	Pstf aS l8l: 6Aob; f yfkfynl, sf7df8f	-) !-\$\$\$^)*\$@
!%& =	/Tg aS l8l: 6Aob; f afuahf/, sf7df8f	-) !-\$@#)@^
!%^ =	lxdfnog aS ; f6/- afuahf/, sf7df8f	-) !-\$@e)*%
!%&=	kf7b ; fduj k; n- 366f3/ sf7df8f	-) !-\$@e\$#!%)
!%* =	/Tg k': ts e08f/- efbf1x6l, sf7df8f	-) !-\$e\$*(^#
!%( =	Pd= s+ aS klan; ; f efbf1x6l, sf7df8f	-) !-\$e\$(*#^
!^ =	gzgn aS ; f6/- efbf1x6l, sf7df8f	-) !-\$e!@e(^
!^! =	ho aS l8k f- efbf1x6l, sf7df8f	-) !-\$e!^*^#
!^@ =	cg' aS ; knfo; f efbf1x6l, sf7df8f	-) !-\$e^*(&!
!^# =	l/8; /kj f066- efbf1x6l, sf7df8f	-) (*\$!##\$)^*
!^\$ =	cS; kmB 066/gzgn - kbjzqldfu/ sf7dff8f	-) !-\$e\$^!)@!
!^% =	df8fg aS P08 : 6zgz/- kbjzqldfu/ sf7dff8f	-) !-\$e@)^*\$e
!^& =	cS; kmB : 6f/- ngrf/ sf7dff8f	-) !-\$e#&*)
!^&=	gfban aS P08 : 6zgz/- ngrf/ sf7dff8f	-) !-\$e!\$%^**
!^* =	kj j l ksfzg- /fdzfxky, sf7df8f	-) !-\$e@e##
!^( =	kj j l aS xfp; - /fdzfxky, sf7df8f	-) !-\$e\$#)^*e#
!& =	blks k': ts e08f/- ktnl; 8s, sf7df8f	-) !-\$e\$e\$* (%)
!&! =	cfhg k': ts e08f/- gofagzj /, sf7df8f	-) !-\$e\$%^##
!&@ =	aS j N8f- gofagzj /, sf7df8f	-) (*%!@&@)&
!&# =	clezj aS P08 : 6zgz/- dwoafgzj /, sf7df8f	-) !-\$e\$e\$^*e\$
!&\$ =	cghfg aS; P08 : 6zgz; f lj zfnngu/ sf7df8f	-) !-\$e\$#&e%)
!&% =	l; 6w'aS; P08 : 6zgz; f rfalxn, sf7df8f	-) !-\$e\$^#)^ (^
!&^ =	06bj tl aS; P08 : 6zgz; f urfL3f6, sf7df8f	-) !-\$!\$!\$^e@
!&& =	af4 aS P08 : 6zgz; f af4, sf7df8f	-) !-\$ (1^%*^
!&* =	lj Bf aS P08 : 6zgz; f af4, sf7df8f	-) !-\$ (1^^*\$
!&( =	kljns aS l8k f- uflua; sf7df8f	-) !-\$#%\$ (&\$
!&*) =	al4 aS P08 : 6zgz/- a; 6w/f, sf7df8f	-) (*%!)*%^&

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k7goŋŋo xfdl sxl k' tsx;

ä zAbsfz ā

! =	ZAbfy{gkfnl zAb; fu/ -; l8l= lxt b0{/^adf_ -j; Gtsdf/ zldf{gkfnl	!^%) :-
@ =	^a lkt gkfnl zAb; fu/ -; l8l= lxt_ -j; Gtsdf/ zldf{gkfnl	!!)) :-
# =	^a lkt gkfnl zAb; fu/ -; 68j6_ -j; Gtsdf/ zldf{gkfnl	*%) :-
\$ =	fgj gkfnl zAb; fu/ -j; Gtsdf/ zldf{gkfnl	%) :-
% =	ZAbfy{; ^a ux -gkfnl gkfnl_ -ljgosdf/ zdf{gkfn	#&% :-
^ =	gkfnl c^a lhl gkfnl zAb; fu/ -; l8l= lxt_ -ljgosdf/ zdf{gkfn	!!)) :-
& =	gkfnl c^a lhl gkfnl zAb; fu/ -; 68j6_ -ljgosdf/ zdf{gkfn	*) :-
* =	gkfnl c^a lhl zAb; fu/ -ljgosdf/ zdf{gkfn	#&% :-
( =	ZAbfy{; ^a ux -gkfnl c^a lhl_ -ljgosdf/ zdf{gkfn	!*) :-
!) =	c^a lhl gkfnl zAb; fu/ -ljgosdf/ zdf{gkfn	#e% :-
!! =	ZAbfy{; ^a ux -c^a lhl gkfnl_ -ljgosdf/ zdf{gkfn	!*) :-
!@ =	c^a lhl c^a lhl gkfnl zAb; fu/ -; l8l= lxt_ -ljgosdf/ zdf{gkfn	!!)) :-
!# =	c^a lhl c^a lhl gkfnl zAb; fu/ -; 68j6_ -; l8l= lxt_ -ljgosdf/ zdf{gkfn	!!)) :-
!\$ =	c^a lhl c^a lhl gkfnl zAb; fu/ -; sh_ -ljgosdf/ zdf{gkfn	&%) :-
!% =	c^a lhl c^a lhl gkfnl zAb; fu/ -0n8j6/L_ -ljgosdf/ zdf{gkfn	%) :-
!^ =	sfgötl tyf kzf; slo zAb; fu/ -ljgosdf/ zdf{gkfn /	-8f= ljZj blk clwsf/l \$^)- :-
!& =	ZAbfy{; ^a ux -sfgötl tyf kzf; slo_ -s^)-sfgötl kmf j f_ -ljgosdf/ zdf{gkfn /	-zhljbnhn l; * &)) :-
!* =	gkfnl c^a lhl gjf/l zAb; fu/ -j; Gtsdf/ zldf{gkfn./	-ljgosdf/ zdf{gkfn *%) :-

ä cWofd Pj bZg ā

! =	ZAbfy{ultf -j; Gtsdf/ zldf{gkfn...	!&% :-
@ =	!#% pklgift; ^a ux -dh; lxt_ -j; Gtsdf/ zldf{gkfnl	!!)) :-
# =	cWofd / hijg -Hoflt clwsf/l	!&% :-
\$ =	u6tJö6t -ladh	!e% :-
% =	ç -ladh	@e% :-
^ =	k-rfdlt -7fs/ zdf{	!&% :-
& =	s of sXgöf -lblokef vgrn	#%) :-
* =	efujt Ps ljjjgf -urllj fb lwld/ j jbdl00l	@) :-
( =	lQm wf -cgj fb, 7fs/ zdf{	&% :-
!) =	1fg-lj 1fg -urllj b6k; fb bxfn	#%) :-
!! =	Jo] x/ -Jofj xll/s bZg_ -Plj b6k; fb Gofkfg]	\$)) :-
!@ =	ot otf " -Plj b6k; fb Gofkfg]	#&% :-
!# =	/fhgllts tyf ; fdlhs kl/j tög " -Plj b6k; fb Gofkfg]	#) :-
!\$ =	lj sf; / k fnnl -Plj b6k; fb Gofkfg]	@%) :-

ä pkGof; ä

l= lrgnyf -euj tlr/Of jdf{cgj fb_	-ljgosdlf/ zdf{gkfn	()÷
@= dlOm <sup>a</sup> ufd -xfj &kmf:6-cgj fb_	-j; Gtsdlf/ zldf{gkfnl	!%÷
#= lg/k/fwsf]xlof -xfj &kmf:6-cgj fb_	-j; Gtsdlf/ zldf{gkfnl	!))÷
\$= ablnbf]llfith	-ultf sz/l	()÷
%= gkfnst]klxnf]stf]kj{	-P; kl cf; f	(%)÷
^= a4	-P; kl cf; f	@!%÷
&= dlOm <sup>4</sup> sf]alpm	-g/lb] k/fz/	*%÷
*= tltf]To	-wdf]th kf&bfm	*%÷
(= km <sup>2</sup> u p8sf]ofjg	-8f= ClifsZj/Th /ld	&)÷
!)= lj: dft	-ufkfn ; -hjh	@))÷
!!= /x:o	-; ltf e6b/fof	!@%÷
!@= rghf]l	-kfszdlOf bxfm	@@%÷
!#= o6q dfqj	-06b' k6t	!!)÷
!\$= slkqf ; #f/	-dlOmgy zdf{	!%)÷
!%= lj; <sup>a</sup> ut hljg	-?s' sfsf{	!\$)÷
!^= cgllgsf	-8f= ljZjblk clwsf/l	@@%÷
!&= ; lr	-zll6t zdf{	!%)÷
!*= b]pd]06f] lsgf/df	-kplk gkfn	!@%÷
! (= Ps xhf/ jif{	-kplk gkfn	!^)÷
@)= 5 n3pkiof; -ultfsZ/l, ufkfn ; -hjh, k0o/lZd vltj8f, kplk gkfn,		!\$)÷
/fhZj/ b]stf, ljgosdlf/ zdf{gkfn		&))÷
@! = cd]l/sdf cfd	-ef/tl ufZd	!%)÷
@@= xhf/ ; kgf	-sdl/ sf`n]	!%)÷
@#= d]65]eP/ d/6f]d]65]	-ljkh l; h6kl	@%)÷
@\$= b l: k <sup>2</sup> ne	-ljg]stf/ >lj	@%)÷
@%= /ldnfgl	-efgx/ l; lbjh	!\$)÷
@^= ; /f; 6b/l	-efgx/ l; lbjh	!^)÷
@&= /fdbf0	-efgx/ l; lbjh	#))÷
@*= cdf]f{	-efgx/ l; lbjh	@%)÷
@ (= golf af6f]	-gf/foofs]hZ l; lbjh	@%)÷

ä syf; <sup>a</sup>ux ä

l= Pp6l csl{nfp/f	-s6x6f gf; ggl	!@%÷
@= kfr syf	-/fhZj/ b]stf	*)÷
#= cg6t ofqf	-; /gh pkf]l	!))÷
\$= d]obt	-ho6tl zdf{	!))÷
%= lhpb] c]ldf	-wdf]th kf&bfm	!%)÷
^= n]d <sup>a</sup> x?	-nf6]lbaxfb' r6b	@))÷
&= wdf]w	-k0o/lZd vltj8f	!%)÷
*= sd/6 e]ph"	-stfOf ahuf0f	!&%÷
(= loyfx?sf] syf	-xl/ ykf	@))÷
!) = /ft]8fo/l	-; lti/id gkfn	@@%÷
!! = cfsfz dyg	-8f= ljZjblk clwsf/l	@))÷
!@ = syf]l6sf -^& gf/lst ^& syf	-; =ljgosdlf/ zdf{gkfn	%)÷

ä ; dnf]rgf ä

l= b]stf cfofd / kj]O	-slkn c1ft	!@%÷
@= t]j]c]m]sf]c]n]f]rgf	-8f= /fdk; fb 1jfnl	!&%÷
#= pkiof; ; dnf]rgf	-8f= /fdk; fb 1jfnl	@&%÷
\$= ; flxTo-ig?kOf	-8f= 3gzofd 6ofkfg].kl/>dll	!^)÷
%= ; dliff ; d]x/Of	-8f= 3gzofd 6ofkfg].kl/>dll	!&%÷
^= gkfnl d]xnf ; flxTosf/	-nlmf n06jh	&))÷
&= s]lo, lga6w s]b]sf b]stf	-kf= /fh]b] ; j]bl	@%)÷
*= gkfnl d]xnf n]vg M kj]O / of]b]fg	-/hgl 9sfn-ultf lqkf7l	@&%÷
(= zAbfy{ ; flkg- slj tf ; dnf]rgf M - ; #7fs' zdf]jgosdlf/ zdf{gkfn		\$))÷

ä efiif ä

! = Perfect English -/k8\$; _	-uf6hki; fb zdf{	@*)÷
@ = Learn Nepali yourself, know Nepal yourself	-kfszdlOf bxfm	#%)÷
# = Professional English Grammar-	-j]fdb] kf&jh	#%)÷

ä gkfnl afn-; flxTo ä

l= tlgt/f -afnsyf	-j; Gtsdlf/ zldf{gkfnl	#%÷
@= pbf/tfs]k/fst]7f -afnsyf	-j; Gtsdlf/ zldf{gkfnl	\$)÷
#= /d]0nf]zlgj/ -afnsyf	-efef zdf{	\$)÷
\$= tlg dV{ ; tylx? -afnsyf	-cfef zdf{	#%÷
%= ; fqlsf]axfb/l -afnsyf	-cfef zdf{	\$)÷
^= d]f]kOf/f]v} -afnpkiof;	-ljZj/Th kf08]	%)÷
&= l; * / nfdv66] -afnsyf	-ljZj/Th kf08]	#%÷
*= bz6f]blf0f -afnpkiof; _	-u <sup>a</sup> uf kf&jh	!%)÷
(= sfun]lsg sff sff e65 -afnsyf	-u <sup>a</sup> uf kf&jh	#%÷
!) = uhf]as]k]h -afnsyf	-u <sup>a</sup> uf kf&jh	^))÷
!! = afnult -afnult	-h4axfb' sZ l	^))÷
!@ = lem]n]dn tf/f -afnult	-; /gh pkf]l	@%÷
!# = k5tf -afnsyf	-; /gh pkf]l	@%÷
!\$ = cfsf; jk/l -afnsyf	-; /gh pkf]l	#%÷
!% = cfd / 5f]f -afnsyf	-pl6nf n]ld5fg]	#%÷
!^ = 5s5s]lg? -afnsyf	-pl6nf n]ld5fg]	\$)÷
!& = bz d]dV{-afnsyf	-lx/0ostf/l kf7s	#%÷
!* = /dsyf -k]f]f]f]ssyf	-lx/0ostf/l kf7s	\$)÷
! (= l; 6s6f] ; km]tf -afnpkiof; _	-zdl6f v8sf .b]xfn]l	&)÷
@) = ; fg]a6of; 6taxfb/ -afnsyf	-zdl6f v8sf .b]xfn]l	&)÷
@! = ; 0/] / e6k]66] -afnsyf	-zdl6f v8sf .b]xfn]l	&)÷
@@ = phoin]af6f]lzl]fs] -afnsyf	-zdl6f v8sf .b]xfn]l	&)÷
@# = ; fgl -afnpkiof; _	-zdl6f v8sf .b]xfn]l	&)÷
@\$ = ktn]sf]lax] -afnsyf	-dw' bgk; fb l3ld/]	#%÷
@% = l; p/] -afnsyf	-8f= ljZjblk clwsf/l	#%÷
@^ = tan]sf]j]bgf -afnsyf	-8f= ljZjblk clwsf/l	\$)÷
@& = wtl{ 6s]f]s'/f -afns]j tf	-; kf; 6gf e6b/fof{	%)÷
@* = k]hsf ; fyl xfdl -afnsyf	-; ltf e6b/fof	&%÷
@ (= afb/sf]lrf]f -afnsyf	-uf]j 6b lwd/] .j]p]d]l0f]	^))÷
#) = : o]ns]l]dqt -afnsyf	-uf]j 6b lwd/] .j]p]d]l0f]	%)÷
#! = b0{6f]ps ; k{-afnsyf	-uf]j 6b l3ld/] .j]p]d]l0f]	\$)÷

#@= b0{v6b}la/fnf]-afnsyf_	-nlntf .bfllU	\$)÷
##= d'v{l; x -afnsyf	-/ʒf l3ld/]	\$)÷
#\$= s'kl dxlk; if -kʃʃl0fssyf_	-/h>l k/fhhl	\$)÷
##= gof; fyl -afnsyf	-; ldf dfgw/	\$)÷
#^= 6b/ / ; %lsf]lj jix -afnsyf	-kf/; dl0f bxfn	\$)÷
##= hllvdk0f{kxf8l ofqf -cgjfb-ofqf; #d/0f	-cflzif kf08]	^)÷
#*= ls; fg / eujfgl -afnsyf	-ljgosdf/ zdf{gkfn	##÷
#(= 3/ -glttsyf	-ljgosdf/ zdf{gkfn	\$)÷
\$)= afn ; r'ift -afnult	-06b'sdf/ >ʃ7	*)÷
\$!= /fdl]afgl -afnult	-/fdlj qmd ykfk	!))÷
\$@= 0f0f' v/fof]-afnsyf	-Pnal rlln <sup>a</sup>	!))÷

ä c<sup>a</sup>u<sup>h</sup>l efiffsf afn-; flxlo ä

!= Regret (story)	-Suren Upreti	^)÷
@= Angel (story)	-Suren Upreti	^)÷
#= Bright Qmars (song)	-Suren Upreti	^)÷
\$= 15 Qmories (story)	-Jyoti Adhikari	&)÷
%= Alan, The little Kangaroo (story)	-Jyoti Adhikari	&%÷
^= Country's Pride (story)	-Bhabha Sharma	&)÷
&= Grand Mother (story)	-Muktinath Sharma	&)÷
*= Fables in English	-Narayan Nepal	!@%÷
(= Everything Has an Origin (Mahavarata Series)-Prakashmani Dahal		^)÷
!)= Growth Follows the Origin (Mahavarata Series)-Prakashmani Dahal		^)÷
! = Greed, Envy and Ignorance (Mahavarata Series)-Prakashmani Dahal		^)÷
!@= Life After the Beginning (Mahavarata Series)-Prakashmani Dahal		^)÷
!#= An Ego When Relapsed (Mahavarata Series)-Prakashmani Dahal		^)÷
!\$= Once When DeraieLd (Mahavarata Series)-Prakashmani Dahal		^)÷
!%= The Ultimate Truth (Mahavarata Series)-Prakashmani Dahal		^)÷
!^= Lagecy The Hunt (Novel)	-Shreevatshanka Dhakal	!@%÷

ä lga6w-k46w-lgofqf-; #d/0f ä

!= a'kdro{ofq; 0dsf]j}llgs p'kio	-tly/fh kʃʃh	!%)÷
@= hljgsf]cfl%ofn	-gf/fo0fk; fb 9 <sup>a</sup> ufgf	*%÷
#= dw]l cflb'fhgsf @! lbg	-dw; bg kf08]	!))÷
\$= jllg6f]g/d08 lzsfl	-dw; bg kf08]	*)÷
%= k'ly/ kullb}	-ufkfn ; -hjh	!%)÷
^= wdlzvf'sf]nodf ; Nnfsf]; ; jhl	-/dʒ lj sn	@%)÷
&= Infinity	-ejʒ vgn	!&%÷
*= ; d'f6sf]; ldfleq / aflx/ efg6Qm	-kf/ /fh]b]; j'bl	!^)÷
(= d'j]df6f] l	-xl/ ykfk	@@%÷
!)= ; do ; dosf s'/f	-hublz nfld5fg]	@%)÷
!!= nosf] v'fhldf	-/hgl 9sfn	@))÷
!@= ; lo; mfk	-df'g r'kfuf0f	@%)÷
!#= %0flnl afv[st]kf7f]	-8f= lzj uf'ed	\$))÷
!\$= ; f'p]-x'f'olo <sup>a</sup> llo	-; j'j jlln]	@%)÷
!%= d'fykRrl	-ljgosdf/ zdf{gkfn	!%)÷
!^= k'g/fj lQ	-ljgosdf/ zdf{gkfn	!&%÷
!&= k/fj t'g	-ljgosdf/ zdf{gkfn	@))÷

ä sljtf tyf sfo ä

!= tltfd7f s'/f -j ; 6tsdf/ zldf{gkfnl cRot/dof clwsf/l,	e'jgx/ l; llb'h, r6bk; fb 6or'kfg] k'fszldof bxfn, b]l gkfn,	7fs/ zdf{/fok; fb kl't, pdf ld; j nld'sdf/ s'0/fnf, u'f'ls'0f zdf{	!!!÷	
@= gltsf s'/f -j ; 6tsdf/ zldf{gkfnl lzjufkfn l/; fn, lj'0f k'eft,	vu]b] v'fll; f3/] P; kl .cf; ll cz'f'sdf/ nfld5fg] d'w'j l3ld/]	afns]0f e6b/f0{ u0f/fh s'f'n] u'f'j'6bk; fb l3ld/] d's'6bk; fb zdf{	!##÷	
#= gltjrf/- j ; 6tsdf/ zldf{gkfnl 7fs/ zdf{ nld'sdf/ s'0/fnf,	u'f'ls'0f zdf{ vu]b] v'fll; f3/] ag"nld5fg] 8f= c'f'j]l/ l; x a:g'j,	g/llb] k/fz/ ; 66lk; fu/ gkfn, 8f= 6lsf/d -lj'z'j]l/ clwsf/l,	ljgosdf/ zdf{gkfn	!##÷
\$= j ; 6tfg6b -r'lk'sfo		-7fs/ zdf{	!))÷	
%= :jg -sljtf; <sup>a</sup> uk		-/fh'j/ b]s'f'f	!))÷	
^= c'f'6h -sljtf; <sup>a</sup> uk		-obgy j ; 6tk'/	^)÷	
&= ah'6 g'la/ k'f' -sljtf; <sup>a</sup> uk		-k'sfz r'kfuf0+	!%)÷	
*= lr'6tg; 6s]ofqf -sljtf; <sup>a</sup> uk		-; ltf e6b/f0{	!@%÷	
(= c>w'f -sljtf; <sup>a</sup> uk		-r'8fdl0f c'f'hl	!))÷	
!)= z'abgf -sljtf; <sup>a</sup> uk		-7fs/ zdf{	!%÷	
!!= clegjg -sfo		-7fs/ zdf{	!%)÷	
!@= k'j'f'r'l' -dxfsfo		-g/llb] k/fz/	!%)÷	
!#= k'h'f't'g; k'h'f't'g -lo <sup>a</sup> llo sljtf; <sup>a</sup> uk		-h'4axfb/ s'ʒ l=	!))÷	
!\$= ?j'f'0of -pd/v'0idsf]sfo -cgjfb		-j ; 6tsdf/ zldf{gkfnl	&%÷	
!%= ls/fth'glo -ef/lj's]dxfsfo -cgjfb		-j ; 6tsdf/ zldf{gkfnl	!%)÷	
!^= j ; 6t -sfo		-/fh'j/ b]s'f'f	&%÷	
!&= j ; 6w/f -dxfsfo		-vu]b] v'fll; f3/]	#@%÷	
!*= Ps c-hhl dg -uhn; <sup>a</sup> uk		-sdnf l/; fn .h'0f't'u	!@%÷	
!(= t'f'f'j s ; Hhg ; j'k'f'f /0fglt -sljtf; <sup>a</sup> uk		-clgn uf'fg	!&%÷	
@)= c'f]r'6bdf -sljtf; <sup>a</sup> uk		-dl0f/fh l; x	@)!÷	
@! = oftgf -uBdxfsfo		-06b' kl't	!%)÷	
@@= l; h'g'f'6b -sfo		-ag"nld5fg]	!@%÷	
@#= cg'd]t -sfo		-ag"nld5fg]	!))÷	
@\$= d tlj -sfo		-ag"nld5fg]	!))÷	
@%= d'j ; lugl -sfo		-ag"nld5fg]	!%)÷	
@^= c'fuk -sfo		-ag"nld5fg]	!@%÷	
@&= 6b]sf]; j'f'0f; j'f'0f		-gf/fo0f gkfn	^%÷	
@*= chn uhn -uhn; <sup>a</sup> uk		-gf/fo0f gkfn	!))÷	
@(= dQms d-h/l -dQms; <sup>a</sup> uk		-gf/fo0f gkfn	!))÷	
@#)= uhn d08l -uhn; <sup>a</sup> uk		-gf/fo0f gkfn	!))÷	
@! = dQms ; l/tf -dQms; <sup>a</sup> uk		-gf/fo0f gkfn	!))÷	
@@= k'j'f; ls]gf; f]-uhn; <sup>a</sup> uk		-\$) uhnsf/	!))÷	
@#= af6f] v'fllb}af6f]f -sljtf; <sup>a</sup> uk		-xl/dfof e'6jfn	!&%÷	
@\$= ; /sf/kf/s]ufpf -sljtf; <sup>a</sup> uk		-s'j0f s66jh	!%)÷	
@%= k'f'f]sif -dxfsfo		-nld'sdf/ s'0/fnf	@%)÷	



jhoGtl %# uhn c<sup>a</sup>s #

#^= :dltklk -slj tf; <sup>a</sup> uk	-nldslf/ sfw/fnf	!%)÷
#&= tf; sdbdf dxslj b]srf	-k'z iffd d l; lbbjh	!%)÷
#*= cdltf-hnl -dQms; <sup>a</sup> uk	-ltn:dl kpf;	@))÷
#(= af6f]x]v/xg]af6fx?	-8f= lzj uf'd	@%)÷
\$)= dlbb/ / drcf]	-/fdsdf/ kl08t	@))÷
\$!= n]ssb]v kf/n]ss; dd -slj tf; <sup>a</sup> uk	-ljgosdf/ zdf{gkfn	%)÷
\$@= d]oaf]v -slj tf; <sup>a</sup> uk	-ljgosdf/ zdf{gkfn	@%)÷
\$#= dfu]k -slj tf; <sup>a</sup> uk	-ljgosdf/ zdf{gkfn	@%)÷

ä Sofdk; :t/lo ä

!= !! sf]cyzf:q	-uf\$Of{dNn	!&%÷
@= !@ sf]cyzf:q -xl/bf; ; fksrf:cf]sf/ kf]jh		!^))÷
#= Elements of Economics (XII) -tf/f e'; fn:ozh]v/ kf; fo'f/thg k]h'		#))÷
\$= Jofj; flos cyzf:q (B .B .S, BBA ) -uf\$Of{dNn		@))÷
%= Business Economics (B .B .S, B .Com ) -uf\$Of{dNn		\$))÷
^= Business Statistics (B .B .S., B .Com, B .B .A, BIM)		
-dgt]h clwsf/l-dxkf; fb >]7:k]f]v/fh vgf, z/b'r]b] sf'n]		%)÷
&= Fundamentals of Business Statistics (B .B .A., B .C .I .S, B .C .A, B .I)		
-8f= k'z iffd d l; x:dxkf; fb >]7:blks/fh kf]jh		#@%)÷
*= Differential Calculas (BA .B .Sc ., B .Ed ) -8f= df]x]db xdb]v /xdfg		@))÷
(=Integral Calculas (BA ., B .Sc ., B .Ed ) -8f= df]x]db xdb]v /xdfg		@))÷
!)= kf]v]es uloft lz]f]of -cf]P8t !!	-8f= df]x]db xdb]v /xdfg	!&%÷
!!= uloft lz]f]of -alP8t	-8f= df]x]db xdb]v /xdfg	!&%÷
!@= dxslj b]srf s]k cf]of -alP=	-k]f]k; fb clwsf/l	!&%÷
!#= gkfn] gf]ss]cl]b]og -alP=	-k]f]k; fb clwsf/l	(%÷
!\$= ; f]v]f]of gkfn] -alP8t		
-8f= 3gz]of d]of]g]w]g]k]t sfw]/fn:d]Qng]y 9sfn		@#%)÷
!%= gkfn] nf]s ; flx]to kj]Q / c]j]f]of -PdP gkfn] - slkn c 1ft		@))÷
!^= cl]j]fo{gkfn] -alP - 8f= 3gz]of d]of]g]w]g]k]t sfw]/fn:d]Qng]y 9sfn		@#%)÷
!&= ; s]t ; flx]tos]f] ?k/]v -alP=PdP	-k]f= uf]k]s]of zdf{	@&%÷
!*= ef]f]-lj 1fg -alP=PdP - 8f= 3gz]of d]of]g]w]g]k]t sfw]/fn:d]Qng]y 9sfn		@&%÷
! (= kf]of]us ef]f]-lj 1fg -alP8t3rd	-wgk]t sfw]/fn	#!)÷
@= ; flx]to zf:q tyf gkfn] ; d]n]f]gf -alP8t3rd	-wgk]t sfw]/fn	#@%)÷

ä :sh-af]8t :t/lo ä

!= All in One (Leminated)	-efef zdf{	!))÷
@= All in One (Hard Cover)	-efef zdf{	!#)÷
#= All in One (Full Leminated, Hard Cover)	-efef zdf{	@@%)÷
\$= My Word Book-Eng-Nep	-uf\$hk; fb zdf{	^))÷
%= Best word Book-Eng-Nep	-uf\$hk; fb zdf{	!#%)÷
^= English Practice Book -8	-afns]of 9sfn	!@%)÷
&= English Practice Book -9	-afns]of 9sfn	!%)÷
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(= SLC math P Book - (Eng+Nep) -8f= df]x]db]v /xdfg:df]df]v]tf/ cf]nf]		!%)÷
!)= New English Grammar-Nep-Eng (Junior) -uf\$hk; fb zdf{		!#%)÷

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#= cf]gf]pkrf/ cf]k]v]-:j:fo	-/fh]b] >]7	\$))÷
\$= Social Change In Rural Nepal	-Ebindra Prasad Neupane	#))÷
%= n]vs 6]h]k]v] 8fo/l -; fydf k':ts k; nx?		%)÷
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 shabdarthaprakashan@gmail.com  
 web: shabdarthaprakashan.com / nepalipublisher.com

ca xdf]j kfn]f  
 5G]slj tf, n3'syf, syf, d]Qms, lga]w c<sup>a</sup>sx? .

/ftsfl ; dodf Gofgfl l; /s,  
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g]fn ; /sf/  
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