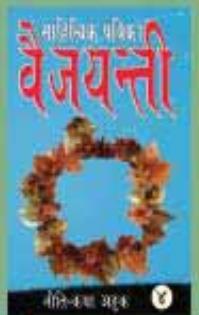
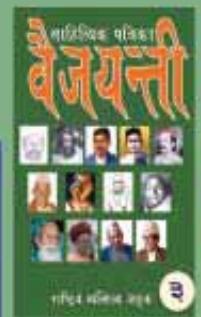


ਸਾਹਿਤਿਕ ਪੰਨਿਆ

# ਵੈਜਧਨੀ



ਛੁਨ੍ਦ-ਕਵਿਤਾ ਅੱਡ੍ਕ

੫

# j hogni

c<sup>a</sup>s-% vfljknf{; flxTos klqsf @)^^ knflu<sup>b</sup>-r<sup>d</sup>

; AfS

j ; Gtsdf/ zDdf{'gkfn'

; Nnfxsf/

hogni zdf{  
sdf/; fu/ zsg

lgb<sup>b</sup>s

lj gosdf/ zdf{gkfn

k<sup>b</sup>fg ; Dkfbs

7fs' zdf{

; Dkfbs

ofbj e\$/f0{

; Xoful

sdnf gkfn  
kblk af!s<sup>b</sup>f  
efef zdf{  
cefef zdf{  
; dl/; fu/ gkfn  
; Gblk; fu/ gkfn  
dft\$ f cfrfo{

k\$fs

zAbfy{k\$fszg  
rfah, sf7df8fb

knfM)!-\$(\$(&%!-(\*\$!-\$(^!)#

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[nepal120@yahoo.com](mailto:nepal120@yahoo.com)

## ; Dkfbs lo

u0f, olt, ult / no ldn\$ f] j0f{ dfqf cfbsf] u0fgfcg'; f/  
kBflds /rgf ul/g] s<sup>b</sup>g] lglZrt dfg jf <sup>b</sup>knf0{5gb elgG5 eg]  
To; <sup>b</sup>ksf slj tnf0{ 5gb-slj tf elgG5 . gkfnl ; flxTosf]  
sflo ljfwdf lj le<sup>b</sup>g 5gbx<sup>b</sup>sf] kpfu ePsf] kf0G5 . cfwlgs  
gkfnl uB slj tf-n<sup>b</sup>gsf lf<sup>b</sup>df afnsf0f ; d / ufkfnk; fb  
l/dfnaf6 kj t<sup>b</sup>g ePsf] Oltxf; Psflt/ 5 eg] csflt/ 5gb-  
slj tf n<sup>b</sup>gsf] kj fx / k<sup>b</sup>fj klg ; bfb] v plQs} ; 'j fb' /  
pNn<sup>b</sup>o ag\$ f] 5 .

efgleQm cfrfo{ n<sup>b</sup>gyfy kf<sup>b</sup>jh, nldlk; fb b] sf<sup>b</sup>f nufotsf  
ykb] slj JolQm jx<sup>b</sup> o; lj wftkn<sup>b</sup>f : j gfdwgo ; l6fx<sup>b</sup> xgl. gkfnl  
; flxTos-n<sup>b</sup>gsf] k15Nnf] k<sup>b</sup>t tfdf klg 5gb-slj tfdf /dg]/dfpg]  
yk] JolQm jx<sup>b</sup>sf] ; zQm sflo-k<sup>b</sup>tef b<sup>b</sup>yf k/\$f] 5 . ; fdfgotM  
uBdf e<sup>b</sup>bf kB jf 5gbdf slj tf l; hgf ug{ sl7g dflgg]  
; Gbedf ; d<sup>b</sup> gkfnl sflo hut<sup>b</sup>sf rlf<sup>b</sup> / pblodfg slj x<sup>b</sup>sf]  
slj tf ; dfj <sup>b</sup> u/l **j hogni**sf] of] c<sup>a</sup>s k\$fszg ePsf] 5 .

vf; u/l 5gb-slj tfsf] k<sup>b</sup>fj, dxTj Pj +lj wfut j<sup>b</sup>zi6bnf0{  
gkfnl sflo l<sup>b</sup>gsf lj le<sup>b</sup>g ; l6fsf snddfkmt slj tfs} : j<sup>b</sup>kdf  
k<sup>b</sup>t t ug{ kpf; xf] of]; a<sup>b</sup>sng . j frg / >j0fsf] ; dw/tfmf0{  
5gb-slj tnf] cfld; ftl u/\$f] x<sup>b</sup>5 . zAb, no / efj sf] lqj fldf  
; nNn allb5g] 5gb-slj tf .

**j hogni**sf] cfufdl c<sup>a</sup>s **Igofqf** c<sup>a</sup>ssf <sup>b</sup>kdf k\$flzt  
x<sup>b</sup>5 ; fy] of] c<sup>a</sup>ssf0{o} ; l k\$fszg ug{ xofu ug<sup>b</sup>g]; l6fx<sup>b</sup>nf0{  
xflb\$ cefef/ k\$fs6 ub5f} . •

; flxTos klqsf **j hogni**sf]

; dlffc<sup>a</sup>s, kj{dltc<sup>a</sup>s, /fli6o-JolQm j c<sup>a</sup>s,  
glit-syfc<sup>a</sup>s / 5gb-slj tfc<sup>a</sup>sk15

**Igofqf** c<sup>a</sup>s

0; c<sup>a</sup> \$df

slj tf	slj	k[7]
--------	-----	------

!= nfU5 ; fRbf crDd	czf\$zdf/ nfd5fg]	&
@= cl3 a9f]	pdf ld>	*
#= gofJ if{ E	pldf nfd5fg]	(
\$= lJ lrqsf]; #f/	P; klcf; f	!)
%= xfj f	cfdl zdf{	!!
^= d xFpGdQm dQndf	snflglw bxfn	!@
&= of]wdZfnf	vu[b v]/; f3/	!\$
*= lhbul lxBg]af6f]	8f= uful{zdf{	!%
(= k?ify{	u0f/fh sfkn]zfl8No'	!^
!= d]f]cfbz{ufpF	ufks]of zdf{	!&
!!= cfhsf]slj tf	uflj Gb l3ld/]j fdlof	!(
!@= lktfhl	rGbk] fb Gofkg]	@!
!#= sDan-aw"	8f= 6lsf/fd clwsf/l	@\$
!\$= != s[t-dfwb{ @= kf]/f	7fs' zdf{	@%
!%= b]sf lgldt ; f]	l8Nnl/fh cofh	@&
!^= of]kmhaf/l ; an]; hcfcF	tly{fh clwsf/l	@(
!&= rfyf ejj ; wklhG5	lqnffg cfrfo{	#)
!*= ; Ddfkg	g/b/k/fz/	#!
!(= kfo-pT; j	gf/bdl0f kfBdfn	#@
@= dxfslj b] sfkf	gf/fo0fbQ zf:ql	#\$
@!= dfof	gf/fo0f gkfn	#%
@@= ==gkfnf0{	k0fk\$ fz gkfn 'ofql'	#^
@#= hafkm rfluxof]	k\$fdl0f bxfn	#&
@\$= ; Gt z}fg ef]	kef e\$/f0{	#*
@%= gf/l	kPnfb kf]/h	#(
@^= d]f]b] gkfn	k]ff nD; fn	\$)
@&= cfu] M j ; Gts}	afh/fd kfBjh	\$!
@*= ; lxb, khtfq / gkfnl lgolt	afns]of e\$/f0{	\$@
@(= gllt slj tf	efuj t cfrfo{	\$\$
#)= aGbsf]z^3f]	e] gx/ l; Ubjh	\$_%
#!= dgleq vN5	dfwj l3ld/]	\$_&
#@= != af6f] @= ef\$	ldqnf n kHgl	\$_*

##= c1ftnf0{ Da]yg	dSbk] fb zdf{rfn; ]	\$(
#\$= ; b]f]lxafgl	dlQngfy zdf{	%)
#%= dfodf]k	dfbgfy zf:ql	%!
#^= gofFgkfn ; fydf	obj e\$/f0{	%@
#&= pkj g	oj/fh zdf{uf]d	%#
#*= u0g cfdf—	Tglglw /ldl	%%
#(= k\$[t, hlj g / snf	/fdk] fb 1j fnl	%^
\$)= /i6 <hf>f]fp]s/f</hf>	/fdk] fb kGt	%&
\$!= ; dfg]5 ufh	/fdafa'; j N	%*
\$@= hlj gsfJo M if8fgGb : j fdlsf]	nldlsdf/ sf]/fnf	%(
\$#= cdfB/;	j ; Gtsdf/ zDdf{gkfn	^!
\$\$\$= ; Of	jf; b] clwsf/l	^@
\$%= d	lj gosdf/ zdf{gkfn	^#
\$^= z/0fflt	8f= lj i0f/fh cfqj	^\$
\$&= p6o\$]z v	zf/bf/d0f gkfn	%^
\$*= c4]-cfskm'	lzj ufkfn l/; fn	^^
\$(= s; h]; gfof]	ztn sfbdagl	^&
%)= d]f]kl/ro	zjhbk\$ fz gkfn	^*
%!= dfgj hlj g	Gblk; fu/ gkfn	^(
%@= k]fgsf]vfFf]	; yb]lxafgl	&)
%#= nfhnf]of]dnf0{	xl/x/ kblk l3ld/]	&!
%%= ZfAb-; f/ly	lx/0onfn 1j fnl	&@

## :yfol :tDe

!= ; Dkfbso

@= :jfut

j ; Gtsdf/ zDdf{gkfn) %

#= a]r x]j hōgtl

ag"nfd5fg] ^

\$= k5f/sf]kftf] M 5Gb / p0/cfwlgstf

u?^a ; zft &amp;#

%= k:ts kl/ro

P3f/ afnsyf Ps kl/rrf{M

g/b] u/fuf0{ &amp;%

\$= zAbf]y{k]sfzgsf k:ts kf0g]k; nx,

&amp;(

%= zAbf]y{k]sfzgaf/f k]sfzts s]k k:tsx,

\*^

\* \*

## :j fut

cltly, :jut ū:jut ū:jut ū  
l<sub>zj</sub>-; vflb ; d:t ; dlkt ū  
gt-gtflgt ol s/-kflyt,  
lgot cf; glglDt 5 :jut ū

xg' 5 zdts/ sfoqmdflbs,  
cy-zedts ; l:y/ aGg' 5 ū  
g t 5 nDat sfo{5 :jl:ts ū  
; tt :jut ū:jut ū:jut ū

cldt :jlst 5g\slt cfhsf  
kultzln c; ld lrf/sf  
t/l0ftNo t/IÉl0fjllrt  
s[ts[tj xgg\slt, :jut ū



of]slj tf zlbfy{klszgsf]k'ts-lj df]g-; df/fdf afnuflosf kiff nD; fnaf6 uf0b}  
cf0Psf]5, o:tf]dl7]slj tf nyl xfdfnf0{lbgfPsf]f zlbfy{klszg >l j; ftsdf/ zdf{gkfnkjt  
cef/ JoQmub5 / **j hōGtl**]sf]5b slj tf-c'sdf o; ff/f tkf0\$]:jut ul/Psf]5 .

## aff x}j hōGtl ☺

asab"nfld5fg]

kjf] hDnf] nl ; dfnf]gfsf]  
bf] f] sDnf] kj'sf ; Dengfsf]  
t] f] kf\$]f] hlj gl wGo wGo  
rfyf] wf\$]f] glltufyf cuDo .!.

o:t} kf\$]f-kGt/f ejg gfsf  
dl7f :yfol cft/f ; fwgfsf  
Nof0{cfkngf ; fydf xif{ fy  
afBb}afBb}l; hgfsf ld7f; .@.

kfrf]k18sf] rflng leGg}snf bl  
cf0gl gff]f rfndf j hōGtl  
of]ofqfdf rfx af\$]l cyfx  
cf0gl/]ol kBdf j fx ūj fx ū.#.

lgDtf]kfPF xifh]cff] gfrf]f  
gfRb}x]f]kBsf]kff xff]of]  
of]df\$fdf eng] logl d:s/f0gl  
a9b}cfkngf]nlo ofqf atf0gl .\$. .

u~hl gfgf gfbdf uGugf0{  
5d\ 5d\ 5d\ 5d\ 5D5df0{/df0{  
vNb}enNb}kBdf r66 9NsL  
ol kfM5g]Sof 5rNsL 5rNsL %. a; ff;a; ffaff x}j hōGtl ū.!).

Sf7df8f)



## nfU5 ; fRbf crDd

[czf\\$stdf/ nfd5fg\]](#)

dfG5]eGg]cd/ shdf hGdb}zfg af\$  
 /fkl cfkngf cl3 ; /; nf rfgsf rfgf  
 kVfēGbf klg cl3 a9l sd{ug{eg\$  
 dfG5]cfkngf lsg cd/df kg{dfG5]ag\$  
 f] ± ..!

Toful kVf{olk?ifsf Tofusf tl 0zf/  
 la; l{cfkngf cd/ultsf lbJo cfbz ; f/f  
 sNrl rfyf kbqnd ; a}cfd; Ddfg ef/l  
 nfluof]dfG5]lsg bghemag ljjW zsf/l .@.

kf/l lrNnf]dv xpon]bl6 ; ~hfn kmnl  
 cfkngf]csf]pk/ tnsf]eb bff xfsl  
 yfgf]afhl dgh lxtdf 3ft eb{; tfov]  
 cfkngf]dfgf] ; VbV u/l vfg cfkQ cfot].#.

5g]ahf j/k/ goff l; hgfalr ; /{  
 dfG5]cfkngf t hx/ e}89g nfluof]x//{  
 eb{3ftl db cwd e}ug{t]f] / d]f]  
 en]of]cfkngf] ; /; xl/of]cl:dtfdf 89\$].\$.

cfkngf]dfG5]kg lbgibg}jVtf; fy /fL  
 len\$bf}gfgf lgxf cultsf oftgfd ; d\$  
 a9g]dfG5] ; xh s; /l kmshf ; To; Dd  
 ofqf unf{sg ljhosf]nflu5 ; fRbf crDd ± %.  
 bf<sup>a</sup>

❖ \* ❖

## cl3 a9f}

[pdf ld>](#)

d /ftdf pbfpg] xf rGbf /; lnf]Tof]  
 d lbgdf pbfpg] xf ; öen xf lnf]Tof].!.

d cfuf]xf / aNb5' htftt}lr; ffxff  
 x/l atf; xf d g}p8fp5' whf]oxff.@.

d zflgbt xf x], czflgt kbffg vffib5'  
 cefj l; hgf xg, d lbGgf x] /f\$b5'.#.

d cfkngf]bz lglDtdf anl xg k/]klg  
 :j tGq n7g\lbGgf d, sxlf s; }u/]klg \$.

hnfpb} aufpb} s\$dsf uxfxz  
 d pa{f tNofp5'; \$dsf w/fxz .%.

g /f\$ x}Un 5\$ x}U cufl8 a9g kb5  
 rfgsf]; lfgdf, c8] a9g' kb5 ^.

sf7df8f)

❖ \* ❖

bl6 hf]glrtf lnG5 To; hf uj {/Vb5 .  
 sfu kmxf]df /D5, cf^g}gfd kmnfSb5 ..

b|6 /fdf]eP dfq, ; i6 b]VG5 ; Gb/ .  
 ; fu l; :g'ld7f]xG5 ; Gtfif ; vsf]3/ ..  
 -gltsf s'faf6

## goffif{ 6

cxf]kn]/ 3nb}

goffif{cf0f}

j ; gtl gzfd

8al dft nfof).!.

otf hf0 ahf

rdjhL / rdkf

khnL kih /fd

; xfP auif .@.

r/ln]; ' 15g)

cxf xf l dhfn]

/dl cfh xfg\

goff kfnjfn].#.

gbln]axf0{

/xsf]5 kfgl

lxpls]; knf Tof]

vgef0{hjfgl \$.

5 cfsfz legg

vh\$]pHofnf]

; w3fd 5\$g]

x6f0{tj fhf].%.

goff j if{eq}

8asf]5 nf\$

ehl ef\$-ltvf{

pdf/] hfz ^.

lat]cfh yk}

goff j if{o:t}

goff hfz Nof0{

lkmf\$ b?:t}.&amp;

spldhf nffd5fg]

; sgg\ l tgln]

goff sfd ug{

a8f]w{/fvL

v'zL zflgt 5g{.\*.

kt0f0{ k7flsf

; a}df0b5gl

s7}l bzjf; l

oxff cf0b5gl .(.

goff j if{; fr{r}

goff a6g cfpm

v'zlsf pd^a'ul

s/f egg cfpm .!).

goff sfd sxl

u/]kf]goff xf{

u/gf}eg] tf

k/fg}xg5f}!!!.

st}so}gxfcf] \

goff j if{cf0{

g/fpng\ s; h]

ubgf; f ; bf0{.!@.

oxL sfdgf xf]

ltdldf 5/\$f]

ltdlaaf6 d]

; bfzf u/\$f]!.#.

sf7df8f}

∞ \* ∞

## lj lrqsf] ; #f/

sp; kl=cf; f

sd{a6wg ; #f/ sdhjl ; a}g/

eflo sd{bj {a0n}bj }Ps sxff5 / # .!.

xffsf/ st}x65, xff; f\$]kn]/f st}

; #f/df st}3fd k/\$f]5, em/l st}.@.

sxlf5 xif\$]af9l ?jfaf; l 5 nf}st}

st}5 wgsf]j iff{df65]ef\$]5 x}st}.#.

5 dflg; st}bj To}dflg; st}kz'

/Qmkkf; 'To}df65]b]M65 ca s]egf\$..

lvtsf 5f8l ; w}xff5 d; fg lbg/ft g}

df65]lj ofydf ?65 b]sf]gfd ; lefb}.%.

xb}xf0g e6bf1 lg ; To xf]; To cflv/

5fg rfx] s]x6yof] vNbf]5 ; To cflv/ 0.^.

; #f/ of]lj lrq}5 lj lrq nflu5 nf}; a}

sxlf cfwf/ To}afRg]sxllsf]gfzjfg]Toxl 0.&amp;.

xfjf kfgl / cfuf]g}kf0fbftf ; bf log}

w}eof]eg]dfqf lj gfz x65 x}; a}.&amp;

; ltfk0nf, sf7df8f}

∞ \* ∞

xjf f

scfll zdf{

l; l; /{l; /{j}ldf xjf axG5 l; l; {l  
 xx' of x"of j}ldf xjf axG5 a] /l  
 obfsbf g l; l; {l g a] /l g la:t/l  
 / dGbdGb rfndf xjf axG5 ; :t/l ..!

j; Gtdf 5 of]s8f x'l ag] /f] e] s  
 sal4 bl6 j]v e] ljj \$xlg d9 e] ph08 b08 b]k e] 5 Ps lJzj zq'e] cdNo l; hgf lbg]j ; Gtsf]lj/f] e] .@.

ag] l; hgf xjf k]r08 u]id ofddf  
 ; kfq ldq Ps e]axG5 cEcEdf  
 ; wf; dfg kfg e] kljq kf]f bfg e] u0f ag] of]xjf axG5 lbJo 1fg e] #.

xjf axG5 zlt nl c; Xo zltsfnf  
 s/fn /fn of]agl kkfts}t/Edf  
 lr; f]r; f] :jefj nl lJiffSt j}efj gf  
 lbP/ Ps tf8gf xjf axG5 Jof]df \$.

dglo al4xlg] ; w]km ] df]df  
 lj rf/ zlStxlg] ; w]km ] nf]df  
 ag] nloxlgn]dglo aG5 x}xjf  
 ylg5 l; hgf ; a}lj rf/ aG5 x}xjf %.

sf7df8f}



d xFpGdQm dOndf

snflglw bxfn

5g So}cf; sf]cf:yf d xFpGdQm dOndf  
 ; d efsf eP k]5 a:tl a:tl cgGtdf  
 v]g l; sf]oxlf Ps pNnf; do k]ndf  
 af]g l; sf]oxlf Ps arfem]9hdhdf ..

t]off t]ft ; a}tf]f k]f]f; a]sl0f{; f] ol  
 lgGbfsf hfn Roft] x6fpn] 3f]k] ol  
 cGwljZjf; cf]v]f gkg]kf/l x]f]d  
 goff ; +f/sf] Hof]t df]l em]rlDslbG5'd .@.

; a]sl0f{:g]df Xjg :g] ; a]sl0f]f 5/l  
 c~hhldf ; a}cf]f c6fpn]d ; w]l/  
 d]f]eGg'; a}lJzj , lJzj sf]d laxfg xf  
 dnfo{d e/l af]g]d lJzj sf]dxfg xf #.

v]g ; S5g\ddf h]d}d v]5' logsf]dg  
 dgeGbf sg}xGg ; Tosf]cGo u~hg  
 dg leGg eP x}f dgs}dgsf dg  
 ; ldf nuf0{d]f]f]d ug]g q]bg \$.

ddf h]5 ; a}csf] csf]f d 5'; Gb/  
 Toxf] ; Gb/ k]m]b]5' ; ldf tf]f k]l k/  
 d Toxf] Dd k]g]5' h]ff; Dd /xG5'd  
 Roftb}6lqfb}h]f]7l k]m]l dfq /xG5'd .%.

of]k]nfj 6 v]rGg s:t'l-jf; gf gxf]  
 gb]v]klg af:gfd}k]ndfq /xG5 of]  
 sf]; Eb] oxlf gfs x]h]; E5 ; E5 of]  
 gfs g}gx]g]; fy gftf 66] s]eof]‡ ^.

.d]f]j u{of]eG5 ufoql hkl hftsf]  
 lgs]dfsf] u/l v]t l d x]g d]b/ftsf]  
 rsf]ls/0f 5g\df]f c]f]c]f ; hfpg  
 ; k]Zjf; u/l h]df tfnl Ps ahfpg .&

c/a<sup>f</sup>hgsf t<sup>f</sup> leq c<sup>f</sup> e0{/x<sup>f</sup>  
kN6]kxf8sf af<sup>f</sup>m x<sup>f</sup>, lx<sup>f</sup>; l; xl /x<sup>f</sup>  
c<sup>f</sup>tx<sup>f</sup>osf cfuf an]kfgl 5/l /x<sup>f</sup>  
zlt<sup>f</sup> t<sup>f</sup>sg]y<sup>f</sup> k; h<sup>f</sup>fdf e/l /x<sup>f</sup>.\*.

l; h<sup>f</sup>leq 5g) h<sup>f</sup>d} h<sup>f</sup>d<sup>f</sup> x<sup>f</sup> g l; h<sup>f</sup>  
Ps Ps u/l ?G5g]cGdf hGdl lt; g<sup>f</sup>  
r<sup>f</sup>x]j<sup>f</sup>j sf vfgl c<sup>f</sup>nt<sup>f</sup> dxnsf xn  
r<sup>f</sup>x]s]qd z<sup>f</sup>u/ r<sup>f</sup>sg] k<sup>f</sup>xf / ufhn .).

?G5g] tl knd}lrknl x<sup>f</sup>5g] pbf; bf; df  
; xf/f lhgbul Xj<sup>f</sup>g] al<sup>f</sup>s f cfz cfzdf  
r<sup>f</sup>sg' cf; n]e<sup>f</sup>bf cfk<sup>f</sup> n<sup>f</sup>sg' a9l  
ofqf cd/ pSng5 z<sup>f</sup>sf z<sup>f</sup>df r9l !).

Toxl ofqf d lx<sup>f</sup>b<sup>f</sup>' l9:sf-d<sup>f</sup>fg 505d  
leh]klg Toxxf PSn}lelhg]em/l emend  
lah]klg Toxxf s<sup>f</sup>pf PSn}; xgsf]e/  
c<sup>f</sup>lnP klg cfk<sup>f</sup> g<sup>f</sup> lg w<sup>f</sup> h knk<sup>f</sup> .!.

cx<sup>f</sup> l of]kysf]kf6f]sf]kfp5 /dfpg  
hNn]r<sup>f</sup>gsf]aQl hGdhft ; Sof]5g  
Toxl aQl ; hfP/ d dfG5]dg x<sup>f</sup>5'  
x]l h<sup>f</sup>d}ldnfP/ ofqfsf]z k kn<sup>f</sup>5' .!@.

of]ofqfdf st}x<sup>f</sup>g af<sup>f</sup>msf]af]emf]hu  
cff ' xff; f]xb)x<sup>f</sup>g, lxlnng]x<sup>f</sup>g Sj }hu  
; vblm oxff x<sup>f</sup>gg]p<sup>f</sup>ng]af9l Sj }st}  
t/ x<sup>f</sup>5g]oxff h<sup>f</sup>d}; fjo z k htftt}.!#.

5g So}cf; sf]cf:yf, d 5' pGdQm dQndf  
; d efsf eP kN5 a:tl a:tl cgGtdf  
dx<sup>f</sup>; fu/en5fn 5NsL 5NsL 55N5n  
h<sup>f</sup>d}leq klu<sup>f</sup>lg<sup>f</sup>o zlt<sup>f</sup>fe}dxfan .!\$.

sf7df8f}



## of] wd<sup>f</sup>fnf

vu<sup>f</sup>b|vf] f3/]

of]wd<sup>f</sup>fnf 3/ xf]s; \$f]  
ofqf e/l af; 5 of]; a\$]  
of]af; d}sfd lgsf]u/f]hof]  
e/]p7l hfg'5 v}sx<sup>f</sup> xf].!

kVf{; a}tl hg cfh 5g)  
ofqf e/]knls{P ; a}g}  
of]wd<sup>f</sup>fnf 5 lg Ps dfq  
5b5 nfvt<sup>f</sup>oulb]v yft @

IgoQm cfk<sup>f</sup>g<sup>f</sup> lbgsf syf tf  
n]vG5 kfnf]e/d}lgofqf  
n]b}enf k:ts, t<sup>f</sup> dfq  
l; kfn' dfq}z<sup>f</sup> e5{ofqf #.

laxfgsf]sfn / sd{hf<sup>f</sup>l  
k]:6G5 of] hlj gsf]den<sup>f</sup>  
; Gbf eof] c:t eof]; af/l  
pbfpbf]sfn 5 sd{ef0 \$.

cfibTo emHofjt 5/] lknb}  
1ftf uP g<sup>f</sup>tg 1fg 5f8b}  
kfn]agl cfp5 hfg5 w]  
lknb6]sd}1fg-; wf lkP/ %.

xf]sd<sup>f</sup>fnf alemp s; \$f]  
hf]sd{u5g]ze xf]pg\$]  
kn/G5 ofql t goff goff g}  
5 wd<sup>f</sup>fnf ; lboff{k<sup>f</sup>g}.^.

xf]wd<sup>f</sup>fnf lf0fj f; dfq  
d]f]egl aSg'5 Joy{dfq  
aem] ah]olb ufl<sup>f</sup> cGto  
rNYof]sx<sup>f</sup> ; li6 / of]cgGt‡ .&

sdflb ub{lhpg]; afn  
la; fpg]7fpf 5 wd<sup>f</sup>fnf  
?Ufn' kn/G5 eg]sg}Tof]  
e/]p7l hfg'5 v}sx<sup>f</sup> xf].\*.  
:j oe" sf7df8f}

cE<sup>f</sup>/ bfu g}kf5{an]jf gan]klg  
bl6 tf bl6tf u5{; fyl; Etdf klg .

clt ghlassf]j :t' dNoxlg cjzo 5  
cfEf; E}/x\$]f]Tof]k/hf g}cbzo 5 .  
-tltdfl7f s/faf6



# IhGbul IxBg] af6f]

8f= uful{zdf{

cufl8 dfq a9g]t of] hfb" h:tf] :j rflnt  
glxB] lg ws]n65 hfg}kg{k/k/ .!.

/f\$6f\$ st}5g ; +f/}5 vhf ; a  
7hf ; fgf ; a]g}Pp6}dfu{IxBg' 5 .@.

uGtjo gku] Dd cufl8 dfq nflg' 5  
; Jfkmf]htf x]f}bfk]dfu{zG 5 #.

sxff kloffegl x]f} dfq hfGg' 5  
kf0g c] s]l g}; eng' dfq vfln 5 \$.

; engf sMkgf ubkf/ ul/G5 IhGbul  
oxff 5g ; af/l So}c8lsGg el8df k/l %.

t]lg kns]dfu{gxbf b]n nf]b5  
To; h]eGb5f]xfdl l]Zj sdf{oxlf a; .^.

xfdf]lgdf] p:t}lgdf] nf}u/  
IhGbul IxBg]af6f]bfk]xg' kb5 .&

; +f/ o; n]aG5 ; bfaxf/ ; Gb/  
vflhg c] s]l g}; Vl aGg] h]g g .\*

sf7df8f}



# k?iffy{

u0f/fh sfkm] 'zfl08No'

; j fQd k]sfz}xf]cfzfn]u5{pGglt  
cGwsf/ dxf3f] lg/fzf xf]cwflut .!.

7hf] ; Tsdf{xf]khfebf 0]j/sf]oxff  
; j fQd 5 ; Tsdf{; b]j]Q sd{g}hxff .@.

dfgl; s klj q}xf]dhhfwf/ 5 ; fwgf  
rl/q sl; df wf]b]lv]of]oyfy]f #.

u/]hlj g cfkmg}kf]dfof / k] k0f{M  
ta hlj gn]dfof unf{cjzo ; To 5 \$.

agfpbg x]0] efflo-; Argfx]  
cfkm]hdf]f efflo]f]dglo u5{kf]a? %.

gk+s / lghlj efflosf]e/kb5  
efflosf]jfbdf kg]al4xlg dxfz7 ^.

k0osf]5 lgs}7hf]cfldlgdf]f-of]hgf  
of]cbf klg dflyNnf]k?iffy]5 efflodf .&

/ftfk]h, sf7df8f}



cEof; ef]eg]lg]o xG5 sfdf hg]klg  
kfg]sf]rf]n]lg]o lv0G5 kTy/]klg.

-tltfdl7f s/faf6

# d]f] cfbz{ ufpF

ufkls]f zdf{

.u08sU lfgdf of]f ufpF ; fgf]5 ; Gb/  
cGgkft lgs}knNg]pAhfp eld ; Dy/  
kxf8l vft]df a;tl Tof]ufpF 5 /df0nf]  
:ju\$]Pp6f 6qf em/]f ; l/ kfl/nf].!.

v]af/l 5 pAhfp tlg afnl ; b] 5  
; a\$]f 3/ 5g\ cfkng vfg klg]hdg 5  
gfgf hflt a; \$f 5g\ cfo{ ; :sf/df /t  
klj q efj gf /V5g\ k]l u5g\ ; a]; t .@.

lj Bfno vh\$]5 df]j sf]txdf Toxff  
; a\$]f afnaRrfn]kfP ; flf/tf Toxff  
k]/f u/] Tof]lzlff pRrlzlf Incf}egl  
wfp5g\ k9gs}nflu 7hf zx/df klg .#.

Toxff 5g\ sg}bauf cf/fd} fy la]b5  
xft; lv' l /x\$]f 5g\ ; vn]lbg s6b5  
5n sfk6b lj a]f kf0bg st}klg  
; Jf / k]l]f]efj en]sG5 dgdf klg \$.

ef\$]k]f vhf cf^a cgxf/ lgGofp/f]  
lrGtfu;t sg}jolQm Toxff kf0g g]5/f]  
v]af/l ; a\$]f 5g\ uf0{e}l / uf] 5g\  
dl7f]uf]; sf]dfqf 5]f]v]f]5 d:t 5g\ %.

; a\$]f]sfddf rf; f]WfpGgf sfd dfqsf]  
s/f sf6g]/ if8bGq /Rg]km {df 5 sf]‡  
ldNof]eg]sg}ajf ; Jf / pkf/df  
nufpg]5 of]afgl ; a\$]f]joj xf/df .^.

el]lj jfb b]Vg xb]g rf]sf]8/  
emu8ftu8f 5g\ ; a}5g\ cfldlge{  
ldhf; ; asf]/fd]efj gf clt prr 5  
ldqtf 5 ; a}7fpf pbf/ joj xf/ 5 .&

cfbz ufpf xf]eG5g\ b]Vg]; Gg]; a}hg  
of]xf]ls d]Vlsf] /fd] .o/]f]ko]l lr/Gtg  
oxff wflf]dfG5]5g\ pBf]l cgxf/ 5g\  
lj sf; ufp]sf]ug]xhf/f}jo:t xft 5g\.\*.  
1fg]j/, sf7df8f}



csf\$]dfg ugh]dfq ; Ddfg kfpB  
pHofnf]kf5{aQln]clg cfkrr'pbfpB .

-  
ct{al4 ba}tltf d]v]sf b/af/df  
k]fnf aRg ; Qm] wl/nf t/af/df .

-  
pRr cf; gdf a:b}dfG5]aGbg b] tf  
gxf0{bWn]lgTo uf0{aGbg Tof]uwf .

-  
pBf]h; n]u5{p; sf]xG5 pGglt  
cN5l :j ejf n]ubf{dfG5\$]f]xG5 bukt.

-  
wd{; :sf/ s; l xf]t]hnf]jG5 hlj g .  
vf/]f]; gn]h:t}rlDsnf]kf5{elf0f ..  
-tltdl7f s/faf6

# cfhsf] slj tf

asufjj Gb l3ld/]j ðdl0f

of]slj tfsf]xf]; l/tf g}cndl; t tntn cem uhasf]  
efj a9\$]f]s~rghEf lzv/l; t n6k6'c6n xf; nf]  
s]n cflkjg]xf]p; sf]t0f]km/s 5 ; a; l/ /hl; t dlxnf  
en]t/ xf]of]qñbg h:tf]axhg ; tn ul/a; l/ wldnf .!.

sfuh af6f]e\$g lx8g]dg-lj/x-; vb cgéj /l; nf  
?lkt df65\$]f]g6jf en]3hldn ; b6n ; bw/ hl6nf  
s~rgwf/f lgTo au\$]l c6n :jl; t ; ld/g gj /; sl  
uldkmt gfgf sflo-u0f\$]l ljut-gj-gu/åo; l/ emsl .@.

s]n PSn}k9b5 sf]l ; b-jlgtf t/ km/s sltkosl  
xþ{g; Sg]k9g g; Sg]sl7g snlift s/hs0f ; l/sl  
5g\ :lt ef\$]f nyg nuf0{cd/ tlnt ; b]j sndqmon]  
k9b5 ToNn]gq gls6g]uha rng 5 ; b]j; t clxn].#.

a9b5 wf/f zltn ; f/f hgfdg s0f s0f /l; s 5 clxn]  
a6b5 Hjfnf e6g 5 uf/f]HjInt xbo cemetet slxn]  
k]dn ufyf of]lj /xl]sf]goghn w/w/ ; a t/xsf  
e6g g; Sg]cbet k18f slj xpol; t ; d ; a hx/sf].\$.

zAb grf0{55dkf/l clvnhg ldnt cgkd 36gf  
uldkmt dfnf kth cg\$]f]pkjg ljsl; t cgéj /6gf  
l; lh{ nfvþxþ]slj sf]of]; /n-hl6n-kb ckb /l; ssf]  
y6s/xþf]k:ts rf^a}k; n-k; n 3/-3/ clegj sf].%.

tþlg gfgf l; lh{ sþyf clj/n kþsl6t ; n; n hnem  
/f\$g g; Sg]af\$g g; Sg]cul0ft cjtl/t 5 :yn:yn g}  
dfþ 5 s:tf]of]slj tfdf x/lf0f slj kl/>d cem lsg xf]‡  
vfln lg/fzf kf7sdf xf]axhg s|t ; a ckl7t lsg xf]‡ .^.

sf] u kfyr'‡ sf] u 5fþ'‡ cltrkn xbo w/w/ ?g'ef]  
sf] u ; fþ'cy{d vþh'‡ ljrInt dþ-dg-tg /gjgsf]  
tla] Joyfsf]of]5 esf/l 6g 6g ul7t kþ6 t/ alx/f]  
e6g xþ]xf]jf gxþ]of]dglglxt cnlkt ; tn ulx/f].&  
hf]kf6L sf7df8f}‡



Ij leGg Ij 1fkg,  
I; gþf, 6]n]kmNd cflb  
lv Rg j f ; Dkfbg  
ug{k/þf xfdlnf0{  
; DemgXf] \

Sof6 lehg kfþS; g kfþn=

📞 M (\* \$ ! # \$ @ # % ^

# Iktfhl

scrGbk] fb Gofkfg]

Iktfhl pRr xg\ b], 6x/f xg\ l j gf Iktf  
Iktfhlsf] u?f JofNof pRr dfg] oflottf .!.  
; a}k\5g\ Iktfhldf ; li6sf] lgTo-rqm of]  
3Dg]u5{; a}k\1cfzroif crld xf].@.

Iktfhl :ju\$ f b], ; \v-; Gb/ l; hgf  
s]r\kf0Gg vfh\lf ; f/f IdNb5 :ju\lf .#.   
kfgl kbf{xjf rNbf rs\lf 3fd pi0fsf  
Iktf 5ftf 5xf/l xg\ cf\ zltn ofdsf .\$.

IktfeGbf 5 sf] 7hf] prf0df w/f]/  
ef\$df cGgsf] kn\bf, Itvf{nf\bf ; /f]/ %.  
gb\sf kh xg\ kSsl, Jof\sf ofg xg\ pgl  
c\7]f\sf dxfldf xg\ 1fg\ ; j\rtf ug\ .^.

Iktf xg\ lz/sf 6f\l huthf0{lrgfpg]  
h:tf]l; x\ g}pRr dfg ; Dfg\ kfp\g].&amp..  
Iktf xg\ 3/sf] 5fg\] lh\bul cf\ cf>o  
kSsl 5fg\] ePd\ t s\g\ x\g dxfeo .\*.

Iktfhl wgsf kf\sf s\lt r\lxG5 P \lens  
9\6l wgsf] a\ l/IQb\g ; x; | 5 .(.  
kfgl; fu/ xg\ afaf rf\sf of ulx/f] s\lt  
; ls\g\ Toxf\ kfgl gbl ; fg\ lens\ hlt .!).

Iktfhl dfu{xg\ kSsl, x\sf uf8l ht\htf  
; xG5g\ 6\ 5ftldf r\sf u85 ; bf; bf .!.  
Iktfhl dfu\$ f /yf ; ls\g\ lx8f\ hlt  
cx\] \ cfsfzu\ufsf] gfk\gfk\] Toxf\ s\lt \ .!@.

vNnf cfsfz xg\ afaf x\]l Eof0Gg b\zo Tof]  
5f\sf 5gl ar\]f tl kv\lf x\] dfpsf].!#.  
agl bl6, Iktfnf0{s6lk6 u?f s; f]  
vgvf] | u0{v\} cem\phG5 cGg kf].!\$.

bl6 ef\5g\ eP ; f\g] Iktf \ Iktf \ ux\ P  
Iktfsf] t\h xf]; Dem 9\ u\}k\lnG5 tfkn].!%.  
af\h\l af\bf Iktfhln]ys\5g\ ol kxf8 g}  
kbf{r6bf\ a yse\ blgoff yy\l 5 x} .!^.  
kZrfQfk xg]u5{ga\ sfd u5{hf]  
Iktfhln]eg]x\g la\up\ lg sd{Tof}.!&.  
Iktf af\bf hut\ sf\5, 8/fp5g\ ; a\}t/  
s]ef]; Gtfgn]af\bf l\j gfc\ s\ff 3/ < .!\*.   
cf\gf ; Gtfgsf] lg\l t Iktf et\et hNb5g\  
; \b{g}xftn]5\l cf\k\g\}nf\ 9fsb5g\ !(.  
cf0{hN5g\ ; n\bf e\}lbG5g\ 6f9f k\sfz hf]  
Iktfhl xg\ 6\l aQl c\wsf/-l\gfzsf].@).

Iktfsf] dlxdf uf0{; ls\g\ sb\lk hf]  
efg\sf] t\h gfk\] ; Sg]JolQm ox\ 5 sf]< .@!.  
Iktfhl ; \b{xg\ t\h hut\ 9fSg]; dfg P  
5\g\ ; Gt\tdf e\} ?b\g\ ckdfgn].@@.

5f\sf 5f\l agl zq' ckdfg u\g\ hlt  
lr\gtf x\G5 Iktfnf0{lau\pN6f] ln0{ult .#.  
cf\k\h\l 0{u/] ufnl lr\gtf x\g\ Joy\lf  
lr\gtf r\}laluP e\g] Iktfsf] x\G5 efj gf .@\$.   
5f\sf 5f\l eP d\}c\k\ ; Hhg a\G5g\  
ku/l ; Tosf] nf\U5 d\]f ; Gt\l t e\G5g\ .@%.

dfgf] v\G5g\ v\6fPs\] 7fg\ ; Gt\l t xg\ h\g\   
x\ft 7hf] Iktfhlsf] k\y\ l\G5g\ lbbf pgl .@^.

; fgf] xft lnbf u5g] 7hf] xft lbbf pgl  
 dfgf] vfo{d/L afBj] lktf x65g] dxfugl .@.  
 hfpfp5g] e/hf0{dfof ; Gtfgsf] a9L  
 ln0{dfgf] lbg] kfly 5ftl gfk'5 Tof] sIt .@\*.

x6gg] v; l lktf sfk] d/kzrft] t bfgn]  
 j4fj :yf lktfnf0{lhp}u/ dfg P .@.  
 hGdbftf lktfleq bof x65 ; dfg P  
 ; b{9fS5g] huthf0{5 sxff ckdfg P #).

lktf vfgl bofsf xb] ddtf prr 5g] hxff  
 ddtfxlg x6gg] pm dfosf] hfn ; li6df .#!.  
 /aueb tyf hflt 5g] eb sg}klg  
 ; fbo b[i6 lb0{ ; b{afh}f] dt{hlj gl .@.

lktf To:t}dxfg] sd{ ; b{h:t} ; dfg 5g]  
 9fs}f 5g] ; a}km{5f]l ; Gtlt /Vb5g] ##.  
 kv}f sv/lse]rNnf 5f]o5 pi0f bl  
 5f]5g] ; Gtlt nf0{lktfhln]s; }u/l .#.

lktfhlsf] u{f ; Jf ; Den st{0 of]egl  
 d/kzrft] lbg] kf] f] Joy{a6b5 bfg lg 0 .%.

I; GwkfNrf\$



st{0 5f8g] x6g bMdf hlxn] klg  
 wtl{ol 3bl5g]gTo h:t}afwf k/] klg .

-  
 sfd ubg] hf] dfG5] vfgfdfq krfp5  
 Tof] dfG5] lulGtdf x6g Zjf; dfq}arf5  
 -tltfdl7f s/faf6

## sDan-aw"

8f= 6lsf/fd clwsf/l

lyPf of6f bMl; /x gxbf of]3/ pgl  
 eh\$] hfil en]j kl/ huf0\$g wgl  
 3dl hDnf-xDnf ljs6td d:tf^a / du'  
 cs:dft\ lemoPF clt /x/n]sDanaw".!

5 kf]f]l h:t}u/d t/ 5fbf g/d 5  
 ; w}Rofkl 5ftle/ zx/ of]3dg dg 5  
 :jej]n] rfd] cltzo g/fd] t/ klg  
 tlff/fd]f v]bf pm] u ulx/f]b]5'; kgl .@.

5 5f]l of]df]l lx88h xbf af\$g ; lsgf  
 r9P yf]nf]f tntn pm ; 5]lsg lsg ±  
 /df0{lemoPF p; lbg gx]lsg lrdf  
 l; fp en]u5]d; u k/ ; 5]5 dlxgf .#.

; a}eG5g-yf^a]b]lbg]lbg t]f dflg] l/ cx]f]U  
 g lnx5; lTof]lhdf x/; do l6af l/ ssf]  
 dnf0{of]nf6l lbg]lbg 5 hftl lz]z/df  
 g lbg5]af7ln]; vzon o:t]wgl gf \$.

5 gf^uh:tl of]g dvdnsf]vfh tgdf  
 g asf]{of]rsf]u/d ; gsf]rfx pgdf  
 o; n]of]vN6l gul/sg uNtl 5 el/b}  
 v; laf/f ; f/f g/hlg 5 d]f]nxi/b}.%

log]lbg5] tftf]; v klg v/fgl ; l/ agl  
 ; dxflN5g] ol xf]b]k]t]lbg l; /fgl; l/ agl  
 s6ldf lemo0{clt g/d of]sDanaw"  
 ; a}1fgl ko5g]k/d; vsf]; fb/ dw'.^.



sf7df8f}

# != **sIt-dfwb{**

**7fs/ zdf{**

; |6f ; bf af|b5 ; |i6-; f/  
; #|i6sf]of]ul/df ckf/  
; #f/ ; f/f ults}5 cy{  
xG5g\ a}/Tg ldn]sItfy{!.

of] lboJotsf]/ ; dfw/l xf]  
; fbo{eg[gj d-h/l xf]  
wtl{ kmh\$]clt; ldtfdf  
el6G5 leq[tx k0fffdf .@.

cfgbbdf gGbg lelqPsf]  
; flftl p; \$f] ; drft'l xf]  
klo\$; fbo{ln0{; h\$]  
wtl{; a\$]dgdf a; \$f].#.

hljGt kjfledvl ag]  
utjo afg]s[tdf pg]  
dfgl ; yfdl dbleq xG5  
; fbo{5g[gj kfq aG5 \$.

/df]5 cfkng}3/-cfug}of]  
; Tsfo\$]lbo; wf ; dfu\$]  
lj afgx{df lj blflx{df  
emgf{ /l allb5 k0fffdf %.

cfbz\$]bl|i6 lnP/ cfP  
; Tfkqng]gw/0f] ; hfP  
of]ljzj dfoklt cflf/fu  
x6g] efg]ultdf /dfP ^.

z^uf/ xf] \jf gj/Tg s]x  
; dk0f{cfldf dgdf ; h\$]  
cfvflagfsf]cnkq b]  
; fbo{eb{hudf /d\$].&

x]f]xdfnl w/0f] vh\$]  
Tof]prr cfbz{ln0{emh\$]  
8fkm/d\$]5 :jo+end\$]  
enNsG5 d]}dgdf 3d\$]5.\*.

; Den] lrqfa]st e}/d\$]  
cfgGb gGbfst e}/r\$]  
aG5g\ goff cfs]t ol u/fdf  
5f0G5 sf]ofdt of]w/fdf .(.

dfwb{eg]s[tdf ; hf0{  
/dg]; bf g}d6S}/hf0F  
cf8la/l xGg ; a}; 'j:y  
:j tGq allg]kl/k0f{xG5 !).

j fl; Nosf]efj ; /l 5 ; To  
s6flbsf]n] xbg tYo  
el6G5 To:t}ax'a]u ; |6f  
bjVG5 To:t}axwf ; bj6f .!!.

cf8la/l vfh Toxf xbg,  
t]sfm x]f]f0f bl|i6 5g,  
cfszh:t}ljkhf 5 bl|i6,  
c6g]; a}xb] dgaf ; |i6 .!@.

of]lhbul xf] gj glth:t}  
5fP To; ja]b5 ; f/ To:t}  
PStjdf /dg ; s]5 1fg  
cfkng}5 To:t}kl/wfg zfg .!#.

ltd]5 zf] ej d'sy]P  
; dk0f{cfef s[tdf /; fP  
>4f 5 o:tf]slj tf /r]  
k0ff]df ldNb5 g}ud].\$.

; f]bo\$]vfh u/l /dfPf  
cfkng}s/fdf w/0f] ; hfPf  
; dk0f\$]of]lz/ /Rg ; Sg]  
of]cu]fdl xg sf]5 /f\$g].!%.

\*

# @= **kFy/f**

hns0f- ; /- ; l; -slyt- ; hlnt-jbg 5  
bzo w/falr syf cf:jfB ; wf/  
vnan-vnan 5gdg; l/ s/d z/0f  
nl Joj xf/l klq cfgGb lkq ; f/  
5d-5dnd-nd-r/0f ; tx rn-crн 5  
p85 r/fwfd 5 ; Jfdf ; a Jo:t  
hg-dg-tg e/0f ; 'letn 5 t/n t/  
cft/ x]f]hn k]fdf dbd:t .! .

k]lt-r/d- ; v-xl/t-dph-s'; d-wj n  
sflgt ; bf lj:do wtl{pj { wf/  
uug tn lxd-ds6 wf ; 5lj ze-  
sflgt ljgt zf]pHHjn ; f/  
; /- ; sn-sn kmgg kjg ; ljrн ; /  
; Gb/ ofjl; l/ a]dfgGb ; dfg  
tn-tn s]ifwg cem tn ; an 5 zx/ t  
eflift ; jf]u lbg\$]o1-lj wfg .@.

clj/n-hn-yn ; hs /lj bn lbg-/hlj  
; l:dt ; #sf/ 5 ulg}nfos d-r  
; ud wg ej ge/ /d0f culnt k]lt  
zf]j t cfsf/ lbPSL jfl~5t wGo.  
x/-x/ dg ; kmn lj lw-lj lj w-lgod-slt 5  
cf>o t]j f]j odf dStfno ; f/  
lj 6k-j g-e]0f ; hg-hg ; sn ; lw-wg  
cf-lul/ c]t dlxdf dfnf 5 ckf/. # .

w]af/fxl, sf7df8f}

♪ \* ♪

# bzsf lglDt ; f

18Nnl/fh coff

dfl, sfz, c?of, sdnf, u08sl 5g\lg; fgl  
df5fkR5]lzv/ cyjf cGgkOff{hjfgl  
a:5g) aU5g\crn uxgf bzsf]o}ghfgl  
nf6f a6bf c?-c? ag]cfh /]efflodfgl .!.

; }f /fdf lxdlzv/ tl v}, af/l / tfn  
df5] kG5l, kz' jg, gbl, kf5b ; Nnf / ; fn  
8fbfsfbf rp/ logsf]u5{sf]b}efn  
ol d]}xg\ dl; t logsf]; fy nf}xfnrfn .@.

o}df6fsf]s0f s0f ldnl l; lhPsf]z/l/  
xS\$]xf]dgh o; s}cGgkfgl lkP/  
xdf]cfkngfkg 5 o; d}hfg hf]d]6P/  
; fRr}d]n]:d/0f gu/l ; S5's]eNg Tof]/ ± #.

kf6l, wf/f gu/ jgsf sfd jf 3ff kft  
h]h]5g\ tl ; sn kl9g]cfhsf xg\l stfa  
k9g]df5f 5, k9 o; /l a6b5f}s]chfg ±  
eNb5f}s]ky cem lndl bzsf gfhjfg\ ± \$.

cfpm cfk]cl3 a9, k9l aeng ; Sg]lndl 5f}  
cfkng]df5]blvt, ddtfxlg 5g\ xg\{ ; S5f}  
cfdf-dfdf ljjz o; /l bzd}5g) lndl 5f}  
bMl cfk]lsg ljsn 5f} bzd}x]kb5f 5f}± %.

gf/l, af6f, jg rp/ h]a]rP, af]nPg  
xdf]cfkng]3/ gb gbl v} s]a]rPg  
dfof, ; }f, kf]fo ddtf, ; Dengf So}/xg  
af]g]xfdf d\ v klg lyP, lsGt' So}af]nPg .^.

; fg]vflg]xs klg uof] cfh v}s]oxff 5 ±  
lbG5g\ dfu]lbg 5 ; lhn}hjh, ufhf bafa  
Nofof}ef5g\ cem klg ltg}of] khftq cfhU  
s:tf]xfhf ca lbg]lbg}x] xfd] ; dfh ± &.

csf\$]f e}x/lbg /Xof}:jTj v}± rflxPg 0  
aen]kg]sItko s/f v}aen]f ± alemg  
eG5f} cfkm]k/jz eof} vfh cl:tTj, xGg ±  
x]l ; f]l xs lgodd r k e}a:gkGg \*.

k}f ufhf kb hlt ldnf] \ bzsf lglDt ; f]  
hfg]aen]lt/ clnstf nfu cl:tTj vfh  
cfkm] cfkngfkg, xs ; a}x]5g\ hf]5 h]5  
xfpm df5] ; /n dgsf] bz cfkngf] /xG5 .(.

dbgkf]y/f, kfNkf



qmf]vn]s}0ff df5{z/l/ df5{alvn]  
ha g]stf d5{cfdf db5 0vn].

u/ ; a]ut 7hfsf]7h}j }j lNb5  
5f]fsf]dltdf nfu]5kf/}klg lgNb5.

r~rn]b] tfeGbf cf:yfj fg\ b]o pQd  
5kf/f]fsf]snfeGbf ; k]f] rfn pQd .

gf/l-k} ifdf e]5g eG5g\s/f ; xl .  
bwaf6}ag]f xg\ t/ g]f v]f bxL ..  
-tl tfdl7fs'faf6

# of] kīhaf/l ; an] ; hfcfF

lxdfnh:t}z/ zfg 5fP  
cg&t engf; t hDhdP  
g; f g; f /Qmpef/ 5fP  
pT; u\$; u\$; hP .!.

kxf8 yfd]an kfV/fn]  
; t]t/f0{hnsf shfn]  
g eB dfl g t eB sfnl  
df6f]arfP ; an]cfnl .@.

g hftsf]eB g wdB  
g j0f\$]eB g lnEeB  
efiff sg}E lyPg eB  
pbf/ ; \$sf/ sxflj eB ± #.

cf]f p7f0\$g hf0nfu]  
lrg] j}l v\$]l p7fP  
cfkn]tdf d}h ; w\$u/fP  
o/fi6sf]dEn ult uP .\$.

KVf{lyP j/] / :j fledfgl  
au]sxflv}enem]hj fgl ±  
; a\$i6 cfP ; a kf/ nfP  
st]l/en0{g t uff vfp %.



5f]al4 xg]f6 a9l cfzf t Joy{5  
hgf]cfsf/sf]3f]plQ g}hn c6b5 .  
-tltdl7f s/faf6

etly{fh clwsf/l

To)Qmsf]cz / j znfo{  
s]ug{nflof]s; n]hwf0{‡  
gzf bzf of]lsg xf; xfg  
w/f u/fdf lsg l5gleg ± ^.

; flxTo, ; Elt, snf rBf0{  
; \$sf/, lzlf, ky 96d\$g0{  
lj rf/df nflu5 kfnjf s]‡  
s]lhTg ; S5f]h8 kf0nfni‡ .&

en] ] cfuf]; lsnf]snfdf  
p7hf / df5]hu sb]ynfdf ±  
jl/Tjsf kj]hsf lg; fg  
d}f] el6g st}laxfg \*.

bef]gfsf]kl/0ffd lrGtf  
lj gfz v]o]/; /fu kfNbf  
ldn] hDd}ca b} uspf  
of]kthaf/l ; an]; hfcf].(  
; :j tl gu/, sf7df8f]

# rflyf ej ; wf]klhG5

etqnf]g cfrfo{

rflyf]ej ; wf]klhG5, hudf df5]ghffg]5 / <  
kfgl cdlt df5b5f; snn]rfy}xbff xg / <  
rflyf 5g\slt ; li6sf k\$[tsf df6f] / 9Ef klg  
rflyf afnssf lj rf/ /l; nf dflgG5 h]x]klg .!.

rflyf 5g\3/ uf] jf rp/ ol /f/f / /fgljg  
rflyf 5g\lxd tfn ka{ rhl ,rflyf snf hljg  
rflyf v} ls; fgsf xbon]n} /fk] l/  
rflyf 3fd laxfgsf xbo g}vfh] /fv] l/.@.

rflyf Tofu ; xlbsf z/bsf pBfge] dldu  
rflyf /fu j ; Gtsf sxsx"ufgf w/f hldu  
rflyf lgd} /lo elo /l; nf j}fvsf kfnjf  
rflyf zfbt ; db] jf gbgbl rflyf whf afnjf #.

rflyf a'4 kf'4 xf/ ousf gf}hfv tf/f; l/  
rflyf o'4 :j t6q ug{hggl vNbf] l; tf/f; l/  
rflyf]1fg dxfg]lbo 5 lahhL knNg]c]lbf]fkg  
rflyf]af?b zlQm zfg hudf rflyf eP ej gf \$.

rflyf]k/] / :g] :jR5 lbn]rfy}5 h7f]klg  
rflyf]u8u8 ej d]o' klg xf] rfy}5 sfn}klg  
rflyf]/ft eP ; kif lbn ; wf, rfy}5 uNtl klg  
rflyf]ldq eP ; a}hut of]e]6G5 rfyf]agl %.  
skg, sf7df8f]



## ; Ddfxg

eg/ib|k/fz/

d wfgafnf; Eu lnkt xG5'  
 d aß kofnf; Eu blk t aG5'  
 d rlfh] rD5' ljeft-kft  
 d xG5'; Ddfxt bzo; fy .!.

enbß engf{dgleq w]  
 p8bß kG5l dgdf rsf]  
 kUn] km] lgdlg; fy  
 d xG5'; Ddfxt bzo; fy .@.

g vß 5g\ v}‡ g t 5g\ l j iffb  
 lan] hfG5g\ Cthqm fy  
 goff goff gf6ssf hdft  
 d xG5'; Ddfxt bzo; fy .#.

d :j fbnf0{clg zbnf0{  
 d :kzßf0{klg bzo dfG5'  
 r}G0 bßf; Eu xG5 dft  
 d xG5'; Ddfxt bzo; fy .\$.  
 rl/sf



hlj Gt aGgsf nflu ; aßifugkbß  
 j iff\$] kfgl] xGg gbldf 8Ag' kbß .

bMvdf cfQg}xGg ; vsf] lbg cfpß  
 baf]; S5 v8] ldf kfgl kbf{knfpß .  
 -tl tfdl7f s/faf6

## kfo-pT; j

egf/bdl0f kfßdfn

; bdf/l sdf/lsf kb rNdn-rNdn  
 c E-cE r9bf]/E t/E Nof0{vnAn  
 ; bdf/ sdf/ln] vfjh] kq y/l-y/l  
 kof cft' b]vG5g\ kfßkofnf e/l-e/l .!.

cfuf] bGbg t[0ffsf] lbnsf] ulx/f0df  
 pnßf] ejh xf] aß xbß kof/sf]; ldf  
 bj }w8sg ofß}ef] sTsItG5 To; }dg  
 j ; G5 kof/sf] j iff{lal; Q{cgzf; g .@.

aHof]; Etsf]/gsf] ksl[t?k kf}if  
 zltsf] ljbdf 0Gb' 6INsIbG5 cxlgß  
 kq 9Ef ktn] kth kfßsf] 8fnldf of  
 dxfeßksf] sDk h:tf] xb}uof] ptf .#.

dßdf dß' ; flG5 dl7f] kfßo-aßwg  
 5rINsof] goff aß cfuf] 5 bGbg  
 kfßsf] a:tldf d:tl lk/tl kft-kftdf  
 t?dfly ntfh:t} kfßdsf-kfß sfvdf .\$.  
 rl/sf

nHhf Tofu] knG5 knqfb}dg ; fx;  
 kfßs}rqndf 3D5 kof/f] kfßo-pT; j  
 dxflj nf; sf] cf; kfßsf] kfly/l e/l  
 Psßtsf] außfdf kfß-klk y/l y/l .%.

afrf g5l66g] ub{c aßsdfn cem]s; l  
 sdf/l ; bdf/ldf kfß a9bß cfk; l  
 ; S; bfogl ptf kfß ; bdf/l Toxl kn  
 eof] cfgßbsf] j iff{dg kf/] zltm .^.

n̄vP k̄sf kq klkuR5f y/l-y/l  
 unfdf k̄sf] dfnf slbP/ snfe/l  
 ; hf0{v' ln] xff ]p8] Psft Jofldf  
 lbg] k̄fosf] cs{5g So}dgsf] ; ldf .&  
 skg, sf7df8f}



### ḡfn-; flxTo ; dfhsf p27ox̄

!= 'zAb; fu/ ; Ddfg' / 'j ; Gt-/fwf kBsfjo k':sf/sf] Joj :yf .  
 @= lj z'4 ; flxTo; Jf .  
 #= ḡfn-j zhſf ; flxTosf/ ; dfh; Jl, snfsf/ cflbsf] klxrfg  
 u/l ltgsf hlj gl kſfzg ug]/ ltgsf] gfddf ; Ddfg, k':sf/sf]  
 Joj :yf ug].  
 \$= ḡfnl eſiff, ; ſſlt, ; flxTo, ſnf, lj 1fg cflbsf cdNo  
 cg' Gwfg-uſyx̄ ſf] kſfzg ug].  
 %= ḡfnſf] ſbf-ſbfdf / xſf pkoQm lj ifosf cuh JolQm j x̄ ſnf0{  
 ; Ddfg ug].  
 ḡfn-j zhſf nſſf lj lz16 JolQm j -wſld ſ, ; fdflhs,  
 /fhglts, P]txfl; ſ, ; j f:Yo, lj 1fg lf] ſf] gfnla]h, l  
 hlj gl j f hfgsf/l k7f0{ o; pTſ[6 ſfoſf xſt] ſfnf]  
 u/f] .

ḡfn-; flxTo ; dfh  
 rfa] ſf7df8f].

; Dks{

zAbfy{ kſfzg

rfa] ſf7df8f].

\$\$(&%!÷(\*\$!-\$%!)

Email:nepal.vk@hotmail.com

### dxfslj b] ſf7

gf/fofbQ zf:ql

ḡfnleq ; dtf x̄gk5{eGy]  
 /f0ff-k]zf; ſ-lj /flw eg] uGy]  
 ol qmGtsf/ ſlj df u0fgf ul/Gy]  
 x]f{l; wf t/ ſ8f tu8f elgG0].!.!

/fhf / /a] ſ wl/ Ps ; dfg b]y]  
 bMl u/la hgsf] ſ6'dd{n]y]  
 ; Jf cdNo wgsf] dlxdf lk]hfy]  
 cfkn]u/la ; l/ hlj g Tof]uhfy].@.

of] xf] agfj 6 ſ/f ; a hftet  
 Ps]5 dfgj oxff lsg klfkft <  
 dfg5]; dfg aem dfgj tf 5 7hf]  
 eGy]5j f5t klyf lk]tnf]/ nhf].#.

tf]y] r]f] klg ſflosnf pdfb]{  
 dl:tis ſ]b]t/ ej goff ptfb]{  
 x]f]yP nxl8 en]dg d:tsf/l  
 aen]bf ; dfh lxtsf/s qmGtsf/l .\$.!

; fRr] dbfdbgsf] aem cft]fb  
 of]lj zj g]rlst aGb5 ; noj fb  
 ct]gf pbf/ ſlj tf hut}lk]hfy/]  
 dfnf pg] ſlj ſflosnf l; lf/] ſ%.!

Tof] kf~ref]ts z/l/ uof] tyflk  
 ; Ddfg ej a6hf]; a xft yfk  
 nldlk; fb ſlj ſf] ln0 lg]o gfd  
 >4f-hnl; lxt ub5' of] k]ffd ſ%.!

tgxf



**dfof**

gf/fof gfn

sfdb]lj if]em] kln] kfl xbf d:t y]  
df5]pi0f e0{ns] slxn]kfl 5bf d:t y]  
sfxnf}e/ ef]/ hlj g 5 /]cfgbsf]zflt 5  
sfxnf}3/ uf]/ /fpg 5 /]; Da0wdf efgt 5 ..

gftf cft kf]h; }; nxn]ptkfbg}xf; ef]  
bftf ; ft h6]st}kpfjn]; #f/df cfz ef]  
Jofkf/lsg of]5 rlh k/sf]vfrf]eof]lhbul  
hfb"xf]lg st}s/}/x/df ; frf]5 of]lhbul .@.

df5]s]t aem]5 sfgt p; df dfof sg}z1Qm]  
Eofn]6f0g gfl; { ; \dge/L 5fp o; }z1Qm]  
dfofn]sn/fy 6fg{; lsg]dfof eP afxgf  
dfofn]knhf] kfg{; lsg]dfo}5 nf}; fwgf #.

dfofn]3/af/ af]g ; lsg]; Dk0f]f 1ft xf] /  
dfob]t/af/ efRg ; lsg]dfof ; w]; fy xf] /  
gf/f Ps ; a}; bf hlkhl gfr] afRg] ;  
; f/f of]hudf sxg]; a y/l dfof / dfof c].\$.

sf7df8f}



clcfg ldl 5f; ; a\$ f lkf a6b5f}.  
lzz; f u0{ ; f, sf]ldq eg zq' nf}..  
-tl tfdl7f s/faf6

**=gfnnf0{**

ck0fk\$z gfn 'ofql'

; bfrf/sf kfq a6bf lxt]l  
ag]; li6 ; df6 df5]lj j \$l  
tnfdfly sfkl 5b}5g hft  
pxl /ft B" f]pxl ; flem kft ..

; /l ; ; f] a] /l kfp 5f]l  
ldnfP/ 6f]l ptf avv' wf]l  
; u}d-rdf Pstf ult uf0{  
; xl sfdfg kthsf uR5nf0{@.

; gf]f agl :j kgbf]f kft  
e]g] Pstf ; qdf >l j ; ft  
snfk0f{ ; h]j gl zAbIrq  
k]f sf]bl ememfpg] l]l rq #.

nuf0{ dgf]f] :j R5fbj fbl  
grfp]l k]f sf]nf qmgtbz]l{  
9s] f]uyf; f]/ kf; f]gyfkl  
aug]zAbcfnk klofj if{ \$.

; bf snkgfsfzsf l; h]fsf]  
k]otkgtf vNg kfcf] l dhfsf]  
p7fp]l h?ss}/ gfnnf0{  
dgf]f]udf dlw dfwb{ Nof0{ %.

skg, sf7df8f]



cfwf/ lng' 7hfsf]kmf0b}xG5 t]j tM .  
l; kldfly em/l yf]f df]l a6b5 cflv/ ..  
-gltsf s/faf6

# hafkm rflxof]

sk\$ fzdl0f bxfn

5 zfgsf] / dfgsf] lj nf; sf] klyf oxlf  
 5 cf0gfbsf] tyf, lj iffbbsf] syf oxlf  
 5 rfs8l / wfssf] /afkmsf]dhf oxlf  
 5 3f] jøgf lbg]0dfgsf]; hff oxl .!.

5 /tg dNoxlgem] ; 8g afnb Tof]oxlf  
 5 dNoxlg kq'rø ag] kHø Tof] oxlf  
 5 9f]sf] kmøsf] kj~rgf 3gf oxlf  
 0gfd cf; lkgf 5 lgZ5Nof0lsf]oxlf .@.

5 gfr glgg zlQnsf] 5 zf\$, ef\$ 33/  
 dglosf]dglodf lj ellifsf 5 aa/  
 5 /Qndf gxfpb]:j /fi6< a'4sf]oxlf  
 36fp-hfØ cy\$]5 vā df]nbf]oxlf #.

oxl dglotf ls xf] ls bøelQm xf]oxl <  
 ls ; f/ wd\$]oxl, ls /fh3d{xf]oxl <  
 vhfvhf, ; kf; kf hafkm rflxof] Ø  
 hafkm]j u\$] hafkm 7f] rflxof]< \$.

rfajh, sf7df8f]



cflm}PSn}; a}u5{eGg]kfq t dø xf].  
 s]x166dfpH]JofØ /f\$] /f]sg]t ef]<  
 -glltsf s/faf6

# ; Gt z}fg ef]

skef es/f0{

hflu/] tf lu/]utøefl; P  
 sd{f/l sxff < sd{g}dfl; P  
 aGb g}aGb]dGb Jofkf/ ef]  
 Hoøsf lgldt cfwf/ g}wf/ ef] .!.

l5gleøg}eof] zfltsf] sfdfg  
 kth ?G5gl s7}Ø lgTo pBfgdf  
 ; li6df /flknf] /Qmsf]j li6 ef]  
 :jkø dfq}eof] zflgt ; dl4sf] .@.

hf] g)hf]df xf] uøb}uof]  
 bf] g}bf]sf]rqm 3øb}uof]  
 5g ; Gt16 Sj }?i6 ef]bø of]  
 af]geøbf rk}a:g'g)aø ef] #.

zf/bf eQm]s]u/] < s]u/] <  
 Wj + -lj Wj + sf]crøf kf]u/] Ø  
 cf; h:sf]lyof] To}aglauf; ef]  
 qf; g}qf; df ; f; p5j f; ef].\$.

5g ; jøgf jøgf dfq ef]  
 zfltsf] sfdfg of]hgf dfq ef]  
 a'4s)bø of]o'4-døfg ef]  
 s]eof]< s]eof]< ; Gt z}fg ef] Ø %.

txfrn, sf7df8f]



## gf/L

skpfnfb kfyl/j

; j gfgo ; 3}gf/l cfdfsf {kdf a; l  
 ; j { jB 5g\gf/l oj tl;k pj zl  
 k\p; l k\tsl k\h gf/l of}gsfnf  
 Sdglo snf-sfftf lszf\l jo xfndf .!.

gf/l hljgsl Hoflt ; |i6; f\bo{flxgl  
 gf/ls}e/df rN5gl ; |i6-df-gj-hlj gl  
 ch; | ; ft pihfsl gf/l hljgsl hu  
 gf/ls}gj pihfh]lhgbul aN5 hldu .@.

st}zf; s 5g\gf/l, st}; flxto; fws  
 bflo\j ; fy df\bf\g\ clwsf/ tyf xs  
 st}jl/f\ugf gf/l, lj blf\ 5g\st}st}  
 u\ofl 3/sl nldl gf/l/Tg htftt}.#.

5g\ xdf\ 3/df gf/l ; fRr}; j f\l r zf; s  
 k\Gt' b\zdf 5g\gl cem\ /fdf k\zf; s  
 k\zf; sx\ ; Den\ gf/ldx\ ej s]egl  
 /fhglit1n]n\y\gl ; j\w\lgs hlj gl \$.

lx\B\gl ; ~r\zgf af\\$, ln0{p\ts\6 ; Dan  
 gx\gl ; j\B\glfixlg gf/l ca\gl b\gl  
 cu\gl pj\{f zlQm gf/l ; |6f ; gftg  
 gf/ls}:g\ kfp/ x\ls\gl\ hghlj g %.

cwf cfsfz 9fs\sf gf/lsf dgsf s/f  
 a\em klu\5 tfs\sf c\lnf]hlj g-6fs/f  
 g; Q\l a\eng gf/lsf kl8f, q\B\glgsf :j/  
 nyfln^u etfe^u gf/l-hlj g-clf/ ^.

sf7df8f\}



## d\Jf] b\z g\kfn

sk\ff nD; fn

dnf0{t d\Jf]b\z ; fRr}kof/f]nfU5  
 b\z ag\kI5 d\Jf]ef\\$ lt\vf{efU5  
 g\kfn xf)o; sf]gfd clt /fd\]5 of]  
 klxn]t /fd\]lyof]lsg o:tf]eof].!.

xf\]sf\ b\znf0{hf\]fP/ /Vg]  
 clxn]g]ltdl-xfdl lsg xf]lg yfSg]\\$  
 xfdl]of]b\zsf]dg b\vfpg x\g  
 b\znf0{sx\]st}en\sfpg x\g .@.

htftt}xl/ofnl hn To:t}e\5g\l  
 hn; f\sf]bf\ f\]wgl g\kfnnf0{u\5g\l  
 olt /fd\]b\znf0{e\k\]f]glauf/f\\$\  
 xfdl ; a}ldn\hhl b\znf0{l; uf/f\}.#.

; \f/s}c\lnf]lzv/ o\l b\zdf 5 lg  
 ; u/dfyf To; sf]gfd geh\]x}xfdl  
 u\]d a'4 z\gl\bt o\l b\zdf h\6d]  
 xfdl klg z\gl\bt Nofp\l lsg kl5 x6g]\\$ .\$.

/fli6otf en\sfpg] nf\lu/f\ 8\km  
 hf\]fP/ /Vg ; S5f\g\kfnln]cf\]  
 To; j\]d e\5' lbb\l b\fh' a\gl ef0 \l  
 p\gl\tdf 8\]ofpb}nu\}b\znf0{.%.

sf7df8f\}



# cfux M j ; Gts}

afh/fd kf8jh

rfhl kfl6; s]u6o"/ k6sl wfuf 56\$; a}  
; \$jl gag] l56b5 tbf uff/f] gk6g] st}  
rNf] nlp/x5 cf8n lr/f enb6u/\$f tn  
cfk6f] ufpf pt}5 of]zx/df sNn]sxff lr65 / ± ...

lenNl enb5 kft lga6 xfjf x/l klnbf  
d]f c^u lj bl0f{5gl lxpbd f; f]l; /f]5bf  
affef]ef]lzlz/a^u ju6n dgf ; Qm x5ffg  
d5g\ ; Gb/ kf0nf lj/xdf af6f] gkf0\$g ...

of6f ; Gb/ jf; a65 jgd}k65l ag\$]xbf  
cfk6f]cfldljef] x65 ozn]dff5]dg]5bf  
h6d]l; h6xtdf ldngsf] ; f]ft x65g\ eg]  
d]f]cfug kln5 To}/x/n]jf; Gt la; fpg]...#..

kfvf]kln5 3df0nf]ca oxff 5fof agl /a^usf]  
5b{x/x/ af; gf ; /; sf]a^fv cfg6bsf]  
gf]f]klkk/fu l6k5 lahgf cfzf pHofnf]xbf  
nf]l ; Gg ?rfp6g\ ls canf afhl vhf e6bf ...  
hf]kf6l, sf7df8f]



cf^g}xpoof vfh]e665g\0f emndn .  
xl/f e665 vfgldf hfg]f 5g cNdn ..  
-gltsf s/faf6

# ; lxb, k6ftGq / gkf6l lgolt

afns]of e68/f0{

prrf]nlo lnof}; dkof u\$of}of]b7sf vflt/  
cfk6f nfn / afn lal; g klof{o}b7sf vflt/  
o}wtllar af6 c1nk gkof}x]jl/sf ; Gtlt 0  
cfk6f]:jfy{u6f0 hlg lbg]dff5]oxff 5g\ slt ± ...

sqf]pt; ltf lnP/ dgdf kvl{/x\$]f lyof}  
o4\$]f lbg Hofg ; Dkg ltdl a; l{/x\$]f lyof}  
; SYof}p0sg :jfy{f olb eP x6yof]goff lh6bul  
5f8ftGq x6fpg]/x/df ; Dkof}s7}lh6bul .@.

ltdf]hlj gdf oxff hlt lyP ; fd6tsf a6wg  
ef]g)a6fb a6of]; w]hg oxff p:t}5 Tof]/Gyg  
kf06gg] slxNo}vhf xbon] kf]y{Joyf-u6yg  
cfk6f}hflt / b7sf lj ifodf rflxGg s]d6yg ± #.

hNn]z1Qm lnof]a6of]ej klt lgwf{k/]aflx/  
rf; f]slQ ePg b7 hgtf aff6g\ d2g\ s]lk/ 0  
j iff]bMv u/]; w]lj kbdf ef\$]f / gf^a^ufx\_<  
p:t}5g\ clxn]cem}; 8sdf 8f\$]f / gflnfx\_< \$.

gkf6l hgtf ; lzlft agf}; 'j:y Xj fl e6bYof}  
cfk6f}uff skf; af; alnof xf]p6g egL u6bYof]  
v]h6l ; Gtlt 9Ss e}lgzlbg]cfk6f}vhf cfug  
; f]f]l; h6df /dfpg ; sf]\ :jft6odf of]dg %.

ltdf tl ; kgf hk] sltn]cfk6f}enf]ub5g\  
ltdf]gfd lnnfdn]; xhd}cfk6f}vnf]eb5g\  
la; {tl k]ta4tf ljutsf jfrfx\_< s]lyP  
vflg]hflt / b7sf kpltsf ; f]f]f]h]lyP ^.

j iffōfd xbf enNofsteihsn] b]vō5 h:t}/lj  
 afx}j if{lat]oxff ; snsf]b]vō5 p:t}5lj  
 wf}]/kdg lglo /Qmenn]p3} df6f]lsg ‡  
 ef}]}kdg eQndfg slxNo}; w} af6f]lsg ‡ .&

g]kfnl hgsf]oxl lgolt xf]5]sō5 g]f]lbg  
 dfō5}aln vfg cft' ; w}b]vō5 df]f]lsg ‡  
 ; f/f ljZj cufl8 a95 ; xh}:jftōosf ; fydf  
 xdf]b} eg]cxf]lsg cem}8Ab} To}/ftdf ‡ ..

e}xjf



psfnf r9} 5g\w}]; a}p7 afns .  
 ; t\$}5g\; t\$}f tl p7}f x} l k}v ..

-  
 Ps}f; ; bf x}g z}St ; DklQ cfb/ .  
 v}h-d}fgdf x} lht xf/ a/fa/ ..

-  
 P}f h:tf]5 ; f/, cf}g}cfs[t b]vg].  
 /fd}n]b}v5 /fd}g}d}v}h]d}v{el}g]..

-  
 sfd cf}gf]l; 4 ug{cfkm}g}tflgkb}5 .  
 la8 tft] So}x}g t}s}g}tflgkb}5 ..  
 -gltsf s/faf6

## glit slj tf

efuj t cfrfo{

afXo cf8la/l b}el x}g c; n dfgj  
 bf}f; j}f} nfP/ 9}a}b} dfgj !.

s}x}l l}gfzsf l}gl}t :j o+pm dVosf/s  
 cltzo cx}lsf/ ef]blflgl}t 3fts .@.

b}sd{ckgfP/ sx}ff kf0G5 ; Tk}n  
 l; pBl-af} /f}k} sx}ff kn}lb}5 rfdn #.

uNtl klg x}g]u5{n}U5 pm sd}f ha  
 3f}fdf r9b}5g\ hf]hf]eng{5} c; Dej \$.

; fg}xf] \ l}Jo ; Ts}d{7hf]nfe u/fp}b  
 hn}f Ps xf] \ blk sf}gt w}lkr}hfp}5 %.

; To x}5 ; w}; To sf]l5kfpg ; S5 / ‡  
 xftn]; 8}{fs} s}c}wsf/ x}5 / ‡ ^.

clt ; f}m}eP df}5]; Q}g nfe kfpg  
 c}uhl g}ga}l}of0{ufxf}5 dx cfpg .&

sygl d}vsf]e}bf lg}zro}sd{xf]7hf]  
 af}hg\ a}4n]w}sf}dn]ljZj sf}enf].\*

eP ; fws Tof]; f}m}cs}h; kf}b  
 uf}fn]bf}80{l}hT5 dfnf s}07 nuf}b .(

sf7df8f}



# aGbsf] z<sup>a</sup>V3f]

æej gxI/ I; Ubjh

66-a; -nx/lst nfd 5g\ dfn af\\$l  
9; d; 5 l8Eufsf] dfu&f rfn /f\\$l  
ultdo blgooffsf] nlo u&tJomf0{  
n \k5/ e; b\ kf]erf5{b\\$]3df0{.!

vt klg 5 lk&fdf rqm\]8fldPsf]  
cents 5 lg; fgf z\h tftf]u9\\$f]  
k|t|glw cujfsf] gfddf uj {u5{  
; 8s-xs p; \\$f]xf]egl wh 55{@.

k; n-k; n 8q\ ; fu; AhL k\z:t  
wslag x; /\\$f] Hofg b\l\vg5 r't  
nug / kl; gfn]plAhPsf]sdf0{  
dkmt xhd ubf{; d{g}5g\ xf0{.#.

a; a; \gahfcf]xg{ol sfg bV5g\  
k/ x6 ; kgfdf 3g\Bf}d:t ; T5g\  
lbxf dh\\$ o:t}aGb xf] \aGb ; f/f  
:j/; lxt nufcf]aGbsf]Ps gf/f .\$.

cd/k' k\\$\\$f h\lj tl t\|kt kfpmg\  
sb/; lxt xfd\ of\otf ult ufpmg\ \  
cj ; / 5 a8fsf xftsf]kfl/tf\\$f  
k\\$6 u/ v\h\\$]aGbsf]z<sup>a</sup>V3f].

hgde/ s; \\$]nfnkhf{lbgPg  
ky ljr/0f ubf{dfgotf /flvPg  
uha 5 blgoofff em\k8l cft] 5g\  
; /d 0ht wf\g]d\ynf; Dd 5g\ ^.

sh w/d stf xf]‡ >l\dtl; Dd ; ferf  
lgod eoljgfsf] rqqj tl{d /fhf  
; g ; g blgooff xf]\\$ /fb\ xl\sf/ d]f]  
d klg lsg gr9g]dNojfg]Tof]kh]f]‡ .&

k\k' kzkl\ afaf uj \]7D7df0{  
ou ou t r9y]s\ff 3f\\$f agf0{  
To; avt pg\\$f]wfkdf uj {xGyof]  
l\zj-r/0f kvfnl dfy xfdf]gxGyof].\*

d7lt/ l\zj a:5g\ dl't{lg\h\] 9a\uf]  
r/ u0f ky 5f8f bb\z\ c\au a\uf]  
; sn sh l\hf]g]8fldPsf]k\hfl\ t  
n eg lsg gnfu&dfu&f j\z-t\ftl .(.

k|t|glw hg xfd\ n\y\g yfn]lj wfg  
sn dn / h\lf\fn]kfv/] ; \j wfg  
s\\$'s\\$' s\\$' 6f\\$b}b\z 6q\]; kf/l  
kj/ a/ k\bf0{P\\$otf r\0f{kf/l .!).

tats grn\g\ of] dfu&f ofq'-ofg  
h8do hgtf x\j a\gb lgi7f 0dfg  
lj no bzuhfsf]k\z\g s\N\o}g; f\]  
j/0f u/ ; a\nf}aGbsf bfpk].!!.

sk\8f\h, n\ntk/



cfdfsf]sfv xf]nfv aft; No k\p Qd .  
csf]b\6f\gt g\5g, h\Gde\ld cgQd ..  
-gl\tsf s\faf6

# dgleq vN5

dfwj [3ld/]

syf-Joyfn] dg xlspsf]  
sxff sxff g}; w-lal; Psf]  
dgfx/f 5g\ /d0flo wtl{  
.dū vfh ug{lzj zlQm xg\ ol .!.

of]; li6df g}; a 5g\ l j zfn  
u6b}d wfPf w/0fl ; hfn  
; 'jfut}; Tj / e6g ; Sg]  
lzj flb 5g\ o}hudf k|z:t}.@.

lxdfn en}; Gb/ prRrtf 5  
; fbo{eg}; a l bJotf 5  
j g}j g\$if xl/0fl 8h\$if  
r/fx{sf] lr-l/-l vh\$if #.

; |6f e/ \$l clt lbJo wtl{  
/ftf / glnf ls 7hf ntfdf  
k|h}cg\$if/ ^df e/ \$f  
cfgGb ldNg]; dtf w/fdf \$..

s]5g o:sf]3/df ; h\$if]  
cfkng}; hfpn klt-c^udf of]  
cg6t dfof o; leq ldN5  
syf-Joyf s]dgleq vN5 ± %.

6^ufn, sf7df8f}



k|flsf]gf\$/l 5g, df3f6f clhEu/ .  
s\$if]kmtl{ltdl u5f} < bftf 5g\k/d4j / ..  
-glitsf s/faf6

# af6f]

ldqnf n k7fgl

s]; ffg}5 / of]af6f]k05 xfif stf egl ‡  
ltdl lx8g stf rfxf}‡ af6f]hf65 htf klg .!.

l; ^u}cfsfz xf]af6f]pl8hfg ; Sof}eg]  
l; ^u}; fu/ xf]af6f]al8hfg ; Sof}eg].@.

af6f]; ~hfn xf]of6f lx8l s]No}g6l^ug]  
aem u6tjo e]665 k|l; of]gaem lx8].#.



# ef\$

ef\$ xf]sd\$if]9f\$if of]xb}x6gYof]eg]  
lagfsfd latl hf6yof] df65\$if]lh6bul klg .!.

kz' xg\ vfgsf ef\$if, df65]xg\ 1fgsf klg  
/fusf ulx/f /^u l5k\$if 5g\ o; dfg .@.

ef\$ xg\ o4sf /fif ef\$}xg\ zfltsf hn  
df65jh]h]u6of]h6d}dhdf ef\$}an #.

skg, sf7df8f}



glthf ; vsf]vfb}df65]bM/ p7fpE .  
rfif 5 dxsf]e6b}j l/ el/ lgRofpE ..  
-glitsf s/faf6

# c1ftnf0{ ; Daftyg

asdkfb] fb zdf{rfln; ]

of]s:tf]lfof xf]hxff dghsf cf:yfx\_ ellg 5gl  
ofqf v108t 5gl Toxff c; /sf cft^ls ; lbg 5gl  
xf]f\$]lar cff '6Nkn, eP dfgf]ojf afnjf  
df5\$]cgxf/af6 s; /l k]npg]dg; jf .!.

lgj7fdf klx/f]uof]ls lsg xf]a:tl ; w}xNrn  
cfk]g)kl/P/ lj lft agl lg:s] /l Jofsh  
sf]l eng\ x7df lgdlg z7en]Psfx/f]aSas  
kvf]oz lal; P/ ; kgf df:g]gdg] ws .@.

d]f]eflh cjzo rf? 5 egl rf/f]a6Nb}sIt  
n]sG5gl ultnf]pkfud syf-h:t}ln0{pGgl  
To:tsfs klg nlodf lgldifdf ah]5 .9^u]l lsg  
eTsfp/ csfndf lhpgsf ; Dk0f{cfn]ag .#.

ol xfdf lul/v08sf /xl/nf kf/f kv]fdlg  
xf]f cfpkgkb]of] ; dgsf]dl7f] / /fdf]agl  
5fPsfx/t/ k]o uGw, o; n]kf]of]cxf]0 JoToo  
v]l; faf6 ls cfpb] 9nsf]af9l ot}lge6 \$.

p8g]lrQ cgGtdf, t/ Toxff xf]f sxff :j wgl  
of]k]s k5fl/g]culdf k^v}89\$]f]agl  
s]h]kfpf' slgg k]h nsf]s]o}g; Sg]36f  
ol sfsfhsf syf sx/sf c1ft 0 rfbf]x6f %.  
a9fglns07, sf7df8f}



# ; gfhf] laxfgL

adQmgfy zdf{

eflof]x/fof]ca cGwsf/  
nfnl ; \$of] ; Gb/ k]f]f6  
xf]f ld7f]l; l; f l; fof]  
cfg]bn]of]dg dlw kf]of].!.

r/fx\_ lrlaf ug{yfn]  
p7bf]s/fof]dbdQ efn]  
lxdfnaf ; Gb/ Hof]t 5fof]  
g]fn wtl{ ; a dlldufof].@.

; dfhsf]xf] lk]f]of]knfof]  
gf/f ld7f b]ze/}lk]f]of]  
a9l ; Tof]x}ca ; Tg xGg  
af]l knfof]ca kn]g xGg #.

ldn] of]b] ; hfpf]xf]  
lj sf; sf k]h kmfpf]xf]  
befflo pGdhgsf lgldQ  
vf]f lvr] nf]u/fpg]xf].\$.

kfgl To; }allg lbg}xb]g  
affef]lhdl /Vg sxl xb]g  
/f\$] kfgl ta zlStzfnl  
p]hf{agf] \l; ~rg v]t-afnl %.

x/fe/f b] oxlf xg]\$  
htftt} lj Bt rDsg]\$  
vfBfg e08f/ oxff el/G5  
klj q kfgl klg a]g xG5 + ^.

h/f; /f hEn el/ kfvf  
htftt}xG5 lj lrqtf 5  
cdNo of]cf]flw alh g]xf]  
c; flb /f]flb eufpg]xf].&

/fdf lxdfnl r]f]fx\_ 5gl  
x/fe/f ; Gb/ hEn}5gl  
vf]f tn]f 5x/f gbl 5gl  
t; y{cfu]t's nf]eg]xg\.\*.

; lsG5 cfu]t's lf]fg lvg  
; Sg]\$ x}cfly\$ ; f] a]g  
g]fnfndf zlSt / cf]b hf]5  
Tox] 7hf]; Dklt xG5 xG5 .(.

InP/ ; Gb] eof] laxfgL  
egl /dfP ; a afa' gfgl  
ojfx\_ hful/nf oxlf 5gl  
st]odf h]g tof/ g]5gl!).  
afg]j /, sf7df8f}



## dfofdfx

dflgfy zf:ql

cl/a\fnx{nf0{glh:Sofpm ; /f; /  
bl6sf]; ^un]df5]; lkPsf]sx5 /‡ .!.

xbg /fi6sf]dfof 3" vfgk; u  
xfhf s]sf7sf]dfof elfs wld/f; u .@.  
cfkn]xf]p; sf]zq' h; sf]al4 dfl; of]  
Tof]bbf]gsf]zq':jo+bbf]g}lyof].#.

cToft alnof]x5 dfof dfk lg/ct/  
a5 sdnsf]a6bl ed/f]g}; /f; / .\$.

; ah]5f8b5g\ 7fpf cfkngf]:j fy{kukl5  
6fk s:5g\; a}rf] dfn rfl\; skl5 %.

tltf]cufl8sf]cfkn]dl7f]x5 k5fl8 Tof]  
of]otfn]kbf; lg x5 r66 cufl8sf].^.

b]v6g gd/l cfkm':ju{oxff eg]; /l  
cgel'tljgf x6g j:t-j0fg /fd/l .&

elfs bl6 sl/fn]xl/fnf0{laufb5  
To:t}s; ^un]/fd]kl/jf/ laufb5 .\*.  
e}xjf, ?k6b]l



k/:k/ eP cf:yf dgl uf9f agfp5 .  
; gdf h18f ; fr}rD5G5 dl0f-dfl0fs ..  
-tltdfl7f s'faf6

## goffgkfn ; fydf

ofbj e\$/f0{

; kgf hlt b]v6, goff g]kfn5]oxff  
; kgf g}/x]h:tf] x/\$sf]5 ts6f .!.

; dtm t/f0\$, xl/of jg-km6df  
r/fx] p8en5g] g]kfnl cflt-cfltdf .@.

dfof af\$] cfvfdf, phofnf] ; f6gkb5  
lxdfnl ultn]cfkng} ; f/a\ul /b6gkb5 .#.

; lk kf] df6fdf, l; Efgk5{ol u/f  
; a}snx Tofu], prflngk5{of]w/f .\$.

kjh]arfPsf] kfj gl a4eld of]  
kf]v] /dfP/, aff'of]lh6bul eof].%.

:j fy{ofu 0df6bf/l, xbgk5{ ; dfhdf  
ta kf]hgn]e]hfg) goff g]kfn ; fydf .^.

zavdh, sf7df8f}



u0f h:tf]5 To:t}g}; a\ut}; fy /Db5 .  
dfx/l kmhdf emD5g,\l; g]f}lu4 3Db5 ..

-  
3d08 ug{Joy}xf]wgsf]dftdf k/l .  
cflv/ ; a 5fB65, wgsf]s]xb]58l ..  
-gltsf s'faf6

# pkj g

soj /fh zdf{uft}d

klj q sfnlt6sf] ; dĒn  
lrl6Ss ; fgf]/d0fl0 hĒn  
cgf t jfflb / kfnjf u/l  
etnl /xfg] ; a tl jgē/l ..!

lj zfn ; Nnf clt afō ; fnsf  
s6" /fdf slt cō hftsf  
gjlg klkflb / cfdkfnl eng  
lgs-h zfēf ; tt}a9fpbg].@.

; b} lrNnf xl/of ntxz  
uhfk] hf0{ h0-dfntl l; z  
ktm] ; f/f jgsf] dgf] /  
; uōw nfnl el/bf] lg/ft/ #.

cg\$ klfl slt tl nlslg  
ld7f] ; %lnf] /jn)e/lsg  
; dōb xfjf axbf /dfpbgl  
lgs-hs}/fgs tl a9fpbg].\$.

c; Vo /fdf ktln / eE tl  
3d] cfgb n6l ofplt  
j; ft-zfēf ltgn] ; hfgj  
hxft ; a\$] lbn g}/dfpg].%.

; du] wfflul/s}lj zif of  
ahf/-afUnE ; %o knbsf]  
lg; u\$]xf]0 j/bfg afu ef  
; wf 5/\$f]hgdf ; jf; sf].^.

5, afus}alr ctlj ; Gb/  
eP/ ; fg}klg ej0 dlgb/  
6Bfn, ahf{ 5t /0 tfdsf]  
uh' :j0f, 56f ljlrqsf].&

u/] zEf/ lrl6Ss e\$g  
; d:t ; fyl hlt ; fy nlsg  
ojf / afnf, oj tl ; a}hg  
lnP/ klkflb cal/ rōbg \*.

lxB]h; }bzgsf lgldQdf  
lgs-h-hfqf ; l/ Tof] laxfgdf  
a9] zfēf jgleq ; Dds}  
xbf]5, b]ofj ln g}crDds}.(.

lj zif djh kltjif{ rgsf]  
bz]xg]rf8 a8f]pdEsf]  
c; ^Vo gf/l-g/ cf0 s-hdf  
anl r9f0\$g df0:yfgdf ..!).

; -elQm khf clg kf7, bzg  
u/], h0df e0 dlw tl hg  
kbfy{ldi7fgg lj zif 5g\ hlt  
lkP/-vfP/ /dfpbgl slt ..!!.

lj lrq /fdf slt dfn-j :t\$]  
ahf/ nflu]clg 8fnl-; flhsf]  
3/h' 3bf slxf7]s, dfbn  
0tofbn]k0f{el/G5 hĒn ..@.  
ojf / afnf hlt]k:/k/  
ldnf0{efvf no tfndf :j/  
k; 4 wfflul/sf]5 bf]l  
rnl /x\$]slxfult dfw/l ..!#.  
sf7df8f}

❖ \* ❖

# u0g\cfdf

es/Tglglw /qdl...zqfirfo{

u0g\cfdf d]l ; alt/ cWf]klg eof]  
hut]of]rs{elw/d/ e0{hljg uof]  
n8]e]wtl{ef]bxg ulx/f]vf8n k/l  
?sōgl ol cff "gog-en albf 3l/-3l/ ..!

a; y]ue]f slt- slt d tf hōd- klxn]  
lkPf wf/f bb]sf]hgd-kl5 tf d:t, clxn}  
a9]x5]v]cem slt rn]sfv /xbf  
lbPkhf ; f:tl plgsg, d Tof]afns 5bf .@.

s/fPF jf /fPF cem slt laenPF dg klg  
nufPF jf 35l{p; avtdf afns agl  
ghfgl jf hfgl- alemsg u/jeh klxn]  
k5tf]a%bf ef]dsg lbndf zh clxn].#.

lfd] dfu]g]d]f]dg; a lyof] ef/ ej sf]  
lt]hf nfub]of]l/g klg p; }hōde/sf]  
g kfPF df]sf]u]g cl3 ; l Itg{pgsf]  
; a}ef/f d]z/pk/df cfh ylkof].\$.

lyPf k]x]sRrf rs- rs u/l v]h/xg]  
nlf-kf6f, d]f]f lhpe/ 3; l d:t 8hg]  
l; ufg]; fgf]y]caem cyjf dv{ bgf  
agf0gl cfdfn]dsg clxn]; Eo- dgh %.

hj fgldf sqf]ln0sg 7hf]wfs lx]8of]  
s; f0{jf:tf gul/ lbgyf d:t lx]8of]  
lyPf tGg]ldf 3/ klg ga:g]l5g- l5g  
a/fnf aGb]f ; a hlg latPf lbg-lbg ..^.

ly0g\ cfdf d]l ; sn olusf]ef/ ; xg]  
 ly0g\ of4fh:t} ; d/- kysf] ; f/ sxg]  
 tk:of 7hf]Yof] dsg ddtf- :g] bl/nf]  
 lyof]dfof d]f /; do cxf û sfv el/nf].&

; d:of w]y] t/ klg lyof]:g] 3/df  
 cefj d]f ; f/f lbgx\_ lat]Tof]avtdf  
 phofnf]cfdfsf]dw/- ddtf hljg lyof]  
 uof] ; f/f zf]f, 3/ klg phf8} l/ eof].\*

sxf kfpn cfdf û ; xh?kdf eßg ca tf  
 sxf vfhfd]c; n pgsf]:g]- ddtf û  
 v/fgl e]p8bf]j]l/k] ; a)k]u xg uf]  
 s7}û cfdf d]l kelt/ u0{nlg xg' ef].(.

g/fph ol cff "tk- tk u/l tlks/xg]  
 g; Deni eßbf eng\ dgel/ Joyf alNem/xg]  
 s/fpn PSn}of]; 3g- j gdf ; G5 s; n]<  
 hn]ufyf Tof]cd/ pgsf]a%5 s; n]< .!).

lktfsf] dftfsf]cem slt egf]hGd:ynsf]  
 a:of]dfof d]f]d]el/ o; }dfem dgsf]  
 skfn]ubf]f dsg h; sf]:g] ylkof]  
 pg]f0{ ; Deni gog /l; nf cff 'el/of].!!!.

lrf tf bGSo]Hjfnf /lj- zlz 8a]e]lbg eof]  
 wj ff sfnf] d]f]pl8 uugdf afbn aGof]  
 lanfon]cfdf Tof] ; xh?kdf kfly] /Xof]  
 lj gfcfdf d]f]knut 6x]f]hljg eof].!@  
 dxfslj b]sf]f-cf>d, sf7df8f)

❖ \* ❖

beflo /fi6sf]xG5, eP zf; s z]s .  
 ; [i6 ; d]kt g]xG5 ag]/lfs elfs ..  
 -glltsf s/faf6

## k\$lt, hljg / snf

✓/fdk} fb 1j fnl

a]df08df k0f{cv08tf 5  
 cv08tfdf t/ v08tf 5  
 of]v08tfleq cgGttf 5  
 cgGttfleq lg cGttf 5 .!.

; Da4tf 5g\ / ca4tf 5  
 ca4tfdf klg a4tf 5  
 ; DaGwtf 5g\ t/ cGwtf 5  
 / cGwtfdf kl/aGwtf 5 .@.

; dRrtf 5g\ clg lfb]tf 5  
 ; a]s]l0ff 5g\ / pbfo]tf 5  
 pbfo]df ; Gb/sf]syf 5  
 ; f]bo]f hljg-k0ff 5 .#.

lga]wtf 5g\ / t aGwtf 5  
 / aGwtfdf lg :j tGqtf 5  
 :j tGqtfdf k/tGqtf 5  
 o}åGådf hljgsf]syf 5 \$.

lj åQtf 5g\ / t d]v]f 5  
 / d]v]fdf klg lj åtf 5  
 ; f]bo{5g\ pRr s]k]tf 5  
 s]k]; Gb/sf]syf 5 %.

5g\ l; hGf ; Gb/, 5g\ l]gfz  
 l]gfz; fy}gjl; hGf 5  
 5g\ lt; Gf-tTlf0f la; Gf 5  
 of]la; Gfd}cem l; hGf 5 .^.

|9Ssf a8f 5g\ t/ r0ff 5  
 ck0ff 5g\ t/ k0ff 5  
 of]k0ffdf lg ck0ff 5  
 ; Dk0ffdf kl/k0ff 5 .&.

/x:odf l]zj cgGttf 5  
 cgGtdf z]f] goff goff 5  
 c:ki6tfdf klg :ki6tf 5  
 kbfy]hljgsf]syf 5 .\*.

lgif]tf 5g\ / lj /f]tf 5  
 ; a]Biff 5g]gj Pstf 5  
 lj /f]f-; a]Biff]gifi]tfdf  
 dglosf]; Gb/ l; hGf 5 .(.

lgif]n]hGd eof]snfsf]  
 lj /f]n]åGå a9bf]snfsf]  
 ; a]Biff]blk aNof]snfsf]  
 ; f]bo{e}ult rNof]snfsf]!).  
 skg, sf7df8f)

❖ \* ❖

# /fi6«hfylfpg] s/f

✓/fdk] fb kgt

la:of{eg x]; fyl ū klf\$ f pkbž tl ‡  
eNof}s]bž of]x fd] ; 7D ugs] /l ‡  
k/f ; :s|t af\$ f Clif-kflnt xg\ w/f  
clj nD a u/f] xfdl /fi6« hfylfpg] s/f .!.

v08dfq xg] xg, uDg] g}8/ ef]oxff  
:j offef bžsf] df6f] allg}nfl of] sxff sxff  
/f\$ x} 5\$ x} ; fyl ū ufkfnj zsf]w/f  
clj nD a u/f] xfdl /fi6« hfylfpg] s/f .@.

tfl5b} dfl; b}5g\ tl p0/l lxd6fs/f,  
sfl6b}gfl; b}5g\ tl kxf8l jlf cffs/f,  
ghfylf0{ gaRg] ef] lnR5lj:-j 0f{kfv'f,  
clj nD a u/f] xfdl /fi6« hfylfpg] s/f .#.

of]w/ftndf of]f pbfof] /0fuf}j,  
klyjl gfdn] rDSo] afof] gkf]n-; h\$,  
p; \$f]/Qmsf] ; flf w/f of]5 x/fe/f,  
clj nD a u/f] xfdl /fi6« hfylfpg] s/f .\$.

/fhg]f sxff 5g\ v}ū l; ^ufk/ agfpg]f  
klvf\$ f] /Qmsf] gf; f]abaf/f u/fpg]f  
v] x}ū vf] x}ū /fi6« 6qf kf]s8f 5/f  
clj nD a u/f] xfdl /fi6« hfylfpg] s/f .%.

rfajh, sf7df8f]



# ; dfg}5 ufh

✓/fdafa' ; j bl

ttfP/ xflbl ds}ebg hftl  
eb\$ f ds\$ f] lgs}gd] 5ftl  
e/]ef\$ 6bg 9^ufl eb]  
sxff aG5 of]bž xfdl k16] .!.

aem ; To ; flf] s/f af]lg' hftl  
c\_ n] rnfp lndl xf}vnftl  
p7bf]sf]sxff v] vnftl p7]  
sxff aG5 of]bž xfdl k16] .@.

lagf cy{ufnl, lagf cy{tfnl  
lagf cy\$ f /fu dfo}p/fnl  
lndl kfp5f}s] v/fgl s6]  
sxff aG5 of]bž xfdl k16] .#.

lndl 5Gb of]f, d xf 5Gb of]f  
lndl xf}g Bf]f, d g}xf g Bf]f  
hn]fly xfdl, yn]fly xfdl  
s; f]l leh]f]l tlddfq gfg]f .\$..

5/ :j R5 l] Bf tn}dfly; Dd  
e/ :j R5 l] Bf oxff 6ld6ld  
lndl Tof] ; l] Bf nv]5f}s; f]l ‡  
6; f k16b5g\ kTy/} Dd kn]l .%.

ws]bf-ws]bf gxf] \ u] vfnl  
a6Nbf / tf]bf lndl zlQmzfnl  
g; f]l-larf/l gdl7f] gaf]h  
; dful{; a\$ f] ; dfg}5 ufh .^.

wfkf; l, sf7df8f]



# hlj gsfJo M if8fgGb :j fdl

✓nldlsdf/ sf0/fnf

cgkd klyjlsf]Plzof k0o eld  
cem cgkd c\lnf]nfl5 g\kfn eld  
slt o; w/tldf Hoflt g\kfn pbfP  
Clif hgs / ; ltf a4 jf l; 4 cfP ..!

lxd-lzv/ ; g\kfn rldsbf 5g\ xhf/fb  
5nnn hn allg]lgen]l 5g\ xhf/fb  
; dtm j gkfvf n\\$-a]l xhf/  
k\lslt ; a snfsf]:ju{xf]of]ckf/ .@.

olt dlq tk; l jf b]tfn]/df0{  
hgd lmg ?rfP l; 4 o}eldnf0{  
slyt l; nl; nfdf >Lif8fgGb cfP  
lj s6 tk; lj Bf 1fgsf]Hoflt 5fP .#.

u8l ufpf lb^hf k\lt /l; nf]efhk/df  
p\ef]s-rgh^bf tn ; nn allbf]5 c?0f  
vhf a]l 6f/l jg rp/ jf kn\bf au/  
psfnl-cf/fnl ; a k\lslt nflbf]5 /x/ .\$.

st}5g\ rftf/l j/-lkkn xfjf ; ///  
st}5g\ Bf]fnl s' d-nltsf jf; x///  
laxfg}enNs\$]f /lj-ls/0f h:t}c?l0fdf  
pbfp]Hoflt d6 u? if8fgGb ej df %.

lktf nldlgf/fo0f / clwsf/l y/ lyof]  
a8f wdl{gfdl ; hg l\ah vfbfg alenof]  
uk:yl a:tldf ; v-; bg ; fg}3/ lyof]  
Toxlf enNsof]Hoflt d6 ls/0f Tof]enNdn eof].^.

l\y0/g/ l\y0b\y0f t\y0b\y0f  
l\y0t\y0h\y0f t\y0b\y0f ; }t\y0b\y0f  
t\y0t\y0s\y0f t\y0b\y0f {t\y0b\y0f  
k\y0t\y0k\y0f l\y0b\y0f t\y0b\y0f  
cx\y0f t\y0b\y0f t\y0b\y0f t\y0b\y0f

l\y0t\y0l\y0f l\y0t\y0s\y0f  
l\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
b\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
\* . b\y0w-; t\y0b\y0f t\y0b\y0f t\y0b\y0f

l\y0t\y0l\y0f l\y0t\y0s\y0f  
l\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
c\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
. ). l\y0t\y0l\y0f t\y0b\y0f t\y0b\y0f

l\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
l\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
b\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
. (!) t\y0t\y0l\y0f t\y0b\y0f t\y0b\y0f

l\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
l\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
l\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
. !!. l\y0t\y0l\y0f t\y0b\y0f t\y0b\y0f

[t\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
[t\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
[t\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
. !. [t\y0t\y0l\y0f t\y0b\y0f t\y0b\y0f

[t\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
[t\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
[t\y0t\y0s\y0f t\y0b\y0f t\y0b\y0f  
. #!. [t\y0t\y0l\y0f t\y0b\y0f t\y0b\y0f

slit\y0f t\y0b\y0f t\y0b\y0f

• \* •

## cdfB/;

**ej**; Gtsdf/ zDdf{'gkfn'

5g ldtll; t slQ ; kif wg, s]; v ldN5 e/]‡ ug nf} ū  
k5{; s]hlt sllt{a9fpg, sf]; ; vā u/]ca nf}  
vf]5 k/kb dflg; g] t/ Tof]lsg ldN5 o; }ug /]ū  
sd{u]of}olb ldN5 oxlfkm, ; f]g olQ t ; f] ; v]ū..

vf]g ; s]hlt vf]h ; v]ū t/ sd{t ug{cjzo 5 x}  
alhljg}s]g j]f knof]eg ‡ **cflv/ hlg ToQ 5 x]ū**  
wd{eg]hlt wf/0f, sd{eg]olb sf/0f dfq ugfb} ū  
h]eg, h]u/, rfxg'xf]km, elQm egfb]s t dlQm egfb].@.

zq'sb}c? s]xg ; S5 /, nf] d/kl5 dflg; d]‡  
x]tk jf:tj nf] d/fpg; xf]ljzj-7ulsf]vfn ldxlf ū  
; jj t ef]hg Ps eg]klg ; fy§ hlg ef]p; sf]  
k5{/ rfxg's]p; n]clg >lkb df]f; d], cxf]‡ .#.

d]o' otflt/ h]hlt aGb5, ToQ t xf]k?ify{oxff ū  
Tof]kl5 rflxf t zf]ift gfd 5, dflg; afRg'/ dfl/gdf ū  
xf]lg t of] t/ lnG5 / sf]ubl ‡ efu cl3Int/ ef]u0g]  
dflg; sf] ?lr tfG5 ; v]t/ :j ej ; d] ; bf laIng].\$.

Tof]lj lwsf]ou kln6; Sof]lkp ū ay{5 cfuk ug{klg ū  
of]wgsf]ou /] o; d}; a ; Bnlg' k5{elgG5 oxlf  
; jg jf pksf/ ePk5 ldNb5 elQm / dlQm ot}  
dfglf hlg of]o ; k0f{slxG5 5 ; lQm cdfB/; }.%.  
rfajh, sf7df8f}



## ; Qf

**ej f; b]** clwsf/l

goff olusf pGgt ; j6f  
; \$6x]sf ed/ldf  
goff olusf :j lkgn b]6f  
kl/b}5g\ xf rk/ldf .^.

hf hf ; Qf t:s/ vf]b}

xfQl u]f 5fkf df/

; kf]ufnf d]f]5fnf

x]jf hgtf uf]l df/ ..

cf]f]dgsf] xl/o} xl/of]

sf]sf] uf]l uf]l 5l/of]

; kgf k/sf]l; xf; gdf

dh]s afBg]ef; ]el/of].@.

xfQl rNof]ls 8f8' 9Nsdf]

x]j}; s; 5 cf]fdf

gftf-kftf ef; ]kNSof]

ufpg ufxf] efsfdf .#.

e0]f dfG5] >dsf] xl/of]

lkkl/f vf]b}lxBb}5g\

cGwsf/sf] kbf{Roftl

hlGs/l aGb}8Nb5g\ .\$.

ef] Jofwsf] er]6f vf0{

ltgn]c; t kf]b5g\

; lxbhgsf ; kgf af]l

lge]s jf0f af]b5g\ .%.

af l; /dfly nf7l uf]l  
snsn vf]h sGofbf  
e]6-hgnf0{ tSdf s'; l{  
hgb]sf] dlxdf ufg .&.

k]tefx]sf] lgd@ x]of  
dgdf dfG5]nfz}nfz  
; o lsnf]dfgj ; u  
z]o cf} sf] lrGtg jf; ..

; Qf hf hf blj6 sxfo{  
vf vf p]bf /s; l vf  
; lxbdfu]f er]8f kfnl  
ad-aGb]nf0{ r]kf vf .(.



7fpH]xg dfG5]f]u]fn]dfg a9b5 .  
khfdf b] tfnf0{hEnl kth r9b5 ..  
-gltsf s]/faf6

## d

✉lj gosdf/ zdf{g]fn

d ; f]bo{ fy h; }Dg yfN5'  
d p]dfb-dft e0{enNg yfN5'  
d xfjf, x'l - kyd}3Dg yfN5'  
d afnfkg .lg o; }Toflg ; S5' .!.

d a'4Tj -af]h; }; b]ng vfl]5'  
ckf/}/ kf/ o; }u]g hfG5'  
d cfdf-dg}t h; }vfl]g lx85'  
/ c1fg rfn o; }5f]g k]5'.@.

d dfof / df]h; }h]g yfN5'  
/ qm]fl]g-kfz o; }xf]g yfN5'  
d ; j6f ag] h; }hf]g k]5'  
/ b]6f ag]; w]xfg yfN5'.#.

.d] ; fl]l hut]e/ of]a]n]k5{  
/ lge]efj ; w]/fVg' k5{  
d 1fgfl]g tfk o; }tkt aG5'  
/ of]fe ; s] ; kf k]9 xG5' \$..

d j[4}ag].lg ; w]nfh /fV5'  
/ ; To}c; To ; a}:ki6 vfl]5'  
.d]cfk]f.d]eq .d]g)vfl]g yfN5'  
/ e]t}- eljo ; a]fn afR5' %.

d k]fg - 1fg ; a}g}t dfG5'  
d xf]/ af] ; w]nf}; dfN5'  
d ; fl]l agl ha t]f}larf5{  
d k]ff{tk]ff{vhf xft d5' .^.

rfajh, sf7df8f}



## z/Offult

✉8f= lj iof/fh cfq]f

/g-j g ; w]8Ny] ; fyl-; E]l; E] df]hd}  
tg-dg bj }/Dy]cfgbsf]lgt vfl]hd}  
lj ifo-; Vsf ; fyl e]l lat]josf lbg  
ca t tg ef]/fyl /f]p]l sxff b]l la; g .!.

ojf-oj t]sf hf]f-hf]l ldnl ky 8Nb5g]  
; jo lzz]h]df 808llaof]ha v]b5g]  
dg /xl/nf]cfk]g"; Den pg}lbg p7b5  
tg t/ 5 of]a]9f]cf]bfg e]lgt u8b5 .@.

hd36 ; w]gftfuf]f-15d\$ j/l k/l  
lj l]w ukm cf]76bf ufgf ahfg y/l y/l  
ca jo 9Nof]n6]l dfq}; xfo 5 s]n  
d/36 ; l]e]y]of]u] h]g lg:km #.

tgo tgof hf]f dfof ; u]h]g vlr]f]  
wg ; bgsf]tfgf-afgf a]gl j o l; l4of]  
/ut ; lsbf sf]f 5fnf / xf8 /Xof]ha  
kmut k5tf]dfq}nfl]g]eof]lbn]df ca .\$.

; do /xbf d]f-9]f k5fl8 sb]bf]dg  
; do ; lsbf ; ]f-; Tsd{x]g eof]tg  
l]zj l]zj l]o; }Joy{ax]f} e]laltuf]h]g  
ca z/0fdf cfPf kfP/ xf] n'; f]agl %.

Ifo ; a eof]n6]l e0{n]6Pf ha  
tg-wg eof]l; 6]l d6]l x]g ale]mf]ca  
hktk u/]e]bf So}zlQm 5] czQm 5'  
t/0f s; l]xf]hf e]bf}k]ef]l kb kb]f'.^.

aQl; kt]nl, sf7df8f}



# pGoSf] ḡv

z/f/bf/d0f gkf

wtl{/Ee/l 5 sDan; /l 5g\Zj} kNnfx;  
n\$fnl kl/j ž of]lxdhut\wkl / ; Nnfx;  
rl; f]:jR5 ; uGw rNb5 xjf l5gl5g\l; /bf]agl  
; fx]rGrn b]v065 slx/f]kNnf ag]tf klg !.

b]v65 em/er66 j]f j gdf ; f]bo{em}; Gb/  
xfuf kft lrl6Ss Rof66 5 cxf Hoßf]snfsf]3/  
l6g\l6g\ t]t goff goff kjgsf]ldNbf ; kf r\lag  
k]tln]lgt 5Nanfp5 hxx tf?0zfml dg 0. .

k\ng"knNg' :jejf g}5 jgsf]5g\louj em]pdg  
pTs07f 5 ejjiosf]ag kgl engeng\ x/lof]xg  
knqnsf]k]t of]utf 5 ls oxff gff]goff l; hgf  
o:tf]f klg cfkm 5" d t pGo"knNb}gknNg]tg #.

d]f]of] tg xf]oulgbulsf]gf; f]tyf :df/s  
b]bf j]f 5'; 5g t}klg ddf xf]f e\g]xs  
aff]sf]5' d sfd nflu\bgf st}b]bf sf]k klg  
b]Ml 5"pkof]utf gx\bf p]Eeg5' Tof]t}klg \$.

cfkm\g}0ltxf; xf]olb eg]cfh]la; fp]lsg ±  
5f]l pl]Eeg cl:dtf klyjldf To:; }ld; fp]lsg ±  
x\g} le\g 5' of]lj nlf0f d 5' rflxG5 o:tf]klg  
xf]f vfh st}sg]lbg oxff o:tf]pGoSf]klg %.  
afnfh' sf7df8f}



rfsf 5 dxsf]e\bf{j l/ el/ lgRofp5 .  
gf/l-k}ifdf e\bf 5g e\g5g\s/f ; xl ..  
-glltsf s/faf6

# cå]-cfkm'

slzj uf]fn l/; fn

ldNof]cxf 0 of]cgdf]h r\jh  
cfkm\ d sf]x\ glrgl gxf]h  
ajh 5b\bf x\gk5\af]h  
hfg] x\g]s]‡ gaem]t ; fh !.

hfg] eP k\h t cf0bf  
csf]d h:t]lzz kf0bf  
e]b65 cfh]t d/] vfh]  
dleqs]07j/nf0{/f]h]. .

r6Ss 5f] k\ss k\ss  
d; ss cfb] n; ss ns  
a\df]d xf]; To eg] ufP  
; #f/ ldYof lzz]atfP #.

r; ss 3f] e; ss la; {  
cfgld 5f] d cfld l; h]  
x?ss kf0f}klg 5f]g' knf{  
h?ss cfh}ca p7g' knf{\$. .



rflxG5 e\g' kb\g x\g5 g}kl/j t\g .  
gb]sf]5fn rfn}xf] 5fn}xf]huhlj g ..  
-glltsf s/faf6

# s; h] ; gfof]

zltu sfblDagl]

sxfaf6 cfaf{dg}d's'of] oxff /fu gfhf]s; h]; bfof] 5 hXL kinh\$faufef/L g} an\$]5 cfzf glgfg]u/L g}.!.

lrfelddf tl ; a}si6 hNbf pbfof] laxfgl lr; f]/ft 9Nbf n x]r rfxgf of]emg}hd]f] of] oxff /fu gfhf]s; h]; bfof].@.

5'lx8b}xd]f d ofql gyfSg] lxdfnl gblen; bf pln{fVg] 5 pT; fx s:tf]w/f g}prfNg] d ; fb]ldgl e}c]bf/f]kvfNg].#.

sf7df8f}



ug{kP ; a}u5g\cfkm]7hf]xg]s/f .  
sfnf, uf]f / /ftfdf sxflF5g k/Dk/f <

-

hf]5 vfb]p; n]g}c?sf]vfb b]b5 .  
elgG5 ; k\$]vbbf ; k]b]b]g ; QmB ..  
-glitsf s/faf6

# d/f] kl/ro

8f= z]bk\$]fz g]fn

d gfhf]Hof]tsf]k'h d]f]cfsfz lgdf] ; jf ; Tsdf] /g]d]f]Xpo sf]n !..

d rfxG5' ; bf knbg ljjzj lj/f6\lgofN5' d cgGt; Dd wtl]sf]kg]f]t ; UnfN5' d .@.

cgGt Hof]tsf]hfb' pT; fx; fy 55{d d Ps ljb]cf:yfsf]c; ^Vo ^k ; 5{d #.

d xff ]xff:5 ; +f/ d p7]p75 9Ss 5 d /fp cf] bf l; ^uf] ; +f/ lgTo 8Ab5 \$.

30ff qf; b/fzfsf]cl:tJ ca d]5' d nf]enfnr 0]of]sf]Tofudf ; v e]5' d %.

; xefj ; Unf] kf0nf cl3 rfN5' d b]ef] lbnnsf ; f/f kl; gfn]kvfN5' d .^

d]f xft rnbg\lgTo >d ; Tsdf]fl/ d]f uf]f a9g\ ; Jf ; Tdfu{k]cflv/ .&

xff g\cf] ; w]d]f uhfal ^kdf vhl ; j fledfg / cf:yfn]6\$g ; sf'dxfrhl .\*

cfkng}lg]dt ; bf afRg] : jfy]sf]bf; xg] d c]sf lg]dtdf afRg' lhGbulsf] dxfwg .(.

p7f] \of]lhGbul d]f]Tof]llflth ; /f] \k/ of] ; ju]f w/f d]f]agf] \/]zflGtsf]3/ ..).

cf]d; Ddfgn]aff]g\ d]f aGwx; ; a} df]lsf]3f/enfuf] \ : jR5 g]fn b]o g}.!!.  
j ; Gw/f, sf7df8f}



## dfgj hljg

☞; Gblk; fu/ gkfn

zIQm / Izjsf]ofly xbf aG5 z/l/ of]  
; Gdft[u0fn]ubf{; Todfgj aG5 Tof].!.

sdf/ zjjfj :yf qn8fdf g}latfpb  
clg of}gdf k:bf sfd ejf knfpb .@.

dgsf]/ydf /fvl al4 xf5b5 hljg  
al4n]gu/]sfd cxf]0 nJhf5 hljg .#.

; v eG5g\ v' l dfg5]bMl t bMv; fu/  
hf8f] 3fd, x'l, j iff{cxf]0 dfgj-hljg \$.

aenif 1fgsf lgldt ; fRr}hljg pRr 5  
gq dg, cx^lsf/ vlg]d5fg aGb5 %.

al4 of]kfol nDsG5 hljg 1fg vflt/  
otf hf65, ptf hf65 1fg kfpg cflv/ .^.

e't eljio l/Q}xf]cfp5 hf65 hljg  
; fpg]vx/]h:t}cfh}dfq 5 hljg .&  
jg:ynl, sf7df8f}



ltdl lgldQ dfq}xf} ; f/f ub5 07j / .  
ofg ; fwg dfq}xf] e/ rfnssf]k/ ..  
-gltsf s/faf6

## k1fgsf] vfFf]

☞; Vb|laxfgl

zlt cf8] xf; \$l xf; nl kmh xf]tdl  
klt af8] gfr\$l p/f7 7fpbf klg .  
xph s; n]kmh nf6f]xf] \jf rnfv g}  
kph aleng x}] rflxG5 x}; bfw g}.!.

lr/r/{ r/fsf enlkmlkm{ 3dlsg  
sxlxru/l afng]xfuxfluf 8hlsq .  
aGgk5{pxl kG5l u/l pQd Wbfg g}  
efiff aleng cfvfn]rflxG5 x}; bfw g}.@.

5^Ea|5^Ea|u/l v:b}5x/f tn enb5  
vg\vg\ vg\vg\ u/l xf:bf kx/f l/; ub5 .  
; Gb5 p; n]xf, f]h; n]kph a%5 g}  
Wlg aleng sfgh]rflxG5 x}; bfw g}.#.

Af:gfbf/ snf-sz sDd/} Dd enNb5  
dbxfzl-gzfoQm To; d}lkp enNb5 .  
pkdf lbG5 d3\$5f]h; n]5\$5 3fd g}  
laDa aleng ; Gb5f rflxG5 x}; bfw g}.\$.  
afg4j/, sf7df8f}



5fgkb5 cfkmlj]j rf/, j fb 8^N'.  
5f6d}kmNb5g Hofbf /l; nf kmn c^N' ..  
-gltsf s/faf6

# nfhnflof] dnf0{

esxl/x/ kblk l3ld/]

x/f0f]ls s]xf]x/]b d]f]  
cgf]goff kn/Psf]5 knf]  
hlt Hof]tsf]df]tsf] /fznf0f]  
eng}plQ a9bf]cW}cW]f].!

lj gftjh cfn]65l rldsbgg  
lj gzf]Qmsf tf/n] Hof]t lbGgg  
g hftl g /fkl ds}pldpggg  
; wfen] vtl d7l leq0Ggg].@.

k/f0{k]ef]nufP/ laNnf  
pvjh] /x]f}; w]; fw lsNnf  
5 ; :tf anflsf/sf]bm v]b}  
n8sf]5 h^u]; xf/f g b]b} .#.

g efff g efff g kfgl kw]f]  
uof]efff tf 3]g l; Ssld knf]  
; w]agb af6f]3/eq knf6f]  
g df6f]; a]/0m /^ulg 6f6f].\$.

sxf]l; hgf z]tsf]kthaf/l  
oxff of]anflsf/ r]tsf/ ef/l  
lgxf/]st]b]vb]g] phjh  
0zf/f lbb]of]ls xb}; ; jhL %.

9nf0{hnf0{k]fgf lg; fgl  
e/]6fs]f goff /fhwfg  
k/fg}uPgg]pg}tfh]gnf0{  
etSs}eo]nfh nfluof]dnf0{.^.

19s]/f, c3]/frl



# ZfAb-; f/ly

eslx/0onfn 1j fnl

x/]z]b z:q x]f  
dx]j k0f{c:q x]g  
gj]lg gln j:q x]g  
cg]t jf ch; | x]g].!

x/]z]b blk x]g  
x/]z]b alh x]g  
x/]z]b ult x]g  
x/]z]b k]t x]g].@.

x/]z]b 1fg x]g  
x/]z]b zfg x]g  
x/]z]b dfg x]g  
goff goff laxfg x]g].#.

cb]o z]om z]b x]g  
ch]o z]om z]b x]g  
ag] syo n]o ol  
; b] wlk anb5g].\$.

ldn] z]b z]b g]  
; /]o ult a65 /]  
x/]z]b-z]bdf  
kg]t k]t x]g /].%

; b] z]b hfl; nf  
bz]f] tf/ efft5g]  
; b] z]b hfl; nf  
c; eo rf] nSt5g].^.

aen] z]bsf]val  
vg]x; lf]n; s]  
a8]a8]lb]f/ tl  
lgd]f]9nl; s].&

ag] kth xf]b5g  
lg/fz ej df:b5g  
nuf0{k]t gfrb5g  
cg]t sfn arfb5g].\*

kt6l cg]s xf]g  
h6] Ps agb5g  
cb]o z]om z]bdf  
nsl/x]g5 efb5g].).

lg/:q 5g x}d t  
lgz:q 5g x}d t  
cz0m 5g x}d t  
5' z]bn]; ; lhht .!).

d z]b-v]h v]b5'  
d z]b-af]h af]b5'  
d z]b-o1 ub5'  
d /fi6« 6fg eb5'].!!.

x/]z]b z]bdf  
; /]o ult 55{d  
x/]z]b ult ultdf  
klj]q k]t e5{d .!@.

x/]z]b ufpbf k]l  
x/]z]b 7fpbf k]l  
d z]balh 5b5'  
kplkt r] eb5'].#.

/df0{ z]b-z]bdf  
d u5{s]o l; hgf  
lkP/ sf]osf/;  
ld6f0lb5' lt; ff .!\$.

e/] z]b dfw/l  
ahf0lb5' aff /l  
goff goff s]/f cyl  
d a65' z]b-; f/ly .!%.  
a6j n



k5f/sf] kftf]

## 5Gb / p0/cfwlgstf

u?^a ; zgt

5Gb / slj tfsf]; f0gf]k/fgf]xf]. ha cleJol0ndf snfldstfsf] ck]ff eof] ta 5Gbsf] s/f cufl8 cf0f] xf]hf eGg] cgdfg ; xh}ug{ ; lsG5 . 5Gbn] slj tflds efj nf0{/fd/l af]g] sf0 ub5 . 5Gbaf/] kf]fflts g]fnl zAbsf] -@)^!\_df Pp6}ult / oltf k9g ; lsg]no, slj tf jf Znf]x]df kf0g]zf:qlo no jf nf]nol elgPsf]5 . o; af/] cem]ki6tfsf ; fy g]fnl zAb; fu/ @)%&n]lbPsf]5-olt, ult, no, j0f{jf dfqfx]sf]lgot kf]ff xg] ufoql cflb ljefhg cftuf kg]; ft kf]sf/sf kBe]sf /rgfd]b]Ps . ltg}; kte]sf pke]fcg; f/sf]nobf/ sf]osf]sg]Ps cz=jf IzNkU . 5Gbnf0{/fd]9ff]fsf]z kdf klg xl]G5 . Jofj xfl/s h]gdf klg eGg]ul/G5 - 5Gb g aGbsf]sf0 gug]. j]bs ; dob]v g]5Gbsf]cl:t]j /x]sf]0ltxf; 5 . j]sf]5 cf]f cu]d]b] 5Gbnf0{Pp6f c]sf]z kdf :j]sf/ ul/Psf] kf0G5 . 0f" bf] f]zts 5]p5fpdf cfrfo{lka]ndlgn].5Gb; q]bf 5Gbnf0{jool:yt / j]flgs t/lsf]k]tt u/]sf] 5g].

5Gbsf kj]ts cflb cfrfo{lka]unfrfo]f0{cfwf/ dfg] 5Gbnf0{.lk]a]unzf:q]elgPsf] klg kf0G5 . cu]hldf 5Gbnf0{.ld6/ elgG5 . ld6/ g]ksf]z kdf kf]nt 5 . 5Gbn] klg j0f]sf] clf/sf]olt, ult, dfqfnf0{g]kg] ul/G5 . 5Gbdf kf]lq ; flx]osf] of]bfg cthglo 5 . kf]rfl; flx]osf] :jR5Gbtf]fbn]5Gb e]sfpg] sf0 u/]sf] b]M5 . kf]rfl; flx]odf 5Gb kf]ff eP klg uB slj tf n]ygn]a9l kf]ldstf kf]f].

sflnb; , l]f]b] el66 cflb cfrfo{z n]5Gbsf]lf]df pNn]ygl0 of]bfg kf]ofPsf 5g]. g]fnl ; flx]odf n]ygy, b]sf]f, dfw] l3ld/ cflb slj x]n]5Gb}n]y] Vofit sf]Psf xg]. zf:qlo 5Gb, hftlo

5Gb, cGo b]lo 5Gb / dQm 5Gb u/l rf/ e]df lje]flht 5Gb ; :s[t ; flx]odf /fd/l x]g kfp klg cfwlg / p0/cfwlg l]zj ; flx]odf 5Gb d]tkfom e0; s]sf]b]M5 . xg t kf]lq ; :s[t ; flx]osf p]s]6 n]y]s af0fe66n] klg .xiff]t] / sf]ba/l h:tf uB ; flx]o n]y] 5Gb0t/ lbzfl/ df] b]yfp]sf lyP . kf]rflTo l]åfg] cf0= P= l/r8{ n] ; j]f]ws ; l'd cleJol0msf lgl]t em08}clg] fo{; fwg 5Gb g]x]f]eg] klg pg]sf]egf0 cfhsf] ; dodf ; a]s6df k/]sf]5 . 5Gb zf:qlo s/f xf]. zf:qlo s/f lgl]rt / a4 x]G5, t/ p0/cfwlgstf clg]rt / dQmtfl/ cfk]ff]rf; f]b]yfp]5 . 5Gbsf nflu uxg c]bbog ; fwgf / w]f r]flx]G5 . 5Gb]t/ l]bfg l]bbf dh] ejf el]sg x]g eGg]df]otf klg x]b5 . l]wtlo xhfssf df]bdaf6 l]zj ; l]gf 1fg a]f]8/x]sf]p0/ cfwlgstf; u s7f] ; fwgf / w]f{b]v]b] . To; h] 5Gbsf] d]gb/lt/ hfg 8/f0/x]sf cfhsf]l]zj ; flx]o . cfh klg 5Gbnf0{kq]1fg; fwgfdf n]flg] ; fws / 5Gbsf]:jfbdf /df0/x]sf 5Gb]fblx]sf]k]lg sdl 5] . 5Gbdf snd rnfp klg b]sf]f 5Gb]bf ; xh ejf f]ol0ndf /d]sf lyP, t/ 5Gbsf] /fd] 1fg b]sf]fnf0{l]yof].

cfhsf] ; dfh xtf/df slb/x]sf, uxgtfe]bf xn]sfkgdf /df0-/x]sf . zf:qlo dxfsf]o geP klg .g/l; x]cj tf/ l]h:tf]p]s]6 uB sf]o g]fnl ; flx]on]k]kt u]of]. uBaf6]elk / l/dfn :yflkt eP . dxfsf]losf] d]o' eof] eGg]k? klg 5g] t/ 5Gbsf sf]o-dxfsf]o lbgf]lb] a]9/x]sf]. cfhsf]k]tf pk]of; df cfk]ff]hlj g vfl]h/x]sf]5 . 5Gb / 5Gb0t/sf ; flx]on]cfk]ff]k]f7s / ahf/ ln/0/x]sf 5g].

s]eGg ; lsG5 / 0ltxf; b]f]ff]g ; S5 . 0ltxf; sf]kb/fudg s]g]g s]g]?kdf xg ; S5 . 1fgsf]l]j :tf/ ; u}5Gbdf ufpg]sf]nlx]z h]dg ; S5g] sndsf 5Gb]a4 aff]slx]df cem]c] kf]s cfp] ; S5g]. o; sf]nflu t kf]7ssf]1fg]flth klg km]flsnf] xgknf{. x]f]ef]hsf] ; dodf 5Gbsf]cl:t]j / l]sf; sf]af]sf]s:tf]xf]hf <

\* \*

k:ts-kl/ro

## P3f/ afnsyf-; 仗

elg65 afnsx<sub>2</sub> u[nf] df6f] dfg xg\ pglx<sub>2</sub> elj iof s:tf] JolQmsf] 仗 kdf k\$6 xg5g\eg] s]/f pglx<sub>2</sub>n] j flosfnf s]s:tf]; #sf- ; #s[t / ; flxTosf]; flggmlo kfp5g] Jo; h] dxTj k0f eldsf vjh\$] x65 . ; r] cleefj sx<sub>2</sub> To; h]afnsx<sub>2</sub>n0{plrt k\$[sf/sf] ; #sf/ ; #s[t / ; flxTosf] ; fd1kodf /vNg rfx65g\ oxl s]/fnf0{ ; km kfg{w}gkfnl ; flxTosf/xz]n]afn- ; flxTosf>l]4sf nflu cfkmg]dxTj k0f ; do virPsf 5g\

afnslj tf, afnsyf tyf afnpk6f; xz]dfkmt\afn-afnsfx<sub>2</sub> sf slnnf dg-dlitisdf oufgsh cfj Zos g]tstf, nlgzlnf, /fi6elQm k\$ / d]lsf b[6f6tx<sub>2</sub>n] el/Psf cfsif\$ v/fsx<sub>2</sub> ; Dk]f0f u/\$f]kf0G5 .

k15Nnfk6s zlbfy{k\$[fzgn] Ps]fy P3f/ j 6f afnsyf-; 仗 ahf/df NofPsf]5. afn; flxTosf]f]sf]nflu of] lgs] cfzfnnfbf] sbd xf]. oxfFltg] afnsyf-; 仗 ksf af/hf ; Hfkt kl/rofids 16kk0f k|t t ug]kpf; ul/Psf]5 .

syf-; 仗 M tlg dv{; fylx<sub>2</sub>  
/rgfsf/ Mcef zdf{

o; syf ; 仗 kdf gf} j 6f afnsyfx<sub>2</sub> ; 仗 xt 5g\ tl qmdzMo; k\$[f/ 5g\-tlg dv{; fylx<sub>2</sub>, al4dfg\ oxbl, cd/ afns / p; sl cfdf, p8g] dfb, bvl / ; vL ; fy, ; Gsl sDko6/, c; n s]f] h]bf/ l]Bfyl{.

syfsf/ cfebsf]kfrfFs[tsf] 仗 kdf cfPsf] ; 仗 kdf oyfyk/s 仗 kn] l]Zj df rlrft / ; km JolQm sf 仗 kdf lrIgPsf sltko dxfk'ifx/sf] af/df cfsif\$ effifz]ldf lrgef/l k|t t ug]hdsf] ul/Psf] kf0G5 . ; fy} cfhsf] j ]flgs oludf a9b} uPsf] k]j lwsf] cTolws x: t]f]af6 dfqj lo ; j]bf / dfqj lotfnf0{ ; Af0f ug] klg ol syfx<sub>2</sub>n] cfx]fg u/\$f]cefef; x65 .

syf ; 仗 M bz dxfdv{  
/rgfsf/ Mlx/0osdf/l kf7s

syfsf/ lx/0osdf/l kf7ssf] t]f]s[tsf] 仗 kdf cfPsf]o; syf; 仗 kdf klg gf} j 6f afnsyfx<sub>2</sub> ; 仗 xt 5g\ o; syf; 仗 kdf qmdzMo; Gt km] cfof]Pstf, nf] dfns, prR l]rf /fv, bz dxfdv{ Odfgbf/ s]f]l, k]l />dsf] dl7f] km, d]gtsf]km, ; dembf/l / ldqtf h:tf syfx<sub>2</sub> 5g\ syfsf/ kf7ssf ol afn syfx<sub>2</sub> df k\$[f, d]f, g]tstf, 0dfgbf/l, k]l />dk]t cf:yfj fg]g cfx]fg ul/Psf] kf0G5 . ol 5f]f syfx<sub>2</sub> afnsx<sub>2</sub> df ; sf/flds k]fj kfg{; km xg5g\eg] l]Zj f; ug{; ls65 .

syf-; 仗 M cfd / 5f]f  
/rgfsf/ Mpldf nfld5fg]

syfsf/ pld]fsf]o; ; 仗 kdf cf7j 6f afnsyfx<sub>2</sub> ; 仗 xt 5g\ . ; kgfsf] s]/f, od/fhsf] Gofo, kfxgfsf] efllo, u/]fnsf] ; kgf, cfdf / 5f]f, x/fPsf] Snd, c; n l5d]l, h]f0E]rnfnvl h:tf syfx<sub>2</sub> df afnsx<sub>2</sub>n0{ /df0nf] nfllg] u/l s]kgfzlnf, rfd]tsf/stfsf]pkof]u ub]syfsf/n]3/ kl/j f/ ; dfhdf c; n JolQm afg afnsx<sub>2</sub>n0{kl/j t ug]k]f]t ug]\$/f]kf0G5 .

syf-; 仗 M ktnlsf] lax]  
/rgfsf/ Mdw; bgk] fb l3ld/]

syfsf/ l3ld/sf]gj f]s[tsf] 仗 kdf cfPsf]o; syf; 仗 kdf :ofnsf] k]t1f, ls; fgsf] lxDdt, 0{of\$] km, Pslqt dg, ; j fledfg, k'tnlsf] lax] / ; xof]u h:tf ; ftj 6f afnsyfx<sub>2</sub> ; 仗 xt 5g\ . syfsf/ l3ld/h] cfkmg] syfx<sub>2</sub> dfkmt afnsx<sub>2</sub> ; dlf snflds / cfsif\$ 9ufaf6 0dfgbf/l, k\$[f, s]off, ; j fledfg, ; fx; / g]tstfsf] ; Gb] ; Dk]f0f ug]Psf]5 .

syf-; 仗 M; p/f]  
/rgfsf/ M8f= l]Zj blk clwsf/l

syfsf/ clwsf/lsf]; ftf]s[tsf] 仗 kdf cfPsf]o; afnsyf; 仗 kdf h]df 5j 6f syfx<sub>2</sub> ; 仗 xt 5g\ afnsx<sub>2</sub>n0{ syfsf/n] k\$[t ; Af0fsf] dxTj / pkfb]tfsf]af/hf j ]flgs t]yo / ts]z

k|t t u/] oyfyk/s / km/s syfx<sub>2</sub> lbg]ePsf]5. ol syfx<sub>2</sub> df dfg gfd u/\$l aflu]nf0{ :yfol kfqfsf] 仗 kdf k|t t ul/Psf]kf0G5 .

syf-; 仗 M; x / nfvdv\$]  
/rgfsf/ Ml] Zj /fh kf08]

afn; flxTodf lgs]nfdf] dob]v snd rnfp] cfpgePsf l]Zj /fh kf08\$] bzf]fs[tsf] 仗 kdf cfPsf]o; afnsyf; 仗 kdf ckildsf]syf, l]lrqsf] km] nf, nf]lsf]cj :yf, nu6 df]lg] Ps lbg]sf] s]/f, l; x / nfvdv\$] , xfQlsf] l/ ; 7ls km] nf u/l h]df cf7j 6f syfx<sub>2</sub> ; 仗 xt 5g\ . syfsf/ kf08h] k\$[tleqsf] cj oj x]n0{kfqsf 仗 kdf pEofP/ dl7f g]ltsyfx<sub>2</sub> sf] /rgf ug]Psf]5 . o; syf; 仗 kaf6 afnsx<sub>2</sub> k\$[d] / ; j fledfgsf]kf7 l; Sg ; S5g\ eg]clo yk]cfj Zos 1fg; d]t k]t ug{ ; S5 .

syf-; 仗 M tlg tf/f]  
/rgfsf/ Mj ; Gtsdf/ zDdf{g]fn

g]fnl effif ; flxTosf]>l]4df l; u]f]hlj g ck]f ug]Psf sf]sf/ tyf ; flxTosf/ j ; Gtsdf/ zDdf{g]fnfsf]o; afnsyf; 仗 kdf 5 j 6f syfx<sub>2</sub> ; 仗 xt 5g\ tlg tf/f, afns w]j, r]l]snf tf/f, xl/t tf/f, Pp6f aa/fsf]syf / dfG5\$]f] cfo'h:tf syfx<sub>2</sub> df afnsx<sub>2</sub>n0{s]lxNo} gc:tfg] r]l]snf] tf/f afg k]0ffsf] ; Gb] l]bPsf] kf0G5 . dxfslj n]ldkj fb b] s]f]f, df]t/fd e\$, e]6l h:tf

lj eltx<sub>2</sub>sf]hlj gln]afnsyfx<sub>2</sub>df s<sub>2</sub>k  
ug<sub>2</sub>5{eGg]; sf/ftds ejf gfsf]lj sf;  
ug{cj Zo klg ; xof<sub>2</sub> ug<sub>2</sub>.

syf-; **■ ls; fg / euj fg\**  
/rgfsf/ **■** j gosdf/ zdf{glfn

; dfnf<sub>2</sub>s lj gosdf/ zdf{sf]  
af0{ ffs[tsf]<sub>2</sub>kdf b<sub>2</sub>yf k/b<sub>2</sub>afnsyf  
ls; fg / euj fgdf bj tfsx<sub>2</sub>sf]aj<sub>2</sub>s, af<sub>2</sub>sf  
/ df05]ls; fg / euj fg]c; lff, a4 /  
bj b0; bN<sub>2</sub> / oflottf u/l hldf ; ft  
j 6f afnsyfx<sub>2</sub> ; **■**xt 5g\Jolle, oyfy<sub>2</sub>  
k/s rdtstf/stf, wld<sub>2</sub> tyf cfllofttds  
g]tstf, ; To / ; ]fefj sf]; ofhg ub<sub>2</sub>  
/df0nf afnsyfx<sub>2</sub> ag<sub>2</sub>sf syfsf/ lj gon]  
df+el0fa6 lj dV xkgk<sub>2</sub> bfz[gs  
:j t<sub>2</sub>qtsf]; Ddfg ug<sub>2</sub>g] afnsx<sub>2</sub>df  
cgfj Zos pkb<sub>2</sub>sf]ef/ nfbg'gxg]h:tf  
s/fx<sub>2</sub>dkm<sub>2</sub>lsyf ; **■**knf0{; Gb<sub>2</sub>dh<sub>2</sub>s  
agfpg'ePsf]5.

syf-; **■** 15 stories  
/rgfsf/ **■** Jyoti Adhikari

c<sub>2</sub>hldf n]vPsf] o;  
syf; **■**df syfsf/ Hof]tn]pklgifb<sub>2</sub>sf  
pRr syfx<sub>2</sub>nf0{cfhsf]gofk<sub>2</sub>tf; Dd  
k<sub>2</sub>ofpg dbt ug<sub>2</sub>Psf]5 . ; fdfGotof  
; st efff eGg]laQs]tl; g]cfhsf]  
k<sub>2</sub>tfnf0{lo; efffleq /x<sub>2</sub>sf 1fgsf cg<sub>2</sub>sf  
Hof]taf/]atfpg of]syf; **■** dx<sub>2</sub>j k0f{  
b]vG5 . ; /n cu<sub>2</sub>h<sub>2</sub> tyf cfsif<sub>2</sub>  
efffz<sub>2</sub>ln]syfx<sub>2</sub> dl7f ePsf 5g\hf]  
xd]cflofttds ; dkQx<sub>2</sub> xg\ s7fk<sub>2</sub>lgift,  
j kf<sub>2</sub>bf/0osf<sub>2</sub>lgift\ 5fbf]of<sub>2</sub>lgift\

k<sub>2</sub>gfl<sub>2</sub>lgift\ t]Q/lof<sub>2</sub>lgift\ h:tf dx<sub>2</sub>j k0f{  
pklgift<sub>2</sub>sf]af/df h<sub>2</sub>g ol syfx<sub>2</sub>n]  
afnsx<sub>2</sub>nf0{dfq x<sub>2</sub>g, pklgift<sub>2</sub>je<sub>2</sub>ns}  
gkfPsf j o:sx<sub>2</sub>nf0{ ; d<sub>2</sub> cfgl<sub>2</sub>bt  
kfg<sub>2</sub>.

syf-; **■** Grandmother  
/rgfsf/ **■** Muktinath Sharma

syfsf/ gpkfg<sub>2</sub>sf]t<sub>2</sub>fs[tsf]  
j kdf cfPsf]of]syf; **■** cu<sub>2</sub>h<sub>2</sub> efffdf  
n]vPsf]5 . o; afnsyf; **■**df syfsf/n]  
Grand Mother's smile, Alishas'  
Friends, Grand Mother told a story,  
Ramesh's wish to see Pokhara and  
Swapnil's Cleverness h:tf syfx<sub>2</sub>  
/rgf u/b<sub>2</sub>sf] kf0G5 . afndgflj 1fgnf0{  
pRr k<sub>2</sub>yldstf lbP/ tof/ kfl/Psf ol  
syfx<sub>2</sub>n] kfl/j fl/s k<sub>2</sub>, ko<sub>2</sub>sl<sub>2</sub>  
:ynx<sub>2</sub>nu<sub>2</sub>ot\; **■** g<sub>2</sub>fnsf]ef<sub>2</sub>u<sub>2</sub>ns  
j ftfj /0f/ cjl:ylt, lj b<sub>2</sub>zdf a:g]g<sub>2</sub>fnl  
afnaflnsfx<sub>2</sub>sf]k<sub>2</sub>/yfsf af/df cfsif<sub>2</sub>  
efff z<sub>2</sub>hldf atfPsf]kf0G5 .

syf-; **■** Country's Pride  
/rgfsf/ **■** Bhabha Sharma

efff zdf<sub>2</sub>sf; ftfs[tsf]<sub>2</sub>kdf  
b<sub>2</sub>yf k/b<sub>2</sub>sf] o; afnsyf; **■**df cf7j 6f  
syfx<sub>2</sub> cu<sub>2</sub>h<sub>2</sub> efffdf /rgf ul/Psf 5g\  
Father of your Valentine, Dream,  
Gender Equity, Street Children,  
Countrys' Pride, Rams'Computer,  
Trafficking of Girls, Deviation h:tf  
syfx<sub>2</sub> /x<sub>2</sub>sf o; syf; **■**df ejf<sub>2</sub>tsfsf]  
dl7f] k<sub>2</sub>tl<sub>2</sub>, Inulo lj e<sub>2</sub>sf] ; s<sub>2</sub>,  
/fli6otf, cfk<sub>2</sub>sf] eflosf] km nf cfsif<sub>2</sub>

ug<sub>2</sub>5{ eGg] ejf gfn] k]/t efefs<sub>2</sub>  
syfx<sub>2</sub> lszf] lszf]lx<sub>2</sub>sf nflu  
dx<sub>2</sub>j k0f{5 .

o; / ; du<sub>2</sub>ff eGg]xf]eg]pkoQm  
; a}nys /rgfsf/x<sub>2</sub>n]afnaflnsfx<sub>2</sub>sf]  
lxtdf 0dfgbf/lkj<sub>2</sub> h<sub>2</sub>thgfj /, xfj fkgl,  
sl/f, k<sub>2</sub>nlx<sub>2</sub>nf0{kfq agfP/ k<sub>2</sub>, d<sub>2</sub>l,  
; b<sub>2</sub>fj, gjtstf, 1fgsf]; Gb<sub>2</sub> kj fx ub<sub>2</sub>  
cfhsf ; fgf afnaflnsfx<sub>2</sub>nf0{ef<sub>2</sub>hsf]  
c; n / ; k<sub>2</sub>n gful/s a<sub>2</sub>gsf nflu k<sub>2</sub>off

dNo **■** cu<sub>2</sub>h<sub>2</sub> syfx<sub>2</sub>sf)>--

g<sub>2</sub>fnl syfx<sub>2</sub>sf#%--

k<sub>2</sub>fzs **■** zAbfy{k<sub>2</sub>fzg

sg/g/b/u/fuf0{

wd{5f8g xEg<sub>2</sub>g a<sub>2</sub> dg{5 a] Tof]  
l; x<sub>2</sub>n]3fF vfb<sub>2</sub> :j lsf5{a<sub>2</sub> d<sub>2</sub>o'Tof].

gd<sub>2</sub>f glbg]lj Bf sf<sub>2</sub> 5g k9]klg  
gkmNg]j lf<sub>2</sub>sf]z<sub>2</sub>ef oflo 5g a9]klg .

lgs]lx<sub>2</sub>dt<sub>2</sub>sf ; fy nf<sub>2</sub>]5g c; Dej  
df0G5{cf6n]k<sub>2</sub>of]rGb<sub>2</sub>df k<sub>2</sub>lg ; Dej .

kG5fp/ ; a}afwf pg<sub>2</sub>gl<sub>2</sub> ug{kb<sub>2</sub>  
sfnf]d<sub>2</sub> x6fP/ 3fd nfub5 emNdn .

k:/k/ lj /fM g]t<sub>2</sub>Tj n]lj Zj rNb5  
cfuf]t<sub>2</sub> j f ldNbf blk emNdn aNb5 .  
-tltfdl7f s/faf6