

k] sfplo; n gkfna/f /fli6@:t/sf]-s\_ ju@f j ul§{

# j hoGtl

jif{\* c@\\$ # koff\\$ + ( jms/bt ; fxllos klqsf @)&@ efb/c; fjh

; Afis

j; Gtsdf/ zDdf{.gkfni

lgbz

ljgosdf/ zdf{gkfni

k\fg ; DkfbS

&fs' zdf{e)\*f/l

; DkfbS

ofbj e^v/f0{

; xofjl

sdnf gkfni

efef zdf{

cfeef zdf{

dft§f cfrfo{

cgfjh (sfn

sNkgf cfrfo{

; ^Nltf cfrfo{

k\$fzs

zAbfy{k\$fzg

rajh, sf7df8ff

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; Fgf Mj hoGtl df k\$flzt /rgfsf]; DkOf{lhd]f/ :jod\nys g}xg§g\

# ; DkfbSlo

- vfhfdf klg slj tf 5, kxf8df klg slj tf 5. lxdfndf klg slj tf 5, cfszdf klg slj tf 5 . sxff 5g slj tf < hxff klg slj tf 5, x/ j : t'df slj tf 5 . x/ kndf slj tf 5, hlj g g} klg Ps slj tf xf]. slj tf klsfz xf] / klsfz x/s t'j df klsfz 5 To; )n] x/s j : t'df slj tf 5 . df5jh] bllvdf klg slj tf nV5, ; \df klg slj tf nV5. hfg/ klg slj tf nV5, ghfg/ klg slj tf nV5 . hlj g lhpq] qmddf ; fob] sfxl To: tf dfc5] xfhnfg] h; n] slj tf nV5g . sf xl I; Sgl qmddf slj tf nV5g\ sf xl I; s]/ hfg/ kf]t e0; s]/ slj tf nV5g\ /fd] slj tf nV5g] /x/ hf]; 'shf0(x5 t] /fd] slj tf nV5g ufx] 5, lg/gt/sf] cEof; / ; fwgnf] ; flwPkl5 dfq /fd] slj tf nV5g ; Dej xG5, To; )n] t xfhnf ; flxTosf] cEofGo 1fqdf oy] 6 gfd sdf0; s]sf ; j6f; Ddnf0(klg /fd] slj tf nV5g] 0R5f ; w]/xG5 .
  - dfc5]sf] j rft/ h; /l cfcf]; )n] u/l cfcf]; \.; flxTosf] p2Zo ; Gb/ dfgj hlj gnf0{cem ; Gb/ kfg{g} x'gk5] eGg] s'/fdf **j hoGtl** kl/j f/ b9 5 .
  - **j hoGtl**] o; cl3 uBslj tf c^ssf] ?kdf !\$ / @\* klsflzt ul/; s]sf] 5 / o; kn6 klg b]z lj b]zdf 5l/P/ /x]sf slj x?sf &^ slj tfnf0{ cufl8 ; f]sf] 5 .
  - lg/gt/ klsflzt lj åfg\ ]j6f/f n]vPsf] ; DalGwt lj wfsf] ; Jflgts ; dlif -k5f/sf] kftf] n]; DalGwt lj wfsf] af/df w/yf] kf7ssf] cfj Zostfnf0{ lj wfut ; dfnf]rgfsf] lfqdf ; xofu klofPs] 5 eGg] s'/fdf **j hoGtl** lj Zj : t 5 .
  - Ps 7fpdf klsflzt e0; s]sf]/rgf j hoGtlnf0(gk7fpg klg **j hoGtl** kl/j f/ cg]/fw ub5 .
  - **j hoGtl**nf0{ dfof u/] cf^gf /rgf pknAw u/fpg x'g] ; Dk0f] ; j6fx?df j hoGtl kl/j f/ xflb]s cfef/ kls6 ub5 . o; sf ; fy] cfufdl lbgdf klg ; Dk0f]n]vS ; flxTosf/ Pj +kf7sx?af6 :gk, ; b]fj / ; xofu k]t x'g]g] 5 eGgdf xfal lj Zj : t 5f] .

## ; flxTos klfqsf j hoGtl

; #s]t, Psfa]sl, kf{d]t, n3pk6f; , n3syf, dQms, uhn, rf8-kj{; #d/0f !-#, :j b]zofqf !-#, lj b]zofqf !-@, /fl6o-JoIQtj !-#, ; dlif !-\$, lga6w !-#, 5l]sf] tf !-^, syf !-\$, uBslj tf !-# kl5 ca dQms c^s .

- zAbfy(klsfzgsf] ja ; f08df j hoGtl]sf ; a] c^s .8fpgnf8] ug{lDNg] u/l /flvPsf 5g\

## o: c^s sdf

qmd	slj tf	slj	klj7
!=kgM kldkq	cg6teb] nfld5fg]	%	
@=; / .d tf/fahf n] n]j k9Nbgf	cd]t zdf]..9sfnl	&	
#=Cfdf	CjOff sf]f/fnf	*	
\$=df5]sf] rl/q	cfef zdf]	(	
%=; dosf] cbfn tdf bfdf; fxL=	0gb'cz'	)	
^=dfq Pp6f 3/	0gb]sdf/ >j7 .. l/t\	!!	
&=elv	0zj /lk]; fb rfkuf0(	!@	
*=d]f] dg d]f] x'g ; slg	piff cfrfo{	*)	
(=dxfe5Dk	piff z]/rg	!#	
!=e0]rfnf]	snflglw bfxfn	!\$	
!=cfdfsf] af]nl	sNkgf cfrfo{	!(	
!=cGwsf/	lsz]v kxf8l	(	
!=v]hl	s'df/ sf^n]	!%	
!=r/fx?sf] b]z	s]of s]jh	!^	
!=u'x]s/f	s]of kfmg	!&	
!=^=lrofsf] af]b	sb]f/k]; fb cfrfo{	!*	
!=d ; flns	s]hfz lzv/	!(	
!=g; flNg]	uf]fn 9sfn .5gb]	@)	
!=Cllgk/Lif	uf]fn ; -h]h	@!	
@=slj tf af]w; tj -snkj lf	r6b]sf]t clwsf/l	@@	
@=c]f/ o'4	rfa] lr/fu	@%	
@=hlj gM C; dfg kf]t:kwf{	r8fd]0f sf^n]	@^	
#=lsg v]n/Xof]	hoGtl zaf[	!%	
#\$=afNg hfg] eP5	7fs' zdff(e08f/l	@*	
%"=gn]vPsf] Pp6f slj tf	tf/f k/fh]nL	@(	
@^=goft gkfn v]<	lttkf]t	#)	
@&=e5Dksf kf]r 6'qmf	tly/fh clwsf/l	#!	
@*=k]t liff	t]hs'df/ >j7	#@	
@(=efj gfsf] ; fo]f]	bfd]b/ bdhfnL	##	
#)=?kf]t/sf] df]8	bfd]b/ k8f; gl lszf]	#\$	
#=cgQl/t kf]g	lbJo lu/l	#%	
#=@ Tof] fofdf	b]uff.j gj f; l'	@!	
##=cg'e]t Ps cleJolQm cgl]	bj]bb]k]; fb l; 6f]nf	#^	
#\$=wfalv]hfdf ^offSPsf=	wl/s'df/ >j7	#*	
%"=f]nkf xf]d	gj lg n]f]rgdu/	#(	
#^=c]fhsn	glnds'df/ zdf]	\$)	
#&=lbphf l]tdlx?nf0(lbphf	k0ok]; fb cfrfo{.af]56f]	\$!	
#*=bftf/fd / n]tf/fdx?	k]iff]qd l; Ub]n	\$@	
#(=; f]bo{	kik/fh /fo{	\$\$	
\$)=cfzfdf	k0f(dg]sd]l{	\$^	

## jhoGtl c<sup>a</sup>s #( uBslj tf-#

\$!=vflh  
\$@=7hf 3/sl lbbL  
\$#=sxff 5 dl/f b]z <  
\$\$=vhf sf/fuf/  
\$%=uof Tof uof, dxfe<sup>a</sup>Dk uof  
\$^=; xgzlQm  
\$&=Hj f/ef6f  
\$\*=; Gb/tf  
\$(-PSnf  
%)=k/b]za6 d/f b]z  
%!=cfdf Ú dl/l cfdf  
%@=af v; jsf va/  
%#=eINsof ltdl der/lfd  
%\$=gcfPsf e0frfnf  
%#=nfdv66sf ; kgfx?  
%^=dxe<sup>a</sup>Dk / xfdfl kpf  
%&=b]z b\vsf ajhf  
%\*=dflg a:gl 5gg\da\an\zj /  
%(-Tof)lhbul  
^)=slj tf  
^!=cdt(dfdf  
^@=u'z  
^#=klsit  
^\$=u<sup>a</sup>fh  
^%=c; km slj tf-; dlfs  
^^=; ifkt dgsf lj ikmfg  
^&=ls; fg bf0sf t:j l/  
^\*=hlj g  
^(-hlj gsf no  
&)=rf6  
&!=hj, 3fd / kxf8  
&@=Ps ylf ktl  
&#=e<sup>a</sup>Dk  
&\$=dl o lj wfg M; dtf bzg  
&%=x]b]z Ú  
&^=wg sdfPsf 5fl/fx?

:yfol :tDe

k'5/f/sf kftf M slj tfsf ; f+slts cWoog kff= /fh]b] ; j]bl \*@  
xfdfl s]xl k:ts k; nx? M  
k7go'Qm s]xl k:ttsx? M

**ca xfdfl kfns**

d'QmS, ; dl lff, 5Gbslj tf, ; +d/0f, lgaGw - C<sup>a</sup>s x? .

## jhoGtl c<sup>a</sup>s #( uBslj tf-#

**k'gM k|dkq**

**cgGteb| nfd5fg|**

p m k/, llfth kfl/af6, lg/Gt/, cgj /t cf0/x]sf]  
ofl sfhfxnsf alr d ltdlnf0{ ofl k|dkq nVb) 5'.  
dgleq ulD; Psf c; ^No kl8fx?  
cf; 'h] gaufPsf nfvif pTkl8gx?  
vf6f gal; ; s]sf cfn} oftgfx?  
ol ; a]yftl /fv/ cfh  
d clxn] ltdlktsf d/f k|d-cfzI0m  
k]l/ lapftfpg] sf]; ; ub] 5'.

d ; D 'G5', tl u'nfkmsf sfldn kqx?  
tl k|ddf nlg dnj fsf k|ts[tx?  
tl :j kg gu/lzf cfsE{ /a\ng t:j l/x?,  
ltdln] lbPsf x/]s pkxf/ d/f nflu cdNo lyP  
o; y{ ; a} cfh; Dd d; u ; 'llft g} lyP  
t/ dnf0{ dfkm u/  
d]n] Tof :j kg gu/lzf au]faf6 u'nfkm 6kSs l6k/  
dnj fsf hf8l p8y cGt hfbf /fSg ; lsgf.

dnf0{ ofb} 5, xfdfl tl ; 'dw/ / cfldlo knx?  
tl ; u} algPsf elj ioso{ ofhgfx?  
tl ; u}; hf0Psf dl7f dfkxs ; kgfx?  
dnf0{ lj Zj f; u/, ol ; a} d/f nflu klg plQs} g} lk|o lyP  
o; y{ d/f dg dl; tisdf plgPsf elj io lyP  
t/ dnf0{ dfkm u/  
ofl ; dGb?kl hlj gsf kfglhxfh?kl ofqfn]  
dnf0{ cs} 6fkdf k|ofpb  
d]n] elj io ; fl6Psf k0} kfpg ; lsgf.

d snkg5', ltdfl Tof pbklt d'xf/ xg{  
dfxs d':sfgsf ; flfl afg dfbs clg x/f0 cg'e'l't ug{  
ltdfl Gofgf] c]fufnfdf a]/P ; +f/ la; g  
ltdfl dfofdf knklnq, :gkdf dflQg / k|ddf 31sg  
cfh ; fRr} g} eG5'  
ltdl; usf tl x/]s knx? d/f nflu :j l0fd lyP  
≥ 5 ≤

## jhoGtl c<sup>a</sup>s #( uBslj tf-#

o; y{ cfh; Dd klg ; f] ; lgWotfsf] Gofgfkgsf dx; ' ; xG5  
t/ dnf0{ dfkm/u/  
d lfl0fs 8Bjnfsl /fksf] nfeldf  
d]h] ltdf] : gksf] Gofgfkgsf plrt dNofa<sup>a</sup>s ug{ ; lsgf.

d sNkgf ug{ ; S5'; ltdf] 56k6fx6, plållgtf / cw]p{  
d]/f] ; jfbxlgtn] pAhfPsf] Cfqmfz  
clg b]v] ; q]sf va/x?n] hGdfPsf gl/; tf,  
d dfG5'; ltdf] ; a] ; j]bgfx? hfoh 5g\  
o; y{ d ltdln] plrt ; D'Psf ; a] ; hfo e]fg /fhL 5';  
t/ d dfly e/fz] u/  
d j E]l] b]; P/ clg b]z]k]dsf] dx]j a' ]/y  
; j]f ug{ kmlsPsf] ; Rrf b]zeQm xf.

i; gfd<sup>a</sup>un, sf7df8f].

i

## jhoGtl ; j6f ; Ddfgåf/f ; Ddftgt JolQm]j xà

c <sup>a</sup> s != slkn c1ft -; dlff_	c <sup>a</sup> s @= /fhlj / b]sf] -k] {d[t_
c <sup>a</sup> s #= ab"nfld5fg]-/fli6@ JolQm]j_	c <sup>a</sup> s \$= pldff nfld5fg]-gltsyf_
c <sup>a</sup> s %= 8f= z]pok\$z g]fn -5Gbslj tf_	c <sup>a</sup> s ^= elid pk]l -; j]b]zofqf_
c <sup>a</sup> s &= o] /fh gofB/] -; j]b]zofqf_	c <sup>a</sup> s *= 8f= /fdk] fb 1jfnl -5Gbslj tf_
c <sup>a</sup> s (= 8f=ho/fh kgt -rf8kj {	c <sup>a</sup> s !== sGx]f gf; ggl -lj b]zofqf_
c <sup>a</sup> s !!= ej gxi / l; Ub]h -k]fosyf_	c <sup>a</sup> s !@= 8f= bluf] fb cof] -; dlff_
c <sup>a</sup> s !=# k]f uf]ls]f zdf{-; dlff_	c <sup>a</sup> s !\$= /fdzj / fpt ..dft]f; l-uBslj tf_
c <sup>a</sup> s !=%= 8f= 3gZofd Gofgfkgsf]-; :d/0f_	c <sup>a</sup> s !== k]lk g]fn -; :d/0f_
c <sup>a</sup> s !=& lzj uf]fn l/; fn -5Gbslj tf_	c <sup>a</sup> s !== lj ho rfln; ]-lgaGw_
c <sup>a</sup> s !=( k]fzdlof bfxfn -lgaGw_	c <sup>a</sup> s @)= >lcf] >j] /f]g -; :d/0f_
c <sup>a</sup> s @!= /fdk] fb kgt -; j]b]zofqf_	c <sup>a</sup> s @@= d-hh -lj b]zofqf_
c <sup>a</sup> s @#= gf/fo0f lg/f; l -5Gbslj tf_	c <sup>a</sup> s @\$= zzl yfkf .kl08tU -; :s[t_
c <sup>a</sup> s @%= lszf] kxf8l -n3syf_	c <sup>a</sup> s @!= nlntf bf]f -Psf]s_
c <sup>a</sup> s @&= ultfs] / -n3pkGof; _	c <sup>a</sup> s @*= /fw]ofd n]fnl -uBslj tf_
c <sup>a</sup> s @(- rGbsfct cfrfo/-/fli6@JolQm]j_c <sup>a</sup> s #)= b]l g]fn -5Gbslj tf_	c <sup>a</sup> s #!= cd/sdf/ k]fg -/fli6@JolQm]j_c <sup>a</sup> s #@= l]Jo lu/l -dQm_
c <sup>a</sup> s #!= lfdf dfgGw/ -syf_	c <sup>a</sup> s #\$= j]f /fgf -uhn_
c <sup>a</sup> s #!= k]f /fh]b] ; j]b]l -; dlff_	c <sup>a</sup> s #^= g/]b]k/fz/ -5Gbslj tf_

## jhoGtl c<sup>a</sup>s #( uBslj tf-#

# ; / .d tf/fafhL n} n] k9NbGf cdlt zd{ .9sfm]

Joj : yfsf] 3fdn] kvfNg g; s]sf]  
Pp6f ulx/f] /ft  
ef]lg' h: tf] /x]5  
C?sf] ; kgf ckfpg' klg  
; ftfsf] 3/df ; Ts]l ag/]  
5f/f hGdfpg' h: tf]  
cf^g] cfwf cf^a vfp/ 8sfq] af3sf] axfb'/ldf  
tfnl lk6g] h: tf]  
af/ldf pd]b] u/]sf] b]0{kft] kl; gf aufP/  
ef]sf] kf] /hfg]  
af9lsf] of] g upg' h: tf]  
dnf0{ of] slj tf lgSs} ck7af/f] nflu5 ; / Ø  
g] lu]s sd]bf agf0Psf d]/f dfdf  
afp]g] ; k]x?sf] vl6of a]g/ s]bf s1//x]sf x]y]  
vlnxfgdf s]f]f k]n/fpb} kmnf hlt kj {tlof /h] fnf0{  
7]b]f hlt dflnssf] e] fnf0{  
ar]sf] s'gfp8f]sf] v/fgl /a d]/f] cg]xf/df kf]t/]  
el]j fsf] 6kkf] s]ggf] leq 3'; fb] p7g]  
d]/f dfdf .3f]8fdf r9]f dnf0{ e]b]g cfPsf] k/b]z] slj tf  
d s; l k9f<  
cf^g] 5f/fsf] xftdf e/L b]wb]f] kf]l ydfP/  
dflnssf] n]gf] e} lnf0{ l56]f fsf l56]f 3ff; s]f6g] kg]  
d]/l a]f] df0h]h] RofltPsf] n]x]a]sf] cg]xf/ t]g; Dd  
geofPsf] ; f]fl log] cf]mf 5g]  
nrfsf] k]th ; 's]h: tf] ; 's]b] upPsf]  
5ftl /; fpg 3f]B] / u]nf]sf] tnf; df  
x]nsf / 918of g5f8g] d]/l df0h"  
8f]hldf Ps ..; f]n] sfkm] NofP/ cfPsf]  
t]hfa] no d s; f]/l upf<  
dfkm /xf]; \ /,  
d]/f] g]f]n] l]stfa d]/f] /x]g Ø

## cfdf

c<sub>2</sub>Off sf0/fmf

cfdf ltdl lyof} / kf  
 kf/l/j fl/s dfofsfl 8f/l lyof} .  
 cfdf e<sup>b</sup>g] lgx<sup>d</sup>f ltdl hxff lyof} Toxxf e]nf xGyof} .  
 e<sup>b</sup>g lbgibg} cfpq] sj'n xGyof} .  
 8f<sup>b</sup>fdfls] tl hgn]  
 5f/f5f/l<sup>s</sup>f] sj'n ; lDen/xGyg}\br/>
 5f/f 5f/lx? lal; {xGy} .  
 s7} cfdfsfl dfof=5f/f 5f/l sxff a%by} .  
 a9fkfsfsf] pvgf] 5  
 .cfdf a'afsfl dfof 5f/f5f/ldfly  
 5f/f5f/l<sup>s</sup>f] dfof 9<sup>a</sup>nd'8fdfly] ; ffrf /x5 .  
 5f/f5f/l cf^g} ; + f/d/ df0/xGy}  
 cfdfnf0{ e<sup>b</sup>g hfg] s/f slxn] sfkl ; lDen/xGy} .  
 cfdfsfl bzg ug] cfPsf] egl,  
 l5f/l5f] e]6l kmis/xGy} .  
 pgsl Ps emns bzgdf d eg] ; f/f bMv lal; fy]  
 c7f; l j if] cfdfsfl To] cgx' cfh ; lDen/x]sl 5'.  
 afNg g; sl-g; sl cfj fh lgsflNyg}\br/>
 lal; pf-lal; b} klg ; lDen/xGyg}\br/>
 5f/f-5f/l gft-gftgf, gftbf/ 0i6ldq ; a]nf0{ f]ng Eofpfg}\br/>
 ; a]nf0{ dfofsfl aGwgdf afw/fVyg}\br/>
 ca cfdf : j u]sl tf/f ePsl l5g}\br/>
 pgsl cg'k: yltdf rfb} dfofsfl aGwg r]8psf] 5,  
 cfk; l vrftfgln] kfl/j fl/s ; DaGwdflr/f k/]sf] 5 .  
 xff fl / Ps csfkltsf] pkxf; dfq affsl 5 .  
 cfdf ltdl cefj c; Xo ePsf] 5 .  
 cfdf d ltdlnf0{ w/} cff; 'n] ; lDenf5' .  
 slxn] sfkl b0{ y'auf kthn] ; lDenf5' .  
 slxn] sfkl ltdl leQfdf 6ff; Psf] t:j l/nf0{  
 Ps 6s x]/xG5'; yfx) xGg slta] ; Dd  
 d ltdl dfofsfl cefj df 6f]nf0/xG5' .

alQ; k'tnl, sf7df8f].

## dfG5]sf] rl/q

cefef zdf]

ptfsfl oft, oftsfl ptf  
 tnsfl dfly, dflysfl tn  
 h'g htf gfr] klg 7ls  
 h'g htf /fv] klg 7ls  
 dfG5]sf] rl/q  
 ; s] bfAg] baFpg] /  
 g; s] nfrf/ldf  
 l<sup>a</sup>Rr bftt b]vfpq]  
 dfG5]h] h: tf]  
 hfn, ein, etb, km/a  
 o; w/tlsf] s'g} hlj n] u5{<  
 dfG5]df h: tf]  
 qh/tf, 3d08 / xlgtf  
 o; w/tlsf] s'g} hlj df 5 <  
 ga%bf klg ufxfl  
 a%bf klg ufxfl  
 dfG5]sf] rl/q  
 l] l] w /<sup>a</sup>df 3f]nPsf]  
 /5fgd} krmnfh: tf]  
 a]w / b]s/ =  
 rfa]n, sf7df8f].

i

## cGwsf/

lszf] kxf8l

b]vbg  
 ; tfl xb} uPsf]  
 d/f skfn,  
 rlsf} uPsf] leQf  
 cf^g] 3/sf],  
 b]vbg  
 Sofn]8/ klg  
 lbgutlsf] -  
 36] uPsf].  
 g t b]vG5  
 l5d]lsf  
 cff 'sf l5sf? .  
 a] klinx?  
 SNkgfdf ; hfpg kf0G5,  
 a? /x/x? ; kgfdf  
 bf8fpg kf0G5,  
 /ft To; h] lk] nfU5,  
 cflv] lrDn] / 5fld/xf  
 lgik§ sfnf] /ft .

nlntk' .

i

## ; flxTo ; j4g s[b/gkf

; flxTo ; j4g b]f ; Ddfglaf6 ; Ddftgt JolQmJ

②&amp;) kf=8f=szjk] fb pkflfbfo .

②&amp;! kf=lzju]fkf]n l/; fn

xl/x/ zf:ql ; flj qlb]l ; flxTo k':sf/!e)\$%

②&amp;) kf=8f=jf; b] lqkf7l .

②&amp;! kf=sf0f uf]d .

.ljZjHofft ; Jf ; Ddfgl ; Ddftgt ; zf

②&amp;! &gt;l ; lo ; fo{s]b] kf{sf7df8f}

; 9 ;

## ; dosf] cbfntdf bfdf; fxL kl/ro

0Gb'c<sup>a</sup>'

aNn a'enf  
af6f] lsg df8bf] ltdln]  
bf8sf] bfdf; fxL kl/t; kwfdf  
lsg xf/nf0{ af/Daf/ d; lu h18bf]  
36gf t ; lgoft ht /x]5 lg ll  
nhfn' kl/tdfnf0{ dgleq ur8bf]  
Ps k1N6f] k1dsf] 3fd af1s/  
ltdl eP 7fpbf cfpbf  
d]g, ltdln] : lsf/]S lyof/  
d]h] ha/h: tl s]x]  
lNg g} rflxg] ltdla6  
To; h] ; a} tGg]l ; kgfx?nf0{  
ltdln] dNofPsf]  
k5bfyfleq n'sfp/  
ub{ 5' cGwsf/ af6fsf]  
phofnf] ofqf .  
; Demf]fsf bzg 9'auf krfNbf  
cl: tTj sf] ufgf] vtd xG5 eGg]  
slyt ; flr 0afhf en k1nf0{  
d leqsf] dnfo{ cfttfol agf0{  
lg/h/f kf/L,  
kr] / ltdf] k] iftj sf]  
; n]bf] hufpg] ltdf] bfp a'en/ g)  
d]h] PSnf] ofqf /f]h]sl xf.  
ltdlnf0{ kld ul//xf  
ltdf] k1dsf] cl]g tkf] /xf  
bGTosyfsf] /fhs'df/sf] j 0fgef]  
ltdf] kmf] f] j l/tf / kf/vsf]  
; /ud cfnfk] /xf h: tf  
dnf0{ nf]sf] lyof/  
hlj gsf] Ps zltj Gb' e0{  
ltdld] v; l  
ltdl leqs] cgGttfdf  
lj no xG5' eg/

ofqfsf] la6 dfg] c7f]6 ug] nflu/bf  
ltdln] cf^ gf] ; lnkrf]gdf cfPsf]  
dl7f] lgDtf]nf0{ 6fb] eGof}  
acfh Jo: t 5'  
ef]n cfp5' x} sfnl ll  
; xf] of] eld 7fg]/  
kr] / gf/lS07nf0{ p4[t ub] eGof}  
axh'/cfdf, xh'/en] ; ltf  
; a} gf/l sxf] xG5g] V <E  
5]pdf cw[r]t lk^a]nf e0{ ; lg/x]  
ltdf] Ps k15 csf]j ftf]  
kr] / kr] / ; lgoft  
zafa', dDdlsf] /fd] Vofn ug] x}  
sf]S; nf0{e]65] dnfo{eGg' x} ll  
c]f]k]n kl; gf kl; gf e0{  
0Gb]sf] Psn 0hnf;  
0Gb]S} cbfntdf a; l ; lg/x].  
PsfPs, d]f] c7f]6n]  
Ps 5f]u] 3fdnf0{ c]f]fn/]  
rDkt 7f]sof] clj lbtsf nflu,  
r'g]tL lbof] k]if / k]if j nf0{  
x]5{ d klg k]s]tj gf  
kf] iofsf] j lo{ sxf] Joftf0{  
j zh]sf] nx/f tfGbf] /x]5f]  
clg ; f]W5' d-  
cl: tTj / : j tGqtf efu nuf0{  
Sg] lbG5f] kl/ro ; Gtltsf nflu  
k]if / k]s]tsf gfdaf6  
ls k]s]t j f k]if sf] gfdaf6 <  
cgj / t ub] ofqf  
x/avt r]sf]bf/l ub] 5'  
/ ul//xG5'.

aQl; k'tnl, sf7df8ff.

i

## dfq Pp6f 3/

0Gb]S'df/ &gt;j]7 .. l/t\

laxfg]sf] cfudg; u}  
Ps x'n e]u/fx? rfrf / rfrfub]  
d]f] %ofndf 7f]Ssg cf0kl5g]\  
nxl/Psf dlgnf]6df n'sfdf/l vN5g]\  
lg/gt/ dnf0{  
pglx?sf] v]n x]g] af]lo kf5g]\

Pp6f Gofgf] laxfg]  
d e]u/fx?sf] rlt]nf x]y} latfp5'  
yf] r]f] kr]fn/]  
l]tglx?nf0{ cfk]llt/ af]nfp5'  
t/ pglx?nf0{ dlt/ x]g] k]m] b) 5g]  
pglx? l; Gsf / k]f v] c]f] fg]d] Jo: t 5g]\

cxf] ll 3/ t ; a]hf0{ rflxg] /x]5  
3fdkfg] c]f]tg] 5fgf] h]i/l g} /x]5  
Psh'6 eP/ e]u/fx?n] 3/ agfPsf] d lgoftn/xG5'  
cf ll cf ll egl pglx?nf0{ d rf/f kr]fn/xG5' .

d]h] kf] Wofg g] lbof5'  
cfk]ll cf^ g] ; ; w]bfdf dl]g ePf5'  
e]u/fx?n] t slxn] slxn] 3/ agf0; s]5g]\  
e]u/fsf] kl/j f] Toxff af; klg al; ; s]5g]\  
s; f]S; f] dnfo{ oifnf] c]f]of] ; -; f]gf e]u/fx?; u  
e]u/fn] t 3/ agfpg ; S5g]eg] d]h] lsg g; Sg' <  
cfk] ; u d]h] u/lSf] k]zgdfly k]t k]zg ag/]  
d]l hl] g ; f]ug]sf dfg cf]vfx?n] dnfo{ ; f]w/x]sf lyP  
To; f] eP xfd] klg 3/ agfpg ; 'z ug] xf]g t <  
t/x/f; ; G; /l .

i

s] tkf0f] xfd] ; f]lx]tos k': tsx? k9g]ePsf] 5 &lt;

elv

0ZJ /lk; fb rfkfuf0t

elv /fli6@ ufy/j xfdfl  
 xfdfl 5fgf 5g, xfdfl dfgf 5g  
 cln cln eflsf eS0kdf :j fxf  
 vfl 0 t xfdfl sxl klg 5g  
 eflsf eP, ; fxx? lsg 8Sg'  
 lsg qmgbg ug'  
 oltsf elv kf0of eGb} dSv kg'  
 eP5 xfdfl lgolt levf/l  
 tGq, kb, k|ti7f, gllt, k/Dk/f, /llylt  
 ; a} g} df0b) Eof0; lsof  
 ca dflg s] affsl xfhf vf0 0  
 sfd 5g, dfd 5g, bfd 5g=g]tstf 5g, 0dfg 5g= c?n] g} cxflp/ h'6f0lbPsf / n]f0lbPsf  
 k|hftGq, nflstGq=clg s] s] tGq, dfqsf xfdl wgl,  
 / csf klxrfg dflg] xfdfl  
 kvfh] cfhl] ; Dk]sf ynf g} 3fbf  
 hlt u/ klg cza08f ug{ g} ; fxfl ufxfl  
 a]sf/sf k'vf/x]5g\\  
 a; dlnfg g} alz  
 hfcf] hfcf] dunfglt/ ; a  
 0dfg, hdfg, nhf, g]tstf, OHht ; ayfls ; Dkg  
 sdf/f, afwf, dhb'l /fli6@ ufy/j , xfdfl  
 dunfgs} elv yfkf] xf]  
 dunfgs} sdf/f sdf/l x'g kfpg', dxfg\ufy/j  
 of] yftynf] 5Be]l n'6/fx?nf0{ g} xfl; \\\  
 ; a lgwf] lgd'vf hlt dunfg efl; pg\\  
 zslgx?sf kf; fleqsx xfdl Kofbf  
 slj sf /fli6@ efvfdf xfdl wgl  
 ho xfl; \dful dful hlj g wfGg] xfdl ; asf]  
 elv xfdfl /fli6@ pknlAw  
 elv xfdfl clwsf/ .

u6Xf3/, eQmk/ .

dxfeS0k

piff zYrg

+ bf } hlj g cf^g} ultdf  
 lxf8/x]sf lyof] cf^g} nodf alu/x]sf lyof] crfgs 8/nflbfl S0kg; lxt PsfPs xlNnPsf wtjh] hlj gsf} ult g} df]8lbof hlj gsf} no g} eTs0lbof cnR5gl Tof] Ps ldg]6 qm'/ lgbbl Tof] Ps ldg]6 dxfsfnf] ?k lnP/ zflt ; dbdf PSSf; l ; gfdl p7] cfP/ hlj gsf] bzo g} abhlbof hlj gsf] kl/efEf g} kji/lbof yk]/ut kl; gf l; Tr/ /x/n] agfPsf] 3/ cf^g} /ut / kl; gf alr/ blvn] agfPsf] 3/ ; a]ebf ; l/ift nflg] ; j u]ebf ; Gb/ nflg] kf0feGbf Kof/f] nflg] Cf^gf] 3/ g} c; 'lifl xb] cfk]lnf0{ kg] tD; P/ PsfPs /flf; df cg]bt xb] cfk]lnf0{ dfg] tD; P/ hlj gsf] zflt g} xl/lbof hlj gsf] sflgt g} l5glbof ldg]6d} dxflj gfzsfl/dxfeS0kn] Sofsf svfx? l/OP Sofsf l; Gb/x? k1P Sofsf gfqlx? 6x'f eP Sofsf dfG5k? 3f0t] eP Sofsf hlj gx? ; dfkt eP l5ge/d]wtjh] cf^gf] /b]f] ?k b]vfP/ l5ge/d]kls[tnj]lj gfznlnf dRrfP/ ; f/f j ftfj /0fnf0{ lay]Nb} hlj gsf] ; Gb/ ; kgf g} vfl; lbof hlj gsf] ; Gb/ ; lj kgf g} tf]8lbof

nlntk/ .

**e'0rfnf]**

d1Gb/ eTs] dl: hb eTs]  
 cGwx?sf eTs] ; fg  
 uDaf eTs] eon] ej df  
 rr{ 9NSof] cledfg  
 kfv08 kgsf e|dsf kbfl  
 RoftlRoftl ; rsf] ; fg  
 ; do; fu axfof] k|s[t /fgl  
 hfb" Hofgl Sof cledfg U  
 cgflbsf cGwx?sf]  
 uGwx?sf]  
 dh pVf8dflub] xnrn U  
 lhpbfl hgsf a: tl x6f0{  
 6'a] khf/l kflof] vnan U  
 rfbg 3fl6l a6wg /fHg]  
 csd8ox?sf] ; ftf] vfof] U  
 l; ; dxn ; Tg] ; fd6t ; asf  
 v'sf tfgl rx'/ ; 'tfof]  
 aftl afNb] kftl kHg]  
 cGwx?df xf6of] nft U  
 dgsf] aQl emndn kf/l  
 >d / hf/Lsf rDbl} xft U  
 slt dhfn] emsems emsl  
 ysys yDsl  
 clj lbt p^o] b  
 gj lgt ; fy U  
 ; fjo snfsf] ; dsl ; ffl  
 g'tg efsf lbJo kleft U  
 ; Rrf0sl w'sw'sl ; fern  
 blgbofsl cfirn cft U  
 ckx]nt 15M15M bby/ vfgl  
 ugk?sf 6KKL tfgl  
 emfof] uNnl r8Sg 7fsl  
 3d08 /fsl  
 s06g/ afsl

**snflglw bfxfn**

; '66f0sf uwg a|ffsl  
 uNnl ; 'tfof] aa/f; fy U  
 6's'6's' tft] j Nsn kft]  
 0Gb|wg'ifl kflof] ; fy  
 dg ld7f; l hgsl bj] l  
 k/ftgsl qmfw laxfg  
 dfgl km6fNof] /fnf efRof]  
 xgdfg gu/l kflof] ; fkm U  
 cfzg hDg] rGbx?sf  
 nnf6 kflof] tf/ 6'6fof]  
 Wj : t agfof] lfb] / j fkm U  
 cf] gj efsfsl uhg uf9f  
 ; li6 ; wfsl ; fkm ; kmf U  
 gj gj rf:gl lj Zj jj sf; gl  
 lj ej ej sl lbJo bkif U  
 lg: tAw ; fu/ tf/ ; hf0  
 : j ?k v/6f] Ps agfof]  
 kmfxf/ hDb} kTs/ aglsf  
 uGw aglsf, cGw aglsf  
 Wj lg a9f] of]  
 dg kvfNof]  
 tg vsfNof]  
 ca hnfof] dfgj blk U  
 cj zjf ce] 5g\z]fx? 5g\  
 al]fx? 5g\  
 lj ebef]fx? 5g\  
 hns'r] ; / ; fkm agfp U  
 ; lk ; hfpm blkx?df  
 aN5g\ dsf ; Gb/ kmh U  
 dfgj tfsf] cd/ ku/l  
 cdl6 5 afgkg] emn U  
 ; fx\vs] sf7df8f].

**vflhl**  
s'df/ sf^n]

d ltdfl gfeldf  
 d]/ofgf 6'krsl ulx/f0 vflH5'  
 clg nx/f0/x]sf] s]z/fzldf  
 u08sl / sfzldf ldl; g  
 xtf]/x]sf vflhf, vflN; f  
 Xoft'a/ kf]snl 1/gf vflH5'  
 eftf/l lx8bf sltk6s  
 n]sa]; l, upf/ ; x/df  
 ltdl d': s]/fpbf  
 b]vg] b]tnx/df lxdfnosf]  
 zltnf vflH5'.  
 cf]vfdf df]gfln; f 1)HeGr]sf]  
 dGqd]w ; Gb/ t:j l/ clg  
 gfsdf ; uGw, sf]gdf dw/ Wj lg  
 xftn] Gofgf] cnf]ss :kz{ /  
 9's'9'slsf] :kGbgdf  
 ltdfl rDasTj cg'ej u5{  
 clg ltdld] Psfsf/ e0(km)/  
 cf]g] cl: tTj vflH5'.  
 dxfef/t / r7] kj {tdf  
 ; h]a / uf] f] ; lhP ]  
 ltdfl j lf: yndf ; xf]psf 6fs'/fdf  
 uf8fn] x]g xftn] clg  
 cf] / lhafl] /fh u5g]\  
 d To; alnf  
 cfkmhfo{ltdlleq /  
 ltdlnf0{ cfkmleq vflH5'  
 oyfydf  
 d dft]eldnf0{ ffl /fv/  
 ltdfl ; dkktf vflH5'.  
 ltdlleq ; DkOftf vflH5'.  
 o; d, cf]vn9a]f].

**lsg v]n/Xof} <**  
**hoGtl zdf{**

cfof} /  
 ltdl clj rn a:of}  
 ltdl crn eP/ cfof}  
 ltdl ch/ eP/ cfof}  
 ltdl cd/ xgnf0{ cfof}  
 eg t ltdl sf] x} <  
 ltdl ghlsP/ a:of}  
 ltdl cf^g] ag]/ /dfof}  
 ltdln] clwsf/ vflh] } lnof}  
 g st} cNdlnof}  
 g st} 8udufof}  
 eg ltdl lsg /dfof} <  
 ou; t ltdl hw/ aRof}  
 st]odf ltdl cl8u /Xof}  
 cgsG6f/df ltdl PSn} a:of}  
 / lg/Gt/ cl3 al9/Xof}  
 eg ltdl lsg nfluksf} <  
 xf] nf] /l; nf] e} af]r/Xof}  
 cf]g] xf] egl ; Dxfln/Xof}  
 czflgt / åla emn/Xof}  
 bMsf] e'd/ldf gflr/Xof}  
 eg ltdl lsg v]n/Xof} <  
 afnh', sf7df8f].  
 i

## r/fx?sf] b]z

s[if s]h

d]n] ; 'g]sf] 5g  
r/fx?nf0{ x]po3ft ePsf]  
d]n] b]v]sf] 5g r/fx?sf] xl:k6n  
b]v]sf] 5g dflg; x?sf] h:t} 8/nflb]f  
r/fx?sf] 3/.  
r/fx? eGbgg\lt]/f] d]/f]  
ub]gg\n'5fr'8l  
5'6afpb]gg\l; dfgf / f]qk]m  
lsq]s  
p; sf] cf]vfn] b]v]hl]t dfq xf]g p; sf] ; kgf  
r/fnf0{ t hfg'5  
p8/ sxf] sxf]—

r/fx?sf] 6f]n xb]g  
; x/ xb]g  
dflg; sf] h:t] dx]sf]df ls]ga]r x]g]  
dfof xb]g, 3/af/ xb]g  
pN6} rd]sf/ b]v]f0lb]5g\rfx? b]goffnf0{  
; hl] dfok]d uff/ l  
h; /l do'sf hf]8lx? gr]5g\j gdf  
k/j f / 9's/sf hf]8lx?  
; fptl df5g\ps csf]df  
8fk]l d'gfn / wg]; x? /dfp]5g\dn]l.  
To; ]n] d r/fx? x]/f /dfp]5'  
dflg; n] agfPsf] s[td kxf]8 x]/f xf]g  
lsq]s  
r/fx?sf] pbf/ hl] glaf6 l; Sg' 5 dflg; n]  
lh]bulsf cf]fdx? .

sf]df8f].

i

## u'x]s/f

s[if k]wfg

eG5g\l u'x]hf0{ rnfof] uGw]l  
cr]n htft} u'x kf0G5  
af6f]df, df]8 df]8df, r]f]s r]f]sdf  
8IDk<sup>a</sup> ; f06sf] t s'}/cfsf]  
/f]Ho df]8gk?n] ca u'x]hf0{ klg rnfp]g yfn]  
Ps ufpl]sf] u'x cfsf] ufpl]hfg gkfp]g] ef].  
afb/ r9/ ?vaf6 5b]l x]B]sf] xl; 'j f  
la/f]n]n] n'sf]Psf] lai6f xl; \  
s's/n] klg gl3Rg] u'x  
cr]n /f]Ho; t} ; Qsf] kf]7h]f/l vNb] 5  
al; ; Sg' 5g u'wn]  
sf]xl p7fP/ ^off]g klg ; Qmgg,\  
uf]8f]sf] u'x  
cr]n h:s]hdf 5 .  
gr]nfpg"l o; sf] u'wn]  
/f]Ho cft]l t 5  
l; xf; g ^off]gk? g}  
u'x 6f] l x]8/x]5g\l  
c?sf] cf]a]sf] h'df dfq} b]Vg] u'x  
cr]n cf]^g]  
cf]a]el/ e]l af]s] l x]8/x]5  
p2]olj xl]g, n]olj xl]g, u'f]olj xl]g ofqf l  
of]s: t]f] u'x'sf] ofqf <  
u'x]nf0{ yfx] xb]g, u'x]eq u'x]s]l/f klg x]5  
/ u'x]nf0{ u'x]s]l/fn] g}; vfk kf5{.  
a; \ gr]nfpg"u'x]hf0{  
u'x cf]k]n] u'x]s]l/f hGdfp]5 .  
o; a]nf u'x]s]l/feGbf klg  
u'x vfgk? w}/ 5g\l  
u'x vfgk?b]v x]f]zof/ l  
u'x vfgk?b]v x]f]zof/ l

0df8f]n-(-, nlntk' .

i  
≥ 17 ≤

## lrofsf] af6

s|bf/k|; fb cfrfo{

ltdf] nfn; fnf0{ d/f ldf7f; dg k5{  
 ltdf] cflvfnf0{ d/f } ; ffb0{ dg k5{  
 ltdf] cxdhkf0{ d/f xf1rf0 dg k5{  
 ltdf] lj lzi6tfnf0{ d/f } ps?ktf dg k5{.  
 d lrofsf] af6.  
 d/f h/fx? pQ'a& sf08 rfxG5g\ t/ d kfplbg .  
 d/f xf1ufx? c; ld k1nfj 6 rfxG5g\ t/ d kfplbg .  
 x|dGt aGr/f] lnP/ cfp5 d/f a: tldf  
 j : Gt lrd6f ag/ cfp5 d/f a: tldf  
 x/s lbg r18G5' / rfp160/xG5'  
 cf^g} lz/ 5|bg ; x/ ple0/xG5'  
 l; ^n] afRg rfxG5' d, t/ kfplbg  
 lgafw k1ng rfxG5' d, t/ kfplbg .  
 d lrofsf] af6.  
 dG6f] r18g dn xflng5 d/f h/fdf  
 d'gf l6kg dnd nuf0G5, d/f xf1ufdf  
 b; df Sfl6gl af[sfn] kfPsfl df0fh: tf]  
 o'4df dfl/g] n8fs'n] kfPsfl ; Ddfgh: tf]  
 h] cyxlg 5, Toxl kfPsfl 5' d]h]  
 h] ; f/oQm 5 Toxl u'dfPsfl 5' d]h]  
 d[o' l: asf/y hlj g kfPsfl 5' d]h]  
 hlj g afir/ d[o' ef]u]sf] 5' d]h]  
 d lrofsf] af6.  
 lfof lfof d/y klg d zxlb xGg ÷ lfof lfof Tofu/y klg d of]u xGg  
 dfG5]sf] xftdf kf] 5f]8P5 d/f eflo  
 kls]tdf x'sy/ klg d 0zj/sf] ; li6 xGg  
 d lrofsf] af6.  
 lrof l6kgx? klg d en]lgdf]70/x]sf 5g]\  
 aufg ldnfpqgx? d en]r]p160/x]sf 5g]\  
 vfo 0 xfdf] dql, P lrof l6kg] lrofsf af6x? xf]  
 vfo 0 xfdf] Ps]tf, P aGr/f] af]sg] lrofsf af6x? xf]  
 x/ lbg al9/x]sf] 5 l; l; s]f af6 / 5]s/x]sf] 5 d/f 3fd  
 d/f ; tylx? ; fy eP/ klg PSn] k/]sf] 5' d  
 d/f k]tshtfx? lbg]lbg] al9/x]sf 5g]\  
 d lrofsf] af6 .

d ; flns  
s]hfz lzv/

d ; flns  
 d; lu ult 5g  
 d; lu Wj lg 5g .  
 / t Dffg 5'; l:y/ 5'.  
 Abo 5g  
 / t s'g} rfn 5g .  
 dl:tis 5g /  
 t s'g} rltgf 5g .  
 t/ ltdl dfG5]x?; lu  
 deGbf km/S  
 kl/j tg ughf0{ult 5 .  
 af]ngnf0{cfj fh 5 .  
 c ltdlx?; lu  
 c?sf] ; j]bgf a^g] xbo 5 .  
 rltgf e/V af18g] dl:tis 5 .  
 t/ lsg < c?sf] ejf'stf; lu  
 c?sf] ; j]bgf; lu  
 cf^g] agfj 6l pt; 'stf  
 bfHg v1H5]<  
 d ; flns  
 d k]fg ; lSbgf /a&,  
 lx+f / cfta&ssf]  
 d ; h]s xf]pg  
 lj s]t / lj ; a&ltsf]  
 ltdl hlj t dfG5] g) t xf]  
 lx+f / cfta&ssf]  
 lj s]t / lj ; a&ltsf] ; ft  
 d ; flns t  
 lrxfgh: t} df]g 5'; lgik]of 5'  
 t/ d/f d]o'  
 d/f syfsf] cGTo xf]pg .

cfdfsf] afhl  
snkgf cfrfo{

cfdfafa'eGbf klg  
 u'znf0{dfg  
 u'z n] g] lbg' xG5  
 ; bN0fsf] 1fg  
 /fdfl] af6f] b]VfP/  
 k'n aGg' xG5  
 cGwsf/df pHofnf]sf]  
 ls/0f 5g{ xG5 .  
 ./fdfl] ; lu k9\afa'  
 1fq] dfG5] ag  
 /fdfl] eGbf klg  
 c; n dfG5] ag  
 gaen]sf s'/fx?  
 g8/f0{ ; fW  
 cGwsf/ l5r]f]y  
 pHofnf]df lxF .J  
 cfdfafa' hGd lbg5g\  
 u'z lbg5g\1fg  
 ; f/sf] 7h] dfG5]  
 u'z nf0{ hfg  
 u'z sf] g} ; w]el/  
 ltdl u/ Wofg  
 u'z n] g] lbg' xG5  
 a4Tj sf] 1fg .

g; fWg'  
ufkfn 9sfn .5GbJ

; a) e65g\s\6fsf] tna g; f\ng', s\6lsf] pd\ g; f\ng'  
t/ lsg 9f6g' pd\ 36fpbbdf aRrf e0Gg  
pd\ a9fpbbdf rfB} dfl y u0Gg .  
cfkm't b0[xhf/ Psrlfn; sf] 5'  
/fd\h] /fd\ ; fRnfg\g/fd\h] g/fd\ ; fRnfg\  
t/ xh/ d t cf^g} tfnsf] 5'.  
Slnou xf] yfx} 5,  
leq vfgm] eP klg aflux/ aflux] x'g'kg]  
dfu/} nfp klg oxff r'/lk\h/l b]\vfpk'kg]  
6g; gn] efu klg dg zfgt kfg[  
ujxbzf sf16Psf] lrgf n]\vfpk'kg]  
cfkm't, cf^g} sd\{ cf^g} effodf lj Zj f; ug] vfnf] 5'.  
S; h] 7hf] kN6Psf] eGnfg\  
S; h] ; xl S/f ulof] eGnfg\  
t/ xh/ d t cf^g} tfnsf] 5'.  
xh/af t 6f9fsf] S'/f  
afs] kfnfdf P3f/ j ifd\} lax] xGYof]  
; do k\h/of]  
sfdf] gu/] klg oxff 7hf] hflu/ vf0/f5' eGgk5{  
; firf] s'/feGbf x]\nfg\  
emSofP/} eP klg c\le/: df6{ aGgk5{  
s\xl s'/fdf dl/xQ] ul/Gg kl/cfp k/ ; l/Gg  
S] ug[l; w] eGg] vfnf] 5'  
S; hf0/L; p7hf s; hf0/xff; fl nf\lnf  
t/ xh/ d t cf^g} tfnsf] 5'.

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ca xfdfl ja ; f08df jhoGtL / bfloTj sf ; a)  
C<sup>a</sup>b 8fpqnfB ug{ ; SqxG5 x} .

clugk/liff  
ufkfn ; -hjm

g; f|r]sf] k/liff cf0nflof] /n hlj g/vf gfua]nl a[bf no krgkg] efl ; 'tfn df8gkg] efl . Psyfg ; h wfg n\vg g; s/ Aofskk/n] ylnPsf] alhf k'glgfdf0fsf] csf] k/liff ylkof] p; } t cf] te\bf sdhf/ dxflj k10 kf/ ug] lj lzi6 x'g] kg] r'gftl 0 blgoffsf 3/af/b]v b]zs] d'6 l; xb/af/; Dd lj gfzsf v8n kg] 5 cff 'k5g] 5, e/f; f eg] 5 9n]sf lj zjf; / ; Dkbf p; t]dfq xf]pg pDbf agfpq' 5 . sf]x1 sf]x1 a'e\ss8 ag]/ u'h/ftsf] h: tf] cfze\bf xf06lsf] h: tf] qf; sf] xNnf lk65g\ Cllgk/liffsf] of] ; ^\lg 38ldf gs\fh: tf] xf]pg ; tlzfnh: tf] bla]hf] 0R5fzlSt rflxPsf] 5 . xf] gs\bdWolaf6} ; tlzfn ag]/ b\vfpg' 5 lj k10 kf/ nfpq] k/liffdf b]z] k1h eof] eg] affsl s] g} /x65 / < uf\blvh, nlntk'/

Tof] lf0fdf  
b'uf{ .j g j f; l'

lgofNb} ubf  
lgbf{ ltdfl t:j l/  
pln{5g\ha ol  
lgikfk gogx?  
nfl5 - ltdlnf0{ klg  
lef0/x]sf] x'gk5{ Toltv]/  
Tof] ; dgbl 5fm] 5kSs].  
; : t/l ha 5c5'  
lgisk6 xftx?n] Tof] lrq  
Tof] kfj g, kldln : kz{sf]  
Gofgf] cfXnflbt cf^gfkg t  
cfefif xlb] xf] ltdlnf0{  
/ blj et ubf[xf]  
CGt/; Dd} l5rfjh]/ .  
la: tf/} xNsf, xNsf  
: gxl n cw/x/n] ha  
rD5' Tof] t:j l/ / 7fg5'  
ltdl klg t:^nt e0/x]sf]  
x'gk5{ Tof] lfof  
Pp6f cjoQm clg  
; Gtflifdo cfqgbfg'e'ltn].  
Df/} ; Demgfsf] af8Nsln]  
Ufnf c7dfPsf] ahf  
Rf6dfgl sj r le/sf]  
ltdfl qfql 5ftl klg  
klln/x]sf] x'gk5{  
dgaQlsf] lzvt; l/  
clg eTsfpb} xbosf] afw  
em//x]sf] x'gk5{ clj /fd  
em= em= em= em= em=  
gog l8nsf] af6f] eP/ .

# slj tf afw; īj -SNkj lf

## rGb|sfGt clwsf/l

gAa]c<sup>f</sup>j ; Gtsf j ; Gt zdf{ klg eG5g  
 .dfkm u/ bjj sf6f, Ital] slj Tj nf0{ sJnfP/  
 zAb; fu/df zAfqmd ldnfpq ; lsgf Eof0gf ū  
 slj tf / bjj sf6f Ps csf{sf kofo g<sup>a</sup> / df; ' ū  
 bjj sf6f afw; īj -SNkj lf ū  
 slj tf afw; īj -SNkj lf ū  
 slxn] t d v'a lvTsf 5f8/ xff: 5'  
 v'a} xff: 5' cf^g) tkt-t/n slj tf k9/  
 5pm g 6Kkf sxflaf6 ; ' ug<  
 sxff xf] o; Sf cGTo <  
 slj tfnf0{ k9/} g; lsgj,  
 slxNo} t'/} gt1/g]  
 slj tfn] dnf0{ tfg/ nU5] PSsf; ū  
 d To; df I3; V ntf/G5'  
 d axf]; G5' p7g ; lStgf ū  
 dnf0{ 5f8/ cfSsf; b}  
 slj tfn] ; 0lsRrf 7fS; s]sl xG5]  
 d hxlsf txlfk5f/G5'  
 slj tf csf; G5]  
 KR5/ ; dft/ anjann] tfG5' slj tf  
 rB5 slj tf, slxn] t efj } 665 slj tf  
 slxn] t kR5/sf klg 6qmf  
 ^of:; xtdf cfp5 ; fgl v08 slj tf  
 slxn] t p; nf0{ tfGg] eGbf pN6f]  
 d atf/P/ ^offSG5'-kN6g klg ; S5'  
 d ; q xft k5f8 x1QG5'  
 dR5[t axf]; l aJnf  
 xtdf tfg/ cf7dPsf Ps d7l slj tf klg  
 cwrltg cj :yfaf6 pl56afP/  
 kfVdf Pp6f v'sfn] 6st} Pp6f cfVf]  
 Pp6f cfVf lrDnP/ s1/fv]sf]  
 dflknof enfbdl ejhn] asNnf]n  
 sg ; 8sf 5SofP/ sDnofP5

emgSs emsf 5'65, dfG5]eqsf dg'j f ū  
 slj tf x/fP/ s'g ult x/fp5 dfG5]sf <  
 slj tf rff/ s:tf] slj aGb5 dflknofsf <  
 slj tf arfP/ /Ntf s'g dlt knfp5 dfG5]sf <  
 dxfe5Dk sDk sDkg lhNnf/fd y/y/f0/xG5 ū  
 zfo-rjt x/fP/ xf] ls e0frfnf-dflknof  
 wQ]/sf ū cfkn] dflknof 8^kmf /fxt aff86fkN5 ū  
 slj tf x/fpbf klg nldl xff; /x] ū  
 nldl ; wf xff; /x] lbSbf/Pgg ū  
 nldsf xpo aXdf08lo vnf slj tf k:ts ū  
 Ps lbg t slj tfsf] dfG5] g] x/fof]  
 s; sf] dg; Dd klg 5f0f-5fPg <  
 s; sf] dg; Dd bVof] bVg, s1g <  
 slj tf a6lnlbP/ yGsf]dfGsf] ; Dd  
 ul/lbPg ls s; h] <  
 dfG5] x/fPsfsf] slj tf sIt x/fP < luGtl ePg ū  
 s; h] olQ; Dd klg rf; f] lbPg  
 sdf/-dxfb] yf] cl3 ; / ū yfs]  
 ; dfnf]rgf lj Bfyl]sf hfr; Dd kuj p0/k1: tsfdf yGsof ū  
 bjj sf6f klti7fgdf ; kq gGbg s] ub{ 5 s1g ū  
 t/ cfzf u;f ū dfG5]eqsf] slj tfsf] uGw  
 o; df6f]af6 x/fP/ guP xfdlnf0{kU5 ū  
 ejl gj ; Gtltn] slj ttlds df6f] ; B] kU5  
 efg-dftl-n]vgfy-; d-bjj sf6f g; Den] klg  
 ej dudufPsf] pgIx?sf df6f] slj tf ; B] kU5 ū  
 dfG5]eqsf] dg'f gx/fP kU5 ū  
 slj tf c<sup>a</sup>s/fPsf] zG0-rjt c6n cg'e'l't ū  
 oxL zG0tdf d a'4nf0{ e]b5'  
 /ut ntktPsf] df6f]sf kfkl pksf0/x]sf b]5' ū  
 pgsf rjhf-; fl/kq slj x?sf slj tf a6'n/ ū  
 sfnhol slj tfsf] zlt'n' k^Vf xDsb} u/]sf b]bf  
 bjj sf6fsf] zfsGtn] afRg kU5' d  
 .dgfdbg] n] gkfnl df6f] dudufPsf] ; E5' d  
 bjj sf6fn] kf]sf] gkfnl effif-; flxTosf] e0df  
 ej / sNkgf lj Dan] kf]sf] j fikntf ū  
 bjj sf6fsf] .dgfdbg] hRg kU5' .dū  
 e0knsf lnlnk'6sf] j fdk8s] .dū

slj tf / bjj sfl6f kofo g<sup>a</sup> / df;  
slj tf afw; jj -SNkj lf Ø

lj go-gGbg lj go ub5 -  
; sl; Dd slj x?sf slj Tj nf{ k:sg  
kthsf k<sup>a</sup>s]z/ xfj fdf axG5-kn]sf kqmg vH5 Ø  
eSDk-SDk-SDkg klg yfs]5  
lgNg ; slg5-slj sf slj Tj nf{  
; ltf vfnl sfuhsf kfgfx?-lgdh /fxt  
afB5-pGdQm lj go-gGbg k]7sf k]7 Ø  
uf/vf eSDk-SGbsf l8ndf  
tNnfaf/l-3/af/lsf kfnleq dfGb]-esf/l-3]rf-; f6fef6fsf  
lj Da-k]tlj Da ag]/  
rGblsf t slj tf pG5-3ftk|t3ft hf8]/  
eSDk-SDk-SDkg sf l8nd} d: t a; /  
9'aNf-df6fsf 3/-kl/j f/ wNofpl5 eSDk  
efj fleJolQmsf nx/nf{ uffg ; Stg e0rfnfj Ø  
ef]ts l; hgf SDNofpl5 e0rfnfj Ø  
; ay]s SDNofpg ; fdoj fbeGbf  
stf xf stf lgaf e0rfnfj Ø  
cNnofds ejf -; ffbo]f nltht aGb} kmsf5 e0rfnfj Ø  
; ay]s SDNofpg t e0rfnfj xfpg alni7 Hj fnfdvl cfpgk5{Ø  
hgtf /fxt-lj Dadf Pgf xb5 gj -gkfnsf  
; dfb5 SDk-SDkg e0rfnfj-k]sf]ts e-dflknof Ø  
nDagl a'4n] 6]sf : kz]df  
a'4Tj nf{ a6n/ dfg lgZrntf Ø  
slj tf]ds j f; gfsf : kz]h] dfq} klg  
K]kt slj tf afw; jj -SNkj lf Ø  
slj tf ef]5] t/ pm; tsf tfhf Dj f0f d; u] 5  
d lj df]xt aG5' Ø  
nlHht eSDk-SDk-SDkg k]sf]ts e-dflknof Ø  
slj tf-rf/ e-dflknof / k]sf]t-k]rf/ dflknof e0rfnfj Ø  
slj tf afw; jj -SNkj lf Ø  
slj tf / bjj sfl6f Ps csf]sf koff g<sup>a</sup> / df;  
bj] sfl6f afw; jj -SNkj lf Ø slj tf afw; jj -SNkj lf Ø  
sfkm8fbf, uf/vf.

## Clf/ o'4

rf<sup>a</sup> lr/fu

cfsfz 5/k]6 5  
8'aN/ 5 afbnsf  
v'; l/fd olt ajnf ltdl  
rlfx/x]5f ltdf] v'; l afB]g  
; sl g; sl hf8tf8n]  
3; b]5f ltdl, bf8n] 5f ltdl  
sf]8f xf]nfg\af6]el/-  
tklg ; ' e0; slsf] 5 ltdf] ofqf  
nlDs; slsf] 5f ltdl .  
ltdl s; l bf8]g ; S5f <  
ltdlnf0{ s] yfx <  
cl3; Dd ltdl lxB]g af6fdf  
9'aNfx? /flvPsf lyP  
/utsf] yk]g /flvPsf lyof  
ltdln]; sgf] cal/n] /aNfpq  
ltdf] 5f]fsf] ; kgf  
sx]f st}; sgf] e]sfpg  
ltdf] dfosf] s]gf  
/ st}; sgf] ltdln] pdfg{  
ltdf] cf: yfsf] udnf .  
slt alrgln] 56k6f0f xf]nf  
ltdf] cfwf uff x?df  
slt celo ld; f0f] xf]nf  
t/ ltdf] lgbf]ftf  
56k6 56k6 ub}  
abnf vHg plnPsf] ajnf  
v'; l/fd Ø d ltdlnf0{ ; nfd u5f  
; fy lg5'  
Pp6f 0ltxf; tof/ kfg{.  
ltdl : jf: gln]  
goftzz' kfPsf] ajnf  
ltdf] v'; lsf p]sifx?  
cf: yfsf] ; u/dfyfdf  
l7E pleg vHsf] ajnf

v'; l/fd ltdlnf0{ klg  
cj Zo v'; l afB]g dg nflu5 xf]nf  
Pp6f gj lg ; flfdf  
Pp6f a]gofbl /x/df  
j k/j fx hlj gdf  
d ltdf] kri/f] ; dftf]nflu5  
rfxG5' d klg  
Pp6f cf: yfsf] udnfdf  
lgd]ifd} kth kthnfpg .  
ltdlnf0{ ofb xf]nf  
upf]sf d]vofn] 3]ff u/  
gj lg 0ltxf; /r] klg  
d]Qm ePg k: tfgl z]fifof  
/ lr]gg; slsf] 5g ltdf] 0ltxf;  
To; h] v'; l/fd dnf0{ klg  
a%g dg nfujsf] 5 -  
Pp6f 0ltxf; sf] sfnv08  
Pp6f P]txfl; s ; flr  
/ clj /fd ; j]B ofqf .  
v'; l/fd Ø  
ha plbgdf /fV5f] cf: yf  
ltvf] aGg]5 ltdf] ofhgf  
ultzln aGg]5 cf: yfsf] snd  
/ ; ' xg5-Cclf/ o'4  
cfw]sf] x'aSf/; u]  
rNgl5 To]f o'4  
/ a9f]g]5g Volerf/lx?  
6f9f 5g To]f lbg  
ql; t xg5g\cTofrf/lx?  
/ pbfpq]5 ; Ø{  
; ' xg5 ; 'gfh]f laxfql .  
/fNkf .

# hlj gM c; dfg k|t:kwf{ r8fdlof sf^n]

slt j ; Gt uf0e; l, e8fafvf, rfvRofaNf  
r/fP/ latfof r/gx?df  
slt z/b 3ff bfp/f u/l/ latfof n]sa; lx?df  
slt j iff v/lh'sf; u nfkf vjh/ latfof j ghEnx?df  
slt Txpb cwbgEf cf^a; u  
l7xln] s7af^aNp} latfof t'; f] emk8lx?df  
c; Eotf, s/llt s'; +sf/ ;  
p; sf clefg ldqx? g) x'g\\  
; fleraxfg c{ dfn ub{lx8gk5{ltg}; u  
sv/f gl; Sb) - uf0uf7, afvfvf, dnesf/f k9g) klof  
lgwf/df gfDnfSf 8fd 6ff, y psfnclf/fnl l5rfNg} klof  
Sfbflaf/l, ds]af/l, wfgvjt ; a]t/ lgofNg} klof  
3/vjt, d]nfkft ; a]t/ /vaf/l ug] klof  
To; n, pm ufph] xf  
cgk9 / c1fgl xf  
k6dV{ / 8'shG7s xf  
; Eotfsf lzv/ cInPsf o; dxfgu/ldf  
Kf9fn]v l j åfg Vj bflx?sf el8ef8df  
1fg / cg'ej n; JtfDd] s]z kInjsf JolStTj x?sf alrdf  
lj 1fg / kjj lwsf] rsfrfW, cfvt vfg] phofnfdf  
lj Btlo pks/0fx?; u ; w] Vofn76&f ug] xftx?; u  
k|tlbg goff goff cg'xf/ lnP/ cfpgl  
cfwlgsg ousf cg'folx?; u  
v} l s; / l t'ngf xf]nf / of] kfV] s]f]sfh]sf <  
v} l s; / l k|t:kwf{ xf]nf / of] a]9E] a]; 'fsf] <  
slt c; dfg 5 of] t'ngf <  
slt c; dfg 5 of] k|t:kwf{ <  
l; l; km; sf] zfkt lgolt lnP/  
cl; tTj / lfsf] eldk0f] lbj f; j kg; u  
x/s lg/y/s psfnf] r9f0 / k|t:kwfdf  
cgf:yf, clj Zjf; / ; Eltxlgtfn] el/Psf] o; kl/j ]zdf  
cf^g] ; b/ ctttn]

:j odhf0{ lrdf6/xbfSf o; cj :ydf  
gyfzo, lj s[t / lj; Eltsf kj{tdf pleP/  
v} l s]j ho>l xfl; n xf]nf / o; k|tk:wfdf <  
k|tlbg ; b]h  
ldYof, s6tf / lj b]ktsf ls/0f dfq k]nfpf5  
k|t: Gwof rGbdfn]  
lj Zjf; 3ft, s07f / ckdfg dfq 5g] u5{  
x/kn axg] j fo[h]  
Sfgdf c; kintf / c; Gt]f]sf ultx? dfq uGu'gfpgl u5{  
cfzfsf] aN5l xfn/]  
hlj gkfV/lSf] l8ndf v} l slt pleg] xf]nf <  
kfV/lSf x/s t/Edf  
6f06 df5fsf] kl/sNkgfdf /dfpb)  
ultzln t/E alrdf k]bf gkUb} cInkG5  
pknlAw s]j n zgotf, gyfzo / lj kintf  
lbg, xktf, dlxgf / j ifx?  
Pj dVtn] pbfpf5gV c; tfp5gVkfV/lSf 5fnh: t}  
lj j z / clezk t k|t:kwf{ cgj/t k|tliff/t 5  
aN5l lnP/ hlj gkfV/lSf] l8ndf  
plePsf] pleo} 5 hlj gsf] k|tk:wfdf .

; b]j gfos, eStk/ .

i

gkfn-; flxTo ; dfh

j; Gt-/fwf kBsfl o k':sf/lf6 ; Ddfgt JolOmtj

!=@)^\* l8Nnl/d0f zd{choff .

@-@)^\*( k?iffd l; llbj tyf uifjfb/fh jjgfb .

#-@)& ab"nfl5fg].

\$-@)& ejgxI/ l; llbj .

xJlsdf/l-lbjfs/ ; dfh; Jf ; Ddfgtlf6 ; Ddfgt ; #yf

!=@)^\* kpfjfgfb cf>d, uxojj/l .

@-@)^\*( lr; fvfbf cf>d, kfV/f .

#-@)& efuj tl; Gof; cf>d, kzkl .

\$-@)& kljq ; dfh ; Jf gkfn, wfkf; l .

# afNg hfG] eP5

7fs' zdf{ e08f/l

pm afNg hfG] eP5  
 St} elj io ge6&P klg  
 St} hlj gsf] :kz{ gu/] klg  
 hlj gnf0{ gnDAofP klg  
 pm afNg hfG] eP5 .  
 afx] j ; GtKzrft\  
 afNg hfG] sfl cg'; /0f ub{ lx8] sfl dflg;  
 ; + f/ sfl kl/lwleq st} s107t eof] st} tfl8t  
 lx8] sfl lx8] sfl Rofltof] cg] skN6  
 x1Qof] l] :yflkt eP/  
 h; /L eP klg Ps bzs lx8]/  
 lj 1tfsf] kldf0f h'6fP5  
 Cyft pm afNg hfG] eP5 .  
 zfob l] 1 xgl dfu{ s17g lyof]  
 TofleGbf s17g k15sfl dfu{ lyof]  
 elj iof nflu ; lfNbf ; lfNb} ; lefNbf ; lefNb} yfls; s]5  
 lf0fs kl/lwdf 3]/bf 3]/bf dlsS0; s]5  
 :j Tj nf0{ glrGbf glrGb} klg  
 pm afNg hfG] eP5 .  
 ; Gtngsf] kl/lwdf ; hlj gsf] oyfydf  
 ; ft fl/s Joj xf/df rNg s17g /x]5  
 ; do cg'; f/ rNg hfG] k5{ eg/]  
 ; ahf0{ 8f] ofpg] klof; df  
 pm afNg hfG] eP5 .  
 clxn] pm To; } d]/f] skfn kfs] sfl xf0g eGg] a'hls; u  
 xft] dfnf] u/] lx8g yfn]5  
 j] bs ; dtfsf] w/ftn 6]Sg g; s] klg  
 khftGqsf] b]xf0{ lbq] hf0{ 7]ofpg yfn]5  
 ; donf0{ k9g yfn]5 ; w/}; u h]sfe]6 ug{ yfn]5  
 ca s]xl a'eng yfn]5  
 clxn] pm afNg hfG] eP5  
 ef] ts ; + f/df /Dg hfG] eP5  
 pm afNg hfG] eP5 .

wDaf/fxl, sf7df8ff.

i

# gn]vPsf] Pp6f slj tf

tf/f k/fh'nL

affw/ s7f/ ; f^anf] h] Ing cf0kU5 ctlt  
 k]dsf] cflbd rftf/ldf  
 hxflaf6 nueu clGtd k6s 516Psf lyof] xfdl .  
 p: t} 5g cfh d ÷ leh] sfl 5 hlj gdf ls tfa  
 cf] Psf 5g\xfj fdf ltal] x/]s va/sfuhx?  
 g t 5g\lxh] sf 'f] nflg] lbbuh lbj ; x?  
 ebfdf ejh k; sfl s] fh: tf] wldlnn/xG5 :d]t  
 s]g} dgkg] vjhfgf x/fPkl5 vNb] vNb} 6f] nf0/x]sfl afns '}  
 a; ' , vflh] lx8] sfl /x]5' ; 8sdf v; f0uPsf kf0nfx? .  
 l6k/ e0sf] whf] hxflaf6 lx8] sfl lyof] xfdl  
 yfk/ c-h'nldf kfgl h'g kw] fdf lkPYof] xfdl[n]  
 cf]8/ a/lkkn] sfl tks] gl hxff ; u] leh] of] xfdl  
 ; 'gfP/ df6f] sf ultx? hf] Pp6} efsfdf ufPYof] xfdl[n]  
 /fk/ k]dsf ktnx? kqkq ldn] Pp6} y]uf ktn] of] xfdl  
 r9fp/ 9^a]f ÷ r9fp/ kftl  
 agfPYof] cf^g} dgdf b]p/fnl xfdl[n] .  
 ; don] cg] sfl k/ lfff lnof] xfdl; u  
 xftdf snd a]s] lx8] xof] xfdl -k/liffy] e0{  
 slxn] k]gfQ/ , slxn] Jofs/0f, JofVof, l] j]rgf  
 slxn] lrq agfoff  
 slxn] lrqdf cfk] algoff xfdl .  
 c]tdf n]Mg' lyof] k]f] Pp6f ; l]nf] lrq  
 eg{ lyof] phf8 kxf8sfl l; pb]f  
 5fd] k]g] lyof] dw; sf ef; x?  
 /^a]fpg] lyof] dfj ]zl /^a]fpg] n]  
 of] bzs] sfl cg] xf/  
 / n]Mg' lyof] Tox1 lkPldf a; y gn]vPsf] Pp6f slj tf .  
 crfgs /f]SP cfsfzdf p8] u/]sf r/fx?  
 pNsflk08; l/ v; l uof] hg  
 lgefP/ cf^g} cf]vfsf] p]hofnf]  
 g ltaln] n]Mg kfof ÷ g d]n] n]Mg kfPF  
 of] k]dn] ; : tfpg] d]/f] b]zs] cvl08t slj tf .

i

goff gkfn v} &lt;

l<sup>t</sup>tjkftl

kVofhL dferlx? slxNo} 8<sup>a</sup>ñfsf kJ fnx? 6fNbÿgg\\  
; do; fk]lf abNg] r]j6f ubÿgg\\  
y]Q/ 8<sup>a</sup>ñfsf] ; +f/ lJ ÿ4  
plbodfg uh'j f dferlx?nf0{  
cfTd/l t / a14ij nf; n] sNñofpd} lgNof]  
gbLsf nx/n] ltnldnfPsf]  
8<sup>a</sup>ñfsf] n<sup>a</sup>ñ/ tlj | cfwln] 9fn]k15, kVofhL dferlh: t}  
; xofqlsf 9f8 lk7dF 6jsy/ dbxf] drfglt/ nfu]  
:j fledfg, cl:tTj , cl:dtf aJr/  
s?k zs'gl ; fdflHo xft kf/]  
vfln] t/ nfyf] la; ].  
lj Zjf; sf] v8/ln] k/f>otf lgDTof0of]  
lolleldt dfgl; stfn] ldbf; hGdf0of]  
; km] em6 / wflsf] dfofj l s<sup>a</sup>ñfnf  
a14ij nf; sf] klx/gdf /Dg'g] lx6h/x?sf] celi6 lyof] egl  
al^j flsdf xhf/f] Hofg lng' lsg <  
k4lt / ; frgdx? eTsfpg' lsg <  
To; h] P ÿ dferlx? dfgj oltdfly ahklyf/ ub]  
dgu9Gt] tj /n] nTof0Psf ; kgf, bfloTj / u6tJo v} <  
cf^g} cfdw/tlnf0{ ; f1fl /fv/  
oqtq altn's cnkq kf/Psf dfgj s<sup>a</sup>ñfn  
/utsf 6f6f, phf8 l; pbfx?  
lt/: Slt 3/6x/fnf0{ ; fw, r/r/l lrl/Psf s'sRrf  
nhf 9fSg c; dy{ h8dfl/  
/5dflgdf ^oflsPsf l; tf, kifx/sf 8<sup>a</sup>ñ/  
l; fufgn] s6s16Psf cgfy hfdfebf6fnf0{ ; fw  
nflstGqsf j]j fl/; j 6j fx?nf0{ ; fw  
lj ebfsf z]vnf s; /l leaofoP <  
dW0/ftdf s] s] s/fdt eP <  
u0ftGqdf lgwf]sf] cl: tTj xb]g <  
dfG5]h] dfG5]nf0{ dfof ugkb]g <  
pbgf0; lbgsf] dfgj ; fu/n] dfu]sf] goff gkfn v} <

lrtj g .

eS0ksf kfr 6'qm

tly/fh clwsf/l

gltsf] gflt

qmfGtsf/l gltsf]  
; fx; l ; fgf] gfltn] egl5  
.xh' a'af ÿ  
dnf0{ Pp6f aGb's lbgf] ; t  
tkf0{ dfG5] 5fgl 5fgl xfgjh: t}  
af/Daf/ xNnfpb} 9nfpg vHg]  
Tof] bZdg eS0knf0{  
d klg ufhl xfg5'. ÿ

kl/j tg

eS0kn] kfn}kfnsf]  
gkfn agfPk15  
; f3/f 3/x? km/flsPsf 5g\\  
rfl / 618v]hsf  
km/flsnf 5ftl ; f31/Psf 5g\\

sfhlsf] w/x/f

x/s eS0k klvP/  
sfhlsf] w/x/f  
rlnn] rNnf 5fje]f  
tnsf emk8l / 3/x? 5fk] u5{.

s'g ; Ddfg &lt;

leS6f] of qm; lhTg]  
ufVfhl j l/ uh] 3n]nf0{  
cfugd} r'gftl lbb}  
s'g} dxflfhf / dxfgfossx?n]  
slxNo} rnfpg g; s]sf] b]znf0{  
ldg]b} gkv] rnfP/ gfd SdfPsf]  
uf/vf eS0knf0{ ca axfb'/lsf] s'g ; Ddfg k]kt xf]nf <

gkfn 0

eS0kn] ; dlt kdfloft  
gkfn cflv/  
b06f kn]b:b0/ 9'añf alrsf]  
t]n g] t /x]5 .

; /:j tlgu/, sf7df8f.

## k|tl|ff

ths'df/ >j7

lxh|h: t} nflu5 ltdln  
afrf u/lsl lyof{15\$) krsqj  
eglsl lyof{ lrGtf gugf  
x/z gvfg "lhgbuldf  
t/w/ ylkP lrGtfx?, w/} vft0P x/zx?  
w/} l/IQ0; s] ; Dernfsf 38fx?  
ca t kmau p8y yfln; s] t:j l/x?  
slt ; lgP lj /xsf wgx?  
slt la50f0P af6fcl/ cfvfx?  
ca t cf0nf0; s] ofbx? .

k|tl|ffdf d; eld ag] cf7x?  
lj v108t eP ; kgfx?  
; Dernfsf vftx?n] lyRg nflu; s]  
l5b|5b| e0; s] cfsfaNfx?  
efif0fh: t} nflu yfn] cfZjf; gx? .

cfhsfn t cfugel/  
dt ; jbgfsf nf; x? e]6Perf nflu5  
k10f6fsf lbg klg cf; lsf /fth: tf] nflu5  
v) l S] egf ca  
lvof nflu; s] clf/x?df  
tklg cem slt u?fk|tl|ff .

dgsf] dem/ldf cfzfsf lbof afNb}  
slt rfbx? ; xf dgel/  
slt sf/f sf/f zAbx?  
slt cGofu u?f zAbx?nf0{  
ca t luHofpg yfn; s] zAbx?n]  
nflu5, ca t k10f0lbp k|tl|ffsf 38fx?  
st} 5tf5Nn kfjvlpf / ; Gof; L agf  
clg laGbf; laGbf; PSnf hlij g latf0/xr.

efg' !, tgxf.

## efj gfsf] ; f0gf]

bfdflb/ bDhfnl

Rof<sup>a</sup>af bf0  
ltdlnf0/ xfdlnf0{ k16fp/  
zf; g ug{ kNs]sf?/  
hfl, wd{ / efifnf0{ prfn}/  
ltdl / xfdlalr  
kfgl af/fa/ u/fpg vflhb} 5g\\  
lxhf] d/f afpn] klg  
l; djejj klf u/S] xg\\  
ltdf afpn] klg  
b; df dfnl; l ufPs} xg\\  
cfh sxflaf6 cfosf hfthfltsf s/f <  
k'; tfgl ejf gfsf] ; f0gfd  
t'; f/fkft 5b}  
; Qfdf klg] rRrjsf]  
rfn xf of Rof<sup>a</sup>af bf0 0  
; Qfdf klg] ykrjsf] rfn xf of 0  
hft k16fp/ zf; g ug{ kNs]sf?/  
efiff k16fp/ zf; g ug{ kNs]sf?n]  
ltdl / xfdlnf0{ esG8f agfp5g Rof<sup>a</sup>af bf0 0  
; Q) w/fwd{ bbf/fnL efSb} edj s; d vfp/ eG5'  
; Qwf/lsf] rfn xf of 0  
ltdf] ef0sf] laxfdf xfdln]  
8Dkh-; hn] uplb} ltdfn8fBf / GsfPsf] la: of{ <  
ltdf] / xfdf] ; f0gf t ejf gfsf] ; f0gf xf]  
Rof<sup>a</sup>af bf0 0  
ejf gfsf] ; f0gf s; hn] d6/ d6g ; S5 <

s'zj /-\$, bDhf, l; GwNL .

i

s] tkf0[n] xfdf] ja ; f08 xgfePsf] 5 <

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## ?kfgt/sf] df8

bfdflb/ k'8f; gl .lszf/í

lsGg eGbf aRg ufx]] /x]5 /x/x?nf0{  
 ; v]/b]v ufxssf dgsf] v]/hldf  
 8f]sfdf u8Ns/x]sf :ofpsf  
 k]7efudf lglgb]if ple/x]5' d .  
 ; flem; Dd 8f]sfdf :ofpsf] prf0 g36nf  
 :ofpm xf]g a} glas]sf]  
 lgSof]hdf klu/x]5 clngf] ; flem.  
 laxfg} v'a luhf]nufhn kf]of] :ofpx?nf0{  
 a: t]sf] Pp6f cwa] h]  
 p; n] y's lgNb] x]//x]sf] d]/f] cg'xf/  
 :ofpm ; 'd; Dofpb} cg'e't ul//x]sf]  
 Ps ch]hl t]gl dfbstf  
 :ofpm lsGg] axfgfdf ; 'd; Dofof] d]/f] lk7]sf] / j ]f  
 / :ofpm lsGg] glsgl c]mf]n b]M]; Dd  
 km]sf] rfvb] u]of] d]/f] a} nf0{.  
 dl]f] j fssf] axfgfdf  
 eh]08 em]08 pb]f0/x]5g]sd]f/l / k]x/lx?  
 :ofpm xftdf v]/hpfb] d]f]t]h] ul//x]5g]pglx?  
 d]/f] pd] / /Esf] :ofpleq d k; lsf] 5'ls /E' / /;  
 v'6]f]pb] gv'6]f]e]g'f0/x]5g]ahf]/ofx? .  
 n6/Dd km]sf] 5g] ofp /x/ ag]/  
 el/df, af/Ldf / kxf8x?df  
 df]5]x? :ofpsf] axfgfdf lgofN5g]dnf0{  
 / prfN5g]cf^gf ; f]ux?  
 t/ laSbg s; u/l :ofp ; flem; Dd  
 8f]sfdf :ofpsf] ; sf d]/f] 5g'd]g] a]z  
 / afbn 5f]8/ c]f]n]sf] h]gh: tf] d': sfq  
 ; en]y aRg /fv]sf] eP l5f]eGbf l5f] v]l/b uy] xf]nfg]\  
 a: t]sf] rn]odfgx?n].  
 ef]n en]sf] k]xn]f] 8f]sd}  
 :ofpsf] ?k /Edf d / d]/f] ?k /Edf :ofp ag]/  
 pleg]5f]xf] ahf/sf] alr r]sfdf .

udu9l, du' .

## cg'QI/t k]g

lbJo lu/l

ha d laxfg ef]5f]fdf sk]l agf0/x]sl x]5'  
 x]/s lbg /8o]df va/ cf]p5  
 cf]d3ftl xdnf, ckx/0f / o'4sf]  
 d]/f] dg To; } To; } lg/f; x]5  
 dnf0{ sk]l lkpsf] klg :j fb x]g .  
 ha d lbge/ yfsf]  
 /fltsf] vfgfk]5 zogs lfd] 6]nlehg x]/ a:5'  
 /utn] leh]sf / c]ne]n ePsf  
 3f]t] a]sf] / s]b/x]sf] /8qm; sf] df]6/ b]M5'  
 nfz c]3Int/ pleP/ /f0/x]sf cfk]m]tx? b]M5'  
 d cfk]m]f0{ ; DxfNg ; ISbgf  
 dleq stf stf kl8f]sf] cf]wL rN5  
 d]/f] cf]vx? cgfo; cf] h] leHg yf]N5g\  
 d cfk]j; u k]g u5'{-  
 s] of] ; + f/df ; w]x]of / cft]a}s rln/x]5 <  
 s] df]q; sf] afRg kfpg] clwsf/dfly k]xf/ e0/x]5 <  
 s; n] lbg5 dnf0{ of] k]gsf] p0/ <  
 d 6]nlehg a]b u5'{ l; /s cf]9/ ; t5'  
 6f]9f st} 7h]f] la:km]6sf] cf] fh  
 d]/f] sfgdf 7f]sf]5  
 leQfdf eh]08Psf] a'4sf] t:j l/ x]Nng yf]N5 .  
 l6sfynl %, n]ntk/ .

i

**zAbfy{ k]sfzgn]**  
**! ( y/l zAbsf] k]sfzg ul/ ; s]sf] 5 /**  
**ca c? !@ y/l k]sfzg ub{ 5 .**  
**s] tkf0{k]g sf]zsf/ x'g'x]5 <**  
**cf^gf]zAbsf] k]sfzg ug{0R5's x'g'x]5 <**

## cg'el't Ps cleJolQm cgls

b]j] b]k]; fb l; 6f]nf

cWofTdsf] j] lrq /x:oleq  
 x]/ t ð  
 y/l/y/lsf cleJolQmx? c6fPsf]  
 Pp6} ; To / cg'ej sf]  
 a14 / lj rf/sf v/f/s dgk/fpg]n] eg]  
 a%b]gg\ hfb]gg\ b]b]gg\  
 ej / xbosf efifx?  
 dgeGbf k/sf lgåfåsf ; Tox?  
 ltgn] t  
 /fdS]l0fnf0( d"v{ afnse] 7fg/  
 afndlGb/df egf[u/fpg a]/ 5g  
 clg eGg ; S5g\  
 a14 t ej / lj ef/ xb]g  
 a14 t slxn] ghRof / <  
 pbfx/0f klg ykb} eGnfg\  
 lj j]sfgGb / s]l0fdltk? gfr]gg\  
 gfr] / t dfc5]n] ; Ddfxg dfq lkpf  
 ggfr a] lj Znljfof u/  
 t/ k] / csf] cfzro/  
 dl: tis k]wfg lzoj lj]sfgGb sf u]z  
 xbo k]wfg 5g\  
 k/dftdf zAb dfqn] klg zG5g\  
 / ej ftlt xb]eG5g\  
 cfpm gfr]ff  
 gfRb} ulx/f] x'g l; sf  
 o: t} cleJolQmx? 5g\slt sht  
 cfpm lrq agfpnf  
 aff; 'L ahfpnf  
 slj tf n]vff  
 ult ufpnf  
 cglsf]ls l; h]fx? u/f  
 ol ; a} Ps} cg'el't k]nsf

y/l/y/l cleJolQm x'g\y  
 To; ]n] t lTd]f c; ldt lfdtf 5  
 dfgj xf] ltdl  
 / ltdl klg t a'4 xf}  
 t/ a]xf]; a'4 ð  
 snf l; hgf xf]  
 lj 1fg cGj]if0f  
 / cWofTd Pp6f ; Dk0f{ ; dk0f  
 hlj gsf ; a} ; txl cg'ej  
 kmu] åGåsf lj :tf/ x'g\y  
 pN6f 0f]n] l6s]sf] 3/h: tf]  
 To; ]n] of] åGåsf] ; + f/df  
 kld / bof klg  
 åGåsf] cz ag/ cfp5  
 ; + f/tkm] x]/ t  
 åt g] åt s]f] b]zo 5  
 t/ k/dftdf cåt 5  
 k]f / k]sfz cåt 5  
 ls]ls toxff dg /f]s]5  
 lj rf/ / lj s]nk] xl] 5  
 lgZro / ; dk0fdf o: t} x]5  
 zf]t, lgZrn lg/j tfsf] dfgleq  
 kld, s]off / k]f]sf] dh 5  
 0z] / klg Toxlf 5  
 c]n]nfx klg Toxlf 5  
 k]e'sf] / hwfgl Toxlf 5  
 ; a]l; h]fsf] ; ft 5  
 k/dftdf / f]f] Toxlf 5  
 ; j]1fg / lj 1fg klg Toxlf 5

ldqkfs{ sf7df8f].

i

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ca xfd]f] ja ; f08df j̄hoGtl / bfloTj sf ; a}  
 c̄'s 8fpgnfB ug{ ; SgxG5 x} .

# wflavflnf ^offsPsf lzz'x<sub>2</sub>klt

wl/s'df/ >ji7

; nfd ÷ gd: sf/ ÷ clej fbg  
wflavflnfdf ^offsPsf  
ltdl gj hft lzz'x<sub>2</sub>klt .  
lxhf<sub>2</sub> ltdlx? 6's'rfd<sub>2</sub> ^offsGYof /  
cf<sup>^</sup>gl kof/l ddtfdol cfdfsf<sub>2</sub>  
s<sub>2</sub>'k cgxf/df ?ksf<sub>2</sub> /<sup>a</sup> kf<sub>2</sub>tlbGYof /  
/ k<sub>2</sub>/ klg ; tl ; flj ql d~rgfy{  
/<sup>a</sup>neld pkxf/ lbGYof .  
lxhf<sub>2</sub> ltdlx? em<sub>2</sub>8ldf ^offsGYof /  
cf<sup>^</sup>gl Toful ; dlkt cfdfsf<sub>2</sub>  
; Gb/ cgxf/af6 cf<sup>^</sup>g<sub>2</sub> c; Gb/ cgxf/ wf0lbGYof /  
/ k<sub>2</sub>/ klg of<sub>2</sub> gsf<sub>2</sub> l<sub>2</sub>1fkgy{  
ahf/df bf0hf<sub>2</sub> lbGYof .  
lxhf<sub>2</sub> ltdlx? gfnldf ^offsGYof /  
j fl; Nodol dxfg\cfdfsf<sub>2</sub>  
c; fdflhs em<sub>2</sub>8fdf ; fdflhs /<sup>a</sup> kf<sub>2</sub>tlbGYof /  
/ k<sub>2</sub>/ klg S<sub>2</sub>df<sub>2</sub> kf<sub>2</sub>bf<sub>2</sub> u//  
S<sub>2</sub>0fsf<sub>2</sub> vflhldf S<sub>2</sub>tlsf<sub>2</sub> j/bfg lbGYof .  
d ltdl 0; fx?nf0{ ; nfd ul//xj5'  
d ltdl /fdx?nf0{ gd: sf/ ul//xj5'  
d ltdl /lxdx?nf0{ clej fbg ul//xj5'.  
wflavflnfdf ^offsPsf ltdl gj hft lzz'x?  
hf<sub>2</sub> e<sub>2</sub>0f xTofaf6 pldsp/ h; n] h1Gdg] ck/fw u<sub>2</sub>of<sub>2</sub>  
hf<sub>2</sub> ltdl lyPg ÷ p; Sf<sub>2</sub> ck/fw saNgl b': ; fx; u<sub>2</sub>of<sub>2</sub>.  
ltdlx? hf<sub>2</sub> a'4 xg ; SYof<sub>2</sub> ÷ ltdlx? hf<sub>2</sub> d<sub>2</sub>8lnf xg ; SYof<sub>2</sub>  
ltdlx? hf<sub>2</sub> efg' xg ; SYof<sub>2</sub> ÷ ltdlx? hf<sub>2</sub> l<sub>2</sub>Bfkl<sub>2</sub> xg ; SYof<sub>2</sub>.  
ltdlx? hf<sub>2</sub> 0ltxf; lyof<sub>2</sub> lxhf<sub>2</sub>sf<sub>2</sub> ÷ ltdlx? hf<sub>2</sub> j t<sub>2</sub>dfg lyof<sub>2</sub> cfhsf<sub>2</sub>  
ltdlx? hf<sub>2</sub> ; Defj gf lyof<sub>2</sub> e<sub>2</sub>lnsf<sub>2</sub>  
lxhf<sub>2</sub> gx<sub>2</sub>b} cfh x'g af<sub>2</sub>o eo<sub>2</sub> ÷ cfh gx<sub>2</sub>b} e<sub>2</sub>ln x'g af<sub>2</sub>o eo<sub>2</sub>  
e<sub>2</sub>lnsf<sub>2</sub> lbg ltdlx?sf<sub>2</sub> /xg ÷ cfhsf<sub>2</sub> lbg ltdlx?sf<sub>2</sub> x'g ; s<sub>2</sub>g  
lxhf<sub>2</sub>sf<sub>2</sub> lbg ltdln n<sub>2</sub>g} kf<sub>2</sub>Pgf<sub>2</sub>.  
o; n] lxhf<sub>2</sub> cfh / e<sub>2</sub>lnsf<sub>2</sub> ltdl cg<sub>2</sub>t cg<sub>2</sub>t s0fx?  
ltdlnf0{ ; nfd, gd: sf/, clej fbg .

# /fNkf xf d

gj lg nf<sub>2</sub>rgdu/

; x/ e6<sub>2</sub>fp5 pm  
d/f<sub>2</sub> d'6hf0{ em<sub>2</sub>08f agfP/  
uNnl-uNnl, rfs-rfsIt/  
c<sub>2</sub>?sf<sub>2</sub> 0zf/fdf, pgs} cf<sub>2</sub>flgel/  
xj<sub>2</sub>fsf<sub>2</sub> l; /bf<sub>2</sub>n] em<sub>2</sub>sfpb}  
em<sub>2</sub>SSP/ ; x/sf Psb0{ va/  
d/f<sub>2</sub> sfg; Dd k<sub>2</sub>ofp5 / e65 tfkmut hNaf<sup>a</sup>  
; x/ k:g .hgo'40 kvfn ÷ ..; fDoj fbl<sub>2</sub>/x/ e<sub>2</sub>b<sub>2</sub>  
th: t} df<sub>2</sub>5x?sf<sub>2</sub> 5tldf 6]s\  
S] tfTo; fl ug{ ; S5; \  
ofd k<sub>2</sub>/P; u} k<sub>2</sub>/P :j fy{  
aVofrf agl/ plePsf 5g\  
go<sub>2</sub>gfr b<sub>2</sub>Vfp5' eGb}  
d-r cufl8 b<sub>2</sub>VPsfx?  
xfdfl ; a} .cfz\ af<sub>2</sub>s} ÷ g<sub>2</sub>g vflg xf6 uPsf<sub>2</sub>x?  
l/; fPsf<sub>2</sub> cf<sub>2</sub>sfze<sub>2</sub>wD b<sub>2</sub>Vf5g\  
; 'gsf<sub>2</sub> uh/ b<sub>2</sub>V/ ÷ xh'/x? ; a} knfpg la; k<sub>2</sub>5  
d t ; 'gsf<sub>2</sub> l<sub>2</sub>j /fwd} plePf  
xf<sub>2</sub> d ltdl l<sub>2</sub>j /fwdf plePsf<sub>2</sub> kmnf<sub>2</sub>  
d} xf<sub>2</sub>yaf<sup>a</sup> ÷ xh'/n] eGg} kb<sub>2</sub>g d/f<sub>2</sub> gfpf.  
h<sub>2</sub>g em<sub>2</sub>/ pHofnf<sub>2</sub> af<sub>2</sub>85' eGyof<sub>2</sub>  
zflif0fsf<sub>2</sub> ; a} h/f km<sub>2</sub>8y ÷ ; fDoj fb /f<sub>2</sub>5' eGyof<sub>2</sub>  
v< df<sub>2</sub>8of<sub>2</sub> t kf0nf <  
uff; Sf6/ lbg5' ce<sub>2</sub> ÷ af; Roft/ af<sub>2</sub>8g5' ltdl; u  
a/fa/l xg5f<sub>2</sub> xfdl ÷ u/lhDdij f/ sf7df8f<sub>2</sub>; u  
/fNkf, sflnsf<sub>2</sub> / 0nfd ÷ s'd hf<sub>2</sub>8l hf<sub>2</sub>8l pleg5g\  
xj<sub>2</sub> of<sub>2</sub> csf<sub>2</sub>; kgf xj<sub>2</sub> d/f<sub>2</sub> ÷ k<sub>2</sub>/ csf<sub>2</sub>; kgf b<sub>2</sub>Vsf<sub>2</sub> 5'  
km6'; ; kgf<sub>2</sub>sf<sub>2</sub> e8Vfnfdf affr/xjsf<sub>2</sub> /fNkf xf d, /fNkf .

## cfhsn

glnd's'df/ zdf{

rknf cknsfsf gu/l df cfhsn  
 dW0/ftsf] zfct PsfGtdf  
 glb sf; fJ6f9f 5.  
 6f9} stf xf] stfaf6  
 C; ld j] bgf e/l /fbg l55{.

S's'/ /fbf] ls <  
 la/fnf] /fbf] ls <  
 h] /fP klg, hf] /fP klg  
 S'/f Pp6} xf].

/fbg, qmgbgsf] dlxdf 5g  
 rknf cknsfsf gu/l df cfhsn .  
 sfvdf ; 't]sf] 89 a; ] 5f/f  
 lgbfd] tftnfp5 - cfof] U cfof] U  
 cfdfsf] sfdb) u/]sf] xftn]  
 5f/fnf0{ ; D; Dofp5 .

e]n b]vg] xf] ls <  
 gb]vg] kf] xf] ls <  
 kn kn 5nkmn xb} 5.  
 S; /l eflg] < S; /l afRg] <  
 l/x; h] xb} 5, rknf cknsfsf gu/l df cfhsn .

d/]sf ctkt cftdf  
 affr]sfsf /fbg, qmgbg  
 eo, qf; / j]bgfx? ; u} d15Psf 5g\\  
 Pp6} ej] /l df  
 rknf cknsfsf gu/l df cfhsn .

a6j n, ?kGb]xL .

i

s] tkf0[n] xfd] ; flxItos k:t sx? k9y'ePsf] 5 &lt;

## lbpfhf Itdlx?nf0{ lbpfhf

k'ook]; fb cfrfo{ .af156f]

lbpfhf Itdlx?nf0{ lbpfhf  
 h; /l eP lg lbpfhf  
 s; h] alx: sf/ u/] lbpfhf  
 s; h] cflj isf/ u/] lbpfhf  
 s; h] lwsSf/ u/] lbpfhf  
 s; h] lt:/ sf/ u/] lbpfhf  
 lbpfhf Itdlx?nf0{ lbpfhf  
 xf/] eP lg lbpfhf  
 ; f0t kf/] eP lg lbpfhf  
 r'gfj lhty/ eP lg lbpfhf  
 tfnl lk6/] eP lg lbpfhf  
 bfxf ls6/] eP lg lbpfhf  
 lbpfhf Itdlx?nf0{ lbpfhf  
 aGbs rnfP/ eP lg lbpfhf  
 afs; hnfp/ eP lg lbpfhf  
 kmtl[ nufP/ eP lg lbpfhf  
 3'sl[ nufP/ eP lg lbpfhf  
 a; lemsfp/ eP lg lbpfhf  
 lbpfhf Itdlx?nf0{ lbpfhf  
 ufnf r8sfP/ eP lg lbpfhf  
 ad k8sfP/ eP lg lbpfhf  
 dtkq 58sfP/ eP lg lbpfhf  
 ; h] wfg c8sfP/ eP lg lbpfhf  
 hgtf e8sfP/ eP lg lbpfhf  
 lbpfhf Itdlx?nf0{ lbpfhf  
 sfxl ; b: o eP/ lbpfhf  
 sfxl cWolP eP/ lbpfhf  
 sfxl klf eP/ eP/ lbpfhf  
 sfxl ljk lf eP/ lbpfhf  
 sfxl k]tklf eP/ lbpfhf  
 lbpfhf Itdlx?nf0{ lbpfhf  
 ljk blz] kje' cr/] lbpfhf  
 c/af] ; kbff vry/ lbpfhf  
 dxuf] eP lg lbpfhf  
 ; tf] eP lg lbpfhf  
 h: tf] eP lg lbpfhf

lbpfhf Itdlx?nf0{ lbpfhf  
 s'6/] eP lg lbpfhf  
 66/] eP lg lbpfhf  
 kmb/] eP lg lbpfhf  
 h'6/] eP lg lbpfhf  
 n'6/] eP lg lbpfhf  
 lbpfhf Itdlx?nf0{ lbpfhf  
 y's rf6/] eP lg lbpfhf  
 afs; ; f6/] eP lg lbpfhf  
 ; s] cf6/] eP lg lbpfhf  
 g; s] 9f6/] eP lg lbpfhf  
 Ps yfg ; h] wfg lbpfhf  
 lbpfhf Itdlx?nf0{ lbpfhf  
 cbnl u/] lbpfhf  
 abnl u/] lbpfhf  
 wfwnl u/] lbpfhf  
 e0f l3r/] lbpfhf  
 d'6' ldr/] lbpfhf  
 lbpfhf Itdlx?nf0{ lbpfhf  
 5f6f] eP lg lbpfhf  
 df6f] eP lg lbpfhf  
 vf6f] eP lg lbpfhf  
 el/nf] eP lg lbpfhf  
 l/Qf] eP lg lbpfhf  
 lbpfhf Itdlx?nf0{ lbpfhf  
 lbpfhf Itdlx?nf0{ lbpfhf  
 xdf] lgzfg lbpfhf  
 /fhg] ts kl/wfg lbpfhf  
 ljk l / ljk wfg lbpfhf  
 h: tf] eP lg lbpfhf  
 Ps yfg ; h] wfg lbpfhf  
 lbpfhf Itdlx?nf0{ lbpfhf

d]tblj] l, sf7df8f].

i

## bftf/fd / ntf/fdx?

k'z iffQd l; ubn

ufw'nl ofd ÷ lgl: sPsfl bftf/fd  
 PSnf] lxBlbgyl ÷ lxBlg] lbbgy]  
 lsgegl pgl kmsbjy]  
 cfh bftf/fd k/] lhNnf/fd  
 eGy]. P afa' l s'q xf] pgSfl 3/ <  
 ptfaf6 klg] cfo] .s; sf] <  
 .. /sf] — Sof ; /sf]  
 sf] ; / < k]/ klg  
 cfvl effprfn] : sxk] uDg yfn]  
 z/l/ yrSs a; fn] ÷ b'j} xft 6fpSfdf xfn]  
 cxfpQ/ cfPg lsgegl cf^gl gfd eNg yfn]  
 bftf/fd ; fRr] bftf/fd lyP.  
 S'g ufpdf hlgdP ÷ efs] ltv] bf] 8P  
 3/ 3f6sf] kfgl lkP ÷ dXgtl lyP  
 bvn] lzIff lnP ÷ oflo / kTofl/nf lyP  
 /f0ffs] xftaf6 lgo1Qm lnP ÷ afnaRrfnf0{ lzIff lbP  
 oflo u'z sxlnP.  
 /fhwfgl; Dd l5g{ ; Sof gfd  
 ylkof k/liff lgb] zssf] sfdf  
 cfsifS bfd, xflsdL tfdeffd  
 t/ leqleq udgfd, xbf/x|5 tyfgfd  
 nflu g wbfdf 3fd ÷ dg dfglg afg x/fd  
 lsx x'g' abgfd ÷ hf=a' rflkn'; l sfdf  
 xfn] /fhlgfd  
 a' ; /n / ; Gb/ ufpf s'g} zft lgisn<sup>a</sup>s 7fpf  
 lbnn] eGof] vfh] hfpf  
 tndfly a%bf ÷ emkfsf] 3)hf8Aaf  
 hg] uof] 7fd ÷ kml/ bfxl/of] u'z sf] gfd  
 cfgb wfd, /Hhf sfdf, /dfP bftf/fd .  
 bftfn] ePsfl lbg] xf]  
 1fg lyof] Toxl lbof] ufpb] v cd] /sf; Dd  
 s] lbg] <  
 g] tf lbof] cleq] tf lbof]  
 ufos lbof] gfoS lbof]

qflGtsf/l lbof] eflGtsf/l lbof]  
 h] fgl lbof] d] x/j fgl lbof]  
 lbg'; l] Ing' klg lyof]  
 kb / k] t] f lnof] gfd / ; 'gfd lnof]  
 k] z+ f / ; Ddfg lnof] / c] tdf  
 ef/l klg] u/l cNhfpd/sf] k/] sf/ lnof]  
 / gkmsg] af6f] lnof].  
 kbsx? ehG8Psfl leQfdf  
 pTs] 6 gful/s, pTs] 6 c] Works  
 bl3{ j] f, k] z+ fsf zAbx? tf slt xf] slt  
 ; a] ; Gttx?nf0{ cf8gcf5dfpg klg] hlt  
 t/ lg: k] of / dfg 5g]\  
 nhHhfaflw eP/ xfg] kb] cNhfpd/l; t  
 P l 8fbfsf 3fdx? ; Gb] 5' ltdf] cfo' tf] sG5 / l  
 Pgsf] bkrfdf 7f] sG5 / l lg] Qe/0f /f] sG5 / l  
 lsgegl w] afRg] eo] c/] l  
 ah] bsf] 9f8 efRg] eo] c/] l  
 ltdl s] RrPsfl kq"7fbf] sf] f / Tofpg] efBf]  
 cfgf Zos 3fbf] cNeifpg] sf] f  
 gndf lsx kfgl xfNg< yf/f] uf0{ lsx kfNg<  
 9f] sfl t] Sdf, k/b] zsf] vf] Sdf  
 clg ; Gb] 5' - NotP/ cNhfpd/sf alhx?  
 5/ g] 5g] pdy/sf af/lx?df  
 pdfg{ bftf/fdx? .  
 3/ , y/ , gfpf ufpf /sd-snd  
 h] f, 36fp, cfgf, hfgf e'h] kl5  
 ePgg] t 768f/fd <  
 n] t] ffdx? eGb] 5g] l kv] o; kfln  
 xf] nf xf] xfn] dxfn]  
 ; Gtfg; Dd k] mfnfk] ffnl  
 lx: ; ltdf] cf] 7] ufnl  
 xfdll; t 5g] g] s] tfnl .

wDaf/fxL, sf7df8f].

zAbfy{ k] s] fzgsf k': tsx? cgnf0g lsGg' k/] l  
<http://muncha.com/>

; f<sup>b</sup>bo{

k'lk/fh /f0{

cfsfz / w/tlh: t}  
 ltdfl cfj /0fsf] ; f<sup>b</sup>bo{  
 d/f ej gfsf] ; f<sup>b</sup>bo{  
 d/f s<sup>b</sup>sf] nlqPsf xft  
 dfG5]nf0{ clej fbg u5g\  
 ; dfT5g\ rx/f0/x]sf 3fp  
 hLgh/ kmf8b) t/fh' prfN5g\  
 6fkl prfNb} dfofsf] k/j f p8fpf5g\  
 ltdf afx'nfdf 6Dd xft  
 dfG5]sf lJ ;4 agfpf5g^u6j fn, lOff; RofDa/, c0fad  
 clg ;'gsf] cf7l nuf0{ Anfsxf]ndf dfG5] wsN5g\  
 ca eg xfts] ; f<sup>b</sup>bo{ ltdldf 5 ls ddf <

d/f IXj nlro/ / a} fvlsf] v'sf  
 ; ldfdf hE]kn/ a65g\  
 q]/tf]sf] 3fbL sNrG5g\  
 a'4sf] kf0nf a65g\  
 ltdf s]/fyfd] v'sf  
 dfG5]nf0{ nTofp5g\  
 dfG5]sf] 3fbL sNrG5g\  
 nb/sf] h'0f 6Sb} ; xf/df bu'5g\  
 ca eg v'sfsf] ; f<sup>b</sup>bo{ ltdldf 5 ls ddf <

d/f ; jt]f] 58lsf cfVf  
 ; jbgfsf a]nlnlk k95g\  
 dfG5]sf] c6tdg bV5g\  
 cWof/fdf phofnf] bV5g\  
 ; k]sf v'sf bNb} ufxlsf] cf; ' v's0fpf5g\  
 ; j oDe'sf b0{ cfVf a65g\  
 ltdf 6f8s] cfVf  
 dfG5]dfly j qmb]i6 /fV5g\  
 phofnfdf cWof/f] bV5g\  
 dfofnf0{ luhf]sf] x5g\

klx/f] uPsf] bVb]gg\  
 8fh/n] hldg k]h]sf] bVb]gg\  
 gbl /ftf] au]sf] bVb]gg\  
 ca x/ cfVfsf] ; f<sup>b</sup>bo{ ltdldf 5 ls ddf <

d/f >j 0foGqsf] sfg  
 r/fsf] ult; u] ; d'b]sf] 5fn ; G5g\  
 k/j fsf] 3/3'; u] dfG5]sf] dlxdf ; G5g\  
 ; NnfSF ; f0 ; G5g\  
 ltdf qfa] sf  
 adj iff{ u/]sf] cfj fh ; G5g\  
 xToflx+ fsf] syf ; G5g\  
 cfd]sf] afnfj 6 ; Gb]gg\  
 dfG5]sf] rlTs] ; Gb]gg\  
 ca eg sfgsf] ; f<sup>b</sup>bo{ ltdldf 5 ls ddf <

8fBfufpf\*, v]f]fa

i

## hlj g

; aMtf cfrfo{

crfqs em: sp/ pfof] gh/  
 hNof] d'6' t8NkP/ sffkof] cw/  
 lsg cfpf5 ofb <  
 o: tf] Joyf af]sf]  
 la]5]ktPsf] xbodf efnf ag/ .  
 ; Dem]sf] 5fot klg lfofd] lanf0 hfG5  
 bj klg lgi7/L e] PSnf] kf] /bG5  
 cW/L /ft; u] la/lQf5 dg  
 z]fotfdf x/fpb] a]yfluG5 tg  
 sNkgfsf] ; u/df x/fpmf ls s] xf] <  
 phfl8Psf] w/tl of] ; hfpnf] ls s] xf] <  
 lj gf; f]rl dg lbP  
 cWof/bf] /]5 hlj g  
 ofbdfq affsl /xg]  
 sNkgf kf] /]5 hlj g .

rfa]n, sf7df8f].

i

**cfzfdf**kDf{ d'g<sup>a</sup>sdl{

afb/x?  
 kzkltdf 5g\ uXo<sup>j</sup> / ldf 5g\  
 :j oDe<sup>d</sup>f 5g\  
 cyft\ cf: yfdf lz/dfly 5g\  
 afb/x?  
 n'65g\ laufb5g\ lryf5g\ eTsfp5g\  
 tklg xfdl  
 xg'dfgs\ k|tlj Da bM<sup>b</sup>5f  
 cf: yfsf k|tlglw bM<sup>b</sup>5f.  
 afb/x?  
 xfd\ cf: yfsf uh'/dfly r95g\  
 / a]; / l xNnfp5g\  
 cf: yfsf 5fgfdfly klb5g\  
 la: 60fp5g\ d'eo fp5g\  
 afb/x? / xfdlx?  
 cyft\ k|tf8s / k|tf8tx?  
 clwsf/ / st\oh: t} eP/  
 ; \u; \u} Pp6} j fudt\ s\ kfgl vf0/x\ sf 5f.  
 yfxf 5, afb/x? b'6 x'g\  
 afb/x? gd<sup>a</sup>s/fd x'g\  
 tklg k|t\os laxfg  
 chnslt uf\ sf6\/  
 s\ xl ds} / j :s'6sf ; fy  
 xfdl cf: yfsf s\gb\ ?df k\|5f  
 9f\|5f, k\|5f/ Toxf\ e\|5f  
 pxlf afb/x? og tq ; j q  
 pxlf: j efj - pxlf afb/kg  
 tfklg k0os\ cfzfdf, ; w\ g] cfzfdf  
 ds} 55f\ l j :s'6 55f  
 h: tf\ - k|t\os r'gfj df ef6 xfN5f.  
 i

**vfhL**

k|sfzdl0f bxfn

vfhL hf/l 5 To; sf]  
 cgj / t, clj IR5g, clj / fd  
 en} yfxf gxfl; \  
 To; sf] j f: tlj s / ^n?k / :j ejj \  
 lbp\ } / fsf] afn\ / s\bf\ fn\ km\ j f / em\k\ m prfn\ /  
 k'fgfk'/fgf 3/sf hu plw\ b\}  
 nf7l, v's'l, t/j f / aG\ s a\ s\ /  
 To; af] lsg s; / l eGg] d'vdf slnf 7\ s\ /  
 7h\ s\h\ fxn / qflxd\ dsf alr  
 JolQm\ b\z; Ddsf] bfpdf  
 l\ ut / j t\dfgb] v ejj io; Ddsf] d\Nodf  
 hf/l 5 vfhL To; sf]  
 oBlk s] x\| Tof\ / s] t\| 5 / s] u5{To; n] eGg]  
 / Qle/ hfgsf/l 5g s; )nf0{  
 tklg hf/l 5 lg\ Gt/ vfhL To; sf] \  
 o; q\dddf, s\lt 3/ 9n] s\lt ; kgf t\lxP  
 Tof\ 5, cfp5 / s] s\ g gfk5 eGg] xNnfsf e/df  
 hyfefj l vGgn] ufpf / ; x/x?df  
 xhf/f\ gfnf / e8vfnfx? kl/; s].  
 j Nn\ ufp\af6 kNn\ ufp\ hfg\ g; lsg] u/l  
 ef8l / wf\hfx? k\rf\6; s]  
 tklg ce\| e\|6Ps\] 5g Tof\ algfd] s'\f  
 kf0Ps\] 5g Tof\  
 dfgf\ lbp\ } b\|v\|sf ; kgfsf] :j 0fd's'6  
 g yfx} 5 wghgsf] s\lt alnbfgkl5  
 1fg-j j \|ssf] s\lt pkxf; kl5  
 zlQm\ ; fwg-; dosf] s\lt b'; kofukl5 kf0g] x\|  
 j f To: t\| j z\if s'/f g] x\|bg eGg]  
 Cf\ld1fgdfq kf0g] x\|  
 xfnnf0{eg] hf/l g] 5 To; sf] vfhL  
 kf0fk0fn] hf/l 5 \

## 7hf 3/sl lbbL

klef a/fn

k<sup>a</sup> vjheli u/L tkf0sf  
 kf<sup>r</sup>tn] 3/ xlNnPsf dfq xf  
 9lnxfn]sf] 5]f lbbL  
 a; ; Dxflng g; s/  
 tkf0{g} 9NgxG5 ls <  
 lsg SfnL / lgnL aGb}  
 d'6nf0{ hf8n] ; dfpgxG5 lbbL <  
 3/ clJnf xlJpf kJt17f clJnG5 eBg]  
 ejdf gk/]sf] eP sxff aGyof xfJnf  
 olt clJnf] 3/ <  
 lgdf]7Psf 15d]slsf]  
 dJv dfg{ C0f-wg u/y-cfkmtx? u'xf/y  
 lsg agfpgxGyof xfJnf / of] 3/ <  
 s] ug{ of] kfkl e'SDk  
 cln klxn] g} cf0lbPsf] eP  
 rJtgfsf] lasf] v'n/]  
 cfj Zostfsf] 3/ agfpg ; s]sf] eP  
 lsg agfpfygV  
 7hf 3/sl lbbLn] olt 7hf 3/ <  
 5f/5-5f/l lj b]zf 5g\\  
 cfk] afyn] slqmP/ pSng ; lSbgg\\  
 t] klg lsg agf0g\xfhf pgm] olt 7hf 3/ <  
 dflyNnf] tnfdf aQl gan]sf] dlxgff eof]  
 rlsPsf] 3/df ga:g] egl  
 ef8fdf a:g] ? lgl: sbf klg  
 s]xl eGg ; lsgg\\  
 pgl x/kn 6'n6n' cf^ gf] 3/ x]5g\\  
 g o; nf0{ eTsfpg', g agfP/ kJ{ cj : yfdf Nofpg'  
 s:tf] lj nvaGbdf kl/of] eGb} v'00{ ; f; km]5gV  
 rf/; o efN6 s/]6; l/  
 w8lsPsf] d'6' 5fld/xlg5g\\

ag:ynl, sf7df8f].

## sxff 5 d]/f] b]z &lt;

k|df]b cdfTo

d d]/f] b]z vfhg rfxG5'  
 sxff 5 < d]/f] b]z stf 5 <  
 To] d]/f] r]sf, uNnl sxff 5  
 sxff 5 d]/f] 6fh, 15d]s sxff 5  
 3/af6 b]vg] lxdfn sxff 5 <  
 sxff 5 d]/f] b]z stf 5 <  
 To] snsn al] afudtl sxff 5 <  
 sxff 5 9a]wf/fsf] kJ q hn sxff 5 <  
 zltm lxdfnl xf] f sxff 5 <  
 sxff 5 d]/f] b]z stf 5 <  
 To] rf8kj df aHg] lwd]afhf sxff 5 <  
 sxff 5 kl/] kl/] ; doahl sxff 5 <  
 laxfgsf] tf0ftf] hyl sxff 5 <  
 sxff 5 d]/f] b]z stf 5 <  
 To] dlgb/sf] 6Gu 6Gu 3G6l sxff 5 <  
 sxff 5 a'4sf] zf]t cf]v f sxff 5 <  
 u;hSf] dGq, tGq sxff 5 <  
 sxff 5 d]/f] b]z stf 5 <  
 dnf0{ d]/f] 7fpf e]sf0{ b]pm  
 d]/f] cf^ g} efEf e]sf0{ b]pm  
 d d]/f] b]z vfhg rfxG5'.  
 sxff 5 d]/f] b]z stf 5 <  
 i

zbfy{ k]sfzgsf] j]a ; f08df jhoGtlsf

; a} c<sup>a</sup>s, n]vsxasf] kl/ro, xfd] ; a} ultlj lw,  
 zAbsf]z?sf] ; k]6j]b/ / sfoqmdsf t:j l/, lkmlnd  
 tkf0]sf nflu pkn]Awk0{ xg ; S5g] x} .

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www . nepalipublisher . com

**v'nf sf/fuf/**  
k|df|b :g|x|l

d o; b/af/sf] 9|sf]  
h|g ; f|em cl|t|dkN6  
d|h] of] b/af/sf] 9|sf] nufPf  
To; } lbgblv d  
; w|nf0{b/af/af6 aflu/Pf  
d|h] of] b/af/leq 5f8/ cfPf  
d|f] h|lj gsf] tl; j if{  
/ cfh b/af/sf] 9|sf]  
aflu/ plePsf] 5'  
d|f] nflu b/af/sf ; a} 9|sf]  
; w|sf nflu a|b 5g\  
d of] b/af/sf] 9|sf]  
kmf]/ ef|lg5'  
d|f] h|lj gsf] tl; j if{sf]  
Ps Ps lx; fa  
sf/fuf/h:t}b/af/df  
d|f ; a} ; a}  
; kgfx? s|b 5g\  
0gf/h:t}ulx/f] of] b/af/df  
d|f ; a} v'; lx?n]  
; fd|xs cf|dxTof u/]sf 5g\  
xf] d aiff{ j if{ cl|3b]v  
b/af/sf] a|b 9|sf] k|f]/y  
d d|f dlt ; kgfx?  
/ dlt v'; lx?sf]  
Ps Ps lx; fa dflg5'  
; dosf] of] s73]/fdf pleP/  
d Gofosf nflu p7g5'  
Hj fnfdvl eP/ .  
k'tnl; 8s, sf7df8f].  
i

**x] b|z Ø**  
xl/z/0f kl/of/

; w|f lh|bulsf] Joyf uf0/xgl  
d|f] ; f/a|ln] cfh  
cf^g} Joyf /6g g; Sbf  
cf^g} 3/sf] blng l; /fgl xfn/]  
goff elj iosf] ; kgf alg/x5'  
e65g\}  
s|xl kfpg s|xl lbgk5{  
t/ cf^g} kfj/vn] 7u/]  
Ps 6'qmf wtldfly  
clwoff lh|bul afRg]  
d  
b0{ y|kf kl; gfafx]s  
s] g] lbg ; Syf] <  
To; }n]  
d|f kl; gfn] l; l~rt  
ltdf ; kgfx?  
b|vP/ cf^g] c; nl cgxf/  
cfh k|tnfdlgsf] df6f] b|v/]  
a|af/; ] xlbf  
k|f/ ls|gf/fdf pEofP/  
c-df65] e|b}  
wldnf] kfglldfly  
df5f dfg] bfp /Rb} 5f] /] Ø  
x] b|z Ø  
ca ltdl g} eg s] d|f] e|g'  
s|j n v'nf cfsfz dfq xf] <

nDh<sup>a</sup>.

i

**uof] Tof] uof] dxfe|S|k uof]**

k|; Gg 9'a|fgf

; Hj wfg cfpgkg] lyof]  
dxfe|S|k kf] Cfof]  
agfp|kg] b|z eTsfP / kf] uof]  
uof] Tof] uof] dxfe|S|k uof]  
x|bf{ x|b] j iff{ a'9f] w/x/f  
d7-dlgb/ / k'|fgf s|bf] b/af/  
ufpB/, ahf/ clg ; x/  
kf/] l5g e/d} v08x?  
uof] Tof] uof] dxfe|S|k uof].  
; dod} ; Hj wfg agfp|g] ; b|l4 l|P/  
lvrftfgl c; xdlt ce|l; u lnP/  
el|SPSf] b|z cfk|l agfp|g]  
xdfl] ; fdYo{ l|j Zj nf0{ hgfp|g]  
o: t} ; Gb] gkfnldf 5/| uof]  
x'g} g; Sg] ; xdlt ; fRr} g} u/| uof]  
uof] Tof] uof] dxfe|S|k uof].  
; x/sf uugr|al dxn ÷ j f ufpB/sf sRrl 3/  
; a|sf] hu xNnfP/ uof]  
s|tnf0{ 9NnsfP/ uof] ÷ s|tnf0{ un|ofP/ uof]  
ca pk|gt e|S|k k|t/fwl ; frgf  
agfp|g} e|b} x|sf/| uof]  
uof] Tof] uof] dxfe|S|k uof].  
3/k|l / 8/f] fnfar ÷ dflns / g|s/sf alr  
7hf / ; fgfar c|g|f] ; Da|w a|f|w u/fpb}  
t|f] / d|f] e|g] efj gf d/fpb} ÷ ; asf] dgdlit:s xNnfpb}  
uof] Tof] uof] dxfe|S|k uof].  
; asf] af; Pp6} vNnf wtldf  
dl/nfg' s|xl 5g vNtl x|g|g sfqldf  
l| gf; ; u} l| sf; sf] 9|sf] k|g vNb5  
sf8fdfly g} ; l|6sf] ; Gb/ k|t h k|Nb5  
oxl ct|n] xfdl ; anf0{ a|f|w uof]  
; dosfnf k|/ cfpg] ; DefJotf ; ffr} uof]  
uof] Tof] uof] dxfe|S|k uof].

; xgzlQm

afaf a:glt

; xg'sf] ; ldf xG5  
 l; dfgf3]k15 wtl{  
 e'Sk e0{ rNdnfpf5g\  
 ; xg'sf] ; ldf gf3]k15 g}  
 ; db] ; 'gfdl e0{ kri]nG5  
 zft cfsfz u8u8fpb}  
 slxn] r§fg j ifffp5  
 slxn] cl; gf.  
 Cfufnf0{ lh: Sofpg' xGg  
 x'/l; t ksf vN5  
 ; xgzlnntf el]sp/}  
 ; ltf / kfj tlx?  
 dxfsfnl e0{ hfl5g\  
 kthnf0{ kth} e0{ /Dg lbg'  
 b'kofu u/l lgdf]l lgrflg{ yfn]k15  
 t]hfa aG5g\vnfa hnx;  
 To; h] ckdfg ug]Gg wtl[sf]  
 cgsfb/ ug{ xGg cfsfznf0{  
 dfof ug]5{ kthnf0{  
 s: tl vNg' xGg ; db]; t  
 Sb]i6 uf8g' xGg kfj tl / ; ltfx?df  
 ; ldleq} zfefodfg xG5g\  
 ; xgzlQm? .

i



Hj f/ef6f

efuj t cfrfo{

; db]df slxn]sfxf] p75g\Hj f/ef6fx?  
 rGb]dfsf] cfsif0fn] p75g\  
 rsf] 3fdk15sf] ; Ggf6fdf p75g\  
 cfw[al/L; fu] p75g\  
 h] sf/0fn] eP klg  
 ; db]df slxn]sfxf] p75g\Hj f/ef6fx?  
 / kfgl k:5 a: tlx?df .  
 Hj f/ef6f cfp k15 lsgf/sf 3/ 8'afpg ; S5g\  
 af9ln] aufpg ; S5g\ 5]psf dxn 9Ng ; S5g\  
 la]j f au]rf uNg ; S5g\  
 l]gfzsf/l xG5g\Hj f/ef6fx?  
 lsgf/sf a: tlx?df .  
 lkpg of]o xGg Hj f/ef6fsf] kfgl  
 l; lr]0nf0{ sf] lbbg Hj f/ef6fsf] kfgl  
 df5f kfNg ldNb]g ÷ ud] 5Ng kf8l vNg ldNb]g  
 e] L gxfg pg ldNb]g ÷ ef8f w] fpg ldNb]g  
 d'v vsfNg ldNb]g  
 u] glsf] xQ/ eg{ ldNb]g o; n]  
 slj n qf; -8/ af]s]/ cfpl5 Hj f/ef6f  
 / ; vfk kf5{ a: tlx?nf0{.  
 cf^gf] zlQm] p75g\Hj f/ef6fx?  
 Sf/0f cGoq} ePk15 kl/j tgsf nflu  
 lg0ffbs agq ; St]gg\Hj f/ef6fx?  
 ; f/f sNdif lgn] a:g ; St]g ; fu/ em]  
 a] kmflnlbG5 au]rfx?df kf]fxf/ af]s]/  
 / S?k agf0lbG5 lfofe/df  
 xhf/f] if]sf ; Eotfsf la/f; tx?nf0{.  
 Sl]t; t dg af]s]/ cfPk15  
 ; x/ ufpfWj : t agfPk15  
 lgdf]fsf/l agg ; St]g ltgsf] r]tgf  
 Hj f/ef6f Hj f/ef6f g] xf]  
 hxffv'; l/ d' sfg dl//xG5g\  
 d]ql / d]bt f d]R5f kl//xG5g\

l; hgf<sup>a</sup>sf d'g<sup>a</sup>fx? lgdf<sup>a</sup>70/xG5g\\  
 pBd / pTkfbgx? tl; /xG5g\\  
 xG5g\\sj n qf; , lj gfz / cj zjfx? .  
 t/ w<sup>a</sup>b{ ugk5{  
 Hj f/ef6f cfP klg kf<sup>a</sup>gl emg{ ; d'bldf g} xf  
 cfQg' kb<sup>a</sup>g kf<sup>a</sup>gl 36g] cfz<sup>a</sup>sfdf  
 sj n rflxG5- w<sup>a</sup>b{ l; 4f6tlgi7tf  
 / ; xl dfu[rq<sup>a</sup>x? .  
 ; d'bldf dfq xf<sup>a</sup>g  
 kxf8l a: tlx?df klg cfP5g\\  
 slxn]sfxFHj f/ef6fx? .  
 i

## ; Gb/tf

efef zdff

xf] hlj g, clj /n / clj >fgt 5  
 gbl h:t}  
 xfj f h:t}  
 To; h] t hlj g  
 dfG5]sf]  
 cg'kd 5 .  
 cg'kd cfk<sup>a</sup>df  
 lj :dosf/l  
 cfZrohlgt  
 /  
 dx<sup>a</sup>lj k0f{ xG5  
 cgkdnf0{ cg'kd agfpg'  
 dfG5]sf] sd{ x'g'k5{ wd{ x'g'k5{  
 g ls ; Gb/nf0{ c; Gb/ kf<sup>a</sup>g  
 dfgj hlj g ; Gb/ 5  
 emg\; Gb/ kf<sup>a</sup>g sd<sup>a</sup>df nf<sup>a</sup>lg'k5{  
 ; Rrf ; j6fn]  
 ; j6f olb kls[t xf] eg]  
 ; j6f olb hGdbftf xf] eg].  
 i

l; gfd<sup>a</sup>un, sf7df8ff.

## PSnf]

elid pk]tl

r/fx?sf] p8fg x|b{ xlspf.  
 p8n} u/]sf r/fx?n] v; fPsf Kj ffvx? l6kyf  
 ltg]sf /<sup>a</sup>x?nf0{ 5b} ; kgf bNg l; sf]  
 glnf] cg<sup>a</sup>t cfsfzdlg p8]sf  
 ; jt<sup>a</sup>f afbnx?h: t}  
 r/fsf Kj ffvx?h: t}  
 ; kgfx?nf0{ p8g] 5f]8lbPF.  
 r/fS] p8fg x|b{  
 ; kgfsf] p8fg p8/]  
 Ps lbg ; x/ k; f.  
 C~hfg 7fpdf af6f] x/fP/ 8/fPF  
 k5f]PF/ k]h/ p7f]  
 uf9f c]l of/f] / s8f pHofnf]; u n8f]  
 ulx/f] dfg<sup>a</sup>tf / rsf] cfj fh; u n8f].  
 gbldf kf<sup>a</sup>lh: t} u/] pd/ allof]  
 3fdSf] ls/0fn] 5f]Psf] lxpf e]m  
 kln] / tkktkk v: b} cfsfa]ff allof]  
 xNn] l; ^w/tL ; Demgf allof].  
 Ps lbg AofemPF ; a} tGbfx?af6  
 Cfkl; u} cfPsf r/fx? ; x/df lyPgg\\  
 pl8/xg] ; jt<sup>a</sup>f afbnx?  
 / kv]bfh: tf cfk]nf0{ p8f0{ lx8g]  
 0Gb]pf] 5fP/ cfPsf ; kgfx? affsl lyPgg\\  
 yrSs a; f/ cfMf lrDd u/f].  
 C; ^No dfG5]x?sf] alrdf  
 PSnf] /x]5' d t  
 Psbd PSnf].  
 i

s] tkf0[n] xfd] j]a ; f08 xg]ePsf] 5 <

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k/b]zaf6 dyl b]z

dflgsf dxhg

k|s|tnf0{ dft lbg] lj 1fgsf] rdtsf/ 5  
lhGbulsf] n8f0{ n8g cg]sy/l xltof/ 5  
d; eld klg xl/of] 5  
v|h nf all5, em/gf em5{s|tdtfd cfdf/ 5  
kfgl lsg kg{k kof] hnd}; a lj xf/ 5  
; w] ; v] v] l h; tf] d cfwlgS ejfdf 5'  
xf] 0 ; fyl d o: tf] b]zdf 5' .

lrNnf ; 8s lrNnf uf8L ; fR5g\hlj g dfh 5  
; + f/e/sf kl/sf/n] ; w]oxff effh 5  
; 'v 5, ; on 5 t/ klg cefj v8\$G5  
dgsf] s'g] s'gf b]zsf] gfddf w8\$G5  
cfvfe/ ; w]lsg ltg} xl/of 8fbf emNsG5  
; cb/tfsf] gj lg ?k sNsnpbf] s]zdf 5'  
xf] 0 ; fyl d o: tf] b]zdf 5' .

lkHHff clg au/n] efls slxn] d]6bbj  
kl7fsl g/d /f6lsf] efls lsg e]6bbj  
dgnflbf] /; kfgn] Kof; emg&mg\vr95 lsg <  
dhhsf] lr; f] kfglsf] Kof; lsg a95 lsg <  
hlj gnf0{ pkoфpg] d t s]n /; df 5'  
xf] 0 ; fyl d o: tf] b]zdf 5' .

oxffsf] of] xl/ofnl df dgdf u9g] /a 5g  
snsn algl vfhf clg lgen] tl em/gfsf 9E 5g  
5gg\ultsf] no klg oxff tl ; Elt 5g  
Ps csfdf /dfpg] s'g] oxff klt 5g  
r/L oxff upfbg] lj /0P/ ; g5 lsg <  
sf0nlsf] lj ofudf dg PSnf] xG5 lsg <  
7f]sG5 dg d'6' nfujh: tf] 7; df 5'  
xf] 0 ; fyl d o: tf] b]zdf 5' .

df6fldf ; j f; 5g b]zsf] df6f] ; '3f'nfl5  
lxdfnsf] t:j l/ b]Mbf lsg lsg r'df'nfl5

oxff k] fdf ldqtf 5 bfthG5 cg'xf/df  
dfofdf ef]tstf b]Vfj 6lsf] d'xf/df  
lsg a%g ; lSpG h]j gsf] s] xf] ; f/  
; asf oxff?k Ps 5g lsg /a xhf/  
; a) 5 oxff t/ lsg nfl5 dfq Kof;  
s] xf] d]h] klxNofpg] h]j gsf] dNo vf;  
d ; w]b]vg] kf] ; v] h]j gs} ejfdf 5'  
xf] 0 ; fyl d o: tf] b]zdf 5' .

cfdf 0 dyl cfdf

/fsz sfsk

hGdfP/ dnf0{ sfvdf ; 'tfof}  
cfdf ltdln] slt /ft g; 'tl latfof}  
dnf0{ ; w]dfof ug] dyl cfdf b]ptf  
of] a]df08df ltdl s]n Pp6f .  
cf]nf ; dflt tft] lxBg l; sfof}  
a'a' ln6f] r6fpb] h]j g x'sffbf}  
lb0/Xof] lj j]sdf lz]ffsf] 'fjn]  
of] dgdf auf0/Xof] lj Zjf; s] vfln .  
n8hf rf]6 nflu nf; w]yfld/xg]  
Hj /f] cfpbf lgwf/ xftn] 5fld/xg]  
si6 xflnf dnf0{ egl h]n] klg v]k5g\  
o; f] v'; l e]6] eg] dnf0{ g] y]k5g\  
x/fp5' ls d egl ; w]af6f] alG5g\  
; D' gf u/] dfq d]/f] afaf elG5g\  
d]/f] x/]s rfxgfd s]n ltdf] cfz  
/flv/xG50f] dnf0{ ; w]ltd] dgdf af; .  
ltdf] kf]y/gfdf dnf0{ ; w]j /bfg  
dttf 5Ns0/xg] Kof/f] ltdf] w8\$g  
ple/xG5g] j l]f e0{ hf8f], udl] j Efdf  
d'; sf0/xG5g] d]/f] cfgGb, ; v, xE]df .  
n; Vghn; \cd]/sf .

# ehNsof} Itdl denyldf

/fhglj qmd yfkf

cf^ gf afx}s c? glrGgj  
 z<sup>a</sup>sfn' cfvfx?  
 c?sfl cl: tTj gl:j sfgj  
 snlift dgx?  
 cfkn; u 8/f0/x]en nflgj  
 rkf0Psf cgxf/x?  
 qm/ ; do rqm; u/  
 cft<sup>a</sup>st dga6  
 cfenj kb} ubf{  
 ehNsof} Itdl denyldf .

ckdfgn] 8fldPsf  
 lt:/sf/n] ikN; Psf  
 cfkmg} Joyfn] leqleq}  
 dl/r em} rfp/ Psf  
 cgluGtl d'xf/x?  
 sxl kfpg] cfzfdaf egbf  
 cl: tTj ; lsg) qf; df  
 Psfxf/ f6f] nfpb}  
 cGo] ndf {dlnnb} ubf{  
 ehNsof} Itdl denyldf  
 ; of+j iff{k15sf] qf; bl  
 Itdlnf0(g) kv{ em}  
 cgo; leqPk15  
 hlof / dlsS; s]sf] 3/  
 9Ng' lyof t 9Nof  
 CGwsf/leq Pp6f lbof

aNg' lyof t aNof  
 df]rfdf ; fdjh gxlb}  
 k/Lff Ing vflHg] ; do  
 ; a) ldnL c; km agfg  
 lx; fa lstdfa ub} ubf{  
 ehNsof} Itdl denyldf .

Itdl] cfudg; u/  
 kf]hf/l vNg vflHg]  
 kj{ ck]lft ij ; a]it  
 laub} u/]sf] ; +s]t  
 st]o kydf cj /fw  
 agl cfpg] r§fgx?  
 ; sf/fTds ; flr /  
 cTdlj Zj f; sf] s'rfln]  
 a9fl/g]bg\ xh} .

wd]nPsf] kf]v/ldf  
 ; a]n] kfgl eg{  
 vflrf] lyof] Pp6f blk  
 sfnf] c]n]of/f]nf0(lrgf  
 sfnf] afbnleq  
 rfblsf 3/f vflHb}  
 ug]jo; Dd klg  
 Pp6f ; fysf]  
 SNkgf ub} ubf{  
 ehNsof} Itdl denyldf  
 ufl/vf .

s] tkf0[n] xfdf 1fga4s k:t sx? k9g'ePsf] 5 <

# gcfPsf] e0frfnf]

/fhgb] tf/ls0f

sxf] cfof] e0frfnf] <  
 Itdl e65f] cfof] cfof]  
 e0frfnf] cfof] 0  
 vf6df-lgbfdf=afy; ddf=ef65fdf  
 clk; df=Sofl6gdf  
 Itdl lgs} 7hf] ejd lrRof0/x]5f}  
 e0frfnf] cfof] e0frfnf] 0  
 P 0 aj skm xNnfx?,  
 sxf] cfof] /, v} e0frfnf] <  
 pm eTs]sf] 5g t lj eb]sf] uf/lz<sup>a</sup>s/  
 9n]sf] 5g z]f]f]f]sf] kxf8  
 cTofrf/sf] s]b] ; ln} 5- algfd b/af/  
 ej6frf/sf lstdw/x/fx? b'; t} 5g\\  
 p; /l g) xff; /x]s} 5 pkNnfl j u]sf] ; G%ofn 0  
 xhf/f]s/a]sf] /fhdfu/agfP/  
 s1b/x]sf ; Qsf] sfu]bx? /f]sPsf 5gg\\  
 gf/fsf] xf06f; g nf0g 5fP/ c; GtInt  
 /fhgltsf] lgd] k/8 a]b ePsf] 5g .  
 e0frfnf] cfPsf] xg]yof] t 0  
 elTsgkYof] cd]gj tf]sf dxnx?  
 elgfj z]if xg]kYof] d]ssPsf] Joj :yf  
 st} k1/gkYof] sfnf] 0ltxf;  
 ; f0/ xg]kYof] gful/ssf oftgf-lzlj /x? 0  
 lsg kx]uPg t < cfdfsf] phf8 bVvsf] lgwf/df  
 lsg ylgPg pgsf] cff 'sf] sfnlu08sl - d'xfg <  
 lsg w/fkdf k/g t < afafs] 5ftldf ufl9Psf] P]txf; s zh  
 / lsg /f]sPg Tof] xbosf] lj iffbsf] no <  
 lsg c]j; 4 ePg t < d/f] b'e]f]osf] c]t/f]i60 lj dfg: yn  
 / lsg /2 ePg ; kgfx?sf] vf8l-p8fg <  
 lsg klxrgf ePg t < t]; fl d'n's a]rPsf] ag]sf] km/of  
 / lsg p4f/ ePg  
 elueh: tf] pgsf] k]bdf km]sf] /f]i60tf]sf]

st} rlsPg t j 0ffoj : yfsf] sf/fuf/  
 Ps} laQf 36g gfsyDs] 8fBsf] prf0  
 Ps} ld6/ p7ggNrD; f eëfx?  
 k\j lgf/fo0fsf] .06gS; cfhfl tlg ld6/ blf0f klg ; /g  
 dlRrPg bdgsf/l /fHosf] k\Bf] lnEfl  
 k5fl/Pg gs{sf] pkTosf l5g] åf/  
 ; b' hgtfsf ; kgfsf km/flsnf kmflx?df  
 v'; lsf] sDkg dx; ; } ePg  
 d\6Pgg\c; dfgtfsf hllkP; s\bbx?  
 t ldl s; /l e65f< e0frfnf] cfpS} xf] <  
 e0frfnf] cfpYof] t Ø  
 s'; l\ vl/b-laqm\sf] nf0; ; kfPsf]  
 Tof] k/fgfl ; Ofsf] k; n whfdf ldl; gkYof]  
 wld/fn] uB agfgpg]  
 Tof] ; + b ; lrj fno v08x/ xgkYof]  
 /fxt afS] 306f3/sf] n^u8f] ; do  
 k/ st} k\fkZrd, pQ/-blf0f klu; SgkYof] Ø  
 t/ xgkg] s\kl ePg,  
 cf7bz xhf/ ul/a d/  
 b0frf/ xhf/ df6f] sf dflns j : tl z/0ffyl{ eP  
 b0frf/ nfv kf/vsf 3/x? n8]  
 lg/lxtf xf] of] 0dfg k5fl/of]  
 b0frf/ ; o lj iffbsf k/fsdkg  
 b]zsf] d'6el/ ; nanfP Ø  
 9Nb} 9n\j t < cs't ; DklQsf uugleNnfx?  
 7]s]bf/sf lj nf; -a^uNnfx?  
 c\Gt/fli6\ Ph06sf r]da/x?  
 k\hij fbsf] chEsf] xf]8^af8{ plePsf] 3/  
 xNng; Dd xlNnPg ul/asf] /ut laqm\ xg] dlb/fno  
 dfqj tfsf] v\hlcfd lr/x/0f xg] j\Zofno  
 lg/lxdflx nfbgl ; jj wfgsf] tf; dxn Ø  
 cx\l cem] cf0ku]s} 5g cfpq\kg] e0frfnf] t Ø  
 P Ø ajj s\km xNnfx?  
 ca ldl 68\sf/] ejd lrRofpg a\gb u/ Ø

i

## nfdv'6\sf ; kgfx?

/fd'sdf/ k108t l\ql

udl{ xf]; \cem] k|r08 udl{ r9f]; \  
 e\g] sfdfg u5g\nfdv'6\sf?  
 slxNo} kfgl gk\l\p t  
 5fpg] lyPg h\gsf] zltm  
 a9b} uP wtl\df pi0ftf  
 h\GdGy\gg\k\l\udgsf/lx?  
 ge0lbP l\l\z/ ofd s; /l l\l\of x\y] / cf^gf z\lStx?  
 o; t} t x\G5g\g nfdv'6\sf ; kgfx?  
 a9b} uP ul/alsf x\hx? - Rofltgly] 5fk\sf em\hx?  
 el/lbP clz\l\sf] kf\gl\] v\l\8n  
 a:gl lyof] nfdv'6\sf] cfxn  
 cf^gf]; ^\Nof a9f0 a9f0  
 r: g kfp x\Gyof] e\g]  
 x\G5g\nfdv'6\sf ; kgfx?  
 Psfk; df n8b\jv d\G5\j?  
 kof6\ dfg\ s; /l h\l\8g\y] / xftx?  
 s\l\lnfxn 3D; f3D; lsf] al\rdf  
 e\B\l eg\k?n\j dl; tis3\tsf] l\j ; 4df  
 s; /l l\Gy] / ; fyx?  
 Nffdv'6\ df\6fpbf cf^gf] enf] b\g] Jofkf/l\ln]  
 nfdv'6\lnf0{ ; fy lbbf t\rk d\ r\k  
 al; lbP gful/s ; dfh s; /l 36\y] / hg; ^\Nof nfdv'6\sf  
 o; t} t x\G5g\g nfdv'6\sf ; kgfx?  
 d\G5\lnf0{ l\j sf; sf] k\gf afB/]  
 cf^g]; kgfsf] l\j sf; ug] nfdv'6\sf?  
 cTo\Gt]; /n s\l\fx? k\g r\fx\l\gg\; \rg  
 cf\k\ln] 6\sf] d\G5] dfbf\dfbf[  
 cf^g] cf/f k\g df/\}; ls\G5 eg\]  
 cem] ; /n s\l\ a\g r\fx\l\gg\nfdv'6\sf?  
 sysbflrt\dfG5] t afRof] eg]  
 p; df k\lt/f\w\l ds z\lSt a9/]  
 Cf\k\lnf0{ kof6\ kf\ng\eg].

l; dn6f/, sf7df8f.

i

# dxfeS<sup>D</sup>k / xfd<sup>f</sup> kpf

/fdk|; fb kgt

w/x/f 9Nof] t s] eof] <  
 xfd<sup>f</sup>] cf:yf t 9n]sf] 5g  
 b/af/x? eT]s] t s] eof] <  
 xfd<sup>f</sup>] d'6' t eIT]sPsf] 5g  
 3/x? rlsP t s] eof] <  
 xfd<sup>f</sup>] dg t rlsPsf] 5g  
 dIgb/sf uh/x? lgx]P t s] eof] <  
 xfd<sup>f</sup>] lz/ t lgx]Psf] 5g  
 bj n-; Qnx? w/fzfol eP t s] eof] <  
 xfd<sup>f</sup>] lhhlj iff t w/fzfol ePsf] 5g  
 eS<sup>D</sup>k t cfpq' lyof] cfof]  
 ; ft] vfg' lyof] vfov]  
 t/ xfd<sup>f</sup>] xf] } t u'd]sf] 5g  
 w/hnf] 3/af; l] xl] agfof] / kfndf k]ofof]  
 t/ gkfnsf] zfg / gkfnsf] klxrfg t d]6Psf] 5g  
 ; f]s[ts ; Dkbf?sf] l]f]0fs c] ; fg eof] xf]hf] 0  
 t/ ; w]sf] nflu d]6Ps] 5g .  
 gfz] fg\5f] xfdl  
 gfz] fg\5g\xfdf ; frgdx?  
 To; h] t gfl; P xfd] kl/j f/ / af; x?  
 k]j l] g} sxff clj gfzl 5 / 0  
 To; h] t uof] dxfeS<sup>D</sup>k  
 To; h] t eof] lr/lr/f hldg  
 To; h] t eof] dxflj gfz .  
 ca xfdln] 6f]9Psf]  
 dg hf8gk5{ d'6' hf8gk5{  
 cf:yf hf8gk5{ l] zjf; hf8gk5{  
 k]d / ; b]fj hf8gk5{  
 xftaf xft ldnfpqk5{  
 / 5ftldf xft /fv/ j frf ugk5{  
 gkfnsf] xfd] xf]  
 u'd]sf ; Gtfgx? xfd] x'g\

kfndf k]sf kl/j f/x? xfd] x'g\ / gfl; Psf ; Dkbf? xfd] ; ferf ; DkQ x'g\ en} u'd]sf ; Gtfgx? gkfplnf en} bMv]lhnf] u/] / r]sf] rf/ l]bj f/L gkfplnf t/ cbD0 Cff] hffu/ / hf] b]Mfof] eg] xfd] w/x/fx? km] / 7l8G5g\ P]txfl; s b/af/x? km] / l]rG5g\ ; f]s[ts ; frgdx? kgMgldt x'5g\ / 5fgf, gfgf / vfgdx? kgMl; lhft x'5g\ rfa]n, sf7df8f].

# slj tf

jf; 'bjj clwsf/l

3l/ a0 r95 / deGbf cllnf] x'G5 3l/ k]tnfaf6 la%5 / d]f]lz/df k]xf/ u5{ alyltx?df cf]v nf0/x'G5 rDasn] kmnf] tfg] em] dNox? l6k/x'G5 cf] ux? lgkm]g/x'G5 slj tf dl; t aft ul//x'G5 zgM zgM ; a]; fu glhlsg vfhb] 5 pm] 0 Ps k6s aft df/ g ltdl klg d]f] slj tf; t 0

b]z b'v|sf] a]nf

/fdx/L kf]80fn

0ltxf; s} 8/nflfb] dxf l]j k]Qn] b]z efl; Psf a]nf  
 k]s]tsf lgd] ykk8x?n] b]z sf]k/x]sf a]nf  
 xbf]b] cf^g} cfugdf cfkm]tx? k]l/Psf a]nf  
 ; ls]gf ; dfpg, ; ls]gf arfpg  
 k/b]z kl8fsf] of] s6' oyfy{ pm  
 d slxNo} e0gf s; jsf] dl]o'df dnfdl  
 d slxNo} e0gf s; jsf] v'; ldf ; nfdl pm  
 6'n'6'n' x]//x]5' lala; l ÷ l; PgPg  
 k]z a'ssf leQfx? /^NPs]f 5g\ e0frfnf]do ag]/  
 b]v/x]5' ; b]z xbf]b] v08x/ ag]sf  
 x]//x]sf] 5' cf:yfsf] w/x/f wln; ft ePs]f  
 kfrLg d7dlgb/x? u]N6Ps]f  
 xfd] : j fledfg xfd] k]lxrf]g d]6b] uPs]f  
 9Nb} u/]sf] b/af/ : Sj fP/  
 6]sf] nf]uP/ hf]ufPs]f k]; 4 s]l]of dl]b/  
 s]a]qmb]sf] ; fd]Hodf eTs]/ v08x/ ag]sf d]/f] b]zs]f /fhwfg]  
 cf^g} Hofg hf]ufpg efl]b] u/]sf el8x?  
 q]; t sf]h]fxfn pm e]S]Dkb]v  
 dgf]f]un] u; t pm k6s k6ss]f k/fs]Dkb]v  
 elgf] z]Eaf6 arfp]m arfp]msf] cft]gb  
 s; /l x]?]f of] b]zs]f aaf]b] <  
 s; /l x]?]f of] b]zs]f b'u[t <  
 k]y b]z z]sf]df 8'a]sf a]nf  
 k]y b]z l]j gfzs]f tf08j df ylnPs]f a]nf  
 ; ls]gf d]h] 9n]sf] b]znf]0{ ; dfpg  
 ; ls]gf d]h] cfugdf k]l/Psf]nf]0{ arfpg  
 v]f] 0 5f]g ; s]sf] d]h] nf]h cfdf]sf  
 v]f] 0 k5g ; s]sf] d]h] cf^g} wtl]sf] <  
 knut cf^g} nfl] l]j b]; Psf] d  
 b]z b'v/x]sf a]nf dfq cf^g} axfp]b] 5' 6f]9f 6f]9faf6  
 b]zn] xft dflu/x]sf a]nf k/f0 elddf t8]k/x]sf] d  
 a]rPs]f d /fh]l / /f]6lsf nfl]

a]rPs]f d Psd]7l dl]7f] ; kgf]sf nfl  
 la; / cf^g} s; f] la; / cf^g} wtl]f  
 af6f] la/fPs]f ofof] / xf]d  
 af6f] la/fPs]f k]lys xf]d  
 s]x]l kf]P/ ; a] udf]Ps]f 5'  
 Psf]t/ 6f]Nbf csf]t/ Ej fa k/l gfl]a]NPs]f 5'  
 Pp6f xftn] lnP/ csf]xftn] ; j{j l]bPs]f 5'  
 cf^g] cd]No a] x?  
 cf^g] cgdf]h knx?  
 cf^g] alni7 kf]v/lx?  
 b]zn] v]f]h/x]sf a]nf  
 cf^g] wt]h] dflu/x]sf a]nf  
 ; a] hgf ldNg] a]nf; ; a] hgf h'6g] a]nf  
 xfdl dfq g]kf]nl xf]f  
 of] b]znf]0{ p7f]pg] of] b]znf]0{ xf]f pg]  
 of] b]znf]0{ s; h] k]n] / 9f]Ng g; Sg] u/l agfp]g] k]pf u/f]  
 cf^g} ana'tfdf  
 cf^g} kl/ >ddf  
 xfdl dfq 9n]sf xf]  
 xfdl dfq s]RrPs]f xf]  
 xfdl dfq ly]rPs]f xf]  
 xfdl p7f]k]n] cl]nf] cf^g} w/x/f eP/  
 xfdl p7f]k]n] / cf^g} : j fledfg / >d ag]/  
 of] a]nf z]a]sf ug] xf]pg b]z xf]06l a]65 eg]/  
 of] a]nf ; fg]ltgf dte]bn] /f]sg] a]nf xf]pg  
 l; sf]j utaf6, l; sf]xf]df sdh]f/lx?af6  
 dfof u/f]cf^g] wtl]nf]0{  
 dfof u/f]Kof/f] k]s]tnf]0{  
 cl]sf] ; ldf gg]3f] k]s]t l/ ; fpg] u/l  
 kfng u/f]ej g ; dk]ktfnf]0{  
 kfng u/f]lj 1x?sf] e]S]Dk k]t/f]wtfnf]0{.

; e]Qm cl]w/f]lo a]nfot .

i

s] tkf]0f] xfd] j]a ; f08 x]g]ePs]f 5 <

**dfg a:g] 5gg\dEnzj /**  
**/fdzj / /fpt .dftbf; \**

cxfl 0 x]/g; Sg"dfg sxff/Xof] / <  
 vkg; Sg"eof] b]kbl ltdl] l] eT; rl/x/of  
 of sfyj lo bl/b] /fyj tf  
 x/skn l] eT; lanfgf kfVt}  
 ; d'bf]sf - ; d'bf] Cf] Cfp/P/  
 /f0/x]sl 15g\dEnzj / gkfnzj / l  
 Hofs Tof 5 zslg E8oGq  
 elid, b]0ffrfo{  
 g] vfPsf ol xltxf/f skfrfo{x?sf] dfgtf  
 Cfsfzn] x]/x]sf 5g\w/s kn  
 lx; fa-lstfa dfhbf 5 d; b]0f; lu  
 cl]g cfqmfz zfg tk: of/t 5g\  
 s] of l] j]sxlg cGofof0f /fb] gfr  
 rln/xG5 t cg]t sfnts o; /l g)<  
 l] Zj f; sf j fok^v 3f8fx?  
 lgZ5n ofqf ; ffbok0f 5g\; j ]sf  
 cxfl 0 of k]fkftk0f lgi]s cGwsf/ /ft  
 pN6g} k5{cj Zo Ps lbg vNofdvh]d  
 / Tof lbg To; 38l  
 cj Zod] Gofosl bj] l gRg]5g\5d5dfpb}  
 / lgi]7fsf] lzv/ dofbfsf] dxfgtf  
 df]gl-k] ; 'a] d: s'/fpg]5g\; j ]zj /  
 / emsg]5g\cGwsf/ sf]j x? gkmsg] u/l  
 oxl zedxt]sf] k]t! lffdf  
 cfsfz, cl]g, hn, j fo' / w/tl  
 of sk6k0f E8oGqsf] pv/dfpnf] cGwsf/ cGofo  
 rkrfk x]/x]sf xfhfg\eg7fG5 l] Zj : t dg  
 / 3fdsf emNs] h]j gsf] pGdQm aff; 'lx?  
 lgi]7fsf] cfug l] Zj f; sf] w/ftndf  
 slxNo] cnkq 5f8g] 5gg\  
 cj Zo, b]kblsf] l] eT; -j nfgf  
 dfg a:g] 5gg\dEnzj / .

1fg]zj /, sf7df8f].

**Tof lhGbul 0**

8f= n]vk]; fb lg/f]nf

wt[ k]f6f t/ l] Zj f; k]f6f]g  
 cfzfx?sf] ; Gb/ ; +f/ emg\k]f6f] k]f6f]g  
 wnf] p8/ k] 9f]sof] ; \  
 l] rln t sf]nf]xnsf] tf08j g]o e0/xf] ; \  
 t/ cfzf / l] Zj f; n] el/Psf]  
 c; ld kl/sNkgfsf] ulx/f] llf]thleq  
 To: tf] h]j g c]fkr] affr/xG5  
 arfpg]sf vftx?leq  
 l] Zj f; ; u} hflu/xG5 .

%ofplS/lSf] sf]nf]xnalr 6'; fPsf]  
 lhGbulsf] 6'; f] d/ en]f b]vG5  
 o; sf/0f d5{lhGbul  
 To; sf/0f dl/xG5 lhGbul  
 c8s]nafh]n] uDd kf/]sf] wt[  
 st} k]f6f]en]f b]vG5  
 st} km6fPs} e]6fG5  
 tk]g dfg; n] eGg 5f8f]g  
 cfkm"affr]sf] eGb}  
 cfkm"hf0{ lrgf0/xG5  
 k]l/ klg 6'; f0/xG5 .

wt[ k]f6f] ; \  
 t/ lhGbuldf cfzf / l] Zj f; gk]f6f] ; \  
 6'; fPsf d'g]x?df ls/f nfug\  
 t/ Rj f] gsf]6o]g  
 PSn] klg wfufsf] Tofb]df  
 S'g} lk08 emG8/xG5  
 Tof l] gfsf] ; +f/  
 h'6g] g; Sg] u/l k]f6/xG5  
 Tof klg lhGbul rln/xG5 .

sf7df8f].

## Cdt{ dfof

jf; 'bjj uftd .cfl&gt;tū

lhGbulsf hl6n klgx?sf  
 pQ/dfnfh:tf nflu  
 ltdf cfvfsf] cfsl'fdf clNemP/  
 RoftPsf] 5 d/f] lhGbulsf kld'v kl/R5]b  
 b'vfo sf] bl[6sf0fn] vkg; Sg' ePsf] 5  
 ; 'glsf] syfh:tf] ; /n gxbf] /x]5 df65]sf] dfof .  
 h̄g 7g yf  
 hgdfh:tf] bfu 5g ltdl; ū  
 km̄ dfGyf  
 km̄hdf xg] cefj 5g ltdl; ū  
 nflu of] blgoftdf  
 ; ffbotsf dxfg\dfgsx? eTsf0lb  
 ltdf] 5fof eP k]5 .  
 a'enf0sf] bl[6sf0fn] alemg; Sg' ePsf] 5  
 uf0Psf] ulth:tf] ; /n gxbf] /x]5 df65]sf] dfof .  
 sf8fn] sf]l/Psf xftx?df klg  
 ltdf] qfd sf]Ph:tf] nflu  
 alu/xsf] gbln] klg  
 ltdf] qfd ; , h̄l /x] er] nflu  
 ; flrfo sf] bl[6sf0fn] ; flrl g; Sg'ePsf] 5  
 n]vPsf] slj tfh:tf] gxbf] /x]5 df65]sf] dfof .  
 x]s /ft h̄gtf/fx? klg  
 cfkmtdf ltdf] laDj cf/fk]t u/y  
 dfgf]d 3fp] ?sf] lfqkmn gfk] u5g]\  
 efuf0sf] bl[6sf0fn] atf0g; Sg' ePsf] 5  
 3]sfPsf] kl/efifffh:tf] gxbf] /x]5 df65]sf] dfof .  
 i

s] tkf0[n] xfdf ; flxltos k:ttsx? k9g'ePsf] 5 &lt;

## u'z

lj gos'df/ zdf{ g]kfn

.hlj g sl7g 5ū  
 p; n] lf0fe/ g/f]s0{ egl  
 xf] x6g e6g g; Sglsf nflu  
 h̄j g b'/fu]xl 5, sl7g 5  
 knkn cf g]f :j Tj d]bfP/ bf; a6gk5{  
 t/ cfk]lnf0{ cfk]ld}  
 nl]g u/fpg ; Sg] o'uholsf nflu  
 xf] x65, ; S5, 7lsh:tf]  
 ; sf/flds lj rf/ g} ; lt' a65 .  
 xf] k'n klg Pp6f u'z g} xf]  
 / ; a] u'z n] bf; elQm 5f8/]  
 ; j ssf] cfvfdf, lj rf/df  
 vNnf, ; j R5 lj rf]nof a6g ; Sgk5{  
 clg u'z / r]hf b] } km̄fpg / km̄ng s]t a]/<  
 pbfpbf] ; b] /lZd; l/ .  
 .hlj g ; xh / ; /n 5ū  
 p; n] km̄/ Ps lbg lgM j f; tf6b} egl  
 xf] x65 e6g g; Sglsf nflu  
 h̄d / d]lo' d]w0 efffl//x]sf] kf0f]sf h̄j gdf  
 ; a] dfu/ ; Defj gfsf] 9f]sf a6b u/y  
 alxf] h: t] lgl: qm̄ afRg]sf nflu  
 h̄j g ; /n / ; xh 5  
 lsq]s p; n] s'g} k'n a6gkbg  
 p; n] s'g} u'z a6gkbg  
 p; n] cfk]lnf0{ cfk]ld} nl]g u/fpg  
 s'g} s; /t ug]kb]g  
 s; ]sf] bf; elQm ug] klg kb]g  
 To; h̄j gsf/flds ; flr kfNg]sf nflu  
 ; lqm̄ sdaf6 ef]g]sf nflu  
 h̄j g ; /n / ; xh 5  
 /ftsf] c6wsf/df l; /sn] d'v 5fk/]  
 nDk; f/ k/; l/ .

rfajh, sf7dr8f].

## k|s|t

lj j z ct|ktofqL

d ha : j R5Gb vNg vH5' k|s|t; u  
 r/f emHr/la/f0{p8g vH5'  
 afaf sfg ; dft/ k9g nufpgxG5  
 cfdf k9/ 7hf dfG5} aGgk5{ eGgxG5  
 8fS6/ 0Ghlgo/Sf pbfx/0f lbP/  
 l5dls|sf] s/f u/y To:t} xgk5{ eGgxG5  
 t/ d vNg rfxG5' k|s|t; u  
 pk|g rfxG5' : j R5Gb k|s|t hlj h:t}  
 ; a}/fS5g\5S5g\dl/f cfsfa\ff  
 lsg s; h] ; f\bbgg\dl/f OR5f rfxgfy?  
 dnfo{ tgfj eof, dnfo{ w/f g} ps'; d's'; eof .  
 7hfx?n] cfzlj fb lbbf : lsg 7hf algk5{ eG5g\  
 u'z;n] 3f|sfobf lsg wgl / 7hfsf] pbfx/0f lbG5g\  
 lsg lan u6\ / cflafdfsf] pbfx/0f lbG5g\  
 d flg 5Ss k5{ : lsg s; h] dnfo{ /fd ag eGbbgg\  
 lsg s; h] dnfo{ a'4h:t} 1flg ag eGbbgg\  
 lsg s; h] dnfo{ c; n ag egl eGbbgg\  
 lsg l; sfpb|gg\k|s|tsf] snf / ; Gb/tfsf] cyl  
 dnfo{ tgfj eof, k6s k6s tgfj eof  
 lsg aGgk5{ dh] 7hf dfG5] <  
 s; sf nflu aGgk5{ dh] 7hf dfG5] <  
 dl/f ; fgfj dl: tis k8shfh: tf] eof  
 dnfo{ tgfj eof .  
 d sfuhdf k/j fsf] lrq sf]5{  
 afaf ufnfdf r8sfP/ ufnl c|sNgxG5  
 d culgdfz flgt blk afN5'  
 cfdf xft em8sf]/ laRsfpg' xG5  
 s; h] lsg a%bbgg\dl/f OR5fx?  
 dnfo{ tgfj eof .  
 d aGg rfxGg 7hf dfG5] & d c; n dfG5] aGg rfxG5'  
 clg vH5' 7hf / ; fgfalr km/s  
 agfp5' 5\$} kl/efiff & d cfkij|nV5' cf^g} effo  
 lgwf/ kmf/ lsg h] & krlbf/ Cgw dfgl; stfsf] r\$fg  
 d cfkij|nV5' cf^g} effo .

u<sup>a</sup>fhn

8f= lj Zj blk clwsf/l

h]7sf] /fkn] tflknf] e0{  
 lxdlu/l] t|sfPsf] kl; gf  
 cSsl/nf] vflaf6 a; l x\}\  
 ; dbl ge6]; Dd lxdfj tl ; nlnt e0/xG5]  
 lg/Gt/kof; fsf] kof; / v|tsf cft kb}\  
 cfdfafx? ; x/ a:g|ePsf] lgs} ef]\  
 sf]l lxdgb|sf] dfYnf] kf6f] pSng hfq] yfxf kfPdf  
 cfdf xftdf Pp6f hlsq ydfpb} eGgxG5  
 tn a; lsf] kfgl wldnf] / td tldbf] xG5  
 nf] g o; df clnsit uEfhn Nof0bjpm  
 dg] a|nfdf d'vdf xfNg rflxG5 .  
 x'g t cfdfx?nf0{ kTof/ nf]sf] 5g d/f] s/f  
 dh] elglb|Psf] 5' ca uEhnsf] k|5 gnflg'; \  
 tn a; ldf dfq xf\pg  
 lxdzhsf] 6kkb]v cklj q 5 uEfhn .  
 sf]l sf]l lxdfn cf/fxlx?n]  
 l; 6k Jofu evl/dfq afSg yfn]sf 5g\  
 plxn]b]v vNndvNnf lxpdf g}  
 pk:y / kfo' lgj Q ug] rng 5  
 o; h] w/} ef] lxdfnaf6 kl k"ld; Psf] lxdfl6 allg yfn]sf] .  
 lxdfn alr/ sdfpgx? uEfhn eg|sf a%bbgg\  
 cf/fxlx? glr/n sn /fSg ; Q\pg  
 / t 6]f0n6 606; dlt af|sf] lxBSq\vfPsf] krfNg  
 c; Eo ; xl/ofn] dfq xf\pg ; Eo lj b|zln] klg  
 xfdl gbl krfxfy/ kfl/ x|sf 5g\  
 xfdl lrQ a'em0/xl5f] & cSS/af6 kTy/df 7f|Ssibf  
 dfgj dndqsf] k|efj uEfhndf /x\g  
 t/h; n] h] eg] klg klf sf]7fdf /f|sf] uEfhn  
 uEfhn xf\pg  
 cf:yfsf] cf8df, ; +sf/sf] gfddf  
 tlxglul/sf kl; gfx?nf0{  
 cGwlj Zj f; sf] qfpbf  
 ta; Dd z'4 uEfhn dfGg|xGg  
 ha; Dd ; Eotfsf] cf:yf dbl/  
 b|z /f|N6ldf affr/xG5 .

## c; km slj tf-; dlfs

Jbdlof l3ld/

d]n] slj tf k9g} hflggf  
 p; sf] slj tfdf ; alt/ /fdfl bNg'kYof]  
 ej, nlf0f cfbl slj Tj p0d nNg'kYof]  
 cfn' lrp/fnf0{ df; 'lrp/f eGg'kYof]  
 g'g / vf; fglnf0{ tlvf r6gl rfVg'kYof]  
 tltf] xn'j fnf0{ ulnof] eGg'kYof]  
 j fgtf cfpgl zAbx?nf0{j f: gf cfpgl eGg'kYof].  
 h] b]vof] Toxl af]nbf  
 p; sf] dlnq cgxf/ kf] ef]  
 ufnlsf] j iff] 8'afpgl u/l afNof]  
 slxl ghfGg] t/fhdf tf]Nof]  
 s; sf] lj sf; grfxg] ; dlfsdf df]Nof]  
 eflnkN6b]v p; sf slj tfsf czx? htftt} 5flkg yfn]  
 s; h] nlvgfy / bj sf]6f; u tngf ug{ yfn]  
 s; h] u6] zhl; u tngf u/]  
 s; h] 6ufy/ arRrgsf] ; ds]fdf /fv]  
 gg]xg] aff agfP/ cfsfzdf kf]ofP  
 rDsnf] tf/f agfP/ cfsfzdf /fv]  
 o: tf v'a avfgx?sf] tYo aNn yfxf ef]  
 s; h] dgfel/ klgl rfdn lsgl5g]  
 s; h] aiss 3Dg kfP5g \ s; h] ; f/l rfjnl k11/5g]  
 s; h] wfjl / stff6NsP 5g \ elg; fwo} ePg .  
 ufnl kfP/ r'dlsPsf] d ÷ gfnfos / gf; demdf bl/Psf] d  
 l5bf] jflsf] cf/fkdf d15Psf] d  
 afNg / nNg) ghfGg] d ÷ rfkn'; l / rfs/l ug{ ghfGg] d  
 k] fsf] nflu : tlt ufg ug{ g; Sg] d  
 >ldtl] ef5f / ; flsf] c; xo]ul d  
 l^lrSs k/y s'gfd ylkPsf] d  
 slj tfsf] efj / slj Tj ga%g] d  
 y0SS c; km slj tf ; dlfs d  
 d t cf^g] tfsf] 5'.  
 hflkf6L sf7df8f].

i

; 'ifkt dgsf]  
 lj ikrf6g  
 zde' coff

; 'ifkt dgsf] lj ikrf6g g)  
 cd/ t]j xf]  
 x/s dgleq nfefx? xG5g]\  
 hf] kls6sf] cefj df  
 cGtdgdf blaP/ /xsf xG5g]\  
 a14dfg\cfvx?sf nflu  
 To] lj ikrf6g xG5  
 Hj fnfdvl k165  
 ta To; n] snfsf] ?k lnG5  
 hg cd/ /xG5  
 h18et cfvx?  
 To; nf0{ bafP/ /flvibG5g]\  
 hg ; w} ; 'ifkt /xG5  
 p; sf] hGdsf] s'g] dNo 5g  
 rfx] hGdk15 xf]; of d]o'kl15  
 To] ; w} dt/ /xG5 .  
 j fln^a-%, ldbl{ : of^ahf .  
 i

rf6

; fwgf l3ld/

hlj gsf] af6fdf  
 ; Dxfln0{ lx8bf lx8bf  
 dnf0{ Pp6f rf6 nfllof]  
 dnf0{ Pp6} rf6 nfllof]  
 dfofsf] vfhldf  
 ef]fl/bf ef]fl/b}  
 ; Ddfgdf vf6 nfllof]  
 ; Ddfgd} vf6 nfllof]  
 ; jj fsf] ejf df  
 la/fPsf] yfx} gkf0{  
 dnf0{o: t} bf]if nfllof]  
 dnf0{o: t} bf]if nfllof]  
 st]osf] af6fdf  
 86/ v6bf v6bf  
 dnf0{ cfh 7}; nfllof]  
 dnf0{ cfh} 7]; nfllof]  
 ; vsf] cfzfdf  
 ; do s'bf{b}  
 kl8fsf] j iff{ nfllof]  
 kl8fs} aiff{ nfllof]  
 k/f0{sf] dfemdf  
 cf^gjhfo{ vfhbf vfHb}  
 z/l/af6 kf0f efflof]  
 z/l/af6 kf0f efflof].  
 ; 's]wf/f, sf7df8f].  
 i

zAbfy{ klsfzgsf k': tsx? cgnf0g lsGg' k/] l  
<http://muncha.com/>

ls; fg bf0sf] t:j l/

lzj uftd

ltdlnf0{  
 b'v, ; Gtfk, kl/n] 3]/sf] xf]nf  
 e]/sf] 5fs  
 s; /l 6fg] eGg] lrGtfn] 3]/sf] xf]nf  
 slxn] rsf] 3fd  
 slxn] 'sf] nfbf] lbg  
 slxn] clgbf] /ft  
 slxn] sg} Joyf  
 slxn] sg} lj :dft\

ltdlnf0{  
 of] e'd/laf6 6lk 16k/  
 Pp6f t:j l/df sf]/lbG5'  
 Cfpm,  
 Pp6f z'e], ; fjo, zf]t, zlt  
 Sofgef; df la:tf/] cj tl/t xf]pm  
 Tof] Sofgef; sf] Pp6f s'gfd h  
 csf] s'gfd f klg sf]/  
 ltdlnf0{ ; fust lbg dg nflof]

dnf0{yfx 5  
 lrqn] ltdf] uh{ 6b]g  
 ltdf] 3/ vr{ rNb]g  
 t/ ltdln] To; nfo{leQfdf 'G80fp/  
 a]nf-a]nf x]o] eg]  
 cf^g} cf]vfa6  
 Tof] lrq leq a]nf a]nf k:of] eg], a:of] eg]  
 ltdf] kl/ b'vn] Ps]5g eP klg  
 ltdf] lk5f 5f8g] 5g\.  
 d]n] Toxf] pglx?nf0{ a:g] 7fpf agfPsf] 5g .

af]: 6g, cd]/sf .

i

hlj gsf] no

; /:j tl &gt;j7 .. ئ

hlj gsf] no slt em]xf]hf d  
 oxl cf]fnl slt pSnf xf]hf  
 oxl psfnl slt t/f dgsf] vx/] vf]hf  
 slt t/fxtf; sf] em]hn'a]n] kh .  
 hlj gsf] oxl 9^a]nogldf sbfPf kf0tnfx?  
 lvofPf slt hf/ kf0tnfsf rkknx?  
 slt af]sf] 8f]sf] gf]nf]  
 slt u/f]bf]p/f 3f]

; dlsf] af]bd]g a; / slt v]nof] xf]nf af3rfn  
 slt v]nof] u6]f

slt v]nof] oxl rp/df kn6]f a]fhl  
 slt v]kof] 3fdkgf]l  
 3fd pbfpbf ; w]p: t} nfu5  
 c: tfpb]f ; w]p: t} nfu5  
 t/ 3fdnf0{ klg lehfp]5 lgy]ss  
 oxl dgsf] em]ln]  
 pynkyn agfp]5 ; j]bgsf] cf]wl x]/ln]  
 p8fp]5 s; jsf] ; Demgfsf] x'l atf; n]  
 yfxf 5g

oxl 3fdkgf]df ?%} leHb}  
 slt ul/of] s'6f] sf]bf]nf]  
 slt l6kof] sf]bf]sf] afnf  
 slt lkrh]f0of] wfgsf] lgxlg  
 slt lgkrlgof] v'; l / kl8fsf gr]hf]x?  
 slt d]SSP 3/sf 8f]f]f eff]f  
 slt kn]P 5fgfsf v/  
 ce]f]f]b]5 of] 5fgf]n] d]/f  
 afh]-a/fh]v d]/f ; Gttx?sf] zl/  
 vkl/ 3fdkgf]l  
 em]l afbn vkl/ lxp]b avf]  
 cf]ugl 5]pdf plePsf] of] lrnfg]sf] ?v  
 kl8f ; xl/ ple/xG5

s; sf] e/df affr]sf] 5 ofl <  
 dfq h/fx? 5g\df6\df  
 xfuflaufx? 5g\  
 kftx? 5g\z/l/df  
 PSnf] kl8fn] cfqmfGt kf5{ slxn]  
 Kfx]nG5 kftx? / em5g\  
 ; xG5 df; dsf] v8/l  
 / knfp5 j ; Gt  
 km5 em5{  
 em5(km5  
 bV5 xf]nf dg  
 ?G5 xf]nf dg  
 d]h] slt k5f xf]nf lgwf/df au]sf] kl; gf  
 oxl l; bfndf a; / slt klvPf xf]nf d]h] /sf lbgx?  
 slt sf6f xf]nf h'ghl /ft  
 slt uPf kl8fsf ult  
 slt ; ]hf v'; lsf ; ^Nlt  
 slt k9f xf]nf afx/v/l  
 slt n]f xf]nf hlj g-d]o'sf slj tf  
 slt effrP xf]nfg\snndsf glax?  
 slt d]6P xf]nfg\clf/sf 8fjax?  
 s; n] /V5 xf]nf hlj gsf] cfls8f  
 x/-lx; fa d cfk]nf0(yfxf 5g  
 hlj gsf] hf8, 36fp, u0ff / efuf  
 k]lo]s lbg cu]gldf slt aflnof] bfp/f  
 slt km]sof] cfuf]  
 slt ylk]of] lg; f/ v/fgl  
 slt dflenP sfnf efffx?  
 t/ dflenP cf^g} cg'xf/df 6]nsPsf]  
 cff; 'sf] bfu  
 t/ wf0Pg dgsf wldnf 8fjax?  
 slt sf]P s]z  
 slt afl6P rN7l  
 t/ c; /Nn lk]hf/Psf] dg  
 afl6Pg bMvsf rN7lx? .

## hg 3fd / kxf8

; fdgf kxf8

gfgl h'gh: t} zltm aGg  
 3fdh: t} c6n aGg  
 cfdf afafsf] cfzlj fb  
 kxf8h: t} cl8u /xg  
 afh] aHosf] cfzlj rg .  
 dfkm ug{ xf]nf oxffg]/ dnf0{  
 d]f] cf: yfsf cu]hx? xf]  
 g d ; w] 3fd; u k]rf] phofnf] lnP/  
 zltm hg ePsf]df uj{ ug{ ; S5'.  
 g ; S5' cl8u /x/xg  
 ; dosf lgoffht lsQfx? leq  
 a]sf] ultzln ij rf/sf kxf8x?  
 S] ; Ddfg xG5 <  
 Itdf cfzlj fb]sf]  
 of] aVofrf ; dfhdf  
 pkxf; sf kfq xG5g\oxff  
 wtldf pifssf ls/0f n]g] 3fdx?  
 cfm] leqsf] phofnf] lgsfn]/  
 ij zjf; sf l]flth /afpg]x?  
 ylgG5g\oxff dofb]sf kvf]hleq  
 Cl: tTj sf] nflu  
 phofnf] v]lhk: g]x?  
 elts0; s]sf dofb]sf  
 kvf]hx? leq  
 dofb]bt /x]sf] clego ul//xg  
 ; Sb]g ca kl/dflh]t ; dox?  
 dfkm ug]xf]nf oxffg]/ dnf0{  
 d]f] cf: yfsf cu]hx? xf]  
 d h'gh: t} zltm  
 3fdh: t} c6n  
 / kxf8h: t} cl8u  
 /x/xg ; lsbgf].

## Ps y'aNf kth

; gb/ v8sf

; \df /df0{ gfRg rfxg]x?  
 bMvdf xf] g l; Sg'k5{  
 hlj gsf] cf/fx c] /fxdf  
 ; Dem slt cfp5 ; v  
 slt cfp5 bMv  
 ; xgzlnsf /  
 pBdzlnsf] cl3  
 lrxfp]g ; Sb]g bMv  
 ss]hsf] kftdf c8]sf]  
 kfgle] xG5 ; v  
 ToxL ; v ; DxfNg g; s]  
 3/ cf]ugd] cfp5 bMv  
 cff; lsf] c]of/f] /ftdf klg  
 v]hg ; lsG5 hg  
 h; n] gf/lsf] ; Ddfg'u5{  
 p; n] kmfp]g ; S5 ; g .  
 ; vsf ; Dj fxs gf/l  
 bMvsf sf/0f klg gf/l  
 slxn] aG5f]  
 dfof ddtfdf ; fu/; l/  
 t slxn] aG5f]  
 x/]s ; v-bMvdf ; xofql  
 To; tl gf/lnf0{ ; hfp5 h; n]  
 ; j u(g) ToxL kfp5 p; n].  
 g eNg' ca slxNo} s; h]  
 cfk]lnf0{ lbPsf]  
 Ps y'aNf kth klg  
 la; bgg\gf/ln]  
 pN6} kmf] kfp]g 5f]  
 ; fl f Aofh lx; fa u/l  
 Aofh; lxt lx; fa u/l .

e<sup>u</sup>dk

; '/g pk|tl

cfdfsf] cfQb} ;b} lrRofPsf] cfj fh  
 sfgdf 7flSsof].  
 tVf] bfh' 3/ n8/ k1/of]  
 efph'sf] cfj fh hldgdlg  
 c' } ; lg] 5 .  
 lbb] sf] v\$] effr of] /  
 dnf0{ arfp] c:ktfn nhfp] egb} ;b} 5 .  
 alxgl] gfd lgzfg} 5g sx] u0{ s] e0{  
 ef0sf] cfwf z/l rnb] 3/sf] kvf] n8/ lyrf]  
 aNntNn lhpb] lgsfn]  
 t/f elthf elthlx? nf0{ c' } kf] nf kf/] sf] 5g .  
 effhfefghlx?, xh'/af, xh'/cfdfx?  
 vNnf cfsfzd] lg gfc] 50fg ; a] 5g \  
 g t vfg] 5, g lkpg] 5, g t cEWl pkrf/ g] 5  
 uf0a: t'sf] t s/f g] gu/f].  
 cfdfsf] rltsf/ ; gg ; lsgf/ dnf0{ P] g eof].  
 ; f; /f] sof]  
 xhf/ lkm6 ulx/f] vf8ndf v; ] 1] eof].  
 d/f z/l/sf k] ts c^nx?  
 Ps Ps ub] kllnb} ; b] up .  
 d 66] km6] eltsPf .  
 whhf whhf eP/ RofitPf t/ klg l3l; b] p7f]  
 xl] ; ls] g, ; gg ; ls] g, l6el] sf] ; dt] bbf] zf  
 blaPsf] ; j/af6 0; f/f ub] cfx] fg u/f]  
 ; xofusf] yfkf yfkf a6n/]  
 kl; gf kl; gf lgrf] / ; ed / ; fx; sf]  
 w] / Pstfsf] /fxt k7fpb} 5'  
 cfdf U dyl cfdf U g] fn cfdf .

c6jf, Sofg8f .

i

d] o' lj wfg M ; dtf bzg

; 'efifrGb] e08f/l

d] o' h] / U h] / U  
 d] o' ofqf cg] t= b] /  
 ; asf] gesf]  
 h] d-d] osf] v] h  
 cfZro{ ej sf] eh  
 b] vof]  
 n] vof]  
 hl] g M k] of-3if0f  
 d] o' lj wfg M ; dtf bzg U  
 sd{ lgj] e}  
 wd{ lgj] e}  
 uof]  
 of]  
 8Ab5 hl] g ofd  
 Zj f; ult lj >fd  
 hl] g rqm  
 dfu{ j qm  
 d] o'sf] ?k cfs] lt v]<  
 d] o'-kqdf : j ls] lt v]<  
 cfqm] t 5  
 lj qm] t 5  
 : j ?k clgl] zrt  
 lgod ; igl] zrt  
 dg; jl r] t lj ; hg  
 d] o' lj wfg M ; dtf bzg U  
 k] t] s d] o' k] no a] s/  
 ej clg] to eo a] s/  
 cw/ lg] 0/  
 lj j] s ; f] 0/  
 r] g] t] l ; flat lg/y] s  
 lg; f/ afw ; fy] s  
 cw/f]

i

afg] zj /, sf7df8f .

d/f] dg d/f] x'g ; s/g

piff cfrfo{

ltdl Ps tdf; n]  
klofodf a/a/fPsfl a]hf  
d/f] dg d/f] dg x'g ; s/g .  
krhsf] aofg ubff sf8fsf] k]tlf Da b]Mf  
hgsf] nx8 rnjsf] a]hf ; b]sf] pvdspnf] ; Denf  
ltdl dklt cf; St ePsfl a]hf  
d/f] dg d/f] dg x'g ; s/g  
dgel/ l; lufyl v/h]sf ltdf nllht ejx?  
kmkn/f0/x]sf] d/f] cf]7df  
8/f vfjh/xbf d'; Ss xff:b} pkxf; u/f  
ltdl ; 'g; fg cfsf; df cj tl/t ePsfl a]hf  
d/f] dg d/f] dg x'g ; s/g .  
ltdf : j lkgn gogx?  
tgo; fy kls[t]n] 5/sf ; 'f; x?  
clg dg nfEofpg] Tof] cf]fh; u  
of] cf]fh 3Ng ; s/g  
d/f] dg d/f] dg x'g ; s/g .

kj ft .

i  
af v; ]sf] va/  
/fhs'df/ >j7

j b]zs /fjhuf/sf] nflu p8g eg]/ cfPsfl df5]  
lkmgk]of] ufpf 68)  
fldn]sf] ?vnf0{ krib]v lu8]h: t}  
kl/x?n] xf6g] u5g]d] 5ftldf aGr/f]  
/ sf8tf/df plgPsfl r^nf 1]; xgk/]sf] 5 rkrfk  
Vff]nfsf] snsndf ; G5' cfdfsfl ?j fo{  
; Nnfx?sf] nfdf ; 's]/fdf ; G5' alxglsf] l]j /x  
/ 8f8fsf ; 's]sf] nfs/ldf ; G5' cf^g] dR5gf  
sf] xf] sf] xf] eg]/ 5f8]/ cfPsfl a9f] df5]h]  
k5f8af6 af]nfo{ aaf]hfo{ s: tf] 5 afa' 4f  
vf0 l cf]vn] egf]s d'vn] egf  
laxfg} af v; ]sf] va/ .

wg SdfPsf 5f]fx?

8f= lx/0onfn 1j fnL

5f/f5f]ln] w/] wg SdfP  
cf^g] cfh]gn] 3/ agfP  
; fdfg ; hfP ÷ df5]nf0{ shfP  
hf] pgf] cfdfa]n] ug{ ; s]sf lyPgg]\  
To; )h] ; Dkgg 5f/f5f]ln]  
cf^g] cfh]gsf] 3/df  
cfdfa]nf0{ af; lbPgg]\  
uff; lbPgg]\ e]b lbPgg]\  
la/fdl xlbf 6dfAn]6 klg lbPgg]\  
tklg cfdfa]eg]  
cf^g] 5f/f5f]ln] ; Dkggtf b]Mbf v'; l g]eP  
lz]sf lr; f /ftx?df Pp6f Rofb/n] sf d nfP klg  
6'sl afNg d\$lt]h gkfP/ lbofnf] hnfp klg  
c?n] lbPsfl vfg k/] klg  
c?n] lbPsfl nfpq k/] klg  
; Dkgg 5f/f5f]ln] u'gufg uf0/x]  
afa]cfdf gkfP/ pkrf/ csfnfd} d/]  
5f/f5f]ln] ls]/of u/]  
5f]fx?n] t a/vl klg af/]  
eldbfg u/] ÷ z]bf bfg u/]  
uf0]sf] z'4 b]wsf] v/] agf0{ lk08bfg u/]  
cfdfa]sf] t:j l/ 5's] sf]fdf ; hfP  
cfdfa]sf] nflu Pp6f sf]fdf klg 5'6dfP  
afn]/ ; flmaxfg wkb]lk, gj]B r9fp  
o; /l pglx?n] dft[e]lQm b]vfp  
o; /l pglx?n] lkt[e]lQm b]vfp  
To; kl5 ; dfhdf pglx?  
afa]cfdfsf ; Rrf ; j]s sxnfP .

a'6j n .

i

k'5f/sf] kftf]

slj tfsf] ; fs[ts clobog  
kf=fhb| ; j bl

gkfnl slj tfsf]; f:s[ts c\loogsf ; Gbedf lj Zj ; flxTon]; yfkf g u/\$f  
; fdflhs tyf ; f:s[ts dNofsf ; j\B{g}fx\ ; flxTosf ; a}lj wfdf cGtlglxt ag]  
/x\$f xG5g\ ; flxTon]; fdflhs hlj gsf lj Dax\ ; axg u/\$f]xG5 . cfj Zostf  
cg\ ; f/ hg\ ; 's)ousf]klg ; f:s[ts la\Ba j xg u/\$f]xG5 . hg\ ; 's}; yfgsf]; f:s[ts  
dNo axg u/\$f]xG5 / hg\ ; 's}; fdflhs hlj gsf]; f:s[ts dNo af\$\$f]xG5 . wtl\$f]  
cflbd ; Eotfbly j t\B{dfg dfgj ; Eotf; Ddsf g} lu\\$ tyf dfgj lo dNnf0{hlj gsf]  
c^nsf \ kdf cgkfl\oft agfP/ cfld; ft\B{u/\$f]xG5 . kf\B{j\B{bs tyf j\B{bs oulg  
; f:s[ts hlj gsf ufyf j\B{n]ufPsf]5 . pQ/j\B{bs / kf\B{fl0fs hlj gsf ufyf  
k/f0fx\ ; df uf0Psf]5 . lnlvt \ kdf c^sg gePsf ; \B{6 ; Eotf / dfgj ; j\B{g}fsf  
ufyf clnlvt nf\ss ; flxTon]ufPsf]5 . cfh klg ol ufpq affsl /x\$f cg\\$  
ufyfx\ ; dfG5\$ f df\B{vs k/Dk/fdf uf0b}cfPsf 5g\ logsf]cl:t\B{Tj dfG5\$ f df\B{vs  
sygdf hlj Gt /x\$f 5g\ logdf dfgj ; dfhsf ; f:s[ts ; j\B{g}fx\ lg/Gt/t ag]\  
/x\$f 5g\

Jj Zj ; flxTodf o:tf lJ lJ w k\lfx\_ nf0{Cgj j]of / lJ j ]g ug]k/Dk/f klg cfh  
Joj l:yt / ; b\q a\g\}uPsf]; Gbe{klg lJ j ]glo / x\\$f]5 . lJ Zj sf]dfgj ; ;f/ hlt  
km/flsnf/ hlt ulx/f]a\g\}uPsf]5 TolQ g)o; sf]c\lwoogsf]lfg\ klg lJ :tfl/t  
a\g\}uPsf]5 . ; f:s[t s c\lwoogsf lfgdf b\]vPsf lJ lJ w k\\$f/ ltgsf pkk\\$f/  
x\_ nf0{cj n\]ag ub\}; dsfnlg g\kfnl slj tfsf s\k\ ; flosf cfwf/df oxff; fgf]  
c\lwoogsf]k\]Tg ePsf]5 . cfhsf]c\lwoogsf ; Gbe\df ; f:s[t s c\lwoognf0{dh lfg  
dfgk\]5 o; sf pk\lfgx\_ sf]lJ efhg u/] ltgsf klg kpk\lfgx\_ sf]; d\] ; f:s[t s  
c\lwoog ug{; lsG5 . oxff c\lwoogsf ltgc\]f dh lfg lgwf\of u/] ; d\]g]k\]Tgdf  
of]; fgf]n\y tof ePsf]5 . o; leq kg\]tgj 6f pk\lfgsf]lgwf\of / ltgsf]c\lwoog  
lg\]qfq"; f/ ul/Psf]5 .

cfhsf]; flxTosf]lj j hgsf ; Gbeßf ; f:s[ts cWoognf0{; LdfGtlotfsf  
; jhgfx\_ hftloft, nñustf, km's lfdtf; d] ltgcfsf leGg kl/rosf cfwf/df  
slj tfsf]cWoog ug{; lsg]l:ylt lg/Gtl/t ag\$]f]5. hftlo b[6n]; LdfGtst  
ag\$]f klfyx\_sf]pklylt, kl/rosf]; yfkgsf lglDt ; aSiif{t ag\$]f hftlo klfyx\_sf]  
pklylt, nñus b[6n]; LdfGtst ag\$]f klfyx\_sf]pklylt]sf]k]tlglwlj ug]  
slj tf, lfdtsf b[6n]; LdfGtst ag\$]f dfqj sf]k]sf]Vfdtsf dfqj sf]pklylt  
/ ltgsf]kþ]f]c] cj :yfdf cfPsf slj tfnf0{s]bdf /fv} cWoog ug]k]Gdf of]  
; fqf]n]v tof/ ePsf]5. gkfnl ; flxTosf]k]fylds sfnb]vs}; flxTos stdf

jhoGtl c<sup>a</sup>s #( uBslj tf-#  
hftlo ; ldfGttfsf ; Gbe<sup>x</sup>, n<sup>y</sup>ns ; ldfGtlotfsf ; Gbe<sup>x</sup>, kys\  
lfdtfut ; ldfGtlotfsf ; Gbe<sup>x</sup> k<sup>z</sup>St 5g\ cfk\ f; g / ; f:s[ts kof / of  
klg ; flxTodf ltgdf lj leGg sfn v08sf ; flxTos lj ifo j : t'ag] cfkj eff ePsf  
5g\ . lognf0{ lgDgfg'; f/ ; ^Nfk t / ; ^s]flts cWooog ug\ hdsf]  
ul/Psf]5 M  
n<sup>y</sup>ns ; Gbe<sup>x</sup> klg sfJos lj zJtf ag] k|t't ePsf]kIf casf k\$/0fdf  
k|t't ul/g]5 . pQ/j tl{r/0fsf slj tfdf n<sup>y</sup>ns r<sup>y</sup>gsf ; jHgfsx<sup>x</sup> klg k|t't  
ePsf 5g\ glkfnL ; flxTodf k<sup>z</sup>St n<sup>y</sup>ns r<sup>y</sup>gsf ; Defj gfsx<sup>x</sup> ; j6fn]/fhglts  
clwsf/ / cfly\$ tyf ; fdflhs x} otsf kZgdf dfq ; lldt u/] cYoffpg]kxndf  
; flxTo ; hgf ug\sf u/\$f 5g\ hxff Dd slj tsf]; Gbe{5 To; df s]b]vG5 eg]  
gf/l cl:dtfsf klfyx<sup>x</sup> lgld{ cyd{ /x\$]f lj ; ^Nltsf xkx<sup>x</sup>nf0{lgs/f/0f ug]  
bl[6n]k|t't ePsf 5g\ n<sup>y</sup>ns lrGtgsf ; jHgfsx<sup>x</sup> tflEj s 9<sup>a</sup>n] /rgfdf kof\P  
ug\bl[6s]f pkof\Pdf cfPsf cj :yf 5b5g\ k?if slj af6 gf/l ; jHgfsf ; Gbe<sup>x</sup>  
df]hs x{kdf pkof\P xg ; S5g\ Tofjt lgs]sl7g lj ifo xf]. gf/laf6 gf/lsf afXo  
clwsf/ / cfgtl/s Pj -g} lu\\$ dNo hlt df]hs x{kdf pkof\P eP/ ; hgfdf cfpg  
; S5g\k?ifaf6 ltgsf]ck]ff ul/g'Tolt :Jffelj s gxg ; S5 t/ gf/ln]klg ; fdflhs  
/ /fhglts clwsf/sf s/fx<sup>x</sup> Pj + f:s[ts ; jHgfsf klfyx<sup>x</sup> ; GtInt 9<sup>a</sup>n]  
/rgfdf k|t't ug] f:s[ts ; jHgfsf k|t't ug]{nfu\$]f/k/Dk/f eg]ul/dfoSt 9<sup>a</sup>n]  
k|t't xg ; s\$]f]5g\ o:tf ; Gbe<sup>x</sup> glkfnL slj tf k/Dk/fdf cgj]f0f xg ; Sg]lj ifo  
ag]f 5g\ ltqnf0{andZM la\\$ kof ug]{i f~5alo 7x5{.

dfxg sf0/fnf -! (\*#-@)^\$ klg; f:s[t s r]gfsf cfw/df ljj ]rt xg]  
slj xg\ g]fnl slj tfsf]; Gbeff kofuj fbl slj sf չ kdf lr]gg]slj sf0/fnfsf  
slj tf s[tx\_ sf]o:t/b]v slj tfsf]:t/; Dd klg lj :tfl/t ag]f 5g\ pgfsf  
s[tx\_ lgDgfg'; f / ; ^s[nt ag]f 5g\W ; b]fg -@)@!\_, n]s -@) \$%, kna  
gDa @! -@)@\*\_, dfxg sf0/fnfsf slj tf - @)#!\_ ; f/a]l af]s]f] ; db|  
-@) #\$\_ lxdrl /IStd 5 -@)%\_. Ct lgdgqof / u/nkfg -@) \$)\_ Ppof  
kkn/sf]kft -@) \$&\_ l; d; f/sf ; fhbt nufotsf slj tf s[tx\_ k\$ fzdf  
cfPsf 5g\ sf0/fnfsf slj tfdf /x]f]kof /0fdg]L ; f:s[t s r]gfsf]; flo ug]Ps  
p4/0f k]t' ug{; fgble§ 7x5\W  
/f]s cfpbgyf]s hf5g\  
; do d:sfpb, ou 9sdspb  
cfPsf]ldlt n]vPsf]5g\  
of]; do cfsfz af]s] ed]of cfpb  
kfgl r/f df6f]13l; g]hldgdf a:g]  
3ff; kftdf p8g]r/f lgwf]0f u5g\  
To; s}cfwf/df af; lgZro xG5  
df5f, Eofutf; fgf ls/f, dl; gf ls/f  
h]h]gl; a h5[h5{ PsKn6 uftf vfbf h5{

jhoGtl c<sup>a</sup>s #( uBslj tf-#

3fd c:tfP c:tfp5, 3fd pbfpP pbfp5  
 k/bzL r/f To; }ajf oxff cfjh5g\\  
 r/fn]c<sub>2</sub> vfbgbq bfgf, 3ff / cfsfz,  
 --.kqsf]30rf]nfUof] l; d; f/sf ; fhbt, !!@  
 sif hfzL -!((^\_ gffffd slj tf; hgf ug]s0fk] fb hfzL klg o; ; dosf  
 kof]u rfgfaf6 dSt e0g; s\$]f slj xg\ pgf sf slj tfdf hftlotfsf ; f:s[ts  
 ; hgx<sub>2</sub> klg lgs]k]t ePsf 5g\ pgf sf slj tfx<sub>2</sub> lgDg ; ^\_ kqdf k|t t ePsf  
 5g\ kfy/l leqsf] ztfabl -@)%\$\_, cfuf]; db|kfgl ; db|-@)%\*\_, lrqbz  
 -@)^\_ HofdkTglzf] 3f]0ff -@)^\_ . logdf slf]os ; jbgfdf gkfml  
 dxfhftlotfsf]; hgf k|t t ePsf]b]M5.  
 k|t jfb ; f:s[ts r]gfd sf]o ; Gb]z / ; jbgf k|t t ug]slj clg?4  
 ltdl; gf -!((^\_ sf ; f:s[ts ; f]fx<sub>2</sub> slj tfdf cfleJol-ht ePsf 5g\ ; do  
 k18f cyft\kzgx<sub>2</sub> -@)^\_ zlif\$df k\$flzt ePsf pgf sf slj tfdf p0/j tl{  
 r/0sf ; jbgfx<sub>2</sub> k\$ fzdf cfPsf 5g\ gkfml l]Zj sf]dfgj hft dfq xf]eg]  
 r]gf k|f]0f ug]slj ltdl; gf klg o; ; f:s[ts ; ldfdf /fv] hftlotfsf ; ts  
 ; l6f xg\  
 j zl >]7 -!((^\_ gffffd ; flxTo ; hgf ug]j zlnfn >]7 gkfml slj tfsf  
 lfqdf ; f:s[ts ; jbgf k\$6 ug]slj xg\ pgf sf]; flxTo ; hgf sf lfqdf slj tf klg  
 k|f]v l]w ag] k\$6df cfPsf]5. pgf sf slj tf s[t k]fo ult -@)\$&\_ zlif\$df  
 k\$flzt ePsf]5. hftlo ; jbgf sf kf]v ; l6f ag]\$f >]7sf slj tfsf] Ps ; flo  
 k|t t ug' ; fgbles 7x5M  
 s0ff]ln]3/af/ nu]k5  
 Gofosf]vf]hdf lx8]f  
 of]/fi6]sf hf]l/fd yf<sub>2</sub>  
 3/-af/sf]vfff]hdf nfu]sf  
 /fhgl]taf6 k/f]h hf]l/fd  
 lffek]f{t/ cflf]kt ef]df  
 la:tf/]z/ p7fp/  
 aa0h]5f]f]fau/df ag]\$f]  
 kh]sf]5fk]x]f]gful/stfkq vNtlaf6 leS5. -j zl >]7, cf^g]k]tlaDa  
 vfb]b]p\$\*  
 j f; b] lqkf7L -!((^\_ sf j0f]flqs 5gbf sf slj tfdf gkfml dxfhftlotfsf  
 ; jbgfx<sub>2</sub> ; f:s[ts ; ldf lnP/ k\$6df cfPsf 5g\ ; ldf]t lotfsf ; xh / ; lfd  
 d]nox<sub>2</sub> sf cfwf/df slj lqkf7Lsf slj tfx<sub>2</sub> k|t t ePsf 5g\ n3slj tf, nfd  
 slj tf / dxfsf]o slj tfsf ; l6f lqkf7Lsf /rgfx<sub>2</sub> ; Denf s-h -@)^\_ slj tf  
 s-h -@)^\_ hlj g lgs-h -@)^\_ / /rgf s-h -@)^\* ; d] slj tf ; ^\_ k  
 k\$ fzdf cfPsf 5g\ logdf slj tfsf zf:qlo d]no / p0/j tl{r/0fdf ylkPsf  
 ; ldf]tlo cy]sf hftlo ; jbgfx<sub>2</sub> k|t t ePsf 5g\ pbfx/0sf lgldt Pp6f dfq

jhoGtl c<sup>a</sup>s #( uBslj tf-#

; flo k|t t ug]kg kof]t xG5 M  
 lxdftn u^u]ffsf]; ldf k\$]t lgldf,  
 km]f]kxf8L af]hsf]kxf8L axhfltsf].  
 ynf]r]f]5fodf j ]zs yf]sf]  
 lyof]l]zfn gkfml, elts0[hf]aRof]lk] . -akt\gkfml ( \_  
 b]z dfgj xl]g eld xf]g, b]z l]j w dfgj, hft, efff / ; :s[ts] ; effhga]f6  
 tof/ xG5 . Tox] dxhftlotfsf]; zh]f]0f xG5 . b]zsf]h]h:t]f]; Ar]f 5 To; b]zsf  
 hftx<sub>2</sub> sf]a]t] ; ldf dxhftlotdf l] :t]f/t xG5 . ltgsf ; tsx<sub>2</sub> nf0{; dfof]ht  
 u/] htlo d]nosf]k]xrfg k]tkfbgsf]r]gf /rgfdf pkof]ePsf]k|t p4/0f  
 gkfml slj tfsf]r]gtfdf pknAw ; fdul]sf kf]df l]ng ; lsg]; jbgf slj tfdf k\$6  
 ePsf]k]f05 . kxf8L axhfltsf, l]b]k, yf<sub>2</sub> / zs hftsf ; dfof]hga]f6 ag]\$f]gkfml  
 dxhftlotfsf]; Gb]z o; p4/0fn]k|t t u/]f]5.  
 hftlo ; ldf]t tfsf cfwf/df /lrt /rgfdf]o]slj tfsf ; Gbedf /fdafa' ; j ]f  
 -@)) !\_ sldgl cfdf -@) #(\_ gkfml ; dfhsf]hftlotfsf k]xrfgnf0{; l]t ug]  
 ; Gbe]z InP/ k\$ fzdf cfPsf]s[t xf] o; df k]f]t ; f:s[ts ; jbgfx<sub>2</sub> gkfml  
 hft / To; hftleqsf kf]hfltsf ; ts ag] k|t t ePsf 5g\  
 slj tfdf p0/j tl{ / ; Dk]f]0f ug]slj /fd l]go -@)) !\_ sf slj tfdf klg  
 ; f:s[ts ; jbgf k\$6 ePsf]k]f05 . pgf sf slj tfx<sub>2</sub> d cPsf]5 -@) \$&\_ /  
 h/fsf]j / -@)^\_ zlif\$sf ; ^\_ k\$ fzdf cfPsf 5g\ . ldf]t lotfsf  
 ; d:ofx<sub>2</sub> logsf slj tfdf ; f:s[ts l]f]osf kf]s ag] pklyt ePsf 5g\  
 cle ; j ]f -@)) @\_ klg ; f:s[ts r]gfsf cfwf/df lgs}; zSt lr]gtg  
 k|f]k]0f ug]slj sf kf]df l]f]t ag]\$f 5g\ slj tfsf]; Gbedf pgf sf slj tfx<sub>2</sub>  
 ; dsfnlg r/0fdf klg ck]l]ft Jof]of xg ; Sg]b]Mpsf 5g\ zAb / rf] -@) %\$-  
 df k\$flzt e0; s\$]f 5g\ gkfml dxhfltsf / o; leqsf kf]hfltx<sub>2</sub> sf]kl/ro k|t t  
 ug]k]f]Tgdf ; j ]f]sf slj tfsf]pk:yfkg ; xh 9a]na]f6 ePsf]5 . o; lgldt pko]t  
 ; flo k|t t ug]f~5glo b]M5 M  
 ltdln]cf^gf]dfq b]Msf]b]vsf]ugf; f]/ ; vsf]; kgf n]of}  
 ca of]b]zsf]syf n]y  
 of]lxdftn]gwf/ lgxl/g glbg' 5 eg]  
 o; sf]kxf8L 5ft]e/l ?vsf af]sf]syf /fk  
 n]sf y]sf y]sf]v a] l]sf au/ ; Dd  
 t/f0]sf k]f]b k]f]el/  
 gkfml]sf]kf]v/ln] ; lf]sf]  
 6f/ ; u/f, sf]nf / k]f]bx<sub>2</sub> df  
 3ff bfp/f / sf]df af]sf syf /fk .  
 - .slj hl ?vsf syf n]y !) & - ; dsfnlg gkfml slj tf -@) %\$-  
 k|t t ; flon]gkfnsf]; f:s[ts ; jbgf, ek]f]t / o; n]cf]d; ft]u/]f  
 dfgj, dfgj hftn]k\$6 u/]f cfrf/ Joj xf/x<sub>2</sub> / ltgsf hlj gzf]lsf]df]lodaf6

jhoGtl c<sup>a</sup>s #( uBslj tf-#  
; du|gkfnlTj sf]klxrfg k|t't ug]sf ePsf]5. gkfnl dfc5\$]uf]j zfnl lj ut  
/ To; n]k|fk0f u/\$f]kl/r0nf0{pgsf slj tfn]k|t't u/\$f 5g\  
  sbgzdf{@})@\_sf slj tfdf klg gf/l ; jhgf sf :j /x<sub>2</sub> k\$6df cfPsf  
5g\ gf/l cl:dtfsf ; Gbe{x<sub>2</sub> / ltgdf /x\$f tfl[Ej s ; jhgf sf klxrfgsf k\$gx<sub>2</sub>  
slj tfsf lj ifo ag] k\$6df cfPsf 5g\ pgf sf slj tf s[ttx<sub>2</sub> lgDg lnvt ; <sup>a</sup>uXdf  
; a\$Int 5g\ d]f slj tfx<sub>2</sub> -@) \$%, of dg -@) %#\_. Pp6l 5f]lsf]syf  
-@) ^\_. gf/]sf]tfl[Ej s ; jhgf sf]; Gbe{k\$6 ug]sfddf pgf sf slj tf baf ag]  
klg ; ldfgtlotfsf ; f:s[ts ; jhgf k|fk0f ug{eg}; lfd 5g\

hublZ l3ld/-@))@\_ klg o; ; dosf ; flxTosf ; zSt ; flxTo ; iof  
xg\ l3ld/\$f] flxTos ; hgf x<sub>2</sub> df gkfnl ; dfh / ; s[tsf ; jhgf x<sub>2</sub> n]cleJolSt  
kfPsf 5g\ pgf sf slj tf ; <sup>a</sup>uXdf sxl syf, slj tf / ; :d/of -@) #\$\_  
clug; q -@) ^%\_ ; <sup>a</sup>uXdf ; a\$Int 5g\ slj l3ld/\$f]lrGtg / ; fdflhs ; jhgf  
tyf ; f:s[ts klf x<sub>2</sub> sf lj ifo ag] k\$6df cfPsf 5g\ gf/l cl:dtf / k?if ; Qsf  
; jhgf n0{oxffsYo lj ifosf <sub>2</sub>kdf pk:yfkg u/\$f 5g\ gkfnl ; s[tsf kl/lwdf  
/x\$f gf/l hlj gsf ; Gbe{dNo ltgdf k/\$f a\w; QfTds kl8f klg oxfflj ifo ag]  
k\$6df cfPsf 5g\

slj a|h'zdf{@})#\_ sf]slj tf ; hgf df klg ; ldfgtlo lrGtgnf0{cfwf/  
dfgPsf]5. pgf sf slj tfdf gf/l ; ldfgtlotfsf]\_k l j lzi 9<sup>a</sup>uN]k\$6 ePsf]  
5. pgf sf slj tf ; <sup>a</sup>uX 0t/ lsgr/fst]j fl/ kf/ -@) ^@\_ zlif\$df k\$flzt  
ePsf]5. slj zdf\$df slj tf gf/l ; jhgf sf ; jfxs tyf pQ/j tl{r/0fsf ; f:s[ts  
; hgf lbg]ag] k|t't ePsf 5g\

stf zdf{-@))\$\_ gkfnl slj tfsf]pQ/j tl{r/0fdf ; lqmo b]vg]slj  
xg\ pgf sf slj tfx<sub>2</sub> df tfl[Ej s gf/l ; jhgf sf ; f:s[ts ; Gbe{x<sub>2</sub> klg pgf  
slj tfsf lj ifo ag\$5 5g\ pgf sf slj tfx<sub>2</sub> d plePsf]7fpf -@) %\_ zlif\$df  
sltdf ; dfj z ePsf 5g\ n<sup>a</sup>uNs tyf klxrfg ; ldfgtlotfsf ; hgf hlj gt ; kdf  
k|t't ug]slj sf <sub>2</sub>kdf sgtfsf]kl/ro :yfikt ag\$5]5. zdf\$df slj tfdf klg  
n<sup>a</sup>uNs r]gf k|t't ePsf]b]vg5.

?b|v/h -@) )\$-@) ^%\_ klg dlxgfsf] tfl[Ej s ; jhgf sf cfwf/df gf/l  
; jhgf klxNofpg'kg]bzfdf lrGtg s]b]t ug]k|tef xg\ pgf sf]Pp6]dfq nfdf]  
slj tf 5f]lnf0{-@) \$\* df gf/l ; jhgf sf klf x<sub>2</sub> kof]u ePsf 5g\ v/hsf o;  
nfdf]slj tfn]k\$6 u/\$f 5g\ o; /l v/hsf]; f:s[ts lrGtg k\$6df cfPsf]5.

slj xf]gfy ; j]l -@) )\$\_ klg ; f:s[ts ; jhgf sf cfwf/df lj j|rt xg]slj  
xg\ cf^gf]bzaf6 lj legg sf/0fn]afly/l dh'sdf ku\$5 JolStsf]df]hut]f  
k/\$f kl8fx<sub>2</sub> sf]cleJo-hgf k\$6 ul//x]\$f l:ytdf klg ; f:s[ts cfwf/x<sub>2</sub> klg  
k\$6df cfpg]ub]g\ pgf sf slj tf ; <sup>a</sup>uXx<sub>2</sub> k]f; l:j/ -@) %\$\_ ; f]sfuh  
-@) ^\$\_ uxu]t l]bf s/ -@) ^%\_ nufotsf s[ttx<sub>2</sub> k\$ fzdf cfPsf 5g\.  
cfkjf; lotfsf]; sf/ a]g k]f gkfnlx<sub>2</sub> sf]dfgl; s bz]f k|t't ug]; Gbe]f slj  
xf]gfy ; j]l klg ; f:s[ts ; Gbe]f JofVof xg ; Sg]slj sf <sub>2</sub>kdf k\$6 ePsf

jhoGtl c<sup>a</sup>s #( uBslj tf-#  
5g\ ; losf <sub>2</sub>kdf Ps dfq p4/0f lNg' klg kof]t xG5 M  
hxff hGd]Tox]faG5g]Tox] el'd t dft [xf].  
gafw]b]sf]; ldf, gkfnl hflt /f16<sup>a</sup>xf].  
/f16elf /f16<sup>a</sup>gdf]f xfdfn]ca ug{5 .  
gkfn aflux/]w/]gkfnl /f16<sup>a</sup>eg{5 .  
lbuf]/Vg h6f]xfdf gkfnl klxrfg 5 .  
/f16elf /f16<sup>a</sup>gdf]f xfdfn]ca ug{5 ..  
--.8jh; df gkfnl klxrfgnf0{lbuf}/Vg h6f]@)^#\_  
k|t't p4/0fsf cfwf/df dfg5]; f/sf]s]gf s]gf df hxf]hxf]ku] a; f]f;  
u/]klg cf^gf]hflt, eff; f:s[ts klxrfgsf cfwf/df /f16<sup>a</sup>ufotsf kl/ro k]f  
ug{k]f]g ub]g e]g]; Gbe{o; ; f]on]k|t't u/sf]5 .  
nl]nf pbf; l -@) \* \_ klg ; f:s[ts ; jhgf n0{snf]tds slj tfsf <sub>2</sub>kdf  
k|t't ug]; i]f ePsf 5g\ kyltafb] ; hgf k/Dk/fdf b]vg]pbf; lsf slj tfdf  
pq/j tl{r/0fsf ; Gbe{x<sub>2</sub> klg k|t't ePsf 5g\ pgf sf slj tfx<sub>2</sub> lgDglnvt  
; <sup>a</sup>uXdf ; a\$Int 5g\ oxff efnjhfo{af:g lgifly 5 -@) \$\* \_ / o; k]f6 klg  
afnl nfuj -@) %^\_. bj }s[tdf ; ldfgtlo ; s[tsf ; h]sx<sub>2</sub> k|t't ePsf 5g\  
/ ltgsf]jgify]sf]cf]x]fg k|t't ePsf]5 .

s]f; j 0R5s -@) )(-@)%(\_ sf slj tfdf klg ; f:s[ts ; ldfgtlotfsf  
; d:ofx<sub>2</sub> k|t't ePsf 5g\ pgf sf slj tfx<sub>2</sub> ; jhgf k]f]t/df k|t't ePsf 5g\  
tl sf]o s[ttx<sub>2</sub> n3'sf]of]tds ; Argfdf k|t't ePsf 5g\ pgf sf slj tf s[ttx<sub>2</sub>  
xg\ zf]f-hnl -@) \$\* \_ 0ltxf; sf] o; 38ldf -@) %^\_. ol slj tfsf  
d]lodaf6 k|t't ePsf ; jhgfut ; Gbe{x<sub>2</sub> df ; ldfgtlotfsf k]f]g x<sub>2</sub> ; hlj 9<sup>a</sup>uN]  
k|t't ePsf b]vg5g\

gj /h sfslf{@}) ( gkfnl slj tfsf]pQ/j tl{r]gfsf k]f]tf ; i]f xg\  
pgf sf slj tfdf lgldf / tfl[Ej s ; f:s[ts r]gfsf]k]f]t ; xh 9<sup>a</sup>uN]ePsf]5 .  
pgf sf slj tfx<sub>2</sub> lgDg ; <sup>a</sup>uXdf ; a\$Int /x]\$f 5g\ l; nl; nf - @) \$\_, dg  
leqsf]cf]M -@) %#\_. Ps bgs -@) %(\_ logdf hftlo ; f:s[ts r]gfsf k]f/  
9<sup>a</sup>uN]k\$6 ePsf]5 . gkfnl sf]klxrfgsf df]ns klf x<sub>2</sub> sfslf/r]gfsf k\$6  
ePsf 5g\

lj dn sf]f/fnf -@) )(\_ sf slj tfdf klg ; f:s[ts ; jhgf clyg ; Sg]  
; Defj gf lgs]5 . dfgj dxfhftlotf, gkfnl dxfhftlotf / gkfnl hftlotfleqsf  
k]f]ftlo tx; Ddsf ; jhgf x<sub>2</sub> k|t't ug]; i]f sf]f/fnf sf slj tf s[ttx<sub>2</sub> xg\ w]dfy  
lz]j/af6 -@) \$#\_. pt; j dgfpf] tof/ldf -@) %^\_. ol ; <sup>a</sup>uXdf ; a\$Int  
slj tfx<sub>2</sub> df sf]f/fnf sf]pQ/j tl{slj tfr} /fd/L k\$6df cfPsf]5 . hftlo  
; ldfgtlotfsf cfwf/df dfgj lj el]t xg gxg]s/f klg sf]f/fnf sf slj tfn]k\$6  
u/\$f 5g\

lj dn lgef -@) )(\_ klg ; f:s[ts b]6n]pQ/j tl{r/0fsf k]f]Qnf0{cf]n]  
slj tf ; hgf ug]; i]f xg\ lgef sf slj tf ; <sup>a</sup>uXx<sub>2</sub> lgDg cg; f/ k\$ fzdf cfPsf

jhoGtl c<sup>a</sup>s #( uBslj tf-#  
 5g\ cfuflg/ plePsf] dflg; -@)\$\_. Pp6f afxfh gePsf] a; 6{ -@)^\_  
 b<sup>j</sup>; ^uXdf gkfnl hftlotfsf]; f:s[ts ; ^gf / lgsf]s[gdtsf]:ylt lg<sup>j</sup>kof  
 ug[r]gf pkofly ePsf]5. hftlotfsf]kvfh / r] dfqj nf0{j eflht ug[r]gfsf  
 lj?4df lgefsf]cGtef]g k\$6 ePsf]5. hftlo ; jHgfsf ; f:s[ts ; j/x<sup>j</sup> k|fkof  
 ug[gefsf slj tf lgs}sZn / x\$5g\ ; f:s[ts cfw/df hftlotf / lgtdf lgxt  
 ldyslotf klg hftlotfsf}; ts ; fdull ag] k|tt ePsf 5g\

pQds[0f dhu<sup>j</sup>ff -@)!\_ klg pQ/j tl{r/0fsf lqmfzln slj xg\.  
 ; f:s[ts b[6n]hftlotfsf ; ^gf k|fkof ug[pgsf slj tfx<sup>j</sup> xg\ w/tlkq  
 -@)%^\_ ck/flhtf -@)%^\_ ho cj ; /fb -@)%^\_ ltdl g/x] b<sup>j</sup> 8AGof  
 5 -@)%^\_ / a'4x<sup>j</sup> db<sup>j</sup>g -@)%(\_. Jo^aNo lznkdf slj tflds ; jHgk k\$6 ug]  
 dhu<sup>j</sup>ff]snfr]gf xf:oftds lj ifo r]gfd Jo^aNoTds lznk ; ofhg ePsf]5.  
 logdf slj dhu<sup>j</sup>ffsljos ; f:bo\$]f; f:s[ts ; jHgk lnP/ k\$6df cfPsf b[M5g\  
 7fs'/ zdf{-@}!!\_ klg ; f:s[ts ; jHgfdh hftlo ; ldfGttsf ; ^gf ; Dk]mof  
 ug]/ jf10f 5gbsf slj xg\ pgfslj lgDg slj tf ; ^uXdf k\$fdcfPsf 5g\  
 CgTwjg -@)%^\_ cf:yfsf kf0nf -@)%(\_. logdf pQ/j tl{r/0fsf ; f:s[ts  
 lj z]tfx<sup>j</sup> k|tt ePsf 5g\ logdf gkfnsf dxhftlo ; jHgfsf :j/x<sup>j</sup> klg  
 ; dflxt ePsf 5g\

k0f(j /fd -@)!\_ slj tfsf dfNodaf6 hftlotfsf klxrfg k|tt ug[slj  
 xg\ ; f:s[ts r]gfsf ; jxg ug] ; i6f xg\ pgfslj tf s[tx<sup>j</sup> lgDgfg; f/  
 ; ^s[nt 5g\ 0ltxf; sf lsNnfxf]df -@)\$#\_ uflj Gbn]l7s eGof -@)%^\_  
 lk<sup>j</sup> kxfl8l kth -@)^^\_. ol slj tfx<sup>j</sup>df hftlo ; jHgfsf klfv<sup>j</sup> dfqj lo  
 lrGtgsf cfw/df ; f:s[ts ; Gbe<sup>j</sup> gsf/tds ; Gb<sup>j</sup> lbg]; fdull ag] k|tt  
 ePsf 5g\

dlgaxfb/ lai6 -@)!!\_ o; r/0fsf csf{ f:s[ts r]gfsf ; i6f xg\ pgfslj  
 slj tfsf] ; ^uX dfgaxfb/ lai6sf slj tf -@)^\_ zlif\$df k\$flzt ePsf]5.  
 hftlo ; s[ts b[6n]gkfnl dxhftl / o; leqsf hftl / klfv<sup>j</sup> tsf ; ^gfsx<sup>j</sup>  
 slj tfdf k\$6 ePsf 5g\ ldyslo dNosf ktlstldslj tflds ; jHgk  
 k|fkof ug[slj sf kdf kl/rt ag]f 5g\ lai6sf slj tfdf klg hftlo lrGtgsf  
 ; flox<sup>j</sup> k|tt ePsf 5g\

/fhj -@)!\_ gfdddf ; flxTo ; Hgf ug[hgfbg k8f; gL klg ; f:s[ts  
 ; jHgfsf cfw/df ; r] slj b[M5g\ gkfnl hftlotfsf ; xh lrGts ag]f /fha  
 lj ; ^uX cfr/0fsf cfnt]s klg xg\ pgfslj tf ; ^uXx PSsf0; f]ztfablsf  
 ef; x<sup>j</sup> / af0; f]ztfablsf Xo<sup>j</sup>aNcf<sup>j</sup> -@)%!\_ / c; dy{ Znf<sup>j</sup> -@)%^\_  
 k\$fdcfPsf 5g\ logsf slj tfdf k|kt ; fdflhs / ; f:s[ts ; jHgfn]gkfml  
 slj tfsf]pQ/j tl{r/0fsf k|kt nf0{k|kt nf0{l r]t u/\$f]b]g kf065.

lj Zj lj dfxg >j -@)!\_ pQ/j tl{r/0fsf; f]df slj tf l; Hgf ug[slj xg\  
 pgfslj tfdf sljos ; jHgfeq ; f:s[ts ; f] lj Bdfg /x\$]f; Gbeoxffk|tt ug]  
 ; fble\$ b[M5g\ . pgfslj tf s[tx<sup>j</sup> xg\ lJ Zj lj dfxgslj tfx<sup>j</sup>

jhoGtl c<sup>a</sup>s #( uBslj tf-#  
 -@)\$\$\_. cluf/sf wldnf w; f] -@)^\_ logdf ; f:s[ts ; jHgfeq hftlotfsf  
 ; ts ; fdull k|t  
 ug]lRgtg lgf]o t]x<sup>j</sup> xf]eGg]s/f klg logsf slj tfsf]lj ifo ag]f]5.

Izj clwsf/l -@)!\_ -@)%^\_ sf slj tfdf klg pQ/j tl{r/0fsf ; jHgfsx<sup>j</sup>  
 slj tfsf kdf k\$6 ePsf 5g\ pgfslj tfx<sup>j</sup> lgDglnvt ; ^uXdf k\$fdcfPsf  
 5g\ ; Dk]t -@)\$&\_ ibuGt ; f/yL -@)\$&\_ lxdflnsf]xnrn -@)%(\_.  
 ol ; ah; f:s[ts ; ldfGtlotfsf ; Gbe<sup>j</sup> ; f:s[ts ; jHgfsf ; ts ag] k|tt  
 ePsf 5g\

0Zdfnl -@)!\_ gfdddf slj tf ; Hgf ug[dx<sup>j</sup> kf8j cyj f dx]j /k|fb  
 pkfNof o; dosf ; an slj xg\ pgfslj tfdf ; ldfGtlotfsf gf/l  
 ; jHgfsx<sup>j</sup> k|t kdf cfPsf 5g\ pgfslj tfx<sup>j</sup> 3fd 3fd h:tf]5g -@)%^\_\*  
 ; ^uXdf k\$flzt ePsf 5g\ f:s[ts cfw/df dlxnf cl:dtfsf l:yltx<sup>j</sup> pgfslj  
 tfsf lj ifo ag]f 5g\

piff z]rg -@)!\_ pQ/j tl{r/0fsf ; jHgfsx<sup>j</sup> k|tt ug[slj tfsf kdf  
 k|tt ePsf 5g\ z]rgfsf slj tfdf n]ns lrGtgsf g]lu k|t gfsx<sup>j</sup> slj tfsf  
 lj ifo ag] cfPsf 5g\ pgfslj tf ; ^uXx<sup>j</sup> lgDgfg; f/ k\$fdcfPsf 5g\  
 ghGd\$]f cf:yfx<sup>j</sup> -@)\$^\*\_ clif/x<sup>j</sup>sf lzlj/af6 -@)%^\_ ; j \$fnlg k18f  
 / hfut[tsf]z]rgfsf -@)^\_ ; ah; f:s[ts ; ldfGtlotfsf ; jHgfsf  
 k|tt ug[slj tfsf]z]rgfsf slj tfsf]k|t ag]f]5.

klt ; f/ fodl -@)!\_ klg o; dosf dNnf0{slj tfsf} k lbg; i6f xg\ pgfslj  
 tfdf ; f:s[ts ; jHgfsf / gf/l lgldf ; s[tsf] ; sf/ ag]f]cj :ydf k u\$]f  
 s/f klg pgfslj tfsf]k\$6 u/\$f]5 . kf0nfxf]d} ; 8s -@)^#\_ zlif\$]f  
 ; ^uXdf k|tt ePsf slj tfx<sup>j</sup> pQ/j tl{ fdflhs / ; f:s[ts dNo k|fkof ug]l ifo  
 ag] k|tt ePsf 5g\

?eSt -@)!#\_ gfdddf ; flxTo ; Hgf ug]>j ; f:s[ts r]gfdt snf /  
 lj 1fgsf ; Hgf xnf0{k/f]f oyfyf]k lbg]slj xg\ log)dNosf]; ldf lgwf]f  
 u/] ; Hgf df lqmfzln blvg]/ ; f0a/ ; s[tdf ; flxTonf0{ dfof]t ug]l StTj  
 xg\ pgfslj tfx<sup>j</sup> lgDgfg; f/ ; ^s[nt 5g\ kfuzfzf leq -@)%^\*\_ 0t/  
 ; do -@)^!\_ efluf -@)^#\_ ; ah; f:s[ts ; Hgf k|j lwsf ; f:s[ts ; Gbe<sup>j</sup>  
 hftlotfsf ; jHgfsx<sup>j</sup> nf0{k\$6df Nopg]dfWod ag]f 5g\

lj qnd ; Aaf -@)!#\_ klg ; flxTonf ; Gbe<sup>j</sup> hftlo ; s[tsf ; ts ; fdull  
 k|tt ug]l StTj xg\ pgfslj tf ; ^uXx<sup>j</sup> xg\ slj sf]cfvfdf slj tfsf]  
 efsf -@)%(\_ ; u/dfyf gfaN b[M5g -@)\$!\_ / lj qnd ; Aafsf slj tf /  
 ultx<sup>j</sup> -@)^\_ ; ol ; a}slj tf s[tx<sup>j</sup>df gkfml dxhftlotf / klfv<sup>j</sup> tfsf  
 k|t gfsx<sup>j</sup> k|t kdf pklyt ePsf 5g\ ; Aafsf slj tfdf k\$6 xg]hftlotfsf  
 ; Hgf klg lgs}; an ag]f 5g\

0lgb/f k]f0 -@)!\$\_ klg o; r/0fsf ; f:s[ts lj z]tfnf0{n]ns b[6n]  
 slj tfdf pkofly ug] ; i6f xg\ pgfslj tf s[tx<sup>j</sup> lgDg ; ^uXdf ; ^s[nt 5g\

jhoGtl c<sup>a</sup>s #( uBslj tf-#  
af0k<sup>a</sup>Ml 3fBf -@)%\_, ltdl xg'sf] -@)%\_, gkfn Goh 86 sd -@)%\_  
dfNb0nf0{ lr7l -@)^\_ / P ; db| -@)^#\_. logdf ; a\$Int slj tfsf  
dfNodaf6 n\$lus ; s[tsf ; ts t[Ej x<sup>c</sup> k|t't ePsf 5g\ logsf slj tfdf  
tf[Ej s ; f:s[ts r]gf k\$pn / x\$]b]VG5 .

kXnfb kfY/j -@)!\$ klg dfgj dxfhftfsf]j Zj Jofkl ; jBgfnsf0{slj tfdf  
k\$6 ug{slj xg\ j 0f\$flqs ; Argfdf slj tf ; kfgf ug{j; dosf ; r} ; j6f  
kfY/jhsf slj tfsf hftlo ; jBgfnsf tfl[Ej s klfnsf0{sf]o]j k\$fg ug{slj ag\$  
5g\ . kfgf hsfsf slj tf s[tx<sup>c</sup> cfhsf] cfsfz -@)\$@\_, ulltofqf -@)%\_  
hlj Gt ofqf -@)%\_, uf] f0s08sf] ofqf -@)%^\_ ; f/yL -@)%^\_ vifra  
8fo/l -@)^!\_ s[tx/f] / s[an -@)^@\_ cfhsf] cfsfz -@)^#\_ k\$zfzdf  
cfPsf 5g\ pgsf slj tfdf ; f:s[ts ; jBgfdf clyg]gkfnl dxfhftlotfsf  
; kfgx<sup>c</sup> slj tfsf lj ifo ag] k|t't ePsf 5g\ logdf slj kfY/jhsf] hftlo  
efj gfsf]t/n ; jBgf / ; Argfdf] hnt snf lj Gof; Ps}; fy k\$6 ePsf]kf0G5 .  
:yfg / lfgsf dfls klxrfgdf hftlotfsf ; kfg k|f]k of ug{slj kfY/jhsf]snf  
lgfct sf]n / kfgf sf/l / x\$]f5 .

kMflgb]gkfn -@)!\$ klg gkfnl dxfhftlotfsf ; kfg k|f]k of ug{slj xg\  
gkfnl hftlotf / ; f:s[ts cl:tj sf]; kfg ; Dk]ft ug]; j6fsf kdf ln0g]k|t'ef  
xg\ pgsf slj tfsf kMflgb]gkfnf slj tf -@)%\_ / sfn/flqdf laDa  
vifb] -@)\$^\_ zlif\$df ; a\$Int 5g\ ; f:s[ts ; jBgfnsf klf]x<sup>c</sup> logsf slj tfdf  
tlj |, kdf ; dflxt ePsf 5g\ gkfnl dxfhftlotfsf]k]l/j Qdf ; d]6g]gkfnl  
hftfsf]k]hftlo r]gf klg pgsf slj tfdf ; an lj ifo ag] k|t't ePsf]kf0G5 .

Zofdn -xl/x/ clwsf/l -@)!\$ sf slj tf klg gkfnl ; dfhsf] ; f:s[ts  
r]gfsf s]bdf l; lhf 5g\ pgsf slj tf pQ/j tl{r]gfsf lj Da ag] k|t't ePsf  
5g\ logdf oyfl:yltdhs ; f]df k]l/j t]gsf]; Gb] eg{k]Tg ul/Psf]5 . pgsf  
slj tf ; a\$xx<sup>c</sup> tkf0t<sup>c</sup> dfkif -@)\$\$\_ noaxd -@)^\_ zlif\$df ; a\$Int  
5g\ ol slj tfsf cfw/df Zofdnsf]k]l/r0 lglf dNosf]; fk]ftfdf tfl[Ej s r]gf  
k|t't xg'kg]lbzftkm{s]b]t ePsf]5 .

K?iffQd bxfn -@)!%\_ klg o; cj lwsf ; an slj xg\ pgsf slj tfdf  
pQ/j tl{r/0fsf ; f:s[ts ; kfgx<sup>c</sup> hftlotfsf ; jBgfnsf klg slj tfsf]j k lnP/  
k|t't ePsf 5g\ pgsf slj tfsf ; fw -@)%\_ zlif\$df]s[tdf k|t't ePsf 5g\  
hftlotfsf k/ftgb]v g]lgf; Ddf ; kfgx<sup>c</sup> pgsf slj tfdf k\$6 ePsf 5g\

K?iffQd ; j]l -@)!#\_ klg o; r/0fsf ; f:s[ts ; jBgfnsf0{slj tfsf]j k  
k\$fg ug{slj xg\ pgsf slj tf ; a\$xx<sup>c</sup> cfta's uGw -@)\$^\_ / PSnf]lj h]f  
-@)%\_ zlif\$df k\$zfzdf cfPsf 5g\ pgsf slj tfdf klxrfgdf]; jBgf dh sY0  
ag] k\$6 xg]ub5 . klxrfg ; a\$ifsf]; flosf lglf Ps p4/0f k|t't ug'j f~5glo  
7x5{M

cfdf afa'; u gftf sfod ug{  
ev]hft k]l/j t]gsf]b/vf:t k/]f5

jhoGtl c<sup>a</sup>s #( uBslj tf-#  
pgnf0{xfn gkfn g]eGbf klg xG5  
hft y/ sfod xb}unf{  
ef8fdf cf]vf / 6fpsf]le/\$f  
xSo]h; s]k af\$] bf]8/x\$g\  
ol ?b]5g\ fob xff ] k\$]f/fct/  
logsf]gfn kn] 0g j g p]b xf]. -e]o tGq, !%&  
kl/ro udf0; s]f dfgj sf]hft, j u{ln]n, Ifdtf h:tf lj leGg sf]faf6  
; ldfGt]st ag\$fx<sup>c</sup> sf]k]l/rosf]c]j j]0fsf lglf ePsf ; a\$ifx<sup>c</sup> sf :j , k oxff  
; jBgf oxff slj tfsf kdf pk:yfkg ul/Psf]b]VG5 . o:tf abfsf cfw/sf slj  
; j]l klg ; f:s[ts clloogsf]; ldfdf ; d]6g]k]tfsf kdf b]VPsf 5g\  
/fw]ofd n\$fnl -@)!%\_ klg pQ/j tl{r/0fsf slj tfdf klxrfgnf0{  
; f:s[ts ; jBgfnsf]j ifo agfP/ k|t't ug]; i6f xg\ pgsf slj tf ; a\$xx<sup>c</sup>  
J t]fgsf] b:tfah -@)#\_, k]filejolSt -@)\$#, sf7df8f] / sf7df8f]  
-@)^@\_ df / x\$]f clwsf] slj tfsf df gkfnl hftlotfsf ; f:s[ts ; jBgfnsf lgs]  
kfgf sf/l ag] k\$6df cfPsf 5g\

lj ho ; Aaf -@)!%\_ klg ; s[ts bl]6n]JofVof ug{nfos slj tfsf ; k|f  
xg\ pgdf klg hftlotfsf ; jBgfnsf tfl[Ej s / lgldf ; ldfx<sup>c</sup> sf]JofVof xg]]:ylt  
b]VPsf] 5 . pgsf slj tfsf c]fhs c]f/x<sup>c</sup> -@)%^\_ zlif\$df] ; a\$xx<sup>c</sup>  
; a\$Int 5g\ slj tfdf hftlotfsf ; ldfdf clyg]; f:s[ts ; jBgfnsf ; k]sx<sup>c</sup>  
/fd/l k\$6 ePsf 5g\ hftlo ; a\$loffffsf cfw/df k]ltzln r]gf klg k|f]k of  
ug{ ; xh xg] eGg]lrGtg k|f]k of ug{slj ag\$]f 5g\  
; wf lqkf7l -@)!%\_ dlxn ; i6fx<sup>c</sup> df ; f:s[ts ; jBgfnsf0{slj tfsf]j k lbg]  
uB slj sf kdf pk:yt k|t'ef xg]lqkf7lsf]; f:s[ts ; jBgf hftlotf, n]ustf,  
Ifdtf / kl/ro h:tf lrGtgsf cfw/df klg lgs]tlj lag/ k|t't ePsf]5 . pgsf  
slj tfdf tfl[Ej s ; f:s[ts ; jBgfnsf]cyk|t't xg]cj :yf lgs); xh 9a]n]k]ltkfbg  
ePsf]5 . o; k]Qnf0{k]ltlglw]j ug{slj tfsf]sf ; a\$xx<sup>c</sup> lh/fxf j t]fg -@)^&  
k\$zfzgdf cfPsf]5 . o; df pQ/j tl{r/0fsf ; f:s[ts ; jBgfnsf ; sn kdf k|t't  
ePsf 5g\

pQ/j tl{r/0fsf ; f:s[ts ; j/nf0{g] lu\$ gf/l ; jBgfdf k|t't ug{ ; kmn  
slj zf/bf zdf -@)!%\_ klg lgs)goffb]6 k|f]k of ug{slj xg\ slj tf ; hgfdf  
dlxn lrGtgsf tfl[Ej s k]lfx<sup>c</sup> pgsf ; hgfdf lj ifo ag\$]f 5g\ gf/l ; ldfGt]otfsf  
k]g]x<sup>c</sup> pgsf ; ldfGt c]g]el't -@)\$\$\_ o'4f]f/fct -@)\$(\_ / :j of ; q  
-@)%#\_ gfd ; a\$xx<sup>c</sup> k]flz t]psf 5g\ zdf]pQ/j tl{r/0fsf slj tfut dNodf  
n]ns r]gf k|t't ug{slj sf kdf k|t't 5g\  
tly]{7 -@)!^\_ klg o; } dodf ls]fzln slj xg\ pgsf slj tfdf klg  
; f:s[ts ; jBgfnsf ; kfgx<sup>c</sup> k|t't ePsf 5g\ pgsf slj tfsf xg]W tly]{7  
slj tfsf -@)%\_, lhGbulsf] s?ifqaf6 -@)%^\_ kf0nfss lgax<sup>c</sup>  
-@))%(\_ dxfef/tsf ultx<sup>c</sup> -@)^!\_. ol slj tfsf]dfNodaf6 gkfnl hftlotfsf  
; 91

jhoGtl c<sup>a</sup>s #( uBslj tf-#  
 r]gfnf0{sfJos ; jgf kfg u/\$f]!ylyt k\$6df cfPsf]kf0G5 . ; f:s[ts  
 ; jgf cfwf/df >]sf slj tf lgs}; an ag\$ f 5g\  
 To:t)cd/ lu/l -@)!\_ pbo g[kfnl, kzf<sup>g</sup>t cflb gfdaf6 slj tf ; hgf ug]  
 Slx xg\ logsf klg ; f:s[ts ; Gbe<sup>g</sup>f JofVof xg ; Sg]slj tf k\$zf<sup>g</sup>df cfPsf  
 5g\ logl g[kfnl hftlotdf dfgj dxhf<sup>g</sup>lts]; :s[ts ; jgf klxNofpg]; l6f  
 xg\ pgf slj tfx<sup>g</sup> 3fd 5g] kxf8 -@)%\_, t/ ltdl xfdl hlj t 5f  
 -@)^!\_ bM; ffo ; do -@)%\_ zlif\$sf ; a<sup>u</sup>kdf ; a<sup>u</sup>lnt ag\$ f 5g\ p0/j tl{  
 r/0fsf ; jbgfnf0{ f:s[ts kl/lwdf kpfu ug}/ kyltzln lr<sup>g</sup>tg /Vg]slj sf  
 kdf lu/l klg ; yflkt ag\$ f 5g\  
 ekfn /f0{-@)!\_ klg ; f:s[ts ; jbgfnf0{hftlo ; hgsf cfwf/df k|tt  
 ug]slj xg\ pgf slj tfx<sup>g</sup> xg\ ; Dgdfsf]tl:a/ -@)%\_, slj tf updf}5  
 -@)%\_, kbf]x/km l; /aGbl -@)%(\_ / ; ldf<sup>g</sup>t ; fbo{-@)^&\_. ol ; a<sup>u</sup>kdf  
 /x\$ f slj tfdf klg hftlo ; ldf<sup>g</sup>t tfsf ; Gbe<sup>g</sup> k|tt ePsf 5g\ pbfx/0fsf lgldt  
 Ps ; flo k|tt ug{; fgbles 7x5{  
 pPp6f sfdbf/ xf]  
 ; a c<sup>g</sup>x<sup>g</sup>h:t}  
 >d-; Ddfgsf]xsbf/ xf]  
 zlt nfbg p; nf0{klg  
 d; fg kfjh\$flcfuf]  
 t/ Toxl cfuf<sup>g</sup>f6  
 nf; x<sup>g</sup>n]lbPsf]cy<sup>g</sup>l x<sup>g</sup>b)  
 Pp6f dfG5]; ~rfint xG5 pmeq  
 ; a c<sup>g</sup>.sfd<sup>g</sup>x<sup>g</sup>h:t}  
 To; \$f]ann]u85  
 p; sf]lhgbulsf]k<sup>g</sup>j.  
 -3f6-@; ldf<sup>g</sup>t ; fbo{ !!\$\_ , ekfn /f0{ ls/ft Ps<sup>g</sup>gl, @)^& .  
 slj ; ?aGb -@)!\_ klg o; ; dosf ; f:s[ts ; hgnf0{slj tfsf}; jbgdf  
 k|tt ug]slj xg\ pgf slj tfx<sup>g</sup> ; xh / ; jB 9<sup>a</sup>un]; f:s[ts cfwf/df  
 g[kfnlts; Gb<sup>g</sup> k|t<sup>g</sup>0 ug]cfwf/ ag\$ f 5g\ pgf slj tfx<sup>g</sup> d<sup>g</sup>f]axdf08sf]  
 hlj t ; b{-@)^\$ zlif\$df ; a<sup>u</sup>lnt ePsf 5g\  
 j f; b] clwsf/l -@)!\_\* klg o; ; dosf]; jbgfnf0{; d<sup>g</sup> l; kfn' slj  
 xg\ pgf]; hgf b<sup>g</sup>6 slj tfdf tflc<sup>g</sup>s tyf lgldf ; f:s[ts cfwf/df cly<sup>g</sup>]hftlo  
 ; ldf<sup>g</sup>t tfdf ; jbgf x<sup>g</sup>/fd/l k\$6df cfPsf 5g\ clwsf/lslj tfx<sup>g</sup> lgDglnvt  
 ; a<sup>u</sup>kdf k\$flzt ePsf 5g\ ; dosf :j/x<sup>g</sup> -@)\$^\_, cfk<sup>g</sup>tnf0{; Da<sup>g</sup>g  
 -@)^\_. logdf ; f:s[ts ; jgf :j/x<sup>g</sup> ; /n 9<sup>a</sup>un]k|tt ePsf 5g\  
 b'a; 'I<sup>g</sup>l -@)@\_ gffffd slj tf ; hgf ug]slj bluf<sup>g</sup>xb/ I<sup>g</sup>l klg o;  
 r/0fsf ; f:s[ts ; hgf ; an 9<sup>a</sup>un]k|tt ug]slj xg\ logsf slj tfdf ; fdflhs  
 / ; f:s[ts tyf hftlo d<sup>g</sup>osf ; hgf x<sup>g</sup> hlj t ag<sup>g</sup> k|tt ePsf 5g\ ; j<sup>g</sup>

jhoGtl c<sup>a</sup>s #( uBslj tf-#  
 pQ/j tl{r/0fsf slj x<sup>g</sup>df ldyslo r]sf]kl[lglw<sup>g</sup> ug]slj b'a; 'f slj tfdf  
 kf/flofs ldyx<sup>g</sup> lgs}; an 9<sup>a</sup>un]k<sup>g</sup>pfu ePsf 5g\ pgf slj tfx<sup>g</sup> lgDglnvt  
 ; a<sup>u</sup>kdf k\$flzt ePsf 5g\ b'a; ' I<sup>g</sup>l<sup>g</sup>sf k/<sup>g</sup>lDes slj tf -@)^\_ /  
 Czj d<sup>g</sup>w o1sf 3f<sup>g</sup>fx<sup>g</sup> -@)^\_. o; ; Gbe<sup>g</sup> slj b'a; ' f:s[ts ; jbgdf  
 dfgj dxhf<sup>g</sup>ltsqsf]g[kfnl hftsf /To; leqsf klg k<sup>g</sup>flut ; f:s[ts ; hgf x<sup>g</sup>  
 slj tfdf k|tt ug]slj l; 4 ePsf 5g\  
 k<sup>g</sup>e<sup>g</sup>e<sup>g</sup>f e\$/{0{cfrf0{-@)@@\_ g[kfnl kb slj tfsf}; Gbe<sup>g</sup>f0{ult lbg]slj sf  
 ; kdf kl/lrt ag\$ l ; jgf xg\ pgf slj tfdf ; f:s[ts ; jbgf sf slj tfds ; j<sup>g</sup>k  
 hlj t ; kdf k\$6 ePsf 5g\ k<sup>g</sup>sf slj tf ; a<sup>u</sup>kx<sup>g</sup> lgDgfg; f/ k\$6df cfPsf  
 5g\ k<sup>g</sup>l; nf] -@)^\_ / l/t<sup>g</sup> a<sup>u</sup>nd -@)^\_ k<sup>g</sup>Bk] fx -@)^\_ h:tf s[tx<sup>g</sup>  
 k\$zf<sup>g</sup>df cfPsf 5g\ ; f:s[ts ; jbgf sf cfwf/df k<sup>g</sup>sf slj tfx<sup>g</sup> lj j<sup>g</sup>o ag\$  
 5g\ dft<sup>g</sup>f kf<sup>g</sup>/h -@)@#\_ o; ; dosf csf{; f:s[ts r]gf k|t<sup>g</sup>0f ug]slj  
 xg\ logsf slj tfdf dfs; fbl r]gf / ; f:s[ts ; jbgf Ps}fy k|tt ePsf}5.  
 pgf ; a<sup>u</sup>lnt slj tf s[t xg\ ; jf]b/af/sf]5paf6 -@)^\_ ofqsf]Pp6f  
 b<sup>g</sup>zo -@)^\_ / cgx<sup>g</sup>/x<sup>g</sup> -@)^\$\_. p0/j tl{ ; fdhsf ; f:s[ts la<sup>g</sup>ax<sup>g</sup>  
 slj tfdf k|tt ug]kf<sup>g</sup>/h lgs}; jgf l; 4 ePsf 5g\ elid pk<sup>g</sup>l -@)@\$\_ sf slj tfx<sup>g</sup> klg hftlo ; ldf<sup>g</sup>t tfsf ; jbgf cf<sup>g</sup>ng  
 ug]ldng]ag<sup>g</sup> ; ht ePsf 5g\ pgf slj tf ; a<sup>u</sup>k<sup>g</sup> cfsfz v:ofleg]s]  
 xG5 < -@)%\_ ; db] / cgo slj tfx<sup>g</sup> -@)%\*\_ clif/ jiff(-@)^\_ k<sup>g</sup>sf]  
 kltWj lg -@)^\_ sij tfdf kxf8 -@)^\$/\_ l<sup>g</sup>fp gbl / a<sup>u</sup>g]x<sup>g</sup>v -@)^\_  
 k\$zf<sup>g</sup>df cfPsf 5g\ ; a<sup>u</sup>; fslj tfdf p0/j tl{r/0fsf ; f:s[ts ; Gbe<sup>g</sup>lunstf  
 / hftlotfsf ; d:of tyf dfgj lo klxrgsf ; a<sup>u</sup>if{ag} k\$6df cfPsf 5g\  
 / d<sup>g</sup> >] -@)@\$\_ o; r/0fsf ; zSt slj sf ; kdf kl/lrt JolStTj xg\  
 pgf slj tfdf ; f:s[ts r]gf hftlotfsf ; Gbe<sup>g</sup>f cly<sup>g</sup>lsl; dn]k|tt ePsf  
 5g\ pgf slj tfx<sup>g</sup> lgDg ; a<sup>u</sup>kdf k\$flzt ePsf 5g\ r/fix<sup>g</sup>sf]kxf8  
 -@)%\_ ; cfdf gblx<sup>g</sup> -@)%&\_ al4 l<sup>g</sup>da clif/ l<sup>g</sup>da -@)%\*\_ /f<sup>g</sup>l / f<sup>g</sup>psf]  
 b<sup>g</sup>zdf -@)^\_ / clif/sf]v<sup>g</sup> -@)^%\_ ol slj tfdf p0/j tl{r/0fsf lj z<sup>g</sup>tfx<sup>g</sup>  
 ; xh 9<sup>a</sup>un]k|tt ePsf 5g\ logdf klg hftlo tyf n<sup>g</sup>ns ; ldf<sup>g</sup>ttfsf ; hgf  
 k\$6 ePsf 5g\ /fdk] fb 1j fnl -@)@\$\_ g[kfnl slj tfsf]; dj tl{r/0f kBs<sup>g</sup>l tfsf cu<sup>g</sup>  
 ; fws xg\ pgf slj tf ; hgfdf ; f:s[ts ; Gbe<sup>g</sup>f j ul<sup>g</sup>, hftlo tyf ln<sup>a</sup>nl<sup>g</sup> /  
 klxrgut d<sup>g</sup>osf ; r] ; h<sup>g</sup> JolStTj sf ; kdf kl/lrt 5g\ pgf slj tf  
 sfJos[tx<sup>g</sup> lgDgfg; f/ k\$6df cfPsf 5g\ k<sup>g</sup>tnl / em; ns/f -@)%(\_ c; /  
 Uof; -@)^\_ nufotsf slj tfx<sup>g</sup> k\$zf<sup>g</sup>df cfPsf 5g\ logdf slj tfds ; j<sup>g</sup>  
 k|tkfbg ug]sf u/\$f 5g\  
 l<sup>g</sup>knj 9sf<sup>g</sup>n -@)@\$\_ o; ; dosf zStzfnl ub slj xg\ logsf slj tfx<sup>g</sup>  
 lgDg ; a<sup>u</sup>k<sup>g</sup>df k|tt ePsf 5g\ l<sup>g</sup>tsf]Hj fnf -@)@\$\_ ur<sup>g</sup>tsf kf0nfx<sup>g</sup>  
 = 93 =

jhoGtl c<sup>a</sup>s #( uBslj tf-#  
 -\$) \$\$ \_ lxp[lsf] ofqf -\$) \$%, lghg aGb/ufx -\$) \$%, sfnf] dWofgt/  
 -\$) ^\_ k[ki] / zdf[sf]8fo/l -\$) ^%. logdf ; a\$Int slj tfx<sup>z</sup> df hftlotfsf  
 klf<sup>x</sup> ; f:ts ; jhgf ag] k|t't ePsf 5g\ p0/j tl{r/0fsf lj z|ftfsf  
 ; ldfGtlo klf<sup>x</sup> klg pgf sf slj tfdf sYo ag] 5g\  
 p0/j tl{r/0fsf ; f:ts ; jhgf k|t't xg] slj tsf csf{; lsf /fh'afa' >j/]  
 -\$) ^%\_ klg xg\ pgf sf slj tf lj Zj dfgj / To; dfgj hftleqsf ; jhgf nfo{  
 slj tfsf : j|k lbg] qmddf ; hgf ePsf 5g\ pgf sf slj tfx<sup>z</sup> lgDg ; a\$xdf  
 ; a\$Int ePsf 5g\ dgx<sup>z</sup> -\$) %&, bz bv[sf ahf -\$) ^!\_ . hftlo ; ldfGtff  
 / kl/rosf]; ldfGttnf0{ sYo agfP/ slj tf k|t't ug] slj sf kdf /fh'afa'  
 >j7sf]j zjftf klxNofpg ; xh xG5 .

>j0f d'sf/a -\$) %\_ hftlotfsf ; Gbedf ; f:ts ; d:ofsf slj sf kdf  
 b[lvg]slj ag] k\$6df cfPsf 5g\ pgf sf slj tfdf gkfml dxfhftleqsf hft /  
 klf<sup>x</sup> df slj tfsf k|g xg] slj tfx<sup>z</sup> lrGtg ag] k|t't ePsf 5g\ pgf sf slj tf  
 ; a\$xx<sup>z</sup> xg\ b[zb] v[fb] hfbf -\$) \$(. hlj gsf] no -\$) ^!\_ / la; ]  
 gurl[sf]aoafg -\$) ^&\_. ltgj 6}; a\$xdf slj tfsf l|ifout ; Gbedf  
 slj d'sf? a hftlo ; ldfGttsf klf<sup>x</sup> ptfg{ lfd 5g\ pgl lgldf ; s[tsf]gify  
 / tfl[j s l|ifout ; s[lt ux0fsf ; Gbedf / pgdV ePsf slj b]V5g\

6<sup>a</sup>s pk]l -\$) %\_ klg o ; dosf ; f:ts ; Gbe{klg pk:yfk g ePsf  
 5g\ pgf sf slj tfdf klg hftlo ; jhgf ; hgf klg k|t't ePsf 5g\ pgf sf  
 slj tfx<sup>z</sup> ; a\$xx<sup>z</sup> xg\ cgeltsf cl/x<sup>z</sup> -\$) %\$, uh/ k|unP/ -\$) %&,  
 lgu/ f[sf]v/fql -\$) ^\$. logdf ; f:ts ; hgf ; Gbe{k k|t't ePsf 5g\  
 hftlotfsf ; jhgf df clyg]slj tfsf cfwf/df klg pgf sf slj tfdf klf<sup>x</sup> ePsf  
 5g\

dg' dlGhn -\$) %\_ sf gfddf slj tf ; hgf ug] 6<sup>a</sup>s vhfn o; r/0fsf  
 zlStzfnl uB slj xg\ pgf sf slj tfdf gj r|gfsf pkhx<sup>z</sup> k\$fgzdf cfPsf  
 5g\ pgf sf slj tfdf gkfml ; f:ts r|gfsf ; Gbe{k klg k\$6df cfPsf 5g\  
 pgf sf slj tf ; a\$xf lgDgfg ; f/ pknAw 5g\ cfw[sf]cfj y -\$) ^@\_, Nofkkf]6af6  
 v] f[fb]h -\$) ^\*\_. bj]; a\$xf slj tfdf p0/j tl{ f:ts ; jhgf ; xh 9^un]  
 k|t't ePsf 5g\ gkfmlsf]hftlo ; ldfGttsf ; j|ux<sup>z</sup> slj tfdf t/lnt ag] k\$6  
 ePsf 5g\ dfgj dfgj sf]j z|f0fsf]; ldfaf6 s]Ps dxfhftdf / To; leqsf  
 klf<sup>x</sup>]3]fdf affwG5 . To; leq klg pkkhft; Dd l|eSt xg] 9^u dflg; df  
 b]V5g5 . j|f1/s cfwf/df dfG5]dfG5]dfq xf]ebf eGb]klg v08ls/0f ag]sf]cj :yf  
 slj tf /x]sf]b]V5g5 . To; sf/0f dlGhnsf slj tfdf hftlotfsf klxNofpg  
 ; xh}; lsg]cj :yf pknAw 5 .

kof{Gkrfbf -\$) %\* gfdaf6 slj tf l|gdf kl/lrt ag]sf kofk] fb kfyjh klg  
 o ; dosf slj xg\ pgdf Psftk]dfS; f]fb ; f:ts ; f] lqmfzln ag]sf]5  
 eg]csftkm[p0/j tl{ f:ts hftlotfsf]; f] klg ; an 9^un]k|t't ePsf]  
 kf0G5 . dfq k\$Dkgx<sup>z</sup> -\$) %^\_ / clenY cj z]x<sup>z</sup> -\$) %^\_ ; a\$xdf pgf

jhoGtl c<sup>a</sup>s #( uBslj tf-#  
 slj tfx<sup>z</sup> ; a\$Int 5g\ logdf kyltzlnf / dfgj lo dxfhftdf klxNofpg klg  
 k|t't ug]sf lgs}; an ag]sf]b]V5g5 .  
 To:tj; k]Qsf csf]; l|f Hofjt h^nn -\$) @(\_ klg dlxnfsf]tf]Ej s /  
 lgldf cl:dtfsf]; hgf slj tfdf k|t't ug]slj xg\ pgf sf slj tfdf ; ldfGtotsf  
 cfwf/df lj ej] ug]n]ns r|gfnf0{s]b]df /fv] slj tf l; hgf ug]slj xg\ pgf sf  
 slj tf ; a\$xx<sup>z</sup> klg lgDgcf; f/ k|t't ePsf 5g\ kxf8sf]dg -\$) ^@\_ 89hfl  
 -\$) ^@\_ clf/df ltdl -\$) ^@\_. ; ah; f]slj tfdf gf/l ; jhgf sf klf<sup>x</sup> k|t't  
 ePsf 5g\  
 b]l g]fn -\$) #\_ o ; dosf kBa4 slj tfdf ; f:ts ; jhgf nfo{s]Yosf]  
 jk lbg]; h]sf kdf pklyt slj xg\ pgf sf slj tfdf klxNofpg / lfdtf ; an  
 9^un]k|t't ePsf 5g\ slj tfsf]; f:ts ; jhgf k|f]of ; Gbedf tof/ ePsf pgf sf  
 slj tf s[tx<sup>z</sup> xg\ lqzts -\$) ^#\_ df6] / d6' -\$) ^\$. logdf slj tdf  
 hftlotf, klxNofpg / /f]f6sf ; jhgf x<sup>z</sup> ; f:ts ; Gbedf k|p n]k lnP/ k\$6  
 ePsf 5g\

elkg Jofsh -\$) #\_ gfddf slj tf ; hgf ug]slj Jofsh gkfml slj tfsf]  
 p0/j tl{r/0fsf]lj z]ftf c]fNg]slj sf kdf k|t't ePsf 5g\ pgf sf slj tf  
 slj tfsf xg\ lftut k]jl / dh ; 8s -\$) %#\_ / xhf/ jifsf]lgbf -\$) ^\_.  
 ol slj tf s[tdf gkfml hftlotfsf w]; hgf x<sup>z</sup> k|t't ePsf 5g\ dfgj dxfhftleq  
 klg]kfml dxfhft / To; leqsf klf<sup>x</sup> ; ldfGttsf slj tfsf ; jhgf ag] k\$6df  
 cfPsf 5g\ Jofshsf slj tfdf hftlotfsf ; Gbe{k JofVof xg]cg] sf]fx<sup>z</sup>  
 pknAw 5g\

ag]"nfld5fg]-@) #!\_ gfddf slj tf tyf sf]o ; hgf ug]j h]j / l gkfml  
 ; flxTosf]5Gbf]4 slj tf n]gsf l|flthdf prR JolStTj lgdf]f ug] ; fws xg\  
 ; f:ts ; jhgf cfwf/df dv/ ag]sl ; l|f xg\ 0ltxf; / k/f0fsf lj ifonfo{  
 ldyslo ; jhgf k|f]of ug]slj xg\ pgf slj tf s[tx<sup>z</sup> xg\ laxqf]sf  
 kf0nf]x<sup>z</sup> -\$) %\* nufot dxfsf]o / v08sf]o ; d]sf] ; hgf df lqmfzln ; fws  
 xg\

hftlo ; jhgf df cfwf]df l|rf/ k|f]of ug]slj /fhg d'sf? a -\$) #!\_  
 gkfml hftlotfsf ; f:ts ; hgf lnP/ cfwf]slj tfsf ; an slj sf kdf byf  
 k/f 5g\ pgf slj tf ; t]f]cf/f]of -\$) %^\_ k]De k|f]of -\$) %\* ldys  
 df]of -\$) ^!\_ gfd s[tdf ; a\$Int 5g\ ol ; a\$xf slj tfdf ; f:ts ; jhgf  
 ; hgf x<sup>z</sup> hftlotfsf ; a\$lof{k]l/wdf ; d]sf] ; k\$fdzdf cfPsf 5g\

hftlo ; jhgf df putf cfwf]df ug]slj x<sup>z</sup> df xfa]u c1ft -\$) ##\_ o;  
 ; dosf rlr] slj xg\ pgl ; f:ts ; Gbedf hftlotfsf ; hgf nfo{putfsf]  
 ; Gbe{k slj tfsf]s]o ag]pgf]; l|f xg\ pgf sf slj tfsf lgDg ; a\$xdf  
 ; a\$Int ag]sf 5g\ a]ug cf]j isf/ -\$) %&, 9a]nf9sf]dg -\$) %\* s/a]sf]  
 lx/f; t -\$) ^\_. / ss]ks -\$) ^\$. logsf ; a]slj tf s[tdf cfwf]f lotfsf  
 cfwf/df JofVof xg] hftlotfsf ; f:ts ; a\$lof]fx<sup>z</sup> clyg]g]kfml dxfhftlotf,  
 ≥ 95 ≤

jhoGtl c<sup>a</sup>s #( uBslj tf-#  
 hftlotf / khftlotfsf ; t<sup>b</sup>g<sup>c</sup>fx<sup>d</sup> k\$6df cfPsf 5g\  
 : j = j lkgn : dlt -@)^\* gfddf slj tf ; hgf ug{slj sf slj tfx<sup>e</sup>  
 hftlotfsf ; t<sup>b</sup>gf ; an 9<sup>a</sup>ln]kjt ePsf 5g\ pgsf slj tfx<sup>f</sup> /<sup>a</sup>n]/<sup>a</sup>nsf]  
 el/ -@)^\* ; <sup>a</sup>nxdf k\$flzt ePsf 5g\ zjl / lznksf b[6n]kjlq cn<sup>a</sup>sf/  
 j fbl cfrfo[sf]l r<sup>b</sup>qfn<sup>a</sup>sf/sf]k<sup>b</sup>efj b]vPsf logsf slj tfx<sup>c</sup> df cgle1tfdePsf  
 lrqfldstfsf]kofunf0{; j6f / ; dlifs ; dtn]goff7fg]f kltlqrofx<sup>e</sup> klg rrfdf  
 cfPsf 5g\ ; f:ts Gbe<sup>b</sup>ff hftlotfsf ; t<sup>b</sup>g<sup>c</sup>fx<sup>d</sup> kjt ePsf sf/0f rflxfol  
 slj tfnf0{pQ/j tl{r]gfsf pkh dfGg ; lsg]c] :yf :ki6 5.  
 j ; Gt >] - pQ/j tl{r/0fsf ; an slj xg\ pgsf slj tfx<sup>c</sup> df ; f:ts  
 ; t<sup>b</sup>gfsf klf<sup>c</sup>x<sup>d</sup> klg ; an 9<sup>a</sup>ln]k\$6 ePsf 5g\ o ; dosf hftlo klxrgfsf  
 j / x<sup>c</sup>nf0{slj tfsf]k klg ug{snfdf kjl0f ag]f slj >]sf]slj tf ; hgf klg  
 o ; dosf dNox<sup>c</sup> kjt ug{ ; kmn ag]f b]vG5g\ pgsf slj tf ; <sup>a</sup>nx<sup>c</sup>  
 lgDfgf ; f/ kltt ePsf 5g\ j ; Gt >]sf slj tf -@)^\* ; efj gfsf nx/x<sup>e</sup>  
 -@)^\* ; phofnf]vflg]cfj fhx<sup>d</sup> -@)^\* ; ah; f]slj tf pQ/j tl{; f] kjt ug{  
 vfnfsf 5g\ gkfnl dxhftlotfsf] ; <sup>a</sup>if{ub}cfkjf ; l lflthdf cf'gf]tfl]j s  
 klxrgf vflgdf Jo:t b]vPsf 5g\  
 x<sup>c</sup> k<sup>b</sup>f ; - klg o ; dosf slj xg\ logsf /rgfdf gkfnl hftlo ; dfh  
 / ; f:ts r]gfsf ; t<sup>b</sup>g<sup>c</sup>sf cfwf/ hlj g / hut]f]lg<sup>d</sup> k0f ug{slj sf<sup>e</sup> kdf  
 b]vPsf 5g\ logsf]slj tfx<sup>c</sup> kxf8 af<sup>b</sup>] kxf8lt/ -@)^\* zlifdf ; <sup>a</sup>nt  
 ePsf 5g\ ; f:ts t<sup>b</sup>gfsf ; <sup>a</sup>ntnf0{k/fk0f ug{slj tfsf]ps ; flo oxfo ; /  
 kjt ug{ ; fble§ 7x5]M b; f]hd/f,  
 ltxf/sf]Bf]l-e<sup>b</sup>f]  
 /, dvdnlsf]dfnf ; D%0f]  
 lr; f]vfhfsf]lsgf]lsgf/ lx8\$]  
 ef]u6\$]f/ldf Pf]h'  
 /, wf/fkfgldf sfkmn vPsf] ; D%0f]  
 kv]f\$]rNaH]af<sup>b</sup>sl  
 /, ; fylx<sup>c</sup>sf]d6el/sf]dfof ; D%0f]  
 p; nf0{ufph3/sf]ofbn]em]sfof]  
 t/, kmnfpg ; s].  
 --diSt-x<sup>b</sup>k<sup>b</sup>f ; , kxf8 af<sup>b</sup>] kxf8lt/ -%\_  
 blkf /f0{- cfkjf ; l elddf a; j gkfnl ; flxTodf snd rnfpg]; j6f  
 xg\ pgsf slj tfdf gf/l ; ldf<sup>b</sup>ftotfsf ; Gbe<sup>c</sup> cg\$ sf]faf6 kjt xg]sl ; dsf  
 b]vPsf 5g\ bf] f]efiffsf<sup>e</sup> kdf gkfnlnf0{cfld; ft u/] klg n]us ; t<sup>b</sup>g<sup>c</sup>  
 gkfnl efiffdf kjt ug{slj blksf]slj tf ; <sup>a</sup>nx c4]Q Znf<sup>b</sup> -@)^\* zlifdf  
 k\$flzt ePsf]5. pQ/j tl{r/0fsf gf/l tfl]j s ; t<sup>b</sup>g<sup>c</sup> kjt ug{f0\$]slj tf  
 ; kmn ag]f 5g\ kl5Nnf]r/0fsf slj tfx<sup>c</sup> df jdnf tDv]f - klg gf/l lrGtgsf]

jhoGtl c<sup>a</sup>s #( uBslj tf-#  
 tfl]j s ; t<sup>b</sup>gfnf0{slj tfsf]j k lg]slj xg\ pgsf slj tfdf ; f:ts cfwf/df  
 gf/l ; ldf<sup>b</sup>ftotfsf ; t<sup>b</sup>g<sup>c</sup> klg c]f of xg ; Sg] ; Defj gf kjt ePsf 5g\ pgsf  
 slj tfx<sup>c</sup> lgDg<sup>d</sup> ; <sup>a</sup>nx<sup>c</sup> df ; <sup>a</sup>nt 5g\ l **Ij dnf tDv]fsf slj tfx<sup>e</sup>**  
 -@)^\* ; gbl, 5fn / t<sup>b</sup>nx<sup>c</sup> -@)^\* ; d/0f Pp6f a9f] ?vsf] -@)^\* ;  
**dfly dfly r9g]xf] -@)^\* ; gflgsf]x/ -@)^\* ; b]zsf] laGtlkq -@)^\* .**  
 logdf slj tDv]fsf slj tfx<sup>c</sup> pQ/j tl{r/0fsf lzl]tf lnP/ k\$flzt ePsf 5g\  
 gkfnl slj tf k/Dk/fdf tDv]fsf] ; hgsnf lgs]k<sup>b</sup>efj sf/l kdf kjt ePsf]5.  
 o ; r/0fsf n]us lrGtgsf ; t<sup>b</sup>g<sup>c</sup> df k<sup>b</sup>f a/fn - klg gf/l ; ldf<sup>b</sup>ftotfsf  
 ej nf0{slj tfsf]j k lg]lbg]lolStTj xg\ pgsf slj tfdf ; dfhsf gf/lx<sup>c</sup> lgldf<sup>d</sup>  
 ; f:ts r]gfsf cfwf/df aGbl ag] afRg ljj z ag]f 5g\ eGg]qisif{kjt ePsf]  
 5. pgsf]slj tf ; <sup>a</sup>nx kvf<sup>b</sup> -@)^\* ! o ; <sup>a</sup>nxdf a/fnsf slj tnf] ; f:ts  
 ; t<sup>b</sup>gfsf kl/lwdf gf/l] ; yltnf0{hlj Gt 9<sup>a</sup>ln]kjt ePsf]b]vG5 .  
 ; Gbef<sup>b</sup>t  
 kl5Nnf] ; dodf l ; lh<sup>c</sup> slj tfsf cfwf/df gkfnfsf]hftlo ; :s[tleqsf  
 lj e]ftds ; t<sup>b</sup>g<sup>c</sup> lgs]k] / 9<sup>a</sup>ln]k\$6 ePsf 5g\ b]z, hft / effif, ; :s/f/ /  
 k/Dk/fdf] ; lxi0f ejf df l]sl ; t ag]f sf]los lrGtgsf klg gkfnl slj x<sup>c</sup> n]dxhftTj sf]  
 ; t<sup>b</sup>g<sup>c</sup> k\$6df cfPsf]l ; ylt k\$6df cfPsf]b]vG5 . To ; / l g]n]us lrGtgsf  
 lj ifx<sup>c</sup> klg ljj R ag] / x]f 5g\ lfdt / klxrgfsf k]gx<sup>c</sup> klg TolQs]pNn]o  
 ag]f 5g\ lj z]fM @)^\* k15sf j ifx<sup>c</sup> df b]vPsf sf]los ; t<sup>b</sup>g<sup>c</sup> df ; f:ts  
 klf<sup>c</sup> tolQs]k] / kdf k\$6 ePsf 5g\  
 o ; Gbedf ljj lrt slj sf slj tfx<sup>c</sup> df hftlo ; t<sup>b</sup>gfsf sf]los snfx<sup>e</sup>  
 g] ; f:ts ; t<sup>b</sup>gfsf klf ag] k\$6df cfPsf 5g\ o ; / l gkfnl slj tfsf]kl5Nnf]  
 r/0fdf lqmfzln ag]f ; j6f ; f:ts kl/lwdf ; hgf ug{ ; kfn' 5g\ logsf  
 lrGtgnf0{ ; dfhz:qlo j Qdf JofVof xg]hftotf, n]us, klf/ro / lfdtsf  
 tfl]j s / lgldf sf]fx<sup>c</sup> j slj tfdf klg cfsng / jj l]g ug{ ; lsG5 eGg] ; Gbe{  
 o ; dfnf]fsf]qisif{x]f]5 .  
 ; Gbe{ ; fdul ; **tl** M  
 sf]f/nf, dfkg -@)^\* ; l; d; f/sf ; fhtbt, sf7df8f]M / Tgk:ts e08f/ .  
 8]a8 nh / lgujh j 8 -@)^\* ; dflg8g]ls16l; hd P68 lyof<sup>b</sup>l, lbNnL M lko; g .  
 lqkf7l, jf, b] -@)^\* ; hqfs-h, sf7df8f]M k]bQ uf]f lqkf7l]t7fg .  
**gkfnl akt\zbsf] -@)^\* ; sf7df8f]M gkfn / hfslo k]fkl]t7fg .**  
 keft, jj i0f -@)^\* ; fixtosf/ snfsf/ kl/rosfz, sf7df8f]M gkfn k]fkl]t7fg .  
 k<sup>b</sup>f ; x]f -@)^\* ; kxf8 af<sup>b</sup>] kxf8lt/ sf7df8f]M dw]g ; fixtosf k]t7fg .  
 /f0{ ekfn -@)^\* ; ldf<sup>b</sup>ft ; f]bo{ sf7df8f]M ls/ft PsB]l .  
 >]j, j zl -@)^\* ; dsfnlg gkfnl slj tf - Dkf-cle ; j ]l / c]\_ sf7df8f]M g]fk<sup>b</sup> .  
 ; j ]l, cle -@)^\* ; dsfnlg gkfnl slj tf - Dkf-cle ; j ]l / c]\_ sf7df8f]M g]fk<sup>b</sup> .  
 ; j ]l, k?iffQd -@)^\* ; e]o tq<sup>b</sup> !%&, - Dkf-cle ; j ]l / c]\_ sf7df8f]M g]fk<sup>b</sup> .  
 ; j ]l, xf]gfy -@)^\* ; cfkjf; sf ; **tl**, j f] ; a]g l8= l = M c=g] ; f; dfh .  
 sf6zj /, sf7df8f] .

afnaflnsfsf s'f ; gfJM  
afnbJo{xf/ cGTo u/f}.



नेपाल सरकार  
सूचना तथा सञ्चार मन्त्रालय  
सूचना विभाग

jñogtl tyf zAbfy{k\$ fzgsf k'ts kf0g]k; nx;

!= tkyd k:ts k; n- 0nfd  
@= 0nfd k:ts k; n- 0nfd  
#= lñfan Phlszgn 06k10hjh- latfdfB, erlkf  
\$= gkfñ aS xfp; - latfdfB, erlkf  
%= kylt k:ts e08f/- latfdfB, erlkf  
^= /fjhnf aS; - latfdfB, erlkf  
&= gjzgn aS P08 :6zg/l- r6bz9l, erlkf  
\*= kylt k:ts k; n- bds, erlkf  
(= >j aS P08 6oh : j6/- bds, erlkf  
!= k\$z aS P08 :6zg/l- bds, erlkf  
!!= kltcf k:ts k; n, wgsbf  
!= af/sf k:ts- wfg, ; j; /l  
!#= /dz aS l8kf- wfg, ; j; /l  
!\$= dgsfdgf aS xfp; - wfg, ; j; /l  
!^= tñlnh<sup>a</sup> aS ; j6/- 06x/l, ; j; /l  
!&= clDasf aS ; j6/- 06x/l, ; j; /l  
!\*= afnfhl k:ts e08f/- lj /f6gu/, dfy<sup>a</sup>  
!= Zofd k:ts e08f/- lj /f6gu/, dfy<sup>a</sup>  
@= dgfh k:ts e08f/- lj /f6gu/, dfy<sup>a</sup>  
@!= klans aS; P08 :6zg/l- lj /f6gu/, dfy<sup>a</sup>  
@@= dgfnl k:ts e08f/- lj /f6gu/, dfy<sup>a</sup>  
#@= e66/f0(k:ts k; n- lj /f6gu/, dfy<sup>a</sup>  
@\$= lj gfos k:ts k; n- lj /f6gu/, dfy<sup>a</sup>  
@%<sub>0</sub>= Go\*:j l:ts k:ts - lj /f6rfjs, dfy<sup>a</sup>  
@^= ; -ho k:ts e08f/- /fhij /h, ; kt/l  
@&= Gofkfgj aS l8l:6A06; {-s6f/l, pbok/  
@\*= dgfn k:ts e08f/- uf0f3f6, pbok/  
@!= Gofkfgj k:ts k; n- uf0f3f6, pbok/  
#= ltf gff n- nfxfg, l; /fxf  
#!= rffw/l aS l8l:6A06; f nfxfg, l; /fxf  
#@= Pstf aS ; j6/- nfxfg, l; /fxf  
#= zfx k:ts k; n- ldrpf, l; /fxf  
#\$= dhb/ k:ts ejg- hgsk/, wglff  
#%<sub>0</sub>= j pkl k:ts ejg- hgsk/, wglff  
#^= >l/fd k:ts k; n- nfna6bl; nfxl  
#&= ; gbfj tl k:ts k; n- rl/sfþ  
#\*= Sfelieuj tl k:ts k; n- l; gwhl  
#!= Go\*k/hgf :6zg/l- l; gwhl  
\$)= hP Pg= k:ts k; n- d6ynl, /fd5fk  
\$!= ldlnhhl k:ts tyf :6zg/l- dbynl, /fd5fk  
\$@= yfkf aS P08 ; knfo; f rfftf/f, l; Gwkfnrlfjs  
\$#= 1fg u<sup>a</sup>uf k:ts k; n- agkf, sfell  
\$\$= lj Bf dlgb/- ufl, /ftx6

- )@&-%@!%) ( - )@&-%@) \$@#  
- )@#-%\$@@) @ - )@#-%\$) (#&  
- )@#-%\$^#\* - )@#-%\$@&&  
- )@#-\$%%(&! - )@#-%\*) #(!  
- )@#-%\$!@% - )@#-%\*!\*\*\$  
- )@^-%@!#) \$ - )@%-%@#&&  
- )@%-%@#&%# - )@%-%#^\*!  
- )@%-%\*^%^ - )@%-%\$%(@  
- )@!-%#) #\* - )@!-%@#%\$  
- )@!-%#)% - )@!-%@!)!&&  
- )@!-%@! ( @^ - )@!-%@#\$#  
- )@!-\$&) !^) - )@!-%\$%@!\$  
- )@!-%\$%@\*) - (\*\$@\*) @\*)  
- )#%-\$\_@) \*^\$ - )#%-\$\_@!@%  
- )#%-\$\_@!# - )#%-\$\_@^!#  
- )##-%^) )@& - )##-%^) \$#  
- )##-%^!@() - )##-%^!@()  
- )##-%%) %## - )\$!-%@!(\$#  
- )\$!-%@#(\*@ - )\$^-%\$) )@&  
- )\$^-%\$) !%\* - )\$^-%\$) @@!\*&  
- )\$^-%\$) )%& - )\$^-%\$) )@%  
- )\$^-%\$) ))! - )\$^-%\$) )\*#  
- )\$^-%\$) )\*# - )!!-^@) @&  
- )!!-^#^&% - )%-%@)!(^

## jhoGtl c<sup>a</sup>s #( uBslj tf-#

\$%=: l; 4yf:6zg/l- j/l/u-h, k; f  
\$%^= lem'; dfrf/ k:ts s|b| j/l/u-h, k; f  
\$&= hg/n aS P08 :6zg; f j/l/u-h, k; f  
\$^= u0fz k:ts e08f/- j/l/u-h, k; f  
\$(:= Go"khf k:ts k; n- j/l/u-h, k; f  
%)= Ij Bfyl[k:ts e08f/- j/l/u-h, k; f  
%!= Ij Bfyl[k:ts e08f/- xbfBf, dsj fgk/  
%@= Go" dfrf/ s|b| xbfBf, dsj fgk/  
%#= >l ; tgf s|b| xbfBf, dsj fgk/  
%\$= clk| xfh; h tyf aS :6f/- 6fBL, lrtj g  
%=%= Go"glzgn aS P08 :6zg/l- 6fBL, lrtj g  
%^= kfBh k:ts dxn- 6fBL, lrtj g  
%&= klkf-hnl k:ts k; n- k; f lrtj g  
%\*= df:s|k:ts e08f/- gf/fo0fu9, lrtj g  
%(-= Go"klkf-hnl k:ts k; n- gf/fo0fu9, lrtj g  
^)= clk| xfh; h- gf/fo0fu9, lrtj g  
!!= Sfdgf k:ts k; n- gf/fo0fu9, lrtj g  
@= gf/fo0f k:ts ; bg- gf/fo0fu9, lrtj g  
#= xfd| k:ts k; n- gf/fo0fu9, lrtj g  
^zj k:ts k; n- gf/fo0fu9, lrtj g  
%^= Go"lrqj g:6zg/l- e/tk/, lrtj g  
^^= Ij Bfyl[k:ts e08f/- e/tk/, lrtj g  
^&= 9sfn aS; P08 :6zg/l- e/tk/, lrtj g  
\*\*= ; gufef aS; P08 :6zg/l- e/tk/, lrtj g  
^= Jof; :6zg/l- bdfhL, tgxf  
&= Ij Bfyl[k:ts e08f/- bdfhL, tgxf  
&!= lqk|f k:ts k; n- wf1b<sup>a</sup>  
&@= ; /:j tl k:ts e08f/- wf1b<sup>a</sup>  
&#= gd: t|k:ts k; n- a6f/, g|fs|b  
&\$= klkf-hnl k:ts k; n- uf/vf  
&%= em|gf k:ts k; n- a|l; x/  
&^= hoblu|f:6zg/l- s|df, kj|t  
&&= ; /:j tl aS; P08 :6zg; f s|df, kj|t  
&\*= ; ug :6zg/l :6f; f Dofbl-  
&= Cfhg aS P08 :6zg; f kfV/f, sf:sl  
\*)= kfV/f; flx0; bg- kfV/f, sf:sl  
\*|= s-rg k:ts k; n- kfV/f, sf:sl  
\*@= ; /:j tl k:ts k; n- kfV/f, sf:sl  
\*#= dgsfdfg aS P08 :6zg; f kfV/f, sf:sl  
\*\$= n1d k:ts ; bg- kfV/f, sf:sl  
\*|= Ij Bfyl[k:ts k; n- kfV/f, sf:sl  
\*^= Ij Bf dlfb- kfV/f, sf:sl  
\*&= aS df6f kfV/f, sf:sl  
\*\*= j|6g|kf7zfnf- kfV/f, sf:sl  
\*(= au/ P8ef; aS; - kfV/f, sf:sl  
()= uf/vfkq afh- kfV/f, sf:sl  
(!= kqklqsf :6zg/l -nfnrB| -afun<sup>b</sup>  
@= dnklt aS; j6/- afun<sup>b</sup>  
#= u/dfyf :6zg/l -afun<sup>b</sup>  
(\$= hglj Zjf; k:ts k; n- afun<sup>b</sup>

## jhoGtl c<sup>a</sup>s #( uBslj tf-#

(%=: >j7 Goh Ph|; l k:ts e08f/- tfg; g, kfNkf  
(^=: xfd| k:ts k; n- tfg; g, kfNkf  
(&= I; hgf :6zg/l ; 6f/- j fln<sup>a</sup>; ofahf  
(\*=: gd: t|k:ts e08f/- uflku-h, gj nk/f; l  
((= nlDagl :68f6 sgf/- e/xj|f, ?k6b|kL  
!)= ; j(l aS; P08 hg/n :6f/- e/xj|f, ?k6b|kL  
!)!= ; /n :6zg/l s|b| e/xj|f, ?k6b|kL  
!)@= xfd| k:ts k; n- e/xj|f, ?k6b|kL  
!)#= cfzlf k:ts e08f/- a6j n, ?k6b|kL  
!)\$= l; 6l aS P08 goh ; 6f/- a6j n, ?k6b|kL  
!)% k|lff :6zg/l ; 6f/- a6j n, ?k6b|kL  
!)^= kfet aS P08 :6zg; f a6j n, ?k6b|kL  
!)&= lbJohOf t k:ts k; n- a6j n, ?k6b|kL  
!)^\* a4 PhsZgn 06/kf0hh- a6j n, ?k6b|kL  
!)(- Go"bp/fml 06/kf0hh- a6j n, ?k6b|kL  
!!!= Ij zfn k:ts ; bg- a6j n, ?k6b|kL  
!!!!= fo"; /:j tl k:ts k; n- a6j n, ?k6b|kL  
!!!@= al8dlnsf :6zg/l- a6j n, ?k6b|kL  
!!!#= ; lgn :6zg/l- th; lk', bf<sup>a</sup>  
!!!\$= ufl k:ts e08f/- th; lk', bf<sup>a</sup>  
!!!% hgtf aS :6n- 3f/fxl, bf<sup>a</sup>  
!!!^= /f n k:ts k; n- ndxL, bf<sup>a</sup>, b|v|l  
!!!& dfp6 Pe/j6 aS- gkfnu-h, a|f|s  
!!!\* pflj n :6zg/l :6f; f gkfnu-h, a|f|s  
!!!= df5fkR5k aS P08 :6zg/l- gkfnu-h, a|f|s  
!)@= ; u/dfyf aS; - gkfnu-h, a|f|s  
!)!= d-h>l 06/kf0hh- sf|nk', a|f|s  
!)@= ; |l6 k:ts k; n- ; V|t  
!)#= CNkf| :6zg/l :6f; f ; V|t  
!)\$= Go"kfet k:ts k; n- ; V|t  
!)% k|t k:ts k; n- ; V|t  
!)^= Hafnf :6zZg/l- ; V|t  
!)&= xfd| k:ts k; n- ; V|t  
!)\*= l; :g| k:ts k; n- ; V|t  
!)@= rfw/L aS l8kf- wgu9L, shfnL  
!)#= rj f0(k:ts k; n- wgu9L, shfnL  
!)!= rfnfgl k:ts e08f/- wgu9L, shfnL  
!)@= ; ud aS P08 :6zg; f wgu9L, shfnL  
!)## Odh aS P08 :6zg; f wgu9L, shfnL  
!)#= Ij lkg aS P08 :6zg; f wgu9L, shfnL  
!)% g|l 6B ; knfo; - wgu9L, shfnL  
!)^= hfzL k:ts e08f/- afuahf/, 88hw/f  
!)&= ; dhl- afuahf/, 88hw/f  
!)#\*= aff s|bf k:ts k; n- c0l/of, shfnL  
!)@= Hoft aS; P08 :6zg/- 6lsfk, shfnL  
!)\$= kt|s aS; P08 :6zg/- 6lsfk, shfnL  
!)\$!= Go"cofh k:ts k; n- el/ufpf j lbf  
!)\$@= ; /:j tl k:ts k; n- dxfb|gu, s-rgk/  
!)\$#= buf k:ts e08f/- dxfb|gu, s-rgk/

!\$\$\_= dxfsmf ; dfmf/ s<sup>b</sup>b dx<sup>b</sup>gu, s-rgk/  
!\$%\_= Go"dfx<sup>b</sup>b k: ts e08f/- dx<sup>b</sup>gu, s-rgk/  
!\$\_= lj lk g k: ts k; n- dx<sup>b</sup>gu, s-rgk/  
!\$&= vkt8 k: ts k; n- dx<sup>b</sup>gu, s-rgk/

## -pkTosf-

!\$\*= ldq k: ts P08 :6zg/l- e0lk/  
!\$(\_= lJ Bfy{; fdull s<sup>b</sup>b e0lk/  
!%\_= kf6g als ; k- kf6g9fjsf, nlntk/  
!%!= clwsf/l k: ts k; n- kf6g9fjsf, nlntk/  
!%@= klj q as; P08 :6zg/l- nugv<sup>b</sup>h, nlntk/  
!%#= ogf aS; P08 :6zg/l- dfgej g, nlntk/  
!\$-= Pstf als 18l:6A06; f yfkfynl, sf7df8f/  
!%-= /tg als 18l:6A06; f afuahf, sf7df8f/  
!%^= lxdfnog als ; b6/- afuahf, sf7df8f/  
!%&= kf7b ; fdull k; n- 36f3/, sf7df8f/  
!%\*= /tg k: ts e08f/- ef<sup>b</sup>flx6l, sf7df8f/  
!%(\_= Pd- s<sup>b</sup> als k1An; f ef<sup>b</sup>flx6l, sf7df8f/  
!%^= gjzgn als ; b6/- ef<sup>b</sup>flx6l, sf7df8f/  
!%!= ho als 18kf- ef<sup>b</sup>flx6l, sf7df8f/  
!%@= cg'aS; ; knfo; f ef<sup>b</sup>flx6l, sf7df8f/  
!%#= /l8; lkj f66- ef<sup>b</sup>flx6l, sf7df8f/  
!\$-= jj lj w k: ts e08f/- c<sup>a</sup>ldfu sf7df8f/  
!%-= k: ts ; b6/- c<sup>a</sup>ldfu sf7df8f/  
!%^= 1fgHoff t k: ts k; n- c<sup>a</sup>ldfu sf7df8f/  
!%\*= CS; kfB006/gjzgn - kbzgldfu sf7dff8f/  
!%-= s-rg als P08 :6zg/l - kfzgldfu sf7dff8f/  
!%(\_= CS; kfB:6f/- n<sup>b</sup>rf/ sf7dff8f/  
!%&= gfan als P08 :6zg/l - n<sup>b</sup>rf/ sf7dff8f/  
!%!= kJj l kfzg- /fdzfxky, sf7df8f/  
!%@= kJj l as xfp; - /fdzfxky, sf7df8f/  
!%#= blks k: ts e08f/- ktnl:8s, sf7df8f/  
!%\$= dfh<sup>a</sup> aS; - /fdzfxky, sf7df8f/  
!%%-= cfh<sup>a</sup> k: ts e08f/- gofafgj/ , sf7df8f/  
!%-= s7df8fas- z<sup>a</sup>vdh, sf7df8f/  
!%&= als j N8t gofafgj/ , sf7df8f/  
!%\*= clezjf als P08 :6zg/l - dWoafgj/ , sf7df8f/  
!%(\_= nDdagl k: ts k; n- uflzfnf, sf7df8f/  
!%#= cGnfg aS; P08 :6zg; f lj zfnug, sf7df8f/  
!%!= eefef aS; P08 :6zg; f rfalxn, sf7df8f/  
!%@= l; Gw'as; P08 :6zg; f rfalxn, sf7df8f/  
!%#= P; -Pq- ; js8 Aof8 k: ts - ldqfs( sf7df8f/  
!%\$= Ogbfj tl aS; P08 :6zg; f ufl3f6, sf7df8f/  
!%%-= af4 als P08 :6zg; f af4, sf7df8f/  
!%-= lj Bf als P08 :6zg; f af4, sf7df8f/  
!%&= kljns als l8kf- ufla; sf7df8f/  
!%\*= al4 als P08 :6zg/l- a; Gw/f, sf7df8f/  
!%(\_= 6<sup>a</sup>Spj /G6/k0h- sfnldf6l, sf7df8f/

\*\*\*

## (k7gofjo xfdfl sxl k: tsx?)

## ä zAbsfz ä

!= zlbfy{ gkfnl zAb; fu/ -; l8l<sup>b</sup> lxt b0{/<sup>a</sup>df\_-j; gtsdf/ zldf{ gkfnl !%^) :-  
@; <sup>a</sup>llft gkfnl zAb; fu/ -; l8l<sup>b</sup> lxt\_- -j; gtsdf/ zldf{ gkfnl !!) :-  
#= <sup>a</sup>llft gkfnl zAb; fu/ -:68j6\_ -j; gtsdf/ zldf{ gkfnl \*%) :-  
\$= fgf] gkfnl zAb; fu/ -j; gtsdf/ zldf{ gkfnl \$)) :-  
%- zlbfy{; <sup>a</sup>uk -gkfnl gkfnL -jgosdf/ zdf{ gkfn @@%:-

= gkfnl c<sup>a</sup>u<sup>b</sup>hl gkfnl zAb; fu/ -; l8l<sup>b</sup> lxt\_- -jgosdf/ zdf{ gkfn !)) :-  
=& gkfnl c<sup>a</sup>u<sup>b</sup>hl gkfnl zAb; fu/ -:68j6\_ -jgosdf/ zdf{ gkfn \*) :-

\*= gkfnl c<sup>a</sup>u<sup>b</sup>hl zAb; fu/ -jgosdf/ zdf{ gkfn #%%:-  
(= zlbfy{; <sup>a</sup>uk -gkfnl c<sup>a</sup>u<sup>b</sup>hl -jgosdf/ zdf{ gkfn !\*) :-

)= c<sup>a</sup>u<sup>b</sup>hl gkfnl zAb; fu/ -jgosdf/ zdf{ gkfn #@%:-  
!= zlbfy{; <sup>a</sup>uk -c<sup>a</sup>u<sup>b</sup>hl gkfnL -jgosdf/ zdf{ gkfn !\*) :-

!@= c<sup>a</sup>u<sup>b</sup>hl c<sup>a</sup>u<sup>b</sup>hl gkfnl zAb; fu/ -; l8l<sup>b</sup> lxt\_- -jgosdf/ zdf{ gkfn !)) :-  
!#= c<sup>a</sup>u<sup>b</sup>hl c<sup>a</sup>u<sup>b</sup>hl gkfnl zAb; fu/ -:68j6\_ -; l8l<sup>b</sup> lxt\_- -jgosdf/ zdf{ gkfn &%):-

!\$= c<sup>a</sup>u<sup>b</sup>hl c<sup>a</sup>u<sup>b</sup>hl gkfnl zAb; fu/ -:sh -jgosdf/ zdf{ gkfn %%):-  
!%-= c<sup>a</sup>u<sup>b</sup>hl c<sup>a</sup>u<sup>b</sup>hl gkfnl zAb; fu/ -Onj6/L -jgosdf/ zdf{ gkfn #):-

!^= sfg<sup>a</sup>l tyf kzf; slo zAb; fu/ -jgosdf/ zdf{ gkfn /  
-8f= lJz blk clwsf/l \$^):-

!&= zlbfy{; <sup>a</sup>uk -sfg<sup>a</sup>l tyf kzf; slo -\$^)-sflf kmf f  
!\*= gkfnl c<sup>a</sup>u<sup>b</sup>hl gjf/l zAb; fu/ -jgosdf/ zdf{ gkfn /  
-zjhjhfn l; x &):-

!(- gkfnl c<sup>a</sup>u<sup>b</sup>hl ; usf zAb; fu/ -j; gtsdf/ zldf{ gkfnL /  
-jgosdf/ zdf{ gkfn \*%):-

## ä cWofTd / bzg ä

!= cWofTd / hlg -Hofft clwsf/l !%:-  
@= uftJo<sup>b</sup>t -ladjh !@%:-  
#= C -ladjh @@%:-  
\$= k-rfdlt -7fS/ zdf{ !&%:-  
%> sJ0f sXgpf -lblokf vgnf #%-  
^= efuj t PS ljj Jgf -ufljGb lwd/J,j,bbdl0fj @):-  
=& zlbfy{ ultf -j; gtsdf/ zldf{ gkfnL !&%:-  
\*= !#% pklgift; <sup>a</sup>uk -dh; lxt\_- -j; gtsdf/ zldf{ gkfnL !)):-  
(= 1fg-lj 1fg -ufljGb/ fb bfxfn #%-  
!)= Jofj xfl/S bzg -/fhgllts, ; fdflhs\_ -Pj jGb/ fb Gofkgf #):-  
!!= Jofj xfl/S bzg -Joj xf/ -Pj jGb/ fb Gofkgf \$)):-  
!@= Jofj xfl/S bzg -oJotf -Pj jGb/ fb Gofkgf #&%:-

## j̄hoGtl c̄s #( uBslj tf-#

### ä pkGof; ā

!= dlQm̄ aūfd -xfj βkñf:6-cgjf<sub>b</sub>  
 @= lg/k/fwsf] xl/of -xfj βkñf:6-cgjf<sub>b</sub>  
 #= ablnbfj lñlth  
 \$= /ldnfgf<sub>g</sub>  
 %= ; yf; bñ/l  
 ^= /fdbf0  
 &= gkfnsf] klxnf] sftkj{  
 \* = a4  
 (= dlQm̄4sf] alpm̄  
 !)= tlf] To  
 !!= kñfū p8ñf] ofjg  
 !@= lj : dft  
 !#= x: o  
 !\$= rñfj<sub>t</sub>  
 !% = oñq dfgj  
 !^= sñkgf ; þf/  
 !&= lj ; ñut hljg  
 !\* = cgllgsf  
 !(= ?ir  
 @)= lrqnyf -euj tl/r/0f j df{cgjf<sub>b</sub>  
 @!= bñdf0sf] lsgf/df  
 @@= Ps xhf/ jif{  
 @#= 5 n3pkñof; -ultsñ/l, ulñfn ; -hñj, klo/lz vltj 8f,  
     kblk gkfñ, /hñj/ bjsñf, ljosdf/ zdf{gkfñ  
 @\$= cd]/sfd cfdf

-j; gtsdf/ zldf{gkfñ/l  
 -j; gtsdf/ zldf{gkfñ/l  
 -ultf sñ/l  
 -ej gx/ l; uljñ  
 -ej gx/ l; uljñ  
 -ej gx/ l; uljñ  
 -P; kl cf; f  
 -P; kl cf; f  
 -g/yb/ k/fz/  
 -wd/fh kfßbfn  
 -8f Cllsñj/fh /dl  
 -ulñfn ; -hñj  
 -ltf e6b/f0{  
 -klszal0f bfxfn  
 -0b' kñt  
 -dlQngfy zdf{  
 -?s' sfsk{  
 -8f ljjblk clwsf/l  
 -zflt zdf{  
 -lj gosdf/ zdf{gkfñ  
 -kblk gkfñ  
 -kblk gkfñ  
 -el/tl ufjñ  
 &%):-

### ä syf; añk ā

!= Pp6l csl{nfp/f  
 @= kñf syf  
 #= cgft ofqf  
 \$= dñfbñt  
 %- lhpbf] cñdf  
 ^= nñd<sup>a</sup>x?  
 &= wdfñw  
 \* = sd/þ elph"  
 (= Joyfx?sf] syf  
 != syfj fl6sf -^& gf/lsf ^& syf

-sñxñf gf; ggl  
 -fhñj/ bjsñf  
 -; yf pkjfl  
 -holtl zdf{  
 -wd/fh kfßbfn  
 -nfsñbhxfb/ rñb  
 -klo/lz vltj 8f  
 -sñf ahuf0t  
 -xl/ yfkf  
 -; ulj gosdf/ zdf{gkfñ

### ä ; dfnf]gf ā

!= bjsñf cfod/ kñj/o  
 @= tñj/cfMfsf] cfnñrgf  
 #= pkñof; ; dfnf]gf  
 \$= ; flxlo-lg?kñf  
 %= ; dlif; dfx/0f  
 ^= gkfñl dlxnf ; flxTosf/  
 &= Sñfj, lgañw sñbñf bjsñf  
 \* = gkfñl dlxnf nñyg Mkj/o / ofbñfg

-sñkn c1ft  
 -8f/ fdkj/ fb 1afnl  
 -8f/ fdkj/ fb 1afnl  
 -8f/ 3gZofd goñfg], kñl/>dlñ! ^):-

-8f/ 3gZofd goñfg], kñl/>dlñ! &%):-

-nlnf nñ6jñ  
 -kf/ fñbñj/ ; jþl  
 -/hgl 9sfn-ultf lqkñf]

## j̄hoGtl c̄s #( uBslj tf-#

### ä efiff ā

!= Perfect English -/k8\$/  
 @= Learn Nepali yourself, know Nepal yourself - kñfzal0f bxfn  
 #= Professional English Grammar-for students/Teachers/Professional

-jfdb] kñfj

### ä gkfñl afn-; flxlo ā

!= tlgtf/f -afnsyf  
 @= pbñ/tfsf] k/fñfñ7f -afnsyf  
 #= /dl0nf] zlgj/f -afnsyf  
 \$= tlg dñv'; fylx? -afnsyf  
 % = fglsf] axfb/1 -afnsyf  
 ^= dñf] kof/fjv]-afnpkñof;  
 &= l; x / nfdvñb]-afnsyf  
 \* = bzñf] blñl0ff -afnpkñof;  
 (= sfun] lsg sñf sñf el5 -afnsyf  
 != uhfasf] kñh -afnsyf  
 != afnult -afnult\_

-j; gtsdf/ zldf{gkfñ/l  
 -j; gtsdf/ zldf{gkfñ/l  
 -efef zdf{  
 -cfez zdf{  
 -lj Zj/fh kf08]  
 -lj Zj/fh kf08]  
 -uñlf kfñj  
 -uñlf kfñj  
 -uñlf kfñj  
 -h4axfb/ sñ/l  
 -; yf pkjfl  
 -; yf pkjfl  
 -; yf pkjfl  
 -; yf pkjfl  
 -pldñf nñla5fg]  
 -pldñf nñla5fg]  
 -lx/0osdf/l kf7s  
 -lx/0osdf/l kf7s  
 -zldñf v8sf .bfxfn/l  
 -zldñf v8sf .bfxfn/l  
 -zldñf v8sf .bfxfn/l  
 -zldñf v8sf .bfxfn/l  
 -dw; bñkñj fb l3ld/]  
 -8f ljjblk clwsf/l  
 -8f ljjblk clwsf/l  
 -; kf/ ggf e6b/f0{  
 -; ltf e6b/f0{  
 -urñj/ bñb lwl/]/j,jþdñl0ff  
 -urñj/ bñb lwl/]/j,jþdñl0ff  
 -urñj/ bñb l3ld/]/jþdñl0ff  
 -nlnf .bñjñ  
 -; yf l3ld/]  
 #= sñk dxfsf] lqkñf -afnsyf  
 @= kñhsf ; fyl xfdl -afnsyf  
 @= afb/sf] lñtft -afnsyf  
 @= ofnsf] lñqkñf -afnsyf  
 #= b0{6fps]; k/-afnsyf  
 #!= b0{vñbñ/la/fnf] -afnsyf  
 #@= dñv'; x -afnsyf  
 #= sñk dxfsf] lqkñf -afnsyf  
 #= goñf ; fyl -afnsyf  
 #= ; bñb/ / ; ylsf] ljjf -afnsyf  
 #= hñf/vdkñf/kxf8l ofqf -cgf/fb-ofqf; jd/0f\_ -cflzif kf08]  
 #= ls; fg / eujfg] -afnsyf  
 #\*= 3/ -glltsyf

ä c<sup>a</sup>ñhl efiffsf afn-; flxTo ã

- != Regret (story) —Suren Upreti ^):-
- == Angel (story) —Suren Upreti ^):-
- #= Bright Qmars (song) —Suren Upreti ^):-
- \$= 15 Qmories (story) —Jyoti Adhikari &):-
- %= Alan, The little Kangaroo (story) —Jyoti Adhikari &%:-
- ^= Country's Pride (story) —Bhabha Sharma &):-
- &= Grand Mother (story) —Muktinath Sharma &):-
- \*= Fables in English —Narayan Nepal !@%:-
- (= Everything Has an Origin (Mahavarata Series)—Prakashmani Dahal ^):-
- != Growth Follows the Origin (Mahavarata Series)—Prakashmani Dahal ^):-
- !!= Greed, Envy and Ignorance... (Mahavarata Series)—Prakashmani Dahal ^):-
- !@= Life After the Beginning... (Mahavarata Series)—Prakashmani Dahal ^):-
- !#= An Ego When Relapsed... (Mahavarata Series)—Prakashmani Dahal ^):-
- !\$= Once When Derailed (Mahavarata Series)—Prakashmani Dahal ^):-
- !%=- The Ultimate Truth (Mahavarata Series)—Prakashmani Dahal ^):-
- !^= Lagecy The Hunt (Novel) —Shreevatshanka Dhakal !@%:-

ä lgaGw-käGw-lgofqf-; ñd/of ã

- != akdro{ofj; odsfjjflgs pkfo -tlyffh kfØjh !%:-
- == hljgsf]cfM%ofn -gf/fo0fkf; fb 9<sup>a</sup>ufgf \*%:-
- #= dwj l cfbbfhgsf @! lbg -dw; bg kf08] !):-
- \$= jflgofjsf/g/d08 lzsf/l -dw; bg kf08] !):-
- %= kly/ kurnb} -ufkfn ; ~hjh !%:-
- ^= dfyfkRrl -ljgosdf/ zdf{gkfnn !%:-
- &= wölfzvfsf]nodf ; Nnfsf]; ; jhl -dþ ljsn @%:-
- \*= Infinity -ej þ vgfñ !&%:-
- (= ; df6sf]; ldflsq / afly/ efgéQm -kf /fhþb] ; jþl !^:-
- != dflj df6f] l -xl/ yfkf ==:-
- != kg/fj/Q -ljgosdf/ zdf{gkfnn ==:-

ä slj tf tyf sfjo ã

- != tltfdl7f s/yf- j; gtsdf/ zldf{gkfnn] cr0t/d0f clwsf/l, ejgx/ l; ubjh, rfbkf; fb gofkfg] kjsfzdl0f bxfn, bj1 gkfnn, 7fs/ zdf{/fdkf fb kft, pdf ld; nldlsdf/ sf]/fnf, uflsfl0f zdf{.
- == gltsf s/yf- j; gtsdf/ zldf{gkfnn] lzj uflsfn l/; fn, ljiof kft, vuflb/ vflj; f3/] P; kl .cf; flj czjsstf/ nfld5fg] dfwj f3ld/] afnsf/ e6b/10{ u0f/fh sf/n] uflsfbkf fb 13ld/] dslbkf fb zdf{.
- #= glitlj rfs/- j; gtsdf/ zldf{gkfnn] 7fs/ zdf{ nldlsdf/ sf]/fnf, uflsfl0f zdf{ vuflb/ vflj; f3/] ag"nfld5fg] 8f= cf0j l/; x a:gj, g/jb] k/fz/ ; gblk; fu/ gkfnn, 8f= 6lsf/ld -ljzj4j/l/ clwsf/l, ljgosdf/ zdf{gkfnn .
- \$= j; ftfgib -rlksfl0\_ -7fs/ zdf{ !%:-
- %= Jg -slj tf; auk -/fhþj/ b]sfþf !%:-
- ^= Cen -slj tf; auk -obgfy j; gtk'! ^):-

= nñssbjv kf/nñss; Id -slj tf; auk -ljgosdf/ zdf{gkfnn %):-

\*= ahþ gfa/ kf -slj tf; auk -kþsz rfsfuf0+ !%):-

(= lrftg; fsf]ofqf -slj tf; auk -; ltf e6b/f0{ !@%:-

!= c>wf/f -slj tf; auk -r8fd0f cfhl !)):-

!!= zlbgb -slj tf; auk -7fs/ zdf{ !%!:-

!@= cleqjg -sflo -7fs/ zdf{ !%):-

!#= k1frlr -dxfsflo -g/b] k/fz/ !%):-

!= kfhtfq]kfhtfq -lo aVlo slj tf; auk -h4axfb' s] l- !)):-

!= jflsoft -pd/v@fdfsf]sflo -cgf fb -j; gtsdf/ zldf{gkfnn] &%:-

!= ls/ftfhglo -ef/ljsf]dxfsflo -cgf fb -j; gtsdf/ zldf{gkfnn] !%):-

!= j; gt -sflo -fhþj/ b]sfþf &%:-

!= j; fw/f -dxfsflo -vuflb/ vflj; f3/] #@%:-

!= Ps c-hhl dg -uhn; auk -sdnf l/; fn .HofjtU !@%:-

!= tfljs ; Hhg ; jxsf]ofqf -slj tf; auk -cgn ufg !&%:-

!= cfjrlbbtf -slj tf; auk -dl0f/fh l; x @)!:-

!= fb/lsf]; jf0{-; jf0{ -gf/fo0f gkfnn @)!:-

!= l; hgfgb -sflo -ag"nfld5fg] !@%:-

!= cg:dt -sflo -ag"nfld5fg] !)):-

!= dtfj -sflo -ag"nfld5fg] !%):-

!= djl ; lugl -sflo -ag"nfld5fg] !@%:-

!= cfuk -sflo -ag"nfld5fg] !@%:-

!= dals d-hl -d0ms; auk -gf/fo0f gkfnn ==:-

!= chn uhn -uhn; auk -gf/fo0f gkfnn ==:-

ä Sofdk; :t/lo ã

- != !! sf]cyzf:q -ufþof{dnN !&%:-
- == !@ sf]cyzf:q -xl/bf; ; fksfþf:cfyf]sf/ kfþj !^):-
- #= Elements of Economics (XII) -tf/f e'; fn:ozf]v/f kf; f0f/fhg kfsh' #)):-
- \$= Jofj; flos cyzf:q (B . B . S, BBA . ) -ufþof{dnN @)):-
- %= Business Economics (B . B . S, B . Com . ) -ufþof{dnN \$)):-
- ^= Business Qmatistics (B . B . S . B . Com, B . B . A, BIM) -dgfjh clwsf/l:dxfkf; fb >j7:kfj/fh vgfñ, z/btgb/sf^n] %%:-
- &= Fundamentals of Business Qmatistics (B . B . A . B . C . I . S . B . C . A . B . I . -8f= k'iffpd l; x-dxfkf; fb >j7:blkx/fh kfþj #@%:-
- \*= Differential Calculas (BA . B . Sc . , B . Ed . ) -8f=dfxkdb xdbþ' /xdfgf @)):-
- (= Integral Calculas (BA . B . Sc . , B . Ed . ) -8f=dfxkdb xdbþ' /xdfgf @)):-
- != kf/ldes ul0ft lzlf0f -cf0P8þ !!\_ -8f=dfxkdb xdbþ' /xdfgf !&%:-
- != ul0ft lzlf0f -alP8þ -8f=dfxkdb xdbþ' /xdfgf !&%:-
- != dxfsfj b]sfþf s]l cf0d -alP\_= -k0fk; fb clwsf/l !&%:-
- != gkfnn gf6sssf]clbog -alP\_= -k0fk; fb clwsf/l (%:-
- != ; fwf/0f gkfnn -alP8þ -8f= 3gzofd gofkfg]wgklt sf]/fnf:d0qgfy 9sfn @#%:-
- != gkfnn nfþ; flxlo kij/Q / cbj]0f -PdP gkfnn - slkn c1ft @)):-
- != clqjfo/gkfnn -alP\_= -8f= 3gzofd gofkfg]wgklt sf]/fnf:d0qgfy 9sfn @#%:-
- != ; sf]t ; flxlosfj ?k/yf -alP=PdP -kf; uflksfl0f zdf{ @&%:-
- != effif-lj 1fg -alP=PdP\_ -8f= 3gzofd gofkfg]wgklt sf]/fnf:d0qgfy 9sfn @&%:-

ä :sh-af]8{t/lo ä

= All in One (Laminated)	-efef zdf{	)÷-
≈ All in One (Hard Cover)	-efef zdf{	#)÷-
#= All in One (Full Laminated, Hard Cover)	-efef zdf{	@%÷-
\$= My Word Book-Eng-Nep	-uf\$hk{ fb zdf{	^)÷-
%= Best word Book-Eng-Nep	-uf\$hk{ fb zdf{	!#%÷-
^= English Practice Book -8	-afnsjof 9sfn	!@%÷-
&= English Practice Book -9	-afnsjof 9sfn	!%÷-
*= SLC English Practice Book	-afnsjof 9sfn	!^)÷-
(= SLC math . P . Book - (Eng+Nep) -8f=dʃxdʒy/xdfg-dʒdʒytʃtʃ/ cfnfdf		!)÷-
!= New English Grammar-Nep-Eng (Junior) -uf\$hk{ fb zdf{		!#%÷-
!!= New English Grammar-Nep-Eng (Higher) -uf\$hk{ fb zdf{		@)^)÷-
!@= Recent English Grammar- Eng . (Junior) -uf\$hk{ fb zdf{		!@%÷-
!#= Recent English Grammar- Eng . (Higher) -uf\$hk{ fb zdf{		@%÷-
!\$= ; lrq j ʃʃfnf	-6l,Pg= u'; <sup>a</sup>	%)÷-
!#= ; lkʃʃfʃʃfnf	-cefef zdf{	#%÷-
!^= cfwgls gʃfnl lgaʃw	-j ; ʃtsdf/ zʃdf{.gʃfnʃʃ	^)÷-
!&= ; lhnfʃʃgʃfnl lgaʃw	-uf\$hk{ fb zdf{	!%÷-
!*= /l; nfʃʃgʃfnl lgaʃw	-uf\$hk{ fb zdf{	!!)÷-

ä cō ã

<b>!=</b> ; lk l; sfl - lkdh's k'ts_	-uf\$hk; fb zdf{	!)) :-
<b>@=</b> nlys 6ljnkrfjg 8fo/l - fydf k'ts k; nx?		%)) :-
<b>#=</b> kbfly rcfbjpo ->lsf0f ld>sf/gf6s_	-cgf/fb_ - j; ftsdf/ zldf{ gfkfnlj	^)) :-
<b>\$=</b> cf gf/pkrf/ cfknpj-;jf;Yo_	-/fh/jb/ >j	\$)) :-
<b>%=</b> ; ^ult ; fu/ -; ^ult_	-eut l; x j/fbf;	=)) :-
<b>^=</b> ; flxfo jif{k'ts @)&! -k'ts kl/ro-sfl	-1fg' clwsf/l	#)) :-
***		

tkf0[¶] xfdlnf0{ eþg vf¶gþPsf] xf] ¶  
/rgf, lj 1fkj jf k:t-s-klqsf]nflu  
zAbfy{ kþsfzgsf] sfþofno-rfaþ, u0fþ:yfg  
!-\$\$(&#%!÷(\*\$!-\$(^!)#

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