

k} sfplG; n gkfnaf/f /fli6@:t/sf]-s_ ju@f j ul\${

j hoGtl

jif{* c^\$! koff\$ /& ljmfs/bf ; flxlos klqsf @)&@ jZfv-h]

; Ahs
j ; Gtsdf/ zDdf{gkfnU

lgbks
ljgosdf/ zdf{gkfn

klyfg ; Dkfbs
&fs' zdf{e)*f/l

; Dkfbs
ofbj e^v/f0{

; xofjl
sdnf gkfn
efef zdf{
cefef zdf{
dft\$ f cfrfo{
cgfh (sfn
SNkgf cfrfo{

k\$fzs

zibfy{klsfzg
rfah, sf7df8f}

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; hgf Mj hoGtl df k\$flzt /rgfsf]; DkMf{lhDd]f/ :jodnys g}xgFg\

Dkfbslo

- df5sf dfg; k6ndf p7sf cz^aVnt lj lj w ; flrx?nf0{lj rf/ kj's j ftfhfk j f uGysf] zJlaf6 l; nl; nfa4 afWg' lgaGw xf]. dxfslj n ldkl; fb bj sf6fn]. of] /flr/f bzg xfpg, g xf kf08To bzgsf] 70f; kll. o; df ukl t lj ifonf0{; j b[16sf]f; dlifofsf] h/t 5g . of] Ps lsl; dsf] wt{abdf; 176f xf- hf]; 8sdf lx8bf slxn] 9'aX xfG5, st}st}cfgbn] klm/ xj5{ t/ 3f/bg] ll eg] h: t) lgaGw dfg5df lf0f lf0f pl7/xgl cgl s ax/aL ; flr, lj rf/ efj x?sf] ; aX j f l; nl; nfa4 njvg xf].

- csf] cydf lgaGw uBdf njvg] Pp6f ; zQm lj wf klg xf] . uB+ sj lgf]gsif+j blgtleg] ; lj6fx?sf]S; l uBdf kjs6 xG5 elgPsf] ; aSjt klg lgaGw lj wfnf0{g]ul/Psf]x'g; S5. h]xf]; \ lj6fx?sf]S; l jf lfdtf j f af4Stfsf] lj lzi6 klxrfg lgaGwdf k: t' xG5 . of] ; j (j lbt) / ; j df6o wf/0ff xf]. oxl wf/0ffnf0{bl]6ut u/l **jhoGtl** ; j b[l j afgk?sf]efj gfnf0{ sb/ ub5 .

- lg/Gt/ k|sfzlj t lj afg\ lj6f/f n]vPsf] k'5f/sf] kftf]n] ; DalGwt lj wfsf] af/df w]/yf] kf7ssf] cfj Zostfnf0{l j wfut ; dfnf]rgfsf] ljqdf ; xofu kuj5 eGg] S'/fdf xfdl lj zj : t 5f.

- jhoGtl** o; cl3 lgaGw c^assf] ?kdf !* / !(b0{ c^as k|sfzlj ul/; s]sf] 5 / Ps 7fpdf k|sfzlj e0; s]sf] /rgf jhoGtlnf0{ gk7fpg klg **jhoGtl** kl/j f/ cg/fw ub5 .

- oxl @)&@ j zfv !@ / !# ut] cfPsf] dxfe'sDkaf6 lbj ut x'g' ePsf] ; a) lkphgklt **jhoGtl** kl/j f/ >4f-hnl ck0f ub5 .

- jhoGtl** nf0{ dfof u/] cf^gf /rgf pknAw u/fpg' x'g] ; Dk0f{ ; lj6fx?df jhoGtl kl/j f/ xfb[s cfef/ kjs6 ub5 . o; sf ; fy] cfufdl lbgdf klg ; Dk0f{n]vs ; flxTosf/ Pj+kf7sx?af6 : gk, ; b&fj / ; xofu kjk xgl g] 5 eGgdf xfdl lj zj : t 5f.

flxTos k|qsf **jhoGtl**

- :sIt, Psfa]sl, kf{dlt, n3bkGof; , n3syf, d0ms, uhn, rf8:kj{ ; d/0f !-@#, :jb]ofqf !-@#, syf !-@#, /fl6o-Jo]Qmj !-@#, lj b]ofqf !-@, uBslj tf !-@, ; dlff !-@#\$, 5fbslj tf !-@#-\$%-, lgaGw !-@#, k15 ca syf c^as .

- zAbfy(k|sfzg]f]ja ; f08df **jhoGtl** ; a} c^as .8fpgnfb] ug{ldNg] u/l /flvPsf 5g\

o; C^alsdf

IgaGwqmd	-	IgaGwsf/	-	k]j 7
!=lj Zj f; M Ps dfgj lo pQd u0f		ekf=8f=slnkn c1ft		%
@=kjhnh: tf] dg		5fbfbQ Gofkfg]		*
#=Cl: tTj		7fs' zdf{e08f/l		!@
=\$=hjg 8fbfdly		g/b/fh kf8jh		!^
%=rjtgf		ladjh		@)
^=>4f / lj Zj f;		dxzj / zdf{		#!
&= ; Demgf		dfwj l3ld/		##
*=dflg; <		dgl'sf kf8afn ladjhU		#%
(=bfpdf b]z \		oj/fh gofB/		%(
!=l; xb/af/leq 8P 306f sB		fdk] fb kGt		^&
!!=s: tf] cfbz<		lj ho rfln;]		&@
!@=kg/fj lQ		lj gosdf/ zdr{gkfn		&&
!#=dfgj ofqf		8f=lj Zj blk clwsf/l		*@
!\$=aGbluksf] afg;		>lcf]d >j7 ./fpgU		*%

:yfol :tDe

; GbE M jhoGtl] Ps j ir
k'5f/sf] kftf] M lgaGw l; 4f6t
xfal s]xl k: ts k; nx? M
k7goQm s]xl k: tsx? M

ca xfd] kfnf]
syf, uBslj tf, ; dlff, ; +d/0f / cGt] ftffC^as x? .

t/f0{ kxf8, lxdfn
; flf/ agfcf}gkfn



नेपाल सरकार
सूचना तथा सञ्चार मन्त्रालय
सूचना विभाग

lj Zjf; M Ps dfgj lo pQd u0f
kf= 8f= slkn c1ft

lj Zjf; eglsf s'g} klg JolQm j f lj ifoklt dgdf pTkGg x'g] ; Totfsf wf/Off xf]. Zjf; df lj pk; u[nfu/ lj Zjf; zAb aglsf 5 . o; Sf zflAbs cy{ M ; f; k|tsf] lj zjf cf; yf xf] . f; xfd] kf0fj fo' xf] . xfd] z/l/ leqaf6 o; sf cfj thfj t xgjxbf xfdl 5f]sf afw xG5, To:t} lj Zjf; Ps cfwfl/t ult xf] .

lj Zjf; ug{ Ps pQd u0f xf] t/ x/ s'g} j : t' j f kfqdf lj Zjf; ug{ xb]g . lgDg j : tk]t k0f{?kn]lj Zjf; ug{ xb]g egl rf0fSosf glitZnf]s lxtfkb]zdf klg ; Gbe{ cg; f/ k]Qm 5 . tl j : t' xg\N gvwf/l kz', gblsf] wf/f, l; ^ ePsf] kf0f, xltof/wf/l JolQm : q] / /fhgl]t ug[JolQm . pkoQm pbfx/0f kfqsf] u0f / kls]t cg'; f/ k; t' ul/Psf] xf] . o; df : qlhfltsf] klg gfdflNn]v 5 . tTsfnlg : qlhfltaf6 w]sf xg] u/]sf sf/0f, hftlo b]fif nfusf] xg' ; Dej 5 . pkoQm pbfx/0fn] kfqsf] u0f, kls]t cWoog gu/l k0f{ lj Zjf; ugXg eGg] tYo cj ut xG5 . kfqsf] u0f kls]t a14lj j]sn] g] 56dfpl5 t; y{lj Zjf; Ps ljj]shgo l; ylt xf] .

sltko Voflk]kt lj åfg\ flxTosf/x?n]lj Zjf; s] xf] < eGg] af/df cf^g] wf/Off /fv]sf 5g\ h: t} M k]drGbn] .lj Zjf; g} k]dsf] klyd ; fkfg xf] eg]sf 5g\ To:t} : j]bdf6gn] eglsf 5g\ .s]n]lj Zjf; g} xfd] Ps o:tf] ; Dan xf] h; n] xfdlnf0{ xfd] dl-hn; Dd k]ofp5 .lj To:t} 6]g; gn] .hg j : t'sf cl: tTj 5]g, To; nf0{ xfdl lj Zjf; n] pTkGg ug{ ; Qmgf].lj ZS; lko/n] klg eg]sf 5g\ .k]d ; a]; u u/, lj Zjf; s]xl; u u/, t/ v/fa s;]sf gu/.lj To:t} af0andf .xfdl lj Zjf; sf] cfwf/df rN5f] b]i6sf cfwf/df xf]0g] elgPsf] 5 . pkoQm sygn]lj Zjf; , k]d / Jofj xf]s hlj g; u hf]8Psf] dx1j k0f{ t1j xf] eGg] cj ut xG5 .

lj Zjf; j]Zof, rf]/8f]sfdf klg xG5 . 0dfgsf] lj Zjf; ge0{ sxlf s;]sf sf/f] f/ jf Joj xf/ g] rNb]g . hxf]lj Zjf; t]f]8G5, 0dfg 5f]8G5, Tof] rf08fn j]Q xf] . g]kfnf] gltfn] h] u5f] eg] g]kfnl hgdgf; nf0{ lj Zjf; lbnfP, To;]sf cfwf/df cf]b]ngx? r]sp . To;]sf cfwf/df ; Qf kl/j tg klg eof] . hg p2]zo / k]ofhgsf nflu cf]gb]ng / kl/j tg eof] To; af6 ?kdf kl/j tg eP klg ; f/df s]xl kl/j tg ePg t; y{ g]kfnl /fhgl]tdf rf08fnj]Q a9L df]nfPsf] b]vG5 . bw 5pGh]n gf]gl cfp5 eGg] lj Zjf; ; ahf0{ xG5 . ha bw] kf]65 ta hlt dy] klg

j̄hoGtl #& lgaGw c^as-#

To; af6 gfgl lg: sg ; Qmg . elgPsf klg 5-. /xdg lau/ bwsf dyg g dfvg xfbl . j f: t j df crjh lj Zjf; df xl/ofkg 5g . To; df zistf a9/ 89nf nflu; sjsf 5 of egf lj Zjf; df za^asf a9jsf 5 . o: t} za^az^asf n^asf bxg eP e^aPs lbg cf:yf / lj Zjf; s} bxg xg; S5 . kl/j f/; dfh / /fi6lj Zjf; s} hudf p7sf ; +yf xg\ lj Zjf; 66t} upkl5 Ps lbg logsf klg ; dfklt lglzrt 5 .

lj Zjf; hlj gdNo; fu hfl8Psf tlj xfl . To; n] /fdsl0f k/dx+ n] egjsf 5g\ lj Zjf; hlj g xfl clj Zjf; d[lo' l wd{ ; +s[t, /l/t/j fh, Gofo cflb ; abf lj Zjf; n] sfd u/sf xg5 . Jofj xfl/s b[i6af6 xbf{ lj Zjf; w} klsf/sf 5g\ h:t} M

!= ; f+s[t s lj Zjf; M xfdl, lbb, alxgl, knk" xfdfl ; f+s[t s ktlssf ktlglwdhs lj Zjf; sf kfq xg\

@=Jofj ; flos lj Zjf; M xfdl gfp j f xhfdsf cl3 ubg yflklbg5f. ofj Jofj ; flos lj Zjf; xfl . To: t} xfdl xfdfl ej ioklt ; '/lft 5f eg/ ajsdf k} f hDdf u5f. gful/s nufgl sfzdf hDdf u5f aldf cflb u/fp5f.

#= Jofj xfl/s lj Zjf; M xfdl s; nfo{ Aofhdf ?kbf lbg5f. To: t} 0i6ldq; fu ?kbf; fk6 lnG5f.

\$= wfldls lj Zjf; M xfdl d7dlgb/df khfcfhf u5f bj lbj tfsf cf/fwgf u5f. uj zft xflprng\eg/ dgq hK5f xj gflb u5f clflg ; ffl /fv/ jbs lj lwas6 lj j fx ; Dk6g u/fp5f.

%= g}ts lj Zjf; M xfdl xflsdnf{ gd: sf/ u5f p; sf ; fd' cf- cf^gf ; d:of ; dfwfgfylgj bg r9fp5f. cf^g} hfoh dfu /fvl x8tn u5f cg; g a: 5f bafa lbg5f h:n" lgsfn5f.

^= Goflos lj Zjf; M xfdl c8&fcfbnt wfp5f s73/fdf pleP/ askq u/fp5f j sntl b: t/ lt/l ax; rnfP/ klg xfdl Gofo vflhb5f. klfkifofsf lglDt oyf; Dej kldf0fx? klg ub5f.

&= kflj lws lj Zjf; M xfdl df6/df u85f hxfhdf p85f kg8' aldf 8A5f To: t}/fkj ja6 ; /; fdfg; lxt cfjx/bfxf u5f g6af6 va/ cflb k7fp5f.

*= j}flgs lj Zjf; M xfdl cfjfwl ; j g u5f vfk cflb nufp5f nlf0fx?af6 /fusf klxrfg ug{ oflgqs lj lwx? ckgfp5f zNolqmf u/fp5f.

= kfs[t s lj Zjf; M hf8f uPk15 udl{ cfp5, /ft u'hkl5 laxfgl xg5 . lxdfn 5p lr; fl / d^aelg glhs udl{ 5 e^ag] hfb5f; fy} zltnx/ rnkl5 lxp{k5{ e^ag] a'em5f.

j̄hoGtl #& lgaGw c^as-#

ol ; a}lj Zjf; sf nlf0f / k|qmf x'g\ glit xfl; \j f lgod, wd{ xfl; \ls ; +s[t, /l/t/j fh j f dMo-dfGtf ; a}lj Zjf; afRg] lj sl; t xg] / ; d[4sf lszv/df klg]/x5g\ ; f; lagf dflg; lgikf0f ePh: t}lj Zjf; lagf s'g]sf cl: tTj 5g e^ag] cj ut xg5 . JoQm xfl; \ls ; +yf lj Zjf; s; /l cfhg ug[lrgtfsf dh lj ifo oxl aG5 . clxn]sf ; dfhdf lj s[t-lj ; aNlt lgs} a9jsf 5g\ . /fhglktlj Zjf; 36sf 5, clj Zjf; a9jsf 5 . cfzfx? hufP/ pt; fxpd^au kbf ug]sf ; sf lg/fzf / lg?T; fxsf efj x? a9jsf 5g\ ; v, zflg / ; d[4sf xfdfl ; ferm ; kgf s; /l ; fsf/ xflnf <

lj Zjf; n] cftdlj Zjf; nf0{ a9fp5, lxdt gxfg] u/l hufp5 / ; kmntfsf lbzftkm{ cl3 a9fp5. 6N; 6fon] klg lj Zjf; g}hlj gsf k/s zlom xfl egjsf 5g\ lj Zjf; sf dlxdf a'e\ g} s'g} slj n] JoQm u/sf lj Zjf; lj ifos lgbg plQm a8f ; fy]s nflu5 .

lj Zjf; Pp6f 5f6f zAb xfl
o; nf0{ k9g t Ps ; ls]8 nflu5
a%gsf nflu Ps lbg nflu5
t/

; flat ug{k/f lhgbul nflu5 .
o; } ; Gbebf lj Zjf; lj ifodf d klg Ps dQms /fjkxfnFM
cfkib]v xfl5{ 8/fp5 hfl ef/l pbf; 5
lxdfn r95 pzl hfl; fu k0f lj Zjf; 5 .
pt; fx / hfl/af6} vN5 ; ajsf af6f
pxl vN5 /dfp5 hfl; fu vhf cfsfz 5 .

e/tk/, lrtj g .

V

zlbfy{ ksfzgsf j a ; f08df j̄hoGtl

; a} c^as, nvsxasf kl/r0, xfdfl ; a} ultlj lw, zabsfzxasf ; kmbj b/ / sfoqmdsf tl:a/, lkmlnd tkf0sf nflu pknlwk0f{ x'g ; S5g\ x} .

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k̄lh: tf] dg

5f0fbQ Gofkfg] .au/l

x'sg afsl ; fgf] z/l/, yf] lbg vr]sf] slnnf] hlj g, nfe-kfk
 5'g gl; s]sf] lgZ5n dg, cEof; gku]sf] tft] afnl, Ps] 7fpf gcl8g]
 r~rn cfglaflgldfly Ps]r]6 vlgPsf] : j fy{ k/Dk/f k/fgfn] yfn]
 goffn] k5dP t/ lj 1fgsf] lap / hlj gsf] h/] bj] h] vfhbgg\ S:tf]
 crDdsf] rng < d'6sf] 6qmf; l/ kfint cf^g]; Gtfgsf] d6f] ^0fsy/
 v6&f 9fufpg' eGbf cfk]m] gd: t] u] p; nf0{ ; xh xg] afnlkp; +sf/
 la; y hf]-hah{ tl]sf] x'sdl; +sf/n] dxl] k0/xg] 0 afnsnf0{ ; lhnf]
 xg] cg's/0flo l; sf0 k4lt cfdfafnf0{ lsg lkb gePsf] xf]hf < afnrl/q]
 cg's/0fsf nflu xf] eGg] s/f yfxf gkfP/ t kS] xf]og xf]hf 0 afnsx?
 cg's/0fs}; xofun]; +sf/ l; S5g] dfq pglx?nf0{ cg's/0 ug] cj; /
 rflux5. p6gt cj; / ldn] afn; 'he Joj xf/df dfgj lo cfbz{krmg5.
 clnslt dgg ugxf]; \t xfd] b]gs lqmo]sf]nfksf] cg's/0 ug] kf]bf
 s]t /dfp]5g]pglx? < oxl afn Joj xf/df t dfgj lo cfbz{k]g h]f]u]5
 clg hlj gsf; b/k]f pb3]f]6t x]5g]\ nfdf] af6f] lx8f0n] wnf]h]nf]
 ntkTofPsf v6&fdf d6f] h]ftf0{ h]ftf0{ 9f]ufP s]Nof0f x]5 e]7f]g'
 eg]sf] afn] f kfS5 / vfpnf eg]/ 5f]f5f]l cfz] : t kfg]; b]fdktgl]n]
 ef]sf] si6-smf dfq xf] o; df c? s]x] 5g] eGg] lj 1fg df]5]n] lsg
 a%b]g s]g < 7hfn] h] u/]sf] b]M5g]Jo; sf] cg's/0 ul/xfNg v]Hg]
 afn:j ejf n] s/stkdf k/y xf]og Joj xf/ u/] l; S5g]c?]n] u/]sf]
 b]v/y hf]b5g]afnsn] k/Dkl/t df]gotf. o; /l l; s]sf]; +sf/n] aNn
 cf:yf arfp]5.

afn dgdl: tis s]t w/] lh1f; ' x]5 s]t < dfkg u/] ; l]dt ug{
 ; ls]b]g . goff j: t' b]M rnf0xfNg'kg] afnx7l; t kl/lrt cleefj sn]
 a'emkrfP/ cfb]z / lgb]z k0f]zf; g u/l axfb/l k]bzg gug] xf]eg] afn-
 dl: tisn] lgafw kl/kfs x'g] cj; / kfp]5 . o; df hlj g-s]Nof0fsf]
 alh x's]5 . cfdfn] rnfPsf] b]Mk]5 cfuf] emD6g] afns cft]t'; l
 k]h rnfpg em: s]5 . k]xn] cfd]sf] xftaf6 k]Rkt u5{ clg aNn
 %ofIDG5 k]h; l / rnfpg yf]N5 . afns cft]n] k]h xf]. k]hn] t
 ; l]6sf]; b]b/td\k]Rkt k]f0f-l]f0flar]sf] : gj] sfod u5{ . df]5]sf]
 prrt d]No atfpb} 0ioff-8xf, nfe-kfk, 5n-sk6, lghl-: j fy{ cflb
 c1fgtfsf pkhaf6 d]Qm u/f0{ ; b]f] el/ l]daj t\]oj xf/-lk]okfq

aGg-agfpg k]/0ff lbg] klg k]hn] g] xf]og / df]5]nf0{ < dxfxzon] afaf
 esf/ldf n'Sg'ePsf] 5g] egl cf^g] afnf0{ c]7]/f kf/y; fx]nf0{ ; lk]f
 lbPsf] afn; 'he cleJol0m t ; Gg'ePsf] 5 lg l/ xf] oxl xf] lgZ5n
 afndgsf] pQd g'dgf. lgZ5n dgn] hlj gsf] cy{ afS5 .

cf] xf] oxfg] cf0k]bf ; Rofpg' 5, ; lrg' 5 cfk]af6 ; ' u/] of]
 egf0sf] k]g/fj lQ x]5 . cem g9f]b]l eGg] xf] eg] x'g] gx]g] Joj xf/n]
 kg/fj lQ kf0/x]sf] b]zo k6s-k6s b]fx]f]ofpg'ePsf] 5 . ; f; 'Cdfn]
 7]slaf6 df]x]l ; f/y vfg glb0{ c]8]Nbf af; l df]x]ldf l]rQ a'emfpg k/]sf]
 ulx/] kl8f, culgsf] 5p k]u] s]7]fa]l/Psf xft ; lsg gkfPsf] t]tf]
 oyfy{ kl/j f/]sf] ; b:o agfP/ le]o]fpg] t/ kl/hg; u] ldl; P/ eft vfg
 glbPsf] c]f]do l]t/:sf/ ; De]y unt ; +sf/sf] pkh x]kfx] k]j lQ lyof]
 eGg] cfh cfk]m] ; f; 'Cdfn x]bf To; nf0{ ; Rofpg'sf] ; 6&f p]N6f] ; j fb
 k]yof], emf]s k]rg{ kf0of] eg]/ a]xf/lnf0{ ; tfpg'; Dd ; tfpg'df k]iffy{
 b]Mg] 5'r]f] Joj xf/ h]lj t] 5, 3/cflugd] 5, l]5d]sd] 5, ; dfh clg
 b]z]el/ htf; 's] 5, c]f]n] l8ndlg k]lg EofPs] 5g] o: tf]la/fn] afw/]
 >f4 ug]; +sf/ la; g ghf]g] t/ ; fdflhs kl/j tg] ePg, xfd] 5f]l-
 df]5]h]f]0{cj] ; l]b0Pg eg]/ dlxn]f] b]bn] k]if dxfxzonf0{ wf/]xft nuf0/xg]
 cflv/ slxn]; Dd < s] o: t] l]gD5/f] l]r]tg a]f]sl l]x]B/ prf0df k]u]5 <
 d]h] cfk]m] cg]e]j u/]sf] ; To-tYo k]To]fpg]x]5 dxfxzon] eg] l]xh]sf]
 ; f; 'Cdfn] u/]sf] Joj xf/ a]7s xf] eGg] a]xf/l g] cfhs] ; f; 'Cdfn x'g]
 egf0 klg 5 lgs]lxn]; f; 's] k]fn] t slxn] a]xf/]sf] k]fn] 3'dl l]km/l
 ; j dhf]6f/ eg] e]f cfk]m] k]fn] k]fp]bf Tox]l Joj xf/ ; xl x'g] 0 To;]nf0{
 k]5d]fpg] < s: tf] xf] of] : d/0fz]Qm xf dlxn]f] b] < lal; g]kg] h]t l/7x]f]
 gla/f0{ ; l]Demg]; l]Demg'kg] s]g] klg a]xf/l 5f]l xf] d]y/ 5f]l s]; s]l
 a]xf/l clg xf] d]y/ a]xf/l s]; s]l 5f]l of] oyfy{ r]6Ss] lal; g] dfg]hs]
 o: tf] t pgl cfk]m] slxNo] st] b]M]; g]s] 5]gg] 5f]l; l]u g]d7f] afNg]
 ghf]g] db]efifl cfd] a]xf/l; l]u afNbf s]f]r]f] lk]bf]n] v]Psf] ss] f 3f]b]l
 ahfp]5g] 3/df /x]bf a:b]f g]b]cfd]h]h] s]/sf]6, eP gePsf] b]f]ff/f]k]0f
 u/] v]g vfg l]bPgg]eGg] 5f]l df0t k]bf gk]b} efph-a]xf/]sf] v]pf]
 u/] cfd]fsl : j f0nl a]g] < efph-a]xf/l klg t cf-cf^g] afcfd]fsf
 5f]l x'g]n]ogl]x?; l]u c3]n] Joj xf/ gu/ eg]/ s]g] klg cfd]f]n] cfd]l]otf
 b]v]fp]b]gb]v]fpg] clg s]xf]af6 x]5 dlxn]f] k]ult < efph-a]xf/]sf]kv]fn]f]
 u/] cfd]f]k]b] a]g] s]r]f]6 kfNg] 5f]l / efph-a]xf/l; l]u ul/g] zq] t]
 Joj xf/nf0{ ; dyg u/l s]; +sf/ yf]g] cfd] b]j}; l]r]P/ ; f0g]h]t]cfd]l]o
 Joj xf/ gl; s]; Dd dlxn]f] k]p] ; dfh s]/l aG5 < s]; Eo zfnlg /
 ultz]n ; dfh lgdf0f-x]t] Tox]l ; dfhsf ; b:o cfd]5f]l j f; f; a]xf/l

j̄hoGtl #& lgaGw c^as-#

xf̄gg< efphh] cfdfnf{ pk]ff u/]sf] bMbf lrQ bVfpg] dlxnfsf] ; f; " ū ug] a; p7 s: tf] x'gknf{ < 5f]l; / x Joj xf/ ug] grfxg] ; f; h] axf/laf6 s] cf; ug] < o; lj ifodf ax; dfq] ug] ls Joj xf/ klg abNg] < nf] 5ftldf xft /fv] eGgxf]; \t dxfzo ū s] cfk] g; lr0] c?nf0] ; Rofpg ; lsG5 <

dfG5]sf] cGt/ a] sf]b]fpg] xf] egl a]nfavt k'z ifnf0] km/of; ū k6]fpg] / k]t/ ofleq} n'sfpg] x]; ot /fVg] dlxnf; Dd kluG5 . x'g t lj 1fg; Ddt lj rf/ af]s] h]j g; Ddt Joj xf/ hfGg] xf] egl dlxnf / k'z if eg] e]b ug]e]bf dfG5] ag] ; dfg x]; otn] km/]lsnf] r]tf/fdf ; ū ; ' tfpg] ; Gbe{ h/fP ; dfh ; k]t xG5 . dfq Ps k]tsf] pkl; yltdf g t h]j g rN5 g ; [i6 < cflv/ rNg t b]j]n] k5{ / ; fy b]j]hf0] r]lxG5 egl lsg Ps k]tlo x'g] < b]j} dfG5] k]j]l/ g/d-s/d / ; j efj n] klg t p; t] b]jvG5 dfG5] . ol x]g]xf] ; g hlt c?nf0] b]v lbg] ; Sof] plt 7h] dfG5] e0G5 eGg] dndq] b]j]sf] dgleq 5 ū hlt 5nsk6 hfGg] plt 6f7f] dfG5] egl/ lr]lg0G5 eGg] cxdsf] klg v]fr] 5g] . hlt xG5 xG5 egl/ e/f; fdf cNe]P/ kl/0ffd lj d'v agfpg ; Sof] pxl k/fksf/l sxln0G5 eGg] sf]Bfn] klg k5]fPs] 5 b]j]hf0] . cfk]lnf0] r]lxbf- r]lxbf k]msf0] k]mnof0] xft lng] / pv' e]f r'; y k]mNg hfGg] slt p]gt snf 5 dfG5] ; ū < el8ef8 pl5g] cfkm]tnf0] rf/f] b]v]f0] b]v]f0] 8f]f0] /xg ; Sg] cb]t lfdt b]j]df kf0G5 . sfd s]xl gu/l ; v- ; lj wf ; DkGg e0/xg] Clif-dxli{ rl/q b]j]df r]lnPsf] 5 5'6]fpg ldNb]g . g oftf g ptf e0]c?sf] e]f]fa ag] ple0/xg] aa]f0]f b]j} ū xl]Ps] 5 ū /ftlb]g v6] k]b eg] gkfp] lgd]v] dfG5] klg b]j} xf] . h]j ge/ v'6]f lvo]P/ klg nfe gln0] Tofu ul//xg {rfpg] Toful ; +sf/ dfG5]d] 5 . s]Gg nfesf] kb k]mf gk]/ Toful ag] jf g]ts dNon] Toful agfof < 0dfgsf] t/fh] lgSof]ndf klg] cEof; gug] rng cGt v]Hgkb]g . xf] s/]fn] s/]f] s]b]fpg] eg] e]f k]zg p75 st] cf]b geP/ 9f]b]g g; s]sf] nf5l t xf]b]g dfG5] < clg lglxt : j fy]df lnkt e0] xn]j fdf k; lsf] afn]j f klg t x'g ; S5 dfG5] < cf] ; f]rr cf]ofolnf0] nn]sf] /y gful/s xs ; 'l]ft ug]{g; Sg] kf]lc]fb] kf] xf] ls dfG5] ū ls t ct]lws cf]ulx / k]f]ulx]t e0] /fhg]lts lvr8l ksfp] w]fr]n kf/vl t/ s]b]glts x]; ot u]dfP/ nf; ; ū v]Ng lgk]f t 5g] dfG5] < dn]f0]o; t] o; t] qf; n] t; f]b]5 ls dfG5]sf] afn clwsf/ v]f]g clg ofgq]l8fdf /dfpg k]ns]sf] lgn]h d'v]D8f] el? rfn b]v] . yk z]a]sf] ; t]f]b]5 st] lgd]vf l5d]sl lgrf] / df]b]fPsf] eB]f]n kf] xf] ls ; Ss]n] dfG5] <

j̄hoGtl #& lgaGw c^as-#

xf dfG5] dfG5]eqsf] ; j̄bgf pv]h] nfefGj t e05f8g] ; fxl; n]f k]f0f klg x'g ; S5 / ū x'g t clwsf/nf0] cfn'; ū pl; gk]5 k]8f; ū kf]h]f/l v]Nb] s]t]osf] pl5t] sf9] aly]tx? a6Ng v]kk; lfd]tfj fg]k]f0f lg dfG5] g] xf] eGg] n]sf]Qm 5b] 5 . To; h] t z]Qm; DkGg dfG5]sf] rl/q x]/v s; h] kf]ld?j f elglbof] egl p; sf slG; /l t]f]5g\clg /Gylgb] cf]5]f]gdf kN6] 3f]Tn]bf kf]ld]j f zAbfy]eq cfk]t: j f0]l5]sf] b]Mk]5 aNn n]df] ; f; t]f]g/ h]?Ss p75 / pkflw lbg] clwsf/lsf] ; dy]gdf gf/f nfpg y]fN5 dfG5] . dfG5]h] sltv] s] u5{ sltv] s] < k]f]kt kl/ro]sf cf]wf/df k]f]f dfG5] lr]g ; ls]b]g ls]g ls] chhsf] kl/r]on] e]f]nsf] dfG5]nf0] w]f]g ; St]g . n]f] x]f]t of] bl3h]j gn] ; ūfn]sf] Joj xf/l; 4 t]Yo kf]df0f ld]Yof ; flat ug] tfut sf] ; ū 5 <

pk]m] ū s: tf] d]l: sn 5, dfG5]h] dfG5] ; ū kl/lrt /xg ū v]f]p s]Gg s: tf] dfG5] ; ū ldt n]pf]bf lht x]g] xf] < 7dofpg] g; lsg] . d t cnkq 5'. dlxnf kf]6]lnf0] ; dy]g u/] ; 'l]ft e0g] xf] ls k'z if kf]6]lnf0] < efph- a]xf/l klg] 5f]lsf s]f k]t]fpg] ls a]xf/l g; x]g] ; f; 'f < g ; f; ' ; tfpg] a]xf/lnf0] ; fy lbg] ; lh]nf x]g] xf] < cf]h wf]f] 15g]sf] r]a]nf e]f]clg]zrt u]f]t]j]n] t]f]g/x]5 dfG5]nf0] . u]f]t]j]o b]v]g] u/l kf]f]v]h]s] 5g] , u]f]fu]l k/] cNe]rsf] cN%o] 5 j iff]k/f]g]h] g]z]h] ū 3f]ddf a; y u]f]f]k]msfp] klg] u/l r]t]gfn] rf/f] v]f] fpg EofPs] 5g- goff Rofb/ c]f]9] k/f]g] k4]t kf]ng]x?nf0] . 0dfgn] ljj]s kf]f]u ug] d]x]t{k]lg lg; s]sf] 5g] . 8f]lsf] u]f]f] k]msnf / h]j g ; xh kl/j]zdf k]j]z un]f eGg] /x/ r]rx0 r]rx0 8f]l gl5g] ; Dd c]gof]nsf] lk]a v]h]sf] v]No] x]g] e]f] ū 9'a]n]o]ub]j]v ; d]x]d]v]l eP/ ; x-cl: t]j df a]f]b] cf]Psf]df]5]h]Jol0]m]fbl ; +sf/ / k; fd]v]l cf]glaf]g]df v]D]r]P/ aly]tx?sf] ahf/df a]j]r]0g gx]g] xf] t/ dfG5]h] k]f] ; h]gf j fx]s k/f]0f k]9] c]f]k]n] c]f]k]t; ū 76]f ub]5 . 76]fn] dfG5]sf] ysf] d]k]fp]5, l/ ; la; f]b]5, k]8f ; d; Dofp]5 / p; n]f] cf]zf]t]t klg agf]p]5 t/ h]j gnf0]h; lbn]fp] kf]0g xf]Ng ; St]g . h; kf]pg] /x/ k]f]n]sf] ; lfd h]j g]n] ; fdl]s ; +sf/ l; s]y j]f]flgs ; +s]l]tdf ljj]s / 0dfg k]mfp]g ; Sgk]5{ . k]m]sf] h]j g]n] gj k' t]fsf n]flu phf]lbg] . phf]z]ln h]j g, h]j g h; t]f] xG5 . h]j g h; t]f] h]j gsf c]f]7 v]N5g]V ; fer]f d: s]fg pbfp]5 . o; /l s/sfk lht/ c]f]7 p3fb]af]x/ lg; s]g] ; j t]Gq d: s]fgdf u]f]f] /x]b]gg\ u]f]f] k]ms]sf] ; xh h]j g ; fer]f clg ; \vb xG5 .

cl:tTj

7fs' zdf e08f/L

cl:tTj sf tflko{x'g' j f /xg' xf . cl:tTj n] xg'sf] ; fy[stfnf0{ af[s]sf] xG5 . cl:t zAbdf Tj k[too nfuf agjsf] o; zAbsf w/] dixdf 5 . JolQmsf cl:tTj , JolQmsf dixdf, JolQmsf ul/df Toxlf yfxf xG5, ha s'g} JolQm ; fdGg] kbf{ To; n] 5f8g] klefj . s'g} JolQm ; fdGg] kbf{ dgdf ; sf/fTds j f gsf/fTds s:tf] lsl; dsf] t/aN p75, To; df lge/ u5{ ls To] s:tf] lsl; dsf] JolQm xf] . ha s'g] s'g} JolQmsf cfudg xG5, To; sf] klefj j f t/aN s:tf] lnP/ cfPsf] 5, To; sf] klefj s:tf] /xG5 / Toxflaf6 hfbf s:tf] klefj 5f8/ hfG5 . To; df p; sf] dfkg xG5 lsqsls s'g} kfl/j fl/s JolQm xf] ; ls'g} kl/rt JolQm xf] ; yf s'g} cltly . s'g} klg JolQm] cyft\3/sf JolQm xf] ; yf aflux/sf 3/sf bx]nldf kf0nf 6]s]k15 g} 3/sf ; b:ox?sf] v'; l, cfgb / of] JolQm t s]xl ; do a;] xGyof] s]xl lnP/ up xGyof] j f oxlf vfgf vfP/ up xGyof] eGg] efj gf ptkgg u/fpg' g} To; sf] cl:tTj j f klefj sf] lgwf/Of xG5 .

Ps lbgsf] s/f xf] sl/a krxQ/ j if] pdv/sf JolQm ; /f; / sf] xg'xG5 < eGb] 3/sf t;] tnfdcf, d a; y klqsf k9b] lyPf. 3/sf ; a; b:osf] Wofg Totfl/ uof] . 3/dhln] cf; g lbP, a:g] cfu[x u], klnf t st] lrghfg]sf JolQm xg'yf cf^g] kfl/j fl/s ; DaGw ePsf JolQm xg'ls h:tf] nfluof] t/ s'/sfsglaf6 yfxf eof] ls pgl To] 3/df klyd k6s kij]z u/sf cltly /x5g\ tl JolQm] To] 3/sf ; b:ox?nf0{ o: tf] klefj kf/ ls pgl kl/rt g] xg\ pgl s'/sfsgl ub] up, pgkl/t ; bfzotf a9b] uof] cf]dlotfsf] efj a9b] uof] . cf^g] kl/j f/leqsf] JolQm gxbf gx]b klg 6f9fsf] gftf h:tf] cg'ej s;]n] u/g, dnfo{klg To; tf] nfluof] . Cltly ; Tsf/sf sfdx? : j tM kmt{ ?kdf rn]sf] lyof] . To; kl5 pgn] Pp6f k: tfj /fv] -

d aflux/af6 cfPsf] xf] dnfo{s]xl ; xofu ugklof] af6fv r{ePg . of] sf7df8df d/f cfkmt sf]xl 5bg\o; fl 3D]b) lxRbf oxffsf] 3/df k:g dg nfluof] k; f . oxff?sf] dfof ddtf vft]bf/l klg kfPf s]xl af6fv r{ klg lbPb]v cgulxt xGyf] .

3/dflns cln pbf/ kls]tsf ePsf]n] pgssf] egf0df s'g} k]t]lqmf

hgfPgg\ s'g} gsf/fTds ; flr klg cfPg / eg] - oxflnf0{ sltsf] cfj Zostf k5{ xf]nf < oxflsf] 0R5f slt xf] < cltlyn] ej] dnfo{oxflaf6 gf/fo0f3f6; Dd hfg' 5, Toxf; Dd k]of0 lbg'; \c? s]xl rfluxbg] .

3/dflnsn] t'gt vNtlaf6 kfr ; o lgsfn]/ lbP . tl cltly v'; l xb] cfzlj fbsf zAbx? JoQm ub] cToft xf] nf] cgxf/ lnP/ km/ cfpg] lh1f; f /Vb] uP . To; /l ; xofu ug{kfpSf]df 3/sf ; a; b:ox? cToft v'; l b]vGy] . d]n] To; kl5 tl cltlynf0{ st] e]lsf] 5g] / To] 3/df kgM cfPsf klg 5bg\

; fdg] o: tf 36gfy? ; dfhdf e0/x]sf xG5g\ sf]xl /l; b lnP/ cfpg] 5g\ ; 8s afnaflnsfsf s/f u5g\ sf]xl d]gb/ agfpq] j f :sh agfpq] s/f u5g\ sf]xl s] sf]xl s] of] ; b] e0/fVg] s/f xg\ To; c] :yfdf lbgh] hlt lbof] To; df] ; Gt'i6 eP/ hfg] kf0M xG5g\ obfsbf d]p]df g/x] anh^tl u/] klg /fhglts JolQm] unfg]t/ 7lg] s/f rfluxxb] .

o: t] vfnfsf] csf] 36gf klnf] 36gfsf] tlg j if{kl5 cyft\o)&! ; fn kmufg (ut] ePsf] lyof] . Izj /fq]sf] rf8df kzkltdf cfPsf ; fw dxftdfx?n] klg sf7df8f]sf uNnl uNnl k; y vr{ d]flg] u/]sf k]; aN d]n] w/; b] cfPsf] xf]t/ o; kfnl klg k]j t]voj xf/ bfxf] of] of] 36gf klg cfk]n] k]t]l f] b]vof] ef]uof] . ; ft hgf u/]j f j :qwf/l hf]ulsf] klg]zn] 3/ cf]wof]Tds h:tf] nfluof] : j feflj s] lyof] . d 3/af6 aflux/ hfg t/v/ ub] lyPf . 3/dflnsf] rfxgf cg?k tl dxftdfx? 3/df klg]z kfPsf lyP . Izj /fq]sf] ; dodf kzkltdf bzgfy(w/] dxftdf Pj +>4fn' eQihgx? ef/ tsf l] leGg 7fp]af6 cfpg' : j feflj s] g] xf] . To; } qmddf xl/af/af6 tl dxftdfx? cfPsf lyP . klnf] klnf] t cf^g] 0R5f cg'; f/ bfg bftJ o lbgl] cfPsf cf]wof]Tds JolQm] nf0{ vfgf v'fP/ >4fk] s xft; lv'; l k7fpg] u/]sf] yfxf lyof] / To; } cg?k To] 3/sf JolQm] n] klg kf0z] To; t] sfo{ug[u/]sf] lyP . cltlys] ; Ddfg, cf]b/ ug{0] /lo ; jj f 7fg] u/]sf] lyP . 3/df cfPsf hf] 's]hf0{klg s]xl lbP/ j f v'fP/ k7fp]bf cf]g]b]sf] cg'e]t ug]uy] . cfh t crDd eof] . tl dxftdfd]o] Ps cvf8fsf clwof] /x]5g\Ps hgf h6fwf/l u]k]f; pk/f]t cf>ddf cfPsf gfdl dxftdf /x]5g\ o; sf]avfg ug]Ps hgf rt'/ r]hf -Izio_n] cf^g] j l]kl/sf dxftdfx?sf] /j z]ft]h6fwf/l]sf] u]0fu]ug ug{yfs]sf lyPgg\ e6&ofpb] lyP . klnf] t pglx?nf0{ sfd l] z]f]n] aflux/ hfg xtf/ ePsf]n]!56]p]S]pg]k]of; u/]. hnkgk]5 ehgsf s]xl k]t]lqmf?

jhoGtl #& lgaGw c^{a\$}-#

uf0P . s]xL ; dokl5 krrnkth; lxt s]xL blff /fV]sf] ls:tl 3/dhlsf] 0; f/fdf 3/sf ; b:ox?af6 cfb/k] \$ Toxxfcf0k]sf] lyof]. tl h6fh6 l; 4fafn] 3/sf ; a] ; b:ox?sf] 6fpsfdf xft /fVb} ; +sf] / lxgb ldl>t cfzlj {rgsf jfSox? pRrf/0f ub] .xfdlnf0{ sf7df8f]af6 sf8le6f; Ddsf] vr{ lbg]xf] &eg/ df]g yfn] . Ps hgfsf] Ps xhf/ nfu5 / 0 Toxxf; Ddsf] vr{ lbg]; \Ps b0k6s eGbf t s]xL k; f yk/ lrQ a:efpg] sf]; ; ul/of] t/ dxfldfx? 6; d; xg] s/] lyPg . 3/sf ; a] ykbfykb] ; ldf g] gfeof] vr{ klgl p7kl5 cfzlj {rgsf s/f ykb]cf^gf] af6f] nfu].

dnf0{ eg] s:tf] s:tf] gld7f] cg'ej eof] qmdzM >4fdf sdl ePsf] b]vbf tl dxfldfn] klg cf^gf] cl:tTj hf]ufpg g; s]sf] cg'ej eof] . s]g] klg JolQm dof]fe]bf aflux/ uP/ Joj xf/ u]of] eg] s; /l p; s]f] cl:tTj /xG5 <

o; n] s] b]vfp5 eg] hf] klnx] cfPsf Ps hgf cltly Toxxf pkl:yt eP, tl ; Hhg lyP, k]efj zfnl lyP, gsf/ftds ; flr lyPg . 3/ 7DofP, k;] cf^gf] p2]o k'f u], uP. b]j]tkm] s]g] b]M, si6sf] cg'ej ePg . tl JolQm k]efj zfnl o; dfglf eP ls pgn] oyfy] s/]f] u] eGg] eof] / h] pknAw u/f0of] To;]df ; Gt'i6 eP . cfj ZoseGbf a9l dfu] h: tf] nfu]g . pgl hlt dfu] klg xG5 eGg]tkm] nfu]gg\ Toxxf cl:tTj sf s]of b]vP . cfh; Dd klg pgl 3/sf ; b:ox?af6 6f9f 5gg\ . xbosf] s]g] s]gfd a;]sf 5g\ . pglnf0{ cfh klg ; Denbf cltly ePsf] cg'ej xG5 .

csf]cflWofTds r]nf le/]sf JolQm?sf] p2]o hlt ; Sbf] lNg] / Toxxfaf6 k]MTsg] eGg] /Xof] . pglx?sf] lqmf]snfk To: tf] b]vPsf] cg'ej 3/sf ; b:ox?n] dfq xf]pg, d]h] klg u/] To] cgej ; a] u]. of] oyfy] 36gf xf] . cl:tTj ePsf] JolQm] lbg] lNg]; u] ; /f]sf] /fVb]g, :j tM k]mt{ ?kdf rfxgf cg?]k lqmf] x]b} hfg5g] cl:tTj k]Rkt u5{ s]xL gs]xL k]efj 5f]y/ hfg5, pm t hfg5, p; s]f] z/l/ dfq . p; s]f] cl:tTj t s]g]g s]g] ?kdf /x]sf] xG5 t/ Toxxf ; jfy{uff; P/ s]f]x]bf c; n s]fdsf] nflu s]fo{ ePsf] eP klg cl:tTj /xg ; s]g . s]g] /fhgllts jf 7h] cf]xbfdf /x]sf] JolQm cfpbf klg ; Ddfg t ; a] u5g]Toxxf JolQm] eGbf klg p; s]f] kbsf] ; Ddfg xG5 jf p; s]f] kbn] lyr]sf] xG5 . kb /x]; Dd /xg] ; Ddfg JolQm] ; Ddfg xf]pg, p; s]f] k]efj jf cl:tTj xf]pg . kl5; Dd /xg] k]efj , l] rf/, cl:tTj dx]j k]Rf s/f xf].

jhoGtl #& lgaGw c^{a\$}#

hlj gsf] qmddf sltko JolQm; u 516g gkfP xGyof] ; u} a:g kfP xGyof] eGg] xG5 . sltko JolQm; u lf0fe/ klg ef/l xG5 . of] ; a] JolQm] gsf/ftds / ; sf/ftds ; flr sf] k]efj xf] . k]efj oQm JolQm g] oyfy] h]g g rnfPsf] JolQm xf] . cl:tTj To;]df /xG5 . cl:tTj eGg] s/f s; h]hj h] tl nfb]y jf d cl:tTj j fg]VolQm xFegy] xg] s/f xf]pg . g s]g] cflWofTds r]nf nufP/ xg] xf] . cflWofTds eGg] s/f t leq xG5, ; ldtfdf xG5 . dg r^a]f xG5, st]7; nfu]b]g . h6fh6n] jf kltj :qn] cl:tTj /xg] eP ; a] nufpg] lyP xf]nf . k]s]tsf] cg]t tfdf /Dg ; Sg] yf] /xG5g\ hf] ; j q] /Dg ; S5g\ cf^gf] cl:tTj nf0{ hf]ufpg ; S5g\

wDaf/fxl, sf7df8f].

V

jhoGtl ; j6f ; Ddfgaf/f ; Ddfglt JolQm] x]

c ^{a\$} != slkn c1fft -; dlff_	c ^{a\$} @= /fh]j/ b]sf]f -kj{d[t_
c ^{a\$} #= ab]"nfld5fg]-/fli6@ JolQm]j	c ^{a\$} \$= pldkf nfld5fg]-glltsyf
c ^{a\$} % 8f= zpoksfz g]fn -5b]slj tf	c ^{a\$} ^= elid pk]l -:j b]zofqf
c ^{a\$} &= oj/fh gofB/] -:j b]zofqf	c ^{a\$} * = 8f= /fdk] fb 1jf]n -5b]slj tf
c ^{a\$} (= 8f-ho/fh k]t -rf8kj{	c ^{a\$} != s]g]f gf; gg] -l] b]zofqf
c ^{a\$} !!= ej gxl/ l; ub]h -k]f]osyf	c ^{a\$} != 8f= blufk] fb cofh -; dlff_
c ^{a\$} != k]f uf]ks]of zdf{-; dlff_	c ^{a\$} != \$-/fd]j/ /fpt .dft]f; \ -uBslj tf
c ^{a\$} != 8f= 3gZofd Go]fg]-:d/0f_	c ^{a\$} != k]b]k g]fn -; :d/0f_
c ^{a\$} != l]z u]f]fn l/; fn -5b]slj tf	c ^{a\$} != l] ho r]fn;] -lgaGw
c ^{a\$} != (k]fzdl]f bf]xfn -lgaGw	c ^{a\$} @)= >lc]f] >]7 /f]g -; :d/0f_
c ^{a\$} != /fdk] fb k]t -:j b]zofqf	c ^{a\$} @@= d~hh -l] b]zofqf
c ^{a\$} != gf/fo0f lg/f; l -5b]slj tf	c ^{a\$} @= zzl yfkf .kl08tU -; :s[t_
c ^{a\$} != lszi] kxf8l -n3syf	c ^{a\$} @^= nlntf bf]f]l -Psf]sL
c ^{a\$} != ultfs]z/l -n3pk]of; _	c ^{a\$} @*= /fw]ofd n]f]n -uBslj tf
c ^{a\$} @= r]b]sf]t cfrfo{-/fli6@JolQm]j	c ^{a\$} #= b]l g]fn -5b]slj tf
c ^{a\$} != cd/s]tf/ k]vfg -/fli6@JolQm]j	c ^{a\$} #@= l]bo lu/l -dQm_
c ^{a\$} ##= ; ldf df]g]w -syf	c ^{a\$} #=\$= j]f /fgf -uhn_
c ^{a\$} #!= k]f /fh]b] ; j]b] -; dlff_	c ^{a\$} #^= g/]b k/fz/ -5b]slj tf

≥15 ≤

≥14 ≤

hō 8fBfdfl

g/fb/fh kf8]n

Pp6f dWod j ulb hflu/sf] l/6fo8{ hlj g . cWof/f] p0/fw/ . klnx] hlj g xNsf lyof] t/ lxfclfh l5gl5g] afjem aGb} cfP5 . klnx] slt cfefgl / ; krf nfrYof] . clxn] cf] ; nf] clg l; sl; s nflu/bf] eP5 . r/l h:t} kn{ p8g] sfot lbgfglbz sxl e2f sxl ux] / c; lhn] nflu] eP5 . cfkn] cfknhf0{ c^7af/f] k|tlt xg] /x5 . cf^g} b|xj lf cln s?k, cln skmNnf] , cln lgd5/f] / lgtft vflq] cg'ej xg yfn]5 . h:tf] xf] To:t} b]vfgf klg dg gdfgg] /x5 . gfgf gfly/l 8]G6^k]G6^a, dd[t; Def/, ; kfr6 u/y ; w] k] ; aGg dg nflu/bf] /x5 . goff k: tf]sf cufl8 cfk] ; Eo, ; lfd / hflgkmsf/ 5' eGg] cx+hflubf] /x5 . l; w] x]/xbf cf]f /; fpg] /x5g\ ; f]m km6fkml6l lx8g] hdsf] ubf] 9f8 emSg yfn]5 . v'sf clgolqqt aGb} na/g] eP5g\ kf0nfx? oft 6]S5' eGbf ptf 6]sg klg] /x5g\ t/ c?nf0{Tof] b]vfgf dg gdfgbf] /x5 . ; xh aGg vflhb] u/sf] s]qd lx8f0 b]Vt} c:j feflj s nfu/ c?sf] cf]fdf clNem k]bf] /x5 . ; flrf0sf tGtx? ; ls]l v'slnb} uP/ lzlyn ag]5g\ sof / - Ps y]s eGg vflhb] cs]y]s af]ng] eP5 .

ctltcf cg]s vfn] cg'eitf kqkqj rfax? a]nfavt :d]tk6ndf vNb] /x5g\ . slt a] ltg} cg'eitnf0{ dl7f] j f0f] lbp/ d]noj fgN; hgf kl: sg] /x/ hflubf] /x5 . k] / plta] } cN5l nfu/ cf]fbf yftl /xsf] ; Demgfnf0{la: tf]j] ; d]tn] 9fSt] nlu]bbf] /x5 . sxl rfxgxf? goff gfhf cf]sf/ lnP/ obfsbf ; Nanfpg] /x5g\ k] / ; :ki6 aGfsl lng g kfpb} t]lx]b} x/fP/ hfg] /x5g\ s'g} cfs]ta4 e0xfn] klg s?k, y]qf] Wj zjf zjf ctltcf Jofdf]xd] n6kl6P/ lnxnf]d] h:tf nflu] eP5g\ afSnf] r: dfleq s]b cf]fvx? cN5l df]gbf /x5g\ ; jt] s]uhdf 3l/3l/ kf]vg clg xftx? s]nd ; dft] cg'ej nf0{ j f0f] lbg plt ; f/f] /x/ g ug]eP5g\ ; w]ef]n u/fh]f]eg] 6fb]ug]dhf cf]pg] /x5 . s]bf]s]b]x? lh: Sofpg yfn]5g\ - .afaf eGg' t xfd] s-s; s] gfd s] s] x] d] lrlg/fv]sf gfg]sf gfd ^ofS eGg g cf]fbf] /x5 . gfgfy/l ; fgfltgf s/f ; flw/xbf luNnf u/] e]nflu] /x5 e/fe/lx?]n] klg . pg]x?]n] v]n]rn]sf] b]Vt} emsf] nflu] yfn]5 . x]nd'n, xNnf, xs]t b]vPsf] cf]w dg g kg]eP5 . Tof] lgb]ff afn; + f/ s'g} cj fl~5t k]tikw] {hdft k]tlt xg yfn]5 . ck]xf: okfq aGb} uPsf]efg kg]yfn]5 / cf]d]n]flgn]

; tf0/xbf k18fafw bVtf] /x5 . cf^g]b]gs / lgoldt ultlj lwn] cfk]n]f0{ n]Hht kfb] nu]5g\ slt s'/f eGg ldn5g\ slt ldNbjg\ - t/ ldNg] s'/f eGg} klg ; lgb] ; fyl gldNbf] /x5 . ax kf]Mg] kfq gkf]bf . lnb] ; G8]j ag] k]f]os lbg pbfpbf] /x5 . /ft af]emnf aGb} hfg yfn]5 . lgb] s]sd s]b] uP5 . slxn]sf]xlf /f]l, bf]xf]l, l; gdf uP klg xGyof] t/ c?sf] cf]fdf Psf]sf, xf: okfq, sf]k] if algg] 8/n] 3l/3l/ ; tf0/xg] eP5 . dg]f]~hg]sf goff gfhf klj lwx? :j o+dg]f]~hs aGbf /x5g\ 8g; af/ d; fh; G6/lt/ l8ln] ug] cln ck7af/f] nflu/bf] /x5 . ah]sl 3/af6 lg]sg] %ofp nflu]g] eP5 . s]k]b] uPsf] z/l / lzlyn aGb} u/sf xft v'sfn] . totf ghfp] eGg] ; Nnfx lbp] e]f nflu] yfn]5 t]kg yf/f] /f]dfg; n] ah]f s]ah]f ctltcf ef]u]sf / ; /a]sf ; Demgf pu]P/ dgnf0{ s]ts]To]pg 5f8]n] /x5 . a] fn'a]h]df lat]sf cg]sf] /a]lg l]f0fx?sf] ; Demgfn] dl: tisdf tf/ctf/ k]sf dfl//xg yfn]5 . ctltcf ck]f]kt, c]lfdtf / k] ~rgfx?sf] /flkn] :d]t; /0f]n] ; g; fg /ftx?df dg kf]bf] /x5 . h]gh] /ftdf b]x]l 56k6fpbf] /x5 . kf]P ldn] h]td} ; Gt]f]f u/f]eGb} tof/ kfg]vfh]sf]w]b]sf]af]wnf0{c; Gt]f]f]sf]af]9ln]a]hf s]ah]f etfe'a]n agf0lb]bf] /x5 .

lbgroffsf ; fdf]go ultlj lwn] l] ; a]ut af6f] lnP/ l] ff kfg] eP5g\ afy?d l55{ eGbf slxn]sf]xlf :6f]leq kl; g] /x5 . bf]l]df bNg] q]ld obfsbf e]ss]sp/ 6'y a] ; df kb]f] /x5 clg 6'yk]:6 rflx]bf]l]df bln]bf] /x5 . h]t a] ; b]nb]f klg /fd]l] lk]h g cf]pk]5 lh]n] kg]sf] l]s]nk 5'6]5 . d]v g /fd]f] :j fb lnP/ k/k]ofpk]5 6'yal; df ;]e^a]h]n] k]sf] a]n] yfx] x]bf] /x5 . slxn]sf]xlf xft]sf] e/ g]bf g]sf]sf 5]pk]5f, d]vsf s'g], 3fb]l] x]bf] bf]l] sf]6g] /h/n] l5of]5of agf]0bg yfn]5 . yf] / ; bl]udl]h] w] c; / ug] yfn]5 . bd, afy, {3fv]sf]sf] h]n'; n] x]kt]kR5} ; tf]P/ ; f]Q/ kfg] yfn]5 . r: dfleqsf cf]fvn] a]hf s]ah]f w]sf lbp/ x]yfg kfg]eP5g\ l]z/df ; fdf]go ; bl]nflu]bf klg Psf]Ps lk]f; k]n]6P/ dlxg]f] ynf kfg] yfn]5 . vfg]k]lgdf cln tnlatn kb]f] klg kfr]glq]mf u8a8f]p/ z]r]fno l5g]x8a8l kfb]f] /x5 . slxn]sf]xlf ; fdf]go nflu]g] ?3fv]sf]n] klg c; fdf]go ?kn] ba]6/ dxlg]f]ynf kfg] yfn]5 . k; { stf 5'6]a] - ; Demgf gx]bf slxn] s]bf]sf]l t slxn] sfdbf/d]f] z]a]sf p]ah]bf] /x5 . k]5 cf^g] vNt]df e]b]tf ySsySs k5'tf] nflu]bf] /x5 . w] vNt] x]g]sf] ; d: ofn] em] u/y cf]ht agf]pg yfn]5 . pd] cg'; f/ g} z/l/sf l]n]of08x? 36a9 e]x]bf k]f]i6]6 a9]y tf/ctf/ z" cf]0/xg] eP5 . h]t k]f; ubf] klg /fd]l] glgl]P/ af]x/l k]f; fsdf ; d]t l]r; f] 6f]6f] b]v]bf n]Hht aGg]kfb] /x5 . yfx] kfp]bfk]fb] n]j :t/f] x]g'

jhoGtl #& lgaGw c^as-#

afx[s s]xl ug{g ; lsg]/x|5 . slxn] 38l x/fp/ x/yfg kfg] slxn] xftdf
 df|h fInP/ cgt vfh[sf] vfh[0] laxfg laTg] aflx/lt/ 8Ng lg; sbf kf06sf]
 kmt g/ nufpg laI; g] clg ; xofq] / bz[s xff, lsf k0f] gkf0g], pN6}
 cf^gf ctltsf ; fx; l j Qfct / p8gt] ukmdf klefj t eP/ df5g] x?
 xff, lsf] efg k/l uflj sf] cg[ej e/yxg] - a; \o: t} o:t} nflu[b] /x|5 .
 hlj ge/ l; s]sf] lkn] cf^g] j Q l; ufg]; Dd hfu/ rNg 5f8|5 . nfdfl
 cg[ej la5dfpg] dg stfstf la/fg' ; +f/lt/ p8g yfn|5 . cf^g]
 u0fsf] hu[gsf ug] OR5f ; dlt j]nfP5 . ldl8of; +f/ bM[t} ; lb) lbSs
 nflg] ep5 . ; -rf/ dfWodx? c; xoful a6bf /x|5g\ a9]; sfn hgfp[
 ebaf lj 1fkgx?n] luHof0/x] ej] nflu[b] /x|5 . wf] afhl, emfnf] k/fsf
 nj hsf] kl/xf; df gfrv]n ug] hfsf/kfq a6g]sf] kl8f lk0{g ; Sg' tf[
 t]n nflg yfn|5 . ; Gbf]x]pfsf] /8of] l6-el= km6f0lbpf h: tf] emsf] nflu[b]
 ep5 . n]vk9 ug] k/fgf] afgl eP klg ; donf0{ klqmg g; Qmf ; f]r0
 lj z^vn eP/ ofptf 5l/g] k]vg] /x|5 . p7fg] hfu/ rNg 5f8|5 .
 cn5l/ af; l dga6 tfhf /rgfx?sf] l; hgf c; Dej a6g yfn|5 . of
 cf^g] : t/ cfk]t cf]g g; lsg]/x|5 . ptf /rgf g 5flkPsf] kl8fdf
 /ylygP/ ; Dkbsnf0{bf]if lbg dg nflu[b] /x|5 . ctltf] ; f]bf kln6g].cx[
 clxn] s]07fsf] j if kfg u/l bg]b]g} ; 's/ft a6g yfn|5 . s]g] lbg gfdl
 vfn] n]vs x]g]sf] gftfn] yk]k'/sf/ ; Ddfg xft nfuj xgg] clxn] klg
 Tox] eld pu]P/ rf6l /xg cfg]b cfpg] /x|5 . ; don] n]tof0{ ; Sof]
 ; flxTosf lj wf, lj lw, lj wfg, eff, ej, lj ifo sxflaf6 sfxf] k]f] - z]h],
 lj Da, k]tlsssf kv]f s]t km6km6fP - cf]d; ft ug{g; lsg]/x|5 . s]bf]
 /rgfz]n goff n]vs pb]f0; s] xgg] pg]x?sf l; hgf]sf] ; Ddfg ug{
 ; f6f] pn6f].d] 7ls] /6 nufpb] cf]ds]gb]t agy/ 3f]q]m] k]mfp] afgl
 k/]5 . cf]dZnf3f] Ps; ']/fu cnf]g dhf cf]pb] /x|5 . sf]x]l ; wf]
 kf7s e]6xf]n xQkQ af]nfP/ cf^gf] /rgf ; 'gfP/ af/ u/fpg] /p; rNg
 yfn|5 . cf^gf ls]tfasf] rfa]le8fpb] /kl9bjp; ; dl]ff n]vbjp eg] x0'
 agfp[dg hf] nf]l] /x|5 clg kf7sa]f] kof]t ; Ddfg / ; f]fb{ g kfPsf]
 u]gf; f] klg ; u; u] kf]ng dg nf]l] eP5 . a]hfavt 5f]p/xg] gf]g y/l
 ladf/lx?]n] tf/ft/ em]sfpg yfn|5g\ olt-h]n ef]b] cf]psf] ; 'g]nf]
 b]zo; +f/ r6Ss] 5f]8/ clj lbtlt/ hfg] lbg cf0{g} ; Sof] ls e]g]
 cfz^sf] ysd]fg agfpb] /x|5 . kqklqsfdfly k/]sf] klxn] b]l6
 ; j ul]bx?k]tsf] ; dj]b]gf- z]lif]s, kf]bf clg ltgsf] pd]lt/ tf]gg] eP5g\
 .a]xd ; To+hulGdYof] cf]lb z^a]s/frfo]sf] c]t]f bl] c]wo]ld bz]gdf k/]f
 lj Zj : t a]g ; lsg] 5 ls s; f] xf] < hlj gs] elj io g} cf]wf/xlg,
 c]wsf/k0f] /eofj x nflg] eP5 . 1fg, el0m sd{ st} s]g] klg

jhoGtl #& lgaGw c^as-#

ofu; fwgfd] cfk]rhf0{ ; dl]ft ug{g ; Sg]sf] k5'tf]n] KR5df0 /xg yfn|5 .
 cfk]n] eld 7f]g] cf]psf] c]wo]dl]r]tgdf a]xf] ; a]g]sf] j z]tn] nv]b]g
 yfn|5 . ; f] f] /s ; d:ofsf] h8 d]o' xf]pg, df5] : j o+x]f] eg]sf lyP-
 xf]08u/n] . TolQ s]f klg cf]d; ft ug{g ; Sg]n] leq]eq} v]f]q] kfb]
 nu]5 . s]ft/ agfpb] nu]5 . h] ePsf] gfd ; gfd snq ; g]lt >l; DkIQ
 Psf]Ps 5f]8/ Psn] hfg]kg] cf; Gg] l] ofu-Joyfn] dg t]n] 'n tNa'n x'g
 yfn|5 . hfbf c]Ss/ c]gs]6f/ s]t] af6f] nflu]kg] x]f] ; j u{g/s s]
 s]t] 7fpk?df klg]kg] x]f] e]g] k0f]g x]g]h] ; w] ; zou: t agfpb] /x|5 .
 clj lbt elj io?kl c]go]hn] c]gw] /f]f; ag] lg/gt/ nv]b]t] /x|5 .
 slx/fsf] sfu a6bf /x|5 . f]r]0-; denbf/l hlt . 6f]9f]6f]9fsf]c]1ft ; +f/
 lt/ sf]f v]f]b} pbf; pbf; ag] cfk]t stf stf x/f0bf] /x|5 . ; w] ; t]l
 cf]psf] ; lhn] c]R5df]g, TolQs] si6k]b nflg yfn|5 . sdn] g/d
 la: t/f p} klg laem]pg yfn|5 . stf hfp] s]u/f] s]g u/f]sf] 56k6ln]
 l5gl5gdf l]rd]6/ l]r6l]r6] kl; gf knfpb] /x|5 . lj gfsf/0fsf] c]GToxlg
 56k6ldf ; do laTg] eP5 . obf]sbf 3df0nf lbgdf klg P]g x]g yfn|5 .
 a]nf s]a]nf o; f]cf]f nf]l]b}v]/l 8/ nflu] ; kgf b]Vg yfln]P5 . c]go]hn]k0f]
 elj io- c]flwn] j /k/af6 3/f xf]nb} ba]b]g yfn|5 . c]1ft, c]kl/xfo/ /
 clj h]b c; Gg] l] kbf]n] x/l ag] el/kx/f x]bf] x]ofpg yfn|5 , g]b]f]
 s]6f]p/ 8f]8fkf/l x]t]ofpg yfn|5 . vfg]lgdf c]^gf]l]r / ; j fb -a:j fbsf
 lj ifo kf]v k/]5g\ a; p7df goff ; Gtfg / kl/j/f/ hg]x?sf] pk]ff s]f]8f
 ag] laem]pb] /x|5 . cfk]t cln 3fd6 cln c]f]ofxf a]b] u]psf] k0f]g
 xl]b] /x|5 . ptf eg] slxn]s]flx] 3/fo; l Joj xf/df cfk]t r]flx] ; fdf]o
 do]pf klg e]Ng yfln]P5 t/ c?]n] To} ; u/l cf^gf] el]nlb]p b]Mv nflg]
 eP5 . s]x]f cf]0of] s]e]0of] eg] v]n]b]n] nv]b]t] /x|5 . s]x]g]Yof]
 / e0Pg e]g] c]k]f]kt / n]3'tef; n] dg s]l]8bf] /x|5 . cfk]jeq x/fpb]f
 x/fpb]g /fd]f; u c]f]8fx]f 5'6t] /x|5 . a; .
 ; lkfk]v]/ * , l; Gw]kfNrf]s .

V

s] tkf0[n] xfd]l j]a : f08 x]g] ePsf] 5 <

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r̄tgr

Iadjh

klnx] klnx] dflg; x?sf] kVf] r̄tgzln / l j]szln e0; s]sf lyPgg\Toltv]/sf dflg; nf0{ dfG5] egl l:j sf/Psf] klg lyPg lsqsls lbdfun] r̄tgfsfult ln0; s]sflyPg, h; sf]sf/0fn]Toltv]/sf dfG5]nf0{ klg hgfj /s} ; f]f lb0Gyof] / clxn] klg lb0G5 . ; do qmdfg'; f/ l j leGg hgfj /x?dW0]dfgj aGg]hgfj /sf]lbdfun] r̄tgfnf0{: yfol ?kdf lgDTofof] h; sf]krm:j ?k r̄tgzln hgfj /df Tof hgfj / l j sf; eof]. oxl hgfj /nf0{ g} dfgj egl kl5 gfdS/0f ul/of] lrDkf-hl - xfdf]g8 - dfG5] .

cfhefjn t h'g; 's} dflg; nf0{ klg r̄tgzlnsf] pkdf le8f0Psf] xG5 t/ s]; a)dfg; x? r̄tgzln 5g]t < a)dfg; r̄tgzln e0lb0Psf] eP cfhsf] ; +f/df Ps dfgj csf] dfgj eGbf lsg 7hf] / l j lzi6 aGgsf] nflu dfgj -dfgj sf] xTof ug{k klg kl5 gkl//x]sf] xf] <

r̄tgzln egfpbf dfG5]x?sf] dxlj fsfa]ffn] ubf] r̄tgc g} vhl/ o; l j Zj ; fd' ult lng g; ls/x]sf] tYo xfdfl] ; fd' 5n]NPsf] 5 . r̄tgzln dfG5]x?n] cf^gf] l j j]seGbf klg glur j : t'ut cfj /0fnf0{ g} cfkmt 7fg] h; sf] glthfdf lhpbf] snf dlng xb} ; kttfsf] sfvnf0{ g} cf^gf] cfldt]ktsf] gf6slo clego xf] eGg] la; l j f: tlj s oyfy{ g} o) xf] egl dnhn kpfu u/l pGgltnf] v]tl ug{ yfn] . To; h] cfhefjn xfdl klg o) v]tl g} ; rfpdg l j z 5f] . xfdfl] ; DkOf] smf o:t) v]tl sf] lVbdtdf u'nfd eP/ x]sf] 5 .

dflg; sf] r̄tgc klnx] hlt hfu/fd cj : yfaf6 ulh]/x]sf] lyof] ca t sDes0f] dldxf upgdf g} Jo:t, cN5l, hD; f] dtj fnl df]xglsf] lfl0fs df]xdk km]b] u0/x]sf] 5 . dflg; sf] r̄tgfn] edsf] jf: tlj stf lk0/x]sf] 5 h; sf] krm:j ?k p; nf0{xsf] df cfpg g}dg nflu] b] . lgGbf g} l j kgfsf] ; +f/ 7fG5 . o; /l nlp]Psf] 5 cfhsf] ; Eotf dfgj ; Eotf . r̄tgzln lqmofsnfk .

dfgj sf] r̄tgc s] xf] egl yfxf kfpg klg snfsf] lgtfb] cfj : ostf dx; ' ge0{x]b] . snf k]kt ug{sf] nflu klg cEof; sf] lg/Gt/tfnf0{ cfkmtdf ; dfj]z gu/l x]b] . cEof; sf] lg/Gt/tfnf0{ h; n]c7f]6sf] ; fy cv08sf] glur k]t ofpg ; S5 p; nf0{ 'ud ky ldN5 . c7f]6sf] lg0fb ug{ klg cf^gf] cd't] klf h; nf0{ d ; tt]j cx+egy/ lrG5' nf0{ cf]dlj Zjf; sf] ; fy; fy} cg'; f; gsf] klg cfzlj fb rflxG5 . hlj gnf0{

; /n; 'ud / nlf]t agfp] d't] j f cd't] hlt klg ; s/fds dfgj lo lqmofsnfk? 5g]t ; ahf0{ snf egl d l:j sf5] .

snfsf] ; l'd ?k ; 'ef] gf xf] eg] c; l'd ?k kf]s]ts ; frgf xf] . ha; Dd snfsf] ; l'd ?k cf^gf] dfg; k6ndf :ki6 x]b]g ta; Dd c; l'd kf]s]ts ; frgfaf] blj wf xG5 / edsf] cl: tTj gl:j sf/lsg a:g klg ; ls]b]g . o: t]f] cj : yfdf nfe j f xflg klg cf^gf] lh]bul]sf] ; f]f]f0df xfal e0{ p; sf] cg?ksf] k]7k]f]s l j sf; ug{ kls nflu] eg]sf] k]h/ klg ; xh xf]g eg] eGg] cf]b ddf 5g . ed] eg]sf] klg oxl g] xf] .

dfgj dl: tisdf r̄tgfsf] hGd ; xh?kdf ; Gt]nt 9a]nn] ePsf] x]bf o; nf0{ cWoog ug{ j f o; af/df hfgsf/l lng klg xfdln] ; xh ?kdf o; ; Eotfn] l; sf]Psf] wd] sfgg; ; +sf] j f ; fdf]hs /l]tlylt eGbf k/ uP/ h'g; s] r̄gft]sf] wf/nf0{l:j sf] ug{ dgf]an ln0; s]sf] xgk5{ clg dfq r̄tgfsf] ulx/f0nf0{ d]6b] hfg; S5f] . cGoyf r̄tgfsf] af/df klg xfdlnf0{ blj wf g] x'g hG5 . xfdl klg cf]v/df l j Zj snfsf] Ps ; l'd gdgf t xf]cf]b clxn] / cGtosf] c66 cleky/0fn] lgdf]f u/]sf] Ps lhpbf] snf, h; nf0{ h; n] lgdf]f u/]sf] 5 To; h] gf; u5{ .

o; / l lgdf]f ePsf] lhpbf] snf] cfkmt] cj l:yt syf hgdf; df /a]nsf] /x:o n'sfpbf, aflux/l /a]nsf] agfj 6ln] k]ofu t xG5 g]t/ kl5 p; sf] c; nl cg]xf/ lnP/ cs] /a]nsf] kl/0ft e0lb]bf, Pp6f k0f]lrq g] c; krm xg hG5 h; sf] glthfdf lhpbf] snf]klt clj Zjf; sf] z^sfn] 8/f hdfpg yfN5, clg t cfkmt, u] ePsf] ; 'v zfl]t / k]ultsf] v]f]hdf lh]bul g] nu]f g] u5{ t/ hlxn] klg sfsf]t]sf] ayfgaf6 aflux/ lg:sg ; Sbg . dflg; sf] kl/dflh]t ?k kf]{ rf/ xft v'Sh] g] kfng kf]f]f0f u/]sf] oyfy]sf] cufl8 xfdl cfhsf] ; +f/]sf] af/df w/]g] hfg] e0{ t; Sof] t/ s'g] klg s'/fsf] kf]s]ts cfwf/ gln0sg s]xl s'/f ug{ j f ; f]Rg ; s]sf 5f] t < To; h] l j Zj snf]af6 p]k]Q ePsf] r̄tgfn] oxl l j Zj snfsf] ; xofuaf6 g] s]xl ug{ ; S5, of] s'/fb]v af]x]s csf] s'f ; To 5g eGg] s'/fdf d l j Zj : t 5' . l j Zj snf / r̄tgfsf] /x: onf0{ hlt cf^gf] agfp] hfg ; Sof] Tolt g] e]b vNb] hG5 / cf^gf] cl: tTj sf] af/df af]w ylk] hG5 . of] g] kf]s]ts ; To xf] .

dflg; nf0{ ; dflg; af6 s'dflg; aGgaf6 /f]Sg] Pp6} s'/f s] xf] eg] p; sf] o; ; +f/k]tsf] wf/0ff s] xf] < p; sf] hlj g bzg s] xf] < cf]b 0Tof]b s'/fn] lgwf/0f u5{ bz]gn] p]GdQmdfG5]nf0{ s]xl lgoldt cg]z]f] ; t Jofod ug{ bafj lbg5 h; sf] ; /n pkrf/ k4ltnf0{ slxNo] klg pkef] ug{ o; cfwlgs ; Eotf nfnlot b]v]b] . bzg g] dfG5]sf] zfl]t ; 'v / k]ultsf] af]w; Tj xf] . bz]gsf] bafj ePsf] Pp6} sf/0f s] xf] eg] dfgj j f

jhoGtl #& lgaGw c^as-#

Igldft bzgnf0{s} yfxf 5 eg] cfhegbf %) -^) s/f8 j if{cufl8 cfhsf] df5]sf] ?k ToxL Ps sfjflo hlj t lyof] lg . df5]sf] ?kdf cfpgnf0{ w/} g} r/0f kf/ u/lv cflv/df j gdf5]af6 df5]df kl/0ft eo] eg] ca k]l/ klg df5]nf0{ egbf klg cemlj sl; t >pfldf hfgsf] nflu g} bzgn] cf^gf] cl: tTj sfod u/sf] xf] gq t bzg klg ca t lgbf0; s]sf] xg] lyof] . jf: t j df bzg eglslf g} hlj g xf] bzgn] hlj gnf0{ hlxNo] klg ; sf/ftds ; fy lb0g} /x]sf] xg5, vfnl o; nf0{ a%gl j f dx; ' ug] cf^gf] / lj Zj snfsf] kltlqmfsf] glthfn] lgwf/Of ul//x]sf] xg5 .

bzgn] dfg5nf0{ lqsfnbzl[sf] cdt{ bl6sf0fsf] cv08 sltg
nuftf/ ?kdf ; 'gf0/x]sf] xG5 h; sf] :ki6 klefj nj dfg5nf0{ lxhf] cfh
/ ef]nsf] af/df ; xh 1fg lbnf0{ lbg tfut /V5 . ha dfg5sf] lbdffudf
klxn] clxn] / kl5sf] af/df hf6g] pt; 'stfsf] efs hfU5 ta dfg5 s]
s'/fdf ; xdt xq kll5 eq] p; sf] cl: tTj sf] dfq] q) s] t cfly/df <

ha p; sf] 1fg b[16sf] k]nfj 6n] p; sf] cf]nf]t]ds ?k, cj l:yt
?k / efj l ?ksf]c; lldttf gfk]g v]fH5 ta p; n] cf] ^gf] u]f]t]o ofqfnf]o
sf]g] xfntdf klg ; 'udaf6 b]d agfpq rfxbj] t/ xfd] cfhef]nsf
; Eotfdf o: tf] k]rlnt rngsf] k]r]/tf egl b]v]bj] lsq]ls ; a] g]
df]g; x? ef]ts ; 'v / cf]nf]t]ds ; 'vnf]o kf/bz]s tl/sfn] xl]g]l]r
g]gu/l]sf] oyfy(xfd] cufl8 5. ; 'uds] v]f]hdf b]d dfq kf]ko 5. o; /L
bz]gn] r]t]gfnf]o(hufpg] sfd u5{. j f: tj df bz]g eg]sf] hl]j g af]rg]
hl]j g xf]. hl]j g eg]sf] cf]nf]d xf] / cf]nf]d eg]sf] sfn xf]. sf]nsf]
cufl8 klg s]x] 5g / sf]nebf k5fl8 klg s]x] 5g . ; To g]oxl xf].

; To efg] zAbn] cfhefn hlt dgftf k|kt u/xsf] 5, Tosfegbf klg
km/s cj :yfdf ; To cjl:yt 5, h; sf] /x:oftds ; To em08} cdhnsf]
kofbj frl ; fy lbg pkl:yt phnfj hlQs} ; To 5 . To; hn] ; Toleq Pp6f
o:tf] tltf] ; To 5 ls hg ; To c6n ; Tonf0{ klg dfy ul//xsf] xG5
; Toleqsf] ; To a%g' eg]sf] hlxNo} klg yf/} g} xG5 . of lg/Gt/tfsf]
S'g} klg cGTo 5g . oXL g} ; To xf] . ; To Ps o:tf] kxfr xf hg slxNo}
klg elbgsf] nflu ; w} g} sfnsf] ktlfiff ul//xgk5{ To; hn] ; Tosf]
ulx/f0 gfk(b) eg] hfg rflxf ; S5ff t/ o; sf] klfw eg] elsfpg ; Sbbf]
lsglsls oxL g} ; To xf] efg] kleTj dh] lnPsf] 5' . sfn g} clGtd ; To
xf] . d/f] cfwnofTd rltgfn] dnf0{oxL g} s/f ug] bafj lb0g] /xG5 .

r]tgsf] y'gj f0nf[e]dsf] kx/ln] cfhsf] ; Eotfdf Gofo g)
ul//x]sf] k]rf/ k; f/ cg?k ; DkOf[dfgj ; Eotf cGofhsf] l:yltdf
u'h/xg' k/]sf] 5 . r]tgsfk]t lhpbf] snfsf] pbf; lgtn] g} cfhsf]
; Eotf q/s eflq afNo 5q\

j h o G t l # & I g a G w c a \$ - #

xdfln] cfklnf0(slxNo) klg r]tgzln j f a'em[sf] dfg5] ; Dmg hf8
u]ofit < ug{ t u/]sf 5f} vfnl To; sf] cfj /0fnf0(dfq ejf nf0(xf]pg .
; Tt]j cxef klg r]tgzln oyfyhf0(wf/Off ug{; Sgk5{. o: tf]cEof; df
tNnlg ; fdflhs 0ltxf; qmd klg alnof b]v\bg . ha cfkln] cfklnf0(
ca'em dfgl; stfsf gsf/ftds kleTj leq a:g]lr ePsf] Jofj xf/stf
chdf0/x]sf g) 5f} To; h] lg s; h] s; hfo(klg c]t/cf]dfb]v g)
a'em[s8sf] ; Ddfq u/]sf] Joj xf/ q b]vPsf] xf] .

ha cfktn] cfktnf0{ ; + f/sf] ; a)gbf 1fgl egl l:j sf/sf] v08df
t c?sf bf]fx? klg Hofb} dl; gf b]vG5g\h; sf] c; /nf0{ j f: tf ubf]
klq ; sf/ftds klxrfqdf k\ofpq an k\ul q}/xG5 .

xþþg, ; +f/sf] ; aþgbf crþtg JolQmjj egl l:j sfgr[xf] egl klg
c?n] u/[sf] s'/fnf0{ cfkth] gsf/flds b[li6sf0fn] l:j sfgr[s'/fl g]
xbþg . o; /l rþtgfnf0{htfkls /fv] x/] klg j:f; t:j df cfkthnf0{; /n aþg
klV5 . rþtgf Ps s'dfn] xf] egl l:j ifo df6f] xf] . o; /l l:j Zj snf; þ
rþtgfsf] álgåt k/Dk/fn] g} cfhsf] efþts l:j sf; ; Dej ePsf] s'/fnf0{
gsfq[eq]; lsþbg .

Cfhefjn xfdflj ; dfhdf dfgj sf] afqjkgsf] / afkinn] oyfy{dfgj klg
efl] gnf0{g} kfslts oyfy{dfgj/ cf^gfl r]tgzln tGt' cfpSf] tYo klg
ca t lzz' lj Da 5g . rf8kj { ; +s[t]n] l; sfPsf] oyfy(ejf nf0{5/f
3; l vfnl 9fusf] klfj l: j sf/l al; /x]s] of] dfg5]sf] el8df ejd /
; zo l; j fo cfz klg s] g] ug{ ; S5 ejf l lk9ln] . ejf l ; Glt t ejf iosf]
tf/f ejg] Psfxfl/f] /fu ejg] cnfkly, j f: tj df ejf iosf] 6f9f agf0/x]sf]
Jofj xfl/stfnf0{s] xfdl eNq ; S5f]<

cfh xfdln] hfgly jf ghfgly dt{ ?k jf cdlt{ ?kdf /fklsf] o;
; dfhsf] dfgtnf0{ s] Ps k6s dfq klg 5fgly jf lj gyl dfq /fklsf] eP
alh a9l dfqdf ktn5 jf ktn5 efgly ejf dfqnf0{ egl klg cflv/df
sgh:of0t xblyof xflnf . dfg5h] cfkltlnf0{ dfq ; \l / zflgt /Vgsf]
nflu slt c? cfklt; /xsf dfqj x?nf0{ xTof, anftsf/, n'6kf6
ul//xslf] tYo slxn} klg cf^ gfl dfq; k6na6 cfleln xflnf h: tf] nflu bg
t/ slt o: tf dfqj x? 5g\hfl cfklt n16P/, cfklt; dlkt eP/, Toful
eP/ jf cf^ gfl Hofgsf] Ps lfl0f a/fa/ klg gugly c?nf0{ arfpbf jf
c?nf0{ ; xofu ubff g] cfklt affr]sfl ; Delf5g\efg] ejf df g] cfklt
lgo6q0f xg cgt/cfldfn] s/ ub]; ttlj cxnf0{klg lg/fsf/df pkl:yt
u/fpbfbf dfq oyfy{kflvP ejf nflu5 .

ha cf[~]gf[~]oyfy(cl:t)j ; kgfsf[~]/a[~]df d[~]ut[~]ffnf0[e'n]/ l[~]rng ug(yfN5 ta p; sf[~]cx+edsf[~]ed/ldf slxNo)pqg g; Sgj/u/l hflsPsf[~]

j̄hoGtl #& lgaGw c^s-#

ofqf kf/De xG5 . e|d g} c:ki6sf] lrdf/l xf] eGg} ; w] g} l] lbt] clj lbt] af/df :ki6 kf//x]sf] oyfy[tf xfd] ; fd' gfhfkq klg t xf]g . snfsf] lg/fsf/ oyfy{cl: t]j nf] gla; gh]n r]tgn] dnf] ot]t/ dfq 8f/f0/xG5 d s] u?f<

afqf] l; fufgsf] nflu dflg; x? o; ; dfhdf t]f8 d]f8 u/] cf^gf] cxnf0] lnfd ul//x]sf] g} b]bf, dfG5sf] of] l] r/]f klf o; 8/nf]bf] -sxfnlnfb] bnbn] -; dfh_ slanfaf6 ef] l; g]tn] klg o; ; dfhsf] g]ts lz]ff; DaGwl Jofkf/ v'a k]nfpg] k]nfpg]5g\eg] s]/f cfh g} lgSoft] ug{ ; lsG5 . k]h/ Ps k6s em]68] PSSf0] ff ztfAbLsf] 3/df a:g] o; ef]ts ; l] wfoQm dfqj n] csf] hpb] sf] snfnf0] k]t0f cf^gf] l; sf/eGbf a9l s]xl b]bf] h; /l Pp6f ef]sf] l; xn] Pp6f : j t]q; u] plkh]x]sf] gfbfg d]nf0] b]5 ls]ls k]xn] o; ; +f/ cf]nf0]tds l] sf; ult qmdf kf] of] eg] ca r]fx+o; ck0f]dfqj n] cf^gf] cx+olt a9P/ clu al9/x]sf] 5 ls] o; n] cf^gf] ef]ts l] sf; sf] d]b0]tdf] cf]nf0]tds l] sf; nf]g] cfk]h] h]dfpg ; Sg] x]f]leq l:j sf/ ul//x]sf] xf]hf eGg] efg b]vg cf]p5 .

dflg; g} dflg; sf] el8df dflg; la/n] k]hf knf] eGg] gsf/f]ds cgdfgsf] bf; Tj leq cfk]h] /xbf, s]lt 56kl6Pnf cf^gf] a%g d]; sn clj lbt d < h; nf] cfhef]n d]b0]tf / th]ssf] ?kdf klg lrdf0g] j]f]sf] cf]p/fh] cf^gf] cxnf0] z]f]tsf] ; sf] x]sf]sf] cx]sf] dhaf6f] 8f/f0/x]sf] 5, h; n] ubf] o; lgb]z hpb] sf]snfx?sf] ; d]bfodf ; V z]f] / : j t]q; u] afRg] lgt]f]t d]f]ns cf]wsf/ klg .s]f]sf]b]lsf] Vofn Vofn Eofutfsf] sf]nf]eg] e]f]v] ; 0/x]sf] 5 .

o; cf]wgs ; Eotfsf r]tz]ln egfpbf enfb]lx? o; k]sf]tsf] ; l]6x?nf] gu/j w]sf] pkdf lbP/ ef]gl] ; fwg agf0] aflux/L ?kdf x]hf u/]e]f]u5g]t/ pglx? of] s]/f r]fx]f j:f; tf g]ub]gg]s To]f gu/j wh] t cf^gf] b]x dfq lnfd af]ntfn] u/]s] 5] cf^gf] k]bsf] nflu, t/ pglx? t cf^gf] cxnf0]g] lnfd ul//x]sf] 5g\bx]sf] t]f]fs l] gf]bsf] nflu . z/l/ aRg] / cf^gf] cf]tdf aRg] s]g a9l ck/fw xf] egl ; fl]df k]h/ pglx? g] z/l/df cf]tdf a:g] x]gn] z/l/ aRg] g] a9l ck/fw xf] egl Gofo u/l g6f]k]Nnf]g]eGg ; ls]b]g . cf^gf] lglxt : j fy(k]t]t]ug{ r]tgnf0] g] e]dsf] / a]df / a]fPkl5 r]tgf dfq eg] k]b]g, r]tgsf] cu]f8 csf] clf/ c klg hf]gk5{x]hf h:tf] dnf]nf]5 .

d]h] dflg; nf] a%bf d]f] cf^g] cg]el]sf] t]Yo ef] sf] kl/efiff c]tu]t a%b] / dfqj lo r]tgf hufpb] sf] ; df cf]Psf] 5'. cfhsf] lbg dnf] o; sf] k]sfzg lgoltn] bafa lbPsf] sf]0fn] ubf] d]h] klg kbf]

j̄hoGtl #& lgaGw c^s-#

x6fP/ pb]sf6g ug{ v]h]sf] xF . kbf]sf] pb]sf6g nuQ} s]xl lnk dfg; k6nn] cd]tkf]sf] ; Ddfgn] cg]u]xt b]v]0xf]Nof] ha; Dd Pp6f df]5sf] x]pofdf c]66 ?kn] d]f]5k]ltsf] st]o kfngfsf] r]tgf h]f]sf] x]b]g ta; Dd Tof] df]5] ?k / cfs]tdf df]5] h:tf] eP klg df]5] xf]g a; cdfq]if xf] .U p]v]sf] dd{ To; h] a%5 h; n] psfnf]sf] nf]f] ; U l; ofn r]f]f]ldf ysf]0 dfbf]pu]P/ a8f] /df0nf] ; u] al; /x]sf] xG5 eg] e]f] dnf]0] klg dfqj lo dd]h] cf]f]nf] nflu/x]sf] dflg; sf] af/df h]f]g] pT; 'stf h]f]sf] sf]0fn] ubf]csf] o: t} dfqj lo s]6'; To oyfy[t/ k]h/ b]s d]f]xt e0]h]Dg / cf]g]b] l]ng dg nflu g] xf]Nof] .

.s]g] klg dflg; ha s]g] csf] dflg; k]t s]g] klg dt{ j f cd]t{ ef] df x]flg k]ofpg] sf]ddf nflu/x]sf] xG5 j f To; k]sf]sf] pB]f]udf nf]sf] xG5 eg] Tof] dflg; dflg; geP/ cdfq]if xf] .U

cfhef]n o: tf k]sf]sf dfqj lo lnk h]lt ; lsG5 Tolt pkfon] d]b]g v]h]sf] h:tf] Joj xf/ o; ; Eotfdf b]vg cf]Psf] 5 ls]geg] ef]ts l] sf; n] cf]nf0]tds l] sf; nf]0] cf^gf] k]b]f]0f]af/f k]lef] t kf/l] j ifd Hj /f] nuf0/x]sf] cfhsf] kl/k]f]df of]eGbf a9l cfz klg t o; cf]wgs egfpbf] dfqj ; Eotfdf s]g] ug{ ; lsG5 / < df]5sf] d]6' t 5 t/ x]bo 5g] . x]bo klg b]v]G5 t/ sf]dn ef] 5g] . sf]dn ef] s]/f]Hodf klg oyfy[cx]sf] cl: t]j 5g] eg] d]6' t 5 eg] nf]h df]g]kg] l] ifo klg alg; s]sf] x]g]kg] ls]ls ox]f] Ps]n] csf]nf]0] k]8f lbPsf] a]h]fdf, s: t]f] a]/xd U d]6' g] gePsf] df]5] / x]5 eg] r]ngsf] k]r]/tf b]v]G5 . o; sf] vf; sf]of cfhef]n df; 'sf] cf] /0f] d]6]n] g] ; dfh Jofkt e] ; s]sf] j f: tl] stfsf] cl: t]j b]v]G5 . o; h] ubf] d]6' zAbn] ef] geP klg ; Ddfg kf]Psf] 5 . olb d]6'sf] oyfy]kg a]e]f] ; Ddfg u/]sf] eP t d]6' klg leq]v k]k]h]n b]v]Yof] xf]hf t/ cfhef]n d]6'sf] sf]dn]tf, k]j qtf, cf]d]lotf, /ntf / ; g]h]ngk]g] cf]lb ef] nf]0]5ft]leq /f]Vg] r]ng e] lnf]0] 5ftf eg] e]f]e0] So] ca t .

htftt] hpb] sf]snfsf] d]6'sf] d; fg a]g] t]dt]t/ lrxf]gsf] em]s dfq b]i6 u]f]r/ 5 . d; fg] e]tnf]0]g] cf^gf] cf]bz[7f] cf]Psf] dflg; sf] d]6]eq 5n, sk6, a]df]gl, Jofwf]kg / x]t]f]kg cf]lb 0To]fb g]x]g] xf] eg] t k]h/ k]h/ ol cf]wgs egfpbf dfqj n] cf^gf] s]n b]j t]f]nf]0] s; /l v]; l kf/l l/ em]pg] . pglx?sf] l] l]zi6 bz]gdf klg ef] l b]j t]f]nf]0] s]g] cf]b/0f] : yfg 5g] .

df; 'sf] 8Nnf]nf]0]g] d]6' eg] k]hf / cf/tl ul//x]sf] a]h]fdf s; /l cf]nf0]td cxnf0]l:j sf]g]ha; Dd df; 'sf] 8Nnf]sf] /f]H o r]N5 ta; Dd dfqj lo ef] gf k]h]ng k]h]ng kf]0g] 5g] eg] cfh g] lgSoft] lgsf]Ng

j̄hoGtl #& lgaGw c^as-#

; lsG5 . xf] ls xf]g t < j f: tj df df; 's] 8Nnf]nf0{ oyfy{ d'6df k]/0ft x]g cf^gf] cxn] af]x/l cfj /0f dfq b]v/fP/ k]lb]g, To; s]f leql ; tt]j cx+klg lr]fgpgk5{. d'6's]f cfj /0fdf d]d0fs] ; '1db]v h]6n; Ddsf] kf7 dfq k9fPs]f x]65 eg] ; tt]j cxn] cf]nf0Td 1fg b]li6s]f df]n]od ck]gfP/ lj j]snf0{ Gofosf] t/fh's]f af/df klg c]6' ?kn] lb]o bz]g lb]n]f0/x]s]f x]65 .

d]dQf lx] f]ts / c]Gofol 5 eg]lj j]s alnbfg] / Gofol 5 . o; /l d]dQfn] kl/qf; s]f /f]Hodf lj j]snf0{ h]j h]t; u oftgf lb]0/x]s]f sf/0fn] ub]f df]5s]f o; cyfx ; fu/df j f: tl]j s x]bo e]Ps]f df]5 k]nf kg] s]l7g e]Ps]f dx; ' x]65 . d]dQfn] d]flg; s]f 3d08 b; f]b5 eg] ; tt]j cxn]lj j]ssf] ; xhtf k]bz]g u5{. d]dQfn] d]flg; nf0{cx]sf/l ag]pb5 eg]lj j]sn] d]f]g nf0{ ; /n / ; 'ud u]f/b]f]d]v u/fpb5 . d]f] snfn] r]tgfs]f r]gf/l o; t]k]sf/n] ug]u5{. r]tgfs]f lg/ct/tf]eq d]f] snfs]f k]x]r k]t/ klg g]ku]s]f dx; ' x]65 .

xf]f] ; Eotf x]f]g 0 h]lxNo} klg d]flg; n] d]flg; nf0{ t]le]bf d 7h]f] d]flg; e]g]e]b t]shf]f0{ ; fa]t 7x/fpgnf0{ cf^gf] lgtf]t cxn]f0{a]gbul /f]v] cf]Ps]f 5, o; /l cf^gf] h]gbul g] a]gbul /f]v] af]Rg] rng e]Ps]f?af6 d]flg; af/]s]f ; sf/f]ts l]rgtgn] ult l]ng ; s]g eg] /s]g cf]z]o{df]g]kg]5 / < d]flg; n] d]flg; nf0{/fh u/l cf]Ps]f ; Eotfnf0{ g] cf^gf] s'n wd] ; Den]l cf]Ps]f ; Eo enfb]l]x?af6 h]lxNo} klg d]flg; nf0{d]flg; e]gbf 7h]f] ; fg]eg] kf7 k]9fpg g] cf^gf] cfh e]Ps]f ; lk / h]fu/ vr{ug]kl//x]5 t/ klg ; k]ntf xft nflu/x]s]f 5g] .

Ps ; lfd d]flg; n] lgw]f d]flg; nf0{ cfj /0fdf t 9fNg ; S5 t/ cfj /0fnf0{ 5f]8g] k/ klg cf^gf] cx+lnnf]d ug{ gr]fxg] Tof] ; tt]j cxn]f0{eg] s]g] xfn]tdf klg 9fNg ; Sb]g t/ klg ; lfd d]flg; x? c; lfd d]flg; x? s]f cxn]f0{ /f]Ho ug{ w/] g] k]o]g ul//x]s]f t x]65g]g] t/ pglx?nf0{ h]lxNo} klg df]g] s]f cxn] l]b]f]x ul//x]s]f af/df y]fxg] g] gkfP h: t]f u/l ; tt]j cx+kfNg] df; ' x]f8s]f y]k]nf0{ dfq e]P klg h]j h]t; u lg/a]s]z cdf]g] lo ; f; g ug{ v]Hb5g] ; lfd d]flg; x? c? c; lfd d]flg; x? s]f cxn]f0{ /fh ug] ; f]rf]0df cf^gf] ; d]t cxn]f0{ ; '1d ?kdf lt/: s]f/ ub]f ul//x]s]f s']f af/] j f: tf g] 7f]b]gg]t/ To; -lt/: s]f/ tx af]Snb]uPk]5 tl clu; Ddsf] ; lfd d]flg; ca c; lfd d]tdf klg s]x]l a]f nflu]g] ls]gl s]f c]f]k]ndf ; fx] b]m]L e0; s]s]f x]g]5g] . Itglx? 6f]n]fpg y]fln; s]s]f x]65g] . ca o:tf vfn] ; lfd d]flg; x? s} dfq /f]Ho ; f; gdf of] lj z]f df]g] x? s] r]flx]f a9l cf]zf ug] < oxff t df]g] s]f ; Rrf khf/lnf0{k]g zf; g ug]rng 5 .

j̄hoGtl #& lgaGw c^as-#

d]flg; n] d]flg; nf0{9fNg t ; S5 t/ p; s]f cxn]f0{l]hTg eg] ; Sb]g e]Gg] s]f/s]f klg ; sf/f]ts lanfk 5 . vfn] Ps]l5g wb] ug]k5{ . d]flg; -d]flg; df s]f]x]l klg 7h]f] / ; fg]s]f l]s]No} klg lyPg, clxn] klg 5g] / ef]n klg x]g] 5g] . d]flg; n] d]flg; nf0{l]hTg' 5 eg] ; lfd d]flg; klg c; lfd d]flg; k]t Tofu, ; dk]f, alnbfg, Tofu / tk:of cf]bs]f ; a]t cf]tdlo ?kdf e]Ps]f x]g]k5{ / c; lfd d]flg; klg ; lfd d]flg; k]t ; xof]u]s]f Wofg u/]s]f x]g]k5{ . c]6' ; xof]u]nf0{ cv]08 ag]fp]b} h]fbf s]f]x]l klg s; h]f0{l]hTg ; S5 . Toltv] l]hTg's]f cy{k]g k]d x]65 eg] cfh ef]n 9fn] / klg c; Gt]f]f] q]mf]wn] lk/n] xf] v]fPs]f cg]xf/s]f cfj /0fdf 5g] \ ol elg]Ps]f s]'fx? klg t c]flv/df o} df]g] ; d]bfosf l]hp]bf snfx?sf]cf]nf]rgf]ts v]08g g xf] . v]08g ug]snf klg ox]l ultz]n r]tgfs]f Ps cz t xf] .

h] xf] \cf]hs]f @! cf]z]tfa]b]s]f df]g] ; Eotfdf klg d]fly elg]Ps]f ; lfd d]flg; x? s]f /f]Ho zf; g r]ln/x]s]f 5, To; n] k]j l]s]f h]g; 's]f s]g]fdf klg o; t]s]g]llt u]gw]n] dt]{ / cd]t{b]j} ?kdf k]b]f]f0f k]n]f0{l]h]f0f d]flg; s]f p]Tkfb]gd]f ; xof]u k]ofpg a]f]o u/f0/x]s]f 5g] / To; n] cf]hs]f ; lfd j f c; lfd d]flg; s]f]x]l klg z]f]t / ; v]s]f j 0fg]d] Jo: t 5g] e]fl]g eg] kf]Ps]f 5g]g] o; /l r]tgz]n df]5] cr]tgfs]f bn]bn]df] km]b] u0/x]s]f 5g]t/ Tof] bn]bn] len]fs]f nflu dx eg] e]f]5 . h]t v]f]f] Tolt dl]7f] e]Gb] h]fbf cf]k]ll dx]s]f RofkRofkdf 6f]f; P p8g] g} g; Sg] e]Ps]f s/f t Toltv] df]q 1fg x]65 ha p; s]f 0xn]lnf ; df]k t x]g v]H5 .

d]flg; x? l] le]g ; fd]flhs a]wgaf6 c]6' ?kn] h]sl8b} cf]Ps]f s]f n] klg ca t 0lt]xf; e]gbf k/]fg] e] ; Sof] e]gbf klg c; l]hn]f d]f]g]kg] 5g] . log]lx? df]q l] le]g hd]36sf l]s]f ; dx?n] cf^gf] cf^gf] /x:os]f k]e]Tj n] g]xf]0/x]s]f k/Dk/f klg ca t afn] cj : y]fd] 5g] .

d]flg; ; fd]flhs k]f]0f]l x]f] e]g] ej af]s]l r]nc]f]Ps]f hd]36sf /x:onf0{cf]hs]f k]9h]v]s]f l] äfg]x?n] ; df]hsf k]tli7t JolQ]t]j x?n] ; df]hsf s]a]y]x?n] af]6f] cu]j fx?n] la] ; {b]P h: t]f ub]f(g) cfh ef]ns]f hd]36sf]Jof] x]f] /s]f Hofb]g]u08f]h: t]f e]Ps]f 5 . hd]36sf]dx]j e]gbf klg a9l df]qdf cf^gf]km] f]wf]ss]f k]bz]g ug]lynf]s]f ?kdf cf]hef]ns]f ; f]gf x]f] 7h]f hd]36x? pa]f]Ps]f s]f]bl]h: t]f e]Ps]f 5g] h]g pd] / klg af]6 a]g ; Sb]gg] ; 's]hu08f]s]f : j ef] klg cf^gf] cxn] eg]s]f l]j ifot]l] s]f 1fgnf0{g]6]l af]x/l cn]a]sf/s]f df]q l:j s]f//x]s]f c]j l]wnf0{ x]fd] ca]em]x?n] s] ug] <

oxff df]g] nfos] xl/ ofn]lnf0{ d] ; eld ag]f0/x]s]f b]Vbf klg ga]em] e]f]ug] d]lt]s]f af]6f] cu]j f0 ul//x]s]f o; 38ldf d]flg wf/0f ug] Dd klg

jhoGtl #& lgaGw c^as-#

of] ; Eotfn] ; ls/x]sf] 5g . d'6'sf] oyfy{ ; t¶ij cxnf0{ l:j sf/L
cfPsf] ; Eotf e]b0{ cfPsf] eP kf] cfhsf] o; dfgj ; Eotfnf0{ ; lhnf]
x'g k]Yof] lscls j tdfg ; Eotfn] et'sf] ; Eotfnf0{ kf]bf]slk ug{ dg
k/fpgls] el8 ePsf]n] o; k]sf/sf] cfr/0fsf] Joj xf/ ptfg{ sf];
uy]xf]nfg]t/ etdf klg o; k]sf/sf] Joj xf/nf0{Tolt cfldf; ft gu/V g)
t xf]nf, cfhsf] klg cfwlgs dfgj ; Eotf oxl /f]uaf6 lk]8t 5 . /f]
nfu/ h]0f{x} u0/x]sf] dfgj ; dfhsf] l:ylt cWoop ub] hfbf s] ca
cf]fwl; Ddsf] klg s]/f p7fg ug{ ; a]sf]r lNgk5{ / <

dflg; sf] rJtqfn] cfhsf] cfwIgs oudf w} g} ; kmntf xfl; n ub} cf0/x]sf] 5 .lj 1fgsf] pGgl t ufof .uugrDal 3/x? agfof. ; db] 5fg dflof. cfsfz 5fDg vfhof. klyj ln] dfq lrQ a'ernfpq g; sf] c? uJxx?df klg] v18\$nf lgdf0f ug{ nflof. dg{ nf]sf] dfq; nf0{ cf]fwl lj 1fgn] cfo' nDAofpg d2t kfof. ; ~rf/sf] dfWod lj sf; u/y ; +f/sf h'g; 's} 36gfx? klg 3/ a; l-a; l xg{/ ; gg ; Sg] ; lfd eof t/ S] ug{ cfhsf] o; cfwIgs oufsf] kfof] /fli6@ kld'v ; dfrf/df dflg; n] dflg; nf0{ df]/x]sf] 36gfnf0{ g} d'Vo :yfg lb0/x]sf] xG5 . ; dfrf/sf] ; a} g} h; f] ; do vfnl dfgj lj gf; / k|s|t lj gf; sf] dfq va/n] e/Psf] xG5 .

S; /l cfhsf lj sl; t /fi6x?n] u/[sf] eſſts p̄glt b|v/ g]
r̄tgzln hdft egl l:j sfg]. cfh Ps la/fdl dflg; nf0{arfpgkſof] of
p; sf] cfo' sxl ldg]b dfq klg nD Ao pgkſof] eg] cfhsf] cfwgls
lj 1fgnf0{ dſt kl; gf r̄lxg yfN5 t/ nfvf] dfG]sf] Hofg lNgkſof] eg]
cfhsf] lj sl; t lj 1fgnf0{ Ps knsf] klg ; do w/] xG5 . ca xfdl
Pſl5g uDel/ e0{; flrf. s] t ca cfhsf] dfqj sf] r̄tgf pſeſſt/eGbf
pWſſt/ nflu/x]sf] oyfy{l:j sfg{ ufx] dfGg] < To; h] dnſf0{ nflu5 lhpbſſf]
snfn] lhpbſſf snfnf0{ arfpg eGbf dfq{ g) a9l lj sf; ul//x]sf] 5 .
dflg; sf] r̄tgf To; } To; } zdiNn0/x]sf] 5 . r̄tgf klg zl0msf] sbdf
hGdsb kf0/x]sf] oyfy{ 3fd hlQs} phInf] nflu5 . sf/fuf/af6 r̄tgfn]
k7fPsf] Gb]zsſf] cfw/df dflg; r̄tgzln aGg' kl//x]sf] 5 .

; ſ; lko/sf] rſtſgn] Ps k6ſ pgſsf] gſ6ſdf] Ps kfqaf/f .ofſ;
; + f/ Ps gſ6ſzſnf xſ] / xfdl ; a} o; /^and-‐rſf snſsf/ xſ] e6g
nufPſf lyP t/ d o; kſſf/sf] dfq l:j ſgf{ ; lQmgſſlſgſlſ xfdl t o;
; + f/sf] /^andzſnfſſl ſnſsf/ dfq xf0gſſ. j f: t j df xfdl t o; ce't
kſſſtſ /^and-‐rſf bzſ klg xſ] ſgſlſ ſnſsf/nf0{ t /^and-‐rſfſ
vf; vf; lgodn] afwſſf] xG5 t/ bzſ ſnſf0{ :j R5fdf 5ſſ8Pſf] xG5 .
dfG5ſſf] rtſgn] dfG5hf0{ ſnſsf/aſ6 bzſ ſſf] ?kdf kl/0ft u/sf]

j̄hoGtl #& lgaGw c^as-#

xG5 . bz{sn] gf6ssf] ; dli6 dNof^Sg ; lhn}ug{ ; S5 eg] snfsf/
; w] g] bf] /0/x]sf] xG5 . ;]S; lko/sf snfsf/x? t tl x'g\hf; u dg
a14 / rJtgfsf] xf] 5g . rJtgzln bz{sx?sf] ; sf/fTds cfnf\rgfn]
g] snfsf/x?sf] ql6 / sdhf/lx? x6fp/ dfq /^ad~r cfsifS agfpg
; lsG5 .

bjj sflsf ;]S; lko/sf snfsf/ lyPgg\l/ pgl klg o; /^ad-rsf
bz{sdwolsf g) lyP . bz{sf r\lgtgzln b\l i6nf0{ olt :ki6 / ulx/f; fu
cufl8 a9fpq vflHb) lyP ls pgstf r\lgtgzln bz{ b\l i6sf] emns clt
b\l Mv kf0/x]sf snfsf/sf] l: yltdf kg{ uof] . cfkth] klg Tof] gf/slo
cj :yfaf6 kf/ nufpg ; Sg] cf\l Toltv] ug{ ; s\l gg\l x]//xg klg
; s\l gg\clg dfq pgn] klg . x] 0\l j/ dnf0{ klg e\l f] agf0 b\l Mv egl
cf^gf] dfld{ c\l eJolQm k\l s6 u/\l ;]S; lko/sf] snfsf/ a\l g \l r
ePsf] pb\l f/ kf\l t/ l\l f0fs a\l fu nfusf]n] dfq . j:f: tj df bz{ a\l ge\l bf
snfsf/ a\l g g]; lhnf]k5{lsgls snfsf/ a\l g s\l xl klg lj z\l jf ug\l kb\l
egl bz{ a\l g cf^gf] dfgj lo r\l gtgnf0{ hlxNo} klg ; \l tng kfg] sf];
ul/g]/xgk5{. bz{sn] snfnf0{ cf^gf] ; t\l l j cx\l f k\l dn] le\l of0/x]sf]
x\l qk5{.

dfgj sfl r|tgf / ; + f/dW0) s'g l| zfn egl ; fWdf dnf0{ Ps klf
l|ng c; lhnf kgl ePsfjn] b])sfl ulx/f0df d klg ; lSbgf egl h j fkm
lbb{kmls'g sfl ; u5{. To; }n] r|tgf sfl c; ldtf / sfnsf] c; ldtf
cg'dfgdf dfq l; ldt ug{ -x'g_ ; S5f]. r|tgf sfl ult ; dosf] / ^tf/; u}
clu al9/xlsf] lyof, al9/xlsf] 5 / a9l q]/xq] 5 .

dfgj rJtgfsf] ult; u) o; ; Eotf clu al9/x|sf] eP t cfh ol
s'/fx? ug{ cfj Zostf cfpg] lyPg t/ s] ug{ dfgj rJtgfnf0{ PSnfP/
cfh : j fy{ usf] ultnf0{ t]h kfl//x|sf] o; 38ldf rJtgfsf s'/f p7fpq
klg zl0m] s] efg] xf] efg] s'/f dgdf p75 . rJtgfsf 3/ yf/] 5,
o; nf0{ ; j q k]nfpq; Dd dfq kfP klg xGyo] egl ol rflxbf / grflxbf
uGyq ul//x|sf] 5' .

h; /l k|s|tdf 3fd, kfgl, xfj f ; a)sf nflu kfko 5, To; }u/l k|yj lsf df6f klg ; a)sf nflu kfko x'g'k5{ . k|yj lnf0{ cza08f ug{ clwsf/ Sf; faf6 lnPsf < S k|yj l klg efu nufpg] l j ifo xf] / < h; /l k|s|tn] oxflsf kf0flx?sf nflu cf^gf] ; d: t v'al ; dfg ?kn] af18/x|sf] 5 To; }u/l k|yj lnf0{ klg ; d: t kf0flx?sf clwsf/af6 j l-rt ug{ kf0bg t/ j f: t j df oxflsf] ; lfd dflg; x?sf cf^gf] a; df 3fd, kfgl / xfj f klg /fVg ; Sg] ePsf eP ol s'/faf6 klg c; lfd dflg; x? j l-rt kg|kb|yof xfhf lsqsls o; k|s|tsf ; Dk0f; ft / ; fwqx? lbq k/ lbq s|xl

JolQmsf] d^al df s] b x] b} ul//x] sf] ; Totf xfdl s; }hf0{ klg gf] hf] 5g . df] r] tgfnf0{ d] d] Qfsf] x] sf/n] l; lyn agf0x] sf] of] l] f0df p] d] Qm r] tgfsf] s/f p] 7fg ug{ klg Ps kfun kg l; j fo s] xl xf] 0g .

df] g; x? w] } k95g\ . pglx?nf0{ 0ltxf; , e] flh, lj 1fg cf] lb 0Tofl] bsf] af/df w] } g) 1fg x] 5 . pglx?nf0{ ; s] w] } efiffx? klg af] Ng cf] pnf . ca To: tf df] g; x? h; nf0{ dgj lo ; j] bgfx?sf] af/df cf] g] lj j] snf0{ klg j f: tf gx] ; \g s] ef] t < cf] lv/ pglx?nf0{ ; l] fd df] 5sf] bf] hf] df] /flvx] N5g] t/ h] of] k] s] tdf cf] g] kf] v/f ahf/L, kl; gfn] l; l] f0 ub] p] gt v] tldf g) Jo: t 5, rfx] p; s] x] b] podf df] g] k] tsf] c; ld ef] g) lsg gx] ; \t/ ; Eotfsf] r] ngleq o: tf df] g; c; l] fd g] ulg] 5g\ lsg] s o: tf df] g; x?nf0{ Repeatingation s] ofb xb] g . Repeatingation nf0{ g) ox] fsf] cf] wlgs l] z] l] ssf] df] gotf k] l] k] t 5 . r] tgf e] g] s/f t cf] lv/df o; cy] fx k] s] t] tsf] gf] hf] cf] g] jif0f xf] t/ r] tgfnf0{ e] gf] a9l r] tgf] af/f lg] dt t] j nf0{ g) d] n] / df] gotf lbg] kl/kf] 6] lsf] o] unf0{ x] g] l; j fo ug{ s] g) lsg] 5 / <

lyRg] l] d] Rg] dgf] j] 0 e] Psf] df] g; s] xft kf] v/f s] fdn x] 5 / pglx?sf] x] bo 9] \n] h: t) ; fx] x] 5 t/ ; x] dgf] j] 0 e] Psf] df] g; s] xft kf] v/f s] 8f x] 5 eg] pglx?sf] x] bo sdn] x] 5 . htft] ; fx] 9] \n] fsf] k] e] t] j : j sfg] b] lv l] j s] n] k] s] xl ge] Psf] x] gfn] sdn] x] bo kufNg] b] lv s] xl pk] fo b] v] bg] t/ sdn] x] bo s] df] 6] df] g] r] tgfsf] alh c] s] /fp] g] x] 5 . ha r] tgf km] Ng / km] Ng y] n] 5 ta sdn] x] bo] n] klg ; \n] tdo tf] ndf ; \ / z] f] tsf] ult u] pg y] n] 5 . cf] h; d] dsf] r] tgfsf] ult s] /a ; a] g] o: t] s] fdn x] boaf] 6 g] ; [i] 6 e] Psf] xf] .

r] fx] k] u] ; \ of gk] u] ; \ d] f] r] fx] gf] olt df] qsf] xf] ls sdn] x] bo s] zf; g] o; df] gj ; Eotfdf x] g] xf] eg] cl] df] q xf] dl] n] xf] dl] nf0{ r] tgz] ln] df] gj s] f] l] b] g] lbg] lbg cf] p] 5 xf] nf] . r] tgz] ln] s] f] cy] t h] x] no] klg df] gj f] rt o; k] s] t] nf0{ -j] z] sn] f] ; \ l] f0f ub] ; w] fg] xf] g] ls gf] ug] . cf] hs] ; Eotf xf] f] d] v e] 0/x] 5 . o; nf0{ ar] fp] g] xf] st] l] o xf] 0g / el] i] osf] nf] <

dx] f] s] fn, s] 7df] 8f] .

V

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ca x] fd] j] a ; f] 08df j] hoGtl / bf] l] j] sf ; a] c] a] s] 8fp] gn] f] B ug] ; Sg] x] 5 x] .

>4f / jj Zj f;

dx] Zj / zd] f

; fd] f] gotM >4f / jj Zj f; p: t) o: t] n] fl5g] t/ b] j] sf] c] G] tl] g] xt ef] w] } km] s x] 5 . >4f cf] f] t/ s x] 5 eg] jj Zj f; af] x] o . >4fdf h: t] f] lg] 7f jj Zj f; df x] b] g / e] P klg y] f] x] 5 . >4fdf 9] p] tf k] an x] 5 eg] jj Zj f; df c] ln l] k] m] tn] x] 5 . cf] h Pp] 6f l; 4f] tdf jj Zj f; ug] df] 5] e] fl] n c] s] f] df] ; /sf] xf] dl] n] b] v] sf] 5f] . vf; u] y / fhg] llts j] D] df o: t] f] b] v] 5 . lx] h] sf] k] -r cf] h sf] ; lx] h] sf] sf] ; cf] h Pd] fn] cf] hs] Pd] fn] e] fl] n df] cf] f] bl - o: t) o: t) . To; j] n] jj Zj f; : y] fol x] b] g t/ >4f c] 6n x] 5 eg] >4f] j] g] sf] jj Zj f; nf0{ bl] f] df] lg] b] g .

Joj xf/df jj Zj f; nf0{ d] ql ; Da] Gw sf] cf] wf/ df] lg] 5 cy] ft \hx] ff] jj Zj f; Tox] ff l] d] qt] f, t/ >4fdf cf] wf/ t 5g eg] To] f l] d] qt] f klg bl] 3h] l] x] b] g . z] a] s] f / cl] j] Zj f; g] x] g \d] qt] f nf0{ vna] n] ofpg] t] j . z] a] s] f / cl] j] Zj f; nf0{ x] 6fp] g] t] j r] fl] x] >4f g] xf] . : j fy] z ul/g] l] d] qt] f : j f] a] df] q] xf] : j fy] k] f] g] x] b] f] e] t] s] f] x] 5 . l] d] qt] f eg] sf] ; \v-b] M, cf] kb] \v kb] ; a] cj : y] fdf Ps] ?k / Ps] gf; sf] x] g] k] 5 . To; j] sf l] g] d] t jj Zj f; nf0{ >4f] s] f] h] f] g r] fl] x] 5 . ; w] eg] h: t] f] x] b] g / k] b] g klg, ty] fl] >4f / jj Zj f; : l] x] tsf] l] d] qt] f 5 eg] Tox] ff 3f t x] b] g .

jj Zj f; sf klg tx x] 5g\ . JolQm] olQm al] rsf] jj Zj f; / /fi] 6< al] rsf] jj Zj f; cy] ft \olQm] ut tx] b] v ; df] h / /fi] 6< al] r x] g] d] ql] sf] jj Zj f; . ; Da] Gw lau] g] df cl] j] Zj f; x] 5 eg] ; Da] Gw nf0{ hf] 8g] df] jj Zj f; sf] ox] ff klg jj Zj f; / cl] j] Zj f; sf] s] f cf] p] 5 / el] d] sf klg pl] Qs] / x] 5 . k] : k dd] / ef] gf a] em] sf] ug] ; s] l] jj Zj f; j / b] fg x] g; S5 eg] Tox] ff sn] if / sk] 6n] k] j z kf] pdf cle] zf klg a] gg ; S5 . / fhg] llts cy] f s] 6g] llts jj Zj f; sd] e/ kb] f] x] 5 . Tox] ff JolQm] ut l] d] qt] f sf] h: t] f l] y] lt / x] b] g l] s] g] e] g] Tox] ff cj : y] fg] f/ sf] jj Zj f; df] q x] 5 . >4f x] b] g jj Zj f; kl] j t] g x] g; S5 t/ >4f c] 6n x] 5 . To; j] klg x] f] nf] >4f] j] g] sf] jj Zj f; e/ kb] f] gd] fl] g] ps] f] .

ox] ff Pp] 6f 3/h] p] b] f] /p] b] f] h] g] f] l] d] q] s] f] d s] x] ff cf] t h] f] t ly] of] t/ pglx? al] r eg] af] hr] fn] ly] Pg, kf] gl af/f] ly] of] / sl] x] n] s] f] xl] p] u] 3/h] e] m] 8f] s] f] ?k klg l] n] 5 e] g] ; \y] f] . Pp] 6f pt] fa] 6 cf] P eg] cs] f] d] 6f] a] 6f] . To] f pglx?sf] l] gh] l] df] ld] nf x] gfn] d] h] r] f] f] l] n] 0/x] g] cf] j zos ly] Pg . ds] x] ff b] j} h] g] cf] pg] h] f] g] ub] y] . Ps l] bg t]

31

j̄hoGtl #& lgaGw c^s-#

b0dWojf Ps hgf d sxff cfP/ s'/f ul//x]s} aJhf csf[klg 7afSS
 cf0ku] t/ cf^gf kltåGbLnf0{ b]Vgf ; fy km/Ss kmsV lxB] . d]h]
 cfpgf]; \cfpgf; \eGbfeGb} klg ; g]sf g; 'g} u/l uP . pm 0 b]Vg' ej 0
 dnf0{ b]V/ kmsOff eGb} pgn] p; }sf abVj f0f ug{ yfn] t/ d rk nfu
 Tolt aJhf tl b]h] dnf0{ cf^g} dfq klf ln0b]cf]; \eGg] rfxgf /fv] klg
 v'n/ eGbgy] . d; u a; }sf ldq hfg] laQs] cl3 kmsV uPsf ldq kij/
 cf0ku] . cl3 a: g]; \eGbfeGb} lsg kmsg' ePsf lg < eg]/ ; fWbf - Tof
 zlg; /nf0{ b]V/ kmsF eg].

ca i: ylt s] b]vof eg] tl b]h] dnf0{ st} cf^g] lj /fWlsf klf
 ln0lbG5gNs eg]/ ; z^st eP h: tf] cyft\dk]t lj Zj : t xg g; s]
 h: tf] nflg yfNof] t klg cf^g] emul8of cfP gcfPsf] lj rf/ u/l/ tl b]j}
 d sxff cfpg 5f8gg\ k:k/sf clj Zj f; af6 b]j} kU8t t 5b] lyP,
 st} Tof] clj Zj f; dnf0{ klg ; Nsf0 lbg] xgNs eGg] nflg yfNof] / tl
 b]j] hnf0{ PSnfPSn} lsg of] lj /fwsf] /fj kfNgxG5, kifNg ; lsbjg < eg]/
 ; fWbf b]j] h] cf^g] sdhfyl b]Vg'; 6af Ps csf[sf bf]if dfq b]vpg
 yfn] . ; xdltcfpgl dgl: ylt gb]Vkl5 d]h] To; k]; ^unf0{ sf6afpg}
 5f8].

lgisif(s] eg] tl b]h] dnf0{ cf^g} dfq klf ln0b]cf]; \eGg] rfxgf
 /fv] dnf0{ Psnfbl kfg] vfh]sf a:ekl5 o: tf] >4f] gfsf] l: ylt
 ldqtf sfod xg]cj : yf lfof b]vof] . ldqtf eg]sf] t hg; 's}/ h: tf] 's}
 cj : yfdf klg k0fj Zj f; sf] Joj xf/ x'g'kg]bf tl b]j} ldqaf6 Tof] ; Dej
 gb]Vkl5 >4f] gfsf] lj Zj f; sf] ldqtf o: t} xlbf] /x]5 h: tf] nfluof] .
 pgly? klg dnf0{ Psnfbl kfg{g; Sg] a:ekl5 6f9g yfn] . dnf0{ klg
 6fpsf] b]vfo{ ePg . ho >4f-ho lj Zj f; .

V

gkfn-; flxIo ; dfh

j; ft-/f wf kBsfo k':sf/la/bf ; Ddfgt JolQmJ

!=@) ^* I8Nnl/d0f zdflchofh .

@-@)^ (k'iffDd l; ubjh tyf ufljfb/fh jjgfb] .

#=@)& ag"nfld5fg].

\$=@)& ejgxI/ l; ubjh .

xdsdf/l-lbjfs/ ; dfh; Jf ; Ddfglbf ; Ddfgt ; :yf

!=@) ^* kpfjfgfb cf>d, uXo]j/l.

@-@)^ (lr; fvfhf cf>d, kfV/f.

#=@)& efuj tl; ff of; cf>d, kzkl t .

\$=@)& kljq ; dfh ; Jf gkfn, wfkf; l .

≥32 ≤

j̄hoGtl #& lgaGw c^s-#

; Demgf

dfwj l3ld/

; Demgfd cf8Psf xfdl lj utsf tltfdl7f ; Demgfn] j tdfgdf
 rnfdg e0/x]sf 5f.

of cgf]7f g) dfBgk5{ . ; w] ; Demgfsf clj /n wfufsf Tofgb]h]n]
 xfdl] j tdfg l3l; /x]sf] 5 . /fdl] g/fd] h] h: tf] eP klg afRg] cfw/ t
 ; Demgf g] xf] ls 0

xfdl] kvf]sf kvf]x?n] klg xfdlnf0{ Toxl s'/f elg/x]sf 5g\\
 .>1t : d]t]u/ ldt] sNof0f xG5 eGg] ; Gb]z klg flxt ul//x]sf 5g\\

To; h] t ; d: t k'/f0fx? .>1t : d]t]g] xg\eg]/ 7f]s]f u/]sf 5g\ xfdl]
 uflqk? if Clifx?n] rfx] tl sfZok Clif xg\of cul:t Clif of c?
 Clif. o; /l ; 'g / ; Demgf u/ ->1t : d]t] egl/ 7h]sf 7h] k'/f0f kfVh]n]
 n]v klg xfdlnf0{ Toltn] lr0 a%bg clg xfdl cf^g]lj utsf ; Demgfn]
 dfq geP/ efu]sf b]Vsf ; Demgfn] lk/f]nPsf xG5f. kmn:j ?k w/-yf/
 hflg ghfgl sglsyl clf/sf la:s'g ; 'sfpg yfn5f; afBq yfn5f.

; Demgfsf] ; Demgfn] lk/f]nPsfx?sf] nMfhf]f g) 5g, slt 5g\\
 slt dfofn'nf0{ ; Demgfd ; IDemgj? . sf]xL-sf]xL t 0ltxf; df cl^st
 eP/ a;]sf 5g\clg pqlx?sf] ejts lqmfosnfknf0{ j tdfgdf xfdl]
 rfv dfgl-dfgl pT; 'stfk]s IgofN5f. d'un zf; sm] l]utdf o: t]
 rlt]snf u/ . cf^gl dfofn'sf] ; Demgfd l] Zj k]; 4 tfhdxn agfP/
 ; aJhf0{ rlst agf0lbP. w] 6f9f ghfpnf /f0ff kfVgdfGql eld zd; /
 h-a/f-n] cf^gl k]p; lsf] ; Demgfd agfPsf] ; ltf ej g -clxn]sf] afndlgb/, nlntsfn k]1fk]ti7fg, a;]sf] bafl_ clxn] klg xfdl] cufl8
 lhpbf] hflbf] 5 . o: t} v8u zd; yn] cf^gl /f]t hs'df/lsf] ; Demgfd
 kfNkfsf] sfnlu08sl t6df agfPsf] /fgldxn clxn] klg plePs} 5 .

/fhf-dxf/fhfx?n] h] h: tf] lrgf] ; Demgf : j ?k agfP klg agfpg
 g; Sgk?n] cf^g] dg dl: tisdf gd]6g] u/l ; Demgf ; ffr]s] 5g\\
 ; Demgfd \gl ; Demgfd xfl]g] u/l g) xfdl] hlj g-rqm rn]sf] 5 .
 t/ ; IDemg klg sf/0f t xg] k]of] . sf/0f h] ; 's} xf] \; Demgf t
 cf0xfN5 . j tdfgfnf0{ xhlS/0f ugi dfNod ; Demgf xf] egl/ 9Ss k/y
 a; F g t eg]sf] ut+g ; flrfl d]t+g d]g] ; qn] lvGg k]of] . uPsf]
 s'/f g; Dem To; n] dgnf0{ pb]nt agfp5 clg j tdfgdf cl3 a9g
 ck7af/f]kf5{eGg]cfzo xflnf of] ; qsf]cy{ t/ klg /fd]g/fd] ; Demgfn]
 t dfG5]hf0{lg/Gt/ lk/f]n]s] xG5 .

≥33 ≤

of] sndhljj nf0{ crDdsf] ; Demgf e0/x]5 . clxn] lq; 6xl j 6f
ef6f] km6fPsf] df65]nf0{ sIt j ifdf, s; n] .sl .v] cf/De u/fP Tof] t
; Demgfaf6 c]f]n e0; Sof] t/ Tolt a]nf k9]sf] slj tfdo .slb]v
.1f] Ddsf] noftds kf7 eg] cfh; Dd la; g ; s]sf] 5g . Tof] slj tflds
kf7sf] s]x af6sl x/f]

.sl Sdn ktn]sf] ej] /fn] 5fof].

.v] v]6of dfly a:of] v/fof] ..

.u] ubfxf dfly 5 wf]al r9]sf].

.3f] 38l x/] nf} tlg ah]sf].

..aj af af a' a' aRrf u5{cf]b .

o; /l nueu ; f7l j if{ cl3 k9]sf] s/f Tof] klg . j 0fdfn]f] s; /l
; Demg ; sf] cfk]nf0{ pb]s nf]sf] 5 . /fd] klg nf]sf] 5 .

xg t ; Demgf dl6of] eg] klg lk/]k/ xbf] /x]5 . krf; j if{ cl3sf]
s/f ; Demg]n] kfr dlxgf cl3sf] s/f la; Pkl5 k/g cfkt\k o) la; g]
afgl]n] w/] cfk]f] l/ ; fpg yfn] j f; tf gu/]sf] e6g yfn] . hfg] la; ls]
xf]g, eg] sltnf0{ : ki6ls/0f lbb}lx8g].

.k/f d bf]wf/dfl] eg] ej] xfdf kVf]n] ej] .>1t : d]t]l l6kf]6 ug] klg
; lsPg, k]l/ lj utsf s/f g; Dem To; n] lr]t a9fp5 eg] kVf]n] g}
ct]l{klg lbPsf 5g\ To; h] d]Wod dfu{ckgfp] xf] ls 0 cyff]lj utsf
/fdf s/f ; Dem], k]/off lnP/ j t]dfgnf0{ cufl8 a9fp] glg cfk]rhf0{
b]M nf]g g/fdf s/]fnf0{la; l/ j t]dfgsf] cufl8 tuf/] ga6g lbg' g] pQd
xf] ls 0

t/ h] eP klg ; Demgfsf] ; Demgf dl7f] x]5 , /df0nf] x]5 . cf^g'
; Demgf cfk]m ug] ; s]dfq hlj gs] cl:t]j ; Dej / ; fy]s x]5 .
hlj gnf0{la; b]f] eg] t aaf]b x]5 . To; h] ; Demgfsf] ; Demgf; w]/fvf].

uxgfk]f]v/l, sf7df8f].

V



dflg; <

dg'sf kf8]fn .ladjh]l

k]0f] hutdf dflg; Pp6f o:tf] hft xf] h; nf0{ hlt a%g / lr]g
v/]h] klg klxrfg ug] c]Toft d]sn k5{ vf; df p; sf] dg / lbdudf
s] n'sfP/ /fv]sf] 5 e6g] s]/f yfxf kfpg . p; n] h] ; fl]sf] x]5 , Tof]
afNbg, h] afN5 Tof] ubg . dflg; sf] dg, j rg / sd{ Psfsf/ ePsf]
kf0bg . dflg; olt af7f] 5, wt{ 5, rnfv 5 ls, 7u 5 ls pm hf]
sf]xlnf0{ emSof0bg ; S5 . To; h] t kz]x?d]W0] ; j s]j7 / r]tgzln
eg] dflg agfPsf] 5 dflg; n] clud k^aQmsf] 7fb5 . p; n] u/]sf
p6glt-cj glt, l] sf; -l] gf; , Ps csf]lt k]d-30ff, Gofc-cGofc, ; To-
C; To, C; n-v/fa, clx+f-lx+f cf]bb]v p; n] ltg] nf]sf u/]sf] /fh /
efunf0{ Sg] klg ynr/ hnr/ / ger/n] l] /lw u/]sf] 5g, cfh; Dd .
lg]j /lw lg/a]s]ztf nf]b/x]sf] 5 hlj lghlj dflg . ; a]nf] ?kdf ; / tl[
x]pf]b]0/v]s] df]5] ; fdflhs b]v]G5 . c? k]0f]x? h:t]k]fs]ts bj f] af6
d]Qm 5g dflg; , To; h] t ef]s, lg]bf, eo / dy]gsf] a]wg l:j sf/]sf]
5 / l] le6g s]td l] ifon] lgdf]f u/]sf] d]W0 / dflgtsf] sbvfgfdf
y]gP/ d]Qmsf] rf]xgf ul//x]sf] 5, sf]df ul//x]sf] 5, kf]y]gf ul//x]sf]
5 . vf; df Pp6f df]5]nf0{ s; /l a%g] <

Pp6} dflg; slxn] 5/1 x]5 slxn] gflt, slx]n] af x]5 slxn]
xh'/af, slx]n] klt x]5 slxn] Hj f0f slxn] dfdf x]5 slxn] ef6hf,
slxn] sf]sf x]5 slxn] elthf, slxn] ebf x]5 slxn] k]lf, slxn]
ef0 x]5 slxn] bf0, slx]n] ldq x]5 slxn] zq', slxn] l5d]sl x]5
slx]n] k/f0{. sf]n] uf/] / ; f] nf /a]s]f] eg] a%g] ls, u]x:y j f ; Gof; l
eg] a%g]. a6]f eg] a%g] ls 8f0e/ eg] , la/fdl eg] a%g] ls 8fS6/
eg] , : j b]zl eg] a%g] ls l] b]zl a%g]. Pp6} df]5] slxn] ; Hhg x]5
slxn] rf]/, slxn] dw/ a]f]5 slxn] ss] , slxn] ; v lb]5 slxn]
b]M . dflg; sf ?kx? eg] ; f]Wosf] 5g . /utsf] gftfe]bf k]dn /
c]fdlo ; DaGw lgs6 / klj q x]5 . o; h]f0{ cfwf/ agfP/ l] Znjif0f ug]
xf] eg] xfd]f] ; fdflhs ; DaGwdf cfk]f] gftfsf] o:tf] ?k-b]zo b]v]G5 .
3/eqaf6 ; ePsf] ab]h l5d]s, gu/ lhNnf, c~rn xb} cGt/fff6*xDd
b]v]G5 . nf]gl]n] ; j f; gl df/]sf] / ; j f; gln] nf]gl] 5f/fn] afp df/]sf]
afpn] 5f/f, bf]h]n] ef0 / ef0n] bf]h, k]k]n] eb} a]da} k]ofPsf] b]v]G5 .
Sg] klg gftfn] s]g] gftfnf0{ apdfgl, if8oGq, wf]sf, l] zj f; 3ft / lx+f
u/]sf] b]v]G5 . ; sf]f]ds bl]6df x/]s gftf x/]s gftfdf pl]os]efj gftds
35

j̄hoGtl #& lgaGw c^as-#

dfof k̄ddf l6s]sf] 5 . of] ; + f/ dgf/d / xl/ofnl ePsf] o; } sf/0fn] xf]. To; h] of] phofnf] / hlj g latfg of]o 5 . slt afa'cfdfn] ev]/ h̄dlsf] lzz'nf0{ gfnldf ^ of] / cfkm'cfgb; u afRg] af6f] v/H5g\eg] sf]xlnf0{ g /ut]sf] g lgs6sf] gftf rflxG5, k/f0{ eP/ g} klg To; lzz'nf0{ gfnlaf6 l6k]/, 5ftldf 6ff, y; : j fy[la; y To: tf aRrfsf]elj iosf] nflu cf^gf] ; Dk0f] hlj g ckf] ubf] ; Gtflif dfgg kf]5g\

xdfl Ps lrghfgsl lbbclsf] ; Gtfg lyPg . >ldfg\Psbd h8dflxf To; h] ubf] >ldfg\eP klg PSnlh: tl ly0g\ Ps lbg kz'kl t dflgb/ hfbf laxfg lem] ld; b] emf8lsf] 5]pa]6 aRrf /Psf] cfj fh tl lbbn] ; lgg\ xbf] yf]a]gfd a]/Psf] Pp6f gj hft lzz'. tl lbbn] tl lzz'nf0{ 5ftldf 6ff. b] dflgb/ gu0sg 3/ km]s0g\ pgsf] wfls] dg / c; n : j ejf n] lrlgPsl xgfn] To; a]hf c?n] ; fy lbPsf lyP . cfh s; h] klg sNkg} ug; Sb]gg\ ts tl cfdf5f] /f ; fvo xf]0gg\eg] . of] ; DaGwnf0{ s] eg] a%g] < s]x] ; dokl5 yfxf eof] ls lzz'sf] cfdf clj j flxt gf/l /lx]5g\ lzz' cj] w b]vof] ; fdlhs ?kn] . ; fdlhs nf~5g]fx?; u h]wg g; s]y, ejf gfls dfofnf0{ df/ /ut]sf] cznf0{ Toltv] k]fNg ku]sl /x]5g\ s] tl gf/]sf] x]bodf s]7f/tfsf] lgb]lkg b]vPg < clg s] tl lbbclsf] x]bo dfgj lotfsf] klj q ejf gfn] c]ftk]ft b]vPg < log} gf/]sf] s]x] ; dokl5 l]j fx klg eof] ; Gtfgx? klg h]GdP . tl j wflgs ; Gtfgnf0{ u/]sf] x]y/ l]j rf/ / dfof b]v/ s; h] klg cg'dfg nufpg ; Sb] ls ltn] klnf] ; Gtfg emf8ldf k]fNg\eg] . ca logl k]d of]o 15g\ ts 3]ff of]o < pgl g} Ps JolQm x'g\Ps gf/l x'g\Ps cfdf x'g\pg} ; j fy{ x'g\clxn] pm]g]lg; j fy{ b]v]5g\ dflg; sf km]s km]s ?k .

klnf]; Gtfg h]Gd]bf ltgl]n]8/ , nfh, 3]ff/ 3g3f/ cfkt]sf] cg'e]t ul/g x]ng\ k]s]tsf] j /bfg : j ?k x'g kf]sf] cfdfkg leqsf] dd]j n] el/Psf] ; g]xnf0{ k]s]6 ug] gkfpg' eg]sf] lg; f; ; y ps'; d's'; xg] cj : yf xf] lhp]b] dg]xf] . v'; lsf ; ffy cfTd; Gtli6 kfpg] l]f0fsf] abnf wfls] , g]ts / sf]gl bl]6df kfkl x'gk]of] b]M]l a]gk]of] xlgtfsf] l; sf/ a]gk]of] . vf; df of] ckf]ts dflsf] sf/0fnf0{ cfh; Dd klg dfgj ; dh]n] xf] . k]j s] ; z]wg ug] ; s]sf] 5g . To; h] clxn] klg gj hft lzz' k]fNg\sf] s]6g/df k]nf k]of] . gj hft lzz'sf] p; s] cfdfaf/f xl]of cf]b ; dfrf/ alg/x]5, of] cd]fgj lo l]j 8]dagf xf] . sf]xl l]j fx ug] dgk/fp]5g\eg] sf]xl dg k/fpb]gg\ sf]xl cf^g] ; Gtfg h]Gdp]g dg k/fp]5g\eg] sf]xl wd] ; Gtfg kf]ng dg k/fp]5g\ sf]xl cf^g] ; Gtfg aR5g\eg] sf]xl csf]sf] ; Gtfg ls]g\ bf; agfp]b]5g\ sf]xl ef8fsf] cfdf ag] csf]sf] ; Gtfg h]Gdp]5g\eg] To: tf cfdfa]6 h]Gd]sf] ; Gtfgsf] sf]gl ?ksf] cfdf x]b]g . sf]xl 5f/l klg cf^g] sf]va]6 h]Gdp]5g\eg]

j̄hoGtl #& lgaGw c^as-#

gft klg cf^g] sf]va]6 h]Gdp]5g\ -cd]/ls] \$% j if]b Pg]L :s6f]_ o: tf] ; + f/df dflg; nf0{s] /l a%g] < dflg; d, d]f] d]h] / d; u eg] w] / 7fp]df 5nk]m ubf] k]j rg ubf] Ps j rgsf] k]of]u u5{ t/ vf; df To: tf xf]0g /x]5 ls]gegl dflg; ; dfhdf PSn] afRg ; Sb]g, c?sf] ; xof]ulj gf hlj g g] rNb]g . dflg; c]ft/ ; DaGwd] / c]ft/k/le] tfdf affr/x]sf] x]5 . j f: t] df xfdlnf0{ ; dfhdf olt w] / c]gw] Zj f; ejd / ckf]s]ts bj]f] 5 ls of] df]otfnf0{ gffg ; Sg] s]bd g] 5g] eg] x]5 ckj fbnf0{ 5f]8/ . o: tf] babafnf0{ g] ; To eg] / df]g] j f 7f]g] df]5]nf0{ s] eg] a%g] < o: t] l]j ifodf affwPsfx?nf0{ ; \l eg] a%g] ls b]M]l < s] o: tf df]5]x?n] zflg] cdgr]g k]f]t unfb]Ns lr]gtfsf] 56k]6 <

dflg; n] cfk]th] k]f]t u/]sf] p]glit / ; km]tfnf0{ d]n] cfk]th] u/]sf] e]5 t/ p; sf] k]ult / ; km]tfsf] k]5f]8, z]4 dg nu]P/ x]g] xf] eg] slt dflg; x]?sf] ; fyn] s]fd ul//x]sf] x]5 t/ Tox] dflg; af6 s]dlsdhf] / eof] eg] c?n] gb]Msf] ah]fdf s]fd lauf/]sf] 5 eg] pm] cfk]th]f/ ePsf] eg] l:j sf/ ub]g . b]f]faf6 kf]5g] cg]s pkf]osf] vf]h u/] p]sg v/Hb]5, ckj fb afx]s . klnf] ; Gtfg h]Gdp]g gf/]n] b]f]f n]s]fp]g Toq]f] hdsf]ul/g\ ltg]gf/]n] b]f]f / ; Gtfg h]Gdp]bf e]f]h et]y g]ul/g\ klnf]n] z]f]sd] kf/]sf] lyof] b]f]f / ; Gtfg h]Gdp]bf e]f]h et]y g]ul/g\ klnf]n] z]f]sd] kf/]sf] lyof] b]f]f / ; a] 7fp]df kf]5 . 0]j / ; a] 7fp]df kf]5g] g; s]sf] cj : yf ePsf]n] cfdfsf] el]dsfsf] ; l]6 u/]sf] / l]t/ ox]f]Pp6] cfdf s]g] aRrfsf] / l]fs eof] eg] s]g] aRrfsf] el]fs . s]g] aRrfsf] k]ultsf] nflu sf]df ub] v/h]cf] ?kdf kh]f ul5g\ dflgb/ wfp]5g]j l]t al: 5g\ bfg b]f]f0ff ul5g\ eg] s]g] aRrfsf] ; fdlhs ?kdf cj]w dflgPsf] e/df p; sf] p]glit / ; km]tfnf0{ nflu s]x] ulb]gg\eg] ltgl cf]t s] x'g\ ts gl]t s] <

j f: t] df xfd]f] ; dfhdf 9f]ulx]sf] sdl 5g, ls]gegl w] / h; f] cf]t s] egl gf]6s ug]df g] tNn]lg b]v]5g\eg] yf] / dflg; gfl: ts ag] 6f]kn]sf] b]v]5 . cfk]thf0{ e]f]ts]f] b]f] egg]y f c]Wof]d]f] b]f] egg]y b]f]df eo b]v]5 . cf]t tsx? ha sdh]f/ a]g k]b]5g\ta 0]j / ; Dem]5g\c? a]hf 0]j / lal; \x]sf x]5g\ To; } u/l k]f]om gfl: tsx? ≥37 ≈

j̄hoGtl #& lgaGw c^as-#

klg ha sdhf/ x'g klb5g\ta ltglx? klg oqf] aXdf08sf] ; [i6 ug] s'g} g s'g} zl0m xg ; S5 eGb) 0Zj / ; Demg yfnb5 . ha; Dd hlj g / hut^as / ; [i6; xf/ af/df kf/bzL[b]i6 lgdf0f xg ; Sbg ta; Dd dflg; x? g k0f cfl: ts xg ; S5g\g k0f gfl: ts . ca o: tf] cj : yfdf Pp6f dflg; nf0{ cfl: ts eg/ s; / l IrGg] / gfl: ts eg/ s; / l IrGg] <

; To / eri6 klxrgf ug{ klg ck7af/f] g] xG5 . Gofofnodf a:g] Gofofwlzn] Gofo lbbg, b]z / hgtfsf] gfddf ; ky vfpSf klgfgdGql, dGql, ; lrj , k|x/l, kqsf/ g] stloaf6 Ro't xG5g\eg] lognf0{ s; / l ; t'dfg] < logst b]z lj b]zsfl eld0f, 7hfa8f egfpbf?; usf] p7a; , 7N7nf dxn j f cflnzfg ej g; ; lj wf ; DkGg b]vbf kf0m dflg; n] .cfkm' klg o:t] x'g kfp xG5g\eg] ; fRg kU5 . To: t]sf] rfs/l ug{ klb5 . ej6frf/lx?nf0{ ; fdlxS ?kn] alx: sf/ u/f eg] dg; fo g] b]vbg . sf] ; Tosf] ; fx/f lnP/ ; dfhsf] lxt pGgl / ; Dk0f{ SNofof xf] \eg] cfkrlhf0{ Psgf; stlo sdlt/ nufo/x]sf klg xG5g\ ; dfhdf /x]sf cgls y/l lj ifo h; n] ; dfhnf0{ cGofh, ed, ult/fw agf0/x]sf] xG5 . To; sf] lj /fwdf cfkrlhf0{ pEofP/ 3Dff, alx: sf/ , cgls nf-5gf vky/ tl cf^gf] af6f6f6 lj rInt xb]gg\ To]wddf xg; S5, ; +s]tdf x'g; S5, ; dflhs Joj xf/df x'g; S5 / cfd dflg; x? To: tfnf0{ eri6 7fgg klb5g\ / 7ul, rf/l, apdfgl u/y csf]sf] sf]w r9/ alnof ePsfnf0{ ; To b]vgsf] sdl 5g ; dfhdf . ; To-c; To glrGg] dflg; nf0{ s; / l a%g] <

Ps y/l dflg; x? g]tstf / rl/qsf] s'/ olf cfbzf lu u5b]s dfgf]pglx? g]o; sf] koffb x'g\ lbge/ d-rdf a; / cflnoftds k] rg u5g\ t/ /ftdf sf]7l rnfP/ a;]sf] e]665g\ cgls r]na]b]lnf0{ nnf0{ kmf0{ xG5 ls, emSofP/ xG5 ls, ckh/0f u/y xG5 ls wDsfP/ xG5 ls o: tf k]; fdf nufPsf] e]665 . kf0m clwsfz dflg; x? ; dfh cg?k dfgotf kf]kt g]tsf / rl/qsf] avfg u/y yfSb]gg\ pglx? g] c?n] gbVg] u/l o; hnf0{ s]NrP/ cf^gf] dgflut : j fy(k'6af0/x]sf xG5g\ o: tf dflg; x? cf^gf] gh/df eg] lul/ x]sf xG5g\ k] / yf/} dflg; x? o: tf xG5g\ t/ Hofb) ; /n / c; n xG5g\to: tf dflg; x? c?nf0{ b]vfpq dfq s/f ub]gg\ Sfd klg ub]gg\ tl h]u5g\ dfhsf] lxt / cf^gf] lxt lj k/t ub]gg\ To: tf dflg; x? j f: tj d]g]tsj fg\ r]qj fg\ xG5g\ t/ To: tfnf0{ ; dfhnj j jj f: tf ul//x]sf xG5g\ t/ yf/} dfG5h] klxrgf u/y xb]ob]v g]cfb/ ul//x]sf xG5g\ o: tf dflg; x? h]f sf]lnf0{ klg cfb/ ugaf6 r]sf] xb]gg\ c?af6 cfbf/sf] ck]ff klg /Vb]gg\ o: tf dflg; x? cf^gf] gh/af6 p7]sf xG5g\ t/ h]f c?nf0{ b]vfpqsf] nflu dfq u8&l xf]5g\o: tf c?af6 cfb/sf] ck]ff r]flx+/V5g\ t/ c? hg; fwf/0fnf0{ cfb/ ugk5{ eGg] dfgotf g]la; l e]f 9f]u u5g\ To; h]

j̄hoGtl #& lgaGw c^as-#

o: tfnf0{ hg; fwf/0fx? pglx?sf] kb, k|ti7f, zl0mdf /xGh]n cfb/ u/ e]f]u5g\ b]v]fj 6l ?kdf t/ dgn] cfb/ u/y gsfl//x]sf xG5g\ To; h] cfd dflg; df cGofh g]tsj fg\g]tslxg, rl/qj fg\rl/qxl, cfb/ of]b-cfb/ of]b eg/ dflg; nf0{ s; / l a%g] <

sf]xl uefd d5g\ t sf]xl hGdkl5, sf]xl lzz'sfnfd d5g\sf]xl afns sfndf, sf]xl lszf]fj : yfdf d5g\ t sf]xl j o: sdf, sf]xl a9]; - sfndf d5g\ t sf]xl ; o j ifefbf a9l klg afRb5g\ sf]xl /fun] d5g\ t sf]xl b]3bgfn] sf]xl n8f0h] d5g\ t sf]xl cfldxTof u/y d5g\sf]xl lrgl/fun] d5g\ t sf]xl d'6/fun] sf]xl d]f]nf lau/ d5g\ t sf]xl cfb[sf] SofG; /n] sf]xl lgdf]goffn] d5g\ t sf]xl ; 3fvf]sn] d5g\ sf]xl xj f0]hxh b]3bgfaf6 klg afRb5g\eg] sf]xl sf]xl 7]; nfu/ klg d5g\sf]xl e0]rfnfh] e]tsfPsf] 3/dig k]/Psf] kGw] lbgkl5 klg p4f/ kfp/ afR5g\eg] sf]xl eftsf] l; tf c8]sp/ klg d5g\o: tf] cj : yfdf dflg; nf0{ s; / l a%g] <

sf]xl afa'sf] lk6f0n] d5g\ t sf]xl cfdtsf] lk6f0n] sf]xl bf0sf] lk6f0n] t sf]xl ef0sf] lk6f0n] d5g\ sf]xl kx/lsf] lk6f0n] d5g\ t sf]xl ; jgssf] lk6f0n] sf]xl u08fsf] lk6f0n] d5g\ t sf]xl r]f/-8fsf] lk6f0n] d5g\ sf]xl ; gtfgnf0{j f cfkrlbf] ; fgfnf0{ wf]gfddf lk65g\ eg] sf]xl o; / lk6g\hfo{ ck/fw g] dfG5g\ sf]xl afa'cfdfnf0{ lk65g\ t sf]xl cf^gf] ktlnf0{ sf]xl cf^gf] k]glnf0{ lk6/ db{ aG5 eg] sf]xl lsnfdf affw]sf] ufoha; t' lk6/ k; iffy(b]vfpb] . sf]xl lj Bfyl{ lk6/ lz]fs agl 6fkN5g\sf]xl lz]fsnf0{ g] lk6/ dxfg\sf]o{ u/ e]f]uj { u5{ . o: tf] cj : yfdf dflg; nf0{ s; / l a%g] < sf]xl hGdb] cflv] gbVg] xG5g\eg] sf]xl b]3bgfn] sf]xl hGdb] xftv'sf gePsf xG5g\eg] sf]xl b]3bgfn] sf]xl d]sf] dfG5]sf] -bfg: j ?k cflvfn] ; +f/ x]5g\eg] sf]xl cfsf] lkPsf] d]f]nf h]j g nDAofp5g\ sf]xl dflg; nf0{k/sf] cfkt]dfly ; xfg'e]t /V5g\ ; j bgz]n aG5g\eg] sf]xl s7f/ xbon] pk]ff ub{ ; j bgxlg aG5g\ sf]xl s7f/ xG5g\sf]xl ; fx; l xG5g\eg] sf]xl b'; fx; l xG5g\ sf]xl ; j fledfgl xG5g\eg] sf]xl cx^sf]l, sf]xl xf; nf / km/fl; nf xG5g\eg] sf]xl l; fx/ qm]w xG5g\ sf]xl wgl eP/ klg; fdgo/ ; / n xG5g\eg] sf]xl wgl eP/ klg dgsf] bl/b] xG5g\ sf]xl wgdf ul/a eP klg dgsf] wgl xG5g\eg] sf]xl wgsf] ul/a eP klg wglsf] e]f]7f]ba]6 kbzg u5g\ o: tf] cj : yfdf dflg; nf0{ s; / l a%g] <

sf]xl aflux/af6 b]vbf ?vf]j f sf]8f b]vG5g\ t/ leql dga]6 bofn' / dfqj lo xG5g\eg] sf]xl aflux/af6 b]vbf -gf6s_ enfb]ll / ; /n b]vG5g\ t/ j f: tj df dgleqaf6 qh/ / kfzlj s xG5g\ sf]xl aflux/af6 b]vbf klg c; n / klj q xG5g\ dgleqaf6 klg Goflos / dfqj lo xG5g\

j̄hoGtl #& IgaGw c^s-

eg] sf xl af xl/ b]vg] ?k / leq dgaf6 klg bfgj lo x̄5g\ sf xl u/sf ēnsf] nflu lfd f dfu5g\ kZrfQfk u5g\eg] sf xl cfkth] u/sf] ēn l: j sf/ ubbg\ a? pN6f] .u/f t u/f eg] uj{ u5g\ sf xl c̄hfgd] ēn u5g\eg] sf xl h̄fbfhfcb] ēn u5g\ sf xl t ēn ul/; s]/ klg yfxf kfpbbg\eg] sf xl yfxf kfP/ klg yfxf gkfP ēf u5g\ sf xl lfd f dfu5g\nf0{ 7hf] 5ftl agfP/ dfkii lbg5g\eg] sf xl ; fu/f] 5ftl lnP/ d/l up lfd f lbbbg\ sf xl cfkth] u/sf] ēn āer] klg dfkii dfu5g\ t/ ghlsf] cfkif t j f ; fylef0sf] ; Nnfxn] lfd f dfu5g\ t sf xl ; dosf] c̄t/fndf cfkii lfd f dfu5g\ ca o:t] cj : yfdf dflg; nf0{s; /l a%gl <

sf xl afhl df dl7f x̄5g\eg] sf xl afhl df tl tf x̄5g\ sf xl afhl df dl7f x̄5g\ t/ Joj xf/df tl tf x̄5g\eg] sf xl afhl df tl tf x̄5g\ t/ Joj xf/df dl7f klg x̄5g\ sf xl lgotn] c; n x̄5g\eg] sf xl lgotn] g] v/fa, sf xl cf^gf] s/f :ki6 / ; l6s 9^m] /V5g\eg] sf xl cf^gf] s/f c:ki6 / s/f rkfp/ /V5g\ j f lrknf] s/f u5g\ sf xl w/]g} asas ul//x̄5g\eg] sf xl l7Ss dfq s/f u5g\ w/]h; f] dfq a:5g\ sf xl afNg dfq h̄f5g\c?sf] s/f ; Gbgg\eg] sf xl sf xl afNg klg h̄f5g\ ; gg klg h̄f5g\ sf xl afNg klg s/f klg afNbkg\eg] sf xl afNg gkg] cgf] Zos s/f afN5g\ sf xl xf]; \ k̄ofP/ afN5g\eg] sf xl cfkth] s] afln/x]sf] 5' eg]; Dd klg la; 5g\ sf xl cf^gf] lfd f tsf] l: ifo k; ^ndf dfq afN5g\eg] sf xl cf^gf] lfd f efb klg af xl/ up/, ; ah; f] l: ifo-1fgsf] bl ftf kbzg ub[nu8f] afg k̄5g\ sf xl gdRrg] kl^sf] ; o em6sf] j f l/Qf] 9]fu ah] e]f tnf g; /sf] s/f u5g\eg] sf xl afld1fql eP/ klg cfj Zostf gk; gh] dfq a:5g\ sf xl afln/xbf; do g] ghfcf] ; h: t] nf] 5 eg] sf xl afln/xbf; gg gk/f; h: t] nf] 5 . sf xl afNbf pHofnf] a9]h: t] nf] 5 eg] sf xl afNbf c̄nof/fh] 5fk]h: t] nf] 5 t sf xl afln/xbf; lg/xf h: t] nf] 5 x̄5 t/ ; lg/xg kf0bg eg] sf xl afln/xbf; gg dg geP klg ; lg/xg aflo xf0G5 . sg]sf] afhl k̄5 eg] sg]sf] afhl k̄bbg . sg] afhl df; sg]sf] f; x̄5 eg] sg]afhl df ck; sg]sf] f; x̄5 . o:t] cj : yfdf dflg; nf0{s; /l a%gl <

sf xl z/l/n] alnof / dgn] sdhf/ x̄5g\eg] sf xl z/l/n] sdhf/ / dgn] alnof x̄5g\sf xl z/l/ ; dg b]h] alnof / sf xl b]h] sdhf/ x̄5g\ sf xl sfddf hf]nf / k̄lthf x̄5g\eg] sf xl sfddf cn5l / h]f; f] sf xl sfddf hf]nf t x̄5g\ t/ h]f; f] x̄5g\eg] sf xl sfddf 9]nf x̄5g\ sf xl xtf/-xtf/n] sf d u5g\eg] sf xl ; oldt eP/ . sf xl sfdsf] ptS[6tf e]fpg] ta/n] sf d u5g\eg] sf xl nt/kt/ tl/sfn] u5g\ sf xl sf d ubf] 6^m]df k̄ofP/ dfq ; Gt]f]f dfG5g\eg]

j̄hoGtl #& IgaGw c^s-

sf xl sf d ubfub] alrd] 5f]b]g k̄5g\ sf xl ; fgf] pd/df ; fdg]o b]vgP klg k15 c; fdg]o -cf0f; 6f0g_ xg k̄b5g\eg] sf xl ; fgf] pd/df tl l of eP klg k15 ; fdg]o x̄5g\ sf xl z/l/ dgn]j] snfa]eP klg d]wfj l -:6k]h]g xslg; _ xg ; S5g\eg] sf xl lbdfun] d]wfj l eP klg ; dfhsf] nflu pknlAw l] xl g ā5g\ o: t] cj : yfdf dflg; nf0{s; /l a%gl < sf xl-sf xl nf0{ af xl/ ; f/af6 /fu nf]5 eg] sf xl-sf xl nf0{ leql ; + f/af6 /fu nf]5, sf xl nf0{ leql / af xl/ b]j] ; + f/af6 /fu nf]5 eg] sf xl nf0{ g af xl/ ; + f/af6, gleql ; + f/af6 /fu nf]5 . af xl/ ; + f/ eGgn] vfg]s/f, xf]f, kfgl, kzkg5l / j ftf] /f eg] alen]5 eg] leql ; + f/ eGgn] sf xl l07t dg, czf]t dg, df/sf] dg, abnfsf] efj gf /v]sf] dg, 0ioff]jif ePsf] dg, lrGtfn] alr]g dg, k]h] 6]8 dg, l8k] dg, kfun dg cflb eg] alen]5 . sf xl af xl/ ; + f/af6 nf]sf] /fuaf6 lgsf] x̄5g\eg] sf xl xb]gg\sf xl leql ; + f/af6 nf]sf] /fuaf6 lgsf] x̄5g\eg] sf xl lgsf] xb]gg\ o: t] cj : yfdf dflg; nf0{s; /l a%gl <

sf xl kl/ >d / d]xgtn] dfl y p7]g k]pTg u5g\ t sf xl gftf] fb, skf] fb]sf] gfhfoh ; xf/f lnP/ dfl y k̄5g\ sf xl u08fub]sf] ; xf/fn] dfl y k̄5g\ t sf xl wgsf] ; xf/fn]. sf xl dfl y plSng nf]sf] dflg; sf] v]sf tfg] tn erfg] dg; fosf x̄5g\eg] sf xl cf^gf] sf]w yfk] eP klg plSng v]Hgjh]f(dfl y k̄ofpb] v; l dfG5g\ sf xl c?sf] k]ltdf / dfp5g\eg] sf xl c? lau]sf]d, sf xl ; k]ntf dx]j lbg5g\eg] sf xl c; nkgnf0(dx]j lbg5g\ sf xl glt lgod cg]; f] rN5g\eg] sf xl ; lr cg]; f] sf xl PSn] a:g dg u5g\ t; d]x; l p7a; ug]r]fpg]sf] af5g\ t sf xl vfg]s/f af5g\sf xl nf] af5g\ t sf xl d]xg]f f/l af5g\sf xl 5'f]5t af5g\eg] sf xl kfgl klg af5g\sf xl dfR5f, df/ ; c08f af5g\eg] sf xl hf]B-/S; l af5g\ V sf xl s]xl klg afb]gg\ sf xl hf]f]dg k/fp5g\ t sf xl ud]j f j iff. s;]nf0{l x]u af/gf cf]p5 t s;]nf0{ugfp5 . o: t] cj : yfdf dflg; nf0{s; /l a%gl <

sf xl s/f8kltaf6 ; 8sklt ePsf 5g\eg] sf xl ; 8sklttaf6 s/f8kl, sf xl pb]f]u w]bfaf6, sf xl Jofkf/af6, sf xl v]hs]ba]f6, sf xl xf]na]f6, sf xl uf/ , sf xl gfr]; sf xl l: g]df v]h]/, sf xl pb]s]f]s eP/ nvklt-s/f8kl / c/aklt ePsf klg 5g\ gePsf klg 5g\ sf xl ck'tfn] kf/ wgl ePsf 5g\ t sf xl lr]f k]/ wgl ePsf 5g\ sf xl k]/sf kfP/ wgl ePsf 5g\eg] sf xl el]fPsf k]/fn] wgl ePsf 5g\ sf xl hlt d]xg]t u/l klg u/last-u/la g] x]sf 5g\eg] sf xl yf/] d]xgtn] klg wgl ePsf 5g\ o: t] cj : yfdf dflg; nf0{s; /l a%gl <

sf xl clns]tsf] nflu Hofg Ing / lbg k15 kb]gg\eg] sf xl w/] To]lf]bf klg dg ux]a]nf kf]bgg\ sf xl clns]t vfg]sf] lg]p]df Hofg ≥41 ≈

j̄hoGtl #& lgaGw c^s-

InG5g\eg] sf xl l; xf; g 5f8bf klg v'; l g}xG5g\ sf xl d/|sf df lg; nf0{ hnfp5g\eg] sf xl hldgd1g uf8bf5g\ sf xl gbl j f ; d'bf df aufp5g\ eg] sf xl nf; nf0{ 6qmf-6qmf kf/| rln sf jf nf0{ v'j fp5g\ sf xl r'bf df nf0{ s1Nr; sf eG5g\eg] sf xl bjj tf df G5g\ sf xl s'g} klg l j ifoklt ; txl kf/fn] klefj t xG5gV yfl/} ; dod] To; sf klefj af6 d'Qm xG5g\eg] sf xl b]Msf] e/df klefj t xG5gV sf xl xktf klg g} To] l j ifo la; g kJ5g\ sf xl dgflut ?kn] klefj t ePsf] gf6s b]Vfpg kJ5gV sf xl dlxgf j f j ifk15 To; l j ifoaf6 6f9f u0; s]sf xG5g\eg] sf xl To; l j ifoklt ulxl/P; lrGtg dgg u/V; cfkll cg'sh eP gePsf] l j rf/ u/V; l6S b]li6sf]p] ckgsfP; b]9 lgZrosf ; fy cfldf; ft u/V klefj t ePsf xG5g\eg] To; l j ifonf0{hlj g e/ nfu'u5g\o: tf]cj :yfdf df lg; nf0{ s; /l a%g] <

sf xl /fte/ ; T5g\eg] sf xl lbge/ ; T5g\ sltko 8S6/ / g; { kf0n6 / kl/rfl/sf, 80e/; xfl6n sd]rfl/l, kfqlhxhfsf Sofk6g / cGo :6fkml /ln rfn s / :6fkml dhb/ cflb /ftl; Tg kfpb]gg\ kx/l, ; lgs cflb /fte/ hfuf ePsf] sf/0fn] g} hg; fwf/0f /ftl lglzrgt eP/ ; Tg kfPsf xg\ gq /fte/ df]sf sf] tfsdf lxBq] rfl/; 8ffsf, xTof/fst] sf/0fn] hg; fwf/0f 9Ss eP/ ; Tg ; Sbgy]. sf xl o; s'/fnf0{a'er/ dgg u5g\ sf xl o; s'/fnf0{xfl} ub]gg\ sf xl df lg; cfh klg h^unl cj :yfdf g} /dfP/ affr/x]sf 5g\ ltglx?nf0{ dh ; Eotfdf cfpg] ?lr g} 5g eg] sf xl slanf ouaf6 cl3 a9g g} dg k/fpb]gg\ sf xl clt l j s6 ufdl0f ejudf v'; l 5g\eg] sf xl 7N7nf ; x/df a; V klg /dfpg ; s]sf 5gg\ h^un j f clt l j s6 ufpdf affr]sf df lg; x? cfTdxTof ub]gg\ckj fb afxs, ha ls ; x/ lgs6 ufpbsf] bfhfldf 7N7nf ; x/x?df cfTdxTofs] ; ^Nof w/] g} b]vG5 . o: tf]cj :yfdf df lg; nf0{ s; /l a%g] <

sf xl g^a]nfn] lryl/P/ d5g\eg] bfx] ufl8P/ d5g\ sf xl laR5lsf 6flsf0n] d5g\eg] sf xl cfl/ a]nfn] rln], sf xl nf0{ clh^a]n/n] lgN5 eg] sf xl ufdgn] 8; l d5g\ sf xl uBfn] xfg/ d5g\eg] sf xl s's/sf] 6flsf0n] d5g\ sf xl ufxlsf] cfqmd0faf6 d5g\ sf xl ol ; a]sf] cfqmd0fdf k/ klg afRg kJ5g\ sf xl ufoej; ln] xfg/ d5g\ sf xl 3f8fsf] nft vfP/ d5g\ sf xl nfdv'sh] 6fls]/ d5g\ sf xl dfp; 'nl 8'a]sf] bfn vfP/ d5g\ t sf xl h^unl Rofp vfP/ d5g\ sf xl ulnof vfP/ d5g\ eg] sf xl g' vfP/ sf xl lrNnf vfP/ d5g\eg] sf xl tl]tf vfP/ d5g\ sf xl r'f6 vfP/ d5g\eg] sf xl /S; l vfP/ d5g\ sf xl ef^a] vfP/ d]sf 5g\eg] sf xl wt/] vfP/ . sf xl hn/ d]sf 5g\eg] sf xl s'/6 nfu/. sf xl hf8bf df cfufl tflktsf] wf] fn] lg; fl; ; P/ d5g\ sf xl :6fle j f l off; l; lnG8/ k8s]/ d5g\ o: tf]cj :yfdf df lg; nf0{ s; /l a%g] <

>42 <

j̄hoGtl #& lgaGw c^s-

sf xl vfg]s'/fnf0{kfyldstf lbG5g\eg] sf xl n'ufkrif6flnf0{. sf xl u/uxgfnf0{kfyldstf lbG5g\ t sf xl oftsoftsf] ; fwgnf0{. sf xl 3/nf0{kfyldstf lbG5g\ t sf xl a]b]ofkf/nf0{. sf xl wgnf0{kfyldstf lbG5g\ eg] sf xl l j Bf j f 1fgnf0{. sf xl ; V ; l j wfnf0{kfyldstf lbG5g\eg] sf xl v'; l / cfgGbnf0{. sf xl k]dnf0{kfyldstf lbG5g\eg] sf xl 3pffnf0{. sf xl zl0mnf0{kfyldstf lbG5g\ t sf xl k]ti7fnf0{. sf xl k]hfkf7nf0{kfyldstf lbG5g\ t sf xl kfsssnfnf0{. sf xl cg]zf; gnf0{kfyldstf lbG5g\eg] sf xl : j f j nDagnf0{. sf xl cfkll / kl/j f/nf0{kfyldstf lbG5g\eg] sf xl ; fdflhs lxtnf0{kfyldstf lbG5g\ o: tf]cj :yfdf df lg; nf0{ s; /l a%g] <

sf xl hgjf / / r/fsf] l; sf/ u5g\ sf xl hnr/sf] sf xl vfusf] nflu u]Bf df5g\ sf xl x8&lsf] nflu af3sf] l; sf/ u5g\ sf xl lk0 / g^a]nfr; lxt 5fnfsf] nflu efn'sf] l; sf/ u5g\eg] sf xl bfx]sf] nflu xfQlsf] l; sf/ u5g\ sf xl df5]sf] l; sf/ u5g\ sf xl l/; sf] cfj]udf df5]df5g\ t sf xl abnfsf] nflu . sf xl l/; / abnfsf] gf g} klg df5g\ sf xl df]sf] df lg; x?sf] d'6' tf/ y fg5g\eg] sf xl df]sf] df lg; sf] c^a]nx?sf] t: s/l u5g\ sf xl df lg; nf0{ ckx/0f u5g\eg] sf xl xftxlt of/sf] t:s/l u5g\ sf xl df lg; ajrlavg h: tf] ck/fwfsf] af6f] ; dfp]5g\eg] sf xl s]6fs]b]lx?nf0{l j snf^a]n agf0 df]lg] agf0/; ltgln] SdfPsf] k; fn] P]; cf/fdsf] lgbul l atfp/ a: 5g\ sf xl nfu'cf]fwfsf] t:s/l u5g\eg] sf xl r]ha]lnf0{nfnf0{kmsf0/u/V; wDsl lbP/; hahf tl u/V; k]hfllegdf kf/ y ofg k]; fdf nflu kf5g\ sf xl k9g c; fllo} dg u5g\eg] sf xl k9g cN5l u5g\ sf xl effif-Jofs/0fdf ?lr /fV5g\ eg] sf xl wdf; +s]tdf. sf xl snfdf t sf xl 0ltxf; df, sf xl ; flxTodf t sf xl bzg]zf; qdf, sf xl /fhglltzf; qdf t sf xl ; dfh]zf; qdf, sf xl dg]fj 1fgdf t sf xl kf]f]txf; df, sf xl lx; fadf t sf xl a]df08zf; qdf ?lr /fV5g\ sf xl k9g/ klg ; dfh]sf] nflu s]k] ub]gg] y f; Sb]gg\eg] sf xl gk9g/ klg ; dfh]sf] nflu lxt u5g\ sf xl l j 1fg k9g klg s]k] cflj : sf/ ug/ ; Sb]gg\eg] sf xl l j 1fg gk9g g] k]j lwsf] cflj : sf/ ug/ ; S5g\ sf xl l j Bf fl/w u/V klg k]Nofks a]g; Sb]gg\ t sf xl cf]krfl/s]z]ff gln0sg klg k]Nofks a]g; S5g\ sf xl k]tefx?nf0{ vfhl vfhl phfu/ ug]t nflu5g\ t sf xl To; tf k]tefnf0{ xtfl]; fxl agfp]5g\ sf xl ladf/l lgsf] kf]gsf] nflu hf]gl sf xl lr]gf lnp/ hf]5g\eg] sf xl xftsf] /Mf k9g] Hofit if sxff hf]5g\ sf xl emf/k]msnf0{l j Zj f; u5g\ sf xl cfoj]b]nf0{l j Zj f; u5g\ sf xl x]dof]kofylnf0{l j Zj f; u5g\ sf xl Pn]k]ylnf0{l j Zj f; u5g\ sf xl csk-r/nf0{l j Zj f; u5g\ sf xl csk]; nf0{l j Zj f; u5g\ sf xl kf]s]ts pkrf/nf0{l j Zj f; u5g\

>43 <

j h o G t l # & I g a G w C a \$ - #

Sfxl dglrlsT; snf0{l j Zjf; u5g\ sf xl /fhofunf0{l j Zjf; u5g\ Sfxl Wofg ofunf0{l j Zjf; u5g\ sf xl c; Qmla/fdlnf0{3f6df klofp/p; sf clGtd d/0f ; kfg[s'fdf l j Zjf; /V5g\egl sf xl c; Qmla/fdlnf0{c; ktn klofp5g\ sf xl c; Qmladlf/Lnf0{c;ktnn].gj xflkj eg/ k7fPsflnf0{klg 3f6j Bn] pkrf/ u/l 3/kmsfPsf 5g\egl sf xl ; fdffo ladf/lsf] pkrf/ u/fpg hfbf klg c;ktnsf] nfkj fxln] lat]sf 5g\ sf xl c;ktnfdf arrf hGdfpg hfgxbj eg/5g\egl sf xl c;ktnfd dfq arrf hGdfp5g\ sf xl ; 18gl]sf] e/df arrf hGdfp5g\t sf xl PSn) 3/df arrf hGdfp5g\ sf xl]sf] c;ktn ku] klg arrf arfpg ; Qmgg\egl sf xl arrf hflup klg cfdf arfpg ; Qmgg\ ; 18gl; u}xf]; jf gxfl; \3/df arrf hGdfpbf klg sf xl]sf] arrf hflupg g; s]sf] b]\vG5 eg] slxn] cfdf hflupg g; s]sf] b]\vG5, slxn] c;ktnfdf xf]; jf 3/df b]) 7fpbf cfdf-arrf g) hflupg g; s]sf] b]\vG5 . 3/sf] bfhfdfl c;ktnfdf of] 36gf sd xG5 . o:tf]cj :yfdf dflg; nf0{s; /l a%g< sf xl]nf0{l xhfl] nv]b/ cfh lalu/x]sf] 5 . sf xl]nf0{ef]nn] tfg/ cfh lalu/x]sf] 5 . sf xl]nf0{l xhfl] klg nv]b]sf] 5, cfhn] klg lk/n]sf] 5 / ef]nn] klg tfg/ ; tf0/x]sf] 5 eg] sf xl]nf0{g l xhfl] nv]b/ t; fbg ; s]sf] 5, g ef]nn] tfg/ dfgl; s tgfj lbg ; s]sf] 5, p; sf] nflu v'; l / zflgt; u cfh cfgGb; u hlj g affr/x]sf] 5 . l xhfl]sf] qf; / ef]nsf] eo ldl; g hfbf ; a] h; f] dflg; kfom kl/qf; df affr/x]sf 5g\ sf xl ; fa\hfj; u klg 8/fp15g\egl sf xl af3-efn'; u klg 8/fpbgg\ sf xl afpcfdf; u 8/fp15g\egl sf xl 5f/f5f/l; u, sf xl nflg]; u 8/fp15g\egl sf xl :j f; gl; u, sf xl kx/l j f; jgs; u t sf xl sfg'g; u, sf xl gjtstf / r/q; u, sf xl zq'; u 8/fp15g\t sf xl ldqtf 66\hf ls eg/ 8/fp15g\ sf xl xj f0hxfh r9g 8/fp15g\egl sf xl cft/l f 3Dg klg 8/fpbgg\ sf xl Jo:t ; 8s kf/ ug] klg 8/fp15g\egl sf xl ulx/f vfgldf sf d ug] klg 8/fpbgg\ Ps l j ifodf lg8/ ePsf] dflg; csf] l j ifodf 8/fpg klg ; S5 egl Ps l j ifodf 8/fpg] dflg; csf] l j ifodf lg8/ klg xg ; S5 . o:tf]cj :yfdf dflg; nf0{s; /l lrGg] <

slxn]sf xl lj gfl; Ql l'; p75, o; fl; fRof egf, sf/0f g} yfxf xbbg .
slxn]sf xl TolQs} lbSs nflu5, o; fl; D%of egf sf/0f g} yfxf xbbg .
slxn]sf xl TolQs} dg lvGg xG5, slxn]sf xl TolQs} dg kH; a xG5,
slxn]sf xl cgfo; ult uf0/xg dg nflu5, slxn]sf xl eGg vfhlsf s'/f
glgl; SP/ cs{ afhl lg:sG5 . slxn]sf xl ug{ gvfhlsf s'/f TolQs}
ug{ kluG5, slxn]sf xl dgn] /fdfl ug{ vfhbf klg Joj xf/df rlsG5
slxn]sf xl xftdf ePsf; ffrf g; DernP/ cs{ 7fpdf vfhg kluG5 .
slxn]sf xl nuf0; s]sf l5:s]gl nufpg la; f]ls egf/ xg{ kluG5 .

j h o G t l # & l q a G w c a \$ - #

slxnjsfxl efjs nfujsfj dx;'; klg xb|g t/ vfg a:bf w}/ vf065 .
o: tf cgluGtl ; Gb|ex? cgfof; g) xg hfg5 t/ sf/0f kQf nflu|g .
o: tfj cj : yfdf dflg; nf0{ s; /l a%g| <
sfjxL ; fgfj s/f kfpb|f b^a\ k5g\egj sfjxL ; j { j kfpb|f klg v'; l
xb|gg\ sfjxlnf0{ sf/flds tl/sfn] s]xL s/f efof egj klg gsf/flds
g) a%5g\egj sfjxL gsf/flds s'/f egj ; sf/flds g) tl/sfn] ln5g\
sfjxlnf0{ 3/ aflux/sf; a) hflt nfl5g\t sfjxlnf0{ 3/eqsf ghflt nfl5g\t
sfjxL ; fdffo s/fnf0{ klg c; fdffo a%5g\t sfjxL c; fdffo nflg] s'/f
klg ; fdffo u/l a%5g\ sfjxL Pp6f lj ifonf0{ dxfg\7fg5g\egj sfjxL
ToxL lj ifonf0{ Go\g 7fg5g\ sfjxL cfkrrh f0{ dfq b\l\ lb0/x]sfj 7fg5g\Y
cfkrrh] csfjh f0{ kl8f lb0/x]sfj s'/f la; f5g\ sfjxL yf}/ dfq sfd ; 3P
klg w}/ ; Den5g\sfjxL hlt ; 3P klg la; f5g\ s; h] ; Dk0f{ j t\qtf
kfkt ul/; sk15 klg ; w} affwPsf] dx;'; u5g\egj sfjxL affwPsf]
hlj g u\hf|f klg, o: t) t xf] lg lh\bul elg/x\5g\ sfjxL ; Dk0f{ h: tf]
clwsf/ kfP klg ; w}j l-rt h: tf] 7fg5g\egj sfjxL clwsf/ s] xf] e\gj; Dd
klg ghfg\ o: t) xf] egj d:t /x\5g\ sfjxL : j t\qtf / clwsf/ kfP/
: j 5\gb / zl0msf] dftn] cfkrrh] s] ul//x]sfj 5' e\gj ; d\jt la; f5g\egj
sfjxL oxL : j t\qtf / clwsf/sf] nflu cfj fh p7fpq ; d\jt ; Sb\gg\
sfjxL cfnfj\gf dfq ug{ hf\gb5g\egj sfjxL k|z+ f dfq hf\gb5g\ sfjxL 3/
aflix/sf] df5g|h] ; fgfj sfd u/] klg s] s] g u/] egj/ avfg u5g\egj
sfjxL 3/eqsfh] u/]sfj 7hfl sfd klg vf; 7fg5g\ sfjxL hlt; 's) dfof
kld kf0/x] klg a%bbg\egj sfjxL kld s] xf] e\gj ; d\jt yfxf gkf0{ d5g\
sfjxL ; u; u) a; k15 dgd6fj e0xfN5 lg egj/ : j e\flj s ln5g\egj
sfjxL o;)sfj lr\gtfdf 8A5g\ sfjxL cfkrrleqs} wg ; Dk0Q k|/j f/nf0{
lrQ aefifp5g\egj sfjxL ol ; a) s'/fdf cAan eP klg \v\g / c; Gt\jif
x\5g\ sfjxL csfjh ubf cfkrrh] sxff klu; s] e\gj la; P/ d\flsf
ldNg] laQs} v\bf u5g\egj sfjxL csfjh] vf; gu/] klg p; s] sf/0fn]
ubf{ d o: tfj Dd eP e\gj u5g\ o: tfj cj : yfdf dflg; nf0{ s; /l a%g| <

Sfxl k} f ; fk6l dflg hfGg] t/ c?n] cfklt; l; fk6l dfu]sf] dg
gk/fpg] xG5g\eg] Sfxl ; fk6l dflg hfGg] lkmtf ug(ghfGg] xG5g\ Sfxl
; fk6l lng klg hfGg] / ; dodf g] lkmtf ug(hfGg] xG5g\eg] Sfxl k} f
; fk6l lbP/ ztkltztebf a9l Jofh c; Ng] klg xG5g\ Sfxl egl
cfkt\k]/sf]nf0[; fk6l klg lbG5g\ Jofh klg glng] xG5g\eg] Sfxl
l/g ; fk6l lbgl alhdfx xf; l/bgl] xG5g\ c; Ng] ; dodf k} f lkmtf
ug(g; Sg]sf] 3/ v|t g] SAhf ug(lgotsf xG5g\ Sfxl c?nf0(k/sf]
cfktsf alhf o; l/ ; Denf0-a'ef0 ug(tD) y cul; / xG5g\ s dfg] pm
cfklt;gbf hfGg] a%g] Sfxl 5g egl eif Joj xf/ b]vfp5 t/ ha p; nf0{
≥45 ≤

j̄hoGtl #& lgaGw c̄s-

Toxl dfG5]sf h: t} cfkt\cf0k5{ ta pm cfQp/ olt lj rInt xG5 ls c?nf0{ ; Demfpb a\efpg ; Sgl 1fg : ofnsf]l; ^ e]rufoa xG5 . sf xl c?nf0{ k/]sf] cfkt\df h; /l ; Demfpb ; S5g\No; /l g} cfkr\hf0{ k/]sf] cfkt\df lg ; DxfNg ; S5g\ sf xl cfkr\hf laTbf d'6b]v g} eSsflgP/ \G5g\eg] sf xl cfMf ldRb} /Psf] k\bzg u5g\lt/ dgleq v'; l e0/x]sf klg xG5g\vlRr^& eg] . sf xl eg] hlj ge/ lj Zj f; ug\ nfos xG5g\ eg] sf xl lgotn] b'6 dg; fo lnP/ Pg df]sfdf lj Zj f; 3ft ug\ vfnf xG5g\ . sf xl : gk-kld ; Rrf xbon] u5g\eg] sf xl kr\bf p7fPk15 ak0f xG5g\ o: tf] cj : yfdf dflg; nf0{ s; /l a%g] <

sf xl-sf xl df cfdfdf lj Zj f; xb]g eg] afa\df klg lj Zj f; xb]g . sf xl sf xl df nf]gl\df lj Zj f; xb]g eg] : jf: gl\df klg lj Zj f; xb]g . sf xl sf xl s; df klg lj Zj f; ub\gg\Nsgls kf\m\ dfG5]n] dfG5]n] nf0{ cf\df\otfn] lnPsf] g] xb]g . ejf gf g] : j fy\h k\blift ePsf] xG5 . k\dsf] gf6slo?k Ps-cfk; sf] gftfdf k\bzg e0/x]sf] xG5 . Hofb} sddf dfq k\lj q ejf gf xG5 . k/Dk/fsf] q6lk0f/ ^tf/sf] ultnf0{ ; Dk0f ; To; Gb]z lb]g cf\of\tdsf] qfddf ed; lxt 5nk0f tl/sf ck\gfP/ ; To wd\ Gb]z e\fb] ; j q 5g\ v\fh/x]sf] ; To ; flat x\g v\fh/x]sf] l\0f 5 t/ ; To ; w\ dflg; sf] hlj ls\fk\h\gsf] nflu c; To ; flat e0/x]sf] 5 t/ ; To ; To g] xG5 . To; h] s\g] klg gftfnf0(lj Zj f; u/]sf] b]v\g eg] s\g] klg gftfn] s\g] klg gftfnf0(lj Zj f; u/]sf] klg b]v\G5 . a\df\gl u/]sf] klg b]v\G5, 0dfgbf/l klg b]v\G5 . o: tf] cj : yfdf dflg; nf0{ s; /l a%g] <

sf xl c?n] cfkr\hf0{ lgs6sf] cfkr\hf 7f\gl kf\]sf] b\ll\ xl; y\ f cz\gl\t j f s; }k\lt\sf] u\gf; f\j f cf\nf]rgf j f ck\df\gf\ fw cf\lb v'a xbo lbP e\hu/l; t5g\Y To\ ; g]sf] s'/f dgk\bf\df g] /V5g\eg] sf xl ; 'gfpq g] gx\g] Toxl JolQmnf0{ ep gePsf] kr\fx/l s'/f a9f0r9f0 u/v s'/f nufp5g\ b0{ y/l al\rsf] kr\6f\ x/y b\ll\ k/l /dt ag] a:g ; S5g\ cf\k\ ; fv\No e0{ 6f\kN5g\ . sf xl a'9; sf nsf] afa'cfdfnf0{ ; d\lt lgsfN5g\eg] sf xl ; 8sdf k\lsf a'9fa'9lnf0{ klg cf\gf 3/df nu/ kfN5g\ sf xl 5f/l dfq kf\gf eg] ; f\ft le\o\pf\5g\eg] sf xl 3/af6 g] lgsfN5g\ sf xl bf0h\ gf\]sf] lgp\df hnfp5g\ sf xl 5f/l kfPs\df\ x\hf r\flx\fb\gg\lt/ gf\] 6f 5f/lk\5 klg 5f/f kfP/} 5f\85g\ sf xl Pp6f 5f/l\df b\ll\ k/v ; Gt\]f\ dfG5g\ sf xl eg] cn6f fp08 u/v ue\eqsf] lzz'sf] ln\ a\ klxr\fg u5g\ 5f/f 5 eg] h\6dfp5g\ 5f/l b]v\pdf ej\0f x\tof u/fp5g\ sf xl cf\gf nf]g] : j f: gl 5f8/ cs\sf] >l\dt\ eu\fp5g\ eg] sf xl cf\gf nf]g] 5f8/ cs\sf] nf]g] k15 nf]5g\ o: tf]df dflg; nf0{ s; /l a%g] <

3/df emu8f, l5d\sf\ df\ snx, /fi6\g] u\k\o'4df, alnof /fi6\] sdhf/

j̄hoGtl #& lgaGw c̄s-

/fi6\dfly cf\qmd0f, t\hdflysf] v\lgh dflysf] gbl-tfndflysf] ; d\bl dflysf] : j fldTj ; s; Dd cf\gf cg\sh kf\gf ul//x]sf] c:j : y k\lt: k\wf\ cf\lb, olt l3g nf]bf] cj : yfdf ; fd\g\o dflg; af\rg' k/]sf] 5 ls j\ft: tj df wd\ sf\g'g, /fhg\lt / cy\gl\tn] 0\txf; b]v g] j t\dfg; Dd g] cfd dflg; nf0{ af\rg c; lh\nf] e0/x]sf] t\Yo-; To h\hg\df\ ; f\fl : j ?k ; fl\ff\tsf/ 5 . o: tf] sl7g 38\df /x]sf] dflg; nf0{ s; /l a%g] <

k\]o]s kn dfG5] h\lgd/x]sf] 5, dl//x]sf] 5, x\ff; /x]sf] 5, /f0/x]sf] 5, ; km\ e0/x]sf] 5, c; km\ e0/x]sf] 5, ; v kf0/x]sf] 5, b\ll\ kf0/x]sf] 5, e\]f0/x]sf] 5, x/f0/x]sf] 5, e\]f e0/x]sf] 5, la5f8 e0/x]sf] 5, alg/x]sf] 5, el\ts/x]sf] 5, h\df\ ul//x]sf] 5, ul\d/x]sf] 5, z\fl\gt kf0/x]sf] 5, x/l; vf0/x]sf] 5, gofo kf0/x]sf] 5, c\gofo v\]k/x]sf] 5, oy\fl\ y\tdf /df0/x]sf] 5, ; wf\ ul//x]sf] 5, cfd\h kl/j tg\ ul//x]sf] 5 . o: tf] cj : yfdf dflg; nf0{ s; /l a%g] <

sf xl cfkr\ /x pd\y/sfnf0{ ; fyl agfp5g\eg] sf xl cfk\te\bf a9l pd\y/sfnf0{ ; fyl agfp5g\ sf xl cf\gf] ln\ a\ll\nf0{ ; fyl agfp5g\eg] sf xl lj k\lt ln\ a\ll\nf0{ ; fyl agfp5g\ sf xl ; a\}ln\ a\ll\nf0{ ; fyl agfp\ dg k/fp5g\eg] sf xl dfG5]; u lj t\]off a9/ s's'-la/fnfc\lb hg\j / ; fyl agfp5g\ sf xl ; fyl eg\k\l5 x\ss xG5g\lt sf xl ; fyl\nf0{ xn\sf 7f\G5g\ sf xl ; fyl\nf0{ kf\]f\ dfq u5g\eg] sf xl ; fyl\nf0{ db\ll\df /fv\ l\qtf cu\fl8 a9fp5g\ sf xl l\qtf 66\lf\ eg]/ 8/fp5g\eg] sf xl l\qtf a9\lf\ eg]/ 8/fp5g\ wg x\g\? wg ; lsPnf r\fl/Pnf ls eg]/ 8/fp5g\eg] ?kj fg\? ?k ; lsPnf j f lalu\pnf eg]/ 8/fp5g\ lg/f\lx? : j f: y lalu\pnf j f /f\]u nf\nf eg]/ 8/fp5g\eg] alnofx? ; sdhf/ e0Pnf eg]/ 8/fp5g\ kbdf k\]sf\? kb u\dnf eg] 8/fp5g\eg] k\]t\li7tx? dfg k\]t\i7f 36\lf\ ls eg] 8/fp5g\ nf\elx? kfx\gf cf\pn\fg\ls eg]/ 8/fp5g\eg] rf\]f\gt\]f\ ug\? la6\hf\ xf\]nf ls eg]/ 8/fp5g\ sf xl et\k\lt; u 8/fp5g\eg] sf xl lj ifosf alnofx? ; u 8/fp5g\ sf xl wdf\df; u 8/fp5g\eg] sf xl kf\k; u 8/fp5g\ sf xl kf\gl; u 8/fp5g\eg] sf xl cf\uf\; u 8/fp5g\ sf xl pr\0; u 8/fp5g\eg] sf xl ulx/f0; u 8/fp5g\ sf xl ph\of\nf; u 8/fp5g\eg] sf xl c\wsf\; u 8/fp5g\ o: /l dflg; x? x\]skn lj le\g\ lj ifo; u 8/f0/x]sf] xG5g\ dfG5] 3/eq klg e\dr\fnf\ hf\nf ls eg]/ 8/f0/x]sf] xG5g\ eg] af\lx/ lg; s\bf klg df\6/n] lsRnf ls, klx/f\]n] lyRnf ls, v\]hn\]n] aufpnf ls, ks\]df/fn] r\]nf\ls j f b\ll\fk\; fb x\]nf ls, cf\k\]n] e\]f\ gr\fx\sf] dflg; ge\]6Pnf ls cf\lb-0To\fb eg]/ 8/f0/x]sf xG5g\ ; a\]df\g\ a9l cf\k\]dl/Pnf ls eg]/ 8/f0/x]sf xG5g\ o: tf] cj : yfdf dflg; nf0{ s; /l a%g] <

s;]sf >l\dt\ ar\rf / afa'cfdf 5f\8l lj b\]z sdf0{ ug\ u\psf 5g\lt

jhoGtl #& lgaGw c^as-#

S;]sf >ldfg\\$]fs]b]l 5f8]/ sdf0{ug{l]bjz uPsF 5g\ sf]xl l]bjzaf6
>ldfg]k7fPsf] /sdsf] ; bkof]u u/] s]fs]b]l / 3/sf] ; f]f0f u/u/
a;]sf 5g\eg] sf]xl >ldfg]k7fPsf] /sdsf] b'; kof]u u/l cs{k'; if; b]
df]hd: tl ul//x]5g\ sf]xl c/asf] c8]fnl; l8u] tftfdf sfd u/u/
>ldtl]n] k7fPsf] k} fnf0{ ; bkof]u ul//x]sf 5g\t sf]xl cs{ s]b]l /
hfBdf /sd p8f0/x]5g\ sf]xl bnfnsf] slgotsf] l; sf/ eP/ l]bjz
h]ndf a:g af]No 5g\eg] sf]xl l]bjzdf lgod sfg]g l]j k/lt sd{ u/u/
h]n a:g af]No 5g\ sf]xl kl/a]bn] h]n k/]sf 5g\ sf]xl sfd / kl/jf/sf]
af]em j f bj fasf] sf/0f cf]dxTof ug{l]j z 5g\ x/]s lbg x]f0/c8&df
lj b]zaf6 g]kf]nl] nf; cf0/x]sf 5. o; /l]j j z g]kf]nl] s]dfPsf]
/d6&f; n]bjzsf] cy]tGq rln/x]sf 5. oxflsf /fhg]ts; ^u7gx?n]
JolQmut / kf6l]ut : j fy]af6 p7]/ /fli6@ : j fy{ j f hgtfsf] b]gs
hl]j ls]kf]hg]sf l]j ifonf0{uf]f 7fg]sf] cj : yfdf dflg; nf0{s; /l]a%g<
k]f0f hutdf efn] / kf]lsf] zf/]l/s ldn]n] g]; [i6 ; Dej ePsf]
xf] . j g:kl]t hutdf k/fus0fn] el]dsf v]h]sf] x]G5 . k]f0M k]f0f]x?
ofgnf0{ ; [i6 dfqsf] ?kdf Joj xf/ u5g]To; h] of] ; Dks{ vf; -vf;
; dodf dfq x]G5 t/ dfG5]df eg] of] ; j]sf]n x]G5 . To: tf]df klg sf]xl
dfG5] ofgn] ; Gt]i6 x]G5g\eg] sf]xl ct]t eP/ s]107t x]g k]U5g\.
o; tf] s'f JolQm-JolQmd k]n/s x]G5 . s; hn]f0(w) rfx x]G5 eg] s; hn]f0(
yf]}. sf]xl cf^g] hf]f8f hf]8l]df /df0/x]sf 5g\eg] sf]xl c?]t/. clxn]
t ox]f klg k'; if ofgsdl{ / : q] ofgsdl{ b]j} pk]nAw 5g\ sf]xl ofga]f6
s]107t eP/ af]f]df lf]8/x]sf lbb] alxgl]nf0{clZnn l]sl; dn] lh: sf]p5g\
eg] sf]xl a; df j f /h]ndf j f le8ef8df ; j]bgz]n c^u 5fP/ k]l8f
lb]G5g\ sf]xl >ldtl]nf0{ anffsf/ u5g\eg] sf]xl ; 't dgl: y]tsfnf0(
anffsf/ u5g\ sf]xl ax]hfPs]nf0{ klg anffsf/ u5g\eg] sf]xl t
gf]fb]g-gf]f l]ns lzz]nf0{ d]t anffsf/ u5g\ sf]xl-sf]xl hg'; 's]gftfsf]
; Da]W eP klg Pscfk; sf] ; dembf/l]df zf/]l/s ; Da]W /V5g\ o: tf]
r]ffx s]t a]flx/l blgofdf pb]f]6t x]G5 eg] s]t u]kglo g} /xg] u/]sf]
5. sf]xl hg]fj /; u ; d]t ; DDef]u u5g\u/fp]5g\ o; /l] ofgsf] sf/0fn]
; dfhdf ; sf]/fdse]bf gs/ft]ds ; Gb]z 5l//x]sf] cj : yfdf dflg; nf0{s;
/l]a%g< sf]xl c1fg, e]d, c]gw]j z]f; , s'; +sf/ , k/Dk/fut df]gotf
j f rng, ; fl]/f] l]rf/ / cx^a]sf/ c]l]ba]f6 blaP/ hl]j g j f dflg; sf]
d]Nodf]gotf / ul/dfnf0{ c]gof]nk0{ tl/sf] a]lem/x]sf 5g\eg] sf]xl
1fg, t]Yo ; To; l]xtsf] k]df]lo]t cf]wf, k/Dk/fut df]gotfdf /x]sf] q]6
sdh]f/l x]b]x6fpb] v]hf l]rf/ / s]t]atf / k]s]t alrsf] d]ql-c]ql
v]6]fpb]dflg; sf] hl]j gsf] d]Nodf]gotf / ul/dfnf0{>dsf]k]hf / r]t]gfsf]
cf/tln] z]feofdfg k]f//xg' g] hl]j g a]Rg] dh t]l/sf xf] egl/ a]lem/x]sf]

j̄hoGtl #& lgaGw c^as-#

5g\ o:t] cj :yfdf dflg; nf0{ s; /l a%g] <
Pp6f dflg; nf0{ bfz[gs tj/n] xg] xf] egl hlj g / hut\ d]6/ xg]
b|i6sf]f k|z: t dfqfd km/s-km/s kf0G5 . e]tsj fbl bz[gsf]
b|i6sf]f dflg; nf0{ a%g] xf] egl kbffy[n] r]tgf h]dfPs]f dfGgk5{ .
cfbz] fbl b|i6sf]fn] j f bz[gn] xg] xf] egl r]tgt]j n] a]df08sf]
; hg] u/]sf] dfGgk5{ . cf]nolTds bz[gn] xg] xf] egl 0%j /n] ; + f/sf]
; |i6 u/]sf] dfGgk5{ . oflgqs e]tsj fbl b|i6sf]fn] xg] xf] egl
0%j /n] ; + f/sf] /rgf u/]sf] xf] 'df t/ ; + f/nf0{lgoddf /fv/ ; b]sf
nflu cnk eP egl s/f dfGgk5{ . P]txf; s e]tsj fbl bz[gn] xg] xf]
egl dfqj h]ftsf] l] sf; nf0{ cnf]ss 0%j /n] u/fpsf x]pg, of q]ds
l] sf; sf] pkh xf] j f of] ; bf r]ln/xg] k]sb]f xf] egl dfGgk5{ . a]gafTds
e]tsj fbl bz[gn] klg kbffy[nf0{ klxn] k]fyldstfdf /M]b5 . l] zj sf]
sg] klg j : t'l:y/ xbg, kl/j tg] /l] sf; e0 /xG5 . k/fg]sf] 7fpf gof]n]
lnb] h]f5 e]gl s/f dfGgk5{ . k/fg]eqaf6 g} goff h]d]y, k/fg]nf0{ g}
x/fP/ goff: y]fkt e0/xG5 . ca bfz[gs ta/n] dflg; nf0{ s; /l a%g] <
/fhg]ts ta/n] Pp6f dfG5]nf0{lgoNg] xf] egl emg h]l6n b]vG5 .
lg/a]sz /fhtGq, ; j]wfgs /fhtGq, kh]lj fbl kh]ftGq, ; dfh] fbl kh]ftGq,
nf]stGaj fbl zf; g, u0ftGaj fbl zf; g, ; f]oj fbl zf; g c]fb s] s] xf]
s] s] /fhg]tsf] gd'gfx? . lg/a]sz /fhtGq] klg hgtfnf0{ ; v /
zf]t l]b]PS] b]vG5 . ; j]wfgs /fhtGq] klg hgtfnf0{ ; j]f]k/l 7fg]
/fHon] ; #f]of ul//x]sf] g] b]vG5 . kh]lj fbl kh]ftGq klg hgtfsf] l]xtdf
/fHo ; ~rfng ul//x]s] b]vG5 . ; dfh] fbl kh]ftGq] klg hgtfsf]
s]Nof0f s] nflu zf; g u/]sf] b]vG5 . u0ftGaj fbl zf; g klg hgtfs}
k]fdf b]vG5 . ; f]oj fbl zf; g klg hgtfs} nflu b]vG5 t/ ol ; a]
/fhg]ts k]ffnl]df g} c]fd dflg; x? p]0s} c]g]fo c]torf/ ; xg klg
af]lo 5g\ ; + f/df s] /a ; j f b]0{ ; o b]zx? 5g\ k]y] l]df oxl k]fr ; ft
k]ffnl]n] g} ; + f/df /fH ul//x]sf] 5 . cr]d oxl k]ffnl c]kgf0g] s]g}
b]zsf dflg; egl ; v / zf]t; u a:g kfP /dfPsf 5g\eg] s]g} /f16]sf
gful/sx? o: t] k]ffnl c]kgf]pb] klg c]lt g} si6s/ hlj g latfpg
af]lo 5g\ s] o; sf] sf/0f /fhg]ts k]ffnl xf] ls zf; gs] g]t]j df
a: g] j f klg] JoQmsf] lg]ot < rfx] lg/a]sz xf]; y]f kh]ftGq, rfx] ; j t]q
xf]; y]f lg/a]sz zf; g t/ /fHoaf6 -/fhg]ts ha Pp6f dflg; n] gful/stf
k]fr t u5{l]g To]g] ; + f/df af]Rg ; xo]f u]ofpg] k]d]v ; To xf] t/ of s]/f
la; y] c]f^g] blzn]ufnl ub], blzn] s] l]bof] e]gb], l] blzn] g] ; j b]z
7fgg klg] l] b]zPs]f dflg; x?nf0{ l]ws]sf/ e]g]b]v s] e]g] ; ls]G5 /<
z/Offy{l]j f cgful/s s] xf] < /fhg]ts ?kn] dflg; nf0{ s; /l a%g] <
wfld]s?kdf oxl dflg; nf0{ xf] xf] egl emg N]j s/fn b]vG5 . sf]x]

j|hGtl #& lgaGw c^s-

cfkrlhfo{lxGb' e|65g\ oxl wd{eq klg w/} ; Dk|bfo e|665 clg k|l|o|s ; Dk|bfon] csf] ; Dk|bfonf0{ tNnf] ; Den65 . sf]x] lzj df65g\sf]x] l] i0f . To; df klg l] leGg u'6 b]vG5 c3f]/, sf]lr/f cf]b eg] h:t] s]0f df65g\df] afx] j if{cufl8 / k5f]8sf] eGg] l] efhg b]vG5 . h]eP klg lxGbx? kghfd l:j sf]5g\ af] wd{k]lg l] eflht 5 . o; n] klg kghfd df65 . lq]: rog wd{k]lg l] eflht 5 t/ o; n] kghfd df65g . o: nfd wd{k]lg l] eflht 5 , o; n] klg kghfd l:j sf]b]g . o:t] u/l h]g, lzv oxbl cf]b wd{x? 5g\ loglx?sf] nlo sl/a p:t] h:t] eP klg cf]cf]gf] cf:yf, >4f / l] Zj t] sf] ; [i6stff0{ ; Denrg] ; +s[t eg] km/s 5 . Pp6fn] lgwf/df 6lsf nufp5 wd{ ; DenV csf]n] lgwf/df 6lsf nufpg' kfk ; Den65 . l] leGg wd{eq /x]sf] cgdl]n ; +s[t oxff pNn]v u/] flw 5g . ; a] wd{ ; d]leq klg cf]t:ts / gfl:ts eg] cfklnf0{ klxrfg u/fpg]x? xG5g\ p:t] rf8af8, /l]t/l]f, vfgkfg, klx/g ; a] p:t] g] xG5 . x/]s wd{ ; Dk|bfosf cf]gf]cf]g] t/ sf]x] ; +s[t nf0{ dx]j lbP/ wd{hf0{ cl:j sf] u5g\ls]s wd{eqs] c]wlj Zj f, , s/]lt, cf]8da, s'; +s[t / gf]6s]o Joj xf/n] ; dfhdf g/fd]d] dgf]j } flgs c; / ul//x]sf] 7f]5g\ o:tf] wd{/ ; +s[t n] ly]rPs] dflg; nf0{s; / l] a%g] < ; dfhzf:qsf] b]i6n] dflg; nf0{xg] xf] eg] ; DaGw} ; DaGwsf] dfv]hfnf] 5 . PSnf] df65] j f Ps kl/j f/df dfq hl]g ; Dej b]vbg . Pp6f df65n] hlt; 's] sf] ; u/] klg, cf]g] dfq j f kl/j f/s] dfq e/n] hl]g l]gj fx xg ; Sbg\ckj fbnf0{5f]8/ . df65n]-df65hfo{j f: tf ub]g, ; DaGw g] /fVg rfxbg\df65] g] uGbg eg] klg p; n] df65sf] 3dfp/f] kf/fn] ; xofu lnP/ affr/xsf] xG5 ls]s df65]-df65] alr cf]t; DaGw / cf]t/ lge/tf /x]sf] xG5 . df65] kl/j f/ , /fi6«15d]sl /fi6«/ cf]t/Xf]6elf ; d]t oxl s/f nfu' xG5 . pbfx/0fsf] nflu kf]f; sf] hgtfn] lt/sf] s/sf] j f bf]sf] /sdm] pkNnf] 8f]Nkfdf :s'h / k:tsfno v]h]sf] xG5 . lk]ngNof08sf] hgtfn] lt/sf] s/sf] k:fn] gkfnsf] ; fd]bflos agsf] l] sf; e0/x]sf] xG5 . gkfnsf] n]sf] t]af6 tof/ kf/sf] sk8f / kf]f fs hfkfghn] nuf0/x]sf] xG5 . o; /l; +f/sf] Ps 7fpdf pTkfbg ePs] sf] s]g] klg j: t'; +f/e/sf dflg; x?]n] pkef]u ul//x]sf]kfoG5 . To; h] df65] eg]sf] ; DaGw} ; DaGwsf] l] :tf/t ?k xf] . ef/t / kf]s: tf]galr zq'tfk0{ Joj xf/ b]vG5 t/ klg b]0{b]zalr sltko ; DaGw lhpb} 5g\ To;t] cd]sf / rlg alr klg k]z:t cgdl]n? 5g\ t/ klg cf]y]s, ; f]s]ts / ko]g cf]b h:tf ; DaGwx? l] sf; t e0/x]sf] 5g\ o:tf] cj :yfsf] d]h-adjh h:tf ; DaGwd] h]nPs] dflg; nf0{s; / l] a%g] < ; dosf] l]x; fan] xg] xf] eg] sl/a ; o j if{cufl8 xfd] lyPg] -lxhf, sl/a ; o j if{ Dd xfd] oxf] /xG5f] -cf]h_ k]h/ sl/a ; oj if{ k]5 xfd] >50

j|hGtl #& lgaGw c^s-

/xb]gff -ef]n_. lxhf] lyPg] eg] cf]h s; /l 5f] 5f] eg] ef]n k]h/ sxff k]l5f] < sl/a al; -klRr; nfv j if{ cufl8 df65sf] hft o; ; +f/df lyPg, lyPg eg] sx]fa]6 s; /l cf]f] < ef]n slxn] Dd /xG5f] xflnf < o:tf] c]j :yfdf dflg; nf0{s; / l] a%g] < P]txfl; s ta/n] dflg; nf0{xg] xf] eg] dflg; sf] lnvt 0ltxf; sl/a kf]r xhf/ j if{sf] dfq b]vG5 . of] kf]r xhf/ j if{df dflg; -dflg; alr olt o'4 ePs] 5 ls s]g] o'4 hldgsf] nflu, s]g] o'4 wd]sf] nflu, s]g] o'4 hft-hftsf] lgl]t, s]g] o'4 bf; Tj dlQmsf] nflu, s]g] o'4 gf]sf] lgl]t ePs] b]vG5 . ; a] o'4 l] gf; sf] / xb]g . oxl 0ltxf; nf0{xg] xf] eg] la:tf/ c]f/sf] l] sf; eof]. efhkqdf n]vgl c6fpb}h]bf sfuhsf] l] sf; eof]. u; s'h xb]kf7zfnfb]v l] Zj l] Bfno eof]. ; flxTo, snf, bzg, ul0ft, Jofs/0f, hf]tifzf:q, l] 1fg, cfo]b cf]b sl/a 0ltxf; sf] ; 'lt/ g] l] sl; t xb]cf0/x]sf] lyof]. o; s]hudf 6]s]v cfhsf] rdt]sf/ plePs] 5 . ; ~rf/ l]fq, oftsoft, ej g, 8ofdk, l] B't, cf]0f]j s e]s], cf]fm] l] 1fg, a]kdf08zf:q, e]ts l] 1fg, /; fog l] 1fg, l] 1fg-k]j lwdf ePs] l] sf; sf] rd]sf/ p]xl 0ltxf; sf] hudf plePs] 5 . lx6n/, d'; flngl, kf]nkf]6, :6flngl:tf dflg; klg lyP . sal/, ; flq]6; , l] j ls]f]gb, dx]t]df uf]wl, db/ 6]/; f / ; f]fafah:tf dflg; klg lyP . oxl b]0{ y/l dflg; sf] u]f tyf :j e]f, ; +f/e/sf dflg; df w]/-yf] xG5 . kftnf] ?kdf xf] ; of afSnf] ?kdf . o:tf]df dflg; nf0{s; / l] a%g] < kf]f]txfl; s ?kn] df65]hfo{xg] xf] eg] xf]df]g8b]v cfhsf]ou; Dd cf]pb]f h]a]n]l]ou, 9'a]n]l]ou, ; Tool]u, q]l]f]ou, 4fk/o]u / slno]u ePs] b]vG5 . hlt klg lnvt 0ltxf; 5 tl; a]g] kf]f]txf; sf] hudf plePs] b]vG5 . Toltv]sf dflg; x?]n] cf]f] kf]f] ug]hfg] sf]f]df; 'sf] ; sf] kf]f]vfg hfg] 9'a]n]sf] l] leGg xltof/ agfpg hfg] tfdf / k]m]fdh:tf wft' kf]j l]sf] ueaf6 lgsf]ng hfg] 3f]8f r9g] hfg] s's' kf]Ng hfg] uk]mfdf a:bf cf]gf] hl]g df]f]sf] ; 'v-b]m, ; a]s]f] eo / cfkln] ; Tbf b]v]sf] ; kgf]nf0{uk]nf] le0f / 7h]f] 9'a]n]sf] ss]s/df lrq sf]g] hfg] . of] ; dodf s]g] wd] lyPg t/ ; +s[t r]flx+lyof] clj sl; t efiff klg lyof]. Ps lk]n]l]csf]lk]n]nf0{afRg hfg] ; Dk]0f]sf] oxl df]wodn] l; sf]pb]yof] . dflg; df >it :d]t ah]b]sf] lyof]. Tox] >it k/Dk/faf6 j]b, lhGbf] :tf, Oln]o8 / cf]8; lh:tf k:ts tof/ xg] ; sl]sf xg\ dflg; h]f]dbf v'; l x]g] eg] dflg; dbf] b]m]l x]g] t/ nf; nf0{Tol]s} 5f]8] l]x]B]y] d]f]o'; +sf] l] sf; ePs] lyPg . sl/a k]t; xhf/ j if{ k]xn] cg'dfg u/]sf] l]rxfgdf, p]vgggaf6 dflg; sf] c:y]k-h/ Ps bzs clu k]mf k]of] . of] g] clxn] Dd k]mf k]sf] df65sf] d]f]o'; +sf/sf] k]xn]f k]df0f xf] . gfr]g-ufpg hfg] . cf]gf] h]dft w/] 7h]f] ePs] nf]df >51

j̄hoGtl #& lgaGw c^as-#

cfwf-cfwf eP/ lj eflht uy] . o:t}o:t} lj efhg xb} hfbf kYj lel/, clk]sdf klyd ?kdf lj sl; t ePs] dflg; k]nol. leGg-leGg eüfl, koff/0f, xf] f kfgl, vfgkfg, afRgs] nflu ug{ kg] ; a%g] vfgfs] pknlAw ; xh j f sl7gf0, p7a; -lxBf0, cfj Zostf, afWotf / lj b]xh: tf km/skgfn] efiff, ; +sIt, wd{ j 0f prf0-df]f0 / xg; xg, p6gl- ejf]ts tyf dfgl; s lj sf, df klg lj lj wtf cfof ls h'g xfd] ; fd]g] 5 . hlj lj 1 / efiff lj 1sf] cg'dfgnf0[xg] xf] eg] sl/a bz xhf/ j ifkl5 pgfG; o k]tzt dfgl; sf] /ut / efiff Pp6] xg] 5 . kYj ls] lj leGg efudf ul/Ps] pTvggaf6 kf]kt k]f] ; N, 9^aNfaf6 agf0Ps] xltof/, xf8v]/, wft'af6 agf0Ps] xltof/, ef8fs]Bf, uxgf, hgjf /sf 5fnfaf6 agfPs] n'uf cflbaf6 / el]fnsf] agf]fdf cfPs] kl/j tgfs] ; 1d clWoogaf6 k/f0fsfnf] dfgl; sf] hfgsf/l kf]kt ePs] xf] . sg] lbg ol xfd] c]lnf c]lnf ; Gb/ lxdfnx? ePs] 7fpdf 6]y; ; fu/ lyof eGbf crDd dfGgkb] . ca o:t] cj : yfdf dfgl; nf0{s; /l a%g] <

dfgl; nf0{hft-hflt cg'; f/ xg] xf] eg] al]x0f, lfql, gj] f/ -j]o_, / las -z]b] b]vG5 . kfgl rNg] / grNg] . Toxl kfgl grNg] h] l; nfPs] n'uf-hQf-afhfrflxf5'g xg] t/ tl dfgl; rflxf c5't < ltgsf 5f/la]b]sf] cf]r:g / eflg xg] j wflgstf t/ ltgsf k] ; if c5't < ; +f/e/ dfgl; - dfgl; alr slt 7fpdf eb] 5 eg] slt 7fpdf eb] 5g hftsf] gffff . xfd]df klg k]hn] sd{ cg'; f/ wd{lj : tf/ u/]sf xg] h:t] lz]fs, / lfs, kfns / k/fksf/l; ; j s_ . kl08t, zf; s, pBf]ul / kl/rfl/sf . ol rf/ y/l sd]sf cfwf/df j ul]s/0f ul/Ps] j f u/]sf cfwf/df ul/Ps] j ul]s/0f lyP t/ kl5 zf; s / kl08t ldn] eb] u/] zflj0f ub] /x] . cem Dd klg o:t] b]vG5 ha ls of edl; j fo s]xl xf]0g of] ; To xf]0g . ca o:t] cj : yfdf dfgl; nf0{s; /l a%g] <

vf; df dfgl; :ynr/ kf]0f xf] . o; n] hldgdf t cf^gf] cflwkTo hfd0; Sof] . hlt g] lx] ls, alnof / lavfn' hlj eP cf^gf] 0; f/fdf grfp5 . s; s]f] 9f8df a:5, s; s]f] lz/df a:5 eg] s'ghf0{ cf^gf] dfnf agfp5 hlt 7hf gbl / dx; fu/ eP klg, Toxx/dfpg] hnr/sf] ; +f/ eP klg ltglx?sf] ; fwk'5lj gf g] t]n lgf]N5 clg cf^gf] ; lj wf lj :tf/ u5{ dfgl; . nfvi] 8^a]f / kfglhxhdf cf]x/bf]x/ u5{ dfgl; . kg8Aaldf j iff] kfgl d]g a:g ; S5 dfgl; . gbl, dx; fu/af6 cfk]lnf0{ rflxg] vfgfs] nflu xf] ; yf c]o pkef]usf] bf]xg ul//x]sf] 5 dfgl; . oqf] ch^a]sf]ckf/ lj Zj a]xf08 5 . ; fd]go dfgl; sf] u]t]df gcfp] tf/fx? , u]xx? , lgxf/l]sf / dg]bflsglx? n]vhf]v] /V5 . s'g tf/f s'g tf/f; lu s]lt b/]df, s'g tf/f s'g lgxf] /sfdf / s'g lgxf] /sf s'g dg]bflsgldf 5 egl/ 5'6]afp5 df]5] . s'g s'g pNsfx? sqf sqf 5g] >52 <

j̄hoGtl #& lgaGw c^as-#

/ ltglx? stf hfg nf]sf 5g\ olb k]yj lnf0{ l]ft k]ofpg ; Sg] cg'dfg j]flgsx?nf0{nf]df, To; sf] af6f]g] ablnlbq] j f To; nf0{g] q]6 ul/lbg] lfd]f /V5 dfgl; . ca o:t] cj : yfdf dfgl; nf0{s] egl/ a%g] < dfgl; nf0{ efltszf: q cg'; f/ xg] xf] eg] p; sf] z/l/ c0f / k/df0f]v afx]s s]xl b]v]bg] . k]t]s s]0f c0f / k/df0fn] ag]sf] b]v]G5 . oxl c0f / k/df0fs] ; Gtng afx]o j f leq] sf/0fn] laulg k]lof] eg] ynf kg{j f dg{ klg a]/ nf]pb]g] . ; fogzf: q cg'; f/ xg] xf] eg] dfgl; sf] z/l/eq Ps]g; /; fogsf] lqmof k]t]lqmof e0/x]sf] x]G5 . k-r 0]gb]pa]f6 kf]kt u/]sf] ; Tg]fx?af6 /; fog xf/d]f; klef]j t x]G5 . h:t] ; fd]go c]j : yfdf al; /x]sf] dfgl; nf0{olb s; h] s]Nkgf g] gu/]sf] rfx] v'; ls] s/f xf] \r]fx] b]M]sf] s/f xf] ; ; 'g]f0lb] xf] eg] Tof] df]G5]sf] cf]7d]v ; Sg yf]N5, Zj f; -k]Zj f; df leGgtf cf]p5, efls x/fp]5, lg]bf x/fp]5, xg] ; S5 d]5f{k5'/ of klg xg] ; S5 ls p; sf] ; dfrf/ ; 'g]s] l]f0fdf d]l]o' xf] \ vf; ePs] >j 0f dfq t xf] t/ oltsf s/f ug]f]u/fpg] Toxl /; fogn] u/]sf] k]t]lqmof t xf] lg . o; n] xftu]8f / ; DK0f z/l/ n]Nofsn'h's kf5{. of eg]sf] /; fogn] c0f-k/df0fdf kf/]sf] c; / xf] . ca dfgl; nf0{ efltszf: q cg'; f/ a%g] ls /; fogzf: q cg'; f/ <

hlj lj 1fgsf] bl]6n] dfgl; nf0{ xg] xf] eg] dfgl; eg]sf] s]f]f g] s]f]f] ag]sf] hlj lk08 xf] . /Qm]sf]f, 5fnfs]f, xf8sf]f, duhsf]f, df] s]f]f cf]b s]f]f]x? x]G5g\ . ol hlj s]f]f a]g] G]f]Sns, Pl; 8, s]fa]xf]08, kf]6g cf]b cu]gs t]j cf]z os k5{. s]f]fdf q]f]fhd, RNA, DNA cf]b x]G5 . olb ol : j : y / k]6 eP eg] o; af6 a]g] hlj klg : j : y / alnof x]G5, zf/l]s / dfgl; s ?kdf. oxl DNA k/l]f0af6 p; sf] afcfdf / c? j zh]sf] j f/d]f hfgsf/l kf]05 . oxl Ps s]f]f ha cf]dfs] ue]df a:5 lg Tof] a]h]fdf dfgl; sf] lj leGg c^a]n To; } leqs] z]G]t]df /x]sf] x]G5 . ha ; do la]b] h]f]5 ta Tof] s]f]f g] bz dlxgdf ; a) c^a]n] el/k0f Pp6f lzz' a]g] k]l5 . Toxl lzz' k]l5 j o:s g/ j f gf/l a]g] k]l5, o; /l ue]df a:bf cf]dfs]f kf]f]af6 g] of kf]ln]G5 / cf]dfs] Zj f; af6 o; n] Zj f; k]h]5{. h]Gd]G5, x's]G5, s]b]fs]b]l x]b} ; do/g]t/df j o:s s, kf]sf] / j 4 eP/ o; sf] ; f/fsf ; f/f s]f]f]x?n] sf] ug]{5f]8k]5, dfgl; nf0{sfnn] n]l]of elg]G5 . o: t] cj : yfdf dfgl; nf0{s; /l a%g] <

df]f]j 1fg cg'; f/ a%g] xf] eg] dfgl; n] ue]df l]v g] /fd]f g/fd]f s/f l; Sb] cf]0/x]sf] 5, ce]f Sof]xhf/ l; sf]0sf ; Tg]fx? t p; n] ue]df x's]g] q]rddf / h]Gd]k]5 l; ls/xg] kb]g . h]Gd]sf] b]0{j if]b]v sl/a 5 j if]sf] pd]df l; s]sf s/fn] g] p; sf] elj iof] l; sf]0 / 1fg a6Ng ; Sg] lfd]f lgwf]0f u/]sf] x]G5 . o; /l l; s]sf h]Dd] s/f hlt r]tg]dgdf dfq /x]sf] x]b]g . cw]t]g dg / c]j r]tg klg /x]sf] x]G5 . r]tg]dg]n] >53 <

j̄hoGtl #& lgaGw c^as-#

dfq dflg; lgbjzt xbjg . slxnjsfxlf cwrjtq / cj rjtq dgn] p; nf0{ cgfo; } cfkjh] ; fRb) g; fJrjsf sdlt/ pGdV u/fp5 . xfdl efuj t syfdf klg uebjv g} dflg; n] l; S5 eGg] s/f pNn] u/sf kf0G5 . o; sf pbfx/0f xfj cledG0' / kXnfbh: tf kfqx? .

dflg; nf0{ n^aNS cg'; f/ xgl xfl eg] klg lj lt wtf b]vG5 . oxff :ql ln^a / kln^a dfq 5g peoln^a / tj; f] ln^a klg 5 . cem ; dln^a klg 5 . ; fdG0 :ql / k; if Ps cfk; df cfslift xG5g\eg] peoln^a rflxfhg c^a a9l lj sf; ePsf 5 To; sf] lj k/lt ln^a; u cfslift xg klg ; S5 gxg klg ; S5 . tj; f] ln^a sf] rflxfk; if ln^a aflux/af6 b]v klg dg-dl: tis / p; sf] z/l/df :ql xf/dflg; ; fdG0 :ql hQs} xG5 . To; u/l :ql ln^a aflux/af6 b]vP klg pgfsl dg-dl: tis / xf/dflgsf] dfqf; fdG0 k; if hQs} xG5 . 5f/fn] 5f/lst] Joj xf/ / 5f/ln] 5f/fsf] Joj xf/ u/sf] b]vfbfb] klg cleefj sn] hah; tl lj k/lt ln^a; u lj j fx u/f0lbG5g\ lhGbul g/s tNof0 lbG5g\ cleefj s; ; dfh, wd{ / Sf] gnf0{o; lsl; dsf] lqmf] nfknf0{k] s] ts jf :j feflj s jf ; xh nf] b]g t/ of k] s] ts wj ; To xf. o; df tl JojQmx?sf] /0e/ klg bfif 5g . lj j] s] ln cleefj s of] lqmf] nfknf0{k] s] ts dfGg] / wg/f; l xg] cf^gf] ; Gtgsf] ln^a kl/j tg u/fP/ klg lj k/lt ln^a; u lj j fx ul/lbG5g\ o; tf] zNolqmfsf] nflu a]ss kl; 4 5 . csf] y/l 5g\ ; dln^a , o; tfn] lj j fx ubf] s] b]n] s] b]f; u g] lj j fx u5g\ . ; dln^a?nf0{ cem; Dd klg ckf] s] ts dfGgk?sf] ; a]of k]z: t dfqdf b]vG5 . ca o; tf] dfG5] nf0{ s; / l a%g] <

eūfhnsf] gh/n] xg] xf] eg] sf] xl lxdfndf 5g\ t sf] xl t/f0df . sf] xl kxf8df 5g\ t sf] xl d; elddf . ; ahf0{ cfkjh a; jsf] 7fp kof/f 5 . eūfh / koff /0fn] s'g} 7fp] sf dfG5] sf gfs gK6f] jf rk6f] 5 t s'g] sf rRr] 5g\ s'g} 7fp] sf dflg; sfnf, s'g} 7fp] sf dflg; u/f/ s'g} 7fp] sf dflg; ; f] nf 5g\eg] s'g} 7fp] sf dflg; /ftf j 0f] sf . s'g] dflg; clnf 5g\ t s'g} 7fp] sf xflrf 5g\ bxl bwnf0{ ; u/g dfGg] hfb /S; lnf0{ cklj q dfG5 . st} Pp6f k; ifn] rf/ >ldtl /fv] sf] g 5, eg] st} b0{ klg cj w . s'g} 7fp] dfp Pp6f :qsf] rf/ kfr >ldfg y/wflgs 5 eg] s'g} 7fp] dfp c] wflgs . s'g] dflg; Ps :ql; u / Ps :ql Ps] k; ifs] k] ofonf0{ l; j sf5g\eg] sf] xl dflg; ; jt; xhf/ :ql; u ; t] sf] ; u/f/ cGtj ftf] lbG5g\ ofgsd] df nf] sf :qlx? klg nf] ffk; if; u a; 5g\gl/Nof08sf hDNoxfx lbbL alxgln] kr; j if] ofg k; fdf tlg nf] krkGg xhf/ k; ifs] ofg kof; d]bfPs] bfal u/sf 5g\ o: tf] cj :yfdf dflg; nf0{ s; / l a%g] <

sf] xl hlj ge/ c; n sd{ ul//x]sf 5g\eg] sf] xl hlj ge/ b'sd{

j̄hoGtl #& lgaGw c^as-#

ul//x]sf 5g\ sf] xl c; n eGbfegb} sltko sf/0fn] v/fa xg k]5g\ t sf] xl v/fa eg] lrGbf] rGb) klg c; n eP/ cfPsf 5g\ sf] xl ul/a eP/ klg bfg lbG5g\eg] sf] xl wgl eP/ klg z]f] of ug{ 5f8Ngg\ sf] xl ul/als} sf/0f ; dfh lj k/lt s'sd] df nf] 5g\eg] sf] xl wgl ePsf] sf/0fn] klg bfg j f ; xofu u5g\ sf] xl hlj ge/ l; hgzln hlj g latfp5g\ t sf] xl lj gf; sf/l eP/ . sf] xl cfkjh dfq 7h] eGg] ; f] rn] u; t ePsf 5g\eg] sf] xl cfkjh nf0{ t]f a/fa/ gugl c? 7h] ; Dem5g\ sf] xl ; v]sf] v]h ubf] ubf] gkfP/ cf^gf] bMv] hlj g latfp5g\eg] sf] xl bMv] ubf] ubf] ; v k]f] t u5g\ sf] xl ; Gtjfif; fy z]f] -cdg-r]gsf] lhGbuldf /dfp5g\eg] sf] xl cfkjh; u ; a]ef] ts lfdtf eP klg lrGtfsf] 56k6ln] c; Gtjfifsf] v]8ndf czf] ; u afR5g\ o: tf] df dflg; nf0{ s; / l a%g] <

dflg; cfgGb xf] ls z]s xf] < dflg; n] u/sf] ofj t sd{ k]ult xf] ls b]u{t < dflg; k]j q xf] ls cklj q xf] < dflg; phofn] dgsf] of]o xf] ls c]lof/f dgsf] of]o < dflg; xbo xf] ls lbd]f xf] < dflg; sd{ xf] ls e]lo xf] < dflg; z/l/ xf] ls cf] df xf] < dflg; a]4 xf] ls 1fg xf] < dflg; dg xf] ls lj j] s] xf] < dflg; s/]f] dfq xf] ls sf] klg xf] < dflg; k]f xf] ls lj k]f xf] < dflg; ; l]6sf] cz xf] ls :j od]f k/dt]j xf] < dflg; u8 kf6] s]N; xf] ls lk]t]j xf] < lj 1fgn] u8 kf6] s]N; nf0{ slxNo} gf; gxg] s]f eg] dfq]sf] 5 eg] j] b]f] t]x?n] klg lk]t]h] cd/ dfq]sf] 5g\ o; dfq]df nf] ss / cnf] ss cd/tfsf] af/df Ps] dt b]vG5 . oxff cnj 6{ cf0G; 6f0g r]fyl cf] ofdsf k]j t]s jf e]f] ts lj 1fgsf lk]t]sf] egf0 o: tf] 5 . pgl eG5g\ l]j 1fg lj gfsf] wd{ c]wf] xG5 / wd{lj gfsf] lj 1fg n]u8f] xG5 . l]csf] k; a]ndf pgn] lj 1fgn] hlt k]ult u/] klg ; +f/sf] k0f; To; Dd k]lg ; Sbg lj 1fgn] hlt k]ult u/] klg ; +f/sf] k0f; To yfxf kfpg csf] ; xf/f r]flxG5U eg] egl]sf lyP . pgn] csf] eg] s'g] l]rgf/l t lbPs] 5gg\ t/ oxff cf] ofdf] fb cf] ofPs] k]t]t xG5 . lj 1fgj fb]x?n] cg]; Gwfg / v]haf6 hlj g / hut]f] of]o ug{ v]h] eg] cf] ofdf] fb]x?n] w]fg / 1fgaf6 Jof]of u/] hlj g / hut]f] of]o Ps ldq eGg]xG5 k]z]dfx?n] hlt klg lj sf; u/sf 5g\ t k]l]b bz]gnf0{ cf]wf/ dfq] u/sf 5g\ px]f] pb]f/0f lbg]e]f] - k]ks lj dfq, c]ll]g] fof, gfuj fof, r]ln] dfq, b/]bz]g cf]b . lj 1fgj fb]sf] egf0df t]x] c/a ; Q/l s/]f] j if] k]lxnf dx]f] i]km]6 eof] . To; k]5 lg] :sPs] lj s/0fsf afbnx?af6 c]0f a]g g} r]fln; nf] j if] nf]of] o; k]f] 3fd, xf] f, kf]gl, df6f] xl] Ps sf] f]lo hlj a]g g} t]x] c/a bz s/]f] j if] nf]of] . pglx?n] klg Pj x]f] No6 h]f]af6 a]kdf08 lgdf]f ePsf] df]got /v]5g\ To; } u/l k]l]b bz]gn] klg . Ps] x]d]ax' ofd]l eg] Tox] Ps ofg] z]go- a]x]d_af6 a]x]df08 lgdf]f ePsf] lgSof] u/sf] 5g\ k]l]b cfogx?sf]

j|h0Gtl #& lgaGw c^a\$-#

xl/afwgl Psfbzl eg|sf] ejgfg\lj iof snk snk lgbfP/ lapfemPs]

lbg eg|lj Zj f; u5g\ of snk-snk eg|sf] klg cfv/df ToxL zgo g}

eg| alen65 . o: tf] Pp6} ; f/ l:j sf|sf] cj : y|sf] ; flrdf klg lj eflht

dflg; nf0{ s; /l a%g].

b'j} y/ln] l:j sf|sf] tYo ; To eg|sf] / dfg|sf] s/f s] xf] eg]

hlt; 's] k/fqmd ug|dflg; sf] hlj g klg cf^gf] azdf xbgl, sg] lfof /

s; /l kf0f v'; u0lbG5 k0} xbgl . g t s] xl lfof hlj gnf0{ tGsfpg

ldNg] g t lkmtf{ Nofpg g} ldNg]. sf] xl c?nf0{ df/v eP klg cfkll aRg

vH5g\ t sf] xl cfkll d/v eP klg c?nf0{ arfpb5g\ sf] xl c?sf] lxtdf

; j {j lbG5g\ t sf] xl lglxt : j fy|sf] lgldt c?sf] ; j {j n65g\ sf] xl /

Qmbfg u5g\ sf] xl xtof u5g\ sf] xl ef] ts ef] usf] j f; gfd cf; Qm xG5g\

h; sf] ef] h; /l cfufdf l3p xf] kl5 b] sG5 egl e] f] j f; gf] emg-emg\

alNem65 . d] ut] off; bf xG5 . sf] xl oxl ef] usf] ; gfnf0{ k/dt] j sf] kl; fb

; Den/ l:j sf/v cgf; Qm cfTd; ft u5g\ v ef] unf0{ cfTd; ft] l6sf; fy

ef] 5g\ o: tf] df] dflg; nf0{ s; /l a%g]<

sf] xl olt 8/fb5g\ ls hlj g e/ s] ft/ eP/ a: 5g\ eg] sf] xl ToxL

8/sf] ; fdgf u/v lg8/ afg k] b5g\ sf] xl c] fofo lj z4 af] Ng ; Sb] gg\

clg hlj ge/ c] fofo ; lx/xG5g\ sf] xl c] fofo lj z4 z^a\ v3] ff u5g\ v

zfgsf ; fy afR5g\ eg] sf] xl cfodfq afR5g\ sf] xl d/v klg af] r] sf]

b] vG5 sf] xl affr] sf] klg d/] e] f] b] vG5 . o: tf] dfG5] hf0{ s; /l a%g]<

; f/sf] x/l s] ; dfhdf gf] lnf0{ k] ifn] ckdfg u/l sf] b] vG5 .

gf] ln] gf] lnf0{ g] x] k] sf] b] vG5 . ToxL ; dfhsf k] ifn] gf] lnf0{ dg j rg

sd] h] g] ; Ddfg u/l sf] klg b] vG5 . gf] ln] ToxL g] gf] lnf0{ cfb/

u/l sf] klg b] vG5 . pgsf] dfqj lo ef] sf] d] no df] oftf ul/dfnf0{ prRr

: yfg lbPsf] klg b] vG5 ToxL ; dfhdf gf] lnf0{ dg, j rg sd] h] anft\

u/l sf] klg b] vG5 . o: tf] ; dfhsf] dfG5] hf0{ s; /l a%g]<

dflg; df clnslt ; do b] vG5, clnslt cfsf; b] vG5, clnslt

hg] / b] vG5, clnslt ls6f0f b] vG5, clnslt df6f b] vG5, clnslt

kfg] b] vG5, clnslt xf] f b] vG5, clnslt cfuf] b] vG5, clnslt

c0f b] vG5, clnslt oyfy] b] vG5, clnslt cl: tTj b] vG5, clnslt

r] t b] vG5, clnslt zgo b] vG5, clnslt ; l] 6stf] b] vG5, clnslt

cd/Tj -cd] t_ b] vG5, clnslt ; To b] vG5, clnslt wofg b] vG5 /

dflg; df ; j {j 1fg b] vG5 . of] g] ; f] fl : j ?k xf] . of] g] bli6f xf] . of] g]

j] i6b] v ; d] i6; Ddsf] ofqf xf] t/ dfG5] hf0{ cf^gf] aflux/l z/l/ dfq ; kmf

ug] l; f] fg] dl7f] vfg] ef] ts ; lj wf] sf; fwgx? hf8g] 8Ng] df] hug] /

c? e] bf cfkll g] hfg] ; g] eg] b] vfpqdf g] k] b] 5g] . j f: t] df

dflg; n] cf^gf] eqsf] cf] dfnf0{ klg lgofNg] o; nf0{ klg klj q kfg]

j|h0Gtl #& lgaGw c^a\$-#

c] dafw ug] To; hf0{ lrGt ub] k] sfz kfg] afgl a; fNg] xf] eg] dflg

pNn] v u/l sf] Jofkt / ; dli6df c] ft/ b] vbg] . To; h] ubf] o: tf] afgl

gx] bf, x] gl vfg] b] v fg] Ddsf dflg; czf] 5g\ lrGtt 5g\

c] fo] hdf 5g\ j f: t] df dflg; n] ; + f/sf] x/l s] lj ifo / ; Gbe] hf0{ a%g

hf] g / cg] et ug] 1fg lbnf0f t/ Pp6f dfG5] hf0{ a%g

; Sg] lj lwsf] ; /n pkfo slxNo] l; sfpg] ; slg] lsqsls dflg; df /x] sf]

cx^a\$] f/ kf0f ; a] 7fp] df sl/a p: t] b] vG5, o; ; + f/df; w] g] ; a]

h; fl 7fp] df . sl/a ; a] y/l s] a] nf a] ln] lj ifosf ; lfdx?n] k] y] lnf0{

g/s agfpqsf] nflu cf^gf] dg] lut j f; gf] j f dflx / OR5f-ajf] cg] ; f/

agfpq rfx] j f o; nf0{ o; /l klg e] g ; lsG5 ls bdg u/v xG5 ls,

z] l] if0f u/v xG5 ls, y] g/v xG5 ls, w] dsfP/ xG5 ls, nflu b] vfpP/ xG5

ls, el] sofP/ xG5 ls, lj le] g k] nflegdf kf/v xG5 ls, lf0fe/sf] ?ksf]

c] fsif0f b] vfpP/ xG5 ls, ; bf cfkll/ cf^g] dfq / fh ug] sf]

nflu cgj / t nflu/x] sf 5g\ t/ ; + f/ : j u] af6 g/sdf kl/0ft x] g ; sg]

lsgeg] ; + f/df y] f] c; n / 1fg] dfG5] sf] ; sf/tds s] nof0fsf/l gt] j sf]

pHofnf] k] sfzsf] cufl8 hlt; 's] 3f] c] wsf/sf] babaf klg l6sg

; Sb] g . ; + f/df s] g] klg / s] ; sf] klg gsf/tds h] ; 's] lj ifosf]

z] l] m] hlt; 's] sf] ; , k] b] Tg / k] of; u/v g/s agfpq v] f] klg,

; + f/ : j u] 5, dg] / d 5, d: t] lsf] 5, ; bf] xf/ 5 lsqsls Pp6f ; fgf]

; nf0] sf] sf] b] v] g] Pp6f 7h] c] wsf/ sf] / fntf0{ pHofnf] agfpq ; lfd

xG5 . ; To ox] f] g] b] vG5 ls y] f] k] sfzn] klg k] z: t] c] wsf/ x6fpq

; S5, k/d ; To ox] xf]

ca ox] f] Pp6f ; To pb] sf6g ub] 5f] . xfdlnf0{ s; } ; k] l] t: kwf] ug] 5g]

. 9f6g] 5g] . lh] sfpg] 5g] . gf6s ug] 5g] . s] g] n8f0lhTg] 5g]

. x/fpg] 5g] . s; hf0{ cg] fo] fol agfpq] 5g] . s; sf] dflns a] g] 5g]

. c] ?sf] efu v] f] y] kf] g] 5g] . c] ?nf0{ ckdfg u/v b] v] lbg] 5g] . c]

dflg c] fo] fo] -c] fo] rf/ ug] 5g] . c] ?sf] : j t] g] tt/ l] r] dfly x: t] l] f] ug]

5g] . c] ?nf0{ df/v cfkll? afRg] 5g] . c] ?sf] lj Zj f; dflg s] 7/f3ft ug]

5g] . 5 eg] cf^gf] cf] dfdf hut v cf^gf] s] nof0fb] v c] ? sf] xl 5g]

x] f] xfdl ; ah] f0{o; ; + f/df /x] sf] x/l s] lj ifo-j : t] s] f] s] dl-s] dhf] /

x6fp/ k] f0] s] dflg; e] f] affr] sf] x] g] dg 5 / of] pg] lx?sf] h] gd] ; 4

dfqj clwsf/ klg xf] . of] k] y] l] xfdl] ; fe] f] 3/ xf] . ox] sf] ; f] t- ; fwg

xfdl ; a] sf] ; fe] f] xf] . k] f0] ssf] xs clwsf/ xf] . Pp6f ; 8sdf / csf]

Pp6f dxndf xg] sf] Pp6f sf/ of s] xf] eg] x/l s] lj ifosf ; lfd / b] l] fnf0{

dfq a] 9L clwsf/ lb0Psf] h] o: tf] gl] thfdf lj Zj g] k] u] sf] xf] . olb

s] l] olgi7nf0{ clwsf/ lb] g] k] r] ng e] psf] eP ; 8s / dxndf dflg; x?

x] b] g] . qmdz] M Ps] gf; sf] hlj gdf kf] 0g] of] . hlj g / d/0f eg] sf] t

j̄hoGtl #& IgaGw c̄s-#

Pp6f zfZj t ; Tosf Pp6f syf g xf]. lh̄bul d:t / laGb; x'g kfPg eg] To] lh̄bul s] lh̄bul < To; } u/l d/0f eg]sf klg ; Dk0f ; To g7fg]/, dfg]/ Pp6f lahfusf knkn eosf hlj g dfg]/ / 7fg] xf] eg] s; sf] s] nflu5 t/ o; nf0{ xfdln] s; / l: j sf/ ug]<

xfdl dfgj x? sf]x; anfa] 5f sf]x; lj snfa] t/ of] zAbn] ; fwf/0f cj :yfdf a'eirpbf ; Ifd-c; Ifd efg]; To phfuf/ ug{ vfh]sf] b]vG5 t/ ; To To] xf]g . cf]v gbVg]n] uf]f gxg]n] ; u/dfyf r9]. t/ ; anfa]x? gAj] k]tztetbf a9l 5g\ s] pglx?sf] cg'kftdf ; anfa]x? ; u/dfyf r9] ; Ifd 5g\ t < of] t Pp6f k]ttsf]ds ?ksf lj ifo p7fg ug{ vfh]sf]dfq xf] ha; Dd xfdl dflg; n]lbdful lj snfa]nsf] pkrf/ ug{ vfh]sf]dfq xf] ha; Dd xfdln] df65]nf0{ :ki6 b]Vg ; Sb]ff. r]tgc eg] klg :j fy{ efun] crnt afg kulsf] r]tgcfn] s] hlj j g:klt / h8nf0{ Psfsf/ ?kdf pEofpg ; kmn xf]pf / <

oxf] hlj g -dflg; / hut]af/df lad]h lk]n]f; k]tsf] b]i6 af/df, lj e]ifoffn] c]llgrqm -ebf] df lbPsf] c]ftj ftf]sf] s]x] cz / Vg kf]bf v'; l g] dfg]k5{. pgl elG5g\ .hlj g]v hut]Ddsf] x/]s lj Bdfgtf / x/]s cl: t]f] sf]alrdf ; qut; ; e]fhg / ; DaGw b]vfp]g] hlj g / hut]af ePsf Evolutionary / k]j t]z]ng lj]lj wtf / lj le]ggtf :t]t ufp]g] / pT; j dgfp]g] clg lj]lj wtf / lj le]ggtfn]f] cg]s lg:s]b, ult]xg -Metamorphosis Phobic gfd, lj z]f]f] / lg]mof lbP], lj e]b; lxtsf] k/Dk/f, bzg, j fb, hftkft / n]n]s lj e]b cflb-0Toflbdf 6'q]fp]g] dfgj k]j t]sf] d]Qmsf] klof; , lj le]g k]l/e]fiffsf] bf; Tj df hsl8Psf] s]td dfgj ; Eotfnf0{ k]ts]ts d]Qmsf] ; Defj gf b]vfp]g] k]oTg clg ; a]e]bf 7h] klof; xf] bz]gnf0{ c]Eof; df ptfg].

lad]h bz]gn]l: j sf/]sf] Pp6f dfq dflg; sf] ; To eg]sf] dg, j rg / sd]sf] Psfsf/ ?k xf]. lad]h eg]sf] ; a] tx t]ksfsf ; d]x; Ddsf] pTkfbgsf] ; xh lj t/0f xf] of] st]osf] lgj fx cg]; f] clwsf/sf] k]f]kt xf]. ; Ifdtf cg]; f]sf] k]f]ktdf sdhf/l b]V5 . st]o cg]; f] clwsf/ xg]k5{ o; f]ef] eg] sf]x] nfvf / sf]x] kf]vf kg] 5bg\ ; f]df ls]gs s]t]ok/fo0f dflg; c; n x]G5 t/ ; Ifd / b]f dflg; c; n xg]k5{ e]g] 5g dfG5]sf] xftdf k/]sf] 8f8kGof/ ; Ifd / b]f dflg; sf] xftdf k/]sf] 8f8kGof]df Gofo t kSs} km/s knf]g). To; jn] lad]h eg]sf] ; G'tng xf] Gofo xf] ; Dk0f xf] ls]gs of] zGofdf 5 .

dxfsfn, sf7df8f].

V

s] tkf0[n] xfdl ; f]x]Tos k':tsx? k9g]ePsf] 5 <

j̄hoGtl #& IgaGw c̄s-#

bfpdf b]z 0

o] /f]h gof]3/

c]f]n/x]sf] lxp]bsf] lbg 0

; f/df 3fdkf]glaf/ cg]s ts{ e0/x]sf 5g\ . cf]nf 78]fP/ csf; nf0{sNkgfaf6 j / c]f]Ngk? 36]sf 5bg\ e0f5f]8/ s]/f ul//x]s] 5 ax; n] . ; g] Dd ug]xf] eg] 9f8df al; g] 3fd / tftf]h]f0{l] bf ul/x]fNg] k5{. lk0/x]sf] kf]glnf0{l]sn]sn]b]lg v; fNg] s]/fdf Ps l5g]Vofn ug{k5{. 3/sf] 5tdf 5'd .

tlg hgf gfglx? a;]sf 5g\ d]y]j l/k/ . gfglx? hf8]sf] l]j b]fdf 3/ s]j f ePsf 5g\ lgs] lbg]v tl l]tfa / sfkl a]sf] 5tsf] 3fdfdf;]sg cfp]5g\

u]xsfo]sf] r6f/1 5 oltv] . g; sl gxg] sfdsf] c]p/1 . chf ltgsf 5pdf 5'd .

l]tfa] 3]Psf 5g\ ; fgf gfglx? .

3fdn] ufnf 5f]Psf gfglx? . skfn, cf]7, x]sf]nfdf 3fdsf] n]sfdf/l e0/x]G5 . l5ge/d] 3fdn] kl; gf lg 5'6fp5 . k]h/ x]sf]nf] 5f]kP/ u]nfk]l agfp]5g\ gfglx? cf] gf ufnf / lgwf/ . h]w/x]sf 5g\ t]l 3fdsf] dl7f] 5j]f; u] .

; 'b/tfn] l]rxf0/x]sf] e]6G5 . ; 's]f]ntfn] lh:s]sf] nflu5 ol cg]xf/df .

d 3fdfdf a;] klg k]9/x]sf] 5' j /k/ .

tlg hgf 5g\ tlg pd]/sf gfglx? . k]Gw, t]x / bz j if]sf l]sf] l]x?sf 5pdf 5' .

d]f] cf]v 5n] l]gn] v]h]sf x/]s v]h lg x]p]5' r]krfk . cf]k]nf0{ yfxf gkp]bf ; dosf] 3f]f agfp]g] dgnf0{ xf] fp]g] xf] kf]8g ; 3fp]g] xf] l]ht] . kl; gf k]5g\ xf] .

olt a]hf To]xfntdf 5'd .

u]xsfo] ug{ a;]sf h: tf 5g\ gfglx? . ltgsf 5pdf n]Bf] r] ; Sof/d a]f]8(k]g b]v/x]5'. 3/L3/l d]f]af0n r]nfP/ ; a]n]t]sf] df]; d klg l; h]f ug(Eof0/x]s] 5g\ t]l .

ltgsf p0/df k]Zg xf]bg d .

Pp6f k/]sf] bz]s j f >f]t eP/ stf-stf pEofPsf] 5' . x/]sf]nf0{ To] : j t]Gqtf 5f]8bgk5{lg l] clg l]htsf] tfnl cg]f]f; } cf]0k]U5 . oxl

j̄hoGtl #& lgaGw c̄s-#

aʃnn]d/f sfgdf v'; v'; ul//xʃf]5 lgs}cl3b]v . lg/Gt/ 5 u'gu'gsf] nx/ .
; aeGbf ; fgl 5 lgs} r~rn .
pm; ū w} S'/fsf xsbfal xg ; Snfg\ w} ts{ / lh2ln] p; nf0{ an lbPsf] xbf] xf]-d]n] of] kfpq) k5{ d]n] of] lng} k5{ d]n] of] xt of pg) k5{. J
; fgl gfglsf t'h'u xg ; Snfg\o: tf .
Sf]N6P/ 3fd sf ls/0fdf g'xf0w'j f0 ul//xʃf] 5' d t . 3/l3/l afbnn] dhqf] k]nfp5 . cf]7; Dd cfPsf] l/; nf0{ st} yGsfP/ yfdy'd kf5{.
h'; Ss p7ʃf] qmfw t l; xh: tf] lg ū
lxpbSF] 3fd 5 ; 't. afRg} d]l; sn ePsf] 5 3fd sf] ultnf0{.
p; n] lbPsf] yfk5{ d]n] . dfu t w} 5 lg . gkfpchjhnf0{ s]sf] xif{ ū xft k/y /dfpbfsf lf0f g} dfusf] ; fyſt f 7x/ G5 . k]n]sf xtſhnf vDrfPsf] 5' olt aJnf .
dfem pd]sl gfgl yf] 1fgl 5 .
.alxgl[n] 5f8]/, lbbn] lbPsf] efu d]f] xf] ū
p; n] ; DEmPSL xgk5{.
d; ū p; sf w} glhs ePsf] dg klg 5g, k/sf s]g] 6'aNf] klg 5g . p; sf Joj xf/n] lb0/xʃf] lzlfssf ; ḥgfd a]/Psf] 5' d .
dfem sf] p; sf pd] . Toxl pd]n] 8f/Psf] afn; 'hetf. d]n] cfkthnf0{ yfdy'd kf//xʃf] kftnf] v'; l 5 l5gl5gdf . dfem sl s]bldf cxd&gbf bk{5 a9tf .
3fd sf] 5fofh] lflthsf] l; 9l 6ſb} em//x5 .
ca t; l ū
xf] t; ū cgxf/ . cyfft \hl gfgl .
clns 1fgl . zfgt; ū pd]sf alnof pk; ylt . c?eGbf w]p{ xgk5{ : jeflj s r]tgfsf] nfndfn] kf]tPsf] cgxf/ . s/f vN5g\ p; sf cfVfdf, cf]df b]M5' sd} .
.xfdl tlgsdf d gjt]j bf0l xf ū
; nſs afh]sf] nf]5 of] cgxf/n] .
gxtf/g] l; : tf/} nlnt / qmdz]l ?k cf]n/xʃf] . a]efu cf]5g\ gfglsf cgxf/df . kl9/xʃf] jf cfVfdf a;]sf clf/sf 8f]n] ltgsf] . 7fn] ?kb]v/xʃf] 5' d . ltgl r6k6 ug]c? gfglnf0{ cf]7 vDrofP/ / cfVf t/y zf; g ul//xʃf] 5g\ 3fd sf] kf]df kl9/xʃf] 5' d gfglx?nf0{.

j̄hoGtl #& lgaGw c̄s-#

uksfo{ug]lgxfdfq xf]ltgsf]cfh . kSsf 5, cfh ltgn]Totf dg u/]sf 5bg]s]0 klg . lsl-rt]tgsf cfVfdf clf/sf df; d cf]nPsf] 5g] ltgsf] . xf] s]g] cle]lr Totfb]v/xʃf] 5g] d]n] . pt; fxn] s]g] ; ']hl xfn]sf] 5g] . pd]aNn] s]g] cf]a dsfPsf] 5g] ltgsf] .
t/ afwf d]n] xfn]sf] kf] xf]s ū
; fw5' / k]h/ klg kf]df a;]sf] 5'. k9g] 5 ltgnf0{. lxpbsf] 3fd / gfglsf rl/qdf plqq] ?knf0{ 5ftldf lgkrggfkmg kfg] 5 cfh d]n] .
x/]s ; dosf leGg kv]f xG5g\ x/]s ; dosf xG5g\cnu p8fg .
x/]s ; dosf aJn] ult xG5g]\
tl kv]bf]lb] ^of6^of6 j f Eof6Eof6df cf]g]rl/qnf0{cf]fn]sf xG5g\ tl ; j yf df]ns xG5g\cf]gf xG5g\lghTj vfnf xG5g\ tl kv]bf]lb] j]u j f kf]f/n] c]s]f] rl/q a]s]sf xb]gg\ tl kOfftM : j od\vnfnf xG5g\ ; DkGg xG5g\ckgTj vfnf xG5g\ .
stfslt ltgnf0{nf]bf] xf] z/d .
a9tf t, ltgn]lhTg g; s]sf k]8f lg nflu/xʃf] xbf] xf] .
nBf] v]h] . cn5l t nfluxfNof] lg . r; v]h] . lbSs t nfluxfNof] lg . Sof/d v]h] . j fSs t nfluxfNof] lg .
k/ x]Qof] nBf] r; / Sof/d .
gfglx?nf0{ lbpf] f] kf]df x/]s s/f kfPsf] nflu; Sof] . lhlt; s] ltgn] hDd] yf]s . x/ s/f xft nuf0; s] ltgn] .
tklg= .
xf] tk]g cf]gf dg]n] eg]sf] s/f gkfPh: tf] . lxpbsf] 3fddf l5\$] afbn cfP/ kf]tPh: tf] . tf] fnf]n] cb]7afPh: tf] .
gfglx? xf]g; s]sf 5bg]\
3/l3/l sfg]v'; l 5g\ 3Bf]lrd]b]y 0zf/f ul//x5g\ cf]hf sf]b]dfP/ af]n] ; f6f; f6 ul//x5g\ cf]hf rnfp/ 0R5f ptfl//x5g\ d]n] t b]vgf ū
b]v]lg Tof] ; a]ultktl . t/ b]v]sf] s/f eGg' kf]s; /l < xf] b]vgf elg/xʃf] 5'. x/]sf] s/]f k/hn]df ptfg] ePsf] 5g] d]n] .
Pp6f ; Gtflf cf]k]df x'sfP/ kf] flk/xʃf] 5'.
g]e]sf] jf yfxg gkfPsf] 1fgn] bl]lft 5'. c1ft xg' kf] ; j f]Qd xf]hf, CEo:t xg' t s; /l pQd xf] <
of kf]df0f 5 ftldf .
gfglx? ; fd' k/jn] lrDn]sf] 5'. ltgn] l5gl5gdf cf]gf rfxgf / /x/sf d'8ſl ahfl//xſs] 5g\ d]n] cf]gf zf; gkOff af]n] / Jo; gnf0{ s7f]/ ū aſf]w/xʃf] 5'. b]fxf ls]6/ lg l/; , cf]j u j f qm]nf0{lynlynf]

jHogtl #& IgaGw c^as-#

kfl//x]sf] 5'.

tl ultn] lbg] no j f ; 'n] cf^gf] nlo af]sf] xG5 . tl cGttM
lhlt/x]s] bu//x]s] j f af]sf] nx/df pl8/x]sf xG5g\\
k/:k/df ldn]sf eP klg . xf] Psbd} gldNg] . Psbd} k/k/sf h:tf .
ol gfglx?sf ?k, afgl, cgxf/ / ; flrf0sf k|l|n]bfdf d/f l5kl5k]
cg'dfg 5g\o:t}o:t}. Psbd} /d/dl . Psbd} kftnf . Psbd} lvi/nf .
cfh ltgn] dnf0{k9g] vHb] 5g\\
3fd, glnf] csf; , lkm/lkm] atf; . lxpbsf] tftf] kxf/ . z/l/df
3/l3/l dR5f[kg]:of7 . k|l/ 8f68k6 nfP/ wkgpg vHg] l7x]sf] 3'sl{.
d; u 5 gfglx?nf0{; n]s s k9g] n]f .
bf]xf/f] 5 af]nrfnl . b'a]n] a'lem/x]sf] . cyj f yfxf gkfP/
latf0/x]sf] lf0f . ; /f/a/l xg ; Qng . t]lg Pp6} 5t, Pp6} 3fd . Pp6}
kxf/, Pp6} lxpbsf] :of7 .
ldn/ 5Ng', s/fpg', gffg' kl//x]sf] nf]bf] xf]nf-gfglx?; u} d]hf0{
klg .

xf] lsfadaf dg uPsf] 5g] lk|l6Ss} gfglx?sf .
ul0ft, l] 1fg, ; fdflhs j f cyzf:qsf lsfah] ltgnf0{x]ss
kfl/; s]sf] xbf] xf] . c^u]hl n]v]f, :j f:Yo j f hg; ^u]sf k'ts]h]
ltgnf0{l]s s tNof0; s]sf] xbf] xf] .

lrqdf huf eg] kml/ofrf]nl nf0lbgl, na]bf; 'j fn agf0lbgl j f
s]z sf]laf6l ug] sfdf] ltgsf xft ; s; sf0/x]sf 5g\ cfh t/n
eP/ s]7f/tfn] ; +f/l/ krfn xfNg vHb] 5 .
t/ 5 d/f] 5psf] pEof0 .

stfslt ltgnf0{; ^s]r xbf] xf] . stfslt ltgnf0{n]hf xbf] xf] .
.hf8fdf k9g] u]xf] xf]nf . 3/d}a; y k9] t e0xfNof] lg 5
dgdf 7fp]lnG5 ts]h] .

; l] wfsf k]fdf olt ; fg]v hfg' /fd] xf]pg lg 5
af]nl /x]sf] 5'cfk] .

.a]nfdf gu/] s; /l k15 Aofh kf]5g\ol <
k]g d/f] 5ftldf cf]5r ds]/ .

; fgf gfglx?sf cgxf/ k9g]s/f v]n/x]sf 5g\alleq . tlg gfglx?
l]xp]b] 5's]ldf a; / cf^gf] kfb] 5g\; dosf l]snfsfbf . cfk]ln] kf]Psf]
labfnf0{ cfk]ln] v'; l agfpg lsg gkfpg] xfdln] < ol ts{ klg ubf] xg\
cfk]ln]cfk]ln] .

lj åQfk0{ n]f]5g\cfk]ln] cfk]lnf0{ vfb]. c?af6 ; lg; s]k]5 k|l/
sdh]f/ df]gg] . cfk]lnf6 glhtg] v]hsf] lgod agfpg' slt 7h]f e'h]

jHogtl #& IgaGw c^as-#

.laxfgel/ ; tf]f /ftel/ k9f. d/f] 9st/fh]df d] h]vG5' 5
ltgn] l; Cfgt o:t} agfp]bf xg]\\
clg d 5pdf a; l ltgsf] k9f0 j f n]v]t] va/bf/ldf u/]sf] clk]p
e0/x]sf] xbf] xf] pg]x?nf0{. dgdg} c]l]sf] 8sf/ ^of]s] klg af]x/sf]
u]hf]k]l ufnfd. 7ls] 5-7ls] 5 lg]sf] af]nl af]n/x]sf xbf] xg\ luhf]d
czfleglo j fo r]k] klg cgxf/df xf] fl ; hfp]g' cTofj Zos xbf] xf] .
.xfdl v]h]d]v]d
; a]eGbf ; fgl gfgl af]nl .
d]h] cf]v]f lr]n] 3fdnf0{ lh]p/ s]b]g lb]Psf] ly]Pf . ; Gr] d]h]
d]lnlbPk]5 t ; b]h]f0{ cf^gf] zl]m kf]Vg ; xh klg x'g] g] ef] .
.xG5, v]h] 5
d]h] k/l] gp3f] /sg} eg] .
ltgn] v]Ng] t To} Sof/d xf]nf, To} n]Bf] xf]nf . To} af3rfn xf]nf, To}
r]; xf]nf . 7ls] 5 v]h]g'g t gfglx?n].
ol] ; flrf] /3fd]sf] k]sf/df /df0/x].
c]l3; Dd l] :tf] af]n]sf ; fgf gfglx? ca r]Dsg yfn] . v]h] lgs}
dxuf] xf] yfn]5 . udf]udl{ ePk]5 af]nl s]8f x'g] g] eof] lg . xf]lh]sf]
txdf v]h] k]k]5 :j / rsf] x'g] g] eof] lg .
.of] b]Ssf d nf]G5' 5
af]nl ; a]eGbf s]f]5l - .of] kfgs] b]Ssf t dnf0{lg r]flxPsf] ly]of] 5
dfemsl s]6l af]nl - .d/f] t Pp6f u]nfd cf]pg] la]Qs] d5{ 5
; aeGbf 7h]ln] x'a]sf/ u/l - cf]xf] gfglx?n] t tf; k]f v]Ng yfn]5g]\
d/f sf]gn] yfxf kf] a]n k]f . v]h]d]pg]x?n] cg]dt v]h]d]h] xG5
elgxf]n] . s] v]N5f] ; flwg] d]h] . v]Ng] cg]dt kf]Pk]5 v]Ng] g] eP
pg]x? .
xf] v]h] e]g] j ftf] /of d]h] tof/ k]f/lb]Pf .
ca d]h] tf; v]Nof]eg] s]g] 5]sfafwf ug]ePg . ca d]h] tf; df
8'Aof]eg] ts]ats{ug]ePg . ca d]h] tf; sf vfndf k:of]eg] v]ks]l
nfpg] ePg .
g/fd]af6 /fd]df ?k]gt/of ug]{k]of] .
b]0{ r/0f v]h] ; l]sof v]h] / . gfglx?n] b]0{ v]k] tf; v]h] . xf] fl,
u]gf] fl j f 3's]l(lg ; 'g]d]h] .
v]h]-7hf j f ; fgf hf] s; s]f] xf] ; \k/fhosf] k]l8fdf 7h] xg] /x]5
cf]f fh . v]h]- ; fgf j f 7hf hf] ; s]sf] xf] ; \xf] /s]f] 3fpn] rx/fpb]f rs]
xg] /x]5 :j / .
l]xp]bsf] 3fd 5 dw/f] .

j|h0Gtl #& lgaGw c^aS-#

cfvfsf] 9sgl gp3f/l a;]sf] 5' d . k/jnldf kftnfl :off/n]
n'sfdf/l v]n/x]5 . tfk, /fk b]hf0{ cfufln/x]sf] 5' d .
gfglx?sf] tf; v]hf0{ rDsof] k]h/ .
.ca t k} fdf v]Ng] W ; fgl gfgl rDsl .
.vfp{ t k} f dfeasl s]bln] cGo]n b]vf0{ .
.gfs, sfg afhl /Vg] lg W ; a]ebf 7hln] pkfo ; 'enf0{ .
nf] t nf] W ; xdlt e] v]nsf nflu . ca afhl g] z/l/sf c^a
eP . x/]s k6s xfg]n cf^gf] z/l/sf c^a /f]b) hfg' k]of] bfpdf .
tf; lk]b]y dHfn] aff8of] .
gfglx? xftxftdf tf; lnbf 5g] ldnfp5g]k]m/ / . v;]sf tf; j/k/
kf5g]c]ffsf r]kdf . x]k]lg u5g] r'sr'sfp5g]lv]g x]5g]
lbSs dfg] tf; sf] hu]f a]nf0{ /f]5g]
kmnf; v]h]sf /x]5g]
.rnl kmnf; gv]h]W ; fgl rDsl .
.x]5-x]5 W b06l dfglbP ; /Ss} .
.w] k} f uof] rn kmnf; df W 7hln] ; fgl sf s'/f dfglbP .
.ca pN6l kmnf; v]h]d]W ; fgl s]bl afhl .
.x]5, x]5 W 7h]f lbb]x? dfglbP .
tf; k]h/ lk]b]of] aff8of] xf/ nfP/ . cf^gf clu]nt/af6 k]n6/x]sf
tf; x]b] xf/lhtsf] lgwf] x]Yof] . tf; k]n6g] la]QSS} xf/lhtsf] k]h/ nf
e0xfNYof] rf]B} .
; fgl] cf^gf gfs, sfg, cf]v u'df0{ afhl df . c? tlgrf/ k6sdf
b]a] xftsf h]7l, df0nl, ; f0nl, sf0nlk]5 sf]5l cf]hf klg u'df0{ .
p; n] u'dsf cf]hf r'dl lgs} v]k .
pm afhl df u'psf cf]hf km]sfpg v'a sf] ; ul//x]sl 5 . l/; fp/ ,
k]T]k]tP/ pm tf; lk]b]6/x]sl 5 . cln-cln 5g] p; sf] ugug .
; lg/x]sf] 5' d .
.x]Q]/sf, PSSf cf]psf] eP lg x]g] W ; fgl] o; kfln klg xf/l .
pm bflxg] xftsf c? cf]hf klg u'df0/x]sl 5 . b]a] xftsf cf]hf
u'dfP/ p; n] 9f8df s]6f0 vf0; s]sl 5 . ca k]h/ bflxg] u'bfdf k]u]sl
5 xfgdf . pm v'a] lk/nf] df]g/x]sl 5-lhtg g; s]sf] v]h]df kl/Psf]
x]fgdf .
dfemsl gfgln] klg tf; df e]BL, s'd, cf]hf, s]0g]f / kf]v/f
u'df0; sl . pm klg x?]f e0{lgs} k6s . clxn]; Dd lht]f e0/x]sl 5-
; a]ebf 7h]l g] .
tf; v'a km]/kf/] lk]b]5g] s]h]kf/] ld; fp5g] b0{xftdf cf]wlcf]wl

j|h0Gtl #& lgaGw c^aS-#

kf]y tf; ldnfp5g]t]klg /fd]f] tf; gk/]sf] u'gf; f]df gfglx? g]
km]sf/x]sf 5g]
d]h] sf]N6f] k]y ; a} x]//x]sf] 5' .
k9f]eG' / k9h] tf] u/] 8Ag' cnu s'/f xf] . ; Dej tM gfglx?sf
cf]8df a; y d w]s'f kl9/x]sf] 5' . ltgsf 5fof]5p a;]sf]eP-d xf]f]
x]hf cf]gf]3f]nfbdf .
xf] oltv] d lhlt/x]sf] 5' x/ lf]f .
v'a hDof] tf; sf] vfn .
7fpf; /l; /l pg]x? v]n/x]sf] 5g] cf^gf] 7fd 5f]B} goff 7fpdf
y]Rrb} af]n/x]sf] 5g]t] .
z/l/sf c^a]C^a] u'df0/x]sf] 5g]tgn] tf; sf] afhl df .
.lbb]sf v]6]sf cf]hf t uP lg, d]h] t eBldf] ; a} x]f/; sf]W
; fgl] 5ftl, cf]v, sfg, gfs ; a} u'df]psf] atf0{ .
lgs} eP xf/sf s'/f . xfg] gx]g] t/ k]h/ xf]//x]sf] j]bgf e0/Xof]
k6sk6s . lh]Tg g; s]sf] s'/fn] 7fpf kf]of] lgs} v]k . lh]Tg]kg] s'/fn]
klg c8]f kf]of] t/ xf] t xf] xf] lg W
gfglsf w] c^a]x? afhl df uld/x]sf] 5g] ltgsf k/fhodf lgs}
k6s r'sr'sf0 ePsf 5g]. b]M]f0{ pbf; l / lv]gtfn] pleg] df]sf
kf]0/x]5g]
em08} tlg 306f v]h]tgn] tf; .
.lbb]l, tkf0] yf] xfg]ef]-s'd, 3Bf / b06f v]6]f t xfg]ef] lg W
; fgl] dfemsl lbb]lnf0{ ; f]wl .
xf] lg W o: t] ef] pmaf6 cf]of] .
df]gtf 5 . Tof] r'kr]fkk]5 xf/sf] 5 ; Ggf]f . d; Dd cf]0k]5 Tof]
k/fhosf]kl8f . s]lt cf]xt 5 xfg]sf]rf]b . s]lt rx/fpb]5 Tof]u'dfp]sf]
kl8f .
lxb]bsf] 3fdf 5' d .
; ae]bf 7h]l gfgllt/ x]y/ egl ; fgl]n]-lbb]ln] klg s]lq v]k xfg]
ef] . lha]f] b]ft, lu]f klg xfg]ef] x]lbb] W
pm x]f; l lbb]sf] k/fhodf .
7h]l lbb] 7:sl . cf^gf] xf/df ; ae]bf ; fgl xf] s]l ly0{ clxn] .
s]lt c; xh x]5 7h]sf] k/fho / ; fgf]sf]j ho . s]lt s]xf]n]n]f]b] x]5
dl; gf la]j f xn]ss a]9g] / 7h]f j]f af]k]8]sg] . s]lt r]b] n]f]b] x]5-
cl]nfx? v]l]rg] / xf]rfx? c;j fe]j s c]ssf] g] .
ox] l; ylt 5 lxb] 3fd]sf] .
d tflk/x]5' 9Ss]n] . 3fd]sf] tft]n] lhp /s]sf] 5 . k]tfnfb]v

j|hGtl #& lgaGw c^s-

dfly 6fps} Dd /fk el/Psf] 5 . z/l/df s; }sf] zf; gh: tf].
Ps l5g cs{vh vNg]-unkmtl eof] t/ h] g} v|h] lg tf; t tf; }
x], kmf; j f o:t}csf]csf]c^s]l gfd . t/ gkfnl, cem gfglx?sf
cf]df dflerP/ cf0kUbf eof]km/f;. .

gfd / v|h] Dej/ Ps k6s d xff] klg .
vh k]l/ rDsg yfNof] . a8f] cg'zfl; t eP/ pglx? lgod agf0{
agf0{ v]n/x]sf 5g\ xft 6s]/ afBg] gkf0g] 3Bf df/L a:g gkf0g]
cf]v]f leDsfpg; Dd gkf0g] v'6sf] cf]hf 5'g gkf0g]ol ; a) lgod
aglsf 5g\

sfg sGofpg gkf0g] bftt sf]bafpg gkf0g]j f gfs vDrfpq gkf0g]-
ol c? s7f] lg0fb ul/Psf 5g\

xfg]x?n] a9l lgod agfp5g\ k]l/ tl lgod ldRg] klg ltg] xG5g\
k6sk6s .

lsg xf] ; fgl s]b]n] x/]s v|k xf/L . xf] xfl//xl lg/Gt/ .
pm lbblx?nf0{ cf/fk nuf0/ixyl cf^g] k/fhodf . hfn, ejn j f
if8a]q] ePsf] bf]if yfkl/ixyl b0{ lbblx?nf0{ . ; xo]u, ofrgf j f
cg'sDkfsf cf]v]n] dlt/ x/] lg pm k]l/ hf]t0xfNyL cf^g] tf; df .

d]n pglx?nf0{ vNg lbg] g] 7h] skf ePsf] lyof].
o; h] pm dnf0{ s]x] ; f]lb]g] ly0{ . s]g] s]/f af]Nb]g] ly0{ pm .
tlg hgfsf] n8f0F uNkmtl, åga j f slra]n]sf] ; f]o pglx?af6}
e0/x]sf] lyof]. pglx?af6} e0/x]yof] d]o: ytf . d]hldnfk j f ; xhs/0f
pglx?af6} e0/x]sf] lyof].

.d v]Nb]g]ca . ; ayf]s xf/]U; fgl]n] egl .
.vh g v|h] U.d ; fk6l lbG5' lg U 7h] / dfemsln] ; Nnfx lbP .
Ps l5g df]g /xl pm clg PsfPs egl-ca 6fpsf] dfq 5, afhldf
/Vg] U

..]s 5 To} /fv U
tf; lk]6/x]s] ly0{ ; fgl . 7h]ln] p; sf xftaf6 vf]; y lk]6l cfk]l .
pglx? vf]; fv]f; ub]nf; lk]6/x]sf 5g\

.xf]; x]d v]Nb]g] . 6fpsf] eg]sf] b]z xf] /]d; n] eGg' ef]sf] . of klg
xf/] t vQd U

tf; km/[^offsl 5tel/ p; n] . xf]fn] tf; nf0{j /k/ p8fof] . d]h]
x]//x]pl8/x]sf] tf; sf kftnf /a]r]a]l kQlx? .

u; cfdf e]b]g] ; fgl]sf] l] Bfno hgG5' d U

V

j|hGtl #& lgaGw c^s-

I; xb/af/leq 8f 306f sb /fdk] fb kgt

I; xb/af/leq 8f=s]cf0f] ; x aGbl agf0Psf lyP . Tof] cj : yfnf0{
pgn] s]g ?kdf lnP < tgfj oQm l: yltdf lbg latfpqk]sf] eP sb
; Den] x]nfg]V ; fd]go ?kdf lnPsf] eP aGbl hlj g l:j sf] x]nfg]V t/
k]hftGq cf0; s]sf]n] d]ob08af6 eoelt x]g] cj : yf rflxFlyPg x]nfg]U
d]f] l] rf/df pgl /fhglts JolQm] ePsf] x]gfn] To; 36gfnf0{
pgn] ; fd]go ?kdf lnPsf] x]gk5{ . /fhglts ugk]sf nflu ; 8s; ; Qf /
h]nsf]s] 7]ufg]U ; xnf0{aGbl x]b]k]m0bf t 7h]eof]lg]U ; 'lff b: tfnf0{
xft lnP/ s]x] ; do eP klg u2ldf cf; lg x]g k]u . g]kfn]sf] 0ltxf; df
pgn] Pp6f goff /]s8{ yflkt u/ .

t/ d Pp6f ; fd]go gful/s, Pp6f sd]rf/L / To; eGbf a9l Pp6f
pGd]Qm ; flxTosf/ . To; h] d]h] t 8f 306fsf] ; donf0{k]g s]b 7fgf /
S]b] ePsf] dx; ; u/f. oBlk dnf0{s; h] s]g} ck/fw]sf] ?kdf zf/l/s
oftgf lbPsf] lyPg / hf]l hf]lsg df]g; s k]f8 klg lbPsf] lyPg t/
Tof] 8f 306fsf] ; do d]f] nflu df]g; s ?kdf c; Xo oftgsf] l]f0f
aGof] .

k]l/; ylt o:t] ; hgf eof] ls dd]fly x]sd rnfpq] d]f xflsdnf0{
s]x]f lg]tf df]g hf]sf nflu d]h] af6f b]vfpqk] lyof] / To; sf nflu
d]h] pg]sf cfudgsf] k]t]liff u/y a:gk]g] eof] . cyf]t Vp6f ldl6^udf
uPsf xflsd km]s]V cfpnfg]V xflsd; u}pgs]df]6/df a; y d Tof] 7fp]bf
k]uhf, hx]f pgl hf]k]g]5 .

xflsd]V dn]f0{c]t]of] 8/ nflu5 . glhs k]of] ls c]tof; nflu5 .
s]x] cx]f]of] ls h]p /gs] yfN5, 6fpsf] b]Vg yfN5 . st] l]rd]b]h: tf]
laR5ln] 6f]s]h: tf] z/l/el/ s]ldnf ; l]aufPh: tf] 56k6l / a]r]g xG5 .
o; sf/0f d ; s] Dd xflsd]sf] glhs k]b]g] . xflsd]sf] rfs8l ug]
s]x]no] leq k]l/b]g] . Hofb] c]k7a]f/f] gk]l/g] / c]fdg] ; fd]g ge0]s]g xft
hf]8]bgf / l]g]xt : j fy]sf nflu s]x]no]l]z/ em]sf]b]g] . g]gsf] ; f]em] u]f
6j] h] s]h]f0{ k]lx]n]f] b]f]o]t] ; Den]5' / tb]g]t/ c]t]df]g]el't]sf] ofq]df
nflu5' t/ c]fh d km]f]g/f]d]f] ; u . d]f] l] s]nk lyPg xflsd]sf nflu . pgl
hf]kg] 7fp]b]Vg] d]flg; deGbf b]f] ; l] lyPg . pg]lnf0{ hf]kg] lyof] / d]h]
uf]8 ug]kg] lyof] . xflsd]sf] cu]f]8 / 3f]8fs] k]5f]8 g]kg] eGg] p]vfg
d]f] k]t]sh aGof] . ts]g v]h]b]f]v]Hb] klg c]fh d g/f]f] ; u xflsd]sf]

≥67 ≈

≥66 ≈

j̄hoGtl #& IgaGw c^as-#

k̄h̄f k/ʃ.

xflsd klg s:tf lg ð csf d̄qfnodf 5bf; Dd pgl ; fylh: tf lyP . sd̄sf/lsf gftfebf klg ; flxTos gftf ajh̄f8sf. d/ʃ} x'6x6lsf sf/0f ; flxTos n̄v n̄v lghfdtl ; flxTosf/sf ; h̄ldf klg k/ʃf dflg; t/ ha pgl ; /sf/l uf8l r̄9g kfpgru/l a9'j f eP/ d sfot/sf dflg; cfP, To; kl5 pgm cf^gj w/ftn la; . d; usf ldaj t̄voj xf/ e'h̄/ xflSDL ; fg b̄vfpq yfn]. d/ʃ} 3/ klg pgf 3/; u; u} 5 eGg] s/f e'n]. 3/ clk̄m; uf8ldf ; km/ ul//x] t/ dnf0{ slxNo} ; fwlgg\

; fwlsf] eP ck7af/f] kyof pgmfoeGbf a9l dnf0{ ; fwlggVfd] u/. gq d pgklt s]t1 xgkYof. rfs8lsf rrf; GgkYof/ pgf xflSDL /j)bfmfo{ dñ] xh'/sf xh'/ nufP/ ; dyg ul//xgkYof.

t/ s] ug cfh d kl/aGbd k/ʃ. grfxbf grfxb} klg pgf uf8ldf a:g afñlo xg] ePf. pgf cf8Da/k0f s'fx?nfo{ xh'/ xh'/ eg]/ ; dyg hgf0/xgkgl cj :yf l; hgf xg] eof. pgmfo{ cfj Zos k/; Ddsf] d/ʃ] ; do pgmfo{ ckgkgl eof.

ol ; a} s'f dgdf vñhpfb} d l; xb/af/sf] dñ dfx8fdf plePsf] 5'. dleq 3pff / lffje plDnPsf] 5 . xflsdnf0{ kvgkgl kl8fn] d lylrPsf] 5'. d/ʃ] 3/sf] tufnf glhs]af6 b]gs cfj thfj t ug] tl xflsdsf] df6/ gr9/ arfPsf] :j fledfg cfh Wj :t xg] ePsf] 5 . cfh dñ of l: ylt ef]lgk5{ eGg] k] { hfgsf/l kfPsf] eP d clk̄m] hfg] g] ly0gf. labf lnP/ a:g] lyPf.

t/ Pp6f kmf0bf dnf0{ s] e0/x]sf] 5 eg] bz j if{ cl3b]v To; b/af/; u ; f0gf] uff bf klg b]vg g; s]sf]b]i6 gku]sf] b]zodf d/ʃ] b]i6 klu/x]sf] 5 . d To; dfx8sf] 7ls s]b]j Gb]df plePsf] 5' cyft\ l; x]sf] xftdf kirk]f0/x]sf] /fli60 em08sf] 7ls tnkl] / gh/ b]f]f0/x]sf] 5' w/x]sf] 6Kkf]t/ .

; g]sf]lyPf rGbzdz]n]b/af/ agfpbf w/x/fnf0{; lwf kf/] agfPsf lyP / ð t/ xf]g /x]5, clnslt bflxgk] kbf] /x]5 w/x/f . cyft\ l; xb/af/ cufl8sf] 7ls alr efudf pleP/ dñ åf/k] k]s]f w/x/f] 6Kkf] ToxL ; d/mfdf gk/] clnslt k]zrdlt/ kbf] /x]5 . Toltv] dnf0{ Pp6f s'f s] afw eof] eg] w/x/fnf0{ xf]g, eb]sf]lnf0{ ; Gd]v kf/] agf0Psf] /x]5 To] b/af/ .

d angleGbf aflux/ lg:s]sf] 5', hxff Psfk] /fli60 em08f / csf]k] ; DaGwt /f16sf] em08f kmx/fP/ /f16kd]vsf] ; d]t lhDd]f f/l j xg u/]sf lul/hfk] fb sf]f/fnfn] Toxf agf0Psf] c:yfol d~rdfly pleP/ l] leGg b]zsf gj lgoQm /fhbt]x?af6 cf]xbfsf] kf]f0fkq u]x0f

j̄hoGtl #& IgaGw c^as-#

u/]sf lyP . u0ftGq 3f]f0ffk]5 Ps j if{.g /fhf g /f16kltUePsf]cj :yfdf tl eflodfgl g]tfn] /f16kd]vsf] lhDd]f f/l .g e'tf] g elj iolt]sf] ?kdf kfPsf lyP .

d cem cufl8 a9]sf] 5'. kf]a]nf0sf] bflxgk] k] /b]v k/; Dd d/f cf]f k]b] 5g\ rGbzdz]n] ahfotaf6] lemsfPsf eflu6] cfsf/sf l] B't Vñflax? kmnf] vñafsf] 6Kkf]df kf]f] k]f]rsf] ; a]nfdf 7fpf/fpbf kf]n]sf -emG8Psf] b]v]b} 5g\

d 6xlnPsf] To; kf]a]nf0df lbpf] f] eP ; /sf/l, cw] /sf/l, kf]0e]6 / S'6gllts lgo]usf uf8lx? u]8/x]sf x]y] clxn] laNs]h vfn] 5, ; 'g; fg . dfgj clwsf] l]bj ; sf]cj ; / kf/] k] kf]a]nf0 9f]sg] u/l Toxf kf]n 6flug] u]5 / /f16kd]v, ; /sf/kd]v / l]bj]z]l s]g]lts lgo]usf clwsf/lx?sf] pk]l yltdf /f]qe]hsf] cf]f]hgf klg ul/G5 .

d To; kf]a]nf0sf] 5p; Dd k]5'. d/ʃ] cufl8 nfdf] u/l dñ u]b]t/ km]nb] uPsf] hnfzo 5 u]6 / hnfzosf] alrdf Pp6f d-r 5 . To; d~rdf j fBwg u]~h]y] lauh a]y] / rGbzdz] ahfotl a]y]sdf pleP/ /f16sf] gfddf lbPsf] ; Gb]znf0{ 8a]sf lk6fP/ k]rf/ ul/Gyof] .

tnfpsf] bfosfaoff lsgf/fdf nfda4 k]rhx? k]rh]sf 5g]udnfdf em]n]sf 5g\ lsgf/; u] tGSPsf] af6]sf] 5]pdf s]6a u]y wksf ?vx? ; hf0Psf 5g\ d To]lsgf/lt/ eg]lg: s]g]o; y]ls d xflsdsf] k]t]l ffd] 5'. xflsd df6/df a]y ; // cfpk]5 d tl xflsd; u]To; u]l a]y u0xfNgk5{ xflsdnf0{ s'fpg klg t ePg lg ð gb]vg] u/l bfosfaoff nf]u/ e]hfpq klg t ePg lg ð

38l x]5{ 5 ah]5 . cyft]Ps 306f eP5 dñ] k]v]a;]sf] . df3 dlxgfsf] cl]td x]ktf ; of] tsf] ; do klg eof] x]hf ; fob ð k]zrdl cfsfz afblnPsf] 5 . n]f5, phofn]sf] udg / c]nf/f]sf] cfudg x]b] 5 . rg]uPsf k/j fx? l; xb/af/sf] c]sf]nsf] / k]ns]b} 5g\ nfda4 x]b] 5g\ cf]n]nf] 5]pb]v k]n]nf] 5p; Dd . lkn/dflysf] a]sf]a]sf] , ahfotl a]y]saflux/ a]G8fsf] kmnf] af/df / 5td]gsf] cf]t]df .

b/af/ cufl8 bfosfaoff 5l/P/ /x]sf xl/ofnlk]0f] 7hf7hf ?vx?n] b/af/sf] z]lef a9f0/x]sf 5g\ ; fob tl ?vx? b/af/ lgdf]f] cj lws] x]hf]ng]V :ynsdnsf ?vx? , d; fnfsf ?vx? , cl]nfcl]nf sf]B]; Nnf -d]a]s]lkhn]sf ?vx? , v]6]; Nnfsf ?vx? , v]sf ?vx? / ; fgf cfsf/sf lk]n]sf ; fgf]v/l, wkl, plQ; , lzl/if / asf0gfsf ?vx? klg oqtq plePsf 5g\

d ; f]b} 5' ol ?vx?sf] cf]o' slt x]hf] ð dñ] slt ; do; Dd b]v]g kf]hf ol ?vx?nf0{ l]cyj f loglx?n]slt ; do; Dd b]v]g kf]n]f g\

jhoGtl #& lgaGw c^as-#

d/f hlj gnf0{ ü csf[zAbdf eGbf d] loglx?sf] k/f hlj g gbVg ; S5' / ol ?vx?n] klg d/f k/f hlj g klg gbVg ; S5gV h] klg x'g ; S5 ol ?vx? eGbf klxn] d] w/tl klg 5f8g ; S5', deGbf klxn] ol ?vx? w/fzfol klg x'g ; S5g\ t/ d 7f] s'j f u/y eGg ; S5', d/f ; Gtlt j f zfvt; Gtfgn] ol ?vx? / o: t) pd] sf c? ?vx? / fhwfgl kl/lwdf bVg kfpg] 5gg\ Nsgeg] nuf0g] 5gg\ volt akxt\ cfsf/sf ?vx? / hldg x'g] 5g loglx?n] cf] u6g] kl/lw a/fa/sf] . t; y{pkTosfsf nflu ol Ptxfl; s ?v x]/y d ud vfo/x] sf] 5'; ol ?vx?sf] cfo' slt x] hf ü / cf0l/x] sf] dfqj ; fu/nf0{pkTosfn] slt; Dd y] hf ü slxn]; Dd y] hf < d l] = *! (^) ; fnf0{0txf; KN6fpq yfn5' . xHhf/f] Ps8 hldg cf] u6g] 3/Psf] / !! dlxgf nuffP/ agf0Psf] *) j 6f ; fgf c] of/f sf] /f ; lxt !&)) sf] /f !& cfug / & rfs] ePsf] To; b/af/sf] lgdf0fdf @% nfv vr{ePsf] lyof] /] ü l8hf0g rfixfs'df/ g/l; + ef/tsf hfu] b] afaf] u/] sf] lyP] / ü

b/af/ lgdf0fdf rGb] zd; y n] vPsf 0bf, cTolws sf7, kmnf0] k; f8 / hfb] f0df ah] rfs] df; ; 'sl{-0bf sf] whnf / e" kbfu ul/Psf] lyof] . t/ b/eflo ü @) #! ; fn c; f/ @! sf] dW0/ftdf s] gg s'g a] hf cfuf] ; INsof] x] sf] x] /f te/df Wj : t eof] . k] s] tn] klg ; fy lbPg. c; f/ dlxgfd klg kfgl gk/] xl/atf; rNof] b0f 6f af?0f o6qn] lgoGq0f ug] ; s] gg\ wGg ; lgsf] Ps 6's8ln] Pp6f ad l] : kmf6 u/f0f / dfq kf] cufl8sf] dfx8f arof] . gq d o; 7fpdf sxff xGyf / olt s'/f s; / l n] g kfpf] < t/ crDdsf] s'/f To; b/af/df rk] { lyPggV] ü /f0ff zf; sx? sf] k/fd} lbzflk; f] uy] / ü g] sf/-rfs/ rfixf v] taf/l / wf] alv] hf] sf] ls] gf] /t hf] y] / ü @) *) *; fnf0{ kfr] ; ft] 6f rk] { agf0P] / ü !& ; fnk] 5 dfq cfwlgs rk] { ? lgdf0f ug] yflnof] / ü

Toxf] Pp6f k] tn] au] rf lyof] hxff df; d cg'; f/sf k] thx? afx] dlxgf kmNy]. To; ; Gb/ a] f6sf; u] /f0ff] /f] lx?nf0{oftgf lbg] 7fpf klg agf0Psf] lyof] / ü t/ d eg] /f0ffsf] oftgfdf gk/] xf] lsdsf] rk] f0 -kvf0_ df k/] 56kl60/x] sf] lyPf. 5f8g/ lxB] klg ; lQrgy] kv/] al; /xg] w] klg u] df0; s] sf] lyPf. kvf0sf] cj] lw slt xf] < To; sf] s'g] lg] zrt cj] lw lyPg .

ca t ; f9] 5 klg e0; s] 5 . lbgn] ; Gwofsf] cf] x] fg ub] 5 . j ftfj /0f qmdz] wldnf] a] b] 5 . b/af/ kl/ ; /eq af; a;] sf r/f a] f] s] c? k] 0f] b] v] b] g . k5f8k] s] lgsf] Pp6f u] 0f 5, tyflk s'g] ; jgs d ePlt/ lg] s] sf] b] v] b] gg\ dg] dg] 8/ klg nf] lg v] Hb] 5 . ; Dem] 5', s; h] ; 'g] Psf s'/f - b/af/ agfplbf df] 5 klg w] d] / ü hgdfg; df

jhoGtl #& lgaGw c^as-#

qf; k] n] g] bg] sf nflu tl nf; x? lgdf0ffwl] b/af/sf] kvf0h] ; t] fp/ ah] h] k] kf] of] / ü To; } eP/ /f] /f] oxff t; f] p] 5, df] lg; l] x] sf] cf] fh cf] p] 5 .

t/ d'6' af] 5' ; fx; a6N5' / alnof] ePsf] dx; ' u5'. ; jgs u] of glhs] 5 . cf] > o lnp] h] lg ; a] s] 6 kl/x] n] 5 eg] t/ clx] n] eg] d Tof] eGbf 7h] wd; a] s] 6df kl//x] sf] 5' . 8] 9 306f e0; Sof] x] lsdsf] c0f] k] 5g . df] f0n g] Da/ klg y] xf] 5g . eP klg kf] ug] x] g] ls g] x] g] < ldl6a] df] a;] sf] alhf v] Nt] sf] kf] gn] l8:6a] u] of] eg] km] s] c] Pk] 5 x] lsdsf] uh] g ; g] kn] ü olt klg w] ug] g; Sg] eg] uf] v] fg] kn] ü

a] fl/ l] ; f] a9] 5 . dG] b dG] b xf] f rNb] 5 . cfsf] z afblnb] 5 . ; Gwofn] k] 0ff] f lnb] 5 . d c] f] lt/ kms] 5' / ud v] fP/ pleG] 5' . Toxf] a; g] s'; k] 5g . t/ 9a] nf 5fk] sf] l; P] 5 . Tof] l] ; f] 5 . a; g] eGbf pleg' /df] . d v] fdf] ; v] fP/ j/k/ 6x] ln] 5' . w] a] y] ple0/x] bf 9f8 b] Vg y] fln; s] sf] 5 d] f] . d rGb] zd] /sf kf] n] df] k] tn] au] rf] df] l] b] 0g] zf/l] s] oftgf] eGbf w] u] gf] 7h] df] g; s] oftgf] eGbf u] x] sf] 5' .

w] o euj fg] d] f] k] t] l] f] ssf] ; qwf/ c] f] 0k] u] / eGg y] fn] - . ldl6a] n] l] daof] l] rofk] gdf c] l] Ne] of] . ü

d dgdg] eG] 5' . xf] sd ; fx] l] tk] 0f] t g] ofg] sf] /fdf a; y ldl6a] e0f klg kf] pg] eof] /f] j6 6f] /6; lxt] sf] l] rofk] gn] k] 6 klg tt] pg] eof] . t/ of] h] 8f] df] of] ; dodf, o; t] 7fpdf Ps] 8] 9 306f lat] pg] k] b] f] d] f] xf] nt s] t] eof] xf] hf] ü s] a] % ; Sg] x] 5 <

rfa] h, sf] df] 8f] F

v

zAbfy{ k] sf] zgn]
!(y/l zAbsf] k] sf] zgn ul/; s] sf] 5 .
s] tk] 0f] klg sf] zsf/ x] g] x] 5 <
cf] gf] zAbsf] k] sf] zgn ug] 0R5's x] g] x] 5 <

S:tfl cfbz{ <

lj ho rfln;]

dfg; s'g) g s'g} cfbz{sf] vfhldf x̄5 . ; Dej tM xfdl klg To: t} cfbz{vfh/x]sf 5f]t/ of] cfbz{sf] vfhldf st} xfdl cfkñnf0{la; b]t 5gf] < s]hf0{ / s; nf0{ cfbz{ dfGg] < s] xfdln] 5gf] u/]sf cfbz{ jf; tj d]cfbz{xg] ; do ; dodf cfbz{nt kfg(yfn]sf 5g\dnf0{o: tf k]gx?n].

k1Zrdl ; +s]t, vfgkfg / /xg; xgtkm] ; j fws cfslift s]xl xfdl ; x/l o]f cf^gf Joj x/ / cfbz{df klg ltg] s'/fnf0{ dx]j lbg rfxG5f]. lj ut hgcgbf]ngdf Psflt/ xHhf/f]gkfnl o]f cfvfel/ goff gkfnsf] ; kgf a]b) Hofg xTs]hdf /fv/ ; ^sifdf x]Ddp, cs]t/ ltg] o]f fdWlo] s]xl cfkñh] dfglsf ltg] cfbz{ cyft\ef]ts rdsbdssf] ; +f/lt/ knfot x]g] pkqridf Jo:t /x]. c? t c? cfgbf]ng xf]g]x? ; d]t ; Qf / cSt ; Dklo] cfbz{sf] cfbz{ / ; kgfnsf] nlnfd ub]uP 0]j b]z knfog x]g]x?sf] cfbz{ efff] dfh] / eP klg s':t lug 8n/ SDnofpg] ?dfgl ; kgf lyof] . ef]ts ; \vsf] kofkt ; \vfg]et g] ltgsf] cfbz{ lyof] 0]t qm]gt / ouf]tsf/l kl/j tgsf] nflu glt[j ul//x]5f] eGg]x? 8g: dun/ lj b]z Ph]6x?sf la]kms]; x?df sb] xb] uP . of] qmd ce]f/ f]SPsf] 5g] . ef]ts ; \vfg]et sf] d]ud/l]rsf k15 bf]8g] of] bf]8sf ; xefulx? lbgf]lb g al9/x]s] 5g\

cfh xfdl cf^gf ; a] s]/f la; b] 5f]. xfdl k1Zrdflledv eP/ cfbz{sf] vfh] ul//x]5f]. ltg] k1Zrdf rdsbds / 6]nlehgsf kbfd afnft\pEof0Psf JolQmtj clg nfbPsf] ; +s]tnf0{cfbz{ 7fGg yfn]sf 5f] < k1Zrd / k]sf] lj s6 ufpdf h]d] / JolQmtj lj sf; ub]ltg] k1Zrdl ; dfhdf cfkñhfo]0Hht; fy pEofpg ; Sg] ; fa]Yo{eP/ klg cf^g]ufp/ ; dfhsf] ; jjf / lj sf; df /dfpg] dxjf l/ k]g / ; Gb's ?0tx? xfdf cfbz{a]g] ; s]sf 5gg] g t vjhf8lsf]gfpdf lj b]z k]u/ b]zs]a]Hht ub]n's] ef]ts ; \v vfh] sltko snfsf/-v]nf8lnf0{ g]ts ykk8 lbb]lj hol-r]rt ag] cf^g] b]zs] u]y /fVg : j b]z k]ms]g] vjhf8lsnfsf/ kf/; x? g] xfdf cfbz{ a]g] ; s]sf 5g\. cf^g] sf]lnf0{ cfbz{dfg] klg tl ls 6]nlehgsf] kbfd d's08f]le/] rdsbds ; fy b]vg] ; f]hj sf r]Dsnf cgxf/ xG5g]ls t /fhglit / slyt ; dfh / clwsf/j fbl gSsnl d'v]6fx? 0]ltg] gfpdf lj b]z : j fy]sf em08f

afSg] ; lsnf cgxf/s} laulau 5 clxn] . efg' df]t, wd]eQm z]qm/fh, bz/yr]b / u^]fnfn, b]j sf]f, n]vgfyx?nf0{ ; d]t cfbz{sf] >pfaf6 lj :yflkt ul/; Soft xfdln].

jf; tj df Dof]b]sf] lj s6 ufpdf h]d] cfhsf w/} gkfnl o]f fsf] ; kgfnsf]b]z cd]sf k]u/ pRr lz]ff xfl; n ul/ ; Sbf klg Toxf]sf] rds-bdsk0{ h]j g; u gnf]e0{ : j b]zs] ; jj fdf ; dlk]t xg] dxjf l/ k]gx? xfdl gkfnl o]f fsf] j t]dfg cfbz{ a]gk]g] xfl . lj b]zdf 0Hhtsf] h]j g afRg ; Sg] eP/ klg : j b]zs] lgd]vf gkf]lnf0{ h]j gbl]6 aff8/x]sf ?0tx?n] xfd] cfbz{ a]g] ; fd]Yo{ /fVgk]g] xfl . ol s]xl pbfx/0f dfq x]g\ hf] xfd] cfbz{ a]g] ; Sg] ; fd]Yo{ /fVg]o: tf cfbz{ JolQmtj ; dfhsf k]tols l]qdf k]f0G5g]rfx] Tof] /fhglit xfl; \dNok/s snf- flxTo xfl; \lj 1fg / k]j lw xfl; \j f ; dfhsf c]g] l]fq x]g\

slt lj 8dagfk0{ ; do affr/x]5f] xfdl . lj Zj sf c? o]f fx?h: t] ; x/ahf/sf cj ; /k]f]t xfdl hlt a]nf a]eofn]b]6f0g 8]E s]f] Hj /ul: t p]dfbd x/fpb} lyoff . xfdl hltajnf p]dfbd p]gd]Qm k]d ; f]g] Jo:t lyoff 7ls Tolt g] a]nf xfd] lbb]alxg]sf of]g : j b]z / lj b]z df]6fdf n]6b] lyof] . k]dn] zf]t ttf u]dfPsf] 5 . Eofn]b]6f0g k]ddf of]g s]f] SRrf d: t]lnf0{g] oyfy{k]d df]g yfn]sf] 5 cfbz{ Eofn]b]6f0g k: tf .

; dfh Psflt/ ; x/l ; Eotfsf] gfpdf aflux/l ; +s]tsf] c]wg]s/0fdf c]mf] l]lDn]P/ b]f]8/x]sf] 5, cs]t/ o]x] ; dfhsf] 7h]l lx:; f ; fdf]o : j t]qtf; d]t pke]f] ug] gkfP/ ce]f ; Eotfsf] cflbd h]j g ef]g a]n]o alg/x]sf] 5 . Psflt/ xfd] ; dfh cf^g] ax'd]n] lglw / ; f]s]ts k]fx?nf0{ aflux/l nx]nxdf nfu/ Tof]b] : j R5]b]tf / lgo]q0fxlg p]gd]Qmtfnf0{ cfw]gs ; Eotfsf] k]lxrf] 7f]b] 5, cs]t/ af]s; l / 5]f]5]t h:tf ; fdf]hs ; Eotfsf] clezf]kaf6 d]Qm x]g lg]gt/ 56k]6f0/ x]sf]5. cf^g]0]txf; sf x]s u] { t]s 36g]fx?nf0{l] : d]tsf]lrxfgdf k]f]y ; ft ; d]b] k]f]sf ; gt Eofn]b]6f0gsf] k]dufyf 3f]s] / cfo]tlt k]d]l]bj ; sf] gzfdf p]df]bu: t a]g] u/]sf] 5 clxn] ; x/l o]f fk: tf .

k]d df]g] lo ; f]bo{ x]f] h]j gsf] zf]t k]f] 0] of] ; 8s k]bz]gsf] s]/f klg xf]g ; fob, of] t b]0{ hgfar]sf] ; dk]psf] lgtf]t JolQmt s]f]of]k] / x]f] . o; nf0{ ; 8s, kfs] / x]f]b]n s]j gsf dw/] /f]df-rs k]sfz tyf p]q]hs ; a]nts] /df0n]f]df /fuf]ds z]f/l/s cfsif]f; u ; f]f] k]f]t ug] ; l]b]g] . xfd] cf^g] klg k]dfle JolQm ug] w/} ; f]s]ts cj ; /x? 5g\kj{ / l]b] ; x? 5g\ /f]bl3/df zf]t d]f]f]llt ; f]g] xfd] cf^g] ; +s]ts k]dk/f 5 . b]fx/df dg lht]y h]j g ; fyl /f]g]

j̄hoGtl #& lgaGw c^aS-#

xfdl] cf^g} cEof; 5 . b]p8fdf dg ldNg] ; fyl /f]g] / p; nf0{ hlj g ; fyl agfpq] gkfnl ; +s[ts] ; Ȑb/ cEof; 5 . Ct'fh j ; Gtsf] of pT; j xfdl] cf^g) k]d lbj ; xf]g / < ax'; +s[ts] xfdl] ; dfhdf v]hk;] oj fx]posf k]d ejf gf ; f6f; f6 ug] o; tf c? klg w] cEof; / cj ; /x? k]z:t k]nf kg]5g\ logdf ofgh]o cfsif0febf a9l efj f]ds k]dsf] zf]j ttf x]g] u5{ h]g klZrdl ahf/ lgol]qgt pkef]Qmj fbl ; dfh / ; +s[ts] v]nfgd] kf]g ; xh 5g] rfx] Tof] v]hf ahf/df ul/g] k]d k]bzg] xf] ; y]f zf/]l/s cf]lQmsf] hf]nf] krfNg] : j cl: dtf u'dfP/ cfk]h]f0{ pkef]lo j : t'df cg]j fb ug] slyt cfwlgstf Ȑ

xfdl] k]l]p ; dfh v]h]p/ pbfa]v] kfg]df xf]g] c]fj Zos dfqfd] 5f]kg]a6 ; f]bo[sf] cfsif0f tyf s]t]xnsf] l; h]g] x]g] e]g] l]j z]f; /V5 . 7]s 9a]ndf 5f]kPsf] z/l/n] hlt cfsif0f u5{ ; j f]u v]hf z/l/n] Tof] cfsif0f lbg ; Qmg] o; n] ofg p0]hgf a9fpnf, f]l0fs /lt/f]ds cfsif0f b]nf. lr/: yfol cfsif0f / zf]j t ; f]bo[sf] lr/: yfol k]efj egl o; n] lbg ; Qmg] . cZnlntf ofgl] s]t]sf] l]j sf; df ; xoful a]nf, ; f]bo[sf] dfgs a]g ; Qmg] . k]d lgt]ct lgh] S/f xf] o; sf] cy]uxg x]g] . o; n] ; 8s, xf]6h] / kf]sf] v]hf k]bzgaf6 ; xl cy]u]x0f ug] ; Qmg] t; y]klZrd] z]h]sf k]d lbj ; x?sf gfpdf pkxf/ ; f6f; f6 ug]/ cfk]h] dg k/f]psfx?; u k]d k]s6 ug] Dd 7]s xf] aflux/l g] eP klg o; tf cj ; /nf0{ k]dsf] ejf gf k]nfpg]t k]m ; o]dt cg]s/0f; Dd /fd] xf]nf t/ o; tf cj ; /x?df b]vg yfn]sf pkxf/ ; u]Pscfk; df w] s]/fx? ; f6g] k]j l]Qn] l]s]t dfq a9g] s]/fdf ; do 5b]Wofg k]ofpg gknf] / <

lj 1fk]gdf ; Ȑb/ z/l/sf] la: s]g lk]h]pg] ax'/f]l6o pkef]Qsf]v]l Jofkf]s hf]nf]sf v]h]gf ag] xfdl]n] cf^g] k]l]p d]No l]j k/l]t n]h]hf]nf]0{ To]flg yfn]sf 5f] cfbz{l]j ; h]g ug]yfn]sf 5f]. ld; xh]/cfdfb]v] l]d; gft]gl; Ddsf; f]bo[k]bzgdf cfk]h]f0{ pkef]lo j : t'df cg]j fb ug]h]f0{ gf/l ; j t]g]tfsf] cfbz{l]7f]g yfn]sf 5f]. n]f]5, o; t] cfbz[sf] v]f]hl ub] h]fbf 0]806aS; sf kb]df pEof]Psf s]lqd cfbz{g] e]lnsf oyfy] cfbz{ a]g a] 5g] . k]dlbj ; sf] gfpdf le]qPsf] Eofn]b]f]0g 8h] t] ca l]tg] kbf]dfk]t xfdl] ; x/l a]7ssf]7f]d a]fl]hnog s]flg]enf] b]vg] gfa]nf dlxnfx?sf] p]gd]Qm/ p0]hs ; f]def g]tosf] gkfnl ; +s/0f ; xg] a] 5g] . sltko s]/f ; dfh, k/Dk/f / h]ftlo ; +sf/; fk]lf x]g] u5g] o/f]k]nl ; dfhdf alr ; 8sdf o]f fo]t cl]n]a]nga4 eP/ c]f]7, ufnf / z/l/sf c^a]n-k]to]a]n rf6frf6 / r]; fr]; ug] l]tgsf] ; Eotf ; xfpbf] xf]nf, ; +s[ts] cg]s]h xf]nf l]s] l]tg] s]/f k]l]p ; dfh / ; Eotf df

j̄hoGtl #& lgaGw c^aS-#

; ' ; +s[ts] dflgg ; S5 < xfdl g]a]ng]h]f0{ cZnl]n df]g]5f] pglx? gdf]g] S5g] o; af6 e]f]h]n / ; +s[ts] k]f]y]S0 k]i6 x]b]g / < k]j l]t]f] df]gotf / klZrdl ; +s[ts] e]hn] auf]Psf cfhsf] xfdl gj k]t]f]sf Ȑ; Eo cfwlg]s] g]kfnlx?sf] b]i6df u]kt]f]a]n / s]r]f]a]ndf] q]5f]k]Psf] z/l/df b]vg] a]fl]h]nsf ; f]def g]l]of]a]ng]fx?sf] Tof] ?k q]f]a]nf] gdf]gg ; S5 . Ȑ; x/l ; Eox?]f] sf] ax'; a]Nofdf] : j ; +s[ts] / ; j d]Nofdf] S/f ug]k? u]j f/ c; Eo klg 7xl/g ; S5g] cfhsf] df]xgl cy]f]t \u2225Nofdf]l]sf] p]gd]fbn] /fhg]ltb]v] k] ; f-Joj ; fo ; a]hnf] a]; /l u]f]h/x]sf] 5 . cfh x/s ; Dk]fbs cf^g] k]sf]zg] las]pg] dh d]g] \u2225Nofdf]nf0{ 7f]gb5 . cfhsf] xfdl n]vs \u2225Nofdf]s] v]f]h]df e]ft]f] /p] 5f]. xfdl kf]7s u]el/ s]/faf6 k]a:g ; rfp]5f] / \u2225Nofdf]sf] gfpdf x]Ns]f]k]n]sf s]/fnf0{ cfhsf] cfj Zostf] l; 4ug]s]Dd/ s; y] zliff] g] u5f]. n]f]5, u]el/ s]/sf] S]g] cfj Zostf] 5g] l] s]fs]f]n] e]f] \u2225Nofdf]sf] v]f]h]df 5f] \u2225Nofdf]sf] d]ud/l]rs]f]df e]ft]f] /p] 5f]. xfdl ; dj]t : j ; lg]x]sf] 5f] \u2225Nofdf] r]f]xof] \u2225Nofdf] l] nf]Eofpg] cfsif0f ug] / n]a]ns ebaf6 cfsif0f hf]ult ug] l]j k]l]t l]n]a]nk]t]sf] /f]ds cfsif0f cy]f]t \u2225Nofdf]k]t xfdl l]gs] cf]zQm x]b] 5f] Jofdf]xt 5f] / o; s] k]l]t]mn cf^g] d]N]o-d]f]gotfdf e]gbf c?]sf] s]/fx?df a9l n]f]eg yfn]sf] 5f].

c?]sf] k]t xfdl] cTo]ws df]x / ; \u2225gf] ; fd]Hosf] df]xgl hf]nn] bz]Htxf]nf0{s]kn]Ss]lgn] l]qm] d; 8] / u]8 k]f]0 8]sf] hfn]f]df k]f]g] ; ' ; ul/ ; s]sf] 5 . l]bo]f h]nf]P/ a]Q]h]t] c]Nof/f] df]g] p]HH]hn / bl3] tyf] efj l] h]g] gs]f] s]fd]gf ug] h]fd]lbj ; n] p]Hofn]f]sf] v]f]h]l ug] 5f]8]sf] 5 . cfh an]sf]d]ga]Ql; d]t l]gef]pb]klZrdl w]gdf l]hp ds]P/ s]t]f]h]g]s]f] s]fd]gf ul/x]sf] 5f] < o; f] e]g]s]f] gfd]sf] k]5f]8 \u2225 Eotf gh]f]g]sf] u]f] / \u2225 l]j z]j]f]of h]f]8g] ; S5 . xfdl ; g]xl, d]r]a]nf, d]/nl, gl; \u2225nf] / df]bnx? c]s]6k] / Jof]08]sf]el8df x/f]pg yfn]sf 5g] l]kk, l]8: sf] Sofal a]sh]: tf] . 8f]; \u2225 xfdl ; ' ; l]rdf k]l]0ft e]0/x]sf]5g] xfdl df]g]l, /f]bl, b]d]8f, b]f]xf]l, df]g]l, /Tof]n] ; a]l] : yflkt alg]x]sf] 5g] l]7f] df]5f]n] ; fg]fnf0{s]kn]Ss] l]g]Ng]sf] d]t: o]gofo z]f]z]t ; To x]f]. l]j z]j ; \u2225gf] ; fd]Hosf] l]go]tf] klZrdl ; +s[ts] ; ' ; fd]v]df /f]l6o-h]ft]o ; +s[ts] Ps]k]5 cs]f] l]g]ln]b] 5g] xfdl ; f]gf df]5f]x? /df0{ /df0{l]tgsf] d]v]leq v] ; l]v] ; l]k]j z]u//x]sf] 5f].

xf]dl v]f]h]g ; Sb]g]f] xfdl] kl]ro klZrdl cEof; / cg]s/0fdf. /a]ng] k]j f]v] 3'; f]/h] /l s]f]f do/ a]g ; Sb]g, cs]f]sf] h]8f]l le// l]g]z]ro k]g xfdl xfdl a]g ; Sb]g]f] xfdl]n] xfdl] cf^g] cfbz[sf] l]gdf]f] ug]k]5(l] cf]zaf/l, sf]7df]8f].

V

gkfn /fi6<al>ssf] cg'/fw

tkf0t u

pBd Joj zfo ug] ; lk / ofhgf 5

t/ lwtf] 5g] eg] klg als tyf lj Qlo
; +yfn] kl/ofhgf lwtf] /fv] shf{ kfpg
ub5g\.

cfhb]v ; lk l; s]v pkoQm Jofj ; flos

ofhgf; lxt als tyf lj Qlo
; +yfdf shfsf nflu ; Dks{ /fvf].

tkf0sf] 0dfgbf/tf g} als
shfsf nflu lwtf] aGg ; Sb5 .

lj gf lwtf]kl/ofhgf shf{ln0{
pBd ug]af/]3/3/df rrf{u/f]



gkfn /fi6<al> kl/j f/

k'g/fj |Q

lj gos'df/ zdf{ gkfn

.dfyfkRr|df s]x] l] rf/sf] s]x] zAbsf] kg/fj |Q 5 lg dnf0{
s]x] l] afgh] eg].

x] l] kg/fj |Q sxff 5g] < s]df 5g] kg/fj |Q < d]h] dgdg} ; f]r{.
a]xdf08sf] pTk]Qb]v g] tf/f, g]fq / ulxx? 3d]sf] 3d]s} 5g\ ; öh] t]f] / ls/0f k]fnjsf] k]fnjs] 5 . lk08x? rSs/fPsf] rSs/fPs} 5g\ /ft bfxl/Psf] bfxl/Ps} 5 . lbg cfPsf] cfo} / uPsf] uo} 5 . a]xdf08sf
ofj t]t]j l]f0f l]f0f ?kfgt/ e0(g) / x]sf 5g\ j : t]sf] aGg] / g] qmd
g d /f]Sg ; S5' g tkf0t/f]Sg ; Sg]xG5 . t]j t]j sf] h]f8n] k]qmo{ /
k]qrofn] t]j nf0{ r]nodfg agfPsf] agfPs} 5 . dfg5]sf] h]d / d]o' b]j} e]Qmf dfg5]sf] xtdf / j zdf 5g] . csf] s; jsf] e/n] csf] sf]xl
h]dG5 / d5{. dfg5]csf] jf c?nf0{ aGbh] nufpg] k]of; ug] S5 j f
ug]U5 t/ p; sf] cf^g] ult / h]j g p; sf] e/n] dfq rNb] . kfgl-
v]h]f] ; db] afbn ag]/ em]sf] em]s] 5 . df6f] r6&fg / r6&fg df6&fd
kl/0ft ePsf] eo} 5 . sxff 5g] kg/fj |Q < s]df 5g] kg/fj |Q <
h]j h]d]sf] h]D0} / d]sf] d]t} 5 . ?vn] alh / alhn] ?v agfPsf
agfPs} 5 . c]g8faf6 s]v/f / s]v/faf6 c]g8f ag]sf] ag]s} 5 . dfg5]h]
dfg5] / afb/n] afb/ h]dfPsf] h]dfPs} 5 . >l]dfg k]h]Q s]g} goffafb/ j f
dfg5] , s]v/f] jf xfQl lsg ghl]dPsf xf]nfg\ gen]sf xf]nfg\o; tkm[
; f]rg] ePsf] 5 < s]s/n] s]s/ jf e]u/f] e]u/f h]dfpg] kg/fj |Q x]l] ls
xf]g < :ofnn] :ofn gh]df0 ; [i6 ; fr]gfd k]gM csf] :ofn h]d]sf]
0]txf; sx]f]st} k]9]ePsf] 5 s]<

wfg pd]sf] pd] 5-rfdn xf]nl] v]Psf] v]f] 5 . PskN6 o; f]
gh/ lkm/fpgf] ; t] l] wfg, ds} ux]f] f s]g] v]B PskN6 dfq h]d]sf] eP
of] ; f/ s: t]f] x]bf] xf] < dfg5] jf hl] sf] hl] g s: t]f] x]bf] xf] < k]v]f] of]
v]Tof]gvf eg] t]f]slbbf t tkf0fer]sf] / jf x]k] slt]KN6 ; u]f aGg]ePsf]
5 / tkf0f h:t} slt x]7lx?]n] dg] k]sf] 5 ; doeGbf klxn] . lg]to goff
eP tkf0sf] xfnt s] k] xf]nf < dx]zo s] tkf0f c]fki] dfg5]h] dfg5]
h]dfpg] kg/fj |Qsf] cz xf]g / < dfg5]h] c]f] uj { ug] kfPsf ofj t]\
ef]ts jf c]f]n] Tds ; fr]gf, j : t]f] f ej] ; a] ; a] : j f:y j f lj 1fgsf
pkn]Aw? kg/fj |Qs] h]f8 / sf/0f xf]g / < olb dfg5]h] dfg5] dfq
cy]f] \rt]gfn] rt]gf gk]h]fPsf] eP cfhsf] tkf0sf] ; f]r klg lj sf;

j̄hoGtl #& lgaGw c^as-#

xGgYof ls < kYj lsf ce} egf aXdf08sf kTols t̄j PskN6 dfq xg] lyP-; w̄ goff ; a) goff ofj t̄d'v / c̄lofnu: t . ofj aXdf08df s'g t̄j To: tf] 5 h̄g k̄g/fj |Qsf] k̄l/fdf k/sf] 5g < c?sf c̄fvfn] bVjsf ; a} goffdf d dfq bV5' k̄g/fj |Q . To; h̄] >ldfg/dnfo{kof/fj nfU5 k̄g/fj |Q .

Sb̄g] kN6kN6 Sb̄sf] Sb̄d] 5 . afNg] kN6kN6 afjnsf] afNo] 5 . vfg] kN6kN6 vPsf] vfo] 5 . ; Tg] kN6kN6 ; t̄sf] ; To] 5 . s̄grflx] s/f] 5 h̄j n] j f kls] tn] kN6kN6 gbf] ofPsf] < s'g] l9nf] s'g] rfbf] of] l9nf] / rfbf] klg tkf0{xfdf] dfq dfkb08 xf] ; l6 ; frgfeqsf kTols j : t̄sf] cf^g] dfkb08 xG5g\ dx] bo] tkf0{sf lbdusf rfn9fn, rnvjh, hfneih slxNo} aGb ePsf 5g\ lbdhu 3d]sf] 3D] 5, d6' rnf] rNo] 5, k̄l/ eGg' xflnf lg] d6' t aGb klg xG5 . xf] 0 aGb xG5 d6' d6' aGb ePk15 k̄l/ csf] k̄g/fj |Q ; 'z xG5 . tkf0{sf z/l/ hN5, v/fgl aG5, w̄ f aG5 j f ufl8G5, ; 85 / k̄l/ kls] tsf] k̄g/fj |Qn] s'g] t̄j ; l̄ hf8/ sxlf g sxlfst] g st}sxl g sxl agfP/ csf] ?kdf ?kfst/ ul/lbg5 . ; do cfPsf] cfo] 5, ; do uPsf] uo] 5 . tkf0{h] cf^gf] 3/sf] le0fsf] 38l x/y cf^gf] hlj gsfnsf] sfnv08df Tof] 38lsf] ; 0h] sltkN6 afx] j f Ps ahfof] xf] nf uGg' ePsf] 5 < s] of] k̄g/fj |Qlt/ slxNo} cfvfn uPsf] 5 <

xjf f aujsf] allo] 5 . kfgl em]sf] en]o] 5 . whf] p8]sf] p8d] 5 . r6fg] lv0Psf] lvo] 5 . kTols t̄j t̄j aGg] a9g] / laug] klgmof tkf0{h] hlQ ana0f nufP klg aGb xg] ; Qng lsg < tkf0{h] goff gj lg j f gfnf] eg]sf h'g; 's] s/f] t̄j, l̄ rf/ j f l; 4f] ofj t̄k/fgf s'g] g s'g] t̄j, j : t' ; f]r j f ej af6 k]eflj t ge0{hGd]sf] xGg . lj gfcfwf/ g s'g] rh aG5 g lau5t Tof] bVg/ / gbVg' t dh: tf 7b]gfsf] ; f]r, ej, lj rf/, ts] a14 / lj j]s cflb leq ; fob gxg klg ; S5 / s;]s;) tkf0{ h: tf 1fgldf xg klg ; S5 . of] xg] / gxg'sf] vj klg lj gfkf/fj |Q ; Dej 5g . s] dfG5sf] lbdhu ; f]r aju/ a:g ; S5 < s] dfG5sf] dg j f dl: tis ej ; j̄u, cfj]u j f pb]uaf6 k]eflj t g/xl /xg ; S5 < s] dfG5sf] ; f]r lj gfts] lj gflj rf/ rkrfk /xg ; S5 < s] dfG5sf] a14 / lj j]s bfx]0 t]xl/0 kmls]x]sf] 5g < nf] ca eGg] ; \sxxf 5g, s]df 5g k̄g/fj |Q <

k]omlj åfg\egfpbf? , hfg] ; 'g]/ k9] n]M/ cfk]hnfo{ 7h] 7f]g]x? lj rf/sf] k̄g/fj |Q, zAbsf] k̄g/fj |Q, af]n]sf] k̄g/fj |Qnf0{ l̄v: ofp5g\ x]nf]u5g\ lsg < d/f] of] khRr] lbdfun] a%b]g cxfk6Ss] a%b]g . yfn, sr]y/f, uful, 6af]s]l, hf/, 8f]8', kGo] s's/, s; f]bl, t]ks] s/f0{ k̄aVf, kf]l]sf] lkmN6/, lx6/sf] Sj f0n, aNasf] lkmnf6g, dj; gleqsf

j̄hoGtl #& lgaGw c^as-#

/fh/ , kf]n] / rSsf? cflb cflb e]ts j : t]x? dfG5h] lsg ufln} agfPsf xflnf] k̄l/ eGg' xflnf kn'a t nfd] 5 lg] 8G8L t nfd] 5 lg] xfl] tkf0{sf c̄fvfn] nfd] bV] klg d ufln} bV5' . d 8G8Ldf klg ufln ufln xb]ufln]ufln] klmnfdsf 6qrf? hf]8Psf] bV5' . kn'a sf] 5p5fp, ofplt, 6fpsf] kR5/t/ ufln} kf]sf] bV5' . tlgsf d'h c0f / k/df0f ufln} bV5' . eGg ; Sg]xG5 of] dfG5h] hfg] u]sf xg]y f ghfg] < h: tf] ; 's] r]6f] j f nfd] j : t̄sf] klg dV rflxf lsg ufln} kfg]k]sf] xflnf ol xfd] kVf]hf0{ < d'vdf lasf] nufpg lsg 3'dfpg] k]sf] xflnf < vfNg klg lsg 3'dfpg] k]sf] xflnf < oxL xf] k̄g/fj |Qsf] k]df0f . kVf]h] g To; } u]sf xg]\g kVf]h] u]s] sf]of xfdln] u]sf xff olb xf] eGg] xf] egl klg k̄l/ pxi k̄g/fj |Q . dfG5sf kTols k̄l: tfn] lsg lat]sf cf^gf] ; do g] /fd] ; 'vl, cflg]bt / df0nf] bV]sf xflnf] k]sf] tkf0{klg o; } k̄l/fdf k̄l/ ; Gtfgnf0{cf^gf ct]tsf] u0f ufP/ hlj gnf0{k̄g/fj |Qd] xf]d/xg] ePsf] t 5g < To; h̄] >ldfg]d k̄g/fj |Qd] cflg]bt 5', tkf0{dfg] dfGg] ; gdfg] gdfGg] ; \

x] dxfzo 0 tkf0{lbgsf] rf/kN6 lsg vfgxG5 < j f k6s k6s lsg vPsf s/f kifNgxG5 < lbg]bg] lsg d'v w]g]xG5 < lbg]bg] lsg : gfg ug]xG5 < lbg]bg] lsg khfkf7 ug]xG5 < lbg]bg] lsg dGg hkg]xG5 < lbg]bg] lsg d]cb/ j f l̄ Bfno wfpq]xG5 < lbg]bg] lsg sfddf hfg]xG5 < lbg]bg] lsg ; Tg'-p7g] ug]xG5 < lbg]bg] gfrg], ufpq] ; 'g] ; 'gfpq] lsg ug]xG5 < s] tkf0{sf] hlj g k̄g/fj |Q g] k̄g/fj |Qsf] klmnfbsf xf]0g < dfq Ps ldg]6 k̄g/fj |Qaf6 aflu/ affr] b]vfpqf] ; t 0 tkf0{hlj gdf h]afNgxG5, h] vfgxG5, h] ug]xG5 ; a] k̄g/fj |Qs] hf8 xf] .

c]f/ dfgj lgld]t rlh eP klg To; sf] cl: t]j cln a9l sfn] l6Sg] xgfn] j f gfl; P klg k̄l/ csf] c]f/ j f lnksf] k̄l/fdf dfG5] km: g] xgfn] j f c, l]f/ M l]f/ j f lfo gxg] ggfl; g] cy] nflg] xgfn] ; fob xfd] kVf]h] zAb a]d eg]sf xflnf] tkf0{cf^gf j 0fdfnfsf al; tl; c]f/ hGd] hfg] / ; 'g] ePb]v g] k9]sf] k9d] af]n]sf] afNo] n]v]sf] n]v]o] xg]xG5 . c]f/ klg ltg] zAb klg ltg] j f so klg ltg] . ; f]r, lj rf/ / lr]tgd] klg s; } g s;]sf] k]efj . hGd]b]v afa'afh]h] l; sf]psf] l; sf]o] t/ klg s] 5 tkf0{ l̄ goff < 9f]u, cf]8fxf, 0iof] k]t: k4f]cflb 0 nf] xf] k]s afRg] ; \ st} of] 9f]u, cf]8fxf, 0iof] k]t: k4f] klg k̄g/fj |Q gxf] ; dfG5] lbg/ft Pp6] Pp6] dfG5]hf0{afa', cfdf, nflg] ; j f: gl, bf0, ef0, lbb], alxgl, 5f]/f, 5f]/l, ; fyl, ldq, zq] cflb cflb eg] yfSb]g eg] d lsg yf]sf xf]lagl; l̄o < tkf0{of] k̄g/fj |Q 5f]8g] lxDdt / Vg]xG5 eg] nf] lbg]bg] Pp6f kit j f kTgl k̄l/y b]vfpqf] ; g] 0 ta d klg tkf0{nf0{

jhoGtl #& lgaGw c^as-#

; fi6f^añ 9fj; lxt a|d} dfglbpbhf . o|Q dfglbbdf d/f/ s] hfg5 / < xf=xf=x= ofl hlj g j/f a|df08 d/f/ b|l6df k/g/fj |Qsf] Pp6f 7hf] klnbf g] xf] . hxsaf6 h] lems] klg hxfh] hfg8] klg k/g/fj |Q .

xdfl Ps} a|df08, Ps} kfj l, Ps} cfsf; df ; lbofb]v hld/x|5ff. p: t} ; flr, p: t} l] rf/, p: t} l; 4fgt o|o|ub]v dfgl/x|5ff.

p: t} zf; g, p: t} z]n], p: t} 36gf a/Daf/ ; lg/x|5ff.

p: t} clf/, p: t} zAb, p: t} j fSo xhf/f] xhf/ j ifb]v 3f]s/x|5ff.

p: t} ; +sf/, p: t} k/Dk/f, p: t} lgod j iff]j ifb]v dfgl/x|5ff.

S] tkf0f o: tf] b]Vg / e|gdf h] eg] klg efl|gdf tflj s km/s gePsf] k/g/fj |Qnf0(5f8g ; SgXG5 <

tkf0f s] 3/sf] Sofn]g8/ kN6]sf] kN6d] 5 . lh/fb]v gf; Ddsf c^as pN6d]f0 kN6d]f0, j sf] kmSF] lsg yfSg' x|g < ut] dlxgf / af/ kN6kN6 p: t} z]n]df cfPsf] cf0) 5 . Ct' kmsf] kmsf] p xl / p: t} 9a|df cfp hfp ul//x|5 . s/f8f] s/f8 j ifb]v k|s[t ?kft/ k|q|o|df nf]sf] nf]lo) 5 . tkf0f cfk]n] of] k/g/fj |Q zAb s]t kn6 s; s; nf]e|g' e|f] j f n]Vg' e|f] < of] tkf0f] 3f]s]sf k/g/fj |Q zAb cfk]n]df k/g/fj |Qsf] Pp6f gd|gf x|f] j f xf]pg < k|of] lg ; d:of < elg/x|f eg] k|/ eg]s]k/g/fj |Q . e|g 5f8f] e|g e|g 5f8s]s]f] k/g/fj |Q . ca af]n]f] ls kf]n]f] 0 k/g/fj |Q dfly csf] k/g/fj |Q .

cem s/fdf s/] ubf] tkf0f skfn, bfx], huf hlt sf6d]f] To|Q lsg knfPsf xf]hfg\ tkf0f]f] 3fp vt nf]v/ 5fnf pk]sf k|f] lsg el/Psf xf]hfg\ tkf0f]f] z/l/sf g; fsf /utx? lsg sf] gkfP e|f] z/l/el/ 3d/x]sf xf]hfg\ y's lsg af/Daf/ cf0/x]sf xf]hfg < cf]f lsg af/Daf/ vNg] / a|b x|g] e|0/x]sf xf]hfg < r/fr; ^ñ j f h|t' hgfj / lsg k|tskmsf] cf^gf] v|f] j f u|Bdf u|0/x]sf xf]hfg\ k|f] e|f]nkN6} cfxf/f v|f]Hg j f l; sf/ ug]lsg v|f] j f u|Baf6 a|lx/lt/ s|b]sf xf]hfg\ x/l lsg bfx/l t|x/l cfPsf xf]hfg < kf]l lsg kn6kN6 a;]sf] xf]hfg < cfuf]lsg alNemaNem] b|gs]sf xf]hfg < tkf0f]f] k|f]l lsg af/Daf/ ah]sf] xf]hfg < sf] gkfP h:tf] u/l nuftf/ k|f]j l lsg 3d]sf xf]hfg < tkf0f..cf]f ug]f] j f .u| e|g]f] .p|f] s|g]f] .p|f] ug]f] j f .c|f] k|g]f] \ a) u|nf]sf] u|f]f] s]of]ebf] ; n/ uxg csf]k|df0f r|f]xG5 / a|df08 j f a|df08sf ; f/fsf ; f/f t|j u|f]nf] 5 e|g <

uf]nf]cyf]t y|f] j f / u|f]nf]g] k/g/fj |Qsf] ; f/ x|f] ; ^ñt x|f] clf/ x|f] / lrXg x|f] . of] a|df08 tkf0f]d]n] df]g] klg gdf] klg u|f]nf]g] u|f]nf]sf] hf]8 x|f] . tkf0f]xf]ln] b|v]sf h|g] ; s] nf]f] j f Rof]6f] j f y|rf] r|hn]f] cf]vfn] EofP; Ddsf] 6'qif6'qif kf]/ x|g]f] \t. u|f]n]u|f]nf]sf] hf]8 x|f] cl]nf]

jhoGtl #& lgaGw c^as-#

nfdfl rRr] / s'g] j : t'x? klg . h8 j f ; q u|f]nf] xf] eg] u|f]nf]f] k/g/fj |Qsf] k|tsf] s]xl e|g' 5 tkf0f]f] <

x]s hlj s]f] 6f]psf] u|f]nf] . e|B]l u|f]nf] . ; a) hlj s]f] d/v u|f]nf] c|f]f u|f]nf] . cf]bf / g; f; d|hdf nfdfl b]vP klg To; sf] z]n] u|f]nf] . cfn' u|f]nf] d|hdf u|f]nf] . d|hdf s; /l u|f]nf] e|g' xf]nf] 5d]fs 5d]fs sf]f/ x|g]xf] ; \g .

?vsf] 5xf/L u|f]nf] To; n] cf]u6]sf] l|f]q u|f]nf] x]s j g; k|tsf] alh u|f]nf] a|df08 u|f]nf] To; df /x]sf] lk08 u|f]nf] . of] a|df08df plAhPsf ; a) r|h u|f]nf] . oxff u|f]nf]sf] oqf] j : t|t JofVof lsg xf] e|g' xf]nf] lg \ u|f]nf] cyf]t k/g/fj |Qsf] k|df0f xf] u|f]nf] . c|f] k/df0f t|j t|j ; a) u|f]nf] cyf]t k/g/fj |Q . To; n] .d]l| o|o|ub]v k/g/fj |Qsf] e|Qm \

rfa|, sf7df8fF

V



+2 B.A./B.B.S. M.B.S.

Bachelor	MANAGEMENT HUMANITIES	+2	MANAGEMENT HUMANITIES EDUCATION
<p>हास्य विशेषालालः</p> <ul style="list-style-type: none"> * न्यून सुक्रमा गुणसंरीय शिक्षा मिले एक मात्र Private उच्च शा. फि. * बोपाली र अझोली दुवै मान्यतामात्र पठनपाठन हुन्छे। * चिह्नाली र दिवा दुवै सञ्चार पठनपाठन हुन्छे। * न्यून सुक्रमा Hotel Management, Journalism र Computer Science को उच्चतर पठनपाठन। * शास्त्र र सञ्चार ठार्ट संस्कृत भाषामात्र पठनपाठन। * वि. वि. बाल उद्योग क्लासमध्ये प्राप्त क्लासमध्ये। * विद्यालय, व्यासियत र अनुसारित वातावरणमा कक्षासङ्गालाल। 			
MEDIUM	SHIFT		
English Nepali	Morning Day		

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dfgj ofqf

8f= lj Zj blk clwsf/l

sf] xf ofqf d sf] xf< af6 ; ; xg] dfgj ofqf Pp6f d[ut]Off xf]. xfdlnf0{ of] ofqf nfdfl nfuj klg 5f6f] nfuj klg of] ; f] xd ofqf d Tof] xf Ddsf] dfq ofqf xf]. of] ofqf gb]vg]; u/sf] j Efh: tf] eP/ ; ; xG5 g cyfx ; fu/df uP/ ldl; gl u/l g] 61^aG5 . g of] ; u/b]v ; fu/; Ddsf] ofqf xf]g ; fu/b]v ; u/; Ddsf] g]xf]. of] ofqf t a; db]v d; Ddsf] dfq ofqf xf]. uGtjo a%bf of] ofqfsf] b]l Psbd 5f6f] nfuj klg ga%bf of] Psbd nfdfl dx; ; xG5 . uGtjoaf6f] ; lSp/ nlo k]kt ePk15 tly/bqln] yfxf kfpl5 ls p; sf] ofqf t cfk]b]v cfk]r; Ddsf] dfq /x5 . o; a]nf yfxf xG5 cfk]b]v cfk]r; Dd cyft\db]v d; Ddsf] ofqfdf cfpg] b]vg] cg]s b]ox? IdYof xg]Vgb]p]lh: tf].

dfgj ofqfdf x]; otdf afRg] s/f dx]j k0f] ge0sg 9^andf afRg] s/f dx]j k0f] k1f xf]. oBlk dfofsf] k]efj n] ubf] ofqlx? 9^anf0{ eGbf x]; otnf0{ rfp] ub]5g\ dfG5]n] c; xfo eP/ s/fpg] eg]sf] hGdf dfq xf]. dbf] cfG6b] / ; v] eP/ g] dgk5{. of] g] j f: t]j s h]j gs] 9^a xf]. /a] klg oXL g] xf]. x]; ot t kf]lsf] kf]sf] xf] clxn] xG5, clxn]o] xb]g . h]j gofqfdf cf^gf x]; ot ; aeGbf k5fl8 xf] eGg] yfxf kfP/ klg dfG5] cfk]rhf0{ cufl8 g] b]vfp] v]H5 . ha ls k/dflfn] l; hGf u/]sf] hut]df dfG5] plePsf] xG5 . dflg; cfkm]plePsf] hut]df euj fg]5 eGg] 7fG5 cyft\cfk]k15 euj fg\ h]j gofqfdf dflg; o; /l ejdt xg] ub]5 t/ ; +f/ t k/dfldf ofg] k/dz]0msf] ; kgf xf]. h; /l xfd] ; kgf xfdl lap]k15 IdYof xg] k15, To; u/l euj fg] klg Pp6f ; a]Nkn] v8f ug]; l]6 csf]; a]Nkn] gi6 xg] ub]5 . To; h]; l]6 klg IdYof xf]. euj fg]sf] ; kgf?kl k]y]lsf] au]rsf] k]rh eP/ /xg] eg]sf] euj fg]do cj : yfdf /xg] xf]. k/dfldfsf] ; foHotf kfpg] xf]. To; k15 cfpg] ; db]sf] 5fn j f xf] fsf] em]ssfn] Tof] b]zonf0{ sxff k]ofp]5 sxff. Tof] dfG5]n] eb kfpl5 . of] dfG5]sf] anj t]fb]v l] ns'h ceB 5 .

dfgj ofqfsf x/]s ofqlx? cf^gf z/l/sf] dfWodaf6 l] leGg sf]ox? ug] h]GdPsf xg]. k/dfldf k~rdxfet?kl gfz] fg\z/l/df cf]dfsf] ?kdf k]j z u/k15 Tof] z/l/sf] dfWodaf6 db]v d; Ddsf] dfgj ofqf ; ; xg] xf]. ha z/l/nf0{ k]y]lsf] xf] fkfqln] 3]5{ ta Toxff p; n] zflg] / czfltsf] eb kfpl5 . cf]t/s zflg] Pp6f tfst xf] cfG6b xf] ofqfsf]

nflu . cf]t/s zflg] dx; ; ug] t]j c? sf] ge0{ dg g] xf] o; y] ofqln] cfb/ , elQm kf/ kl/s ; xofu / ; b]efj sf] j ftfj /0fdf x/s]kb]5 . dfgj h]j g] g] dfgj wd] xf] eGg] oyfy/hf0{ dx; ; u/l x/]s dfG5]n] cf]dfsf] dfWodaf6 k/dfldf l]r]g] kf]t ug] s; /t ug]kb]5 . of] g] dfgj ofqfsf] dx]j k0f] k1f xf]. ; j f]Qd pkfo xf]. k/dfldfaf6 k0f]k]n]P/ cfPsf] cf]dfsf] ofqfsf] k]ntf xf].

sf]xL klg goff hGdg] dfG5] l] ns'h goff l; hGf xf]0g k/f]g] xf]. ev] hGd]sf] aRrfn] cf]dfsf] b]W v]H5 . af5f] hGdg] la]Qs] cf^gf cf]dfsf] y]g k0f] nufP/ b]W r]:g k]U5 . ; a]s/f hGg]sf] sf]xL klg goff x]b]gg\ gof]hf0{ t]f]nd l]bg]k5{. dfgj ofqfdf l] s]t a14 knf]eg]gf; xG5 . k]f]o]s] dfG5]df ; l]6, l: ylt / nosf] l; 4f]t nfu" xG5 . of] cyfx a]xdf08df k]y]l Pp6f yf]knf] a/fa/ dfq xf]. o; yf]knf]df b]z, l]fq, lhNnf, ufp] 7fp] 3/ / z/l/ kb]5 . o: tf] ; t]df]t; l]d c]l: yltdf x/]s dfG5] Pp6f whf]sf] s0f]h: tf] dfq xf]. o: tf] ; fg] s0f] l]j zfn a]xdf08 a]g] s/f ef/āfh C]E[n] tl]g ; o j E(nufP/ k]9nf] klg j]p ga]e[n]h: t] xf].

ofqfsf] q]ddf dfG5]n] l; Gs]wkn] cfkm] : j o+hn]/ rf]/t/ j f: gf k]nfPsf] s/fnf0{ af]w ug] cf]j Zos xG5 . o; /l : j o+an]/ c?nf0{ cfG6b l]bbf l; Gs]wksf] l]xt k]j 4g ePh: t} dfG5]n] klg dfG5]k]t g]; b]efj /Vg]kb]5 cf^gf l]xt k]j 4g ug] dfG5]k]t ; b]efj g/Vg]dfG5]hf0{ k/dfldfn] ; xofu ub]g . k/dfldfn] Pp6f dfG5]sf] d]nofa]s]g p; n] csf] dfG5] ; l] uGf Joj xf/af6 ug] ub]5 . x/]s dfG5]n] cfk]r]cf^gf] ePsf] b]j Tj af]w u/l Tof] cg]el'taf6 cf^gf h]j gnf]pkof]ul agfp]g]kb]5 . Tof] eg]sf] csf]k]t 0io]xf]pg cf]b/ eGg] xf]. bof, k]d, s]0ff / ; b]efj klg xf]. ofqfsf] ; an k1f klg oXL g] xf]. dfG5]n] cf]Wof]Tds ofqfdf sd] k]hf / 1fgdf hf]8 l]bg]kb]5 .

cfk]leq c; n l] rf/sf] lap /fk]/ c; n sf] ug] g] dfgj ofqfsf] ; fwgf xf]. oXL ; fwgf]n] dflg; nf0{ cf]f df klg ; t]l]6 k]b]g ug] ub]5 . pQ]ht / l] r]nt u/fpb]g . ha dfG5] cf]f df klg ; t]l]6 e0{ s; k]t klg b]eff] gf /Vb]g / k/dfldfnf0{ klg b]f]E l]bb]g Tof] g] ; aeGbf wgl dflg; xf]. cf^gf r]tg]sf] cf]b]z kfngf ug] dflg; g] vf; wdf]df xf]. o; sf] l] k/l]t dfG5] cf^gf ofqfdf kfksd]df ; l/s ePdf ; xh] k:g ; lsg] Tof] af6flaf6 lg] sg egl c; n]o ufx] xG5 . o; a]nf dfG5]n] cf^gf cf]ufdl sd]sf] v]Nnf em]nf wdfwd el//x]sf] xG5 . dfgj ofqf t/j f/sf] wf/ xf]. b]0{ vt/f xG5 o; df. hfg] cd]Tof]h]s ghfg] dTof]h]s .

dfG5]n] cf^gf ofqfsf] q]ddf hlxn] klg z/l/nf0{lgx]/fp]g] 0]G]b]onf0{ lgoGq0f ug] tyf dgnf0{ z]Go kfg] k]b]g ug] kb]5 . dfgj ofqfaf o; sf]

lj k/l t l: ylt cfPdfl ofqln] lfl0fs ; vfg'el't u/l klg j f: t j df Tofl eglsf slDekfsdf k/sf cj : yf xf]. r/f Pp6f kv/bfn] cfsfzdf p8g ; Sbj . Pp6f dfq kv/bfn] p8l cfsfzofqf u/h: t} dfg5]nf0{ dfgj ofqfsf u/gtJodf klg p; df kld / ; jj fefj xg' cfj Zos xG5 . ol b0{ gePdfl dfg5]sf ofqf gf/slo xg' klb5 . h: / l cfsfzdf p8]sf r/f yfsk15 ?vdf a; y l >fd u5[To; / l g] dfg5]n] klg cf^gf ofqfdf lj >fd lng kld / ; jj f?kl ?v r9]s] xg'kb5 . gr9g] xf] eg] r/f yfs/ v;] ej dfg5]sf klg u/gtJodf gkul ofqf 61aG5 . r/fdf ?vsf] xfufdf egbf cf^gf kv/bfdf lj Zj f; eP ej dfg5]df klg ; + f/df egbf klddf lj Zj f; u/sf] xg'kb5 .

ofqfdf dflg; nf0{ nfllg; S5 vfg'; lkpg'; v ug{ d: tl ug{ d/f cf^gf clwsf/ xf] t/ ; [i6stfh] ofl clwsf/ To: tf] dfg5]nf0{ dfq lbPsf] 5 h; n] cf^gf ofqfdf csf] ofqnf0{ ; xofu u5{. ofqfdf ; a's'rg dg /fvl cftds]gbjt xg] dfg5] k/dftdfs] ; lr xf0g . dfg5]n] ; a's'rgsf] bfo/f tf8/ cfknhf0{ krihfp/ l j zfn agfpg' g] k/dftdfs] rfxgf xf] . o; sf] nflu Ps] dfq k/dftdf g) ; a} k]0fl dfqsf] alh ePsf] xf] . k0f]af6 hlt lem] klg k0ff g) afsl /xg] u/l . Pp6f ofqln] csf] ofqldf k/dftdf b]vf]; \. csf]nf0{ cfkm": j o+g} 7fgf; v csf]sf] d'xf/df cf^gf cf/flobj] sf] cg'e'l't u/f; \eggl g] k/dftdfs] rfxgf xf] cyft \dfg5] cftds]gbjt ge0{ c? s]gbjt xf]; \

k/dftdfn] kld ug{l; sfP/ dfg5]nf0{lg]t j fy{xg] af6f] b]vfpdg' ePsf] 5 . h] dfg5] cf^gf z/l/nf0{ rflxglegbf a9l wofg lbg 5f8/ cf^gf ofqfdf c?sf] a9l wofg lbg yfN5, To; ahf; a]n] ; a]sf] cTolws wofg lbPsf] xG5 . ToxL wofg g] dfg5]n] k/dftdfk]t lbPsf] wofg xf] . Pp6f dfg5] k/dftdf; Dd k]0sf] cj : yf oxL g] xf] . dfgj ofqf eg]sf] klg oxL g] xf] . sf] xdb]v ; f]xd\ddsf] b]l olt dfq xf] . db]v d; Ddsf] ofqfsf] gfos k-rdxfe'tsf] z/l/ ge0{ k/dftdf dfq xf] . dfgj ofqfdf cfknhf0{ yf]dfq ; do 5 eGg] cg'e'l't xg; s]df cfknh] ; fl]sf] sfd ug{ afsl /xb]g . x/]s lbgsf] sfd ToxL lbg ; lsPsf] xG5 . x/]s /ft cf^gf lbgei/sf] sd]sf] k]sf] k/dftdfn0{a'em0{zfctk]s ; Tg kf0G5 .

d]lb]l, sf7df8f]

V

aGbluksf] afg;

>lcfd >i7 ./fbgj

; kgf-lj kgfn] 7u]sf s'/fx? b]Mg] dflnod xf] t < olb xf] eg] ; kgf / ; v k's l j ifo xg\ ; vdo ; kgf / b'vdo l j kgf oyfy{ xf] t; y[; kgfn] ; x/ a; fNg ; Sbj ; kgfn] ; Gtli6 lbnfpq klg ; Sbj / ; kgfn] ; u/dfyf 78afpg klg ; Sbj . oxff ; kgfsf s'/f dfq ug{ v]hPsf] 5g] . elgG5 - gd/l : j u[b]vGg cyft\ j u[sf] cg'e'l't d]toj /0f kZrft\ dfq xG5, lsq < lsqsls, : j ufg'e'l't cleJolQmsf dflnod aGg} ; Sbj . h; sf] k]0kt p;]sf] efu . gkfpgj?sf nflu sNkgfdf ; lldt . kfghh: tf] atf; h; tf] kl/efifsf] vfh cffpg g; Sg] cfsfzh: tf] klg . kfghlnf0{ xl/f] ; a]n] b]M]sf 5g\lkPsf 5g\ckl/xfo{ ; fwg klg . l j Zj dfglrqdf dfg5] / hldgegbf w]y} ufgf] a9l klg kfgl g] 5 t/ klg cfh; Dd kfgl] /a, kfgl] ; j fbsf] h] fkm aGg ; s]sf] 5g] . b]gblo ?kdf b]vg] ef]ug rlhnf0{ t lrGg ; lsPsf] 5g] eg] slxNo} s; h] gb]vPsf] gku]sf] ; j u[sf] kl/efiff s] xg] ; Snf /

c; Dej sf] hlt avfg u/l klg xG5 . k]0ts]k]5sf] h'g; 's]j : t'sf] dx]j a9h; t]. euj fg]sf dl'th: t]l: y/ . dl't{slxNo}l/; fpbg] /cfzl] fb klg lbbg, afNb]g . To; h] euj fg]euj fg]g] ep/ l6ls/xg ; lfd 5g\ ul]sf/ xl/eQm s6]fnn] 9'a]nf0{0z] / dfg]sf 5g\sgls 9'a]nf klg afNb]g / h] u/l klg l: j sf5{. xg klg 9'a]nf kvfh nufP kvfh aG5, ; 8s agfb]bf ; 8s aG5 . To: tf] dxfgV: j sf] j fnfnf0{ lsq cgo]f ; fRg' < /fd] 7fg] cf: yf g/fd] dfq] 3f6f .

cf]xf] l s]/f] nlDa; s]5. l j 1; l afRg]kg]l: yltdf : j u[sf] cg'e'l't v]h]y cflWofTds tk] p]d]v ug{ v]h]sf] cy{ gnfu]; \ ; r]t ; dod] xg] ; fgle]s xG5 . d PSnf] xg rfxGg, km] /dnf0{PSnf] a]x: k]tdf /t klg l j Zj f; 5g] / ; dfhdf l j afg]sxnfpq g; s]/ d'v{ aGg] p]s07f klg xg d]f] . egg v]h]sf] s] dfq xf] eg] : j u[sf] : j fb kfgl] h: tf] 5 . tl]v]sf] kof; h: tf] k]t l ff k]5sf] k]flkth: tf] / cg'dfgsf] cfg]bh: tf] . hxff/fv] klg / h: tf] 7fpdf /fv] klg 7lSs xg] cfj Zostf / c] : yf cg'; f/ cfsf/ lmg; Sg] ldng; f/ kfghh: tf] . htf au] klg ?k k]j/tb] gug] cfsfzh: tf] ; db]h: tf] h: t] k]8fsf] : j fbdf klg v/ l kfsh: tf] . km] bpdf 5' d clxn]. cf^gf gogf] uB 5f8/ , cf^gf df6f] 5f8/ k/f0 elddf 6]Sbf dnf0{ o: t} cg'e'l't xg] u5{. lbgsf] r]al; } 306f

j̄hoGtl #& lgaGw c̄s-#

k̄m̄ b . cfZrþrlst 5' . aþbluþleqsf aþbh: t} ag]sfdf / aþgk/lsfdf
klg t/ crþd 5, k̄m̄ b) k̄m̄ bdf klg aþm̄ bþsf cþef; . s: tf] cgy<
; dþdf ltþfpþg' kþh: tf] cþvfdf bl6 eþsfPh: tf] kþ; lsf] cþfnfdf
Kof/ gkuþh: tf] . s: tf] s: tf] < g kþs[t /dfPh: tf] g j ; gt 5Ph: tf] .
aþfvþsf] ; xf/fdf ; u/dfyfdf plePh: tf] . cþful ultdf cfj fh
uþhþh: tf] . s: /l xþnf k̄m̄ b lgþtpþg g; sþsf] ; þ{156f pbþpbþf klg
k̄m̄ b gldNg] / ; þ{19nf c: tþpbþf klg Jo: t} xþg] .

: j b]zdf kxf8af6 lg: sþGyof] ; þ{ To; þf xff; GYof] . clxn] l] b]zdf
; dþblaf6 kñQ hGdG5 ; þ{ To; þf gflrG5 . rþgb] To: t}. atf; To: t}. h]
xþof] To: t} ; aþm0{ cln cln aþBnf afBn] 17Ss, clg sþxfaf6 xf] \
k̄m̄ b < htf xþ klg, h] u/ klg eþsf eg]sf Toxl bþ6f cþvfd g xf] . g
bxlh: tf] hðfP/ aþfpþg ; Sg] . g6'; fP/ nþafpg ; Sg] g uefP/ cþsf]
hGdþpg g] ; Sg] . otf klg gþnf, ptf klg gþnf, st} ckl/lrt / cgþf] l
eP/ gþnf, slxn] kl/lrt eþf] eP/ gþnf] .

k̄m̄ bñ] g] xþnf . sfdsf s'/f, lbd fusf s'/f / kfV/lsf s'/f t/fhdf
dfly k/y llflth ag]sf] 5. k̄m̄ bñ] c?sf xft kfV/fsf] sþdf0df kNs]sf,
lj Zj f; lbnþpg] cþvfd af]sf] a: gþx?nþf0{ ; DenG5'. cf^ gþf] eflo lau/
ulx tx nufpg a;]sf] ?, c?sf eflo lau/ ulx tx nufpg a;]sf] ?,
c?sf eflo agþpg] r6ssf] k; n yfk/ a: gþx?sf] dfofj l Jofkf/nf0{
; DenG5'. dnþf0{ t xft x/fP/ eflo df /dfpg k6Ss] /x/ nfusf] xfþg .
lj Zj f; klg nfþbg . lj utdf ef]u; sþsf tl]tf 38lx?dfly ; xfg'e]t
vþHg / dl7f lf0fx?df d': sfpg klg xfþg . : j od]ef]u; sþsf ct]t]nf0{
csf]sf] dþvaf6 ; gþf] cf: yf lsg hufpg' < elj iodf x'g ; Sg] cg]dfgt
sNkgfdf lsg j tþfgfnf0{ 3f6f kfg' < alcydf /fd] x'g] s'g] oyfy] eP
kj{ 1fgn] df]Qg ; lsG5 / g/fd] x'g] eP ; gþf] cf]Qg ; lsG5 . hlj gsf
psfnl cf]fnlx?df Psgf; kf0nf lþvþpb] hfgk5{ . cþoyf hlj gsf
w/ df]8x? 3f6fbol aþg ; S5g\ dfG5] eP/ hGd]k15 cf/fx cj /fxdf
df]Qg' / cf]Qghf0{ cfsf] ds t/ lgoldt ?kdf l:j sf]/ lgþq0f ug] Sg'
k5{ . cþoyf xfdl xfdl x'gdf s] sf] uj < eþg]sf] cy] x: t/vfx?n]
cf] / xff; f]sf] hf] 36fp x'sþpg' x'g-d]f] dt .

d clxn] cfZroþf e; 'Ss lgbþPsf] 5'. x'g klg cfk]n] cfk]n]nf0{
aþbl agfP/ aþbluþsf] dx; ' ug] ; fdþo 5ftlsf] cþfn] yþg ; Sg] s'/f
klg x'g t : j od]hf0{ ck]k15 cl:t]tj lj lng x'g t xfþg / xffs/x]sf] ?
5g\ cvaf/sf s'g] sfk]rdfd o: tf va/x? gla/f0{ 5flkG5g\

hfa] aþbl t ; gþf/ lt/isf/ dfq xf] . df]ntf]n gfktf]nsf] t s'/
cs[ef] t/ c? ; fd' aþbl aþg hlt ; lhnf] t x'g / 5 cfk]leq cfk]n
aþbl x'g'. g kfl/hft / ; 'gs]; /lsf h: tf cf]vfd kñx/fpg lndNg] g ; do; l]

j̄hoGtl #& lgaGw c̄s-#

cþfnf] dfg{ lndNg] . auþfsf kftx?n] h: t} dRrl dRrl ; ' Ng klg
gkþpg] / atf; eþf] cþugdf g] emd emd gþRg klg gkþ0g] . g 0Gþþf] eþf]
/aþsf] bxldf / eþf] cþvfdf g] ldf ldf ; f0tsf] 38f g] alglbg lndNg] < t/
s] ug] < oft klg r6f/f] ptf klg r6f/f] . k̄m̄ b gePsf] afbnh: tf] .
otfaf6 ptf, ptfaf6 oft . clxn] ; do eg] cþtþt ux] nþg yfn]sf] 5 .
aþf] r9sf] ; flþh: tf] . ; aþf] df lbg /fþ/x]sf] alhf /ft rflx+clnslt dfq
/aþnf]eg] ; ' tþpg hþfb]g . /aþh: tf] xtfl/P/ lx8g dg k/fp5 . afhfx?sf]
; f]aþlt s] ultdf t ; l/nf] cf/fx cj /fx; l] 9's9lsq rfxG5 .

g ; aþlt]sf] : j ?k ; do; l] ldn5 g ; dosf] Joj xf/ ; aþlt; l]
aH5 t/ ol b0{eg] /ut]sf] bfhþf0h: tf. b]g] g] clxn] d/f k]fdf 5þg]\
dnþf0{ aþbl agþpg dleq 7hþf elþsf vþn]sf 5g\logix?n]. h] eP klg
kl8f/ ; d: ofn] lþofpg] %ofnx? eg] s]t] pþf]aþf] ePsf 5þg\ddf . dl7f
/ dwþdol emþsf/x? kþozm kþ8/xG5g\ d To; þf dVv 5' . of] ; v
w/x/f hqf] clhn] kþ5 ls < yfx 5g] / tþhg] s]g] cfwf/ klg 5g] ; don]
dnþf0{ 7l]g] g] celi6 /fþ]sf] eP : j od] dosf] vftfdf g] 3f6sf] lx; fa
15§]g] s]G5g\ of] d/f 3f]f0ffkq xf] slxn] gablnq] .

kþgl]n] : j fb atfPg, /aþ atfPg, : j uþ] cþel]tsf] 9f]sf b]vþPg t/
; don] eg] To: tf] s]xl ug] Eofp g] kfPg cþfft\ donf0{ dh] svfdf
/fþ] vþnfPf . ; dosf] Ps Ps aþqsf] 5f]8fP/ ub] Dd rfv] . xftn] l
lgk]ng] cþvfdn] lkPf . : gþksf] 8f]sf]n] 5f]k] ; donf0{ j zdf NofPF /
0R5f]g'; f/ ; do; l] gþxþPg. gþf] vfPf/ Ps b0k6s clh]aþ/sf] cþfx/f
agfP/ ; donf0{ yfx gþb0sg anf]sf/ klg u/ .

kþgl]n] dnþf0{ k/fiht u/ tfk]g ; dosf] ; u/dfyfsf] cf/fx0fdf ; kmn
ePf. To: h] ; do d]l]df gþRg ; rfp5 clxn] d; l] lsqsls p; nf0{ /fd/l
yfx 5 d ; do; l] gþRg ; rfpb] ; rfpb]bg]\

xftsf /vfx? ; kgfdg g]o ubþbg\ h: t} ; aþlt]df klg emþsf/
5f]8fPb]bg\ : j u(e)fnkt /x] . dl]t(e)frk /x] cf: yf / kþzþ tsf]lzv/
alg/xþx? kdkn]6df 6f] ; gþxþg . ; donf0{ vþnfpg g; Sg]x? s'g]
/aþzfnfdf 06 ykg] cfsf]aþfdf xf] ; u/fpgxþg. kfgl eþf]albg g; Sg]x?
kfgl]df cf^ gþf] 5f]off b]Ng g; rfpþg] ? , d08nl]sf] sltþgdf xflaþsf] : j
aþg vþh] ; Dej xþbg . xfþg eg] aþbluþleq dl7f emþsf/sf] b]f]nf0
cf]9g] lsg ufx] xG5 < lsg ; 'j fl; nf cf]vfx?df kf]8g cþ7f] xG5 <
aþbluþ-aþblx?sf lgþdt dfq gagl lsg ofqsf] Pp6f v08 klg aþg
ub]5g\ < ol kþzgx? p0/sf nflu xþnfpg\gxþnfpg\olsg 5g t/
d/f] xþdf eþg] xf] eg] of] cg]e]sf] Ps ls: tf aþg; dfq xf] .

; Gbe{

j̄hoGtl|sf] Ps j if{ -lj s'z

gkfNL ; flxTosf] clej [4df lj wfut cleofgsf] vfrf] cg'ej u/l
 @) ^% ; fn r]q /fdgj dlsf] kfj g lbgdf **lj wfut** ; **flxTos klqsf**
j̄hoGtl|sf] klxnf] c̄s -) ^^ j̄zfV-h]sf] cf/De ul/Psf] j̄hoGtl
 zAbfy{klsfzgaf6 klsflzt pTs|6 ; j̄6fsf !) pTs|6 k:tsx? lj Izi6
 ; dfnflrsx?nf0{ ; dlIf ug{ lbP/ Pp6f sfzg^aNs} ?kdf j̄hoGtl|n]
 c̄s #% nf0{ kg ; dlIf c̄s-# sf] ?kdf Nofofj . 5Gbslj tf c̄s
 j̄hoGtl|n Pp6f Cleofgs} ?kdf cf/De u/sf] xf]. c̄s %, *, !&, @#,
 #) kl5 c̄s ^# df *\$ 5Gbslj sf 5Gbslj tf ; d]ba{.

x/fe/f gkfNL ; flxTosf] lj w lj wfut kf6sf] 0ltj [Qsf] nflu lj wfut
 ; dfnflrgfsf] vfrf]nf0{ Wofg lbP/ j̄hoGtldf c̄s ! b]v g] **k5f/sf]**
kftf] : yfol : tDe dkfkt ; DalGwt lj wfsf] ; JfGts /rgf Voflktkt
 ; dfnflrsx?af/f njvfo{ ; dflj i6 ub] cfPsf] klg xf]. o; } qmddf njv-
 /rgfsf] thgftds cWoog ug{kf7ssf nflu j̄hoGtl|sf] lj wfut cleofg
 lgs}pkoful / nfslk]p xb}cf0/xsf] 5. kf7s, njvs / cg'; Gwftfx?df
 klg Pp6} c̄sdf Ps} lj wfsf] cgjs ; j̄6fsf /rgfx? lj leGg :j fbn]
 rfVg kf0g] ePsf] pt; fx a9b] cfPsf] s/f 3fdh: t} 5nf] g] 5.
 j̄hoGtl|sf] nflu gkfnsf budi sf] s'gf s'gfa6 dfq geP/ lj b]za6
 ; dlt /rgfsf] cf0/f] nflg yfn]sf] 5. o; } qmddf c̄s @(
 df cfj Zosegbf w]/rgf cfPsf] c̄s #! klg /fli60 JolQmtj c̄s-#
 s} ?kdf cf0f].

; w] lgsfn]sf] c̄s x?nf0{ lg/Gt/tf lbb} alralrdf j̄hoGtl|n]
 xfn; Dd ; d]ba{ g; lsPsf] lj Bfnf0{ ; d]ba{ nlo cg'; f/ c̄s #@
 d'Qmsc̄s sf] ?kdf lgl: sof. o; c̄sdf b]z lj b]za6 &# cf6f
 d'Qms k]kt eP . lj leGg ; dodf k]kt xb} hDdf ePsf syfx? ; d]ba/
 c̄s ## nf0{ syf-# c̄s sf] ?kdf Nofofj egj d'Qms h: t} j̄hoGtl|n]

cufl8 ; d]ba{ g; s]sf] uhn lj wfnf0{ ; d]ba{ ofhgf agfotf. b]z lj b]zsif
 !)) uhn k]kt eP / c̄s #\$ nf0{ uhn c̄s sf] ?kdf Nofofj .
 zAbfy{klsfzgaf6 klsflzt pTs|6 ; j̄6fsf !) pTs|6 k:tsx? lj Izi6
 ; dfnflrsx?nf0{ ; dlIf ug{ lbP/ Pp6f sfzg^aNs} ?kdf j̄hoGtl|n]
 c̄s #% nf0{ kg ; dlIf c̄s-# sf] ?kdf Nofofj . 5Gbslj tf c̄s
 j̄hoGtl|n Pp6f Cleofgs} ?kdf cf/De u/sf] xf]. c̄s %, *, !&, @#,
 #) kl5 c̄s ^# df *\$ 5Gbslj sf 5Gbslj tf ; d]ba{.

j̄hoGtl|n klqsfnf0{ lg/Gt/ lgsfNg] dfq sf] gu/ lg:s]sf]
 klqsfnf0{ kf7s; Dd k]opgl pkfox? klg c]j nDag ub] cfPsf] 5.
 o; qmddf j̄hoGtl|sf ; a)c̄s x? ; lhn}; +f/e/ hxff 's}/x]sf kf7sn]
 k9g] ; s]y'egg] p2Zon] nepalipublisher. com j aleq /flvPsf] klg 5
 / zAbfy{klsfzggn]s]xl cgfkrfl/s sf] sfoqmd / lrofkfg sfoqmdx?
 u/ klqsf af8b] cfPsf] klg 5.

x/s j if{ sf7df8f] / sf7df8f] aflux/ k:ts Joj ; fol dx; a3 /
 k:ts klsfzs laqntf ; a3af/f ul/g] /fli60 / c]t/fli60 k:ts d]hfd
 klg j̄hoGtl lgzNs lj t/0f ug] cleofg rnf0Psf] 5. o:tf d]hfx?df
 dfq @)^* b]v @)&! ; Dddf &)) eGbf a9l klqsf aff80; s]sf 5g\\
 o; j if{ klg Holj7-!^ df e]s'6ld08k sf7df8f]df xg] c]t/fli60 k:ts
 k]bzgldf j̄hoGtlx? aff8g] 5g\

j ifel/ lj t/0f u/ affsl /x]sf j̄hoGtl|sf ; a) c̄s x? o:tf]
 k:ts d]hfx?df af8g] ul/Psf] x'gfn] xfdl; u k]fgf c̄s x? w]/ ; do
 affsl g/xg] x'gfn] ; j̄6fx?n] klqsf lg:s]kl5 ; dod} xfdl] sfoqmd
 ; Dks{/fvl cf^g] /rgf lg:s]sf k]t kfpq'ePs] 5 eg] :ki6 7ufgf /
 kf6g pknAw u/fpg] ; j̄6fnf0{ gkfnsf hxf eP klg xfdln] xfdl] k:ts
 lj t/s dkfkt klqsf pknAw u/fpg] u/sf 5f.

o; }qmdnf0{lg/Gt/tf lbb} zAbfy{klsfzgaf/f klsflzt k:ts lj d]hfd
 sfoqmdx? @)&! c; f] / df3sf alr lsi6 snhsf] xndf 7f] /
 zdfaf/f njvPsf] **cleaj g]** / b]sf0 gkfn sdnkfv/ldf ePsf] sdnf
 l/; fn Hofltaf/f njvPsf] **Ps c-hnl dg** uhn; a]x / d]0f/fh
 l; xaf/f njvPsf] **c] rGbfdf** slj tf; a]xsf] lj d]hfd sfoqmd
 gkfn k]f k]ti7gfsf] xndf /hgl 9sf] /ultf lqkf7laf/f njvPsf]
 u-hg; usf] ; xsfoqdf **gkfNL dlxnf njvg kj IQ / ofubfg** ; dfnflrgf
 s]tsf] lj d]hfd sfoqmdf klg **j̄hoGtl** lj t/0f ul/Psf] lyof].

zAbfy{klsfzg / gkfN ; **flxTo** ; **d]haf/f @)&! r]q !\$ ut]**

/fdgj dlsf] cj ; /df j̄hoGtl|sf ; /lfs sf]ifsf] j ; **Gts'df/ zDdf**

gkfnsf ; efkltlj df, kj{ dgql tyf ; flxTosf/ **kblk gkfN**, ; flxTosf/

j|hōgtl #& lgaGw c^s-

/fh|zj / bjj s|bf|sf] cltYodf, nueu #)) ; |i6fsf alr j ; Gt/fw
kBsfjo k'/:sf/ e'j gxl/ l; |b]n|nf0{ x|ds'df/l-lbj fs/ ; dfh; jj f
; Ddfg k|j q ; dfh gkfnnf0{ / j|hōgtl ; |i6f ; Ddfg qmdzM c^s
@\$ b|v #) ; Ddsf Ps >j|7 /rgfsf ; |i6f zzl yfkf, lszf/ kxf8l,
nlntf bfjifl, ultf s|z/l, /fw|zofd n|sfnl, r|gb|sf|t cfrfo{ /
bjj l gkfnnf0{ k|bfg ul/of]. gkfn ; flxTo ; dfh|sf dxf; lrj b|uk; fb
gkfnā/f ; -rfint pQm sfqmddf j ; Gt'sdf/ zDdf| gkfn ; flxTosf/
g/bb| k/fz/, bl|ff r|fkfuf0{ k|blk gkfn / zAbfy{ k|sfzgsf lgb|zs
lj goS'df/ zdf| gkfn] cfcf^ gf] d|tjo /Vgeof].

o; /L pQm b|f sfoqmddf dfly gfd pNn|v e0; s|sf n|vsx?
gbflx|of0{ ; Ddftgt JolQm|j x?, d-rdf /x|sf cltlyx?, cfot|hsx?
afx|s klg lgDg JolQm|j x?sf] pk: ytdf j|hōgtl c^s #% aff8of].

lj hos'df/ zdf| Hofjt clwsf/l, sdnf g|kfn, dx|zj / vgn, d|fwj l3ld/], cg' nD; fn, pld|nf n|ld5fg], P; kl cf; f, n|dlgf/fo0f e6&/f0{ d3' afju6l, n|ldls'df/ s|p|/fnf, l|bk|z l3ld/], cRo'tk]; fb kf|b|fn .lr|tg|lx/0os'df/l kf7s, hublZj / kf|v/h, k|sfzdl0f bfxfn, ho|tl zdf| sNkgf cfrfo{ 8f=lj Zj blk clwsf/l, 8f=h|j g clwsf/l, g/z >j|7, ; dl/ gkfn, g/gf/fo0f j|T, ; dft|sf cfrfo{ cgf|h 9sf, ; 'zlnf b|phf, >lw/ vgn, l8Nnlk]; fb d'nltx'g, k/z'/fd k/fh'n, k/fz/, chos'df/ zdf| gkfn, cg|teb] n|ld5fg], hublZ n|ld5fg], lj gf zdf| u|f/fh sf^n] sdnf e6Xf0{ lgaGw cfrfo{ 8f=n|vk]; fb lg/fhn, z|n|b|k|sfz gkfn, ultf gkfn, k|l|ff nD; fn, cfg|b/fd kf|b|n, lj ej gkfn, pkdf cfrfo{ zf/bf k/fh'n, cfef zdf| efef zdf| l; h|gf ef/tl, ; fwgf l3ld/], ; 'af|w l3ld/], ; 'hg l3ld/], snfw/ sf^n] sGxpf gf; ggl, ; 'gln k/l, pld|nf k|t kf08|sf] klg pk: ylt lyof].

; fy} u|kls|0f zdf| b|ufk]; fb cofh, /zd lj/xl, gf/fo0fk]; fb kf|v/h, /fdS'df/ k|08t l|fql, s|l|0f afp, ; s|lt{ zdf| ; l: dtf kf|b|n, /lj Gb|k]; fb e6&/f0{ k'; iffQd 9^a|fgf, l|bk|b|axfb/ a:g|t, k/l|lftaxfb/ /f0ff, /d|zk]; fb a:ofn, gj lg nD; fn, /g' zdf| ; lj tf a|9fy|sl, zlQm|k]; fb ; fks|f, d|gf cofh, ; e|fj cofh, ll|fth v/h, 6|saxfb/ vql, dx|z l/hfn, z|n|l cfrfo{ ; 'f g|l cfrfo{ /fdS|0f l|ld|n; gf, cd/s|df/ k|wfg, v|u|b| v|N; f3/] u|f|z l3ld/], dfld|s, dw'; Gof|kfg], s|l|0f k|wfg, 8|a|z l|ld/], eut l; x j f|bf, ; l8Nnl/fh cofh, 0gb' k|t, >lw/ kf|b|n, ag" n|ld5fg], dfofbj| l3ld/], lj hof bfxfn, k|k|nfb kf|v/h, lj ho r|fln, ; /fdk]; fb 1j f|nl, ; l/tf zdf| ; 'G|bj / l; x yfkf, k|sfzdl0f bfxfn, ls/0f kf7s, dw'; bg n|ld5fg], /d|zh^a|l; h|fkl, l; 4laxfb/ vql, Zofdaxfb/

j|hōgtl #& lgaGw c^s-

efj's, euj tl 9sf, ladjh, dg'sf kf|b|fn, r|b|k]; fb Gof|kfg], /Zd l/dfn, ; ltf r|f|w/l, n|vk]; fb lg/fhn, l|b|n lu/l, /~h' n|ld5fg], afh/fd kf|b|n, d/f/l; l; l|b|n, l|bg|z e6&/f0{ th; f cfrfo{ /flwsf e08f/l, s|df/ u|td, dg'sf kf|v/h, xl/x/k|blk l3ld/], l|gstf, ; lngf gkfn, ob|gfy j ; Gt'k/l, d|fxgk]; fb pkf|lofo, 6|sf kf|b|n, k|j 1f gkfn, cg'1f g|kfn, hgsaxfb/ yfkf, b|u|s|df/l yfkf, zflg t|v8|sf, ; 'G|xfb/ k|sfz r|fkfuf0{ k|j g e6&, ; dfl/sf e6&/f0{ e/ts'df/ >j|7, kf/; ; 'j|bl, /fh|b| ; 'j|bl, 0|gb/f; ; 'j|bl, /d|zr|gb| u|td, l; h|g l; nj fn, ; l|gbk kl/of, kb|df j|B, b|j|b| k/fh'n, /fh|b| k/fh'n, c|sf; v/h, ; 'bzg kf|b|n, 5fofbQ Gof|kfg], lj ef gkfn, r|b|k]; fb e6&/f0{ oj/fh zdf| u|td, ultf zdf| ; 'g|tf zdf| g/dzlef e08f/l, blks e08f/l, ef:s/ e08f/l, ; Dmgf 9sf, s|zj z/d zdf| s|zj gkfn, ; l|gbk 9sf, lgaGw cfrfo{ k|j gf aff:s|f6f, ; bl|ff 9sf, pdf ld>, d|0f/fh l; x, ts|f zdf| lj i|0fk]; fb n|ld5fg], t'n; lk]; fb e6&/f0{ l; tf/fd k|8f; gl, ch|g 9sf, j|gbg' 9sf, s'; 'd b|fxfn, d|g gkfn c|fb|sf] pk: ylt /xof].

ut ; fpg d|lxgfb]v zAbfy{ k|sfzgsf]joj : yfkdf s|xl kl/j t|gx?
c|P klg lgb|zs lj goS'df/ zdf| gkfn] ; 'l|f|s|j df lg/Gt/ zAbfy{ k|sfzg / j|hōgtl lj wf s|gb|t ; flxTos k|qsfn] gkfn] ; flxTosf] pTyfgdf ; Sbf of|ubfg ul//x|s] 5 / ul//xg] g] 5 .

V

flxTo ; j|4g s|b/gkfn

'; flxTo ; j|4g b|6f ; Ddfg|laf6 ; Ddftgt JolQm|j

@)& k|f=8f=s|zj k]; fb pkf|lofo .

@)& k|f=l|zj u|f|fn l/; fn

xl/x/ zf:ql ; flxTos k|f:sf/l@)\$%

@)& k|f=8f=jf; b|l qkf|l .

@)& k|f=s|f0f u|f|d .

Jj Zj Hofjt ; Jf ; Ddfg|l ; Ddftgt ; zyf

@)& >l; To ; f0{s|b| k|f{sf7df8f}

k5f/sf] kftf]

IgaGw l; 4fGt

kf /f/b/ ; j b/

IgaGw M Ij ifo kj z

dfgj ; jHgdf lglxt nlnt rGosf kltkmg xf]snf . dfgj ; jHgfsf cfwf/df uk0f ul/g]snfsf lj leGg ; fbo{x/ /x\$ 5g\ gfb ; jHgfsf cfwf/df efj sf txx{ o1gbp ; jHgdf cleJoSt xg]snf g} ; flxTo xf]. efiffsf dfn0draf6 gfb ; jHgfsf cfwf/df nlnt ; fbo{k/fk0f ug]snf ; flxTo xf]. efiff j f0f xf]/ j f0f efiff xf]. j f0f df/x\$ cy{/ cy\$] ; jfxs j f0f lj Zj aXdf08sf]dftZlSt xf]/ j f0f df lglxt cy{ cyjf efj sf] ; jHgf zlSt / cy\$] ; jfxs ag]/ x\$] j f0f k\$[t / k?ift{]sf] ; x; DaGw ; GtInt efj / cy\$] gfb / cy\$] ; x; jHgfsf klfy{ j f0f / cy\$] tx cleJol~ht ePsf xG5g\ o:tf efj ; jHgfsf ; jfxs j f0f g}; flxTo xf]/ o; sf lj leGg lj wfut cl:tTj sf cfwf/df ; flxTosf ; Gbe{ cfYofpg]k0fTg ul/Psf]xG5 .

cfh; Ddsf]; flxTosf cWoogdf dh {kdf rf/cf0f lj wf :yflkt ag\$] 5g\ tl lj wfx{ df slj tf, syf, gf6s / IgaGw; d] hDdf rf/cf0f lj wfx{ /x\$ 5g\ slj tf efj gfsf]nofTds G0td effis Psf0 xf]. slj tnf]cfofdsf]lj :tfl/t {k kft ug\$] lglDt slj tfogsf]tx kft ug{ kb5 . o; lj wfsf kllj wfx{ lj Zj ; flxTodf ; fgf ; fgf Psf0sf n3td slj tf, dSts, .kllj slj tf, ult, uhn ehgb]lnP/ n3sfj0, sfj0, dxfsfj0, dxtV dxQd sfj0 klg o; ; Gbe{ lj ifo ag]/ klg k|t't /x\$] xG5 . slj tfsf]lj ifo / efj ; jHgfsf]lj :tfl/t cfotgn]slj tfogsf]{k ln}sfjofogsf]txdf upkl5 slj tf t{] klg klg wls aG5 / slj tnf] aQd {ksf]Ps lgIZrt cfotg kft ub5 . o; /l lj wfut :j {k kft ug]/rgf lj zif slj tf xf].

efiffsf]efj / ltgsf]kf/:kl/s ; Gbe{; effhgsf cfwf/df ; hgf xg] klf syf xf]. syfdf kf/:kl/s lj lj w ; Gbe{; effhgsf u/] efj / cy\$] j f0f df ; df0fhg ul/g] sfo\$] kl/0ffd syf xf]. sylotf / syfsf] >f]f; d]sf] ; df0fhg u/] syfksygflds kftltsf cfwf/df syg / >j 0fsf cfwf/df k|t't ul/g] /rgf syf xf]. lj ifo / efj sf]kf/:kl/s ; Gbe{; effhgsf u/] lj ifodf efj, cy{/ ; jHgfsf cfwf/nf0{efiffsf kl/lwdf cf; d]tft \ kdf sygsf cfwf/df k|t't ul/g] lj wf lj zif syf xf]. syfsf] lj :tfl/t ; Gbe{ j 0fg / lj j /0fsf cfwf/df ; effhgsf ul/g] sfo{

syfog xf] / of]g]cVofg xf]. of] ; flxTosf]lj wfut cl:tTj kflktsf lx; fan]; Eotfsf]0ltxf; df bf] f]lj wf lj zif IgaGw xf]. cVofgsf]n3td syfksygsf {kdf /xg] n3syf, syf, n3pkGof; , pkGof; , afty syfVofgfls pkGof; ; Ddsf]; hgf o; cVofgsf txdf ; hgf xg]dh lj wf xf].

; hgflds lj wfsf]t]f]r/0fdf cfP/ cflj ej ePsf]lj wf gf6s xf]. gf6s ; eSt ; hgf kltfsf]nuflg ePsf]xG5 . effif / ej sf kfif s t{]sf lglDt clego ; d]sf]elldsf klg lj zif {kdf /x\$]xG5 . gf6ssf lglDt rt/cf0f u0f /x\$]f xG5g\ gf6ssf]kixnf]lj zif tf cgs/0flo xf]. gf6s cgs/0flo cyjf cleg] xG5 . gf6ssf]bf]f]lj zif tf qn8glo xG5 . of]v]ng]lj zif tf]f]lj wf xf]. gf6ssf]csf]lj zif tf k7glo xf]. of]k9g klg ldnB5 . o; nf0{ Ps :yflgs cf; gdf a; k7gsf cfwf/df klg gf6ssf]kf/v ug]; lsg]lyt /xG5 . gf6ssf]rfyf]lj zif tf]f]j {k k]f0f0=k]f0f0 xf]. o; /l gf6ssf]; Gbe{t cj wf/0ff klg k|t't ul/Psf] xG5 . gf6s klg n3td PsfPsf txbl]v n3 gf6slotf, Psfa]slotf, gf6slotf / dxfgf6slotf; Ddsf gf6slo lrGtgsf cfwf/df tof/ xg] gf60fogsf]cj :yf klg o; o; sf lj zif sf cfwf/df ; Ait ag\$] xG5g\ ol ; a]lj wfsf cltl/St k15Nnf]/ gj lgtd lj wfsf {kdf IgaGw lj wfsf] cflj eff ePsf]s/f k\$6df cfPsf]bj]vG5 .

IgaGw lj wf lrGtgsf cfwf/df slj tfsf] cfldk/s ej ; jHgfsf] ; Zn]f0fsf] kl/0ffff ; hgf xg] lj zif tf /x\$]f b]vG5 clg cVofgsf syfksygsf ; Gbe{ cfVofgfldstf, kfqsf] kTof pkl:yltsf cfwf/df syfksygfldstf / j 0fgfldstf, ljj /0fldstf Pj + 0fgfldstfsf klfy{ sf klg cfwf/df tof/ xg]gf6slotfsf u0fx{ klg ; dfl>t ag\$]/ ; j tGq tyf pGdSt cflgkrf]s nygsf ; Gbe{t of/ xg]lj wf lj zif xf]. o; /l lg]{k0f ubf IgaGw slj tfsf]efj ftds u0f ; jHgfsf]CgtMt/a]n, cVofgsf] ; Gbe{; jHgf / gf6ssf]cleg] / k]f0f0 tyf k7glo t{] ; d] ; dfl>t xbfxb]klg lgtffg] efj / lj rf/sf ; jHg uBsf cfwf/df k|t't ul/g]lj wf xf]. o; df efj ; jHg / lj rf/sf j 0lsts cge{ttnf0{lgaGwg u/] efffdf ; effhgsf ul/g]lj wf ePsf sf/0 o; nf0{lgaGwg eGg]ul/Psf]xf]. slj tf slj tfog, syfdf syfog, gf6sdf gf60fog t{]sf pkl:yltsf sf/0f /rgfn]cf]gf]cnlu]kl/ro kft u/h:t)igaGwn]5s]df]ns kl/ro kft ub5 . IgaGw klg n3td Psf0bj]v aQd tx; Dd k|t't xg]lj wf xf].

IgaGw M JoTkflbt ; tf

kj lq ; Gbe{f aGwg cy{af]s .aGw\ wftdf lgMzif cyaf]s kj { u{Jgl / ej cy{af]s .3`NkToohGo .cl k/; u{nfu]k15 lgdf0f xg]

j̄hoGtl #& IgaGw c^as-#

IgaGw zAb lgdfqf xG5 t/ IgaGw zAbsf]lgdfqf klgmofdf cfPsf]k/; u{ .cū sf] lgdfqfdf /x\$] cfzosf sf/0f IgaGw zAbsf]cy{b0{k\$]sf] e0lbG5 .3' k̄oo ejf cydf / ; efhg cyjf / lDd>0f cydf klg kofly xg]xgfn]oxflg/ lgs]uDel/tfkj \$ lJ rf/ ug{kqg]xG5 . ; lDdng cydf/s .cū k̄oo nfylsf v08df lrlst; f zf:qlo /f; folgs kbffy]sf]dfqf Joj l:yt u/] cgkgsf]Joj xf/ ; Gtbg ug{eGg]; >tlo tfko{afw u/f0G5 eg] ejf ; efhg cydf/s .cū k̄ooaf6 rflxf; flxTosf]uBdhs /rgf, ejf tyf lJ rf/ ; DkifS, zAb ; dxut jfsO, cgR5b, k\$]0f / Ps ; a\$yg tx; Ddsf]lJ lzi6 cy{efj, lJ rf/ ; dtsf] jfxs /rgf lJ zJf IgaGw xf] eGg]cydf kofly ug{ul/Psf]5 . o; /l IgaGw zAb ; flxTosf Ps lJ wf lJ zJf]cydf Joj At xg]u/]sf]5 . o; af6 s]l; 4 xG5 eg]IgaGw lJ wf cg\$fcg\$ lJ ifosf] kfbef/ ; cg\$ lJ ifosf] JofVof, lJ j gf / ltgsf k̄kt ck]klt]tsf] cledt klg kltkfbg ug{kqg]l:y]tsf] cflj eff xb} uPk15 IgaGw lJ wfsf]hGd ePsf]xf]eGg]s/f l; 4 xG5 .

kZrdl ; Gbeđf klg c^u]hl zAbsf]zf; dfj z ePsf] Essay zAbsf]lu] hl Essais dh zAbaf6 lgdfqf ePsf] ePsf] kf0G5 . o; zAbsf]cy{To attempt cyjf kof; ug{eGg]xG5 . P; ;]zAbsf] klg cydf b0{lsl; dsf tfko{xsf] 5g\ klxnf]/ zflAbs cy{xf]/ of]s]xf] eg]kofTg, ldxg] cyjf kof; ug{eGg]xf]. o; nf0{klg Joj xf/df kofly ug{ul/G5 . bf] fl] rflxf lJ rf/ jf cgtcf gfsf] cleJo-hg ug{eGg]cy{ k̄kt xG5 . of]klg kof; ug{g]xf]t/ km's s]xf]eg]df65]sf cgtcf]gf lJ rf/ jf lrGtgnf0{efiffdf ; Gbeđt / Joj l:yt u/] k\$6df Nofpg kof; ug{eGg]xf]. k̄df cyjf kZrddf klg efiffdf lJ rf/ cyjf ejf sf] ; Dkifof Ifdtf / eflifs kf]tf tyf cleJolStut :j tGqtsf] kof]0f lJ sl; t aGb}uPk15 dfq IgaGwsf]lJ sf; xb}cfPsf sf/0f of]IgaGw /x\$] b]vG5 . o; sf/0f lJ Zj ; flxTodf IgaGw k15Nnf]lJ wfsf z kdf :yflkt ag] lJ sl; t aGb}uPsf]b]vG5 .

IgaGw jf P; ;]zAbsf]tfko{lJ rf/ cyjf ejf sf lJ sl0{s0fx z nf0{ efiffsf]df]lodaf6 lJ ifosf]cfotgdf lJ :tfl/t 9^un]; ; a\$ut ug{sf] lgaGw xf]. lJ ifo / ejf sf s0fx z nf0{ Joj l:yt t/ ; j R5s 9^un] kltkfbg ug{sf] lgaGwdf ePsf]xG5 . lgaGwsf]tfko{o; /l cleJol~ht eP klg o; sf]n]y g rflxf; flxTosf]cfwlgs sfn cf/De ePk15 dfq klg k̄t t ePsf xG5g\ kJl6 ; flxTosf]; Gbeđf slj tf, syf, gf6s lJ wfx z k̄cfwigs ; flxTosf]sfnv08df lJ sl; t / p̄tslift ag\$]sf]cj :yf b]vG5 . IgaGw rflxf]lJ rf/ ejf sf goffcfodx z, 1fg / lJ 1fgsf ; Gbeđf sf goff af/x z pb]fl6t aGb}uPsf sff/0f IgaGwn]lgs]lJ ifosf]pk:yfkg aGb} uPsf]cj :yf b]vPsf]5 . cfhsf]; Gbeđf ; flxTosf cGo lJ wfx z df pQ/

j̄hoGtl #& IgaGw c^as-#

cfwlgstfsf goff cfodf pb]f6g ePh:t]IgaGwdf klg goff cfodfx z pb]fl6t aGb}cfPsf 5g\ P; ;]zAbsf]kfbef eP; u}IgaGwsf] hqfsf] k/Dk/f sfod ePk15 g]kj df klg IgaGwsf]kfbef/ ; lJ sf; xb}cfPsf] cj :yf /x\$]f]5 .

IgaGwsf] cf/De

IgaGwsf] kfbef Des Oltxf; kfZrfTo ; flxTosf] Oltxf; ; u hfl8b} cfPsf]5 . ; j k̄yd kifG; hl ; flxTosf] ldrjh l8 df]6g (Michel De Montaign) ; flxTfAbldf klxnf]N6 IgaGw lJ wfsf] hqfids sfo{cf/De u/]sf xg\ lu] hl zAbe08f/df P; f0h elgPsf] / c^u]hl zAbe08f/n] P; ; elgPsf]; hqfids /rgf klxnf]N6 ; flxTosf]; hqf e08f/df b]vg cf0kUof]. o; lsl; dsf]; hqf ef/tlo ; flxTodf IgaGwsf gfdaf6 kl/lrt aGof]eg]g]fnldf rflxf hdsf]cyjf IgaGws}gfdaf6 klg kl/lrt aGb} uof]. o; c]wf/0ffs] kltkingsf ; Gbeđf k̄lnt s]l kl/efiff, s]l :j z k s]l j ul\$/0f, IgaGwsf]kl/ro k̄t t ug\$] lglDt cfj Zos kg] ; fdflhs tyf ; f:s]ts kof]0f, IgaGwsf lglDt pkofyl dflgg] s]l lznkut k\$]f / lJ wfld>0fsf r̄t]gfon g]oxff ck]ft dfGotsf z kdf kl/lrt ag] cf0kUlb5g\ IgaGw ; hqf]bzg kZrdl lfltha6 cf/De eP/ lJ sl; t aGb}g]fnl ; flxTodf cfPsf]xf] eGg] s/f o; k\$]sf] kl/l:yltaf6 l; 4 xG5 .

IgaGw ; l6fsf]lJ zJf k\$]sf]df]b]zfaf6 cflj ist xg]/ ; aNfkt cfotgsf] ; Argfdf ubdf ; hqf xg] lJ wf xf]. of] lJ ifosf] ck]fffdf kof]fsf]ck]ff ul/g]k]gfy] laGbdf tof/ ePsf]xG5 . ; l'd cfotgdf lJ ifo, lrGtq / ejf qfsf]lJ /f6tf lgaGwg ul/g]ubdf cfl>t lJ wf xf]. ; l6f log]j lzi60nf0{cj n]dag u/] kf7snf0{cfk]klt cfslift ug]/ cf^gf sygk]t ; dyg h6fpq]sf] ub5 . IgaGwsf df]lodaf6 kf7s nyssf ; hqf]tx; Dd lJ r/0f ug{ nfnfot aGb5 . IgaGwsf]sf] ejf gf / lJ rf/sf]k6df ; xofql ag] k15k15 nf]b5 . kf7s cf^gf lghl ejf gf / cfu] ; a]tou u/] nyssf]lrGtq / ejf gfk]t tbfsf/fsf]t aGb5 . oxl g]gaGwsf]p2]o klg xf]. ol ; a]abfsf cfwf/df IgaGwsf]p2]ok/s cy{ ca o:tf]tof/ xG5 M

-!_ ejf gf cyjf lrGtqdf lJ sl0{ag] a; \$f n3's0fx z efiffsf]cfotgk6df z kfs]t k̄kt ug{.

-@ cfldk/s kf/fn]hg; s]kdg lJ ifo eflifs snfs]t ag] n3'-sn] /df k̄t t xg].

-# tYoflds cg'; Gw] lJ ifo klg ctYoflds / ; j tGq z kdf k̄t t xg'. -\$_ j b]sts h]g; u hfl8Psf]; d:of klg ; du kf7ssf]rf; f\$]f]lJ ifo

j|hgtl #& lgaGw c^s-

ag] k|t't xg'.
 -%_ ; i6sf]j z|f dgf]zfdf n|vP/ klg ; du|kf7ssf]dgf]zf k|tkfbg
 xg'.
 -^_ ; i6sf syg / b|i6sf]fk|t kf7sn]lgM; t{; dyg ug{.
 -&_ efiiffsf]; Argfut n3'sn] / leq n|ysaf6 l|f6 ej / IrGtgsf]
 :yfkf xg'.

o; af6 s]; 4 xG5 eg]lgaGw goff goff l|rf / ej sf]pb&f]wg
 ePk15 dfq kf|bef[ePsf]; hgfls uB l|wf xf] o; df ej sf]; j|
 k|n / x\$fxG5 e|g]k|dv cfzo xf]. uB effffaf lghfls cleJolSt lbg]
 l|wflds kl/ronnf0{k|t't ul/lbg]koTg ; f|f]ztfAbLb]v g}xb}cfPsf]xf].
 oBlk lgaGwut cj wf/0ffsf] k|f|f; k|f|f dxlif{ Jof; / j fNdlLssf
 k|rgdf, zqfrfo{/ a|x:kltf JofVofgsf cfwf/df g}ldNg nfu\$|f
 cj :yf b|VG5 . o:t}dfwj l / d|f]lsf k|rg, of1j NSo / z^s/frfo\$|f
 ; Defif0fx, b08L af0fe\$ / cfgGbj 4g ; d|sf zf:qlo JofVofgx, df
 lgaGwsf 5gsx, ; xh)k|t xG5g\ k|Zrddf Kn|f] / c:t'sf k|rgdf,
 xf] / nf|h0g; sf ; Defif0fdf / x\$|f k|rgfls ; Gb|z|x, sf]alhwfg
 g]lgaGwsf k|ueldx, xg\ lgaGwsf]; r| n|yg k|f|f; j|L ; l6f ldrj h|8
 df|6g, a|hftol ; i6f kf|fG; ; a|xg, sf]cfudgk15 cf/De ePsf]kf0G5
 t|k|g cfwlgs kl/ro k|t u|\$|f lgaGw eg]k|f|f a^u ; flxTosf afa'
 uhfa /fo, lxGbl ; flxTosf ef/t|b' xl/ZrGb] / xhf/lk] fb l|aj BL, g|fnl
 ; flxTosf zDek] fb 9^u|h / j Blglw zdf, sf]cfudgk15 dfq pkoSt
 9^u|h lgaGw ; hgf xg yfn\$|f s/f ; DalGwt ; fdulx, sf]cWoogaf6
 kli6 ldNb5 .

lgaGwsf kl/efiff

lgaGwsf]lj ifodf s|b|t eP/ k|xnf|N6 l|kk0f ug]; dl|fs / ; i6f
 ldrj h|8 df|6g g}xg\ pgf lghfls lgaGwsf ; i6f; d|t xg\ lgaGwsf
 af/\$|f]pgsf]cf|dwi/0ff o:t]x\$|f]5- d|f lgaGwsf, d ; j o\$|fcGt/tfd
 ; du|kf7s ; d|f k|ofpg]koTg dfq xg\ logdf d|f]j rf / sNkgf afx\$
 s|g}goft vfh / cgj |f|f 5g . df|6g]n]; a^Nfkt t/ cgf|krfl/s lgaGw
 ; hgf ug]k/fk/fsf]cf/De u/]. pgm]; fd|fGo n|ysn]; hq ug|n|yg tyf
 ; hq k|qnfefGbf l|j lzi6 lsl; dsf]k4t cfld; ft u|\$|f 5g\ logsf wf/0ffaf6
 lgaGw n|ysf l|gDglnlv t|fj x, pk:yfkf xg cfpbg\||
 -!_ lgaGwsf/n]cf^gf lgaGwdf ..j|sf]k|6s/0f ub5 .
 -@_ lgaGwsf/ cf^gf kf7sx, ; u lgs6td cfldotf :yfkf ub5 .
 -#_ lgaGwsf/ lgaGwaf/f s|g}pkb|z j f l|z|ff glb0{cffldotf dfq k|6
 ub5 .
 -\$_ lgaGwsf/n]cf^gf lgaGwsf]lj ifo cfk|mf0{agfP/ k|t't ub5 .

j|hgtl #& lgaGw c^s-

o; af6 lgaGwsf]cf/De cfldk/stfaf6 ePsf]xf]eGg]s/f l|; l4
 xG5 . df|6g]f]o; n|yg]kl/ro l|b0; s\$}; dodf lgaGwnf0{j :tk/s
 l|bzf lbg]k/Dk/fsf]klg cf/De ePsf]5 / lgaGwsf]kl/efiff ug] o; nf0{
 zf:qlo cWoogsf]:j |k lbg]k|qnf klg df|6g]f]n|ygk15 cf/De eof].
 df|6g 0; fk] \$|f] k|lxnf] ztfAbLsf cfrf/zf:ql kn6fs\$|f df|f|lnof
 -Morallia_ / l; g|f -Sineca_h:tf s|taf6 k|t ag\$|f sf/0f pgm]
 lghfls efj ; j|l el/Psf lgaGwx, n|y\$|f lyP. df|6g -!%#-!%(!
 n]cf^gf h|l j gsf]rf/ bzskl5sf cj lwdf lgaGw ; hgf u/\$|f 5g\.
 logsf P; f0h gfdsf b0{u|fyx, k|fzdf cfPsf 5g\ !%*) ; g|Ps}
 j ifdf k|fzgdf cfPsf pgsf b0{lgaGw ; a^Nk|n]pgsf]; hgfnnf0{goffou
 k|t gsf cfwf/ agfPsf 5g\. k|f|f; j|L efiiffdf k|f|fztl ePsf ol b0{
 s|tnf0{06nlaf6 l|gj fl; t e0{ahfotsf]z/0fdf a; \$|f hf|g ^n|ly/of]
 gfd s|tnf0{06nlaf6 l|gj fl; t e0{ahfotsf]z/0fdf a; \$|f hf|g ^n|ly/of]; hgf lds
 s|tnf0{06nlaf6 l|gj fl; t e0{ahfotsf]z/0fdf a; \$|f hf|g ^n|ly/of].

cf^g]lgaGwsf l|ifodf cledt k\$6 ug|df|6g]n]cf^gf lgaGwsf
 af/d|f cfk|f cledt k\$6 u/\$|f 5g\ pgsf syg 5- .d|f]0R5f s]xG5
 eg]d cf^gf lgaGwdf l|gfcf8Da/ ; xh / ; fwf/0f tl/sfn]; j o|t k|f|f
 x|f|f. To; df s|g]ls]; dsf]j fsk6t j f s|q|d snf|dstf ; hfpq rfxGg .
 d|f lgaGwsf]lj ifo d g]xf|o; af6 s]:ki6 xG5 eg]lgaGwsf]lj ifo lghl
 wf/0faf6 clh|f j|lsts cgel|t / ej ; j|usf]k|6s/0f xf]. lgaGwsf/
 cfk|f g]; ae|bf g|hsaf6 lrg|f]lj ifo :t'g); i6sf]; hgfdf k\$6 xG5 .
 cf^gf lgaGwsf af/d|f dfq xf|g ; du|lgaGw l|ifodf g}k|xnf|N6 lgisif{
 ca ; dl|fflds l|kk0f ug]; dl|fs klg df|6g g}xg\ pgsf]csf]
 cfld:j ls|t o:tf]k|g / x\$|f]5- .d|f lgaGwx, d ; j o\$|f]cg|f|f|f c|
 kf7s ; d|f k|ofpg]koTgsf pkh xg\ logd|f}efj gf / snfut ; j|
 afx\$ goff vfh / cgj |f|f s|k|l 5g .

df|6gaf6 cf/De ePsf] lgaGwsf] cfldk/s n|ysf clt/St
 j :tk/s n|ysf]cf/De a|gaf6 ePsf]xf]. cfldk/s n|ysf clt/St ; hgfaf6 l|j dv
 ag\$|f ; hgfnnf0{k|f|fzdf lbg] sf|dn] lgaGwnf0{j :tk/s ; j|L hgf
 cfwf/df eg]lgaGwx, sf]n|yg a|gaf6 cf/De ePsf]b|VG5 . a|gaf6
 lgaGwx, 1fg / l|j 1fgsf ; qx, sf]; dfof|hg ; Af|f / clenlygsf l|g|dt
 pkofyl xg]lj ifout lgaGwx, ; hgf u/\$|f 5g\ pbfx/0fsf l|g|dt .. To|
 .k|t z|f|f / .d|f|f h:tf dt{j ifodf s|b|t lgaGwx, ; hgf ePsf 5g\
 To; sf/0f s]elgG5 eg]a|g df|6g]sf]; fk]ftfdf Psbd l|j k/l|twdf{
 lgaGwsf ; i6f xg\ ol bj }lgaGwsf/sf l|j ifodf ; dl|fs xg/l x8\gsf]
 l|kk0f o:tf]x\$|f]5- .a|gaf6 lgaGwx, 3gle|t 1fgsf k|-h xg\ logdf
 l|rf/sf]; xh |k|f|f cleJost ePsf]xG5 .

j|hGtl #& lgaGw c^s-

a\$gsf sygsf]lgisif{ca lgDgfg' f/ lg:sG5 M
 -s_ lgaGwsf]cfotq ;^Nfk t xg' k5.
 -v_ 7f] / ;ul7t lj rf/ ; u ; DaGwt xg' kb5 .
 -u_ bzg / 1fg lj 1fgsf k|fx_ lgaGwdf k\$6 xg' kb5 .
 -3_ lj sl0f{lrGtgnf0{eff\lnt ug{kofTg ug{kb5 .
 o; k/Dk/fsf]cfwf/et w/ftn tof/ ePkI5 cu|ult lbg] sdf
 ePsf]b]V5 . oxff klg o; ; Gbdf klg lgaGw kl/eflift xg]/ cWoogsf]
 zf:qlo cfwf/ tof/ xg]k/Dk/f cf/De ePsf]b]V5 . df06gsf]l6Kk0fkl5
 a\$gsf]cfudg eof]. o; ; dodf lgaGws}lgIDt ul/Psf]clxn] Ddsf]
 klxnf]kl/efiff a\$g -!%^!-!^@^ sf]kf0G5 . pgn]lgaGwnf0{5l/Psf]
 lrGtgsf]eflifs ; dls/0f xf]eg\$f 5g\ pgl lj ifoj :tdf s]gbt, k/flds
 / 7f] Pj +j aQfk0f{lrGtgsf]; hgflds sfo{lgaGw xf]egg]dt k|t't ug{
 ; km ePsf 5g\ lgaGwn]lj rf/oSt j:thf0{k|t't ug{eflifs cleJolSt
 g]lgaGw xf]egg]k|fd ; b9 /x\$f 5g\
 -c^Nhl zAbsf]sf ; DkfbS tyf lgaGwsf ; l6f ; d] /x\$f 8f-
 hf]G; g -!&) (-!&*\$ n] lgaGw eg\$f dgdf cfPsf ej wf/fnf0{
 cgfkrfl/s / z^vnf lj xlg cj :yfdf x7ft\ul/Psf cleJolStsf] Ps
 ; ^Nfk /rgf lj z]f xf]. cyft lgaGw To:tf]pgdSt ubf]ds cleJolSt
 xf]. of]cgfkrfl/s, kl/kSj / cjoj l:yt /rgf xf]. o; sf] ; Argfut
 j]zi60 qndlj Gof; lj lwdf /x\$fxG eg] lgaGw zAbsf]cy{n\g]sf
 u/\$f 5g\
 -c^Nhl ; flxTosf ; dlIfs hh\$Yofa -!&%\$-!# @ klg lgaGwsf]
 kl/efiff k|t't u/\$f 5g\ pgsf cg'; f/ lgaGw k|tef / lfdtf gePsf
 ; txl ; l6fsf]kofhgxl ; :tf]ukm dfqsf] ; hg sfo{xf]. lpgsf o;
 sygn]lgaGwnf0{:t/xlg / ; /n tyf ; xh n\gsf cfwf/dt tof/ xg]/rgf
 lj z]f lgaGw xf].
 -lgaGwnf0{kl/eflift ug{qnddf ; dlIfs hf]g d/] -!# & -!*(%
 n]8fS/ hf]g; gsf]zAbsf]znf0{k'g ; Dkfbg u/\$f 5g\ o; qnddf
 x8\gsf]cy{n\gfnf0{dSt s07n]k]f u/\$f 5g\ pgsf cg'; f/-.sg}
 Ps lglZrt lj ifodf ; ul7t / ; joj l:yt b]l6sf]f /fv] n\g]f] /rgf
 lgaGw xf]. of] Gbe{cS:kmB]{8S; g]lsf]; DkfbS]j -!*((_ axfnl ubf{
 logn]lgaGwnf0{dxlo; l txdf cYoffpg]sf u/\$f] ; dodf lgaGwsf]cy{
 :ki6 ug]sf u/\$f 5g\
 -lgaGwsf]; dlIfs ug{qnddf kf]g; hL ; dlIfzf:ql ; l6Aoë -!*)\$-
 !*^(_ n]klg lgaGwnf0{o; /l kl/eflift ug]sf u/\$f 5g\ lgaGw lgs}
 >d; filo lj wf xf]. lgaGw lj lzi6 1fgsf]e08f/ xf]. l o; af6 klg lgaGwsf
 lj lzi6 prRtf /x\$f]s/f :ki6 xG5 .

j|hGtl #& lgaGw c^s-

-lgaGwnf0{lj lzi6 /rgf lj z]f dfGg]cn\$h]8/ l:dy -!#)-
 !*^& n]klg kl/eflift u/\$f 5g\ pgsf cg'; f/- lgaGw eg\$f]ullt
 sf]o; u bffhg ; Sg] j|k / ; Argfdf sf]ntf / ; j|gZlntf /xg]
 lj z]f lj wf xf]. l o; /l l:dyn]j]zi60nf0{l; 4 ug{kofTg u/\$f 5g\
 -c^Nhl ; flxTosf ; dlIfds 0ltxf; sf n\ys lj lnod xg/l
 x8\g -!*\$!-! (@@ n]lgaGwsf]kl/efiff o; /l u/\$f 5g\ x8\gsf
 cg'; f/- lj ifoj :t' h]h:tf]eP klg lgaGwsf] lfg]ctof t lj :t' tyf
 c; lldt 5 / lgaGw JolStk/s g}xg' kb5 . of]cleJolStsf]Pp6f k\$g/
 xf]/ lgaGw eg\$f]Ps ; fwgf xf]. ctM of]j)lsts cleJolstdf s]gbt
 /x\$f]xG5 . l o; /l x8\gn]lgaGwnf0{kl/eflift ug]sf u/\$f 5g\
 -o; /l lgaGwnf0{j leGg lj åfgx]n]cg] cledt k|t't u/] kl/
 eflift u/\$f]yldf c^Nhl lgaGwsf]p0/j tl[r/0fsf lgaGw lrGtSx]n]
 lgaGw ; DaGwl lrGtgsf]:ykgf u/\$f 5g\ ol kofTgaf6 lgaGwx_ lzi6
 / ul/dfoSt lj wf]z]f xf] / o; sf; l6fsf]; hgflds prRtf ; Ddfgofo]o
 Pj +d/0lo xG5 eGg]s/f klg l; 4 xg klof]. ol ; a}tYox]nf0{b]l6ut
 u/] cf^gf] cledt /Vg] kl/efiffx] df lgaGwsf/ /a6[nG8 -!# & !-
 !(\$(_ pNn\glo dflgG5g\ pgsf]dt o:tf] 5- lgaGw eg\$f]l:dt
 dgf]b]zfoSt 1fgsf]/ ; fdfGo cj:yfsf]dw/ cleJolSt xf]. l o; af6 lgaGw
 eg\$f]ckl/efio lj z]f k\$g/sf] /rgf xf]egg]s/f kdfloft xG5 .
 -o; /l g] lgaGwsf] kl/eflift ug]csf] lj åfg\h]al= lk]6nl
 -!*(-\$- klg pNn\glo JolStTj xg\ pgsf cg'; f/ lgaGwsf]nf0{
 lj ifoj :t'sf]cefj xb]g . hg'; s]j ifoj :thf0{klg ; /Ss l6k] lj ifoj :t'sf
 jkdf ptfg{; S5 . cf^gf]agfpg ; S5 . cf^gf]of s; \$f]lj ifonf0{s]b|
 agfP/ s/f ug{lgaGw xf]. o; /l lghfTds lj ifodf axlsq'cy f j:t'/
 ciklarsf ; DaGwnf0{JoSt ug{lgaGw xf]. l eGg]wf/0ff k\$6df NofPsf
 5g\ df06gdf enlogdf klg lgaGw eg\$f]lghl cleJolSt xf]egg]cledt
 :ki6 ePsf]5 . of]tYo p0/j tl{lgaGwsf]cWoogaf6 klg kli6 xg cfp5 .
 -lgaGwsf]kl/efiff ug{qnddf h]8A0o=d]b]sf]kof; klg :d/0lo
 /x\$f]b]V5 . pgsf cg'; f/- .. Gb/ lgaGw lj rf/kof{cg}; Gwfgsf]Ps
 k\$g/ xf]. of]kkmn Åbon] JolStj fbl k\$g/n]k|t't ug{kofTg ul/g]/rgf
 xf]. l o; sygn]klg /rgfsf]nf0{cfTdk/s ; l6fsf] jkdf k|t't ul//x\$f]
 b]V5 .
 -csf{ ; dlIfs tyf lgaGwsf/ Xo]f s/n]lgaGwsf] kl/ro lbg]
 qnddf cf^gf]lj rf/ o; /l k\$6 u/\$f 5g\ pgsf cg'; f/- .xnsf]kf/f
 tyf c; n tl/sf tyf n\ys / kf7s dfemdf lj Zj :t ; DaGw /x\$f]lgaGw
 cfbz{lgaGw xf]. l o; sf cltI/St klg pgsf]syg /x\$f] 5- .o;
 aXdf08sf lj leGg tf/f u0fb]v lnP/ c0f tyf k/dfof; Dd / cldj fb]v

j̄hoGtl #& lgaGw c^s-#

dfqj ; Dd lgaGwsf]lj ifo ag] pkl:yt xg ; S5g\l o; cg' f/ lgaGwsf] ; Gbe{rrfddf cfPsf]kf0G5 .

-c^s-# lgaGwsf]Ps zts gfd s uGysf nys tyf lgaGwsf/ cg]6 l/hn]lgaGwsf]kl/ro o; /l k|t't u/\$f 5g\ lgaGwsf]n]f0, aftlrt u/f0 / Joj xf/ u/f0sf lardf lgaGw ; xfpq]xg' k5{. lgaGwsf cGo uDfx]dW]dgf]~hstf, ; kf70tf / ; ^Nfkt tfsf ; fy}cfgbbfol uDfx] klg kb5g\ :ki6]kdf cfbz{/ cfbk]zs uDfsf ef/n]lylrg' xb]l o; lsl; dsf]wf/Off klg lge{tkj \$ /Vg]sf oxff k|t't ePsf] 5 . o; af6 klg lgaGwsf]kl/ro k\$6df cfPsf]kf0G5 .

-lgaGwsf]kl/efiff ug]csf{lrg]ts 8Ano= 0= lj InoD; n]tof/ u/\$f]

c as ckm P; h gfd s uGydf lgaGwsf]kl/efiff k|t't ul/Psf] 5 . 8Ano= 0= lj InoD; sf]cledt lgDg cg' f/ /x\$f]5-. lgaGwsf/n]cf'gf] egf0 kli6 ug]{obfsbf cGo k] aNxs]sf]klg ; xfotf lng ; S5 t/ p; sf] dVo p2]o syf eGg' xf]g. lgaGwsf/sf]kdf lhdDdf/l eg]\$f]; fdflhs, bfz]gs, ; dl]fs cyj f JofVofsf/sf]h:t]cyft Ntgs}; dfgfy]eP/ b]yf k5{; ^Nfkt lgaGw uB /rgfsf]Ps k\$]f/ xf]h]g w]}; fgr]xG5 / To; df j 0fg dfq xb]l o; nfdf]syg dfkmt lj InoD; n]lgaGwsf]kl/ro k|t't ug]sf u/\$f 5g\

-kl5Nnf]r/0fdf clwsf]s kl/efiff ug]b SG; fOG; CS; kmB{

0aMn; ln6/] gfds s[tn]k|t't u/\$f]kl/efiff o:tf]/x\$f]5 . h; cg' f/- lgaGw ; fwf/tof Pp6f 5f]f uB /rgf xf]h; df n]yssf] lj Ifosf]lj z]f 1fg k|tlaDat ePsf]xG5 .l o; /l lgaGwsf]; lj :tf/ kl/eflift ug]lgaGwsf]kl/ro k|t't ug]sf u/\$f 5g\

; fx]f ztfAb]b]v pgg0; f] ztfAb]sf] cfwpwl; Ddsf] cj lwdf lj Zj ; flxTodf b]Vpsf lgaGwsf]cWoog ug]sf ePsf]b]Vg5 . o; sf] ksfj ef/tlo f]qdf klg lgaGwsf]; Gbe{klg oxff pNn]o lj ifo ag]\$f]5 . ef/tlo pkdxfalkdf pb] a^s-nf / lxGbl ; flxTodf lgaGwsf]; hgf / lrGtg k]n aGb]uPk]5 cfwlgs lgaGwsf]cf/De ePsf]b]vg yfn]\$f]5 . o; ; Gbe{ef/tlo f]qdf klg lgaGwsf]kl/eflift ug]sf ePsf]5 . o:tf] lrGtg dgg ug]lj afg]x]df ef/tlo lj afg]cfrfo{/fdrGb|zSnnf0{lng' pkoSt xG5 .

-lxGbl ; flxTosf]lj j]gf ug]qnddf cfrfo{/fdrGb|zSnn]lgaGwsf] kl/eflift ug]sf u/\$f 5g\ pgsf cg' f/- lgaGwdf j]lsts lj z]ftsf lglDt / To; lj z]ftsf]k]b]z]sf lglDt JoSt lj rf/sf]k]fx 1ft j f c1ft]kn]xf] Vj z]Vlnt eg]xg lbg' xGg . ejf k]fxsf]lj lrqtf b]fpqsf lglDt cg]el'tsf :j feflj s j f nf\$; fdfGo]k; u s'g}; DaGw g]/Vg' j f effifl; t k]gx]sf]h:t]jofoflds j f x7ofylx]n]en]cf; g ; fwg u/f0g'

j̄hoGtl #& lgaGw c^s-#

xb]l o; /l lgaGw ; xh, ; /n / uf]x o xg' kg]cledt k\$6 u/\$f 5g\ a^s-nf ; flxTosf ; dl]fs tyf lgaGwsf/ afahfa /fon] klg lgaGwnf0{ kl/eflift ug]sf u/\$f 5g\ ef/tlo kl/j z]df lgaGwsf] cfwlgs lrGtgsf cfwf/df ; hgf ug]a^s-nf ; flxTo klg lj lzi6 rrf\$] lj ifo aGb}cfPsf]l:yldf uhfa /fosf]l:ylt klg lgs}lj lzi6 /x\$f]5 .

-lgaGw To; k\$]f/sf]/rgf xf]h; df ; ldt cfotgleq sg]j ifosf] j 0fg j f k]l]tkfbg, Pp6f lj lzi6 lsl; dsf]j]l]sts k]l]tkfbg, ; j R5Gbt, ; 17/ ; hlj tf To:t}; ^Nfkt / ; Da4tfk] \$ ePsf]k|t]ls/Of lgaGwdf k\$6 xG5 .l o; lsl; dsf]kl/efiff uhfa /foaf6 k]l]tkfbg ePsf]5 .

g]fnl ; flxToxsf]0ltxf; df klg kl/efiff lbb}cfPsf]kf0G5 . o; ; Gbe{ lgaGwsf] kl/efiff / JofVof ug] ; dl]fx]df s]k]lj afg]x]sf] sygnf0{k|t't ug]j f-5glo b]Vg5 .

- n]dl lgaGw; ^Nfksf]el]sf n]g] / lgaGw ; hgf ug]qnddf n]dlk] fb b]sf]f -! (^*-@) !^_ lgaGw af/]f]cj wf/Off o; /l k\$6df NofPsf 5g\ .of]/f]f b]z]g xf]g, g xf]kfl08To bz]sf]70f; k]m. o; df u]lt lj ifonf0{ ; j k]l]6sf]f ; dl]f0fsf]h] /t 5g\ . of]Ps lsl; dsf]w't{ abdf; l76f]xf] hf]; 8sdf lxBnf slxn]9^nf xf]g5, st}st}cfgGbn] klm] x]f{t/ 3f]b]g . = Tof]-lgaGw 6]an ukm dfq xf]zf:q xf]g . of] Pp6f k]h b]sf]dgf]~hg xf]. = oxffPp6f /l; nf] xl/nf] ukm8l, r]6nsnf] s/fsgl 5, h; sf]gfd k]g]w -lgaGw xf].

-8f=0]j / a/fn -! (*)-@)%\$-_n]klg lgaGwsf]kl/efiff u/\$f 5g\ pgsf cg' f/- lgaGw Ps lsl; dsf]s/f u/f0 xf]. of]xf]n]yssf] dgdf ejf gfx]nf0{:j ut sygsf]kdf pb]fl/t u/fpg]lj wf lj z]f . cf]qf]ufqf; f]c]nf0{:b]fqf] dgsf]ax kf]g]sf ug]Abonf0{: s] Dd 5n]Nof0lb]g, cfGt/s ; Gb]z]nf0{lkhf0lb]g dflg; sf cfb l; hgf xg\ To; f]xgfn]lgaGwsf/ hlxn]klg kf]7sl; t ukm ug]rfxG5 . ; fptl u/] ltgnf0{cfk]k]t ; xfg]el'tzln agfpg v]f]5 . d]f s'/f s; h]; lgbpq]V eGg]syg /x\$f]5 . o; sygn]lgaGwsf j]z]i60nf0{cleJoSt u/\$f]5 .

-/fdnf n]clwsf/l -! ((*-@)^*_n]klg lgaGw af/]cf]gf]cledt k\$6 u/\$f 5g\ pgsf cfg' f/ lgaGw Tof]sf]jo lj wf xf]h; df n]yssf] lgaGwsf/_sf]jol]st]lj kf]7s ; dl]f kf]ff of k]sfzdf]xG5, o; df n]yssf] pkb]z ge]0{cf]dk]sfzgs]n]lodf s]b]t xg' kb5 .l eGg]syg /x\$f]5 . o; sygsf cfwf/df lgaGwsf]kl/efiff ; fdfGtMuBs]f; xh / cleJoStut ; Da4tfn]lgaGwdf kf]0f ; ~rf/ ub5 .

o:tf cg]s kl/efiffs cfwf/df lgaGw uBdf n]Vg]cf]dk/s ejf j f lj rf/sf]j]l]sts cg]el't k]f]k]f ug] ; ^Nfkt cfotgdf ; hgf ul/g] j tGq / cfk]sf kf]0f{cg]el't xg]/rgf lj z]f xf]. lj rf/ 7 ejf sf] lrGtg

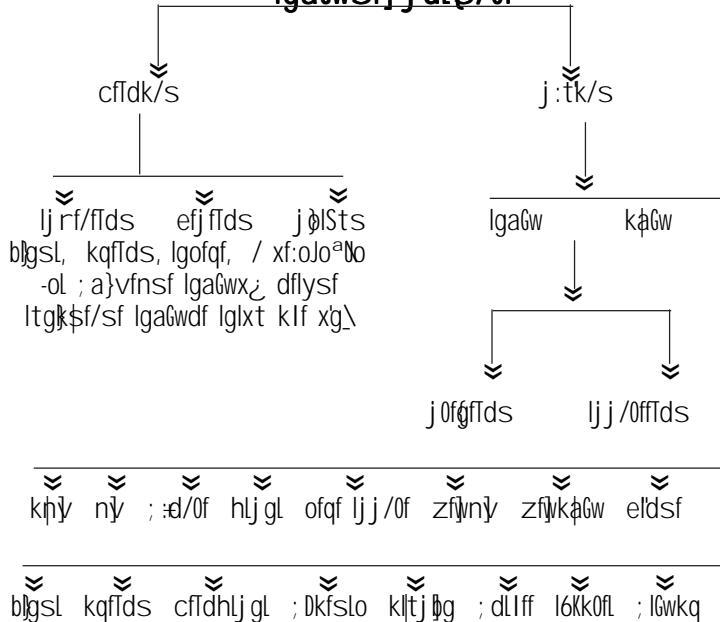
j̄hoGtl #& lgaGw c^as-#

/ ; hgfSF] ; dli6 cleJolSt lgaGw xf]. cfhsf] gkfNL lgaGwx } log} l j z ffsf cfwf/df ; hgf ePSf 5g\

IgaGwsf] j uL\\$/0f

IgaGwx_j; j klyd l_j ifoj :t'sf]k|tltcfwf/df l_j eflht xG5g\ tlldw_o] klxnf] k|tlt cfldk/s lsl; dsf] xG5 / bf] f_j k|tlt j :tk/s lsl; dsf] xG5 . cfldk/s IgaGw ; hfgf kwlfg xG5 / j :tk/s IgaGw l_j ifo kwlfg xG5 . cfldk/s IgaGwdf ny_sn]afXo hut_sf ; dull_j ifonf0{ efj gf / l_j rf/sf /^aNdf 3fjh] k|tlt ul/g]tx IgaGwwdl{u0f k_{an} /xG5 eg]j :tk/s IgaGwdf rflxf k_aGwwdl{u0f k_{an} /x\$]f] xG5 . k_aGwwdl{ IgaGwdf s]j z]tf /xG5 eg]j] flgs / ; dfh zf:qlo zflv-vfh, P]txfl; s ltlyldlt, k/Dk/fut ts{ tY_o / j] flgs ; To, l; 4fGt ; qx_sf] JoVof l_j Zn]f0f ; Sg]lsl; dsf] IgaGw k_aGwwdl{u0foSt IgaGw j :tk/s IgaGw xf] . o; k\$]f/sf /rgfnf0{ k_aGw eGg] ul/G5 . lghftds cgeltnf0{ cleJolSt k_bfg ug]: j tGq /rgflj z]f IgaGw xf] . klxnf] rflxf j :t' k]ltkfbgdf hfB lbg]vfnfsf]xG5 eg]bf] f_j cfldk|ltkfbgdf . o; /l klxnf] dh k\$]f/sf cfwf/df b0[k_bdf l_j eSt xg]IgaGwnf0/j :t' l_j / k|ttls/0fsf 9ffrfsf cfwf/df l_j l_j w k\$]f/df j ul\$]f ag] k|tt ePsf xG5g\

IgaGwsf] jul§/0f



j̄hoGtl #& lgaGw c^a\$-#

IgaGwsf ; Hgfsf IgIDt cfjZos kof{ /Of

IgaGw ; ḥgfsf IglDt cg'sh kof{ /0fsf} klg cfj Zostf kb5 .
cg'sh kof{ /0fdf dfq IgaGw km6fpq] :yfloTj kflkt ugfsf IglDt klg
lgDgfg'; f/sf]kof{ /0f ck]lft 7x5{. To; sf IglDt lgDgfg'; f/sf kof{ /0f
cg'sh dflgG5gA -s_ k\$ fzgsf]; Joj l:yt kof{ /0f, -v_ efffsf]kfl9tfoSt
kof{ /0f -u_ j }fl/s clejoIStsf IglDt cg'sh kof{ /0f .

k\$**fzgsf**] ; 'joj l:yt kof[/of M lgaGw lj rf/ k\$6 ug{ lj wf

[f]. lgaGwdf lj rf/oSt ; jHgfnf0{ cleJoSt ug{sf ul/G5 . To:tf
; jHgfnf0{ ksfzdf Nofpg] / ltgnf0{ ; fj hglS/Of ug{tyf ; dlIf0f /
k/lIf0f ul/g]lj wf xf]. k]sf]; dlrt Joj :yfkgsf, db@fsf]; lj wf / dlbt
; fdullsf]kf7s; Dd klg ; Sg]cj :yf lgaGw ; Hgfsf lgldt klxnf]cg'sh
kof]/of dflgG5 . lj Zj df ksfzgsf] / lj t/Of Joj :yfkgsf] / ; ~rf/sf
l:yltsf sf/Of dfq lgaGwn]cf^gf] ; an pkl:ylt hgfpSf]s/f cfhsf]
j]fl/s l:yltsf] ; fj hglS/0fdf ksfzg Joj :yfn] vHsf eldsfn]
:ki6 kf/\$f] kf0G5 . o; af6 ksfzgsf] Joj :yf lgaGw ; Hgfsf lgldt
klxnf]khn sf/Of xf]eGq]s/f l; 4 xG5 .

efifffsf] k19tfoSt kof[/of M ljr f/ ejnf0{ cfj Zostf cg'; f/

pkoSt 9^añ]k\$6 ug{l]j wf lgaGw xf]. efiffdf cleJo-hgfsf] tlj tf,
slj tfsf] cfGtl/s k] fx, smkgfsf] kantf, clg] ltsf]; dlrt kl/kfng,
Wj Goflds tyf Jofhf]st k0f{sygsf] k] fx efiffsf] dfWodaf6 k\$6 xg]
t{]x xg\ j 0f{ zAb, kb, j fSo cgR5], k\$/0f / i; añ]; a]yg; Ddsf]
cydf/xg]uDel/tf efiffsf] k] tfsf cfwf/df lglxt xgfsf sf/0f lgaGwn]
uxgtf / prRrtf k]kt ug{koff/0f k]kt ug{efifnn] k]tf cfhg ug{kbs .

cleJolStut :j tGqtfsf] kof[/Of M lgaGw :j tGq cleJolStaf6

hlGdg]lj wf lj zjf xf]. o; lj wfsf ny'sn]; dfh, wd{ /fhglIt, ; :s ft /
; Eotfsf ; Dk0f{; f:s [ts lj ; ^a\lttnf0{l; w}t/ snfls 9^a\ufaf6 JoSt
ug]j ftfj /of tof/ geP; Dd lgaGwn]cf^gf{j f:tlj s :j ; k ; dfhdf k0f{
lsl; dsf] :j tGqtfsf] ck]ff ub5 / cleJolStsf lglDt :j tGq ePsF
; dfhdf dfq lgaGwn] jf:tlj s dfhstf kfkt ub5 . ol ; a} klfx{
lgaGwsf lglDt pkoSt / cfj Zos kof{ /of 7x5g\

IgaGwsf IzNkut r}gf

IgAgwsf]k|tltut IzNksf b[6n]cf7 k\$f/sf xG5g\ tl lgDfgf'; f/
/x\$f x5g\ -s_z4 nInt, -v_xf:0 Jo^aNo, -u_lgofqf -3_r^gk]fxffds
k|tlt, -^a_kqffds, -r_b]gsL, -5_ ; :d/0f, -h_hlj gl, logsf]k|tltut
lrGtgsf]k|f oxff klg pNnjo /x\$f 5g\

-s_ z'4 nInt lgaGw M lgaGwdf lghfTds / ; ffbobSt rfgf

j̄hoGtl #& IgaGw c̄s-#

r̄gfsf cfwf/df k̄t̄tsf]k̄bfū eP/ k̄th, j g, kfgl, pBfg, h̄lj g, sNkgf, lgbf̄ cflb g} lu§ ; Tosf]:yfkf ul/Psf lj ifosf]pb̄f6g ul/Psf lgaGwx, o; ; dxdf kb̄g\

-v_ xf:oj̄o^a^Nodhs IgaGw M xf:o / Jo^a^No zAbsf] d̄haf6 tof/ ePsf].xf:oj̄o^a^No^zAbn]; flxTodf xf:o ldl>t Jo^a^Nofsf]k̄ttls/of u5{eGg]hgfp5 . xf:oj̄o^a^Nofsf]̄ knf0{kj̄ df cf̄g}k̄sf/sf]j ul§/of ePsf]kf0G5 .

xf:oj̄o^a^No /rgfTds :j efj x̄ b̄j } lflthdf /fd} k̄sf/sf / /rgflds :j efj sf 5g\ hlj g / hutdf cfPsf ; Dk̄f]j s[t /lj ; ^Nltsf k̄lfx, sf sdhf]l vftNg]/ ; dfhsf buWoSt gfnl / vftf vfl] ; fx, nf0{ vftNg]/ ltgsf]k̄f]v Pj kl/:sf/ ug{cleJolSt lbg]sf d xf:oj̄o^a^Non] u/\$f]xG5 .

xf:oj̄o^a^Nofsf /rgfTds :j efj x̄
 -s_ Jofks /fli6o /cgt/fli6o hlj gsf, ; dfh / kl/j f/sf lj ; ^Nt tEj nf0{xf:oj̄o^a^Non]pbfa^Nf]̄ kdf /Vg ; Sg' kb̄g .
 -v_ efj / lj rf/ b̄j }kan xg] /rgfsf afXō kdf lzi6tf /xg] / cfGt/s̄ kdf 3f] cfqnd0fsf/lx, df k̄tt xg ; Sg' kb̄g .

-u_ Sg}kfq, ; dfh ; Da4 r̄t/q, ; fdlhs, wfls, cfly\$ tyf k̄zf; lgs lj ; ^Nltsf]pGdhg ug] :tlt, k̄zf, uf]j ufg cflb eP klg cfGt/s txdf tf̄ko{cy{cs{}/xg]vfnf xg' kb̄g .

-3_ k̄bfhgdhs cy\$] tx; Dd kUbf /rgfdf Zn]f, Jo~hgf / Wj lg; d̄sf]pkofū xg' xf:oj̄o^a^Nodhs /rgfsf]lj z]ff xf] .

xf:oj̄o^a^No lj ifodf k̄jl̄ dtdf e/t dlgn]xf:oj̄o^a^Nonf0{hDdf ^ efudf afB\$]f 5g\ ol 5cf]f k̄sf/dWlo]klxn]b̄f] f]pRr, t]f]/ rfyf] dWodf / kfrf}/ 5f]f0{cwd cyft\glr txdf /fvl cYofQPsf]kf0G5 . lognf0{lgDgfg'; f/ /x\$]f]s/f klg JofVof xg cfPsf]b]xG5 M

-s_ l:dt-xl; t, -v_ lj xl; t, -u_ pkxl; t, -3_ ckxl; t, -a_ kl/xl; t -r_ cltxl; t .

xf, f\$]f cfwf/df l:dt d:sfg, cfj fhoSt d:sfg, tf̄ko{St d:sfg, pkxf; , kl/xf; / c\$]xf; sf cfwf/df xf, f]f0{kj̄ df ^ efudf lj efhg ul/Psf]kf0G5 .

kfZrflo dtdf eg]xf:oj̄o^a^Nonf0{hDdf cf7 cf]f k̄bfdf lj efht u/] cWoog ug]rng 5 . h:t} -s_ lj s[t -Farce_, -v_ kl/xf; -Humour_, -u_ clt/~hgf -Charicature_, -3_ lj xf; -Parody_, -a_ pkxf; -Comic_, -r_ j qf]fSt -Irony_, -5_ j flj Dllo -wit_, -h_ Jo^a^No -Satire_. xf, f]/ tf̄ko{St sygsf cfwf/df xf:oj̄o^a^Nonf0{hDdf ltg

j̄hoGtl #& IgaGw c̄s-#

efudf dfq afB\$]f cWoog sfo\$]f nflu ; xh xg]b]xG5 . h:t}kl/xf; , ; ^d_ Jo^a^No / tlj Jo^a^No . kl/xf; n] ; fdfGo /df0nf\$]f]l:ylt l; hgf ub̄g eg]; ^d_ Jo^a^Non]rflxf g/d kf/fn]lj ; ^Nltdfly kxf/ ub̄g, cIg tlj Jo^a^Non]rflxf]l; ^Nltdfly l; w]kxf/ ub̄g . o; sf/0f o; k̄t'tls/0fsf] Pp6f tl/sf xf] xf:oj̄o^a^No . of]; flxTosf]vf; lj wf lj z]f xf]g, s]n cGt]j Wlds k̄ttsf]lj ifo xf].

r̄gk]fx k4lt

r̄gk]fxsf]k̄bfū dgf]flgs lfgdf a9L k̄lnt zAb r̄gk]fx k4lt klg ; hgf lf]df Pp6f cnu k4lt klg ag\$]f]5 . dfgj dgsf clgo]gqt t/^Nlntf0{oifj t\kdf k̄t'tls/of ug{o; ztfAb[lsf]Pp6f lzNk xf] r̄gk]fx k4lt . of]k4lt o/fk̄hl ; flxTodf k̄lnt Pp6f k̄t'tls/0fsf]dfMod xf]. >ldtl 8f]fyl, elhl]gof pNkm / b:tfPE; sl h:tf ; i6fn]o; lj lwnf0{clgo]gqt dgfb]zsf] ; xl k̄t'tls/of dfGb} k̄bfūdf NofPsf 5g\ . IgaGw ; Gbe{/ k̄f]f/ ; Gbe\$]f cefj df klg ; Argfsf] tx; Dd kUg ; xfotf ug]efj / lj rf/ k̄f]fxsf] clGj ltsf cfwf/df cfPsf ; Gbe{k̄r̄gfsf]k̄f]fxsf}cfwf/df clj TR5Ggtfsf]l:ylt k̄bfg ul/g]sfad6 IgaGwn]ult k̄lt u/\$f]xG5 .

SNkgfsf]cfwf/df lj ifosf]; efhg ug]sf ; Dej xG5 . o; /l ; eflht aGg cfPsf lj ifox, hlt; s]lj sl0f/ vli08t eP klg IgaGwnf0{ Ps j fSob]v csf]j fSo; Ddsf]ult lbb}/rgfsf]lj :tf/ ug] /lj ifosf c; fgble\$ k̄lnf0{ fgbel\$/0f ub]lgiisif{ Dd k̄ofpg] tEj g}r̄gfsf] k̄f]fx xf]. r̄gfsf] k̄f]fx SNkgfsf] ; j]usf cfwf/df k̄f]flxt r̄gfsf] ; Gblef aGb}IgaGw l; ^Nf] ; Argfsf]cfofd lgwf/0f aGg kUbf5 . o; sf/0f IgaGwsf]clGj lts/0fsf]tEj r̄gfsf]k̄f]fx xf]. of]k̄f]fxdf SNkgflds ; j]usf]l:ylt clqj fo{tEj sf , kdf klg lglxt ag\$]f]xG5 . SNkgflds ; j]usf]phf]f k̄f]flxt aGg]r̄gfsf]k̄f]fxsf cfwf/df lj z]f xlnt lj ifo klg z]f xlnt aGb}hfg]sf d r̄g k̄f]fxsf]; Gbe{klg lj :tf/t aGb}uP/ Ps ; ^Nsygsf , kdf lgldt aGg ku\$]f]xG5 . IgaGwsf lgldt r̄gfsf] k̄f]fx / SNkgfsf]cGt; Gbe{ag} /x\$]f]xG5 .

IgaGw / gf/L; he sf]ntf

IgaGw sf]n kbfj nl, sf]n ej; j]u, sf]n lrGtg / sf]n j]fl/s kl/0flt clqj fo{tEj sf , kdf lng]ul/G5 . ; flxTosf ; Gbe]f gf/L ; he sf]ntfsf]; Gbe]f k̄l̄ ; Gbe]f ; ft]f ztfAb[ldf dxfsf]lj af0fe\$]f] SfbDa/l dxfsf]josf]; Gbe]f o; lsl; dsf]; hgfr] pkofū ePsf]cj :yf JofVof ePsf]dfG5 . klZrdl ; flxTosf]0ltxf; df klg slj tfsf ; Gbe]f

jhoGtl #& lgaGw c^as-#

c7f/f_b ztfAbldf a_g hf_xG; g / PhfkfpG8 h:tf ; l6fn] cf^gf / rgsf] JofVof ul//xbf gf/l; he sf_dntfoSt slj tf / k?if; he s7f/tfoSt slj tfsf; Defj gf / xG5 eGg]s/f p7fPsf] o; df w]ax; ePsf]kf0G5 . slj tfsf ; Gbe_df cf/De ePsf]of]lj ifo la:tf/]uB ; flxTosf ; Gbe_df klg JofVofsf]lj ifo dfGg]k/Dk/fsf]klg cf/De ePsf]b]M5 .

b] sf_dfn] cf^g]lgaGwsf]lj ifodf l6KkOfI ug{qnddf eg\$]f 5g\ efn]ubsf/ c_z c_z cfpmfg\ d t kfyl ubsf/ xf eGg]o; sygdf s] s/f :ki6 xG5 eg]b] sf_df ; flxTosf]uB ; hgfsf ; Gbe_df lgaGwsf ; l6f xg\ pgsf]kfyl uB ; hgf eg\$]f]lgaGw dfq xf]eGg]s/f :ki6 xg cfPb . b] sf_dsf] lgaGw ; hgf / To; ; hgfdf /xg] g} sf_dntfoSt u0fs} cfwf/df lgaGwsf]dNof^asg xgk5[eGg]cledt b] sf_dsf]sygdf /x\$]f b]vG5 . o; cledtsf] ; Gbe_df lgaGw gf/l; he sf_dntfsf]cfwf/df ; hgf xG5 eGg] klg pxff k\$6df cfPsf] kf0G5 . o; nf0{ lgDgfg; f/ lqwf]yfsf]gf/l; he u0f lgaGwdf lglxt xg]s/f k\$6df cfPsf]kf0G5 .

gf/l; he sf_dntfsf lglDt gf/lsf k/lf0lo ltg cj :yf lgDgca; f/ /x\$]f 5g\ -!_ gf/l lzz' z k, -!_ gf/l kφ; l z k, -u_ gf/l dft[z k . lgaGwdf hl6n s7f] lj ifonf0[klg sNkgfut sf_dntfsf cfwf/df lgaGwn] cafw/ lg/lx Pj +z z j gf/lsf]dfof / :gksf]kfblef] u/fpg]l:ylt klg pklyt ePsf]xG5 . cj :yfsf]cg'shtf cg; f/ gf/lsf kφ; l ej sf]klg pk:yfkg ul/Psf]b]M5 . To:t}cj :yf cg; f/ gf/ldf dxlo; l dft[ef]sf] klg pk:yfkg ePsf]xG5 . o; /l gf/lsf lqwf cj :yf lgaGwsf]/rgf lj wgsf]efj ; jy klg k|t7fkg ePsf]b]M5 .

gf/lsf lqwf zksf]pk:yfkg u/] JofVof ul/g' jf~5glo /xG5 . lgaGwdf gf/l; he sf_dntfsf log}txdf zzzj l z k, kφ; l z k / dft[zksf] ; Defj gf lgaGwsf]k|tlt /x\$]f xG5 . gf/lsf log} z kdf /xg] sf_dntfsf ; Gbe_df /rgfsf]lg z k0f ug{; Sg]cj :yf /xG5 t/ gf/lsf z kdf /xg]putfsf cfwf/ sfnl cyjf /0fr08lsfsf]z k klg kfblef]sf] ; Defj gf klg k\$6 xg cfpg]s/f klg k|t t xg cfPsf xG5g\ k\$]tsf pu| z k, dxfdf/l / em-emsf cg\$ k\$]f z oxff gf/lsf /0fr08ltj sf ; Gbe_df klg gf/l}; he u0fsf ; Gbe_df klg oxff laDasf k\$]t ag] pk:yfkg ePsf xG5g\ . kφGw / j:tk/s uBdf lgaGwsf]gf/l; he sf_dn t[j sf]dfqf sd xg]xgfn]Toxff lgaGw]j sf]u0f cefj aGb]uPsf] xG5 .

Igisif{

lgaGw ; flxTosf]; Eotf / P]txfl; s ; Gbe_df lgs}kl5Nnf]; dodf cfP/ ljsl; t ag\$]f]lj wf xf]. 1fg / lj 1fgsf goff goff lflth pb3f6g

jhoGtl #& lgaGw c^as-#

xb}hfgfn] / ltgsf] ; /lf0sf lglDt ul/g]clen\gsf ; Gbe_df n\vg] /rgf lj zif lgaGw xf] / lj ifosf]lj :tf/; lgaGwsf]n\vg k/Dk/f cflj ef] aGb]uPsf]s/f oxff l; 4 ePsf]5 . lgaGw n\gsf]cf/De / lj sf; clg lgaGwsf]kl/rosf]k|tlt tyf lgaGwsf k\$]f, lgaGw tyf kφGwsf k\$]f/ / ltgsf k:k/fk]fl lj ifosf]pkof] / ltgsf]pk:yfkg nufotsf k|fxz klg pkl:yt ePsf 5g\ lgaGw] / ; hgffds lj wfsf leGgtfxz klg oxff pk:yfkg ePsf 5g\ lgaGwsf k\$]f, lgaGwsf lglDt cfj Zos kof] /0f / ltgsf kf]kt klg oxff lj ifosf ; Gbe{ag} pkl:yt ePsf 5g\ lgaGwsf k|tltut ; Gbe{/ sNkgf tyf xf:ojao^osf k\$]f/ clg To; sf t[E]ut k|tlt klg pkoSt /x\$]f l:yltxz oxff pNn\y ePsf 5g\ r]g k]fxsf] ; Gbe{/ ; Argffds clg]t ls/0fsf]k|tlt ; d] oxff pk:yfkg ePsf 5g\ lgaGwsf sf_dntfsf] clejo~hgf klg ck]lft /xg] ; Gbe{ gf/l; he sf_dntfsf lglDQ cfj Zos kg{tYosf]klg k|t'tls/0f ePsf]5 .

lgaGwsf]kf]bef] ePsf]sf/0f / lgaGwsf]pb&f gfsf k|fxz klg oxff ; a\$]f ul/Psf 5g\ lgaGwsf] ; flgts ; Gbe{sf] ; kgf ; Dk]of ul//xbf lgaGwn]cGo dh lj wfeGbf leGg /x] cf^g]klxrfg sfod ug{ ; km ag\$]f]lj wf lj zif sf]cj :yf kblz] aGb]uPsf]5 . lj ifoj :t' / efj sf] lgaGwlst] lj lwsf k|fxz sf]klg oxff ; Nfk]t lgb] ub]o; ; flgts ; k]gfnf0{cGt ug{sfd ul/Psf]5 .

; Gbe{ ; fdul

clwsf/l, /fdnfn -@)#!_ gkfnl lgaGw ofqf, bfhlh]n^a M gkfnl ; flxTo ; ~rllosf . lqkf7l, jf; b] -@)*_ lj r/0f, ebk] M efg k\$]fzg . b] sf]f, nldlk]fb -@)#!_ dkf/fh]b] ; j]l b]f8dsf]z vlg/ , nlntk/M ferf k\$]fzg . a/fn, 0zj / -@)#!_ zokql, nlntk/ M ; ferf k\$]fzg -af6 kyd k\$]fzg . zdf{ufkls]0f -@)% b]f] ; :s= gkfnl lgaGw kl/ro, sf7df8f]M /tgk:ts e08f/ . zdf{ tf/fgy -@)*_ gkfnl ; flxTosf]0ltxf] ; sf7df8f]M ; xof]l k\$]fzg . -@)#!_ krrl; j]fssf lgaGw, sf7df8f]M gkfn /fhslo k|fkl|ti7fg . >j]l, bof/fd / dffg/fh zdff(-)#\$, gkfnl ; flxTosf] ; Nfk]t 0ltxf] ; M g]/f-k]k] . ; j]l, /fh]b] -@)#!_ s]k] ; dlifof M s]k] l]z n]of, nlntk/ M ; ferf k\$]fzg . -@)%)*, ; l6f ; l6 M b]f6 b]l6, nlntk/ M ; ferf k\$]fzg .

sf6zj /, sf7df8f] .



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ca xfd] j]a ; f08df jhoGtl / bflotj sf ; a} c^as 8fpgnfB ug{ ; SgxG5 x] .

j̥hōgtl #& lgaGw c^as-#

j̥hōgtl tyf zAbfy{k\$ fzgsf k:ts kf0gjk; nxj

!= tkyl k:ts k; n- 0nfd
 @= 0nfd k:ts k; n- 0nfd
 #= lhfan Phlszgn 06kphjh- latfdfl, erikf
 \$= gkfn als xfp; - latfdfl, erikf
 %= kylt k:ts e08f/- latfdfl, erikf
 ^= glzgn als P08 :6zg/l- r̥bzphl, erikf
 &= kylt k:ts k; n- bds, erikf
 *= >j als P08 goh ; j6/- bds, erikf
 (= ksfz als P08 :6zg/l- bds, erikf
 != kltf k:ts k; n, wgskf
 !!= áf/sf k:ts- w/fq, ; g; /l
 !@= /dž als l8kfj- w/fq, ; g; /l
 !#= tfrnh^a als ; j6/- 06x/l, ; g; /l
 !\$= clbasf als ; j6/- 06x/l, ; g; /l
 != jfnfhL k:ts e08f/- lj /f6gu, dfy^a
 != zofd k:ts e08f/- lj /f6gu, dfy^a
 != dgfh k:ts e08f/- lj /f6gu, dfy^a
 != kláns aS; P08 :6zg/l- lj /f6gu, dfy^a
 != dgfnL k:ts e08f/- lj /f6gu, dfy^a
 @= es/f0(k:ts k; n- lj /f6gu, dfy^a
 @!= lj gfos k:ts k; n- lj /f6gu, dfy^a
 @@= Go:j l:ts k:ts - lj /f6rfls, dfy^a
 @#= ; -ho k:ts e08f/- /fhlj /fh, ; kt/l
 @\$:= Gofkfg als l8l:6A0b; {-s6f/l, pbok/
 @%= dgfn k:ts e08f/- uf03f6, pbok/
 @^= Gofkfg k:ts k; n- uf03f6, pbok/
 @&= : ltf gfg n- nfxfg, l; /fxf
 @*= r̥flw/l als l8l:6A0b; { nfxfg, l; /fxf
 @= Pstf als ; j6/- nfxfg, l; /fxf
 #= zfx k:ts k; n- ldrpf, l; /fxf
 #!= dnb^y k:ts ej g- hgsk/, wglff
 #@= jbjk k:ts ej g- hgsk/, wglff
 ##= >l/fd k:ts k; n- nfnaqbl, ; nfkl
 #\$:= : bbfj tl k:ts k; n- r/l/sf^b
 %#= sfeljeuj tl k:ts k; n- l; gwhl
 #^= Go:k/hgf :6zg/l- l; gwhl
 #&= h- Pg- k:ts k; n- dgynt, /fdflk
 #*= ldlnhhL k:ts tyf :6zg/l- dgynt, /fdflk
 #= yfkf als P08 : knfo; { rft/f, l; gwknrfjs
 \$= 1fg u^auf k:ts k; n- agkf, sfel
 \$!= lj Bfdflb/- ufy, /fjtx6
 \$@= l; 4fy(:6zg/l- j/l/u-h, k; f
 \$#= leu'; drfr/k:ts sþþþ j/l/u-h, k; f
 \$\$= hg/n als P08 :6zg; { j/l/u-h, k; f

j̥hōgtl #& lgaGw c^as-#

\$!= u0fz k:ts e08f/- j/l/u-h, k; f
 \$!= Go^akhf k:ts k; n- j/l/u-h, k; f
 \$&= lj Bfyl(k:ts e08f/- j/l/u-h, k; f
 \$*= lj Bfyl(k:ts e08f/- xþþþf, dsj fgk/
 \$!= Go^a; drfr/sþþþ xþþþf, dsj fgk/
 %!= >l ; hgf sþþþ xþþþf, dsj fgk/
 %!= clk^a xfh; h tyf als :6f/- 6fbl, lrtjg
 %@= Go^aglzgn als P08 :6zg/l- 6fbl, lrtjg
 %#= kfþþh k:ts dxn- 6fbl, lrtjg
 %\$= klkf-hnl k:ts k; n- k; f lrtjg
 %!= df:sj k:ts e08f/- gf/fofu9, lrtjg
 %!= klkf-hnl k:ts k; n- gf/fofu9, lrtjg
 %&= clk^a xfh; h- gf/fofu9, lrtjg
 %*= Sfdg k:ts k; n- gf/fofu9, lrtjg
 %!= gf/fofu k:ts ; bg- gf/fofu9, lrtjg
 ^!= xfdfl k:ts k; n- gf/fofu9, lrtjg
 != lzj k:ts k; n- gf/fofu9, lrtjg
 ^@= Go^alrajj g :6zg/l- e/tk/, lrtjg
 ^#= lj Bfyl(k:ts e08f/- e/tk/, lrtjg
 ^\$= 9sfn als; P08 :6zg/l- e/tk/, lrtjg
 ^%!= Jof; :6zg/l- bdfl, tgxf
 ^!= lj Bfyl(k:ts e08f/- bdfl, tgxf
 ^&= lkj^af k:ts k; n- wf1b^a
 ^*= ; /j tl k:ts e08f/- wf1b^a
 ^!= gd:t k:ts k; n- a\$/f, gj fsf^b
 &= klkf-hnl k:ts k; n- u/f/vf
 &! = em/gf k:ts k; n- a/j l; x/
 &@= hoblf; 6zg/l- s^adf, kj ft
 &#= ; /j tl als; P08 :6zg; { s^adf, kj ft
 &\$= ; u/g :6zg/l- 6f; { doflbl-
 &%= Cfng als P08 :6zg; { kf/v/f, sf:sl
 &^= kf/v/f; flxlo ; bg- kf/v/f, sf:sl
 &&= S-rg k:ts k; n- kf/v/f, sf:sl
 &*= ; /j tl k:ts k; n- kf/v/f, sf:sl
 &= dgsfdg als P08 :6zg; { kf/v/f, sf:sl
 *!= nldl k:ts ; bg- kf/v/f, sf:sl
 *!= lj Bfyl(k:ts k; n- kf/v/f, sf:sl
 *@= lj Bfdflb/- kf/v/f, sf:sl
 *#= als df6f kf/v/f, sf:sl
 *\$= jj6g(kf7zlnf- kf/v/f, sf:sl
 *%!= kqklqsf :6zg/l- nfnr^a - afun^b
 *^= dnkt als ; j6/- afun^b
 *&= ; u/dfyf :6zg/l - afun^b
 **= >j goh Ph^b; l k:ts e08f/- tfq; g, kfNkf
 *!= xfdfl k:ts k; n- tfq; g, kfNkf
 ()= l; hgf :6zg/l ; j6/- :of^ahf
 (!= gd:t k:ts e08f/- uflku-h, gj nk/f; l
 (@= nlDagl :68j6 sgf/- e/yxj f, ?kþþk

j̄hōgtl #& lgaGw c^as-#

(#= :j l aS; P08 hg/n :6f/- e/xj f, ?kGbkl
 (\$= ;/n :6zg/l s̄b̄t e/xj f, ?kGbkl
 (%= xfdl k:ts k; n- e/xj f, ?kGbkl
 (^= cfzlf k:ts e08f/- abj n, ?kGbkl
 (&= l; 6l aS P08 goh ; b̄/- abj n, ?kGbkl
 (*= ktLff :6zg/l :b̄/- abj n, ?kGbkl
 ((= kēft aS P08 :6zg; - abj n, ?kGbkl
 (!)= ibJohf k:ts k; n- abj n, ?kGbkl
 (!)= a4 Phsjzgn 06/kfjh- abj n, ?kGbkl
 (!)= Go'bp/fnl 06/kfjh- abj n, ?kGbkl
 (!)= Ij zfn k:ts ; bg- abj n, ?kGbkl
 (!)= Go'; /j tl k:ts k; n- abj n, ?kGbkl
 (!)= al8dlñnsf :6zg/l- abj n, ?kGbkl
 (!)^= ; lgn :6zg/l- th; lk', bf^a
 (!)&= ufl k:ts e08f/- th; lk', bf^a
 (!)*= hgtf aS :6n- 3f/fxl, bf^a
 (!)= /fj n k:ts k; n- ndxl, bf^a, bpv'l
 (!)= dfp6 Pe/6 aS- gkfnu-h, aS]
 (!!= phHj n :6zg/l :6f; - gkfnu-h, aS]
 (!@= df5fkR5k aS P08 :6zg/l- gkfnu-h, aS]
 (!#= ;u/dfyf aS; - gkfnu-h, aS]
 (!!\$= d-h'l 06/kfjh- sfjknk', aS]
 (!!%= ;l6 k:ts k; n- ; Vlt
 (!!^= Clnkf :6zg/l :6f; - ; Vlt
 (!!&= Go'kēft k:ts k; n- ; Vlt
 (!!*= kj t k:ts k; n- ; Vlt
 (!!= Hj fnf :6zg/l- ; Vlt
 (@= xfdl k:ts k; n- ; Vlt
 (@!= l; :gj k:ts k; n- ; Vlt
 (@= rjw/l aS l8kf- wgu9l, shfnl
 (@= rj f0(k:ts k; n- wgu9l, shfnl
 (@= rfhfgl k:ts e08f/- wgu9l, shfnl
 (@= ;ud aS P08 :6zg; - wgu9l, shfnl
 (@= Odh aS P08 :6zg; - wgu9l, shfnl
 (@= lj lkg aS P08 :6zg; - wgu9l, shfnl
 (@= gjL 6b ; knfo; - wgu9l, shfnl
 (@= hfzL k:ts e08f/- afuahf, 88hw/f
 (#= ;dhl- afuahf, 88hw/f
 (!#= af: s̄bf k:ts k; n- c0l/of, shfnl
 (#@= HoJft aS; P08 :6zg/- 6lsfk', shfnl
 (!##= ktl aS; P08 :6zg/- 6lsfk', shfnl
 (!#=\$= Go'cofh k:ts k; n- el/ufpf j lbpf
 (!#%= ; /j tl k:ts k; n- dxpbgu, s-rgk'
 (!#^= blsf k:ts e08f/- dxpbgu, s-rgk'
 (!#&= dxfsfnl ; drfr/ s̄b̄t dxpbgu, s-rgk'
 (!#*= Go'dfx k:ts e08f/- dxpbgu, s-rgk'
 (!#(= lj lkg k:ts k; n- dxpbgu, s-rgk'
 (!\$= vlt8 k:ts k; n- dxpbgu, s-rgk'
 -pklosf_

j̄hōgtl #& lgaGw c^as-#

!\$#= ldq k:t s P08 :6zg/l- eQnk'
 !\$@= lJ Bfyl[; fdll s̄b̄t eOnk'
 !\$#= kf6g aS ; k- kf6g9fjsf, nlntk/
 !\$#= clwsf/l k:ts k; n- kf6g9fjsf, nlntk/
 !\$#= ltJ fhfj k:ts k; n- ; ftbfj f6fj, nlntk/
 !\$#= klj q aS; P08 :6zg/l- nuvgvh, nlntk/
 !\$#= ofg aS; P08 :6zg/l- dfgej g, nlntk/
 !\$#= Pstf aS l8l:6Aob; - yfkfynl, sf7df8f
 !\$#= /tg aS l8l:6Aob; - afuahf, sf7df8f
 !\$#= lxdfnog aS ; b̄/- afuahf, sf7df8f
 !\$#= kf7b ; fdflk; n- 36f3/, sf7df8f
 !\$#= /tg k:ts e08f/- efbflix6l, sf7df8f
 !\$#= pd-s̄f aS klan ; - efbflix6l, sf7df8f
 !\$#= glzgn aS ; b̄/- efbflix6l, sf7df8f
 !\$#= ho aS l8kf- efbflix6l, sf7df8f
 !\$#= cg'aS ; knfo ; - efbflix6l, sf7df8f
 !\$#= l8; l8j f06- efbflix6l, sf7df8f
 !\$#= ljj l w k:ts e08f/- caJtdfu(sf7df8f
 !\$#= k:ts ; b̄/- caJtdfu(sf7df8f
 !\$#= lfgHofit k:ts k; n- caJtdfu(sf7df8f
 !\$#= CS; knB06/gzgn - kfzglfdu(sf7df8f
 !\$#= s-rg aS P08 :6zg/l - kfzglfdu(sf7df8f
 !\$#= CS; knB :6f/- njrfy/ sf7df8f
 !\$#= glan aS P08 :6zg/l - njrfy/ sf7df8f
 !\$#= kJl ksfzg- /fdzfxky, sf7df8f
 !\$#= dJh aS ; /fdzfxky, sf7df8f
 !\$#= kJl aS xfp; - /fdzfxky, sf7df8f
 !\$#= blks k:ts e08f/- ktnl; 8s, sf7df8f
 !\$#= cfhj k:ts e08f/- golafgj/ , sf7df8f
 !\$#= sf7df8f aS; zavdh, sf7df8f
 !\$#= as j N8f- golafgj/ , sf7df8f
 !\$#= clezjf aS P08 :6zg/l- dWoafgj/ , sf7df8f
 !\$#= kzkl aS P08 :6zg/l - kf/gf afogj/ , sf7df8f
 !\$#= nDagl k:ts k; n- ufzfnf, sf7df8f
 !\$#= Cfchf aS; P08 :6zg; - lj zfnf, sf7df8f
 !\$#= efef aS; P08 :6zg; - rfalxn, sf7df8f
 !\$#= l; Gw'aS; P08 :6zg; - rfalxn, sf7df8f
 !\$#= P; =Pg; ; lsB Åof8 k:ts - ldqks{ sf7df8f
 !\$#= obbj tl aS; P08 :6zg; - ufj13f6, sf7df8f
 !\$#= kf1/hft :6zg/l- af4, 6' fn, sf7df8f
 !\$#= af4 aS P08 :6zg; - af4, sf7df8f
 !\$#= lj Bf aS P08 :6zg; - af4, sf7df8f
 !\$#= kljns aS l8kf- ufu'a; sf7df8f
 !\$#= a14 aS P08 :6zg/l- a; fw/f, sf7df8f
 !\$#= 6a'slj/ 06/kfjh- sfnlldf6l, sf7df8f

zAbfy{ k|sfzgsf k:tsx? cgnf0g lsGg' k/ 0
<http://muncha.com/>

k7goQm xfdf sxl k! tsx?

ä zAbsfz ä

!- = ZAlbfy{ gkf_{nl} zlb; fu/ -; l_{8l}= lxt b0{/ ^ad_f -j ; Gt_{sdf}/ zldf{ gkf_{nl} !%^)-
 @= ; ^a_{ll}Rt gkf_{nl} zlb; fu/ -; l_{8l}= lxt_ -j ; Gt_{sdf}/ zldf{ gkf_{nl} !!)-
 #= ; ^a_{ll}Rt gkf_{nl} zlb; fu/ -:68/6_ -j ; Gt_{sdf}/ zldf{ gkf_{nl} *%)-
 \$= ; fgf_g gkf_{nl} zlb; fu/ -j ; Gt_{sdf}/ zldf{ gkf_{nl} \$))--
 %= ZAlbfy{ ; ^a_{lk} -gkf_{nl} gkf_{nl} -lj go_{sdf}/ zdf{ gkf_{nl} @@%-
 ^= gkf_{nl} c^au_{lh} gkf_{nl} zlb; fu/ -; l_{8l}= lxt_ -lj go_{sdf}/ zdf{ gkf_{nl} !))-
 &= gkf_{nl} c^au_{lh} gkf_{nl} zlb; fu/ -:68/6_ -lj go_{sdf}/ zdf{ gkf_{nl} *)-
 *= gkf_{nl} c^au_{lh} zlb; fu/ -lj go_{sdf}/ zdf{ gkf_{nl} #&%-
 (= ZAlbfy{ ; ^a_{lk} -gkf_{nl} c^au_{lh} -lj go_{sdf}/ zdf{ gkf_{nl} !*)-
 !)= c^au_{lh} gkf_{nl} zlb; fu/ -lj go_{sdf}/ zdf{ gkf_{nl} #@%-
 !!= ZAlbfy{ ; ^a_{lk} -c^au_{lh} gkf_{nl} -lj go_{sdf}/ zdf{ gkf_{nl} !*)-
 !@= c^au_{lh} c^au_{lh} gkf_{nl} zlb; fu/ -; l_{8l}= lxt_ -lj go_{sdf}/ zdf{ gkf_{nl} !))-
 !#= c^au_{lh} c^au_{lh} gkf_{nl} zlb; fu/ -:68/6_ -; l_{8l}= lxt_ -lj go_{sdf}/ zdf{ gkf_{nl} !))-
 !\$= c^au_{lh} c^au_{lh} gkf_{nl} zlb; fu/ -:sh_ -lj go_{sdf}/ zdf{ gkf_{nl} &%)--
 %!= c^au_{lh} c^au_{lh} gkf_{nl} zlb; fu/ -0n/6/L -lj go_{sdf}/ zdf{ gkf_{nl} %))--
 !^= sfg_{gl} tyf kzf; slo zlb; fu/ -lj go_{sdf}/ zdf{ gkf_{nl} / \$^)--
 !&= ZAlbfy{ ; ^a_{lk} -sfg_{gl} tyf kzf; slo_ -\$^) -sfg_{gl} kzf -lj ZjZblk clwsf/l \$^)--
 !*= gkf_{nl} c^au_{lh} gjt/l zlb; fu/ -lj go_{sdf}/ zdf{ gkf_{nl} / &))--
 !(= gkf_{nl} c^au_{lh} ; #slt zlb; fu/ -z_{ll}bhf_n l; x -lj go_{sdf}/ zdf{ gkf_{nl} / &))--

ä effif ä

!= Perfect English -/*k8\$*; - *-uf\$hkʃ fb zdf{* @*) :-
@= Learn Nepali yourself, know Nepal yourself-*k\$fszd10f bxfr* #%) :-
#= Professional English Grammar-for students/Teachers/Professional-*jfdb]* *kfbh* #%) :-

ä Igagw-kagw-Igofqf ä

!= a[k]dro{ofg}; odsflj] flgs pkfo	-tly/fh kf8jh	!%)-
@= hljsf/] cfvl\%fn	-gf/fo0kf; fb 9^ufgf	*%-
#= dwfl Csfhgsf @! lbg	-dw; bg kf08]	!))-
\$= jflgofsf] g/d08 lzsf/l	-dw; bg kf08]	*)-
%= kly/ kuNb}	-ufkfn; -hjh	!%-
^= dfrfkRrl	-ljgosdf/ zdf{gkfn	!%)-
&= wdlzvfsf] nodf ; Nnfsf]; ; jl	-/d] ljsn	@%-
*= Infinity	-ejz vqfn	!&%-
(= ; dfosf]; ldflsq / afly/ efgkQm	-kf-/fhjl; jbl	!^)-
)= C	-ladjh	@%-

ä cWofTd / bzg ã

ä pkGof

!= dlQmP -gkjfb_ -cgjfb_ -j; gtsdf/ zldf{.gkjfnU !%%:-
@= lg/k/fwsf]x]o] -cgjfb_ -j; gtsdf/ zldf{.gkjfnU !)):-
#= ablnbf] l/l/t h -ultf s]/l ():-
\$= /ldnfgqgl -ejgx/ l; ubjh !\$):-
% = ; yf, b]/l -ejgx/ l; ubjh !`):-
^= gkjfn[s]k]lxnf]sf]kj{ -P; kl cf; f (%:-
&= a'4 -P; kl cf; f @!%:-
*= dlQmP4sf]alpm -g/]b/ k/fz/ *%:-
(= t[tf] To -wd]fh k/bfn *%:-
!)= k/m/u p8\$]f]of]g -8f= Clif[s]j/fh /]dl &):-
!!= lj :dft -ut]fn ; -hjh @)):-
!@= /x:o -; ltf e\$]f0{ !@%:-
!#= rgf]l -ks]zd]lf bfxfn @@%:-
!\$= obq dfqj -Ob'b kbt !!):-
!% = S/Nkgf ; +f/ -dlQmPfy zdf{ !%):-
!^= lj ; ^ut h]ljg -?s sfs]{ !\$):-
!&= cqllgsf -8f= ljz]blk clwsf/l @@%:-
!* = ; z]lr -zflt zdf{ !%):-
!(= lrqnyf -cgjfb_ -ljgosdf/ zdf{gkjfn !%:-
@)= b]pd0f]sf]lsgf/df -kblk gkjfn ():-
@!= 5 n3pklof; -ultf s]/l, ufkfn ; -hjh, koo/lzd vt]j 8f, !@%:-
kblk gkjfn, /fh]j/ b]s]f, ljgosdf/ zdf{gkjfn !\$):-

ä slj tf tyf sflo ã

!= **tltfdl7f s^af-** j; Gtsdf/ zldf{gkfnl] crōt/d0f clwsf/l,
ejgx/l/ l; Ubjh, r̄gbkj/ fb gōkfg] klsfzdl0f bxfn, bjL gkfn,
7fs/ zdf{/dak/ fb kōt, pdf ld>, nldlsdf/ s0/fnf, ufls/0f zdf{
@= **glitsf s^af-** j; Gtsdf/ zldf{gkfnl] lzjufkfn l/; fn, lj i0f kōpt,
vulbj/vfl; f3/] P; kl .cf; flj czfbsdf/ nffd5fg] dfwj l3ld/]
afns/0f eS/10{ uof/fh sf^n] uifj ubkj/ fb l3ld/] d5ubkj/ fb zdfr.
#= **glitjrf-** j; Gtsdf/ zldf{gkfnl] 7fs/ zdf{nlldsl/ s0/fnf,
ufls/0f zdf{ vulbj/vfl; f3/] ag"nffd5fg] 8f= cfij/l/ l; * a:gj,
g/jbj/ k/fz/; ; Gblk; fu/ gkfn, 8f= 6lsf/fd -ljZj/l_ clwsf/l,
lj gosdf/ zdf{gkfn .
\$= **nflssbly kf/nflss; ld** -slj tf; ^uk_ -lj gosdf/ zdf{gkfn
%j; **ftfgb** -rjk5sflo_ -7fs/ zdf{
^j; **slj tf;** ^uk_ -/fhj/ bjsfjf
&= **lrftg; usfj ofqf** -slj tf; ^uk_ -; ltf eS/10{
*zlbgb -slj tf; ^uk_ -7fs/ zdf{
(= **cleajg** -sflo_ -7fs/ zdf{
!)= **k1fr1f** -dxfsflo_ -g/jbj/ k/fz/
!!= **?jfooft** -pd/v^bdfs] sflo_ -cgjfb_ -j; Gtsdf/ zldf{gkfnl]
!@= **ls/rthfjlo** -ef/ljsf] dxfsflo_ -cgjfb_ -j; Gtsdf/ zldf{gkfnl]
!#= **j; ft** -sflo_ -/fhj/ bjsfjf
!\$j; **aw/f** -dxfsflo_ -vu/bj/vfl; f3/]
!%Ps c-hhl dg -uhn; ^uk_ -sdnf l/; fn .HofjtU
!^l; **hgfb** -sflo_ -ag"nffd5fg]
!&= **cg:djt** -sflo_ -ag"nffd5fg]
!&= **d tbf** -sflo_ -ag"nffd5fg]
!*= **djl ; lugl** -sflo_ -ag"nffd5fg]
!(= **cfuk** -sflo_ -ag"nffd5fg]

ä c^añhl efiffsf afn-; flxto ã

!= Regret (story)
@= Angel (story)
#= Bright Qmars (song)
\$: 15 Qmories (story)
%= Alan, The little Kangaroo (story)
^= Country's Pride (story)
&= Grand Mother (story)
*= Fables in English—
(= Everything Has an Origin (Mahavarata Series)—Prakashmani Dahal
!= Growth Follows the Origin (Mahavarata Series)—Prakashmani Dahal
!!= Greed, Envy and Ignorance..(Mahavarata Series)—Prakashmani Dahal
!@= Life After the Beginning ..(Mahavarata Series)—Prakashmani Dahal
!#= An Ego When Relapsed..(Mahavarata Series)—Prakashmani Dahal
!\$= Once When Derailed (Mahavarata Series)—Prakashmani Dahal
!%= The Ultimate Truth (Mahavarata Series)—Prakashmani Dahal

ä gkfnl afn-; flxto ã

!= d/jf]kof/f]v] -afnpklof; - -jZj/fh kf08]
@= bzbf]blf0ff -afnpklof; - -u^uf kbjh
#= sfun]lsf sff sff e65 -afnsyf - -u^uf kbjh
\$= uhfasf]kth -afnsyf - -u^uf kbjh
%- lelnldln t/f -afnult - -; /g pkjt
^= k5tj] -afnsyf - -; /g pkjt
&= cfsf; Jk/l -afnsyf - -; /g pkjt
*= afnult -afnult - -h4axbf/ s] l
(= tlgtf/f -afnsyf - -j; Gtsdf/ zldf{gkfnl]
!= pbf/tfsf]k/fsf17f -afnsyf - -j; Gtsdf/ zldf{gkfnl]
!!= /df0nf]zlgj/l/ -afnsyf - -efef zdf{
!@= tlg dV{; fylxj -afnsyf - -cefef zdf{
!#= fgsf]axfb/l -afnsyf - -lj gosdf/ zdf{gkfn
!\$= ls; fg / eujfgl -afnsyf - -lj gosdf/ zdf{gkfn
!% 3/ -glitsyf - -pldfif nffd5fg]
!^= cfdf / 5fjf -afnsyf - -pldfif nffd5fg]
!&= 5555]lg? -afnsyf - -lx/0osdf/l kf7s
!*= bz dxfdV{ -afnsyf - -lx/0osdf/l kf7s
! (= /fdsyf -kfjfl0fssyf - -ljZj/fh kf08]
@)= l; x / nfdvbb] -afnsyf - -dw; bgkj/ fb l3ld/]
@!= ktnlsf]axj -afnsyf - -8f; ljZjblk clwsf/l
@@= l; p/f] -afnsyf - -8f; ljZjblk clwsf/l
@= wtl{ usf]s/f -afnslj tf - -; kf/ lgf eS/10{
@= kthsf ; fyl xfdl -afnsyf - -ltf eS/10{
@= b0{v\$]la/fnf] -afnsyf - -nlntf .bfjflU
@= b0{6ps]; kf -afnsyf - -ufjgb l3ld/] .jbjd10f/]
@*= dV{l; x -afnsyf - -/Zj l3ld/]
@= s]l dxfkjif -kfjfl0fssyf - -/hsl k/fhhl
#)= goff; fyl -afnsyf - -lfdf dfgbw/
#!= ; fb/ / ; ylsf]ljf -afnsyf - -kf/ dlf0f bfxn
#@= hflvdk0f{kxf8l ofqf -cgjfb afn-ofqf; :d/0f -cflzif kf08]

ä :sh-af]8]:t/lo ã

!= All in One (Laminated) -efef zdf{
@= All in One (Hard Cover) -efef zdf{
#= All in One (Full Laminated, Hard Cover) -efef zdf{
\$: My Word Book-Eng-Nep -ufshkj/ fb zdf{
%= Best word Book-Eng-Nep -ufshkj/ fb zdf{
^= English Practice Book -8f=dxdb/ /xclfg-df/dfltf/ cfnd
&= English Practice Book -afnsjof 9sfn
*= SLC English Practice Book -afnsjof 9sfn
(= SLC math. P. Book -(Eng+Nep) -afnsjof 9sfn
!)= New English Grammar-Nep-Eng (Junior) -ufshkj/ fb zdf{
!!= New English Grammar-Nep-Eng (Higher) -ufshkj/ fb zdf{

j̄hoGtl #& lgaGw c^as-#

!@ Recent English Grammar- Eng. (Junior)	-ufshkʃ fb zdf{	!@%:-
!#= Recent English Grammar- Eng. (Higher)	-ufshkʃ fb zdf{	@@%:-
!\$= ; lrq j0fñnf	-6l Pg= uʃ ^a	%):-
!= ; Dkñf/j0fñnf	-cfef zdf{	#%:-
!^= cfwgs gñfnl lgañw	-j; ñtsdf/ zldf{ gñfnl	^):-
!&= ; lhñf/gñfnl lgañw	-ufshkʃ fb zdf{	&%:-
!*= /l; nf/gñfnl lgañw	-ufshkʃ fb zdf{	!!):-

ä Sofðk; :t/lo ä

!= !! sf]cyżf:q	-ufʃof{dñn	!&%:-
=@ !@ sf]cyżf:q -xl/bf; ; fksfþf-cfþsf/ kfþh	-!'):-	
#=Elements of Economics (XII) -tf/f e' fn=ozfj/f kf/ fo/f/hg kf/h'	#)::-	
\$= Jofj ; flos cyżf:q (B.B.S, BBA.) -ufʃof{dñn	o)::-	
%=Business Economics (B.B.S, B.Com.) -ufʃof{dñn	})::-	

^=Business Qmatistics (B.B.S, B.Com, B.B.A, BIM)	-dgfjh clwsf/l-dxfkʃ fb >j7-kfjh/fh vgfn, z/brib/ sf^n]	%%):-
&=Fundamentals of Business Qmatistics (B.B.A., B.C.I.S, B.C.A, B.I)	-8f=kʃiffðd l; x-dxfkʃ fb >j7-blks/fh kfþh	#@%:-
*=Differential Calculas (BA. B.Sc., B.Ed.)	-8f=dfxldb xdb/ /xdfg	o)::-
(=Integral Calculas (BA. B.Sc., B.Ed.)	-8f=dfxldb xdb/ /xdfg	o)::-
!= kf/lles uloft lzlfot -cfop8f !!_	-8f=dfxldb xdb/ /xdfg	!&%:-
!!= uloft lzlfot -alP8f	-8f=dfxldb xdb/ /xdfg	!&%:-
!= dxfslj b]sfþf s]l cfod -alP=	-k0fkʃ fb clwsf/l	!&%:-
!= gñfnl gf6sssf]clbog -alP=	-k0fkʃ fb clwsf/l	():-
!= ; fwf/0f gñfnl -alP8f	-8f= 3gZofd gofkfjwgklt s]/fnf-dlQngfy 9sfn	@%:-

!= gñfnl nfþ ; flxIo kj]0 / c]j]0f -PdP gñfnl_ - slkn c1ft	-8f=dfxldb xdb/ /xdfg	o)::-
!= clgjfo{gñfnl -alP_ -8f= 3gZofd gofkfjwgklt s]/fnf-dlQngfy 9sfn_	-8f=dfxldb xdb/ /xdfg	@%:-
!= ; #Sf_ flxIoPf] ?k/jf -alP=PdP_ -kf= ufklsf]0f zdf{	-kf= ufklsf]0f zdf{	@%:-
!* effif-lj 1fg -alP=PdP_ -8f= 3gZofd gofkfjwgklt s]/fnf-dlQngfy 9sfn_	-8f=dfxldb xdb/ /xdfg	@%:-

ä cło ä

!= ; lk l; sf_ ; lkdhs k'ts_	-ufshkʃ fb zdf{	!)):-
=@ nys 6lhknfj 8fo/l ; fydf k'ts k; nx_	-ufshkʃ fb zdf{	%):-
#= kfþf rbfþo ->lsf]0f ld>sf]gf6s_ -cgf fb_	-j; ñtsdf/ zldf{ gñfnl	^%:-
\$= cf^gf]pkrf/ cfsn_	-/fhjb/ >j7))::-
%= ; ^ult ; fu/	-eut l; x jflbf;	

