

k] sfplG; n g]kfnáf/f /fií6@:t/sf]-s_ ju@f jul\$[

j hOGtL

j if{& c^s ^ k0ff{s-#^ lj wfs]Gbt ; flxltos klqsf @)! knfug-r@

; Afs

j; Gtsdf/ zDdf{g]kfnú

lgbz's

ljgostdf/ zdf{g]kfn

k]wfg ; DkfbS

&fs/ zdf{e)*f/l

; DkfbS

ofbj e^v/f0{

; xof]l

sdnf g]kfn

efef zdf{

cfef zdf{

dft\$]f cfrfo{

cg]h (sfn

l; hgf ef/tl

sNkgf cfrfo{

k\$fs

zAbfy{k\$fszg

rfa]h, sf7df8f]

Shabdartha Prakashan

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; 'rgf Mj hOGtldf k\$flzt /rgfsf]; Dk0f{[hDd]f/ :jod'n]s g}xg\$g\

; DkfbSLo

- lgod, lj lw, lj wfg ; #f/sf]x/\$ lfgdf kf0G5 . o; \$f]cfwf/df lj Zj rn\$]f5 . ; #f/df sg]o:tf]j :t'5g h; sf]cfkmg]lgod gxf \ lgodn]g; b{ rGb} xj f, kfgl, df6f]cfib k-r tEj lgdff ePsf 5g\ h; /L ; Dk0f{ ; [i6 Pp6f cbZ0 lgoddf aflwPsf]5, To; u/L ; flxltos lj wsf klg cg\$ lgod 5g\ To:t} lgod xf]j lbs 5Gb . ; a}j b nufot krlg ulyx; 5Gbd 5g\ j bdf kofu ul/Psf 5Gb dWosfnlg ; #st 5Gbe6f leG 5g\ j bsf]kfoM cgl6k\afx\$sf 5Gbx; cfnh kofudf 5gg\ cfnh 5Gbe6f leG j bsf 5Gbx; kfoM tlg r/0fdf kf0G5g\eg]5Gbsf]lgoddf klg sxl c6t/ blv65 . ufoql, pl0fs,\ cgl6k\axtl, k^aQm lqi6k\hult ; ft 5Gb qmdzMPse6f bl; flw}r/0fsf 5g\ loglx; k]o\$sf cf7 eB 5g\cfifl{ b}L, cf; /L, khkTo, ofhfl, ; fdgl, cfrl{ aflxdl . o; /L -cf / ; ft_5k6g eB dVo 5Gbsf]xg cfp5 . olafx\$ zSj /L, cli6, sse\st, w[t, k\$[t, kfufyf, cle; fl/0fl cfb 5Gb klg j bdf kf0G5gV ld>0f ul/Psf el/s, lqi6k\k/fgl6k\lqi6kaxtl, ue[t hutl, lj k/Lt; ; dlj ifdf ufoql, kfbnldl k^aQm hutf hutl, huql, rt'kbl, c:tf/ k^aQm zktkbf, lj /f6 zSj /L, ssDetl zSj /L cfb 5Gb klg 5g\ dVo 5Gbx; nfo{b0{b0{ tlg-tlg, hfB} ld>0f ul/Psf 5Gbsf]; ^vof j bdf ; of}kllb5 / j bsf cg; f/ 5Gb cg6t x65g\

- effif ; flxT0df lj leG lj wsf]lj sf; xb}hfb Itgsf lgod-lj lw-lj wfgx; aGb}uP . ; a}vfn]lgod, lj lw j f cgzf; g 5Gb xf. 5Gb gfdsf]lgod j f lj lw eg] ; flxTosf]slj tf lj wdf kQm xg yfnof, j bsfnsf ; #st{effifsf ckl/isf 5Gbnf0{ lk^aUnfrfof]kl/isf/ / cfwlgs/0f u/]. 5Gb b0{vfnf kf0G5g\ dflqs / j fl0f\$ 5Gb . n]ss 5Gbnf0{cfwf/ agfP/ n]vPsf lj leG ; [6fsf slj txf; o; c^a\$df ; dflj i6 ug]kof; ePsf]5 . slj tfsf]lj ifodf lj afg; i6af/f n]vPsf] k5f/sf]krtfh]lg/Gt/ k]6 kfl//x\$}5 .

- jhoGtlno; cl3 5Gbslj tf c^a\$sf]kdf c^a\$ % , * , !& , @# , #) / of]#^ c^a\$ k\$flzt ePsf 5g\

- jhoGtlnf0{dfow u/} cfkngf /rgf pknAw u/fpg'xg]; Dk0f{ ; i6fx df jhoGtl kl/j f/ xflb\$ cfef/ k\$6 ub5 . o; sf ; fy}cfufdl lbgdf klg ; Dk0f{ n]ys ; flxTosf/ Pj -kf7sx; af6 :gk . ; b6fj / ; xofu k]k'xg]g}5 eGgdf xfdl lj Zj :t 5f}.

; flxltos klqsf jhoGtlSf]

; #st, Psf^sl, k}^dlt, n3pk6of; , n3syf, dQms, uhn, rf8:kj{ ; #d/0f !-@# , :jbZofqf !-@# , syf !-@# , /fli6o-JoI0m]j !-@# , lgaW !-@ , lj bZofqf !-@ , uBslj tf !-@ , dlff !-@#-\$, 5Gbslj tf !-@#-\$-%^ , kl5 ca lgaW c^a\$

- zAbry{k\$zfzsf]j j b ; f08df: jhoGtlSf ; a}c^a\$.8fpgnfBil ug{ldN]u/L /flvPsf 5g\

o; c^a\$df

slj tfqmd -	slj -	klf7
!=n]vof]; \ lj wfg	zcg/fwf nD; fn	@\$
@=sxif/xG5 bZ of]	zCZ]ssdf/ nfd5fg]	%
#=o: tf] eof] dflg;	z0Gb'sdf/ >lj7	^
\$=dg-tl/	zpkdf cfrfof	&
%=d n]V5'	zpidhf nfd5fg]	*
^=gf/L	zP; kl cf; f	&%
&=of] km/fs w/fleg	zsnflgw bxfn	(
*=: jfwlgtfsf] k'sf/	zslj /fh kfBh	!!
(=khn xtl; Ylj g	zvuB] vfn; f3/]	!@
!)=j fudtl k'sf/	zu0f]zk; fb vltj 8f	!#
!!=kfv/f	zUfoqls'df/ rfkfu0f	#\$
!@=8/	zu0f/fh sf^ n] .zfl8Nol	!\$
!#=C]wof/fl u/L	zUbfj /Ls'df/L kf8p .kltefl	!%
!\$=gkfn xfi; y6ggt	zkl=ufkLs]0f zdf	!%
!%=slj tfsf] /l/tf	z8f=3gZofd Gofkfg] .kl/>dl	!^
!^=df6fsf] ddtf	zrGbsf]6t clwsf/L	!*
!&=d	zrGbk; fb Gofkfg]	@^
!*=hlj g gbl	zr]tsf]6t rfkfu0f	!*
!(=fofu/ b'eff] gf	zhublZj / kfv/ln	!(
@)=zflGtsf] z^aV3ff	z8f=hlj g clwsf/L	@
@!=ca ; wf j ; wfe/ r]xfof]	zkl=8f=6lsf/fd clwsf/L	@!
@@=df65] eP-df-s'/f	z7s/ zdf[e08f/L	@@
@#=goff j ifsf] z'esfdgf	z]8Nn/ fh cofn	@#
@\$=kl/ j tg	z]8Nnlk; fb .dhitxgk	@%
@%=xfdf] lrtj g	zlttkftl	@&
@^=bf; Tj	ztlj/fh clwsf/L	@^
@&=: fgf gfgl	z]gn]rg cfrfof	@*
@*=slj tdf /ldtf xbg / <	zkl=8f=bufk; fb cofn	^@
@(=lxdfnl kfvdf dg ul/asf=	zwg/fh lu/L	@(
#)=xG5 x) /fd/fHo}	z8f=wgklt sf0/fnf	#)
#!=cfzffsf] wk5fodf	zg/fb/fh kf8h	#!
#@=hlj g Ml; hgf / klfg	zg/fb k/fz/	^&
##=goff gkfn	zGbnfn cfrfof	#@
#\$=6fkl	zgf/foOf 1j fnl	##
##=k5fof] hj gfl	zgf/foOf gkfn	@!
##=lj Zj f; d/f] u/	zgf/foOf kfv/ln	##%
##&=df65]	zk/z/fd k/fh'nL	#^
##*=k]5	zk; iffQd cfrfof	#&
#(=sf7df8ff	zk; iffQd l;]b]h	##*
\$)=; N6f] lg; fgl lnP	zksfz rfkfu0f	#(
\$!=dgh ; kgf	zksfzdl0f bxfn	\$(
\$@=n]vgsf] u;	zklxnf kfv]h	\$@
\$#=o; ; u/L hgl hgl	zklff nD; fn	&

\$=-gltf v)stf-stf	8f=adaxfb/ lhtfnl	\$#
\$%=; li6f	afh/fd kf8jn	&!
\$^=slj tfsf lktf; u	ag"nfl d5fgj	%@
\$&=lh6bul	ab /fgf	\$(
\$*=; 6bg Toj ; f/yl	efuj t cfrfo{	\$\$
\$=(=s u/ x f f t <	eflozfnl clwsf/l	\$\$
%)=; j kgf g/fd f lyof	ej gxl/ l; lbn	\$^
%!=c6t/dgsf lr6tf	dw' kfv/h	&\$
%@=loj xfl/s klf	dw'; 6ofkfgj	\$*
%#=; w 7Ss/ vfb)hf t/f =	dw; bg nfd5fgj	%)
\$\$=sf0nl; t	dgn e08f/l	%!
%%=zif6t / kld	8f=dfwj hflz .ndh^aj	%@
%^=gkfn cfdk t st1tf	d's6b zdf(rfln;)	%#
%&=P klp u	d'gf cofn	\$\$
%*=d	ofbj kj; fb zdf	%%
%(=ldlynf /fho	oj /fh zdf	%^
^)=; kgf klg vP(s) b V5'	/dz uftd .kfnkfnll	%&
^ =a6f nl	/d'zrb clwsf/l	!^
^@=; u/dfyf	/dz zeR5	\$\$
^#=w8 sgj k of /fi6x f	/fh b tf s0fl	%(
^\$=afNo-k d	/fdr6b 6ofkfg j gj f; ll	^!
^%=klxrfg	/fdk; fb 1j fnl	^#
^^=ufpf ; Denj/	/fdk; fb k6t	\$!
^&=ofqf dlxdf	/fdl qmd yk f	^\$
^^=cfdfsf ; Demgf	/fdxl/ kf8jn	^^
^(=ceB bu(x f u p7	z b 1j fnl	^^
&)=; Sd0fl.s f k d k g	n d s'df/ sf0/fnf	*#
&! =ldngsf tl knx?	n dlb0 e\$.; Tok dl	^^
&@=6; 6da a al	nfnufkfn ; j bl	^(
&#=d/f l j z f;	8f=n vk; fb lg/fnf	&)
&\$=ykg v fb) 5' /f; d	j ; 6t's'df/ zDdf gkfn	&!
&%=kfnl 5fgf ; hfcff	lj gos'df/ zdf gkfn	&@
&^=d/f cg f j bgf	lj i0f bk ; a\$Nk	^@
&&=d gkfnl	j bd of 3ld/ .u f j 6b	&\$
&*=d a4	lz ufkfn l/ ; fn	&^
&=(=cl6td 0R5f	> w/ kf8jn	&*
*)=wt k g	kf=8f=zn b k sfz gkfn	&(
* =g tfsf d t	xl/k; fb kf08b	*)
*@=sfnlu08sl	xl/k; fb e08f/l	^)
*#=va/bf/	xl/x/ k b k 3ld/	*!
*\$=x'/l	kf=8f=lx/0onfn 1j fnl	*@

:yfol :t|e

k5f/sf|kftf|llslj tfsf cfwf/et d|gs tyl
 slj tf-dNo|f^a\$gsf k|d'v cfwf/x? 8f=/fdk; fb 1j fnl *%
 gkfn|sf s|k|k: ts k; nx? ll !)*
 zAbf|k|sfzgsf k: tsx? ll !!@

sxf /xG5 bž of] <

czf|s's'df/ nfd5fgj

lj rf/ u5{cffn}5' lgTo g}ctfnb}
 ls cfh bžsf|bzf 5 laubf|zgn| zgn|
 ht; s}5 nfn; f kw|a hfn kn|b|f|
 oxl bzf /Xof|eg|sxf /xG5 bž of] <

pdf dxž hfgsl / xfl6tb't a4sf|
 klj q kDo l|f| of|czfl6to0m kf|eof|
 ht|hg}s'/f ; g|f|pt}5 ; j|6fz Toj|
 ; a}o; }/xl /x|sxf /xG5 bž of] <

dxlif|j|6|of; sf|tk:ynl klj q of|
 c; aVo j|l/ w|/sf|dxfg ; Rrl|qs|f|
 lrgf|d| uD5 e|f|xb}5 cfh bž of|
 lj zfbk0f{; f|df sxf /xG5 bž of] <

bfn tr5 b|6sf|pbfa'nof|k|z|g|
 lgs[6 rfs8l 7ul c6}sf]5 ; G; gl
 o'f hdfd pn|f|j|b|z|g|k|yf rNof|
 ht; s}o; }eP sxf /xG5 bž of] <

lj iff|b|df:g s|u|z|f|< egl |56f|udl ca
 gsl:; P ; wf/df xbg afRg ; Dej
 arf0 /Vg cl:dtf :j bžsf|lj z|f| of|
 5 ; f|rglo c6oyf sxf /xG5 bž of] <

-k-rrfd/ 56b_

th;lk/, bfa .

Y

ca xfd|f| kfn|f|
 lga6w, uBslj tf, ; dl|f, syf, c6tj f|f|f| /
 5Gbslj tf c^a\$ x? .

o:tf] eof] dflg;

OGbš'df/ >]7

kfP vfg kllof]hg}t/xn]:j fyl{5 kfl dg
 kfP 7Ug cxf ũ dhf slt xg]cs{s; \$f]wg
 s]ubf{s; /L sldG5 ?lkoff h]h]u/]tfklg
 lrQdf hlt kfk xf] \wg e/L b]o}eP xf]wgl ..
 dl7f]:j fb eP eof]o; 38L So}xGg aknf0bf ũ
 cfkm]vfg dhf c; f]llo /l; nf]s:tf]ld7f]sf0bf ũ
 hGdš}c?sf lk8f / bvdv cfv}gnfpm egl
 aff-š}el/; So efu l; ũh}xf; 7] vfp]m egl ..
 yf]]:j fy{eP lg kOf{; lhn}; f]fl lsgf/f xg]
 s:tf]glr s7}ũ c; To lzv/}nDsl bub]5g]
 hfgšf]hlt hf]5 sfd gxg]pN6f]snfdf /dl
 gf^v]gfr ; bf ldn] ũl0fsf gfrG]eP 5D5dl ..
 aff]5g\c]f/n]; lgGg slxNo}s]aff]g' lg; /f/ft
 ol cfj fhx; a]emGg slxNo}af]h]xg]ak]tf
 kfV08lx; 5g\vdv0/xg]cGofos}j]wtf
 ol kfk]x; s}; bf 9lndnl s:tf]cx]f]ũ Pstf ũ
 x]; fylx; xf]ũ o; }w/tldf cfof]lg s]sfdn]
 P 3ftlx; xf]ũ gx]f; o; /L pDn] ab]y]dn]
 h]No}Tof]dgdv x/]ũ uhuhl plDnG5 rsf]lj if
 of]k]f]ofl clt al4dfg\5 s; /L < o:tf]eof]dflg; < ..
 v}a%g}; lsof]lg rf]x; sf]cfj fh 7hf]eof]
 lgwf{; Tox; eP/ pgs}; Gbž nhf]eof]
 nf]a:g"; xb}czfGt /xb}af]bf lg nflg]eo
 ; aof]dV{eP, 5 Ps a'emsl s]xG5 of]eP ..
 aGg]a'4 t xf]ag]f'ca x/]ũ s:tf]dhfsf]d x]ũ
 ; f/f a'4 eg]f'ls a'4' ca P ũ hDd}lgbf0{/x]
 P hfuff]ca tf kllof]lbg sx]f< p:t}5 afgl t/
 of]x]fd]f]ousf]dx]fult ; bf ; Dem] a%g]u/ ..

-zfb]h]j qm]8t 5Gb_

sdnfs'-h, cf]yn9^v]f .

Y

dg-tl/

pkdf cfrfo{

of]; [l6sf]lgdđ aff]otfdf
 st{obfol ou]sf sydf
 0R5}gnfu]klg uf]k] km]L
 6f9f xb}l5g\shsl lszf]L ..
 ; bē]j sf zžj rfx nfV
 km]m]p]b]šf ; kgf ; j'f;
 5f8l au]f cnkq kf/L
 6f9f xb}l5g\3/sl sdf/L ..
 dft]j nf0{olt; Dd af]šl
 j]ft; Nowf/f clj nDa /f]šl
 of]sfvnf0{d sx]f c6f]pf<
 5f]L ?b}l5g\s; /L k7f]pf<

of]df0tl xf]3/ xg] eGg
 ; Om]g d]f]dg tl/ aGg
 st{oxlg}klg s]ag]f'd
 5f]L ghfp s; /L eg]f'd ũ

Roft] d]f]sl; nf]c]ufnf]
 ^off]s] 0{ofdo hfn sfnf]
 hBf/ tg]lj /xl lj of]ũl
 k]f]of}dnf0{lsG eQmf]ũl ..

of]j dg]df s; /L v; f'd <
 5f]L k7f0{3/df a; f'd ũ
 df]7] Hob}lsg k]f]of affsl <
 /Vof}lj wftf d'6' g}g/fvL ..

of]zGof]sf]kn blgt]sf]
 lrGtf lg/fzfdv xlg]t]sf]
 a]Nbf]l]rt]sf] lgs6:y cyl{
 aGb}a;]xg\s; /L u]x:yl <

-0Gb]h]f 5Gb_ rfa]h, sf7df8ff.

Y

o; }u/L hgl hgl

k]ff nD; fn

d'df aj'f / bf]h' cf]l]bbl; ũ}/df]p]bf
 eh]š' :j u{dftn]; dlkdf d cf]p]bf
 ?bf ?b}v'; l xb}x; fp]g]s'/f ; gl
 d eG5' aflnsf ag]f'o; }u/L hgl hgl ..
 d v]l]5' gr]R5' uf]p]5' k]h]a]u k]h]{hf] df
 k]h]a]u]bf k]h]a]u]b}/xG5' lsGt' xf] df
 r9fp]5g\; a}; a}eg]7] gfg' tf ugl
 d eG5' aflnsf ag]f'o; }u/L hgl hgl ..
 d hf]pf k9]g xif]h]/df]p]b}v?v?
 k]ff]d u5'1fgdf nuf]pg]dx]fg]u?
 5 n]lo rG]b]df 5g]xb}; sl]t]h]e]gl
 d eG5' aflnsf ag]f'o; }u/L hgl hgl ..

-k-rrfd/ 5Gb_

Y

sf7df8ff.

d nV5'

pId{f nfid5fg]

d nV5' nV5' nV5' nf)eg] dfq xG5 / <
p7] nVg yfn x}gkrfn sfn ; Gb/
n ult nV jf c; lj wf lj zlf l; hgf
u/] affr uj h]egl 3rbb5 rfxgf ..

k/Gt' v}lbfudf v/fs So}d e}ngf
; d}5' eG5' h]s'/f pXL ; d}5 ; lSbgf
c; x; s; f]u/L ; d}5gVj rf/ tl
s; f]u/L ; gfp5g\; ef lj zlfdf u0{..

eg] km/ 3f]b}/ sf]b}lyPf d tf
aem\$ Sof/ dd{of]bv\$ rfxgf ptf
ud] w] eG5 pm u/] dfq rfxgf
xg]eP t l; hgf xg]lyP 3gf 3gf ..

sxff u}of}/ ; fwgf sxff lbof}/ Tofu v}
lj gf p; }t ; h\$}s; }u/]algGg x}0
lgofn sf]5 lj Zj d}lj gf kl/>d}a9df]
; tl ; tl 3dl lkm/L : jnlo 6fs/L r9df]..

; g] dd{rf]6nf]; nHh emNg yfN5' d
d xf/ vfGg vfGg x}gofflj rf/ kN5' d
d u5{lgTo l; hgf d 55{lbJo efj Tof]
d u5{bl3{; fwgf / e5{sfJo afu Tof]..

c7f} of]; g] pm d'; Ss d':s'/fpb}
eGof]oxl t vff]by]p7df]lg hd{f}pb}
; r] e}u/L /x]5/L /x]; 'sd{So}
cj Zo kU5 hf]; 's}prf0tkm(g); w}..

-k-rrfd/ 5Gb_

rfah, sf7df8ff.

of] km/fs w/fleq

snflglw bxfn

of]km/fs w/fleq lhGbul rNahfp5
stfaf6 u/f]ofqf < hDd}cfgGb cfp5
glnf]cfsfz of]:5 tf/f em}5l/pn]ls d
; km h^u unsf ; fy lj /f6 km]pn]ls d ..

; ; fgf ky af^uf 5g\em]em-em6 5g\slt
afhfh]hf]?j f; l sf6df/ eP hit
hfz 5g\xf] sf kj fv gpd\$ef eP hit
af]vsf]gxbf kj fv cem cfgGb xf]slt < ..

km/fs ky km]sf gfuj jhl gbl 3dl
of km]l]lhGbulleq ktl{hdlgsf rdl
l; l-rpn] :g}sf yfkf 5g\yk}wnlw" /
lklk/f pd}f kmN5 csf]cfgGb ; Gb/ ..

j}sf knsf nksf, nksfleg ; dflxt
ePsf lf0f ; Dem] sf]L xG5 / cflht <
sfps'tl ; w}nflU5 lhpb]lhGbulel/
j ; Gt lapem]h:tf]af]h]em]jgsf r/L ..

khf/L wgsf]aGb)of u;f 9fbaff d
lz/k] ; hl ; Qf:j fbd] ; lhpn]ls d <
of em]h]aa'/f]aGb}ufpufpf em/L lbpn]..
cGo kj fv ; a}Roftl To; s}:j fbd] lhpn] <

xf0kmf0 ; hfP/ cxm]df]Qpn]ls d
; h\$]c?sf]bx by] cflQpn]ls d <
e\$]sf]db pdn] 9Ndnf0{/xf]ls d
gv/f k/Lsf ; fy c^sdfn u;f]ls d < ..

tk:jL Clif em]em]bf/L bx ; h'ls d
?k]nf uf]kgl; fy aff /L kf]ah'ls d <
bb{k:s} cfm]f cff ; u; u}axf'
of t pNnf; sf aQL lgen]l em]anl /xf' < ..

xl/of kftsf]kq kqkq ; h'ls d
; s\$sf kft 6\$bf]cfj fh em'ah'ls d <
nx/f em;j oaf6 of clnf]t? plSnpm
of g]f 5nsf 5fof :j f^asf ; fy plkpm < ..

bl/vsf bb\$; fy of lzlj r]gf vnf
of ; ;] ; f]sf ; fy :j fy}lhGbul kmf
; ^slOf{ls agf'ufxl h:t}lnbf /dfpg]
ls kl dy ; \agf'cfuf]afBl cfgGb cfp]g] < ..

h]agf'd agf'd] ; OR5fsf]gj b] tf
bf ; tdf u g \dfh, xGg uGtJo bf ; tf
bb\$]kf]v/L g}xf] \:j R5fdf aG5 ; fu/
hf]tl/of]Tot}cf^gf pmhf\$gf gj hf]u/ ..

7f]SsP klg leQdf OR5fsf]dl' 7Ss/
lemNsf]l ; hg}xG5, l^ag]Tof]xGg rSs/
kf]8P t To ; }/fd]p ; }/fd] ; ; Gb/
kfn knfl:6ssf]/fd]cfkmg}lgOf6sf]3/ ..

sfk]7S7s cfkmg}cfkmg}ofqf dhf slt
rf6df klg cfgGb csf\$]xGg So}lft
n8]lgVnfd af6df ; 'g ; fg Zd ; fgdf
wj ff ; fy p8]csf]5 cfgGb hxftxf ..

csf\$ kl7sf]afem cnsf g}gxf] \sg
leq sfPf agl laem5 vln em'nfU5 rl:sg
bZodf ; 'gsf]j iff{cbZ0 8N ; L em'agl
d6' Tof]zh em'kf]5 uhfkn j fud}klg ..

d ; ; f/ ; h'cfkmg}snfsf lZnkzlnn]
lznf klul j x'cfkmg}sd\$xfxtfn]
goff / ^u eZ]9^u lemsl cGt/ rfxn]
tl/pm d o ; leq t[0ffsf tf/j f/n]..

3fddf kl ; gf kf]l lehfpn z'is of]hu
l7xl hf]u/n]5f]kl snf agfpm ; llau
lj lbt l ; hg]leq clj lbt klg ; h'
bj}ld ; L 3hfP/ ; j6f af ; 'L em'ah'..

-cgf6k\5G6_

:j fwlgtfsf] k'sf/

slj /fh kfBh

wtl{rr{ rls}5 ls oxf kl6}5 j lf:yn
of]g]kfn pxl bnfnx}sf]aG6}5 qm8f:yn
; Qfdf 30rf]5, 5g\dh'ssf]cl:t]j n6}x
cf^g}bfp nufpb5g\shg e}n}8kbfh}x ..

cfnf]df ; ' n15G5 vln lgdVf lgwfx}sf]oxff
afRg]afR5 csfn hN65 lrtf dg}x}sf]oxff
cfzf:tDe 9n} xf]ls lj r/f ; 'tf d/]No 5
bZ}3fon em'5 nfu5 clxn]cf:yf em']No 5 ..

n55g\ge6 ; fw lgd6l ; t} ; fd]Hoj fblx
xfN5g\be{ qmV-b]6 lbg}lj :tf/j fblx
df6f]bV5' st}afn]ts{ xb}lrTsf/ 5fB] /
wtl{dl5{ e}dxfk}hos]eSsf] 5fB] / ..

s}h] ?G5 lxdfn ww{ ; 'gl bf ; Tj sf]qm6g
s}h] ?G5 kxf8 v}5 ha Tof]cft^asf]aGwg
dbf{No 5 lhGbul bzlbzf lrTsf/ dfq}xbf
kl6nf j lf ls em ; xl g ; lsg]kl8f t/f0{?bf ..

lrGtf 5g lgd]f]7bf ; lxbf /OfDo :j kgfx
?G5g\vfn ; hf0bf / slbbf nrf/ kfgfx
dbf{L / e}lnnfd w/tl dftf ?bf ww{
g]fsf]ku/L ufy} ; lhg]g]tj 5g\sfo/ ..

v} xdf]0ltxf ; Tof]/utsf] :j fwlgtf v}oxff
xdf] / lQmd qm]Gt dlQm-kysf]aQl lgeof]v}sxff
v} / fl60 :j tGqtf dh'ssf]cl:t]j sf]ult v}
v}hftlo :j tGqtf ; / ; tf ; Tqm]Gtsf]hlt v}..

cfpm ; Hhg x]0 xf fpg eP wf]sf]kntsfP/ Sj }
hfpm dl5{ bZdf /utsf]yfk]rxfP/ Sj }
xdf] ult pxl ckOf{cw/f ufpm sg}5f]eg]
pw\$]ca cl:dtf l ; pg Sj }cfpm st}5f]eg]..

-zfb]ij qm]8t 5G6_

?kGb}L .

kth xf] \hljg

vu|b| vf|; f3/|

l; ^vf]hljg kth xf]k\$[t xf]alhTj pld(5 g}
a9g]alh pxl rhl lxdrlh tfs} 7f18G5 g}
kmlg]tEj xg]; hlj /xg]kmf] f]xg]kthd}
l; ^vf]tEj 5 k0f{a6b5 st}a6b5 k0fj g}..

jf:gf cfp5 khdf ; dod}j f:gf xg]vNb5
alh" kth ; lh65 xf]ououf}db5 To]kthb5
of5f kth kth} em5{e0d}; l4G5 To]hljg
dfnf pgg ; s]; hfpq ; s]/^uG5 To]hljg ..

ahf hljg xf]; 'sfn /xb}ahf lgoNbf eg]
Hofb}zfg a65 hljg ; vl nflu]5 Hofb klg
cfk}kth ; s} ; S5 lbpn}k]hg ahf eg]
kth}f6 rXG5 To] /; ; w}k]hg5 ahf eg]..

w}5gV; leq leq s0fsf 5g\leq leq}ubl
hf]5fD5g\s0fd}s0fflb pgn]e5g\ublsf ubl
afRg]To}uOf tEj xf]lbpn xf]cf/Desf]kf]fOf
kthb]hljg ; Dkbf k\$[ts}; f}bo{xf]of}g ..

:yfol efj 5 kth; fy ; vsf]xf; f]v; l kth xf]
khf; fy lrtf ; hfp5 b} }cfg6bsf]dh xf]
cfTdfdf ; v bMv kth h; /L xf; f]e/f] \s~rg
rNg]xf] \ze jf; gf dudul To}kth xf] \hljg ..

-zfb]lj qml8t 5Gb_

:j oDe', sf7df8f}

Y

s] tkf0[n] xfd] j|a ; f08 xg] ePsf] 5 <

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j fudtl k'sf/

uOf}zk| fb vltj 8f

arfpm x]b]L dghx; kfl ; a eP
g hfg]/:j u}g/ t odnf\$}lg/ uP
d kf]afRg]0R5f xh/sg af\$ l r/Ofdf
k/]b} lbJo]z/L/ ; xg]Nof}z/Ofdf ..

anf]sf/L dfG5]ldln dsq ; ftf]; a lnP
knfi6Ls\$ emhf e/ ; a u/L kmf} / lbP
nuf wP Gj fP ; a ; a kvfn]tg vh]
c x}/fuf 9fn]slt t sV/f xf; a6h]..

v; l sf6]eTnf / em6k6 kmfn]dsgdf
3/L nfb] nbf]nttt aufP dsqdf
ugfPsf]xb} \slt ; xg unf{:j tgn]
g kmNbf ; dP /ut; l/sf]klk gx/n]..

yg]h:tf]u5g\cemg/ pg}gfs hgn]
pg}yS5g\egb]l5 l5 slt ugfof]j rgn]
/x]d}f]bf]; xhl; tn]bf] d lnP
gefs]uNtldf laglar ; hfo}lsg lnP< ..

p; }em6sf xf6b}em6em6 lz/df avtdf
3/L xNsf nflu]algsg k}kth}dgdxf
st}w}mf af}f ; xhl; t kmNg]j bgdf
eg}g\to]cfrl vttt nufP/ tgdf ..

3/L xf; f]gfrf}t/ k6slkR5]y/x/L
d dg]of afRg]sltk6s xGvof]3l/3/L
g of]cfTd]xTof g t ; xhsf]hljg 5 of]
l8k]g\$]f]f]ul x/x/ u/}d6' aNof]..

-lzv/Of 5Gb_

hf}k6l, sf7df8f}

Y

8/

u0f/fh sf^n] .zfi8Nou

ef]usf]ef]udf 8Abf qndzM /f] cfp5
/f]usf]8/ kf]xG5 ef]u pGdQ kfb5 .
shdf Rot xhf ls eGj]8/ ; tfp5
sh 0Hhts}af6f]la/fP Rot cfp5 ..

;DkIQ wgdF /fho s/ nfu5 cjZo g}
s/ Itg{t stfo gful/s kof]u g}.
df]g e}/xbf x} blgtfsf]8/}sxif
af]g' ; fy\$ kf]xG5 8/ af\$} ef]sxif..

andf a]sf]qf; x/avtd}klg
gIng' ansf]khit{a}L cufl8 xG5 lg .
k ; Gb/tf x} a9df]L nfu5 afbn
kdf 8/ a9f]a9L pd} 3fon ..

zf:qfydf 8/}xG5 ljjfb ts{ts\$}
ljrf/ zf:qsf]x}f]8/ ljjfb gs{xf}.
u0fdf b16sf]8xf 8/ qf; eo^s/
b16n]u0f uf]xo}kf]8/sf]u5{t:s/ ..

dTo' 8/ z/L}df xg]u5{; bf ; bf
oyfy{u}of]ug]8/ s]Ing' Joydf ..

-cgf6k\5Gb_

/ftfk}h, sf7df8f}.

Y



gkfn xf] \pGgt

kf= uf]kls[0f zdf{

cfdf xg\k]y]L d kq pgsf]of]j }sf]j fSo xf]
wtl\$}; a kfir tLj ldl; 0{of]b} lgdf0f ef]
ol 1fg]Gbb kfir ; fy /xg]ol kfir sd}Gbb
; f/fn]dg al4n]klg u}g}gkfn]sf]g}ho .

r]Nb}xb} b}zlgldt alnof ol kf}vL kv}/f
g^v] ol bz vf] }hldgdf pAhf}b}cfs}/f
kf}/f; jR5 x/fe/f k\$[tsf]of]/Do qm8f:yn
of]gkfn agf] \; krf rxlsnf]; #/d}pHHj n .

/fd] pHHj n efj lrgtg ; a}gkfn}klfdf
ub}pGgltdf h6f}; a hgf o}b}zsf]elddf
h:t}cfkb xf] \w; f] \g alnof]cfklQsf]kj \$
/f\$} \dfu{tyflk sIQ gx6L gkfn xf] \pGgt .

-zfb}lj qm18t 5Gb_

1fg]j /, sf7df8f}.

Y

cWof/f] u/L

uf]fj /Lsdf/L kf08b .k|tefU

P, nldl z'e af]bYof}x/38l la; l{; sf's]u/L
h]rfxGg pxl xg uof]of]ofd Ps}l/
d}f]lrQx/L sxif k/ uof}e}g}g; Sg]eof}
s]ef]of]hu zGo ef]dsg tf 5f\$}l stf c]nkof}..

/fd]e]f nufpg]u/ ltdl eG]u/\$f lyof}
h]h]of]dgn]?rfg ; Sof]b]Vg]agf0{lbof}
d}L kf]of ; vf ltdl x}osl a:Bf}g z}f 5/L
eGb}hfg' eof]t cfh lsg xf]o:tf]cWof/f]u/L ..

-zfb}lj qm18t 5Gb_

rDs] 88}w/f .

Y

slj tfsf] ; l/ tf

8f= 3gZofd Gofkfg] .kl/>dlU

slj tfsf] ; l/ tf j xb}5
sflJosdo ; ~hfn xb}5
gjlg tfsf] vfh] ubf
nVg" slj hl U cfef 5b}..

slj sf slj tf kik ; jf;
dVl/ t xfpng\ bjo kef;
efj s u0fsf] xpo /dfcf] \
k{ Gg tfsf] efj pbfcf] \.

3fh] ; Gb/ slj tf /; df
ou sf] tl: a/ lvRg' 5 o; df
gj gj kltefn] dg tfgg\
lj s[t lj ; a\ tlt/ lt/ xfgg\.

xpo rx}f] tktk v: b}
efiff slj t} slj tf h: t}
Jol-ht slj tf snf ltn: dl
hudf rDsf] \ slj tf / lZd ..

slj hl U tdsf] s; / a9fb}
dfgj tfsf alh pdfb}
afihafih emi f dg kfb}
sflJos ux}sf] af/ p3fb}..

-rfkfo_ e}xjf .

Y

a6fh]l

/d}zrGb| uf}d

d cfk}a; }f] 3/}xf] v: ofh]l
d d} dhfdf 3d}f] a6fh]l
d xff; -v; ln] /d}f] a6fh]l
d ; fyl; l}a: gkg] v: ofh]l ..

cx]U ; b}f] tfkn] lvGg kf}of]
oxff rGb}f] zltn] ; fDo ; f}of]
bzf xf] oxff nfdv\$] 5 6f}g]
a; }r'g cfl/ dh] nv}g}..

atf; }rnf dg}zflGt lbG5
g rNbf atf; }lbn}lvGg xG5
atf; }g rNbf sx}f s] xg] xf]
g rNbf atf; }8/}cfpg] xf]..

oxff k-rsf] t[j n] u5{sf d
oxff xG5 Jofkf/ sf] tfdwfd
oxff s] egf}v; a}f] 5 zfg
oxff s] w/fdf wgl sf] 5 dfg ..

s8f 3fdn] xG5 wtl{ p}hofnf]
s8f zlQm] g}xg] xf] p}hofnf]
s8f al4n] /flkg] ef] a6fh]l
s8f tfkn] tflkg] ef] a6fh]l ..

-eh^ukpft 5Gb_ sf7df8f}.

Y

df6f}f] ddtf

rGb}fGt clwsf/ l

c}llof/ f] ; ?^] af6f] : tDe /y/ ; dfgtf
bf}yf/ f rfbgl xfd] sfnfkfgl lg/ lxtf
1fg lj 1fg dldf; f cfgGbl hj hllj t
snf ; jf; df6f}f] ; Eotf /D5 l; lh} ..

lj wfg dR5}f kfg .d}f}lU ; lj wf wg
xfs ed08nl ofqf d}nfsfz lj j wG
t/ f0{ ; kgf vfh] 5 kxf8 vfh] 5 kf}f}of
lxdfn /l; nf] ; f} c66 hn t}f}of ..

gr^}f] cf^ lr; f] 5fD5 lgnf cf} sn] /
skf; af}df km5 >d df6f] a/ f} /
66} xlnof j fbl lj 1fg] ou 3b5
lhGbul km}g affsL 5 km}x/ L v}h hb5 ..

lrGtg r}gf ; f} 9^}f}sf] sfk cfs/ f
cGt} a/ flnof] dfG5] Ct zGo CtDe/ f
lx; f cfbz{ x}b} ; ^}f] {zlQm aa}
lhGbul ; Eotf sNrl l; h}gf gj na} ..

ufnf rDb5 dfon] cdfsf] ddtf s/
kk}m}n efj /y}df elj tf kik sz/
ld7f] /x/ n] rD5 s}stl 5fn r~rn
/f] sGg ; l} 6 sNrf] dh] 6Gg zln cfrn ..

-cg16k\5Gb_

Y

sfkm8f8f .

jhoGtl sf] nflu /rgfx? z'4 6f0k u/ l
shabdarthaprakashan@gmail.com
df k7fpg ; Sg}xg5 .

s] tkf0} xfd] j}a ; f08 xg} ePsf] 5 <
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hljg gbl

r}sf6t rfkuf0f

uof]aUb}aUb}lj s6 kydf hljg gbl
pbfP si6sf lbg cl3 lvP zlst cj lw
lvrfPsf]krf]clj rn 5 lbNnl/d0fsf]
sxrf 8Ng]ldNg]kmut ; kgf ef]ed0fsf]..

; v]Sof 6f9f ef]dg glursf]wflb^a ynf]
d e}f}k}f ejg slxn]xft l; tnf]
g; Sg]hfg}]:yug ha lgdtf]xg uof]
sxfla; l{a:y]dg z/0fdf bflvn 5 of]..

kv}f 5}g\of] lu e?? p8g]uugdf
u}of]cTofrf/}bdg bdn]glg tgdf
psfnldf r9g}ca r/0fn]lbGg lg e/
kllof]; Dem]dfq}lrtjg ldNof}cfz gu/ ..

5 3Db}3Db}of]; nn ; l/tf yfkn gbl
5 ub}ub}of]ed0f slj s}; h}el/
5 hf}b}hf}b}of]j /k/ stf zlt n egl
u}of]rf}f/lsf]cgj /t 5fof ; v klg ..

gklg]ef]efsf no lzvl/0fldf axgdf
lu/l e65g\afgl k/ slj bv}sf]; xgdf
/Xof]wf}sf]; fdg]k}6 xg >4f ; dg nl
bj}vf}hl ; flw dha't ag]x}ej}ghl ..

; w}af}rl /fv}g\tlnlatn xfd] slj gxg\
pi}fsf]nfnldf snd; lu v}b}b} /x}g\
e/f] \j f; Gtln]nint dh/f u}d j gdf
; bf k}f}r} ; Gg}an 5 slj sf]6Gg tgdf ..

-lzvl/0fl 5Gb_

lrtjg .

Tofu} bef]gf

hublZj / kf}y/h

cfzffdf hgtf lyP, lj utsf 5f} uNtl oxff
lb65f}cf7 ut]lj wfg ca tf kSs}oxl df3df
eGb}efif0f ub}y]dh'ssf g}fx}n]; bf
Tof]; ^sNk p; }uof]; bgdf nf7L / d^a}ll xbf ..

df}ub}ef} lxB]kmsf0 hgtf afB} cfZj f; g
kms}g}\slxNo}rgfj yndf :j fyl{5 lo6sf]dg
g}kfnl s/ ltb}g\?lw/sf]vf65f}a; l b}zdf
ub}5f}emu8f cgfxs ; w}v}zflGt g}kfnf ..

dof}f klg lal; 0f}; bgsf]ax}fn ef]/ftdf
s}rl{df0s tf}k}f} ul/bf gf\$; fg ef]/fi6df
g}fhl dg efj 0Hht whf k}f}of}; a}sf]lsg
lbGgf}v}lsg ; l}wfg hgtf df}ub}5 /ftf}bg ..

j if}f} if{lat}lj wfg g}xf g}kfn ax}fn ef]
caf}vr{; s} a}a} ykof]em}Vfi6}ss^a}fn ef]
g}fhl hg efj gf l; lyn ef]lj Zj f; 36b}uof]
vf}b}zflGt lyP ; a}hg}x} sfnf]w}f k}f}of]..

Tofu}f}Sndif efj gf x}osf g}fx} xf]; a
g}kfnl ; a bh}ef0 g}k}f}g}k}nsf uf}j
kof/f]/fi6}arfp}g]; do xf]vf}h} ; Defj gf
n}vg]5f}g} ; l}wfg bnn]Tofu} bef]gf ..

-zfb}lj qnl8t 5Gb_

sn^sl, sf7df8f}.

Y

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**ca xfd] j}a ; f08df j}hoGtl / bflot]sf ; a)
c^s 8fpgnf} ug{ ; Sg}x65 x} .**

zflGtsf] z^v3fj

dfG5]gf^a\l /fi6«xfG]pbfP
Aj ff; f hDdf e}v}h csI/rfP
cfkm}cfkm}ef euaG8f u/}
cfGbf n5b}5g\xf83f]6]ag/ ..

ef]l w/}5g\ef]dfq}5 hf]l
/f]l w/}5g\ef65g\xf]g/f]l
sfnf bfulsf]sfndf vf]df 5
ef]6rf/l]sf]ef]6tf af]df 5 ..

rf]hl cdfsf]RofltPsf]5 cfh
af]hl afafsf]afwPsf]5 cfh
wf]l 6f]Lsf]u5{; Gtfq laqnl
6\$g]wtL\$}So}gdfg/ lkmnl ..

cfknl'; k\$]xg{; f/f lauf/]
a]l cdfsf]cl:dtf Wj :t kf/]
pN6}sln{5g\wfs af]m]gefsf]
dRrfPs}5g\glr aGb}/8fsf]..

dbf{dbf}gf hfbg ; fy
dGql aGbsf]ef hfbg ; fy
hDd}kfgLsf ab hfnfg\;s]
;f/f wtL\$]j [f dnfG\;s] ..

xj]f lau\$]k]kf{z/L/
uNb}hfb s]ub\$]ef]jL/
df6f]lrGbf}b]o x]] vfn
9f]of}cfkm}pRr dfyf lxdfnl ..

8f= hlj g clwsf/L

; Rrf Tofulsf]sf]s/f ; G5 cfh
cdfd a]g]h]n6g dfGbg nfh
8f]sf uG8fs}/fh rNb}5 lgTo
kf/L cdfsf]cGw ; f/f eljio ..

eGy]k]h]ol Ps /fhf n3f/f]-
lg:s]cfkm}ol cfh /fhf xhf/f]
efiff g]k]nl af]b5g\cy{5g
af]hl km]G\ol cftdf dd{5g ..

xfdf]g]k]nl cl:dtf xf] \cv08
dfnf of}xf] \knh km]q\cgGt
lrb}gf^a\sl bl3{/fv] ; f]
ug]kg]ef]zflGtsf]z^v3fj ..
-j]j b]l 5G_ sf7df8f].

Y

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ca ; wf j ; wfel/ rflxof]

kf=8f= 6lsf/fd clwsf/L

ejgdf jgdf cgzf; g
nxl/P xl/P lk/nf]k]g
zdg of]dgof]o xg]lyof]
ca ; wf j ; wfel/ rflxof]..

; /; dfg ; dfg agl hg
wg xbf gxbf g t uGyg
tk u/L ku/L lz/ dfly of]
ca ; wf j ; wfel/ rflxof]..

/l; stf l; stf; l/ xf] \g t
rkn of]kn of]o agf] \j tM
; a ; tl j ; lt lkø aG5 of]
ca ; wf j ; wfel/ rflxof]..

k]v]sf d]vsf e/df goff
tna vfg avfg g xf] \oxff
cj]lg g]gj]gt xg]lyof]
ca ; wf j ; wfel/ rflxof]..

; xl/of xl/of jgdf k;L
ehgdf hgdfem h6k]5
; db e"zdbfos aGbYof]
ca ; wf j ; wfel/ rflxof]..
-b]lj n]Dat 5G_ gof]ag]j /, sf7df8f].
Y

k5fof] hj fgl

gf/foof g]kfn

g ; Nsg5 cfuf] g 5Nsg5 kfgl
sxflnG5 o:tf] k5fof]hj fgl 0

agl ; f; xb}Vx\$]f]5 dfgl
; a}9Sslf t/fgf 5 hfgl
lxhf]Dd n]Uof]lbn}/fhwfgl
eof]cfh csI uof]lhGbufgl 0

ltdl ult d]f] ltdl xf]sxfgl
egl sf]o ; f/f ltdld}5 vfgl
lasf0{n6\$g\w/}0 tEj 5fgl
ae]cfh dh] l9nf]ef]lg-bfgl 0

hg}; fn cfP lg /fhf ls /fgl
/dfP/ v]Yof]p; }efd 7fgl,
o; }xGg eGg]gkf0{lg; fgl
c/]v]fs e]f] n x}yfd, gfgl 0
-eh^akpft_ /fdlx6L, sf7df8f].
Y

Shabdartha Prakashan
Chabahil Ganeshthan
Kathmandu, Nepal
977-01-4497351 / 9841-496103

df65] eP-df-s'/f

7fs/ zdf{ e08f/l

cfkm]dfg; a6b5g\; 3g of]wtl{; d66]u/l
d7f]of]; a xf]lj rf/ klg xf]nfu"u/f]; ; }L
e65g\ecg t bVgsf ; a s'/f d67 hf65g\; a}
sf]sf]v}l ultdfg\; dfg /6gf u5g\k6f 56 So}..

n85g\cfk; df s'/f lj dltsf u56\; w6; fydf
e65g\vf}ca tf ldNof]; a ldNof]j ftf{ldNof]/ftdf
df65]ldNg t ldNb5g\j dv 5g\sl-rt\dn]efudf
o:tf]bu/f0n]; /lesf vN5g\st}efj gf < ..

hf]v]hfp5' e6b5g\; a ; a}e66]0/fbf w/l
af]5g\af]h sdfpg]ult ; a}v]5g\0zf/f u/l
of]pBfg ; hfp]k\$[tsf]sfd}stf xf]stf <
dfen a6g' / kf]; dfg uln]ldN5g\g ; DefJotf ..

k':tf 5g\slt 5g\pbf/ s[tf 5g\bf66t 5g\efj's
csf\$]lxt-sd6f gj ; wf eg]s'/f Jofks
o:tf]hljg kfpbf lj sntf afwf oxff x65 / 0
nfu}nflg ; s6; dfg ultdf cfef-k6f nS5 / 0 ..

df65]e6g' t xf]tyfik ddtf b]V6g sf6}l5g
efl5g\cflv/ eflb5g\k\$[tsf]vfgl ; a}g}lmg
dfnfdn eP]eg]klg oxff s]x65 ldNg]s'/f
kfPsf hit 5g\; a}; a oxff df65]eP-df-s'/f ..
-zfb]lj qm]8t 56b_ wDaf/fxl, sf7df8ff.
Y

s] tkf0[n] xdf ; flxIos k':tsx? k9g'ePsf] 5 <

goff j if\$]z'esfdgf

l8Nnl/fh cofh

:o:"ug]lbg ; a lat]qm' hf8f]x/fof]
x:; " knfsf k/k/ eP, 3fdfs]/fk cfof]
knNb}knNb}k\$[t nx/f, af6df d':s'/fof]
ub]lj 1fkg ca goff j if\$]xif{cfof]}..

af:gf 5b}kjg jgsf kftdf l; l; {fof]
/ftf, ; }f lj lj w lj lwsf kmhdf xx{fof]
xf] j f; Gtl k\$[t lj ?j f, kfn]fdf /dfof]
gf]hf cfzf, /x/l; tsf]of]goff j if{cfof]}..

a65]/ft}k\$[t-o] tl, b^u kfg]k] [0
tf]5]cfkm]; sn w/tl km]bf lgTo j [0
vf]hl gf]h]kg dghn]x5{cfsfz, wtl{
x5g\tf/f, /lj, zlz ot}b^u dfg] km]l{0

x6f]6f] /lj ls/0fdf /fk a9b}uP5
bNbfNb}/^a dghdf /fu r9b}uP5
t6g]lsf t?0f lbndf /^u u8b}uP5
ldNbf cfkm]/ul; t ld7f]/fu a6b}uP5 0

8fBfsfBf jg, au/sf af6 /ftf eP5g\l
aUbf /ftf]/^a k\$[tsf]kmh /ftf eP5g\l
b}l o:tf]dg dghsf] 8A5 cfg6bdf emg\
ufp]h upn]lbnln oxl efj hflb}uof]emg\.

gf:kftlsf t? ca ; a}km]hn]9flsb}5g\
r'qf] Ro/L klg t kmn]9flsb}9flsb}5g\
l; Anl, sfef] a8x/, v/L, nffs/L km]b}5g\
lsDd," v6of, s6x/, lnrl, cfk km]b}uP5g\.

df65] df]L, vu, d6 goff j if6f dl:tb}5g\
8Nb}rf]/t/ jgjg}kfv]g pNnf; v]5g\
3Db}; f/f C[/ dlxgf, j f/ bf]f]b}5g\
of]j f; Gtl k\$[t j gdf u} Sof]5f]pb}emg\.

o:t}; f]l gh/ jgd}nfpb}xG5' d]h]
vf]hl yk}cledt goff hfGg rfxG5' d]h]
x]h}hfbf hut /lub}hfG5 km]/G5 k]x]
hDd}kfvf jg rp/ ol vNb5g\km]/ s]x]<

jf:gf 5b}kjg jgsf kmh xNnfpb}5
cfxf 0 s:tf]dw/ :j/df sf0nl ufpb}5
jfu}; f/f ha s'; dsf cf8df vNg yfN5
cfkm]f0{k]g dgdg}l]Jo c]fgGb n]U5 ..

ufp] ufpm]ls ca /l; nf]ult S]h]l agl d
gfrf'grf'ls ca jgsf kmh cfkm]agl d
v]h'v]h'ls ca /^sf]k]fudf /^u0{d
8fsf'8fsf'ls t ca goff j if{cf^g}egl d ..

cfkm]/fd] km, s'; dsf]vf]h ub]/x' d
cfbl /fd] gj oj s]ef]efj a%b}/x' d
o:t}d]f]hg x]os]efj x]Tof]aen] tf
cfP; \; Rrf lbnl; t ; w}e}goff j if{nf}tf ..

-dGbfqmfGtf 5Gb_

goffafg]j /, sf7df8f].

kl/j tG

cg/fwf nD; fn

tg dg wg ; Dkl dfudf nfluxfn
c; n / lxtsf/l sfdnf0{clufn
gu/ gu/ x]hf Nof0b]m laxfg
kl5 kl5 geg]}\elqof] \; l]wfg ..

hit hit kl5 eGb}/fvb5f}ef]hnf0{
k]h? k]h? kt]nl en]ef]h hfG5 x/f0{
ca t gu/ ; :tl eGg yfn]hxfg
; sn c; n 0R5fd]ly uf]hl gxfg ..

dw/ ldng /f]hl lzi6tfd}/x]}
dh'slxt gv]hf}si6 kg]5 w]}
cgej a6hl nf}e}l56}; fj wfg
kl5 kl5 geg]}\n]vof] \; l]wfg ..

-df]ngl 5Gb_

sf7df8f].

kl/j tG

l8Nnlk] fb ..d]hitxg]k

vghf] u/f]hf / lap 5/f]hf km]b5 Tof]ha v]e/l
el/k0f{xg5f]; a hg xfdl ldNb5 ef]hg k]e/l
dgd]x]s afnl nxnx kfg]ef]rsgfr/ Tof]; kgf
3/af/ lauf/f dgh pbfP s]l]lw hf]ub5 wt]k]gf ..

3/uf] ; 8fP s'6s'6' vfP ol wdl/f lsg k]fNg' k]of]<
cltrf/ gv]k]ca wld/fsf]b]n ;]n km]Ng' k]of]
u0f 5g k6Ss}cj u0f dfq}ug{u/fpg l; Sg' l; s]
algot/x]sf]/sd rkfP dfgj gf; s v]h lems]..

pksf/ u/f]hf kv kv l]td}vf] gn]fpg' eGg h6]
u/ nf]g t eGb} ; xdl]t eGb}b]z n6]clg ef0 k]h]
cln tfut 36bf n6k6' ub]gd]xg]sl]t gf\$ / en]
hit df]ub5 xfdl ykyk lbG5f]aGb5 z] / k]5 ; w]b]..

xltof/ ; df]b}5k5k kfb]df]g; sfl6g' j]z c/]
hit dfgj dfb]snx hufof]Tof]plt x]f]; g yfN5 x/]
e/hGd ?jfof]r; r; 3f]of]bf; agfpg rfn rNof]
sdhf] k5f]of]tntn en]f]of]hfn aGof]hg bNg' bNof]..

cem s]xg n]f]of]sl7g xg]ef]dfgj bfgj lrgg kl]g
sl]t c]f; ' rxf]of]/ut auf]of]t]kl]g a:g' 5 lvGg agl
kl/jf/ gx]g]caem]n]df]l]ns x]f]lsg eGg' k]of]<
cgzf; g tf]g]c]w]dx]n]zf; s g]lsg aGg' k]of]<

dg ?G5 ; a]sf]et]et 5ftl km]b5 hNb5 b]x ; a}
clgsfn ; xG5f]u/u/ eG5f]v}kl/j tG xGg s]j}
sl]t km]Ng' k/]s]s' / la/fnf af/{ / a'/{5 /ft lbg
a? afb/nf0{cln lbg kfn]hfG5 cflv/ ; fy lbg ..

-; Gb/l 5Gb_

k]k]rf &, cf]yn9^nf .

Y

; fgf gfgl

tly{fh clwsf/L

pGdfb pkn gj klf kqnl
kxf8 df5g\hndf 8aNsL
agl tk:jl tkaf6 e^u
en06] n5g]lsg 2/k^u ..

u^uf ; ; f0{t6Hj f/ 5f0g\
cfqfzn]hfn p; }knhf0g\
h/f 9n] kft kt^u cNk]
ar]hxff cft{?em] sNk]..

sf]/f\$g ; Sg]s6' of]kxf/ 0
5 5fn pNsf hu jf/kf/
lkm/fb ug[s; n]sxf s]<
lkm/fb ; Gg]s; n]oxff s]<

s7f] kf; f]tgdf nuf0{
p; }lgd7g]lsg :j kg xfo{0
af6f]lrof0{lsg a:5 sfn <
bVg}g; Sg]lsg c^sdfn <

5 b08 pN6}dwkiknf0{
u5g\ot}zlt / tfk bfof
; l6f unf0{pkxf; ug]
s]bl6df b08 lbg}gkg]<

5 Jof0 sfnf]hu 9fS5 hfnf]
vh]ptf pm hu ef]pHofnf]
Tof]Jof0sf]lgTo ag] bf;
w/f h/fdf slit bl3{Kof; <
-pkhft 5Gb_ ; /:j tgu/, sf7df8f,

Y

d

rGb| fb Gofkfg]

5g\uof tlg eluf}uofgdf
bf]ws 5Gb 5 gfd- unfdf
Ps .du ; Gb/ bZo snfdf
; Gb/ efj vhg\slj tfdf ..

kn] / ; ts{ePf d ; ts{
ts{u/} ePfls ; ts{
v}d l; jfo 5 sf]t hutdf
kn] / ; ts{ePf d hutdf ..

cb^ttf 5 / cb^ttf 5
; l6 hut\lu cb^ttf 5
efj g xf]slt cb^t gfk <
5g st}dl; jfo cdfk ..

dfk cdfk cnfk ljnfk
>fk c/fhs efj ldnfk
te] d g}xf tyf dg d}xf
bl6snf hlt v]5 d g}xf..

zGo d bl6 cbZo, ; bZo
bZo d e]ds bZo-cbZo
afix/-leq / dfl] csfz
g0 ljlrq d ; l6 k\$fz ..

laDa d xfk]tlaDa d g}xf
bl6 d ; l6 cnf]ss d}xf
efj d xf/]tsfd d g}xf
; l6 d jlo{/ gi6 d g}xf..

; b{d lbJo d Jof0 / tf/f
cb^t ; l6 cxf]0 d ckf/ 0
Hoff]t 5 lbJo d g0 k\$fz
lj Zj 5 of]d l; jfo sxf 5 <

-bf]ws 5Gb_ l; GwkfNrf\$.

Y

xfd]lrtj g

l t t k f t l

u0fsf0 5 of]l5d\$ elugl kf6f]ldn\$]oxff
xft}fy ln0{lgdlg ; a nf}; fyl ag\$]oxff
8fBfaf6 lrofpb}; xh 5g\df]f / snl pt}
o:tf]; Gb/ of]w/f ; sndf kfpnd vf]hl st}..

e08f/f lkkn]5 pj { w/f kfb}5 pAhfpb}
x0f0f klg xf]l5d\$ dgsf]rlr{5 d:sfpb}
sfnlj l7t e}; bf 5 xl/of]; :tfpb}pj {
lj Zj fldq /d]cxf]0 ; sndf ; :tf lq] fl l:y/ ..

5ftl xf]slj nf; of]lz/e/L dUn^5 pTs[6 g}
; :sf/L d7 b] 3f6 u0fsf]ufyf ; g]hf emg}
; f/f b] u0f}rd] w/tl sf-rl kl; 4}eof]
cfsf^nf dgsf kvfln tkdf a9nf t j lzi6d xf]0 ..

; f]xf s; /flb ko6ssf cfsif0} s0b|ol
xktf]Dd oxf r'd] nodf n6X}5 of]df]gl
rf]k6d}/l; nf]5 ; :s[t emg}hftlo j lj Wotf
afx0f; x/fe/f / el/nf]5fuf gbl jf ntf ..

u0f xfl0 u9l ksf/ logsf]sf]; G5 < v}0 ; Eotf
xdl Jo:t eoff]sdfpg stf sf]Wofg bhf ptf <
efiffef] oyf arfpf hg xf]0 ; j fy{ol ; :s[t
wtl\$]uxgf agf] Nrtjg}xfd]of]xf]k]tlt ..

xfd] r]; w}w/f ux]snf]xdl hxff hf]a; f}
vfnl xft a;]g kn]5 w/tl pB]u ub]a; f}
xfd] ol dgsf lj rf/ ; lsnf :j R5Gb cfrf/sf
Psfsf/ eP tdfd dg ol :ju}5 xfd]w/f ..

vf]h]uGb\$ h]5 eff]o hgsf]cf6f]5 dl7f]clt
ef]; fdf glgsf kbfy{h; n]; klg xfd]dlit
bVb0f g]g]g df]h ldng]sNk] v}0 xG5 s]<
xfd]kf]vsf]cgGt dlxdf ldNg\$ hfg}; v]0

-zfb]lj qnl8t 5Gb_

Y

u0fsf0, gjnk/f; L .

; fgf gfgl

lqnf]g cfrfo{

laxfgl 3fd xg\gfgl hf]a95g\XlXnfpb}
j f; Gtl ofd xg\gfgl hf]vN5g\rNahfpb}
rIDsnf df]t xg\gfgl hf]8N5g\emMdnfpb}
cf:yfsf Hof]t xg\gfgl hf]kM5g\hUdufpb}..

ofqsf efj n]gfgl dfq}kf/De laGb' xg\
l; hGf lfgdf gfgl ; fRr}; DkOf{l; Gw' xg\
rf]f]k}z xg\gfgl hxif 5g} sg}3g
ef]nsf]ou xg\gfgl gk/f] \p; n]?g ..

xg\;]f]j :q hf]gfgl bfu 5g} Toxf sg}
pg}xg\} tf a]f /fu 5g} Toxf sg}
gfgl xg\}lo cfsfz rIDsnf hGsf]3/
l; /fgl :g}sf]kfpmg\gfgl lgTo lg/Gt/ ..

afnl xg\alh xg\gfgl So}goff 5g{rf]xg}
vfnl sf]f log}gfgl So}goff eg{kf0g}
tfnl xg\ousf]gfgl hxif; ^\lt ult 5
x] nf}nodf dl7f]s:tf]hfb"ktlt 5 ..

v] xg\dlmnf]gfgl rf]f efj pdfg{5
/f]h} logs}e} a:tl ; fgGb eg{5
af} xg\slmnf gfgl ps}f bl ; kfg{5
p; s}xftn]ef]h nfvf]afwf a9fg{5 ..

gfgl ; db}f 8^af ef]h kf/ nufpg]
gfgl xg\husf 9^af af]l lj Zj /dfpg]
gfgl xg\ousf efsf tf]f]h /df0nf
gfgl xg\husf cfmf log}xg\; adf 7hf ..

-cg16k\5Gb_

skg, sf7df8ff.

lxdfnl kvfdf

wg/fh lu/L

n x}r]hf r]h c; n ag x}eG5 wgn]
k9L aGb}1fgl ; /n kydf nfu dgn]
oxl df6f]Kof/f]/g jg ; a}ufpf ; x/}
ltdl efu]6f9f lxd lzv/ nf}xG5 7x/}..

d g]kfnl eGb}ul/a hgsf]; fy /xg"
k/]afwf ; f/}cgn kydf si6 ; xg"
ltdl dfG5]/fd]hut e/df k]ng k}of]
p]hofnf]a]tl e} ^nn 3/df k]ng k}of]..

5 5ftl cdfsf]r/ r/ s7}r]sg{uof]
ca]hf ef]; f/}; do klg nf}3]sG uof]
lzsf/l afh]l]sg lsg ot}xG5 c ^}
ltvf/L rRrf]g}; sn hgtf 3G5 c ^}..

rgfvf]e}a:g" c ^ klg oxif 5G e/ /]
eof]:yfol ; fyl y/ y/ xg]sin 8/ /]
c ^}p:t}p:t}hg wg ; a}cflOg uP
lxhf}f tl cf^g}lsg lsg ; v]df]Og uP ..

5 cfl] kfg}f ^ndn xg]cfz tlxof]
s7}g]kfnlsf]/x/ dgsf]af; r]xof]
s7fnf]kfklsf]ca hutn]klmg k}of]
lxdfnl kvfdf dg ul/asf]k]mg k}of]..

-lzv/0fl 5Gb_

Irtjg .

Y

s]tkf0f0{yxf 5 <
*jhoGtln]; #s]t, Psf^bl, k}^{d]t, n3pk}of; , n3syf, dOmS,
uhn, rf8-kj{c^bx?sf ; fy}; #d/Of - #, :jb}zofqf - #,
syf - #, /fi6o-lolQm]j - #, lgaGw - @, ljb}zofqf - @, uBs]jtf - @,
; dl]ff - \$, 5Gbsljtf - ^ lgsfln; s}f]5*

xG5 x} /fd/fHo}

8f= wgklt sf0/fnf

d]L bVbf w? w? oxif ?G5 sfnL la56&}
sfnL bVbf klG s?of e}?G5 d]L w?Ss}
y]hL vf]hLsg k\$[tn]df]tXL/f lbb}l5g\
cfkm}cf0\$g k\$[tn]; l]6 ; f/f lbb}l5g\.

x]dL dfof cgej u/L 55{d:sfg\t-/f0{
rf]v]xf] f]cgej u/L 55{dfof lxdfnl
cdfd h:t}algsg ; w}af]85 dfof kxf8
; f/f kf0fl k\$[t ou g}ub5g\c^sdfn ..

df6f]kfgl vlgh jg s]kf0b]ggw/fdf <
0G6]fl e]l]kφ dh's s]kfp]hf of]w/fdf <
o:t]f]fd]hute/df /fi6«g}b]Vb]g
b}f]dfen]ldint hudf ufp]g}el]6b]g ..

o:t]f]cfef hl8t 5 cxf]0 b]z kfob]lx/fem]
bf]s]8ld}ckx[e eof]s]u/f]s]u/f]v}<
; Rrf g]f k]y]j kl5 s]hGdb}hlGdPgg\
;]f ug]dgd' ln0{cfpg]v}ePgg\
;

aem]s; n]ul/a hgsf bb{kl8f larf/L
:j]yl{kfkl caem hgs}rN5 xfnL dxfnl
df6f]5f0{c; n dgn]ug{; Sb]g jfrf
sfnf]5fof uugel/ g}Jof]kt ef]5g cfzf ..

hGd]g]f c; /; l/ e}/fi6mf0{k5fg]
sf]xL hGd]cd]f lkp}alv sfnf]pu]lg]
o:t]f]rfnf ca e]gdf w] rN]b]g kSs}
; fr]f]g]f ca plbt e}xG5 x} /fd/fHo}..

-dGbfqifGtf 5Gb_

sf]f; f]L, gj nk/f; L .

cfzfsf] wk5fodf

g/0b/fh kf8h

b]V65g\eu]t ; fj sx] PsfGt s]h]zdf
el]6G5g\lfou]t lsgg/x] b]L tkf]lddf
cfuf]kmlq/x] /L 5 lsg xf]j]f; Gtl of]j fudf <
/f]sf]56&5 xx{l hngsf]kikflbsf]/fudf ..

xf]]e]5 lrxfgdf l5g38l k]zfrl sff]f]j /
/f]p e]l]sg u5{d]llo lglzdf PsfGtsf]d]G6/ <
af9l e}lsg zf]sf gbgbl km]f]pb}5gVt/
Jofw]sf]z/ nflu e}c]wd/f]af:of]r/L lrlj } ..

dfof:klG ldxlg Dnfg d6df 9^u]f]6; fP5 lS 0
k]df; Qm ; j]f ; :j]f ; :udf cffw ; ; fP 5 lS 0
ah]e]l]5 r8^u r8^sL cl; gf s^u]fn]sf]jfnldf
em]6]lS cl/ufnsf]xh k; L uf]h]l]sf]8fnldf ..

v}sh]l]k/l 5gVbz lbzf, tftf]5 of]r]fbgl
a]f]sf lxdcffw rN5 clxn]lbGd}lgEof]/f]zgl
Ps}; fy xhf/ rlnx]n]rNnf 7u]em]u/L
t]h]j]L b] kf]k]of]lS p/df kf]of]d'6' xx{l ..

tftf]afkm w] ff agl pl8/x]df]s0ff]l]sf]tl/df
km]f]sf]d]6 Dnfg kik em/L uf]x]df]l]sf]el/df
5g\sf]h]fxn qm]Gt ol bz lbzf, a:tl / af6fx]
km]f]5gVsg afuleq rl/n]zf]sf]ef]sf]x] ..

sh]c]Gto x]b]g kf]lS lsg xf] cGof]h of]cffw]sf]<
sh]xG5 lgbfg s6 slnsf]df; o\$]f]Jof]w]sf]
cfzf blk an}aNof]l]kln]knl To]b' cfsfzdf
vNnf k] {lbzf sg}lbg egl Hob}5' To}cfzdf ..

-zfb]l]j qm]8t 5Gb_

; lkfkfy/]*, l; Gwknrf]s .

goff gkfn

gGbnfn cfrfo{

gkfnl aGg xfdln]gkfn /fVgk5{x}
 goff lj j \$ kfn] pkb]df:Gk5{x}.
 c7f6 gj ; fRbdf kb6 kmg si6df
 ; Gb/ sd{ubf6f kb6 kg{e}6df ..

eP cfbz{af]hldf dltRoT xbg / U
 Joj xf/ ge}/fd]v/fal Nofpb6 / U
 d]rL k] {k/\$f6f bb{5 / sxff oxff
 sfnl kZr /x\$f6f bMv nS5 sxff Toxf U ..

3hf kfgl ; a}lf6 tgdg ; alt/
 v; l gfr5 ; a}7fp kl8f efU5 gelT/ .
 sxln65 t gkfn goff ; #f/df oxff
 dhldnfkn]/fd]Ps}7fpf ; ; f/df ..

gkfn gfd e}cfh gkfnl aGg kf0of]
 bb{eof]s; hf0{hgtf g}grf0of].
 vfp gkfn g]fn]hf]hgdg e6b5g\
 To; h]kf]t gkfn k/\$f]kl5 7fG65g\
 ud\$]dfg kmsfpm sxl xbg gfdn]
 kfPdf sfd gkfnl ef\$]xb6 dfdn].
 goff lj rf/ df]hof]; d[4sf]k\$fn
 yf6f lj rf/ eTs65g\ a65 gkfn dh]n]..

ad]h 56 g]hf]5 gj ; b{pbfp5
 goff gkndf g]hf]rfnrng cfp5 .
 ; dfgtf / eft]j , ; f]o ; j 6 hfU5
 hfU5 ; demf/Lsf]efj h]klg klU5 ..

sddf gdsf]cfz >ddf Hofgsf]e/
 efj hfU5 dfG5df gsddf k/}; / .
 dgdf xf] dl:tis etf{hfz pd^un]
 jgdf r5{dHhfn] r/f]/xG5 9Ssn]..

-cgf6k\5G6_

tkZj/L-!, uNkl8of, pbok/ .

6fkl

gf/foof 1j fnl

6fkl d]f]lg; fgl clj rn ; lsnf]; Eotf ; j fledfgl
 gkfnlsf]ls6fgl ; hu Abosf]xf]0dfgl hdfgl
 kVof]l vfgbfgl ch/-cd/ ; :sf/ cfgl / afgl
 6fkl xf]lhGbufigl ctInt o; sf uj {ufyf sxfgl ..

9Ns]6fkl l6ldSs}klx/g lz/df uff; Psf]5 l7Ss
 x'l g\cfvf lemldSs}l5g-l5g o; sf]; fg x]L lrl6Ss
 afgf gfgf y/L 5g\6xs /xl/nf nf6nflbf x?Ss
 6fkl r]6o rDSof]emnn dh's g}hd]f]of]h?Ss ..

emf:; }xhf{5 5\$fg hg tg-dgsf]k'-h of6}w/L of]
 5g\zNkl kmha\$fg j g-pkjgsf s'-hsf]dfw/L of]
 ; ^nf]>4f / cf:yf c6n lxdrl 6fs'/fsf]emem]sf]
 6fkl xf]/fi6<l; ^nf]uxg 5 ul/df of]deGbf 5 cNsf]..

udl\$]ofd ; f/f]lr6lr6 kl; gf 3fd rsf]xkSs
 bs[kfgl t'; f/f]; do lxpbsf]zlt yfkf 6kSs
 s6f]cf3ft cfsl:ds cze 38ldf ; df0{rkSs
 6fkl d]f]; /lff-sj r xguof]cf]h:t}ykSs ..

af6f3f6f / cfj fudg c; lhnf]3GrdGr]3rf/f]
 6fklD}Wofg of]s]6b] 5 x/38l HofgeGbfUg Kof/f]
 5f6f]6fkl s; h]rndn 5 eg]dfyd}lbG5 emsf
 tft5gVf]s]G; /lsf emgeng l/; n]3D5' d}; ft krfsf ..

6fkl :yfkTo ; flfftVhn-yn klyjL lk08 ; hf]f]/ 8hf]f]
 6fklD}; Tosf]zfZj t bvn oxlf 3D5 aXdf08 uf]hf]
 6fkl uN66 ; fwf/Of clg dl; gf]tGt' wfuf]eg]
 6fkl 9N66 d]f]tn-latn k/]aN5 cfuf]ag] ..

cfP xfj fx/Lsf vnan slxNo}k; h}of]em]66
 5fP wfj fw/Lsf xnrn sltsf 3; h}of]n's66
 kfv]eG6}luHofP caem / cbgf ; j f7n]of]8u66
 xxf sNof]hdgfg t/ klG slxNo}of]nx66f au66 ..

6fkl cfwf/ d]f]kn-kn /xg]:jfnDal ujfx
6fkl xf]wf/ d]f]; nnn axg]u08slsf]kjfx
6fkl ; #f/ d]f]; Vl; t lhp]yfgsf]dfg ofof
6fkl xf]; f/ d]f]dvl/t o; df 5g\Aiflsz Bf]f ..

6fkl jr]j d]f]0nd 3/agf tfgdf xf]ag\$]f]
6fkl ; j]j d]f]kl/ro-ku/L lzi6tn]rg\$]f]
6fkl ; DxfN5' :ofxf/l; t a? le/\$f ; a}yf\$ 5f8L
6fkl kx05' >4f-lj glt htgsf ol bj }xft hf8L ..

u~hg5gNeq lzi6fr/of clg ; bfrf/sf ; Tolgi7f
uf]v]f]lsf kl]ti7f :d/of ljutsf sf^u8fb]v lti7f
P]h\$]f]lj Zj Jofkls/of rngsf]cf0/f]aG5 6fkl
cfkntl cl:dtfsf]x/of hngsf]vf0/f]vG5 6fkl ..
-; \w/f 5Gb_ Y ltagsg] sf7df8f]

kfy/f

ufoqls'df/ rfkuf0f

df5fkR5}6n-6n lxp]af\$g vf]b}5 km]f
z kf ?G5]lgt gogdf j]ugf; L rv]f
cf0f/0f 5gdg u/L 8Ng vf]5g\rd]f
;]l nS5]tn-tn w; L ue]eq}5 8]f ..

8^uf 8N5g\9n-kn u/L rN5 dl7f]atf;
sfnf-uf]f k0fo lbgf]; lDem xG5g\xtf;
/ftl-nfnl jbg kmndf :j R5tf /D5 vf;
ofql eh05g\; xh kmndf kfy/fsf]lgjf; ..

clnl lj Gwof, rn-crnsf]5fk 5f8] p7N5g\
lzlff-blff tn-lj tnsf]1fg k:s] hf]U5g\
k]j]l ; fmf lxdlzv/sf 6fs/f 5g\tdf; f
xft}v]b}lxdlrd u/]lr0 a%nf ls vf; f ..

rRr]6fkl lgs6 lz/df km]b}/^ulr^ul
lvRb}km]f]lj s6 lul/df d:sb}5g\km^ul
af6f]nfd]; an tgsf]cGgk0ff{lgofnl
kfnf{cfk] lbn rxlsnf]kfy/f t]kt vfnl ..

-dGbfqfGtf 5Gb_

lj Zj f; d]f] u/

gf/fo0fk|fb kfy/h

cfk]eq lj sf/ afbn a;]Wj ff; f]hd]en]u/L
kfg]:j :y ; dfh xfo 0 s; /L d]h]pHofnf]5/L
:jfyl{hl0f{lvof sefj dgsf ; :sf/n]u;t e}
af:gf s]lbg ; S5' sfl]; ; u/]zAbfj nl kl:sb}..

km]PFpkb}z kl08t a8f]d}xf]egl lgl:sPF
5g]ef]Gt lj leGg gf6s /r]nfv]agl lhl:sPF
nfuf]nlo lnb}kuf]lzv/df cfXj fg o:tf]u/]
ofqf dfu{psfl; Pg tn uf]cfk]ynfdf k/]..

csf\$] slt cf^df 5 dl; gf hdl] d b]vg]ePF
cf^g}cf^ le/L lj zfn sbsf e}L gb]vg]ePF
3f0]zAb ; dfgtf >ldssf ; fdlko ; fyl egf
; Sbf]nfe lnb}lnb}; h; h]lj Zj f; 3ftl agf]..

cfk]eq /x\$ km]x/ ls/f eGg]a'em] Ao]enb}
yfn\$]f]5' p7L gx]pg lgs}kfgl ttf0{; wf
leHb}5g\qmdn]n8f donsf df8b}kvfN}5' d
cfk]lg]o lg/f] /Vg dgsf efbf vsfN}5' d ..

wDsl bf]f ; a}lz/fk/ u/L r9g]psfnl egl
afem]lrGtg hf]g ; S5' slxn]cfk]d km]nl agl
sh]lnG5' s'rf]a9f5{3/sf]whf]; a}k]tdf <
kfk6f kTs/ ol lgk]G5' slxn]gf^nf]ln0{xftdf < ..

x]kof/f kl/jf/ ldqhg xf]0 ; Tsd{o:tf]u/
uf0{aG5 uwf cj Zo ; !snf]wf0{kvfN}u/
6fnf]xf]lx^sf]5 z]f o; df af:gf cem]xx{
b}cf]gfs ; '3f0lbG5' ; an]lj Zj f; d]f]u/ 0 ..

-zfb]lj qm]8t 5Gb_

dgsfdgf ^, uf]f{.

dfG5]

k/z'/fd k/fh'nL .k/fz/0

s/fBf]dfG5]5g\ultij lw s/fBf]duhdf
log}/^a\lr^a\l dgh-nx/L 5g\dugdf
; 't\$ f 5g\w}}9; 9; ' pB\$ f sltslt
a; \$f 5g\sfxl n?n? lx8\$ f cinslt ..

; 't\$ f tl dfhl x/avt k}f hklbg]
lensl gfgf efsf 3?3? u/L eng\3l/lbg]
lj nf; L t[0fn]h8-dgh aGg]dlt ln0{
bu5G\cf]fnf]lj ifo; \vdf nDk6 e0{..

lsgf/fsf]ufxl 9; 9; ' pBl uG5 vtl
/ nf6f\$]f]lbg/ 8a]aG5 sk6l
; w}pEg]9f]ul dgh dgn]; fRb5 pxl
pB\$ f cN5ln]0nd bl/nf]u5{/ sxlF <

a; \$f nf5ln]ukml; t s6fP lbgx<
ce}sf65g\afsl lbg ukml; t}ol hgxc
ukml cf^g}efsf ; alt/ kuf] \eG5 klxn]
; a}cf^g}kf/L sk6 nodf xff5 hlxn]..

lx8\$ f yf]h]hlt klg u/]sfd hudf
kYofP cfk]n]>d-0ndsf]slt{hgdf
log\$ f ;]fn]; a dgh aG5g\hutdf
c< affsl vfG5g\clg al; /xG5g\dkmtdf ..

-lzvl/0fl 5G6_ Y h/fkfgl \$, enfkf .

; flxTo ; j 4g sGbl gkfn
; flxTo ; j-4g b]6f ; ldfglaf6 ; ldfgl JolQm]j
 @)& kf=8f=szjk; fb pkllbfo .
 @)&! kf=lzjufkfn l/; fn
.xl/x/ zf:ql ; fljqbl]l ; flxTo k/:sf/l@)%\$
 @)& kf=8f=jf; bj lqkf7l .
 @)&! kf=sjof uf]d .
.ljZj Hoff]t ; j]f ; ldfgl ; ldfgl ; :yf
 @)&! >l ; To ; f0{slbl k} {sf7df8f}

=kI5

k?iffDd cfrfo{

df6f]p7b5 af/ af/ luhnl rfd]agfPkI5
9^af h6b5 Ps zIQm a6hl gfd}x/fPkI5
vf]hf p7b5 j if{j if{hn g}sbl agfPkI5
5fuf h6b5 vf]raf6 lahnl aQL gkfPkI5 ..

8fBf p7b5 ; jkgdfly b; sf]k}f]v; fPkI5
kfvf h6b5 ufpleq olun]af6f]gkfPkI5
6f/L p7b5 kaff6 ; Dy/ ldnL affen]agfPkI5
kf/L h6b5 j fl/af6 ; lboff]bf; L agfPkI5 ..

cfnl p7b5 v] v]el/sf afnl x/fPkI5
sfgnf h6b5 e]hn]lbg]wSsf nufPkI5
sdl{p7b5 sfdaf6 >dsf]lx.; f gkfPkI5
df]l h6b5 uf]haf6 dxsf rfsf x/fPkI5 ..

a]rf p7b5 tl/af6 ; kgf j iff]aufPkI5
lu6bl h6b5 Hofgdfly 3gn]c88f hdfPkI5
xf]p p7b5 nfn tfk a6hl af; }p7fPkI5
sf]fnf]klg h6b5 ; fy xf; of uff; }gkfPkI5 ..

rNxf]p7b5 zlt j lif{xg]Gofgf]x/fPkI5
5fgf h6b5 /ftleq 3/d}tf/f pbfPkI5
gfDnf]p7b5 dfyaf6 el/of hfuf] cfPkI5
bfDnf]h6b5 dlQmufdl kydf r]Go kfpkI5 ..

dbf{p7b5 x}lrxfg plwgl nf; }lasfPkI5
x88l h6b5 utaf6 olun]; flfl dufPkI5
AoEnG5g\0ltxf; k]7 abnl af^af]agfPkI5
en]sG5gVlj /ftn]dgk/L ; Qf rnfPkI5 ..

-zfb]lj qml8t 5G6_

xgf]f8l, dsjfgk/

Y

sf7df8fj

k?iffQd I; Ubj

;gy]k/L-df-w/L .sf7df8fj
 knut /f5 a:g]w/L .xft df8fj ..
 sg}sfdf soff{no}5p hfpn
 ;d:of o; }klg uGtJo 7fpf
 of eG5 sfxl ptf eG5 csf
 ?vf]zAb a; f5 emsf/ kmf
 st}el6Pdf eg]dVo kfq
 sxffk65 afjhl / p:sf] / q <
 .gd:sf/ ;fxa W laGtl la; forj
 Joyf, kl/, j QfGt kf\$]khsfofj
 g; Ggjh; f]dfq s; l{3dfdfj
 / cfMle0f?i6 kf/L p7fofj
 pkb}r9\$]aen] .sf7df8fj
 ; xl lgl:sof]gfd of].xft df8fj ..
 ; la:tf oxff nf8; l8^Vx5
 vhf lfg tf wt{f0{eP5
 ls hfnl kmfxf xNofxf wtf/
 7ul a\$df/ / uG8f xhf/
 ;dfj lztsf]dV68f]le/f0{
 la6f gfn]xfir leq}l5/f0{
 n7}log}.8gk; ; fy /fvl
 .:j hNof{8lsf]:j kg afBj]rnfv
 ls g]f / cfkntsf]eflvodfgl
 ePsf]aen] 7fpf of]:j Ofvfgl
 cxfl]eflv rDsfpg].sf7df8fj
 bvl hlQ x]l a; l .xft df8fj ..
 lyof]kfs[-; ff]sf]k/fgl
 snf-zf:q lj 1fgsf]/fhwfgl
 :jode":je"b] tl af; uy
 lj sf/L dgf]gf b' xy]

layfh] zflGt :j ode"?j f0; \
 lzj f-zDesf]bfge-l p8f0; \
 ptf kfj gl j fludtl lbJo u^uf
 gbl lgdhf kfbkyg\bx r^uf
 g; Sg]5g}Dd bufw kfl/; \
 lsgf/f a;l dq-la:6f ykfl/; \
 wj ff tlj |bulfw 5f/f]p8f0; \
 / j iff{eP rfr\$}8af0; \
 ?3f zis vfl sbflrtVg5f8fj<
 ; bf xflR5pni xflR5pni .gfs df8fj<
 vhl d sf7/ ufajufz
 ; bf bvb5; \; fbul a] -eif
 / ; feni; bf]7f6b5; \ufph]ofj
 d7lleq dfvf] /L Nofpg]xfj
 oxl xf]aem]sf]eg]ofb /fvnf; \<
 ; t\$]p7]af3 s]u5{rfVnf; \<
 d tf 5fl]kPsf]lkm^uf]xf gfgl
 89fP/ if8dGg kfg]v/fgl
 tf dQ /fuf]o; }; f9 5f8fj<
 xhl s78/f Gofosf]9f8 df8fj<
 bwdf ld;]5fgg kfgl tof/
 v/f]knt{f]v]t tof]clvtof/ <
 x/fof]stf < Wj ff, wDsl /afkm
 lgbfof]ls nfvb] sfgfl atf;
 arfP/ /fvVfi6sf]/Tg-emihl
 arf] \cl:dtf bzf]sf]zfg efln
 pl5Qf]gsf9L To; }cfh 5f8fj<
 d cPfn x]l xzf /fv\sf7df8fj ..
 -eh^ukpft_ wDaf/fxl, sf7df8fj.

; N6f] lg; fgl lnP

k\$zf rfkuf0f

snf]d3 5 zfgt 5g w/tl r6f^a r8lsG5 ls
 enls]3fd genNsb}kfosf]cfsfz k8lsG5 ls
 cfuf]bGbg blGsP/ gld7f]bulw kmhG5 ls
 dfem]sf]klg cf; 5g axgf rfn] t]G5 ls ..

bh}>lslj r]sfGt ylnP p7g]g; Sg]eP
 cfvf 6N6h x]5g\; s; n]; Tg]g; Sg]eP
 cfvf glb lj xlg /fte/ g}hfufd a:5g\Nogl
 lgn5g\cf; ' n'sfp5g\k/ ; a}cf]g]k/hfdlg ..

afRg]cf; lem]5 of]x]odf eG5g\vd dg]eP
 nldn]bv kfp5]ls lar/L t8k] hNg]eP
 5f]f]; b{lj bzf 5 / pt}al:5g\axf/L klg
 nldn]3/ wf6b5]/ s; /L sf65]cw]f]hgl ..

o:t}5g\k/ r]sfGt slj sf o:t}ugf; fx
 cf^gf]d[o' k5f18sf klG s/f u5g\; gl s]u2f
 afafsf]lj lw h]goff lsl; dsf]c1fg d6fpg]
 ; f] \$}cg; f/ g]ul/lbg"CGTol]6 d]f]klg ..

5f]f]; b{pt}/xf] \va/ g]ub]gug{cl3
 d}sf/Ofaf6 cWoog g}a\$]f/ laluf5 ls <
 eGb}lklNkn ub5g\ / otf xfdl bj}bDkl
 hf65f]eG' cd]l/sf / s; /L 5f8] of]bul

OR5f 5g cd]l/sft/ u0{eNg]/ 3Dg]t/
 hfb}5f]dg sf]Ssb]klg pt]la; ; cf^gf]3/
 5g\af} nbfabl kmnlbg]8f\$]ln0{wfpG]
 vfgl 5g lj bzf 8n/sf]ufull e/L Nofpg]..

a%b}5f]t/ afWotf hutsf]h:t}5 xfd]klg
 hfbf a] xg]ls a] gxg]hfg]eoff]t]klg
 bh}; j:Yo ag] km/ 3/d}lkm]cj:yf eP
 xfdl wGo xg]lyoff]; don]; N6f]lg; fgl lnP ..

-zfb]lj qnl8t 5Gb_

e/tk/, lrtjg .

dgh ; kgf

kšfzdl0f bxfn

uf0{s\o}klg g; lsg]ult e] lger/Lsf
cf0{s\o}klg g; lsg]efj gfgf y/Lsf
uf0{cf0{; tt /xg]kof; e] rfxgfsf
dfq}nflU5g\dgh lgolt z[\nf sfdgfsf ..

dfG5]dfq}hute/df hlj xf]af]lg ; Sg]
nfd]cEof; 5 t/ egl /U5 s\o}g; Sg]
af]lof] n\of]cats oxff xGg ; fllo]atf0{
; j f]s[6 ; hg 5 cen] b/sf]:j kgh:t}..

j f0flnf0{pks/of jf dVo cf]hf/ kf/L
af]hl-n\l lj lw tl/sf; fy z[\nf/ kf/L
; f/f ; f/f ultlj lw cleJolQmf/}rnf0{
af]r]šf]pm s'; dnodf efj wf/f ldnf0{..

w]}eGg]clg cem cleJo-hgf; fy eGg]
efiff yf]}t/ vk v\bnf]cy{kf/} eGg]
a9b}xG5g\vx/ dgdf ; fwgf ; fy oTg
klG]xGg\t/ hlt u/]a95 dfq}køTg ..

af]hl h:t}kən klg xf] \5Gg cGtof]lxf
efsf h:t}dw/ klg xf] \xGg ; Gtl6rflxf
sf]l /fd]; lgg .lg ; sf] \wt dbG s\o}
n\}af]hf'hg hlt;'s}lrQ a%bG s\o}..

; j f]s[6 kj rg uZf n\ n\}f'hlj Gt
; Gg]k9g]kdlbt agG eG5 OR5f cgGt
dfg]ofql lzv/ rr'/f]lx85 tfs] /f]hl
dfG5]to:t}cem c; nsf]ug{5f]bG v]hl ..

ultl-kl]t-s[t hlt hg}ufpb}nfpbøf
af]lg] n\vg]lj lw /rgf w] uGtl xbøf
klubf]xf]tf e]ge/df ug{s]g}/xGyof]<
lhTg}kg]x/kn eP lhTg s]g}/xGyof]<

hft}xf]hf dgh ; kgf b\5 clUnf]p8šf]
r9b}9b}cemcem p]rf rDg tf/f kušf]
; fRr}ofqf/t lgt e0{9Ss a9g]l; jfo
j f0fleGbf lj ifo ultnf]5G csf]; xfo ..

-dGbfqmGtf 5Gb_

rfa]h, sf7df8f].

γ

ufpf ; Demj

/fdk| fb kGt

hGd]a9]cl3 ; /]d k9]/df0{
x's] ; a]t/ ku]d u/]sdf0
kof/f]lyof]uhasf]/d0f]o ufpf
5f]r6Ss hggl ca s]atfpm ..

affer eP ; a u/f 3/af; p:t}
?Vvf ; a}hldg ef]d?eld h:t}
l/Qf eP 3/ o]f k/bz nflubf
lz]ff :j cfhg u/l cl3 a95' eGbf ..

; f/f o]f ; x/df slt 5g\j bž
j f] / afnj osf]cj z]f z]f
kms] \; a}hgg eld gxf] Na/fgf]
; DemjV kfng uZg\hggl 5 /fg]..

cdfd 7hl hutdf ; ayfš eGbf
dfof 7hf]:j hgsf]wgwfGo eGbf
la; feg]t x/hGd ldf xbG
kSsf k/]g/sdf pkrf/ 5G ..

-j; Gtltnsf 5Gb_

rfa]h, sf7df8f].

γ

n}yglstf u?

kXnfb kf}yh

cUnf]cfbz{5b}/; do slj tf kl:sos}n}ygyf y U
ltd}; flGgWo kf0{; xh sxlnof]dft}fiff ; gyf
s]xf]ltdf]tk:of / ..t?of tk; U agg' s]xf]atfof}
cfh:j l zAb-j fofl ; hInt s; /l agg ; Snfg\; sfof}..

`bf{cWofTd-wf/f cgj /t oxff `5{klolf-wf/f
efiffsf]bl3{]fl; t 5 cd/tf ldN5 cfgGb ; f/f
cf:yfsf] cl:dtfsf]ckx/of eP b}z xfhf cgfy
a; f(f)sfJosdl{U ; tt cd/tf ; To ; Gb}z; fy ..

km}hof]qmGtbzL{slj U hgdgdf qmGtsf]ultnf0{
r9\ng\7f8f]psfnf]; an gj}ojf hf]; nf]r} kf0{
ltdf]cf/fwgdf rdsdo agf] \r}gfsf]dx/ /
ltd}; Tk}0ffn]k}l}tky r'dg\b}zsf s0f}f/ ..

; Unf]; flxTo kmNg] ; /; km lbg]/f]kof]af} ; fg'
; k}sf]af} b}l Abo-Abodf n}vof]gfd .efgl
.df]lU-.ofxf/ kf0{ c` lj sl; t e} `flEof}..; f}dgyll
xfnl rf}km}xfuf ?vel/ lthsf]j [f ef].n}ygyfU ..

a:bf of]lth-j [fsf]; ondf hf]kf0of]zltN
; f}l zltntf 3; l Abodf a9b5 n}y]an
cfh:j l lth-j [f U zltN lbg]xf}n}yglstf u? U
ltd}zAb l6k} cfb/ u/L >4fy{xf}r? ..

-; }w/f 5Gb_

sf7df8f}

Y

s] tkf0}n] xdf] :s'n / sn}hsf k':tsx?
k9fpg'ePsf] 5 <

g}f v}stf-stf

8f= adaxfb/ lhtfnl

hg;]lx}eGbf Hofgdf/f csfl; P
/f}6}fblx}eGbf eftdf/f psfl; P
cwdl{e}6 dfG5}f]5 ; Ddfg htf ttf
efiff-; flxTo;]l 5g\efg' df]l stf stf ..

; j }f/f agl ; f/f :jfy{k}/f u/kl5
e}6frf/ u/L ef/L esf/L g}e/kl5
dfg; Ddfg g}fsf]xg; Dd xg]eof]
nf}S}NofOf ug}f]dfGotf v}stf uof]<

cv08 b}zsf g}f kfV08 ug{sl:; P
n}D6f]r; } cdfsf]emD6f] e}kfg{tID; P
p/fNg]hftsf]gf/f eB}f, et}f eP
hftlo Pstf ug]a8f g}f stf uP <

g}fx} ldn]dfq lxt xG5 :j b}zsf]
Pstf rlnP dfq lht xG5 dw] sf]
cf}g}dfq eBl e5g\g}fx} httf
hgsf]efjgf a}g]g}fx} uP stf <

:j fledfgl sg}5gg\rfxgf ; lsnf]xg]
zflGtsf]l; h}f ug] /rgf /l; nf]xg]
hgOR5f ; dfP kf]U zflGt xG5 htftf
nf}S}f]l}tdf rNg]g}f 5g\v}stfstf ..

-cg}6k\5Gb_

sf7df8f}

Y

**s] tkf0}n} k':ts klqsf sDko'6/
6f0k, ; }6^ jf 5kf0{ ug} 5 <
Complete Design & Printing
goff afg}j /, sf7df8f}
9851-001611**

; GbG ToF] ; f/yl

efuj t cfrfo{

; Qdf ha kU5 pm dh'ssf] rflxGg sf]xl hg
; Qf ; Gb/ nflu yfN5 p; df la; G5 ; f/f kOf
rsf{efif0f pu|tl lj utsf j hfp5g\ ; t/l
bz}8Ag k/]oxff 8la uof]; GbG ToF] ; f/yl ..

; Qf aflx/ u5{efif0f s8f tf/f v; fNg]u/L
dfgf}; b{d] r8Nse/df lgNg]hdsf]u/L
5kf/f]; / aft kN5 txf nfh}gdfgl clt
gf^u}xf] \t tyilk nfh slxNo}dfGg ToF] ; f/yl ..

hf]uy]; xof]u ; Hhgx /QmfDo xGy]ltgl
lh]g]o4 ltg}lyP hgx ; Qf r9f0{lbg]
s'; l\$]ha dft nflu5 p; df la; G5 h]ef]clg
hf]hf]Tofu u2g\d2g\hgx IrGbG ToF] ; f/yl ..

x]hs(6/df p8] ; xh}nfvf]p8df]lblGg}
; l6df]h ge}lg/Lx hg tl db]/xg\hIQ g}
a]f]aG5 ls sOf{6flng u0{; Gb}g; Gg]/lt
h]lrRofx6 hIQ xf] \dh'sdf ; GbG ToF] ; f/yl ..

l/Qf]ufpf5 bSv ; fy hg 5g\afRg}clt si6 ef]
cfzf Ps /Xof]oxff dh'sdf ; DkGgtfsf]lbof]
cf^g]lfg / hlt ; f]b5 ; wf]uGbG bz}/lt
; f/f al4 x/f0{d9 xg uf]dfGg ToF] ; f/yl ..

5f8df]Gofo lg; fkm tl ; hgdf a]ff]huf/L a9df]
r]hl cl:dt laqndf xg uof]axfn ; f/f eof]
bz}8Ag uof]; db]lt/ g}kmsf]pg]Sj }5 ls
pRrf]lrGtg ug{5g slxNo}hfGg ToF] ; f/yl ..

dfG5]xf:g ; sf] \o; }dh'sdf ; DkGgtfsf]3/
; f/f k4lt]n]rnf] \dh's of]d]l a9f] \; Gb/
Gofo}ldNg uP/ of]dh'sdf ; d[4sf]af/ xf] \
leQf]em]ga; L s/f ; a ; gg\^a%b)s/f ; f/yl ..

-zfb]lj qml8t 5Gb_

sf7df8f}

s]u/]xf]hf t <

efllozfnl clwsf/L

cfof]Tof]ha ; ft; fn t oxff z]f]f] /foffx
kf/]vQd kmNg' k5{logsf]Nofcf]g h]h]a?
yfn]eGg ; a}cuf]l8 a9 cf]l kmn]f]g of]9fn P
eGbf zf; g u]P ; a v'; L cfgGb ; f/]eP ..

/foff zf; gsf]eof]ktg nf}xf]hf lg s]xl goff
a:5g\9Ss aem] lrQ sltsf eG5g\epgg\oxff
x]dl dVv lyof]; g] ca tf cfof]k]hftGg of]
lg:s]Ps y/l ePg t egl cfb]f]hg]Tof]eof]..

NofPsf]klg u]of]ta p; }Tof]kGw]fn}clg
efllof]cfpg g}gkf0sg nf}Tof]; q; fn}klg
csf{bz}lj sf; ug{ca tf rflxG5 k-rfot
eGb]slt cfp nf}cl3 a9f]s]xl ldn]g\dt ..

kZrft\ ; #b g}bnlo xg uf]kms]oxl zf; g
rSsf hfd lj /f]w g}; ? eof]kZrft\ u/]efif0f
sf]xl ; Gg tof/ 5g hgtf ef]f]lj gf/f; g
eGbf dfly bn] /ftlbg g}u5g\Ntg}zf; g ..

nfPsf hgtf t dfly hgtf xG5g\56]cf; g
kfP cf; gdf a;]olb eg]yfn5g\Ntg}wsG
cfof]of]u0ftGg cfh clxn]ef]ul /x5f]goff
eGb}5g\sltn]ePg ca of]o:tf]t km]oxff ..

sf6g]k] oxff a;] vdf cf^g]h/f v]sf]
/f]sf]nfp5 x}kmsflnsg nf}cf^g]oxl e]f]sf]
s]NofP ca xG5 nfg eg P l s:tf]goff zf; g
h]cfP klG 5g xGg ; v g}xG5g\ wf]efif0f ..

-zfb]lj qml8t 5Gb_

sf7df8f}

:j Kgf g/fd[] lyof]

e] gxl/ l; Ubh

AoE[]cfh laxfg kfir gahl :j Kgf g/fd[]lyof]
cf[]l /ft lyof]st}au/df yk[]v/fgl lyof]
xfj fsf]ed/L agl kmgkngl d:nf]a6fb[]lyof]
To}d:nf]lahhl / afbn agl ; Gqf; rsf[]lbof]..

lgb[]df klg :ofnsf :j / ?vf 6f9f ; lg[]y]st}
d[]f]dfg; cw[]lbt lyof]uh[] xfj f st}
5ftl 9S9s ub[]of]dv ; 'sl RoB[]hd[]sf]lyof]
3f[]lleg ah[]s; [] sk8f sf[]l s; []f]lyof]..

d[]f]cf^ lhl/^u ef]ha p7[]cfef; pN6[]lyof]
z^s[]sf nx/f a9[] dgdf uff[]uhN6[]eof]
kSs}cfh clg[]6sf]va/ So}; Gg}5 d[]eg
of]d[]f]dg w8[]sof]s'; kgl cfuf]lkln^u[]agl ..

3Gsof]krf[] 8/fpb}an u/l d[]p7Pf t/
ef]cfsfz lr/f k[]fz slj sf]j f0[] ; g[]e/
5g[]V]ca r[]sfGt slj hl /ftl lat[]/]pgl
eG[]nf]g k[]fz ol ; a s/f 7[]f u/[]egf ..

xf xf sf[] 0 s7[]/f 0 slj unl x8[] / 5fnf lyof]
afsl z[]st lyPg lx[]g gxg]sf[] ; s[]lyof]
kof/f d[]g; j[]efj g[]ng]afgl lyof]; Hhg
sh[]s]sg b'dgl t[] u ef]cfP ls 3Rrf lbg <

tl n[]y]slj tf s[]rl /utdf r[]kl lbdful d; l
tl a:y]tn updf ; x/sf]b[]l Joyf tfd; l
c3[]f]sg s[]lyof]/ pgsf]x]sf[] k[]kl dg
To:tf ; Hhg; Dd 5f8[] gxg]s:tf]agf0; \3g <

n[]hfg]ca b] 3f6 slj sf]sf[]of ldl eG[]5f}
d[]bz[] ug{clGtd j xff EofpGg /]eG[]5f}
PSn}kf6gdf ?g]slt ?g]of]eg[]Q]km l
d[]sf] u ; fk6l lng' x/]cf[]v ; 'sf0{d; l <

d[]f ; fb/ r[]sfGt slj sf]; Dks{6f9f eof]
ltd[]k[]/ cd[]/sf udgsf]; Ktfx rfn"eof]
d[]f cf; / uff; af; gxbf gf/fo0[] s]em[]f
To]gf/fo0f3f6af6 s; /L 6f8[] / k; f{t; } <

-zfb[]lj qnl8t 5Gb_

; fg[]k, kf6g .

cGt/dgsf] lrGtf

dw kfy/h

/ftsf]sf[]ndf a9[] yf[]of]cem}
k[]tsf]nf[]ndf 36[] yf[]of]; w[]
s]s; f]ef]c[]of/f]t k[]hl uof]
cf; sf]To]p[]hofnf]t affem]/Xof]..

q[]lGtsf]r[] v}z[]fGtsf]j f; v}<
b[]z lgdf[]sf]dfu{cfef; v}<
s[]Nkgf, efj gf dfq ; Qf eP
7f] ; ^s[]Nk 5f[] eQf eP ..

pm d[]of]b[]z ; Dem[] lg.; f/ ef]
3f0t]Sj }eP s]goff k[]t ef]<
; lj-wfg cem]ue[]dfq 5
dfly kl[]g]; a}; jfy[]Jo:t 5 ..

p7[] kg[]eof]; fy ; f/f ldnl
b[]zsf]dfu ef]afRg' Joy[]hnl
kl[]g' kg[]lyof]dfly of]b[]zn]
k[]t uDg]eof]hfu x]xf]n]..

-; []j onl 5Gb_

lj /f6gu/ .

Jofj xfl/s klf

dw; Gofjkg]

cfdfn]ub]5g\ufnl eg]d lvGg df]Gbg
c; hfnl lk6g\tnl To; nfo{d df]Gbg ..

sf]xf]0Zj/sf]1ftf eg sxf 5 0Zj / <
; wf zflGt 5 hf]af]Gg]pxlleq 5 0Zj / 0

s:tf]of]lhGbul /yf sf]G{cufj 66b5
g56f] \slxNo}/yf eGb eGb]lg 56b5 ..

b]vbfdf ; lsnf]aGg]kfn5 kfk eo^s/
klT j :qflb c]f]df wdf{df sf]xL xG5 / <

Ps rDsl ph]hldf k'tnl ; Nanfp5
bMl dfG5]; Vl aGb v; L e}rNdnfp5 ..

v}uGg]rlh g}5g eg]dfgj lhGbul
uGg' pd] dfq}t s]5 / To; sf]ult <

dfG5sf]hlj gl dfq}k9bdf 1fg a95 / <
To; af6 lnP tEj ta kf]aG5 ; Gb/ ..

nfE; Gtfj]f ubg pm hfnemh ub5
lng}dfq pm v]f]g]ef]a? dg{tof/ 5 ..

v]hf tg{g; Sgh]kf/L cfvf 8hfp5
h; /L rGbh]cfvf k]jL x]L ehfp5 ..

c]llof/f]h]sxf afwf u5{pGglT dfuGf
dfq pHHj n of]5g c; ; a}5 7fpdf ..

; f] lj rf/ x]kof/f 0 ; v cfpGg x38L
nfnlu/f; k]nb]g ofd]kR5]; w]l/ ..

/f]lsf]Ps 6qfn]klg afRb5 hlj g
rf]f; L Jo~hg}vfP klG db5 hlj g ..

PsGf; sxf xG5 dl7f]; ^ltsf]Wj lg
kfgL3§ 3d]h:t}; v bM 5 knkngL ..

/fd]dfG5]; w]/fd]pm ubg r/Lkn/L
rf]f/Ldf a; f] \hf]g}dv 5f]b]g nfs/L ..

c^saf6}5 kf/De c^sd}5 ; dfkg
c^ss}v]h of]; f/f hf]5 ; Hhg bhg ..

dfG5df thgf ubf{k'tnl yf] afRb5
h; /L k]jLsf]5p dfG5]afRb5 db5 ..

sf]f sfuhdf Gof d; L kf]vg' kb5
; ljwfg goff ofqf zflGt n]vg' kb5 ..

; l]6df kf0g]j :tleq x/§ tEj 5
j zfvL n^u8fhf0{slt w] dxEj 5 ..

-cgl6k\5Gb_

l; Gwkfnrf; .

Y

lhGbul

ab /fgf

5/] a] efj gf cufw k]l df5{sf]<
x/fe/f w/f ; a}phf8 xf8 kf5{sf]<
ag] sfn b]6sf]lrxfG vG5 lhGbul
Hj nGt e]lbuGt xf}; b} eG5 lhGbul ..

5 3fddf / hGdf 5 lhGbul r/fr/
avfg s]u/f]c; 5 sfn lhGbul 5 /
j; Gw/f CtDe/f agL axG5 lhGbul
Hj nGt e]lbuGt xf}; b} eG5 lhGbul ..

gu0o ^}; a}x/latf; uG5 lhGbul
lggfp/f]/ %ofp/f]sxf; xG5 lhGbul
; uj {/fi6<:j fyGf zxlB aG5 lhGbul
Hj nGt e]lbuGt xf}; b} eG5 lhGbul ..

-k-rrfd/ 5Gb_

j}jn .

Y

vfb} hf cem 7Ss/

8f= dw; bg nfld5fg]

otf /fjk; \ptf /fjk; \d pdlg st}lt/
df6f]elGf; \yof]9^af ehs}f]5 lg of]lz/
/ftsf]zLtn]vfof]lbg fsf]3fd kf]b5
xNofxf le8n]6\$5 cfwf z/l/ db5 ..

s}h]kxf8df /f]5; \s}h]lnG5; \t/f0df
dgdF 5g lj Zjf; s}h]/f]5; \xdfndf
ljr/f]lj?jf; fg]5'lr; fh]; tfp5
d}f]dfy gx}f]5 sNn]kf]ofb u5{/ <

pQ/l xx}cfwL dnf0{g}p8fp5
xfuf sIQ 5b}5gg\de}f]dv dfq 5
otf eG5; \ptf eG5; \5 d}f]kik j fl6sf
pdlg Pp6}kith kl8f 5 kithdf ; bf ..

t}f]5 dgdF bDe tf; w}kntkntfp5; \
sf]5gV < b] tf eG5; \cfkng}j zL ahfp5; \
; fem Dd lyPf eG5 blvb} laxfgdf
dgl:ylt lauf/} dfnl kl5 lrxfgdf ..

cfvdf cf; 'sf wf/f a/} /{v; fpb}
lrxfg /ftdf p75g\pxl :j Kg ; hfpb}
; }f]lrxfgn]eG5g\ceful /l5 vkk/
xfdf] :j Kg eh}f]5; \vfb}hf cem 7Ss/ ..

-cgl6k\5Gb_

sf7df8fj.

Y

s] tkf0n] xdf] afn ; flxTossf k':tsx? xg}ePsf]
5 <

sf0nl; t

dgh e08f/L

s}h]s}h]xfoe/df efj gf sTsTofof]
p:sf]d}f]kl/ro eof]slGg s}h]k5}ofof]
; f}k}k}f} l}kg xl/of r}f} ol v}f}; fy
uff; f'Sof/]ca d lk/tl sf0nl P tf fy ..

of}f kf6f]5 /gj gsf]sf0nlsf]aofg
csf]kf6f]khlst xb}sfun]yfk5 sfg
kf}l v}h]lj xu lj /xl efj gdf cgGt
8fs}l 5]cd/k}df sf0nl]j; Gt ..

d}l S}h]l; E lj /x 5g\sgt' blvG5 xff; f]
j f s:b}5]lgh x}odf sf0nl]; gf; f]
xff; f]5f}klsg z/dn]sf0nl 5]; dfg
S}h]lnf0{8/ 5 ls s; f]sfun]nfG5 sfg ..

sf]xf]eG5]lj /x lar/L sfun]s]; 'gfcf] \
ufpm eG5]; tt Inv/L sfu s]uGugfcf] \
h]kfof]To}ukm ; a lb0{s]u/L 5\$ xfgl
:j kgf aGb}v; 5 lar/f]sfusf]lhGbu}fgl ..

S}h]l csf]lj lkglt/ 5] sfu csf]lsgf/
s:n]afllg]kh / h; n]hfl}8of] \j/fk/
hfYof]k}h}lgs6 ej /f k}l/ xGYof]ls e}f
S}h]l:h;t}; /; slj tf sfusf]e}bP t ..

-dGbfqmfGtf 5Gb_

b]3f6, t}xf.

Y

s] tkf0n] xdf] cWofTd / bzgsf k':tsx?
k9g}ePsf] 5 <

zflGt / kØ

8f= dfwj hfzl .ndh^a

s]5 s]5 bzd f hl0f{/fhgllt 5
5g /IQ zflGt g]hlj si6k0f{5
gf0s]h6]; a}:j fyklt{ug{g}
lal; P ; a}s'/f cf^g' kØ eg{g}..

bz kØ u} Sof]hfttkm{9Nsg
leGg /fHo vff5 ; ^3lotf agfpg
hft xlv /fHosf]dfu ef]lugfpg
qf; blvof]oxff dfdnf l5gfpq ..

elTsP/ u} Sof]; lfwfg ; ef klg
nfq Ø s]crDd ef]áGá /fu ylkbg]
v:sb}5 bzsf]gfd dfq h]hlt
affss}pkfo xf]dfq ; j {; Ddlt ..

:y/ /fhglltn]lbG5 zflGt zlt n
k0f{:j fy{5f8 nf}Ø bz xG5 lgdh
zAbsfz leqsf]zflGt zfg cfp5
k0f bzd f lbg]cfdbt 5fp5 ..

nfstGq bzd f zfgn]emfpg
hft, j u{ wdf dhgllt 5fpg
nfu nf}Ø ; dfhsf]sfdgf hufpg
zflGt, kØ dfu{g}xf]; lxi0ftf xg ..
-d-hhf 5Gb_ ndh^a

Y

slj tfsf lktf; ß

ag" nfld5fg]

hit goff tgn]pleP klg
hit goff kgn]; lhP klg
xØo eG5 ; w}olt hfgf]s Ø
d slj tf lzz' x' slj efg'sl ..

d gj kNnj pGgt alh tl
kyd pbùd tl d goff ult
d ultsf ultdf lbg ; bùlt
slj pbfQ ; w}slj tfklt ..

d slj tfkmsf slj tf pg}
dØ' ctlt pg}elj tf pg}
ls/0f Ps d ; t\; lj tf pg}
d lzz'sf lxtdfu{lktf pg}..

km's xGg d xGg lktf; t
5 ca x'sg' o}slj tfl; t
slj lktf; tsf s[; f}e
xg' 5 ; Gb/ j zh uf}j ..

ul/lbg; \; ? x]Ø slj tf u? Ø
xg ; lsG5 st}ls goff ; ? Ø
vnssf xs /fvG ; /lft
xg ; lsG5 ls Tof]shblks ..

glb0 5f8Nbg]j zhsf a'tf
elg; s]dgn]; g x]lktf Ø
ca d a9Nbg ; Dem s[fg e}
d shsf u0f lng5' v'; l xb}..

lbgxf c8kgd}d k/]klg
d u0f e]Nbg]x] d/]klg
cd/ kfg{dgf} / cl:dtf
j rgn]k0f u5{d x]lktf Ø
-bfws 5Gb_ l; Gwkfnrfß .

Y

gkfn cdfklt s[1tf

d'sGbk| fb zdf{ rfln;]

xfldlfem lbof}lxdfno, pef] tfSg]; xf/f lbof}
kxf8l lj lj wf goffkg ; wf, ; f}bof{/f lbof}
rfyf]j fo' lbof}ld7f]hn lbof}df6f]lbof}pj {
/fdf]eld lbof}/ sd? xg]cf:yf lbof}; Gb/ ..

xfdlleq pdfg{/fu/ldtf nfnlu{/f, }lbof}
rflng}k^x lj sf; sf /xl/nf 8fkn]gfn}lbof}
/lffglDt lbof}cg\$ kx/f, cflnf]; /l áf/sf
xNnfP/ gxlnNg]x}osf gftf lbof}kof/sf ..

dfG5\$sf]d6'sf kntsfng s6'/f 1fgl lbof}uf}d
gf/Lnf0{hufpg]hgshf dftf lbof}pQd
; Rrf elSt ; 'sfpq]lj utdf ; Rrf lbof}elSt /]
; fRr}k0f{bM ePf hglg x]Ø ; Rrf lbof}zlst /]..

gf]nf efj lbof}gjlg slj tf dh]l; lufg]ePf
gkfnl 3/df zzl / ; lj tf P]h]ptfg]ePf
cfh}ug{5 tfndf ; / lbg]; ^ultsf]; fwgf
cfkn]eq xg]snfdo hgl xf]ef]osf]kfxgf ..

;]fejj, k/fk'sf/ u0fsf]/fdf]lbof}1fg /]
; ^nf]:gk, bof, ; j wdk]xtdf lj Zjf; -; Ddfg /]
ltdf]pRr lj rf/n]x}odf l; h] cs{5lj
hDd}f slj tf lbP/ aghf >4f :j zkl slj ..

-zfb]lj qnl8t 5Gb_

Y

j fln^a .

s] tkf0h] xdf] syf / pk6of; x?
k9g'ePsf] 5 <

P Ikφ]0

dgf coff

p3f/ rlf P Ikφ]0 laxfg e} Sof]x/]
sx"sx"u/L u/L ; ; 5 sf0nl c/]0
gkrfn of]dxt\$]f]; wf ; //j if6f]
r6Ss glb 5fl8Bf}ag] t{t cftsf]..

r/fx; lr/lla/L u/] lrla{fpb}
w/f kljq kfb5g\cdNo dGq ufpb}
t/af t/ab}cg\$ dGq dGqn]
kljq kf/ sfg tl ; /Do j k7n]..

ckf/ zAba}dsf lggfddf /dfpg]
wkSs wkwkfp]k\$zfzdf gxfpg]
ljleGg /a 9aduf ljlrqn]t/ang]
; dli6 x] ; [6sf]snf eP/ /ang]..

n'sl l5kl ; bZosf ckf/ c^sdfndf
5 jfo' l; l; {fpb}n x] dGb rfndf
axf/ of]s; f]u/L egf/ s]d zAbn]
ud] PskN6 tf lgoInBf}g cftn]..

5 eh v}sxif0 sxif0 56af]oxif t dfw/L
au] leq leq g}kul stf stf rnl
; wf kjfx lgenL 5 cfh}lg/Gt/
5 l; hgf ; ; fpb}lgoInG ; fwgf u/ ..

d/] hfG5 b} of]6kSs nfg5 sfnn]
eh] cGwsf/df gkrfn v] sfn x]0
ca] e} Sof]lgs}p3f/ rlf nf}g x]0
rd] l; hgf; ; uj {afir P Ikφ]0

-k-rrfd/ 5Gb_

xφf8f .

d

ofbj k| fb zdf{

t[0ff 5 sh]wg wfGo zfgsf]
t[0ff 5 sh]dlxdf / dfgsf]
t[0ff logdf d eInl /x]; wf}
clgTodf g}d ehl /x]; wf..

t[0ff 5 sh]d ; wf/xl /xP
t[0ff 5 sh]d sxlfxb}gxf'
a\$F/sf lrGtgdf eInl /x]
; #f/df g}d ; wfehl /x]..

t[0ff logh]d : jo+dblv g}
k/fadVL e\$g eflb5' ; wf}
; jKgf ; dfg}wg dfgdf /dl
; #f/rj rlar cInenPfd g}..

d z4 r}Go : jo+eP klg
cGgt cfgGb : jo+X]klg
dfof larof d eInl /x]; wf}
kbfydf g}d ehl /x]; wf..

r}Go x'f'd}h8 of]d g}xP
d zGo x'fefj -cefj d}xP
cfef d x'cGw cufw d}xP
30ff tyf : g} klf9 d}xP..

cGgt d}/Db5' zGddf ; wf}
h; f]u/L rGb|3d] ol w/f
x'fpb}x'f5 ag] ck; /f
lgw\$S K]jL klg ; b{3Db15g\.

cGgt of]eJo csf; df ; wf}
tl tf/sf Hof]t hnf0{emMdn
cGflbb]v lsg l6lD6dfp5g\<
of]kφ-cfsifof x]; v]0 aen]..

r}Go x]jf h8 ; To x]egl
v]hfpb}zAb lr/] /fklg
a/flng]bzG Joy{eflGt x]
of]zGof dfq cdf\$ zflGt x]..

o}zGofdf d ; wf/dfp5'
cGtd}cGtokl5 lanfp5'
d}zGo x'zfZj t ; To tklg
of]dWodf agb5' JoSt d}klg ..

d lgTo x'f'b} eg]clgTo 5
cJoSt x'f'klg b} JoSt 5
of]JoStsf]afw cJoSt ub5
cJoSt tf lgTo 5 JoSt db5 ..

b]6f d x'f}r}g ; flfl x'f'd g}
; l6f d x'of]; a ; l6 x'f'd g}
d}zGo x'f'klg Hof]t anb5'
cbXo x'f'klg cfh hNb5' ..

b]6f ag] blgofe/ lgTo dh]
bl6 nuf0sg bZox; : j oef
; l6f d g}x'clg ; l6 ag] dh]
o}; [6sf]r/d nlo lgx'/b}5' ..

Y -pkhft+j; Gtltnsf 5Gb_ sf7df8f.

ldlynf /fHo

oj /fh zdf{ uf}d

dxfg\hgs /fhf xg\vfHo uy]t/f0df
ldlynf~rn ; fdHhO kmhPsf]; duqf
lj :tfl/t lyof]/fHo rf/}krfj l/kl/
hgsk/ ef]/Do /fhwfgl ; w}el/ ..

lj afg\hgs /fhf tl /fhlf{sxnfpy]
lj afg uf]7L ; ef uy]zf:qd}axnfpy]
of1j NSo u? xGy]wd{bzG lrGtg
; f/f dlyn ; fdHhO lyof]j}ej /-hg ..

e0g\k\$6 ; ltfhl k]jlsf ueaf6 g}
lj /f6\o1 xB]ubf{o1d08kleq To}
/fhf v; L e0{w}]; j 0f6fgx; u/
pNnf; do baf{xif{a9f0h]e/}..

sdf/ xg\cof]ofsf /fd /fhljnfr]g
ch} To]a8}fsf]u/]wgif e-hg
lj j fx /fd ; ltsf]hgsk/df hxff
/fhjw"u0g\; ltf cof]of b/jf/df ..

5f7L gkfnsL ; ltf cfbz{k6/fgl xg\
; tl ; fljL log}; ltf ; }f]o hggL algg\
/fi6kf}j xg\; ltf lj Voftf gf/L /Tg xg\
gf/Lsl k7}ff ; ltf ol /fi6sl lj elt xg\.

snfk0f{5 lj Voft /fdhfgsl dIGb/
6lsdu9 /fglsf]gfr]vf lbJo ; Gb/
ahf}f/x; /fd] dlt{p:t}dgr]/
/fdhfgsl baf{xif]/fi6 w/fx/ ..

; kgf klg vfPs} bV5'

/d}z uf}d .kfnkfnl0

cr]h s]eof]slGg ; kgf dfq bVb5'
lx8bf, a:bf / ; 2fdf vfPsf]dfq bVb5' ..

vfPsf]s; /L xG5; h^un}klg bGbg
cnsqf ttfP/ lkPsf]xG5' tGtg ..

58, 9^uf / afnj]f sdnf]slt xf]slt
sYofDd kfb5' To:; }kfPsf]/ ldn]hlt ..

af6f}f]klr krf]7} em}ofDd klg kfb5'
agfpg}kYof]eGb}sYofDd clg kfb5' ..

tfha k5{x}cfk} alnof bff xg\slt 0
kr}f]s; /L xfhf 0 ef/L of]cfb xf]slt ..

u/lax; dfq}xg\gvfg]c? sf]5 / 0
d]t b}z vfb}5' ub5f]s; sf]e/ ..

pxl p7fp kfy] ta kf]xft kb5
vGg' kg{; w}ubf{clg kf]wg emb5 ..

u0ftGq cxf 0 s:tf]kmnkrfk u/fpg
eg] lj k/Ltfy{nfu}f]5' agfpg ..

lsg xf]lsg ; f/fn]u0ftGq ?rfpg]
dh:tf vGr]fnf0{xbr}05 ; xfpG]..

; xf/f lsg xf]vff]g]u0ftGq ldnk]15
cfxf/f b}n]lbG5, g]f dfq ePk15 ..

lsg sfgg vff]g]xf] doff} lsg rflxof]<
df]hd:tl eP eYf]vff]f]wg kf0of]..

; kgf lj kgf ; f/f wgs}a; df xg]
cfcf]; fyl u/f]df]h b}zeQm agfpg]..

; u/dfyf

/dʒ z'eɹʃ'

ufyf ; u/dfyfsf]ufpf eG5' d ; lStgf
r95' ; u/dfyfdf al; /fVg d ; lStgf
cfkm]; u/dfyf e}clnf'eG5' d ; lStgf
dfq}; u/dfyfdf xl//G5' lbgfllbg ..

of]dʒ]bʒsf]w/L Pl; ofsf]prf]rhl
rfblsf]/^unf]dfyf ; Dkbf hn dfw/L
of]5fgf]lj Zj sf]clnf]; Eotf lj Dasf]rhl
oxl ; fu/sf]; fʃ oxl ; u/sf]ky ..

oxl kʃ[tsf]slit{; Eotf ln:g'ufʃj
of]dʒ]lj Zj sf]clnf]; Eotf df8 bf05f]
dʒ]bʒ vnf]ofʃ}>d, cGg / glttsf]
lj Zj kmf6 oxlFh65 1fg lj 1fg p7t5 ..

oxl ; u/dfyfsf 5fgfdf lj Zj c6t5
emStg wfs wDsln]xlNn5g atf; n]
cfwL em6enf lg 6b6 6b6 l; Gw' 5fnn]
pRrtf eGg' dfq}of]o}xf]c6nsf]lbof]..

wl/ l:y/ egFo}xf]oxl lj Zffn lj Da xf]
zftt l:glw egFo}xf]lj Dasf]klg lj Da xf]
oxl ; u/dfyf xf]1fg lj 1fgsf]w/f]
dfly xʃ] pSn65g\; Eotfsf lxdfotl ..

dfly xʃf{sxfFxb}{xʃk5{oxl rhl
eb]lsf]prf]c^u lz/ o}lz/ tfh o}
wtl{ufʃj sf]9^u l; ^uf]elufʃh zfg o}
lj Zj sf]; Dkbf 5fgf]aʃdf08fZrfoʃf]lrgf]..

ef]tsf]df / cfllof]d bj ʃf]pRrtf lrgf]
pRrtfsf]k/fsfi7f eJotfsf]c; ldtf
oxl ; u/dfyf xf]rʃgf xf] \s ; Eotf
dfly xʃ] pSn65g\; Eotfsf lxdfotl ..

-cgf6k\5G6_

afgʒj/, sf7df8f}.

w8lsg] kʃof /fi6«xf]

/fhʃb| tf/lsofl

a4Tj t[ej xf]dʒ]f]; u/dfy-dfy xf]
cd/-elQm pnhf{xg\elD; ʒ :j fledfg xf]
c/lgsf]snf-vfgl, efg' xf]dh sfJosf]
:j bʒ :j u{x]dʒ]f]gʃkn clj eHo xf]..

5lnof-bʃ8f gfRb}pkʃof]vkt8-cfug
; fsʃhdf pwtʃh / peʃhln]xʃof]dg
efsf ; dfrrv] fsf]xfNb}dwʒ ulGhof]
/fʃl-afng /Gʃ] gʃkn lbn 3lGsof]..

/lit, eʃfeiff, hʃlt, ; s[tn]cgʃ xf]
rG6/ ; bʃf]5fgfdlg :j bʒ Ps xf]
glnf kxf8df nfnlu/fʃ, emʃdgʃ/
8fkʃh]/^u 50fkʃf]dʒ]f]gʃkn ; G6/ ..

sfʒl / u08sl gf3f' d s0fffl auf'ls of
; :tfpʃd}agl /f/f, df5fk5ʃr9f'ls of
r/L; /L x/fpʃ of xl/of]ult g}agf'
gʃkʃnsf sʃgʃsfkrf cv08 blk d}agf'..

gf3ʒ /fi6sf ; ldf d bf; aGg hfGgf x}
; hf0{kʃhaf/L of]d hfG5' /fi6«wfGg x}
hj fgl kfV/L hfʒ, kʃ08 /Qm zlQm xf]
dlea Hjf/ pln65 kʒft bʒelQmsf]..

jL/n]/Qm/vfn]sfʒʃf]; fw /fi6sf]
; wʃd pRr /fVgʃ' :j fwlg zfg /fi6sf]
dʒ]f]lj zfn 5ftldf c6fcf] \j Zj -efj gf
kʃt' lu4sf]cfʃv gnuf] \u5{sfdgf ..

l9Bf]/ uGb\$}vfcf] \klj q lbndf k; L
aff; /L g}knsf] \of t ufcf] \e-Hof^a\udf a; L
af\$]l g}knsf]l r q, lkP/ lxdsf]hn
knsf] \of]lj Zj sf]aGw' 5f\$]l d':sfg lgdh ..

of]/fi6\$}whf}df g}s0fs0f 5 lhGbul
oxl /fli6\$}xfj fdf of]ck}f 5 lhGbul
d}f]uf}j, c}l}d}sf]hlj Gt ult ./fi6\$}xf]
d'6\$}f]Ps laGb}df w8}sg]k}f}of /fi6\$}xf]..

-cgf6k\5Gb_

hf}k}f6L- #, sf7df8f}.

Y

sfnl08sl

xl/k| fb e08f/L

hf]bfd}f/ s08af6 ; xh}lg:s} ofql; /L
sh}z}f}t t /f}k slxn]xf-xf / x}x}f}u/L
clnf Zj] lxdfn pRr lul/ cf}9^uf, d8f, aGh/
vf}k dfu{agf}pb}/ slxn]tf}b}7hf sG6/f ..

d}l}mgfy xb}3d} ; xh}gf}hf goff tl :yn
al5of}x]; l/tf /df0 clg tf ^5d}f}ltdl tNtn
7hf l7Ss clg k}z:t dl; gf ; fyl ln0{; fydf
hf65d}f}cflv/ ldNg To}uxlsnf]; db\$}f kf; df ..

ltdf]z}l}Qm ckf/ efj slnnf]gf}hf]5 ltdf]k
ofqf ; Gb/ lhGbul /xl/nf]pRrf 5 ltdf]xk
ltdf]dfu{sbflk slQ ann]/f\$g}vf}hg}t}f}klg
7hf]j } / z}l}Qm]w/tl g}e}l}sf0 al5d}f}ltdl ..

; f/f bf}f kvflnBf}w/tl}sf]bu}w dh}f clg
:j}f}Q}kf/L a8f}l/Bf}ca`sf]c1fg ; }l klg
of}f ; Gb/ wtl}sf]ca oxf}lgdf}f u^a}u]/
; f/f dfu{x/fe/f u/L goff gf}hf}fv alp 5/ ..

-zfb}l}j qnl}8t 5Gb_

Y

afNo-kp

/fdrGb| Gof}kfg] .j gj f; l0

cfpm eGb}3/lt/ otf zfg ug}ltdl sf]<
eGb}; fyl a; ; 'shdf dfg ug}ltdl sf]<
dl7f]vf}hf el6sg ds}Vj fpg]xf]ltdl sf]<
uf0{dl7f]wg lj /xsf]y}fpg]xf]ltdl sf]<

ub}dl7f lzzlukm va}lrQ xg}ltdl sf]<
d}f]kf}f dg v'; egl nflukg}ltdl sf]<
v}bf k9b}f klg t o; s}; fy /f}g}ltdl sf]<
d}hf, hfq}lt/ klg ; }3Dg vf}hg}ltdl sf]<

dfnf pGg]j glt/ l6kl k}h nfnlu/f;
sf]xf}; fgl rkn k}tnl af; l}tdf]sx}f 5 <
s}xf]ltdf]/x/ s; sf]lg}l}t dfnf pg}l <
; flj ql e}c6n ls t xf}; Toj fg}klv}e}l <

.sf]xf]eGb}/gjg 8hl ufpg]sf}nl xf]<
of ; G}wofdf lem}ldn u/L cfpg]hl}Gs/L xf]<
pm /fwf e}l}r/-lj /lx0fl k}p; L Gof}pnl xf]<
of k}h}g}u}l8ndlg n'sL ; Gb/L Kof}pnl xf]<

dfof l}tdf]clws 5 st}k}d}sl xf}ls vfgl <
aG5g\; Ddf}xt ; a hgf }k}sl xf}ls /fgl <
kf5d}f}cfnf]st x}o of}r}Gb}df xf}ls ; fgl <
/df}gf}R5d}f}cd/k/sl pj }l xf}ls gfgl <

d}hf hfqf j /k/ rn}bf}x/L ufpg]sf]<
uf0{r8\$}f, uhn, slj tf, df}x}gl n}fpg]sf]<
sf]xf}xf}g]kylt/ xbf e}f c}f}v h}w}f0{ <
sf]xf}uf}f}g]k}f}o ulx/f]j fl6s}df pb}f0{ <

7\$}f ug}l; hu /xg]lzi6 xf}; } af}hg]
e}b}f kfg}gog /l; nf dd{l}eql gv}f}g]
dfgl va}ws nxl; g] dl:sg] g}d} tg}
df65]; fgl e0sg vk}sf]ltdl k}l}t ug}l<

PSn}k95af}j glt/ k; L ofl ugl xf}ls Wofgl <
af6f]x5af]t?dlg a; L kφ; L xf}ls 1fgl <
OGb0fl xf}ls t ej gsl nflndf xf}ls; fgl <
nfnl r9b}5 lg j bgdf xf}ls gfh] laxfgl <

afNofj :yflit/ rx/df vllg 8fSg]ltdl sf] <
d7f]3Dg]:ynlt/ n'sl kln /Vg]ltdl sf] <
3Dtl af6f]lglit/ a; L rfn a%g]ltdl sf] <
b7]d7f] gog /l; nf cff; 'k5g]ltdl sf] <

eGb}afir'd ca s; /l nflU5 dfof s; }sf]
d7f]dl7f]lng' ze 5 of]sfdgf x}bz}sf]
sfkl Roflsg uloftsf]kq nVg]ltdl sf] <
af7l /fdl] clt rhah]aflns]xf]ltdl sf] <

-dGbfqifGtf 5Gb_

ndh^a .

Y

slj tfdf /ldtf xbg

/ <

kf=8f-bufk| fb cofh

slj tf k t/aU /aU 5
/l; nf]hljg wd{; ^3 5
dgsf]dd{k}sfzdfg 5
slj sf]sd{l}j sf; dfg 5 ..

slj tfdf slj sf]:ejf 5
lbndf leq 5g]k}efj 5
ddtfdof efj lggfb 5
slj tf of]; l/tf ; dfg 5 ..

slj sf zAb / cydf hxf
hit kf0G5 s'/f goff goff
slj tfn]ult s]lnb} / <
slj tfdf /ldtf xbg / <

/fdlx6l, sf7df8fj.

Y

d7f] cgf7f] j b}gf

lj iofblk ; ^a sNk

lxB}sf] knf of]5 s:tf]cgf7f]
vhf dfu{d7f]sxfgl cgf7f]
lgbfPsl /}5]gb}g's; h]
d lxBb}5' PSn}g5}g's; h]..

s; h]egdf g; f]l ghfpm
/df0{k]lti7f lsgf/f gnfpm
; xf/f s; }sf]gkfo{lxB}sf]
xhf/f}bvl 5g'd cfm]ug}sf]..

; gfof]s; h]csfn}dl/gV]
lrtfdf g/fvl t cfm]hngV]..

Y

klxrfg

/fdk| fb 1j fnl

/f}b}pj { v] cGg lapsf wG; f/ eb}5' d
kn}b}cf/g clUgdf ; hgsf cffh/ eb}5' d
sfvf}gf 3/df d kfV5' kl; gf pBf]u gfh]d xf
lj Bf 55{k9f}b}5' u? e}lzlff ; gfh]d xf..

r9b}pRr lxdfndf dh'ssf]; Ddfg 5b}5' d
3Db}b}z .dw] -kj fU ; a}pBf]u ub}5' d
ub}:j fut ; Eo ko}sssf]; :sf/ 5b}5' d
d7f]b}z cg} /aU/; n]/aUlg ub}5' d ..

d}l; q d b}zsf]xf; adf PsTj 5b}5' d
wtl}k}q dw] sf]xfw/tl ; DkGg ub}5' d
kfvdf vghf] u5{>dn]sdl{/ kfvd]d xf
OGb}l}do of]; dfh, o; sf]/aUlg 8fkm]d xf..

; f/f kj {b; } ltxf/, 57sf]k}rlg cfw/ xf
xfh]l, lqmd; sf] klj q Obsf] Xnf] f/sf]; f/ xf
lxGb," dl:nd, af}, lqnl:rogsf]; femf au}f d xf
; ft}/aU dleq ; lDdInt 5g}\bfdl un}f d xf..

; f/aU, d/nl / dfbn agl aHb}5', afhf xf d
cf^g}df]ns nf}ult; luf uHb}5', tfhf 5' d
/f}l, 3f6' / wfggr ; adf d:s} gfRb}5' d
yf^a}sfleq snf / lraq ldynf sf}xf}b}5' d ..

d}h]uf}g' 5 emf/ cfl/; tyf ol cGw lj Zj f; sf
d}h]tf}g' 5 af/ aGwg ; a}lgD5f s'; :sf/sf
d}h]sf}g' 5 dfu}r}q casf]gkfn g}n}ofpg
Toflg}kb}5 :j fy{eJo ; vsf]; :f/ hGdfpg ..

-zfb}h]j qnl8t 5Gb_

skg, sf7df8fj.

Y

ofqfdlxdf

/fdlj qnd ykfk

ofqfaf6}sltslt ku]nlosf]6fs/fdf
kfgl h:t}snsn alof]lhGbul of]w/fdf
9f\$}f vNof]; o/kysf]nfg uf\$}f prfnf}
cN5L Tof]b}p7 / lx8 x}l sfm Joy}gkfnf}..

;fgf]xdf]dh's t/ of]ejo e:"j u{h:t}
efiff, dfG5]lj ljw ?ksf kmhaf/L b?:t}
8fBf-kfvf cd/ uxgf v} cUnf lxdfn
8fk]gRbf]dw/ nodf lbJo nfnlu/f; ..

vf]hf, gfnf, lxp/ em/gf, tfnsf]b}z xdf]
of]df\$}fdf edOf gu/]xG5 ; fx}g/fdf]
xdf l cfk]sltslt ynf 3Dg affsl /x\$}f
3Dg] 8Ng]; 'cj; / of]v}t xfdl uPsf <

df5fkR5}lxdlzv/sf]kf]y/fdf 8h}
cfd]afNb}cltlydgn]xf; ' /fd}vh}
u\$}f, xQl lrt]g ynf] tfn x\$}f/dfcf}
vNnf, 7hf]k\$}t u? xfk:ts}of]; dcf}..

dfyf cUnf]; u;/ l/sf]b}z af\$g]; gfd
8fk]nfnl /g / jgdf km5 /fd]lrdfn
; lthlsf]clt lkφ ynf] a4sf]b}z xdf]
/fd} /fd]k\$}t-w/tl, 5g s}l g/fdf]..

cdfd xfdl] k\$}t u?df 1fgbtf dxfg
/fd], gfnf cgej lnP vN5 cf~g}laxfg
sfnf] d}f]dgdxnsf]kmNg' /fd] 3d}
xft]affwl clj rn a;]hfG5 Joy}pd} ..

-dGbfqfGtf 5Gb_

s{ofut{ v}f}fa .

cfdfs] ; D`gdfd

/fdxl/ kfB}fn

cfdfs]ddtf a9} clxn]pn{5 d}f]lbn
ltd}kfp]a;]k/} clxn]gUb}5 d}f]lz/
cfdfs}e/n]lkP/ blwnf]xs{5 Tof]afns
cdfd xg\hgg; d:t ej sl ; [6 cxf]rfns ..

cdfd g}geP cxf]hut Tof]; [6 To; }km5 / <
dttf g}geP ; }f; t e0{wtl{To; }vN5 / <
cfdfs]dg ?G5 x]dgh xf]la; } rNg]u/]
cfdfs]tgsf]lkP/ /l; nf]bwfd{]Tof]x/]..

b}5f}cGt/ cfh slGg lsg xf]5f}f / 5f}l egl
gf/L g}t lyP ; ltf / e\$}6l tf/f clg b}kbl
5f}l g}t xgg}a8} n8g]cGofosf vflt/
hfn}x}; an]ldn} dgn]cdfd xf; fcf}ca ..

cdfd g}geP cxf]l rhah]afnf To; }d5{l
sf]x}hf{v; ln]cxf]l hut Tof]xf; l a9\$}f]clg
cdfdfq xf; fpg]dg eP ; Ddfg nf]Tof]u/
aff-\$}f]5 lg cfh b}z blgoff cdfx}e/ ..

cfdfs}/^xg\; d:t husf gf/lx} nf}; a
gf/L g}geP cxf]l hut Tof]; [6 ck/f]ca
ltd}sfvdfxf a9} clxn]b}f]hut }of]klg
ltd}ofb u}d xf x/ 38l n}f'd ufyf clg ..

-zfb}ij qm18t 5Gb_

; eSt clw/fho ahfot

Y

s] tkf0}n] xdf] ; dfn]rgf / lgaGwsf
k':tsx? k9g'ePsf] 5 <

ceß bu{xf] 0 p7

?b| 1j fnl

pGödf kñh kñnf / a? 9^auf]6'; fpnf
; kñ] Eofutñh0{kñn]; D; Dofpnf
pN6f] ofqf lxß\$fsf] lsgt' xbg ; Ddl
klv6f] olQsf j if{klv6] xf] cem] slt ..

; ^a3lo dGq 3f\$] kñg; bæj sf] 3/
3': of] hftlotf hkb} 8/nflubf] clh^au/
åj]sf] lj if kñh0{hftñlt ; a]t/
lgNg\$ bž ; n\$}rgfvf]geP ca ..

o:tf]; ^a6sf] ahf ; t\$] hg xf] p7
5ftldf bžsf] kl8f bv\$] dg xf] p7
d'6df bž affr\$] p7 P 9S9sl p7
c]llof/f] /ft of] lrg{lbofnf] / 6sl p7 ..

p7 avv' / bñf xf] s5f8 k6sf p7
ef] rfaGbl rñhl / 3n\$ kñ/of p7
p7 xfs' k6f; L / nx^auf ku8l p7
3/ of] 6lqng; nllor] wñl 6fkl ; a} p7 ..

p7 P t^agf 8Dkñl' 9fñ dñn xf] p7
p7 6äf] sf] bdfxf / ; gf0{gu/f p7
gl; fñf y^as/L AoEm vñ8l dh'/f p7
; f/^au p7 svf{/ p7 ; :st xf] p7 ..

p7 vk6] tf\$df / 8f\$] gfñfx; p7
aGr/f v's/L vkf{sfñnf xf; of p7
p7 tjf{ efnf / vBf a5f{; a} p7
bž of] el]sg; nllor] p7 / lfs xf] p7 ..

p7 P d[0' zö]sf / Stalh; p7
lj gfabl{/ abl\$] l; kfxl bžsf p7
; a} hft ; a} wd{; Dkñfo ; a} p7
bž of] el]sg; yfllor] kx/Bf/ xf] p7 ..

lelf / dñj] l nfd ; Gt dxGt xf] p7
p7 o]f / lj Bfyl{/fi6«;]s xf] p7
h]h] Hofj n 5g\hDd} af\$] l s; fg xf] p7
c; So]geP c:q l; :gkfgl ln0{p7 ..

lzsf/L qñ/ Jofw / vgl]sf] xG5 s]e/
6\$ofP/ lnnfdldf allrg ; S5 of] 3/
pdfNb] eNenL / Qm wdgl / g; f p7
/ lff of] bžsf] ug{ceß bu{xf] p7 ..

-cg16k\5G6_

e}x]f .

Y

hlj g M l; hgf / k]fg

g/|b| k/fz/

l; hgf zlQmsf xfdl ; fg ; Gtlt ; Gb/
agf]c]fgGbsf] Hof]t dxHof]t ; dHj n .
dfG5] pT; j xf] dl7f] snf, ; ^au]t, g[o xf]
pRr cfbz{ r]Go af]v]n] pm ; 's[o xf] ..

lbJo bl]6 5 ; DefJo aeny ; #f/sf] ult
r]gfsf] vñ] äf/ sxff xG5 / bul]t <
pT; pT; j sf] kñ kñ lgen]sf] no
of] xf] hlj g k]fsf] 5lj R5fof ; dRro ..

h; /L xG5 9fs\$] lj Zj n] lj Zj of]; a}
To; /L lhGbulnf0{9fS5 hlj gn]; wñ.
9fS5 bkQf Wj ff; fñ] bl]v6] k]tR5lj
tR5 c1fgn] 1fg 9fslbG5 To; }u/L ..

s?off, kñ, dñ]sf] alh pldG5 1fgdf
1fg g}wg xf] lbJo 1fg pldG5 Wofgdf .
k]f hlj gsf] nflu 1fg-Wofg ; dl]j t
>dn]l; hgf 5g]kf/f]pGgt hlj g ..

-cg16k\5G6_

em]sf (df] ^au .

Y

ldngsf tl knx

nldlbQ eš .; TokpLl

cfgGbl lfof xG5 /]ldngsf]kϕlx;df ; bf
emf5g\cfe; 'lj of]usf ; dodf cfdlo dfg5]; bf
hNn]hfG5 ; a}lkof/ dgsf]of]k]of cfglGbt
hNn]emf]5 lj of]usf knx; To]xG5 ddf]xt ..

/f]sG5g\w/ /ft glb ; vsf cfdlo ; Demdf]eg]
alU5g\enNen tkt cfe; 'uxdf To]Kof/ ; D%of]eg]
5f\$5g\]s; /L ; bf kjgdf df of nuf0\$g
/f\$g]/f]g cfh of]5 hudf ; f/f sxfl dg ..

dfq}kϕ l ; ; f; /L dg oxfl; hl{lb of]b}n]
dfq}kϕ /; f; sf]tg oxfl df of lb of]b}n]
dfq}kϕh; /L ; bf hutdf kϕm] hfg]5 /]
dfG5]sf]dgdf xg]lj nosf]lj Z]f; Sj }5g /]..

PSn}of]d clg]osf]zx/df df of ; lufnlsg
affr \$f]5' d tf oxfl s; 'dsf]kϕh}; dftlsg
of]df of hg b}n]/lrlbof]; fxl d efU5' ca
hf]kl8f lj lwn]lbof]dg oxfl lj Z]f; u5f]ca ..

xf; f\$]kgdf ; bf dg]hsf]b]vG5 /fd]dv
kfpdf ; adf ; /Do dgsf]b]vG5 hDd}; v
cfef em5{; bf ; rDag u/L g]h]piff sfndf
; f/f etn of]; bf dh/ em]g]ksf]xfndf ..

of]5fof jgsf]; -zfl]et 56f b]vbg /fd]oxfl
d]f]cfd ; jf/ nkt ca ef]Gof; f]ag\$]oxfl
nq\$]f km ol kϕnl s; 'ddf n]ub}5 sfnf] /L
rf]f/L jgsf ; a}knx; Gof; f] ag\$]f; /L ..

df6f]v]h rnl /xG5 / oxfl To]afn sfndel/
cfdl lvGg xb}5 cfh kydf of]k]of cfp; l/
Yof]To]kϕ ; w}s; 'ddf Sj]h l r/L af:by]
df6f]v]h / afnult dgn]; f/f ; vf 8fSby]..

kfgl 3fd atf; sf]z/0fdf em]v]v]of]s]t
xf; f]gfr 5 zc zfgt dgdf v]h] a:Yof]s]t
d]f]of]kg cfh zfgt dgdf pn] cf of]s]t
x]bftf hgg] ltdl hgds] x]hgdf yft}; tl ..

-zfb]lj qm]8t 5Gb_

lbfkon .

6]6da aϕl

nfnuf]kn ; j]l

sf]xg\ktf>l hgg] sxfl l5g\
of]/Qmwf/f wdgl oxfl l5g\
lj 1fg xfl L g/ aGg kfpf
d]h]w/fd}gj hGd kfpf ..

a]n}goff df} dleq 5fpf
of]lhGbul 6]6daaf6 kfpf
cfsfz d]f e/ cf] lbG5g\
d kqnf0{; ayf\$ lbG5g\.

l; a]p]hofnf]/lj hG lbG5g\
xf]f ; ;]l gj wG lbG5g\
5' sfvdf g]hgg] w/f xg\
kflng]dnf0{uxsf u/f xg\.

ntf gbl k]s] kf7zfnf
tf/fx; c]f/ xg\p]hofnf
lj 1fgs]ub5' lg]o Wofg
/s]df d^antk]hfg ..

-pkhft 5Gb_

a]df08h:t}gj b]z d]f]
cfsfzh:t}kl/j]z d]f]
d]eq ofql /lj tNo d]f]
k\$]zn]em]d t df5{k]f]..

s; }g; f]v]g"sg hft d]f]
; f]v]g}g; f]v]g"sg wd{d]f]
5g\; f]w; ldf ; a wd]fly
d]h]aem]f]g/ Ps hft ..

ofqf d a]n}ouaf6 lxBS'
dfG5}x; 6]6daaf6 lbG5'
hGdfphf dfgj g}cdNo
7dfSs}pxl uf]d a4tNo ..

d 6fpsf]ln^sgsf]plwG5'
7dfSs}pxl ln^sg Ps lbG5'
lj 1fgsf]of]kyaf6 lxBS'
b?:t sf]h]Da; Ps lbG5' ..

cd]/sf .

d]f] lj Zj f;

8f= n]yk] fb lg/f]h

g; f] z]h To]st}p8] eflg ; Sb5
gvf]h d]g]tf sxf]n's] a:g ; Sb5
hxf]5 ; Tosf]syf /xG5 ; To ; To g}
cv08 /fi6«xf]oxl cv08tf /xG5 g}..

lj sf; n]o xf]; w]7u] a:g ; lSbgf
d hGdel]dsf]sg}Jof] ; g] al:bgf
d u5{lg]o sfd 'g\n's] eflg vfl]Hbgf
x/]\$; lGw ; lGwdf ; h]k /Vg 5f]B]bgf..

d u5{/fi6«f]enf]d b]zsf]xf ; G]lt
d dft]lStn]; vl /xG5' jL/ kb]wlt
hxf]sg}Jof]x; d b]v]5' /fi6«df ha
d ug{y]N5' t]l]f0f]k]f08 g[o tf08j ..

lj sf; u5{pmj}f oy]l6 eld ; fy 5
lxdfnsf]ch; }f au] tfn kf; 5
dx]f/ k]m]g{t]h]nf]sg}sdL d b]l]v]bgf
cyfx ; f]i]sf gbl eh] eNg ; lSbgf..

lxdn x]f]g h]s}u/] Tofu a95' d
dw] k]m]b]sf u/f x/fe/f ; kf5{d
cg\$ jGo cf]f]w] k]o]f]p]b}arfp5'
/xGg ef\$ z]f\$ 'g]Jof] ; a}x6fp5' ..

goff]5 r]j]g ; a}g hft w]d]f n8f'
g l]f]sf sg}s/f ; g] n]f]d]f k]z]f
d]eq /fi6«]sf]d]l]a]u dfq a]h]b5
; j]f; tf /xf] \egl k]m]g] k]m]h ; Hb5 ..

k]m]b]g] x]g] Pstf h]b]g] sfd ug{5
n]6]g] x]g] l]d]q]sf]l]b]P/ uff; eg{5
g]k]fn lj Zj df goff ; d]h]w] b]z] k]f]g{5
; lxi0f' ef]j sf]s; l v/]f]agl lgvfg{5 ..

cyfx 1fg lzl]ksf dx]fg k]m]b]5g\oxff
k]e]ft z]f]G]tsf ; w]p]d]a]u h]b]b]5g\oxff
; z]f]G]t eldd}x]f; l]g]G5 /fi6«r]j]g]f
x]b]g] v08 v08tf /xGg ; To j]h]g]f ..

-k-rrfd/ 5Gb_

sf7df8f].

Y

; l6f

afh/fd kf]h

x]; l6f l ca n]l]v]b]d]f}k]p]l]tsf]af6f]goff v]N]g]b]d]f}
dfG5\$]f]clezkt h]j]g syf df6f] l]u}af]l]g]b]d]f}
g]f]h]f r]j]gsf k]j]fx l]tgdf p]l; fx e}r]N]g]b]d]f}
dfG5\$}; kgf lj sf; kysf]; fsf/ e}k]m]N]g]b]d]f}..

l]td]f]c]G]t/ ef]j]g k]\$6df v]N]5g\; a}z]f]v]nf
aG5g\af]bn Hof]l]t]k]-h el/nf ; l6f To; }f] x]b]f
r]j]k]m]h em]g] l]j]l:dt]l]g]f k]f]l]v]G5 ; a}S]f/df
5f]D]b}; G]b/ z]l]t; fy dh/f k]m]N]5g\u/f k]m]b]d]f ..

; l6f k]h]o l]td]l cv08 d]gsf b]f]t]f ; w]b]f w]g]l
l]td]f ; b]v]0]f]s]f cg\$ d]l]x]d]f af]l]5g\g]af]l]g]k]l]g
ef]i]ff ; s]l]tsf c]d]f]h ul/df n]v]b}; w]b]em]l]td]l
l; a]u]f]/fi6«x/fe/f / ul]tn]f]b]j]g] x]f]5f]l]td]l ..

; l6f sf]d]nt]f e/] ux]d]f 5f]D]5f}b]v]b]f]dg
; l6f e}To; /L k]l]j]q y]nd]f 55f]f]goff ef]j]g
Ps}of]o]u]s]f]l]d]of]; h]gsf]/V]5f}r]nf]0]\$g
3D]5g\x]f]l]b]\$]t]f o; }g]l]h]s]d]f z]f]n]l]g ; D]d]f]g]d]f ..

; l6f ; fu/ v]l]b]5f}au/df p]N]em]l] em]l] l]gem]l]
em]g]f]d]f g]j] z]A]b] tfn ; / bl g]k]fn l]e]H]g]u]l
k]m]s]5g\ca r]j]sf]g]l]h]s]d]f af]l]5g\h/]h]l r/l
; l6f n]l]v]x' cg]G]t]k'/sf]g]k]fn o}x]f]egl ..

-z]f]b]h]j]q]m]l]8t 5Gb_

h]f]k]f]6]l, sf7df8f].

Y

ykg vflb5' /f; d

j ; Gts'df/ zDdf{ gkfn

knfnl df; 7 ; lof\$]vflhl ub5' cfh d
ePe/ udfP/ ykg vflb}5' /f; d .
cfklt u xbf sxl Hofb}pT; udf a9f
To; \$]lj ifsf]alh To:t}lg:kfOf em agf..

lhhlj iff a9fP/ a9bdf xG5 s]clg
xg tf sfnsf]zIQm ; w}xh}aem]klg .
pbfx/of ofof t /fVg}k5{egl a9f
Toxl laGb' ; dfP/ a9b kfd/ em n9f..

sf]/]5, s; sf]b[6 lrknG5 o; tkm(/ <
uDo]uld; Sof]y}hl Hof]t vflg' v; lsg .
d7f]ky layfh5g\t sg}rthn]eg]
k]nG5gV lsrG5g\g}eGg]lgSofh ub5f..

Tof]; f/f ed dfq}kf]/x5 vshf]s'/f]
x/Ln]effrP 2v laTy}ef]ca Tof]r'/f].
gbl alub}5 tf s]ef]< eG5g\egx}2 egg\
n}p emp hd]s]/ < 5g\tf uGg}2 ug9\.

vnftl klsg tf klS5 kfOf 5g knfpq
bdfxf uhg}s]/ < l5g}dfq ahfpq <
/f; el /fun]dihf eb9 slxNo}klg
p}bn]lrqsf/Ln]eb9 lg kbz9l .

u^af eb5 u}vfhf]vfh\$]f:jTj v}/ t <
a? r\$fgd}emDs]rfyf]JolQmj aGb5 .
Pp6f af9 /fk} jfudf af; 5lsg
sNkj [f lbpfeGg]; kg}lsg bV5' d <

-cgf6k\5Gb_

Y

rfa}h, sf7df8f}.

kfnl 5fg' ; hfcf}

lj gos'df/ zdf{ gkfn

eTsf0 3/}ltdf]af; sxff xf]<
; f7} lkm]la; \$]t sxff ef]<
aGb9 e/]xhdl ; f7} gkfnf}
nfu7 ; a}kfnl 5fg' nufcf}..

ldNsf0 whf]0\$]f, dl\$ h6cf}
klg5 an}>dl v^ v6cf}
xfn7 a6l dfof kllt hufcf}
cf\$ft a'l kfnl 5fg' agfcf}..

dfG5]; an]cfkm}t a%g' k5{
dfG5]tkn]cfkm}t aNg' k5{
hfg7 ; a}kmsl{cfh nufcf}0
ldn7 ; a}kfnl 5fg' ; hfcf}..

-dl0dfnf 5Gb_

rfa}h, sf7df8f}.

Y

gkfn-; flxTo ; dfh

j ; Gt-/fw kBsilo k7:sf/lbf6 ; ldfigt JolQmj M

!=@)^* l8Nnl/dOf zdf{chOfh .
 @=@)^ (k?iffQd l; Ubjh tyf uflj Gb/fh ljgf}l .
 #=@)& ag"nflD5fg].
 \$=@)&! efgx/ l; Ubjh .

x}sdfl-lbjfs/ ; dfh; jf ; ldfglbf6 ; ldfigt ; :yf M

!=@)^* k}fjfgGb cf>d, uXoZj/l .
 @=@)^ (lr; fvfhf cf>d, kfj/f .
 #=@)& efujtl; Gof; cf>d, kzklT .
 \$=@)&! kljq ; dfh ; jf gkfn, j ; Gw/f, wfkf; l .

d gkfnl

j hdiOf l3ld/] ufij Gb

bfoff xft ag\$]5 d]f]of]z]jL/n]
lfql jf 7s/lh:tf v; zfo{; dXn]
afoff xft ag\$]5 zdf{afxg hfltn]
; DkOf{b}df 9fSb}a; \$f 5g\j z]fn]..

ysfnl yf? gjf/ 5ftlsf]cu#fudf
Aoff; l u?^a ; Gyn 5ftls}k]7efudf
dgf^ajf kx/L afx\poh]d]woefudf
a;] alnof]5ftl kf/\$]5 ; d:tdf ..

kgjh /fp6]r]kfa\du/ k]7 sfwdf
dfenl lwdfn uGuf0{b/f 5g\jfd sfwdf
z]kf{; tf/ xfo' 5g\d]};]d lgwf/df
; gjf/ ;]hl 5g\bfoff of]gfsefudf ..

cg\$]sfo\$] ;]L 5g\hilt pkhilt]
sdzln ls jf ; fxl h]elg65g\; k]dn]
ldhf/ ljZj sdf{hf]gkfnl / x/lhg
Dfnf e\$g s07df blnt 5g\; z]feg ..

/fhj zL dxsf]r]sDxfn bg]f/ hf]
unfsf]xf/ d]xg\dStf]ln ; dfgsf]
d]r]/f0{tyf lnda' Nofkr]nf]f / d]yn
lz/zf#f agl d]b} kf5g\; lgdhn ..

lh/h uf0g]tfd^a eldx/ / dl:nd
bfoff afoff b] }sfg log}xg\vnfU5 pQd
cfmf ofbj xg\d]ufnf 7fs/ ; fx xg\
j h] lqj h]h]5g\d]of]dvefu 5g\.

s'; 08f bzgfdl 5g\d]c^a k]o^a\df
hfTokhilt h]h]5g\; a)d]z]L/df
/x\$]f 5g\dnL xff; l d]g]kfn b}df
Tff/f ag] r]Dsg5g\Hof]t afB] ljZj df ..

lardf 5' d gkfnl gfelsf]s]b]efudf
Hof]t kfP/ tf/fs}r]Dsg]5' ; dli6df .
of#f tf/f em]d]b} ; DkOf{xG5 / <
st}56&l uof]tf/f ; bf r]Dsg ; S5 / <

d]06wgn]tf/f an\$]f 5g\g/Gt/
Tff/fs}z]lStn]d]f]hljgl xG5 lge
cGof]ofl>t gkfnl c]Tdf aGb}; alT/
a; \$]5' d gkfnl em08f af\$]l eo^s/ ..

6qmf]l; ^\f]sxf]xf]/ l; ^\f]6qmf] aR5 /
l; ; f lunf; km] s]l; ^\f]aGg ; S5 / <
d xf k0ff^u gkfnl of#f c^a s6]klg
ckf^a xg hfg5' d d]b}Sb5 hljgl ..

k/]d]vs'/L lnG5' s; \$]bf; xGg d
k]r]zxlB d}xG5' b}z 6qmg lbGg d
dnf0{; a r]fxG5 ljgf ; j]f^u s]5' d
; j]f^u b}z r]fxG5 ckf^a lsg xG5 d ..

-cg]6k\

hf]k]6L, sf7df8f].

Y

gf/L

P; kl cf; f

z]lQmsf]k-h 5f}gf/L sxff sDhf] 5df]ltdl
; a\$]k]0ff ; f] ; j ; f]f]obflogl
; vsf/L ltdl ; i]f ltdl cfgGbbflogl
gu/ sf]k x]0 gf/L ; j {lj gf; sfl/OfL ..

khlgof ; bf gf/L ; bf d^a\nsfl/OfL
; l]6sl /rgfsf/L w]f]f/L ; bf ltdl
cdNo /Tg wtl\$]ltdl ; #f/ g]e/L
pkxf/ ldNof]gf/L ; f]bo{dlxdf 5/L
-cg]6k\56b_ sf7df8f].

Y

d a4

kf=Zj ufkn l/; fn

d lj Zj aXdf08 ldYof xf]kh/\$f]dgdf ddf
ziQm ; DkiQ s]kflkt < tkt rfixG5 cftddf
jf; gf dfxn]dfG5]ehsf ; DkiQdf k:of]
sxfwd{< sxfdf]f < efus}ef; df kmof]..

sg nlo ln0{cfP elofelolt/)eh]
af6f]la; [ptf hfg]rfxf; L nfvd}8h]
dfG5\$fn]nlo xf]df]f wdh]lrQ z4 xf] \
cy{sfd t kmf]fdf efus]jf; gf gxf] \.

lj Zj sf]jf; g}5g aXdsf]g t gfz 5
Psgf; ; bf cfkm ef]gsf]g t cfz 5
; [6 ; fdHo xf]nlmf 5g x}k/dfydf
cftdf 0Zj / xf]; To gkmg'JoJ xf/df ..

dfG5]lj rf/sf]kf\$faXda%g]lj rf/n]
cfgGbfTdf :jo-Hof]t lalof]x}Jolerf/n]
z/l/ ef]usf]efBf]sbflk gagfp x}
Tofusf]of]usf]kfq aen] lrGtf eufp x}..

cfTdf dxftdf d t lgj \$f/
cWofTd zPxf/ lj rf/ ; f/
kf/Awsf]ef]u t ef]gk5{
dh]dnf0{ca 9f]gk5{..

dbl]v csf]blgoff t 5g
dnf0{dh]glr]gl ePg
ddf q xf; To / lgTo z4
cfgGb r]Go ; af]v a4 ..

cfkm glrGbf ej ef]lj zfn
lrGbf t cfkm ej ef]lg ; fgf]
d l; hgf kfg lbJo sfn
d leGg ; f/f xg uf]la/fgf]..

d /fdf]dfG5]xf cdg dgsf]cdt 38f
d tf a4Tdf xf; d/lj hol chg v8f
gdgdf kg]hk / tkn]zflwt xg]
ljzftdf af]wTdf cd/ s/n]j]b bxg]..

d z4 xf k4 xf lj ?4 wd{d dQm xf
cv08 cftdblk xf :j k of]uoQm xf
cgflb xf cgGt xf c; ld zfgt ; To xf
lj bx xf lj lwj t xf :j ok\$z lgTo xf ..

lj /fu af\$] lj j \$; fy
cgGt ofqf ca 0z; fy
; j f(defj g ; dkdf
d a4 bV5' lzj bkdf ..

zflGtsf, nlnkt/ .

Y



+2 B.A./B.B.S. M.B.S.

Bachelor MANAGEMENT HUMANITIES +2 MANAGEMENT HUMANITIES EDUCATION

हाम्रो विशेषताहरूः

- स्कुल सुकम्मा जुगस्तरीय शिक्षा दिने एक मात्र Private उच्च मा. वि.
- नेपाली र अङ्ग्रेजी दुवै माध्यमबाट पढनपाठन हुने ।
- विहानी र बिवा दुवै सत्रमा पढनपाठन हुने ।
- स्कुल सुकम्मा Hotel Management, Journalism र Computer Science को उत्कृष्ट पढनपाठन ।
- शान्त र एकात्मक सडै रहेको आफ्नै भवनमा पढनपाठन ।
- त्रि.वि.बाट उत्कृष्ट क्याम्पस पुरस्कार प्राप्त क्याम्पस ।
- निवृत्त, व्यवस्थित र अनुशासित वातावरणमा क्याम्पसपालन ।

MEDIUM SHIFT
English Nepali Morning Day

Durga Prasad Nepal
Campus Chief &
BRILLIANT MULTIPLE CAMPUS Family
Affiliated to HSEB & Tribhuvan University

clGtd 0R5f

>lw/ kfBh

bYh; #f/ nfd]j o klg lj lwsf]kfpbf hlij t}5'
s:tf]Yof]k P]x]5' d sg l:y]tsf]b]Hg P]f d x5'
Tof]a]hf lhGbulsf p]r]lgr 36gf ; lDenbf b^u k5'
s:tf]Tof]xf} nf Yof]ultdo c]xn]?Uof e}vf6df 5' ..

;fgf enlgf Joyfdf cemTolt dx]uf cf]fwl vf0bq
of]eGfn]..slx]No}klg c; xhsf]Joflwn]5Gg] Xj g
s]y]xf ef]lugg]f sgkl5 sg xf]alh]ah]kft
3fpn]8lNn]Pnf lhp yl/yl/sf]/f]u n]f]nf cufw ..

h]xf] \ef]lg}5 nfu]; se/ n8hf cf]fwl vf0vf0{
cf^gf]cf]st xf]hf hlt Tolt n8hf d[0; fy}n8f0{
klff3ft}u/f0{xnrn gxg]ef]eg]ef]km fb
d9f]h:t]ePdf To; avt eg]dfq xf]hf lj iffb ..

kfn]k]f]l /x5}5' 5 o; tgdf pRrsf]/Qmrfk
; fy}of]/f]u k:tfGtl/t xg' lrgl j zsf]/fVg nfh
a]hf a]hf u/5}5' d klg hnn]l; -rg]sfo{lgTo
ToNn]ubf{l6s5}5' t/ 8/ eg]nf05 b]yl ss[0 ..

s]f]h]xft hfB]slt z/Of k/]lQ ToNn]; gg
To:sf]s]k5{gftf < dkl]t lsg bof xf] \d To]rfxbq
n]hf]g]xf]rB] tgo ; xr/Laf6 ToNn]56f0{
cfzf xf]s]5 n]yf ; xh t x]of3ft g}Yof]dnf0{..

-; Uw/f 5Gb_

sn^sL, sf7df8f].

Y

s] tkf0h] xfd] :s'h / sn]hsf k':tsx?
k9fpg'ePsf] 5 <

wtlk'q

kf=8f= z]h]bk}sfz gkfn

wtlk'qx; xff5g\p]h]dg{k/]klg
skq lgTo emsG5g\sNk}]d[0'sf]Wj lg ..

wtlk'qx; nf0{/fi6«xf]z4 rGbg
skq lg]dtdf /fi6«; w]xf]Joy{aGwg ..

wtlk'qx; kH5g\wtl'nf0{; w]e/
sk1 ; a pkl5g\ntofP/ s7a/L ..

wtlk'qx; hK5g\>d dGq lg/Gt/
skqu0f uh5 k}f xf]k/dZj / ..

wtlk'qx; af5g\cf]dan / kv/f
cf]dan}udfP/ df5g\skq Rofv/f ..

>d]h]lhGbul ef]5g\wtl'k'qx; hlt
k}fs}e/df afRg]:j Kg b]5g\skq tl ..

:j R5 sdf0 vfP/ k?iffyl{xg}x;
wtl'k'q agl afR5g\hf]f0sg cfa? ..

Odfg >dsf dl't{lTg}xgVfi6w]f]j
hf]f0 ; Eo ; :sf/ a65g\tl lj Zj ; f]e ..

af3s}; kdf uhl{lhGbufgl latfp5g\
lrGtf dQm agl 9Ss /ftdf tl lgbfp5g\
; g]f]h]; kgf b]5g\wtl'cfsfz Ps e}
ltg]h]f0{xf] fP/ lbG5g\j R5 dx/ g}..

:ofnsf]x0off 3f5L skqx; hf]b5g\
wtl'h]kl; gf vf]h]tl cGt]t/ ef]b5g\
c;nf0{5sfP/ cf^gf :j fy}x; ; a}
lj nf; L dv afP/ cf]N5g\cx]f]f]q g}..

wtl'sf]d6'sf 6qmf wtl'k'q ; w]e/
skq d6'sf sfBf a65g\ngTo lg/Gt/ ..

-cg]6k\5Gb_

j; Gw/f, sf7df8f].

g]fsf] dlt

xl/k| fb kf08p

; Dem]en]ul/ lx8gk5{slxn]la; [la; [klg
la; [klg lx8gk5{slxn]; Dem] ; Dem]klg
of]of]of kl/j z xfdghsf]cfknt k]ofpg
sf]; Snfg\clxn]pg}dghdf aGw]j e\$fpq ..

g]f hf]5 lj nlgdf kl/; s]; fdYo{s]kf]xg'
cs\$]e/df j zlet e0{o}bz 6q]ofpg'
g]f k]lt{n8fp5g\sg cxf]ug]g; Sg]eP
g]fs}e/df k/] hgtf cfzf lg/fzf eP ..

g]kfnl 3/sf p7f]; a ldnl o}bzsf]vft/
; Qf:jfy{aGof]cxf]hg ehl uGtJo ef]cflv/
kf/L :ofn s/fpbf bnx; sff]y]; w]yy{
; f/f hfz ; Sof]; a}oj sss]uGtJo ef]wd{ ..

gf]hf hf]u/ ; lk nlox; g}aGb}uP vf8n
; f/f cfkt j]P 3/3/}a; l{s8f afbn
x]ofql elgBf]; a}bn ldnl s]pGgt ef]sxf
wfhf rrr{ bl]vP lbne/L bVg]sxf x]sxf ..

sf]l d5{chl0f{e}lbg]bg}ef\$ / gf^af st}
hlj }xg\; a tl u/la lar/f u5g\jeb}st}
g]fsf]dlt]uof]tntn}of]bzsf]pGgt
ofqf k0f{xg\$ P dgh x]of]o}eP ; Gtlit ..

-zfb]lj qml8t 5Gb_

sf7df8f].

Y

zbfyl ksfzgsf] j]a ; f08df jhoGtlsf
; a} c^s, n]vsx?sf] kl/ro, xfd] ; a} ultlj lw,
z]bsf]zx?sf] ; k]bjp/ / sfoq]dsf tl:a/, lk]nd
tkf0sf nflu pkn]Awk0f{xg ; S5g\ x} .
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www.nepalipublisher.com

va/bf/

xl/x/k]lk l3ld/]

; j tGq hgtf dfem s]k]hftGq Nof0of]
k]hftGq lGdf] nf\$]tGq agf0of]
nf\$]tGq lwtf]/fvl u0ftGq dgf0of]
5rGbf]; k]v]vbf g ySg' g 5 lgNg]sf]..

ldlnhhl a; L aff8rBl vfg]pvfg Yof]
e\$]fsf]dvdf l; ^af]sleG8f]lsg k:bYof]
k/f0\$]k/f vf0{bz}lnnfd of]38l
pN6f]cfk]es08f]e}nft vfG5f]s7}/L ..

v]hdf em]hdf cfTdf 3ft g}xft kfb\$]f]
vfnl tfnl ah]klg]tfnd}dVv kb\$]f]
v]h d]f]gdf klf lj klf kl]to]uttf
u5g\j kl]fsf]/lff gubf{xG5 dV}f ..

ls cgf8l k/}g}xf]of k}fdf lasl ; Sof]
cGoyf lsg of]bz lj ?4 v]h v]bYof}
k/f0\$]k/f vf0{bz}sf]bbz}f u/L
lsg v]hf wldNof0{df5f df5f}; w\$]L ..

l; Gslsf]df]hdf xfd]g]k]kfnlkg all]rof]
vf8lsf]nf; x]f]x]fdl bz}8n/n]lnof]
vfgf gfgf tyf ufgf tfgafgf k/f0sf
bnfnx; sf vfhf df5f xfdl s/f0\$]f ..

5f8f]8n/sf k]kbf cf^g}wGbf oxlf u/f]
; j bz e]f efi]sf]; j fledfgl agl d/f]
kl; gfn]sdfPsf]9f]uGbs g]lgsf]
cfd]sf]ddtf kf0{k}vf\$]u/ x]; sf]..

x]f]; of/ agf]x]fdl g]kfnl hgtf ; a}
g auf]axsf]pdf g]f va/bf/ x}..

-cg]6k\5Gb_

Y

aGj n .

x'/L

kf 8f= lx/0onfn 1jfnl

s]h]pQ/sf]rN5, s]h]blf0fsf]x/L
r'/Lkm/L u/\$}5 k] {klZrdsf]x/L
ys{5 w/tl xfd]htf xj]f rn]klg
rs{5 3/ of]xfd] ; :t/L So}9n]klg ..

7h}xNrn dRrfof]Tof]x/Ln]otflf/
dxfeSDksf]em6sf nfu]em]xNnP 3/
s]kfof] udf]s]yxf] klg ePg x}
slt dHhf xbf]/15 unf / jfs}nf eP ..

lnP klg lbP h:tf]u/} aff]g ; S5 hf]
aem celi6 >f]fsf]dgdf 3:g ; S5 hf]
bfgj/ dxflfgl Tof]dfG5]sxnfp5
dxfdgj xf]eGb}nf}n]u0f ufp5 ..

glrg}sf sxf]x]f/ xfd]df6f]5 pj {f
g; g}sf sxf]x]f/ z:q of zf:qsf s'/f
xfd]kfgl hjfgl lg p]w]al5 ; w}l/
v]b5]hlt g}/f}g ; lsb} s; u/L ..

g hjfgl ; Sof]lrGg cfkm]f0{emg}lrGoff
ef8fdf lhGbul cfkm]f]r9fP/ anl aGoff
k/f0n]kmfgf]xf] \egL ha lrgfp5
t] f]cf]v] v]h]h:tf]xflddf 1fg cfp5 ..

a4dful{agf]x]fdL Tofu} o4sf]ky
uGtJodf kuff]x]fdL xfs} zflGtsf]/y
glrg} :j omf0{gkfnf]xlgefj gf
cbDo zIQm xfd]5 ; Sg' k5{7Dofpg ..

wgwfGoflbn]k0f{esf/L xgkb5
; h}wfg agfP/ zflGt Nofpg' kb5
dxfdlgx; h:t}Toful aG l; sf]ca
lgM:j fy{efj n]nfuf]/fi6sf]lxtdf ; a ..

la; l{/fli60tf cf^gf]sf]cl3 a9g ; S5 / <
cf^gf]zIQm udfP/ sf]oxff n8g ; S5 / <
hf]ufpg' k/\$f]5 of]/fi6sf]cv08tf
; fj e]f]ds ; Qfsf]kx/bf/ xff; bf ..

-cg16k\5Gb_

a6jn .

Y

?ISd0f]sf] k0kq

nldls'df/ sf0/fnf

lk0 ; vf x/]0 Zofd ; Gb/ 0 lj kbdf k/L ?G5' ww{
k0ljgf sg}5g ; fb/ z/0fdf k/]gfy cflv/
hlt ; g]aem]nf}sf]s'/f x]bo n6X e}k0 cfs'/f
nrxnfpb}em^a]uof]ddf ta d affwPF k0 kfzdf ..

x]osL r/L lrla{f]pb}e?? p8b5]klb5] ; w}
d t ceflugl 5g ; fwg knut ; lDenb]u5{lrGtg
knut cfzdf k0f /fvb5' lbg b0{cem]gfy afRb5'
olb lg/fz g}kfg{ef]eg]lk0 x/]0 egl k0f 5f}b5' ..

5g t ; fy 5g\fv nfv g}t/ ceflugl ?G5' Psn}
lk0ljgf oxffcf^gf]sf]5 / < z/0fdf lngf] \Zofd; Gb/
lk0 ; vf x/]k0f jNne 0 k0' s}kf a8f]xG5 bh0
olb nnf6df efl0 g}eP klT d kfpnf s]0fhl x/]..

ha a:of]k0f/ cxf]0 s]0fdf ta d e} s]s]0fsl lk0f
d t xh'/sl x' ; vl ta ux0f ugxf] \nf]l56}ca
j/0f lrQn]Ps hf]u}of]ul/ ; Sof]/ of]Hofg clk0f
ca d sf]a; < ag{ ; lStgf a? d d5{g}afRg ; lStgf ..

ux0f ugxf] \k0f ; lDkPF dg z/L/ of]gfy clkPF
olb s}kf eP kfp si6 xf] \w/0f g}u/L zL3]nfgxf] \
olb ljnda ef]gfy of]r/L lj if lkP/ g}p8b5]d/L
ls ca nfgxf] \of t Tofl]gxf] \ze lj rf/ s]em6 ; f]gxf] \
slitk/ .

Y

lg/lf/lf pGdng j if{
@)&!÷&@
; km kf/f}”.



नेपाल सरकार
सूचना तथा सञ्चार मन्त्रालय
सूचना विभाग

k5f/sf] kftf]

slj tfsf cfwf/e't dfgs tyf
slj tf-dNof^sgsf kdV cfwf/xz

-slj tf; DaGwl ; fflGts cfnj_
8f= /fdk| fb 1j fnl

!= lj ifokj z / p2zo

; flxTosf]; j krlg tyf ; j 17 lj wfsf ; kdf :yflkt slj tfsf af/df
lj Zj ; flxTosf cg\$ lrt'sx; af6 cg\$ kl/efiff; lb0Psf 5g\ kj l6 tyf
kfZrflo ; flxTosf lrt'sx; n]dfq;klg slj tfsf ; DaGwdf lbPsf kl/efiff; sf]
; ^\of xhf/ff / x\$flj665 . o; /L slj tdfly cg\$ tl/sfn]uDel/ clwoogsf
; fy lj wfut lj dz; e0; s\$flkl/k]odf slj tfsf]oJoklQ, kl/efiff / tTj
cflbsf af/df rrf{ug{eg\$flk\$fl/t/n]pg}s/fsf]kg/fj]Q ug{xg hf65 .
slj tf; DaGwl tl clwoog, kl/efiff / tTj ut lj Zn]f0fx; nfo{; f/e't ; kdf
7DofpBf nodfwb{-no, 5Gb, ; ^\lt, Joltqmd / en^sf/, zAb; fl]bo{-eflifs
; eflhg / cfn^sf/s zhL tyf cy{ fl]bo{-efj, lj rfi, /; / cyf'df'sf/
slj tfsf dVo lj z]ftf b]v65g\ slj tfsf ol Itg kdV lj z]ftd]o]zAb /
cy\$fl]; fl]bo{slj tfsf lj z]ftf dfq geP/ ; flxTosf cGo lj wfx; sf klg
lj z]ftf xg\ ; flxTosf cGo lj wfaf6 slj tfnf0{cnn]ofpg]dVo dfl]ns tTj
dhtM nodfwb{/ cfn^sf/s eflifs ; ^\7g g]b]v65g\

slj tfnf0{>Josf]o elg65 lsgge]of]dhtM ; j / kl9g] / ; lgg]
; flxTo xf]. of] nobf/ efiffz]ldf JoSt ul/g] efj kwfg / ; aebf a9L /
fuffds ; flxTolj wf xf]. o; sf]/fuffdstf hljgsf klf9 cge't; E cleGg
; kdf uff; Psf]x65 . ; j / j frg gubf{Dd slj tf ; It/x\$fl]x65 . ; j /-
; Gb/ j frgn]slj tf ; t\$fl]cj :yfaf6 p75 / cfh; lxt lx8g yfN5 . To; h]
k7gsf qmddf ; fdfGo nflg]sltko slj txf; cfh; jL : j /df j frg ubf{/
nobf/ ; j /df ; Gb/ cfsif\$, ; Gb/ / pTs[6 nfl5g\

slj tfl; hgfsf] dVo ; fl] slj kl]tefsf] dgdf ; ^\Int efj /flz
xf]. =slj n]slj tfsf ; kdf k|tt ug]snf aflx/L hlj ghut\geP/ p; leq
dfg; laDa ag\$fl]hlj ghut\xf]-1j fnl, @)&) M #-\$. _ . slj tfsf]j f:tlj s
kflkt nof]ds ; kdf ld7f]u/L afl]g' / >f]fsf]x]bonf0{en^s't kfg]xf]. ld7f]
u/L afl]g'eg\$fl]x]bon]x]bo; E ug]; j:fb xf]eg]efj sff]x]bonf0{en^s't kfg]
eg\$fl] slj tfn] efj sff] dgnf0{/; bzfdf k'ofpg' xf]. efj snf0{p; sf]

dgdf cPsf]t/ dVdf gcfPsf]s/f ld7f]u/L af]nlbPsf]cgelt xg]u/L JoSt xg' slj tfsf]ljz i6 ; fdYo{xf].

k}tt n\ydf slj tfsf]af]w ug{slj tflj wsf cfwf/et klfx; klxNofpB} / slj tfsf ; flox; nfo{Jofj xfl/s tyf kpf]f]ds ; kdf pkof] ub}lj dz{ ug]z]l cEflnPsf]5 . o; qmddf slj tfsf]af]Xo ; Argfb]v cGo cfwf/et klfx; dflj lj z]f dxT]j sf ; fy rrf{ul/Psf] 5 . vf; u/L slj tfnf0{ ; flxTosf cGo lj wfaf6 cnu kfg]nolj wfg / o; sf]dfwb{lj : tfl/t / klf9 cgelt nf0{yf]k}kbbfj nldf ; flxTosf cGo lj wfeGbf a9L ; ul7t kf/L ; k; f]bo{ kbf] ug]zAb; f]bo{ tyf cgelt / lj rf/nf0{/ ; f]ds agf0{ cf: jfbglo tNofpg]cy{ f]bo{f af]df uDel/ rrf{ug{/ slj tfsf]dNof^s}g ubf{Wofg lbgk]dfgs klfx; dflj lj dz{ug{0; ; dnf]gfsf dVo p27o /x}f 5g\

e= slj tfsf kdv dfgsx;

lj wfut ; kdf slj tfsf] : j ; k u}of gu/] Dd hit ; s}kpf]sf/L cleJolSt eP klg tof]slj tf abg . To; h]lj wfut ; kdf dfl]ns ; Argf]ds : j ; k k]t ug{slj tfsf]klxn] ; t{xf]. eflifs cleJolStn]lj wfut ; kdf dfl]ns xg'sf ; fy; f]bo{f]af]w ub}efj sdgnf0{cf]gGf]gelt lbnfpg' / j ; fl/s, Jofj xfl/s tyf af]4s pkof]utfsf]snf]ds l; l4 k]t ug{slj tfsf] bf]f] kpf]hg xf]. ol. bj} kpf]hgsf] k]ktsf nflu slj tfn] nolgd]f]v cy{ Dk]f]of; Ddsf]nfd]ofaf kf/ ug]kg{x65 . o; sf nflu slj tdf o; sf cfwf/et dfgsx; sf]szn ; e]hg cfj Zos k5{. nodfwb{zAb; f]bo{/ cy{ f]bo{slj tfsf kdv dfgs xg\

e=! nodfwb{-; Argfut=lj wfut dfl]nstfsf] cfwf/_

cleJolStnf0{slj t]ds agfpg]klxn]cfwf/et dfgs no jf 5Gb xf]eg]cgelt nf0{efj sss]dgdf kj z u/fpg]klxn]cfwf/ nout dfwb{xf]. non]slj tfnf0{lj wfut ; kdf ; flxTosf cGo lj wfaf6 a]NofpB}slj tfsf] af]Xo : j ; k lgd]f] ug]df kdv eldsf lgj f} u5{. slj tf lsg slj tf xf]eg] of]lga]w, gf6s jf pkGof; x]g] tleGbf leG dfl]ns eflifs snf xf]eG] s'f noaf6}: ki6 x65 . cy{f] eflifs cleJolStsf]agf] slj tfsf ; kdf tof/ geP; Dd sg]klg cleJolSt slj tf abg] eG]s'f aemfpg]klxn]dfgs no g}xf]. xg klg af]b/ hit ; s}al4dfg\sg gx] V p; n]df65h]ug]sf]d g] lsg gu/f] \t/ af]b/nf0{df]g; elg] lsg]to; sf]agf] jf af]Xo : j ; k dfl]g; sf]zfl/s ; Argf]d x65 . To: tf]df]g lo lfdtfsf]af]b/ 5 eg]klg To; nf0{a9ldf . al4dfg\af]b/l; Dd eG ; lsg5 . To; /l g}nosf]; e]hgaf/f ; Argfut ; kdf jf lj wfut ; kdf eflifs cleJolStn]slj tf gag] Dd cGo s'f -efj, lj rf/ cflb_ n]sg]klg cleJolStnf0{slj tf agfpg ; Sbgg\ . nolj wfgaf6 dfq; j kyd sg]klg cleJolStnf0{slj t]ds : j ; kdf tof/ kfg; lsg5 .

no eg]sf] efi]sf j Of{ dfqf, ; k, kbbfj nl / j fSof] cfj [O, lTgsf]; e]hg / lTgd ; ^alt tT]sf]; dG]o xf]. nosf]dVo p27o slj tfnf0{lj wfut ; kdf dfl]ns ; ^alt]ds, nof]ds / ; j]B agfpg' xf]. 5Gb jf non]rf/]t/ ?dlnPsf / c; /Nn e0{5l/Psf efj nf0{Ps}lbzdf Pslqt ug]df ; 3fp5 -l3ld/]@)%* M#!*_ . non]efj snf0{lj gfkbf; g} ; f]bo{t/ t65 . o; n]efj sss]x]odf leq}Dd 5g]u/L dw/ ; ^altsf] em^sf/ kbf u5{. efj sdgd] dfwb{/ ; /; tf pTkG u/f0{p; nf0{slj tfsf] cy{t/ kj z ug]9f]sf klg non]g}vfl]nlb65 . non]g}efj sdf > lTdfwb{/ cf: jfb ; ^alt kbf] u5{-j /df u^-hg / cgelt df ; ^altsf]el]dsf lgj f} u5{ . To; h]nodfwb{slj tfsf]klxn]cfwf/et dfgs xf]. nonf0{5Gb klg elg65 .

e=! no jf 5Gbsf dVo ksf/

slj tfsf nox; cg] x65g\ . lj z]sf lj leG efi]sf slj tdf ; DalGwt efi]sf dfl]ns lj z]f]fcg; ksf cfc'g} nox; x65g\ . gkfnl slj tdf k]nt nox; sf]; ^vof dfq}klg ; of]f]; ^vofdf el]65 . gkfnl slj tfsf nout : j ; kx; sf]cl]oog ubf{gkfnl slj tfsf nox; nf0{; f/et ; kdf lTg ksf/df j ul\$ / Of u/L cl]bog ug{; lsg5 M

!= dSt no M -lgoda4 geP klg Joltqmdaf/f lgl d t cftl/s no, uB no_

e= nf\$ no M -nf\$hlj gdf k]nt %ofp/] ; jf0{cflb no_

#= zf:qlo no M -dflqs, j of]flqs, j flf]f\$, ax/ cflb zf:qlo lgoda4 no_ .

pko\$T lTg kdv noleq gkfnl slj tfsf ; ah; f]no x; ; dflj i6 xg ; S5g\ dSt nosf]cf]krfl/s lgod x65 t/ cg]krfl/s lsl; dsf ; of]f nox; o; df cGtlg]t x65g\ nf\$ noleq klg ; of]fno 5g]eg]zf:qlo nosf t xhf/f]f; j ; k kf065g\

slj tfsf]nolj wfgdf kbbfj nlut ; fy\$ Joltqmdsf]el]dsf lj z]f dxT]j sf]x65 . slj tdf xg] xgkg]/ xg ; Sg] eflifs jf kbbfj nlut Joltqmd / nolj lj wtf ; Da6w ; df]go hfgs/l tn k]tt ul/Psf]5 . o; hfgs/laf6 slj tfsf cfwf/et no / lTgd] xg]eflifs Joltqmdsf]kl]lglwdhs : j ; k a%g ; lsg5 .

e=!!=! Joltqmdaf/f dSt nolj wfg -cfj [Qdhs cGtn6lj wfg_

dSt nosf] lj wfgdf kbbfj nlsf] Joltqmdut Joj : yfsf] el]dsf lj z]f dxT]j sf]x65 . Joltqmdut Joj : yfsf] t]fko{slj tfsf kbbfj nlx; Jofs/1ofs lgodcg; k ge0{cy{k]f]k]fsf]sfl]os lgodcg; k ; ^alt kf]g' jf kbbfj nlnf0{Jofs/1ofs lgodlj k/Lt cuf]8 jf k5f]8 kf/] k]tt ul/g'

xf]. lglZrt lgodsf]ls6fglut k4ltdf ge0{:j tGq / cftl/s 2 kdf ul/Psf] nolj wfg dSt k\$f/sf]x65 . o; nf0{dSt no jf uB no elG65 . tn sxl pbfx/Ofx2 k|tt ul/Psf 5g\h; af6 slj tdfd xg]Joltqmdut Joj :yfsf]Ps 9fFfsf ; fy}dSt nolj wfgsf]; fdfGo :j 2 k a%g ; lsg5 M

pbfx/Of ! M

af3n] :ofn dfkof]

oxfF:ofnsf] ; ^s6 kl//x5

-o; cleJolStdf slj tfnf0{rflxg]Joltqmdut Joj :yf 5g . To; h] of]cleJolSt slj tf ag\$]5g .

of]cleJolSt slj tf ag\$]5g .

pbfx/Of @ M

dfkof] af3n] :ofn

; ^s6 kl//x5 oxfF:ofnsf]

-o; cleJolStdf slj tfsf nflu rflxg]Joltqmd t ; ? ePsf]5 t/ zAb / cy\$]pkl:ylt ; fmf]egf0sf 2 kdf /x\$fn]snf]dstf 5g . To; h] of]cleJolSt slj tf aGg ; s\$]5g .

of]cleJolSt slj tf aGg ; s\$]5g .

pbfx/Of # M

:ofnn] af3 dfkof]

oxfFaf3sf] ; ^s6 kl//x5

-oyfydf :ofnn]af3 dfg{: Sbg t/ oxfF:ofnn]af3 df/\$]atf0Psf] 5 . o; cleJolStdf :ofn / af3 :ofn / af3 geP/ dflg; sf vf; k] [Osf k|t 2 k xg\ . To; h]o; cleJolStdf cy\$]txdf ck|tt k|tit 5 hf] slj tfsf]Ps lj z|ftf xf]. o; cydf o; cleJolStdf slj tfsf nflu rflxg] cGtj {t' t ldn\$]5 t/ Joltqmdut Joj :yfsf]cefj sf sf/Of of]cleJolSt klg slj tf alg; s\$]5g .

of]cleJolSt slj tf alg; s\$]5g .

pbfx/Of \$ M

cr|h :ofnx2 g}df//x5g\af3

; ^s6df kl//x5g\af3x2

-o; cleJolStdf slj tfnf0{rflxg]Joltqmdut Joj :yf klg 5 . cleJolStn] klg Jo-hgfsf txd f :ofn / af3nf0{ge0{dfgj hlj gsf zfo\$]; ^s6fkGg l:ylt / dfG5\$] bklj [Ox2; sf]lj :tf/nf0{ ^s2 u/] ck|tt k|tit lbPsf]5 . To; h]o; cleJolStdf slj tfsf]nlf0f klg ; ? ePsf]5 . Psk\$]f/n]of] dStnosf]slj tfz aGg ku\$]5 .

of]cleJolSt slj tfz aGg ku\$]5 .

pbfx/Of % M

of] cf:yfnf0{lnnfd ul/Psf] ; do

of] 3f0t] s5]f h:tf] ; ^s6sf] ; do

lkp cfhfb U

j iff{u/ d/]l; pbfel/ u/fFsf /ftf ybfx2

; x; |5/ d/]xfoel/ ; fx; sf jL/ alpx2

slj cfxltaf/f /lrt o; cleJolStdf dSt nolj wfgsf nflu rflxg] Joltqmd klg 5 eg]; an cftl/s nolj wfg klg 5 . o; df kbkbj nlsf] cgkf; lo ; ofhg ul/Psf]5 / cGtj {t\$ nflu rflxg]Jo-hgf]dstf klg / x\$]5 . To; h]cfxltaf/f /lrt pko\$ cleJolSt dSt nolj wfg ePsf]; Gb/ slj tf=slj tfz ag\$]5 .

@=!=@ Joltqmdaf/f nf\$ nolj wfg

nf\$ nodf uoffds tTij cIolws xG5 . To; h]Joltqmd geP klg lgoda4 uoffdstf 5 eg]nf\$noffds cleJolSt slj tf -ullt slj tf_ aGg ; S5 . h:t]M

d bf; lsl 5f]L xFrfs/L ug{hfG5'

d/L d/L sfd u5{cfwf k3 vfG5'.

pko\$ cleJolSt nf\$no -; jf0{ df 5 . o; df kbkbj nlsf] Joltqmdut Joj :yf 5g tfglg of] slj tffds cleJolSt ag\$]5 . nf\$ noffds slj tf /Rbf klg plrt Joltqmd lbg ; lsof]eg]To: tf]cleJolSt emg\ a9L k\$]sf/L aGg ; S5 . tn pbfx/Ofsf 2 kdf ef]u6\$]bfgfnf0{cfwf/ agfP/ ba'n dfG5]/ sdhf] slj tf; DaGwL Jo^lof]ds cleJolSt lbOPsf] slj tfz k|tt ul/Psf]5 h; df nf\$nodf kbf] ul/g]Joltqmdut Joj :yf klg kfG5 . ef]u6\$]bfgf aflx/af6 xbfv\ lgs}7hf]blvG5 t/ To; nf0{sf6} xbf{leqsf]ubl ef]u6\$]kmsf]cfsf/sf] thgdf sd xG5 . afSnf]afqmf] 5f]kPsf]ef]u6\$]afx/L 2 knf0{xbf{of]el/kOf{blvG5 t/ ef]u6\$]afqmf]vfg] ul/5g . sfd gnflg]ePsfn]Tolt 7hf]efu klg v] hfg]u5{ . o; j :tut oyfyhf0{efj xlg slj tf nVg]sdhf] slj / aflx/ aflx/ bDe ug]t/ leq leq lfdtf gePsf]vqmf]dfG5df kf0g]cf8Da/L rl/qsf]; fb2odf k|tt ub]slj ldqnf n k7fgl JoltqmdoSt nf\$ nodf o:tf]cleJolSt lbG5gM

xbfv\ slt 7hf] ef]u6\$] bfgf]

sf6l x]of] ubl s'/f] crsfnl ; fgf]

2 k x]of] el/kOf{ ; / x]of] vqmf]

vfg klg gidNg] of] ef]u6\$] afqmf] U

pko\$ cleJolStsf kbkbj nldf Jofs/lofs lgodsf]kfnf ul/Psf] 5g t/ kbkbj nlsf]; fy\$ Joltqmdsf]Joj :yf ul/Psf]5 . o; sf]cleJolSt Jo^lof]ds dfq ge0{Wj Gof]ds; d:] ag\$]5 . To; h]of]cleJolSt nf\$nodf tof/ kf]/Psf]JoltqmdoSt /df]ullt slj tf ag\$]5 .

of]cleJolSt slj tf ag\$]5 .

of]cleJolSt slj tf ag\$]5 .

of]cleJolSt slj tf ag\$]5 .

of]cleJolSt slj tf ag\$]5 .

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of]cleJolSt slj tf ag\$]5 .

of]cleJolSt slj tf ag\$]5 .

of]cleJolSt slj tf ag\$]5 .

nolj wfg u/ slj tf nVg]k/fgf]k/Dk/f e]665 hg cfh klg rin/x\$}5 .
 cfwlgs slj tfn]ygsf]k]/De; E}dSt nosf slj tfsf]k]/De ePkl5 sXl
 ; dl]fsx; n]zf:qlo nosf slj tfnf0{x]g, pk]ff ug{/ 5Gbs]slj tf eg]
 pkxf; ug{yfn]hals 5Gbs gePsf]sg}klg cleJolSt slj tf g}x\$} Isgeg]
 5Gbs eGg' no g}xf]/ no eGg' 5Gbs xf]. o; cyGdf dSt no klg 5Gbs g}xf].
 zf:qlo 5Gbs; of]f] ; aVofdf 5g\ . zf:qlo nosf slj tfsf]
 l; hGf dhT]MuOf, dfqf, c]f/ c]fb ug] tyf n3'-x]j_ / u? -bl3{ sf lglZrt
 dfGofx; s] k]ngf ub}ug]ul/G5 . j flOf\$, j Of]flqs / d]flqs 5Gbs;
 zf:qlo nolj wfgsf ; ldfdf tof/ k]f/G5g\ uhndf kOf] ul/g]ax/df klg
 lglZrt zf:qlo nolj wfg xG]u5{t/ lk^unzf:qlo nolj wfgdf hg lsl; dsf]
 s6&/ s7]tf 5 -clk df; -d; -sbf\ 5Gbs e^a\nd'gsf/o] cyf\va? df; n]f0{
 d; agfpg ; ls65 t/ 5Gbe^a\ ug{x\$}_ To:tf]s6Xtf uhnsf]5Gbs -ax/_ df
 x\$} . cyf\ax/sf]nolj wfg zf:qlo g}eP klg o; df sXl nrstf xG5 .
 ax/sf]nolj wfgdf c]fl/s / c]f]ro{-u} k]fnf0{l] z]f dxTj] lb0G5 .
 ToxFx]j bl3]f0{ eGbf c]fl/s pRrf/Ofdf xG] Ps; ktf jf ; f^allts
 :j fe]lj stfnf0{a9l dxTj] lb0gfn]sXl nrstf xG5 t/ z], dstf, sflkmof
 c]flbsf]lgj f]sf ; Gbedf eg]ax/sf]zf:qlo tdfdf klg s6&/tf g}k0G5 .
 l; 4GttM zf:qlo tfsf]k]ngf u/ tof/ k]f/Psf]nof]ds cleJolSt
 zf:qlo 5Gbs]slj tf x]t/ zf:qlo ; Argfsf]lgodfg; f/ tof/ k]f/Ps}sf/Ofn]
 sg}cleJolSt slj tf algx]Nbg} . cyf\zf:qlo nolj wfgsf]lgj f] dfqn]
 slj tf pTs[6 cleJolSt algx]Nbg} ; Sbg} . zf:qlo 5Gbsdf lb0Psf]cleJolSt
 klg Joltqmdsf]JoJ :yfdf /xl cfn^sfl/stf / Jo-hgf]dsttfsf]lgj f] ePdf
 dfq /fd]slj tf aG ; S5 . tnsf]cgR5]df Joltqmd; lxt zf:qlo nodf
 tof/ k]f/Psf]slj tfsf]Ps pbf/Of lb0Psf]5 h; af6 o; s'/sf]kli6 xG5 .
 g]k]nsf /fhg]fx; df /x\$]slx]o}g; lwg]wf\$]fh / tR5 afglsf]
 s6' cfn]r]gf ub}g]k]nsf cg\$ slj x; n]slj tf nVb}cfPsf 5gV cfh klg
 n]v/x\$}b]V65g\ tld]w]Ps slj sf]slj tfz tn pbw] ul/Psf]5 h; df
 slj n]v/fa afgl slx]o}g; wfg]g]tfsf]s6' cfn]r]gf u/\$]f]5 . cleJolStsf
 nflu p; n]zf:qlo no /fh]f]5 . ?df hgtfnf0{nfl5- .af/Daf/ wf\$
 k]Psfn]/ Oltxf; df c]k]k]klg gld7f]wf\$]sf]cgej /fd/L ub}cfPsfn]ca
 g]k]nsf g]fx; sf]afgl ; lw] s\$]f]5 . ca loglx; n]hgtfnf0{wf\$] lbg]sfd
 kSs}ug]5g\ oxl]j]z]f; df hgtfn]g]fx; n]f0{c]f]b]hgdf klg ; fy lbP
 / rgf]df km] / klg lht]P t/ rgf] lht] ; Qdf k]gf; fy g]fx; km] / p:t}
 b]vP . pglx; sf]:j fyl{r]l/q / cb/bzl{/fhglltdf sg} ; wf/ cfPg . o; }
 efj n]f0{Joltqmdsf]JoJ :yf ub}Jo^Nor]g]sf ; fy zf:qlo nolj wfg u/L
 slj n]o; /L cleJolSt lbPsf]k]f0G5 M

afgl ; lw] Sof] lk; fa ca tf ub} cf\$]dfgdf
 o]lj Zj f; InP/ la:t/ gofFcf\$]df0of] vf6df

a:g]f; fy gofF; k]f kn^df y]llof] lg ; Sofpg 0
 a9f] sSs/sf] :j efj 5 pxl 5f8b} tSofpg 0

Joltqmdsf]JoJ :yf u/L no; lxtsf]efj kOf{cleJolSt lbg' slj tfsf]
 sfd x]f]. of]sfd dStno, n]f\$no / zf:qlo nodf qmdz]sl7g agb}h]f65 .
 Joltqmdsf]JoJ :yf ldn]f]nolj wfg ug]kl]qomdf ; a}Gbf ; lhn]f]dSt
 nosf slj tdf xG5 . n]f\$ nosf slj tdf dSt nosf slj tdf eGbf sXl
 a9l s; /t ug]k5{t/ n]f\$ nodf cge]tfnf0{n]f]w]f]df pGg w]}ufx]k}b} .
 zf:qlo nosf slj tf nVb] eg]nolj wfg ug]df w]}g}sl7gf0 xG5 Isgeg]
 5Gbs ldn]f]To; leq tbg]shsf]efj af\$g]zAb c6b} , efj cg]shsf]zAb
 uxOf u}of] 5Gbs ldl]b} . efj fg]shsf ; Gb/ laDak]ts /Vg v]llof] tl zAb
 cfj Zos uOf]eg c6b}g\ aNn aNn c6fpg v]llof]efiff e]Rgk5]j f j Of] Gof;
 laufg]k5{ . zf:qlo 5Gbsdf slj tf nVg]slj n]o:tf cg\$ sl7gf0 ax]f]k5{.

e-!-!-\$ lgisif{

no slj tfsf]klxn]f/ clgj fo{; t{x]f]. o; n]slj tfnf0{; Argfut
 ; kdf lj wfut d]fnstf lbg]sf ; fy}>]tdfwb{k}bfg u5{/ sf]Jos ; f]bo{sf]
 c]h]lgdf u5{ o; n]efj sdf slj t]k]t c]sf]f] k}f u5{eg]cy]f/ hfgsf
 nflu efj snf0{c]f]tl/s ; kd}clek]t u5{ . non]Ps lsl; dsf]h]f]dotfsf]
 lgdf u/L efj snf0{dlw agf]p} . sltko ; Gbedf t slj tfsf]cy{g}gaem]
 klg nosf]dfwb}ubf{efj s c]fg]Gbt aG5 . j f:t]df efj snf0{slj tfsf]
 ; f]bo{k]t c]sliff ug]klxn]f]cfw/ g}no x]f]. To; h]nodfwb{slj tfsf]cfw/
 et dfgs x]f].

e-e zAb; f]bo{-efiff / z}l_

slj tfsf]bf] f]dVo cfwf/et dfgs zAb; f]bo{-efiffz}lut ; f]bo{
 x]f]. slj tf efl]fs cleJolSt ePsf]/ e]f]fsf]klxn]f]c]fly\$ Psf0 zAb ePsfn]
 zAb g}slj tfsf]efj ; Dk]f]of ug]dVo d]l]od x]f]. zAb slj tfsf]dfq ge0{
 ; du| ; flx]Tos}cfw/ x]f]. o; /L slj t]f]ds cleJolStsf]dVo d]l]od ag]
 zAbx; ; fdfGo efl]fs ; e]h]gsf ; kdf ge0{ ; f]bo{k}Of{efl]fs ; e]h]gsf
 ; kdf ; e]h]nt ePdf dfq sg}cleJolSt ; f]bo{k}Of{slj tf aG ; S5 . o:t]
 ; f]bo{k}Of{sf]Jos cleJolSt z}lut l]lzi6 z]f]Abs ; e]h]gaf6 dfq ; Dej
 xG5 .

slj tfsf]efiff df65\$]f cfwf/et cge]t; E Psbd}glhs /x\$]f]xG5 .
 slj tfsf]efiff dhT]Mcfzos]efiff x]f]. slj tdf Pp6}zAbdf cg\$ cfzo
 c]te]f xG ; S5g\ cfzox; clew]f]dsb]v ; ^s]f]f]ds, n]f]f]ofs, Wj Gof]ds
 / Jo-hgf]ds u/L cg\$ tl/sfn]JoSt xG5g\ z]Stzfnl slj tf laDa, k]ts,
 cn^s/ h:t]f ; fbZolj wfgsf]efiffdf cleJolSt xG5 . efj j f lj rf/ c]fb ha
 pkdf, ; ks, laDa, k]ts c]fb ; fbZolj wfgsf d]l]odaf6 JoSt xG5g\ta g}

zIstzfnl slj tfsf] hGd xG5 . efiff / zhl slj tffds zAb; fbo\$ f b0{ cleG kf6f xg\

e-e-! slj tfsf] efiff

slj tfsf] efiff eG' slj tdf kofu ul/g] jOf{ cif/, kb, kbj nl, jfSo / eflifs lrXg xg\ slj tdf vf; sYosf] cleJolStsf nflu vf; zAb jf vf; kbj nlsf] cfj Zostf k5{. Pp6} cy{ lbg} cg\$ kofj frl zAbx; xG5g\ ; fdfGo cleJolSt lbEf hg; s}kofj frl zAb kofu ubf{klg xG5 t/ slj tfsf ; Gbedf To:tf kofj frl zAbdWo] klg vf; zAbsf] lj zif dxTj xG5 lsggeg] hg; s}kofj frl zAbn] plQs} kofj pTkGg gug{; S5 . cyf\ pxl cy{ lbg}kofj frl zAbx; dWo] klg vf; cleJolStsf nflu vf; zAbsf] dxTj xG5 .

vf; efiffsf vf; zAb Toxl efiffsf] kof\$ tfsf cEof; , dgf] rgrf, ; sf/ / lglZrt tflkof kofu xg] u5G\ ltgsf] 7fpEf csf] zAb / filvof] eg]; zSt ; Dk] fof gxg ; S5 . To; h]; Gb/ slj tfsf] lgdffsf nflu ; Gb/ efiffsf] rog cfj Zos dflgG5 . slj tfsf] efiff nobf/, cfh:jl, laDaffds, ktlstfids, cfn^sfl/s, cfzodhs / Wj Goffds xGk5{. tn slj tfsf nflu cfj Zos / dxTj kOf(dflgg] efiff tyf kOf eflifs pks/Ofsf af/df ; ^Nkdf rrf{ul/Psf]5 .

e-e-! laDa

slj tfsf] efiff laDaffds xG5 . slj tyf efj ssf cgel'tl; t ldNbf laDax; sf]; fbZolj wfgaf/f slj tfnf0{laDaffds agf0G5 . laDaffds efiffdf xg] sflJos cleJolSt ; fdfGo efiffdf ePsf] cleJolStsf thgdf w} a9L kofj sf/l aG65 . laDa eg\$ sf] afXo j:t\$ f] dfgl; s lrq xf]. slj tfsf ; Gbedf laDa eg\$ sf] slj sf] dfg; k6ndf / x\$ f] dfgl; s tl:a/nf0{d't{agfpg] lrqfids efiff x] -uf] d, @)^ M !)_ . slj tdf dhtM hlj gfgel'tsf] snfids kl'tlaDag ul/G5 . Oltxf; laDa, k\$[tlaDa, kf] fofs laDa, sfnklgs laDa tyf ; fdfhs laDanufotsf lj leG : j; ksf laDax; sf dflwodaf6 slj tdf hlj gfgel'tsf] kg; ; hg xg] u5{. cyf\ hlj gfgel'tsf] zAb-lrqfids kg; ; hg g] slj tdf ul/g] snfids kl'tlaDag xf]. slj n]o:tf laDax; sf] vfh slj tfnf0{; zSt agfpgsf nflu u5{/ cgel'tsf] k\$[tcg; k plrt zflAbs laDasf] kofu u5{. laDan] slj tfsf] ; k; fbo{a9fpgsf ; fy} efj nf0{ ; 3g agfpg klg ; xofu u5{. h:t}M

3/l 3/l 7fn\$ sfd\$ cf\$fn] 8fldPsl soffnl =

slj s[Of; G .OR5sl af/f /lrt pko\$t slj tfzdf ..7fn0 / .p; sf sfd\$ cf\$fn] 8fldPsl soffnl u/L b0{laDa 5g\ . ol laDasf dflwodaf6

slj n]Psf] / upfBf pTkl8s ; fdGt / To; ; fdGtaf6 pTkl8t o] tltkm ; ^s] u/\$f 5g\ eg] csf] / lj :tf/j fbl pTkl8s / fi6«ef/t / ef/taf/f pTkl8t / fi6«g] fntkm; ^s] u/\$f 5g\ upB/df pTkl8sj ul6 7fnx; af6 ul/a 3/sf o] tlx; dfl anflsf/ h:tf cTofrf/ xg] u/\$f 5g\ eg] ef/t; kl lj :tf/j fbl 7fnh] g] k] n; kl soffnldfly x:tlfk -Ps Isl; dn] anflsf/ ul/ /x\$ f]5 . o; /L Ps; fy aoy\$ cgel'tsf] cleJolSt lbEf] sf] Joffds ; fbo\$ [4 ugdf / ; 3g efj sf]; Dk] fof ugdf pSt laDalj wfgn]; 3fPsf]5 . ol laDax; Pl]txf; s tyf ; fdfhs oyfa6 l6lkPsf 5g\ eg]o; slj tfzdf k\$[tlaDa -soffnl nf0{klg sYosf]; Dk] fofdf ; xofu sf nflu pkofu ul/Psf]5 .

o; }u/L slj elk z]rgaf/f /lrt tnsf] slj tfznf0{klg slj tfsf lglDt ul/g] laDalgdffsf] pbf/Ofsf ; kdf lng ; lG5 M

cf?av8sf xfEfxfEfd kM5g\sV/fsf rNfx; =

pko\$t cleJolStdf kofSt ..cf?av8f / .xfEfxfEfd sf] k\$[t-laDan] k\$[tsf]; fbo\$ f0{/ ..sv/fsf rNfx; kMgU sf] hlj gladan] hlj gsf ; fbo\$ f0{d't{; fbZolj wfgsf dflwodaf6 k\$6 u/\$f 5g\ . o; /L ; Gb/ slj tfsf nflu / zAbfy{ fbo\$ f] pTkbgsf nflu laDaffds efiff ; xofu pks/Of xg] u5{.

e-e-!-e ktls

cgel'tsf] d'tl\$ /Ofsf nflu ; fbZolj wfg ul/g] d't{ j :t'g} ktl\$ xg\ cgel't jf lj rf/ jf efj cd't{xG5g\ cd't{ePsn] tl ; fbo\$ cleJolSt xg ; SbGg\ . ltgsf] cleJolStsf nflu d't{dflwods f] cfj Zostf k5{-lqk7L, @)\$* M @)^# . slj tdf cgel'tnf0{alemg] u/L JoSt ug{d't{dflwods ; kdf pkofu ul/g]o:tf :yh j :t'j d't{dflwod g} ktl\$ xg\ sYo efj jf sYo lj rf/ jf cGtj{tsf] afv u/fpgsf nflu d't{j:t\$ f] rog ug{g} ktl\$ slj wfg xf]. zAbx; cfkm] klg lj rf/ / cgel'tsf ktl\$ xg\ slj tfsf nflu laDax; ; xofu eP h:t} ktl\$ klg ; xofu pks/Of aG65g\ cleJolStnf0{ cfn^sfl/s, cfzodhs / Wj lGdo tlvofpgsf nflu ktl\$ x; n] pR txdf ; 3fp5g\ ktl\$ x; n] slj tfsf] zflAbs cyEgf k/sf] dh cyf/ ; ^s] u5G\ h:t}M

afR/x\$ pm l; l; km; -hlj g

6Ss/f0/x\$ g; dbl 5fnx; r6dfg; E

alu/x\$ j hgf sf] gbl

pko\$t slj tfzdf .l; l; km; , ..r6dfg; E 6Ss/f0/x\$ f 5fnx; U

/ j hgf sf] gbl km/skm/s cgel'tsf ktl\$ ag] cfPsf 5g\ . l; l; km; U cGtoxlG dfgj kl8fsf] ktl\$ ag] cfPsf] 5, ..r6dfg; E 6Ss/f0/x\$ f] ; dbl 5fn0 s7f] ; ^sif{ul//x\$ f] hlj gsf] ktl\$ ag] cfPsf] 5 eg] j hgf sf] gbl c; lldt bMsf] ktl\$ ag] cfPsf] 5 . o; Isl; dsf ktl\$ x; sf] plrt ; fhgaf6 slj tf a9L snfids / a9L kofj sf/l aG65 .

ee-!-# cn^sf/

; flxTodf ; fbo{a9fpg] tTj nf0{cn^sf/ elgG5 . zAbfn^sf/, cyfh^sf/ / peofn^sf/ u/l cn^sf/ dhTMItg ksf/sf xG5g\ eg]ktoš ksf/cGtuť cgš cn^sf/xg xg]u5g\ zAbrdTsf/nf0{dVo ěkdf k|t't ul/Psf] cleJolStdf zAbfn^sf/ xG5, cy{dTsf/nf0{dVo ěkdf k|t't ul/Psf]cleJolStdf cyfh^sf/ xG5 eg]zAb / cy{b] ħf0{dVo ěkdf k|t't ul/Psf]cleJolStdf peofn^sf/ xG5 . o:tf cn^sf/xg n]zAbL tyf cfyl ěkdf slj tfnf0{a9L ; Gb/ / a9L ; Dk]f0flo agfpgdf ; 3fp5g\ h:t}M

rGbdfnf0{rGbdf x]5g\sf]l / cfsfz

:j ušf] c6fnl xFtI5g\ofl, ofl 5g\pbf;

.dgf-dbg] v08sf]osf]o; cleJolStdf v08sf]osf/ nldk]fb b]sf]fn]g]fosf dg]sf] ; Gb/tf / pgsf]zf/l/s sf]ntf tyf ItAatsf Xnf; fdf uPsf]lk k|t dbgsf]cgkl:yltdf p; nf0{; Dem] kTgl dgfn] cge't ul/xšf]pbf; lnf0{k|t't ug]ks cn^sf/sf]kof]u u/šf 5g\ oxfo rGbdf -kš[t÷h8 j:t' nf0{dfgjls/of -dfG5šf u0fsf]cf/fkOf u/l afXo ; fbo{-ěk / cftl/s ; fbo{-efj_ sf]pbšf6g ul/Psf]5 . o:tf]cn^sf]l/s ; fbZolj wgn]slj tffds cleJolStnf0{dfldš tNofpg ; 3fPsf]b]vG5 . tnsf]pbfx/ofaf6 klg of]s/f a%g ; xof]u ldN5 M

k]j]lsf]lbJo ; fbo{gc6fP/ k6š e}

km6l afix/ lg:sof]ls kksf ěkdf ; a}0

..Ct-lj rf/l v08sf]odf k|t't ul/Psf]pkošt cleJolStdf slj n]ygfy kš]dfinn]kš]tsf]cgkd ; fbo{nf0{JoSt ugšf nflu pTk]ff cn^sf/sf]pkof]u u/šf 5g\ xl/of kftn]em]fuPsf]af]df cgš /^asf k|hxě k|hšf]bZ o cf]fnf0{dg]x/ nflu . cf]fdk]mě x]pof klb} ; fbo{f]u u/fpg]/^aldg k|kxědf o:tf] ; fbo{s; /l pTk]g eof]- xl/of k|tsf lardf /ftf, uhfkil, kx]f, ;]f cgš /^asf k|hxě s; /l k|h} < jf:tj df of]s/f ; fdfGo JolStsf nflu cfZrohgs xG5 . pSt cleJolStdf lj leGg /^adf km]g] k|hxěnf0{slj n]k]j]lsf] ; fbo{šf]afXo kš]6ls/0fsf ěkdf JofVof u/šf 5gV o; sYosf]kš]j sfl/tfsf nflu pTk]ff cn^sf/sf]pkof]u u/šf 5g\ . o: /l cn^sf/xě /fd] slj tfsf nflu cfj Zos jf dxTj kOf{zAb; fbof{ds pks/of aG]jubšg\

ee-!-\$ Idys

sNkgdf cfwl/t, cltzoTfdhs tyf k]rlg ě9fydf cfwl/t ; Gbe{g}ldys x]. Idys oyfyk/s ge0{>lt:d[tsf cfwl/df ě9 agšf] ; Gbe{x]. of]sNkgdf, k]rlg lj Zj f; xědf / cltzoTfdhs k] ^audf cfwl/t xG5 . slj tffds cleJolStnf0{; 3g, u9fyš / ; zSt kfg{ldys klg zIStzfnl pks/of dflgG5 . ldysn]lj leGg tffkošf]k]f]kOf u/l slj tfsf] ; fbo{tyf

kš]j sfl/tf a9fpg ; xof]u u5{ h:tf]k]dy; 0 dxflfofu, dxfw0{lj Zj dfgj tf, jL/tf cflbsf]ldys x]eg]. **gf; *** dxfanl / cTofrf/Lsf]lj gfzssf]ldys x]. ol / o:tf ldysxě cgš slj xěn]kof]u ub]čfPsf 5g\

ldysxěsf]kof]u ; a}lj rf/wf/fsf slj xěn]ug]u/šf]kf0G5 t/ k|ltj fbl tyf j:tj fbl slj xě eg]ldyssf]kof]u ubf{a9L ; r] xg]u5g\ ldysf]kof]u ubf{p]glxě a9L ; r] xg v]l]gšf]sf/Of ldys ; Todf cfwl/t ge0{sNkgfdhs / oyfyěGbf a9L g}cltzoTfdhs xg'xf]. ldys kof]u ubf{st}j:t' ; Todf afwf k5{ls eGg]wf/0fsf sf/Of p]glxě a9L ; r] xg]u5g\ jf:tj df ldys kof]u ug]slj n]cfk]h]ldys 7fg] kof]u u/šf] ; fbZolj wfg ldysf]g]x]f]f cě s]l x]efG]af/df ; r] xg'klg cfj Zos xG5 lsgeg] s]l slj xěn]P]t]xf] ; s kfq / P]t]xf] ; s 36gfnf0{klg ldys 7fg] kof]u u/šf]kf0G5 . .g] ; *cj tf/l sf] ; Gbe{nf0{ldys dfG]slj n]slxnšxlFa4nf0{klg ldys dfG] slj tf n]šf]kf0G5 t/ a4 ldys ge0{P]t]xf] ; s kfq xg\ pgnf0{P]t]xf] ; s laDasf ěkdf g]kof]u ug]p]r t xG5 . ; f/df eGbf ldys klg slj tfsf]pRr'tf a9fpg]zAb; fbof{ds pks/of x].

ee-!-% lgisif

slj tf ; Gb/ efiifdf k|t't ul/g]snf]ds cleJolSt x]. laDa, k]ls, cn^sf/, ldys cflb eflifs pks/of xg\h; n]cleJolStnf0{; fbof{ds tyf slj tffds agfpg]sfo{u5g\ laDa, k]ls, cn^sf/ / ldysn]slj tfsf]zAb; fbo{dfk]mě cy{ fbo{šf]j [4 ugdf klg plQs}; xof]u ug]ePsf]n]tyf ol tTj eflifs dflwdsf ěkdf ; of]nt eP/ c]pg]ePsf]n]lognf0{zAb; fbo{šf nflu pkof]ul pks/0fsf ěkdf lng]ul/G5 .

ee-e slj tfsf] zhl

hg pkfon]sYo, cge't jf efj jf lj rf/nf0{kš]j sfl/L, /; do / ; zSt agfpg ; lsG5 To]pkfo g}slj tfsf]zhl x]. . o; nf0{sflJos cleJolStsf]k4lt jf tl/sf klg eGg ; lsG5 . laDaktls tyf cn^sf/xě zAb; fbo{šf pks/of xg\eg]ltgsf]5gf0 / ; of]hgsf]k4lt slj tfsf]zhl x]. kš]t jf j:tšf]dfgjls/of, dfgj lo : jěk jf rl/qsf]kš]ts/of tyf Jo-hgf, Jo^o, j of]gdstf, rdTsf/kOf{cyk]f]kOf cflbsf]/rgfk4lt slj tfsf kdfv zhl xg\ ; ^aNfk'tf / ; Gthg klg slj tfsf zhlut lj lzI6tf xg\ tn slj tfsf zhlut lj z]ftfdw]dVo lj z]ftfxěsf af/df lj dz{ul/Psf]5 .

ee-e-! j:t'tfsf]dfgjls/of

kš]t jf cGo j:t:thf0{dfgj lo rl/q jf dfgj lo k] [Q k]fg ug{ j:t'tfsf]dfgjls/of x]. h:t}M

w/x/f dflQPsf] 5 crh

pleg 5f8] 17^a ; gwf/df

lbpF} bu5{6o/fBsf uNnlx,df
kfsb dfbI >dhlij lsf .

pkoSt pbfX/Ofdf sf7df8f]cllnf]w/x/fnf0{stfoaf6 Rot ePsf
cu]fx, sf]rl/q kbfq u/L j :tSf]dfgjls/Of ul/Psf]5 . o; cleJolStdf
cf^gf]st{odf cl8u /xgkg]g]Tjju{stfoaf6 ljdV dfq 5g] ; fdlhs
ljst a9fpg / >d u/7 afF/x\$fhgtfsf]ut / kl; gf r'g; d] kl5 k/\$f]
5g eG]cfzJoSt ug\$fnflu k\$[tsf]dfgjls/Of ug[z]hl cEflnPsf]5 .
of]j :tut ; dls/Ofsf]z]hl klg xf]. o; z]hln]cgel'tsf]d'tl\$ /Of ugdf
; 3fPsf]b]V65 .

o-o-o-o oyfydf cfwil/t cltzols/Of

sg]klg JolSt jf j :t'jf 36gf; Gbehf0{oyfydf To]hlt xf]/ h:tf]
5, ToF6bf w]g}a9L b]fP/ k|t't ug{oyfydf cfwil/t cltzols/Of xf].
j :t'5 To; h]oyfy[xf]t/ To; j :tsf]k, j k / ; fdYo{hlt xf]jf h]h:tf]
xg ; Sg]xf]ToF6bf w]g}a9L b]fP/ k|t't ug{cltzotf xf]. o:tf]cltzotfsf]
lgj fX ubf{cleJolStdf sf]f sfnklgstf xg'x6g]oyfyhf0{g}cltzo / eJo
tNof0Psf]xgk5{. h:t}M

snfn]w/tlnf0{pj f kfg; Sb5
rGb] b]b]hf0{wlt]df enfg; Sb5
; ft}; db\$]kfgl l; lgQ}kfg; Sb5
l; ^N}wtl{prfn} as{L dfq; Sb5 .

slj /fdk|fb 1jfnlsf] pkoSt slj tfzdf lrgsnfdf kf0g]
cleJolSt; fdYo\$]cltzols/Of ul/Psf]5 . lrgflb snf dfq]lo j :t'xg\
snfdf hljg / hut\$ axh oyfyhf0{eJo agfP/ JoSt ug]ul/65 . Pp6]
lrgsnfn]cg\$ s'/sf]lrgOf Ps}fy ug{; S5 . o; n]efj ssf]x]podf uDel/
k6fj kfg; S5 . To; h]snfsf]; fdYo{lgZro g}w]x65 t/ snf g}; j {j
eg]xf]g . pkoSt cleJolStdf eg]slj n]snf; Da6wL oyfyhf0{cltzotf
kbfq u/L snfe6f 7hf]; #/df sXl 5g eg]h; /L k|t't lbPsf 5g\ To; h]
pSt slj tfzdf oyfydf cfwil/t cltzotf /x\$]5 . o:tf]cleJolStn]
slj tnf0{rdTsf/kOf{agfpgdf ; 3fp5 .

o-o-o-# Jo-hgfzIStsf] pkoFlu

k|t'te6bf ck|t't cyhf0{^s] ug[zAbzISt g]Jo-hgfzISt xf].
Jo-hgfzISt Wj Gof]ds x65 . cleJolStnf0{ k6fj sf/L ; hlj ; ; zSt /
rdTsf/kOf{agfpg Jo-hgf zAbzIStsf]eldsf dxT]j kOf{x65 ->]7, @)! M
@@_ . o; zIStsf dflbda6 cyaxhtfsf]k]f]kOf ug{; lsg5 . k]l6 cfrfo{x]n]
Jo-hgf]ds sfJo cyf\$Wj lgsf]onf0{; j \$]7 sfJo dfq\$ 5g\ . tnsf]

p4/Ofnf0{Jo-hgfzIStsf]pkoFlu ul/Psf]slj tfsf]Pp6f pbfX/Ofsf
kdf lng ; lsg5 M

dh] x/L lgn] cf6 gu/\$f] eP
cfuf] krfg] ; fx; gu/\$f] eP
d 7f\$] e6g ; S5'
cfh d olt ; Gb/ xg ; Sg] ly0gF.

pkoSt slj tfzdf slj uaf >]7n]>dkl]tsf]cfb/efj / qm]Gt]k]tsf]
>4fefj sf]; f]bof]ds pbfQls/Of ug{Jo-hgfzIStsf]pkoFlu u/\$f 5g\
..d kfqn]x/L lgn] / cfuf]krfg] ; ^SifzLn dfq; n]dxfg\p2]osf]k]k]tsf
nflu cg\$ hl6ntf / ; ^Si6x]sf]; fdgf ug\$ k]/rfos 5g\ To; h]
Jo-hgf]ds ag\$ 5g\ o; cleJolStdf Jo-hgfzIStsf]pkoFlu u/L hlj g,
; dfh / /fi6sf]; sf/f]ds kl/j t6sf nflu >d / qm]Gtdf x]l]dPsf ; ^SifzLn
qm]Gtsf]lsf sd\$]pbfQls/Of ul/Psf]5 / o:tf sdh]g]dfq; ; Gb/ a65
e6g]s]osf]kli6 ul/Psf]5 eg]af]x/L ; ksf]; f]bo6bf c6to\$]; f] /
Jof]xf]s sd\$]; f]bo{dxfg\65 e6g]; GbZ klg Jo-hgfzIStaf/f ; Dk]fOf
ul/Psf]5 .

o-o-o-\$ j]rwofydhs j qm]Stsf] pkoFlu

sYonf0{lj lrg 9^un]rdTsf/kOf{kfb}k|t't ug[z]hl j]rwofydhs
j qm]St xf]. o; lsl; dsf]z]hln]kf7s /f]fl-rt a65 / p; n]w]n]df]
; do; Dd o:tf cleJolStsf]:d/Of ul//xg ; S5 . k'/Ofdf -euj fg < lj iOfsl
kTgl nld / -euj fg < z^s/sL kTgl kfj \$L; Da6wL Pp6f k] ^N 5 . To;
k] ^unf0{Toxf]sf]j tdf g}k|t't ul/Psf]5 . nld wgsL b]l xf]. pmwgn]
dflQPSL / 3d68L 5]. kfj \$L cly\$ b]l6n]lj k6g lzj sl kTgl xf]. kfj \$lnf0{
e6g; fy nld ..du6t\$:j f:gl]sf ; kdf 5\$ xfg/x65]. nldsf]kl't lj iOf
/ kfj \$lsf]kl't lzj b]h] ; k\$] pkoFlu u5g\ t/ km/s 9^ndf . lj iOf
em]sem]sp uxg]x] nuf0{; dbdf ; khf0{cf\$dfg agfP/ To; }; k6fly kN6g]
.euj fgl xf]. lzj z/L/df v/fgl 3; L sd08n'xftdf lnP/ ; khf0{dfnf agf0{
lelf df]b}x6g].euj fgl xf]. Ps lbg nld / kfj \$lsf lardf 3f]k]; lxt
s'/sf]gl x65, h; sf]cfzof]ds :j k o:tf]5 M

nld- P=, kfj \$L kf]0 PSn}c05f]t < ; k\$]dfnf nufP/ lx8g]
kfv] rflxFv] t <

kfj \$L- P=, To] ; k]fnf kfv] < To] t ; dbdf ; khf0{cf\$dfg
agfP/ pEb} kln6/x\$]5 .

nld - x6g x6g=, To] x6g s] < v/fgl 3; L sd08n' af\$] dflb}
lx8g] lev/l rF\$xf]5 eg\$] lg <

kfj \$L- P=, To] dflg] < To] t pleg] 7fpFkfPg Sof/]0 clg
/fhf anl; E Itg kf0nf hldg kfmFdx/fh 0 e6b}lev dflg uPsf]5 .

pko\$ t cleJolStdf Pscsfklt 5\$ xfg]lj Irqsf]zhl cEflnPsf] 5 h; n]ubf{efj s /f]fl-r t xG5 . kf]f]ofs ; Gbe{yxf gkPsf]kf7sn]o; cleJolStnf0{; xh}a%g ; Sbg . o; cleJolStdf nldln] kZgsf ; kdf 3f]ldf ; k\$]dfnf nufpg]z^s/sf]pkxf; u/L kfj {lnf0{To:tf]h^unl kfvs]l :j:f:gl eg] xlg vfh]l 5 eg]kfj {ln}xk]0sf]s8f klt]fb ug{ wgw]on] ; DkGg dflgPsf]lj iofklt Jo^o ug] tl/sfn] .a:g]7fpFgkP/ ; dbdf ; kdfly ; Ig]clg b0{kf0nf pleg]7fpFd] gkP/ /fhf anl; E Itg kf0nf lev dflg hfg]levf/l] sf ; kdf lj iofsf]pkxf; u/L nldlnf0{ h: tnf0{To: t}hj fkm]bPsl 5 . b] \$]cleJolStdf j Irqsf]dhs j qm]stsf] pkof] ul/Psf]5 .

tnsf]p4/0fdf klg o; }z]h]sf]pkof]uaf/f Ps; fy b0{cy{-Zn]f_ sf] j Irqok0f{cyk]f]k0f ul/Psf]5 M

vfh .bf]sf]g] sf] /V5 0 .un}a6bl eP sg}.

..Ct-lj rf/l v08sf]odf k]tt o; cleJolStdf lz]z/ Ct]sf]j Of] ug] qmddf slj lz/f]l]of n]ygy kf]d]fnn] Pslf/ .Jofk/df 3f6f nfu] k}fsf]sf/f]f/ g]7k e0{u]nfn cyf]k} f /Vg]y]h] g}vfn] ePsf]l:yltdf bf]sg -k; n_ yfk] sf]a:5 <l eG]cfzof]cleJolSt 5 eg]csf]t/ .hf8f]f] ; dodf cf]g] ; fydf unfd af]G]Gof]g]aGbl cyf]unaGbl xB]x]b]j }sf]g vfh /Vg]d]v]f s; n]u5<l eG]cfzof]j Irqok0f] qm]st kf0G5 . o: tf Zn]ff]ds lj Irqtfk0f{ cleJolSt lbg] z]h]n] slj tfsf kf7snf0{ rdTs] agfp5gV nfd] ; do; Dd k]flj t kfl/xG5g\

e-e-e-% eJo sNkgstfsf] pkof]j

sflJos cleJolStnf0{z]Stzfn] kfg{eJo sNkgfsf]cf]j Zostf k5{ slj tdf eJo sNkgf kP/ efj s b^u k5{ . efj ssf]dgdf dfg; laDa ag] /xg]ePsn]o:tf]z]h]df n]vPsf]slj tfn]bl3{h]j g k]t u5{ . h:t}M

- ; g afn ef] ; g ; b{eP
- ; g]f/ v]Nof] ; gsf] gedf
- ; gsf] ej ef] ; gsf hnn]
- ; g tf/ ah]p5 s]snn].

pko\$ t slj t]z .g]k]fn] zfsGtn] dxfsf]osf]xf]. dxfslj nldk] fb b]sf]fn]o; df k]ftlo -; b]f]o sfn]g_ k\$]tsf]j Of]g u/]sf 5g\ . oxf] dxfslj n]laxfg] ; b]f : j l]of] l s/ofx]n]; du]a]x]d]08 g]: j l]of] ePsf]eJo sNkgstf k]tt u/]sf 5g\ cfsfz, afn, ; b{ k]y]l c]fb ; a}; g} gsf ePsf tyf kgl]df kl/x]sf l s/of / 5r]l]s/x]sf]kgl]df To; n]p]k]Gg ug] ; f]bo{k]g ; a}; a}; gdo ePsf]slj sf]sNkgf eJo b]v]G5 . o: tf]cleJolStn] efj snf0{rdTs] / c]fg]Gbt t]Nofpg]ePsn]slj tnf0{k]f]j sf/l agfp]gsf nflu eJo sNkgstf lbg]z]h] dxT]j kOf{dflG5 .

e-e-e-^ ; ^Nk]ttfdf Jofkstfsf] ; ^s]

yf]zAbdf Jofks hlj gsf]j f ; ^Nk]df Jofks cgel'tsf]af] u/fpg] z]h] slj tfsf] ; ^Nk]t z]h] xf]. yf]zAbdf w]eG' slj tfsf]dxT]j kOf{uOf ePsn]of]z]h] slj tfsf nflu lj z]f dxT]j sf]dflG5 . Psb0{k^stdf hlj gsf cg\$ klfx_ c]te] u/fpg]z]h] o; c]tu] kb\$. tnsf b0{k^st o; s/]sf pbfx/of xg]h; n] .fdfofl dxfsf]odf c]Gofodf k/]l gf/l kf]g pldf] -nld0fsl kTgl_ sf]Jofks ; Gbe{/ .dxef/t] sf cg\$; Gbe{-o4, x]of, cx^sf/, wd{c]fb_ nf0{yf]}zAbdf c]te] u/]sf 5g]M

?jfo{pldf]nf0{ d ; ltf aG ; lSbgF

lg]Tof/ s?l]f] d ultf aG ; lSbgF.

slj /fdk] fb ljfn]af/f /lrt pSt b0{k^stsf]k]f cy{a%g kf7sn] .fdfofl / .dxef/t] sf]syf k9\$]j f ; g]f]xgk5{ . pldf] nld0fsl kTgl ly0g\ . /dnf0{j g]f ; ldn] . /fdn] kfPsf]j g]f ; df nld0fsl]sg]b]l]j lyPg t/ b]hkl]sf]k] , elSt / ; dk]sf sf/of pgn] klj g]f ; l xg]lg]f u/] . ; ltf /fdsl kTgl ly0gV kltnf0{j g]f ; ldn]k]5 pgl /fd ; E]j g]f ; u0g\ j g]f ; hfgk/]klj pgl kl /fdsf] ; fydf g]/xg kf0g\ / pldf] nld0fsl] ; fydf hfg kf0gg\ pldf]n]kl] lhp]f]5f]5f]!@ j if]f]nfd]c]j lw kltxg lj w]f h: tf]eP/ latfpgk]of]. To; c]lwdf pgn] e]f]f]z]f/l]s tyf dfg] ; s kl8f / kltsf]cef]df p]k]Gg ePsf]pgsf] j h]gf slt d]ld\$ lyof]eG]s/f a%g /fdfofsf cg\$ k] ^usf]c]l]oog ug]k] xG5 . olt w]s/f d]f]ysf]Ps k^stn] ; ^s] u/]sf]5 eg]bf] f]k^stsf] ; xl t]f]ko{a%g kf]f]ofs u]y dxef/t]sf] ; f/ a%gk]xG5 . o ; /l yf]}zAbdf w]}s/f atfpg]z]h]n]slj tfsf]efj nf0{ ; 3g / af]4s agfp5 .

e-e-e-& cyf]f]k0f

cleJolStnf0{yf]}zAbdf ; 3g cy]n] ; DkGg agfp]g slj n]zAbdf goff k]oo hf]g] gofFzAbsf]lgdf] ug]z]h] klj c]f]n]g ; S5 . km/s km/s efl]fs t]T]sf]ld>of u/L lgt]t gofFcy]f]p]k]fbg ug] ; S5 . sg]sg]ck]f]nt zAbsf]k]f] u/L To; df gofFcy]f]cf/f]k]of u/] sYonf0{a9l af]4s agfp]g ; S5 . dxfslj b]sf]fn].uf]a/n]lnk]f]cf]f]gl eG]cy{lbgsf nflu .uf]a/l tyf .df]b]df ; sf]OPsf]j : tl eG]cy{lbgsf nflu .df]b]h] h: tf zAbx]sf] lgdf] u/]. ol zAb pglebf klxn]g]k]fn] slj tdf k]ngdf lyPg\ o:t} slj ch]g k/fh]n] .df]G5] zAbaf6 .df] / .k]z] zAbaf6 .z] c]f/ lNp/ cf]hsf]df]G5]cfw]df]G5]h: tf] / cfw] kz'h: tf]ePsf]5 eG]lj rf/ JoSt ug] .df]z] zAbsf]lgdf] u/]. of]zAb g]k]fn] slj tdf lgt]t g]f]cy{af]f] b]y] k]of]. o: tf zAbsf]lgdf]sf] ; fy}gofFcy]f]k]f]k]of u/] slj n]yf]} zAbdf w]}cy]f]cleJolSt lbg] ; S5 . t]f]ko{s]eg]zAb ; f]bo]f]lgdf]sf nflu a]n]zAb lgdf] u/] j f k/]g]zAbdf gofFcy]f]k]of u/] klj cleJolSt

lbg ; lsg5 . zAbldgf / cyf/fk0fsf]of]klqmf klg zAb; fbo{f]dxTj kOf{ klqmf dflg5 .

==* snfids ; ofhg

slj tf dhTm ; fy\$ kbkbj nlsf]lj lzi6 ; ofhg xf]. zAb pg}pg / p:t}p:t}x65g\ / lsgsf; ofhg]lj lzi6tfn]sYo ; fbo{Of{agb5 . ufhn sfnf]x65 . ufhnf0{cf7fdf ldnfP/ nufPdF To; n] ; k; fbo{f] l; hgf u5{t/ e2f lsl; dn]ufnfd f bnof]eg]To; h]s'ktf ptkGg u5{. l6slnf0{lgwf/df ldnfP/ nufpBf ; fbo{f] ; l6 x65 t/ gfsf]6kfdf nufpBf xFf]pTkGg x65 . Inkl:6snf0{cf7df ldnfP/ nufpBf ; fbo{a9f] b]v65 eg]b]f]df bngju/L nufpBf e2fkg b]v65 . o; /l g}zAbnf0{plrt cy{ ptkfbg ug]u/L snfids 9^un]; ofhg ug{; lsof]eg]slj tf ; fbo{Of{ag5 . To; h]snfids ; ofhg ug]zhl /fd] slj tfsf nflu dxTj kOf{dflg5 .

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slj tfsf]zhl lj lzi6 k\$[tsf]x65 . lj lzi6 zhl sf/Of slj tf a9l cf:jfbglo / a9l kefj zfnl agb5 . j:t'tfsf]dfgjls/Of, oyfydf cfwfl/t cltzols/Of, Jo-hgzlStsf]pkofu, j]raqdydhs j qm]Stsf]pkofu, ejo snfklgstfsf]pkofu, ; ^Nfkttdf Jofkstfsf] ; Dk]fOf, cyf/fkOf / snfids ; ofhg cflb slj tfsf dVo zhl xg\ . o:tf zhl] slj tfnf0{dfl]ns, efj kOf{cfsif\$ / ; Dk]fOflo agfpg ; xofu ub5g\ ol ; a} slj tfsf zAb; fbo{xg\ . zAb; fbo{f]cefj df slj tf ; Gb/ xg g; Sg] ePsf]zAb; fbo{slj tfsf kdv dfgsd]o]Ps xf].

=# cy{ fbo{ -efj ÷lj rf/÷/; ÷cGtj {t'

nodf cfwfl/t zAbzhl df kl]f]kOf ul/g]efj / lj rf/ g]slj tfsf]cy{ xf] / To; cydf cGte\$; fbo{g}slj tfsf]cy{ fbo{xf]. cy{slj tfsf] cGtj {t' xf]. cy{ fbo{nf0{efj ; fbo{j f lj rf/; fbo{klg eGg ; lsg5 . slj tfn]dw/ no / nfn]tokOf{tyf cfn^sfl/s efiifzhl df efj snf0{; fy\$ / ; Gb/ hlj glt/ clek]t u5{. vf; df hlj gnf0{cfzjfg\ cf: yfj fg\ ultzln agfpg]s/f ; Gb/ lj rf/ g]xf]eg]lj rf/ j f cy{g]slj tfsf]kOf xf]. lj rf/ ultzln x65 . slj tdf cfpj]cy{ fbo{nf0{efj kl/kfs ePsf]/; klg eGg ; lsg5 . cy{ fbo{Psk\$ / n]slj tfsf]: yolefj xf]. o; nf0{slj tfsf] ; f/ klg eGg ; lsg5 . cy{f]; fbo{j : t'tM slj df lglxt cGtb]6 tyf p; sf] lj Zj b]6df cfwfl/t x65 . tn cy{ fbo{f]lj leGg u0fx\ sf af/d] sxl aBfx\ df lj dz[ul/Psf]5 .

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slj tfsf] ; fbo{dh ; fbo{ge0{ klgldt ; fbo{xf]. of] dhTm

dfgjlgldt ; fbo{xf]. h:tf]; g 7f] j:t'xf]. To; df klg ; fbo{x65 t/ To]; fbo{slj tf j f snfsf]; fbo{xf]gl To]j : tsf]; fbo{dfq}xf]. To; h] slj tf j f snfsf b]6n]To; df vf; ; fbo{b]v6g t/ ; gnf0{kufn] To; af6 agf0Psf uxgxf\ df lj z]f ; fbo{b]v65 . slj tfsf]; fbo{klg cge]t, efj , lj rf/, hlj gaf]w cflb j : taf6 klgldt ; h]gfsf]; fbo{xf]. df]n]k]h]sf] k/funf0{dxdf ; k]Gt/Of u/]em]slj n]hlj gsf af]w / cge]tnf0{slj tdf ; k]Gt/Of u5{. uf] / j f dnaf6 lofF j f lahh]sf]p]tkfbg ul/P em]slj n]hg; S} j : taf6 cy{ fbo{f]; l6 ug{; S5 . snfsf/n]; fdf]o j : t'd; L / s'h]sf]k]f]u u/] lj lzi6 / ; Gb/ l]rq lgd]f u5{. ufpB/df cfk]h]ef]u\$; vbm]vnf0{lnP/ n]f]ufos tyf n]f]uflosfn]dw/ ult lgd]f u5g\ ol ; a}dh k\$[tsf ; fbo{ge0{dfgj af/f klgldt ; fbo{xg\ . To; h]slj tfsf]cy{ fbo{dfgj af/f ul/g] klgldt ; fbo{xf].

=#@ slj lga4 ; fbo{

slj tfsf]cy{ fbo{slj lga4 ; fbo{xf]. slj sf j d]Sts÷cGtb]6ut leGgtfsf sf/Of pglx\ nf0{Pp6} : tdf klg leGg leGg ; fbo{f]ar]w xg]u5{ lxGb' wd\$]l]xdfotl slj n]uf0{nf0{b]l]sf ; kdf khf ug]k]g]; fbo{k]f]g u/] slj tf n]v5 t/ d'; ndf]n]To; h]nf0{:j flbn]df; S]df]wdsf ; kdf Jof]vof u/] klg n]v]g ; S5 . j : t'Pp6}5 t/ cGtb]6sf sf/Of l]gd]f leGg leGg ; fbo{f]w x65 . ndl / j / bj h]s]nf0{x65g\ / bj \$]x]f0df leGgtf 5 -l3ld/]@)%* M%(_ . kzsf]cuf]8 / flvPsf]k]h 3fF xf]eg]df]5\$ nflu Toxl k]h ; Gb/ j : t'xf]. cy{ fbo{dhTm hlj gaf]w, ouaf]w, ; dfhaf]w / To; nf0{xg] slj sf] lghl b]6sf]f] xf]. slj sf]sfd hlj g / ; dfhaf6 1fg / cgej a6hl To; df sNkgf ld; fP/ ; fbo{f]; l6 ug{/ To:tf]; fbo{Of{ ; l6af/f k7s / ; dfhd]fly snfids ; Dk]fOf ug{xf]. o; sf nflu cy{ fbo{f]1fg / To; nf0{k]f]u ug]l; k cfj Zos x65 .

=## >dlgldt ; fbo{

slj tfsf]cy{ fbo{ ; Gb/ >dsf]snfids k]k]t xf]. ; fdf]o >d snfids x65 . slj tf j f cG6 snfsf]l]gd]f ubf\$]>d snfids x65 . ?vdf xfn]f]lk^ v]bf >d k5[/ df0nf]klg x65 . sxl JolSt lk^ v]bf ?vsf kft l6kg]sfd u5gV / dfp5g\ To; qm]df xftn]kft l6kgdf eGbf lk^ dRrfpB] dvn]kft l6kg ; Sgd] a9l snf x65 -l3ld/]@)%* M%_ . o; k\$ / sf]snfids >dn]ubf]g]efj snf0{; fbof]ds c]g]b k]k]t x65 lsg]eg]To; df >d / snf bj \$]; ofhg x65 . c\ n]l]bPsf]k} df eGbf cfk]h]>d u/] sdfPsf]k} df a9l c]g]b]f]ge]t / klfw/ tf x65 lsg]s To; df >dsf]; fbo{x65 . c\ n] n]v]f]p]s]6 slj tfsf]eGbf ; fdf]o v]ns}eP klg cfk]h]n]v]f]slj tfnf0{s; h] / fd]el]g]l]b]f slj nf0{a9l c]g]b ldn5 lsg]eg]To; df p; sf]lghl >d

/ snf xG5 . o; cydf slj tfsf]cy{ f}bo{egsf]snfids >daf/f kllt xg] sfljos ; f}bo{xf].

@#=\$; Toaf]yut ; f}bo{

slj tf jf snfsf ; Gbedf eGbf ; Tosf] ; flffsf/ ; lxt ul/g] ; f}bo{af]w ; j 7 xG5 . slj snfsf/sf lj leGg OlGbbx 2 sf]k\$[t / slj kltefsf]j }lSts dgl:yltcg 2 k o:tf] ; f}bo{sf]af]w xg]u5{. cfrfn] 2 k ; Tosf] ; f}bo{af]w u5{. dgn]cgelt ; Tosf] ; f}bo{af]w u5{. dl:tisn]lj rf/ ; Tosf] ; f}bo{af]w u5{. dhtM cgelt ; To / lj rf/ ; Tosf] ; f}bo{g}slj tfsf nflu >]7 cy{ f}bo{xf]. gflT-gflTgnf0{rpf/L k/\$l xh/ cfd cToGt /fdl nflu5g\ /l ; s o]fo] tlnf0{ zf/Ll/s ; f}bo{/ k]fo/fu /fdl nflu5g\ qmflGtsf/Lnf0{cTofrf/Lsf lj ?4 ul/g] ; z:q ; a3ifGf ; f}bo{af]w xG5 . o:tf]xgdf cgeltaf]wvsf] ; f}bo{]sfd u/\$f]xG5 .

f}bo{af]wdf lj rf/sf]eldsf cxd\XG5 . slj tfsf]dh hut'efj hut\ g}xf]tklg lj rf/sf]hutdf kj 2 gu/L slj tfn]cfknhf0{snfhol agfpg ; Sbg -k4gl, @)& M@!& . lj rf/nf0{slj tdf k]tt ubf{ ; f}em-7f8f] lj rf/ sf 2 kdf k]tt ug]cy{ f}bo{sf nflu xfgs/s xG5 . slj tdf lj rf/nf0{ ; f}em]ge0{snfn]5f]k] k]tt ug]k5{gg lj rf/n]snfnf0{sr5 / cy{ f}bo{df afw k5{. o; /l snfn]5f]k] cleJoSt xg] ; zSt lj rf/ klg slj tfsf] cy{ f}bo{xf]. lj rf/ lj 2 do xG5 . slj tdf lj rf/ cy{ f}bo{sf 2 kdf cfPsf]xG5 . o; n] ; To ; Tosf]lg 2 kOf u5{.

@#=% /; f]ds ; f}bo{

cy{ f}bo{sf]dxITj kOf{kllt /; ; f}bo{xf]. slj tf hg efj jf hg /; df n]vPsf]xf] To; df p]s[6 xg'g]cy{ f}bo{sf]>]7tf xf]. s?of /; sf] slj tf xf]eg]efj sdgdf sf?l0fs efj sf]lgiklQ eP/ p; nf0{?g dg nfuf] \ jL /; sf]slj tf xf]eg]efj sdf jL/tfsf efj ; lxtsf]p] ; fx a9f] \ /f] /; sf]slj tf xf]eg]efj sdf qm]w ; lxtsf]pQ]hg a9f] \ . zP]nf/ /; sf] slj tf xf]eg]efj s k]fo/fun]lehf] \ slj n]cfknh]h]af]w u/\$f]5 To; af]wnf0{kf7sn]klg ; f}bo{kOf{cfGbbfGelt'sf ; fy l7s Toxl 2 kdf af]w u2g\ o; /l slj n]slj tfaf/f >f]f jf kf7sdgdf cf^gf]af]w ; dfgsf]af]w u/fpg ; Sg'egsf]/ ; f}b\$ u/fpg'xf]. o; lsl; dn]cf^gf cgeltx 2 kf7sdgdf klg cf^gf cgelt ; dfg cgelt xg]u/L ; fwf/Ofs/Of u/fpg ; Sgdf g]slj kltefsf] jf:t]s k/Llfof xG5 . o:tf]xg ; sdf /; f]ds ; f}bo{kllt xG5 . o:tf]/; kl/ kfsdf g]slj tfsf]cy{ f}bo{dvl/t xG5 .

@#=# IzNk; fwgfut ; f}bo{

slj tfsf]cy{ f}bo{df IzNk; fwgfut ; f}bo{sf]lj z]f eldsf xG5 .

slj leqsf]hlj gaf]w-; dfhaf]w oyfyk/s / uDel/ k\$[tsf]xg'h?/l 5 . Oltxf; aem]sf]j tdfgnf0{efu]sf]/ elj ionf0{; xl 2 kdf cgdfg ug{; lfd slj sf]af]w >]7 xG5 . o:tf]af]w k]f cgej af6 kllt xG5 . slj hlj g / ; dfhaf/]lrGtgzln xgk5{. lj Z]sf bzg ; E kl/lrt xgk5{. dno]fg\ bzgkllt cf:yf]fgV bP xgk5{. hlj g / ; dfhnf0{abNgsf nflu bzg g]dVo s/f xf]eGg]s/fdf pm :ki6 xgk5{. o:tf]af]w k]f lj rf/af6 kllt xG5 . slj tfsf]no, efiif / z]h; E klg slj ; 3g 2 kdf kl/lrt xgk5{. pm slj tfl; hg]sf nflu nfd]cEof; ; fwgfaf6 uh\$]xgk5{. of]k]f IzNk; fwgf xf]. k]f cgej , k]f lj rf/ / k]f IzNk; fwgf] ; DkGg slj tf af]4s, lj rf/ kOf{z]h; 4 / dxfgxG5 . t/ k]f tfsf]gdfdf sl]qdtf gxf] 'eGg]s/fdf klg slj ; hu xg]k5{[sgeg]sl]qdtf k]f slj tfsf]lj z]fxf] . sv/fsf] cG8fnf0{lnP/ o; s'fnf0{a%g cem ; lhnf]k5{. cG8fnf0{; hgdf abNg tftfk]g lbgk5{t/ tftfk]g lbg]gdfdf cG8fnf0{tft]cfufdf ksp]f cG8f cDnG aG5 eg]cfdsv/fn]dft] ; lxt cf]f/f\$]tftdf tkp]f cG8faf6 hl]t rNnf hGdG5 . ; f}bo{t bj} s/f xfhfg\ / dxfg\cy{ f}bo{rflx cG8faf6 cDnG afgdf eGbf rNnf hGdGdf xG5 . o; /l kltefsf]k]f cgej , k]f lj rf/ / k]f IzNkaf6 slj tdf dxfg\cy{ f}bo{sf] ; l6 xG5 .

@#=# & lgTo gjlgf]sf] ; f}bo{

hltk6s k9bf klg k/fgf]gnflg' / gj gj efj sf]af]w u/f0/fVg ; Sg' dxfg\slj tfsf]z]St xf]. ; fdfio 2 kdf xbf{k]fom x/\$ laxfg 2 p:t}p:t} nflu ; S5g\ / tl ; dfg xfgg\ gofFxb\ / \$ gof] ; Gt p:t}p:t}nflu ; S5g\ / pxl xfgg\ gofFxb\ l7s o; /l g]dxfg\slj tdf efj jf lj rf/ jf j :t' cflbsf]kg/fj Q xg ; S5, kg/fj Q eP em]nflu ; S5 t/ lj ifo pxl eP klg cleJoStdf tl s/f gofFgsf ; fy cfpkg5{. slj n]efjnf0{gofF agfP/ k]tt ug]k5{. cyf w/\$ gofFk7gdf slj tfn]gofFthul lbg ; Sgk5{. o; }f g]dxfg\kltef / dxfg\slj tfsf]klxrfg / dNo lge\ xG5 . of]sfd gj gj f]d]fzflngl k]f kltefn]dfq ; DkGg ug{; S5 . o; /l lgTo gofFxb' cyf\nglogjlgf klg slj tfsf]cy{ f}bo{xf].

@#=#* lgisif{

slj tfsf]cy{ f}bo{slj tfsf]cEofT/=uoff]ds ; f}bo{xf]. slj tdf slj sf k]f9 / dld\$ cgeltx 2 tyf p; sf efj , lj rf/ / dfgl; s slkgfx 2 k]tt xG5g\ ltg]s/fx 2 ha ; f}bo{kOf{ag] cleJoSt xG5g\ta slj tf jf snfsf cy{ f}bo{sf 2 kdf b]f k5G\ slj tfsf]cy{ f}bo{k]glGdf ; f}bo{xf]. of] slj leq lga4 xG5 . o; sf]lgdf]f slj sf]>daf/f xg]ePsf]of]>dlgdf ; f}bo{xf]. slj n]; Tosf]; xl af]w u/] /; f]ds kf/L k]tt ug]ePsf]slj tf ; Toaf]yut tyf /; f]ds ; f}bo{xf]. slj sf]kltefsf ; fy]p; sf]IzNkut

jhoGtl #^ 5Gbsljtf c^s ^

; fwgaf6 tof/ xg]; fbo{ePsf]slj tfsf]cy{ fbo{lzNk; fwgfut ; fbo{klg xf]eg]slj tdf lglogjlgtsf]cy{fkgb xg]ePsf]slj tfsf]; fbo{lglogjlgtsf]; fbo{klg xf]. ; duof egkbf{slj tfsf]cy{ fbo{egsf]kgldf, slj lga4, >dlgldf, ; toafwut, /; fids, lzNk; fwgfut /lglogjlgtsf]; fbo{xf].

#= slj tfsf] dNof^sgsf cfwf/x

slj tf s:tf]5 < cleJolStn]slj tfsf]k kkt u{/sf]5 jf 5g <slj tfsf]k kkt u{/sf]cleJolStdf dxggtf 5 jf ; fdfgotf 5 < slj tfsf]no; fbof{ds klf s:tf]5 < zAb; fbo{sf]: j k s:tf]5 < cy{ fbo{sf]: j k s:tf]5 < cflb s/fx;sf]uDel/ lj Zn]f of gu/L slj tfsf]; xl dNof^sg xg ; Sbg . slj tfsf] dNof^sgsf dVo cfwf/x;df lj wfut d]n]stfsf]lgj fx, ; f;g, ; fbo{/ lj rf/wf/f jf bfzlgstfut cfwf/x; kb5g\ ol s{/sf]/df]ulx/f]cWoo gu/L / ol klfdfly uDel/ dgg gu/L slj tfsf]j :tut dNof^sg xg ; Sbg .

#= ! lj wfut d]n]stfsf] cWoo

slj tfsf]dNof^sgsf nflu klnf]cfwf/ lj wfut d]n]stfsf]cWoo xf]. sg}klg cleJolSt lj wfut kdf slj tf eof]ls ePg eg] klnofpgsf nflu o:tf]cWoo cfj Zos / clgj fo{x65 . o; sf nflu slj tf; DaWl cfwf/ e't ; 4f6tn]dfu;zg u/fp5 . To; h]lj wfut d]n]stfsf]lgj fx eP=gePsf]cWoo ug{slj tfsf]dNof^sgsf]klnf]cfwf/ xf]. of]slj tfsf]; Argf; E ; DalGwt cfwf/ xf]. o; cktuf nolj wfg, cfsf/k{/ , efiiff] Joltqmd, j of]cf]cfj [Q cflb klfx;sf]cWoo x65 .

#= @ ; ffgfids klfsf] cWoo

; ffgfids klfsf]cWoo slj tfsf]dNof^sg ug{bf] f] dxTj kof{ cfwf/ xf]. slj tfn]oyfyf{of]slit dfqdf cfd; ft\u{/sf]5 / ef]snf0{oyfyf]afw slt dfqdf u/fp5 eG]s/f slj tfsf]; ffgfids klf xf]. c6o snf h:t]slj tf klg ; To; Tos]afw / slj sNkgfnf0{k]t't ug{eflifs snf xf]. o; n]slj df lgxt hlj g / hut\DaWl fgsf]snf]ds cleJolSt lb65 . slj tfn]uxof u{/sf] lj ifo, slj sf]; fdfhafw, slj n]u{/sf] olafw cyf\ hlj gofyf{/ ; dfhoyfyf]k]t]tsf]cWoo ; ffgfids klfsf]cWoo xf]. o; cWoo]sf cfwf/df slj tfn]; To h]xf]To; nf0; xl kdf ; flffsf/ ug{ ; s]sf]5 jf 5g eg] xl/65 . slj tdf lgxt ; ffgfids klfsf]j :tk/s cWoo / To; dfly uDel/ dgg gu/L slj tfsf]; xl dNof^sg ug{ ; Is6g .

#= # ; fbof{ds klfsf] cWoo

; fbof{ds klfsf]cWoo slj tf dNof^sgsf]t] f]dxTj kof{cfwf/

jhoGtl #^ 5Gbsljtf c^s ^

xf]. ; fbo{g}k7snf0{cfsliff ug[/ kfej t kfg]dh tTj xf]. slj tfn]k7s jf >f]fnf0{slit dfqdf kfej t tNofp5 eG]s/f slj tfsf]; fbof{ds klfdf lge\ u5{ . of] dhtM slj tfsf] snf]ds klf xf]. efiiff slQsf]nfn]odo 5 < laDa, ktlS / ldysx;sf]kofu s; /L ul/Psf]5 < cn^sf/x;sf]pkofu s; /L ul/Psf]5 < ; fbZolj wfgsf]: j k s:tf]5 < sNkgfzln]tf slQsf]5 < Jo-hgf]dstf slQsf]5 < h:tf s/fx; ; fbof{ds klfctuf k5g\ ; fbof{ds klfsf ; antf jf bah]tdf g}slj tf s]lt ; Gb/ 5 / sYoj :t'efj s; Dd slQsf]kfej sf/L kdf ; Dklft x65 eG]s/f lge\ u5{ ; fbof{ds klfsf]cWoo]sf cfwf/df g}slj tfn]efj snf0{slQsf]n]f]ofpg ; S5 eG]s/f]sf]dNof^sg x65 .

= \$ lj rf/wf/f]ds klf -bfz]gs w/ftn_ sf] cWoo

lj rf/wf/f]ds klf jf bfz]gs w/ftnsf]cWoo slj tfsf]dNof^sg ug{rf]f]dxTj kof{cfwf/ xf]. slj tdf s:tf]lj rf/ JoSt ul/Psf]5 . To] lj rf/ sg bfz]gs w/ftndf cfwf/t 5 . To; df JoSt ul/Psf]lj rf/ slt dfqdf j :t]fbl jf slQsf]oyfyk/s 5 < To]oyfyf]sf]cleJolSt s]lt dfqdf l7s jf al7s 5 < sg ju]sf]cgsh 5 < slt dfqdf j]flgs jf cj]flgs 5 < h:tf s/fx; lj rf/wf/f jf bfz]gs w/ftnc]tuf k5g\ o; klfsf]cWoo]af6 slj tfsf]c]tj {tsf]j f:tlj s : j k klnofpg]ul/65 . of] slj sf]j r]f/s r]g; E ; DalGwt klf klg xf]. slj sg ju]sf]JoSt xf]j f pm sg ju]sf]lxtdf slj tf n]vg]slj xf]eG]s/f]sf]klxrfg klg o; }klfsf]cWoo]af6 x65 . slj tfsf]lj rf/wf/f]ds klfsf]cWoo]sf cfwf/df g}slj sf]lgot, af]stf, hlj gbl]6 / p; sf]lj Zj bl]6sf]dNof^sg ug{ ; Is65ll ugk5{ .

lj rf/wf/f]ds jf bfz]gs klfsf]cWoo]af6 g}slj tf k]ltzln jf ck]ltzln jf c6o w/f]sf]eP=gePsf]s/f klnofpg ; Is65 . k]ltzln slj tdf Gofokof{hlj gkl]tsf]k]f9 cf:yf x65 . o; df ; dfgk]ts / ; dfg cj ; /-k]kt ; dfhJoj :yfsf]klw/tf x65 . p]kl]8t ju]sf]p]yfg / p]kl]8gaf6 d]Stsf]j ul6 klfw/tf x65 . c]ofrf/ / z]f]ofsf lj ?4df ju] r] lj b]f] x65 . Oltxf; sf]uDel/ cWoo / ; dolug oyfyf]j :tk/s afw x65 . lj e]af6 dSt ; dfh / ; Gb/ eljiosf nflu ; jkgbl]6 x65 . pbfQ hlj gdNof] kfej znl / /fuf]ds cleJo-hgf x65 . g]fZosf]l]t:/sf/ / cfzj fbl :j /sf] pb]f]f x65 tyf lj Zj dfgj tf]fbsf]; dyg / ; j f]f]ul6 kl]ta4tf x65 . o:tf s{/sf lj /f]w lj rf/ af] c]Psf slj txf; ck]ltzln dflg65g\ . slj tdf old]o]s:tf s:tf s/f 5g\ j 5gg eG]s/f]sf]dNof^sg slj tleq kf0g]lj rf/wf/f]ds jf bfz]gs klfsf]cWoo]af6 ug{ ; Is65ll ugk5{ .

#= % lgisif{

slj tfsf]dNof^sgsf cg\$ cfwf/x; eP klg dhtM rf/ cfwf/x;df

jhoGtl #^ 5Gbsljtf c^a\$ ^

6\$] slj tfsf]j :lut dNof^sg ug{; ls65 M
 s_ ; Argf klfsf]cWooG M .slj tfl elgPsf]cleJolSt ; Argfut
 2 kdf slj tf ag\$]5 ls 5g egl xg{slj tfsf]lj wfut dflnstfsf]cWooG
 ugk5{.
 v_ ; ffgfids klfsf]cWooG M slj tfn]j :t' ; Tosf] cleJolSt
 ; Tosf]slt ghls jf slt 6f9f eP/ lbPsf]5 eG]s/f klxNofpg slj tfsf]
 ; ffgfids klfsf]cWooG ugk5{.
 u_ ; fbof[ds klfsf]cWooG M slj tf ; Gb/ eof]ls ePg, s\$lt
 sf/Ofn]slj tdf ; fbo[dvI/t ePsf]5 jf s\$lt sf/Ofn] ; fbo[dvI/t xg
 ; s\$]5g egl 7Dofpg ; fbof[ds klfsf]cWooG ugk5{.
 3_ lj rf/w/flds klfsf]cWooG M slj tdf hlj ghutsf] afw
 s ; /L ul/Psf]5, To ; df k|t't ul/Psf lj rf/x2 sg bZgaf6 cgkflOfT 5g\
 / To]lj rf/ jf bZg slQsf] ; To]wfl/t 5 tyf slj tfsf]bzgn]sg ju\$]
 klfd s ; /L cleJolSt lb65 egl klxNofpg lj rf/w/flds klf=bfzlg s w/
 ftnsf]cWooG ugk5{.

\$= ; du|lgisif{

nodfwb{ zAb ; fbo{/ cy{ fbo\$] ; dlGj t / ; Gtlnt eflifs snf g}
 slj tf xf] . of] nobf/ / nfnlTodo efiiff dflModaf6 ul/g] cgel'tsf]
 labafds kg ; hg xf] . efj sss]dg / dl: tis bj hfo{Psk6s 5g ; Sg'
 zlstzfnl slj tfsf] ; j r k|kt xf] . zlstzfnl slj tf lxdfnl gbl h:t}xG5 .
 lxdfnl gbl g ; s]emf]of] ; b} efj kOf{/lx/xG5 . lxdgbl alu/x]emf]of] ; b}
 kj flxt e0/xG5 . ouf]u lr/gjlg e0/xg ; Sg' dxfg\slj tfsf]zlst xf] .
 o:tf]slj tf efj sss nflu ouf]u cf:j fbs alg/xg ; S5 .
 slj tfnf0{dxfg\agfpg] tTj x2 efiiff, cgel't=efj, zhl, sllkgf,
 j:t'tf, no, lj rf/ cflb xg\ nfnlTodo efiiff]slj tfnf0{cfsif\$ agfp5 .
 uDel/ efj n]slj tfnf0{cf:j fB agfp5 . klf9 cgel'tn]slj tfnf0{xhouf]xo
 agfp5 . ; ul7t / cfn^asf/s zhl]slj tfnf0{dfl]ns agfp5 . ; fbof[ds
 snfn]slj tfnf0{; Dk]f]f]o tNofp5 . eJo sllkgfn]slj tfnf0{rd]sf/kOf/
 cfsif\$ tNofp5 . j :t'tf ; Totfn]slj tfnf0{lj Zj ; glo tNofp5 . non]
 slj tfnf0{>lt dw/ agfp5 eg] ; Gb/ lj rf/ j f j] flgs lj rf/w/fn]slj tfnf0{
 dxfgV bl3hlj l agfp5 .
 slj tfn]lj wfut 2 kdf dflnstf k|kt ufof]u/g eg] xg] ; Argfids
 cWooG, hlj ghutsf oyfyf]f]o ; xl 2 kdf JoSt ufof]u/g eg] xg] ; ffgfids
 cWooG, efiiffzhl / ; fbo{ [i6 s:tf]5 eg] xg] ; fbof[ds cWooG tyf sg
 lj rf/w/f]sf] / sg ju\$]klfd 5 eg] xg]lj rf/w/flds cWooG slj tfsf]
 j :lut dNof^sg ug]dVo cfw/ xg\

jhoGtl #^ 5Gbsljtf c^a\$ ^

; Gbe{ ; rI
 clwsf/L, xdf^w/fh / j blj zfn e6b/f0{^)! = kof]fids gkfnl zlbsfz= sf7df8f]M lj Bfyl(
 k':ts e08f/
 uftd, nldOfk] fb @)^ = ; dsfnlg gkfnl slj tfsf] labak/s lj Zn]f]of= nlnkt/ M ; feif
 k\$]fzg .
 l3ld/] dfwj @)^* = rf? rrf] nlnkt/ M ; feif k\$]fzg .
 r'kfuf0{lgg' @)^! = oyfy]fbl / r'gfb]6 / lj j]rgf = nlnkt/ M lbn j / bfg / cG0 .
 r]Go @)^\$ = d]s ; fbl snfb]6 / ; dliff = bf]] ; +sf7df8f]M P]j] tl k\$]fzg .
 1jfnl, /fdk] fb @)^\$ = k]Zrflo ; flxio l ; 4f]tsf] ; /n Jo]vof= sf7df8f]M xh'/sf] k\$]fzg .
 @)& = slj tf ; dnf]rgf= sf7df8f]M eBlk'/of k\$]fzg .
 lqkf7L, jf ; b] @)^\$ = k]Zrflo ; dnf]rgsf] ; fl]ts k/Dk/f -klxnf] efu= t]] ; +
 nlnkt/ M ; feif k\$]fzg .
 lqkf7L, jf ; b] , b] 1/fh Gofkfg] / sZj ; j bl @)^ = gkfnl slj tf, efu \$= rfy] ; +nlnkt/ M
 ; feif k\$]fzg .
 bj sf6f, nldk] fb @)^\$ = gkfnl zfs6tn= kff]f ; +nlnkt/ M ; feif k\$]fzg .
 k7fgl, ldaqfn @)&! = ad o ; /L slj tf n]v5 = k]h] = j if{! (= kOf]s @! = sf7df8f]M k]ltzln
 n]v5 ; a\$.
 kf08p, tf/fs6t @)^\$ = k]ltj fb / slj tf = sf7df8f]M zlnf of]ul .
 kf8fn, n]vgy @)^\$ = Ct-lj rf/ = c7f/f]f ; +nlnkt/ M ; feif k\$]fzg .
 >]7, 0Zj/sdf/ @)^! = k]l6 tyf k]Zrflo ; flxio ; dnf]rgf M k]lv d]totf, j fb /
 k]f]n= sf7df8f]M ; feif k\$]fzg .
 -of] ; dnf]rgf .k]h]] lqsf -@)&! _ sf]n]nf0{g]kgn]g u/L tof/ kl/Psf]xf] - n]v5
 y skg, sf7df8f]M

jhoGtl ; i6 ; Ddfgaf/f ; Ddf]gt Jo]Qm]j x?

c^a\$!= slkn c1fft - ; dliff_	c^a\$ @= /fhZj / b] s6f -k] [d]t_
c^a\$ #= ag" nfid5fg] -/fli6e Jo]Qm]j_	c^a\$ \$= pldf nfid5fg] -glltsyf_
c^a\$ %= 8f= z]k]k\$]z gkfn -5Gbslj tf_	c^a\$ ^= elid pk]l - :j bZofqf_
c^a\$ &= oj /fh gofB/] - :j bZofqf_	c^a\$ * = 8f= /fdk] fb 1jfnl -5Gbslj tf_
c^a\$ (= 8f=ho/fh k6t -rf8kj]_	c^a\$!= s6x6f gf ; ggl -lj bZofqf_
c^a\$!! = ej gxl / l ; Ub]h -kOfosyf_	c^a\$!@= 8f= blufk] fb cofh - ; dliff_
c^a\$!# = kf= ufl]s]Of zdf{- ; dliff_	c^a\$!\$ = /fdZj / /fpt .dft]f] ; U -uBslj tf_
c^a\$!% = 8f= 3gZofd Gofkfg] - ; d/Of_	c^a\$!^ = k]k]k gkfn - ; d/Of_
c^a\$!& = lzj uf]kfn l / ; fn -5Gbslj tf_	c^a\$!* = lj ho rfn] ;] -lga6w_
c^a\$!(= k\$]fzdlOf b]xfn -lga6w_	c^a\$ @) = >lc]f] >]7 / f]g - ; d/Of_
c^a\$ @! = /fdk] fb k6t - :j bZofqf_	c^a\$ @@ = d-hh -lj bZofqf_
c^a\$ @# = gf/fof lg/f ; l -5Gbslj tf_	c^a\$ @\$ = zzl yk] .k]08tU - ; s]t_
c^a\$ @% = lsz]f] kxf8l -n3syf_	c^a\$ @^ = nln]t b]f]l -Psfa\$]_
c^a\$ @& = ultfsZ / -n3pk6of ; _	c^a\$ @* = /fwZofd n\$fnl -uBslj tf_
c^a\$ @ (= r6b\$]f]t cfrfo{-/fli6e Jo]Qm]j_	c^a\$ #) = b] l gkfn -5Gbslj tf_
c^a\$ #! = cd/sdf/ k]vfg -/fli6e Jo]Qm]j_	c^a\$ #@ = lbJo lu/L -dQms_
c^a\$ ## = ; lfd df]g6w/ -syf_	c^a\$ #\$ = aB /fgf -uhn_
c^a\$ #% = kf= /fh]b] ; j bl - ; dliff_	c^a\$ #^ = g/]b] k/fz/ -5Gbslj tf_

jhoGtl tyf zAbfy{k\$zfzgsf k':ts kf0g]k; nx;

!=	tjxyd k':ts k; n- Onfd	-)@&-%@!%) (
@=	Onfd k':ts k; n- Onfd	-)@&-%@) \$@#
#=	lnfan PhsZgn 066k10h)- latfdfB, emkf	-)@#-%\$@)@
\$=	gkfn as xfp; - latfdfB, emkf	-)@#-%\$) (#&
%=	k\$ilt k':ts e08f/- latfdfB, emkf	-)@#-%\$^#*
^=	gzgn as P08 :6zg/L- r6bψ9L, emkf	-)@#-%\$% (&!)
&=	k\$ilt k':ts k; n- bds, emkf	-)@#-%*)#(!
=	>]7 as P08 6oh; ;j6/- bds, emkf	-)@#-%\$!@%
(=	k\$zfz as P08 :6zg/L- bds, emkf	-)@#-%!*\$
!)=	k]tef k':ts k; n, wgsbf	-)@^-%#@!#) \$
!!=	af/sf k':ts- w/fg; ; g; /L	-)@%-#@%&#
!@=	/dz as l8kf- w/fg; ; g; /L	-)@%-#@%##
!#=	tfnh^ as ; j6/- 06x/L; ; g; /L	-)@%-%^*^*^
!\$=	cllasf as ; j6/- 06x/L; ; g; /L	-)@%-%^*\$%(@
!%=	jfnhl k':ts e08f/- lj /f6gu/, dfl^a	-)@!-%#)^#*
!^=	Zofd k':ts e08f/- lj /f6gu/, dfl^a	-)@!-%#@^#%\$
!&=	dgrh k':ts e08f/- lj /f6gu/, dfl^a	-)@!-%#)%%(
!*=	klAns as; P08 :6zg/L- lj /f6gu/, dfl^a	-)@!-%@)!&&
!(=	dgfnl k':ts e08f/- lj /f6gu/, dfl^a	-)@!-%@!(@^
@)=	e\$ /f0k':ts k; n- lj /f6gu/, dfl^a	-)@!-%@#\$
@!=	lj gfos k':ts k; n- lj /f6gu/, dfl^a	-)@!-%\$)!^)
@@=	6o':j l:ts k':ts - lj /f6rfS, dfl^a	-)@!-%\$%@!\$
@#=	; -ho k':ts e08f/- /fhj /fh; ; kt/L	- (*\$@*%)@*
@\$=	6ofkfg]as l8l:6A06; {-s6f/L, pbok/	-)#%-\$@)^*\$
@%=	dgfn k':ts e08f/- uf03f6, pbok/	-)#%-\$@)!@%
@^=	6ofkfg]k':ts k; n- uf03f6, pbok/	-)#%-\$%^*!#
@&=	; ltf g]j n- nxf]g, l; /xf	-)##-%^))@&
@*=	r]w/l as l8l:6A06; {- nxf]g, l; /xf	-)##-%^)\$#\$
@(=	Pstf as ; j6/- nxf]g, l; /xf	-)##-%^!!)@
#)=	zfx k':ts k; n- ldr]p, l; /xf	-)##-%%)###
#!=	dhb/ k':ts ejg- hgsk/, wglff	-)\$!-%@!(\$#
#@=	j b]xl k':ts ejg- hgsk/, wglff	-)\$!-%@#(*@
##=	>L/fd k':ts k; n- nfnabl, ; n]fxl	-)\$^-%)!%*(
#\$=	; 6b]j tl k':ts k; n- rl/sf]b	-)(\$&\$)@(!*^
#%=	sfe]leuj tl k':ts k; n- l; 6whl	-)\$&-%@)%)&
#^=	6o'k/hgf :6zg/L- l; 6whl	-)\$&-%@)@%
#&=	h]Pg= k':ts k; n- d6ynl, /fd5fk	-)\$*-%\$)!)
#*=	ldlnhhl k':ts tyf :6zg/L- d6ynl, /fd5fk	-)\$*-%\$)*)#
#(=	yfkf as P08 ; knfo; ; r]t]f, l; 6wkn]r]fS	-)!!-^@)@&#
\$)=	1fg u^uf k':ts k; n- agkf, sfe]]	-)!!-^^^#^&%
\$!=	lj Bf dl6b/- uf/, /f]x6	-)%-%@)!(^
\$@=	l; 4fy]:6zg/L- j l/u-h, k; f]	-)%!-%@%(*%#
\$#=	lemu'; dfrf/ k':ts s]b] j l/u-h, k; f]	-)%!-%@*(!*
\$%=	hg/n as P08 :6zg; ; j l/u-h, k; f]	-)%!-%@^#&#

\$%=	u0f]z k':ts e08f/- j l/u-h, k; f]	-)%!-%@#\$^!
\$^=	6o'khf k':ts k; n- j l/u-h, k; f]	-)%!-%@#%\$&
\$&=	lj Bfy]k':ts e08f/- j l/u-h, k; f]	-)%!-%@^*(!
\$*=	lj Bfy]k':ts e08f/- x]b]Bf, dsj fgk/	-)%&-%@\$!^)
\$(-	6o'; dfrf/ s]b] x]b]Bf, dsj fgk/	-)%&-%@\$)%#
%)=	>l ; r]g' s]b] x]b]Bf, dsj fgk/	-)%&-%@!&#&
%l=	clkm x]h; ; h tyf as :6f/- 6f]L, lrtjg	-)%^-%^@*%\$
%@=	6o'gzgn as P08 :6zg/L- 6f]L, lrtjg	-)%^-%^@%! (
%#=	k]B]h k':ts dxn- 6f]L, lrtjg	-)%^-%^@!%)#
%\$=	klkf-hnl k':ts k; n- k; f] lrtjg	-)%^-%^*^@e\$
%%=	df:s]k':ts e08f/- gf/fo0fu9, lrtjg	-)%^-%^@&&@&
%^=	klkf-hnl k':ts k; n- gf/fo0fu9, lrtjg	-)%^-%^@#%\$@
%&=	clkm x]h; ; h- gf/fo0fu9, lrtjg	- (*\$%)&#^*^\$
%*=	sfdgf k':ts k; n- gf/fo0fu9, lrtjg	-)%^-%^#)@%
%(=	gf/fo0l k':ts ; bg- gf/fo0fu9, lrtjg	-)%^-%^@!@*^
^)=	x]d]k':ts k; n- gf/fo0fu9, lrtjg	-)%^-%^@!**\$
^!=	l]zj k':ts k; n- gf/fo0fu9, lrtjg	-)%^-%^@!^\$)
^@=	6o'lrqj :6zg/L- e/tk/, lrtjg	-)%^-%^@###
^#=	lj Bfy]k':ts e08f/- e/tk/, lrtjg	-)%^-%^@&&*^
^\$=	9sfn as; P08 :6zg/L- e/tk/, lrtjg	-)%^-%^#)(\$%\$
^%=	Jof; :6zg/L- bdf]l, tgxf	-)%^-%^@)@&&
^^=	lj Bfy]k':ts e08f/- bdf]l, tgxf	-)%^-%^@)^*^
^&=	lqk'f k':ts k; n- w]lb^	-)!)-%@)!()
^^=	; /:j tl k':ts e08f/- w]lb^	-)!)-%@)!*#
^(=	gd:t]k':ts k; n- a]sf/, g] fsf]b	-)!)-%^)%\$&
&)=	klkf-hnl k':ts k; n- uf]vf	-)^-\$-@!!!&
&l=	em]g' k':ts k; n- a] l; x/	-)^^-)%@)!)
&@=	hobuf]:6zg/L- s'df, kj]t	-)^&-%@)@(#
&#=	; /:j tl as; P08 :6zg; ; s'df, kj]t	-)^&-%@)%)@%
&\$=	; ug :6zg/L :6f; ; Dof]bl-	-)^(-%@)%)#
&%=	cf]hg as P08 :6zg; ; k]v/f, sf:sl	-)^!-%\$!#@!
&^=	k]v/f ; flx]o; ; bg- k]v/f, sf:sl	-)^!-%#)%)#
&&=	s-rg k':ts k; n- k]v/f, sf:sl	-)^!-%@\$\$^^
&*=	; /:j tl k':ts k; n- k]v/f, sf:sl	-)^!-%\$)%)!
&(=	dgsfdgf as P08 :6zg; ; k]v/f, sf:sl	-)^!-%#)\$\$\$!
*)=	n]d k':ts ; bg- k]v/f, sf:sl	-)^!-%\$!\$!\$#
*!=	lj Bfy]k':ts k; n- k]v/f, sf:sl	-)^!-%@)!)@
@=	lj Bf dl6b/- k]v/f, sf:sl	-)^!-%#^&^
*#=	as d]6f- k]v/f, sf:sl	-)^!-%@&!**
\$=	j]6g]k]7zfnf- k]v/f, sf:sl	-)^!-%##)@^
%=	kqk]qsf :6zg/L- nfnr]b]l- afun^	-)^^-)%@)!\$
*^=	dn]kl as ; j6/- afun^	-)^^-)%@)%)@%
*&=	; u/d]yf :6zg/L- afun^	-)^^-)%@)@)@
**=	>]7 6oh Ph]; ; l k':ts e08f/- tfg; ; g, k]n]k	-)&%-)%@)^^&
* (=	x]d]k':ts k; n- tfg; ; g, k]n]k	-)&%-)%@)!()
(=	l; h]gf :6zg/L ; j6/- :of^hf	-)^#- \$\$)##%\$
(!=	gd:t]k':ts e08f/- uf]kl-u-h, g] nk/f; ; l	-)&*^-^@)@!@
(@=	n]l]agl :6f]6 sg]f- e/]x]f, ?k]b]kl	-)&!-%@#%(\$
(#=	; j]l as; P08 hg/n :6f]f- e/]x]f, ?k]b]kl	-)&!-%@^#^&)

jhoGtl #^ 5Gbsljtf c^a\$ ^

(\$=	; /n :6zgL/ s;bb+ e/xj f, ?k6bkl	-)&!-%!&#s
(%=	xfdlj k':ts k; n- e/xj f, ?k6bkl	-)&!-%@^%@(
(^=	cfzlf k':ts e08f/- abj n, ?k6bkl	-)&!-%\$e^*^&
(8=	l; 6l as P08 i0h ; j6/- abj n, ?k6bkl	-)&!-%\$%e#^
(*=	ktlff :6zgL/ ; j6/- abj n, ?k6bkl	-)&!-%\$!@)
((=	k6ft as P08 :6zgL; f; abj n, ?k6bkl	-)&!-%\$e@e\$
(!)=	lbohofft k':ts k; n- abj n, ?k6bkl	-)&!-%\$%*^
!)!=	a4 Phszgn 066/kf0h)- abj n, ?k6bkl	-)&!-%\$%&(&
!)@=	6o'bp/fnl 066/kf0h)- abj n, ?k6bkl	-)&!-%\$%#!#
!)#=	ljzfn k':ts ; bg- abj n, ?k6bkl	-)&!-%\$%&#(
!)\$=	6o'; /:j tl k':ts k; n- abj n, ?k6bkl	-)&!-%\$%#%#
!)%=	al8dlinsf :6zgL/- abj n, ?k6bkl	-)&!-%\$%*!@e
!)^=	; lgn :6zgL/- th; lk7, bf^	-)*e-%@)!(!
!)&=	ufyl k':ts e08f/- th; lk7, bf^	-)*e-%!\$!)
!)*=	hgtf as :6n- 3ffxl, bf^	-)*e-%^@)^
!) (=	/fj n k':ts k; n- ndxl, bf^, bpv/l	-)*e-%\$%)^*
!!)=	dfp66 Pe/l6 as- gkfnu-h, affs]	-)*!-%@e*\$^
!!!=	pHj n :6zgL/ :6f; f; gkfnu-h, affs]	-)*!-%@! (^\$
!!@=	df5fkr5)as P08 :6zgL/- gkfnu-h, affs]	-)*!-%@^&\$%#
!!#=	; u/dryf as; - gkfnu-h, affs]	-)*\$ (^\$e@)&
!!\$=	d-h>l 066/kf0h)- sfjnk7, affs]	-)*!-%\$%)#%#
!!%=	; lio k':ts k; n- ; Vlt	-)*#-%@e\$#*(
!!^=	cNkfi :6zgL/ :6f; f; Vlt	-)*#-%@!##&
!!&=	6o'k6ft k':ts k; n- ; Vlt	-)*#-%@))&#
!!*=	kj ft k':ts k; n- ; Vlt	-)*#-%@!^\$
!! (=	Hj fnf :6zgL/- ; Vlt	-)*#-%@)^*!
!@)=	xfdlj k':ts k; n- ; Vlt	-)*#-%@) (\$))
!@! =	l; :gl k':ts k; n- ; Vlt	-)*#-%@e!e@e
!@@=	rjw/l as l8kf/- wgu9L, shfnl	-)(!-%@!@%)
!@#=	rj f0(k':ts k; n- wgu9L, shfnl	-)(!-%@e\$))
!@\$=	rjhfgl k':ts e08f/- wgu9L, shfnl	-)(!-%@e\$ (%*
!@%=	; ud as P08 :6zgL; f; wgu9L, shfnl	-)(!-%@!%) (
!@^=	0djh as P08 :6zgL; f; wgu9L, shfnl	-)(!-%@^%#)
!@&=	lj lkg as P08 :6zgL; f; wgu9L, shfnl	-)(!-%@!^!%)
!@*=	gju l 6B ; knfo; {- wgu9L, shfnl	-)(!-%@%#%)
!@ (=	hfzl k':ts e08f/- afuahf/, 88jhw/f	-)(^-\$@)!e^
!@# =	; dhnl-afuahf/, 88jhw/f	-)(^-\$@)!\$(
!#! =	affs;bf k':ts k; n- c0l/of, shfnl	-)(!-%@)%*#
!#@ =	Hofft as; P08 :6zgL/- 6lsfk7, shfnl	-)(!-%@)^*!%
!## =	ktls as; P08 :6zgL/- 6lsfk7, shfnl	-)(!-%@)^#!!
!#\$ =	6o'cofn k':ts k; n- el/ufp j lbbf	-)*\$-\$)%)^
!#%=	; /:j tl k':ts k; n- dx;bbgu/, s-rgk7	-)((-)%@#*!@
!#^=	bluf k':ts e08f/- dx;bbgu/, s-rgk7	-)((-)%@!\$^*
!#&=	dxsfnl ; drrf/ s;bb+ dx;bbgu/, s-rgk7	-)
!#*=	6o'dxf; b;k':ts e08f/- dx;bbgu/, s-rgk7	-)((-)%@#^&
!# (=	lj lkg k':ts k; n- dx;bbgu/, s-rgk7	-)(*\$*\$e&*)&
!#\$ =	vkt8 k':ts k; n- dx;bbgu/, s-rgk7	-)((-)%@)%&&

-pkTosf_

!\$! =	ldq k':ts P08 :6zgL/- e0ik7	-)!-^^!e@!%
!\$@ =	lj BfyL; fduL s;bb+ e0ik7	-)!-^^!\$#% ^

jhoGtl #^ 5Gbsljtf c^a\$ ^

!\$#=	kf6g as ; k- kf6g9f;sf, nlnTk/	-)!-%%%\$%e% ^
!\$\$=	clwslf l k':ts k; n- kf6g9f;sf, nlnTk/	-)!-%%e&*%e@
!\$%=	ltj fhfl k':ts k; n- ; ftbj; f6f nlnTk/	-)(*%1)%\$%)^*
!\$^=	klj q as; P08 :6zgL/- nugv;h, nlnTk/	-)!-%%#)e\$&
!\$&=	ogf as; P08 :6zgL/- dfgejg, nlnTk/	-)(*%!!#)%(
!\$*=	Pstf as l8l:6A06; f yfkfynl, sf7df8f	-)!-\$e\$%)\$^e
!\$(=	/lg as l8l:6A06; f afuahf/, sf7df8f	-)!-\$e@#)e^
!%) =	lxdmlog as ; j6/- afuahf/, sf7df8f	-)!-\$e\$e)%^*
!%! =	kf7b ; fduL k; n- 366f3/, sf7df8f	-)!-\$e\$#!%)
!%@=	/lg k':ts e08f/- e;fflx6l, sf7df8f	-)!-\$e\$%^*(^#
!%#=	pd- s;f- as klan; ; f; e;fflx6l, sf7df8f	-)!-\$e\$%^*(^#
!%\$=	glzgn as ; j6/- e;fflx6l, sf7df8f	-)!-\$e@!e^*(
!%&=	ho as l8kf- e;fflx6l, sf7df8f	-)!-\$e@!e^*#
!%^=	cg'as ; knfo; f; e;fflx6l, sf7df8f	-)!-\$e@!e^*(^&!)
!%&=	l/8; /kj f066- e;fflx6l, sf7df8f	-)(*\$!##\$%)^*
!%*=	lj lj w k':ts e08f/- cajt;dfu/ sf7df8f	-)!-\$e@)^&e
!%(=	k':ts ; j6/- cajt;dfu/ sf7df8f	-)!-\$e@^&^*)
!^)=	1fghofft k':ts k; n- cajt;dfu/ sf7df8f	-)!-\$e\$%)^
!^! =	cS; knf8(066/gzgn - kb;gldfu/ sf7df8f	-)!-\$e\$%)@!
!^@=	s-rg as P08 :6zgL/- kb;gldfu/ sf7df8f	-)!-\$e@e)%\$e
!^#=	cS; knf8; 6fj- n;grf/ sf7df8f	-)!-\$e\$##&^*)
!^\$=	gf;an as P08 :6zgL/- n;grf/ sf7df8f	-)!-\$e\$!\$%e^*
!^%=	kj l k\$;fzg- /fdzfxky, sf7df8f	-)!-\$e@e@e#
!^^=	dfh^ as; - /fdzfxky, sf7df8f	-)!-\$e@e@e^
!^&=	kj l as xfp; - /fdzfxky, sf7df8f	-)!-\$e\$%)^*e@
!^*=	blks k':ts e08f/- ktnl; 8s, sf7df8f	-)!-\$e\$e\$%#%
!^ (=	cfhg k':ts e08f/- gof;afgZj /, sf7df8f	-)!-\$e\$%^#%#
!&)=	sf7df8f;as- z^v;dh, sf7df8f	-)!-\$e\$%^#%#
!&! =	as j N8f- gof;afgZj /, sf7df8f	-)(*%!!e&@)&
!&@=	clezj as P08 :6zgL/- dlwoafgZj /, sf7df8f	-)!-\$e\$%^e\$
!&#=	kzklit as P08 :6zgL/- k'fgl;afgZj /, sf7df8f	-)!-\$e\$(\$&#)
!&\$=	nldagl k':ts k; n- ufzfnf, sf7df8f	-)(*\$e@e^*(
!&%=	c6hfg as; P08 :6zgL; f; lj zfnu/, sf7df8f	-)!-\$e\$#&%%)
!&^=	efef as; P08 :6zgL; f; rfalxn, sf7df8f	-)!-\$e\$&\$ (#%#
!&&=	l; 6w as; P08 :6zgL; f; rfalxn, sf7df8f	-)!-\$e\$#)^*(
!&* =	P; -Pg- ; j;8 Aof;8 k':ts - ldqk;sf/ sf7df8f	-)!-\$e\$^&!)
!&(=	066;tl as; P08 :6zgL; f; uf;L3f6, sf7df8f	-)!-\$!\$^e@e
!*) =	kfl/hft :6zgL/- af4, 6; fn, sf7df8f	-)!-\$e\$^e@e\$
!*! =	af4 as P08 :6zgL; f; af4, sf7df8f	-)!-\$e\$!e^%#%
!*@ =	lj Bf as P08 :6zgL; f; af4, sf7df8f	-)!-\$e\$!e^*#%
!*# =	kljns as l8kf- uf;ua; sf7df8f	-)!-\$e\$%\$(\$&
!*\$ =	al4 as P08 :6zgL/- a; 6w/f, sf7df8f	-)(*%!)^*(^&
!*% =	6^sZj / 066/kf0h)- s;fnldf6l, sf7df8f	-)!-\$e\$#)^*e

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ca xfdl j; j; f08df j jhoGtl / bflotj sf ; a)
c^a\$ 8fpgnf; ug{ ; SgX65 x} .

xidi sxl k' tsx;

ä zAbsfz ä

!= zAbfy{gkfnl zAb; fu/ -; l-8l= lxt b0{/^df_ -j; Gtsdf/ zldf{gkfnl !^%)-
@= ^lRkt gkfnl zAb; fu/ -; l-8l= lxt_ -j; Gtsdf/ zldf{gkfnl !!)))-
#= ^lRkt gkfnl zAb; fu/ -:68q6_ - -j; Gtsdf/ zldf{gkfnl *%)-
\$= fgrjgkfnl zAb; fu/ -j; Gtsdf/ zldf{gkfnl \$)-
%= zAbfy{; ^uk -gkfnl gkfnl -ljgosdf/ zdf{gkfn @e%)-

^= gkfnl c^aUjhl gkfnl zAb; fu/ -; l-8l= lxt_ -ljgosdf/ zdf{gkfn !!)))-
&= gkfnl c^aUjhl gkfnl zAb; fu/ -:68q6_ -ljgosdf/ zdf{gkfn *)-)

*= gkfnl c^aUjhl zAb; fu/ -ljgosdf/ zdf{gkfn #&%)-
(= zAbfy{; ^uk -gkfnl c^aUjhl -ljgosdf/ zdf{gkfn !*)-)

!)= c^aUjhl gkfnl zAb; fu/ -ljgosdf/ zdf{gkfn #e%)-
!!= zAbfy{; ^uk -c^aUjhl gkfnl- -ljgosdf/ zdf{gkfn !*)-)

!@= c^aUjhl c^aUjhl gkfnl zAb; fu/ -; l-8l= lxt_ -ljgosdf/ zdf{gkfn !!)))-

!#= c^aUjhl c^aUjhl gkfnl zAb; fu/ -:68q6_ -; l-8l= lxt_ -ljgosdf/ zdf{gkfn &%)-
!\$= c^aUjhl c^aUjhl gkfnl zAb; fu/ -:sh_ -ljgosdf/ zdf{gkfn %)-
!%= c^aUjhl c^aUjhl gkfnl zAb; fu/ -0nq6/L -ljgosdf/ zdf{gkfn #)-)

!^= sfqgl tyf kzfi; slo zAb; fu/ -ljgosdf/ zdf{gkfn / -8f= ljzjblk clwsf/l \$^)-

!&= zAbfy{; ^uk -sfqgl tyf kzfi; slo_ -\$^)-sfqgl kmf f -ljgosdf/ zdf{gkfn / -zhdhfn l; x &))-

! (= gkfnl c^aUjhl ; ;sft zAb; fu/ -j; Gtsdf/ zldf{gkfnl / -ljgosdf/ zdf{gkfn *%)-)

ä efiff ä

!=Perfect English -/k8\$;_ -ufshk; fb zdf{ @*)-
@=Learn Nepali yourself, know Nepal yourself-kfszdl0f bxfn #%)-
#=Professional English Grammar—for students/Teachers/Professional-jfdbj kfbjh #%)-

ä lgaGw-kqGw ä

!= akdro{ofq; edsffj}llgs pkfo -tlyfhn kfbjh !%)-
@= hljgsf] cflv%ofn -gr/fo0rk; fb 9^uifg *%)-
#= dwj]l cfbfjhsf @! lbg -dw; bg k08] !)))-
\$= jllgofsf]g/d08 lzsf/l -dw; bg k08] *%)-
%= kly/ kufnb} -ufkfn ; -hjh !%)-
^= dfyfkrRl -ljgosdf/ zdf{gkfn !%)-
&= wdlzvf]nodf ; Nnfsf] ; ;jhl -/dZ lj sn @%)-
*= Infinity -ejZ vgn !&%)-

ä cWofld / bzq ä

!= cWofld / hljg -Hoflt clwsf/l !&%)-
@= uGtJ0Gt -ladh !e%)-
#= k-rfdjt -7fs/ zdf{ !&%)-
\$= zAbfy{ultf -j; Gtsdf/ zldf{gkfnl !&%)-
%= !#% pkgift+; ^uk -dh; lxt_ -j; Gtsdf/ zldf{gkfnl !!)))-

ä syf; ^uk ä

!= Pp0l csl{nfprf -s6x0f gf; ggl !e%)-
@= kfr syf -/fhZj/ b]sf0f *)-
#= cgl0t ofqf -; ;g pkf] !)))-
\$= dl0bt -hoGtl zdf{ !)))-
%= lhobf] cflfd -wd/fh kfbfn !%)-
^= n]d^xZ -nfs]bbxfb/ rcb @))-
&= wdfkw -k0o/lzd vltj8f !%)-
*= sd/B eph" -s]0f ahuf0f !&%)-
(= syf]l6sf -^& gf/lsf ^& syf_ -; +ljgosdf/ zdf{gkfn %%)-

ä ; dnfijgf ä

!= b]sf0f cf0fd / kj]Q -slkn c1ft !e%)-
@= [j]j] cflv]sf] cfnijgf -8f= /fdk; fb 1jfnl !&%)-
#= pk0of; ; dnfijgf -8f= /fdk; fb 1jfnl @&%)-
\$= ; flxio-lg; k0f -8f= 3gz0fd lof]tg]kl/>dlw !^)-
%= gkfnl dlxnf ; flxiosf/ -nlfn n06jh &))-
^= s]lo, lgaGw s]b]sf b]sf0f -kf= /fh]b] ; j]bl @%)-
&= gkfnl dlxnf n]vg M kj]Q / of]ubg -/hgl 9sfm=ultf lqkf7l @&%)-

ä pk0of; ä

!= dlQm ^ufd -cgjfb -j; Gtsdf/ zldf{gkfnl !%)-
@= lg/k/fwsf]xiof -cgjfb -j; Gtsdf/ zldf{gkfnl !)))-
#= ablnbf]llfth -ultf sz/l ())-
\$= /ldnfqgl -ejgx/ l; lbjh !\$)-
%= ; ;f; Gb/l -ejgx/ l; lbjh !^)-
^= gkfn]sf]klxnf]sf]kj{ -P; kl cf; f (%)-
&= a4 -P; kl cf; f @!%)-
*= dlQm^4sf]alpm -g/]b] k/fz/ *%)-
(= tlff] lo -wd/fh kfbfn *%)-
!)= khr^u p8sf]ofjg -8f= ClifsZj/fh /ldl &)-
!!= lj: dft -ufkfn ; -hjh @))-
!@= /x:0 -; ltf eS/f0f !e%)-
!#= rbf]l -kfszdl0f bxfn @e%)-
!\$= olq dfg -06b' k6t !!)-
!%= slkgf ; ;f/ -dlQngy zdf{ !%)-
!^= lj; ^ut hljg -?s s]sf{ !\$)-
!&= cgl]gsf -8f= ljzjblk clwsf/l @e%)-
!*= ; ?lr -zfl6t zdf{ !%)-
!(= lrgnyf -cgjfb -ljgosdf/ zdf{gkfn ())-
@)= b]p0f0sf]lsgf/df -kblk gkfn !e%)-
@! = 5 n3pk0of; -ultfsZj/L, ufkfn ; -hjh, k0o/lzd vltj8f, kblk gkfn, /fhZj/ b]sf0f, ljgosdf/ zdf{gkfn !\$)-

ä sljtf tyf sfljo ä

!= **ttfdl7f s/f** -j; Gtsdfl/ zDdf{gkfnl cRot/dof clwsf/l, eJgxI/ I; Ubjh, rGbKj; fb Gofkfg] ksfzdlof bxfn, bJl gkfn, 7Is/ zdf{/fdk; fb kGt, pdf Id>, nldsdfl/ sIQ/inf, uflslof zdf{. !!!=-

@= **gltstf s/f** -j; Gtsdfl/ zDdf{gkfnl lzjuifkn I/; fn, Ijiof kEft, vu|b| vflj; f3/] P; kl .cf; fl czf{sdf/ nld5fg] dfwj I3ld/] afnslof eS/fo{ uof/fh sf'n] uflj|Gbkj; fb I3ld/] d5Gbkj; fb zdf{. !##=-

#= **gltjrf/-** j; Gtsdfl/ zDdf{gkfnl 7Is/ zdf{ nldsdfl/ sIQ/inf, uflslof zdf{ vu|b| vflj; f3/] ag"nld5fg] 8f= cfljJ/L/ ; x a.gJ, g/lb| k/fz/ ; Gbk; fu/ gkfn, 8f= 6tsf/fd -ljZjJ/L_ clwsf/l, Ijgosdf/ zdf{gkfn . !##=-

\$= **nifssbjv kf/nifss; Id** -slj tf; aUx_ -Ijgosdf/ zdf{gkfn %)=-

%= **J; GtfgG** -rIkSfl_ -7Is/ zdf{ !))=-

^= **Jg** -slj tf; aUx_ -/fhZj/ bJsfGf !))=-

&= **lrGtg; usf] ofqf** -slj tf; aUx_ -; ltf eS/fo{ !@%=-

*= **zlgfb** -slj tf; aUx_ -7Is/ zdf{ !%!=

(= **clejg** -sfl_ -7Is/ zdf{ !%)-

!)= **kjfrif** -dxfsfl_ -g/lb| k/fz/ !%)-

!!= **?jfoft** -pd/vofdsf]sfl_ -cgj fb -j; Gtsdfl/ zDdf{gkfnl &%=-

!@= **ls/ftfhjlo** -ef/lj sf] dxfsfl_ -cgj fb -j; Gtsdfl/ zDdf{gkfnl !%)-

!#= **J; Gt** -sfl_ -/fhZj/ bJsfGf &%=-

!\$= **J; Gw/f** -dxfsfl_ -vu|b| vflj; f3/] #@%=-

!%= **I; hGfgG** -sfl_ -ag"nld5fg] !@%=-

!^= **cg:dlt** -sfl_ -ag"nld5fg] !))=-

!&= **Ps c-hhl dg** -uhn; aUx_ -sdnf I/; fn .HoflJtl !@%=-

ä c^aUhl efifsf afn-; flxto ä

!= Regret (story) -Suren Upreti ^)-

@= Angel (story) -Suren Upreti ^)-

#= Bright Qmars (song) -Suren Upreti ^)-

\$= 15 Qmories (story) -Jyoti Adhikari &)-

%= Alan, The little Kangaroo (story) -Jyoti Adhikari &%)-

^= Country's Pride (story) -Bhabha Sharma &)-

&= Grand Mother (story) -Muktinath Sharma &)-

*= Fables in English- Narayan Nepal !@%=-

(= Everything Has an Origin (Mahavarata Series)-Prakashmani Dahal ^)-

!)= Growth Follows the Origin (Mahavarata Series)-Prakashmani Dahal ^)-

!!= Greed, Envy and Ignorance..(Mahavarata Series)-Prakashmani Dahal ^)-

!@= Life After the Beginning . . (Mahavarata Series)-Prakashmani Dahal ^)-

!#= An Ego When Relapsed.. (Mahavarata Series)-Prakashmani Dahal ^)-

!\$= Once When Derailed (Mahavarata Series)-Prakashmani Dahal ^)-

!%= The Ultimate Truth (Mahavarata Series)-Prakashmani Dahal ^)-

ä gkfnl afn-; flxto ä

!= dJf]kof/]vJ]-afnPKGof; _ -ljZj/fh kf08] %)=-

@= bz\$Fj]blf0ff -afnPKGof; _ -u^ulf kf8jh \$)-

#= sfun]lsg sff sff e65 -afnsyf_ -u^ulf kf8jh #%-

\$= lelnldln tf/f -afnult_ -; YG pkfJl @%)-

%= k5tf]-afnsyf_ -; YG pkfJl @%)-

^= cfsf; Jk/L -afnsyf_ -; YG pkfJl #%-

&= afnult -afnult_ -h4axfb/ sJ l ^)-

*= tlgtf/f -afnsyf_ -j; Gtsdfl/ zDdf{gkfnl #%-

(= pbf/tfsf]k/fslf7f -afnsyf_ -j; Gtsdfl/ zDdf{gkfnl \$)-

!)= df0nf]zlgjf/ -afnsyf_ -efef zdf{ \$)-

!!= tlg dV{; fylx; -afnsyf_ -cfef zdf{ #%-

!@= ; fglsf]axfb/l -afnsyf_ -cfef zdf{ \$)-

!#= ls; fg / eujfgl -afnsyf_ -Ijgosdf/ zdf{gkfn #%-

!\$= 3/ -glttsyf_ -Ijgosdf/ zdf{gkfn \$)-

!%= cfd / 5fJf -afnsyf_ -pldhf nld5fg] #%-

!^= 5555]lg? -afnsyf_ -pldhf nld5fg] \$)-

!&= bz dxtdV{-afnsyf_ -lx/0osdf/l kf7s #%-

!*= /fdsyf -kfjfl0fssyf_ -lx/0osdf/l kf7s \$)-

!(= I; * / nfdv66]-afnsyf_ -ljZj/fh kf08] #%-

@= k^tnlsf]lax]-afnsyf_ -dw'; bGkj; fb I3ld/] #%-

@= I; p/l]-afnsyf_ -8f= IjZjblk clwsf/l #%-

@@= tanfsf]j|Ggf -afnsyf_ -8f= IjZjblk clwsf/l \$)-

@#= wtl{ usf]s/f -afnslj tf_ -; k; Ggf eS/fo{ %)-

@\$= kthsf ; fyl xfdl -afnsyf_ -; ltf eS/fo{ &%=-

@%= b0{v\$]la/fnf]-afnsyf_ -nlntf .bfjflU \$)-

@^= b0{6fps]; k{-afnsyf_ -uflj Gb I3ld/] j|pdlofl \$)-

@&= dV{I; * -afnsyf_ -/Zf I3ld/] \$)-

@*= sJk dxfk?if -kfjfl0fssyf_ -/-h>l k/fhhl \$)-

@(= goff ; fyl -afnsyf_ -; lfd dfGw/ \$)-

@#)= Gb/ / ; 'lsf]ljJfx -afnsyf_ -kf/; dlof bxfn \$)-

@! = hfj|vdk0f{kxf8l ofqf -cgj fb afn-ofqf; :d/0f_ -cfizif kf08] ^)-

ä :sh-afj8f:t/lo ä

!= All in One (Leminated) -efef zdf{ ^)-

@= All in One (Hard Cover) -efef zdf{ #)-

#= All in One (Full Leminated, Hard Cover) -efef zdf{ @@%)-

\$= My Word Book-Eng-Nep -uf\$hkj; fb zdf{ ^)-

%= Best word Book-Eng-Nep -uf\$hkj; fb zdf{ !#%)-

^= English Practice Book -8 -afnslof 9sfn !@%)-

&= English Practice Book -9 -afnslof 9sfn !%)-

*= SLC English Practice Book -afnslof 9sfn !^)-

(= SLC math. P. Book - (Eng+Nep) -8f= dJf]xdl' /xdfg=dJf]afVtf/ cfnfd !%)-

!)= New English Grammar-Nep-Eng (Junior) -uf\$hkj; fb zdf{ !#%)-

!/= New English Grammar-Nep-Eng (Higher) -uf\$hk/ fb zdf{	@^)-
!@= Recent English Grammar- Eng. (Junior) -uf\$hk/ fb zdf{	!@%)-
!#= Recent English Grammar- Eng. (Higher) -uf\$hk/ fb zdf{	@@%)-
!\$= ; lrq jofqfntf	-6l #g= u;^ a
!%= ; dkofj jofqfntf	-cfef zdf{
!^= cfwlgs gkfnl lga6w	-j ; Gtsdf/ zDdf{ gkfnu
!&= ; lhnfj gkfnl lga6w	-uf\$hk/ fb zdf{
!*= /l ; nfgkfnl lga6w	-uf\$hk/ fb zdf{

ä Sofk; :t/lo ā

! = !! sfjcyzf:q	-uf\$Of{dNn	!&%)-
@ = !@ sfjcyzf:q -xl/bf; ; fksf6f:cf6sf/ kf6h		!^)-
#=Elements of Economics (XII) -tf/f e; fn=ozf6/f k; fof/fhg knh'		#)-
\$= Jofj ; flos cyzf:q (B.B.S, BBA.) -uf\$Of{dNn		@)-
%=Business Economics (B.B.S, B.Com.) -uf\$Of{dNn		\$)-
^=Business Qmatistcs (B.B.S., B.Com, B.B.A, BIM)		
-dgf6h clwsf/l:dxfk/ fb > j7=kf6f/ fh vgf, z/br6b/ sf^n]		%%)-
&=Fundamentals of Business Qmatistcs (B.B.A., B.C.I.S, B.C.A, B.I)		
-8f= k?iffQd l; x:dxfk/ fb > j7=blks/fh kf6h		#@%)-
*=Differential Calculas (BA. B.Sc., B.Ed.) -8f= df6db x6b/ /xdfg		@)-
(=Integral Calculas (BA. B.Sc., B.Ed.) -8f= df6db x6b/ /xdfg		@)-
!)= kf/Des uloft lzlf6f -cf6P8; !!	-8f= df6db x6b/ /xdfg	!&%)-
!!= uloft lzlf6f -alP8;	-8f= df6db x6b/ /xdfg	!&%)-
!@= dxfslj bjsf6f sxl cf6f -alP=	-k6f6/ fb clwsf/l	!&%)-
!#= gkfnl gf6ssfj cl6og -alP=	-k6f6/ fb clwsf/l	(%)-
!\$= ; fwf/Of gkfnl -alP8;		
-8f= 3gz6f6 66f6g6wgklt sf6/fnf=dI6mfy 9sf		@#%)-
!%= gkfnl nf\$; flxto kjIQ / c6j6f6f -PdP gkfnl - slkn c1ft		@)-
!^= clgjfo{gkfnl -alP_ -8f= 3gz6f6 66f6g6wgklt sf6/fnf=dI6mfy 9sf		@#%)-
!&= ; #st ; flx6osf] ?k/6f -alP=PdP_ -kf= uf6s6f zdf{		@&%)-
!*= efiif-lj 1fg -alP=PdP_ -8f= 3gz6f6 66f6g6wgklt sf6/fnf=dI6mfy 9sf		@&%)-

ä c6o ā

! = ; lk l; sf; ; lkdhs k:ts	-uf\$hk/ fb zdf{	!)-
@= n6s 6lhn6g 8fo/l -; fydf k:ts k; nx?		%)-
#= k6f6 r6b6 ->ls6f ld>sfjgf6s_ -cgjfb_ -j ; Gtsdf/ zDdf{ gkfnu		^%)-
\$= ; ault ; fu/	-eut l; x jllbf;	

tkf06] xfdlnf0{ e6g vfl6g6Psf] xf] †
 /rgf, lj 1fkq jf k:ts-klqsfsf]nflu
zAbfy{ ksfzgsf] sf6fo-rfah, uofz:yfg
)!-\$\$(&#! ÷ (*\$!-\$(!)#
 mail: nepal.vk@hotmail.com / nepal120@yahoo.com /
 shabdarthaprakashan@gmail.com
 web: shabdarthaprakashan.com / nepalipublisher.com