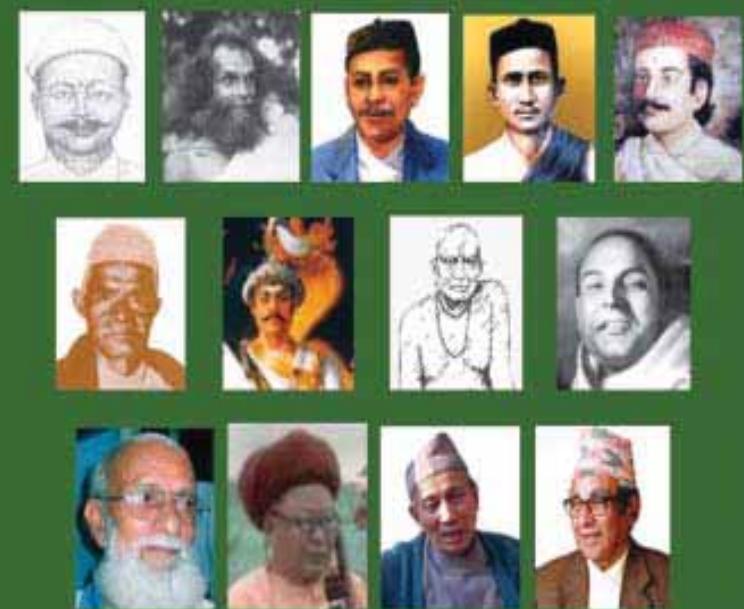


साहित्यिक पत्रिका

वैजयन्ती



राष्ट्रिय व्यक्तित्व अड्क

३

j hoGtl

c^a\$-# vfjhkOf{; flxltos klqsf @)^^ ebf}d^a /

; AfS

j ; Gtsdf/ zDdf{'gkf

; Nnfxsf/

hoGtl zdf{
sdf/; fu/ zsg

lgbz

lj gosdf/ zdf{gkf

; Dkfbs

ofbj e\$/f0{

; xoFul

sdnf gkf
kblk af"sf
efef zdf{
cefef zdf{
; dl/; fu/ gkf
; Gblk; fu/ gkf
dft\$fcfrfo{

k\$fszs

zAbfy{k\$fszg

rfaj, sf7df8f

knfjM \$\$(&%!, (*\$!-\$(^!)#

E-mail: nepal.vk@hotmail.com
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; Dkfbs lo

भाषा, साहित्य, शिक्षा, संस्कृति, इतिहास, दर्शन, विज्ञान आदि समाज र राष्ट्रका लागि महाविपूर्ण विषय हुन्छन् । यिनको संवर्द्धन र संरक्षणबाट नै राष्ट्रले उन्नतिको शिखर ढुम्छ र आफ्नो अस्तित्व एवं पहिचानलाई कायम राख्दछ । राष्ट्र सर्वोपरि हुन्छ । त्यसैले राष्ट्रिय स्वार्थका अगाडि व्यक्तिगत स्वार्थको कुनै अर्थ रहँदैन । यो राष्ट्र बन्न यसअघि पनि धेरैले महाविपूर्ण योगदान गरेका छन् । यति बेला मुलुकमा यस्तै राष्ट्रिय स्वार्थका लागि सबैले आफूलाई समर्पित गर्नुपर्ने समय आएको छ ।

मानिस जन्मेपछिको एकमात्र ज्ञात सत्य मृत्यु हो भन्ने कुरालाई अधिकांश मानिसले आफ्नो जीवनकालमा खासै मनन गरेको पाइँदैन । मृत्यु अवश्यम्भावी छ, निश्चित छ । प्रत्येक क्षण भौतिक जीवनको आयु घट्दो हुन्छ । त्यसैले यस्तो जीवनलाई अर्थपूर्ण कर्ममा प्रवृत्त गराउनु महाविपूर्ण र आवश्यक हुन आउँछ । मानिसकै सत्कर्मबाट समाजले समुन्नतिको अवसर प्राप्त गर्दछ । कोही मानिस जन्मन्छन् र समाजमा आफ्नो सामान्य उपस्थितिमात्र जनाउँछन् । कोही मात्र जन्मन्छन् र जान्छन् । उनीहरु जाँदा समाजले खासै सूचना प्राप्त गर्दैन । तर, कोही मानिस जन्मन्छन् र आफ्ना सत्कर्म र निःस्वार्थी कर्मले समाजलाई आलोकित पार्छन् । यस्ता व्यक्तिले आफूलाई समाज, राष्ट्र र मानव समुदायको हितनिमित्त पूर्णरूपमा समर्पित गर्दछन् । तिनले समाजमा केही नौला, उपयोगी र अविस्मरणीय कार्य गर्दछन् र सधैं सम्फिरहने गरी आफ्नो कीर्ति छोड्दछन् । यस्ता मानिसहरूले सधैं राष्ट्रलाई शिरमा पहिरेका हुन्छन् र छातीमा टाँसेका हुन्छन् । जब कुनै राष्ट्रले यस्ता व्यक्तित्व प्राप्त गर्छ, त्यो राष्ट्र सधैं बाँच्दछ र यस्ता व्यक्तिहरु पनि राष्ट्रसँगै बाँचिरहेका हुन्छन् । यस अड्कमा केही स्वनामधन्य व्यक्तित्वहरु जसले विभिन्न क्षेत्रमा समर्पित रहेर राष्ट्रलाई उल्लेखनीय योगदान गरेका छन्, तिनै महामनाहरूको जीवनचित्रलाई विभिन्न कलमहरूमार्फत प्रस्तुत गरेका छौं । कर्मयोगी सबै व्यक्तित्वहरूको समग्र जीवनीलाई एउटै अड्कमा समावेश गर्न सकिने कुरा निश्चय पनि होइन । विद्वान् लेखकहरूबाट जसका बारेमा जे-जति अक्षरपाती प्राप्त भएका छन्, तिनै यी अविस्मरणीय व्यक्तित्वहरूमा सशब्दा समर्पण गर्दछौं ।

j #oGtlको आगामी अड्क [नीति कथा]मा केन्द्रित रहनेछ । विद्वान् लेखकहरूमा सो अड्कका लागि आफ्ना अमूल्य रचना दिई सहयोग गर्नुहुन अनुरोध गर्दै यस अड्कका लागि आफ्ना अमूल्य रचना-अन्वेषण प्रदान गर्नुहुने सम्पूर्ण स्रष्टा-अन्वेषकमा हार्दिक आभार व्यक्त गर्दछौं । ●

0; c^a \$df
! = /fli6o lj el't df]l/fd e§sf]; a||fkt hlj gl
@= 8f=:j fd] kkgfrfo{
#= dxfslj nldlk; fb b] sf]fsf]hlj gl
\$= :j gfdwGo z]f/fh zd]df/{jd]Ho§f] t]ms]l zd]df{pk]llbfo kf]jh @!
%= slj / dfwj l3ld/]
^= j ; Gtsdf/ zd]df{g]fn'
&= df]l]ds sfn]sf glfq Mz]lek; fb 9^u]h
*= ; :s[t]lj b\; Todf]g hf]z
(= g/axfb/ ef/tl / pxffsf]; fwgf
!)= r]qkfl0f r]ln; f]f]hlj gl
!!= cfafn a] rf/l if8fg]b clwsf/l
!@= cflbdxfslj pbog]b c]hoff M; a||fkt rrf{
!#= >l lzj k/l afaf tyf pxffsf]zlff
!\$= cflbslj efg]st Mhlj gsf kd]v 36gf
!% = Pstf, cv08tf, ; dg]o, ; fxrof}; Vzfl]t 5
: yfol :t]e
!= ; dkfb]slo
@= k5f/sf]kftf]M hlj grl/q cyff]hlj gl
#= k:ts kl/ro
- s_g]fnl cf7 pk]of;
- v_g]fnl c^u]hl g]fnl z]b; fu/ MP]s rrf{
\$= ; q6 n/]; lj z]f M ; q6 n/]; sn]h
% = s]k k7glo k:tsx;
^= z]bfy k]szgsf k:ts kf0g]k; nx;
&= z]bfy k]szg]f/f k]flzt s]k k:tsx;

✓P; k]l= 'cf; f' \$
✓k]f=uf]ks]f]f zdf{ (✓7fs' zdf{ !^
✓bl]f]f; fb g]fn @&
✓ab'nf]d5fg]#*
✓dfwj l3ld/] \$(
✓ofbj e§/f0{%@
✓/fdk; fb k]t ^)
✓/fdd]of 9^u]h ^\$
✓nldlsdf/ sf]f/fnf &@
✓lj i0f]k]eft &&
✓lj i0fk; fb lt]ld]N; gf * %
✓kf]8f=j]t/fh cfrfo{*(
✓1fgd]of g]fn ((
✓; t]f]pbfx/0f 5 . pgsf]JolQm]j j:f: t]df k]efj zf]nl,
✓; a]s]nkt, cfk]g]c7f]af6 k]5 gx6g]/ c]o]t nuz]ln lyof] lsgeg]
✓pgn]hlt klg sf] ; flxTodf u/] Tof]; dodf j:f: t]df f/]s]7g lyof].
✓lsgeg]5f]g]7fpf lyPg . k9g]dflg; klg l; ldt lyP, To; dfly klg
✓efifffsf]TolQ w/] sb/ lyPg . ; :s[t ; flxTosf]jr{j lyof]. To:tf]
✓kl/j z]df df]l/fdsf]Toltsf k:ts slj tf, gf6s n]y], k]sfzg u/fp /
✓; a]sng u/] vfh]l u/] dfq gku] n]y]gk5{e]g]; d]t k]0ff df]l/fdn]
✓k]fg u/]. Tof]a8f]cf]zro]o pNn]y]glo sf] ePs]f5 . pgn]; flxTodf
✓s]u/]e]g]s]'fsf]; a||fkt h]gsf/l d oyf:y]gdf ug]g]5'. j:f: t]df
✓df]l/fd e§sf]l; skg]sf]s]l slj tf xf]ln]clxn]k9bf nf]5, df]l/fd
✓of]gsfndf s:tf]/df0nf]ug]l; s JolQm]lyP x]h]fg]. x]t pgsf]d]o'
✓of]gsfnd}eof]. #)-#! j if]hlj g eg]f]d:t of]gsf]ns hlj g xf].
✓c; n df]5]; dfhdf s]l u/]e]g]k]e euj fgnf0{k]lg rf]B]g}rf]xG5 e]g]
✓sx]t 5 . j]bs df]otfcg]f/ hlj sf]k]gh]d x]G5 elg]5 . To:t]c; n

/fli6o lj el't df]l/fd e§sf]; a||fkt
hlj gl

✓P; k]l= 'cf; f'

xd]f]b]zsf /fli6o lj el't x]d]b]sf slj / slj x]nf0{lrgfpg]JolQm
df]l/fd e§ x]g]. logsf]h]g]d lj= != (@# df eff]; sf]6f]h]df ePs]f]xf].
df]l/fdsf lktsf]gfd bof/fd e§ / cfdf l/kd]lb]g]l x]g]. bof/fd e§sf
b06l >l dt]ld]b]s]l h]l k]gl]sf]gfd l/kd]lb]g]l xf]. ; fg]l]v /l; s ldhf; sf
/df0nf xf]; nf df]l/fd k]tefsf wgl lyP . loglnf0{fd]f]h]j fkmcfp]of]/
h]j fk]m lbbf /df0nf]tl/sfn]ldnfP/ c]s]f]dgdf k]efj kg]u/l h]j fk]m
lbg]uy]. ; fyl; a]uftlsf]; fydf klg; w]df0nf]ug]Vofn7sf ug]afgl
lyof]df]l/fdsf]. To; }eP/ g]xf]cfk]n]gbf 7hf lj åfgk]nf0{k]lg cfk]g]f
k]efj n]lh]y]. To:tf]pbfx/0f 5 . pgsf]JolQm]j j:f: t]df k]efj zf]nl,
; a]s]nkt, cfk]g]c7f]af6 k]5 gx6g]/ c]o]t nuz]ln lyof] lsgeg]
✓pgn]hlt klg sf] ; flxTodf u/] Tof]; dodf j:f: t]df f/]s]7g lyof].
✓lsgeg]5f]g]7fpf lyPg . k9g]dflg; klg l; ldt lyP, To; dfly klg
✓efifffsf]TolQ w/] sb/ lyPg . ; :s[t ; flxTosf]jr{j lyof]. To:tf]
✓kl/j z]df df]l/fdsf]Toltsf k:ts slj tf, gf6s n]y], k]sfzg u/fp /
; a]sng u/] vfh]l u/] dfq gku] n]y]gk5{e]g]; d]t k]0ff df]l/fdn]
✓k]fg u/]. Tof]a8f]cf]zro]o pNn]y]glo sf] ePs]f5 . pgn]; flxTodf
✓s]u/]e]g]s]'fsf]; a||fkt h]gsf/l d oyf:y]gdf ug]g]5'. j:f: t]df
✓df]l/fd e§sf]l; skg]sf]s]l slj tf xf]ln]clxn]k9bf nf]5, df]l/fd
✓of]gsfndf s:tf]/df0nf]ug]l; s JolQm]lyP x]h]fg]. x]t pgsf]d]o'
✓of]gsfnd}eof]. #)-#! j if]hlj g eg]f]d:t of]gsf]ns hlj g xf].
✓c; n df]5]; dfhdf s]l u/]e]g]k]e euj fgnf0{k]lg rf]B]g}rf]xG5 e]g]
✓sx]t 5 . j]bs df]otfcg]f/ hlj sf]k]gh]d x]G5 elg]5 . To:t]c; n

hlj nf0{knl} csf]7fpbf csf]sfodf nufpg kg{ePsfh]ejf fgnf0{klg cfj Zos k/\$f] xf] ls . df]l/fd e\$sf] klg rf]bf] d/0f ePsfh] xfdl g]fnlnf0{ g]fnl ; dfh / g]fnl ; flxTofn0{7hf] lflt ePsf]5 . ; fy} ef/tlo ; flxTofn0{klg lflt kuf]5 lsgeg]pgsf]z]ff agf/; df ePsfh] ef/td}slj slj tf, kif/; ldf slj tf, lxgb] efiffdf 'z]' , kif/; l effif, pb] effifsf] ; df] c]bog u/\$f] b]v]5 . pgf]cfo' cln a9l ePsf] eP pgf]hfu/ g]fnl ; flxTodf dfq l; ldt geP/ lxgb] , kif/; l =sxff-sxff dfq k]yof]. lxgbldf silt ; flxTo h]gd]yof]xf]h, cgdf] u/]g, lsgeg] lqmfzln dflg; slxn]kf]rk nfu] a:yof] / a; \$f]5 . 'r/]tl r/]tl' egjh:t]qmfzln df]5]h]j >fd lnbg] . pgn]agf/; df lxgb] ; flxTosf] ; fy}; :s[t / ; ^ultsf]; df] c]bog ug{eofP . ToxL ; dodf ef/tsf ; k] ; 4 l]äfg] ; flxTos dx]yf ef/t]b]x]l/Zr]b] ; u e] eof]. pgnf0{ pgf]ctof] k]efj k]of/ pgf] ; k]tf] :yfdf a; \$f]k]tefn]6fpsf] p7f]f]. 'z]' ePsf]gf6s / s]l z]' tof/ u/]. of]gf6s kif/; l ls:; f -syf_df cfwf/t lyof]. pgf] ; fg]pd]sf]o:tf]k]tef b]y] ef/t]b] ctof] k]eflj t eP/ pgnf0{x} nf lbP, k]off lbP . of]pgf]!% j if{of !\$ j if{bf cufl8sf]s/y xf]. o; &lr pgnf0{jj fxsf]nflu sf7df8]f]6 Ing cfP . pgl agf/; 5f8] sf7df8]f]j=+! (#& df cfP . pgl ctof] /l; s, z]ff/ /; sf slj tf n]g, e]g?rfpg] cfl6nf slj oj s ePsf] ; ^ut ePsf] ; u /fdf]; DaGw a]b]uof].

lij fxdf h]gtl / 3/ufph]f alrdf Znf] egl h]f/l v]g]rng k]p]v rn]f]lyof]. To}rngcg] f/ efg]Qm]/rgf u/\$f]/fdfo0fdf cfwf/t /fdrl/qsf]Znf]df h]f/l v]f]f]cfk]h]f]lj fxdf ; g]k]5 pgnf0{ To] /fdfo0fk]t v]f]l ug]j rf/ cfof]. !% j if{f]; fg]pd]df To:tf]; f] cfpg' eg]f]jf:tj df cfzro]bf]s/y xf]lsgeg]!% j if{p/G7bfpnf pd] To; dfly klg To:tf /l; s s]fsf] e/v/ ljjfx ePsf] ; dodf /fdfo0fk]s rfv uof]clg cfzro{gdfg] s]df]g]t

!(* ; fn kf]fdf pgl agf/; uP . pgf]dgdf efg]Qm]/fdfo0fsf] s/y lyof]. s]l ; dokl5 kbdlj nf; k]t; u pgf]dqtf eof]. To; kl5 sfzlgfy, /^ugfy r]fl; * / t]haxfb'/ /f0ffx] ; u klg kl/ro eP5 .

loglx] klg slj tf, uhnsf ; f]sg /x]g] . slj ; flxTosf/sf ldqd08nl eg]f]s ; flxTosf/ x]5 ls slj g]eP/ ; flxTodf /; l]ng]; flxTofg/ful x]5g] . To:t]df]l/fdsf ldqd08nl klg To}vfn]xf]. clg tl o]sx] z]ff/ /; sf /l; nf slj tf df]l/fd; u ; g] yfn]. e/v/ !^ j if{f df]l/fd /df0nf slj tf e]y]/ x]g ; S5 pglx]s]dfg]~hg kfq klg eP xf]hfg]. h]f] \o; af6 pgnf0{kif0bf g]eof]lsgeg]g]z]ro klg pglx]nf0{ ; g]pgf goffgoff slj tf /l; nf slj tf, /df0nf uhn n]g yfn]. pgf] slj tfsf]sf]nqnd ldnfpq c; flib cl7bf/f]5 lsgeg]tl /rgfdf ; do 5]t / sdndl0fHoh]pgf] w]} /rgfx] a8f]ldx]t u/l @)!^ ; fndf k]sflzt ul/lbg]Psf]5 . ctM d e]b]lyPf /df0nf slj tfx] pgf] k]xnf]ldqd08nl df s]grflx] ; g]P, s:tf]; g]P, Tof]!^ j if{afns eg]f]of s]Rrf]of]gdf e/v/ ljjfx u/] agf/; uPsf df]l/fdn]s:tf]slj tf ; g]P xf]hfg]. d]f]lj rf/df slj tf o:tf]x]gk5{. dnf0{hr]f]of]Pp6f slj tf k]t t u]f]

r-rn g]d d b]b5'tgk]g p]dQ e]p]S; of
cf]M e]k]g ; k]f]xguof ; k]t]of/l eof
o:tf]of]cgdf]f]h dvn]e]5'd P dg]r/l
rSof]of]g /; k]l 5 tgdf o]xf]avtl; g]b/l .

o:tf /l; nf slj tf s]fx]sf]dfendf k9bf ; a]unn x]f]g]g]eP . df]l/fd e]\$; fylef0 / ; flxTod08nl df o:t] /f]fl]6s slj tf ; g]pgf]uy]. To:tf]dfq geP/ o:tf]; d:of ; dfwfgsf]slj tf klg o; /l ; g]pfy]

of]f z]b 5 rf/ c]f/ u/l c]wf eof]h]Ndx
c]wf]sf]hk]g u]of]tl/uof]; +f/ ; fu/ dxff
k]f]c]f/ t]f]c]f/ ldnf0{e]bf t ufnl x]gof
bf]f]c]f/nf0{5]h u/bf em]k6 c]b]f/f]x]g].

o:tf ; d:ofkl]t]f]slj tf ; of]5g] . To:t]o:t]z]ff/ /; sf slj tfd] ; d:ofkl]t]{ug}/df0nf]slj tf klg n]f]f 5g] . x]f]t ; d:ofkl]t]f]s:tf] /df0nf]s/f slj n]eg]f 5g] . l]rf/ u/f]t o:tf]slj tf df]l/fdn] c]f]h]f]ldqd08nl df ; g]pb]f s:tf] /df0nf]eof]xf]h, s:tf]rrf]{eof]

xfjhf . Tof]slj tf o:tf]5 M

Ps kfg ubf' /; sxj sf cufls
as:of] dnf0{klg p0/ vallj rf/l

Sof xf]pmj :t'c_ rlh s; }gvfg]
n88"n8f0\$g lemlsn emf0 vfg].

pgn]agf/; df o:tf]slj tf /rgf u/] ; bfpbf pgsf]s:tf]x]; ot lyof]xfjhf, kf7sxj nf0{lh1f; f xfhf . To; sf]klg hfgsf/l u/fph:tf] nflof]. pgsf]cfly§ cj :yf boglo lyof]. s]fxl dfq pgnf0{b0{5fs vfg]; feflo ldnof]. Tof]vfg\$/f ksfp]/ vfg]efBfx_ cfk]g] xb]yof]. ; fydf k} f xb]yof]. To; a]hf agf/; df ?=#:%) 8]fef8f lyof] / sn]hsf]knl #?kof lyof]. o}k} fsf]hfx]ug{g; s] sn]hsf]knl affsl /VgkYof]. vfgf t s]pwf/f] s]s]u/l / s]Ps 5fs / s]ef§} klg a;] ; do kf; e0/x]f]lyof]t/ pgl k9gdf hful/nf lyP . h; /l eP klg lbgsf] 306f k9guy]. Toxfaf6 g]fnf /f0ffx_ nf0{n]f] ctoft dfld§ kqaf6 yfx x65 . df]l/fd e§nf0{7hf]cfly§ ; a]b6 k/]f]lyof]. pgsf]boglo effssf la]lkqaf6 s]k k]kt eof]ePg Tof] yfx ePg t/ la]lkq jf:tj df sf?l0fs / dfld§ lyof]. o:tf]si6; flb hljg latfP/ klg pgn]efgeQm/fdfo0fsf]vfhl u/] 5kfP . efgelQmsf c_ s]t 5kfP . cfk]h]cg§f]lj wfdf / cg§f]5gbdf lj le]g lj ifosf ; of]slj tf n]v]. ; of]uhnsf]/rgf u/].

agf/; df ./fB; fB; u arg" e]g]sxfj t w]}cufl8b]v rn§f]t/ df]l/fd o:tf /l; s /df0nf / hfu?S eP tfklg pgl agf/; sf]/fB; u arg ; s]g]. /l; s ldfh; n]g}pgnf0{latfof]. pgnf0{le/ a]l e]g] ofg /f]nfu§ . To:tf]cfly§ cj :yf ePsf]df]l/fd s; /l pkrf/ u/fpg ; Sy< ofplt k} f dfu]t/ s; h]lbPgg]. To; a]hf pgn]cfk]hfo{lwsf/ egl g]fnf /o; a]hsf df6oj/x_ ./f0ff' x_ nf0{l]nf]f u/] bM k]f/f ub]kq n]f lyP . pgl ^ j if{agf/; a;] sf7df8f]cfP . !(\$% ; fndf g/b] kf08] / s]0fb] kf08] df]sf] ; xof]df df]l s]of s]klg / df]l k]tsfno vflg]sfk lgl pgn]u/]. To; a]hf pgsf ; fyl n]dlbQ k]f, uflgfy nf]gl, ef]h/fh kf08] /fhlj nf]g, sfnlk; fb,

b] /fhx_ lyP . pgsf /rgfsf]nfdf]; h]l k]t ubf{n]v nfdf]x]g hfg] ePsf]of]lj ifodf k]l5 s]g]a]hf s]/f u/fh . clxn]rflxf pgsf]affsl hljg atfpg]t/ g}nf]g]lj rf/df 5'.

sf7df8f]cfPkl5 Pstfsf df]l/fd e§n]b/af/ xf0:shdf k9fpg] hflu/ kfPsf lyP . To}a]hf dxf/fh r]b]zdz]sf]l; k]f/; df egf of r]b]zdz]n]b]yf0lbP/ a]hfotaf6 cfPsf kfx]f ..nf8{/fa6[n]df]l/fd e§nf0{cg]f; gafkt !% j 6f k]ts k]f:sf/sf] kdf lbPsf] s]/fnf0{ jf: t]df pNn]y glo kdf lmgk5{ pgsf] ; Gtfg ePg t/ pgsf l]dftk]sf ef0sf ; Gtfgx_ 5g]. efgelQmsf ; Dk0f{s]t 5fk] cfk]g] klg w]j:ts 5f]g]; nl; nfdf agf/; cfj thfj t ug]df]l/fdn]/fi6k] u/l /fi6nf0{dfof gdf/l ; fx]ok]t g]fnfdf g]n]y] k]sfzg u/l g]fnl effsf] ; Jf u/]. pgn]rfx]f eP pgl klg ef/tdf a:g ; Sg]/ l]gb] effsf] l]ljw l]wfdf /rgf ug{ ; Sy]. t/, To; f]u/gg]. ; fob o:t} ; dodf pgnf0{ofg /f]nfu§f]x]g ; S5 . o; §f/0f pgsf] ; Gtfg ePg . pgsf >l]dtlsf]s]eof] Tof]d]f]hfgsf/l]df cfPf . of]s]/fnf0{oxl]f5f8] pgn]s]g-s]g 5gbdf slj tf n]v]e]g]s]/f atfph.

j fl0f§ 5gb, l]zv/0f 5gb, b]lt]j n]l]j t 5gb, kliktfuf, dflngl / j ; Gtlnsf 5gb, zfb]h]q]l]8t 5gb, eh^a]ukpft 5gb, pkhfl, 0gbj hf, ; jw/f, zflngl ol 5gbdf n]vPsf slj t]fx_ df j]l / ; , cb]t / ; , xf:o / ; , s]0f / ; , /f]p / ; , el0m / ; , z]p]uf / ; cflb / ; df slj tf n]vPsf 5g]. s]g / ; df s]g 5gbdf s:tf slj tf n]vPsf]lyof]egl pbfx/0f lbg n]v nfdf]x]g]ePsf] ; fwf/0f kl/rodfq lbPsf]5'. k]l5 k]f/ s]g]a]hf df]l/fd e§sf slj t]fsf]lj ifodf s]/f u]hf .

s]g u5{/ u/fh e]g]e/e/fpb]kl/k]f x]b}uPsf]pd]df !(%# efb] s]0f cdfj :ofsf]lbg cyff\cfk]h]f]df]f]bg #) k]l #! j if{nfu§} lbg cfo§f6df pgsf]b]f]f] ; fg eof]t/ pgsf]g]z] / z/l/ geP klg pgsf cd/ s]tx_ xfdl k9b]f] pgl; u ; vbl]sf s]/f u5f] /df0nf]dfgldfql pgnf0{ Dengf u5f] o; u/l ouf] ; Dd df]l/fdsf]s]lt(fyf k]n/xg§, k]n/xf] k]f/ e0/xf] o xl d]f]pg]k]tsf]efj gf 5'.



8f=j fdl kkgfrfo{

k̄l̄uf̄k̄ls̄of zdf{

lj lzi6 ; flxTosf/ tyf sfzsf/ j ; Gtsdf/ zdif{'gkfn' Hoh]Ps
lbg k̄l̄df ēḡleof} avf̄hk̄of{; flxTos klqsf 'j hōGtl'sf]t] f]c^lsf
nflu .8f=j fdl kkgfrfo{f s]b]t eP/ Pp6f n̄y tof/ ul/lbgk̄of].E pxff
'j hōGtl' klqsf]f; Afs klg xgk̄5 . pxffsf]cfvknf0{d]}; xh]cfld; ft]\
u/] tlz xktfleq n]v]; lbgfpg]j rga4 tf hfx] u/]. alrdf pxff; u ē
xbf klg xfdalr o; af/]s]/f rn\$]yof]. zlbfyk̄sfzgsf >l ljgosdf/
zdf{gkfn} / klqsf]f ; lkfbz >l ofbj eS/f0f]klg ; do-; dodf
zl3tf]sf nflu 3R3rfpg'ePs]x]. d tof/lsf nflu 8f=j fdl kkgfrfo{f
/ pxffsf af/d]f n]vPsf s]tx]sf]vf]hl ub]lyPf. k15 >l j ; Gtsdf/
zdif{'gkfn' Hoäf6 tfs]f klg ul/of]. oxl k]7elddf s]l l9nf]eP klg
8f=j fdl kkgfrfo{f s]b]t /x] n3'cfodsf]n̄y oxffk̄:t't u/\$_f]5'.

n̄y tof/l ug{qrddf : j fdl kkgfrfo{f]a]f]nosfn lgs}; ^Bif̄k̄of{/xbf]. hf] dgl ; Gt
k]lk/fsf cgbfol rfdln^u /f0{k]j/f/df pxffsf]h]ld ePsf]lyof]. lj=+
!(*) cflzj g zSn lj hofbzdsf lbg lk]f w]a]/f0{-wd]f; /f0{ / dftf
lbndf]faf6 : j fdl kkgfrfo{f]h]ld ePsf]eg]s/fnf0{pxfh]cfdfn]atPsf]
egl :ki6 kfgePsf]5 . k] {d]t c-rn, kfr]y / lhNnf, lk]bd utf] =
j f8 g=* j /8fbfdf h]ld]f kkgfrfo{f]; ?sf]gfd sfn]/f0{yof]. cfk]ogf]
gfdaf]; j fdl]egePsf]5- ak]lub]b ; /:j tl ; Toxf^a]df dxfu? hf] dgld
bl]lft xgk̄yof]. dxfu?n]ufpf3/df af]h]f0g]d]f]gfd sfn]/f0{tyf d]f]
lrgfsf]gfd ultfgb]nf0{klg 5f] ; ltf/fd lbnbf; /Vg]ePsf]yof]. k]om
; a]f]gfd df lk]lub]b dxfu?n]lbn / bf; , sxl]xl]lbn / bf; b] }gfd]sf
c]tdf hf]8lbg]ug]yof]. -/f0{faf; u; , flfft]sf/, k]@_

8f=j fdl kkgfrfo{wd{; :s]t, ; flxTo, bz]g, /fhgltdf lgs}>4fsf
; fy ln0g]k]; 4 gfd xf]. #) j ifsf]pd]df @)!) ; fndf agf/; k]u] c,
cf, 0, s, v, u cflb k9f0 ; ? u/l j]f]tdf cfrfo{k]f u/] j]f]t lj ifod}
zf]v; d]t u/l lj Bfj fl/lw -k]Pr-8l= ug{8f=j fdl kkgfrfo{:j gfdw]o
af]4s Jo]Qm]j xgk̄5 . df]l/fd eS h]ldf #) j if{affr}/ g]kfnl ; flxTodf
7hf]of]ubfg u/]. :j fdl]hln#) j if]l5 ; fwgf u/] klg j f]a]do lf]df olt
7hf]of]ubfg ug]eof]. hlj gsf]pj l sfnk]5 klg d]g]t / nug eP eg]
; k]ntf k]kt xgk̄5 e]g]pbfx/0f o; af6 k]kt ePsf]5 . :j fdl]hln]hlj gl
/ of]ubfgx]af6 k]ef]j t eP/ 8f]uflj Gb 608gn]pxffsf af/d]f k]g]f]f/
9f]rfsf]://f0{faf; u ; flfft]sf/0f eGg]u]y n]ygePsf]5 . Ps j if]eq]b0{
; :s/0f ; df]t eP/ @)^! d]a]l; /df t] f]; :s/0f k]sflzt ePsf]of]s]t
lgs}nf]lkb klg /x]f]:ki6 xgk̄5 . o; u]ydf 8f]uflj Gb 608g]f/f h]d,
lzlf-bllf, sfo]f]g, hlj gofqf cflbaf/]k]g /fVg]/ lj :tf/df :j fdl]hoäf6
pQ/ lbg]u/l tlz ; oe]bf a9l k]7df ; fdu]x] lbo]psf 5g]. :j fdl]hoäf
egf0df cemw]})s]fx] cem]5b]f 5g]tfk]g pxffsf]hlj g]z]hsf dx]ej k]of{
klfx]nf0{o; u]yn]k]sfzgdf NofPsf]5 .

8f=j fdl kkgfrfo{f]af]nosfn lgs}; ^Bif̄k̄of{/xbf]. hf] dgl ; Gt
k]lk/fsf cgbfol rfdln^u /f0{k]j/f/df pxffsf]h]ld ePsf]lyof]. lj=+
!(*) cflzj g zSn lj hofbzdsf lbg lk]f w]a]/f0{-wd]f; /f0{ / dftf
lbndf]faf6 : j fdl kkgfrfo{f]h]ld ePsf]eg]s/fnf0{pxfh]cfdfn]atPsf]
egl :ki6 kfgePsf]5 . k] {d]t c-rn, kfr]y / lhNnf, lk]bd utf] =
j f8 g=* j /8fbfdf h]ld]f kkgfrfo{f]; ?sf]gfd sfn]/f0{yof]. cfk]ogf]
gfdaf]; j fdl]egePsf]5- ak]lub]b ; /:j tl ; Toxf^a]df dxfu? hf] dgld
bl]lft xgk̄yof]. dxfu?n]ufpf3/df af]h]f0g]d]f]gfd sfn]/f0{tyf d]f]
lrgfsf]gfd ultfgb]nf0{klg 5f] ; ltf/fd lbnbf; /Vg]ePsf]yof]. k]om
; a]f]gfd df lk]lub]b dxfu?n]lbn / bf; , sxl]xl]lbn / bf; b] }gfd]sf
c]tdf hf]8lbg]ug]yof]. -/f0{faf; u; , flfft]sf/, k]@_

:j fdl k]lub]b ; /:j tl ; Toxf^a]df sf]cf]lbt ds lj rf/af6 ; fg]af6
k]ef]j t kkgfrfo{f]af]no / lszf] jodf k9g]cj ; / kfpg]ePg . /fd]

sfddf gnfu\$]b]v] cfdfaafn]xksfpg]u/\$]af]hL .P sfn]t]h]u/] vfbg; \ eg\$]f]clxn]klg pxf; Dngx65 . lszf] cj :yfdf 3/sf nflu dfg~Hof^b]v j/8Bf; Dd ggsf]8f]f]arf]f] bdf0{sfdsf]3/df l9Bf] / ltxg vfbf cfk]gf afa' / dfdfsf]k6f0 ; xgk/\$]f] ds}5g]a]hdf cfk]gf afa' la/fdl k/\$]f]cfk]h]uf]nf0{3f; , k/fn v]fP/ af/l hfl]g] sfd u/\$]f]h:tf w]36g]fx_ pxf: j om]xfdlnf0{ ; gfpgePs]lyof]. o; } qnddf kkgfrfof]s]l ug]5{ kf]v b]vfpkg5{efg]efj gf lyof]g]#) j if\$]pd]df k=bfd]bf/ vltj 8fsf]; fy nfu] pxf]sfz] klg]eof]. sfz]af6 klg kkgfrfo{ef]f]b]xl/af/ , Clifs]cflb pQ/fv08 3d] kgl]sfz]df g]kms]eof] / sfz]df d; ndf]gsf] 3/df s]l lbg gf]s/l ug]eof]. 3/dflnssf]ufnl ; xg g; s] pxf]ck/ kf]0d/lsl Ps lzllsf] ; /:j tl yklnofsf 3/df 3/h'; Jssf_ kdf /xg yfNg]eof]. ; /:j tl rflx]sn]hsf lk]g; knsl 5f]l ly0g]. pg]f6 #) j if{pd] klu\$]f kkgfrfof]s, v cflb clf/ lr]g / k9g ; ? u/\$]f]jj /0f pxf: j om]atfpgePs]xf]. o; /l u9jfnl lzllsf] ; /:j tl yklnofaf6 clf/f/De u/\$]f kkgfrfof] k15 u9jfn kuj] :j fdl ; lrrbfg]b cfbz{ ; :s]t dxflj Bfnodf /xl ; :s]t lzlf k9g yfNg]eof]. k9f0sf qnddf :j fdl kkgfrfof]@)!* ; fndf pQ/fv08 rdf]hl u9jfn cu:Todlg th; l ; :s]t lj Bfnoaf6 klydf k/liff kf; ug]eof]. To; k15 pxf]h] xl/af/ sgvn pbf; lg ; :s]t dxflj Bfnoaf6 @)@@ ; fndf k]f]bdf k/liff k/f ug]eof]. o; avt pxf]u] ; tlYo{eP/ k9g] g]fnl lj Bfyl]df clxn] g]fn ; :s]t lj zj lj Bfnosf k]bfks 8f]f]dfw] 9sf] klg x]g]yof]. pQ/d]bdf k/liff eg]kkgfrfof]h]nf]nf eu]f]gbf; ; :s]t sn]haf6 @)% ; fndf k/f ug]eof]yof]. o; /l xl/af/df pQ/d]bdf; Ddsf]k9f0 k/f u/] :j fdl kkgfrfo{kgl]agf/ ; cfpg]eof]/ lj zj gfy u?sh s0f]06faf6 zf:ql k/liff @)@& ; fndf / pbf; lg ; :s]t sn]h dl/3f6af6 cfrfo{k/liff j]f]t lj ifo lnP/ @)@(; fndf k/f ug]eof]. o; /l @)!) ; fndf clf/f/De u/\$]f kkgfrfof]csf]al; j if{k]bf]gk]b}j]f]tfrfo{k/liff pQ]of{u/] cfl]gf]; fwgfnf0{k]mle't u/fpg]eof]yof]. of]k9f0sf]qnd klg ; a]Bif]f]g]g] /xf]. lj Bfno kl/j t]g e0/xg] hllj]sf]sf] nflu slxn] lelfj]Q cfl]ng]/ slxn]cv8fdf kuj ef]hg ug]g]x/] k/liffdf k9f0sf]:yfg

kl/j t]g e0/xg]h:tf ; a]Bif]f]g] :ylt pxf]en]gk/\$]f]lyof]. kkgfrfof] 0nf]x]fb u]v]fgy erf s]b]o ; :s]t lj Bfkl7af6 @)#\$; fndf j]f]t lj ifodf g]lj Bfj fl/lw -k]Pr]8l_ ug]eof].

8f]j fdl kkgfrfof]lj Bfyl{cj :yfb]v g]zf:qfy{ug{yfNg]ePs]lyof]. To; a]hf ef/tdf ; :s]t lj åfgk]sf alr x]g]zf:qfy]f]lj z]k]rng klg lyof]. @)@) ; fnb]v g]pxf]zf:qfy{ ; ? ug]ePs]xf]. u9jfnodf, Clifs]z]df / agf/ ; df zf:qfy]ePs]lyP / ltgdf :j fdlhls]lj ho ePs]lyof].

hf] dgl bl]ffrlx]dx]f? k]n]ug]b ; /:j tl ; Toxf]d]faf6 k]kt u/] lzlf-bl]ffsf nflu ef/t k]j z] u/\$]f kkgfrfof]ef/tdf g]>l xou]j /fdg]h bfdf]bf/ kkgfrfof]q]b08l :j fdlHoäf6 >l j]p]fj bl]ff u]k]f ug]ePs]lyof]. o; /l g]pxf] ; fwsf_ kdf 8f]j fdl kkgfrfo{x]g]eof].

@)@& ; fndf g]f]ndf k]ms] :yfol_ kdf :j fdlhln]cfk]h]dft]el]dnf0{ sfo{f] agfpgeof]. b]z]k]sf]rrf{ub]j fdl kkgfrfof]e]g]ePs]5-æf/tdf dnf0{k]15 uP/ ; fw] ; dfh tyf lj åt] ; dfhdf dfg, ; Ddfg, k]f ; a]yf]s ldn]f]lyof] t/ euj fg] /fdn]nld0fnf0{.hgg] h]de]dZr ; j uf]lk u/lo; l' eg]h:t]eof]. Toxf]k]f]Ps 0Hht, dfg, ; Ddfg dft]el]dsf]df]ofsf]cl3]nt/ Ps lsl; dn]gu0o eof]/ d cfl]h]b]z g]f]ndf k]ms] -/f0äfaf; u ; flfftsf/, @)^!, sf7df8f]k]h !#_

hf] dgl ehg k]xn]b]v g]ub]v x]f] :j fdl kkgfrfof]f]?lr ; a]v]tdf klg lyof]. u9jfnodf s]g]ufosaf6 afaafh]h]hfg]g] l]tdl s]j l]off ahfp]f]k]eg]s]6]j rg ; g]k]5 :j fdl kkgfrfof]Ps j if]f]5]l lnP/ ; a]v]lt l; Sg j]bf]g hfg]ePs]lyof]. Toxf]j Nne ; a]v]lt dxflj Bfnosf k]frfo{df]lafaf6 pxf]h]5- ; ft lsl; dsf /fux] ; Sg]eof]/ tanf]fbs >l df]ulnf]n l]d>af6 tanf]fbgsf]c]eof; ug]eof]. Ps j if]k]5 pxf]u9jfnodf k]ms]eof]/ ; a]v]lt do ufog]af/f s]6]j rg nufpg]k]j ufosnf0{ gtd:ts tNofpg]ePs]lyof]. pxf]h]ufPs]6]l/s8{k]lg pkn]w 5 .

g]f]nsf k]4 g]f]los, lzi6 lj åfg]tyf t]sf]nlg /fhslo ; :s]t dxflj Bfno -xfn-j fnd]l s]f]f]k]bfks >l kbdk]fb e]f/f0{g]f]nsf ; fy]ef/tdf klg ; Ddf]gt lj åfg]x]g]yof]. d]h]k]lg @)!\$; fndf /f] dxflj Bfno,

ktnl; 8s -xfn u7l ; :yfg /x\$]yfg_dg Gofobzg pxfaf6]k9g]df]sf kfPsf]
 xf. o:tf pb6 l]j åQsf k-h kbdk; fb e\$/f0\$] ; d/0fdf 8f=j fdl kkgfrfoh]
 .kbd :d[tu]y'sf]szn ; Dkfbg u/] cflg]; lqntfdf ksfzgdf NofpgEOF].
 pxfh]cgo ; flxlos s[tx]sf]klg ; Dkfbg ug]Ps]5 . ; S[tbQ kgt]sf]
 'sft[lo]odl gfd ; :s[t dxfsf]osf]; Dkfbg ug]sf klg pxfaf6]ePs]5 .
 o; }u/l ofyl g/xl/gfy clegbg u]ysf]; Dkfbgdf :j fdlhlsf ; fy}
 8tuf]gb 608gsf]klg ofylbfg /x\$]5 .

:j fdl kkgfrfoh]; :s[t, g]fnl / lxgb]leffffdf l]tfa]x ; n]gePs]5 .
 pxfh]'./f0faf; u ; flfftsf/-, -@)^!_eGg]u]ydf eg]ePs]5- ad]h]
 cfh; Dd g]fnl, lxgb] / ; :s[t u/l tl]g efffdf l]j z]f u/l l]tfa n]y]5 .
 fgf7hf u/l PsfpGgj 6f l]tfa e0; s]. h; df ; fgf-7hf u/l afxj 6f
 l]tfa g]fnldf k]flzt ePs]5g]eg]lxgb] efifdf ^ j 6f, l]j z]4 ; :s[t
 efffdf n]vPs] b0]6f / c] ; Dkfbt 6lsf-16k0f, eldsf cflb; lxt
 ^ j 6f u]yx ; :s[t df k]flzt 5g]ef of]pxfsf]@)^! ; fnsf]s/yf xf].
 clxn] Dd :j fdln]g} &% l]tfa n]v0; s\$]f / yk !)-!@ l]tfa k]flzt
 ePs]j: jom]rrf[u]g]Ps]5 . pxfh]sf] /f0\$] 'Sj fbl slj tf, 'ldns]f
 len]sf] cflb g]fnl ; flxlos s[tsf]/rgf ug]Ps]5 . 'kfrlg ls/ft
 0ltxf; 'klg pxfh]n]y] k]flzt ug]Ps]5 . ..; l4j]Yod] / 'cgt]li6o
 ; :s[t: o dx]f]d] cflb ; :s[t u]ysf]/rgf ug]Ps]5 . o; }u/l lxgb]ldf
 :j fdlhlsf / rgyx ; xg] 'xd]eh gxl+s/g]rflxP, '..; :s[t Sof]k9]k'
 'cfg]b sxffx}•' 'lav/]df]l', 'lhgb]ul Ps ; km/ x} ' ; xj gf' cflb .

@\$:@)% lt/ lxgb]l]j z]l]j Bfno sfzldf /x] Clj]sf]cl]bog
 u/]k]5 :j fdl kkgfrfoh]; j]df s]5 < u]ysf]/rgf ug]of]. of]k]xn]
 ; :s[t df n]vof]/ pxfh]g]to; sf]g]fnl cg]fb u/l k]flzt ug]of].
 o; sf]bj }efu ldnfP; fer] k]sfzgn]k]flzt u/]f]5 . g]fnl efffdf
 j]sf]af/]n]vPs]l]tfa gb]y] / k]kt geP/ g]fnldf :j]df s]5 <
 k]sfzgdf NofPs]eGg]pxfsf]egf0 5 .

; fwef]df u]Pj]f j:q klx/] /xg] Ps]n cfafn ak]drf/l :j fdl
 kkgfrfo{s]g dtdf s]:tf]b]l]ff / d7; u ; DalGwt xg]x5 eGg]lh1f; f
 ; a]f /x\$]f]xG5 . o; af/]a/f0faf; u ; flfftsf/ eGg]u]ydf :j fdln]
 :jom]:ki6 kfg]Ps]5 M

ad /fdfgh ; Dk]fodf ; df>o xg]eGbf cl3 hf] dl]g ; Dk]fodf b]l]ft
 lyPF. d]j]lhHo]f]s]k]fnfb]v xfdf]kl/jf/ hf] dl]gdf b]l]ft xb]cfPs]j
 lyof]. dnf0{kfr- 5 j if]f]xbf hf] dl]g ; Dk]fodf]zfb]b]l]ff lbnf0of].
 To; sf]s]k] k]5 eg]dxfu? kn]Nug]bsf]l]zio e0{u]k-hf lnPF. k]5
 k/d l]j/Qm lqb08l :j fdl >l xou]j /fdfgh bfdf] / kkgfrfoh]oäf6
 >l]j]ofj a]g k]l] cfh; Dd Tox] ; Dk]fodf /lx/x\$]f]5'. d]f u? t]f]flb]
 u2l; u ; DalGwt xg]xGyof] / &@ cf]t]flb] u2l]sf] :j fdlHoäf6 b]l]ft
 xg]xGyof]. pxfg]fnl lqb08l :j fdlx]df Pst] ; f]l]q]b08l :j fdl xg]xGyof]
 / dnf0{aQl; f]l]q]b08l :j fdl ag]pg]eof]. d lqb08l eP klg lqb08lsf]
 cfow: j]k b08sf]; Ddfg gk]lg] / To; sf]dof]b]fdf a:g ufxf]kg]ePs]n]
 d]h]wf/0f u/] lxB]g]u/]f]5g] . j]4fj :yfsf]sf/0f n]l; Dd lnP/ lxB]5'.
 o; /l d /fdfgh ; Dk]fodf]j] /Qmk/Dk/fsf]Pp6]dfq u2l t]f]flb]j f t]f]flb]
 d7; u ; DalGwt b]l]ft h]j g d]f]5 . /fdfgh ; Dk]fodf Psb]v Ps
 xhf/f]u2lx] ; a]u]k:y u2lx] xg] . t]f]flb] u2l dfq}clj]f l]xt / Toful
 lqb08l ; Gof; lx]sf]u2l xf] / -/f0faf; u ; flfftsf/ k]f !!@-!!#_

o; /l /fdfgh ; Dk]fodf].clj]f l]xt / Tofuzln lqb08l k/Dk/fdf
 cfa4 8f= :j fdl kkgfrfoh]sf]; fw'; Gof; do h]j gnf0{pxfh]g}:ki6
 kfg]Ps]5 . o; /l b]l]ft ePk]5 klg ef/ tsf l]j leGg cf>ddf d7fwz
 eP / xg pxfh]f0{cfuk ul/Psf]lyof]t / pxf]b]z]k]sf]efj gfn]h]j gsf]
 pQ/f4]f :j b]z]df g]k]ms]g]eof]. ef/tdf /xbf :j fdlHo]7fp]7fp]bf ku]
 k]j rg lbgx]yof] pkb]x]yof] / efifof ug]x]yof]. g]fn]df k]ms]k]5 klg of]
 qnd hf/l g]/xbf]. @) #& ; fndf sf]df8f]cfPkl]5 pxf]sf] ; do ofyl
 g/xl/gfyHo]sf]cf>d:yn uf]l]f]7df /xg]eof]. slxn]j]b]j Bf>ddf, slxn]
 8tuf]gb 608gsx] / slxn]c]oq g]x] :j fdlHo]sf]lbgx] la]g yfn].
 @) \$^ ; fnb]v eg]8f= :j fdl kkgfrfoh]u7l ; yfgn]pk]n]w u/fpsf]
 d]u: ynl l]f]sf]zv /df c]j:yt r]b]j / ; Qn h]l]ff]f / u/f0{clxn] Dd
 a:b}/xg]Ps]5 . o; alrd]f 8f= :j fdl kkgfrfoh] /fhl]i/fbl :yfol
 ; ldltsf]; Ddf]gt ; b:o klg a]g]ePs]lyof]. clxn]pxff d]u: ynl]df g]
 ; j fl]bog / n]vgsfodf jo:t b]vg]ePs]5 . o; /l h]j gofqsf qnddf
 pxfh]f0{ gtl]6 ldn]sf]5 < eGg]k]gsf]pQ/ lbb]pxff eGg]xG5- æ fRr}
 eGg]xG5 eg]h]t; s]b]v cf0nf]bf klg d h]j g]v slxNo]c; Gt]6
 e0g]. d]h]cfk]g]h]j gsf]Ps]f; l]j ; Gt b]v; s]. o; alr xn]sf]fn]

v̄fn] uf0{f]fnf, 9fqm]cf1ba6}hljg ; ? u/] bfhlln^sf sdfgx_ df
sf d ug{u0gfls knbkfy]l0fkf/l e0gfls efllos}ed/ldf k/] dxfu?
knubgbh:tf dxfk?ifsf]; fydf klg /xg kfPf. ; a^f ; Gt16 lyPf clxn]
5; eflh klg ; Gtfl] u_ hfl -/f0ffaf; u ; flflsf/, k#!_

8f=j fdl kkGgfrfoh:tf dxfk?ifx_ Ps oludf Ps k6sdq cfp5gl.
ul/Psf dh ; Ddfgkq tyf clegbgkqx_ pxfls]f; :yfgdf leQfdf /x^f
5g]. pxflh]u0f/fh k':sf/-@\$), d^un k':sf/-sflnDkf!0f!((&
k^j laxfb/'; x sfsl{eQmsdf/l k':sf/-@)%_, >l % Pzj o{; dfh;]f
k':sf/-@)%(_/ cfblslj efgbQmk':sf/-@)%(_ cfbl k':sf/x_ ; d]
kflkt ug[Psf]5 . o; }u/l z^ls/frfo{kbs, ; klan uf]vf blfl0fafx'
kbs, ef/tl v/h k':sf/, 8f=an/fd hfz]l 1fg-lj 1fg k':sf/, ngs/0bf;
u^ufb]l k':sf/, kfl0flg k':sf/, /fdgfy c3f]l k':sf/ cfbl ljlj w
k':sf/x_ klg pxflh]f0{kflkt ePsf 5g].

8f=j fdl kkGgfrfoh:tf dxfk?ifx_ Ps oludf Ps k6sdq cfp5gl.
tl; j ifsf] pd]b]v ljb] k;] lje gg cfkt-lj kt ; xb} x68/ vfb}
lj Bfj fl/lw; Ddsf]pRr c]bog ug]/ ; fw-; Gof; ldf blflft eP/ wd{tyf
g]tstfsf]pkb] ub]xB]jofoj / tk;jlsf _ kdf kkGgfrfoh:ob]vgxG5 .
kj]l{kxf8sf]kfrjy lhNnfdf hGd]sf kkGgfrfo]f]a]Nohljg klg ; lhnf] u
lat] . ef/t-kjf; df uPKI5 klg pxflsf]k9f0 tyf sfo]h]ldf l:y/tf
cfPg . o; vfnf]hl6n hlj g-ofqdf klg pxflh]cfk]h]f0{vf/] lj ågl
agfpgleof] ; a^lt1 agfpgleof] kxnj fg agfpgleof] ; fw' ; Gof; l
tNofpgleof] / hlj gsf] pQ/sfnlg sfo]f] cfk]g} hGdb] g]fnnf0{
agfpgleof]. clxn] () j if{kllg nf]bf ; d] pxfln]y-k9df / wd]bz]sf]
pkb]df TolQs}; lq]o b]vgxG5 . pxfls]ax]cfol]s hljg / ; a^Biffln
JolQm]af/]o; ; fgf]n]ydf rrf{ug{; lsg]xf]g . pxflsf]h]g; s]k]faf/] klg
7h}u]y tof/ xG5 . oxff d]k]k0o; lnnf u^ufaf6 Ps sd08n'
hndfq pefpg]kbf; u/]sf]xf. 8f=j fdl kkGgfrfoh:tf0{>4fk0f]b]i6n] Ps
kns bz] ug]dfq r]6f u/]sf]xf. cGtdf pxflsf]hlj gz]h]n]xfdlnf0{
; Tsfo]f cem ; lq]o; fy ; mllg xg clek]off ldnf] .

Tj blo-j : t' uflj Gb tEod] ; dk6].



dxfslj nldlk; fb b]sf]fsf]hlj gl

7fs'/ zdf{

!= axdvl k]tefsf wgl dxfslj nldlk; fb b]sf]f g]fnl
efiff-; flxTosf dfq ge0{l]zj s}cdNo lglw xgl. ; flxTosfsfzsf w] tf/f
xgl. l]zfn dxf; fu/ xgl hlj gt :j ^k xgl hlj gbflogl zlQm xgl.
wgl-ul/a ; a^f hlj gdfu{xgl dfgj sf zlQms]b]xgl/ t dxfdfgj xgl.
dxfslj b]sf]fsf] ; o j ifsf] ; Gbe]f j ifel/ g}pgnf0{ ; lDenPsf]5,
pgsf]u0fufg ufOPsf]5, l]je gg ; a^B; #yfn]>4fk]ck]f u/]sf]5g].
b]sf]fnf0{l]je gg sf]faf6 xgl]kbf; ul/Psf]5, pgf]krf; j if]hlj gsf]
sf]fnqmdnf0{xgl]sf] ; ul/Psf]5, j ifel/ ; ef; ; df/f] u/l pt; j h:t}
dgfOPsf]5 . o; } ; Gbe]f d]h] klg e]g]u/]sf]5-dxfdfgj . l]je gg
dgdf cfPsf efj gfx_ zAbaf6 ; dk]f u/]sf]5'-

; l665glgj l; hgf ha oxff:jfy]f; sf]b5gl
JolQm]5glze jfSosf w] oxff k]f0f ; a]en]b5gl
e]5gl]dfgj wd{xf]uugen]yofkl dxfdfgj
efiff-; #s]tsf] ; sfo]kydf nflg]dxfgl ; fws .

ol k^a]Qm]_ bflo]j å]fl; s, k0ff]s ^^, b]sf]f l]z]f^a]sf
k]sf]zt ePsf 5g]. of]klg dxfslj b]sf]f k]tsf]>4f-; dg g]xf].
; fdflhs lq]ofsnfk u/] hlj g latfPsf ; Tsdl{b]sf]f k]t b]vPsf]
efj gf xf]. To; h]b]sf]f dxfgl ; fws xgl dxfdfgj xgl. o:tf dxfgl
JolQm]sf] hlj glsf k]o]s 36gf, sfo{g}kmbfol xG5gl. g]fnl
efiff-; flxTok/Dk/fdf b]vPsf dxfslj nldlk; fb b]sf]f:tf l]f6]k]tef
; dorqmdf obfsbf h]Gdg] u5]f wtl]f . c; ffw/0f k]tef ePsf
b]sf]fsf]hlj g k0ff]of ; kmn b]vG5 . krf; j if]hlj gsfndf s]sf
sfo{eP e]g]s]f b]vfpq'o; n]sf]dVo p2]o xf].

@= dxfslj nldlk; fb b]sfbsf] hGd lj= +(^^ sflt\$ @& ut]
nldlkhfsf] lbg ePsf] lyof]. b]sfbsf] Gjf/fgsf] gfd tlydfwj
-glfqcg' f/_ /flvP klg nldlkhfsf] lbg hlgdPsf] xgfn] nldlk; fb g)
; a]f0{plrt nlf0f] Toxl gfdn]gkfnl ; flxTodf k]; l4 kf0]. b]sfbsf
lktf ltndfj b]sfbsf / cfdfs]gfd cd//fHonIdl b]sfbsf xf]. ltndfwj sf
5 ef0 5f]f / kfr 5f]l lyP . 5f]fx; df h]f n]gfy -; Aaf_, dflxnf
b]ldfwj -l; kf xl dflxnf_ ; flxhf tlydfwj -nldlk; fb_ sflxhf ldqgfy,
7flxhf dw; bg / sfG5f ufkldfwj b]sfbsf lyp . 5 ef0 5f]fx; dlb]
; flxhf nldlk; fb b]sfbsf]k]tef ; fg]lv b]lvPsf]xgfn] klg lktfdftfn]
k9g-n]glt/ nufPsf] klg b]lvG5 .

dxfslj nldlk; fb b] sfØsf]lj fx lј= +(*! kfufbjdf sf7df8fØf
rfln;]afxgsl 5f]l dbg]l rfln;] u eof]. b] sfØsf h]f 5f]f klsfz,
dflxnf s[0fk; fb, kbdk; fb / sfØ5f blksk; fb xgl. 5f]lx; h]l ; flj ql,
dflxhl 5f]l b0{dlxgfs}pd]df lgwg ePsf] ; flxhl clDasf, sflixhl
dl/f / sfØ5L dbgf xgl.

Ij = +!(&! af6 clf/f/le u/§f b]sf§fsf] pkgog ; :sf/ cf7
j if§f] pd] -lj = +(&\$_df ePsf] lyof]. s§fufal4 ePsf b]sf§fsf]
kf/lldes lzlf ; :s[t sf]df§bdaf6 3/d}u/f0Psf] lyof]. c^u§hl lzlf
klg ; fg§l v k9g nuf0Psf]h]; :s[t / c^u§hl sf]cl§bogdf b]sf§f
nfu§f lyP . lktf ltndfwj b]sf§fn] 3/d}cd/sf§ / sfnlbf; sf]
/3j z dxf§f§osf] cl§bog u/fPsf lyP . k9g-n§y§df cft llbfg lbg]
x§fn]klg lktfsf]x} nf a9bf/ pgnf0{ :s[t kf7zfnfdf ; :s[t k9fp§sf
nflu cfjzos rfhfkfhf]ldnfPsf klg lyP t/ c^u§hl g)k9fp§]eg]
cfdf cd//fhonld / bfh'n§y§fysf]hf§ann]!! j if§f]pd]df b/af/
xf0:shsf] k-rd s§ffdf egf{ u/fPsf lyP . lj = +(*@ df k6gfaf6
klyd >flfd Dofl6§ -kj lzsf_ pQl0f{u/]. lj = +! (*# df lqr§b|sn§hdf
lj 1fg lj ifo k9g egf{eP . bfh'n§y§fyn]h:t}k9gk5{sd§pgk5{egf]
cfdf / wf0{ cfdf§f] j rgnf0{lz/flfo{u/l lj = +! (*% df cf0P:; l=
latlo >flfd pQl0f{u/]. lj = +(*& df b]sf§fn]k6gf lj zj lj Bfnoaf6
alP§kf; u/]. o; /l @) j if§f]pd]df q§fnaf6 alP§kf; ug§pql dfq Ps

lyP . Ij= #((df pgn]alPn k/lIff klg kf; u/]. PdPug]rfxgf
xbfxb)klg 3/fo; l sf/0fn]cw'}/xbf]. Ij= #! ((! df cfdfsf]lgwg /
! ((@ df lktsfsf]lgwgn]dxfslj b]sf]fsf]dg lftlj lft eof]. kfl/jfl/s
afem]lylrP . o; ; dodf 6b' g k9fP/ xG5 jf st}sfu/] xG5,
wgfhg u/l kfl/jfl/s hljg klg xg]kg]afbt cf0k]of]. pgSF]rfxgf /
Joj xf/ legg xg yfNof] h; n]dqdl: tisdf w/]rfb k]ofof].

#=dxfslj nldlk; fb b]sf]sf]n]g]f] w]})Jofks 5 . axdvl
k]tef b]sf]fdf kf0G5 . n]gsf l]j]w l]wfefbf klg afIx/ b]vG5g]
obfsbf . g]kfnf]/fhgl|ttkr[klg b]vg]b]sf]fn]lgj f{ g klg efi]sf
5g\eg]g]kfnf]/fhgl|tlf]tkm[lz]lffdGql; Dd ag]. b]sf]fnf0{ul/a
eg] JofVof u5g]; a). d To; df ; xdt 5g . b]sf]sf]lhgbul o:tf]
lhgbul xf]hxff; a}yf\$ 5, ; dfh c:tJo:t 5 . x/\$ 36gfn]lryf\$ {
3R3Rofp5, a8jfgh:t)a65g\ b]sf] . 3/Joj xf/ c:tJo:t a65 .
Joj:yfkgsf]sdl xg ; S5 / b]sf]sf kl/jf/n]klg pgf]dgl:ylt
a65g; s] c:tJo:t ePsf]xf]ls < ; j]bgzln JolQm]j sf wgl JolQm
c]sf]bm ; xg g; Sg]JolQm ePsf]xgf]n]Joj xf/df tndfly eof]xf]h
t/ b]sf]f ul/a xf]gg) w]wgl lyP / cBflk 5g) x/\$ JolQm]sf]xbodf
a:g ; Sg]JolQm ul/a xG5 < sbflk xb]g . b]sf]f t cg]t sfn; Dd
afRg]JolQm xg) dxfdfgj xg).

; flxTo / ; ^ultdf ?lr ePsf lktf ltndfwj n]; #slt tyf gkfnnldf
cfknh] / r\$fl slj tf ; flxhf 5f]f nldlk; fbnf0{ ; fg{ nufpfl }/.
nldlk; fbsf]clf/ /fd]f ePsf / ; kf]f ePsf sf/0f klg xg ; S5 . o; af6
k]eflj t eP/ kB /rgf u/] '3/3f] bMv; fu/ ; +f/ hfg ef0' b; jif\$]f
pd]df klxnf]/rgf . o; /l ; fg]pd]df k9bf g}slj tf nVg kf]de u/]f
lyP . :shdf sd af]g] k9gd}jo:t /xg] :jefj / c]o]t ldx]gtl,
h]of/ , zft k]s[tsf ldng; f/ 5fq lyP . slj lz/f]of nVgyf kf]ofnsf
slj tf vflh]lvf]hl k9bjuy/]elgG5 . o; }; Gbeff 8f=sdf/axfb'/ hf]z
elgXG5 - '3g3f] bMv ; fu/ = kBnf0{ .dxfslj b]sf]f zlif\$]sf
cfk]g]u]ydf lgTo/fh kf08]f/f dxfslj nldlk; fb b]sf]fsf]; j]kyd
df]ns slj tf egl pNnV ul/Pkl5 dxfslj b]sf]fsf]; j]kyd df]ns

slj tfsf] ; kdf o; h̄f0{cflofpg]k/ik/f cBfj lw k̄lnt}5, k̄t'oyfydf eg]dxfslj n]of̄bf cl3 cfklgl h̄l efph̄sf]r7l n]vbg]; nl; nfdn n̄yʃf]Ps l̄/xsf]slj tf h; sf]k̄yd k̄lQm lyof] 'd t ceflugl kf] ePf, g}pgsf] ; j̄lyd df]ns slj tf xf] eGg] dnf0{nfuʃf] 5. E of] egf0n]dxfslj nldlk; fb b]sf]fn]; fg]pd]df cyff]b; j ifs}pd]df slj tf n̄yʃf lyP, Toxl klxnf]slj tf xf]eGg]dfGotf klg 5.

Ij=#!((! dñuf ufv̄lqdf k̄sflzt .k̄l0f]fsf]hnlw klxnf]k̄sflzt slj tf lyof]. o; }j if{ k̄ifug dlxgbf]v kf/le ePsf] ..zf/bf kf/lle c̄lsb]v g}ul/a', ..uf0g]ltgn]3f; of ult', 'j̄lf' cflb slj tf k̄sflzt eP. o; }; dob]v g}dxfslj nldlk; fb b]sf]fdf k̄s[tk] ; fdflhstf, :jR5Gbtfjfb cflb kj]Q bl]vg yfnʃf]xf]. pgl 5Gbhf slj tftkm[pGdV xg]k̄off 3/df lktfsf]/ slj lz/f]0f n̄ygf yf]bfnf slj tf k9] g} kfPsf xg]. Ij=#!((# df .zf/bf klqsdf 5flkPsf].cfiff9sf]k̄w] ; j̄lyd k̄sflzt lgaW xf]eg]!((^ df .pgsf]dg] syf 'zf/bf d}k̄sflzt k̄yd syf xf]. sf]otkm[eg] Ij=#!((@ k̄sflzt .dbfdbg' v08sflo k̄yd lyof]. of]enbfp/]5Gbdf n]vPsf]yof]. pgf]hlj gsf]dx[Ej k0f/ nf]lkp sflo aGof]. dxfslj sf]of]sf]oklt cufw k̄l lyof]. 'c̄ ; a}gi6 eP klg of]sflo affr]dnf0{k]5' ; Dd eGg EofP - dxfslj n].

Ij=#!(&^ cyff]b; j ifs}pd]b]v g}n̄ygsfodf nfuʃf dxfslj b]sf]fsf k̄bs/ slj tfb]v dxfsf]o; Dd / c̄o Ij wfdf u/l % bh̄g k̄ts k̄sfzgdf cf0; s̄sf 5g/ bh̄g]kf08lnlk To; }ylGsPsf eGg] klg ; gdf cfpb . logsf]n̄y; ldf sf]g]g; lsg]lyof] cfzslj t̄j k̄an lyof]. slj tfd]af]g ; Sg]Ps a; f0df cg]s slj tf, n̄y tof/ ug{ ; Sg]lfdtf lyof]. dxfslj b]sf]f cg]s effifsf 1ftf lyP / sltko effifdf n̄yʃf slj tf b]vPsf 5g]. pgf]c̄u]l / g]fnl effif; dfg]kdf allYof]. clj/n allg]em/gf, gblh:t]alu/xg]xbf z]bx] klg t̄f8d5f8 u/l cfp] / gofgoft z]b lgdf]f klg xGy]. slj tfsf] demnf]k̄tkm[b]sf]fsf].dbfdbg' -v08sflo_ ; j̄lws rlr] / nf]lkp ulltsflosf] k̄df k] 4 5 . o:t]M/fhsdf/ k̄fs/, 'sl-hgl', 'd̄g', '/fj 0f-h6fo' o'4', 'n̄gl', 'ltfx/0f', 'dfolj gl ; ; l̄ 'bloft-zsGtnf eG', 'ltlk]n a]ul'

cflb /xʃf 5g]. o; }u/l slj tfsf] a]t]k̄tkm[dxfslj nldlk; fb b]sf]fsf]k̄lyd dxfsf]o 'zfsGtn' @)@ ; fnfd b]yf k̄of].

b]sf]fsf cg]f / dxfsf]o eg]sf]cf0; Nof08sf] ; k̄h:tf]ePsf]g]fnl ; flxltos jftfj /fdf of]dxfsf]o pgf]k̄tefsf]jj :k̄og lyof]. pgf]c̄o dxfsf]ox]df'; h̄f]gf', 'dxf/f0ffk]tfk', 'j gs' d', 'k̄yj l/fh rfxfg', 'k̄dy'; cflb k̄sflzt /xʃf 5g]. o; sf ; fy].zsGtnf] gfd s c̄u]l dxfsf]o klg k̄sflzt ePsf]5 . b]sf]fsf]n3' k̄tkm[b]sf]fsf 'levf/l', 'ktnl' efu ! / @; 'ysf]laxfg', 'h̄df]Tj', 'd̄b̄sf]Joyf', 'efj gf uf]u]f', '5x/f', 'lrNnf kftx] ; 'dgf]~hg', 'cfsfz a]f5', '5sf; u s/f cflb slj tf; a]u] /xʃf 5g]eg]kxf8l k̄sf/ h:tf]hfd]e]fp]ulltslj tf klg /xʃf]5 . Ij=#!((! df k̄sflzt .k̄l0f]fsf]hnlw / 'u/la' slj tfaf6 ; f]h]gs ; flxltos h]j g cf/le u/]f b]sf]fsf]p0/f4{@ j if{; flxto; fwgsf]; lqpo ; do /xof]. dxfslj b]sf]f dhtllslj tfsf]osf]; h̄ffd}; a]u] /x]pgsf]k̄tef lgaW, syf / g]f6b]f]g]df klg k̄nof]. o; /l b]sf]fn]slj tfsf]n3' k̄v denif] ; k̄xb]akt]k dxfsf]o; ldsf]rgf u/]. dxfslj nldlk; fb b]sf]fsf 'nldl lgaW; a]u] , .bf]8dsf] ; vg] / .k] 4 k̄aW; a]u] -kf]rflo lgaWx]sf]cgj fb k̄sflzt 5g]. logsf lgaWx]df sf]oflds :kz]kf065 . lgaWsf sltko k̄lQm] ; uB slj tfh; tf k̄ltl xG5g].

dxfslj nldlk; fb b]sf]fn]g]f6b]j wftkm[; flj ql ; Toj fg] gf6s / .slifj fnf' ulltgc]6bsf]rgf u/]f 5g]. logdf v08sf]oflds k̄aW /xʃf]n] sf]os]>Mdf lngk5{eGg]dfGotf klg /xʃf]5 . syftkm[b]sf]fsf].nldl syf; a]u] k̄sflzt ePsf]5 eg]pkGof; Ij wfdf .r]k' pkGof; k̄sflzt 5 .

dxfslj nldlk; fb b]sf]f g]fnl ; flxltosf Ij /f6] k̄tef xb]xg] g]fnl ; jR5Gbtfjfb sf]owf/fsf cflb, d]b / cGto klg xg]. jf: t]df pgl cfk]g]lunf0{xf]g / cfpbf]lunf0{af6f]b]yfpg ; Sg]dxfg]JolQrtj xg]. g]fnl sf]onf0{r/df]sif]f k̄ofpg] >Φ pg]f hf]5 lsgls 5Gb]4 dxfsf]osf]llj lzi6td:j̄k :zfsGtn' xf]eg]pgsf].k̄dy; ' dxfsf]o uB dxfsf]osf]p]s[6 klxrfg xf]. clxn] Dd klg dxfslj nldlk; fb b]sf]fsf] dxfsf]osf]/tf ; j̄l]r /xʃf]k̄ltl xG5 . o:tf dxfg] ; j̄fsf]lgwg %) j ifs} pd]df Ij=#!^ efb]@ (df kzkl t cfo]f6df ePsf]lyof].



:j gfdwGo zJf/fh zDdf{/JdlHo\$} ; a||fkt hlj grl/q

☞ tHM sJ/L zDdf{pkfll ofo kfBjh

k/d kHo u?Ho\$]kIj q krlnt gfd xf] >l zJf/fh zDdf{/Jdl . pxflsf]lrgfsf]gfd eg]cgGtrGb] /Jdl eGg]yfx ePsf]5 . cfk]gfd cgGtrGb]eGg]eP klg pxflsf]of]gfd dg k/J 5 /]t/ Tof]sf/0frflx]yfx xf] ; sJ . zJf/fh eGg]gfd eg]>l u?j/n]cfk]b]/fVgePsf]xf]/].

pxflsf]hGd lJ= #! (#) / lgwg @)\$ eGg]yfx ePsf]5 . Ij zJgfyk/]L sfzldf g} Izlff-wd]f:qdf cfrfo{ k/liff klyd >Jfldf klyd, ; flxTo-sfotly{sns0f_klyd >Jfldf klyd, :j tGq clbog, jBjofs/0f, jBfQ, if8bzg, cfoj]tq ; aUlt, Oltxf; , k/f0f cfib-cfib ug]Psf] kf0G5 .

IktfHo\$]gfd >l b]rGb] /Jdl ; aUltfrfo{-l; tfl/of_, bfh]Ho->l s]0frGb] /Jdl ; aUlt kJlof -l; tfl/of_, efo->l k0f{Gb] /Jdl, pxflsf]cfoj]fdf cfrfo{k/liff pQlof-klyd >Jfldf klyd_ ug]Psf]lyof]. o; sf ; fy]pxflsf]cfoj]fdf DaGwl 'cfjfwk0f{rGb]po' eGg]clt pkof]u u?y nJl kJsfz klg ug]Psf]5 .

vf; u/l pxflsf Iktf>l b]rGb] /JdlHo]Tolt aJhsf agf/; -sfzLsf]cltk]sf08 Pj +k]; 4 ; aUltlj b] >l kGgfnfnHoäf6 l; tf/df pRrt d Izlff kJkt ug]Psf]h]kGgfnfn 3/fgfsf Izlff vns sxnfpoxGyof]. pxflsf tlg efo 5f]fd]b]h]f 5f]f s]0frGb]Ho\$]f 5f]fx_>l ; tlzrGb] dflxnf dxJrGb] / hublZrGb]xg] sfg5f 5f]f k0f{Gb]sf 5f]fx_ cd/JrGb] 8f]bg]JrGb]xg]t/ dflxnf 5f]f u?>l zJf/fhsf eg]sg}; Gtfg 5ggl/t/ klg pxflsf]cfk]gfd Izionf0{g]cfk]gfd ; Gtfg dfgxG5 . To; b|6n]xJpfpxflsf cgft ; Gtfg -5f]f_ 5g] sIt xf]sIt cgft 5 .

pxflsf c; aVo Iziox]df ; aUlt Pj +cfoj]tksf lj Bfyl]s]u0fgf ; os8f]gbf a9l 5g].

b]rGb] u?sf dflxnf 5f]f -cgGtrGb] cyff]zJf/fh u? klg cIt dl7f]; tf/ ahfpoxGyof]. t/ pxflsf]s; Jf0{klg l; tf/ ahfpox l; sfpgkflx ePg . sf/0f pxflsf]kl/jf/ lg/fldif cyff]zfsfx/L ePsfh]; tf/sf]kbf{ aJlg]wfuf]f]z]kdf / tanfsf]bj }bfoffaoff u/l hf]l z]kdf /xg]7f] -bfbf_, wfdf -afoff df dflyNnf]yfk efudf af]fsf]5fnfsf]3f]xg]/ To; nf0{c8bfpg]lkQfsf]8f]l klg af]fsf]5fnfsf]lkQf kpf]xg]xgfn] g]To; nf0{ahfpoxGyof]t/ slxn]fxf]5fqx]sf]cg]f]df eg] ahfpoxGyof]. ahfpox]v08df eg]clt dl7f]u/l ahfpoxGyof].

pxflsf w]z]zion]h:t]pxflsf ; aJelthf cyff]bfh's]0frGb] /Jdl / efo k0f{Gb] /Jdl sf 5f]fx_ n]zJf/fh u?af6]z]lff blff, cg]f; g/ p]ts]6tf kJkt u/]f xg]. pxflsf]g}pglx]sf]z]lff vr{tyf Jooef/ ; DkGg u/fpg]Psf]xf].

9f]f6f]h lgjf; l dflxnf u?Ho" a8fu? xJf/fh kf08f]sf sf]5f efo sf]5f u?sf 5f]fx_ n]/ u]wf/f lgjf; l dflxnf k/]f]xt tyf sf]5f k/]f]xt / afg]j / lgjf; l h]f k/]f]xtsf 5f]fx_ n]klg u? zJf/fhaf6 Izlff kJkt u/]f xg].

u? zJf/fh zDdf{/JdlHo]cfk]b]3/df ..zJf lj Bf>d z]ksf]lghl lj Bf>d sfod u/] laxfg !! ah]b]v @ ah]Dd / aJsl % ah]b]v ^,& ah]Dd lgMzNs Izlff lbg]ug]Gyof].

klxn]klxn]gf/fo0flx6l /fhb/af/ kl/ ; /eq}: yfk]gf ePsf]gf/fo0flx6l kf7zfnfdf / kl5 /fglkf]y/lsf]klZrdklS af6f]kf]sf]nfdf]3/df dflyNnf]tnfdf c aJhl k9f0 xg]-yfkfynlsf]bj]zdz]n]: yfk]gf u/]f]xgfn]b/af/ xf0:sh gfd ePsf]pQm/fglkf]y/lkf/ :yfg]t/0f ul/Psf]b/af/ xf0:shsf s]lff rNg]Joj:yf eP/ ; x tNnf tnfdf ; s]t]sf]s]lff ; ~rfng eP]5b] . pQm b/af/ xf0:sh @))& ; fnkl5 efg'df]b]olds lj Bfnodf kl/0ft eof]. pQm /fglkf]y/l kf7zfnfdf @))& ; fnsf]

kl/j t@cl3b]v xfn; Dd klg ; f]/fglkf]v/l[sf] ; /sf/l kf7zfnf @):@@
hgf l]leG l]ifosf u?x]n]k9f]Psf l]Bfyl]k], klydf k/liffsf]rf/ j if{
/ d\l]bdfk15 pQ/ d\l]bdfs]rf/ j if{[5 oxflsf]6]6 k/liffh:tf]rfy]v08sf]
k/liff pQl0f{u/l, lsgeg]oxff /fglkf]v/l kf7zfnfdf j \b, j \b\ft, gofo,
; fa^Vooft, Hofltif cflbsf]cfrfo\\$f]klyd, latlo / cl\td t\llo j if{ Ddsf]
k9f0 ul/g]eP klg df\otf eg]pQ/d\l]bdfs]rfy]j if{f]6]6 k/liff; Ddsf]
dfq ePsf]pQ/ d\l]bdfs]k\if0gn cyf\ cl\td k/liff agf/; uP/}
lbgkg]ePsf]k9f0 oxl /fglkf]v/l kf7zfnfdf eP klg pQ/d\l]bdfs]
k\if0gn -cl\td k/liff_sf ; fy}zf:ql, cfrfo\\$f tlgtlg s\lff u/l ^ j if{f]
k/liff sfz]jf/f0f; ls]sjlg; sn]h eG]; #yfaf6]kf; x\gkg]god joj :yf
lyof].

To; }l; nl; nfdf ; f]/fglkf\y/l\sf ; /sf/l lzlfs @)÷@@ u?x\x{n]
k9fp\sf l\j Bfyl\x{c} x/\\$ j if{\a9ldf !) hgf; \Dd 36ldf %,^ hgfdfq agf/; df
hfr lbg h\g[y]eg]xfdf k/d k\Ho>l z\ff/fh u?Ho"Ps}hgfn]k9fp\sf
l\j le\g l\j ifosf 5fqx\x{c} x/\\$ j if{\\$) hgfb\l\y %)÷^) hgf; \Dd agf/; uP/
hfr lbg[y]/ ((!)) kltzt pQl0f{x\g[y]. To; }x\bf agf/; -sfzL_sf]
l\j åfg\l\zf\sf Pj +5fq ju\\$f alrdf >l z\ff/fh /l\dlHo\\$f]c\l\ot 7hf]
klefj , cfb/ / cfbz{\lyof]. ; j\q k\z\+f / lgM:jfy{\;}]fsf]k\rf/ x\g[yof].

>l zif/fh u? cToft pbf/ lrQj|Qsf clt ; /n :jefjsf /
lj Bfyl{nf0{cfkjh}cf}; ; Gtfgnf0{eGbf klg a9l jft; No ejn]oj xf/
ug]cleefjssf] {kdf kl; 4 xbgxGyof]. agf/; df k/liff lbg uPsf
5fq; u; u)a:g] Pp6}efg; fdf tof/ ePsf]effhg ug] laxfg-ahlsf klg
lj Bfyl{nf0{k/liffdf lgwfr/t kf7bk:tssf ; fy}cGo lj ifosf]tof/ldf
klg lj zif ; xofu ug]s/fdf cToft wofg lbg]ug]Gyof]. 5fqx{nf0{
la/fdl kbf{ftlbgi ; }f ug]fq xf0g cfjzos k/]cfly\$; xofu; Dd klg
h6fp/ ; }f; xofu ug]Gyof].

csf{sf/f; ; #s[t efifdf n]vPsf u]yx{sf]; /n /; bfy 6lsf
n]y] k:ts k]sflzt u/] ; xofu ug[d] ug[GYof]. x]bf{bAnf]kftnf]
Ps; /f]5l/tf]lhp8fn eP klg u? lgs)alnof]xg]xGyof]. lj Bfy{sf
ef/ltf/l; d] p7f0{af\$]; d] ; xofu ug[GYof].

pxfhf0{d u? xf d l j åfg\xfeGg]cx^lsf/ sIQ lyPg . lj Bfylk\z nfo{ t slxn]klg xfdl u?; u a; \f 5f]s cfk\z)hGdbtf lktfHo\z ; fydf 5f] eGg]s\lxNo)So)k\z/s nflb\yof]. a8f]/df0nf] fy cToft cfldlosf ; fy s\fsfgl, Joj xf/ ug\xbf\fn g} lj Bfylk\z klg j xf; u lagf; ^lsf] enbfldGy].

csf{sf/f, pxff cToft ; /n :j ejf sf xb' ePsfh] xfdl Ij Bfylx{
pxff l u cToft glhs eP/ klg s/f uYofT xfdln] slxn\$fxlf cToft
uDel/ / pxffsf JolQmut hlj gsf af/ff klg lh1f; f /fVYofT/ pxfh]
slxNo} klg To; nf0{ cGoyf {kdf IngkGy}, emsf{ dfGgkGy}, ufnl
ugkGy}. vfnl xff, } plrt ; Nnfx / ; bkbz lbgkGyof].

ca csf[k; ^udf s/f u/f] pxf[sf]3/df lrof vfg]rng lyPg .
u?nf0{uf0\$]bf cTof t dg kYof]. To; }xgf[n]g}xf]hf b]l 36gf egf]S
; eflusf]s/f xf] o; }egg ; lsgg . pxf[sf]3/ gS; fndf of]f 7hf]bf/
u/\$l ;]l uf0{ly0g]. AofPsf]\$,% jif{ Dd klg bw lbglyg]. af5faf5l
; u}yPgg] t/ klg ; w]laxfg-a]hsf c66 bw lbglyg]. cln w]3ff, sBf]
vfg kfPsf a]hfdt @ dfgf; Dd klg bw lbglyg] eg]clns sd cfxf/f
kfPsf]a]hfdt klg Ps, 89 dfgf bw lbg 66fpGglyg]. k?if xf]) dlxnf
xf]) ls t s]fs]ln]bx]klg xGyof]. rkrfk bw lbglyg]. I; ^n]xf]g
vfl]g] nftn]xf]g] vfl]q]s]kl ulb]glyg].

s:tf]crDdsf]s'f

cem csf{JolQmut k; ^usf]rrrf{u/fb}

u?sf bfhef0sf ; Gtfgx₂, 5f]f5f]lx₂ eP klg :j o+>l zif/fh
u?sf eg]sb]5f]f5f]l lyPgg]. u? lgM Gtfg ePsf s/f u?sf 3/df /
afly/l_t/ Pj +?nf0{e3f6 ug{cfpg]sb]yloQm]klg To:tf]s/f sf]bfpg]
/ s]l rrrf{ubgy]. t/, xfdl l_j Bfyl{eg]u?n]ctoft :gx / dfof ug{Psfh]
g]xfhf slxn]fxlfnf8]kIN6P/ u?; u eGg]uYof]klg, au?b] xh/sf
; Gtfg ePgg]lsg xfhf < u?sl xfnsl wd]Tgl cyff] xfdl u?dfa6
; Gtfg, 5f]l5f]l ePgg) hGd]g]. To; sf/0f u?n]csf]l j fx ug{kof].
Totfklsaf6 eg]; Gtfg xfy]ls lsg rk nfu] a:gePsf]xf]<E w]h; f]

a]fdf t u? s]l eGgkGgYof]. lj Bfyl{ l u /; fpg] ufnl ug{lugkGgYof]. s]n xf] 6fl/lbgkGgYof]. slxn]fxlFeg]xfdl]n]cToGt u]offeg]eGgkGgYof] ax]nf6f xf]. ltdlx] s:tf n eg, cfk]f u?df dfly klg ; f]f xfNg]s/f ug]. dnf0{klg ePs}5, ltd] u?dfnf0{klg ePs}5 . xfdl bj]hfo{ePk]5 d]lsg csf]laxf ug] clg lsg ltd]u?dfn]; f]fsf] /l; /fu ax]fgk] eg t .

tklg xfdl lj Bfyl{eg]rk nfUb]Yof] a/fa/ o; f]Psf]t eof] df]sf kf]of]eg]s/f p7f0xNof].

xfdl lj Bfyl{ n w]h; f]to]Pp6}s/f p7f0/xg]eg]s csf]z]bdf lk/f]n/xg]ePsf]en]nfu] xf]s of]k; ^unf0{ca pk]f t p7g]gk]pg] u/l ; dfk]t]ul/lbgsf lgldQ u?n]u?dfnf0{klg bf]g gnflg]u/l eGgeof] ax] lj Bfyl{ o; lj ifodf xfdln]klg rf; f]/fv]sf xf] pkfo ug{vf]h]sf xf]. 8fS6/l hfr ubf]td] u?dfsf]sf/0fn]; Gtfg gePsf]xf]g, ltd] u? d z]f/fhs}zf/l/s ; Argfaf6 ; Gtfg xg g; s]f] / elj iodf klg sg] pkfo-pkrf/af6 ; Gtfg xg]sg]; Defj gf 5g] eGg]lgisif{lg:s]f]d]n] cs]klg lax]u/]klg clg t ltdlx]s]cg/f]cg] f/ ltd] u?dfdfly ; f]f xfn]klg s]kn]0bf lg:sg]eof]t < nf]eg, o; /l Pp6)yf]nf]f b0cf]f g]nf]nfP/ s]sf < kfl/j fl/s c; Gtfg, snx lg]t ofpgh:tf]ePg < csf]s/f, ab0f]sf]k]f, s]f k; l/f]f eg]h:tf]xf]g / Eeg] gl/; f0sg, gen]sg a8f]w]o{; ed / csf]6b ts]lbp/ xfdl cg]ej xl] x7l lj Bfyl{sf] d]vdf 7hf]ahf]sf]rlbg]eof].

o; /l Tof]k; ^u ;]f0xNof]. kn]lkn] p7g]s/]ePg .

o; tf] lg]k, lg/ledfg, pbf/ :je]sf wgl xgkGgYof] xfd] k/d cf/b0f]o cgkd, cfbz]rl/q u?b] >l z]f/fh, pxf]t xfdl ; w]gtd:ts 5f]. w]k; ^u 5g) s]t nVg]/ tl ; a}; d]g t hl]grl/q g]n]g knf{ ox]f]j >fd u/f].

lj z]f b]6jo M

>l kHokfb u?b]sf]hGdldt, ltyaf/]xktf]; Dks{/ k]t]lff ubf]klg s]l pknl]w xg ; s] . To; h]ubf{cfk]g]k]f]g]; Dks{ qsf]cfwf/

Ingk]of]. ; Dengfsf]e/ kg{k/sf]h]s]l cl3kl5, 56k6 ePsf]eP Ifdf kf]l{5'.

>l u?j / z]f/fhHo]f lktfHo" l cyff]b]rGb]/qdl; l d]f lktfHo]h l; tf/j fbgsf]lzlff Ing]ePsf]lyof]. labfsf]lbg / k]f qsf]a]f 3/df c]of; klg ug]GgYof]. Pp6f k]f]g]9a]usf]/ kbf{tndfly ; fl//fVgkg] /fucg] f/sf]7hf]l; tf/ lyof]t/ d]h]pxfsf]bz]g kf0gf. d z]f/fh, u?Ho]xfk9g hf]bf pxfsf dftf]ktfsf]:ju]f; e} s]f]yof].

d]f kHo lktfHo" ; /bf/ >l ; f]bo]s]z/lsf rf/ >ltdlx]d]b] sf]5lkl]sa]6 d]f]h]d ePsf]xf]. d]f h]l / ; flxn]kl]s ; Gtfg ePg5g]. s]n df]nxn]kl]s ! 5f]fdfq h]d]geP5 . pxfsf]k; 4 gfd axfb] bf0 eGg]xf]t/ pxfsf]c; nl gfd cg]a]us]z/l kf]h xf]. pxf]k; d]l dftf; l lktfHo]f]lj j fx xg]ebf cufl8 g]cs]3/df a:g]ug]GgYof]. To; s]f/0fn] xf]s kHo lktfHo]f]pd] %) j if{ku]k]5 dfq h]d ePsf]w]s/f yfxf xg ; s] . ; Dengfsf]cfwf/df s/f ubf{ of]@)^^ lj = d]f d]f]pd] (\$ j if{s]f]ePsf]/ To; cg] f/ lj = +!(&@ ; fn sfod xg cfp5 . To; sf] klg %) j if{cl3 eg]!(@@ lj = kg{cfp5 . o; /l d]f lktfHo]f]h]d; fn !(@@ x]5 . z]f/fh u?Ho]eg]d]f lktf]ebf 7ls !) j if{sf]5f xg]ePsf]n] p0m]j = +!(@@ af6 !) j if{36fpbf lj = +!(@@ ; fn xg cfp5]b]V65 . o; /l df]fdf]l lx; fa ubf{lj = +@)\$\$; fnaf6 !(#@ 36fpbf pxfsf]hl]gsfn !!@ j if{xf]b]V65 . xfn; fnsf]@)^^ af6 @)\$\$ 36fP @@ j if{hf]bf !#\$ j if{xg cfp5]b]V65 . >l u? z]f/fhHo]f ; b:ox] ; l ; Dks{eP klg u?sf]pbo -h]d / c]t -:juf{f]0f_sf]hfsf/l /fVg ; lsPg . vfnl cfk]g]; Dengfsf]e/df n]Vpsf]56k6, 36la9l ePsf] eP >l kHo u? / c]o ; a); Hhg j u] ; l fdf kf]l{5'.



sljj / dfwj l3ld/]

☞ blufk | fb gkfn

!= kl/ro

dfwj l3ld/] gkfnl ; flxTosf lj lzi6 kltcf xgl. pgn] slj tf, sflo, ult / ulltgef6s nyl gkfnl ; flxTos huthf0{df5fkR5}cUnf] / u08slen] ; hgzln agfPsf 5gl. u08sl c-rnh:tf] kfsits ; fbo\$]ckf/ e08f/df hGd] a9] x5f l3ld/]gkfnldf dg 5gl]slj tf nyl gkfnl ; flxTos hutdf lj lzi6 klxrgf agfPsf 5gl.

dfwj l3ld/\$f hGd lj= +!(&^ c; fjh & ut]ndh^a lhNnsf] k:tg efg]ufpbf ePsf]lyof]. pgl uf]z^ls / bjkbl l3ld/\$f ; kq xgl. ; fdfls l; fg kl/jf/df hGd] a9] x5f l3ld/\$f]afNosfn Tolt ; Vb /xj . pgn]c9f0{j if\$}pd]df dftlj of]sf]s 7f] ahkft ; xgk]of]. pgsf af Hofbfh; f]hu/fn\$df uf0{f} /fvl a:g]ePsf]pgn]afNosfnf oy]6 lktddtf klg kfPgg]. pgn] 7hf] aafsf] vksl a]f] ; Vb afNosfnf0{cfMfel/ cff 'e/] latfpkg]of]. olt xbfxb]klg xh'/cfdfsf] ckf/ :g] / dgrhl-d:of]b]sf]; Gb/ kfsits sfv pgnf0{k]kt eof]. oxL kfl/jfl/s / kfsits jftfj/0fn]l3ld/]hf0{ ; hgzln xbo ePsf] ; fbo]sf] slj agfot].

dfwj l3ld/]kfr j if\$]pd]af6 c]bog ; ? u/\$f xgl. Tolt a]f]sf]; fdflhs rncg]f/ l3ld/\$f]lzfbliff ; s]t u]yx]af6 ; ? eof]. pgn]:bluf\$]r' / .r08l' k9]. pgn]b/f8fBfdf cfP/ Hof]tif k9]. vbla]sf]kf7zfnfdf /x] pgn]:n3sf]bl' ; /3j z' / .xtf]b]z' k9]. pgn]; s]t k]fg kf7zfnfdf a;]'.d]bsf]bl' / .3j z' k9]. pgl k9f0df clan bhf]sf lyP . pgn]agf/; sf]lsj G; sn]haf6 ; jbzg] lj ifodf zf:ql klyd >fldf pQl0f{u/]. pgn]oxfegf a9l cf]rfl/s lzlf InPsf]

b]vb] ; s]t ; flxTo / bz]sf]ulx/f]c]bogn]l3ld/]hf0{hljghut]sf] ; l'd]kn]ulx/f0 klxNofpg]bz]xpoof 3fh] ; a]\$]dg 5g]; Gb/ slj tf nyl] ; hgzln slj agfot].

dfwj l3ld/]b0{6f lax]u/\$f 5gl. b0{lax]pgsf]/x/ xf]g af]btf xf]. pgsf klxnl ktgl uf]xgl xgl. pgl @))\$; fnfd nf]ss ; f/af6 labf e0gl. pgsf zfl]t / sfl]t gfdsf b0{5f]l 5gl. pgsf bf] ktgl dxfsfnl l3ld/]xgl. pgsf d-h' piff, ls/0f / Hof]t gfdsf rf/ 5f]l clg 0gb] / /fhlj b0{5f]f u/l 5 ; tfg 5gl. l3ld/\$f b0{k]t]glaf6 cf7 ; tfg /x]\$f 5gl. xfb]s slj l3ld/]b0{k]t]glaf6 klt / cf7 ; tfgsf lktf /x/n]geP/ af]btfn]ePsf xgl. ; hgzln gf/lxposf]kl/rfos xf]. kfsits tj/n]lj sf; ePsf]; hgzln gf/lu0f xf]. o:tf]u0f ePsf k?ifx]w] 5f]lsf lktf / clan bhf]sf slj x5gl. ge]b]l3ld/]gf/ldg ePsf w] 5f]lsf lktf / ; hgzln slj xgl. pgsf]; hgzln xbo klxnf]ktgl uf]sf]lgwd]lj :k]f eof] / xbo 5gl]sflo 'u]f]l' hGdof]. kltcf ; xh:cgs]h jftfj/0fdf k:k]m6t xgl. k]tshtf kltcf k:k]m6t xgl cj ; / xf]. ktglj of]sf] k]tshtf g]l3ld/\$f] slj]tj zl0m lj :k]f]sf] cg]shtf lyof].

@ ; flxTos s]tx]

dfwj l3ld/\$f 8] bh]ge]bf a9l k:tsfsf/ s]t k]sflzt 5gl. pgn]lj= +!((@ af6 ; flxTos ofqf yfn\$f xgl. pgsf]klxn] /rgf ..1fgklk' -!((@_ gfdsf] slj tf xf]. of] slj tf lj= +!((@ ; fnfsf] uf]vf]qdf 5flkPsf]lyof]. ..1fgklk'af6 ; ? ePsf]pgsf]; flxTos ofqfn] cfh -@)^_ ; dd cf0k]bf nueu cf7 bzs nfdf]uf]j do ofqf k'f ul/ ; s]\$f] 5 . o; q]ddf pgsf slj tf, sflo, ult, ulltgef6s / nylga]wsf k:tsx] k]sflzt b]v5gl. pgsf k]sflzt s]tx]sf] ; Hl o; k]sf/ x]\$f]5 M

gj-h/l -slj tf; ^u]x !(((\$-

uf] -v08sflo, @)!%

kflkgl cfdf -v08sflo, @)!&

/fh]j/l -v08sfjo, @)!&
 goffgkfn -ulltsfjo, @)!#_
 3fdkfgl -afnslj tf; ^auk, @)!_)
 afnfnx/l -afnslj tf; ^auk, @)@%_
 /fi6kgdftf -v08sfjo, @)#)_
 wtlqftf -v08sfjo, @)#)
 ls̄g/ls̄g/l -ult; ^auk, @)##_
 zs̄tnf -ulltgf6s, @)#+_*
 dfntl-d^aun] -ulltgf6s, @)#+(_
 lj ifs̄of -ulltgf6s, @)%)
 czjtyfdf -ulltgf6s, @)%#_
 lxdfnkfl/ lxdfnjfl/ -ulltgf6s, @)%_
 b̄psl -ulltgf6s, @)%_
 afnsdf/l -ulltgf6s, @)^!_
 ; gk^avl r/l -afnult; ^auk, @)##_
 0cbjsdf/l -v08sfjo, @)%&_
 r̄j-j̄fv -slj tf; ^auk, @)^)_
 dgir̄t]d̄nl -n̄y/rgf; ^auk, @)%&_
 uflynl / uhwd]-v08sfjo, @)%&_
 cfk̄ngf]aff; yl cfk̄ng}ult -n̄y/lgāw; ^auk
 rf?rrf{ -n̄y/lgāw; ^auk, @)%*_
 #= ; flxltos lj z̄tf

dfwj l3ld/]k̄lnf0{lj ifoj : t' agfP/ slj tf n̄y g]xfib§ slj xg\.
 xbosf]sf̄ntf / ; j̄bgzlnfsf]; sf/flds clejolQmg]k̄ xf]. k̄lefj
 pgzf slj tfsf]k̄lv ej xf]. pgzf kfomulltslj tfx₂ k̄lefj n]el/Psf
 xg5g\.; a)dflg; nf0{k̄lk0f{joj xf/ ug{pgzf]hlj gz]l xf]/ Toxl
 z̄lnf0{slj tfsf ; flr̄fdf ej sf]9r̄f agfpg'; flxltos lj z̄tf xf].

pgsf lḡg k̄lefj ePsf slj tfds k̄lQm]pgnf0{k̄sf slj sf
 ; Hdf /fv\$]f 5g\M
 #Pp6]d6' Pp6}dd{Pp6]0zj/,
 ej / ej d̄f] k; f̄k̄sf]dlgb/ .E
 -Pp6]d6' Pp6}dd{ 'ls̄g/ls̄g/l'_
 #aj sf]ubub s07n]s; sf]lbn 5b̄j
 k̄ltsf]k̄lh gkn̄g]dh̄s sg}xb̄j .E
 -..ls̄g/ls̄g/l'af6_
 acfP/ s]o}Ct'l; l4b̄j
 nfP/ dfof d̄f'l/IQb̄j
 :jlsf/ dfq]u/ Psaf/
 ; #f/ ltd̄pclg af/af/ .E
 -./fi6kgdftf'af6_
 adf6f]hxfsf]d̄bh]5b̄j
 ToxfxI/of]ddtf xb̄j
 sf]N5 rNnf Tolt dfq kfyl
 Gofgf]ejfn]hlt ; S5 5f]kL .E
 -./fi6kgdftf'af6_
 cf0{s]o}klg g; lsg]r̄j j̄fv d]f]
 nf0{s]o}klg g; lsg]k̄lt ḡf]fv d]f].
 -j̄fv, 'r̄j̄fv'af6_

slj l3ld/]sf] k̄lefj JolQm]JolQmlrsf] cfk; l k̄lj q k̄fdf
 ; lldt 5g\ . pgzf]uf9f k̄l b̄l; t 5 . pgn]gkfn / gkfnlnf0{
 cfk̄ngf kof/f k̄tglex₂ uf]l / dxfsfnlnf0{hlQs}ulx/f]k̄l u/]f 5g\.
 pgl b̄k̄sf cd/ ufos xg\ . pgn]lxdfnl / kxf8l k̄s]tsf]u0ufg
 ufP/ gkfnl eluf]nf0{dfof u/]f 5g\eg]gkfnlx₂ nf0{/fi6kgdftf
 nf]g k̄off e/] hfltk̄l k̄s6 u/]f 5g\ . pgn]gkfnl nf]nodf /
 cgo ulltnodf ult / gf6s n̄y gkfnl ; #s]tnf0{dfof u/]f 5g\.
 pgzf sltko sltdf gkfnl 0ltxf; nf0{lj ifoj : t' agf0{/fi6kgdftf]

efj JoQm ul/Psf] 5 . pgsf bżkɒsf] ejn] lgyşs ePsf sżl
k^lQm x̄ o; ksf/ /xşf 5g\

avjh] Pʃf dñ Ps df/l
afB̄l snjh] hlt 5gl; sf/l
lanf] lnPerz/df pgj
of]/fHo afB̄g]rlh x̄ x̄ .E

-./fi6kgdfff'af6_

akxf8l engfén] jg rx'df ; DklQ axf] |
; ȳfjh] eñnsfer] xdlzv/df p̄glt /xf] |
kul] ld] df of hlt hlt nufP klg kul] |.
em̄sf] | zjhR5f of t/ crn ḡfn geñsf] |.E

-'.r̄-j ȳfv'af6_

aklh] /fdf]; ȳgef t k65l /fdf]8fk] |
df of nfpr̄egl nf0g df of a:of]cfk] |
slt /fdf]bżdf hGd]hGd]wGo nf]5
df of df/l hfp̄t st}; #f/ zGo nf]5 .E

-cfh d]f]af8Nsldf, 'lsGg/lsGg/l'af6_

acfcf]gfjh] ls/0f d'n l 6fs/fdf ahfcf]
cfdf cfk]hf/ut hgsf kf0f 5f]f hufcf]
lg:sl cfct]xdlul/ s̄f s̄b/fsf tk:jl
cfct]cfct] t?0f olusf :j kgb]6f dxlif{.E

-'sndjl/'af6_

dfwj l3ld/] dh̄tm /fi6j fbl slj x̄l. of] ; a}ḡfnln] lbPsf]
lj zj]f xf]. oltdf dfq}k lg pgsf]lj /f6l x̄o ; ll dt xb̄ . pgsf]
k̄hefj lj Zj sf df lg; x̄sf dg dgdf klg] vfn sf] 5 . pgn] eg]f]
'kltsf]kth gkmNg]dh's s̄jxb̄' efg]jfson]; #f/sf ; a}df lg; sf]
x̄o / Toxf knfpg]k̄nf0{5f]Psf] 5 . lj Zj k̄ lg pgsf slj tfsf]
lj ifoj :tut lj zj]ftf xf]. lj Zj k̄ d̄hefj ePsf pgsf sżl slj tfz
o; ksf/ /xşf 5g\

aklxnf]eñsf; l/ lxdrhl bżsf]6fs/fdf
ḡfjh]af̄sl an; l/ goffjl/sf]kf v/fdf
af̄sl cfpmgj ls/0fsf]af0f x]gfjh]fg
5f]b̄pmgj nx/n]lj Zj sf]kf0f kf0f .E

-'.gj oj s'af6_

ac0fad ca xfgl lhbufgl /x̄g
g/-/ut axf0{zflgt ; ahfjaxg
dgh dgh Ps}Pp6]b̄p xfdf]
s̄g t/x agfcf]j Zj ; #f/ /fdf].E

-..lj Zj aGwTj 'af6_

dfwj l3ld/]; sf/flds ; f̄ / cfzfj fbsf slj x̄l. pgsf]jolQm̄j
; sf/flds p̄hff]el/Psf]5, pgsf ; qdo jf0f p̄t; fxn]el/k0f{5g].
pgsf slj tf cfzfsf r̄b̄p̄df x̄l. pgsf]x̄bo bof, df of, k̄, s?0ff,
; b̄efj ; xfgel'th:tf ; sf/flds efjn]el/Psf]5 .

pgsf s̄j}k lg slj t fdf s07f / lg/fzf ej 5ḡl. pgl df5fkR5sf]
k̄p̄df a;] p̄t; fx / cfzf usp̄b̄ḡl. pgl ; ahf0{sżl ug{k]/t u5ḡl.
pgsf]jR5Gb dg ; w̄cfzfsf]aff 'l ahfp/ 5d5d gfRg rfxG5 . pgsf
kf0m̄slj tf o:t}ejn]cfk]t ePsf x̄5ḡl. pgsf cfzf ehefj ePsf
slj tfsf 6s8f o; k̄sf/ /xşf 5g\

atf/f/lt lgbfp̄g em/l df ?̄g 0lgbgl

5 ; fx; Itdlleq r̄ls cfk]Qd}k lg .E

-'ufnl ub̄ ; f/ l'af6_

ȝfB̄fsfB̄f jg rp/df 3fd nful /x̄f
nfv]f]nfv]f; l/ bMvdf nf]s nful /x̄f
l5Mofajhf ga; 3/df, lg:s cfn:o k̄fnl
x̄tgb̄l p̄7 g klyjl tl g laQf prfnl .E

-'.gj oj s'af6_

æfønf knylsg ; don]3fp ; f/f kl/G5gl
dfyl cf0{dwk j gdf ; Gtnfdf wl/G5gl
S:t/ln]lul/jg 3dl vff5 cflkg}; uGw
xGgl sNo)s; d j gdf k/ltsf ult aGb .

-..j žfv'af6_

ædfc5jh]cfb]s]xGg, rGbdf klg e/J6C5
ceful /yf lgwf/sf]k; lgf k5l d/J6C5
; fx; l hxffpleG5 wtl\$]Toxl dfem]xf]
ef]h / ef]h gegl sfdl ug]ahf cfh}xf].

-; fx; l hxffpleG5, ..lsGg/lsGg/l'af6_

dfwj l3ld/]sNof0fsf]efj gf ePsf slj xG. pgsf slj tfx; csf\$]enf]lrtfp/ n]vPsf xG5gl. pgl ; a)g]fnln]; v kfPsf]b]Vg rfxG5gl. To; df klg vf; u/l ; a)g]fnlnf0{vfgf, gfgf / 5fgf kUbf ; fx} v; l xg]slj xG. pgl vf; df k/f]sf/L efj gf vrfvr ePsf slj xG. o:tf slj nf0{fhglt ld; fP; ; dfnf]gf ug}; dfnf]sn]kultjfb slj eG5gl. l3ld/]lj z'4 slj xG. pgmfo{o:tf zAbhfn la5bfP/ kl/ro u/fpg cfj Zos 5g. pgl cgf]rfl/s 5gl. pgmfo{cf]rfl/stf Hofbf lbP/ :j R5Gbtfj fbl-kl/isf/j fbl slj elg/xg' klg kb. pgl :j R5 dgsf :j:y slj xg/clg cfgGbko{; f]bo\$]f slj xG. pgsf o:tf ej ePsf s]l slj tfz o; k]f / x]f 5g\W

æNnf]3/sf]w/la6 wffcf'sf]5g

djh]vf0{s}; f/ eof] ef0n]vf'sf]5g

S:tf]xGof]Ps uff ; a]f0{klu

d]f]bn bV5 xh', ef0sf]bn bV].

-.:olt wf\$]af6_

æc]nf0{5nl cufl8 a9g'pGgt xf]g
bM]sf]d ; f] ; flg'; DkIQ xf]g
ldn] aGw'a; f]f ; f/f afB] vfpbf
kv{x}; fyl d klg cfPf; u; U]hfpbf .

-'.Pp6}tf/f tfs]af6_

æf]f 5glha bfhef0 o; /l vfp/ kf]s]eof]
gf]uf 5glha 0i6ldq o; /l nfp/ kf]s]eof]
v}pNnf; sxff5 of]g oxffcfP/ kf]s]eof]
dbff]No 5 lhbul ha oxffaff] kf]s]eof].

-'.ef]f 5glha bfhef0'af6_

dfwj l3ld/]lj Gbdf l; Gw\$]efj c6fp/ slj tf n]Vg]dxfg\lZNkl xG. pgn]; fgf t/ uxlsnf k:ts n]y\$]f 5gl. pgsf ult, slj tf, ulltgef6s, eldsf cflb ; fgf xG5g] 5f]f xG5g]t/ lj/f6]efj -lj rf/ ePsf xG5g]. pgn]'sfnlu08sl' eGg]slj tfdf cfk]gf sfjos[t; DaGwL o:tf] dfgotf JoQm u/\$]f 5gl-

ædf]f]lZNkl o; zsndf :j:y cfsf/ b]pm
of]; fgf]; /n s]tdf k0f{; #f/ b]pm].

o; slj tf]ds egf0l; t d]h vfg]vfnf pgsf /rgfx; 5gl. pgsf lnlvt uB jf kB k^10m ; lQndo xG5gl. pgl ufu/df ; fu/ eg] s]n slj xG. pbfx/0fsf nflu tnsf ; lQndo slj tf]nf0{lng ; lsG5-

æ9e]f]sf]sfk kn]] klg pd]f5 kln
l; hgf-zlQm ; #f/df s]No}xb] jknn .

-..kflkgl cfdf'af6_

ædfc5jh]gsf6 b]M; vsf]of]; klg of]l0f
; f/f ; l]6 l; Ef5{0Gb]wg\$]f]of]; klg of]l0f .

-./fh]j /l'af6_

dfwj l3ld/]hglhefdf leh\$]f]nf\$]efifdf ; flxTo-l; hgf ug]; h\$ xG. pgn]nf\$]no / zf:qlo no9fffdf cf]Vl /fdf slj tf n]y\$]f 5gl. pgsf zf:qlo 5Gbfs slj tf nf\$]noen; xh / u]xb 5gl. pgn]l; s]\$] agfj 6l efifdf s; /t u/] slj tf n]y\$]f 5gl. pgn]xbodf ; xh,kdf au\$]f]efifdf slj tf n]y\$]f 5gl. pgsf slj tfsf]efif ; xh / dg 5g] 5 . kB slj tf; d]t uBh:tf]; xh 9a]un]n]Vg' pgsf]xbosf]efifdf zlQm xf]. pgsf slj tfsf efifdf gfdkbsf]afxNo geP/ lj z]f0f /

lqmfij zjf0fsf]el8ef8 5 . k̄m:j̄k slj tfsf]efiffn]ulx/f]efj JoQm u/\$f]5 . pgsf slj tf clewf cyf clybg]. pgsf slj tfsf]r/f] s/f]klxNofpg Jo~hgfsf txdf klgk5{. ksltsf]lrq0fsf dflbdaf6 hljgsf]lrq0f ug{pgsf slj tfsf]lj ziftf xf].

\$=ofubfg

sljj / dfwj l3ld/\$f]gkfnl ; flxTosf lfdf lj lzi6 ofubfg /x\$f] 5 . lgZro g}l3ld/]gkfnl ; flxTosf dxfg] x:tl xgl . pgn]gkfnl ; flxTosf]:t/nf0{u0fftds j̄kdf cufl8 a9fpqdf lgs}7hf]ofubfg lbPsf 5gl . pgn]slj tf, sflo, ult / ulltgef6sssf dflbdaf6 gkfnl ; flxTosf]:t/j]4df ofubfg k̄ofPsf 5gl .

dfwj l3ld/h] zf:qlo 5gbh:tf] sl7g slj tflts zjhlnf0{ nf\$no; dfg ; /n agf0{oxl ; /n 5gbf]o zjldf slj tf nyl gkfnl hfltsf]dg lhhtsf]5gl . lzlfssf]/fd]lj sf; ge0; s\$f]fli6o kl/jzdf nygfy kf8bfnsf tT; d zAbsf]afxNo ePsf zf:qlo 5gbf bfz]gs slj tf aeh]Nofst Hofb}sd gkfnldf lyof]. nldlk; fb b]sf]fn] lj/f6]efj nf0{j/f6]efifffsf dflbdaf6 ny]sf slj tf ; a)gkfnlsf al4sf kxhdf /xjgl . b]sf]fsf]'.dbfdbg' Hofb}; /n / gkfnl dg ; xfbfbf lyof]. b]sf]fn]'.dbfdbg' afx]c j̄s fljoslt of]zjhldf ny]gg]. xbosf]efifffdf lj Zjf; ug{l3ld/h]gkfnl df65]hf0{'.dbfdbg' h:tf] ; /n efifffdf n]vPsf]s[t ?lrk0f{xg]; To klxrfg u/l To; }9ffrfdf slj tf ny] ult ny] ulltgef6s ny]. pgn]zf:qlo 5gbnf0{klg nf\$noen]; xh kf/l fljoslt ny]. ; lhnf]zjhldf /l; nf]efj df n]vPsf pgsf fljoslt]gkfnlsf]dg lhTof]. df65]slj tf-sflolt/ tflgP . zf:qlo 5gbn]7hf]df6otf kf0f]. df65]sf]dVdf slj tfsf ; lQm k̄a lQm emG8P . of]dfwj l3ld/\$f]Pp6f dx]ej k0f{ofubfg xf]. jf:tj df nf\$sf]9595lnf0{glhsb]v 5fd] ; flxTol; hgf u/l gkfnlsf] dg lhTg'l3ld/\$f]vf; ofubfg xf].

dfwj l3ld/\$f]csf]ofubfg eg]sf]kf7ssf]zf]0f gxg]; flxTos s[tsf]l; hgf ug{klg xf]. pgn]; fgf t/ ubl ePsf s[t ny]sf 5gl . pgsf k̄ts dxuf 5gl . tl k̄ts ; a]sf cfly] kxhdf 5gl . pgsf

lstdfa v1/b u/] k9g]hf]f]ln]cfly] zjf]0fsf]dx; ' ubg . pgsf lstdfa ; dosf]zf]0f ug]vfnf klg 5gl . ubl s/f]s]l gePsf df]f3f6f lstdfax] ; flxTos ahf/df au]tl 5gl . tl lstdfasf]dNo klg df]5gl . k9g klg w]; do nf05 . af]4s pknlAw s]l xbgl . To:tf lstdfan]k} f / ; do bj]sf]zf]0f ul//x]sf 5gl . o:tf]; flxTos ahf/df l3ld/\$f lstdfa ; fgf 5gl ; /n 5g]clg ubl ePsf 5gl . k9g nfdf]a; f0 a:gkbgl . yf]; do k9]w]1fg kf0g]lstdfa ny]l l3ld/h]kf7snf0{ 7hf]Gofu u/\$f 5gl . of]pket]nf]fbl bl]6n]xf]gkfnl ; flxTosf lfdf pNn]yo ofubfg bl]M65 . pgl Pp6f klg gfnfoss ; flxTos ; Gtfg ghGdfpg] gkfnl ; flxTosf dxfg] ; fws xg] u0fftds s]tdfq n]g]; h\$ xg].

dfwj l3ld/h] cgt/f]6o:t/sf] gf6s ny]l gkfnl ; flxTonf0{ cgt/f]6o hut] Dd k̄of0{7hf]ofubfg k̄ofPsf 5gl . pgsf]c]zj tyfdf] o:tf]gf6bs]t xf]h; n]g]f] k̄:sf/ bfafsf nflu gj]Dd klg]c] ; / kf0f]. of]gkfnl ; flxTosf nflu 7hf]kf]kt xf]. o:tf]cdNo s]t lbP/ gkfnl ; flxTonf0{cg]t/f]6o:t/df k̄ofpg]l3ld/\$f]ofubfg lgZro g} l]lzi6 5 .

%=dfg; Ddfg / k̄:sf/

dfwj l3ld/h]cfk]g]nueu cf7 bzs nfdf]; flxTos ofqfqnddf yk]dfg; Ddfg / k̄:sf/ kfPsf 5gl . pgn]k]kt u/\$f dfg; Ddfg / k̄:sf/ eg]sf u0fftds ; flxTos ofubfgsf]sb/ g]xf]. pgn]k]kt u/\$f dfg; Ddfg / k̄:sf/sf]; M o; k]sf/sf]/x]sf]5-

-s_ dfg; Ddfg

- Ps]f]l l]lzi6 kbs - @)@@
- uf]vf bl]f0fafx'latlo - @)#@
- uf]vf bl]f0fafx'k]yd - @)%^
- gkfnl ; flxTo kl/ifb] a]fotaf/f cleg]bg
- gkfnl ; flxTo ; dfh, cd]sfaf6 cleg]bg
- cd]sf-gkfn k]8l; k ; f] f06l, cd]sfaf6 cleg]bg
- /fi6]sj sf]; Ddfg, @)^) .

-v_ k':sf/

- lqejg k|1fk':sf/, @)##
- ; ltf/fd ; flxTo k':sf/, @)%!
- cflbslj efgēQm k':sf/, @)%@
- ; fenf k':sf/, @)%% / @)%*
- ekfndfgl; ✗ sfsl{k|1f k':sf/, @)%^
- j ; Gw/f>l k':sf/, @)%&
- /fli6o k|tef k':sf/, @)%(. .

^=pk; xf/

dfwj l3ld/] g|kfnl ; flxTosf dx{ej k0f{k|tef xg\}. pgn] lj= + !((@ b]v xfn -@)^_ ; Ddsf]ku-gku cf7 bzS nfdf]; lqmo ; flxTos ofqfqnddf klu-gku b0{bhg k|tsfsf/ s|tx_ l; hgf u/l g|kfnl ; flxTosf] slj tf, sflo, ult / ulltgefssf lf|qdf nldlk; fb b] sf|fk15 lj lzi6 ofybgf k|ofPsf 5g\. pgf] ; flxTos ofybgf] b|zlj b|zaf6 prr dNof^sg e0/x\$] 5 . pgn] g|kfnl 5gbslj tfsf] ulj f|f] g|t]j k|bfg ul//x\$] 5g\. slj tfdo h|lj gsf wgl l3ld/] g|kfnl dk' / df6fdf ouou; Dd ch/fd /xg]k|tef xg\.

; Gbeqfjy

- != dfwj l3ld/] lsGg/lsGg/l, @)^), ; fenf k|sfzg
 @= dfwj l3ld/] r]-j]fv, @)^), ; fenf k|sfzg
 #= dfwj l3ld/] uf], @)%\$; fenf k|sfzg
 \$= dfwj l3ld/] rf?rrf{ @)%*, ; fenf k|sfzg
 %= dfwj l3ld/] kflkgl cfdf, @)%%, ; fenf k|sfzg
 ^= dfwj l3ld/] /fh]j/l, @)%%, ; fenf k|sfzg
 &= dfwj l3ld/] /fi6kgdf{f, @)\$(. ; fenf k|sfzg
 * = kf]h efgēQm efgēQmsf lj lzi6 v08sf]o, @)#+
 (= 8f]h]b]k|sfz g|kfn, /fi6slj dfwj l3ld/] @)^! .



j ; Gtsdf/ zDdf{'g|kfn'

☞ ab"nfld5fg]

lj ifoklj ž

g|kfnl ; +f/nf0{cfk]axdvl k|tef ; dkof ub]j ut 5 bzsb]v lg/Gt/ l; hgf/t-; fwgf/t ; h\$, lrGts / ; fwssf] : j gfdwGo Pp6f g|kfnl gfd xf]- j ; Gtsdf/ zDdf{'g|kfn'. ; fdffo dfgj h|lj gofqsfdf h:t}lj leGg ; doqndsf lj leGg sfo{x}df jo:t xbfxb}klg JolQmut : jfyff6 dfly p7l ; dfh; jf, lzlf / effif-; flxTo; jfdf cfhljg ; dlkt j ; Gtsdf/ zDdf{'g|kfn'sf]h|lj gl l; hgf-; +f/df ckf/ pT; fx, Tofu / lgi7fdo JolQmtj sf lj lj w kf6fx_ ; d]6Psf]uxg / lj : tlt h|lj gsyf xf].

lj z]f u/l effif-; flxTofgdf lgs]7hf]ofybgf lbg]zDdf{; flxTosf uB / kB b] }knbcGtu{sf yk]bj wfx_ sf ; km ; j6f xg]fx]s effif / Jofs/0ftkm{klg plqs}s|zntfk]s snd rnfpq]g|kfnf yf]}dfq lzv/ k|tefd]b]Ps xb]xG5 . effif-; flxTo; +f/df g|kfnl zlb; fu/-; Dkfbt, ; flkkIQs sf]_ / uB dxfef/t -cglbt_h:tf kl/df0fftds / u0fftds bj]bj]i6n]pNn]yo s|tnufot kf7sx_ sf]dg lh]g]bh]bhg k|sfzlt u]y]x_ , bh]bh]k|sfz]f]dv kf08lnlkx_ / yk]knbs/ /rgfx_ ; u ; do; Gbeqfjy f/ lj leGg pkgfdx_ af6 klg lg/Gt/ cufl8 a9b}df]ns n]y]g, cg]fb, ; Dkfbg, ; x; Dkfbg / ; xcqjfbdf klg zDdf]pj { snd ; lqmo /xb}cfPsf]5 .

g|kfnl effif-; flxTosf hf]sf] k|7s-c]j]ssf nflu cg]s/0flo pxflsf] h|lj gl k|t t ug{kP/ xifh]ub]ub]xbfxb}klg To:tf] ; fu/do Jofks tnf0{cfk]g afn; he k|pf; leq ; d]b]g g; lsPnf ls eGg] lrGtf Psf]t/ 5 eg]JolQmtj sf u0fftds cflwSo k|t t ubf{k|t t n]y]g

kɔfdo b]vPnf ls eḡg]qf; csf[t/ 5 . To; h]uxg hlj glsf nflu ckof{t xj hfg]To:tf 7fpk]df kf7sxj; u lfdf df]b}cfb/0flo cuh j; Gtsdf/ zDdf{.g]fn'sf]hlj glnf0{lglg abfxj leq s]b]t /xl k:t t ug]kpf; ub]'.

!-hōd, afNosfn / lzIffblff

g]fnl gful/stfcg' f/ lj= #!(*\$ sf]r] /fdgj dlnf0{hōdlbg dflgPsf]eP klg j; Gtsdf/ zDdf{.g]fn'sf]hōd eg]lj= #!(& r] /fdgj dldf ePsf]kf0Psf]5 . lktf kl08t lbjfs/ zDdf{.g]fn' / dftf x]lsdf/l b]lsf kq/Tg e0{sf7df8f]dx/fhu-hl:yt Pp6f ; eQmkl/jf/df j; Gtsdf/sf]hōd ePsf]lyof]. pxf]sf Ps bfh' / b0{hgf ef0xj sf] csfnd}d]o ePsf sf/0f kl/jf/sf]ctof kof/f]h]f]; Gtgsf jkdf cuhxj sf]ddtfd o jftfj/0fleq pxf]sf]afNosfn lat]sf]kf0G5 .

sf7df8f]nflhōkf6l:yt ; /:j tl dlgb/df clf/f/De u/f0Psf j; Gtsdf/ zDdf{.g]fn'sf]j]bs lj lwcg' f/ khtcfhf, o1 / dGqf]rf/0fsf ; fy clf/f/De ; #sf/ ; DkGg ePsf]kf0G5 . o; }lbg :ju]f/l cf>dsf tIsfnlg dxfk]esf]lj z]f k]off kfPsf zDdf]sf]cf]rfl/s lzIffchō-ofqf lj leGg z]fs of]otfxj kf/ ub]cufl8 a9]f]b]V5 . ; #st wd]f:qdf cfrfo{/fhzf:qdf zf:ql, lx]b; flxTodf; flxToelfof, g]fnldf PdP= alP8=/ xf]dof]8fS6/ pkflw pxf]sf]xfl; n ug]Psf]5 .

@lj]fx / kfl/jfl/s h]j g

; f9]rf]y j if]f]pd]df 8f]h/fh e\$/f0\$; kbl /fwfb]l; u j; Gtsdf/ zDdf{.g]fn'sf]j]flxs ; DaGw uff; Psf]xf]. Toltv]sf]^ hgf afh]j, & j6l aHo]j, !! afaxj / !@ j6l cfdfxj; lxtsf]; eQmkl/jf/ ; eQmkl/jf/af6 I8Nnlahf/tkm[a; f0 ; l; s]k]5sf]; Gb/, zft, Psn kfl/jfl/s jftfj/0f g]zDdf]sf]; fwgfd o hlj gdf; lqntf / lg/ct/tf y]g] k]offbfol p]h{yn aGg ku].

; dofft/k15 rfalxn, d]haxfndf :yfol a; f]f; ug{klu]f]zDdf]sf] k1/jf/df k]tefj fg]; b:osf]p0/f0/ k]u]td]kfl/jfl/s pGgt b]y]g]x/] ; b:oxj sf]ckf/ :g] / pbf/efj g]; h]zlnfsf]; d]g]t k]7eld ag]sf

5g]. h]df 5 hgf ef]ts ; Gtgsf lktf j; Gtsdf/ zDdf{.g]fn'sf gflt, kgflt / vgf]t j zsf yk]ef]ts ; Gtgnufot l; h]ghut]sf c; ^Vo b]l ; Gtgsf j]bz / l]b]df klg oqtq 5l/P/ /x]sf 5g]. ol ; a]sf cfbz{cleefj s / ; j6f-b]6f u? aGg]; f]f]lo pxf]nf0{k]kt 5 .

\$=k]f, ;]f / ; #yfut ; #ulg

lzIff lf]df s]l ug]cfk]ng] ?lrcg' f/ ; ?df k]df]po df]j=df lzIff ePk]5 qm} u eflis-; flxTos lf]af6 k]kt lh]df]f/lxj k]f ub] hfg]qmddf j; Gtsdf/ zDdf{.g]fn'n]yk]z]fs-k]f1s ; ^B; #yfxj df ; #ulg /xl ; j]f k]fg ug]Psf]5 . pxf]sf ; j]f, ; xof]u, ; /; xNnfx / dfu]bz]gk]kt ; DaGwt ; ^B; #yf / sfok] lg]gcg' f/ 5g] .

g]fnl effiff k]sflzgl ; ldt / g]fnl effiffg]fb k]i/ib]df ; Dkfb, tIsfnlg g]fn /hslo k]f-k]t7fg uB ; flxTo l]efu tyf lj b]z]l ; flxTosf/ ; Dks{; ldt; l]rj / lrqsnf l]efusf ; xfos ; lrj, /Tg/fHonIdl sn]hsf ; #yfks ; lrj / k]lb]fks, kzkl Sf]k; rfalxn / g]fsf] cfbz{Sof]k; sf ; b:o; lrj Pj Sof]k; kdV, s]of Sof]k; l]8Nnlahf/sf ; #yfks k]lb]fks, kbdf]po df]j=df lzIff, kbds]of lj Bf>d df]j=df ; #yfks ; b:o, zx]b z]qm df]j=df ; #yfks ; b:o, /fql kf7zfnf -xfn g]b]l /fql df]j=df g]; fnsf lzIff kl/ib]sf ; #yfks lzIff, cd/ cfbz{cfj f; lo lj Bfnosf ; #yfks lzIff, zf/bf df]j=df ; #yfks lzIff, la]no]6 axd]Vl Sof]k; sf kdV ; Afs, kfo]go/ PsB]lsf ; ~rfns ; ldt; c]lf, lghl Sof]k; cu]f]h]gsf ; b:o; lrj -@)#\$#_ ; /sf/sf kf7b]qmd k]i/dfh] ; ldt; kf6sk6s !-!) s]ff; Ddsf g]fnl k]ts k]i/dfh] -@)@-\$# ; Dd_ df ; #ulg /xl effiff-; flxTo; Dj 4]g / lzIff; j]fsf lf]df dx]f k]f{sfo{u/]sf]kf0G5 . o; }u/l xfn ; dfhdf :yflkt c]o sltko z]fs ; ^B; #yfsf] :yfkgfsf nflu cfj Zos ; Afsij, ; em] / ; /; Nnfx, 5nk]n, >dbfg, cy{ xof]nufot cfk]f]lx]b]s pk]y]lt / ; xh ; xeflutf l]b]p]glxj sf]p]tyfgdf klg effiff-; flxTo lr]ts j; Gtsdf/ zDdf{.g]fn'sf] dx]f k]f{ of]b]fg /x]sf]b]V5 . lj Zj aGw' k]tsfno -@))\$-!@_ sf ; #yfks ; lrj / c]lf, g]fn gf6s ; ^Bsf ; #yfks ; lrj / lg]b]s

-@))%!!_, clvn gkfⁿ k:tsfno ; ^aBsf ; b:o; lrj
-@))&-!)_ ; #st 5fq; ^aBlo cllblf -@))*-!)_ , cuufdl ; flxTos
d08nsf ; #yfks ; b:o -@)!#-@)_ , h:tf ; #yfx^zn]pxflsf]; Jfdhs
5q5fofsf]; ffllo kfPsf 5gl.

o; afx\$ klg cfk^hgf]; xof^hl afgl / pbf/ :jejf sf sf/0f kl/jf/,
5/l5d\$, ofqfqnd, ljåt\ ; ef; df/f\ / ; fdflhs, wfld\$ sfo{yndf
x/xd\zf ; a\$! nflu ; Jfd o xg ; Sg'j ; Gt^sdf/ zDdf{.gkfⁿ'sf]dxfgtf
xf].

=\$l; hgflds ; lqmtf / ofybg

Jofj xfl/s / kzfut Jo:ttfsf bnbnaf6 klg ; w}xflzof/lkj\$
kf0nf rNg]j ; Gt^sdf/ zDdf{.gkfⁿ' cfk^hgf ; lqmt r\gf / cys ; fwgfsf
sf/0f gkfⁿl efiiff-; flxTo ; #f/nf0{yk}ch\la/l s|t lbg ; km xgPsf]
5 . ; flxTo-; dfnf\gf / efiifflos/0fsf Ij legg Ij wf-pklj wfleq kg}
syf, slj tf-sflo, dxfsfjo, gf6s, lga\w, ; dfnf\gf, zAbsf\znuftsf
cg\$gl\df]ns / s\l cglbt s|tx^z pxflsf pj\ sndaf6 xfn; Dd klg
hlGd/x\$! 5gl. Psn l; hgsf cltl/Qm Ij legg s|tx^zsf] ; xn\y, g,
; Dkfbg tyf ; x; Dkfbgdf klg pxflsf]n\y slo wd\]cup\ eldsf v\h\$!]
kf0G5 . n\yPsf ; a}s|tx^z ; fj\hgs xg] cj ; / ghbf{ s|tko
kf08lnlkx^z n\y; u}/x\$! eP klg Psfl/ pxflsf k\slz s|tx^zsf]
; ^aVof -Psfp\g_dfq klg ; fdf\o cgdfge\bf lgs}dfly 5 eg]csfl/t/
; ^aVoflds cflwSodf klg s|tleqsf]u0fflds pRrtf / k\efj sfl/tfn]
kf7sx^znf0{csf\cfzro\ff kfg\u/\$! 5gl.

Ij = #@) ; fnb\l\ ; fj\hgs pxflsf] xfn; Ddsf] ; flxTos
ofqfqnddf hlGdPsf tl s|tx^znf0{lg\g k^alQm\z df b\y0Psf]5 –

!= chlj nk -n3\gf6s_ @) \$

@= ou\sf]j fl/z -v08sflo_ @) *

#= Ij wjf ljjfx -v08sflo_ @) !)

\$= PSsf0; syf -syf; ^aU\k_ @) @!

%= xf; nf syf -afnsyf; ^aU\k_ @) @%

^= ldqsf]kq -gJosfjo_ @) @%

&= cfwlgs gkfⁿl lga\w -lga\w; ^aU\k_ @) @%

* = ; ^all\kt gkfⁿl Jofs/0f -Jofs/0f_ @) @^

(= lj k\hde -dxfsfjo_ @) \$\$

!= lga\w; ^aU\k -lga\w_ @) \$\$

!= gkfⁿl z\l; fu/ -; flklQs sf\z_ @) %&

!= sf\yf/fgl -; jfb\syf_ @) %(

!= k\efj tl u\ktf -; jfb\syf_ @) %(

!= u08so4 M hofkl8 -; jfb\syf_ @) %(

!= /fhs\df/l\sf] :j o\la/ -; jfb\syf_ @) %(

!= /lhof a\jd -n3\gf6s_ @) %(

!= u08so4 M a\kdx\tof -; jfb\syf_ @) %(

!= /f\o>l -n3\gf6s_ @) %(

!= /utsf]v\h\lf]-gf6bsyf_ @) %(

!= gdg\OR5f -gf6bsyf_ @) %(

!= n\dlj f0{ -; jfb\syf_ @) %(

!= ; ^all\kt gkfⁿl z\l; fu/ -sf\z_ @) %(

!= ; ^all\kt gkfⁿl z\l; fu/ -sf\z_ @) ^@ .

ol Ij Ij w l; hgsf cglbt s|tx^zsf]cl\boog ug\ x\leg]pxflsf slj, sf\osf/, dxfsf\osf/, syfsf/, lga\wsf/, gf6ssf/, j\fs/0f / sf\zsf/h:tf JolQ\j sf Ij Ij w kf6fx^z s\zntfsf ; fy k\lt t ePsf]kf0G5 .

j ; Gt^sdf/ zDdf{.gkfⁿ' cg\fb ; flxTodf klg plQs}j lzi6 / lr/kl/lrt gfd xf]. s\j}; \6fn]cfk\gf s|tleq cfk\g}efifdf JoQm u/\\$!d\hefj gvHdlhg]u/l csf\efifdf cg\fb u/l c\o efffe\flsf kf7sx^znf0{n\efl\g t tNofpg]s\l7g sfo{k\g pxflsf]s\ndn]; xhtfsf ; fy c\l3 a9fPsf] 5 . ; #st, c\au\h\l, l\gbl, a\ufnl efffsf u\y\y\z\ nf0{pxflsf/f gkfⁿl efffsf cg\fb ul/Psf tl cglbt s|tx^z xg\M

!= cfdp pkGof; -pkGof; sf/ d|S; d uf\$L{, @))
 @= /Tgfj nl gfl6sf -gf6ssf/ xifbJ_, @)@(
 #= ?!Sd0f kI/0fo -/fdbf; u0f/fh_, @)\$
 \$= kfF /ft, @)%!
 %= pklift\k; ^u -^) pklift\, @)%\$
 ^= kmf pkGof; -pkGof; sf/ t; lndf g; /lg_, @)%&
 &= cflb Ij bfxl pkGof; -pkGof; sf/ xfj 8km:6_, @)%&
 = pklift\k; ^u -^! pklift\, @)%
 (= >ldbefuj bultf, @)%(
 != ; :s|tsf kdV Psfa'sl, @)^!
 !!= hgefj gfsf hubl? kpfj fgGb, @)^!
 !@= uB dxfef/t efu !, @)^@
 !#= uB dxfef/t efu @, @)^@
 !\$= uB dxfef/t efu #, @)^\$
 !%= uB dxfef/t efu \$ -hldglo dxfef/t; lxt_, @)^%
 !^= pt; u{pkGof; , @)^%
 !&= dlQm ; ^uFd, @)^%

o; }u/l ; DkfbS JolQm j klg pxflsf]JolQm j sf]csf]pj { kf6f]xf].
 pxfaf/f ; Dkflbt s|tx_ xgM
 != lzlf dGqfnoaf6 k|flzt g|fnl lzlf, hfut lzlf; dfrf/, @))^!-)
 @= hoGtl ; flxTos dfl; s, @)@&#!
 #= kBdfpo /hthoGtl dVkj, @)@(- -k|Gw ; DkfbS; d]-
 \$= cfl; dlff, @)\$
 %= g|fnl zAb; fu/ -; f|kIqs sfz_, @)%&
 ^= My word book, @)^\$
 &= Best word book, @)^\$

o; }u/l j ; Gtsdf/ zDdf{.g|fn'sf ; xnlyg, ; xcgyfb / ; x; Dkfbg
 snfaf6 klg g|fnl ; flxTohut\ nfeflGj t ePsf] 5 . pxflsf To:tf
 s|tx_ nf0{qndzMo; /l b|yf0Psf]5 M

!= dx|bdfnf ^ -kf7b:ts ; xnlyg_, @)@*
 @= dx|bdfnf (/ !) -kf7bk:ts ; xnlyg_, @)@*
 #= tltdfl7f s/f -g|tsl sfz ; xnlyg_, @)^#
 \$= glltsf s/f -g|tsl sfz ; xnlyg_, @)^\$
 %= gf6ssf/ sflnb; /lrt zsttnf gf6s -; xcgyfb_, @)\$
 ^= g|fnl a|t\z|bsfz -; x; Dkfbg_

pkoQm s|tx_ sf cltl/Qm ljeGg ; d; fdlos kqklqsf x|df
 ljeGg l|wfsf kns/ nly/r gfx_ dfkmt klg j; Gtsdf/ zDdf{.g|fn'sf
 kl/kSj ; flxTos lrGtg / dfu|zg|x_ g|fnl ; flxTo; f/fd ; dflxt
 e0/x\$ 5gl. l|j = @))& ; fnb|v pxflsf nlyx_ j ; ftsdf/ zDdf{
 .g|fn'sf gfdaf6 afx| klg j sz, 1fg|j/hl, aRr/fdafh] k|sfz, bfh;
 j fofzj /, lf|lafxj cflb pkgfdx_ af6 kqklqsf / /|8ofdfkmt g|fnl,
 ; :s|t, gjf/l, lxGbldf k|sfz kt kf0G5gl. o; }u/l bz|f gj/fq; DaGwl
 /lrt / cGo /|8of]gf6sx_ klg /|8ofaf6 k; f/0f ePsf]kf0G5 .

ph{j|l ; fws j ; Gtsdf/ zDdf{.g|fn'sf x/\$ lbgzf clwsfz
 lf0fx_ effif; flxTos}; fwgf / cf/fwgfdf lalt/x\$ xG5gl. ToxI Jo:ttfsf
 pkh pxflsf yk|k08lnlkx_ k|sfz f|dV cj:yfdf klg /x\$ f b|vG5g).
 h:t)M

!= ol Ps olslj	k ff{sl gf6s
@= ol Ps dxfslj	k ff{sl gf6s
#= JolQm j ljj f gf	lrq0f-ljj /of
\$= ddTj xl a9Tj	Jo^No lrq0f
%= s tfg s t1tf	lrq0f k Gw
^= bz gf6slo syf	syf; f/
&= k-r kfq	kfr _ks
*= l j flsf]3f6df	tlg _ks
(= gu0f	tlg gf6s
!= olunk l	n3bf6s
!!= tlg n3tf	n3bf6s
!@= tlg n3gf6s	n3gf6s

!#= rf/sb]sf]f n3bf6s
 !\$= k~rdGql n3bf6s
 !% = if8fgGb dxfldf n3bf6s
 !^= ; kt nldl n3bf6s
 !&= ; ftsf08 n3bf6s
 !*= c7eØf n3bf6s
 !(= gj /^u n3bf6s
 @)= gj /; n3bf6s
 @!= bzØzf n3bf6s
 @@= lrGtg cgIrgtg sflo; ^u, cflb .

%= k':sf/; Ddfg, clegGbg / dfgkbjlxj

cg\$fpQd sfo{x / s|txj sf cgj/t; fws j; Gtsdf/ zDdfsf]
 clåtlo; flxltos ofybfgsf]sb/ ub{sjl cjt/fli6o tyf /fli6o; /sf/l
 / lgh:t/sf; flxltos; fdflhs / zHfs; :yfxj n]pxfhf0{ljl legg
 ; dodf lj legg; Ddfg, k':sf/, dfgkbj l / clegGbgaf/f pxflsf]cgj/t
 l; hgf / cys; fwgfd k j flxt axdvl k jtefkj fxkjt cf-cfkj gf >4fefj
 kls6 u/f 5gl. ol; Ddfg, clegGbg / k':sf/xj xb\m

!= cfd -d]S; d ufsl{sf]cgj fbdf ?; ; /sf/af6 k':sf[t, @)!)

@= lzlf; Jf gub k':sf/; @)@()

#= uof/fh JofVofg k':sf/; @)%!

\$= kzkl t axdvl Soflk; af6 cleglGbt, @)%#

%= gj fsfØ axdvl Soflk; af6 cleglGbt, @)%^

^= pklgift\k; ^u df uof/fh JofVofg k':sf/; @)%^

&= lj ho>l k':sf/; @)%*

= xj/fh k':sf/; @)%

(= lj Zj lxGb"kl/ifblaf6 cleglGbt, @)%*

!= la]noG6 axdvl Soflk; af6 cleglGbt, @)%*

!!= cfkjgf]; xsf/l sf]faf6 clegGbg, @)%*

!@= gjfn j zh kl/ifblaf6 clegGbg, @)%*

!#= jl/Øj Pjjo{; Jfkbs, @)%*

!\$= kBsGof lj Bf>daf6 clegGbg, @)%
 !% = /fli6o JolQmtj ; Ddfg, @)%
 !^= afnrGbj k':sf/, @)%
 !&= ; kjan ufvf{bllf0f afx', @)%
 !*= cfoknif ; Ddfg, @)^
 !(= lq+j-sf]th; faf6 clegGbg, @)^
 @)= bj]sf]f sflo ; Ddfg, @)^
 @!= kbdfpo ; Ddfg, @)^
 @@= kzkl t Soflk; af6 ; Jf ; Ddfg, @)^!
 @#= nygfy /yofqf ; Ddfg, @)^!
 @\$= >ldbefuj t\1fg dxfo1 dh ; df/fj ; ldltaf6 clegGbg, @)^!
 @%= dbg k':sf/ :j0f]if{; Ddfg, @)^@
 @^= nfØfln6l efg'hGd:yn lj sf; ; ldltaf/f ; Ddfg, @)^@
 @&= lvnzd{/fhlj nf]f g k':sf/, @)^@
 @*= kfglkfyl ojfsnaaf/f ; Ddfg, @)^\$
 @= gjfn k:ts tyf loj; fol dxf; ^Baf6 clegGbg, @)^\$
 #= ofyL g/xl/gfy 6i6 ; Jf s]baf6 clegGbg, @)^\$
 #!= nlDagl PsØjl kifpG8] gaf6 clegGbg, @)^\$
 #@= eb]sf/l 3n]; Jf; bgaf6 clegGbg, @)^\$
 ##= 1fgblk lzlf; bgaf6 clegGbg, @)^\$
 #\$= tgjL åØfl; saf6 clegGbg, @)^%
 %#= bfloTj jfa^do klti7fgaf6 clegGbg, @)^% .

ol; Ddfg, k':sf/ / clegGbsf cltl/Qm c; ^vo kf7sxj sf
 xboaf6 klg j; Gtsdf/ zDdf{.gjfn' ; w}; Ddfgt, cleglGbt / k':sf[t
 >4Ø ; j6f xjxG5 . pxflsf/f /lrt effff-; flxTo, sf]z-Jofs/0f /
 ; dliff-; dfnf]gfsf lj jw ufyaf6 clwsfz lj Bfyl{keflj t xj'; uB
 dxfef/th:tf lj zfnso ufy klg ykjkf7sxj sf dfem; dkjift xj; Sg;
 gjfnl zAb; fu/sf w}; :s/0fxj; xhtfsf; fy kf7sxj; Dd laqnlj t/0f
 xj kfp; p0/j tlkj df cfb/0flo dfuþz§ / nf]lkp k]off; f] xjufyj
 kfp; bzlj bzlaf6 ; Dalgwt lj ifout ; ; Nnfxsf nflu lj 1 JolQmtj xjn]

; >4f kTof0lbg'; b]leqsf l]leGg ; fdflhs, af]4s uf]7lx]sf]kdfv
cfltYo u]0f ul/lbg kfpgh:tf ; Ddfghgs sfo]sf nflu pxfh]kflt ug]
u/]sf]cu:yfg ; Tkfqtj / ; bl]zjf; sf pbfx/0f klg hf]sf]l ; fwsn]
sdpg g; Sg]ckj{k':sf/ xg]eGg]dnf0{nfu]sf]5 .

^=lbgrof{/ j t]fg

lh1f; ' / nugzln afNosfn, ; lq]o o]fj:yf / Jo:t-cEo:t
k]f]fj:yf kf/ u/l cg]ej-cg]el't / lr]ttx] ; u vfl/Psf]*& j if]j of]4
pd]df xg]xG5 xfn j ; Gtsdf/ zDdf{.g]fn' . ; fdfGo dfgj hl]j grqmfn0{
cf]sng ug]xf]eg]w]sf nflu af]emnf/ k6bf/nf]bf]xg ; Sg]o:tf]
pd]c:j:yf pxf]sf]l]z]l]hl]j gz]l / lbgrof]sf sf/0f c]t; xh,
:j feflj s / x/nf]bf]5 . en]f§ ; Gbf kTofpg]ufx]eP klg gkTof0{gxg]
; To s]xf]eg]tolQsf]j4fj :yfdf klg !% j if]o]fsf]h:tf]p]t; fx, :km]t{
/ tG?;ttfn]pxf]sf]; ^ut ug]hf] h]f0{hl]xn]klg cf]zro]f kfl//xg]
ub§ . hl]j ge/ cf]k]gf]cys k]f; , c6n cf]dlj zjf; / pbf/ Joj xf/af6
cf]k]nf]lgdf]f u/]sf]; kf], zf]t / pj]kfl/j fl/s j ftfj/0fleq cf]xf/z'4l
/ Joj xf/z'4ldf ; eldt / lgoldt hl]j g ofkg ub]rn]sf]pxf]sf]lbgrof{
; a]sf nflu pbfx/0f / cf]bz]b]vG5 .

cf]k]gf]cf]dfn]7ls 7fg]sf]s/f ; a]sf ; fd'lge]s e0{cf]n]of0lbg
; Sg]:ki6 j Qf]j ejfj / sl]7g kl/l:yltdf klg c]f]osf]lj k]fd]ple0/xg
; Sg]lg8/ k]j]Qn]pxf]leqsf]lgiklftfnf0{xb]e]n]sf]xG5g]. hl]j gdf
cg]f; kl//xg ; Sg]/f] , zf] / 36gf-b36gf cf]lb en]en]b, end]hfx]af6
lj rInt ge0{w]/l]x]dtsf ; fy lj k]Q xf]g ; Sg]oxl dxfg]lf]dtsf
sf/0f pxf] ; w]k]g /xg ; s]sf] cg]dfg w]sf]5 . ; dk]f, Tofu /
:g]j T; ntfn]el/k]f]pxf]sf]ldng; f/ JolQm]j / ; f]fb]k]f]Joj xf/ tyf
zf:ql]t]tgdf /dfpg] ; t] ^ut]sf nflu k]f]m pxf]sf] lgj f; df
efiff-; flx]t]ofg]fulx]sf]hd36 e0/x]sf]xG5 .

o; /l x]bf{cf]k]gf hl]j gsfnf /fi6nf0{cdNo of]bfg lb0{c; ^Vo
xflb§ dfg; Ddfgn]; fy§ ; j6f ' ; Gtf]f]d]k/dd]; Vd]sf ; dflwd]o hl]j gdf
cf; gg /x]klg cf]h]d]j f]Sb]l]sf cf/fw]gdf] c]o:t pxf]sf ; lq]o xftx]

cen]klg p:t}hf]z, h]fu/ / p]t; fxsf ; fy efiff-; flx]tosf]cl]fo e08f/
el//xgd]tNnlg b]vG5g]. pxf]sf]:j:y hl]j g p]Q/j tl]k]sf nflu JolQm]j
p]tyfg / k]0ffsf]ckj]{pb]ud:yn xf]eGbf ; fob c]t]olQm]xg]g] . k]tefsf]
cf/f]ok]kt pxf]sf]bl]3hl]j g /fi6sf nflu lg]t/ km]bf]ol / p]Q/f]f/
k]l]tb]fol pj]c]fz]l]f]b] xf]. cf]zf u/f] cen]lr/sfn; Dd klg xfdl
; f]fl]ozfnl /xl of]5q5f]f] /df0/xg kfpg]f] .

&pk; xf/

; fdfGo JolQm]t/af6 dfly p7l efiff-; flx]to ; j4]sf]l; h]f]ofqfd]f
lg]t/ ; fw]gf/t lzv/ k]tefk?if j ; Gtsdf/ zDdf{.g]fn'sf]ax]c]fol]ds
hl]j gl]j Qf]t g]fnl kf]s, c]g]j]ssf nflu cg]s/0f]o, pb]fx/0f]o / u]0f]o
hl]j gsyf xf]. k]f]te p]rtf / ax]d]v]tfn]/fli6o-c]t]fli6o uf]j a]g
; km]o:tf hl]j gl]x] /fli6o OHhtsf dx]f]k]f]P]txf] ; s b:tfj h] xg].
o:t}dx]f]k]f]hl]j gl]x]sf]j z]ff]s lgs]n]g]klj q / dxfg]sf]f]h]b]f]
j]hoGtl å]fl; ssf]; t]k]0ff:j]k k]t]t k]f; ul/Psf]xf].

ax]d]v]l k]tefsf cl]t]l/Qm j]f]s/0f / sf]z]sf/sf z]kdf ; l]voft
zDdf]sf]uxg hl]j gl] ; d]f]g x]d]d]k]f]s]f] ; f]rf]eP klg pxf]sf]l]j :t]t
hl]j gl]sf ; f/e]t s]/fx]nf0{; s] Dd ; d]f]g sf]l; ; u/l pkoQmabfx]leq
; l]dt /xl k]t]t ul/Psf] 5 . o; af6 g]fnl kf]s-c]g]j]fsx]sf]
cf]j Zost]sf]c]f]z]s]k]d]eP klg k]l/k]t{xg] ; sf] \. j ; Gtsdf/ zDdf{
'g]fn'sf]hl]j gl]n]y]k]c]o pj]c]f]hl]j gl]gdf]f]df]cen]k]0ff lb0/xg kf]f])
pxf]sf]:j:y bl]3hl]j g / ; flx]tos ; x; f]sf]xflb§ z]esfd]f

; Gbe{; fdu] M

!= 7fs'/ zdf]Mj ; Gtf]g]b -z]bfy{k]sf]zg sf]7df]8f] , @)^% .

@= j ; Gtsdf/ zDdf{.g]fn ' M l]k]h]de dxfs]f]o -efef k]t]s e08f/
rfalxn_ , @)\$\$.



dfnblods sfnsf glfq MzDek; fb 9^auh

dfwj l3ld/]

gkfnl ; flxTosf] 0ltxf; nf0{ shfpbf thgflts kdf kfyls
sfnegbf dfnblods sfn lgs} pjl b]vG5 . l; hgtl ds k|tefx,sf]
kj fxsf] jydf pTs]6 ; flxTosf / ltgsf l; hgtx, kj flxt ePsf xfdl
kfpbf. dhtM dfnblods sfnsf] s]b]j Gb'jf ldofsf] kdf df]l/fd e§
68sf/f] kdf ; o{ dfg k|flzt ePsf 5gl. ; flxTosf ljjw lf]df
cfk]dfq snd grnfP/ cfk]dfq ; xof]l, ldqj u{ d]nf0{ flxTol; hgt
ug{logn]k]/t u/]f]s]/f ; jy]lbt]5 . ldqd08nldf c, w]k|tezfml
JolQm]sf]hdft eP klg Pp6f cnllu]klxrfg agfpg ; kmn JolQmlyP -
zDek; fb 9^auh .

dfnblods sfnsf pHHj n glfqsf kdf pbfpf zDek; fbsf]hGd
lj=+!(\$^ df ePsf]lyof]eg]d]o' !(*^ df eof]. thgflts kdf
x]bf{df]l/fdebf b; jif{a9l affr]f /x]g]. cfk]df]axdvl k|tefsf]
Hof]t logn]gf6s, lga]w, k]bs/ slj tfsf ; fy]kqk]qsf] ; Dkfbgd
5/]f] xfdl kfpbf] t/ klg logl dh,kdf gf6ssf/ clg To; k15
lga]wsf/sf kdf gkfnl ; flxTodf kl/lrt 5gl. logsf] hlj glnf0{
lgofNbf !(&) lj=+b]v ; flxTol; hgt kf/de ePsf]kf0G5 eg]of]qnd
lgj f]v kdf !(% ; Dd /x]f]b]vG5 .

; :stsf gf6sx,sf]cgjfb jf ejf gjfbdf cfk]df]k|tef s]b]t
u/]klg kof]t df]nstf / gkfnlkg logsf gf6sx,df kf0G5 . clxn] Dd
k]ko-ck]ko gf6sx,sf]jj]gf ubf{g]g gf6sx, k|flzt, rlr]t ePsf
kf0G5g].

-s_ ; :stsf gf6ssf/ >lxifsf] :/Tgfj nl' gf6s h]g dhdf rf/ c^ls
lyof]t/ logn]cgjfb ubf{cfk]df]tknf6 Ps c^ls ykl kfr

c^ls agfP . of]gf6s !(& lj=+ df vu]b]fh u?Hoäf/f k|flzt
ui/Psf]lyof].

-v_ dxfslj sfnlbf; sf] :cle1fg zfs]tndl gf6ssf]cgjfb klxn]
!(& lj=+ df 'ufy]fhl' klqsfdf wf/fj flxs, kdf k|flzt ePk15
!(& df k:ttsf kdf k|flzt ePsf]lyof]. o; df kof]t df]nstf
kf0G5 . gf6ssl gflosf zsgtnfnf0{blo]t; u ljjfx ul/lbPk15
lj bf0sf] lf0fnf0{zDek; fb 9^auh]n]o; /l c]t of]t dfld§ kdf
j0fg u/]f 5g]W
hflG5glcfh zsgtnf 3/egl p7tf]5 lr]tf clt
k|ltsf]dgdf k|jfx axbf /f]s]g cff 'l/t .
xfdl en]gjf; lsf]klg eg]of]ut eof]of]318
a:5glw]u/l u]y s; /l 5f]l lj bf0 u/l .

o:tf dfld§ / df]ns l; hgt gf6ssf oqtq kf0G5g].

-u_ ... 'lj Bf; Gb/ ; jfb' !(& df lj=+ df k|flzt ePsf]gf6s xf] of]klg
cglbt]xf].

-3_ ; :stsf gf6ssf/ ejel]tsf] :dfntl dfwj' gf6ssf]cgjfb
zDek; fb 9^auh]n] !(& df g]u/]klg of]k|flzt geP/ To; }
y]gs/x]f] /x]f] . w]k15 cyff{ @)@^ df k]zj uf]fn l/; fnn]
kQf nufP/ k|flzt u/].

lj le]g lj afqk]n]pNn]y u/]f t/ clxn] Dd k]kt gePsf gf6ssf/
zDek; fb 9^auh]sf lg]g gf6sx, 5g]-

= lk]b]l z]f -!(& lj=+
@= zrl lj of]u -!(& lj=+
#= sk] d-h/l -!(&) lj=+
\$= dbg df]gl -!(&) lj=+

ol ; a]gf6sx, klg ; :staf6)cgjfb jf ejf gjfb ul/Psf gf6sx,
x]b]e]g]c8]n sfl6Psf]5 .

o; }u/l ; xn]gsf kdf klg logn]cfk]df]k|tef k]nfPsf 5g)
o; k|sf/sf]Psdfq gf6s xf] 'czf§ ; Gb/l' . zDek; fb 9^auh]afx§

cō ; h\$x; df j/l/b\$z/l cHoff / hlj;j / l/dfn lyP . 'kafly.rGb\$po', 'j@f; xf/, 'dR5s16sdh h:tf gf6sx; rrfdf cfP klg clxn] Dd ckflg g}5gl. logn].:0gb; ef' gfdS Psfa'sl /rgf u/\$f]pNnly kf0P tfklg ckflg g}5 .

ca lga\$wsf] lf\$sf] rrf{u/f}.

cfwlgs gkfnl lga\$wsf] cf/De jf:tj df zDek; fb 9^u\$ha6 g} ePsf]xf] t/ otflt/ cfMf lrDn] lj äfgk; 'kxf8l hlj g'nfo{g}cfwlgs klxnf]lga\$w xf]eg] JoQm u/\$f]s/f ts{ ^ut nfbg] lsgeg]logsf ..rlGbsf' klqsfdf 5flkPsf .k@f', 'dxjb\$Nnl', 't of]d\$of] 'x]dbj fof dlxdh h:tf lga\$wdf cfwlgs gkfnl lga\$wdf xbgkg]kfoMu0fx; kf0G5gl. ..rlGbsf' klqsfafxf] \$ufyffl' klqsfdf ..; dfnf]s' -!(&_, uf]vfkq -!(&_ df 'keft', ..slj tfsf]km' clg 'ufyf{; +f/ klqsfdf .xf]6x}] / ..j fut' lga\$w klg k\$flzt ePsf lyP .

lj = +!(*# df logn] agf/; af6 ..fheIQm ; fktflix -!(*#_ klqsfafxf]; Dkfbg / k\$flzt klg u/\$f lyP . o;)klqsfdf 5bd gfdn] cfk\$gf lj le\$g /rgfx; k\$flzt u/\$f]s/f lj äfgk; af/f pNnly ul/Psf] kf0G5 .

cGtdf enk6axfb/ /f0ff -! (%#-@#)_ sf lga\$wx; sf]; ^uk 'enk6 lga\$wfj nl'sf]; Dkfbg ug[z/b\$gb]zdfh]e\$gkgs]/fdf ; ^uksf s\$kl lga\$wsf lga\$wsf/ zDek; fb 9^u\$ha6 g}x; ; Sg]s/f JoQm u/\$f 5gl. h] xf] \ dflblds sfndf df]l/fdkl5sf pHHj n glfqsf ; kdf zDek; fb 9^u\$ha6 g}b]v5gl. cfk\$gf]hlj gsf]5f]f]c]lwdf klg lj lj w ; flxTos lj wfdf ; zQm ; kdf snd rnfP/ gkfnl ; flxTodf cd/ ePsf 5gl.

lqr\$gb/ a\$oflk;
sf7df8f



; +j Ht|j b\; Todf\$g hf\$z

✓ ofbj e\$/f0{

!= cf/De

efiff, ; flxTo, ; +s[t, snf, k'ftf] , Oltxf; cfblb lj wfdf dxCj k0f{ of\$bgf u/l /fli6o, cft/fli6o; kdf Voflt cfhg ug]j gfdwGo JoIQm j sf] gfpfxf]- ; Todf\$g hf\$z . pxfflj = +! (&& j zfv #) ut]j flldtl c-rn, nlntk/ lhNnfsf]avaxfndf ; fdg]o d\$bd j ul6 kl/j f/df ajf z^ls/fh hf\$z / cfdf glnb]lsf Ho]7 ; kqsf ; kdf h\$dgkPsf]xf]. kfr j if\$] pd] xbf; Dd klg afjh l gknb]k15 ajfcfdfn]hf\$zlnf0{efsn u/cg'; f/ ; b\$g]gfos nul d\$gb/sf] cufl8 PSn}5f] nSgkP5 . d\$gb/j l/kl/ ePsf]afSnf]h^undf afns ; Todf\$g 8/n]lrRofP/ /f\$kl5 ajfcfdf cfP/ af\$gkP5 . o; /l /f\$kl5 pxffsf]afjh lj :tf/]krib]uP5 . To; sf] Ps j ifk15 pxffsf0{clf/ lrgfpg yflnof]. pxffsf ajf]sf7sf]sfnf]kf6l af\$]P/ cfk\$gf u?k/f]xt lj BfgGb /fhf]k\$fbfosxf n\$fgkPsf]/ Toxxf ; j k\$yd pxffsf0{c] j fulzj o{gdM n\$g ; lsPsf lf0f ; Todf\$g hf\$zln] clxn]klg /fd]f] u ; DengkG5 . nuQ)d^unahf/sf]efiff kf7zfnfdf egf{t ul/of]t/ To; afjh gkfnl efiff gal\$g]/ g]f/l efiffdfq hf\$g] hf\$zlnf0{ajfn]lsg] Nof0lbPsf]n]ygy kf\$gbfnsf]Znf\$ ePsf]k:ts k9g ufx]ePk15 k\$w\$al; lbgk15 g]kf7zfnf 5f\$g]eof]. afj z^ls/fhsf] 5f]f]; Todf\$gnf0{k9fpg]7hf]0R5f lyof]. ajfn]P, al, ; l, 8l, l; sfpg] Fast Book gfdS c^u\$hl k:ts lsg] Nof0lbgleof]/ dxGt df:6/sxsf k9g k7fpgleof]. s\$fs\$lsf]sf a6f/lbg]/ s\$fs\$lnf0{?j fpg]lg]7/l dxGt df:6/sxsf klg c^u\$hl efiffsf]; d:ofn]pxffh]k9f0 5f\$gk\$of]. cGt tMdj nL afh]hflj B; d] xgXgYof] pxffh]u]wf/fsf ; Aaf 3gfgysf] 3/df k9g k7fPk15 dfq ; Todf\$g hf\$zln]gkfnl efiff hf\$gk\$of]. To; k15 pxffsf0{b/af/ :shdf egf{ul/of]. :shsf]k9f0k15 pxffh]lqr\$gb sn\$hdg egf{e0{k9g yflngleof]. k\$fboks /fdk; fb dfg\$w/n]/fd]f] u c^u\$hl

; flxTo k9fpgxGof]. o; /l ; Todfkg hfzln]lj Bfyl{sfndf g}/fdfo0f'sf ; Gb/sf08, coflbfslf08 cflb s07:y kfgPsf]lyof]. To; tfsf efiffgj fb kl/ifbbsf]sfofho glhs}lyof]. snhdf k9f0 gePsf] vfnl ; dodf Toxfhfgcfpg]ubf[hfzlsf]kl/ro kls/zdz], afns]0f ; d, nldlk; fb b]sf]f, dfwj l3ld/] ab]gfy e§/f0hufotsf ; flxTosf/x; ; u xg uof]. @lj j fx-; Gtfg

alif j if§f]pd] xbf ; Todfkg hfzlsf]lj j fx kf6g s]0fdGb/ glhs§f] /fwfb]l; u k/Dk/f lj lwcg; f/ ; DkGg ePsf]xf]. hfz]l bDktlaf6 tlg 5f]f / tlg 5f]lsf]h6d eof]. h; dWb]h]f 5f]f cg/fh hfz]l, dflxnf 5f]f 8f]x]Gt/fh hfz]l -xfn Sofg8f_ / sfG5f 5f]f 8f]k0f/fh hfz]l -xfn ahfot_xgk65 eg]5f]lx; qndzMsfj]l, u^ufb]l / v8lsfnldl -xfn cd]y/sf_ xgk65 .

#= nyg

; Todfkg hfz]l gkfnl nf§; flxTo, ; :s|t, snf, 0ltxf; , cflbsf clbo]f Pj +cGj]s xgk65 . gkfnl / g]f/l efiffdf u/l lj leGg lj wfdf pxflsf 5 bhg hlt s|tx; k|sfz 5g]. slj tf, sflo, gf6s, lgaGw, syf cflb lj wfsf ; fy} nf§; :s|t, ; flxTo, dl't§nf, ofqf-; flxTo, k'ft]j, wd]z]gnufotsf lj ifox; df snd rnfpgx]hfz]l !((^ ; fnfd klxnf]k6s uf]vfkqdf slj tf k|sfzg u/l n]ysf l]f]df b]f kgePsf] xf]. qndzM pxflsf n]y/r gfx; 'zf/bf', 'ef/tl' -bfhl]h^a_, nufotsf k|qsfx; df k|sfz 5g]. ; ?df g]f/l efiffdf dfq slj tf n]y] ; Todfkg hfz]l]k15 gkfnldf klg n]y] yfNg]eof]. ; fg]pd]b]v c]bog, n]y] / cg; Gwgdf rfv /Vgk]h hfz]l]lj =+!((^ ; fnlt/af6 dfq Jojl:yt n]y] ; ? ug]Psf] b]vG5 . lj Bfyl{hlj gsfndf k]b]fks /fdk; fb dfgw/sf]ca]u]l l]f]f / efiffgj fb kl/ifbbsf ; flxTosf/x; ; usf] ; k|sfz]n]y]glf]qdf n]f]g k]f]ff ldn]f]s]/f pxff :j]sf/ ug]G5 . lj =+!((^ ; fnlt/}'n]fdf / kfrs] gfd s kBf]ds syf n]y]g]Psf hfz]l]n]y]gofqfsf]kf/De]t/}afns]j tfx; klg k|sfzg ug]Psf]xf]. pxflsf] n]y]gsf]dVo kf6f]eg]f]nf§; flxTo / ; :s|t g]xf]. o; l]f]df pxff]lj =+@))! ; fnb]v g]snd rnfpg yfNg]eof].

; Todfkg hfz]lsf lj leGg lj wfdf k|sfz t s|tx; dWb] dft]efiff -g]fn efiff df 'ho k|sfz' / 'c/lgsf]f Zj]r]o' gfd s b0]dxfsf]o, 'rv]f+x]f u'Do] -slj tf; ^u]_ / gf6stkr]l; 4fy{uf]d, 'l; l4bf; , 'Gxobf nlkf, 'j Bj]f, 'xu; o]gfk]nf]Dx, 'af3e]j' -c]f hBM 'rf?dtl', 'W]Rj n]f' h:tf s|tx; dx]f]k0f/x]f 5g]. o; u/l gkfnl efiffdf k|sfz t 'q]f]tsf nx/x; -slj tf; ^u]_ sf ; fy}; :s|t k|sfz 'gkfnl rf8af8', 'gkfnl nf§ult MP]s c]bog', 's]k]wld§; f:s|ts ; Dkbf]x; , 'g]f/x; sf] dxfg] rf8 Dk]h'f, 'xfdf] nf§; :s|t', 's0ffh]l nf§; :s|t' -efu ! 0ltxf; , 'k'ft]j MP]s /f]s syf', 'f:s|ts gllt MP]s c]bog', 'gkfnl dl't§nf]lj sf; qnd', 'gkfnl wftdl't§]lj sf; qnd', 'gkfnl /fli6o dbf', 'snfsf/ c/lgsf]-z]f]u]y_ nufotsf s|tx; k|sfz 5g]. 'b]f]sf] aQl' zlif]df hfz]l]k]lxnf]gf6bs]t n]y]g]eof]. To; k15 'd]o' M Ps k]g', 'kms] x]f]f 'ha 3fd n]f]5', 'l; kf]x / f]l' h:tf s|tx; sf ; fy}ofqf ; flxTotkr]Golhnfo08df k]lxnf]gkfnl' gfd s|t k|sfz 5g]. o; u/l 'uhfa / u/f]f', 'f]hd]s6 / f]Hofleif§', 'dfcf]; f]sf slj tfx; -cg]fb_ h:tf dx]f]k0f]b]h]f]s|tx; klg pxflsf k|sfz t b]vG5g]. \$= ; Dkfb[s]

nf§h]j gaf6 c]lws]kdf k]f]lj t ; Todfkg hfz]l]n]; Dkfbgsf lf]fdf klg of]b]fg ug]Psf]5 . pxff]j =+@))! ; fnfd n]ntk/ /lfd08n]f/f k|sfz t 'snfsf' gfd s k|qsfsf]; Dkfb[s /x]g]eof]eg]; /sf/l ; lrq dfl; s k|qsfsf 'lj sf; ' tyf k]llfs 'lgdf]f]sf] ; Dkfb[s x]g]eof]. gkfn-cd]y/sf ; f:s|ts s]b]f/f k|sfz t ah]b]gsf ; q c^a]s; Ddsf] ; Dkfbg ug]Psf hfz]l]n]/f]hdfu]sf]; Dkfbg ug]eof]. '8fkn]l', 'ud', 'lxd]f]l', 'lj b]k' / 'k]f]f h:tf k|qsfx; sf]; Dkfb[sd]08n Pj +; Nnfsf/ ; Dkfb[sdf /xl sfo{ug]; Todfkg]n]hgu0f]gf k]tj]bg', '>l % dx]b]sf] cle]gb]gu]y' -gkfn ; flxTo ; :y]f]gsf]ak]t\cfof]hgfdf k|sfz t, 'dx]b] :d]tu]y' -gkfn /fhslo k]f]k]ti7fgsf]lj z]f]cfof]hgfdf k|sfz t, 'x]f/fh le]t]bf-b]f cle]gb]gu]y', '/f]hdfu{u'hg', 'gkfnl dbfsf]; H', 'gkfn /fhslo k]f]k]ti7fg k-rj if]f of]hgf MP]s dNof]sg', 'f:s|ts ; Dkfb[s ; A]f0f-Ps r]f]t], 'l; lrq snf k|sfzg' h:tf yk]u]y tyf k:ts- k|qsfsf]; Dkfbg ug]Psf]5 . pxff]; Dkfbgdf gkfn]u]y; H' tyf

'kofōjfrl zAbsfz' klg kſflzt 5g\l. o; /l dfhs n\y g / cgj fb n\y gsf ; fy; fy}; Todfxg hfzlsf]; Dkfbgsfo{klg pNn\y o b\y f k5{. %=of\y bfg

efiff; flxTo, snf; :s|t cflb lf\y df of\y bfg k\y ofpg\y Psf ; Todfxg hfzL d\y tM nf\$; :s|ts}p\y gogdf ; dlk\y /xg\y Psf]5 . l\y = @))! ; fnaf6 hflu/]hljg cf/de ug\y Psf hfzln]@)) ^ ; fn; Dd cfBflus ; j {clk\y /sf ; kdf cfBflus Jofkfl/s ; dfrf/ ; ^uk c88fdf sfo{t /xg\y eof]. ; ^Vof l\y efusf] ; k/lj]fs - @))&- @)!#_, /fli6o of\y hgf cfo{tsf] sfo{nd clws{t - @))\$- @)!%, k/ft\y j / ; :s|t l\y efusf] klyd lgbzS - @))!% - @)!& xb\y j\y = @))!^ ; fnfd wdf\y o ; efsf]kltlglw d08nleq /xb\y rlge\y df0f ug\y Psf hfzln] k\y ft\y l\y efudf /x\y sfd u/f\y l\y z\y 1tfsf cfwf/df g\y fn-cd\y sf ; f:s|ts s\y b\y df ; f:s|ts ; lrjsf]lh\y d\y f/l szntfk\y \$ lgj f\y ug\y eof]. pxfh l\y = @)@@ ; fnfd rlgsf]kls a\y Bsf:6^a OIG:6Ro6 - Sof\y kf]; b\y df g\y fnl efiff l; sfpg] k\y b\y fkssf ; kdf rf/ jif{ Dd sfo{t /xg\y eof]. rlgsf]k15Nnf]b0{jif{ a; f0sf q\y ddf 'g\y fnl rf8kj {gfd s k\y ts n\y g\y Psf ; Todfxg hfzln] rlgdf a:bf snfsf/ c/lgsf\y af/\y k\y :t c\y bog-cg\y Gwfg ug\y eof]. km\y :j \y k ..snfsf/ c/lgsf\y h:tf]clot dx\y k\y {z\y w\y n\y l k\y fzg ug\y eof]. pQm u\y c^uk\y l efiffdf ; d\y k\y flzt 5 . o; } u/l l\y = @)@^ b\y v @) #); Dd g\y fn /fhslo k1fklti7fgsf]; x-; b:o, @)#! b\y v @)% ; Dd ; lrj xb\y xfn cfhljg ; b:o /xg\y Psf]5 .

cfBflus-Jofkfl/s ; dfrf/ ; ^uk c88fdf hflu/]e0{b\y sf l\y le\y g 7fp\y df e\y df ug\y ej ; /nf0{pxfh\y]nf\$; flxTosf]c\y bog / cg\y Gwfg ug\y sfdddf ; bkof\y ug\y eof]. eQmk/sf] '/fli6o lrqsnf ; ^ukfno', nlntk/sf]k/ft\y au\y f\y , sf7df8\y sf]db\y ; ^ukfno', tf\y nxj fdf 'k/ft\y ; ^ukfno', '/fli6o gfr3/, 'c/lgsf] snf ; ^ukfno', 'g\y fn efiff PsB\y h:tf ; flxTo, ; :s|t / snfsf]; A\y f0f / ; j4\y gdf dx\y k\y {el\y dsf v\y g]; :yfx\y sf]:yfkf ug\y ; Todfxg hfzL ol pNn\y o sfo{sf sf/0f g\y fnl ; :s|tsf /fli6o cleo\y tf a\y g\y Psf] 5 . o; sf ; fy} nf\$; flxTo kl/ifb\y g\y fn snfsf/ ; ^B, g\y fnl ; flxTo ; :yfg, zflgt l\y Bf>d, g\y fn cf6{sfp\y lnsf ; :yfks ; b:o hfzln] g\y fnl efiff

; l\y dt, g\y fn efiff kl/ifb\y h:tf ; :yfdf ; d\y ; n\y g /xl of\y bfg ug\y Psf] 5 . g\y fnl efiff; flxTosf ; fy; fy}g\y fn efiffdf ; d\y pxfsf]of\y bfg pNn\y o /x\y f]5 . lqe\y g l\y Zj l\y Bfnoc\y tu\y kf6g ; @QmSof\y k; df g\y fn efiffsf] k\y b\y fkkg ug\y Psf hfzln]g\y f/l gf6sdf cleo\y ; d\y ug\y Psf]5 . ; f9] tlg ; o j if{k/y fgf}'sflQs gfr'sf af/\y f clxn]klg pxfh]:j t\y q\y kdf c\y bog ul//xg\y Psf]5 . cfk\y h]; Ufn\y f cg\y j / bz\y nf0{k\y t\y ub\y af\y M\y s gf6s n\y g]; Todfxgn] dgf]~hgfls eP/ klg ; Gb\y dz\y hs gf6ssf ; kdf nf\$gf6ssf]l; h\y f ug\y Psf]kf0G5 . pxfh]g\y k\y ft\y ej l\y efusf]lgbzS ePk15 'j/l/ k\y tsfno' df ePsf 7h\y 7h\y fof\y kfdf a\y 3; f/l /flvPsf kf\y f lrqz\y , l\y le\y g hlj h\y t\y sf cj z\y fx\y , cdNo lrqsf kf08lnlk / 'k1f-kf/l\y dt' u\y df ePsf lrqsnf Pj +d\y t\y \$nfaf/\y f lrqfa\y sgx\y nufotsf bh\y / clt dx\y k\y f\y lrqsnf; Da\y wl ; fd\y lx\y sf] k\y bz\y gl g\y fn s\y k\y ln\y kf6s cfof\y hgf ug\y f\y fd ug\y eof]. k15 log}; fd\y sf] k\y bf\y af6 'eQmk' lrq ; ^ukfno' :yfkf ug\y eof]. pxfh]g\y l\y z\y b\y cg\y Gwfgk15 snfsf/ c/lgsf\y sf] h\y df g\y fnl df ePsf] s\y f k\y sfzdf Nofpg\y Psf]xf]. ; Todfxgn]@)!^ ; fnfd l\y iof\y l\y q\y Gtsf]d\y t\y {n\y flh\y kf6af6 306f3/sf]j/l/ k\y tsf nodf k\y ofpg\y eof]. k\y fr\y zt\y ab\y lsf]t\y of\y ejo/ ; Gb\y d\y t\y {clen\y ; l\y tsf]lyof]. dfgb\y sf]k\y fnfsf]t\y of\y d\y t\y h\y f0{pxfsf}; A\y f0f / cu\y f0df /fli6o ; ^ukfno{df k\y of0Psf]lyof].

hflu/sf l; nl; nfdf g\y fnfsf]k\y Zrdf-rnsf ufpk\y tgxf\y ndh\y df k\y bf Toxfu0g\y]nf\$el\y fp]/ultaf6 lgs\y k\y efij t e0{tl ultsf]; ^sng ug\y yfn\y f; Todfxgn]@))# ; fnfsf]zf/b\y df n\y / ult 5k\y pg\y eof]. 'zf/b\y sf c\y gt/^a\y ; Dkfb\y us\y fnk\y fb l/dfnsf]k\y offn]nf\$; :s|tsf l\y df pxfh\y ?lr a9b\y uof]/ c\y ttM 'xfdf]nf\$; :s|t' gfd s|tsf]k\y fzg eof]. o; } s|tn]l\y = @)!# ; fnfsf]g\y fnl ; flxTodf k\y ln\y kf6s db\y k\y :sf/ k\y kt u\y of\y . o; } u/l db\y fsf]; ^sngdf nflu\y g\y Psf hfzln]k\y fr\y zt\y flb\y l\y dx\y b\y sf]k\y nf; Ddsf P\y txfl; s db\y fsf]k\y bz\y gl u/fpg\y eof]/ k15 To; } Da\y wl k\y ts 'g\y fnl /fli6o db\y k\y fzg ug\y eof]. o; s|tn]l\y = @)!& ; fnfsf] db\y k\y :sf/ k\y kt u\y of\y . l\y = @)!^ df k1fklti7fgsf]; x-; b:o agf0gePsf hfzL 's\y k\y goff sf u/f\y eg\y ; f\y af6 clek\y t e0{pxfhf0{g\y fnl efiffsf] p\y k\y l\y Q ynf]s0ffhlsf]l; h\y f pk\y losf up/ Toxfh\y efifs, ; f:s|ts, h\y ft\y lo c\y bog ug\y rfxgf eof]. c\y ttM ; Todfxgn]g\y f\y df l:y/h axfb\y l; x,

Ij xf/lſ{of >]7, r8fdl0f aGw' / kblk l/dfnſf]6fjhln]b0{dlxgf; Dd l; kf lfqdf lwfut cg'; Gwfgdf ; dlk{ xbf 'ſ0ffhl nſf; :ſt' gfdſf]kfr v08df ſſt kſflzt eof]/ lj= @)@* ; fnſf]dbg k':sf/ ; eDm kdf o; }ſtn] kſkt uſof]. o; /l ; Todfkg hſzln]tlg k6s dbg k':sf/ kſkt ug]Ps dfq JolQm jſf ; kdf ſſt kſflz ſſod ug]Pſf]5 .

g]fn /fhſlo k]1fk]ti7fgn]gj j ifſf]pknlodf gf6s dxſ]; j / uſ0k]fqfsf]cj ; /df xf:ojo^lo ſſoſnd kbzg ug{k/Dk/fſf]cf/De hſzls}kfnfb]v ePſf]xf] .

nſf; :ſt / k/Dk/fſf]c]bog, cg'; Gwfg u/l Itgsf]; Aſf0fnf0{ clt cfjZos / dxſ]k0f{7fg]; Todfkg hſzln]o; lfqdf pNn]yo of]bfg ug]Pſf]5 . 'cygllt, k//i6glit 5g]t/ ; :ſt glit ePg' eGxg] ; Todfkgſf]dg g]fnſf]; :ſt glit gePſfdf lg/fz x65 . g]fn effif PſB]ldfkn] a'4sf]h]gl / bzgdf cfwfl/t IrQw/ xpoſf]dxfsf]o ' ; ut ; f]e' c^u]h]df cgjfb ePſf]5 . olt a]hf g]f/l effifſf]a]t\ zabsf] kſfzgsf]tof/l e0/x]f]5 . g]fn effifſf]ſ]glit /x] PkmPd-/l8of]; ~rfngdf /x]f]5 . o; /l g]fnL effif; IxTo, ; :ſt, k/]ft]j ſf ; fy]g]fn effif; flxTo, ; :ſt ſf lfqdf ; d] ; Todfkg hſzln]j lzi6 / clj :d/0flo of]bfg k]ofpg]Pſf]5 .

^= ſſt kſflz

- l]j= @)#!, @)!& / @)@* ; fnſf l]leGg tlg ſſtsf nflu dbg k':sf/ kſkt ug]pxſfxſn; Dds]Pſdfq JolQm]j xg]x65 .
- 'cflyſ l]ſf; ; lu ; DaGwt tYof^a]ſ ; ~rfng' l]ifodf 5fqj]QcGtu] c]bog ug{; g]! (%# d]#) df GolhNof08 k]gePſf ; Todfkg hſz]l klxn]f g]fnl xg]x65 . ; of]yj z GolhNof08 ſf ; / P8d08 lxnf/l / t]h^a z]f]h]; u/dfyſf]ſ]zv/ 6]ſſf]ef]h]kN6 hſz]l GolhNof08 k]gePſf]lyof]. t]h^a ſf]ufph]/ ; u/dfyſf] b]zaf6 c]Pſf]klxn]f JolQm ePſf]xg]fn]toxſf hſz]ſf]7h]f]; Ddfg ul/Pſf]lyof].
- k/]ft]j / ; :ſt l]efusf]klxn]8f0/\$6/ x]g]; f]f]lo pxſf]f0{g} kſkt ePſf]lyof].
- snſf/ c/lgsf]f af/ſf c]bog, cg'; Gwfg u/l pgl g]fnL ePſf]

k]df]0ft ug]ſ/ c/lgsf]f af/ſf zf]u]y kſfzg ug]ſfd ; Todfkg hſz]laſ6 g]; Dej ePſf]5 . o; /l ; Todfkg hſz]ſf]h]j g :j oddf ſſt kſflz ſſod ug]Pſf]5 .

&= h]ljgbzg

axdvl k]teſſf wgl ; Todfkg hſz]l ' ; fbf h]ljg, pRr l]rf/sf] h]lj]t :j]k xg]x65 . pxſſf]JolQm]j df j]bf]t bzgſf]ulx/f]k]efj k/]ſf] cg]t x65 . pxſſf af] bzg] /IrGtgsf]; d] ulx/f]k]efj 5 . af] bzgſf]df]ns u]y 'k]1f-kf/ldtſf]bzg] ; DaGwl k]rg rnf0{af] bzgſf] IrGtgdggdf k]j D ; Todfkg eGxg]5 -anf]ultdf k':sf/ kfPf. To; j]f6 h]flu/ kfPf ; flxToſf/ klg ePf. d]], fwf/0f h]ljg c]n]lag u/]ſf]5' . ; a]; fwf/0f 5, sg]JrGtſf 5], sg]:jfy{5] . nf]h]ljgaf6 d a9l k]efj t 5'. nf]ultaſ6]h]ljgbzg] kſkt u/]ſf]5'. logſf ; qaf6 d]f] h]ljg ; ~rfnt 5 . o:tf]bzg]n]dnf0{h]ljg-Jo]xf]klg lgs}; Ihnf] agfPſf]5 . 's]vſof]ſ]nſof]x]f]h]jgsf]h/]h]r/ln]h:t]tf nf]ult d]f u? xg]. tl h/]h]r/ln]dnf0{s]k]g s]k]l; sf0lbPſf 5g]. dnf0{ h/]h]r/ln]h:t} nf]b, df]k, IrGtſf, c; Gtſf]f s]k]l 5] . A ; Todfkgſf]cſſt]ſ] ſſt k]f c]b]ſſt]ds xf]. pxſf eGxg]5-gb]y] Dd ſſt b]y]fxg]b]y]5 af]hrfn]gxg]o; }ſ]faf6 a] ; Dd kluG5 A

*= k':sf/ Pj + Ddfg

g]fnL effif; flxTo, ; :ſt, snſfſf ; fy]g]fn effifſf] ; d] dxſ]k0f{ of]bfg u/]ſkt pxſſf]f0{ l]leGg k':sf/ Pj + Ddfg k]bfg ul/Pſf]5 . tlg k6s; Dd dbg k':sf/ kſkt ug]pxſf Pſn]JolQm]j xg]x65 . >]7 l; /kf -@)!!_, ; k]an uf]vſf b]l]f0f aſx't] ſ]-@)@(_, l]Voft l]qz]Qm]ſ ſ] ſ]-@)##_, k] ; 4 k]an uf]vſf b]l]f0f aſx't] ſ]-@)@(_, nſſf]h l; /kf -@)\${%_, w-a= wf]vſf l; /kf -@)%#, l]qe]g k]1f k':sf/ -@)%&, efg'k':sf/ -@)%(_ , /fli6o k]teſſf k':sf/ -@)^!_, ekfndf]g; x ſſt k':sf/ -@)^@_, j ; Gw/f k':sf/ , u^u]b]l ngs/0fbf; k':sf/ , g]f/l ; dfhſf tk]n]f6 'effif/Tg'sf]pkflw c]l]b l]leGg k':sf/sf ; fy}; Ddfgaf6 g]fnL ; :ſt ſf w/]x] ; Todfkg hſz]l ; Ddfg]t xg]ePſf]5 .

(= ; nllgtf

efiff, ; flxTo, ; #s|t, snf cflb ; DaGwt ; /sf/l jf u}; /sf/l ; ^B; #yfdf /x] dx[Ej k0f{ofubfg ugEpsf ; Todfxg hfzL xfn gkfn effi PsBjlsf shklt, gkfn cf6{sfplG; nsf cWlif / gkfn k1fk|ti7fgsf cfhljg ; b:o xgxG5 . o; sf ; fy)clo yk}; ^B; #yfdf pxfsf]cfa4tf /x\$]5 .

!)=pk; xf/

gkfnL nf]; flxTo, ; #s|t / k'ft[Ej lfqsf dxfg\ ; fws ; Todfxg hfzL gkfnL ; f:s|ts lfqsf ; k|; 4 JolQmij xgxG5 . cToGt ; /n hljgsf wgl ; Todfxg gkfnL ; flxTo / gjf/l ; flxTo bjdf pNnlyglo ofubfg ugJolQmij xgxG5 . ; fwf/0f t/ uDel/ blygxg] gkfnL hghljgsf]vibnf / k|s kfqsf]gfd xf} ; Todfxg . rfx]nf]; flxTosf lfqdf xf} rfx]; #s|t / k'ft[Ej sf lfqdf xf} rfx]gkfn effi; flxTo / gjf/l ; #s|tsf ; Gbeff xf} \cyjf snfsf/ c/lgsf\$; DaGwdf xf} gkfnL ; dfhdf ; Todfxg hfzLsf]; fy\$ / dx[Ej k0f{ofubfg /x\$]5 . pxfsf bhgffs[tx_ xfd]; #s|t, k/Dk/f / 0ltxf; lrgfpg]hljGt b:tfj|h xg]. ; Todfxg hfzLdf cfk|gf hljgsf k|t sb}c; Gtli6 5g, lsgeg] pxfsf]sb}:jfy{5g . pxfsf lgozIntf, ; /ntf / uDel/tf pxfsf]0{e\$g] hf\$]xln]klg ; xh}cg ej ug{ QmB . cToGt ; fdfgo hljgzjlnf0{ cfld; ftl ug[g]hfzLsf]sb}lgoldt ; dotflnsf 5g t/ gAa]j ifsf] xf/fx/ldf pd] klu; Sbf klg pxfsf cemojf; he hfu/ / 5l/tfkgf cg ej ug{ lsG5 . sdzln hljg / 's]l gfif]u/f eGg]efj gfs]sf/0f lgMj fyl{ ; Todfxgn]hljg]sf]lzv/ rNgePsf]5 . efftstfsf kl5 nfu] knfog xg]tdfd of fx_ sf nflu rbf]l aGgePsf hfzL gkfn cfdfs fufj -kq xgxG5 . o:tf ufj zfnl JolQmij nfo{of]; fgf]cfnlydf pxfsf]sllt k|kf/f xbotM ; Ddfg JoQm ub5'.

; Gbe{ f

- Ij leGg kqklqsfdf k|sfz ; Todfxg hfzL; DaGwt nly/r gfx_ .
- ; Todfxg hfzL; usf]k|olj ftfaf6 k|kt hfgsf/l .



g/axfb'/ ef/tl / pxfsf]; fwgf

#/fdk] fb kGt

cfrkrl/s lzlf k|kt gu/]klg k|tef; lkGg dflg; n]cfk]k]/>d / dkgtaf6 dx[Ej k0f{sfu] blyfpg ; S5 eGg]pbfx/0fzln JolQmij xgxGyof] g/axfb'/ ef/tl . pxfsf]lj 1fgsf] lfqdf u/\$f]pGglt gkfnL hgdg; n]sfnnf/ ; Dd klg la; g ; Qm . pxfsf]lj nlf0f k|tefsf]sb/ u/] g]pxfsf]0{qe}g k|f k:/sf/af/f ; Ddfg ul/Psf]lyof].

Ij leGg k|tsk k|l:ytdf klg snfsf]nsf] lfqdf k|z+glo Pj d\ pT; fxj w\$ sfd u/!fkt @)!^ ; fn c; f/ !^ ut]k|f-k|ti7fg :yfkf ePkZrft]gf/fo0flx6l /fhb/af/df cfot]ht l|z| k|:sf/ l|t/0f ; df/fkdf t]sfnlg /fhf Pj d\k|ti7fgsf shklt >l % dx]b]af6 rbf]sf]k\$; lxt ?=!),))) -b; xhf/ gk|f /fzlsf]; f]k|:sf/ k|fg ul/Psf]lyof].

g/axfb'/ ef/tl t]sfnlg ; dodf gkfnfj]flgs egl sxlnPsf u]b]zdz]sf ; dsfnlg xgxGyof]. To; tfsf xj f0hxhsf]gdjf agfP/ p8fpg]tq]lh kf08] wft]j zif] b]fh zfson]lj 1fgsf]lfqdf rdtsf/k0f{ sfu] Voflt cfh] u/\$f lyP t/ t]sfnlg cj :yf cgsh gePsf]h] pglx_]; f/f k|f; Tofu ugk|of]. sltn]h] ; hfo ef]gk|of]. k|5 pxfsf]sfdsf]sb/ ul/of/ k|:s|t xgk|of]. To; ajhf ef/tlnf0{ 3fpg]z tlyk|; fb, avtdfg, /fdbofn, u0f]zaxfb'/ vql, xl/k| fb ; j|b, k|f]fg cflb lyP .

g/axfb'/ ef/tlsf]hGd l| = ! (#\$; fndf sf7df8f]sf]sdnkf]y/ldf /fh]j/ ef/tlsf ; kqsf gkdf ePsf]lyof]. pxfsf]3/d]; j|fbog ugk|of]. s]l ; #s|tsf]cWbog klg ugk|of]eg]s]l c^u]hlsf]klg . sf7df8f]hGd]klg kfs]ts dgdf]stfb]v d|w xg]:j ejf ePsf ef/tln]vfk; lsf] kfs]ts 56fnf0{f]gk|of] ToxFa;], v]l u/], d7 rnfp/ , l| 1fgsf]

lfqdf lr̄tgdg ug{yfNḡeof]. pxffx/xd] f pt; fxl / nuzln b]vgxḠof] / cfk̄g] sfddf ūel/tf; fy nflu/xgxḠof] efg] s/f lj lēg ny / aofgx̄af6 cj ut x̄5 .

t̄g]l cj :yfdf Ps k6s ef/tl ūel/ la/fdl x̄leof]t/ ; fgf]tgf] awfjoj wfgb]v xf/ gvfq]ef/tl cfk̄g]kbf; df lj lēg lsl; dsf h8la6l h̄df u/] /; fbl tof/ u/l To; sf];]gaf6 k0f{:j :y x̄leof]. /, To; sf] k̄f/k; f/ klg uḡeof].

t̄sfnlg k̄wfgd̄ql h'4zdz]nf0{pxfh]ctōt /fd]9^un]kf]n; -tf/lksf]t̄h, ; Nnfsf]vfb] rk̄ / l:kl/6 ld; fP/ agfPsf] ul/Psf] snfls n7vl / 6̄h pkxf/ lbPk15 h'4zdz]n]ef/tlsf]snfsf]kz]f u/]f lyP . 6qf6qf]sf7 hf] agf0Psf]lo; n7vl[s]alralrdf k̄mfdsf] kftf/ k]lsNnf/fvl s;] agf0Psf]xḠof]/ To; nf0{hf]g ef/tln]; /] kbf] u/l xfQlsf]bft /; fg ug]/ /QmrGbgf]6qf hf]g] sf d klg uḡPsf]lyof]. h'4zdz]; ̄u pxfsf]cfu] lyof] 'Pp6f pBf] vfl]g kfP ; ftcf7 xhf/ sfdbf/nf0{ fydf /fv] sf d u/fpg ; Sy]. Tof]hf], hf]u/ / ; fx; ddf 5 .

>l ef/tlsf]o:tf]pt; fx by] h4zdz]n]o; āhsf]pBf] kl/ifbd] pBf] btf{u/fpg lgb]g lbPsf lyP t/ To; kl/ifbd] xtf]tf]sf]gsf/ftds dg; fon]ef/tln]gs]er]er] / pNeng Joxf]k]of]. pBf] btf{xg ; sg] . To; 36gfn] pxfhf0{gs]g/fz tNofof].

r̄gb]dz]sf] kfnfdf klg ef/tln] snfls n7vl agfP/ pkxf/ lbgePsf]lyof]/ pglaf6 klg ef/tl k]z]t x̄lePsf]lyof]. To; kl5 pxfh]cfk̄h] agfPsf ; fd] / pks/0fx̄ /fhf / b]sf Vofltk]t eb]enfbdlx̄nf0{klg lbḡeof]. pBf]vfh] pxfh]cfk̄g]snfsf]rd]sf/ b]fpg g; s]klg PSnf]kbf; n]pxfh]yk]snfls ; fd]x̄ tof/ uḡeof] / @)!! ; fnf] /fli6o:t/sf]kbz]l cfof]hgf u/] hg:t/af6 k]z]t x̄leof].

g/axfb/ ef/tl lj 1fg / snfsf]ndf lj lzi6:yfg k]kt ug]Ps ; km̄ JolQm] xgxḠof]. pxfh]lj=#!(^) lt/ cfk̄g}df]ns lj rf/ /

k]j lwaf6 ūdf]k]mf]sf] l8:s/\$8{ tof/ kfḡPsf] lyof]. ; fdfGotof l8:s/\$8sf k̄n̄x̄ v]f / snf / ^usf x̄y]t/ ef/tln]agfpḡPsf] l8:s/\$8sf k̄n̄x̄ l]j lēg / ^usf lyP . oltdfq xf]g, pxfh]t̄f]lsf] t̄hdf ūws ld; f0{/a/ klg tof/ kfḡPsf] lyof]eg]sf7sf ; Gb/, snfls k̄l]g / g]fnl j fbbo6q klg agfpḡPsf]lyof]. tl ōqx̄df ; yz]uf/, ; f/^ul, k]rfj fhf / 6^ugfafhx̄ lyP, h̄g clxn]klg k]fej gdf 5b]g]. o; /l tof/ kfl/Psf sfi7snfdllb]f]Pp6f sdgfbf/ 6̄h klg ef/tln]t̄sfnlg /fhf dx]b]f0{r9fpgePsf]lyof].

wftx̄sf]ld>0f]lwdf klg pxfh]lgs]c]bog-cg'; Gwg uḡPsf] lyof]. Ps klsf/sf]e:d kbf] u/] kf/fjh0{klg e:d kfg{ Sg]k]j lw pxfh]ljsl; t uḡPsf]lyof]. o;)j lwāf/f pxfh]lūgldf ; gsf]ld>0f u/] ; km̄tf xfl; n uḡPsf]lyof].

g/axfb/ ef/tln]lūglnf0{; g agfpg ; ls]5 ēg]s/fdf ; km̄tf xfl; n uḡeof]. lūgl agfpbf ; gdf rfb] tyf tfdfsf]s]l dfqf ldnfpkg] / o; /l tdf / rfb] ldnfpbf b] }wftdf xgkg]godnf0{pxfh]cg'; /o uḡPsf]lyof]. o;)j lwsf]kbf] u/l ef/tln]rb]lsf]k]z]v]g u/l ; g; ̄u ld; fpgePsf]lyof].

g/axfb/ ef/tl ; flxTo, ; ^ult / snfsf]l]f]df klg TolQs}cle?lr /Nglaxk]tefzfml JolQm xgxḠof]ēg]s/f pxfh]; h̄gf u/]f lj lēg sf]os]tx̄af6 :ki6 x̄5 . pxfh]af0fe]sf].:sfbl]a/l' h:tf]ch]a/l u]ynf0{kff] efu -kB_ df cgj fb uḡPsf]5 eg]k]bs/ slj tf; ^ulk -kB_, glt; wf/ enbfp/] -kB_ / lbgblgo]sf]tk]f]6 ; Tokf]gf -uB_ cflb yk]slj tf / ehgx̄ klg ny]gePsf]5 . 8fo/lsf kfgfdf pxfh] cg]sf] /rgf snfls /yflrq c^alst u/l ny]gePsf]5 . ; ^ultsf] l]f]df klg pxfh]TolQs} ?lr lyof]. pxfh]yk]ultx̄ /rlnf0{To; ; ^ulta4 klg cfk̄h] u/fpḡPsf]5 . āhfj fbgdf klg pxff ctogQ ; f]vg xgxḠof]. lkofgf]fbgdf pxfh]cgf]f]k]tef b]yfpḡPsf]lyof]. lrqsnfdf pxfh]cfk̄h] k]tsx̄sf]cfj/0f / /yflrqx̄ sf]gePsf] lyof].

g/axfb/ ef/tl cToGt ldng; f/ JolQm j xgxGyof]. pxf; u a9l ; t; ^ut xg]x df afns]0f ; d / u]b]zdz] /f0ff xgxGyof]. pxf]n] ef/tlsf]JolQm j / pT; fxhgs sfo]f af/ff vh] k]f ug]Psf]5 eg]; f] DaGwl nyx] klg 5flkPsf 5gl.

o; /l hlj ge/ lj 1fg, snfsf]n, ; flxTo, ; ^ult / snfsf]; fwgf ub]j; =@)@# ; fn df3 !) ut]g/axfb/ ef/tln]o; ; #f/af6 labf Ingeof]. ; fwf/0f lzlfssf]afj hb klg ef/tlsf]Psn kbf; af6 yfn gl ePsf]cf]wl lj 1fg, Olg]lgol/^a lj 1fg, /; fog lj 1fg / sfl/u/lst]lf]df of]bfg lbg' sd dx]j k]f{sf] lyPg . pxf clxn]xndl; dlf geP klg pxf]lbg]bg]Psf]k]0ff / 5f8] hfg]Psf s[tx]n]pxfhf0{; w}; lDe]xg] agf]Psf 5gl.



g]fn ; flxTo ; dfhsf p24ox]

!= 'zAb; fu/ ; Ddfg' / 'j; Gt-/fwf kBsf]o k':sf/'sf]Joj :yf .
 @= lj z'4 ; flxTo;]f .
 #= g]fn j zh]sf ; flxTosf/; ; dfh;]L, snfsf/ cflbsf]klxrfq u/l tg]sf h]gl k]sfzg ug]V tg]sf]gfddf ; Ddfg, k':sf/sf]Joj :yf ug].
 \$= g]fnl efff, ; #s]t, ; flxTo, snf, lj 1fg cflbsf cdNo cg'; Gwfg-u]yx]sf]k]sfzg ug].
 %= g]fn]sf]sf]sf] /x]sf pkoQm]j ifosf cu]h JolQm j x]nf0{ ; Ddfg ug].
 g]fn j zh]sf n]sf]lj lzi6 JolQm j -wfl]sf, ; fdflhs, /fhgl]ts, P]txfl; s, ; jf:Yo, lj 1fg l]sf]gfnla]hL, h]gl jf hfgsf/l k7f0{o; p]ts]6 sfo]f xft]fnf]ju/f].

g]fn ; flxTo ; dfh
 rfa]h, sf7df8f].

; Dks{

zAbfy{k]sfzg

rfa]h, u0fz:yfg

\$\$(&%!-(*\$!-\$%!)

Email:nepal.vk@hotmail.com

rqnkfl0f rfln; \$f]hlj gl

/fddlof 9e]u]h

/fi6sf nflu cthglo of]bfg u/\$f / /fi6af6 vf; s]k kfpq g; s]f JolQm j x]d]b]sf /fli6o JolQm j x]t rqnkfl0f rfln;]. pgn]hlj gdf cfk]nf nflu s]k u/]g]/ klg /fi6sf nflu cthglo of]bfg u/]. h]db]v d]oko]t k]8]k]8fdf a]fr]sf ltg]slj, ; flxTosf/ rqnkfl0f rfln; \$f] hlj glsf s]k klf]x] lg]gadf]hd k]t t ul/G5 .

h]d

rqnkfl0f rfln; \$f]hlj d]t ! (\$) ; fn sflts zSn qof]b]zlsf lbg lkf]l8]f k]nf]nfn rfln;]/ dftf r]b]df of]nfn; \$f]ueaf6 s6'h] eQnk]df ePsf] xf].

d]o'

@)!%; fn r]g zSn gj d]sf lbg pgsf]d]o'ePsf]xf].

lz]ff

b/af/ :shaf6 Jofs/0fdf k]lif pQl0f{ !(^@ ; fnfd sfz]af6 Jofs/0fdf d]b]ddf k]lif pQl0f{ !(^* ; fnfd lj z'4fg]b lj Bfno snsQfaf6 ; flxTodf d]b]ddf pQl0f{.

dftfsf]b]f; j ; fg

rqnkfl0f rfln;]tlg j if]sf]xbf lj =! (!\$; fnfd dftf r]b]df of]sf] d]o'e eof].

afa]sf]rfyf]lj]fx

k]nfnsL t] k]gl r]b]df of]af6 Ps dfq ; Gtfg slj rqnkfl0fsf] h]d ePsf] / To; sf]tlg j if]k]5 r]b]df of]sf]d]o'ePsf sf/0f lkf]l8]f k]nfnn]rfyf]lj]fx u/\$f lyP .

j|taGw

pgl cf7 j ifsf]xbf lj=#!(\$* ; fnfd afaslrfyf]lax] u}pgsf]
j|taGw ; DkGg ePsf]lyof].

lj jfx

!(@ ; fnfd rqmkfl0f !@ j ifsf]xbf ufoqlb]lsf ; fy lj jfx ; DkGg
eof].

; Gtfg

klyd kq bffffgy rfln;] lj=#!(^# ; fnfd hGd e0{cf7 j ifsf]
pd]df !(& ; fnfd d]o'ePsf].

latlo ; Gtfg

5f]l zf/bfb]l, lj=#!(^% ; fnfd hGd ePsf]/ @)% ; fnfd d]o'
ePsf].

tltlo ; Gtfg

5f]f nldlgGbg rfln;] lj=#!(&) df hGd ePsf]/ /f0ffzfxlsf]
qif oftgfaf6 @)@ ; fnfd d]o'ePsf].

sfzlkjf; / nygofqf

slj rqmkfl0f lj=#!(^@ lt/ sfzl kjf; df /xbf gkfnl slj tfsf]
lj sf; xb}uPsf]lyof]. To; sf]; sf/ftds klefj slj rqmkfl0fdf
k/]sf]b]vG5 . To; ajhf sfzlaf6 lg:sg]'; lQm wf' gfds klqsfdf
rqmkfl0fsf ny, /rgf k|sfzlt xg yfn]sf]kf0G5 . sfzlaf6 kms]l5
.slj 'SNkb]d' gfds ; flxltos ; #yf v8f u/l efiff; Jf u/]sf]/ k15
dftk; fbsf]; Dkfbgdf ..dfwjl' klqsf lgsfnl efiff / ; flxto; Jf
u/]sf]b]vG5 . pQm ; flxltos ; #yf / klqsf s]l ; dokl5 aGb
ePsf]kf0G5 .

clobfkg

rqmkfl0f lj=#!(^@ lt/ sfzl kjf; df uPsf]/ sfzlaf6 kms]l5
sf7df8]sf]sh6f]hdf 8]f ln0{a:g yfn]sf]kf0G5 . Toxfa:g yfn]l5

hlj glgj fksf nflu 6f]hsf ; fxldxfhgsf afnaRrfix; k9fpg]sfo{; ?
u/]sf]b]vG5 . lj=#!(^ ; fnfd sfzlgfy cfrfo{bl]lftsf kqxs]nf0{
k9fpg] ; nl; nfdf pgs]3/ u]wf/fdf rqmkfl0f a:g yfn]. bl]lft kqxs]sf]
clobog-clobfkg] ; nl; nfdf pglx]nf0{; fydf ln0{lj=#!(^& ; fnfd
sns0f klu] / To; }cj ; /df cfkrth] klg !(^* ; fnfd lj z'4fgGb
lj Bfnoaf6 ; flxto d]lbd]f u/]sf]b]vG5 . snsQfaf6 sf7df8]sf]kn5]l5
e/tdl0f, o1dl0f cf]bl= / pgsf k]glx]nf0{klg rqmkfl0fn]k9fpg]sfo{
u/]. !(^ df u]wf/f 5f]l sdnkfy/l 8]f u/l a:g yfn]. clobfkg
pgsf]hlj gsf]dx]ej k0f{kf6f]lyof]. hlj gsf]cl]td 38l; Dd klg lbp]f]
uf]vfkqdf sfd u/] laxfg-ah]sf 3/df k9g cfpqg]nf0{k9fpg]u/]sf]
hfgsf/l xG5 .

uf]vf efiff k]rf/s ; ldltdf ; Jf / ; flxtonyg

lj=#!(&) ; fn kf]fdf 'uf]vf efiff k]rf/s ; ldltdf u7g eof].
of] k15 g]fnl efiff k]sfzgl ; ldltdf k]l0ft ePsf] xf]. o; sf]
u7gn]rqmkfl0fsf]hlj gdf gf]f]df]B NofPsf]b]vG5 . 'uf]vf efiff
k]rf/s ; ldltdf rqmkfl0fsf] klg lgo]Qm eof]. o; lgo]Qm lu
rqmkfl0fsf] hflu] hlj gdfq ; ? ePg, ny]slo ofqfn] dx]ej k0f{
ult; d]t lnof]. ...uf]ef-k]; =df sfo{t / x]bf rqmkfl0fn]
kf7bk:tsnufot cg]fb, ny, slj tf, lgaGw, ; lrkq el]dsf cflb
ny]gkg]xG5of]. o; ; #yfdf rqmkfl0fn]k]l; j if{clj lR5Gg ; Jf
u/]. rqmkfl0f rfln; \$f]n]y]gl]sf]dx]ej k0f{; do oxl xf]/ o; }cj lwdf
pglaf/f yk]k:ts n]vP . lj z]f u/l uB ; flxto]k]pgn]c; ^Vo
/ p]ts]6 k:tsx] lgsfn] g]fnl jf]dosf] >lj]4df cthglo
of]bfg u/]sf]kf0G5 To; h]g]fnl ; flxto]f lj afg]tyf 0ltxf; sf/x]n]
ny]gfy kf]bfn slj lz/f]l0f xg]eg]rqmkfl0f rfln;]uBlz/f]l0f
xg]eg]sf 5g]. To:t]k]Btk]k]lg pg]sf]of]bfg sd 5g . b]y]f]y]sf
lj ifodf t]tsfn slj tf sf] ; Sg]lfdtf pgdf /x]sf]kf0G5 t/ bM]sf]
s]f, pg]sf cglu]t k]sfzlt-ck]sfzlt k:tsx]sf]; tl clen]y; Dd
tof/ xg ; s]sf]5g . h; n]ubf{pglaf/f ln]vt ; a]k:tsx]sf]gfd
xfn lng ; lsg]cj :yf 5g . e] Ddsf / yfxf xg cfP; Ddsf k]sfzlt-

ck|sfzlt k:tsx_>sf]gfdj nl klg oxff k:t t ul/Psf]5 . pgsf sltko k:tsx_> ck|sfzlt cj :yfd}/x] x/fP . ; Alf0fsf]cefj df silt d' fsf cxf/ ag]. silt lh/fdl/r k; ndf ku]. silt cfk|tx_>af6} rf]l eP . k|sfzlt k:tsx_> klg xfn ck|ko cj :yfdf 5g\ . pgsf cdNo / cgluGtl k|sfzlt-ck|sfzlt k:tsx_> vfhl u/l k|sfzg ug{; s]pgsf]cd/ cfldfn]zflgt kfpg]lyof]eg]g|fnl ; flxTokmfn] dxEj k0f{pknlAw xfl; n ug{lyof].

uf]vfkqdf ; Jf

uf]vf effif k|r/s ; ldltdf k|l; j if{clj |R5Gg sfd ubf{/fddl0f cfblsf]; d]; fdllkodf pgn]g|fnl effifsf]k|r/k; f/; d]; u/] effif; Jf ug\$; fy}slj tfdf k|rng /x\$]efgeQnlo xnft k/Dk/fsf]alxisf/cfbfbfhg; d]; df; lqno eP . lzlfllf]sf]; d]; Jf ub]g|fnl jfa dosf] >lj|4 ub{ /fi6sf] ; Jf ul//x\$]efgeQnlo rqnkfl0f rfln; Jhfo{ cj ; /jfblx_>af6 cfk|gf]celi6sf]klt{vfl/ @))\$; fnfd uf]vfkqsf] k|nl/8/df ; ?jf ul/of]. pgsf]of]bfgsf]pRr sb/ ug\$]abnf t|sfnlg zlQnjfnx_>n]cfk|gf]; lldt : jfy|lt{u/l pgnf0{uf]vfkqsf]k|nl/8/df ; ?jf u/l pgsf]dfgdb] u/\$f]b]vG5 . hlj gsf]cl|td 38llt/ klu; s\$]f JolQnjnf0{o; /l ul/Psf]; ?jfn]cfld; Ddfgdf r|f k|ofpgsf; fy)dfgl; sczfGt; d]; yk\$]k:6 xG5 . @))& ; fnfd pgnf0{k|ff3ftn]cr|bf] s\$]l ; do 3/d)a:g afnb eP . k15 s\$]l sd ePk15 gflt cRtgbgnf0{; fy lnP/ sdnkf]/lb]v uf]vfkq; Dd hfg]fpq]uy]. of]qnd @))!! ; fn; Dd rNof]. @))!! df pgnf0{.lofb k|lof]3/}'a:g" e|g]va/ cfpbf a|ofb t ; fjh|lgs _kdf 0zj/n]k7fp5, tkf0{>n]g]k7fpgeP5E egl lvt; Ss xff \$f lyP /]. To; k15 pgsf]hflu/]hlj g ; lsPsf]lyof].

axcfolids JolQnj

slj JolQnj M rqnkfl0f rfln;]; d:ofsf lj ifo tfg] t|sfn slj tf /Rg]lfdtf /Vby]. To; sf]pbfx/0f pgsf hlj gsf lj le|g 36gfsf lj ifodf t|sfn n|y\$]f slj tfx_>nf0{lng ; lsG5 . ; fy} ; lbof]rn\$]f] /fli6o ufg klg o; sf]pbfx/0f xf].

uBsf/ JolQnj M rqnkfl0f rfln;]uBlz/f|l0f g]yP . pgn]; a|l|fkt /fdfof, ; a|l|fkt ef/t, h|dgl ef/t cfib yk}pTs|6 uBk:tsx_>/rgf u/] o; sf]k|pf0f k|t t u/]f 5g\.

sf|zsf/ JolQnj M rqnkfl0f rfln;]g|fnl effifsf k|xnf]sf|zsf/ xg\ . sf|zsf/sf _kdf pgsf g|fnl aunl sf|z, g|fnl koffjfrl sf|z, lxt]l g|fnl zAbsf] cfib k|sfzlt ePsf 5g\ . pgsf sf|zsf k:ts k9bf zAbsf cy\$]f ; fy}zAbsf pTkI0 zAbsf]; DaGwdf k/fk/ hfgsf/l lbg]kof; ; d]; ul/Psf]kf0G5 . o; h]pgsf]zAbsf]nfo{0G; f0Snf]l8of g}eGg]ul/Psf]kf0G5 .

eldsf n|ys JolQnj M pgn]g|fnl effif k|sfzgl ; ldltdf /x] yk}el|dsf, ; dl|ff, ; dfnf]gf n|y\$]f 5g\.

; Dkfbs JolQnj M rqnkfl0f rfln;].slj 'sNkbh' gfd; ; a|yfdf /xl ; flxTo; Jf u/]f]kf0G5 eg].dfwj'l' k|qsf]sf]; Dkfbgsf ; fy)nfdf] ; do; Dd ..pBf]u' k|qsf ; Dkfbg u/]f]b]vG5 .

q|flGtsf/l JolQnj M q|flGtsf/l k|qsf ..pBf]u'sf] ; Dkfbgdfkmf ; flxTos q|flGtsf/tfdf pgl ; fdjh ePsf]b]vG5 eg]vhf]kdf /f|l ultlj lwdf ; n|lg 5f]fnf0{; xof]u/] /fhglts q|flGtdf ; n|lg eP/ q|flGtsf/l JolQnj k|bzg u/]f]kf0G5 . ; fy} ; flxTos q|flGtdf klg pgl ; fdjh /x\$]f]pbfx/0f cfibslj efg|eQmsf]; dodf rn\$]f]xn|tsf] j|xisf/jfbl cfbfbhg; d]; df nfuf]kf0G5 .

:j fledfgl JolQnj M g|fnl effif; flxTosf]cthglo ; Jf u/] klg pgn]slxNo}s; Jf6 s\$]l cfzf /fv|g\ . cfk|th]si6s/ hlj g JolTt u/] t/ s; }; t bofsf]elv dfu|g\ . ; DkGg / ; lfd JolQmsf 5f]fakf/lnf0{ k9fP, abnfdf s\$]l dfu|g\ .

@)!% ; fnfd t|sfnlg /fhf dx|bh]b/af/df af|hfp/ pgnf0{e|l .tkf0{f0{s]rflixG5 < egl k|g ubf{pgn]adft|effif / ; flxTosf]; Jf u/] cfk|gf]k/f lhGbul latfPf ca of]lj l|fkt cfldfnf0{s]rflixG5 s\$]l rflxb]eg\$]f lyP /]. etkf0{f]nflu s\$]l grflxP klg tkf0{f]kl/jf/sf]nflu t s\$]l rflxpnf]egl /fhf dx|bh]af6 k|gM k|g ubf{.ac; dod}cfk|gf]klt

udfPsl l j wjf axf/l / lktf udfPsf]of]Pp6f gflt 5, ol b0h]klg d]f
h:t cfk]l]eflo lnP/ cfPsf 5g] ; f]l eflucg' f/sf]efly u5g]s]l
rflxGgE eg]f lyP /].

k]f] f]cfzjf; g

IhGule/ g]fnl efiffsf]; Jf u/] klg pgn]To; af6 s]l k]lt ug{
; s]g] . ; w]hlj g wf]g dl:sn kl//x]bf]. hflu/af6 lgj Q ePkI5 t
eng\pgnf0{kl/jf/ kfNg; d]t w]f]k]of]. l j leGg k]tli7t JolQm]z 3/df
cfply]; xfgel'tsf zAbhfn aGy]. cfzjf; gsf]s6/l k]fg uy]hGy]t/
kl5 s]l xb]yof]. l j = +@)!@-!# ; fnlt/ s]z/zdz]sf] lgjf; df
lj b]z; d]sf]pk1:yltdf pgnf0{af]hf0{l]d6^ ePsf]/ pgf]h]lj gl /
k]f] d]t duf0{igs}rfv ln0Psf]tyf pgnf0{l j b]lx]n]; Ddfgk]§
k/:sf/ lbg]lg0f6 u/]sf 5g]egl ; g]f0Psf]lyof]egl pgn]cfk]l]gflt
cRo'tgGbnf0{eg]f lyP /]. 'ca, xfd]lbg ; lkP5 afa'tca ltdlx]sf
bM]sf lbg uP' eGb}xiff}; d]t em]sf lyP /]t/ Tof]klg pxl k]f] f]
cfzjf; gdfq ; flj t eof].

k]8fsf]hlj g

hGdb]v d]oko]t slj rq]kfl0f rfln;]sf] ; v]k]§ hlj g Jotlt
u/]sf]lf0f b]y]g kf0Gg . pgf]h]lj gdf ; w]bM]B]M d8f]0/x]sf]b]M5 .
tlg j if]f]5bf cfdfsf]k/nf]s xg'; afa]sf]e0/x]sf]hflu/ 56g'; dft[g]sf]
cfzjfbgaf6 jl~rt e}6x]f]aGg'; kl5 lktfsf]nf8kof/; d]t af6 6f9f xb}
slxn]dfdf3/ / slxn]a9fdfj nl u/] afnh]lj g sf6g]a]btf kg] cf7
j if]f]pd]df cfk]l]g]cf]vn]afa]sf]l]ax]b]y]gh:tf s/f pgn]ef]gk]of]. cf7
j if]f]slnnf]pd]df s]l ; do h]d3/ a:bf klg ; fgl cfdfsf] ; f]jl
Joj xf/sf]k]l]f tf8gf em]g' To; kl5 s]l ; do effhllbb]sxf]a:g a]bt
xg'/ Toxf]klg c]kx]nt aGg'; cfk]l]b/af : shdf 5Gg, cn^sf/, Jofs/0f,
j b]f]t cl]bog ubf]b]afx] j if]f]pd]df ljjfx u/l gj ljjflxtf bhxlnf0{
; f]jl ; f; b]f]b]R5/ Joj xf/df 5f]g a]bt xg' cf]b h:tf s/f klg pgn]
ef]gk]of]. afNosfndf dfq xf]g of]f pd]df ; d]t slxn]8]fdf, slxn]
c]s]3/df ub]hlj g wf]g a]bt xgk]of]. !(& ! ; fnfd cfk]g]k]yd k]qsf]
cf7 j if]f]pd]df d]o' l]tlo k]q n]dlgGbg rfln;]sf] !((& ; fnfd

alPsf]k/lffdf 'gk]s /f0ff' egl p0/kl:tsfdf n]y]fkt cz ; j{j /
cfh]d sf/faf; sf]s7f] ; hfo t]b]h]h rnfg ul/Psf]6h]h'x]f]l]b]xg'
kl5 h]leq r/d oftgf kf0{dg]gl]rt ePkI5 @)@ ; fn c; f/df h]ldQm
ul/Psf]pgf]t; lbgdf alP; l]d cl]bog u/]sf]5f]fsf]aQL; j if]f]h]j fgld}
d]o' b]y]g a]bt xg' cf]b l j ztf pgn]ef]gk]of]. To; sf]s]l ; dokI5
cyff\ l j = +@))# ; fnfd cfk]l]g h]lj g; f]gl ufoqlb]lsf] ; d]t d]o]sf]
ahkft kg]cf]b nu]f ut]vf efiff k]f]s ; l]dtat6 uf]vf]qsf]kk]l/8/df
; ?jf ul/gsf]kl8f; d]t pgn]; xg a]bt xgk]of]. @)!! ; fnlt/ cfk]lh]f0{
klff3ftn]cr]g'cf]b x]pol]bf/s / kl8fbfol cj : yfx] e]b}pgn]clt
si6s/ h]lj g Jotlt ug]k/]sf]b]vG5 .

k':sf/

k':sf/ eg]klg h]leg]klg dg]s]l ; docl3 t]sf]nl g /fhf dx]b]af6
dfl; s ?= !%) :- eQfafx]sf pgn]s]l kfPgg]. d]okZrft@)@! ; fnfd
k]f]t]t]7fgaf6 'lqe]g k':sf/ k]fg ul/Psf]b]vG5 . To; afx]sf pgn]
c]o s]g]k':sf/ kfPsf]b]vG5 .

k]sf]zt-ck]sf]zt k':tsx]

e]f] Dd / yfx] xg cfP; Dd k]sf]zt-ck]sf]zt k':tsx]sf] ; H
lg]gfg'; f/ b]vG5 M
d]5Gbgfysf]syf, !(^@
gl]t/lg d-h]lff, !(&
g]fnl ; ^]f]t /fdfo0f, !(&%
; ^]f]t ef/t, !(&%
d]b]t 5f0f !((
0zf]fiof]lgifb) !((^
g]fnl aunl sf] , !((^
g]fnl kof]frl sf] , !(((
; flxTo lddf]f, @))!
dg]d]t, @))\$
rqm slj tf t/l 0f, @)!%

hōdglo ef/t, @)@
 Iz3afly blksf
 :tfqfj nl
 s]0fsdf/l gf6s
 cfrfo{ j zjf nl
 rqm hlj gl
 z]of xl/ZrGb
 zsGtnf
 kzkl t f
 kzkltofqf dxftD
 rf/wfd dxftD
 lxt]l g]fnl z]bsfz
 uf]vf k]Gw Izlff -efu !,@,#
 kqafly efu M !, @,#
 wd]zlff M efu !,@
 st]olzlf
 lzzaf]wgl
 :jf:Yo lj 1fg
 k]Gw /rgf Izlff
 cf/f]olzlf
 ; ktxf lj lw

olafx] pBf] kflfsnufot c]o kq-klqsf] df ; lkfbslonufot
 n]yslj tfx] k]t]y/x]f 5g]. ; fy]uf]lfgfydf r9fPsf]lqz]hdf c]alst
 Znf], h4zdz] / lqe]gsf] ; nfdl, g]kfnf nf]tGq :yfkgrk] \$f]
 /fli6o ufgnufot yk]kib]s/ slj tfx] oqtq 5l/P/ /x]f 5g].

c]tdf rqmkf]of rfln; h] /fi6sf nflu h]hlt u/] To; sf] ; xl
 dNof]sg xfdla]f x]g ; ls/x]f]5g] e]g] ; TotYonf0{x]bo]ud u/l
 To; tk]r; r] x]g ; s]/ pxflsf k]hlt-ck]hlt /rgfx] vflh u/l k]sf]zt /
 ; A]f]of ug{; s]pxflsf]cfldfn]zflgt kfpg]lyof].



cfafn a] rf/L if8fgGb clwsf/L

✉ nldlsdf/ sf]/fnf

!= kl/ro

cfafn a]drf/L if8fgGb clwsf/Lsf af/df k]hlt hfgsf/L yf]5 /
 w]s]/fsf]cg] Gwfg af]sl g]5 e]g]s]/f v6lsPsf]5 . of]k]; a]udf
 if8fgGb clwsf/Lsf af/df k]hlt ; h]gfsf]5f]z]but / abfut ; a]s]sf
 s]/f cufl8 /Vb]tg]hfgsf/Lsf cfwf/df c]tdf 5f]f]; dl]ffds l6kkofl
 k]; t]t ug]k]b]g ul/Psf]5 .

!= kl/ro ; a]f]

G]f/fgsf]gfd	M if8fgGb clwsf/L
h]d	M lj] +!*(@ dfu{ zSn k~rdl
h]d:yfg	M u8l upf] lb]h]f, ef]h]k/
afa'	M nldlgf/foof clwsf/L
cfdf	M ?ISd0f clwsf/L
ue]6x]f	M logl ue]f 5bf g]ktfsf]:ju]f; -cfdf, bfhlbbaf6 afNosfnf e/0fk]f]f
afNosfn	M ; fdf]o .

!= Izlff

- cf7 j if]f]pd]df j]ta]w / lj Bflbogsf nflu k]yfg .
- hgsk] wffff k]l Toxf]sf]ax]drof]ddf a;] b; j if{ D u?shlg
 lj Bflbog .
- Toxf]sf t]sf]lg lj åfgk]sf]; lsk]f ; :S]tefiff, Jofs/Of, 5Gb,
 Hof]tif, ; flxTo, k]f]f, r08l, ?b], ultf, sf]f, sf]o tyf j]p-j]p]f
 cflbsf]/fdf]cl]bog .
- k]tefzfnL lh1f; ' nugz]ng Pjd]rlrf, axkl/rt 5fq ePsf]

sf/0f cemuxg cllbogsf nflu agf/; k:yfg .

!=cllbog, ofyfEof; / ofy l; l4

- agf/; sf]:dflf'cf>d'df a; l uxg lj BfEof; , lrGtg-dgg, ofyfEof; tyf aklbduoql ; fwgfdt tNnlg xb}uPsf .
- agf/; df 5b}lj leG :yfgsf tly{ d7-dlGb/, lj åfg) ; fw'; Gtsf] vfh, eþof / ; T; ^u u/l lj BfEof; , 1fgfhg, aklbIrGtg / ofyfEof; /t xb}rfal; k6s .ufoql k'Zr/0f dxfo1'; d] ; DkGg ug{ ; kmn ePsf .
- To; kl5 gkf fn cf0{j flldtl lsgf/fdf kg{kly/-366f, lqzhl / u08slsf]; ^ud:yn 'b]3f6' / kfV/fsf]; tl-u08sl lsgf/fdf ; d] u/l kjo\$ 7fpbf #= j if\$ f b/n]gfj if{ ld ci6fa^u ofyfEof; /t, l; l4 kfkt u/\$f .

!\$= ofy l; l4sf s/f

- logdf OR5f-l; l4, jfso-l; l4 tyf sfo{l; l4 /x\$]s]/fsf]t lsfnlg ; fdflhs hgljZjf; .
- lrtfgf; fy sf] f}b'l kf/ ug{; Sg:pn\$]gbldf v8fpn]6\$]l kfglldfly g); /f; / lxB] jf/kf/ ug{ lj zfn gbldf ?dfndfly a;] 8ufaf6 enj f/kf/ ug{ yf}/sd enjfdf /fv\$]f]eP klg sg] vf; sfo]p]hgsf nflu enjfaf6 xft xfNb]rflxPsf]hlt k]f v?v? lenbg'; dflw s;] a; \$]f]ahf Ps xftdfly l/Qf]cfsfzdf crn /xl llfgdUg xb'; llfg-s]fdf a:bf ajhfajhfdf ufoql dftf; u k]olf bfxf]f]j ftf{j f; jfb ug{if8fgGbsf nflu ; fdfo s/f ePsf] kf0G5 .

@=; dfh tyf b]z-; Jf

ofy ; fwgfa/f l; l4 kfkt u/l ofy-; fwssf ðkdf rlr], kl/lrt ePkl5 cfhljg akldroff /xl lgMjfy{; dfh; Jf Pj d\ /fi6]f ugItlj| OR5f hfu\$]f]j=#!(!# df cfkng}hGd:yfg lb^hf kms\$]f .

!=lzfno tyf lj Bfno :yfgf

lj=#!(^ df pQm lj Bfno :: :slt k]vfg kf7zfnf'sf] ; kdf kl/0ft ePsf] .

s]f; df r]g zSn /fdgj dlsf] zé ; f0tdf Ps lzjfno / Ps lj Bfnosf]:yfgf; ?df cfknb]clllbfkgsfo{; ~rfng u/\$f=qndzM :yfglo / gkf fn tyf ef/tsf lj leG :yfgaf6 s]f]lj Bfyl{cf0{k9g yfn\$]f:gkfnsf]hg:t/af6 :yflkt, hgtsf nflu vh\$]f]of]g}; Dej tM klyd lj Bfno .

- Jofs/0f, s]f] ; flxTo, 5Gb, Hof]tif cfib lj ifosf]clllbfkg .
- 5\$]f5\$]j ifosf nflu 5\$]f5\$}clllbfkgs]fsf]joj :yf .
- lj Bfyl{rfk a9b}uPkl5 gkf fn tyf ef/taf6 ; d] lemsf0{lj leG lj ifo-lzfssf]joj :yf ul/Psf] .
- clllbog-; lj wfsf nflu k'tsfnosf] ; d] joj :yf ldnf0Psf] .
- sltko bhé uþyx] Tox]cBfj lw ; /lif .
- t]sfnlg /f0ffzf; sx] ; d] afn; Gtåf/f k]f/t k]f]t e0{lj=#!(!# df lb^hfs}h:tf]lj Bfno sf7df8bf vfh; ; ~rfng ug{ yfn\$]f] .

@= ; joj :yf:rfhf]k]h]f]

- pQm :yflkt lzjfno tyf lj Bfnosf ; fy]ps 7hf]au]fsf] ; d] joj :yf ul/Psf] .
- jojl:yt ; ~rfngsf nflu ps 7hf]u7lsf]joj :yf u/l t]sfnlg /f0ffzf; saf6 nfndf] klg u/f0Psf]pQmu7lsf]hlf !%# /fkgl /x\$]f; f]hlfufdf xhf/f]d]l c]g pTkfbg xg ; Sg]; f]hlfuf .
- pQm u7l hlfufsf]cf]bf]glaf6 lzf]s tyf sdff/l, kfn] rf\$]bf/ cf]bsf nflu kfl/>lds / 5fqx]sf nflu 5fqj]Qsf ; fy]ahfavtdf rf8kj { dxf]; j, k]f0f, k]j rg cfib ug{joj :yf ldnf0Psf] pQm joj :yfnf0{bl3\$]fnlg ; ~rfngfy{tfdkq, lznfn]yg cf]bsf] ; d] ; joj :yf u/l ; /lif ul/Psf]ctM afn; Gt Jofj xfl/s tyf b]bz] ; d] ePsf]s/f k]dfl0ft xG5 . a9bf]lj Bfyl{rfknb0{x]l lj=#!(% df pQm lj Bfnosf0{:yfgf]t/0f u/l kmflsnf]7fpbf ; fl/Psf]5fqfj f; , cltly-; bg, o1, k]j rg, slt]d08k, cf]bsf] ; d] /fd]k]aGw ldnf0Psf] .
- lj=#!(^ df pQm lj Bfno :: :slt k]vfg kf7zfnf'sf] ; kdf kl/0ft ePsf] .

@#=; dfh-; wf/ Pj d\; fdflhs qm\gt M

- ; tlk\yf / bf; klyfsf]p\Gd\hgsfo{lb\hf / To; sf cf; kf; l\ydf
lj\z!(\$) lt/}afn; Gtaf6 ; ~rfng ul/Psf].
- t\tsfnlg >l # r\Gbzdz]n]pg}afn; Gtaf6 ; tlk\yf / bf; klyfsf]
p\Gd\hgsf ug{k\yoff kfPsf .
- hftlo ; dfgtfsf]sbd\; f\y\lgs :yfgdf 5\yf5t x6f0{; dfg\kdf
hfg, 3\yg, a:g kfpg]joj:yf . Tof]aj\hf c5t jf blntn]klg
; \s[t k9g kfpg]clwsf / bnfPsf]h:tf qm\ctsf/l / ; dfh; wf/j fbl
Sbdx\ afn; Gtaf6 rflnPsf].
- kf6lkf\, xf6ahf, khkh]f]af6\Bf6f]s\j f, wf/f]kf\/l cflbsf]gd\ff .
- :yfglo ; 'lffsf nflu ; lgs\o{/\\$ / 6\y8v\hsf]lgdf\ff .
- ; fdbflos jgljsf; sf] yfngl, b\zlj b\zaf6 lj le\g hftsf
kmnk\hsf af\y\l?jf Pj d\?bf\fsf lj ?jfx\ dufo{l j zfn au\ff
agf0{j ftf\0flo ; hf0f, cfo; f\tsf] ; Dj 4\y ug{k\yoffbf\ fol Sbd
afn; Gtaf6 rflnPsf].
- cgfj Zos ; fdflhs vr\{36fpg !)* a6\lx\ /fvl ; fdllxs j\ta\w
ug{k\yf afn; Gtn]g}rnfPsf .
- Jofks ; fdflhs, g\ts hghfu/0f cfj Zos 7fg\ g\ts lz\ff /
cg\zf; g Pj d\hfu\tdhs kj rg, hg; ef / u\]l\lx\sf]cf\of\hgf /
; ~rfng, kl/rfng ug{joj:yf kf\ afn; Gtaf6}ePsf].
- lj\z!(!^ df 'wd\k\qsf' dfk\ l\ Bfno tyf d7dlGb/sf]
bl3\sf\; Dd ; ~rfngfy\; joj:yf ldnf0{; 'l\ift u/\\$f .

≈\\$ b\xt\tofu

lj\z!(! (& Ho\]z Sn qof\z\sf\ lbg sf7df8\;yt 6\\$'krnl3f6sf]
lgh cf>d-s\lfd\ of\y-; fwgf ; dflwaf/f afn; Gt if8fg\bn]b\xs z/l/
Tofu u/\\$f .

#=; ^\l\ft ; d\l\ff jf lgisif\

dfly kf:t\ t\ l\ le\g kf\ ^\l\af6 of\lgisif\ kf\ l\ g5 ls afntk:j\l
if8fg\gb g\kfneldsf ; kt lyP, Ps l; 4, sd\ k?if lyP . k?if\y\{sd\y\l

lyP, /fi6eQmPj d\; dfh; Jl lyP, al4dfgl Pj d\vb\y\z\lyP, ; Rrf 1fg\l
/ k/f\ksf/l lyP, ; \s[t efiff, ; flxTo, sf\y, Hof\y\if, j\y\ft, bz\y cflbsf
1ftf Pj d\l\j\z\i6 lj \y\g\lyP . pgl cflk\yf]c; ld 1fge08f, lj B\y\bbog,
cg\y, sfo{fdtf tyf al4 / hf] hfu/nf0{cfk\y}h\y\del\ddf nufgl ug\{
r\fx\y]. cflk\y}; dfh, dh\ssf]p\y\fg ug\{r\fx\y]. g\kfnnf0{: jR5, z\ft,
x/fe/f, lj\z\i6 tk\y\ld, l; 4el\, cfg\y\bd\o :ju\y\ld ag\pg\ r\fx\y].
To; \y\pg\ l; l4k\y\kt afna\y\drf/l cflk\y\leP/ klg uk\y\j\yf; l ag\] cfl\y\ff/df
dfq gnful sd\y\ sd\y\ ag\y\ To; /l sd\y\df plqPsf lyP . pgl cfl\y\j\g;
dfh; Jf, k/f\ksf/, ; fdflhs p\y\fg, hgr\y\gfsf]hfu/0f, uxg lr\y\tg,
of\y\ef\; tyf lj B\y\ef\; h:tf kf\lt sfo\ff ; bf sfo\{t Pj d\k\p\y\g/t /x].

ci6f\y\ u of\y; fwgf\af/f l; l4 k\y\kt o:tf l; 4 k?ifx\ lqsfnbz\y\5g\.
o:tf l; 4 k?ifn]r\fx\y\ 7\y\ hf tyf c; Dej n\y\lg]cgf\y\ sfo\{u/\ y\y\fg\ klg
; S5g\l t/ afn; Gt if8fg\bn]cgf\y\]r\6s]sfo\{u/\ y\y\fg\ r\fx\y\]. t\y\lg,
cf\y\sn\y\sn pgn]To:t\}cj :yf k/\\$f]aj\hf cflk\yf]of\y\; l4sf]k/l\if\of
u/l y\y\fg\k\065 . h:tf]ls sb\y\sf\ kbf\/ftl; Dd sf7df8\y\ff x\y\y\eg\]
ef\y\hax\y\ /ftl g\y\l\y\hf ku\y\sf\ x\y\y\]. Ps lbg pgl sf\y\ lsgf\df ku\y\sf\]
aj\hf Pp6]h\y\ln]cledfg ub\y\l\y\ldf r\9\ y\ gbl jf/kf/ u/l k\y\z\y\ u/\\$f]b\y\y\bf
To; nf0{\y\j\y\k\y\l\y\bg\}R5f hfu\y\ clg pgn]k\6b\y\ps\y\?dfndf a; l gbl jf/kf/
ul/lbP . of\y\y\l Tof]h\y\ln nfh jf 8/n]efu\y\sf\y\eg\]pgsf r\y\hf / c\y\o
hgsf]syg kf\065 . To:t\y\y\k\y\}f /fv\y\sf\y\ffaf6 v?v? le\y\ pgn]
w\y\}/sd sfo\{g\y\df sfd ug\y\z\y\sf\y\eg\]k\y\ r\y\rf\5 . ; dflwdf
a; \\$\}aj\hf Ps xft h\y\ldge\y\bf dfly p7\y\sf\y\eg\]s\y\k\y\ r\y\rf\5 cfPsf]5 .
of\y\; l4 k\y\kt ug\y\z\y\sf\y\ nflu o:tf s\y\k\y\ ; fd\y\go g\y\5g\.

afn; Gt if8fg\bsf w\y\}s\y\fsf]c\y\bbog, cg\y\w\y\fg\ ug\{clt g\y\dx\y\k\y\k\y\{
sfo\{7x5\ pglaf6 ; Tk\y\off / ; T; ^\l\Nk lnP/ /fi6\y\tyf ; dfh; Jf\y\hf
h\y\y\ ; s\y\y\ g\y\k\y\fn / g\y\k\y\fn\ w\y\o a\y\g\y\g\y\. c\y\h\y\se/ Jof\k\y, n\y\df\y/
; j\y\y\ / l\y\rf\y\g\y\ldf n\y\lg\y\z\y\o:tf ; Tk\y\off l\y\ng ; s\y\y\ r\y\l\y\q\y\fg\y\ a\y\g\y\;
Sg\y\g\y\. g\y\k\y\fn / g\y\k\y\fn\ w\y\o a\y\g\y\g\y\. c:t'.



cflbdxfslj pboggb choff M ; a llfkt rrf{

✉ lj iof' keft

0ltxf; lj h̄fsf] dfq xb̄g, xfḡsf] klg 0ltxf; x̄G . kfom
0ltxf; nfo{lj h̄fsf] ufxj avfgg]lj wfsf , kdf JofVof ug{vflh̄G .
xfḡsf]0ltxf; xb̄g efg]ul/G5, k/gt'; ffrf]s/f s]xf]eg]xfḡsf]
0ltxf; lagf lht]fsf]sb̄cl:t]j 7l8g ; Sb̄ . xfd]; dfhn]xfḡsf]
0ltxf; sf]zflvfh u/̄ . xf/̄fx]n]klg ; dfhnf0{axdNo lglw lbP/
uPsf x̄Gg. lj h̄fsf]0ltxf; ; Qf; Allft x̄G / k/fhtsf]0ltxf; hgtfn]
; Allft ub̄g. lnlv t 0ltxf; sf]; Qfdf eQf vfpf eQm̄, el/e/fp
/xb}cfPsf 5g). clnlvt 0ltxf; hgtfsf]:ḡ, ; b̄ej, lj Zjf; /
k/Dk/f/lft eP/ aſr̄sf]x̄G . JolQmjf jzs]jfydf czsf xsbf/x]af6
klg 0ltxf; n̄g]n̄yfpg]j z̄fj nl tof/ ug]j f ug{nufpg]ul/b}cfPsf]
5 . bnaGblsf]unaGbln]JolQmJolQnj 78bfpg]xb̄ cyf ; DklQsf]
zIQm]cleJolQmkn]fpg]xb̄) Itglx]sf]klg 0ltxf; n]; dfhsf]; fk]rtfdf
cjzo g}dNofāsg ub̄ . Pp6fn]b̄y\$]; To csf]sf nflu klg ; To g}
x̄kg]xf]t/ : jfyf z/falx]j : t; Tosf tYonf0{āvofpb}cfk]gf]rl/q
ḡāvofpb̄g. To; h] xfd]0ltxf; sf cḡsf tYox] cem]klg k]sfzdf
cfpg ; s̄sf 5g. To;t}k]sfzdf cfpg g; s̄sf k]tef xb̄t pboggb
choff .

cflbdxfslj pboggb choff o:t]Pp6f clj :d/0lo k]tef xg]V 0ltxf; df
tTsfnlg lj h̄tf cāuh / /offx]åf/f lgs]nfd]; do; Dd n̄sf0Psf-baf0Psf
cbet JolQnj xb̄. g]fnl ; flxTosf]0ltxf; df ; jkyd df]ns dxfsf]o
n̄g]k]tef pboggb]sf af/̄f 1fgdl0f g]fn n̄b5ḡ āj z'4 g]fnl efifdf
j fl0f\$ 5Gbdg g]fnl sflo-; flxTosf]yfngl ug]f clxn] Dd b]VPsf slj df

klyd pboggb ch̄g g]kb5g\! pboggb choffsf af/̄f yf]w]rrf{ug]
JolQnj df lr0/-hg g]fnl, wgf h]ahfrfo{afns]of kfyl/h, w]k; fb ch̄h,
ofyl g/xl/gfy, sdndl0f bl]lt, go/fh kgt, lbg]fh kgt, lzj/fh cfrfo{
sf]Bofog, bof/fd >].. Dej', df]g/fh zdf{lj iof/fh cfq], /fdk; fb bfxfn,
/fhdk; fb choff, k]fsfz g]fn .ofql', 36/fh eS/f0{/fdzj / cofh, z/bhgb
zdf{es/10{s]j k; fb pkflbfo, u0fzaxfb/ k; f0{uflfn e08f/l, tf/fgy zdf{
0zj/a/fn, 7fs/ k/fhhl, o1/fh ; Tofn, lj iof'keft, jf; b] 9sfn, lj gosdf/
zdf]g]fn, ?Sd0f k]fg, sfdf/ k/fhhl, nld0fk; fb uftdh:tf g]fnl lj åfg]
; dfnf]sx]5g. ef/tlo zfls]tfx]df blgfgf yz/0f, sdnf ; fa]s]fogn]
lj l]w ; Gbe{/ k]/zdf pboggb choffsf]rrf{ lj Zni]of, dNofāsg /
pNn]y u/\$f]kf0G5 . g]fnl efifdf dxfsf]o n̄g]klxn]k]tef pboggb
choff g]xg. To; h]pgnf0{g]fnf ; dfnf]sx]n]dfq xf]g ef/tlo
; dfnf]sx]n]klg g]fnl efif ; flxTosf :cflbdxfslj' egl k]6)pNn]y
u/\$f 5g. g]fnl ; j6fx]df t w]p]pgl 'klxn]dxfslj'ePsf]eGb}pgsf
s[tx]sf]rrf{u/\$f 5g. k]08t pboggb]n]g]fnl efifdf dfq xf]g cfo
lj lefg efifdf klg snd rnfpf]efg]tYo pgf]k]ts āfn kRrl; l' x]f{
; āhf0{k]6 x̄G .

cflbdxfslj pboggb choffsf]h̄d lj = ! * @ df ePsf]xf]. logsf]
h̄d:yfgsf ; DaGwdf km/skm/s lj åfg]n]km/skm/s wf/0ff JoQm u/sf
5g. tTsfnlg uf]vf /fHon]g]fsf]lj ho u/k]5 /fhwg]g]g]fsf]agfP/
sfdsfh u/\$f]xbf lj ZjZj/sf] ; f]f; g]fsf] ; yof]. tTsfnlg g]fsf]ctu{
xfsf]wfb^ lhNnfsf]klg sltko eld ; dfj z lyof]. To; f]xbf pboggb]sf]
h̄d g]fsf]df eof]xf]f efg]klg 5g. csf]wf/0ff s]5 eg]lj ZjZj/nf0{
rf]08l ; j /fhfsxfk7f/ u]tl va/ lNg]sf u/f0Psf]cj :yfdf /x]f]y ; j
/fhf klg pgsf]j aQfaf6 v' l eP/ a]j fdf lj tf]lbPsf xbf pboggb]sf]h̄d
xfsf]; kt/lsf]a]j f upfd)ePsf]xg ; S5 eGg] klg 5g. s]ln]t u/]vfdf
g]h̄d]sf]cyf sf7df8f]h̄d]sf klg xg ; S5gleG]ts{ d] ub̄g. o; /

- ! 1fgdl0f g]fnl, dxfsf]j pboggb ch̄g / pgsf]sf]o ; fwgf MPs clbog, k]1f, k0ff{ \$!,
@) #, k]7& .
- @ blgfgf yz/0f, g]fnl ; flxTosf 0ltxf; -k6gf Mlj xf/ lxfbl u]y Ps]f, 0; =!(&_ k]eo! .
- # 1fgdl0f g]fnl -; Dkf] pboggb /lrf Ma]fn krnl; l-k]fsz Msfn'aS; P08 :6zg; {)%)%_ k]a

ts{ug]z dlb]bof/fd >]7 / dfxg/fh zdf]a]j fnf0{hōd:yn pNn]y ub5gl. \$
 l]i0f/fh cfqf klg Toxlwf/0ffnf0{ dyg ub5gl. * /fdhlk] fb cHoff] a]j fs} ; dyg ub5gl. ^ k/t' k0ffsfz g]fn 'ofql' eg]afah]a]j fdf lat{kPsf} cfwf/df Toxlwf hōd]egg ; lsbg] egb5gl. * pbofgbsf lktf l]zjzj / ; kt/l a]j fsf latf]fn ePsf]xbf pbofgb klg ; kt/ls}xg' ; dej 5 efg]wf/Off 8f=nld0fk] fb uft]dsf]5 . * pgl hxfh hōd]sf eP klg g]fnl /fli6o k]tef xg] . g]fnl ; flxlosf clatlo k]tef xg] . cfk]g] ; dosf Ps b]zeQm l]åfg) s6glit1 / k]f; s klg xg] . pgsf]k]gs d]h ynf]u]ndsf]chl{x] / Toxlaf6 cHoff] y ; ? ePsf]xf]. kl; 4 l]åfg]gf/fo0fbf; cHoff] Toxlaf6 uf]vf cfPsf lyP . uf]vfnl cofhx]sf]lj åtk/k/fdf pbofgb klg /x]sf 5g] . * uf]vfdf zxj zlo /fhtqsf]:ykgf, l]sf; / l]t:tf/df; n]lg l]leg g]fnl y/3/dlb]choff] klg Ps xf] cHoff] ef/bf/x]sf]s6glits rt'/tf, /fhosf]naf6 c]u]h] ; fd]hoj fb klg ql; t lyof].

pbofgbsf]k]Vof]l Hof]t if 3/fgsf]z, kdf lyof]. To; j]pgsf]kf/Des l]lffb]lf cfk]g]afa'l]j zjzj /af6 eof/ kl5 jofs/0f, t6q /5b zf:qsf]klg dlbog u/]. ; :st eff; flxlosf]cllbogkl5 pgn]cfk]h0{Hof]t ifsf z kdf kl/rt u/fpg sltko 7fpbf pbofgb cHoff] hfz] klg pNn]y u/]sf 5g] . logn]; :st / g]fnl efffsf cltl/Qmclo efffdf klg slj tfx] ny]sf 5g] . pgl :jo efk]g]kl/ro o; /l lb65g] -

Hof]t if zf:q t zlbzf:q ejdf >ld6q zf:q) klg
 gfgf sf]s zf:q cfbl ; ayf]s hffof eof 5glegl
 ef5gl hgsf gfrt15gl t slj tf jf0f c; n df?gl
 lhxjfdf hgsf t dfo gksf cfk]g] sh]sf dl0f.

of]slj tf pbofgbsf]kjf4]fnlg geP/ pQ/f4{sfn]nf]lb5 . kjf4]f pgn]; fd]j / l]ho j0fg ul/Psf]slj tfdf pgn]cfkm'; /sf/l sfdsfhdf g/x]sf]; ^s] ub]9fqnf pbofgb hff] ; cHoff] egl hgfPsf

\$ bof/fd >]7, dfxg/fh zdf{g]fnl ; flxlosf]; Hfkt 0ltxf; -nlntk/M; fer] k]sfzg, @)\$(&#k]. % l]i0f/fh cfqf, cHoff] jzj nl / shj0, jf/f0f; M]cn]sf k]sfzg, @)\$(@ k]f! . ^ /fdhlk] fb cHoff] g]fn]sf]0ltxf; /cHoff] kl/jf, sf7df8fM:jo k]f! . & k0ffsfz g]fn ofql, slj pbofgb cHoff] pbofgb :dfl/sf @)%, k]#) . * nld0fk] fb uft]d, pbofgb cHoff]sf]k]f]t]sf]chl[slj tfsf]j t]ij l]of; , sl-hgl-k0ff], !#, k]@ . (1fgdl0f g]fn, dxfslj pbofgb ch]h] / pgsf]sf]o; fwgf, k]f, k0ff] \$!, @)\$(k]@* .

5g\.! kl5 pgl d]f; lk]df hflu/]eP / qndzm a9f]f/l xb}cdlg ag]sf lyP . ; u]h] ; l]wsf ; dodf pgn]c]u]h] ; usf]n8f0bf g]fnl ; jf; u ldn] c]u]hsf]; ftf]ng]sfu/]. Toxl lgx]f c]u]h]l kn6gaf/f pgsf] a]j fsf]wg; dk]Q nl6of]. 3/sf ; /; fdfg, j :t]fp, xfQl3f]f; u]8]lsf wfg; d] 5fl8Pgg] . pbofgb ; dod}; ts{e0{v]f]sf] v]b]fdf u0{ kl/jf/hgsf]/lff u/]. Toxfk]g pgsf]latf{lyof]/ Toxlfa:bf pgn]j= = !*&@ df .a]fn kRrl; l' -v08sf]o_ n]y] h; nf0{1fgdl0f g]fn] ; dkfbg u/l @)%& ; fndf k]sfz]t ul/of].!!

pbofgbsf]k]Vof]l x]f]0{nfdl /f3/fgsf]l]åfg] >lk]tsf df0nf 5f]f gf/fo0fbf; cHoff] ; u hff]8f5 . pgn]uf]vfdf zfxj zlo /fhtq :ykgf]b]joxf]xnf0{ 3f]sf lyP . Toxl]v /fdzfxsf]lyita]b]h a]f]g] sf]ub]hoebh]/fhsdf/x]sf]l]lffb]lf, lax]f/l, /v]f/l, o]4snf, s6glit cflbdf ; /; Nnfx lbb}cfPsf lyP . t]tsfnlg 5 y/3/dlb]sf ef/bf/l ag] cHoff]x]sf]b]v]5 . efg'cHoff]nf0{t c]u]h]x]n] . u]f]f]l s]f]6No egb]l]z]pNn]y u/]sf]kf0f5 . Psls/0f sfndf klg zlQm]ne, df]f]j /, rqn]k]f, l]zjzj /, xl/x/ cHoff]h:tf JolQm]n] dx]f]k0f]sf]u/]sf]b]v]5 . ! g]fsf]l]hokl5 k]jlgf/fo0fn]cfk]g] /fg] / ef0x]sf]u/]vfaf6 lemsfpbf pbofgbsf afa'l]j zjzj / hfz]l cHoff]nf0{v6f]sf lyP . To; kl5 klg /f0ffzf; gsf]pbok] {axfb}/ zfxsf kfnf; d]eg]b]cHoff]x]sf]g]fn /f6lgdf]f / p]gogsf lglQdf lgs]v]6] sf]u/]sf]b]v]5 . ! oxl z]p]vnfdf To; avtsf]g]fn]sf]pbofgb] klg cfk]g]l; h]f / 1fg g]fn / g]fn]sf]l]xtdf ; d]lk] ub]sf]u/]. pgsf]l]lffb]lf sfz] -agf/ ; _df ePsf]egl k/fhhln]pNn]y u/]sf 5g] . ! cfk]g] ; dodf pgl bz]f, k/f0f / sd]f08sf cltl/QmHof]t if / t]qsf gfdl l]åfg]lyP . rf]08l l]ho u/kl5 ; fd]hoj fbl c]u]h] ; usf]o]4df l]ho xfl; n ug]sf nflu l]hok]sf]l]k08]j / d7df ufoql k]r/0f o1

!) sdn b]l]ft, :pbofgb cHoff]sf slj tf a0]n -sf7df8f]hub]af k]sfzg- @)!*, k]# . !! 1fgdl0f g]fn -; dk]_ a]fn kRrl; l -sf7df8f]msfn]aS; P08 :6]g; { @)%& . !@ lbg]f h]f k]t, u]f]sf]0ltxf; efu!-\$, k]f]j legg . !# of]l g/xl/gfy -; dk]_ 0ltxf; k]sfzdf ; l]wkq ; a]uk efu-! . !\$ s]f/k/fhl, pbofgb cHoff]sf]slj t]j l]z]j@)%% k]# \$

nufpbf pgl .dh k108t ePsf lyP eg] 1fgdl0f g[kfn]pNn]y u/\$f 5g\!.* pbogfb cfk[bf afafsf PSnf]; Gtfg lyP t/ pgsf ; Gtfg eg] k[bf:t eP . tlg >ldtlaf6 h[bf]f ; Gtfgx[d]b]kfr ef0 h[bf]t /x]. h[bf]kl[bf]sf 5lj nfn / kBnfn, dflxnlsf dbgnfn / ldqnf, sf5kl[bf]af6 cfgfb cofb /x]. kBnfnnf0{kklkfb klg elgGof]. old[b]5lj nfnsf ; Gtfg a]jfnl eg] hflgG5gl.

; j k[bf]d pbogfbnfo{cflbdxfslj eg] pNn]y ug]loQmeg]ef/tlo ; dfnf]s blgfgfz z/0f xg\!. pgn]g[kfnl efiff-; flxTosf]0ltxf; n[y] qnddf lxgbtsf cflbdxfslj r[bf]ba/bf0{ u thgf ub]cu[uo dfg]f xg\!. pgn]r[bf]ba/bf0{. k[bf]j/fh /; f]df k[bf]j/fh rf]fgsf]ozf]fg ufPh:t} g[kfn]sf cflbdxfslj pbogfb chofbn]kdg uf]vfnl /fhf k[bf]j lgf/fo0f zfxsf]ozf]fg ufPsf 5g\egl pNn]y u/\$f 5g\!.* g[kfnl ; flxTosf ; dfnf]s 0zj/ a/fn klg j/l /; k[bf]g dxfsf]o ..k[bf]j Lgbf]bo' /r] pbogfb chofb g[kfnl ; flxTosf k[bf]d df]ns dxfsf] eP eGb5g\!.* jf:tj df pbogfbn]cfk[bf]jo:t hlj gofqsf alr yk[bf]dx]j k0f{sIt /r]. pgsf dVo s]tx] xg\!M

!= ; f]df / lj ho -k[bf]gftsf]chl{ lj= !=*\$! lt/
 @= chofb j zjf nl -sf]o g[kfnl efiffdf !*(! lt/
 #= bMj kdg x/0f-gj/Tg :tf] -; s]t efiffdf_ !^@ lt/
 \$= a]fn kRrl; l -v08sf]o-lj= !=*&, g[kfnl efiff_
 %= k[bf]j Lgbf]bo -dxfsf]o-g[kfnl efiffdf - !*&)-&!_ .

olafx] cgo yk[bf]bs/ /rgf tyf z]w ; dkGg ge} s]f /rgfx]sf af/df klg yk c]bogsf]cfjZostf 5 .

pbogfb]k[bf]s/ slj tf ; j k[bf]d @)!@ df .k[bf]t' klqsfdf lr0/-hg g[kfn]sf/f k[bf]t ul/Psf]lyof]. To; k15 'a0f]n'df .slj nf; k[bf] 's6s', ; ferf slj tf/df ..; xk[bf]k zfx' / jl/sfnlg slj tfdf 'k[bf]gftsf]chl{

!% 1fgdl0f g[kfn, k[bf]t k[bf]f \$!, @)%(, k[bf]%. .

!^ blgfgfz z/0f, g[kfnl; flxTo 0ltxf; , k6gf Mj xf/ lxgbu]y PsB]l-0; !=(&\$, k[bf]@! .

!& 0zj/a/fn ; j fgbb]v zdekf fb; Dd -; Dkf=z/b]gb]zdfesf]o{nlntk/ Mhublf k[bf]zgM@)%_ k[bf] * .

eg] km/s-km/s zlif\$ lb0Psf]b]v]G5 . slj tfn]cfk[bf] ; dosf]; dfh / ; s]tsf]emns lbPsf]5 / g[kfn]sf]PsIs/0fdf h[bf]f of]fx]k[bf]t ; Ddfg hfx] u/\$f]5 . zfbh]j qn]8t, dfhngl, :jfutf / eh^ukpft 5Gbdh n]vPsf]j] / ; k[bf]g /rgfsf _kdf kf8f]b]f/fd >]7n]o; sf] dNofa]sg u/\$f 5g\!.* 0ltxf; sf/ Pj -ejj]f]s 1fgdl0f klg j/l /; k[bf]g o; slj tfdf g[kfnl /fli6otfsf]pb]bf]g b]v]b5g\! ..k[bf]j Lgbf]bo' dxfsf]o k[bf]zg]sf]cl]td r/0fdf /x]f]eP klg cen] ; f]h]gs xg ; s]f]5g\! . pgsf]kRrl; a]fnsf]syf e]g]/rgf 'a]fn kRrl; l' gfdaf6 @)%& df k[bf]lzt e0; s]f]5 . lj= !=*& df v]f]f]a lhNnf]v]bf uf]f hf] pgsf]latf{klg lyof] df a;] ; f] v08sf]o n]vPsf]lyof]. cyf] pbogfb chofb c^u]hl ; fd]h]f]fb]sf]cfqnd0faf6 aRg s]k ; dosf nflu ; kt/l a]jfsf]a; f0 5f8] v]f]f]a uPsf lyP . pgl lj z]f]M ; u]f]l ; lgwdh g[kfn 7liuPsf]xb]f To; nf0{:j]sfg{gxg]c8fgdf lyP . To; f] ePsf]xb]f g]c^u]hl kN6gn]pgldfly cfqnd0f u/\$f]lyof]. :d/0f0 5, u]f]l ; lgwnf0{g[kfn]b0{j if{ Dd cgdf]g gu/] lj /f]v hg]f0/x]f]lyof].

shj 0f]g slj tf-cfk[bf]j z]f]n]sf _kdf 5 . To; nf0{pgn]lgdf]f u/\$f]a]j fsf]n]ldlgf/fo0f d]gb/df l; u]d/d/df v]f]f]Ps]f p]s]l0f{u/fPsf klg 5g\!. To; slj tfn]chofb]x] s]g]f]h]of a]x]d0f ePsf]hgfp]b . pgn] ; f]shj 0f]g slj tf sf7df8f]x]bf n]y]f]s]/f k[bf]6 pNn]y 5 . o; nf0{klg pbogfb]sf]Pp6f dx]f]k0f{s]t dflgPsf]5 !' cflbdxfslj pbogfb chofb snfsf/ klg lyP . pgn]cfk[bf]0zj /lo cf:yfsf cfwf/df dxfb]sf] ; Gb/ lrq agfPsf 5g\!. lrqsf]lj n]f0f k[bf]t 5 / To; df tfl]qs w/Off JoQm]ul/Psf]5 . :s]df]j / dxfb] ' gfd lb0Psf]pQm lrq :a]fn kRrl; l' k[bf]tsdf 5flkPsf]5 . To; ; u]ej g]j /lsf]c]t]f] ; Gb/ lrq -Jof] d08n; lxt /x]f] k[bf]tsdf k[bf]lzt 5 . k[bf]tsdf dxfsf]losf] s]k c]z gd]f:j z]k ; fd]h u/\$f]kf0G5 . pbogfb]sf]hGd !*!@ / d]o' !*(\$ dflgPsf]5 . pgsf]fli6o of]b]f]g]oyf]rt dNofa]sg xg g; s]f]

!* bof/fd >]7, jl/sfnlg slj tf, -sf7df8f]M; ferf k[bf]zg-@)#\$_. k[bf] .

!(' w]k[bf]fb chofb, slj pbogfb g[kfnl -klqsf, -nlntk/, dbg k[bf]sf/ u7l@)@_, df3-r] koff]s !*, k[bf]#!%

eP klg ut j if{hgbj fj sf sf/0f ; /sf/n]xhfs l6s6; Dd k|sfzlt u/\$f]5 . ; f|sf ts ; f|sf Ɂ kdf pofgGb k/d; Qfklt lj Zjf; l lyP . b]lsf pkf; s Pj +tGq; fws klg lyP . pgn]lj Zjf; sf]lj Da;j Ɂ k ; kt/l ef/bxdf s^a lsflngl df0\$]dlGb/ agfP/ tyf dl't{:yfkf u/fPsF lyP . To; df (dgsf]306f r9fPsF lyP . To; sf]khf ; ~rfng ug{al; lj 3f hldg u7l /flvlbPsf lyP t/ xfn sf]l s6fgdf k/] (lj 3fdfq affsl /x]sf]atf0G5 . nldlgf/fo0fsf]k/]fgf]dlGb/ !() sf]eS0kdf k/] eTs]k]5 kglg]ff ul/Psf]xf].

pbofgGbn]lj =+! *%# k15 ; /sf/l ;]fdf kj Ɂ u/\$f]cgdfg 5 . pgsf 'a8fafaf' kf]sf sf' : j o+zlQmNne choffsf] d2taf6 pbofgGb ; /sf/l hflu/df kj Ɂ u/\$f lyP . To; k15 sfd ub]nfg]qndf g)pgl lj =+ !*^# lt/df; lkme0{sfu ug{yfn]. ; ufhj ; lwsf]; Gbeff lnPsf]c8fgk15 t pbofgGb b/af/sf Ps lj Zjf; nf ef/bf/ xg kl. !*&\$ df pgnf0{yk lhDd]f/l tf] kq k7f0of]. o) pQmkqnn]g]fn-ef/t ; ldf /lff ug]h^unsf] /yb] u/] ef/tlo cyjf c^a uhnf0{sf7 rf]g{glbg] c^a uhx]sf]kqsf] h]fkm lbg]; lgs k]zf; g xg]l; kfxl jf sdff/[n]/j]l lkg]jf 3'; vfg] j]j]lf/ lng]ug]yfn]f/ f]g]xtlxltot/ v/vhfgf lg/lf0f ug]xfQlbGth:tf lsdtl j gk]fj f/ b/af/ k7fp]cf]b sfd xg]{cgdfit lbPsf]lyof].

cf]bdxs]j pbofgGbsf]c]o JolQm]j sf]kf6f]Gb; flx]tos JolQm]j sf] kf6f]cln a9l vfhlagsf]lj ifo ag\$]f]5 . To; f]t pgl g]fnf Ps /fli6o lj el't; /x 5g]. gf/fo0fb]V d]f; Ddsf]; fw; ldfnf0{h]f]fpg c^a uh; u 6:; n lnP/ sfd ug]t]sf]lg lj af]sf]t]f]lgi7f / k/Dk/f cfh xfdlx]df eP ef/t]l zf; sx]n]g]fnf0{ldRg]x]g]ug{; Sg]lyPgg]k/ft' 1fgsf] k/Dk/f /j]tfsf]lg/ft/tf dflg; n]rxf]h; /l k]tfx]alr; b]eng]x]g]5 . pbofgGbs]; Gt]tx]d]b]sf /f]d]j / cof]df s]l dfqfdf Tof]u0f bl]vPsf] eP klg c]offo yk]olQm]j n]cfk]f]pg]t u/]t/ pbofgGbs]s]t]yfnf0{ cfj Zos dfqfdf h]f]fpg k]f/-k] f/ ug{; ls/x]sf]b]Mbg] . pbofgGbsf cdNo u]yx] pgs]gwgk]5 sf]l gblf auf0lbPsf]36gf s]t b]M/bf0l 5 . c~hfgj z Tof]sf] ePsf]eP klg To; f]gu/]sf]eP cfh cf]bdxs]j

① 1fgdf0f g]fn, dxfs]j k]pbofgGb ch]f / pgsf]sf]o; fwg]MPs clbog, k]f k0ff]s \$!, ②#(k]f (tyf g]fn, k]ff]s !* .

pbofgGbsf af/df w]g]fnln]hfg]lyP . efg]eQm]sf ; Q/L j if]l3 ; ft efffdf slj tf n]y]g] g]fnl gfos, lj ifoj:t' / efffnf0{c]fnNg] / lj b]lx;t]f]sf lj ?4df /fli6o c8fg /Vg]pbofgGb cfh eng}; f]ble] ePsf 5g]. efg]eQm]k]5bfPsf]eff pbofgGbsf]xf]eg] sdnld0f bl]lftn] ; d]f n]y]sf 5g]. o) jf:tj df lj Bf/0os] / efg]eQm]sf legfh'lyP . pgn] g]s]0fe]Qm wf/f 5f] /fde]Qm wf/f c]fnNg]; Nnfx efg]eQm]nf0{l]bPsf / efg]eQm] /fdfo0fsf]/rgf ug{k]u]sf lyP .

cf]bdxs]j pbofgGb choffsf]s]j Tj lj Zn]0f ug]sf lgl]t pgsf] d]Vo s]t-u]y ..k]f]l Gb]po' dxfsf]osf]cfj Zostf kb]5 . To; u]ysf] z]f] / ; Dkfbgd; n]lg /xg]ePsf kf]1 1fgdf0f g]fnf sf cg'; f/ .g]fnl lj ifoj :t' g]fnl gfos, g]fnl xf]fkf] ; xfpbf]g]fnl rfnrng, /fli6o Pstfsf]nx/, g]fnl /l]tlylt tyf Ps]s/0fsf nflu ul/Psf o4lj ho p]t; fxnf0{lnP/ agfPsf]dxfsf]on]x]fdlnf0{Ps df]ns lr]tg / df]ns ejf l]bPsf]5 . o) j:t]M To; sfndf ; s]t sf]ozf:qsf] k]an k]efj /x]sf]/ To; k15 klg nfdf]; do; Dd cyff]dxfs]j n]dlk]; fb b]sf]fsf] cfudgcl3; Dd g]fnl dxfsf]o k/Dk/fdf df]ns tfsf]k]pf] gu]o g]/x]sf] 5 . 0ltxf; sf t]yox]nf0{k]nf kf/k]15 g}; To :yfkf x]5 . To; h]g]fnl ; flx]tosf k]yd dxfsf]osf/ pbofgGb choff g]df]ns dxfsf]on]ygsf] cf]destf{xg]. o) ..k]f]l Gb]po' g]fnl efffdf n]vPsf dxfsf]ox]d]b]f 'cf]bdxs]f]o' e]g lgZro g}; xfp]vfnf]5 . pbofgGb choffn] 'k]f]l Gb]po' dxfsf]o n]y]l g]fnl efffdf sf]o-k/Dk/f NofP . o) pbofgGb choff ; dosf]; fk]ftfdf x]bf{; fdf]hs oyfy]f0{sf]odf k]j Ɂ u/fpg] k]tefsf Ɂ kdf klg b]yf kb]5g]. pgn]cfk]f]sf]odf Ps]s/0fsf]; dfh, /f]hojoj :yf, n]f]h]j g, a]gb]ofkf/, 3/-u]k]yf, n]f]0-v]f0{ lr]tg-dgg ; a]s]fx]nf0{ d]f]sf 5g]. o; b]l]6af6 x]bf]pg] Ps /f]6e]Qm ; fdf]hoj fb lj /f]l; w]f/j fbl, n]f]dof]f kfns / hglxtdf ; d]lk] JolQm]j b]yf kb]5g]. ; don]lj :tf/}pgnf0{cem]a9l lr]gfpb]n]lg] .



① sdn b]l]ft, a0]n - Dkfbso_n]ntk], hub]af k]sfzg, o) !* k]s@! .

② 1fgdf0f g]fn k]f]t]k]f k]f@*

③ b]j]1/fh Gf]f]g]d]f]o, g]fnl dxfs]j / dxfsf]o, n]y]s M]j gosdf/ zdf]g]fn, s]7df8]efef k]ts e08f/, o)%, k]f!^ .

④ lj gosdf/ zdf]g]fn, g]fnl dxfs]j / dxfsf]o, k]f]t]k]f#\$.

>l lzj k'la�af tyf pxffsf]lzlf

→ Ij iOfk} fb ItIdIN; gf

>| Izj k'!l afafsf]ef]ts hGd ; g! *@^ -lj = != **# ebf]dlxgfsf]
d'h glfq_ df ef/tsf]s]nf /fHosf]dfnfj f/df Ps ; DkGg / k|tli7t
afxldof shdf ePsf]lyof]. pxfaf6 cf1f xGyof] ad r]gf; lxt d' Ss
xff,] hGd]. kfr j ifef a]xdr of{ddf kj z u/] / afx| j ifsf]pd]df rf/}
j b]sf c]bog; lxt l] Bfy[h]j g k'f ul/l; s]. d]/f afh]k]v oft Hof]t ifl
xg]xGyof]. d hGdf xff,]sf]s]/f ; b] pxfln]:xfdf]sh log]f 6l g]b]vG5'
egl elj ioj f0fl klg ug]P5 . pxf; fgf]5bf g]ktfdftfsf]b]k]f t ePsf]h]
afh]Hoj]pxflsf]kfnkgkf]of ug]e[of]. :afh]g]d]/f u? xg]xGyof] pxf; cf1f
xGyof]. pxfsl Ps hDnofxf alxgl xg]xGyof].

pxfh] CtDe/f klf cyff\ cfsf/ cyjf dl't\agfsf] k/dfl\dfsf]
; flffsf/sf]af6f]cg'; /f ug\Psf]lyof]. afh]afgk; y>dsf nflu gd\bf
gb\lsf]pbld :yn cd/s06ssf]h^undf hfgkb\ pxfklg ; fy]hfg\Psf]
lyof] / ToxF g}afh\\$f]d\okl5 pxf\sf]cl\td ; \sf/ u/] pxf\ af\lx/
cfpg\Psf] lyof]. ToxF g} pxfh] k/dfl\dfsf] ; flffsf/ ug\eof] /
cflbz^ls/frf\h]: y\kgf ug\Psf]z^u\l d7df up/ ; Gof; u\kof ug\eof].
o; /l ; Gof; Inghf0{ lu/l, k\l, ef/tl, ; /:j t\sf] pkgfd l\boG5 .
>l afafnf0{ef/t\sf]pkgfd k\kt lyof]. olt ePkl5 klg afaf kgM ; f\k
h^undf tk:ofsf nflu hfg\eof].

>1 afaf ; a}wd{dfGg} ; sf nflu ; dfg xGxGyof]. pxff 0:nfdwd{ dfGg} ; 1 s'/f ubf{s'/fgs}af/df, lxGbWd{dfGg} ; 1 s'/f ubf{lxGb" wdzf:qs}af/df, lqml:rog wdfj nDlx ; 1 af0and}cfwfl/t eP/ / a'4wd{dfGg} ; 1 k]f, zln, ; dflw cflbs}af/df JofVof ug[Gyof] h; n] ubf{ljlleGg dtcg' f/sf eP klg lh1f; b]z^a]sf ; lhn} 1 ; dfwfg xGyof].

/fhf dx[bf]sf]/fhofleif\$; df/fxdf efu lng g[fn cfpgePsf ef/tsf
pk/fi6klt 8f; j [Nnl /fwfs[0fg]cfk[ng]a; f0sf nflu tof/ u/[f]/fhslo
cltlyuk gu0\$g}afafsf]s6ldf cfP/ sl/a cfwf 306f latfpgePsf]
lyof]. /fi6klt[n]pxff; u ..afaf, xh/sf]zlf s]xf] efg]k[g ubf{pxfh]
..d zf/l/s, g]ts tyf cf[bfltds u/l tlg cgzf; gsf af/ff atfpb5'
egl hj fkm lbgePsf]lyof]. ad]n]tolt 5f[f]p0/ lbPsf]lj ifonf0{pgn]
cfk[m] u cfPsf ; xofqlx_ nf0{sl/a kGw]ldg]; DenfP . To:tf]pRr:t/sf]
JofVof dh]sIxNo}; b\$[f]ly0gf. pgl j]bs ; flxTosf /lfs xgl. pgdf
s; klt 30ff lyPg . pgdf dglok] lyof]. pgl l jgfzsf/l rl/qsf
lyPgg]. pgf]o:tf]u0f pgf]h:tf l j lzi6 JolQm_x]df la/n]fq kf0G5g]E
>L afaf cf1f xgyof].

afh]-u?_sf]cf1fg' f/ Ps d'7l hkf/t lnP/ pxf vþ/kf; e0{
cknuflg: tfg, ?; , 0/fg, ; fpbl c/[aofsf]dSsf, /f, 6sl{u[; , aþfot,
:s6Nof08, cdlysf, dl[s; sf] hfkfg, rlg cf1b lJzj sf bþsf]eþ0f ug{
hfgþof]. of]ofqf ; Dkþg ug{pxffh0{rfnl; j if{nfuþ . pxffahfot kþbf
dxsf/fgl leS6f]/ofsf]; do lyof]/ rf/ j if{ Dd Toxsf/xbf dxsf/fgl; Þu c7fx|
k6s; Dd eþ ePsf]/xþ . pxffsf]ofqfsf]nueu c; l kþtzt efu kþn
; Dkþg ePsf]/ c; , hxfh / /haf6 kþf ePsf]/lyof].

klyd lj Zj o'4 ; ? xbf pxffrlgsf]l; GSof^audf klgPsf]/ pxfslf6
sþfz dfg; /f]/sf] ofqf klg ; Dkg ePsf]/xþ . >l afaf sþfz
dfg; /f]/df klgPsf]ahfdf Ps hgf nfdfnfdf h6f ePsf j4 dxfdf; u
eþ eP5 . tl dxftdfsf]kþf0f hgf]ahf eP/ 56k6 ub]xþgl. pgL af/af/
cfk]h6ftkr]0; f/f ub]xSsIxSs ul//xþf /xþgl. pgsf]rfnf b]y]
>l afafn]:tkf0f a]s]/f dnf0{atfpqkx] \, cf1f eP5 clg pgn]h6faf6
kl]f ptf/] lgs]wg v; fnþgl. ; a]wg v; fln; s]k]5 pgsf]kf0f uP5 .

kl08t dbgdflxg dfnjlon]agf/; lxgb"ljzlj Bfno :yfkgsf nflu
rgbf ; ^sng ul//xgePsf]; dodf >l afaf agf/; df klfbf p0mljzlj Bfnosf]
lgldt krf; xhf/ rGbf kfpg ugEpsf]/x§ . cfkgljhij gl / lzlfk krf/ ug§
nVgj]f kij rg ug§l afafsf]OR5f g}lyPg . pxffcf1f xGof]ad]f]hlj gdf c_<
JolQmx; sfjh:tf]ptf/r9fj sf]36gf 36§ . d ; r† eP/ k/dfldfs]dfu§f

nflu/ pxfsf]bzg cgēj u/]. To; h]d]f]hlj gl nVg]h?/t 5g . nVg]eP d]f]zlffsf af/df nVg" hlj glsf af/df gnVg".

>l afaf gkfndf klnx]sl/a ; ft lbg latfpq]j rf/ lnP/ kbfk]f ug]P klg gkfnsf]kfs]ts ; f]bo{ zfl]t cflbn]ubf{oxlf g}cl]td lj >fd:yn agfpq]j rf/ eP5 . pxfcf1f x]yof]gkfn tkf]ld xf/ oxff dxftdfx] tk:ofsf nflu cf0/xgk]5 . To; a]hfsf]godcg' f/ ef/tlo ; fwk]nfo{ ft lbgdfq a:g lbg] lgod /x]klg t]sfnlg a]6z /fhbt lj lns; gsf] ; xof]n] ubf{pxfhf0{ :yfol]kdf a:g] joj :yf ldn]5 . >l afaf a]hfotdf klg' xbf pgf]3/df a:g]ePsf]lyof]hg a]hfdf pgl lj Bfnodf k9g]/x]5g]. >l afaf sf7df8f]f6 k]n]q]ndf af6f]l]x]8/xbf pgf]lrg] To; avtsf clwsf/lx]nfo{cg'/f]u/] :yfol]kdf /f]v] k]g]w ldnfP5g]. >l afaf lzj k/]ldf /xg'xbf pgl k]o]f]cf0taf/ afafnf0{ e]f ug{h]f]y]/ ; f]em k]n] sfddf xflh/ x]y]. >l afaf cf1f x]yof] adflg; n]Ps k6s cfk]gf]st]oaf]u/]l5 ; w]u?sf]cfj Zostf kb]t/ u?af6 kf]t lz]ff eg]kfng ug{g]k5{.

>l afaf s]l lbg >l kz]lt /fh/fh]j /ldf, s]l lbg kz]lt d]gb/k]f] s]ldf / ls/f]j/sf]y]sf]d]f s]l agf0{a:g]ePsf]lyof]. To; }u/l pxff s]l ; do uf]0f]j / dxfb]:yfgsf] b]lf0fk]f]km]f] h]n]ndf tyf a9fg]ns07sf] pQ/tkm] /x]f] lzj k/]l 8f]Bfdf klg a:g]ePsf] lyof]. lzj k/]ldf /xg yf]ng]eP5 pxffnfo{eQm]n]lzj k/]l afaf e]g yfn]/ gkfn tyf lj]z]df pxff]lzj k/]l afafsf gfdn]kl/ lrt x]eof].

a]h:tf] s]1fgaw] lzlff eP klg To; df e]g vfh]f]s]/f s]xf]t of] a]n]gk5{ clgdfq To; cg]k kfng ug]5{. a]n] kfngf u/]l5 dfq km] lbg]x]5 . ga]n] kfng u5{e]g]n]ll]eg]cndn x]5 / ; do klg a/afb x]5{ afaf cf1f x]yof]. lj]z]e]l]f] q]ndf afafn]s]b}; x]df r/]f] ; j]g ugfh]x]g]v/falaf/]f rrrf{ug]P5 . pxfsf]rrrf{; g]k5{ ; a]h] r/]f] / ; nf0{k]n]ff]s]lbP5g]. pxfh]eg]t]oxf]af6 lg:s] r/]f] ; Nsfpg]eP5 . pxffnfo{; a]h]at]k]0f]f]kj rg ; g] xf]ln]r/]f] / ; nf0{k]n]ff]s]lboff]. tkf]0{cfk]h]lsg r/]f] ; Nsfpg]ePsf]5 <^ e]g]k]g u/]f]g]. pxfh]hj fk]lbg]eP5, ad]h]t r/]f]sf]v/falaf/]f dfq tkf]0{ ; u rrrf{u/]f] xf]. r/]f] gvfg' t eg]f]xf]g lg ==

Ps k6s >l afaf k]l{gkfnsf]pQ/l e]l]tk]n]ofqfsf q]ndf /xbf

s]b}ul/asf]3/df af; a:gk/5 . pxfh]t]of]3/sf]leQ]eQfdf g]f]x]6f] l /fv]f]b]y] Tof]ul/anf0{cf1f eP5 ...x], of]t k}f cfpg]g]f] xf]. g]f] o; /l g/fv, of]a]df nu] ; f6 / vr]u/ ; Ml x]5f] Tof]ul/an]t g]f] glrg] /fdf]sfuh ; Dem] leQf ; hfpq 6f] \$f]/x]5 . To; h]>l afaf cfk]h]g eQm]n]nf0{af/Daf/ cf1f x]yof] 'cfk]h]u ePsf] j:t]f] klg plrt 1fg gxbf df]g; n]b]M kfpqk/\$f]5 . •

pxfsf]z]lffnfo{:j wd{elg]5 h; nf0{oxff5f]s/ldf rrf{ul/G5 . != zf/l/s cg]f; g (**Physical discipline**): dglon]; a]g]bf klnx]cfk]h]g]z/l/ 7ls /f]gk5{. s]vfg] s]lt vfg] s]lt ; tg] s]lt s]fd ug{o:tf ; a]s]fx] cfk]h]g]joj l:yt ug]5{.

@= g]ts cg]f; g (**Moral discipline**): dfly atf0Pcg' f/ z/l/af6 ul/g]sfds]t]o k]f ePkl5 affs] ; do k/dfl]dfsf]r]tgdf nufpgsf nflu ultsf]; f]f]b]l]b]f]sf]k]lx]nf]tlg Znf]df atf0Pcg' f/ ceo, ; Tj ; z]l4, o1, bfg, tk, clx]f, ; To, cqf]v, k/f]sf/h:tf b]l u0fx]sf]cEOF; h]ldf klg ub]hfgk5{. o; f]ug{yfn]l5 dg grflxg]s]/fdf cndl]nb]g . xfd]dg r]flxg]s]/fdf dfq jo:t /x]5 / csf]sf]nx]h]x]f] nflu]b]g . o; k]sf/sf cEOF; gu/l l]b]fgdf l:y/ x]g ; ls]b]g .

= c]n]b]f]l]ds cg]f; g (**Spiritual Discipline**): o; df pko]m b0{ st]ox] ub]k/dfl]df l]r]tgdf -wf/Off, l]b]fg cfl]b]df_cfk]h]f0{jo:t agfpb]k/dfl]dfb]g]sf]Psdfq OR5f affs] /f]gk5{. o; /l jo:t x]b]EOF/ cv08 ; dflwd] klg]EOF]eg]tkf]0{k/dfl]dfsf]bzg] ug]l:y]tdf klg]x]5 / h; /l afns w]n]c7f]u/] cv08 tk u/]k/dfl]dfnfo{cfk]h]cufl8 NofPsf lyP, To; /l g]k/dfl]df tkf]0{f] ; fd]g]e]n]sg]x]5 .

pxfh]@)!(! ; fn df3 !% ut]; f]af/ tb]g' f/ hgj / @*, !(^# df laxfg sl/a)^M) ah]xfn pxfsf]cf>d / ; dflw d]gb/ /x]f] :yfg w] :yn]ldf e]f]ts b]k Tofu ug]EOF].



cflbslj efgēSt Mhljgsf kdV 36gf

☞ kf8f= j t/fh cfrfo{

!= k[7elld

efgēSt cfrfo{sf] hōd cfheōbf nueu b0{; o j ifcI3 klzrd gkfnsf] kxf8l ufpbf ePsf] lyof]. To; cj lw; Dd cfwlgs gkfnsf] efyf]ns lj:tf/sf] klf]h of rfn"g]lyof]. gkfnsf] efyf]ns kl/lwleq ; d]6Psf ljljw efiifeifl / hftfhltx]nfo{efj gftds Pstfsf]; qdf cfa4 u/l gkfnnf0{; an /fi6ef zkdj ljsl; t ugkg]cjzostf afts! g]lyof]. of]sfo{/hosf klfz; lgs ; e6qx]sf]lj:tf/af6 dfq; dej lyPg, ; fenf efiiff, ; fenf ; flxTo / ; fenf ; s]tsf]lgdf]f h?/l lyof]. efgēStn]of]sfo{; r] / ; lj rfl/t zkdj kf/de u/\$f lyPgg] t/ pgf sf]os]tsf]nf]lkptfn]of]sfo{; xh]kdf kf/de u\$of]. gkfndf a; f]f; ug]gfnlx] dfq xf]g, gkfnaflx/ bfhl]n^, l; lSsd, e6fg, adf{ Ddsf gkfnlx]n]klg efgēStsf sf]os]t Ps; fy k9]. pglx]n]efgēStsf] efiiff / /fdfo0fsf]; s]tnf0{cfkn]gf] klxrgf agfP . kmntM efgēSt gkfnl efiiff cflbslj ag]gkfnsf /fli6o lj elt ag]clg ; d:t gkfnlst hftlo r]gfsf ktls ag] efgēSt cd/ eP .

efgēStsf sf]os]tx]sf]nf]lkptf; l]gkfnlx] efgēStsf af/]/f ; f]v]vf]h ug]yfn]. df]l/fdn]efgēStsf sf]os]tx] dfq k]sflzt u/]g] pgf]h]l]gl klg n]y]t/ Tof]h]l]gl efgēSt lb^ut e0; s]k]5 sf]7df8f]f a;]n]vPsf]xbf To; n]efgēStsf]; du]lrq k]t t ug{ s]g . df]l/fdn] efgēStsf h]hlt slj tf e]ltg]slj tnf0{; Gbe{lbg 36gtx] sNkgf u/]. o; h] efgēStsf h]l]gl pkn]w slj tfx]af6 n]vof]. To; df df]l/fdsf] sNkgfz]st ylkof]. To; n]efgēStsf] slj JolStj nf0{ t /fd]f] l] : k:6bf0f]t/ To; n]efgēStsf af/]/f s]k] l]j fbx] nf0{h]gdof]. kmntM efgēSt cfh; Dd klg tl l]j fbx]af6 dSt xg ; s]f 5g]. xg

t df]l/fdn]efgēStsf sf]5fafa'0gb]j nf; sf h]f 5f]f /fdbQnf0{e]f]l efgēStsf af/]/f hfgsf/l cjzo k]kt u/]f lyP t/ Tof] hfgsf/l efgēStsf pkn]w slj tfx]sf af/]/f dfq lyof]. df]l/fdn] ; Aaf wd]b]Q; l] klg e]h:tf]aler]g . c]oyf df]l/fdn]lbPsf]h]dldlt k]5 k]l/j t]g xg]lyPg . h]xf] } cfh xfdl efgēStsf af/]/f h]hlt rrf{u5f] tl rrf{sf]k]dV cfwf/ df]l/fds}; t]gf xg]5 . To; df s]k] tYo cjzo tndfly kg{uPsf 5g]t/ df]l/fdn]lbPsf]l]jj /0fnf0{v08gd08g ubf{ bx]tYodf 6\$gkg]x]5 e6g]s/fnf0{la; g]ldNb]g .

@h]d:yfg / h]j gcj]w

efgēSt cfrfo{gkfnsf] /fhwf] sf]7df8f]v \$@ sf] hlt k]zrddf kg{kxf8l ufpf r]bl /D3fsf lgjf; l lyP . a] ldf a]g]r]bl v]f]h] clg To; sf] p0/tkm] /x]f] /D3fsf] 8f]Bf] b] } efgēStsf] h]d:ynsf zkdj k]l/lrt 5g]. r]bl v]f]h] k]zrddf0/af6 b]l]f0fk] { x]b}d:of]b]l gbl]f ldl; Psf]5 . o; sf]b]f0f]afoff km]f]snf]k]ff] 5 . o; sf] dflyNnf] efunf0{pkNnf] r]bl / tnsf] efunf0{tNnf] r]bl elg]5 . efgēStsf]a] l tNnf] r]bl xf]. o; sf]b]l]f0fdf gfa?^a / dlxansf]8f]Bf]tyf k]zrddf tgxf; / -sf]_sf]8f]Bf] /x]f] 5g]eg] k]t]k]enf0f]6f/, / gf]l] / 6f/x] /x]f] 5g]. kmntM r]bl a] l ; fgf] pk]tosf; dfg ag]f]5 .

/D3fsf]8f]Bf]; /b/ @%) ; o l]k]b prf0 ePsf]d]bkxf8l e]fu xf]. efgēStsf]h]d3/ /D3fsf]8f]Bf]f]d]b efudf kb]5 . pSt 7fp]h]f0{cfhsn wd]f]nf elg]5 . efgēStsf]k]l/jf/ r]blsf]latf]f]n k]l/jf/ eP klg /D3fsf] 8f]Bf] /a]gfy u?]Ho]zsf]latf]lyof]. a] ldf c]f]f]sf]k]s]f] a9b}uPk]5 efgēStsf afh]>l]s]0fn]8f]Bf]f]d]b efudf u?]Ho]z; l] s]k] h]luf dful lzv/ s]6]l lgdf]f u/]f lyP . f]latf]{wg~hon}! **% df dfq u?]Ho]z; l] aok]f; {a]gws] td; s]_u/l k]kt u/]f lyP . >l]s]0fsf]k]l/jf/ l]bge/ a] ldf a]Yof]clg /ft k/]k]5 c]f]f]f]6 a]g lzv/ s]6]l df]k]b]Yof]. efgēStsf] z]k]5 c]f]f]sf]k]s]f] Toxf]k]lg b]yf k/]f]xbf pgf] 5f]f /dfgy ! (# It/ Toxf]af6 @l]snf]d/ hlt dfly goff3/ agf0{ ; /\$f lyP . kmntM efgēStsf] h]d:yn clxn]; fnsf]3gf h]^undf k]l/0ft ePsf]5 .

efgēStsf] hōd; do df̄tL/fd -!(\$*_ n] !*^ (l̄Psf 5g\ t/ efgēStsl ḡflgl l̄j i0fdfofn] k̄sflzt u/\$f] efgēSt dl0fdfnf -!((*_ df efgēStn] /rgf u/\$f] hōds08nl; Daōwl slj tf k̄sflzt ePKI5 pgsf] hōdldlt !*&! cfiff9 @ (k̄dflofs dflgPsf] 5 . pSt hlj glf ; = /^augfyn] efgēStsf] hōdltly cfiff9 s[0f ci6dl egl pNn\ u/\$f 5g\ . cfiff9 @ (ut] k̄0ff(t r̄gbpdf; cg\ f/ cfiff9 s[0f ci6dl gk/] klg cdf\ t r̄gbpdf; cg\ f/ ; f\ klg Itly kg\ tYo lzj/fh cfrfo{-@) #^_ n] cf\loPsf 5g\ eg] Hof] tiffrfo{nf\gl -@)%&_ n] klg hōds08nl; Daōwl slj tfsf] JofVof u/l pSt Itlyldlt tYo; ^aut /x\$] kli6 u/\$f 5g\ . o; } u/l df̄tL/fdn] efgēStsf] hljgsfn !(%) ; Dd dfg\sf 5g\ eg] l̄j i0fdfofn] klg ; f\ klg ldl t k̄dflofs dfg\sf 5g\ t/ g\kfnl lzlf klg/ifbh] sf7df8fb] :yfkf u/\$f] efg\k\ tdfdf lbj ^aut j if{! (@^ l̄b0Psf] 5 / ; ferf k̄sfzgn] k̄sfzg ug\ u/\$f lrqz\ df clxn] Dd klg oxl ldl t /x\$] 5 . efgēStsf ; Gttx\ pgsf] Itly >f4 k̄o\\$ j if{cfIZj g zSn k~rlddf ub\gl. Hof] tiflo u0fgfsf cfwf/dpSt Itly !(%) df cfIZj g ^ ut] g}kg\ lgisif{zltnr\ b] kf\h -@)%&_ sf]/x\$] xbf efgēStsf] lbj ^at ePsf] j if{! (@% g}k̄dflofs b\] vG5 .

#= kfl/j fl/s k\7eld

efgēSt lktf wg~ho / dftf wdf\ tlsf PSnf 5f] f lyP t/ efgēStsf] hōdsfne\bf cl3b] v g}wg~ho kf\Nkf u\Bfdf vl/bf/ kbdf axfn /x\$] xbf pgl w\] h; f\] 3/df xbf\y]. To; avt; Dd wg~hosf bf\h\ef0 ; u\h\df lyP / 3/sf] \ybj lktf >ls] 0fn] g}ub\y]. o; }sf/0f efgēStsf] af\Nosfn afh] >ls] 0fsf] k\ol\ / \ybj\ydf lat\sf] lyof]. efgēStn] k\ l\Des lzlf klg afh] >ls] 0faf6 g}k\Ps\ lyP .

>ls] 0f cfrfo{rb\ / 03f dh 3/ x\j] k\ol\ ; a}cfrfo{\z\ sf ; ferf k\vf{x\j\ . pgsf k\vf\ ; \j /fhfx\z\ sf ; fydf kf\Nkflt/af6 r\bl\df cf0{a; \$f lyP . g/gfy cfrfo{-@) #^_ n] >ls] 0fsf ; fydf k\Rrl; ; o d\l v\ / ; f\lcg\ f/sf] kf\vf] h\ll\ff ePsf] ljj/0f l̄bPsf 5g\ eg] j\|t/fh cfrfo{-@) %^_ n] klg >ls] 0fsf ; fydf !!)) d\le\bf a9l latf\ v\ /x\$] ljj/0f k\ tt u/\$f 5g\ . pgsf] k\ l\ /f 5f] faxf/l / g\fltgfltgfdfq lyPgg]

xnluf\fnf / af\w, sdf/fsdf/lx\ klg lyP . pgn] r\bls] k\08t vnssl 5f\] l; \u ljj fx u/\$f eP klg k\fr ef0 5f] f / b0{alxgl 5f] lsf] ljj fx eg] k\Zrd tgxf ndh\ / u\ly\{ \Dsf w\} \vfb\gl af\xd0f k\ l\ /f/; \u ePsf] b\] vPaf6 pgl To; l\] sf\ pRr shlg cfo\ z\ af\xd0f lyP e\g\ kli6 x\G5 . pgn] j\4fj :yf sfzldf latfPsf lyP / !*() lt/ l\j ^aut ePsf lyP .

efgēStsf afa'wg~ho !*&) e\bf cl3b] v g}kf\Nkf u\Bfdf ; /sf/L c88fdf sf\ t lyP . pgn] !*&@ ; Dd eld; \jsf afa'5f\fsfhl cd/l; x yfkfsf dftxtdf sf\ u/\$f lyP eg] To; k\5 eld; \y yfkfsf elthf !* j if{oj\ f plh/l; x yfkfsf ; fydf sf\ u/\$f lyP . log\sf g\] l\ df !*&@ sf] g\kfn\ - c\^u\h o\4df kf\Nkfn] cfk\gf] dftxtsf] e\bfu c\^u\hsf xftdf kg\{bPsf] lyPg . wg~hon] plh/l; xnf0{/fhsfhd\ ; 3fPsf dfq lyPgg] pgsf] ljj fx tgxfcrf] rf\sf clwsf/l\ 5f\] l; \u u/fPsf klg lyP -/fdaxfb/ clwsf/l, @)^_. o; \h\ eld; \y yfkfn] plh/l; xnf0{n\] f\ sltko kqdf wg~hosf] 3/fo; l Joj xf/sf] klg pNn\ u/\$f 5g\ / !**! df plh/l; x la/fdl e0{pgnf0{kzkl\ cfo\bf6df n\h\fb\ wg~honf0{ sf7df8fb] dxfaf\ df Pp6f 3/ bfgdf l̄bPsf klg 5g\ . wg~ho hljgsf] c\Gtof\ :yf; Dd g}k\bfdf axfn lyP . pgl kf\Nkfdf 5bf !()# b\] v !()& ; Dd s] 0faxfb/ /0ff kf\Nkfdf sdf\G8/ lyP / w\l\Q 1jfnln] klg wg~hosf dftxtdf sf\ u/\$f lyP . wg~honf0{la/fdl cj :yfdf kf\Nkfaf6}sfzl k\of0Psf] lyof] / !() (df pgsf] b\] f\ ; fg ePsf] lyof].

=efgēStsf] hljgsf k\bfv 36gf

efgēSt ; fg} pd\] b\] v k\ tef; \k\Gg afns lyP . c\Gk\zg ul/; s\] k\5 pgsf cufl8 j:q, z:q, zf:q, k\ ts, d; l; \y cflb j:t' /flvlbbf pgn] k\lxn] k\ ts ; dftl k\5 snd ; dft] d; ldf v; fPsf] ljj/0f ; = /^augf -!((*_ n] l̄bPsf 5g\ . efgēStn] afh\sf sfvdf a; l w\}:t\] s07 ul/; s\] k\5 cf7 j if\sf] pd\] df pgsf] j\ta\w ePsf] lyof]. To; k\5 efgēStn] afh] \u} ?b\, j\h, cd/sf\, sf\bl, sflo cflb k\9l s\] l ; do sf:sl u?shdf u0{k9\sf lyP clg k\ly afh\sf ; fy sfzldf u0{j B\llbog u/\$f lyP .

efgeStn]; fg}pd]b]v slj tf /rgf ug{yfn\$]f]b]vG5 . pgn] ; fylef0sf ; fy uf]f nf hfbf ..s' af6 p7g] gfd ePsf z/l/sf @) c^ux; nf0{slj tfdf j0fg u/l 76bf]j:efj sf]kl/ro lbPsf 5g\ eg]u0f] rfy]sf lbg u0f]nf0{r9fpkg]k]h]x;sf]gfd klg slj tfdf g} j0fg u/l uflelo]sf]kl/ro klg lbPsf 5g\ . Dej tM cGt ofgkf; e^u ePsf log}b0{slj tf efgeStsf kf/lDes slj tf xg\ . efgeStn]kf/lDes r/0fdf g} cfk]gf] hGds08nlnf0{slj tfdf j0fg u/l cgj fbsf]nsf] kf/lDes 9frf klg k:t t u/\$f 5g\ . efgeStn]sfzlsf]lj åt\ efd slj tfdf cfk]gf]kl/ro lbPsf 5g\ . of]slj tf eg]efiff / ej b] }klfd kf] / kl/is]t b]vG5 .

efgeStn]b0{j j fx u/\$f]lj j /0f dIStgfy cfrfo{@)\$@_n]lbPsf 5g\ . pgf]klxn]ljj fx !**\$ df klZrd tgx]sf]/f^?^a df vgfns] 5f]l rG]sf]tf; u ePsf]lyof]eg]pgf]cNkfdg g]gwg ePk]5 !**^ df tgxfu0ffblf vgfns] 5f]l rG]sf]nsf] ; fy bf] f]lj j fx ePsf]lyof]. efgeSt a]havt ; ; /fnl hfg]fpg]ubf] . o; /l ; ; /fnl hfbfcfpbf pgn]dfg]sf]kfs]t ; f]bo]sf]j0fg u/l slj tf klg agfPsf lyP . o; } u/l ; ; /fnl hfbfcfpbf af6f]f kg]a]nbl vfh]fsf]lsgf/df Pp6f s]fsf] l8ndf ; t]fpg a; \$f avt ; f]sj f vgfpg]rfd'kGy -3f; L_ ; u pgf] enfs] f/l ePsf]lyof]. efgeStn]3f; lsf] ; De]gfd slj tf dfq /rgf u/\$f 5g\ /'fdfo0f dxfsf]o /rgf u/l 3f; lnf0{cd/ klg agfPsf 5g\ . 3f; l k; ^u efgeStsf]hlj gsf] ; a]gbf a9l rlr]f k; ^u xf]. dft]l/fdn] Psfl] 3f; l zabsf]lo]vof ubf{3f; sf]ef/l af\$g]egl pNn]y gu/] 3f; sf6l a]f] hlj g lg]f ug]lo]st egl pNn]y ul/lbPsf 5g\ eg]csf]t/ slj tfdf ..d' sf ; 66fdf ..df]z]b /fvl ; Dkfbg ul/lbPsf sf/0f 3f; lsf]sf] jf; tlj stfdf g]k]g p7g]u/\$f]5 t/ 3f; l sj f a]nbl vfh]fsf]lsgf/df /x\$]f]t]o oyfy{36gf ePsf] / ; f] lf]pdf 3f; lsf] ; Gtlt ej]6Paf6 -xg]f]t]f]h cfrfo{@)%_o; af]f]lj j fb ul//xg]sf]cf]rTo b]vbg] .

bf] f]lj j fx xb]f; Dd klg efgeStsf]pd] !% j if]fq lyof]. To; sf] s]k ; dok]5 g}pgl afh]f ; fy sfz uPsf lyP / afh]f]d]ok]5 3/ k]m]f lyP . o; h]pgf]ufx{Yo hlj g To; kl5 dfq kf/De ePsf]lyof].

efgeStsf]hfoph]d eg]lgs]k]5 dfq ePsf]5 . h]f]5f]f /dfgfy !()# df / sf]5f]5f]f]z]z^a]s! !()^ df hGd]f 5g\ . efgeStsl Pp6l 5f]l klg ly0g\ . pgf]hGd ldl] lglzrt 5g\ .

efgeStnf0{sfzla]6 3/ k]m]f]lalQs]dfdf honfn kf]h]n]cfk]gf 3/df 8fsl k]f0f j frg u/fPsf lyP . efgeStn]k]f0f j frg u/\$f]d08ksf] c]z]f ndh]^a e]f]f/df cBf]k 5b]f . pgn]dfdfsf]ebf ; fnf]kg]snfw/nf0{ ufoql dGq klg ; g]Psf lyP . o:t}sg]sf] l]z]n]dfdfsf] 3/df hfbf alr af6fdf af; a:gkg]e0{pgl tx]sf]ufp]f uhf3/ ; ft]sf] 3/df af; dflg k]u]f lyP . of]k; ^u Jofj xfl/s hlj gdf Tolt dx]ej k]f{gxg] ; S5 t/ efgeStn]uhfw/ ; ft]lsl 3/a]9lnf0{nlo u/l slj tf g}/rgf u/\$f sf/0f o; k; ^u n]efgeStsf]hlj gdf cfj ZostfeGbf a9l :yfg kfPsf]5 . o; nf0{cfwf/ agfP/ efgeStsf]a9l g}cfnf]gf ePsf]5 .

efgeSt sfzla]6 3/ k]m]f pgf] afak; 56]6leGg e0; s]f lyP t/ pgf] af]a'wg-ho To; avt klg hflu/df g]yP . To; h]3/Joj xf/sf] /y]b]v ug]h]D]f/l pgf]sf]wdf lyof]. Psfl] / pgl 3/u:k:y]sf aGwgdf af]wb]yP eg]csf]t/ afh] >ls]0fsf]pRr hlj gzf]l / cfk]gf]hlj gsf] nlo klg ; De]b]yP . o:t]f pgn]3f; lnf0{e]f]f lyP / cfk]gf]gfd s; /l cd/ tNofpg]l]rG]fdf 8Ab]uPsf lyP . Dej tMefgeStn]3f; l; u e]f ePk]5 /rgf u/\$f]klxn]s]t 'k]g]f] / dfnf] lyof]lsgeg]!((! df efgeStsf] 3f; l; u e]f ePsf]lyof] clg '/fdfo0f]sf] /rgf !((^ df ePsf]lyof]. o; }alrdf !((% lt/ k]g]f] / dfnf] /rgf ePsf]lyof]. 'k]g]f] / dfnf] j0fg]f ds k]s]tsf] /x\$]f/ cgj]fb z]l klg sd kl/is]t /x\$]f]b]vPaf6 klg of]s]t '/fdfo0f]e]bf cl3 /rgf ePsf]xf]eGg]:ki6 xG5 . 3f; l; u e]f ePsf] &^* j if]k]5 dfq efgeStn]'/fdfo0f afnsf08' /rgf u/\$f lyP . To; avt; Dd efgeStsf]sf]olzNk lgs]kl/is]t alg; s]f]lyof].

efgeSt hlj gsf]p0/f4]f sf7df8]f a9l b]vPsf 5g\ . sf7df8]f pgf]k]Vof] 3/dfq lyP, yk]0:6ldq klg lyP . klxn]k]N6 h]luf; Da]wl sf]l]z]n]sf7df8]f hfbf pgn]afnfh]sf]/ sf]Gt]k/ gu/lsf]j0fg u/l slj tf n]y]f lyP eg]bf] f]kn]6 s]f/l rf]sf]kh]l{k]f0{sf7df8]f hfbf

a6bl hlj gdf '/fdfo0f'sf yk rf/ sf08 /rgf u/\$f lyP . o; }cj lwdf pgsf] /f0ff s[0faxfb' ; l ; Dks{a9\$]f] lyof]. wg-ho hflu/df 5bf s[0faxfb' / ; aaf wdlQ kflnkfdf /x\$]f]k; ^u o; cl3 pNn]y ul/; lsPsf] 5 . efgēStnf0{sdf/l rf\$]sf]kfbfa6 dSt u/fpg]log}b0{hgf lyP . efgēSt stdf/l rf\$]af6 5f]fsf]j ltaW c8]g uPsf]lgxfkf/l dSt ePsf lyP . efgēStsf]dbbf To; kl5 klg 6^luPsf]alen]b] . To; }sf/0f pgl To; kl5 k6sk6s sf7df8f]hfg]fpg]ug{yfn]\$f 5g\.

efgēSt sf7df8f]hfbf pgl slxn]cfk]g}3/df a:by]eg]slxn] ; aaf wdlQsf 3/df a:by]. efgēStn] wdlQsf 5f]f af]f/fhnf0{ ufoql d6q klg ; b]Psf xbf pglx]sf alr cf]dlo ; DaW /x\$]f] alen]5 . efgēStn] wdlQsf sg}ldqnf0{kBdf kqx] n]v]lbPsf lyP eg]wdlQs}cg]/f]df '/fdultf'sf]cg]fb u/\$f lyP . sf7df8f]f efgēStsf c] 0:6ldqx] klg lyP . efgēStsf slx]nf afa'th; l/fdsf b0{a]l 5f]l kfylrssfnlg slj l]Bf/0os]l / pgsf ef0 shrj]s] /lnf0{l]bPsf sf/0f pglx] b] }efgēStsf legfh'kb]y]. efgēStn]log]f 3/af6 76bf]f]kf/fdf slj tf u/l v's]l kf]t u/\$f lyP . To; avt sf8df8f]x\$]f efgēStsf csf{0:6ldq lyP- tgxf Dofub]f s0f]l lzj z^a]s/ . pgl sf7df8f]f b]lbn u0fdf s0f]l lyP / !(@* lt/ algbk/df ; ?jf ePsf lyP . lzj z^a]s/sl alxgl slanf efgēStsf ; flxhf afasf gflt l]zj gfy -!(!\$-!(*^_ n]lj jfx u/\$f lyP . cfrfo{ kl/jf/sf h]lufx]sf w]} sfutkq lzj z^a]s/sf ; Gltx]af6 kf0Psf 5g\/ efgēStn]lognf0{; Da]vg u/l Ps slj tf klg n]y\$]f 5g\. efgēStn]5f]f /dfgfynf0{n]y\$]f]kqdf ; a)0:6ldqn] / a8fa8fn]klg '/fdfo0f' k]f ug{cg]/f]u u/\$f]cfk]To; nf0{k]f ug{ nfu\$]f]pNn]y u/\$f 5g\. o; af6 s]:ki6 x65 eg]To; avt efgēSt /f0ffx]sf b/af/df ; Dks]f klg lyP t/ sf7df8f]pgsf]:yfol a; f]f; eg] lyPg .

efgēStsf]hlj gdf c]tofj :yflt/sf rf/ 36gf klg a9l rlr]f 5g\ . tl xbf 'awlz]lff'sf]/rgf, lul/wf/l ef6; l]sf]dbbf, '/fdultf'sf]cg]fb /'eStdFn'sf]kl/isf/ . 'awlz]lff' !(! (j]fvdf sf7df8f]f 3/ k]s]f

af6fdf ldq tf/fkltf 3/df af; a; \$f avt /fte/ ; f; äxf/lsf alr enu8f ePsf]; bl To; \$f]k]t]j]pfdf /rgf u/\$f]n3]f]o xf]. efgēSts] x:tf]f/df /x\$]f] 'awlz]lff'sf] v] f k]t rbl /D3fsf] efg' k]tsfnodf ; /l]ft 5b] . o; df tTsfnlg u]y wd\$]f]cfbz{kf0P klg cfwlgs b]l6df o; df cleloSt gf/lst{o lgs}cfnf]o /x\$]f]5 .

lul/wf/l ef6 efgēStsf ; lwof/f x]g\ . efgēStsf]cu]f0df ; f] k]lgs shf]v]bf lul/wf/lsf]v] sfl6Psf]xbf pgn]av]f lem]l dbbf u/\$f x]g\ . dbbfdf k]t]j fbl nufpbf efgēStn]uBdf / slj tfdf klg la]t]kq n]y\$]f 5g\ . efgēStn]n]y\$]f]k]t]j fbl kqsf]v] f klg rbl /D3fsf]efg' k]tsfnodf ; /l]ft 5 . of]dbbf lgs}n]laPsf]xbf efgēStn]c88fsf sd]f/lnf0{3f]k]f u/l s]l slj tf klg /rgf u/\$f 5g\ .

efgēStn]hlj gsf] c]tofj :yf; Dd klg '/fdultf' cg]fb u/\$f] b]l]v]b] . o; \$f/0f sf7df8f]f kf0Psf '/fdfo0f'sf n]y]f]x]df / !(\$& egbfc]3 agf/ ; af6 5flkPsf 5fkfx]df klg '/fdultf' 5flkPsf]b]l]v]b] . !(@ df efgēSt sf7df8f]f 3/ k]s]f]ah]fdf wdlQn]'/fdultf' cg]fb ug{lgs}cfu]x u/\$f sf/0f pgn]/D3f k]l]g]al0s}of]s]t cg]fb u/\$f lyP . df]f]l/fdn]of]s]t efgēStn]e]g]/ /dfgfyn]n]y]g]u/l k]f ePsf] l]j] /f]l]bPsf 5g\ t/ efgēStsf ; f]l]tx] ; l ; /x\$]f]x:t]ln]vt '/fdfo0f' -s]l czafx]_ df /fdultf; lxtsf]cz efgēSts]x:t]flf/df kf0Paf6 efgēStn]d]o]z ofdf /dfgfynf0{n]y]f]Psf]s]t '/fdultf' xf]g e]g]:ki6 x65 . of]/fdfo0f xfn /fli6o clen]yfnodf ; /l]ft 5b] .

efgēStn]hlj gsf]c]tofj :yfdf sg}s]t cfk]h]e]b}/dfgfynf0{ n]y]fpb]lyP e]g]rrf{o; cl3 ul/Psf]5 . j]t/fh cfrfo{-@)%^_ sf cg]f/ Tof]s]t '/fdultf' ge0{eStdFn'sf]lyof]lsgeg]xfn 'eStdFn'sf tlg kf7 pkn]w 5g\ ; :s]t]df cg]fb ul/Psf]!% Znf\$]kf7, df]l/fdn] k]s]lzt u/\$f]@ Znf\$]kf7 / n]y]f]df e]6Psf]! Znf\$]kf7 . ; Dej t]M eStdFn'sf]kf/]l]es cz sf7df8f]f 5bf /rgf e0; s]f]lyof]/ Tof]kf7 ; aaf wdlQaf6 kf]t u/l kf]nkfdf 9l08/fhn]; :s]t]df cg]fb u/\$f lyP . c]tofj :yfdf efgēStn]To; nf0{j :tf/ ug]p2]on]cfk]h]e]b}/dfgfynf0{ n]y]g nufpbf To; df \$! kB k]u\$]f lyP t/ pSt v] f]af6 s]l kB x6f0{

efgēStn]g}@@ Znf\$]eStdfnf' tof/ u/l nf\$df klf/ u/\$f lyP . v] f klftrflxefgēStsf sf5f afa'0gbj nf; sf ; fydf 5b]yof]. kmtM 'eStdfnf'sf tlg lefg klf afg klu\$f lyP .

efgēStnf0{cGlofj :yfdf tgxf/ uflyf\$]; fñdf allg]d:of^bl gblsf] uf0yg]3f6df nluPsf]lyof]. Toxfl c4hndf ; tfPsf cj :yfdf pgf] dlo' ePsf]lyof].

%=pk; xf/

efgēSt klZrd gkfnsf]pRr afxbdf kl/jf/df hGd\$ f kltcf; Dkgg JolSt xgl. pgf; Gttx; tgxf] rbl /D3fdf clxn]kdg a; f]f; ul//x\$ 5g]. efgēStn]; #s[tsf]k/Dk/fut lzlf klfkt u/\$f eP klg ; fg]pd]b]v gkfnl efiffdf slj tf /rgf ug{yfn\$]f lyP . pgl cfzslj lyP, To; h]hljgsf x/] /f]s 36gfnf0{slj tfdf ptfb]y]. efgēSt ; fwf/0f uk:y lyP t/ pgn]cfkng]hljgsf sltko lf0f slj tfsf] ; fwgfdn nufP . rfx]afh]>ls]0fsf]:d]tnf0{hljgt tNofpg]Wb]n] xf] rfx]3ff lsf]k]0ffn]xf]) rfx]sdf/l rf\$sf]r/d lg/fzf d]g xf]) rfx]tf/fkltsf]rsf]slr^un ; g] xf]) rfx]ldq wd]Qaf6 k]/t eP/ xf]) pgn]kz:t krib/ slj tf, 'kZgf@/dfnf', eStdfnf, 'awlZlff' / '/fdultfh:tf n3sflo tyf '/fdfof' dxfsf]osf] /rgf u/] gkfnl ; flxToe08f/nf0{; d]t NofP . pgl gkfnl efiffsf klyd slj cjzo xf]gg) t/ kf]t{slj tyf ; flxTosf/x]n]kfk ug{g; s\$]l; l4 pgn]kfk u/].

efgēSt effif-; flxTosf df]bdn]; ferf gkfnl ; #s[tsf]lgdf]fdf of]bfg lbg]; jflws k]ej zf]nl gkfnl xgl. pgn]gkfnl effifnfo{ sf]oefiffsf kdf ; d]gt tNofpb]gkfnl effifnfo{; Dk0f{kxf8l ; dbfodf ; Dks{effifsf kdf lj :tf/ ug{dx]ej k0f{of]bfg lbPsf 5g\eg]gkfnsf] kf]l{t/f0f6 kf]De xb]/fdhfgslsf]klj q ufyfnf0{lxdfn; Dd lj :tf/ u/l gkfnl ; dfhnf0{wfld\$, ; f:s[ts Pstfsf]; qdf cfa4 tNofPsf klg 5g]. o; \$f/0f pgl gkfnl ; dfhdf ctolws nf\$lkp slj afg klu\$f 5g].

; Gbe{u]y; H

!= clwsf/l, /fdaxfb' -@)^_ efgēStsf hdfgfsf s]l s/f, efgēHd:yn lj sf; ; ldlt :dfi/sf @)^), rbl /D3f MefghGd:yn lj sf; ; ldlt .

@= cfrfo{ g/gfy -@)^, bf] cflbslj efgēSt cfrfo\$]f]; Rrf hljgrl/q, rbl tfdfs] M nys :jod.

#= cfrfo{ d]Stgfy-@)\$_, cflbslj efgēSt cfrfo\$]f]v]h]k]f{hlj gl, rbl /D3f M nys :jod.

\$= cfrfo{ j|t/fh-@)%^_ cflbslj efgēSt M hlj gl / slj tfsf] ; Dk/Lf0f, rbl /D3f, tgxf]M efg'hGd:yn lj sf; ; ldlt .

%= -----, -@)%_, 'k]l/ klg 3ff l s]f' sflGtck'/ -blgs_, sf7df8f]M sflGtck' k]lAns] G; .

^= cfrfo{ lzj/fh -@)@(_ , cflbslj efgēSt cfrfo\$]f]hGdlbg' dwks{-j if{%, c^s @_ , sf7df8f]M uf]vfkq 5fkfvfgf .

&= kf]n, zltnrG] -@)%_, 'efgēSt cfrfo\$]f b]fj ; fgsf] ldlt; DaGwl Hof]tiflo cg]fg' ebj]l/ clwsf/l -@)^@_, gkfnl slj tfsf]lj sf; df efgēSt cfrfo\$]f]of]bfg -k[#%)-#%! , sf7df8f] M s]fb]l clwsf/l / c] .

* = e6b, df]l/fd -@)\$^_ slj efgēStsf] hlj grl/q, sf7df8f]M ; ferf k]sfzg -t] #@)%^_ .

(= nf]gl, bffd]gfy -@)%_, efgēSt cfrfo\$]f]hGds08nL DaGwl slj tfsf]k^lSta4 JofVof ebj]l/ clwsf/l -@)^@_, gkfnl slj tfsf]lj sf; df efgēSt cfrfo\$]f]of]bfg -k#*\$-#\$(, sf7df8f] M s]fb]l clwsf/l / c] .

!= efgēSt d]0fdfnf -!((*, sf7df8f]M lj i0fdfof .



PStf, cv08tf, ; dGj o, ; fxrof}

; Vzflgt 5

? 1fgdl0f gkfn

clxn] xfdl Ij qndsf] PSSf0; fFztfAbLsf] 5f] bzs kf/ ub{5f].
 Pstql /f0ffzf; gaf6 dQm eP/ :j tGq ePsf] klg clxn]; f7l j if{klg
 nfu\$] 5 . xfdl] b] ; E} :j tGq ePsf Ij Zj sf s] f] ljsl; t, ; dA
 eP/ sxftf6 sxfrklu; s] f 5g\ xfdl] b] rflxflj sl; t, ; dA, ; dGt
 x] sf] ; \$f em] cl:y/, czf] eP/ cGofhsf] l:yltdf ulh/x] f] 5 . ; f7l
 j if{\$] cj lwdf klg ; Joj :yf k] ofpg g; s] ; ^sif{ cfGbf] hg, ågas] :ylt
 ef] u/x] . ca t hgtfn] zflgt] ; f; kn] {kf0Pnf, lge] tfk] \$ hlj g
 lhpg ; lsPnf eGg] cfzf klg tlxg nfu\$] 5 .

b] n] ljsf; sf] ult lmg kfPs] 5g, 7hf; fgf pBf] wGbf klg kg] kg
 kfPs] 5g\ /f] huf/l] sf] cefj df pb] odg o] fz] Qmlj b] knfog x] f] .
 k9] h] y] f] lz] lft, af] 4s ju{ljsl; t b] l] t/} cfk] lfdtf k] z] ug{
 nfnfot x] f] eg] ef] ts zf/] l] s anzfnl hg] lQmk] cfk] l] sfd a] f]
 cy] f] h] sf] nflu t] f8d5f8 ub] l] b] z] 0/x] , of] b] agfpg] z] Qm xfdl]
 o; /l v] u0/x] .

otf b] agfpg] eGg]; ^s] nk lnP/ cl3 a9] f b] sf s] of] f/x] klg
 cf-cfk] b] onut JolQm] t :j fy] df cl] en] em] 8/x] f] 5g\ b] k] l, hgtflk] tsf]
 lhDd] f/la] v klg 5g, cfk] l] st] oaf] v klg b] vPg, pQ/bf] o] t] klg .
 caf] v, clz] lft hgtf b] Mvt 5, k] l8t 5, pkof] utf] fbsf] lzs] f/ 5 .

clxn] b] sf] b] f] :yf b] tf t ca kgM g] fnl hgtf tlgrf/ ; o
 j if{5f] 8sf] cj :yf] t/ 3r] 6g nfu\$] xf] ls eGg] efg k5{/ To; a] fsf]
 0ltxf] lt/ b] 6 lbg dg nf] 5 . To; a] f g] fnl hgtf Pp6f sl7g
 cj :yfdf ulh/x] f] lyP, zflgt; b] Mlhpnf] u/] lhpg; Dd kfPs] lyPgg\

lbglbgsf] sf6f] 5gf] kbf{af] g sl7g cg] ej ub{; /l] ft l] f] v] b} hgtf
 a; f0 ; b] x] 8] x]. /f] HozlQm] sdhf] lyof]. l] v] 08gsf] cj :yf lyof]. Tof]
 ou} To:t} l] v] 08gsf] lyof] l] efhgsf] lyof].

/fi6] Ps x] gk5{, cv08 x] gk5{ /f] Ho clj ef] Ho xf] h] fn] kfpgk5{
 eGg] l; 4fgt g] To; a] f n] tkf] l] m] e0; s] f] lyof]. /f] Ho afafh] f]; Dk] Q
 xf] ; f] 5f] fgfltn] a/fa/ af] 8] ef] ug] 5{eGg] ejf] lyof]. o; }ef] gfn]
 ubf{ /f] Ho Ps e0/xg ; s] , cza08fh] tf] u/] lr/f] lr/f kf/] af] Bg
 nf] of]. h; sf] z] Qm p; sf] elQm -/f] Ho_ .

cf] ro{ clxn] h] l] g] fnl eq cyf] sf] , j fl] dtl, u08sl, s0ff] l
 k] g] of] f] sf] d] l] dxfsfn] leqsf] h] q] g] kf] ndf afp] g-g-l] qk] g
 h] l] /f] Ho ag] tl e] f] s] /f] Ho sf] l] clns 7hf sf] l; fd] go l] h] dbf/l; /x cf] k] f]
 cf] j zos] tkf] l] t{ug{klg w] k] g] vf] nsf lyP. ol /f] Ho x] Ps] f] 6 ag] f
 rflx] Fxf] gg\ k] g] f] ; f] f] ztf] AbLb] l] v /f] Ho nfo{af] Bn] 5] S] l] eGg x] f] ubf{
 ; qf] ztf] AbLsf] pQ/fw{ Dd cf] 0k] ubf ; f]; ^s] of k] u] f] xf].

afx] f] ztf] AbLdf :yflkt l; hf, -h] nf] sf] v; d] n] /f] Ho Ps] k] n] 6
 g] kf] nb] b] l] v k] l] rd s] f] /v] 08; Dd pQ/ ef] ub] l] v t/f] 0{ Dd k] n] Psf]
 lyof]. s] l] ztf] AbLk] 5 6l] q] p/ s] off] l] e] df af] 0; /f] Ho sfod eP/
 u08sl l] q] df r] f] l; of] g] kf] nb] b] l] df klg hol:ylt d] n] nb] l] v olf
 d] n] n; Dd /f] Hosf]; l] df ef] b] l] v t/f] 0{ l] f] 0{ f] {df] ^a; Dd k] n] Psf]
 lyof]. olf d] n] nsf 5f] f 5] S] l] k] l] x] b] df df] q] t] lg /f] Ho / ag] kf] df Ps u/l rf/
 /f] Ho ag] f lyP. k] l] 5 t] lgdfq sfod /x].

k] n] kf] nl /f] hf d] s] g; j] n] /f] Ho w] l] j :tf/ u/] f] lyP. Ps] b] 0{k] n] t
 sf] 7df] 8f] f] Dd l] h] tg cf] 0k] u] f] lyP. ptf t/f] 0{ l] h] Q} cfk] l] f] /f] Ho; l] df
 ; v] l] k] of] Psf lyP. pg] sf ; j] k] l] 5 pg] sf 5f] fgfltx] j] n] cza08f ubf{
 5; ft ef] u nf] of]. s] sf] nf] of]. s] d] s] g; j] n] dh] s df/] f] h:tf] eGg]
 p] vfgdfq ef] h:tf] sf] t:t] ef].

o; }df] s] fdf of] r] f] l; /f] Ho d] l] o] f] ndh] a /f] Ho sf z] f] x] j z] l] o /f] hf
 bf] ; f] 5] S] p/ b] l] ozfxn] u] f] v] fdf Tox] f] 5 y] l] sf]; xof] j] n] csf] [5] /f] Ho
 :yfk] f u/] /f] Ho t :yflkt eof]. nfe t eof] o; nf] 0{k] l] tkf] ng ug] u] f] x]

ef]. Ps t bfhaf6]buf e0/xg] csf]lgsf; ksf; 5g cyff\ef] hfg]af6f]
klg 5g, ef/t hfg]klg 5g, /flodf cfj zos j:t5f]cfklt{s; /l ug]
ge0gxg] g6, t]) ; Dd vfg] af6f] 5g, :yfkgsfnb]v g}o; n]; ^Sif{
ul//xgk\of]. cfk\gf]cl:t1j :yfkgsf]nflu o; sf/0f af\otfj z ; ?b]v g}
uf]vfnln]; ^Sif\zln, ; fx; l, hfu?s klg alg/xgk\of] kl5 uP/ :j ejf])
uf]vfnlx; zf\{ j lo\fnl, h\ef? k] [Qsf klg ag] Hofgsf]afhl nfP/
dl/d6] b] / hgtfsf]nflu nflukg]x6f /fli6@tfn]cf]kf] klg ag].

uf]vfn[sf]o; u0fsf]pkof] xg'cfj Zos lyof]. olusf]dfu lyof].
nf\$]n ; dfhn]To:tf]sb]/fhg]f rflx/x\$]f]lyof]. To:tf]pkoQm kfq
g/elkf nzfx / sf]Nofj tlf 5f]f k]j Lgf/fo0fzfx ag]. logsf]hGd ; ≠
!&(& df ePsf]lyof]eg]@) j ifsf]pd]df !&((df u2ldf a; \$f lyP .
/fhf xgf; fy logn]b]j hosf]cleofgsf]cf/De ug{15d\$]l b] / aflux/l
b]; E klg ; Dks{ug{; ? u/]. pgn]klxn]15d\$]lsf]ef]ts j f efj gfls
; xof] gln0\$g b]j ho ; Dej 5E]lyPg .

Ps t uf]/vf; E wg; DklQn]el/Psf]sf]/lyPg . hgzlQmHofb]sd lyof]. hDdf afx|xhf/ 3/dhLsf]; ^Nof lyof]. olt ; fgf]kxf8L ?vf] Vf] pAhfafnl sd xg]bjbzaf6 /fHosf]df cfDbfgL sIt xgYof]/ bzbz ljbz; Esf] aGbjofkf/ eP clns ; DklQ hDdf xg]xf] Tof] klg lyPg . o; /fHosf] ; Dks{g t/f0{ E lyof] g efbz; E .

To; aþhf efþ÷ef/t; Þ ; Dks{ePsf] aGþJokf/ ug] /fHo eg\$]f]
dVo sf7df8fPg]x] Tof]To; ; Dksþ]ubf{; DkGg klg lyof]. k/]fgf]/fHo
7kf]klg hDnf lyof] clg kfNkf, kj f, efþ, ef/t; Þ alk/ ug] efþ; Þ
cfj thfj t ePsf lyP . c_ t/f0qf hldg gxþ]/fHox_}sf]klg Tolt ; fv
lyPg . uf]vfh:t}ul/a}lyP . uf]vf ul/a}eP klg cfldan ePsf]
l:yItaGþ]h afW] af0{]f]l; qf sdfPsf]Voflt wdZf:qadf]hd /fhsfh
rnfpq]ePsf]x]ff wghg sd eP klg Vofltdf rflxFcufl8 lyof] z]tf,
jL/tf / ; fx; df klg cu]fdL g].

K\j lgf/fo0fsf]jax]dsj fgl ; \j /fhfsL 5f]l; E ePsf]lyof]. k/Gt' d]fn'k7fg gdfg\\$fn]h]fg; E pgfsf]ts/f/ k]of]. ; /fnL wglfdqL ePaf6 kxf8sf vhfnL /fhfsf 5f]f eg]\x[g]g}eP . cledfql h]f0f] lbg q; Sq]vfnf]bf0hf\\$f]s/]pnL nfP/ h]fgsf] thls erfq{p2]on]

kmGsP/ lx8]. h]f0fH]sf]o; 6\$]n]dsjfgL afnf]n]; f]f kf0g\ h]h]
/fHo udfP sfnf]t/df .

Ij ho cleofg yfNgelgbf klxn]sfzlofqdf hfg]/ ptfsf]cfj xjf
aem] xltof/ klg gofFvl/b ug[p2]o lnP klg To; sf nflu wgsf]
cefj v6lsg] vfnfsl]yof]. o:t}g; lem/x\$] a]hf pgsf]g]uof/
la;] gurlh] Ps ?k]hf/F/fhfnf0{ckY ; a}/]t; E Ps-Ps ?= Ing]
; Nnfx lbP . Toxl pkfoaf/f vr{ hDdf u/L pgn] sfzlofqf dfq
u/]g] bfgwd{u/L u^Nfdf ; a]S]nk u/L cfk]hf]ufq klg kmY]. o; n]
To; }a]hf g]kfnfsl]PsIs/Of ug{ofhgf pgsf]cgt:s/0fdf k|km/t
e0; s]f] b]vG5 .

/fhf ePsf]b0{j if[15 g}pgn]sf7df8f]f]klZrdl lsNnf gj fsf]df
cfqnd0f u/] o; sf]rfHf]f]f]dlnfpq]ndh^a; E 3f ug]sd0bgf0 b]vPsf]
/ klf]n]klg ?rfPsf]x]f sfn' kfB]hf0{dVo sfhl agfP . To; a]f dh
sfhl]sf]tna dlxgsf]?=) lyof]. klxn]t pgsf]p2]o gj fsf]; Nnfxn]
; / ug]lyof]. Toxf]f sf]; lfs hoft /fgf uf]vfd]hGdLa9L pxf]dfgf]
vfPsf]x]f ldnfpq ; S5'ls eg] kof; klg u/] t/ p; n]clxn]hok\$fsf]
g]sf]; f]m]u5{e]g]hj fkmlbPsf]f]cfkm]cl3 ; /l gj fsf] n8g cfPsf
lyP . To; o'4df hoftsf 5f]f vt /x]. af]a lqd]f; E dfl/P .

o; k15 klg/lgf/fo0f 7hf o4 ug|vt/f df|g] sfdlt/ nfu|g\\
klxn]pgl; E hg klg sd lyP wg klg . o4df hgwgs}lfo, Joo xG5 .
pgsf]; fx; tTk/tf cfk|g] sfddf ; dkQefej crldsf]5, pgl cfk|g]
Hofg hf|vddf kf/Y oxfflg cfk|k|nf0{ \$ofpE}cl3 a9\$ f lyP . c
t s]pgsf afx|aif\$ f ef0n]klg t/af/ k|f/ u/\$f]aofg 5 .

gj fsfþ lht[kl5 eg] pgn] 7hf] Gtfj[sf] f; km]. lktfkvfk[v
dgn] tfs\$] sfdn] k\$ofpg g; s\$] ekl/j] 6t uf] vf /fHonf0{s]a
3f6laf6 efþ; E hfþ] sfd u/]. ca Totfaf6 efþsf]akf/ gj fsfþsf]xft
kg]eof]. stlsf]dfu{klg xft kfg]p2]on]ssgl lzj k/l x]gu/sfþ
ej /sfþlt/ a9]. p2]orflxF7hf o4 klg gdf]g]stlsf]akf/Ldfu{klg
xft kfg] / dfG5] xft lbg] wg a9fpq] lyof]. wg sdfpg]ebf dfG5]
sdfpg' b; ubf a9L nfebfos lyof]. pg]sf] /0fg]lt g}o; df s]gbt
lyof].

efʃaf6 ; ɟrfɛL NofP/ gj fsfʃdf z'4 rfɛsf dbʃ 9fnʃ afʃl/of aʃʃf/laf/f aʃʃf/Lsf/fʃf/ rnfpg vʃʃ]klg Tofʃtolt ; kɪn ePg . aʃʃf/szŋ gʃf/ ; Gof; L aʃʃf/Lsf xftdf efʃaʃʃf/ PsnfʃL lyof]. klxn]zfʃt ; ʃʃff lbnfP/ gʃf/ aʃʃf/lx_ʃnf0{xft lŋgbʃʃf]. pgn]efʃsf aʃʃf/l gʃf/ ; Gof; Lx_ʃ; ʃʃ lgs}eʃʃf0Ff]klg a9fPsf lyP .

o:t}/Ofglit InP/ cl3 a9ʃf kʃ{bʃʃf0fʃt/sf wʃ}0nfʃf pgʃf cwlg eP klg tlg ; x/leq k:gnf0{rflxFsʃʃtʃʃ/ dhat lsNnf sAhf gu/l ; Dej lyPg . sfʃtʃkʃ/ ; x/sfʃdxf6l oxf lyof]. o; df tlg ; x/df ; ʃʃs hDdf lyP . sfhL sfn'kfBʃʃ]o; df cfqnd0f ug{clxn]; do 5ʃ, o; df xfdf]an sd 5 eGg]; Nnfx lbBʃʃlbBʃʃxf]; P/ cfkm]cl3 ; /ʃʃ cfqnd0f ug{hfBʃʃ ufʃʃvfnLsf]7hʃʃ lʃʃt eof]. dhʃsfhL sfn' kfBʃʃ dfl/P, kʃʃl gf/fo0fsf] bflxg] xft}efʃʃof]. cfkm' klg aNnaNn Ps ls; fgsf] ; xofʃʃaf6 ar]. sʃʃtʃʃ/ o'4df pgnf0{7hʃʃ3ft kʃʃof].

o; kl5 pgn] hok\$ fz; ʃʃ efʃsf] aʃʃf/df ; feʃʃf/l ug{nfexflg aʃʃf/ vʃʃh:tf aʃʃfdf ; lGw u/ʃʃ ljh ho cl3 a9fpg]glit InP .

o; /L ; lGwʃʃ uʃʃ ubʃʃb0{bzS hlt laTg nfuʃʃl5 tlg ; x/lt/af6 cfkʃʃgf] cleofg dfBʃʃ/ ; ; /fnL/fHo dsjfgk/lt/ nfu]. ; + !(! (df dsjfgk/ ; lhn}; / ePk15 eg]ufʃʃvf /fHosf]; ldf kxf8lt/ sfzL / t/f0lt/ sdnf; fW nfuʃʃof]. ca eg]; fBI/P/ a; ʃʃf] ufʃʃvf /fHosf] efʃʃdunfg; ʃʃ l; w}; Dks{klg xg nfuʃʃf]eg]gj fkM ʃʃ d7eBʃʃ klg kʃʃof]. dsjfgk/ arfpg cfkʃʃgf]; fW a9fpg cf0nfuʃʃfa^Nfnf gj fkMsf ; ʃʃonf0{ufʃʃvfnL ; ʃʃon}; lhn}tx; gx; kf/l k7f0lbP .

o; kl5 eg]kʃʃl gf/fo0fsf]cleofgn]tʃʃ ult lnof] ; ʃʃozlQm klg a9dʃʃ]. tlgrʃʃl6sf]kɸf; df sʃʃtʃʃ/ klg ; / eof]. To; kl5 hok\$ fz dNnsf]; xfotfsf nflu cfPsf]c^Nhl ; ʃʃoannf0{l; ʃʃwhlu9laf6}k15f0{ k7f0lbPkl5 eg]pgsf]7hʃʃ]; fv a9dʃʃ]. c:tfpg nfuʃʃf dunzlQm / pbfpq nfuʃʃf] laʃʃzzlQm nf0{klg x/fpg ; Sg] ufʃʃvf fnLsf] / pgf /fhsf]klg gʃʃfn-ef/t ; aʃʃt/ avfpg rNnof]. To; sf]csf]; fn ; +!*% 0Gbʃʃfqfsf] aʃʃf ; lhn} ʃʃ lagf/Qnkft sfʃtʃkʃ/ ; x/ ; / eof]. /fhf hok\$ fz dNn cfkʃʃgf ; xofʃʃl; fy kf6g u0{a;]. ToxfRkig sʃʃl lbgkl5 g} cfqnd0f ePaf6 bʃʃ}/fhf eStk/ u0{z/OffyL\$ʃʃ]kdf /x].

eStk/ʃʃf /fhf /0flht dNn kʃʃl gf/fo0fsf dltafa'kbʃʃ]. ; Nnfxn] z/OffyLʃʃf0{ Dkg pgn]cfuʃʃ ubf{ /0flhtn]:j lsf/ u/ʃʃg\ To; kl5 sfʃtʃkʃ/df h:t}pxfRkig 3ʃʃfaGbl ug{cfbʒ InP/ z/ʃʃkʃksf]dftxtdf ; ʃʃs v16P/ uof]. sʃʃl lbg 3ʃʃfaGbl u/ʃʃl5 cfʃʃfP/ ; ʃʃfkltn]cfqnd0fsf] cfbʒ lbg . o; df efufefu eof]. hok\$ fzsf] v\$fdf ufʃʃl nfuʃʃof] / To; ʃʃf]tfl; /n]pgl lat]. dltafahf0{agʃʃfdf /fhf e0{a:g kʃʃl gf/fo0fn] cfuʃʃ ubf{ pgn] dfgʃʃg\ pgf] cfʃʃ; 5fʃʃf] klxNo} uʃʃsnxdf k/L dfl/0; sʃʃfn]lj /IQnPsf /fhf /0flht dNnn]sfzLjf; hfg]OR5f hfxʃʃ u/]. ; ; Ddfg pgnf0{ sfzLjf; sf] k7f0of]. sfG5f ef0 z/ʃʃkʃksf] kʃʃ:sf/:j ʃʃk cfkʃʃh]lhtʃʃf]eStk/df]/fhf xg]OR5f u/]t/ pN6f]cfkʃʃh] cxʃʃPeGbf cfʃʃfP/ a9l ug{eP/ cfqnd0f ubf{ /fhf hok\$ fz dfl/P egl kʃʃl gf/fo0fn]; hfo kf]kfpB; \s]k':sf/ < eGbf l/l; P/ bʒ}5fBʃʃ] lxBʃʃ]. klxNo}hʃʃf ef0 dxʃʃfdsltʃʃ]dsj fgk/df /fhf xg vfhʃʃf lyP . bndbʃʃ t klxn]kf6gsf /fhf e0; sʃʃf lyP . kf6gsf 5 kʃʃfgn]/fhf k15 qnddf kʃʃl gf/fo0fnf0{v'; l kf/ʃʃ cfkʃʃgf]sfk k6dPpg]p2ʃʃon]Ps=8ʃʃ j if{/fhf agfPsf lyP . kf6g lhtʃʃl5 pgl klg ToxfRf]/fhf xg rfxGy]. pgn]klg kfPgg\ o; /l tlg ; x/ lht; sʃʃl5 kʃʃl gf/fo0fsf tlg}ef0 l/; fP/ bʒ}5fBʃʃ] lxBʃʃ].

tlg ; x/ lhtʃʃf] tlgrf/ j if{kl5 kʃʃf] ; ʃʃsf] rfb08L /fHo klg lhtof]. kxf8klʃ k1zrdkj{ ; ldflt/ o'4 eP klg /fhwfgl df o'4 ug{ k/ʃʃ . ; lgG5- /fhwfgl cfqnd0f ug{cfpBʃʃg\ eGg]; ʃʃgf; fy cfkʃʃf e08f/df ePsf ; ɟrfɛL hʃʃ fxf/ft / gub ; DkIQ k1nfdf]afs; df aGb u/l sfzL lsgf/fdf Ps emʃʃf 8afP/ dgql /fHo 5fBʃʃ efunk/lt/ efu]/fhf ljhok/lt/ nfu].

csf]; fn ufʃʃvfnL ; ʃʃs ljhok/ kʃʃʒ ubf{gub{ToxfRkig /fhwfgl 5fBʃʃ] /fhf bʃʃfg lxBʃʃ] lndA'; Aafx_ʃʃn]; ʃʃsf kfnfbʃʃvsf lsk6 vf0gk0g, /lItlylt oyfj t\yfldlbg]; tʃʃf cfld; dkɸf u/]. lagfo4, lagf/Qnkft ljhok/ /fHo ljh ho eof]. sʃʃl ToxfRf pRr kbflwsf/lx_ʒ; vldlt/ nfu].

o; /l kʃʃl gf/fo0fn]cfkʃʃf]kfnfdf 5j 6f /fHo ljh ho u/ʃʃ gʃʃfnf] ; ldfgf ; vld; fW nfp klg k1zrdlt/ a9dʒ ; sʃʃf lyPgg\ pgf]cfkʃʃf]

3/leq Pstf ; ffbff sfod /xj. ef0xj /fHo 6qlofpg] klf sf xff
kjj lgf/fo0f o; sf] j/fydf xff tlg}ef0 lael08P/ lx8]. h]f 5f/f
afa]la8f]yf0nfg]h:tf ePgg\ pgl n8f0e8f0ft/ ca nflg]sf
5j, egg]lj rf/df lyP, b/af/sf] ; v; ondf d:t eP/ a:g rfxgy].
; ; fnl ufp]f :j jkl; x-sfs]/{ k=a]hgf y kf8j pgsf ; Nnfxsf/ lyP.
log]ef8]5f/fnf0{egg]efj kjj lgf/fo0fdf k/]f]lyof]. o;]c]t]d
cj:yfsf]af]h]ldf .k]k]l]zrdsf v; afxgnf0{b/af/ k] -kj j_xj glbg"
egl afh]f 5g\

sf65f 5f/f axfb/ zfx of]o lyP . s; }s;]pg]f0{ /fHosf]
pQ/flwsf/L agfpgk5{egg]; Nnfx klg lbPsf lyP, o; df dVo bnlht
zfx lyP, o:tf]u]s/s/f sfqdf k/]k]5 ef0 / sfsf; E k]fkl; x-cfu]eP/
I; fPsf lyP . o; }x]f afa'la]gf; fy ol bj]f0{gofF/fhfn]lgsfnf u/]f
lyP .

kjj lgf/fo0fn] /fHo 6qlofpg]sf u/]g\ Tof]pgsf]p2]o a] }
lyof]. ef0sf]/fj ldlRtg eGbf rflxfgn]cfkn]grfx]f]eP klg cof]o
pQ/flwsf/Lsf]xtdf /fh; Qf ; Dk] hfgk]of]. oj s /fhf w]j]lj nf; L
efy]j nf; d}d:t e0/xg]tqgdqdf nfu] j fdfrf/df Jo:t x]f]x]f/fhf
ePsf]sl/a c9f0 j if]k]5 k/nf\\$ ep .

cflv/ b] /-efpHo\\$]xtdf /fh; Qf k]of]. slxn]ldnb]slxn]k]nb
s]l ; do b] /-efpHo\\$]zf; g rnfP klg cflv/ /fg /fhlbh]ldl klg
a]f]lat] u0g\ Psnf]l axfb/ zfxn]zf; gsf]afu8f] xtdf lnP/
/fHo rnfpg nfu]. ; f/ ef0ef/bf/nf0{Psu7 u/l Psh6 eP/ afah]
yfn]f]alrdf /f]sPsf]PsIs/0fsf]cleofgnf0{tlj t/ kf/\ nu]. ; ft}
j if]f af0{]rf] ;]/fhfx]nf0{lht] / stdp]9j fn klg j z agfP/
g]fnsf]k]l]zrdl ; ldfgf od]f; Dd k]of0lbP .

g]fnsf]0ltxf; df of]Pp6f cbet sfo{lyof]. kjj lgf/fo0fnf0{
^ /fHo lh]g #) j if{nfu]f]lyof]eg]axfb/ zfxnf0{\$* /fHo lh]g *
j if{k]lg nfu] . o; df ;]oandfq sf/s geP/ l]k]f]nf0{xft l]ng]
; xdltdf Nofpg]/0fg]ltn]k]lg sfu/]f]lyof]. /fHo xj k]b] PsfPs
eP/ a:g]bf ldn] Psh6 eP/ a:g]bf g>f:s/ /x]f egg]efj gf
tlj t/ alg; s]f] lyof]. /fHo-/fHo alrsf] snxn] ubf{ dflg; nf0{

lhpg x]f]fg kl//x]f] lyof]. k]j lgf/fo0fn] zfl]t :yfkgf u/]f /
n]kf6, rf]lrsf/L, c]ofrf/sf 36gf a]b u/fPsf lyP, zfl]tsf]cef;
lbnfPsf lyP . geP t j v]08t /fHo x]f] df czfl]t, c]ofrf/sf 36gfn]
3/ u/]f] lyP . dflg; x]f] df cfly], ; fdflhs, wfl]s, lq]ofsnfkdf
c]of]t 7h]afwfc8k]g kl//f]v]f]lyof]. b]l]gbg o4, czfl]tsf]; fdgf
ul//xgk/]f]lyof]. tly{ug{ laxfj f/l ug{ps b]af6 csf]b]df hfg
; s; lyof]. s]l k]l/x]f]nf ls, afwf/f]fj 6 eg] ; w]f]qflxdfd x]kb]of].
lalhg]a]f/ ug]kbf{dfntfn nl6Pnf ls, r]f]Pnf ls, /f]sPnf ls,
; w]f]r]tfn]; tfp]f]. ef]af6 g] ; g, r]f] c]f dfn Nofpg k]g
ufx]f] g]nof0{k]lg gx]f]. kzkl, uf]f0s08 tly{ug{k]lg ufx]f] gu/l k]g
lrQ zfl]t g]lx . h:tf]Ps pbfx/0f ox]f]tt u/f]

; f]f hf]8Psf /fHodf Pp6f g Pp6f ; d:of kl//xg] emu8f rln/xg].
/f]f/fhdf o:tf]rln/x]k]g /]f]lbgof]f]cf-cf]k]g]joj xf/ grnf0{gx]f]
rnfp]g]k]of]. afnfrt]k]l]df kzkl d]f:y]nldf ; b]lp 5g]7h]f d]h]f
n]f]5, To; d]h]fdf To; a]f] b]b]fj /sf :qlk?if ej]f eP/ d]h]f ey].
To; a]f] eStk//fHo; E /f]h]f nl j ftdf sx]f]s]tndfly k/]f]lyof].
sf7df8f]f /f]h]f]sf]cfb]z]n]eStk]sf s]f]df]g; l7u/f 7f]f] /f]v]P, ca
eStk]n] o4} ug]k]of], g; Qf v]lDrP/ a:g]k]of]. eStk]df l]qnd
; j]t]f] k]f/Dedf l]j:s]f hfqf wdwd]f; E dgf065 . Tof] /y x]f]{k]g
6f9f6f9fb]v tlg ; x/sf :qlk?if ej]f x]f]g\ eStk]sf /f]f k]g cfk]f
blgoff]f]f0{b]M l]bPsf]f] /; k]f]s]f]t]k]f]f0{agfs; y]f] v]f]l]v]f]l l7u/fdf
7f]f] /f]v]l]b]5g\ V l]; k]f]f] o:tf]of]Ps pbfx/0f xf] o:tf 36gf
k]o]f] /fHodf s]f]g s]f] ; kn]3l6/x]f]. kjj lgf/fo0f zfx, axfb/ zfxn]
u/]f]g]f]nsf]PsIs/0f g]f]fn]sf]k]f]k]f]sf] ; fxro{ ; d]f] onf0{clxn]s]l
dflg; x]f] lt/:sf/ u5g\ lt/:sf/ dfq xf]g, Pstf l]bj ; dgfp]g, pgnf0{
; Dem]g, pgsf]h]f]lbg dgfp]g k]g x]f]g\ V k]f]fnnf0{cg]f efudf
l]je]hg ug{k]lg s]d/ s;] nf0{f] 5g\ ca t]l t]lg ; o j if]l3sf
czfl]t, c]of]hsf l]bg k]f]f] c]fpg]x]f]s eg] hgtfdf
qflxqflx 5f]Psf]5, k]f]f]f] u/f]ca To:tf czfl]t, cgdf]h, c]of]hsf l]bg
k]f]f]f] g]cfpg] g]f]nsf]Pstf, cv08tf sfod /lx/xf] zfl]t, ; v
; d]f]4 alg/xf] \ ♦

k5f/sf]kftf]

hlj grl/q cyff\hlj gl

✉ lj gosdf/ zdf{gkfn

hlj gl jf hlj grl/qnf0{c^au]hldf Biography elgG5 . hlj gl nfd
 jf 5f]f xg ; S5gl. 5f]f]hlj glnf0{kl/ro eGg]rng 5 . rrf{ul/Psf]
 JolQmsf]JolQm]sf] ; Dk0f{emns kl/ron]lbg ; Qm] . To; h]hlj gl
 kl/rodfq eg]dfGg ; lsGg . hlj gln]JolQm]hlj gdf u/]sf sfd, sfo{
 lbPsf l]rf/, JolQmsf]:jefj, rl/q ; Dk0f{f cufNgk5{, kl/ro zAbn]
 ; Dk0f{f cufNb]t / jDfGt zAbn]JolQmsf] ; Dk0f{f cufNb5 . To; h]
 h]hlj glnf0{csf]cydf jDfGt klg eGg ; lsG5 . jDfGt eg]sf]JolQmsf]
 h]hlj gufyfsf]qmda4 n]vg xf]. JolQm axcfolds 5g\eg]To: tfsf]k0f{
 h]hlj gl Pp6f ; fgf]n]ydf n]vg ; lej xb]j f ; fgf]kfbf]JolQm]sf]sfo{
 jf sd{5b] ; S5 cyff\Tof]; fdg]o kl/rodf dfq ; lldt xg k]b5 . ctM
 JolQm/ kl/j]cg' f/ h]hlj glnf0{nfdf]/ 5f]f]kfg]rng 5 . 5f]f]hlj gl
 kl/ro jf Biodata df ; lldt xg yfn]f5 .

hlj gl jf jDfGt zAbn]; du]jf ; Dk0f{eGg]s/f aefpg vflh]sf]
 xgfn]hlj gl jf jDfGt elg; s]k]5 JolQm]f kfqsf]; Dk0f{klsf]a]hlj :tf/
 phfuf/ xgk5{ h; /l Oltxf; n]s]b]z, sfn, j u]sf]lj :t]rrf{u5{ .
 Oltxf; / h]hlj gl jf:t]df Pp6]lj wf xg\ . Oltxf; df j :t]jf sfnsf]
 k]7eld xG5 eg]hlj gldf JolQmsf]xG5 . j z jf /fi6esf]Oltxf; df JolQm
 cf]n]df k5{t/ h]hlj gldf JolQm]g}; j f]l xgfn]p; sf sfo{ 36g]x]nf0{
 dx]f] l]b0G5 . xg t hg; s]JolQmsf]cf-cfk]g} 9^usf h]hlj grl/q
 xG5g] n]vg ; S5gl t/ b]z, ; dfh, dfg]dfly lgM]j fy{h]hlj gsf]sfo{
 ; dk0f ug]JolQm]sf]hlj gl g}dx]f]k0f{xG5 . tl xdf]lj :d]taf6
 ghfpng]eGg]x]h]g]hlj gl jf jDfGt lj wfsf]cf/De ePsf]xf].

JolQmsf]cd/tf p; sf]sfo{ u]h]BPsf]xG5, h; n]hlt ; dfh]kof]u],
 dfg]f]kof]u]l sfo{ug{; S5, pm]olt g}nfdf]; do jf sfnv08; Dd h]hlj t
 /xg ; S5 . h]hlj cfk]g]f jf cfk]g]f kfl/j fl/s :j fy]f rh]d 8a] To; h]f0{

; a}s/f]jf h]hlj g ; Dmg]JolQm]s]l/fkmbf]a]sf] /x db]g]. Itgsf
 h]hlj g g n]v]g]g n]v]P klg s; h]k9]g rfxG5 . To; h]hlj gl n]v]bf
 kfqrog k]lxnf]dx]f]k0f{s/f]xf] / To; k]5 To; kfqsf]hlj gdf 36]f
 36gf, p; n]b]y] ; g]sf l]rf/x] ; p; n]ef]u]u/]sf sfo{, p; n]aff]sf]
 /fi6]sfn / kl/j]z, p; sf]hlj gsf]nlo-p2]o cflb-cflb s/f]x] ;
 d]l]6G5]. h]hlj gl k9]gnfos, ; /n, ; xh / ; /; 5 ls 5]g eGg]s/f]eg]
 h]hlj gl n]v]sdf vfl]hG5 . n]v]sn]JolQmsf]hlj gnf0{s]lQsf]h]hlj tt, ;
 h]hlj tfsf ; fy ptf]b5, h]hlj gsf]dx]f] o; df klg lge] xG5 .

hlj gldf gfo{ jf kfqsf]hlj grf{ sfo{ 36gf g]sf/s xg]xgfn]
 h]hlj gl ; To / t]Yo xG5 . o; sf]dh cfsf/ g]s]Nkgf] ; kl l]s]abGtl ge0{
 ; fsf/ ; To xG5 . To; h]hlj gl j :t]lgi7 / efj j fbl xG5 . ; To s/f]nf0{
 cg]s]Nkgf] ; l]f/] h]hlj gl n]v]g]k]rng a9]f]5 . h]hlj glleq kfqsf]
 l]j ifodf phfuf/ ePsf c]o h]hlj gl, :d/0f cflb / kfqn]f0{h]hlj t e]g]
 JolQm]j x]sf]klg dx]f] / flvG5 .

gkfn] efifdf ; flx]osf]lj sf; ; u]lj sl; t ePsf]hlj gl l]wfsf]
 cf/De !^# lt/ elgPsf] ./fdzfxsf]hlj gl', !^# lt/ elgPsf]k]y]lgf/fof
 zfxsf]hlj gl' xg]elgP tfk]g !(* df dft]l/fd e]sn]n]v]sf]slj efg]eQm
 cfrfo]sf].hlj grl/q' g]gkfn] ; flx]odf b]v]psf]df]hs k]lxnf]hlj gl xf]
 eGgk5{. To; k]5 k]z:t]/fi6o / cgt/f]l]6o JolQm]j x]sf h]hlj glx] ...
 'uf]vfk] cflb k]qsf]x]df b]yf k]. o; / l]j sl; t x]b]u]psf]hlj gl
 l]j wfsf]u]ysf] ; kdf ; b]l]qnd 1]fnln] :b]l]ozfx' -!((()_, ..k]y]lgf/fof
 zfx' -!((@_ / ..j]l aneb] h:tf s]t n]vg u]. !((% df g/b] zdfh]
 :dft]l/fd e]sf]; lrq h]hlj gl', !((% d)a]k]dzdz]n] :slj efg]eQm @)!\$
 df afnr]b] zdfh] :efg]eQm, @)!^ df lg]t/fh kf08]h]:dxfs]lj b]s]f',
 @)!* df r]8fdl]of a]wh] :b]sf]f', @)@\$ df afa/fd cfrfoh] :k]y]lgf/fof
 zfxsf]hlj gl' cflb n]v]. o; k]5 of]lj wf ; dofg' f/ lgs]k]n]b]uof].
 JolQm] / k]j]0 z kdf jf :d]t u]ysf] ; kdf ; d]t h]hlj gl n]v]b]g].
 k]B]z kdf sf]o, v]08sf]o, dxfs]losf] ; kdf ; d]t h]hlj gl n]v]g yfn]sf]
 kf0G5 . x]b]fxb]JolQm]j x]n]cfk]g]hlj gl c]z n]f0{n]v]g nuf0{5f]g]k]j]0; d]t
 a9]f]el]6G5, of]7ls jf a]ls Tof]elj iofd kf7sn]g]lgsoft unfg].
 c:t'



k':ts-kl/ro

gkfnl cf7 pkGof;

✓ ; /ø| laxfgl

gkfnl cfVofg ; flxTosf]0ltxf; d}; fob lefg / eložñldf klxnflks
ut d'at; / cf7 ut]zAbfy{klsfzg rfajhñ]cf7 hgf jI/i7 ; flxTosf/xzsf
cglbt / dfhs u/l cf7}6f pkGof; xz k1fk|ti7fgsf]; efxndf cf7
hgf Vofltk|kt cfVofgsf/xzsf]xftaf6 ; fj hlgS ufof].

To; }sfogmddf ; fj hlgS ul/Psf s|txzdfly oxff; aifkt kl/ro
k:t ug]hdsf]ul/Psf]5 .

!= dI0m aifd

dh nyS Mxfj f8{krf:6

cgj fbs Mj ; Gtsdf/ zDdf{.gkfn'

Ij bfxlrzsf cd]sl pkGof; sf/ >l xfj f8{krf:6 ij Zj el/ g}nf\$lkþ
dflgG5g\l. pgf 'k6f\$; ', ..b nf:6 k1G6o; { 'k18d /f\$, 'b Unf]o;
ab; { tyf 'b k1g ckm; \$f]P08 e|hþ' lgs)g)rrf]f /x\$pkGof; xz
xg\l. 'k6f\$; 'sf]gkfnl cgj fb .:cfbl ij bfxl' eg] >l j ; Gtsdf/ zDdf]5
g}ul/; SgëPsf] 5 eg] To; s} lg/Gt/tf:jz k ..b Unf]o; ab; {sf]
cgj fb; d] pxfh]a8f]kl/>d / s'zntfk]§ ug]Psf]5 .

/f\$; fdHojfbn]lynlynf] kf/\$f] dlb-k{j{Pl; ofaf6 vf; u/l
0; /fonaf6 /fdgxz nf0{oxblxz n}s; /l wkfP/ cfk]g]cnu klxrfg
lgdf]f u/]eg]s/f o; pkGof; df dfld§ 9aunf6 JofVof ul/Psf]5 .
..; f0dg' kl/jf/sf oj s bfhef0xz n}s; /l o4df kj z ug]g{afnbtf
cf0nflf] / o4nf0{l ho; Dd k]ofpg]pmhf{s; /l k]kt xb]f/x\$ eg]s/f
o; pkGof; df kf0G5 . vf; u/l dfgj lo :j tGqtf, cfl; Ddfg tyf
hftlo uf]j arfpg oxbl ; dbfon]u/\$f]; aBif\$f]j l/ufyf xf]of]pkGof;
..dI0m aifd' .

syfsf]p7fg, lj :tf/ tyf a]fgsf]lx; fan]o; df tIsfnlg oxbl
; fdHojfbsf]clorfr/ kli8t oxblxz sf]bbff]t cj :yfnufot tIsfnlg
; fdflhs, cfly§ tyf /fhglts cj :yfaf/gif aenb} hffbf kf7s 7fp/tpdf
/fdfl-rt tyf påht xg k1b5 .

o; 'dI0m aifd' pkGof; df :j feflj s_z kdf j ; Gtsdf/ zDdf{
.gkfn'sf]cgj fb zj]l k9g / aenb; d] kf0G5 .

@=b k1g ckm; \$f]P08 e|hþ

gkfnl Mlg/k/fwsf]xTof

cgj fbs Mj ; Gtsdf/ zDdf{.gkfn'

xfj f8{krf:6s]pkoQmpkGof; nf0{lg/k/fwsf]xTof gfddf j ; Gtsdf/
zDdf{.gkfn'n]cgj fb ug]Psf]o; pkGof; df cd]sl Gofok]ffnlnf0{
s8f k1g lrxtg p7fpb]cd]sfh:tf]nf\$ tflqzs zf; gk]ffnl ePsf]b]zdf
.qf]Gtsf/l'xz nf0{s; /l 'enf d2f nufP/ cdfgj lo 9aun] bl08t
ul/G5 eGg]s/f p7f0Psf]5 .

bf] j] ij Zj o'4sf] 7ls kj { Gnbfsf] kl/j zdf tof/ kfl/Psf] o;
pkGof; df dfgj lo ; j]fgf, ul/al, ; j]f/fj fbl cfgbf]hgsf] kmfj,
al4hljlxz sf]dfg]zf tyf cd]sl Gofok]ffnl / k1f; lgs k]ffnlxz sf]
klfkftk0f]oj xf/xz sf af/gf o; pkGof; df ldlxg 9aun]JofVof u/\$f]
kf0G5 . o; pkGof; df ; a]fqxz ; h1j / lqmfzln ePsf]b]bf kf7sdf
tlj|k]tqmf ptkGg xG5 .

#=/dnf gfgl

nyS M ej gxl/ l; ubj

s]l ; docl3; Dd ..b/af/df hflu/ vfg kfpg'lgs)k|ti7f / uf]j sf]
lj ifo dflgGof]. Ps d]bd j ulq hflu/h]szf]l 5f]l ./dnf nf0{b/af/df
hflu/ vfg k7fpbf lgs)uj {u/\$f]xG5, t/ b/af/ kj z u/\$l 5f]l /dnf
b/af/sf 'gfgl'df kl/0ft ePkI5 pm'lkh/fsl ; lf' xg k]f]a8f]dfld§
syf o; pkGof; df kf0G5 .

/fhf-oj /fhfxz sf]efy]j nf; sf nflu aflux/l blgoff6 56fP/ b/af/s}
s]sf]y/ldf hDdf kfl/Psf gkfnl hgtf -]l_sf]r]lxz sf]hlj g Toxlf eq

s; /l ; dfkt eP/ hfGyof]eGg]s]/fnf0{ej gxl/n]; ld 9^uaf6 phfu/ ul/lbgPsf]5 . cg\$]ckdfg, kl8f, lg/fzf, qm/ / 56k6ll eq afRg afllb ./ldnf gfgl'sf]; kgf s; /l tlxPsf]xG5, o; pkGof; df 5n^u aehg kf0G5 . gkfnl b/af/ slt kltt / leqleq}; 8\$]cj :yfdf lyof] eGg]s]/fnf0{pkGof; sf/n]; /n, ; xh / :jfeflj s 9^uaf6 ld7f; k0{ prrsf]lsf]efiffz]ldf phfu/ ugPsf]kf0G5 .

=\$= dlQm'4sf]alp

n]s Mg/]b|k/fz/

a4sfnlg hfts syfdf cfwfl/t o; pkGof; df g/]b| k/fz/n] ef]tsj fbl bzg / c]b]fdj fbl bzgnf0{s]ntfk]s . k]hg' u/]f] cfef; xG5 . a4sfnlg ; dfhsf lj z]tf tyf t]sfnlg /fHojoj :yf / Toxxfxg]u/]f] a]anf0{j t]fg gkfnl /fhglts kl/k]osf emnsx; ; u ; fldko b]vg]u/l ul/Psf]36gfqndx; sf]ofVof /f]s nfb5 . syfsf] rfdtsfl/s p7fg, lj :tf/ a]fg tyf cd/ kfqx; sf]; hlj / 5Ssnf]bf k: t]tx; af6 kf7s tlj; kn]/f]fl-rt / ; j]bt aGg k]b5 . gofflj ifo, goffz]h / .ldy'sf]k]bf]n]pkGof; nf0{hlj Gt agfPsf]5 . o; pkGof; n] gkfnl j t]fg ; a]qmd0fsfnlg /fhglts cj :yf; d]nf0{; a]t] u/]f] kf0G5 .

%= gkfnf]klxn]sf]kj{

n]s MP; k]l= .cf; f

of] P]txfl; s pkGof; cfheGbf sl/a b0{ ; o j if]f]sf] gkfnl b/af/leq xg]tfgftfg, z]Qnk]bzg, kbnf]hktf tyf cg\$]u]bpku]leq xg]sk6 / if8Gq cf]bnf0{; nl; njf/ 9^uaf6 pkGof; sf/ >l cf; fn] JoQmugPsf]5 . /fhf /0faxfb/ zfxsf]p208tn]lgDofPsf]/fhglts ; a]s6, /fglx; df z]Qmsf]tlvf{ sfhlx; df b]v kg]u/]f]/fhglts z]Qms]b] glhs /xg]ef\$ tyf /0faxfb/ zfxsf]sfzl]f; tyf la]6; sdkg] ; /sf/sf] gkfnlk]tsf]slgot o; pkGof; df aehg kf0G5 . sfzl]f; af6 k]sP/ /0faxfb/ zfxn]kgM z]Qmxft kf/]k]5 o xl qmddf ej6frf/hGo ck/fw ug]nf0{sf]f]l ug]sr]l df ef0 z]axfb/ zfxn] /0faxfb/ nf0{ df/]f] To; k]5 eofgs x]ofs]08 ePsf] / z]axfb/

zfxnuufot pgf sf dltof/x; klg dfl/Psf] / x]h]a' lgj f{ gdf /x]f] /fh/fh]j/l; lxt /0faxfb/]sf /fglx; nf0{ tl hfg af]b kfl/Psf]/eld; g]yfkfsf]pbo ePsf]s/f o; pkGof; df pNn]v ul/Psf]5 .

o; df eld; g]yfkf / pgf sf]:j ejf; d]t / eld; g]yfkfn]/fhf / b]nf0{u/]f]; xof]sf]/fd]l]rqf klg 5 .

^=abl]bf]llflth

n]s Multf s]z/l

pkGof; n]gdf cg]ej xfl; n u/]f] gf/l x:tflf/ ultf s]z/]sf]o; s]tdf tlg k: tf cyff]l @)& , @)^@^ / @)^@ sf]cgkd ldng ; x; ; ug{; lsG5 . xfd]f]; dfhdf lj Bdfg 5]f5]tsf]s]/ltnf0{lgd]h kfl/gk5{ eGg]pRr dfgj lo ejf gaf6 k]t /x]f]s]z/]sf]o; pkGof; df t/f0{/ kxf8; d]sf ejf gffds Pstf ; lej 5 eGg]s]/fnf0{kli6 ug{; f]l cg; f/sf cfbz{kfqx; ; hlj ; kn]k:t t ePsf 5g] .

3]h'sfdbf/ uf]f]t ul/g]lo xf/ klg cg]s/0flo nfb5 . oxffuf]] cf]gb]hgnf0{pt; j sf]z kdf ux0f ub]eg]o; pkGof; df ; d; fdlos lj ifox; h:t} dfgj flwsf/, gf/lclwsf/, afnclwsf/, bx]h]k]yf h:tf lj ifodf goffk: tf / k/]fgf]k: tfalrsf]el] klg /fd]l s]hf0Psf]5 . ; fy} g]ts-cf]bf]tds lj ifoj :tx; sf]cfj Zostf / dd]f/] klg dl7f]cfj fh ; Gg kf0G5 .

&= d]f]kof/f]v}]

n]s M]j Zj /fh kf08]

IxGbwdf]Dk/fdf ss]/sf]lj z]f dx]ej 5b] . olwli7/; u lhpb} ; j u]km]k]z kfpf]ss]/g]yofeg]txf/df klg ss]/sf]lj z]f k]h f xG5, t/ klg xfdln]3/kfnj]f h]t hgfj /x]nf0{bgkg]hlt dfofddtf; ; Ddfg tyf ltglx; k]tsf]st]ofafy]dx; ; u/]f 5f]s 5g]f] of]gs]dx]ej k]f{ s]/f xf]. o; pkGof; df s]tsf/n]a8f] dfld]s 9^un]cfk]h]kfn]sf] ss]/sf]k]z+fk]s hlj Gt j 0fg ugPsf]5 .

o; pkGof; df lj/f6gu/ cf; kf; sf]hlj gz]h ; fdf]hs kl/j z tyf 7fpk]sf]; d]t lrgf/l kf0G5 . ; /n / ; nNn au/]f]efiffdf tof/

kfl/Psf]of]afnɒpkGof; n]x/] kflsnf0{kzlx_ klt kɒefj hufpg kɒ/t ugɒ .

*= lrqnɒyf

dħ nys Mejutlr/of j df{
cgfbs Mljgosdf/ zdf{gkfnl

gkfnl dxfslj / dxfsfjoh:tf] vflħdħs s[tsf / rgfsf/ tyf
bhgħfżżabsfżsf ; lkfbis >l l ġoġosdf/ zdfh]lxGbL pkGof; df /xsf]
.hlj g / kɒ' dflysf]ulx/f] / fl̄s k:tlttn]x/] kfl7sdf tlj| bfz[gs
pQħgħf kɒf kbɔ́ . lkfk s]xf] < af6 ; ? ePsf]kżgsf]ħj fkmnf b]vg
ħfġ] : dxfeħi / .dxfofi'sf alrsf]āċān]pkGof; nf0{Pp6f cgħiġf]kx]ħlsf]
ż-k kɒfġi u/] kf0G5 . dxfeħi alħukt tyf dxfofi / : jfdl sħdf/
lu/lalrđf b]vg] kfyson] kf7s rdtsit aħb5 eg] rGħbukt dfo]sf]
/fh; efdf .rflfSo'sf]qmfGtsf/l pkl:ylt ; hlj / l j b]xln nfU5, ; fyol
; a}kfqx_ sf alr lrqnɒyf ; fl̄i / kli8t b]vG5]. lrqnɒyfsf]ż-k /
u0f b]vbf pbjs nfUbf]; Ddfgej k]s6 xG5 . o; pkGof; sf ; a}kfqx_
Ps; Ps ebj sf]ln, lfdzln, d]vjl tyf pRr dgħi jrf/n]kl/k0f{xg'
pkGof; sf]; jf]ws ; an klf xf]. effits kl/jżn]dflg; x_ sf l j rf/x_
s; / l kħeffi t aħġi ubbɔ́għegħi s]/f o; pkGof; sf]lgrf]s]ż-k dfl b]vbf
efj wf/f; lxt cfPsf]kf0G5 .

o; /l gkfnl cfVofg; flxTodf Ps}; fy emNPsfs cf7 s[tx_
; d; fdlos gkfnl ; fdlħs, /ħgħlts ; a}qmd0fsfnnf0{s]g}g sg]g
k]sf/n]; Daf]g u/] n]vPsf s[tx_ xg]. zAbfy{k]sfzgsf]o; k]sf/sf]
k]sfzg cleofg ; Ddfgofo / cgħs/0flo dfGħgbɔ́ .

x]f]b]

❖

gkfnl c^uħħl gkfnl zAb; fu/ MPs rrif{

gkfnl effiff-; flxTodf clxn] ahf/df cfPsf] 5 'gkfnl
zAbsfżżsf]cf/De ePKI5 gkfnl / c^uħħl gkfnl zAb; fu/'sf]; z]wt
; :s/0f .
nueu tl; xhf/ gkfnl zAb
k]j li6df ; dflj i6 ePsf] pQm
zAbsfżżdf dħ zAbsf] kofżzAb,
kl/effiff c^uħħldf lb0Psf] 5 .
To; sf]k5fl8 dħ zAbsf]kofżzAb
kl/effiff, nfifl0fs cy{ cfhb-cfbl
gkfnldf ; d] l b0Psf] xbf of]
zAbsfżżx_ sf] cfkħig} dx] 5 .
dfG5]f] ; ^Vof / sfoqt l]f]sf]
ljsf; ; u] zAbsfżżn] klg sfrħi
kl] / xsf] 5 . gkfnl effiffd} klg
kofżżfrl zAbsfżż, kfl/eflifs
zAbsfżż, nfifl0fs zAbsfżż,
ljk/ltfy{cy{zAbsfżż cfhb-cfbl
lg:sg yfln; s]sf] kl/jżdf
zAbfy{k]sfzgn]hueu b0j] ifɛl3
gkfnl-c^uħħl-gkfnl zAbsfżż
k]sfzg u/]xf]. nueu Ps bhg
zAbsfżż k]sfzg ul/; s]sf]
zAbfy{s} zAbsfżż jifj ifħi:t}
goff; :s/0fx_ lgl:s/xsf]b]vG5 .
; doғg'sħ agħpog ; z]vlg /
kl/dħiġ Pp6f dx] k0f{klf xf].
o; nf0{ zAbfy{k]sfzgn] dx] sf
; fy c]uħn]sf]b]vG5 / To; ġgħ-k
; xofu ugħi .

zAbsf]/f]għdf pRrf/0f lb0Psf]

5, pRrf/0f cndn gxf] leg] zAbsf] dx[Ej k0f{ b]f k/]f xf]. o;
 pRrf/0f lj lw cufl8 g]b0Psf]5 . zAbsf]n] kl/efiffebf kofjfrl
 dh zAbsf]lofVof ubf{c^uHlnf0{ zAbx; w]bg]kbtg u/]f]5 .
 c^uHl g} kdf / g]fnlnf0{g]fnl sIt M g]fnl c^uHl g]fnl
 g} kdf cYofpg] kbtg u/]f] zAb; fu/ .
 kf0G5 . c^uHl kl/efiffaf6 g]fnl ; DkfbS M ljgosdf/ zdf{g]fn
 kl/efiff h:tfsf]t:t}gldNg'g)o; k|7 M (\$\$ P krf] ; f0h,
 zAbsf]sf] lj z]ftf xf]. Pp6f afSnf]uftf
 efiffsf]kl/efiffnf0{cgjfb ul/Psf] dNo M ?=&%--; l8l; lxt _
 eP zAbsf]n]; xl / jf:tljs cy{ ksfzs M zAbfy{ k|sfzg,
 eNg]8/ xGyof]. o; sf/0f klg of] sf7df8f}
 zAbsf] g]fnl, c^uHl bj }cy{ dft]f cfrfo{



lj leGg lj 1fg,
 l; gdF, 6JnlkmNd cflb
 lvRg jf ; Dkfbg ug{
 xfdlnf0{ Demgxf] \

Sof6 lehg kfBS; g kfHn=
 dfaf0n M (*\$!#\$@#%^

; l6 n/]; lj z]

St. Lawrence College

St. Lawrence College was the very initial phase of Higher Secondary Education 10+2 concepts emerged in Nepal. At that time about 160 students were enrolled in this college under different streams. The college continues imparting this level of education till the year of 2063 B.S. In the year 2064 it expanded its programs to the Bachelors level under the affiliation of Tribhuvan University. Under the management stream in the bachelors' level it offers three years BBS course and BA course under the Humanities stream.

St. Lawrence College was established in 2054 B.S. (1997 A.D.) in the heart of the Chabahil, Kathmandu. The name St. Lawrence was derived from the name of a river that lies in between of Canada and United States of America and a catholic follower in respect of a Catholic religious person Father St. Lawrence given this name this college. At the time of establishment college was offering various subjects under three faculties i.e. Science, Management & Humanities. It

St. Lawrence College has over 1,100 students in Grade XI & XII (Science, Management & Humanities) and about 300 students in Bachelor 1st & 2nd Year (BBS & BA). The objective of St. Lawrence College is to provide quality education that is ever demanding in the nation to produce the competitive manpower that is saleable in the global market. During the last year, we are practicing to provide

practical based education in all faculties as far as possible. In these last two years, St. Lawrence College has brought dramatic improvements in the students' enrollment in both of the levels with all most all students from the middle and upper middle class family status. As in the area of physical facilities, extra curricular activities and academic excellence has given equal emphasis for their whole stick development. In the area of academic achievements, the college has succeeded to pass about 96.6 % of success result in an aggregate following by 99% success result in Science, 92% success result in Management & 94% success result in Humanities respectively in the year 2009.

We have seen measurable success and we are now seeking to expand our programs in other discipline as well to address the need of the Nepalese students. In recent future we are planning to launch Cambridge University's A-Level Programs, BBA Programs (Probably from TU or KU or Abroad, which one will provide affiliation earlier), and

Masters in Mass Communication (Evening Program), Masters in Conflict and Disaster Management etc. To meet all these requirements we are doing our best these days in the days to come as well. The college is spreading in about 5 ropanies of compound having two building constructed by itself and rest of the two in rent including the all four building with 59 rooms. About 100 young, qualified, highly experienced, dedicated, exciting Teaching faculties are currently teaching different subjects under the different streams. More than 60 percent of the faculty members working here are in full time basis. About 31 other administrative staffs ranging from Security guards to the Executive Chairperson are providing their valuable services to the college.

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