

(k'ts-klqsf lsg] k9g]afgl a; fnf+)

j hOGTL

j if{^ k0ff{s-@s~j wfs]b0t ; flxltos klqsf @)&) j zfv-Ho]7

; Afs
j ; Gtsdf/ zDdf{'gkfn'

; Nnfxsf/
hoGtl zdf{
sdf/; fu/ zsg

lgbzs
lj gosdf/ zdf{gkfn

k\wfg ; Dkfbs
7fs/ zdf{

; Dkfbs
ofbj e\$/f0{

; xofyl
sdnf gkfn
kblk affsf
efef zdf{
cfef zdf{
; dl/; fu/ gkfn
; Gblk; fu/ gkfn
dft\$ cfirfo{
cgfh 9sfn
hfgsf vgn
sllkgf cfirfo{

k\$fs

zAbfy{klsfzg
rfah, sf7df8f}

knqll)!-\$\$(&#!:(*\$!-\$(!)#

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web: www.shabdarthaprakashan.com
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; Dkfs lo



• Kvj lsf]ufjhf0{leq cg\$; Eotfx_zsfl]j sf; qmd ; u; u}snf; ; #s[t / efiff ; flxTosf]lj sf; bt ultdf a9\$]xf]. ; Eotf dfgj j ul6tfdv v08 v08 xg yfnb]v g)e^v08, snf; ; #s[t / efiffn]klg cfknyf]lfq kmhfpb}hfgk/\$]xf]. To; }qmdf lj le6g lfq, efiff; ; flxTo, snf; ; #s[tn]klg ; do cg; f/ kl/j t6 xb} cg\$; #sf/sf]lj sf; ugk/\$]5 / To; \$]kmm : j z k lj le6g lfq, j u{ wd{/ efiffleq cf-cfknyf]efj eld cg_zk cg\$ c; ^Vo rf8-kj \$zsf]rng rNb} uPsf]klg xf]. sg}sfnv08df :d[t / dgf]-hgsf]b]6n}rn\$]rf8-kj \$z cfh lj Zj df sg}uj \$f/ sg}afpmsf]z kdf :yflkt e0/x\$]5 eg]sltko t sydaf dfq ; lldt klg e0; s\$]5 .

• o: tf]dxlj k0f]j ifonf0{; Ddfg; fy, ul/df; fy k]l6 ufjhf4\$ f dgj x_zn] cufln/x\$]f lj ifoj :tklt ljwf s]bt ; flxTos klqs f jho6t]sf] Wofg ghfg]s/}xg . jho6tln]o; cl3 c^s (rf8-kj {c^s sf]z kdf lgsfln; s\$]f] klg xf/ To; \$]f]g/Gt/tfdv of]klg ; #sft-c^s e\$ sf]z kdf k]tt u/\$]5 / cfpbf lbgdf Psf^sl, uhn, uBslj tf, syf / n3pk6of; sf c^sx_z lgsflg]tof/Ldf klg h6\$]5 .

• ul/dfdo efiff ; flxToh:tf] lfqdf lg/Gt/ nfu} b_z lj sf; sf]qmdf h6\$]f]jho6tln]cfknyf]ofqf @)^^ j_zfvaf6 cf/De u/} @)&) r6df kfr j if k/f ub}5 .

• jho6tlnf0{df of u/} cfknyf /rgf pknAw u/fpg'xg]; DkOf{; {6fx_zdf jho6tl kl/jf/ xflb\$ cfef/ k\$6 ub5 . o; sf ; fy}cfufdl lbgdf klg ; DkOf{ n]ys ; flxTosf/ Pj +kf7sx_zaf6 :gk; ; b6fj / ; xof]u k]kt xg]g}5 e6gdf jho6tl kl/jf/ lj Zj :t 5 .

• zAbfy{ k\$]zgsf]j \$; f08df jho6t]sf ; a}c^s / jho6tl ; {6f ; Ddfg k]pfg ubf\$ f t:jl/x_z .8fpgnf]ll ug{ldng]u/L /fvPsf 5g\ *

; flxTos klqs f jho6t]sf]

; dlff !-@#; ; #d/of !-@#, k]{dlt, :jb_zofqf !-@#, lj b_zofqf !-@, rf8-kj{ ; #s[t, syf @ -gllt, k]fosyf, lga6w !-@, uBslj tf, /fli6o]o]m]j, 56bslj tf !-@-\$, kl5 ca n3syf c^s .

o; c^sdf

/rgfqmd - /rgfst/ - k]/

!=8f6]nl ; dfhsf] 5fpk8L klyf

-u8&L k6t %

@=s'nhkf, b]j fnl / uf]7khfsf]k/Dk/f

-kf-8f=ho/fh k6t !\$

#=d]r]hftsf lj j fx ; +sf/

-t]hk]sfz >]j7 #)

\$=bz}/ To; ; lu uff; Psf b]j L / sf7df8f]sf d7dl6b/x?

-8f=k'gd/fhonldl /f0ff #%

%=rf8-kj {M; +s[t / Oltxf; sf]ld>Of

-j ; Gt'sdf/ zDdf{gkfn]l \$)

^=pkTosfdf xf/tl clhdf Ps cWooq

-zzl yfkf kl08t \$#

&=alHh u0f/fhosf] cleg6bg

-zlt n lu/l %%

:yfol :t]e

; Dkfslo M

; Gbe{Mj}ho6t]sf j if]lbg

zlj s'z % (

k'5f/sf] kft] M rf8kj {sf] dx]j / gk]ndf dgf0g] rf8kj &?

z8f=3gzofd Gofkfg] 'kl/>dl' ^&

gk]nsf s]xl k: ts k; nx? M

zAbfy{ k]sfzgsf k: tsx? M ^ (

zAbfy{ k]sfzgsf k: tsx? M

kn{gkfn klAn]z^ xfp; sf k: tsx? M }& % (

; r'gf Mj}ho6t]df k\$]fzt /rgfsf]; DkOf{h0d]f/ : j od'n]vs g}xg]5g\

zbfyf ksfzgsf jba ; f08df jhoGtLsf

; a) चास, नवसखसल कल/रो, खदल ; a) उतल लव, zAbsfzखसल ; कलबजब/ / sfoqmdsf tl:a/, lknInd tkf0sf nflu pknIAwk0f(xg ; S5gl x) .

bj6Jm ! = ; a)sf ; ljwfsf]nflu xdf]jba ; f08df नवस-; flx0sf/sf]kl/ro /fv}sf 5f} : tkf0kfg xfdlnf0{k} / jfof} 6f0k u/L k7fpgxf] \ .

@ = k':ts-k; n tyf xdf lj t/sx?sf] ; Dk0f{Jofj ; flos kl/ro क} lxt /Vg]5f}+OR5s k':ts-k; nx?n]nepalipublisher.com leq Shop leq Bagmati leq shabdarthaprakashan sf]gdgf xg} / xfdl; l ; Dks{ug} .

= bze/sf] ; a)k':ts-k}sfzxs?sf] Sof6nu Ps}d-raf6 pknAw u/fpg]p27o xdf]xf] . nepalipublisher.com leq Other Book leq Bhabha Pustak sf]gdgf xg} / xfdlnf0{k':tssf] n]yssf]gfd / dNo pknAw u/fpg} .

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jhoGtLsf] nflu syf, n3'syf, ; d/Of,

lgaGw, hlj gl, Psfa'sL z'4 6f0k u/L

shabdarthaprakashan@gmail.com

df k7fpg ; Sg}g5 .

8f6]nl ; dfhsf] 5fpk8L klyf

-u'88L kGt

crjn o; kyfsf af/df /li6 / cGt/li6 lj leG kqkqsf, /l8of, 6]nlehG, j]lRq / cg; Gwfg kl}tj]bgx?n] oyli6 rf; fl /fv}sf] b]v65 . gkfn clw/fHosf lj ljw efudf o; klt ; dfhn] /Vg] b]i6sf0sf af/df klg Jofks rrf{ kl/rrf{ xb} cPsf] 5 . o; nf0{ dlxnf?klt ul/gj 3/n' lx+ fsf cydf kl/eflft u/ o; sf] dfG0fdf cfdh kl/j tG cfpGkb5 eg] wf/Off /Vg}x?sf] ; a'Vof lbgf]lg a9bf] 5 . gkfn 6]nlehgn] lGdf0f u/sf] 5fpk8Lgids j]lRqnf0{ hfkgf] PgPr-sf 6]nlehG; +yfn] ldl8of cj f8{ km/ 8f0/S; g ; g \ @)) af6 k':slt u/sf] s'/f o; qmddf pNn]Vo agsf] 5 -r6ft, @)%* M@^! . o; lj ifodf csf] klfaf6 xg] x] eg] oufb]v k':tk: tf rnl cPsf] lG0d lagf/Of olt Hofb s7f/ agsf] xg g; Sg] lj rf/ cl3 ; fb]k'v?n] sfod u/sf] cgzf; gdf cf:yf /Vg] / To; df km/ abn ug] grfxg?sf] hdfd klg 7h} b]v65 . ol b] } y/L wf/Off w/ftnlo cj:yf / j]flgs ; f]raf6 dWod dful{ pkfo vHg ; dy{ ePsf 5gg \ o; नवद ; dfhzf:qlo dfG0tsf cfw/df 5fpk8Lkyfsf] kl/ro, ; f]kyfn] ptkGg u/sf ; d:of / ltgsf ; dfwgdfly s]Gbt e0{ b]vk/sf oyfysf] lRqOf ul/Psf] 5 . To; sf nflu kl/ro, 8f6]nl ; dfhd 5fpk8L / lGisif pkzLifs lb0Psf] 5 .

! = kl/ro

.5fpk8L eg]sf] ; Gtfgf]kfbg lfdt /Vg] kl}ojs gf/Lx?nf0{ xg] dlxgfaf/L x] . k'zifsf] hBf / wfqf] ; j/ k'zifsf] kl/rfos ePnf /h: j nf xg' gf/Lhfts ljeG lghTj dWosf] Pp6f gf/LTj x] . ; dfG0M afx]v krkGg j ifsf dlxnf?sf] hgg]Gbpaf6 klt dxgf /Om; f]j xg] ub5 . of] pd/qmdeGbf sda; l pd/sf sltko dlxnf?df klg df; s /Om; f]j ePsf] kf0G5 . gf/Lx?df xg] df; s /Om; f]j sf] oxl klqmf gkfn]sf] ; b'klZrdl lfqdf 5fpk8L gfdn] kl/lrt 5 . o; nf0{ kls]tn] gf/Lnf0{ lbPsf] lj zif j/bfg / lj zif clezfk eg] ul/G5 . 5fpk8Lsf] kl/ro]ds lj :tf/sf nflu ox'f cg'qmd ldnfP/ 5fpk8Lsf lj ljw gfd, 5fpk8Lsf ksf/, 5fpk8Lsf] j]flgs klf, 5fpk8Lsf] wld's tyf ; f+s]ts klf / 5fpk8Lsf] ; dfh's klfh: tf yk zLifs lb0Psf 5g \

!# 5fpk8lsf lj lw gfd

5fpk8l 8f6)nl efiifsfslj zAb xfl . gf/Lx?sfj hggj6bpa6 dfl; s ?kdf xgl /Om; lj nfo{ o; zAbn) JoOm ug{ ePsf)nj u0odf6o JolQmsf ; fd' ofj zAb kofju ug{ cZnl n efiif afNg; /x dflg65 . uktr^u / ; fj; Da6wl s'g) klg s'/f ; s; Dd urko /flvgj xbf ofj zAb / o; sf kofbjfrl c6o zAbx? lj j)Ro lfqdf sd)dfq pRrl/t x65g\ . 5fpk8lkyfa6 clws ul; t ePsfj eefu gkfnsl ; b/ klZrdf-rn lj sf; lfq ePsf)nj Toxf)krlnt 5fpk8lsf lj lw gfdx?dfq oxflk; t't ul/Psfj 5 . 5fpk8lnfo{ ; fj lfqdf 50; 5fp, af088L, dgfafl, ufl7, s66f, g56o; k/vl, /hj tl, /h:j nf, dgf klb'nufotsf yk) c6o gfdn) klg k'sfl/65 -r6ft, @)%* M@^!_ . logdf clws rNtl'sf zAb 50; 5fp, af088L xg\ . 5fpk8l zAb c5fd, aemf^u, afh'/f / kj) 8f6llt/ clws kofju ul/65 . klZrdl 8f6l, 88)Nw'/f, ajt8l / bfr)ndf rflxf 5fpk8le6bf klg 50; 5fp / af088L zAbsf) kofju a9l x65 . pkoOm zAbf) nl gf/Lx?sfj dfl; s wd{ hgfgj kofbjfrl zAb xg\ e6g) s'/f o; 7f)psf ; d:t afl; 6bf :ki6 ?kdf a%b5g\ . /h:j nf ePsl dlxnfnfo{ 5'g gx'g) e6g) s'/f a'emfpg kofju ul/gj ; dfgyl{ zAb g) pkoOm zAbx? xg\

!@ 5fpk8lsf klsf/

5fpk8l eglsf) g5'g) xg' xfl . ofj dlxnfx?sfj /h:j nf / ; Ts)/l ePsf) cj :yf hgfgj zAb xfl . d'Vo ?kdf dfl; s wdsf) ; 'sf lglZrt lgwfl/t lbgnf0{o; n) a'emfP5 . 7f)pcg; f/ st}rf/, st)kfr / sxlF5 lbg; Dd /hsfndf n; k; , 5'j f5't / zf/ll/s ; Dks{gu/L dlxnfn) 5'S) a:g) jf 5'S) ; Tgl lgodsf) kfnf) ug) rng 5 . oxl cj lwsf) gfd 5fpk8l xfl . cem lzzh6d)lv G) f/g; Ddsf) k; l'tsfnnfo{ klg o; zAbn) a'emfP5 . To; avt klg ; Ts)/l dlxnfn) gj hft lzz'afx) s c? s; j; t n; k; jf 5'j f5't ug) x6g . o; ; doof dlxnfx?sf nflu a9l s7f/ 5'j f5'tsf lgod nfu"x65g\ o; zAbn) /hflj :yf / k; j fj :yf b'j) nfo{ a'emfP klg ; dfgot) o; n) /h:j nfj :yfnfo{ g) a'emfP5 -r6ft, @)%* M@^!_ .

!# 5fpk8lsf j) flgs kif

klstn) c6o kfofnfo{ h:t) dg'ionfo{ lbPsf lj le6g pkxf/ / lhDdlj f/Lx?df klhggziOm klg Ps xfl . dlxnfx?df ; fj zlOm /hfl)zfg pk/flt k; km6g x65 . zf/ll/s cj oj x?sf) qmids lj sf; x6) uPk15 neuu afix) j ifsf) pd/af6 dlxnfx? /hflj tl x65g\ . ofj xg yfn' eglsf) ofj gsfnsf) yfn'gl xg' , kls)tn) lbPsf) klhggziOmsf) lhDdlj f/L j xg ug) Sg) ; fdYo(/fVg, gf/L xg'sf) ; fy'st xg' , z/L/sf c^uX?) n) lj sf; k'kt ug) gf/Lsf) ln^u) j n) k'offt kfgp / ofg; Dks{ lfdtfsf) kl/ro xg' xfl -eS, ; g\(*# M%^_ .

hg)dsf) sxl ; dokl5 bft lg:s)h:t) x'sf0; lu; lu) z/L/sf c^uX)k'lo^uX? lj sl; t ePh:t) vf; ; dokl5 gf/Lx?df :tgj)4 / k'zifx?sf h3f cfp)g yfn)h:t) ofj klg dlxnfx?df x'g) kfs)ts :jfe)lj stf jf h)j s :jfe)lj stf xfl . dlxnfn eP/ h6d lng, x'sg) , a9g) / zf/ll/s t6b'z; tl k'kt u/L lglZrt pd/df kl)g) h'g; 's) JolQmfo{ klg dfl; s wd{x65 . /fsydsf pkrf/k4lt gckgf0 :jfe)lj s zf/ll/s lj sf; kfs)ts tj/n) x'g) lbg) xfl egl bft cfp)g) , z/L/sf c^uX? a9g) / n)^uS lj sf; sf nlf0fx? b)vg) klqomfnfo{ rfx) klg /fSg g; lSpen) dlxnfx?nfo{ vf; pd/df x'g) dfl; s /Om; fj klg /fSg ; lsb)g . gf/L xg'sf lj le6g kl/rfos tlj dWo)sf) Pp6f tlj ofj klg xfl -eS, ; g\(*# M%^_ . To; n) o; nfo{ gf/Ldfqn) kls)taf/f k'kt ug) lj z)if pkxf/ elgPsf) xfl . :jfe)lj s klqomf ckgfpg) xfl egl s; n) rfx)bf x'g) / grfx)bf gx'g) tlj ofj x)fg .

!\$ 5fpk8lsf wld's tyf ; f+s)ts kif

gkfnl ; dhdf krlnt wld's tyf ; f+s)ts k/Dk/fn) gf/Lx?df x'g) dfl; s /Om; lj nfo{ z/L/zl4sf ?kdf cYo)Psf) s'/f yxf) x65 . kof)tdf)qdf /ut all)g) xbf o; sfndf dlxnfx? sdhfl/ x65g\lgoldt /Om; fj x'g) ePsf)nj z/L/nfo{ x/avt wf)kvfnl ; knf; ll3/ /fVg ufx) kb5 / /Om6o)g)tsf sf/of p)k)g czOmf)nj ysf)g k)bf ug)fn) efl sfd ug)dl:sn x65 e6g) s'/f lj rf/ u/L To; t)l:l:yltdf ; s; Dd 5'j f5't, zf/ll/s ; +u/ >d; fWo sl7g sfo{gug) a; x65 e6g) wf/of)g)kfnl wld's ; f+s)ts dfgot)nl c)3 ; fg) v)h)sf) a)em65 . To; n) clws /Om; fj x'g) dfl; s wdsf) k)l)Des tlg lbg ; s; Dd ; fdlxs ; Dks)df o; ;) b)edf x)g) ; lS65 . cj Zo klg syf c)3 ; f/) u/fPsf) khf Pj d' To; af6 sfod ug) v)h)sf) cg'zf; g tyf zf/ll/s zl4sf) kf7 egl c)k)ndf klz+ glo k)of; xfl .

!% 5fpk8lsf ; fdlhs kif

lx6b' ; +sf/sf)kfej a9l dfqdf k/sf)gkfnl ; dhdf dfl) elgPsf wld's tyf ; f+s)ts dfgot)g) ; f/sf cg'zf; g Hofb) dxlj sf ; fy nfu" ePsf b)vg)5g\ . o; qmddf ; b'klZrdf-rn lj sf; lfq em)g) sS/ aglsf) b)vg)5 . eglef/t ; firf x)fgg)\zf: q em)bf x)fgg)\cyft n)fsult / n)fsufydf elgPsf s'/f ; To x)fgg)\zf: q em)bf x)fgg)\e6g) ox)fsf) hgdf)g ; j)b, k'/fof, pkl)g)fbV wd'zf:qx?df plNnlvt syf, pkb)z, 36gf, lgb)z)g)kt k'of)cf:yfsf ; fy c6n lj Z)j f; ub)5 . ; fxl lj Z)j f; df y)k)b) uPsf lj j /ofx? c)3Nn)l k':tfn) kl5Nn)l k':tfnfo{ ; fdlhs la/f; tsf ?kdf x:tf6t/of ug) ePsf)nj sltko /fd) Joj xfl / 'l)ft /x)em) k)ts)h Joj xfl/ klg af)fr/x)S) b)vg)5g\ . lz)ffsf) k)rf)k; f/ ,

jho6tl @ : #sft-c^s

hgrjtgfsfl clej l4, cfwlgs lj sf; sf sfoqmdx?sf sfoflj og,
; dfgkflts p6gltsf cj ; /h: tf lj le6g t1j sfj salsdhfl/lsf sf/Of
; dfhdf cfpqkg[kl/j tg ck]lft dfqdf cfpSfl kf0bg . To; h] lxhflsf
/fdf kl f oylj t'afrr/x]sf] kj fxn] o; k]sf/sfl n]s]loj xf/dflj : yfglo
txdf klZg ug[l; nl; nf egj kf/De ul/; s]sf] a]em65 .

e- 8f6]nl ; dfhdf 5fpk8l

8f6]nl ; dfhsfl 5fpk8lklyfsf af/]sf] egf0 lj : tf/k]s /flvPsfj
kl: t't n]v]sf] o; cznf0{ qmdzll 8f6l zAbsfl cy(/ 5fpk8l, 8f6nl
; f+s]ts klj7elddf 5fpk8l, 5fpk8lklyfsf cg'sh sxl klf,
5fpk8lklyfsf kl'tsh sxl klf / 5fpk8lklyfsf sxl /x:o / sxl
c]Zroh: tf yk zlf]s lb0{ cl3 a9f0Psf] 5 .

e- 8f6l zAbsfl cy(/ 5fpk8l

em] xbf{ 5fpk8l / 8f6l zAbsfl cy]sf] gftf c6t; Dalgw t x'g
g; Sg] s'/f h; sf] dgdf klg p7g ; Qm5 t/ ulx/P/ lj rf/ ug] x] egj
ol b0{ zAbsf alrsfl kluf9 klej n] cf]n]Ro lfgdf 5fpk8lklyfsf h/f
dhat agfPsf] yfxf x65 . 8f6lnf0{ b]j f6j l zAbsfl ckelz ?k dflg65 .
b]j cyf]t b]j t]sf] / c6j l cyf]t \lfq, j g, eld, : yfg, klbz, h^un
e6g] cy{ af]s/ ; e0m zAbsf ?kdf lj sl; t ePsf] elgg] o; zAbsfl
cy]n] 8f6lnf0{ b]j : yfg j f b]pyn]sf ?kdf JoQm ub]5 -k6t, @)#@ M
!@ . ge6b} ox]fsf kl]o]s j gh^un, kf]vkv/f, gblgfnf, v]fn]v]n; f,
af6f3f6f, v]tu/f, kxf8kj]t, wf/fk]w/f, 5]psgf, uf]puf]7, gu/a:tl /
3/cf]ugdf s'g]gs'g] b]j lb]j t]sf] j f; /x]sf] lj Zj f; ul/65 t; y{ kxf8
klhvfg," d]n h]lvfg"cyf]t \kxf8df : yfglo lj le6g b]j lb]j t]n]f0{ df]g/
j f kh] df]g hlj g rnfpg ; ls65 eg] dw] ; df ; a) lfgdf Jo]ks ; ^Siff
u/ df]g hlj sf rnfpg ; ls65 e6g] pvfg ox]f klrlnt 5 . ; fy} ol
kl]o]s b]j lb]j tf / ltgsf : yfgdf Hofb} r]v]f] eP/ df]g hf]gkb]5 e6g]
df]gott klrlnt 5 . To; h] c: k]zo sf]n dflgg] 5fpk8ldf lgs} rgf]v]f
eP/ k/x]hdf a: g]k]l god sfod ul/Psf] a]em65 . o; /l 8f6l zAbsfl
cy]n] ; d]t 5fpk8lklyfnf0{ lj z]lf?kdf klej kf/]sf] s'/f yfxf x65 .
j f: t]j df b]j lb]j t]sf df]gott / ltgsf] kh]pkf; g]sf n]lu ckgfpgkg]
; ts[t]sf] kl/kf6ln] o; klyfnf0{ s7f/ cg'zf; g j f lj ; ^l]t]t/
8f]ofPsf] s'/f yfxf x65 .

e- 8f6nl ; f+s]ts klj7elddf 5fpk8l

; f+s]ts cydf 8f6l eg]sf] g]k]ns]f] x]ns]f] ; b'klZrdf-rn
lj sf; l]q]sf] ; Dk0f e6fu x] . o; nf0{ ; l]dx]sf]n]l]f]g klg e6g] ul/65 .
To; df kl g ; f] l]q]sf] kxf8l e6funf0{ 8f6]nl ; +s]t]sf] s]b]s]f ?kdf
lng ; ls65 . ; fdf]gotof 8f6l e6gf; fy klzf; lgs lj efhgsf qmddf

jho6tl @ : #sft-c^s

56x0Psf] g]k]n clw/f]osf kr]xQ/ lhNnfdW]o]sf] Pp6f lhNnf a]emP
klg ; f+s]ts ; Gbedf o; zAbn] pkoQm l; ^u] l]q]sf] ; +s]t /
kl/j]z]sf] afw u/fp5 -k6t, @)^^ M#\$.

of] l]q] klrlg olf, ls6g/, lj Bfw/, gfu, zs, x0f, t^u0f,
s]n]Gbnufotsf cg]s]f] h]t]sf] ; fem] j f; : yfg dflg65 . kl5 la: tf/
af]x/af6 cfpSf] lx6b"/ clx6b," tfufw/l / dtj fnl tyf cfo/ cgfoX?sf]
a: tl ox]f yk]b} uof] . lj le6g wd{ ; Dkbfo, ju{/ h]t]sf Jo]Qm?sf]
kf/:kl/s klej af6 sf]n]f]t/df ox]f cf^g] ls] ; ds]f] ; +s]t lj sl; t
eof] -kf08] ; g@)() M!%(_ . lx6bX?sf] ; ^wof a9l eP klg ox]fsf
lx6bX?sf sltko Joj xf/ clx6b]sf h: tf b]v]g] sf/Of Toxl x] . ox]f
a: g] clx6bX?df kl g lx6b]j sf] 5fk oyl]6dfqdf k/]sf] b]v]65 .

5fpk8lsf ; Gbedf kl g lx6bX?df kf0g] sS/t]sf] klej ox]fsf
c6o wd{ tyf ; Dk]fosf hg; d]b]odf k/]sf] b]v]65 . lx6bX?sf ; a)
h]tdf o; sf] k/x]h ug] rngn] lx6b0t/s]f] ; dh]nf0{ kl g ox]f klej t
t]n]ofPsf] b]v]65 . cgfo{ dflgg] sltko h]t]sf ; dh]df g5g] af]g]dfq
x]f0g lx6bX?n]em] sS/t]sf ; fy To; sf] kl/kfng ug] rng ckgf0Psf]
kf065 .

k]v]n] ckgfPsf] cf]rf/Jo]j xf/ kluf9 cf: yfsf ; fy c] n]dag ug]
/ To: tf lj ifodf z^s]sf-pkz^s]sf j f lj j f bdf cf]w]l/t klZg gu]kl/kf6]sf
sf/Of kl g o; rngn] lg/Gt/tf kfPsf] x] . o; qmddf plx]n]sf sltko
/fdf rng P]s]f]t/ h]f]ub} cfpSf] 5g'eg] cs]f]t/ k'/fg] g/fdf l/j fhx?
n]f]k xg ; s]sf 5gg\ kl: t't klyfsf sxl clw/f kl f log] sf/Of]n] ox]f
hlj t /x]sf b]v]65g\

e# 5fpk8lklyfsf cg'sh sxl klf

o; klyfsf kl'tsh klfx?dfly P]s]f]x]f/P/ o; sf]k/Dk/f]n]f0{P]s]f^u]
?kdf gsf/]f]ds b]i6n] df]g x]g] kl] Q x]nsf lbgdf Jo]kt ePsf] b]v]65 .
o; f] e6g]sf] cy{ of] d]6b]f ckgf0g] c6w]j Zj f; / unt rng /fdf x'g
e6g v]f]h]sf] r]f]x]x]f0g . To; f] eP t]klg o; n] ub]f nfe ldn]sf sltko
klfx?kl't cf]v]f lrdng eg] ldn]bg . To: t]f] k]s]t]sf sxl rngx?
ox]f] / cl3 ; f]g]kf; l^us xg]5 . ; fdf]o c]j : yfsf t'ngdf /hs]ndf
lj j Ro l]q]sf] dlx]n]f]n] kl/j f/hgs]f] : g]x sxl a9l g] k]p]5g\ kl]o]s
dlx]g /h]f]j tl xbf rf/] lbg]sf n]lu eP kl g vfg] ksf]pg] e6g; f /
r]f]6]sf]f] l]nk]k]f]t ug] / uf]0]f]f]sf sltko sf]d ug]h: tf lgoldt sfo]af6
km; b] kf0{ sxl xb; Dd cf/fd ug] c]j ; / ox]fsf dlx]n]f] k]f]k]t ub]5g\
/hs]nsf ; ; sf t]g lbg /Qm; l]j a9l dfqdf x'g] x'g]n] o; c]j lwdf
lj >fd ug] /fdf] dflg65 .

; +f/sf kl]o]s gf/l /hs]ndf ysf]g / c; lh]n]f] c]g]ej ub]5g\
sltko dlx]n]f]n]f0{ sDd/ bVg] tN]n]f] k]6 bVg] l/uf] rNg] vfg]

jhoftl @ : #sft-c^s

g;Rg] Hj /f] cfpj] / cTolws /Om; fj e0{ sdhf/l cgej xg]h:tf ; d:ofx?n] o; sfndf lk/f]Nb5g\ l5gl5gdf e0/xg] /Om; fj n] nuf kmfxf/ kfg] ; d:of 5\$) 5 . To: tf]l: yltdf c?x?sf] ; + ufa6 6f9f /xl cf/fd ugkfpj' cg'sh pkrf/ kft ug] x] . o; k]sf/sf] cg'shtf s]xl ; ldf; Dd oxfsf dlxnfx? kft ub5g\

; ed / cg'zf; g ckgfpgk] s'/fdf cg'sh xg] xb; Dd prt 5'6 jf : j t6qtf lbg' eg]sf /fd] s'/f x] t/ To: tf] 5'6 / : j t6qtf slt xb; Dd lbg] eg] lj ifodf ; do; fklf lj j fb pTk6g xg ; Om5 . o; df klg JolQmsf dgn] rfx]sf] h: tf] 5'6 lbg] x] eg] : j t6qtf]sf] ; ldf gf3/ JolQm : j R5G6 xg ; Om5 . : j t6qtf]sf g'ddf /h]sfndf klg zf/l]s ; Dks{ ug] klZrdf rng klg t /fd] x]p0g . To: tf] : j R5G6tfnf0{ Toxf klg lzi6tf dflg6g . ; x]f; sf] ; fylnf0{ klg /h nllg] j f blift /utn] kfej] t kfg] / Pskl5 cs]f rfxg]sf] 5'6k]t cfslift xg] ; Defj gfnf0{ /f]sl ; ed / cg'zf; gdf a:g kl/t ug] l/j fhsf ?kdf klg o; k/Dk/fsf s]xl cg'sh klfnf0{ xg]kb5 .

s]g'sg] 7fpdf /hf]j tl dlxnfn] laxfgah'sl g] ufp]a: t]sf ; j ; fwf/Of JolQm] kofu ug] hnfzoafx]s]sf] 5\$) hnfzodf u0{ : gfg ug] rng 5 . ; x/L ; dfhd] kofu ul/g] kof8 j f lj z]f j : q klg gnuf0{ : j t6g?kdf /Om; fj xg lbg] kl] Qsf sf/Of oxfsf dlxnfsf /hsfnlg kl/wfg /ut]do ePsf b]v65g\ To: tf] cj : yf laxfgah'sl : gfg u/L kmfxf/ nuf wfp/ ; kmf; U3/ xg' /fd] kl f x] . /hsfnf ; kmf; U3/ eP/ a:g] kl] Q ckgfpgkb5 / To: tf] afg]sf af/df hg-; fwf/Ofnf0{ 1fg lbg' c]j Zos b]v65 .

klxnfk6s /h: j nf xg] o] tlnf0{ kl/j f/sf dfohgaf6 r]vPsf] lbgdf zfl6tz14kl5 6lsf / lj z]f pxf/ k]bfg ug] oxfsf] : yfglo l/j fhnf0{ klg g/fd] eg] ; lsb]g . klxn]klxn] klyd /h]bzg xg'e6bf cu]8 g] 5f]l]sf] lax] ug] rng lyof] . ca la: tf/] To]f rng x/fp]b] uPsf] 5 . lj j flxtf klyd /hf]j tlnf0{ t ; f; h] lj z]f : g]xsf ; fy : ofxf/ u/L 6lsf / pxf/ lbg] ub5g\ df0tdf a;]sl lj j flxtf o] tl klxnfk6s /h: j nf ePdf kltux k7fpj] / r]vPkl5 6lsf; lxtsf] pxf/ lbg] lj lw ; f; h] k/f ug] rng klg ; dl]o lfqdf k]rint 5 . df0td] klyd /hf]j tl xg] c]j j flxtf o] t]sf] : ofxf/, vfgk]gsf] Joj : yf / r]vPkl5 6lsf k]h; lxt pxf/ lbg] sfd]sf] lhDd] f/l ; f] o] t]sl lbb] j f k]rhf0{ lb065 . h] x]f; \klxnfk6s]f] 5fpk8lnf0{ lj z]f; +sf/sf] bhf(lbg] rng 5 .

e\$ 5fpk8klyfsf klts'h s]xl kif

oxf k]rint o; klyfsf klts'h klfx? g] a9l 5g\ g5g] xg'e6bf klxn] g] 5f]l]sf] lj j fx ePdfq dx]bfg dflgg] sGofbfg u/]sf] kmn kf0g]

jhoftl @ : #sft-c^s

lj Z]f; df k/L afNosfnd] 5f]l]sf] lax] ul/lbg] k/Dk/f cem] ; dftt xg ; s]sf] 5g . h; n] ubf] cem] ox]f afn] j fxn] ; fd]l]hs df6otf k]Psf] b]v65 . pd/ gkul lj j fx ul/lbgfn] / hit g] sd pd/ tyf sdhf/ z/l/ eP klg axf/l ePk15 ux: y]sf] c; X0 ef/ j xg ug]k] xgn] afnfkgsf] : j t6g hl]j g oxfsf afn]sf? efl]g k]p]b]g\

/h: j nf ePk15 klxnfk6s af0; f] lbg / To; k5f]8 k]r]f] lbgdf r]v]g] rngn] ; f] c]j lwe/ cu]g] j f c6fn]sf] s'gf, uf0a: t' af]l]g u]f7, k/fn j f 3f; k]t y]Sofpg] 7fp]sf] s'g] Ps 5p]df k/fn c]f]5d]P/ ; Tgk]g] eP]sf] l]r; f] nllg] lj le6g /f]ust sl6f0fx?n] cfq]d]of ug] ; k] laR5L, nfdv]S]sf] 6]sf]0 xg; Sg] ux]t, ufa/ / 9; l]sf] u6w v]k]k]g] h: tf yk]lj ; a]ltx?sf] ; fdg ug]kb5 . c?nf0{k]fej gkf/L /hsfnf ; /; kmf0sf ; fy a:gkb5 eg] ; Gb]z lbg v]f]h] klg unt k]of]ust sf/Of ; f] ; Gb]z ox]f c]f]e]ndf k/]sf] b]v65 .

s]xl 7fpdf o; sfndf af]x/ hfg gxg] ; f0t ug]gxg] kmn]k]nsf la; j f j g: klt 5'g gxg] sf]q]m] km; l; n]sf, l]r]l]68]h: tf t/sf/L v]g] j g: k]tsf nx/f 5f]P tl nx/f ; 's/ h]65g\ eg] lj Z]f; ul/g] e] l]sf] b]w b]xg xg] t/ v]g gxg] b]xl, d]xl v]g gxg] b]j l]b]j t]sf] k] ; fb / 6lsf ux]0f ug]gxg] ; f] h]gs e]hf xg] c]f]g, s]f]f / : yndf hfg gxg] s; ; lu af]ng gxg] 9fue6 ug]gxg] hfqf, c]g]7fg j f lj z]f ; d]f]x]df ; fd]h xg gxg] ; f] h]gs hnfzodf hfg gxg] ; yfglo b]j l]b]j t]sf] hfqf rnf0g] af6]df l]x]8g gxg] kfg] / e]f]h]gsf] n; k; ug]gxg] b;]tx]f/sf] 6lsf y]k]g j f nufpg gxg] lj z]f j t lng gxg] wfdl, e08f/L, khf/lh: tf : yfglo b]j l]b]j t]sf] kd]v sfost]fn] kofu ug] v]g] nufpg] j f c6o s'g] klg j : t'sf] : kzaf6 lgt]t 6f9f /xg]k]g] nufotsf l]gods]f k0f] kl/k]ngf Hofb] ; r]j]t]sf ; fy ug]k]g] rng ox]f 5 . logdf s]xl Joj x]f/ pko]Qm dfl]gP klg o; k]sf/sf l]g]f]wx?n] dlxnfd] dg]f] j]f]gs c; / kf/L z]l]ft, ck]x]nt, sdhf/, ck]j q j f blift JolQm 7f]g] / x]g]t]f]w]sf] e]j g] p]k]6g xg] u/]sf] b]v65 . o; n] ubf] c]f]dl]j Z]f; ; j lge/ tf / c]f]d]uf]j k] : km]6t xg ; Qm]g / j]olQms lj sf; df 7h]f] afwf p]k]6g x65 . o: t]kl]j zdf af]Rg]k]g] x]b]f ox]fsf dlxnfx? l]g]d]g]nlvt sl] t]df c]k]n]f] dg]sf s'/f oyfy?kdf k]f]vPsf] cgej ub5g\ ceful eP] 5f]l]sf] h6d k]P] ox]f h6d]b]f s]d]f x]f/c]f]P-zdf] (@)#\$ M! ... ; dfhn] lbg] si6 / kl8f c]k]n]f] 7fpdf 5b]5 . ox]fsf dlxnfx? c]k]n] klg c: j : y /xg; xg ckg]0/x]sf x65g\ o: tf] ; dodf s]g'sg] 7fpdf r]f lbg]kl5 dfq g]x]fpg] /Om; fj ; f] g] / ; l]dt c^a]df dfq To; sf] kfej] sd ug] j : q kofu gug] o: tf] a]h]df kofu ug] nuf tyf ; Tgk]g] 7fp]sf] /; kmf0 u/L ; l]rs/ ag]fpg] kof; gug] c]k]n]f]0{ g] blift 7fg] xlgef] k]fn] a:g] c]k]n]f] : j f: Yosf]

Vofn cfknh] gugl / cfknh] lxt x'g] sfo{sf nflu plrt kpf; gugl: tf b'iklj lQ klg kof{tdf qdf oxf b'v65g\

e% 5fpk8klyfsf sxl /x:o / sxl cZro{

Ct'sfndf s'g] klg dlxnfn] 5fPsf] jf n; k; u/sf] kfgl, vfB j : t; leh]sf] nuf, hnizo jf To: t} c6o kbfy(c1fgtj z s'g] wfdl, e08f/L, khf/L jf : yfglo bjj lbj] tfsf sfo{stf{x?n] hfgl jf ghfgl 5fP, kpfu jf ; j] g u/ cyj f To: tf j : t'sf] ; + udf cfp j fs] nsl cfpq] l/uf rNg] z/l/ c/l/g] Hj /f] cfpq] sfdg] / sfd/ cfknh] cfknhf0{ lk6g] s'kg] lwSsf] / axf] ; x'g] u/sf 36gf oxf ; a)t/ b'v65g\ To: f] ePdf ; Dal6wt JolQmf0{ ux'fufa/ ; j] g u/f0{ hf]tn / s'z; lxt ; 'gkfgln] : gfg u/fpg] rng 5 . To: h] : yfglo bjj lbj] tfsf dVo sfo{stf{ o; sf] k/x'h Hofb) ; t'st'k] s ub'5g\ cem n; k; u/ To: tf JolQmf0{ c: j : y t'Nofpg] Ct'dtl n'f0{ klg dfly elgPsf ; d: ofx?n] lk/fnb5g\

; fu/f] ck7/f] kbf ; Grf] gxbf jf s'g] dg]fsfdgf k'f x'bf : yfglo bjj lbj] t'nf0{ ck0f u/sf uf0e] ; Lsf] b'w, bxl, gfg] jf fo" ; Dal6wt hfqf, kj {j f pT; j df kh'kpfusf nflu lb065 . c? a]nf To: tf uf0e] ; Lsf] b'w bxl k'fNg] JolQm / lghsf kl/j f/hgn] ; j] g ub'5g\ t/ kl/j f/ j f afx/sf Ct'dtl dlxnfn] To: tf uf0e] ; lnf0{ 5fPdf, b'w bxl ; j] g u/df jf xl/of] / leh]sf] 3f; kft jf k/fnh: tf vfgs'/f Vj pPdf tl uf0{ j f ef; Lsf y'gaf6 /ut cfp5 / l'gtx? la/fdl kb'5g\ . To: tf cj : ydf klg z'f]t : j l: t u/l uf0e] ; lnf0{ ; dt r'f]v] t'Nofpg] sfd ugkb5 .

aln jf efsnsf nflu bjj lbj] t'fd r9f0Psf, t/ aln glb0{ 5f8]sf af]sf, /fuf, uf] ; n'f0{ klg /hf]j tl dlxnfn] 5'g' x'bg / l'gnf0{ klg xl/of] ; leh]sf] 3f; cyj f vfgs'/f lbg' x'bg . To: f] u/df 5'g] / 5f0g] b] j'nf0{ ; Grf] x'bg elg65 .

#= lgisif M ; / ; krf0 / r'f]v]lgtl ckgf0{ dfl; s wd{sf avt ; e]dt / cg'zfl; t eP/ a: gkb5 eg] lj rf/ ; j q Jofkt 5 . ; gftg k/Dk/df xl/tflnsf jf Clifk-rdlsf] rng o: t} cg'z'f; gsf] kl/Ofd: j?k rn]sf] xfl . o; n'f0{ clws sd{sf08lo agfP/ kl5sf{x?n] hl6n t'NofPsf x'g\ wd{sf g'ddf cf8Da/ / c'gw]j Zj f; a9b) h'bf ylkPsf em'embx? o; klydf kof{t b'v65g\ plrt hgr]tgf, lzlf / : jf: Yosf] ; j { 'netf / ; j'9ut d'fot'fd kl/j t'g'sf kpf; sf] sdh: tf cg]sf] ck'f]ktsf sf/Of o; df ck]lft ; wf/ cfpq; s]sf] b]v'bg . To: f] eP/ klg pkoQm s'/df la: tf} e0/x'sf ; wf/kpf; sf km: j?k lbg'f]lbg sxl gsxl kl/j t'g t c'Ps] b]v65 . dlxnflz l'fd hf]8, lax] ug] pd/df c'Ps] abn'f / /xg; x'gd b]v'Ps] c'fz's : j : ytn] o;

lbzdf ; sf/f]ds kl/Ofd Nofpg] lj Zj f; ug{ ; lsg5 . o: tf sfo{df ; /sf/L / u/ ; /sf/L ; ^8; +yfsf lj sf; kpf; , lzlf, : jf: Yo / hgr]tgfsf] clej]4sf lglDt lj lj w sfo{qnds] sfob]j og / /8of, 6]nlehg, k'k'q'sf, j Ql'rq, l; g'gd tyf c'Woogcg; Gwfgsf l'f'qdf klg o; lj ifonf0{ oyl]6 7f'p'lb0{ plrt ; Gbz kj fx ug{ klg cfj Zos 5 .

; Gbe; fduj

r6ft, cf/-8l= .k'ef; l @)%*, 8f6'nf]l ax't\zAbsfz, sf7df8f]M ajn'-lj Zj : dt klti7g .

k't, ho/fh -@)^^ . 8f6]nl k'f] s kn'fux?sf] ; ^nl'g / c'Woog] -g'k'nl lj ifos] ck'sflzt lj Bfj fl/w z'f]w'k'agw, sf7df8f] M lq'j = dfg] sl / ; fdlhs z'f: q ; f'fo .

k't, b]j sft -; Dk'=-@)#@, 8f6]nl n'fs; flxTo M Ps c'Woog, slit'k' / M g'k'f]n / Pl; ofnl c'Woog ; +yfg, lq'j = .

kf08] ab]b0 -; g\ ()_ s'd'p'm sf 0ltxf; , c'Ndf8f M c'Ndf8f a's l8k] .

e\$, blkf -; g\ (*#_ .lxGbl k'p'z s] k'p'd'v n'fs; flxTo sl ; k'f]l'f'f d] s'd'p'gl n'fs; flxTo d]g'f/lw-lxGbl lj ifos] ck'sflzt lj Bfj fl/w z'f]w'k'agw, g'g]l'f'n, s'd'p'f]lj Zj lj Bfno .

df/Uofg ; l=PG8 cb; {-; g\ (&%, 0668S; g 6' ; f0s]f]n]l, Go"lbnl M 6f6f Dofs ul xn . lj B'felfOf tyf c6o -; g@))!_ ; dfhzf: q s]l; 4ft, lbnl M l'stfa dxn .

zdf 7fs'/k; fb -@)#\$, d]t'n' 5f/l, k'f'f'f; +s/Of, j f/fOf; L M 7fs'/ k; fb PG8 ; G; l; xn, ntf -; g\ ((!_ ef/tlo ; +s]t d]g'f/L, lbnl M z'lQmgu/ .



**x]of]h'tf pt y/df]lhGbul'sf]/x:o 5
k'ndf jf; gf h: t}dfG5]f ulx/f0 5 .
-gllt]j rf/af6
km'x'f] xftdf nfu]xft'h]wgkb5
cfknh]c1fgsf]uf7f]cfknh]km'gkb5 .
-glltsf s'/af6
a9l pbf/ e]b'fgl a'G' ; j q Joy{5
c'f]nf k'f t dfG5]h]xft g]gNg v'f]b5 .
-tl'tfdl7f s'/af6**

s'nkhf, bjj fnl / uf7khfsfj k/Dk/f

-kf8f= ho/fh k6t

s'g} klq khfsfj df6otf, k4lt, klqmf / k/Dk/f ; +s|tleq kg| t|j xfl . ; +s|t egjsf| hlj g / hut\ t ; Da4 e|ts / ce|ts lj ljw klfsf| ; feif gfd xfl . o ; leq dfgj tyf ; d : t kf0fl hut\sf| sNof0f ug| sfo{ / To ; sf lg|dt ; xfos ag| ; fwg, snf, efj, cfrf/JoJ xfl, rfnrng, ; |ft, ; fwg, xftx|tof/, lj rf/, 1fgj 1fg, lj Zj f ; , gl|t|god, ; fwgf, cgzf ; g, k4lt, dfu|lgb|zg, k/Dk/f, vfgkg, /xg ; xg, afnlrfnl h : tf lj ljw klf kb5g\ ; +s|tn| hlj gsf k|ofs cj : ydf kl|isf/, cfsif0f, pRrtf, ; jR5tf, ; /ntf, ; xhtf, cs|qdtf : tf s'/fsf| clej |4 u/L hlj gnf0{ pkn|Awk0f| agfp5 . khfc|hfsf| rngn| klq o : t} sfd ug| xgfn| ; dfhdf cg|s 9Esf khfsf| rng rnsf| xfl . o ; njvdf cg|s lx ; faaf6 hlj gnf0{ ; 'vb agfp| s'nkhf, bjj fnl / uf7khfsf| k/Dk/f sf / p7f0Psf| 5 . To ; sf nflu km/skm/s cg|qddf khfsf| kl/ro, khfsf k|sf/, s'nkhsf| k/Dk/f, bjj fnlsf| k/Dk/f, uf7khfsf| k/Dk/f / lgisif|pkzlf|s k| : t't ul/Psf| 5 .

!=khfsf| kl/ro

khf egjsf| bjj lbj tf, Clifdxlif| uxglfq, k|y|L, hn, th, jfo', cfsfz, j|l|j g : kl|t, c6g h : tf pksf| t|j tyf lktu0f|t sft1tf 1fkg ug| / : t|telQm u/L pglx?nf0{ k| ; Gg tNofpg zf|l|s c|oj sf| lj go / lj ljw kb|y|sf| lgj |og ug| xfl . o ; nf0{ crgf / pkf ; gf klq elg65 . khf j f pkf ; gf ug| egjsf| p0d d|fg| sfd ug| xfl . hlj g Joj xfl / cyj f ; f+ fl/s lhDdj f/Lsf s'/faf6 ; j yf dQm agl, ; fef|osf| k|tkm, lgs} 7nf| ; ofu h'// kf0Psf| d|sf, lhDdj f/Lk0f| k/dfg|bbfos / dxfg| sfo{ug| nfulsf| s'/f cgej u/L Ps lrQ e0{khs o : tf lqmf|snfkdf n|lb5 . **efj| lx lj Bt| bjj g k|iff0f| g d|do|** cyf|t\efj df bjj tf a : 5g'g df6df g k| : t/ eg|h : t|bj|lbj t|k|tsf| dglegsf|ulx/fl cf : yfs| sf/Of zIQm k|to|f bzg, klej / pkn|Aw xfl ; n xg| ePsf|n| efj|t|t ag| / Da4 zIQm|nf0{ x|bdf lj /fhdfg u/fpg' kg| lgbz lj 1x? lb65g\ ltglx?sf cg' ; f / >4felQm lagfsf| pkf ; gf c|8Da/ xfl . 0Zj /k|t cu|w cf : yf tyf t6dotf ePdf khfn| a|Xd1fg k|kt ug| ; 3fpg| s'/f klq ltglx? atfp5g\

@=khfsf| k|sf/

; f+s|ts, ; fdf|hs / ef|f|ns ep| ad|f|hd khfsf| ep|x? cg|s

5g\ jf : tj df s'n k/Dk/f cg' ; f/ rn|sf rngsf| cj nDag ; ah| ug|kg| s'/f zf : qx?n| atfPsf 5g\ ; gftg k/Dk|sf plxn|bv rn|sf rngn| vf ; s'g| lj lwnf0{ dfgs tNofP/ khf ug|kg| lgod lg|Zrt u|sf| kf0bg . b|z, sn, jftfj /Of, cj : yf, k/Dk/f j f s'nrf/nf0{dxlj lbP/ khfc|hf ug| g| /df| xfl eg| ; Gb|z ltgn| lbPsf 5g\ pbfx/Ofsf nflu khfsf| pkrf/sf sxl df6otf ox|f k| : t't ul/Psf| 5 .

dxlif| hfj flnn| Wofgdj f|fg+ r|j eStof oRr lgj |ogd\ gl/fhg+

k0ffd-r k-rkh|krf/s| cyf|t\Wofg, cfj f|fg, lgj |og, gl/fhg / k0ffd ; d|tsf k-r|krf/af6 khf x'g| s'/f atfPsf 5g\ ef : s/ /fon| eujfg\z|/sf k|pdf km r9fpg', c|k|nf0{ ; Dk0f| ?kdf eujfg| ; d|k|t ug| kl|j|f/hgnf0{ klq To ; sfo|df ; n|lg u/fpg', u? tyf eQm|ngsf| crgf tyf ; j|f ug| lzj sf| dlxd| atf0Psf| k : tssf| khf ug| lzj sf| cEoy|gsf nflu c|lg : yfkgf ug| xj g ug| dg|bv clej|fbg ugh : tf cf7 j6f lj lw atfPsf 5g\ z|j dtf|gofol ePsf|n| ltgn| eujfg\zj|sf| crgf|nf0{ a9l dxlj lbPsf| alen65 . s ; h| cfo| u6w, k|k, c|ftf, wk, blk / gj|B ; lxtsf ; ft j6f t s ; h| cfo| kfB, c|rdg, : gfg, j : q, u6w, wk, blk / gj|B u/L gf| j6f kh|krf/sf lj lwsf| rrf| u|sf 5g\ cem s ; h| cfo| kfB, c|rdg, dwks{ : gfg, u6w, k|k, wk, blk, gj|B, gd : sf/ k0ffd u/L af/ t s ; h| kfB, cfo| c|rdg, : gfg, j : q, e|f0f, u6w, k|k, wk, blk, gj|B, t|Dah, gl/fhg, k|k|f-h|n, k|/qmdf tyf gd : sf/ u/L ; f| j6f kh|krf/sf lj lwsf| rrf| u|sf 5g\ ; f| j6f pkrf/ lj lw atfpg| qddf klq kb|y|sf| le6gtf /x|sf| kf065 . cem cfj f|fg, cf ; g, pkl : ylt, ; flGwo, c|ledVo, l : y|Ls|t, k| ; fwg, cfo| kfB, c|rdg, dwks{ c|rdg, : gfg, gl/fhg, j : q, c|rdg, pkj|t, e|f0f, bk|Df, c|nf|sg, u6w, k|k, wk, blk, gj|B, kfglo, c|rdg, x : tjf ; t|Dah, cg|nk, k|k, ult, j|B, gl|o, : t|t, k|b|l|f0f, k|k|f-h|n / gd : sf/ u/L c7|t ; j6f pkrf/sf lj lwsf| s'/f l ; 4ofdn|df p7f0Psf| 5 . o : } u/L k/z'/fd sNk ; qdf o : s| ; ^Vof ax0/ k|f0Psf| 5 -kf08p, @)%& M@(&(# .

7fpf cj : yf / ; Dk|bfo cg' ; f/ khf ug| t|/sf km/skm/s x65 . kfg r9fpgk| rngsf| cg' ; /Of Toxf|ug| ; lS65 hx|f v|f|sf| ; do|df ; lhn| ; t kfg kfg ; lS65 . kfg g kf0g| 7fpdf cg|7fg ug| JolQm| kfgsf| ; Sf km jf gj|B cyj|f Njfa ; kf/L r9fp5 . o : tf lj wfg c|Jofj xfl/s x'g| ePsf|n| khf|f clgj fo| ?kdf of| g| r9fpgk|b5 eg| x|bg / r|ngrN|tsf| Joj xfl / cj nDag ul/65 . gkfnl ; dfhdf k-r|krf/, c|f0krf/ jf iff8z|krf/sf lj lw|t/ a9l Wofg g lb0{ kft|sf kft / sf|f c|ftf r9fP/ s'n / ; yfql| bjj tfsf| khf ug| kl/kf6l klq 5 .

g|f|x+a ; f|d j|s07| of|ug|f+x|bo| ; bf, db6Qm|l| oq ufo|6t tq lti7fd gf/b cyf|t\j|s07 a : g rfx6gf of|ulsf lbn 5g\Nk|p,

jho6tl @ : #sft-c^s

uf0G5g\velQmsf ult To) 7fpf a: 5' gf/b eg/ euj fg\j i0fnj gf/bnf0\ atfPsf 5g\ o; af6 blj lbj tf khfe6bf Hofbf >4stf ckljff ub5g\ e6g] s'/f yxf x65 . o; lj ifosf kf/vlx?sf cg; f/ blj lbj tfstf khfkf7 jf pkf; gf ubf p2\oklt{ dfu, cfsf^af, ; d: ofstf ; dfwfg, ; f6dlQm h: tf clenfiif ; s; Dd /Vgxbg lsgeg] To; /L ul/g] eIQm : j fyk] /t lj rf/ tyf pkf; sdf /x]stf nfeninr / ; ^sirt Joj xf/sf k]tIs agb5 . jf: tj df 0Zj /nf0(; a) s'/f yxf 5 . cf^gf ; d: of jf kl8f pgnf0(egl /xgkbj . pgn) ; s; Dd s; nfo(klg bMv lbg] sfd g u/L ; d: ofdQm tNofpg] g] kof; ub5g\ . bMvsio6 t kf0fln] cf^g] sd]sf kmnsf sf/of eflgkg] x65 . csf] s'/f s] klg x] egl blj lbj tfn] khfkf7sf ckljff klg ubgg\ ; Gtfgn] ; jf u/ klg gu/ klg ; Gtfgkl t ug] dfoddtfdf letgtf en]sg] Joj xf/ s'g] klg cfdafah] gu/ h: t) 0Zj /n] klg ; d: t kf0flnfo(cf^g] ; Gtfg dfq/ dfof ub5g\ 0Zj /af6 bofdfof, skf / pksf/sf ofrgf u/L /xgkbj . pgn] ; j fef] s ?kdf ; adfly tl e]j a; f05g\ pkf; gf ug] t 0Zj /sf nflu e6bf klg cf^g] nflu x] . t; y{ cf^g] c1fg x6fpg] cfdfdf a;]sf] n] jf s ; / ldNsfpg] dgdf hdsf] sl; E/ ; knf ug] / dl: tis : j R5 tNofpg] ; fwgsf ?kdf khfkf7 / o1ofullbnfo(lngkb5 . >ld2j] lefuj tsf ; ftf : sGw, 5IQ; f] cWofo / P3f/f Znfsdf **leBt] xpoulyZ5B6t] ; jf zofM lfo6t] rf: o sdrfOf tl: d6bl6] k/f/ /** cyft\ kmff8G5g\ dgsf t6t' gfl; G5g\; a ; zo, dfl; G5g\kiksf hfn e]6P pRr ; flr To] egl h: t) cfrf/ Joj xf/df lj rf/ k'ofP/ ul/g] cgi7gaf6 ; f/f ; f+ fl/s ; -hfnaf6 dIQm ldnl hljgsf] ; j Rr k]kt x] ; n ug] d2t ldNb5 . To; n] pkf; gfsf] af6f] egsf] emem6nf] sd]sio8 dfq geP/ k/dy{k]kt]sf] ; /n ; fwg klg x] .

#=-s'nhfsf] k/Dk/f

s'nhfsf] k/Dk/fsf af/df rrf{ug]e6bf klxn] s'n s] x] , o; sf cfj Zostf lsg kb5 / o; af6 ; Da4 JolQm kl/j f/ tyf ; dhnf0(s] s: tf] klej kb5 e6g] s'/fsf] ; df6o hfgsf/L lbg' h?/L x65 . To; n] o; czdf s'nsf] kl/ro, s'nsf] cfj Zostf, s'naf6 ; Da4 JolQm kl/j f/ tyf ; dhdf kg] klej / s'nhfsf] rng e6g] yk zLifs lb0(; f6bleš Ifqdfly k]sz kfg] sfd ul/Psf] 5 .

#-s'nsf] kl/ro

s'n egsf] j z, 3/fqf / vfgbfg x] . s'nblksfdf **cfrf/lj gof] lj Bf k]ti7f tlybzgd\ lgi7f j IQ: tkf] bfg+gj wf s'nnf0fd** cyft\ cfrf/, lj go, lj Bf, k]ti7f, tlyf6g, lgi7f, j IQ: y/tf, tk / bfgnf0(s'nsf nlf0f atf0Psf] 5 . s'nsf 5f/L dhsf] kfgl e6g] g]knl pvfgn] s'n egsf] rfl/lqs pif0 ePsf] vfgbfg x] e6g] s'/f aemfP5 . ; df6o cydf /df] j f g/df] h: tf] eP klg k]toš j z j f 3/fqfnf0(

jho6tl @ : #sft-c^s

s'n zAbn] hgfp5 . **co+lgf k/fj IQ u0fgf n3'rjt; f, pbf/rf/ tfgf+t' j; wj s'6Dasd** cyft\ of] d/l] To] csf]sf] egl/ 5'6dfpg] sid ; fgl] lj rf/sf JolQm] ub5g\ t/ pbf/ xpo ePsf s'nlq JolQm] rlfxf ; +f/nfo(g] kl/j f/ ; Dem65 egl h: t) pQd cfrf/, Joj xf/ tyf j ftj /of kPsf] JolQmsf] ; flr 7nf] x65 . To: tf] ; flr xg' g] dxfg\ s'ndf h6dg'sf] nlf0f x] . ; df6otof sh, j z, 3/fqf j f vfgbfg zAbn] pRr s'ns] cy{ hgfp5g\ . zfQm-bzgd\ e6g] k: tssf ; lngstf rqnzj/ ešfrof]sf cg; f/ s'nfrf/sf] JofVofsf qmddf k] f(fofn] atfPsf s'nfrf/sf] cy{ o: tf] 5-

k-re'tdo+; j {a]xdf08+; r/fr/d\
hlj+k]s]ttlj~r s'ndQm ; bf awM..
to] ; t' k/d+tlj+of] j} hfgft ; fwsM..
s'nlqM k/dM ; fl'k j Ofeflj j lhtM..

cyft\ k-rdxfetaf6 lglde of] ; f/f r/fr/ hut\ kf0fl hutV k]s]tsf ; Dk0R tlj nf0(lj afgx? Pp6) s'n jf j z e6b5g\ . Itgd /x]stf k/d tlj sf af/df hg ; fwsn] yxf kPsf] 5 / j u{ eb tyf j Of ePsf] lj rf/af6 hg JolQm dIQm 5 To] g] s'nlq x] .

s'nlq aggsf nflu s'hwdsf] ; f xg cfj Zos x65 . s'hwddf s'ndf k/Dk/fb]v rnl cPsf dofb, dNo, df6otf, wd{ ; +s]t, khfcfhf h: tf cfrf/lj rf/ kb5g\ . s'nn] ug] sd' klg s'hwdf x] . zf: qlo df6otf cg; f/ s'nlq xg'sf] cy{ j b tyf j b fEsf] cWoog, cg; Gwfg / lj dzhf0(lg/Gt/ ?kdf sfo+ug] klg x] . csf]t/ /fHo Joj : yfsf zf; slo txdf clwsf/ k]kt u/L Od]gf/Lk] s lbnfHofgn] hg; j f ugnf0(klg s'nlgtf elg65 . o; zAbn] wd]z: q tyf /fhglt b] } l]qsf] k]tlglw]j ub5 . o; lj ifodf j fok/f0fsf] ; fl7off cWofodf rrf{ ul/Psf] 5 -zdf ; g\ (^ M!! (. lgZro g] s'nlq ; Glt j zsf] dxfg\ k/Dk/fsf] klej / k]ofusf sf/of cj ; / k]pbf rfl/lqs pRrtf sfo+ u/L ; dfllhs Voflt / klxrfq ; lhn] ; t k]kt ub5g\ k] l b j f^dodf s'n tyf s'nlgtfsf lj ifodf n]vPsf cg]sf] s]t kf0G5g\

#-s'nsf] cfj Zostf

s'n egsf] klxrtgsf] cfwf/ x] . o; n] JolQm / kl/j f/ sf nflu : j fledfgk] s cfdlj sf; sf kydf cl3 a9b ufj do 0ltxf; af]s]sf oz: jl kvfx?sf] : d/of u/fp5 . s'nsf j fx?sf] zefzlj fb ; asf lglde cftl/s pmhfsf] ; flt agsf] x65 . k]ti7f k0R 5lj k]kt u/sf lj Bf, Tofu, tk: ofaf/f dfly p7sf dxfg\kv]sf ; Rrl/qsf] dxQaf/f s'n ufj flj t agb5 . To: tf] s'ndf h6dgx?df : j fledfgsf] ; -rf/ x65 / kl5Nnf k: txf?df .kvfx? o: tf lyp, To] ufj k0R k/Dk/faf6 lj rln]t g e0{cfj Zos kb]f{cemlgvf/ NofP/ j zdf dNox?sf] hug]k]t cem p] ; fx; fy cl3 a9b) hfg] ; T; l Nkx? u/L /xgkb5 . l] kv]fn

jhoftl @ : #sft-c^as

u/|sf ofubfgsf cfwf/df ; dfhdf klxrfg lbnfpg| sfd klg s'njn|
ub5 . klxrfg rfxgl ePsf|n| k|Tojs JolQm / kl/jf/sf nflu s'n
cfj Zos xG5 .

dxfef/tdf ul/Psf| j Ofg cg; f/ dxj|L/ sOffnfo{dfb|g/lz zNon|
s'nsf| 7ufg gepSf|, eOkhf|, ; tkq / /fwp eg| xRofPsf|/ ch'gnfo|
elid lktfdxsf : gkxfq, qn|So lj Voft, clätlo k/fqmdaf/f bj|/fh
OGb|sf| cwf|; g k|kt ugl ; kmn, j|L/lz/fd|Of, k|yfgGbg eGbf c; Xo
ePk|5 bj ; e|un| ; t j| ; tkq h| eP k|; ify|sf d|dnfdf st| v|6
nufpg ; |sg| 7fpf eP c|Nofpg x|; \egl sOfn| r'g|tl lbPsf lyP .
pQm 36gfn| klg s'nsf| lrgf/l |sg rfxG5 egl s'/sf| afw u/fp5 .

#s s'naf6 ; Da4 JolQm, kl/jf/ tyf ; dfhdf kg| klefj

s'nsf| 1fgn| kl/jf/hg tyf Oidldqx?nfo| cfd klxrfg lbnfo|
s'6Da ; dfh, l|q / /f|6k|t lhDdj|f/ agfP/ n|fssNofOfdf ; dlkt xg
k|/t ub5 . ; fy| o; n| elj iosf k: t|nfo| kl/j|f/s k|7eldsf| afw
u/fp5 . o; af6 kl/j|f/s ; #rgf alnof xg|, e|j g|Tds ; Da6w a9g|,
; fdlhs Oltxf; sf| ; #lfof xg| / kl/jf/ tyf ; dfhfo{ c|Tdaf|wk|t
hfu?s tNofpg| h: tf lj|j w ; sf/f|Tds kl/Oft k|kt xG5g\

sitko JolQm ; b| rG|df, gbl, jg: k|t, x|j f, w|l{ kxf8, ux,
glfq, cl|g h: tf n|fssNofOfsf/L t|j n| slxNo| cf^gf s'nsf| v|hl
g ugl / c|k|nfo{ s'nl g egl s'/f cl3 ; fb| s'n k/Dk/fsf d|fotnfo|
cf8Da/ / ; f/xlg 7f6b5g\ of| s'/f s|x| xb; Dd ; To klg x| . To; f|
x|b|f|b| klg /3s'nsf ; G|t|n| k|fof hfo k/ j rg g hfo{ cyft|k|fof uP
klg lbPsf| j rga6 lj dV g xg| k/Dk/fnfo{ h: tf; 's} cj : ydf klg
; j xg ugsf| sf/Of s'ns} dofb|sf| afw x| . k|rlg s'nsf e|/tj i|b
; b{/ rG|bj z| s'nsf| dxQf ae|nsf / To; af6 clek|/t ; G|t|s| dfg,
doffb, uf|j , ul/df cfh klg ; dfhdf h|j t /x|sf| kfOG5 .

s'ndf hG|s| e/df s'g| klg JolQm dxfg\vb|g . dxfg\aggsf nflu
7n| Tofu, tk: of, ; eod, w|b| lj j|s, a4dfgl, cgZf; g, pbf/tf, lg/Gt/
; dkOf h: tf uOfsf| cfj Zostf kb5 . To; sf| clek|Voff r|xf s'nsf|
uf|j kOf Oltxf; / k/Dk/faf6 g| k|kt xG5 . cd|/sfsf j tdfg /f|6k|t
af/ts cfafdf hfg ckm sg|8|sf e|ghf ePsf sf/Ofn| klg r|rt
ag|sf xg\ O|G|f/ u|fw|n| h| fx/n|n g|x?sl 5f|l ePsf sf/Of c; dod|
k|wfgdG| kb k|kt u/|sl xg\ egl l6k|Ofs|sf cfwf/ klg oxl s'/f x| .
s'nsf| k|7eldh| JolQm kl/jf / ; dfhdf lgs} 7n| k|efj kb5 .

#s s'nhfsf| rng

s'nhf egsf| s'nsf| k/Dk/f cg; f/ ul/g| k|Voft kvf| s'nsf
; #lfs d|lgg| bj| tf tyf : yfglo lj z|f z|Qmsf| k/Dk/fut lj lw ckgfO|
lg|Zrt Itly j f ldtf ul/g| khf x| . afalt/sf| ; ft / cfd|t/sf| ; ft
k: tfsf ; G|tgnfo{ s'n dfg| lg|Zrt cj ; / tyf Psf|2i6 / kfj Of

jhoftl @ : #sft-c^as

>f4sf cj ; /df tkOf tyf lk08 lbg| rng s'nhfs| k|qmof x| . cr|n
o; nfo{ 5f|6afP/ afa' / cfd|t/sf tlg tlg k: tfsf JolQmf dfq o; tf|
khf ; ldt ul/Psf| kfOG5 . b|gs ?kdf ugkgl d|l|r, clq, clE/f,
k'n: To, k'nx, qm', j|; i7, k|j|tf, eu' / gf/b Clifsf ; fy| ; fd, od,
codf, cl|gij ttf ; fdkf, alx|fb, od/fh, wd/fh, d|fo, cGts, j|j ; j t,
sfn, ; j e|t|fol, cf|Da/, b|Wg, gln, k/d|j 7l, j|s|b/, lrg, lrgukt|nfo|
ul/g| tkOf s'nhf g| x| . o; /L g| afa'cdf, afh|aHo} a9f afh| a9l
aHo} a/fh' k/aHo} cdfsf afa'cdf, afh|aHo} tyf a9f afh| a9l
aHo} ; Da4 JolQmsf sfsfsfsl, k|k|; lbb|alxgl, kTgl, d|f|f|0h, 7'n|
/ ; fgl cdf, ufoql u; nufotsf kl/j f/sf ; b: o /x|sf lkt|?sf
g|dsf| tkOf klg s'nhf x| . >4felQm /fv| lktuOfsf| ; Ddfg tyf
k|fcr|gf u/df d|f|sf|d|f kOf xg| / kl/j f/n| ; w|; b|ut k|kt ugl s'/df
g|k|nl ; dfh ulx|/lj Zj f; ub5 . To; h| To: tf| sfodf slxNo| q|6 xg
glbg| kbTg ul/G5 . sitko 7fpdf s'nsf k|; 4 JolQmfO{ bj| tf dfg/
lg|Zrt Itly, ldt / ; do lgw|/Of u| j flif|s, iffOdf|; s, qdf|; s /
b|gs ?kdf khf ugl klg rng 5 . ; |t|, dxfs|nl / sOffnl l|gdf ul/g|
s6f|dn, s|nl k|n, ; } kfn, bp kfn, ad|b|, pbob|p h: tf bj| tf s'g|
; dosf tT: yfglo zf; s lyP . Itgsf| khf u/df ; G|tfg k|kt, cf/f|o,
; a' s6d|Qm 'bl3f|, c; f|wo /f|uaf6 pGd|Qm k|kt xg| lj Zj f; ul/G5 .

nfos ; G|tfg eof| eg| To; n| s'nsf PSsfO; k: tfsf| tf/Of ugl
s'/f k|rlg clen|vx?sf| c|woogaf6 klg yxf xG5 . cem k|k sd|
ug|sf !e! k: tf 3f| g/sdf kg| s'/f pNn|v ul/Psf| klg kfOG5 . 8f6l,
lh|f|8|df8f* , h|f|nl|sf xfn sf7df8f dxfbj| : yfg, yfgsf6 a: g|; dfh-
; j|l n|f|/fh kGtaf6 k|kt z|s| !^>@ cyft|v| qmdlo ; Dj t\&#& df
gf/b kGtnfo{/fh lj qmd ; f|n| lbPsf| Pp6f s|zlatf|sf| t|dkqdf h|f of
s'; lj tf| x/ t; sf !e! k|f|f| dx|3f|/ gs| k8gf ufOsf| g/ s|f|sf| if|sf|
; u/sf| lj i6f eusf| /h efu s/gf cyft|v|; n| o; s|zlatf|sf| x/Of
unf|To; sf !e! kvf| dx|3f|/ g/sdf knfg\ Itgn| ufOsf| df; , sfusf|
lj i6f / eusf| /h efu ugk|nl| elgPsf| 5 -kf08p, @)^% M!!^_ .

cf^gf dlxdfo s'nsf| k|t|7f / uf|j z|nl kvf|?sf| ozl: j tf-
k|tsf| e|Qm| cfd; Ddfg tyf cfd|j Zj f; sf| clej|4 xG5 . To; h|
lj leG s'ndf zehG|f|; j , zelj j fx h: tf h|j gsf p|s|6 kj|&? Pj +
|j|zi6 cj ; /x?df kvf|?sf| g|d ; Demj, khf ugl / ; Ddfgdf ; dlkt
xg| k|rng w|t/ /x|sf| kfOG5 . ef/tsf ; g|tfg wdf| nDal /fh: yfgl,
; f|f|6k tyf d|yn 3/f|gdf st| PSsfO; k: tf t st| Tofeg|bf d|ly
Psf|G|f| k: tf; Ddsf kvf|sf| g|d : d/Of ugl k|yf cfh klg r|nsf|
b|vG5 . To; df q|6 ePdf 7'n| s'/f 5'6sf| / c|f|Do ck/fw u/sf|
cgej tl sn3/f|gsf ; G|t|x?n| ub5g\ g|k|nl ; dfhdf cfh klg
r|nb| u/|sf| v|f|f| hufpg| rngn| uf|j z|nl j|L/ kvf|?sf| ozlufg ugl

jho6tl @ : #sft-c^s

kj [Qs] afw xG5 . cf^gf] sn, 3/fqf / kvf{x?k]tsf] xlgtafw eof] eg] ; Gtltx?df dgfj] flgs ?kn] thij] w ePsf] cgelt xG5 .
 s'nhkhsf j]bs, tllqs / :yiglo ; d]tsf cgs lsl; dsf k4ltx? 7fpf p2zo, k/Dk/f, ; fwgfsf k]sf / / cj :yf cg; f/ rng-rNtdf /x]sf b]vG5g\ uflpa: t]sf ; a]af; Gbfn] ; fdlxs ?kdf jf kl/ jf/ lj z]ifn] Psn ?kdf o: t] khf u/]sf] kfG5 . ; fdlxs ?kdf khf ubf] pdl/, gftf, of]otf, 1fg, cgej n] Hoi7 / >|i7 d]lgg] JolQm jf k/Dk/ fut rng cg; f/ ; a]af6 dg]lgt JolQm t]fsPsf] xG5 . z]r: gfg]lba]6 lgjQ eO(r]v]f] nuf nufP/ b]j :yfg jf khfsf]7df /flvPsf] klj q cf; gdf st]n] klrng cg; f/ ; bDk]l jf Psn] k]f]edv eP/ a:g] rng 5 . To; qmddf k; ifn] lzvfaGwg ug] / dlxnfn] h'/fl a]w]g] sfd ug]sf ; fy] ltns nufO(c]rdg lnP/ k]f]ofod ug]kb5 . j]bs lj lwn] snkhf ug]x? s'nsf kvf(/ b]j tf d]lgg] z]Qmdf Wofg, c]f]fxg, cf; g, c3]sf] hn; gfg, k'g]l c]rdg]sf] hn, b]wn] :gfg, b]xln] :gfg, foh] :gfg, dxn] :gfg, lrgln] :gfg, k-rfd]tn] :gfg, uGw]os cyft lj z]if t]y]sf]hnn] :gfg, z]4]bsn] :gfg, c]rdg]sf]hn, j :q, pkj :q, rGbg, c]lftf, lk7fo] cyft \xn]b]sf] rO(s^a'sd, a]nkq, k]nsf] dnf, wk, aQl, g]j]B / c]rdg]sf] hn, kmn, kfg, / b]l]off, cf/tl, k]b]l]off, k'kf-hln, clej fbg, l]f]ofrgf / ck]f ub]5g\ tllqs khfsf] k4lt cg; /of ug]x? k/Dk/fut /lit ad]f]hd / :yiglo k4lt cg; f/ rNg]x? s]f/ c]lftf / k]t]sf k]t r9fO(3]twf/f ck]f ub]5g\ j]bs lj lwn] snkhf ug] rng ePsf] sltko 7fpdf j z]sf] lg/Gt/ j]4sf] sfdg ub] j z] j]4s/+j z]sj rd]sf] kf7 stf : j on] ug] cyj f s'nsf k'/fx]taf6 u/]pg] rng 5 . o; sj r]sf] kf7 Psfu]lrQn] u/]f j fl-5t dg]f/y kO(x'g] / et]kt, /f]u]oflw, u]xbz, zq'af6 x'g ; Sg] x]fgh: tf s'/df ; Gtltsf] /lff x'g] lj z]f; ul/G5 -kf7s, ; g\@)) * M!#%-!#^ . To; h] o; n]fO(j z; /l]fsj r klg elgG5 . afXdO(u]f]q] n]af6 p4]t 1fgef: s/s] of] sj r ox]f k; t't ul/Psf] 5 .
 euj gV b]j b]j z skof Tj +hut]k]ef] .
 j z]Vo sj r+a]x dxo+lziofo t] g3 .
 o: o k]ef]tt b]j]z j z] j]4x(hfot] ...!
 euj gV b]j b]j z skof x] hut'kle' .
 j z]sf] sj r} af/] dnfO(e]g' x]f; \s'/f .
 k]ef] af6 h; s]f] a95 x] j z] l]f Tof] ...!
 ; +f/sf : j fd, b]j t]sf klg b]j tf, x] ; O(euj fgV skof j z] j]4 u/]pg] / klj q d]lgg] j z] j]4 sj r gfd u/]sf] sj r]sf af/]df dnfO(lzio 7fg/ at]fO(lbg]x]f; \...
 ; O(p] fr
 z]f' k'q klj lofd j z]Vo+sj r+z'ed\
 ; Gtf]g] j]4of] kf7ft ue/] lff ; bf g]p]fd\..

jho6tl @ : #sft-c^s

; O(] eg]
 ; 'g kq d eG5' Tof] sj r} j z] j]4sf] .
 ; Gtf]g a9b5g\k9bf ue/] lff x'g] ; w] ..@..
 x] kq, ; Gtf]g a9g] / ue]sf] /lff x'g] kmn k]bfg ug] j z] j]4 sj r gfd]sf] sj r]sf af/]df d]n] at]Psf s'/f ; g' ..@..
 j Gwof'lk net] kq+sfsj Gwof ; 't]b]f .
 dt]j T; f ; k'qf : of t\ j b]uef(l: y/klhf ..#..
 j Gwofn] k]pg] 5f/f c]df e]n] Ps ; Gtl .
 lzz' dg] ue(emg] x]bg of] k9]k]5 ..#..
 o; sj r]sf] kf7 u/]df sfsj Gwof cyft \Pp6f dfq ; Gtf]g k]pg] gf/]n] h; t] afem]n] klg ; Gtf]g k]kt ug]sf ; fy] lzz' dg] tyf ue(t]xg] h: tf ; d: ofaf6 d]Qm ldNb5 cyft \zz' dg] gf/l k'q] tl xG5] / t]xg] ue(/]sg hfG5 ..#..
 ck'qf k]k]of] o: o w/]offr ; \kleM .
 s'of k]hf k]qOfl : ofb]t t\ t]q]k]ef] tM ..\$.
 /h]f] tl ck]q]n] o; s]f] w/]of] u/] .
 Tof] gf/l uleOfl aG5] oxl x]f : t]f]gs]f kmn ..\$.
 o; sj r]sf] w/]of] u/]df To; s]f k]ef] af6 /h]f] tl gf/]n] ue(w/]of] u/] ; Gtl]j fg\agl ; \ k]kt ub]5] ..\$.
 et]kt]l]b]hf afw] of afw] s'nb]f]f]hf .
 u]x]afw] b]j afw] afw] zq's]t]f r of ..%..
 afw] hf] et]kt]sf cyj f s'nb]f]f]sf .
 u]x]afw] b]j afw] cyj f zq'b]f]f]sf ..%..
 et]kt]l]b] b]f]f, s'nsf b]f]f, u]x]sf b]f]f, b]j t]sf] sb]l]6af6 p]k]Gg afw] / zq's]f if8oGqaf6 x'g] afw] Joj w]fgh: t]f hg; 's] b]f]f / afw]sf] klg lg] f/of o; af6 xG5 ..%..
 e: dl ej lgt ; j f] t]f]m sj r: o k]ef] tM .
 ; j] /f]f] l]j gZolgt ; j] afnu]x]fZr o] ..^..
 e: d xG5g\ a] afw] sj r]sf k]ef] n] .
 g]f; G5gVf]u n]f ; f/f lzz'sf u]x tl klg ..^..
 o; sj r]sf] k]ef] af6 ; a]lsl; dsf afw] /f]u / afnu]x]sf bb]z]fx? v/]gl ag/ ; d]kt xG5g\..^..
 k]j] /lft' j f/fxl r]f]l]g]b]fd]Dasf : j od\
 b]l]f]of] r]O8sf /l]fg\g]C]f]of+z] j flxgl ..&..
 j f/fxl k]f]sf] /lff, c]f]l]g]b] c]l]Dasf : j od\
 b]l]f]of]sf] r]O8sf]n] /lff g]C]f]o s]f]nsf ..&..
 j f/fxl]n] k]f] {lbz, c]l]Dasf]n] c]f]l]g]b] s]f]f, r]O8sf]n] b]l]f]of] lbz / dx]sf]n]n] g]C]f]o s]f]ofaf6 x'g ; Sg] cf]3ftaf6 /lff u?g\.&..

j f/fxl klZrdl /lfbj fofof+r dxZj /L .
 pQ/ j j0fj L /lfbzfgol l ; xj flxgl ..*..
 j f/fxl klZrdl lfg, j foJosf dxZj /L .
 pQ/sf j j0fj lnj buf{0zfg /lfof ..*..
 j f/fxln klZrd lbzf, dxZj /lnj j fofo sfOf, j j0fj lnj pQ/ lbzf /
 euj tl bufn} 0zfg sfOfaf6 xg ; Sg] cf3ftaf6 /lff u?g\..*..
 pmWj {t' zf/bf /lfbw] /lft' kfj {tl .
 zfsDe/L lz/fl /lfg\dv+/lft' eyjL ..(
 dflysf] zf/bf /lff, tn /lff t kfj {tl .
 lz/ zfsDe/lnj / dv /lff lg eyjL ..(
 zf/bfn]dflysf]efuaf6 xg ; Sg] cf3ft tyf kfj {tln] tnsf]efuaf6
 x'g ; Sg] cf3ftaf6 /lff ugsf ; fy} zfsDe/lnj lz/ / eyj lnj dVsf]
 /lff u?g\..
 s07+/lft' rfd'08f xbo+/lftfR5jf .
 0zfgl r ehf] /lft'\sllf+gfl+r sflnsf ..!)..
 rfd'08fn] unf /lff, xbo]sf] t kfj {tl .
 bj lnj xfts] /lff, gfl, sflv lg kfj {tl ..!)..
 rfd'08fn] 3f6lsf] kfj {tln] xbosf] , bj lzlQm] xfts] / sflnsfn]
 sflv tyf g06f]sf] /lff u?g\!)..
 ck0ff{Xob+/lft'\s16+j l: t+lzj lkpof .
 p; /lft' sfd/L hof hfg'ao+tyf ..!..
 ck0ff{ k6sf] /lff, sDd/sf] t kfj {tl .
 arfpg'p? sfd/L, hof lt3f' b'j} b'j} ..!..
 ck0ff{ k6sf] , kfj {tln] sDd/sf] , sfd/Ln] p?sf] / hofn] b'j}
 lt3f]sf] /lff u?g\!..
 uNkm] kibf] ; bf /lfb\axdf0fl k/dZj /L .
 ; j fEflg ; bf /lfb\buf{buf{t'gflzgl ..!@..
 uf]nluff/f / v'Sfsf] /lff axdf0f 0Zj /L .
 ; a) cE arfpg'x} bufn] bMv gflzgl ..!@..
 bj l axdf0fln] b'j} uf]nluff/f tyf v'Sfsf] / ; d: t bMv gf: g] bj l
 bufn] ; wj ; a) cEsf] /lff u?g\!@..
 gdf] b]o} dxfb]o} bufb} ; tt+gdM .
 kq; fVo+b]x b]x ue/ lff+s?ij gm ..!#..
 gd: sf/ dxfb]j bufnfo{ ; wf gdM .
 k'qs] ; v b]m x} ue/ lff u/lsg ..!#..
 x] dxfb]j buf{ xfdl tkf0fnfo{lg/Gt/ gdg ub5f]. ue{sf] /lff u/
 xfdlnfo{kq; v k'bf g u/L lbg' xf] ; \!#..
 C x] +x] +x] +> l +> l +> l +P] +P] +P] +dxfsfnl dxfn ldl dxf; /: j tl?kfo}
 gj sf]dfo{ bufb} gdM . x] +x] +x] +buf{t'gflzgl ; Gtfg; fVo+b]x b]x .

j Gwotj +dltj t; tj+r x/ x/ . ue/lff+s? s? . ; snf+afwf+s'nhf+
 afxohf+s'tfids{t+r gfzo gfzo . ; j {ufqf0f /lff . ue{kfjfo kfjfo .
 ; j fkbj +zflfo zflfo : j fxf .
 C x] +x] +x] +> l +> l +> l +P] +P] +P] +dgq hk/ pkf; gf ul/g] dxfsfnl
 dxfn ldl dxf; /: j t'lsf ?k'sl gf] s/f8 lsl; dsl euj tl bufnfo{gdg
 ub5' . x] +x] +x] +dgq hk/ pkf; gf ul/g] / uf/f] ; flv/f] cj : yfaf6 kf/
 nufpg] x] bj lzlQm ; Gtfgsf] ; v lbg'xf] ; \ afemkg / lzz' dg] bflf
 x6f0lbg'xf] ; \ ue{sf] /lff ul/lbg'xf] ; \ s'naf6 afx/af6 / ul/Psf j f
 gul/Psf /fd] g /fd] s'daf6 ptkGg ; d: t afwf gfz ul/lbg'xf] ; \ ; a)
 zf/l/s cjo]sf] /lff ul/lbg'xf] ; \ . ue{sf] kfjfo ul/lbg'xf] ; \ . ; a)
 lsl; dsf pkbj j f ck7/f ; f; v afwfd'Qm ul/lbg'xf] ; \ ; l'6gflzgl x]
 bj l, tkf0f >4fsf efj lgj bg ub5' .
 cgg sj r'gf E+ ; ktj f/f ledl'qtd\
 Ct: gtf hn+klj f ej] t'uef] tl wj d\..!\$..
 ; kt'ledl'qtd'Qm sj r'h] lj zlf of] .
 Ct: gfgk15 kfgl v'Pdf ue{lgZro ..!\$..
 dfl; s wd'sf] : gfgk15 kfgl v'f0{ r'f]vP/ j zsj r dgqn] ; ft
 kN6 cledl'qtd' sj r w'Of u/df cj Zo gj uef] tl e0G5 ..!\$..
 uek'fteof klTj f b9uef{ k'hfot] .
 cgg sj r'gfy dflh{t'of lgzfdol ..!%..
 dgq]sf] hn v'Pdf alnof] ue{x65 x} .
 sj r} dgqn] kfgl ugkb5 d'fhg ..!%..
 uekft x'g] u/sf] 5 egl j zsj r'sf dgqn] ; ft k6s d'fhg tyf
 cledl'qtd' ul/Psf] hn l'k'Pdf t'xg] ; d: of ; d'kt e0{ue{b9 ag h'65 ..!%..
 ; j f afwf lj l'gd'Qrf ule'f] : ofg ; zom] .
 cgg sj r'g'x ul'gyt+/Qmbf/sd\..!^..
 ; a) afwf x6l k'Ssf ue{a: b5 a: b5 .
 dgq/ o; dgq] /ftf] 8f/L nufp x} ..!^..
 sl6bz] w'ofGtl ; k'q; v'efl'ugl .
 c; t' k'qld'Gbf0fl hoGt+ot'kefj tM ..!&..
 sDd/d'f nuf'Pdf ; k'q ; v kf0g] .
 ck'q' zlrn] kf0g\hoGt o; /ltn] ..!&..
 o; /l cledl'qtd' w'uf] sDd/d'f w'Of u/d'f ; k'qs] ; v k'kt x65 .
 ck'q' 0Gbf0fln] oxl lj lwsf] cj n'dag u/sln] 5f/f hoGt k'kt u/sl
 ly0g\..!&..
 u'z klbi6+j z'fVo+s] r+t'lb+; v] .
 u'Xofb'u'Xot'+r] b+g k'sfZo+x ; j tM ..
 wf/0ft' k7gfb: o j zR5] b] g hfot] ..!*..

egj| u?n| of| s'/f pkb|zdf .
 u|ko of| cltu|ko} x|g e|g' lg htftt} .
 nufPd| k9|df of| j zl5Gg xbg x} ..!*.
 u|ko dfq geP/ Hofb| u|ko / hf| s|f|n|f0{ : 'g|p|b| lxBg| gx|g| of|
 j zsj r u; ak: k|tn| lgs| klxn| ; 'g|P|s| xg\ o; s|f| w|f| / kf7 u|df
 j z l5Gg xbg ..!*.
 afn| l| gZolGt kt|Gt uefM| tqf~anfM| si6o'tfZr j GWofM .
 afnu|x|e|t|uOfZr /f|u|M|g oq wdf|r /Of+u|x+: of|t\..!(..
 dg| lzz' of t t|xG5 ue| czQm e} si6 xg| lg j GWof .
 u|x|bz| e'tuOf| / /f|u| xbg s|h| ul/P lg wd\..!(..
 lzz' dg| / ue| t|xg| kl8fn| lr|Gt|t d|xn| lg?kfo eP/ afn|f| xg|
 sNkg|df kl8f|s|f| cgej ub5g\ 3/df wdf|r /Of ul/Pdf / zf: qn|atfPsf
 ; Tsd|ul/Pdf afnu|x|s|f| k|s|f|k, e't|kt|f|s|f| afw| / /f|u|s|f|8/ xbg ..!(..
 Wofg, ; lNk, cf; g, hn, c3s|f| hn, c|rdg|s|f| hn, :gfg,
 j: q, k-rfd|t, rGbg, c|ftf, k|tn, b'af, hg} wk, blk, g|j|B, km,
 bl|f|off c|fb r9fP/ khf tyf ; lNk, k|fyg|, k|h|k|it c|fb l| leGg b|j| tf,
 c|lg, ; f|d, k|f|j|L c|fb ; k|tn|s, j ?Of b|j| tf, uOfk|t, eujfgVzj, b|j|L
 kfj|t|, l| iOf, a|Xdf, : s|b, ; b{ OGb| c|fb l| z|6 b|j| l|b|j| tf, b|j|L b'uf| lxt
 ; d: t b|j| l|z|Qm s|ft|s|b, ; b{ OGb|f|Of, j Z|f|g|, c|Z|g|s|df/x?, od|fb
 b|j| uOf, s|fn, l|qukt, eld, ; k| hn, l|g|C|t, c|g|t, c|fsz, u|x? ,
 w|q|fb a|fbz|fb|o, ; kt j f/, : yfglo k|d|v b|j| l|b|j| tf, dxf?b|, O|6b|j|L,
 : yfglo k|d|v b|j| l|x?, s'n|b|j| tf, : yfglo k|f|f|b| b|j| t|df xj g / hk tyf
 hkaf6 xj g ; d|ts|f| l| lw g| j |bs k4|ts|f| khf l| lw x|f . s'nkh|df
 k|f|om oxl l| lw ckgfOG5 .

\$=b|j| fn|s|f| k/Dk/f

s'n|b|j| tf, O|6b|j| tf j f u|fd|Of l| leGg b|j| t|f?dWof|f| l|g|Zr|t
 b|j| l|b|j| t|f|s|f| k/Dk/fut r|ng ad|f|hd v|f; l|t|y j f lbgdf ul/g|
 khf|c|f|h|f|n|f0 b|j| f|nl cyj|f l|b|j| f|nl elgG5 / ; f| c|j ; /df ; DkGg xg|
 ; d: t sfoq|nd|s|f| ; f|n|f|8|f|n|f| : j ?knf0{ b|j| f|nl h|ft cy|ft\ b|j| f|nl j f
 l|b|j| f|nl s|f| h|f|q elgG5 . b|j| t|f|s|f| k|s|t / k|j| Q c|g; f| o; k|s|f|/s|f
 h|f|q l| leGg |s|; d|n| dgfOG5g\ aln e|f|u ug| b|j| t|f eP af|s|s|f| aln
 l|b|P/ tyf ; f|l|j| s j|Q dg k/f|p|g| b|j| t|f eP l|j|w|k|f|s khf|c|f|h|f|s|f ; f|y
 c|g|s|f|k|s|f|/s|f g|j|B / k|n|k|n| l|g|j|bg u/L ol h|f|q dg|f|p|g| r|ng 5 .
 ; Da4 k|l|j|f|/s|f JolQm| l|bgel/ p|k|j|f; a: g| tyf khf|c|r|g|f kOf| ePkl5
 dfq v|f|q v|f|g| k/Dk/f ol h|ft|x?df kfOG5 .

s|tko 7|f|p|df t u|p|el|/s|f ; f/f af|; G|f khf ul/g| b|j| t|f|s|f df8f|j| f
 yfgdf e|n|f eP/ 3/3/af6 n|u|P|s|f v|fB j : t' b|j| t|df r9f0{ k/: k/df
 af8r|B u/L v|f|g| ul/G5 . To: t|f j : t|df P|s| k|s|f|/s|f|j g|e|f|h|s|f ?kdf of|
 dgfOP|s|f| kfOG5 . klxn| e|j|e|mu8f u/L c|af|h|f ag|s|f JolQm|x? k|g o;

cj ; /s|f| c|f|k; l ; Dks| e|63f6 tyf P|st|f|af6 af|n|r|f|n ; ? ub5g\
 k|; if / d|l|x|n|f? c|f|c|f~g|f h|df|t|df u|f|g|h|f|g|df ; n|lg e0{o; c|j ; /s|f|
 /df0n|f|df ; x|e|f|ul x|G5g\ h|f|q dgfOG|l|bg c|f|p|g| o|t ; do af|s|l 5 e|g|
 c|f|n|f u|G|b|o; s|f| k|t|l|f|f u|/s|f| k|g b|j|vG5 .

b|j| f|nl|s|f l|j|w|x? k|g : yfg e|b|f|g; f/ l|e|g|l|e|g| k|fOG5g\ . s|x|f
 af|h|f|u|f|h|f l|j| x|g ; f|df|go khf ul/G5 e|g| s|x|f j|fB w|g|s|f ; f|y w|d|l s|f|dg|,
 k'5f0f ; f|w|g|, w|d|l g|f|r, b|p|/f| g|f|r c|f|b u/L /f|t|el/ / l|bgel|/s|f l|g|Zr|t
 sfoq|nd|s|f ; f|y b|j| f|nl dg|f|p|g| ul/G5 . To; } u/L s|x|f t|t: yfglo ; f/f
 hg; d|b|os|f| ; d|: y|t|df khf|c|f|h|f ul/G5 e|g| s|x|f w|d|l, e08f/L, af|h|f
 ag|f|p|g| 9|f|n|x? / To: t|} v|f; v|f; sfo|s|t|f|f? s|f| dfq hd36df b|j| f|nl|s|f|
 k|h|g sfo{ ; DkGg ul/P|s|f| b|j|vG5 .

g|k|f|nl ; d|f|h|df b|j| f|nl|s|f| khf ul/g| b|j| l|b|j| t|f|x? k|g c|g|s| l|s|; d|s|f
 5g\ . s|x|f l|z|j, s|x|f b|j|L, s|x|f d: 6f, s|x|f d; f|g|, s|x|f e|j|, s|x|f
 k|f|t|z|Qm s|x|f l|k|z|f|r|z|Qm / s|x|f h|g|h|j|g|s|f ; x|f|os d|f|g|g| e'tuOf
 o: t|f| khf|s|f c|f|/w|o b|j| t|f ag|s|f b|j|vG5g\ c|e|m b|j| f|nl|s|f g|d|df c|l|lg
 b|j| t|f, hn b|j| t|f, ; b{ b|j| t|f / j g: k|t| b|j| t|f e|l|g|g| t|j| x? s|f| khf ul/P|s|f|
 k|g k|fOG5 . c|b|z|o z|Qm d|f|g|g| t|j| k|t|s|f| c|f: yf j f e|Qm|k|t ; d|k|f|t
 eP/ khf|c|f|h|f u|b| x|f|b|s| c|l|e|j|f|b|g 6S|of|p|g| r|ngaf6 l|j| s|; t eP|s|f|
 k|y|f of| x|f . of| khf k/Dk/fut r|ng ad|f|hd h|g; 's| d|l|x|g|df k|g ul/P|s|f|
 k|fOG5 / ; f|s|f n|l|u l|g|Zr|t l|t|y, l|d|t, j f/ / c|j ; / f|f|s|P|s|f| xG5 .
 b|j| t|f|s|f| : t|t|el|Qm u|/ ; G|t|l|6 l|ng| sfo|s|f ; f|y| dg k/fOP|s|f e|f|h|g|s|f
 ; j|g, /df| tyf g|off|n|u|f|x? s|f| k|p|f|u|f|g, l|j| z|f|f|l ; u|f|k6f/, c|f|k|n|t|x? ; t|s|f|
 e|63f6 tyf e|n|s|; f/L c|l3 c3f|p|6|h|n| ul/g| g|f|r|u|f|g h: t|f s'/f|n| k|g
 of| c|j ; / k|t|l|l|f|t ag|s|f| cgej xG5 . o; avt u|fOG| l|ghl ; u|g|s|f|
 e|b|x? g|k|fOP k|g k|n|u|s|f e|b|x? s|x|l|s|x|l|k|fOG5g\ t/ l|t|g|s|f| ; a\$|n|g
 e|g| ug| ; l|s|P|s|f| 5g .

s|g|f, s|G|b|f, e|G|Hof^a, B|f|f|nl, v|f|r, h|n|f|z|o, b|f|e|f|g, l|q|j|f|l, v|f|n|f,
 g|f|n|f, g|b|l, n|j|s, a|f|L, s5f8, v|t, u/f, 5p, l|s|g|f/, r|r'/f, k|t|b, k|n|f|6,
 au/, k|f6g, j g, hEn, b|j| f|no, d7d|G|b/, k|f6l, k|f|j|f, u|k|n|f nufotsf
 h|g; 's| 7|f|p|df b|j| l|b|j| t|f|s|f| j f; eP|s|f| s'/df l|j|Z|f; ul/g| x|g|f|n| t|l
 ; a|s|f| c|r|g|f k/Dk/fut r|ng c|g; f/ b|j| f|nl khf|s|f ?kdf ug| k|l|k|f6l
 k|r|n|t k|fOG5 . To; /L khf ul/g| b|j| l|z|Qm|df 909k|f|b|j|L, s|f|d|b|f|b|j|L,
 H|j|f|n|j| t|l -h|f|n|j| a|L, j |b|f|/s|l|b|j|L, e|E|L, b|l|w|h|f, e|f|d|L, d|n|o|j|f; f|b|j|L,
 e|j|f|g|, j f|f|x|l|b|j|L, s|f|6|s|l|b|j|L, z|l|t|n|f|b|j|L, w|6w|j| t|l|b|j|L, j |f|o|f|j|L, z|f|s|j| t|l,
 k|n|s|f euj t|l, g|b|f|b|j|L, s|f|n|s|f, s|f|n|l, e|f|Z|j|/L, l|u|l|h|f|b|j|L, s'/f|n-
 j|b|g|f|b|j|L, k|e|f|j| t|l, r|l|w|f|/Of|l, d|x|Z|j|/L, w|6|f|f|l|b|j|L, l: d|x|f|; g|b|j|L,
 ; 'i|f|d|f|b|j|L, h|n|h|f|b|j|L, l|z|v|j|f|l; g|l|b|j|L, ; 'e|l|b|j|L, n|j| E|f, j |h|o|6|t|l,
 d|f|n|f|b|j|L, d|f|n|s|f|b|j|L, e|j|g|Z|j|/L, c|G|g|k|Of|f| : j Of|f|f|f|k|of|b|j|L, s|f|n|G|b|l,
 j |t|f|n|l|b|j|L, ; E'/f|b|j|L, s|f|s|Z|j|/L, q|n|f-r|l|b|j|L, g|f|u|Z|j|/L, d|x|f|s|n|b|j|L,

dxfbj l, 0Zj /l, cDaZj /l, sflnsf euj tl, vltbj l, rGblefuf euj tl, sdgfbzfbj l, Hj fndvltbj l, lqk/f; Gb/l, bxl8df euj tl, dlnfnl euj tl, gf6Zj /l, j /fbfj l, znZj /l, l; 4sfnl, l; 4bj l, buf, lhnf; gl, lahnf; gl, lg^anf; gl, l8nf; gl, afbnf; gl, sfkmnf; gl, kf6nf; gl, 8fuZj /l, iff8zf, ; d'fbj l, ynlbj l, ufl/nl euj tl cflb kb5g\

o; /l g;bj fnl khf ul/g;bj tfx?df dlnnsfhg -chgZj / dxfbj , wdz, zzsbbj, lj Nj Zj / -ztlE, cj bZj /, lj Zj gfy, dxfbj, rGbZj /, dxZj /, lj Zj ?k, gff's, tf/sz, x/, ztlE dxfbj, yn sbf/, 909Zj /, l; 4Zj /, afAz, j 6sz, zlfz, sGbk PnZj /, j 6Zj /, j fulZj /, efuZj /, sfftpbz, sbf/Zj /, /f'pnf sbf/, rGbZj, j fdgz, dlGb/Zj /, e^tZj /, qmlfobgfy, shf; lz, tf/sZj /, cfwf/lz, sf6Zj /, wdz /, lj iof euj fg\ wdsjt' zI /, tEz uofgfos, vuz lzj, bli6sbf/, lj Zj Zj /, uflj Gb, wlj Zj /, lbnlkZj /, vlr/gfy, z^avz lzj, j jtn, s'idf08, sinlz lzj, df0fj Zj /, sNdfzlf lzj, u08slz, ; x; Zj / lzj, k-rsbf/, sfnlnf, zI / lzj, j Bgf, sgsZj /, zt?bl /fj ofZj /, lj elifofZj /, zfsGtnZj /, rqnZj /, kzklt, j qZj /, ufs'hZj /, ufl/Zj /, j fzZj /, ufnj Zj /, 5fof1fqZj /, t8l, eld/fh, ; dhl, ggf, gfy bj tf, gfu bj tf, 0Zj /, eDbpnl, u8 bj tf, lj Nn, kjt bj tf, j g bj tf, j fo' bj tf, cllg bj tf, ksfz bj tf, d'fo' bj tf, hlj gbol zIomsf bj tf -kfnx/, dfu' bj tf, slj nZj /, uktZj /, ul/of, r08Zj /, rGbggy, e'j gfy, 5fof5q, hu6gfy, hEzj / dxfbj, bj lnEzj /, w/f sbf/, gfSy/, bfu8f, gdpZj / dxfbj, gf6Zj /, kftfn edZj /, wf/Zj / dxfbj, af7kfn, cvhl, lgkfn, shkfn, bpkfn, ; f0kfn, /tgkfn, ; /kfn, ekfn, 5/ dn, s6f/dn, s'0ofn, wfnbpb, nfnbpb, eldbp, /f8bp, ; d'fbp, pbobp, gdfbp, adbp, ynlbp, ; Nn' 6fk', 8fsZj /, lg^anfZj /, /fnZj /, k-rZj /, tfdZj /, u0fZj /, bfgZj /, hfuzj /, ; fdZj /, gfugfy, nl6gfy, dn'gfy, un'gfy, xggfy, ; x; lnE, efuflnE, j f; lnE, s'0ofn, l; sf; , lk6sf, sf5df, nfs8f, aoffn, aufnl, l; d'j f, km, /fd, /ft lznf, ; b' j jtn, d: 6f, d; fgl, ; fNdlg, dx6ofn, u8bp, sfkmnl, slnof, a6y8l, a8f afaf -ax8f afaf, cl; ufd, uflNdZj / cflb bjv65g\

bjl fnl khdf lbgel/ efs) /x/ pkj f; a; j klg khfcfhfsf sf d l; 4aPk15 egj : j flbi6 / lj zlf dflggj vfgkfg ul/G5 . vf; u/L ; jn, k'/lh: tf pQd dflggj eflngsf Joj : yf bj fndf ul/G5 . sltko 7fpdf afafo) hft cyft\ ; jn ksf0gl hfqf eg/ klg bj fnl khfsf kl/ro lb0G5 . rjnla6l, 0i6ldq, cfkn6tnf0{ cfd6qof u/L Hofb} pT; fxsf ; fy of hfqf dgf0G5 . o; sf khdf rlx' s'nhkhd f h: t} j }bs, tflqas / : yfglo lj lw ckgf0G5 . cem sxl 7fpdf s'nhkf klg bj fnl sf ?kdf ugl rng 5 .

%=uf7khfsf k/Dk/f

gkfnl ; dfh slf cy{ Joj : ydf cfwt k/Dk/fj fbl ; dfh xfl . vltkftl ug{?n} kzkfng clgj fo' ?kdf uqkg' xG5 lsgel vtaf/ldf dn xflg, afnl nufpb vghft ug{ afnl ; d'bf bf0{ ug{ kl; nfl cfxf/sf j f bw bxlsl Joj : yf ubf/ wd{ tyf ; +sftsf cj ndag ubf{a: t'efps} cfj Zostf kb5 . To; jn} kzkfng gkfnl hlj gsf ckl/xfo{ cE agb} cfPsf xfl . cem To; df klg ufo'nf0{ kz>ji7 dfg/ ufkfng ugl rng gkfnlx?sf dlns kxrfg g} xfl . ufo'nf ; a} bj lbj tfsf j f; xgl s'/df lj Zj f; u/L ufl; lj df hlj g ; dkOf ugl p2Zo wld's : j efj ePsf ; ah; fl gkfnln} lnPsf xG5g\ o; sf 0ltxf; klg lgs} nfdfl 5 . uflq, uflj 7l, uj jif0fh: tf s'/fsf Plt xfl; s klj 7eldsf k5fl8 ufkfng g} cfwf/ agsf kf0G5 . ufo'a: t's} kngklf0fsf nflu clwst/ kxf8df a: gj eP klg gkfnlx?df nls, af, l, r' / lfg / leql dwj; sf lj leG 7fpdf ; do, df; d, Ct' cg; f/ ufl7 /Vgsf ; fy} a; flaf; ugl rng rnjsf xfl .

ufo'a: t'df /fluJofw / dxdf/L nfluof, afR5faR5L dg{ yfn, j Gwofkg a9g yfNof, klhg 36df, skflf0f a9df, ufl; sd xg uof / cklft d'qdf clej [4 ePg egj s'g] /flf; l, e'tgl, a9l, s'gogh: tf cdEns/l zIomsf klej k/sf dflG5 . o; ksf/sf ; ^s6af6 dI0m kfg / uflj zsf pgogsf sfdg ug{ lj zlf ltly, ldt, dlxqf, utl, j f/, cj ; / h: tf lglZrt lbgdf j flif's, iff0df; s, qdf; s j f df; s ?kdf k/Dk/fut lj lwk' s uf7sf khf ugl ul/G5 . o; h'0{ uf7khf elG5 . 8f6hl ; dhdf ; fpg, ebf/ c; fh ; ^mlltsf ; Gwofsndf o; ksf/sf khf ugl rng 5 . To; cj ; /df lj leG j g: ktsf af6sf rN7l agfP/ uf7 / ufo'a: t'sf z/l/df 5fp{5 a8l 5 a8l eGb}; fl rN7lnf0{ afx/ NofP/ 3/sf w/Ldf ldn'sf0G5 . : yfglo df6tf cg; f/ o; fl ug{ egf sf ufo'a: t'dfly cfpq ; Sgl ofj t'ksf/sf ; ^s6af6 dI0m kf0gl pkfosf cj ndag ug{ xfl .

uf7khf ubf{ klg s'nhkhd f h: t} j }bs, tflqas / : yfglo khf k4ltsf cg; /of ugl rng 5 . kfoM : yfglo k/Dk/f g} o; khdf ckgf0Psf kf0G5 . sltko 7fpdf kzwgsf gzf xg nfujsf lj zlf cj : ydf j }bs / tflqas khf lj lwsf k'ofu ul/Psf kf0P klg uf7khdf dhTl : yfglo khf k4lt g} Joj xfl/df Nof0Psf bjvG5 . ; gftg k/Dk/f cg; f/ ; DkG ul/g' hlj g ; +sf/sf ; fl/ j 6f ep xfnf lbgdf G6g agb} ; ldt eP efl uf7khfsf k'/fgf rng klg x/fpb} hfg nfujsf bjvG5 . ufo' uEf, ulf / ufoqlnf0{ wld's / ; f+sfts dxlj lbg ; gftg wdfj ndal ; dhdf nldkhfsf lbg ; flft dxnldl dfg/ ufo'sf ; fy} a: t'efps uf7sf ; dlt khf ugl rng 5 . To; } u/L odk-rsd} uflj 4g kj' sf lbg uf? / uf7sf khf ul/G5 . xfnf lbgdf gkfnl ; dfh ; x/ ahf/sf hlj g cyft\ gfu/ ; Eotfl/ p6dv agb} uPsf kl/kll od

jho6tl @ : #sft-c^s

uf0a: t' kfn] sfd x/fpb} hfg nfu]s] x'gfn] uf]7khf]s] k/Dk/f klg nfk
xib} hfg nfu]s] b]v65 .

^=lgisif

s'g] j : t' gfl; of, dfl; of, lalupf, /fjuoflwn] ; tfof, clt]i6,
cgf]i6, clgsn, ; nx, dxdf/L, eSdK, af9L, kx/f, csind]oh: tf
clg6x? cf0k/df b]j lbj] tf l/; fPsf, 7fg] / v'; L kfg: t]telQmsf
: t]qk7 ug] efsn ug] khk7 tyf wkbk, cfuf; Ksf] u/L kl8fdQmsf
pkfo ckgfpg] rng b]j t]k]tsf] l] z]f; s; ; Gbedf rn]sf x'g\ To; }
u/L s'g] j : t's] k]kt, l] j fx, ; G]tsf] h6d, b'36gaf6 qf0f, l] z]f
; kmntf, /fud]Qm, z]s]d]Qm sl6ktE tyf lx+ s h6t's] cfqmdOfaf6
aRg ; s]sf] cj : yf / ; v Pj+; G]f]sf 38ldf cfo]hg ul/g] c]g]7fg
j f rf8] f8nf0{ klg b]j lbj] tfs} cfz]l] fbs] kl/Ofd dfg/ : t]telQmsf
knfu uf0{ wkwkf/ tyf ldi7fg r9f0{ khk7 ug] rng rn]sf] x] . et,
k]t, wfd, emfml, afS; f, afS; l, 8f0gl, lkt] j'fo, d]f, ; lofd, d]wd,
; d]h, gfu, u'; j f, b]j tf afh, b]j tl aho; d; fgl, ed, v]n, vfofd^a
; lxtsf hfthft cg; /sf l] leG b]j lbj] tf, et]k] j f lkt?sf] khf
b]msi6 j f ; v; on b]j} cj : ydf dfg ; dhdf ul/b} cfPsf] kf065 .
s'nhkf, b]j fnl / uf]7khf klg o: t} c]qmdf rn]sf] kyf x] .

euj]g]zj, l] iof, /fd, s]of, euj tl, cfBf z]Qm b]j l buf] ej fgl
c]lbd .s; s] p]k; gf ug] p]rt x65l eg/ w/n] lh1f; f /fVb5g\
o: t] lh1f; f]s] pQ/ lbg] qmdf s'gh] Pp6fnf0{ t' s'gh] csf] z]Qmf0{
p]ts]i6 e6b5g\
o: t] l: yldf a14 Jofsn x65 . cfrf/e6f afx/
uPdf hit; 's' z4 j]bs afXdof eP klg .to; sf xftsf] hn ; d]t uxOf
ug{x]b]le65 . To; n]k/Dk/fut s'nrf/, Joj x] / tyf d]gotf cg; f/
g] s'nhkf, b]j fnl / uf]7khf ug] pkoQm x65 .

cfhsf] e]tsj fbl cfrf/ Joj x] /n] Jofkt ; f+s]ts ; fdlhs
hljgdf clt] la; g] / cf^gf klxrfgsf ; d: t ; q? 66/ Oltxf;
x/fpg] qmd lbgf]bg a9b} u0/x]sf] 5 . afxo j ftj /Ofd 5fPsf] wnf]w] f
/ cf] fhsf] kb]f0fn] dfgj hljgdf h; /L x]fg k'f0f/x]sf] 5 To; e6f
Hofb] x]fg cfh ; dhdf a9L /x]sf] ; f+s]ts kb]f0faf6 e0/x]sf] 5 .
; dh / b]zsf] Oltxf; lqdfOf ug] cfhsf] k: tdf b]v] k/]sf] of] kb]f0f
x6fpg klg k/Dk/fut d]nosf] dx]j h]g h?/L 5 .

k/]t]j]s, wld, ; f+s]ts, P]txf; s, ; fdlhs / k/Dk/fut
d]No, d]gotf, /lt, rng, c]l: ylt / l] z]f; s] ; r'gf j f h]gsf/L
sn, kl/j f / v]gb]gsf ; adf x'g' cf] zos 5 . o: t] s'f g h]g] x]f
eg] ; dh / /fi6s} nflu x]fg x'g ; Qm5 . l] z]f u/L snf, ; +s]t,
Oltxf; / k/Dk/fsf s'/f yxf x'g] x]f eg] ; dh / /fi6m} 6]Sgkg]
cfbz]s] wtl{ b]nfodfg x'g ; Qm5 . k'v]n] s7f/ ; fwgf tyf kl/>d u/
arfPsf rngs] c; n kl]s] ; -rf/ kl5sf] k: tdf g x'g' /d]f] d]fgb]g .

jho6tl @ : #sft-c^s

wtl{ lal; b]f, Oltxf; lal; b]f, k'v]f{ lal; b]f, ; +s]t lal; b]f, efiif
lal; b]f / ; dh lal; b]f eg] klxrfgsf nflu 6]Sg] / ; d]pg] cfwf/ ; d]kt
x65 / Jo]Qm tyf ; dh ; DkOf]lx; fan] g]f; 65 . ; f+s]ts kl]7eld Pj+
Oltxf; la; v j tdfgsf] dfg efu ug] Jo]Qm kl/j f / ; dh / h]ft efu t
ub5 t/ lgh]j eg] sfod ug] ; Q]g . ; Rrf kl/j f / ; dh / h]ftn]
lrGtdf Aole]v r]l]qsf] kl/rosf ; xfof In0{ hljgsf] ofaf ub5 .
xfn ; a] l]qdf kl/j tg ug] Ps k]sf/s] nx8 rn]sf] 5 . k/fgf sfd g
n]lg, z]9, c6w]j z]f; ; l] sf; s] j fws, unt rfnrng, ; fl, d]gotf,
kyf / k/Dk/fsf] nfk t]sn x'g kb5 t/ kl/j t]gsf gddf ; fdlhs
z]lgt, Pstf, ckg]j, d]ndnfk, e]t]l]j, k]dh: t] dx]j kOf] kl]fsf] Oltxf;
/ ; +s]tsf] ; d]ktnf0{ eg] /d]f] d]g ; lsb]g . gkfnl ; f+s]ts k/Dk/fsf
sltko d]fns / l]zi6 w/fx/ o: t} c]f]gsf s'/Of x]nsf lbgdf
; d]ktkfom e0/x]sf 5g\ l]gsf] ; #f0f, ; j 4g / ; ^sngdf ; a]sf]
Wofg c]slift x'g h?/L 5 .

ef/tdf c^a]hx?sf] lz]lf k4lt ; : y]lkt ePk]5 Ps c^a]hl z]f]s
of]ngsf/n] s]egsf lyP eg] /hgl]ts lx; fan] : j t]g eP klg ha; Dd
ef/tdf c^a]hl lz]lf k4lt / ; f+s]ts k]ef] /xl /x]g] 5 ta; Dd
ef/tlox? c^a]hsf bf; e0/x]g]5g\ lz]lf k4lt df dfg g eP/ ; f+s]ts
k/Dk/df klg ef/t] i]b k]rlg c]f] l]rGtdf s'f / ; +s]tsf] l] z]f]
dx]j ePsf]n] To; s] ; #f0fdf hf8 lbgkb5 elgPsf] x]f .

; Gbe(; fdu]s] ; rL

cfk6] lz] /fd -; Dk]bs_ -; g^e))&, wdzf: q sf Oltxf; , lbNnl M d]ftnfn agf/ ; L
bf; klAns]z; { k]fn=
sf0f, kf08/E j fdg -; g^((@, wdzf: q sf Oltxf; , kyd-k-rd efu, rty{ ; +s/Of,
nvgp, M pQ/ kb]z lx66L ; +yfg .
v]dsf, /fwzofd -; Dk]bs_ -@)^% , >ldbb] l]efuj t dx]k/fofd^dx]l]f] b]of; af/f k]p]t ,
t]tlo k]gd]of, uf]v]k/ M ultf]k] ;
k]7s, 06bd]of, -; g^e))^* , afXdof uf]q] nL, lbNnl M 8L-kl-al= klAns]z6; .
kf08b, k]d]l]Gbk] ; fb -@)^%&, ; +s]t gkfnl a]kt^zAbs]fz, bfE M d= #j = .
eS]rf0f r]q]z] / -; f ngstf] -; g^(&)_ z]Qm-bzgd] j f/f0f; L M r]f]Daf ; +s]t
; l/h c]fkm .
eS]rf0f tf/fgy -; Dk]bs_ -; g^(()_ j fr: k]Tod]k-rd efu, j f/f0f; L M r]f]Daf
; +s]t ; l/h c]fkm .
_____ -; Dk]bs_ -@)^% , h]l]ef: s/ , aDa0{ M v]d/fh >ls]Ofbf; .
ld>, hoz] / -; g^e))^! , k]rlg ef/t sf ; fdlhs Oltxf; , k6gf M laxf/ l]x]l uy
csfbd .
ld>, H]fnfk; fb -cg] fbs_ -@)^% , l]gOf] ; gw, aDa0{ M v]d/fh >ls]Ofbf; .
ld>, >l/fde]ghl -; Dk]bs_ -@)^%&, l]g]osdf-k]h]k]s]fz, af0f j f ; +s/Of, uf]
vk/ M ultf]k] ;
?k]v]t]l , >lx/ -@)^% , s'nb]j t]k]h]l]w, sf7df8f M ?k]v]t]l s'nsNofof k]ti7fg .
zdf /fOfk; fb -; Dk]bs_ -; g^(*^ , k]f]f0fs sfz, latlo ; +s/Of, j f/f0f; L M Tfg
d08n Inld68 .



djr|hfltsf lj j fx ; +sf/

-t|hk|sfz >|i7

ef/tsf| klZrd a^vfn, cf; fd cflb : yfgdf zj fj / af8f|sf| gfdn|
 ; d|t lrlgg| d|r| h|ft gkfn|sf| Ps cflbj f; L hgh|ft x|f. of| k|j f| rns|f
 em|kf lhNn|df| klxn|b|v cl: t|j df /x|sf| 5 t/ lj = # @) * ; fns|f
 hgu0fg|cg; f/ @% xhf/ hg; ^vof /x|sf|df @)% * sf| hgu0fg|df
 #&^# dfq b|v|f0P|sf| of| h|ft gkfn|df vxf; f|d|v / ; ldf|t cj : y|df
 b|v|G5 . xfn of| h|ft em|kf lhNn|sf| lj le|g al; u|f|x? / gu/k|fn|sf|x? df
 5|P/ a; f|af; u5g\ o; sf; fy; g; /L, df/E; ; kt/L lhNn|df| k|g of|
 h|ft|sf| a; f|j f; km6k|mb| b|v|G5 . d|r| h|ft|sf| kl/ro lbg|q|mdf| lhNn|
 lj sf; ; l|dt em|kf|sf| lhNn| kfz| {rq @)^# kl: tsdf| elg|Ps|f| 5-
 .em|kf| lhNn|sf| d|r| l gbl lsgf/ cf; kf; a: g| x|gn| of| d^vfn gZnsf
 h|ft|nf0| d|r| elg|Ps|f| x|f . of| h|ft|sf| ; Eotf af6| h|ft|sf| ; f|dkos|f|
 d|fg|G5 . d|r|x? s|x| j i|f| cl3; Dd lkm|G|t lyP t/ hEn / kl{ h|luf
 36b) uPk|5 : y|ol a; f|j f; ug{ y|n|sf xg\ e|g| 0|txf; sf/x? sf| egf0
 5 . k|s|t|k|hs log|x? agb|j t|sf| khf ub|5g\ e|g| c|k|mg|f| c|f|ug|df
 /f|k|sf| l; p8L|nf0| 0Zj /sf| ?k df6b5g\ . log|x? sf| e|f|ff e|f|ad|nl
 kl/j f/; lu ldN|b|f| 5 . log|x? nf0| af8f| k|g elg|G5 . l|

cfkmg| e|f|ff / c|k|mg| ; +s|t, c|k|mg| k/Dk/f / c|k|mg| ; +sf/
 /x|sf| o; n|f|sf|d|v tyf c|Nk; ^vos d|r| h|ft|sf| k|f|o|s 3/s|f| c|f|ug|df
 g|f|df|g|f| g|f|ds|f| khf3/ -h; nf0| dh3/ k|g d|fg|G5_s|f| k|f|t|k|f| af7f| elg|g|
 lzj hl : y|k|g| ul/P|sf| x|G5 . of| p|g|x? sf| d|f|ns ; f+s|ts tyf w|ld|s
 k/Dk/f g| x|f|.

of| h|ft|n| h|6db|v d|f|okof|t lj le|g ; +sf/x? ckg|f|pb| c|f|Ps|f|
 5g\ . gkfn| ; d|f|hd|f| k|rlnt To: tf ; +sf/ d|r|x? n| k|g k|ngf| ub|
 c|f|Ps|f| b|v|G5g|t/ ; +sf/ ; -r|ng| ug| lj lw tyf z|hl e|g| c|f|g|
 lsl; dsf 5g\ tl d|wo|lj j fx ; +sf/ k|g Ps dx|j k0f| ; +sf/ x|f| dfq|
 hlj gdf . d|r|x? k|g lj j fx ; +sf/nf0| c|k|mg| t|/sf / c|f|g| z|hl|df
 ; Dk|G| ug| u5g\ dh|M d|r|x? c|k|mg| h|ft|leq g| lj j fx ug| r|f|p|5g\
 a; 'dyf/l, g|fl|x|f/l, d5xf/l c|flb c|k|mg| lj le|g y/x? sf| alr|df lax|af/l
 r|n|p|5g\

d|r| ; d|f|hd|f ; ^g|g|nf0|g|f0g|lx|f| -dful lax|, b|v|f6g0g|x|f| f
 -r|f|l lax|, l|x|gh|f|x|dg|f0g|x|f| f -l3Rof0 lax|, 8fE|f|f lax| -lj w|f|n| g|of|

n|f|g| k|N|g| lax|, /f68fx|f| f /f68lx|f| f -lj w|f| lj w| lax|, ufj 0y|f0g|x|f| f
 -3/Hj f0f lax|, vf; p|g|f0x|f| f -s|6f|sf| 3/df hah| tl s|6l k: g| lax|
 c|flb lj le|g k|sf/sf lj j fx k4lt k|l|ng|df 5g\ . To; d|wo| p|g|x? sf|
 lj z|f| k|sf/sf lax|df l|x|gh|f|x|dg|f0g|x|f| f, vf; p|g|f0x|f| f / 8fE|f| f|x|f| f
 c|flb b|v|f|k5g\ l|x|gh|f|x|dg|f0g|x|f| f -l3Rofp|g| lax|df s|6f|n| dg k/f|Ps|
 s|6l|nf0| hah| tl l3RofP/ n|f|g| ul/G5 . o; df s|6l|sf| s|g| c|g|d|t|sf|
 c|f|j z|ostf d|fg|G5 . To; n| s|6f / s|6l|k|f|df em|8f k|g x|g| u|/sf|
 k|f0G5 . vf; p|g|f0x|f| f e|g| l|x|gh|f|x|dg|f0g|x|f| f|sf| 7|s pN6|f| x|f . o; df
 s|6l Ps c|d|v|f|f| k|g| l|n|P/ u0{ .c|f|h|b|v d t|/f| e|p| e|6b| dg k/f|Ps|f|
 s|6f|sf| 3/df hah| tl k: g| ul5g\ o; /L s|6l 3/ k|j|z u|/k|5 s|6f
 k|f|df v|Nan| g| d|lR|G5 . ol b|j| k|sf/sf| lax| k4lt|df d|f|v|n| -uf|p|a9f|
 / /h|f|sf| d|wo: y|t|f|n| dx|j k0f| e|l|dsf l|g|f| x|f ub5 . 8fE|f| f|x|f| f e|g|s|f|
 n|f|g|s|f| d|f|o' e|p|k|5 3/ / afnaR|f|sf| x|/r|f| x|f lj w|f|n| c|s|f| lax|
 u/L klxn|s| k|t|sf| 3/df s|6f /Vg' x|f . ufj 0y|f0g|x|f| f e|g|s|f| 3/Hj f0f
 /Vg' x|f . o: t|f| lj j fx k4lt d|r| ; d|f|hd|f ; xh ?kdf : j|s|f|/P|sf| k|f0G5g\
 dful lj j fx cy|f|t\ ^g|g|nf0|g|f0g|lx|f| f lj z|f|f| k|sf/sf| x|G5 . o: t|f|
 lj j fx df w|f| /l|t k|f|of|p|g|k|g| / w|f| v|r| x|g| x|b|f| d|r|x? c? ; l|hnf|
 lj j fx k4lt|t|k|f| c|f|s|6 x|b| u|P|sf| b|v|G5g\ ty|f|k| d|r| ; d|f|hd|f| dful
 lax|s|f| k|l|ng| x|6; s|s|f| 5g . a? ; do / kl/l: y|t|cg? k To: t|f|
 lj j fx df w|f| kl/d|f|h|t e0; s|s|f| k|f0G5 .

/f|f| l|g; h|fn d|r| -c|f|of|/L sf cg; f/ s|6f|sf c|f|d|f|j|n| s|g|
 3/df s|6l 5 e|g| y|f|x|f| k|f|P|k|5 uf|b|f| -nd| nf0|; f|l|g k7f|p|5g\ uf|b|f|
 uP/ s|6l k|f|nf0| ; a) s'/f ; g|f|p|5 . s'/f ldN|gh: t|f| e|P|df r|lnc|f|Ps|f|
 r|ng|cg; f/ # h|g|f| c|f0df0| / @ h|g|f| n|f|g|d|f|G5 -uf|g|v|g_ uP/ j|g|f| ug|
 c|f|Ps|f| of| k|; f lbP/ t|k|f0|sf| 5f|/L l|s|6f| e|6b| P|p|6f 8an -l; S|s|f|
 af7f|df r9f|p|5g\ . To| l; S|s|f| l|k|mt|f| ul/Pg e|g| s'/f ldn|s|f| 7f|g|G5 .
 s|6l d|fl|g h|f|b| af/lv|t|f|p|l n|f|g|k5{h; df h|f|e|08f/l -/S; l af8g| df|G5|
 uf|x|e|08f/l -k|f|g ; 'k|f|l af8g| df|G5| / c? JolQmx? k|g h|f|g|k|b5 . b0|
 f|of|Dk| /S; l, r|dn, k|f|g; 'k|f|l c|flb ; fy) n|f|g|k5{ . o: t|f| q|nd| t|g| r|f/
 k6s g|b|f|x|f0f0G5 . af/lv|t|f|p| ub|f|f| # k6s af7f|3D|g| ul/G5 . s|6l k|f|nf0|
 h|f|B/S; l l|b|b| gd: sf/ ug|k|b5 . w|f| 5n|k|n| x|G5 . af; sf| d'/n|, ; f|/|
 k|; f c|flb d|f|u x|G5 . n|g|b|g|; Da6w| af|b|j|f|b x|G5 . ux|g|f| s|l|t
 Nofp|g|, af|h|f|uf|h|s| Nofp|g|, lj j fx s'g| dx|g|f, s'g| lbg| ug| e|g|/ l5g|f|k|f|g|f|
 x|G5 . s'/f ldn|k|5 lj j fx sf| n|f|u ; Dej t|M dEnaf/sf| /f|t uP/ awaf/
 Nofp|g| r|ng 5 . o; ; Gbedf ox|f d c|k|n|; xeful /x|sf| d|r|x? sf|
 dful lax|s|f| Ps em|s k|: t't ug| ; f|6b|e|s g| x|g| 7f|g|s|f| 5' .

To|f| lj q|nd|sf| @)^\$; fn j|z|v #) ut|s|f| 3df0n|f| lbg| lyof| .
 em|k|f|df udl|sf| c|g|ej k|g a9b| lyof| . x|f|d| d|r|l|g|/ gu/k|fn|sf|sf|

jho6tl @ : #sft-c^as

j8f g+!# sfl hf/l; dn, cfofaf/lst :j= vn|b dlr] / lgxf/l dlr] -\$\$_ sf 5f/f ; 'o{dlr]-@&_ sfl lj j fxdf laxfg) ; xeful xgkufs lyof]. wdfwd lj j fxsfl tof/l xb) /x|5 . laxfgb|v 3fd rslb) lyof]. Psft/ eflhet/sfl t/v/ xb) lyof] eg] csftk| h6tl hf] ; /; f/ sl; b) lyof]. eflhet/sf nflu af/lst kf6df al4nfn dlr]-sfn'_ k; fb dlr] cflb dlr] oj fx? ; u/ sf6g -3flr/ dfgl, kflNg -dlstln 5sb) aflnPsfl bfp/fsfl sk6df/fl hu/ / /f|k|n/x|sf_ / df; '6qm0/x|sf lyP . cflugdf sxl dlxfx? t/sf/l shfpg, eft ksfpg ; 3f0 /x|sf lyP . oj foj tlx? eflhet/sfl hfxf] ug{ c|kmgf] hf|u/ vlr{/x|sf lyP . Toxfsl j ftj/Of lj j fxd0 a6b) lyof].

/flhf lg; nfn dlr]sfl ; dx h6tl; lu nfgkgf.dfo?^avfl -ef/_ agfpg tNnlq b|v|y| . b0f 6f .dfo?^avfl -ef/_ agfpgkbf| /x|5 . Pp6f dfo?^avfl df bj]t/ hf8sfl 36f| /flvb) lyof] eg] csftk| Psft/ hf8sfl 36f| / csftk| lk?E|df s|/sf] kftdly rfdn, ; kf/L, kfg; d|tsfl kf]sfl kf|/ /flvb) lyof]. dfo?^avfl agfpg klg szn xftsfl cfj Zostf kbfl /x|5 . hf] sflxn] agfpg g; Sg] s'/ ; 'gfp|y| . h6tl lx8g|6bf klxn] 3/k5f8 /flhf lg; 'nfn / sfn] dlr]n] Pp6f c08f / Pp6f rNnf ; d|tsfl anl khf u|/ ; G; f/L d65fP . To; k|5 cflugdf :yflkt af7f|khf u/L b'nfxf c6dfpg] sfo{eol] . b'nfxfnf0{ ; a) gftbf/n] 6lsf nuf0 lbP . cfd lgxf/l dlrn] ; a6bf klxn] 6lsf nuf0 lb0g\ . To; k|5 ; a) h6tlnf0{ lg6f gblsf] klZrdl lsgf/df cjl:yt b'nxlsfl 3/ klg gblsf] lsgf/ lsgf/ sl/a kf]j 306f nll0f] . hf|/; dn j faf/L j 8f !@ sfl klZrdk\$| /x|sf] To; uf0sf vflsl dlr]-\$) / r|gnfn dlr]-%@_ sl 5f/l b'nxl /g'sf dlr]-@)_ lng h6tl Toxf kufs] lyof] . : j futaf/df g] h6tlnf0{ / fls0f] . b'nxlk|sf s6lx? -; fob Aofxn|sf lbbalxgl_n] af6f] 5|s] . 8f]8f]nfggl elgg] To; af6f] 5|sf0df l9nf] cfPj fkt h6tl]n] hl/j fgf ltgkgf /x|5 . Toxf j flj j fb eol] . hlt; Sofl w|/ /sd c; Ng s6lk|f hf8 lb6y] eg] h6tlk|f ; se/ yf|/ ltg{ rfx6y| . k|5 sxl /sd lbP/ anhkml h6tl cufl8 a90f] . b'nxlsfl 3/ tlq knsf] nufPk|5 af7f] cufl8 .dfo?^avfl la; f0of] . .dfo?^avfl l7s; lu NofPsfl 5 5g egl s6lk|fsf /flhf kfunt; n] hfir ug|yfn] . af68|a8fa -dfo?^avfl v|Ng] sfo{ ubf|uf7f] ; N6f] / pN6f] x|/b|/x|5 . pN6f] ePdf s6fk|fn] hl/j fgf ltgkbf| /x|5 t/ /flfn] .dhf^a bj f0l -/fd] eol] egl .dfo?^avfl -ef/_ :j|sf/ u| . h6tl 3/cflugdf kufs] sxlj/k|5 :j o|a/ sfo{ ; ? eol] . of] klg k|5 ylkPsfl ljw /x|5 . af7f]sfl cufl8 plePsf b'nfxfnf0{ b'nxln] tlqk6s kl/qmdf u/L dfnf ck0f u/L 9flu ul/g\ To; k|5 Toxf 3/ufph|tk|af6 bf0hf] lbg] qmd rin/Xof] . bf0hf] lbgnf0{ . bfgl elgbf] /x|5 . .bfgl p7fpg vftkftf; lxt Ps hgf a; |sfl x|b| /x|5 .

jho6tl @ : #sft-c^as

sxl j|k|5 b'nf b'nxlnf0{af7f]sfl gh|s}a; fP/ 6lsf|6fn] sfo{ ; ? eol] . /flfn] khkf7 u/L b'nfxf b'nxlnf0{ 6lsf nuf0 lbPk|5 cfdafah] 6lsf nuf0 lb6) 5f|lnf0{ bf0hf] lbP . Pshf8l afR5L klg bf0hf] lb0of] . To; k|5 qmdz|gh|ssf gftbf/x?n] 6lsf nufpb) bf0hf] lb6) uP . s; |s; n] aQl 3'df6b) .x'n'n| zAb lgsfnl cflzif lbP . of] k/Dk/fnf0{a9fa9ln] arf0/x|s} b|vof] .

csftt/ eflhsfl qmd rNb) lyof] . 3/ufph|x?nf0{ eflh v'j fpb) lyP . /flhf?nf0{/S; L / df; n] :j fut ul/Psfl b|vof] . 6lsf6fn]sfl sfd ; lPkl5 dfq h6tlnf0{vfgkfg u/f0of] . lj j fxdf bfn, eft, cfn'- a6bf cflbsfl t/sf/L, ; 'aW/sfl df; ; nfnf -; 'aW/sfl df; 'df /utl ld; fPsfl, gg v'; fgl, df5f tyf hf8/S; L eflhsf kl/sf/ b|vP . vfgkfg ; lsb] g; lsb) b'nxl c6df0of] . h6tl ; lu; lu b'nxlk|af6 .nfv6tl| elgg] ; dx cyft'3/ ufph] b'nfxfsl 3/; Dd}k'ofpg cfp . o; ; d'xdf klg dlxf, k'zif tyf s6fs6lsfl ; xeflutf /fd| lyof] .

b'nfxfsl 3/df k'uk|5 :j fut ub| h6tl / n|s6tl; d|t b'nfxf b'nxlnf0{3/ cfluge6f aflx|/fls| /flvof] . /flhaf6 3/ k5f8 ; G; f/L 9fu] . af7f]sfl cufl8 b'nxfn] b'nxlsfl; pb|df l; Gb| /flv|bof] . b'nxln] b'nfxfsl uf8df 9flu ul/g\ To; k|5 s6fn] s6lk6|sf gftbf/nf0{ 9flu] eg] s6ln] s6fk|sfnf0{ 9flug\ . tlgtlg k6s xftn] 9flu u/L ; a) JolQmsf] gddf klg 9flu lb0g\ o; nf0{ ; f0gf|km|fpg]-wd{af7f]v'n'dgf0{ elg65 .

b'ph^a vbgf0gl| elgg] sfoqmd ; ? eol] . o; sfoqmdcg; f/ cflugdf af7f] cufl8 b'nfxf / j /k/ b'nxlk|fsf ljz|6 JolQmx? n: s/ a; j . ; a6bf klxnf b'nxln] b'nfxfsl yfndf eft kl: s0g\ . To; k|5 c?sf] yfndf klg eft k: sb) u0g\ bfp bfpe?E -af7f]df sfl6Psfl sv/fsfl df; _ klg afl8g\ b'ph^a vbgf0gl| eg]sfl eft k: sg/x|5 . df0tl 3/ 5f8| c|kmgf] 3/ cfPk|5 b'nxln] ; a6bf klxn] eft k: s/ vfg lbgkgf k/Dk/f /x|5 . b'nxln] eft kl: s; s|k|5 b'nfxfsf afah] b0{ afltn /S; L, yfndf sxl rfdn, k; f, snz, ; kf/L b0{ j 6f / lbof] aQl afn/ b'nxl klfsfl d'nlsfl cufl8 /fvb) .en'r's eP dfkm x|; l'egl dfkml dflgkgf k/Dk/f lgj fx ul/of] . b'nxlk|fsf d'nln] khf u/L hf8 /S; L / k; f :j|sf/ u/L /S; L nfv6tlx?df afl8of] clg .nf] vfgxf]; l' egk|5 dfq .b'nfxfn] vfg ; ? ugkgf| klrng /x|5 . To; k|5 ; ah] x|f; lv'; L eflh vfg] ubf| /x|5g\ o; sfoqmdaf6 b0{ kl/j|f/ Ps ePsf ; 'a|t u|/sf] cfef; lbb| /x|5 .

b'nxlk|af6 c|Psf ; a) .nfv6tl|nf0{ eflh Vj fPk|5 labf0df b'nfxfsl cleefj sn] b'nxltn|sf dh JolQmsf ; fd' ; 'aW/sfl 6fPsf / /S; L k; t't ug{ k/Dk/f x|f . To; /L k; t't ubf{ s'g} s'/f ldn] eg]

j fblj j fb r s b f l / x j 5 . o ; k 6 s k l g ; u / s f l 6 f p s f l 7 f 8 f l a ; l g e g l s x l a / l s l r s r e o f l . l r Q a e m P k l 5 n f v G t l x ? n f 0 { k n l / / S ; L a f f 8 o f l . l a b f j f / L - p 7 d a j 7 h f l ; x g j a h f d f n f v G t l x ? n ; u / s f l 6 f p s f l / p d f v f l / - ; u / s f l c f 7 j 6 f s / a l k 7 d d f a f s l / g f r u f g u b l l a b f x l b f l j j f x s f l j f t j / o f e m g r l d s o f l . T o j ; u / s f l 6 f p s f l / s / a s b f k l f n l b g k g l g k g l s / f s b l d f l g h f b f g j t o x g j / x j 5 . ; f l 6 f p s f l / s / a e f l n k N 6 s b l s f l 3 / d f n f v G t l x ? n f 0 { v j f p g k b f l / x j 5 h ; n f 0 { x f j f n f G h f 0 { e g b f / x j 5 g \

o f l j j f x s f l k l o l f c j n f s g a f 6 s j : k i 6 e o f l e g l d l r x ? n l c f ^ g f k / f g f l j l w j w f g x ? d f w l } k l / d f h g u b l c f P s f / x j 5 g \ l j l e g j j f x o k l e f j / c f w l g s t f s f s f / o f n l ; + s f / s f k f r l g : j ? k r f v f ? k d f a R g ; s s f l k f 0 P g . o ; } q m d d f k l / d f h g x b } u P d f d l r x ? s f l c f ^ g f l ; + s f / ; + s l t / l j l w j w f g s f k f r l g : j ? k n f k g j x g j x l l s e g j c f z ^ a s f p A h G 5 . c f k m g f l h f t l o c l : t j h f u f p g k l g c f ^ g f d f n s k / D k f / / ; + s l t s f ; a n / ; s f / f t d s k l f n f 0 { a r f 0 / f v g d l r j h f l t h : t f ; l d f t s l t h g h f t t y f c l b j f ; l x ? n ; f R g k g l a h f l a i t ; s s f l t 5 g < d g g l o 5 .



gkfn-; flxTo ; dfhsf p2Zoxà

!= 'zlb; fu/ ; Ddfgl/ ; j ; Gt-/fwf kBsfo k/:sf/lbf; fy;xqsdfl/L-lbjfs/ ; dfh; Jf ; Ddfglbf] loj :yf .

@= ljz4 ; flxto; Jf .

#= gkfn-jzhf ; flxtosf/ ; dfh; Jf, snfsf/ cflbsf] klxrfg u/L Itgsf hijgl ksfzfg ug] / Itgsf]gddf ; Ddfg, k/:sf/sf]loj :yf ug].

\$= gkfnl efiif ; #sft, ; flxto, snf, lj1fg cflbsf cdNo cg; Gwfg-ufyxZsf] ksfzfg ug].

%= bZsf sbf-sbdf /xsf pkoQm ljifosf cuh JolQmj xZnf0{; Ddfg ug].

gkfn-jzhf n'ssf lj lzi6 JolQmj -wfid\$, ; fdfhs, /fhgllts, P]txfl; s, :j f:Yo, lj 1fg l f q _ s f] g f n l a h l , h i j g l j f h f g s f / l k 7 f 0 { o ; p t s [6 s f o d f x f t d f n f] u / f }

gkfn-; flxTo ; dfh

; Dks{
zAbfy{k\$zfz

\$\$(&#%!)÷(*\$!-!\$\$%!)

email:nepalvinaya@gmail.com

!= e)^*sf]j ; Gt-/fwf kBsfo k/:sf/lbf ; Ddfgt JolQmj M18Nnl/dof zdf{cHofn .

@= e)^{sf] , , , , u af6 ; Ddfgt JolQmj M k ? i f f Q d l ; U b h t y f u f l j G b / f h l j g f b l .

#= e)^*sf]xqsdfl/L-lbjfs/ ; dfh; Jf ; Ddfglbf6 ; Ddfgt ; #yf M k P j f g b c f > d .

\$= e)^{sf]xqsdfl/L-lbjfs/ ; dfh; Jf ; Ddfglbf6 ; Ddfgt ; #yf M l r ; f v f h f c f > d .

bz}+ / To; ; lu uff; Psf bj l / sf7df8f}sf d7dlGb/x?

8f= kgd /fHonIdl /f0ff

o f l T o ; ; d o s f l u f y f x l , h a b j l b j t f k y j l d f q m 8 f u b y l . P p 6 f c ; / h ; s f l g d d l x i i f ; / l y o f l , T o ; n l 7 h f l t k : o f u f o f l / ; l i 6 s t f l a x d f a f 6 j / b f g k f o f l h ; c g ; f / p ; n f 0 { s g } k l g d f g j , b f g j o f b j t f n l d f g { ; D e j l y P g . T o ; k Z r f t \ p ; n l t l g } n f s d f l j W j z d R r f o f l . T o ; s f l T o ; l j W j z a f 6 t l g } n f s s f l ; f y ; f y } e u j f g \ 0 G b l k l g q l x d f d - q l x d f d e g y f n l .

t l g h f s s f l o : t f c j : y f b j v / b j l k f j t l n l b u f s f l ? k w f / o f u l / g \ c l g d l x i i f ; / ; l u 3 g 3 f l / o 4 e o f l . (l b g ; D d o 4 e o f l / b z } + l b g d f d l x i i f ; / n l / f u f s f l ? k w f / o f u l o 4 e l d d f c f p b f b j l b u f n l P s k 6 s d f / f u f s f l 6 f p s f l s f 6 l d l x i i f ; / j w u l / g \ o ; o 4 n l k f k d f l y w d s f l l j h o h g f p b 5 .

g f j l b g ; D d g f j b j l x ? s f l ? k s f l k h f u l / G 5 , h ; n f 0 { g j b u f e l g G 5 t l b j l x ? s f l g f d l g D g f g ; f / p N n j v u l / P s f l 5 M

klxnf] lbg

z j n k ' q l M h ; s f l l z / c w f r G b l n l ; ' z f l e t 5 . p g l g G b l d f l y l j / f h d f g x l G 5 g \ . x f t d f l q z h l n P s l x l G 5 g \ . p g l b u f s f l k l x n f l c j t f / x g \ . h a p g n l x d f n o s l 5 f l / s f l ? k d f h G d l n P s l l y 0 g \ . p g n f 0 { z j n k ' q l e l g G 5 .



bfj; f] lbg

a X d r f l / o f l M o ; ? k d f p g l a X d r f l / o f l x g \ p g n l x f t d f h k d f n f / s d 0 8 n ' l n P s l x l G 5 g \ p g l a X d : j ? k l x g \ o f l ? k d f t f k j t l s f l l j j f x c u f l 8 a X d r f l / o f l c y j f o f u l ? k l c y j f t k l : j g l ? k l ? k d f l g G 5 .



tj; fj lbg

rGb|306f M o; ?kdf pgl af3 dflv r9|sl xlg5g\ o; df pgsfj
pu|?k b; f0G5 . pgnf0{ o; ?kdf .rGb|306fll elg65 . pgsfj lz/df
cw|fGb| c^st xG5 h'g 306?kl b|vG5 .



rt'y| lbg

s'idf08f M o; ?knf0{ rty|?k elgPsfj kf0G5 . pgsfj khf rfyfj
lbgdf ul/G5 . s'idf08f dftf bufn| b0f| 6f /utn| el/Psfj 3b|f lnPsl
xlg5g\ pgsfj xftdf sdnsfj k|th klg b|vG5 . pgdf a|Xdf08 ; dfPsfj
xG5 . pglaf/f rGb| ; b{ / c? u|xx? lgdf0f ePsfj eGg| s/f klg
sltko u|fydf pNn|v 5 . pgl'n| cfknyfj k|r08 zIQm ; b{ fu ldnfP/
o: tf| sfo{ ; Dej eof| elg65 .



k-rd lbg

: sGbdftf M o; ?kdf pgl'nf0{ : sGbdftf cyjf s'df/ sft{sb|sl
cdfd elg65 . l; xdf lj /fhdfg ePsfj pgsfj xftdf sdnsfj k|th lnPsl
xlg5g\ o; ?kdf pgl'nf0{ s'df/ sft{sb| cyjf : sGbs'df/sl dftf
kfj {lnf0{ : sGbdftf elg b|z|sfj kfrf| lbgdf khfcfhf ul/G5 .



5|7f lbg

sftofogl dftf M o; ?kdf pgl l; xdf lj /fhdfg e0{xftdf .rGb|xf; U
cyj ftnj f/ lnP/ /f|f; x?sfj ; xf/ u/v dfg| hftsf|enf0{Pj +sNofof
ug|xG5 eGg| efj gf b|vG5 . dftf kfj {ltsf| of| ?k Clif .sftofoll sfj
cf>ddf h'gdlnPsfj eP/ pgnf0{ dftf sftofogl elao|f . padf zIQm
a|Xdf, lj i0f / dx|zaf6 k|fkt eof| .



; ktd lbg

sfn/flq Mof| ?k b|j l ; /: j t|sf| pu|?k; fu ; Dal6wt 5, x|b{g| 8/
nflub|, 7hf cf|7, /ftf 7hf cfMf, sfn| /u, lhE|/E ePsfj skfn ePsfj
o; ?kdf pgl clt g| eo^s/ / 8/nflub| b|vPsl l5g\ : sGb k/f0f
cg; f/ b|j ln| cfknyf| uf| j Of| Toful sfn| ?k lnlg5g / o; /L pgsfj
sfn/flq ?k h'gdof| .



cf7f lbg

dxufyl M o; ?ksfj khf cf7f| lbgdf u/|sf| b|vG5 . o; ?kdf
dftfn| ; |tf| /^sf| ; i9| dflv lj /fhdfg ePsfj b|vG5 . o; ?kdf pgl uf/
j Of| ePsl, zft; ; |tf| j : q klx|Psl l5g\ : j R5, klj q / of| ?k dftf
kfj {ltsf| !^ j if{ clj j f|xt ?k x|f| .



gj fj lbg

l; l4bq|l M o; ?ksfj khfcfhf bz|sfj .gf| lbgdf ul/G5 . o; ?ksfj
khfcfhf l; 4, uGwj { olf, c; / / b|j x?n| u/|sf| b|vG5 . o; ?knf0{
lzj n| khf u/|sf x'g\ o; ?kaf6 c4gf/LZj /sf| c|wf zIQmsf| ?kdf
klg b|vG5 .



bzdl

bz}sfj lbgdf dftf bufsf khf cfhf ul/G5 / To; lbgf lbg v'; lofnl dgfpg dfoghx?; u l6sf nuf0{hd/f klx/L zesfdgf kbfq ul/G5 . o; pKtosfieg bz}rf8sf}gf}lbg; Dd eQmhgx? lj le6g blj L kl7x?df khfcfhf ug{uPsfj b}vG5 .

dVo kl7x?

!= **zlef euj tl** M of lj i0fdlt gblsfj lt/df cjl:yt 5 . o; sfj k/fgfj gfd æ; feflo euj tlæ xj . hg kl5 uP/ ckelz eP/ æzlef euj tlæ eofj . of dLgb/ lnR5lj sfndf agsfj lyofj . o; dLgb/sf blj ln}xfldleqsfl .cxdxsfj lhf0{x6fpb5 . gj /lqsfj ; dodf eQmhgx? o; dLgb/df bzg ug{cfp5g\

@=**gS; fn euj tl** M o; nfo{ .euj tlaxfnl klg elgG5 . o; dLgb/ sl blj lnfo{ .dbgl klg elgG5 . o; sfj cy{ .; xf/stfl xj . eQmx? bz}sfj ægf lbgleq o; blj lsfl bzg ub5g\ . oxff hfbf elQmfj n} hfgkb5 elgG5 . xfn}df o; dLgb/sf k'glgdf ePsfj 5 . lj Zj f; cg; f/ gS; fn euj tLsfj dlt{ knfgrfs euj tLsfj dlt{ gfnf euj tl / zlef euj tLsfj dlt{x? Ps} dlt{sf/áf/f agf0Psfj xj .

#=**uXozj/L dLgb/** M of kzkltgfysfj glhs} afudtLsfj lsgf/df cjl:yt 5 . of dLgb/ æ; tl blj læ cyj f æ; Toj tlæ; u ; Dal6wt 5 . ; tLbj lsfl dLfo' kZrftVzj n} pgsfj z/L/nfo{ lnP/ wj} 7fpdf 3Dbf, lj le6g c^au 7fp 7pdf v: of . To; dWoj .ukt c^au cyj f .uXo eful oxff v: of / o; nfo{ .uXozj /L elgoj . bz}sfj gf} lbgdf o; dLgb/df eQmhgx?sfj el8 xG5 .

\$=**dLbj l dLgb/** M of blj lsfl dLgb/ l8Nnlahf/ glhs} 5 . o; dLgb/nfo{ k'wfgdgql rGb} zDzj/áf/f agf0ofj t/ o; sfj cj zljf lnR5lj sfnsfj xj elgPsfj kf0G5 . oxffsl blj l .wgsL blj l nldw x'g\ dLbj l dLgb/nfo{blj Lx?sfj .df0tlw klg elgG5 . o; dLgb/df klg bz}tsf eQmhgx?sfj el8 xG5 .

%=**sfinsf: yfg** M of l8Nnlahf/af6 cgdgu/ hfgaf6fdf cjl:yt 5 . of ; fgf dLgb/ eP klg o; df cjl:yt blj l ; fx} zLQmdfgV5g\ .syg cg; f/ ha .sfjzs blj l k'j tLaf6 ?k lj oTKG e0gVto; ; do pgsfj /u sfnfj eofj h; nfo{ .sfnlw elgoj . lognfo{ clDasf klg elgG5 .

^=**a^aknfdvL** M of dLgb/ kf6gdf cjl:yt 5 . o; nfo{ .kltfDa/ lj Bfl cyft\ ; vM zflGtsl blj l elgG5 . oxff cjl:yt ; a} blj l blj tfsfj eQmhgn} kl/qmdf u/df ## sfj6 blj tfsfj khf u/ ; dfg dflgG5 . bz}df a^aknfdvLsfj khf u/df sNof0f x'g} lj Zj f; 5 .

&=blf0fsfnl M sf7df8faf6 @@ ls=dLsfj b/L knkEdf of dLgb/ cjl:yt 5 . of .sfnlw?kl blj lsfl dLgb/ xj . of dlt{ sfnfj 9^aufdf agsfj / blf0fdf ePsfj} o; nfo{ .blf0fsfnl elgPsfj xj . c? lbg zlgj f/ d^aunj f/ hgj /sfj aln ul/G5 eglgj /lqdf b}gs?kdf hgj /sfj aln r9f0G5 . o; blj lsfl dLgb/df gj /lqdf glhs} Pj +6f9f-6f9faf6 eQmhgx? bzg ug{cfp5g\

*=**ebjsfnl** M of dLgb/ zxlbu6 glhs} cjl:yt 5 . of sfnl dftfsfj dLgb/ xj . k'rlgsfndf /fhfn} cfkn} cfp/ khfcfhf k'fygf ub5y} . xfn}df klg gkfnl ; gfn} ebjsfnl sfj k; fb lnPk15 dfq bz}khf z? ub5g\ .syg cg; f/ pgl lzj hlsfj pQ/ d'vaf6 pTKG e0g\ o; dLgb/nfo{ .nd/xl dLgb/l cyft' sfnsfj ze ?k dflgG5 .

(= ; **a^s6f** M of dLgb/ Gof8 glhs} 5 . .; a^s6fl ; +sft zAb æ; a^s6faf6 lg: s}sfj xj . .; a^s6f blj lhl ; a} ; a^s6 gfz ub5g\ . k'rlg sfndf o; sfj 7hfj dxlj b}vbg t/ /fhf g/ib} blj n} o; dLgb/ df u0{ khfcfhf u/ kZrft' of dLgb/sf dxlj a9df . gj /lqdf k'f0s lbg oxff /lqkhf ul/G5 .

!)=**tnh'** M klxnfj dNn /fhf /Tg dNnn} o; tnh' dLgb/sf lgdf0f lj = * !%)! df ePsfj xj . tnh' dxfgj dldf dfq vNb5 . dxfcidldf oxff!) * /fuf, afjsf, xff; sfj kln cfb r9f0G5 . of k/Dk/ f wj} klxn} v g} rincfPsfj xj .

o; /L bz}df eQmhgx? gj bufsfj khfcfhf u/L pKtosfsfj lj le6g kl7x?sfj bzg u/L ; v zflGt tyf ; j4sfj sfdgf ub5g\



s} tkf0f nfo{ yxf 5 <
zAbfy{ k}sfzgn}
zAbsfz, ; dfnfjrgf, cWofTd / bzg,
lga6w-k'la6w, pk6of; , syf, slj tf,
afn; flxTosf k': tsx?sf ; fy}
: s'n / a}l8^asf kf7ak': tsx? klg
k}sfzg u/}sfj 5 lg ũ

rf8-kj { M ; +s|t / 0ltxf; s|f ld>0f

-j ; 6ts'df/ zDdf{ gkfn

j|bs o'ub|v rNb} c|Psf gkfnl ; +s|t / 0ltxf; s|f p|hofnf
 v08x?nf0{ ; +s|t|enf ut| / af/x?n| ; ldf°g ul/Psf /fd/df0nf
 sfdx?nf0{ xfdln| rf8 eGb} cfoff / dfgb} klq cfoff To: t| k'glt ltly
 ldltn| ; ldf°g ul/Psf lbg / sfdx?nf0{ kj{ elglbg yf|Noff / dflglbg
 klq yf|Noff . c|knt' ldaj u| e|nf eP/ uR5|cg; f/ afB-rB / vfglkg
 ul/g|lbgnf0{ rf8s|f ?kdf dfg yf|Noff . lj ho|bzdl Ps bl|6n| kj{ x|f
 cs|f bl|6n| rf8 x|f . c|Wofl|ds p2|Zon| z'e ltly kf|/ khf-c|fhf
 ul/g|P|txf| ; s k|f7el|ds|f kj{ lbgnf0{ rf8 elglbg yf|Noff M:h: t|f : d|t
 lbj ; >f4 lbj ; . klxnf| kj{ / b|f; |f| rf8 x|f . ; a|ym|6t ; a) kj{ x|f t/
 >fj Of / df3s|f ; a|ym|6t rf8 klq x|f . j|zfv ; a|ym|6t clxn|; Dd kj{
 dfq blv65 . ha j8f lbg dfgb5f; p|f ; j dgfp5f} rf8 klq x65 .
 b|j fnl b|j } cydf ldN5 / lbj fnl klq b|j } cydf ldNb5 .

gkfn c|lbsfnb|v legb|legb| ; u/ lzv/ yfu/ v|f| , ukrf,
 kn|S / kn|6x?n| lj lj wtdf lj sl; t ePsf k'0oeld x|f , sdeld klq x|f,
 /f|6e|d klq x|f , dfteld klq x|f . Jof; , lj Zj f|dq, k|f0f|g, s|fnbf; x?n|
 df6f|, x|f f, k|gl / z|Qm; -ro u|s|f k'0oeld x|f . oxif k|f0s s'gdf
 legb|9En| h6dg / x'sg c|f0k|u|s|f hgv08x?n| el/Psf| kf|f |o On|sf
 x|f . o; |f|qdf ef/t|j i|f|sf gj} a|ksf w|df6 / s|df6x?n| ; fwgf
 ul/Psf|, k|ofu ul/Psf|, k|/k|ng ul/Psf| lj lw|w|fqn| 5fk kf|s|f |f|q
 x'gfn| o; |f|qdf lj sl; t ePsf rf8kj x? c|o |f|qdf sd| e|665g\
 oxif : ofn b|j tfs|f, g|ub|j tfs|f, s's/ b|j tfb|v j fdg b|j tfs|f, /fd
 b|j tfs|f / afnsr|f/ b|j tfs|f klq khf x65 . |s|dab6t|s|f rf8kj { /
 w|ld|s cf: yf|s|f rf8kj |df ; fRr} km/s e|6f0G oxif . oxif lqzh hfaf
 klq x65, lj : s|6 hfaf klq x65, ; kgtly(hfaf, afB| hfaf h: t|f cglu6tl
 rf8x? x65g\
 dfttly{ c|f; L, sz| c|f; L, lkt| c|f; L, ul|s0f{ c|f; L,
 uf0|txf| c|f; lnf0{ rf8|klq kj{ klq dfg65 . a'4 k|0f|df, u'; k|0f|df, hg|
 k|0f|df, s|fhfult k|0f|df, w|fo k|0f|df, r08| k|0f|df, : j : yfg| k|0f|df, kn|u'
 k|0f|df b|j } dfg65g\
 Psfbzl hit ; a) kj{ df k5g\ egl gf/foOf a|bzl,
 j fdg a|bzlx? klq kj{ d} k5g\
 lzj /fal, s|fn/fal, dxf/fal, dxf/fal kj{ dfq x'g\ egl /fd gj dl
 s|f0f c|6dl, i|f|6l -57, lj jx k-rdl, gfu k-rdl, >lk-rdl, c|fo
 t|f|of, dEn rtyl{ rGb| i|f|6l, rGb| lät|of, e|f| lät|of, gs{ r|t|bzl,
 j|s07 r|t|bzl, gf/foOf a|bzl c|fb kj{ x'g\ t/ sltj 6f rf8df klq
 kb5g\
 s; |s|f klq h6dlbgx? kj{ g| x'gk5{ / x|f klq, t/ xfdlx? k|fom

rf8 g} dgfp5f . /|k|f0f hfaf, n't| hfaf, u7| d^ayn uf0 hfaf, 0G| hfaf,
 r|f|u|gf/foOf hfaf, df3| hfaf, jT; nf hfaf, e|j gZj /L hfaf, j fl|dtl hfaf,
 l7dl hfaf, lqzn hfaf, r08Zj /L hfaf, rf/g|/foOf hfaf, kqftl hfaf,
 ul/vs|nl hfaf, gj|s|f6 e|j|L hfaf, kfon cg6t d|nf, df0j|gl d|nf,
 dlR5G|bgfy hfaf, j|hgfy d|nf, l; 4gfy d|nf, 3f|8| hfaf, hultk/ d|nf,
 k|s d|nf -d: t|f|nl, j|y|ul hfaf, e|bs|nl hfaf, ; tf; lw|fd d|nf, 36f|s6\
 hfaf, ; x|f|lnE d|nf, hu|gfy d|nf, bu|f d|nf, k|f|stfj fg|d|nf, lzj /fal
 d|nf, e|j hfaf, eldzj / hfaf, hu|zj / d|nf, eld; |gf hfaf, emng kj{
 u9ldf0{ d|nf, a8ldf0{ d|nf, lqk/; Gb|ldf0{ d|nf, lqj |bl d|nf, uktZj /
 d|nf, km|j|f; d|nf, d|f|lj |fl d|nf, dbj |fl d|nf, ; |t|j |fl d|nf, ; d|f
 ; /f|j / hfaf, Bf3f6 d|nf, j|x|Zj / d|nf, eld; |g d|nf, 0G|b|f|ldf0{ d|nf,
 g|g|k|f'w|fd d|nf, lzj /fal dxf|d|nf, 5f0f5qkl7d|nf, r|t|bzld|nf,
 5f^a5f^abl d|nf: t|f hfaf d|nf / tlyk|hx? s|f cglu6tl km ePsf| /
 k|f|rlg Cl|fd|g|x?n| d'Vo tk: yn dfg|s|f d|Qm|f|q, d|Qm|08n tyf
 d|rlsfn|n| 3|/Psf| tk|feld ?ks|f o; gkfn|s|f |f|qdf j|f| t|g j|f|f
 k|f|f j|f|f c|f7 j|f|f / afx| j|f|f d|nf|x? n|flg| : yn klz: t 5g\
 lqj |flx? klz: t 5g\
 ul; f0{ s08, b|f|f|b/ s08, b|w s08 / To: t| a8|a8| bxs|f
 g|p|df kl; 4 /f|f, ?kf, k|ij f, afx|s|g| g|dsf s08x? 5g\
 To: t| tly{ yn, d|f|g| r|nlx? s|f k|f|v/L, bx, /x, s08 klz: t
 5g\
 h: t|f, b|w|k|f|v/L, d|l|f|r/ s08x? / w|f|sf ?kdf kl/Of t ePsf
 H|f|n|b|j|s|f k|t|s t|f|f|k|glh: t|f H|f|n|f|d|v| tlyx? klq sd 5g|g\
 clg o: t} cv08 blk, cv08 Hof|tl, dxf|blk, k0f| blk, k|f|n|b|k|h: t|f
 H|f|n|f|d|v| tlyx? / t|gsf d|nf|x? c; a'Vo 5g\
 d|Qm|f|y d08ns|f H|f|n|f|d|v|, j|w|n|s|s|f Hof|n|f|d|v|, s|f|of|s|f H|f|n|f|d|v|, d|of|u|b|s|f t|f|f
 k|gl, n|h|s08 / clt kl; 4 gkfn|Zj / kzk|t|g|fys|f Hof|t|n|E c|l|bs|f
 hfaf-d|nf, k'0o tly{ / rf8kj x? cg6t 5gV t| ; an|f0{ xfd gkfn|n|
 k|t|k|ng ul/x|s|5f . c|fvn 9E|s|f|lqj |fl, gf/foOf|s|f|lqj |fl, lqzhl|s|f
 lqj |flh: t|f tlyx? oxif p|N|v u|/}; |s|gg\
 u|b|f|j /L, g|w|f/f, k-rw|f/f, af0; w|f/f, kqftl, s|fuj|gl, z|t|n|k|glh: t|f tly{ : ynx? s|f u0fg u|f
 ; do g} 5g . o: /L ul; f0|s08, ; b|s08, b|j |s08, ; /: j t|s08, p|ds08,
 j /fxs08, df0|s08, d|Qms08 c|fb 3d|/ klq g|x|P/ klq, dfg|/ klq,
 9|f|u|/ klq ; f|wo| g|n|f|gh: t|f cg6t d|nf / e|nf n|flg| rf8-kj|s|f s|f|b|
 : ynx? klz: t} 5g\
 To: |n| d|f|g; s|f c|f Zost|fcg; f/ >4f e|j n|
 rf8nf0{ kj{ / kj|nf0{ rf8 eg|p|b} dg|p|b} /x|s|fn| klq h6d|f|f; j|nf0{
 c|k|n|'v; L |h| h; /L dfg| klq x'g| b|v|Psf| 5 . emg|d|f|n| k|dl kj{ t|x? /
 e|f|h|k|dl g|j|f|x? s|f; |d>0f ePsf| o; b|zs|f; b/ /fhw|f|g|s|f p|k|t|os|s|f
 t|olt w|/} b|j / b|j fno, k'0o: yn / lzj fno clg r|j xfnx?n| el/k0f|
 ePsf| s|f|g|t|k/, n|nt|k/ / eQm|k|el/s|f| rf8, kj{ tly{ d|nf, e|nf|x? s|f
 Ps Ps j Ofg u|f| x|f egl o: t|f ; fg|f /rgfn| s|f Eof|pg' / < .

pkTosfdf xf/tl clhdf Ps cWooog

-zzl ykfl kl08t

af4 k/Dk/fcg; f/ xf/tlnf0{ s6fs6lsf/ lff ug| af4 bjl l dflg65 .
 lx6bX? ol bjl lnf0{ zltmf gfpin} kHb5g\ gkfnf df xf/tl of zltmfsl
 gfpin} ol bjl l kl/lrt 5g\ gjj f/l ; dhdh df xf/tlnf0{ clhdf e6b5g\
 gjj f/l efiiddf clhdf eglsf xh/ cdf cyj f aHo} xfl .
 gkfnf dfq xfdg Pl; ofsf ljle6g lfdqf ; dlt ol bjl l kl/lrt
 l5g\ cfhe6bf sl/a 5Aal ; o j if{klxn}/fhuxsf Ps updf hgdlsl
 :ql clj /tl g} xg\xf/tl dttf . h ; sf cy{ .cf66 / v ; l ; u hlj g
 latf0/xsl : ql e6g x65 . lognf0{ a4sf ; dsfng dflg65 . pgsf
 lj fx sa/sf ; jklt dWo !&cf : yfgsf ; jklt kl-rs gdsf
 olf ; u ePsf xfl . logl kl sa/sxf sf ug| ol foflx? dWo} xf/tlnf0{
 kfrf qmddf dflg65 . olf shsl ePsln} lognf0{ uxos ?kdf ln065 .
 uxos e6gn} uxos ?kdf x/s j : tdf klj z xg ; Sg / kl ; Sg
 ?kdf ln065 . a4wdf a4sf klxn} hlgsl cdfsf ?kdf kl ln065 .
 a4 zf ; g lauf{ vfhgX?sf bdg ug| wdkfnssf ?kdf kl ln065 .
 j j lxs hlj gsf qmddf logl kfr ; o arRsl cdf algg\ o ; f
 xgd logsf klxn} hglf uef tl cj : ydf k/k ; if ; u ; Defu u/l
 eOf xOf u/sf kfkaf6 d'Om xg kTojs a4nf0{ kfr ; o j 6f cfk bfg
 ug| Ps uf7fnl dlxf xg\ ; f bfgsf k0oaf6 csf hglf kfr ; o
 ; Gtg h6df0g\ arRf?sf kngklf0sf lgl0 cf^gf df0tl /fhuxdf
 cf0g\ csf arRf? x/Of u/l cf^gf ; GtgX?sf kngklf0f ug|t/
 nfukl5 logl clj /tla6 xf/tl ol foflsf ?kdf klVof e0g\ csf nf0{
 bMw lb0{ arRf?nf0{ x/Of u/l /fhuxdf xxfsf/ dRrPsln} ; a) hgf
 ldnl lj xf/df al ; /xg' ePsf a4nf0{ afns ckx/Ofsf eoaf6 d'Om kl
 cg/fw u/ . a4n} xf/tlnf0{ lz lff lbgf nlu pgsf ; a6bf dg kgf
 sl65f 5f/fnf0{ n'sf0lp . xf/tln} cf^gf 5f/fnf0{ rf/t/ vfhg\ xlf
 kOf nufpg g ; skl5 euj fg\ a4 ; u uxf/ dflug\ a4n} cf^gf Pp6f
 5f/f x/fp6f t ldnf0{ o: tf bMw nlf0f, ldn} c?sf afnsx? x/Of
 u/l vfgl u/sl 5df tl cdfx?nf0{ sqf bMw ePsf xfnf lj rf/ u/sl
 5of} < xf/tln} cf^gf s'sd{ alemV 7hf kZrf0f ul/g\ To ; } lbgblv
 ltgl s6fs6lsf nlu ; Af sf / lxtsf/Of bjl l e0g\ . a4n} kl
 xf/tlnf0{ ldfbf lbP . To: t} pgsf of sd{ pgsf kl kfr-rsnf0{ dg k/sf
 lyPg . pgn} hDdf kfr j 6f arRf dfq pgnf0{ 5f8/ uP . To: } x'gn}

xf/tlsf dltX?df kfr afns ; lxt pgnf0{ b/ fpg} rng ePsf xfl . xf/
 tlf kfr arRf? dWo} kl ; a6bf dgkgf / ; fgl arRf wgef' xg\
 pgnf0{ xf/tln} k5f18 af/s/ fv/sf x65 . wgdohf0{ sDd/df, j fl ; efn'
 j fl ; doh' cln 7nf ePsf} sfvdf /fv/sf x65 . lhn+efh' sfvsf
 tn /fv/sf x65 . xf/tl h ; /l kf0lx?sf /lff ul//x}sl l5g\ pgsf
 ; GtgX?n} kl To ; /l g/ lff ul//x}sf x65g\
 pkTosfsf gjj f/x? u/ gjj f/x? / a4 wd{ dfg} gjj f/ ; a) xf/tlnf0{
 /lfsfsf ?kdf dfgl cfPsf 5g\ lx6bX?n} ol bjl lnf0{ lakm/sl bjl l
 zltmfsl ?kdf dfgl cfPsf 5g\ . ol bjl l / ; fPsf lakm/ x65 e6g
 dfgotf /x}sl 5 . hgwf/Ofcg ; f/ xf/tlsf ^ lbb l alxgl 5g\ . ; fy)
 ; a6f, xfl8ufsf dktf bjl l / lj hoZj /l ; u xf/tlsf ; Da6w hf8g u/sf
 kf065 . To ; h} lj km/ cPsf j f arRf la/fdl ePsf ol rf/ dl6b/df khf
 ugkgf rng cWofj lw 5 .
 xf/tlnf0{ af4 ufyx?df ef/tlo dhsf b/vfOP tfklg hglj Zj f ;
 cg ; f/ ltaataf6 cfPsl bjl l xg\ e6g wf/Of /x}sl 5 . xf/tlsf cdf
 J5f ; sldgl bjl l Nxf ; df l5g\ To ; h} ltaat dhsf dfg ; x?n} xf/
 tlf khf a9l ub5g\ ltaatsf Nxf ; f, ef/ tsf uf6w/ / dy/df bf ; f
 ztfl bdf agsf dltX?df kfr arRf ; lxtsl xf/tl ge0{ cf7 arRfsf
 ; fydf klnwkbfb ; gdf /x}sl xf/tl kf065 . dy/fsf dltX?df 0/fglg
 zhldf arRf sfvdf lnPsl nintf ; gdf /x}sl bMg ; l65 . gkfnf
 b/vPsf pkTosfsf xf/tlsf dltX?df kfr arRf?nf0{ clfn/ gkfnlx?n}
 /rgf u/sf ; flxlos ufysf cwf/df tof/ ul/Psf dfn} gkfnlz} hldf
 agsf dfg ; l65 .
 xf/tlsf csf gpf h6xf/Of kl xfl . o ; gfpin} g} afnsx?sf
 x/Of ug| e6g aenp5 Psft/ egj csft/ afnarRf dly cf0kgf c ; aVo
 bMw x/Of ug| bjl lsf ?kdf kl ln065 . hftxl/Of, h/f, r8f lelf0f,
 xf/tl cyj f zltmf Pp6} bjl lsf ljle6g gpf xg\
 xf/tlsf ; Da6wdf .k-r/lff ; ql ; j oDeK/fofl . cj bfgsNkntfl
 cflb ufyx?df pNnjv kf065 . ol k: tsx?df kl xf/tlnf0{ a4sf
 ; dsfns ?kdf kl: tt ul/Psf 5 . a4n} cf^gf z/Ofdf ln0 ; skl5
 bMw, /fu, zfs, eo, clz lff / c1fg x/Of ug| bjl lsf ?kdf kl: tt
 ul/Psf 5 .
 xf/tl Ps ; +st zAb xfl . of : qlnEl zAb xfl . x/tl lqmaf6
 xf/tl zAb agsf cgdfg ul/Psf 5 . xf/tlsf zflAbs cy{ x/Of ug|
 : ql e6g x65 . xf/tl oBlk ; +st zAb eP kl kf0fglsf Jofs/Of
 cg ; f/ .xfl/tl xgkgf b/v65 . t/ af4 ; +st ufyx?df .xfl/tl zAb g
 pNnjv 5 . af4x? lognf0{ /fu, aft, ; l6gkf, clgsfn, eo, czflctnf0{
 lgdh kgl /lfsf/l bjl l / ejfHoSl bjl lsf ?kdf ln65g\ dg{ nfu}sf,

jho6tl @ : #sft-c^s

kl/j f/af6 dfof df/L ; sjsf aRrfx? xf/tln/ /lff ul5g\ e6g/ lj Zj f; df
bjj tf; lu dlt nfo0lbg/ 3/df aRrfx? nfo{ TkMk' ug{ cfpdf 3/af6 g
xf/tlsf/ gdddf khf ug/ khfe18f/ 5'6d6pg/ la/fdl ePdf 3/af6 g
la/fdlnfo{ c1fft 9f/ lg nuf0{ xf/tlnfo{ r9fpg ub5g\ . afnaRrfsf
; +sf/ ubf/ klxnf xf/tlnfo{ efu 5'6d6P/ dfq sfo{ ; 'z ug/ u/sf
kf0G5 . To: t} hlj gdf cfpq; Sgl lj EgaWfx? kG5fpg klx xf/tlsf
khf ug/ ul/65 .

lfd6b/ lj /lrt .cj bfgsNkntf0 u6ycg'; f/ afnaRrfsf bjj Lsf
?kdf ; lldt /xsl xf/tl kl5sf u6yx?df uP/ lj : tjt ePsl l5g\ 3/
kl/j f/df ajdn ePdf, kl/j f/sf ; b:ox?sf sfd ldnjsf vZldf, sfd
ldnf0lbg/ p2Zodf, ahf/-Jofk/ rnfpg, sg ; fdg x/fPsf v08df
kfun ePdf, aRrf gkfPdf, cfkntx?sf sNof0sf sfdg/ pglx?sf
cZ'e gxf; 'h: tf 3/ kl/j f/sf x/s /fublv x/s lbgf/ sfo{ ; kmn
xf; \e6g/ p2Zon/ lognf0{ khfcfhf ub/ cPsf/ b/v65 . cem af4
wdfj ndalx? cle6g c^uS} ?kdf xf/tlnfo{ c? bjj bjj Lsf e6bf cu
: yfg lbPsf 5gV s'nbj tfs} ?kdf dfg yfnjsf 5g\

xf/tl clt g/ wgl, wg, wfo, /Tgsf j /bfg lbg ; Sgl bMv x/Of
ug{ ; Sgl wdKfn : j ?lko0l ; /lfsf bjj l xg\ ; sn kf0fLsf /lff ug/ ol
bjj Lnf0/ /lfsfsf ?kdf af4 dl6b/ / lj xf/x?sf klj zaf/df : yfkt
ul/Psf kf0G5 . sxl dlt{ g} agfP/, sxl 9Ef, sxl sffrf 0Sf, sxl
lsnf, sxl fq / sxl ; fgl kj fnsf ?kdf xf/tlnfo{ lj xf/df /fVg/
ul/Psf kf0G5 . of s'f .lqmf; ^uXldf pNnjv 5 . ; Dk0f afns tyf
kf0lx?sf /lfsf ?kdf laxfg, lbp/ f/ ajn'sl tlg ; do lj le6g 7fpdf
u0{ lj r/Of ug/ ub5g\ e6g/ df6otf 5 . o; ksf/ pgl dxnf / k; ifsf
z/L/df klj z u/L /fux?sf pkrf/ ug/ sfodf klx nfujsl b/v65 .

sf/df8f-pkTosfdf xf/tlsf cj wf/Off / dlt{x? slxnjlv agof
e6g/ : ki6 5g . xf/tlsf cj wf/Off / dlt{x? slt k/fq/ e6g/ kdfloft
ug/ ; flxltos cfwf/x?afxjs kdfloft 0ltx; e6Psf 5g .

; ftf ztAblfd ef/t edof ug/ lrgoff ofql 0lt; E / Xj lg ; fEsf
ofq j Df6tx?df ef/tsf af4lj xf/sf klj zaf/df xf/tlsf dlt{ : yfkgf
ul/Psf s'f pNnjv 5 . Xj lg; fEn/ ef/tsf ofq ; ftf ztAblfd u/sf
lyP . o; af6 ef/tsf lj le6g k6tx?df ; ftf zblfd g/ xf/tlsf dlt{
: yfkgf e0; sjsf lyof/ e6g/ kdfloft xg cfp5 . o; af6 ef/tdf bf; f0lv
; ftf zblsf alrdf xf/tlsf kz: t krf/ ePsf dfg ; ls65 . gkfnf
/xjsf xf/tlsf dlt{x?df clenjv gel6Psf sf/Of krlgtfsf kdflofst
lbg ; lsPsf 5g .

xf/tl o1f0f af4x?sf dxfofgl ; Dkbfodf pNnjvt ePsl bjj l
xg\ dxfofgl .k-r/lff u6yldf xf/tlsf gfd pNnjv ePsf : ki6 5 . o;

jho6tl @ : #sft-c^s

x: tlnvt .k-r/lff u6yldf gkfn ; j t\! (-0f +*(_ sf/ xf/ e6g/ s'f
8jgon /f06sf/ jzj nla6 yxf x65 . of u6y xfn SoflDah olgel; {6sf
nfo6a/ldf 5 . ; +sft efiiddf ; a)ebf k/fq/ .k-r/lff u6yldf g; #@@% df
n)VPsf/xf/eg/ l8+ ; =eSfrfof/ cf' g/ k: ts . kmf0a k/f6/ S6e u8; ldf
pNnjv u/sf 5g\ a14i7 nfo6a/ l, hkfgsf/ g; * ((, cfzf ; kmstysf
g; # #)), gkfnf/ /li60 k/ft/ sf/ g; # #^&, sz/ k: tsfnosf
g; # \$) (sf k-r/lff u6yx?sf klx pNnjv u6ePsf 5 . To: .k-r/lff
u6yldf ; j kyd xf/tlsf gfd /lfsfsf ?kdf b/vf0Psf/ gkfnf g/ f
ztAblfd xf/tlsf krf/ e0; sjsf : ki6 x65 .

k-r/lffdf pNnjvt kfr bjj ldf dxfd6qf; fl/Of, cfoKlt; /f,
cfo; xf; f; | kdldgl, cfo{ dxzltj tl / cfo{ dxdf0/L xg\ . ol bjj l
nufot olf kfl-rssf zlQm xf/tln/ klx /lfsfsf eldsf lgj fx ug/
pNnjv k-r/lffdf kf0G5 . dNnsfndf Gofos sfof/ nflu ; To, c; To
5'6d6pg tyf bjjlnfo{ 5g nuf0 ; To aofg lbnfpgsf nflu k-r/lff
u6yldf kofu ug/ ul/Psf lyof . of kl; ^uaf6 dNnsfndf k-r/lffsf
lgs/ krf/ / dxlj lyof/ e6g/ yxf x65 . k-r/lffdf pNnjvt kfr bjj l
dWofsl Ps bjj l dxdf0/L xg\ agf/ ; l nfnj .dxdf0/L u6yldf ; aebf
k/fq/ /rgf rfyf/ zblsf dfgsf 5g\ . o; u6yldf xf/tl o1f0fLsf
kl/j f/af/ pNnjv kf0G5 . To; j) gkfnf klx rfyf/ zblt/ xf/tl o1f0fLsf
cj wf/Offsf lj sf; ePsf xgk5{ e6g/ cgdg nufpg ; ls65 lsgls
dxfofgl ; Dkbfodf pNnjvt bjj l xg xf/tl o1f0fL . gkfnf kf0g dxfofgl
k-r/lff u6yldf xf/tlsf gfd o; ksf/n) pNnjv ul/Psf kf0G5
.xl/Tofr k-rkqg ; tkl/j f/pfl .

af4wdf dxfofgl ; Dkbfosf krf/-k; f/ t; j zblsf c6t / rfyf/
zblsf kf/Dedf gfufhg, j ; 'a6w' / c; ^uaf/ ul/Psf lyof . o; } ; dodf
gkfnf klx dxfofgl af4wdf/ klj z eof / Toxl ; dodf xf/tl o1f0fLsf
cj wf/Offsf klx lj sf; ePsf xgk5{ .

xp/fh zfsosf ...j ode"dxfr"oldf, zfsodlg a4 ufkR5 kj tdf
a; l >l : j ode"dxfr"osf lj ifodf JofVofg ul//xjsf ; dodf xf/tl klx
klj rg ; lg Toxf cf0klug\ JofVofgkl5 a4sf r/Of/ b6g u/L pgn
: j ode"dxfr"o, d-h>l Pj+zif6ts/frfof/ ; j f ug/ / a4zf; gsf /
lff ug{ To; 7fpdf a:g/ cleniff JoQm ul/g\ a4n) !%)) kl/j f/sf
cfxf/sf nflu leif; ^Sj/ k6g u/sf efhg ugkg/ lgod klx agfpg eof .
csf ; flxltos ; ftf ...j ode"dxfr"ofl cg; f/ ; j ode"sf Hof/tnfo/
zif6ts/frfof/ 5fkl r/fo agfPsf ; dodf g/ xf/tlsf dl6b/ agfPsf
e6g/ pNnjv 5 .

...j ode"dxfr"oldf xp/fh zfsosf pNnjv u6ePsf hg>lt cg; f/
zif6ts/frfof/ ; a)bj tfx?sf ; xofudf : j ode"sf r/fo lgdf0f ubf(r'8fd0f

-uh/_ 9Ns/ afEfl e0(ldnfpq g; s)slf cj : yfdf zlfGts/frfo(kgZr/Of a; L euj fg\ a'4nf0{ ; flwslf ajnf xf/tlsf dlg6/ : yfkgf gu/sf / xf/tlnf0 cfxj fg gul/Psf]h] To; fl ePsf] hfgsf/L kfpk15 zlfGts/frfoh] xf/tlsf dlg6/ to; } ; dodf agfPsf] xf . hfts syfx?df klg gkfnf clhdffsf] ; +s[t b]v65 . af4 hfts .l; x; fyafxldf \$((hgf Jofk/Lnf0{ ; fu/df v; fn/ olf0lx?n] cf^gf cfx/ agfP/ l; x; fyafxn] afw; lj sf efj gf cg?k lgod kngf u/sf eP/ pgsf] p4f/ ePsf] / kl5 pgl /fhf ePsf] lyP . pgnf0(v]hb) cPsl olf0lnf0{ cfh klg hft clhd f eg/ khf ug/ u/sf] kf065 .

xf/tlnf0{sf7df8f]pkTosfsf : yfglo af; GbfX? xf/tlnf0{clhd f, xf/tl dh', dohbjl, xf/tl dxfolif0f, xf/tl jhplif0f, zltnf dh', :j ode" ; #lfsf wdkfnl, wfSjl; Sj dM drkof; L egj ub5g\ . ol wf/Ofx? af4wdcf xf/tlnf0{ ; #lfsfsf] ?kdf ln0; s]k15 / :j ode'f xf/tlsf dlt{ : yfkgf eP kZrft' sf wf/Ofx? x'g\

olif0f xf/tlsf khfchdf j hrf0x?af6 rofult klg ufpg ul/G5 . h; sf /rgf kltk dNnsf] ; dsfng d-hj h'af/f ul/Psf] xf . pQm .gdfd xf/tlsf rofultdf xf/tlnf0{kfr ; o kl/j f/sl olif0f, dfdslbjl, hut\ ; +f/ kltkng ug/ !@ j if; Ddsf afnafnsfsf] x/lj rf/ ug/ r8f gfdsl lelf0f egl pNnjv u/Psf] 5 .

d-hj h'af/f /lrPsf] rofult o; k]sf/sf] 5- .gdf gdfd >l xf/tl olif0fbjl k-r; tkq k/j f/ >lbj L. . . gdf gdfd olif0f dfdsl bjl hut ; +f/ kltkif/tf h6d h6d C14; 14 dflf d'Om klzfb tgxf xf tgxf xf gdfd gdfd >l ; b(wgbj lj ho z]et . afbz j if kqkqf lj rf/tf gdfd gdfd >l r8f gfd lelf0fbjl wdwf' k/j fl/t lgoolt .. gdfd gdfd >l d-hj h'ult /lrt kgdal >l kb'dlgbjl C14; 14 b]xgl .

; /tj h] j hrf0af/f /rgf ul/Psf] rofult o; k]sf/sf] 5- ./TgkL7 lgj fl; gl >l xf/tl bjl ulj Of lqnf]rgl ; /; Gb/L >l bjl olfZj /L xf/tldtf, blxg ceo, afdl snz nlntf; gl: ytf bjl hu6df]xgl rqls'08n sl07/f]rs kfne'f0f k-rfztkl/j f/Of huHggL eu'tl du'tl bfogl bjl xf/tl lj : knf6s eogflzgl >l zltnf bjl ej bM'f/Of bjl hub]offkgl

eglo ; /tj h] >l xf/tl r/Of

C14; 14 b]x d] xf/tl bjl .L

; flxTos ulysf /rgf, ul'ydf j loft efulns cj : yf / b]zsf] cj : yfnf0(Wofgd /Vbf gkfnst]oltxf; df xf/tlsf]cj wf/Ofsf]lj sf; k]dNnsfn afx]f-t]f]zbl hg ahf dxfofl / j hofgl ; Dklbfox?sf lj sf; sfnsf] ; donf0{lng ; ls65 . 0f #!!(& df jlvtof/ lvnlhn] gfn6f / lj qmdzln lj Zj lj Bfno Wj : t ubf k': tsx? n'sf0{ gkfnf eful/ cPsf af4 lelf0x?n] o; } ; dodf xf/tl clhdffsf] krf/ u/ . o; /L gkfnl hghj gsf] xf/tl ; +s[t cleG ; +s[t ag klobf .

dlt{sf] lj sf; eg] gkfnf rfyf] zt'Ab]bv g] kfOPsf] s'/f j fE]b]n] pNnjv uglePsf] 5 . pxfn] afnfh'sf] xf/tlnf0{ rfyf], kf6gsf] rkn6f]nsl xf/tlnf0{ 5/7f]zblsf dfg'ePsf] 5 . oxfsf] dlt'f kfr arfx?sf] ; fydf xf/tlnf0{ b]vpg] ul/Psf] kf065 . h'g dlt{ kf6gsf] rkn 6]nf b]v65 . Toxf /x]sl : qldt{sf] bfoafoff b0{ arfx? / afof xfn] Rofk]sf] Ps arRsf] ; fy) kbkl7df b0{ arfx? cj l: yt 5g\ tn /x]sl afof k]sf] arRsf] ; fydf hgj / /x]sl 5 . of dlg6/ agkl5 dfq kfr j 6f arRf ePsf] cfs]tsf] xf/tl ag yfn]sf] b]v65 . :j ode'sf] xfn]sf] dlt{ lj = #!*%^ df dfq ag]sf] xf . /Ofaxb/ zfxn] k]xn]sf] dlt{ lauf/sf xgfn] k]xn]sf] dlt{ s: t] lsl; dsf] lyof egj s'/fsf] clen]v xlf st} kf06g t/ :j ode'sf] xf/tl ; Da6wL c; ^Vo ult, ehg, wf/Ofx?af6 klg :j ode'f clxn]s} h: t} dlt{ ePsf] xgk5(egj cgdfg ug/ ; ls65 .

rkn]sf] e6f cl3sf xf/tlsf dlt{ eg/ ngl; x j fE]b]n] afnfh'sf] dlt'af/] pNnjv uglePsf] 5 . pQm dlt'f bjl; lu afof sfvdf Ps arRf / b]bf xft 3Bdf k]nAwkbf; g b]vPsf]h] af4x?sf] bzg cg; f/ ag]sf] xf/tlsf] dlt{ dfg' pkoOm b]v6g . o; nf0{ lx6bX?sf] bzg cg; f/ lgldt lakm/sl bjl zltnf dfg' pkoOm x'gl5 . zltnf sf dlt'x? ef/tsf] a]fn / uh/ftdf klz: t kf065g\h; df zltfn] Ps arRf of tlg arRf; lxt kfl-rssf ; fydf b]vpg] ul/Psf] kf065 . tl zltfnf0{ af4 bzg; lu ldnfP/ kl5 xf/tl gfd's/Of ul/Psf] x'g ; S5 . xf/tl af4x?sf] /lfsf bjl x'g\eg] zltnf lx6bX?n] khf ul/g] lakm/sl bjl x'g\ gkfnf kl5 b] } k]of]ngsf] nfu xf/tlsf] khf ul/g] u/sf] b]v65 . gkfnf af4 dlt'x? kfr] zblf dfq ag]sf] egj s'/f j fE]b]n] : j lsf0{ ePsf] 5 . To; n] klg afE]b]nsf cg; f/ afnfh' xf/tlsf] lgdfOf t] ; fl zt'Ab]df ag]sf] xgfn] of lx6b"bjl zltnf x'g\

xf/tlsf dlt'x?sf] kfr]rgt]sf] kdf0f? ge]6g'sf sf/Ofx?df Pp6f sf/Ofd gkfn]st]oltxf; sf]lj leG ; dodf bzl-labzl zI0mX?af6 wdf] /f]wL lqmf'snfkx? x'gl u/sf lyP . g] # \$&) df ; NtfG ; d; l2gn]

jho6tl @ : #sft-c^s

eQnk/df ; ft lbg ; ft /ft; Dd dlGb/ / ufyx? hnfpbf xf/tlsfj kfrlgtsf
kldf0fx? gi6 eP xfnfg\egj cg'dig ug{ ; lsg5 . 8f- sdnklsz
dNnn] To; ajhf af4 ufyx? klg w/} hnf0sfj af/ pNn]v ugePsfj 5 .
o; ; DaGwdf ufkfn/fh j zjf nldf klg n]vPsfj 5 -ufkfn/fh j zjf nl,
knf]nofj g+@* v %@ s .

gkndf xf/tlsfj dlt{x? omsgsf ; fy oxl ; dob]v afofj egg
; lsgj kldf0fx? pknAw 5gg\ / ef/ tdf agjsf dlt{sfj : j ?ksfj cfwf/
df Toxf to ul/Psf Itlyldt{sfj cfwf/ lnP/ oxifagjsf dlt{x?sfj : j ?knf0
x/ / klg ; do tfgsgkj afWotf /xjsfj 5 . dVo u/ / ; j { kfrlg xf/tl
dlt{df tlg : yfgsf dlt{x? afnh' pBfgleqsj xf/tl, kf6g rkin 6]nsfj
bgjglsfj xf/tl / : j ode'sfj r]osfj j fojo sf]pfd /xjsfj xf/tl dlt{
/xjsf 5g\

/lfsfsf ?kdf af4 dlGb/ / lj xf/x?sf kj lzaf/df : yllkt ul/gj ol
bj lnf0{ sxl f dlt{g} agfP/ , sxl f 9Ef, sxl f s]r]f] 0sf, sxl f lsnf, sxl f
kfg, / sxl f ; fgj kj fnh: t] ; f^s]ts ?kdf klg : yfkgf ul/Psfj kf0G5 .
ofj s/ f . lqmf; ^uxldf pNn]v 5 . ; Dk0f afns tyf kf0lx?sfj /lfsfj
?kdf laxfg, lbp; f] / ajn'sl tlg ; do lj leGg 7fpdf u0{ lj r/Of ugj
ub{5g\ egj} dfgotf /xjsfj 5 .

gkndf xf/tlsf dlt{x?df clen]v gePsf sf/Of omsgsf ; fy
oxl ; dob]v afofj egg ; lsgj kldf0fx? pknAw 5gg\ ef/ tdf agjsf
dlt{sfj : j ?ksfj cfwf/df Toxf to ul/Psf Itlyldt{sfj cfwf/ lnP/ oxif
agjsf dlt{x?sfj : j ?knf0{ x/ / ; do tfgsgkj afWotf /xjsfj 5 . xfn
gkndf xf/tlsf dlt{x? lj leGg 7fpdf : yllkt ugj u/ /sfj kf0G5 . dVo u/ /
; j { kfrlg xf/tl dlt{ tlg : yfg /xjsfj 5 . afnh' pBfgleq /xjsfj xf/tl
dlt{ kf6g rkin 6]nsfj bgjglsfj xf/tl dlt{ / : j ode"r]osfj j fojo
sf]pfd /xjsfj xf/tl dlt{ kb5g\

afnh'sl xf/tl M afnh'sf xf/tlnf0{ j fEb]nn] r]y] ztAblsfj
dfgjsf 5g\ pQm xf/tlsfj dlt{ b0{ tNn] kofuf8f zh]lsfj dlGb/leq /xjsfj
5 . afnh'sfj pBfgleq pQ/ lbzdf, lj iOf gf/foOfsfj dlt{sfj klZrd
lbzdf / kf]v/lsfj kj { lbzdf af4 : tksfj tnklS kj { lbzdf xf/tlsfj
dlGb/ /xjsfj 5 . xf/tlsfj dlt{ klZrd kms]sfj 5 . !s 0Gr r]8f0 / !*
0Gr prf0 /xjsfj pQm dlt{ uf]8f knf6/ kfbx? hf8]sfj k]nDakfbf; gdf
/xjsfj 5 . dV nDrfj 5 . ; dosfj lx8f0df lvOP/ cfmv gfs, dV, c]f7
sxl affs] /xjsf 5gg\ 7h7hf / enl08Psfj : tg, s07x/ / xft kv/ f
klg w/} lvOPsf 5g\ . dlt{sfj ; fydf afof xftn] Rofk]sfj Ps aRrf
/xjsfj 5 . h; sfj cgxf/ : ki6 5g, lvOPsfj cj : ydf 5 . 3Bfdly
/fv]sfj bfof xft Tolt : ki6 geP klg ofj xft j /bdb]df 5 . k]tkflbTo
knfn] JofVof u/ h: t} xftdf alhk/s jf kmn lnOPsfj egj 5g

jho6tl @ : #sft-c^s

-k]tkflbTo kfn, b cf6; \ckm]gkfn, gkfnlsnf, k]7 \$# . b]l b]j tfsfj
xftdf 8Nnf] j : t' xg', sdu'sf xg' j' alh k/s xg' c]n kl5sfj s'/f
xf] . ofj rng 0; fsfj rfy] ztAblsfj clGtd r/Ofb]v dfq gkfnl
dlt{snfd b]vg yfn]sfj xf] . To; h] af^b]nsf cg; f/ t]; f] ztAblsfj
egjsfj ofj dlt{df o: tf k]sf/sfj j : t' ; dft]sfj b]vb]g .

o; dlt{sf v'sfsf c]nfx? ldxlg; fy stbPsf] c]nfx? aj]nf-
aj]n] 5]sG5g\ v'sfsf tl c]nfx? sDeZj /sf jf; lssf h: tf 5g\
xf/tl Pp6f Pp6f u2ldf a;]sl h: t] b]vG5 . h; sf v'sf stbPsf 5g\
hg dlt{x]bf nll5, x]unaxfnsl dft]sfj dlt{sfj dlt{h: t] cf; gsfj
b]vG5 . To: t} sZ]j Gof; klg Rof; nlx6lsfj uhn]ldsfj / c? kfrlg
dft]lj lx?sfj h: t} 5 . s'08nx? 7h7hf / cfdns cfs]tsf 5g\
o: tf s0f's08n c? sgj dft]sf sfgd nfPsfj b]vPsfj 5g .
alhk/s sdn]sf alp /xjsfj Pj +gf8l / v'sfdf af; n]6 nufPsfj 5 .
xf/tlsfj dlt{sfj lz/df 9Efs} d's'6 /xjsfj 5 . pQm d's'6df a4sf tlg
dlt{x? /xjsf 5g\ dlt{sfj cfs]t of : j ?k x]bf Tolt c]fEs cgkft
ldn]sfj h: t] klg b]vb]g . lnR5lj sfnsfj e6bf klxn] g} agjsf
s'iff0sf]n It/sf dlt{h: t] b]vG5 . o; } dlt{sfj hf8]sfj s'iff0-sfnlg
dlt{ dy/f Dohoddf 5 . ol bj} dlt{x]bf a;]sfj 9^x / sNlx?sfj
cfsf/-k]sf/ p: t} p: t} b]vG5 . gkfn]sf kfrlg b]jL dlt{x?df kf0g
; a) n]l0f oQm xf/tlsfj dlt{ ; j { kfrlg dlt{ d]w]sfj Ps gdfg dlt{x] .

b0{ tNn] pQm dlGb/sfj kj lzaf/df Pp6f t]f/Of /xjsfj 5 . t]f/Ofdf
k-r/lff b]jL /x]sl l5g\ : j ode'sfj : j ?kdf agjsfj xf/tlsfj o; dlt{sfj
bfof]afof 9Efsfj l; x /xjsf 5g\ . dlGb/df Pp6f dlt{ /xjsfj lkQnsfj
ktfsf klg 5 . dlt{sfj cufefudf Pp6f d08k 5 . afnh'sfj xf/tlsxf
r]q kl0f]dfsfj lbgdf d]nf nllb5 . pQm lbgdf g/b]j Lsf cfrfh'af6 khf
c]pgj ub]5 . uyfeUll-306fs0f]sfj Ps lbg cuff8 >L3M]j xf/af6 klg
df]g; x? c]P/ ehgs]tg u/l ; do-ahl kj; fbsfj ?kdf afB]j ub]5g\
; yfglo df]g; x? pQm xf/tlnf0{ Nxt c]hdf egj klg ub]5g\
o; nf0{ : yfglo df]g; x? : j ode'sl xf/tls] alxgl klg egj ub]5g\
pQm dlt{ ; f]xl : yfgs]fj kf]v/Ldf kn]f k/]sfj egj : yfglo df]g; x?sfj
egf0 /xjsfj 5 . hg lbg e6]sfj xf] To; lbgnf0{ xf/tlsfj hg]d lbg]sfj
?kdf dg]pb} c]Psfj 5 . xfn To; dlGb/df kt]j f/x? kfn]a: b} c]f0/xjsf
5g\ : yfglo ; fg'sfhl afx/sf cg; f/ klxn] klxn] aRrf v]k]pbf
afv]sf kf7f NoP/ ol l; tnfdnf0{ ef]u lbp/ aRrfnf0{ khf ug] rng
lyof] .

dlGb/sfj j l/kl/ lj leGg lxGb"bj] tfx? /xjsf 5g\ fy) af4 : t'kx?
klg /xjsf 5g\ dlGb/ tNn] zh]ldf agjsf/ 6Bfnx?n] 5fgf c8df0Psfj

5 . 5fgfnf0{ lkQnn} 5fPsfj 5 . 6Bfnx?df lj le6g bj lx?sfj dlt{ sfbPsf 5g\

kfrlg ; dob|v klhb} cfPsl ol bjl l gjj f/sfj clhdf sfj ?kdf, lx6bx?sfj zlnfsfj ?kdf clg af4 wdfj ndalx? /lfsf xf/tlsfj / lj z4 a14i7 bjl lsfj ?kdf ol bjl lnf0{ df6b} / khb} cfPsf 5g\ / h|eP klg o; xf/tl clhdfsfl k; ^un} a4 sfnlg Ps JolStn} u/sfj /fdff sf0sfj dflwodaf6 s| b|vfpq vfhjsfj 5 eg| hg; 's| v/fa dflg; n| klg ; 'a14 / ; Tdfudf nflg ; s| clg ; j kl0flsfj lxtdf nflg ; s| bjl l- bjl tf; Dd ag ; S5g\ e6g ; Gbz lbg vfhjsfj 5 .

kf6gsfj rkn 6flnsl xf/tl M af^b|nn} kf6gsfj rkn6flnsl b'ggldf /xsfj xf/tlnf0{ 57f}+ zblsf dfjgsf 5g\ . sfn' dxhgsfj 3/leq rfsdf /xsfj pQm dlt{ blf0ffedv 5 . oxfsfj dlt{df kfr- aRrfx?sfj ; fydf xf/tlnf0{ b|vfp0Psfj 5 . ; fl dlt{sfj rfsf0 ! \$ 0Gr / nDaf0{ ! * 0Gr 5 . Toxf /xsl : ql dlt{sfj bfofaf0f b0{ aRrfx? / afoff xftn} Rofkjsfj Ps aRrfsfj ; fy) kfbkl7df b0{ aRrfx? cjl : yt 5g\ tn /xsfj afoffkrfjsfj aRrfsfj ; fydf hgjj / /xsfj 5 . of dlt{ agkl5 dfq kfrj 6f aRrf ePsfj cfs|tsfj xf/tl ag yfnjsfj b|v65 . pQm dlt{sfj 6fPsfjsfj efu sfbPsfj 5 . To; } 3/sl sfn' dxhgsfj hfgn| kvfx?df ; Gtfq la/fdl xg| ; Gtfq gafRg| ePsfj sf/0fn|To; } 3/sl ufltofn| ; fl dlt{sf6}sfj hfgsf/L u/Psl xg\ ngl ; x af^b|nn} klg lb cin{ : sNr/ ckm gkfnl e6g k' : tsdf ofj s'/fsfj vnf; f u/sf 5g\

dlt{sfj afoff klS b0{ km6 hit clnfl : j ode" r}to /xsfj 5 . To; r}tosfj afoffklS csfj ; fgj * 0Gr hit clnfl csfj r}to /xsfj 5 . tl b0{ r}tosfj alrdf lx6b"bjj tfsfj dlt{ klg /xsfj 5 . sflnfult k0fb|v sfttS k0ff; Dd pQm dlt{df k; fsfj xf/dfnf / d's6 nuf0lbg| ul/G5 . kf6gdf xgl dtofll kj |sfj lbgdf pQm : yfgdf klq kl/qmdf ugl ul/G5 . pQm xf/tlnf0{ xff; sfj c08f r9fP/ khf ul/G5 .

: j odeSl xf/tl M

pkTosfsf xf/tlx?dWoj ; aje6bf dxlj k0ff/ k|Voft xf/tl : j odeSl xf/tl xg\ . : j ode" r}tosfj j fofo sf0df cjl : yt b0{ tNn} xf/tlsfj dl6b/ koruf8f zhldf agjsfj 5 . pQm dl6b/ slxn} agof e6g s6} 7fj ; k|df0f 5g . : j odeSl xf/tlsfj j f/df yxf kfgj cfwf/ eg| j zfj nlx? xg\ : j odeSl xf/tl dl6b/ lgs} snfds / k0ff?kdf ; g / lkQnsfj dfndaf nuf0Psfj 5 . dl6b/sfj cufedf tlqj 6f tf/0fx? /xsfj 5g\ bfofaf0f b0{ em08f /xsfj 5g\ uh/df ; 'gsfj dfndaf nuf0Psfj 5 . b0{ tNn} 5fgfsfj alrdf kftfn} df8Psfj 5 .

leqsfj xf/tlsfj dlt{ sfnfj 9Efaf6 agjsfj 5, bfoff tlq / afoff b0{ aRrfx? /xsfj 5g\ xf/tlsfj dlt{fnf0{ leq d08k agf0{ /flvPsfj 5 .

xf/tlsfj dl6b/ / leqsfj d08kdf ktfsfx? r9f0Psfj kf0G5 . dlt{sfj e0df rfb| nkg ul/Psfj 5 . dl6b/ / dlt{sfj cufl8 d08kx? /xsfj 5g\ xf/tlsfj dlt{ / dl6b/sfj bfoff foFl ; xsf dlt{x? /xsfj 5g\ dl6b/sfj klj lz af/df hf; 's| klq ; lhn} klj lz ug| g; sfj ; ve6g p2Zon} rfb|sfj l9sl /flvPsfj 5 . dl6b/sfj cufl8 5fxfojs| khf ugl csfj d08k / j ufsf/ o1zfnf 5 . ; fxl o1zfnfsfj k|{lbzdf tlqj 6f ; fgf d08kx? 5g\ pQm d08kx? ; l} bfofaf0f vDafx? p7f0Psf 5g\ afx/af6 x|b|f lgs} snfds cfsifs xf/tlsfj dl6b/sfj kfrlgtfsfj ; Da6wdf oylj 6 k|df0fx? kfg ; lsPsfj 5g .

: j odeSl xf/tlnf0{ pkTosfaf; lx?n} Rj odf+ clhdf, BMDf+ df- dfq klq e6g u/sf 5g\ pkTosfaf; lx?nf0{ /flu nflbf Pj+eo, of; / czflgt lqdf ugl pglx? oxfl khfug{ cfpj ub5g\ khfdf 5fxfojs| khf, rf khf, snM khf, ls; nl khf / lgTo khf ugl u/sfj kf0G5 .

: j odeSl xf/tl dl6b/df lj le6g lsl; dsfj khf xgl ub5 . eQm hg b|gs ?kdf : j odeSl xf/tl : yfgdf khfdf cfpj sf ; fy) lgTokhf, 5fxfojs| khf, ls; nl khf, rf khf, snM khf, dlt nfpj khf cflb khfsfj nflu klq cfpj u/sf kf0G5 .

o; : yfgdf lbgf r/ kN6 lgTo khf ul/G5 . dl6b/df laxfg / ; flemkv khf ul/G5 . lgTokhdf ; j klyd laxfg rf/ ah|g| k/flxt cf0{ 9f|sf vflg| / xf/tlnf0{ : gfg u/f0{ afx/ sfj 306f ahfpg| ub5g\ ; j klyd xf/tl clhdfnf0{ : gfg u/fpg| ul/G5 . To; alnf k/flxtn} lqdg j fSo k9j ub5 . cf+otdun+ka/ wd{ w/:o lg: tl bogl lat:o ; d|ds:o ; Tj k|sf/:o| rt/ b:o tt^un+ej Gt't| k0fdleifsl .

lgTokhf ; lsPk15 laxfg ; ft cf7 ah|t/ l6x ; j f snM khf ul/G5 . of khfsfj nflu khf/Ln} rfb|sfj yfn, rfb|sfj sr|f/ / rfb|s ; fdfgx? kofu u/L clftf kmh, cal/ ; doahl /fv| khf ul/G5 . l6x ; j f snM khf ; lsPk15 ehf r9fpg| sfd x65 . ehf vj fpg| eg| / eft ksfP/ eft ; lu kfr k|sf/sfj kl/sf/, fo," dx cflb /fv| vj f0G5 . o; sfj klrng g| * !) \$) k|ff s|0f gj dl -lj = * ! (& ^ _ b|v ePsfj xf| . o; sfj nflu Nxt, Vj flt, h|dkvjt / /glaf/Lsfj vjt u/L hDdf & /flkg| vjt cfo: tfsfj ?kdf /flvPsfj lyof| . xfn vjt pknAw 5g .

xf/tlsfj dl6b/df lgTo khf kfnfj fnf khf/Ln| ub5 . rfyf| k6ssfj khf ; flemfj ; dodf cf/tl lb0{ ul/G5 . khf/Ln| j f khf/Lsfj kl/j f/n| aQl lbg snM lnP/ cfp5gV xf/tlsfj cufl8 alQ afNgl ub5g\ . ; flemfj khf ; lsPk15 dfq /fqlsfj rfkhf ; ? x65 . c? rfkhf of 5fxfojs| khf eg| hhdffgsfj cf^gf| k/flxtn} j f cf^gf| khf/L geP : j odeSl khf/Lx? af/f u/fpg| ub5g\ : j odeSl xf/tl dl6b/sfj khfsfj kfnf| / : j ode" r}tosfj khfsfj kfnf| Pshgf khf/Lnf0{ kb5 . lgTokhfsfj sfo{ n|lg| dflg ; x? af/f ul/G5 eg| leq xf/tl dl6b/df kfnf| a: g| khf/Lsfj

jho6tl @ : #sft-c^s

sfo{ nflg] jf : jf: gldfG5] hf; s'n] u/ klq xG5 . olb ... jode'sf a4rfox? uo{ khf ugk5{ . tl b0{ : yfg alrdf j] flxs ; Da6wnf0{ lgifw u/ sfl] 5 . l- hfg s'ns, al4i7 dfgfl: 6^h ckm gkfn 0H (*% . /ftsfl cf/tl : jf: gldfG; af6 klq ug{ ; lsG5 . kinfj inf khf/Ln] : jode" r] osfl k-ra4sfl khf klq ub5g\ k-ra4sfl nflu ; doahl rNbg eg] xf/tlnf0{ ; doahl /fv/ khf ugk5 . xf/tl clhdffsfl] lgTkhf xfn lbgssfl rf/kN6 dfq ePsf] kf0G5 .

xf/tlnf0{ul/g]lj leGg khfx?df rfkhf ; fem9n/ cllwof/fl] 5fkk15, ; femsfl cf/tl-khf ; lSPk15 dlG6/leq khf/L / hhdffg dfq a ; V ul/g] khf rfkhf xfl . of] khf ; w;gxg klq ; S5 . of] khf eQmhgaf/f ul/G5 . gkfn efiidf . rfl egssfl . /ftl xfl . /ftl ug] khf ePsf]n] o ; nfo{ rfkhf elgPsf] xfl . ; femsfl cf/tlk15 of] khf ; ? ul/G5 . o ; sfl nflu klq 5fxfojs] khfdf h : t]Toxfsf s'g]af; Gbfnf0{khfsfl cfj Zos ; fdfgx? hfg{ nufpg ; lsG5 . ; fdfgotof s'g]kl/j f/df /flu nfuldf, dgsf 0R5f u/sfl] k/f ug{ s'g] sfd ; kmn ePdf jf hlj gdf cf0k/sf ; d:ofx? lgdh kfg{ rfkhf ul/Psf] kf0G5 .

kl/jf/sf ; b:ox? la/fdl xbf jB, hftiil jf Bldfx?n] /flu / bzfaf6 dOm u/fpg klq rfkhf ug{ nufPsf] kf0G5 . kl/jf/df h ; sfl gfdff khf efsn u/sfl] xfl p ; s] gfdff of] khf xG5 . hhdffgn] khf ; a^sNk u/f0{ k/flxtn] dGq k9L sl/a Ps 306fsfl khf xG5 . khf ubf{ xf/tlsfl dlt^hf0{ ; kif u/L cal/ bn/ bli6 nuf0G5 / cGtdf xf/tl ; lxt ; a) kl/j f/nf0{ eflh v'j fpg] ul/G5 . rf khf j hfrfo{ k/flxt / hhdffg a ; l dlG6/leq ul/G5 .

snkhf xf/tl clhdff : yfgdf ul/g] csfl] khf xfl . of] khf aflx/af6 efsn 5'6afPsfx?af/f ul/G5 . lj leGg lsl ; dsf 0R5f /fv/ hhdffg jf eQmhgn] efsn ug[ub5g\ klxnf klxnf lakm/ cfp]g] ahf, lakm/sfl vfk nufpg] ahf, afnaRrfnf0{ /flun] ; tpg] ahf xf/tlsfl dlG6/df snMkhf k7fpg] efsn ug[ub5g\ t/ lxf] cfh Jofk/sfl ; dl4sfl nflu, aflx/ hfg] sfd ldnfpg] cfzidf, s'g] j : t' x/fPdf, gldn]sf sfdx? ldnf0{ lbg, ; Gtf] gePsfx? ; Gtf] sfdg u/L efsn ug[ub5gV tl s'g] sfo{ ; kmn ePdf snMkhf k7fpg] ub5g\ . sn khf ubf{ xf/tlnf0{ : j o+hhdffgn] khf gu/L : j oledf kfn] a: g] khf/L j f cf^g] 5S) k/flxtaf/f ug{ nuf0G5 .

dlt nufpg] khf df aRrfx? lgs] la/fdl eP/ /flun] g5f8]sf] cj : ydf pglx?nf0{/flaf6 dQm dfg] p2]zon] xf/tlsf ; Gtf] wgef] ; lu ldt nuf0g] ul/G5 . dlt nufpbf la/fdlnf0{ xf/tln] cf^g] ; Gtf] : /x 7fg/ arfp5 eg] lj Zj f ; ul/G5 . !@ j if d'glsf j Rrfnf0{ dfq dlt nufpg] ul/G5 . dlt nufpg] khfsfl nflu 3/af6 g] khfsfl ; fduf n/fpg] cf^g] k/flxt 5g eg] Tox]sf] khf/Laf6 of] khf u/f0G5 .

jho6tl @ : #sft-c^s

khfdf ; ug : j ?k kth / df5f r9f0G5 . To ; /L g] dlt nfufpg] aRrfnf0{ klq ; ug lb0G5 . wgef]h'nf0{ h] h] j : t' r9f0G5, aRrfnf0{ klq Toxl j : t' lb0G5 . dlt nufpbf wgef] / aRrfnf0{ efl6] r9f0G5 . rffl]sf] -tfofl uxgf bj] nf0{ nuf0lb0G5 . bj] tfnf0{ eflh r9fP kl5 aRrfnf0{ klq ; fxl : yfgdf /fv/ eflh v'j f0G5 . clGtd k6s bj] tf 9flg nuf0{ labf e0{ aRrfnf0{ 3/ kmsf0G5 . To ; lbg]v aRrfnf0{ klq bj] tfsfl ?k dfgl 3/df 5f0]56] gu/L h7] g5'j f0{ dfq ; Ddfgsf ; fy /Vg] rng 5 .

5fxfojs] khf k/Dk/fsfl ; u/sf pNn]v : jode" dxfk/f0fdf 5 . a4nn] lgod agP kl5 ; ePsf] of] rng xfn ; Dd klq rn]sf] kf0G5 . 5fxfojs] egsfl ; /fsfl wf/f r9fpg] xfl . of] khf ubf{ dlG6/sfl cuf]8 /x]sf] d08kdf df6]sf] lep6df ksPsf] eft, xff; sfl c08f, af; j f; Wj hf, 5dfj, snfl e6df; , df; , n; g /fv]sf] alnef08 xG5 . o ; n] hhdffgn] ; /f r9fpg] ub5 . ; /f r9fpg] b0{ hgn] snz ; df0{ alndf tk0f lb0G5 . o ; /L tk0f lbbf ls k; if k; if b0{ hgf jf dlxnf dlxnf b0{ hgf dfq] /xgk5{ eg] wf/Off 5 . 5fxfojs] j f ; /f tk0f ug] sfd alndf ul/G5 .

drfkhf efl] zNsklf afbzlsfl lbgdf ug[ul/G5 . o ; lsl ; dsfl khfdf 0lx jf r8fsc] gu/sfl aRrf]sf] dfq ; xeflutf u/f0G5 . ; a) aRrfnf0{ xf/tlsfl dlG6/nf0{ dfl]Nn] : yfgdf /fv/ aRrfnf0{ dlG6/ 3Dg] lbzfsfl pN6] kl/lwdf a: g nuf0G5 . To ; kl5 aRrfnf0{ 6lsf nuf0{ bl]f0ff lb0{ ; doahl vfg lb0G5 / ; Sbf ; dfq ; dlt aRrfx?nf0{ bfgdf lb0G5 .

; df csf]sf] aRrf x/Of u/ / vfg] olf0l gja'4sfl lz]ffaf6 csf]sf] aRrfx?sf] ; fl]sf afg yflng\ o ; klsf/ xf/tl pkTosdf ; ; sf] cj : ydf aRrf]sf] /fl]sf]sf] bj] lsf] ?kdf : yflkt eP klq xfn cfP/ ; Dk0f] kf0]sf] ; fl]sf, s'nbj]L, kl/j fl/s bj] lsf] ?kdf /xb] cfPsl l5g\ o ; /L lxGb" / af4sfl ; fem bj] lsf] ?kdf /xg kulsl xf/tl /fl]sf] bj] laf6 clhdff bj] ldf kl/Of ePsl 5g\ xf/tlsfl bzg klfnf0{ x]bf] s'g] klq v/fa jf g/fdf] tl] nf0{ klq c ; n lz]ffaf6 /fdf] / c ; n st0df k]ofu ug[; lsG5 eg] /x]sf] 5 .



lj leGg lj 1fkg, l ; gdf, 6]n]lkm]d cflb lvRg j f ; Dkfbg ugk/df xfdlnf0{ ; Demgx] \
Sof6 lehg kfBS ; g kf=ln=
☎ M (*\$!#\$@#%^

allh u0f/fhosf] cleg6bg

-zlt n lu/l

ofbj ufqlo /fptx? zft : j efj sf hEnl hftsf lyP . pglx?sf] kfrlg ynf] odgf j f dxidtl gblsf] lsgf/ g) x] egl ul/65 .

allhu0fsf] lfgkm slt lyof] egl s'/n] vf; } c6t/ kfbg, dfq lsdab6tl x] . o; sf] g ultnf] 0ltxf; 5, g c6j lfofsf cfwf/ e6g ; lpsf] 5 . of slj n ts{dfq x] . k'/fgf] s'/f] nVg a:bf .xfl -xfoql df d cInemg rfx6gf . x] - xfoql df cInemf nVgkg] s'/f] 5'6g ; S5 . gnVgkg] s'/f w/) nVg klug5 .

j f: tj df w/h; f] dteb zAbnf0{lnP/ xgl ub5 . Joj x] /sf] lfgdf ; lj wf s] 5 eg] zAbn] ToxfPp6f cy{lb65 .

Joj x] /b]v k65fP/ lj rf/sf] lfgdf t6sfpb} hfg] x] eg] zAb oyf] ytdf c0kU5 . Toxf of w/Offds cleJo-hgfsf ; fy slns ; kllfdf t^aut xg yfNb5 . o; sf/Of dgsf b0{lj rf/ ; sf/ffds / gsf/ffdsf] ldnk slxNo} xg ; Sbg, ldnk geP klg lj rf/ dy/ ; fy6 lgofo lgsfNg ; lsg5 . zSn ohj] bdf o; f] elgPsf] 5 -

∴ Delt+r lj gfz+r o: t3b]d0M ; x .

lj gfzg d]o' tlj f] ; DeTof d]tdZgt] .ll

cyff\; Delt -; sf/ffds lj rf/ _ eg]sf] ; do cg' f/sf] goff l; hgf x] / lj gfz eg]sf] -gsf/ffds lj rf/ _ c]f-5glo s'/fsf] lj gfz ug] x] . ol b0j 6f snf xgV logx? Ps} ; fydf /x]sf x65\eg] s'/fn] cd/tf k]kt ug{ ; lsg5 egl s'/f k]/ffds cVofgx?n] klg klj6 kf/sf 5g\ kzkfng g]logx?sf] kd'v k; f lyof] . kz' f6 pglx? w/) cfj Zostf k'f x6y] .

k]s]tkb0 k]fofx? z/l/df Ct'cg'sh /xg a:g ; Sgl lfdt x65 .

kz' ; lu z/l/dfq 5, g lglx?df 3d08 x65, g nih . r]tgfn] dfg; df a4sf] lj sf; eof, lfgsf] lj sf; eof, bl6sf]pfsf] lj sf; eof] .

cget ; To / a4sf] ann] ubf{ dfg; n] Ct' cg' f/ nufpg, a:g-vfg kg] eof] . ; fdllhs dofbf]sf] sf/Ofn] g] dfg; n] cf^ gf] z/l/df uj{ ug{ ; Sof] ls p; n] b0{ v'sdf pleP/ ; j t6qtf; fy xtaf6 sfd lng; Sof] . dfg; ; j lj j]sn] sfd ug{ ; S5 . ; Dej 5, ; Eotf / ; +sf/ dfgj ; Defj g]sf] k'/fgf] lglw x] . lglw ; #f0f ug{ ; ^a7g rfx65, ta ; xofu kf065 .

lj j]ssf] ann] dfgj >daf6 ; dfh / ; Eotfsf] lj sf; ePsf] x'gk5{ . lgzro g) of klutsf] 3f]ts x] . bl6f / bZ0, 1ff / 1psf] of kfySo klutsf] ; fkg x] .

Pp6f k; ^au ofb cfof] . /ftx6 / /fptsf] ; Demg eof] . elg65 allhx? ; j t6q lyP . kl5 k/flht ePk15 klg s/b /fho -s/ lgtf] ; tdf u0ft6gsf] ?k df /x] . ; fdfHodf /x/ klg cf^ gf] rng 5f8gg\ / u0f/fho e]tsb} lyof] ; fdfHodf lj no xb} lyof] . s/b ag/ klg /ftxtsf /fptx?n] kl5 ; Dd u0f/fho l6sfP . oxl s'/f] d o; n]vdf /fVg rfx65' .

k'/gf] s'/f, cgd]gsf] e/df /fVg Tolt ; lhnf] 5g . efuj Clifnf0{ ; xofu u/]sf] axgf agfP/ lx+ fsf k]tdlt{ x]xo/fh sftj lo{ ; x; fh'g ofbj ufqlo /fptx?sf] ; dh gfz ug{ t08ls/f, ; oft / x]xojl/x? lnP/ cfof] t{lxjd t'w08tkm cl3 a9] . efuj Clifsf gft k/z/fdn] ofbj ufqlo /fptx?sf] p4f/ u/ . efuj af/f klzllft ofbj ufqlo ; fox? k/z/fdsf] g]t]j df 7fp7fpdf n8b} db] dfb] , kz' wg arfpb} ; ofxfb] odgf gbl t/ cfof] tdf uPsf ofbj x? Toxf klg zft; ; lu a:g kfPgg\ egl s'/f d]s08b k'/ofdf klg pNn]v ul/Psf] 5 . Toxl cfof] tdf Pp6f 7hf] n8f0f dlrRpsf] lyof] .

Toj n8f0f bf; /f1 o4sf] gfdn] kVoft 5 . To; o4df ; #f]s k/z/fd efuj sf ddfafh] Clif lj Zj fldqn] zxfbt k]kt u/kl5 ofbj ufqlo /fptx? Toxfaf6 efuj . lglx? cfo{eldaf6 k] f]k]x]f]gb} a^afn]sf] v8l; Dd kuj . k]kt ; fdu]x?sf] e/df klg allh u0f/fho lyof] / w/d/P/ eP klg kl5 ; Dd ar]sf] lyof] e6g ; lsg5 .

afudtl gblsf] klzrdl t6 nrxn]pbf] 3f; n] ; lhPsf] 3gf h^aun clxn] t pj / / x/fe/f 5b} 5 eg] To; avt emg n]fenflbf] x'gkb5 . ; dyn lfgsf] j g h^aun 3gf / d]xs lyof] . lghg zft / ; /lft eld k]pbf s]xl ofbj ufqlo /fpt /f]tx6sf] elddf a; . w/h; f] rfx+gkfn pkTosftkm uP . allh u0fsf] klxn] ; +y]ks hft g] /fpt x] , egl hg>lt clxn]klg alnof] blv65 .

lSdj b6tdf pNn]v ug{ ; lhnf] eP klg, d]/f] nflu eg] si6; fWo x'g nflu/x]5 clxn] . ; flxon] c; To s'/faf6 r]tgzln dfg; nfo{ arfp5 egl s'/f d d]b5' . ; flxon] ; Gtl6 lb65, o; y{ kf7s; dlf k'ofpg rfx65' . ; do xdf] nflu j tdfg lfofdq xfoq, ; do lg/Gt/ 5, To; df lat]sf / cgfut c]pb5 klg . To; f] eP hg of] c]j tdfg 5, h'g x'ge6f klxn] lyof] / cu]l8 xgl5, To; nfo{ xfdl z/l/n] 5g ; Sbg] dfg; stfn] uxOf ub5f; / s]xlnf0{ j Gbglo d]b5f . o; /l dfg; n] p6gt / kult ub5 . of dfg; stf dfg; sf] k]ts yftl x] . kz' ; j od ; d]xaf6 cnu /xg ; Sbg t/ dfg; of] blj tf ptf /fif; ag]sf] gdl7f] 0ltxf; 5 xfdl ; lu . ; j od\cfkm]f0{ g]k]g] lfdtn] JolQmsf] dfg; stf

jho6tl @ : #sft-c^a\$

kls6 ub5 . cfj Zostf g) cfij isf/sf hggl xfl . cfj Zostf cglT ePsf/n) dflg; sf cfij isf/ klg cglT 5 . ca t cfij isf/nf0(cItqmdOf u/ dflg; lj nf; tdf 8Ag tID; b) 5 . o: tf dflg; stfsf rqmloxaf6 pDs/ g) dflg; ; xh aGg; S5 eGg) cfzf klg dl/; s)sf 5g . 0ltxf; h) h: tf eP klg alHh uOf ; b: osf; xhtfnf0(s; n) klg cIzi6 / c; Eo eGg g; xfpnf .

dlxidlT lsgf/sf /fptx?sf) a; fOf; /fOfnf0(lgtfT j yf dfg' xbg) . k)ofs kfOf/n) emf bMvat6 ; v kf0G5 eGg) alHh uOfsf) 0ltxf; k9bf yxf xG5 s; /L loglx? cf^gfkG, hftlo uf/y arfpg efs ; xb) cglSf si6 emN) /fTx6sf) eld; Dd cfpG ; s) < efs) nflu eflng eGbf dl7f) s)kl k/sf/ xbg) . uOf/fHosf) 0ltxf; df alHhnf0(7hf) dxlj sf) dflG5 o; e^v08df .

; To klxNofpg v)Hbf bli6 n8v8fpg' xbg) , of) ; To la; G' xbg) ls sG) klg dflg; cd/ xbg) . of) ; To klg alHh uOfsf) aem) lyP . uOf/fHodf uOfIgod cfkm) agf0(cfkm) kfng ug) xbf cGfj Zos e) emu8f xbg) . s)xl /fhf aGg) xfl) s < aGg) kpf; ug) xfl) s < of) 8/ /xbg) . uOfsf) lxtnf0(Wofg lb0g) xbf rf6'sf/L kj [Qn] 6f)psf) p7fpg kfpbg) . ; dfg e)j , ; dfg Joj xf/ xg) ub5 . of) ldtf of uOf alHh uOf/fHodf lyof) . of) /fptx?sf) ; DklQ xfl .

hftlo e)j gf, dfgHgsf) rng, hGdb) v dl'o; Dd ; xoful e)j gf /fTx6sf) /fptdf clxn) klg kf0G5 . oxl ; ^hf) e)j gfaf6 0ltxf; sf) 3'd)nf) k)sz k)kt u/f / cfkm'a;)sf) 7f)psf af/df s)xl sfg) kpf; u/sf) 5' .

g)kfn pkTosdf k)usf ofbj ufqlo /fptx? u)kfn hft)sf) g)dn) k)Vof) eP . g)kfn pkTosdf u)kfn) zsf eQmdf, houkt, k/dukt, eldukt k)yd, eldukt latlo, dlOfukt, lj iOfukt / o)lukt) #@) j if; Dd /fHo u/sf) 0ltxf; df pNn) v 5 .

g)kfn pkTosdf eQmdf)sf) g)tl)j df j fOf; /sf) j w u/L k)non) j fudt)sf) lgsf; af/ ylggn) bxs) ?k lnPsf)df r)ef/sf) 8f)Bf) sf6l klg au)0(v)tl ug) of)lo ag)Psf) rrf) rn)sf) h: tf) nfulg . s'g) klg s'/nf0(b)j l syf; u h)8)bbf; To lj ; y)k) xg k)lb5 . euj fg) s)lOf / pgsf) ; b'zG rqm)nf0(alrdf Nor0)bbf eQmdf)sf) k; E lan)P/ uPsf) xg ; S5 .

g)kfn pkTosdf e)8)kfn, dlxifkfn / df5df/n)sf) ; f u)nf) cgfo)?) lz: g)bj egl k)Hb) cfPsf) lnE b)j nf0(kzklt g)ds/Of u/L khf ug) y)nf)sf) lyP . /fTx6sf) /fptx? ; do ; dodf g)kfn pkTosf u0/xGy) . Toxf lnE b)j kzklt)sf) khf-c)hf u/sf) cf^g) cf)vf)nf) b)j)sf) lyP . /fTx6df a; f)af; ug) /fptx?) klg cfkm)nf0(alHh uOf/fHosf) ?kdf : y)k) u/L kzklt g)ds/Of u/ .

jho6tl @ : #sft-c^a\$

To)oudf /fhwgl / cf^g) hft)sf) /lff) (9E)fs) u9 ag)pg) c)g'e)j ; adf lyof) . ; a) hft)nf) ul)nf) u9 l)gd)Of u/ eg/ eGg ; lsg) . u9 l)gd)Of ug) klg k/fht eP, g)g)nf) klg k/fhosf) kl8f e)l) . u9 l)gd)Of ug)sf) : j fledf) c)j z)fs) ?kdf c)g'd)g nufpg ; lsg5 . u9 s; n) e)l)sof) < slxn) / lsg e)l)sof) < pQ/ el)gf) z)l)df v)Hbf kf0G5 . h; n) ag)Pg, p; sf) 0ltxf; , j l/tf <<<

alHh uOf/fHosf) /fptx? kzkfngd) lge/ lyP . loglx? uEfb) v pQ/, sf)zslb) v klZrd, lzj ln^a)ub) v bl)fof / ; b)fg/fb) v k))sf) e)efudf a; fOf ; l/xGy) t/ j if)sf) Psk6s cf)Zj g k)lOf)df)sf) lbg cf/fWobj kzklt)sf) khf cf/fwg) ug) c)dn)sf) j g - : y)glo e)l)df) cf)fs) j g_ cf0kly) . z)fgt : j e)j sf) /fptx? alHh uOf/fHodf /df)Psf lyP .

alHh; ^Ssf) /fptx? 3'd)Gt) kzkfns lyP . o; f) xbf /fhwgl / ; DkGg gu/ ag)Pg) h)Endf /Dg) xbf c)G l5d)sl /fHo; u emu8f u/L l)fg lj : tf/ ug) r)fx)gg\ . l5d)ss) sf)nf, lnR5j l, d)Nn, z)Sox?sf) uOf/fHo klg cf; kf; d) lyP . tl uOf/fHox? klg h)Enl c)j : y)df) lyP . uE) g)blb) v j l/ s'g) z)l)mf)nf) /fHosf) l)gd)Of e0; s)sf) lyPg, k)rl)g l)lynf) /fHo l5Gg le)G e0; s)sf) lyof) egl, j z)fn)sf) klg ktg e)Psf) lyof) . alHh ; ^Slo uOf/fHosf) ; E7g clatlo lyof) . alHh uOf/fHodf lj lj w hft)sf) /fd)nf) d)nf) lyof) . /fptx? n8fs' / kz' k)fn) ag) egl yf? v)tl ug) eP t/ klg yf?x?) /fptx?nf0(j fh)l eGg) uy) / cfkm)Gbf cln le)G 7f)by) . lj f/ s) nf)l skf/ d)nf)sf)Qm) /fTx6sf) /fpt n8fs) x?) k)l5; Dd cf^g) uOf/fHo l6sf0/fv)sf) cfef) lbn)fp5 .

; Gbet ; r! -

! = pk)tl, kl = cf/ - !(*) ...g)kfn l6j) l/n; G; u sf7df8f) kufg/f .

@ = t)dfE, ; l)l/fd - @) ^! ...g)kfn) ; d)h lj sf; sf) P)txf; s e)l)tsj fbl lg?kOf u sf7df8f) l)g)l) k)sfzg .

= k)nf)vf)gf) , luc)lul(- @))# ...snf s) ; fd)h) pb)ud u gO(lbn)nl) l)G)l cg)fb, lj Zj g) y) l) d> - /fhsdn k)sfzg kf)ln= .

\$ = b)xfn, k)zn - @)%& ...g)kfn)sf) 0ltxf; u sf7df8f) Pd= s) k)lanz; + .

% = Gof)k)g) uf)j Gb - @)! ...n)k)nf) ; d)h)sf) ?k)Gt/Of u sf7df8f) ; f)6/ k)nf) 8)enkd)6 : 6)8h .



kn{ g)kfn k)Ani; ^ xfp; klg tkf0)s) xfl x) u }

; Gbe{

jhoftlsf j if{ lbg

-lj s'z

gkfnl ; flxTosf pTyfgdf lj wfut klqsfstf vfrfj cgej u/l @)^% ; fn r}g /fdgj dlsfj kfj g lbgdf klxnfj -@)^ j}zfv hj7sfl c^asfj cf/De ul/Psfj jhoftlnj ! ; dlIf, @ kj{ dlt, # /fi6o JolQmij, \$ gltsyf, % 5Gbslj tf, ^ : j b}zofq, & : j b}zofq, * 5Gbslj tf, (rf8-kj{ !) lj b}zofq, !! kpfosyf, !@ ; dlIf, !# ; dlIf, !\$ uBslj tf, !% ; +d/Of, !^ ; +d/Of, !& 5Gbslj tf, !* lgaW, !(lgaW, @) ; +d/Of, @! : j b}zofq, @@ lj b}zofq, @# 5Gbslj tfsf c^asx? lgsfnl ; s}sfj 5 . c^as ! b}v !& ; Ddsf jhoftlsf ofqf lj j /Of c^as ^, !@ / !* df kj: tt e0; s}sfj 5 .

lj wfut j f lj ifo lj zif xgfn}nv-/rgfsf t'ngfids cWoog ug{kf7ssf nflu jhoftlsf lj wfut cleofg lgs} pko}ul / n}skp xb) u0/x}sfj lyofj . ; li6fx?df klg Psj/rgfdf Psj}lj wfsfj cgl} /rgfsfj : j fb rVg kf0g} xgfn} pT; fx a9b) uPsfj lyofj . Ps c^asnf0(/rgf dflbf b0} c^asnf0(klgj u/l k}kt x'g yfn}sfj qmd /f}spg / c^as !* lgaW c^asfj ?kdf kj: tt ug} ; fr cg; f/ lgaWx? dfluP / oxif klg ; fr eGbf w} lgaW k}kt eP . @* cf6f lgaW cP . otf ; wh: tfj k5f/sfj ktf}sfj ; Dalwt lj wfsfj ; flf6ts /rgf 5b) lyofj . ol #) /rgfnf0(c^as !* /!(df ; d}6ofj .

kj{ : dlt klg ; +d/Ofs} csfj gfd xfl . c^as @df kj{ dlt lgsfn}sfj jhoftlnj c^as !% ; +d/Of c^as lgsfnbf k}kt u/sfj /rgf c^as !^ df ; dlt /Vbf klg s}xl afsl /xg uPsf lyP . c? s}xl ; +d/Ofx? yk/ c^as @) nf0(! (/rgf /fv/ ; +d/Of c^as # sf ?kdf Nof0ofj . ; li6fsfj cgej / e}fuf0sf s'/fx? 0ltxf; sfj ?kdf c}pgj xgfn} ; +d/Ofsfj dxlj cf^g} 7fpdf 5b) 5 . ; +d/Of / lgaW dflg} qmdf !# ofqf ; +d/Ofx? klg h}df ePsf lyP . rf/ cf6f ofqsf /rgf / k5f/sfj ktf} ykbf c^as @! : j b}zofq / c^as @@ lj b}zofqsfj ?kdf cf0f . : j b}z tyf lj b}z b}j} ofqf ; flxTo gj eP klg / ; : j fbgfj b}i6n} jhoftlnj : j b}z / lj b}z egl 5'sf5's} c^as lgsfn}g} u/sfj xfl . 5Gbslj tf c^as jhoftlnj Pp6f cleofgs} ?kdf cf/De u/sfj xfl . c^as % , * , !& kl5 c^as @# df *@ slj sf *@ 5Gbslj tf ; d}6ofj . qmdzll%&, ^), &^ / *@ u/ !@ 5Gbslj x?sf @&% 5Gbslj tf jhoftlnj cf^gf k}N6fdf ; d}6; s}sfj 5 . ofj gkfnl ; flxTo e08f/sf nflu pko}ul sf d ePsfj 5 e}gdf jhoftl kl/j f/ 9Ss 5 . @)^ (; fnsfj /fdgj dl @)&) j}zfv ^ ut}sfj sfoqmdf nueu %) ; li6falr jhoftl lj t/Of ul/Psfj lyofj .

jhoftlnj cf^gf cleofg c}tu}t alralrdf ; Dalwt lj ifosf ; li6fx?nf0 hd36 u/fpgj sf d klg ul/x}sfj 5 . jhoftlsfj sfoqf gkfn ; flxTo ; dfh klg nflu k/sfj 5 / o ; }nf0(lg/Gt/tf lbg} qmdf @)&) j}zfv ^ utj /fdgj dlsfj lbg ; +s}tlj b} ; Todfxg hfzlsfj ; efklt lj df, kj{ k}wfgdGqL dfwj s'df/ gkfn}sfj k}d'v c}tYodf, /fi6slj dfwj kj; fb l3ld/}sfj lj lzi6 c}f}tYodf, dbgd}of bl}lft, j ; Gts'df/ zDdf gkfn, sdnd}of bl}lft, s}f0fk; fb k/fh'nl, eb}sf'df/ 3n} k}f-8f= jf; b}j lqkf7L, k}f-8f= r8fd}of aW'sfj c}f}tYodf, nueu %) ; li6f alr j ; Gt/fw kBs}Jo k' : sf/ uf}j Gb/fh lj g}bl / k' ; iff0d l ; l}b}nnf0, x}ds'df/L-lbj fs/ ; dfh; lj f ; Ddfg lr; fvf}nf j } lj Bf>dnf0(/ jhoftl ; li6f ; Ddfg qmdzll c^as !@ b}v !& ; Ddsf Ps >lj7 /rgfsf ; li6f 8f= bu}k; fb cofn, k}f-ufk}sf}of zdf /f}d}j / /fpt dftf; , 8f= 3gZofd Gofk}g} kl/>dl, k}bl gkfn / k}f- l}z}ufkfn l/ ; fnnf0 k}b}g ul/ofj egl zAb}f ; lj f ; Ddfg qmdzll ; G}lk; fu/ gkfn, efef zdf / cfef zdf}nf0 k}b}g ul/ofj . gkfn ; flxTo ; dh}sf dx; lrj bu}k; fb gkfn}af/f ; -rflnt pQm sfoqmdf ; efklt ; Todfxg hfz}l, kj{ k}wfgdGqL dfwj s'df/ gkfn, /fi6slj dfwj kj; fb l3ld/ / k}f-/fh}b} ; j }lHo}h} cf^gf d}tJo /Vg'eofj egl 8f= z}l}b}k}sfz gkfn} ; Ddfgt ; li6fsf af/df k}sfz k}g'eofj .

; li6fsf k' : ts ; li6}af/f e}g} ; flr c}tu}t pQm sfoqmdf gkfnl ; flxTosfj >lj [4df dx}j k0}el}dsf lgj fx ul/x}sfj zAb}f(k}sfz}gaf6 Ps}kN6 \$! k' : ts -!#% p}k}l}f; a}lx -dh; lxt_ - j ; Gts'df/ zDdf gkfn} c^a}hl c^a}hl gkfnl zAb; fu/ - : s'n_ - lj gos'df/ zdf gkfn, c^a}hl c^a}hl gkfnl zAb; fu/ -Plnd}i6/L - lj gos'df/ zdf gkfn, Professional English Grammar for Students/Teachers/Professional j fdbj k}f}h, efiff-lj 1fg -alP=PdP_ - 8f=3gZofd Gofk}g}wgklt sf0/fnf=d}0mgf 9sfm, d}f}obt -syf; a}lx_ - ho}tl zdf a4 -pk}of; _ - P; kl cf; f, r}g}tl -pk}of; _ - k}sfzdl}of b}xfn, ofg d}g} -pk}of; _ - 0Gb' k}t, sNkgf ; +f/ -pk}of; _ - d}0mgf zdf lj ; a}t h}jg -pk}of; _ - ?s' s}sf} c}gl}gsf -pk}of; _ - 8f=lj Zj blk clwsf/L ; ?lr -pk}of; _ - z}l}t zdf k}lfrlf -dx}sf}o_ - g/fb} k/fz/, ?j f}ot -pd/v}ofdsfj sf}o_ - j ; Gts'df/ zDdf 'gkfn}n}ld}sf/ sf0/fnf-ag" n}ld5fg, ls/ftfh}glo -ef/lj sfj dx}sf}o_ - j ; Gts'df/ zDdf 'gkfn} k}f}w r}b}f}o ->ls}f}of ld>sfj gf6s_ - j ; Gts'df/ zDdf 'gkfn} Alan, The little Kangaroo (Story) - Jyoti Adhikari, Mahavarata Series 1 to 7 (Story) -Prakashmani Dahal, bz}sf bl}f}off -afn}pk}of; _ - u^af k}f}h}, hf}vdk0}f kxf8l ofqf -cgj fb afn- ofqf; +d/Of_ - cf}zif kf08, pb}f/t}sf} k/f}si7f -afnsyf_ - j ; Gts'df/ zDdf .gkfn} /df0n} z}gaf/ -afnsyf_ - efef zdf ; f}g}sf} axb}l -afnsyf_ - cfef zdf 3/ -afn-g}ltsyf_ -lj gos'df/ zdf gkfn, /f}dsyf -k}f}f}ofdsyf_ - lx/0os'df/l k}7s, 5's5's} lg? -afnsyf_ - pldfi n}ld5fg, tan}sf} j }bgf -afnsyf_ - 8f=lj Zj blk clwsf/L, b0} v}j la/fn} -afnsyf_ - n}ntf b}f}f, b0} 6}psj ; k} -afnsyf_ - uf}j Gb l3ld/ j }bd}of} d}v(l; x -afnsyf_ - /zf l3ld/ s}xl dxk?if -k}f}f}ofdsyf_ - /-h>l k/fh'nl, goff ; fyl -afnsyf_ - ; 'f}df

jhoftl @ : #sft-c^s

dfg6w/ ; **tb/ / ; /lsfl lj j fx** -afnsyf - kf/; dlof bxfn, **njvs 6lnkfg**
8fo/l cflb ; fj hlgs eP . k: tssf af/df ag"nfl5fglj klsfz kfg'eofl egl
gkfn ; flxTo ; dfh, zAbfy(klsfzg / ; flxTo lbj ; af/ < zAbfy(klsfzg
tyf j jhoftlsf lgbz's, gkfn ; flxTo ; dhfsc cWof l **lj gos'df/ zdf(gkfn)**
cf' gfl dGTJosfl ; Da6wdf klsfz kl/Psf s'/f o: tf /xjM

cfb/Oflo ; eflit ; Todfjxg hfzlHo;" kdv cltly ; Ddfgglo dfwj s'df/
gkfnHo;" lj lzi6 cltly /fi6slj dfwj k; fb l3ld/Ho"/ c6o cltly dbgdlOf
blift, sdndlof blift, sjOfk; fb k/fhnl, eb'sdf/l 3n, kf= 8f= jf; bj
lqk7L, kf= 8f= r8fdlof a6wHo" nufot oxif pkl: yt ; DkOf(cfb/Oflo JoQm j
j udf d ; j klyd cfef/ JoQm ub'5'. cfhsfl kfj g lbgdf ; a6'6bf cfef/L t d
dl/f lktf j ; Gts'df/ zDdf(gkfn'sfl h6d lbg'sf lbg o; /L tkf0k?; u v; l afBl
sfoqmd ug{kPsf'df ePsf 5'.

! zAbfy(klsfzg : yfkg'sfl ofl ; ftfj j ifl xfl . lj utsf ; dodf kn'skns
Ps b0(zAbsfz lg: sgl / tl lj gf kl/dfhg, lj gf ; +s/Of x/fpg ubly). zAbfy(
klsfzgn) zAbsfz lj wnf0(Jofj ; flos agfpg) kof; ufofl / cfh lj dflrt b0(
zAbsfz ; dlt **!& y/L zAbsfz** klsfzg u/sfl 5' / ; ajsfl kl/dfhg / ; +s/Of
lg/Gt/ lg: s/x'sf 5g\ To: tju/L zAbfy(h) dxlj lbPsf c'sfl j wf **afn; flxTo**
xfl. o; cl3 o; klsfzgsf @@ afn ; flxTo lyP egl cfh Ps)kN6 oxif# afn
; flxTosf k: ts lj dflrg xb) 5g\

o; /L gj xfdln) tj; fl klydstf lbPsf c6o ; flxTos k: tsx? xg\
syf, slj tf, sfo, dxsfJo, gf6s, ; dnfirgf, eflff 1fg, ; lk 1fg,
cWofd bzg'sf k: tsx? xfdln) & j ifdf eio8) @)) 5flk; s'sf 5ff egl
o; kN6 gf6s, sfo, dxsfJo, syf, pk6of; , cWofd bzg'sf !# k: ts oxif
lj dflrg xb) 5g\

; ah) k'zj / kf7ak: ts 5fkg) / k; f sdfpg) af6fl ; dPsf ajnf xfdl egl
; flxTo lfgdf nflu/ s'f 5ff. ; flxTos k: tssf laqm bVbf egl stfstf xff; fl
/ lj : dft Ps)kN6 cP klg xfdl lg/f; egl ePsf 5gff. kfoM ; li6f cfm? s'fl
k: ts lsg/ gk9g) t/ cf' gfl k: ts egl c?n) lsg/ kl9bcfl; \e'gl e'fj gf / x'sfl
b) v65 . o; e'fj gnf0(ca kl/ j tg ug) k5{. bje/ 5l/P/ / x'sf bz'f xhf/
njvsx? gk: tssf jf: tlj s kf7s e0lbg) xfl egl klg ; ajs' k: ts la5g\
x'fdl ; a) ug(xg) gxg) , vfg xg) gxg) ; v e'fj d'f vr(ug) tD; G5f) t/ k: tssf
nflu j ifdf b0(rf/ xhf/ lsg vr(ug) cgs'gfp5ff) ofl s'/f : j o-n) vsx?n)
; flr) kl5 .

zAbfy(klsfzgn) ; fltsf ?kdf neuu !)) y/L : **s'n snhsf**
kf7ak: ts klg klsfzg u/sfl 5 egl o; } klsfzgsfl ; xsfodf **kn(gkfn**
klAnl; a xfp; af6 ut j ifb) v %! y/L af'8' s'f k: ts klg klsfzg ePsf 5 .
o: tf Jofj ; flos k: ts / zAbsfz'sfl e/df xfdln) ; flxTos k: ts klsfzg
ub{ cPsf 5ff.

jhoftl @ : #sft-c^s

zAbfy(klsfzgn) lj ut % j ifb) v gkfnl ; flxTosfl lj wfut pTyf'gsfl nflu
lg/Gt/ gla/f0(lj wf s'fb) ; flxTos klsfz j jhoftlsfl klsfzg klg ul/ x's) 5 .
lj wfsfl t'ngf'ids cWoo'gsfl nflu o; n) dxlj kOf(eldsf lgef'pb) klg cPsf
5 . o; n) cf/Desf c^s b) v gk'f0's c^s s'fl Pp6f > j7 / r'g'sfl ; li6nfo(
; Ddfg klg ub{ cPsf 5 / o; j ifl c^s !@ b) v !& ; Dd qmdzll8f= **bu'fk; fb**
cofn, kf= ufkl'slOf zdf(/fdZj / /fpt dftbf; , 8f= **3gZofd Gof'kfg**
kl/>dl, k'bk gkfn / kf= lzj uf'kn l; fnHo" ; Ddfgt x'g'ePsf 5 .

j hoftlsfl lg/Gt/ tfsfl nflu k'wfg ; Dk'fs **7fs/ zdf(/ ; Dk'fs ofbj**
eS/f0(t d cfef/L 5' / **zAbfy(klsfzgsfl** lj sf; df lg/Gt/ nfu/ dnf0(; fy
lbg) o; klsfzgsfl cWof **hoftl zdf(** ; +y'ks ; b: o **s'df/; fu/ z'sg /**
; b: ox? **s'df gkfn, efef zdf(cfef zdf(; dl/; fu/ gkfn, ; G'bk; fu/**
gkfn, k'bk af' s'bf / ; DkOf(s'df/rlkt d cfef/ JoQm ub'5'.

● **gkfn** leq'sf gkfnl ; flxTosf/x?nf0(; Ddfg / k/: s/ k'bf'g ug) /
cg; Gwfg ul'yx? s'fl klsfzgsfl nlo af's) / v'fnPsf) **gkfn ; flxTo ; dhfn**
dl/f cfb/Oflo dftflkt'sfl g'ddf **j ; Gt/fw kBs'Jo k': s'f /** dl/f xh'/cdf
xh'/a'af'sfl g'ddf **x'jds'df/l lbj fs/ ; dhf; lj f ; Ddfg'sfl cf/De** ut
j ifaf6 u/sfl xfl . o; kN6 **j ; Gt/fw kBs'Jo k': s'f/af6 slj uflj Gb/fh**
lj g'blHo" / slj **k'; if'f0d l; lbjn k': s'f** x'g'ePsf 5 egl **x'jds'df/l**
lbj fs/ ; dhf; lj f ; Ddfgaf6 lr; fv'fnf j b lj Bf>d, kf'v/f ; Ddfgt
ePsf 5 . **gkfn ; flxTo ; dhf'sfl** lj : t't lj ifodf tkf0k? s'fl xftdf klxn) gj
j hoftl klg'sf'sfl ; fy krf(kl/; s's'fn) d ltg) s'/f km/ egl ; do v/ x'fNg
r'fx'g . **gkfn ; flxTo ; dhdf cfa4 ; #l's j ; Gts'df/ zDdf(gkfnHo"**
nufot ; DkOf(; b: ox? **z'f'et zdf(hoftl zdf(s'df/; fu/ z'sg, k'bk**
gkfn, lj hos'df/ zdf(chos'df/ zdf(lj sf; zdf(; G'bk; fu/
gkfn ; a'sfl ofub'fgn) cfh xfdl ofl pT'sli6 sfo(ug(; km ePsf 5ff. d ; a)
; b: ox? klt cfef/ JoQm ub'5'.

; flxTo lbj ; sfl ; Gbe'f klg s'xl e'g'kg) s'/f 5g\ @) % (; fnsfl
k'; df ldq **g/f'ib) k/fz/, r'G'bk; fb Gof'kfg) /** dl/fl alr uk'uk'ndf Pp6f
dxsfJo lbj ; dgfpg kP t x'G'ofl lg e'gl s'/fl lg: Sofl . s'/fl s'/ xfl s'/df
; j'nofl . slxn) s'x'f k; a'u p7bf ; fyLx?n) ltdl t sfoqmdx? ul/xG5f)
To; df o; fl t'nd'n ldnP/ 3'f'f'of ul/b) g klg egl t/ dnf0(nflu5 Pp6f ; +yf
t vN6ldf b0(rf/ xhf/ eP vlnx'fN5 t/ To; nfo(lg/Gt/ arf0 /fVg ukm
u/h: fl ; lhnfl x'g . s'fpg ; lhnfl 5 t/ arfpg u'f'f) 5 / To: t) ukm ug(
; lhnfl 5 / s'f'f ug(u'f'f) 5 . Toj Toit's) /Xofl . neuu bz j ifkl5 ut k'; df
Ps lbg ldq **e'j gx/ l; lbjn, ag" nfid5fg) g/f'ib) k/fz/ /** dalr
5nkm eofl / dxsfJoaf6 Jofk'st'sfl v'f'ldf **s'fJo lbj ; ; Dd** kluofl .
o; kl5 o; lj ifodf dh) **kf= /fh'ib) ; j'blHo"** / ldq /fdk; **fb lj fnlhl;** u
5nkm u/f. kf= /fh'ib) ; j'blHo'h) clt g) ; x'potf; fy : j lsf'g) eofl / ; flxTo

jho6tl @ : #sft-c^s

lj ; l; gdsfj k; tfj u/ o; lj ifonf0{ ceij} Jofks agr0lbg'eofj / xfdlnf0{lg/ Gt/ dfu{ lgbz ugeof, clg o; sfj bfo/ f a9fob} nlugk5{ e6g lj rf/n} k6s k6s cfkrf/s / cgfkrf/s 5nkmmx? ul/ofj / kfojs 5nkmdf sxl ; fylx? ykbb} cfpgeofj. sxl ; fylx? egj sfd ug{ ahfdf alr alrdf x/fpg yfn}sfj cgej klg a6lnofj . h} xfi; \h; /L xfi; \cf6}sfj sfdnf0{ 6^a}df k'ofpg} k5{ eg/ /fhjbl ; 'j}bl, ag" nfid5fgj, ej gx/ l; l; bjh, bufk; fb gkfn / ofj lj gos'df/ egj sfd} gkPsfj df65h: tfj nfujsfj nfujs} u'off / To; sfj km ut r'psfj !& ut} lj leG lj wsf neu #) ; flxTosf/alr o; lj ifodf s} < lsg < s; /L < e6g} lgSs} ulx/f} ax: eofj t/ ; flxTo lbj ; sfj cfrTodfij egj s; h} z^asf ug; sgg\ To; s} km: j ?k cfh !@ ah} o; } : yfgdf neu !)) ; lj6fsfj ejnf eofj / 5nkmm ul/ofj . 5nkmdf kf= /fhjbl ; 'j}blHoh} /VgePsfj cj wf/Off kq / ; flxTo lbj ; sfj cfrTo dily o; lj zfn neu \$)) hgfsfj pkl: yt /xsfj JolQmij x? alr klsfz kfg'xg5 / flxTo lbj ; sfj 3fif0ff ug'xg5 . -: flxTo lbj ; af/ ePsfj 5nkmm, /f6slj dfwj k; fb l3ld/Ho'sfj d6tJo, kf= /fhjbl ; 'j}blHo'sfj cj wf/Off-kq / lj rf/, ; efklt ; Todf'xg hfzLHo'sfj d6tJox? s'g} ajnf ; flxTo lbj ; s} sfoqmdf lg: s'jfg'g} .

c6tdf b0{ dxgfsfj 5f6fj ; dodf, nfb; J8^usfj df/ vlk/xgk/lsfj ahf, afj8^--: s'nsf kf7d; fdu}sfj rk6fdf k/sfj ahfdf klg Ps}kN6 \$! k: tssfj lj dfrg ug{ /x/ knfPsfj ; kgnf0{ cfh \$! k: ts pknAw u/fp/} 5f8gePsf s~rg lkj6^ak; sf e/tsdf/ >j7sfj d clt g} cfef/L 5' . To: t} u/L zAbfy{ klsfzgsf k: tsx? htftt} ; j{ 'ne u/f0lbgj Onfdbjv 88}hw/f-dx;bbgu/; Ddsf xdf; ; a) -e))_ k: ts lj qitfklt klg d cfef/L 5' . o; ju/L zAbfy{ klsfzgsf nflu cf'g}j ; lk / al4 vr/ k: ts n}vlbg'xg} ; a) ; lj6fx?klt klg d cTo6t} cfef/L 5' / cfhsfj lbg lj dfrgdf k/sf ; lj6fx?sfj ; fynf0{ d w6oj fb; dlt lb65' . cfhsfj o; sfoqmd ; kmn agfpg dxlj kOf sfo{ul/lbg'xg} ; efklt, kd'v ciltly, lj lzi6 ciltly, ciltly nufot ; a) pkl: yt ; Ddfigt JolQmij x? ; Ddfigt ; lj6fx?sfj kl/ro /Vg'xg} 8f= zh'foksfz gkfn, k: tsaf/ d6tJo /Vg'xg} ag" nfid5fgj, ; -rfns bufk; fb gkfnklt klg d clt g} cfef/L 5' . jf: tj df d ; a) e6bf w/} cfef/L t zAbfy{ klsfzgsf k: ts lsg/ kl9lbgj cglu6t k7sklt 5' lsggeglk7s geP n}vs, klsfzs, lj t/s, lj qitf s; }sfj s'g} dxlj /xlg / cfhsfj lbg t d cem a9l cfef/L tkf0k? s}5', tkf0k? sfj ; fy / pkl: ylt'n} cfhsfj o; sfoqmd Ptxf; s agg u0/x}5 e6g s'/fdf d 9Ss 5' / ox'f'pkl: yt ; a) ; a)df Ps kN6 kgl cfef/ JolQm ubj w6oj fb 6S'ofp5' .

o; /L pQm sfoqmdf dily gfd pNnjv e0; s'jsf n}vsx? ; Ddfigt JolQmij x?, d~rdf /x'jsf ciltlyx?, cfofhsx? afx'js klg lgDg JolQmij x? sf pkl: yt /Xofj . lj /fh, /dz z'eR5', :dfl/sf eS'/fO} Pnlgf gkfn, o'j /fh

jho6tl @ : #sft-c^s

e; fn, s'jOfk; fb bxfn, lj iOf/fh cfqob, pdf l3ld/, z'eR5f ufstd, s'; d bxfn, ; 'gltf zdf{ e08f/L, ef: s/ e08f/L, blks e08f/L, ultf zdf{ g/dz'f'ef e08f/L, slj tf k6y, ; hgf cofn, k'kf cofn, k'kf eh'n, : ofdaxfb/ v8'sf, ; 'j f; e08f/L, l'ofNdfj vltj 8f, zzl ykf kl08t, 8f= lj Zj gfy e08f/L, xl/ kf08b . klysl wd/fh kf8ofn, eld; /f Gof'kfgj /df zdf{ wg v8'sf, l8Nnl/fh l/hfn, dw; bg kf8j, kl'f l/hfn, nld, slz j 8fn, nld'sf'et k6yl, slj tf sf0/fnf, j l'off gkfn, lg/-hg gl/h, hfg'sf vgn, r'6bk; fb s; L, e'j g kf08j, pT; j yklnof, z'f'ef ykf, ; fg'gsdl; ; 'dlgf drfd; L, pQd aff: s'f'6f, / fdz/Of v8'sf, /df s'0s'n, k'f'kw/ zdf{ /fdk; fb k6y, wg/fh lu/L, kf/ ; 'j}bl, ; l'tf cofn, bjj'bb k/fhnl, lgt' zdf{ lbgz eS'/fO} lzlz/ ; fks'f'6f, dg'f' s; L, lgTo/fh kf08j, glns07 pk'lt, ldy'nf 9sfn, ck'lf Gof'kfgj, 8f/gfy Gof'kfgj ; tlz lwtfn, zlz k6yl, /dzr'6b} ufstd, bjj bQ sf0/fnf, s'-hg ltidn; gf, lj ej gkfn, cfog a/fn, dft'sf cfrfo} cg'f' 9sfn, ; Sjl'g l3ld/, l'qnf'n k'f'gl, ; l: dtf ; 'j}bl, >lw/ vgn, ; 'zlnf b'phf, ; 'bz'gk; fb kf8ofn, dbg vltj 8f, k'j'f' /f'pt, lzj kf08j, dfwj l3ld/ e/t'sdf/ >j7, 8f= k'gd/fhonld /f'off, kb'af j B, dl/f vgn, 8f= n}vk; fb lg/f'nf, kn'ioaxfb/ j 8fn, g/z j nfo/, x'd/fh cofn, x'p'gy kf8j, klsfz ; 'j}bl, sdn 1j fnl, sfhn v'of, dw; bg kf08b, l; t'f'fd gkfn, /lj ld>, dx'z l/hfn, >l/ fd ; fks'f'6f, z'f'6t l/; fn, /fhaxfb/ a'9f, xl/s'zj kn'ofn, /Tglw /ld, /fhz k6t, ; 'dg lai6, x'd kf8j, dx'zj / vgn, ; lgt' l; l; bjh, ; G'of l; l; bjh, ab /fgf, pld'nf nfid5fgj, k'kf, >k; fb /ld, t'n; fbjj l clwsf/L, lj hof bxfn, cfo'f nfid5fgj, dg'sf kf8ofn, lad'h, >xl/ kn'ofn, lgZrn cfrfo} ; flj ql gkfn, l'f'lt'h kf'v/ln, p?iff kf'v/ln, ; lj t'f s'j'n, pi'f z'/rg, d'/fl/ l; l; bjh, lj ho rfn; j >ls'j'of ; 'j}bl, 8f= k'0ok; fb l; l; bjh, lj j's l; l; bjh, s'j'ofaxfb/ >j7, k/z/fd k/fz/, r'6b'sf'et cfrfo} k'X'nf kf'v/ln, cg'6teb' nfid5fgj, l8Nnlk; fb d'nlt'xg, tly/fh clwsf/L, xl/axfb/ dx/f, ; /f'6bj / l; x ykf, /fh >j7, c'6hgf gkfn, lg/-hg k6t, 8f= hlj g clwsf/L, pQd/fh lqk'f'7l, ufj Gbaxfb/ >j7, z'f'6t Gof'kfgj, g'q ltidn; gf, z/b /ld, an/fd kf8j, ultf aff: s'f'6f, ldy'nf aff: s'f'6f, gf/fof kf'v/ln, r'6bd'of /ld, g/z >j7, lj iOfj e' l3ld/, z'f'ef l3ld/, 8f= dfwj hfzL, lj Off j 8fn l3ld/ ; /: j tl l3ld/, 8f= lj iOf s; L, aRr'/fd eS'/fO} lqnf'rg cfrfo} s'j'Ofk; fb a: ofn, s'j'Of ufstd, dbg cofn, /z'dnfn >j7, xl/k; fb zdf{ ddtf zdf{ gkfn, b'f'f' / kf8j, ; /: j tl ykf, u'Of/fh sf'n, zlzsnf dfg'w/, x'p'6t 7fs', k; iff'Qd vgn, eQmaxfb/ j nfo/, Onf j nfo/, o'j /fh ; 'j}bl, efg'eQm kf'v/ln, ls/Of k6yl, pkdf cfrfo} a'Xdkp k'd: j ?k, ; 'nef l/hfn, s'j'Ofxl/ ; 'j}bl, OZj /lk; fb r'f'kfuf0{ c'd'ld'of lg/f'nf, /lj gk; fb eS'/fO} /fw'zofd n'jsfnl, sdnf pk'lt, dfof k/fhnl, lj ej clwsf/L, z'f'ingl gkfn, ; nlgf gkfn, ; dl'f'f gkfn, r'f'xgf 9^a}ln, : d't 9^a}ln,

jhoḡtl @ ; #sft-c^as

; ḡtjif nfid5fg] ; 'hg sfd/fnf, ufj ḡb kfjv/n, d]3axfb/ kḡt, slj tf kḡy, lbgjz kḡt, lj Bf l3ld/] ; lj 1f ufjtd, lbgjzdfg hfzl, zḡef >]7, obḡfy j ; ḡtk/] /Tḡf lqkf7L, o'j /fh zdf{ufjtd, cḡḡbbj] eḡ, j ift' /ldl, ḡ/ḡfy n0ḡh, ; 'afjw l3ld/] kḡtkhE zfx ; fwḡf l3ld/] s'df/k; fb sfd/fnf, ḡj tnf; dfl; s, cdf] 1j fnl, Hoft l3ld/] d'sḡb l3ld/] zflḡt l3ld/] dḡwj l3ld/] ulff ḡkfn, lj ef ḡkfn, lbj f ḡkfn, /fdk; fb kḡt, k0faxfb/ clwsf/L, 8f= 3ḡZofd kl/>dl, cḡḡb/fd kfḡh, /fwfbj] l ḡkfn, 1ḡḡj] /L kf08] ; ḡtjif afgḡf nldḡf/fo0f eḡ/foḡ /fjrs l3ld/] ; fj/ u?^a, ofbj eḡ/foḡ hḡḡf lwtfn, tf/fs'df/ a:ḡt, ofbj k; fb zdf{ zflḡt bjl zdf{ >l/fd ltlldN; ḡf, ls/Of nfid5fg] ; hs zḡSo, clḡtf nfid5fg] kḡlf nD; fn, ld/f nD; fn, vu/fh cfrfoḡ eld e; fn, >lw/ kfḡh, bjl ; fksfḡf, s[0fx/ avḡr], ḡj /fh kxf8L, sdn hEnl cfrfoḡ /fdz/Of l3ld/] ; f/bf rfhuf0ḡ ; ḡho ḡofkḡḡ, /fzḡ l; Ubh, e'j ḡxl/ l; Ubh, aḡ"nfid5fg] vuḡb] vfn; f3/, 0zf lg/fnf, buḡk; fb cofh, kḡsfz eḡ/foḡ s[0f afp;], /fhf/fd ofbj, wj k; fb l3ld/] xpolj nf; l3ld/] nSsl rfw/L, ; 'h ḡkfn, lj j]s nfid5fg] /fdk; fb 9sfn, sḡif/fh ḡofkḡḡ, xl/k; fb 9sfn, e'j ḡl cfn, Jof; kḡy, /d]zrḡb] kfnkfnl, dof 7s'/L, slj tf zdf{ kḡlg 1j fnl, ; 'df kfḡh, dḡsf kfjv/n cfrfoḡ d'sḡb/fh bxfn, hublj] / kfjv/n, l8Nn/fd ld>, ld7f/fd ; fksfḡf, kḡ ḡ kfḡh, xl/kḡsfz, p4j vltj 8f, ; 'zlnf kf08] . o ; /L lg/ḡt/ zAbfy{ kḡsfzḡ / j hoḡtl lj wf sḡḡbt ; flxTos kḡsf ḡkfnl ; flxTos] pTyḡḡf nflu /x]s] 5 / nflu/xḡḡ5 .



j hoḡt]s] ca kfn]

n3'syf-c ^a s	Psfaḡl-c ^a s
lḡaḡw-c ^a s	uBs]j tf-c ^a s
5ḡbslj tf-c ^a s	syf-c ^a s

j hoḡtl lj wf sḡḡbt kḡsf x'ḡfn] hḡ; 's} lj wfs] /rgf Ps c^as nf0{ kḡḡ kḡkt xḡf; fy kḡsflzt xḡḡ5 . sḡ} sḡ} c^as /rgf ck'usf sf/Of landa xḡ; Sḡ] ; Defj ḡf x'ḡfn] tkf0h] k7fpg' ePs] /rgf xfdlnf0{ hḡsf/L ḡb0{ cḡt kḡsfzḡfy{ ḡbḡxfjnf .

j hoḡtl @ ; #sft-c^as

ḡofj if{@)&) sf]
zē-pkn lodf
; d: t ḡkfnlx?df xflbḡ zēsfdḡf
JoQm ub{
cfkmḡf%* cfj flifḡf] ; j sf]
; vbḡj ; /df
/fi6ḡ]kl/nll ft u/ḡf]
; dḡoflos cflyḡ lj sf; sf nflu
; j { he lj Qlo ;]fsf]j : tf/
tyf
pRr cflyḡ j [4sf nflu ; dli6ut
cflyḡ : yfloTj sfod ug{
df]bḡ ḡllt sf]s zn pkof] ub{
lj Qlo : yfloTj dfkmḡ
dh'ssf] buf]j sf; df
; dlkḡ /xḡ]k0f ubḡfḡf



नेपाल राष्ट्र बैंक
परिवार

k'5f/sf kftfj

rf8kj {sf} dxlj / g|kfnf dgf0g| rf8kj {x?}

8f= 3gZofd Gofkfg| 'kl/>dll

rf8kj { dhTM dfgj ; +s|tsf lj lj w klf; lu hfj8Psf xG5g\ . To; n| lognf0| ; +s|tsf| dVo c^a\ dfG| ul/G5 . dfG| hlj gsf| ; Dk|f0fdf rf8kj {x?sf| eldsf cTo6t dxlj k0f| xG5 . j|Zj s ?kdf kj|p Pj d\kfZrfto hutsf hg; 's} s'gdf jf ejudf a: g| dfG5x?n| cf-cf^gf wd| ; +s|t / k/Dk/f cg; f/sf rf8kj {x? dgf0/x|sf xG5g\ jf: tj df rf8kj {x?sf| n|shlj g; lu cTo6t cleG / 3lg|7 ; Dalw xG5 . rf8kj {nf0| /fi60, hftlo jf ; Dk|fosf dfjns klxrfgsf ?kdf lng ; lsG5 . lj leG hft ; Dk|fo c|bsf| dfjns klxrfgsf ?kdf rf8kj {x?sf| kys\eldsf /x|sf| xG5 . rf8kj {x? dgfpg'sf s'g} g s'g} k|ofhg jf p2Zox? xG5g\ . s'g} rf8kj {x? wd| lu hfj8Psf xG5g\eg| s'g} ; +s|t jf k/Dk/f; lu . o; /l g} s'g} rf8kj {x? ; fdfhstf; lu klG hfj8Psf xG5g\ . o: tf rf8kj {x? sxl wd| cfhg sxl 1fg jf ; Gbz k|fkt tyf sxl lj z'4 cdf|b k|df|bsf p2Zon| dgf0G5g\ . s'g}sf| ld>t k|ofhg klG xG5 . ol afx|s rf8kj {x?sf| ; fj jef|d p2Zo eg|sf| /df0n| ug|u/fpg' tyf dgf| -hg jf cfG6b k|bfg ug|x|f . rf8kj {x?sf| cj ; /df w|ds, ; f+s|ts jf P|txil; s : ynx?df d|nf n|lg| ub5 . o: tf cj ; /df /df| n|pg|, ld7| v|g| / /a\ /ldtf ug| ul/G5 .

g|kn lj lj w wd| ; +s|t / k/Dk/f|sf| ; f|bo|n| ; ; lHht / ; d| /fi6«x| . lxG6"wd|fj nDalx?sf| afx|No /x|sf| o; b|zdf af4, 0: nfd / ls|: rog wdfj nDalx? klG 5g\ . w|ds ; lxi0ft tyf cg|stfdf Pstf g|kfnlx?sf|lj z|ftf g|x|eGf xG5 . pRr lxdfnl k|bzdf a; f|af; ug| z|k| tyf t/f0| k|bz jf dw|; df a; f|af; ug| yf? nuft cg|sf| hfthft, hghft c|bsf cf-cf^g|sl; dsf wd| / ; +s|f; lu ; Dalgw rf8kj {x? g|kn /fi6sf cgd|n ; f+s|ts ; Dk|f xG\ g|kfnf dgf0g| rf8kj {x?sf| ; rL agf|b| lgs} nfd| xG5 . ox|f lj lj w wdfj nDalx?sf cf-cf^g|k|sf|sf rf8kj {x? t 5g\g|; tl afx|s /fi60 / l|qlo sl; dsf cg|sf| rf8kj {x? klG 5g\ . sxl o: tf rf8kj {x? klG 5g\hg leG leG wdfj nDal j f ; Dk|fosf Jo|0mx?n| ; dfG 9^an| dfG| j f dgfpg|

u/sf| klG kfG5 .

g|kfnl ; dfhdf lj leG vfnsf rf8kj { pT; j, hfqfx? xiff|Nnf; k|f|s dgfpg| ul/G5 . g|kfnf dfG| jf dgf0g| rf8kj {x?dwo| lxG6"wd| lu hfj8Psf rf8kj {x?sf| k|f|/tf bli6u|f|/ xG5 . vf; u/l lxG6"wd|f|Dalx? lj qmd ; j t\dfG65g\ o; sf| cf/De jzfv ! ut|b|v xG5 . cTM j iff/Desf| klxn| lbg j zfv ! ut|nf0| d|f ; ^am|tsf ?kdf dgfpg| k|rng xfdl.sxf 5 . cTM j iff/Desf| k|yd lbj ; b|v g| xfdl.sxf rf8kj {sf| klG cf/De xG5 . tn x|s dlxgdf dgf0g| sxl rf8kj {x?sf| lj j /of k|; t't 5-

jzfv - jzfv dlxgfsf ! ut| jzfv ; ^am|Gt=d|f ; ^am|Gt k|f| dgfpg| k/Dk/f xfdl.sxf 5 . o; lbgnf0| k/f|tg| fbl cyf|f w|d|sx?n| w|d|s k|ofhg| ?kdf lng5g\eg| cw|gtg| fblx?n| gj j ifsf| zef/ Desf bli6n| dgf05g\ . o; } dlxgdf k|g| g|kfnlx?n| dgfpg| cGo rf8kj {x?df la: s|b hfqf, l|hef| 5|8g| hfqf, c|fo t|tlof, a'4 kl0fdf, r08l kl0fdf, c|dfsf| dV x|g| cf; l -d|ftly| cf; L pef|n| k|f| c|fb kb5g\

Hoj7 - o; dlxgdf dgf0g| rf8kj {x?dwo| d^an rtyl| u^af bzx/f, rfd| d|nf, u8' khf, l; 7l gv|Mc|fb kb5g\

cf|f9-o; dlxgdf !% c; f/nf0| /f|f0f|lj ; jf bxl lrp/f v|g| rf8sf ?kdf dgfpg| rng 5 eg| xl/zogl Psfbz| -7hl Psfbz| jf t'n; l /f|g| Psfbz|, u?kl0fdf c|fb rf8x? kb5g\

>f|0f - o; dlxgfsf ! ut| ; fpg| ; ^am|Gt -ss6 ; ^am|Gt_elo ?kdf dgfpg| k/Dk/f 5 . o; lbg n|f| k|n|g| k/Dk/f klG 5 . o; j fx|s 306f s0f| r|bz|, u7d^an, j/fx ho6tl, gfuk-rdl, sNsl ho6tl, jfdg ho6tl, Clif k-rdl -hg| kl0fdf-/lff agwg_ k-rbfg M af8|hfqf, u|nf wd| c|fb dgfpg| ul/G5 .

efb| - o; dlxgdf sf|N|s| ; ^am|Gt, uf0|hfqf, uf|x/f khf, uf|fk| >ls|0f hGdfi6dl, s'z|cfz| -lktfsf| dV x|g| lbg_, xl/tf|nsf -tlh_ Clifk-rdl, 0G6|hfqf, u0fz rtyl| rfgd c|fb rf8kj {x? dgfpg| rng 5 .

cf|Zj g - o; dlxgdf lj Zj sdf| khf, ; f|x| >f4, 36: yfkgf, gj/fq c|tut|sf -; ktdl=k|nkftl, ci6dl=sfn/fql, gj dl_ lj ho|bzdl -a8f b; f| s|fhut| kl0fdf h: tf rf8kj {x?dfG| k|rng 5 .

s|ft|s - o; dlxgdf sfu ltxf/, g/s r|bz| -s's/ ltxf/, n|dl khf, uf0| ltxf/, ufj 4g khf, DxM khf -g|f / ; Dk|fodf_ ef06lsf, 57kj| xl/af|w| Psfbz| -t'n; l lj j fx=s|ft|s 7hf| Psfbz|, j|s07 r|bz| c|fb .

dfuZlif(- o; dlxgdf afnf rt'bzl -; bälh 5g\, lj j fx k-rdl -; ltf lj j fx, rt'/ dlnf, cflb .

kfjf - o; dlxgdf pwf'nl kj{ td' Nxf; f/, lqm; d; lbj ; , k6w/ k'; , 0; f dl; x ; j t sfl gj j iff/De -Go' Oo/ .

df3 - o; dlxgdf ds/ ; aqm6t -df3l kj ; ; fgd Nxf; f/, >lk-rdl -; /: j tl khf, : j : yfgl klOfdf h: tf rf8kj x? dgfpgj rng 5 .

kmNug - o; dlxgdf dxflzj /flq, lofNkf Nxf; f/, xflnl klOfdf h: tf rf8kj x? kb5g\

rjg - o; dlxgdf dgf0gj rf8kj x? 3f8hfqf, rjt'b; ; /fdgj dl, lkzfr rt'bzl -kf; frx\cflb xg\

0: nfd wdfj nDax?n] dgfpgj rf8kj {j f pT; j x?df Ob'n lkmq, as/ Ob / dfx/d k'dv dfg65g\ o; /L g] ysnlx?n] Txf /Gn kj { ejo ?kdf dgf05g\ t/f0df dgf0gj kj x?dwo] hltof kj {klg Ps xfl . ; 'b/ klZrdlt/ dgf0gj cgjsf+rf8kj x?dwo] c; f/ khf, v]tbj] l khf cflb klg kb5g\

pko]Nnlvt rf8kj x?dwo] clwsfz ltlysf cfwf/df dgf065g\ egl sxl dfq ut]j f tfl/vsf cfwf/df dgf065g\ ol rf8kj pwo] clwsfz /fi6lokl ?kdf dgf065 egl sxl lfql o j f : yfglo ?kdf dgf065g\ s'g] rf8kj {efu]ns ; ldileq ; lldt /x]sf x65geg] sxl hftlo j f ; Dkbfodf dfq s]6bt x65 . cfhsf] ; -rf/ tyf oftofts] ; lj wsf sf/of sltko rf8kj x? df6g] dgfpgj k/Dk/df lj : tf/ e0/x]sf] 5 . o: t] lj : tf/n] ; f+s]ts ld>of j f ; dgj o / ; lxi0tfsf] B]tg x65 .

g]kfn ; fg] d'n's eP/ klg j]j WokOf{ e]gfj 6 tyf lj lj w hfthft, hghft / ltgsf km/s km/s efiif, wd{ ; +s]t Pj d'k/Dk/fn] ubf{ oxif d]6g] j f dgf0gj rf8kj x?sf] ; aVof klg klr/ dfqdf /x]sf] kf065 . j f: tj df olt ; fg] d'n'sdf dgf0gj olt w/) rf8kj x?n] g]kfnf0{ lj Zj ; fd' g] ; f+s]ts ; Dkbfsf b]i6n] ; d]4 /fi6sf ?kdf kl]ti7flkt t'NofPsf 5g\ cfh soffo: tf rf8kj x?k]t aj f: tf j f cgf: yf b; fpg] u/]sf] klg kf065 . cfwgs pkef]mf] fbl ; +s]t tyf ; x/dvL ; Eotfsf sf/of ufdlof lfqdf /x]sf sltko rf8kj x? n]k]d'v cj : ydf ku]sf 5g\ o: t] xg' b]lvb kl f xfl . xdf] ; f+s]ts w/fx/sf ?kdf /x]sf x/]s rf8kj { pT; j , hfqf cflbsf] ; #l0f / ; Da4g ug{ xdf] g] st'lo x'g cfp5 . xdf] rf8kj x?sf] k'/ftg cl: t]j nf0{ hfufpb) / t]leq lj Bdfg gsf/f]ds klfx?nf0{ kl/x/ u/l oufg'sh c' ; ; +s]t, lzi6 / ejo agf]pb) nfg' cfhsf] cfj Zostf xfl . j f: tj df rf8kj {eg]sf xdf] klxrfg xg\ ; Dkb' xg\ cl: t]j xg\eg] s'/fnf0{ xfdln] slxNo] la; g' x]bg .



jho6tl tyf zAbfy{k\$zgsf k':ts kf0g]k; nxj

- != txyd k':ts k; n- Onfd -)@&-%@!%) (
- @= Onfd k':ts k; n- Onfd -)@&-%@) \$@#
- #= Unfan Phs]zgn 066k]0h]- latf]dfB, enikf -)@#-%\$@@)@
- \$= gkfn as xfp; - latf]dfB, enikf -)@#-%\$) (#&
- %= k]lt k':ts e08f/- latf]dfB, enikf -)@#-%\$\$^#*
- ^= gjzgn as P08 :6zg/- r6b]9L, enikf -)@#-%%(&!)
- &= k]lt k':ts k; n- bds, enikf -)@#-%*)#(!
- *= >]7 as P08 Goh ; ;6/- bds, enikf -)@#-%*\$!@%
- (= k\$zf as P08 :6zg/- bds, enikf -)@#-%!***\$
- !)= kl]tef k':ts k; n, wgs6f -)@^-%@!#) \$
- !!= af/sf k':ts- w/fg ; g; /L -)@%-#@#&#
- !@= /dz as l8kf- w/fg ; g; /L -)@%-@%)##
- !#= tf]n]h^ as ; ;6/- 06x/L ; g; /L -)@%-%^*%^
- !\$= a/fn Goh P08 as ; ;6/- 06x/L ; g; /L -)@%-%^*^&*(
- !%= dsfn' k':ts k; n- 06x/L ; g; /L -)@%-%^!*)*&
- !^= clDasf as ; ;6/- 06x/L ; g; /L -)@%-%^*%(@
- !&= Zofd k':ts e08f/- lj /f6gu/, df]a -)@!-%@^#\$%
- !*= dgfn k':ts e08f/- lj /f6gu/, df]a -)@!-%#)% (
- !(= klAns as; P08 :6zg/- lj /f6gu/, df]a -)@!-%@)!&&
- @)= dgfnl k':ts e08f/- lj /f6gu/, df]a -)@!-%@!(@^
- @! = eS/f0{k':ts k; n- lj /f6gu/, df]a -)@!-%@\$#\$#
- @@= lj fgos k':ts k; n- lj /f6gu/, df]a -)@!-%&)!^
- @#= jfnfhl k':ts e08f/- lj /f6gu/, df]a -)@!-%#)^#*
- @\$= G0": j]l:ts k':ts - lj /f6r]s, df]a -)@!-%\$@!\$
- @%= ; -ho k':ts e08f/- /fh]j /fh, ; kt/L - (*\$@*%)@*
- @^= ; hn as l8kf- /fh]j /fh, ; kt/L - (*\$@*#)^
- @&= Gofkfg] as l8l:6A06; {-s6f/L, pbok/ -)#%-%%\$^!#
- @*= dgfn k':ts e08f/- uf03f6, pbok/ -)#%-@\$)!@%
- @(= Gofkfg] k':ts k; n- uf03f6, pbok/ -)#%-%%\$^!#
- #)= rfw/L as l8l:6A06; { nfxfg, l; /fxf -)##-%^)\$#\$
- #! = Pstf as ; ;6/- nfxfg, l; /fxf -)##-%^!@)
- #@= ; ltf g]j n- nfxfg, l; /fxf -)##-%^)%&
- ##= zfx k':ts k; n- ldr]6f, l; /fxf -)##-%%)##
- #\$= dhb/ k':ts ejg- hgsk/, wglff -)\$!-%@!(\$#
- ##= j]xl k':ts ejg- hgsk/, wglff -)\$!-%@#(*@
- #^= ; G6]j tl k':ts k; n- r]s]6 -)\$(-\$@&^@

jho6tl @ : #sft-c^s

#&=	sfe lej tl k':ts k; n- l; 6whl	-)\$&-%@)%&
#*=	Go° k/hgf :6zg/L- l; 6whl	-)\$&-%@)%@
#(=	h- Pg= k':ts k; n- d6ynl, /fd5fk	-)\$*-%\$)%!)
\$(=	ldlnhhl k':ts tyf :6zg/L- d6ynl, /fd5fk	-)\$*-%\$)%)*#
\$!=	yfkf aS P08 ; knfo; { rftf/l, l; 6wkfnrfs	-)!!-^@)%&#
\$@=	kpllt uk- agkf, sfej	-)!!-^^!)(@
\$#=	1fg u^uf k':ts k; n- agkf, sfej	-)!!-^^^#^&%
\$%=	kpllt k':ts e08f/- agkf, sfej	-)!!-^^\$%\$#
\$%=	lj Bf dl6b/- uf/, /ftx6	-)%%-%@)!(^
\$^=	l; 4fy(:6zg/L- j l/u-h, k; f	-)%!-%@%(*%
\$&=	lemu'; dfrf/ k':ts s b- j l/u-h, k; f	-)%!-%@%(!*
\$*=	hg/n aS P08 :6zg; { j l/u-h, k; f	-)%!-%@%^#&#
\$(=	u0fz k':ts e08f/- j l/u-h, k; f	-)%!-%@#\$^!
%)=	Go° khf k':ts k; n- j l/u-h, k; f	-)%!-%@#%\$&
! =	lj Bfyl(k':ts e08f/- j l/u-h, k; f	-)%!-%@^*(!
%@=	kqklsf ; j6/- x f f, dsjfgk/	-)%&-%@!\$##
%#=	lj Bfyl(k':ts e08f/- x f f, dsjfgk/	-)%&-%@!\$^)
\$\$=	>l ; dfrf/ s b- x f f, dsjfgk/	-)%&-%@%\$)%
%%=	>l ; rgf s b- x f f, dsjfgk/	-)%&-%@!&#&
%^=	Go° kjt k':ts k; n- 6fBl, lrtjg	-)%^-%^)#*^
%&=	Go° gjzgn aS P08 :6zg/L- 6fBl, lrtjg	-)%^-%^@%!(
%*=	kf j k':ts dxn- 6fBl, lrtjg	-)%^-%^!)%#
%(=	clkm xfh; j tyf aS :6f/- 6fBl, lrtjg	-)%^-%^@*%\$
^)=	klkf-hnl k':ts k; n- k; f lrtjg	-)%^-%^*%@\$
^! =	df:s k':ts e08f/- gf/fo0fu9, lrtjg	-)%^-%@\$&@&
^@=	klkf-hnl k':ts k; n- gf/fo0fu9, lrtjg	-)%^-%@#%\$)%
^#=	clkm xfh; j- gf/fo0fu9, lrtjg	(*\$%)&#^*\$
^\$=	gf/fo0f. k':ts ; bg- gf/fo0fu9, lrtjg	-)%^-%@!^*
^%=	xfdl k':ts k; n- gf/fo0fu9, lrtjg	-)%^-%@!***\$
^^=	sfdgf k':ts k; n- gf/fo0fu9, lrtjg	-)%^-%#)%@
^&=	lzf k':ts k; n- gf/fo0fu9, lrtjg	-)%^-%@!^\$)
^*=	Go° lrqj :6zg/L- e/tk/, lrtjg	-)%^-%@%###
^(=	lj Bfyl(k':ts e08f/- e/tk/, lrtjg	-)%^-%@)%&*
&)=	9sfn aS; P08 :6zg/L- e/tk/, lrtjg	-)%^-%#)%(\$
&! =	Jof; :6zg/L- bdfnl, tgxf	-)%^-%^)%&&
&@=	lj Bfyl(k':ts e08f/- bdfnl, tgxf	-)%^-%^)%^^
&#=	lqk'f k':ts k; n- wflb^a	-)!)-%@)!()
&\$=	gd:t k':ts k; n- aSf/, gj fsf	-)!)-%^)%\$&
&%=	klkf-hnl k':ts k; n- uf vf	-)^\$-%\$@!!!&
&^=	emgf k':ts k; n- aj l; x/	-)^^-%@)%!)

jho6tl @ : #sft-c^s

&&=	hobuf :6zg/L- s':df, kjft	-)^&-%@)%(#
&*=	; j tl aS; P08 :6zg; { s':df, kjft	-)^&-%@)%@
&(=	; ug :6zg/L :6f; { Doftbl-	-)^(-%@)%#
* =	cfhg aS P08 :6zg; { kf v/f, sf:sl	-)^!-%\$!#&!
!=	kf v/f ; flxo ; bg- kf v/f, sf:sl	-)^!-%#)%#
*@=	; j tl k':ts k; n- kf v/f, sf:sl	-)^!-%\$)%!)
*#=	dgsfdgf aS P08 :6zg; { kf v/f, sf:sl	-)^!-%#)%\$!
*\$=	nldl k':ts ; bg- kf v/f, sf:sl	-)^!-%\$!)\$#
*%=	lj Bfyl(k':ts k; n- kf v/f, sf:sl	-)^!-%@)!@
*^=	s-rg k':ts k; n- kf v/f, sf:sl	-)^!-%@\$%^
&=	lj Bf dl6b/- kf v/f, sf:sl	-)^!-%#\$^&
=	aS df6- kf v/f, sf:sl	-)^!-%@&!
* (=	j 6gf kf7zfnf- kf v/f, sf:sl	-)^!-%##)%&*
(=)	kqklsf :6zg/L -nfnr6b - afun^a	-)^^-%@)!*\$
(!=	dnklt aS ; j6/- afun^a	-)^^-%@)%%@
(@=	afhn^a sfnf k':ts k; n	-)^^-%@!@#!
(#=	; u/dyf :6zg/L	-)^^-%@)%@
(\$=	> 7 Goh Phj; l k':ts e08f/- tfg; g, kfnkf	-)%&-%@)%^&
(%=	xfdl k':ts k; n- tfg; g, kfnkf	-)%&-%@)!()
(^=	l; hgf :6zg/L ; j6/- :of^hf	-)^#- \$\$)%#&\$
(&=	nldagl :6f6 sg/- e/yxf, j k6bkl	-)&!-%@#%(\$
(*=	; j fl aS; P08 hg/n :6f/- e/yxf, j k6bkl	-)&!-%@#^^)
((=	; /n :6zg/L s b- e/yxf, j k6bkl	-)&!-%@!&#\$
!) =	xfdl k':ts k; n- e/yxf, j k6bkl	-)&!-%@^)%@
!)! =	cfzlf k':ts e08f/- a6j n, j k6bkl	-)&!-%\$%^&
!)@=	lbJoHoflt k':ts k; n- a6j n, j k6bkl	-)&!-%\$)%*@
!)#=	ktlff :6zg/L ; j6/- a6j n, j k6bkl	-)&!-%\$!)%@
!)\$=	keft aS P08 :6zg; { a6j n, j k6bkl	-)&!-%\$@\$@&\$
!)%=	a4 Ph'szgn 066/kf 0h j- a6j n, j k6bkl	-)&!-%\$%(%&
!)^=	Go° bp/fnl 066/kf 0h j- a6j n, j k6bkl	-)&!-%\$%^!#
!)&=	lj zfn k':ts ; bg- a6j n, j k6bkl	-)&!-%\$%^%(\$
!)*=	Go° ; /j tl k':ts k; n- a6j n, j k6bkl	-)&!-%\$%#)%
!) (=	l; 6l aS P08 Goh ; j6/- a6j n, j k6bkl	-)&!-%\$%#%^
!!!=	a18dlnsf :6zg/L- a6j n, j k6bkl	-)&!-%\$%#%^
!!@=	cfldg; j6 00k\$; - a6j n, j k6bkl	-)&!-%\$*!)%@
!!#=	gd:t k':ts e08f/-uf lu-h, gj nkf/f; l	-)&*-^@)%!@
!!\$=	; lgn :6zg/L- th; lk/, bf^a	-)*@-%@)!(!
!!%=	uf l k':ts e08f/- th; lk/, bf^a	-)*@-%@!\$!)
!!^=	hgtf aS :6n- 3f fxl, bf^a	-)*@-%^)%@^
!!&=	/fj n k':ts k; n- ndxl, bf^a, bpv/l	-)*@-%\$)%*)
!!*=	dfp6e Pe/j6 aS- gkfnu-h, afs	-)*!-%@%*\$^

jho6tl @ ; :sft-c^s

!! (= pHHj n :6zg/L :6f; f gkfnu-h, affs) -) *!-%@!(^\$
 !@)= df5fkr5) aS P08 :6zg/L- gkfnu-h, affs] -) *!-%@&\$%
 !@!= 8f(k)k':ts k; n- gkfnu-h, affs] -) (*%*)@@((
 !@@= d-h>l 066/kf0h)h- sfjknk', affs] -) *!-%\$)#%
 !@#= ; l;6 k':ts k; n- ; Vjt -) *#-%\$#*(
 !@\$= cNkrf :6zg/L :6f; f ; Vjt -) *#-%@!#&
 !@%= 6o"keft k':ts k; n- ; Vjt -) *#-%@)&%
 !^= kj'f k':ts k; n- ; Vjt -) *#-%@!^\$
 !@&= Hj fnf :6zg/L- ; Vjt -) *#-%@)!*
 !@*= xfdll k':ts k; n- ; Vjt -) *#-%@)\$(
 !@ (= l ; :gj k':ts k; n- ; Vjt -) *#-%@!@
 !#)= rfw/L aS l8kf- wgu9L, shfnl -) (!-%@!@%)
 !#!= rj f0(k':ts k; n- wgu9L, shfnl -) (!-%@#%)
 !#@= rfnfql k':ts e08f/- wgu9L, shfnl -) (!-%@\$)*
 !##= ; ud aS P08 :6zg; f wgu9L, shfnl -) (!-%@!%)
 !#\$= 0d) aS P08 :6zg; f wgu9L, shfnl -) (!-%@^#(
 !#%= lj lkg aS P08 :6zg; f wgu9L, shfnl -) (!-%@!^!%
 !#^= hfzl k':ts e08f/- afuahf/, 88)w/f -) (^-\$@)!@^
 !#&= ; d)l- afuahf/, 88)w/f -) (^-\$@)!\$(
 !#*= aff:sf) k':ts k; n- cQl/of, shfnl -) (!-%%)%*#
 !#(= Ho)ft aS; P08 :6zgzf 6lsfk', shfnl -) (!-%^)*!%
 !\$)= 6o"cofh k':ts k; n- el/ufpf j lbpf -) *\$-\$)#)^
 !\$!= ; /:j tl k':ts k; n- dx)bbgu/, s-rgk' -) ((-%@#*!@
 !\$@= buf(k':ts e08f/- dx)bbgu/, s-rgk' -) ((-%@!\$^*
 !#\$= dxfsfnl ; dfrf/ sb) dx)bbgu/, s-rgk' -)
 !\$\$= 6o"dxfb)k':ts e08f/- dx)bbgu/, s-rgk' -) ((-%@#^&

pklof

!\$%= ldk k':ts P08 :6zg/L- eQnk' -) !-^^!@%!%
 !\$^= lj Bfyl(; fidul sb) eQnk' -) !-^^!\$#%^
 !\$&= kf6g aS ; k- kf6g9)sf, nlnk' -) !-%%%@%
 !\$*= clwsf/L k':ts k; n- kf6g9)sf, nlnk' -) !-%@&*%
 !\$(= ltj fhf k':ts k; n- ; ftbj) f6) nlnk' -) (*%!)%\$)*(
 !%)= klj q aS; P08 :6zg/L-nugv)h, nlnk' -) !-%#)@&\$
 !%!= k)lt k':ts e08f/- sl)tk', sf7df8f) -) (*\$!\$(#&&%
 !%@= Pstf aS l8l:6A06; f yfkfynl, sf7df8f) -) !-\$#\$)*^
 !%#= /Tg aS l8l:6A06; f afuahf/, sf7df8f) -) !-\$@@#)^
 !%\$= lxdfnag aS ; f6/- afuahf/, sf7df8f) -) !-\$@)\$*%
 !%%= xfdll k':ts e08f/- afuahf/, sf7df8f) -) !-\$@@\$@)
 !%^= P; -Sf aS P08 :6zg; f afuahf/, sf7df8f) -) !-\$@!\$!&#
 !%&= aS kj f066 P08 :6zg/L- 6o)fb, sf7df8f) -) !-\$@*\$!^

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jho6tl @ ; :sft-c^s

!%*= /Tg k':ts e08f/- e)flx6l, sf7df8f) -) !-\$@*\$(^#
 !% (= Pd= S) aS klan ; f e)flx6l, sf7df8f) -) !-\$@\$(*#^
 !^)= g)zn aS ; f6/- e)flx6l, sf7df8f) -) !-\$@@!@^(
 !^!= ho aS l8kf- e)flx6l, sf7df8f) -) !-\$@@!*^#
 !^@= cg' aS ; knfo; f e)flx6l, sf7df8f) -) !-\$@^*(&!
 !^#= l/8 ; {kj f066- e)flx6l, sf7df8f) -) (*\$!##\$)*^
 !^\$= cS; knB(066/g)zn - k)z)lduf(sf7df8f) -) !-\$@^@)!
 !^%= k)jl k)sfzg- /rdzfxky, sf7df8f) -) !-\$@@(@##
 !^^= d)h aS ; - /rdzfxky, sf7df8f) -) !-\$@@(@^(
 !^&= blks k':ts e08f/- k)nl; 8s, sf7df8f) -) !-\$@*\$)%
 !^*= lj lj w k':ts e08f/- c)jt duf(sf7df8f) -) !-\$@@)^&@
 !^ (= 1fgHo)ft k':ts k; n- c)jt duf(sf7df8f) -) !-\$@)\$)^
 !&)= k':ts ; f6/- c)jt duf(sf7df8f) -) !-\$@^&*
 !&!= k':ts 3/- c)jt duf(sf7df8f) -) !-\$@#(%!(
 !&@= cfhg k':ts e08f/- gof)fg)z/, sf7df8f) -) !-\$\$(%^##
 !&#= sf7df8f)aS- z^vdh, sf7df8f) -) !-\$&*%@%
 !&\$= n)Dag) k':ts k; n- ufzfnf, sf7df8f) -) (*\$@#@*((
 !&%= kzkl aS - k)fg) afg)z/, sf7df8f) -) !-\$\$(\$&#)
 !&^= zh^v)z/ 066/kf0h)h- afg)z/, sf7df8f) -) !-\$@\$^)&!
 !&&= efef aS; P08 :6zg; f rfalxn, sf7df8f) -) !-\$\$\$\$(#%
 !&* = l; 6w' aS; P08 :6zg; f rfalxn, sf7df8f) -) !-\$@\$#)^(
 !&(= P; -Pg= ; s)8 Aof)8 k':ts - ldkf)sf(sf7df8f) -) !-\$@\$^&!)
 !*) = 06b)j tl aS; P08 :6zg; f uf)l3f6, sf7df8f) -) !-\$!\$!\$^@
 !*! = kf)hft :6zg/L- af)4, 6; fn, sf7df8f) -) !-\$@\$^@^\$
 !*@ = af)4 aS P08 :6zg; f af)4, sf7df8f) -) !-\$\$\$&%%(
 !*# = lj Bf aS P08 :6zg; f af)4, sf7df8f) -) !-\$*\$@@@*
 !*\$ = kl)ns aS l8kf- uf)ua; sf7df8f) -) !-\$#%\$(&\$
 !*% = al4 aS P08 :6zg/L- a; 6w/f, sf7df8f) -) (*%!)%*(^&
 !*^ = g)fh aS; P08 :6zg; f n)gr)j, sf7df8f) -) !-\$!\$!\$%^
 !*& = 6^s)z/ 066/kf0h)h- sf)nl)df6l, sf7df8f) -) !-\$^&)^#^@

'jho6tl ; f6f ; Ddfg)af/f ; Dd)gt JolQm)j x) 	
c^s != slkn c1ftt -; dl)ff_	c^s @ /fh)zj / b)sf6f -k)j{dft_
c^s #= ag^n)fld5fg) /fli60 JolQm)j_	c^s \$= pl)df n)fld5fg)-glltsyf_
c^s %= 8f-z)0k)z) g)k)fn -56)slj tf_	c^s ^ = elid pk)l -:j b)zofqf_
c^s &= oj /fh gofB) /-:j b)zofqf_	c^s * = 8f=fdk) fb 1j fnl -56)slj tf_
c^s (= 8f-ho/fh k)ft -rf8kj {	c^s !) = s6x6f gf; ggl -lj b)zofqf_
c^s !! = ej gxl/ l; 0b)h -k)6f)osyf_	c^s !@ = 8f-blufk) fb cofh -; dl)ff_
c^s !# = k)uf)k)ls)Of zdf(-; dl)ff_	c^s !\$ = /fd)zj / /fpt .dft)6f; U-uBslj tf_
c^s !% = 8f-3gzof) Gof)k)fg) -; :d/Of_	c^s !^ = k)6)k) g)k)fn -; :d/Of_
c^s !& = k)6)zj uf)k)fn l/; fn -56)slj tf_	

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श्रमको सम्मान गर्न सिकाँ, राष्ट्रको उत्थान र विकासमा मद्दत पुऱ्याऔँ ।



नेपाल सरकार
सूचना तथा सञ्चार मन्त्रालय
सूचना विभाग

xfdf k: tsx?

zlbsfz

- != zAbfy{gkfnl zAb; fu/ -; l8l; lxt_ - j; Gtsdf/ zDdf{gkfnl !!)}:-
- @= ; ^llfkt gkfnl zAb; fu/ -; l8l; lxt_ - j; Gtsdf/ zDdf{gkfnl &)}:-
- #= ; fg]gkfnl zAb; fu/ - j; Gtsdf/ zDdf{gkfnl #&%:-
- \$= zAbfy{; ^uk -gkfnl gkfnl_ - ljgostdf/ zdf{gkfn !^)}:-
- %= gkfnl c^ulhl gkfnl zAb; fu/ -; l8l; lxt_ - ljgostdf/ zdf{gkfn *)}:-
- ^= gkfnl c^ulhl zAb; fu/ - ljgostdf/ zdf{gkfn #&%:-
- &= zAbfy{; ^uk -gkfnl c^ulhl_ - ljgostdf/ zdf{gkfn !^)}:-
- *= c^ulhl gkfnl zAb; fu/ - ljgostdf/ zdf{gkfn #@%:-
- (= zAbfy{; ^uk -c^ulhl gkfnl_ - ljgostdf/ zdf{gkfn !^)}:-
- !)= sfgg] tyf kzf; slo zAb; fu/ - ljgostdf/ zdf{gkfn=8f= ljZj blk clwsf/l \$^)}:-
- !!= zAbfy{; ^uk -sfgg] tyf kzf; slo_ ,, ,, -\$^)}:- sfdf kn] f_
- !@= gkfnl c^ulhl gjf/l zAb; fu/ - ljgostdf/ zdf{z}b]b]fnl; x &)}:-
- !#= gkfnl c^ulhl ; #sft zAb; fu/ - j; Gtsdf/ zDdf{gkfn=ljgostdf/ zdf{gkfn *%)}:-
- !\$= c^ulhl c^ulhl gkfnl zAb; fu/ -; l8l; lxt_ - ljgostdf/ zdf{gkfn (%)}:-
- !%= c^ulhl c^ulhl gkfnl -:68]6_zAb; fu/ -; l8l; lxt_ - ljgostdf/ zdf{gkfn &%)}:-
- !^= c^ulhl c^ulhl gkfnl zAb; fu/ -:dn_ -- ljgostdf/ zdf{gkfn %)}:-*
- !&= zAbfy{c^ulhl c^ulhl gkfnl zAb; fu/ -- ljgostdf/ zdf{gkfn #)}:-*

efiff

- != Perfect English -/lk8\$; _ - ufshk; fb zdf{ @^)}:-
- @= Learn Nepali yourself, know Nepal yourself - ksfzdl0f bxfn #%)}:-
- #= Professional English Grammar - for students/Teachers/Professional jfdb] kf]h #%)}:-*

lga6w-kj6w

- != aXdro{of; eds]j] flgs pkfo - tly{fn kf]h !)}:-
- @= hljgs]cfv]l%fn - gf/fo0fk; fb 9^ufgf *%)}:-
- #= dw]l cfbf]ngsf @! lbg - dw; bg kf08] !)}:-
- \$= jflg0f]g/d08 lzsf/l - dw; bg kf08] *)}:-

cWofld / bZg

!=	cWofld / hljg - Hoflft clwsf/l	!&%:-
@=	u6tJo6t - ladh	!@%:-
#=	k-rfdlt - 7fs/ zdf{	!&%:-
\$=	ZAbfy{ultf - j ; Gtsdf/ zDdf{gkfn	!&%:-
%=	sJof s6x0f- bJok6f vgrn	!#%:-
^=	!#%pklgift; ^aUx -dh; lxt_ - j ; Gtsdf/ zDdf{gkfn	!!)):-*

syf; ^aUx

!=	Pp6l csl{nfp/f - s6x0f gf; ggl	!@%:-
@=	kfr syf - /fhZj/ bJsf0f	*):-
#=	cg6t-ofqf - ; /g pkf6l	!)):-
\$=	dJofb't - ho6tl zdf{	!)):-*
%=	syfjfl6sf - ; +ljgostdf/ zdf{gkfn -^& gf/lsf ^& syf_	!%):-

; dnfjrgf

!=	bJsf0f cfofd / kjlQ - slkn c1ft	!@%:-
@=	t] f] cflv/sf] cfnfjrgf - /fdk; fb 1jfnl	!&%:-
#=	; flxto-ig?k0f - 8f= 3gZofd Gofkfg].kl/>dll	!^):-
\$=	ljwf ljdz{- 8f= bulfk; fb cofh	@)):-
%=	sxl ljwf sxl ljzjrgf - 8f= bulfk; fb cofh	@)):-
^=	bJsf0f ll sxl vfh sxl ljzjrgf - 8f= bulfk; fb cofh	@)):-
^=	gkfnl dlxfn; flxiosf/ - nlnf n06h	@)):-
&=	sflo, lga6w sJ0bsf bJsf0f- kf= /fhJb ; jJl	@)):-

pkGof;

!=	dIQm ^aUfd - -cgjfb_ j ; Gtsdf/ zDdf{gkfn	!%):-
@=	lg/k/fwsf]xIof - -cgjfb_ j ; Gtsdf/ zDdf{gkfn	!)):-
#=	ablnbf]llfth - ultf sZ/l	():-
\$=	/ldnfjrgf - eJgxI/ l; U6h	!\$):-
%=	; /f; Gb/l - eJgxI/ l; U6h	!^):-
^=	gkfnf]klxfn]sf]kj{- P; kl cf; f	(%):-
&=	a4 - P; kl cf; f	@!%):-*
*=	dIQm4sf]alp - g/lb k/fz/	*%):-
(=	tltf] to - wd{fh kf06fn	*%):-
!)=	kat^u p8Zf]of]g - 8f= ClifsZj/fh /lJdl	&):-
!!=	lj :dft - ufkfn ; -hjh	@)):-
!@=	/x:o - ; ; ltf eS/f0{	!@%):-
!#=	rgf]l - ksfzdl0f bfxn	@%):-*
!\$=	o6q dfgj - O6b' k6t	!!):-*
!%=	sNkgf ; ;f/ - dIQmgfy zdf{	!):-*
!^=	lj ; ^ut hljg - ?s' sfl{	!\$):-*
!&=	cgllgsf - 8f= ljZjblk clwsf/l	@%):-*
!*=	; ?lr - zfl6t zdf{	!):-*
!(=	lrqn}yf - -cgjfb_ ljgostdf/ zdf{gkfn	():-
@=	bJdf06f]lsgf/df - kplk gkfn	!@%):-

slj tf tyf sflo

!=	tltdf7f s/f - j ; Gtsdf/ zDdf{gkfn clRot/d0f clwsf/l,	
	eJgxI/ l; U6h, r6bk; fb Gofkfg] ksfzdl0f bfxn, bJl gkfn,	
	7fs/ zdf{/dk; fb k6t, pdf ld>, nldsd/ sQ/fnf, ufk]s[0f zdf{	!!!:-
@=	gltsf s/f - j ; Gtsdf/ zDdf{gkfn ljzjufkn l/; fn, lj i0f k6ft,	
	vuJb vflj; f3/] P; kl= 'cf; fl czfZsd/ nfld5fg] dfwj l3ld/]	
	afns[0f eS/f0{ u0f/fh sfn] uflj G6k; fb l3ld/] dS6k; fb zdf{	!##:-
#=	glitjrf/ - j ; Gtsdf/ zDdf{gkfn 7fs/ zdf{ nldsd/ sQ/fnf,	
	ufk]s[0f zdf{ vuJb vflj; f3/] ag" nfld5fg] 8f= cfJl/ l; * a:g],	
	g/lb k/fz/ ; G6k; fu/ gkfn, 8f= 6lsf/ld -ljZjZj/L_ clwsf/l,	
	ljgostdf/ zdf{gkfn .	!##:-
\$=	nflssb v kf/nflss; ld -slj tf; ^aUx_ - ljgostdf/ zdf{gkfn	!%):-
%=	j ; Gtfg6 -rdk'Sflo_ - 7fs/ zdf{	!)):-
^=	oftgf -dxfsflo_ - O6b' k6t	!%):-
&=	:jg -slj tf; ^aUx_ - /fhZj/ bJsf0f	!)):-
*=	lr6tg; us]oqf -slj tf; ^aUx_ - ; ltf eS/f0{	!@%):-
(=	c>w/f -slj tf; ^aUx_ - r8fdl0f cflh	!)):-
!)=	khft6q -slj tf; ^aUx_ - h4axfb/ s]l	!)):-
!!=	cf6h -slj tf; ^aUx_ - obgy j ; Gt6Zj	^):-
!@=	kflrfl -dxfsflo_ - g/lb k/fz/	!%):-*
!#=	?Jf0oft -pd/v^ofdsf]sflo_ - -cgjfb_ j ; Gtsdf/ zDdf{gkfn	!&%:-*
!\$=	ls/ftfh6lo -ef/lj sf]dxfsflo_ - -cgjfb_ j ; Gtsdf/ zDdf{gkfn	!%):-*

c^aUhl efiffsf afn-; flxto

!=	Regret (story) – Suren Upreti	^):-
@=	Angel (story) – Suren Upreti	^):-
#=	Bright Stars (song) – Suren Upreti	^):-
\$=	15 Stories (story) – Jyoti Adhikari	&):-
%=	Alan, The little Kangaroo (story) – Jyoti Adhikari	&%:-*
^=	Country's Pride (story) – Bhabha Sharma	&):-
&=	Grand Mother (story) – Muktinath Sharma	&):-
=	Everything Has an Origin (Mahavarata Series)–Prakashmani Dahal	^):-
(=	Growth Follows the Origin (Mahavarata Series)–Prakashmani Dahal	^):-*
!)=	Greed, Envy and Ignorance...(Mahavarata Series)–Prakashmani Dahal	^):-*
!!=	Life After the Beginning..... (Mahavarata Series)–Prakashmani Dahal	^):-*
!@=	An Ego When Relapsed (Mahavarata Series)–Prakashmani Dahal	^):-*
!#=	Once When Derailed (Mahavarata Series)–Prakashmani Dahal	^):-*
!\$=	The Ultimate Truth (Mahavarata Series)–Prakashmani Dahal	^):-*

gkfnl afn-; flxto

!= d7f]kof/f]v}] -afnpk6of; _ - ljzj/fh kf08] %) :-
 @= bz\$]f]bllf0ff -afnpk6of; _ - u^uf kf8]h \$) :-*
 #= sfun]lsg sff sff e65 -afnsyf_ - u^uf kf8]h #%- :-
 \$= k5t]f]-afnsyf_ - ; /7] pk]tl @%- :-
 %= cfsf;]k/l -afnsyf_ - ; /7] pk]tl @%- :-
 ^= lelnldln tf/f -afnult_ - ; /7] pk]tl @%- :-
 &= afnult -afnult_ - h4axfb/ s3] l ^) :-
 *= tlgtf/f -afnsyf_ - j;]tsdf/ z]ddf{gkfnl #%- :-
 (= pbf/tfsf]k/fsfi7f -afnsyf_ - j;]tsdf/ z]ddf{gkfnl \$) :-*
 != /df0nf]zlgaf/ -afnsyf_ - efef zdf{ \$) :-*
 !!= tlg dV{; fylx? -afnsyf_ - cfef zdf{ #%- :-
 !@= ; fglsf]axfb/l -afnsyf_ - cfef zdf{ \$) :-*
 !#= ls; fg / eujfg]-afnsyf_ -ljgostdf/ zdf{gkfn #%- :-
 !\$= 3/ -glltsyf_ -ljgostdf/ zdf{gkfn \$) :-*
 !%= cdf / 5]f]f -afnsyf_ - pldf] nfid5fg] #%- :-
 !^= 5s5s]lg? -afnsyf_ - pldf] nfid5fg] \$) :-*
 !&= b; dxfdv{-afnsyf_ - lx/0osdf/l kf7s #%- :-
 !*= /dsyf -kf]f]0fssyf_ - lx/0osdf/l kf7s \$) :-*
 !(= l; * / nfdv66]-afnsyf_ - ljzj/fh kf08] #%- :-
 @)= k^tnlsf]lax]-afnsyf_ - dw; bgk; fb l3ld/] #%- :-
 @!= l; p/f]-afnsyf_ - 8f= ljzj]blk clwsf/l #%- :-
 @@= tanfsf]j]8gf -afnsyf_ - 8f= ljzj]blk clwsf/l \$) :-*
 @#= wtl{ }s]s/f -afnsyf_ - ; k; 6gf e\$ /f0{ %) :-
 @\$= klhsf ; fyl xfdl -afnsyf_ - ; ltf e\$ /f0{ &%- :-
 @%= b0{v\$]la/fnf]-afnsyf_ - nlnft bf]l \$) :-*
 @^= b0{6fps]; k{-afnsyf_ - uf]j 6b l3ld/]j]8d]0n \$) :-*
 @&= dV{1; * -afnsyf_ - /z]f l3ld/] \$) :-*
 @*= s3]l dxk?if -kf]f]0fssyf_ - /-h>l k/fhhl \$) :-*
 @ (= goff ; fyl -afnsyf_ - ; ldf dfg6w/ \$) :-*
 #)= ; 6b/ / ; /lsf]lj]j]fx -afnsyf_ - kf/; d]0f b]xfn \$) :-*
 #!= hf]j]vdk0f{kx]f8l ofqf -cgj]fb afn-ofqf; #d/of_ - cflzif kf08] ^) :-*

gf6s

!= k]n]v r6b]8o ->ls]0f ld>sf]gf6s_ - -cgj]fb_ j;]tsdf/ z]ddf{gkfnl ^%- :-*

c6o

!= ; lk l; sf]-; lkdh s k:ts_ - uf\$hk; fb zdf{ *) :-
 @= n]ys 6]lnk]n]8] 8fo/l -; fydf k:ts k; nx?_ %) :-*

:s'h-af]8^:t/lo

!= All in One (Laminated) - efef zdf{ ^) :-
 @= All in One (Hard Cover) - efef zdf{ !#) :-
 #= All in One (Full Laminated, Hard Cover) - efef zdf{ @@%- :-
 \$= My Word Book-Eng-Nep - uf\$hk; fb zdf{ \$) :-
 %= Best word Book-Eng-Nep - uf\$hk; fb zdf{ !!) :-
 ^= English Practice Book -8 - afns]0f 9sfn !)) :-
 &= English Practice Book -9 - afns]0f 9sfn !@%- :-
 *= SLC English Practice Book - afns]0f 9sfn !\$) :-
 (= SLC math. P. Book - (Eng+Nep) - 8f=d]x]db/ /xdgf=d]df]v]tf/ cfnfd !%) :-
 != New English Grammar-Nep-Eng (Junior) - uf\$hk; fb zdf{ !!) :-
 !!= New English Grammar-Nep-Eng (Higher) - uf\$hk; fb zdf{ @!) :-
 !@= Recent English Grammar- Eng. (Junior) - uf\$hk; fb zdf{ !@%- :-
 !#= Recent English Grammar- Eng. (Higher) - uf\$hk; fb zdf{ @@%- :-
 !\$= ; l]r]q j]0f]0f]nf - 6l P]g= u?^a \$) :-
 !%= ; 0k]0f]j]0f]0f]nf - cfef zdf{ #%- :-
 !^= cfw]gs gk]fnl lga6w - j;]tsdf/ z]ddf{gkfnl ^) :-
 !&= ; lhnf]gk]fnl lga6w - uf\$hk; fb zdf{ &%- :-
 !*= /l; nf]gk]fnl lga6w - uf\$hk; fb zdf{ !!) :-

Sofdk; :t/lo

!= !! sf]cyz]f:q - uf\$0f{dln !&%- :-
 @= !@ sf]cyz]f:q - xl/bf; ; fks]0f:cf]0f]sf/ kf8]h !^) :-
 #= Elements of Economics (XII) - tf/f e; fn:=oz]v]w/f k; f0f/fhg k]n]h' @^) :-
 \$= Jofj ; flos cyz]f:q (B.B.S, BBA.) - uf\$0f{dln @) :-
 %= Business Economics (B.B.S, B.Com.) - uf\$0f{dln \$) :-
 ^= Statistics For Management (B.B.S., B.Com, B.B.A, BIM) \$@%- :-
 - dg]n] clwsf/l:=dx]k; fb >]7:=cf]0f]sf/ kf8]h \$@%- :-
 &= Fundamentals of Business Statistics (B.B.A., B.C.I.S, B.C.A, B.I) #@%- :-
 - 8f= k?iff]0d l; *:=dx]k; fb >]7:=blks/fh kf8]h #@%- :-
 *= Differential Calculas (BA. B.Sc., B.Ed.) - 8f= df]x]0db x]db/ /xdgf !%) :-
 (= Integral Calculas (BA. B.Sc., B.Ed.) - 8f= df]x]0db x]db/ /xdgf !%) :-
 != k]f]l]es uloft lzl]0f -cf]0f]8^ !! - 8f= df]x]0db x]db/ /xdgf !&%- :-
 !!= uloft lzl]0f -alP8^ - 8f= df]x]0db x]db/ /xdgf !&%- :-
 !@= dx]f]lj b]s]0f] s3]l cf0f -alP^ - k]0f]k; fb clwsf/l !&%- :-
 !#= gk]fnl gf6s]sf]clw]og -alP^ - k]0f]k; fb clwsf/l (%)- :-
 !\$= ; fw/0f gk]fnl -alP8^ - 8f= 3g]z]0f G]0f]k]f]j]wg]k]t sf]0/fnf:=dl]0ng]f] 9sfn @#%- :-
 !%= gk]fnl nf\$; flx]to kj]l]0 / c]j]0f -PdP gk]fnl_ - slkn c]1ft @)) :-
 !^= clg]fo{gk]fnl -alP_ - 8f= 3g]z]0f G]0f]k]f]j]wg]k]t sf]0/fnf:=dl]0ng]f] 9sfn_ @#%- :-
 !&= ; #s]t ; flx]tos]f]z]k/]yf -alP^PdP_ - kf= uf]k]s]0f zdf{ @&%- :-
 !* effif-lj 1fg -alP^PdP_ - 8f= 3g]z]0f G]0f]k]f]j]wg]k]t sf]0/fnf:=dl]0ng]f] 9sfn_ @&%- :-

*Ps; fy @)&) j]z]fv ^ ut]/fdgj]dl]df lj]df]l]t \$! k:tsd]l]0]Ps .

(ol klg xfd k' ts xy)

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- gkfnl effff / ; flxto !
- gkfnl effff / ; flxto @
- gkfnl effff / ; flxto #
- gkfnl effff / ; flxto \$
- gkfnl effff / ; flxto %
- gkfnl effff / ; flxto ^
- gkfnl effff / ; flxto &

gkfnl Jofs/Of zPvnf

- gkfnl effff / Jofs/Of !
- gkfnl effff / Jofs/Of @
- gkfnl effff / Jofs/Of #
- gkfnl effff / Jofs/Of \$
- gkfnl effff / Jofs/Of %
- gkfnl effff / Jofs/Of ^
- gkfnl effff / Jofs/Of &

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/rgf, lj 1fkg j f k' ts-klqstsf]nflu

zAbfy{ ksfzgsf] sfofho-rfah, uofz:yfg

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